



TOTEM TIMES



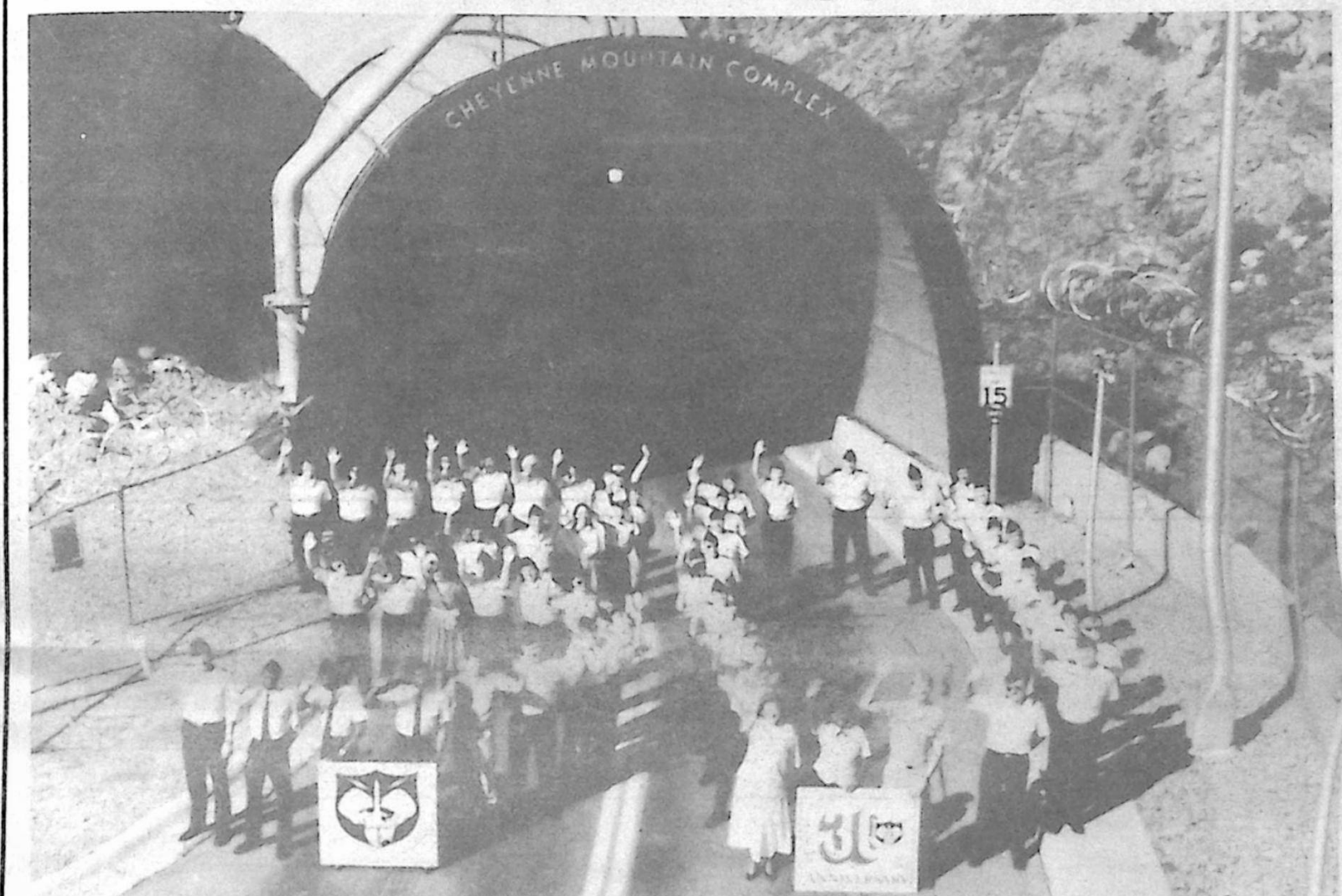
Canadian Forces Base Comox B.C.

VOL 29 NO 18 OCTOBER 8, 1987

DEADLINE IS MONDAY, OCTOBER 19, 1987

COST: PRICELESS

NORAD at 30



Representatives from the Canadian Forces and all branches of the U.S. Armed Forces assume a three-zero formation in front of the entrance to the Cheyenne Mountain Complex in Colorado Springs, Colo. The formation signifies the 30th Anniversary of North American Aerospace Defense

Command - a binational command. On Sept 12, NORAD celebrated 30 years of continuous surveillance of Canadian and U.S. air space and warning and assessment of attack from the air or space. (USAF official photo by Mr. Dan Solis).

NORAD celebrates 30 years

COLORADO SPRINGS, Colo -- September 12, 1987 marked the 30th anniversary of the formation of the continent's only binational defense command -- North American Aerospace Defense Command (NORAD). Although it was not until May 12, 1958 that the United States and Canada solidified their partnership with

the signing of a formal agreement, since that time, this partnership has provided for the collective security of the two countries.

When the command was first formed, NORAD was strictly in the air defense business to counter long-range bombers. The air defense mission was important then, as it is today,

but NORAD's responsibilities have evolved and expanded to include the space surveillance and missile warning missions.

Reflecting the broadened responsibilities, the command's name was changed with the renewal of the NORAD Agreement in March 1981, from North American Air Defense Command to North

American Aerospace Defense Command.

The latest agreement, under which the United States and Canada operate NORAD, was signed on March 19, 1986. The agreement was signed by President Ronald Reagan and

CONTINUED ON PAGE 2

Play It Safe

Each year FIRE PREVENTION WEEK is proclaimed for the week that includes October 9th. During the week, activities are held to heighten public awareness and educate personnel on fire safety.

This year's theme is "play it safe...plan your escape."

Instituting a home fire escape plan is one of the most important actions you can take to protect your own family and the lives of others. The Fire Department urges you to develop and practice a fire escape plan for your home.

Each year people suffer losses from fire tragedy, but fortunately it is always somebody else. Fire safety awareness cannot ensure fire won't strike you, but the odds of you or your family suffering a fire loss will be greatly reduced.

The moments of a fire can be limited by your Fire Department; the effects can last a lifetime.

The Base Fire Department invites everyone to Play It Safe...Plan Your Escape.



GIVE
THE
UNITED
WAY

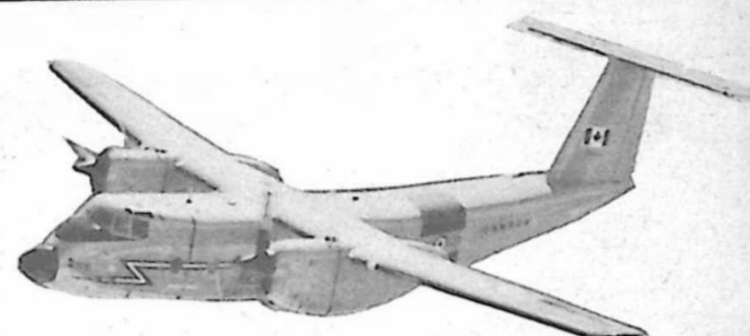


PRACTISE FIRE PREVENTION
PLAN TO GET OUT ALIVE



AROUND THE BASE

442 Squadron



It was one of those days that just had to be spent somewhere other than the confines of One Hangar. And with the sun beating down on the fine feathered fairways of Glacier Greens, many members of 442 Squadron made the trek across the airfield to partake in the annual Chief Ford Classic Golf Tournament. As all good golfers know it's not whether you win or lose, it's how you address your ball...needless to say, a good time was had by all. Everyone present received a prize of some form or another but it was Gord Trenholm and Chief Ford who walked away with the hardware for Low Gross and Low Net respectively. Thanks to Lt Roberts and Chief Ford for a job well done in hosting the tourney.

From the Welcome Wagon department Buffalo flight is honoured to have Capt Grant Griffiths join them. Grant is setting up shop in Comox after one tour at 3CFFTS in Portage

La Prairie and a slight diversion into fighter-town, Cold Lake. The CF-18 world's loss is certainly our gain. Welcome aboard Grant, we hope that yourself, Sherry, Jesse and Jennifer have a good time during your stay with us.

Squadron sports fans are reminded that a number of intersection teams are gearing up for another season. Anyone interested in Football, Hockey, and Volleyball is encouraged to come out and support 442 Squadron. Although last week's football game against 407 Sqn was defaulted, it was due to the fact that 407 Sqn personnel heard that our first victory was a 38-0 stomping of the MP section. 407 will probably say it was because they were afraid to cross a picket line. Gene Upshaw, eat your heart out.

And with only 77 shopping days left til Christmas, Squadron members are reminded that there are a number of

items on the canteen memorabilia list that make excellent gifts. Hats, T-shirts, neck-ties and particularly the Squadron History Book! should be at the top of your give column. Buy now to support the Squadron fund and to avoid that hectic Christmas rush.

And finally 442 Sqn personnel were heavily involved with last weekend's gathering of the B.C. Aviation Council at the Whistler Resort area. The theme of the annual council meeting was Aviation Safety. Members from 442 Squadron gave a series of presentations concerning Search and Rescue in B.C. which were followed by a SAR demonstration featuring the Buffalo and the Labrador. Despite the remote location and austere facilities at Whistler, our courageous participants enjoyed the exchange of information with senior officials of B.C.'s Aviation community.



Suggestion Award
Master Corporal Martin, an Airframe Tech on 442 Sqn, received a \$250 award for his suggestion that a one piece extension be manufactured to permit the CH113 helicopter transmission removal tool to be used in a safer and more professional manner.

...more NORAD

Prime Minister Brian Mulroney during a ceremony in Washington, D.C.

President Reagan said at the signing, "I am sure the Prime Minister would agree that NORAD has served our mutual interests and has been a significant factor in enhancing deterrence and promoting global stability in the nearly 30 years of its existence."

The Commander in Chief of NORAD is Gen John L. Piotrowski, U.S. Air Force, and the Deputy Commander in Chief is LGen Donald M. McNaughton of the Canadian Forces. Members of the U.S. Air Force, Army, Navy and Marine Corps, along with members of the Canadian Forces, man key positions throughout the command.

The rapid development and deployment of improved Soviet Intercontinental Ballistic Missiles, and the introduction of improved manned weapon systems such as the BEAR H bomber with a cruise missile capability, have made it essential that NORAD continually update its concept of operations for strategic defense. Warning time, once measured in hours,

is now measured in minutes.

From the era of the offshore radar platforms, nicknamed "Texas Towers," and air and sea radar picket ships of the 1950s and 1960s, NORAD's capabilities have evolved into highly computerized detection systems that keep constant watch over North America.

There are many mainstay systems that contribute to the NORAD mission like the Ballistic Missile Early Warning System (BMEWS), which provides warnings of polar missile attacks; the Distant Early Warning (DEW) Line that guards against bomber penetration over the arctic approaches to North America; the Precision Acquisition Vehicle Entry Phased-Array Warning System (PAVE PAWS), the sea-launched missile detection radars which guard our coasts; and the Space Detection and Tracking System that monitors more than 6,000 manmade objects in space.

To confirm ballistic missile launches, NORAD utilizes a formidable missile warning network consisting of space-based and ground-based systems -- all of which are

operated by the Air Force Space Command. The space-based system is a detection system known as the Satellite Early Warning System (SEWS).

BMEWS radars are located at Thule AB, Greenland; RAF Fylingdales, United Kingdom; and Clear AFS, Alaska. The other ground-based dedicated missile warning systems, known as phased-array radars, provide vastly-improved tracking information compared to their mechanical predecessors.

Six of these phased-array radars are presently operational at Beale AFB, Calif.; Cape Cod AFS, Mass.; Cavalier AFS, N.D.; Eldorado AFS, Texas; Robins AFB, Ga.; and Thule AB.

These systems, along with the E3A Airborne Warning and Control System (AWACS) which improves air defense fighter interceptor control, and development of the Over-The-Horizon Backscatter (OTH-B) radar, to improve bomber and cruise missile detection capability, will give NORAD the detection capabilities required for the 1990s and

beyond.

NORAD currently has a number of aircraft available to fill the interceptor role, including the U.S. Air Force's F-4, F-15, F-16 and F-106, plus the Canadian Force's CF-18. The U.S. Space Command's space surveillance network consists of three broad categories of systems -- dedicated, collateral and contributing. Dedicated systems are those that are operationally assigned to the command which have a primary mission of space surveillance. They include the Naval Space Command's Naval Space Surveillance System, The AF-SPACECOM'S Ground-based Electro-Optical Deep Space Surveillance System (GEODSS), the AN/GPS-10 mechanical tracking radar located at San Miguel in the Philippines, and the AN/FPS-85 phased-array radar at Elgin AFB, Fla.

The Naval Space Surveillance System, headquartered at Dahlgren, Va., consists of three transmitters and six receivers located along a great circle from Georgia to California.

GEODSS is an electro-optical system that is used to detect and track space objects in deep space. Four such systems are currently operational at Socorro, N.M.; Taegu AB, Korea; Maui, Hawaii, and Diego Garcia in the Indian Ocean. A further site is planned in Portugal.

Collateral space surveillance systems are those that are operationally assigned to the U.S. Space Command but which have a primary mission other than space surveillance. The BMEWS, phased-array radars and the mechanical tracking radar at Pirinlik, Turkey are included in this category.

The third category of space surveillance systems are the contributing systems. Systems in this category include Lincoln Laboratory's Millstone and Haystack radars, which are collocated on Millstone Hill near Bedford, Mass.; the U.S. Army-operated Altair and Alcor radars located on Kwajalein Atoll in the Marshall Islands; the Maui Optical Tracking and Identification Facility located atop Mr. Haleakala in Hawaii;

AROUND THE BASE



From The Top Rung

Col Ted Gibbon

This is the time of year we all worry about the BWO seeing us standing around with hands in our pockets. The trouble is they usually aren't our hands. 442 is trying to make two short ends stretch across a gap created by their recent celebrations and would be delighted to sell you a Squadron history book. 407 was required to provide financial support for the Fincastle competition in Greenwood even though the Demons weren't invited to play this year. VU 33 was assigned their Squadron number because 33 was the highest bank balance their Squadron fund ever achieved and like a wayward son 441 detachment will probably arrive at the end of the month hungry and broke.

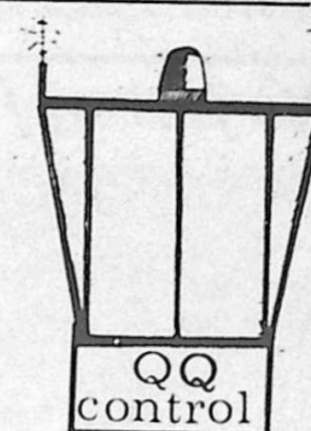
And that's not all, the baseball pools will materialize in every space large enough to mount a board, and compete with the Grey Cup for the sports dollar. Unit and section organizers will be raffling off assorted and sundry items to finance the Christmas activities that will be upon us in the near future. Add to this 649, Super Lotto, Scratch and Win and other legalized games of chance and the wallet gets a little thin.

Of all the demands made on your spare change there is none so worthy as the United Appeal. I urge you to contribute what you can when your section canvasser comes to see you. Our ability to achieve our goal and realize the objectives of this community endeavour depends on participation by all, not the largess of a few. If a lot give a little the target will be easily achieved and we can all be proud of our contribution. Be generous.

Smilin' Jack



Retiring BADO LCol Jack Jackaman settles in for his last flight aboard a visiting KIOWA helicopter. LCol Jackaman is a former Kiowa driver and this was a fitting end to his career. Bon Chance, Sir! (Base Photo).



As The Beacon Turns

Well, I heard through the proverbial grape vine that yours truly will be returning to the control tower for a few shifts. RATCON personnel are elated and the tower personnel are remorseful but ya got me anyway. I also heard I was traded for a stale bag of oatmeal cookies.

Despite the end of the posting season people still continue to come and go at an alarming rate. Cpl John Moss should be returning from the JLC soon and we will be able to see what kind of monster they created. Welcome goes out to Sgt Gret Templeton who returned from a sun filled vacation in the Sinai. I know it was fun but time to get back to real work. Good to have you back Greg. We also lost a couple of OJTs lately but we hope it is only temporary as they left for their TQ3 training in Cornwall, Ont. Ptes Kim Pruden and Barrie Norris, hopefully will be returning to Comox upon completion of the course. Cpl Sylvain Houde departed for the Radar Course also in Cornwall, Ont. With the departing of our OJTs we also get to welcome a couple of OJTs who appeared on our doorstep recently. Welcome to 2Lt Kim Downey and Pte Andre Lafontaine who comes to us from

places afar (St. Jean, Que) I believe. We in the ATC section hope you enjoy your stay here and benefit greatly.

Congratulations is in order for Capt Dave Blamire and Lt (promotion) Kim Adams who both qualified in the tower, and none too soon for the tower controllers already on the dreaded four and four shift.

Capt Joe Pacowski Lothar Hopp and Sgt Dave Tack headed off for a Tracs seminar in Trenton, Ont this week, we trust it will be an all work no play "swan," I mean seminar, for these dedicated service members.

Word has it Maj Stariha is looking for CWO Kincaid who recommended his house contractor, maybe the contractor went to Cornwall as well, Sir. I must apologize to Maj Stariha for using the PA to call him Maj Harkers, but you see the call was from Mr. Barker, you can obviously understand my mistake.

Turning to entertainment, as I stated in my last article the giant meet and greet was a huge success and a good time seemed to have been had by all. Keep that in mind as the entertainment committee is moving ahead with plans for a

Halloween Octoberfest. We are hoping for as good a turnout as we had for the meet and greet. Date and location will be announced later as plans are formulated.

Turning once again to sports, the hockey team has a leader this year in the form of Capt Mike (Down Homer) Maillet. Mike became famous recently when he took the cellar dwelling BOps hockey team to the championship finals last year against the struggling Old Timers. Word has it that the Old Timers are not as strong as they were last year. This as confirmed when they picked up a few of our team's cast aways.

We will see as the season progresses. There may be an intersection volleyball league as well with ATC looking at the possibility of entering a team. Stand by for further details.

Since my last article the ATC CWO has sold one ATC crest so come on and buy the amount you ordered. Remember, we still have the list.

I must convey my best wishes to MCpl Gene Graham who was in the hospital recently.

Well that's about all for this time so remember, do unto others before they do it unto you. "Anonymous"

50 Years Young



Is this the start of Fire Prevention Week or is it a party celebrating Mrs. Gibbon's 50th birthday? With so many flaming candles on one cake, it was thought best to have some intrepid Fire Fighters standing by in case things got out of hand. The Base Commander finally beat the flames out after Anne and the Fire Fighters collapsed from exhaustion and heat prostration. Happy Birthday, Anne, but next year, how about electric lights?

EDITORIALS



COMMENT

GORD KRUGER

EMOTIONALLY DRAINED

There is no doubt - the collapse was complete. Like a fleeting dream it passed before us, made us salivate, brought us to new heights of dizziness and then poof - it was gone.

The Jays blew it - pure and simple. The birds from Toronto just couldn't come to the front when the call came. After a fantastic 3 out of 4 in Toronto they sat back on their proverbial butts and let themselves self-destruct.

In the end they seemed somewhat emotionless, almost resigned to some pre-arranged fate. Feeble hitting, stranded runners and untimely errors were the main contributors.

Sure there were Tony and Ernie down for the count but what about all the other high priced help, the Bells, Moseleys, Barfields, et al. On Sunday Jimmy Key pitched a marvelous three hitter against the Tigers but still ended up a loser because those overpaid boys of summer couldn't come through.

I wonder which will prove to be more memorable, the Jay's slide or the Tiger's rise. To lose the division lead on the second last day - lose the whole bundle on the last day and then at final count to have lost seven straight - that's pretty memorable stuff. The Tigers simply rode forth on the Jay's inability to be a contender when it counted most.

Then of course there was Doyle. "Alexander the Great" they should call him because he certainly has been a catalyst during this late season stretch run by the Tigers. He wins the big ones when it counts and always it seems against former teammates. He did it for Toronto in 1985 beating his former New York Yankee teammates in the second last game of the season. That enabled Toronto to win their first divisional title. Now he has done it again, only as a Tiger and again against his former teammates, the Jays.

But in the end it was the abysmal showing by potential MVP George Bell that proved the Jay's undoing. Going into the final season game on Sunday Bell was an awful 1 for 23. He poked an insignificant single in that last game. He had no fire and showed no leadership on the field. In fact it was stated that his pre-game antics included clowning around with a female reporter when the situation required some serious contemplation. I think George played himself out of MVP contention. An MVP must be inspirational.

Nuff said - the Jays are dead. It's time to turn to bigger and better things. Go Leafs Go!

NEXT DEADLINE OCTOBER 19



TOTEM TIMES

Read in the Best Messes in the Canadian Forces
CFB COMOX, LAZO, B.C. V0R 2K0



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Second Class mail registration is 4098. Office Phone: 339-2541

EDITOR: Gord Kruger 339-8111

EDITORIAL STAFF: Norm Blondel Chris Halliday

BUSINESS MANAGER: Ron Fisher - 339-8484

CIRCULATION MANAGERS: Shawn and Susan Johnson 339-0580

SECRETARY: Judi Hooge 339-6210

CAMERA OPERATOR: Katie Wylie

PHOTOGRAPHY: Base Photo

CARTOONISTS:

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EDITORIALS

We Get Letters

Sir:

Thank God I was born with a strong heart and a sense of humour. Having served almost thirty five "tears" in the R.C.A.F., commencing when it was a mere three years old and having flown as a crewman on Vikings, Varunas and Vedettes as far back as 1927. Then as a pilot from 1931 onwards on said Vedettes and 73 other types of R.C.A.F. and R.A.F. aircraft I damn near fainted when I saw that picture in the Fishwrapper purported to be a "TYPICAL VEDETTE."

I don't know where your correspondent obtained that picture. There was a total of 44 Vedettes produced and I will take an oath that I laid eyes on, flew on operations as a crewman or pilot on every one ever built that survived a crash and was in operational service. Including a few with metal hulls affectionately called Tin Pigs and they were. The alleged typical Vedette sure as hell wasn't one of them. It looks like a "Rube Goldberg" creation or some half-assed would-be aircraft designer trying to emulate an aerial version of the surrey with the fringe on top. Incidentally the designer of the Vedette was often considered to be one or the other of the foregoing types and certainly one of them came up with the monstrosity pictured or maybe it was a Halloween joke.

A dry hulled wooded Vedette had a minimal performance to begin with and an alleged top speed of 108 mph. After it had been in the water for a week or two and soaked for "X" pounds of water it was a different story. That monstrosity pictured with the added weight of the modified hull plus cabin to say nothing of the added drag

and still "wearing" a 186 BHP Lynx engine; FORGET IT. Incidentally until we received the Bellanca Pacemakers and the Fairchild FC2s our aircraft were all open cockpit jobs. Fresh air flying, often mixed with rain, sleet, snow, the odd bird and bugs. Mr. Editor I have passed my 77th birthday and am struggling valiantly to survive to the age of 108, at which time I have calculated that I will have regained all of my pension contributions plus back pay for all the 16-18 hour days put in on "Bush Operations" and make up generally for the miserable pay and hard living. To say nothing of risking my neck for a mere 75¢ a day flying pay. One more picture like the one published and I will never make it and if that happens you know who is going to be haunted.

Again Mr. Editor for the sake of your interested readers and the ghosts of all my long ago fellow pilots who did not live to regain any of their pension contributions due in some cases to meeting up with a Vedette please picture one obtained from the AFIS library and don't select one all gussied up with those fancy new automatic wing slots. Or you can contact me if I don't go in to hiding after writing this.

Seriously there were a few inaccuracies, that can be overlooked, in the article but not that "Typical Vedette" shot. But enough said for in all sincerity I congratulate John Bradley for his efforts. At least he has the guts to try and produce something of the early history of the R.C.A.F. for the benefit of your readers and I trust he will continue to do so. Hopefully with a "touch" more research.

Harry Bryant

...and John says

Dear Mr. Bryant,

As I sit at my desk heavy hearted and fully chastised over my apparent faux pas in regards to the photo caption "Typical Vedette," I am seriously contemplating having my wife beat me with a handful of wet spaghetti noodles for the alleged error.

Upon receipt of your letter I dug out the photograph and the article and did a bit more checking/researching. Upon reflection the caption should have indeed not started with "typical" but instead should have been "A type of Vedette, this example was Vedette Mk VI...." This error is of course entirely mine and all I can say in defence is sorry about that, errors of this type will not happen again.

For you, and our other readers edification, this particular Vedette G-CYWI is shown in the original MK VI form with the Lynx engine, enclosed cockpit, and slightly elongated metal hull. The engine was later changed to the Wright J-6-9 that produced 300 h.p. The fully enclosed cockpit was short-lived as it severely limited forward vision.

This aircraft first flew on 8 May 1930 with E.J. Cooper at the controls.

In the future I will indeed provide a photograph of a more typical Vedette, most likely for our Trivia section.

For all of our readers and Mr. Bryant, I will be publishing a complete bibliography of the material used in this series of articles. The majority of the in-

formation comes from Directorate of History, NDHQ Ottawa, Squadron Histories, the various authoritative works by Larry Milberry, RCAF Squadrons and Aircraft by S. Kostenuk and J. Griffin, and when possible, personal interviews.

While I feel that the level of "inaccuracies" is very low, I for one am more than happy to be corrected on events that happened back in the days of the RCAF, especially by those who have been there. Maybe I can do a "Touch" more research with some of our readers here in the Valley. Please feel free to get in contact with me at anytime. My home phone number is 339-0249. I would love to hear from you.

J. Bradley

NEXT DEADLINE
OCTOBER 19

Air Force Trivia

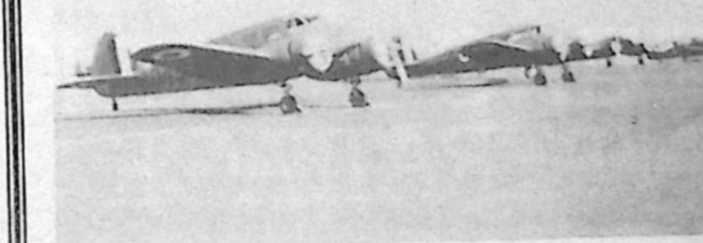
what
where
why
when



Answer from Last Issue

TRIVIA ANSWER
Cessna Cranes from 11 SFTS situated at RCAF Stn Yorkton 1941.

Here's one for you trivia experts. We all know this is a Twin Otter but can you tell us who owned it and what significant event happened to this aircraft in the early seventies?



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SECTION NEWS



BAMSO

Another two weeks has come and gone with amazing rapidity and just think, it's only another 66 shopping days until Christmas. Ski season is just around the corner, the weather has been great, and the fall social and sports calendar is quickly filling up. But just to bring everyone back down to earth and return some normalcy and perspective to life, it's now time to start into the best fun of all - PERs! I hope you all enjoyed your summer holidays because it's *that* time again.

On a completely different topic, our weekly sports program is running well with a reasonable turnout. I did a survey of our first 6 mornings attendees and I have concluded that the average age of the BAMSO staff is approx 24, all are in good to excellent physical condition and each is capable of running circles around me! But a review of our organizational chart reveals a slightly different story. I would like to encourage all BAMSO personnel to attend our recreation classes at least once a week, of only to make our cheerful PERI staff work for their money!

I am in sorrow this week with the untimely demise of the Blue Jays and I am sure that many on the Base are feeling as badly as I but take heart, the NHL starts regular season play next week and we can all cheer my beloved Maple Leafs on to the Stanley Cup!

Our friendly Base Newspaper is looking for volunteers and without this help, we will soon be without the Totem Times. If anyone wants to volunteer to help out in any way, I'm sure that Gord Kruger would gladly accept your help.

Trivia Question for the week: Whose ship was named the "Beagle" and what social significant discoveries did it have on 20th Century life?

J.R. Kightley, Major

BRAKE AND WHEEL

Welcome to the world of Brake and Wheel where you wear them out and we build them up. During this past summer there was an 80% turnover of personnel in the shop. Sgt Ten Stenson and MCpl Al Nichols both hit the magic age and are sitting at home with their feet up on the desk collecting accumulated and whatever other leave they managed to get. In their idle hours Ted is probably busy painting oyster shells and Al is patiently waiting for his green card from the PGA. Cpl Caroline Bellot received her release effective 29 Jun and Cpl Gerry Bodner got his long awaited posting to 407 MP Sqn on 15 Jun. A hearty welcome from the section to Pte Patrick Enns from Camp Borden on 15 Jul. Cpl Al Wessel who moved over from AMSE on 15 Jun, MCpl Carl Henning from Winnipeg on 20 Jul, welcome to the land of NO SNOW Carl, and Sgt Harvey Welsh who arrived on 4 Aug all the way from 407 MP Sqn. Have a good tour in your new section gang.

A farewell party was held at a certain log house on Ryan Road on 31 Jul where a good time was had by all, at least those who could remember. That's about all for this time folks, until the next time.

WORKSHOPS

One of the reasons why you don't see too many articles of "As the Machines Turn" is that every time the deadline comes around it seems to bring desertions among the shop personnel for one reason or another. So, to keep up with the "Tradition..."

We would like to extend our personal thanks to WO Locke who as you know, has retired and to wish a happy retirement (and well deserved) to Mr. George Rispin. This excellent man has in the few years that I

have known him, brought experience and knowledge to the shop. But mostly, we will miss his good humour and laughter. Hopefully he will drop in once in a while for a lesson in cribbage. Good luck George and many, many thanks.

P.S. Sorry guys, no more wood work in the shop.

Another one has left us, but not for long. It's Cpl Knapp who has had enough of the lower class, so he volunteered as driver for the Commonwealth Meeting being held in Vancouver. I wonder what kind of stories we will hear when he comes back. (That is, if he has a translator at his disposal).

MCpl Silk is finally back from Creston, B.C. After a month of picking apples. Said he really enjoyed himself. It couldn't have been while working, I'm sure. But I found out that he and Russ Parker have some kind of mutual problem. Seems like everytime they go up ladders, they forget how they're supposed to come down so, for lack of knowledge they manage to fall. (But luckily without serious injury).

MCpl MacDonald is back from Trenton (ABDR Course) and he had so much studies and hard work that he had to have a day off upon his return. (We all felt sooooo bad for him).

Meanwhile, the few of us who stayed behind, managed to keep the work load down and most everybody happy.

On the good side of the news, well there is Sgt Tilley who after much dealing is undertaking the reconstruction of his little ranch. Much, much hard work in the near future. Well good luck Wayne, may it be smooth sailing from now on; or should I say (riding).

Well, seeing that this is a rush order I guess I'll have to go. Till next time. Salut!

For Professionalism



Cpl Ransberry accepts award from Col Gibbon.

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WINTER GOLF?

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Bar and Grill open daily for casual use or section parties. We are now taking Christmas party reservations. Info- local 8592.

Sunday morning competitions all winter long. It's a ball!
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SECTION NEWS

Supply
Signals

Holy Mackerall! It's that time again. And yes, it has been another thrilling few weeks in our little world.

Before I attempted to reveal any of our deep dark secrets, I would like to extend a sincere welcome to June Kinshella, in General Stores, Kathy Grace, in No. 1 Supply Group and Wendy Shaw, in Stocktaking. Also, welcome back to Ken Verage and congratulations on completing your TQ5s with an excellent grade. Manon Gervais is doing well on her TQ5 and will return in two weeks.

Ron Pearce is in the Bahamas making us all jealous, while Martine Veldhuizen has just recently returned from her trip south, where she found a new friend in Mickey Mouse. Shelley Ratcliffe spent her vacation in sunny Borden because she just couldn't wait three more weeks.

The most interesting vacation of all was a newly-wed honeymoon to Hawaii. Larry and his new wife, Andrea, checked into their hotel only to find that their room came with two single beds and that was all that was available. Larry's determination prevailed as he dragged both mattresses to the floor to make one large bed. That's the way Larry.

Debra Burns has now left us for a six month tour in the Sinai which she has been looking forward to and undoubtedly will enjoy.

And our own JP Ullock is out of town at the women's baseball tournament - apparently he's the coach!

In Customer Services everyone is working overtime to prevent Mary Josse Bourdon from answering the phone

because she tends to trip over her tongue from time to time. Recently she was heard telling a customer, who was leaving on course, "I hope you have a nice SWAMP!"

Meanwhile, working in our trusty main computer room Kim Heath can be heard at any given time repeating the line, "I LOVE MY JOB."

MPO had developed a new method of raising money. They have invented "The Swear Bucket." Each time one of them swears they must throw a quarter into the bucket. A reliable source has informed me that Clair Gagnon has made a pay allotment to the bucket. Cathy Segriff feels that she will be able to retire on the contributions from Clair and Al Pryor.

Gary Maude has been urged to give up camping for the rest of the year. It seems that he is reluctant to give up his life of leisure at the campsite. Gary, it is my suggested opinion that camping in Comox Valley monsoon weather is no fun.

Last weekend the Comox Valley held an exhibition. Several people from Base Supply attended. During the course of the day there were different events held, of which once was an adult sack race. First prize was a fifty pound sack of potatoes. Second prize was a thirty pound bag of carrots and third prize was a cabbage. Low and behold, in this middle of everyone appeared Shelley Ratcliffe and Lorena Charles wearing sacks, preparing to race. Moments later the race was over and Lorena was the proud mother of a baby cabbage. Never a dull moment!

VILLAGE OF CUMBERLAND
PUBLIC NOTICEPIDGEON LAKE DUMP
HOURS

Effective Thursday 1st October, 1987
-10:00 a.m. to 6:00 p.m. until further notice.

D.S. York,
Public Works Supt.

Courtesy of Totem Times.

BIKER BITS



VINCE LAMB

Well, we're back after a long layoff. It's been a busy summer but with all the courses both military and civilian behind me I now have a little more time to catch up with some Biker Bit articles. Here goes. Have you ever made a statement about NEVER having something happen to you and then within a matter of days that very thing happens? Welcome to the club. Call it jinx, fate, destiny - call it whatever you want, the law of averages finally caught up with me. After 20 odd years of accident/incident free motorcycling it finally happened. "I HAD AN INCIDENT." I say "incident" and not "accident" because an "accident" is unavoidable, but an "incident" is avoidable. It started out innocently enough.

It is Sunday September 13th and Instructor Phil Broome and I are just conducting the last day of the Traffic portion of the Canada Safety Council Motorcycle Course. This was the second part of the course where we take the students on to the actual road and street conditions and they get to put into practice all the theory and tarmac lessons they learned during the Novice portion of the course. I remember standing in front of the students and reminding them that it had rained the night before and the roads would still be wet or damp in areas and to try and avoid riding in or over those spots if possible. Thus cautioned everyone went about doing their pre-trip inspections on the school motorcycles in preparation for our departure from the base. A few minutes of warm-up and we were off. We were two instructors and 8 students from various parts of the area, Courtenay, Comox, Campbell River and even Port Hardy. We had divided into 2 groups of 4 with an instructor with each group. We would brief the students where we would be going and where we wanted them to stop and pull over so we could do a quick debrief of any errors or omissions in regards to theory or technique. Each group would be separated by several minutes distance. Off we went, turned right at the main gate and headed out towards Kin Beach and Park. A quick debrief, things like don't forget

your "shoulder checks," lane positioning, spacing, road conditions, etc. Off we went again. Up towards Anderton road and the Powell River Ferry area. A left turn and up Anderton to the cut-off at Waveland Road. A good lesson learned here. As we came around that corner, there was a car stopped on the rampway, it had stopped to pick up mail from the mailboxes located right on the corner. A good opportunity to practice stopping quickly in a curve (previously learned through both theory and practical application on the Novice portion of the course). Safely around that, we headed along Waveland Road through Seal Bay Park and up to the Coleman Store. So far, so good, students are now settling in and are relaxed but alert, shoulder checks are starting to fall into place and a few joggers and pedestrians (with pets) to watch out for along the way have been circumvented with proper procedure. Road surface - mainly dry - weather - cloudy and quite cold. Once past the Coleman Store we turned onto Hardy. Everything still fine. Now we had a long straight stretch ahead of us shouldered by bush and trees - watch out for deer - students following at their proper staggered distances. Speed as posted. Now we're approaching "THAT CORNER," if you don't know the area at all; it is at this point, the road makes a 90 degree right turn, followed almost immediately by a steep hill which levels out and brings you up to the Island Highway several Kms later. The posted speed on this slightly banked corner is 40 KMH. Phil's group went through - no problems! Now it's my group, a quick look at the speedometer showed that we were coming into the corner at just a shade over 30 KMH - the first two riders went through with no problems - the next student was more cautious and braked a little, the following rider on the outside position tried to compensate for this and even though he was at his proper space interval decided to move over a bit more away from the student riding ahead and to the right of him. I'm scanning the rider watch techniques, no f

brakes being applied, positions, etc. Suddenly number 4 student, (the one who moved over to give the previous student a little more spacing) is down and sliding across the crown of the curve. I start to react by applying a pumping action to the rear brake and just as quickly I found myself "DOWN - BANG," just that fast - no warning - no time to react. My head, right forearm, right elbow and right foot all hit the pavement simultaneously. My boot must have dug into the pavement as it was trapped under the bike and in so doing, twisted my right foot badly. Once stopped, I quickly looked over to the student to see how he was doing. I had to admire him. Although a teenager, he had a very good presence of mind and carried himself with all the maturity of an experienced adult. I felt proud of him. Apart from an abrasion on his right forearm, he was unhurt - just shaken. He had slid into the oncoming lane and I was worried about him and traffic coming up that blind hill. I felt pretty shaken myself, I had taken quite a hit to my head (thank goodness for helmets). I started to get up and cross the road to help the student who by now was trying to right the motorcycle and get it off the road. No such luck - first step and "Wham" down I went like a ton of bricks and pain shooting up my right foot. Hobbling and in pain we managed to get the bikes off the road. There was a large run-off area to rest and within 15 minutes the rest of the students were also parked in this area. I looked up into the sober faces of my students and felt kind of foolish. Before I could say anything, a student quipped, "WELL, WHAT DID WE LEARN FROM THIS?" A GOOD question. WHAT DID WE LEARN FROM THIS? As I see it - A LOT.

1. I learned not to tempt fate by stating "I've never had an accident."

2. I broke a CARDINAL rule not taking the time to the road corner failed to notice

ON PAGE 8



**DRINKING DRIVING
COUNTERATTACK**

SECTION NEWS



Anker Klankin'



Despite all the free publicity given to him in this space the CO is not enjoying any success in his efforts to sell his car. Maj Arsenault has not reached the point where he will accept sealed bids but it is becoming increasingly evident that something has to happen soon.

A rumour making the rounds of the Sqn this week may be the answer. We at the Fighting 33rd have long admired the distinctive personal transportation provided to the CO of 442 Sqn. (Indeed, the car is a lot sleeker than the flying school buses they fly over there and it probably runs more reliably). Anyway, as someone mentioned the other day, why can't our CO enjoy a uniquely decorated vehicle? One that will remind him of the Sqn every time he slips behind the wheel? Why not indeed!

VU 33 volunteers for the project to repaint "Anchor 90" in Sqn T-33 livery are requested to leave their names with Capt Martin Baggalay.

The VU 33 annual survival training exercise was held two weeks ago and was judged a great success by all involved. New Sqn personnel from both sides of the house had a chance to meet some of the older hands and in the process learned something about the Sqn and one of our fine traditions.

Bravo Zulu to all those who made the exercise function smoothly. Next year, incidentally, the Officers will have a totally new skit!

As if to prove that the Rock Bay exercise does not interfere with THE Sqn's operational stance the crew of Baggalay, Chaulk, Moyter and Nantel launched off to Sitka, Alaska, early Saturday morning. The Tracker was tasked to participate in SAR NORDFJORD. Unfortunately very poor weather in the area precluded the Tracker from doing any searching before the search was called off on Sunday.

The Sqn aircrew most eligible bachelor contest got underway this week. Capt Orlando Bokor won the first round talent contest. He 'capitalized' on new knowledge from his economics night course to deliver a brilliant lecture entitled: "Adam Smith and Adjustable Rate Convertible Debentures in the P.E.I. Lobster Industry." This week each contestant will describe in 5 minutes or less why he wants to be the aircrew Most Eligible Bachelor....Anchor 97

VU 33 TECH SIDE

The annual Rock Bay survival training exercise went off without a hitch. With nearly all VU 33 members participating

in this year's final outing it was definitely an all around, resounding success. Many of the troops gained valuable experience in the use of boat and motor, setting up camp, and field kitchen operations.

Highlighting the first evening was a field type mess dinner enjoyed by all. Cpl Ron Fortin our excellent chief field kitchen chef assumed charge of the preparation, cooking and serving of a very good dinner for approximately 70 personnel.

Following the dinner 2 Crew was first to put on a skit. It was short but drew an all around 8 on the laugh track scale. Then the womens division led by Pte Lorna Oliver performed a take off on a TV aerobics program (watched by the guys in the canteen some not too busy mornings), and they had all of us rolling in the aisles - definitely a 10. Still later the air crew came on with a rendition of Old McDonald's Farm. Finally there came a sound of "can you top this" jokes with Cpl "Weiner" Lavigne stealing the show on a long string of one liners.

Who got what:

Sgt Oscar Grubwieser - biggest cod.

Sgt Wayne Hay - Most cod.

MCpl Mike Yaciuk - His first cod.

Cpl Dave Maloney - Most

buns.

Cpl Vince McKernan - Most leans.

Pte Troy Jaggard - Best pawsey track auto dump performance.

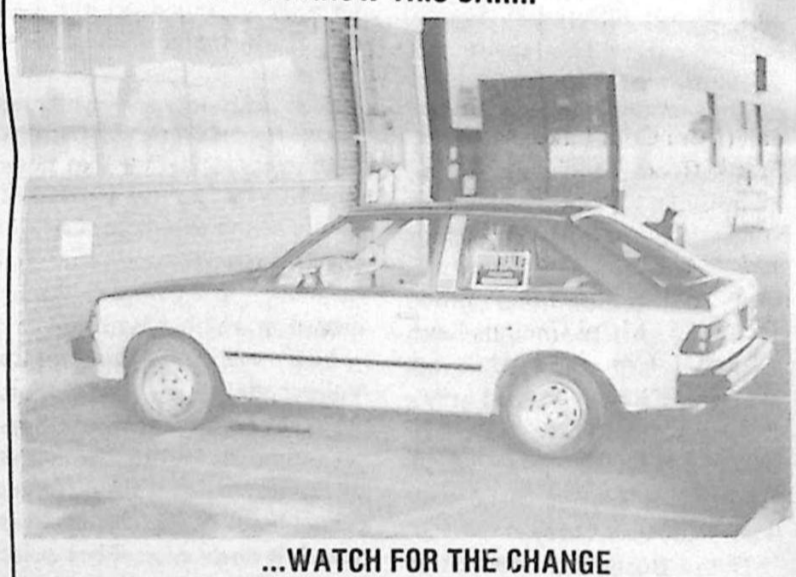
Pte Trevor Jones - Best blockhead simulation.

Scheemin Merv smarting from the many recent puns on his need for a waist reduction program had just finished sawing a wooden chair in appropriate places (an attempt to centre stage his rival) when rival "Coop" came into the canteen for a tasty fat pill then rushed to fill the only empty chair. You guessed it! "Coop"

won the I'm first to the deck contest. Merv was last seen as a blur on exit right with a fat pill in each hand. "Coop" runs in the morning before work so Merv won't know he's burning it off and Merv secretly spends his lunch hour in the gym so he thinks he's winning. Looks like they're both winning.

MCpl Al Beasley left for Cool Pool in such a rush that he missed saying goodbye to many of us so he says goodbye guys. Never mind Al, they say that we may soon have a Herc once a week from the land of the palm tree.

IF YOU KNOW THIS CAR...



...WATCH FOR THE CHANGE

CONTINUED FROM PAGE 7

...more Biker Bits

dark wet patch because of the previous nights' rain and the coldness of the morning (It could have been "Black Ice").

The fact that I had my attention on my students doesn't alter the fact that I neglected to allow for a major condition (particularly considering I've always STRESSED this condition to my students continually both in the classroom and on the pavement). The condition I neglected, came back to haunt me, and made me eat my own words of caution.

3. Even properly spaced apart it appears we were too close for "that situation and corner."

4. With the speed posted as 40 KMH and approaching that corner at 30 KMH we may have still been too fast for those conditions. The other group

went through no problem but it is a judgement call which must be made at a tricky time - while passing through the corner. Very difficult calculations - even for an expert rider.

5. The fact that helmets were worn, leathers utilized, and good solid riding boots, helped keep all types of injuries to a minimum. The student had a few minor friction burns produced from the inner material rubbing against his arm. This was nothing compared to raw meat effect he would have received had he not been wearing protective clothing. For myself, the fact that my helmet smacked the pavement with such force that I had a slight swelling and a black eye definitely protected me from more serious head injuries than what I did obtain. My leather jacket protected my

arm and my sturdy riding boots helped minimize my foot injury. X-rays indicated no break, however I am in a cast for two weeks and once the cast is removed it can further be determined if my foot has just been sprained or if any ligaments are torn. In any event it has curtailed my fall riding for awhile (no pun intended).

BOTTOM LINE - You can never be TOO CAUTIOUS and must exert 100 percent concentration 100 percent of the time. For me, as an Instructor and in particular, a CHIEF Instructor it doesn't sit well with me. I'm NOT SUPPOSED to make mistakes. I'm SUPPOSED to have the EXPERTISE to AVOID incidents like this BUT it did happen and I LEARNED from this incident and am reminded daily whenever I walk with this cast on and when

my friends say "I told you so - Motorcycles are dangerous." Any vehicle can be dangerous if the operator doesn't utilize care and common sense. What can I say "Hey - after all - I'm human too." I can make

mistakes also, even with 20 odd years riding experience behind me.

Until next issue - Keep the rubber side down (don't know it) and be alert ALL THE TIME.

88's Arriving Daily

WE MUST CLEAR OUT ALL '87's



COMOX VALLEY FORD SALES
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360 Island Highway, Courtenay
334-3161

SECTION NEWS



Demon Doins



A devilish Display...The power at the Demon Den displays their symbols of office. (Base Photo).

Hello once again from 1 Crew.

First of all, a hearty welcome to the newcomers: Laurie Roy (on his first line course in Greenwood), Denis Hennessey (from Greenwood), Jim Randall (from Cold Lake) and Rick Frank (from Moose Jaw). Intersection transfers included Gary Mich from Maintenance, and Ginette Duguay from 3 Crew. Sgt Sloan, MCpl Blanchette, and MCpl Chequis have formed 1 Crew east while on courses in Greenwood.

Congratulations are in order for WO Creed and MCpl Warren on their recent promotions. Everyone had a great time at the celebration which reached a Forbidden Plateau at 5 in the morning for some of the party goers. (Fred, I thought Ethel told you not to ski down the mountain unless there was snow on it).

Congratulations are also extended to Ed Ransberry for his well deserved "For Professionalism" award, received for his assistance in extinguishing the fire on 1V1 while refuelling was underway. The same kind of steely nerves were exhibited by Tim Hautzinger as he took the plunge and got married. Congrats to you and your bride Leslie.

Our crew party at the Pavillion proved to be quite an interesting evening. Cal should be nominated "Demon Tech of the Month" for his full mooning capabilities and his remarkable ability to withstand the cold water. Pauline showed her remarkable agility while swimming with her clothes and sneakers still on. After eating heaps and heaps of corn, we attempted to play a

you (those who were sober enough) may remember last year's gala event: the ski trip that was held on Mt Washington. It's that time again folks, let's make this year's party one we can all remember. Dates for the party are 4, 5, and 6 Dec 87, for further info call Anne Warren, Loc 8448.

Speaking of parties the house warming party at Blair Kennedy's place this past Saturday was rumoured to have gone quite well. Jason (Froese) pulled his normal stunt of passing out at around ten o'clock just after the party got started. Just can't handle it, eh Jason? Blair also showed us that he's too talented to be an armourer - put a guitar into his hands and....POOF...it's magic! Thanks for the party, Blair.

And now for some sports (you see, we have a little of everything). Once again this year we'll be having an intersection curling team. For all you newcomers, think it over, it's a lot of fun. And all you pros (?) from last season, get out there and support your team.

You guessed it, we even have current event! Congratulations are in order for Johnny and Susan Lapointe on the birth of their son. Congratulations and good luck from one and all. Congrats also to Sgt Ralph MacCuaig, who was presented with the first "Demon Tech of the Month" Award. Keep up the good work, Ralph. And on a sadder note, we bid farewell to MCpl Tom Boudreau and his family who are off to CFB Shearwater on the 25th of September. Good luck on your posting and drive safely.

Last but not least, we'd like to welcome a few newcomers. A warm welcome goes to Sgt George Kutcher, MCpl Rock Blouin, and their families. Hope you enjoy your stay! Until next time folks, keep the good time rolling! Bye!

407 RESEARCH/AMCRO

FORE!! THUNK, THUNK...were the most common sounds heard at Longlands Par 3 Golf Course Friday as that intrepid group

from that afternoon...Longest Tee shot off of number 1...18 ft. Most consecutive times the same tree was hit by the same golfer, 3 and she ended up further back than when she started and Earl Martin hit one into a shed that bounced around inside for a few seconds then came rolling out the doorway. The "Duffer" lived up to his name by spending most of the time in the rough looking for his ball and dodging others being (purposely ??) hit at him. Final scores are as follows....Bud 33, Rick 35, Micki 39, Duffy 44 and Stan and Mike tied with 47. Not bad for a Par 27 course.

Following the golf we adjourned to the Base Golf Club for our corn cook-out where the prizes were given out. Winners were as follows: Earl...Most Weird shot, Monica...High score (81), Duffy...Most Time spent off the fairway, Priscilla...Most Consecutive times hitting the same tree, Mike...Low Hidden score, Caroline...High Hidden score and finally Marilyn for

most putts (50). The magic combination of Marilyn, Monica and Duffy kept us entertained for most of the evening much to the utter AWE of the Samo and Amcro who were attempting to add some respectability to the party. Apart from all that a good time was had by all.

On to other news, Monica was said a sad farewell to as she opted to take a demotion and has gone to work at the base Copshop where there are windows to look out of. Replacing her as the Samo's Secretary is Dawn who has yet to find out that her co-workers are all slightly viscerotonic. Joe T is now at the helm and has found out the hard way that he shouldn't always listen to Doreen on where the best bargains can be had. Larry is back from his Sightseeing trip looking no worse for wear and Pete immediately took advantage and went on leave to try and straighten out his mind.

CONTINUED ON PAGE 27

Demon Tech of the month



Maj Clarke SAMO 407 (MP) Sqn presenting Sgt Ralph MacCuaig with his Demon Tech of the Month Award.

Ed Note: Yes, the Demon Tech of the Month is alive and well. After an all-too-long absence, the 407 (MP) Sqn "Demon Tech of the Month" Award has been re-instituted. The latest winner is Sgt Ralph MacCuaig, NCO i/c Arm't Standards and Training, who was chosen for his effort in raising the quality and standard of Arm't loading and training an extremely heavy workload period, thus achieving an overall efficiency of the Squadron. Bravo

SPORTS & RECREATION

Sports Shorts

LEVEL II AND III HOCKEY OFFICIALS CLINIC

CFB Comox will host a Level II and III Hockey Officials Clinic on Sun 1 Nov 87 from 0900 - 1700 hrs. Cost for the clinic is twenty dollars for Level II and thirty dollars for Level III. Any personnel interested in attending this clinic are to contact the Base Rec Centre local 8315 prior to 28 Oct 87.

NCCP LEVEL I AND II HOCKEY COACHES CLINIC

CFB Comox will host an NCCP Level I and II Hockey Coaches Clinic 24-25 Oct 87 at the Base Rec Centre. The Clinic will start at 0900 hrs 24 Oct 87. Cost for the clinic is \$25.00. Any personnel wishing to attend are to contact the Base Rec Centre local 8315, or MCpl A. Bedard at local 8565.

EXPOSE A SAILOR

23 OCT 87 JR RANKS MESS
ALL PROCEEDS TO THE MP'S
FUND FOR BLIND CHILDREN

CHANCES ARE BEING OFFERED TO ALL COMOX PERSONNEL THE OPPORTUNITY TO REMOVE THE BEARD OF WO PAUL PEACEY OF BOC/DIAC. THE REMOVAL WILL TAKE PLACE AT BOSSES NIGHT JR RANKS MESS AS THE OPENING ACT 23 OCT 87.

TICKETS AVAILABLE FROM VARIOUS SECTIONS AROUND THE BASE

\$1.00 EACH OR A BOOK FOR \$5.00



PACIFIC RIDING FOR THE
DISABLED ASSOCIATION

MARGARET LEGAULT
PROGRAM MANAGER
339-2179

RR #1, SITE 170, BOX 16 COMOX V9N 5N1

Pacific Riding for the Disabled, North Island Branch is starting up again on Monday 28.

The program is now operating at the Courtenay Fairgrounds - Mondays to Fridays from 9 am to 6 pm starting a 10 week session. Sept 28th to early Dec.

Volunteers are needed for our many new riders. Call 338-9631. One person to lead the horse and sometimes two sidewalkers are needed (per

rider). A volunteer workshop/orientation will be held in the Farmer's Institute Building (at the Fairgrounds) at 7 pm Sept 27. Call Shirley at 338-9631.

The riders are now coming from the Comox Valley, Campbell River and potentially Gold River and further north.

Anyone interested please contact us at any time and any help with funding this non profit organization would be greatly appreciated.

Expose a Sailor

Somewhere around the base a Warrant Officer (EX PO1) has put his face on the line for a Military Charity, response appears to be light to this unselfish act. The greatest lack of response appears to come from former members of the RCAF and those who joined green and would like to think they joined

that previous single service. Many sections have personnel who are striving to ensure that this drive to add to the coffers of the MP's Fund for Blind Children is a success. Don't brush them off, contribute your dollar, and you might just be the remover.



Outdoor Writers of Canada

Pipe Smoke

Gerry Gerow

How many people recognize the name 'Jack Barrie.' Jack makes his home in Courtenay, B.C. and is certainly Canada's and one of the world's most famous bird photographers. I'll even go out on a limb and predict that in a few more years he will be the foremost in the world. His work is not just great, it's outstanding.

We held a Ducks Unlimited committee meeting, recently, in Jack's basement/studio. What could be more inspiring than to discuss raising funds for waterfowl habitat while surrounded by framed photos such as "Marsh Maestro" and "Canadian Courtship." Jack is one of D.U.'s strongest supporters and his donations to our fund raiser had us all gasping.

Ducks Unlimited is one of my favourite organizations. This year is D.U.'s 50th anniversary in the United States. Next year is D.U. Canada's 50th. Most D.U. supporters are hunters, and we are often accused of enhancing waterfowl production just so we can go out and blow their heads off. Such statements don't really even rate a response. Hunters harvest a resource in the same fashion that other resources are harvested. However that outdoor sportsman works harder at supporting and replenishing his resource than any other individual.

The main fund raising tools of D.U. are the annual banquets held in almost every com-

munity all over Canada and the United States. The auctions, which are run in conjunction with these dinners provide a great opportunity to acquire some beautiful wildlife art prints, by famous artists, at bargain prices, while contributing to Ducks Unlimited. Why not plan to attend the D.U. dinner in your area, this year? You'll be glad you did.

XXXXXX

Recently, we discovered a dead Stellar's Jay outside our home, by the bird and squirrel feeders. Nearby, a house cat was slinking away. All cat lovers should realize that their lovable little "fluffy" is a vicious killing machine when out on the prowl. It is very difficult for many to accept this fact. Our populated areas would have much more small wildlife around if it were not for cats. An influx of human beings is not a major problem for songbirds, squirrels, chipmunks, and the like, but the cats that come with the people are.

Most predatory animals such as foxes, wolves, bears, coyotes, and others, hunt for food when they are hungry. But members of the cat family hunt for the thrill and challenge of it. A well fed cat will still hunt and kill, even though it is not hungry. I firmly believe that cats should be licenced and controlled in the same manner as dogs are. See you at the next D.U. committee meeting, Frank.

JR LADIES CLUB

FALL

FASHION

SHOW

CLOTHES BY REITMAN'S
& JASMINE'S

COST: \$5.00

DATE: October 28

TIME: 7:30 PM

PLACE: JR Mess, Totem Lounge

HAIR & MAKE-UP: Markario's

FLOWERS: Garden Patch

For tickets or more information call: Gloria Ross at 339-0592. Many door prizes and lots of fun. Open to all ranks and spouses.



SPORTS & RECREATION

The Nordic Gang

THE BEST CROSS COUNTRY SKI CONDITIONS ON THE COAST

The local mountains adjacent to the Comox Valley probably have the best conditions on the B.C. coast for cross country skiing. Are you interested in a lifetime recreational activity which is relatively cheap and accessible?

If you are relatively new to the Valley or this healthy outdoor sport then the Vancouver Island Nordics x-country ski club

may have something to offer you. Much of the Nordics activities are centered around the Paradise Meadows adjacent to the Mt Washington ski development. The Meadows is the area's most popular and best developed country-side for the sport. The area is flat and easy going. Over the years the trails have expanded to include a beautiful trail into Strathcona Park. The trail is more challenging but offer spectacular scenery of the local mountains and alpine lakes. Overall the Mt Washington ski development boasts over 30 km of machine groomed triple tracked trails that can offer a challenge to the raw novice or experienced marathoner.

Besides having fun, one of the main aims of the club is the upgrading of the levels of skiers - lessons for the beginners to

the advanced by the clubs qualified instructors. As x-c skiing can be very family oriented, the club also participates in the national Jackrabbit program. The emphasis here is on enjoyment and basic techniques for the 7-13 year old boys and girls.

Other advantages to joining the club (particular for the novice) is the use of a conveniently located cabin aside from Mt Washington's nordic lodge, advice on equipment or clothing and be able to ski with more experienced skiers. Club members are also entitled to discounts at local sport shops for purchasing ski equipment.

The club has a strong racing section that in the past has travelled to ski marathons in the interior of the province such as the big 50 km race at 100 Mile House. This winter (March), the club will be hosting the Mt. Washington ski marathon.

Tours, suited to various abilities are scheduled and will be led by competent skiers who are familiar with the area.

What are the costs? Full membership in the club which is C.S.A. affiliated is \$10 for singles and \$18 for family - what a deal!

To begin the new season, the club will be hosting its annual potluck dinner and dance on Sat., Oct 24 at the Courtenay Fish and Game Club Hall. Members and non-members are most welcome to attend.

Doors and the bar open at 6:30 pm. The feast begins at 7:30 pm followed by a dance at 9 pm. Tickets are available - \$6 for adults and \$2 for those under 13 - at McConochies' Fur-

niture on Fifth Street. Bring your friends and favourite food.

Here is the tentative V.I. Nordics winter program:

Oct 24 - social, Fish and Game Club Hall.

Nov 15 - pure x-c ski swap.

Dec 1 - Beginner's evening - ski demonstration and film.

Dec 6 - lessons.

Jan 3 - Vancouver Island New Years open - ski race.

Jan 17 - Winter games trials.

Jan 30 - Moonlight ski. Feb 14 - Club champion-ski.

Feb 27 - Mini-Marathon.

Mar 6 - Bavarian Relay - fun race for the young and old followed by a barbeque.

Mar 12 - Mt Washington Marathon.

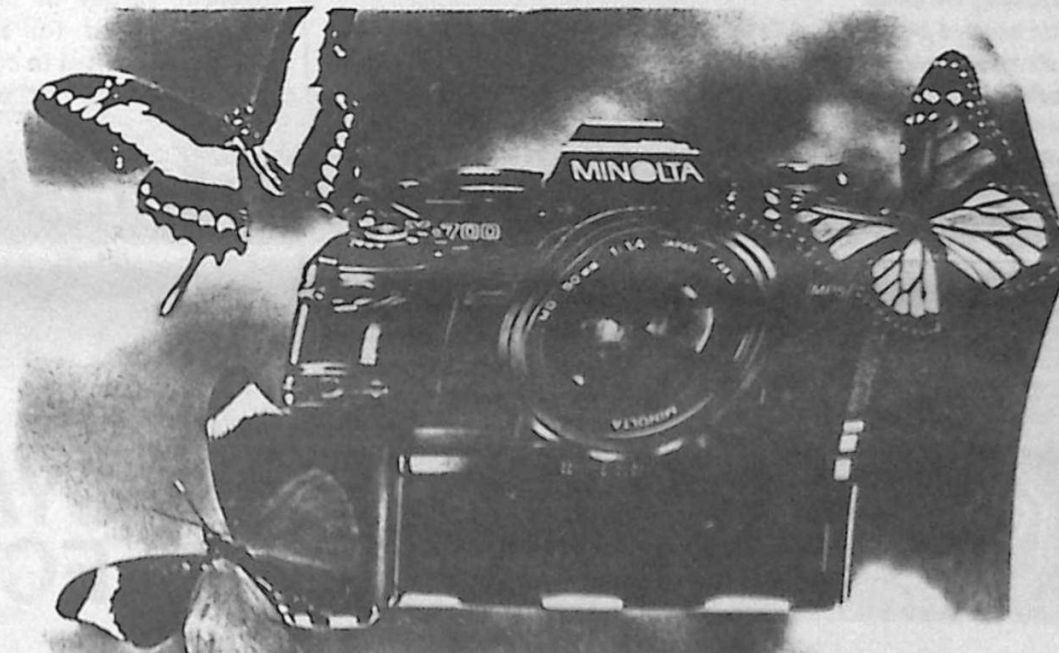
Mar 19 - Club tour.

Mar 26 - Club tour.

Apr 2 - Club tour.

More information will follow in future articles.

DUST OFF YOUR CAMERAS AND ENTER CFB COMOX 2ND ANNUAL "PHOTO CONTEST"



•CONTEST IS OPEN TO ALL MILITARY, DND EMPLOYEES & DEPENDANTS

•CATEGORIES

- 1) COLOR OR BLACK & WHITE PRINTS - (OPEN)
- 2) COLOR OR BLACK & WHITE PRINTS - (PEOPLE IN ACTION)
- 3) FAVOURITE SNAPSHOT

•CONTEST RULES

- PRINTS MAY BE ANY SIZE
- PRINTS MAY BE MOUNTED (NOT FRAMED)
- ALL ENTRIES MUST BE IDENTIFIED WITH
- 1) NAME 2) PHONE NUMBER 3) CATEGORY
- LIMIT 3 ENTRIES PER CATEGORY

-PRINTS WILL BE ON DISPLAY AT THE ALCAN LOUNGE FROM THE 7 TO 11 DEC 87

-JUDGING TO TAKE PLACE ON THE 11 DEC 87

-DROP OFF POINTS -BASE PHOTO
-REC CENTRE

-FOR MORE INFO CONTACT

MCPL ATTILIO SARTORI 8295
WO AL BRAZEAU 8542

ENTRY "FREE" - PRIZES AWARDED TO WINNERS

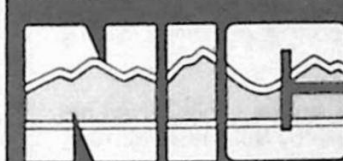
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AROUND THE BASE

Mapping it out



BANFF (ALBERTA) -- Cadet Sean P. Moran of 1726 Canadian Scottish Regiment Cadets, Comox, B.C., left, and Cadet Jason C. Roome of the Devon and Dorset Regiment, Devon, England, practice their map work indoors before heading out for the Banff National Army Cadet Camp's Exercise Pontoon. The exercise takes place in the rugged Rocky Mountains surrounding the camp.

One hundred and eighty of Canada's top gold star cadets are attending the six week leadership and challenge course at Banff, Alberta. The course includes mountain climbing, canoeing, kayaking and glacier work as challenges in helping develop the skills of leadership and physical fitness.

Young people aged 16 to 18 from across Canada, Great Britain and the Federal Republic of Germany take part in this program for outstanding youth.

Cadet Moran is the son of P.J. and Annette Moran, 371 Davis Street, Comox, B.C.

Cadet Roome is the son of Mr. and Mrs. Christopher Roome, South Haven Meadows, Ashford, Barnstable, Devon, England.
(C.A.F. Photo)

Jr Ranks Ladies

The first Annual General Meeting for the Junior Ranks Ladies Club was a huge success. The many who attended had a wonderful time.

Mrs. Anne Gibbon, the Base Commander's wife was a welcomed guest. The agenda was basically to welcome everyone and to discuss the upcoming fashion show.

The following people hold the offices for this coming year:

President: Sue Englund
Vice-President: Danielle McGrath
Secretary: Elizabeth Merpaw
Treasurer: Karen Banks
Entertainment Chairperson: Gloria Ross

Convenors:

- a) Welcoming - Monika Carr
- b) Refreshment - Brenda Perreault
- c) Publicity - Heidi Larocque
- d) Get Well - Tanya Mattson
- e) Telephoning - Donna Taylor

The next meeting for the Club is the fifteenth of October at the Junior Ranks Club at 7:30 p.m.

Open to all JR femails spouses, and female JR personnel. Come on out and meet your neighbours, it's never too late.

WO's & Sgt's Mess Wives Club

The Wos and Sgts Mess Wives Club is underway for another year. Our first meeting was a wine and cheese night which was held on Sept 14 and was well attended. There is an excellent variety of entertainment scheduled for the club with guests invited to come and speak at some of our meetings.

We meet the second Monday of each month at 8 p.m. in the Wos and Sgts Mess or on an alternative Monday if there is a holiday.

Our next meeting is on October 19 and we are having two speakers from the Women's Resource Centre. If you're in-

terested in having a good time and meeting new friends, then join us in the Mess. For more information you can call:

Sandy McLean - President - 339-2329

Pat Pegg - Welcoming Committee - 339-4577

Ruth Ann LePatourel - Phone Committee - 339-2898

SUPPORT OUR ADVERTISERS



Province of British Columbia

ROYAL COMMISSION ON ELECTORAL BOUNDARIES

Order in Council No. 690

The Lieutenant Governor-in-Council has amended the mandate of the Commissioner. Part of the amendment provides that the Commissioner is to recommend the appropriate number of single member electoral districts for the Legislative Assembly.

In order to assist the Commissioner in carrying out his mandate, public input is necessary. To assist the public hearing process, the Commissioner intends to make a preliminary ruling as a guide prior to commencing public hearings as to the appropriate number of single member electoral districts for the Legislative Assembly.

The preliminary ruling will not be final. No decision on a recommendation as to the appropriate number of single member electoral districts for the Legislative Assembly will be made until public hearings have been held throughout the Province and the interim report is published by the Commissioner.

In order to assist the Commissioner in making the preliminary ruling, written submissions are invited and are requested to be submitted to the office of the Commissioner by November 16, 1987. Forward written briefs to:

The Honourable Judge Thomas K. Fisher
Commissioner
580 - 625 Howe Street
VANCOUVER, BRITISH COLUMBIA
V6C 2T6

Public hearings will be held in Victoria, British Columbia on November 23 and 24, 1987, solely on the issue of the appropriate number of single member electoral districts for the Legislative Assembly. These hearings will commence at 10:00 a.m. at the Chateau Victoria Hotel, Parrot Room, 740 Burrard Avenue, Victoria, B.C. Any persons wishing to make an oral submission are asked to give advance notice to the Commission office at 660-4169.

A schedule of public hearings to be held in locations throughout the Province will be advertised after the preliminary ruling has been made. At these public hearings the Commissioner will hear submissions on all aspects of the mandate including the appropriate number of single member electoral districts and the boundaries for all electoral districts in the Province.

All enquiries should be directed to Mr. Terry Julian, Chief Administration Officer, at 580 - 625 Howe Street, Vancouver, B.C., V6C 2T6. Telephone: 660-4169.



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Field Aviation West Ltd.
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Fire Prevention Week

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Do You Have Your
Plan to Get Out Alive?

Practice Your Plan at 6:00 p.m., Friday, Oct. 9th



Fire occurs most often when people are sleeping and grows quickly. Give your family a head start out by installing smoke detectors in the sleeping areas and escape routes of your home. If you have a multi-level home, put a smoke detector on each level. Keep an extra set of batteries available so your smoke detector is always working to protect you and your family.

Develop a special signal that all family members will understand means "danger." For example, use a whistle or bang on the wall. Use this signal only for emergencies.



Plan and practice your escape from fire before the smoke detector sounds.

DRAW A FLOOR PLAN DIAGRAM OF YOUR ENTIRE HOUSE. Show all possible exits from each room. Know two ways out of every room, especially the bedrooms.

If one escape route is a window, invest in a safety ladder. If you live in a high-rise, know and practice two ways out of the building. Remember that an elevator is never a way out during a fire. Elevators may become trapped between floors or take you directly to the fire floor.

Sleep with your bedroom doors CLOSED. A closed door is a barrier that slows the spread of fire, smoke and heat. As you practice your family home escape plan, teach everyone to close doors behind them as they go outside.



PRACTICE YOUR ESCAPE PLAN. When you hear the smoke detector alarm, carefully "roll out" of the bed onto the floor. Don't stop for clothes, papers or jewelry. GET OUT.



Crawl to your door and touch it. If hot, do not open. Escape out the window or secondary exit or stay in the room. If you remain in the room, seal cracks around the door with sheets, blankets or clothing. Wave another sheet, blanket, towel, or large piece of clothing from the window to signal for help. Until help arrives, stay low to the floor where the air will be cooler and less smoky.

If the door is not hot, open it cautiously and crawl down the hall to your nearest exit. Remember to crawl low, keeping your head down, away from smoke. Cleaner air is nearer to the ground.



Teach everyone that if their clothes catch on fire, they should STOP where they are, DROP to the ground and ROLL over and over to smother the flame. Do not run. Running will increase the flames.



Everyone meet at a pre-determined meeting place outside your home, well away from the building. Once outside, STAY OUT. After you've all met, designate someone to go to a neighbor's house and phone the fire department. Meet the fire trucks and tell firefighters everyone is out of your home. Make sure everyone in your family knows the telephone number for the fire department or the local emergency number.



By planning ahead and practicing your home fire escape plan, you can protect yourself and your family from a home fire. But the best protection is prevention. Learn how to prevent a fire in your home by contacting your local fire department for more fire safety information.

Canadian Forces Update



DROPPING IN

Abbotsford, B.C. -- On the button. MCpl Bill Collins, a member of the Canadian Armed Forces Parachute Demonstration Team, The Skyhawks, drops in on Cpl Neil Graves, the drop-zone controller. This is the sort of accuracy which sets The Skyhawks' standard for precision jumping.

The Skyhawks are composed of eight permanent members and a number of volunteer parachutists who are chosen each year from all ranks and a wide range of trades. All team members are expert parachutists with between 150 and 2000 jumps to their credit.

This year the team has performed for millions of spectators from Goose Bay, Labrador to Abbotsford, B.C. The Skyhawks will finish their season this October in Lafayette, Louisiana. (CF Photo by Sgt J.F. Smith).



Lt Gov of B.C. The Honourable Robert G. Rogers inspects the veterans. The "boys" from 888 Wing were on display during the recent 442 Sqn reunion.

Connaught

The traditional "Olympic games" of small arms competition for the Canadian Forces was held at the Connaught Ranges, west of Ottawa, from 27 July to 4 August.

This year, WO Rino Levesque of the 3rd Battalion Royal 22e Regiment, based in Valcartier, and Sgt George West of the Royal Hamilton Light Infantry, a unit of the Central Militia Area based in Hamilton, Ont, won the Queen's Medal for the Regular Force and Reserve Force respectively.

The Letson and Clarence Smith Trophies for the best 12-member rifle teams were won by the 3rd Battalion Royal 22e Regiment for the Regular Force and by the Atlantic Area for the Reserve Force. The Vanier and Dextraze Trophies for the best 4-member teams were awarded to the 5 Canadian Brigade Group for the Regular Force and to the Eastern Area for the Reserve Force.

Each year the National Small Arms Matches at Connaught give our best marksmen an opportunity to distinguish themselves in one or more of the five categories of competition: pistol (Browning 9 mm), rifle

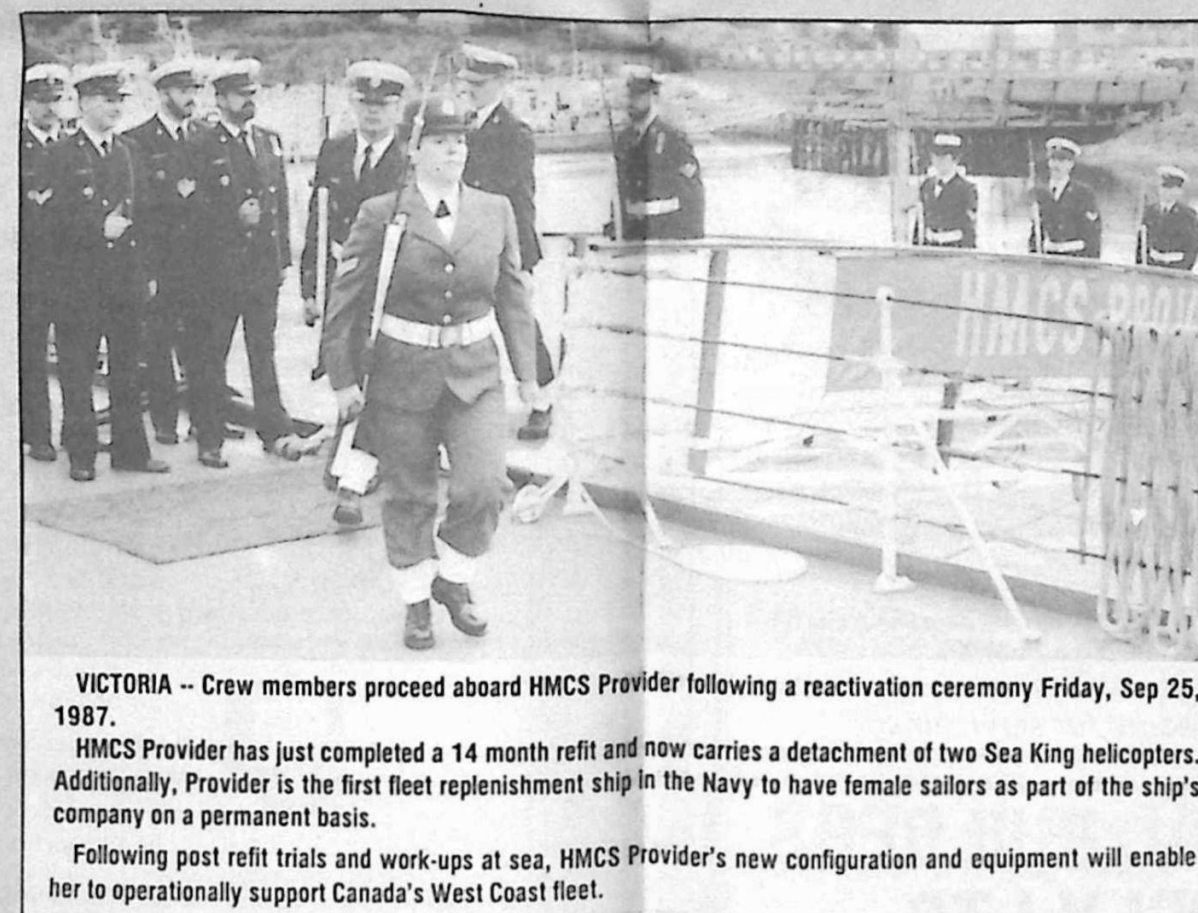
(FNClA1 semi-automatic 7.62 mm), sub-machine gun (9 mm), light automatic rifle and sniper rifle.

Several hundred competitors faced each other in a variety of competitions. Weapons are fired from the standing, kneeling and prone positions, sometimes after competitors have been required to run a distance of 25 to 100 metres. Targets are positioned anywhere from 25 m away in the case of pistol competitions to 800 m away in the sniper rifle competitions.

Lt Ken Ferguson of the 1st Battalion of the Nova Scotia Highlanders (Reserve) of Truro is a long-time competitor. Indeed, this was his twelfth year of competition. For him, the drawing card is the competitiveness, the challenge. "For a member of the Forces," he explained, "precision firing is a means of developing the ability to handle combat arms, but it is also a discipline that builds one's self-confidence." Lt Ferguson is one of the best rifle shots in the CF and has won the Queen's Medal no less than four times during his career.

MCpl Constantin Papagianis was another skilled member at the National Small Arms Matches at Connaught. A champion shot, he is adept with all small arms but his specialty is unquestionably the pistol. This year he easily placed first in this discipline. MCpl Papagianis is a firearms instructor with the 3rd Battalion Princess Patricia's Canadian Light Infantry of Victoria. "To give our team the best chance," Papagianis said, "we prepare our young members by allowing them to take part in several local and regional competitions. Then when they arrive at Connaught, they are not as disoriented or nervous."

WO Rino Levesque of the R22eR, like MCpl Papagianis, is a firearms instructor. Not content merely to win the Queen's Medal for the second consecutive year, he also led his team to victory. The 12-member team from R22eR won the Letson Trophy and will therefore be going to Bisley, England to take part in competitions involving the best marksmen from all Commonwealth countries.



VICTORIA -- Crew members proceed aboard HMCS Provider following a reactivation ceremony Friday, Sep 25, 1987.

HMCS Provider has just completed a 14 month refit and now carries a detachment of two Sea King helicopters. Additionally, Provider is the first fleet replenishment ship in the Navy to have female sailors as part of the ship's company on a permanent basis.

Following post refit trials and work-ups at sea, HMCS Provider's new configuration and equipment will enable her to operationally support Canada's West Coast fleet.

Tae Kwon Do

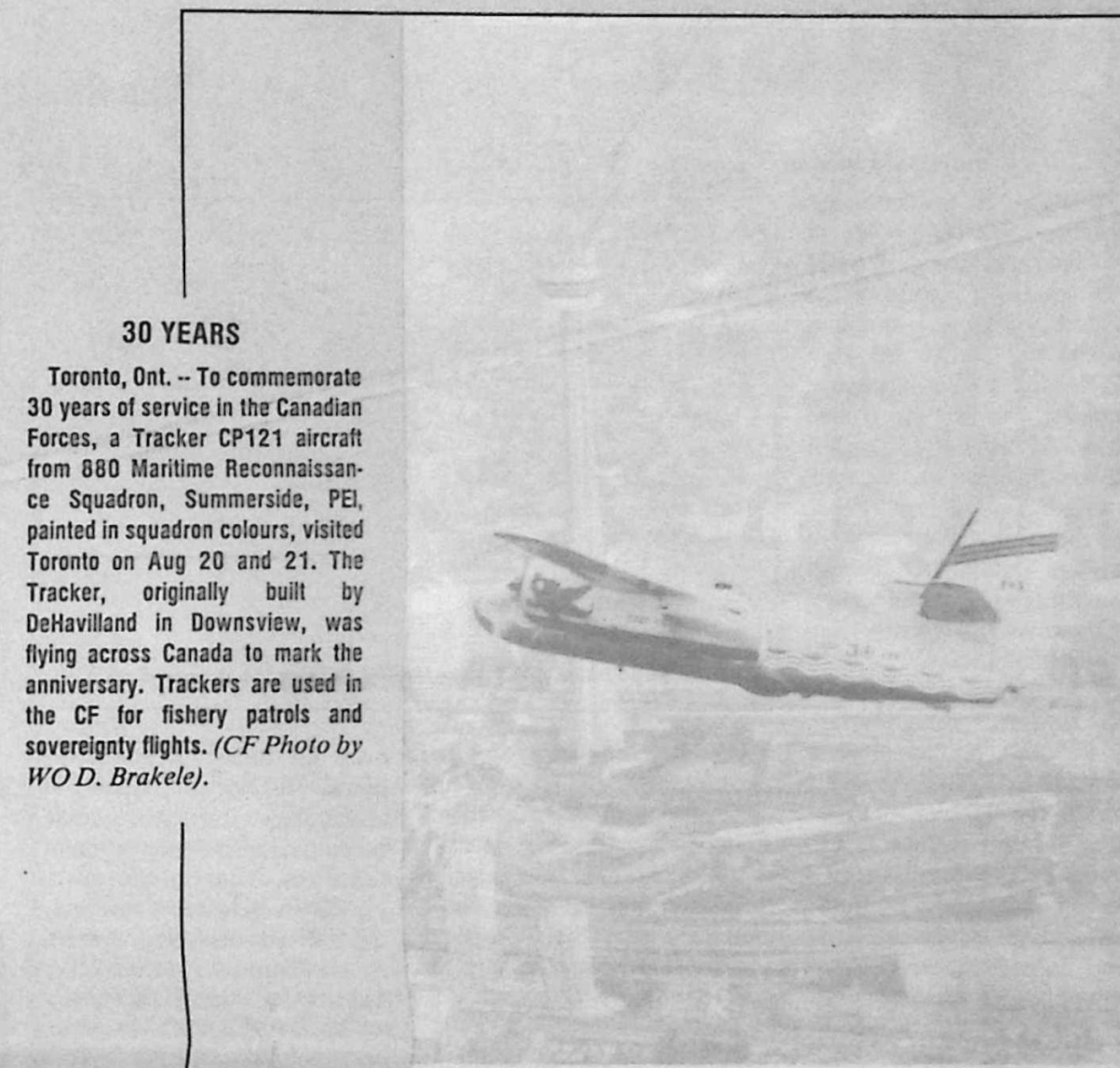
Four men have been selected to represent the Canadian Armed Forces at an international military sports meet in South Korea in October. This team of reservists and regulars will compete against military athletes from member countries of the Conseil international du sport militaire, or CISM.

The Canadian black belt team was selected, appropriately enough, on Armed Forces Day, June 27, at trials held at the Ottawa Tae Kwon Do School. Grand Master Tae Eun Lee acted as host and technical adviser, and the trials were sponsored by Communication Command with support from Directorate of Physical Education, Recreation and Amenities.

Selected as the lightweight division member was Cpl Rick Maybury, a member of the Cameron Highlanders of Ottawa. The

welterweight spot went to SLt Jim Sprang, a naval reservist from Edmonton who holds gold medals from a number of provincial and regional competitions. The middleweight member of the CF team is Lt Martin Kenneally, of the PPCLI Battle School, and the heavyweight is Cpl Everald Wright of the King's Own Calgary Regiment, a former North American champion.

Chest protectors and head gear are worn in this full-contact fighting. Competitors fight three rounds each of three minutes, with a one-minute break between rounds. Points are scored by a referee and corner judges for full-contact kicks and punches to the body, and for kicks to the head...by Col Bob Martineau, CF CISM Tae Kwon Do team coordinator.



30 YEARS

Toronto, Ont. -- To commemorate 30 years of service in the Canadian Forces, a Tracker CP121 aircraft from 880 Maritime Reconnaissance Squadron, Summerside, PEI, painted in squadron colours, visited Toronto on Aug 20 and 21. The Tracker, originally built by DeHavilland in Downsview, was flying across Canada to mark the anniversary. Trackers are used in the CF for fishery patrols and sovereignty flights. (CF Photo by WOD. Brakele).

Esquimalt has winners

VICTORIA -- Canadian Forces Base Esquimalt proved it has some of the best cross country runners and tennis players as it captured two provincial military team championships recently.

On Sept 11 it won the B.C. Provincial Military Cross Country Running Championship held at CFB Comox, while at the same time it collected the B.C. Provincial Military Tennis Tournament at CFB Chilliwack.

The cross country running team was led by Pte Tom Johnston in a time of 41 minutes, 52 seconds for the 12 km. course and .49 year-old Lt Gary Saun-

ders who ran the nine km. seniors race in 34 minutes, 56 seconds.

The ladies open championship was won by Lt Janet Gour of CFB Comox who ran 4.5 km. in a time of 21 minutes, 18 seconds.

The Esquimalt team will now advance to the Canadian Forces National Cross Country Championship to be held at CFB Borden, Ont from Oct 12 - 14.

In tennis, although the team had no first place winners, CFB Esquimalt edged CFB Chilliwack 58 wins to 54 to clinch the tennis tournament championship.

The men's singles championship was won by Capt Chris Lang of CFB Chilliwack as he defeated Cpl Jose Martins, also of CFB Chilliwack, by a score of 6-4, 6-3 in the final.

The men's doubles championship was won by Maj Doug Brown and Capt Chris Lang of CFB Chilliwack as they defeated Capt Rich Folkmann and Lt Bill Laing of CFB Esquimalt.

Other competitors came from CFB Comox and the Pacific Fleet.

Ambulances

As many of their counterparts across the country are doing, members of the Ottawa Militia District Field Medical Platoon check out one of their recently acquired Ilitis ambulances. Based on the basic utility Ilitis, the ambulance manufactured by Bombardier Inc of Valcourt (Que) is capable of carrying two stretcher casualties on the

sliding litter support rack mounted behind the front seats. Of the 92 Ilitis ambulances produced for the Canadian Forces, the majority were delivered to Militia medical units. Due to the air portability of the Ilitis, 10 were also issued to units of the Special Service Force at CFB Petawawa (Ont).



GIVE
THE
UNITED
WAY

AROUND THE BASE



Origins of the Species

John Bradley

The RCAF's last overseas squadron was formed on 14 Sept 1944 and was designated as No. 437 (Transport) Squadron. The unit was equipped with the Douglas Dakota Mk. III and IV twin engine transports and were provided with the Z2 fuselage codes. The unit was formed at Blakehill Farm in Wiltshire under W/C J.A. Sproule who was a Canadian in the RAF. Just about three weeks later, on 4 October, he was officially transferred into the RCAF.

437 Squadron was adopted by the Hudson's Bay Company and the unit personnel were persuaded by F/L V.A. Baker from the Public Relations Section at RCAF Headquarters to adopt the nickname "Husky." This name was chosen because of the dog's great skill in towing large loads over great distances under arduous conditions. The motto 'OMNIA PASSIM' or 'Anything, Anywhere' was chosen for the unit crest and was placed under the central device of a Huskies head. King George VI granted his approval for this crest during April 1945.

The unit had barely any time to get together as a unit when it was tasked to assist with the aerial portion of Operation Market Garden by towing gliders over Arnhem and releasing them for the designated drop zones. Four days after they started ops for Market Garden 437 Squadron lost four aircraft out of ten on resupply drops near the Arnhem bridge. Another aircraft's crew bailed out just before the aircraft struck the ground and a sixth squadron's efforts during Market Garden led to the awarding of two DFCs and one DFM to unit members.

By this stage of the war, Canadians of all services and of all ranks were bemoaning that in spite of the fact that Canada was indeed one of the larger contributors of manpower and equipment, little recognition was given to them outside of their own country. Within the RCAF the situation was as bad as anywhere else as the aircraft were carrying the RAF style roundels and fin flashes. It was true though that individual aircraft, as was aptly demonstrated on 425 Squadron aircraft, often carried large and



Dakota KG641 from 437 (T) Squadron at Croyden, 1946. (M.A.P.).

sometimes garish nose and tail art letting one and all know just who these proud Canadians were.

437 Squadron, in a decision to reverse this injustice, had a number of their aircraft marked with the fuselage inscription Royal Canadian Air Force and that also included a Gold Maple leaf on the tail. The majority of unit's aircraft however retained the standard RCAF/RAF camouflage scheme with standard RAF markings. The inscription on the fuselage was definitely a foretaste of things to come, at least up until 1968.

The Huskies were heavily tasked after the Arnhem operation to ferry men, fuel, ammunition, and equipment into the continent and wounded Allies and German Prisoners out. While these operations were not without their own perils, the unit did not really get back into combat again until 24 Mar 1945 when they were heavily involved in Operation Varsity, the Rhine Crossing. On that day they towed 24 Horsa gliders which contained 230 men of the Royal Ulster Rifles along with thirteen jeeps and their trailers and six jeeps towing 6-pounder guns, two trailers, two hand-drafts, two motorcycles, four bicycles, various machine guns and all of the resultant ammunition.

A second drop was planned but due to a success greater than anticipated, the follow-up drop was not required and the unit was returned to England by Mar 26 to continue with their normal supply and transport duties. By this time the writing was on the wall for the German forces and within a month and a half the war was

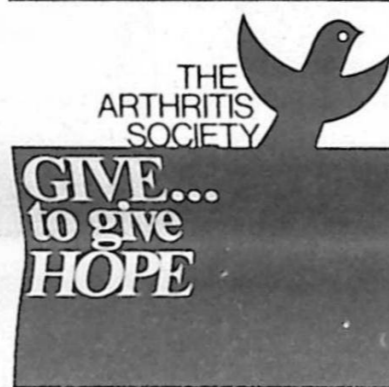
over. 437 Squadron, unlike the more offensive type of squadrons, did not cease operations with the cessation of hostilities. They moved up to Nivells in Belgium where they transported Russian, French, American and the various other Allies from their POW camps and back to England for eventual repatriation.

The unit sent a detachment to Oslo Norway becoming one of the first Allied aircraft to land at this country's capital. They were detailed to transport the German Peace Delegation to Scotland for further talks in regards to the German troops still in this part of Scandinavia. Later, in July, a small detachment was also sent into Berlin for operations out of the former capital in support of the "Big Three" conference. During this period the Huskies ranged far and wide throughout Europe stopping into such additional locations as Paris, Athens, Vienna, Naples, Rome, and Copenhagen. By November the detachments rejoined the squadron at their new home in Odiham, Hampshire.

The Huskies remained in England, on full operational status, until they were disbanded at Croyden Airport in Surrey on 15 June 1946. The last operational mission had taken place on 30 May when P/O J.E. Thompson and crew took Dakota KG577 coded ODO-K into Brussels, Belgium with six passengers, 300 pounds of mail and 3,024 pounds of freight. Shortly after the war's end, the unit's code had been changed from Z2 to ODO and the lesser known OFA.

During the course of their war, 437 (Transport) Squadron flew 11,625 sorties for a total

of 32,355 operational and 2,884 non-operational hours. The post-war airlift statistics include just over 152 tons of mail, 1415 tons of freight, 25, 269 passengers, and 180 casualties. Cost to the Huskies was not light as they suffered 14 aircraft lost, with two aircrew killed, 14 missing and one wounded. The Huskies Battle Honours included France and Germany 1944 - 1945, Arnhem and Rhine. Individual honours included 1 OBE, 8 DFCs, 2 AFCs, 1 DFM, 1 Mentioned in Despatches, and 3 King's Commendations.



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AROUND THE BASE



Legion Log

Entertainment

BRANCH 17 - COURTENAY

Fri & Sat 9 & 10 Oct Dance to WESTWIND
Fri & Sat 16 & 17 Oct Dance to PRIME TIME
Fri & Sat 23 & 24 Oct Dance to COUNTRY MEN
Fri & Sat 30 & 31 Oct Dance to WESTWIND
Sat Oct 31 Halloween Dance (Prizes for best costumes)
Sun 18 Oct Bridge Tournament
Sun Oct 25 Euchre Tournament (Registration 12:30)
Tue Oct 27 General Meeting
Tue Nov 3 Branch 17 Vets (only) Dinner

+++ Regular Activities +++

BINGOS - Mon, Thur, Fri, Sun at 7 p.m.

MONDAY Fun Euchre
TUESDAY Pub Darts
WEDNESDAY League Darts
THURSDAY Fun Darts
FRIDAY TGIF & Money Draw at 6:30
SATURDAY Fun Bridge at 12:30
Fun Darts at 1 p.m.

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Oct 9 & 10 Music by COUNTRYMEN
Oct 16 & 17 Music by MONTANA MOON
Oct 23 & 24 Music by MILLERTIME
Oct 30 & 31 Music by ALLEYCATS

REGULAR ACTIVITIES

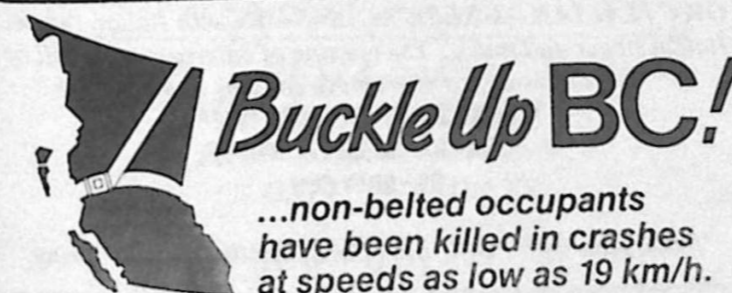
MONDAYS L.A. Drop-In Bingo - 7 pm
Men's Dart League - Navy Room - 7:30 pm
TUESDAYS Mixed Dart League - Upper Hall - 8:00 pm
WEDNESDAYS Navy League Drop-In Bingo - 7pm - Upper Hall
THURSDAYS 1st Branch Executive Meeting - 8:30 p.m.
L.A. Executive Meeting as required.
2nd L.A. General Meeting, Upper Hall, 8 p.m.
3rd Branch General Meeting, Upper Hall, 8 p.m.
FRIDAYS Meat Draws: 2 - 6 p.m. Dance (Normally downstairs unless advised)
SATURDAYS Meat Draws: 2 - 6 p.m. Dance, (Normally downstairs unless advised)
SUNDAYS New Hours: 11 a.m. to 6 p.m.

+++ SPECIAL EVENTS +++

"Note: Sat Oct 31 is HALLOWEEN"

SATURDAY, OCTOBER 10

ANNUAL VETERAN'S DINNER. Upper Hall. 6:30 p.m. All Branch veterans of WW I, WW II, and Korea. Tickets \$5 per person, available now at office and bar. Our seating capacity limited to 160. Tickets will be sold on a first come, first served basis. Get yours early to avoid disappointment.



In The Mags

When Chicken Little shouted his immortal words "the sky is falling, the sky is falling!", the people of the kingdom mocked him as a crazy misfit. Luckily, they proved him wrong. But people today should take heed from the September issue of *Omni* magazine and the article titled "Watch this space."

Somewhat fascinating, and somewhat frightening, this piece by Ellen Ruppel Shell details how a small band of American specialty pilots will be flying missions into the heart of the Antarctic early next year to investigate the quickly vanishing ozone layer. Ozone, the sun-shielding layer of atmospheric gas, is quickly vanishing at a rate scientists are extremely concerned with.

Of equal scientific importance is "Body Doubles," also appearing in *Omni* magazine this month. According to Jeffery Kluger, ordinary proteins may soon take a leading role in the battle against disease. The article contends that with simple tinkering, proteins might have the capacity to control cancer, heart disease, diabetes and AIDS.

The body's defence system is a popular topic in this month's periodicals. *Discover* magazine also looks at an exciting development in the battle against disease.

"Immune Boosters" is great reading for those even with the slightest interest in medicine and the global battle against disease. Gina Kolata explores the world of our immune

system, and how our body wages war against infection and disease. She also writes on how Dr. Jerome Groopman of Boston's New England Deaconess Hospital is using different variations of our system's hormones to form more effective defensive measures.

And speaking of defense, *MVP* magazine throws its readers into the bone-crushing world of U.S. college football with a profile on Hamilton-native Peter Gifopoulos and his inspired play for Penn State in this month's issue.

Gare Joyce runs us through Gifopoulos' meteoric rise through College ranks and his chance at making it to the professional level of play. Quite a Canadian sporting success story!

Following on this, any true sports fan must turn over a few pages in the same *MVP* issue, and read Dick Beddoes' item on Canada's hockey success.

"Summit Series" offers a nostalgic look at the great hockey teams Canada has iced in her efforts to obtain international hockey respect.

In a series designed for the average-income Canadian, *Your Money* magazine provides a detailed look at borrowing. This article includes information on obtaining credit, interest rates, where to go for the best rates and more. Of particular benefit may be "Shopping For Money."

If you can keep pace, "Hitting His Stride" in this issue of *Canadian Business* offers readers a peek at the phenomenal rise of Sol Zuckerman, a former disco host who has evolved into an empire builder.

You have to see Zuckerman in action and you do through this article, to believe that a human being could carry on at such a pace. In just under a decade, this entrepreneur has gone from disco owner to the key force in a business empire which drew \$400 million in sales last year.

Contemplating a leisurely retirement is a feeling we all share at one time or another. Paul McLaughlin makes those thoughts that must more attractive with his article in *Canadian Business*.

"A Golden Handshake with a True Grip" takes an informative and objective view of the increasing corporate practice of offering "golden handshakes" to employees near retirement age.

Marriages aren't always made in heaven, and they don't always last forever, so it's fitting that this month's *Modern Bride* delivers an article on keeping your marriage together.

"Tips to Keep Your Marriage a 10" is a timely tell-all advice column on how to keep your marriage alive. Carol Weston has a solid hold on practical advice and if for nothing else, it's entertaining reading.

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AROUND THE BASE



From The Fire Chief's Office

Fire Prevention Week for 1987 is coming to a close. There are still some events for the family to participate in.

9 Oct - CFB Comox Fire Dept will be sponsoring a 10 km walk/run, starting time 1300 hrs. For more info contact Base Fire Dept 339-8250.

9 Oct - CFB Comox and all Comox Valley fire departments will be participating in the National Fire Drill. This drill is sponsored by McDonald's Restaurant and will be held at 1800 hrs. Airport Elementary students will be bringing home the fire escape plan forms from school. We urge that parents help their children draw and practice the fire escape plan.

10 Oct - CFB Comox Fire Dept will be hosting an open house from 1300 - 1600 hours. Come and enjoy the static displays and tour the fire hall. Refreshments will be served, hope to see you there.

Where is this place

Hidden away in an area of the Base is a section that appears to be perhaps a myth, can you identify the place or players? Led by a Petite Maj this section is called upon hourly to answer many questions, especially after the 0730-1530 crowd has departed. Personalities they have, like "Sir get it for a bargain no matter what the pain" also them who say "I don't care if the engines are still running I'm leaving this aircraft now." Moving right along there is a vendor of premature chickens,

a fighter of flame in his off hours, and a bearer of bad news for NCMs of the BOPs Branch. This hardy group of persons have been known to normally only communicate with the rest of the base through Ma Bell's invention and they seldom see the light of day confined as they are in a physical area resembling a walk in freezer. But they do exist living breathing and working day in day out to support the Grey Aluminum Overcast Squadron, their smaller counterparts, and many others of

the flying operations of the base. Still confused, if so call local 8321 for further details. One last clue the editor once worked there.



JUMP ROPE FOR HEART

Sponsored by BRITISH COLUMBIA MEDICAL ASSOCIATION



COMOX AIR FORCE BASE MUSEUM OPENING...The Lieutenant-Governor of British Columbia and the man who chose Comox as the site for an air base were on hand when the Comox Air Force Base Museum was officially opened Sept 12. Following a brief ribbon-cutting ceremony, the Honourable Robert G. Rogers, seated, and Air-Vice Marshal Leigh Stevenson, left, were given a tour of the museum by CFB Comox Base Commander Colonel J.E.H. Gibbon, centre. The group was particularly interested in the vintage air traffic control desk, just one of the many exhibits on display in the new museum. The museum depicts the history of CFB Comox and its current squadrons, along with regional military aviation history. It is administered by a volunteer committee and was financed to a large extent by local businesses, organizations and private donors. It is located in the old Base Theatre and, according to museum committee chairman Major Don Thain and curator Nancy Greene, future plans include expansions in the way of additional aircraft and a diagram of hangar-line activity. (C.F. Photo by Sgt J.F. Smith).

Officers Mess

FRIDAYS OCTOBER 2, 9, 16, 23, 30

REGULAR TGIFs Food as indicated 1700-1800 hrs. Free taxi. Ask at Bar.

WEDNESDAYS OCTOBER 7, 14, 21, 28

OFFICERS' COFFEE HOUR: Coffee will be served in the Lounge at 1000 hrs. Dress will be dress of the day. All officers are invited to attend.

WEDNESDAYS OCTOBER 14, 28
OWC BRIDGE CLUB

SATURDAY OCTOBER 17

OKTOBERFEST: The bar will open at 1800 hrs with 4 kegs of beer available. A Bavarian buffet 1900-2130 hrs. Mugs and hats will be supplied free at the door. Dance to The Bavarians music from 2000 - 0100 hrs.

Dress: Casual or Bavarian style

Cost per couple: Members \$15 - Limited Associates & Guests - \$20

WEDNESDAY OCTOBER 21

OWC ITALIAN—GREEK DINING—IN with Italian theme, Italian singer and music. The evening of entertainment will be followed by a microwave cooking demo.

COMING EVENTS FOR NOVEMBER

Date TBA - MEDIEVAL NIGHT

29 - GREY CUP

"cook your own" BBQ has been discontinued until spring.

HOME & FAMILY

Chapel Chimes

OUR LADY OF THE SACRED HEART CHAPEL (RC)
BASE CHAPLAIN (RC) - Maj J.G.A. Veilleux
CHAPEL - Our Lady of the Sacred Heart (on Base).
OFFICE - Headquarters, Bldg. 45, Room 48, Telephone 8274.

MASS SCHEDULE:

Saturday 1900 hours
Sunday 1000 hours
Week Days 0900 hours

BAPTISMS & MARRIAGES - By appointment - notice well in advance please.

CATHOLIC WOMENS' LEAGUE - Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. President: Mrs. Mary-Anne Stagg, Telephone 338-6214.

CATECHISM CLASSES - September - May in the PMQ School at 1830 hrs, every Wednesday. Religious Education Coordinator: Mrs. Fred Chiasson, Telephone 339-6488.

ST. MICHAELS AND ALL ANGELS PROTESTANT CHAPEL

BASE CHAPLAIN (P) - Maj G.A. Milne
CHAPEL - St. Michael & All Angels, Wallace Gardens, Bldg 88

OFFICE - Headquarters, Bldg. 45, Room 48, Telephone 8273.
SUNDAY WORSHIP - Each Sunday - 1100 hours.

HOLY COMMUNION - First Sunday of the month.

SUNDAY SCHOOL - 0945 - 1045 hrs, pre-school at 1100 hrs..

For further information contact Superintendent Mrs. Pam Hart, Telephone 339-4133.

JUNIOR CHOIR - Practices 1530 hrs. - Thursdays at the Chapel. (Start in September)

SENIOR CHOIR - Practices 1830 hrs. - Tuesdays at 612 Pritchard Rd., Comox.

CHAPEL GUILD - First Thursday of every month at 2000 hrs in the Chapel Annex. President: Telephone: Margaret Campbell 338-1084

Retirin'AFTER 32 YEARS



COL GIBBON PRESENTS TO SGT SINCLAIR



Let's Talk

Just a few weeks ago, it seems, the trees, flowers, and grass were in full bloom. We remember the lush green of the trees, as they swayed in the summer breezes; the gaily coloured flowers as they nodded to greet us, along the walkways, or as they bordered the soft green carpets of grass.

But, now as we look around us, the scene is gradually changing. The grass has begun to fade, and is now scattered with the leaves that have fallen from nearby trees. To look out over the highway, into a forest of trees is certainly an artist's delight. The beauty and blend of colour seems to overwhelm us. One can't help but sense the presence of God and we just stop and stand in awe.

Photographers try to capture the beauty of a moment with a picture. Artists try to paint the beauty upon a canvas and poets try to convey in thoughts and words just what beauty is all about. And yet, all we need do is to stop and look around us. God provides all these beautiful things for us, and yet so often we fail to take notice.

Many people today deny or question the existence of God. It is also true that people are searching for God, and wondering where He can be found.

Isn't it true that we fail to realize that God is speaking to us, through the things which He has created? As we look upon these things, we are reminded of His goodness, His wisdom, His plan and His purpose, and His faithfulness to us. There is such order and precision found in nature that we can only conclude that the Creator and Governor of all things has to be someone very special indeed. Nothing like this could happen by chance or by some form of evolving matter.

The Psalmist in the Bible (Psalms 8:3,4) declared "When I consider Thy heavens, the works of Thy fingers, the moon and the stars, which Thou hast ordained; what is man that Thou art mindful of him...?"

Yes, even though we stand in awe of God's creation in nature, yet we are reminded that mankind has been considered to be 'creation's crowning glory.' To think that such a wise and wonderful God still cares about His created individual beings, should bring to our hearts a deep sense of appreciation and sincere reverence.

No wonder the Psalmist again wrote (Psalms 139:14) "I will praise Thee for I am fearfully and wonderfully made."

Let us be careful then to give unto God the praise and honour that is due unto His name.

We can allow God to speak to us, through the things which He has given to us for our pleasure and enjoyment.

We are told that in Japan, man seeks for God in the Shinto temple; in Burma, he worships at a Confucian shrine; in India, he bows in reverence at a Hindu altar; in Arabia, he prays with his face toward Mecca; in Africa, he follows the witchman's magic. They all have a seeking heart.

What do we do in Canada? Quite often, we simply sit back, take everything for granted and simply enjoy all these good things, without ever acknowledging God and His wisdom and power.

May the words of this little verse (taken from a booklet 'Our Daily Bread') be our constant prayer:

O Lord we can see all around us each day

The wisdom the creatures of nature display;
O help us to learn from your marvelous world,
The wonders and beauties your hands have unfurled.

Washington

Your Mid-Island
Resort Hotel
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338-5441

A SHORT STAY OR A LONG ONE...
A Great Place To Stop - Our Staff Will Welcome You
& Treat You Right

THE MEXICANA PUB
GOOD TIMES DANCE TO D.J.
CHECK OUT OUR "SPECIALS"

ANY NIGHT OF THE WEEK
JAM SESSION
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2 p.m. - 6 p.m. PRIZES
Come & join WITH GORD KRUGER & WESTWIND

MARGARITA'S
LOUNGE

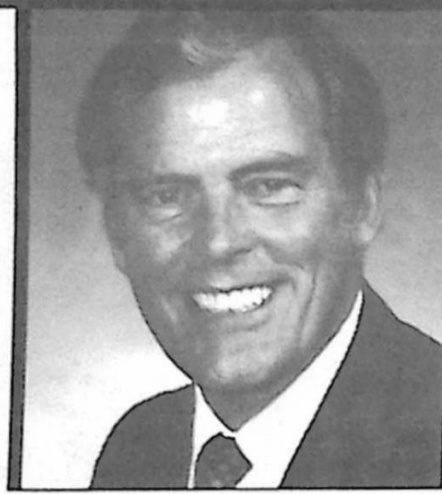
Monday - Sunday
5 p.m. - Midnight

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OPEN - 7 DAYS 6:30 a.m. - 10 p.m.

BUFFET LUNCHES
A REAL VALUE FOR YOUR DOLLAR
11:30 a.m. to 2 p.m.

KIDS ONLY \$3.95 \$6.95

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5 p.m. to 9 p.m.
Our Chef goes all out with Two Hot Main Dishes, a hot vegetable, ever changing potato/rice dishes, meat, cheese and pickle platter, buns & fixings, 5 salads, dessert plus coffee, tea or soft drink.
KIDS ONLY \$4.95 \$9.95



Hon. William Vander Zalm, Premier.

"A New Vision for British Columbia"

Highlights of the Premier's Commitment to British Columbians

"In the months ahead, as restructuring starts to work, there's going to be a new government presence in every corner of our province. Not to duplicate, not to dominate, not to dictate, but to work with local leaders to better serve our people and our regions."

"No initiative is more important to retaining and improving our quality of life in British Columbia than the re-structuring of government...and the re-definition of its role. Only then can we begin to sharpen the focus on our future...and to shape the kind of British Columbia we want for ourselves and our families."

"To be effective...to get the job done...our communities and regions need more than increased freedom and autonomy...they need tools and resources."

"There will be increased regional and community involvement in identifying problems...in developing solutions...and in making decisions."

"Government will become a catalyst that sparks creativity, drive and energy...and opens up economic opportunities for people in all corners of the province."

"This new drive to take government to the people...will not be confined to only economic issues...important though they are. We intend to apply the same principles to health care, education, social services, agriculture, environment, the justice system, highways and consumer services."

"People should not have to come to government...government has to go to the people."

In a speech to the Annual Meeting of the Union of B.C. Municipalities on September 24th, Premier Vander Zalm outlined his new vision for British Columbia. A vision that recognizes the special value of groups and individuals in all regions of the province...their energy and ideas, their hopes and aspirations for the future.

Utilizing this rich human resource calls for a greater regional involvement in decision-making...less centralized control, with more freedom and authority at the local level. This is a cornerstone of the Premier's vision.

In the months ahead, British Columbians will begin to play a larger role in setting priorities within their own regions. They'll be aided by a plan of action that will help turn vision into positive reality...a reality that will mean increased economic activity and new opportunities for participation throughout British Columbia.

The plan for regional participation

- We will establish eight development regions in British Columbia, each consisting of a grouping of regional districts. This will bring greater decision-making authority to the regional level without setting up another level of government.
- We will appoint from Cabinet a Minister of State, with Parliamentary Secretary support, for each of these development regions, with full responsibility to co-ordinate development initiatives and provincial services in their areas. They will work with local government and private sector bodies.
- We will re-deploy government resources freed up under our re-structuring program into these regions so that personnel can work directly with the private sector in new participation initiatives.
- We will allocate a sum of \$1 million to each of these eight regions to assist in start-up and ongoing operational development activities.
- We will develop and implement specific, targeted incentives tailored to the unique requirements of the individual regions.

The Provincial Government has already taken steps to put this new approach into effect...and there will be close consultation with local groups on ways to gain maximum benefit from regional development. For additional information, you are invited to obtain a copy of Premier Vander Zalm's recent speech. It's available from the office of any Government Agent in British Columbia...or by writing:

Premier's Office,
Parliament Buildings,
Victoria, B.C. V8V 1X4

British Columbians Sharing the Future.

Next Deadline - October 19

LIFESTYLE



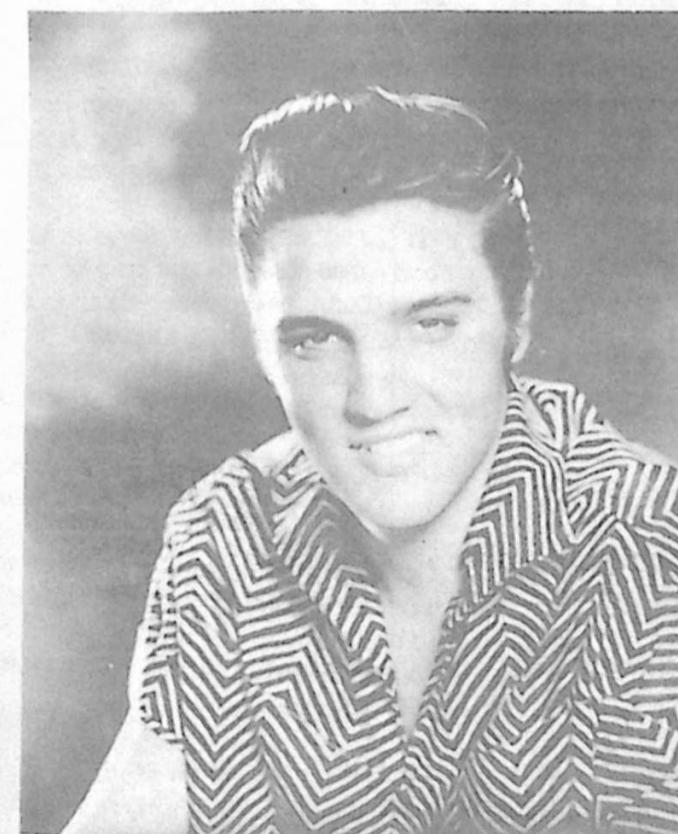
music reviews and syndicated columnist

ELVIS — ONE DECADE & SIX WEEKS LATER

By late July and throughout the first two or three weeks of August, every publication you picked up had an article on Elvis Presley. They chronicled his life, his contribution to the music scene, his impact on society. They dissected every possible thing he had done and they spoke to virtually everyone he ever spoke to. There were articles on the pilot and stewardess of the plane he travelled on, chauffeurs, cooks, maids, secretaries. No one was exempt from a camera or tape recorder in order to get the complete story on Elvis Presley.

Rather than seeing my column on The King being lost in the shuffle of national publications and network docu-dramas, I purposely held off writing about the man who changed the face of music. Incidentally, this column is not about his contribution to society and no, I have not interviewed his secretary or anyone else connected with him. Matter of fact, the only person I ever spoke to who worked closely with Elvis was Dave Rowlands from The Four Guys. Dave told me that Elvis had nicknamed him lumberjack and used to work out with him (karate) and Dave, who rose to prominence as part of the Dave & Sugar trio said that Presley was an extremely accomplished karate student and spoke only words of praise when he referred to Elvis. He did say however, that Presley was good, that Dave was somewhat nervous and Elvis used to tell him "Don't worry if I break anything, I'll buy you a new one."

RCA Records released four albums/cassettes as part of their commemorative series: "The Number One Hits (6382-4-R)" which includes 18 No. 1 hits that range from 1956's "Heartbreak Hotel" and stretches through to '69's "Suspicious Minds;" "Top Ten Hits" (6383-4-R) holds 35 hits that Presley took to the top ten. It also includes all of the songs that are in his "Number One Hits;" "The Complete Sun Sessions" (6414-4-R) includes 16 master takes, 8 outtakes and 9 alternate takes along with such gems as "Blue Mood of Kentucky," "I Don't Care If The Sun Don't Shine" and "Blue Moon;" and "1969 Year In Review" (6221-1-R) which covers everything from "In The Ghetto" and "Kentucky Rain" through "Stranger In My Own Home Town" and "Don't Cry Daddy." All are collector's items and all are certainly worth the price. Excellent music. Good graphics and information.



ELVIS PRESLEY

Intersection softball

Fastball Champs



BASE OPERATIONS

Back Row - L to R: Doug Godden, Hugh Shaver, Joe Pacowski, Russ Parker, Mike Maillet.
Front Row - L to R: Kevin Young, Dennis Lewis, Paul Fleury, Geoff Wheaden, Guy Pepin. Kneeling: Pete Foley (Capt), and Jan VanGelder (League Pres.). Missing: Barry Norris, Ted Norrie, Mel Swan, Ralph Lupee.

Slo-Pitch Champs



LANGUAGE TRAINING SCHOOL

Back Row - L to R: Philippe Pautel, Caroline Girard, Jean-Pierre Cote, France Guertin, Chantale Belley, Marc Beaumier, Alain Pare, Pierrette Roy.
Front Row - L to R: Pierre Desbiens, Ghislain Sirors, Noel Lachance, WO Gray (League Vice-President), Serge Lacasse, Andre Rioux, Michel Archambault, Marc Delisle.

1987 INTER-SECTION SOFTBALL CHAMPS

The 1987 Inter-section Softball season is at a close and the time has come to congratulate the first place winners for their triumph. Ranking on top in the Fastball League were the very experienced players from BOPs. They classed alongside our other great Canadian team from Toronto; however, after all was said and done, BOPs were different in that they won in the

crunch! The French Connection from the Language Training Centre took all comers to win the Slow-Pitch Trophy, hands down.

Congratulations are also passed on to all players and a special thanks is extended to the coaches and umpires for their support during the season.

Have a good off season and keep practicing for next year.



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498 ISLAND HWY., 334-4401
Excellent Dining • Steak & Cordon Bleu
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HEALTH AND WELL BEING

info
health

Dr. Bob Young



MOULDS AND DISEASE

A fungus (plural-fungi) is a yeast or a mould. Most yeasts reproduce by budding, producing babies like bulblets on a gladiolus corm, which separate off. Moulds grow in a chain-like fashion, with the new cells remaining attached. Both can cause disease.

The fungi interact with humans in several ways. They can cause spoilage of food crops, leading to hunger or starvation; spores of many moulds cause allergic reactions such as hayfever; some fungi produce toxins that poison people - certain mushrooms, for example, and moulds found in contaminated grain.

Other form useful drugs, with penicillin being most notable.

Finally, fungi may infect people. Fungal infections are called mycoses, and the rest of this article will discuss these.

Infections have been divided into three types, superficial, subcutaneous (under the skin), and systemic or deep (liver, lung or brain). There are other classifications, and sometimes skin fungi go deep.

Superficial infections include ringworm, athlete's foot, and fungus infections of finger and toenails. Tom complicate mat-

ters, different fungi tend to infect different parts of the body. Scalp ringworm is caused by a different fungus than body ringworm or foot infections. Vaginal and oral thrush are yeast infections that are very common.

Subcutaneous mycoses are rare, seen mainly in tropical climates, and cause diseases such as Basidiobolomycosis and Rhinocentomorphomycosis. Enough said!

Deep mycoses are uncommon but often serious. Some fungi invade normal healthy hosts (people) while others attack mainly those individuals whose resistance is reduced due to cancer, chemotherapy, or AIDS. In some geographical locations many people are infected with "milder" fungi and remain healthy, showing only a positive skin test.

The mycoses are fascinating diseases, kaleidoscopic in their manifestations. Modern treatment is generally effective but some fungal infections remain frustratingly challenging.

Info/Health is brought to you by the British Columbia Medical Association and the Totem Times.

Treating
Human
Bites

"Mommy, Billy bit me!"

People who keep track of such things estimate that human bites occur more times than 60 times per year, per 100,000 population. This, to me, seems too low. Emergency department statistics suggest that people bit each other more often in the summer, and on weekends.

Most bites occur during fights, between adults as well as children. Some occur when people take exception to their dentist's poking around, and a few over-amorous love bites, as when ear-nibbling gets serious.

Human bites are often not reported, and, in most cases are not seen by doctors unless they become infected, sometimes seriously so. These bites are dangerous, more so than those of animals, as infection is more common.

Frequently the hand is involved, with tendons, muscles, and bones, close to the surface, being prime candidates for infection. Some of the germs involved can be particularly stubborn and resistant to antibiotics. Twenty-five percent to 50 percent of bite wounds develop complications.

Infection in a knuckle joint or finger bone may do permanent damage and impair the function of the hand.

Examination of the bite includes taking samples to identify the germ involved, and x-rays to check for bone damage.

Treatment begins with thorough washing and cutting away loose tags of skin and other tissue. Human bite wounds are not sewn together (except in the face) as they may promote or worsen infection. Scars can be fixed later.

A tetanus shot is usually required. In some cases the hand (where most bites occur) is placed in a plaster cast to keep it still. Significantly infected bites should be treated in hospital, others should be checked by a doctor every day or two until the danger is past. Complications may require antibiotics for weeks or even months, and surgery is not infrequently required.

Billy should be chastised, scolded or otherwise disciplined; his tooth-marked playmate should be taken to the doctor.

ASK YOUR
PHARMACIST

by Bill McConnachie, B.Sc. Phm.,
Community Pharmacist, Vancouver
Shoppers Drug Mart

THE MOST ABUSED DRUG IS NO PILL

In Canada, 83 percent of all teenagers use alcohol. Five percent have five or more drinks at a time, four or more times a month. These frightening statistics provide chilling proof of why alcohol is the most abused drug in this country today.

Heavy alcohol use can take a great toll on the body. If a large enough quantity is consumed in a short period of time, the brain's ability to control breathing and heart rate may be harmed - and even death may occur.

Long term effects of heavy drinking include severe damage to the liver, heart and pancreas; and an increased risk of cancer of the mouth, larynx, esophagus and liver. On the average, the life span of a heavy drinker is shortened 10 to 12 years.

Increasing among teenage drinkers is the use of other drugs in combination. When marijuana is used with alcohol, the dangers are greatly increased. Qualudes and barbiturates increase the depressant effects of alcohol, leading to stupor, possible coma and even respiratory and heart failure.

We all know drinking and driving can be fatal. Nationwide, drivers between the ages of 16 and 19 account for 23 percent of all traffic fatalities and 18 percent of traffic injuries related to drinking and driving. Yet, this group makes up only 15 percent of drinking drivers.

With the average beginning age of alcohol use at about 13, and the average age of teenage drinking on a regular basis at 16, parents must reach their children early. Young people should be strongly encouraged not to drink because of the dangers associated with this drug. As children enter the age where there will be pressure to drink, you should be firm with them about alcohol use.

Your provincial or local alcohol or drug abuse authority will be able to tell you where to find help in your area should you require it. Don't forget your neighbourhood pharmacist, either. He or she can provide valuable insight into the causes and treatment of alcohol and drug abuse.

Ask Your Pharmacist is brought to you by Shoppers Drug Mart and the Totem Times.

WOs & Sgts Mess

Wednesday Mornings at 1000 hrs. "FREE" Coffee & sticky buns in the Mess Lounge.

OCTOBER 1987

OCTOBER 16
MIXED GAMES NIGHT
Food - 1800 hours
D.J.

Prizes - No skill required
Anyone can win
Games start at 1900 hrs

SNOOKER TOURNAMENT
Watch for announcements as to dates

OCTOBER 30
HALLOWEEN DANCE
Food - D.J.
Costume Prizes
Time: 2000 Dance: 2100

Wives Club meetings every 2nd Monday of the month.
Wives Club Executive Meetings last Sunday of the month.
Don't forget to sign up for the Sunday afternoon Mixed Dart League in the Mess. Start date is Oct 4 - 1330 hrs.



HOME & FAMILY

Community
News

HOW TO AVOID DOG BITES.

There are some misconceptions about dog bites that need to be cleared up. There is always a reason why a dog bites someone, because dogs don't usually bite at random. Unfortunately, the reason may be apparent to the dog only. So the best protection against dog bites is to learn how a dog thinks, learn when bites are likely to happen in those situations.

When do dogs bite?

Dogs may bite when they feel threatened. A dog can feel threatened if it is surprised by someone coming into its yard or house, or it doesn't recognize the person approaching. Dogs depend on smell to identify acquaintances, so even if you've met the dog before, approach it slowly and let it respond with a wag before you come into its territory.

Dogs sometimes bite out of possessiveness or jealousy. A dog's possessions may be food, bones, balls, sticks and frisbees. Never snatch anything from a dog's mouth. It's just as rude to do that as it would be for someone to snatch a sandwich from your hands.

Dogs may bite when excited. Some dogs are more excitable than others, but teasing, hollering and roughhousing with a reluctant dog are all possible ways to get yourself bitten.

Sometimes dogs bite when their chase response is triggered. Many dogs will chase whatever is moving, a stick, car, jogger, or other animal. Trying to stop it, they will grasp it with their teeth, and that's when a bite happens.

Many dog owners are bitten trying to break up a dog fight. When in combat, dogs go for each other's neck, and the owner who tries to restrain his dog by reaching for a collar is right in the line of fire.

Body Language

A dog's behaviour will usually warn you when it's preparing to bite. Look for barking and growling, or snarling with teeth bared. See if the ears are laid back. Check the body: if the dog is stiff-

legged and has its tail straight up in the air, beware. The dog is fearful and may bite if you persist in what you are doing. **Don't be afraid**

Children should be taught to respect dogs, not to be afraid or daring. They should learn how to behave around a dog the same way they're taught to stop, look and listen before crossing the street.

If you own a dog, never encourage aggressive behaviour,

if you feel your dog is too aggressive towards you or others, sign the dog up for an obedience class at a reputable school.

No matter what your dog's temperament, it should be up-to-date on its rabies vaccination at all times. By-laws require it, and it will help protect your dog, your neighbours, and your peace of mind.

B. Theriault
Animal Control Officer

BLANKET CLASSIFIED ADVERTISING

These Ads appear in the more than 70 Newspapers of the B.C. and Yukon Community. Newspapers Association and reach more than 900,000 homes and a potential two million readers.

\$129. for 25 words (\$3. per each additional word) Call The TOTEM TIMES at 339-2541 to place one.

AUTOMOTIVE

Buy/Lease any gas, diesel car or truck, new or used. Direct from volume factory dealer. Call for pre-approved credit. Call collect 464-0271. D5231.

Lease/Buy any Ford truck. Select from 6 acre stock. Nothing down O.A.C. Call Tom Lee or Jim Miller collect 294-4411. DL8105.

New Ford crewcab diesel 4x4 or any truck, lease/buy, low rates. Nothing down O.A.C. Call Frankie or Ray collect 294-4411. DL8105.

Want a Vehicle? Credit a problem? For fast approval call: 1-800-663-6933. F.A.N.T. All makes and models DB196.

White Vandura Van WFB-470 stolen. Gardening Equipment inside. If you see my Vandura Van abandoned, please call local police and advise #8717092.

Space Age Technology. The Revolutionary New Heat Machine, requires Distributors and Dealers all over B.C. The Heat Machine is 6' square, gives out 5200 BTU's - 110 Elec. outlet. Never a fire hazard. Will heat up to 500 sq.ft. of area. 1000's of uses. Five year guarantee. Business is booming. Total investment covered by product. No other fees whatsoever. Invest from \$900. to \$30,000. or more depending on amount of Heat Machines. Part-time or Full. Don't hesitate, winter is coming. Call Now. (604)682-7050 or Write: E.D.N.L., 1400 - 1500 W. Georgia, Vancouver, B.C. V6G 2Z6. Can only be bought through Distribution Network. P.S. if you only sell 40 a week part-time in seven months your profit equals \$66,000. Can you imagine full time?

Service station for sale or lease on busy Hwy 24. Phone (604)593-4570.

Free-How to make \$1000's extra, quickly, easily. Your free booklet and money in your pocket: Future Card #212, 1755 Springfield Road, Kelowna B.C. V1Y 5V5. Add \$3. for handling and mailing.

Reduce Your Taxes. Seminars on how to do business in the U.S.: How to have an offshore corporation; marketing plans for new products; full confidential service! U.S. Seminars Ltd. (604)684-8396.

BUSINESS OPPORTUNITIES

Opportunity - many are new, few are golden. Franchised areas available for - Ceram Deck Systems: a tough, durable, epoxy flooring system for industrial, institutional and commercial applications. Sierra Stone: a decorative stone and epoxy coating system for driveways, sidewalks, pool decks, patios. Commercial - Residential (interior-exterior). Dealership includes: comprehensive training program, limited competition and requires \$20,000 - \$30,000 investment. (Terms available). Contact: Manager - Garwin Industries Inc., 8914 Holt Road, Surrey, B.C. V3V 4H2. (604)596-2122.

National Distributor is looking for a dealer in your area to market non-chemical water treatment equipment. Serious enquiries only. M-4 Marketing Corp., Bldg. B, Bay 2, 2310-50 Ave., Red Deer, Alta. T4R 1C5.

Owners Retiring - 5-day week Breakfast & Lunch Danish restaurant in financial core of Vancouver. Class B liquor license. Jim Lynch or Eric Rhodes, Lakeview Realty, 535-0888.

EDUCATIONAL
Diploma correspondence. Free calendar. High School upgrading, accounting, management, administration, secretarial, computers. Established 1964. National College, 444 Robson, Vancouver, 688-4913 toll free 1-800-387-1281, 24 hours.

Okanagan School of Auctioneering. Next class starts November 12. Evenings and private lessons available. For information: Box 377, Westbank, B.C. V0N 2A0. Phone (604)768-2791.

Earn Extra Income! Income Tax or Bookkeeping Courses by Correspondence. Free brochure no obligation. U & R Tax Services, 205-1345 Pembina Hwy., Winnipeg, Man. R3T 2B6. Franchise available.

EQUIPMENT AND MACHINERY
Full-time Power Industrial 2 volt cells available. High Power. Hurry! Will sell out before winter. Commercial Battery Ltd. 294 East 1st Ave., Vancouver, V5T 1A6. 879-9204.

Wanted - wheel Loader, Excavator, Dump Truck, exchange for exc. clear title lot at Sunshine Valley (#3 Highway near Manning Park). Don (604)873-3377.

FOR SALE, MISC.

Lighting Fixtures. Western Canada's largest display. Wholesale and retail. Free Catalogues available. Norburn Lighting Centre, 4600 East Hastings Street, Burnaby, B.C. V5C 2K5. Phone 1-299-0666.

Phaseconverters, up to 100 H.P. on SP Line, P.T.O. Generators and sets. Electric Motors, Transformers, Fans, Reduction Gears, Lighting Fixtures. Friesen Electric, Abbotsford, 859-7101; 1-800-663-6976.

Free Up Postage Meter Leasing Dollars! New Post-A-Fix Licks and Stamps 60 per Minute, order B-4 Oct. 17 and save \$10. off Regular Price of \$135.95. Return in 10 days for Full Refund. Visa, Cheque or Money Order, allow two to seven days prepaid shipping. Call Collect (604) 732-1375.

Ceramics. Must sell 325 molds. Duncans, Arnels, Atlanta and others. Many like new. \$250. takes all. O.B.O. Call Summerland 494-9777 evenings for details.

Quartz clock movements, pendulums, Westminster chimes, metal/plastic dials, bezels, numerals, musical movements, LCD's, barometers, pens, Envirotex. Discount prices! Free catalogue. Marco Sales, 5580 Cambie, Vancouver, B.C. V5Z 3A2. (604)261-4245.

GARDENING
Greenhouse & Hydroponic equipment, supplies. Everything you need. Best quality, super low prices. Greenhouse Farms, 1244 Seymour St., Vancouver, B.C. V6B 3N9. 1-604-682-6636.

HELP WANTED
British Columbia & Yukon Community Newspaper Association is seeking a dynamic director for its provincial office in Vancouver. Candidates must have some knowledge of the community newspaper field, a strong public relations background, proven sales experience and administrative skills. Annual salary - \$45,000. Resume should be sent prior to Oct. 23, 1987 to BCYCNRA, Driftwood Publishing, Box 250, Ganges, B.C. V0S 1E0.

Tireman required must be experienced in all aspects of tire repair. Excellent opportunity for advancement to management position. Apply Box 39, Port McNellie, B.C. V0N 2R0. Attn: Blair.

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TODAY'S
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Jobs! Jobs! Jobs! When you complete the apartment/commercial course approved by Ministry of Labour. You can expect between \$1,000 - \$2,000 per month. Free placement assistance from Monday Personnel. Available by correspondence or in class. For details call 681-5456 or write R.M.T.I., 901-700 W. Pender, Vancouver, B.C. V6C 1G8.

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AROUND THE BASE

RETIRIN'



BTSO Branch Retirements: Mr. Rispin of BAMS0 Carpenter shop after 10 years, MCpl Brown of BAMS0 Refinishing shop after 28 years, LCol Mack, Sgt O'Connor of Base Telecom after 36 years, and Sgt McArthur of Transport Refuelling section after 29 years. (Base Photo).

New MAG CWO

Chief Warrant Officer Nodwell joined the RCN in 1957 as an Air Ordnance Technician. Between 1958-1970 he served at CFB Shearwater and HMCS Bonaventure. During this tenure he served on F2H3 Banshee and CS2F Tracker Squadrons plus assorted armament support functions. In 1970 he was promoted to sergeant and served with VU-32 Utility Squadron as a T-33 Tow Target operator in support of ship and shore gun firing practices.

In 1972 he was posted to CFB Bagotville where he was employed in numerous armament roles in support of the CF101 Voodoo Aircraft. He was promoted to Warrant Officer in 1976.

From 1977-79 he served once again at CFB Shearwater. He was promoted to MWO in 1979 and was subsequently posted to 409 AW (F) Squadron in Comox, B.C. as the 409 SAR-MO. He remained with 409 Squadron until the phase-out of the CF101 at Comox in



CWO J.N. NODWELL

1984.

CWO Nodwell was promoted to his present rank in 1984 and was posted to NDHQ Ottawa as an explosives safety inspector. This tour was served with land element personnel.

In July 1987 CWO Nodwell was posted to Maritime Air Group Headquarters, Halifax, in the capacity of the Group CWO. He presently resides in Dartmouth, N.S. with his wife Audrey and son Paul.

10 KM PARTICIPATION WALK/RUN
Friday, October 9, 1300 hrs.

START/FINISH: Base Fire Hall
ROUTE: Within Base confines
AWARDS: All participants will receive ribbons. Those running will be competing for medals in the following divisions: Male and Female-29 and under, 30-39, 40 and over.
REGISTRATION: Notify Fire Hall, local 8250, prior to 2 Oct 87. Please specify if walking or running.
Refreshments will be available during and after the Walk/Run.



SPECIAL THANKS

TO ALL THE STAFF OF 442 SQN. (SERVICE DEPT. 3 CREW) FOR ALL THEIR SUPPORT DURING OUR FILMING OF THE 442 REUNION

ALSO SPECIAL THANKS TO:

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Copies of the 442 Reunion are on sale at the PRE-ORDER PRICE OF **\$49.95**

After Production on Oct. 31st, tapes will be \$59.95

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Wilderness Area established

VICTORIA - The Height-of-the-Rockies area, encompassing 68,000 hectares in southeastern British Columbia, will be the first in the province to be established as a wilderness area within a provincial forest Minister Dave Parker announced recently.

"We have now reached an agreement on preserving a first class wilderness area and maintaining employment dependent on timber harvesting," said Parker.

"This resolves an issue in the area which has been ongoing for more than a decade," said Parker, "and it will serve as an outstanding example for resolving other issues in the province."

The area includes scenic, wildlife and backcountry recreation values second to none in B.C.'s Rockies, he said.

"It is also culturally and historically important to the Native people in the region," he added.

While commercial timber harvesting will not be permitted in the area, traditional uses such as hunting and fishing will be allowed to continue.

Mineral, petroleum or natural gas exploration will be closely regulated to ensure

wilderness values are protected.

The area is within a provincial forest located in the Rocky Mountains in the east Kootenay region, immediately adjacent to Alberta northwest from Connor Lakes to the Albert River.

In April of this year, a consensus was reached on 95 percent of the wilderness proposal.

A critical area in the Middle Fork of the White River was deferred for further study by Radium Forest Products, Crestbrook Forest Industries, the Palliser Wilderness Society and the B.C. Forest Service.

"These parties have now reached a consensus on the boundary and the Ministry has endorsed their recommendations," said Parker.

The agreement on the Height-of-the-Rockies wilderness area closely follows the passage of an amendment to the Forest Act which formally permits wilderness areas to be designated within provincial forests.

"Previously, the Ministry of Forests and Lands did not have a formal mechanism to specifically manage wilderness areas," said Parker. "Wilderness could only be preserved under the Park Act."

"This represents a major

shift in direction and, although I expect the wilderness management program to have some normal growing pains, it represents a very positive step toward more comprehensive land use management in British Columbia," he added.

LIFESTYLE

The United Way From a pet owner

The CFB Comox United Way Campaign is now well underway. To date we have passed the half way mark, raising over \$12,500. This is an excellent start but we must keep the momentum going in order to reach our goal of \$24,000.

All of the monies contributed by base members remain in our own community to help support 17 local agencies. (listed below). This year over 10,000 residents will benefit in some form by contributions made to the United Way.

The base campaign accounts for a significant portion of the overall Comox District Campaign. Our traditional success of reaching our goal has always set an example for the rest of the Valley to follow.

When approached by a section canvasser remember your contribution, no matter how small, will go to benefit someone less fortunate than yourself.

Any question can be directed to the undersigned or the deputy coordinator Lt Christa Robertson, local 8291.

Give the United Way.

Cap R.E. Coulter,
Base United Way Coordinator
Local 8573

TO Whom It may concern:

This letter is being forwarded to you because there are several concerns over the new animal regulations. We feel you haven't sufficiently examined all aspects of the situation.

The best interests of all concerned are not being considered. The following is a brief outline of what we feel are biased points of the rules.

People in row housing are at a disadvantage because they do not have definite boundaries to mark their properties. If the backyard is community property, are our animals allowed on it (under owner's supervision) like the children are? If not, why are fences so hard to obtain permission for?

Many people we have talked to want to know why the licence fee was doubled when the PMQ Association took control of the regulations.

Furthermore, if a neighbour accuses an animal of "Defecation or destruction of property," is their word binding or is some concrete proof needed? After all, to "allegedly" do this, means a neighbour can cause a person to be fined without proving their animal had done damage.

The regulations state only where the animals may not go, not where they are allowed to be. This implies a negative attitude towards the animal community as a whole. The council should be projecting an

unbiased image so the everyone can enjoy community living.

These rules were not present in the posting packages given out. Since the rules are so specific, they should have been made clear from the beginning.

Please consider these issues carefully, as they are causing much concern amongst animal owners.

Signed, irritated animal owners.



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SECTION NEWS

RETIREMENT



The following retiring Sr NCMs and their wives were special guests at a recent Retirement Mess Dinner at the WOs and Sgts Mess:

L to R -
Sgt & Mrs. Ron Lepage
WO & Mrs. Chris Locke
WO & Mrs. Ken Christensen
Sgt & Mrs. Pedro Parent
LCol J. Jackaman, BADO
Sgt & Mrs. Ted Stenson, BAMSO
Sgt & Mrs. Al Sinclair, 407 Sqn
CWO & Mrs. Earle Martin, 407 Sqn
MWO & Mrs. Ron Weber, BFOODS

AROUND THE BASE

...more Demon Doins

CONTINUED FROM PAGE 9

Crew 5 Vikings still seem to be having trouble with their flight safety program. Capt Glen Whittall, recently back from a flight safety course in Cornwall, Ont, was subjected again to a Capt Hank needsto learnhowtolandski touchdown. Glen was so moved, he's having his hernia operated on.

Congratulations are extended to Lt Ken P.Y.T. Westerveld who found time between making marriage arrangements to complete his NAVCOM checkride.

Capt Jim Forbes and Warren Wightman of Crew 4 Sledgehammers are well into their Travel Thailand on 5¢ a day excursion. Nothing has been heard from them yet which is probably to their advantage.

On Crew 4's homefront, the Double Bula Ranch has been sold to socialist sympathisers. The old occupants are readily accepting cash donations to help offset the massive trauma resulting from being evicted. Any house available with postcard scenery and cheap rent will be readily accepted.

Capt Dave Bolton, Crew 2, has just come back from the Acoustic Data Analysis Centre (ADAC) in Halifax where he got the highest mark on course in the history of the universe. Good show, Dave.

Capt Steve Amo, Crew 3, also on ADAC, did well, but not that well. Steve, homesick for his Bitchin' Jeep, spend his first night home sleeping in it.

In an attempt to keep pace with the fashion leader Capt Jay Campbell, MCpl J.J. Mercer (temporarily with Crew 2 in exchange for a roll of tape) has adopted the very sporting stealth-moustache.

Next issue will discuss Capt Bill Bowers' moose hunting trip in Alberta as well as a review of Lt Pete Lipohar's physical condition after spending a month on HMCS Huron.

Nuff said.

COUNTERATTACK



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SAFER ROAD

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CONTACT:

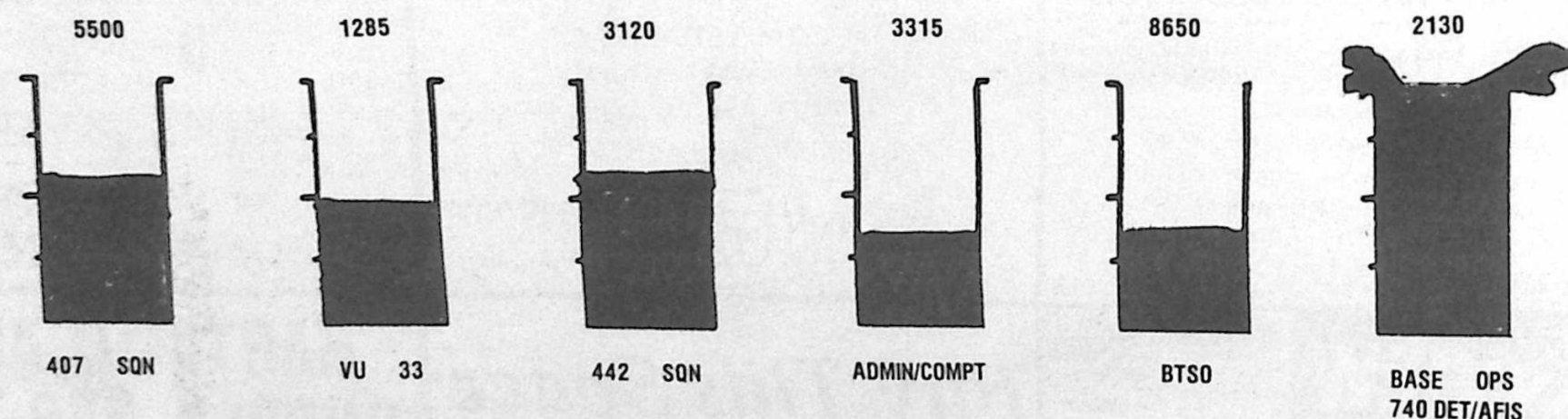
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Commanding Officer
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OUR GOAL \$24,000

1987



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Canadian Diabetes Association
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Canadian National Institute for the Blind
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Comox Valley Crossroad Crisis Centre
Comox Valley Association for
Mentally Handicapped People
Comox Valley Ground Search & Rescue

Comox Valley Recovery Centre
Comox Valley Stroke Club
Victoria & Vancouver Island Multiple
Sclerosis Society (Courtenay Branch)
North Island Alcohol & Drug Education
and Information Society
Pacific Riding for the Disabled
Western Institute for the Deaf
You are not Alone
Rescue 71

LET'S MAKE IT HAPPEN AGAIN

Classified

RATES

Effective October 1, 1987 ALL insertions will be \$3.50 per column inch.

FOR SALE - '65 Chevy Malibu SS, 283V8, Hi-rise Holley carb, cam, headers, 4-spd std competition shifter, mags, bucket seats, new paint job. \$2300.00 o.b.o. Also '67 Chevy Malibu 4-D, 6 cyl std \$250.00 o.b.o. Ph.338-5368

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Pictorially



BComd Col Gibbon signs the first contract at CFB Comox for dependent dental plan coverage. Checking to see if the Is are dotted and Ts crossed is MWO George Murley. (Base Photo).



Cpl Diana Koning, a Safety Systems Tech, now based at CFB Baden in Germany, received a \$200 award for a suggestion she submitted while at this base. She suggested that readily available and disposable sonobuoy shipping containers be used to store oxygen cylinders in safety systems shops.



Col Gibbon presenting Mr. Ed Moroz, Base Meteorologist, with a plaque in recognition of 25 years in the Public Service of Canada. (Base Photo).

Westwind

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1985	CHEV PICKUP	¾ TON 4x4
1985	CHEV PICKUP	½ TON
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