

19 Wing CFB Comox

THURSDAY 29 JULY 1999

Comox Valley's Longest Running Newspaper

VOL. 41 NO. 12

#### Inside this issue: Air show successful again



more photos pages 8&9

# Cadets to the rescue

page 3

# Bravo Wing!

Yet another memorable and successful Air Show will be remembered in the history books of 19 Wing and my congratulations go out to all the hardworking personnel who made this great weekend event a wonderful experience. The outstanding accomplishment of delivering an Air Show of such magnitude has won praise from the many participants, performers and spectators who visited us.

The men and women instrumental in all areas of the Air Show should be commended for their professional and hospitable conduct. Your effortless ability to ensure that this Air Show was an unqualified success has reflected most positively on 19 Wing and Canada's Air Force. Bravo!

LCol. Neumann



This air show's fun! Eh, Daddy? My birthday's next week and I was wondering...



The 'Powers That Be' served up a great BBQ to all who participated and made the 1999 International Air Show a fantastic success.

#### Countrystyle Living



Randy Willis 339-0809



Character home on large treed and private lot backing onto the Comox Golf Course! Three bedrooms, sauna, #121-750 Comox Rd., Courtenay, B.C. V9N 3P6 jacuzzi, sundecks, music studio, and den.

\$235,900



### REALTY WORLD.

Coast Country Realty Bus: (250) 334-3124 Fax: (250) 334-1901 WWW.realtyworldcv.bc.ca coastrw@mars.ark.com

#### Something Special!





**Bob Koester** 337-0505

Features include open plan designed, country style kitchen, sunken living room and family room, a sweeping sundeck to enjoy the beautiful backyard.

\$183,500

Another posting season ap-

proaches and it's natural to think

about the future. There are new

jobs, homes and schools to antici-

pate. Taking a longer view, you're

another season closer to retire-

ment, and the opportunity to live

If you're anything like me -

planning for retirement not so

much based on the old 20/40 plan,

but rather, crossing your fingers

and betting on the 6/49 plan - you

may not yet have taken control of

than you think. Believe it or not,

when it comes to retirement plan-

ning, you have some definite ad-

vantages as a serving or former

member of the CF. The following

are four advantages to help- you

seize the initiative and secure your

Start with your

military pension

Your first great advantage over

most Canadians is the Canadian

Forces Superannuation Act - your

military pension that starts paying

you the minute you retire after 20

years service. This gives you a

great head start, but on its own is

not likely to allow you to sail the

Caribbean, or follow the golf sea-

son around the world. Like most

of us, you'll probably want addi-

Exploit the last

great tax shelter

Your second great advantage is

one all Canadians share - tax laws

that provide significant benefits if

you set up a Retirement Savings

tional retirement income.

Plan or RSP.

However, the task may be easier

your financial fate.

financial future.

the life you've been waiting for.

# As The Beacon Turns

By Capt Bruce Mornan

Greetings, once again, from the ATC community. It has been a busy few weeks around here with several awards, promotions, departures and arrivals making the news. This week is no exception.

The time has come to bid our illustrious leader a fond farewell. Maj Howard Thibault will be leaving us early this August to begin his tour as a member of the Directing Staff at the School of Aerospace Studies in Winnipeg. Maj Thibault came to us in July of 1996 from Washington, D.C. to assume the duties of WATCO and has enjoyed that position ever since.

Maj Thibault was mugged out of the Mess during the TGIF prior to the airshow by Col Mike Hache but his final send off occurred while enroute to a luncheon in his honour. Howard was apprehended by his loyal staff in the Officers' Mess parking lot and "attached" to a chair in the back of the tower truck. He was then paraded through the birdbath to receive his "farewell shower." This was not to say that he was lacking in personal hygiene, we just wanted to ensure that his departure was a memorable one... honest! Fresh as a daisy, Howard was then led to the Griffin Pub to continue with the luncheon and receive his (less fluid) parting gifts.

All of us at 19 Wing ATC would

Capt J.J.C. Ouellette was pre-

sented with the Service Person of

the Quarter award in recognition

of his exceptional and unwavering

performance as Wing Personnel

His strong leadership, guidance

and encouragement to his staff

ensured the timely implementation

of the IRPP process, the new PER

system and the numerous changes

to fiscal management programs. When presented with administra-

tive challenges, his diplomacy and

tact often smoothed the waters, al-

lowing quick resolution of situa-

tions and ensured maximum ben-

efits accrued to Wing Personnel.

Countless hours were spent in

consultation with BHs/COs pro-

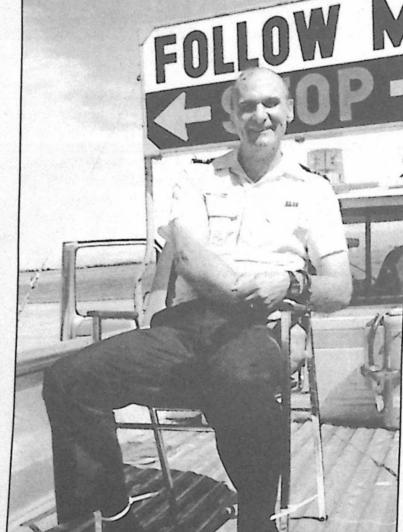
viding advice on administrative

and disciplinary matters and he

personally reviewed all Officers'

PERs for accuracy and compliance

Administration Officer.



On & Off the Base

Maj Thibault smiles in anticipation of Mr. Birdbath's Wild Ride!



....or maybe it should be called Wet and Wild!

#### Kosovo By MCpl Eric Niclaes

Carlotte Carlotte Control of the Control

After giving their final goodbyes to their loved ones, seven Military Policemen left 19 Wing Comox enroute to Edmonton, Al-

They joined 408 Sqn Tactical Helicopter who will enforce a crucial Peace Treaty imposed by NATO in the province of Kosovo.

The road that led to this deployment was long and hazardous. It started early February when Canadian Forces Air Command received a request from 1 Brigade to provide support and security for 408 Sqn Tac Hel in preparation for a future deployment in Kosovo. 408 Sqn was tasked to provide Tac Hel operations to the British 4 Mechanized Brigade Group.

In mid-March, a detailed training schedule was initiated in Edmonton to determine and ensure the readiness of the 800 CF personnel selected for deployment. At the end of challenging training, which included seminars on Rules of Engagement, language, customs, geography and history of the former Yugoslavia, the seven MPs returned home and waited for the word "Go."

After receiving several messages confirming possible dates of deployment, the word GO was rethe deployment staging area of the NATO Kosovo Forces.

on the runway.

MPs, along with the rest of 408 San. were transported to the city of Prilep where the Canadian advance party personnel were arranging temporary shelter, kitchen and ablution facilities.

missions and tasking.

We wish "Good Luck" to all personnel deployed in Kosovo.

# Dog Morsels

#### Your Ideal Dog

By David & Ruth Weston (Howell Book House, Macmillan Publishing, New York, \$20,95)

wishes for a wonderful tour in Win-This is a revolutionary book on nipeg. You will be missed! training your new best friend to Maj Thibault's departure also be a dog of distinction. Authors brings into focus the arrival of our David and Ruth Weston utilize new WATCO, Maj Joe Pacowski. their now famous "Gentle Modern Joe comes to us out of HQ Method" which teaches owners NORAD, Colorado Springs and how to make their puppies into the has jumped into the job with both pets of their dreams without resortfeet. Once again, the entire ATC ing to the use of force, corrective section would like to take this opcollars or coercion. The result of portunity to wish you a warm welthis radically different method is a come to the unit and hope you painless training experience for both the owner and the dog. The dog is able to enjoy the lessons, while the owner will feel confident he is training his puppy in a safe, health7y manner, without being

> cruel or overly strict. Using this book, readers will learn how to train their ideal dogs to: come happily when called' walk on a leash in a controlled manner' greet people and other dogs in a calm, friendly way' sit and stay without squirming or running off; wait politely to be fed; ride calmly in a car; remain docile during a veterinary examination; and more.

The authors are professional dog trainers with many years of active dog training in Australia.

This is a 116-page soft cover edition with well over 100 full colour pictures to illustrate the text. It was published in 1997. If you can't find it on the shelves, ask the store to order it for you.

The Bullmastiff By Jack Shastid & Geraldine M.

(Howell Book House, Macmillan Publishing, New York. \$35.95) This is another in the very attractive bound and jacketed Howell Best of Breed series.

Known for their courage, loy alty and intelligence, Bullmastiffs have attracted admirers for more than a century. Their fascinating history includes many monuments to their heroic deeds. Bullmastiffs started out as the English gamekeepers' companion, protecting them and discouraging poachers. But, despite these working origins, the Bullmastiff is now first and foremost a family dog. Its fascinating history is examined in detail and the qualities that make the Bullmastiff such a great companion are explained.

Everything you need to know about the Bullmastiff is here-from buying one to grooming, the breed's personality, understanding the breed standard, breeding and health concerns, and more. Conformation and a wide variety of other dog sports are fully covered - as are all the other things Bullmastiffs do well.

The authors are known as Bullmastiff fanciers worldwide. They have been involved with the breed for many years. They have judged at championship shows in England and the Bullmastiff specialty in the United States.

It is refreshing g to note that Canada is not ignored. The Canadian standard is included, along with those of England and the United States. Top Canadian breeders are also covered in some

This is a hard cover 216 page edition, well illustrated with eight pages of full colour photos as well as over 150 black and white photographs. A must have for present and prospective Bullmastiff owners. It was published this year so should be in pet and book stores

# Military Police deployed to

ceived on 4 June. Final preparation at Comox was completed and the seven MPs were enroute to Edmonton; where, after receiving their last orders and ensuring that all their equipment was ready, they departed for Skopje, Macedonia -

After a long flight that passed through Brize-Norton, England, they finally arrived in Skopje to be greeted with bottles of water as the temperature was 30-32 degrees

After unloading the aircraft, the

After a good night's sleep, the Airfield Security Force commenced duties such as guarding helicopters, manning the camp access control and roaming patrol of the camp; while the rest of the Airfield Security Force inspected and prepared their equipment for future

# pay allotments

a CF member, is the convenience of pay allotments. These are easily arranged at your pay office and make regular RSP contributions as easy as buying a Canada Savings Bond or contributing to the United Way. Experts say that contributions made throughout the year are far better than making a lump sum RSP contribution at tax time, for two reasons.

"The RSP is the last, best tax shelter available to Canadians," says Ciaran Devine, Managing Director of Group Services at Canada Trust. He points out two big RSP benefits you shouldn't do

First, money contributed to an RSP (up to an annual maximum set by the government) reduces the income tax you pay each year. That puts money back in your pocket where it belongs - to use as you see fit today. Second, money inside your RSP

grows in a tax-sheltered environment, providing significant additional savings for your retirement tomorrow. For example, if you saved \$100 a month outside an RSP from age 25 to 55, and were able to earn an average annual return of 8%, you would have \$83,226. The same contribution, at the same rate of return, made inside an RSP, would grow to \$149,036 in the same period. Why the difference? Simple: the money you would have paid the taxman each year, remains inside your plan to compound annually. .

### Benefit from

A third advantage you have as

By G. Mark Towhey, CD

Seize the initiative – secure your financial future

First, your money goes to work earlier. Money contributed in March, for example, will enjoy a full year's tax-sheltered compounding growth before your next tax return. This, alone, accounts for significant growth in your retirement funds. For example, \$3,000 contributed in a lump sum each year for 20 years will grow (again, assuming an average annual return of 8%) to \$124,340. If you contributed an identical amount in monthly allotments of \$250, your cisions about your money. Finally, investment after 20 years would be SSP provides all the RSP tax adworth \$147,255. A major improvevantages and setting up regular ment just by putting your money contributions by pay allotment is to work earlier! as easy as visiting your pay of-

The second reason is that, by contributing on a regular basis, you automatically take advantage of dollar cost averaging - buying more units when the values are low. and then fewer when the values go up. This practice can produce significant improvement in the performance of your investment portfolio over the long haul.

#### Find a plan that fits your lifestyle

A final advantage you enjoy as a serving or retired member of the regular or reserve forces is access to the Service Savings Plan or SSP. This is the official Group RSP for CF members - sponsored by SISIP and managed by Canada Trust, the largest provider or group savings plans in Canada. Two years ago, financial experts from SISIP evaluated RSP providers from coast to coast and selected Canada Trust as the one they felt represents the best value for CF members.

SSP is a plan tailor-made for CF

members. It includes significant price incentives for military members - including reduced fees for mutual funds and premium interest rates on products like Guaranteed Investment Certificates. Another big plus, is that it's accessible from virtually anywhere in the world. Whether you're deployed to Bosnia, the Middle East or somewhere at sea, if you have access to a telephone or the Internet, you can get information and make de-

More information about SSP is available from your pay office, from Canada Trust at 1-888-363-7526, or online at:

www.canadatrust.com/

Serviceplan.html. Whatever you choose to do, the smart plan is to seize the initia-

tive, use every advantage you have, and secure your financial future today! G. Mark Towhey is a communication consultant and freelance financial writer

who retired from the CF in 1997. He is the former publisher and editor of Warrior: Canada's Military Magazine.

#### Air Cadets commended for assisting accident victim

Two Air Cadets were commended Thursday, 22 July, for assisting the victim of a singlevehicle accident on Little River Road on 18 July.

Seventeen year old Simon Hurek of Richmond and Kathleen Randall of Vancouver were enroute to Air Force Beach, after assisting at Sunday's Airshow, when they saw a 1996 Honda go into the

Hurek immediately set out by bicycle to report the accident to authorities at CFB Comox while Randall gave first aid to the injured

ing given to cadets is so useful, in this case first aid training," said LCol T.R. Byrne, CO of the Comoxbased Regional Gliding School; (Pacific). "Cadet Randall and Cadet Hurek were quick on their feet to analyze a serious occurrence and to administer and seek help without delay."

"I am pleased to see that train-

The Air Cadets are on staff at RGS(P), where 46 cadets from across B.C. are working towards earning their gliding wings and 50 cadets are taking an air studies

# PUT YOUR FINANCIAL FUTURE at ease



As the official Canadian Forces group retirement plan, the Service Savings Plan has always been a smart investment strategy. And now we've made it even better with over 50 investment options. You can select quality, brand name mutual funds from recognized names like CT Investment Management Group, Fidelity, Guardian, Scudder, Mackenzie and Trimark. With the Service Savings Plan, you have all the flexibility you need to put your financial future at ease.

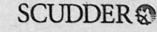
This specially negotiated plan, available to regular and reserve members, has no commissions and low management fees which means you'll earn higher returns inside the Plan than if the same investments were held outside the Plan. Plus you'll have secure Internet access to your account buy, sell and transfer investments any time you want, from anywhere in the world. For more information, visit the Service Savings Plan web site at www.canadatrust.com/serviceplan.html or call us at: 1-888-363-7526.

#### 🗖 CanadaTrust











Mutual funds are sold by CT Investment Management Group Inc., a Canada Trust subsidiary, by prospectus only. Unit values and returns will fluctuate.

with regulations. He selflessly volunteered to serve as a member of JTFHQ and received a letter of appreciation

from the JTF Commander recognizing his dedication to the Y2K exercises. He is also a keen competitor in intramural and regional sports and coaches youth activities in the community. These activities were accomplished in ad-

dition to an already full, daily routine. Captain Ouellette's high level of dedication, attention to detail and strong resolve to seek solutions for the member make him an example for all to emulate. Well



like to extend our heartfelt thanks

for a great three years under your

command and offer our best

Capt "JC" Oullette is presented with the Service Person of the Quarter Award by Col W.J. Neumann, W Comd and LCol M.R. Spooner, W Admin O. Congratulations JC!

CT Investment Management



### Did you know ...?

Did you know that newspapers require a certain criteria to 'make it' in today's world? They need advertisers plus good editorial copy and eyecatching design. But more than these, however, a newspaper needs readership; that's you.

Without you, there is no editorial, design, or the advertisers. Giving it a bit of thought, you hold, along with the crew at the Totem Times, a portion of the responsibility to ensure the content of the editorial, how the paper is laid out (what's appealing to you), and that advertisers know the value of advertising in the Totem Times.

Did you know that this is your newspaper? Yes, the Base Commander is its publisher. And yes, it has to follow certain dictates in its presentation. But you still have part ownership in the Totem Times. Without you, the reader, this newspaper would have little, if any, reason to exist.

Did you know that, in 1998, this base put approximately \$49.5 million dollars into the economy of the Comox Valley? Your paycheque's part of that tidy sum. What's important is that our advertisers need to be made aware of this. And that's where you come in.

A favour to ask. We'd like you to not only shop at these advertisers, but tell them you saw their ad in the Totem Times. And if they're not advertising in the Totem Times, we'd like you to tell them there are 49.5 million reasons that they should.

Did you know that a good percentage of the Totem Times is operated by volunteers? Volunteer editorial contributors. Volunteer production people. Valuable, caring people.

And we could use one or two more volunteer production persons. You don't have to be a 'rocket scientist'; just someone who has a comfortable amount of computer knowledge and is a team player.

In all the things written above, it's important to note that you play a prominent role in what's in this newspaper, how it looks, and how the advertisers perceive the importance of the Totem Times.

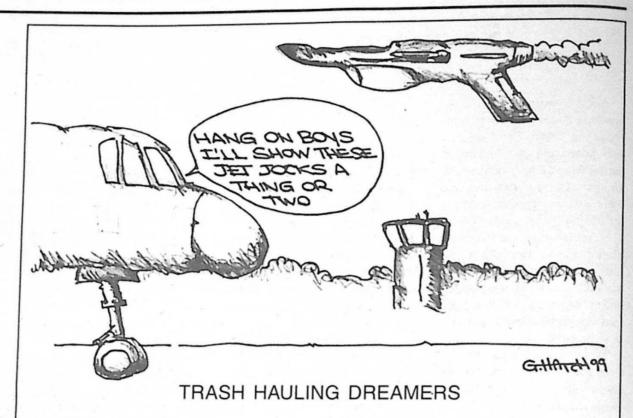
We need your volunteer editorial and production efforts. We need your Letters to the Editor and we need your classified ads, your telling the advertisers the worth of using the Totem Times. No matter what newspaper, whether the Washington Post, the Vancouver Sun, or the Totem Times, you the reader holds the key to the future of the newspaper.

That said, who among you will volunteer your time in production or editorial? Who among you will tell the advertiser the worth of participating in the Totem Times?

It's your newspaper. Doug Macaulay

# Next Deadlines

Advertising: 4 August Articles: 6 August - Noon





#### Perfect Occasion

The Air Show was the perfect occasion for Mayor George Kirkwood to present to Col Neumann the Proclamation of Air Force Week.

The proclamation is on behalf of the corporation and the citizens of Comox in recognition of both the 75th Anniversary of the Royal Canadian Air Force and the 50th Anniversary of the Air Force Association of Canada. This special week was declared for 18 to 24 July

#### 100 kids 12 or under die in vehicle crashes each year

Editorial

aged 12 or under die in motor vehicle vehicle. Children are never safe if they ollisions each year. Another 10,000 are standing on a seat, leaning out are injured. Deaths and injuries occur window or sitting on someone's lap. when unrestrained passengers are brown against each other or ejected wishing to ensure that "car time"

n a moving vehicle, children are safe Source: Transport Canada f they are in an appropriate restraint in

(NC)-In Canada, roughly 100 children the "Kid Zone" - the rear seat of

Transport Canada has educationa ammed against the vehicle interior, material for individuals and group safe time for children. Call th These needless tragedies can be Transport Canada Information Centr evented through the proper use of toll free at 1-800-333-0371 or visit the hild restraint systems and seat belts. web site at www.tc.gc.ca/roadsafety.

#### CARLTON, RAY & ASSOCIATES Professional Real Estate Appraisers and Consultants Serving the Comox Valley and Beyond Relocations, Purchases, Settlements, Refinancing MEMBERS APPRAISAL INSTITUTE OF CANADA Fax: (250) 338-4127 Phone: 338-4414 Toll Free 1-800-881-4414 A CONTRACTOR OF THE PROPERTY O



# 19 Wing Medical Clinic

Weekend Hours of Operation

Effective 31 July, the Medical Clinic weekend hours of operation will change from 1030-1130 hrs to 0930-1030 hrs.



COMOX AUTO SUPPLY 821 Shamrock Place 339-5560



#### CAF Station Como TOTEMESTIMES

EDITOR INCHIEF Major Joel Clarkston MANAGING EDITOR Doug Macaulay CARTOONIST Gord Hatch

TYPESETTER/BOOKKEEPER Jenny Cooper **PRODUCTION STAFF** MCpl Brenda Trombley

Tina Matchett-Bianco CIRCULATION Jenny Cooper

(250) 339-2541 PHONE: (250) 339-2541 FAX: (250) 339-5209 E-MAIL:

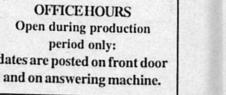
totemtimes@comox.dnd.ca Address Correspondence to: The Editor, Totem Times CFB Comox, Lazo, B.C.

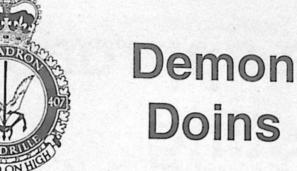
VOR 2KO SUBSCRIPTIONRATE \$15.00 per year, GST included

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OFFICEHOURS Open during production period only: dates are posted on front door





Several crews are on leave, wine and, sometimes, actually fly however there are still a number of (poor devils). One crew member items of interest. A fourship of became quite popular with the ho-Demons leaving the squadron tel staff after he showed them how were seen driving into the aircraft to grow plants more efficiently. He birdbath together for a little sumcan be contacted at the squadron, mertime sprinkle. Leading the should you wish to purchase some charge was the outgoing CO, LCol of this miracle tonic. After years Reaume, who is heading to Victoof complaining that he was so poor ria (a noted hotbed of French culthat he didn't have a pot to pee in, ture), in order to relearn how to well, I'm betting he is going to beparlez-vous. His copilot was the come a rich man selling this stuff recently promoted LCol Bigelow, and will have many pots at which who is also going to Victoria as Senior Staff Officer in charge of Crew 2, the geriatric pack, consending 407 Sqn on good away tinue to hone their golf skills and trips. Also into the shower was have no good stories to pass on. Gumby who wanted to go through when it was nice and warm instead Crew 3 was on block leave reof waiting (like a real man) until covering from Gumby's wedding, October which is when he really leaves for Australia. Ric Deakin is

since Christmas.

days, with limited results. On the

last day they tried it on the beach.

Who needs SPF 30? - it's for

girlymen. After rubbing motoroil

on one another, they lay in the sun

for five hours and then headed to

the hotel for a restful evening in a

tub full of ice cubes and aloe vera.

Crew 4 headed for Chile to drink

and Crew 6 was helping R. Smith move his furniture back inside afgoing to work on the Martin Mars ter his new "room-mate" disapwaterbombers. He especially enproved of it and had it put in the joyed the bath, it being his first garage. Also of note, R. Vinet returned Crew 5 ventured to Hawaii for a from Deadwood, N.S. to find a car Fleetex. The anti-Travis, JP on blocks in his driveway and old Patches and Mike the Trike tried furniture and beercans strewn suntanning in their rooms for six around the yard. His new neigh-

> videotape RV's reaction. Rick, what is that vein throbbing out of your Finally, S. MacWilliams received the Bad "F" Award at his mugout for most distinguished flatulence during his tenure on

bour, M. Cook, arranged to

### Aerospace Positions Available

Our clients are major manufacturers of aerospace and transportation products. They currently require the following professionals for manufacturing and service:

#### **OPERATIONS ENGINEER**

You are an experienced Aerospace Repair and Overhaul Engineer with extensive knowledge of machining, non-destructive testing, material processing, DAR approval systems and ISO 9000. Familiarity with Transport Canada and FAA regulations as it pertains to Military/Government procedures is a definite asset. You are a senior Operations Engineer with strong business acumen and a proven track record in the Aerospace industry. Your academic qualifications will have been acquired through university as a graduate Mechanical Engineer with P.Eng. status.

#### MECHANICAL REPAIR AND OVERHAUL TECHNICIAN

You will be required to assemble, diagnose, repair and/or overhaul helicopter gearboxes, rotor heads, hydraulics, and electro-mechanical dynamic components. Your background will include an Aircraft Maintenance Engineer (Mechanical) diploma from a Community College or equivalent, with 3 to 5 years of experience. Knowledge of the Sikorsky S61 Helicopter and Sundstrand CSD/IDG Generator products will be a definite asset.

#### PRODUCTION SUPERVISOR

You will lead a crew of 20-30 unionized production operators ensuring productivity levels are met. This will involve developing high morale, assessing the crew for training needs, ensuring regulations are followed, and updating reporting systems such as time, attendance and shop floor visibility boards. This role will require you to work closely with support functions (engineering, quality and production control) to meet customer delivery schedules. Your post secondary education in Manufacturing/Engineering is complemented by a minimum of 5 years of experience in a manufacturing/operations environment, demonstrated leadership ability in a team environment, and knowledge of training processes and methods.

#### FLIGHT SERVICE ENGINEER

The duties comprise preparation, functioning and checking of engines, hydraulics, pneumatics, electrical installations, rigging and other airframe and engine components as well as analyzing trouble and providing correction for the same. You will also perform pre-flight run-up of engines on any aircraft beyond final assembly starting with "fuel flow", and for customer delivery and on aircraft that are fully operational and have been in service. This classification may require an "M" license.

#### **ELECTRONIC TECHNICIANS**

An Instrument Mechanic is required to install, function, overhaul, repair, bench test, trouble shoot and correct radio and electronic equipment and electronic services in the aircraft or on the bench from information provided or available. This includes microwave equipment. In addition to the duties listed for the Instrument Mechanic, the Instrument Technician is required to test, calibrate, repair, function and completely overhaul electronic type instruments and systems.

Applicants must be capable of trouble shooting, correcting and adjusting electronic instrument flight snags, along with constructing and completely overhauling instrument test equipment. The ability to adapt instrumentation of all types to provide suitable systems of collecting test data, as well as perform and function trial and prototype installations of all types of aircraft instrument systems, is also required. The successful candidates must be comfortable working with verbal instructions and/or sketches from the Engineering Department. Additional responsibilities may require you to repair, rebuild, adjust, maintain and set up in service various makes of aerial, movie and still cameras. This may include dismantling, repairing and adjusting lenses, shutters and diaphragms using measuring devices to make fine adjustments.

All of the above positions are located in the Toronto area and are available immediately. Interested candidates are invited to forward a resume to: Bob Smith, Pro Tec Global Staffing, 2255 Sheppard Ave. E., Suite W414, North York, ON M2J 4Y1; Fax: (416) 496-8729. E-mail: protec@protec-tech.com





ENVIROfact... (NC)-Twenty percent of men an eight percent of women living within five kilometres of their work say they regularly commute by bicycle gaining valuable exercise and reducing the high amounts of car emissions associated with the warmup period of vehicles.

- News Canad



ENVIROclick... (NC)—Environment Canada provides ideas and help for community groups taking on environmental project relating to climate change, nature, clean air and water. Look at the Millennium Eco-Communities website at www.ec.gc.ca/eco

- News Canada



ENVIROfact... (NC)-Of the amount of greenhouse gas emissions that individuals control, 45 percent is generated by vehicles, 33 percent by space heating. nine percent by appliances, seven percent by water heating and six

**Community Forest Tenure** 

Fred Gale; University of Victoria

Earl Smith; First Nations Summit

Bill Profili; Mayor Rossland

Geoff Battersby; Mayor of Revelstoke

David Haley; University of British Columbia

Ralph Moore; Kootenay Environment Society

Gary Swan; Chair, Alberni Clayoquot Region

Keith Spencer; Vanderhoof Specialty Wood

Doug Rutledge; NFPA, Prince George

**Advisory Committee:** 

- News Canada

# **Managing Community Forests to Meet Local Needs**

#### **Community Forest Tenure**

For the first time British Columbia communities have an opportunity to manage local forests for local benefits like employment, recreation and sustainability.

Recognizing the tremendous interest from communities across B.C., Community Forest Tenure Pilots have been awarded to:

- Burns Lake,
- Queen Charlotte Islands
- Fort St. James,
- Harrop Proctor (Nelson) ■ North Island (Comox)
- Bamfield,
- Esketemc (Alkalai Lake)

These new Community Forest Tenure pilots are prime examples of how we are diversifying the forest sector and increasing the direct benefits to resource communities as part of our Forest Action Plan.

#### The Forest Action Plan

The Forest Action Plan is working to stabilize and diversify B.C.'s forest sector. To date the B.C. government, with the support of companies, communities and workers, has introduced the following initiatives:

#### Lower Costs

Reduced red tape, introduced new pricing measures and implemented new payment options.

#### **Boosting Value-Added**

New Market Based Pricing and more wood for B.C. made products.

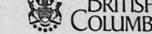
#### **Communities and Workers**

Forest Renewal BC, \$100 million transition investment.

## Laurie Vaughan; Ulkatcho Forest Co.

Bill Routley; IWA local 1-80 Anne Murray; Mayor North Cowichan

COLUMBIA



For more information contact Ministry of Forests 387-5255 or visit our website at www.for.gov.bc.ca.

29 JULY 1998



# The life-cycle approach to investing

By Don Somers

During the course of our lives, we go through many changes. Our interests, lifestyles and financial goals are different today from what they were ten years ago. Your changing financial needs are driven by a combination of factors including age, income and years to retirement. Whether your goal is to start your own business, or to enjoy a leisurely lifestyle of travel, your financial success will ultimately depend on how wisely you manage your money. But how do you decide what the best combination of investments for you is? While every investor should have a personal investment strategy. experience has shown that, in general, age is an important factor to consider in making your investment decisions. This investment concept is most often referred to as the life-cycle approach to investing. Quite simply, the lifecycle approach provides generic portfolio strategy advice and an indication as to the types of investments (including growth, income and balanced) that you should be

investing in at different stages of

We recognize that every financial situation is different, and offer the following as guidelines only. These profiles are designed to help you define your investment goals and suitable investment alternatives. Because most investors' needs will evolve and change over their lifetimes, their investment portfolios must reflect their changing needs and circumstances. These profiles will provide you with generic indications as to the strategy to adhere to during the various stages of your life.

Planholder 20s The Start-up and Expense Years

You are most likely at the beginning stages of your career and have the expenses associated with finishing school, setting up a household or beginning a family. Building up a cash reserve to cover any financial emergencies is important. Investments should provide relative safety with income and a fair degree of liquidity.

Some investment should be made in vehicles which offer growth potential to help you establish the financial base you will need for the

Planholder 30s-40s The Growth and **Building Years** 

You are becoming more established while building your net worth. You are now able to start investing for your future and growth should become your key objective. A more aggressive portfolio comprised of long-term growth opportunities with potentially higher returns will allow you to meet the lifestyle needs of a growing family.

The strong base you established in your 20s give you more money to invest, and you also have the time to overcome any short-term mar-

Planholder 50s The Balanced, Asset Accumulation Years

At this stage in your life, most of your major expenses are taken care of. You're in your peak earn-

ing years, and you are actively planning for retirement. As such, your portfolio should now begin to reflect a balance between strong income earners and the inflation protection offered by higher growth investments. You still have an opportunity to increase your capital with growth-oriented investments, but you should also protect a portion of your capital with low risk investments which generate a steady income.

Planholder 60s The Security Years

When you have reached this stage of your life, you will want to focus on conserving the assets you have accumulated. This is the time to enjoy the fruits of your labour. You don't want to take any risks with your RRSP investments, as they may well represent your only source of income upon retirement. This is the time to minimize taxes, maximize income potential and protect your income from inflation. Emphasis should now shift to more secure investments which provide higher income with lower risk. While you still have some investments which are growth oriented, the balance of your portfolio swings towards more secure

This is a good time to review your retirement strategy and retirement income choices.

There are many factors to consider when building your retirement and investment portfolios. The appropriate mix of investments in your portfolios will vary according to market conditions and your individual circumstances. Unfortunately, there is no single, precise mix of investments for any given age. For example, your individual situation may influence you to take a more conservative or more aggressive approach to investing. We urge you to contact a professional Financial Consultant to aid you in establishing a personalized portfolio strategy and appropriate asset allocation.

Don Somers is a Financial Consultant with Merrill Lynch Canada Inc. Courtenay Branch. (Member CIPF). The obtained from sources believed to be reliable, however, we cannot represent

# For immediate and long-term benefits... Protect young eyes from sun's UV radiation... They're at greater risk

UV radiation - a high, frepowerful lens that focuses light quency, invisible form of energy released by the sun - is destructive to just about anything organic. Just ask someone who has left the images are transmitted to the anything (or been) in the sun too long. When it comes to human tissue, especially the eyes, preven-

tion is critical. "UV can harm the cornea, the lens, and retina of the eye, and children are at greater risk - both immediately and long term," says Dr. Paul Geneau, president of the B.C. Association of Optometrists.

The cornea, or front surface of the eye, is a clear dome permitting light to enter. It also acts as a

hingles \* Shakes

ReRoofs

onto the crystalline lens inside the eye, which in turn concentrates and focuses images onto the retina at the back of the eye. From there,

More exposure through kids'

The cornea and lens protect the retina by absorbing much of the UV from the sun. "Unfortunately, the younger the eye, the clearer the lens and cornea, and the less protection they provide," said Dr. Geneau. He warns that given the same exposure, children's retinas can absorb up to five times more

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UV radiation than their parents'. Risk to retina,

lens, cornea

Unlike normal skin, when sunburned, the retina does not peel and regenerate. "Everyone knows that staring at the sun will cause immediate permanent damage," said Dr. Geneau. "What people don't realize is that indirect exposure during childhood can also contribute to problems much later in life, for example, with more rapid aging of the retina." By absorbing more UV in the childhood years, the lens of the eye is also placed at greater risk of developing cataracts in later years. The cornea will also become less clear

"Although adults should wear sunglasses outdoors," warns Dr. Geneau, "children are in just as much, if not greater, need of them." He said a number of preventive strategies can be used:

-When possible, it is wise to keep young children out of the sun between 11:00 a.m. and 4:00 p.m.

-If they are in the sun, they should wear a wide hat, and/or 100% UV-blocking sunglasses. These types of sunglasses need not be expensive.

-Check sunglass labels for information on UV absorption, or consult with your optometrist.

#### Training for life

First aid training teaches you how to respond confidently when injuries occur.



St. John Ambulance

#### How to reduce your water heating bills

(NC)—Heating the water in your home requires a lot of energy. Here are some tips on how to keep your vater heating bills under control:

- Lower the temperature on your water heater. This will save you money and reduce the risk of burns. Instructions on adjusting the water temperature should be in the owner's manual or on the tank.
- Showers draw most of the hot a water-saving showerhead is easy inexpensive and an excellent
- Leaving faucets running while rinsing vegetables, brushing teeth, washing hands or shaving wastes water. Make a conscious decision to conserve water by installing water-saving aerators on bathroon and kitchen faucets to help reduce waste and energy bills. A water heater constantly lores
- heat to the surrounding air Wrapping an electric water heater, especially an older one, with an approved insulating blanket will save you money. Insulating kits sell for about \$ 30 to \$ 35. On a natural gas or propane water heater, install only an insulating kit that is certified by the Canadian Gas Association. Keep the insulating cover clear of the air inlet for the burner and temperature controls. Adding insulation on an oil-fired water heater can be dangerous and is not recommended.

Insulate hot and cold water pipes. In addition to saving energy, warm water will get to your faucets more quickly. Insulating cold water pipes helps stop condensation from forming, which prevents dripping

Your water heater wastes energy by keeping water in the tank warm while you are away for extended periods, such as while on vacation. Consider turning off the water heater if your home will be unoccupied for several weeks or

# Congratulations

Course # 33

Search and Rescue Technicians, known as SAR Techs, are trained to provide search and rescue services for the military and civilian personnel. The nature of the work performed by SAR Techs is both physically and mentally demanding, involving access to remote accident or disaster scenes by deploying from aircraft, all terrain vehicles, boats or on

Students must undergo an intense training program to learn operational procedures and equipment capabilities, each of which requires extensive analytical and decision making skills.

The graduating students of Course #33 have met the challenge and will join one of the proudest and most dedicated groups in today's Cana-



Cpl Kevin Bergquist receives congratulations from CWO Ritchie.



BGen J.S. Lucas inspects SAR Course #33 graduates.

"That **Others** May Live"

# Classified

Get 3 classifieds for the price of 2!

The Totem Times is a great place to buy, sell, announce, place notices, or promote a garage sale! Why wait? Place an ad today!



# The Red Beret

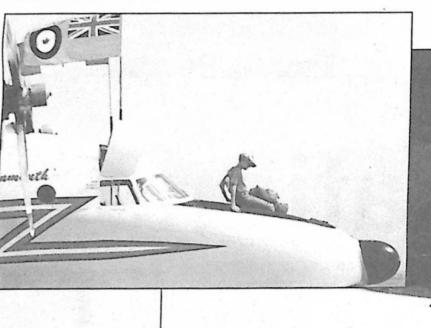
Hush my son don't cry You're too wise for your three years. I can't tell you why he died, I don't know how to dry your tears. I can tell you that he loves us, I could tell you to great length. But we weren't the only ones, That depended on his strength. There were many other people, With little boys like you, That Daddy went to look for, Because it was what he had to do. It's not much consolation, Though I tell you time again, He died for what he lived for, Along with seven other men. Someday you'll be a man, And go your separate way, But I know I'll be damned proud, If you wear a RED BERET!

(This poem was written by Bette Platt, widow of Bill Platt. Canadian Pararescueman killed in a 1970 crash while on a

29 JULY 1998



# Air Show 699...

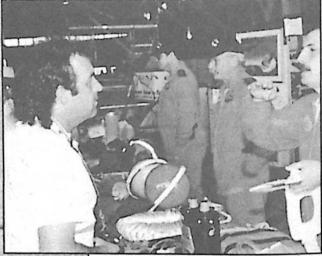




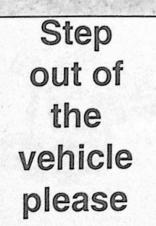
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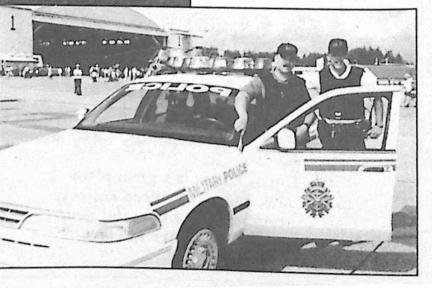


and round and...



The curious get a lesson

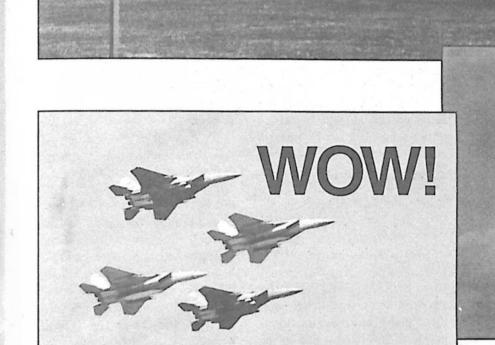


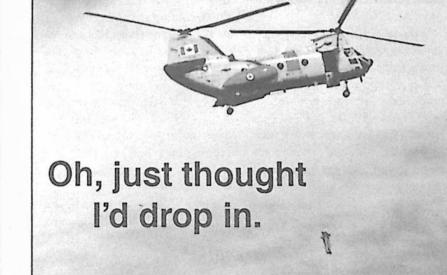


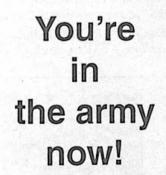
# ...a great success!



The pride continues









When props ruled the skies



Why, back then we used to...



didn't participate in outdoor ac-

tivities to the same degree as their

male counterparts. As a result, the

first BOW course was offered in

1991 and they are now being of-

fered in 42 states and nine prov-

inces. The BC Wildlife Federation

welcomed it to BC as they fully

realized that agencies, manufac-

turers and clubs were ignoring the

needs of a large segment of soci-

ety. To date, 375 women have par-

ticipated in the British Columbia

MaryAnn McIntyre, Sheila

Dupuis and myself just returned



#### **Monday Nite** Ladies

Twenty-nine ladies tried their best and had fun playing golf on July 19. Ev Viklund was high gross/high net winner. Diane Burke had most putts. Sponsor hole winners were Diane Burke, KP #3 (Aero Art); Rose Jacobson, KP #4 (Panagopoulos Pizza); Fran Hume (Anderton Nursery); Teri Healey (Canadian 2 for 1 Pizza); Caryl Diewert (Aroma Crystal Therapy - The Garden Gate); Ev Viklund (Fish "N" Stitches); Lori Cameron (The Griffin Pub): Rose Jacobson, longest putt (S. Fraser Pro Shop): Kathy Branch, longest drive (Steve Dodd Catering); Marion Carmichael (mystery prize). Diane Burke won the 50/ 50 draw. From our monthly draw June Linklater won two passes compliments of Mulligan's.

### By Joyce Merrill

#### **Tuesday Ladies**

at Glacier Greens on July 20. First low gross went to Pat Verchere with 86, second Duane Miles 89 and third Marlene Hall 93. On the net side it was Pat Everett with a 67, second Martha Campbell 69 and third Gill Iddiols 72 on a C/B.

Hot putter of the day belonged to Fran Hume with 27. Most putts

KP sponsor hole winners were: #4 Anne Patterson (Boston Pizza), #12 Carmel Horochuk (Panagopoulas Pizza) and #15

A special reminder - remember to fight cancer on the fairways by taking part in the Texas Scramble to be held at Sunnydale on 28 August in support of the local Canadian Cancer Society. Entry fee is \$70 (you get a tax receipt for \$25). Great prizes. For more information phone Sunnyvale at 334-3232 or the Cancer Society at

# **GG** Mixed Competitions

# Mike Blake achieves first hole-in-one

By Vic Crisp, Tournament director

Over 100 golfers turned out on 25 July for the Annual Mixed Tournaments. On this day the sun shone brightly for Mick Blake who, partnered by his wife Ann, scored his first ace at the difficult par three 17th. As the bottom of the pin was not visible from the tee box, a search was made for his ball before it was discovered in the cup. Well done, Mick!

No divorces were apparent following the alternate format; in fact only praises and not "Sorry, partner," were heard on and off the course. Thanks go to Steve and his boys for the superb playing conditions.

The winners of the His & Hers on countback were John Ferguson and Rose McCliesh with a net 59.5. This pair were past winners in 92, 93 and 95. The gross winners were Arnie Mathus and Fran Hutchinson with a 79. The winning pair in the Mr. & Mrs. event were Warren and Martha Campbell with a net 54. The low gross went to Bob and Irene Marshall with a 75.

The other net prize winners were: H&H - 2nd Roy Hagg & Louis Hotsenpiller, 3rd Vic Crisp & Caryl Diewert. M&M-2rd Dennis & Evelyn Vikland, 3rd Scott & Debra Fraser, 4th Gerrit & Liz van Boeschuten, 5th Len & Edna Dodd, 6th Leo & Trudy Lamothe, 7th Norm & Trudy Fellbaum, 8th Gord & Gussy Prichard, 9th Doug & Leslie Mann, 10th John & Joan Webber (last year's winners).

KPs went to Tracy & Kathy Branch 4th, Bob & Jan Edwards 12th, and Bill & Muriel Krier 15th.

Thanks, as always, to Scott Fraser and the Pro Shop staff, Lynn Usher of the Co-operators Insurance Agencies and the Tournament Committee for their contributions. Finally, a warm thanks to all the competitors for making this such an enjoyable event.

Our next major is the Club Championships on August 14/15. We hope to see you all there.

Have you ever wanted to become an outdoor woman? How about learning a few basic skills from knowledgeable instructors that are not related to you in any way and don't yell or pull their hair out if you ask a dumb question? Want to discover the allure

It was irons only for the ladies that has long captured men's hearts? Then you should sign up for a Becoming an Outdoor Woman workshop sponsored by the BC Wildlife Federation! Here is a bit of background. In 1990 a forum was held in Wisconsin to determine why women

went to Mary Kelly.

Marie Israel (Boston Pizza).

from a BOW workshop held in Aldergrove, BC June 11-13. This was a first for Sheila. MaryAnn and I attended another in Cowichan last year. Our husbands hunt and fish together and belong to the Courtenay Fish and Game Protective Association. They brought home the literature about the BOW workshops and suggested we try it. We signed up with some reservations but ended up learning a lot and enjoying our-

BOW courses.

Each camp is different. The accommodations and food vary from site to site. There are not that many places in out-of-town locations that can house 100 people - made up of 80 participants and 20 instructors. Two courses were held at Winfield, one at Lake Cowichan and Prince George. Two things can be counted on... interesting courses with great instructors.

The Aldergrove BOW proved interesting. The accommodations were bunk beds with no ladders and at least a dozen people per room. Top that off with five toilets and four showers for approximately 80 women and close your eyes and think of an ant colony in mass confusion. There was an outdoor pool that became a very large bath for those that could not wait (for showers, that is). There were no "catfights" but snoring and talking in the late hours caused some hissing. One lady snored loudly in our room. Someone across the room yelled out "Hit her with something!" I called out "I though I left my husband at home!" MaryAnn and I decided that Sheila was getting the top bunk. When she finally make it up there without the aid of a ladder, she was there for the night! I was just glad she was on top of MaryAnn; if the bed collapsed.

My top bunk held all the goodies.

By Friday night we decided we could not survive without extra goodies and headed for town. We sported our bright yellow BOW Tshirts that all participants receive. The stares and whispers were noticeable, but MaryAnn assured

them that it was OK ... we were let out on a day pass! A few people gave us a leery eye; but we thought it was hilarious, especially remembering there was a penitentiary in the local area. We stocked up with chips, chocolates, pop and Time Horton's muffins and returned to camp quickly. We all took some interesting

courses. I took the Working the Retriever course since we just acquired a new Lab pup. It was exciting to learn and watch the dogs retrieve on command and see the difference between the hunting stock and show dog. I decided my dog wasn't either.

All of us took Orienteering with military guys from CFB Chilliwack providing the training. Now we know not to follow the arrow on the compass and what the squiggly lines mean on a topographical map. If we had to, or wanted to, we could find our hubbies! Who needs a cell phone? I don't know who was in their glory the most; the guys working with all us women or Sheila (the Newf) discovering that two of the guys were Newfies! I repeated Kayaking again be-

cause I enjoyed it so much my first time. Sheila, who is not too fond of water, tried it and appeared to enjoy herself except when we had waterfights with the pumps. The friendly Golden Retriever that was out for a swim and wanted to climb aboard could not understand why Sheila paddled like crazy to get away from him. Two of the women purposely flipped their kayaks even though the instructor was not insisting on it. The water was not too clear but, after assurance that nothing would bite or touch them, over they went! The only reason they did it was because it was so muggy and hot. I was not that hot!

Archery was a riot. MaryAnn got her picture in the Province for her style and I came home with a bruise on my inner arm the size of

#### Jake's Trivia Corner 1. Which NHL goal-

tender gained recognition for painting stitch marks on his mask each time a puck struck it?

2. How many Super Bowl rings does O.J. Simpson wear?

3. Which Australian tennis great was dubbed "Rocket?" (Answers on page 14)

a grapefruit. What are a few battle scars when you are having fun? I found out I was left eye dominant but right-handed. I guess that means my left eye is the scariest when I give Steve or my boys "the

Other courses available were Outdoor Cooking, Hiking, Firearms training (including shotgun, rifle, black powder and pistol shooting), Canoeing, Flyfishing, Mountain Biking, Wetland Ecology, Float Tub Fishing, Boat-Motor & Trailer Back Up, etc. Even if you repeat a course you can learn something new with a different instructor and become more

To date all of the instructors have been volunteers. Cleaning Game was not available at Aldergrove but at other BOW camps. We chose not to take this course because we figured if we learned this new technique it would be one more chore our husbands would leave to us. If we keep this up we can hunt, fish, clean and find our way home without them. They might as well stay home and look after the kids!

Nighttime involved volleyball, swimming, yoga, and electronic fishing. Later in the evening there was singing and charades and a raffle with a chance to win some neat things. With all joking aside, the Becoming an Outdoor Woman workshop can make it more enjoyable for you to share your partner's interests or create new ones

Some women have signed up for all the camps because they have such a good time. I sincerely recommend that you and you friends try one of these work-

Plans are under way to hold a Winter Workshop in the Comox Valley in February 2000. It will offer cross country skiing, snowshoeing, winter survival, outdoor cooking in winter and many other options. More information will be made available in the Totem Times as soon as the details are firm - so keep reading.



### Swim Registration

30 July Base Recreation Centre 0800 to 1130 hrs. Session 3 swimming starts on 3 August For more information, contact: J.C. Fromont, Rec Coordinator Loc 8989

# C.E. Fynn Bits

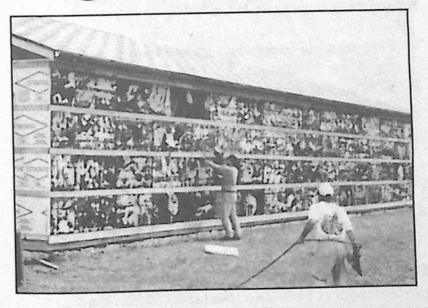


By recycling the insulation saved off the renovated arena, CE has managed to save both material, energy, labour - and money. The beneficiary building, B33, currently undergoing extensive upgrade, has had one side entirely covered with the salvaged material, still as good as new. The structure, formerly used by 19 AMS workshops for AMSE storage, will continue to serve a similar purpose, but for the Crash Guard and Salvage Team, and with the refinement of a small office in-

Crews from CE are improving electrical distribution, putting up new walls, drywalling the ceiling, providing circuit for a gas-fired unit heater, framing the overhead door openings and constructing an insulated dividing wall. The gable roof building itself is of concrete blocks.

Work should be finished shortly, upon completion of the

# Insulation circulation



**B33** with recycled insulation.

# **Trimmed** to last

Any air show, however sucessful, remains a flash-in-thepan - unlike the flashing CE uses for base buildings, including the Officers' Mess, which is made, and tacked on, to last.

Roof replacement being now complete, flashing was all that remained to be done and Darlene Jedras, a member of Structural team's roofing crew, notably did her part.



# The flower of CE



Lara Clark and Kristina Maximick. Some roses are red And some are pink, Each one has a bed - what did you think?

Maybe you thought that flowers just sort of are? No, flower beds must be made, their linen laundered, the growths of dust balls removed.

The linen of a flower bed is earth; the unwanted growth we call weeds; and the laundering is done by watering and aerating the soil. That goes as well for flowers that aren't roses.

Such work requires willing helpers. To assist with the pretty flower rows at the HQ building, CE's Airfields and Works shop contributed two equally pretty roses of its own, one of whom found the labour sufficiently warm to shed some of her own petals, watchfully observed by her colleague - who, no doubt, wished she had thought that one up first.

# Window venture

No matter that the upper windows in the Central Heating Plant are some 20 feet off the ground. No matter that no one is likely to look either in or out of them. No matter that any bit of grime on the panes may go unnoticed by out-

Cleanliness being next to godliness (some say), Chief Engineer John Stoll wanted to be on top of plant hygiene however high the object. Besides, it was air show time, and duty staff might enjoy any increase in high altitude view.

Accordingly, while maintenance craftsman Rick Valentine steadied the ladder, operator Brad Yarmie climbed to the dizzying heights of successful windowwash-manship, bringing heating plant staff not only closer to deity but also awash in illuminating

Carpenter Tom Dowker and apprentice Steve 

# The Comox Military Family Resource Centre Centre de Ressources pour les Familles Militaires de Comox

**CMFRC** 



#### Sailing Day

Meet your friends and come out for a day sailing on the beautiful water off Goose Spit. Bring your own lunch, drink and clothes for the day.

Date: Thursday July 29th
Time: 9:00am - 12:00pm

Place: GooseSpit HMS Quadra Base Gate Facilitator: Steve Waine

#### Ball Hockey

Another summer day to start with a challenging workout. This is a hockey game bound to get your heart rate up and to test your competitive spirit. Greg Carr, the Fitness Coordinator.

Date: Thursday August 12th Time: 9:00am - 11:00am Place: Base Gym

# Youth summer events at 19 Wing

#### Squash/Badminton Play Off

You have a choice of playing squash or badminton or both. Get a partner or come alone for a morning of good exercise. Join Mike Chatwan who is the Facilities Coordinator for the Base Gym for a morning of fun.

Date: Tuesday August 17th Time: 9:00am - 11:00am Place: Base Gym

#### Softball Clinic

Get those tips on softball from an expert! Have a swing or two at the ball and see if you can make the connections. Jake LaPlante who is the Sports Coordinator at the Base Gym will give you tips to improve your softball game. Bring your own glove.

Date: Tuesday August 24th Time: 9:00 - 11:00am Place: Baseball Fields Fee: Free

#### Beach Volleyball Tournament

Come out for some fun in the sun and wind up the summer a winner. The cost admission will cover snacks and pop for all those who attend.

Date: Thursday August 26th
Time: 9;00 - 11:00am
Place: Airforce Beach
Facilitator: Paul Shipton and
Jill Sturrock

#### Scuba Diving Workshop

Get ready to learn some pool skills to prepare you for your first deep sea experience! You may have always wanted to try it and now is the time. Bobbi Howard is the Fitness, Sports and Recreation Director and a qualified instructor, who will introduce you to this popular sport. Waiver & medical form required.

Date: Tuesday August 31st Time: 9:00 - 11:00am Place: Base Pool Cost: \$5 per person

# Social Outings

Hello to the 19 Wing Comox Community. The CMFRC is offering three outings for you to meet people within your community and to make new friends. For information call the CMFRC at 339-8290. **NOTE:** Fees vary for these social events. Transport by Carpooling.

Mini Golf Adventures
Miracle Beach
ste: Monday August 9th

Date: Monday, August 9th Time: 9:00am - 3:00pm Location: Meet at CMFRC

a result of service

Discover Mt. Washington
Date: Monday, August 16th
Time: 9:00am - 3:00pm
Location: Meet at CMFRC

Historic Cumberland
Date: Monday, August 23rd
Time: 9:00am - 3:00pm
Location: Meet at CMFRC

# Emergency Child Care Services

A new initiative from the Directorate of Military Family Support has seen the creation of an Emergency Child Care Program at the CMFRC! Families choosing to participate in this new program will be asked to develop a personalized Emergency Child Care Plan that will enhance and suppor the child care plans they already have in place for regular work requirements and deployment. For the purposes of this program an tomorgency" exists when, as

requirements, there is no time to implement a personal child care plan. A list of approved child care providers is available at the CMFRC for military members to access for emergency child care needs, and for short and long term care during deployments. This program also provides limited financial assistance by paying for the first 24 hours of emergency care and depending on gross family income, a portion of any further child care costs for the emergency

period, to a maximum of seven days. Emergency Child Care The CMFRC Deployment and Coordinator, Alex Greenwood, is available to assist military families in creating their child care plans. For more information, please call Alex at the CMFRC, 339-8290 or 339-8211 (loc 8310).



# Le coin des Francophones

Programme d'assistance à l'emploi

Ce nouveau programme est offert aux conjoints(es) civils(es) des membres de la force régulière des FC et des réservistes des classes B et C.

La Coordonnatrice du Programme d'assistance à l'emploi, Michelle O'Neill, est disponible le jour et le soir pour vous aider avec vos questions concernant la pré-paration et la recherche d'emploi. Ce service est offert en Anglais et en Français gratuitement et est confidentiel.

#### Services offerts:

- Apprenez à créer un curriculum vitae et une lettre d'accompagnement visant à vous mettre en valeur.
- Pratiquez et développez des techniques d'entrevue et recevez des critiques constructives.
- Explorez des choix de carrière, vos options en éducation et formation, et la possibilité de créer votre entreprise.

Des références sont fournies aux agences communautaires, services, collèges et institutions de formation concernés.

Des ateliers de groupe et programmes en relation avec le dévelop-pement personnel et professionnel seront offerts à l'automne.

#### Ressources offertes par le CRFMC

- > Formation par internet (du groupe Irenyx)
- Vous pouvez vous inscrire pour accéder à plus de 190 cours par internet sur le développement professionnel, l'apprentissage à l'utilisation d "un ordinateur, de cours techniques, d'utili-sation de l"internet, etc.

Contactez le CRFMC pour réserver une période d'utilisation d'un ordinateur.

Pour vous guider dans votre développement professionnel et personnel, contactez Michelle au 339-8211 local 7004

## mailing list update

We are in the process of updating our current mailing list. If you are not receiving our *In the Air* Newsletter in the mail, or if you are not having it delivered to your door and are living in the PMQ's, please give Brenda a call at 339-8290 and she would be happy to add you to the list. This is also a request to all those families that are newly posted to the area to give us a call and discover all the programs and services that the CMFRC has to offer.

#### 29 JULY 1999

Canada Day and last minute hopes of good weather for that day. Well, Mother Nature was not that cooperative though she did manage to hold off the rain until late afternoon. However, if success were to be measured by the smiles and laughter of the children who darted from tent to tent, then the Canada Day celebration at Air Force Beach was a huge success. This year there were lots of activities to keep the children amused and entertained. There were carnival type games (such as ring and ball toss, string pull and duck pond), poster contests, bingo games and a demonstration of medieval life brought to us by the Shire of Cragmere. There was even an awesome waterslide that was really polular with those youngsters who didn't mind or didn't care about the cool winds or the steep climb up. For entertainment we had DJ Baxter McKee of Night Moves provide music throughout the day as well as live entertainment by Spindrift and Keith and the Boys. Unfortunately, the western dance demonstration by the Desert Diamond Dancers was cancelled at the last minute due to the sudden downpour of

The success of any events depends on volunteers who are willing to donate their time and energy. I would like to thank the following people for their assistance and commitment din ensuring that this year's Canada Day celebrations were a success: Laura Aplin, Christine Aplin McCorriston, Mona Baird, Liz Bech, Steven Bech, Susan Bech, Evan Bekus, Jane Bekus, Michelle Bekus, Ginny Bolduc, Matt Bolduc, Ginnette Branigan, Carla Calmes, Nina Christiansen, Suzy Cuerrier, Duffy Donovan, Marc Doucet, CWO Dupuis, Sandra Dupuis, Andy Euteneier, Keith Foraie, Rene Fortier, Carrie Fowler, Craig Fowler, Faye George, Rebecca Hall, Melissa Harper, Ashley Healey, Foraie Healey, Kevin Hughes, Rhonda Hughes, Holly Irvin, Kara Calmes, Brenden King, Rob King, Jodi Kochanowski, Kyle Kochanowski, Amber LeBlanc, May LeBlanc, Maggie Lucas, Dan Mac Iver, Rick Mamye, Shannon Marcotte, Daniel Maye, Derek Maye, Shane Maye, Samantha McCorriston, TJ McCorriston, Baxter McKee, Carol McvKee, Lianne McKee, Dolina Meaden, Mike Melanson, Amber Morrow, Cheryl Morrow, Padre Mury, Col Neumann, Maureen Neumann, Aeric Nicholson, Pat Nicholson, Karen O'Keefe, Shelly Ouelette, Mark Parker, Marty Piercey, Denise Potvin, Jessica Potvin, Josh Potvin, Tom Robichaud, Luciano Rollins, Al Rose, Holly Sharp, Mike Sharp, Lillian Sweeney, Chris Taylor, Pat Taylor, Paul Taylor, Eric Travis, Tim Wacy, Anna Woodward, Richard Woodward and Shelly Wright.

As you can see, the list of volunteers is a long one. I apologize if I have omitted any names.

\*A special thank you to those volunteers from St. John Ambulance for making it a safe day!

I would also like to thank the following businesses for their help and generosity in keeping us within our budget: A Buck or Two, Canex, Might Dollar Store, Super Store, Zellers, Butcher's Block, McGavins, Overwaitea, and Tim Hortons.

Once again, that you all for making this Canada Day such a success!

Stan Bekus,

Deputy Mayor WGCA and Canada Day Committee Chairperson



Talented artists busy creating at poster contest tent.



#### Wanted!

339-8211 (8571).

Final

Yard Sale

Mark Saturday September 11 on

your calendar as this is the date

for our last yard sale of 1999. Be

set up by 0800 and ready to close

down by 1400 hrs. This is your

last chance to get rid of those un-

wanted items until the spring of

2000. Read upcoming flyers for

more information, or call Jane at

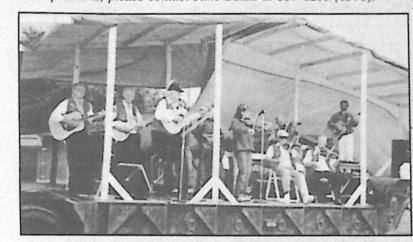
Wallace Gardens is looking for a volunteer to coordinate our Children's Video Afternoons. One Sunday a month we provide a "General" movie with popcorn and juice for children 12 years of age and under.. We require a dedicated individual to head up this program. If you are interested, please call Jane at 339-8211 (8571).

### Still looking for Ward Reps

WGCA

The Wallace Gardens Community Association consists of volunteers who organize and promote projects and services to enhance the quality of life in our community. All residents 18 years of age or over, are eligible to become members of the association. The community is presently divided into nine wards, each having at least one representative on the community council. Each ward representative acts as a liaison between their respective ward residents and the WGCA on all matters pertaining to their ward. Because of the posting season, we are losing some representatives from the various wards. Vacancies are as follows: Ward 5: Houses 66 to 83A, Ward 7: Blocks 102, 103, 105, 107, 108 and 110.

If you live in any of these wards and you are interested in filling one of these positions, please contact Jane Bekus at 339-8211 (8571).



Keith and The Boys performing for an appreciative Canada Day audience.

### Fear and cheer in Kosovo

By Capt Jon Burbee, CE Mil Eng.

(Conclusion to the article started in our July 15 edition.)

Then, after giving some general direction, I just stood and watched the beauty of engineers at work. The combat engineer troop went in and swept the building in case it had been boobytrapped. Meanwhile, the heavy equipment team levelled the parking areas and hauled crushed rock from I don't want to know where and made a parking area for our 87 vehicles. Next, the construction troop went into the building to survey the floor plan and commence plans for improving the interior and started building a small shower stand (can you believe that our portable shower unit was

stolen in Skopje?)

Meanwhile, our support troop started repairing vehicles that needed work on them, setting up the command post, setting up the kitchen, and making stores lists for replenishment. It's going to be a great home. Super potential and, like they say, location, location,

To our luck, a fully operational British field hospital has moved in across the street. Next to them is a vehicle repair unit. Beside us, a small laundry is set up for the hospital that we can make use of. Next door, we've staked claim for a home base for the Canadian recce squadron. We're calling the place Camp Isfeld after MCpl Mark Isfeld, a field engineer from 1 CER Edmonton (this unit) who was killed 21 June 1994 in Croatia when his vehicle hit a mine. Many of the people here knew him and there will no doubt be an emotional dedication ceremony next Monday.

We are settling into work as well. We get assigned tasks over the radio to perform heavy equipment work; field engineer tasks, the biggest job being constructing the HQ for NATO in Kosovo – 1,000 personnel! National Defence HQ is 5,000. It's a good job though, and our guys are up to

For me, as the deputy commander, my job is much more mundane. My job is to keep the unit running while the squadron commander meets with higher head-quarters to determine stuff like our roles, assigning tasks and getting support we need. I'm rather tied to the camp in a way; I'm escaping this morning to go to the HQ of the engineer regiment (UK) we have been assigned to.

Our three AEF tradesmen, MCpl Glenn Baird, MCpl Robert Lamothe and Cpl Joe Huard, are in Skopje with 141 AEF building facilities for the national command element and national support element. Conditions are spartan at best for them and the populace is far less happy to have them in their homes as the people are here. I have not had a chance to meet up with them yet, but they are doing great work and will be joining us soon.

Well, hopefully you are doing well. I am well, I am safe and I'm proud of what we're doing. Chimo! 26 June 1999

Here's another quick note to bring you up to date. We are finally spending a few days on our own building, setting up partitions for privacy and running power and water throughout. We've been a little preoccupied with a vast amount of tasks as the other Canadian units move north into Kosovo. Most have "fixed addresses" now. With the additional battle group, known as KFO Plus, we now have six separate camps to build using the same organization that was sent to build one, maybe two, camps. The number of personnel supported is the same, but there were economies of scale for utility support and defensive

We still haven't found the property owner who owns the building we're in. Gary MacGregor would find this appalling, but we just made "before" photos and a PM



#### Registration

It's that time of year again when all those personnel who live in MQs must register their pets. August 31 is the time to take count of all our little critters on base for the next millenium. You may register your pets at the WGCA office Mon–Fri from 0730-1200 hrs. Any questions or concerns, call Jane at loc 8571



Eng.

July 15 edition.)

comThis applies also to materials.

munThe Serbian owners of gravel pits,
e unit lumber years and hardware stores

are all in hiding from reprisals. We simply take what we need, leave a note, and record what was taken with the expectation of paying for it later. This is not far from looting, but only material needed to achieve the mission is taken. I can almost see Steve Eggiman rubbing his hands together.

I could also see Don Buchan rubbing his hands together when

I could also see Don Buchan rubbing his hands together when I interviewed about 50 locals for work as kitchen helpers, labourers and cleaners yesterday. A few questions, a gut feel for work ethic, etc., and away you go! No public service regulations apply, just try and be objective (despite offers from troops to "screen" applicants to get the most attractive ones).

We haven't escaped ASD here either. Yesterday a guy from Calgary showed up at the gate offering to provide a working cement plant and ablution trailers in two weeks if we wanted them. This is four days after the PM was denied access for a visit clearance due to security reasons!

Things are settling into a routine now with daily taskings and ongoing project work. The security while away from camp still needs to be fairly stringent, as it is still a rough neighbourhood as the thugs fill the vacuum left by the Serbs.

The AEF guys are getting the short end of the stick, I'm afraid, as they are with the NSE and NCE in Skopje. Stuff like duties and defenses are under the NSE/NCE control and a big concern we have is that the AEF keeps getting a disproportionate amount of general duties. This will change shortly as the OC is going down to retrieve them up to our location in Kosovo. They've been doing great work and I'm looking forward to seeing them.

Cheers,

#### Awesome slide.

#### Income Opportunity

Millionaire maker reveals exciting new way to earn residual income in the comfort of your own home. 1-800-521-8563.

#### ---------House for Sale

1480 sq.ft. 3-bedrm bungalow in park setting 1431 Balmoral Ave, Comox. 3 blocks from centre town, 5 mins to air

Additional info: 339-7410 or www.bchomesellers.com

#### Storage Available

A-1 Mini Storage has heated, well secured storage available next to the Base. Mention this ad & get first month half price. 334-6863.

\_ \_ \_ \_ \_ \_ \_ \_ \_



2 & 4 litre size Apple chips, Jams & Jellies Farm fresh eggs Gravenstein, Spartans, Galas in season

Open daily 9:00 a.m.-6:00 p.m. 339-7784 1507 Philmonte Road, Comox.

#### For Sale Mick's Munchies

Thriving kiosk in the Comox Mall. Excellent couple or family business. Owners will train and recipes are included Cheryl or Cliff 339--4460 or 897-0019.

#### Comox Valley Minor Hockey registration

Dale Stewart 334-0567 John Jackson 339-1901

contact:

Groupe AA en français Le Groupe l'Espoir vous invite à venir fraterniser le dimanche soir à 7:30 p.m. au 1413 Little River Road, Lazo. Le Groupe L'Espoir est un groupe ouvert (Bienvenue aux AL-ANON).

Pour plus de renseignement, appelez Emile 339-4008.

# Jake's Trivia

Answers 1. Gerry Cheevers. 2. Zero.

3. Rod Laver.

#### ReUnion 99 407 Sqn Demon Association 17-19 Sept 99

We proudly invite all Demon squadron members, past and present, to a weekend of reminiscing and tale telling of days gone by. Come out and reunite with old

Where: 19 Wing Comox Cost: \$60.00 per person (make cheque payable to 407 San ReUnion)

Maj R. Barrett (250)339-8211, loc 8538 or Capt A. Laird, loc 8204.

#### 412 (Transport) Sqn 60th Anniversary

412 Sqn will be holding an Open House on Sat. 11 Sep 99 from 1300-1700 hrs. in recognition of its 60th Anniversary. All former squadron members are invited. Notice of intent to attend is requested by end

Contact Maj Yvan Choiniere, 412 Sqn, or Pilot Officer John Gillepsie, Magee Jr. Annex, 58 Service Road, Gloucester, ON, K1V 9B2. Phone: (613)998-5681, Fax: (613)990-5481, E-mail: choiniy@tc.gc.ca

#### Canadian Cadet Tattoo

More than 550 Sea, Army and Air Cadets will raise the roof of Edmonton's Skyreach Centre on Sat. Aug 28 at 7:30 p.m. with the first ever Canadian Cadet Tattoo. The centuiries old tradition of music, dance and military pageantry will come alive as youth from Victoria to St. John's Nfld. come together to showcase their achievements. 250 cadets in five bands from the Pacific, Prairie, Central, Eastern and Atlantic regions will perform musical selections. They will be joined by a 100 member pipe band, 24 highland dancers, 50 singers and 150 memebers of the Sea, Army

and Air Cadet Guard and Drill Teams. From a thrilling opening, including cadets abseiling from the rafters, to the cannon booming, the Canadian Cadet Organizations ine the public to join them in a celebration of what it means to be

Canadian on the eve of the millen-Tickets are \$5.00 each at Ticketmaster (780)451-8000. Contact: Capt Kelvon Smith, Infor-

#### mation Coordinator Canadian Cadet Tattoo, c/o Land Force Western Area HQ (780)973-1945.

#### "The Bonnie" reprint The Shearwater Aviation Museum

Foundation is sponsoring a reprint of 1000 copies of Allan Snowie's great book The Bonnie, the blockbuster saga of HMCS Bonaventure, Canada's last aircraft carrier. The author has graciously offered all profits from this reprint to our Foundation Building Fund. Copies will be available in Aug 99. This 8-1/2x11 hardcover, 336 page book has 200 photos, many in colour, and costs \$50 + \$5.75 postage and handling.

To order phone toll-free 1-888-497-7779 or Fax 902-461-1610.

#### **Canadian Cancer Society** Calendar of Events

Classifieds & Announcements

Aug 11 Breast Cancer Support Group, Courtenay Cancer office, Aug 14 Annual Volunteer Appreciation Luncheon in Fanny Bay,

12:00 noon. Car pool from Cancer office at 11:30 a.m. Aug 28 Canadian Cancer Society Golf Tournament (18-hole Texas Scramble) at Sunnydale Golf Course. Registration at 11:30

a.m. Start 1:00 p.m. Cost: \$70, includes steak dinner & several contests. Entries accepted until Aug 23 at the Pro Shop or Cancer Society office, 102-1509 Cliffe Avenue, Courtenay.

#### St. John Ambulance **Family Brigade** Volunteer Divisional Superin-

tendent position available Qualifications:

-Be 18 years of age or older; -Agree to participate fully in a screening process for volunteers; -Possess good interpersonal skills to intereact with all levels of staff, volunteers and the general public. Some specific duties are:

-Organize an effective team of Divisional Officers; -Keep clear and open lines of com-

munication both internally and externally; -Attend and organize weekly Bri-

gade meetings and monthly Officer Resume to: St. John Ambulance,

463-Fifth Street, Courtenay, B.C.

V9N 1J7. Closing date: 30 July For more info: 897-1098.

#### What is a Military **Bed & Breakfast** Club?

This is the question often asked of Len & Jan Stoehr, the founders of Retreat & Reveille International, the Military Bed & Breakfast Club which they started in 1992.

Len is a retired US Navy officer and Jan worked as a teacher and graphic designer.

The club has now extended its scope to five continents. The annual directory offers over 450 havens in all 50 states and 26 other countries.

Club membership is open to all veterans (and families) of military organizations of any nation.

It offers economical lodging through low-cost stays with members who open their homes only to their fellow members, as well as at B&Bs owned by other military personnel. (Members are not required to host.)

There are 24 Canadian listings, 38 places in the British Isles and 22 pieds-a-terre in La Belle France. For yearly dues of \$25, members receive the host directory with a membership card, as well as The Bugle Call newsletter. Members' experiences are shared through the host directory and quarterly newsletter. An Internet site, www.retrev.com/ret-rev/index.html includes additional information on the club.

To join, send your military affiliation information and a cheque for US\$25 to Retreat & Reveille International, 3106 Military Road, Arlington, VA 22207-4136.

Further information is availabe by phone at 703-525-3372, by fax to 703-525-0520, or e-mail at RetRveille@aol.com

#### TODAY'S CROSSWORD PUZZLE

**ACROSS** 49 Reptile with 1 Patron saint of legs 52 Where to marry sailors 5 Stage 14 Honk 15 Wanders 16 Height times length, for a rectangle 17 Grievance

21 Natural

bell 25 Grenoble

girlfriend 26 Tender

33 Father

23 Sounded, as a

27 Voted to accept

"Laugh-In"

35 Conifer 36 Big shot, for

short 37 Caesar's X

40 Benches

42 Herring's cousin 43 Alternate routes

54 Measure of a tree's age Phoned 60 Consumed 61 Actress Adams 62 Proposer's joint 64 Broad valley DOWN

1 Recede 3 Boys, 5 Carry on 6 Wished upon a star 7 Eager 8 Part of a min. Igloo builders
 Fridge stick-ons

22 Dog bite

29 Gloomy 32 Manifest 11 Diva's song 12 Part of SAT 39 Out of the mark 24 Salad followe treats 41 Rulers of 25 Expert 26 Fishing spear

Not in favor o ordinary 40 Soda fountain 55 — King Cole Actress Lupi 42 Was the exclamation

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innovative engine solutions.

We have an opportunity for an individual motivated by the challenges of developing and implementing training in our Large Engine Product Unit. Qualifications include:

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In-depth knowledge of and experience in the overhaul of the Allison T56/

Experience using the Instructional Design Process.

Advanced PC skills in MSOffice (Word, Excel, Powerpoint and Access).

Please refer to competition LE173-99 when applying and submit your our web site at: www.standardaero.com.

EGALCIA

29 JULY 1999

PREVIOUS PUZZLE SOLVED

leading lady 28 One of two 46 Wild duck 48 More melancholy 49 Songbird 50 Lendl of tennis they don't

BRITISH COLUMBIA LUNG ASSOCIATION

# STANDARD

in the repair and overhaul of gas-turbine engines and related engine accessories has positioned Standard Aero at the forefront of the global aerospace industry. With facilities located worldwide, we pride ourselves at being a customer-focused organization utilizing leading-edge technology and developing

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This position offers a professional challenge, a unique career opportunity and a competitive compensation package. If you are a team player with a knack for making things happen, come join us! Standard Aero is an Equal Opportunity

The application deadline is 1999 August 5.

application in confidence to: Standard Aero Limited, 33 Allen Dyne Road, Winnipeg, Manitoba R3H 1A1 or Fax to (204) 788-2333 or Email to human resources@standardaero.ca We thank everyone for their interest, however, only those candidates selected for interviews will be contacted. For other employment opportunities and information on Standard Aero, please visit

EXCELLENCE IN GAS TURBINE ENGINE

#### In May of 1984, the members of UNDE Local 1007, CFB Comox, set up two bursaries of \$200 each, later increased to \$300 each. The bursaries are intended to assist graduating students from Highland and Georges P. Vanier Secondary Schools with their studies in a vocational field. The successful applicants must show an aptitude in their chosen field and a scholastic standing of at least a grading of "C." All students entering schools such as BCIT, Malaspina, Camouson, etc. may apply. However, preference is given to dependants of members of UNDE

Union of National

Defence Employees,

Local 1007 Bursaries

Christina Collins.

year. Jeenet's parents are Cheri and Barrie Donaldson.

Christina Collins, age 18, from G.P. Vanier Secondary School, has registered at North Island College in a University Transfer Program commencing fall of 1999. Christina's parents are Sheila and Garry Collins. Christina's grandmother, Rosalyn (Lyn) Clark was a member of UNDE Local 1008 for over 30 years. Christina included a thank you note to the members of Local 1007 reading, in part, as follows - "Thank you very much for selecting me for your bursary this year., I am very excited about continuing my education at North Island College, Courtenay."

On behalf of the members of UNDE Local 1007, the Bursary Committee congratulates Jeenet and Christina, extending best wishes in their future endeavours.

behave as if you are invisible to

other road users. Learn to check

#### Cycling Essentials bicycles are used in the

The nice weather is finally here and along with it you will find many young cyclists. Unfortunately, with the manpower shortage, the MP section is unable to offer its annual bike rodeo in which our children are taught the rules of the road.

We are pleased to announce the

Jeenet Marchetti, age 17, from

Highland Secondary School,

hopes to attend either Malaspina

or Camosun College in the coming

bursary recipients for 1999:

Local 1007.

Bieycles are classified as vehicles, and cyclists are expected to obey the same traffic rules and regulations, as do vehicle operators. Please review these tips with your children o ensure a safe and happy summer!

\*Protect Yourself: wear a helmet. Wing Standing Order 6-15 state: As per ref, the wearing of bicycle helmets is required on British Columbia roads

As safety is paramount, this law will be enforced by the Military Police at 19 Wing.

Therefore, the wearing of bicycle helmets while riding a bicycle within the confines of 19 Wing is mandatory for all military and civilian personnel, whether the

sumer protection laws are different

from those in B.C. Reminds Valerie

MacLean, Better Business Bureau

spokesperson, "The laws of the

country in which you make the

purchase prevail, so be sure that

you understand all the terms of the

sale, including shipping arrange-

ments, before you sign the sales

It may surprise you to find that

many merchants have "no re-

\*See and be Seen: wear bright coloured clothing with reflective patches. The more reflectors you

performance of duties or for

have on your bike, the better especially on your spokes, pedals, and back. At night or in stormy weather, always have a white light on the front and a red flasher on the back of your bicycle.

\*Ride Carefully & Predictably: ride in a straight line without weaving into gaps between parked cars.

Use hand signals; point in the direction you intend to turn. Make eye contact with car drivers, especially as you are entering an

Don't ride too fast or lean the bike while turning on slippery

\*Stay Aware: watch traffic behavior & ride defensively;

should assume no refunds or ex-

Also, confirm who will pay shipping and customs fees in the case of returns. Such fees will be your responsibility unless you have a written agreement that the mer-

documentation of purchases in a safe place. Overseas sales slips may just list a total purchase amount without a breakdown of the charges, so you may want to ask for an itemization of your purchases.

yourself with Canada Customs policies. Some items may be prohibited or restricted by Canada Customs regulations. Prohibited

over your shoulder for approaching cars without swerving. Listen for traffic - never wear headphones when riding. Watch for opening car doors and people in parked cars. Watch for sand, gravel, leaves, oil, potholes, \*Ride in Correct Road Position:

in general you should ride to the right of the lane.

\*Ride in Control: know how to handle your bicycle.

\*Respect Pedestrians: give pedestrians lots of room.

Make this summer a joyful not a painful - experience!

> Safe & Happy Cycling

# Tips for Shopping Overseas

If you're planning to travel overseas, keep the following tips in changes are allowed. Get any remind if you plan to do some shopfund or exchange policies in writ-In many foreign countries, con-

> chant will pay the fees. Keep your receipts and any

funds" or "all sales final" policies. In some countries no exchanges or Before you travel, familiarize refunds are normally given unless the merchant promises them in ad-If no policy is posted, you

items may be confiscated and you may be subject to a fine. If you purchase an item with your credit card and are unable to bring the product into Canada, your credit card company is not obligated to give you a refund and will probably not be able to secure one for you from the merchant Beware of prices that are "too

good to be true" and merchandise that may be counterfeit. If value or originality is a key factor in your decision to purchase an item, make sure to get a professional, independent appraisal in writing before you buy gemstones, artwork, or any other expensive item. Keep any certificates of authenticity or appraisals with you as you travel. Do not have them shipped with the merchandise.

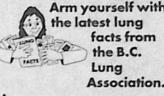
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#### BEAT THE ODDS **LUNG DISEASE**



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Vancouver, B.C. V6J 4M2

### 888 (KOMOX) **RCAF WING**



Air Force Association of Canada Calendar of Events - July & August July 10 - August 16:

Every Saturday - Steak Night, Cards/Darts/Bocci and Rollover Raffle, 5:30 - 7:00 p.m. \$7.50

Wing General Meeting: 4 August, 8:00 p.m. Comox Air Show: 888 Wing parking tickets on sale at the bar, \$1.00 each. Hurry!

888 Wing hours: Monday - closed\* Tuesday - closed Wednesday, noon - 6:00 p.m. Thursday, noon - 1:00 a.m. \*\*

Friday, noon - 1:00 a.m.\*\* Saturday, noon - 1:00 a.m. \*\* \* Bar open on Holiday Mondays. \*\* Bar could be closed as early at 9:00 p.m. if there are no customers, at the discretion of the Bar



## Royal Canadian Legion

### **Branch 17 Courtenay (334-4322)**

Dance: every Friday evening, 8:00 p.m. July 30 Island Country Aug 06 Ventura Highway Aug 13 Andrew and the Machine

Special Events: 1st Annual Ladies Pageant - Sat 21 Aug at 8:00 p.m. All ladies are invited to participate Branch Toga Party - Fri 27 Aug. Come out for a fun evening and enjoy yourself

Fun Golf at Longlands - Sat 28 Aug at 3:00 p.m.

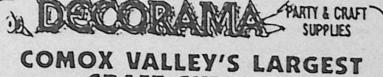
Cost \$15.00 includes BBQ. Register at the bar. **Branch 28 Cumberland** (336-2361)

Every Wednesday, Bingo 7:00 p.m. Hall rental: non-members \$75, members \$50, kitchen use \$25.

### Branch 160 Comox (339-2022)

Mondays...Ladies Auxiliary Drop-in Bingo (Upper Hall doors open 6:30 p.m., Bingo 7:00 p.m.) Friday Night Dances 8-12 p.m. July 30 TBA

Friday & Saturday: Meat Draws (3:00-6:00 p.m.) For hall rentals contact Ken Seymour 339-2022, Mon-Fri.



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THE WILL 102 - 307 5th Street Courtenay 338-8302

#### HISTORY OF THE MILITARY AIR SERVICES OF CANADA - Part 9b & 9c

(Original prepared by Capt D. Nicks. Editing and additional material by LCol Leversedge.)

# Maritime Air Command

The original RCAF plans did not include a plan for the defence of Canada's coasts; this was to be left to the Royal Canadian Navy. Therefore, only a small headquarters was set up in Halifax in April 1947 (No. 10 Group, Central Air Command). However, as the Soviet submarine fleet increased, the threat to the northern sea-lanes increased proportionately and the RCAF was required to augment the RCN. This increase in responsibility led to the formation of Maritime Group in April 1949 and finally Maritime Air Command in January 1951.

Maritime Air Command was absorbed into the Canadian Forces

Maritime Command in January 1966 and then was separated again as Maritime Air Group when Air Command was formed in September 1975.On 1 April 1952 Maritime Group became an integral part of newly formed Allied Command Atlantic of the North Atlantic Treaty Organisation. In July 1952 its area of operations was increased to include the Pacific Coast. Over the years MG/MAC/ MAG have patrolled both coasts and provided yeoman service with the detection of submarines to the RCN/Maritime Command and Allied Commanders in the Atlantic and the Pacific. Their motto was fittingly "Over the Seas."



A Lancaster bomber being used for Maritime Patrol and SAR alongside a row of CF-100s used for all weather interception at CFB Comox.

# **Training Command**

Training Command was formed at Trenton in October 1949; it controlled No.14 (Training) Group in Winnipeg. In September 1958 Training Command moved to Winnipeg and absorbed No.14 (Training) Group.

Training Command was responsible for the training of all personnel in the RCAF. In addition, under a mutual aid programme, they assumed the responsibility for training aircrew for Belgium, Denmark, France, Italy, the Netherlands, Norway, Portugal, and the United Kingdom. Later, this arrangement included Turkey, Greece and West Germany. Between May 1951 and July 1957, the RCAF trained 4,600 pilots and navigators for our NATO allies. This arrangement was extended for another three years for Denmark, the Netherlands and Norway and, in 1958, Canada was contracted by West Germany to train an additional 360 aircrew. Some of the RCAF Stations used during this period were Penhold and Claresholm in Alberta; MacDonald, Gimli, Portage la Prairie and Winnipeg in Manitoba; Moose Jaw, Saskatchewan; Trenton and Centralia in Ontario.

Training Command survived unification in 1968 and was responsible for all individual training, including flying and trades training. In 1975, when Air Command formed in Winnipeg, Training Command was reduced in size (became Training Systems) and moved back to Trenton, Ont.

Their motto was "Exercendum Usque ad Optimum" (One must train up to the highest standard).



# Nautical Days

The last planned parade participation for the Comox Air Force Museum will be the Nautical Days Parade held in the Town of Comox on Monday August 2. The museum will pull out all of the stops and put as many vehicles and participants in the parade as the volunteers can muster. Five vehicles are planned, as well as ten persons dressed in period RCAF uniforms to mark the 75th anniversary of the Air Force.

The museum was able to show its recently fully restored 53 Willys jeep at the 19 Wing Airshow 99. The vehicle was received from CFB Chilliwack upon the closure of that base and has been under restoration ever since. Dressed up in Air Force blue, and configured in Air Force Police gear, the jeep will be temporarily road licenced so that it can take part in the Nautical Days parade. It will then be submitted for antique automobile plates and placed in the stable of vehicles already operated by the museum volunteers.

In addition to the vehicles on parade, the volunteers will be supplied with a host of trinkets to give away, courtesy of DND Public Affairs. Contacted by the Ottawa office of Public Affairs, the museum staff were asked if there would be an opportunity to promote the Air Force and the 75th anniversary in upcoming public events. Given

that the Nautical Days parade was only two weeks away, public affairs priority posted about 1000 posters, stickers and wing sets to the museum for hand out during and after the parade. These items will be distributed by museum volunteers during the parade and also be available at the museum's gift shop booth which will be set up in the Comox Marina Park immediately following the parade.

# New Magazines on display in museum

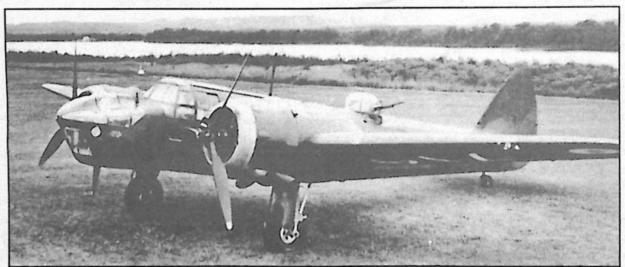
The Comox Air Force Museum is proud to announce that three new current magazines will be on display and available in the Rowe Library for your viewing pleasure. Continually confronted with good magazine articles on aircraft and restoration projects, the museum decided to get two year subscriptions to Flypast, Aeroplane Monthly and Aviation History. These are excellent aviation magazines, with well-written and researched articles on many historic aircraft. A new magazine rack has been placed in the Rowe Library reading area and the magazines will be available for viewing upon receipt.

#### Museum's Lancaster Model to Victoria

The Comox Air Forces's flying model of the Mark X Lancaster is off to Victoria to be on display

# Heritage Happenings

By Joel Clarkston



A Bolingbroke bomber.

there for the August 28 show of the Victoria Radio Control Model society. After a successful display at the 19 Wing airshow in which Capt Mike Benoit piloted the craft in a flawless performance, the Lancaster was given a complete check to ensure that no parts or pieces had vibrated or been knocked loose. Given a clean bill of health, and a subsequent certification of airworthiness by the museum staff, it was oiled down and put away till the next performance.

The Lancaster has so far had about ten successful flights with

the only major problems being a broken tailwheel, a right landing gear main failure, due to lost air pressure in the down lock; some paint that was attacked by the fuel; and a cracked engine nacelle. This is considered good in the modelling world and the staff are very happy with the model's performance and, if the crowd's comments are any indication, so is the public at large.

The model has been such a success and drawn such interest to the museum projects that a further aircraft is being considered for construction this winter. It will be the

Bristol Blenheim Mark IV, Bolingbroke as it was known in Canada. The Bolingbroke saw considerable service in Canada as a multi-engine trainer, bomber and patrol aircraft. It is very significant to west coast aviation and was flown by 407 Sqn during the war. Of interest is the fact that one of the type was financed by the Imperial Order of the Daughters of the Empire and donated to the Canadian government. The model will be patterned after this aircraft if the museum decides to proceed with the project.



#### Summer Hours

for

Comox Air Force Museum
Located at the entrance to CFB Comox
Open weekdays, weekends & holidays
10:00 a.m. till 4:00 p.m.

