

TO THE MILES

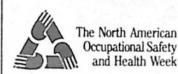
19 Wing CFB Comox

THURSDAY 13 MAY 1999

Comox Valley's Longest Running Newspaper

VOL. 41 NO.7

Inside this issue:



Safety Week Calendar of Events



see page 9

Aviation history: RCAF overseas

407 Squadron nabs driftnetters



Photo of the Month: the Wing Intelligence Section selects one photo each month as worthy of note for its clarity and intelligence potential. The selected photo is of a driftnet vessel that was taken on 18 April by 407 Squadron, Crew 2. This photo was part of the excellent coverage obtained and was forwarded to DFO, along with other information, for prosecution of the vessel and crew. Bravo Zulu to all 407 Sqn members for their alertness and professionalism during the conduct of the driftnet patrols staged out of Alaska.

Canada has just completed a successful three-week surveillance operation of high seas driftnet vessels off the coast of Alaska.

The joint surveillance operations involved two CP140 Aurora aircraft from 19 Wing Comox, 53 CF maritime patrol personnel and two fishery officers in a coordinated international effort with U.S. Coast Guard and their Russian and Chinese counterparts.

In total, four vessels were sighted illegally fishing with driftnets, a highly destructive practice that scoops up everything in its path due to the immense depth and size of the nets and the length of time submerged in the water.

Driftnets are potentially harmful to all fish stocks and marine mammals. The Russian-registered vessel Astafyevo and the IT1326 were both pursued by a Russian patrol vessel, after being sighted by the Canadian crew.

A third vessel, which originally claimed to be the *Florida*, a Philippine-registered vessel, was later revealed to be the *Lobana*, registered in Russia.

Six tons of coho salmon were discovered on board the *Lobana* by the U.S. Coast Guard. The *Lobana* was turned over to a Russian patrol on April 21 to be taken to a Russian port for prosecution.

On April 24, the U.S. Coast Guard cutter Rush apprehended and boarded the vessel *Ying-Fa*. The *Ying-Fa* was carrying a total catch of 6.2 tons of coho, chinook and pink salmon – all caught ille-

gally with driftnets. Further inspection of the vessel revealed more than 14 nautical miles of net onboard.

The vessel master claimed that the Ying-Fa's registry was Chinese, however, the Agricultural Department of the People's Republic of China refuted that claim.

The vessel master reported that he planned to fish until he had accumulated 40 to 50 tons of fish. This would amount to more than a week's illegal fishing activity.

The stateless vessel has been escorted to Adak Alaska by the U.S. Coast Guard where the vessel, catch and gear will be seized and the crew detained for further investigation by U.S. authorities.

Reports from the 407 crew confirmed that the high threat area is very active with illegal activity.

Large-scale driftnet fishing beyond the exclusive economic zone of any nation is prohibited under a 1991 resolution of the United Nations General Assembly.

Canada is a signatory to the Convention for the Conservation of Anadromous Stocks in the North Pacific Ocean, along with the United States, Japan and Rus-

These countries have agreed to coordinate enforcement activities to stop illegal salmon fishing by other countries on the high seas of the North Pacific.

The Peoples Republic of China also participates in coordinated activity through a Memorandum of Understanding with the United States.



Military Police Fund for Blind Children Raffle for Sight



chance to win one of the beautiful prints donated by local artist Gordon Pynn. The MPFBC still has plenty of tickets available for the drawing on 28 May.

Interested? You can purchase your tickets (one for \$2 or three for \$5) at the Wing CE Section Canteen, the 19 Wing Air Reserve

Griffin Pub, the Courtenay RCMP and, of course, from any Military

All funds from the raffle will go to supporting the Biind Children's

Get your tickets; take a chance on winning one of six beautiful

Nation

wide

search...

Tall Ship Millennium Chal-

lenge and the Government of

Canada, through Canada's Mil-

lennium Partnership Program,

announce a nation wide search

for 500 Canadian youths, 15 to

25 years old, to be sponsored

as Canadian Crew Sail Train-

The trainees will participate

in the Tall Ships 2000 Race and

OpSail, Parades of Sail, the larg-

est maritime events of their

kind, sailing from Canada, Eu-

rope, the Caribbean and the

U.S.A. Voyages range from one

to four weeks, with 22 crew

Each sail trainee will be spon-

sored while on board. They will

be expected to pay their own

transportation costs to and

from the ship and to complete

all application requirements.

Support packages will be pro-

vided to assist trainees in rais-

No sailing experience is nec-

essary. Trainees will be in-

structed in seamanship, navi-

gation and ship maintenance.

The Millennium Bureau of

Canada, under the leadership

of Deputy Prime Minister Herb

Gray, has stated "The young

people chosen for the Tall Ship

Millennium Challenge will par-

ticipate as the official tall ship

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resent Canada, but to represent

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ing funds.

Canada."

University of Manitoba Information Session

Since 1974, the University of Manitoba has been assisting current and retired Canadian Forces members, both Regular and Reserve, their spouses and DND civilian employees, in their pursuit of a university education. The program is designed to be sensitive to some of the unique problems of military life, such as increased mobility and disruptions due to deployments or tasking.

Mr. Kenn Doerksen, Coordinator of the Canadian Forces Program at the University of Manitoba, will visit 19 Wing on Wednesday, 2 June. A general briefing will be held in the Air Reserve Flight Theatre (in the Air Force Museum building) from 0900 to 1000 hrs. Topics of discussion will

-admission and eligibility requirements -an overview of courses and programs available

-advanced standing for military training

-information on academic counselling services. Mr. Doerksen will also be available for individual consultations fol-

lowing the general briefing. Those interested in attending the general briefing or requesting an individual meeting are asked to contact the Wing Personnel Selection Office at 339-8293. Pre-registration is required for those wanting indi-



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Kiwanis Club sponsors 386 Air Cadets



Capt Colm Canavan accepts a cheque for \$600 on behalf of the 386 Air Cadet Sponsoring Committee from Comox Kiwanis Club president John Williams. F/S Varerie Lyall and Sgt Tom Kizuk look on.

Teams Wanted!

This year's annual 24-hr. Relay Race for YANA (You Are Not Alone) is scheduled for 3-4 July. Entry forms are available from all CIBC branches, Mountain Meadows, Extreme runners, The Sports Centre, Fitness Excellence, Phase 2 and 19 Wing YANA rep MCpl Teichrib at 442 SAR Tech shop, loc

Entry fee \$275 per team. Teams of 12-18 can run, walk or jog the 3km or 5km courses. Once a team is registered, the Team Captain is to contact 334-0511 and arrange to pick up a packet containing pledge sheets for each team member.

YANA has helped many families in the valley, including a number of military families, since it began, either by providing finan-

problems or by providing one of three apartments in Vancouver, located by the Children's Hospital This month alone YANA has helped 25 families.

Last year there was only one team from the base entered in the

This year we would like to have maximum participation from the base. 442 currently holds the Base Commander's Baton for top military team in the relay.

A little competition would be appreciated. For those of you who like volleyball, there will be an intense competition set up by our own FS&R staff.

Come out and enjoy the fun and the sun. See you there!

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13 MAY 1999

What does it take to be a SAR Tech?

By Sgt John Oakes

It's that time of year when certain individuals are anxiously awaiting word on the outcome of this year's SAR Tech selection

They have completed all necessary prerequisites, submitted the required paperwork and, hopefully, had a successful interview with the WPSO. Now it's time to wait. Wait for the board to finally sit and select the 12 candidates for QL5A9901. Wait and listen to the rumours; "They're only looking at taking from the land force elements," "I heard that they are going to max load up to 20 candidates," "With the 500 series restructuring, I heard the Airforce guys have the best shot." You name it; the rumours are out there.

But put all the PT testing, applications, endless interviews and file selection aside. Do you know what it really takes to become a SAR Tech? Well, it takes the dedicated support of all sections at 10 Wing Comox. That's right, CFSSAR could not turn out one SAR Tech without your support.

The never-ending administration through PSS and now the IRPP office. Annual medicals and dentals; do not forget sick parades and last minute appointments. Safe backing courses and 404 issuing. Then they have to be fed and watered and put to bed and, sometimes, they might have to change bed locations. No one ended up in jail yet, so I'll leave that one alone. Even the AMUY took care of us to ensure we got to the arctic and then back again. Without aircraft support from 442 Sqn, we could not complete operation type training. Without the aircraft and life support equipment being maintained, no one would be operational. And we all like to have our picture taken (yes, we do). And don't forget that outstanding CE work order - CFSSAR For those of you who are ap-

plying, FS have supported around eight or ten SAR PT tests so far. Thanks to MSE, we always have wheels for that next road move. And ATC and MET always give us the green light for over-field or (for some students) on-runway

There is one last, but certainly not least, section which CFSSAR would like to thank. There is an old saying that the army marches

always has one.

Congratulations

Maj C.P. Benninger, WCompt, presents Lt Luce Gilbert with her CD. Lt

Gilbert is employed as the Wing Management Services Officer and

recently returned from completing her Finance Specialty Course. She

has been selected as a member of the CISM Women's Volleyball Team

representing Canada at the CISM World Games in Zagreb, Croatia this

summer. Everyone at 19 Wing wishes you and the team Good Luck at the

on its stomach. Well, we could probably say a SAR Tech wouldn't be able to march if it wasn't for kit. Lots and lots of kit. Call them what you want; Box Kicker, Bin Rat, Sock Counter, etc., they are the SAR Techs' link to all that is shiny and new. They are the Supply Techs and civilians who work at 19 Wing Supply Section. The Supply Section on base has performed in an exemplary manner. From the initial kitting for QL5A9801 back in August 98 up to present day operations, all staff have displayed positive, professional attitudes. Always willing to adjust timings due to our schedule, making that critical decision for equipment procurement, addressing scale of issue concerns and not giving us a hard time if we forgot to follow up on certain is-

On behalf of all staff at CFSSAR and especially the Wann-a-bees/ Possiblies of QL5A9801, a well deserved Bravo Zulu to all staff at Wing Supply. We do appreciate that extra effort.

Thanks again to all sections at 19 Wing and I hope you're ready for round two, starting on 23 Au-

Cookbook Contest winners

The following people are winners of Company's Coming "Pizza!" or "Slow Cooker Recipes" books:

MCpl Rob Nicholson Sylvia Smith Rachel Forest Daniel Maye Karrie Phelps Yvette Ally Faye George Rhonda Crew Yvonne Johnston Alain & Rachel Proulx

Please call in at the Totem Times office during our next production period, 19-20 May, to collect your

- (13) 1 As of 1 July 1999, LCol Haché is promoted to Colonel and is appointed Maritime Air Commander Atlantic

Brand new

commander

Col Mike Haché joined the Canadian Forces in 1972, and graduated from the Royal Military College of Canada in 1977 with a BA in Commerce and Economics. Upon completion of air navigator training in 1978 he was posted to 405 Maritime Patrol Sqn in Greenwood, NS. He then served as a Cadet Sqn Commander at Royal Road Military College in Victoria, BC from 1981 to 1984. Col Haché then returned to 405 Sqn, were he served until his promotion to Major, and posting to 404 Maritime Patrol and Training Sqn in 1987. Col Haché attended the RAF Staff College from Dec 1990 until Dec 1991, at which time he was posted to the Directorate of Maritime Aviation at NDHQ in Ottawa. He was then promoted to Lt-Col in 1992 and served in the Directorate of Peacekeeping Operations in Ottawa until he assumed command of 404 Sqn in 1993. In 1995 he was posted to Maritime Air Group HQ in Halifax as Senior Staff Officer Fixed Wing Aircraft, and in 1997 was posted into his present position as the 19 Wing Operations Officer.

Col Haché is married to the former Judie Coulstring of Greenwood, NS, and has one daughter, Melissa.

Congratulations, and 19 Wing wishes you well on your next command. Col Haché will be replaced by LCol Fred Arndt.

Labrador helicopter makes precautionary landing in Kelowna

A 442 Sqn Labrador helicopter from the base made a precautionary landing at the Kelowna airport at about 9:45 a.m. on May 4th.

Crew members of Labrador 307 say they detected a "burning smell" in the aircraft and the aircraft commander decided to land the helicopter as soon as practica-

Upon inspection of the interior, the burning smell was found to be coming from the TACAN - a navigation instruments that indicates



direction and distance from ground-based navigational aids. The TACAN was disconnected and its circuit breaker pulled.

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Are ideals too idealistic?

A few years ago, at a meet & greet, a Major in our group stated, "It's time we rewrote the military manuals on leadership. They are clearly outdated." To my amazement, several other members of various ranks nodded their heads in sage agreement. Displaying incredible restraint and charm, I bluntly challenged him. "Which parts are outdated, sir? Courage? Integrity? Loyalty? Taking care of your people? Seeking and accepting expert advice? Which parts are obsolete?" Surprised by my disagreement, the Major explained that he meant the manuals on leadership should be rewritten along modern business practices. Thirty minutes later, we agreed to disagree. Sadly, I had a similar conversation just last week.

I am amazed and dismayed by these opinions. When I think back over the scandals that have shocked and shaken us this past decade, I realize that not one resulted from "bad business practices." Each was caused by a violation of the principles and ideals of military leadership. These ideals and principles were not cobbled together by a working group. They weren't written by a consultant touting the "management fad of the month." And, they are not the result of opinion polls or the pleasant theories from some university's history department.

The ideals and principles of military leadership were forged in the fire of war. What did not work was burned away, often at the cost of human life, leaving only the hardened essence called TRUTH...and truth endures. But truth is often unpopular. Ideals call for a never-ending process of self-examination and self-improvement. Thus, ideals are popular in speeches but not in our busy lives. Principles demand the application of self-discipline. Self-discipline is not popular when personal responsibility is out of fashion.

How much easier it is to declare "business practices" as the guiding principles. After all, "business practices" can be rewritten whenever necessary. With no standard carved in stone to be compared against, a "leader" can always claim success. He can even declare his ability to adapt his rules to the changing environment as a virtue.

Business practices do have an important role in the process called Management. But Leadership demands more. And only ideals can call forth that "more." Ideals alone do not make us great. But in struggling to reach an ideal, we bring forth the greatness within ourselves. Very few people achieve even one ideal in their lifetime, but many have become great leaders by trying. No leader ever became great by trying to achieve a business practice.

Darrel Duckworth

15 May International Day of Families!

It's a good time to consider the families we belong to and the families we support...a reminder of their importance in our lives. And, a challenge to all family members: How many acts of kindness and love can you squeeze into one day? Write, fax or e-mail the details of your day to the BC Council for families and you will be entered into a draw for some interesting family packs. Address: 204-2590 Granville Street, Vancouver, BC, V6H 3H1 Fax: (604)-732-4813 E-mail bccf@istar.ca

Fresh Air Photo Contest



The British Columbia Lung Association is sponsoring a photo contest to promote the importance of fresh air. How would you capture such an elusive photo?

The four categories are: Kids; Sports, Leisure & Travel; Animals &

Prizes include a Pentex camera, film, Sony Walkmans and a Norco

Details available at all London Drugs locations, or by calling 1-800-665-5864, or at www.bc.lung.ca/freshair.htm Deadline 30 June 99



Notice to Our Advertisers

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Thank you for your patience and for bearing with us through this transition.



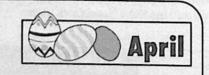
Next deadlines

Advertising: May 18 Articles: May 20, NOON Note: deadline is moved up due to Victoria Day.

Awards for Literacy

Do you know someone or some group working to improve literacy in your community? Canada Post will be accepting nominations for the Literacy Awards until 4 June 1999. Brochures are available at all Canada Post Offices.

Weather Summary



The month of April was right on the average mark with regards to temperatures. Precipitation amounts recorded were well below the average which made for, finally, a dry month. This lack of rainfall, combined with greater than average sunshine values, resulted in the late blossoming of the local vegetation this year.

Highest monthly temperature 20.0°C on 23rd Lowest monthly temperature -1.6°C on 4th Total monthly rainfall 24.2 mm Average monthly rainfall 60.6 mm No. of days with 0.2 mm or more rainfall 12 Total hours of bright sunshine 216.5 hrs

(Information provided by 19 Wing Comox Military Weather Unit.)

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13 MAY 1999

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CF Supply Chain **Project**

Why is there a **Supply Chain** Project?

In its Alternative Service Delivery policy of July 1995, the Department of National Defence (DND) identified the need to find opportunities for cost savings in the delivery of non-core services through competition. In selecting activities for review, DND looks for areas where competitive services are available in the market place. Supply and distribution is an area where there are a number of companies whose main business is to provide integrated logistic support. Therefore, the Defence Management Committee (DMC) identified DND's supply and distribution function as a candidate for ASD analysis in October 1997. An ASD review of these activities began later that year.

The aim of the review is to identify where private sector expertise might offer significant savings to DND. Savings, both in dollars and personnel, can be used for reinvestment in operations.

Because supply and distribution activities are conducted at virtually every Canadian Force (CF) location, an in-house bid was not considered feasible. Personnel and the unions representing DND employees were advised of this decision in December 1997. Similarly, the "most efficient organization" process was also not applicable to the supply chain project. The Deputy Minister informed the unions of this in June 1998.

What does the current DND supply chain do?

The Canadian Forces' supply chain provides members of the CF at home and abroad with supply and distribution services for everything from clothing to spare parts for sophisticated military equipment. The functions include warehousing, receipt and issue, distribution, inventory management and related functions at depots, bases and units. It begins in industry as the source of supplies and it ends at the soldier in the field. While the supply chain is a sin-

gle system, it can be thought of as having two parts: one associated with deployed military operations and, one associated with the fixed infrastructure in Canada (the static part). Delivery of the Defence mission has always been dependent on a mix of military, public service and private sector capabilities. The Supply Chain Project has been tasked to review that mix with a view to optimizing cost effectiveness in light of rapidly changing private sector capabilities and an evolving military context. The total cost of the static part of the

supply chain is over 300 million

dollars per year. It currently em-

ployees approximately 1,750 civilian employees and 2,850 military members at installations across Canada. With few exceptions, the proportion of people employed in static supply and distribution activities at military installations is approximately 5% of the total strength of the installation.

What work has been done so far?

Preliminary work on the project involved talking with stakeholders including management within DND, employees, unions, industry, local communities and other

government departments. In addition, the concept of having third party logistics suppliers providing the supply and distribution of the DND had to be evaluated and the team needed to know what other countries like Australia, the US and the UK might be doing in

The initial feedback showed that there is a very competitive marketplace for services that generally correspond to the static supply and distribution operations at depots and bases. Indeed, experience has shown that significant savings and increased performance as well as other benefits are possible when activities are exposed to competition. Based on the experience of allies such as the US, the UK and Australia as well as on previous Canadian experience, savings in the order of 20% to 30% are achievable in the area of support services.

In April of 1998, DMC decided to proceed with a Solicitation of Interest (SOI) to industry. The SOI does not ask for bids or contracts. Rather, it asks third party service providers to state if they are interested in working with the DND at this preliminary stage, to determine if the goal or process is feasible; in this case, achieving cost benefits through exposing the supply and distribution system to the competitive marketplace. The caveats to achieving those savings are to: ensure operational commanders are served effectively; maximize quality employment opportunities for affected personnel to the extent possible; and ensure customer service levels meet or exceed current satisfaction rates.

Thirty-one contractors responded to the SOI and have made themselves available to answer questions of the project staff.

The next major task was to build a business case that would tell senior management exactly what going ahead with this project would mean to DND. This in-

- building a 'process model' of the current supply and distribution system. Representatives from ADM (Mat) EPM/EPS, the Environmental Chiefs of Staff (ECS's), DSup and DTM participated in 30 workshops to develop this model;



working with ADM (Fin) ADM (Mat) and the ECS's to agree on a costing model for the current system against which any projected costs could be measured and auditing the results through both the Chief of Review Services and a civilian accounting firm;

- develop a detailed risk assessment in accordance with Treasury Board directives on project man-

- working with the three ECS's, DCDS and ADM(Mat) to develop the high order service levels (e.g. timeliness, quality, asset visibility and customer satisfaction) required to meet the needs of the

- conducting an independent, arms-length evaluation of the performance measurements used by industry and gathering proof of industry's ability to meet contracted performance requirements; - working with ADM(HR Mil)

and ADM(HR Civ) staff on the human resource strategies for military and civilian personnel; and - communicating and consult-

ing with stakeholders. The project has given briefings to stakeholders and sought feedback from stakeholders and experts on a continuing basis since it began.

What's next?

The Supply Chain Project is finalizing its work on the business case and is preparing to present its findings to the project Steering Committee in early June 99. The Steering Committee was created for major ASD initiatives to provide advice to the Executive Authority, through the Chair (VCDS). It includes the Group Principals, the ECS's, union representatives, representatives from the Treasury Board Secretariat (TBS), Public Works and Government Services Canada (PWGSC), and the Canadian Space Agency (CSA) and, a Senior Vice President from Queen's University. The Executive Authority for the Supply Chain Project is the Deputy Minister/Chief of Defence Staff.

For more information on the project visit our web site on the DIN at: 131.134.112.50/vcds/ dgmrs/scp/intro_e.asp

On the Internet at: www.vcds.dnd.ca/vcds/dgmrs/ scp.intro_e.asp

E-mail us on DEMS at: S Breton@DGMRD@VCDS or on the Internet at: SI.Breton@issc.debbs.ndhq.dnd.ca

Phone us at (613) 995-3625.



One up, 114 to go

On 29 April, the first "tilt-up panel" was put in place at the construction site of the new Fitness and Community Centre. The project calls for a total of 114 tilt-up panels, which range in weight from 30,000 pounds to 94,000 pounds, depending on the size of the panel and number of door/ window openings in the panel.



12-23 MAY 1999

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Congratulations go our to Cpl

MCpl Johnston is leaving us for Edmonton, Alberta. A lineman, who is employed in the Tel Services section, he is going back

Cpl Bouffard, who is employed at

IFRCC, will be leaving us for

Bagotville, Quebec. Marc will be

going home of sorts and is looking

forward to the challenges ahead

Maj Drapeau will be leaving us

this summer and going to

Belgium. He and his family are

extremely excited with this new

opportunity and looking forward

to their new adventure.

to his roots in the field.

Personnel changes are inevitable each year, the following are just the beginning, with more postings expected. These individuals have their posting messages and are excited with their new challenges. Good luck and enjoy your new



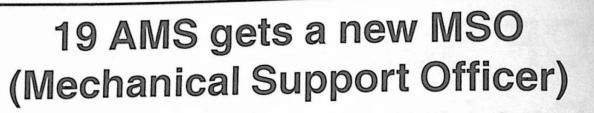
Congratulations go out to Karen Racicot for becoming the Tel Admin Sup. Welcome to the team and good luck in your new job.



MCpl Metivier, who has worked in the FM cell, will be leaving us for Leitrim, Ontario. Chris and his family are looking forward to the challenges and new surroundings.



Cpl (Ret'd) Stapleton has been released so that he can pursue a new career as an instructor for LEARNIX Limited, based in Ottawa



By Eric Travis

The 1999 APS has already affected 19 AMS, with an early change to the MSO organization. In the accompanying photograph, the CO of 19 AMS presents 2Lt Darcy Giguere with his Leiutenant stripes. Darcy will be replacing Capt Pierre Bouchard as the MSO this summer. Pierre has decided to try his luck on Civvy Street; we wish him the best. (Pierre, if you have any furniture to give away, I'll take it.)

An unusual scene greeted squadron members recently - we actually saw four Privates receiving their first hook, and all on the

same parade. Shades of days of yore! See the glowing faces in the accompanying photos On 30 April, 19 AMS had its

Annual CO's Challenge. This involved several significant sporting events in the morning (volleyball, bowling, basketball and badminton), followed by lunch and numerous bar events in the afternoon (darts, doubles, eight ball, shuffle board, foosball and cards). This year's competition was

tight with the AMCRO team putting forth a good showing, but conceding victory to the ACS team which, for some reason, dominated the bar games.

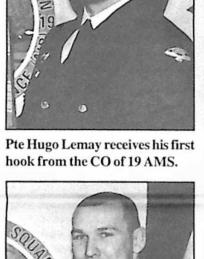
The volleyball section of the CO's Challenge was of a similar calibre to CISM volleyball with MCpl Christensen performing the difficult standing on-hand block manoeuver and several players displaying remarkable agility in net In the end the volleyball com-

13 MAY 1999

petition was a three-way tie with the winner decided by points, for and against. The foosball was somewhat different with Cpl Derrick (hands) Kaye and MCpl Franz (back-row) Weismann dominating the competition. It's a good thing I wasn't playing.

This is 19 AMS, signing off.

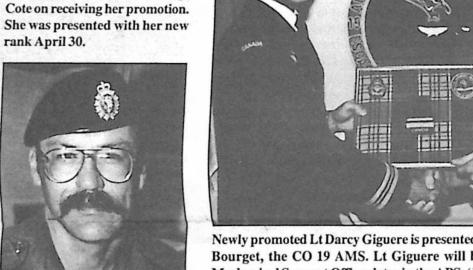






Pte Mark Maher receiving his first hook from Maj Bourget.





Newly promoted Lt Darcy Giguere is presented with his stripes by Maj Bourget, the CO 19 AMS. Lt Giguere will become 19 AMS's new Mechanical Support Officer later in the APS. (Photos by Wing Imaging.)



Maj Bourget presented Pte Ken Berrigan with his first hook.



Pte Mike Lewis is presented with his first hook by the CO of 19 AMS, Maj Bourget.

"DID IT MAKE A DIFFERENCE TO THE PEOPLE THAT 'DOCTORS WITHOUT BORDERS' WAS THERE? FOR ME, THE ANSWER IS YES."

SIDNÉ MADDISON, NURSE FROM BRANTFORD, ONT BOSNIA & CROATIA

octors Without Borders Canada volunteers run hospitals, set-up feeding stations for starving children, perform emergency surgery, train local health care personnel. manage massive vaccination campaigns and much more. They work in areas of the world where the health care system has broken down or is non-existent, in areas of immense poverty, in



every dollar donated to Doctors Without Borders Canada is used to buy supplies and materials for emergency field missions. Doctors Without Borders Canada is the Canadian partner of Médecins Sans Frontières / Doctors Without Borders, the world's largest independent charitable emergency medical aid organization.



With their feet firmly planted

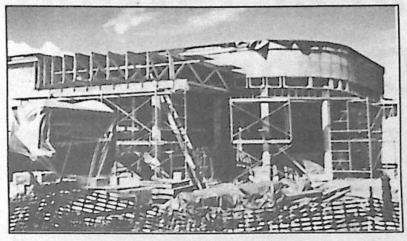


Jim Walker and Colin Thatcher.

The dedication of CE personnel is well known. Staff competence remains unsurpassed, as do application of effort and attention to detail. Tradespeople for example match the concentration required by pilots of Snow Birds flying in close formation. Whatever spectacular events take place around them, CE staff focus on the job before them - and nothing

And so it was with Jim Walker and Colin Thatcher of the Plumbing and Heating Shop. They kept their eyes on the job of repairing broken, twisted pipes at the Tee Pee Park's new camp sites. The stuff that legends are made of.

A good job all around



The rounded front makes a distinguishing feature of the new arena. By Finn

Halfway through its comple tion, the new addition to the arena is taking shape beautifully and on time, according to specifications, and pretty much on the money.

The rounded front is visibly pleasing; the large inside beams promise strength and durability and the washrooms and change rooms appear spacious and utili-

CE tradespeople, from mortar mixers and block layers, to carpenters, electricians and plumbers, aided by Roads and Grounds personnel, abetted by AEF field engineers, and recently given further support by an exchange contingent from the U.S. Air National



David Blythe a CE carpenter hard at work on the outside of the new

Guard, have been labouring mightily in weather foul and fair, mainly the former, to reach the desired



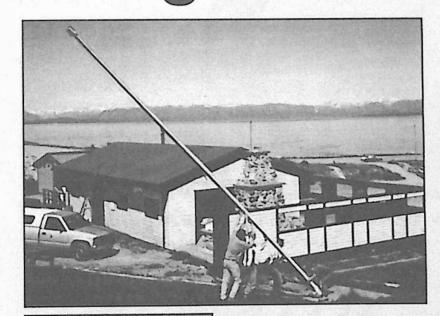
Mike Powers of CE busy working on the inside of the new complex.

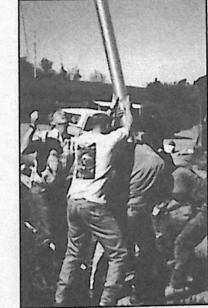
halfway mark. CE's goal is to have the arena with its addition ready in time for the fall schedule of hockey and skating.

WCEO, Maj Wayne Gauthier, believes that the goal will be reached and that arena users will be much pleased by what they see, and for the players, with what they will get: far better facilities in which to change and shower.

"The new arena will benefit the entire community," Maj Gauthier

Erecting the new flag Pole





By Finn

Not Iwo Jima, not Mount Suribachi, certainly not the US Marines. Something much better, namely Tee Pee Park, Airforce Beach and the combined team of CE electricians and carpenters. The raising of a new flag pole constituted part of the improvements carried out to Tee Pee Park and environs and took place just before 1 May, signifying the opening of a new season.

Participating in the raising were Tom Woodman, Steve Darvault, Tom Dowker, Shayne Thomas and Rob Roy.

CE's roofer team routs little leakers



The sign notwithstanding, there is no longer any stopping CE's roofing crew. While materials are being

unloaded, crew captain Brian Bowden and Darlene Jedras work on the roof of the Officers' Mess.

The stalemate is over. The Officers' Mess will now provide not only cozy but dry shelter. And no one is talking about the bar.

The problem with the little leakers was - there were so many! And, they were often hard to find. "Once," says CE's roofing team captain Brian Bowden, "we had to come back four times before we could locate the source of a leak. It was inundating the kitchen."

By the end of May, the roof will be completely re-laid. No small job, either. Its magnitude requires, in Brian's estimate, at least two months work for his crew of five and could be longer should the weather refuses to cooperate. Nor is it the sort of work where caution may be thrown to the wind.

"Safety is a major concern," says Brian. "The risks include protrusions, rotten spots, perimeter hazards. Ken Ilnitski, WGSO, was good enough to come over and talk to the crew. Even so, sudden

strong gusts always present a danger when you work on a roof."

Although new to the base, Brian Bowden has many years' experience as a roofer. He is pleased with the responsibility given him by Structural Team Leader Don Buchan.

Also, he admits, a bit surprised. "Things went fast. I learned already on my second day here that it was up to me as crew captain, new as I was to the base, to organize the work and produce results. I'm not a pusher of people, but I do have a few different systems in mind that I want to try out. We'll go with the one that works best for us." The systems referred to are all tried and true and nothing wildly experimental. "With experience, the crew will become more effective using the system chosen. When finished, the roof on the Officers' Mess should last a long time. That's what we are aiming at."

Besides Brian Bowden, the roofing crew consists of Darlene Jedras, Don Nesbitt, Charles Williams and Tammy Thornton.

We can't promise to make all your weekends fantastic...

Just this one! Bicycle Trek for Life and Breath September 11-12, 1999

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Vanier students working at 19Wing Fire Department

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Our three students, proud to have conquered the blaze...

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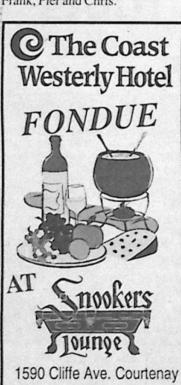
Student Work

Experience Program The Wing Fire Department hosted Chris Armstrong and Pier Gosteau from Highland Secondary

School and Frank Robitaille from Vanier Secondary School from 26 March to 12 April.

The students were exposed to the basics of fire engineering, fire prevention, aircraft rescue fire fighting, structural fire fighting, confined space rescue, hazardous material emergencies and medical emergencies.

All three students had an opportunity to work both the day and night shift, accumulating 30 hours or work experience. Good show Frank, Pier and Chris.



338-7741 1(800) 668-7797



switching cables (not channels)

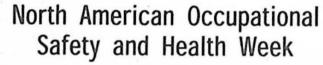
Equipment Section) will soon be levelled, but not before some heavyduty relocation of transformer and cables has taken place.

Because all power in the area - mainly Armament - goes through B116, a new distribution panel, relocated at BB118, has become a neces-

Since the cables lie buried deep underground the job loomed big, lengthy, and mucky. CE's Roads & Grounds team is helping out with trench-digging equipment operated by Norm Maximick and Trevor Vance. Electricians Simon Carty and Dave Burke from CE will carry out the transformer and cable work. Some power outages will occur, but inconvenience should be kept to a minimum.

"In consideration of our customers," promises Dave Burke, "we'll get

No plans exist for rebuilding on the old building site, according to CWO Denis Phaneuf, CE's Facility Development Officer. "The demolition is part of the Master Improvement Development Plan (MIDP) which calls for that particular area to be turned into an MSE parking lot for heavy







Having outlived its usefulness, B116 (formerly used by the Heavy

everything ready - then complete the switch-over on a weekend."

vehicles," explains CWO Phaneuf.

www.ccohs.ca/naosh

Healthy Workers... Healthy Business!



May 17 - 23 NAOSH Week Calendar

Monday 17

WComd Proclamation WHQ Conference Rm - 0830 hrs.

13 MAY 1999

Safety Display Canex Mall -0900 hrs.

WHMIS/HAZMAT Training Classrm #1 ABATS Bldg #22, 0800-0930; 1000-1130; 1230-1400 hrs.

BC Hydro - Seven Steps to High Voltage Safety AR Flt, Theatre Bldg #11, .1000-11-30 hrs.

Base-wide Safety Inspections and Surveys by UGSOs.

~&W&&~W&

SAFETY

ELEPHANT "SAYS

Where there

sidewalks,

the left,

WHMIS/HAZMAT Training, Classrm #1 ABATS Bldg #22, 0800-0930; 1000-1130; 1230-1400 hrs.

Tuesday 18

Standard First Aid Train ing, Bldg

Defensive Driving Course, Bldg

#22 First Aid Classrm,

#22 Classrm #235,

0730-1600 hrs.

0800-1100 hrs.

0830-0930 hrs.

0940-1040 hrs.

1300-1400 hrs.

Stress in the Workplace.

AR Flt Theatre Bldg #11,

Confined Space Awareness Trg for Supervisors & Snr Management, Bldg #22 Classrm 210, 0730-1530 hrs.

3M RPP Train the Trainer, Bldg 22 Classm 233, 0800-1530 hrs.

Successful conference

Mr. Ilnitski, WGSO, attended the Western Conference on Safety and North American Occupational Health and Safety (NAOSH) kick-off event, May 2 and 3, in Richmond, B.C. Mr. Ilnitski provided a display booth to demonstrate how 19 Wing promoted safety during NAOSH Week 98 and all year long. Conference delegates and guests had an opportunity to ask questions and obtain ideas for this year's NAOSH Week. 19 Wing's safety presentation attracted a lot of attention and, in so doing, added to the success of the conference. Human Resources Development Canada (HRDC) thanked the WGSO for supporting and participating in furthering the interests of safety.



(L-R): Mr. Martin Davey, Labour Affairs Officer HRDC, Ms Sylvia Howard, Communications Consultant HRDC Labour Pgm, Mr. Darren Buckler, Safety Officer HRDC, Mr. Ken Ilnitski, WGSO presenting framed NAOSH 98 photo montage to HRDC Labour, Surrey, BC

Did you know?

(NC) - Government funding fo research doesn't just yield scientific results - it has economic spin-off

In fact, new company start-up and new jobs are among the mos ngible outcomes of research funde y NSERC, the Natural Sciences and ingineering Research Council of Canada. There's a range of nev ompanies across Canada - mor than 100 of them - that began as a result of NSERC-funded research Fogether, these companies emplo lmost 6,000 Canadians and general nore than \$1.1 billion in annua

For more information about : ariety of companies from across Canada that were all started as esult of research partially funded by NSERC, click onto the NSERC Web site at www.nserc.ca

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Weekdays 8:30 - 5:00 S

Wednesday 19

Equipment Suppliers' Display Booths, Officers' Mess Dining Room, 0830-1530 hrs.

Standard First Aid Training, Bldg #22, First Aid Classrm, 0730-1600 hrs.

Neighbourhood Emergency Defensive Driving Course, Preparedness, AR Flt Theatre, Bldg #22, Classrm #235, 0800-1100 hrs.

Neighbourhood Emergency Alcohol and Aviation (To fly Preparedness AR Flt Theatre Bldg #11, AR Flt Theatre Bldg #11, 0830-0930 hrs.

1230-1400 hrs.

WHMIS/HAZMAT Trg, Classrm #1 ABATS Bldg #22, 0800-0930; 1000-1130;

Instrumentation Training, Bldg #22 Classrm #210, 0800-1530 hrs.

Thursday 20

Equipment Suppliers' Display Booths, Officers' Mess Dining Room, 0830-1330 hrs.

Safe Backing Course, Bldg #22 Classrm #235, 0800-1000 hrs. Driving Test 1030-1530 hrs.

Canadian Coast Guard Boating Safety, AR Flt Theatre Bldg #11,0830-0945 hrs.

How your Health Affects your Safety in the Work Environment, AR Flt Theatre Bldg #11, 1000-1100 hrs.

MSA Canada RPP Trg Bldg #22 Classrm #235, 1300-1530 hrs.

MSA Fall Arrest Trg, Bldg #22 ABATS Classrm #1, 0830-1100 hrs.

Fall Arrest Trg Pacesetter ABATS Theatre Bldg #22, 0930-1130 hrs.

Friday 21

Poster Contest Judging, Airport School, 0900 hrs.

NAOSH Week Steering Committee de-brief, Bldg #22 Classrm #235, 0800-0845 hrs.

Safety Notice Boards Judging, Bldg #22 Classrm 235, 0900 hrs.

UGSO Meeting with HRDC Director Mr. Vince Smith. Bldg #22 Classrm #235, 1000 hrs.

NAOSH Wing-up BBQ, Wing Fire Hall, 1130-1330 hrs.

> Presentation of NAOSH Week General Safety Certificates & Commendations, Wing Fire Hall.

NOASH Week 17 - 23 May 1999 Safety Cartoon & Slogan Contest

In conjunction with NAOSH Week 1999, the Wing General Safety Officer will be running a Safety Cartoon & Slogan Contest. Capture your ideas and designs on paper and send them to:

Wing General Safety Officer Building 22 19 Wing Comox PO Box 1000 Station Main

Lazo, B.C. VOR 2KO Safety slogan and cartoon characters must be submitted by 11 May 99 to qualify. Prizes will be awarded for each category on 20 May.

Home Safety Contest

Many people fail to realize that more accidents occur in and around the home than any other place. The development of safe habits and attitudes begin in the home. Learning to eliminate hazards in the home and doing things the safe way will encourage safety consciousness at work, driving a vehicle, or participating in other

Is your home and surrounding area safe? Better take a good look!

Find all the dangers that could turn your dream home into a nightmare. Please list the dangers shown in the cartoons below and send to WGSO, 19 Wing Comox, PO Box 1000 Station Main, Lazo, BC VOR 2KO. Entries must be returned by 21 May. First prize - \$25, NAOSH hat, T-shirt and gold plated lapel pin. Second prize - NAOSH hat, T-shirt and gold plated lapel pin. In the event of a tie, a draw will determine first and second prize.



Glacier Greens Golf Shots

By Joyce Merrill

Congratulations to our pro Scott Fraser who aced a hole in one on the fly at Marine Drive Golf Club in Vancouver. The shot was made on hole #16, 145 yards, with a 7 iron.

Tuesday Ladies Golf

It was hidden scores for the ladies on May 4. Winners were Lori Cameron, Carmel Horochuk, Gussie Prichard and Janet Edwards. Least putts Jessie Trto/ Marie Israel. Most putts Marguerite Fournier. All won a logo ball. The 50/50 draw was won by Anne Gibbon.

Our second annual Garage Sale open May 1 had a good turnout. Many thanks to all who donated items and volunteered. A special thank you to Rod Verchere for trucking in the tent/tables and to Gord Prichard for returning them. We couldn't have done it without

Don't forget the Ladies Amateur Open coming up June 19/20. This is a 2-day event. Cost is \$75. Tickets are going fast, so get your entries in. Billeting is available for out of towners.

Monday Nite Ladies

May 3 saw a good turnout in spite of the odd weather system Winners were Fran Fredrickson high gross, Diane Burke low net and least putts Gussie Prichard Marg Rushton won the 50/50 draw.

Sponsor winners were:Fran Fredrickson (Panagopoulos Pizza - KP#4), Bobbi Howard (Anderton Nursery), Pat Belanger (Canadian 2 for 1 Pizza), Evelyn Viklund (ACT - The Garden Gate), Rose McCliesh (Fish 'N' Stitches), Verle Lafferty (The Griffin Pub), Marg Rushton (Scott Fraser Pro Shop longest putt) and Fran Fredrickson (Steve Dodd Catering - longest

President's Cup

A sunny day brought 72 golfers out to play in this Stableford event; with first place going to Floyd Merrill who shot a magnificent low gross of 71.

The winner's prize was supplied by Comox Clothing Co. and awards were presented by the outgoing president, Ted Gibbon, who, in turn, welcomed the new president, Larry Lott, into the chair.

Wally Berger won the 'A' Flt. With a superb 44 Pts, Nick Mykitiuk was second on 42 and Phil Nakashima third with 41 Pts.

The 'B' Flt. Winner, Len Doyle, also achieved 44 Pts. With Rudge Wilson and Doug Cull finishing second and third, both scoring 41

Soup and sandwiches, excellently prepared, were supplied by Steve Dodd and his crew.

Our next major event will be the McConochie's Men's Open on June 5/6. All golfers with a valid index of 22.0 are eligible to partici-

Please contact Vic Crisp at 890-0551 for further details.

Health, Fitness and Leisure **Snow to Surf Race** Respectable CF finishes



Mad Dogs and Englishmen with Wing Commanders trophy. (Photo by

CF teams race results

A number of CF/DND teams entered this annual event. Main category placings were as follows:

Men's Open:

Mad Dogs & Englishmen (BATUS/Suffield) CF placing 1 Overall 18 3:00:08 SAR Wannabees (CFSSAR/Comox) CF placing 2 Overall 22 3:05:17 Cold Lake Icemen (Supply Sqn/Cold Lake) CF Placing 3 Overall 41 3:13:46 A Crew Alers (407 Sqn/Comox) CF Placing 4 Overall 44 3:14:44 Men's Masters:

CFSSAR (CFSSAR/Comox) CF Placing 5 Overall 62 Mixed Open:

Wing Hospital (WHosp/Comox) CF Placing 18 Overall 121 3:47:52 See Snow to Surf article for details

Summer 99 Beach Volleyball

For all your summer '99 Beach Volleyball info and tournament schedules, come to the Rec Centre. The Sports Coordinator, Jake Plante, has posted the schedule on the bulletin board just outside his office.

More President's Cup

In the Ladies Division, Saturday May 8 at GG saw Duane Miles and Marg Rushton tied for low gross with 82. A playoff on hole #16, with the gallery following, made it quite exciting. Congratulations to Duane who was declared

Under the Stableford system of scoring, other winners were: 1st low net Marg Rushton 60-, 2nd Irene Marshall 56, 3rd Marguerite Fournier 55, 4th on a C/B Pat Everett 54, 5th Sharon Warne 54, 6th Marie Israel 53, 7th on a C/B Heather St. John 52, 8th Gillian Iddiols 52, 9th June Linklater 51 and

10th Gussy Prichard 50. KPs went to Duane Miles #12 and Irene Marshall #15.

A nice lunch was prepared by Chef Steve and staff.

A special thank you for background music provided by Doug Cull (piano), Bert Linder (drums) and Al Pasanen (Man in Black), on guitar and vocals. It was most enjoyable.

Action plan for combating Hypertension

NC)-Don't let the silent kille reep up on you. Take control. Check your blood pressure regularly. People of all ages can have high blood pressure. It is particularly likely if you have diabetes, are overweight or if you

Follow your doctor's prescription To be effective blood pressure medication must be every day. If you experience unpleasant side effects, speak to your doctor before

stopping the medication. Record your progress. Each time you have your blood pressure measured, record the values. If you systolic pressure is more than 140 mm Hg or your diastolic pressure is over 85 mm Hg, ask your doctor about new medications, which might help you.

Keep follow-up appointments with your doctor or clinic. This is the time to discuss any side effects of problems you may be having with your treatment. With new medications, such as Atacand, now available, it may be time for a change in your treatment.

Make some lifestyle changes. Don't rely on medications to counter your bad habits. You can help yourself by reducing excess weight, cutting back on your salt intake, stopping smoking, exercising more and finding ways to reduce the stress in your life,

Staff Sgt George McLemon and The Mad Dogs and Englishmen team of the British Army Training Unit Suffield (BATUS) were awarded the Wing Commander's trophy by LCol Spooner, WAdmin O, for being the first finishing military team competing in the 17th Annual Comox Valley Snow to Surf Relay Race. The BATUS team finished the multi-sport relay in a time of 3:00:08, placing eighteenth over-

all, out of a field of 170 teams. The "Skip" Sommerville Memorial Trophy, awarded to the first Military Masters team to cross the finish line was presented by LCol Leversedge, WLog O, to Sgt John Oakes of CFSSAR staff team. A total of 26 CF teams, 208 athletes participated in this year's race some from as far as Halifax.

The race has grown from 48 teams of mostly local racers in 1982 to this year's 1,360 dedicated athletes who travelled from all points to compete, making it the oldest and largest race of its kind in North

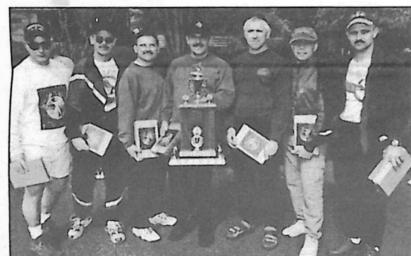
This year's race was not without incident. The Island Honda Danger Birds were disqualified for not following the marked mountain bike trail. The team was permitted to finish, (third overall), but did not qualify for an official placing. The

abundant snow pack on Mt. Washington and favourable weather conditions led to a much faster and safer race this year.

There were nine teams from 19 Wing Comox, most of whom had competed in previous Snow to

Some of them were trying to improve their team time or overall placing, and then there were some that just wanted to ring the finish bell and collect their beer tickets. Seventeen other CF/DND teams represented units from FS&R Halifax, 423 Sqn Shearwater, CFSME and the Artillery School Gagetown, 402 Sqn Winnipeg, 15 AMS, Snowbirds and CFB Moose Jaw, CFB Suffield, 18 Air Def Regt Lethbridge, Cold Lake Icemen, ASU(BC) Chilliwack, Fleet Club HMCS Winnipeg, Naden Band from Esquimalt and CFMETR

Many thanks to all those from WAccn, W Imaging, WSAMP, WTIS, WTpt and WSup who gave their assistance in making this event a huge success. Well done to all the participants, especially the CFSSAR staff. As for the rest of the teams - it's never too late to start training for next year. Let's get that trophy back from those cocky Brits!



CFSSAR staff with "Skip" Sommerville trophy. (Photo by Wlmg.)

407 Sqn wins Commander's Cup Volleyball



WAdmin O, LCol Spooner, presents team captain, Lt Paul Shipton with the Commander's Cup Banner. 407 played WAdmin in the finals, winning

Commander's Cup results as of 6 May

Team	Flagf-ball	V-ball	Bowling	Pts
407 Sqn	2nd	1st	4th	14
442 Sqn	DNS	DNS	6th	14
19 AMS	3rd	4th	2nd	12
414 Sqn	Ist	3rd	5th	12
Log	DNS	5th	1st	12
Admin	DNS	2nd	3rd	8
	Charles and the second			

Understanding the expenses associated with a fund



13 MAY 1999

By Don Somers The need to understand a fund's expenses

Most investors are unaware of the costs that are associated with running a mutual fund. More specifically, they are unsure of what a management fee is and how it applies to a mutual fund. Yet the management fee charged by a mutual fund company is one of many important considerations when selecting a mutual fund. Mutual fund companies are required to disclose all expenses of a fund to

Mutual Fund companies must provide a simplified prospectus

Securities regulations require that individuals interested in a fund must be provided with proper information. Information about a fund is contained in a fund's sim-

Lost and

Found

auction

Over thirty found property

items, including many mountain

and 10/12 speed bikes, personal

effects, etc, have not been claimed

through the MP Section for more

than six months and are now avail-

able for sealed bid auction through

the FS&R Section. They will be

available for viewing on Friday 28

May from 0800-1130 hrs in the Rec

Centre upstairs lobby. All bids

must be submitted prior to 1130 hrs

Jake's Trivia

Corner

Name the first US based

NHL team to sip

champagne from the

What's the nickname for

the starting lights for drag

Stanley Cup.

racers?

on Thursday 3 June.

plified prospectus. A simplified prospectus is a legal document that contains details about the fund's policies and operations. It also sets out all fees and expenses charged to an investor or directly to the fund. It is in the best interest of the investor to review the prospectus carefully to ensure that the fund's investment policies and objectives are compatible with their

Expenses that a fund incurs

It is important to understand that a fund operates just like a business and, as such, is responsible for its expenses. A fund's expenses include a management fee and operating expenses, and these are charged to the fund.

Management fee: Management fees cover the cost of hiring experienced, professional managers to make the investment decisions about the fund's assets, including decisions to buy and sell those

Mutual fund companies charge the management fee directly against the fund's assets and not to any individual investors. However, the amount charged to the fund varies from company to company and, therefore, may have a significant impact on the rate of return you receive.

Operating Expenses: Operating expenses are expenses other than the management fee. Some of these expenses include:

-Administrative services to investors such as, statements and confirmations of purchase and

-Printing, mailing and preparation costs for quarterly reports, prospectuses etc

-Commissions charged by brokerage firms for buying and selling securities, research and tracking of stock prices for monitoring companies the fund is invested in.

-Costs for annual audit of the fund and legal fees. The management fee plus the

operating expenses, expressed as a percentage of a fund's average net assets for a certain period, is referred to as the fund's management expense ratio for that period. Therefore, it is important when you are evaluating a fund to look closely at these two figures. The management expense ratio, as well as a detailed list of expenses incurred by a fund, can be found in the fund's annual report. Simply call the fund company to obtain a copy, or your Financial Consult-



ant with Merrill Lynch Canada Inc. Courtenay Branch. (Member CIPF). The information contained in this report was obtained from sources believed to be reliable, however, we cannot represent that it is accurate or complete. The views expressed are those of the author and not necessarily those of Merrill Lynch Canada Inc.

Pray for wind!



Come out and see what you've been missing! The Comox chapter of the Canadian Forces Sailing Association (CFSA) offers a warm invitation to all 19 Wing members and their families to attend our Open House on Sunday, 16 May. If you have ever had an interest in getting out on the water, but haven't had the resources to do so, our club offers an excellent means to get out and enjoy. Especially given the pristine beauty of the waterways in the Strait of Geor-

This occasion gives the club an

opportunity to show off its wares

Which American League team was the first to put players' names on their (Answers on page 14.)

to the base, and to generate interest in sailing courses. We offer

cruising courses and have two cabin cruisers available to rent at very reasonable rates. Several of the club members have their own boats, and there are always people looking for crew. So, even if you don't want to get behind the controls, there are other opportunities to enjoy the experience of sailing and the camaraderie of our club. We also have several daysailers and windsurfers with

courses available for them as well. We plan to kick things off at noon on the 16th and go until about 1600 hrs, with food and refreshments provided for all. There will also be boat rides available to give a taste of the sailing experience. All this is free of charge, so all you have to do is show up. Our new clubhouse is located at Quadra on Goose Spit. The commissionaire at the gate will give you specific directions to the clubhouse.

We hope to see you there. If you are unable to attend our Open House, but would like more information on the club, please visit the CFSA website on the 19 Wing BBS and feel free to contact anyone listed on the Club Executive.

CANEX news

By Donna Young

Since the last issue of the Totem Times we have had a busy couple of weeks. We had cake for Scott's birthday, now he is a bit older and working on his crotchety old man façade! Congratulations Trish, on your milestone of 12 years with CANEX, we don't expect you to retire until the turtles leave home! We hope you enjoyed your weekend break.

years of wedded Gary anyway! a surprise visit from Kendra, and her really miss the kids far away, so phone ter, who was just Duncan a month been transferred it's a long way from rent, Sask.



bliss. Well, for Donna and Al had their daughter, dog. We parents when they move home! My daughtransferred to and a half ago, has again - this time home: Swift Cur-

Terry was very good about remembering Secretaries' Week (thanks Marg). Sue and I were treated to roses and lunch out. Thanks Terry, we both enjoyed it. Our Regional Manager, Dale Sjerven, came from Esquimalt to visit us all for two days and Brian Tweedle from Ottawa also came to see us. We were nice enough to bring on the good weather for their visit.

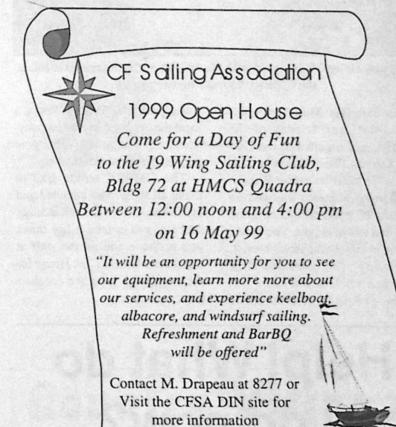
A few of us went down to the beach near the ferry dock to have a look at the grey whales. Pretty neat to have a sight like that so close. It's a great idea to take the kids out to see them. I don't know if they are still

We all give our warmest congratulations to Laura, who applied for the Horsemanship Program and Equine Sciences at Olds College. Entry to the program was very limited (to 10 spots) and she was chosen from a field of 30 candidates. So, Laura will be back to school in September. We sure are going to miss her but Sue, in the Administration office, will miss her the most - Sue is her Mom! Speaking of missing people, Carol is off on holidays for three week and so is Terry. Both are headed out to visit family. Have a good time; we will miss you both. I doubt they will miss us!

Make sure to check out our CANEX Customer Appreciation Sale May 12-23.



CANEX ring winner: Lucky winner of a lady's diamond ring was Ron Ritchie, All customers of the CANEX Gold Sale were eligible for the draw.



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Comox Military Family Resource Centre

Phone: 339-8290

CMFRC volunteers go cruising



Judy Walker, Michelle O'Neill and Judy Atkinson ... Oh so tacky!



Troy and Helen MacDonald with "luvy" Pat McNeill dressed to kill at the CMFRC murder mystery party

On Saturday May 1st volunteers, staff and friends of the CMFRC got together at the Glacier Greens Club House to celebrate National Volunteer Week.

All who attended enjoyed an evening of good company, good food and lots of laughs. The theme for the evening was tacky tourist, and many who attended took

tacky to a whole new level. The evenings entertainment was supplied by Theater Works, a local theater production company, who keep everyone laughting as they staged a murder mystery.

The CMFRC would like to thank all those who attended and made the evening such a huge success, and extend a big thank you to Steve and all the staff at the Glacier Greens Club House for the wonderful food and for their

Help! What do I do now?

Your spouse is away and .. you've broken your leg and need surgery. You will be hospitalized for several days. Or, there is a family member in crisis on the other side of the country that needs you by their side. Or, one of your children will be rushed to the hospital for an emergency appendectomy and you need to be with them. No one wants to wish these events on anyone, but unfortunately emergencies happen. How prepared are you, as a family, to handle these situations if they arise? You may be fortunate enough to have family that can be available to fly to your rescue within a few days notice. But what

do you do until they arrive? The Deployment and Emergency Child Care Program is a new program designed to assist military families in creating their own Emergency Child Care Plan. This would complement the child care plan that they already have in place. Preparing an Emergency Child Care plan before an emergency happens gives families the opportunity to investigate their child care options and come up with a plan that assures the well being of their children during a stressful time. For more information contact Alex Greenwood, the Deployment and Emergency Childcare Coordinator at the CMFRC at 339-8290.

CMFRC Employment Assistance Program

This new program is available for civilian spouses of CF regular force members and reservists on Class B and C callout

The Employment Assistance Program Coordinator, Michelle O'Neill, is available for both day and evening appointments to assist with job search questions, concerns, and preparation. This service is offered in both English and French and is free and confidential. For an appointment please call 339-8290

Employment Services Available

- Learn to create targeted and self-promoting resumes and cover letters
- Practice and develop interview skills and receive constructive feedback
- Explore career, educational, and self-employment options
- Referrals are provided to relevant community agencies, services, colleges, and
- Group workshops and programs related to personal and professional development are offered in the fall

CMFRC Resources Available

Web Based Training (from the Irenyx Data Group)

You can sign up to access over 190 on-line training courses on professional development, computer skills, technical courses, how to use the Internet, etc. Call the CMFRC to schedule time on the computer.

CMFRC Resource Library

Books loans available on job readiness and preparation skills - career planning how to start a home-based business - distance and local educational opportunities employment opportunities in BC - creating a business plan - personal development,

Brochures available from employment centres, services, and educational institutions in the Comox Valley

Thursday Morning Information Sessions

Excel Career College - May 27

- 9:30 am to 10:30 am at the CMFRC Program Bldg.

North Island Employment Foundations Society - June 3 -9:30 am to 10:30 am at the CMFRC Program Bldg.

Creative Employment Access Centre - June 10 -9:30 am to 10:30 am at the CMFRC Program Bldg.

PROGRAMME EN FRANÇAIS

(Coordonnatrice Danielle Bernier) 339-8211 local:8656

Réseau-femmes du CRFMC

Bienvenue à Brigitte Laventure-Provençal, nouvelle représentante de Réseau-femmes du CRFMC.

Formation d'animatrices pour Nouveau Départ (programme d'orientation pour les femmes en français). La formation aura lieu le mercredi et jeudi 19 et 20 mai au CRFMC de 9h à 16:00h. Les femmes intéressées à suivre cette formation, contactez Danielle au 339-8211 local 8656 pour plus d'informations.

Wallace Gardens Community Association

During the month of May, the Animal Control Officer will be doing a Pet Survey. This will allow her to get more detailed information on the pets in our community (ie. markings, tatoos, names, etc). If called to pick up a stray animal, this will ensure that the pet is easily recognizable to the ACO. Your cooperation is requested and required in accordance with Wing Standing Order 2-07.

Adult Craft Club

Craft for the month of May is a paper twist doll and will be held in the community centre Sunday, 16 May 1999 from 7:00-10:00 pm. An example of this craft plus a list of materials required can be found in the Wallace Gardens Community Association office, Mon - Fri 0730-1200 hrs.

This month we hare having a potluck dinner as well. If you will be attending this craft, please call Rhonda Hughes at 890-7535.

The Nationals were held 25-30

First the Pacific team went down

with its 'B' team, as many were

committed to operational missions.

This led to our worst performance

against other regions, with a rock

However, other regions will re-

member the spirit of this young and

fun team as something nice to

For the team event, Quebec and

the Prairie regions were tied at 101

points each, but since Quebec

won the head to head competition,

they were declared the 1999 CF Na-

tional Team Champions for the

As for our best performance,

Dan Forget won the Open Round

Robin against the number one

seeds of the country, including last

year's Nationals champ. Dan won

bottom total of 25 points.

have around.

third year in a row.

April in Borden - a week filled with

sunshine off the court and sur-

prises on the court.

Notice:

For the convenience of MQ tenants, a "WASTE ONLY" dumpster has been placed alongside the "CARDBOARD ONLY" dumpster at the end of Elm Street. This dumpster is for waste items, which could not be included in the normal household garbage pickup. Any waste placed in this dumpster MUST be contained in garbage bags, as during high winds, loose garbage is scattered throughout

Please do your part to keep our community clean!!!

Children's video afternoon

Sunday, 16 May 1999 From: 1-3 pm in the Community Popcorn & drink: .50¢/member \$1.50/non-member Note: The canteen will be open during this event

For more information, please

call Yvon Bertin at 339-7522

Badminton Nationals:

our best and worst record

in three games against the

Ouebecois: the match lasted over

The elimination round wasn't

so successful, but we nevertheless

made an impression as a team to

watch for next year's competition.

thumbs up to the Open Men's

Double Final: Quebec #1 (Beers/

Baxendale) against Quebec #2

The speed power, intensity and

Surely, it must be nice to play

badminton for a week but the play-

ers come back every year looking

for holidays to recuperate from the

We would like to take this op-

portunity to thank the FS&R staff

for their support to all badminton

enthusiasts on the Wing through-

exhaustion, or injuries.

out the season.

closeness of the three games were

very suspenseful and electrifying

(Tremblay/Roy).

For the most exciting final, two

Canada Day celebration talent show

Everyone deserves to have their little bit of fame right! Well now you can have the chance to show us your special talents. If you're interested in showing off your stuff, stop by the Wallace Gardens Community Association office, located in the Canex Mall beside the barber shop, and fill out a form outlining who you are and what your act would be.

On July 1st at Air Force Beach commencing at 6pm, individuals or groups will be given 5 minutes or so to tell a joke, sing a song, lip sync, do a dance etc. Keep in mind though that all acts must be family oriented as there will be young kids watching. This is not a contest and there are no prizes or awards. It's your shot at fame. You never know who may see you and open the door to future stardom.

The DJ will provide you with a microphone and amp and music (not karaoke) if you require but you'll need to bring your own personal equipment ex: guitar, har-

Yard Sale

Saturday 15 May 1999 8:00 am to 2:00 pm

Bins will be placed in the school parking lot Friday, May 14 after chool hours & picked up Sunday May 16. They will be marked ac-

1. Scrap Metals & Appliances bin: refrigeration units will be ccepted ONLY if they have been purged & are clearly marked as to be empty of all refrigerants. Propane bottles MUST be empty, devalved

- Cardboard bin: please empty & flatten all cardboard boxes; ontents of boxes to go into leftover bin.
- 3. Furniture & Clean Wood bin.
- 4. Leftovers bin: this includes everything else. The contents of cardboard boxes, books, magazine, stereos, televisions, pots, pans,

TIRES & BATTERIES WILL NOT BE ACCEPTED

Sorry, there will not be a bin for hazardous materials, paints, or vastes. Should there be any hazardous materials to be disposed of, blease contact the W Env O at 339-8187 or Terry Hide at 339-8721. Empty dry paint & aerosol cans are considered garbage. Paint cans

with leftovers may be returned to the supplier YOUR COOPERATION IS REQUIRED!!! For more information, please call Mr. P Cartwright at 339-8185

Volunteers required

The Wallace Gardens Community Association Canada Day Festivities are coming up fast! This year the festivities will be restricted to military/DND employees of

19 Wing Comox and their families. Unfortunately, due to cost restraints, there will be no evening fireworks this year; however we are still planning a day of fun for the whole family! If you would like to volunteer to help out with the festivities, please contact Jane at 339-8211 (8571).



Saturday, 15 May Where: Wallace Gardens Community Centre

Time: 6:30 - 10:30 pm \$1.00/members Cost: \$3.00/non-members For more information, please call Mona Baird at 339-4627

New web site for military wives

The web site, formerly used for Operation Home Fires, has now been transformed into a web site for Canadian Military Wives:www.renc.igs.net/~tcollier called Salute to Supporters - the first Home Page for Canadian Military Wives.

It is the first site devoted entirely to Canadian Military Wives. It has only been online for less than a month and already the number of visits exceeds 1,050.

The site contains many sections: updated pictures of Home Fires Park; poems on the lifestyle by the guys and gals who have been there, done that; Find a Friend; support for military wives/ mothers who have a loved one involved in the Kosovo crisis; the Invisible Ribbon Campaign; a discussion page - In My Opinion; and links to other sites of interest to military wives, etc.

Shaw.

The Kool Kidz of Kinnikinnik Daycare had a blast on our pro-



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Thanks to 442 Sqn and a special thanks to Sgt Bill

Dan Forget finished first in the

Round Robin at the Badminton

Nationals

D Day in April.

Fresh Halibut

From May to September f you have friends coming out from across Canada fresh B.C. halibut is a treat. Phone to pre-order

339-1263

Looking

for a room-mate. Responsible, have own furniture, references available. Call Kelly at Loc 8250 or 339-9192. <1/2>

Lost

Two plastic lawn chairs. If they blew into your yard during one of the windstorms, we would appreciate their return to 49A Oak, 339-6896 <1/2>

Wanted

Used computer, printer, etc. in good order. Pentium 133 or so. Reasonably priced. Must pass inspection. 338-4706. <1/2>

Found

On Mr. Washington, first week of April: worn brass Zippo lighter, Ship's crest #DD984. Name the ship to claim from Barry at 335-3010. <1/2>

For Sale

-Freezer (chest) 19 cu.ft. \$75. -Patio set, 40" white aluminium & glass top round table plus 4 chairs & cushions, 7-1/2' umbrella \$200. 339-0578. <1/2>

Westinghouse washer & dryer, white,like new, \$650 o.b.o. 339-0284. <1/2>

Car Wash

The Comox Valley BC Special Olympics will be having a car wash rally at the Petro Canada gas station on Cliffe & 17th Street on Sunday May 16 from 12 noon to 4:00 p.m. Donations will be used to fund athlete training, equipment replacement and Regional & National competitions. Come on out and support your local BC Special Olympics

Jake's Trivia Answers

- 1. New York Rangers.
- 2. The Christmas Tree.
- 3. Chicago White Sox.

Groupe AA en français

Le Groupe l'Espoir vous invite à venir fraterniser le dimanche soir à 7:30 p.m. au 1413 Little River Road, Lazo. Le Groupe L'Espoir est un groupe ouvert (Bienvenue aux

AL-ANON). Pour plus de renseignement, appelez Emile 339-4008.

50th Anniversary

On 29 May the 2344 Algonquin Regiment Army Cadet Corps will be hosting their 50th Anniversary Reunion. With more than 2500 former cadets and staff since 1949, we are anticipating a good turnout. If you were ever part of 2344 and would like to attend the reunion, please contact 1-705-647-4904 or 705-647-7177. Via the Internet at:

genesis@ntl.sympatico.ca or write to 2344 Reunion Committe c/o Box 970, New Liskeard, ON POJ 1PO. All former officers, cadets and civilian instructions, plus the general public, are invited to attend.

125th Anniversary 29 June - 4 July Mitchell, Ontario

Greetings to all present and former Mitchell residents! 1999 has arrived and in a few short months the Town of Mitchell will be celebrating its Homecoming Reunion. Many activities and events are planned, some of which require pre-registration and prepayment prior to 15 May. For more information contact Homecoming Reunion, P.O. Box 609, Mitchell, ON, NOK 1NO or peligsen@townshipofwestperth.on.ca

35th Grad Reunion at Delbrook Senior High

The Grad Reunion Committee of Delbrook Senior High School of North Vancouver, Class of '64, is planning a 35th grad reunion on the May long weekend (21 & 22 May 1999). Any former grads, teachers and friends of grads interested in attending please contact:

> Gary Wheater Phone: (604) 596-7009 Fax: (604) 596-7237 E-mail:

wgarywheater@sprint.ca

Asthma Camp for kids

The BC Lung Association is accepting applications for the 1999 summer asthma camp. The residential camp at Hatzic Lake, near Mission, runs August 7-10 for children aged 7-9 years and August 11-14 for children aged 10-12 years.

Campers enjoy activities like swimming, canoeing and hiking while learning to manage their asthma. Besides 24-hour medical supervision, campers are assured of attention to their dietary, emotional and physical needs. The camp fee is \$125 per child and limited financial

assistance is available. Space is limited. For registration forms, call Kelly Ablog-Morrant at 731-5864 or, outside the Lower Mainland, at 1-800-665-5864.

You can make a miracle happen. Please sign an Organ Donor Registry card and discuss your wishes with your family.

THE KIDNEY FOUNDATION OF CANADA 1-800-567-8112

Reunion 4(F) Wing,

Baden Soellingen Members, wives, widows and children who were stationed at 4(F) Wing during the years 1952 to 1960 are invited to a reunion to be held at the Officers' Mess, CFB Comox, 19 June 1999 at 1900 hours.

ACROSS

1 Bay 5 — Bay, Florida 10 Door handle 14 Cain's brother 15 Music hall

Thin, as smoke

Singer Tumer

16 Brainstorm 17 Withered

9 Speaker's

platform 20 Spring flower

26 Gray matter 29 Stack of logs

37 Important artery 38 Croon

40 Make laugh 41 Snapshot, e.g

5 Eternities 5 Send via the

postal service 8 Alpine song

33 Luxury cars

34 Mongol dwellings 35 Carry 36 Baker's

39 Spider's handiwork

Bulletin Board

A buffet will be provided at a small fee. To make a reserva-

A.W. Chub Lenz 2343 Catherwood Road Black Creek, B.C. V9J 1J3 Phone: (250) 337-5608

100th

Anniversary From 17-21 May 2000, Lord Strathcona's Horse (Royal Canadians) will be celebrating the 100th anniversary of the raising of Strathcona's Horse. All serving and former members of the regiment are invited to attend a weekend of festivities, which will include the presentation of

a new guidon. For further information and registration, please contact: Regimental Association (Alberta Branch), Box 30004 Chinook R.P.O. Calgary, Al-

The Canadian Guards Regimental Association Reunion 99

berta, T2H 2V8

The CGRA will be holding its 5th National Reunion at Connaught Ranges (West of Ottawa) from 6-8 August to commemorate the 46th anniversary of the founding of the Regiment

Reunion 99 is open to all former members of the Regiment and those from other Regiments or Corps who served with any of the four Battalions or the Regimental Depot, including those from other Corps who received their Recruit Training at the Guards Depot. A special invitation is issued to all former members of the Regimental Bands who served the Regiment in Fork York, Germany in the years

1957-1962. Rooms have been set aside at the Travelodge Hotel at Queen and Bay Streets, Ottawa, until 15 July: phone (613) 236-1133. Also, there are single rooms and campsites available at Connaught Ranges for a modest

Registration opens at noon on Friday 6 August with the Meet & Greet throughout the afternoon and evening. On Saturday, at 10:00 a.m. the Ceremonial Guard will parade in honour of the Regiment. The Colonel of the Regiment, MajGen Roger Rowley, will take the salute at the march-off of the Ceremonial Guard. We have arranged for an Ottawa River cruise for Saturday afternoon. In the evening the Ceremonial Guard will present the "Beating the Retreat" after the buffet dinner. Jack McPartlin will entertain for the rest of the evening. At 11:00

by a farewell brunch. For further info contact the Regimental Secretary, Canadian Guards Association, PO Box 972, Station 'B,' Ottawa, ON, K1P 5R1.

a.m. on Sunday, at Connaught

Ranges, there will be an ecu-

menical church service followed

TODAY'S CROSSWORD PUZZLE

PREVIOUS PUZZLE SOLVED Durant 58 Writer Wiesel 59 Ardent affection 61 Vex 62 Put film into a 63 Vast chasm 64 Marketed DOWN
1 Check
alternative 2 Comply 3 Norm's wife on "Cheers"
4 November event 5 Villages 6 Mine entrances 7 Netting Little dog

9 One of the *Little Women 10 Snatch animal 29 Sausage 11 Bismarck's st. 12 Mademoiselle's Achilles' epic 31 Thrust forward 32 Urged (on) 34 "—, Mine and 4 Was an omen of 21 Charged Ours* particles 22 No ifs, — 37 - Called 24 Nut cake 38 Burns without

51 Easter flower Miscellany 40 Errant GI's 56 Tooth care org. 57 Johnny -

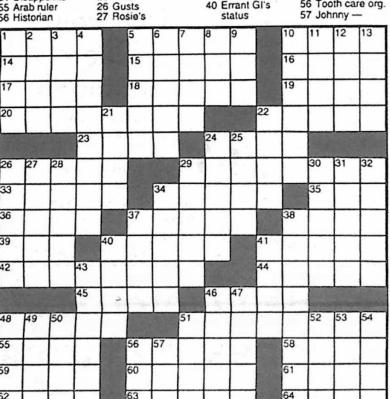
41 Wading bird

46 Encounters

49 Melville novel

50 Aria performe

43 Smirked



Posted to 4 Wing Cold Lake?

Medlev Family and Community Services, Medley Community Centre, Bldg. 674, 4 Wing, CFB Cold Lake, PO Box 5260 Station Forces, Cold Lake, Alberta T9M 2C3. Phone (403) 594-6006. Office hours 0800-1630 Monday to Friday (including lunch

Medley Family and Community Services exists to provide services and programs that serve to strengthen family and community life. Through volunteer efforts and community input, needs are identified and programs established.

We offer Information and Referral; Family Education and Preventative Programs, such as Before and After School Supervision, Youth/Teen Centre, Parenting Courses, Suicide Prevention Seminars, Connecting Friends, and Spouses of Spouses Away; Counselling (individual and family); Community Services and Events, such as RV Compound, Arts and Crafts Shows, Medley Days, and Canada Day; Childcare Services, such as Day Care, Satellite Day Homes, Babysitting, Pre-School, Toy Library and Play With Me; Lifeskills Programme; Volunteer Opportunities and much, much more!

We are looking forward to your arrival. We will help you get settled in your new community. We invite you and your family to contact or visit our offices. We can help you find information you may need to get settled in, meet other members of the community and more. Give us a call or drop in!

Parenting after Separation

Parents who are separating and divorcing want the best for their children. For help in making this transition as easy as possible on your kids, there is a free workshop available to you in Courtenay called Parenting After Separation.

In this 3-hour workshop, you'll learn ways to help resolve tough issues that affect your children; like custody, access and support. For more information, call Ladysmith Counselling Services at: (250) 245-2264

or your local Family Justice Centre/Legal Aid Office.

Parenting After Separation is a program of the Ministry of the Attorney General with financial support from the Department of Justice Canada.

Comox Legion Ladies Auxiliary

13 MAY 1999



(Front row): Marlene Plank, 2nd Vice-President; Pat Verchere, 1st Vice President; Judi Davies, Past President; Installing Officer North Vancouver Island Zone Commander, Lynne Marinus; Chris Ross, President; Jasia Cocking, Secretary; Loni Anderson, Treasurer, (Back row): Lil Smith, Sgt-at-Arms; Edythe Erickson, Membership; Barb Waugh, Catering; Carol Chellow, House; Stella Lohnes, Ways & Means; Rose Perrier, Bingo; Pat Johnson, Sick & Visiting.

The Ladies Auxiliary to the Comox Legion was recently installed and is ready to carry on business for the Legion and the Comox community. This LA keeps busy with a regular Monday Night Drop-in Bingo and holds a Delicious Soup and Sandwich Lunch on the third Thursday of each month. These functions, which need community support, enable the LA to make many Legion and community donations, including several bursaries to Highland Secondary School. For membership information, call 339-4356.

The Legion Ladies Auxiliary

will be hosting a Soup & Sandwich Lunch

Thursday, 21 May

11:30 a.m. – 1:30 p.m. Cost: Full Lunch \$5.00, Individual entrees \$2.00.

The Comox Legion Upper Hall Everyone welcome. Best view in Town!

City of Courtenay July 1st Committee Canada on the Move

This is the theme for Canada Day celebrations in Courtenay this year. This is a terrific theme as it can tell us about all the exciting sports activities that take place here in the Comox Valley all year round, or it can relate to the move into the new century!

Parade Marshall, Skip Blain, reminds everyone to start registering their entries for the parade down Fifth Street. Applications are available at City Hall, 830 Cliffe Avenue, or you can get them at Coast Realty or through the Chamber of Commerce.

There are many ways you can be part of the parade: enter a float and you could win \$100. Keeping your decorations to the Canada on the Move theme could win you another \$50. There are also prizes for Commercial, Organizations and Out-of-Towners. Every year the beautiful antique cars and trucks make a great show and special prizes are awarded to all marching bands. As an individual you can get dressed up, or be a kid and decorate your bike! All are welcome. Make this our best parade ever.

Booths for July 1st

We have sent out applications and letters to most of the people who had a booth in Lewis Park last year. You should get your applications back to City Hall as quickly as possible. Any new people who want to have a booth should go to City Hall and ask for Jennifer. We hope to see many new crafts, information and yummy food booths in the park this year, which will be a rehearsal for a very exciting Year 2000 birthday party. This year, July 1st will be on a Thursday so we get to start a fantastic weekend early!

COUPON

Customer's Name_

■ DISCOUNT PET FOODS □Dog □Cat □Bird □Fish □Small Animal

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WASHINGTON PARK SHOPPING CENTRE

Courtenay

339-2272

COURTENAY

841 Cliffe Ave.

■ (Beside Safeway)

E-Mail Address

Great Walk for YANA

On June 5, Cpl Marie Lapierre, with co-worker MCpl Suzy Cuerrier and friends Dee Plante and Bernie, will brave the hilly gravel road from Gold River to Tahsis in the 22nd Annual 63.5 km Great Walk. Carla Pierre-Roy will be their official driver and cheerleader.

The first walk was in 1978 when Tahsis Mayor, Bill Lore, issued a challenge to Gold River Mayor, Vic Welsh, "I will walk to Gold River if you will walk to Tahsis." The challenge was taken seriously, the walk happened and a tradition started.

The first walk raised more than \$5,000 towards their community centre. Since then, the Great Walk has gained the reputation of being North America's toughest walkathon. Each year there are more and more participants, raising more and more money for more charities than ever.

Marie Lapierre's team will donate their pledged money to YANA. YANA (You Are Not Alone) is a charitable organization that funds families who have to take their children out of the Comox Valley for medical care. They help, on average about 25 families per month. Since all participants have paid the \$30 entrance fee themselves, 100% of the pledge money is going to YANA.

All participants who make it to the halfway point receive the official Great Walk T-shirt. If they complete the race they receive the bragger's plaque. Regardless of whether they finish or not, all the pledged money goes to YANA. If you wish to pledge money for this very worthwhile charity contact Cpl Marie Lapierre at 338-6880 or MCpl Suzy Cuerrier at 338-2584 or E-mail either of them at 19 AMS AVN Component Shop. A special thank you goes out to all those who have already pledged money for the walk. At last count, Marie has collected \$600.

A 115 year old teacher

St. John Ambulance has been teaching health and safety programs in Canada for more than 115 years.

St. John Ambulance NC



\$2: OFF:

COMOX 1782 Comox Ave.

339-2272

(Next to Lorne Hotel)

Supporting local projects in a global

1-800-5656-USC with your pledge today Sparks Street, Ottawa, ON K1P 5B1

I've been having the Worst dreams Lately ..

FREAKSHOW

Junior Ranks May Calendar of Events

14 May TGIF Food - Subs, Sport - Crib 21 May TGIF Food - Donairs, Sport - Euchre 28 May Bosses Night Food - Pizza Band - Eagle Talons from 1800-2200 Every Sunday is movie night. Every Tuesday is Wing Night



Legion

Royal

Canadian

Branch 17 Courtenay (334-4322) Dance: every Friday evening, 8:00 p.m.

May 14 Alley Cats May 21 Vested Interest

Country Cousins Note: Zone meeting at Somas Branch 169, Port Alberni on 30 May at 1:00 p.m.

New feature: Hot dogs, smokies, bratwurst now available daily.

Branch 28 Cumberland (336-2361)

Every Wednesday, Bingo 7:00 p.m. Hall rental: non-members \$75, members \$50, kitchen use \$25.

Branch 160 Comox (339-2022)

Mondays...Ladies Auxiliary Drop-in Bingo (Upper Hall doors open 6:30 p.m., Bingo 7:00 p.m.) Friday Night Dances 8-12 p.m.

May 14 Easteners Ventura Highway May 21 Norm's Combo May 27 Friday & Saturday: Meat Draws (3:00-6:00 p.m.)

Officers' Mess Ladies Club Calendar of events

For hall rentals contact Ken Seymour 339-2022, Mon-Fri.

Great tips fot the Barbeque season

WOs' and Sgts' Ladies Social Club Calendar of events

We cordially invite members to come out and join in the fun and participate in the wide variety of events we offer.

> May 17 Spring Craft June 21 Dinner/Sport Night

We look forward to seeing you. For further information, please call Carla Calmes 890-0672 or Debbie Yelf 897-0106.

History of the Military Air Services of Canada - Part 6

RCAF Overseas (Continued)

(Original prepared by Capt D. Nicks. Editing and additional material by LCol Leversedge.)

As previously stated, the RCAF Overseas contributed many units and personnel directly to the war effort in Europe. These were not the only contributions made by Canada or Canadians overseas.

In addition to the combat squadrons supplied to the various RAF Commands, the RCAF also established transport squadrons outside Canada. In the late summer of 1944, No. 437 Squadron was established as a part of Transport Command and almost immediately participated in the airborne assault on Arnheim with their Dakota aircraft. They provided glider-tow and airborne re-supply services for the airborne landings at Arnheim. After this operation they continued to provide transport services to the armies on the continent: bringing supplies in and casualties out. The RCAF also provided two other transport squadrons (Nos. 435 and 436) in the South East Asian Theatre of operations. These squadrons were formed in India and provided vital services to the British 14th Army in India and Burma. After the cessation of hostilities, the three transport squadrons were consolidated in England and flew supplies, mail and personnel to the Canadian occupation forces in

Germany. While the Home Defence Establishment was providing coastal patrols on the Canadian side of the Atlantic, there were Canadian squadrons flying the same missions from the United Kingdom. Eventually this establishment (Canada's contribution to Coastal Command's effort) would reach six squadrons with another on detachment from the Home War Establishment for a total seven. Their mission was protecting the vital North Atlantic sea-lanes by patrolling for U-boats and surface raiders. In addition, Canada also supplied one coastal patrol squadror for the South East Asian theatre. Shortly after their arrival in Ceylon (now Sri Lanka), a member of No. 413 Sqn (S/L L.J. Birchall) discovered the Japanese invasion fleet which was headed for Ceylon. Because of this warning, the island's defences were alerted and the fleet was driven off, thus starting the great Japanese reversal in

the Pacific. Although the RCAF contributed 48 overseas squadrons to the war effort, the actual contribution by Canada was far greater. Of the RCAF personnel who served overseas, only about 40 percent actually served on Canadian squadrons, the remaining 60 percent served in RAF units. In addition to this, many Canadians joined the RAF before the RCAF was recruiting people (George Beurling originally joined the RAF before he transferred to the RCAF). During the defence of Malta, it was estimated that one in every four pilots who flew a mission was a Canadian. The RCAF officially has only two Victoria Cross winners (P/O A.C. Mynarski and F/L D.E. Hornell) and four George Cross winners, but there were a total of

four Victoria Crosses (S/L I.W. Bazalgette, RAF, and Lt (N) R.H. Gray, RCNVR) and five George Crosses were won by Canadian airmen. The actions of these gentlemen will be described later.

For a country the size of Canada with a population of only 16 million, it was quite an impressive contribution: 249,662 personnel served with the RCAF during the war, of whom a total of 93,844 served overseas. 17,100 people lost their lives of which 14,544 occurred overseas.

Canada's Air Victoria Crosses of World War II



Flight Lieutenant David Ernest Hornell, VC Flight Lieutenant David Ernest

Hornell was born in Mimico (To-

ronto), Ontario. He enlisted in the

RCAF in the fall of 1939 and flew

Canso flying boats in the coastal patrol mission. On 24 June 1944, he and his crew sighted a fully surfaced U-boat travelling at high speed. F/L Hornell immediately turned to the attack. But the Uboat crew had spotted the aircraft and a fierce battle ensued. The Uboat fired its anti-aircraft gun and the Canso responded with its machine guns; both the U-boat and the aircraft were hit. Despite the damage to the aircraft F/L Hornell pressed home the attack, receiving more damage from the U-boat's fire, but the attack run was successful and the U-boat was seen to rise out of the water and sink. The damage to the Canso was such that the starboard engine was on fire (the burning engine eventually fell off) and a crash landing was deemed necessary. With a super human effort F/L Hornell was able to ditch the aircraft in a heavy sea. With the aircraft on fire and in danger of an imminent explosion, only one serviceable dinghy was available to the crew. This one dinghy was incapable of holding the entire crew, so they took turns in the cold north Atlantic. Throughout the night this went on; the nightmare continued when the dinghy capsized in the middle of the night. By morning two of the crew had succumbed to exposure and the rest were completely exhausted when rescue appeared on the horizon. The aircraft dropped a lifeboat, but unfortunately it landed 500 yards down wind. F/L

Hornell, despite his exhaustion,

had to be physically restrained to

prevent him from swimming for the

lifeboat. Eventually, after twenty-

one hours in the North Atlantic F/L Hornell and his crew were rescued, but blinded and completely exhausted F/L Hornell died shortly after rescue. During the entire ordeal F/L Hornell displayed valour and devotion of the highest order in terms of his skill in the attack, his disregard for his own personal safety and his indomitable leadership qualities.

Squadron Leader Ian Willoughby Bazalgette, Royal Air Force, was born in Winnipeg, Manitoba, and was working in England when the war broke out. He initially received a commission in the artillery before he transferred to the Royal Air Force for pilot training. On 4 August 1944, S/L Bazalgette was acting as the "master-bomber" of a pathfinder squadron detailed to mark an important target at Trossy St. Maximim for a large bomber force. In a Lancaster on his attack run S/ L Bazalgette came under intense anti-aircraft fire. This fire put out both starboard engines and started numerous fires. Knowing that the deputy "master-bomber" had already been shot down, his attack had to be effective. Despite the appalling conditions of his aircraft, S/L Bazalgette pressed on gallantly to the target, bombing and marking it successfully. When the bombs were released, the aircraft dived uncontrollably. Through superior airmanship, S/L Bazalgette recovered the aircraft allowing most of the crew to parachute to safety. Knowing that there were still injured crew onboard; S/L Bazalgette attempted the near impossible task of landing a badly crippled aircraft. Unfortunately the aircraft exploded after landing and he and the two remaining crew died. His courage



Pilot Officer Andrew Charles Mynarski, VC

Pilot Officer Andrew Charles Mynarski was born in Winnipeg, Manitoba, and joined the RCAF in November of 1941. Upon completion of his training as an air gunner, he joined a bomber squadron in December 1942. On 12 June 1944, P/O Mynarski was the midupper gunner of a Lancaster that was detailed to bomb a target at Cambrai, France. A German night fighter attacked from below the aircraft. As an immediate result of the attack, both port engines failed, fire broke out on the port wing and in the aft section between the mid-upper turret and the tail

abandon the aircraft. P/O Mynarski left his mid-upper turret and proceeded to the escape hatch when he saw that the rear gunner was still in his turret and was having problems trying to leave it. Disregarding his own personal safety, P/O Mynarski proceeded to the rear to assist his tail While proceeding through the flames his parachute and clothing caught on fire. Despite his attempts to free the tail gunner, it was to no avail and P/O Mynarski had to abandon his attempts. Reluctantly, P/O Mynarski left the tail gunner and proceeded back through the flames to the escape hatch where, as a last gesture, he saluted the tail gunner before he jumping from the aircraft. His descent was watched by some French farmers as his parachute and clothing were still on fire. The French eventually found him, but he was so severely burned that he died shortly after. Miraculously, the tail gunner escaped from the aircraft after it crashed and reported the events surrounding P/ O Mynarski's death. For this conspicuous act of unselfish heroism and for valour of the highest order P/O Mynarski was awarded the

gunner. The crew was ordered to

Lieutenant Robert Hampton "Hammy" Gray, VC

Victoria Cross.

Lieutenant Robert Hampton "Hammy" Gray, Royal Canadian Navy Volunteer Reserve, was born in Trail, British Columbia. He joined the RCNVR Fleet Air Arm in 1940. On 9 August 1945 Lt (N) Gray flew off the carrier "Formidable" to lead an attack on Japanese shipping in Onagawa Wan (Bay) on the island of Honshu, mainland Japan. At Onagawa Bay his flight found a number of Japanese ships and dived to the attack. Furious fire was encountered from the army batteries on the ground and from the warships in the bay. Lt (N) Gray selected for his target an enemy destroyer and pressed home the attack oblivious to the concentrated fire. His aircraft was hit several times and eventually caught fire, but he still pressed the attack. When he was within 50 feet of his target he released his bombs and scored at least one hit. His target sank almost immediately. Unfortunately, Lt (N) Gray was unable to recover his aircraft and he crashed into Onagawa Bay, giving his life after a fearless bombing

The RCAF's George Cross winners were:

LAC K.M. Gravell, a wireless operator/ air gunner: On 10 November 1941 LAC Gravell died while trying to rescue his pilot after the Tiger Moth they were flying in crashed and burned.

Air Commodore A.D. Ross: On the night of 27/28 June 1944, while the Commander of 62 Operational RCAF Base, he rescued the pilot from a crashed 425 Sqn Halifax. The aircraft exploded on his return to rescue the tail gunner and Ross was injured. He subsequently lost his left hand.



Leading Aircraftsman K.G. Spooner, GC

LAC K.G. Spooner, a navigator student: On 14 May 1943 took control of an Anson aircraft after the pilot was incapacitated. This action allowed the other crewmembers to bail out. Unfortunately, LAC Spooner lost control of the aircraft and died in the crash.

F/O R.B. Gray, navigator. On the night of 26/27 August 1944 the Wellington aircraft that F/O Gray was navigator in was shot down by a U-boat. F/O Gray aided the other three survivors, but died in the water.

The fifth Canadian to receive the George Cross, AC1 E.R.C. Frost, was serving with the RAF at the time of award. In addition, the original award he received was the medal of the Military Division of the Most Excellent Order of the British Empire, for Bravery and under the original warrant for the George Cross, his medal was eligible for conversion to the George Cross. His citation

AC1 E.R.C. Frost displayed great courage in effecting the rescue of an unconscious pilot from a burning aircraft which ulted from a collision in which two Blenheim were involved while taking off. Not knowing that the pilot was the sole occupant, AC1 Frost entered the rear cockpit to rescue the wireless operator. Satisfying himself that no one was there he climbed out and ran to the front. There, working with another person, they extricated the pilot from the burning aircraft. Unfortunately the pilot died



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