



TOTEM TIMES

19 Wing CFB Comox

THURSDAY 12 NOVEMBER 1998

The Comox Valley's Oldest Newspaper

VOL. 40 NO. 18

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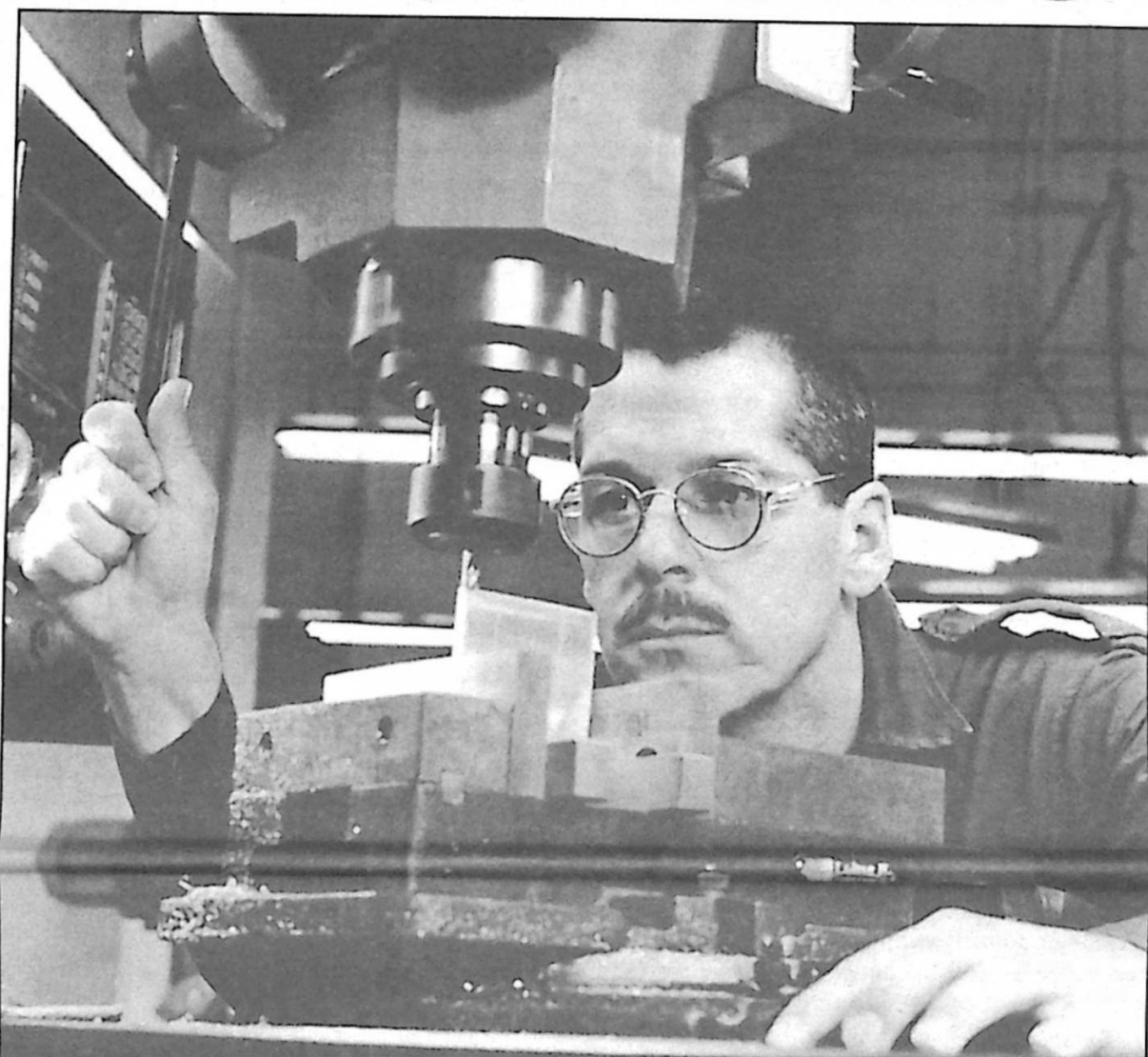
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Discover 19 AMS



Pte Paul Gillmore puts the finishing touches to a piece in the main ACS shop. New to the trade, Paul will be rotated to the different sections within the ACS world to receive training. See pages 8-9 for full story on 19 Air Maintenance Squadron. (Photo by Wlmg.)

19 Wing unit assists in major drug bust

19 Wing's 407 Sqn and other CF units recently participated in a major RCMP counter-drug operation, culminating in the seizure of 12 tonnes of hashish.

Five CP140 Aurora long-range patrol aircraft from 19 Wing Comox and 14 Wing Greenwood, N.S. logged 400 flying hours (300 and 100 respectively) in aerial surveillance of suspected drug carrying vessels.

In addition, HMCS *Huron*, with a crew of 280, one Sea King helicopter, and a team of RCMP officers, spent two weeks at sea on this operation.

The initial seizure was made at 2:00 a.m. on November 4 at Fanny Bay on Vancouver Island, off the vessel *Ansare II*. HMCS *Huron* intercepted the alleged mother ship, the 100-foot vessel *Blue Dawn*, off the west coast of Vancouver Island and escorted it to Vancouver for further investigation. Twelve people have been charged so far.

The RCMP were also assisted by Canada and US Customs, USDEA, IRS and US Coast Guard in a fine example of national and international cooperation.

Quality of Life report released

By Mitch Gillet and Anne Boys, D-News staff writers

Members of a parliamentary committee want the Canadian government to increase DND's budget by several hundred million dollars to improve the quality of life in the military.

Liberal MP Pat O'Brien, who chairs the Standing Committee on National Defence and Veterans Affairs (SCNDVA), said the increased funding is needed to carry out the 89 suggestions in the 123-page report. "This report goes a long way to addressing the very real and important daily needs of our Canadian Forces personnel and their families. As a nation, we must face up to the critical challenge of improving their quality of life," he said.

In the report, the members concluded there is a price attached to

the recommendations. They insist their suggestions will see that the real needs of the military are met, but not by cutting from training and equipment budgets.

A key suggestion in the report was a pay raise for all military personnel, ranging from 10 per cent for entry-level positions to two per cent for senior officers.

The 16-person committee visited military bases and talked to CF members of all ranks to uncover key issues playing havoc with morale in the military. From October 30, 1997 to June 4, 1998, the committee heard from 550 military and civilian personnel who talked about their quality of life in the military.

"I want to increase the quality of life benefits for our Canadian

Forces personnel. I think they deserve it," MND Art Eggleton said responding to the report's recommendations. "It would be very difficult to do it without increasing the budget."

General Maurice Baril, the Chief of the Defence Staff, who has reviewed the report's suggestions, said "the committee listened to the members of the Canadian Forces and produced a hard-hitting constructive document. The overall problem that eroded the quality of life for our members was one of budgetary constraints and not one of leadership. I am optimistic that the report will lead to positive change and that we will get the resources we need to make those changes."

Continued on page 3

**Labs
back in
service**

See page 3

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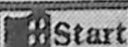
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Lest we forget

By Tet Walston

On November 11 it will be exactly 80 years since the guns fell silent in that mindless slaughter which was "The War to End War," "The Great War for Civilization" or "WWI." As we know it.

Over one million British and Empire (as it was then) soldiers were killed, and one and a half million seriously injured. The cessation was brought about through an Armistice Agreement and it was reported that General Foch, in dismissing Allied troops from a ceremonial parade, ended by saying "stand easy men, - for twenty years!" How accurate that remark was.

The Versailles Treaty was signed the next year and history has already shown that certain clauses (and breaches of such) led not only to WWII but to the present conflicts in the Balkans.

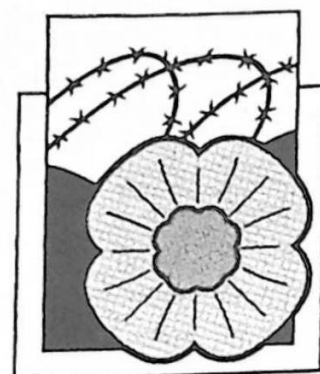
That dreadful waste of lives was observed by men who could best describe their thoughts and beliefs in the poems which they wrote. It will be no surprise to our readers that I single out John McCrae and his famous poem "In Flanders Fields." This was written in 1915, following the first Battle of Ypres,

and was first published in "Punch" anonymously. It quickly became a well-known favourite throughout the English speaking world. John McCrae died in early 1918 and thus was never able to know the effect of his poem in the future.

A young American woman, Moira Michael, was so moved by McCrae's poem, and its last stanza, that she wrote a poem in response titled "We Shall Keep the Faith," and started a campaign in 1918 encouraging the wearing of poppies in honour of those who were killed in the conflict. This campaign was so successful that the wearing of the poppy and its significance spread to other countries, including Canada, France and Britain.

The poppy soon became not only a symbol but, in Britain, a means of fundraising in financial support of the badly maimed survivors. Ironically, this fund in Britain was known as "The Earl Haig Poppy Fund," and he was named as chairman.

The irony was that he, more than any other British General, had caused enormous losses by his flawed leadership!



In 1939, as General Foch had predicted, we "fell in" after 20 years and finished a war under conditions that could possibly lead to an even greater war. If you doubt this, just look around! Nations which were once dependant on "reeking tube and iron shard" (Kipling's "Recessional") today have that euphemistic "Nuclear Capability" though not the rational restraint.

Here in Canada we reduce our Defence spending, thus denying training and careers to many who wish to serve in our Armed Forces. Even the British are now destroying the Territorial Army, which served the country so well in two World Wars.

So, we must not break faith with those who died and must take up our quarrel with the foe - and we know who they are, don't we!

As Kipling wrote: "Lest we forget."

Remembrance

By WO Cameron (Frank) Coffey (1920-1996)

The bugler played the last post
Once more we remembered our dead
To the Veterans standing around
What we think is seldom what's said
We remember the individuals
Not the hundreds on honour scrolls
For the moment we think of another day
We remember our moods and our goals
We recall our aim was the common good
What was best for country and King
Die if you must in a distant land
But to do your part was the thing
How far have we gone from the noble aim
Become introverted, selfish with greed
Where our goal is our own desires
Never country or the other guy's need
Where ten men strike for a dollar more
And it ties up half the land
Businessmen fail, companies go broke
But the unions have taken a stand
Where is the "Help your fellow man?"
Lost is the common good
The bugle stopped, the silence came
And everyone quietly stood
Somehow I felt I ought to pray
But hate to make a fuss
And anyway I don't know whether
To pray for them or us.

Frank wrote poems throughout his life, many times with the Irish humour that was Frank's whole personality, but this poem was of remembering his own wartime experiences, of his 19 years in the RCAF and his observations of years of attending Remembrance Day ceremonies.

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CDS Remembrance Day message

By Gen J.M.G. Baril, Chief of the Defence Staff

Every year we pause at the eleventh hour of the eleventh day of the eleventh month to express our gratitude to those who made the ultimate sacrifice for freedom and peace all over the world. We pay tribute to their memory and to those who returned home, their lives and the lives of their families forever changed.

Throughout the twentieth century, Canada and its allies have paid a high price in human life defending these values. During the First World War, nearly 10 per cent of Canada's population served in the Armed Forces. Young and full of enthusiasm, they went overseas to defend peace, freedom and democracy. 66,000 of them never returned. 70,000 more came home disabled.

Canada responded yet again

during the Second World War. Canadians fought with courage and a strong sense of duty, but the victory that ensued was very costly in terms of suffering and human lives. 45,000 Canadians died in the conflict and untold thousands were wounded.

Since then, we have witnessed on many occasions the professionalism and dedication of the men and women of the Canadian Forces who have served with distinction at home and abroad. We remember those personnel who served in the Korean War where over 500 Canadians lost their lives. We also remember those who served more recently in the Gulf War. In these conflicts, Canadians again brought honour to this great country.

Our Peacekeepers, too, have

made an invaluable contribution throughout the world. We remember more than 100 of them who lost their lives restoring peace to communities torn apart by conflict. In often dangerous and difficult situations, members of the Canadian Forces continue to carry out their missions every day with pride, compassion and a strong sense of duty. Today and every day, they demonstrate that they are indeed cut from the same cloth as those who have gone before them.

On Remembrance Day, we honour the memory of all our veterans. Inspired by their memory and guided by their example, we renew our pledge to continue to defend the values that make Canada a country we are proud to serve.

Canadians count on this. They count on the men and women of the Canadian Forces to defend their country, their interests, and their values, and to play in important role in maintaining world peace.

As Chief of the Defence Staff, I know that every member of the Canadian Forces, regular and reserve, proves day after day that we have earned the confidence of Canadians to uphold the tradition

on honour and unconditional service so valiantly shouldered by our veterans.

I am extremely proud of the accomplishments of the Canadian Forces and I am proud of the selfless, dedicated service rendered by past and serving members. Through your dedication, you keep alive the memories of those whose sacrifices have enabled us to live in peace and freedom.



Col Neumann, WComd, gets his poppy pinned on by a Legion Member. (Photo by Wlmg.)

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From the WComd

By Col W. Neumann

The Standing Committee on Defence and Veterans' Affairs tabled its long awaited report to Parliament on October 29. It is a well written and easy to understand document which gets to the root of many issues affecting members of the CF.

I strongly recommend that all of you read the report from cover to cover. It is available on the Defence Information Network (DIN) under the DGPA Home Page and on the Internet at www.dnd.ca. You are cautioned, however, to read the report thoroughly and carefully with a view to understanding what is written, rather than just what you want to hear.

You must all understand that

this is simply a report to Parliament which makes certain recommendations. It is not binding on the government and it does not come with dollars attached. You will also notice that the recommendations will require support from other agencies, such as Treasury Board and Revenue Canada.

Like all of you, I am cautiously optimistic that we will see some tangible benefits from this process. I caution you, however, to be neither too cynical nor to over-inflate your expectations. Please read the report carefully and avoid rumours. I will continue to press for more information as the follow-on debate unfolds and will do my utmost to keep you informed of the facts as they unfold.

SCONDVA?

SCONDVA (the Standing Committee on National Defence and Veterans' Affairs) is a permanent committee on the House of Commons which studies matters within its area of responsibility. Sixteen Members of Parliament (MPs), representing all parties, sit on the committee. SCONDVA Clerk, Eugene Morawski, says all Standing Committees are governed by Standing Orders, which, like an umpire's rule book, contain all the rules for all parliamentary activities.

A report is born

1. Committee studies an issue.
2. A report on the findings of the committee's work is tabled in House of Commons.
3. If asked, the Government has 150 days to respond.
4. The Department acts on the Government's response.

SCONDVA Members

Rob Anders (Reform) - Calgary West (Alta.)
Robert Bertrand (Liberal) - Pontiac-Gatineau-Labellé (Que.)
Hec Clouthier (Liberal) - Renfrew-Nipissing-Pembroke (Ont.)
Gordon Earle (NDP) - Halifax West (N.S.)
Maurice Godin (BQ) - Châteauguay (Que.)
Peter Goldring (Reform) - Edmonton East (Alta.)
Art Hanger (Reform) - Calgary Northeast (Alta.)
René Laurin (BQ) - Joliette (Que.)
Judi Longfield (Liberal) - Whitby-Ajax (Ont.)
Pat O'Brien, Chair (Liberal) - London-Fanshawe (Ont.)
John O'Reilly (Liberal) - Victoria-Haliburton (Ont.)
David Pratt (Liberal) - Nepean-Carleton (Ont.)
David Price (PC) - Compton-Stanstead (Que.)
George Proud (Liberal) - Hillsborough (P.E.I.)
John Richardson (Liberal) - Perth-Middlesex (Ont.)
Bob Wood (Liberal) - Nipissing (Ont.)

Weather Summary



October was slightly warmer and somewhat drier than normal. The seven days with fog (visibility <5/8 of a mile), was higher than the monthly average of four days. This month was also windy, with the number of days with winds >16 knots (17) exceeding the average of 14 days.

Highest monthly temperature	19.3°C on 6 th
Lowest monthly temperature	1.9°C on 28 th
Total monthly rainfall	103.2 mm
Average monthly rainfall	128.2 mm
No. of days with 0.2 mm or more rainfall	20
Total hours of bright sunshine	76.3 hrs

(Information provided by Weather Service Centre, CFB Comox.)

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Operational restrictions on Labradors modified

The operational restrictions placed on Canadian Forces CH-113 Labrador helicopters in the wake of the Gaspé crash have been modified.

Effective October 27, Labrador helicopters will be able to conduct all search and rescue (SAR) operations and essential currency training (minimum standard). They will not be authorized to conduct proficiency (above minimum standard) training, operational training flights, transport trips or familiarization flights for media representatives or members of the Civil Air Search and Rescue Association. SAR demonstrations of any kind, including air show displays are also off limits.

The current policy will be in effect for the remainder of the year and will be reassessed on Jan. 1, 1999.

At a conference held in Ottawa in mid-October, commanders representing SAR squadrons from across Canada met with the Chief of the Air Staff to discuss the options available for Labrador operations.

In addition to that of maintaining the current restriction, the other options discussed included resuming normal SAR operations or grounding the entire fleet until the cause of the accident is discovered.

Grounding the fleet was not considered a viable response for maintaining the credible SAR posture.

The decision to modify the current restriction is one that balances the need to deliver quality SAR services to Canadians and helps to ensure the safety of Labrador crews.

Air force commander puts Labrador back in service

(DND News Release from D-Net, the official World Wide Web of the Department of National Defence and the Canadian Forces, at WWW.dnd.ca)

On 27 October, the Chief of the Air Staff, LGen David Kinsman, lifted flight restrictions on the Canadian Forces' primary search and rescue (SAR) helicopter, the CH-113 Labrador.

"I have consulted extensively with squadron commanders and experts in the field, as well as members of the crash investigation team, and they all agree that this is a prudent and safe decision," said LGen Kinsman. "I have the utmost confidence in our aircrews, our technicians, and our maintenance procedures."

"Let me assure the air force community, their families, and all Canadians that we will do everything possible to find the cause of the Labrador crash," pledged Gen Kinsman. "If we find anything new

to suggest that the aircraft is unsafe, I will not hesitate to restrict the fleet once again."

"I have been thoroughly briefed by air force experts in all aspects of the accident investigation, and I endorse LGen Kinsman's decision," said the Hon. Art Eggleton, Minister of National Defence. "Although the restriction that was placed on the Labrador fleet did not compromise the air force's capability to carry out its vital SAR role, the return of the Labrador to operational status allows the air force to provide its usual search-and-rescue capability for all Canadians."

LGen Kinsman restricted Labrador operations more than three weeks ago after the tragic crash of Labrador 305 on October 2, in the Gaspé region of Quebec in which six crewmen died. Since then, flight safety and engineering and maintenance specialists have been examining the wreckage and all other evidence in search of probable causes for the crash. The preliminary findings from the Director of Flight Safety were also released.

The accident investigation has moved from the woods of the Gaspé to Ottawa, where the parts of the aircraft are being pieced together. Engineers at the Quality Engineering Test Establishment in

SCONDVA Report released

Continued from page 1

"The budget for the Department of Defence has been slashed by 30 per cent since the Liberals took office in 1993. That is unacceptable and the stories we heard during our hearings are the evidence to prove it," said Conservative MP David Price, who is the party's defence critic and a member of the all-party committee. "The government will have to restore funding to the Department of National Defence and the Department, in turn, will have to address the recommendations in this report."

The Reform Party members of the group denounced the report. "Instead of addressing the root causes of the problems faced by CF members, the government members of the committee chose to deal largely with the symptoms," said Reform MP Art Hanger, who was one of SCONDVA's two vice-chairpersons. "Instead of examining how the Canadian Forces arrived at its current state of malaise and recommending positive changes to rectify these problems, the majority chose to recommend band-aid solutions."

The federal government must respond to the report within 150 days of the October 28 release date. The government response will detail how DND/CF, in co-operation with other departments, including Veterans' Affairs, will react to the committee's recommendations.

Moving Forward, A Strategic Plan for Quality of Life Improvements in the Canadian Forces is available at: www.parl.gc.ca/InfoComDoc/NDVA/Studies/Reports/ndvarp03-e.htm or at www.dnd.ca under "what's new."

Hull, Quebec, and experts in combatibility from CFB Suffield, Alberta, have been called on to provide advice.

In addition to the ongoing accident investigation, the Chief of the Air Staff has convened a collateral board of inquiry to look into all aspects of the crash and Labrador helicopter operations. The board will look for any evidence of inattention to proper procedures or organizational or regulatory flaws that may have contributed to the accident. The board's report is expected to be submitted to the Chief of the Air Staff by December 15. The Canadian Forces always convenes collateral boards of inquiry when an aircraft accident results in death.

"With respect to the crews and families at 413 Sqn, we will certainly allow them the time they need to recover from the loss of six comrades and, if necessary, regain their confidence in the Labrador," says LGen Kinsman.

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Remembering

The latest issue of Air Force Magazine, published by the Air Force Association of Canada, is out and there is an interesting article near the back on the Bomber Harris Trust entitled "Justice Denied." Things are said about Brian McKenna and the Canadian Broadcasting Corporation that are really quite forceful in their conviction and refreshing in their commitment. I recommend it to anybody who wishes a good grounding on the situation.

There is one statement of claim within the article however, that really caught my attention: "the Canadian arts/media world has witnessed such an outpouring of books and videos and parades and school visits by veterans as would have seemed impossible to the producers and scriptwriters of that deceitful 'docudrama.'" The suggestion is that there is a concerted effort on the part of our veterans to educate the public on the fact of our heritage and history, and correct the misinformation that has been put about by our own publicly funded national media.

If this is the case, then it has been extraordinarily effective. Having just attended the "Canada Remembers" event in Vancouver, I was astounded by the level of participation and the interest displayed by the general public in military heritage and history. I don't believe that this would have been the case even ten years ago. Something is certainly driving a renewed interest in our accomplishments and it is welcome attention. If it is indeed the result of initiatives by our veterans' organizations, such as the Bomber Harris Trust, then they should be very proud of their success.

Joel Clarkston



Letters to the Editor

Dear Editor,
Every fall, girls of all ages queue up at their schools, community centres and church halls to enroll in Girl Guides of Canada-Guides du Canada, one of the most rewarding programs available to them.

I would like to thank the women volunteers in your community who have joined with the 6,936 others in B.C. to commit their skills, time and energy to this exceptional program for today's young women. These volunteers work to build the confidence and expand the skills and capabilities that these girls will carry with them throughout their lives. For these women to make this contribution takes effort, willing-

ness and concern for the generations to come.

The 26,603 girl participants in B.C. who benefit from this program join with the 10 million members world wide to enjoy challenge, fun, friendship and multiple skill acquisition.

On behalf of Girl Guides of Canada, B.C. Council, I applaud these volunteers and warmly welcome all new and returning girl and adult members of Girl Guides of Canada.

Have a wonderful year!
Sincerely,

Elaine Hayden
Provincial Commissioner

Hank Oke Assistance Fund

Hank Oke, our Wing Addictions Counsellor, will require 6-8 months of medical rehabilitation as a result of a terrible motorcycle/car accident on 31 August of this year.

In order to help defray mounting support expenses, a Trust/Assistance Fund has been established at the CIBC (Driftwood Mall). Donations may be made directly to Branch 04940 Acct 49-32668, or through Cpl J.C. Buttner, local 8267.

Survey results are in - Readers happy with Totem Times

The compiled results of a recent reader survey indicate that the vast majority of our readers enjoy their base newspaper.

Four features were unanimously enjoyed by the survey respondents: the editorial and the editorial cartoon, the health, fitness and leisure page, and the Bulletin Board (classified and announcements) page.

Of all our regular features, only the Crossword Puzzle and the Legion Log were not enjoyed by an overwhelming majority, but still earned over 50% approval rating.

One hundred per cent of those who completed the survey want to see more articles on consumer awareness and tips. A large majority of them also wish to see more financial information, CF news and articles on new technology/computers.

The majority of people surveyed found that we have a good balance in all article categories including section news, sports news, heritage, nutrition, health, travel and entertainment.

19 Wing hosting Drug Awareness Week

November 16-21 is Drug Awareness Week and the base will be the Comox Valley host for the event. The theme this year is "It takes a whole community to raise a child." Two seminars are scheduled from 6:30-8:30 p.m. at the Officers' Mess on Tuesday, November 17 (for parents and teens) and Thursday, November 19 (for parents and pre-teens). The object of these meetings is to generate discussion between parents and children on the subject of drugs.

Facilitating the discussion will be Barry Schneider of the RCMP and Cpl Steve Card of the 19 Wing Military Police. After an open forum discussion, participants can watch a skit that deals with effective strategies for dealing with drugs. Following this performance, there will be an open discussion when questions can be directed to a panel of community leaders from municipal government, schools and the justice system.

For the health and future of your children, please come out, listen, participate and make a difference.

Next deadlines
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Articles: 20 November, NOON



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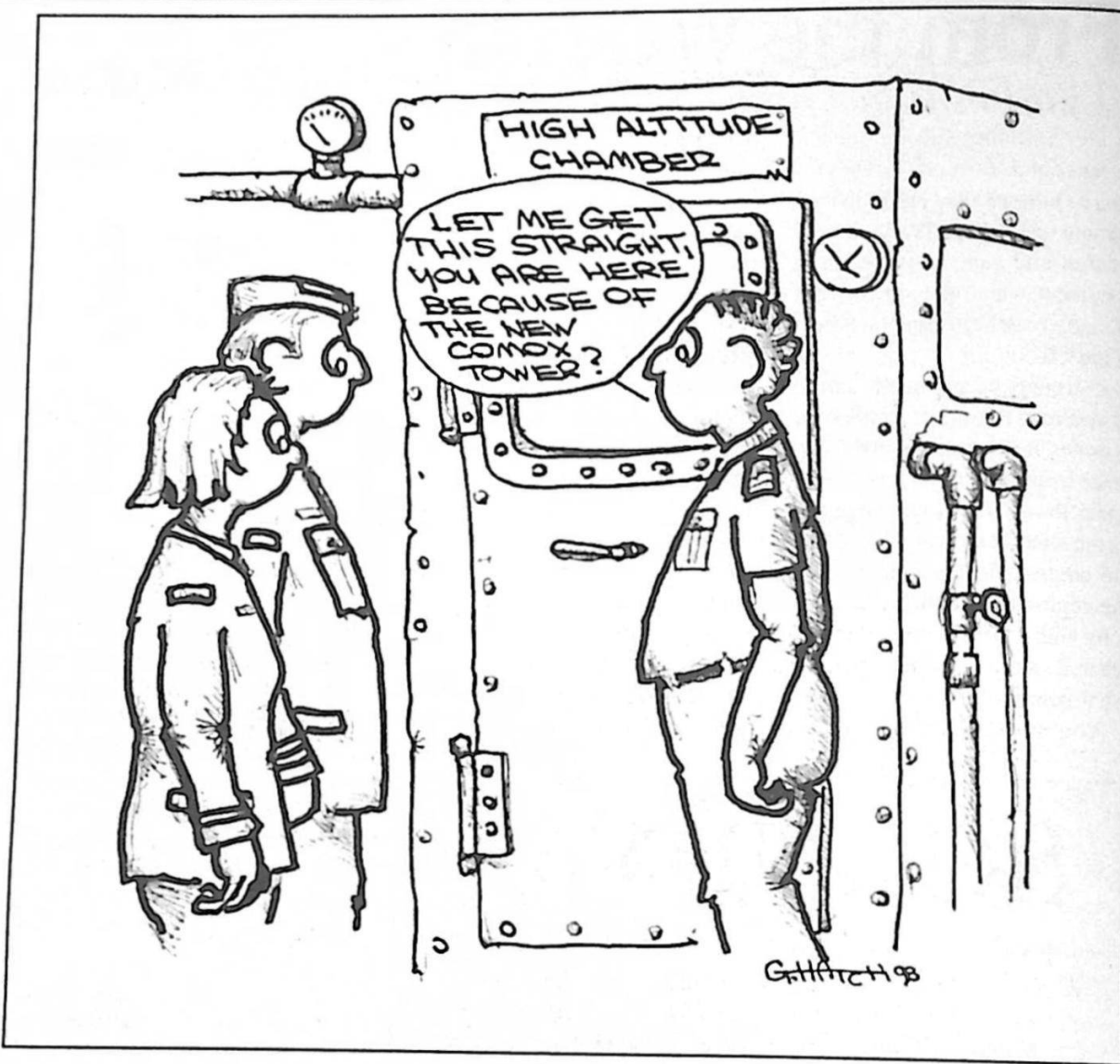
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OFFICE HOURS
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7:30 - 11:30 a.m.
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Ever vigilant and flying high

By Capt David Krayden

"We weren't meant to fly - at least not this high, this fast and this hard," says Maj Todd Balfe, 416 Detachment Commander for Exercise Amalgam Warrior. "This is a difficult working environment."

He couldn't be more accurate as I feel the G-suit that is wrapped around my legs start to inflate. I try to lift my arms into the air and feel the resistance. The flesh on my face seems to sag under the pressure. It is like a big hand is resting on my body and slowly but incessantly increasing the force.

Then we are out of the turn and it feels like regular flying again. For the past three minutes, Maj Balfe has been pursued by Capt Pete Abbott, who in his aircraft has been trying to lock on and "kill" his fellow pilot. Then the major has an idea.

"This will fix him," he says.

We ascent to 42,000 feet and cruise near Mach 1. We have successfully evaded Capt Abbott.

Later in the debrief, the two hour mission is examined by the two pilots as Maj Balfe illustrates the lessons learned from the tip. It is a Saturday afternoon and the big exercise hasn't started yet. This is just called "manning the Q," or the Quick Reaction Area (QRA) that used to be the hardest building in the Comox Valley to enter back in the nuclear-capable days. While the F-18s are in town, a pair of duty officers must be present at all times. It is common to sit in the kitchen area, around a huge table on chairs with worn black upholstery. The toast and Cheese Whiz are pilot staples as is the coffee, which always seems hotter in a Styrofoam cup.

At the end of the day, it doesn't get more luxurious. All aircrew and ground crew stay in military quarters while deployed to Comox and eat mess fare. Oh yes, they get the regular \$4.00 a day TD stipend as well. In the very sparse and unexceptional surroundings of the Q, pilots wait to fly the fastest aircraft in the Canadian Forces and ground crew ensure they keep flying.

It is another day in the life of a CF-18 squadron, which, when not flying over the remote terrain of northern Alberta may be deployed to fighter bases from Nevada to Italy. The training on this day is in anticipation of Amalgam Warrior, which ran from 3-5 November.

The scope of this exercise is enormous. For only the second time, it involves fighter assets from east and West Coast concurrently. While T-33s from Comox and visiting jets from 4 Wing Cold Lake fly over British Columbia, aircraft from Greenwood, N.S. and Bagotville, Quebec are also deployed. Smack in the centre of these two coastlines - literally - is the command centre at 1 CAD, also the Canadian NORAD Region HQ. To the south is NORAD HQ at Colorado Springs, Col.

In four days the participating units go from a normal peacetime posture to all out war and the F-18 pilots have to anticipate and counteract a variety of airborne threats to Canadian sovereignty and continental security. The ready-for-

business T-33s often act as the enemy in these scenarios, masquerading as attacking aircraft. You might call an exercise like this overblown, what with all this doomsday planning and hard-core fighter operations going on overhead. Talk to some people, usually the ones who didn't think we ever needed a military, and we can pack up the Air Force now that the Cold War is over. After all, isn't the Air Force just about SAR and support to peacekeeping operations?

Think again. According to Maj Balfe, "Take the fighter assets away from the core mission and you take the force out of Air Force." And if you recognize the need to preserve that fighter force - to maintain international credibility, to protect national sovereignty, to maintain the freedom of the skies - then you have to exercise those assets under realistic, rigorous and operationally valid conditions.

In other words, the CF-18 must prepare for combat because that is ultimately its purpose.

Since the Gulf War, CF-18s and their pilots have been close to com-



Maj Todd Balfe gives some last minute instruction to ground crew prior to scrambling during Exercise Amalgam Warrior. The QRA is home away from home for members of 416 Sqn, who regularly deploy to 19 Wing from 4 Wing Cold Lake to fly and maintain CF-18 fighters in defense of Canada.

Last minute preparations



Capt Bill O'Gorman and Sgt Dan Bumstead study wartime scenarios during a critical phase of Amalgam Warrior. The stress of the moment barely cracks the relaxed demeanour. (Photos by Wimg.)

bat. Maj Balfe has been to Italy twice. Stationed at Aviano, he flew mission in support of NATO peacekeeping in the former Yugoslavia. He has seen experienced pilots leave for civilian jobs.

He won't be leaving anytime soon himself. Maj Balfe signed on to the Pilot Retention Program and took the bonus. But, bonus or not, he is a man who loves his job with a passion that is only regulated by a comprehensive understanding of his aircraft and his mission.

But what can you expect from a Comox Valley boy? Raised in Comox, Balfe attended Comox and Airport Elementary, Robb Road and Highland Secondary schools. He joined the Canadian Forces in 1983 and continued his post-secondary studies at Royal Roads Military College and Royal Military College. He completed his Masters in English Literature while instructing students on the Tutor aircraft in Moose Jaw, Sask. He has over 3,000 hours on jets.

As such, he knows his subject and is an enthusiastic supporter of the CF-18 update program and notes that maintenance requirements for the jet are becoming noticeably higher. "This is a great

19 Wing facing personnel reductions

By Capt Krayden, WPAFFO

Through a combination of overall personnel reductions in the Air Force and decreased flying at 414 Sqn, there will be 76 fewer military positions at the base by the end of year 2000. Of these 76 positions, 60 come as a result of personnel reduction measures that were first announced in 1994; an additional 16 positions will be phased out at 414 Sqn due to the fewer number of CF-133 jet aircraft flying.

The numbers were released as part of the Operational Personnel Risk Assessment Model (OPRAM), which establishes personnel levels at air bases across Canada and defines personnel requirements for deployments, national taskings and base support.

Canadian Military on the Discovery Channel

This fall, the Discovery Channel premieres five productions about the Canadian Forces. The 1-hour programs will be broadcast during the Forbidden Places series on Sundays at 10:00 p.m. Each show will be rebroadcast during the week on Mondays at 2:00 a.m., 5:00 a.m. and 6:00 p.m. and on Saturdays at noon.

The documentaries will be broadcast on the following dates:

Nov 15	Canadian Rangers
Nov 22	Clearance Divers
Dec 6	Exercise Prairie Ram
Dec 20	CFS Alert/Operation Boxtop

Strapped in, ready to go



Wing Commander Col Bill Neumann enjoyed the hospitality of Cold Lake's 416 Sqn, while they are visiting the base this week as part of Exercise Amalgam Warrior. The NORAD Exercise is the second Canada-wide fighter jet competition, where pilots and ground crews from Comox to Greenwood, N.S. practice defending Canadian airspace and sovereignty. Over four days, participants prepare for and fly in realistic wartime scenarios that demonstrate the effectiveness of NORAD's strategy for defending the North American continent. (Photo by Cpl D. Desroschers, Wimg.)

By the end of year 2000, 19 Wing expects to have 1,062 uniformed positions.

"These cuts don't come as a surprise; this process has been ongoing for some years now. It has to be emphasized that the OPRAM members have nothing to do with any further reductions that might occur due to the Capability Re-

newal Initiative, which is the program designed to temporarily reduce operational levels in order to finance some important equipment update projects," said Wing Commander Col Bill Neumann.

The reductions are expected to affect diverse units on the base and are not centred on one unit, classification or trade.

First Flight



WComd Col Bill Neumann (far left) flew in the first Labrador to complete the exhaustive inspection required in the wake of the tragic helicopter crash in Gaspé. The Labradors can be used for all search and rescue operations and minimum standard training. The current restrictions are in effect until the end of the year. (Photo by Cpl Carl Schofield, Wlmg.)

Halloween at PSS



(Photos by Wlmg.)

Wing Comptroller Sqn Dee Holmes retires



Dee Holmes (right) receives her Long Service Scroll, signed by the Prime Minister of Canada, from Maj Benninger, WCompt. (Photo by Wlmg.)

It was both a sad and happy day at the WCompt Sqn on Friday, 28 Aug 98. It was sad for us, as the day marked the final work day for Mrs. Dee Holmes, an outstanding Public Service employee for 24 years. It was a happy day for Dee, as she could now join her spouse, Bill, in retirement and do some travelling!

Dee worked in Ottawa before coming to Comox to complete her Public Service career and eventually retire. Her last day at WCompt was marked with a low key (at her request) steak BBQ and potluck luncheon.

Dee prefers not to be in the limelight and does not like to be made a fuss over. But her outstanding performance and untiring dedication demanded to be acknowledged.

For so many years and in so

many challenging situations, Dee, our Invoice Supervisor, has ensured our many suppliers have been paid on time. She was always courteous and prompt to assist Wing personnel with problems relating to processing of payment documents on the FIS computer system.

I won't tell you how many payment systems Dee has worked on or how many Wing Comptrollers she has seen come and go, as that may give away her age! Suffice to say she has seen and done a great deal over her 24 years of dedicated service.

For this, the WCompt presented Dee with a Long Service Scroll, signed by our Prime Minister!

Dee, we all wish you safe travels in your retirement. Don't forget us and keep in touch.

WTIS exposed

From Pigeon to PC Electronic Message Distribution

By Sgt Mike McKinney, COMCEN Supt.

Advances in computer technology have dramatically affected the way we do business in the communications world. With the availability of the PC and Electronic Mail on every desk, processing official correspondence is faster and far more efficient. The Communication Centre has recently enhanced its capability to provide 19 Wing with an expedient and reliable message delivery service - the Electronic Message Distribution system, or EMD.

Each unit (UIC) at 19 Wing has been provided with a LAN account for the purpose of message distribution, providing unit administration personnel with access to their unit "Message" account. Using the Group Wise E-mail system, Protected A and Unclassified ADDN messages are distributed to appropriate addresses electronically. Providing the capability of processing all message traffic straight from the desktop enhances unit response time and distribution of correspondence.

In the past, messages required manual processing. The Message Centre would make all required copies, distribute in appropriate mail slots, and wait for the Duty Mail run or unit personnel to pick up their messages. The process would then be repeated at the Central Registry or unit, reproducing appropriate copies and internal distribution. EMD not only serves to enhance administration efficiency but also reduces operating costs by reducing paper consumption, photocopying requirements, and man-hours required for processing correspondence. The Message Centre alone has reduced its monthly paper consumption by \$200. Message Centres will be disappearing in the new millennium with the introduction of the Defence Message Handling System (DMHS). At that point, all messages will be processed directly to/from your desktop. The implementation of EMD at 19 Wing only serves to enhance our capability now, and better prepare our Wing for the changes to come.

Service Person of the Quarter Sgt Jim Harper

The Service Person of the Quarter award is presented to a service person that has made an outstanding contribution to the 19 Wing Community during the previous three months.

For this quarter, the award has been bestowed on Sgt J.R. Harper, NCO i/c of the 19 AMS AVN Shop. During this past quarter, Sgt Harper has displayed impressive initiative and extraordinary dedication in the execution of all his duties.

Sgt Harper is a key player in the Wing's confined space entry program. In September, 19 Wing hosted an Aircraft Fuel System Confined Space Entry Conference.

As the OPI, Sgt Harper efficiently organized the conference and coordinated the administrative needs of approximately 50 participants, including military personnel and civilian contractors from both Canada and the USA. Sgt Harper has already been awarded the WComd Safety Award for his consistent contributions towards safety programs.

As a member of the Crash Guard and Salvage Team, Sgt Harper was also involved in the removal of the Voodoo from its pedestal. Dealing with a multitude of organizations,



Sgt Jim Harper being presented with the "Service Person of the Quarter" award by the Base Commander. (Photo by Wlmg.)

he ensured that all materials and equipment necessary to safely move the aircraft were in place. Sgt Harper's foresight in preparing for this tasking resulted in its flawless completion.

Additionally, Sgt Harper has substantially contributed to both the military and civilian communities by assuming the position of Chairperson for Tee-Pee Park. Under his direction, the park has seen the formation of a Park Committee, improvements to the playgrounds,

a laundry facility and new camping sites.

He has given a great deal of his free time to improvements so that others might enjoy this facility.

Sgt Harper's professionalism, team spirit and dedication have surpassed all requirements.

His outstanding contribution to safety, operational and community requirements at 19 Wing have made him truly deserving of the "Service Person of the Quarter" award.

Congratulations

Cpl K. Phelps, PSS, was presented her CD by LCol Spooner, WAdmInO, while her supervisor, Sgt Buckley-Jones proudly looked on. (Photo by Wlmg.)



Cpl Steve Hamel was a Tel Op who worked in the Message Centre. Steve has left the Wing to commence training in his new trade, Military Police. Good luck to you in your new career.



MCpl John Bonell worked in the Nav Aids section over on the airfield. John is retiring from the military to pursue a teaching career in skiing and snowboarding. We wish you the best in your future endeavours.



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Discovering

Hello from 19 AMS. During a muster parade on 26 October MCpl Mel Carmichael was presented with his promotion to Sgt and Cpl Mike Coles-Webb was presented with his MCpl leaf. Both are members of the ACS shop. Cpl Derek Kaye was presented with his Yugoslavia UN medal for his tour of duty aboard HMCS Halifax. Derek now has his feet firmly planted on shore in our AVS Lab. Our congratulations to all three members.

The question was asked of me a couple of weeks ago "Where can I find 19 AMS?" My first response was, "head off to 7 Hgr." Then, after a moment's thought, I asked, "What section are you looking for?" You see, 19 AMS is a pretty diverse unit; a lot of people think that when they walk into 7 Hgr and see a few shops on the first and third floors, that's all there is! Wrong! So, in this article I thought I would give you the nickel tour of some of our sections.

Wing Armament

This location is hard to pin down as you may find their personnel spread out between the main office, the firing range, the bomb dump, the EOD range or at any point of the compass on Vancouver Island. This section includes Explosive Ordnance Disposal (EOD) and explosive storage of all wing armament. The EOD section has responded to 113 military and civilian calls so far this year. The team covers a large portion of Vancouver Island that extends to all areas north of Parksville. Civilian calls are coordinated through the Explosive Disposal Unit (EDU) in Vancouver and local RCMP detachments. All members of the team are volunteers. So, what kinds of calls have they had? Recent civilian call-outs involved bomb threats to a civilian aircraft, the regional air terminal and a local shopping mall. Late last year, there were incidents involving pipe bombs that were lo-

cated and then destroyed by the EOD team.

Data Interpretation and Analysis Centre (DIAC)

The Maintenance and Training section is located on the second floor of 7 Hgr and in Bldg. 64. This dual role organization is responsible for repairing the Wing Operations Centre's equipment and includes a training section running courses on DIAC equipment for Greenwood, Halifax, Esquimalt and Comox on an as-required basis. DIAC Maintenance is responsible for providing immediate support to 19 Wing Ops, including preven-

tive and first to third line maintenance.

Since Aug 98 the experienced cadre of instructors have provided training on the Automated Date for Aerospace Maintenance (ADAM) system to over 100 personnel from the various squadrons on base. This course was developed as a result of repeated requests from the wing squadrons for some type of formal hands-on ADAM training. Training covers the architecture, the basics and the main menu screens of the ADAM system and concludes with an AMMIS briefing. The training

package is receiving a great deal of attention locally and nationally. After reviewing the package, 1 CAD has given its stamp of approval and has notified all wings that this training is available. ADAM 4.0 "coming soon to a training centre near you."

Aircraft Life Support Equipment (ALSE)

This section, located on the top floor of 7 Hgr, maintains, repairs and services numerous pieces of aircraft safety equipment. These include aircrew helmets, parachutes, life preservers/survival vests (LP/SV), emergency breath-

ing systems (EBS), survival kit air-droppable (SKAD), oxygen regulators and other aircraft emergency equipment. The section is also responsible for the liquid oxygen (LOX) building. The newest piece of gear the section maintains is the EBS. The EBS is an emergency breathing air system for aircrew who fly over water.

If the aircraft ditches, this gear will give the crewmember a source of breathing air if they are trapped under water. The section maintains this piece of gear for 442 Sqn Comox, 443 Sqn Pat Bay, 417 Sqn Cold Lake and 440 Sqn Yellowknife.



Above: Cpl Dino Gambaretto paints CF124 Sea King wheel rims in the large paint booth in the new ACS paint facility. The rims, destined for 443 Sqn Pat Bay, will first go to the AVN Comp Shop for assembly.

Right: Cpl Forrie Healey rigs a CP140 Aurora flight control actuator for testing. The AVN Comp shop is the only section within DND authorized to overhaul and test this hydraulic actuator.



19 AMS



Aircraft Structure (ACS)

This shop is responsible for providing the services of trained and qualified Aircraft Structure Technicians to 19 Wing flying squadrons as well as 443 Sqn in Pat Bay. The services provided include refinishing (fabrication and painting), machining and metalworking.

The metalworking and machine

shop is located on the bottom floor of 7 Hgr. Some of the section technicians are integrated into the maintenance organizations of the flying squadrons. Last year the refinishing shop opened its new paint facility, attached to Bldg 126. The new workspace includes a material prep area, paint mixing room, composite repair area, two paint booths and change rooms. The shop can boast of having one of the most up-to-date paint facilities on Vancouver Island.

Aviation Component (Avn Comp)

This shop consists of the Component Shop, Battery Shops, Aircraft Oil Analysis Program Lab, Electrical Shop and the Generator Test Cell. The shops provide a wide range of services; repairing, maintaining and testing various pieces of equipment, from wheel assemblies and batteries, to aircraft gal-

ley equipment, electrical components and oil/ferrography analysis. All shops are located on the 7 Hgr first floor, except the AOAP lab on the third floor.

The AVN Comp Shop supports all flying units on base and is a second and third line repair facility for some aircraft equipment at the national level. This section can be proud of its diversity and ingenuity. Calls from NDHQ have been received over the past years ask-

ing if the section could repair items that contractors could not handle. All such requests have been fulfilled.

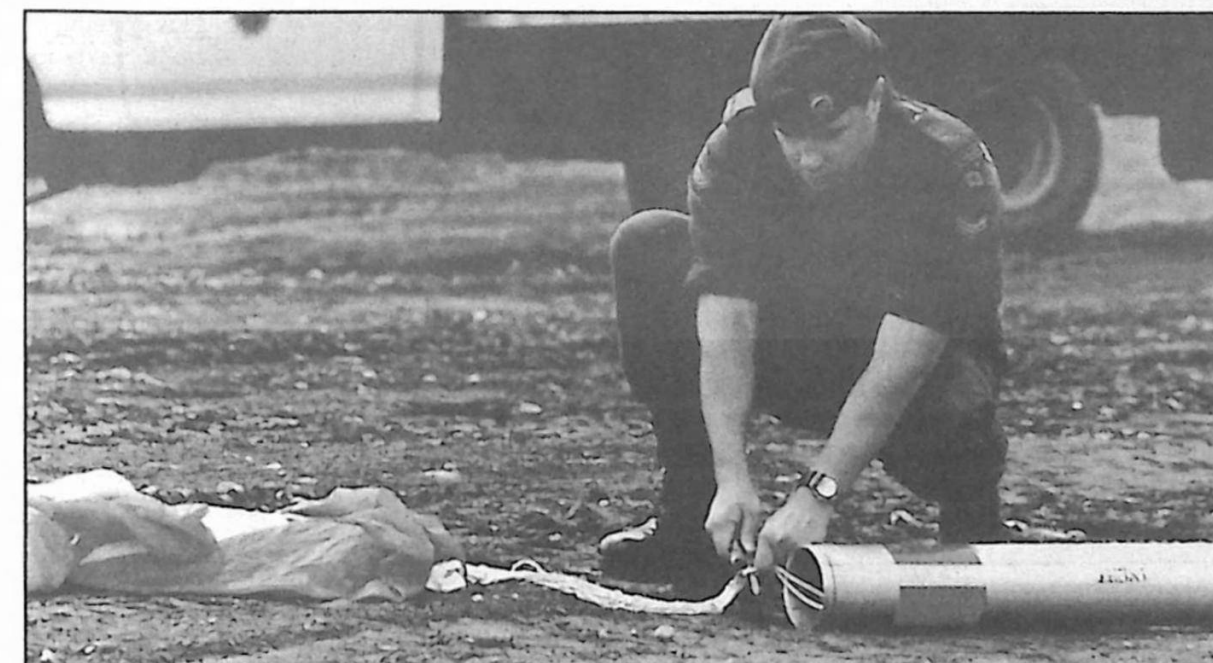
The work areas mentioned are only five out of 15 services provided by 19 AMS. All above-mentioned sections provide their services 24 hours a day, seven days a week. 19 AMS furnishes aircraft support to a diverse aircraft fleet. Some of our support activities are one of a kind at the national level.

Congratulations



The 19 AMS CO, Maj Bourget, presents MCpl Mel Carmichael with his well-earned promotion to Sgt. MCpl Carmichael's promotion will take effect Dec 1. Don't worry 442 Sqn, Mel will be staying with you and the Buffalo project. Our congratulations go out to Mel. (All photos by Wlmg.)

ALSE shop technician Cpl Gilles Goulette inspects and services an Emergency Breathing System cylinder. 19 AMS services the EBS for 442 Sqn Comox, 443 Sqn Pat Bay, 417 Sqn Cold Lake and 440 Sqn Yellowknife.



Above: Cpl Daryl Rodgers, from the EOD section, prepares to transport and dispose of an illumination flare. This type of tasking can take the team to all corners of Vancouver Island and the surrounding islands. (Photos by Wlmg.)

ASK THE PROFESSIONAL QUESTION:

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With today's low interest rates and double digit equity returns, the use of leverage (borrowing to invest) is very popular. It's a good way for homeowners to get the money in their home working for them, and the interest on an investment loan is tax deductible. However, the leveraging strategy is not for everyone. You must be a knowledgeable long-term investor prepared to weather the ups and downs of the market for at least a 5-year time period. Consult a Financial Advisor to determine your suitability.



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Canada

Canadian MPs take Peacekeeping Prize

Team Canada has taken the gold medal in the peacekeeping event at Defender Challenge, an international military police competition in San Antonio, Texas. The Canadian MPs won the Sadler Cup after a gruelling five day (and night) exercise that tested both their ability to respond to realistic combat scenarios and to negotiate with hostile factions.

Eight MPs from Canada, including four from 19 Wing Comox, were on the team. A ninth member, the team captain, helped coordinate the competi-

tion from the command post.

Defender Challenge, held at Lackland Air Force Base, is a "Top Cop" competition involving crack military squads from Canada, the United States, Great Britain and Australia. Though the competition also involved separate events in pistol shooting, grenade launching and the obstacle course, the peacekeeping exercise is considered the premiere portion of the competition. The Canadian team captain was 19 Wing Comox's Security and Military Police Officer, Capt John Pumphrey. Exhausted from

lack of sleep, Pumphrey was nonetheless jubilant when he called on Sunday night to announce the victory.

"This is a tremendous achievement for Canada and for the military police personnel who participated. We took on the MP sections from the best-equipped air forces in the world, including the USAF and the RAF. I couldn't have asked for more," said Pumphrey. Comox MPs on the team included Sgt Claude Blake, Cpl. Eric Nicolaes, LSG Dave Stevens and Cpl Frank Perry.

Did you know. B.C.'s Children's Hospital receives 100% of all the funds raised during the Children's Miracle Network Telethon?



Demon Doins

I can't believe another edition of the Totem Times is out. This year is flying by so fast and someone had the nerve to say that the reason was because we were all getting old. I accepted that reason because I remembered that becoming old did not necessarily go hand in hand with becoming mature, something that I (or the crowd I hang out with) will never be accused of.

This last month has seen quite a bit of local flying for the squadron. Unfortunately, with local flying there comes a drought of stories. I'm not one to suggest that everyone doesn't behave when they are away, but we do tend to have more stories when we have crews deployed. (I wonder how many people are going to get into trouble for that statement - besides me.)

We had Canada's Fincastle Team from 405 Sqn pass through here on their way to the competition in Australia. Fincastle is the international ASW competition that we hosted here last Halloween. Don't even get me started on the Fincastle team choice (because it wasn't us) but, needless to say, we gave them a warm 407 welcome. Best of luck to the team.

In the last Demon Doins article, I mentioned that the elders had gone off to an MPA symposium in



Sgt Cochrane, Wing Commander's Commendation.

Hawaii. I had also mentioned that I would abuse my forum if they didn't do well in the ASW competition that was part of the symposium.

Well, they placed third. Normally I would let loose with a barrage of insults and abuse that would make even AESOPs blush, but I did a little digging into the competition. It appears that the Aussies sent their Fincastle crew to this competition.

The conniving convicts from down under stacked a team. I should hope that a fully worked up Aussie Fincastle crew could beat a bunch of desk-bound elders who rarely fly, even if the elders were Canadian. When I think of

an excuse why we didn't take second place, I'll let you know.

It's amazing to see how having the CO and WComd on the crew can totally change an author's interpretation of events.

I've heard a rumour that the Commander's Cup is starting up again and the first sport is Flag Football. I'm thinking that we can beat our bitter rivals at AEF at Flag Football but, if not, the verbal abuse should be entertaining. There is nothing as refreshing as watching grownups trash talk each other. It makes sports interesting. I've noticed that a certain Capt Katie Phelan, who plays on the AEF hockey team, is the ultimate trash talker. She's living proof that

you don't have to know that you're doing to talk the talk.

During our last Ground Training Day we had numerous awards and medals presented, as shown in the accompanying photos.

I would like to congratulate Lt Darren Daigle (formerly WO Daigle). He has re-mustered to Air Navigator and is heading to BOTC shortly. Best of luck, Darren.

Congratulations to soon-to-be Sgt Nickerson on his promotion effective 01 Dec.

Finally, BZ to Sgt Cochrane who, along with Cpl Tessier, received the Wing Commander's Commendation for helping save the life of an elderly civilian while deployed on RIMPAC 98.

442 Sqn is alive and well!



By Lt Jennifer Tyldesley

Readers of the Totem Times may have been wondering what happened to 442 Sqn. It was certainly a busy summer for the Snakes and this autumn started to be hectic as well. In fact, October began with a major search during which 442 had to move its base of operations to Prince Rupert. The search for an overdue American aircraft lasted for four days. The entire coastline was combed, from Port Hardy to Ketchikan, Alaska. Unfortunately, the pilot did not survive the crash, which occurred only miles from Ketchikan, his point of departure. A search such as this one demanded that every resource in the squadron be utilized with maximum efficiency. For many of us, this was the first full-scale search that we had experienced. It was amazing to see most of our aircraft de-

ployed in the north coast of B.C.'s mainland.

Now it is already November and the pace may be slowing down a little. This is a perfect time for me to introduce myself as the new Squadron Public Affairs Officer. But I am not alone! There is a group of people who have volunteered their time over at 442. I am happy to introduce them: Capt Brad White, Navigator; LSG Zane Babineau, Sqn Orderly Room Admin staff; MCpl Bill Clouter, MCpl Dave Knubley and Sgt Dale Robillard, Sqn Techs; and Pte Andrew McCann, Aircraft Technician.

We look forward to getting the word out about what goes on at 442 Sqn. You will hear more from us in future issues of the Totem Times.



Sgt Nickerson, promotion effective on 1 Dec 98



Lt Daigle (formerly WO Daigle) is off to BOTC training. (Photos by Wing.)



Winners of CE's United Way raffle

With no less than 15 attractive prizes, CE's United Way raffle sold out in little more than a week. Raising \$208.76 for local charities and volunteer organizations.

As chance would have it, both lowest and highest number won: For the cost of one cent, Shelley Nicholas, Beleaners, netted herself a free lunch at CE's canteen, while from the Fire Hall, Cpl Bob Scott, who paid for the most expensive ticket at \$2.00, had his bad luck changed to good when the draw made him recipient of the coveted first prize - a framed and glass encased wall poster.

As will be seen from the following list of raffle winners, prizes went to many different sections:

1. Framed poster - Cpl Bob Scott, FH; 2. Volatiles in red and white - Rick Valentine, CHP; 3. One free lunch at CE canteen - Shelley Nicholas, Beleaners; 4. Ten for one - Ian Bowie, R&M Shop; 5. Bucket of steam - Lil Davis, PUBS; 6. Glass encased eau de toilette - Marcia Erikson, R&G; 7. Svc of appliance mechanic - Al McCrindle, R&G; 8. Coffee table - Sue Gibbs, WLog; 9. One free lunch, CE canteen - Capt Cathy Phelan, SpProjO; 10. Firewood - Capt John Lalonde, WCompt; 11. Mountain honey - Denise Lecavalier, WSup; 12. DCC baseball cap - Trevor Vance, R&G; 13. 3M baseball cap - Norma Hanson, CE Wrks ctrl; 14. Polo shirt - LS Irene Daigle, WSup; 15. Red T-shirt - Angie Mallette, NPF.

CE Flight wishes to heartily thank all those who donated prizes, bought tickets, or in other ways helped make the raffle a success.



The short and the long of the draw came in the forms of MWO Zella Baran, CE FA Tm Ldr, who was also the Flight's United Way Chief Canvasser, and Capt Jon Burbee, CE Ops O, seen here in the process of drawing the first of 15 winning numbers before a table laden with donated prizes.

Cops Corner



Found property

By Heidi Pearson,

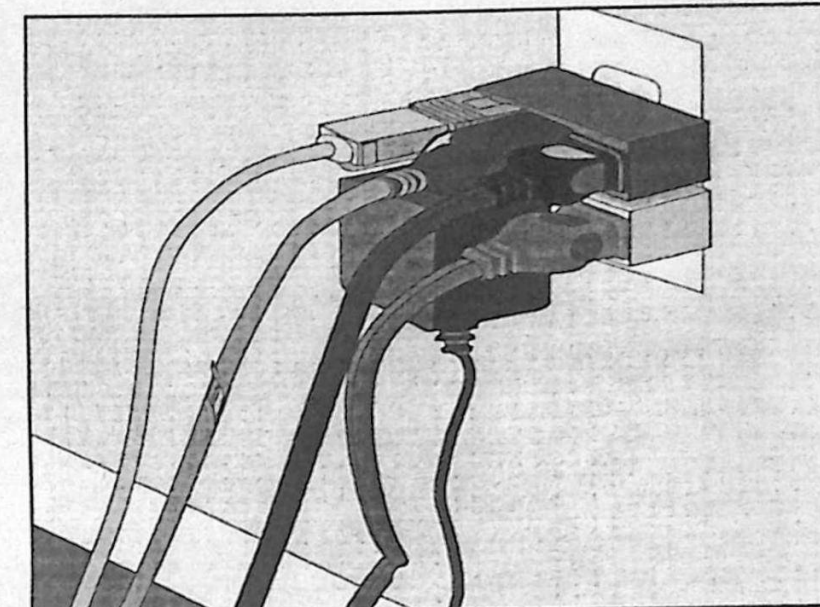
Work Experience Student from Vanier Secondary School.

The following is a list and brief description of the Found Property (bicycles) that have been received at this section:

Reg. #	Description
1296	Men's Phoenix 21-spd, green
1796	Grey & black Royal Knight 10-spd.
1898	Men's pink Kuwahara Escort 10-spd.
1996	12-spd Burgundy mountain bike
2696	Burgundy Apollo 10-spd.
3396	Venture Mountain Tour, purple
3796	Red Road Runner mountain bike
3896	Blue Heritage Sportster (slight damage)
105/96	CCM Black Ice 18-spd. mt. bike
110/96	Red Velo Sport mt. bike - flat tires
21/97	Red 12-spd. with white helmet
2697	Pink 10-inch bike frame
3297	Nouveau Cross 18-spd. - purple

If any of the above listed items belongs to you, feel free to drop in to the MP section for further information/identification. If you have any questions regarding lost/found property, please contact Cpl Steven Card, Military Police Property Custodian at 339-8236.

Electrical outlet taps/multiple plugs and extension cord hazards



What is wrong with this picture?

Splicing

The effects of a poorly made splice in an extension cord were demonstrated in a recent fire scene simulation. When the splice became loose, the strands of wire glowed red-hot. In copper conductors, a red glow indicates a temperature of approximately 1300°F. This temperature will easily ignite most combustible materials, including rugs and carpets, and it is for this reason that a damaged extension cord should be replaced and not spliced.

Overloading

Check the rating of extension cords against the load of the equipment plugged into it. Damage from overloading may be evident throughout the length of the cord. Internal melting and bubbling of the insulation or discoloration of the conductors can also demonstrate evidence of overloading.

Cube tap/multiple plug failure

These devices vary from two receptacles up to six; some are grounded and some are not. Often, the male plug cap blade will arc to the cube tap contacts when the device fails. This is caused by a loose contact between the male blade and the cube contact. An overload will hasten an equipment failure.

Polarized plug cap in an extension cord

The polarized plug cap is generally found on TV sets. The polarized blade (wide prong) will fit into an ordinary wall receptacle but often will not properly fit into an extension cord. It can sometimes be forced into the plastic but it will only make a point contact with the metal blade. This point contact is very susceptible to overheating.

Extension cords under carpets and rugs

An extension cord under a rug or carpet that sees any amount of foot traffic will eventually fail due to deterioration of the insulation. The insulating effect of a carpet will not allow normal heat build-up in an extension cord to dissipate. The trapped heat, in turn, will cause a more rapid deterioration of the insulation. If the cord is used at or near its maximum rating, the temperature rating of the cord could easily be exceeded. We have seen extension cords with more than half of the insulation worn away and still in use. There is the danger of both fire and/or shock hazard from equipment in this condition.

Practice fire safety at all times!

Your Fire Department will shortly be distributing a flyer with a 911 sticker attached, to all Wallace Gardens residents. This reminder, which should be affixed to your phone, explains what to say in the event of an emergency. One of the most important things to remember is to state that you are in military PMQs. If you don't, confusion could arise with the emergency dispatcher because there are a number of street names common to both Comox and Wallace Gardens (e.g. Fir, Cedar, Elm and Alder).

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Your Fire Department will shortly be distributing a flyer with a 911 sticker attached, to all Wallace Gardens residents. This reminder, which should be affixed to your phone, explains what to say in the event of an emergency. One of the most important things to remember is to state that you are in military PMQs. If you don't, confusion could arise with the emergency dispatcher because there are a number of street names common to both Comox and Wallace Gardens (e.g. Fir, Cedar, Elm and Alder).

News from the Hall of Flame

Four firefighters recently departed for the former Yugoslavia on a six month deployment where they will support NATO helicopter operations with 408 TFS Sqn at two separate sites. This type of deployment is seen as the start of a new era for military firefighters and is a significant change in the way the Canadian Army conducts business in the field. We wish the guys an exciting but safe tour of duty.

The Fire Department recently became more involved in fund raising for muscular dystrophy, which is a major fund raising project of firefighters throughout Canada and the United States. We recently had a car wash at Headquarters Shell and when combined with the sale of hotdogs, the event raised over \$1000. Future fund raising projects planned include the annual post Christmas feeding of trees to the chipper and a firefighter boot drive.

Energy Facts!

Home Facts

-Compact fluorescents use about 75% less energy than incandescents and can last up to 10 times longer.

-For every degree that your thermostat is set above 20°C your heating cost is increased by 5%.

-A leaking faucet at a drop per second can waste 175 gallons per month, wasting heating costs on hot water lines as well as water costs.

Work Facts

-A building with 1,000 computers could save over \$55,000 annually. If the computers must be left running overnight, shut off the computer monitors and printers.

-A 1/8" hole in a 15 psig line will lose over 162,000 lbs. of steam and cost \$1,000 each year.

-Natural light saves on energy and is easier on the eyes. Open curtains and blinds to bring more natural light into your work area.

-There is an old but meaningful adage: "A penny earned is a penny saved." The same can be said in conserving energy; we save by reducing our energy consumption, and through using new and innovative technologies and the saving potential is enormous. We help reduce the strain on our existing sources, as well as putting a few extra dollars in our own pockets. We must all take responsibility for our actions in today's changing world. We owe it to ourselves and our children to take matters into our own hands, by reshaping our habits and attitudes towards the use of our world's energy supply.

-For more information on how you can save both at home or the office, visit one of four displays on base. They will be set up from 13-23 November in the main lobby of Headquarters, CE lobby, CANEX lobby and in the corridor of Hanger 7. For more info contact MCpl Carlson at Loc 8559.

McPhee RV Service
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BRIAN McLEAN CHEV OLDS LTD.
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All Deposit Bottles & Cans Including: Pop, Juice, Water, Beer Wine & Spirits (NO LIMITS)
COMOX RETURN CENTRE 678 Anderton Rd., 339-0059
COURTENAY BOTTLE DEPOT 1255 McPhee Ave., 338-6013

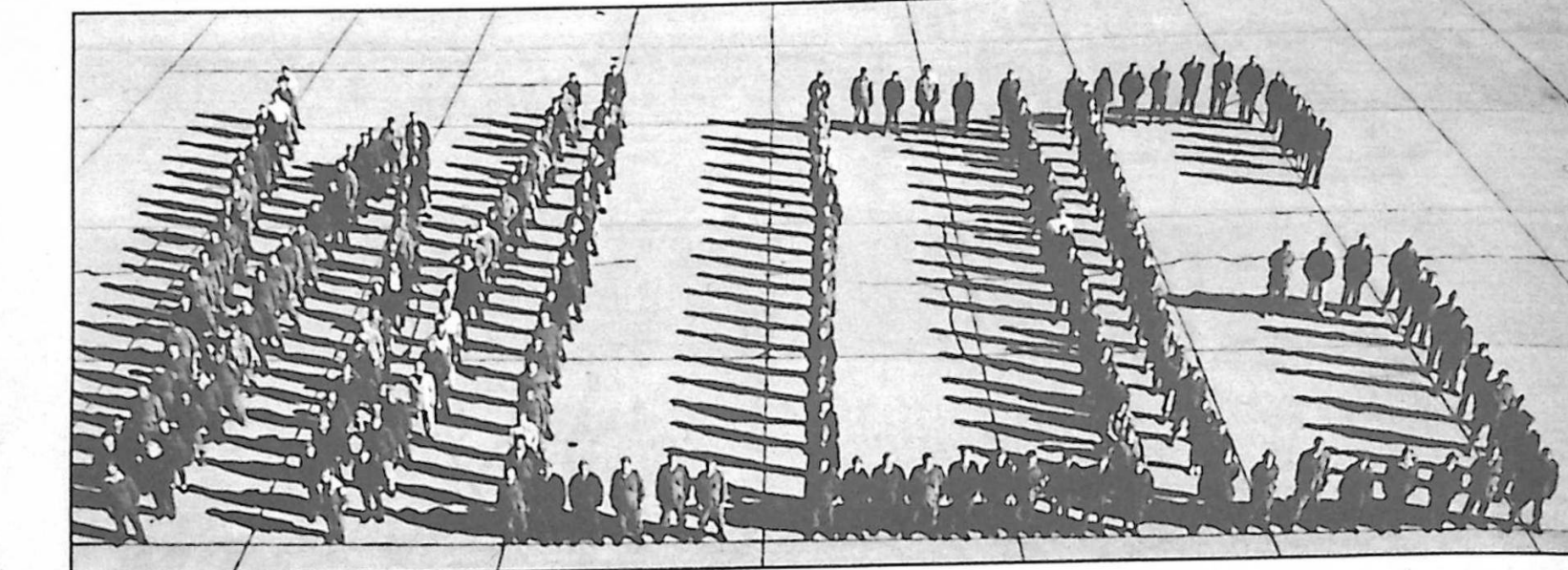
A shadow of Wing Logistics

"Sir, are you really sure you want to do this?" "You bet I do!" said LCol Leversedge, the Wing Logistics Officer.

And so it happened. On 21 October, all available Wing Log Sqn personnel were assembled in front of the Wash Hangar for a squadron photo. LCol Leversedge's reasons for the photo were two-fold: to assemble all available squadron personnel for a photo because it had never been done before, and to try out a few things with the Wing Imaging Section in preparation for a 75th RCAF Anniversary photo idea. Are there 200 personnel in the photo? There definitely are - (if anyone wants to challenge this figure, you have too much time on your hands and should offer up your position for reduction under OPARM)

- and that is only half of us! The WLog Sqn is, in fact, the largest squadron in 19 Wing. Total strength is actually over 400 people, if you include Regular Force, Reserve and all civilian employees.

The squadron is comprised of five flights: Construction Engineering, Telecommunications and



Information Systems, Material Support (formerly Supply and Transport), Food Services and Electrical and Mechanical Engineering. Each flight has its own history, traditions and "esprit de corps" stemming, in part, from their affiliation with their respective parent branches (Military Engineering, Communications, Logistics and EME). However, over the years, little has been done to foster "esprit de corps" at the squadron level. The photo served as a

reminder to all WLog personnel that they are part of a much bigger organization. The message behind the photo is that by working more closely we will be able to serve this Wing better. The gathering for the photograph marked the first time in recent history that all available members of the squadron were assembled for a photograph. Afterwards, a "Town Hall" session was conducted inside the Wash Hangar, providing an opportunity for the WLogO to address the

squadron and answer questions.

The unique photo was accomplished by placing the photographer in the WCEO's "Sky-Genie" that is used for maintenance in the hangars. Personnel were sized and marched over to their respective positions under the watchful eye of the squadron WO, MWO Corbin.

Several of the civilian employees showed remarkable prowess in military drill and rumours are now surfacing that several of them are

considering contracts with the Reserve Augmentation Flight, providing WLog Sqn holds monthly parades. The WLogO wishes to thank Wing Imaging for the excellent support provided to this historical event. If 19 Wing personnel have ideas or suggestions for a similar 75th anniversary photograph involving the entire Wing, they are encouraged to provide comments either to the WLogO or to Cpl Richard Mailhoit of 414 Sqn at Loc 8505.

Wing Logistics Squadron awards

The following presentations were made by LCol Leversedge, WLogO, at a squadron awards ceremony held on 29 September:

CDs - MCpl McQueen, MCpl Monsigneur, Cpl Bellefontaine, Cpl Craig, Cpl Unrau (all of WLog MSO); Cpl Nassy and Cpl Reid (WTISO). MSE Safe Driving Awards - MCpl Miller, Cpl Deblais (both of WLog MSO).

Para Rigger Wings - MCpl Lapointe (WLog MSO). Congratulations on behalf of all member of the WLog Sqn.



Wing Logistics Squadron awards recipients (L-R): MCpl Monsigneur, MCpl Lapointe, Cpl Craig, Cpl Reid, Cpl Deblais, Cpl Nassy, Cpl Bellefontaine, MCpl Miller, Cpl Unrau and MCpl McQueen. (Photo by Wimg.)

Time for a lifeskills course

WHEN:

24 - 27 Nov 98

The course runs 3 1/2 days and covers a wide range of topics using presentations, discussion and interactive exercises. Topics covered include: boundaries, risk taking, values, stress, goals, anger, communication, self-esteem. A main component of this Lifeskills program is that it is solution focussed.

WHERE: Bldg 22, room 11
Military members and DND employees must submit a registration form with Section Head consent (on reverse side of poster, or phone to have a copy sent).

WHO CAN ATTEND: Military personnel and spouses, and DND employees and spouses.

For more information call: Sgt Brian Buttner at 8789, or Mara Pungente at 339-8290

Francis Jewellers Ltd.

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320 Fifth Street, Courtenay



CE's Genie raises its long neck over WLog staff assembled for a photo session in front of the new wash hangar. The shoot took place on an October afternoon lightly shrouded in fog. Inside the raised platform, CER&M Team Leader, Mike Konschak, operated the controls while, for WImaging, Cpl Martin L'Ecuier expertly handled the cameras recording the upturned faces lined up in formation, spelling WLOG.

WOs' and Sgts' Ladies Social Club

The Warrant Officers' and Sergeants' Ladies Social Club cordially invites their members to join the fun in the upcoming year. We have a wide variety of activities planned and hope you come out and participate in the events.

November 16 Busy Bee Christmas Crafts
December 6 Hosting the Children's Christmas Party
December 14 Aromatherapy
January 18 Self Defense
February 15 Reflexology

Don't forget to sign up your children for the Christmas Party. The list will be at the Mess, along with all the details. We look forward to seeing you. For further information, please call Carla Calmes 890-0672 or Debbie Yelf 897-0106.

Officers Mess Ladies Club Calendar of events

Nov 18 Christmas Auction

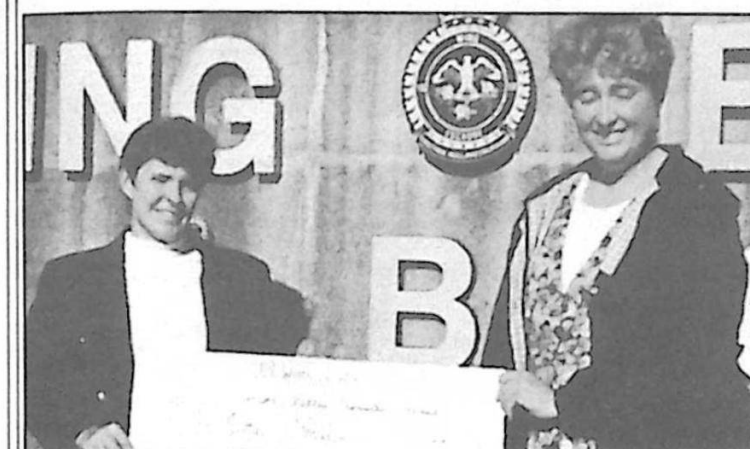
Bring a craft, baked goods, etc. to be auctioned.

December

There will be no meeting due to Christmas parties throughout the month.

Jan 18 Bingo Bowling

Fun night, let's get physical!



On behalf of the ladies of 19 Wing Comox, Cindy Weir, President of the Officers' Mess Ladies Club donated a cheque in the amount of \$1,000 to Mary Lou Mahoney, Chairperson for the Comox Valley Transition Society. To date, \$4,000 has been raised through sales of the "Dish It Up" cookbook. Limited numbers of these books are still available through CANEX, the Airforce Museum, Beyond the Kitchen Door, or contact Joy Bosse at 339-3129.

Dog Morsels

By Gerry Gerow

Who's Who in Dogs

By Connie Vanacore
Howell Book House,
Macmillan Publishing, New York.
(US\$35.95)

After looking through Vanacore's book, I feel the title is misleading. It should read: Who's Who in Dogs, in the United States. She has completely ignored Canada. Not even the present and previous presidents of the Canadian Kennel Club, nor the directors are mentioned.

However, having said that, this is an excellent book for those interested in the movers and shakers in the dog world of the U.S.A. Well known breeders, judges, handlers and trainers are listed in alphabetical order, with short biographies on each.

Connie Vanacore is an accomplished author who has written several excellent dog books in the past. This is an attractively bound hard cover edition, with 224 pages and black and white photos throughout. It is a recent issue and I don't think you're going to find it on any bookshelves in Canada. However, you can have the book-store order it for you.

All About Agility

By Jacqueline O'Neil
Howell Book House, New York.
(US\$32.95)

The title of the book says it all. The sport of Dog Agility is reasonably new and this book covers the subject in an excellent fashion. All facets of the sport are here. Training methods are well documented and illustrated.

Jacqueline O'Neil is a prolific writer. I have two of her previous three books in my library. She writes for the AKC Gazette and has been involved in performance events for many years.

At agility competitions, dogs negotiate an obstacle course modelled after an equestrian jumping event. The dogs fly over hurdles, squirt through tunnels, run up and over A-frames and weave in and out of closely-set poles - all as fast as they can, and with all the heart and enthusiasm only a dog can muster.

Unlike others, this book does not ignore Canada and several of the major Agility Clubs are listed in the Appendix.

This is a 192 page, hard cover edition, with 40 black and white photographs. It's been out for about six months and you may well find it on the book or pet store shelves, or they will order it for you.

WOOFY'S
DISCOUNT PET FOODS

Your One Stop Pet Supply Store

- 841B Cliffe Ave., Courtenay (Beside Safeway) 338-0455
- 1782C Comox Ave., Comox (Next to Lorne Hotel) 339-2272
- #12 - 795 Ryan Rd., Courtenay (Beside Superstore) 338-0424

WILD BIRD SUPPLIES

All Wild Bird Feeders now 25% off

Wild Bird Seed Bells now \$1.59 each

Wild Bird Seed 20kg bag now \$15.99

Wild Bird Suet 11oz now \$1.79

SHOP CANADIAN

OMLC News

They came, they glued, they cut and they carved! This was the tempo at the OMLC October Craft Night. From creating Christmas tree ornaments with greeting cards, to pumpkin carving tips, there was something for everyone! With a record turnout for the club, and a demand for more crafts, this may become a semi-annual event!

Thank you to crafters Barbara Simonson, Shelley Wright, Daphne Benoit and Tracy Richards for hosting the mini workshops during the evening. Also appreciated were the tasty snacks provided by club members. A special thanks to Heather Reaume for giving the evening a ghoulish theme!

The Officers' Mess Ladies Club cordially invite you to attend our

Charity Auction
at the
Officers' Mess

on
Weds, November 18
at
7:00 p.m.

Charge: Please bring a craft, baked goods or an Xmas item to be auctioned - or it is \$5.00 at the door. (We really hope you bring an auction item.)

Guaranteed to be a fun evening for all who attend and the more that attend the more fun we will have. Possibly our auctioneer for the evening will be a local celebrity. Some of the businesses in the area have donated gifts to be auctioned.

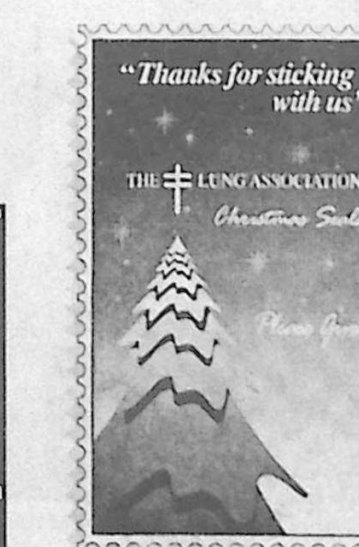
All money raised will go equally to the Hank Oke fund and a local food bank.

Refreshments will be served and the bar will be open.

Groupe AA en français

Nouveau dans la Vallée de Comox, meeting A-A français. Le Groupe L'Espoir vous invite à venir fraterniser le dimanche soir à 7:30 p.m. au 1413 Little River Road, Lazo.

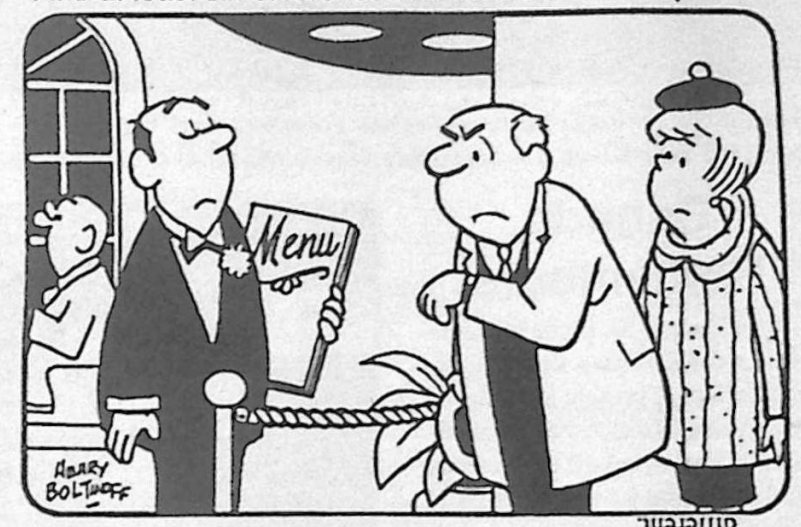
Le Groupe L'Espoir est un groupe ouvert (Bienvenue aux ALANON). Pour plus de renseignements, appelez Celine, 339-4008.



HOCUS-FOCUS BY HENRY BOLTIHOFF



Find at least six differences in details between panels.



Differences: 1. Window is added. 2. Lights are missing. 3. Menus are larger. 4. Rope is shorter. 5. Arm is raised. 6. Hat is different.

FREAKSHOW



Royal Canadian Legion

Branch 17 Courtenay (334-4322)

Dance: every Friday evening, 8:00 p.m.

13 November Vested Interest
20 November Ventura Highway
27 November Norm's Combo

Crib Tournament: Sun. 22 Nov, 1:00 p.m.
(Registration: Noon - 12:30 p.m.)

Branch 28 Cumberland (336-2361)

Every Wednesday, Bingo 7:00 p.m.

Hall rental: non-members \$75, members \$50, kitchen use \$25.

Branch 160 Comox (339-2022)

13 Nov
20 Nov
27 Nov

No Band
Alleycats
Eldorado

Heritage Happenings

By Joel Clarkston



The Comox Air Force Museum has had a very busy week with a display at the Driftwood Mall. The museum's new 1945 Willys Jeep was on display along with a number of aircraft and the Japanese fire balloon.

Canada Remembers

The Comox Air Force Museum was invited by two separate organizations to present a display of Air Force artifacts at their Remembrance Day events. The museum staff was happy to agree to both requests and mounted a very nice display at the Driftwood Mall for the entire Remembrance Week from 5 - 11 November. In addition, a mobile display was dispatched to Vancouver to participate in the "Canada Remembers" event held in the Seaforth Armouries.

At Vancouver, the "Canada Remembers" event turned out to be much larger than expected. The event has been held in the past at the home of the Seaforth Highlanders and this year was no exception. Continuous entertainment was provided to visitors in the form of live performances by the Naden Band, British Columbia Regiment, Royal Canadian Legion, U.S. Marine Corps Drill Team, Jive dancers and even the Vancouver Welsh Choir. The action was non stop from 9:00 a.m. till 5:00 p.m. The crowd on Sunday was very heavy and they appeared very pleased with the displays and entertainment.

All three services, including the Reserves and Cadets were well represented and this strained the facilities to the limit. The Armouries, although quite large, are a bit too small now for the size of this event and the organizations are planning to use a hangar at Vancouver International Airport next year. Invitations are planned for the squadrons at 19 Wing to participate so that the Air Force will have the opportunity to match the displays presented by the Army and Navy.

Lancaster update

The decision on the disposition of Lancaster FM104 was due to be made by the Corporate Services Committee of the City of Toronto on Monday 9 November. For some reason the issue was taken off the agenda at the last minute and rescheduled for 14 December. In addition, the matter has been transferred to the Economic Development Committee which has an entirely different mandate from Corporate Services. These latest developments have given the museum more time to solicit support

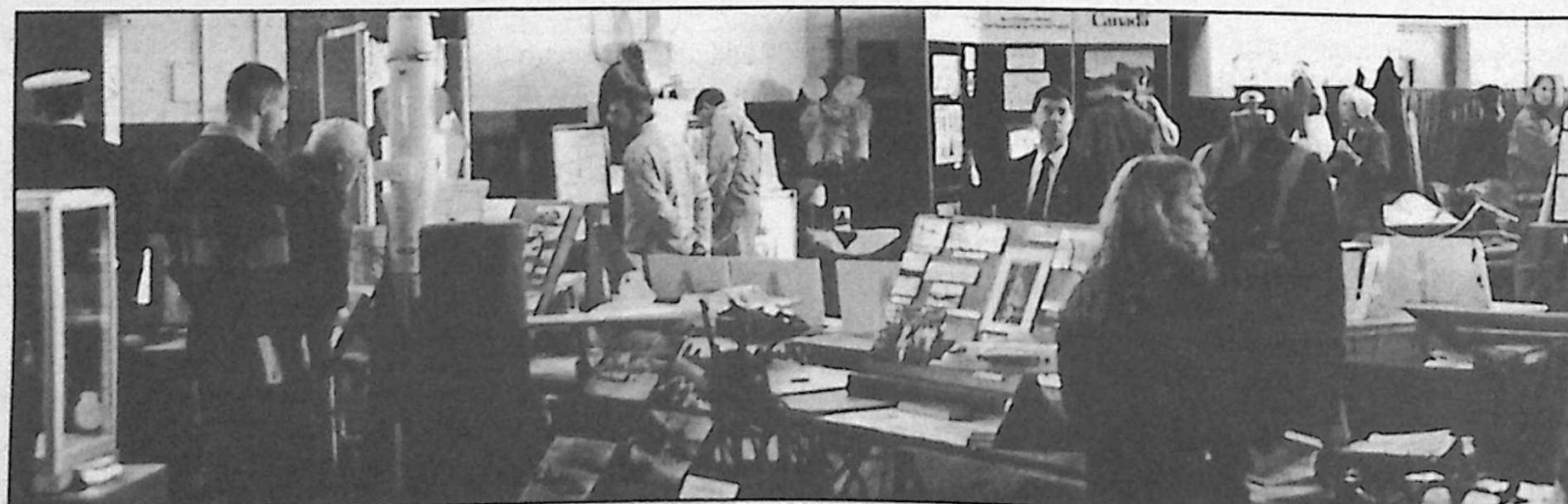


MCpl Bob Melville was of great assistance in the manning of the Air Force Museum display at "Canada Remembers." In addition to the museum display, he brought along many artifacts from his personal collection on aerial intelligence photography. His display was a big hit and a natural fit to the museum display. Now, about that army uniform...

for the Lancaster effort. Additional letters of support have been received from the B.C. Museum Association and the Pacific Wing of the Air Force Association of Canada. All have been forwarded to Mayor Mel Lastman of the City of Toronto, along with other letters of support received.

The reasons for the delay are still unclear, however, and it may be that the strong Air Force Museum bid is causing some difficulty for the Toronto Aerospace Museum. The two are locked in a virtual dead heat for the Lancaster and the recommendation from the Board of Heritage Toronto to give the Lanc to the Toronto Museum was carried by a one vote margin.

The saga continues and the support of the community and the veterans' association is very much appreciated.



Comox Air Force Museum display at "Canada Remembers" event at the Seaforth Armouries in Vancouver. Participation by Navy, Army and Air Force, as well as Veterans' groups and the Cadets made this a very well attended event.

Flight Lines



The summer of '98 marked the arrival of a new aviation artist to the Comox Valley. Fresh from a year-long continuous French course in Bagotville, WO Dave Miller was to occupy the Air Traffic Control WO post vacated by recently retired MWO Phil Nakashima. However, Dave himself had to leave this same office only a few months after his arrival, due to his commissioning to the rank of Lt under the CFR program. The next year of training as a 19 Wing Terminal Radar Controller should keep him busy indeed.

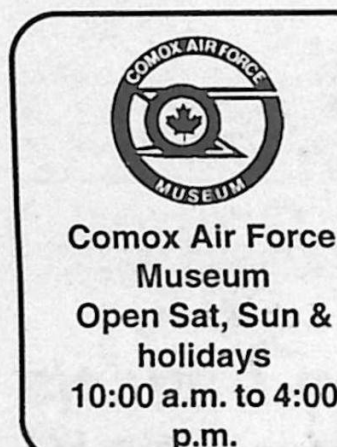
Dave has been drawing and painting aircraft since he joined the forces in 1979. Some of you may remember some of his earliest works from the "Name that Plane" reader challenge published in the CFB Trenton "Contact" in the early eighties. Dave has refined his skills over the past years and has become a well-established aviation watercolour painter and proud founding member of the Canadian Aviation Art Association.

When not working on commissions, Dave tends to draw and paint bush plane scenes. As a commercial seaplane pilot, it is no surprise he prefers Canada's Noorduyn Norseman and DeHavilland Beaver as subject matter or any of the Stinson series



aircraft, similar to his own, which he operates on floats from the Courtenay Airpark.

Dave currently operates a small studio, which he calls "Flight Lines," from his home in Comox where he lives with his wife, Storm, and their two daughters. Unfortunately, he does not operate a public gallery from his home due to space limitations. However, he does display many works at his "in home studio" for viewing by interest parties, by appointment. As well, one can examine a selection of his works through his Electronic Art Gallery at: <http://www3/bc.sympatico.ca/flightlines>.



Comox Air Force Museum
Open Sat, Sun & holidays
10:00 a.m. to 4:00 p.m.

Photo at right: Aerial view of the Comox Air Force Museum's "Canada Remembers" display. The Avro Arrow model was of particular interest to the crowd and many people remembered the contribution from the Diefenbaker Conservative government.

Wallace Garden Community Association

THANK YOU

To all those volunteers who worked so hard to make the Wallace Gardens Halloween party such a wonderful success, Thank You! As in previous years, this event was very successful, with over 70 children attending.

Costume winners were:

Ages 0-3:

1st Place: 'Angel' -

"Peanut" Delong

2nd Place: 'Bumblebee' -

Gregory Murray

Ages 4-6:

1st Place: 'Witch' - Tianna

Card

2nd Place: 'Grapes' -

Jennifer Bialek

Ages 7-9:

1st Place: 'Genie' -

Chrisztian Delong

2nd Place: 'Inspector

Clouseau' - Mathieu

Corbin

Ages 10-12:

1st Place: 'Werewolf' -

Ashley Mailhot

2nd Place: 'Pirate' - Jerry

Therrien

Colouring Contest winners were:

Ages 0-3:

1st Place: Cindy MacIver

2nd Place: Amanda Wise

Ages 4-6:

1st Place: Dominique

Lefebvre

2nd Place: Stephanie Hale

Ages 7-9:

1st Place: Mary Hughes

2nd Place: Jennifer

Therrien

Ages 10-12:

1st Place: Amanda

Melanson

2nd Place: Chelsey Payton-

Stewart

Hats off to everyone who contributed their time and effort!!!



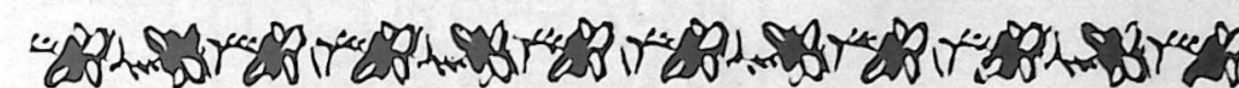
1st and 2nd place in age 4-6.



1st and 2nd place in age 7-9.

COMMUNITY COUNCIL MEETING

The next meeting of the Wallace Gardens Community Council has been changed from Tuesday 10th November 1998 to Monday 16th November 1998 at 1830 hrs in the community centre.



50's Teen Dance



Saturday, 21st November 1998
7:30 - 11:00 pm

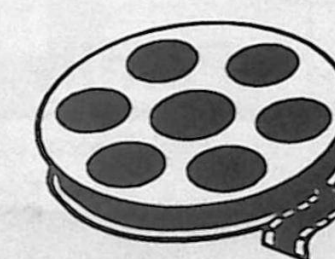
Wallace Gardens Members - \$1.00
Non-Members - \$3.00

Prizes for 1st, 2nd, & 3rd place best costume!



Wallace Gardens Community Association Presents:

Children's Video Afternoon
Sunday, November 15 1998, from 1:00 - 3:00 pm
In the Community Centre
Members - .50¢
Non-Members - \$1.50



Urgently Required

Wallace Gardens Community Association requires a representative for the following Wards:

Ward 2 - Row houses C, D, E, F, & houses 12-17A
Ward 7 - Row houses 102, 103, 105, 107, 108 & 110

If you live in either of these wards & are interested in contributing to your community, please call Jane Bekus at 339-8211 (8571)

PET CORNER

CATS, CATS, AND MORE CATS!!!!

New ruling in wing Standing Orders Section 2-07.03 para 14, a and b:

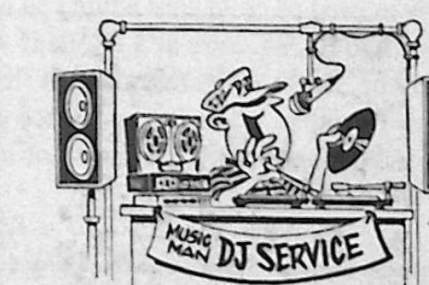
(a) No owner shall allow any pet to be at large and where any pet is found to be at large shall be deemed to be so with the consent of

the owner;
(b) Pets must be kept on a leash at all times when off the owner's property.

The word pets in all WSO now includes cats as well as dogs; therefore, any cats found at large are subject to the same penalties as dogs. So, take care to make sure that if your cat is

outside, it is secured properly.

For more information, please call Animal Control Officer Mona Baird at pager #703-9009.



Sock Hop

When: Saturday 14 Nov 98 6:00 to 8:00 pm
Where: Wallace Gardens Community Centre
Cost: Members - .50¢
Non-Members - \$1.50

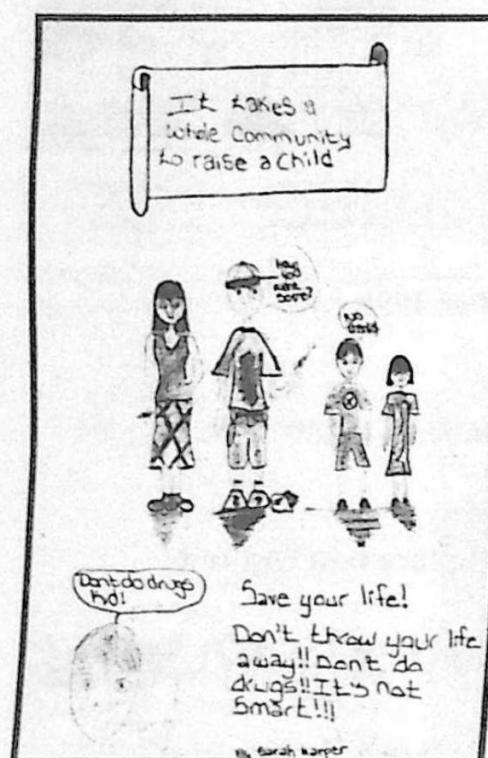
For more info call Pat Taylor at 339-4400



COMOX MILITARY FAMILY RESOURCE CENTRE

Listen to the Youth!

Artwork by CMFRC Youth



Sarah Harper



Melissa Harper



Ginny Bolduc

Family Drug Awareness Seminars

Teens and Parents

November 17th 1998
6:30 - 8:30pm
Officer's Mess, CFB Comox
To Register call 339-8290

Preteens and Parents

November 19th 1998
6:30 - 8:30pm
Officer's Mess, CFB Comox
To Register Call 339-8290

Community Agencies in Partnership

19 Wing Comox • Community Action Against Drugs • Comox Military Family Resource Centre
• Echo Newspaper • John Howard Society • RCMP • Wachai Friendship Centre

Child Care Help Needed!

Are you an experienced caregiver? Are you available to take care of children while their parent is on course or on temporary duty away from home? Are you available on short notice to provide child care in an emergency? Would you be willing to take care of children in the evenings and on weekends? Or for extended periods of time?

If you answered yes to these questions please contact the Kinnikinnik Child Care Centre at 339-5051, and join the Child Care Provider Program.

Child Care Provider Program

If you are a military member who is in need of child care while you are away from home contact the Kinnikinnik Child Care Centre at 339-5051. Our caregivers are experienced child care providers who are trained in first aid. This program was designed for those members who need assistance with child care for those times when they are on temporary duty, on course or in the hospital.

The Kinnikinnik Child Care Centre

Infant and Toddler Care • Toddler Playgroup • Creative Kids Drop In
• Preschool • Out of School Care • Parents and Tots

Located at 118 Kinnikinnik, Lazo (across from CFB Comox)
Call 339-5051 for registration information

Coin des Francophones Nouveau dans la Vallée de Comox

Meeting A-A français

Le Groupe d'Espoir vous invite à venir fraterniser le dimanche soir à 7h30 pm au Centre de Ressources pour les Familles Militaires - 2e édifice. Le Groupe d'Espoir est un groupe ouvert (Bienvenue aux AL-ANON)

Réseau-Femmes du CRFMC

Atelier sur le développement personnel Comment modifier nos idées et nos comportements et vivre une vie remplie de réussite. Venez découvrir les trésors du passé qui enrichiront notre futur.

Animatrice: Lyse Clément

Date: jeudi le 12 novembre

Heure: 7h00 pm à 9h00 pm

Lieu: au CRFMC

Coût: \$ 5,00 - non-membres (gratuit aux membres)

Inscriptions: S.V.P. téléphoner Michelle O'Neill au 339-8211 (poste 8655)

Atelier - Stratégies pour mieux gérer son temps et son stress

Animatrice: Dianne Bouchard - Ergothérapeute de North Island Rehabilitation Services

Date: jeudi le 26 nov.

Heure: 7h00 pm

Coût: \$5,00 - non-membres (gratuit aux membres)

L'ergothérapeute aide une personne à retrouver ou développer une autonomie optimale dans les différentes sphères d'activités de la vie quotidienne soient: les soins personnels, la productivité et les loisirs. L'ergothérapeute oeuvre auprès de personnes de tout âge avec des problématiques à une vision holistique de l'être humaine en interaction avec son environnement physique, culturel et social.

Soirée Éducatif du CRFMC

Comment démystifier les problèmes d'apprentissage

Soirée d'échange et d'information pour parents.

Animatrice: Françoise Casset

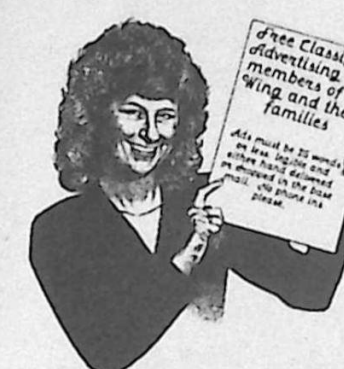
Date: jeudi le 19 novembre

Heure: 7h00 pm

Lieu: au CRFMC

Coût: entrée gratuit - S.V.P. réservez vos places à l'avance

Inscriptions: téléphonez Michelle au 339-8211 (poste 8655)



Wanted

Reasonably priced mens Airforce Mess Kit. Chest 43" waist 34" inseam 32". Will consider larger size for alteration. 339-6784 <1/2>

For Sale

1. UWATEC - Aladin Pro diving computer for certified divers only, not for NITROX mix. \$300
2. Soloflex exercise machine c/w butterfly and leg extension adaptors. Valued \$1,500 asking \$750.
3. Double bed mattress w/box spring c/w hook-on rails & coaster frame \$150.
4. Computer games, Janes Fighters Anthology, Microprose F15 Strike Eagle III, DID EF 2000, Critical Path, Microsoft Golf (multimedia edition) \$100.
5. Sony speakers Model SS-C760AV, 8 Ohm, 270 watts (pair) \$250. Model SS-C421AV, 8Ohm, 220 watts (pair) \$200.
6. Sony 5 disk carousel CD player, Model CDP-C535 service manual incl. \$250. <1/2>

Flight Lines Art Studio

Original aviation drawings and paintings by Dave Miller. For appointment/commission call 339-3573. Visit our electronic gallery at: www3.bc.sympatico.ca/flylines

HARBOUR WOOD

Conveniently located close to shops, schools and hospital, Harbour Wood is a residential complex renting 3 & 4 bedroom patio homes. Completely renovated inside & out with new appliances, thermal windows, gas heat & hot water. Lawn maintenance provided and washers & dryers available for minimal charge. Call us for an appointment to view or visit our Open Houses every Fri. & Sat. Rents start at \$699. All military personnel are entitled to an additional discount of \$30 per month on 3 or 4 Bdrm. units.

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Comox's newest rental Community

For Rent

One bdrm, own bathroom, own fridge. Close to Guthrie & Anderton. Includes utilities, furnished, non-smoker, no party animals \$400. 339-2157. <1/2>
Newer 3-BR, 1600 sq.ft. Comox house, ex. loc. LR, FR, eat-in kitch, 2-bath, 2-car carport, fenced yard, patio, deck. No pets/smokers. Refs req'd. \$850 plus util. 339-6298 after 6 pm. <2/2>

Services offered

Experienced bilingual child care provider will care for children in own home, Puntledge Park area. Full, part-time or casual day care. Certified. Call Jadette 334-0525. <1/2>

French tutoring, in your house or mine, by qualified teacher. Reasonable rates. Call Manon 337-8866. <2/2>

Guitar lessons. If you've always wanted to learn. The perfect Christmas gift for that special someone. Qualified instructor. Call Margaret 339-1380. <2/2>

WANTED

Coaches, volunteers and athletes for Comox Valley Special Olympics: swimming, bowling, floor hockey, curling, track & field, snowshoeing, alpine & Nordic skiing. Call Randy at 334-3311 for more info.

CONSUMER CREDIT COUNSELLING

B.C.'s Most Experienced Credit Counselling Service Let Us Help You Get Out Of Debt With One Easy

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VICTORIA

338-3644

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Comox District Concert Band

Rehearsals are now under way in the Band Room at Courtenay Junior School on Guthrie Road.

Swing Band 6:30 p.m.

Concert Band 7:30 p.m.

Further information contact: Pat Jackson 339-5091.

Jake's Trivia Answers

A. Saskatchewan Roughriders.
B. Bobby Jones.
C. Bernie "Boom Boom" Geoffrion.

386 Squadron Air Cadets

For youths 12 - 18 years Tuesdays, 6:30 p.m. at 888 Wing RCAFA, 1298 Military Row, Comox New recruits: bring parent/guardian and birth certificate. Sqn phone: 339-9198 CO's phone: 338-1201

A FREE report: Multiple Streams of Income. Famous millionaire-maker reveals how to earn residual income from home. 24hr. taped message 1-888-571-9565 <2/2>

Pepper's Subs & Sandwiches

1025 Cliffe Avenue Courtenay Ph: 897-1129 Serving great breakfasts & lunches. 10% discount to Base personnel. Licensed. Open 8-4. Evenings by bookings.

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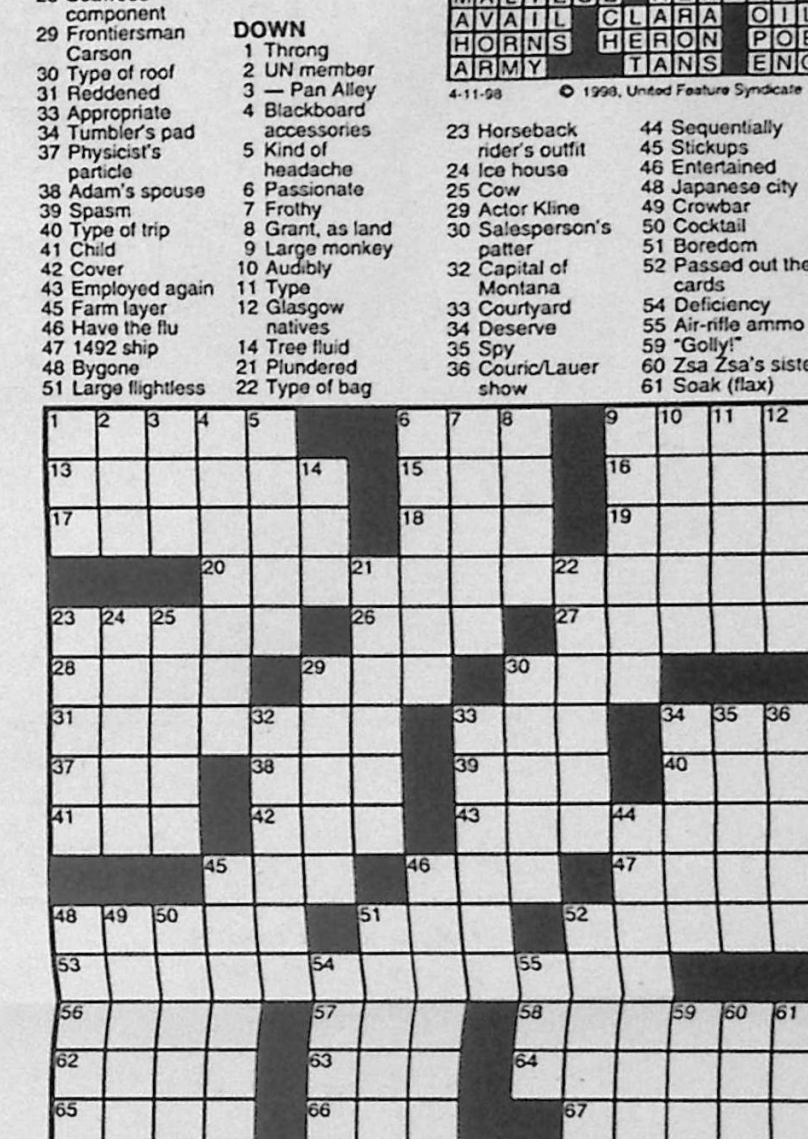
334-2888

TODAY'S CROSSWORD PUZZLE

ACROSS
1 Makes less loud
6 Bronco's and Jet's gr.
9 Sacks
13 Egyptian god
15 Caviar
16 Writer Waugh
17 Monkey lure?
18 Mom's mate
19 Sonny
20 Rehnquist's group
23 Animal skins
26 Whichever
27 Ore deposits
28 Seaweed component
29 Frontiersman
30 Type of roof
31 Reddened
33 Appropriate
34 Tumbler's pad
37 Physicist's particle
38 Adam's spouse
39 Spasm
40 Type of trip
41 Child
42 Cover
43 Employed again
45 Farm layer
46 Have the flu
47 1492 ship
48 Bygone
51 Large flightless

DOWN
2 Eccentric
3 Product-registration
4 Necessity
5 Ovid's bird
6 Reply to a ques.
7 Burrowing animal
8 Superman's alias
9 Actor's prompt
10 Garment part
11 Biblical boats
12 Young goat
13 Trick or —

PREVIOUS PUZZLE SOLVED
DAB RIMS LAMB
ABE EVOKE SENOR
MAE CILIA HAITI
STOKED GLISTEN
POD CLEF ASK
ASHEN FIESIA
THAN ABC SYLVAN
JOANA OJANE BABE
MEDINA DUN AMOS
RAGLAN INPUT
OFA VEES POI
MALTESE REWARD
AVAIL CLARA OIL
HORNS HERON POE
ARMY TANS ENG



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BROKEN WINDSHIELD?

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FREE Rainex Treatment & Interior Shampoo with Windshield Replacement.

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SERVICE QUALITY WORKMANSHIP SERVICE QUALITY

Denman Island

Christmas

Craft Faire

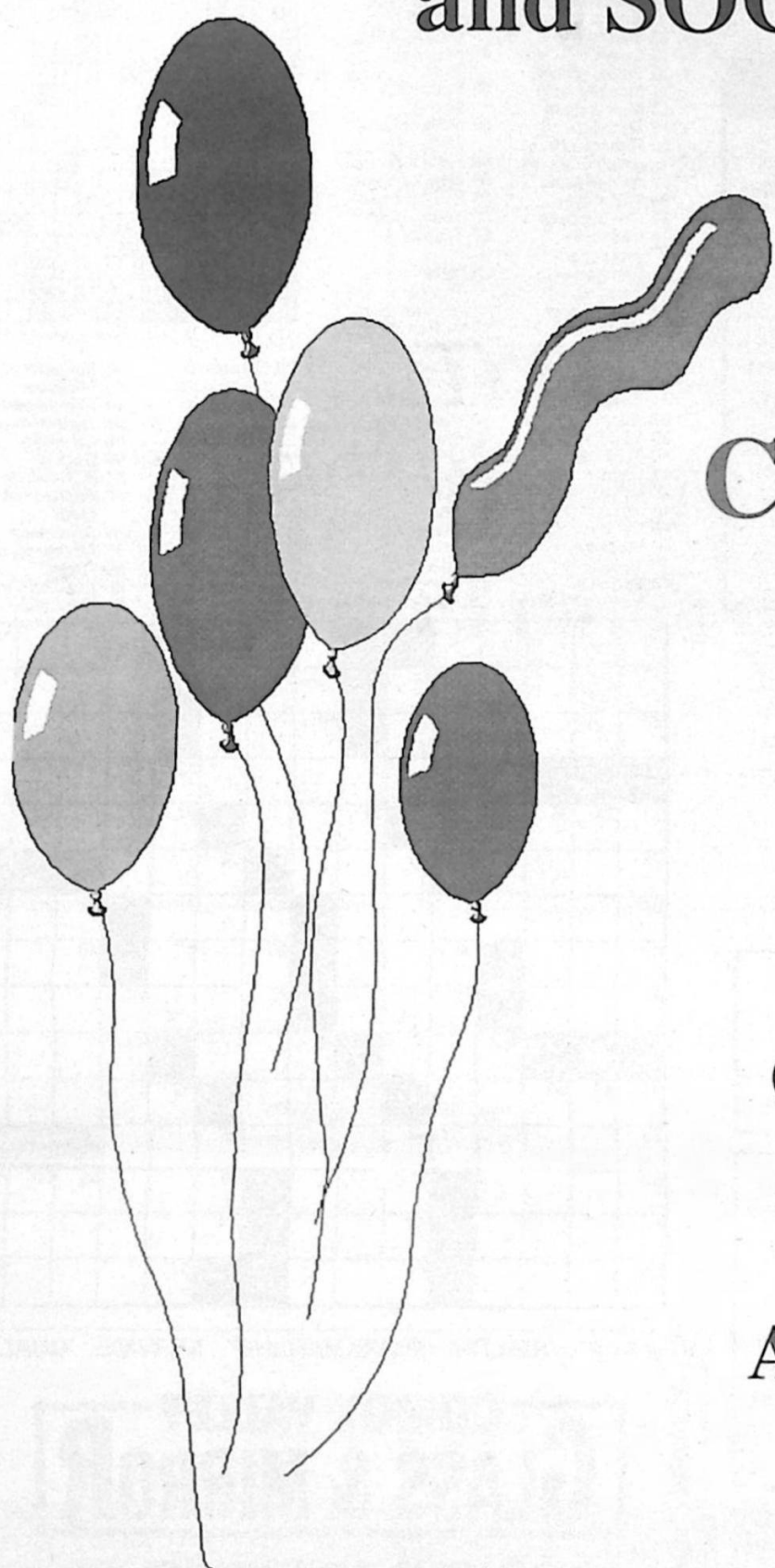
December 5 & 6

Take a Denman Christmas Stroll amongst 70 booths with original tree decorations, edibles, candles, wood boxes, fabric art, cosmetics, calendars, wreaths, doll clothes, hats 'n mittens, jewellery, cards, earthenware, stained glass and much, much more! Homemade lunch available. At the Denman Island Community Hall and the Seniors' Hall, 10:00 a.m. - 4:00 p.m. Visitors ferried continually, leaving every half-hour. Two block walk from landing. Free admission.

Reunion

Riverview Collegiate, Moose Jaw, SK, will be hosting a 40th Anniversary celebration from July 1-4, 1999. The Reunion Committee requests that all former students update their addresses with the school. Please indicate the year in which you would have graduated. You can contact the school at (306) 693-1331 or Terry Wallace, Box 613, Moose Jaw, SK, S6H 4P4, phone (306) 693-7259 or E-mail twallace@sk.sympatico.ca. A mailout of information has taken place. Another mailout will take place in early December. Most recent information is available at www.moosejaw.net

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ARRANGED IN OUR FULLY
LICENCED BANQUET
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