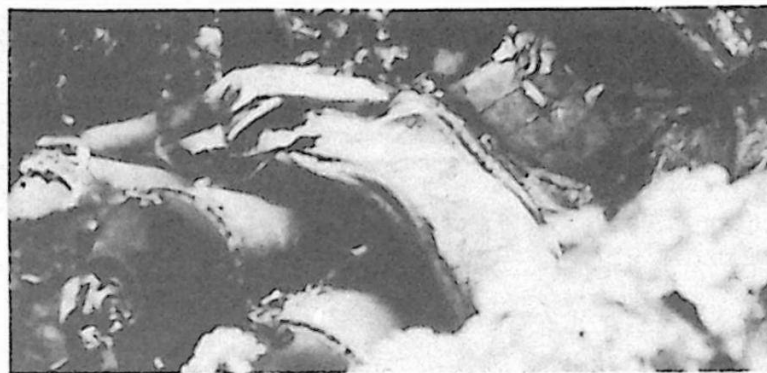


Glacier Greens  
Club Championships  
Aug 16 & 17 ...see Page 8



More  
T-Bird  
info  
...page 5



# TOTEM TIMES



The Comox Valley's Oldest Newspaper

VOL 39 NO 13

THURSDAY 14 AUGUST 1997

COST: FREE

## T-Bird 454 discovered!



Dense forest hindered the search in 1956.

by Capt David Krayden  
Wing PAFFO

After 41 years the nagging uncertainty has resumed for widows Mary Miller Ford and Claire Stubbs as they wait for news about the possible whereabouts of their husbands, F/O James Ford and F/O Gerry Stubbs. The two Royal Canadian Air Force pilots went missing in 1956 when their T-33 from RCAF Station Comox crashed near Whistler, B.C.

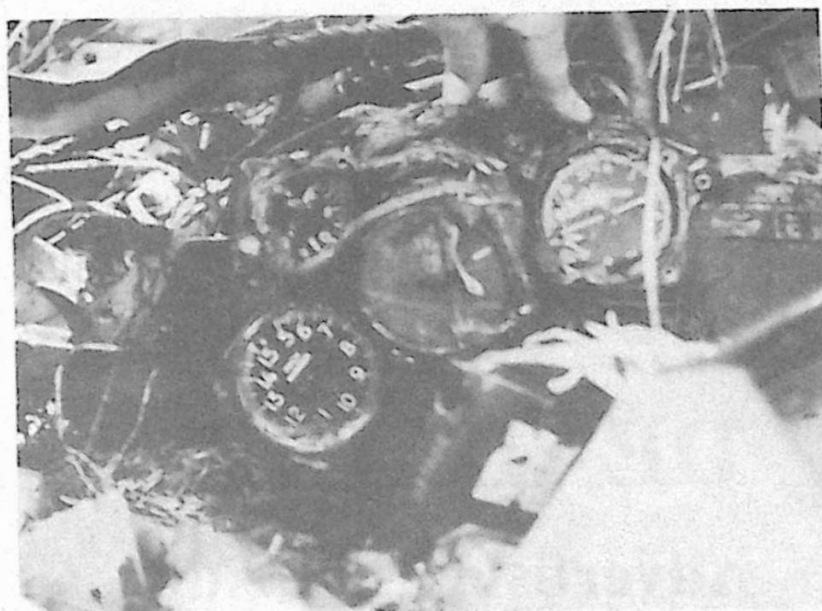
Pieces of that aircraft were discovered last Thursday afternoon by John Goats, a pilot with Pemberton Helicopters, who was flying his aircraft in support of firefighting operations near Whistler. Goats sighted the last three numbers on the tail section of the T-Bird and radioed the information into the Rescue Coordination Centre in Victoria. A 442 Sqn Labrador was dispatched that afternoon at 5 p.m. and by the following morning an active search for remains had begun. At press time, none had yet been found, though it has been deter-

mined that both pilots managed to eject from their seats.

At the time of the crash, rescue workers searched for the wreckage for 700 hours before giving up. Eighteen years later, the canopy of the aircraft was found near Callahan Lake on September 16, 1974, about one-and-a-half miles from the crash site.

A team of 16 military and civilian personnel continue to search the site this week. They are hampered by the topography of the area, densely treed terrain that is so inaccessible that the Labrador helicopter was at first unable to land at the site. A landing area is now being carved out of the forest as trees of 150 feet are felled to make room for the helicopter. The investigation team that first arrived last week had to make a two hour hike into the woods before arriving at the crash site.

The T-33 began service with the RCAF in 1952 and still flies from its home at 19 Wing Comox.



(Photos by MCpl Cuerrier)

Valuable clues from the instrument panel may help to solve this mystery.

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Start Come to H.E.R.E. not there...





## Legion Log

BRANCH 160 COMOX 339-2022

### ENTERTAINMENT:

Fri Aug 15 ... THE EASTERNERS  
Fri Aug 22 ... ELDORADO  
Fri Aug 29 ... COUNTRY COUSINS

### REGULAR EVENTS:

SUNDAYS...Lounge Hours 12:00 Noon to 7:00 pm  
MONDAYS...LA Drop-In Bingo, Upper Hall, 7:00 pm  
Monday night Men's Dart League - reg. 8 Sep, start 15 Sep  
TUESDAYS...Mixed Dart League - reg. 9 Sep, start 16 Sep  
Ladies Crib League 7:30 pm in Lounge  
WEDNESDAYS...Navy League Drop-In Bingo, 7:00 pm  
Upper Island Men's Crib League recessed to late Sept 97  
THURSDAYS...\*1st Br.160 Exec. Mtg. Upper Hall, 7:30 pm  
1st L.A. Executive Meeting (as required) 7:30 pm  
\*2nd L.A. General Meeting, Upper Hall, 8:00 pm  
\*3rd Branch 160 General Meeting, Upper Hall, 8:00 pm  
FRIDAYS...TGIF, Meat Draws in Lounge, 3:00 - 6:00 pm  
Dance, Lounge (unless advised)  
SATURDAYS...Meat Draws in Lounge, 3:00 - 6:00 pm

### Annual Branch Picnic

Sunday 24 August  
at Airforce Beach Pavilion from 1 - 6 p.m.  
Fun - games - food - refreshments  
Please remember - NO DOGS

Hall Rentals or requests for Special Functions: Please contact Ken Seymour in office, Mon - Fri, at 339-2022.

BRANCH 17 COURTENAY 334-4322

### REGULAR EVENTS:

BINGO...every Thur, Fri & Sun 7:00 pm  
MEAT DRAW...every Fri 6:30 pm. Also every Sat 3:00 pm  
DANCE...every Friday night, 8:00 pm

15 August...Norm's Combo

22 August...Andrew Schmidt

27 August...Special Delivery

FUN CRIB...every Wednesday night 8:00 pm

FUN DARTS...every second Thursday night 7:30 pm

BARGAIN DAY...every Tuesday, all day

BBQ LUNCH SPECIALS...every Weds & Fri 11:30 am - 1:30 pm

"New" Steak Sandwich \$4.00

GENERAL MEETING...cancelled for August.

Next General Meeting will be held 23 September.

### Special Events

Saturday Night Dances:

16 & 30 August - Wayne's Music

Games Day - 17 August

Crib - euchre - darts - Registration 1:00 p.m.

(BBQ - munchies 4:00 - 6:00 p.m.)

Free membership for serving CF members.

Phone office for more info.

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Office: 334-4322 Service Officer: 334-3613

## NEXT DEADLINES

Advertising - 20 Aug.

Articles - 22 Aug, noon

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## MAG - end of an era

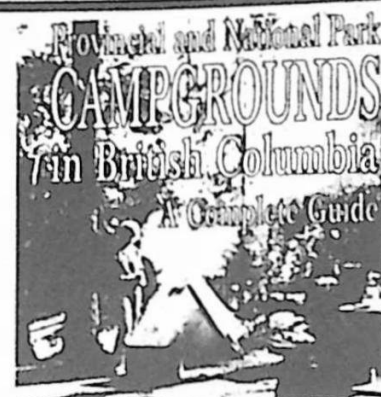
by VAdm G.L. Garnett

Maritime Air Group (MAG) stood down on 31 July with the closure of MAGHQ and the transfer of 12, 14 and 19 Wings to 1 Canadian Air Division.

I wish to take this opportunity to express my personal appreciation to the men and women who have served in Maritime Air Group throughout the years. Your contribution in times of peace and conflict has been exceptional. Your support to Canada's sovereignty and law enforcement efforts has been commendable as had been the superb manner in which MAG has supported operations. Over the past decade MAG has been ably represented in every major CF operation including the Gulf War, humanitarian assistance relief to Manitoba flood victims and peace support operations throughout the world.

You have served your country well and leave behind a proud heritage.

With the stand down of MAG you will continue your mission under the umbrella of 1 Canadian Air Division. As we stand up this new organization, I look forward to continuing the special relationship that our maritime team enjoys above, on and beneath the sea. The entire navy salutes this significant milestone in our maritime aviation history. Bravo Zulu.



## New book ensures happy B.C. campers

Planning a camping excursion this summer? Then you will be delighted to learn that a fantastic new book containing all the information the camper needs on camping in B.C.'s provincial and national parks has just been published.

*Provincial and National Park Campgrounds in British Columbia: The Complete Guide* has been written by Jayne Seagrave who has a Ph.D. in criminology and, in the past, has written numerous books and articles on policing. This is her first travel guide.

A resident of the Lower Mainland she states: "I've been a regular user of B.C.'s provincial and national parks since I moved here in 1991 and each year I discovered more wonderful campgrounds during my travels. I was amazed no one had written a concise guide book detailing their unique features and attributes and kept complaining of the fact until my partner said 'stop complaining or write it yourself,' so I did."

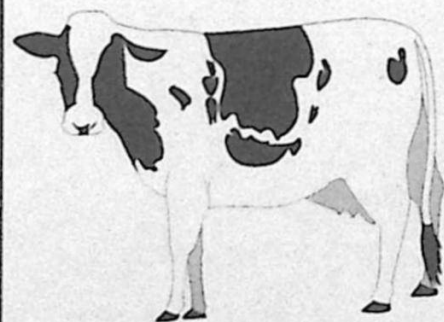
Details of the accommodation available in over 160 of the province's provincial and national parks is provided. Information on the campground's location, the facilities offered and the recreational activities are included in

addition to fascinating additional facts, such as how the campground got its name, interesting pastimes in the vicinity and the historical development of the area.

Pragmatic advice on such things as which campgrounds accept reservations and the reservation process, what to take camping and potential hazards (such as what to do to avoid contact with bears) is also given. In addition to the practical data, the book contains a number of personal anecdotes making it both informative and entertaining. For example, Seagrave describes the magical ambience of sitting in the second largest mineral hot springs in Canada (Laird River Hot Springs Provincial Park) at 7:00 a.m. as a thunderstorm passes; being the only woman without make-up and wearing shorts dancing to Big Band Jazz Swing music being played in the pavilion of Newcastle Island Provincial Park; and the delight of discovering the unique "flushing thunderboxes" (pit toilets) at Emory Creek Provincial Park.

Provincial and National Park Campgrounds in British Columbia: The Complete Guide is published by Heritage House Publishing Co. Ltd. and costs \$16.95.

## You're Right! This Ain't No Downtown Newspaper



We rely on the units for input on base activities. Congratulations to 407 Squadron, the Military Police and the Family Resource Center for 100% support.

The cooks are ready, so:  
**Where's the Beef?** J.C. ed

## Helicopters are heroes too

Helicopters are a vital part of successful rescue missions at sea says CAF Sgt Rob Fisher, who was awarded a Star of Courage for his role in rescuing 30 crew members from the storm-tossed decks of the *Mount Olympus* in December 1995.

Fisher, who descended by cable from a hovering Sea King helicopter to the rolling decks of the iron ore carrier to carry out the rescue off the coast of Nova Scotia, was the guest speaker at a luncheon held at the Pan Pacific hotel on 6 August to pay tribute to the role of the helicopter in Canadian rescue operations.

When an emergency call came in from the *Mount Olympus*, listing badly after being caught in a severe Atlantic storm almost 1,400 km southeast of Halifax on Dec 2, 1995, the frigate *HMCS Calgary* responded. It launched its Sea King rescue helicopter from 443 Sqn and Fisher, an airborne electronic sensor operator, volunteered to ride the cable from the helicopter to the deck of the rocking ship where crew members had been waiting for hours to be rescued. Over a four-hour period, Fisher rescued 30 crew members, who were hoisted aboard the Sea King and taken to safety.

"I can't tell you how good it feels to play a part in saving a life," Fisher told an audience of SAR personnel, aerospace industry representatives and local politicians. "And when it's your job to save lives, you feel more confident if you have the right team and the right equipment."

Fisher said he and teammates were able to play their role in the rescue because the Sea King helicopter was a capable performer when it was called upon in the *Mount Olympus* incident.

"We all did our jobs but there is no doubt that the helicopter played a key role in what all of us were tasked with," he said. "We

needed a helicopter capable of being deployed from a frigate. We needed a helicopter that, in storm conditions, could hover over the ship so we could lift those crew members to safety. And we needed a helicopter that could then transport those survivors to safety. On the *Mount Olympus* mission - thankfully - it was all possible."

Fisher described how he dropped to the ship's rolling deck repeatedly over a four-hour period. On each descent, he attached a crew member to his harness so that both he and the survivor could be hoisted to safety aboard the Sea King.

On the first trip, the Sea King hoisted six crew members aboard and transferred them to the merchant vessel *Rodopi*, which was standing by about one kilometre away. The helicopter then made a second trip to rescue nine survivors and a third to rescue 10 more.

The Sea King then had to return to the *HMCS Calgary* to refuel. It took four attempts to land on the frigate's rolling deck. After refuelling, the Sea King returned to the *Mount Olympus* and, with Fisher descending to the ship's deck again, the five final crew members were rescued.

Fisher was thanked for his remarks by Bill Sutherland of ACRO Aerospace, which sponsored the luncheon scheduled to coincide with the Abbotsford Air Show.

"This was an amazing mission that was carried out with amazing skill and courage," Sutherland said. "In the *Mount Olympus* rescue, Canadian rescue teams and equipment were called on to be at their best and it was a call that was answered. They were top performers and they managed a remarkable feat - they saved 30 lives in the most desperate of conditions."

Fisher's bravery in the *Mount Olympus* rescue mission earned

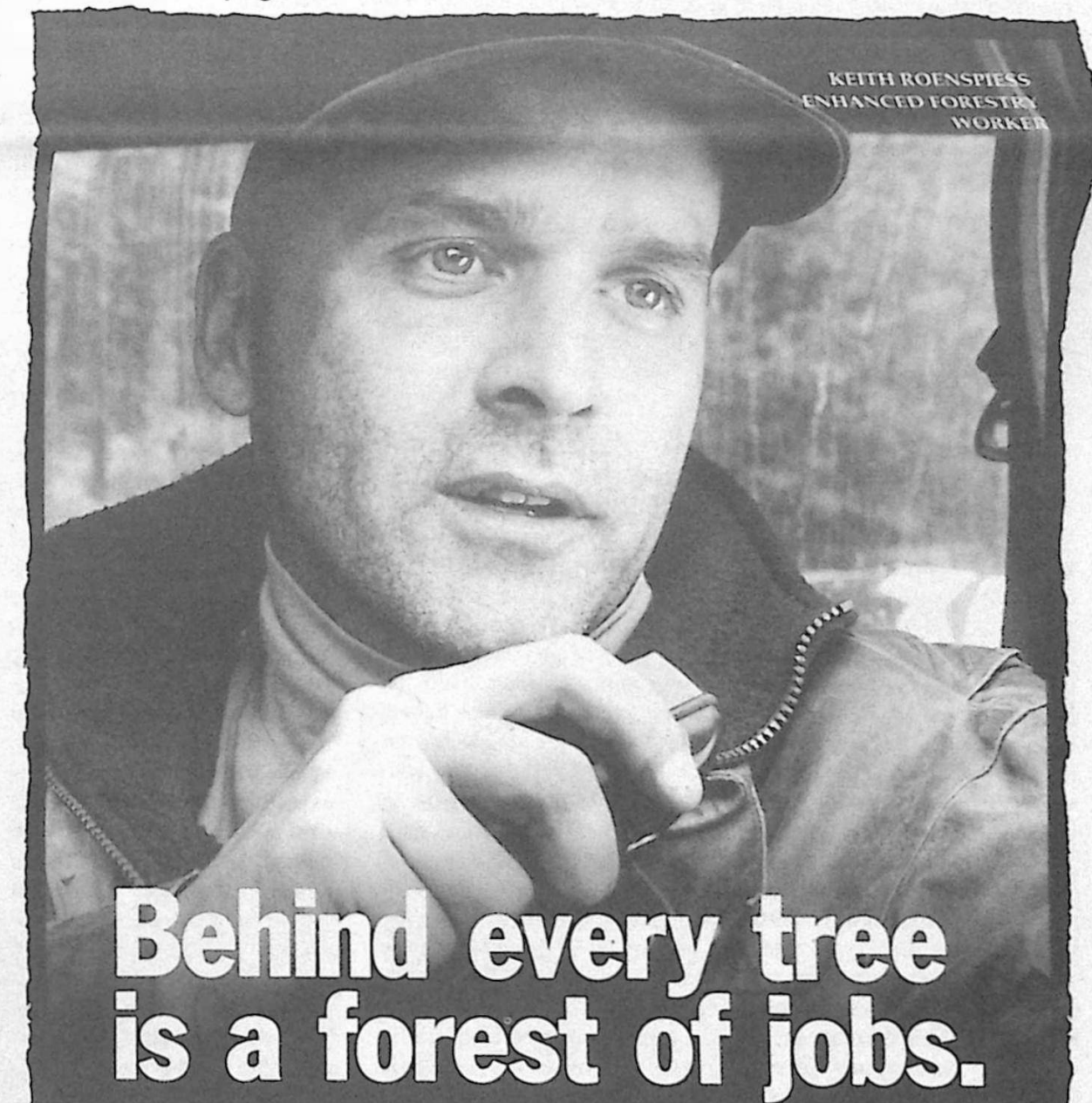
him one of Canada's most coveted honours, the Star of Courage, as well as a top spot on Maclean's magazine's 1996 honour roll. Remaining members of the Sea King crew were also recognized for their part in the rescue and the crew also received the "Crew of the Year" award from the Helicopter Association International, a 1,500-member trade association representing helicopters from 60 nations.

ACRO Aerospace, an "approved maintenance organization" formed by the consolidation of four operating divisions of Canadian Helicopters Ltd., is becoming a major presence in the west coast aerospace industry and boasts a state-of-the-art plant built in 1995 to the latest standards with both personnel and environmental protection in mind. The company has just over 320 employees and has achieved a reputation for overhaul and repair of most types of helicopters. ACRO specializes in airframe, powerplant, rotorblades, components, and accessories and customers include the Canadian ...cont'd page 10

## Snake-Eyes



WHY AM I GETTING OUT?...  
CAUSE I WANT A JOB WITH GOOD PAY,  
EASY HOURS, GOOD MEDICAL, EXPENSE PAID  
WORK TRIPS AND VACATION...ERR EXCUSE ME  
I HAVE TO GO PLAY GOLF IN THE REGIONAL

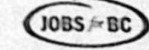


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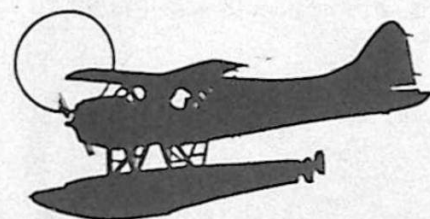


## The busier I get, the safer I feel

Flying around 19 Wing has really become a pleasurable experience of late. I realize that may not be true for some of the regular operational squadrons who must adjust their schedule to fit in with all the glider activity, but it is true purely from a professional perspective as I watch all of the activity that is carried out safely, effectively and efficiently, as in the mandate of the Air Traffic Controllers. As a former controller in another life, I have a bit of a soft spot for the poor souls who must try and make sense of all of the varied traffic that comes and goes from 19 Wing. I also know that the most dangerous time to be in a control zone, (dating myself) is when there are only two aircraft in the air, because that's not enough traffic to really keep anybody's attention and those two always seem to want to occupy the same space at the same time. Fortunately for everybody, that has not been the case around 19 Wing for some time.

The number of aircraft movements has significantly increased with the addition of the cadet glider operation. Increased, in fact, to the point where the whole business of controlling itinerant traffic, local regular military traffic and the glider/tow operation has become a real treat to watch. The number of glider tows that must be made in order to meet the cadet requirements is astounding. The aircraft seem to be going from dawn till dusk with only a brief respite during the weekdays. And, true to the military way of doing things, the operation has evolved to meet the operation requirement. Not too long ago, the great mix of aircraft would have caused considerable consternation in the tower and no doubt led to some delays. Now the mix is dealt with as a routine operation - safely, effectively and efficiently. Nice to see. Keep up the good work.

Joel Clarkston



## Letters to the Editor

Aug 1, 1997  
Dear Sir;

I was up most of the night last night. Today is the last day that my husband will wear his Navy uniform to work. Effective 08:30 hrs he is a "civilian" after serving 31 years in the Canadian Military - or, as he still likes to say, "the Navy." It seems like a very large task to complete 31 years with one employer. He joined the Navy as soon as he could in Surrey, B.C. and, all in all, it has been a good life - there's no life like it you know!

In 24 years of marriage we have had 10 transfers to some places I had never heard of before. It's hard on a family to uproot and go some place you never wanted to go in your wildest dreams. Keeping up the appearance of "it will be an exciting new adventure" for your children while all the time your heart is breaking leaving dear friends behind, friends that become family to you because you live so far away from your family! Some kids never get over the trauma.

The Navy, the ships, the trips, the courses and exercises to God knows where for months at a time. Some years my husband and my children's father spent only a few days at home - in between Hawaii and the Panama. Oh honey, you have got to come to Hawaii - it is beautiful - I've been here 17 times

now!" Collect phone calls from Alaska, Japan, back east... the loneliness was often unbearable - but we survived that too. We are a tough lot us military wives. You have to be to survive life in military housing! I discovered, after a few years of marriage, that some brave military people lived "on civvy street" in normal houses where you didn't have to rely on CE to fix everything for you. ("Fix" is NOT what comes to mind when I think about CE.) Every military wife has some horror story about trying to get something fixed in the PMQ while her husband is off doing his duty in some foreign land. Believe me, that is a whole other letter!

I will never forget a letter to the wives from one of the Naval captains on some HMCS asking them to write to their husbands often and to keep the letters problem-free and uplifting so the ship company's morale would remain high! Oh what I would have liked to have done with that letter after a few weeks of living with two kids on my own when the pay didn't make the bank but the bills still arrived, or the kid gets hit by a car, or there is an emergency with my family at home (according to the Navy - only he has a family!), or it is the first day of school and the kid is screaming to

stay home, and so on... Life as a single mom - for one, two or three months at a time and then, all of a sudden, Mr. Wonderful comes home bearing gifts for all! He is once again king of the roost - well, for three days anyway and then he's off again to some other port.

A career, oh yes, that is possible as a Naval wife! The wife's job is to unpack an entire house of furniture and effects (that's what F&E means!). She has the task of setting up the new home to look somewhat like the one we just left...and why is it that the husband only has time to put the beds together? After the family is settled (doctors, dentists, schools, etc, etc) I would take a few months to secure a great job, get trained in my job, even get a raise because I had been there a year, and maybe even get some paid for holidays! Then one day "he" would come home with that infamous message "Honey, we're posted...and you'll never guess where." Then I had to give my notice (on my standard form letter that I used over and over) and start all over again in some town, city, hole in the wall that I never knew existed. Baldy Hughes - what on earth is that? Will I get a job there? Mount Lolo - what do you mean "a radar base?" - I thought we were in the Navy - what happened to going to sea? I don't want to live on top of a mountain with only 100 other lucky people! What do you mean "it could be worse, we could be going to Gander or Holberg!" Why can't we go where my family lives? That would have been far too easy and logical for the military. We did get transferred to where my family lives - five years after my father died and we got to live there for one whole year and then we got transferred again! Don't want the family getting too happy and settled you know.

Then the military teases you with the posting preferences! Oh how exciting - maybe we will get to pick where we can go next time! It is just a ploy...if you pick

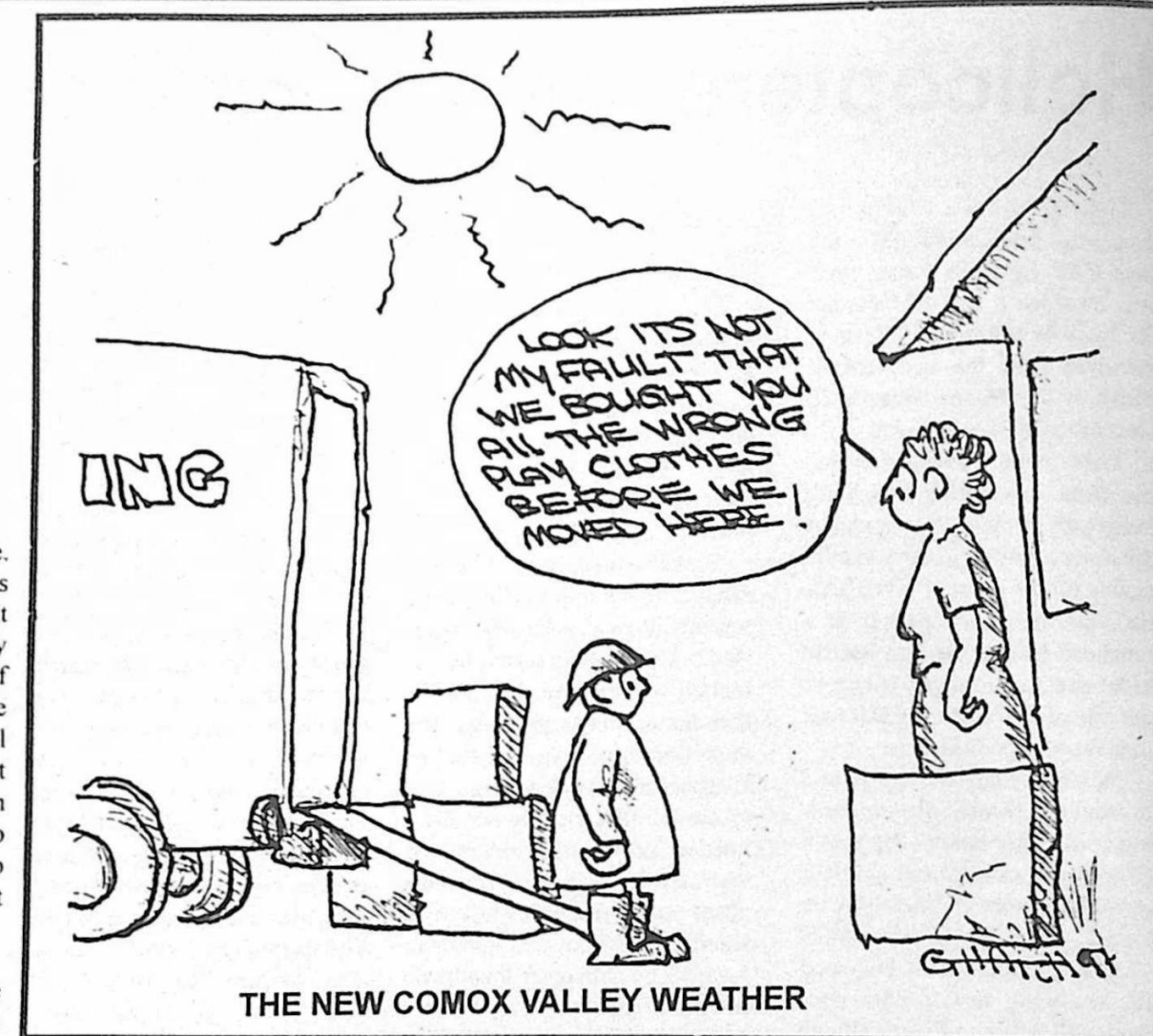
the west - they give you the east. If you pick Alberta they give you B.C. and so on! It is a mind game the military brains developed to destroy any semblance of sanity a military wife can have. One time we thought we would outsmart "them" and we put down all three (you get to pick three places) in Alberta - that is when we went to Baldy Hughes! Baldy Hughes is NOT in Alberta! So much for outsmarting them - they always have the upper hand. (Who are "they" anyway?)

And who is that Career Manager? Boy, would I like to meet him face to face! He is the guy that sends us to these wonderful places and "guides" the career of the men he represents! Are they kidding me? Now here is a position that should have been phased out a long time ago - talk about your useless jobs. I have come to realize that the Career Managers are evil, power tripping idiots who don't have a clue what is best for the men they are supposed to serve! Just ask my husband what he thinks about his Career Manager...especially the one he has had to deal with for his retirement - an honourable time, right? You would never know it by the total lack of understanding and help that he received at this emotional and trying time. "Look out for number one," that was his Career Manager's motto - "to hell with the other guy - I took care of myself!"

We have had times when we would have made more on welfare than we made in the military - no kidding. Why else would I work every place we went? But our reasoning was - it's a good living - a steady job, a regular pay cheque...and so on!

We have lived in some pretty bad MQs (military housing). If it was filthy dirty, we had to clean it before we moved in - and then pass an inspection to make sure it was clean enough to leave. I never understood this whole process...no member was allowed to

...cont'd on page 13



THE NEW COMOX VALLEY WEATHER

**RCAF Station Comox**  
**TOTEM TIMES**  
**EDITOR IN CHIEF**  
Major Joel Clarkston

**MANAGING EDITOR**  
MCpl Edith Cuerrier

**WING PAFFO**  
Capt David Krayden

**CARTOONIST**  
Gord Hatch

**TYPESETTER/BOOKKEEPER**  
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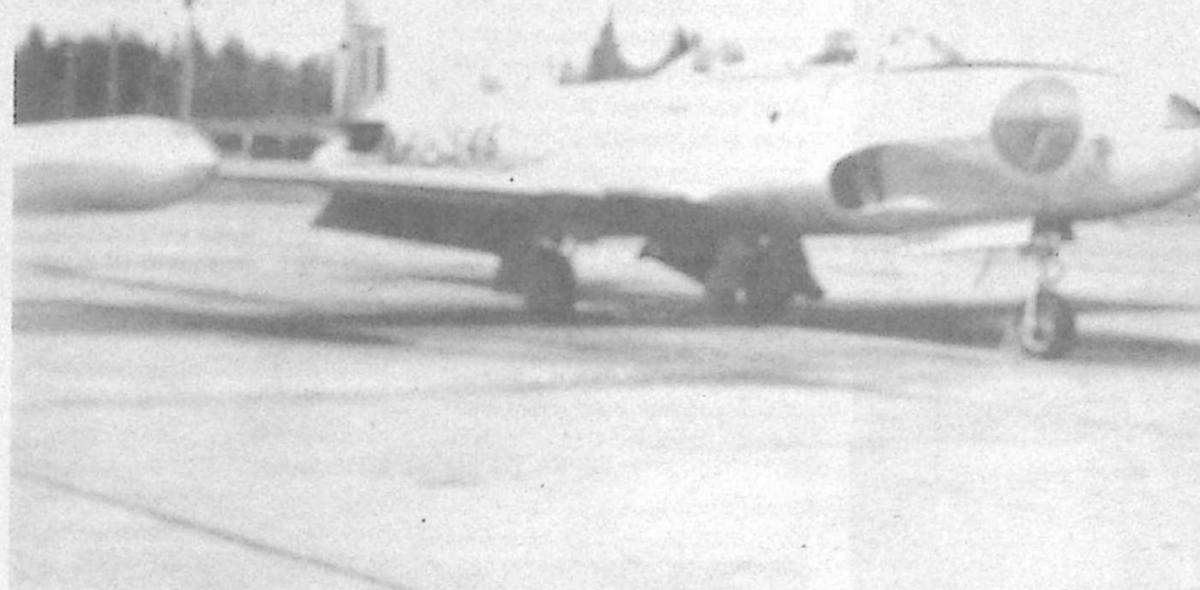
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**OFFICE HOURS**  
Thursday 0900 - 1600  
Deadline Friday 0830 - 1600  
Monday 0830 - 1600  
Tuesday 0830 - 1200

## Disappeared without a trace



Early T-33 assigned to 409 Sqn, No. 546. Note interesting nose art applied to all 409 aircraft of this era.

## T-33 found ...cont'd from front page

For those of you who were wondering about that T-33 recently located by a civilian helicopter near Whistler Mountain, after 40 years of non-detection, here's a few facts as drawn from the Rowe Library in the Comox Air Force Museum.

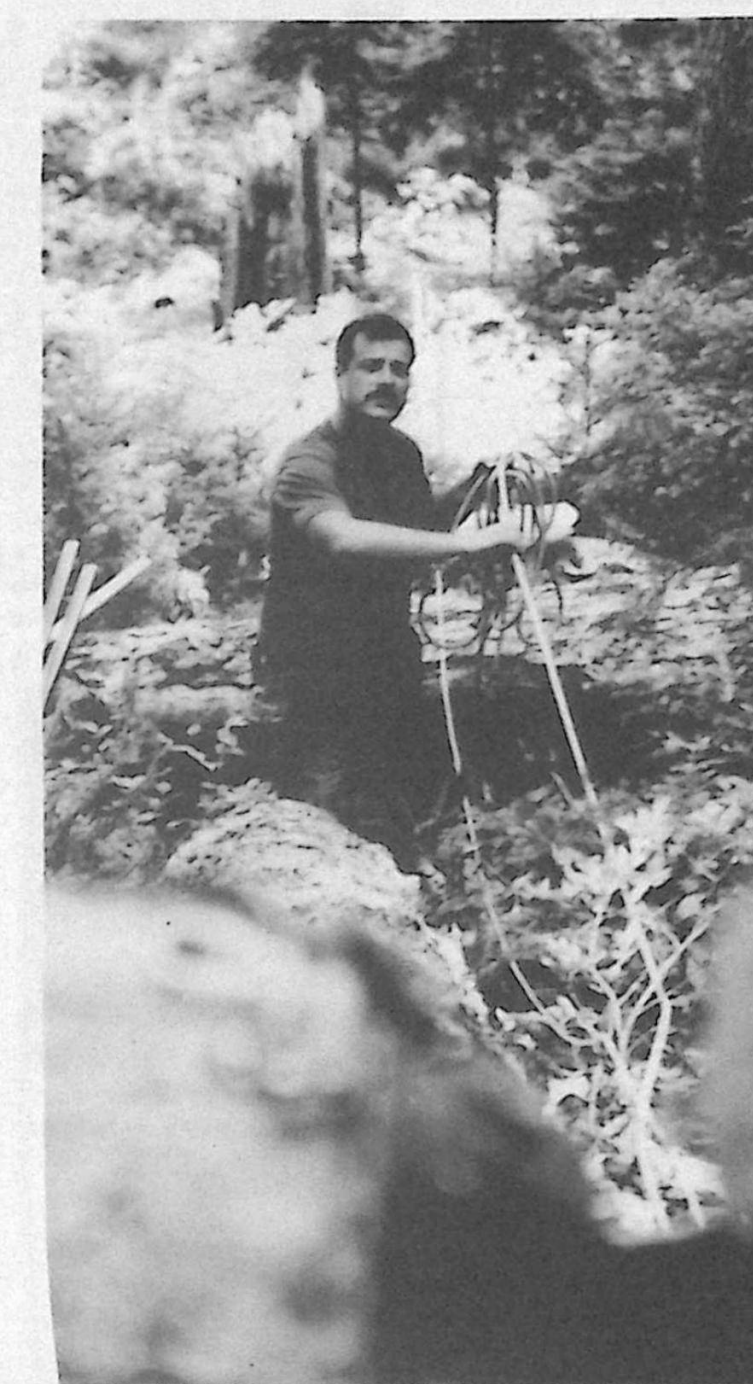
1. T-33 No. 21454 was the first one to come on strength at 409 Sqn following its reactivation as an all-weather fighter squadron. It was assigned to 409 for pilot training and target missions and arrived at Comox on December 12, 1954.
2. On 22 March, 1956, 21454 left Comox with two aboard on a local flight and disappeared without a trace. The pilots were Flying Officers G. Stubbs and J. Miller. An extensive search involving more than 500 flying hours and 15 aircraft per day produced no clue as to the whereabouts of 454. The search was called off on 6 April, 1956.
3. On 16 September, 1974 the canopy, believed to have come from 454, was located at 5,500 ft. level of Callaghan Lake and was sent to the Directorate of Flight Safety for examination. Callaghan Lake is 10 miles northwest of Whistler.
4. During the formative years of 409 at CFB Comox a much closer relationship existed with RCAF Sea Island at Vancouver. During the spring and summer of 1955, 409 conducted most of its flying from a detachment on Sea Island while the runway at Comox was being lengthened to accommodate the higher landing speeds of jet interceptors. Aircraft 454 was on a training flight in the Georgia Strait area before encountering weather.



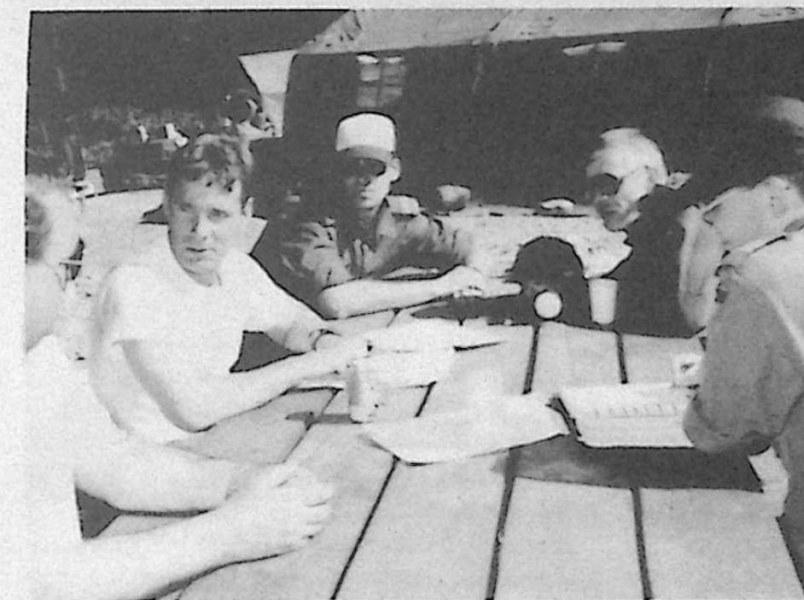
P/O Gerald Stubbs.



P/O James Miller.



MCpl Rick Franke, Crash Guard and Salvage Team leader, sets up grid pattern with ropes and stakes in order to map out the location of all aircraft parts strewn about in amongst the underbrush and trees.



Debriefing time for crash investigation team.



DFS crash investigation team boarding Griffon helicopter en route to crash site landing zone.

The Museum Library is open for research Thursday to Sunday, 10:00 a.m. till 4:00 p.m. (Ph: 339-8162)

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**KIDS**  
A special note about children and PFDs... Children should always wear a PFD when they are on docks or around the water.





by Eric Travis, ArmPAVO  
(COSMO?)

Hi there, welcome back. A couple of weeks ago, 19 AMS had its first flag football challenge. For all NCMs taking part, it was a great success with a zero body count. Of the three officers playing, only one escaped unscathed. I will not go into detail as to who was injured, but you may notice Capt Russell hobbling about. I must also inform everyone out there that when your mother told you there were plenty of fish in the sea, she was sadly mistaken. All personnel who participated in the 19AMS Fishing Derby instead of football will attest that the Americans have caught all the fish and therefore no prizes were given out.

Anyway, on a different note, the CO of 19 AMS, Maj Bourget, recently gave out a number of awards to several well-deserving members of the squadron. Cpl Sellsted received a CO's Commendation for his involvement in the IOC training. MCpl Reese and Cpl Forget received their CDs but, between you and me, neither one looks old enough. MCpl Maye and MCpl Dunn also received their CDs and MCpl Dunn definitely has the hair for it. Cpl Barnes was presented his UNSMIH and UNSMIH bars for his Haiti UN medal. Cpl Webb received a cheque for an F-18 suggestion award (I'm sure the beer made it all worthwhile) and MCpl Staples received a certificate for his active role in Drug Awareness Week.

Two 19 AMS members received CO's Commendations for their role in saving the life of a CF member. Sgt Glen Coates and Cpl Mike Lafleur were commended for their immediate action and first aid response on the night of 21 April 97 in the 19 Wing pool where their response to an underwater blackout situation prevented the loss of life of a CF member. Cpl Denis Brisson of 414 Sqn was also commended

for assisting Cpl Lafleur and Sgt Coates.

19 AMS has also had the pleasure of recently promoting one of its members to MCpl. MCpl Hannas was promoted to his present rank on 2 July. His hard work, dedication and determination to provide nothing but the best is typical of his performance since first arriving on this Wing in June 91. Peers and supervisors hold MCpl Hannas in the highest esteem and he is congratulated for his excellent performance.



MCpl Dunn is presented his CD by Maj Bourget.

(Photos by Wing Imaging)



Cpl Sellsted, CO's Commendation for involvement in IOC training.



Cpl Barnes, UNSMIH and UNSMIH bars for his Haiti UN Medal.



Sgt Coates, CO's Commendation (for saving a life).



Cpl Lafleur, CO's Commendation (for saving a life).



Cpl Reese, CD.



MCpl Maye, CD.



Cpl Webb, cheque and Suggestion Award.



Cpl Forget, CD.



MCpl Staples, Certificate for Drug Awareness Week participation.



Cpl Hannas promoted to MCpl.

## MND visits Comox for first time

by Capt David Krayden  
Wing PAVO

Making his first trip to Comox - as a cabinet minister or not - Defence Minister Art Eggleton came to 19 Wing on 6 August to view Air Force operations first hand and discuss issues of concern with personnel and their spouses. He also announced that a decision on a new SAR helicopter should be reached "within a month."

After a walking tour of 407, 414 and 442 Squadrons, the minister spoke with military spouses at a closed session at the Military Family Resource Centre. There

military wives and husbands were given an opportunity to air their concerns with the minister.

Next, Mr. Eggleton spoke to a cross-section of the Wing at an all-ranks luncheon at the Sgts' and WO's Mess. He announced that though he had "much to learn about the Canadian Forces, I am beginning to acquire some that expertise through trips like this," referring to his visit to 19 Wing. The minister declined to make a lengthy speech and instead preferred to talk with personnel on an individual basis during the stand-up luncheon.



A tour of an Aurora completed the visit.



MND inspects the Honour Guard.



Defence Minister Eggleton discusses peace keeping operation with decorated member.



Flexibility  
and innovation  
will continue  
to lead us

by Jennifer Faubert

There is an innovative and new approach to doing business in the reserve world. It echoes of new business concepts; putting people first, targeting people with the right skills sets, determining company needs and taking a proactive approach to business.

According to former SO Reserve Training Management, Maj Bill Grimshaw, the air reserves are working to adopt a more proactive approach to meeting air reserve requirements. Maj Grimshaw's work with reserve training dealt directly with identifying and meeting reserve training requirements. He says part of this proactive approach is unit forecasting which is a tricky business.

"The air reserve is an integral partner with the regular force in a total force (air force) concept. Other reserve environments have a preset number of positions to stand-alone units with specific MOCs that must be filled to be operational," he explained. "The air reserves do not work that way."

Air reserves work in all MOCs, side by side with regular force personnel, which requires them to be trained to regular force standards. This is where the luxury of unit recruitment and training in large numbers for any one MOC is not available. He admits that the system contains training difficulties, yet it has worked well for the majority of personnel and met the requirements and expectations of the air force.

Forecasting is being introduced, thereby encouraging units to look into the future, to determine recruiting needs, personnel patterns, and to anticipate operational requirements in order to take full advantage of the reserve component. This, in turn, allows reserve training to have a voice in the direction of recruitment drives and training schedules.

"The concept is to determine personnel requirements, put a demand into the system and recruit to that state of demand," Maj Grimshaw explained.

Units are provided a set amount of money to keep reserves trained and current in their MOC. Therefore, it is up to the individual and unit to ensure training is kept current, and they are afforded the same opportunities as their regular force colleagues. It is a "win-win formula," the individual is trained to regular force standards ensuring employability and the unit is assured of having a trained employee.

In many cases, this has meant supervisors are faced with having to make special arrangements to integrate reservists. Maj Grimshaw admits this can be difficult in a traditional 8-4-work day, but not impossible.

"It is up to the supervisor to work out a schedule with their reserves so they are full members of the team. In fact, at 402 Sqn, we have aircrew and support staff who support much of the night and weekend missions," he said. "If a supervisor assigns work, and gives direction, a reservist can become an invaluable resource to a unit."

Training is also exploring selective recruiting by targeting potential candidates who already possess the skill set required to move into or learn a trade.

"We need to go into the high schools and community colleges to recruit people who are already learning the skills we need. We can then offer additional training and employment to fill in the time when school is not in session. We are willing to tailor the system somewhat to their needs," he said citing the cook MOC where this has proven to be successful.

A community college trained cook will graduate with similar abilities as a QL3 military cook, and be deemed to have the necessary skills to move effortlessly into a job. The military can fill in the gaps with OJT or additional courses.

"For example, our cooks may require skills in operating a field kitchen which they would not gain in a community college program," detailed Maj Grimshaw. "We can provide that through OJT or by offering them a short course. The flexibility is there."

So, whether it is shorter courses, selective recruitment or more flexible training, the air force has reiterated its commitment to provide reserves with fulfilling employment and top-notch training.

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## 407 Sqn



Demon Doin's

Welcome back to the 407 Demon Doin's. Doesn't it always seem, that as soon as the summer weather shows up things get very busy again? Events such as airshows at Kamloops with WO Lowdon and Abbotsford with WO Russo and crew appear to further increase the daily work schedule on top of the already steady stream of short deployments. Despite these busy times you may be surprised to find some new faces in the squadron.

Those of you who have been to the AMCRO section lately will have seen two new faces: Capt Ward Fleet to the position of Deputy MFC and WO Len Stead to the position of AMCRO. Carrying on downstairs to TSS (Tech Support), we have the well anticipated arrival of MCpl Don Dudgeon, Cpl Al Green and Paul Connel. We're sure your added supply experience and knowledge will enhance all aspects of our daily aircraft servicing commitments.

We must also bid farewell to those Demons posted out this year by saying "so long" and we wish you all a safe and smooth journey to your new positions: Maj Bigelow - Staff College; Maj Rutten - Ottawa; Capt Barlee - Esquimalt; Capt Gosselin - RMC; Cplts Masutti & Mombourquette, MWO Lapointe, MCpls Tiley, Marcotte & Dymond, Cpl Blair - ZX; Cplts Nero & Poulin - Portage; Capt Skinner - Moose Jaw; MWO Schauer - Shearwater; WO House - Esquimalt; Sgts Fontaine & Graham, Cpl Prosser - Cold Lake; MCpl Pickering - 408 Sqn; MCpl Roy - Bagotville; Cpl Wadams - Rocky Point; and Cpl Butler - Petawawa.

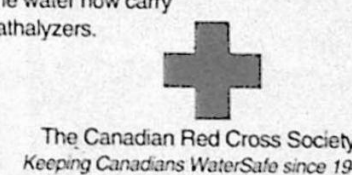
On the flip side, a big welcome to the following new Demons:

**Demons ...can't page 15**

**Row, row, row your boat...  
Not too merrily.**

Drinking and boating carries the same stiff penalties as drinking and driving. Watch out. Police on the water now carry hand-held breathalyzers.

**Drinking & Boating  
Think it over.**

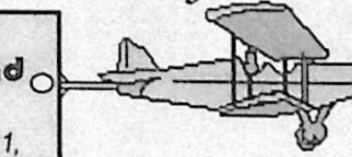


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for the long weekend  
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Sat. Aug. 30, Sun. 31, Mon. Sept 1.

(496-C Ryan Road. Just outside the base) **339-5636** Open Tue - Sat 9-6, Sunday 10-5



## Cops Corner

by Cpl K.E. LeBlanc

Welcome once again to the Guardhouse. As this paper goes to press, we will be quickly gaining on the middle of August. With the end of summer unfortunately oh so close, the start of the school season cannot be too far off either. With this in mind, we would like to pass on some safety reminders in the hope of another safe school year.

The main concern for our section regarding the MQ Airport School is the mix of children walking and vehicle traffic. Children should be aware of some simple points of pedestrian safety, such as: walking on sidewalks whenever possible (and against the flow of traffic when it is not), always using crosswalks, and looking both ways when crossing the road. We should remind our children that even though they have the right of way at a crosswalk, they must always wait to make sure that the traffic is indeed going to stop.

If our children are going to take their bicycles to school, they should be aware of some different rules, including: always wear a bicycle helmet (it's law in BC now!), travel with the flow of traffic, walk bicycles across crosswalks, and always stop at all stop signs.

(While we are talking about bicycles, I would like to take this opportunity to add that our section was unable to run its annual Bicycle Rodeo at Airport Elementary School this past school year due to our manning levels. This resulted from operational commitments. We apologize for this, and just wanted everyone to know that plans are in the works to run the rodeo once again this year.)

No article on safety would be complete without mentioning Stranger Safety. Although the crime rate at 19 Wing is thankfully quite low, we cannot stress enough the importance of children knowing how to react if approached by a stranger. First and foremost, children must know that they are never to go with a stranger. They should also know that they should see one of their teachers, a police officer, or any adult that they know, as soon as possible after having been approached by a stranger. If you cannot attend the school to pick up your child, ensure that they have a list of persons whom you authorize to do it. In the case of an emergency, have a pre-determined password with your child in the event that circumstances dictate someone they don't know must retrieve them when their classes end. We also ask that if you, or your child, see someone suspicious, please contact our office at 339-8218 or 339-8888 (Emergency Line), as soon as possible.

I would like to end with a reminder to those of us who will be driving through the MQs this school year. The speed limit in the area, including the school zone, is 30 km/hr. This is a maximum speed. We ask that, whenever possible, speeds be kept to an absolute minimum when children are on the roadways. If your children go to school off the base, remember not every school zone in the province has a reduced speed limit. If the blue and white School Zone sign isn't accompanied by a speed sign, then it is the normal speed limit for that area (usually 50 or 60 km/hr). Where the speeds are this high, it is even more important for children to be aware of their surroundings. When speeds reach 50-60 km/hr, tragedy can strike all too quickly.

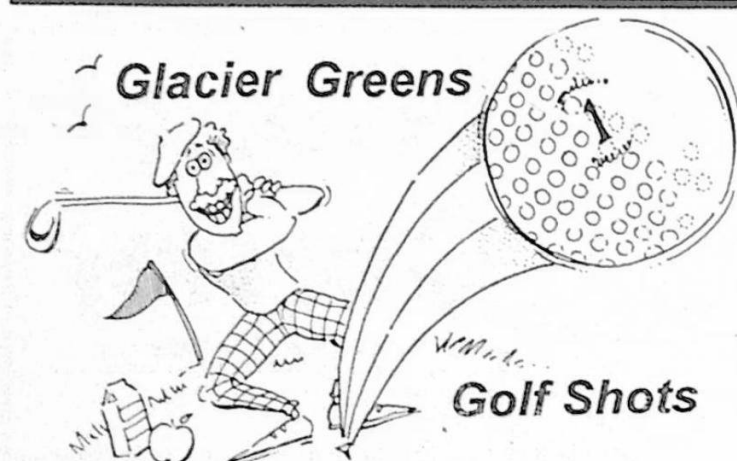
If anyone has questions concerning child safety, or if you have a complaint regarding traffic when children are proceeding to, or returning from, school, please contact us at your convenience.

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Luncheon & Dinner  
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Italian & Greek Dishes  
Banquet Room for Parties  
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1-450 Ryan Rd. Courtenay  
**338-1488**





## 2ND ANNUAL FIELD DAY

by Barb Carter

August 5th dawned clear, sunny and hot as GG Ladies hosted six other clubs at their second annual Field Day. Results were as follows:

**Comox** - 1st LG Doris Ellis 78, 1st LN Joan Hyland 69, 2nd LG Edith Albrecht 89, 2nd LN Audrey Haughn 72, Putts to Trudy Newman 29.

**Crown Isle** - 1st LG Annie Sankey 93, 1st LN Lorraine Nixon 76, 2nd LG Sandy Dudley 101, 2nd LN Donna Wilson 81, Putts to Cheryl Davies 30.

**Eaglecrest** - 1st LG Freda Meers 98 on a countback, 1st LN Alice Reist 74, 2nd LG Jill Murphy 101, 2nd LN Vera Reynolds 78, Putts to Joyce Foster 32.

**Glen Garry** - Betty Snobelen had a LG of 85.

**Meadowlands** - Hazel Small shot a LG of 107.

**Pacific Playgrounds** - 1st LG D.D. Grant 92, 1st LN B.J. Granoukos 76, 2nd LG June Linklater 100, 2nd LN Irene Lussier 83, Putts to Arlene Robinson 28.

**Qualicum Beach** - 1st LG

Helen Williams 97 on a countback, 1st LN Miriam Fraser 77, 2nd LG Bev Lasure 97, 2nd LN Elenor Geddes 79, Putts to Shirley Elliot 36.

**Glacier Greens** - 1st LG Duane Miles 79, 1st LN Gill Idols 68, 2nd LG Sue Powers 91, 2nd LN Trudy Lamothe 69, Putts to our leader Fran Hume with 30.

KPs on #4 Anne Blake, #7 Duane Miles, #12 June Gillrie, #15 Edith Thompson, #17 Martha Campbell. On #13 the squiggle line went to June Gillrie. Longest drive (6-22 handicap) went to Sue Powers and (23-41 handicap) Pat Everett.

It was a great fun day followed by a delicious lunch provided by Steve Dodd and staff.

Our Junior Program is in full swing thanks to the efforts of Lori Ross, John and Jason Powers. Thanks to all.

Anne Newman donated a playing lesson which was gratefully won by Pat Everett.

The Ladies Club wishes Good Luck to Head Pro Scott Fraser in his qualifying round for the Greater Vancouver Open.

## Meet Todd Deters



My name is Todd Deters and I am an Associate Golf Professional. This little story is about how I ended up working at the Glacier Greens GC.

I was born in Regina, Sask. and was raised in Yorkton, Sask. where I began to play golf. My grandfather took me out to the Deer Park GC when I was 12 years old. He showed me all the basics and how to hit the ball. From that time on I never looked back as I played what seemed like every day growing up. Deer Park had an excellent junior program and really helped me to improve quite rapidly. Three years after I started playing, I won my first junior tournament. From that time I knew golf was what I wanted to do for the rest of my life.

I started to work in the Pro Shop at Deer Park in the summers, cleaning clubs and doing all other sorts of duties. When I finished high school, I moved out to

the Comox Valley to try and find a job in golf that would last more than six months.

In the winter of 1990 I started work at the Comox GC and entered the CPGA Apprentice Training Program. For the next four years I worked at the Comox GC and learned many things about the golf industry and being a golf professional.

In the spring of 1994, I moved to Montreal, Quebec and started work at the Royal Montreal GC. At this club I had the opportunity to teach golf a great deal and that

is what I enjoy doing the most, helping others enjoy the game. The two seasons spent in Montreal allowed me to learn a lot about how the golf swing works and how to apply that knowledge to people and allow them to improve. The fall of 1995 is when I completed the five year apprenticeship and wrote my exam to become a Class "A" professional.

I returned to the Comox Valley in the winter of 1995 and was married to my wife Nicole. We now have a daughter, Victoria, who helps to keep me very busy.

I started work at GG in the spring of 1996 and now have had just about two full seasons as an Associate Professional here.

In the future, I look forward to increasing my knowledge about the golf swing and my abilities to teach the game. Now that I have completed my apprenticeship I hope to soon start my own business and become a Head Professional at a golf club.

Byeley, LN 66. KPs went to Dan Fremont, #12; Ferg Webster, #4 and Frank Marshall #18.

Snip winners were Clyde Levy #4, Jim Gibson #5, Karl Cameron #6, Art Carpenter #7, Dennis Webber #12 and Tom Potter #18.

No doubt Sunnydale will be waiting for us when we visit their club in September.

## SUNNYDALE INTER-CLUB

by Barb Carter

GG Ladies travelled to Sunnydale on August 6 for their continuing interclub Match Play. The team this time consisted of Lori Ross, Cheryl Armstrong, Duane Miles, Sue Powers, Irene Marshall, Fran Hutchinson, Pat Everett & Ellie Nicholas. Our gals played against Pacific Play-

grounds and Sunnydale and Comox teed off against each other. After a hot and humid round, it was determined that Glacier Greens is back in first place in the point standings with 117.5, Sunnydale 112, Comox 111 and Pacific Playgrounds at 91.5. The final round will be hosted by Glacier Greens on September 3 at 1:00 p.m. Keep up the good golfing gals.

As reported previously, Duane Miles won 1st LG with a cool 79, what I neglected to report was that it was also Pin Day and Duane won the coveted pin with a super Net 66. Well done!

Our Club Championships will be held the weekend of August 16/17. PLEASE get your entries in by Thursday to give our committees the time needed to do another excellent job.

"Caddies are a breed of their own. If you shoot 66, they say, 'Man, we shot 66!' But go out and shoot 77, and they say 'Hell, he shot 77!'".....Lee Trevino

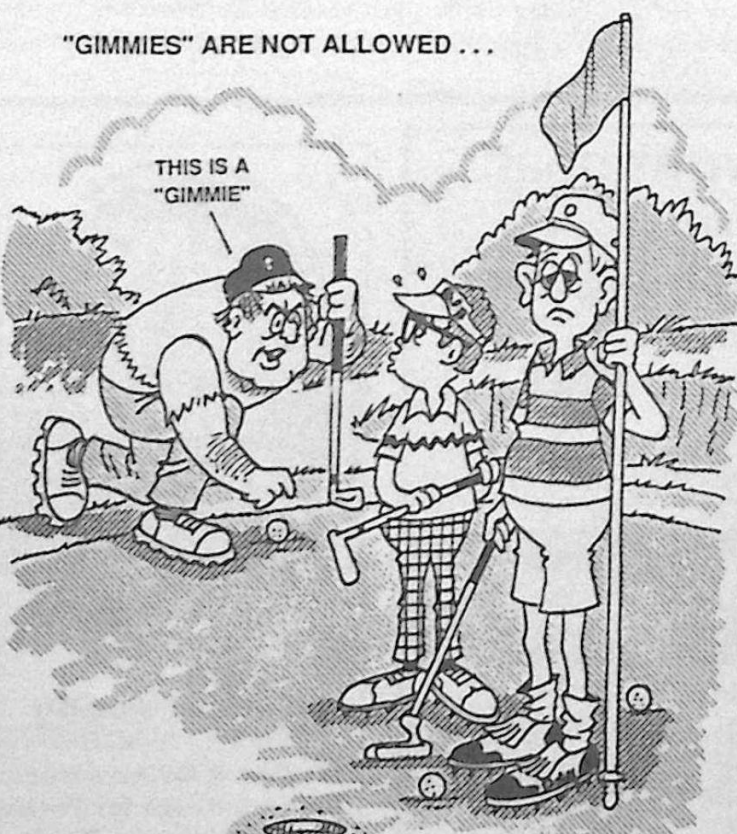
## A BIG thankyou

GG Ladies would like to offer special thanks to the following loyal sponsors for their continued support for our 24th Annual Amateur Open:

Thrifty's Food Store, Garf Bax-andal Ford Mercury, Joey's Only Seafood, RCMP Veterans, T&F Cards and Collectables, Joy Johnson & Georgia McLellan - Re/Max Ocean Pacific Realty, Public Pest Control, Janet McGee - Investors Group, RHC Holdings, Midland-Walwyn - J. Lowell Sunhouse, Growers Direct, Appy's, Complete Auto Clinic, Susan Wharran - RBC Dominion, Gary R. Hein - First Financial, Glenda Mosher - Coast Realty Group, Shoppers Drug Mart, Jan's Travel & Leisure, Versatile Industries, Bond's Fish & Chips, Scott Fraser - Glacier Greens, Roxanne's, Lemon Tree Gallery, Nevada Bob's, Mad Man McKay, Supervalu, Touch of Class, Overwaitea, Black Fin Pub, Steve Dodd Catering, Cream of the Crop, Pharmasave Comox, Peoples Jewellers, Country Village Kitchen Bin, Lakwell Stationers, Gail Byrne - Mary Kay, Hallmark, Arbordale Nurseries.

## RULES OF PLAY - RULE: 20 - STROKE PLAY

"GIMMIES" ARE NOT ALLOWED...



... UNLESS YOUR OPPONENT IS BIGGER THAN YOU

## Temple of Health Fitness Dept.

Bienvenue Comox. My name is Gregg Carr and I am the Fitness Coordinator in charge of the Fitness Department at 19 Wing Comox.

My place of origin is Turo, Nova Scotia but I have been bounced all over Canada as my father was military. I grew up in Winterport, Ottawa, Halifax and lastly Cornwallis, where I was voluntold to also join the CF. After joining in 1983, I spent my first seven years in Halifax and Borden as a Supply Tech. I re-mustered to the recently deceased PERI trade in 1989 and have been in Comox since 1990, gaining so many friends here and looking forward to meeting new ones during this APS.

My primary function as Fitness Coordinator is the overall fitness of all 19 Wing CF members and civilian employees. I conduct and coordinate classes, perform personal fitness evaluations, administer specific trade fitness evaluations as well as all the administration that goes along with it. As part of the Rec Staff, I also coach and officiate in the Wing sports program. Some of the other areas that I take care of are the Aerobic Award of Excellence, Swim/Run/Bike Around the Island, Adventure Training and RCMP "PARE" evaluations. We also provide CPAFLA consultation, personal weight training programs, as well as general fitness conditioning programs.

I have a small staff of one Fitness Instructor, Stephanie Rainville and I work together to try and provide a well-rounded fitness program that will suit everyone's fitness needs. I will not go



Can't wait to sip out of the cup! 1993 Winnipeg, Manitoba.

on much about Stephane as he has his own book of stuff about himself to tell you in a future Totem Times.

I am going to keep my blurb short and sweet but if you would like any fitness info, or just want to talk about the Leafs, give me a call at the Temple of Health.

Come out and join our various fitness classes - sign up for one or more of our future clinics (running, nutrition, familiarization with lifestyle machines, stretching, fitness during pregnancy, etc) - or just push away from the computer on your lunch break and go for a walk on the beach.

Keep fit, eat healthy and live forever. Mens Sana in Corpore Sano.

Editor's note: Greg must have been swayed as a hockey fan. His true colours as a youngster "Bruins!" What happened?

## RECSPO '97

19 Wing area residents will have an opportunity to learn more about the recreational, social facilities and special service organization that are available within their own community. It all takes place at the Base Recreation Centre on Saturday 6 September between 10:00 a.m. and 3:00 p.m.

Coordinator for the event, J.C. Fromont, says there will be close to 40 displays. Not only will a wealth of information be readily available, but the time will also allow for registration in several areas, such as swimming and Rec Pass registration.

In addition to all this, there will be a martial arts demonstration as well as a musical presentation by a popular local folk group.

This event allows newcomers, in this highly transient community, the opportunity to learn more about their new home. At the same time it conveniently gives all residents the opportunity to plan their family's recreational schedule or learn about services that might suit them personally while often meeting both old and new friends.

If you wish to promote your organization on this date, contact J.C. Fromont at 339-8211, local 8989.



## Thank you for your support

We, at the Totem Times, would like to encourage all our readers to support our advertisers, without whom we would not exist.

## RECSPO

PLAN TO ATTEND 19 WING COMOX  
EXPOSITION OF THE EXCITING RECREATIONAL  
CLUBS AND ACTIVITIES THAT ARE  
AVAILABLE IN THE COMMUNITY

CLUBS: MANY OF THE CLUBS WILL BE OFFERING  
REGISTRATION OPPORTUNITIES

RECREATION: IN ONE VISIT DISCOVER THE INFORMATION NECESSARY ON  
THE ACTIVITIES WHICH INTEREST YOU.

COMMUNITY ACTIVITIES: MANY ACTIVITIES MAY REQUIRE EXECUTIVE  
ASSISTANCE. VOLUNTEERS ARE WELCOME.

PLACE: 19 WING COMOX RECREATION CENTRE

DATE: 6 SEPTEMBER 1997

TIME: 1000 - 1500 HRS

SPACE IS AVAILABLE FOR YOUR ACTIVITY

FOR MORE INFORMATION CONTACT REC COORD AT 339-8211 LOCAL 8989

## GIVE SOMEONE A SECOND CHANCE

Discuss organ donation with your family.  
THE KIDNEY FOUNDATION OF CANADA NC

## 1997 Summer Swimming Program

Session 3 (5 - 15 August)

Registration: 1 August

Time: 0830-1130 hrs.

1800-1900 hrs.

Session 4 (18 - 29 August)

Registration: 15 August

Time: 0800-1130 hrs.

1800-1900 hrs.

Cost: Level 1 to 6 \$24.00

Level 7 to 9 \$30.00

Level 10 to 12 \$40.00

Lesson: All lessons will be held between 0830 and 1130 hrs, from Monday to Friday at the Base Rec Centre Swimming Pool.

Registration: All registrations will take place at the Base Rec Centre.

For more info, contact J.C. Fromont at 339-8211 local 8315.

### DRIVE THE BEST BUY

1990 CHEV CELEBRITY S/W  
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# Wallace Gardens

## Hey, Kids!

Enter this contest and maybe win one of the super new all-colour Kids Only Snacks cookbooks. All correct entries will be put in a draw to decide the 10 winners. Open to children 8 to 15 years of age.

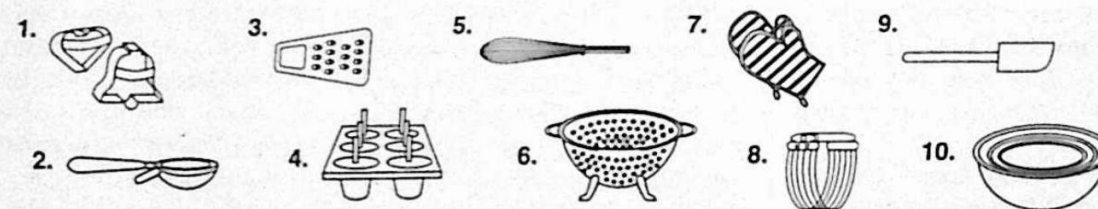
Put your entry through the mail slot in the Totem Times office door or mail to:  
Totem Times Kids Only Contest  
CFB Comox, Lazo, B.C., V0R 2K0

Entries must be received by noon on Friday, 22 August. Results will be published in our next edition on 28 August.

Name..... Age.....  
Address.....  
Phone.....

## KIDS ONLY snacks cookbook contest

Match the pictures to the words to win a Kids Only - Snacks Cookbook!



Whisk (example) 5  
Mixing bowls — Oven mitts — Colander —  
Cookie cutters — Rubber spatula — Pastry blender —  
Ice-cream scoop — Grater — Popsicle mold —

# Gardens

## Teen Camping (13-18 years old)

A Teen Camp will be held from 2:00 p.m. on Thursday 21 August to 12:00 noon on Friday 22 August at TeePee Park. This event will take place come rain or shine! Be prepared for water sports and a lot more. Call Carmie at 339-7697 to register.

## Did you know?....

- that your pet registrations expire on 31 August? You can renew your registration at the Wallace Gardens office or through the Animal Control Officer, Cpl King.
- that you must be a members of the Wallace Gardens Community Association in order to participate in our various events? Call Janina Nicholls at 339-8211 ext 8571 for more information.

**Celebrate Canada! Q & A**

1. What Canadian wheelchair athlete travelled around the world to raise money for spinal cord research?  
2. A youth centre, which welcomes young people from across Canada, was named after a well-known Canadian hero who began his "Marathon of Hope" run across Canada in 1980 to raise money for cancer research. Who was he?  
3. Where would you find the largest Chinese community in Canada?  
4. Who was the first woman to be elected Member of Parliament in 1921?  
5. Myriam Bédard was the first Canadian woman to win two gold medals at a Winter Olympics in 1994. In what sport did she win these medals?

ANSWERS: 1. Rick Hansen, 2. Terry Fox, 3. (c) Vancouver, 4. (a) Agnes Macphail, 5. (b) the biathlon

If you are aged 12 - 18 why not...

## Join the Air Cadets

### Enrolment info:

Day: Tuesday evenings  
Dates: September 2, 9, 16, 23 & 30  
Time: 6:30 p.m.  
Place: 386 Sqn "B" Building  
888 (Komox) Wing RCAFA  
1298 Military Way, Comox, B.C.  
Bring your: B.C. Medical Card  
Social Insurance Card  
Birth Certificate

Phone/Fax: 339-9198 or  
Capt Simonson 338-2112

## Take an English course on Base this fall

By Pat Allan, CFCCN Coordinator  
One of the most important courses you will take in your working or educational career will be an English course. For people who have been trained to write in the highly specialized military style, an English course can provide a bridge to both business and academic writing. And you can do it now, on base, and be finished by December.

The Canadian Forces Community College Network is sponsoring a first year credit course from Algonquin College in Ontario. It is English 1813B, an introduction to applied communication. It covers all the basics of proper sentence construction and grammar, but it will take you further. It will help you learn strategies to make sure you say what you want, and that your audience will understand just what you mean.

We will provide this course in mixed mode, combining the comprehensive course materials of a correspondence course with a local instructor and regular but abbreviated classroom sessions. That way if you have to go to Cold

Lake or NDHQ or anywhere else for a few weeks, you can take the materials with you and not fall behind. The regular sessions will provide the support and contact of a classroom, which many people find a more satisfying learning experience than straight distance learning.

As a regular credit course, there will be assignments and a final exam. The total course cost is \$281.10. This covers tuition, text, correspondence materials, service charges and taxes.

We will begin class session the last week of September and the course will finish by Christmas.

Registration for the course will begin immediately. To have a registration form mailed to you, please call Pat Allan, CFCCN Coordinator at local 8889. Forms may also be picked up at the WPSO's office in Building 22. Forms must be returned to the coordinator, with payment by cheque, Visa or MasterCard, by September 5.

For more information about this course, or any other college courses, call me at local 8889.

## FREAKSHOW



In an attempt to trade in his stamp collection for a new Kettle, Herbert quickly learns that Philately will get you no wares.



Sylvain Dubois receives a PAC Region Officials plaque from Bobbi Howard for his dedication and hard work as an official during the championship.



For his outstanding job as an official and as the Chief Official for the PAC Region Ball Hockey Championship, Baxter McKee receives an appreciation plaque from Bobbi Howard.



Bobbi Howard presents a PAC Region Officials plaque to Ryan Benoit for a job very well done as a score keeper, time keeper and general duties volunteer for the PAC Region Ball Hockey Championship. Thanks Ryan.

## Summer entertainment for your kids

Short on ideas on how to entertain your children this summer? You're not alone but help may be closer than you realize. The good old family computer can provide parents with peace and quiet and kids with a fun learning experience.

Here are some suggestions from Packard Bell NEC for keeping your children entertained - especially on those rainy days when you're looking for indoor activities.

1. Go on a dinosaur trail and become a paleontologist. Surf the World Wide Web to research all the dinosaurs seen in "The Lost World."

2. Let your kids be their own Web Masters. Design, build and run the family's WWW page by using inexpensive software from your local computer or CD store.

3. Develop investigative skills. Become a news reporter and editor. Design and write a weekly family, street of clubhouse newsletter.

4. Put on the detective hat. Research and build the family tree by using the Internet and present the family history on a simple spreadsheet.

5. Experience the world. Travel around the world in 80 minutes by visiting Europe, Asia, Australia, South America, Central America, North America and Africa on the WWW.

6. Become a photo editor - touch up the family photos using the computer and design the new family album on CD-ROM. It will make a great gift!

"Computers are a real knowledge tool that allow children to be entertained, while at the same time be educated," states Packard Bell's Henry Porsch. "Even when young people are not in the classroom, they can still learn about the world, expand their writing skills and develop their computer proficiency for the next school year."



Belated congratulations to MCpl Mitch Ogilvie, receiving his Leaf from LCol T. Burt. Mitch, our first promotee of the year, recently transferred to NPF Accounts as cashier.



Sgt Lynn Leclerc receives her additional stripe from Maj A. Donaldson. Lynn, a member of the Financial Management section is off to Winnipeg to assume public cashier duties. Congrats, Lynn!

## Celebrate Canada! Q & A

1. Which animal has been "honoured" in the names of 663 official place names in Canada?  
2. What is the name of a dry and warm southwest wind in Southern Alberta?  
3. What feature attracts tourists from around the world to the Gaspé Peninsula?  
4. In which province are eight mountain peaks named after Santa's reindeer?  
5. What is Canada's most southern National Park?

ANSWERS: 1. The Moose; 2. Chinook; 3. (a) Percé Rock (five million tons of rock with a big hole through the bottom); 4. New Brunswick; 5. Point Pelee National Park (Ontario)

## Celebrate Canada! Q & A

1. Who developed a new world standard for keeping time based on Greenwich Mean Time?  
2. What Canadian invention first reached into space in 1981 from the American Space Shuttle?  
3. Canada was the first country in the world to operate a commercial, domestic geostationary communications satellite system. Name the satellite launched in 1972.  
4. What New Brunswick candy company marketed the first chocolate nut bars in North America?  
5. What famous quiz game was invented by three Montréal-area journalists?

ANSWERS: 1. Sir Sandford Fleming (1884); 2. The Canadarm; 3. (b) Anik-1; 4. (c) Ganong Candy Co. (1910); 5. Trivial Pursuit

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## Helicopter heroes

...cont'd from page 3

Department of National Defence, Canadian and United States Government-owned aircraft and a host of other domestic and international operators.

ACRO is also a member of Team Cormorant, a partnership between more than 40 Canadian companies and two of the world's largest helicopter manufacturers, Italy's Agusta, a Finmeccanica company, and GKN Westland of Great Britain. Team Cormorant's Canadian partners include leading aerospace players such as Canadian Helicopters Corporation, Bombardier Defence Systems, CAE Electronics and Bristol Aerospace.

Thanks for the breathing space

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## \$\$\$ Let's Talk Money \$\$\$

Why is it that the kids need new shoes the same week the water pump goes in the car? Or that each year you promise the family a week in Disney land and end up in Coombs? And have you noticed that the time between pay periods seems to be getting longer? Even in these uncertain times you can still take control of your financial future. The key: *balance spending now with saving/ investing so you'll have more to spend in the future.* Sounds easy! However, it may take a little education to navigate through CSB's, Capital Gains exemption, compound interest, RRSP's (rolled-over, spousal or self-administered), RRIF's, mortgages and inflation, insurance, fixed assets, budgets, stocks, and personal net worth. This sometimes confusing world of personal finances can be successfully mastered if you take it one step at a time:

**Step One**

Plan ahead for major annual expenses such as insurance or a new fridge. Divide each amount by the number of months until the money is needed, and then budget for that.

**Step Two**

Make a list of all expenses in order of priority. You need to include both small and large bills, and include saving and debts.

**Step Three**

List each expense and use a computer program or separate envelopes to keep track of receipts and monies spent.

**Step Four**

Sit down each month to review where the money went. *It is a good idea to involve all the family in this process to keep the lines of communication open and review problem areas of spending.*

**Step Five**

Build an emergency fund. This fund can be one or two months salary, or

10% cent of your gross income.

**Step Six**

Step six is the investment component to financial planning. There are many ways to invest and take advantage of tax savings:

- ♦ Registered retirement saving plan (RRSP) and also contributing to a spousal RRSP for retirement purposes;
- ♦ Owning a rental property;
- ♦ Investing in mutual funds or stocks;
- ♦ Owning your own business also makes you available for tax breaks you would not otherwise be eligible for.

Starting September Capt. John Lalonde, the Wing Financial Counsellor, will be giving a series of Financial Workshops. The first will take place on Sept. 18th from 7:00pm - 9:00pm in the CMFRC program building, 120 Kinnikinnik. The first session is "How to Maximize your Savings and Minimize your Debt". To register phone 339-8290.



## Volunteer Profile

Debbie Barnes has been an active volunteer for the CMFRC since September 1996. Debbie moved to Comox last year with her husband Drew and their three children Tyler (13), Robert (9), and Emily (7). Debbie was instrumental in the success of the 3rd Annual International Women's Day Conference, held earlier this year. She is also one of the founding members of the CMFRC Welcoming Committee. Debbie is a great asset to this program as she knows first hand how challenging moving a family can be, as she had moved many times herself.

Although Debbie is very busy with her family and her full-time job at Sun West Auto where she is an Automotive Sales Representative, she still finds time to give generously to her community. As well as volunteering for the CMFRC, Debbie is a Ward Rep for the Wallace Gardens Community Association. She volunteers for the same reasons that she chose her current profession in automotive sales - she loves working with people, being of service, and enjoys a different challenge each day.

When asked why she feels so passionately about volunteering when it would appear that she already has a pretty full life with career and family, Debbie replied that she loves the genuine appreciation she receives for a job well done. She also recognizes that volunteers are essential if many of the services being offered throughout our community are to continue.

Debbie gets satisfaction from knowing that someone has benefited from her help. She is a huge asset to the CMFRC team of volunteers, bringing creativity, joy, and energy. Thanks a lot for all your work around the Centre Debbie! For information on how to become a volunteer at the CMFRC call Michelle at 339-8211 local 8655.

## Preschool Registration

Preschool registration for Sept. 1997 is being taken through out the summer at the Kinnikinnik Child Care Centre. For more information call 339-5051.

Letters to the Editor  
...con't from page 4

leave his post unless the military house passed a cleanliness inspection but I never, ever, moved into military housing that didn't require a total cleaning - not once! (Some of them should have been condemned.) Not only that but I don't know anyone who was able to move into an MQ without first disinfecting it. Do they hire dirty homemakers to mess them up; after they pass inspection? I decided that they must save the clean houses for officers or something. Yes, we could turn the house down - we tried that. We were put on the "wait until hell freezes over before you get another house" list!

Military housing - one of my favourite subjects (second only to Career Managers). You do not get to choose where you are moving to and you certainly do not get to pick the house you are going to live in! They don't pay enough to buy houses or rent houses "down-town" so you take what they give you. I have lived in converted barracks blocks that had no cupboards or closets (they "gave" us portable closets). I have lived in tiny mobile homes, row house and so on...until we finally could escape and bought our own house. Buying your own house is a treat in the military...they send you wherever then very generously give you five days to buy a house. Try buying a house in five days in a place you have never seen, been to or heard of before! But then again you are only going to be there for two years - maybe three - then you have to sell again! Is it any wonder realtors flock to military communities?

Have you ever gotten together with you family and had to defend you "job?" Now that's tricky. How do you explain to them what you do for a living? "I cruise to Hawaii for three months then turn around and come home. We play war...We learn to defend the base..." Against what? They don't talk the talk or walk the walk (or wear the uniform). We gave up defending the military long ago - we just laugh along with them and seethe underneath.

All in all I love this life. I will miss the move every two years or so - I have done it all my life. Most of all I will miss the people. What great people we have met over the years. If nothing else, military people understand each other. We know just by looking at each other what the other has

gone through. We make friends easily and we are the most flexible people in the world. We can adapt to change faster than anyone and we can pack up a family and move to anywhere at a moment's notice. The friendships we make last a lifetime and cover the world over. The national anthem makes us cry and we have a love for our beautiful country and the Canadian flag that very few Canadians have today.

I am feeling a wee bit emotional at this time. For the very first time in my life I am being disconnected from the military - you see I am a PMQ brat - born and raised into the military and then married into it! Both mother and father and grandfather were airforce...I have a long history with the outfit. I wanted to focus on the good things - but I want to keep those really good things to myself, stored away for the future!

This man, my husband and father of my children, who has given 31 years to his country is retiring with barely a thank you! What happened to the glorious mess dinners, section parties and galas to send the "lucky ones" on their way? What happened to all the camaraderie? Where is the morale? Where is the "old" military? No one defends the military (and the Navy in particular) more than my husband. Why? Because he thinks there was no life like it - then again, he doesn't know any better and neither do I! Thank you Terry! You can be proud. You served your country well and enjoyed it at the same time.

Stop by the Canex - shake his hand and tell him it's a job well done. It is!  
Marg Zerr

(The following letter was sent to Lt Col T.W. Burt by the Comox Indian Band.)

Re: Tribal Journey's/Vision Quest

In reference to the above, I write to express the heartfelt gratitude of the Comox First Nation for the support offered by the members of CFB Comox.

Without their dedicated and hard work the event would not have been as smooth an operation as it was. The support crews, paddlers, Chiefs and Elders were extremely grateful for the use of the tents, tables and chairs that were provided by "Comox." The personnel that cut the grass are to be commended for an excellent job.

It is in the highest traditions of the Canadian Armed Forces to lend a hand to Civil Authority and that was certainly demonstrated by your personnel.

Please extend to all those involved our thanks. Bravo Zulu!!! On behalf of the People of the Comox First Nation,  
Sharlene Frank, Councillor

## MS FACT #1

Canada has one of the highest rates of multiple sclerosis in the world.

Multiple Sclerosis Society of Canada

1-800-268-7582

## Seven steps to a picture-perfect vacation

When planning your summer vacation, there are many decisions to be made. Whether you plan to pack up the family camper, head to the shore, or jet half way around the world, many memories await you. In order to bring them home on film, follow these seven steps offered by the experts at Kodak Canada Inc for a picture-perfect vacation.

**Plan ahead**

Before departing on your vacation, make sure you have everything you need to take great pictures. You won't want to be bothered with searching for film, batteries, or a camera strap when you are on the road.

**Know your film**

Proper film selection is imperative for high quality photo results. An all-purpose film such as Kodak Gold Max film, makes the selection process easy. It self-adjusts to virtually any picture-taking condition, whether indoor or outdoor, thus you can use the same film throughout your trip.

**Capture your surroundings**

When you arrive at your vacation spot, be sure to take in your surroundings. Architecture, nature and people distinguish one area from another and photographs of these unique features will help you remember and share your trip with others.

**Play candid cameraman**

Vacations are a time for adventure and spontaneous photography is a great way to capture the

fun. Keeping a camera close by at all times will allow you to capture candid moments on film, like a friend pulled up on stage during evening entertainment at a restaurant, or your child chasing the waves at the beach.

**Take multiple photos**

In order to get the best possible pictures, take several photos of your subject. Don't hold back when photographing beautiful sunsets, large groups of people, and wildlife, as you never know when another great picture opportunity will present itself.

**Share the fun**

Everyone should have a chance to record the vacation on film, including children. An easy to use, child-proof camera, such as the Kodak Fun Saver Pocket one-time-use camera, is great for people of all ages. It's lightweight and fits into a fanny pack or beach bag for easy travel. For outdoor use the camera is durable and great for capturing sharp, clear pictures in virtually any outdoor situation. Its protective, waterproof skin allows the user to take pictures up to 14 feet under water, making it perfect for use on whitewater rafting trips or snorkeling in the ocean.

**Create a scrapbook**

Rather than letting your pictures pile up in a drawer, create a scrapbook that tells the story of your trip. For best results, make the scrapbook as soon as you develop your film, while the memories are fresh in your mind. Include postcards, ticket stubs and other accrued paraphernalia to enhance the book.

To learn more about summer vacation photo tips call the Kodak Information Centre at 1-800-465-6325. The latest Kodak information is available on the Internet at: <http://www.kodak.com>.

## CF Housing Agency news update

Well, it appears that summer has finally made it to the Comox Valley! Of course, by the time this article is printed it may be over, but we can only hope. With all this nice weather though you may have noticed that many of the residents are taking advantage of the power washer we have added to our self-help program. We are getting a real positive response from people who have used the washer or all sorts of different projects around their homes. Everything from washing the house to spraying down the driveway. Along with the power washing unit, we also supply the necessary soap for you, so if you have any thoughts regarding how you could put this to use, come on down to the office and talk to us.

Also by the time this article is published, residents should be noticing our window and roof projects on the go around the MQ area. This year is basically small pilot projects with more good things to come in the next season. Again, we are always looking for your ideas and input on all of our projects so, again, please feel free to drop by and give us whatever ideas you may have.

In closing, for all of you who are interested, due to summer activities we have held off having a tenants' meeting, however there is one coming up in September. We will be notifying occupants regarding the exact date and time. Hope to see you there.

Enjoy the great weather and let's hope that it keeps up.

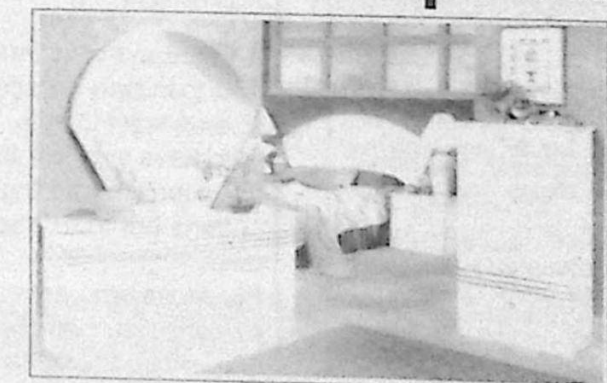
The Canadian Forces Housing Agency is located in the north end of the Canex Building. Phone: 339-8211 local 8060.

## FURNITURE WAREHOUSE

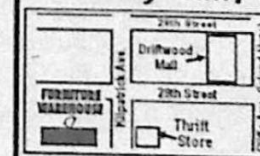
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- Available to any member of a military family - individuals, couples, families
- You may bring a wide range of issues such as communication difficulties, marital conflict, parenting, deployment stress or anger management
- Assessments and referrals available to other professionals and agencies
- Call counsellor, Coreen Cherry, at 339-8286 or phone the CMFRC at 339-8290 for more information

## IMPORTANT SAFETY NOTICE

In the last Edition of Totem Times an article appeared describing the local attractions in the Comox Valley. The Medicine Bowls was listed under the headings for sightseeing or swimming. However during spring and summer the currents are so strong, they pull the most experienced and strongest of swimmers under and over the falls. Swimming in the various pools and holes is very dangerous and is not recommended. The currents are always very very strong! The Medicine Bowls are strictly for looking at, NOT SWIMMING!!!

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**Fall Fashion Show**

The Women's Business Network's 2nd Annual Fabulous Fall Fashion Show will be held at the CFB Comox Officers' Mess on Thursday 11 September, commencing at 6:00 p.m. Tickets \$25.00 each. This event is a fund raiser and seating is limited to 150. Door prize: getaway for two at April Point Lodge. Silent auction and full dinner. Call Donna Stevenson 339-3996.

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**For Sale**

Floater jacket & pants, large size, ex. for boating or kayaking. \$175.00 o.b.o. 890-0784. Ask for Peter or leave message. <2/2>

**Attention prospective sailors!**

The Comox Squadron of the Canadian Forces Sailing Association has two keelboats available for skippered charter. Daily rental rates, very reasonable. For more information call Regent at 339-2554.

**Please Mum Trading Co OPEN HOUSE**

Come see the new Fall line. Refreshments, discounts & fabulous door prizes. Aug 23 @ 7:00 p.m. Call to confirm Joanne Brearley 339-7066 <1/2>

**What if one day next week you couldn't Walk?**

Or maybe you couldn't speak clearly. Or your vision was blurred. That's what it's like to live with multiple sclerosis. But with your help, we can connect with a cure.

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## TODAY'S CROSSWORD PUZZLE

**ACROSS**

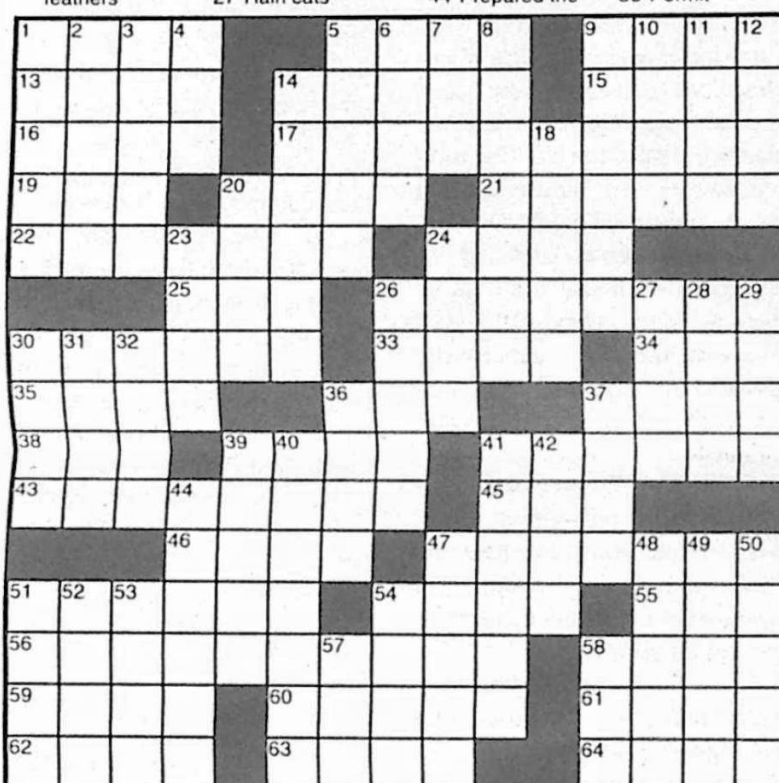
1 Take it easy  
5 H.H. Munro's pen name  
9 Fell on — ears  
13 Singer Fitzgerald  
14 Long blouse  
15 Bjorn's rival  
16 Persuade  
17 Slodding season  
19 Appropriate  
20 Singer Home  
21 Most adorable  
22 Post-sunburn problem  
24 Commotion  
25 Nutritious grain  
26 Crystalline mineral  
30 Sleazy  
33 — and the Tramp  
34 Roe  
35 Tennis pro  
36 Stir-fry pan  
37 Exam  
38 Director  
39 Spike  
41 Racetrack  
43 Australia's capital  
45 Palindromic name  
46 Small bills  
47 Supplied (an arrow) with feathers

**DOWN**

1 Summarize  
2 Wed secretly  
3 Chalkboard material  
4 Import duty  
5 Bringing charges  
6 — and the King of Siam  
7 Set of tools  
8 Freezing  
9 Copies  
10 Writer Wiesel  
11 Intends  
12 Yard parts  
14 Score  
16 Rosy-cheeked  
20 Teller of tall tales  
23 Mother —  
24 Tropical wood  
26 Plant life  
27 Rain cats

**PREVIOUS PUZZLE SOLVED**

BOAR ATTIC POMP  
LATH CHINA IDEA  
AHOT CADET ZINC  
HUNT ENERGIZED  
HOP TUBE  
AROMATIC TIRED  
NOD FETID SIDES  
KIDD DETER AGUA  
ALLAN MELON ACT  
SYNOD DISAGREE  
GERE EGO  
GALLIVANT AJAR  
AUDI VALET LAVA  
WREN EDDIE IVES  
LUNG SEALS EACH



## Gov. Gen. to preside at SAR Tech grad

His Excellency, the Right Honourable Roméo LeBlanc, Governor General of Canada, will be the presiding officer at the 1997 graduation parade for the Canadian Forces School of Search and Rescue (CFSSAR) at CFB Comox on Thursday, 21 August. At this event, ten members of the Canadian Forces will officially become Search and Rescue Technicians (SAR Techs) after a rigorous seven month course.

Governor General LeBlanc will leave at 8:00 a.m. from the downtown Vancouver Harbour pad via Labrador helicopter and will be shown a search and rescue demonstration en route to the air base at Comox. He will speak to the graduating SAR Techs, their families and invited guests at the 10:00 a.m. parade and will pin their newly-acquired SAR Tech wings onto their distinctive orange flight suits.

These dedicated personnel are trained in para-medical skills, diving, rappelling and skydiving and are dispatched from Canadian Forces aircraft to save lives in often perilous circumstances. Among these extraordinary few in this year's class the first female SAR Tech, Cpl Tammy Negraeff of Nelson, B.C., is expected to graduate.

The Canadian Forces is celebrating 50 years of Search and Rescue operations in 1997. In 1947, the Royal Canadian Air Force as made the lead agency in air search and rescue by the Minister of National Defence. In 1964, 442 Transport and Rescue Sqn moved to the base to conduct SAR operations and, today, averages 370 call outs per year. CFB Comox is the only search and rescue base west of Winnipeg and is responsible for saving lives in B.C., the Yukon and Alberta.

## Demons

...con't from page 7

Maj Byam, Cpts Granholm & Laird, OCdt Wright, Cpl McCriston - Winnipeg; Maj Sakatuk - Toronto; Capt Barret - Esquimalt; Cpts Benninger, Deniston, Kretschmann & Martin, MWO Fraser, WO Daigle, MCpls Reeves & Nickerson, Cpls MacDonald, Comeau, Phillips, Murray, Miller, Lillie, Legg & Leblanc - ZX; Capt Robertson, WO Hatch - MAGHQ; 2Lt Desilets - St. Jean; WOs Redan & Smith - Germany; Sgt Nevett - Gagetown; Sgt Ricard, Cpl Sellsted - 19 AMS; MCpl Degroot - CL; MCpl Nissen, Cpl Campeau - Ottawa; Cpl Gagnon - Montreal; Cpl Magill - Trenton; and Cpl Heward - TR.

Upcoming travel plans for Capt Lucie Gagne and Cpl Dawn Meier include a trip to the University of B.C. for the fourth Biannual Canadian Women in Aviation Conference. A big congrats to WO Skrzyzala, WO Thorne and MCpl Gilfillan and

their new brides on their recent marriages.

Of late all eyes have been looking up at the big red-tailed bird seen flying over the Comox Valley. Yes, the official Fincastle 97 crest was successfully applied to the tail of Aurora 117. Many thanks to all involved from the design to the finished product. It looks great! All of 407 is looking forward to proudly displaying the design in the upcoming International Fincastle Competition.

Crews 2 and 4 are now on block leave and enjoying our fantastic August weather while Crews 6 and 7 are spending some time away from our coast. Crews 3 and 5 are representing the squadron at the Cranbrook and Abbotsford air shows respectively.

Well, that's all for now folks. Till next time, enjoy the weather and upcoming squadron events and work safely.

## HMCS Nanaimo visits Comox



A Navy cadet helps to dock the HMCS Nanaimo at the Comox Marina on 8 August in preparation for a three day stay. Comox was the only port visited on this trip for the Nanaimo which performed navigation training for junior officers and reported on fishing and vessel activity in local waters.

**What if one day next week you couldn't Speak?**

Or maybe you couldn't walk. Or your vision was blurred. That's what it's like to live with multiple sclerosis. But with your help, we can connect with a cure.

**1-800-268-7582**

**Multiple Sclerosis Society of Canada**

## Air Cadets graduate today - thanks to 19 Wing



Glider Cadet Ryan Cornock of Victoria and instructor 2Lt Shawn Willson from Penticton. (Photo CPO2 H. Griffith)

By Maj Rob Wilson, RGS(P)

Another milestone has been reached by the Regional Glider School (Pacific). Thursday, 14 August marks the completion of the first ever summer Glider and Air Studies courses to be held at 19 Wing Comox. Air Cadets from throughout B.C. were joined this year by other cadets from Ottawa, Montreal, the Yukon and the Northwest Territories, to learn the art of flying and study numerous aeronautical subjects during the past six weeks.

The unit's Commanding Officer, LCol T.R. Byrne, says that close to 2,600 sorties were flown since July 7. That's a lot of take-offs and landings for the four Cessna L-19 towplanes and the seven Schweizer built gliders employed by the school. Each cadet received 50 in-flight lessons, including solo flights, and there were a number of familiarization flights launched for the Air Studies course and for members of the base.

LCol Byrne has expressed his admiration for all the support given by members of 19 Wing. He says "It has been an outstanding summer, thanks to the tremendous support from all sections on the base." He adds that, "support was beyond all expectations, but we should have known that the Air Force always rises to the occasion with flair."

The glider pilot training program is an undertaking through the partnership of the Air Cadet

League of Canada and the Department of National Defence. The Regional Glider School (Pacific) is one of several across the country. The flight and ground school instructors are all members of the Cadet Instructors Cadre, a component of the Canadian Forces Reserve. Several NCMs from both the regular and reserve force augmented the training program with their expertise in aviation instruction, medical supervision and clerical work.

On 14 August, 44 Glider Pilot graduates will receive their coveted "Wings" from the Reviewing Officer, 19 Wing Commander, Col B.B. McLean. Col McLean will also present graduation certificates to the 25 course graduates of the second intake of the Air Studies program.

Music for the 1997 Wings Parade will be provided by the HMCS Quadra senior cadet band, through the kind permission of Commander D. Yates. The ceremony gets under way on Thursday, 14 August at 0930 hours when the cadets form up and wait for the 1000 hour arrival of the Reviewing Officer. An aerial demonstration and a formation flypast by the school's aircraft will highlight the occasion.

All base personnel are encouraged to attend this ceremony which will take place on the AMU ramp adjacent to #3 hangar. A reception will follow in the WOs' and Sgts' Mess lounge.

**Upcoming changes will affect the safety of all boaters...**

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## Pin points in the past

(Reprinted from "Roundel" Vol 6, #10, November 1954.)

In 1935, at RCAF Station Jericho Beach, one of the flying officers posted to #4 (Flying Boat) Sqn proved himself on several occasions to be somewhat less than averagely talented as a pilot. The following poem was scribbled on the back of a sheet of DROs by Sgt H. Pearce (now Wing Cdr. H. Pearce, MBE) on the evening after the young officer's most notable piece of ineptitude. The aeroplane referred to was the type shown in the accompanying photograph, a Vickers Vancouver.



The rush was on in the flight that day  
For "904" was going away.  
The stores were drawn and rations too,  
And extra things by all the crew.

They stacked them up upon the floor  
Around the hull of "904,"  
Then bit by bit they put them in  
That poor old hull of patched-up tin.

They stowed stuff here, they stowed it there -  
In fact, they stowed it everywhere;  
And, when they'd done, the poor old craft  
Was fit to burst both fore and aft.

But down the ramp she went that night,  
And on to the buoy they moored her tight.  
At crack of dawn, if skies were fair,  
Old "904" would take the air.

Dawn cracked, as dawns have always done:  
They warmed her up, they gave the gun,  
And - round and round that aircraft went  
Until her gas was all but spent!

In desperation, all the lads  
Took out their pencils and their pads;  
The CO cried: "Let's wire and see  
How much 'll go into an old Mark III!"

The answer came: "It doesn't sound  
As though you've more than ten thousand pound.  
We cannot figure, from what you say,  
Just why your 'plane won't fly away.



"Check rigging and gas and oil and pitch  
And anything else you notice which  
Might keep the craft upon the water.  
If still she won't fly - well, she oughter."

The checks were made; once more they tried  
With throttles opened very wide -  
But round and round again she went  
Until again her gas was spent.

The engines had not missed a cough,  
Yet "904" would not take off  
The pilot cried: "We'll try no more.  
Pull the old witch back on to shore!"

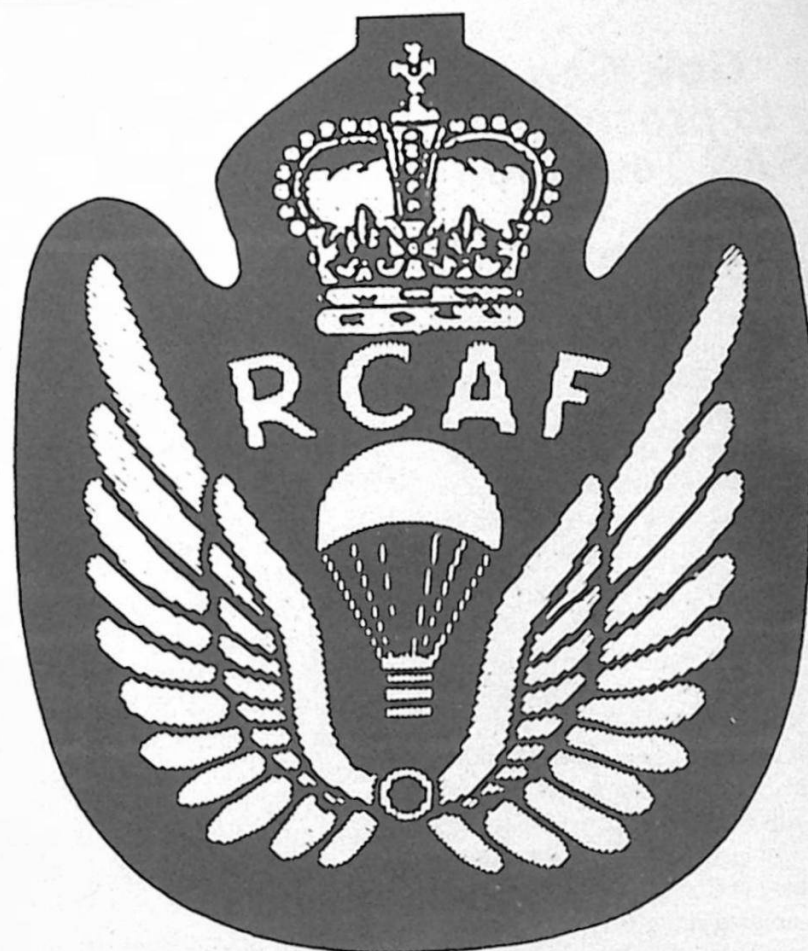
The tractor hauled her up the slip,  
And - what do you think came with the ship?  
Two freight-car wheels from a CP train,  
The mooring buoy, and a length of chain!

## Heritage Happenings

by Maj Joel Clarkston

Nautical Days is now over for the Comox Valley and the Comox Air Force Museum was a participant in full force. As a trial effort by the staff, this year the museum participated both weekends and also entered a float in the parade. The extra effort seems to be paying off in increased exposure of the museum as a number of people have passed by the main building and expressed their support of the activities. Gift shop sales have also taken a marked increase during the past three weeks. Although this could be due to a number of other factors, the extra exposure certainly helps. Our float was awarded second prize for individual entry in the parade and that helps raise the enthusiasm for next year's entry.

The Heritage Aircraft Committee is very close to painting the H-21 Piasecki helicopter. Each weekend the volunteers can be seen working on the exterior and interior in a steady refurbishment of all components. With the project nearing completion, the anticipation and the excitement that accompanies such a huge undertaking grows week by week. The Totem Times is standing by with articles on the first rescue and the first mercy flight by the H-21 in celebration of the completion and rollout. It will be nice to get a helicopter in the Heritage Air Park to balance off all of that other stuff.



## RCAF Pararescue Badge

The Canadian Forces is about to make history by graduating the first female Search and Rescue Technician. A little research in the Rowe Library at the Comox Air Force Museum revealed this little gem from a 1954 edition of the Roundel. It makes for interesting reading in light of the soon-to-be historical event.

(Reprinted from "Roundel" Vol 6, No.7, August 1954.)

A new badge for all qualified RCAF para-rescue personnel has been approved. It will be worn by the nursing sisters, medical officers, airmen, and NCOs who have completed the pararescue course held at Edmonton and Jasper. The introduction of the badge marks the first time female officers of any Canadian service have worn a Canadian badge emblematic of aerial operations.

To date five doctors, seven nursing sisters and 44 airmen have passed the 18-week pararescue course. All students on this course are volunteers, chosen on a basis of general fitness and mental alertness. On completion of the course, they are ready to cope with climbing mountains or parachuting into heavily timbered country to aid aircraft crash victims.

Each graduate makes 10 jumps before qualifying for the badge. The syllabus also includes 150 hours of first-aid instruction, many hours of lectures and demonstrations and learning to live in the open with a minimum of equipment.

## COMOX AIR FORCE MUSEUM

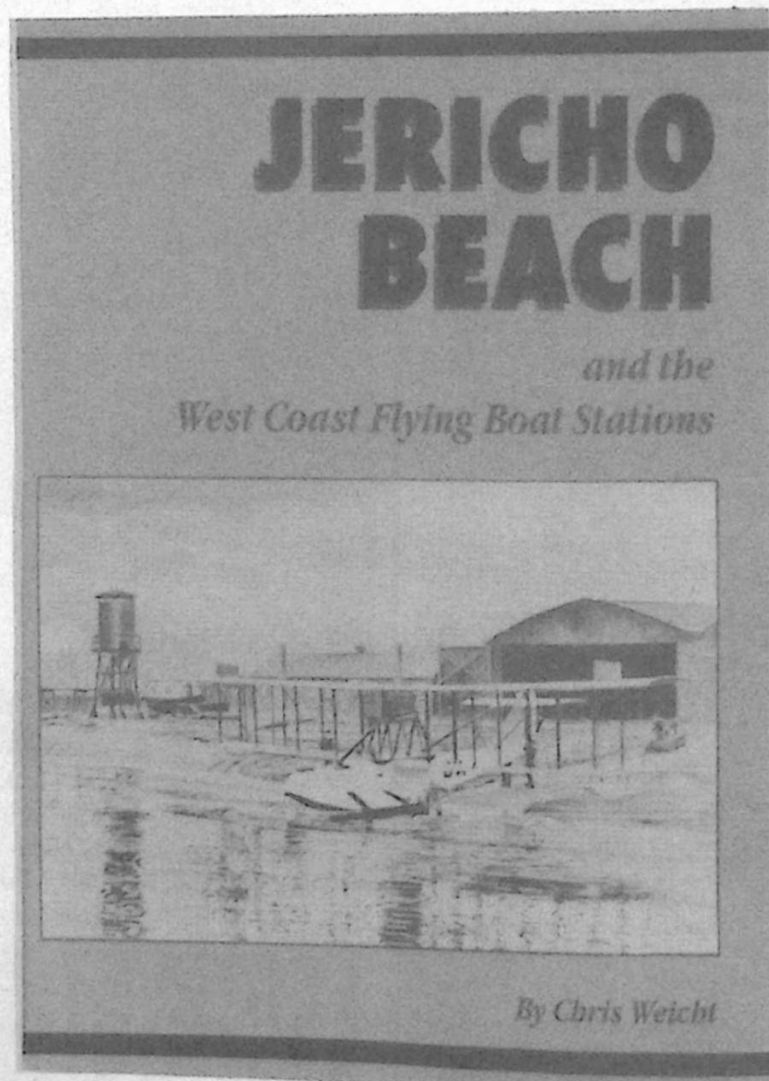
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## Jericho Beach a reference marvel

One of the newest and best resource books on B.C. aviation has recently been added to the Rowe Library and to the Comox Air Force Museum gift shop inventory. The book "Jericho Beach and the West Coast Flying Boat Stations" is an excellent collection of photos and articles on the Air Force Stations of the West Coast of B.C. These stations have been largely overlooked in many other resource publications and it is indeed refreshing to see an in-depth study of all aspects of these



very important and historical aviation units. The book deals largely with the flying boats but also looks into the Coast Watch Units, the Aircraft Detection

Corps and the RCAF Marine Squadrons. It's a must addition to any collection on West Coast aviation is available at the Comox Air Force Museum.