



# School's out!

# Please drive carefully this summer



# TOTEM TIMES



19 Wing CFB Comox B.C.

VOL 39 NO 10

The Comox Valley's Oldest Newspaper  
THURSDAY 26 JUNE 1997

COST: PRICELESS

## Military community goes green

The Base now has recycling bins for paper, cardboard, glass, metal cans and plastic milk jugs located in the Canex parking lot.

The Regional District of Comox-Strathcona Solid Waste Management Department initiated the project and is very appreciative of the support from the Wing Commander, Canex Management and the Wing Environmental Officer.

The new recycling bins are part of a pilot project to determine the feasibility of recycling in this area. If the pilot project is a success, then the Regional District will continue to maintain the program.

Before recycling your newspapers, etc., please note the following:

- When throwing out newspapers and magazines, discard the

perfumed inserts and magazine covers.

- Leave labels on glass containers but discard their lids.

- Metal cans are to be rinsed, labels removed, and squeezed shut at the top.

- Cardboard items include egg cartons, box board and corrugated cardboard.

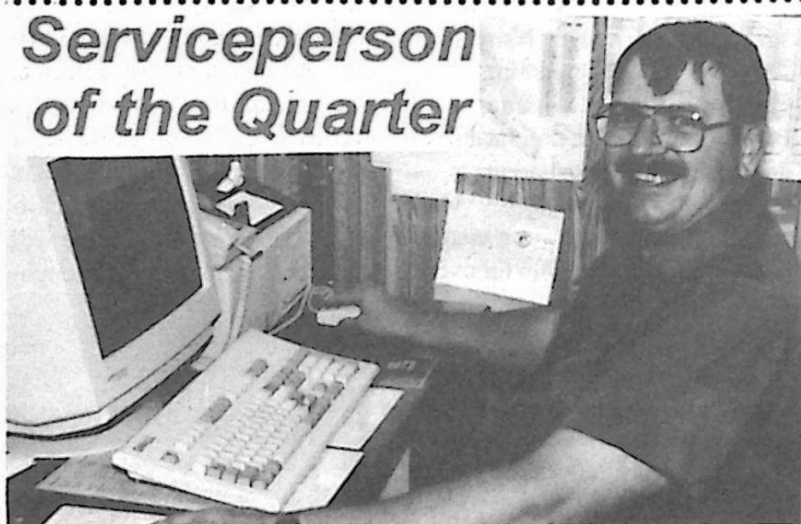
- Presently, the only accepted plastic is the plastic milk jugs which should be rinsed and without their lids.

If the bins are too full to accept recyclables please do not leave them at the site - bring them back another time after the bin has been emptied. In order for the program to be a success, community co-operation is necessary to keep the area clean and the different recyclables properly prepared and segregated.



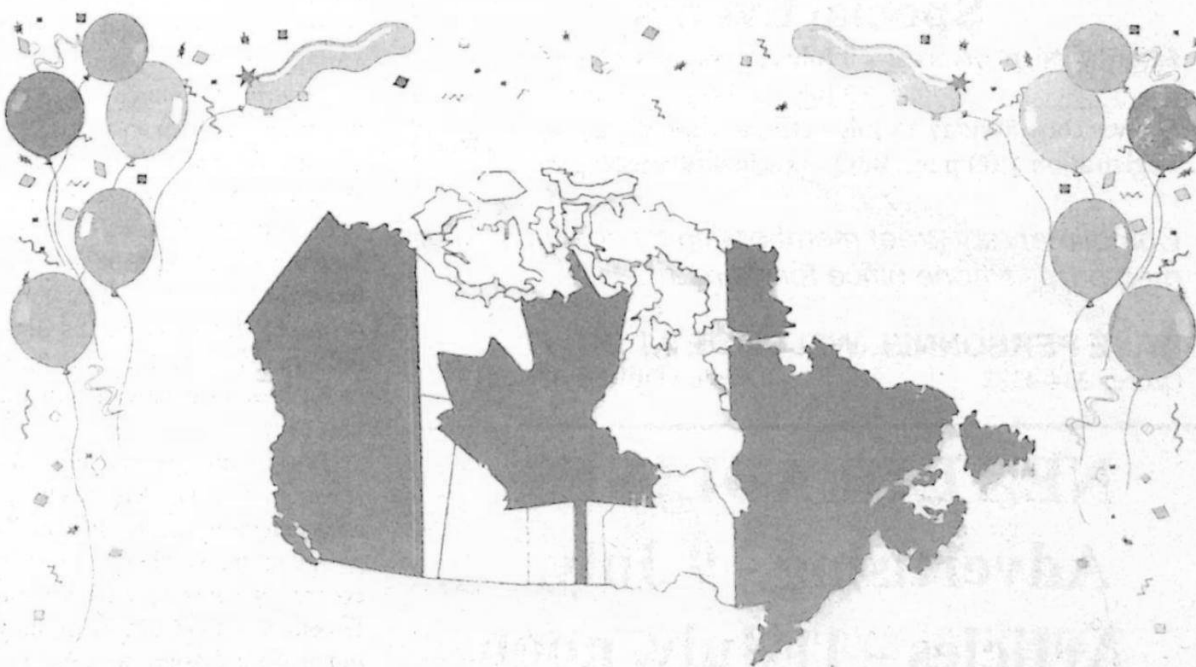
Recycling bins await you in the Canex parking lot. (Photo by Base Photo)

## Serviceperson of the Quarter



MCpl P.J. Durst is presented this award for his significant contribution to 19 Wing during the second quarter of 1997. As the Crew Chief of the Automated Information System section, MCpl Durst has become the focal point for the majority of ADP-related activities at 19 Wing. He demonstrated a level of initiative, skill, dedication and professionalism that was instrumental for the planning and coordination of the upgrade to all Wing PC workstations, the issue of newly acquired hardware, and the implementation of the new departmental desktop operating system and office automation suite. His involvement extends beyond his normally assigned duties and encompasses all aspects of military life by being an active member of the MQ community.

(Photo by Base Photo)



## Happy 130th Birthday!

### MATTRESS BEST BUYS

# OLD MEETS NEW

### Quality Furniture & Accessories

2937 - Kilpatrick Ave., Courtenay 334-9870

### Save on Every Spring Air Mattress



Savings  
up to  
**33%**



Quick Delivery Available





## Legion Log

BRANCH 160 COMOX 339-2022

### ENTERTAINMENT:

Fri June 27	...	VESTED INTEREST
Fri July 4	...	50TH PARALLEL (formerly Wild River)
Fri July 11	...	ALLEY CATS
Fri July 18	...	HIGHWAY 19
Fri July 25	...	FATMAN'S KARAOKE

### REGULAR EVENTS:

**SUNDAYS**.....Lounge Hours 12:00 Noon to 7:00 pm  
**MONDAYS**.....LA Drop-In Bingo. Upper Hall, 7:00 pm  
 Monday night Men's Dart League recessed to Sept 97  
**TUESDAYS**.....Mixed Dart League recessed to Sept 97  
 Ladies Crib League 7:30 pm in Lounge recessed to Sept 97  
**WEDNESDAYS**.....Navy League Drop-In Bingo, 7:00 pm  
 Upper Island Men's Crib League recessed to Sept 97  
**THURSDAYS**.....\*1st Br.160 Exec. Mtg. Upper Hall, 7:30 pm  
 1st L.A. Executive Meeting (as required) 7:30 pm  
 \*2nd L.A. General Meeting, Upper Hall, 8:00 pm  
 \*3rd Branch 160 General Meeting, Upper Hall, 8:00 pm  
**FRIDAYS**.....TGIF, Meat Draws in Lounge, 3:00 - 6:00 pm  
 Dance, Lounge (unless advised)  
**SATURDAYS**.....Meat Draws in Lounge, 3:00 - 6:00 pm  
**Hall Rentals or requests for Special Functions:** Please contact  
 Ken Seymour in office, Mon - Fri, at 339-2022.

BRANCH 17 COURTENAY 334-4322

### REGULAR EVENTS:

**BINGO**.....every Thur, Fri & Sun 7:00 pm  
**MEAT DRAW**.....every Fri 6:30 pm. Also every Sat 3:00 pm  
**DANCE**.....every Friday night, 8:00 pm  
 27 June.....Eldorado  
 4 July.....Easterners  
 11 July.....Norm's Combo  
 18 July.....Andrew Schmidt  
**FUN CRIB**.....every Wednesday night 8:00 pm  
**FUN DARTS**.....every second Thursday night 7:30 pm  
**BARGAIN DAY**.....every Tuesday, all day  
**BBQ LUNCH SPECIALS**.....every Weds & Fri 11:30 am - 1:30 pm  
 "New" Steak Sandwich \$4.00  
**GENERAL MEETING**.....cancelled for July & August.  
 Next General Meeting will be held 23 September.

### Special Events

**Saturday Night Dances:** 5 July.....Wayne's Music  
 19 July.....Wayne's Music  
**Games Day:** Sunday 13 July - crib, euchre, darts.  
 Registration 1:00 p.m. BBQ - music 4:00 - 6:00 p.m.

Complimentary (free) membership for serving CAF members. Phone office for more info.

**BASE PERSONNEL WELCOME AT BR. 17**  
 Office: 334-4322 Service Officer: 334-3613

## NEXT DEADLINES

Advertising - 9 July.

Articles - 11 July, noon

## Thank you for your support

We, at the Totem Times, would like to encourage all our readers to support our advertisers, without whom we would not exist.

### Murphy's Laws of Combat Operations

• You are not Superman • Recoilless rifles - aren't • Suppressive fire - won't • If it's stupid and it works, it ain't stupid • Incoming fire has the right of way • Automatic weapons - aren't • Friendly fire - isn't • The easy way is always mined • Try to look unimportant; they may be low on ammo • Never draw fire; it irritates everyone around you.



### CF Photo Contest

The annual CF Photo Contest will be held in Ottawa 30-31 October 97. It is open to Regular, Reserve and Civilian employees and their dependants. Cadets and retired CF military members are also eligible. Colour or black and white prints can be entered in the following categories: Military Life, Portraits, Special Effects, Sports, Technical and Open, up to a maximum of six entries per person.

The 19 Wing Photo Section is the unit contest coordinator. All entries are to be submitted to the section by 17 October for forwarding to Ottawa with all the proper entry forms.

For more information on contest rules and details, watch for the Routine Orders or contact your friendly Photo Section at local 8324.

by Jim Ramsay,  
CFHA Coordinator

In the past few weeks we have had some questions concerning the new policies of march-in/march-out procedures. Although only a little has changed, there are a few differences. The best way to become informed of the new way of doing things is to either come in to our office and have a talk, or to give us a call at 339-1947 and we will be glad to answer any questions that you may have.

Some of the most common questions are about the pre-march-out inspection and the varying amounts of cleaning to be done during the march-out. Both are quite simple to answer.

The pre-inspection, which is done approximately 60 days prior to the actual march-out, identifies how much work in general has to be done to the unit, if there is any damage that the occupant will be held responsible for and, basically, how fast we can turn the unit over.

During the pre-marchout inspection, it can be identified to the occupant how much cleaning is going to be needed. This, of course, is dependent on several factors, the main one being how much we are going to do to the unit. In the past it was required that major cleaning be done prior to sending in tradesmen to do the necessary repairs. That is not the case now. There is no sense in waxing a floor that is going to be ripped up. Also, people are allowed to either do their own cleaning, or to hire cleaners if they wish. Because of our contract policy, we do not keep a list of cleaners for hire at this time. However, we are looking at ways of providing this information in the future.

That is all for now from CFHA. Hope you have a great summer and, if you are one of the chosen few, a great move.

## Union of DND Employees presents bursaries

In May 1984, the members of Union of National Defence Employees (UNDE) Local 1007, CFB Comox, set up two bursaries of \$200 each, later increased to \$300 each. The bursaries are intended to assist graduating students from Highland and Georges P. Vanier Secondary Schools with their studies in a vocational field.

The successful applicants must show an aptitude in their chosen field and a scholastic standing of at least a grading of "C." All students entering schools such as BCIT, Malaspina, Camoussin, etc., may apply. However, preference is given to dependants of members of UNDE Local 1007.

The members of UNDE Local 1007 are pleased to announce the bursary recipients for 1997:

Highland Senior Secondary Bursary and Scholarship Awards Ceremony was held on 17 June. Parminder Kaila, age 17, will attend classes at North Island College in the Comox Valley, taking classes in Computer Science, and eventually plans to become a Computer Programmer. Parminder's parents are Gurdian and Gian Kaila. Gian is a member of Local 1007, employed in the Construction and Engineering Section as a Refrigeration and Air Conditioning Technician.

Georges P. Vanier Secondary School Commencement Exercises were held 7 June. Vanessa Collins, age 17, will attend Malaspina College in Nanaimo, taking classes in Nursing and eventually plans to obtain a Bachelor of Nursing or Education degree. Vanessa's parents are Sheila and Garry Collins. Vanessa's grandmother was a member of UNDE Local 1006 for over 30 years.

On behalf of the members of UNDE Local 1007, the Bursary Committee congratulate Parminder and Vanessa, extending best wishes in their future endeavours.

## 1997 SUMMER SWIMMING PROGRAM

### First Session - 7 to 18 Jul 97

> Registration: 2 to 3 Jul 97  
 > Time: 0830 - 1130 hrs  
 1800 - 1900 hrs

### Second Session - 21 Jul to 1 Aug 97

> Registration: 18 Jul 97  
 > Time: 0830 - 1130 hrs  
 1800 - 1900 hrs

### Third Session - 5 to 15 Aug 97

> Registration: 1 Aug 97  
 > Time: 0830 - 1130 hrs  
 1800 - 1900 hrs

### Fourth Session - 18 to 29 Aug 97

> Registration: 15 Aug 97  
 > Time: 0800 - 1130 hrs  
 1800 - 1900 hrs

Cost: Level 1 to 6 \$24.00  
 Level 7 to 9 \$30.00  
 Level 10 to 12 \$40.00

Lesson: All lessons will be held between 0830 to 1130 hrs, from Monday to Friday at the Base Rec Centre Swimming Pool.

Registration: All registrations will take place at the Base Recreation Centre.

\* For more info, contact J.C. Fromont at 339-8211 Local 8315

## Coffe House Musical Revue

Sunday, 29 June  
 2:00 p.m.  
 Officers' Mess  
 \*\*\*All welcome\*\*\*

## Get ready to RUN

Here's your chance to do it! Yes, July 1st is coming and one of the best chances we have to test ourselves will be by entering the Fun Run. Many, many people here in the Comox Valley are into improving their health by walking or running. We do it once in a while when we feel like it or we are the dedicated every morning at 7 a.m. types. Some of us are getting this exercise running to school or work - whatever - July 1st should be on your calendar.

The Fun Run happens as a preliminary event to the Canada Day parade. It is co-sponsored by the Comox Valley Road Runners and the July 1st Committee. This year the run will be on Tuesday morning July 1st. There is NO ENTRY FEE, the only requirement is that each person signs a waiver of responsibility. Each person who registers at the start of the race on Woods Avenue and Fifth Street will be given a Canada Day pin and ribbon. These will be your ticket to participate in the measured mile run.

This event is very exciting. It is open to all age groups. There will be some very fast times, helped in no little way by the fact that the one mile course is set all down hill! Many people will be coming out because of the fact that they can get an official time for running an exactly measured mile. The Comox Valley Road-runners will have available a timing device able to measure each runner and give them their time.

Last year Scott Sexton was fastest runner, with a time of 4 min 32 seconds. The fastest woman to run was Marguerite Masson-Wood. Perpetual trophies are awarded to the first man to cross the line and to the first woman to cross the line. Everybody who participates in the race will be welcome to share in drinks and food which will be provided and there will be some great prizes to be drawn for as well.

Registration will take place just before the race begins - 9:30 to 10:15 a.m. at the take-off point, which will be near the corner of Woods Avenue and Fifth Street.

This is a unique event. It is just for fun - no cost to the runner and everyone is encouraged to come and try their best. As there will be people running at many levels of expertise we ask all spectators to NOT BLOCK THE ROUTE and stay on the sidewalks. Let the run be as safe and enjoyable as possible!

## TUESDAY, JULY 1ST FUN RUN

Register between 9:30 am and 10:15 am at corner of Woods Ave. & 5th Street, downtown Courtenay.

Co-Sponsored by C.V. Road Runners and July 1st Committee.

## What's new at the Gym



Allow me to introduce myself. I am the reincarnation of the Wing Physical Education and Recreation Officer (WPERO). My name is Ms. Bobbi Howard (vice Capt) and my new title is Fitness, Sports and Recreation Director. My staff and I have undergone dramatic changes in the past few months with the elimination of the PE&R branch and the standup of the new Personnel Support Agency in Ottawa, which replaced DPORA. Some of the PERIs are continuing their military careers in other classifications, while others were given an early retirement. The new FS&R staff at 19 Wing are all ex-PERIs with an abundance of experience. In the next several weeks you will be introduced to each one as they tell you about their area of expertise.

First of all I should mention how we came to form this staff.

The five full-time NPF positions that replaced the military positions are classified as Category II and are funded by Ottawa. Each of us was required to compete for the jobs we now hold. PERIs and PEROs from all over Canada were allowed to apply for whichever position, or positions, they wanted. Each base shortlisted four or five individuals who were then interviewed by

a panel. Comox was very fortunate in that all the number one candidates, as determined by the hiring board, accepted the Base's offer of employment. The hiring process was a new experience for those of us who have been in the military for most of our working lives. At the conclusion of this stressful procedure, I became the administrator of this newly formed unit.

My new job as FS&R Director does not differ very much from my previous position as WPERO. I oversee the PE&R programmes and facilities at 19 Wing with the assistance of a full-time NPF staff of four, as well as numerous part-time and casual employees. Professionally, the most noticeable modification is the direct supervision of four individuals instead of one. I have coordinators for each of the major areas of responsibility: Facilities, Sports, Fitness and Recreation. These coordinators take care of the day to day operations and advise me regarding their area of responsibility. I manage the NPF and public budgets, implement policy, work on long-term planning and liaise with Branch Heads and COs in the matters of FS&R. As you may have noticed, my order of dress has changed, not my mandate.

The transformation of the gymnasium staff has had an imperceptible effect on military members. The CF is still responsible for providing publicly supported facilities and FS&R activities to service members. My staff and I will do our part by continuing to provide a high level of service and commitment to 19 Wing in the future. We look forward to the continued support of all the sections and encourage everyone to take advantage of the many programmes offered to the

military community through the new Fitness, Sports and Recreation organization.

## Fitness, Sports and Rec Facility Coord

(Mr. Mike Chatwin, CD (WO retired - PERI 851)

As part of the continuing introduction of your new Fitness Sports and Recreation Staff, I would like to first introduce myself to those of you who are new to the area and also to those whom I never had the pleasure of having been formerly introduced to.

I enjoyed a very rewarding and satisfying 19 year career in both the Regular Force and Reserves of the CAF in both the Communication and Physical Education fields, attaining the rank of WO and finishing off right here in Comox as the former Senior PERI.

My past military adventures, which first started as a Lineman and Radio Operator, included postings to the 1st Canadian Signal Regiment in Kingston, Baden Germany and CFS St. John's. After answering my true calling and remustering to the PERI trade, I enjoyed such postings as CFS Masset, CFB Kingston, the Royal Military College, 19 Wing Comox and tours with the MFO in Egypt and, more recently, my final tour with the UN in the Golan Heights on the Syrian/Israeli border.

Unfortunately, the PERI/PERO trades are no more and I was forced to make that dreaded decision we that served all have to make at some time - that dreaded "R" word. Fortunately, for some of us, we were given the golden opportunity to continue doing the things we love, working in the wonderful world of sports and fit-

## Celebrate Canada

The National Capital Commission has planned a great line-up of activities for this Canada Day which will feature live performances sure to please visitors to the capital and Canadians tuning in to the live Canada Day telecasts on the French and English CBC television networks coming to you straight from Parliament Hill on July 1st.

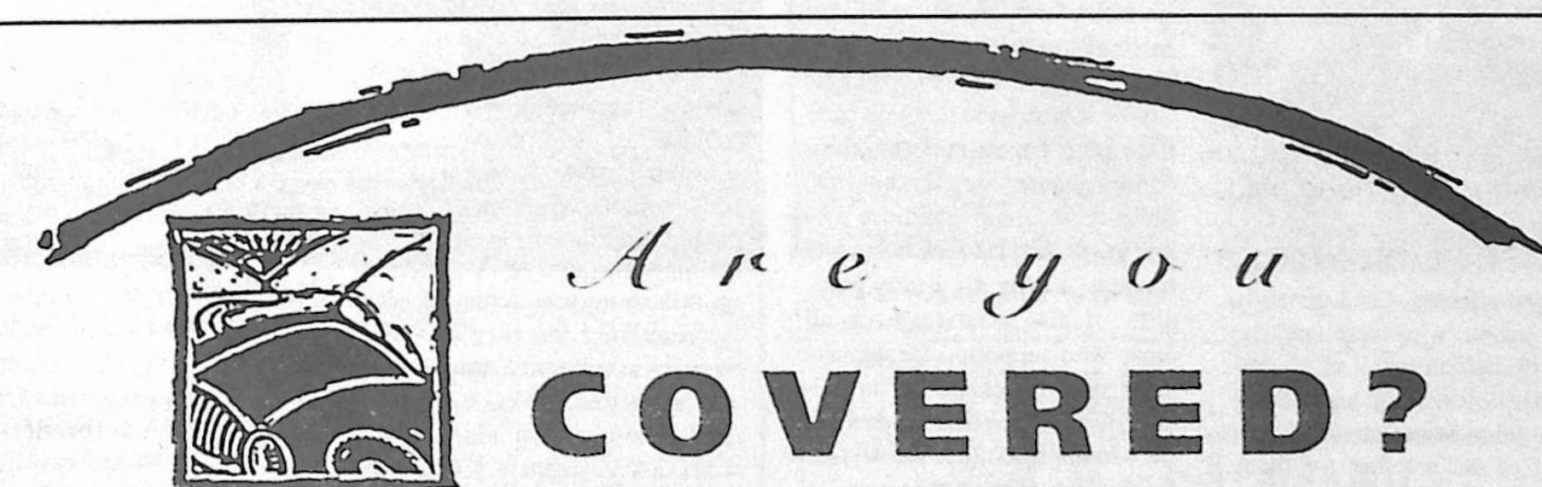
Join host Roch Voisine for the noon-time show broadcast, live on CBC/SRC (12:00 EST). The show starts with the Snowbirds flying above Parliament Hill and continues with performances by Great Big Sea, Tom Jackson, St. Pat's Dancers, the Tudjaat, Wesley Chuy, Angele Dubeau et La Pieta, Bach Elgar Choral Society, Lyne Fortin and the Canadian Forces Band.

In the evening, you're invited to The Canada Day Show, live from Parliament Hill. This year's line-up includes: Lara Fabian, Rude Luck, Great Big Sea, Terri Clark, Bare Naked Ladies and Roch Voisine. The host the of show is Sonia Benezra. Tune in to CBC at 9:00 p.m. (EST) for this high energy Canada Day spectacular.

ness, and staying right here in the Comox Valley.

On a more personal note, I have been involved in the Canadian Military way of life all my life - first growing up as a military dependant and then with the Cadets, Reserves and Regular Force. I am married to Patricia (Galway), formerly of St. John's Nfld. and have two children, Lisa aged 15 and Paul 13.

Continued on page 13...



When it's time to purchase B.C. Plates, or renew your car insurance, your independent insurance broker covers you best.

"Insurance with a difference for over 30 years!"

COMOX VALLEY INSURANCE SERVICE LTD.

3 LOCATIONS TO SERVE YOU BETTER!

491 Cumberland Rd.  
Courtenay

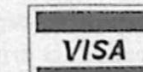
338-1401

1211 Ryan Rd.  
Courtenay

334-2104

1782 Comox Ave.  
Comox

339-4847

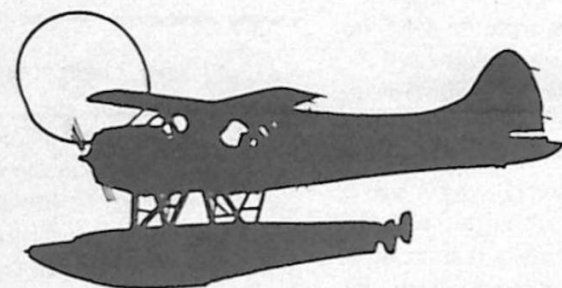






A recycling depot right on our own doorstep. Now that's progress! I'm sure you've all noticed by now the green bins in the parking lot by Canex. They're not all that pretty, but I've seen a lot uglier too. It's the second in a series of four pilot projects by the Regional District for the collection of recyclable materials. If they're successful, and I'm sure they will be, then a further 15 such stations will be located throughout the district. Fifteen stations for an area that stretches from Denman Island to Zeballos is not all that many so I think we should consider ourselves fortunate to have one less than one kilometer from the PMQs. Bob Allan, the Environmental Officer is the person responsible for getting us this station, along with the enthusiastic support of the Wing Commander, and I think he deserves praise for his success against other interested parties who actively sought to win this station for themselves. Scoff if you will, but it really is difficult to get something like this away from the core of the valley's population and there was considerable good will generated on Mr. Allan's part to win out against all other contenders. Now, use it or lose it.

Joel Clarkston



(The following letter has been received by Wing Commander, Col B.B. MacLean.)

#### LETTERS TO THE EDITOR

Dear Sir:

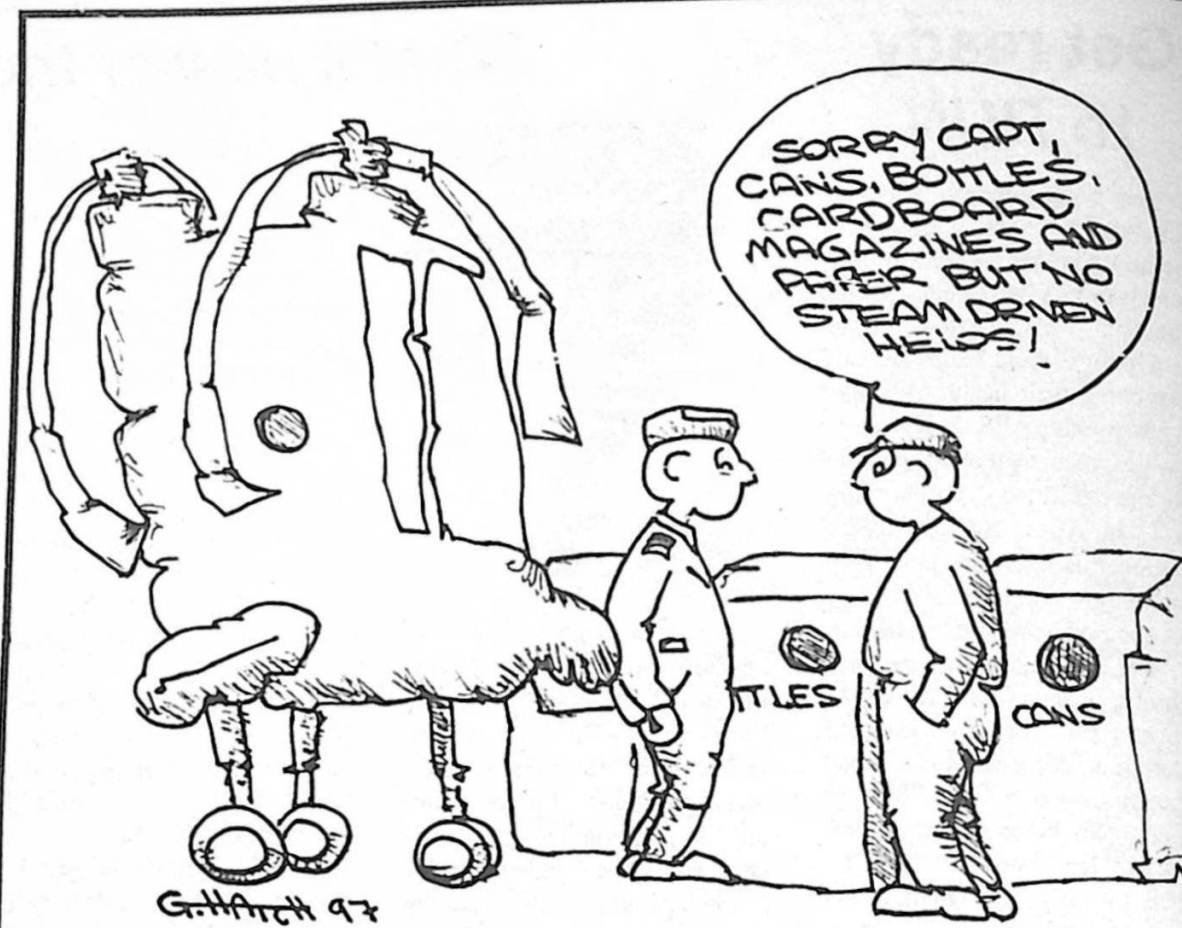
I wanted to write as a Winnipegger and a Manitoban to express my heartfelt thanks to the personnel of your wing who came east to help us in our "Flood of the Century" fight recently. I personally was fortunate not to have my property affected, but I certainly know people who were, and the loss inflicted on many of my fellow Manitobans is no less painful to me. It has been a stressful time for all of us, whether for those who have suffered damage or those of us who have tried hard to help prevent it. Nevertheless, we'll get through this episode and move forward, and I, for one, really am grateful for the steady support offered by Canada's armed forces - including the good people of 19 Wing - to help keep us going.

The work performed by your personnel may not have been as visible to us here in Winnipeg (though I became very used to the "rotary wake-up call" in the mornings!). Rest assured, though, that everyone who contributed in the effort provided a most valuable and necessary service. Thankfully, the absolute worst-case scenario did not materialize, but there would have been

no lack of preparation. I hesitate to single out anyone by name for fear I'll leave somebody out, so for those who were in the air (perhaps plying their trade over this "prairie ocean" was a somewhat novel experience) and those who helped on the ground in whatever capacity, I offer my hearty gratitude. I also want to thank all those who supported the deployment from "back home" in Comox, for an operation needs them for it to run smoothly. Finally, for the families of those who came to Manitoba your loved ones have made a difference and it is much appreciated.

Nobody would ever wish for circumstances such as the Red River flood of 1997 to make history. Nevertheless, I hope your personnel are looking back at their role in the largest domestic peacetime operation with a lot of pride and satisfaction. I'm delighted that the whole of Canada has been seeing what I've always known to be true, that our men and women in uniform are among the most dedicated and loyal citizens our country can produce.

Again, many thanks for a job well done.  
Sincerely,  
Nancy Holm



#### Misconceptions of 19 Wing recycling!

#### A picture is worth....

Will you be submitting an article on an upcoming event? Would a photograph make your article more appealing and eye-catching? We now have a photographer on staff who will try to be there and capture the moment on film for you. At least one week prior to the event call 338-1956 and ask for Bob, or leave a message. We will do our best to get the photo you desire.

#### 10,000 flying hours!



A milestone was achieved recently when MWO Joe Lapointe accumulated the rare feat of 10,000 hours (1.14 years) while serving as a Flight Engineer in the Canadian Forces. To accomplish this feat, MWO Lapointe started his flying career in 1975 and has been an aircrew member on CH113 Labradors, CH113A Voyageurs, CC137 Boeing 707s and CP140 Auroras. On hand to present him with a certificate, signed by the Commanders of ATG and MAG, was our Wing Commander, Col B.B. MacLean. From the CO, officers and NCMs of 407 Sqn, we salute MWO Lapointe on achieving this milestone in military aviation.

(Photo by Base Photo)

#### Re: Terry Fox Foundation letter to the Minister of National Defence.

In a recent letter sent to MND, the International Director of the foundation expressed deep gratitude for the CF/DND past support of the annual Terry Fox Run. The letter underlined that the involvement of all CF personnel, whether from an organizational or participation perspective, is critical in the success of this programme.

In 1996, the participation of Canadian Forces personnel, both in Canada and abroad, helped the Terry Fox Foundation boost the total monies raised for cancer research by 14% over the funds raised in 1995. This increase directly reflects the commitment of CF personnel to the programme.

On behalf of the minister and the A/CDS, thank you for your continuing support of this most worthwhile endeavour.

#### RCAC Station Comox

EDITOR IN CHIEF  
Major Joel Clarkston

MANAGING EDITOR  
MCpl Edith Cuerrier

WING PAFFO  
Capt David Krayden

CARTOONIST  
Gord Hatch

TYPESETTER/BOOKKEEPER  
Jenny Cooper

PHOTOGRAPHIC DEPT.  
Sgt Robert Trombley

PRODUCTION STAFF  
MCpl Brenda Trombley

CIRCULATION  
Jenny Cooper (339-3486)

PHONE: 339-2541

FAX: 339-5209

Address correspondence to:  
The Editor, Totem Times,  
CFB Comox, Lazo, B.C.  
V0R 2K0

SUBSCRIPTION RATE  
\$15.00 per year, GST included.

The TOTEM TIMES is an unofficial publication of 19 Wing CFB Comox, B.C. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF, or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charged for the erroneous item. Material may be reprinted with attribution.

Published 19 times a year with permission of the Wing Commander, 19 Wing CFB Comox, B.C. Publications Mail Registration No. 4098. Printed by Ladysmith Printing, Ladysmith, B.C.

OFFICE HOURS  
Thursday 0900 - 1600  
Deadline Friday 0830 - 1600  
Monday 0830 - 1600  
Tuesday 0830 - 1200

#### 407 Sqn



#### Demon Doin's

Once again it is time to report on the happenings in the 407 Sqn Maintenance Flight. This can be summarized in one word... busy. Most of the ETO section is off doing load training. "C" Crew is down at the arming point doing run-ups on the Periodic aircraft and a recent swarm of engine snags has kept all the AVN techs in Servicing and Engine Bay swamped.

Servicing is adjusting to yet another change to the shift schedule. This time it is just a slight adjustment to the shift hours in an effort to make the early shift a little easier. The early shift was moved back by two hours and changed from a ten hour shift to a nine hour shift.

The ESO section has been pounding away at the keyboards putting how we do things onto paper in the Manual of Aerospace Procedures (MAP). The initial issue of the MAP should be available by the end of August. WO Lowdon has taken a little break from the MAP in order to organize the Kamloops Air Show and the maintenance portion of Fin-castle. The last few days he has been busy manipulating pixels to add the proposed tail logo for the Fincastle competition aircraft to an existing photo. This photo will be sent to higher headquarters to get approval to paint the aircraft.

A bit of good news for Servicing as well as for the other squadrons: the new wash hangar is well underway. Most of the design has already been completed and construction is scheduled to begin in July. The hangar will hopefully be finished and ready for use by April 98. It will be a great improvement over the current wash facilities (if you can call them wash facilities).

The contract for second line maintenance of some of the CP140 Aurora avionics is progressing well. The contractor site-reps are now in place in Building 46. The building itself is undergoing some renovations

but should be complete soon. The new contract seems to be an improvement over the way we used to do business. One comment from Supply was that they have never seen so many spare MPDs on the shelf.

We will have some visitors to the squadron for the next two months. Six AERE Practical Phase Trainees (PPTs) will be at 19 Wing, two of whom will work for 407 Sqn. They will be learning how to become competent AERE officers (and learning that 407 Sqn is the best squadron the the CF). One of them is already well aware of this fact: Les Andrew, who left the squadron not too long ago as a corporal, has returned as an AERE OCdt. Welcome back.

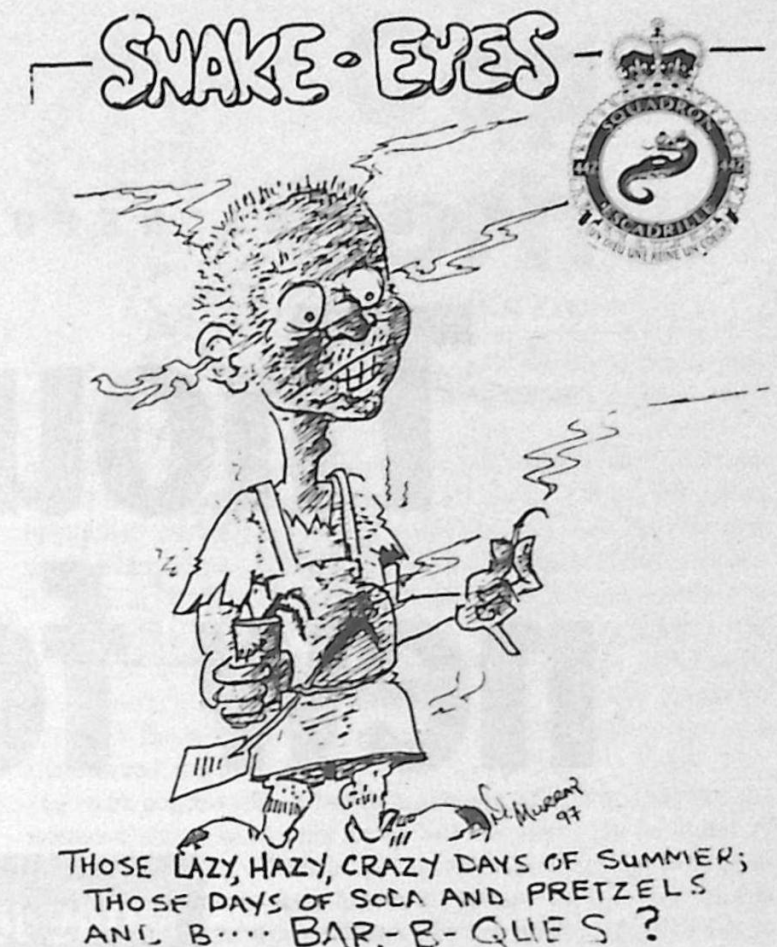
Once again it is posting season and the changes to the squadron are numerous. Almost all the squadron executive are changing. The only ones remaining the same are the CO and MFC. There are not that many changes to the Maintenance Flight executive. WO Tom Gale has rejoined his wife in Cold Lake. His replacement isn't due to join us until later this summer. Capt Ward Fleet will be arriving shortly from the disappearing MAG HQ. He will be filling an AERE officer position left vacant for the last year. These are just a few of the personnel changes this APS. To those of you posted in: welcome to 407 Sqn. To those of you posted out: good luck in your new posting. To those of us staying right where we are: TIME FOR A BEACH BASH!!!



MCpl Claude Marcotte receives the Wing Commander's Commendation from Col. MacLean. MCpl Marcotte is also the recipient of the Demon Tech of the Year Award.



Cpl Marie-France Paquet-Combe receives the Demon of the Year Award from LCol Reaume.



Cpl Rick LeVigne, an AVN tech at 442 was presented with a CO's Commendation for his outstanding work during the MOC 500 series IOC.



Sgt Ian Davenport was promoted to Sgt and presented with his new rank.



Capt Marc Favre received his CD from LCol Paul.

**Harreson's Military Store & Outdoor Supplies Inc.**  
Bay 11-7381 Island Hwy, Merville B.C.  
1-604-337-8299  
FAX 604-337-8296

Military clothing/Uniforms  
Combat boots & Uniforms  
Cap badges-ensignias•Knives  
Tents•Medals•Pepper spray  
Outdoor supplies•Nato•Cdn  
U.S. Sleeping bags•Tents  
Medals•Ribbons-mounting,  
Raingear-military & civilian  
new/used•Sunglasses•Flags  
Parachutes•Packsacks,  
Webbing•Camo uniforms,  
Everything for the outdoors,  
We Also BUY Military Items

YOU COULD LOSE YOUR HOUSE  
IF YOU DRINK AND DRIVE  
DRINKING DRIVING COUNTERATTACK

BLIMEY LIMEY  
FISH & CHIP BUS  
TUESDAY IS SENIORS DAY  
2 FOR 1 HOTDOGS ON SUNDAY  
1496 Ryan Rd., Comox

Drop in and see our ever changing Spring & Summer flowers available for that special occasion. A birthday, A wedding, or just because.  
**flowers**  
quality fresh cut GROWER & DIRECTOR quality fresh cut  
897-1795  
#101A, 1005 CHffe Ave., Courtenay, B.C.

**REID'S COURTENAY** **Esso**  
• In Province Vehicle Inspections  
• Engine Steam Cleaning  
• Exhaust Systems  
• Truck & Auto Repairs  
• Auto Propane & Repairs  
• Propane Key-Lock  
RENT-A-WRECK RENTS  
Moving Trucks & Buses  
CARS  
Pick-up Trucks  
334-2060  
451 RYAN ROAD, COURTENAY - DAVE REID 334-3844



## PROGRESS REPORT TO BRITISH COLUMBIANS

# Thousands of new forest jobs.

**O**n June 19, the forest industry and the Province of British Columbia concluded a Jobs and Timber Accord which includes commitments to create 39,800 new jobs – 22,400 direct forest jobs and at least 17,400 indirect jobs.

## The Jobs and Timber Accord

Sustainability means not only sustaining our environment, but also sustaining our forest communities.

We can do this by making the most of the available timber and renewing the health and productivity of the forest. The Accord sets firm targets to strengthen our forest industry. It will:

- create more jobs here in BC by directing more raw lumber to secondary industries, instead of sending jobs out of the province with the wood we export;

- require more jobs from companies who harvest timber on public lands;

MORE JOBS:	DIRECT	INDIRECT
from small business and secondary industry	6,500 new jobs	
renewing our forests	5,000 new jobs	At Least
from forest companies	5,900 new jobs	17,400
from new work arrangements	3,000 new jobs	
restoring salmon streams	2,000 new jobs	

■ require new investment in reforestation and silviculture.

## A New Day in the Forest

If we don't look after the forest, we cannot sustain our jobs, communities and environment. In the past six years, British Columbia has become an acknowledged world leader in protecting our environment.

We are looking after our forest resources through Forest Renewal BC. We are providing the best overall protection of the forest environment in the world through the Forest Practices Code. And we are providing certainty for resource users while at the same time doubling BC's parks and protected areas with balanced land use decisions.

Forestry is a sunrise industry in British Columbia, not a sunset industry. The next step in renewing BC's forest sector will be to create thousands of new full time jobs. And we'll do it without sacrificing our high environmental standards. We have the expertise, the will and people to do it.

## FOREST JOBS for BC

If you want to know more, call: 1 800 565 4838



The 19 AMS CO, Maj Bourget, was busy this month doing the old "grip and grin" thing - presenting several awards, commendations and certificates to deserving members of the squadron.

With the expiration of the 12 year Statute of Limitations on all unsolved and undetected crimes, CD medals were presented to MCpl Dunn, MCpl Maye, MCpl Reese and Cpl Forget.

For his participation in cavorting throughout Haiti for six months, Cpl Barnes was the recipient of the UNMIH and UNSMIIH clasps for the UN medal.

CO's Commendations were awarded to Sgt Coates for his quick action and first aid skills which saved the life of the squadron's favourite guppy, and to Cpl Sellsted for the exceptional work he did during IOC training.

For his involvement in drugs (Drug Awareness Week, that is), MCpl Staples received a Certificate of Appreciation. Finally, for his suggestion on how to build a better cog or sprocket, or something, Cpl Webb received a Suggestion Award and the first of many (so he hopes) royalty cheques.

Congratulations to all the recipients. In the last issue all the departing members were bid a fond adieu, bon voyage and, in the case of WO Cook, a good riddance (from the SWO's perspective anyway). Jim's presence (not to mention his constant reminder that he does have access to weapons and a water tower) will be missed at the Wednesday morning coffee breaks...yep.

At this time we would like to welcome to the squadron some of the new members who have started to filter in. WO Denis Cormier and Cpl Emile Guimond have both just arrived from CFB Bagotville and will be employed in the Wg Arm't and Avs Labs Sections, respectively. Also new to our squadron is Cpl Vandervoort, a Supply Tech reservist, who will work in our Inventory Control Section. Welcome, and we hope you enjoy your tour here.

Until next time, Mens Sana In Corpore Sano.

## Congratulations!



MCpl Dunn receives his CD from Maj Bourget.



MCpl Maye, CD.



Cpl Barnes, UNMIH and UNSMIIH bars.



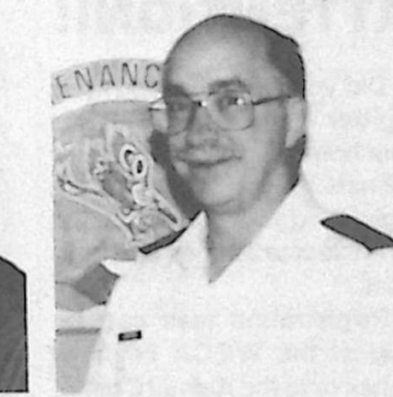
Cpl Forget, CD.



MCpl Reese, CD.



MCpl Staples, Drug Awareness Week Certificate.



Sgt Coates, CO's Commendation.



Cpl Webb, Suggestion Award.



Cpl Sellsted, CO's Commendation.



## Cops Corner

by Cpl K.E. LeBlanc

Welcome back to Cops Corner. In this issue we would like to take the opportunity to congratulate the 19 Wing SAMP Flt Thunderbird Challenge Team.

As stated in the previous Totem Times, the Thunderbird Challenge is an annual Military Police competition held at 17 Wing Winnipeg, Manitoba. We are very pleased to say that this year 19 Wing had the best showing it has ever had since the inception of the competition here in Canada. This year's team consisted of team captain Cpl F. Perry (pistol/rifle/confidence course), Sgt M. Lunge (pistol), Cpl E. Niclaes (rifle/confidence course), LS D. Stevens (rifle/confidence course), and myself (pistol). As well, we were joined by MWO M. Baye, who had been invited as an official visitor, but who also worked as team motivator.

The week began with some training on the rather impressive Confidence Course, and I have never been so happy to be afraid of heights in my life. To this day, I don't know how some of the competitors got over those obstacles without getting nose bleeds from being so high off the ground. (That 40 foot ladder looks even higher from the bottom!)

The first event was the Confidence Course, which was rain delayed just prior to the Comox team competing. When our team finally got their chance the following evening, they did extremely well considering that, due to the delay, the majority of the team had just finished the rifle and pistol competitions on the same day.

Our rifle team placed second overall in this gruelling event, scoring just shy of the Winnipeg team (who, we might add, did have the home field advantage!). Special congratulations go out to our team captain, Cpl Frank Perry, for not only managing to keep his sanity trying to lead our group, but for managing to obtain the highest individual range score during the Combat Rifle event. This was no small accomplishment in an event with 48 competitors!

Not to be outdone, our pistol team also took second place during the competition, again being beaten by the narrowest of margins by the first place team from 8 Wing Trenton.

As if this were not enough from such a small SAMP Flt, we weren't done yet. Four of our members will be returning to Winnipeg to compete for a spot on the National Team which will represent the CAF at the Peacekeeper Challenge, being hosted by the USAF Police in New Mexico. As only 18 MPs from across Air Command were invited back to vie for the nine positions on the team, we should be very proud of the fact that Comox has achieved four of those spots. We wish the very best to Cpls Perry and Niclaes and LS Stevens and Tucker. We will keep you posted on their progress.



MP's new look; if you don't want a closer view, don't speed!

## DRIVE THE BEST BUY



1995 MALIBU 185 Hardtop  
3.0 L. Mercruiser Inbd/Outbd  
Stand-up Canvas  
Depth-Sounder, Trailer  
221 Hrs. on unit, EXCELLENT

STK# 9054B

Price: \$18,200.00

To View Call BILL at... 334-2425 Bill Snow CDI

**BRIAN McLEAN**  
CHEVROLET - GEO - OLDSMOBILE LTD  
2145 Cliffe Avenue Courtenay B.C.

334-2425 Mon-Thurs: 9-5 Fri & Sat: 9-30 DEALER NO. 8379

**Captain's Seafoods**  
Select Seafood  
1745 Comox Ave.  
Comox  
339-4331  
Captain's Greens & Grocery

319-4th St.  
Courtenay  
897-1001  
Custom Smoking

## Help for Cooks

If you would like to receive some delicious recipes for jams or jellies, or if you are having difficulty getting the results you want, call Certo's information line at 1-800-268-6038. The hotline hours are extended during the months of June through to September from 9:00 a.m. to 6:00 p.m. Monday through Saturday.



## Wallace Gardens

**CANADA DAY RAFFLE**

TICKETS \$1.00 EACH OR 3 FOR \$2.00. HELP SUPPORT CANADA DAY EVENTS AND GET A CHANCE TO WIN A BICYCLE. COME IN TO THE OFFICE AND BUY A TICKET. TICKETS WILL BE DRAWN ON 1 JULY.

### WE NEED YOUR HELP!!

Would you donate a few hours of your time and support the Wallace Gardens Community Assoc. in a day of fun and activities on 1 July, 1997? We need help in the food tents, with children's games, organizing sand castle judging, manning the duck pond, bouncers, dunk tank, water slide, train rides, helium balloon stand, admission booth, parking attendance and many more activities.

The only cost to families will be the second time through the duck pond and the purchase of hot dogs, hamburgers, ice cream and pop for \$1.00 each.

Last year we had over 7,000 people attend this event. If you could give us four hours of your help it would be greatly appreciated and make this day a fun event for everyone.

Please give us a call at 339-8211, loc 8571. Leave your name and number if no one is in the office.

### Teen Centre

(For info phone Carmie at 339-7696 or Jill at local 8656.)

Teens - please cut out this list and place by your calendar as these are most of the upcoming summer activities we have planned:

**Beach Parties**  
(held by WGCA & FRC)  
Friday, July 18  
Wednesday, July 23  
Thursday August 14  
Wednesday, August 27  
(All parties will be from 6:00-10:00 p.m.)

There will be dancing and door prizes and games for all. Come on out and have some fun at the pavilion down at TeePee Park (the military beach). If you have any questions call Carmie or Jill.

**Kayaking Excursion**  
This event will comprise of a kayaking lesson and going for a short paddle.

Date: Thursday, July 10  
Time: 1:00 - 4:00 p.m.  
Location: Tree Island Kayaks (on Dyke Road behind Portuguese Joe's).

Cost: \$10.00 per person, which will be paid by the Teen Centre.

Includes: Kayak equip-

ment, life jackets, lesson, safety information.

Please bring:  
• Fully completed Registration Form  
• Signed Waiver Form  
• Snack, water & water bottle  
• Sunscreen, sunglasses & sun hat

• Aquasocks or shoes that can get wet  
• Comfortable clothes  
• Swim suit & towel  
• Change of clothes  
• Rain jacket.  
Please arrange for your own transportation to and from Tree Island Kayaks.

Anyone wishing to attend this excursion MUST get a permission slip and fill out a waiver of liability before they will be allowed to attend. Only nine people will be able to participate, so please call me right away at 339-7696. Cost of this trip is being paid for by the Teen Centre.

**Sailing Excursion**  
July 19 or July 26 - please watch paper for date or call Carmie or Jill.

**Rock Climbing Excursion**  
Date to be announced.  
**Paint Ball**  
Date to be announced.

**THE ROLLING PIN BAKERY**

**ORDER YOUR BAKED GOODS NOW**  
For Canada Day Weekend

HRS: Closed Sun June 30, Mon June 31  
Closed Tues July 1.

**339-5636**  
Open Tue-Sat 9-6 Sunday 10-5

1496-C Ryan Road Just outside the Base!

### Sock Hops End

The last Sock Hop of the season was held on June 14. All who attended won a prize, feasted on Panagopoulos Pizza and cooled off with Freezies.

I would like to thank everyone who helped out with the Sock Hops throughout the year. A special thanks to Tony Dixon who willingly gave his time to be our D.J.

### Upcoming Events

1 July: Canada Day  
5 July: T-Ball Banquet  
20 Sept: Family Fun Day  
25 Oct: Halloween Party  
To participate in our events you must be a member of the Wallace Gardens Community Association. Every family can join for \$3.21 a month. For more info: Mrs. Janina Nichols at 339-8211, loc 8571.



Winners of first place gold medals - Eagles team.

Ray Laplante (R) presented Peter and Linda Durst a plaque for their outstanding efforts in organizing the 1997 Youth Baseball program.

### ATTENTION!!

Did you know that you must register every animal living in your home? (Indoor or outdoor animals.) If you get caught not registering your animal you will be subject to all fines and penalties.

Registration fees can be paid at the WGCA office in Canex or to the Animal Control Officer.

You will be receiving a home visit from the new Animal Control Officer, Rob King, very shortly. He can be contacted at 703-9009 (no charge for this call). Please leave a message if he is unable to answer the call.

### Correction

In the last edition of the Totem Times, Ed Hill was incorrectly identified as the WGCA Animal Control Officer. The article should have identified Rob King as the Animal Control Officer. Our apologies for any inconvenience. His pager number remains 703-9009.

**Driftwood Mall**  
40 STORES TO SERVE YOU

### WGCA Youth Baseball

by MCpl P. & Linda Durst  
Another great baseball season is over. On behalf of the WGCA we would like to thank all of the children for being great sports persons and we hope that everyone had fun. We would also like to thank the umpires for their great calls, the scorekeepers for keeping up with the often fast-paced games, and our special thanks to all of the coaches, without whom we would not have been able to run this league. We would also like to thank the Recreational

staff for allowing us to use the base diamonds and facilities. This allowed us to make this season the best one yet!

Linda and I are moving to Kingston this year and we wanted to thank everyone for helping us with this league. There is nothing better than seeing children laughing and having a good time, and we saw a lot of this during the season. We wish everyone the best of luck and we hope that next year will be even better. Thank you.



Second place silver medals - Hawks team.



Third place bronze medals - Blue Jays team.



Third place bronze medals - Raptors team.



We are pleased to announce that you can now pick up your Totem Times newspaper from the newspaper shelf, located next to the Lottery Booth, in Overwaita at the Driftwood Mall.

### US Air National Guards work on 19 AMS paint booth

19 Wing once again is hosting a US Air National Guard (ANG) deployment of Civil Engineers as part of the bi-annual exchange with Canadian Airfield Engineer Flights (AEFs). The exchange program is to exercise a deployable engineer capability and develop interoperability between allied nations. This year, the AEF from Comox deployed to Detroit, Michigan in April. The 171st Civil Engineer Sqn (CES) from Pittsburgh are here for a two week period and will soon be followed by the 150th CES from Kirtland, New Mexico.

While here, the ANG are working on the long-awaited 19 AMS Paint Spray Shop. Phase I of the project, consisting of the foundation and steel superstructure, was performed by the contractor who worked madly to meet the deadline. The ANG will be doing most of the interior work, such as erecting interior walls, running power, heat, plumbing and ventilation connections. The last phase of work will consist of the installation of the paint spray booth and finishing ventilation work by the contractor.

Keeping with the AEF practice of working hard and playing hard, the Pittsburgh Steelers wasted no time in exploring the beauty of the Comox Valley. So far, they've been fishing, golfing, touring and sampling the local dining establishments. They've even thrown down the gauntlet on the softball diamond; watch TSN for a complete report. So, next time you see someone on base in an unfamiliar uniform, make them welcome; they're a friendly bunch and are helping 19 Wing work safer painting aircraft. Chimo!

**CANADA DAY FIREWORKS!!!**

The Wallace Gardens Community Association at CFB Comox invites everyone in the Comox Valley to join us in celebrating Canada Day on July 1, 1997.

There will be a huge fireworks display at Air Force Beach starting at 10:10 p.m. Parking is available. The gates will open at 6:00 p.m. Live entertainment starts at 8:00 p.m. Food tents will be open until 9:30 p.m.

**Bring the whole family. Come early and have some fun!!**

AMPLE PARKING AT THE BEACH- SHUTTLE BUS AVAILABLE FROM THE GLACIER GARDENS ARENA ON LITTLE RIVER ROAD ACROSS FROM THE AIRPORT. THERE WILL BE NO CHARGE FOR ADMISSION, HELIUM BALLOONS, TRAIN RIDES, FACE PAINTING, BOUNCE MANIAS, BUBBLE CORNER, WATER SLIDE AND DUCK POND. FREE GIFT FOR ANYONE WEARING RED AND WHITE.

### Learn to be compatible with your workstation

You may think to be comfortable and productive in your office environment are contradictions, but they are not. You will ask how can you accomplish this? To work in comfort and increase productivity, you need to improve your ergonomic work environment, this simply means making your workstation fit you and the tasks you perform.

The theme of COSH Week was "A Factor of Productivity." Vivian E. Oliver, of Pacific Rim Consulting Co., focused in on "Productivity through Workstation Ergonomics." Mrs. Oliver stated "With proper workstation

ergonomics, you will see a marked reduction in work related injuries, such as repetitive strain injury, carpal tunnel syndrome, and eye strain. Statistics recently released by the Canadian/American Optometric Association stated that 60-80 percent of all regular computer users are experiencing severe eye strain, RSI and CTS. The report also stated that the number one health hazard in the industry today continues to be eye strain and muscle fatigue."

Another report Mrs. Oliver referred to stated "According to figures supplied by the Workers' Compensation Boards of British Columbia and Ontario, carpal tunnel syndrome claims cost a total of an astounding \$12,000,000 and result in an overall average of 89.2 lost work days per claim each year. Personalized workstation evaluations are giving workers the proper work habits and are enriching their time in the workplace with higher productivity, morale and safety."

**IRLY BIRD Central Builders**

Everything for the Builder since 1924

610 Anderton Ave., Courtenay  
Ph. 334-4416 Fax. 334-3776

### Safety Awards



442 Sqn launched a safety banner from a Buffalo on June 2. SAR techs accompanied the banner to the ground to present it to our WGSO to kick off Safety Week activities.



Col B.B. MacLean, WComd, presented General Safety Commendations to several deserving individuals (see below) at the annual Safety Week BBQ. Mrs. Emma White was one of the lucky recipients.



Mr. Gary MacGregor.

Mr. Jim Ramsay.



Capt David Krayden, WPAFFO.

Mr. Keith MacKenzie.



Sgt J. Bellavance.

Ms. Terri Hyde.

**Bills' COUNTRY MEATS**

QUALITY MEATS • FREEZER ORDERS  
WHOLESALE ORDERS • FULL DELI  
SAUSAGE PROCESSING

Visit our Booth at Lewis Park  
During Canada Day Celebrations

1496-C Ryan Road just outside the Base! **339-3800** open Mon-Sat. 9-6 Sunday 10-5

**JULY 1ST EVENTS IN COURTENAY**

June 30 Monday Nite

@6PM LEGION BINGO Courtenay's Legion Hall - Cliffe St.  
@6:30 MULTICULTURAL NIGHT Come Visit the Big House on Dyke Rd in Comox  
@7PM free FAMILY DANCE In Lewis Park with Contraband

**TUESDAY JULY 1ST IN COURTENAY**

07:00 KINSMEN PANCAKE BREAKFAST Come to the fountain @ Sid William Theatre for a good breakfast  
09:00 PARADE JUDGING  
09:00 CHILDREN'S BIKE DECORATING Lake Trail School  
10:15 FUN RUN register from 9AM start at 5th & Woods  
10:30 THE GRAND PARADE - 5th St.  
10:30 HORSE SHOE PITCH FREE REGISTRATION ONLY call 330-2148  
11:00 OPEN HOUSE @ MUSEUM on Cliffe Avenue special display "OUR TIES TO THAILAND" free admission  
12:00 OPENING DAY CEREMONIES LEWIS PARK On Canada sung in French & English by Roland Tasse  
12:40pm C.R.A. POOL free children's swim (games 3:30-4pm)  
12:40pm MUSIC DISPLAY TSOLUM HOUSE  
12:40pm MUSIC ON STAGE ALL DAY  
1pm 10th Anniversary DUCKY 500 BIG DUCK ON SITE FOR AUTOGRAPHS  
1-3pm CHILDREN'S RACES  
2pm PARACHUTE JUMPING Campbell River Ski Divers  
2:15 DOG OBEDIENCE DEMONSTRATION  
3pm LADIES NAIL DRIVING CONTEST  
4pm BIKE DRAW all kids 4yrs - 12 yrs eligible

CELEBRATE OUR MUSIC Good & craft booths open all day! CELEBRATE OUR MUSIC



# Valley youth produce "Road Sense" videos

by Sgt Brian Buttner

Over 100 people showed up for the premiere of three ICBC sponsored youth projects. Lee Dixon, one of the youths involved with the Comox Military Family Resource Centre project, was the MC for the evening's events and did a tremendous job of keeping the program flowing smoothly. Col MacLean, Wing Commander, started the evening off by welcoming everyone and then talking about these young people and their roles as our future leaders.

Tom Corsie, Public Relations, Steve Felson, Manager for the Courtenay Claims Office, and Brian Thurber, representative for the North Island Native Community, from ICBC were then introduced and spoke on the importance of getting involved in the community and projects such as the Youth Road Sense Project. Lee Dixon then introduced Weddidi Speck and Gale Lewis who are members from the Wachai Friendship Centre. They proceeded to give out the poster contest prizes. The native theme and design of the artwork involved in the posters was of exceptional quality.

Lee Dixon then introduced the premiere showing of two "Road Sense" video projects which were produced by youth from the Comox Military Family Resource Centre and Robb Road Junior School.

Matt Bolduc (the lead and stunt guy in "Road Hog") introduced the first video project, which consisted of three short and very powerful Public Service Announcements (PSAs). "Road Hog" was a graphic but very humour-



Matt Bolduc and Lee Dixon receive copy of video from CMFRC Youth Worker, Jill Sturrock.

ous piece involving sharing the road between cars and bicycles. This was followed by "Lucky One" a poignant chronological sequence of a vehicle accident, from the opening sounds of the crash through to the young bereaved son of the drinking driver leaving his father's grave side; being pushed in a wheelchair. The final sequence was "Don't Ride with Drunk Drivers," a short piece showing many wrecked vehicles and then a scene of a survivor in a wheelchair imploring viewers "Please, don't ride with drunk drivers." The other budding thespians involved in the three videos were: Lee Dixon, Tyler Barnes, Kristen Chadney and David Potvin.

Sue Rose, a Drug and Alcohol Prevention Youth Worker, opened the Robb Road video presentation. This video is an extremely powerful training video that has the storyline involving a TV news special which focuses on many aspects of drinking driving. The 18 minute video starts off with a news brief that introduces a "Counter Attack" road

check and a demonstration on the procedures, from the road-side screening device to booking into jail cells, that are involved in filing a Drinking and Driving Charge. The video goes on to interview a nurse, a coroner and several victims of accidents involving drinking and driving. These particular scenes carry a very potent message from the survivors and their families. In one scene, Paul Giles, who was a Canadian Snowbird Air Demonstration Team pilot, and his mother talk candidly about life before and after the accident where Paul was a passenger and received permanent brain injuries. It took a great deal of caring and courage for Paul and his mother to share the tragedies and triumphs of their lives since the accident. This video should be a "must view" for anyone convicted of Driving While Impaired.

Weddidi Speck and Joanne Restoule-Speck, Gale Lewis and the poster contest judges led the audience in a native song of celebration to bring the premiere to an end. Lee Dixon then closed the festivities by inviting everyone for refreshments in the lounge.

To paraphrase Col MacLean, if these young people are our future leaders, and the examples for our future leaders, we will be in good hands.

I would like to take this opportunity to thank the following businesses and people who so kindly supported and helped in the success of these projects: The Insurance Corporation of B.C. who awarded grants to help each of the projects; 19 Wing Photo Section (Cpl Luc Champagne and Cpl



Robb Road Junior video crew.



Wachai Friendship Centre and ICBC.

Josee Menard; Hospital (Lt(N) Shelley Combs); Sgt (Stony) Stone; LS (Liz) Howe; Fire Hall (Sgt Norm Goudreau); Drug Education Coordinator (Sgt Brian Buttner); Comox Military Family Resource Centre (Jill Sturrock); Comox Valley Auto Recyclers (Jim LeBrun); City of Courtenay Public Works (Ivan Bourgault); Nuel's Medical Supplies;

Piercy's Funeral Home; Robb Road School; Super Valu; Garf Baxandall Ford; Queeness Gallery; Valley Native Arts; Rickie's Restaurant; Sound Station; Blockbuster Video; Poster City; Decorama; Hot Chocolates; Union Street Grill; Laughing Oyster Books; Courtenay Chrysler; Superior Video; Winds of Change, and Shear Image Hair Design.

**NEXT DEADLINES**  
Advertising - 9 July. Articles - 11 July, noon.

**Anne Davies**  
CERTIFIED FINANCIAL PLANNER  
Phone 334-9300  
303-576 England Ave. Courtenay  
E-mail: davies@mars.ark.com

**OFFERING INVESTMENTS THROUGH**



**ANDERTON NURSERY**

Growers of Quality Plants

Proudly Presents...

a collage of traditional and playful statues, fountains, columns, bird baths, benches, wall plaques, lights, and more... all of exceptional quality, and imported directly from Australia.

339-4726

2012 Anderton Rd, Comox ~ Open Daily 9am ~ 5 pm



## COMOX MILITARY FAMILY RESOURCE CENTRE

phone: 339-8290

### Summer Krusaders' Return!

After an exciting summer in 1996, our Summer Krusaders are back to travel to different dimensions. With a great amount of imagination, creativity and energy in their backpacks the children will explore different themes throughout the summer.

Themes include:

- ♦ African Safari,
- ♦ Medieval Times,
- ♦ Wild West,
- ♦ Undersea Adventures
- ♦ and more!

The Comox Military Family Resource Centre offers this exciting summer camp to

military and community families, whose children are between the ages of 6 and 10.

Pre-teens are welcome to join the **Kool Kidz** (ages 11 to 12) for an adventurous summer camp.

There are several overnight camping and day trips planned with both groups to local beaches and parks.

Both Summer Camps (Summer Krusaders and Kool Kidz) start on June 30 and run throughout the summer until August 29, from 9 a.m. to 4 p.m.

Child care is also available before and after both camps. During the summer the before and after camp program offers a variety of activities including:

- ♦ swimming,
- ♦ games,
- ♦ computers,
- ♦ crafts,
- ♦ magic shows,
- ♦ music and drama,
- ♦ science experiments
- ♦ and numerous outdoor adventures.

For more information and registration, call the Kinnikinnik Child Care Centre at 339-5051.

### Kinnikinnik Child Care Centre

#### Summer Krusaders' Summer Day Camp

Ages 6-10 years

weekly sessions

Cost: \$65.00 per week

Time: 9:00am - 4:00pm

Childminding available before and after camp

Includes sports, computers, field trips, overnight camps and more . . .

#### Summer Daycamp

**Volunteers Needed!**

The Kinnikinnik Child Care Centre has openings for youth aged 14 and older to participate as Volunteers in the Summer Day Camp Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Program (ages 6-12).

Drop-in care  
7:00 am - 5:30 pm

**Preschool registration for Sept. 1997 is being taken throughout the Summer for ages 3-5 years.**

For more information on KCCC Programs please call 339-5051.

### CMFRC Counselling Services

#119 Kinnikinnik, Phone 339-8286

- ♦ Confidential Crisis and Short Term Counselling is offered free of charge to military families.
- ♦ Relationship and Life Stress Issues e.g. communications, marital difficulties, parenting, deployment, assessment and referral.
- ♦ Ask for Counsellor Coreen Cherry, at 339-8286.

### Youth Activities

For registration in Youth Activities call Jill at 339-8211 (local 8656)

#### Preteen Story Workshop III

Ages: 8-12 year olds

Dates: Wed., July 2, 9, 16, 23, 30

Times: 1:00 - 2:30 pm

Location: Protestant Chapel Annex (next to Glacier Gardens Ice Arena)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Dates: Tues., Jul. 8, 15, 22, 29

Times: 1:00 - 2:30 pm

Location: Air Force Beach

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

Cost: \$5.00 (for snacks)

27

Times: 6:00 - 10:30 pm

Location: Air Force Beach

Cost: \$5.00 per evening for food

Registration: Phone Jill at 339-8211 local 8656 or Carmie at 339-7696

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

Joint effort by the CMFRC and Wallace Gardens Community Council

### Toy Lending Library

Quality toys, games and puzzles are available on loan for ages infant to 12 years.

Flexible summer hours from June 23rd to September 2nd.

Please phone 339-5051 to arrange a visit to the Toy Lending Library.

### New Books at the Resource Library!

- Anger: Deal With it, Heal With It, Stop It From Killing You  
by Bill DeFoore, Ph.D.
- Asserting Yourself: A Practical Guide for Positive Change  
by Sharon Anthony Bower and Gordon H. Bower
- Divorce Busting: A Step-by-Step Approach to Making Your Marriage Loving Again  
- marriage-saving techniques that: get results within a month; focus on solutions, not problems; can be used alone or with your spouse  
by Michele Weiner-Davis
- How to Help Your Child with Homework: Every caring parent's guide to encouraging good study habits and ending the Homework Wars - for parents of children ages 6 - 13  
by Marguerite C. Radencich, Ph.D. and Jeanne Shay Schumm, Ph.D.
- Mom's House, Dad's House: Making Shared Custody Work - how parents can make two homes for their children after divorce  
by Isolina Ricci, Ph.D.
- Self-Esteem for Women: A Practical Guide to Love, Intimacy & Success  
by Lynda Field
- Without Spanking or Spoiling: A Practical Approach to Toddler and Preschool Guidance  
by Elizabeth Cray
- Women, Anger & Depression: Strategies for Self-Empowerment  
by Lois P. Frankel, Ph.D.

### Volunteer News

**Welcoming Newly Posted Families this Summer.**

Attention all you warmhearted, outgoing, and fun to be with kind of people!! The CMFRC would appreciate having volunteers devote some of their time to welcome new Military families to the Valley.

A friendly handshake, a warm hello, a pleasant phone call, or a special visit from you may brighten up a person's day and help make the transition a little easier!

For more information, call Michelle at 339-8290 or 339-8211 (local 8655).

**COAST REALTY GROUP**  
COMOX VALLEY LTD.  
897-3999  
1-800-715-3999  
Fax: 897-3939  
Res. 339-9987

**MAUREEN DAVIDSON**  
Sales Associate  
625 England Ave., Courtenay, B.C.  
email: radavid@comox.island.net

Simply the best value you'll find in Courtenay! This home offers 3 bdrms, 2 bathrms, spacious kitchen, cedar solarium without tub! Large living rm, family rm. Wired Workshop, greenhouse, raised garden, variety of fruit trees.

**\$156,000**

**The Olde Photo Shoppe**  
Photo Scanning  
Digital Photo Retouching  
Joining Old Photos and New Technology  
339-9987 or 890-0178

**COLUMBO'S STEAK HOUSE**  
PIZZA N PASTA

Luncheon & Dinner  
Pick up Available  
Italian & Greek Dishes  
Banquet Room for Parties  
Open 7 Days a Week  
1-450 Ryan Rd. Courtenay  
**338-1488**



## Glacier Greens



## Golf Shots

by Barb Carter  
TUESDAY MORNING LADIES

June 17 dawned windy and rainy but after five holes it turned out quite pleasant and a few decided to go the distance.

Duane Miles carded a Low Gross of 85, Low Net was tied at 71 (shared by Kay Banks and Marg Rushton) and Low Putts went to Jan Verbeek with only 33.

The invasion of #15 continues - on June 13, using her #9 wood, Shirley Wallis aced it. That's three holes-in-one within a month. Well done, Shirley.

Welcome to Marg Rushton who has joined the Tuesday morning Ladies. We hope you will enjoy golfing with us.

Our thanks to Arbordale Nurseries who adorned our clubhouse with beautiful hanging baskets.

## 24TH

## AMATEUR OPEN

The 24th Amateur Open ended in an exciting finish with three holes tied at 78 gross. After a one hole playoff, it was determined that Shelley Stouffer was the winner.

Field Low Gross - Shelley Stouffer, Field Low Net - Irene Pearson with a fine net 62.

"A" Flight: 1st Gross - June Dyson (78) on a comeback. 1st Low Net - Sally Dobler (66); 2nd Gross - Carol Strachin (78) on CB; 2nd Net - Beth Roberts (68); 3rd Gross - Ann Hartlen (80); 3rd Net - Francis Shaw (71) on CB; 4th Gross - Katrin Lenovry (82) CB; 4th Net - Duane Miles (71) CB; 5th Low Gross - Lori Ross (82) CB; 5th Net - Sue Powers (71) CB; 6th Gross - Fay Dahoie (83); 6th Net - Bonnie Olsen (73) CB; 7th Gross - Debbie Hutchinson (88) and 7th Net - Karen Salimen (73) CB.

"B" Flight: 1st Low Gross - Frankie McCaffrey (87); 1st Low Net - Fran Hutchinson (65); 2nd Gross - Irene Marshall (88); 2nd Net - Brenda Miller (66); 3rd Gross - Edna Peavey (92); 4th Net - Verle Lafferty (68); 5th Gross - Carmel Horochuk (96); 5th Net - Gladys Knight (73); 6th Gross - Janet Edwards (97) CB; 6th Net - Pet Schmidt (74) CB; 7th Gross - Noreen Lepins (97) CB and 7th Net - Linda Picard (74) CB.

"C" Flight: 1st Low Gross - Marguerite Fournier (92); 1st Net - Sonja Famulak (64); 2nd Gross - Marie Isreal (94); 2nd Net - Dot Grant (69); 3rd Gross - Shirley Wallis (100); 3rd Net - Barb Morris (70); 4th Gross - Dolly Pearson (101); 4th Net - Peggy Cummins (71); 5th Gross - Anne Gibbon (104); 5th Net - Aileen Thompson (73) CB; 6th Gross - Linda Verdenhalven (105) CB; 6th Net - Helen Williams (73) CB; 7th Gross - Wanda Arneson (105) CB and 7th Net - Leslie Mann (73) CB.

KPs on #4 Aileen Thompson with a rare hole-in-one; #7 Ann

## MP/RCMP Golf &amp; Fish for Blind Children's Fund

by Ted Sauvé,  
Tournament Chairman

Over \$2,000 was raised for the Military Police Fund for Blind Children as the 19 Wing Comox Military Police Section hosted the 14th Annual Western Canada MP/RCMP Golf Tournament and Fishing Derby from 29-31 May.

Military Police participation was limited to Comox, CFB Esquimalt and SIU Victoria, due to the Thunderbird Challenge in Winnipeg. RCMP members attended from Courtenay, Campbell River, Nanaimo, Duncan, Victoria, Port Alberni, Surrey, Richmond, Vancouver and Burnaby. Retired police attended from Comox, Courtenay, Cumberland, Nanaimo, Bowser, Port Hardy, Victoria, Vancouver, Chilliwack and Edmonton.

The weather in the weeks preceding this year's tournament was just gorgeous in the Comox Valley. However, when 30 May rolled around the skies were dark and rain was threatening. The morning draw got most of their round of golf in but it started to rain as most golfers had only two holes left. The afternoon draw started in light rain that steadily got worse and the course was finally closed due to too much water on the greens. Most golfers got 12-13 holes and their scores were adjusted accordingly.

Prize presentations and a BBQ were held at the Golf Club and the Canadian Military Police Association Trophy was awarded this year to 19 Wing Comox. We congratulate the team of MCpl Brian Chasse, WO Gary Kirkland, Cpl Mike Rogers and L/S Steve Choquette who had a combined score of 292 using the Calloway Handicap System.

Individual awards were also given in five other categories: Military Police: Low Gross - Mike Rogers, 19 Wing (82); Runner-up - Brian Chasse, 19 Wing

## GLACIER GREENS OPEN '97

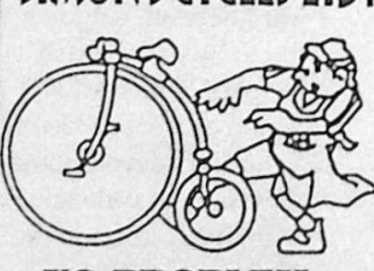
by Hank Fortin

Sunny skies and fast greens greeted the 123 players in the Glacier Greens Open. It was a photo finish between two GG players - Kelly Olohand and Jeff Edwards tied on the 36th hole of play. Jeff holed his putt to become the winner with a gross 2-day round of 147.

The Overall Net Winner was Mike Merrett of Sunnydale Golf Club with a net of 141 total.

Editor's note: During the final few minutes of the championship, and just prior to Jeff's nervous game winning putt, his dad - Bob (407 Spn) was seen pacing like an expectant father. Both son and father are doing well! Congrats!

## SIMON'S CYCLES LTD.



NO PROBLEM

## KRYPTONITE MEGA LOCK

Reg. 34.95

SALE 27.95

#3 - 1841 Comox Ave. Comox 339-6683



Mountain Bikes

REG. \$2495.00

SALE \$2195.00



Canadian Military Police Association team winners from 19 Wing Comox (L-R): MCpl Brian Chasse, Cpl Mike Rogers, L/S Steve Choquette, WO Gary Kirkland.



MP/RCMP Fishing Derby winner Steve Beckett with a 25 lb. Spring salmon.

won by Larry Gallagher. Raffle winners were: Stan Paterson (golf clubs), Ida Sauvé (carry bag), Heinze Krauss (Texas Mickey), Roy Hagg (putter and balls) and L. Stuart (balls).

## Fishing Derby Results

This year's winner was Steve Beckett with a 25lb. salmon. Largest non-salmon was a 3lb. rock cod caught by Garry Galenzoski. Total weight winner was Jackson Barrie with 25.1 lbs. The Aggregate Golf/Fish winner was Steve Beckett with 58. Jackson Barrie won the fishing trip for two to Lupin NWT.

The 19 Wing Comox Military Police would like to thank all those who attended this year's events. A very special thanks again goes out to all our sponsors who generously support this event with prizes or gift certificates. On behalf of the Military Police Fund for Blind Children we thank you.

SECURITAS!



Military Police Low Gross winner: Cpl Mike Rogers, 19 Wing.

## News from the Rec Centre

continued from page 3

## So, who are you and what do we call you now?

I think this is the question I get asked now more than ever since the transition. I am now called the Fitness Sports and Recreation Facility Coordinator. (Whew! That's a bigger handle than I had when I was still in.) In short, the Fac. Coord (or Complaint Dept.). I work under the direction of the Fitness Sports and Recreation Director, formerly Capt Roberta Howard, now Bobbi. It is my job to manage and maintain all the sports facilities, supervise and manage Sports Stores, gym monitors, arena staff and the outdoor facilities attendant. I further provide guidance and advice on the requirement, design and construction of fitness and sports facilities, field all your complaints and try my very best to rectify them as soon as possible.

As far as what do you call me now, "Mike" will do just fine and loc 8690 is still my local. I must



admit, now that the initial shock of not being in uniform is over, the hardest thing is trying to remember not to answer the phone with WO before my name and, of course, even harder is having to have my wife dress me in the morning.

I can truly say I am looking forward to the challenge of this new position. The staff that has been hired to fulfill your FS&R needs are some of the best that

ever served. Please don't think we just walked into these jobs. The few positions that were offered came in the way of a cross country open competition with as many as 28 applicants applying for each of the jobs here in Comox. After the initial screening, there were four days of interviews in front of a grueling, non smiling, sour faced panel of supposed experts. (Whoops, I'd better stop - I'm still on probation.)

When the smoke cleared there was talk, and I concur, that Comox has probably the best all around staff in the field. We, speaking for the staff, are still keen, interested, open and dedicated in offering you and your families everything possible in our chosen profession. With the expected changes in the future at 19 Wing and now a staff dedicated to a specific department, the programs will still continue, now even better than ever. Drop in and see us!

Yours in Fitness, Mike Chatwin.

## POOL will be "CLOSED" 30 Jun-7 Jul 97 for seasonal maintenance and cleaning

Sorry for any inconvenience - Your FS&R Staff

## 19 WING COMOX GOLF PLAYDOWNS

THE WING GOLF PLAYDOWNS TO DETERMINE THE BASE REP TEAM



(11, 12, 13 AUG 97 AT GLACIER GREENS GOLF COURSE)

COST BREAKDOWN IS AS FOLLOWS:

GGCC MEMBERS - FREE  
NON-MEMBERS - \$15.00

GOLFERS MUST HAVE A HANDICAP OF 20 OR LOWER. PLEASE NOTE, THERE WILL BE A 20 STROKE CUT OFF AFTER 36 HOLES

CATEGORIES FOR THE PACIFIC REGION CHAMPIONSHIP ARE AS FOLLOWS:

a) 5 OPEN (NO AGE)  
b) 1 WOMAN

THERE IS NO TEAM CHAMPIONSHIP FOR THE PACIFIC REGION GOLF CHAMPIONSHIP. COMPETITION WILL BE FOR INDIVIDUAL AWARDS ONLY TO REGISTER - CONTACT MR. JAKE PLANTE AT EXT. 8783, INDICATING HANDICAP AND WHETHER YOU ARE A MEMBER OF GLACIER GREENS GOLF CLUB

## 1997 CISM Golf Selection Camp &amp; Championship

When: 23-30 Aug 97

Where: 8 Wing Trenton

Categories:

4 (Men) Senior - 40 & over  
6 (Men) - Open  
4 Women - Open

Selection Camp: 17-22 Aug at 8 Wing Trenton

Eligibility: Regular Force and all classes of Reserve.

Golfers must meet at least one of the following:

- Current season handicap - Men (8 or less), Women (12 or less).
- Placed in top three of most recent CF Regional competition.
- Placed high in Civ local/Regional/Provincial tournament.
- Previously competed at CISM golf.

Note:

- Members must have written permission from their CO to attend both the Selection Camp and subsequent Championship from 15-30 Aug.
- Members who meet the above criteria must contact the FS&R Sports Coordinator NLT 10 July 97, local 8783, to meet deadline.

THE ROYAL VICTORIA MARATHON - 12 OCT 97  
REGISTRATION FORMS AT THE REC CENTRE  
FROM JAKE PLANTE, LOC 8783

THE ROYAL VICTORIA 8 KM RUN - 12 OCT 97  
REGISTRATION FORMS AT THE REC CENTRE  
FROM JAKE PLANTE, LOC 8783

PACIFIC REGIONAL / CF NATIONAL  
SPORTS CHAMPIONSHIP

	REGIONAL	NATIONAL
SOFTBALL	17-20 JUL 97 - CFB ESQUIMALT	17-22 AUG 97 - CFB BORDEN
SOCCER	14-17 AUG 97 - CFB ESQUIMALT	14-19 SEP 97 - CFB BORDEN
RUNNING	05-06 SEP 97 - 19 WG COMOX	26-28 SEP 97 - CFB BORDEN
GOLF	14-17 SEP 97 - 19 WG COMOX	NO NATIONAL
TENNIS	TBA - CFB ESQUIMALT	NO NATIONAL
BALL HOCKEY	11-13 JUL 97 - 19 WG COMOX	NO NATIONAL

## PACIFIC REGION TENNIS

WHERE: CFB ESQUIMALT

DATES: TBA



INTERESTED PLAYERS ARE TO  
CONTACT THE WING REC CENTRE  
ASAP

JAKE PLANTE, LOC 8783



## 19 WING COMOX RUNNING TRIALS

19 WING COMOX WILL BE HOLDING  
RUNNING TRIALS TO PICK A WING TEAM  
TO REPRESENT COMOX IN THE '97  
PACIFIC REGION RUNNING  
CHAMPIONSHIP. THE RUNNING TRIAL  
WILL BE THE 13TH OF AUG AT 0830 HRS.  
THE ROUTE IS A 10KM ROAD RUN  
FOR ALL PARTICIPANTS.

THE CATEGORY BREAKDOWN IS AS  
FOLLOWS:

- (3) OPEN
- (2) SENIORS (40-47)
- (1) MASTERS (48-55)
- (2) WOMEN (OPEN)

REGISTER AT THE REC CENTRE OR  
CALL JAKE PLANTE LOC 8783

## Dogwood Insurance Services Ltd.

FOR ALL YOUR INSURANCE NEEDS

Homeowners, Tenants,  
Camper & Trailer, Mobile,  
Marine, Business,  
Life And Travel

Autoplan

Also OFFERING Mobile Service at Local Dealerships

OUT OF PROVINCE TRANSFERS/PERMITS

Courtenay: 470 Puntledge Road  
(opposite Block Buster Video)

Phone: 338-6766 Fax: 338-2324

Cumberland office: 336-8524



## ELECTRO AUDIO/VIDEO

REPAIR & SERVICE  
OF  
AUDIO/VIDEO COMPONENTS

POPULAR BRAND WARRANTY  
DEPOT

Sears, RCA, GE, ProScan,  
Goldstar, Hitachi, Kenwood,  
and Samsung

"Herve Thibodeau" 334-4224

4927 Island Hwy. N. Courtenay B.C.





**Free Classified Advertising for members of 19 Wing and their families**

*Ads must be 25 words or less, legible and either hand delivered or dropped in the base mail. No phone ins please.*

**"The cure for Epilepsy is in your pocket."**

**MEICOR REALTY**  
Management Service Inc.

### MEICOR REALTY

Management Service Inc.

**UNDER NEW MANAGEMENT**  
**FRASER COURT**  
1720 - 13th Street  
Family oriented, clean, spacious 2 B.R. unit incl. fridge/stove, drapes. Near schools and grocery stores. Children & cats welcome. \$495/month. Sandy & Dave 897-1285

**BEECHER MANOR**  
1045 Cumberland Rd.  
Nearly new, well managed & secure. Sunny spacious suites some mtn views: all incl. patio or balcony, drapes/carpets, large fridge/stove, private storage & parking. Enquiries in 2 B.R.s. starting at \$495. 338-6692

**WILLOW ARMS**  
1252-9th St., Courtenay  
Large 2 B.R. apt. \$565 mth & Lrg 3 B.R. \$590. Includes heat, hot water & basic cable. No pets. References please. 334-2831

**CEDAR APARTMENTS**  
1000 10th St., Courtenay  
2 B.R. starting at \$535/mth. 1 B.R. avail. April 15. \$495/mth. 2 ref. required. Sorry no pets. 334-9948

**ST. BREADES COURT**  
146 Back Road  
New large luxury suites, with ensuite laundry, 5 app. carpets, blinds & in-suite storage. 2 Bedrooms avail. now. Rents from \$650-\$700. Children & Small pets welcome. 338-7449

**EVERGREEN COURT**  
1065 Percy Avenue  
2 B.R. townhouse. Avail. Immed. Fenced yard & Patio Parking, drapes & carpets incl. coin-op. laundry. 2 ref. req'd. Sorry no pets. \$525/mth. 334-4463

**RUTHERFORD MANOR**  
1075 Edgett Rd.  
Avail. June 30. 1 B.R. & Deluxe 2 B.R. Large Storage, Frost Free Fridge, 30" range, \$515 & \$560. incl. Blinds, Carpets, & Basic Cable, No Pets Please. 338-0183

**WYBRESS ARMS**  
1255 8th Street  
Deluxe 2 B.R. Large Kitchen \$625.00 includes, fridge/stove, Washer/Dryer, Basic Cable, Private Entrance & Balcony. No Pets Please. 338-0183

**WILLEMAR COURT**  
1060 Willemar Ave.  
Avail. now & June 30. Large 2 B.R. town house. Family oriented, fenced back yard, 550, incl. fridge/stove, drapes, & Basic Cable, Close to School Bus. No Pets Please. 338-0183

**PINES APARTMENT**  
1055 - 10th Street  
1&2 B.R. Avail. Immed. Basic cable, heat hot water, parking drapes & carpets incl. Coin-operated laundry. 2 ref. req'd. No pets. 334-4483

**BLUE JAY APARTMENTS**  
450 - 19th Street  
Senior Oriented Building  
2 B.R. avail. immed. Heat, Hot water, parking, cable, drapes, carpets incl. No Pets. 334-4483

**ARGO COURT**  
1846 England Avenue  
Avail. now & June 30. 1&2 B.R. 490 & 550 close to mail, corner of 18th & England. Clean quiet includes fridge/stove, drapes and carpet, hot water & basic cable. No pets please. 338-0183



### Miscellaneous for Sale

12,000 BTU Fedders Air Conditioner, used one season only - \$400 (new \$800). 338-9489 or loc. 8274.

### Duplex for Sale

3-bedroom Duplex, 1865 sq. ft. 2-1/2 baths, gas fireplace, patio doors off dining room to large deck, full basement - partially finished, landscaped, many extras. 897-3949.

### The Seventh Annual Stewards Seminar and Reunion

August 21-23 1997  
8 Wing/CFB Trenton  
Trenton, Ontario  
Contact: WMO J.M. Hart  
Personnel Support Programs  
P.O. Box 1000, Stn Forces,  
Astra, ON, K0K 3W0  
613-392-2811 Ext 3217  
Fax: 613-965-2196  
Check out our Reunion Website at: <http://www.achq.dnd.ca/8wing/stewards/>

**DON'T BUY A NEW FRANCHISE... BUY A USED ONE!**  
There is great value in buying a USED Franchise that is already operating! You will like the opportunity of buying an existing store with an operating history.

FOR UNDER \$30,000  
UNIQUE NEW & USED  
RETAIL OPPORTUNITY!  
**TOY TRADERS**  
Courtenay, B.C.  
(250) 897-1593  
Traders International  
Franchise Management Inc.  
1-(800)-792-3111

## NEXT DEADLINES

Advertising - 9 July.

Articles - 11 July noon.

### Sisters of the Heart

Are you new to the area or just wish that you knew more people? Beta Sigma Phi is an International Women's Organization that offers social and cultural enrichment and a lifetime of friendship.

In the Comox Valley there are over 100 members in 10 Chapters. Many of these women say that Beta Sigma Phi was a lifeline to them when they were posted because membership is transferable from posting to posting.

All women over the age of 18 are invited and welcome to join our local Chapters. If you are interested in learning more about Beta Sigma Phi, or you know someone who needs a little friendship in their lives, please call us: Pat 339-6556, Donna 339-3692, or Wendy 338-8545.

# THE BULLETIN BOARD

### Envelope Stuffing

Stuff envelopes at home. Earn big dollars. Free supplies available. For info rush self-addressed envelope and two loose stamps to: H. Enterprises, Box 964, Peterboro, Ontario, K9J 7A5.

### ATTENTION ALL PMQ RESIDENTS

When calling 911 for all emergencies ensure that you inform the 911 dispatcher you are calling from:

- The PMQ's at CFB Comox
- The street name and house number

Get a good thing going.

### Yourself.

Sharing a Healthier Future™ with participation

### Condo - Mexico

Want to vacation in Mazatlan? Use our time share. Units have partial kitchen w/facilities. Take another couple and split the cost - \$500 per week. More info - Donna 339-3692. <1/2>

### GIVE SOMEONE A SECOND CHANCE

Discuss organ donation with your family and sign a donor card today.



## ANNOUNCEMENTS

### WE'VE MOVED!

Wing Accommodations/Rations are now located in Bldg 45 (WHQ) Room 7.

### Club Info

WOs & Sgts Mess Ladies Social Club meetings are held the third Monday of the month at 7:30 pm.

### KATIMAVIK

Katimavik is accepting applications for youth age 17-21. Gain valuable work experience, meet new friends, and get to know Canada. Call KATIMAVIK toll free at 1-888-525-1503 for more information. Programs start this coming Fall. Application deadline July 7, 1997.



## THE KIDS ARE THERE. DRIVE WITH CARE!



YOUR LOCAL POLICE

### Wanted!

Girl Guide Leaders for Lazo Units - Spark, Brownie and Guide level  
Call Terry at 334-8898

## Partnering: A new way of building

by Capt Burbee

"Greetings! I am pleased to see that we are different. May we together become greater than the sum of both of us." Vulcan greeting, Star Trek

You will soon see a new addition to flightline rising from the ground in the form of an aircraft wash hangar. This purpose-built hangar has been long awaited by the aircraft maintenance community as a means of controlling corrosion due to salt accumulation and will considerably extend the service life of aircraft operating at 19 Wing. The present means of washing aircraft manually in the hangar is not only less effective in removing corrosive agents but leads to damage of the interior of the maintenance hangar. On 10 and 11 June, representatives from all agencies involved in the project gathered together to learn a new way of building not only for DND, but also for the construction industry as a whole.

Traditionally, user requirements for major new construction are gathered by staff from CE and staffed to higher headquarters for funding approval. Following this stage, either the design and contract documents are prepared with DND staff or the project is sent to a consultant. Once the design is complete and approved, the project is tendered through Defence Construction Canada (DCC) to general contractors in industry. Following award, the contractor performs the work according to the contract with strict supervision by DCC staff and the project manager from NDHQ, AIRCOM, or 19 Wing. This arrangement tends to set up an adversarial relationship as each side of the contract may try to use interpretation of the contract against the other. The result often a "lose-lose" situation with a lower quality result for the user, lost profit for the contractor, and often wasted effort spent on litigation. Although this new approach still holds the contract as the reigning document, the focus is on building a good working relationship for the betterment of the project.

The purpose of the meeting on 10 and 11 June was to effect the "Partnering" approach between representatives from 407 Sqn, CE, the design consultant, NDHQ, DCC, the general contractor, and the sub-contractor. This concept is used frequently in the U.S. and has been adopted by NDHQ for use on selected projects. Through the use of a neutral facilitator, the participants got to know each other, shared their perspectives of the project, and eventually built a team with a common purpose. What was particularly surprising was that assumptions made by each side that led to suspicion were false, and that many goals were actually shared. For example, when listing aims of the project, the general contractor indicated foremost that he wanted to give the end user an excellent product. Equally surprising to the contractor was the indication from NDHQ that the contractors should make a fair and reasonable profit for their services. These appear to be obvious expectations, but mistrust on these two topics are the source of 80% of the conflict on most projects.

The results from just two days were remarkable. George Mahon of Houle Electric, with over 30 years of contracting experience, stated "This was one of the most positive and rewarding meetings I have ever had." The user was able to communicate directly with the builder to describe exactly in her words what the end result should be. As Tom Wilson, mechanical designer from Keen Engineering said, "This meeting was beneficial because it allowed me to look at the project from other perspectives." The DND reps from 19 Wing and NDHQ were able to develop a rapport and trust with the consultant and the contractor. After completing the seminar, Larry Champagne, the contractor's site supervisor, indicated that "we will certainly endorse this approach for the project and for all future jobs." Hopefully, the spirit shown by all parts of the team will carry on through to successful project completion in March of 1998. Stay tuned.

## Barking book reviews

### Warped Rods and Squeaky Reels

by Robert H. Jones

Hordal & Schubert Publishers, Victoria, B.C. (\$14.95).

This is Jones' third book and by far the best. When I think back, Bob and I have known each other for around 30 years. He is an excellent writer and story teller, but don't tell him I said so.

His book is a collection of anecdotes, some humorous, some serious, about incidents that occurred over his 50 plus years of fishing experience. (Don't tell him I said that, either.)

Through these pages you will be able to fish with Bob in the Comox Valley, in southern Ontario and the Ottawa Valley, and in Europe. A lot of fishing hints are camouflaged in the text as well.

Many, slightly long in the tooth, military readers may remember Bob, a gun plumber, who retired in 1980 to take up a writing career. In fact, some of you who know him are also fishermen, (or is the modern word "fisherpersons?"), may find yourselves in these pages.

This is a "throne room" book. Something to read while you're contemplating. I know I enjoyed reading it and you will too. It's an attractively bound paperback of 178 pages, all extremely entertaining but, again, don't tell Jones I said that!

### You Want a What for a Pet?

by Betsy Siukora Siino  
Howell Book House, New York. (US\$19.95)

This book is subtitled A Guide to 12 "Alternative" Pets. Most of us think of pets as cats, dogs, birds, hamsters, guinea pigs, and the like. Here is information you will need to know if you want to keep one of the following as a pet: Ball Python, Chinchilla, Ferret, Frog, Iguana, Hedgehog, Tarantula, Hermit Crab, Potbellied Pig, Rat or Mouse, Salamander, and Turtle or Tortoise.

Everything you need to know is here in one book. There's a full chapter on each pet. How do you get one? How do you care for it? What facilities do you need? Siino answers all these questions and much more. The author is an award winning animal writer who writes in a very plain, easy to understand, form very suitable for youngsters.

What and how do you feed a tarantula or an iguana? You'll find the answer here in simple, easy to understand words. This is a 211 page hard cover edition, very attractively bound, with around 100 black and white photos. In my opinion, a marvellous gift for that child with the enquiring mind. You'll probably have to ask your bookstore to order it for you.

### More Murphy's Laws on Combat Operations

• Never share a foxhole with anyone braver than you • If you are short of everything but the enemy, you are in a combat zone • Communications will always fail as soon as you need support.

**Auto Parts Plus**  
HARTMAN AUTO SUPPLY LTD.  
"Serving the Comox Valley Since 1946"

338-7261  
480 Puntledge Rd. Courtenay

Domestic & Import  
Fast Service & Delivery • Compare Our Prices

**Tri-City Boot Repair & Sales**

TOP QUALITY  
Shoe & Leather Repairs

Cliffe Ave & 8th St.  
Next to Subway  
Tues-Sat. 9:00 - 5:50

## TODAY'S CROSSWORD PUZZLE

**ACROSS**

- 1 Wool gives
- 6 Chilly and damp
- 9 Like some numbers
- 14 Roomier
- 15 Frozen
- 16 Type of disc or printer
- 17 Alpine danger
- 19 Platoons
- 20 Precious stone
- 21 Grab
- 22 Licorice-like flavoring
- 23 — and haws
- 24 Coffee holder
- 25 Obliterate
- 27 Urban birds
- 31 Animal's home
- 32 Tilt
- 34 Flash flood
- 36 Sicilian volcano
- 37 Swung off course
- 39 At any time
- 40 Artist's plaster
- 42 Bone-dry
- 43 Not far
- 44 Snuggled
- 46 Meadow
- 48 Small child
- 49 Stoop
- 50 Musical toy
- 53 Warty critter
- 54 Deli order
- 57 Amazon port
- 58 Air

**DOWN**

- 1 Festoon
- 2 Honey factory
- 3 Dutch cheese
- 4 Electric —
- 5 Chatters
- 6 Haystacks
- 7 Hurt
- 8 Zee's predecessor
- 9 Dives
- 10 Rajah's wife
- 11 Egyptian goddess
- 12 — out
- 13 Sounds of hesitation
- 18 Specifically
- 22 Mo. with no holidays
- 23 Badger
- 24 Clementine's dad
- 25 Devoured
- 26 Hair conditioner
- 27 Handled roughly
- 28 Became

**PREVIOUS PUZZLE SOLVED**

CACHE PLED WOOL  
OSLER RARE ARGO  
PIANO EPIC NILE  
EST DESPERADOES  
TEENS EMINES  
OVERDO CLEAR  
PRISM SOLIDS NAT  
TREAD ROM SPINE  
SAD OBEYED ICON  
PURLS ISLAND  
DAMAGE POWER  
WEATHERVANE AKA  
ERLE ZEAL LAGER  
LIEN EDIE LAURA  
LEST DOONS SHAFI

1-15-97 © 1997, United Feature Syndicate

1 2 3 4 5 6 7 8 9 10 11 12 13  
14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65

**Small Loans Aren't Small Any More!**  
Apply Now For Up To \$25,000

**SMALL LOANS**

Same Day Service On Personal Loans

**Beneficial**  
Loans You Can Afford. Service You Can Rely On.  
Beneficial Canada Inc.  
#5-468 29th St., Courtenay, B.C. 334-4273

**Country Village Kitchen Bin**  
Browse the Beans & Surf the Net

Coffee & Internet

GOURMET COFFEE  
GIFTS & MUCH MORE

"Our Business is a Grind"

190 PORT AUGUSTA, COMOX MALL DON GATES.....339-7313



## "Put me in coach, I'm hot"

The following article is reprinted from the June 1983 issue of *Airforce* magazine.

It was the low point of WWII. The Germans were solidly in control in Europe and the Japanese were moving against North America.

On 27 May '42 the United States asked for assistance and the RCAF immediately dispatched 111(F) and 8(BR) Squadrons to Yakutat in Southern Alaska. From there they were ordered to Anchorage on 5 June. This was the day of the Japanese carrier strike on Dutch Harbour, which was followed the next few days by the occupation of Kiska and Attu in the Aleutians.

The two Canadian squadrons were formed into "X" Wing under command of W/C Gordon R. McGregor, veteran of the Battle of Britain with five victories. McGregor, an energetic and able man, later became president of Trans Canada Airlines. Not only did he command the wing and carry out liaison duties, he still thought of himself as a fighter pilot and he flew with 111 Sqn at every opportunity.

Once settled in at Elmendorf, the squadron immediately undertook its primary role - providing interceptor defence of the Anchorage region. The unit was flying Kittyhawks, or what the Americans called P-40s. The air to ground communications were pitiful and the Winco took the RT set from one of the temporarily unserviceable Kittyhawks and used it for the aerodrome control tower.

The Kittyhawks were not equipped with long range auxiliary tanks, which restricted them to defensive employment. This upset McGregor, who wrote on 30 June '42: "It is certain that the greatest care will be taken to ensure that the Canadian squadrons will not see action if it is possible to place U.S. squadrons in such action, even if the said U.S. squadrons are much more recent

arrivals in Alaska than the components of this wing."

While the Canadians remained in their defensive role, the Japanese garrisoned the two islands and were operating Zero float planes, known as Rufes, from Kiska.

After considerable agitation, W/C McGregor got his wish and, early in July, 111 Sqn was ordered to move 12 Kittyhawks, 21 pilots and 60 ground crew to Umnak, the most advanced U.S. base in the Aleutians.

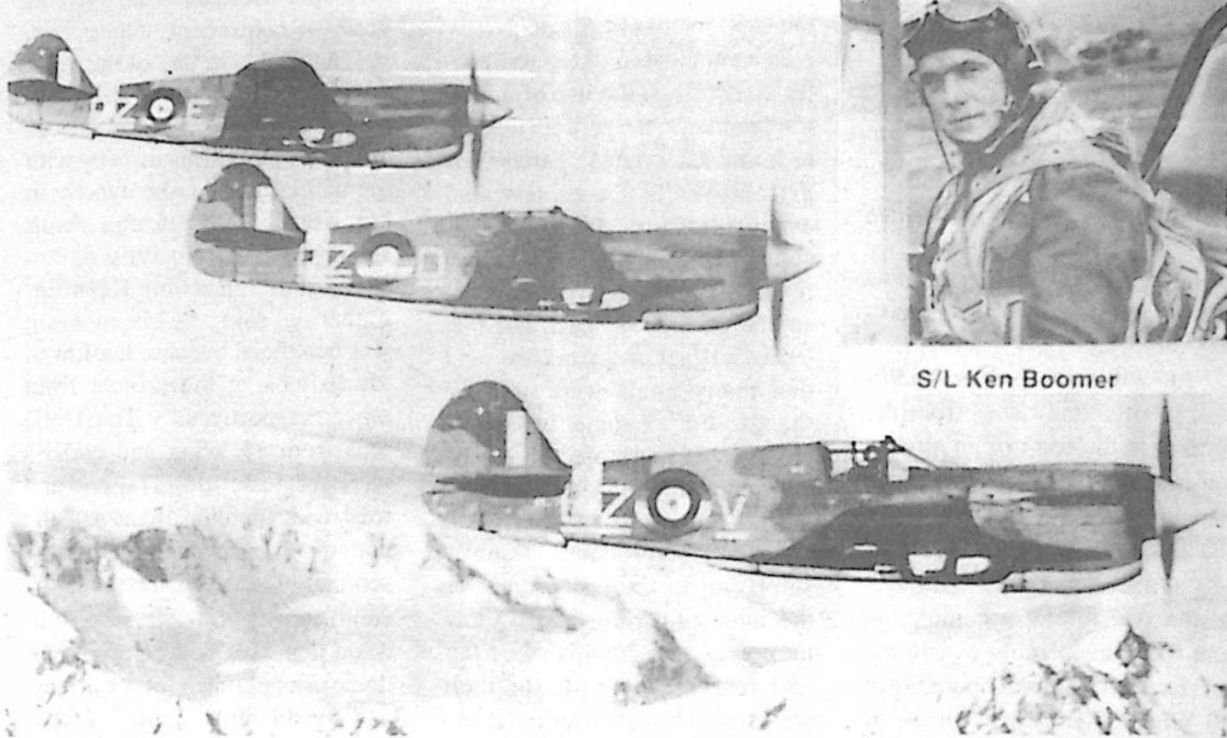
Seven Kittyhawks, accompanied by additional pilots and ground crew in U.S. transport, left Anchorage on 11 July. Two a/c were lost enroute and additional planes arrived in time for the final stage from Cold Lake to Umnak.

A trick of nature gives the Aleutians what pilots swear is the world's worst weather. The warm Japanese current skirts the islands on the Pacific side. On the other side is the black, cold, Bering Sea. These two bodies come together around the islands and that means fog layers almost as high as you can go. Where those layers of ground fog stop, the clouds commence.

This, combined with the peaks and ridges of these volcanic islands, makes flying extremely hazardous. In fact, flying accidents were more damaging than the enemy.

Thus it was that on the last leg of the move to Umnak the seven Kittyhawks, flying in a tight formation, were caught in a sudden fog with fading radios. One pilot slowly swerved off course, breaking the formation, and was lost at sea. Four others, thrown off course, crashed into the face of a mountain. Only W/C McGregor and one pilot got their fighters through to Umnak.

At Umnak the U.S. fighter squadrons were up to strength in a/c but were short of experienced pilots. Therefore it was decided not to bring the rest of 111 Sqn Kittyhawks from Anchorage but to leave them there with a few



S/L Ken Boomer

pilots while the advance party at Umnak would fly U.S. aircraft.

Umnak was still too far from the Japanese base on Kiska for the P-40s so the Canadians still were out of the action their Winco so earnestly craved. In early September, a new advanced U.S. base was completed on Akak putting the Japanese at last within reach of the P-40.

S/L Ken Boomer, a native of Ottawa and veteran of the Battle of Britain, was the new CO, replacing S/L Kerwin who was one of those killed enroute to Umnak. He obtained permission to have four RCAF pilots flying the borrowed P-40s join in a mission, as token Canadians.

The raid on Kiska got off on 25 September and while the RCAF fighters were engaged in neutralizing the enemy AA positions, S/L Boomer was able to zoom his P-40K beneath a Zero floatplane and shoot it down - the only Japanese aircraft ever to be destroyed by an RCAF unit. It also made Boomer the first Canadian to account for a German, Italian and Japanese plane.

S/L Boomer added to his laurels a few days later when he caught a Japanese submarine surfaced in Kiska harbour. He led his squadron down at it, flying into an enfilade of Japanese fire from the headlands that dominated the harbour.

"We poured so much 50 calibre stuff on to the decks of that thing it glowed red hot," he recalled. "Killed three different gun crews. The pilots didn't stick around. They just waited their turn and came down at it. Then they got out of there fast," Boomer told F/O David Griffin, a PR officer.

For this action S/L Boomer got the U.S. Air Force Medal to add to his British DFC. Air Force medals also went to F/O Jim Gohl and F/O Hal Gooding.

Eventually the U.S. Forces built an advanced base at Amchitka, within 75 miles of the enemy base at Kiska, but, after Boomer's kill of the Rufe, there were no further airplane to airplane engagements.

S/L Boomer relinquished command of 111 Sqn on 31 May '43. He returned overseas and was killed in action on 2 October '44.

Aircraft on patrol over dangerous mountain area of the Aleutians.

## Legendary Arrow flies again



(L-R): Cpl Mike Long and Cpl Mike Coles-Webb kneel beside a model of the Avro Arrow in front of the Comox Air Force Museum. The model that the two 19 AMS technicians will be working on is a lot bigger - a 1 to 1 actual size scale reproduction - and will be on display at the Abbotsford Air Show in July.

by Capt David Krayden  
Wing PAffo

For many pilots in Canada's Air Force, an opportunity to fly the legendary Avro Arrow is both a cherished but forlorn hope - an opportunity that will never come. The plane has entered the rarified atmosphere of Canadian mythology and is seen by many as something akin to the Lost Cause of the Royal Canadian Air Force.

Aircraft maintainers share much the same passion for the legendary craft and wonder what it would have been like to keep the Arrow flying. Now two aircraft techs from 19 Wing will have that chance - almost. Two aircraft technicians from 19 Air Maintenance Sqn, Cpl Mike Long and Cpl Mike Coles-Webb, are in Abbotsford and have been selected to prepare a unique Arrow

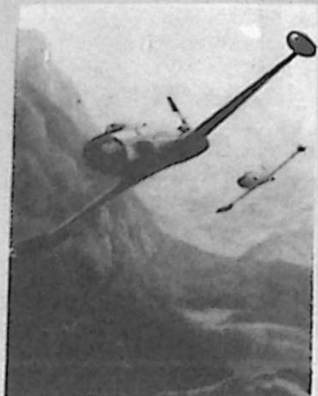
model for display at the annual air show there.

The actual size reproduction was used in the CBC film about the Arrow, which documented the dramatic rise and mysterious fall of the Canadian designed and manufactured jet, reputed to be the best in the world at the time of its still-born production in 1959.

The model was damaged during production and now requires substantial maintenance prior to the July airshow date. So corporals Long and Coles-Webb are off to the mainland to begin their work.

"It isn't every day you have a chance to work on a plane like this," says Cpl Long. "I guess you'd have to say this is something of a privilege."

## COMOX AIR FORCE MUSEUM



Featuring West Coast Military Aviators and Aircraft

- United Nations Display
- 1955 Base Diorama
- Working Models
- Well stocked gift shop
- Friendly staff

Located at the entrance to CFB Comox  
Open Seven Days Per Week  
10:00 a.m. till 4:00 p.m.

The Museum Library is open for research Thursday to Sunday, 10:00 a.m. till 4:00 p.m. (Ph: 339-8162)