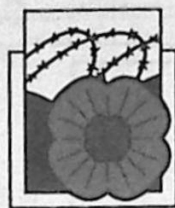




Letters from Flight Plan

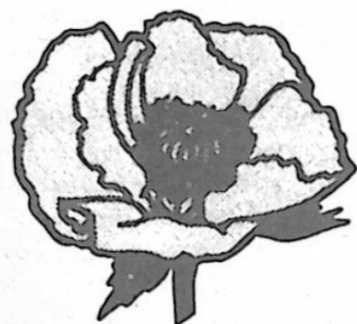
....page 11



TAKE TIME TO
REMEMBER

Monday, Nov. 11
3 Services
in the local area.
See chart below:

The Comox Valley's Oldest Newspaper



TOTEM TIMES



19 Wing CFB Comox B.C.

VOL 38 NO 19

THURSDAY 7 NOVEMBER 1996

COST: PRICELESS

Association meet a success



Golden Hawks Award

Maj Jerry Pratt of CFB Chilliwack and MWO Martie Côté of 19 Wing Comox, accept the Golden Hawks Award on behalf of the Canadian Airfield Engineering Squadron, United Nations Mission in Haiti, from LGen Bob Morton (Ret) (centre), honorary national president of the Air Force Association of Canada.

by Vic Johnson

editor of Airforce Magazine

Air Force blazer badges, tartan ties and blue banners were as common as rainfall in the nation's capital during the week of 8-11 October. Ottawa's Citadel Inn was the scene of the 48th Annual General Meeting and convention of the Air Force Association of Canada. More than 400 accredited and fraternal delegates and

their spouses from 75 Association Wings across Canada and the USA gathered for the gala event.

"The yearly convention provides a venue to discuss association business, vote on resolutions, and elect new officers to the National Executive Council (NEC)," said newly-elected national president Stewart Logan, DFC, CD, of Pictou, N.S. "It also provides for a convivial atmos-

phere for delegates to enjoy themselves in the company of like-minded members of the "air force community" during the many social events."

Among the resolutions passed during the business sessions which may be of interest to members of the Canadian Forces were:

- That the Prime Minister and the Minister of National Defence be urged in the strongest terms to make no further cuts in the defence budget but, on the contrary, to rebuild and re-equip all segments of the Canadian Forces, in particular the Air Force.

- That the Minister of National Defence be requested to ensure that essential Air Force capital equipment projects proceed forthwith in accordance with the government's defence policy and stated intent as noted in the Defence White Paper of 1994, and continuing with the budgets of 1995 and 1996 and with the Departmental Outlook for National Defence.

- That the NEC petition the Minister of National Defence to reduce monthly charges currently levied on members of the Canadian Forces for the provision of rations and quarters for single members, and where married quarters are not available, the provision of a meaningful cost of living adjustment so military personnel are afforded the opportunity for an acceptable life style.

- That the Gulf of Kuwait War Medal presented to Gulf War participants by the Kingdom of Saudi Arabia be recognized by DND, and that CF personnel be permitted to wear this medal on their military uniforms.

- That the Air Force Association of Canada aggressively promote and encourage the Government of Canada to develop and institute a Book of Remembrance for all Canadian



Mynarski Trophy

Maj Dan Burden accepts the Mynarski Trophy from LGen Bob Morton (Ret), honorary national president of the Air Force Association of Canada on behalf of 443 Maritime Helicopter Squadron, Victoria. Also present were fellow crewmen LCdr Bill Erhardt (USN), Sgt Fred Vallis and MCpl Rob Fisher.

Forces personnel killed during the Cold War period.

- That Canada Post be urged to issue a commemorative stamp depicting the Handley-Page Halifax bomber.

Several other resolutions dealing with internal association matters were also passed.

The highlight of this year's convention was the glittering

Awards Banquet and Ball, where Canada's prestigious aviation awards were presented. This year's awards and worthy recipients were:

Air Marshal W.A. Bishop VC Memorial Trophy - first presented in 1988 to commemorate the late Air Marshal W.A. Bishop,

Continued on page 2

Remembrance Day Services

Courtenay

442 Squadron will provide a marching contingent for the service. Wing Commander B.B. Maclean will be taking the salute and laying a wreath on behalf of all personnel at 19 Wing.

Comox

414 Squadron will provide a marching contingent and a cenotaph guard. L/Col Hunter will be taking the salute and laying a wreath on behalf of the squadron.

Cumberland

407 Squadron will provide a marching contingent. L/Col Reaume will take the salute and lay a wreath on behalf of the squadron.

Unsung Hero

He wears a suit of faded blue, no "brevvy" on his chest,
And you'll find more streaks of engine oil than medals on his breast.
He doesn't sit behind the guns of a multi-engined plane,
Or fly a graceful fighter high above the clouds and rain.
He wields a crafty spanner and a bit of oily rag,
While the other fellow shoots the line and boasts about his "bag."
He works in mud and sleet and rain and curses this senseless war,
And wonders ninety times a day what he joined the Air Force for.
He's just an English Fitter II - nothing more or less,
And he wears a pair of overalls instead of battledress;
When you've handed out the D.F.C's and D.F.M's and such,
Spare a thought for the unknown fitter, he doesn't ask for much;
Just shake him by the hand and smile, and know he did a lot
To make the "kites" airworthy for the man who fired the shot.
"An Erk"

(With acknowledgements to "Comrades in Arms," Co-op. News, Manchester.) 18-5-42,



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Legion Log

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REGULAR EVENTS:

BINGO.....every Thur, Fri & Sun 7:00 pm
MEAT DRAW.....every Fri 6:30 pm. Also every Sat 3:00 pm
DANCE.....every Friday night, 8:00 pm

8 November.....Vested Interest
15 November.....Norm's Combo
22 November.....Eldorado
29 November.....Andrew Schmidt

FUN EUCHRE.....every Monday night 7:00 pm
FUN CRIB.....every Wednesday night 8:00 pm
SUNDAY CRIB.....Sun. 24 November at 1:00 pm
FUN DARTS.....every Thursday night 7:30 pm
BARGAIN DAY.....every Tuesday, all day
BBQ LUNCH SPECIALS.....every Weds & Fri 11:30 am - 1:30 pm

General Meeting: Tuesday 26 Nov 7:30 pm.

SPECIAL EVENTS:

Saturday Night Dances in the Lower Lounge, 8:00 pm - mid-night

16 November Norm's Combo

REMEMBRANCE DAY - 11 November

Breakfast 9:00 am (\$3.00)

Parade 11:00 am (Fall-in 10:15 am in front of Legion)

Entertainment & food to follow in the lower lounge.

GREY CUP PARTY - 24 November

Food: chili and clam chowder at half time

VETS' DINNER - 30 November

Cocktails 6:00 pm, dinner 7:00 pm, cost \$5.00.

Entertainment to follow in lower lounge.

BASE PERSONNEL WELCOME AT BR. 17

Office: 334-4322

Service Officer: 334-3613

BRANCH 160 COMOX 339-2022

ENTERTAINMENT:

Fri 8 November - music by WILD RIVER

Fri 15 November - music by ALLEYS

Fri 22 November - TBA

Fri 29 November - music by NORM'S COMBO

FRIDAY NIGHT DINNERS:

8 Nov - Stuffed roast pork \$8.50 per, Dining Room 5:30 - 7:00 pm

15 Nov - Beef stew and bun \$4.00 per, Lower Lounge 4:30 - 6:30 pm

REGULAR EVENTS:

SUNDAYS.....Lounge Hours 12:00 Noon to 7:00 pm

MONDAYS.....LA Drop-In Bingo, Upper Hall, 7:00 pm

Monday night Men's Dart League 7:30 pm in Lounge

TUESDAYS.....Mixed Dart League 7:30 pm in Upper Hall

Ladies Crib League 7:30 pm in Lounge

WEDNESDAYS.....Navy League Drop-In Bingo, 7:00 pm

Upper Island Men's Crib League 8:00 pm in Lounge

THURSDAYS.....*1st Br.160 Exec. Mtg. Upper Hall, 7:30 pm

1st L.A. Executive Meeting (as required) 7:30 pm

*2nd L.A. General Meeting, Upper Hall, 8:00 pm

*3rd Branch 160 General Meeting, Upper Hall, 8:00 pm

FRIDAYS.....TGIF, Meat Draws in Lounge, 3:00 - 6:00 pm

Dance, Lounge (unless advised)

SATURDAYS.....Meat Draws in Lounge, 3:00 - 6:00 pm

SPECIAL EVENTS:

*Annual Members' Night - Sun 10 Nov - 8:00 pm

*Remembrance Day Parade and ceremonies - Mon 11 Nov.

Open House in the lounge following the ceremonies. Music by

Country Cousins from 2-6 pm.

*Euchre - Sat 16 Nov in Lower Lounge. Registration 6:30 pm,

play begins 7:00 pm. \$5.00 per player.

Hall Rentals or requests for Special Functions: Please contact

Ken Seymour in office, Mon - Fri, at 339-2022.

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Remembrance Day

by Padre Charlie Massey

THEY SHALL NOT GROW OLD AS WE THAT ARE LEFT GROW OLD, AGE SHALL NOT WEARY THEM, NOR THE YEARS CONDEMN. At the going down of the sun and in the morning we shall remember them.

During the last war, Dr. James Black, a prominent Britisher wrote the following: "After this war is over, let nobody gloss it over. It is so easy to be romantic about war, until the knife stabs and brings the misery into one's own heart. We are still blinded by the feudal idea that war is outside of honourable profession, and that whatever is done in war is outside of public law and social ethics. I am certain that something must be done by all just and reasonable men to show that no one can profit by his own crime." That was written nearly 53 years ago. And I wonder if we have advanced any farther in the intervening years.

His name and age are cut upon a stone,
His father's only son, and young he died.
Nor is he on that sloping hill alone,
For there are mounds like this on every side.

Soldiers they were, or men who tramped the seas,
Their all they pledged, and they kept nothing back;
Some of the blue blood, and some of the plain degrees
But one in this - died for the Union Jack.

I wonder are we worthy all they gave -
Comforts of home, with all the years to come,
To rest ere noon by the Atlantic wave?
In praise of such our lips should not be dumb,
Kindred are they of those who - while we play -
on sky, or field, or billow die today.

Alexander Louis Fraser

British troops had first made contact with the enemy at Mons in Belgium in 1914. On November 11, 1918, the Canadians occupied Mons. And there for the Canadians, the first War came to an end. Declaring it fitting that the capture of Mons should close the fighting records of the Canadians, the corps commander added this in his report:

"Between Aug 8 and Nov 11 the following had been captured: prisoners 31,537, guns heavy 623, machine guns 2,842, trench mortars 336. Over 500 square miles of territory and 228 cities, towns and villages had been liberated. In the performance of these mighty achievements all arms of the corps have bent their purposeful energy, working one for all and all for one."

In Canada, this is the day of the men whose achievements are written there. The men who lived through it all. The men who died. For these men, this is Remembrance Day. Of those who came back to Canada after that conflict, thousands bore honourable wounds. Some were crippled for life. But one and all they carry and will carry the marks of the struggle to their graves. For all who returned, and for many tens of thousands of others who died on the home front from 1914 to 1918, this is a day of remembrance for the dead. For the lads who shall not grow old as we that are left grow old.

In Memory of Vimy Ridge

The name brings back its memories

Of pals of days gone by.

Plain bluenose boys from school and plough

Who taught the world and folks at home just how

A bluenose boy can die.

Let us then keep their memory green

Those boys who died on Vimy Ridge in April '17.

The Ridge, Souchez, Bouvigny, Carency,

To some these are but names, to you and me

They speak of buddies, true and tried,

In that fierce melting pot,

Who sojourned there awhile, then died.

FOR WHAT?

And Chateau de la Haie. O Memory, hard by

The rows and rows of crosses speak

Of Mothers' grief for sons who sleep

Their last long sleep.

Let you and me enjoying life,

By word and action show

That we know why they gave their lives

On Vimy Ridge, on April ninth, so many years ago.

In almost every city, town, village, hamlet and bit of countryside in Canada, there will be gatherings at memorials of the first great war. There will be poppies and wreaths and there will be...memories. Canada will pause for a brief space this week in the midst of the 1990s world Holocaust to remember. The lessons were there but they were not learned. They were taught again 50 years ago. The lessons of the first were forgotten or ignored. What the fighting forces won, the political forces threw away after. Don't be fooled about the mistakes, the tragic mistakes of the period between 1918 and 1939. They must not be repeated. We are not fighting a different war now, it's not a new war, it is the continuation, be it a cold or a hot war. An eighty years war.

This year we will glance back to 1945. We cannot say that 1945 was a

Continued on page 4

(Cont'd from front page.)

VC, the trophy is presented "in recognition of outstanding and meritorious achievement in any field of aviation," (except air transportation or military search and rescue). Any citizen, group or unit organization is eligible to be considered for the trophy.

8 Air Maintenance Sqn, 8 Wing Trenton won in recognition of the successful recovery of Halifax bomber NA337 from Lake Mjosa, Norway by a team from this unit, and its safe delivery to Trenton where the aircraft will undergo a three year reconstruction program. Their efforts will result in the sole exhibit of a Halifax bomber in the world. The team's professionalism, spirit and dedication exemplifies the best of Canadian pride, determination and resolve.

RCAF Golden Hawks Award - introduced in 1994, this award honours the famed precision air display team, formed in 1959, to mark Canada's 50th anniversary of powered flight. Flying Canadair-built F-86 Sabres, the team quickly established a world standard for jet aerobatics. The award was specially designed and constructed by Canadair/Bombardier employees for presentation by the Air Force Association "in recognition of outstanding contributions... in any field of military aviation."

The Canadian Forces Airfield Engineering Sqn, composed of more than 100 engineering personnel from units across Canada, won in recognition of its outstanding contribution in support of the multi-national UN Mission in Haiti (UNMIH) from March 1995 to March 1996. The engineers constructed eight base camps for 1,400 UN personnel, provided maintenance support for the 6,500 member force, renovated three schools, provided emergency response as a result of an aircraft crash, prison riot and several fires. This unit earned international admiration from the UN Command for its competence and professionalism.

Continued on page 6



Royal Canadian Legion Poppy Campaign information

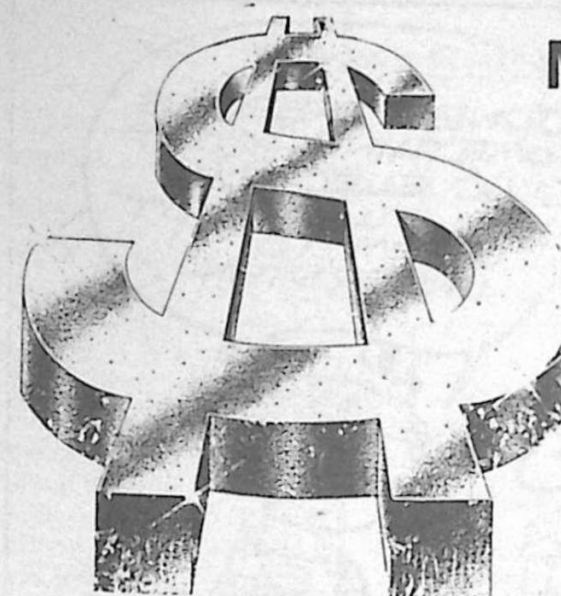
The poppy is the symbol of Remembrance. Funds are used for the following:

1. Assistance to ex-service personnel and their dependents.
2. Low rental housing and care facilities for elderly or disabled persons and their dependents.
3. Community medical appliances and medical research.
4. Day care centres, meals-on-wheels, transportation and related services.
5. Cost of poppies, wreaths and supplies.

Continued on page 4

Money talks

Get the service you're paying for



by Kim Vogel

Financial Advisor

Comox Valley Rice Financial

When you buy a mutual fund, you're paying not only for investment management but also for service. And while that service often costs you a bundle, you may not know what you are getting in return.

So you put \$5,000 in a mutual fund. The sales agent will receive a commission ranging from 2-5% (that's \$100 to \$250) paid either by you or the fund company.

No-load funds sold directly to the public by banks, trust companies and some fund managers do not pay sales commissions but the employees may get bonuses if they meet certain targets.

All funds, whether load or no-load, charge management fees and expenses. These range from 1.5-3% (that's \$75 to \$150) deducted from your total fund assets year after year. Some of that money pays for the portfolio manager's skills. The rest is for service: administration, communication and regulatory costs, as well as service fees, known as "trailers," paid to brokers and dealers.

It's easy to understand what is required from the portfolio manager - good investment returns, but it is less clear what to expect in the way of service from fund companies and those who sell funds. So, with the help of experts in the field, I've compiled a list:

• Timely and accurate information. You want to know how much your investment is worth at current market value, and how much it has increased or decreased from the last reporting period.

riod. This includes an explanation of why the fund is up or down, and what major factors account for the change.

• After-hours convenience. You want to be able to call on evenings or weekends to get your questions answered. There may not be a live person answering the phone - although that's always desirable - but there should be a way to leave detailed messages and have someone reach you later. The worst thing is to get a recording telling you to call back during office hours.

• Access to portfolio managers. You want to hear what the manager thinks about the economy, the markets and the fund's investment mix. Fund companies or intermediaries can do this by mailing newsletters, distributing audio tapes or video tapes and installing interactive telephone or computer systems.

• Prompt resolution of problems. If there's a mistake in your statement, or a transaction doesn't go through, you want someone to take prompt action to clear it up. The person who sold you the fund should be available, or have assistants sitting by the phones, to deal with any administrative problems that may arise.

• Annual checkups. Along with a year-end statement, you want someone to talk to about your investment results. Are they up to your expectations? If not, why not? Does your portfolio need fine tuning? Even if you don't have the time for a personal consultation, the opportunity should be there.

As well, there are some things you can expect to get exclusively

from a financial advisor. I call them the four A's:

Attention: Does your advisor spend at least half the time listening to you, instead of talking? Are you getting advice that is tailored to your individual circumstances, not a one-size fits all plan?

Asset Allocation: You know the importance of not putting all your eggs in one basket. But how do you get a well-diversified portfolio of mutual funds, without overlapping investments or management styles? "More mutual fund companies can make you more money." This is an art in itself, one your advisor should be prepared to teach you.

Arguments: You may be a well-informed person who follows markets carefully and makes thoughtful buying and selling decisions. But, even so, in the heat of an upsurge or downturn your emotions can overwhelm your reason. You want an advisor who will make a rash move.

Accountability: You want to know how you are doing, not just how your funds are doing. This means getting a personalized rate of return, which includes any deposits, redemptions or switches made during the year.

Only through better performance information can you and your advisor assess your progress toward your financial goals. The next time you look for an investment, shop around and ask lots of questions.

\$\$\$\$\$

New faces in the Finance Office

by K.J. Saunders

The APS season is behind us, and new arrivals to 19 Wing are settling in. There are two new people that have been added to the 19 Wing Finance Family, and we extend to them a hearty "Welcome."

You may have already heard from our new family members, LS Neville and Cpl Ochej, or have sent them "1000 miller" envelopes. Both work in the Invoices section of the Comptroller Sqn.

LS Jemma Neville's posting to Comox brings her a little closer to her home town of Vernon, B.C. Jemma joined the Forces in 1988 as a Comm researcher and remunerated to the Finance trade in 1989.

Jemma's first posting was to Greenwood, where she worked in every section of the Finance trade - pay, claims, NPF, cashier and invoices. After six years out east, her second posting brought her clear across the country to Comox. The career shop also posted

her husband Steven to Comox. Steven is a 500 series tech in 19 AMS.

Cpl Fran Ochej joined the CF from the recruiting office in Kingston, Ontario in 1986. Her first posting didn't take her far from home - she was posted to CFB Kingston. Fran, as did Jemma, worked in every section in Finance. After six years in Kingston, Fran was posted to Ottawa. It only took her four years in Ottawa before she was able to leave the province and move out west to Comox. She's enjoying her posting and likes the warmer weather, (no doubt!) but I don't think she's too fond of the "liquid sunshine" of the West Coast. Don't worry gals - it only rains from late September to mid-April!

So, if your travels, job or duties bring you to Headquarters, you'll know who's who and who's new in the Finance Shop.

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† Certaines offres ne sont en vigueur que pour une durée limitée, soit jusqu'au 31 janvier 1997.

Canada Trust
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The Editor gets a word in



Remembrance Day Activities

Is it appropriate to schedule any other meetings or activities on Remembrance Day? Has this day become just another holiday for the majority of the population and should it be considered as free time for the conducting of social activities? If you have to wrestle with this question, then I'm sure the act of remembrance has lost all meaning for you, or you never understood it in the first place.

I was recently asked to participate in an activity on November 11, and it had nothing to do with Remembrance Day ceremonies. Normally, I go to Nanaimo to participate in the parade there along with members of 808 Wing AFAC and therefore my active participation in any other activities is out of the question. My objections to the original invitation went from a polite "can't make it" to outright dismay that these activities were being considered for November 11. I always assumed that others of my vintage treated Remembrance Day as something special. Apparently not. The good thing in all of this is that my children, and their friends, seem to fully understand the significance of the day. Perhaps they are learning lessons that my generation never did.

Joel Clarkston

Remembrance Day

Continued from page 2

Good year, even though it saw the military defeat of a powerful and victorious nation. The victory was not won, but the peace was achieved. It left far more than a feeling among those who had been friends in war. It deposited on the world's door step too many unsolved problems. And yet we are still at it in the 1990s.

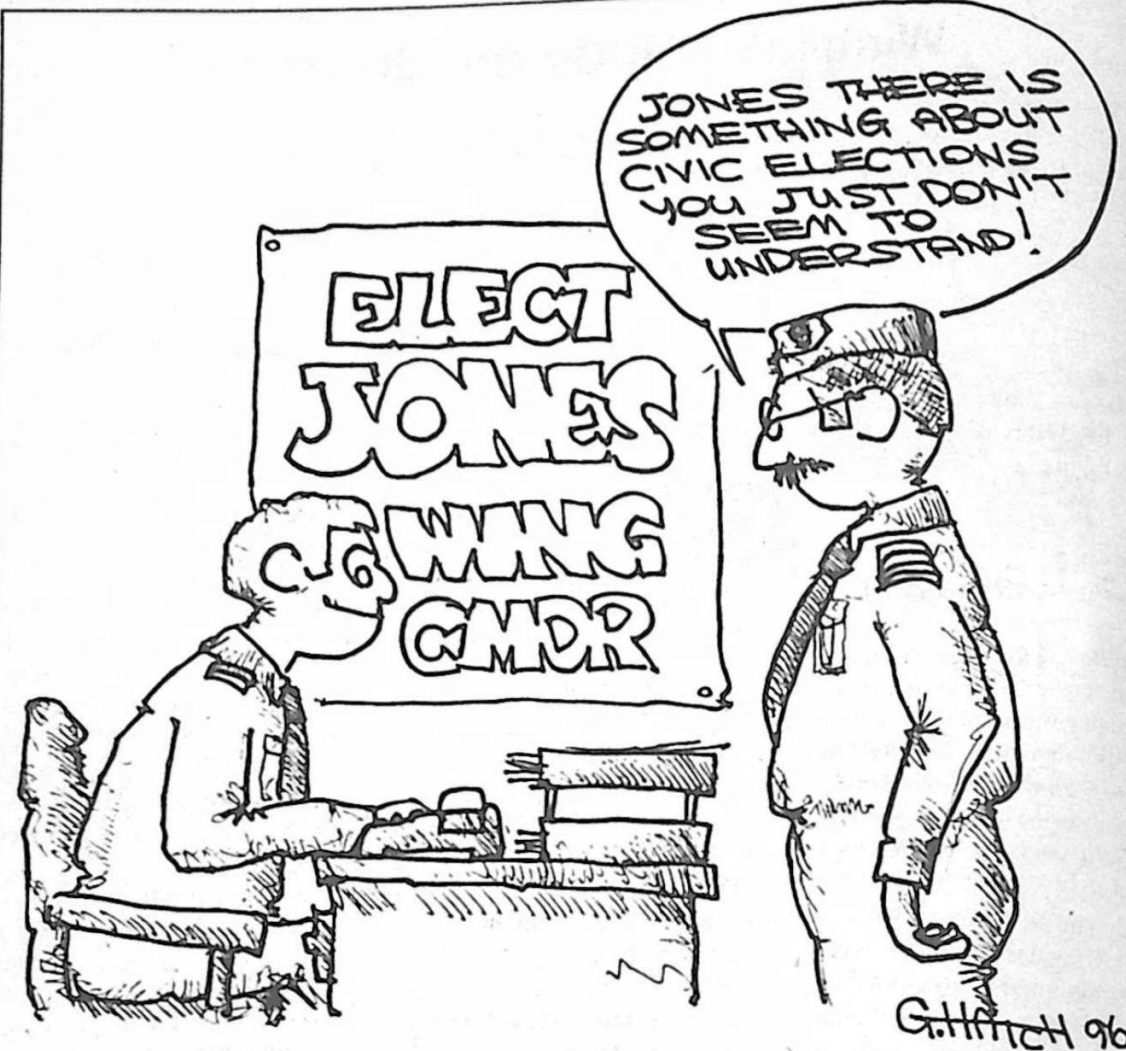
We shall not stay to see the peace we won,
Nor watch the world grow clean again from war;
Find no forgetfulness of things we saw
in careless freedom under England's sun.
Let not the living mock the price we paid,
Or bring dishonour on our half done task;
Hold not from us the only gift we ask -
Assurance that our death be not betrayed.
When others feel the joy of a lover's kiss,
Or gaze in gladness on the spring-time flowers,
Or hear the children laugh in playtime hours,
We shall not grudge the happiness we miss.
But let no hatred wake us from our peace,
Who gave our lives that enmity might cease.
Michael Joy Disney - The Canadian Churchman

Here we are in 1996. Since the second World War we have fought the Korean Conflict. We have served as Peace Keeping forces all over the world: Cyprus, Middle East, Egypt, Gaza Strip. We look at Vietnam, Ireland, Iraq, Bosnia, Haiti, Somalia, Rwanda and many others. We look at race riots and assassinations. But there are not the only wars that we are engaged in. We have personal wars that we are fighting. We are fighting wars within ourselves. We are fighting wars with each other. Why, O why, can we not turn to the gospel of Jesus Christ and live as Christians? Why do we have to fight all the time? Why do we have to be at each other's throats all the time? Why do we always have to tear other people apart instead of helping to put them together? War, I suppose, is like fire. You could light a fire and call people to watch. You could stick your hand into it and show it to them before you went to the hospital. After you had gone they would all go up to the fire and stick their hands into it.

The tragedy of today is not that young people are different from their parents; the tragedy is that they are pretty much the same.

Remembrance Day...we have forgotten, we have forgotten the sacrifice of the Korean War, the Second World War, the First World War, the Boer War, the 1812 War, the Napoleonic Wars, the Crusades, the Roman Wars. We have forgotten. We have forgotten the supreme sacrifice of Jesus Christ...! That's why we are at war today. We have forgotten that Jesus Christ came as the Prince of Peace.

There was no glory when our journey ended. No conqueror's crowns, no praise;
We stumbled to a living death, unfriended, down dark and tortuous ways.
Yet once we found contentment in our sorrow;



19 Wing community spirit

The lives crushed in their prime
We gave to build a warless wise tomorrow,
Old men before our time.
We are the living dead - our torchlight's glowing
pointed the world's release;
Today we walk the road in darkness, knowing
that still there is no peace.
Margaret Elizabeth Rhodes - Methodist Times

They shall not grow old as we that are left grow old, age shall not weary them nor the years condemn. At the going down of the sun and in the morning - We shall remember them.

Let's hope so!



Winners Again!

WGSO Mr. Ken Ilinski (centre) prepares for another safety blitz last June. His preparations were well taken: the Wing has taken first place overall in the B.C. division of the Canadian Occupational Health and Safety Week Competition.

The 2% solution

Comox Valley residents are being asked to help with the two per cent solution to respiratory health problems by supporting the B.C. Lung Association's annual Christmas Seal Campaign which begins this month.

The voluntary health agency is hoping for \$28,300 from the Comox Valley by the time the campaign officially closes on 31 January, an increase of nearly two per cent over the 1995 campaign. By early November, some 1.2 million homes across B.C. will have received this year's brightly coloured Christmas Seals.

"As our province grows, so does the need for more work to improve the quality of life of the one in five British Columbians

with respiratory problems," says Dorothy Andraitis, the volunteer Comox Valley area director for the B.C. Lung Association. These are difficult times for many of us, but we're asking everyone to give as much as they can."

"Using Christmas Seals on all your mail and holiday packages shows your concern about lung health and clean air issues, and your support of the campaign," says Andraitis.

With some 130,000 supporters across the province, the 89 year old B.C. Lung Association funds medical research, conducts education programs and coordinates patient support activities. Less than one per cent of its overall budget is direct government funding.



EDITOR

Major Joel Clarkston

ASSISTANT EDITOR

MCpl Edith Cuerrier

WING PAFFO

Capt David Krayden

CARTOONIST

Gord Hatch

TYPESETTER/BOOKKEEPER

Jenny Cooper

PRODUCTION STAFF

Sgt Robert Trombley

CIRCULATION

Jenny Cooper (339-3486)

PHONE: 339-2541

FAX: 339-5209

Address correspondence to:

The Editor, Totem Times,
CFB Comox, Lazo, B.C.
V0R 2K0

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OFFICE HOURS

Thursday 0900 - 1600
Deadline Friday 0830 - 1600
Monday 0830 - 1600
Tuesday 0830 - 1200

Winter Golf at Glacier Greens

Forty-seven hardy players turned out for the second season of winter golf. The weather was not wonderful but the rain held off and we managed to get the nine holes in without getting soaked. KPs on 12 went to Duane Miles' team and on 15 to Floyd Merrill's team.

1st Gross: Floyd Merrill, Earl Martin, Fred Horvath, Bob Lamb, Sharon Wame

GG Ladies Club

October 19 saw our wind-up and election of officers. Forty-five ladies participated in 18 holes and the weather cooperated nicely. Almost all attending received a prize. After a fabulous buffet, prepared by Steve Dodd, the elections were held as follows:

Club captain, Fran Hume; Vice captain, Brenda Miller; Secretary, Marguerite Fournier; Treasurer, Ann Johnston; Touraments, Judy Fellbaum; Handy/Rules, Duane Miles; Inter-Clubs, Dot Grant & Marie Israel; Publicity, Barb Carter; Housekeeping, Mary Kelly; Food, Ann Blake & Dolly Pearson; Prizes - Linda Lott, Barb Morris & Helen Williams, Boards, Carmel Horochuk.

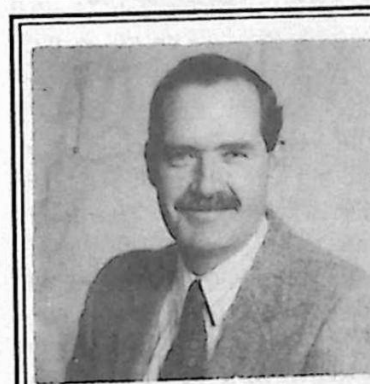
Tuesday golf will be continuing over the winter months, weather permitting. 9:30 am sign up for a 10:00 am start.



The Fishing Report

sponsored by King Coho Resort
339-2039

Fishing is very good at this time with the Feeder Springs running well. At King Coho ten were reported caught within one hour, the majority being of a keeper size. You'll need a deep line though as they are down around the 200 ft level. There's all kinds of food and the Army Truck hoochie is working well. Tight Lines.



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1st Net: Duane Miles, Jack Hawkins, Glen Caslake, Jim Landry, Barb Carter
2nd Gross: Nich Mykitiak, Al Walsh, Irene Marshall, Lorraine Courtremache
2nd Net: Gary Usher, Fran Home, Russ Englemeyer, Verle Lafferty
3rd Gross: Bing Shearer, Mickey Blake, Al Richards, Joyce Merrill

Base Rec Centre schedule

Base Team Sports:		Mon	Tues	1500 hrs
Hockey	Practices	1300 hrs		
	Home games	Thurs 1900 hrs		
Old Timer Hockey	Practices	Tues 1530 hrs	Thurs 1400 hrs	
	Home games	Sun 1400 hrs		
Volleyball (men & women)	Practices	Mon & Wed 1600 hrs		
Basketball	Practices	Tues & Thurs 1600 hrs		
Inter-section Sports:		Thurs 17 Oct (1400 hrs) at Rec Centre Conference Room. All interested players and league reps are encouraged to attend.		
Curling	General meeting			
Noon Hour Sports:		every Tuesday	1145 - 1245 hrs	
Floor Hockey		every Wednesday	1145 - 1245 hrs	
Basketball		every Thursday	1145 - 1245 hrs	
Volleyball				

Base Arena Schedule

Casual skating:		Saturdays	1330-1545 hrs
		Sundays	1230-1345 hrs
Fees:		Adults \$2.00	Children \$1.00 ***FREE for Rec Pass holders
Arena skate sharpening:		Mon to Thurs	1700-2000 hrs
		Fri	closed
		Sat & Sun	1100-1400 hrs
			1700-2000 hrs

Base Diamonds closure: The 19 Wing Comox Ball Diamonds will be closed for the season effective 20 October.

AQUA FUN

- Aqua Fun, 45 mins of Fun and Fitness in the water.

- Co-Ed aerobic classes set to music, offering a balanced workout.

- Non swimmer... need not worry, the whole workout can be done in shallow water!

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at 897-3151

OR Cpl Frenette at 8315

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Week ending: 9 November 1996

1. Horse Whisperer ... Evans
2. Fingerprints of the Gods ... Hancock
3. Black Eagles ... Collins
4. Circumstantial Evidence ... Earley
5. The 1997 Movie & Video Guide - Maltin
6. Fever in the Heart ... Rule
7. The 6 Messiahs ... Frost
8. Carry Me Home ... Delvecchio
9. Amaryllis ... Castle
10. Prototype ... Hodge

Save Those Stamps

Please clip and save any used stamps you receive in the mail. They are needed to raise funds to assist cancer victims. This insert is designed to appeal to all of you to put aside as many as you can, to support us in this project. Ask your friends to save as well. Every stamp is important. Please clip the stamps with a minimum of a quarter inch of paper surrounding - do not peel the stamps from the envelope or parcel. Send the stamps to the address below. Please include your name and address. Thank you.

A.J. Mailandaine
4785 - Ocean Trail
RR#1 Site 138 C-37
Bowser, B.C.
V0R 1G0

Compound your educational dividends

by Pat Allan,
CFCCN Co-ordinator

These days we are being bombarded with reminders that investments in RRSPs will return the highest profits when given the opportunity to compound over time. Investing in an education can be as important to your future prospects as investing in mutual funds, and as with money, education can pay more personal dividends if given the time to accumulate. If you aren't ready to take on a full-time education program, taking the first steps through upgrading and exploratory courses can be a good start to educational enrichment.

The range of courses available locally outside of normal working hours is limited, and just about impossible to commit to for people working shiftwork or on changing schedules. But there are alternatives. Some courses are available through distance learning, including correspondence, on-line and video courses. Sometimes courses are offered in a compressed format to accommodate your work schedule, such as the Management Development Program now running at 19 Wing.

And, given enough demand, special arrangements can be made to bring a wide range of programs to the base from Network colleges across Canada. We just have to know what you need.

For example, if a number of students are having trouble focusing on their correspondence course, we could start a study group for students to support each other through homework meetings or a telephone network. Or if 15 people expressed an interest in pursuing courses on starting their own business, we could make arrangements to have a relevant series of courses offered in a convenient and accessible format. The possibilities are wide open - let me know what you need to pursue your educational goals, and we'll see where we can go.

A good example of bringing courses to the base is the Management Development Program, consisting of six courses. New students are welcome to join the program, which offers courses in a compressed weekend format: one weekend, one course. The Human Relations course will be offered at 19 Wing on 29/30 November and 1 December. Further course will be offered after Christmas. You can get credit for JLC and SLC, reducing the number of courses you required.

If you need someone to help you start down the road of education enrichment, I can help. To talk about college programs or the Management Development Program, call the CFCCN Co-ordinator at local 8889.



19 Wing Comox Bowling Centre Now open for the 1996-97 season!

Any individuals, couples or teams interested in league bowling please call the contacts listed below, or call Bowling Centre staff members Scott Teasdale at 334-1937 or Pat Andrews at 338-8317. Info also available from PERI staff.

League Times		Contact
Tues. Ladies.....6:45 - 9:00 pm	Sue Teasdale	334-1937
Wed. Ladies.....1:00 - 3:15 pm	Irene Marshall	338-6920
Wed/Thur. Mixed.....6:30-9:00 pm	Rod Spurr	339-6067

Casual Bowling

Friday 6:00 - 9:00 pm Sunday 1:00 - 4:00 pm

Youth Bowling League - Saturdays

Anyone interested in registering their children for the Saturday League can contact the coordinator, Rochelle Peterson at 339-7214 or Terry MacDonald at 339-0136. The kids have a lot of fun and get professional coaching at the same time.

We also book for section parties, sports afternoons, organizations, birthdays, etc.



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GORD KRUGER CD

407 Sqn



Demon Doin's

Well here we are at another edition of the Demon Doin's and I have decided what I can tell everyone and what I have to censor. I can only imagine what you are all saying right now. "What classified stuff can he be talking about?" 407 is just a flying club that practices a skill in a big grey bus that there is no need for now that the Cold War is over.

Unfortunately, unlike 442, we can't always talk about what we do, and if we are allowed to, it's about something that happened over a year ago. Like when that Russian built Akula class nuclear attack submarine was just off the coast last year. We couldn't talk about it (even though the Seattle news was carrying an article about it last fall). Most of the time you just say "What do you guys really do?" and "Why do we need an Anti-Submarine Warfare (ASW) capable aircraft?" When we finally get a chance to blab about what we train for, the excitement and memories have died down (like anyone should be surprised that aircrew have a limited attention span). Sure, for the most part we don't do ASW, but when you live in a world where over 40 nations have submarines and one of the two former super powers is selling off its "state of the art" submarines for hard currency to anyone who has the money, you have to keep your capability up to speed.

As most of you heard, and in case you didn't, J.J. Martin decided to test the Bomb Disposal Team's reaction by using his travel claim and briefcase as bait. Needless to say, if you want a good investment, Samsonite's a name that comes to mind as JJ has got three more years on squadron. The "JJ test" occurred on return from San Diego where Crew 5 set a new record and unbeatable score at the USN's range and where the crew "won the exercise hands down" according to a USN Admiral. Crews 2 and 6 have also both just returned from ASW missions in Hawaii and San Diego after undressing the USN's finest.

Lately it has been extremely

busy, but as the tasking level has increased the money has decreased which has led to the occasional sighting of the DCO begging for more. Who knows if he'll get it! Consensus is that he's not as cute as he used to be. The money would be nice too.

The Kivis have challenged us to a floor hockey game. Unfortunately, I won't be able to taunt them about their humiliating defeat in this article, but you'd be amazed what aircrew can remember if we want to. It'll just have to wait for the next article.

The 407 Sqn hockey teams are all jockeying for the last spot. I haven't seen any official scoreboards lately, but with everyone on course, deployment, or injured, I don't think the teams have had the same people show up for more than three games. Once the season gets under way (and our guts get reduced to a manageable size) we'll start powering our way to the top. Look at it as our way of lulling everyone into a false sense of security.

In the squadron daily ops world we are keeping an eye on what's going on in the waters off B.C.'s coast. Almost every day we have a patrol that goes out and checks the coastal waters, keeping an eye on the fisheries, watching for illegal activities and making sure no one is polluting. We basically act as a watch dog and it isn't always as exciting as 442, but when something does happen over the water, we are usually involved even if you never hear about it. A couple of weeks ago there was about a 10 minute newscast on TV about 442 assisting a vessel off the northern tip of Vancouver Island. It forgot to mention anything about the Aurora that was the first on the scene, but we did get an honourable mention when a local newspaper did an article about another rescue in which 442 was involved. This is my opportunity to tell 407's unbiased and totally truthful account of the events that happened on that stormy day.

The crew for that mission was Crew 1. A ragtag mix of aircrew from Ops, Standards, and Training that only got to fly when under supervision of an adult. The adult in this case was none other than the CO, LCol Reaume, himself. With the CO flying, all the hard cases got to go on the flight. Names like John Rothwell, Mark McGahey, Mike "can't play football" Krak, Jake Jacobson, and Jim House all got to come out and play. Names that you hoped you would never see on the crewlist again, except in an emergency; people that had been given a desk job for a reason (well okay, Krak was the only one condemned to a desk but since I'm writing the article, I'll take advantage of "literary license"). Anywho, the crew received the standard "winter on the west coast" weather brief. Ba-

sically, it sucked. Winds were at 50 mph, rain reducing visibility to about two miles and sea state at about 6. For those of you unfamiliar with sea states, it's like the Richter scale with 1 being really calm and 10 being 50 foot waves. Take my advice, the only time you want to see a sea state 10 is on a page in the weather brief, and after you see it you go back home and crawl back into bed because if you don't need to be out, you don't go out.

After seeing what the weather was like, I for one got all excited because there is nothing like flying a desk to keep your skills (and stomach) honed as an aviator. Basically, my stomach was too used to flying the BD4D and this weather was going to remind me how rusty I was (I'm pretty sure that the crew would have picked up on it too since the confined recirculated air in the aircraft is renowned for that).

We were airborne early as is standard for the skilled warriors of Crew 1. On our transit out to our patrol area off the coast of the Charlottes we picked up a radio call between a vessel called *Pacific Concept* and Comox Coast Guard radio. The vessel stated that it was running low on fuel to run its pumps because the heavy seas were causing the pumps to work overtime. We called up and mentioned that we were in the area if the vessel needed assistance. He said, "Thanks but we're okay for now and we were just giving you people a heads up." Next, RCC, which is the Rescue Coordination Centre, contacted the vessel as per their standard operating procedure. At this point we decided to divert our patrol and on-top the vessel to see for ourselves what the situation was like. The vessel reported that it was okay but RCC was understandably concerned. RCC has to react to situations that they cannot see, relying on the latest weather information and third party updates. RCC had already vectored the warship *Algonquin* to the scene and preparations were under way for a Lab and Buff to join as well. RCC wasn't taking any chances because of previous experiences.

Some of you might remember the gypsum carrier called *Goldman Conveyor* that went down with no survivors off the coast of Nova Scotia. The ship's captain kept saying that everything was okay and made no preparations for ship abandonment. You can now understand RCC's position on these matters.

So we on-topped the vessel and saw that he was loaded down and in some fairly rough seas but still reporting that he was okay. He was only 10 miles from shelter, and the weather was clearing, so we decided to proceed with our patrol, after ensuring he knew how to contact us if required.

We continued with our patrol, checking on boats and watching whales until we had a small problem with one of our engines. Apparently, one of the bleed air ducts in the #3 engine exploded, which caused bleed air at 300 degrees Celsius to bleed into the engine compartment. This is not a good thing! It caused glass gauges and aluminum paint to melt, wires to burn, steel to blue, and the fuel line covering to melt. This is really not a good thing! It was quickly determined that we should shut down the engine and return home.

On the way home we checked on the *Pacific Concept* and found out that the *Algonquin* had escorted her safely to harbour and all was okay. He seemed "somewhat overwhelmed and intimidated by the amount of federal

hardware in his vicinity" to quote RCC. I still remember the vessel's captain asking the Coast Guard radio "What kind of plane is the *Algonquin*?" When the radio responded "She's not a plane, she's a Canadian warship," he replied "Oh...I guess that's even better then."

RCC didn't take any chances that day, nor will they. We would all rather overreact than risk people's lives. All we can hope is that all boat captains realize that aircraft time and fuel are a lot easier to replace than lives that might be lost because of someone's fear of crying wolf.

Aaaaahhhhh! Just another boring humdrum week at the flying club you all envy so much.

Until next time.....Demons Out!



Air Marshal C. Roy Slemmon Award

MCpl Rob Fisher of 443 (Maritime Helicopter) Squadron, Victoria, accepts the Air Marshal C. Roy Slemmon Award for Airman of the Year from BGEn Peter De Smedt (Ret), outgoing national president of the Air Force Association of Canada.

AFAC

Air Marshal C. Roy Slemmon Award for Airman of the Year - this award was established in 1973, to recognize one airperson above all others who by individual achievement exemplifies "the best" of Canada's Air Force. Although not a mandatory requirement, the awards committee is encouraged to select an individual of NCM rank.

MCpl Robert C.A. Fisher of 443 (MH) Sqn, CFB Esquimalt, received this award in recognition of his professionalism and bravery exhibited during the successful night-time rescue of the entire crew from MV Mount Olympus, caught in a severe Atlantic storm. Lacking a trained search and rescue technician in the crew and confronted with a desperate emergency, MCpl Fisher, an airborne systems operator, volunteered to be winched down to the rolling ship's deck and assist each survivor to safety aboard the helicopter hovering overhead. In all, MCpl Fisher successfully achieved 30 hazardous trips each way, suspended at the end of the hoist cable and buffeted by heavy winds. MCpl Fisher demonstrated true dedication and courage - traits which make him an example for others to emulate.

Mynarski Trophy - In 1976 the Mynarski Trophy was introduced as Canada's highest award for excellence in the field of air search and rescue, and may be awarded "to the most deserving federal, provincial or civilian organization, crew or individual in recognition of a significant con-

tribution to aviation search and rescue in Canada." The trophy memorialized Pilot Officer Andrew Charles Mynarski of 419 "Moose" Sqn, who was posthumously awarded the Victoria Cross. Mynarski gave his life trying to free a trapped air gunner as their stricken Lancaster bomber plummeted in flames, 13 June 1944, after being hit by enemy fire during a raid over enemy-occupied Europe.

443 Maritime Helicopter Sqn, CFB Esquimalt, Sea King crew - won in recognition of its sea rescue of 30 members of the MV Mount Olympus caught in a severe Atlantic gale and sinking, 1,900 Kms south-east of Nova Scotia on 2 December 1995. In a race against time during deteriorating weather, and faced with the possibility of colliding with the ship's heaving superstructure or the imminent possibility of the ship sinking, the aircrew managed to extract all crew members and transfer them to another ship standing by. Their action is testament of the professionalism, excellence and dedication and selflessness of the men and women of the Canadian Forces.

J.A.D. McCurdy Award - introduced in 1994, this award honours J.A.D. McCurdy who piloted the Silver Dart in Canada's first heavier-than-air piloted flight at Baddeck, N.C. on 23 February 1909. It is presented by the Air Force Association of Canada "in

recognition of a significant contribution to aviation search and rescue in Canada." The trophy memorialized Pilot Officer Andrew Charles Mynarski of 419 "Moose" Sqn, who was posthumously awarded the Victoria Cross. Mynarski gave his life trying to free a trapped air gunner as their stricken Lancaster bomber plummeted in flames, 13 June 1944, after being hit by enemy fire during a raid over enemy-occupied Europe.

Continued on page 10

407 Sqn dedication ceremony

by Demon Tom

On 26 September, 407 Sqn, The Demons, and the Demon Association dedicated a memorial cairn in a moving ceremony at the RCAF Memorial Museum, CFB Trenton, Ontario. Fifty-five years and four months after the formation of the squadron on 8 May, 1941 at Chivenor, England, the memorial honouring the 240 airmen who lost their lives whilst serving on the squadron in the United Kingdom during the Second World War, was dedicated and unveiled.

Many of the Squadron Association, having worked long and hard over the years to make the memorial possible were on hand for the ceremony. The service was conducted by the Hon Padre Sid Home. A welcome and introduction was given by fellow Demon George White. Tributes were given by SL Cameron Taylor, DFC and Bar covering the anti submarine years, and Wellington aircraft operations in WWII. A further address was read on behalf of Kim Abbott covering the shipping stroke operations by Hudson aircraft.

The CO of 407 Sqn, LCol Garry Reaume, then spoke on the Demon Tradition:

"Ladies and gentlemen, fellow Demons,

Allow me to begin by stating what an honour it is to be representing 407 Sqn here today. This is truly a momentous event in the annals of the squadron. The laying of this monument here today will undoubtedly write a new chapter for the squadron history. It also leads me to the topic George White asked me to address today - the Demon Tradition.

I began this presentation early last week while sitting in the gallery of an Aurora flying a maritime patrol off the west coast of Vancouver Island. The weather was beautiful and the air smooth. I couldn't help but wonder, while looking out the window at the grey green water and the cloud covered skies, exactly what it must have been like for those squadron members who preceded us, flying in hostile conditions over the wa-



407 Sqn CO's Past and Present

(L-R): LCol P. Kendall, Col T. Rogers, LCol (ret) J. Middleton, LCol (ret) S. Brygadyr, LCol G. Reaume (current CO) and LCol T. Chester.

ters off Holland and Germany as well as the North Atlantic. As we glided over the ocean in our fast, quiet, air conditioned aircraft brimming with modern electronics and the latest in communication equipment many of the passages from Kim Abbott's book "The Gathering of Demons" struck home. He described the poor communications equipment, the primitive radar as well as the inhospitable conditions within the aircraft themselves. Yet in spite of these deficiencies, the job 407 was sent to do was accomplished and accomplished with distinction.

The Oxford Concise Dictionary defines traditions as the opinion, belief or custom handed down, handing down of these from ancestors to posterity. In the case of 407 Sqn, the tenacity in which the wartime members carries out their attacks while operating with Coastal Command earned them the Demon nickname. This is the essence of the tradition which we all carry with us today and the reason we are gathered at this moment in time.

The Demon Association was founded in 1946 to preserve the memories of the people of 407 Sqn and their exploits over the

years. The Squadron Colours, the Demon Stick, and the other symbols of the squadron, all form part of the Demon tradition which we carry with us. In my mind, however, traditions are a continuous process and can be built on over the years through the exploits of not just the wartime members, but also the current generation of squadron personnel. As mentioned, the contributions of the wartime members have been well documented but significant endowments have been made by those in the post war era. As we all know, two aircraft and their crews were lost in the post war period and they should be remembered as part of the tradition. The historic record breaking endurance flight made by the crew of Argus 711 as well as the numerous O'Brien and Fincastle wins also form portions of the squadron tradition. The Demons participation in Operation Sharp Guard, flying armed patrols off the coast of the former Yugoslavia will also become part of the collective memory. All these exploits continue to enhance the Demon tradition. The history of 407 Sqn is rich with the stories and anecdotes that form the Demon tradition, however, the fu-

ture is fraught with challenges.

As the current CO and president of the Demon Association, I see my role as trying to preserve this tradition and forward its causes. The challenge is to encourage growth in the ranks of the association members. As we know and have heard before, it is becoming increasingly difficult to encourage squadron members to become part of the tradition by joining the association. As is often the case, they spend more of their careers in other squadrons than they will with 407 and thus lack the ties which were formed in battle by the original members during the intense war years. I am not convinced that it is possible to alter this realization, however, as I mentioned, I feel it is my duty to continue the effort to encourage participation. That having been said, it does not diminish the reason we are here today, to immortalize the memory of our fallen comrades in this ceremony today. The tradition has another chapter and I am proud to be here with the squadron to participate."

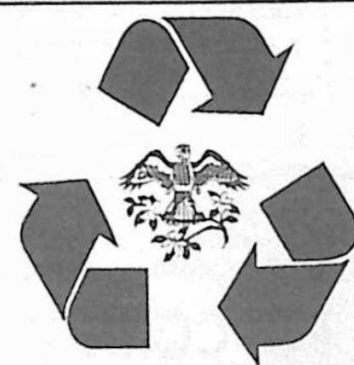
Following LCol Reaume's address, the unveiling of the cairn and dedication took place, followed by the Last Post, a bagpipe lament, and Reveille. A flypast

by a 407 Sqn Aurora, captained by Capt Hon Rothwell and coordinated by Maj Dave Berry, then took place. The ceremony was supported by a 407 Sqn Colour Party consisting of Colour Bearer Lt Jason Major and escorts Sgts Richard Deakin, Kurt Patrick and Desmond Ogilvie. The Sqn CWO, Kurt Paulekat, also participated in the organization and management of the ceremony.

The writer was impressed by the ceremony. It was a pity that more people were not on hand to witness it. Despite the distance, the present squadron was well represented, along with B.C. WWII veterans such as Russ Hamilton and Cameron Taylor, who at 85, still runs an apple orchard, does highway consulting work, and has a repository of stories that are a pleasure to hear.

My favourite is the Christmas turkey story. It seems that by Christmas 1944 turkeys were extremely scarce in the United Kingdom so Cam arranged to buy 130 turkeys, to be picked up in Northern Ireland, to provide adequate Christmas dinners for the squadron. Cam flew up to Northern Ireland in a Wellington to pick up the turkeys but, on arrival, he and his co-pilot were a little dismayed to find the 130 turkeys were alive and not dressed. The story goes that the turkeys were loaded alive into the Wellington and they flew them back to Chivenor. Cam figures he was in a staff condition all the way home with the Wellington going south at 130 knots and 130 turkeys flying north a one knot each. Such are the men and women of the Demon Squadron.

Back to the ceremony. Although none of the 240 names on the memorial were known to the writer personally, a sincere sense of loss and sacrifice prevailed during the ceremony and, albeit 55 years after WWII ended, I felt proud and humble to have been privileged to be present to pay final respects to the 240 young gentlemen who lost their lives to help preserve our freedom.



Look Who's Recycling

It was the spectre of increased tipping fees that motivated Supply Flight's Terri Hyde to set up a recycling centre in her building. Terri has worked at the Wing for five years and is the Workplace Hazardous Materials Information System (WHIMIS) Coordinator and Hazardous Materials (Hazard) Clerk for the Wing. Controlling hazardous materials means that Terri must consider

disposal options, as well as costs. The options for hazmat disposal can involve one or all of the three R's - reduce, reuse, recycle, so it is no wonder that Terri decided to "act locally" to reduce the garbage that her unit was producing. This will ultimately enable the Wing to reduce its garbage bill.

About six months ago, Terri consulted the Wing Recycling Officer, Capt Pierre Bouchard, and Alpine Recycling, to find out what she could do about the garbage Supply and Transportation Flights produce in Building 171. The result? She set up a series of three bins (all of which were declared surplus) to capture all the newspaper, glossy paper (magazines) and light cardboard (box-board) produced there. Supply and Transportation staff load the bins onto a truck and take the recyclable material directly to Alpine Recycling on Cumberland Road in Cumberland. This program, with the fine paper and



Terri Hyde demonstrates how to recycle newspaper in Building 171. (Photo by Cpl Tsagatakis.)

cardboard recycling programs already in place, enables Supply and Transportation to divert a large part of their waste stream from the traditional endpoint, the landfill. Because everyone in

Building 171 is so positive, Terri is talking about composting coffee break and lunch leftovers.

Terri Hyde and everybody in Building 171 are excellent examples of the many motivated recy-

clers present at the Wing. Keep up the good work!

If you know about someone who is 3R-conscious, let us know so that we can profile them here. Call local 8378 or 8187.

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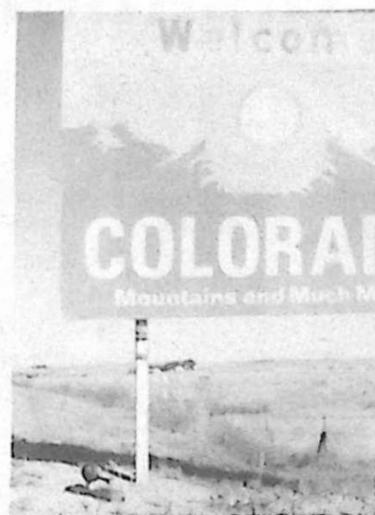
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The Adventures of Klementine

Dear friends at the Totem Times;

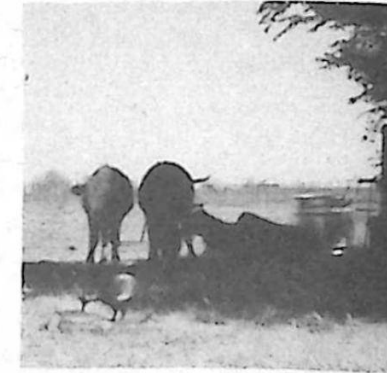
I thought you might enjoy a few photographs of me on my latest adventure. Yes, I have been travelling throughout the USA - there has been so much to see. I had no idea that the Americans had so many military installations!! I took these pictures thinking that you may have fun trying to find me in some of them - kind of a "Where's Waldo?" game, only now it is "Where's Klemmy?" Do not fear though,



my captors are taking very good care of me. Who knows, I may be home very soon - though, in all honesty, I sure don't miss my little cage.

Cheerio, I'll be in touch, Klementine

P.S. You will be interested to know that there is a Canadian River in Oklahoma. I am posing with a good friend of mine in the photo though you won't recognize her as she is not from Comox. I'll give you a hint - she's a nurse.



by Nishika Sardana

Douglas Campbell stared at his reflection in the cheval mirror and slowly knotted the old regimental tie, his fingers moving with the confidence of many years of practice. He slipped off its hanger the fine blue wool blazer, with the row of medals just above the crested breast pocket, and put it on, shrugging a little to make it sit smoothly in his still square shoulders. Warm November sunshine streamed in through the window onto the dresser. The old shoe box sat there and with both hands Douglas gently parted the yellowed, often creased tissue paper and lifted out his beret. He turned it round and his fingers lingered a moment on the familiar outline of the cap badge before he placed it carefully on his head. He picked up the poppy from beside the shoe box and, as he pinned it to his lapel, he heard his wife's rapid footsteps cross the hardwood floor to the foot of the stairs.

"Douglas," she called up, "we should be going now!" He didn't answer. "Douglas! We'd better hurry or you'll be late for the parade!" He stayed a moment longer, brushing impatiently at

some stray lint which had dared to land on his sleeve, and then turned away and left the room.

Mary stood at the foot of the stairs anxiously looking up towards him. Years of loneliness washed over her as she watched him come down one step at a time, slowly, gracefully. Oh how she hated this day! Hated the blue blazer, the perfect creases, the poppy, those damn medals. And her heart ached with love for this man who, after more than forty years, was still so handsome, the beret proudly worn on the silver hair, the blue eyes which were so beautiful. Now he was almost beside her and she raised her hand to touch him, to tell him. "Douglas..." she began, but he cut her off.

"Yes, Mary" he said abruptly and, avoiding her outstretched hand, headed for the front door.

Mary stared at his back and felt again for the millionth time the awful burning ache of rejection. Douglas opened the door and, holding it wide, looked back at her.

"Shall we go?" he asked quietly. Her face now as expressionless as his, she picked up her purse from the hall table and then walked past him into the sunshine.

Cold silence was their mutual companion for the brief drive. Mary stared out the passenger window; Douglas kept his eyes on the road. Reaching the Mall, he parked and shut off the ignition.

"I'll meet you back here after the parade," he said and, not wait-

Remembrance

ing for an answer, got out and walked towards the gathering of people at the far end of the parking lot. Mary sat and watched him go. It seemed as if she had spent all her life watching him go and then waiting for him to come back. The first time had been just months after their marriage and that time she had had no idea whether he would even come back at all.

But the war had ended a year and a half later and Douglas had indeed returned. She remembered well that homecoming day, waiting on the platform with what seemed like hundreds of other women and children and old men. Finally the train had come and there was so much noise as the soldiers found their families - mothers and wives, brother, sisters, fathers. Joyous reunion and anguishing loss came hand in hand on that train.

She remembered clearly how hard her heart had been beating as she searched every face, afraid, so afraid he wouldn't be there. She knew he was coming home, he had written to tell her so and she had read and re-read the creased letter there on the platform, yes it was today. Still, for some reason, she just hadn't believed he would actually be there. Then, as people gathered their families together and left she saw him, slowly walking down the platform towards her.

She had stared hard. Was it really him? Yes, thank God! He was home, safe and sound! Unspeakable relief released the lock

on her feet and she stepped forward to greet him, arms wide in the age-old gesture of welcome. But as he drew closer she saw that he had somehow changed. It was in his eyes, his blue eyes. The joyous sparkle, a constant reflection of the wonderful love of life that they had both shared was gone. And she knew instantly as she stopped and stood there alone that, somehow, also gone was the happy future they had dreamed of once upon a time...

Mary shuddered in the cold car. Sure, she had been one of the lucky ones, her man had come home. Luck, she thought bitterly, what was luck anyway? Maybe if there had been a child - God, why not just one child? Her face tightened; there were no answers and there were no more tears to cry. No, she didn't think she would watch the parade today. She folded her hands in her lap and, with nothing to keep her company but loneliness, waited for her husband to return.

Douglas joined a group of men dressed in the same fashion as he. Fewer faces every year, he thought wryly. Jack Walker turned to greet him.

"Morning' Dougie. How are you this fine day?"

"I'm well Jack, how are you? You're looking good." He smiled at Jack, taking in the rheumy eyes, the gnarled, freckled hand on the cane. Jack smiled back.

"Ah Dougie, I'm fine as could be." He paused and then asked, "Will we be seein' you and Mary

soon?"

"Sure, Jack, sometime soon." Their eyes met and both men recognized the ritual for what it was. Now it was time for the parade and the men formed up in rank and file as they had been taught. The colour party took their place at the head of the column and Douglas saw that Will Lewis carried the Canadian flag again this year. The sun was bright but as they stepped off to the haunting cadence of the snare drum Douglas felt a chill breeze lightly touch his cheek. They turned the corner onto Main Street and Douglas saw a policeman in the intersection come to attention and salute as the colour party marched past. A hard lump came unbidden to his throat. He took in a deep breath, squared his shoulders and stared straight at the back of the head in front of him. Grey hair beneath an old, worn beret, the deeply creased neck, thick pink-rimmed ears that stuck out like handles, like handles on a soup tureen he thought.

Then they arrived at City Hall, halted, and turned to face the Cenotaph. People stood on the sidewalk behind them. He could hear talking and shuffling, coughing, someone blowing his nose. Two young soldiers on either side of the Cenotaph stood with heads bowed, hands folded neatly over the butts of the rifles resting rigidly on the laces of their boots. The first notes of "Oh Canada" cut the air and he knew that it was

Continued on page 15

TOWN OF COMOX NOTICE OF ELECTION BY VOTING

Public Notice is hereby given to the electors of the Town of Comox that an election by Voting is necessary to elect a Mayor and six Councillors to fill offices of members of Council of the Town of Comox, and an election by Voting is necessary to elect a School Trustee of School District No. 71 (Comox Valley), and that the persons nominated as candidates at the Election by Voting, and for whom the votes will be received for a three year term commencing December 1996 and terminating in December 1999, are:

TERM OF OFFICE - THREE YEARS

SURNAME	OTHER NAMES	OFFICE	RESIDENCE
MAYOR (1 to be elected)			
KIRKWOOD	George	Mayor	Jane Street Comox, B.C.
TRIPPS	Gary	Mayor	Bryant Place Comox, B.C.
VINCENT	Bill	Mayor	Carthew Street Comox, B.C.
COUNCILLOR (6 to be elected)			
ANDERSON	Amie	Councillor	Cardinal Place Comox, B.C.
CADWELL	Gordon	Councillor	Stadacona Drive Comox, B.C.
CROSSLEY	Ray	Councillor	Comox Avenue Comox, B.C.
DAVIS	Don	Councillor	Buena Vista Avenue Comox, B.C.
DOUGLAS	Marty	Councillor	Beaufort Avenue Comox, B.C.
GRANT	Tom	Councillor	Eastridge Court Comox, B.C.
HEELEY	Nancy	Councillor	Cardinal Place Comox, B.C.
JANCIC	Dan	Councillor	Lazo Road Comox, B.C.
M'CLOUGHLIN	Shirley	Councillor	Cortez Crescent Comox, B.C.
MACK	Gwyne T.	Councillor	Torrance Road Comox, B.C.
MARINUS	John	Councillor	Noel Avenue Comox, B.C.
REYNOLDS	Norm	Councillor	Bolt Avenue Comox, B.C.
VAN DUSEN	Barry	Councillor	Condor Street Comox, B.C.
SCHOOL TRUSTEE (1 to be elected)			
ANDERSON	Ernie	School Trustee	Docliddle Road Comox, B.C.
VAN BARNEVELD	Peter	School Trustee	Skeena Drive Comox, B.C.

GENERAL VOTING DAY

Saturday, November 16, 1996, 8:00 am to 8:00 pm
Comox Community Centre, 1855 Noel Ave, Comox, B.C.

ADVANCE VOTING OPPORTUNITIES

There will be advance voting opportunities at the Town Hall, 1809 Beaufort Avenue, Comox, B.C. at the following dates and times:

Wednesday, November 6, 1996, 8:00 am to 8:00 pm

Wednesday, November 13, 1996, 8:00 am to 8:00 pm

SPECIAL VOTING OPPORTUNITY

There will also be a special voting opportunity at St. Joseph's General Hospital, 2137 Comox Avenue, Comox, B.C., on Friday, November 15, 1996, 2:00 pm to 5:00 pm.

QUALIFICATIONS FOR ADVANCE VOTING:

The only persons permitted to vote at the Advance Voting Opportunities are those who, being duly qualified electors, sign a statement that:

(a) the elector expects to be absent from the Town of Comox for which the election is to be held on General Voting Day;

(b) or the elector, for reasons of conscience, will be unable to vote on General Voting Day;

(c) or the elector will be unable to attend a voting place on General Voting Day for reasons beyond his/her control;

(d) or the elector has a physical disability or is a person whose mobility is impaired;

(e) or the elector is a candidate or a candidate representative;

(f) or the elector is an election official.

QUALIFICATIONS FOR A RESIDENT ELECTOR ARE:

1. On General Voting Day (November 16, 1996) you must be eighteen (18) years or older.

2. You must be a Canadian citizen.

3. You must have resided in British Columbia for at least six (6) months immediately preceding the day of registration.

4. You must have resided in the area in which the voting is taking place for at least thirty (30) days immediately preceding the day of registration.

5. You must not be disqualified by the Municipal Act or any other enactment from voting in the election.

QUALIFICATIONS FOR A PROPERTY ELECTOR ARE:

(a) You must not be entitled to register as a Resident Elector.

(b) You must be 18 years of age or older on General Voting Day (November 16, 1996).

(c) You must be a Canadian citizen.

(d) You must appear as a Property Elector on the List of Electors or be in possession of a valid "Property Elector Certificate" which must be obtained from the Municipal Clerk in the jurisdiction where the property is located, not later than November 1, 1996.

(e) You must not be disqualified by the Municipal Act or any other enactment from voting in an election or be otherwise disqualified by law.

Richard Kanigan
Chief Election Officer



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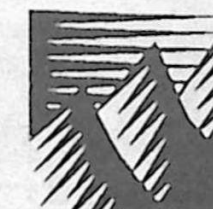
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- Year-end Tax issues and Estate Planning
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Date: November 14th, 1996
Time: 7:30 p.m.



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United Way - CE doubles total

Though CE fell a scant 6% short of its fundraising goal this year, the section still managed to more than double the amount raised last year. Approximately \$1,500 will go into the United Way coffers.

A Gourmet Raffle run by the section made winners of personnel from various locations. The winners:

•Cpl Gary Prior, Fire Hall - lunch for a week

•Shirley Evans, Procurement - large carrot cake
•Bob Spencer, Plumbing & Heating Shop - cache of cookies
•Sgt Jim May, Airfield Engineering Flight - bottle of Burgundy.

CE is grateful to all who contributed, and to those who participated also from other sections around the base, notably WCPO and WCompt.



Lt Lance Gelinas, CE Facility Development Officer, draws winning tickets from urn held by Norma Hanson, Works Reception. The raffle raised \$185.00 for United Way.

AFAC

Continued from page 6
recognition of outstanding and praiseworthy achievements by Canadians in the field of civil aviation." Any citizen, group or unit organization engaged in civil aviation is eligible for consideration.

Tofino Airlines Limited, in recognition of its invaluable contribution, together with Tofino Lifeboat and the CF Rescue Coordination Centre, Victoria, B.C. in the successful rescue of nine surfers and kayakers caught in extremely heavy sea surf near Tofino on 21 December 1995. Tofino Airlines spotter aircraft and ground communication dispatcher were critical elements in carrying out a praiseworthy and outstanding rescue effort and are

deserving of Air Force Association recognition.

The Air Force Association of Canada is a 16,000 member strong community service organization which supports a strong aerospace industry in Canada; promotes high standards in civil aviation; directly supports the Air Cadet movement; operates the Ident-a-Kid program to safeguard identity information on thousands of school children; sponsors a national organ donor program; assists the RCAF Benevolent Fund; promotes the RCAF Memorial Museum and the RCAF Heritage Trust; publishes Air Force, Canada's leading aviation and aerospace magazine; and, most importantly, advocates a professional Air Force in Canada.

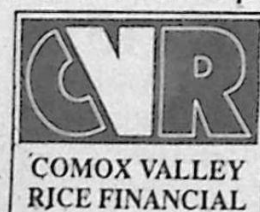
Did You Know?

The Books of Remembrance, housed in the Memorial Chamber of the House of Commons in Ottawa, honour the 114,710 Canadians who died while serving in military campaigns outside Canada. The collection of five books, one each for WWI, WWII, the Korean conflict, the Boer War and the Nile Expedition and province of Newfoundland, rest on altars made of wood and stone, the latter quarried in Flanders, France, where many of the dead are buried.

Each day at 11 a.m. guards turn the books' pages according to perpetual calendars. The calendars allow visitors to plan a trip to the Memorial Chamber to see a specific page. The Chamber receives more than 500,000 visitors each year.

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More changes at 19 Wing Hospital

The CAF is changing. Everywhere the talk is re-engineering, re-organization, higher efficiency, alternate service delivery, and cut-backs. The Canadian Forces Medical Service (CFMS) is very much a part of this evolution and "Op Phoenix" is the re-engineering plan for the CFMS.

In accordance with the Op Phoenix plan, the focus of the CFMS has shifted from on-base peacetime medical care to operational support, in the deployable sense, as first priority. To that end our second priority is training to facilitate this deployability. Finally, peacetime in-garrison/on-base medical services have become our third priority.

In keeping with the Op Phoenix plan, the Wing Hospital is required to realign priorities for our CFMS personnel. For example, deployability is already a reality in that three of our 17 medical personnel are currently deployed on UN duty and two are on standby. Future deployments are expected and very likely to increase. Training takes a much higher precedence in order to prepare our personnel to meet these requirements. As one would expect, such changes are far reaching and affect many aspects of current practices.

Earlier this year, based on low in-patient census and infrequent after-duty hours patient visits, it was reasoned that manning the Wing Hospital 24 hours seven days a week was not efficient or sustainable. Subsequently, hospital hours of operation were cut to 16 hours five days a week for a six month trial period. After-hours airfield and ambulance response were provided by the local B.C. Ambulance Service. Three result of this trial was that there are no significant shortfalls in service: B.C. Ambulance Service provided good emergency response times, St. Joseph's General Hospital provided capable and responsive in-patient and after hours emergency services, and the Wing Hospital implemented a regular training program focussed on operational issues.

While this was a good start, there is still a need to solidify, strengthen and expand the training program. Further, it was imperative that we continue to provide high quality on-base services. All this meant that we needed to identify any manpower wastage. The trial period revealed less than one patient visit per evening shift and good crash response with B.C. Ambulance Services. It became apparent that the Medical Assistant (Med A) manning the hospital 1600-2300 hours would be much better utilized during the normal work day, and so the decision was made to further decrease Wing Hospital hours.

None of this is to say that service or quality of service will diminish at the Wing Hospital. Actually, since most medical services are rendered during the normal working day between 0730 and 1530 hours, improvements in both areas are anticipated. There will still be a duty Med A, nurse and doctor on call 24/7. There will still be sick pa-

rade on weekends. B.C. Ambulance Services will provide for airfield emergency response. Members should go directly to St. Joseph's Hospital for serious illnesses or injuries occurring outside of normal hours of operation. (The Wing Hospital must be informed of all patient visits to St. Joseph's Hospital Emergency Department for medical and administrative follow-up.) Personnel with non-urgent medical problems are encouraged to attend the next available sick parade.

Effective 18 Nov 96, the Wing Hospital will adopt the following new hours of operation:

	WEEKDAYS	WEEKENDS + HOLIDAYS
MIR:		
•Sick Parade	0730-0900	1030-1130
•Scheduled appts. and clinics	0900-1530	None
PHARMACY	0730-1130 1300-1530 (Closed Mon & Wed PM)	Closed
HOR	0730-1130 1300-1530	Closed
OPTICAL SERVICES	0930-1400 THURSDAYS ONLY	None

To contact duty Med A outside these hours call:

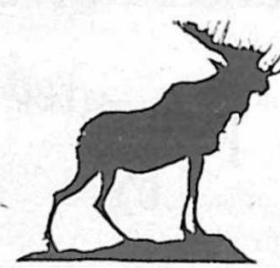
Cell 897-2744
Pager 975-1082
OR WOPS, L-8231

Phone numbers for ambulance service both military and civilian, are listed below and will be posted in Routine Orders and at the main entrance to the Wing Hospital.

EMERGENCIES

ON BASE WEEKDAYS	ON BASE WEEKENDS, HOLIDAYS AND AFTER HOURS	OFF BASE ANY TIME
0730-1500 hrs L-8444	WOPS L-8231	911

FOR SERIOUS ILLNESS OR MAJOR INJURIES
GO DIRECTLY TO
ST. JOSEPH'S GENERAL HOSP. EMERGENCY DEPT.



The Loyal Order of Moose invites...

all Moose Members, former members, friends and any military members interested in joining our Fraternal Order to join us for an evening of information and videos.

For the first 50 members, the annual dues and application fee (value \$50.00) are free.

The Purpose: To inaugurate a new lodge of the Loyal Order of Moose in the Comox Valley

The meeting will be held at the Comox Air Force Museum Theatre on

Wednesday

13 Nov. at 7 p.m.

For more information : 897-1230

Flight Plan 97 Ground School

Hello from Flight Plan. Things are going well with only four or five weeks to go until all of us here at 19 Wing Comox have completed Flight Plan 97. In the past, any articles submitted to the Totem Times have been produced by those of us who work here, so we asked a few Flight Plan graduates for their thoughts on the whole program. In response we received the following letter:

Hey Rick,
How's it goin'?

I just finished a three day course. They called it Flight Plan '97 but after some initial confusion it stepped up and kicked me in the forehead. These guys weren't talking about some Air Force "get into the warm fuzzy feeling, hug and kiss me, the newer, kinder military" mindset. They were talking about one of the most basic concepts of the military: teamwork! It blew me away. Sure, following orders to the best of our ability is primary, but it became apparent that the Air Force side may have lost that "use all of your available assets to achieve your goal" mentality.

The course began with the Organizational Universe, a little dry, but it emphasized how the values, goals and structure of an organization can affect and be affected by each other and by climate (not weather - things like Trust and Morale) and Environment (in our case, things like our families and our clients - Canadians). When Communication Patterns (part of Structure) came up we discussed "Orders." The point was "I tell my guys to go take that hill, they had better go take that hill." I brought up that, if the situation

allowed, it would be better to use what assets were available to do a better job. Neither approach was wrong. Climate and Environment would dictate when we could use each approach.

The course covered a lot of ground. The primary concern was communication. Some of it started to sound suspiciously like the "Hug and Kiss me" theory coming forward to threaten the military machine.

The Johari Window deals with relationships. The ideal relationship having, by comparison, the largest amount of "free and open exchange of information between myself and others" (FP'97, Module 2.2-18) and, in contrast, having a small amount of information about myself hidden from these others.

DESC dealt with supplying feedback towards another's behaviour. When some of the key ingredients are Caring, Trusting, Acceptance and Openness, I damn near got sick! I think it was about this time that the group decided that a "no hugging or kissing" rule be included on our ROE board.

Throughout the course "Have an open mind" was requested. After a few disturbing minutes of dealing with the Window and DESC concepts I decided that the Air Force wasn't asking me to become the ideal individual of all relationships, just to understand that there are better ways to facilitate a prosperous relationship. Personally, I figure this was somewhat of a leap, seeing how I was having a rough time accepting that I was having a relationship with everyone at work.



Something I found fun, therefore interesting, and quite pertinent was the Personal Values Inventory. It involved some self-labelling but I felt its value was in how we perceive ourselves and others perceive us. I was a "Cool Green" and, as the chart proclaimed, I did see myself as a thinker/planner/analyst. I didn't particularly like that others may perceive me as being a loner/nit-picker (surly, not I/analysis-paralysis). We had a chief who was a True Blue nice guy/friendly-helper/lover but who would hardly qualify as a push-over/bleedingheart/dormant!

The point being, I believe, is that if I understand myself I am better prepared to understand others around me. I know, I know, break out the flower print shirts and the lava lamps, Tom's goin' Guru. Let's just say productive teamwork involves knowing the people around you.

Basically, the rest of the course further defined and refined these concepts through work projects and discussion (with only a wee bit of peer pressure, browbeating and taking your turn as the devil's advocate, just for the heck of it).

All of this got me thinking about last Christmas when you and I were talking to Dad about the differences between the Army and the Air Force. He got ticked off, said we were all in the same military, "it's a crock!" He wouldn't believe the examples we gave. He couldn't accept that we knew what we were talking about. That's Dad - hard core Air Force.

Take care Bro,
Tom

Counter Attack poster contest

19 Wing Comox's project for the 1996 Christmas Drinking/Driving Counter Attack Program is a poster colouring/designing contest. The contest is open to all 19 Wing military and civilian employee dependants under 19 years of age.

There will be two different types of posters, each of which will be divided into various age categories. There will be a basic poster for kids nine and under to colour, and an official sheet for adolescents 10 to 18 to design their own poster. Parents are to ensure that they get the correct poster for the age of their children.

First, second and third prizes will be awarded to the various age category winners.

The posters will be available on or before Friday 11 November at the Military Family Resource Centre or various unit orderly rooms. Entries must be dropped off no later than 1400 hours on Tuesday, 10 December at the Family Resource Centre, or applicable unit orderly room. Unit drug education coordinators are responsible to deliver their unit entries to the 414 Sqn AMCRS section by 1500 on Wednesday 11 December. If further information is required, please contact the OPI

dren. First, second and third prizes will be awarded to the various age category winners.

Winners will be determined by a panel of judges and will be notified by phone as soon as possible. A complete list of winners will be published in the Totem Times.

So kids, why not have some fun and maybe win a prize or some cash for Christmas shopping? Get your entries in on time!!



Cops Corner

The Canadian Corps of Commissioners
by Cpl K.E. Leblanc

In this issue, we would like to introduce you to an important part of many Guardhouses; one that is often overlooked - the Canadian Corps of Commissioners.

The "Corps" was originally founded by Capt Edward Walter in England after the Crimean War in 1859. His goal was to provide dignified and worthwhile employment for veterans. Over the years his objective has been met and surpassed.

At 19 Wing Comox, the Security and Military Police Flight employs a Warrant Officer First Class (a Chief Warrant Officer equivalent within the Corps) who is responsible for the operation of the Pass Control Section of the Flight. Additionally, the WO1 position provides command and control/coordination of all Corps personnel that are contractually employed at the Base. The Wing is very fortunate to have Mr. Jim Craig in this key position. Jim "The Chief" Craig has been employed in the WO1 position for nearly 10 years, after having served in the Air Forces for 33 years. His years of dedicated service included a tour as the Base CWO of CFB Comox.

In addition to WO1 Craig, there are currently 14 full-time Commissioners being employed in three positions that provide 24 hour/day coverage in key locations. The Comox Valley is rife with ex-service personnel, many of whom seek positions within the Corps. Currently there are 15 "spare" Commissioners with a waiting list of nearly 100 names. WO1 Craig coordinates Corps contracts from the Comox Valley to the northern tip of Vancouver Island. Although traditionally thought of as a security services provider, the wealth of expertise within the ranks of the Corps makes the organization an excellent (and inexpensive) solution for organizations that are considering Alternate Services Delivery to stretch ever-shrinking budgets.

At 19 Wing, the Corps represents an integral part of the Wing Security Force, which is composed of the Corps of Commissioners, the Security and Military Police Flight and the Wing Auxiliary Security Force. The Corps provides access control at the Main and Restricted Area gates and HMCS Quadra, Goose Spit site, Comox.

The Commissioners are the first people all visitors to the Wing meet. They provide directions and issue passes to authorized patrons of the Base. Occasionally the Commissioners have to deal with interesting situations: insistent drivers who argue that #7 Hangar is the Powell River ferry terminal; erratic drivers that have slammed into the Guard Post at the Main Gate; impaired drivers/pedestrians; mentally ill persons who insist on talking to the Wing Commander on matters of National Security... In every instance, the quality of service of the Commissioners has been exemplary.

On a personal level, many members of the Corps become very close life-long friends and allies of Military Policemen and women. It is a friendship and camaraderie which carries on well past normal working hours. Security and Military Police members learn a great deal from the experience and wisdom of the Commissioners; they are a tremendous resource and invaluable link to our past and heritage.

To become a member of the Corps, a person must have served as a member of the Canadian Forces, another Commonwealth Force, or the R.C.M.P.

In our next article we will look at senior leadership positions at the Guardhouse.

NEXT DEADLINE
15 NOVEMBER - NOON



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phone: 339-8290

CMFRC

2nd Annual Business Fair



November 9th 1996
10:00am - 2:00pm

@
Florence Filberg Centre
339-8290

Looking for Christmas presents? Starting you're own business? Trying to find out what's out there in the world of home-based businesses?

Come and check out the Business Fair! It will be well worth the visit with a large number of various businesses showcasing their wares!

SEE YOU THERE!



Attention Quilters and Crafters!

The CMFRC is making a Banner, with its name, to display at community events such as Wing Family Fun Days, the CMFRC Business Fair and the International Women's Day Conference and we need your help!

The Banner will be made of several squares of material each with one letter of the following words:

*Comox Military Family

Resource Centre'.

Community members are encouraged to 'adopt a letter' and either quilt, cross stitch, embroider, or appliqué their letter, incorporating the theme of 'People in our Community'.

This is an opportunity to get involved, we will be having our first get together on Wednesday, November 13th

at 6:30 pm in the Program Building (120 Kinnikinnik).

If you have too many projects on the go already, you can still come and join us while you work on something different.

Call 339-8290 or 339-8211 local 8655 for more information.

Adult Programs

Focusing on the Positive

This four evening workshop provides participants with opportunities to strengthen self-esteem through increased self awareness and skill building.

Facilitator: Mara Pungente

Date: December 2nd, 4th, 9th & 11th

Time: 6:30 - 8:30pm

Location: CMFRC Program Building, #120 Kinnikinnik

Fee: \$10.00. Fee due at time of registration.

Registration: Call 339-8290

English Conversation Group

Come and practice your English conversation skills in a relaxed and friendly atmosphere. We meet Friday mornings 10:00 am - 11:15 am at the CMFRC Program Building, #120 Kinnikinnik. Call Mara at 339-8211 local 8655 for more information, or just drop-in.

Coffee Morning Drop-in

Come on out and join us for coffee, tea, or whatever and some great conversation! We are changing our dates from Tuesdays to Wednesdays and will have our first 'Drop-In Morning', on November 13th starting at 9:00am. It will be a fun chance to get out of the house and meet new people so please drop by!

Kinnikinnik

Child Care Centre

New Saturday Programs!

Saturday Parents and Tots: Register now for our Parents and Tots program held every Saturday from 9:30 - 11:30am. Come out to a morning set up for your toddlers with crafts, songs and activities both inside and outside. Younger and older siblings are welcome to join this play group as well. The cost per family will be \$8/month or \$2/drop in. Minimum enrollment 6 families. If you are interested in this program phone 339-5051 or 339-8290 and reserve a space. Start date is dependent upon enrollment.

Saturday Children's Craft Session:

Time: 2:30 - 3:30pm

Ages: 4-6 years

Cost: \$12/session (4 weeks)

Session 1: Nov. 29 - Dec. 19th - Christmas Decorations

Registration: 339-5051

Spaces Are Also Available In:

Preschool Program with French Introduction

Starting November 1st

Monday, Wednesday and Friday

12:00 - 2:30 pm, \$93/month

Youth Activities

Teen Dance

Next teen dance at the Wallace Gardens Community Centre will be on Saturday November 16 from 7:30 - 10:30 pm. Cost is \$1.00 per person. In order to increase the variety of music you are welcome to bring your own CD's.

Video Creation Update

A group of 8 enthusiastic teens have been busy creating their own video about youth perceptions. They have been learning how to put all their ideas into one package - a video! This video will include everything written by the teens - scripts, songs, & special effects. Watch for the opportunity to view the finished product in the upcoming future.

Gym Nights

Every Wednesday evening from 7-9 pm is a drop in gym night for teens. Come on out and join on in the rigorous floor hockey games or badminton rallies. No recreation pass is necessary during this time only. Remember to wear white soled shoes.

Youth Circle

Our first meeting will be on Tuesday November 12th from

4-5:30 pm at the CMFRC Program Building. Anyone interested in having input into what upcoming workshops, events, fund raisers, you would like to see happen, this is a fun opportunity to be in on a part of the planning.

Wallace Gardens

WGCA annual Christmas House Decorating Contest

You must be a member of WGCA to win a prize. Judging dates TBA.

Categories and prizes will be as follows:

First overall (traditional) - \$75.00

First overall (non-traditional) - \$75.00

First overall (creative) - \$75.00

An honorary prize of \$25.00 will be awarded to each of Wards 1 through 9

Halloween Party

The WGCA held its Halloween Party on 26 October at Airport School and over 180 children and adults attended. Children four years and younger came from 0900 to 1030 hours and the older ones came from 1030 to 1200 noon. There was a one hour break for lunch and then the party continued. All the children attended a dance from noon to 1500 hours at the Community Centre.

We had a total of 10 stations set up for each age group. Each one was different depending on the age of the child there at the time. For example, the older ones bobbed for apples on a string and the younger ones bobbed for marshmallows. Each game was geared for the age of the child. Over 40 prizes were handed out and everyone had a good time. There was also story telling and a

colouring contest.

The dance was the highlight for the children. We even had two year olds attend. Don't laugh, you should have seen what these children could do.

We would like to thank all the volunteers who planned this event and also congratulate the children. They were well behaved and a credit to all the parents who brought them.

Recycling

Sorry for the confusion regarding things to put out.

Cardboard: This includes toilet rolls, paper towel rolls, cereal box's & soap box's. Any plastic or inserts, must be removed. This pick up does not include milk cartons or any waxed cardboard.

Newsprint: Any newspapers including inserts delivered with newspapers and any newsprint quality paper used for moving.

Please Remember: The above items must be bundled and tied in separate piles, one for newsprint and one for cardboard.

FAMILY BINGO

Our Family Bingo is always held on the first Sunday of each month from 1:00 to 3:00

at the Community Centre

.25 cents a card to be played every game

Come on out and try to win a prize!

In search of Santa

We are hoping to have Santa Claus come to Canex on a regular basis throughout the Christmas holidays. We are looking for moms and dads who would be willing to volunteer one night or day of their time helping out this old gentleman. This is a worthwhile event but we cannot accomplish it without your help.

Children will be able to drop off their letter in Santa's Mail Box in Canex. The hobby shop hopes to make a mail box that Santa will be proud of. The letters will be

sent off to Santa as quickly as possible and he has promised to reply to each and every one.

The WGCA is only as good as its volunteers. There are times when we request help and this is one of them. All it will take is a few hours of your time for a weekday or weekend morning or evening in order to help make this Christmas special. Call Linda Jeffrey at 339-8211, local 8571 or Kathy Bertin at 339-7522 if you can assist.



Do you live in MQs?
Are all your animals registered?

You can register your animals at the MQ Association in Canex from 0800 - 1230 hours Monday to Friday. If you have any questions phone Linda at 339-8211, local 8571. Please register your animals as soon as possible so that you will not receive a fine.



NEXT DEADLINE 15 NOVEMBER 1996

EQUITY COUNTS!!!

Are you living under a huge debt load?

GET OUT FROM UNDER IT!

Maybe it's TIME you used the EQUITY in your home to consolidate your bills. Maybe it's TIME you used the EQUITY in your home to do some of those renovations you've been wanting to do...

At Beneficial

we specialize in Home EQUITY Loans. You can use the EQUITY in your home for any purpose.

For more information call

(250) 334-4273

#5-468 29th St., Courtenay, B.C.



Loan Amount	Loan Payment
\$10,000.00	\$115.00
\$15,000.00	\$173.39
\$20,000.00	\$231.19
\$25,000.00	\$288.99

O.A.C. Payment based on a 25 yr. amortization

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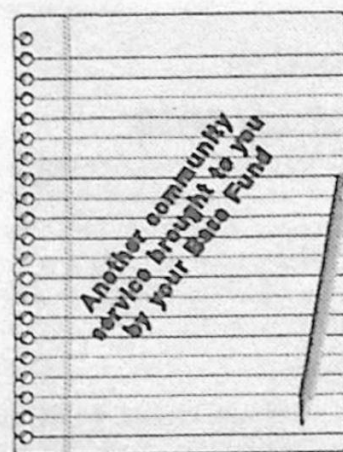
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For more information call



The Bulletin Board

Free Classified Advertising for members of 19 Wing and their families.

Ads must be 25 words or less, legible and either hand delivered or dropped in the base mail. No phone ins please.

Autos for Sale

1992 Ford Explorer XLT 4x4. 70,000 Kms - loaded: tinted windows, running boards, ext. warranty til 98. \$20,500 o.b.o. 339-3691. <1/2>

1968 Mustang notchback, 6 cyl auto. 77,000 orig miles, California car. No rust. All documentation. Asking \$4,800. 339-6590

A Part of the Comox Valley for Over 50 Years

PIERCY'S
FUNERAL HOME & CREMATORIUM
440 ENGLAND AVE. COURTENAY, B.C. V9N 2N1

Bill Perry
Manager

Phone: (604) 334-4464 Fax: (604) 334-1535

For Rent

Spacious townhouse, close to Superstore and North Island College. 3 bedroom, 2 bath & 5 appliances. Non-smoker, no pets, preferred. \$750/month plus utilities. Call 338-2584. <2/2>

House to Share

\$350.00/month, utilities included. Bedroom furniture optional. Hot tub, swimming pool next summer. Call Marie 338-6880 or local 8399. <2/2>

Wanted

1979 Yamaha 650 Special - for parts. Engine not important. Phone Ron at 339-3330 after 5:00 pm. <2/2>

Envelope stuffing

Stuff envelopes at home. Earn big dollars. Free supplier available. For info rush self-addressed envelope plus two loose stamps to: H Enterprises, Box 964, Peterboro, Ontario, K9J 7A5.

For Rent

Duplex available Dec 1. Newer 2-bedrm in family oriented Cumberland. Carpet, new washer/dryer, carport. Clean & pretty, nice neighbours. N/S, no pets. \$650.00 Call 336-8071

For Rent

Waterfront home, two bedroom, F/S, W/D, dishwasher. Kin Beach area. \$1,100 per month includes hydro and cable. 338-0442

Miscellaneous for Sale

RCA 20" TV Colourtrak stereo monitor - auto program, etc. Excellent condition, 4 years old. \$200.00 338-217 <2/2>
Sectional couch, rust coloured, older, good for Rec Room, very comfortable. Asking \$200.00 o.b.o. 890-0317 <2/2>
Sharp carousel convection oven. Good working condition. \$60.00 338-9751 <2/2>
Aquarium - 10 gal, heater, water filter, \$100.00 o.b.o. 339-9243

White fridge & stove. Very good working order \$650.00. 339-1616. <1/2>
Twin stroller, Fisher Price gates, little pushing toy for 2 year old, big Mega Block. Sylvie 897-1648. <1/2>

FREE

Small grey 6-month old kitten - needs good, caring home - found - abandoned. 339-2108

A REFLECTION OF PEACE

THE ROYAL CANADIAN LEGION

TAKE TIME TO REMEMBER



WE NEED YOUR HELP!

We need several volunteers to play Santa on different days and in this way you will only be giving a few hours of your time to the Base children.

The Wallace Gardens Community Association plans to have Santa at the Canex mall from 2 to 13 December. Please lend us a hand to make this time special for the children. Give Kathy Bertin a call at 339-7522 or phone Linda at 339-8211, local 8571.



Alert flags for sale

Unique keepsakes from Canada's most northerly permanent settlement are being offered for purchase. Souvenir Canadian flags, each flown for one day at CFS Alert, are now on sale for \$28.00 by the Canadian Forces Supplementary Radio System (CFSRS).

The standard-size flags, purchased in bulk by CFSRS, will be shipped to Canadian Forces Station Alert, flown for a single day, then tagged for identification. Each person who orders a flag will also receive a full colour certificate with details about the day the flag was flown.

Orders for the flags should be sent, with cheque or money order payable to the CFS Alert Souvenir Flag Fund enclosed, to "System CPO, CF Supplementary

Taking Off Pounds Sensibly (TOPS)

Want to take off a few pounds but don't want to do it alone? Come and join us every Wednesday at 6:30 pm in the Conference Room at the Base Rec Centre. Friendly smiles, words of encouragement and "you are not alone" atmosphere. For more info call Kathy at 334-4134 or Shauna 338-9530.

Remembrance (con't from page 9)



not only the wind that brought the tears to his eyes. In the silence that followed he could hear loud whispering behind him.

"It's friggin' cold man!"

"Yeah, it's like this every year! Wish they'd do this stuff indoors!"

"Hey! Is old man Baker watching us? Maybe we can blow this scene!"

"Uh...yeah, he just looked over at me. We're stuck here for the whole thing."

"Hell man! I wish they'd hurry up! Why isn't anything happenin'?"

"Dunno. Sure are a lot of old fogies out here today!" Silence again for a moment and, with a sudden shock, Douglas realized that they were talking about him.

"Hey, when these guys all kick the bucket, you figure we'll still have to do this? I mean, there's gotta come a day when the last vet snuffs it."

"Never thought about it man. Hey! There's Lisa! Come on!"

Douglas heard them snicker and move away. He bent his head and felt the bitter cold cut through his blazer, chilling him to the bone. Certainty gripped him, and he knew this would be the last time that he would stand on this parade. Last Post rang crystal clear and he could feel himself starting to shiver as the sun disappeared behind grey clouds. Behind a curtain of haze he stood numb to the remainder of the ceremony taking place around him. Speeches of sacrifice, wreath-laying, Flanders' Fields, the gun salute; it all passed by meaningless in the aftermath of the words he had heard earlier. It was just so useless now.

The ceremony ended and Douglas turned with everyone else, his feet moved as always, marching to Main Street and back down Queen to the mall parking lot. The column came to a halt and they were dismissed. Douglas hurried a bit to catch up with Jack.

"Jack!" he called. Jack turned and looked at Douglas in surprise. "Doug?"

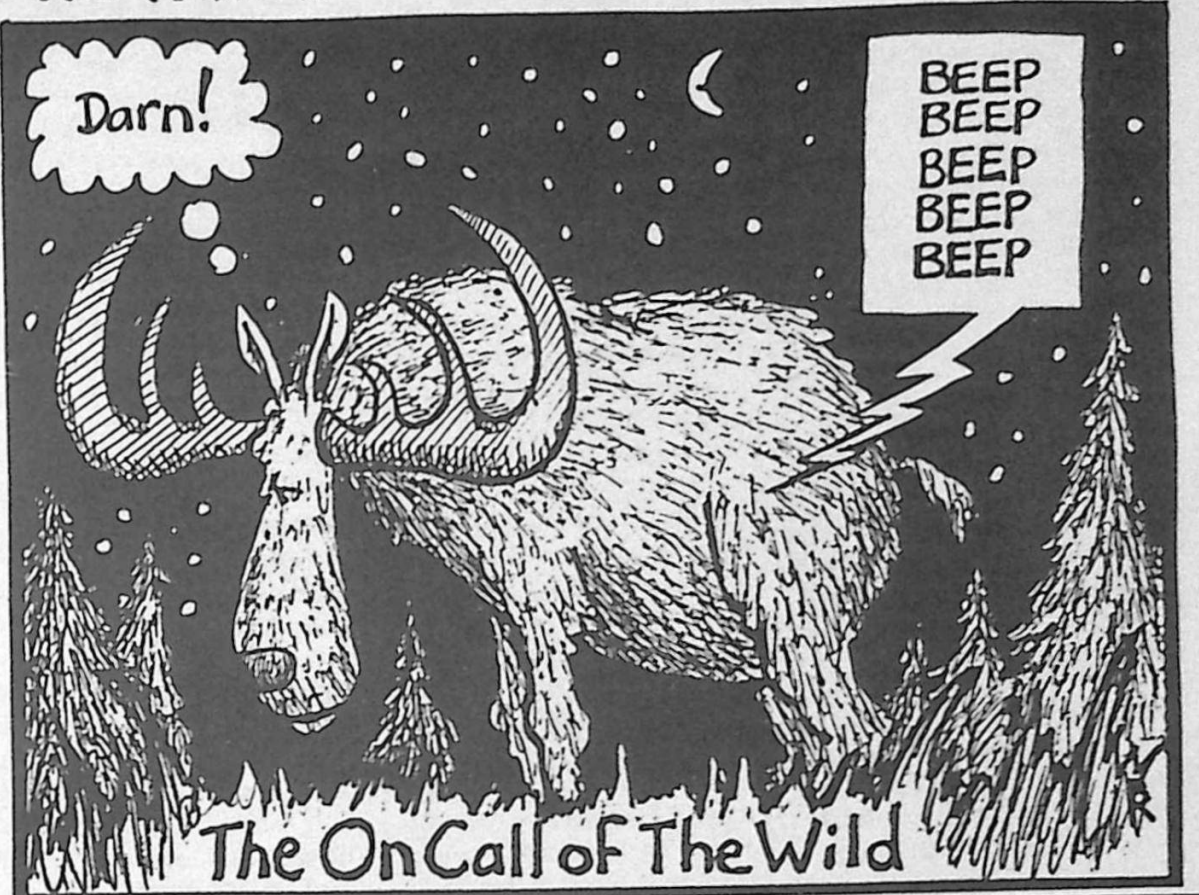
"Jack, I just wanted to say..." Douglas held out his hand. "It's good to see you Jack." Jack looked intently at his old war buddy and took his hand. It was very cold.

"Sure Dougie, it was good to see you too." Jack smiled hesitantly and then they both let go at the same time.

"Take care Jack. I'll be seeing you."

"And you too Dougie." They smiled again and then each continued on his way. Jack took a few steps and then turned to look back. Douglas kept walking towards his car.

FREAKSHOW



Key surveillance provided

At approximately 0800 hours on 11 October, a sailing vessel carrying a large amount of illegal drugs was seized by an RCMP Emergency Response Team deployed from HMCS Terra Nova. This was a coordinated effort between the RCMP, Maritime Air Group and Maritime Forces Atlantic.

The CP140 Aurora aircraft flying from 14 Wing Greenwood played an integral part in this operation. Flying long endurance patrols and utilising their varied sensors, the Auroras maintained constant coverage in the area of interest on a 24 hour basis over several days.

While the Auroras are optimised for surveillance and anti-submarine roles, their equipment, long endurance and highly qualified crews are capable of fulfilling a multitude of roles including the covert surveillance of criminal activity off the coasts of Canada.

This is the second occasion in two months that Auroras have played a significant role in the interception of major drug shipments destined for Canada. In September, an Aurora aircraft tracked and intercepted a light civilian aircraft enroute for Clova, Quebec with a shipment of drugs.

TODAY'S CROSSWORD PUZZLE

ACROSS

- 1 Dogpatch's Mammy —
- 6 Diplomacy
- 10 Bushy hairdo
- 14 Entertain
- 15 Baseball family name
- 16 Soared
- 17 Walked in the ocean
- 18 Door frame
- 19 Oil or coal
- 20 Rosy-cheeked
- 22 Leisure times
- 24 Zodiac sign
- 26 Sly
- 27 Newsletter
- 32 Hall-of-Famer
- 33 Assumed name
- 34 Expire
- 36 Have bills
- 37 Lodging places
- 40 Brief
- 41 Part of a book jacket
- 42 Make lace
- 43 Freshwater fish
- 44 Stray call
- 45 Heat source
- 46 Drench
- 48 Woos
- 51 Soggy
- 52 Appliance for a college student
- 54 Chopped fine
- 58 Opposed
- 59 Singer Irene —

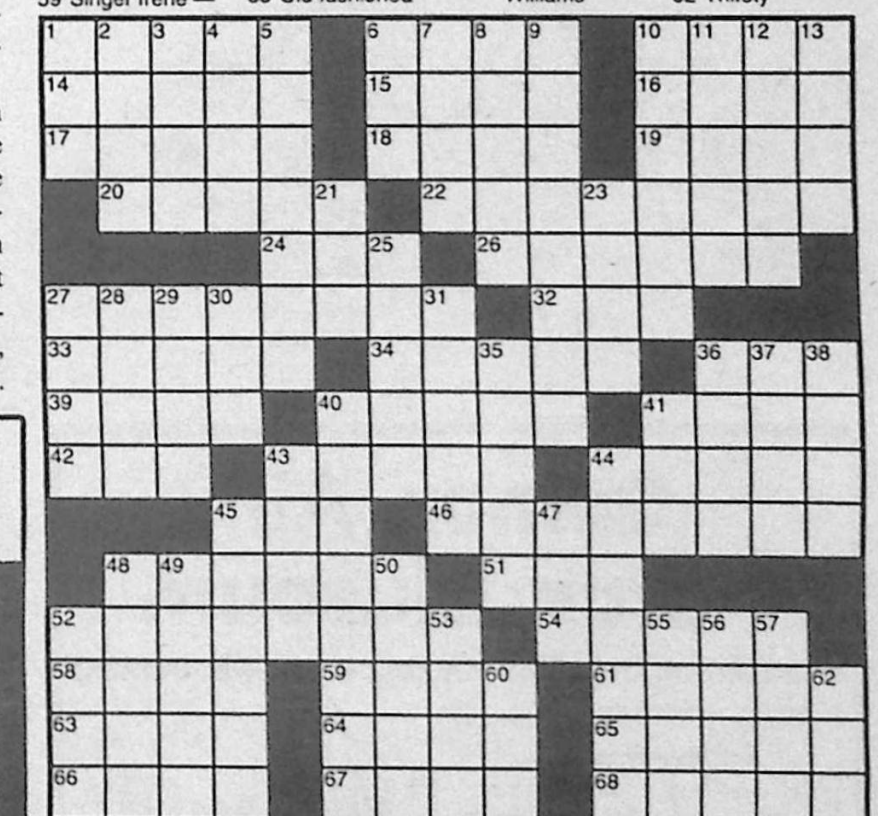
DOWN

- 1 Swing around, as a ship
- 2 Actor Sharif
- 3 African antelope
- 4 Exploited
- 5 Interferes
- 6 — Mahal
- 7 "There ought to be"
- 8 Celestial body
- 9 Sweet-scented flower
- 10 Influence
- 11 Fail
- 12 Like long grasses
- 13 Wise birds
- 21 Up to now
- 23 High-flying toy
- 25 Edmonton hockey player
- 27 Minnows, e.g.
- 28 Arm bone
- 29 Loose threads
- 30 — Vegas
- 31 Undercover cops
- 35 Old-fashioned

PREVIOUS PUZZLE SOLVED

LACKS	PAIR	SPEW
ALONE	ACNE	PILE
SALES	PRAM	ANDIA
HIDEAWAY	OYSTER	
MOLL	RUMORS	
BARTER	ISAK	
OLEO	SACK	OBOES
LEAFIER	IGNOBLE	
LEMUR	LIME	RISE
ATOM	SENSED	
VACATE	ASSN	
OLIVER	GEODESIC	
FLANK	EMBARASSA	
LIVES	SUNG	ANGER
REST	AGEE	RENDS

2-10-96 © 1996, United Feature Syndicate



COLUMBO'S

STEAK HOUSE

PIZZA N PASTA

Luncheon & Dinner
Pickup Available
Italian & Greek Dishes
Banquet Room for Parties
Open 7 Days a Week
1-450 Ryan Rd. Courtenay
338-1488

Clearance AT

WIN'S SILKS

1440 Ryan Road, By the Base Gate - HRS: 10-5 Tue-Sat

Selected Flowers, Plants, Wedding Supplies Crafts & Christmas

55% off Everyday Arrangements

339-7195

If you haven't been in yet, drop in today, you'll be pleasantly pleased.

Family History Research

Are you interested in tracing your family tree? I offer reliable research at realistic rates. Call Family History Researcher, Joyce Berry at (604)339-4227.

Attention all Former Terns

Maritime Proving and Evaluation Unit is seeking your help and input for two projects - a book on the unit and the updating of our Alumni List. What we need are humorous anecdotes, pictures, serious stuff, silly stuff - anything pertaining to the unit and the people therein. We need to know something about you too, such as your address, telephone number, name of spouse and position you held, i.e. CO, AESOP, Tech, etc.

Any pictures, cuttings, etc., submitted will be returned to you provided a clear and legible name and return address are submitted with them.

Put on your thinking caps and send us your input. Our fax number is AVN 568-5449 or Commercial (902) 765-1494, ext. 5449. Any queries can be directed to the Orderly Room at AVN 568-5335 or Commercial (902) 765-1494, ext. 5335.

WHAT'S YOUR HURRY, B.C.?

YOUR LOCAL POLICE ICBC

Volunteers Needed

The Therapeutic Riding Society is looking for volunteers. If you can give a couple of hours a week to a very worthwhile cause, please phone 338-1968 and ask for Marg. NO experience with horses is required.

Newcomers' Club

For women new to the Comox Valley within the last two years. Next meeting November 4 at the Comox Community Centre (Upper Lounge) at 1855 Noel Avenue. Join us at 7:15 pm for coffee - meeting to follow at 7:30 pm. Come share refreshments, prizes and friendship. Bring 3 yards of 1" ribbon for bow and gift wrap event. Many interesting and new activities throughout each month. Call Pat 335-9120 or Katharine 338-0938.

Association Francophone de la Vallée de Comox

479A, 4e rue, Courtenay

Activités du mois de novembre:

Le jeudi, 7 Mini Franco-Fun à l'Association de 15H à 16H30 (0 à 8 ans)

Le lundi, 11 Cinéma-famille à l'Association à 14H00 (0 à 99 ans)
Titre: Mon ami Willy 2 Coût: Don

Le jeudi, 21 Mini Franco-Fun à l'Association de 15H00 à 16H30

Francophone activities for November:

Thursday, 7 Mini Franco-Fun at the Association from 3:00-4:30 pm

Monday, 11 Family cinema at the Association.
Titre: My friend Willy 2 Cost: Donation

Thursday 21 Mini Franco-Fun at the Association from 3:00-4:30 pm

Bill Hooper, Aug 1916 - Oct 1996

by "Wychbowl Eight"

Most of our readers will wonder "Just who was Bill Hooper?" Ask any of the Air Force veterans in the Comox Valley, they'll tell you. His contribution to the success of Commonwealth Air Forces will probably never be calculated. This article is my tribute to his work and memory. Though I never had the pleasure of knowing him personally, I most certainly knew his most famous character, P/O Percy Prune, the clottish pilot who made every boob imaginable - and yet survived. This character, later aided by similar aircrew members, was used to stimulate the reading of "Tee Emm," and thus boost the learning process.

Bill Hooper joined the RAF at the outbreak of war, hoping to become an Air Gunner, but he was posted to 54 Fighter Squadron as a General Duties Clerk. His experiences during the Battle of Britain gave him the inspiration to create the cartoon charac-

ters of P/O Prune, and Airman Plonk. Whilst 54 Sqn were "on rest," their CO asked Hooper to illustrate an advisory booklet "Forget Me Nots for Pilots."

At that time some far-seeing person in Air Ministry (yes, Virginia, there were one or two) conceived the plan to encourage we dim aircrew to improve our knowledge and skills via a then untried humorous approach. F/L Anthony Armstrong Willis, a "Punch" writer, was given the job of editing and compiling a monthly training magazine. Thus it came about that he recruited Bill Hooper to draw the cartoons, and Training Memoranda was born.

The first issue of "Tee Emm," as it was called, was issued in April 1941 and was an instant success. From then on aircrew who would line up to see how "Jane" was doing in the Daily Mirror, would now eagerly await the next issue of Tee Emm. Much of this enthusiasm was because of

Bill Hooper's cartoon illustrations.

Bill never held rank higher than F/Sgt, and was never given any decoration, though I seem to remember Armstrong Willis getting an OBE, which he truly deserved.

Tee Emm was a unique publication and a novel approach to technical education. If any wartime publication could truly become a genuine Ph.D. study in the future, this is the one and Bill Hooper was the man who made it such a success.

For readers old enough to remember P/O Prune, and those who never knew him, the Rowe Memorial Library has two volumes of facsimile copies of Tee Emm well worth a visit to see what Bill did for the War Effort.

Later he went on to publish books under the name of "Raft" and produced several "Prune" books - the last in 1991.

Thanks, Bill. We will miss you, but Prune lives on. As one of my groundcrew said, "The thing to note is that Prune was a pilot, AND an officer!!"

Heritage Happenings

The restoration of the H-21 helicopter is proceeding with some help from a new face in the hangar. Sgt Randy Butler of 442 Sqn has taken over as the main push behind the restoration and things seem to be moving along nicely. The helicopter is still located within the temporary shelter next to the arena but may be moved into the 442 hangar periodically for some added comfort while working on the weekends. The interior has been completely gutted and cleaned and the old paint has been removed, in the main, from the exterior. Several of the upper panels still have to be rebuilt because they have suffered severe corrosion damage after prolonged exposure to the elements.

WO Ford has been seen diligently working on the CF-101 and CF-104. The report is that many of the cosmetic fixes on the 101 have been completed but that the 104 has some corrosion damage to the main and nose gear, again because of trapped moisture and prolonged exposure.

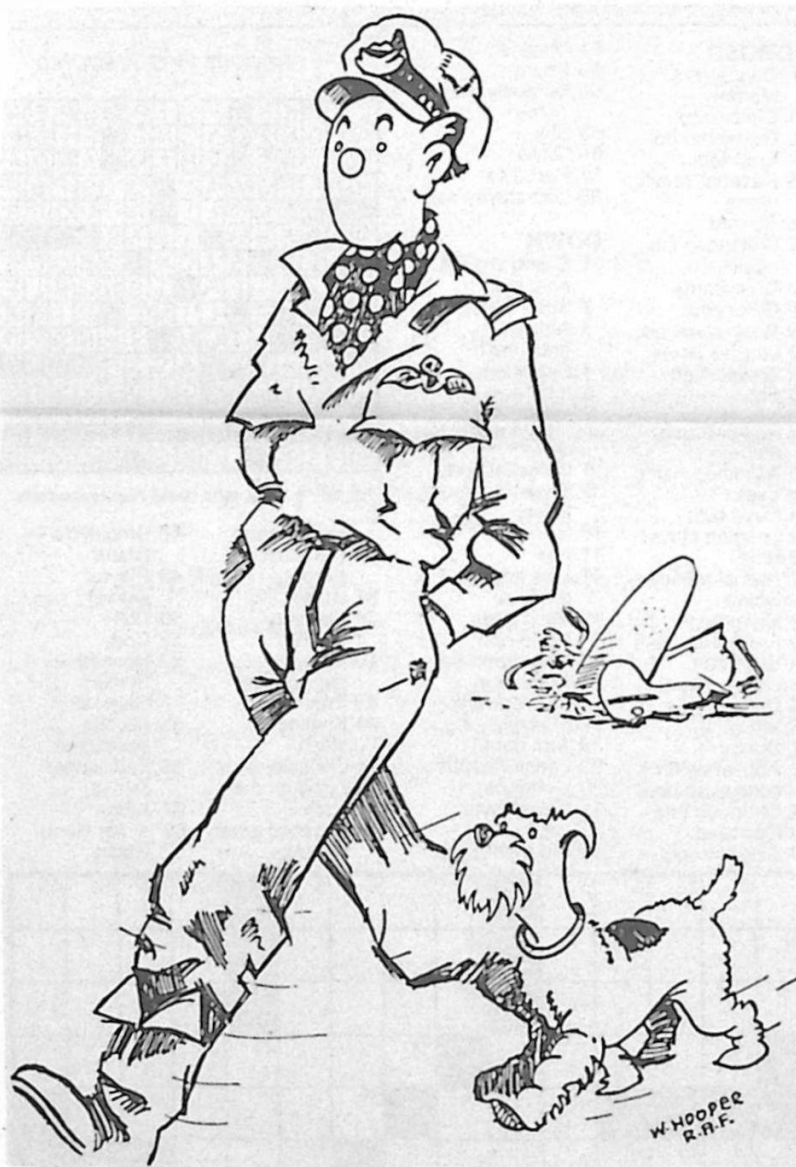
Capt Stan Boyd of Cadet Air Operations has commenced work on the Dakota fabric surfaces in anticipation of project approval by the Wing Commander. All of the old fabric had deteriorated to the point that huge chunks were literally blowing in the wind. Capt Boyd has extensive experience in recovering the Cadet gliders and was a natural for the job of refinishing the Dak. If all goes well, he expects to have the surfaces recovered and painted in a silver finish by early January.

Capt Richter of the main museum is off to Hamilton, Ontario this week to liaise with the Canadian Warplane Heritage group. They are hosting a seminar on aircraft procurement along with a meeting of the Museums Association and he will be our representative there. He also plans a

50 year Continuous Service Medal



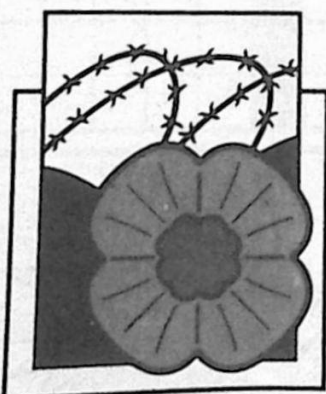
Marjorie Arnold, President Comox Legion Branch 160, presents Bernard Coolen with his 50 year continuous service medal. Bernard's wife Kate is sitting at right. At the time of Br. 160's Honours & Awards Night, both Coolens were in separate hospitals after having been severely injured in their car when Bernard had a heart attack and went off the road. They have just recently returned home but are still receiving treatment for their injuries.



P.O. Prune's definition of a good landing is one you can walk away from.

Comox Air Force Museum

(located at the main entrance to CFB Comox)



"We will remember them"

Open 10:00 a.m. till 4:00 p.m. Thursday - Sunday and Holidays

trip to the Trenton Museum and AMDU to see what is available in the form of aircraft and artifacts. He hopes to meet up with Don Pearsons of Air Command to find out the latest in the Heritage business.

The Air Force Museum is also participating in the "Canadians Remembered" event that is scheduled to take place in Vancouver on 9 and 10 November. Corky Hansen, the Museum Curator, is putting together a few display cabinets that will fit into the back of a Labrador helicopter and they, along with our resident magazine expert, Mr. Don Macklin, will be proceeding to the Seaforth Armoury to participate in the commemorative display and ceremonies. Transportation is, of course, courtesy of 442 Sqn and the helicopter and crew will be staying for a static display. Should be fun and informative for all.

Tet Walston has now volunteered to be the Rowe Library custodian on Thursdays and this much welcome contribution is in addition to the Friday time slot being filled by Peg Johnson. Thus, the library is open for research assistance on Thursdays and Fridays from 10:00 a.m. till 4:00 p.m. The museum staff are always looking for informative articles and anecdotes relating to Air Force history. Feel free to contact any of the staff if you have an interesting article or story that you feel should be published. It doesn't even have to be a finished or polished article. Get the pictures and facts to us and we'll do the rest.



Military Aviation Historical Conference

One of the initiatives being undertaken to increase awareness of Air Force heritage and history is an annual Military Aviation Historical Conference. The third conference in this series will be held at the Royal Military College, Kingston, Ontario, 13-15 June, 1997.

The conference will bring together serving members, historians and aviation enthusiasts in order to explore the theme of "The Evolution of Air Power in Canada." Papers are invited which will explore the growth of aviation in Canada and its social, economic and political impact upon the country. Included within the conference will be a segment on Canadian aerospace industry. Papers presented will be published at a later date.

Personnel interested in either presenting a paper or attending the conference are to contact the SSO Hist, Maj Bill March, for additional information. He can be reached at AVN 257-5152, Com 204-833-2500 ext 5152 or via fax at 257-2512.

This conference is a unique opportunity to increase the visibility of Air Force heritage and history among both serving members and the general public. As such, it will allow for a more systematic examination of our past in order that we may better prepare for the future.