



## Free Classifieds

....Page 14



And they're off...  
and wet  
page 5

(Photo by Cpl Josée Ménard)

The Comox Valley's Oldest Newspaper



# TOTEM TIMES



19 Wing CFB Comox B.C.

VOL 38 NO 10

THURSDAY 6 JUNE 1996

COST: PRICELESS

## CDS Hits the Mark

by  
Capt David Krayden,  
WPAffO

If you missed the CDS last week, it wasn't because he was hiding. Gen Jean Boyle visited every mess on the wing, the community centre and all three hangar floors during his visit to 19 Wing. He insisted upon speaking one on one to those who had specific concerns.

If the CDS has one overriding mission in mind when he visits bases and wings across Canada, it is to raise morale, to communicate his firm conviction that the senior leadership of the CF has to demonstrate its concern and commitment to the well-being of its personnel. He spoke of pay raises, those already achieved and those which are possible in the near future. He criticized the present PER system and suggested a more objective appraisal of job performance is not only possible but essential.

Perhaps the CDS' most popular announcement was that concerning terms of service. Gen Boyle pledged to guarantee job security for CF personnel who desire to stay within the service and who can continue to meet the requirements of their occupation. The plan is to divide a member's service career into three terms, where decisions on employability are made at the five year, 20 year



Welcome Aboard

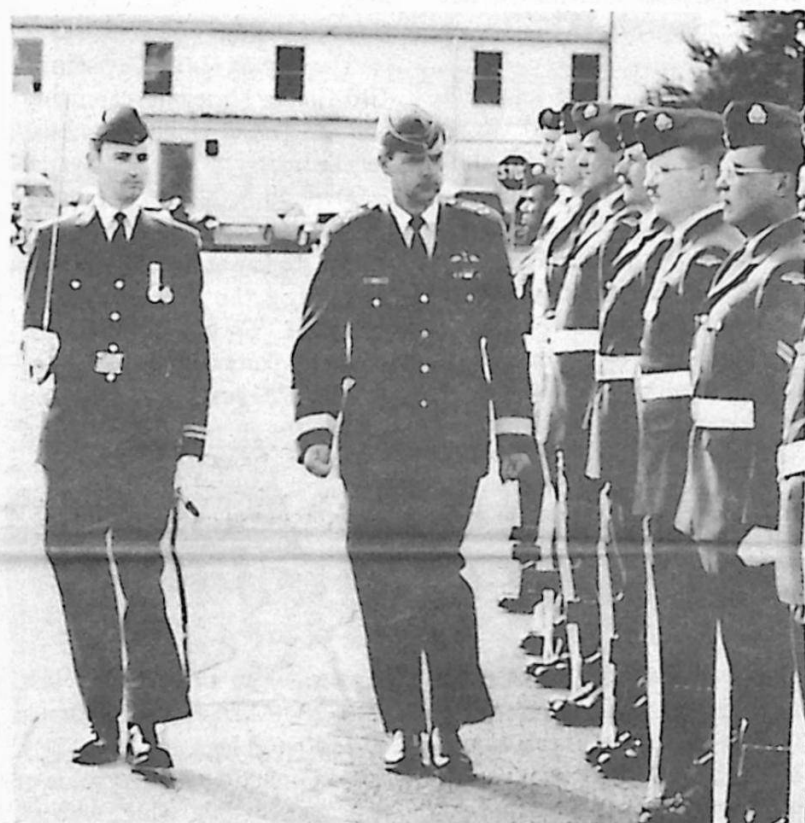
The CDS, Gen Jean Boyle, arrived last Wednesday afternoon and was greeted by WComd Col Brian MacLean. (Photo MCpl Edith Cuerrier)

and 35 year marks. Unless just cause can be shown, the member can choose to stay in the military after 20 years of service - up to 35 years - regardless of rank level. Service in excess of 35 years would be contingent upon the personal approval of the CDS. Gen Boyle described the concern over terms of service as the "single largest grievance in the CF today" and called the need to change things his "top priority."

Personnel issues are always at

the top of this agenda. "I am responsible to two people as CDS: the Prime Minister of Canada and you, the personnel of the Canadian Forces - not the politicians and not the media."

As the most activist CDS in recent memory, Gen Boyle has committed himself to the realization of his policies. "I've only got 31 more months in this job. And I'll be back in two years to ask you if we've made the cut, if we've failed or succeeded."



Inspecting the Troops

Gen Boyle commenced a very busy Thursday with an inspection of a 19 Wing Guard of Honour. The CDS expressed pride in the appearance of the well-turned out guard. Photo MCpl Edith Cuerrier

## Force Commander's Commendation

The tireless dedication - on duty and off - of three Air Force peacekeepers to help restore the shattered infrastructure of Haiti has earned them an official commendation.

MCpl Roger Giguere, Cpl Rob Silverthorne and Cpl Kevin Blake of the CFB Comox Transport Section all spent many hours of their own time in humanitarian work during their six month deployment to Haiti and have received the Force Commander's Commendation from U.S. Army Maj Gen Joe Kinzer for work that was truly above and beyond the call of duty.

During their off-duty hours, the three helped rebuild an entire school, by building 40 new desks, a new kitchen with tables, new doors and casings, and a new caretaker hut. They painted classrooms, improved bathroom facilities, levelled the playground for the children and even built a soccer pitch for the school.

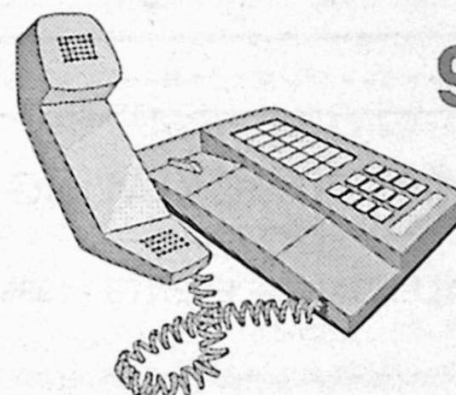
The Canadian Medium Transport Flight in Haiti comprised 36

military personnel who operated 16 heavy transport vehicles. During their six months in Haiti, the team delivered a total of six million pounds of cargo in their 950 deliveries.



Humanitarianism in Haiti

CFB Comox peacekeepers from the base transport section complete another delivery of supplies. During their six month tour of duty in the troubled Caribbean nation, three Comox personnel helped build a school in their spare time and have been recognized for their efforts with a Force Commander's Commendation.



## 911 Now In Effect

Effective 30 April 96, the North Island has converted to the 911 telephone system for reporting Fire, Police and Ambulance requests. All fire calls are routed through the Campbell River Dispatch Control and the nearest Fire Department is notified to respond. For 19 Wing the fire reporting procedures are:

On base or at Quadra ---- call 8333  
PMQ occupants-----call 911

Note: To assist the 911 dispatcher, identify that you are calling from PMQ's at CFB Comox

For more information contact the Wing Fire Chief 1cl 8552 or his deputy 1cl 8698





# Legion Log

BRANCH 160 COMOX 339-2022

## ENTERTAINMENT:

Fri 07 June - music by HIGHWAY 19  
Fri 14 June - music by ALLEY CATS  
Fri 21 June - music by TONY POLLON

## REGULAR EVENTS:

SUNDAYS.....Lounge Hours 12:00 Noon to 7:00 pm  
MONDAYS.....LA Drop-In Bingo, Upper Hall, 7:00 pm  
Monday night Men's Dart League recessed until Sept.  
TUESDAYS.....Mixed Dart League recessed until Sept.  
Ladies Crib League recessed until Sept.  
WEDNESDAYS.....Navy League Drop-In Bingo, 7:00 pm  
Upper Island Men's Crib League recessed until Sept.  
THURSDAYS.....\*1st Br.160 Exec. Mtg. Upper Hall, 7:30 pm  
\*1st L.A. Executive Meeting (as required) 7:30 pm  
\*2nd L.A. General Meeting, Upper Hall, 8:00 pm  
\*3rd Branch 160 General Meeting, Upper Hall, 8:00 pm  
FRIDAYS.....TGIF, Meat Draws in Lounge, 3:00 - 6:00 pm  
Dance, Lounge (unless advised)  
SATURDAYS.....Meat Draws in Lounge, 3:00 - 6:00 pm  
SPECIAL EVENTS:

16 June: Fathers' Day Wine & Cheese hosted by the Ladies Auxiliary. Music by Karaoke Sound Stage.  
Hall Rentals or requests for Special Functions: Please contact Ken Seymour in office, Mon - Fri, at 339-2022.

BRANCH 17 COURTENAY 334-4322

## REGULAR EVENTS:

BINGO.....every Thur, Fri & Sun 7:00 pm  
MEAT DRAW.....every Fri 6:30 pm. Also every Sat 3:00 pm  
DANCE.....every Friday night, 8:00 pm  
Sage ..... 17 May  
Eldorado ..... 24 May  
Shaboom ..... 31 May

EUCHRE.....every Monday night 7:00 pm  
FUN CRIB.....every Wednesday night 8:00 pm  
FUN DARTS.....every Thursday night 7:00 pm  
SUNDAY CRIB.....Sun. 26 May at 1:00 pm  
BARGAIN DAY.....every Wednesday, all day  
BBQ LUNCH SPECIALS.....every Weds & Fri 11:30 am - 1:30 pm

General meeting: Tuesday, 28 May 7:30 p.m.

## SPECIAL EVENTS:

Saturday Night Dances in the Lower Lounge, 8:00 pm - midnight.  
15 June.....Kirby  
29 June.....Kirby

## Fishing Derby

June 14, 15 & 16. Cost \$10.00 per ticket (includes BBQ).  
Wind up BBQ, Sunday June 16, 4:00 - 6:00 pm.

## MEMBERS & BONA FIDE GUESTS WELCOME

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BASE PERSONNEL WELCOME AT BR. 17

Office: 334-4322 Service Officer: 334-3613



## 888 (KOMOX) WING RCAFA CALENDAR OF EVENTS - 1996

08 June (Sat)	Pot Luck	1900 hrs
16 June (Sun)	Pig Roast	2000 hrs
22 June (Sat)	Wing Golf	1400 hrs
26 June (Weds)	Executive Meeting	2000 hrs
29 June (Sat)	Steak Night	1730 hrs

## HOURS OF OPERATION:

Wednesday 1300 - 1800 hrs  
Thursday, Friday & Saturday 1200 - 0100 hrs  
Sunday 1300 - 1900 hrs

PLEASE SUPPORT WING SOCIAL EVENTS  
MAKE NEW FRIENDS

Cancellation of Events Costs Your Wing Time and Money  
For information about tickets, please call the bar, 339-0888

## HMCS Columbia to be scuttled

The HMCS Columbia, a River class destroyer, will be scuttled near Campbell River on Saturday, 22 June at 11:00 a.m. The Campbell River Artificial Reef Society has sponsored the sinking of the Columbia behind Maud Island as an artificial reef to be used by recreational divers. This sinking, as well as those of HMCS Mackenzie and HMCS Chaudiere are part of a tourism drive that will hopefully draw tourists to the island during the traditionally quiet periods from September to May. Base personnel who either served on the Columbia or have a passing interest in the decommissioned destroyer may tour it on Thursday, 20 June at the Argonaut wharf in Campbell River. The tours start at 12:00 noon for the public and tours for former crew members begin at 2:00 p.m. the same day. For those who want to witness the actual sinking, there will be a water taxi shuttle to Maud Island from the wharf starting at 7:00 a.m. on Saturday. Tickets will cost \$15.00 per person.

The sinking of the Columbia will be heralded by a full colour party from the Legion. In addition, the remains of former crew member Al Wocks will be interred with the ship, at the request of his family.

Many other associated events are planned around the sinking. These include a meet and greet for former crew members, a salmon barbecue, a gala dinner and a pancake breakfast. For more information and a complete schedule of events, contact the Reef Society at (604)830-0818

## Girl Guides of Canada



Photo Edith Cuierr

Canada Cord certificates were presented in a special ceremony in Cumberland on 25 May to a group of Pathfinders from North Vancouver Island and Powell River. Several young women from the Comox Valley were among the recipients of the Canada Cord, one of the highest awards in Girl Guides. They were Natasha Bailey, Amy Brickman, Deborah Lalonde, Selena Lupkoski and Megan Nicklin (absent).

The Canada Cord represents high achievements in citizenship, leadership, service and life skills development and is a significant milestone for these young women who have dedicated a large amount of time to upholding the ideals of Guiding.

Piper Lorne Bailey marched in the girls and RCMP Constable Kryzanowski escorted each of them to the stage where they received their award from the Provincial Commissioner, Mrs. Elaine Killam. Mayor Brown of Cumberland, Counsellor Cook of Courtenay and Mr. Saunders, District President of Comox Valley Boy Scouts, were also in attendance. The Discovery Area Commissioner, Mrs. Fran Johnson, was presented the Silver Merit Award for many years of outstanding service and dedication to Guiding.

The Comox Valley Division of Girl Guides hosted the ceremony and the Trefoil Guild hosted the luncheon.

Over 40 Pathfinders, Rangers and leaders enjoyed a fun-filled overnight stay at Marsland House following the ceremony and luncheon. Special thanks to the Guiders, parents and guests for making the event so special. Congratulations to all the girls!

## 19 Wing Outstanding

If we needed any more proof that 19 Wing's operational posture remains as straight and strong as ever, the results of Exercise

Fabric Virgo provide just that. The NORAD exercise, carried out between here and North Bay, gave Comox the highest score of any participating wing, with an outstanding rating. Specifically, the wing was cited for its turn-around ability in what was essentially an unexpected exercise.

The scenario had a CC-144 Challenger simulating a high-jacked jet which was then pursued by F-18s from 4 Wing Cold Lake. Upon notification of the impending arrival of the high-jacked plane it was up to us to respond to this incident and react accordingly. The speed and professionalism of the 414 Sqn air and ground crews was noteworthy.

Despite adversity and change, the men and women of 19 Wing still perform their essential tasks with real - and recognized - ability.



Annie Boyd from Food Services being presented with a certificate from UNDE First VP, Dennis Kennelly, for 22 years of loyal service.

(Photo by Base Photo)

## NEXT DEADLINE 14 JUNE - NOON

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A Message from the Wing Commander

## CANADIAN OCCUPATIONAL HEALTH AND SAFETY WEEK

I would like to convey to all personnel of 19 Wing that 3 - 9 June 96 has been declared Canadian Occupational Health and Safety Week.

Occupational Health and Safety must be an integral part of our Wing Vision of one team focussed on efficiently and effectively achieving the mission, serving our nation with commitment, motivation and pride, for without health and safety, our vision is jeopardized.

Ten years ago the Canadian Society of Safety Engineering introduced the first COHS Week. It is intended to increase awareness of the importance of occupational health and safety and ultimately to help reduce injuries and illness in the workplace.

This year's theme is "TRAINING - TARGET ZERO." That theme was chosen because the National Safety Committee recognized that proper health and safety training is crucial if you want to achieve a goal of zero accidents and deaths.

As I have stated in the past, our operational roles of 19 Wing Comox require that we function as a close-knit team. We all share this common goal. Operational effectiveness dictates the need for formal safety programs to maintain the full capability and availability of our entire team.

Health and safety performance in the workplace is crucial. I invite you to participate in the events and planned programs during this special week, at work and in the community, we can all make significant strides towards increasing safety awareness and reducing accidents and illnesses. Teamwork is a cohesive force among our military and civilian personnel and where professional safe performance is a daily personnel requirement. I urge you all to support and promote the safety program at this Wing not only during this special week, but each and every day of the year.

*B. MacLean*

B.B. MacLean  
Colonel  
Wing Commander



## Boss Talk on Flight Safety

by  
BGen Brian Cameron,  
Commander,  
Maritime Air Group

As we enter the second quarter of 1996, the time is opportune to take a look at our recent history to see if there are trends which require attention. Flight safety is one of those areas essential to the preservation of our Air Force capabilities: we can't do our job if we lose valuable resources in accidents!

In wartime, we have two enemies: THEM and US... It has been proven that in armed conflicts, accidental losses of aviation resources far exceeded the damage inflicted by "enemy action." During routine peacetime operations however, the only enemy is US! We use flight safety trend analysis to anticipate where the enemy will strike next.

After our study of the 1995 MAG annual flight safety statistics, only three messages came in loud and clear. First some good news: we had no serious accident in 1995 and the occurrence of injury to personnel has been decreasing for two years. Second, there has been a significant increase in the number of reported flight safety incidents during 1995. Our reports for the first quarter of 1996 closely match those of last year. This is neither good news nor bad: although the number of minor incidents is on the rise, it has been shown that when more incidents are reported, fewer serious accidents occur. The logical conclusion is that minor incidents result in the elimination of hazards before they cause a major mishap. The third message we draw from last year's numbers is to focus on the cause of our flight safety occurrences.

Accident causes are classed in three broad categories: Material (failing equipment); Personnel (human error); and Environment (factors like bad weather). Aviation history tells us that about 80% of cause factors in serious accidents are human. In minor incidents, human and material factors have been more evenly divided: about 40% each. This, however, does not consider that some of the material failures may be the result of somebody making a mistake during manufacture.

In the case of our own statistics, you may think that with ageing aircraft, our personnel cause factors should be decreasing, as old equipment is expected to fail more often. Not so: the graph below shows a history of Maritime Air Group's human factors in flight safety occurrences. We are currently observing the highest ratio of human cause factors in over a decade. Why? Certainly, people do not make mistakes intentionally and we know that our personnel are smart and well trained.

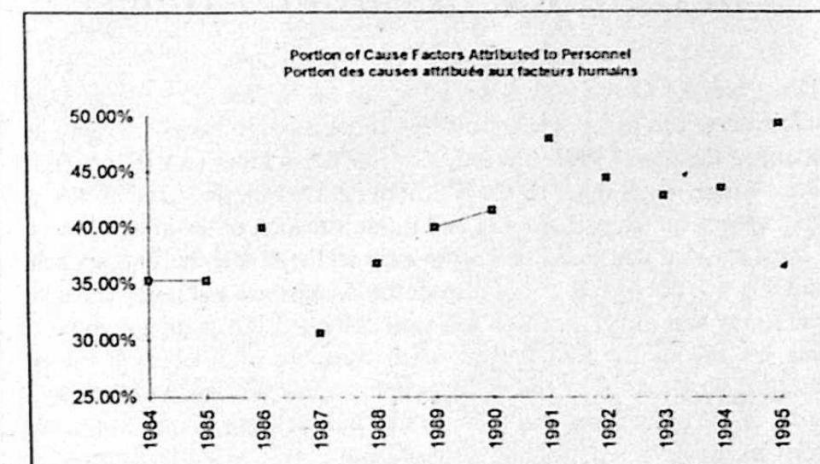
Further scrutiny of the numbers indicate that the leading cause of human error was INATTENTION. Is this to say that people are "falling asleep at the switch?" I don't think so. Rather, I see it as a symptom. Force reduction and employment security issues, frozen pay scales, increased housing costs, doing our jobs with fewer resources and the implementation of new work methods or procedures have each exacted unusual demands from us. Problems of economic and social security generate a lot of tension. This is called STRESS.

So what? Well, stress causes fatigue and tired people make mistakes. Stress is also cumulative.



LCol Abbott recently presented Sgt George Cross (Food Services) with his Certificate of Service for 29 years of dedicated military service.

(Photo by Base Photo)



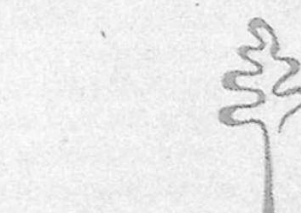
tive. Ask yourself the following questions: Do you keep late hours? Were you married or divorced in the past six months? Did you lose a loved one in the last year? Are you taking evening classes or preparing for a test? By the way, how are the kids doing in school? Do you have a sick child? How about that car payment or the leaky roof over the kitchen? As you can see, nobody is immune from stress, and it adds up rather quickly. Then you add in the distractions generated in the work environment.

There is no miracle cure or magic formula to eliminate

stress-induced human errors in accidents. We must remain constantly aware of this hazard, acting as individuals and as a team watching out for each other. We may not be able to eliminate stress but we must acknowledge that it happens to all of us. Only YOU can act to keep your mind clear and focused on the job. I strongly encourage every individual and supervisor to seek out ways to better arm themselves and their team in the fight against the effects of our number one peace-time enemy: stress.

"Safety is no accident: it must make it happen."

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Entry deadline is August 15, 1996

For further information and entry forms, please contact:

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e-mail: priordpln@islandnet.com





## The Editor gets a word in



### In Defence of Public Affairs

The Chief of Defence was on base last week and gave some very interesting talks to the officers and non commissioned members. Having attended the dinner given for him at the Officers Mess on the 29th (this was strongly encouraged by the WComd) I got to hear first hand his tough love speech on the past, present and future situation of the armed forces. I must say that you could hear a pin drop while he delivered his speech, and this was not merely out of respect for his position and rank. What he had to say was direct, heartfelt and well delivered. Of particular interest was his use of the first person when speaking of impending policy changes; he speaks of his forces, his people and his personal will to change some of the procedures and policies that do not seem to make sense in today's climate of renewal and restructuring.

One theme that was common to all of the talks was our need to present ourselves in a good light to the Canadian public. One officer who questioned the continued role of SAR services within the forces was told that SAR is much valued because of the positive image that it presents to the public, and how the public is more willing to support the forces when they see a visible return on their investment. Yet when it came to the subject of Public Affairs Officers during the talk at the Junior Ranks, it would appear that this career path will be eliminated because it is not essential to the core operations. In short, we cannot afford the luxury of retaining specialist public affairs officers.

Most large corporations, indeed all governments, recognize the need for personnel who can put the best foot forward when it comes to dealing with the public. Public support is essential to any democracy or corporation and this message was driven home several times by the CDS. I think therefore that the public affairs position is critical to the survival of the forces and is far too important at the base level to be handed over to a non flying pilot or nav who really doesn't want the job in the first place. The public affairs job is the critical interface between the military and the public. If handled properly, the information presented can be worth its weight in gold. Far from being a luxury that we cannot afford, I say that we cannot afford to do without them.

Joel Clarkston

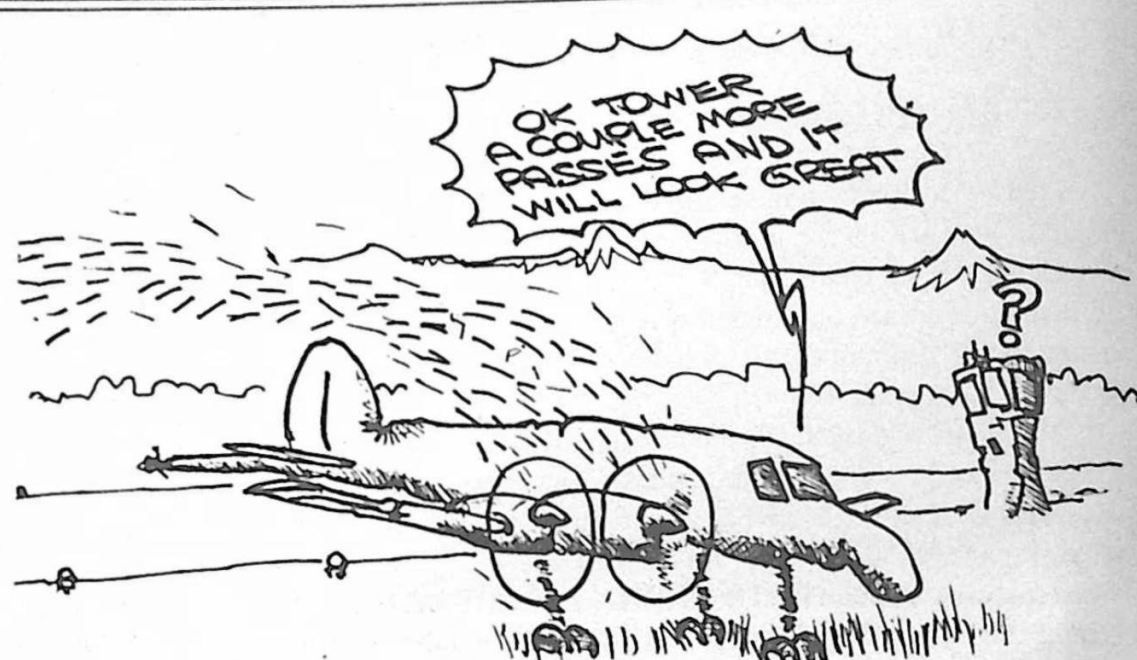
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MORNINGSTAR GOLF COURSE  
JASPER'S FISHING RESORT  
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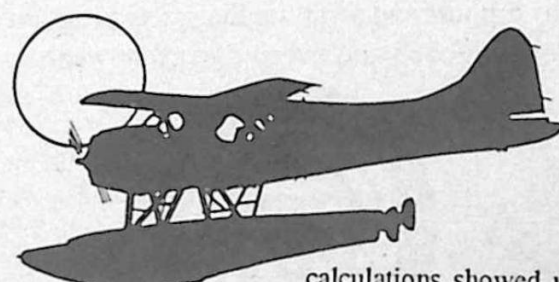
Thank You



G. Hatch '96

### CP 140 helps out around the Wing

#### Letters to the Editor



MARCOM is proud of our Maritime Air brethren's clean sweep at the 1996 Fincastle Competition in New Zealand. Congratulations to FL Gower, Sgt Blair and their crew, including the backup ground and aircrew who contributed to such a resounding success.

May I also extend congratulations to 405 MP Sqn and to 14 Wing Greenwood for the challenging effort in mounting a successful team effort half way around the globe. It is truly indicative of your global deployability and the ongoing professionalism of our MP community at 14 Wing.

Vadm Mason

#### Over the top

Dear Sir,  
Re: First over the North Pole?  
On 9 May 1926, Richard E. Byrd, with Floyd Bennett as pilot-mechanic, flew out from Spitzbergen in an attempt to be the first to fly over the North Pole. Returning hours later, he made his claim. In New York he told President Coolidge that "At 09.02 our

calculations showed us to be at the Pole." He went on to state that they circled for 13 minutes, starting their return at 09.15.

Many sceptics believed that Byrd had merely flown out of sight, returning after a suitable length of time.

Recently, Prof R.E. Goerler, Archivist of the Ohio State University Byrd Polar Research Centre found a diary used by Byrd on this flight. Because the plane was very noisy, and they had no intercom, the blank pages were used as a message pad between Byrd and Bennett.

The university commissioned Dennis Rawlins, an independent navigation specialist to examine the diary, and his scrutiny exonerates Byrd regarding the earlier accusations that Byrd did not make a true attempt.

However, Rawlins found that there was concern about an engine oil leak when the plane was 150 miles short of the pole. At one place in the diary there was an erasure, and a restoration of this area shows a question from Byrd "How long were we gone before we turned around?" and the reply, written below the erased question, is "8 1/2 (hours)." *Continued on page 5*

### Junior Ranks Mess UPCOMING EVENTS

17 June TGIF Sports. Pizza at 17:00. Pool at 18:15.  
10 June Sportsman Bingo. Doors open at 17:30. First number will be drawn at 19:00. First set of cards \$5.00, extra \$2.00. \$800.00 in prizes.  
11 June A luncheon for all FRPS interested (three guests allowed at \$5.00 each). Cocktails 12:30, lunch starts 13:00.  
14 June TGIF Sports. Mexican food at 17:00. Euchre at 18:15.  
19 June Wing Nite. 25¢ per wing. Food served 17:30.  
21 June Steak & Lobster Night. ADVANCE TICKETS ONLY. Tickets \$18.00/person by cash or acquaintance roll. Dinner at 19:00. The band Push commences 21:00. Dance tickets (\$5.00/person) will be sold at the door starting at 21:00. Don't forget our Movie Night every Sunday at 20:00 hours.



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OFFICE HOURS  
Thursday 0900 - 1600  
Deadline Friday 0830 - 1600  
Monday 0830 - 1600  
Tuesday 0830 - 1200



Bev Chadderton from Food Services is presented with a retirement certificate from the WLogO, LCol Abbott, for 15 years of dedicated service. (Photo by Base Photo)

### Over the top

Continued from page 4

As Rawlins points out, this is not the sort of question one expects from a navigator who has been keeping close track of times and distances. "It sounds like the turnaround was sudden, and doesn't feel like the words of someone who has reached a goal."

The diary indicates that 09.15 was the time when Byrd was miles short of the pole, not the time that the return was started. Rawlins states that, in his opinion, Byrd exaggerated his claim - and knew it. He says that the dirigible flight by Amundsen and Nobile on 12 May, 1926 should be recognized as the first North Polar flight.

So another U.S. "first" claim is in doubt. It is now accepted that Peary did not reach the North Pole and even his champion, The National Geographic Society, finally had to agree. Now we have controversy over Byrd's claim, and for a nation to whom winning is everything, this must be a bitter blow.

I am in touch with the Byrd Polar Research Centre which released the story to Associated Press recently and am following the developments closely.

Submitted in the interest of historical accuracy.  
Wychbowl Eight



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### Public invited to Hangar Dance

The public is invited to a hangar dance on June 15 at CFB Comox. Doors to the 442 Search and Rescue Sqn hangar open at 6 p.m. with food and refreshments being served throughout the evening. Proceeds from the dance will benefit the Canadian Centre for Missing Children. Music will be provided by local band "Push" as well as "Much Music." Tickets are \$10 and are on sale now at the Runway restaurant at the Canex Mall, the Jolly Giant in Comox, the Sound Station in Courtenay, and at Marocchi's Grocery in Cumberland.

Right now, five Search and Rescue Technicians from Air Force bases across Canada are cycling from Comox, B.C. to St. John's, Nfld. to raise money for children who are either missing or victims of violence. The team left the main gate of the base on 21 May and is now cycling through the interior of B.C. Dubbed the SAREX for Missing Children, the incredible 8,000 km journey is being carried out by five of the Air Force rescue specialists who regularly risk their lives that others might live. Along their route, the SAR Techs will be raising money and raising awareness of both the issue of missing children and the important role that the Air Force plays in search and rescue from one Canadian coast to another.



was shaking and jumping up and down! That's when we realized that Joey's numbers had matched five numbers plus the bonus number." The total prize was worth \$78,846.60.

Malone, who is 36, plans to use part of his winnings to take Sarah and their four children on a holiday to Ontario and Ohio to visit grandparents. The Malones will also be able to pay off all their debts. As for Joey, his Dad claims that his little good luck charm will soon be enjoying the new computer he's been promised!

Be Part of the July 1st Parade  
Applications are being taken for entrants in Courtenay's July 1st parade. If your organization or business is interested in having a float, marching unit, special car or you just want to dress up and be part of the parade please register by leaving a message at Courtenay city hall or call Skip Blain at 334 2228 or his wk # 334 - 3443.  
The parade starts at 10:30 Monday July 1st. The theme is "sharing our heritage".

### SAREX for Missing Children



(courtesy Base Photo)

by LGEn  
Al DeQuetteville,  
Commander,  
Air Command

I believe it is time to gain some perspective and to look at something that reaffirms our uniqueness as a group within Canadian society. As you read these words, five SAR Techs are cycling across Canada to raise money for the Victims of Violence Canadian Centre for Missing Children. The ride started on 21 May in Comox, B.C. and will finish on 8 July in St. John's Newfoundland. It will cover an astonishing 8290 km, at a rate of 200 km per day, demonstrating the emphasis which this demanding career field places on physical fitness. This ride will bring great credit to the SAR profession while giving the entire Air Force a most welcome esprit de corps booster shot.

Since the main beneficiaries of the ride are the children, this monumental undertaking has been appropriately named the SAREX for Missing Children. Monies raised will fund the development of a toll-free FAX information system that will enable time-critical information on missing children to be rapidly transmitted to every airport, marine port, and border crossing in Canada. This service will allow every parent in Canada to breathe a little easier, and it simply couldn't exist if it weren't for the efforts of these five incredible individuals, all of whom possess an absolute mania for cycling.

So how does an event like this make Air Force people unique within Canadian society? First, it shows that we are a people with a sense of purpose. This ride

would never have come to fruition if it hadn't been planned and driven by a man like Sgt Maltais who possessed enough vision to see beyond the obstacles to the successful outcome. Second, it shows that while we are members of the profession of arms, we are an honourable people with a deep sense of compassion. This is a fascinating paradox. We exist to defend Canada, with force if necessary, yet we are also world renowned for our peacekeeping and humanitarian expertise. We are unique among the Armed Forces of the world in this dual aspect, a dual aspect well highlighted by an event like the SAREX for Missing Children.

Finally, a foreign military officer, observing the Canadians at work in Bosnia said that "The Canadians think like individuals but act like a team. We have a lot to learn from that approach." This pointed statement testifies to the international reputation that we as Canadians enjoy. Here then is the challenge: look within you, realize the potential, and see what you can do.

If you wish to track the progress of the intrepid five, check in at <http://www.achq.dnd.ca/sarex/> where you will find daily SAREX travelogue updates, questions to the team with their answers, and a map of Canada showing their progress to date. If you wish to support the SAREX for Missing Children, send a cheque, in the name of "Sarex for Missing Children," to: CO 413 Sqn, 14 Wing Greenwood, Greenwood, N.S. N0P 1N0. Attn: Sgt Mike Maltais.

Your decision to support this effort will go a long way to ensuring the continued success of this distinctly Canadian and compassionate organization.



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## 407 Sqn



## Demon Doin's

Welcome to the wonderful world of Technical Support (aka Servicing Support, aka Avionics/Mob Spares).

This is the Demon world as we see it. It would seem that it's been about a million years since the sun has made an appearance and wouldn't you know it, our planes, crews and parts have run away. I guess our sun isn't good enough for them. With that, the flight line is oh so empty.

Where are they, you might ask?

Well, it would seem that two of our planes and one from CFB Greenwood are funning and sunning on the sunny shores of Waikiki. Oh sure, RIMPAC is what they went for but tans are always the outcome. Well, we can't say it will be all suntans, Mai Tais and hula dancing, because hard work will be present at all times. Our RIMPAC folks will make us proud.

The other plane is down in Chile. I don't really know what to say about Chile, I haven't seen

it, but I do know that the crew going down is leaving our Spring weather and going into Fall without ever having a Summer. That does sound pretty depressing. They should be having a very good time nonetheless.

Some Demons are coming up in the world. The grapevine says that, effective 19 June 96, a certain Armourer M-Slash that we all know and love is promoted to Sgt. Oh sure, I AM convinced that Bob deVries-Stadelaar is one heck of a Technician but I fear Bob's God-like complex is going to interfere with his coffee drinking but he WILL put work over coffee every time.

Speaking of promotions, did you hear the one about the CF's best Cpl getting promoted to MCpl and then getting posted to CFB Shearwater? Our man John Haight is moving up. We're sorry to see him go. I hope he does as well there as he did here in Comox.

One of your friendly Tech Support guys finally got his personal tribute to the squadron, and particularly the Argus, finished. Pete Williamson is now riding his sea-foam grey/white bike around the area. The ARGUS-DAVIDSON is a hit to some and a joke to others. It's amazing what some people will do to their bikes when they have too much personal free time.

Start digging out your volleyball and beach blankets 'cause it's time to BBQ on the beach. The Squadron Fund Beach Bash will be held on 26 June and, according to Marc Fontaine, much

merriment will be had. This will allow the Demon brethren to get together and let their proverbial hair down in the, hopefully, warm Comox sun.

This is how we saw the work from Tech Support. So, until next time....

## Aesop's Fables

It has been some time now since one of us has taken up the mighty pen that was left behind when our last author was forced to return to his roots. Apparently we have no AESOP positions in Cape Breton, so the grand pooba sent him to alpha whiskey. His identity was never revealed, but it seems that Heidi hasn't been seen flying with Crew 2 any more. I will try and continue in Heidi's footsteps, but it won't be easy.

Many have been posted and some have gone the way of the Argus. One recent addition to the Comox Valley AESOP museum displays is Terrence Walker, who was the oldest Aesop still in captivity. He retired as the only CWO we had here in Comox and will be missed because his verbal diarrhoea could baffle the pilots and naves for hours, thereby letting us get on with business. Terrence and Monique now have a lot of time on their hands and that's not good for the local fauna.

The other two new museum pieces are WOS Wayne Robertson and Dave Hambley. These two fossils have returned to school to spend their FRP money. One is becoming a chef because he likes to eat, the other a bartender because he likes to 'um? - let's say, host parties. Wayne is only a part time museum piece though, the rest of his time is spent with ARAF. To Wayne and Georgette, Dave and Bev who, by the way, have all recently turned the big 50, may the next 50 be as good to you.

I must not forget WO Dana Mellway who has returned to Comox to retire. Dana finished his time off in Winnipeg playing with bags full of prfs and freqs. He can now be found entertaining at Gullivers. Just because you wear a cowboy hat doesn't mean you can sing C&W.

Back now to the living. Coming to take over as our new chief is Steve (the uckers clamp) Perry who is joining us from Winter-



## Army meets Air Force

by Cpl Brohart

The personnel from 19 Wing EME Workshop recently toured 407 Sqn's Maintenance and Servicing Sections to examine the similarities and the differences between our two elements. We were shown various pieces of equipment, told about the requirements for maintaining them and how it was all applied in keeping 407 Sqn at an operational level.



WComd Col MacLean, 19 Wing Comox, and Gp Comd LCpl Batchelar, 73/74 Communication Groups Edmonton, sign a Service Level Agreement amalgamating 740 Communication Detachment Comox and Wing Telecommunication Section Comox to officially form the new Wing Telecommunications and Information Systems Organization (WTISO Comox), effective 24 May. Also present at this signing was Capt Pattison, Wing Telecommunication Officer, and WO Heath, Det Comd, 740 Communication Detachment Comox.

peg. Steve still has to complete MOAT back in Greenwood and will be back in the Fall.

Some recent additions to our 407 family have been MWO Bob Hagar from 443 Sqn Pat Bay; WO Max Thorne from St. John's, Nfld. - nobody is quite sure what he was doing there; WO Tony Ruthven from Trenton, another mystery; also Donny Mainville from our school of higher learning at ABATS; and a brand new model out of the AESOP factory - MCpl Rob Rama. Welcome aboard and you owe money to the union dues. See Sgt Trevor.

Leaving us to make room for the new guys are WO Wayne Lachapelle to Wing Ops; WO Jim Astles to 415 Sqn Greenwood; Sgt Phil Trevor to EWOC in Shearwater and MCpl Steve Jack-

son to ABATS. Good luck in your new jobs and Phil don't forget to leave the union dues behind.

The factory at ABATS has reopened and has recently graduated six students. They were all impressed with the Aurora but it won't matter because they all got posted to Sea Kings. PO1 Bedford was seen trying to join them but was caught and sent back. There are presently six more students in house and a 6A course beginning soon, so MWO Mike Anderson and his merry men are keeping busy.

Catch you all next time, happy homings,  
Signed, the ghost of Heidi.

This guided tour provided us with important information on the restructuring of their trades, including a better understanding of the benefits and the pitfalls encountered with the "growing pains" during the amalgamation of the 500 series trades.

The EME personnel have gained a greater understanding of the Air Force and their methods of work and, with the information we have learned, we hope to bring our two groups together in a closer working relationship. We appreciate the time and effort of the following individuals who contributed to enlightening the EME (Army) personnel of 19 Wing on the maintenance practices and procedures of the Air Force: our thanks to Sgt Fontaine for organizing the tour, WO Michaud (Maintenance) and Sgt Dimock (Servicing) for making this tour a very interesting and informative experience.

## The Wink of an Eye



Para Rescue Specialist Dutch Franks.

by Sgt Al Banky

"I looked at the pilot, Sqn Ldr George Sheahan and told him that although it was technically illegal for me to parachute to a crash alone, because he was my superior, if he were to order me, I'd have to obey." There were no words exchanged, but when Sheahan turned his head and winked at the young airman, he knew his answer.

There is a boyish enthusiasm as Dutch Franks winds his way through a web of stories about his life in the Air Force. When he shows the photo of himself, used as a recruiting poster in the late 50s, it is obvious that, despite the effects of time, the determined eyes and boyish grin have changed little after 45 years.

Franks was just 18 years old in 1951 when he joined the RCAF as a medical assistant. He knew from the beginning that being a medic was only a stepping stone to what he really wanted to be: Para Rescue. In the 50s and 60s there were only two routes into Para Rescue: the medical services and Safety Systems. He would later remuster to Safety Systems in order to get a full time Para Rescue position.

He earned his RCAF rescue wings in 1954, Course Seven, only the eighth course since the specialty was established 10

years earlier. Likely the youngest person to ever pass, he celebrated his 21st birthday on course. Franks began his rescue career in Vancouver with 121 Communications Unit (KU), the forerunner of 442 Sqn. In all, he would spend 17 years saving lives on the B.C. coast before his retirement for medical reasons in 1975. He also spent three years split between Fort Nelson, Goose Bay and Ottawa.

Although in his own words, "The Brandywine Mountain crash wasn't what I'd call the most memorable rescue in my career" it is, by anyone's standard, an amazing demonstration of determination and bravery.

It was late in the afternoon on 13 January 1957 when tragedy struck the crews of two Air Force Reserve jets from Vancouver. The T-33 Silver Stars were practising aerial manoeuvres high above Squamish when they collided. A 121 KU DC-3 was dispatched from their base at Sea Island (now Vancouver International Airport) on the morning of the 14th with the three man Para Rescue team: Team Leader Sgt

## 442 Sqn



Ted Braidner and his two team members, course mates George Raymond and Dutch Franks. The crew quickly spotted the wreckage of one of the T-Birds and Braidner laid out his plan for a parachute jump to the wreck. The plan did not include Franks; he was to stay on the Dakota.

The team donned their equipment, dropped streamers and jumped from the plane. As they drifted towards the ground, the Dak circled above searching for any sign of the second plane. Franks' quick eyes soon spotted a trace of smoke on a ridge high above the valley floor. A pass over the ridge revealed a collapsed parachute and a small fire burning on the edge of a clearing. Even with today's high performance parachutes, jumping to a tiny clearing on the edge of a cliff, with a thousand foot drop would be considered an extremely high risk.

Franks opted to jump at low level, hoping to avoid the wild winds racing up the mountain. When the plane reached the exit point, he kicked out his rucksack and jumped out behind it. He watched as his pack, hanging below a drift chute, blew closer to the edge of the clearing, finally snagging on a gnarled tree, jutting out over the cliff. He prepared himself for a landing in the deep snow-covered clearing. As he approached the ground, a gust of wind pushed him out, eliminating any hope of landing in the clearing. Drifting past his dangling rucksack he studied the cliff face, searching for a route to hike back up. When he finally landed, he was on a small frozen lake, 1000 feet below the ridge. He removed his parachute and began the hike through chest-deep snow to his waiting patient, three steps forward - two steps back.

After several hours of work he pulled himself up to the clearing. The sight that greeted him was not

what he had expected. His rucksack was far out over the edge of the cliff and not recoverable. F/L Martin, the T-Bird pilot, looked more like lumberjack Martin, dressed in civilian pants and a green plaid jacket. According to Franks, in the early days, insulated flying suits were scarce and reserve pilots often flew in their warm civilian clothes. Martin's hands were badly burned, most likely from the fireball caused by the collision.

Franks quickly took stock of his situation: no radio (another scarce item), almost no medical equipment, an injured patient and six miles and several thousand vertical feet to the nearest road. Because of the exposed position and unlikelihood of assistance, he made a decision to walk Martin out. He dressed the pilot's burns with rolls of cling from the T-Bird's seat-pack and the two began a hike that would take them all day and through the night, Franks breaking trail in the chest deep snow. Several miles and countless hours into the hike they met two loggers who had seen the crash the day before and were working their way up to where they suspected the wreckage to be. The three took turns plowing down hill through the snow. Tired and out of energy, they would drop to the side of the trail, allowing the next person to pass and take over the lead.

When they broke out of the woods it was 3:00 am. Prior to jumping from the Dak, Franks had requested that Sheahan have a vehicle cruise the logging roads below the mountain. They were picked up by an Air Force van within minutes and driven towards Squamish. As they

rounded a corner on the dark logging road, a man walked into the headlight beam, forcing them to stop. Franks recognized the man as a Vancouver Sun reporter. He stepped up on the running board and proceeded to pepper Franks with questions. After several attempts at calmly requesting that the reporter get off the now moving van, he assisted him off with a good shove. The reporter landed uninjured in a snow bank. Martin was taken to hospital and his injuries were treated.

When he reached Vancouver the following day, Franks received his reward for a dangerous mission: his exploits went unreported in the paper, he was given a lecture about the treatment of journalists and, to add insult to injury, he was told that he was never to do something as stupid as jumping alone again. Because of the "old boys" system that existed, a maverick wasn't going to be rewarded for acting outside the rules. According to Franks, he was unrepentant, "in fact," he said, "I'd made the same decisions today."

The mission was well known in the Para Rescue/Rescue Specialist/SAR Tech world, but even the official Para Rescue history book, which mentions the mission, fails to mention Franks' heroic part. Thanks to the efforts of his friend and course-mate George Raymond, Dutch Franks was finally rewarded for saving Martin's life in late 1955. Twenty seven years after the fact, he was presented the Air Transport Group Commander's Commendation for risking his life to save another, a decision made on the wink of an eye.

## Umpherville's Last Run



Maj Harrington (414 Sqn) congratulates WO Umpherville on completion of his last PAR.

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## 19 AMS

## Changes abound

Here we are again. Many changes have occurred in the Safety Systems world. We have inherited the inspections of all 442 off aircraft survival equipment. We like to refer to it as "the SST nightmare in Wally World." However, in order not to bore the readers too much, I will say that we came through it all virtually unscathed with only a few bumps and bruises.

Also on our agenda were the OJT rotations. We've sent two people on rotation. Paul Burton, who is enjoying his all-expense paid vacation to the beautiful Canary Islands. OOPS! Did I say Canary Islands? I meant to say the Component Shop. Also, on the big rotation list is our second contestant Michelle McKenzie. She will be spending her next three months entertaining herself in the fine art of spark chasing in the Battery Shop. Smile Michelle, you'll know everything there is to know about electrons and protons before you know it.



Cpl Bob Johnson receives CD from WOPSO, LCol Drover.

(courtesy Base Photo)

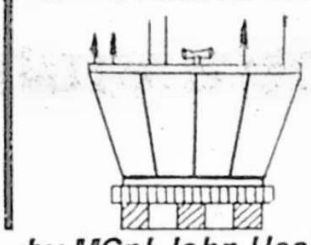
Since we've lost two of our corporals the grueling task of replacing them had to be done. I mean we had to find techs who could not only be trained for Safety Systems, but could also be trained to compete in our full contact hearts tourney. This month's lucky winners were Gilles (don't touch my hair) Goulette, Dave (I eat grapefruit every day) Legault, Richard (speed demon seamstress) Mailliot, and Greg (the new guy) Broadbent.

Another smiling face we haven't seen in a while would be that of our long-lost WO. He has taken up league with the Flight Plan '97 crew. He can, however, be seen riding to work occasionally on a chicken.

Some birthdays have since passed, and a few over the hill awards given out, but the Safety Systems crew still continues to get younger and younger. To prove this we've had one of our youngest members, Doug McElwee, retire to sail into the sunset.

Doug has done his time in this outfit. He joined in... Well, let's just say that Gilligan's Island was part of his regular schedule between shining the chrome on his hog and deciding which boots matched it. All in all, Doug your fresh sense of humour (or is that your freshness?) will be greatly missed. Good luck sailing around the world.

## As the Beacon Turns



by MCpl John Healey

With APS fast approaching it's only fitting to begin by bidding farewell to those "unfortunates" returning to the colder parts of Canada (everything east).

Capt Noel Murphy, after only two years in paradise, is posted to 5 Wing Goose Bay in Aug. Hopefully, his promotion to major, effective 19 July, will help keep him warm during the long cold winters. Capt Mary Lee (previously Capt Wyers) is also posted to Goose Bay in July to join her new husband - congratulations to Mary on her recent nuptials and good luck in Goose Bay. Cpls Dan Borne and Doug LeBlanc are both posted to 14 Wing Greenwood. Doug will be leaving in July after six years in Comox and Dan departs in Aug. also after six years. Farewell guys and good luck!

As the saying goes, out with the old and in with the new. Posted to Comox this APS will be Maj Howie Thibault from CDS Washington, Capt Steve Whynt from 4 Wing Cold Lake, Capt Hale from CFB Ottawa, Cpl Drake from 8 Wing Trenton, and Cpl Tara Langley from 4 Wing Cold Lake. Also joining our section this summer will be newly promoted WO Al Lirette (effective 10 July). Al's trip will be a short one, he will be joining us from the WCWOs office here in Comox.

A fond farewell to WO Phil Umpherville who, after 26 years of service, retired from the military in May 96. WO Umpherville controlled his final approach on 30 May (Nite 22-T33) flown by Maj Harrington from 414 Sqn. WO Umpherville was the Standards & Training NCO and his leadership, guidance, good humour and friendly attitude will be missed, both in the section and the trade. Phil and his family have decided to stay in the Comox Valley and I hope he maintains contact with us here at the Wing.

Capt Kelly Olohan has also opted for the civilian life. Kelly retired under the FRP in May 96 after 17 years of service; nine years as an NCO in the Comm Research trade and eight years as an Air Traffic Control Officer. Kelly will also be staying in the Comox area where he plans to return to school and pursue a second career in the golfing world. Best wishes to Kelly and his family and good luck in the future.

Speaking of golf, the 17th Annual ATC Golf Tournament which was held 18-19 April was a huge success. 104 golfers/duffers participated and 138 guests attended the banquet. Winner of the men's flight was Mr. Brian Prosser from Vancouver. Mrs. Darlene Clark won the ladies' flight and Ron "The Birdman" Carter got top honours in the seniors' flight. This year a new award was presented to the low gross serving military Air Traffic Controller. The "Bernie Murphy Memorial Trophy" was awarded to Kelly Olohan by Mrs. Irene Murphy in memory of her late



Capt Brian Dekker receives Professionalism Award from WOPSO, LCol Drover.

(Photo by Base Photo)

husband Bernie who was an Air Traffic Controller for 35 years before retiring in 1989.

A Wing Ops Branch mess dinner was held on 9 May. The food was great, the speeches were fairly short, the "refreshments" were inexpensive (thanks to Capt Murphy's promotion) and the CRUD games afterwards were, at the least, lively! Suffice to say all had a good time - at least those of us who can remember, eh Bob?

Also on a branch level, a Wing Ops golf afternoon was held on 14 May. Turn out was good with 26 players and Capt McMullin advised me that he picked a bad day to be ill. He has another golf day scheduled for 11 June, so come out and mingle with other members of the branch.

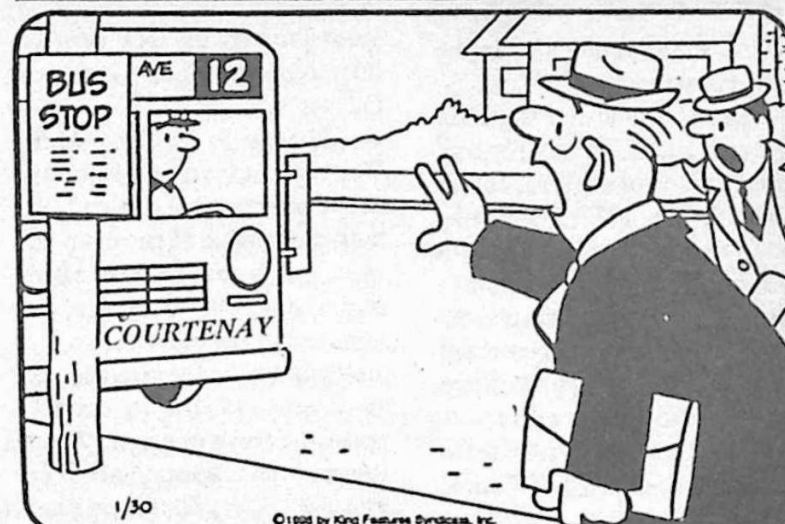
Recently, during a routine aerodrome inspection, Capt Brian

Dekker noticed two nails which had been driven into the runway centre line and inadvertently left there. The nails could have caused major damage to an aircraft's landing gear had Capt Dekker not noticed them and had them removed. Subsequently, on 22 May the W Ops O, LCol Drover, presented Capt Dekker with the Directorate of Flight Safety Award "For Professionalism." Good work Brian!

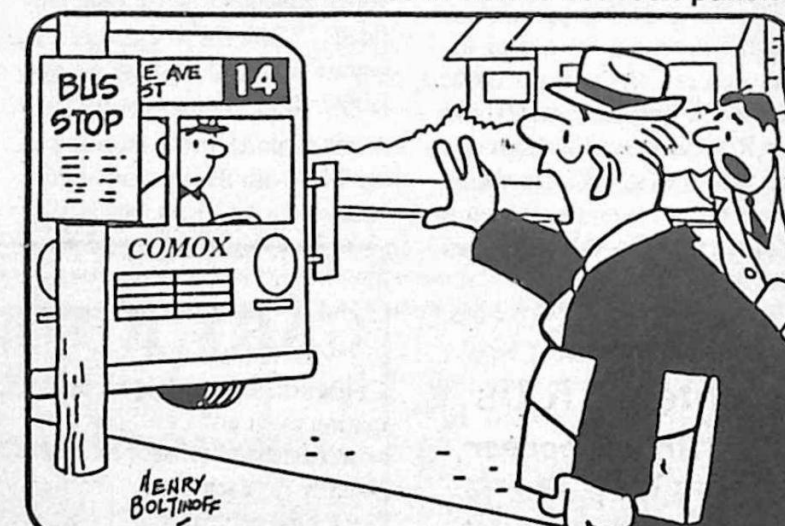
LCol Drover had a busy day with ATC on 22 May. Cpl Bob Johnson received his CD from the W Ops O, marking the 12 years of meritorious service milestone in Bob's career.

With the Air Show just around the corner (21 July) and new personnel to commence training, it's shaping up to be an interesting summer. Until next time...

## HOCUS-FOCUS BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Bus is higher. 2. Number is changed. 3. Briefcase is higher. 4. Arm is higher. 5. Hat is removed. 6. House is wider.

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## Military spouses speak up

by  
Tina Matchett-Bianco

On Thursday 30 May, approximately 50 military spouses came out to participate in an open forum with the Chief of Defence Staff, Gen Jean Boyle. Also present were Mrs. Sharon Boyle, the Wing Commander Col MacLean, Mrs. Mary MacLean and the Wing CWO Dennis Dupuis.

The atmosphere was light with Gen Boyle informing the gathering that he was there to listen to all concerns. He described himself as a family man who was committed to all members in the Canadian Forces and their families. He said he had made a pledge with himself to obtain a real understanding of the problems faced by spouses, and to see things from their point of view.

Gen Boyle shared some of his experiences and some of the challenges he and his family faced when his children were young and he was gone for months out of any given year. Gen Boyle acknowledged that it takes time to implement change in a large organization, but that he was committed to making the system more spouse friendly.

Gen Boyle opened the floor by encouraging the audience to "take their best shot," and a lively discussion which lasted over one hour commenced. The topics discussed included:

- More spousal representation at the national level;
- How to dispel the myth that a spouse seeking help from a social worker, the Family Resource Centre or a Padre could negatively impact a service member's career;
- Space for a large community/resource drop in centre; and
- The forecast for the future of the PMQs and service flights.

Gen Boyle also talked about a study which researched the existing quality of family life in the military community, and the long range forecast of implementing a new social contract that would increase family stability through longer postings.

All questions were listened to and responded to with great interest, with a promise to follow up with more information as soon as the tour was over. It was a great opportunity to talk about fears and concerns and connect with other spouses in a friendly and open atmosphere.

benefit. We should take time to thank them and let them know that their efforts are truly appreciated.

As many of you are probably aware, the SAR Techs of 442 Sqn are organizing a charity dance for missing children in Hangar One on 15 June, starting at 1800 hours. It will require a certain level of effort by all aspects of the Wing, but I've asked that all the work required be done strictly on a volunteer basis. It's a good cause and if you haven't volunteered before here is your opportunity to make a difference. I've heard that my job will be to look after the weather.



## Spousal Discussions

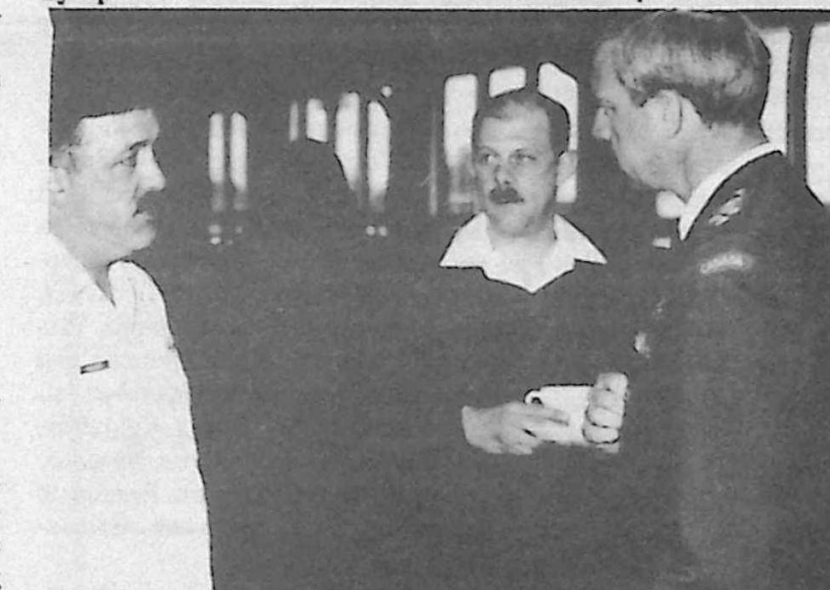
After a briefing in the DIAC and a meeting with COs and branch heads, the CDS talked to military spouses at the Community Centre.



## Rapt Attention

A group of NCMs listens intently while Gen Boyle elaborates on new terms of service provisions which he is working hard to promulgate by April 97.

(Photo MCpl Edith Cuierrier)



## Hearing Concerns

The CDS gave four formal presentations and three informal presentations during his visit to 19 Wing. Here, after a speech in the senior NCOs mess, he entertained questions from the membership and chatted about issues of the day.

(Photo MCpl Edith Cuierrier)

## Pay Increase Update

CF personnel were informed by message that the MND had announced a pay catch-up adjustment of 2.2% for NCM, effective 1 April 96. The message further noted that the increase would be paid once Budget 96 was legislated, the passage of this legislation being predicted for the May/June timeframe.

Bill C-31, an Act to implement certain provisions of Budget 96, includes a clause which will provide the specific legislative

authority upon which the 2.2% pay adjustment can be implemented. Currently, this Bill has passed second reading and is in the committee phase. It is expected to receive third reading and become law approximately mid June 96.

In addition to the legislative authority required for the pay adjustment, changes to the appropriate QR and O articles, including the NCM pay tables, must be approved by Treasury Board. The Treasury Board submission is currently being staffed through the department to ensure that it is presented to the ministers of the Treasury Board at the earliest possible opportunity once Bill C-31 becomes law.

The necessary administrative and programming changes required to implement the pay increase are being finalized by HQ staffs so that this pay increase will be paid to NCM as soon as possible after Treasury Board approval is received. CF personnel will be informed of the details by message once they become known.

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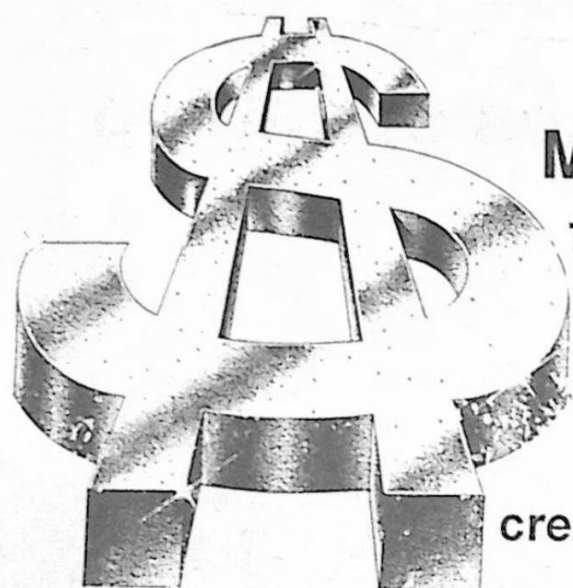
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## Money talks

### Your credit rating

by  
J. Kevin Dobbeltsteyn,  
P.Eng. MBA

You have heard about it, but you may not know how it works. It's your credit rating, and it can make the difference between being granted a loan or turned down for credit - and potentially influence how much interest you will pay.

But what exactly is a credit rating?

First, let's dispel a myth. You don't have an overall "rating."

Instead, individual financial institutions, credit card issuers and other creditors assign individual ratings to customers, expressed in a common language. These ratings are kept in a central file by a credit bureau.

Your ratings are reviewed by potential creditors when you apply for credit. These ratings generally indicate whether or not you pay your bills on time. This helps the creditor decide whether to proceed with your application.

When you consistently pay according to the terms of your credit - for example, making loan payments on time or paying credit card balances and other bills by the due date - you receive the top customer rating of one.

If you pay late but within 30 to 60 days, you'll be assigned a rating of two. Late payments of 60 to 90 days will reduce your rating to three.

Serious credit deficiencies can result in much lower ratings. For instance, if you pay off delinquent debts under a consolidation order or similar arrangement, you'll get a seven rating. An eight indicates items paid for on credit have been repossessed and nine indicates a write-off - usually a bad debt or a referral to a collection agency.

Creditors generally supply your local credit bureau with ratings every month. Your files are updated to include current ratings, as well as a historical record of several years.

When you apply for credit, you may be declined by a financial institution if you have a series of unsatisfactory ratings. At the very least, the institution may charge you greater interest for the risks associated in lending to someone with an unstable repayment history or lower credit rating. The best way to avoid either of these situations is simply pay your bills on time.

But how do you know if the

## Western Canada Golf Tourney a Success

by Ted Sauv , Tournament Chairman

The 19 Wing Comox Military Police Section hosted the 13th Annual Western Canada Military Police/RCMP Golf Tournament and Fishing Derby from 23-25 May.

Military Police participation included 19 Wing Comox, 4 Wing Cold Lake, CFB Edmonton, CFB Chilliwack, and CFB Esquimalt. RCMP members attended from Courtenay, Campbell River, Powell River, Nanaimo, Duncan, Victoria, Vancouver, Surrey, Richmond and Langley. Retired members attended from Comox, Courtenay, Cumberland, Nanaimo, Port Hardy, Duncan, Esquimalt, Vancouver, Chilliwack, Edmonton and Victoria.

The weather in the weeks preceding the tournament had been cool and wet but on 23 May the sun shone, the seas were calm and those fishing actually caught some salmon. Those golfing in the practice round enjoyed a sunny day.

On Friday, at 0730 and 1300, 220 golfers in two shotgun starts played in ideal conditions at the new 18 hole Glacier Greens Golf Course.

Prize presentations and a BBQ were held at the club's social cen-

information in your file is accurate?

You can contact your local credit bureau and request the same information that credit grantors consider when assessing your application.

The first step is to find your credit bureau. The company to call is Equifax Canada, and can be reached at 1-800-4656-7166. You will get details on how to request information on your personal file.

Make sure you agree with your ratings and any other details in your file. If you discover mistakes, ask the credit bureau staff what action you can take to rectify the situation.

If there is a dispute over a rating submitted by a creditor, ask to include a note in your file explaining your side of the story.

If you've never checked your credit bureau file, you'll never know whether it's accurate. You should certainly check if you've ever been turned down for credit. Even if you've had no problems, it's a good idea to review your file every year.



CMPA winners from 4 Wing Cold Lake (L-R): Kevin Mason, Sly Bolduc, Gord MacKay with our Col Cmdt Gen Doug Yuill presenting. (Staff photo)



Jack Burgess of Public Pest Control - winner of Sponsors' Low Net. (Staff photo)

MP/RCMP raffle winners were: Janet Stevens (set of woods), Gord McKay (Argus print), Bill Thomas (Texas mickey), Don Marchand (golf bag), and Al Stuart (golf pull cart). The Pig Winner this year was Lee Johnson.

### Fishing Derby Results

The Fishing Derby was held over three days. The weather was great on Thursday and Friday, but Saturday the wind came up early and kept the fair-weather fishermen at home.

Largest Salmon went to Bob Roy, Esquimalt (5.4 kg Spring). Total Weight winner - Steve Beckett, Campbell River (11.6 kg). Largest Non-Salmon - Wayne Alley, Comox (2 kg red

snapper. Aggregate Golf/Fish winner - Steve Beckett (58.5). Winner of the fishing trip for two to Lupin, NWT, was Harvey Weiss, Comox.

The 19 Wing Comox MPs would like to thank everyone who attended and made this year's event another successful Branch Event and, YES, we will be hosting the Golf and Fish Derby again next year in late May 97, so plan to attend.

A very special thanks goes out to all our sponsors who generously supported this event with prizes or gift certificates. You will be happy to hear that we raised over \$3,000 to donate to the Military Police Fund for Blind Children. Thanks again and SECURITAS!

## NEXT DEADLINE 14 JUNE- NOON



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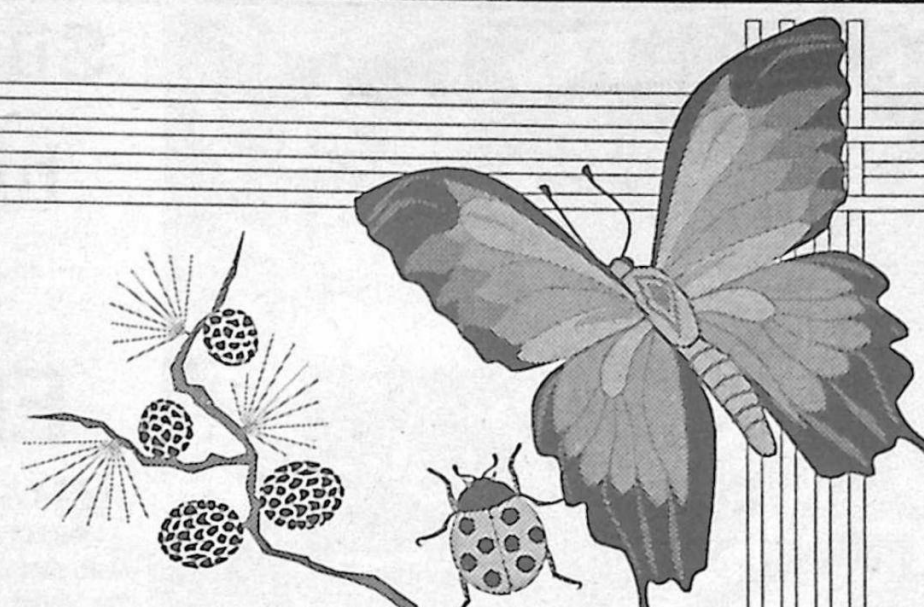
**Tuesdays - WING NIGHT**

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we can accommodate up to 50 guests  
for your next celebration or group meeting.

**649 Anderton, Comox 339-5400**

# Wallace Gardens



## HODGE PODGE

Now that we have had over a week of sunshine, I can say that barbecue season is officially here! The great thing is that on this side of the country, it is never really gone but when the weather is bright, the grill beckons unrelentingly. Most barbecue veterans have steaks and burgers down to an art so I'll not dwell on those faithful standbys. Rather, I will share a few unique recipes for outdoor entertaining.

### Thai Sauce

One of the most versatile sauces/marinades/salad dressings that I have come across is of a Thai influence. This is an excellent marinade for chicken, fish and pork. (Crispy, basted wings are to die for!) It can be used as a dipping sauce for spring rolls or any Asian style dumpling. This sauce can also be used as a "guilt-free" salad dressing that really packs a punch and stands up to strongly flavoured salad greens. (Add some cold rice noodles and nuts or sunflower seeds for a terrific Thai Salad.) The greatest bonus of this sauce is the ease of preparation! (Sambal Olek is an Asian chili paste. Ketchup Manis is an Indonesian Sweet Soy Sauce. Both available locally in the specialty food sections.)

1 cup Ketchup Manis

1 tsp Sambal Olek

juice of 2 fresh limes

2 cloves of garlic, crushed

Mix these ingredients together and let the flavours marry for at least an hour. What could be simpler?

### Lebanese Garlic Toast

Having a number of Mediterranean friends, I came across a unique recipe for Lebanese garlic toast that is wonderful on the barbecue.

In the food processor add:

1 large boiled potato cut into pieces

3 cloves garlic

1/4 tsp salt

Process until smooth. Drizzle olive oil (about 2 tablespoons) and process to make a spreadable cream. Pulse in a little bit of parsley and your spread is ready.

To make the toast, pita bread is best. Split open the pita, spread a light amount of the spread on each half inside, put back together and grill until lightly crisp. Brush outside lightly with olive oil and cut into wedges. You may never use garlic butter again!

### Quick BBQ Tips

• Avoid piercing meat on the grill to keep more juices in.

• Make an indent almost through the centre of burgers to keep from shrinking.

• Place oysters "flat side" up and grill on high until they open.

• Pre-cooking ribs will get that fall-off-the-bone tenderness.

• When making veggie kebabs, even out cooking time by microwaving veggies with longer cooking times, rather than overcooking the delicate veggies.

Enjoy the sunshine (and lack of mosquitoes)! Bye for now!..

Wallace Gardens Community Association

## CANADA DAY CELEBRATION JULY 1ST AIRFORCE BEACH

\*FUN FOR THE WHOLE FAMILY

\*BEACH GAMES/DUCK  
POND/BOUNCER/WATER SLIDE

\*\*BIGGER, BETTER FIREWORKS  
DISPLAY

LOTS OF VOLUNTEERS  
NEEDED!!

Please call: Linda Jeffrey 339-8211 loc 8571  
or drop by the MQ Council office in the  
Canex Building

### Summer Fun Program

ages 6-12

Sponsored by

Wallace Gardens Community Association  
and the Comox Military Family Resource Centre

### Full Time Program

open to military and non-military families

8 am - 3:45 pm\*

\*Childminding available before and after the program

You may register for the following sessions:

Session 1: \$50/week\*\*

July 2 - 5

Session 2 - 4: \$65/week\*\*

July 8 - 19 • July 22 - Aug 2 • Aug 5 - 16 • Aug 19 - 30

\*\* A \$5 charge will be added for non-members of WGC

Registrations will be held on:

Saturday, June 8th at the Canex Lobby

FROM 9:00 TO 12:00

For more information call Claudia at 339-5051 or Linda at 339-8211 loc. 8571

### Summer Fun Program

ages 6-12

Sponsored by

Wallace Gardens Community Association  
and the Comox Military Family Resource Centre

### Part Time Program

\$30/session\*\*

9:00 - 11:30 am or 1:00 - 3:30 pm

You may register for the following sessions:

July 8 - 19 • July 22 - Aug 2 • Aug 5 - 16 • Aug 19 - 30

\*\* A \$5 charge will be added for non-members of WGC



Registrations will be held on:

Saturday, June 8th at the Canex Lobby

For more information call Claudia at 339-5051 or Linda at 339-8211 loc. 8571

## Death and taxes

(At least I can help with one of them.)

We all have to deal with the inevitable. Unless we defer it, of course. Which is the kind of practical and money-saving advice I can give you when I outline your personal tax strategy.

Why? Because you're worth more!

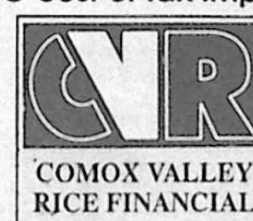


J. Kevin Dobbeltsteyn  
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## Family Bingo

The Wallace Gardens PMQ Association will be holding a gigantic family bingo on Saturday, June 8th, starting at 1:00 p.m. The Wallace Gardens community centre will be used for the event and it will cost a mere 50 cents per person for admission. So for a lot of fun with a good chance of prize winning, plan to take in this family oriented entertainment. This the the last bingo till September 96



## Tykes biking for skill and safety

by Finn

Warm, sunny weather, ensured success for the organizers of the Annual Military Police Bike Rodeo, held Friday 31 May at the Airport Elementary School.

Over 350 students, from kindergarten to grade 6, participated in the day-long event, from a written examination, through registration, to safety checks (each bike being given a professional once-over) - and skills performance tests, the total package being crowned with the deserving winners receiving awards including trophies, three bikes, helmets, and various bike accessories donated, as with the food, by local businesses and organizations.

To some of the students the weather merited almost as much attention as the tests themselves.

"It's too hot," gulped Jessica Potvin, grade 3, despite her shorts

and short sleeves.

Vice principal Cathy Bulger agreed to the weather being "perfect." "Rain would ruin a day like this, but neither would the event be possible without the voluntary time and support given by the MPs."

The MP contingent's co-ordinator and organizer, L/S Bruno Beaudoin, was proud of the 12 year involvement in the skills and safety testing at the school by the Military Police. "Anything that enhances safety is worthwhile," he emphasized.

An opinion he shared with Ms Bulger, who chose not to dwell on her own considerable role in preparing for the successful event but who, no doubt, is ready, with the MPs, for a repeat performance next year.



Jeremy from "Pedal Pushers" in Courtenay finding Jeffrey Cameron's chain a tad loose. (Staff photo)



Joel signals his intentions. (Staff photo)

## MacMillan goes solo

by Ken Dougan

WO Matthew MacMillan, 386 Sqn Air Cadet, who won the runner-up trophy on graduation at the Cadet Gliding School '95 Course in Chilliwack, was recently presented with a cheque for the continuation of his flying career by the B.C. Committee of the Royal Canadian Air Cadet Association. WO MacMillan "went solo" in just 4 hours 27 minutes, and is now well on his way to 20 hours solo in his log book. He hopes to find a flying future in the Air Force.

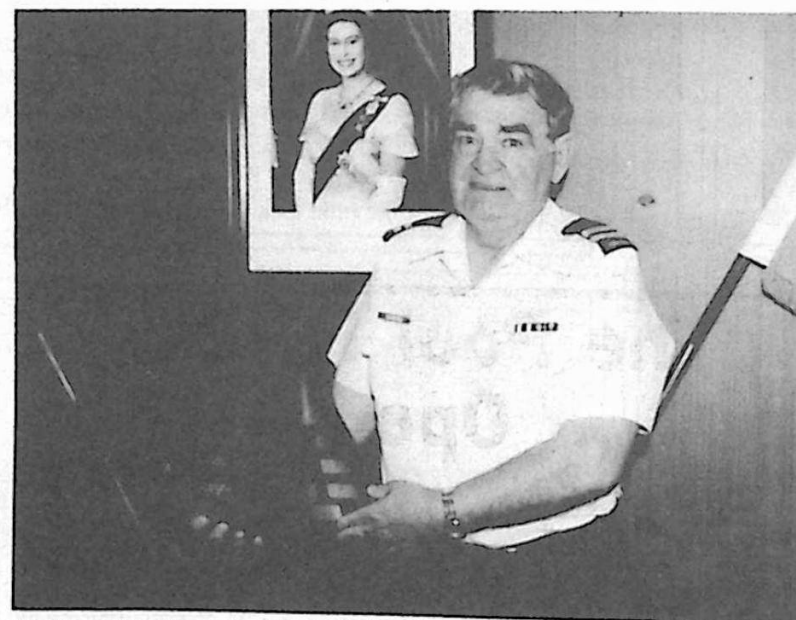


WO MacMillan receives cheque and congratulations from Mr. Peter Morrow (left) while 386 Sqn CO, Capt Victor Simonson, looks on.

## Band a winner

by Ken Dougan

Just as predicted by Capt Colin Canavan, 386 Sqn Bandmaster, 386 Komox/363 Campbell River Combined Cadet Bands, pulled off the hat trick and, in spite of tougher than ever competition, won their division at the May 11 Vancouver Island Cadet Band Competition, Pacific Region Cadet Division, held at Naden. While the cadet musicians are as keen as mustard, a great deal of credit is due to their much admired leader, Capt Canavan.



386 Sqn Bandmaster Capt Colin Canavan displays trophy won for third time running.

## Summer hiatus for FP 97

by Lt K.J. Saunders

Flight Plan 97 Ground School will shut down temporarily for the summer. Due to the upcoming APS, leave requirements, and various unit commitments, it will become increasingly difficult to sufficiently fill the FP 97 Ground School course. Therefore, the course will be suspended for the months of July and August. The last course will run from 25-27 June.

The FP 97 Ground School course will stand up again in September to train those personnel who have not yet received the course. This will also include all personnel newly posted to 19 Wing who have not received Ground School training from their former wings/bases.

The Flight Plan office, located at Bldg 10 will remain open for inquiries throughout the summer. For more information, contact the Chief Instructor, Kathryn Perry at local 8005.

## Streak ends at Five

The men's fastball team continued their winning streak with a 10-4 win over Coast Country on 13 May and played the Edgewater a couple of days later, again winning with a score of 6-5. Rick Patterson, newly posted from Esquimalt, debuted with the T's and posted 22 K's, a double, a triple and a home run over the two game stretch.

The T's were handed their first defeat of the season by the Loft with a score of 11-10. A seesaw battle saw the T's up by 5 after the top of the 2nd, but the Loft struck back with 6 runs in the bottom of the inning. The T's entered the bottom of the 7th with a two run lead but were unable to hold.

Team Coach, Steve Thomas, stated that he was happy with the progress of the team to date. This

time last year the Totems were 0 and 6. He cited the hitting of Mike Lonigro, Troy MacDonald, and Kirk Waught as well as the pitching of Bob McCulley and Rick Patterson as being pivotal in the team's success. He also commented on the rapid development of inexperienced players as making key contributions to the team. He said "the next few weeks we're going to stress batting practice. We'd like to see more offensive contributions from newer players like Mike Krak, Francis LaPlante and Dennis Bellamy so that we can take advantage of their speed."

Upcoming games:  
12 June vs Overwaitea in Lewis Park at 2100 hrs.

17 June vs the Loft at the Base at 1900 hrs.

19 June vs Homestore Hitmen in Cumberland at 1900 hrs.

## MP Golf Tourney



Ray Cossette, retired MP, runner-up Low Gross. (Staff photo)



Scott Fraser, Glacier Greens Pro Shop, winner of Sponsors' Low Gross. (Staff photo)

## The Fishing Report

sponsored by King Coho Resort  
339-2039

Over the past two weeks fishing has been hampered by high winds and cool temperatures. Those that did get out were rewarded with 14/15 lb. springs and the occasional halibut. The long range forecast calls for more seasonal weather. The good news is that there continues to be an abundant amount of feed in the strait. Where there is feed there will be fish.

## League tournament comes to Comox

by Lt K.J. Saunders

19 Wing Totems fastball team is hosting the 1996 Comox Valley Men's Recreational Softball League Tournament the weekend of 21-23 June. The tournament will be a nine team double knock out format.

Coach Steve Thomas said "this is an excellent opportunity for the T's and the league to showcase our talent for the 19 Wing community." At stake, as well as substantial prize money, is the opportunity for all league players to represent the league in an All Star

game against the Bill Moore League All Star team. The All Star game is planned to take place in early July at Lewis Park.

Tournament games are scheduled for 1900 hrs Friday, 21 June and will continue all day Saturday with the semi-finals, finals, and a home run derby scheduled for Sunday. BBQs will be hot and refreshments cold all weekend long.

Bring the family out to enjoy some intermediate level fastball and support the 19 Wing Totems.

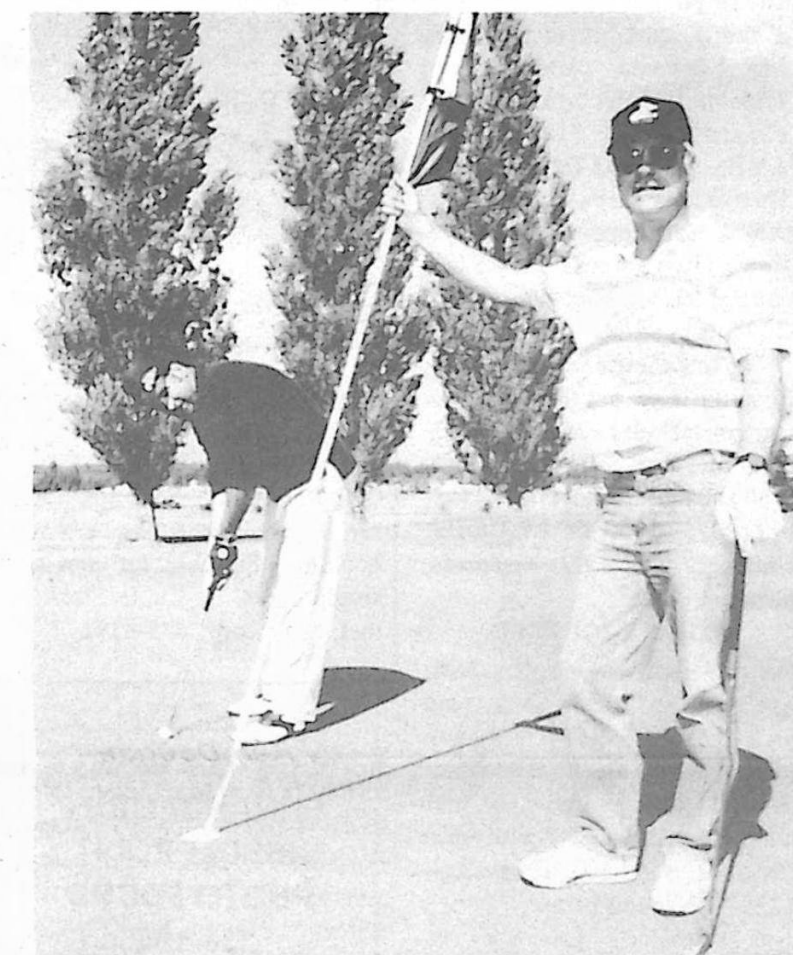
## Bats ablaze

by Lt K.J. Saunders

The Men's Fastball team faced Gulliver's for the first time this season and came away with a huge win. The Totems scored 7 runs in their first at bat and held Gulliver's at 1 run in the bottom of the first inning. By the middle of the 5th inning, the Totems had scored 18 runs. At the end of the 5th inning, it was all over. The mercy rule finished the game, with a score of 18 to 5. The Totems are now 6 and 1 for the season to date.

Coach Steve Thomas commented on the hitting ability of all the players. Batting practices on Sundays are certainly paying off, and the Totems are really cashing in.

The Totems would like to recognize the support and sponsorship that they have received from the Arbuckle Pub. Not surprisingly, the Totems have returned the support and can be seen at the Arbuckle after ball games, cooling off with a few pitchers, and sharing in the spirit and camaraderie of a team that is second in their league.



(Staff photo) Just Another Day on the Links  
MWO Wayne Hay (ret) lines up a "must make putt" while his personal caddie, Capt Brian Van Hereweghe (ret), tends the pin.

## PARENTS

**Measles is serious.  
It can even kill.  
Protect your preschooler.**



WE now know it takes **two** doses of measles vaccine to protect children from measles. Your child may have had one dose, but now needs a second.

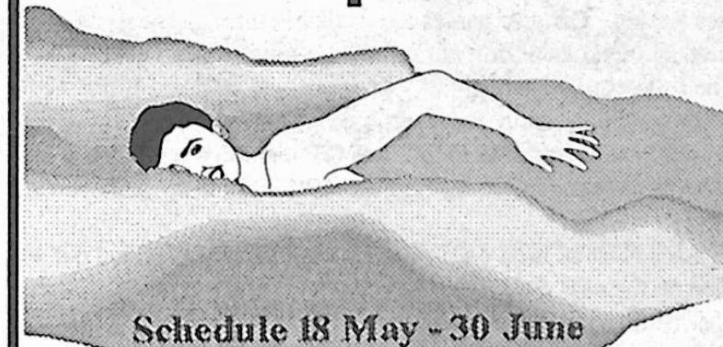
Measles can cause ear infections, pneumonia, and in a small number of cases, brain inflammation and death.

For a limited time, special second-dose measles immunization clinics are now being held throughout British Columbia for children aged 19 months and older who are not yet in elementary school.

Parents, call your local health unit or department today for information about immunization clinics in your area. Phone numbers are listed in the blue pages of the telephone book.

This message is sponsored by B.C.'s Provincial Health Officer and your local health unit/department.

## The Pool is now Open



Schedule 18 May - 30 June

Mon - Fri  
1130 - 1245 Mil Swim 1300 - 1500 Open Swim  
1830 - 2000 Open Swim 1500 - 1600 Adult Swim

Sunday Only  
1800 - 1900 Family Swim  
1900 - 2000 Adult Swim

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NORTH COURT COMOX MALL 339-5303

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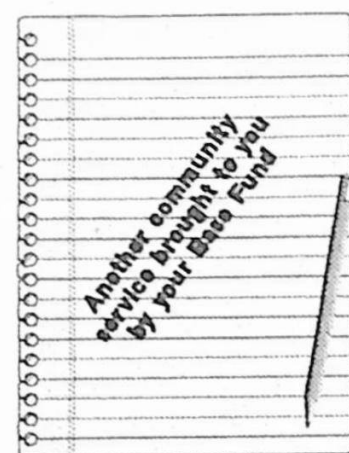


IF YOU DRINK AND DRIVE



DEFENDING DRIVING COUNTELDAC





# The Bulletin Board

## Free Classified Advertising for members of 19 Wing and their families.

Ads must be 25 words or less, legible and either hand delivered or dropped in the base mail. No phone ins please.

### FOR SALE

21' Bayliner. This boat is fully loaded including all the safety & fishing gear. Must be seen. Excellent price. Must sell. 338-1956.

### For Sale

Steel office desk and chair in good condition. Will sell pair for \$45.00 or separately \$25.00 each. 339-9146

### FOR RENT

Comox 3 Bdrn Rancher. Close to Immersion School & bus routes. Lge fenced yd. F/A furnace & 4 appliances. Asking \$800.00 per mo. Avail June 1. 334-4268.

### Rental Suite

Unfurnished broadloomed 1,200 sq.ft. suite in Comox house (Base staff neighbourhood), shared kitchen. Privacy guaranteed. \$450.00 monthly. N/S. 339-2258 (after 4:00 pm).

### Car for Sale

1989 Honda Civic LX. 106,000 Km. 4 cyl auto, 4 doors, PL, PW, lots of extras and updates. Full maint. docs. \$8,900 o.b.o. Call Louis 338-1900.

### House to Share

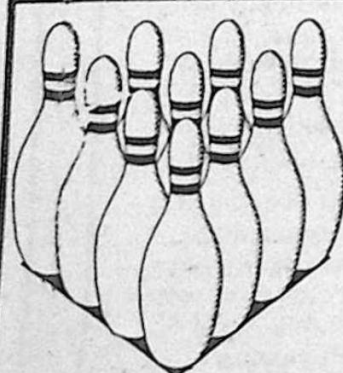
N/S, M/F, unfurnished house to share in Comox. Own loft, terrace/atrium, ensuite 4-piece bath. Sunken living room w/fireplace. Garden. \$450.00 plus shared utilities. Call 339-2258 (after 1600 hrs).

### HELP WANTED

Wallace Gardens Community Council will be accepting applications for the Summer Fun Program. Openings are as follows: 1 full time Program Supervisor 3 full time Day Camp Leaders 1 part time Day Camp Leader/Lifeguard.

Qualifications required: -at least 19 years of age, First Aid qualified and previous experience in dealing with children.

- program planning and supervision of children ages 6 - 12 years. Applicants are requested to drop off resume with a projected working plan for 8 week program at NPF Pers Coord office in CANEX Mall by 12:00 noon on 3 June. Interviews will be conducted 5, 6 & 7 June. Start date will be approx. 24 June.



## Base Bowling Alley Closure

The Base Bowling Alley will be closed for the summer season from April 22 till September 30. For more information contact WO Scott Teasdale 339-1937.

### MISC FOR SALE

1 JVC mini stereo system. CD player, tape deck, AM/FM, remote control. Too many options to list. Excellent sound, excellent system. \$220.00.

2 JVC tower speakers 4 years old. \$65.00 pair.

1 sports mask/bra to fit Mazda MX-3 Precida. Adds superior look and protection. Used 2 months. \$75.00.

1 pair size 9-1/2 rollerblade inline skates Area blade abt's. ANEC 5 bearings. Air pump system. Used 3 weeks. New \$400, asking \$225. Michelle or Paul 339-1882. <1/2>

### Townhouse for Sale

Beautiful 2 yr. old townhome in Comox, includes w/d, f/s, 3 bdr, 3 bath, fireplace, new yard. Close to all amenities, schools and Base. Phone 339-1963 or Lt Emily Crumback at loc 8372. No agents please.

### Duplex for Sale

New 2-bedroom duplex with basement and nicely landscaped back yard. Located in Courtenay/Puntledge Park area near schools, river and walking trails. 10-year home warranty. 2321A Embleton Crescent. \$107,500. Phone 338-4222. No agents please.

### For Sale by Owner

Rancher in forested setting in Comox, close to all amenities, only 5 yrs. old, 1410 sq.ft, country kitchen, 3 bedrooms, 2 baths, LR and separate family room, French doors onto 28 ft. deck overlooks fenced garden with shrubs and small fruit trees. Priced to sell at \$164,900. Call (604) 339-2191.

### FOR RENT

Courtenay-1 July. Huge 4-6 bedrooms with main floor laundry & full basement. 2 baths + ensuite, rec, work, office, RV parking, deck, etc. Special lease rate for right tenant. Owner 204-895-4730. Manager 339-7189. <1/2>

### FOR RENT

One Bedroom Bsm't Ste. Avail July 1. Priv ent & pkg. F/S W/D hookup. Suitable for non smk single pers. Cable/Elec/Heat incl., \$475/mo 338-5182

### CUSTOM PRINT ENHANCEMENT NEEDLEPOINT PHOTO FOCUS 338-1956

### Motorbike for Sale

Harley Davidson Sportster Hogger 883, 1993, red, 24,000 Km. Lots of accessories \$8,500. Marie 338-6880.

### For Sale

1989 Honda Civic LX, 106,000 km, 4 cyl auto, 4 doors, PL, PW, lots of extras and updates, full maint docs. \$8,500. o.b.o. Call Louis 338-1900.

### Duplex for Rent

Available immediately - 3 bedroom Duplex, near new, 2 levels, 2 bathrooms, attached garage, 5 appliances, non-smokers, references please. 334-0722.

### Tired of the Rent Trap?

Staying in Comox? For sale: 5 yr. old 2 bdr mobile home. AC/heat pump, appliances, deck. Many extras. \$62,000. No agents please. Phone 897-1993.

### For Sale

English Springer Spaniel - \$350. Female, PB, has papers, great family dog, liver and white. Moving, looking for good home. 334-0722.

### FOR RENT

One bedroom basement suite. Available 1 July. Private entrance & parking. F/S, W/D hookup. Suitable for non-smoking single person. Cable/Elec/Heat included. \$475/month. 338-5182

### FOR SALE

1993 36' Kingsley 5th wheeler. Complete with 2 slideouts, dishwasher & much, much more. Comes with a 2 ton GMC Top Kick custom made truck. Both in mint condition. \$82,900 will take all. For serious inquiries please contact Jim at 339-8211, loc 8483.

### MODULAR RENTALS

Comox-1 June. 3 bedroom, 2 bath modular with deck and mud room. Fenced, low maintenance. Comox-1 July. 3 bedroom, 1 bath modular with formal dining and front living room, storage shed, fenced. Both homes located in quiet subdivision, not home park. Special lease rate for right tenant. Owner 204-895-4730, manager 339-7189. <1/2>

### FOR RENT

2 bedroom one level Condo in Comox. 5 appliances, patio, shed, own parking & entrance. Available July. \$700/mo. Call Manon 339-5049 or local 8108. <1/2>

### IMMEDIATE POSSESSION

Home for Sale by Owner 2 bedrooms, LR, DR & very large kitchen. Blinds on all windows. 5 appliances. Gas heat. Split entrance, full walk out basement. Basement partly finished with bathroom toilet & sink. Situated on large Comox lot in cul-de-sac bordering Brooklyn Creek. Close to schools, mall & golf course. Priced to sell at \$137,000. Phone 339-0058. If no answer leave message. <1/2>

### Gym hours

Mon-Fri 0730-1600 hrs Military & DND employees only  
Mon-Fri 1600-2100 hrs Casual hours  
Sat 1300-1700 hrs Casual hours  
Sun 1300-1700 hrs & 1800-2100 hrs Casual hours

Note: All users of the Base gym facilities must produce their Rec Card or pay a drop-in fee in order to use the gym during casual hours. Casual hours for military personnel begin at 1800 hours. Dependents under the age of 12 must remain in the company of their guardian.

## ATTENTION MILITARY REC PASS HOLDERS

Has Base Fund got a deal for you! The Glacier Greens Golf Course is offering discount green fees to service personnel with Rec Passes. The golf passes are available through the gymnasium sport stores during normal working hours at a cost of \$10. The following rules apply:

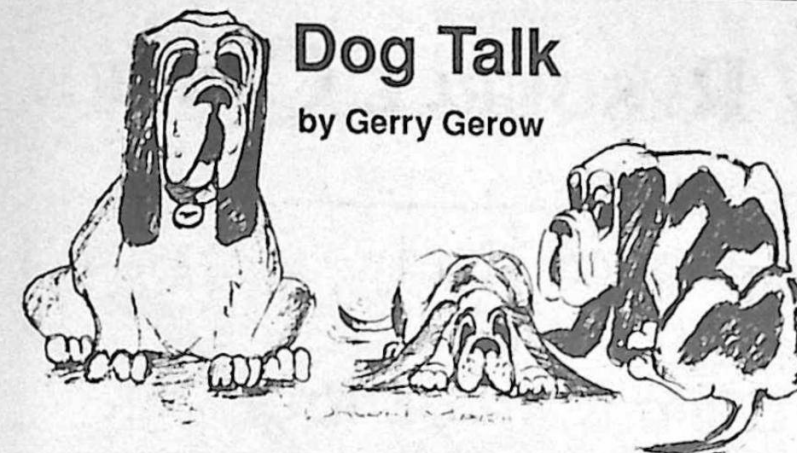
- Available to Military Rec Pass holders only;
- Passes are good for Mon to Fri, NOT including holidays;
- Passes cannot be used for unit sports afternoon, special events, etc;
- Passes must be used on the day purchased, unless rained out and then on the next day;
- Maximum of four passes sold per day; and
- Limit of one pass, per person, per month.

A priority system will be in effect as follows:

1. Junior NCMs (Pte, Cpl and MCpls), OCdts and 2 Lts;
  2. Senior NCMs and officers (Lt and above); and
- Personnel wishing to reserve a golf pass must have a tee time booked at Glacier Greens prior to purchase. Sport Stores is open from Mon to Fri from 0900-1230 hrs and 1330-1600 hrs.

## Dog Talk

by Gerry Gerow



This week a breed book titled Jack Russell Terrier Today by Sheila Atter, Howell Book House, Macmillan Publishing, New York.

This has to be one of the best breed books I have ever seen. I have around 60 different breed books in my library and this one is as good as any of them, and certainly better than most. The history portion is especially good. Everyone has heard of Parson John (Jack) Russell after whom the breed was named. Atter has done a tremendous job of describing his life. He was born over 200 years ago, in England, and hunted with hounds and terriers all his life.

Everything else you would expect to find in a good breed book is here, presented in an excellent fashion. This is a hard cover 192 page edition, illustrated with over 150 photographs. Over 30 of them are in full colour.

This book is highly recommended for anyone interested in terriers, especially those bred to hunt, which all terriers were originally. Ask your book store to order this book for you.

Terriers are not overly popular in Canada. Around 6,000 terriers are registered with the Canadian Kennel Club each year. Quite a small percentage of the 75,000 to 80,000 total for all dogs. These figures do not include the Jack Russell because they are not recognized by the CKC. This is probably because the breed affectionados do not want this, fearing it will destroy their breed by causing it to be bred for show purposes.

There is no question that most terriers require a bit of handling, especially the breeds such as the Jack Russell and the fox terriers. But they can be a lot of fun too. Terriers are generally hardy little guys who need little care.

When I was growing up, the family dog was a mongrel terrier. His mother was a purebred terrier and his father was one of the neighbourhood lotharios. Old Joe was always there. I remember him as a puppy well before I started school and he was still there when I left home at 18 and for several years after that.

He was a typical terrier - yappy and liked to chase cars and other dogs. I recall once he took after a large Collie that was herding cows down the road. The Collie simply picked him up by the scruff of his neck and gave him a good shaking. After that he lost his desire to chase other dogs. In his younger days he discovered that chicken eggs were very good eating. An egg filled with cayenne pepper cured him of that once and for all. All going to prove that terriers learn very quickly.

Terrier owners need to have a lot of patience. I've worked with them in obedience classes and it seems that they need about twice as much effort from the handler to learn the various exercises. This is, of course, due to the fact that they find much more interesting things to do than the boring (to them) exercises. All told, however, terriers do make excellent pets.

## FREAKSHOW



## NCM Pro D Council formed

A Non-commissioned Members Professional Development Council (NCMPDC) has now been created. The NCMPDC is chaired by the CFCMO and the membership consists of the CCPO MARCOM, CCWO LFC, CCWO AIRCOM, CCWO ADM(PER), CCWO ADM

(MAT), CCWO ADM(DIS), a reserve representative and the FCWO CFRETS, both the NCMPD and the officer professional development Council (OPDC) will report to the newly formed Military Professional Development Council (MPDC) which will consist of members of both the OPDC and NCMPDC. ADM(PER) will be the chairperson of MPDC.

At the inaugural meeting held in Ottawa 13-14 March, the following aim for the NCMPDC was adopted to advise ADM(PER) on the many aspects of NCM professional development including military training for curricula, standardization and timeliness, professional development for compatibility with officer professional development and adequacy in meeting present societal values and special programs, such as commissioning programs, accreditation, language, PG (i.e. community college and out-service education and training for NCMS).

As an early priority the NCMPDC will tackle the prioritization and how best to resolve these issues.

The creation of the NCMPDC, as part of the MPDC, will permit the officer and NCM corps to work more cohesively together to ensure NCMS of the future have the proper tools to deal even more effectively with the challenges and responsibilities which we continue to accept.

## TODAY'S CROSSWORD PUZZLE

### ACROSS

- 1 Little kid
- 5 Opposite of liability
- 10 Curly haired
- 14 Lurch
- 15 Fish finder
- 16 — and cons
- 17 Suit to —
- 18 Raccoon's cousin
- 19 Ring
- 20 Indoor game
- 22 Short jacket
- 24 Supermodel

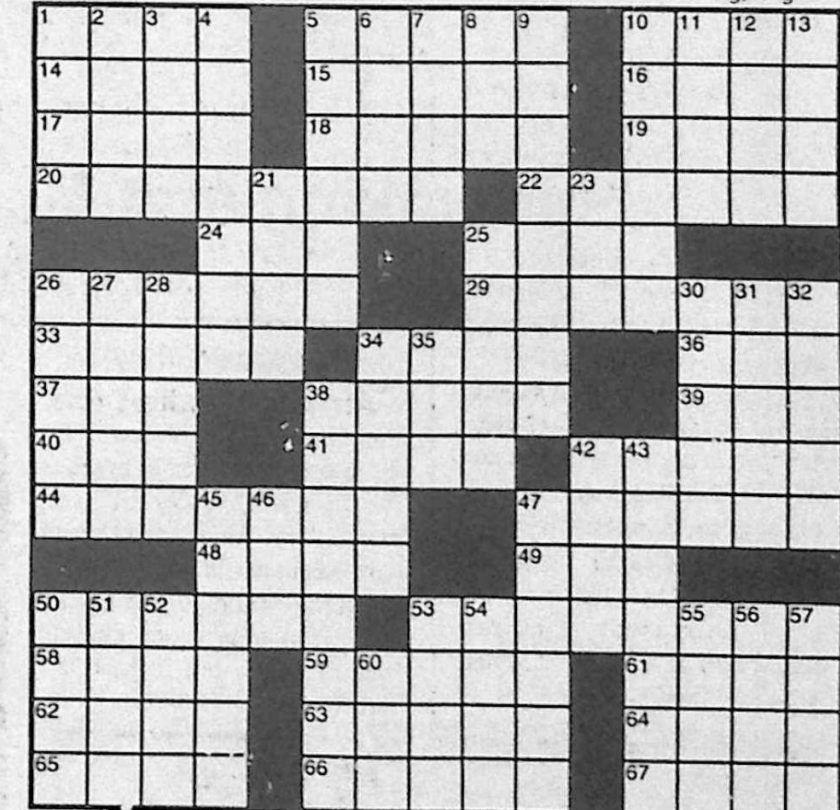
### DOWN

- 1 Snare
- 2 Big Foot's cousin
- 3 Sharp
- 4 Splendid
- 5 Wide ties
- 6 By and by
- 7 Hosiery mishap
- 8 Dine
- 9 Former Roman commanders
- 10 Orchard fruit
- 11 Gratis
- 12 Lion's sound
- 13 Norwegian wheel
- 14 Thin pancake
- 15 More energetic
- 17 Reasons
- 18 Curved lines
- 19 Limb
- 25 Racetrack boundaries

### PREVIOUS PUZZLE SOLVED

HEATS ISLE ROBS  
TIGLOO ROIL IDOL  
DRIED ALBS GINA  
EEN ATTAR NINNY  
STIEM AERATED  
EGG ROIT SPA  
THETA RAINMATER  
HOTEL ETA OHARA  
ASTRAKHAN REBUT  
TEA HIE AKA  
BANANAS DIKE  
FINED RAMPS MOA  
IDEA ASIA WEARS  
SLED PEAS ALGAE  
HEDY ODDS BLEND

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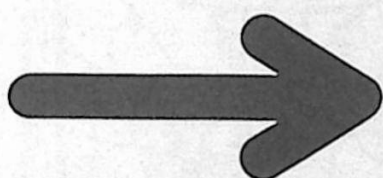
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# COMOX MILITARY FAMILY RESOURCE CENTRE

phone: 339-8290



## Kinnikinnik Child Care Centre

### September Registration!

#### Day Care (ages 15 months - 9 years)

- Monday - Friday  
7 am - 5:30 pm  
Full, Part-Time and Drop In spaces available

#### Preschool (ages 3-5 years)

- Monday, Wednesday and Friday  
8:45 - 11:45 am or 12:00 - 2:30 pm
- Tuesday and Thursday (with intro to French)  
12:00 - 2:30 pm

#### Toddler Playgroup (ages 15 - 36 months)

- Tuesday  
8:45 - 11:15 am

## Youth Activities

### Dance The Night Away

The snack bar will be open so come out and dance to your hearts content.

**Date:** Sat. June 8th

**Time:** 8:00 - 10:30 pm.

**Fee:** \$1.00

**Location:** Wallace Gardens Community Centre.

### Teen Improv Theatre Workshop

Two nights of improvisational dram, these evenings will give you the opportunity to have fun and express your creative self with your friends. Call Jill @ 339-8290.

**Date:** June 4th & June 18th

**Time:** 4:30-5:30 pm.

**Cost:** Donation (suggested donation \$3 - \$5).

**Location:** Protestant Chapel Annex

## All Shook Up!

### Are you prepared to survive on your own for 3-7 days?

"The big one could happen at any time - tomorrow, next week in 30 or 300 years - but that's not the point, the point is to be prepared!"

Tom Miles from St. John Ambulance recently came to the CMFRC to host an earthquake preparedness evening for military members and their families. Everyone really appreciated Tom sharing his time, expertise and great charm with us.

The following article is the first in a series of 3 which will deal with:

1. Emergency Supplies
2. Your Safety at Home
3. Your Safety at work

#### Emergency Supplies:

- First aid kit and instruction booklet
- Shelter: a plastic tarp, a

small tent, "space" blankets, or even large garbage bags.

- Food: Non-perishables ie: canned and dehydrated food, dried fruit, and canned juices. Rotate periodically to keep fresh. A manual can opener.
- Flash light and batteries (not in flashlight). Keep flashlight near bed.
- Battery AM/FM radio and batteries ( stored separate in waterproof plastic bag).
- Essential medications, one week supply
- Copies of prescriptions for medications and glasses
- Toilet paper, toothbrush, soap, etc.
- Class ABC fire extinguisher
- Wrench (crescent or pipe to turn off natural gas and water)
- Gloves/outdoor winter clothing
- Waterproof matches and candles (do not use if there are gas leaks or flammable

liquids)

- Money, including coins for telephone (bank cards and credit cards may not be useable)
- Sleeping bags
- Garbage bags
- A portable toilet
- A crow bar or pry bar
- A gasoline generator and rated extension cord
- Earthquake buddies for children i.e. stuffed animal, doll or games

*Assemble these emergency supplies and keep them in your emergency kit, stored in a secure place, ideally accessible from the outside. By starting to assemble these important things you are already preparing psychologically for the disaster and will be better equipped to survive physically and emotionally.*

## Spelunking and Mr. Bean

On May 18th, twenty six teens from the Courtenay Recreation Association, the Comox Recreation Centre and the Comox Military Family Resource Centre went spelunking (exploring) at the Home Lake Caves. Teens, parents, volunteers, and youth workers travelled to

the caves on a luxury bus complete with six TV's. Entertained was provided by Mr. Bean on video.

Once at the caves, expert guides lead everyone through three unique caves, one with curves, corners and tight spots to squeeze through and one which

contained an incredible display of untouched crystalline formations.

Heather Cameron, one of the teens on the trip said, " I enjoyed the whole experience including the history of the caves, how they formed, and seeing the different crystal shapes growing in the caves. My most memorable experience was when the whole group turned off their headlamps and everyone was in the dark - I could feel the atmosphere of the caves before man was there."

Anyone interested in exploring the caves as a family or a group can call Richard @ (604) 248-7829.



Where is Mr. Bean?

## Special Events

### Reflexology for Stress Relief & Relaxation

This workshop is back by popular demand. It is a hands on workshop where participants will take off their socks and learn some basic reflexology principles. (Please do not wear nylons to the workshop). Michele Brunskill of Madkat Reflexology will facilitate.

**Date:** June 12th & 19th

**Time:** 7:00 pm - 8:30 pm

**Fee:** \$10.00, due at time of registration

**Location:** CMFRC

**Registration:** Call 339-8290

### Family Volley ball Tournament

A Day of Fun in the Sun for the whole family.

**Date:** June 23rd

**Time:** 2:00 - 5:00 pm

**Location:** Airforce Beach

**Registration:** Teams register by calling the CMFRC at 339-8290 no later than Tuesday June 18th. Teams are to be a minimum of 6 people and will ideally consist of a wide variety of shapes sizes and ages.