

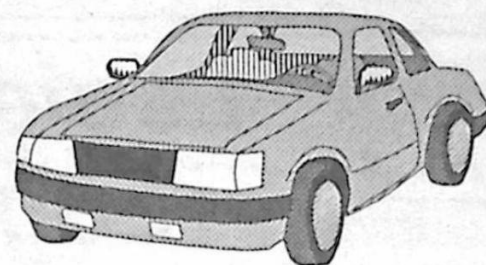


**Free  
Classifieds**

...page 14

**Auto Hobby  
Club**

.... Page 6



*The Comox Valley's Oldest Newspaper*



# TOTEM TIMES



19 Wing CFB Comox B.C.

VOL 38 NO 5

THURSDAY 7 MARCH 1996

COST: PRICELESS

## Winter strikes Comox



A winter snowfall that started innocently at 12:00 noon on Sunday, March 3, turned into a record breaking storm that dumped 47 cm of snow on the base in less than 24 hours. According to Hamish Murray of the CFB Comox weather office, this breaks the record for March snowfall set in 1962. As of press time, the

outlook for even more snow was good and there was a better than even chance that the snowfall would break the all-time record of 60.2 cm in 24 hours set in 1967.

The heavy wet snow has had a devastating effect on the roads, runways and trees around the base. The sound of splintering wood filled the air every few min-

utes as limbs and, in some cases, even trees came crashing to the ground. Cars were in the ditches and stalled on the roads, particularly along the feeder streets that were not a priority for work crews. The base was stood down on Monday, March 3 as crews struggled to keep the runways and ramp areas clear.

The snowfall was expected to continue on into Monday night and base people were advised to take every precaution when driving or even walking on the treacherous roadways.

Comox may be that dream posting where it seldom snows, but when it does it's really something to write home about. The March weather has roared in like a lion and we can only hope that the end of the month brings that lamb like weather that we've all become accustomed to.

cies and civilian schools, eat up a large part of the section's annual training budget.

In response to an Op Snake initiative from several members of the section, the SAR Tech Leader, MWO Bob Verret, investigated the possibility of eliminating much of the cost associated with this training by purchasing a travel trailer large enough to house six SAR Techs and their equipment. It took only a short time to determine that the purchase of a trailer would not only save thousands of dollars in expenses, but also enable the section to do more training with the money that remained. A conservative estimate has placed savings at more than \$12,500 annually; in less than three years

### Former Station Commander passes away

Mr. Vic Mahony, one of the first station commanders of CFB Comox passed away suddenly in White Rock, B.C. A memorial service was held at 240 Wing, Royal Canadian Legion on Tuesday, 5 March.

On 14 August, 1943, then Flying Officer V.F. Mahony arrived from Victoria to take command of No.32 Transport Command OTU (then an RAF unit). The job of 32 OTU was to train transport aircrew and service itinerant aircraft. The base saw much activity from Bolingbroke, DC-3s, Harvards, Ansons and Expeditors. F/O Mahony served as Station Commander until January 1944 when he was succeeded by F/L D. Inglis.

### 408 Sqn visits 19 Wing

Dark, menacing helicopters filled the night air with unfamiliar sights and sounds last week as Twin Huey helicopters from 408 Sqn, Edmonton and a Griffon helicopter from Cold Lake practiced their night missions. The aircrew are equipped with the latest in night vision goggles and use these to great effect when inserting men and materiel into confined and remote areas. The tactical helicopter crews were in training for possible deployment to Haiti in support of the United Nations mission there. Defence Minister Collenette has stated that some of the contingent will be wearing green berets rather than blue, indicating that they will be fulfilling military roles in addition to the traditional peacekeeping mandate.

the trailer will have paid for itself in savings.

After seeking bids from various companies, a final selection was made in the third week of February and a smiling STL, 442 Sqn PADO and MCpl Kevin Zawislake picked the trailer up from the dealer in Parksville. Contrary to figures being bounced through the rumour mill, the actual price was only \$35,000, not the \$65,000 that's been touted.

Continued on page 5

## Restructuring doesn't have to be painful



MCpl Al Banky descends from the \$35,000 trailer recently purchased as part of 442 Sqn Re-engineering. The trailer will be used by the SAR Techs while they are on training missions at locations away from base. Hotel rooms will not be required in the future and flexibility will be added to their training programme.

**by MCpl Al Banky**

Restructuring sounds like a painful thing: tear apart long inefficient procedures, make things leaner and meaner. Whoever said it was all pain and no gain? Restructuring at 442 Sqn has left the SAR Techs smiling. They've traded musty hotel rooms for a 37' travel trailer.

Each year every operational SAR Tech must complete a series of training procedures in order to maintain his expertise in all facets of rescue. Despite doubling up in rooms, hotel costs for a week of intensive dive training and a week of mountain rescue training, combined with various courses done through other government agen-





## Legion Log

BRANCH 160 COMOX 339-2022

### ENTERTAINMENT:

Fri 15 Mar - St. Patrick's Dance  
music by the CONTINENTALS

Fri 22 Mar - music by HIGHWAY 19

Fri 29 Mar - music by NORM'S COMBO

### REGULAR EVENTS:

SUNDAYS.....Lounge Hours 12:00 Noon to 7:00 pm

MONDAYS.....LA Drop-In Bingo, Upper Hall, 7:00 pm

Monday night Men's Dart League, Navy Room, 7:30 pm

TUESDAYS.....Mixed Dart League, Upper Hall, 7:30 pm

Ladies Crib League, Lounge 7:30 pm

WEDNESDAYS.....Navy League Drop-In Bingo, 7:00 pm

Comox Valley Men's Crib League, games home & away, 8:00 pm

THURSDAYS.....\*1st Br 160 Exec. Mtg. Upper Hall, 7:30 pm

\*1st L.A. Executive Meeting (as required) 7:30 pm

\*2nd L.A. General Meeting, Upper Hall, 8:00 pm

\*3rd Branch 160 General Meeting, Upper Hall, 8:00 pm

FRIDAYS.....TGIF, Meat Draws in Lounge, 3:00 - 6:00 pm

Dance, Lounge (unless advised)

SATURDAYS.....Meat Draws in Lounge, 3:00 - 6:00 pm

Hall Rentals or requests for Special Functions: Please contact

Ken Seymour in office, Mon - Fri, at 339-2022.

BRANCH 17 COURTENAY 334-4322

### REGULAR EVENTS:

BINGO.....every Thur, Fri & Sun 7:00 pm

MEAT DRAW.....every Fri 6:30 pm. Also every Sat 3:00 pm

DANCE.....every Friday night, 8:00 pm

Norm's Combo.....8 March

Vested Interest.....15 March

Eldorado.....22 March

Sage.....29 March

EUCHRE.....every Monday night 7:00 pm

PUB DARTS.....every Tuesday night 7:30 pm

FUN CRIB.....every Wednesday night 8:00 pm

FUN DARTS.....every Thursday night 7:00 pm

SUNDAY CRIB.....Sun. 25 February at 1:00 pm

BARGAIN DAY.....every Wednesday, all day

BBQ LUNCH SPECIALS.....every Weds & Fri 11:30 am - 1:30 pm

Note: General Meeting - Tuesday 26 March at 7:30 pm

SPECIAL EVENTS:

St. Patrick's Day, Sunday 17 March. Music by Easterner (3-7 pm).

Food: corned beef and cabbage (4:30-6:00 pm). Cost \$4.00.

Easter Draw: Sat 30 March, 7:00 pm. Hams, turkeys, etc. Music

by Sage. Food available \$1.50 per plate.

MEMBERS & BONA FIDE GUESTS WELCOME

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F.R.P.  
C.R.P.  
E.D.I.  
E.R.I.  
S.O.S.

Are you taking the FRP or CRP package this year? Or hope to go on the next offer? Planning to get your finances in order before you go? Are you concerned that the management-controlled, management-organized SCAN seminars do not deal with all the real-life decisions facing you? Is a non-personal, textbook presentation the best for you? I have assisted dozens of FRP and CRP recipients to examine all the facts; to make the big decisions; and to live with the decisions. Real life. Plan to attend my seminar - no cost, no obligation, no pressure - just solid facts and ideas from my experience with real people making real-life decisions. 338-7811

### FRP / CRP Seminar

Monday, March 11, 1996

Runway Restaurant, CANEX Mall 7:00 p.m.  
Call to reserve your space, or leave your name at the Restaurant

J. Kevin Dobbeltsteyn  
P.Eng., MBA



Chaplain's Chatter

## Morning Devotion

by

Fr. Conrad Verreault  
Wing Chaplain (RC)

There is a traditional Canadian song about winter. This song carries the plaintive hopeless feeling of a hard winter in Canada. The words are simple, they are: "My country is not a country. It is winter. My path is not a path. It is snow."

The words give a sense of winter as numbing and freezing right into one's heart and soul. Winter is a symbol of loneliness, exposure and vulnerability that each of us sometimes feel in our life.

By and large, life may not be too bad for most of us. But all of us have our negative wintry period. At times, the whole of life seems like winter.

Only we ourselves know our anxieties and discontents. Each of us knows what is the winter in our personal life: loneliness, pain, trouble from someone we love dearly, fear of poor health or insecurity, personal dissatisfactions of one sort or another.

If we are in the midst of all these problems and suffering we can find hope and help and consolation in God. Through baptism, God has already let his Spirit into our lives. We have no need to let the heart be frozen inside of us. Our prayer for courage, for facing the future, for dealing with our troubles, are prayers that will always be answered. Taking time out for prayer when we are troubled is like carrying a lantern when we are trying to find a way through a snowy winter's night.

They also say that when you are lost in a blizzard you have to keep going. It's the only way to keep your blood circulating and your only hope of staying alive. It would be much easier to lie in the snow. It would seem warmer and more comfortable. But if you lie down you die.

In the depths of our own personal winter the work of the Holy Spirit is to keep us going. We have to keep moving closer to God if we are to come out of our winter period. Think about that...

## Le coin du Padre

### Le Carême

"Convertissez-vous et croyez à la Bonne Nouvelle." (Mc 1, 15)

Cette phrase est prononcée au moment de l'imposition des cendres sur nos fronts. Dans l'union de ce geste et de cette Parole, j'y vois un symbole. Pour le comprendre, je vais vous raconter une histoire. Martine a 8 ans. Avant Noël, elle a fait la connaissance de Pascal. Ils sont devenus de bons amis. Tellement que le 14 février, Martine a découvert un "Valentin" dans la boîte aux lettres. Juste un grand cœur avec deux visages qui se sourient et ces quelques mots: "Martine, tu es mon amie, je t'aime, Pascal."

C'est le premier "Valentin" qu'elle recevait et elle le rangea précieusement dans son tiroir. Deux semaines plus tard, un désastre. Pendant que Martine et ses parents étaient sortis rendre visite à sa grand-mère, le feu détruisit complètement leur maison. Quand ils revinrent, il ne restait plus rien de leur demeure. Le toit s'était écroulé, il ne restait que des ruines. Et Martine pensa à son "Valentin". Lui aussi, réduit en cendres. Et pourtant, son "Valentin" n'avait pas brûlé. Elle l'entendait chanter dans son cœur. Elle aperçut Pascal et courut se jeter dans ses bras. Son "Valentin" était toujours vivant.

N'est-ce pas un peu le sens du temps pour nous? Bien sûr, tout ce que nous bâtissons, tout ce que nous possédons, le temps va nous l'enlever. Un jour, il n'en restera que cendres. Mais Jésus nous apprend que l'amour, dit Saint Paul, ne passera jamais. Le carême me permet de découvrir ce que je fais de mon temps, ce que j'y bâtis. Des choses qui deviendront cendres? Ou l'amour qui demeure toujours? À moi de répondre.



At the end of January the Parishioners of Our Lady of the Sacred Heart Chapel donated to the Comox Valley Food Bank \$700.00 in cash and food vouchers as well as \$200.00 in food items. Another \$180.00 in food vouchers and \$100.00 in cash was given at the end of February.

Seen here is Mrs. Alice Pasaluko, a representative of the Our Lady of the Sacred Heart Chapel Parish Council with Mr. Jim Dykeman of the Comox Valley Food Bank accepting the donations.

N'est-ce pas un peu le sens du temps pour nous? Bien sûr, tout ce que nous bâtissons, tout ce que nous possédons, le temps va nous l'enlever. Un jour, il n'en restera que cendres. Mais Jésus nous apprend que l'amour, dit Saint Paul, ne passera jamais. Le carême me permet de découvrir ce que je fais de mon temps, ce que j'y bâtis. Des choses qui deviendront cendres? Ou l'amour qui demeure toujours? À moi de répondre.

Ton Padre



## 888 (KOMOX) WING RCAFA

### CALENDAR OF EVENTS - 1996

17 Mar (Sun) Pot Luck (Irish) 1900 hours  
23 Mar (Sat) Down Homer Nite 2000 hours  
27 Mar (Wed) Executive Meeting 2000 hours  
31 Mar (Sun) Easter Brunch 1100-1300 hours  
31 Mar (Sun) Bingo 1330 hours

### HOURS OF OPERATION:

Wednesday 1300 - 1800 hrs  
Thursday, Friday & Saturday 1200 - 0100 hrs  
Sunday 1300 - 1900 hrs

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SETTING TOMORROW'S STANDARDS...TODAY

## Engineers aid native communities

by Capt Tony Keene

The Canadian Forces have a long and strong tradition of coming to the aid of countries which have been stricken by natural and man-made disasters. Now, the Air Force is taking the lead in preparing to assist people right here at home, who suffer from many of the same problems.

Across Canada, through no fault of their own, native communities are suffering from lack of safe drinking water, poor sanitation, decrepit hospitals and clinics,

and inadequate electrical power. Now, regular and reserve airfield engineers may soon be coming to their aid.

"This is not a handout," says Capt Matt Pape, a staff officer for airfield engineering at Air Command Headquarters. "It is cooperation with the native communities. They will pay for and ship the materials, and we'll provide the skilled labour."

Airfield engineers are trained to repair damage to airfields, to build and repair roads, construct buildings and sewers. They have

done it around the world, and can easily do the same thing at home.

"We will not be building anything new, but will repair and renovate what is already there," Pape says. The United States Air Force exchange officer says many things can be done to improve the quality of life on aboriginal reserves, including the installation of electrical, sewage and water systems.

While planning has been done to start the project this coming summer, it is likely that it will not be fully up and running until mid-1997. The Air Command proposal was submitted as part of the Aboriginal Communities Assistance Program, or ACAP.

## Cultural Diversity Survey

The following is reprinted from the Air Command Issue Tracker. It is a response to a question raised at 19 Wing over the status of the Cultural Diversity Survey.

As part of the CF's employment equity (EE) project, a requirement existed to conduct a self identification survey of the CF to determine the representation of aboriginal people and members of visible minorities.

Therefore, the Diversity Survey was administered in Mar 95. The data was entered into a secure, registered database along with information on gender (as of this date, the CF is not required to employ disabled). As members are enrolled, the appropriate data will be entered into this EE database so that at any given time, the CF can answer with reasonable certainty any questions regarding the diversity of our members.



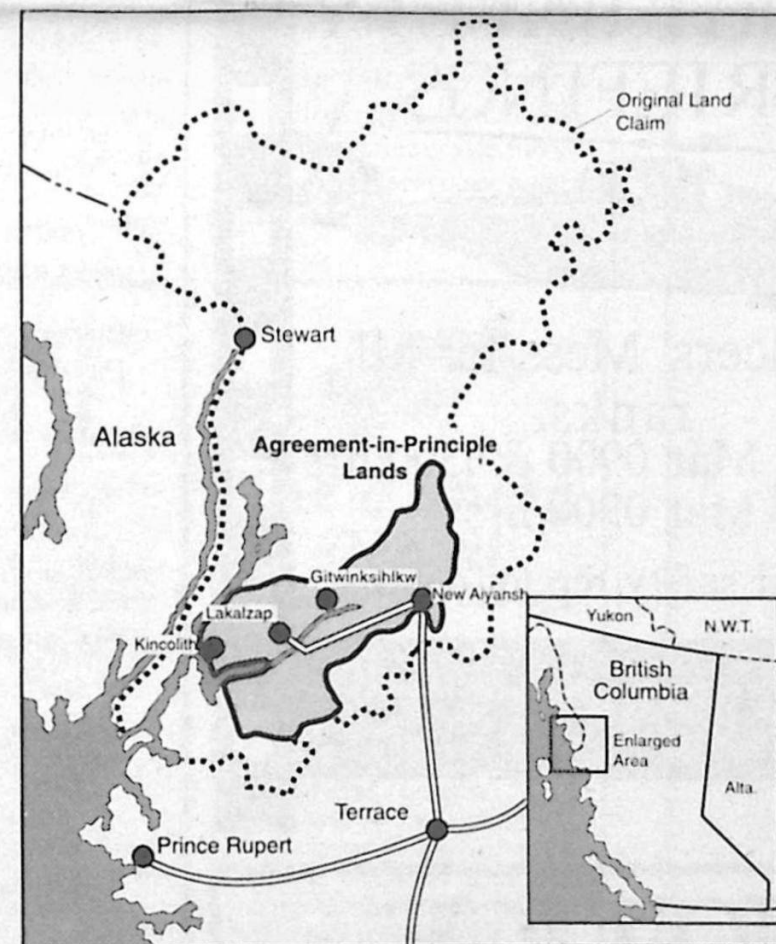
# NISGA'A NEGOTIATIONS FIND COMMON GROUND.

On February 15, 1996, the Governments of Canada and British Columbia initialed a landmark Agreement-in-Principle with the Nisga'a of the Northwest Region. This is an important step on the road to a final treaty.

## HIGHLIGHTS OF THE NISGA'A AGREEMENT-IN-PRINCIPLE.

The agreement highlights these key issues:

- **LAND.** The Nisga'a will own 1,930 square kilometres of land. No private land was negotiated away.
- **CASH.** The Nisga'a will receive a total of \$190 million to be spread out over a number of years, plus \$11.5 million for commercial fishing vessels and licenses.
- **FISHING RIGHTS.** There will be no Nisga'a supplemental commercial fishing rights as part of the treaty.
- **TAXES.** Over time, the Nisga'a will pay the same taxes as everyone else.
- **LAWS.** The Criminal Code, Charter of Rights and Constitution apply to the Nisga'a. For the first time, provincial pollution, wildlife and forestry standards will apply on Nisga'a lands.
- **SELF-GOVERNMENT.** Nisga'a jurisdiction within their lands, generally similar to municipal powers, will be phased in over time.
- **ROAD ACCESS.** The Province retains control of all provincial roads within Nisga'a territory.
- **CERTAINTY.** This will lead to the full and final settlement of land ownership and Nisga'a rights.



## WE WANT TO HEAR FROM YOU.

Before beginning final negotiations the Province wants to listen to what British Columbians have to say. If you would like more information, or your group would like to talk to us about the Agreement-in-Principle, return the coupon below or call us toll free.

1-800-880-1022

or fax (604) 387-1785.

The complete Agreement-in-Principle is available on the Internet at  
<http://www.aaf.gov.bc.ca/aaf/>

## READ ALL ABOUT IT.

To: The Ministry of Aboriginal Affairs  
Communications Branch  
908 Pandora Avenue, Victoria, B.C.  
V8V 1X4

Please send immediately: Comments or Questions:

☐ The summary of the Agreement-in-Principle.

☐ The full Agreement-in-Principle.

Name \_\_\_\_\_  
Street Number / P.O. Box \_\_\_\_\_  
City / Town \_\_\_\_\_  
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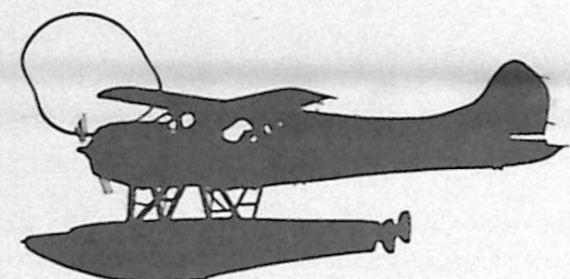
## The Editor gets a word in



The Base newspaper has historically been the voice of the serving person with some emphasis on the activities that are not work related. This has been the case with the Totem Times although we have perhaps strayed from this line on the odd past occasion. In working to produce the last few issues of the Fishwrapper, I have noticed a reluctance on the part of some units to submit articles because their submissions have not been published in the past. Certainly, all articles that are submitted are not necessarily published, but the emphasis, I believe, should be placed on those articles that relate to daily and future Base activities. To that end, I would like to assure the units involved that every effort will be made to cater to the serving members of 19 Wing, the MQ community and the retired members of the military, in that order. Even if your club, association, unit or squadron does not have a written article prepared, just get the information to us by phone, fax or mail and we will massage it into an article. It is in your unit's best interest to advertise and it is in our best interest to publish relevant and timely articles. Unfortunately, our staff is so small that we must rely on your initiatives to promote your unit's message. We will, however, try to make it as easy as possible for you to get your message in print.

The Totem Times is a valuable communication asset to 19 Wing and the Canadian Forces. It is in your best interest to use it to the max.

Joel Clarkson



## Letters to the Editor

Dear Editor:  
On behalf of the 5th Komux Brownies, 4th Komux Guides, 1st Lazo Beavers, 1st Cubs, we would like to thank: all of the Wallace Gardens PMQ residents who helped support the Hike for Hunger on 22 February.

This project was in response to a serious deficiency in the local food bank supplies after the Christmas season.

We had a total of 45 children and leaders who helped make this event a success. We collected 442 non-perishable items, most of which were canned goods.

Afterwards everyone was treated to hot chocolate and Timbits. We celebrated the birthdays of Lord and Lady Baden-Powell, our founders, by singing Happy Birthday and eating birthday cake.

Once again, THANK YOU

from all Scouting and Guiding members.

Linda Durst, (Guider)  
Komux District

Dear Editor,  
After a successful Christmas Cheer fundraising campaign throughout the Wing, The Salvation Army wish to acknowledge the work and effort accomplished by certain individuals by presenting a certificate of appreciation to each squadron and their reps for a job well done.

Thanks to the effort and commitment of these individuals, 19 Wing Comox raised over \$2,500 in 1995. We look forward to your cooperation again in 1996.

Thank you very much and God bless!

Bob Cole  
Salvation Army Coordinator

## Housing Study for CFB Comox

The Canadian Forces Housing Agency (CFHA) has initiated a housing requirements study at Comox, Esquimalt and Edmonton in order to identify and quantify military family housing needs. The study has been awarded to The Corporate Research Group (CRG) of Ottawa and will be implemented at Comox in association with D.R. Coel and Associates Inc. (Victoria). The study will consist of a market analysis that will examine the existing housing supply in the Comox area, a survey and existing information systems to examine the demographics and housing preferences of families at Comox. By comparing the housing demand and supply and combining these with criteria such as affordability and distance from place of work, conclusions will be drawn as to the capacity of the

Comox area market to accommodate the military family population. Once the requirement is analyzed, the options will be examined and recommendations made to address any housing shortfall.

Because of the urgency of the study, the survey will be administered by telephone to a representative, random sample of Comox military families, both living in MQs and off Base in rented or owned accommodation. The caller will identify himself/herself as representing The Corporate Research Group which is carrying out a housing survey on behalf of the Department of National Defence. The survey should take approximately 10 minutes and will not link the respondent's identification with the survey date. The questionnaire will cover the respondent's cur-

rent housing situation, desires and expectations regarding married quarters or living in the civilian community, attitudinal information, housing affordability and demographics. It is hoped that respondents will be approximately evenly split between military members and spouses.

If called, you are asked to please give 10 minutes of your time to respond to this important questionnaire. The outcome of the study is important because the results will be used to make housing decisions, not only at Comox, Esquimalt and Edmonton but at all Bases across Canada through the generation of a computer model that can be applied to any location. The three Bases currently under study represent the first step in a national housing assessment being undertaken by CFHA.

The telephone survey at Comox is expected to start the week of 11 March. Once again, if called, your valuable input is requested.



### EDITOR

Major Joel Clarkson

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MCpl Edith Cuenrrier

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Jenny Cooper

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MCpl Rick Franke

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CFB Comox, Lazo, B.C.  
V0R 2K0

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### OFFICE HOURS

Thursday 0900 - 1600  
Deadline Friday 0830 - 1600  
Monday 0830 - 1600  
Tuesday 0830 - 1200



## SARTECHS to get new goggles

According to the latest Air Command Issue Tracker, the acquisition of 60 new low profile night vision goggles is being pursued as a joint venture of Air Command and the National SAR Secretariat. The project is currently in the engineering stage with contract negotiations initiated with the manufacturer. The purchase includes spares, techni-

cal pubs and ancillary support equipment. The total cost of the project will be 1.9 million dollars with Air Command paying 1.2 million and the NSS paying 0.7 million. The night vision goggles allow the SAR Techs to search more effectively at night and also provide a measure of safety to the pilots who must negotiate rugged terrain after dark.



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## The Fishing Report

sponsored by: King Coho Resort

There were lots of Springs around last Thursday and Friday. Most were just undersize, however everyone found one or two keepers to take home. Largest of the week was a 15 pound Spring with several 12 pound ones in second place. Silver or army hoochies are working well, trolled at 180 - 210 ft. A couple of bluebacks have been reported. Let's hope this is a sign of a good Coho year. Tight lines.

Attention FRP Participants

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about your 2nd career. Let us launch a professional job search for you using the most powerful research and self-marketing techniques available. For our free brochure which describes the career transition process in great detail, please call



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e-mail: career.managers@gbd.com

## Painful Restructuring

Continued from page one

The trailer will sleep six comfortably and up to nine if necessary. It is equipped with a shower, fridge, stove, microwave oven, AM/FM radio and yes, even a living room area, all standard features. The section is in the process of training its members on the trailer and how to drive with it in tow. Perhaps the greatest aspect of the trailer is that it will no longer restrict the section to training areas close to hotel facilities; the SAR Techs will now be able to train in the areas where they have the greatest potential for carrying out rescues.

A quick glance at 442's newest addition will show that despite all the dire predictions, restructuring doesn't have to be painful!

## PROFESSIONAL ADVICE YOU CAN TRUST

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- ensuring my retirement goals were met

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# MYTH.

30% of students drop out before completing high school.

# REALITY.

Surprise. In British Columbia 84% of students complete grade 12 according to a 1993 Statistics Canada report.

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or special needs. Our teachers, along with education support

workers and other key resources, provide not

only the basics but an expanding body of knowledge to help

prepare our children for a changing world.

Our neighbourhood schools are now under attack from

often misinformed sources. Vital funding and resources

hang in the balance. Public Education is worth supporting.

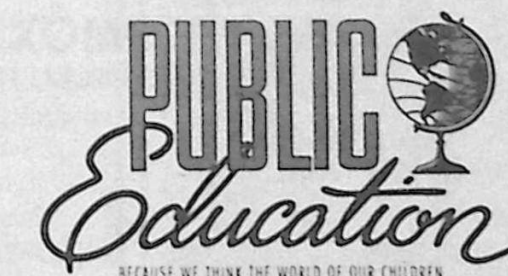
Get the real story. Call the British Columbia Teachers'

Federation at 1-800-663-9163 or write us at

#100-550 West 6th Ave., Vancouver, B.C. V5Z 4P2.

e-mail: pbalango@bcft.bc.ca

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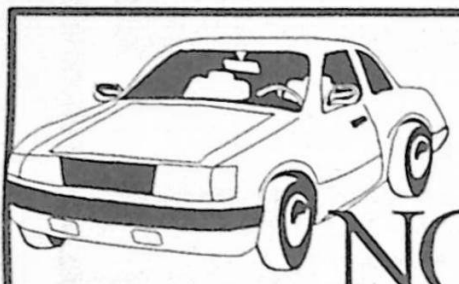
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Pager 1 - 604-978-3417



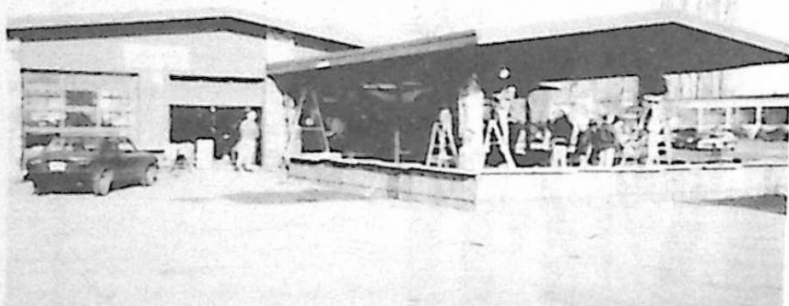
After the Hike for Hunger in the PMQs, Scouts and Guides gathered to display the total amount of food collected.



## Auto Hobby Club on track



The Comox Auto Hobby Club will be setting up a compound for vehicle storage and in order to facilitate the task, anyone who owns a parked car or boat at the Auto Club presently is asked to claim it and register a parking stall or remove it by 31 March 96. Failure to do so will result in the removal of the vehicle at owner's expense. Furthermore, in order to prevent "car dumping" practices by some individuals, there will be a \$10.00 per month rental fee per stall starting 01 April 96. The Auto Club appreciates your cooperation.



Auto Hobby Club extension underway. Forms have been built and concrete has yet to be poured. Project is currently at the electrical stage with insulation and drywall to follow.



Students from G.P. Vanier Secondary School showed up at the Auto Club to lend a hand. Their work was first rate and much appreciated. The self-help project is still in need of some experienced drywallers.

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## Cpl Bellerose

### 3 Medals prior to CD



On 16 Feb, the Wksp held a very small (see note below) medals parade during which time Cpl Sylvain Bellerose, 411 Vehicle Tech, was presented with his CD by the WLog O, LCol Abbott.

Cpl Bellerose completed 12 years of service on 17 Jan and added his CD to the three medals he already has for service in Cyprus, the Golan Heights and Germany.

Note: Just in case you were wondering, the reason we only had 11 people on parade - includ-

ing the Capt, the ETSM, the WO, the SGT and one blue-clad Supply tech who we coerced into joining us - is that of the 18 Junior NCMs in the Wksp, eight of them are away on tasking or on course. In fact, as of today, we have four personnel serving with UNDOF in the Golan Heights, three serving in Haiti and one on a 3-month Vehicle Tech specialty course in Borden. Rumour has it that we might yet see the Capt in coveralls turning wrenches!

## Junior Ranks Mess UPCOMING EVENTS

08 Mar TGIF Sports. Food: KFC at 5:30 pm. Game: Football start 6:15 pm.

10 Mar Movie Night. "Fair Game" showing at 8:00 pm. FREE popcorn!

15 Mar TGIF Sports. Food and game TBA.

16 Mar Fight Night - Tyson vs Bruno countdown show at 8:00 pm, main event at 9:00 pm. Price at door \$3.00.

17 Mar Movie Night. "Ace Ventura" showing at 8:00 pm. FREE popcorn!

20 Mar Something new - "Wing Night." Chicken wings with garlic bread at 5:30 pm. Cost: 20 cents per wing. Different flavours: Art's "patented" Pepper BBQ, Louisiana, Plum - sauce and plain.

22 Mar TGIF Sports. Food: Subway Subs served at 5:30 pm. Game: Shufflens at 6:15 pm.

24 Mar Movie Night. TBA at 8:00 pm. FREE popcorn!

29 Mar Spring Dance at Jr. Ranks' Mess, check flyer for details. No TGIF this Fri.

30 Mar House Tournament. Game: Darts. \$500.00 in prizes. Cost \$2.00 per person. Time TBA.

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## 407 Sqn



### Demon Doin's

by Al Tilley

Damn the torpedoes, full speed ahead! NDHQ's approach to re-structuring? An engine Run-Up crew upon encountering a weapons convoy en route to the arming point? Or an AVN Tech upon discovering he has been selected for Armament Load training? Actually it was Admiral David Farragut at the battle of Mobile Bay during the American Civil War, which offers proof that torpedoes have existed for well over a hundred years. As a matter of fact, I think 407 Sqn still uses some of those same torpedoes for Load Training.

Welcome to this edition of Demon Doin's from the soon to be defunct Load Training and Standards section. In the interest of re-structuring, our fearless leader, Jim Cole, has already departed the section to fulfill his lifelong dream of becoming an AVN tech. "Petie" Ledrew is in Greenwood involved in stage two of her training, the OSS course. Meanwhile the "Three Amigos" remain to hold the fort until 1 April. At that time Pete Legault will be left behind to re-train the new members of the section while Bob de Vries and myself will be off to Servicing to work under the much talked about "New Crew System."

Coming in to Training will be Rod Spurr, Mark Fontaine and Jim Cathcart. There is lots of speculation as to what the new all-encompassing training section will be called, most of them are unprintable, but I'm sure if you drop by the office after April 1 the new kids on the block will be happy to entertain your suggestions.

With all the changes and moves that are about to take place it would be virtually impossible to list them all in such a limited space, even if I could keep track of them all. I'll just say "Good

Luck to all of you in your new jobs," and leave it at that.

In other news, the implementation of the "Leave Buy-out Plan" has people scurrying around in search of the elusive "floating" squadron Orderly Room. Most recently it was located in the squadron Conference Room. Where it will be a day from now, or a week from now, we can only speculate. So you had better get your leave buy-out applications in before they're on the move again. The FRP numbers were announced and a few people were disappointed to find out that they'll be staying on for a little while longer. For those who weren't accepted, just think, now you'll be able to enter your name in the RIMPAC 96 lottery and who knows there may even be a trip to Greenwood in your future.

## "...people in search of the floating Sqn Orderly Room."

In squadron sports news, our "A" league hockey representatives, the Demons, recently handed 19 AMS their first loss of the season. In "B" league, the Rebels skated to a 5-5 tie with 414 Sqn. The Devils remain firmly entrenched somewhere in the middle of the standings. So now that the Demons have proven no team is invincible, the play-offs promise to be an interesting and exciting affair on both fronts.

Elsewhere in the SAMEO organization, AMCRO have been practising their Nomadic skills. They have temporarily taken up residence in the Nav Trg office while their office undergoes renovations. Engine Bay and Armament Maintenance have both recently become the proud owners of new hoists; one in the torpedo storage building at 85E and the other in Engine Bay. The Maintenance Armourers are on the move again: Bucky, Alex MacFayden and Mike Siliker are off to Maintenance, Tom Gale is on his way to AMCRO, Dan Alard will be joining a Servicing team and Jim Cahill has joined the Flight Plan 97 team - after that, who knows...?

Good luck to all the people on FRP. Better luck next time to all the people who didn't make it.



Reality

## A typical day in the Maritime world

by BGen B.N. Cameron

A terrific effort on your part is indicated by the mission board today - and getting fully mission-capable planes safely into the air is what maritime aviation is all about. That wouldn't happen if a tire wasn't inflated properly, a card in a black box wasn't seated correctly or a cook didn't wash and a key person - and everyone is key - got food poisoning. So you should all feel proud of the part you play.

From our aging and all-too-small fleets this morning, there are seven helicopter detachments at sea. Some are positioning for NATO exercises and other for Canada and United States (CANUS) exercises. While Rus-

sia may have the aircraft carrier Kuznetsov in the Mediterranean, we have a Sea King... There are six Auroras deployed likewise for NATO, CANUS and allied exercises. Simultaneously, normal training and sovereignty related missions continue.

T-Birds are working up the Navy core combat capability and Challengers are conducting national patrols. Hercules, Buffaloes and Labradors provide that peace of mind just in case Search and Rescue is needed. What a Composite Wing!

Scheduled exercises are similar to self-inflicted injuries. We see them coming and should be ready. However, we are often confronted with very important non-scheduled missions. Those

may be search and rescue related or, like this morning, cloaked in a security blanket such that families and taxpayers will not be aware of either the challenge or the accomplishment. While I fully acknowledge the turmoil caused by such policies as reduction programs, there are still really meaningful jobs to be done.

Excellent job everyone! This is the real work, not a staff evaluation. While others are conducting research into how to deploy an air force, you are doing it. Do it, but do it safely - no short cuts, no complacency! Only you know your personal limitations and you are accountable not to exceed them.

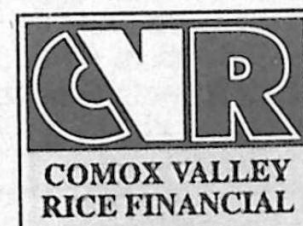
## FRP Update

Out of the 145 applications for the Force Reduction Plan, 37 have been refused and five are still pending. This means that a total of 42 applications may not be accepted. This is a significant departure from the results of previous FRP programmes.

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## 407 Sqn second to none

Each of the three flying squadrons at Comox is unique. 407 Sqn is the largest by a significant margin with 96 aircrew, 195 maintenance and seven support positions. We fly approximately 4300 hours a year from Comox, the far north, and throughout the Asia-Pacific region. As one of the Air Force's core combat capabilities, we have a relatively secure and stable future as a maritime surveillance squadron. Thus, our focus on re-engineering and change has been much different than that of our sister squadrons here in Comox.

Maritime surveillance has changed significantly over the past several years as our former focus on tracking Soviet submarines in the Eastern Pacific has diminished. We now have a much more balanced role including maritime surveillance, support to other government departments (RCMP, Fisheries and Oceans, Coast Guard, etc.) and maintaining our expertise in underwater and surface naval warfare. To achieve these objectives, 407 Sqn flies up to 18 patrols per month off the B.C. coast, deploys to the Canadian North and Alaska, and participates in naval exercises off California, Chile, Australia, New Zealand and Hawaii.

Over the past year, we have demonstrated that 407 Sqn is second to none in performance and commitment. We participated as the first foreign crew ever in the USN Rodeo Wolf Hunt competition, with Crew 7 placing first overall. Crew 5 led the way with the first Canadian attempt at the SCORE Range's Quick Kill challenge which was quickly followed by four other successful attempts by other crews. Crew 6 achieved the double Quick Kill award and Crew 7 set a record time of one minute and forty-five seconds. Today, 407 Sqn has the best overall MP combat readiness

record in Maritime Air Group and has made significant gains in improving our aircrew's proficiency and depth of tactical knowledge through an emphasis on individual and crew development and training.

407 Sqn's maintenance support continued to be the best in the MP world. The special attention of our technicians and 19 AMS personnel during the scheduled periodic maintenance, and the supplemental and corrosion control inspections ensure that our aircraft are superbly looked after. On the front line, our technicians have maintained an impressive serviceability record even in the face of the added exceptional demands of MARCOT, unscheduled operations and SARs. Their efforts are especially notable given the reduced aircraft availability caused by deployments and periods when aircraft were at Greenwood for Kapton wiring modifications throughout the year. When deployed, our committed technicians worked exceptionally hard to repair snags in often difficult circumstances. In particular, both deployments to Australia and the deployment to Chile enjoyed excellent serviceability.

407 Sqn has now set the foundations for improvement through re-engineering and re-structuring changes. We have significantly altered the way we train and develop our new aircrew personnel and crews, and various re-engineering studies have been completed to determine how to improve the squadron. With these studies behind us, we are now embarking on the most difficult stage - implementing the changes. On 1 April, we will stand up our new servicing teams and make other associated changes throughout the maintenance flight as described in a previous article. This new team approach will empower the Ser-

geant rank team leaders to take full responsibility for the employment, development, and training of the 15 technicians assigned to their teams. No longer will our Sergeants be just the expert technician, they will be supervisors and leaders of their personnel. This delegation of responsibility should enable us to move quickly into the continuous re-engineering phase and to better address how to perform tasks more efficiently.

We are continuing to work closely with 14 AMS and the Operational Squadrons through OP Maritime Genesis. The Process Design Team to rationalize the maintenance and aircrew checks from engines off to the end of the FE's walkaround has also produced significant results. 407 Sqn is now leading the implementation of the changes which should result in the "B" check being completed by one technician in the future, compared to seven now. Furthermore, changes to the Aircraft Operating Instructions to improve the aircrew pre-flight inspections are in the preparation stage.

Change is definitely here at 407 Sqn as evidenced by the excellent work in progress by CE to renovate our office spaces. To date, they have completed the new combined Operations/Scheduling area which has reduced the number of aircrew assigned to this function by two while significantly improving communications between these similar functions. Work is progressing on the SOR and SAMEO spaces with a completion date of end March.

All of these change initiatives must be carefully balanced, however, with the demands of MOC 500 restructuring training and one of the most ambitious deployment schedules for the squadron, ever. From now to the end of June, at least one crew and, for two periods, four crews and three aircraft will be away. The squadron will participate in RIMPAC 96 at Hawaii and single aircraft deployments are planned for Chile, Japan, Australia, California, Alaska, Greenland and Whitehorse during this period.

Throughout this hectic period, all of us at 407 Sqn must place an added emphasis on safety and remain committed and focused on the assigned task to collectively succeed as one aircrew, maintenance and support team effectively supported by all members of 19 Wing.

## We're looking for a good supervisor.

It's easy to criticize, not so easy to recognize good effort. If you have a good supervisor, we'd like to hear about his or her efforts. Just drop an anonymous note in any Project Glacier suggestion box and we'll see that they get the recognition they deserve.



## General officers reduced

The Hon David Collenette, Minister of Defence and Veterans Affairs, announced today the senior posting and promotion list for the Canadian Forces (CF). This list, based on the recommendations of Gen Jean Boyle, Chief of the Defence Staff, and approved by the Minister of National Defence, represents the next step in the continuing restructuring of the leadership of the CF.

Mr. Collenette stated, "These postings and promotions are another important step in my efforts to create a new command team for the CF. They also continue the Department's efforts to reduce the size of the general officer corps, bringing the number down from 85 to 79 during this year."

The number of general officer on effective strength in the CF has been dropping steadily since 1991, when it stood at 125. The Chief of Defence Staff mentioned two moves in particular: the previously announced promotion and posting of LGen David Kinsman to Assistant Deputy Minister for Personnel, and the posting of MajGen Romeo Dallaire to National Defence HQ as Chief of Military Personnel. Gen Boyle added, "Both of these officers bring extensive operational experience to their new positions on the personnel side of headquarters. MajGen Dallaire, who was instrumental in develop-

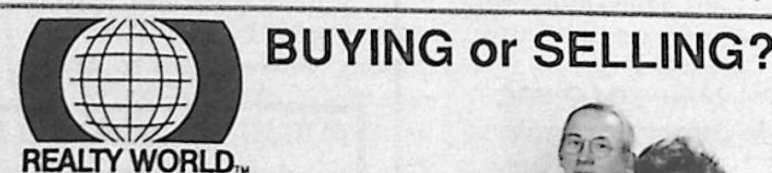
ing "Care of our people" initiatives within the army over the last two years, will assist LGen Kinsman in establishing and reinforcing similar initiatives Canadian Forces-wide."

In addition to the downsizing of the general officer corps, there will be 10 colonels or captains (navy) promoted to the rank of brigadier-general or commodore. This reflects a new influx into the general ranks of approximately 13% of the total number. General Boyle stated, "the new general officers average just over 46 years of age, and are of diversified operational and support background, reflecting my intention to create a new, young and dynamic team."

## Your Project Glacier Team



Bev Merchant rarely wears a uniform to work these days, and it's a good thing because she isn't in the military. Bev is a civilian employee on loan from the transportation section. She has a great deal of expertise from the CMTT view of things and also represents the civilian component of the reengineering effort. A dedicated and hard working person, she is currently heavily involved in scheduling and course loading the Flight Plan 97 effort.



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# PROJECT GLACIER

## Contingency support development

If you have recently read or attended a briefing on "Flight Plan 97" you are probably familiar with the term "Contingency Support." Contingency Support will affect all Wings as the Air Force restructures. In a nutshell what will happen is that support positions at all Wings will be structured to provide a deployment capability. When not undergoing training, or tasked for an operational deployment, personnel filling these positions will continue to be employed in a Wing support role. However, much more will be expected of these individuals because in addition to current ongoing base training such as weapons familiarization, first aid, CPR and physical fitness, field training exercises will be conducted on a regular basis.

MOCs that are not specifically required to meet operational plans are being reduced. Therefore, all support trades should expect to be more actively involved in operations on a regular basis. The substantial increase in operational taskings over the past couple of years and planned reductions to the Air Force, has created the need to ensure adequate personnel are retained in all MOCs and

in new Contingency Support organizations. Personnel filling these positions must also be adequately trained to meet immediate and future operational requirements.

*"It is similar to the Royal Air Force's 'Air Force Regiment.'"*

Contingency Support is not a new idea. It is similar to the Royal Air Force's "Air Force Regiment," the Royal Australian Air Force's "1 Operational Unit" or the USAF's broad spectrum of support units. Contingency Support will ultimately give the Commander of the Air Force his "Service Battalion and Combat Engineer Regiment, etc" like the Army or the Navy's "Auxiliary Oiler/Replenisher (AOR) ship." It will provide the essential structure field units require to ensure maximum flexibility for operational deployments, whilst at the same time allowing all support personnel to train and deploy together as one team.

The Contingency Support idea is more than just having the Airfield Engineers, Logisticians, Administrators, Security, Command/Control/Communications/Intelligence, designate positions into units to meet deployment scenarios. It is a change in focus: "Building an Air Force Team." It means fully integrating/familiarizing all support personnel with operational requirements. It is a unique opportunity to build a full partnership in the Air Force of tomorrow. Let's not miss the boat (in this case, the airplane).

For a young officer or NCM involved in a support role and wanting to build a future in tomorrow's Air Force, getting involved in contingency support will be an excellent means of accomplishing that goal. As the Commander of the Air Force is faced with satisfying the 1994 White Paper's demand to create a more deployable Air Force, Contingency Support will be a major player in the evolution of tomorrow's deployable Air Force.

Currently, the Air Force is working to establish Contingency Support units or sub-units at all Wings. This, simply stated, is the first step to the future development of Contingency Support.

## Did you know...that the federal budget is scheduled for 15 March

ist, who passes the work directly to the teams, without the previous layers of management review and control. This is another useful process for their customers.

So, has it worked? Yes. Of course it can continue to become even better but CE has completed more work in a shorter time this year than ever before. How can you tell? What really matters is what the units think. At all levels of the operation and support units of 19 Wing, people are seeing improvements. Work that previously languished is being done and done quickly. Unit areas are more functional and people believe that CE really can get things done. The big difference is the attitude of CE personnel that the right thing can be identified and completed with minimal hassle and maximum effectiveness for the customer.

The people in CE have lived and understood the process of change and now are providing the product of better service to the customer. They are committed, and now ready, to achieve their mission which will allow 19 Wing to live, fly and fight!

## Project Glacier Survey Common Themes and Messages

The general messages are clear and consistent. On the positive side, 19 Wing personnel:

- want to be empowered and involved, to contribute and to be recognized.
- want strong leadership and want to see results.
- like being part of a team, being challenged and using their skills effectively.
- like job variety, being busy, helping people, solving problems and fixing things.
- like serving their country and being posted in the Comox Valley.
- 19 Wing personnel also identified many factors that have a negative impact on them, their jobs, the Wing and the CF:
- no pay raises, promotions or job security.
- too much bureaucracy and paperwork.
- too many layers of management and too much micro-management.
- concern that leaders do not have the skills nor the means to successfully implement change.
- perception that nothing will change, no matter how valid the idea.
- perception that senior management is incapable of working together to solve problems.
- poor communications, especially through the chain of command.
- work shifts during periods when there is nothing to do.
- inadequate ADP or ADP training.
- an ineffective reward and recognition system: unfair, slow and too few.
- dislike for secondary duties.

Although 19 Wing cannot resolve the pay, promotion and job security issues, it can take action to help address all of the other aforementioned concerns. With respect to pay, some respondents suggested that individuals could be partly compensated for lack of pay raises by working fewer hours for the same rate of pay. This could be achieved through a job sharing program. It is an interesting idea.

Addressing some of the concerns should become a routine part of the way we do business, e.g. ongoing critical evaluation of processes for bureaucracy, redundancy and unnecessary paper generation.

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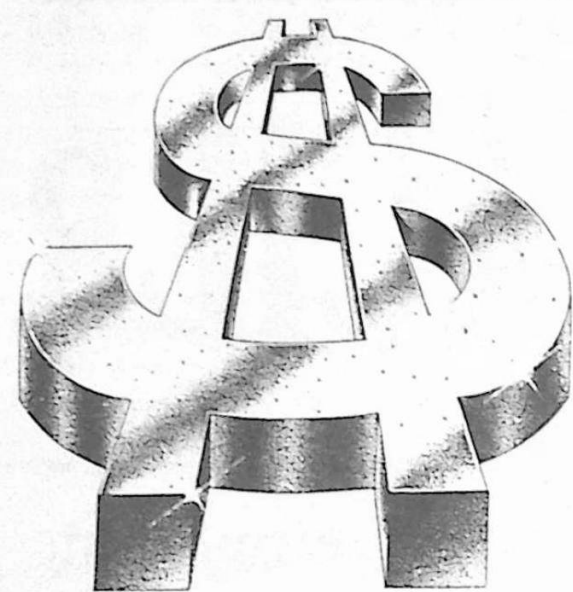
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## Money talks

### You can be a wealthy barber too!

by Kim Vogel  
Financial Advisor  
Comox Valley Rice Financial

Most people have heard of it. And David Chilton is a wealthy man because of it. It's the common sense guide to successful financial planning: *The Wealthy Barber*. This book is authentic, down-home and entertaining reading for a relatively boring subject for most Canadians - Financial Planning. This is one book that can teach you important financial issues and let you get through it before it becomes too boring to continue reading. If you haven't read this book yet, the following is a summary of some of the more important issues that Chilton covers:

- How you handle your income and assets will determine your success. Everyone is terrible at budgeting, so don't even try. Budgeting doesn't work.
- Lack of knowledge is why most people don't have a financial plan. Learn for yourself and take responsibility for your own future. Good financial planning is nothing more than common sense.

### "Don't procrastinate, start today"

- Pay yourself first. Each time you receive a paycheck, take 10% of it (before you have a chance to spend it), and invest it

for long term growth. It's a sacrifice that is barely noticeable, but the results over a number of years will be incredible. Stick to your plan.

- Be an owner, not a loan. Invest in equities and stocks for high long term rates of return. But don't buy individual stocks - it's a losing game and too much of a gamble for the average person. Invest in equity and growth mutual funds to be an "owner."
- Don't put all of your eggs in one basket. Spread out your investments with different mutual fund managers.

- The best technique to make money in mutual funds is the most boring. BUY and HOLD - don't try to chase the market by switching in and out of funds at the wrong times.

- Write a will if you don't have one, and update it every 2-3 years. Leaving this earth without a will can delay the transfer of your assets to your family and can cause considerable stress at a very difficult time for your family.

- Have enough life insurance to pay off debts and provide the desired standard of living for your dependants. If you have young children, the question is not "Do I need Life Insurance," but "How much Life Insurance do I need?" Buy insurance when there is a definite need to protect your dependants. Don't buy it if you don't need it (i.e. a young, single person with no debt).

- Almost 50% of Canadians retire near or under the poverty line. Use RRSPs as part of your monthly savings plan. Don't assume the government plans will always be in place.

- Don't procrastinate - start today!

## Jeffrey Quill, AFC OBE, FRAS

by Tet Walston

Last week, this famous test pilot died at the age of 83. He was not the first to fly the prototype Spitfire K5054, on 6 March 1936, but made the second flight on 26 March. From then on he became the test pilot who flew all the types and marks. In all, there were 52 operational variants, and he made the first flights of all of these in this beautiful and remarkable aeroplane.

Jeffrey Quill started his flying career in the RAF in 1932, later flew the Spitfire in the Battle of Britain with 65 Sqn and shot down two enemy aircraft. He returned to test flying in November 1940 and continued active flying until 1966, retiring from all duties in 1978.

This month, the celebration of the 60th anniversary of the first flight of the Spitfire will take place at the R.J. Mitchell Museum in Southampton, U.K. It is certain that Jeffrey Quill was invited, probably as Guest of Honour, but he will be sorely missed. Duke Warren was invited to attend and we will be able to read a full account of the married celebrations when he returns.

Those pilots who flew the Spitfire will tell you that it was an aircraft which flew as fine as it looked, and many of these qualities were the result of Jeffrey Quill's extensive testing. Just ask Stocky Edwards, Irish Ireland, Duke Warren and John Pomietlars, they'll tell you, and I agree.

(For more information, read *Spitfire* by Jeffrey Quill.)

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# Wallace Gardens

## Easter Family Fun Day Saturday 30 March

### Easter Colouring Contest

Three different pictures for each age category - 4 and under, 5-8 years, 9-12 years - with three prize winners in each category. Drop off at the Community Council Office in the Canex building before 30 March or bring to Airport School on 30 March during the Easter Pancake Breakfast.

**Pancake Breakfast.....9:00 am**  
Come out for Easter breakfast! Bring your appetites to Airport School. Colouring contest judging will take place at this time. (Breakfast fee: \$1.00 each or \$5.00 a family.)

### Bike Parade.....10:30 am

Bicycle decorating contest will take place at this time. Procession starts at Airport School.

**Easter Egg Hunt.....11:15 am**  
Bring out your adventurous bunnies for the Great Egg Hunt. Easter treats and surprises for everyone!

See you there for all the Egg-citement!!!

## Francophone education available in Comox

The Comox area is very fortunate in that children of Francophone families have access to an educational program catering specifically to Francophones. Whereas the French Immersion Program is designed for Anglophone students, "Programme cadres de français" is designed for Francophone students qualifying under Section 23 of the Charter of Rights. The instruction follows the B.C. curriculum and is taught

completely in French with an emphasis on the Francophone culture. One hour of English language arts is included per day in Grades 4, 5 and 6.

For more details about "Programme Cadre" and who qualifies to participate, please contact Louise Besnard, president of the French Parents Advisory Committee at 339-6957. To register call Airport Elementary School at 339-3732.

### Officers' Mess Ladies Club 1996 Entertainment Schedule

Mar 20 Appetizer Tasting  
Apr 17 Fashion Show  
May 15 Farewell Evening

\*\*All events 7 pm for 7:30 pm at the Officers' Mess Lounge\*\*  
See you there!



## "TOWARDS FINANCIAL INDEPENDENCE"

You asked for it... and now we are going to deliver it.

Our research has indicated that a sizeable element of the Canadian Forces (CF) community considers access to objective and professional financial planning advice important to their future well-being.

Accordingly, the Director of Service Income Security Insurance Plan (SISIP) is pleased to announce the introduction of a professional financial planning service for

CF members and their families starting later in 1996. The service will be introduced across the community in phases between 1996 and the year 2000, and will be provided by a division of SISIP to be known as Towards Financial Independence (TFI).

First, we need your help. TFI needs a logo, and we would like you, our prospective clients, to help design one for us.

There are three great prizes to be won. The first prize is a vacation package (Maximum retail value \$7,000); the second prize is a choice of a Pentium personal

computer system or a home entertainment system (Maximum retail value \$3,500); the third prize is a \$1,000 contribution to your RRSP.

The deadline for all entries is Saturday, 30 March 1996.

Official entry forms are available through your unit SISIP Advisers, from your local SISIP Representatives, or by calling 1-800-267-6681.

Thank you for your support, and good luck.

Vous l'avez demandé... et maintenant nous livrons la marchandise.

Nos recherches ont indiqué qu'un nombre considérable de membres de la communauté militaire considèrent l'accès à des conseils professionnels et objectifs de planification financière comme important pour leur bien-être futur.

Aussi, le Directeur du RARM se fait un plaisir d'annoncer l'introduction d'un service professionnel de planification financière pour les membres des FC et leur famille pour plus tard en 1996. Le service sera

introduit dans tous les milieux, par phase, entre 1996 et 2000 et sera fourni par une division du RARM appelée "Vers l'Indépendance Financière (VIF)".

Mais, tout d'abord, nous avons besoin de votre aide. Le VIF a besoin d'un logo et nous aimerions que vous, nos clients éventuels, nous aidiez à en créer un.

Il y a trois prix magnifiques à gagner. Le premier prix est un forfait de vacances (valeur maximale au détail de 7 000 \$). Le deuxième prix est un choix entre un système d'ordinateur

personnel Pentium ou un ensemble d'appareils audio-vidéo (valeur maximale au détail de 3 500 \$). Le troisième prix est une contribution de 1 000 \$ à votre REER.

La date limite pour les soumissions est samedi, le 30 mars 1996.

Les formulaires officiels de participation sont disponibles chez vos conseillers du RARM, les représentants locaux du RARM ou en appelant au 1-800-267-6681.

Merci pour votre encouragement et bonne chance!

## Community Award

On May 7, the Wallace Gardens Community Council will be holding a Community Awards Banquet at the Glacier Greens Social Centre. We will be presenting Community Awards to members of our community in recognition of their dedication and support. As this is an invitation only event, this is your chance to recognize that special person for a job well done. If you know anyone in our community who might be deserving of this award please fill in the following application form and send it to the Wallace Gardens Community Association, or drop it off at our office located in Canex by April 15.

Name of person.....

Address.....

Telephone number.....

Please write a brief explanation why you think this person should receive a Community Award:

If we have any question, where can we get in touch with you?

Name.....

Address.....

Telephone number.....

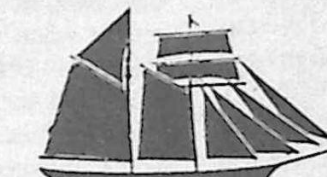
## Wallace Garden Bursaries

showing the student's involvement for at least eight months and must be a member of the Wallace Gardens Community Association.

Awarding the bursary will be based on the decision of the selection committee, consisting of the Mayor and two members of the Wallace Gardens Community Council. The committee will consider an information outline

ment in activities at CFB Comox, the Comox Valley, as well as a transcript of his/her previous school year marks.

Applications and transcript of marks must be submitted to the Community Council no later than 1 May 96. They may be dropped off at our office in Canex or sent to Wallace Gardens Community Association, Box 460, Lazo, B.C., V0R 2K0.



## THE LEEWARD

Introducing the Valley's first, famous and only...

## caesar! caesar! night

every monday

the best caesar salads in town (we use fresh, Italian parmesan) for the incredible low price of 3.25

caesar drinks, too!

and don't forget...

WING NIGHT every Tuesday ... all you can eat Chicken Wings for the amazingly low price of

.35 each



649 Anderton, Comox

339-5400





by Dr. Lloyd Bailey

A Toronto preacher once admonished his congregation that it was good to have an open mind, but to be sure that it was not open at both ends. In revisiting the concept of militia, the reader is duly prepared. Prime Minister Wilfrid Laurier thought that the Canadian Militia in 1902 was useful in suppressing internal disturbances, but relied on the Monroe Doctrine, i.e. American military power, to protect Canada from enemy aggression. War hero, Col Hamilton Merritt, criticized the militia as being the most expensive and ineffective military system of any civilized community in the world. Open minds?

Before the formation of regular armies in Europe, the militia constituted an organized military force of civilians called upon in national emergencies. When Napoleon threatened to invade Great Britain in 1808, the militia was called up. It later merged with the Territorial Army of World War fame. In the United States, the militia became the National Guard. But it was Napoleon, again, who appreciated the spirit and patriotism of the militia concept when he recruited the first non-professional, citizen armies during the French Revolutionary period, 1795 to 1815. French soldiers did not fight for an aristocratic system, they defended their nation. Military power became dependent on national will or citizen patriotism thereafter.

Emilio de Bono, Mussolini's marshal, Minister of Colonies, and master planner of the conquest of Ethiopia, revealed in his

## Military power



memoirs that the Italian fascist regime had determined upon war in East Africa as early as 1933. Efforts were made the following year to provoke internal revolution in Ethiopia as a pretext for intervention. The emperor's refusal to be provoked made cruder methods necessary, and Mussolini's legions accordingly girded themselves for invasion. As the dry season in Africa, when the armour could manoeuvre, drew closer, the tempo of diplomacy quickened. But diplomacy did not dissuade the Duce from his aggression. On 3 October 1935, Italian airmen bombed the Ethiopian town of Adowa, and Italian troops crossed the Ethiopian frontier. The point?

A great power must be militarily prepared, for a diplomatic policy must have the threat of force behind it to make it effective. Because of their unpreparedness, the opponents of Italy, Britain and France, were not really great powers in 1935; for the same reason the United States was not a great power when attacked at Pearl Harbour in 1941. But neither national will nor citizen patriotism in those countries in the 1930's would support military power. The militia concept did not gain ground in Western Europe until inevitable warfare.

But the concept of militia can be brought much closer to home, in countries who are not great powers, nor do they aspire to be. National sovereignty is the independence of a nation-state from external domination, the supreme authority to govern a people and geographical unit. For a nation-state to be internationally recognized, it must demonstrate the capacity to rule. Although international law does not have the force of the state behind it, it is generally obeyed out of common usage. Customarily, the chief executive of a nation-state is the

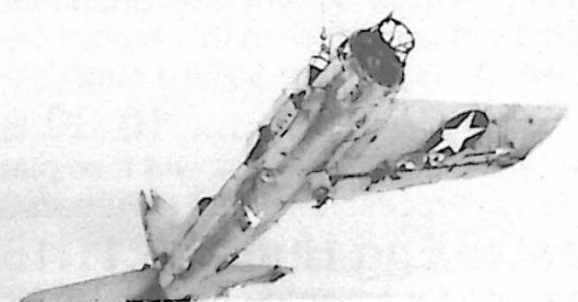
head of the military forces of his country. The degree of participation varies immensely, however. In ancient states, and especially during the 1930's in Spain, Italy, Germany and China, the executive bore a military title and was the leader in designing strategy and tactics. In the United States, on the other hand, while the president is constitutionally commander-in-chief of all armed forces, he may either interfere directly, as in the case of George Washington or Abraham Lincoln, or simply exercise a broad policy role, as with Franklin D. Roosevelt and George Bush. In ideological terms, the capacity to enjoy sovereignty rests upon the ability to call up the militia, or, national autonomy depends on military power.

It was once contended, especially in the United States prior to 1865, that the several states were still sovereign; it was further argued that these states had conferred upon the federal government all its power, which they were free to withdraw at will. Others have asserted that sovereignty is divided in a federal state, part residing in the central government, part in the state governments. By sovereignty is indivisible; in a federal state, therefore, it must reside in the whole state. What is divided is not sovereignty, but the powers for governing. The American Civil War, 1861 to 1865, was not fought to free the slaves, but to settle the question of sovereignty. Military power and sovereignty are thus inseparable.

**Did you know....that there is a possibility of opening up the Heritage Air Park to the public this summer.**

### Harreson's Military Store & Outdoor Supplies Inc.

Bay #1-7381 Island Hwy, Merville, B.C.  
Military clothing/uniforms • Combat boots • Combat uniforms • Cap badges • Ensigns • Knives • Pepper spray • Outdoor supplies • NATO, Cdn, U.S. sleeping bags • Tents • Medals • Ribbons • Mounting • Sunglasses (best prices in the valley) • Raingear • Military & civilian new & used • Flags • Parachutes • Packsacks • Webbing • Camo uniform • Everything for the outdoors. NO weapons or ammunition. WE ALSO BUY MILITARY ITEMS. Please call for quote (604) 337-8299. Fax: (604) 337-8296. (1-800-876-0611 Canada & USA).



### From the Archives

#### PL-123742 Bound for Calgary Museum

An RCAF helicopter from 121 Search and Rescue Flight, Station Vancouver, lifts the wreckage of a U.S. aircraft from Calvert Island and later carried it to Port Hardy, B.C., a distance of 75 miles. The aircraft, a "Kingfisher" observation plane which crashed on the island in 1942, will later be transferred to the Alberta Aviation Museum at Calgary.

## Comox Air Force Museum

(located at the main entrance to CFB Comox)



Open 10:00 a.m. till 4:00 p.m. Weekends and Holidays.

Gift Shop is well stocked with aviation related items.

Indonesia • Canada • Thailand • United States • Italy • Germany • Greece • Hungary • France

## KINGFISHER presents INTERNATIONAL ChickenFest

Fiji Chicken	\$10.95	French Chicken	\$12.95
Singapore Chicken	\$11.95	German Chicken	\$11.95
California Chicken	\$12.95	Swiss Chicken	\$10.95
Thai Chicken	\$10.95	Hungarian Chicken	\$11.95
West Coast Chicken	\$13.95	Indian Chicken	\$12.95
Indonesian Chicken	\$11.95	Greek Chicken	\$11.95

DINER'S CARD VALID ON REGULAR PRICES

HOT LUNCH CHICKEN BUFFET for the month of March \$6.95

OCEANVIEW SUNDAY BRUNCH reg. \$12.50 only \$11.95

Reserve Today, Call us at 334-9600

Switzerland • Fiji • Singapore

## Old Timers Victorious



The Pacific Region Nationals, held at 19 Wing Comox, proved once again that the 19 Wing Silver Totems are the Best in the West. After seven games in the double round robin tournament, the Silver Totems faced off against Esquimalt in the final game, emerging victorious after scoring four goals to Esquimalt's two. The Silver Totems lost their first game against Esquimalt by a score of 5-2 so the final game was by no means easy. The offensive power of the Totems proved to be too much for Esquimalt though and the 19 Wing team was able to advance to the Old Timer Nationals to be held at CFB Borden on 25-29 March. Sgt Bill Moon was the offensive standout for the Totems scoring three goals and 11 points in five games.

### Oldtimer Hockey Highlights/Stats (Double round robin format)

19 Feb	Game 1	Esquimalt over Chilliwack	(3-2)
	Game 2	Esquimalt over Comox	(5-2)
20 Feb	Game 3	Comox over Chilliwack	(6-1)
	Game 4	Comox over Esquimalt	(4-3)
21 Feb	Game 5	Chilliwack over Esquimalt	(4-1)
22 Feb	Game 6	Comox over Chilliwack	(3-1)
23 Feb	Game 7 (final)	Comox over Esquimalt	(4-2)

### Large Base Hockey Highlights/Stats (Double round robin format)

20 Feb	Game 1	Comox over Esquimalt	(6-3)
21 Feb	Game 2	Esquimalt over Chilliwack	(7-4)
22 Feb	Game 3	Chilliwack over Comox	(2-1)
23 Feb	Game 4 (final)	Esquimalt over Chilliwack	(7-3)

## Gym Floor Closure

Due to the Pacific Region Badminton/Squash Regionals the gym floor and squash court will be closed on:

Fri Mar 29, 96  
0800-1530 hrs Closed  
1530-2100 hrs Open Casual  
Sat Mar 30, 96  
0800-1600 hrs Closed

Sun Mar 31, 96  
0800-1400 hrs Closed  
1500-1700 hrs Open Casual  
1800-2100 hrs Open Casual

We apologize for the inconvenience.

### Attention All Women Fastball Players !!

It's that time of year to dig out your cleats and ball gloves. We're looking for players to help defend our title as Regional Champs. All military, regular force and reserve, are eligible to participate. For those that are interested there will be a general meeting on Tuesday 16 April at 1500 hrs in the gym conference room.

Contact Noel Murphy at loc 8770 or at 339-7878

## Yacht Club

Whether your interest is windsurfing, dinghy sailing or keelboat sailing, we have a learn-to-sail programme for you! As well, once you're a qualified sailor, you can take out our equipment for a nominal fee - check out these prices:

**Windsurf Board/equipment rental (yearly):** Pay \$60 (GST incl) only once and have unlimited access to all of our windsurfing equipment - including wet suits! - for the whole season.

**Dinghy rental (yearly):** Pay \$10 (+GST) once and sail close to the waves from May to Sep.

**Keelboat rental (daily):** *Lalage* rental (27' Catalina) \$35/day, \$20/half-day. *Alicia* rental (25' Cal) \$25/day, \$15/half-day.

### Learn to Sail Programme

**Windsurfing lessons:** individual lessons - call Neal Kwasnicki at loc 8834, or 334-1659. Cost \$10. Eqpt rental (yearly): \$60.

**White Sail I/II/III Course:** (children 12+ years) Group lessons. Exact dates to be confirmed. Call Nishika Sardana at loc 8550 or 338-4046 to put your name on a waiting list. Cost \$40. Dingly rental (yearly): \$10.

**Basic Coastal Cruising (Keelboat) Course:** Group lessons (max 20). Dates: Intro 11 Apr, evening. Classroom 13-14 Apr. On water (18 hours) as arranged between student and instructor. To register call Ed Goski at 339-5401. Cost \$50.

**Marine VHF Radio Procedures Course:** Group lessons, dates to be confirmed. FREE! Call Ray Uhl at 339-0454 to put your name on a waiting list.

**Note:** These courses are available to club members only - so come on out, join us and get ready for an excellent sailing season.

### Club membership

**Regular/ordinary (military or any eligible Canex patron):** \$35. Reg/Ord membership includes your family, except if your spouse or children wish to take any of our courses, or rent out equipment on their own. If you are a member, you can rent any of the boats for which you are qualified and take anyone you want sailing with you.

**Spousal:** \$20. Your spouse gets a deal on membership if he/she wishes to take any of our courses or rent out the equipment without you.

**Junior:** \$15.00. Your children get a deal on membership if they wish to take any of our courses or rent out the equipment without you.

**Note:** For all memberships, add GST and \$5 Rec Fee (unless you are a Rec Pass holder). Memberships can be purchased during club meetings which are held at 1900 hrs the first Wednesday of every month, or contact any of the club executive: Commodore, Capt Nishika Sardana, loc 8550 or 338-4046; Vice-Commodore, MCpl Neal Kwasnicki, loc 8834 or 334-1659; Secretary, Cpl Marcel Gassner, loc 8563 or 338-0069.

## Pacific Divers Scuba Club

I'll try not to get myself on one of my "social butterfly" rolls. So to the point!

**First: General Meeting, 21 March** at 1900 hrs. We will meet at the clubhouse. Topics: (1) By-laws and constitution amendment. Voting time folks -50% quorum required. (2) 1996 trips. (3) New prices. (4) Pool status. (This could be interesting. Yes, that was sarcasm.)

**Second: Trips - Port Hardy, B.C.; Monterey Bay, California; Bamfield, B.C.**

As you may be aware, there is an open water course commencing 18 March. Please provide your own snorkel, fins and mask for classes. The exact schedule will be discussed on the 18th. The course costs \$195.00 and a payment plan is available at the clubhouse.

The Pacific Divers Scuba Club with be debt free, yes that's **DEBT FREE**, as of April 96. "Humph! I wish that could be me! Must be nice!" As I type this I can just hear the thoughts and

comments on the "scuba waves." I KNOW I'm not the owner of that set of shoes. The following is the current list of PDSC members: Capt Russ Ackland, Capt Marco Adebear, Ms. Cheryl Jones-Adebear, Mr. Bruce Archibald, Mr. Steve Bunyan, Ms. Sue Chambers, Sgt Glen Coates, Ms. Terri Fullerton, Capt Kirsten Gagnon, MCpl Mike Haggarty, Cpl Jay Harker, Cpl Paul Harman, Lt Bobbi Howard, Cpl Rod Keegan, Capt Bruce Kropelin, Cpl Mike Lafleur, Capt Roland Lapointe, Cpl Greg Lewis, Cpl Chris McDevitt, Cpl Deryck McGougan, Cpl Michelle McKenzie, Capt Andrew McTaggart, Mr. Bruce Muir, Ms. Valerie Naish, Cpl Darcy Parker, Capt Ron Porter, Cpl Brian Scott, Ms. Candace Shaw, Cpl John Sims, Mr. Jeff Smith, MCpl Kurt Staples, Cpl Robert Vieneau, Cpl Gert Woodroffe and Cpl Steve Wyers.

New memberships will be available for the next fiscal year. All personnel are welcome to the meeting. See ya'll there.

## NEXT DEADLINE 22 MARCH NOON

## PACIFIC DIVERS SCUBA CLUB presents



an open water scuba course on 18 March at 1830 at the Scuba Club. (course schedule to be set up with student involvement) Open water dates to be announced.

**Costs \$195.00**

Contact Brian Scott W-8399/Club 8402  
WPERO W-8542/Club 8402

## Comox Valley Minor Softball REGISTRATION

CRA Lewis Centre : Friday Mar 8 (6 - 9pm)  
: Saturday Mar 9 (12 - 4pm)

Comox Mall : Saturday Mar 9 (12 - 4pm)

**Boys and Girls - ages 5 & up**

\$ 45.00 first child  
\$ 40.00 second child  
includes hat and photograph

\$36.00 refundable fundraising fee mite division and up

Every registrant must have a photocopy of their birth certificate

## Country Village Kitchen Bin



Beans to You  
Our new gourmet coffee bar  
We serve the Service

190 Port Augusta Mall, Comox, B.C. V9M 3N1  
Don Gates "Our Business is a Grind" 339-7313

## MARKET TRAVEL

WORLDWIDE PROFESSIONAL TRAVEL ARRANGEMENTS

(Area Code 604) 338-1474  
FAX No. (604) 338-8777  
OR B.C. TOLL FREE 1-800-232-9294  
549 ENGLAND AVE., COURTENAY, B.C. V9N 2N2  
(ACROSS FROM THE BANK OF NOVA SCOTIA)

## HARTMAN AUTO SUPPLY LTD.



338-7261  
480 Puntledge Road We've Moved!  
Parts, Accessories, & Tools



# Classified Advertising

Free Classified Ads for the members of 19 Wing and their families till 1 April 96 !!!

Your ad must be 25 words or less, you must be a member of 19 Wing (civilian or military) and your ad must be type written and hand delivered or sent via military mail to the Totem Times office. No phone in ads please.

## Mountain View Music

Disc Jockey services  
• parties • weddings  
• graduations • banquets  
Andy Anderson 339-4317

**Photo Focus**  
Custom frames & matting  
Limited edition prints  
Needlepoint  
Call 338-1956



Sell developmental toys, books, games, & software. Home based business. Small initial investment and lots of fringe benefits. Call Wendy 339-2414.

## Swimming Pool Closure

Construction of the long awaited pool roof began 5 September, with completion expected by March 96.

During the construction period, military members may obtain swim passes for the Comox Valley Sports Centre through the gymnasium. Passes will be limited in number and will be distributed on a weekly basis.

Queries, questions, updates may be obtained by contacting the PE&R staff at loc 8315 or 8781.

## Return to "Eckville in '96"

In 1996 the Town of Eckville will be celebrating its 75th Anniversary of incorporation and the Steering Committee is planning numerous events to ensure that it is indeed a year of celebrations.

**Anniversary Weekend: 28 June to 1 July, 1996.** A time to renew old acquaintances, visit family, make new friends and just have fun. There will be activities and events for all ages during the entire weekend.

For more information contact Pat Lightbown or Rinn Purnell, Town of Eckville Anniversary Committee, Box 578, Eckville Alberta, T0M 0X0. Phone (403)746-2171 or fax: (403)746-2900.

## Jest 4 Fun

We do machine embroidery and we like piece-work. Flight suit badges, ball hats, golf shirts. Call 334-4410 after 4 pm.



Government Licensed Family Daycare in Tyee Park has openings for children. M-F 0700-1630. Very reasonable rates. Hot lunches and snacks provided. Call 339-2414.

## Comox Little Children Nursery School

Located on Comox Marina Park • large playground • walks and field trips • experienced certified staff • non-profit society • run by a parent board • on-going registration • visitors welcome • Monday, Wednesday and Friday 9:00-11:30am. 1801A Beaufort Avenue, or call 339-6883. Now accepting Wait List for Tuesdays and Thursdays in September.

## Squash Courts

Bookings available  
Military and DND employees only: 0730-1600 hrs Mon-Fri.  
Casual use hours:  
Mon-Fri 1600-2100 hrs  
Sat 1300-1700 hrs  
Sun 1300-1700 hrs and 1800-2100 hrs.

All squash court bookings may be made up to 24 hours in advance at loc 8782. After 1600 hours, phone loc 8315.

## Komoux Valley Paddlers Canoe and Kayak Club

Meeting 7:30 pm March 7 at "Grape Expectations," North Court, Comox Mall. More info call Betty 339-6475.

## Apartment Rentals St. Brelades Court

146 Back Road  
Under new management. New large luxury suites with en-suite laundry. Five appliances, carpets, blinds and ensuite storage. 2 & 3 bedrooms available immediately. Rents from \$600 to \$825. Children and small pets welcome.  
Phone: 338-0622

## For Sale

Brand new wedding/engagement rings (6 diamonds). Appraised \$2,876. Asking \$1,300. Receipt from purchase/certificate of appraisal available. Willing to take monthly payments. Jerry at 336-8242/339-9184.

## For Sale

4 MAG wheels (rims only). Fits Datsum. \$100.00 obo. 339-9234.

## For Sale

Hockey card singles (or sets) of your favourite player(s) or teams. Some cards personally autographed by the player. Makes a great birthday gift or surprise. Display covers, cases and frames also available. For more info call 890-0304 after 5 pm.

## Comox Home to Share

3-bedroom, 2 baths, fully furnished, w/utl. 5 min from Base, off Anderson. \$400.00 monthly. Available now. Phone 339-9189 (leave message).

## Duplex for Sale

New 2-bedroom duplex with basement and nicely landscaped back yard. Located in Courtenay Puntledge Park area near schools, river and walking trails. 10-year home warranty. 2321A Embleton Crescent. \$107,500. Phone 338-4222. No agents please.

## For Sale

Near new, living and dining room sheer Jacquard curtains:  
2 panels 130 x 80  
2 panels 70 x 80  
2 panels 68 x 80  
\$50.00. Call 890-0004.

## For Sale

Hotpoint dishwasher. Built-in model on wheels. Almond colour. Like new \$225.00. Call 339-2734.

**For Sale - Motorcycle**  
Honda 70, Passport, good condition, cheap transportation to and from work. Low kms 05807. Asking \$675.00 obo. 339-3182

## For Sale

Lund racerback cab fairing, ranger size, red, like new, first \$100.00. Phone 890-0008

## For Sale

78 Oldsmobile Omega  
Automatic, V6, red, very reliable. Best offer. Phone 897-1782.

## For Sale

1980 Jaguar XJ6  
New paint, excellent running condition. \$9,000 o.b.o. Ph: 338-4467. Ask for Larry or Loraine.

## For Sale

1983 Oldsmobile Phoenix, good shape, low miles, one owner. Loaded. Asking \$2,500 o.b.o. 339-2108.

## For Sale

1981 TOYOTA TERCEL (Hatchback) 4 speed transmission, 4 cylinder. New brakes & muffler (have receipts). \$500.00. Call 339-1392 - ask for Pete.

## For Sale

4-chair dining set \$220.00 o.b.o. End table \$80.00 o.b.o.

For quality furniture refinishing - call Dean 339-5995.

## For Sale

Singer 700 Knitting Machine with all tools and Ribber. Asking \$900. Bought package separately for \$1,900. Call 334-4410 after 4 pm.

## For Sale

Waterbed, Queen size with six drawers: \$75.00 o.b.o. Entertainment stand: \$50.00 o.b.o. 339-9234

## Storming of Assoro Prints

The Hastings & Prince Edward Regiment is currently offering, for \$125.00, a special limited edition print as a fundraiser for our Trust Fund. The print depicts the 1943 scaling by the regiment of Assoro, a mountain in Sicily.

Each print is signed by the CO, Lord John Tweedsmuir, and the RSM, WOII Angus Duffy. The battle remains a classic to this day. The print is selling well and is available on a first come basis only. Proceeds from the sale will be used by our Trust Fund to support the regiment's museum, its six Cadet Corps, the Veterans' GP, etc. A tax receipt for 80% of the purchase price makes this an even more attractive investment.

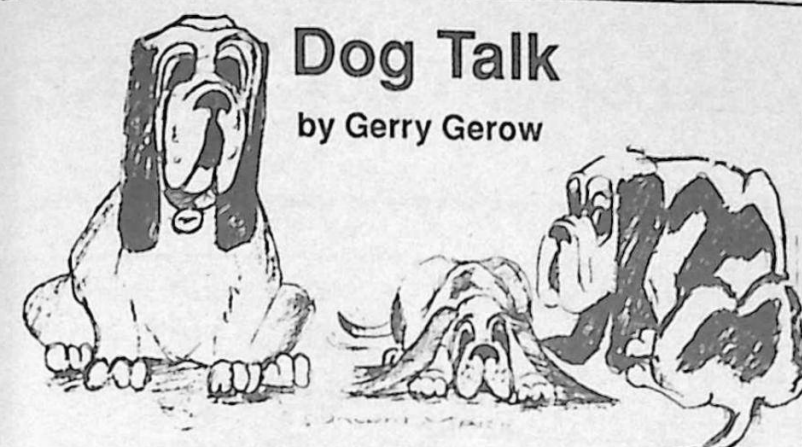
If you are interested in acquiring this print, flyers can be obtained by contacting the Adjt, Capt Bob Hellmeister at (705) 740-7404.

## CALGARY CRESCENT HEIGHTS HIGH SCH. - 60 YEARS ON

A Diamond Anniversary Reunion is being held in Calgary May 22-24, 1996 for students who attended and/or graduated in 1936, '37, '38 and '39. Also, for any students who may have attended and/or graduated prior to 1936. Contact: W. Hurst, #23 - 15137 - 24th Avenue, Surrey, B.C. V4A 2H7. Phone: (604) 536-9414.

## Gym hours

Mon-Fri 0730-1600 hrs Military & DND employees only  
Mon-Fri 1600-2100 hrs Casual hours  
Sat 1300-1700 hrs Casual hours  
Sun 1300-1700 hrs & 1800-2100 hrs Casual hours  
Note: All users of the Base gym facilities must produce their Rec Card or pay a drop-in fee in order to use the gym during casual hours. Casual hours for military personnel begin at 1800 hours. Dependents under the age of 12 must remain in the company of their guardian.



This week, an excellent breed book - *Doberman Pinschers Today* by Jimmy Richardson, Howell Book House - Macmillan, New York, \$36.95.

This is certainly an excellent breed book. The author has been breeding and judging Doberman Pinschers for some 30 years. Everything is here, except Canada. Richardson is British and therefore, like in almost all dog books I have read which were written in Britain, Canada does not exist.

Here you will find the breed history, what to expect in a Doberman, training, showing breed standards, breeding and health care. This is a large, 206 page edition with lots of photographs and line drawings to illustrate the text. Of interest are the many photos of Dobies with uncropped ears because the practice of ear cropping is outlawed in Britain. I know very little about Dobies, so I gave the book to Darlene Gordon, a Doberman breeder. Darlene was thoroughly impressed with it. Like me she noticed the absence of any reference to Canada. I asked her what she thought the author really knows what he is talking about.

Well priced, it will make an excellent gift for that Doberman fan in your circle.

## Don't leave dogs in vehicles

A recent bizarre occurrence pointed out that dogs should never be left in a vehicle. A Victoria resident was staying overnight in a Vancouver hotel, and had left his Golden Retriever in its

kennel in the back of his pickup truck which was securely locked. Apparently this was a normal practice for him. However, this time the vehicle was stolen. It was found 17 days later, not far away, where it had been parked after what was probably a joy ride by people who probably didn't even know the dog was in the back. Miraculously, after 17 days without food or water, the animal was still alive, and is recovering, although the veterinarians say it is not out of the woods yet.

I am sure that this gentleman will never again leave his dog unattended in a vehicle. There were alternatives to doing this, and he just didn't think of the possible consequences.

With summer approaching, people will be tempted to take their pets with them, leaving them in the car while they are shopping. Please, don't do this. Cars get hot and uncomfortable, and it is very easy to get preoccupied and forget the doggie. Animals belong at home.

One of the most dangerous practices that can be seen every day in the summer is the carrying of dogs in the back of an open pickup truck. When the dog sticks its head over the side, and it will, there is a very real danger of being struck by flying stones. Additionally, no matter how well trained the dog is, there are inducements which may cause it to jump out. And, worst of all, if you have to swerve or brake suddenly the dog can be hurled out of the truck and killed. Please leave your doggy at home where he/she will be safe until you return.

## NEXT DEADLINE 22 MAR. - NOON

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Week ending 9 March, 1996

1. The Gift.....Steel
2. Skin.....Lustbader
3. Angel of Death.....Higgins
4. Commodore.....O'Brien
5. Dead Irish.....Lescroart
6. Our Game.....LeCarre
7. Sunrise.....West
8. Wrath of God.....Gleason
9. Tamished Gold.....Andrews
10. Diamond Age.....Stephenson

## FREAKSHOW



## No relief for Zulu Pilots

Pilot trainees who have obligatory service and have not made the grade at Moose Jaw will not be allowed to leave the service early. Despite an initiative to include the "Zulu" pilots in the latest FRP, they will still not be allowed to participate. Instead, their qualifications will be documented and, budgets permitting, Zulu pilots may be moved to "locations of gainful employment." The option still exists for these pilots to buy out their obligatory service and return to the civilian workforce.

## Flammable fleece recalled

Health Canada is warning consumers not to wear certain brands of fleece fabric garments which do not meet flammability regulations under the Hazardous Products Act. These fall and winter fashion garments are made and sold in Canada. They contain 100% cotton or 80% cotton/20% polyester fleece fabrics.

Consumers are advised to stop wearing these garments as they may pose a serious fire risk if the fleece surface comes in contact with an ignition source such as candles, sparks from fireplaces, matches, lighters, etc. These garments may ignite readily and burn within seconds, resulting in serious burn injuries.

At Health Canada's request, Canadian manufacturers and retailers have stopped using the affected fleece fabrics and have initiated recalls of clothing made from these fabrics. Product Safety inspectors from Health Canada are monitoring the recalls.

Consumers are reminded that all types of fabrics, including fleece, can burn. To reduce the risk of clothing fires which sometimes result in serious injury, consumers should avoid close contact with sources of heat or flames, especially when wearing loose and flowing or fleece garments.

## TODAY'S CROSSWORD PUZZLE

### ACROSS

- 1 - avis
- 5 Send in payment
- 10 Lie in wait
- 14 Amazes
- 15 Historical period
- 16 Milky gem
- 17 Certain restlessness
- 19 "Garfield" pooch
- 20 - out use thrilly
- 21 Sheltered, on a ship
- 22 Shoe part
- 24 Remembers vividly
- 26 - gin
- 27 Tyrannosaurus
- 28 Gourmet grain
- 32 Outspoken
- 35 Burlap fiber
- 36 - Wiedersehen
- 37 Everyone
- 38 Seeded
- 39 Obtain
- 40 Sign of the zodiac
- 41 Teatime's sound
- 42 Tempers
- 44 Shiny vegetable
- 47 Limo occupant, perhaps
- 48 His and -
- 49 Sweepstakes

### DOWN

- 1 Ten-speed bike
- 2 Up and about
- 3 Revolutionary
- 4 "I was going to St. Ives ..."
- 5 Muscle response
- 6 Swords
- 7 Relocate
- 8 Frost
- 9 Excited
- 10 Roomier
- 11 Hair style
- 12 Train track
- 13 Artist Paul -
- 18 Type of orange
- 23 Doze (off)
- 25 Nest-egg imits.
- 26 Locations
- 28 Sausage

53 Actor Bela -

56 Appointment

57 Philosopher -

58 Film script

59 Look for a good price

62 Thick slice

63 Mid-distance runner

64 Firm

65 Ancient

66 Phoenician city

67 Appropriately

68 Rod and -

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# COMOX MILITARY FAMILY RESOURCE CENTRE

phone: 339-8290

## ET SI ON APPRENAIT ENSEMBLE

Bonjour,

À tous les parents pour qui il est important que vos enfants apprennent le français. Votre français scolaire est loin dans le passé? Pendant votre scolarité, vous avez peut-être changé d'école trop souvent ou même de langue, et les verbes sont enfouis, les accords perdus, les termes de grammaire inconnus et les maths on n'en parle pas..... Vous aimeriez aider vos enfants à vous concentrer pour faire revenir toutes vos connaissances scolaires; de plus, les méthodes d'enseignement ne

sont pas les mêmes, et vous voudriez bien défricher tout ça? Eh bien! cette année, Educacentre offre aux parents francophones des ateliers de discussion de groupe ou des sessions individuelles de tutorat et d'encouragement à la lecture et aux devoirs. Une série d'ateliers est planifiée en voici les horaires:

-Comment fonctionne l'école en C.B. le 7 mars à 2h45, dans la bibliothèque de l'école Airport

-Comment faire un budget, le 14 mars à 2h45 dans la bibliothèque de l'école Airport

-Grammaire et rédaction, le 28 mars à 2h45 dans la bibliothèque de l'école Airport

-Comment éviter le décrochage, le 4 avril à 2h45 dans la bibliothèque de l'école Airport.

Pour tous renseignements appeler Françoise au 334-8884

### TEEN FUND RAISER 24 Hour Teen Dance-A-Thon



Sponsored by CMFRC and the PMQ Community Council

March 15 - 16 Wallace Gardens  
Community Centre

5:30 pm - 5:30 pm

Cost: \$7 per person (includes- snacks & breakfast)

Age: 12 - 18

Music by: D. J. Mike Heath & assistants  
Adult chaperones provided

Registration: CMFRC (339-8290) / Lee (339-7676)

Registration deadline: March 11, 1996

### LIFE STYLE 1996

Lifestyle '96 Coupon Books are available now at the CMFRC

Enjoy dining, entertainment and 1st class hotels with discount coupons

\$\$\$ Great value for your dollar! \$\$\$

\$29.95 + GST = \$32

\$10 per book helps the FRC

Phone 339-8290

## Kinnikinnik Child Care Centre

### • Preschool (ages 3-5 years)

Two and three day programs are available, mornings and afternoons (2.5 hours per day).

### • Daycare (ages 15 months - 5 years)

Full-time, Part-time & Drop-In Welcome.

### • Out of School Care (ages 6 - 12 years)

Transportation provided to and from Lazo and Comox elementary schools upon request.

### • Toddler Play Group (15 months - 36 months)

Tues. & Thurs. 7:00 - 11:30 am. Drop-in or monthly registrations. Minimum enrolment 2 hours.

### • Parent and Child Play Group

Fri. 10-11:30 am. A play group for children < 36 mths.

## Youth Activities

### • Gym Nights 7 - 9 pm

Every Wednesday night at the base gym. Come out and join in activities such as volleyball, basketball, badminton, floor hockey and indoor soccer. No recreation passes are needed for CMFRC teens during this time only. Please bring white soled shoes.

### • Teen Committe Meetings

The Teen Committe will meet the 1st Tuesday of every month at the Protestant Church Annex. New members are welcome. This is a great time for planning teen events. The next meeting will be held March 5th at 6pm, (agenda: 3 on 3 basket ball tournament).

### • Fund-raising

Thanks again to Gordon, Nick, Bobbi, Jamie, Tony, Lee and Ryan for all your help with the chocolate sales in February. Good Work !!!

## Answers To The International Women's Day Quiz

1.) c. In Canada the three greatest challenges to women are: violence against women, treatment of refugees, and equal opportunity for men and women.

2.) a. The fourth United Nations World Conference on Women was held in China

3.) a. Terry Vyse, of St. Catharines, Ontario, was the first aboriginal woman judge in Canada

4.) c. Emily Carr (1871-1945) was a west coast artist and writer.

5.) b. Carolyn Waldo was the first Canadian woman to win two gold medals in any Olympic games.

6.) a. In June 1985, women with disabilities from across Canada gathered to form DAWN Canada.

7.) c. The Right Honourable Jeanne Sauvé was the first woman to be named Governor General of Canada (May 14, 1984).

8.) a. Rosemary Brown was the first black women elected to a provincial legislature in Canada (BC).

9.) c. Mary Ann Shadd Cary (1823-1893) is remember for saying "It's better to wear out than rust."

## Upcoming Events

### International Women's Day Conference

March 9th, 1996  
at the Washington Inn



### Myth Busting Mental Illness

The facilitators will share their knowledge and experiences around major mental illness such as schizophrenia, manic depression, schizo-affective disorder or anxiety disorders. Participants of the info session will be provided with an opportunity to get involved with the S.I.L Program and gain valuable knowledge and skills.

Facilitators: Bobbie Cherrett & Maguerite Holgate  
Date: March 13th  
Time: 6:30pm  
Location: CMFRC  
Registration: Call 339-8290 by March 8th

### Cake Decorating

Learn the fundamentals of baking and frosting shaped cakes, about icing and how to use decorating tools. Learn how to ice a cake smooth, how to make shells, drop flowers, leaves, roses and other flowers.

Dates: March 27th, April 3rd & 10th  
Facilitator: Karen Nogue  
Time: 6:30 - 8:30 pm  
Location: CMFRC  
Cost: \$10.00 plus supplies.  
Call CMFRC for supply list  
Registration: Call 339-8290 by March 22nd. Fees are due at time of registration.