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The Comox Valley's Oldest Newspaper.



TOTEM TIMES



19 Wing CFB Comox B.C.

VOL 37 NO 13

THURSDAY 28 SEPTEMBER 1995

COST: PRICELESS

The Escorts



(Photo Cpl Luc Champagne)

Awaiting their wreath presenters, escort NCMs stand in line at the Battle of Britain Parade.

Words from the Wing Comd

The Many Remember the Few

by
**Capt David Krayden,
Wing PAffO**

Joining the ranks of a precision Air Force Guard of Honour were the veterans: 888 Wing RCAF Association, the Comox, Courtenay and Cumberland Legions, the Korea Veterans Association. Together they met at the Aircraft Heritage Park to remember the men who won the Battle of Britain, the few. Wing Commander Col Brian MacLean presided over the day's ceremonies. Among the distinguished guests were several DFC recipients and air aces. Of course, 386 Sqn of the Royal Canadian Air Cadets were there too. After a busy summer last year, the base had not hosted the parade. Things were back to normal in 1995.

The keynote speaker this year

was S/L (ret) Duke Warren. Duke was typically modest about the honour, almost a hint of agitation in that gentle voice when he explained to one and all that there are several other pilots in the Comox Valley who could have just as easily represented the Canadian fighter pilot. Worse yet, Duke was misidentified as a Battle of Britain pilot. He told the audience that he was still undergoing training in the late summer of 1940.

But if he couldn't be there, it was only because he couldn't get into the fighting in time.

He did manage to fly over the skies of Dieppe in 1942, survive the brutality of war and continue to serve his country in a career marked by courage, loyalty and dedication. He has since served his community and reminded us

all of what military bearing means.

His keynote address was typical of Duke: self-effacing, inclusive, at times humorous, always eloquent. He spoke as a pilot who remembered the ground crew who kept his aircraft flying and admonished his audience to remember everyone who made the Battle of Britain a victory for the RAF and RCAF; for freedom and decency; for the world and future generations.

There is another keynote address to every Battle of Britain Day parade in Comox. On each occasion, the venerable figure of Col (ret) Irish Ireland rises and delivers the eternally moving words of *High Flight*, that particularly Canadian ode to the dreams of youth, the idealism of

Continued on page 3



19 Wing Commander Col Brian MacLean reads a sermon.

Technology and Change

by **Charlie "the Chaplain" Massey**

With the growth of technology and knowledge over the past decade or two, people are forced to face major changes in their lives. In order to face these changes properly, we need a strong sense of personal values.

A good sense of values is extremely necessary for all the choices and decisions we must face. These values are related to ideals, simplicity, progress, knowledge, ethics, friendship and all the while realizing there is a practical cost in terms of dollars and cents and a personal cost in terms of conscience.

These values make the difference as to the rewards or the worthlessness of our existence. Often in the world today there seems to be a lack of purpose in the things we do. We claim we do it because everybody does it or because it is politically correct.

The positive values of life are built up on centuries of experience and they supply the social framework for the social order of today. Life is like a journey where every step brings us to a new and different view and it is our sense of values that keeps it all in a proper perspective. Change is always a challenge and a scary one at that. A good and proper sense of values is what keeps the changes positive instead of negative.

We must find and be aware of our own values, for without it we are at the mercy of everyone else. There are four essential values:

- to be happy and at peace with the world;

- to feel worthy and noble;
- to feel significant as a co-worker in the great ongoing process of life; and
- to feel effective and equal to events.

Truth can never destroy the values that are worth anything. These values consist of honesty,



Chaplain's Chatter

integrity, valour, duty, trust, compassion, forgiveness.

A person seeking a good sense of values needs health, education, some idealism, a set of principles and patience. Education makes us be aware of, and have an active faith in, the values that make our life worth living. Ignorance and close-mindedness narrow our choice of values. If we do not have idealistic values our thoughts become earthbound. A good and proper sense of values is our compass for daily life.

To develop this sense of values we need patience, maturity and refinement of judgement. We must think for ourselves - no one can think for us.

If we can make a habit of positive thinking we shall gain zest for

doing all sorts of significant things. If we believe strongly in our values we will grow more open minded which will, in turn, give us moderation in our thoughts and actions. If we have a good sense of values we will live more effectively. The higher the sense of values the higher our performance will be, so long as it is not so high that we get discouraged in doing it.

Everyone has individual talent, but it takes initiative, enterprise, energy and invincible optimism to give expression to it. We should seek within us for the values that will give us this happiness and self-fulfilment.

Values are lived, not talked about. There is a time for meditation, but there is also a time for action. We must do the job at hand, and do it well while we are at it, to the best of our ability. The main point is to find our own set of positive and upright personal values and stick to them so that we may come back to them for a fresh start when we fail in our striving for goodness.

If we do not have a good sense of values we live in a vacuum. Have you found your set of values yet? Do you honestly live by them?

Comox Valley Presbyterian Church Bake Sale

Crafts and Raffle (Thanksgiving food and accessories hamper) at the Driftwood Mall
Saturday, 30 September
from 9:30 am - 1:00 pm

Going for \$25,000

Photo Luc Champagne



LCol Terry Burt, Wing Administration Officer, Marilyn Homer, President of Comox Valley United Way, Rob Green, Campaign Chairman of the Comox Valley United Way and Capt Potvin Normand, Chairperson of the Wing Campaign, raise the UW Flag at 19 Wing - See UW article on page 11.

CHAPEL CHIMES

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BAPTISMS & MARRIAGES

By appointment - please notify the Chaplain well in advance.

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Gusty Winds & Teamwork: - Highlights of SAREX '95

by **LCdr Philip Anido, Air Transport Group Public Affairs**

The sunny skies over this normally tranquil Annapolis Valley community were abuzz today with noisy, low-flying Hercules and Labrador helicopters and colourful parachutists descending through the gusty winds to confined targets below.

SAREX '95 jumped off on Sunday, 10 Sep, at this Maritime Air Group Wing and home base of Air Transport Group's 413 (T&R) Sqn, the hosts of this year's exercise.

Some 43 competitors, countless judges and a small band of observers from across the Canadian Forces Search and Rescue community converged on 14 Wing for the 4-day annual competition. The competitors came from each of the SAR squadrons: 442 Comox, 435 Winnipeg, 424 Trenton, 413 Greenwood, and 103 Rescue Unit Gander. Fighter Group also sent a team from the Combat Support Squadrons which fill base rescue duties in Goose Bay (444 Sqn), Bagotville (439 Sqn) and Cold Lake (417 Sqn).

"SAREX is a time for friendly and professional rivalry when the teams compete with each other for the coveted Diamond Trophy for the overall winning squadron," said exercise coordinator Maj Brian Myrah. "Above all, it is a chance to get together with old friends and to share experiences."

Numerous main events take place each day. The most adrenaline, for both the SAR Techs and observers, flows during the rescue jumps into a tree-lined confined area about the size of two tennis courts.

After identifying the "crash

site," the pilot flies over the target to estimate wind speed and direction. At 2000 feet above ground, the SAR Techs, laden with their 40-pound environmental equipment bundle, the SAR PELS, leap into open air.

"You can feel a hundred eyes of your peers, watching every move you make," commented MCpl Tim Eagle, a SAR Tech with 417 Sqn as he gathered his chute together after his successful jump. "It's physically demanding and the trees close in pretty quickly especially today when the winds were really gusty."

Perhaps the most mentally challenging event is the medical treatment phase. Each team is confronted by three "severely injured casualties" bearing very realistic looking wounds. The SAR Techs must evaluate, treat, and prepare the patients for evacuation to a medical centre. This activity is carried out against the clock and under the critical eye of flight surgeon, LCol Ken Jenkins and other judges from the Survival Training School in Edmonton.

"Our medical training is a vital area of knowledge," remarked SAR Tech, Sgt Ed Holleman, a judge from 444 Sqn, Goose Bay. "What you can do for the victim in the first few minutes may make the difference for his survival."

SAREX 95 tests the demanding skills of the whole SAR team from the pilots and navigators, to the SAR Tech, the flight engineers, the loadmaster and those behind-the-scenes members - the ground crews. Without their special skills, the aircraft don't fly.

"We assess the thoroughness and efficiency of the maintainers as they perform everything from the checks before and after each flight, to basic servicing, refuel-

ling and marshalling," said WO Karl Jensen, one of the maintenance judges from ATGHQ, Trenton.

"We watch especially for possible breaches in safety during each procedure, both for the personnel and the equipment. Safety is fundamental with all this rolling heavy equipment, fuel and power generators around," he added.

With the individual parachuting accuracy events completed by the young jumpers, the Over-40 Bell Ringer Challenge competitors took off in a 442 Sqn Buffalo. Everyone from Chief Judge, MWO Arnie Macauley, newly posted to 424 Sqn as SAR Tech leader, and the Commander of Air Transport Group, BrigGen Bert Proulx, vied for top honours. With near-perfect accuracy, the aging iron-men all jumped to within reach of the bell.

"SAREX provides us, as a professional search and rescue community, with the opportunity to share experiences and techniques at all levels of our operations," commented LCol Rick St. Germain, CO of 413 (T&R) Sqn and exercise host. "Of course, we enjoy the friendly and challenging competition; but of equal importance, we demonstrated to the public last Sunday on Media Day, how we support Canadians in distress in our coastal waters and throughout the country."

"Perhaps more than any other occupation in the CF, we provide a service directly to the Canadian public, in a way which can profoundly affect their lives. To have been involved in the team mission to save an individual's life is the most rewarding and fundamental aspect of our daily work. SAREX '95 has contributed greatly to our overall capability."

Canadians Excel at Nijmegen

Canadian soldiers have once again distinguished themselves at the Nijmegen international marches in Holland. Of the 162 who started this year, all but two completed the four-day march. While overall statistics were unavailable, this completion rate of close to 100% was easily one of the best performances by any of the military contingents there.

Over 32,000 participants from 46 different nations started on 18 July and marched a variety of distances each day until, and including, 21 July. This included 6,000 military participants (representing 27 different countries) who logged an average of 43 km each day carrying 13 kg packs. While the first two days were mercifully cool, temperatures on the last two soared to over 35°C compounding difficulties with already-emerging blisters and assorted aches and pains.

According to the contingent commander, Col Peter Holt, himself an eight-time veteran: "Marching, one of the most fundamental of soldierly capabilities should not be taken lightly when taken to this extreme. Experienced soldiers know it is far better to prevent foot injuries than to march with them."

And, as Capt Brian Mumford, team captain for 2 CER said: "The hundreds of kilometres that we logged in Petawawa before arriving in Holland were essential to toughen the feet, give each team member an idea of where he might run into problems along the march and allow him to make adjustments beforehand."

The Canadian marching contingent, comprised of 12 teams of roughly 13 soldiers, consisted of representatives from across the country as follows: 728 Communications Sqn, St. Johns; 4 Air Defence Regiment, Chatham; LFAA, Halifax; NDHQ, Ottawa; 1 CDHSR, Kingston; 2 Service Battalion and 2 Combat Engineer Regiment, Petawawa; CFB Toronto and LFCA Headquarters, Toronto; CFB Calgary and 1 CMBG Signals, Calgary; and 4

Wing, Cold Lake. In addition, each team had a support staff of at least one medic and a few general duties personnel.

Col Holt was extremely pleased with the performance of the Canadian contingent: "Obviously, after travelling all the way to Holland, we were obliged to put in a good performance; and based upon the positive, unsolicited comments about the conduct of Canadian troops from senior officers of several different countries, we did just that."

The demonstrations of gratitude by the Dutch people as Canadian teams marched by were at times very moving; they had not forgotten the sacrifices made by Canadians fighting for the liberation of Holland during the final stages of World War II. The extent of these sacrifices became very clear on day three of the march as the entire contingent participated in a brief but solemn ceremony at Groesbeek cemetery. There, over 2,300 Canadian soldiers are laid to rest; and, as the silent tombstones read, most were only in their late teens or early 20's - a poignant reminder of just how tragic war can be.

The success the Canadian contingent enjoyed had as much to do with those behind the scenes as it did with those who marched. Capt Dave Salhani, the contingent administrative officer, worked very hard even before leaving Canada to ensure that the contingent was properly fed, housed and generally taken care of; Padre Fowler provided moral support on each day of the march and conducted the Groesbeek service; and Cpl Fisher and Pipe Cpl MacKenzie were there every day for proper early-morning sendoffs and greetings later in the afternoons. Also, the tremendous in-camp support from the Dutch and the en-route support from the British service battalions were very much appreciated.

Good luck to those marching next year.

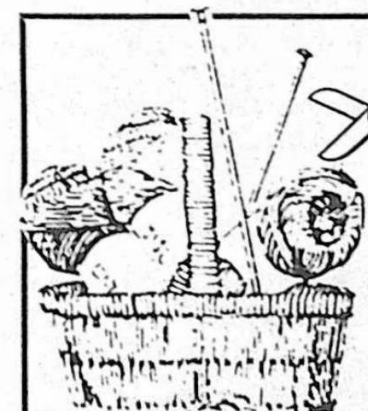
More Remembrance

Continued from page 1

the military aviator, the sheer joy of flight and the glory that was the Royal Canadian Air Force. It is our poem and Irish brought words on the printed page to life as he bit off every word of this poem for his audience to savour, letting each stanza stand alone in the air for a moment, guided by the resonance and character of his voice. The audience is enraptured for a few minutes, in much the same way as Irish could captivate a mess hall with his memory of

verse and by the sound of his voice.

It is perhaps silly to say that our Battle of Britain Day parade is more memorable or touching than any other. But sometimes it seems that way in Comox, with the largest RCAF Association Wing in Canada, with its Air Force heroes, with its air base nestled between the splendour of mountains which rise into space. When it does seem that way, it is just a pleasure to live, work and serve one's country here.



Officers' Mess Ladies' Club

invites you to a

Craft Night

You make it and take it
Raffle - Door prize - Refreshments
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Time: 7:00 pm for 7:30 pm
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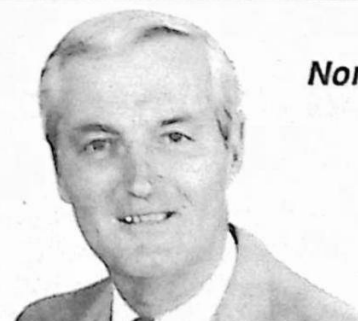


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Norm Blondel

1984? Try 1995

The news that B.C., at considerable expense, is to employ photo-radar to trap automobile speeders is, in my opinion, not good. Not good at all. George Orwell was right, except in his timing: "Big Brother," the much-feared symbol of authority in his novel of a 1984 totalitarian society, is about to appear on overpasses, behind buildings and trees, hidden in cars and other places, and snap a picture of your licence plate as you go by at a tad above the posted speed limit.

I admire the police forces of this nation tremendously; they do a difficult job with great panache and skill - but - Lord love them, they don't need this kind of weapon. It will have normally alert motorists, who need to keep their eyes on the road, checking for possible hiding places for those insidious flash-bugs instead of concentrating on their driving. Normal slow-pokes, those who like to drive ten or so km/h below the posted speed limit, will drive other motorists to distraction by knocking off another 10 km/h, "just to be on the safe side."

But the worst aspect of this scheme is that we will be spied upon by government employees. We should not allow Big Brother's toe in the door. Once there, he'll never go away. He's worth \$100 million a year in potential speeding fines, so he will be difficult to dislodge.

Ontario has a good idea: scrap the system before it starts, and maintain our personal freedoms a little longer.

CFB Baden Plaudits

by Syd Phillips, forever a Four Winger

The hunt began back in '53, to find a place for the military. A place was found next to the Rhein, now began the race 'gainst time. The word went out, we've found the spot, now send the aircraft, we'll need a lot. There must be places for them to stay, schools for children that are on the way. All the facilities must meet the demand, of those who'll be in that far off land. The pilots fly by day and night, sharpening their skills in case of fight. Those that service them, work night and day, to make them ready for the fray. But it's not all work around the base, there's lots to do around this place. The beer is good the wine is fine, the scenery's terrific along the Rhein. Overlooking the base, the forested hills, seem to protect against the winter's ills. This all seems to have happened so long ago, and with these words I want you to know. That it is with sadness and pride, that I served with them side by side. I was here at the start and little did I know, that it was time for me to grow. Ever fonder of it's ways and means, I've grown accustomed to it's face it seems. No ice cold winters with temps so low, just a little fog and not much snow. A place where one can live in peace, a place where I can really be pleased. A place to wander near or far, a place where all my memories are. I often think back to the time, when I first glimpsed the River Rhein. And when I gaze at this forlorn spot, I think that no one gives a jot. About all the past fun and action there, with people milling everywhere. So sad to see that barren place, where once was a proud Canadian Base. It looks so forlorn and empty, yet, all is silent, how can one forget. Four Fighter Wing's pride of place, let your memories light up your face. And don't ever forget that you were here, eating schnitzels, drinking beer. So keep those fond memories in your mind, this will help you to always find. The reason why I planned to stay, in this land so far away. And to all who left, took that silver bird, your sighs can oft be heard. Once in a while, think once again of Four Wing, in the pouring rain. Of children growing with knowledge new, about the place where up they grew. The fun times, the friends they met, fixed in their minds never to forget. So with these thoughts I must end, these fond memories that I have penned. And bid to all a fond Adieu, the best of regards, and God bless you.

Recruiting in the CF Today

A question that is often heard by members of the Canadian Forces (CF) recruiting staff is, "How can you folks be busy? After all, with the overall down-sizing of the military, surely you have little to do." These and similar types of comments come from members of the general population and military personnel alike. People assume that whenever an organization is reducing in size, that there is no longer a need to recruit. The reality is, of course, much more complex. For example, an organization may be required to reduce its overall staff while at the same time a campaign is initiated to attract people who possess unique skills that better fit the new organizational structure. Changes to personnel requirements are normally a result of corporate restructuring, re-evaluation of goals, or direct response to various external influences. The CF is, of course, no different. As with any major employer there are a number of factors which influence the size, composition, and mandate of the CF; all of which have an impact on CF recruiting strategies.

The termination of the Cold War, for example, has had a profound impact on the military in general and recruiting in particular. Today's military continues to adapt to many new and diverse challenges. While the government has legislated a reduction in the size of our personnel base, it has simultaneously increased our participation in new or expanded missions. This has resulted in the need to increase the size of specific military occupations. For example, the number of combat arms personnel are expected to increase significantly over the next few years to meet UN and other international demands. These requirements result in a continual need to attract, process and enrol more applicants.

Regardless of government imposed personnel levels, the fact is that the CF loses a large number of people every year due to both scheduled and unscheduled attrition. Many of those who leave the military must be replaced to maintain the integrity of the CF. In the late 1970s (a period of expansion and high rates of attrition) there was a need to enrol a large number of individuals. During more stable recruiting period, attrition rates alone dictated our recruiting requirement. Although one might assume that lower legislated personnel levels could easily be reached by simply shutting off the recruiting tap and allowing natural attrition to take us to our required mark, the aforementioned alterations to military commitments, coupled with concerns of imbalances within certain occupations, affects our

ability to adopt this strategy. In addition, both recruiting and training organizations must continue to possess the ability to respond immediately to government needs as they arise. Given the volatility of the current international scene, this is a formidable task demanding the maintenance of a well-oiled, fully operational and dynamic recruiting organization.

The way in which we select officers for the CF also affects the recruiting process. Officers are selected via a number of entry plans, such as the Direct Entry Officer and Officer Candidate Training Plan. While these programs will continue to provide the CF with a certain portion of the officer corps, recently the majority of officers have entered the CF through the Regular Officer Training Plan (ROTP). The ROTP is a future oriented program designed to produce university trained officers for the Canadian Forces. Given this mandate, members enrolled under this plan are generally not available for full operational employment for at least four or five years. Additionally, due to the dual requirements of this plan (university/occupation training) and its lengthy duration, a number of ROTP candidates tend to leave the military prior to completion of full training. This means that the CF must continue to recruit an acceptable number of officer applicants every year to meet the projected CF requirements into the next century.

The CF Total Force policy has also had a significant impact on recruiting. In 1987 the Directorate of Recruiting and Selection (DRS) assumed the added responsibility of processing applicants for the Primary Reserve. Due to the expansion of this component of the CF and historical rate of attrition, Primary Reserve recruiting has accounted for approximately two thirds of overall recruiting activity in recent years. As a result, the decrease in Regular Force quotas has been more than offset by increases in reserve applications. It is predicted that reserve recruiting will continue to occupy a significant portion of the recruiting system's efforts and focus for the foreseeable future.

Today's recruiting organization continues to be very active meeting the challenges associated with changing national and international environments, economic and political realities, as well as personnel restructuring and organizational re-tooling. Through effective planning and enlightened pro-active initiatives the recruiting system will ensure that personnel requirements are met expeditiously in the quality and quantity required.



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Tuesday 0830 - 1200

NPF EMPLOYMENT

TeePee Park Caretaker 1996 Season

Job applications for the caretaker position at TeePee Park are being accepted. Closing date will be 3 Oct 95.

The position is open to all personnel with previous experience. Details are as follows:
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- Term is 15 Apr - 15 Oct 96.
- Responsible for boat launch control, decal sales, camp site and pavilion bookings, campsite maintenance IAW job description.

Applications are to be submitted to NPF Personnel Coordinator in CANEX Mall, beside Barber Shop, or call Loc 8066 for further details.

Fame at Last!

Dear Editor:

On Sunday, 17 September, I was introduced to the assembled dignitaries, troops, and my fellow RCAF Association members and general public as WING COMMANDER, no less. To be fair, I'd always considered that this should have been my rank on leaving the RAF in July 1946 but, alas, the Chiefs of the Air Staff did not think this was appropriate, so I was released back to Civvy Street as a mere FLIGHT SERGEANT.

To Sunday's announcer, many thanks for a good try - I had a moment of glory!

However, Tuesday's Comox Valley Echo gave me even more distinction, and told the readers

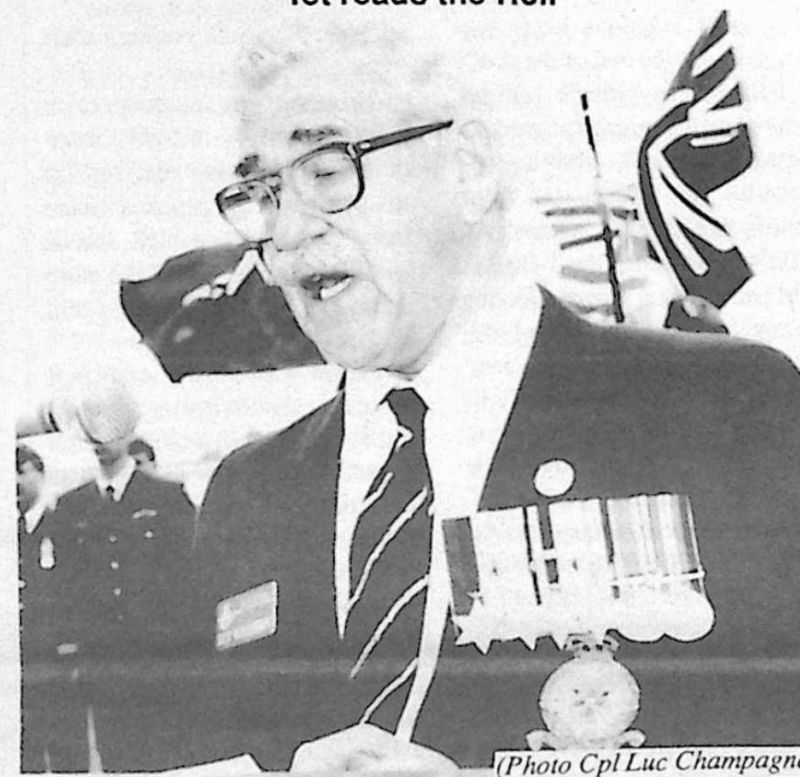
that I was a Spitfire pilot who had fought in the Battle of Britain. This was completely untrue, I was still training when the battle was being fought and, when it is considered that I claim to be a non-combatant, since I flew unarmed photo-reconnaissance Spitfires, this was praise indeed.

To complete the cockup, my name was printed under the portrait of a REAL fighter pilot, G/C "Irish" Ireland, DFC. I phoned the Echo to put matters to right, adding that I thought that I was much better looking. (Sorry, Irish, the truth will out.)

Apart from that, it's been a quiet few days.

Tet Walston

Tet reads the Roll



Tet Walston reads the Battle of Britain Roll of Honour.

Editor's Footnote: The "Echo" published a correction in their Sep 22 edition, but compounded the error by placing Tet in Bomber Command in WWII. He actually flew high-altitude reconn-

naissance for Coastal Command, in a sky-blue Spitfire. It's OK Echo, we've made some doozers at the Fishwrapper too.

P.S.

Check out Tet's article on page 8.



407 Aerobic Award



Cpl Don Brenson

Promotion



MCpl J.F.E.C. Leduc, Forecast Centre.

Promotion



Sgt R.D. Waters, Forecast Centre.

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News from the Round Table

by Lt Hamilton

Greetings from 414 Sqn. As fall approaches, it brings with it some busy times for the squadron. To start out though, a warm welcome to Capt Graham and Janet Edwards; Capt Chris Brown and his wife Sabre Anderson; Capt Ken King; and Lt Sean and Dawn Hanson who have recently joined us. For all those folks that I've missed, I'll find you before the next issue.

Congratulations are also in order for 2Lt Phil and Lesley Schnepf who were married on 25 August in Thunder Bay, Ontario. The Knights also wish a fond farewell and best wishes to 2Lt Chris and Angela Rumpel who are on their way to Moose Jaw, Saskatchewan, to undertake the Basic Pilot Training Course.

August and September have proved to be very successful and productive months for the Knights. With the various flying tasks ranging from airshows, to support of Maritime Command and Fighter Group, the squadron has managed to achieve an excellent utility rate, thanks to the dedication of the maintainers and aircrew alike. Hats off to Capt Derrick Nichols for flying over 60 hours during the month of August and, Derrick, be advised you're now grounded until further notice. Capt Joe Mahoney has volunteered to be the squadron's

foreign correspondent and is now in Belgium at this moment, taking the Tactical Leadership Program. So far, we haven't received any articles - just Enroute card bills. Keep up the good work Joe!

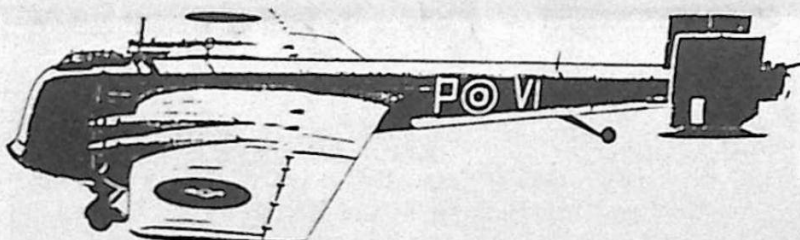


In other news, to 414's good fortune, Capt Pete Tenbruggen won't be going to Bosnia. According to the recent U.N. Resolution 24377A, anyone with nine or more consonants in their last name is automatically disqualified for such assignments.

Last, but not least, 414 would like to thank all the crud teams for their evident sportsmanship in the face of overwhelming skill and ability.

Stay tuned for the squadron's Adventure Training stories and more!

Totis Viribus.



Trivia Eh?

HUMBLY-PUDGE GALLIOLI HEAVYISH BOMBER: Lewis gun blazing, flour bags cascading down, the pachydermic Gallipoli terrorized practice target ranges across the empire from 1933 to 1939. Four Varley "Panjandrum" motors screwed her up to a cruising altitude several feet over the legal minimum of the day. Relatively few were built, but more than enough Gallipolis were delivered to the RAF, which handed them over to the Royal Indian Air Force, which handed them over to the Royal Malayan Air Force, which promptly found itself plagued by wholesale desertions of its flying personnel. The Gallipoli's moment of glory came and lightning-like, vanished during the surprise Japanese invasion of Singapore in early 1942. Hordes of Nips swarmed toward the RAF aerodrome; out went the call, "Warm up the Gallipolis!" And, indeed, 36 of the breed might have risen to meet the foe had not their special boarding ladders turned up missing. The sobriquet "Sitting Duck" has clung to the Gallipoli ever since - an unjust cut in view of this perfectly harmless old war horse's clearly worthwhile intentions. The last survivor serves today as a chicken house - albeit an impressive one - for the Maharani of Gunjipor. It crash landed on her lawn in 1944, but the RAF, despite numerous reminders, simply keeps forgetting to come round and pick it up.



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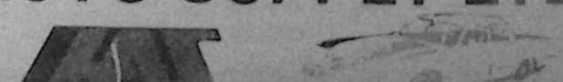
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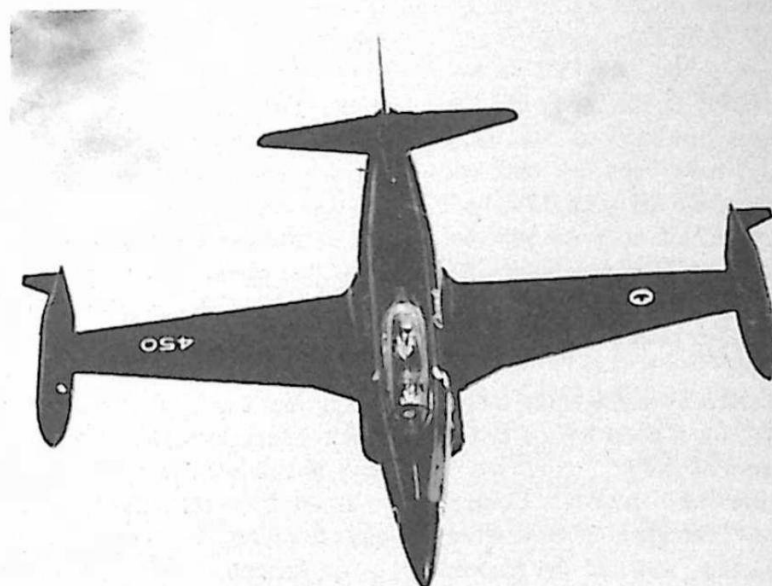


339-3333

The T-Bird

Jack of All Trades

414 Sqn's T-33



by Susan Davis

The T-33 Silver Star jet, also known as the T-Bird, is truly an aircraft of many colours and many capabilities. "With an endurance of more than two hours and an ability to carry a wide variety of equipment, it is a useful, general utility training aircraft - a Jack of all trades," says Capt Jeff Manney, an electronic warfare officer (EWO) with flying time on the T-33.

The T-Bird has a long and celebrated history with the Canadian Forces, having entered into service in 1952. Now, more than 43 years later it is still going strong and, incidentally, very fast. T-Birds can travel in excess of 900 km/hr, but when they are "roosting," you can find 14 of the fleet's 39 T-Birds on the east coast as part of Fighter Group's 434 Combat Support Sqn.

"The T-Bird's primary role is electronic warfare. We fly training profiles with the CF18's and using jamming, chaff and complex flying tactics we try to create a cluttered and confused environment for the CF18 pilots," says Manney. Always in demand, the aircraft and crews are also often called upon to take their training expertise across the border to participate in US exercises.

The T-Bird also plays a role in target practice for the Canadian Navy. Towing a make-shift styrofoam target 12,000 feet behind it, the aircraft flies in and about naval ships, confident in the gunner's aim. Although a Fighter Group asset, the T-Bird, like the Aurora and Sea King aircraft, has a strong maritime flavour and works closely with the navy in a relationship which has mutual benefits for both parties.

"We get the flying time and an opportunity to hone our skills, while the navy is given a cost-effective method for testing and evaluating both their equipment and personnel," says Capt Pete MacKinnon, a pilot with six years experience flying the T-Bird.

T-Bird's are also used to test and calibrate radar and communication equipment at a variety of sites in Canada and on ships at sea. This tweaking and fine-tuning of ships' and land-based radars is a perfect example of the cooperative efforts that take place daily between the different elements of the Canadian Forces.

MacKinnon, a former Sea King pilot, is grateful that he has had the opportunity to fly both types of aircraft but has no real preference. "You really can't compare the two. They are completely different - but I don't miss the long sea tours. With the T-

Bird, most missions bring me back home at the end of the day."

T-Birds also provide support to the army in training forward air controllers (FAC), who are responsible for helping the pilot identify targets on the ground. As in fighter exercises, the T-Bird is used because it is a cost-effective means for accomplishing the training objective.

Unlike the Aurora which typically flies with a tightly-knit crew of 10, the T-Bird is a snug fit for two people. According to MacKinnon, there is a different crew concept in the T-Bird because the pilot often flies either alone or with various crew members. "In the case of fighter exercises, we fly with an EWO, other times I may have an air weapons technician in the back, a student pilot someone doing a proficiency check. But when we are in the air, we work together."

Safety is always a primary concern for anyone who spends considerable portions of time above terra firma. MacKinnon explains some of the hazards. "One of the major dangers faced by a T-Bird pilot is impact with the ground or water while attention is channelled on the mission at hand."

"Another danger is flying head to head with a CF18 separated by as little as 1,000 feet, while jamming his radar and communications at closing speeds

approaching 800 km/hr," adds Manney.

However, despite the fact that T-Birds often fly in tight formation, as close as eight feet from tip to tip, act as target practice for the navy, and travel at high speeds and low altitude, one of the more surprising dangers involves bird strikes.

"Even a relatively small bird can cause serious damage when it impacts an aircraft moving at high speed," says MacKinnon. "And the birds don't hear us because the sound of the aircraft trails behind," adds MacKinnon, who always keeps a sharp look out for not only birds but any other air traffic.

MacKinnon is obviously not the only one playing it safe. "The T-Bird has an excellent record with an accident rate of 0.65 per 10,000 flying hours, says Maj Brian Salmon, Fighter Group flight safety officer. But playing it safe can still be lots of fun, particularly when you hit zero gravity or experience G's between -3 and 7.

Officially adopted by the city of Halifax in 1943, but with roots scattered across the globe, 434 Sqn and its fleet of 14 T-Birds and 11 Challengers is now in the process of re-roosting once again from 12 Wing Shearwater, which it has called home since 1992, to 14 Wing Greenwood, N.S.

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Battle of Britain: 55 years on

Text of Address by Duke Warren, 17 September, 1995 in the Heritage Air Park.

"I regret I must start this address with a disclaimer. The program shows me as a Battle of Britain Pilot which I was not. I did fly Spitfires in combat during the war, but so did Stocky Edwards, Irish Ireland, Tet Walston, and John Pomietlarz, all as equally qualified as I to speak about the Battle of Britain. But I am honoured that I have been asked to give this address today.

On this 17th of September Remembrance Services are being held in Britain and many other locations to commemorate the 55th anniversary of the Battle of Britain. To fully appreciate the significance of that historic event one must stop and imagine how different the world might be today had the battle been lost by the Allies. Hitler's plan for domination over all of Europe would have been realized and democracy, as we understand it, would not exist wherever the swastika waved.

At the time of the battle, I had just turned 18 and was waiting to join the Royal Canadian Air Force. News of the battle was broadcast each day on the radio and followed with intense interest. On 1 July '40 Winston Churchill said in the House of Commons "The Battle of France is over, the Battle of Britain is about to begin." He went on to say that Hitler must defeat England or lose the war, and he was correct. He ended by saying that the struggle would be such that men in future would say "This was their finest hour." Churchill's next famous speech was to the men of the Royal Air Force Fighter Command on 20th August 1940 "Never in the field of human conflict was so much owed by so many to so few" rang around the free world. You may wonder why I have brought in these quotations of Churchill. It

is because at a recent AFIS course when I was talking with some of the young officers I found most had no knowledge of these historical words. They are part of our history as Canadians, and even more so as professional military men. Incidentally, Canada was Britain's principal ally at this time.

Although "the few" are most often thought of as the pilots of the Hurricanes and Spitfires engaged in combat, the supporting staff of ground crew, both men and women, must not be forgotten for they were equally important to the fighting of the battle. Mechanics, fighter controllers, radar operators, firefighters, WAAF plotters in the Ops rooms were vital to the success of the battle. All played essential parts in the struggle. In our audience today we have a lady who served as a nurse in a hospital at Greenwich during the battle, Bert Linder, Sgt-at-Arms for the RCAFA Flight on parade here today, was servicing aircraft during this time.

There have been many statistics quoted re the battle and the following are, in my opinion, the most accurate. On the RAF side, there were 67 squadrons, two flights, and two Fleet Air Arm squadrons for a total of 71 units involved with 2925 aircrew. About 1000 were Canadians. One squadron of the RCAFA is included in this total. German figures are not complete but records indicate they lost 1887 aircraft destroyed for 1335 lost by the British. These figures are for the official period of the battle, 10th July 1940 till 31st October. In total numbers of aircraft the Luftwaffe had approximately 3000 from Brittany to Norway.

Losses of aircrew show a big difference, the RAF had 497 pilots killed in action, and a further 47 in accidents. The Luftwaffe lost 2662 aircrew, of whom 551 were fighter pilots. Bomber crews accounted for the others

and when a bomber was destroyed several aircrew were lost.

But the figures are meaningful when units are examined closely. For example, 145 Squadron had 10 pilots KIA and lost 12 aircraft in five days; 603 Squadron lost 12 pilots and 16 aircraft in nine days; 253 Squadron lost nine pilots and 13 aircraft in seven days, and many other squadrons suffered the same fate.

As a point of interest, of those pilots taking part in the Battle of Britain, 791 of them were killed in action later in the war. Small wonder there are so few of them today - 55 years later. But, by chance, when researching the Luftwaffe side of the battle, I found that Arnie Leiter, of 888 Wing RCAFA, trained a surviving Luftwaffe pilot to fly F86 Sabre aircraft in 1957.

I arrived in England in early '42. My Flight Commander at a Spitfire OTU was Bob Doe - who is the highest scoring Battle of Britain pilot still alive. "Johnny" Johnson, who I met later, is the highest scoring overall ace, although in the battle did not score as many as Bob Doe. Postwar, I met Bader, our Canadians Turner and Christmas, and others, of all nationalities who had taken part in that epic conflict. These were all very young men at the time of the battle, indeed, very few taking part were over 25 years old. If I were to describe a common link between them it would be their high-spirited aggressive attitude to engage the enemy.

The Sunday closest to 15th September is the day chosen to be the time to remember and give thanks for the victory in the Battle of Britain. On this Sunday, the 17th of September, the 55th anniversary of the battle, let us remember the young men, and their supporting personnel, who served so bravely when the fate of the world hung in the balance."

The Duke

Photo Luc Champagne



Duke Warren DFC, veteran of Dieppe, WWII and Korea, addressed the 55th anniversary parade commemorating the Battle of Britain.

Stoicism

Photo Luc Champagne



Members of 386 Sqn Royal Canadian Air Cadets and Sqn CO Capt Simonson, stood stoically during ceremonies.

Our Future remembers the Past

Photo Luc Champagne



Sergeant air cadet, with alert LAC cadet, places wreath on behalf of 386 Sqn RCAC.

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Pilot Officer Prune & "Tee Emm" - A History -

by Tet Walston

Early in 1941, some very bright person in Air Ministry in London came up with an idea for producing educational and instructive material for the edification and possible salvation of aircrews.

He, Anthony Armstrong Willis, already a well-known author of articles in "Punch" sold A.M. the method of using humour for this type of publication. Knowing that anything which smacked of official notices, this approach, probably the first in the history of education, was embodied in the monthly magazine called "TEE EMM," short for Training Memoranda.

In time, TEE EMM issues were awaited eagerly by aircrews and, since the number of copies were limited, there was always a mad rush to grab one!

Pilot Officer Prune was introduced in the very first issue, April 1941, and was just a character who somehow was less than perfect. As time went on, he was shown being supremely stupid and was, at one time, subject to a Court Martial.

Apart from the various instructional articles, there was an article giving details of the month's award of The Highly Derogatory Order of the Irremovable Finger concerning an outstanding aircrew boob or two, an example of which follows:



Tet Walston Feb. 1945

This month's Prunery (Patron: Pilot Officer Prune) is this month awarded to P/O - for



Pilot Officer Prune

the Soft Answer that unfortunately didn't Turn Away Wrath.

He indulged in a terrific beat-up of "A" Flight Office, just skimming the roof on three occasions. Being reproved later by the Flight Commander, who said angrily: "But didn't you see me waving my cap?" he replied: "Why, no, sir. I couldn't; I was flying on instruments at the time!"

The Order is also awarded to Group Captain - for Navigation Repeat Navigation.

On arrival at a Station, flying his own Moth, he was very guarded in all remarks to the Duty Officer and others, merely asking the way to the Mess. On arrival at the Mess he was still remarkably silent till, on some pretext, he managed to get a glimpse of DROs. He then became quite fluent and conversational - having at last found out at what Station he had put down!

Another section was titled "Good Show, Chaps" which told of outstanding acts of aircrews. In one report, a Hudson crew had lost the hydraulic fluid due to flak, but used the remains of the coffee in their flasks to top up the system, and thus enable the wheels to be pumped down.

A later report covered a similar action taken by a Wellington crew. They, however, had drunk their coffee, so they urinated in a flask and repeated the example learned from "TEE EMM."

Even later, another article pointed out that others had followed these procedures, but pointed out "That coffee could ALSO be used."

This brief look at "TEE EMM" may arouse the memories of

1942

TEE EMM

DON'T FORGET YOUR MAE WEST, SHE HASN'T FORGOTTEN YOU!

The following letter from Miss Mae West has reached TEE EMM. Miss West saw a paragraph in a Los Angeles paper suggesting that the name "Mae West" for the R.A.F. life-saving jacket might soon get into the dictionary.



Brent Productions
A Mae West

DEAR BOYS OF THE R.A.F.,

I have just seen that the R.A.F. flyers have a life-saving jacket they call a "Mae West," because it bulges in all the "right places." Well, I consider it a swell honour to have such great guys wrapped up in you, know what I mean?

Yes, it's kind of a nice thought to be flying all over with brave men... even if I'm only there by



THE Mae West.

proxy in the form of a life-saving jacket, or a life-saving jacket in my form.

I always thought that the best way to hold a man was in your arms—but I guess when you're up in the air a plane is safer. You've got to keep everything under control.

Yeah, the jacket idea is all right, and I can't imagine anything better than to bring you boys of the R.A.F. soft and happy landings. But what I'd like to know about that life-saving jacket is—has it got dangerous curves and soft shapely shoulders?

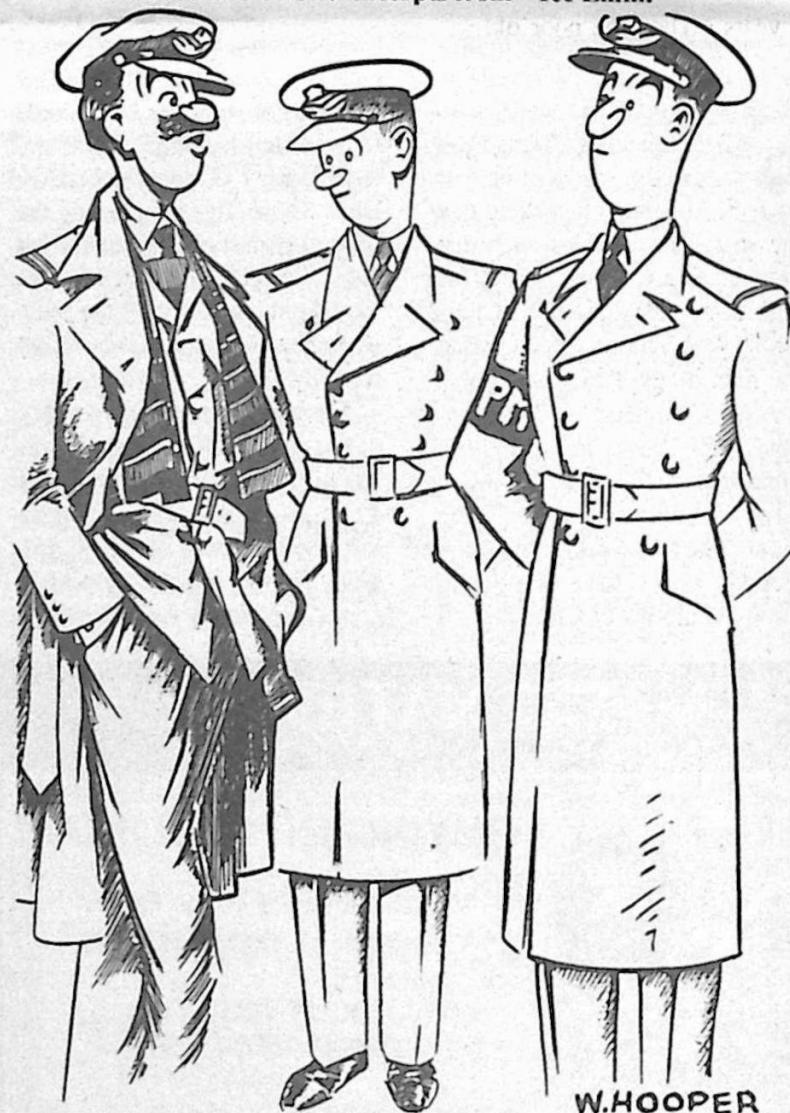
You've heard of Helen of Troy, the dame with the face that launched a thousand ships... why not a shape that will stop thousands of tanks?

If I do get in the dictionary—where you say you want to put me—how will they describe me? As a warm and clinging life-saving garment worn by aviators? Or an aviator's jacket that supplies the woman's touch while the boys are flying around nights? How would you describe me, boys?

I've been in *Who's Who*, and I know what's what, but it'll be the first time I ever made the dictionary.

Sin-sationally,

Above and below: excerpts from "Tee Emm."



W. HOOPER

"But you fellows don't understand. I'm air crew."

The burial took place in a village churchyard and, after the ceremony, our friend walked alone among the many grave-stones reading their inscriptions out of curiosity. One family grave attracted his attention and he could scarcely believe his eyes. The great headstone listed a long line of a family bearing the name of Prune. The first, a Sir Reginald, met his death encountering an English arrow at the Battle of Crecy. The last, believe it or not, was Percival, late Pilot Officer RAF, aged 81. Appar-

"We Buried the Book with 'im."

(The following article, by D.W. Sturgeon, is from "Intercom" the magazine of the Aircrew Association.)

Very recently, while on a weekend break, I met an old RAF friend by chance in a pub. Not having seen each other for many years we had much to discuss. Naturally, it mainly concerned old times in the service, but the conversation switched to the coming swinging cuts in the RAF before the end of the century. Apparently we had both heard a talk given by a serving member which outlined the details. In particular, we referred to the proposed abolition of the Pilot Officer Rank.

My friend, who shall remain nameless, told a curious story which I pass on for such as it is worth. It concerns a mutual friend of our service days who now lives in the "Bundu" north of Watford. Attending the recent funeral of a close relative he had an odd experience.

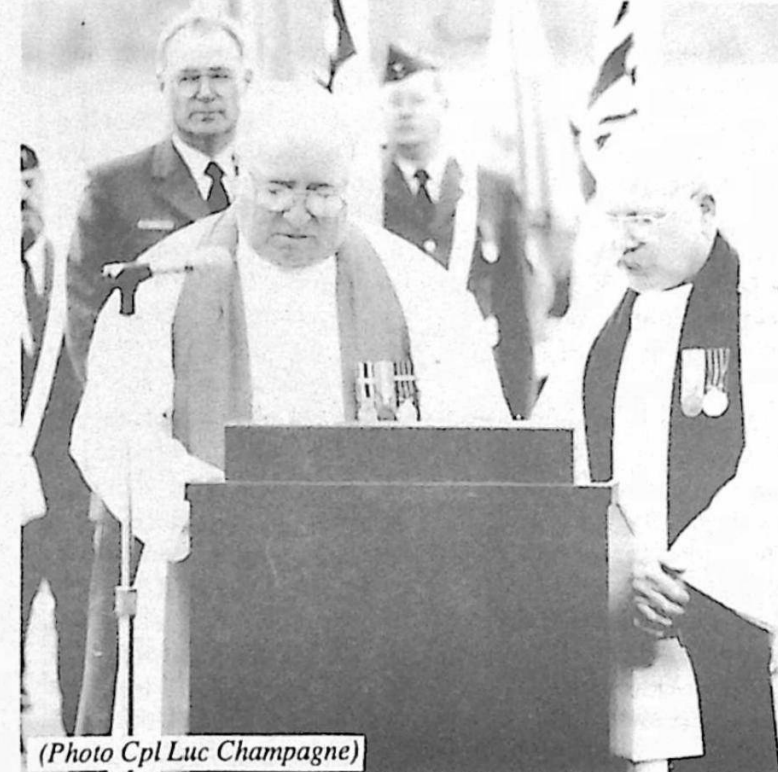
WWII chaps, but for any reader further study could be made by permission of the Comox Air Museum staff, since two facsimile volumes of "TEE EMM" are in the Rowe Library.

When one studies the career of Prune, it has always been pointed out that one must remember that he was a Pilot - and an Officer!

P/O Prune, drawn by Hooper, has been the subject of several books, and the article from "Intercom" is typical of what we, of Prune's vintage, would have thought could happen when the Royal Air Force abolished the rank of Pilot Officer.

More Remembrance Day pictures

Devine Presentation



(Photo Cpl Luc Champagne)

Father Veilleux and Padre Massey conducted the Service of Remembrance.

"Oh, what happened to him?" our friend asked.

"Don't rightly know 'cos he lived alone in that great 'ouse, liked 'is booze, I gather."

"So he drank himself to death?"

"Oh no, it were shock. Prided 'imself on bein' the senior PO in the RAF - whatever that means. Then 'e read that there ain't going' to be any more of 'em. It were too much for the old boy. The doctor said 'e did mumble a few last words. Somethin' about being made redundant after all these years. Then the poor old sod upped and went 'is way."

The sexton spat and lit his pipe to add, with a shake of his head, "Pity, Master P were the last of 'is line. Never married and spent all 'is time readin' a book called TEE EM (Technical Memorandums)."

"Just the one? queried a friend.

"No, 'e'd bound a lot of 'em into one big one, like. It were 'is pride an' joy. Sad really, 'cos there weren't a soul came to see 'im off, 'cept me and the doc. So we buried the book with 'im."

Colour Guard



(Photo Cpl Luc Champagne)

Flag Party carried the emblems of CF and veterans organizations.

What some important people are saying about BC Savings Bonds and B.C.

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GETTING FIT
THE CF WAY

Active living means including all sorts of simple activities in your daily routine. Like walking to the corner store instead of taking the car. Climbing stairs instead of taking elevators. And doing active chores around home.

These things all add up, and contribute to better health. However, to improve your physical fitness, you've got to do a little more. Your activities have to be more vigorous. You've got to push yourself a bit.

Yet it's more than worth the effort. With adequate fitness you'll complete your daily tasks more easily and have a reserve to meet extra demands and deal with emergencies. This is particularly important for CF members who may be deployed on short notice to distant locations involving difficult environmental conditions. A good level of physical fitness is essential to meet the stress of these situations.

If physical fitness is on your agenda, consider the following tips to help you start and stay with your program.

• **Establish a routine.** Look for CF programs that suit your schedule. Morning, afternoon, or evening, it really doesn't matter. The best time of day is the time that's just right for you.

• **Don't rush.** Set aside enough time so you don't have to hurry. If you're exercising during a break at work, try for some flexibility in your schedule so you can complete your session without rushing. When you're finished, you should feel relaxed and refreshed.

• **Avoid boredom.** Routines are good, but when you get into a rut it's time for a change. The *EXPRESS Programme Guides* cover nine aerobic activities as well as strength and muscular endurance. Look to them for variety and talk to a PERI whenever you feel you need some help with your program.

• **Be patient.** Don't rush or force improvement. Fitness — like anything else that's important — is not always quick and easy. Push too hard and the body rebels. Treat it sensibly and with respect and it will perform remarkably well.

You should also enjoy what you do. Keeping a record of your progress helps too. Cpl Richard Parr of the Air Maintenance Squadron in Cold Lake and LCol Murray Haines, from AIRMCOM Headquarters in Winnipeg, can tell us something about these things.

Cpl Parr took up Volksmarching — organized walks or marches of varying lengths — in 1984 when he was posted to CFB Baden-Soellingen. When diagnosed with skin cancer in 1985 and given five years to live, he got into the sport in earnest. Now, nine years later, his log lists well over 400 completed events.

Volksmarching takes Parr through scenic terrain with others who have similar interests. They're something to train for and look forward to.

LCol Haines enjoys his activity, too, and he keeps good track of it. A serious distance runner, Haines began keeping records in 1976 to inspire him to keep going. Inspire him it did. Seventeen years later he had run a total of 40,000 km — enough to circle the earth at the equator. What's he up to now? Last we heard, he had gone south — en route to the North Pole!

**STRENGTHENING
THE FORCES**

**NEXT DEADLINE 13 OCT.
NOON**

Officers' Mess Ladies Club

The first event of the Ladies' Club was a huge success with a good time had by all.

The wine tasted was supplied by Riverside Wines and it was all truly delicious. Riverside Wines also supplied two door prizes. The first was a lovely filled log wine basket, won by Gerrie Doyle. The second door prize, a wine tote bag, was won by Mabel Summers.

Comox Brewmasters supplied the beer tasting for the night, which was enjoyed by everyone. The Comox Brewmasters also

supplied a door prize — a \$135.00 gift certificate. This was won by Andrea Perrier, who said her husband would be pleased.

The prize winning was still not over, our 50/50 draw was won by Veronica Gelinias, and our raffle by Chris Mahoney.

Wonderful finger foods, fruits and cheeses were supplied by Simply Delicious Catering.

We would like to thank everyone who attended and look forward to seeing you all on October 18 for our annual Craft Night.

*The
Officers Mess Ladies Club
presents a
Welcoming Tea Party
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Mrs. Mary MacLean
to
Welcome all New Members
Sunday, 1 October
2:00 - 4:00 pm
Officers' Mess Lounge
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We look forward to welcoming everyone!*

Community College Network Established

The Canadian Forces Community College Network (CFCCN) was recently established to provide educational support services under the Canadian Forces Continuing Education Program (CFCEP), in replacement of Seneca College which withdrew from the program in early 1994.

The network has commenced operation and the objective of having students working at community college courses by September, 1995 is in progress. Under the direction of the Coordinator of the CFCEP at NDHQ, the network was created with 20 colleges across the country signing a Memorandum of Understanding with the Department of National Defence. Those colleges are:

- The Open Learning Agency, Vancouver (Distance Learning)
- North Island College, Comox
- Camosun College, Victoria
- University College of the Fraser Valley, Chilliwack
- Southern Alberta Institute of Technology, Calgary
- Grant MacEwan College, Edmonton
- Lakeland College, Grand Center (Cold Lake)
- Saskatchewan Institute of Applied Science and Technology, Moose Jaw
- Assiniboine College, Brandon (Shilo)
- Red River College, Winnipeg
- Fanshawe College, London (Distance Learning)
- Loyalist College, Belleville (Trenton)
- St. Lawrence College, Kingston

- ston
- Algonquin College, Ottawa/Pembroke (NDHQ/Petawawa)
- Canadore College, North Bay
- Georgian College, Barrie (Borden)
- Seneca College, Toronto
- New Brunswick Community College
- Nova Scotia Community College
- Labrador College, Happy Valley (Goose Bay).

Other colleges may also join the network in the future. Education services for francophone members will continue to be provided by Ahuntsic College (Montreal) across Canada as has been the case since 1985. A number of French-speaking colleges outside of the province of Quebec, as well as English colleges within that province, will also be invited to join the network in the future. The New Brunswick Community College and Nova Scotia Community College provide services in both languages.

Highlights of the agreement signed by those colleges include colleges recognizing credits earned at any network college, standardized assessment of military training for college credit, reduced residency requirements, and flexible schedules.

The program is open to military members, civilian employees, retired members, reserves, and the immediate family members of these groups. Those wishing to earn community college credentials will have a number of options open to them, including

courses offered on base, at the local college, distance learning opportunities and, where possible, include courses and workshops on base.

The British Columbia coordinator for this program is Mr. Daryl Spiers. He will be promoting and advertising this program, conducting briefings, providing academic counselling, and serving as a link between the base and network colleges to organize and coordinate academic activities. He can currently be contacted through the Base Personnel Selection Office at Loc 8293 or by leaving a message at Loc 8889.

REGISTER - THERE ARE NO ADDITIONAL FEES OR INITIATION COSTS FOR CFCCN BENEFITS. If you

register in a course at a network college and are part of one of the above-named groups, you should be sure to identify yourself to the Registrar's Office to have this fact noted in your record. There is no charge to register in this program. Network colleges will be adding a check box on their registration form so that individuals can indicate they are eligible for CFCCN benefits. The Open Learning Agency has added a code (B10) under their Current Occupation Code listing for this purpose.

The North Island College contact for registration is Mrs. Betty Ready, Admissions Advisor, phone 334-5305.

Please register as this will provide both the colleges and the CF with an indication of the number of individuals who are taking courses and assist in developing future benefits.

1995 Comd's Cup Slo Pitch Championships



(L-R Front Row): Cpl Chuck McClelland, Cpl Kim Fournier, Cpl Dale Warren, Cpl Jeff Clairmont, Cpl Jeff Kilpatrick, Cpl Jon Scotton, Capt Phil Garbott, Sgt Joe Gaudreau. (L-R Back Row): Cpl Dan Daoust, Cpl Claude Gagnon, Capt Rick McClure, Capt Buzz Lapalm, Cpl Vince Legace, LCol Rick Hardy, Cpl Bill Anglin, MCpl Don Jackson, MCpl John MacKenzie, Cpl Glen Bergy.

Championship Team 442 Sqn



(L-R): WCPmd Col B.B. MacLean presenting the trophy to Cpl Jon Scotton and Cpl Jeff Clairmont of 442 Sqn.

"Bossball"



Wing Commander Col B.B. MacLean throwing the first pitch to officially open the 1995 19 Wing Comd's Cup Slo Pitch Tournament.



Legion Log

BRANCH 17 COURTENAY 334-4322

REGULAR EVENTS:

BINGO.....every Thur, Fri & Sun 7:00 pm
MEAT DRAW.....every Fri 6:30 pm. Also every Sat 3:00 pm
DANCE.....every Friday night, 8:00 pm

29 September.....NORM'S COMBO
06 October.....WILD RIVER
13 October.....WYLIE & THE OTHER GUY
20 October.....WESTWIND
27 October.....ELDORADO
Don't forget we have **LINE DANCING** every Saturday night at 7:00 pm. Join us and have a great time.

EUCHRE.....every Monday night 7:00 pm
PUB DARTS.....every Tuesday night 7:30 pm
FUN CRIB.....every Wednesday night 8:00 pm
FUN DARTS.....every Thursday night 7:00 pm
SUNDAY CRIB TOURNAMENT - 22 OCT.....1:00 pm
BARGAIN DAY.....every Wednesday, all day
BBQ LUNCH SPECIALS.....every Weds & Fri 11:30 am - 1:30 pm

SPECIAL EVENTS:

FALL AUCTION - 14 October, 1:00 pm. Please bring your donations to the Branch. Proceeds go to Legion charities.
VETERANS' DINNER, Saturday 4 November. Cocktails 6:00 pm, Dinner 7:00 pm. Cost: \$5.00 per person.

MEMBERS & BONA FIDE GUESTS WELCOME

****Building is Handicapped Friendly****
BASE PERSONNEL WELCOME AT BR. 17
Office: 334-4322 Service Officer: 334-3613

BRANCH 160 COMOX 339-2022

ENTERTAINMENT:

Sept 29.....VESTED INTEREST
Oct 6.....WESTWIND
Oct 13.....HIGHWAY 19
Oct 15, Sun 2-6 pm.....WYLIE & THE OTHER GUY
Oct 20.....CONTINENTALS
Oct 27.....NORM'S COMBO

Branch 160 presents the "KARAOKE SOUND STAGE" in the Lounge from 3:00 - 7:00 pm on Saturday, 7 October.

Sun afternoon, 22 Oct: special show & dance featuring LINDA JONES in the Upper Hall commencing at 2:00 pm. Tickets \$15.00 per couple.

Both above events are open to all Br.160 LA members & their bonafide guests.

REGULAR EVENTS:

SUNDAYS.....Lounge Hours 12:00 Noon to 7:00 pm
MONDAYS.....LA Drop-In Bingo, Upper Hall, 7:00 pm
WEDNESDAYS.....Navy League Drop-In Bingo, 7:00 pm
THURSDAYS.....*1st Br.160 Exec. Mtg. Upper Hall, 7:30 pm
*1st L.A. Executive Meeting (as required) 7:30 pm
*2nd L.A. General Meeting, Upper Hall, 8:00 pm
*3rd Branch 160 General Meeting, Upper Hall, 8:00 pm
FRIDAYS.....TGIF, Meat Draws in Lounge, 3:00 - 6:00 pm
Dance (normally downstairs unless advised)
SATURDAYS.....Meat Draws in Lounge, 3:00 - 6:00 pm
Hall Rentals or requests for Special Functions: Please contact Ken Seymour in office, Mon - Fri, at 339-2022.

Comox Legion Branch 160 Annual Veterans' Dinner

Branch Upper Hall - Saturday 14 October
No host bar 6:00 - 7:00 pm. Dinner 7:00 pm.

Admission free

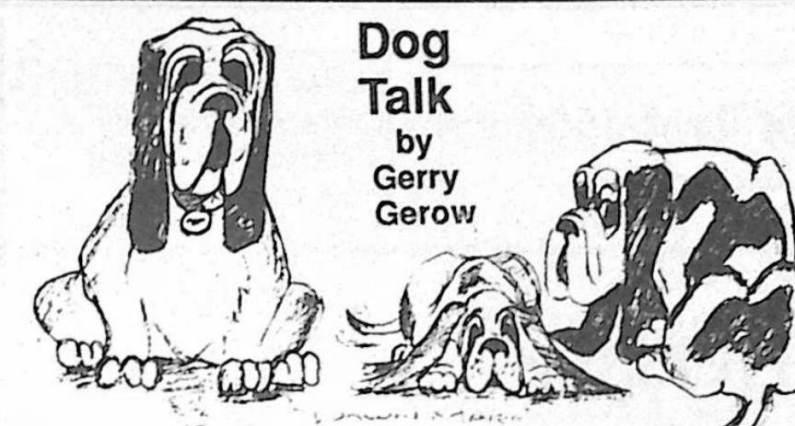
Call 339-2112 to have your name placed on the attendance list.

**Bored with Barracks?
Nothing on the Tube?**

Paperback Book Sale (Mostly for men)

35 cents each, 3 for a dollar

**Come in when we're open
at the Totem Times**



**Dog
Talk
by
Gerry
Gerow**

In my last two columns I talked a little about sporting dogs and herding dogs. Now we discuss a third grouping of dogs.

Group four in both the Canadian and American kennel clubs' listings is comprised of the breeds known commonly as terriers. These little dogs were bred and developed to hunt vermin, such as rats. Generally, they are of small size to enable them to enter small holes and very fast, in order to catch the vermin once it is located.

There are some terrier breeds, however, that don't quite fit this mould. The Airedale, for example, stands around 23 inches tall at the withers. They were used by earlier sportsmen for hunting larger game such as foxes, badgers and otters. Then, also, we have the various breeds of Bull Terriers. These were used for bull baiting and dog fighting, in the days when this was considered a sporting thing to do. The

infamous Pit Bull Terrier was one such dog which was bred strictly for dog fighting. The descendants of these pit bulls today retain much of the original tenacity and, in my opinion, are one animal which, should they become extinct, would not cause the shedding of many tears.

Not all terriers are recognized by the kennel clubs. The pit bull is one of them. Another is the Jack Russell Terrier. The pit bull has been denied recognition because it offends the sense of decency in most pure bred dog lovers. The Jack Russell, however, is another matter. Jack Russell affectionados do not want it recognized because this may lead, as it has with many other breeds, to the animals being bred for show, rather than what they were intended for.

No discussion of terriers would be complete without some mention of the Jack Russells. Par-

About Terriers

son Jack Russell, Vicar of Swimbridge in Devon, England, was said to be the leading breeder and dealer in fox terriers in the 1850s. After his death, his name was linked to these tenacious little terriers, which are close relatives of the fox terriers.

Parson Russell and many others in those days, amused themselves by going ratting with their terriers. They even held contests to see whose dog could dispatch the largest number of rats in a day. They also used these little terriers to flush larger vermin, such as foxes, for the hounds to chase.

Today, the sport of hunting rats with terriers is still practiced in some parts of England. However, the majority of the terrier breeds have become simply pets. Some, such as the Yorkshire and Silky Terriers have evolved into beautiful little creatures, and others have retained their traditional terrier appearance.

Watch for terriers in the dog shows. There are some really interesting varieties.



Comox District United Way

The 1995 19 Wing Comox United Way Campaign has set a goal of \$25,000 and is in its second week, with five weeks remaining. To date, eight sections have reported on their canvassing efforts; \$1,800 has been collected, or 7.2% of our goal, with 11% of the campaign completed.

Congratulations to ABATS, WSAMPO, WTELO and WATC who have surpassed their goal already with 75% of their campaign completed. Our campaign will run until 31 October but, if you wish to contribute after this date, please contact one of the United Way reps.

The Comox Valley United Way plays an important part in raising funds for non-profit community organizations in the valley. This year the Comox Valley United Way will be distributing the funds among 27 agencies. All funds raised at the Wing will be distributed locally; in this way, all our donations will be helping everyone in our community. This year approximately 12,000 Comox Valley residents will benefit directly from the donations made to the United Way.

All DND employees of the base will be approached by a designated United Way Canvasser. Everyone is encouraged to contribute either by pay deduction,

cash or cheque. Any amount, no matter how big or small, is most welcome. By giving a little you will be helping a large number of people who rely on these agencies. Even those on an attached posting or TD may make a donation.

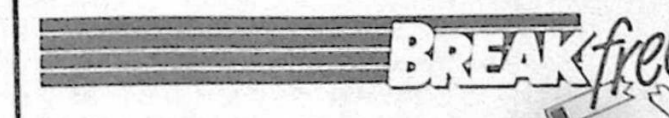
19 Wing Comox is a significant contributor to the Comox Valley United Way. Remember, the contributions you make have an enormous effect on those who live in the Comox Valley. Together, we can accomplish our goal.

The various unit/section reps have and will continue to canvass all individuals. If you think you have been missed by a canvasser, or require more information, please contact the Wing Coordinator: Capt N. Potvin, local 8119. This is our opportunity to help the Comox Valley community.

Reminder to canvassers: please submit your weekly progress reports by phone to the Wing Coordinator NLT 1400 hrs Thursday. These figures are needed to accurately update the total board, located across from the MP shack, and to reflect your unit's success to date.

**GIVE WHERE YOU
LIVE! YOU MAKE IT
HAPPEN!**

TOBACCO IS A DRUG
Protect your children.



Barb's Dog Grooming

"Grooming Is My
Profession,
Happy Dogs Are My
Business"
339-0216

Just posted from Ottawa, continuing 24 years of experience.



**Going Away?
Leave your home in
good hands with
VALLEY HOME WATCH**

Home protection at it's Best
• Complete home care
interior/exterior by retired
RCMP officers
• plant/lawn care
• messages/mail forwarded
• discounts for seniors
• free estimates
BONDED and INSURED
339-6954
Serving Comox/Courtenay

For years, Pat wanted
to quit smoking...



Then he got
COLD FEET.
BRITISH COLUMBIA
LUNG ASSOCIATION
Box 34009, Station D
Vancouver, B.C. V6L 4M2
Phone: 731-5864

2 Canadian Forces Flying Training School
will be celebrating it's



50th Anniversary

Planned itinerary:

- 31 May - Meet and Greet TGIF
- 1 June - Open House and Banquet
- 2 June - Ceremonial Parade

Contact Marlene Mould at 1-306-694-2242
15 Wing Moose Jaw, PO Box 5000
Moose Jaw, Sask., S6H 7Z8

Call us for info regarding service air

Are you retired or about to retire from

- the Federal Public Service
- the Canadian Forces, or
- the RCMP

If so, it is to your advantage to join the

FSNA

(Federal Superannuates National Association)
FSNA is the established and recognized voice for all superannuates of the federal government. In joining the Association, you will assist yourself and your fellow members in protecting, maintaining, and enhancing your superannuate pensions, medical plans, survivor benefits, or other matters which may affect your retirement rights and benefits. As a member, you are also entitled to significant consumer benefits. Recreational, social, and educational activities are also important advantages of membership. Please note: Associate memberships for future superannuates are available at any time prior to retirement.

For info: Velda Hoggan 338-7587 Mrs. Les Hasiuk 287-3984

Stress affects us all;
some people just
cope with it better
than others.



Has **CANEX** got a deal for you!

On high-ticket items (Computers, TVs, VCRs,
CD Players, Video Cameras, Furniture, etc.)

You pay PST & GST up front, and \$100.00 per month or less on the balance, for 12 months at NO INTEREST!

New Pet Penalties for PMQs

The following are the approved fines for Wallace Gardens Community. Fines shall be paid to the Animal Control Officer at the time of the notice of offence, or not later than 72 hours, by cheque to PMQ Association:

OFFENCE	FINE
1. Failure to obtain an animal licence.....	\$25.00
2. Failure to ensure that a collar and tag are worn when an animal is off the premises of the owner.....	\$25.00
3. Permitting an animal to run at large.....	\$30.00
4. Failing to confine and house a female animal in heat or failing to notify the ACO of a pregnant female pet.....	\$25.00
5. Permitting a dog to bark, howl or in any manner disturb the quiet of any person.....	\$25.00
6. Failure to immediately remove an animal's defecation from public or private property.....	\$25.00
7. Permitting an animal to damage public or private property.....	\$30.00
8. Permitting an animal on school grounds, play ground or posted park land.....	\$30.00
9. Interference with Enforcement Regulations.....	\$35.00

Keep in mind that all pets must be registered by 30 Sep 95.

DRY GARBAGE PICK UP

OCTOBER 2, 1995 800 HRS - 1700 HRS

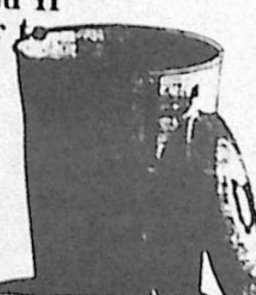
ALL ITEMS MUST BE BESIDE THE CURB AND BE CATEGORIZED INTO THE FOLLOWING GROUPS:

- Pile #1 - Household Items (NOT GARBAGE)
- Pile #2 - Metal - eg: old water tanks, pipes, engines etc.
- Pile #3 - Hazardous Waste - eg: (drained) refrigerators, batteries, tires etc.

Please ensure that all of your items are sorted. Any items not properly sorted WILL NOT be picked up. It would be appreciated if neighbors would pile their items together to reduce the number of stops for the truck.

IF YOUR ITEMS ARE LEFT BEHIND BECAUSE YOUR WARD DID NOT SORT THEM, IT WILL BE YOUR WARD'S RESPONSIBILITY TO REMOVE AND DISPOSE OF THESE ITEMS!!

FOR FURTHER INFORMATION CALL
Mrs. Linda Jeffrey at 339-8211 local 8572



COMOX MILITARY FAMILY RESOURCE CENTRE

Volunteers Needed!!!

The Comox Military Family Resource Centre is in dire need of energetic volunteers. We need people in a wide range of positions with a wide range of skills, knowledge and practical experience. It is possible to volunteer in a number of capacities. You could become a regular CMFRC volunteer in which case you would participate in the volunteer training session and, depending on your area of interest and skills, you would be eligible to fill one of the following positions;

Toy Lending Library

Basic Duties: Serving TLL members during TLL hours. We are trying to cover our current hours (Wed. 1:30-4:30 pm) and hopefully expand our hours.

Time Commitment: 2-3 hours per week or every other week.

Office Support

Basic Duties: We are looking for caring energetic individuals who are willing to answer phones, take messages, and do typing and other office duties.

Time Commitment: Variable

Deployment Support

Basic Duties: We are looking for caring, energetic individuals

NOTICE: CMFR Library closed 20 Sep - 9 Oct due to renovations & cataloguing

Highlights from the CMFRC Teen Program

This summer proved to be a successful season full of fun outdoor activities for the teens. Sailing, rock climbing, baseball, beach volleyball, outdoor basketball were some of the more memorable events. We ended the season with a slip sliding day trip on the Victoria Waterslides.

Also, a committee of teens was formed in the age group of 13-15 year olds. The committee

who are interested in working with us to continue to develop and implement our deployment programs.

Teen Dance Supervisor

Basic Duties: Occasional Dance Supervisors for Fri. night dances. Must enjoy working with teens.

Time Commitment: Fri. evenings 7 - 11 pm once or twice a month.

Teen Driver Position

Basic Duties: Open to those who have either a 404 military driving licence or a class 4 civilian driving licence. Involves driving teens to and from day trips e.g., skiing, hiking, horseback riding.

Time Commitment: Variable

Teen Gym Night Supervisor

Basic Duties: Open to those who are interested in supervising and participating in sports activities.

Time Commitment: Wed. evenings 6:30 - 8:30 pm

Teen Telephone Outreach

Basic Duties: Open to those who enjoy talking on the phone and have good communication skills. Must be

able to relay enthusiasm and motivate youth to participate in events.

Time Commitment: 1 - 2 hours per week

People who are interested in Volunteering can also give to their community by putting their name on the Spousal Assistance Resource List. This is a list of people who are willing to help out spouses when the military has been deployed or is on TD. Help may involve cutting the grass, mending a pipe, changing a tire or helping out with childcare. We need lots more volunteers for this program to keep it viable. The volunteer Training Workshop is not required for the Spousal Assistance list.

We are also looking for people to facilitate workshops. In particular arts & crafts workshops.

If you are interested in volunteering in any of the areas mentioned please give Mara a call at 339-8290.



Kinnikinnik Child Care Centre

Open 7 am - 5:30 pm

Register now for;

- **Preschool (ages 3-5 years)**
Tuesday and Thursday 12:15 - 2:45 pm
Starting October 5th
- **Daycare (ages 15 months - 5 years)**
Full-time, Part-time & Drop-In Welcome
- **Out of School Care (ages 6 - 12 years)**
Transportation provided to and from Airport Elementary
- **Childminding**
Tuesday & Thursday 9 - 11:30 am. Drop-in or monthly registrations
- **Parent and Child Play Group**
Fridays 10-11:30 am
A playgroup for children under 36 Months. Older siblings are welcome. Drop-In or monthly registration.

Upcoming Events

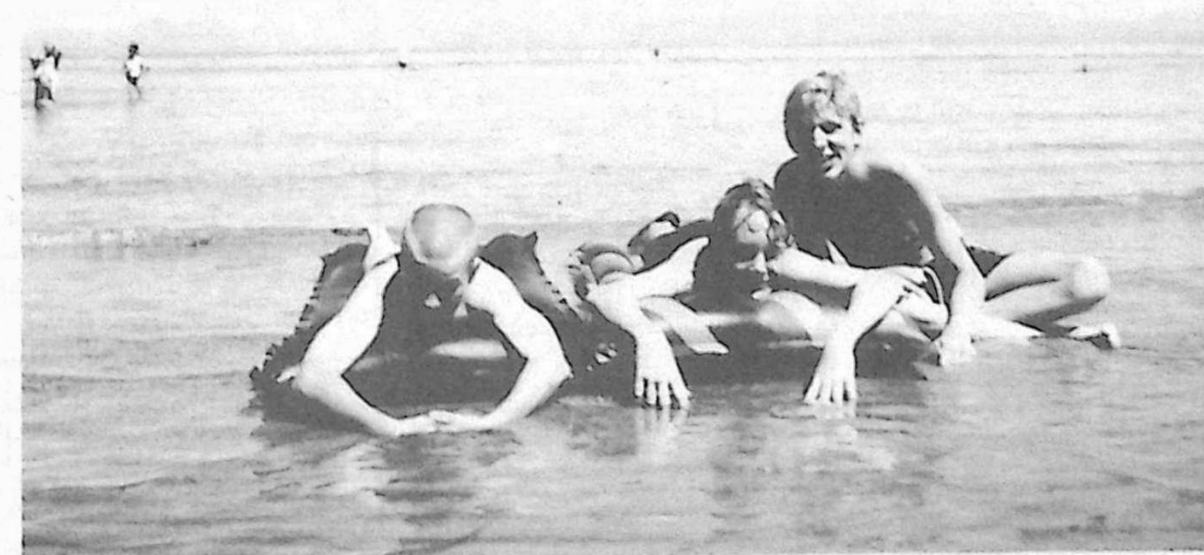
- **Butt Out** - Smoking cessation program.
Date: Mondays, from Oct. 9th - Dec. 4th
Time: 6:30 - 8:15 pm
Location: CMFRC
Registration: Call the CMFRC at 339-8290 (limited spaces call soon!)
- **Self Defence for Women**
Dates: Saturdays, October 14th, 21st, & 28th
Time: 10:00 am - 12:00 pm
Location: Aerobics room in Wing Gym
Registration: Call 339-8290 by October 10th

Youth Activities

- **Gym Nights 6:30 - 8:30pm**
Every Wednesday night at the base gym.
- **Teen Dance Saturday Sept. 30th 7 - 11pm**
Cost: \$1.00 entry fee. Leo Phillips our new teen volunteer is a disc jockey, so come out and enjoy the music at the Wallace Gardens Community Centre.
- **T - Shirts**
Are now available at the CMFRC with the "Crows" design on the back and the CMFRC logo on the front. Cost \$7 teens \$10 volunteers. Colours are ash grey and white

"Mine, Mine, - no yours!"

"Hanging out on the air mattress"



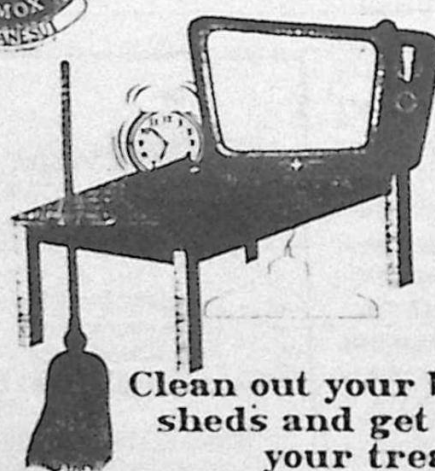
Derrick Winters, Ryan Kirby and Nick Lamothe on 17 July Miracle Beach day trip.



(R-L): Derik Jacobson, Chris McClelland, Air Force Beach Volleyball, Aug 16.



Wallace Gardens Community Council



FALL YARD SALE

Clean out your basements and sheds and get ready to sell your treasures!

SATURDAY, SEPTEMBER 30, 1995
8:00 A.M. - 2:00 P.M.

Advertising will be handled by the Community Association. Just set up your table in your driveway and peddle your wares!



Upcoming Events

- | | | |
|-----------------------------------|-----|----------------------|
| Children's Hallowe'en Party | ... | Saturday, 28 October |
| Santa Clause House to House Visit | ... | Friday, 22 December |
| Skate with Santa | ... | Sunday, 24 December |
| Boy Scouts Saturday Bottle Drives | ... | 21 October |
| | ... | 18 November |
| | ... | 16 December |
| Next Sock Hop (50s and 60s dance) | ... | Friday, 29 September |

The Internet

by Gregg Olynyk

What's all the hoopla? Have you hopped onto the Internet Bandwagon yet? Is it all just hype? The following article contains various recaps of interviews with some local Internet users but, first, here is an overview.

What is the Internet? There are many networks of computers out there, at universities, colleges, government offices, libraries, business headquarters, etc. Internet providers allow you, the client, access through their network. This creates a vast web encompassing most of the world. Other providers, such as CompuServe, have their own web linked to the Internet. The composite web is made up of all sorts of computers such as MAC, IBM, UNIX machines, etc., allowing cross-platform communication.

Now, let's discuss the history of the Net. (History? Keep it short!) The Cold War in the late sixties created the "need" for a decentralized communication system. They were afraid that if we were the victims of a "First Strike," the communication centres would be targets and communications would fail. We could not retaliate even if we wanted to; morbid beginnings.

The system was developed as a "fishnet-like" network of computers where no one link would be crucial and information packets would be able to find their own way to their destination. Initially, the Net only involved a handful of universities and federal offices. Access was limited and its use was difficult as well. The information sharing was found to be so useful that more and more universities came on-line, along with various agencies. UNIX is the main operating system used for the Internet. It looks similar to DOS yet is more powerful and is a true multi-tasking operating system.

Internet has become accessible to everyone and the user gets to use friendly Graphical-User-Interface (GUI) based software to connect, search and E-mail anyone they wish.

Why would anyone use the

Net? It is faster than regular mail, it's free to mail as much as you want and addressing an E-mail (electronic mail) is usually very easy. You can send electronic mail to any person or company that has an E-mail address. You can join message bases to join discussions or ask questions on specific topics such as fishing, model airplanes, etc. Whatever you are interested in, the chances are high that you can link up to others with similar interests. My brother-in-law asked a question on an obscure piece of software, not only did he get an answer, but the guy (from Texas) sent him a book on the subject for free!

Another user has an Atari computer he had not been able to sell locally for some time. One day after posting it on the Internet he had dozens of interested buyers! He got the price he wanted, including shipping, paid by a fellow in Idaho. The global market is here!

Some advantages to going on-line are the ease of acquiring current information, meeting people of similar interests and possibly getting married! Yep, even one of our staff met someone on-line and eventually married.

SFU, like most universities, had an address or "Home Page." You can access the library, register or courses and check out the school calendar and course outlines. You can even view a campus layout map. All sorts of useful information and communication channels are brought to you via the World Wide Web.

There are some downsides to the Internet. When you do a search for a topic, file, company or whatever, it can be frustrating at times. It seems that you need to know where something is, to be able to find it! Search software, such as Netscape, is making things easier. Like any media, there are things on the Net considered undesirable by some. Policing the Internet is a hot and controversial topic right now. Scam artists tend to flock to any media they can, so just be careful out there...

Where to get linked? The Comox Valley seems to be one of the most connected areas around. There are dozens of Bulletin Board Services (BBS's) in town. These services are mostly free, allowing you to play on-line games, get shareware programs, chat on various message bases from local to Canada-wide discussion groups. Some even allow you to send Internet E-mail. There are two local full service Internet providers in the valley; Island Internet and Irenyx. Other services, such as CompuServe have a local phone number to eliminate the toll costs.

The following are some Internet user profiles/interviews:

A new computer user

With my subscription in January, I got a book of terminology and a directory of where to get software. The installation and setup was difficult. I had to download the interface software, but I told them, I don't know how to use my modem! I wanted someone to come over, install the software and set it up... at the time, this was not made available. I had the service for three months before my daughter and I got it going. Initially I had to learn UNIX commands to get information, then I got Netscape and will never go back! Netscape now comes with most Internet registrations. When I used Archie to search, I found I had to be very precise or I got too many "hits" to make it worth-while. If I was too specific, I didn't get any hits! I used PINE for E-mailing and found it very difficult, I still cannot get it to work. Pegasus is Windows-based and more friendly for E-mail. So far, I have just snooped around, looking up info on dinosaurs, pictures, etc. from various museums. My daughter uses the Internet for work. She looks up manufacturers to get information on new products and games, technical information as well as technical support.

A computer science grad

PINE is rated one of the best

for sending E-mail; for ease of use in UNIX text mode. I studied UNIX and programming at North Island College. It is faster surfing using commands in UNIX, although I, too, use Netscape on a lazy day. I now know what goes on behind the scenes when using the graphical searchers. UNIX allows me to get stuff from two sites at the same time; using Unix's multi-tasking capabilities. I use the Net for school projects, such as for current HIV research. You can join conferences on the Net on any topic you can imagine. I have used the Net for C-programming tips, answers to difficult questions, utilities for UNIX, DOS, Windows, OS/2, shareware games, info on hard drives, and for fun. The downside of the Internet: so many people getting on-line, at times things bottleneck; with lots of FTPing going on the system slows down. At times you can't even get through when the lines are so busy.

A MAC and IBM user
I had a demo of surfing, using UNIX. It reminded me a lot of using DOS commands. Other MAC users without DOS experience were totally turned off by the complexity of UNIX commands and syntax. Another demo we had later, using Netscape on a slip connection, went very well and all the MAC users sighed with relief; it was very friendly! My MAC installation of Internet was more difficult than my IBM install! You must have a TCP connection package first. Installs will get easier with time. Providers do offer on-site installation if you desire. I recommend it!

The future?

Where is the Internet heading? The pace of change on the Net is amazing. The number of users, file transfers and home pages has



Greg

grown exponentially since the web became more user-friendly. All the media hype about the Internet hasn't hurt either. The attitude of "get on-line or be left out" seems to prevail. Business usage is booming, about half of the companies using the Internet commercially have started within the last two months! Small businesses all of a sudden have low cost global exposure. A small book store on the east coast is now doing half their sales on the Net, filling large orders from remote communities in countries all over the world. The global economy will grow to affect everyone. Business practices will never be the same.

In the near future you may be able to connect to movie providers on-line through your existing cable. Watch what you want, when you want, and pay by digital cash. Use your PC as a live video phone, tele-conferencing, shopping, virtual reality shopping (see how you would look with that new suit). Only time will tell as to future uses and abuses so far now just hold on, hang ten, and happy surfing!

Editor's note: On-Deck is now in the teaching business big time - two classrooms, one lab, 18 training station points, 24 lab stations. Call Greg at 338-HELP (4357). They're presently running a kids' computer camp.



Support the
United Way!

Public & Personal Announcements

Take Off Pounds Sensibly

TOPS #BC3454, Lazo, meets every Wednesday at the Base Rec. Centre at 6:30 p.m. For information call Wendy at 339-9851 or Elaine at 338-1200.

Avis

Groupe de soutien pour familles francophones centrées sur l'étude de la parole de Dieu. Rencontre tous les mercredis de 1900 - 2030. Pour information contacter Jacques ou Sylvie Fortin 339-6377.

Dependant Use of Base Gym Facilities

All dependants using the Base Gym facilities must produce their Dependants Pass in order to enter the gym. Dependants under the age of 12 must remain in the company of their guardian.

Comox Valley Ski Club Annual Meet & Greet

Thursday, 19 October
1900 hours (7:00 pm)
Glacier Greens Social Centre (Base Golf Club), located off Knight Road.
Everyone welcome!

Squash Court

Bookings available from 0730-2100 hrs daily
Mon-Fri
1100-1300 military and DND employees only
1600-2100 casual use
Sat
1300-1700 casual use
Sun
1300-2100 casual use
All squash court bookings will be done 24 hrs in advance only.
Phone Loc 8782
After 1600, Loc 8315

Swimming Pool Closure

Construction of the long awaited pool roof began 5 September, with completion expected by March 96.
During the construction period, military members may obtain swim passes for the Comox Valley Sports Centre through the gymnasium. Passes will be limited in number and will be distributed on a weekly basis.
Queries, questions, updates may be obtained by contacting the PE&R staff at loc 8315 or 8781.

Inter-Section Curling Meeting

When: Monday, 2 October
1000 hours
Where: Rec Centre
Conference Room
OPI: MCpl Johnson, Loc 8724

Gym Hours

Mon-Fri: 0600 - 2100 hrs.
Sat: 1300 - 1700 hrs.
Sun: 1300 - 2100 hrs.
Mon-Fri
1100-1300 military and DND employees only
Sat
1300-1700 casual use
Sun
1300-2100 casual use

Aerobics

Co-Ed Aerobics are available at the Base Gym aerobic room Mon thru Fri 1130-1215 hrs. For further info contact Karen at local 8442.

WANTED Dance Instructor

Ballroom and/or Western Line Dancing 888 (Komox) Wing RCAFA. Ph. Alan Fell 339-0585.

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Quiltessence design, as seen in Quilters Newsletter. Size: 8 ft x 36" open, 8 ft x 18" closed. Can be easily disassembled for storage. Excellent value at \$300.00. Phone 339-3486 for further info.

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Week ending 30 September

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3. The Seventh Gate ...	Weis & Hickman
4. The Hidden City ...	Eddings
5. Couplehood ...	Reiser
6. Tallos ...	Rice
7. Better Than Sex ...	Thompson
8. Son of the Circus ...	Irving
9. Sins of the Wolf ...	Perry
10. Deep Blue Good-by ...	MacDonald

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Canadian Forces Photographic Contest - 1995

The Canadian Forces (CF) National Photographic Contest will be held in Ottawa from 25 to 26 Oct 95 and will be displayed on the concourse at NDHQ, 101 Colonel By Drive, from 30 Oct - 3 Nov 95.

Eligibility:
Entries may be submitted by:
a) members of the CF Regular Force;

b) members of the CF Reserve Force;

c) members of other nations who are attached to or on exchange duty with the CF, excluding those personnel of other nations who are under formal training;

d) civilians employed by DND;

e) dependents of those members listed in subparagraphs a, b and c;

f) members of the Sea Cadets, Army Cadets and Air Cadets; and

g) retired CF military members.

Entry requirements are as follows:

a) an exhibitor is permitted to submit a maximum of six entries

in the contest;
b) developing and printing may be done by a photo finisher or by the entrant;
c) retouching is permitted on prints;

d) no artwork, composite pictures, multiple printing or montages are allowed unless in the special effects category;
e) cropping is permissible.

Subject Categories
The contest comprises six categories, namely:

a) **military life** - photographs depicting military personnel in uniform, the military community or military equipment. Entries in this category must be shot in a military environment. Set-ups are acceptable as long as they are clearly done in a military setting. Studio set-ups are not acceptable in this category;

b) **portrait** - a photograph of a person or group of people;

c) **sports** - military or civilian sports events;

d) **special effects** - multiple printing, composite pictures, montages, special filters, manipulated digital imagery and hand-coloured B&W prints.

888 (KOMOX) WING RCAFA

CALENDAR OF EVENTS - 1995

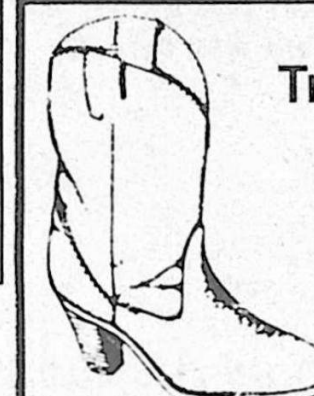
Sat 30 Sep	Gourmet Dinner & Music Man	1900 hours
Sat 07 Oct	Game	2000 hours
Sat 14 Oct	Pot Luck supper	1830 hours
Sat 28 Oct	Oktoberfest & Norm's Combo	1900 hours

HOURS OF OPERATION:

Wednesday 1300 - 1800 hrs
Thursday, Friday & Saturday 1200 - 0100 hrs
Sunday 1300 - 1900 hrs

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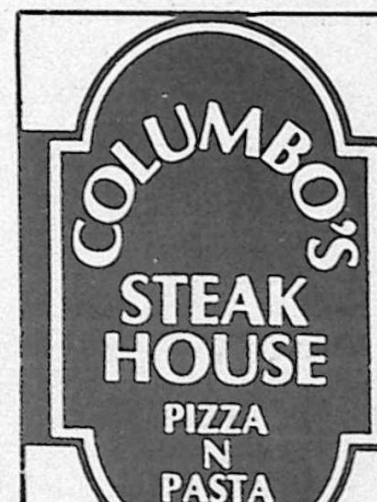


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100 useful things you can do with the newspaper



- 1 Cover your head when it rains
- 2 Line your bird cage
- 3 Make a fireman's hat
- 4 Shade the sun from your eyes
- 5 Mulch for your garden
- 6 To pottle train house pets
- 7 Wrap fish and other goop in it
- 8 Wrapping for freezing meat
- 9 Use to pack with when moving
- 10 Roll into fireplace logs
- 11 Blanket for bench sleeping
- 12 Roll up to make telescope
- 13 Recycle for cash
- 14 Clean car windows
- 15 Make spit balls
- 16 Temporary curtains for your home
- 17 Put on floor when painting
- 18 Use for wrapping gifts
- 19 Emergency toilet paper
- 20 Use as insulation
- 21 Use letters for writing ransom notes
- 22 Rustling sound effect for home movies
- 23 Start a fire with it
- 24 Make into house slippers
- 25 Roll up to make a megaphone
- 26 Stand on pile to appear tall
- 27 Make a collage
- 28 Use as a temporary cast
- 29 Use as shoehorn
- 30 Make a fan
- 31 Empty vacuum cleaner on it
- 32 Fix hole in shoe
- 33 Keep flowers fresh until you get vase
- 34 Put on floor when you shell pecans
- 35 Spank your dog
- 36 Make confetti
- 37 Scoop up dead bugs
- 38 Fingerprint on it
- 39 Stuff in wet boots to help them dry
- 40 Insulate water pipes in winter
- 41 Swat flies
- 42 Use rolled up to beat rug
- 43 To line the trash can
- 44 Make a kite
- 45 Paper your friend's yard
- 46 Clean your feet on
- 47 Use as funnel for filling gas tank
- 48 Make patterns for sewing
- 49 A must for silly-putty users
- 50 Keep kitchen clean when transferring potted plants
- 51 Use for ironing ties
- 52 Make printer's hat
- 53 Stuff in shirt to make muscles
- 54 Feed a goat
- 55 Absorb things you spill
- 56 Make paper dolls
- 57 To hide in at dinner table
- 58 For table cloth at annual picnic
- 59 A source for rubber bands
- 60 Collect as a hobby
- 61 Make yourself look important by carrying it
- 62 Use as door-stop
- 63 Disposable plate when eating watermelon
- 64 Use in magic tricks
- 65 Tearing strips for birthday party streamers
- 66 Save the seat next to you
- 67 Make a Christmas wreath
- 68 Take out frustration by tearing and throwing
- 69 To collect hair when cutting
- 70 Blot your lipstick
- 71 Pack the ice cream freezer
- 72 Test out your new paperweight
- 73 Practice stapling
- 74 Make people think you're not at home
- 75 Stuff pillows
- 76 Use under car when you have oil leak
- 77 Backing for wax transfers
- 78 Make a dummy for Halloween
- 79 Mask your car for painting
- 80 Use as a coaster for cold drinks
- 81 Use as a dart board
- 82 Practice for big-league basketball
- 83 Fold up a page and make your wallet look impressive
- 84 Make your hat fit better
- 85 A wrapper for used chewing gum
- 86 Collect the yellow from the sun
- 87 Good for breaking windows, screen doors, etc.
- 88 Exercise your grip
- 89 Teach dog to fetch
- 90 Backing for magic marker art projects
- 91 Sit on it at raining football games
- 92 A place mat for office coffee pot
- 93 Use as dust pan
- 94 Give subscription as a gift
- 95 Temporary replacement for broken window
- 96 Filler for Santa Claus belly
- 97 Paper stencils
- 98 Use as worm food
- 99 Read it: national and local news, sports, editorials, human interest, television listings, wedding announcements, births, deaths, are all available in the newspaper.
- 100 Advertise in it: new cars, grand openings, fashions, furniture, food, toys — you name it. If you want to sell something, the newspaper can help.



RCAF WOMEN'S REUNION - BC COMMITTEE Permanent Force from 1951 June 7, 8 & 9, 1996 Vancouver, B.C. Held at the University of B.C. in Vancouver Registration Form

Name _____ Maiden Name () _____
 Address _____ City _____ Prov _____
 Postal Code _____ Phone# () _____
 Service # _____ Basic Course # _____ Trade _____
 Next of Kin _____ Phone # () _____
 Indicate which plan you wish. COST is an ESTIMATE only, but WILL NOT exceed amount shown.
 ___ Plan A: \$275.00 Includes all meals and accommodation for Fri & Sat nights.
 ___ Plan B: \$200.00 Includes all meals except breakfast, no accommodation.
 ___ Plan C: \$ 90.00 Friday only, includes lunch and buffet dinner.
 ___ Plan D: \$100.00 Saturday only, includes lunch and banquet.
 ___ Plan E: \$ 50.00 Sunday only to 4:00 pm, includes brunch.
 A DEPOSIT of \$25.00 is requested. Balance to be paid by 1 March, 1996.
 Full refund if cancellation received by 1 April, 1996, after that date \$15.00 will be withheld.
 ACCOMMODATION: List person(s) to share in the same living unit. (A Unit consists of 6 single bedrooms) _____
 BUS TOUR: Morning _____ Afternoon _____ Do not wish to take tour _____
 EXTRA NIGHTS: Often people like to come to a reunion early and stay longer. Fort Camp Lounge will be open Thursday at 4 pm. Extra accommodation is available at approx. \$38.00 a night (incl. taxes).
 Please state: Number of extra nights _____ Dates _____
 SPECIAL NEEDS: Please advise us if you require a special diet, wheel chair, etc. _____
 PHOTO for Pictorial Booklet enclosed? _____
 Complete and return with your deposit to: _____ Deposit enclosed \$ 25.00
 RCAF Women's Reunion, _____ Balance owing _____
 1475 East 43rd Ave., _____ Total paid \$ _____
 Vancouver, B.C. V5P 1M3 Phone: (604)327-1221

RCAF WD's Reunion - June 1996

You have a year to plan to come for three great days!! Believe it or not, it is 40 years since I donned my first WD uniform! The first RCAF Women's Reunion for Permanent Force was held June 1990 and if success is measured in laughter then the reunion was a roaring success!! Come to laugh and find that long-lost bunk mate, bring your olde photo albums, be prepared to let time fall back to "spit polish" your shoes days and recall the course songs!

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Our Lady of the Sacred Heart Catholic Women's League 19 Wing Comox

Welcome all ladies to Comox. We look forward to meeting you. Our CWL Council participates in many parish, community and "fun" fundraising activities during the year.

Mass is celebrated in the Base Chapel at 7:00 pm before our general meeting, held on the second

Tuesday of each month. You are welcome to participate in our upcoming events. Details of our October Meet & Greet social will be announced later.

For more info contact Margaret Harris 339-5705, Amie Anderson 339-5846 or Base Chaplains Office 339-8274.

888 (Komox) Wing Royal Canadian Air Force Association

Regular Membership: Who is eligible?

- *** All serving military personnel at CFB Comox ***
- *** All civilian employees (DND) at CFB Comox ***
- *** All retired military and DND employees who served or worked on a Canadian Forces Air Base ***
- *** All allied military personnel serving or retired from the Air Elements of their country ***
- *** All persons in civil aviation ***
- *** All ex-Air Cadets who have served two or more years and are of the age of majority ***

Associate Membership: Who is eligible?

- *** All persons interested in aviation who support the Aims and Objectives of the RCAFA ***

For more information contact either:

Cec Donovan - 339-7292 or
Alan Scott - 339-4035

NEXT DEADLINE 13 OCT.



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