Totems win PAC Region Broomball

.... page 17

442 Tops No Snow Festival

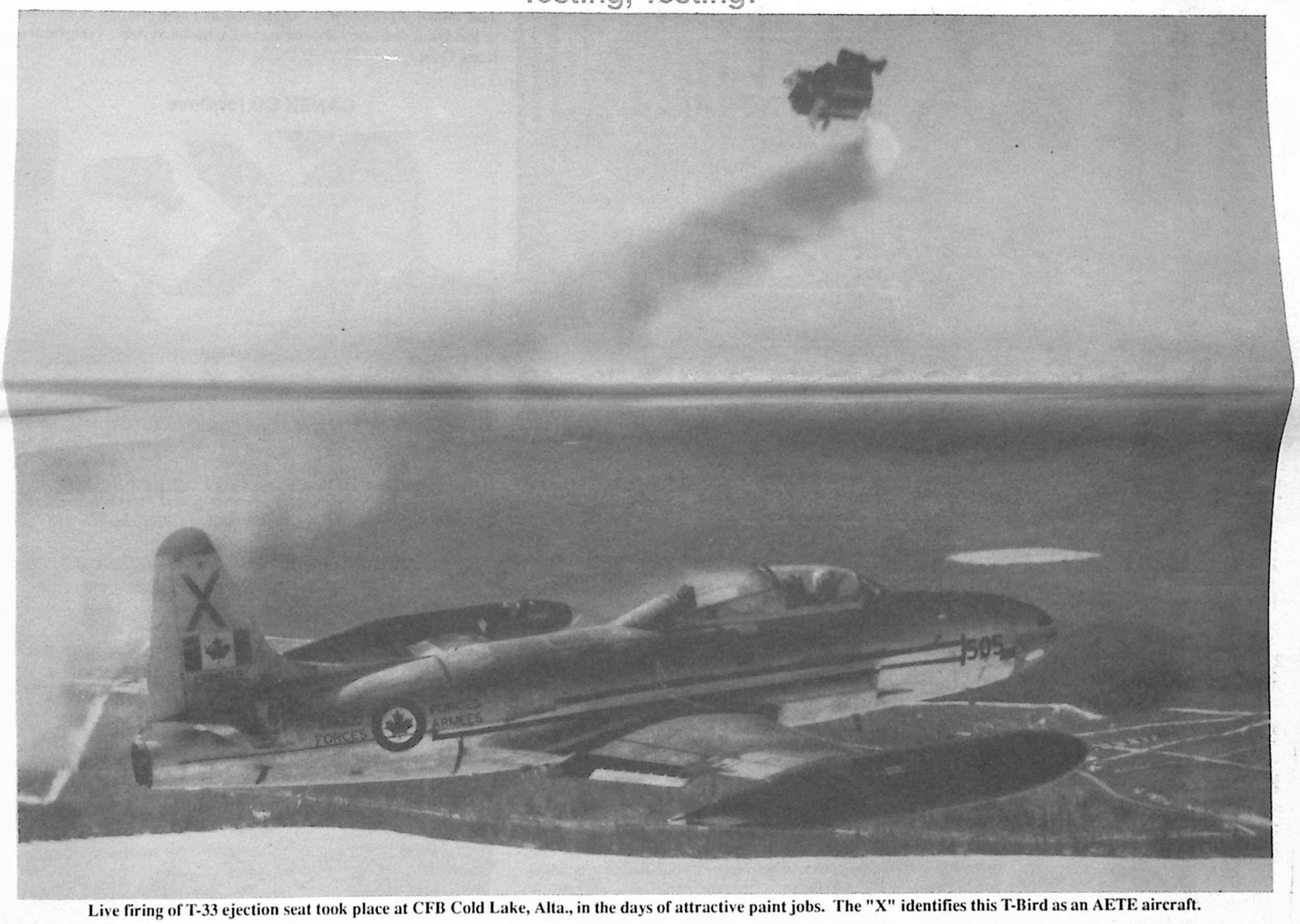
.... page 19

TOTEM TIMES

Canadian Forces Base Comox B.C.

VOL 35 NO 6 | 25 MARCH 1993 | COST: PRICELESS

Testing, Testing!



Live firing of T-33 ejection seat took place at CFB Cold Lake, Alta., in the days of attractive paint jobs. The "X" identifies this T-Bird as an AETE aircraft.

Annual Training Deployment

Snowbirds Here, 26 March to 10 April

MOOSE JAW -- Canada's precision military aerobatic team, the Snowbirds, will be at CFB Comox from 26 March to 10 April, 1993 for their annual training deployment.

Col Bill Kalbfleisch, Base Commander of CFB Moose Jaw, is pleased to announce that the team's 1993 schedule has been approved and preparations are well under way for the upcoming show season.

The Snowbirds are coming off a very successful 22nd season where the team performed at locations from Inuvik, NWT to Southern California and from Vancouver Island to Newfoundland. Over 71 million people across North America have been thrilled by the aerial precision of Canada's aerobatic team.

After the first show, traditionally held at its home base of CFB Moose Jaw, the team will begin its 1993 season on 25 April in Grand Prairie, Alberta and perform its final display on 10 October at Muskogee, Oklahoma.

The workup for the 1993 season began last November when competitive tryouts were held to select new team members to replace the Snowbirds who had come to the end of their two-year tour. Changing half of the team each year is done to ensure a uniform level of expertise is maintained from year to year.

Major Dean Rainkie, the Snowbirds outer right wing for the 81-82 season will lead the Squadron in his first year as Commanding Officer.

An experienced Canadian Forces fighter pilot, Major Rainkie has accumulated over 3,900 hours on jet fighter and trainer aircraft.

The Snowbirds schedule includes 74 shows at 54 locations during the April to October show season as the Squadron represents Canada and the Canadian Forces throughout North America.

On & Off the Base

Liberation of Kuwait Medal

Receiving the "Liberation of Kuwait Medal" from LCol van Boeschoten (center Back Row) are (L-R) MCpl Brenot, Cpl Benjamin, Cpl de Vries Stadelaar, MCpl Seymour and Cpl Warner.

Front Row L-R: Sgt Swyers, LCol King BTSO, Sgt Stewart. Back Row L-R: Cpl Staples, LS Cooper, Cpl Paradis, Cpl Lavallee.

CANEX Awards

CANEX 20-year Certificate for Fran

Mr. Larry Watson, Vice-President Western Operations CANEX, presenting Fran Fraser with her 20-year certificate from CANEX. This award is presented in recognition and appreciation of 20 years of loyal and dedicated service to the Exchange System. Congratulations, Fran.

CANEX CD for Dave

LCol van Boeschoten, BAdmO, presenting PO2 Morris with his CD. PO2 Morris is the CANEX Co-ordinator at CFB Comox.

CANEX Certificate of Merit for Dan

Mr. Larry Watson, Vice-President Western Operations CANEX, and LCol G. van Boeschoten, BAdmO, presenting MWO D. Petitpas, CANEX Services Manager, with the CANEX Certificate of Merit. This certificate of merit is the premier award for CANEX Military and Civilian employees who demonstrated outstanding service to CANEX.

Education Assistance Loan Program

For the past six years the Canadian Forces has offered an Education Assistance Loan Program to assist serving and former members and their dependants with costs of post secondary education. This program offers low interest loans of $1,200, $1,500 or $2,000 per student.

Several changes have been introduced in the program since its inception:

– the age restriction has been removed permitting loans for spouses and retired members themselves;

– there is no longer a limit on the number of loans per family;

– loans are now also available for full-time post graduate studies, post secondary education diplomas or certificates, or for any full-time adult education training program that is employment related.

To be eligible, the serving or former member must have served in the Canadian Army after 1 October 1946, or in the Canadian Forces after 31 January 1968, and have a minimum of 10 years Regular Force military service. Selection may be based on family income, years of service, and individual family circumstances.

Loans are repaid by the member over a twelve month period beginning in September of the year in which the loan is granted. The repayment schedule including service charges is as follows:

Amount of Loan	Monthly Repayment
$1,200.00	$103.00
$1,500.00	$128.75
$2,000.00	$171.67

Application forms are available from Canadian Forces Base Financial Counsellors, district offices of Veterans Affairs Canada, and the Provincial Command offices of the Royal Canadian Legion. They may also be obtained by writing to CFPAF, 245 Cooper Street, Ottawa, Ontario, K2P 0G2.

The deadline for submissions is 30 June 1993. No late submissions will be considered.

Happy 60th Birthday, Norm!

From all the gang

at the Fishwrapper

You asked for It!

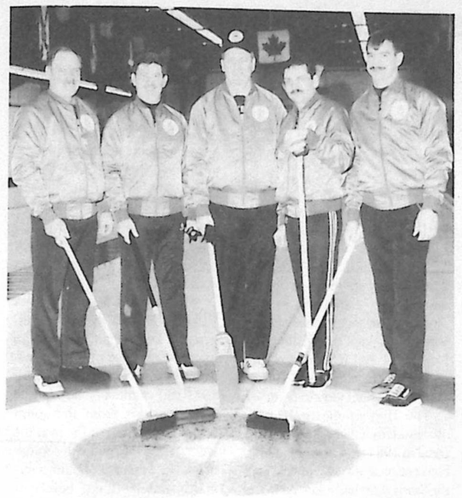
T Shirts
in
Stock NOW
$12.00 & up

HITEC SCREEN PRINTING

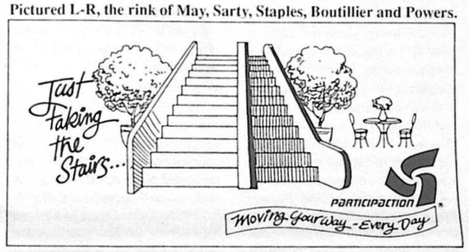
830F Cliffe Ave. Courtenay
334-3656

On & Off the Base

CFB Comox Regional Curling Champs



Pictured L-R, the rink of May, Sarty, Staples, Boutillier and Powers.



W.E. Johns 100th

By Tet Walston

1993 is the hundredth anniversary of the birth of W.E. Johns, best known for his books about "Biggles," a fictitious RAF pilot. The books have been so popular over the years, that many have been reprinted, and some are still in print. ***(I cut my reading teeth on "Biggles" - Ed.)***

What is not as well known, is Johns' more serious literary side, and his influence on Aviation in general and British aviation in particular. As Editor of "Popular Aviation," a monthly magazine started in April, 1932, he was able to put a varied collection of articles and stories about flying before the reading public in a manner never attempted previously.

Many articles were about WW1, in which Johns had served as a RFC pilot, including stories of his "Kriegie" days. Ernst Udet, a German contemporary and colleague of Richtofen, was also a contributor.

There were extensive articles about Canadian aviation, and characters such as "Wop" May and Ray Collishaw were featured. The years from 1932 to the outbreak of WW2 were important times for aviation. Many record-breaking flights were being made or attempted, and on the political/military scene the events which led to war and the aircraft involved could be seen against a background of peaceful advances. The occasional social comment is also an insight to the times.

I once had a copy of every issue of "Popular Flying," no mean achievement for a young lad in those days. The magazine cost 6d, or 10 cents – a large sum for those dark days of economic depression, but I would forego many treats in order to buy it. By the time publication ceased, I had amassed some 90 copies or so. It was no wonder that my parents "disposed" of them and other treasured magazines whilst I was serving overseas. But I'll never forgive them!

In 1982, I managed to find and buy 3 bound volumes of "Popular Flying" from an antique bookseller in Britain. These cover from April 1935 to March 1938. As an historical study of general aviation during those years, these books are very interesting – and rare. It would be an enormous task to attempt to report on every article, and since the subject is really concerned with one man, W.E. Johns, we will learn about him through some of his editorials. Remember, these were the days of the ascendancy of Hitler, who at times seemed to be less of a menace than Mussolini. These were the days of the emergence of the Luftwaffe, the Italian attack on Abyssinia and later the Spanish Civil War.

The editorials were titled "The Editor's Cockpit," and Vol. IV No. 1, dated April 1935, is on page 9. Opposite on page 8 is a photograph of "Mutt" Summers demonstrating a biplane Vickers Vildebeest (almost as ugly as its namesake). A group of homburg and bowler hatted chaps from New Zealand are watching, and "Mutt" is seen in a steep turn, with his wing tip no more than 10 feet above the ground. A wonderful picture!

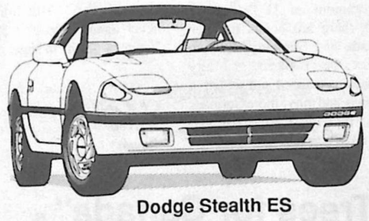
Now to the Editorial. This one is not too controversial. He comments on the loss of a RAF flying boat in the Mediterranean (no further details) and the loss of the Macon airship in the USA. In Britain, two hysterical girls jumped to their death from an aeroplane. A new Air League has been formed, but Johns has a low opinion of it.

The rest of the editorial is given to holiday travel by air to the south of France. A terse comment on Cannes reflects those days – for some! "Too many English people have been there too long – I mean the sort of people who get their money without earning it, so they don't know what it's worth."

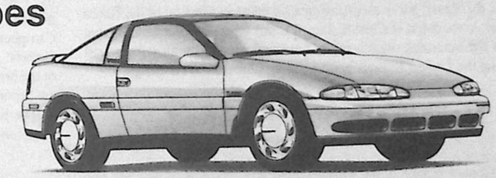
More of W.E. Johns and his times in the next issue of "Totem Times."

Are You Up To It?

High Speed Performance Sedans and Coupes

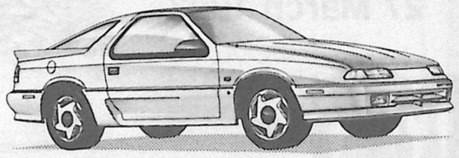


Dodge Stealth ES

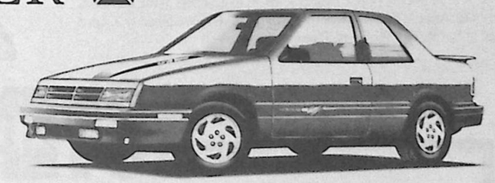


Laser 4WD Twin Turbo

CHRYSLER



Daytona IROC R/T Turbo



Dodge Shadow ES
Sports Sedan V6

All Are Now In Stock For Your Viewing.

All You Have To Do Is Drive One.

Car Club Members Are Still Able To Purchase These
Prestige Sports Cars At Their Own Special Rates.

Courtenay Chrysler Plymouth Sales (1970) Ltd.
4847 Island Highway North, Courtenay
338-5451 1-800-667-5212

Editorial

Guest Editorial

Tie A Blue Ribbon

By Bob Orrick

During the Gulf War our neighbours south of the world's longest undefended international border festooned their country with yellow ribbons to signify their support for members of that country's service personnel who were engaged in the United Nations' second international coalition to disengage an aggressor nation from a bordering nation. The first such action was in Korea from June, 1950 to July, 1953. But that was an earlier time, a different war, a much bloodier war and certainly a much longer and more devastating war.

That was then and this is now.

The national approval shown by the Americans in their service men and women during the Gulf War was not lost on Canadians. In a manner emulating their southern cousins Canadians coast to coast displayed yellow ribbons to signify their love of land and pride in their warriors fighting in the far-off Gulf War.

However, to a group of ladies in Manitoba the yellow ribbon failed to recognize Canadians keeping the peace in a multitude of countries from Cambodia to Cyprus, from Bosnia to Somalia. These Canadian women of stout heart and national fervour felt the yellow ribbon simply did not suffice when applied to Canada's United Nations peacekeeping personnel spread around the world in a multitude of troubled countries. It was not difficult for the Manitobans to put down the yellow and pick up the UN blue. For them, and the world, the blue beret of UN peacekeeping forces is recognized everywhere on the face of the globe as a symbol of hope. That hope, supported by good, old Canadian commonsense and with the occasional flexing of UN biceps, has been a stabilizing force in a host of countries since the initial peacekeeping force, with Canadians at the helm, first donned the blue beret.

And so, these women from the land of the bison took it upon themselves to organize, publicize and in all respects support Canada's United Nations peacekeepers regardless of their duty location. They have done this by promoting the wearing of a blue ribbon on the lapels of Canadians from St. John's, Newfoundland to Dawson, Yukon Territory, from Alert, Northwest Territories to Pelee Pt., Ontario, and all hamlets, villages, towns and cities, including the urban sprawl of Toronto, Montreal and Vancouver, in between. From the fishing ground off Atlantic Canada to the rain forest of Vancouver Island, from the dry prairie to the cold north, from *the depths of the deepest mines to the lofty heights of the CN Tower.* Canadians everywhere, from every walk of life, encompassing all endeavours, are urged to wear a UN blue ribbon on their lapels to signify their support for our lads and lasses who stepped forward and said, "Ready, aye, ready" and volunteered to serve anywhere there is need as proud members of this country's understaffed and over-committed armed forces.

Readers interested in learning more about the Manitoban ladies and their sense of pride in Canada's peacekeeping personnel should contact the nearest armed forces base, or a local unit of the Royal Canadian Legion; the Army, Navy and Air Force Veterans in Canada; or the Korea Veterans Association of Canada, Inc. It is this writer's understanding that each of the veterans' organizations has been supplied with information regarding the United Nations peacekeeping blue ribbon campaign.

Canada's Last Squadron Heads Home

by Lt(N) Dave Scanlon

On 19 January, with the hills of the "Schwarzwarld," or Black Forest, dimly contrasted against a grey, mid-morning sky, fighters from Canada's last squadron in Germany taxied down the runway at CFB Baden-Soellingen. The 6,000-kilometre transatlantic journey ahead of them was aptly called "Rhine Prosit '93" – a play on "Ein prosit," which means "cheers."

The first formation of six CF-18s circled east, doing a fly-past over the historic town of Baden-Baden, named for its hot springs popular in Roman times and still popular today. The ancient town and the surrounding region had been home to thousands of Canadian Forces members. Many had married there. Some had even settled there.

Then, before veering westward for Canada, the six pilots from 4 Wing's 439 "Tiger" Squadron flew their fuel-laden fighters back over the base that had been home to Canadian fighter pilots since it was taken over from the French in 1953.

Those early days of the Cold War were very tense, and a Europe still recovering from the Second World War was little able to defend itself from possible *Soviet aggression. The Canadians and Americans had* planned to stay a few years, until the crisis passed and Europe was secure. But the Cold War only grew colder.

At its peak, Canada's air contribution grew to more than 300 aircraft. Its first jet-fighter was the F-86 Sabre, which the commander of 4 Wing, Col Lloyd Campbell, describes as the "most elegant" of fighters and the "last of the breed" of jets evolved from the Second World War.

The Sabre, a day fighter, was joined in 1957 by the Canadian-made, all-weather Avro CF-100 "Canuck." In 1962, the CF-104 Starfighter arrived to take on a nuclear strike role. It quickly became the bane of the Royal Canadian Air Force because of its unshakable reputation as a deadly, accident-prone aircraft.

But Campbell, who has almost 2,000 hours in the Starfighter, says it was "marvellous to fly." And he points out that the new air strategy of the '60s, calling for low-level nuclear strike and reconnaissance, contributed to the CF-104's accident record.

The first of the multi-role, ultramodern CF-18 Hornets arrived in 1985 to continue with the conventional ground attack role the Starfighter had taken on in the 1970s. By the late 1980s the Hornet had moved to an air superiority role.

The irony, Campbell says, is that following improvements that began in the '70s – from the capability to operate in a chemical environment to state-of-the-art missiles, plus the arrival of the Hornet – CFB Baden had reached its "zenith of capability" when the closures were announced in 1991.

However, the reason Canada came four decades ago – "to buttress a weakened Europe" – has passed, he says. "Today the threat *of the Warsaw Pact is gone and* Europe is stronger, although there are still threats to European security." And Canada faces far tougher budgetary constraints.

As NATO has expressed no need for the base, Baden will be turned over to the German government on 31 December. Still, there are bonds between Canada and Germany that will never be broken. Many Canadians married and settled in the area, and many more Germans have married Canadians and moved to Canada.

There will be memeorials left in the neighbouring towns. A pedestal-mounted CF-104 will be left in Soellingen. A friendship cairn will be built in Huegelsheim. And a memorial marking the deaths of 40 pilots and three ground crew over the years will be left at the Huegelsheim cemetrery.

Along with Canadian Forces Europe and CFB Baden-Soellingen, the last fighter squadron to leave is itself being disbanded. Tiger Squadron was formed in 1943 and eventually flew pre-D Day missions from the south coast of England. It finished the war on the continent with deployments to France Belgium, Germany and Holland, before it returned to England and was disbanded in August 1945.

It was reactivated in 1951 and became the first squadron to fly overseas. 439 was retired again in 1963 and reactivated in 1964 with the arrival of the Starfighter.

In 1970, the squadron was moved to Baden where it ceased operations in 1984 along with its retiring Starfighters. It was then equipped with the new Hornets and resumed operations at Baden in 1985. Combined with 416 Squadron under the handle "Desert Cats," 439 saw combat action during the Gulf War.

Tiger Squadron now has the dual distinction of being Canada's first jet-fighter squadron to fly overseas and its last to fly home. But if history repeats itself, as it often does, the Tigers may take to the skies of Europe anew. But may they never again have to bare their "fangs of death" in anger.

(Lt(N) Scanlon, editor of the CF's internal news service, visited Tiger Squadron in January.)

Now that you've Joined....

The Comox branch of RCAFA is unique in Canada in its size and rate of growth. Local support has been tremendous. But support means more than going to 888 Wing's social functions. Your attendance at meetings is needed, too. The club cannot function legally without a quorum at its meetings, and paralysis will set in if important decisions are not made. Now that you've joined, please make the effort to give 888 Wing that extra support. The Annual General Meeting will be held on Wednesday 7 April at 8 p.m. at the Wing. Please be there.

Support "Trees for Canada"

SCOUTS CANADA

27 March 1993

TOTEM TIMES

EDITOR - BUSINESS MANAGER.....Norm Blondel
ASSISTANT EDITOR.....Bob Sealby
OFFICE-MANAGER/TYPESETTER.....Bonnie Cochrane
WRITERS.....Jim Kirk, John Novak, Gerry Gerow, Bob Orrick
Carolyn Haight, Rose McCliesh, Frank Steven
Duke Warren, Norm Whitley, Tet Walston
PRODUCTION STAFF.....Julie Blondel, Ron Fisher
COMPUTER CONSULTANT.....Gerry Peppard
CIRCULATION.....Julie Blondel – 338-0259

PHONE: 339-2541 (Office) 338-0259 (Res.) FAX 339-5209
Address correspondence to: The Editor, CFB Comox, Lazo, BC, VOR 2K0
Subscription rate $20.00* per year. $40.00* per year outside Canada. * Plus GST

The **TOTEM TIMES** is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF, or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item.

Published every second Thursday, with the permission of the Base Commander, CFB Comox. Publications Mail Registration No. 4098.

OUR NEW FAX 339-5209

Comment

Raise the Sea King!

HALIFAX -- Attempts will be made to raise a Sea King helicopter approximately 140 metres from its resting place on the bottom of the Gulf of Mexico as part of the ongoing investigation into the circumstances which caused the pilot to ditch the aircraft in the pre-dawn hours of 27 February 1993.

"We have determined that it is necessary to raise the helicopter in order to isolate the exact cause of the electrical failure," said Col Gene Pestell, director of flight safety for Canada's air force.

A Canadian Forces flight safety team from Ottawa, along with a specialist in Sea King helicopter electrical systems from CFB Shearwater, N.S., have departed for Tampa, Fla. where they will board a salvage barge under contract with the United States Navy.

The Sea King helicopter sank approximately 200 km west of Tampa, Fla. Once the exact position of the helicopter is determined, it will be recovered and taken to the United States Navy base in Pensacola, Fla. where it will be examined.

The board of inquiry has been suspended until the aircraft is recovered and a technical investigation carried out.

Playground Thanks

Dear Editor,

The painting of the Ward 1 playground is complete and there are many special thanks that need to go out to those people who made this possible. Thanks to WO Mike Turcotte for his help in getting the paint; Brian De Vries at Roads & Grounds for the fencing and poles; and the people at General Stores for the necessary equipment to complete the job. The people we must all appreciate are the children. Their unconditional enthusiasm should be a learning experience for all of us. Without their help this job wouldn't have been completed. Thanks to Jerry Raymond, Nathan Neale, Patrick Lemay, Sabastien Dinel, Erin & James Eckhardt and my husband Darryl, and especially to Colleen Mackie and her son Jordan who are not even resident of Ward 1 and still came to support our efforts.

Thanks to all.

Sincerely,
Mrs. J. Eckhardt

Maritime Command Historical Conference

Maritime Command intends to hold a Historical Conference 8 & 9 Oct 93. This is an invitation to submit proposals for papers for this conference. The theme is "In Quest of a Canadian Naval Identity." It will examine the social history of the Canadian Navy and its evolution as a national institution from its origins in the Royal Navy to the present day.

The plan will be an historical enquiry in four parts:

a. The Roots of the Canadian Navy, 1867 to 1914;

b. The Global Wars, 1914 to 1950s;

c. The Era of Violent Peace, 1950s to 1990; and

d. The Navy Today and the Next Forty Years.

The Conference will be co-ordinated by the Canadian Forces Maritime Warfare Centre in Halifax. In order to facilitate proposals, the following dates are established:

a. 4 May 93 – Proposals including one page abstract and bibliography received by CFMWC.

b. 31 May 93 – Advisory Committee will notify accepted proposals and identify academic mentors where necessary for serving members. Successful authors will be invited to present the papers at the Conference.

c. 7 Sept 93 – Final papers to be submitted to CFMWC in order to allow time for duplication.

d. 8-9 Oct 93 – Historial Conference at CFMWC Halifax.

Local enquiries should be directed to BServO, LCdr A.S. Garwood at local 8246.

Cabane à Sucre – Maple Brunch

L'Association Francophone de la Vallée de Comox vous invite à sa Cabane à sucre qui aura lieu le demanche 28 mars, à midi, au pavillon de la plage militaire. Vous avez le goût de vous sucrer le bec avec des mets québécois traditionnels? Ne manquez donc pas cette bonne bouffe! Membres5$, non-membres 7$, enfants (5 à 12 ans) 3$. Pour infos et billets, veuillez contacter Diane au 339-3990 ou Chantal au 334-0692 (répondeur).

The Comox Valley Francophone Assocation invites you to its Spring Maple Brunch on Sunday, 28 March, at 12 noon in the Air Force Beach Pavilion. You have a sweet tooth? You crave maple products? Don't miss this rare opportunity to combine both in a traditional Quebec meal! Members $5, non-members $7, kids (5 to 12) $3. For info and tickets, please call Diane at 339-3990 or Chantal at 334-0692 (answering machine).

Wear a Helmet!

Dear Editor

Having read your excellent article on safe cycling and the wearing of "safety helmets" in the 11 March Totem Times, I felt the following enclosure would be an excellent follow-up. This is a letter written by my daughter, Mrs. M.S. (Lorraine) Barner, to the Vancouver Sun at the time of her son's accident in Vancouver.

May I add my plea to hers, to please when cycling, wear a safety helmet.

The devastation to a family after an accident such as the above mentioned, is indescribable. Not only the tragedy of a young person being possibly maimed for life, but the traumatic effect of the shock and trying to cope with the reality of it all mentally takes a very long time to right itself.

There is no age limit on who should or shouldn't wear headgear. I have seen mothers and fathers riding bikes with little ones on a booster seat. The child has a helmet on but the adult doesn't. What happens to the child if they are in an accident and mom or dad are killed or seriously injured while riding in this fashion? And because they are not wearing a helmet?

I have taken particular note, since this happened in our family, and have been shocked and alarmed to find most children and many adults still don't wear headgear.

As a wife, a mother, and a grandmother, I beg you, please protect yourself and your loved ones, and save yourself and them what we have been through.

Wear a helmet.

Most sincerely,
Phyllis T. Davis

Bike helmet gave parents their best birthday gift

ON FEB. 5, our 23-year-old son was struck by a car while riding his bike in Vancouver. He was thrown from his bike and his head hit a parked vehicle.

Ed is not a reckless young man. In fact, he is a paramedic who has seen first-hand the results of unsafe cycling. With that in mind, he did everything humanly possible to be safe — including wearing a helmet.

It is because of this helmet that there is a hopeful ending to this letter. Ed remains in the neurosurgery ward at Vancouver General Hospital, but he is alive and on the long road to recovery.

His helmet shattered into more than 10 pieces. It could have been his skull.

I implore all cyclists to wear a helmet and I implore all parents to insure their children wear a good helmet.

Perhaps in the future, helmets will be mandatory and there will be safe cycling paths. Until the rights of people assume the rights of cars, we have a long fight ahead.

March 5 was our son's 24th birthday. We truly celebrated his life.

LORRAINE BARNER
Vancouver

Seneca College Ceases CFCCP

Since 1982, many members of the CF and their families have earned Seneca College Certificates and diplomas or credits to use in other colleges across Canada. Because of recent decisions by the Ontario Ministry of Colleges and Universities, Seneca College will be unable to *offer the Canadian Forces College Program for the Department of National Defence after 31 Dec 93.*

For the next ten months, the college will continue to offer the range of courses outlined in the 1992/93 CFCCP calendar. Beginning or continuing your Seneca program during the next ten months will enable you to:

– maintain your commitment to learning new skills;

– have your advanced standings for military training and other subjects put on your college transcripts;

– complete your certificate or diploma from Seneca or establish *residency requirements to receive the certificate or diploma with additional study at other colleges;*

– *obtain credits for programs* offered by other colleges.

The CFCCP office in Toronto will remain open until 31 Mar 94 to provide transcripts, information, and support to transfer credits during this transition period. In early 1994, you may request a final transcript with a statement of subjects required and deadlines to complete the Seneca certificate or diploma.

For the spring of 1994, new alternatives to help meet your educational needs are being explored and you will be informed *as they are developed. During the next several months you are invited to contact the CFCC program director at:*

Seneca College (CFCCP)
1750 Finch Avenue East
North York, Ontario
M2J 2X5
TEL (416) 756-3148
FAX (416) 756-3326

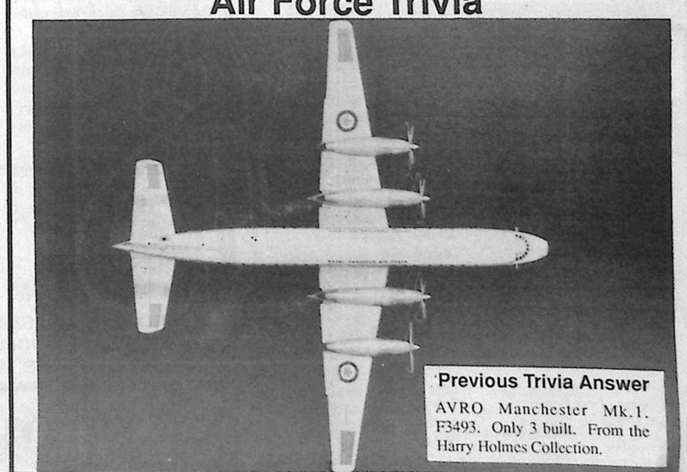
CFTDC Hotline

The Canadian Forces Training Development Centre HOTLINE which began operation in June, 1992, has since provided training information to over 100 callers from coast to coast.

These callers wanted to know more about th courses offered at CFTDC, definitions of training terms, and which references applied to their specific problems. At least three of the calls ahve resulted in Training Development Services Program (TDSP) projects and short term consultancies. You can learn more of this in CFAO 9-65 or TSO 9-65 or by calling the HOTLINE (CSN 270-3319).

Each call is recorded and answered promptly. A fax is also available at the same number (705 423-3319)

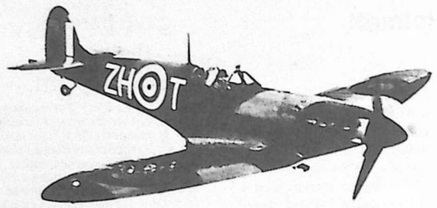
Air Force Trivia



Previous Trivia Answer

AVRO Manchester Mk.1. F3493. Only 3 built. From the Harry Holmes Collection.

Section News



Address to an Old Spitfire (Scottish)

Author – Arthur Smith, British Army in 1935, Lanarkshire Yeomanry, India (was made a prisoner of war in Singapore by the Japanese)

Lines of Consolation to Aging Spitfire Written under the name of Clyde Sinclair

Whit maks ye look saw sad and lost, Auld Spitfire, whit's the matter?
These jets beside ye canna boast o' deeds like yours or better.
You've had yur day and proved your worth, in fearless firm foundation
And smashed armadas o' the north, tae save an Island Nation.

Don't pout yur prop, nor wilt yur wings because the people pass ye
Tae look at supersonic things wha's vanities harass ye.
When Tyranny at Freedom's door in armoured might wis knockin'
Ye made a nation's "Finest 'Or" – the tyrant's blade was broken.

Though streakin' jets reflect the sun, the people don't forget ye –
You're staunin noo at Hallowed Green – a monument we've set ye.

Noo an yur supersonic brood kin frolic, frisk and play
In skies where once in balance stood the Seals of Destiny
Yur youthful dash and fortitude, and sense of service – true
Has won the lastin' gratitude o' mony for the few.

Ye seem tae ken yon man that walks on artificial limb –
He strokes yur side and gently talks – YE SEEM TAE TALK TAE HIM.
Ye seem tae me, without a doot, attached to yin another:
Ye maun hae much tae talk aboot – ah'll leave ye baith the gither.

From the book "Flying Colours," the epic story of Douglas Bader by Laddie Lucas (P.B. Lucas, CBE, DSO, DFC, Commander of Fighter Squadron, Battle of Malta, 1942 – Retired in 1976 his third book.)

Submitted by Jim Baker, Comox

ATTENTION!
ALL FORMER
TI - PICS
433 ETAC
50TH ANNIVERSARY
24 - 26 SEP 1993
"HELP US TO CONTACT ALL FORMER TI - PICS"
For further information & registration contact:
Maj. J. Cloutier - AVN 621-9473 or (418) 693-2473
FAX: AVN 621-9965 or (418) 693-2965 or write:
433 ETAC, BFC BAGOTVILLE
50TH ANNIVERSARY
ALOUETTE, QC
GOV 1AO

BTSO Bonspiel Thanks

The BTSO LCol King would like to thank the following businesses for their support of the 1993 BTSO Bonspiel held 26 Feb 93:

Black's Cycle	Glacier Greens Golf Club
Comox Golf Club	Comox Valley Curling Club
Four Season Video	Comox Computer Sales
Grahams Jewellers	Country Village Kitchen Bin
Rattan Plus	Tim Horton's Donuts
Home Hardware	Comox Valley Flowers
Whistle Stop Pub	Taco Time
Gullivers	Superior Video
Safeway	Mostly Bags
Terry's Meats	The Ledger
Good's Groceries	Pharmasave
McDonalds	Leeward
Central Builders	Smitty's
Comox Photo	The Griffin
Cream of the Crop	Lorne Hotel
Ideal Toys & Gifts	Video Express
Bonanza	Wendy's
Saan	

National Capital Marathon 1993

When: 9 May 93
Who: All Military Participants
Categories – Open/Women/Master (40+) Personnel wishing to participate contact Military Sports Cell at the Base Gym local 8542/8783 no later than 6 Apr 93.

Base Rugby Club

A Base Rugby Club is in the process of being formed with Base backing. Any persons interested in joining, phone Cpl Brad Marriott at local 8534/8417 or 339-2793 or Cpl Vince Horne at local 8534/8417 or 339-6409 anytime. No experience required. This club is open to civilians living on Base and their dependents and foreign personnel on duty with the CF. (CFAO 50-20)

Avis

Groupe de soutien pour familles francophones centrer sur l'étude de la parole de Dieu. Rencontre tous les mercredi de 1900 - 2030. Pour information contacter Alain Dinel 339-6998

Personal Exercise Program

There is a PERI supervised PEP Program at the Rec Centre Mon to Fri from 0730 - 0830. All members who have failed their CF EXPRES Test and are on Remedial PT are encouraged to attend. Members will have half *the gym to work out in. Also* those who wish to improve their physical fitness are welcome to attend. For more info contact the Rec Centre, Loc 8315.

Dependant Use of Base Gym Facilities

All dependants using the Base Gym facilities must produce their Dependants Pass in order to enter the gym. Dependants under the age of 12 must remain in the company of their guardian.

Comox Glacier Wanderers

We also invite you to join us **each Saturday at 9 a.m.** for a 10 km Volkswalk in and around **Comox.** We start from the Port Augusta Motel and at the finish of the walk, take time to have coffee with us. Info 339-4145.

Or join us **each Sunday at 9 a.m.** for a 10 km Volkswalk in and around **Courtenay.** We start and finish at the Arbutus Hotel where you are welcome to join us for coffee. Info 338-9052.

414 Sqn

'Twas The Night Before Amit
(With Apologies to Clement C. Moore)

'Twas the night before AMIT and all through the Castle
All the Sergeants had panicked at the thought of the hassle.
AMI's were hung by the canteen with care,
In the fear that the AMIT team soon would be there.
The pilots were strapped all snug in their planes,
While visions of dogfights danced in their brains.
And Duane on a mule and I with a cart
Had just settled down for a quick T-Bird start,
When back at the desk there arose such a clatter,
We raced back to the hangar to see what was the matter.
Away to Servicing I flew like a flash,
As the thought of the AMIT team gave me a rash,
When, what to my timorous eyes should appear
But the inspection team with all of their gear,
With a little old Major so lively and quick
I knew in a moment we'd have to act slick.
More rapid than eagles his henchmen they came,
And he whistled, and shouted, and called them by name:
"Now, Snooper! Now, Sniffer! Now, Spier! Now, Scout!
On, Searcher! On, Seeker! On, Sneaker, you lout!
To the top of the bookcase, to the back of that file!
Now, check those CFTOs, check the whole pile!"
So up through the Squadron his agents they flew
With a case full of pencils, and a small lap-top, too.
And then in a twinkling, I heard up the stair
A cry that could only be the CO in despair.
As I regained my head, and was turning around,
Down the stairs the AMIT Major returned with a bound.
His eyes, how they twinkled! His dimples, how merry!
His cheeks were like roses, his nose like a cherry.
(The effects of a Meet and Greet held the last night
As a sort of a bribe so he'd say we'd done right.)
A wink of his eye and a twist of his head
Soon gave me to know I had plenty to dread.
He spoke not a word, but went straight to his work
And filled all of his forms, then turned with a jerk
And laying his forms in neat little rows,
And giving a nod, up from his chair he arose.
He sprang to his car, to his team gave a whistle,
And away they all flew like the pointy end of a thistle.
But I heard him exclaim as he drove out of sight,
"We'll be back in twelve months, so please get it right!"
Sancho Panza

Junior Ranks Mess

March & April 1993 Calendar

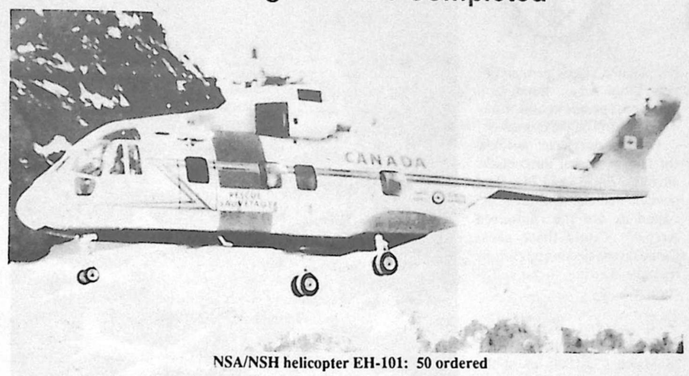
Friday 26 Mar.....TGIF Cribbage (food will be served)
Country & Western Line Dancing with instructors
Music starts at 1930 Free Admission
Friday 02 Apr.....TGIF Shuffle Can (food will be served)
Friday Night DJ
Sunday 04 Apr.....Pool Tournament
Registration at 1200 hrs, starts at 1300 $2 per person
Thursday 08 Apr.....TGIT Pool (food will be served)
Followed by DJ
Friday 09 Apr.....CLOSED (Good Friday)
Friday 16 Apr.....Comedy Night
$5 members, $7 non-members, food and DJ included
Advance tickets by cash or acquittance roll at Mess office

Comox Air Force Museum
MUSEUM GIFT SHOP
AVIATION MEMORABILIA HATS, BOOKS, FLAGS, MODELS, POSTERS, SWEATERS, SHIRTS, PINS, PATCHES AND MUCH, MUCH MORE!
Phone 339-8635
1 Sep 92 - 1 May 93
Sat, Sun & Holidays
10 a.m. - 4 p.m.
Featuring "Golan Treasury of Memories"
50 Years of CFB Comox Display

NEXT DEADLINE 5 APRIL

On & Off the Base

EH101 Frigate Trials Completed



NSA/NSH helicopter EH-101: 50 ordered

The civil EH101 "Heliliner" carries 30 passengers in enhanced safety and air conditioned airliner standards of comfort. It is initially aimed at offshore oil support operations in the North Sea and the "Hibernia" project off Newfoundland.

E.H. Industries, the joint Westland and Agusta company managing the EH101 development programme, is confidently predicting more than 800 sales worldwide.

Gale force winds and rough seas faced EH101 "Merlin," the Royal Navy's new shipborne helicopter teamed with HMS "Iron Duke," a new type 23 Frigate, to complete a second programme of ship handling trials in the English Channel.

The Anglo-Italian advanced technology EH101 made 69 landings aboard the frigate in weather conditions that produced 40-50 knot winds and 20-foot high waves.

With a standard displacement of 3,500 tons, the British Type 23 Frigate is considerably smaller than the new Canadian Patrol Frigate (CPF) with its standard displacement of 4,750 tons.

Westland Helicopters' Chief Test Pilot Colin Hague considered the trials a complete success for the EH101. "The EH101 is designed to operate in North Atlantic winter conditions and the Channel produced sea state seven. The aircraft handled well throughout four days of trials," said Mr. Hague.

The Royal Navy has ordered 44 Naval EH101s at a £1.5 billion contract price and both Canada and Italy will operate EH101 fleets. Canada has ordered 50 EH101s for Search & Rescue and Maritime Patrol. The Marina Militare Italiana will use its initial 16 EH101s in a multi-role capacity.

EH101, built by Westland Helicopters of Britain and Agusta of Italy, has been developed in a unique integrated programme to provide military, civil and naval variants from a basic airframe. Holland, Britain and Italy are considering military utility EH101 for long range logistic and tactical transport roles and the United States Marine Corps has ordered a $1 million (US) study *of the helicopter for the medium lift requirement.*

Promotion

The BAdmO, LCol van Boeschoten congratualting the BFoodsO Capt Pitcher on his recent promotion to that rank.

A CD for Sue

The BAdmO LCol van Boeschoten presenting Cpl Sue Benjamin with her CD. Congratulations, Sue!

LMRC Certificate for Jackie

Mrs. Jackie Finnie of Base Foods staff, proudly holding the CFB Comox Labour Management Relations Committee Certificate of Appreciation for her dedicated service to the LMRC. Looking on are the LMRC co-chairmen LCol Gerrit van Boeschoten, BAdmO (L) and Mr. Norm Larden, President, UNDE Local 1007.

NEXT DEADLINE 5 APRIL NOON

WE CAN DIRECT YOU TO THE RIGHT DEPARTMENT IN THE PROVINCIAL GOVERNMENT....

ENQUIRY BC Call 1-800-663-7867 throughout B.C.
Enquiry Centre hours: 7 a.m. to 7 p.m. Monday to Friday and 9 a.m. to 5 p.m. Saturday

NRS NATIONAL REAL ESTATE SERVICE
1742 Cliffe Ave.
Courtenay, B.C.
V9N 2K8
Bernie Poole
Bus. (604) 334-3111
Fax (604) 338-8315
Res. (604) 339-5349

I have just completed 31 years with the RCAF/CF (12 years in the Comox Valley) and I look forward to providing you with the very best of real estate service. Are you curious about the market value of your home? Please call for a professional analysis and evaluation.

NEXT DEADLINE 5 APR

Section News

407 Squadron

Deathrow, as it became known in 1981 at CFB Summerside, was a line of twenty-four CP-107 Argus's awaiting disposal by the guillotine. It was rumoured that the oldtimers who worked on the Base would drive the long way around during the destruction phase, unable to witness the sad demise of the Grand Duchess. There were many admirers wishing and hoping a benefactor would come forth and spare some airframes for flying. But no champion appeared and 24 gooses were cooked for $71,936, roughly $3000 apiece.

Twelve years later, permission has been given to do a survey of Argus 712 (Airpark monument) to determine what 13 years of environment and animal damage has done. A committee has been meeting monthly and planning the restoration of the aircraft.

It has been a slow process getting this project "off the ground" due to the size and complexity of the task. But a joint venture between interested Base and civilian personnel has persevered.

From the support the members have acquired locally and all across Canada, it is evident that Argus 712 will not deteriorate to the point of no return. Preservation of our heritage aircraft is important and that is why the Argus Restoration Committee was formed.

The committee is interested in any pictures, videos, parts and articles of the Argus. But most of all we need **people** to work in any shape or form on the restoration.

One intriguing note: we know the fate of all but three of the aircraft, 720, 735 and 741. Is it possible that one or all three escaped as did the rumoured Arrow? Could these great Canadian engineering marvels be resting, waiting to be rediscovered?

The Argus Restoration Committee's next meeting is on 28 March 93, 1500 hrs at the RCAFA 888 Wing, beside the Airpark. For additional information please contact Karl Smith at 339-7950.

Death Row

Argus Fleet Awaits the Axe at Summerside

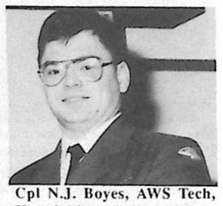
All New Captains

The following personnel were promoted to Captain on 1 Jan 93 and are pictured with the CO 407 (MP) Sqn: (L-R top row) Capt D.J. Harlos, pilot; Capt D.O. Sullivan, pilot; Capt S.J. McDonnell, pilot; Capt D.D. Stephan, navigator; Capt S.J. Quinn, navigator. (L-R bottom row) Capt R.G. Jasmin, pilot; Capt M.M.J. Lecompte, navigator; LCol P.J. Kendell, CO; Capt B.F. Maeland, pilot; and Capt J.M. Brennan, navigator.

Commendation

MCpl R.D. Spurr, AWS Tech, was presented the Maritime Air Group Commander's Commendation by Comd MAG BGen Bowen in Recognition of Outstanding Service. He detected a fault that could have had serious implications with the torpedoes used on the CP140 Aurora.

Sgt J.A. Sweet, AES Op, Appointment of Lead AES Op Certificate



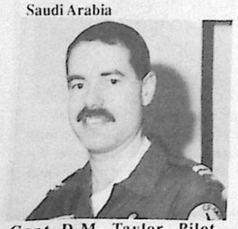
Cpl N.J. Boyes, AWS Tech, Kuwait Liberation Medal from Saudi Arabia

WO J.L.C. Lapointe, Flight Engineer, CP140 Aurora Check Flight Engineer Course Certificate

Sgt J.A. Cahill, AWS Tech, Kuwait Liberation Medal from Saudi Arabia

MWO R.B. Edwards, Flight Engineer, 5000 hour CP140 Aurora Certificate

Capt R.J. Walsh, Pilot, 1000 hour CP140 Aurora Certificate



Capt D.M. Taylor, Pilot, Maritime Patrol Crew Commander Certificate

WO J.D. Green, Flight Engineer, 5000 hour CP140 Aurora Certificate

Sgt N. Gurzinski, AES Op, 2500 hour CP140 Aurora Certificate

407 Certificate

Maj J.R. Vezina, AES Op, receives his Maritime Patrol Crew Commander Certificate from LCol Kendell, CO 407 Sqn.

888 (Komox) Wing

Royal Canadian Air Force Association

* Notice *

* Annual General Meeting *

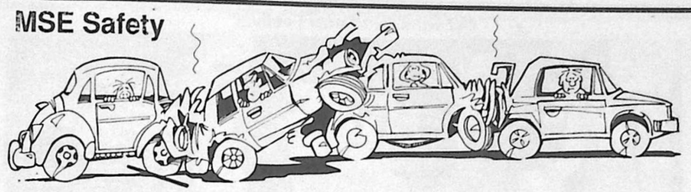
Wednesday 7 April, 8 PM
1298 Little River Rd., Comox

1. Election of Officers
2. Vote on Amendments to our Constitution and By-Laws

** All members are encouraged to attend this important meeting and exercise their vote.

Section News

MSE Safety



Who Has the Right-of-Way?

When paths of roadway users cross there is a conflict. Who should proceed and who should wait? In other words, who should yield the right of way?

In general, right of way rules require one person to yield – that is, let another proceed first. It is extremely important that drivers know and obey the right-of-way laws in their provinces, and in other provinces in which they drive. Not knowing or disobeying these laws can lead to serious accidents. For example, in some urban areas pedestrians in crosswalks always have the right of way; drivers unaware of this would present a great hazard to themselves and pedestrians. Another more common right-of-way rule states that roadway users must yield to emergency vehicles. The purpose of this rule is obvious: to clear the way so that ambulances, police cars and fire trucks can get to where they have to go as quickly as possible. When you see and hear flashing lights and sirens, move as far right as possible to clear the way. Drivers of emergency vehicles must also drive in a reasonable manner. (Serious accidents have been caused by emergency vehicles speeding or passing through red lights.) They do however need your co-operation.

There are several right-of-way laws that apply here in British Columbia. The most common questions that MSE safety personnel receive are, who has the right-of-way when two vehicles approach or enter an uncontrolled (unmarked) intersection at the same time.

Answer – the driver of a vehicle shall yield the right-of-way to the vehicle that is on the right of the vehicle that he is driving.

Another question is who has the right-of-way between vehicles and pedestrians?

In order to answer this question correctly, I'll quote out of the Province of British Columbia Motor Vehicle Act.

Rights of Way Between Vehicle and Pedestrian

The driver of a vehicle shall yield the right-of-way to a pedestrian where traffic control signals are not in place or not in operation when the pedestrian is crossing the highway in a crosswalk and the pedestrian is on the half of the highway in which the vehicle is travelling, or is approaching so closely from the other half of the highway that he is in danger.

A pedestrian shall not leave a curb or other place of safety and walk or run into the path of a vehicle that is so close it is impracticable for the driver to yield the right-of-way.

Where a vehicle is slowing down or stopped at a crosswalk or at an intersection to permit a pedestrian to cross the highway, the driver of a vehicle approaching from the rear shall not overtake and pass the vehicle which is slowing down or stopped.

A pedestrian, cyclist or the driver of a motor vehicle shall obey the instructions of an adult school crossing guard and of a school student acting as a member of a traffic patrol where the guards or students are provided under the school act.

Crossing at Other Than a Crosswalk

When a pedestrian is crossing a highway at a point not in a crosswalk, he shall yield the right-of-way to a vehicle.

Emerging from Alleys

The driver of a vehicle in a business or residence district and emerging from an alley, driveway, building or private road shall stop the vehicle immediately before driving onto the sidewalk or the sidewalk area extending across the alleyway or private driveway, and shall yield the right-of-way to a pedestrian on the sidewalk or sidewalk area.

It is important for you to understand and obey these rules. However, having the right-of-way does not relieve you of your responsibility to do all you can to prevent an accident from occurring.

Driver's Quote

I ran over a man. He admitted that it was his fault as he had been run over before.

Question

Whenever emerging from an alleyway, driveway or private road, what must be done?

A. sound your horn before proceeding;

B. slow and proceed with caution;

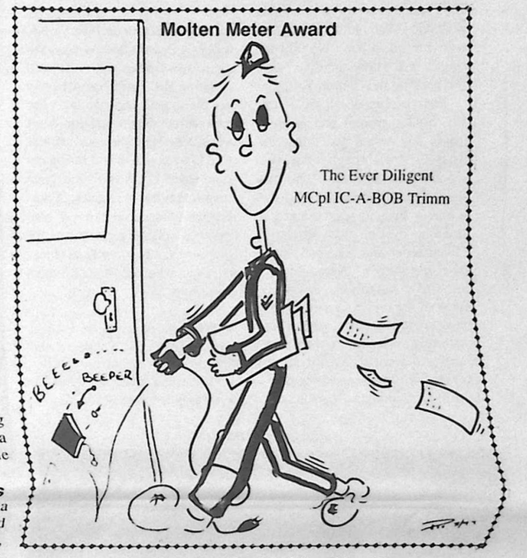
C. roll window down and listen for traffic; or

D. come to a full stop before crossing the sidewalk or entering the street.

Answer

D. come to a full stop before crossing the sidewalk or entering the street.

Molten Meter Award



The Ever Diligent
MCpl IC-A-BOB Trimm

407 Demon Tech of the Month

Pte Blake Rogers from 407 ASO proudly accepts the Tech of the Month plaque from 407 SAMO, Maj D.B. Baker. From all of us at 407 Sqn, "Well done, Blake!"

Coming Soon... Inside Information on Energy Efficiency

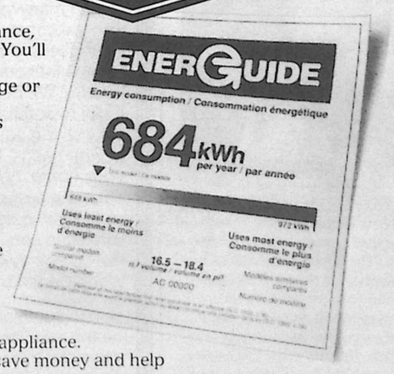
If you're looking for a new appliance, look for the new EnerGuide label. You'll find it on every new refrigerator, freezer, clothes washer, dryer, range or dishwasher, sold in Canada.

The new EnerGuide label shows the typical amount of energy an appliance will use in one year. By looking at the label, you can compare the energy consumption of one appliance to others with similar features.

The lower the number, the more energy-efficient the appliance. It's that simple.

Choosing an energy-efficient model today can add up to a lot of savings over the lifetime of the appliance.

So become energy wise. You'll save money and help the environment at the same time.



It pays to read the new ENERGUIDE *label.*

Energy, Mines and Resources Canada — Énergie, Mines et Ressources Canada — Canada

THE LEEWARD

Neighbourhood Pub and Cold Beer and Wine Store

GROUPS & LARGE PARTIES WELCOME !
(reservations recommended)

COLD BEER and WINE STORE
NEW SUMMER HOURS
Mon - Sat 9 am - 11 pm
Sunday 11-11
339-6033

649 Anderton, Comox 339-5400

Section News

442 Sqn

Dead Rockers in the Valley?

Elvis, Roy Orbison, John Belushi all dead? Elvis, we've heard, is alive and well, living in West Palm Beach and selling aluminum siding. Roy Orbison, after his incognito stint as ruler of the Soviet Union, is making cameo appearances on the university speaker's circuit. John Belushi? Well, John, as anyone who attended the "No Snow" events will know, is alive, well and rocking the Comox Valley.

The combined efforts of the 442 Snake ground and aircrew teams has netted the Squadron Best Overall trophy for the second year running. The unprecedented performance by the Aircrew lipsync team gained a standing ovation from the Base Commander and a perfect score from the judges. Karen Evans, the CO's secretary, deserves much of the credit for her efforts at organizing the team, and for her patience with the combined aircrew; it must be hard dealing with such large egos (referring to the pilots, of course). The stars of the show were, without a doubt, Pierre (Jake) Pinault and Gavin (Elwood) Lee. It's rumoured that Jake and Elwood may soon be appearing at various venues throughout northern Vancouver Island. The Thunderbird in Port Hardy was one name that came up.

The staff from the Base Comptroller's Branch deserve recognition for doing so well and winning the Team Spirit trophy for the second year running. The branch has shown that you don't have to be big to be good. (I was told to write that or risk losing my pay.) Miss Piggy is obviously an inspiration to her staff! Four-fourteen Squadron aircrew also deserve special recognition for warming up the crowd and showing them what the Blues Brothers don't look like.

When the chips are down, you can count on the Snakes to be there to lift your spirits. In the words of our SAMEO, "442, 442, Everybody loves us, 442!"

442 wins "No Snow Festival"

BComd Col T.B. Rogers presents 442 CO LCol Drover with No Snow Festival trophy. "Four Four Two, Four Four Two, Everybody loves us, Four Four Two!"

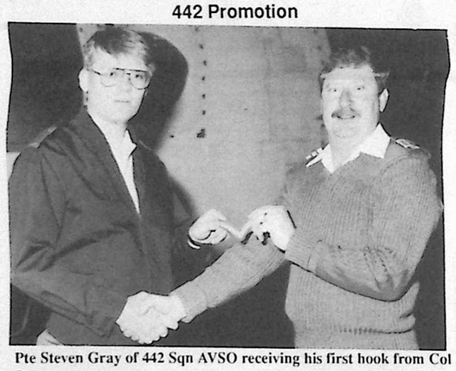
A Cpl for Marc

New Cpl Marc Letourneau

442 Promotion

Maj Abbot, SAMEO 442, presents Cpl Guy Ouellette with his promotion to Cpl, accelerated by seven months. Congratulations from the whole Sqn, Guy!

442 Promotion



Pte Steven Gray of 442 Sqn AVSO receiving his first hook from Col Drover.

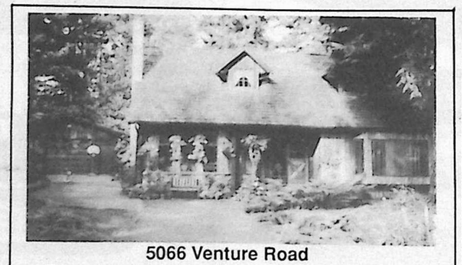
A Cpl for Stacey

New Cpl Stacey Wood

Big Brothers / Big Sisters Bowlathon

On 29 March CFB Comox will be having a Bowling Day to help raise money for the Big Brothers/Big Sisters organization. The Base Bowling Alley will be open from 0800 hrs to approximately 1600 hrs. Throughout the day there will be numerous door prizes, also a prize for hidden score. For the competitive bowlers, prizes will be given to the team with the highest score and the team that collects the most donations. Each team will consist of four bowlers. Pledge sheets can be picked up at CMTT by contacting Cpl Ross at local 8872 or Sgt Swyers at local 8510.

If you would like to become a Big Brother/Big Sister you can contact Mr. Ed Lizor in Campbell River at Bus. 289-7823 Res. 923-3110. Please come out and support this worthwhile cause.



5066 Venture Road

This well-loved home is surrounded by mature trees, perennial flowers and wonderful neighbours. The living room features a big bay window and a very inviting fireplace. In the heart of the house is a large country kitchen with quality cabinets, breakfast bar and a sunny dining area with another bay window. Also located on the first floor is a powder room, laundry area, comfortable family room with a woodstove and a small office. Upstairs you'll find a sauna in the main bathroom, three bedrooms and lots of storage space. The master bedroom has a walk-in closet and a two-piece ensuite. Outside is a separate double garage, flower beds, a small vegetable garden, and a very pretty cedar playhouse/potting shed. Best of all it's located in the Huband Road area which has long been known as the Valley's most popular family neighbourhood.

At $195,000 this home is priced well below other properties listed in this exclusive neighbourhood. To view please call Rudy & Karen Holm at (604) 338-1717 day or evening for an appointment.

AN OPEN LETTER TO ALL MILITARY PERSONNEL

The last thing you need when faced with a buying or selling decision as a result of a posting is confusion about who to select as your real estate agent. Be assured that the Canadian Forces Relocation Program allows you to select the agent of your choice after an interview with a councillor from ERS Ltd. However, ERS Ltd. will recommend only those agents who have agreed to pay ERS Ltd. a finders fee.

At Realty World Coast Country, we have invested many years in developing a relationship with the community of the Comox Valley including those who are attached to CFB Comox. We believe that our commitment and success is well known. We believe that you deserve the opportunity to purchase or sell your property by dealing with the agent that you select as best suited to your needs, **not one who will pay to get your name.** We hope that when you consider our proven record of service and our network of co-operating agents across Canada, you will select the company that sells more real estate in the Comox Valley than any other - - - Realty World Coast Country.

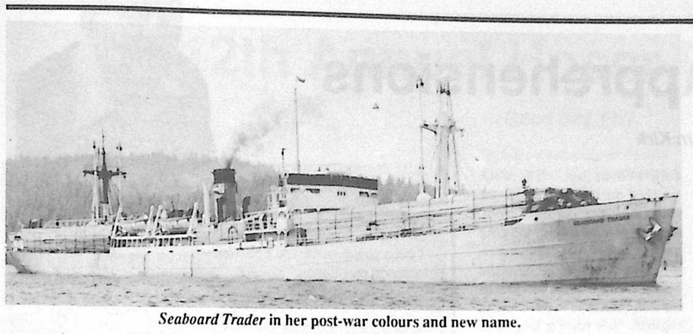
In summary, your real estate decision may be the most important investment decision you will make in your life. Let it be your decision. After all, it won't cost you any more. Call any of our sales staff at our three locations.

REALTY WORLD

REALTY WORLD Coast Country

334-3124 339-5501

Feature



Seaboard Trader in her post-war colours and new name.

The Murmansk Run

Part 3 – "You cheeky BAA...STARRRR...DDDS!

by Norm Whitley

"Some of the merchant ships stopped to give assistance to men in the water; but for the most part the lumbering columns swept on.

FAR DISTANT SHIPS by Joseph Schull"

The stench of death permeated the fo'c'sle where the eleven half-frozen bodies lay stacked like cordwood, not yet attended to, not sewn into their canvas cocoons. The cadavers had recently been plucked from the raging waters by pike poles and grapnel hooks, all covered in thick black oil; hair, features and torsos a tarry mess. Most of the deck crew had seen the explosion, or to be more precise, both explosions. The torpedoes had found their mark with Germanic precision, dead amidships and only seconds apart. The two tankers were bulk carriers and had exploded and burst in two as twigs would snap in a dry forest. The fires were comparatively small as bulk crude does not ignite as easily as petrol, but the surrounding waters were black as midnight, shimmering with muted rainbow colours and fouling everything that came near the floating slime. Two sailors, barely recognizable as human beings, also covered in tar, were hustled below for more immediate attention. Their pitiful moans were the only indication that they were alive.

Both ships had by now sunk beneath the surface, one by the bow and the other by the stern. Little remained to be done but to clear the area and leave the "seek and sink" to the overworked corvettes. The fog rolled in heavily, blanketing the seas with a near impenetrable mist. And then the unthinkable happened: the bulk fuel tanker took a direct hit (undoubtedly that damned third torpedo) and a gigantic explosion rocked the convoy, a fireball of immense proportions fueled by ten thousand tons of gasoline exploding skyward, lighting the seas for miles around like the unshaded tropical sun. The ship simply disintegrated with no trace of fragmentation, no debris. The deafening sound radiated outward with the heat wave and caused ships on all sides to tremble in the shock surge. The fog was burned away for miles.

But the corvettes were on to the U-boat responsible for the carnage and were badgering the submersible with depth charges flung from the hedgehog, the new weapon that cast the explosives ahead, rather than simply dropping them from the stern. Little did the Royal Canadian Navy know they were dealing with five German submarines, each one determined to wreak as much havoc as humanly possible on the enemy convoy. In the heat of the battle, a wounded submarine surfaced, battered and dented, periscope bent at an ungainly angle. She was manoeuvering to come about to fire a surface torpedo. The corvette master, too close in to fire his deck cannons, shouted "Ram, ram!" and headed for the smaller craft. The curved bow of the Navy ship ran up onto the deck of the submarine and the momentum caused the sub to roll over, much like rolling a pencil between two palms. She filled with sea water and sank, miraculously causing minimal damage to the surface vessel. The Navy log reported no survivors were picked up.

The convoy, harassed, wounded and bleeding, continued on its voyage through the arctic waters.

Well, son, we are getting closer to our destination and things have been quite busy on board. My pilot friend took off for a look-see flight and I watched him fly right out of sight. A little while later I saw a puff of smoke in the sky, way up high. I don't know what happened but I hope he shot down a Nazi plane. The weather has been terrible the last little while and we've had a bit of excitement too, but all that can wait till later. I've had a chance to practice my Industrial First Aid lately – a couple of chaps have taken quite ill. Oh, by the way, did you know that a submarine has two hulls, like one skin inside the other, and that they can take quite a beating without sinking? Remind me to tell you about it when we meet....

* * * * *

The Russian port of Murmansk lies on the Barents Sea north of the Arctic circle at approximately the 69th parallel, and some 35 miles inland. The narrow fjord is open year round. As dawn cast its somber rays across the port city, the first of many merchantmen steamed slowly into the harbour and to waiting docks. Fifty-four survivors of the convoy of sixty-three were docked and serviced immediately. The longshoremen were paragons of efficiency, swarming over the ships in orderly confusion, unloading the precious deck cargoes with utmost attention. The huge wooden crates, not unlike gigantic shoeboxes, were no sooner on the docks than they were peeled open, exposing shiny aluminum aircraft fuselages with stubby chopped-off wings, the remaining components such as engines, undercarriages, the wings themselves, and tail assemblies, also neatly enclosed. Rows and rows of them, enough for several squadrons. And the tanks. When the canvas covers were removed, gigantic tanks, Valentines with wickedly extended 105 mm cannons, lined the docks from end to end, forming a seaside battalion, all soon to be whisked away. From the bowels of the ships came large crates that when opened exposed self-contained all-encompassing portable machine shops complete with lathes, gauges, tools, equipment and instructions in English and Russian as to assembly and usage, highly adapted for front line repair work. Lumber, enough for thousands and thousands of buildings; uncounted sacks of food: flour, rice, wheat, beans, corn, piled as high as the roofs of the storage sheds; fuel, gas, oil, lubricants, diesel, barrels and barrels. And halftracks, jeeps, dried foodstuffs, warm clothing, paper products, baby needs, books, liquor, cigarettes...an endless list.

"Let's go ashore, Chief." The second engineer was leaning on the bridge as he spoke to the steward. "Can't come all this way and not pay our respects."

"Might be interesting to see our crew on skates. Understand they're playing a team from the Alberni in a game of makeup hockey. We can go to the rink but no farther. Can't say the welcome banner is waving with much enthusiasm."

"Let's go!"

* * * * *

The rink was an open-air sheet of mottled ice, much used and obviously in need of smoothing. The Canadian team members were huddled to one corner of what would be called the bleachers. An air of pessimism was evident. One player was still bleeding from the nose. "If you came to see the game, guys, forget it. We can play our game our way, but when it comes to playing the Ruskies, it's a different sent of rules. We're used to a level playing field and goalposts that don't move." The understanding spectators nodded in assent and moved on to the souvenir booth by the entrance.

"Must be wartime rationing here, too, Chief. All you can buy is cheap gasoline vodka and wooden dolls within dolls. The booze is used in flamethrowers but the dolls are still OK for presents."

"Nobody likes us here. I get the feeling we're not welcome. Let's get back to the ship."

And so it was in Russia in the early days. The general populace was so impoverished and maltreated from previous wars they had a permanent distrust of all foreigners. And seeing the sailors with bulging wallets and full bellies giving away their wealth did little to allay their mistrust.

* * * * *

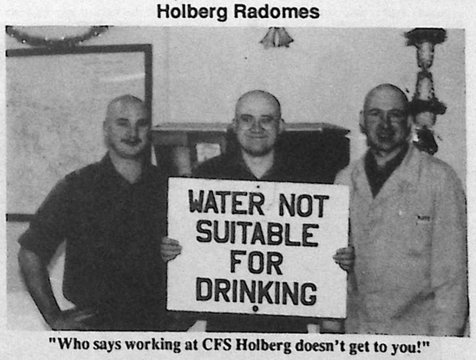
On the afternoon of the third day, the Seven Oaks cast off her lines and headed out of the harbour, riding high and manoeuvering seaward under her own power. The convoy was beginning to regroup off Severomorsk, five nautical miles at sea. Underway, she gulped tons of seawater as ballast and settled lower in the icy depths. But nature was not yet through with her devilment. As the merchantmen began forming for the return convoy, a *nightmare of arctic storms lashed the coast, the ships, the sea. The weather was the worst in decades, perhaps the worst in history, as* 85-knot gales tore the ships apart, furious in intensity. One coal-burning tramp sank, unable to cope with the winds and seas, possibly the victim of a rogue iceberg. The convoy never did form as scheduled, torn asunder from the outset. Some ships lost power and wallowed helplessly in the eye of the gale as the freak snowstorm blinded every effort of seamanship. The whiteout was all-consuming. Rescue tugs could not put out to sea for over 72 hours but were eventually successful in recovering two crippled freighters. The remainder of the fleet, after heroic and audacious efforts, managed a semblance of order, only once again to be mercilessly attacked by marauding U-boats.

The horrendous explosion occurred about noon on the fourth day out. The seas were relatively calm with only 15-foot swells and choppy whitecaps. The U-boat surfaced in the centre of a column and fired at point blank range. An enormous hole was blown in the hull 'midships and the icy seawater gushed in, flooding the boiler room and the main engine room. The ensuing explosion made short work of the merchant vessel and she sank within seconds. The U-boat, having obviously expended her last torpedo and reluctant to return to base with ammunition, chose to make one last daring sweep, and commenced a run at flank speed down the columns of the convoy. This *in itself would be unusual, but the fact that the gun crews were on deck firing cannons and machine guns at everything within range* made the encounter bizarre. One crewman, surprised and enraged as he ducked for cover from the sting of the hot lead being showered overhead, was seen to jump to his feet and race toward the fleeing submarine, shaking his fist high in the air. The whistling wind muted his piteous epithet so that it never reached the ears of the enemy: **"You cheeky BAA...STARRRR...DDDS!"**

It didn't help but he felt better anyway.

Concluded in 8 April issue.

Holberg Radomes



"Who says working at CFS Holberg doesn't get to you!"

Comox Glacier Ladies

Start Date: 5 April 1993
Registration: 5:30 p.m.
First Tee Off: 6:00 p.m.
Registration Fee: $6.00
Weekly Fee: $1.00
Green Fees for Non Members: $10.00

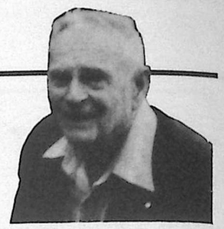
You do not have to be a pro to play. Come out and meet new friends, have fun and play GOLF.

Monday Night Golf

Our Pro Scott Fraser will be on hand to give clinics once a month which will cover all aspects of the game. For more info please call Yvette at 339-2002.

Feature

Flight Test Apprehensions



By Jim Kirk

On the bulletin board in the flight room was posted a notice advising all concerned we would be receiving a visit by "Test Flight" from Central Flying School, Trenton.

Test Flight consisted of a number of senior flying instructors whose job was to go from station to station testing all staff pilots in the BCATP across Canada.

The first reaction by almost all who read the notice was a moan or groan, followed by such remarks as: "Oh no, not again!" or "Is it a year already?" Most of us had been through it before; "sweating blood" for a couple of hours and with the usual follow-up stories of how tough the testing officers were. DRR's (daily routine rumours) were already circulating that this year they would be even tougher!

For a week before Test Flight was due to arrive there was a continual line-up at the Link Trainer rooms, for some extra "under the hood flying" or over at Conversion Flight to use a Harvard or Crane for a few exercises. Of course we had to carry on our regular training programmes with the bombing and gunnery students. Those of us on night flying programmes concentrated on our instrument flying, single engine procedure, and other aspects required to keep our "A" certificates in order.

Test Flight arrived in their own transport plane and set up headquarters at Conversion Flight where they would operate for most of the coming week. Pilots, on duty and off duty, reported in at their appointed times, like reporting in to the dentist's office! They concentrated on day flying chaps for the first couple of days; then two or three testing officers took over checking our night fliers.

When we came on duty for night flying, we already began to hear grim stories from some of the daytime crew. "And they'll be even tougher on you night jockeys." Later we heard of one over-zealous testing officer who flicked off the switches after they had already completed a forced landing procedure and were "climbing back out." By the time the pilot had got the switches back on they were out of room and he had no choice but to belly land and skid on into a grove of trees, shearing off both wings before coming to a stop. An investigation was under way and a possible court martial for the testing officer.

I was then senior night pilot and had recently been appointed deputy O.C. night flying operations. So I had to look after lining up the chaps on and off duty to report for their Test Flights. I had scheduled myself in during a quieter period of the night and was going over the next hour's schedules with our Dispatcher when an officer entered. He introduced himself as a Wing Commander, the C.O. of Test Flight. I introduced myself and the Dispatcher and told him I was preparing to go over for my appointment. He said it was busy over there and he would do my testing in my own aircraft. He asked if he could look through my log book while I finished up with the Dispatcher. I could hardly concentrate on the remaining schedules with the Dispatcher for the thoughts racing through my mind: "Ouch, I've drawn the senior testing officer himself!"

We walked out together toward the aircraft parked out on the line. The Dispatcher had called up the ground crew who followed us out. The C.O. watched me as I did my ground check around the aircraft. Inside, and seated up forward, the C.O. noticed one of the ground crew preparing to crank the starboard engine and remarked, "Oh yes, an old Mk. I Anson with Cheetah engines. It's been a long time since I flew one of these.:"

We took off into the night and I prepared to wind up the landing gear. He stopped me and told me we would just do a couple of circuits first. So we went around and made the usual night landing. While we were still rolling he told me to take off again.

While we were climbing out this time, he said he would like to try a landing himself from the right seat. I turned over control to him and he took us around and made a perfect landing. I complimented him on the landing and he turned over control to me and asked me to take us back to the line. After we were parked he told me to shut down and thanked me for the ride. "I'll let you get back to your duties now."

My head was swimming as we walked back to the hangar. I guess we talked but I can't remember! While I was signing in, the Dispatcher looked at me with a quizzical look. I just shrugged my shoulders and looked heavenward. Later, after the C.O. had left, I looked at my log book lying open on my desk. A large rubber stamped area indicated: "Central Flying School, R.C.A.F. Station Trenton, Ont. Category: "A" Anson. Remarks: A high average staff pilot in all respects. D.I. Macklin, W/C."

You could have knocked me over with a feather!

From HamisH's Files of This and That

Mr. Editor, you asked for more.
I hope your readers won't be sore.
Since "Crazy English" you seem to like
Here's more to whet your appetite.

Odgen Nash once wrote:
"One bliss for which
There is no match
Is when you itch
To up and scratch."

To which I add, with apologies:
But not where there's an itch
That you have to stand up to scratch.

And on the same theme:
What about the itch in your foot
That you can't scratch until you look
For a place to stoop to take off your boot.

More Sense and Nonsense – from Authors Unknown
As I was standing on the stair
I met a man who wasn't there.
He wasn't there again today.
I wish to heck he'd go away!

Nuttier than a fruit cake:
I've never seen a purple cow,
I hope I never see one,
But if I ever have the chance
I'd rather see than be one. Amen.

Ode to Weight Watchers:
Roses are red, violets are purple
And you are sweet like maple syrple,
Nutra sweet – that is.

Einstein's Theory, Explained Relativitly:
There was a scientist named Bright
Who out into space made a flight.
He took off one day
In a relative way
And returned home the previous night.

A Toast To You – With Warm Beer:
Here's to you – as good as you are,
And to me – as good as I am.
For as good as you are, and as bad as I am,
I'm as good as you are as bad as I am!

From the Encyclopedia of Useless Information:
A Sidehill Gouger: a critter that walks around sidehills with one leg longer than the other. There are two species: Clockwise Gougers and Anti Clockwise.

ENUFF AGAIN ALREADY!

Canadian Forces Decorations

***Front Row L-R:* MCpl Yokom, MS Gammel, LCol King BTSO, MCpl Keyes. Back Row L-R: Cpl Andrade, MCpl Bedford, Cpl Long, Cpl Broadbent, MCpl Franke, MCpl Rimmer, MCpl Savard, Cpl Lavallee, MCpl Fortin.**

A Short Story

It was a beautiful harvest moon shining in a warm night sky. Numerous aircraft had been flying about on their various errands. Finally, long after midnight, the last exercises were completed at the target areas and a half-dozen kites were returning to base. All were dutifully observing radio silence; there was a war on and orders were orders.

Suddenly the silence was broken as a clear, quiet, almost sultry voice whispered, "Isn't it a lovely moon?" Following a brief silence another voice quietly replied, "Yeah, let's fly to the moon." Then a much clearer voice came on the air with "All aircraft must file flight plans before taking off to the moon!"

After a pregnant silence another voice came over the airwaves enquiring, "Who Dat?" Yet another voice came back quickly asking, "Who dat saying who dat?"

Finally an authoritarian type voice came booming in advising, "This is Command Radio. You are being monitored."

We never knew and didn't dare trying to find out if the last voice was official.

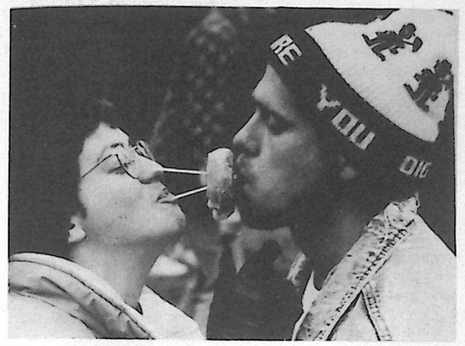
It was an angelic looking – you might even say "moonstruck" looking – group of fly boys that signed in after a very quiet remainder of their flight back to base.

End of Story.

Feature

12th Annual Hoser Party 1993

Donut Eh?



Marie Lapierre and Woody Woodruff in Donut Relay. ***Photo by Rod Cando.***

Good Day, Eh?

Shack's Annual Hoser Parties just seem to get bigger and better every year. On Saturday 27 Feb 93 Brian (Shack) and Jill Shackleton hosted the 12th Annual Hoser Party at 2137 McKenzie Ave., Comox. There were 84 registered active participants in the Hoser Olympic Games and several spectators, totalling a record crowd of near one hundred people.

Hoser Day started with registration from 1130 to 1245. A brief ceremony was held at "High Noon" during which Brian and Jill's son Jared was officially baptized a Hoser. The Judges which included Jeff Bondy (Head Judge), Dan Martin, Rick Shrzyzala, Sue Pasolli, Maria Rheaume, Rainer Roedger and Mike Thurston were briefed by the Head Hoser (Shack) at 1245. The Hoser Olympic Games officially commenced at one o'clock sharp.

Event One (Donut Eating) was won by Brian (Weiner) Lavigne of the Beer (Green) Team. Brian, an experienced Hoser and former Gold Medallist in this event ('89), easily outclassed his competition. In addition to his Gold Medal, Brian was also awarded a hand-carved *"Moose" trophy, donated by* Avery Carvings, for his efforts.

Event Two (Down Under) was won by Joe Reynolds (Team Captain) and Brian Lavigne's combined efforts, to give the Beer Team 10 more points and a commanding lead in the competition.

Event Three (Donut Relay) was won by the Earmuff (Blue) Team, (1987, 1988 and 1991 Overall Champions), members Chris Vrabel, Debbie Perfitt, Neil Black, Carrie Usherwood, Sharon MacNeil and Rod Wiseman.

Event Four (Team Beer Race) was won by the Backbacon (Yellow) Team (1992 Overall Champions), members Ken Roy, Lorna Foggo, Marco Rekrut and Duane Capstick.

Event Five (Hoser Golf) was won for the second straight year by the champion duet of Joelle Jameson and Rick Johma of the Beer Team.

Event Six (Beer Relay) was won by the Donut (Purple) Team, members Eric Rheaume (Team Captain), John Tallon, Barry Little, Poppy Hallan, Bruce Crawford and Guy Ouellette.

Event Seven (Strainer Relay), First Time Event, was won by the Beer Team, members Joe Reynolds, Marie Lapierre, Chris Ouellette, Brian Lavigne, Lynn Levesque and Darren Blair.

Event Eight (Hoser Wheelbarrows) was won by the Buns (Pink) Team (1986 and 1990 Overall Champions), members Paul Hosegrove, Nikki Krug, Jake Jacobson, Chris MacNeil, Gary Depalmo and Chris Arnaud.

Event Nine (Hosery Sock Hop Relay) was won by the Beer Team, members Rick Johma, Marie Lapierre, Chris Ouellette and Darren Blair.

Event Ten (Hoser Triathalon, the Ironman Event) was won by Carl Ljungberg of the Earmuff Team. Carl won the gold medal, got his name and time (38 seconds) inscribed on the Ironman cup donated by Marge Easley, *NRS, and was awarded a* keeper hand-carved "Moose" trophy, courtesy of Butch Avery. Congratulations on being Ironman 1993.

This year's competition was dominated from the start by the experienced Beer Team. It is the first time that the Beer Team won the overall competition. They were led by veteran Team Captain Joe Reynolds and the Allround Athlete of '93, Brian Lavigne (winner of 3 gold and 2 silver medals) along with team members Rick Johma, Lynn Levesque, Joelle Jameson, Chris Ouellette, Darren Blair, Marie Lapierre, Dave Scragg, Woody Woodruff and Gary Keyes. The Beer Team racked up a record 69 points despite being disqualified in the Ironman and receiving zero points for that event. The eleven champions each received a hat courtesy of HiTech Screen Printing. Congratulations on a very remarkable Team effort; well done, eh!

Overall point standing 1993:

1. Beer (Green) Team, 69 pts.
2. Buns (Pink) Team, 42 pts.
3. Toque (White) Team, 37 pts.
4. Earmuff (Blue) Team, 36 pts.
5. Donut (Purple) Team, 34 pts.
6. Backbacon (Yellow) Team, 26 pts.

After the winning team and all of the organizers were awarded a hat, courtesy of HiTech Screen Printing, each of the sponsors were mentioned and thanked. It was then brought to everyone's attention that just the day before, our friend and fellow Hoser, Craig Coons, had died in a fire trying to save a young boy. The 1993 Hoser Olympics were dedicated to Craig and everyone toasted his memory. Our hearts go out to all the friends and family Craig left behind. At this point, it was about six thirty and the party was brought to a close. People either walked, utilized designated drivers, or took taxicabs home to ensure everyone's safety.

I would like to thank the following people and/or businesses for their donations, discounts or extra efforts:

1. **Labatts Breweries** (official Beer of the Hoser Olympics)
2. **HiTech Screen Printing** (ribbons, T-shirts, sweatshirts, hats and banners)
3. **H & L Meat Processing** (delicious back bacon)
4. **Buns Master Bakery** (fresh and tasty buns and donuts)
5. **Dairyland** (mild cheddar cheese)
6. **Marge Easley of NRS** (Ironman Cup)
7. **Avery Carvings** (hand-carved "Moose" trophies)
8. **The Trophy Den** (engraving of trophies)
9. **Laidlaw portable services** (Hoser and Hosette toilets)
10. **Bar staff, Comox Legion and Jr. Ranks Mess** (saving Labatt beer keg and bottle caps used for the medals)
11. **Katie Wylie and Judy Brandel** (typing of letters and providing the Official Hoser Baptismal Certificate for Jared)
12. **Rod Cando** (official photographer)
13. **Judges and organizers** (many extra efforts)
14. **Jill Shackleton, Pat MacNeil and Doris Cameron** (back bacon chefs)

Most of all I would like to thank the people who participated in the Hoser Olympic Games and for their donations to the Hoser cause. Take care and see you all next year at the 13th Annual Hoser Party, Eh!

Brian Shackleton

Comox Valley INSURANCE Service Ltd.
- INSURANCE BROKERS - CONSULTANTS
Autoplan
SERVING THE VALLEY FOR OVER 24 YEARS

COMOX 339-4847 Next to the Lorne Hotel
COURTENAY 338-1401 Opposite the Court House
SERVING THE VALLEY FOR OVER 24 YEARS
"INSURANCE IS OUR ONLY BUSINESS"

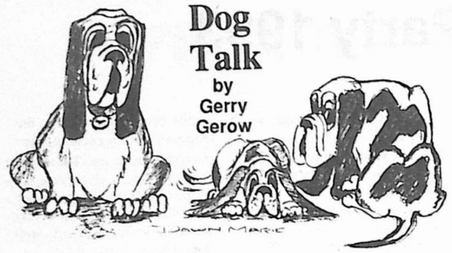
COMOX VALLEY FINANCIAL Services Ltd.
Our team of Insurance Brokers, Investment Advisors and Financial Planners have over 60 plus years of combined experience.
We offer a relaxed and consultative style to providing advice. Feel free to call us for an appointment.
RELOCATING ?
We Offer:
GICs - RRSPs
Investment Funds
RRIFs & Annuities
Life Insurance
Retirement Income Planning
480C 6th Street Courtenay, B.C. 338-8713
1782A Comox Ave Comox, B.C. 339-4847

Smitty's Family Restaurant Comox
NOT THE RIGHT PICTURE?
Let us cook breakfast

EVERY SUNDAY NIGHT
•PRIME RIB & Yorkshire Pudding Adult $10.95 Seniors $8.55
•ROAST TURKEY with stuffing Adult $9.95 Seniors $8.25
includes soup or caesar salad & our special house dessert.
KIDS MEALS only $2.59
Smitty's Across from Comox Mall 7:30-8, 7 days a week 339-3911

NEXT DEADLINE 5 APR

Leisure



Dogs in Canada

An interesting book this week. Why Does My Dog? by John Fisher, Howell Book House, New York, and Maxwell Macmillan Canada, Toronto, Ontario. $25.95.

This past year seems to have been one which has seen an extra large selection of doggy mind books (for lack of a better name for them). This is a good one for those of you who are wondering why your dog growls when he has a bone? jumps up at visitors? digs holes in the garden? chases cats? steals socks? etc. etc. Through the pages of his book, the author attempts to explain this to you, and much much more. Fisher is a highly experienced dog handler and trainer who now works as a full time dog behaviour therapist. Kind of a head-shrinker for dogs, I guess.

This is an attractively bound 231 page hardcover edition which hasn't been out too long, but if it is not on the shelf, you can order it by phoning Maxwell Macmillan at 1-800-465-5273.

One of the problems existing for a long time with the Canadian Kennel Club has been its virtual refusal to recognize new breeds of dogs despite the fact that these breeds, and there are many of them, have been around in other countries and in Canada, too, for many years. It was only when a rival organization reared its head and threatened to register these breeds, which had so long been denied registration by the C.K.C., that the Kennel Club powers that be realized that the public was no longer going to put up with this stuff.

In a recent issue of "Dogs in Canada" twelve newly recognized breeds are listed. New to Group 1, Sporting (hunting) dogs, is the Braque Francais (French Pointer). In Group 3, Working dogs, we find the Canaan Dog, Greenland Dog, Leonberger, and the Portuguese Water Dog. Cold Lake's Terry Bagley, with her kennel name "Terramara," has worked for many years toward obtaining recognition of the Canaan Dog. In Group 5, Toys, we see the recognition of a very cute little dog known as the Chinese Crested. In Group 6, Non Sporting dogs, which is a sort of a grouping of dogs that don't fit anywhere else, we see three new breeds, the Chinese Shar-Pei, Japanese Spitz, and the Shiba Inu. Group 7, Herding dogs, also has three new breeds, the Australian Shepherd, Berger des Pyrenees, and the Berger Picard.

Let's hope the trend toward recognizing the several hundred breeds of dogs not presently recognized in Canada continues. There is a need for caution to ensure that any new breeds are legitimate and properly stabilized, but there are many which have been around for centuries which are still not recognized by the C.K.C.

What do they mean when they speak of stabilizing a breed? Well, to put it simply, mother nature doesn't like her species messed with. If, for instance, you breed poodles to cocker spaniels, a popular mix these days, you get a loveable little dog which many call a cockapoo. But if you breed these cockapoos together, you will wind up with some more-or-less cockers, and some more-or-less poodles, as mother nature tries to put things back where they were. A new breed only comes about through many generations of selective breeding.

GLACIER GREENS BAR AND GRILL

Having a Wedding, Anniversary or just a fun Party?
Come to the best location in the Valley
at the Glacier Greens Gold Club's Bar and Grill
We can accommodate up to 115 people in a private setting overlooking the Glacier
For further information call Marg or Diane at 339-8720

NEXT DEADLINE 5 APRIL NOON

Employee Assistance Programme

Cycle of Violence

Battering is a pattern of behaviour, not one or two isolated incidents. The cycle of battering behaviour is that over time the violence will tend to increase in intensity and severity, possibly ending in death. Outside intervention is usually necessary to break the cycle.

People say women must like being abused or else they would leave. WRONG! There are many reasons why women stay: from fear, from hope, from strong social pressures to preserve the family, from perceived or real lack of alternatives.

Alcohol is a factor in roughly only half of all abuse cases. Alcohol can aggravate abuse but it is not the cause of it. Wife abuse is caused by a more deeply rooted intention to hurt and control.

Children are victims, too. Children who witness or experience violence in the home suffer long term emotional consequences. Studies have shown that children tend to repeat, as adults, what they witness and experience as children.

Men who batter are:
- from any race, religion, or social class
- aggressive
- impulsive; acting without regard to consequences
- blaming
- rigid in their masculinity
- unable to express/recognize/identify emotions in self/others
- often substance abusers (alcohol and/or drugs)
- low in self-esteem
- in denial about, or minimize, violence

The victims of wife abuse are:
- constantly fearful and stressed out from the violence
- depressed and possibly suicidal
- low in self-esteem
- feeling trapped and isolated
- economically dependent
- ashamed and embarrassed about the violence
- feeling responsible for the abuse
- experiencing psychosomatic ills and complaints

Support groups, counselling, as well as emergency shelter are available for victims of abuse. Counselling is also available for children who have witnessed violence in their homes.

EAP Referral Agents:

Carol Anderson	8356
Russ Burns	8625
Bev Chadderton	8857
Evelyn Femia	8336

In DND, The EAP is a joint Union/Management program.

CFB Comox Family Support Centre

Hours of Operation: 7:30 - 4:30, Mon to Fri

Address: 119 Little River Road

Mailing Address: Family Support Centre, CFB Comox *Lazo, BC V0R 2K0*

All Services are ***Confidential***

Services available:
- Volunteer information services
- Practical problem solving
- Financial counselling referrals
- Babysitter list -- adults and trained teenagers
- Cleaner list
- Welcome package

Ongoing programs:
- Teen program
- Tuesday morning discussion group with childcare provided
- Confidential short-term Counselling services
- Parenting information
- Emergency shelter

Drop in anytime or call 339-8654 or 339-8655

Family Support Centre programs are open to all military families and Base employees.

On Going Events

Tuesday Discussion Group. Every Tuesday 10:00 - 11:45 a.m. at FSC. Speakers, crafts and good company. Child care provided. Everyone Welcome.

A Morning Together. Every Wednesday 9:30 - 11:30 a.m. at the Community Centre next to the Canex. Parents and their children are invited to a morning with games, crafts, songs and social interaction for children under 5.

April Special Events

Canadian Forces SISIP Workshop – Monday evening 19 April, 7:00 - 8:30 p.m. at the FSC. **Registration is required by 13 April.** Call the FSC at 339-8654 to register. No fee for this workshop. The Service Income Insurance Plan representative for British Columbia, Mr. Michael (Mick) Phillips, will discuss important aspects of life and disability insurance for the military family. Topics covered will include possible benefits from government plans, how to determine your actual insurance needs, and how SISIP can be used to fill the gap between the two. Spouses are strongly encouraged to attend.

Babysitters Course – A Babysitters Course will be held 2 & 3 April, Friday evening 6:00 - 8:30 p.m. and Saturday 9:00 a.m. - 2:00 p.m. at the FSC. Registration deadline 25 March. Fee is $12.00. If you are interested, call 339-8654 for registration.

Deployment Support – Drop-in times are **10:00 - 11:00 a.m., Wednesdays 7 April & 21 April** at the FSC. Call Jo or Mara at 339-8654 for more information. Everyone Welcome.

Parenting Teens Workshop – Tuesday evenings 23 March - 27 April (six sessions). An opportunity to learn and share with other parents of teenagers. Communication, problem solving, self-esteem, etc. Call 339-8654 for information. No fee.

Life Saving Lessons for Base Dependant Teens – From 31 March to 28 April, Wednesday evenings at the CFB Comox Recreation Centre. Bronze Medallion: exam $12.00, senior resuscitation exam $7.00, text book $17.00. Bronze Cross: exam $12.00.

Menopause Information Group – Next meeting **Monday 29 March, 3:45 p.m.** at the FSC. Everyone welcome. For more information call Mara at 339-8654.

Parents of Teens interested in joining a newly formed Parent Advisory Board, please contact the FSC for information.

Moving or Spring Cleaning? For our child care program we are in need of large area rugs, indoor and outdoor toys and equipment, ie. shelves, tables, chairs, storage containers, paint easel/chalkboard, tricycles, swings, puzzles, games, tapes and books. Donations of these articles would appreciated. They can be droppped off at the FSC or call for pick up at 339-8654.

Non-Canadian Spouses – Moving to a new country with a different culture, far away from family and friends, can be a difficult transition. If you would like to be involved in starting a group for non-Canadian spouses call Mara at the FSC 339-8654. We would like to know how this group could best meet your needs.

To ensure minimum participation registration is required for all workshops.

Teen Events

Wednesdays 6:30 - 8:00 p.m. Sports Night in Base Gym

Thursdays 6:00 - 8:30 p.m. Video Night at Family Support Centre

Fridays 7:00 - 11:00 p.m. Dance at Base Community Centre next to Canex

For more information on Teen events call Jennifer at 339-8655

All Services / Workshops / Groups are confidential

Leisure

By Carolyn Haight

Country Kitchen

A Taste of Italy

Italian food is a favourite among people of the Western world. There are scores of Italian -American restaurants, and Italian pizza is a mainstay for late night TV snacking. But Italian cuisine is more that popular dishes such as fettuccine alfredo, spaghetti, veal scaloppini, and lasagna. These dishes that are served in restaurants are only a small part of Italian cooking.

Italy stretches over 600 miles from north to south, and there are great variations in food and drink. Rice and a mild, sweet sausage are favourites of Northern Italians, whereas Southern Italians are pasta lovers and prefer a hot and spicy sausage.

In Sardinia, polenta (cornmeal mush) and many types of gnocchi (dumplings) accompany meat dishes, or are served with tomato sauce and cheese as a main dish.

Sicilians have a variety of tasty foods. Swordfish, sardines, eggplant casseroles, and numerous sweets are all a part of their many spicy, aromatic dishes.

Mild flavoured foods are more common in and around Rome. Fettucine and various vegetables are a major part of the Romans' diet.

Naples is most famous for pizza and veal scaloppini.

Italian cuisine has become quite common in North America, and it is almost a part of our everyday cooking. However, the relaxed Italian meals are not a part of our culinary lives. For instance, lunch in North America might mean a quick sandwich and a drink, but lunch in Italy is a leisurely full course meal that lasts not less than two hours.

One other reason (besides great taste) that Italian cooking is so popular is because it's economical. There is less of the expensive ingredients (such as meat) used, and more eggs, cheese, fish and fowl.

The following recipes include well known Italian dishes, as well as some not so well known (but still delicious) dishes.

Homemade Fettuccine

2 cups all-purpose flour
1 large egg plus 1 extra yolk
1 T. fine-grade olive oil
pinch of salt
¾ cup warm water
8 quarts boiling salted water

Put flour in large bowl and make a well. Add eggs, oil and salt. Mix until dough can be made into a ball. Add a few drops of water, one at a time, mixing with spoon to form a ball. Knead lightly on floured board until smooth and elastic (add more flour if necessary). Wrap in waxed paper and let dough sit 10 minutes before rolling out. Divide into halves. Cover one with waxed paper while rolling out the other half. Flatten dough with floured hands and roll out with rolling pin until paper thin. *Sprinkle lightly with flour and let* sit 10 minutes. Repeat with other half. Carefully roll up dough, jelly-roll style. With very sharp knife, cut through rolls crosswise in ¼-inch strips. Unroll strips and spread to dry on waxed paper. When dry, cook in boiling salted water until al dente, 5 to 7 minutes. (Add olive oil to water to prevent noodles from sticking.) Drain. Note: noodles can be kept for 24 hours before cooking if covered tightly and stored in plastic wrap. Noodles can also be frozen.

Spaghetti Sauce

Pot One:
14 oz. can tomato sauce
8 oz. can tomato paste
20 oz. tomato juice
handful of parmesan cheese
1 T. sugar
3 small red peppers, chopped
3 T. parsley
½ tsp. EACH oregano, sage, nutmeg, thyme, garlic salt, sweet basil

Cook for one hour on medium heat.

Pot Two:
¾ cup olive oil
2 lbs. ground beef or mild Italian sausage
2 large onions, sliced
2 or more cloves garlic
1 cup diced celery
1 cup diced or grated carrots
salt and pepper to taste

Brown meat in olive oil. Add all other ingredients and cook for 15 minutes. Combine Pot One and Pot Two and cook on low heat for 3 hours. Note: the homemade fettuccine noodles are excellent with this sauce.

Broccoli Sauté

2 lbs. fresh broccoli
½ cup water
¼ cup peanut oil
2 cloves minced garlic
1 tsp. salt
dash of pepper

Wash broccoli; split end of stalks lengthwise into halves or quarters, depending on size. Place in large skillet; sprinkle with water, peanut oil, garlic, salt and pepper. Cover tightly; cook over very low heat 20 to 30 minutes, or until stalks are tender, turning broccoli several times.

Italian Raisin Cake

1 lb. seedless raisins
2 cups water
1 tsp. baking soda
½ cup soft butter
1½ cups sugar
3 large eggs
1 tsp. salt
½ tsp. ground cloves
½ tsp. ground nutmeg
2 tsp. ground cinnamon
3 cups cake flour
2 cups chopped walnuts

Plump raisins by cooking in water 10 minutes. Strain, reserving liquid. Add baking soda to reserved raisin liquid and set aside. Cream together butter, sugar, eggs, salt and spices until fluffy. Add flour and liquid alternately, beating after each addition. Stir in raisins and nuts and beat thoroughly. Pour into a well greased tube pan. Bake in preheated oven at 325° F for 1½ hours, or until a toothpick inserted in the center comes out clean. Cool on wire rack before removing from pan.

Classic Lasagna

¾ lb. lasagna noodles
1 cup freshly grated parmesan
2 T. butter

Meat Sauce:
2 T. olive oil
1 onion, chopped
2 cloves garlic
1 carrot, chopped
1 stalk celery, chopped
1 lb. ground beef
½ cup dry white wine or chicken stock
1 - 28 oz. can plum tomatoes, puréed
1 tsp. salt
1 tsp. pepper
½ cup whipping cream

Sautée onion, garlic, carrot and celery in oil. Add beef and brown. Pour in wine and cook for 5 minutes. Add tomatoes, salt, pepper and bring to a boil. Add whipping cream, reduce heat, and simmer for 20 minutes or until sauce thickens.

Besciamella Sauce:
¼ cup butter
¼ cup flour
3 cups milk
dash of salt
dash of pepper
dash of nutmeg

Melt butter, add flour and cook until thickened. Whisk in milk and bring to a boil, then reduce heat to medium-low and cook, stirring constantly for 10 minutes.

In large pot cook noodles al dente. Layer noodles in 9"x13" pan. Put meat sauce on noodles, then add noodles, besciamella sauce, and finally the parmesan. Repeat layers, ending with a layer of noodles covered with besciamella sauce. Sprinkle parmesan (or mozzarella) cheese over all. Note: homemade fettuccine noodles can be used if noodles are cut into 1½-2 inch strips instead of ¼-inch strips. *Bake at 375° F for 40 minutes.*

NOTICE

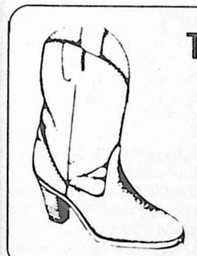
To: Residents of Wallace Gardens

Re: Candidates for Community Awards

If you know someone deserving of this award, please submit their name in writing to the Council Office by 30 March 1993. Awards Night will be 20 May 1993.

WO & Sgt's Mess March & April 1993 Calendar

Thursday 25 Mar	Men's Darts, 1900 hrs
Friday 26 Mar	TGIF, Chili & Chips ARAF Retirement Mess Dinner
Friday 02 Apr	TGIF, Bratwurst & Sauerkraut Bingo, 1900 hrs
Thursday 08 Apr	Men's Darts, 1900 hrs
Friday 09 Apr	TGIF, Cabbage Rolls
Monday 12 Apr	Wives Club Meeting, 1900 hrs



Tri-City Boot Repair & Sales
We've Moved!
Next to Subway
Cliffe Ave & 8th St., Courtenay
Tuesday to Saturday—9:00-5:30
TOP QUALITY
SHOE AND LEATHER REPAIRS

Dogwood
Insurance Services Ltd.
For All Your Insurance Needs

HOMEOWNERS
CAMPER/TRAILER
MARINE
LIFE
TENANTS
MOBILE
BUSINESS
TRAVEL

Autoplan
OUT OF PROVINCE TRANSFERS/PERMITS
Conveniently located at the bottom of Ryan Road Hill at Island Hwy in Mount Washington Plaza Courtenay -- Phone 338-6766. and Cumberland -- Phone 336-8524
VISA

Great Style ... Great Looks

We Now Carry Original Fragrances...
•Polo •Drakkar •Cool Water •Sung •Hugo Boss •Alfred Sung •Gucci •White Diamonds •Oscar •Guess •
Plus Many, Many More!
GIFT CERTIFICATES AVAILABLE
MERLE NORMAN
FREE MAKE-UP LESSON

Makarios HAIR DESIGN
435-5th Street Downtown Courtenay 338-0136
MERLE NORMAN COSMETIC STUDIOS
437-5th Street, Downtown Courtenay 338-1362

Health & Fitness

To Your Health

Health information from the Registered Nurses Association of British Columbia

Taking Care of a Child With Asthma

Asthma can be a tough challenge for children to face. But with the help of parents and other caregivers, most children can cope with this disease and still enjoy a fairly normal life.

Asthma is caused by inflammation (or swelling) of the airways within the lungs. The most common symptoms are wheezing, coughing, shortness of breath and a feeling of tightness in the chest.

Children are affected differently by the disease. Five per cent are seriously troubled. Symptoms occur almost every day and affect the child's ability to enjoy normal activities, including running and playing. Another thirty per cent experience symptoms every four to six weeks and may require admission to hospital several times a year.

Sixty per cent of children with asthma suffer only mild and infrequent symptoms two or three times a year. These can show up during the winter, along with a cold, and in spring, coupled with pollen allergies. Five per cent suffer a chronic cough that is typically dry, worse at night, and comes and goes with exercise and having a "cold" or other infections like the 'flu.

The goal of asthma treatment is to stop inflammation of the lungs and, by doing so, to get rid of the symptoms. The illness is treated in two ways – with anti-inflammatory medications and bronchodilators. Bronchodilators, drugs which are usually administered with inhalers, are used for temporary relief to open airways so children can breathe easier. They relieve symptoms but do not treat the underlying inflammation, as do anti-inflammatory drugs.

Children usually have to try a few drugs until their doctor finds the right treatment for them. However, once a child is on a treatment plan, it should be followed carefully. When a child is feeling better, he or she should still take the drugs unless recommended otherwise by a doctor. Symptoms may develop again if the child does not continue taking an anti-inflammatory drug to control the underlying problem of inflammation.

Similarly, drugs should not be used more often than recommended. If your child needs to use an inhaler frequently, consult your doctor. The child's treatment plan probably needs to be changed.

If your child must use an inhaler you should become very familiar with how it works. They are used very commonly because asthma drugs are generally most effective when breathed directly into the lungs and airways. Several different types of inhalers are available. Choose one based on your child's age and drug requirements.

Take extra care of a child with a cold or the flu. Both can cause swelling of the airways and may require a change in the treatment plan. Allergies and second-hand cigarette smoke are also known to cause inflammation in the airways of children with asthma. Other factors, such as exercise and cold air, can also act as "triggers" or irritants when airways are already inflamed.

Don't allow smoking in your home and keep it clean. When your child is suffering from asthma symptoms, dust and vacuum frequently. Don't allow pets indoors. Make sure your child has a clean, dust-free mattress, sheets and blankets.

For more information about asthma, call a community health nurse through your local health unit, daycare or school. You can also get excellent assistance from the nurse educator at the B.C. Lung Association by calling 731-4961 if you are in Vancouver or 1-800-665-5864 if you are elsewhere in B.C.

info health

Dr. Bob Young

The Pill

Conception control using oral tablets has been around for over 30 years, plenty of time to assess their strengths and weaknesses. At times "the pill" has had a rough passage, having to weather a seemingly endless number of concerns. A recent survey showed that over 75 per cent of women still believe the pill is dangerous.

No so, says an article in the January 1993 issue of Post-graduate Medicine. While many women think the pill may be unsafe, few know about the many beneficial effects of oral contraceptives. It is now apparent that these outweigh the risks by a remarkable margin.

Birth-control pills offer virtually complete protection against pregnancy if doses are not missed. Complications are seldom seen; the chance of a woman dying during childbirth (a rare occurrence) are five times greater than her dying due to problems caused by the pill.

The incidence of ovarian cancer, which killed 12,000 U.S. women in 1991, is 40 per cent less in those who are, or have been, on the pill. Even after short-term use (three to six months) the protection lasts for many years. Likewise, cancer of the lining of the uterus was reduced by the same percentage, with protection lasting for at least 15 years if the pill had been used for a year or more.

Ectopic pregnancies (in the fallopian tube) are increasing, probably due to the rise in sexually transmitted disease. They are very rare in pill takers; with no ovulation there is no pregnancy, tubal or in the uterus. Also, hospitalization for tubal infection is needed only half as often providing the woman had not had an episode of this disease prior to starting the pill.

There is more. There are two main types of non-cancerous breast lumps. The frequency of both are reduced by 30 to 60 per cent under the influence of oral contraceptives. This effect is noticed in all age groups and may last a year or more after the pills are stopped.

Painful periods, heavy flow (with the possibility of anemia), and irregular cycles are annoying, but less worrisome problems that respond very well to birth control pills.

Finally, pill use does not have to stop at age 35 or 40 anymore – the concern about heart or blood vessel risk is no longer there, except in smokers.

Half a Liver

I took out half a liver a while back. Actually, I didn't (GP's don't do this kind of surgery), but I helped two certified surgeons and an intern do the job. The operation rates as a major one.

The patient had had a cancer removed from his bowel a couple of years earlier. There was initially no sign of spread and he did very well. The cancer clinic kept an eye on him, monitoring blood tests and CT scans, looking for, but hoping not to find, evidence of recurrence or spread.

The blood test was the clue that something was amiss; the scan of the liver showed what it was. There was a growth, a long way from the primary one. But there was only one, relatively isolated, technically possible to remove, or resect, as the surgeons say.

I have often helped snip out a small wedge of liver tissue, usually to obtain a biopsy of a cyst or lump. Biopsies of diseased liver, where a specific location is not important, are usually done using a needle through the skin. Occassionally the liver is lacerated in an accident; rarely it may get nicked during gallbladder or other surgery.

Surgeons have tended to shy away from the liver. To be honest, a single metastatic cancer is unusual; more often multiple modules or widespread infiltration make operation fruitless. Removing a large portion of a lobe requires knowledge of the network of blood-vessels and bile passages. There are no dotted lines to follow.

Bleeding during the operation is profuse and expected. While small tears or rents can be packed with a clot-promoting foam, bleeding from a large surface needs other treatment. An electric cautery is used to sear the raw surface – the modern equivalent of immersing the stump of an amputated leg in boiling tar.

The operation is a little boring for the assistant. Each quarter-inch cut is followed by placing a clip on the larger vessels and burning the rest of the oozing surface, over and over again for three hours or so.

Although the two surgeons took meticulous care, the patient required 10 units of blood during, and a couple more following, the operation. As expected, I was told, but it sure kept the anaesthetist busy.

The patient? Never turned a hair. A day in intensive care, a week on the ward, and home. Certainly with a happier outlook on life with that thing out of there.

Lions Drop-In Bingo
Every Friday 7:00 p.m.
Friday April 2:
Five $300 Early Birds
Free Coffee
Proceeds to Local Charities
Come Early - Bring a Friend
Behind Comox Library

Looking for Work?
Self Development Services
specializes in *Career Development and Job Search Skills*
call 338-6722 for information about
* Job Finding workshops (sponsored by CEC)
* Private consultations for Force Reduction personnel

DAVID H. NICHOL
Manager
BRAIDWOOD FINANCIAL
One Stop Financial Centre
PHONE: 338-2715
FAX: 338-2716
204 ISLAND HWY., NORTH
COURTENAY, B.C.
V9N 3P1
OPEN FOR RRSPs
Saturday 27 – 9-5
Sunday 28 – 9-4
Hours of Operation
Monday to Friday 9-5
Saturday 9-4

Harvest Valley Foods Ltd.
FILL YOUR FREEZER
MENTION THIS AD FOR $50 OFF
We accept post dated cheques
CHOOSE FROM TOP QUALITY BRAND NAMES
ALL 100% UNCONDITIONALLY GUARANTEED!
BEEF - PORK - VEGETABLES - POULTRY - STAPLES
SPECIALS - FREEZERS - CASE LOTS - BRAND NAMES
Absolutely no obligation when you phone our information line!
CALL TODAY
Out of town customers call collect!
384-3592
Head Office - Victoria
Locally Owned and Operated

Sports & Recreation

Comox Totems Win 1993 PAC Region Broomball

Totems halt Chilliwack's drive for six

During the week 21 - 26 Feb 93, CFB Comox hosted the 1993 Pacific Region Broomball Championship which involved teams from CFB Comox, CFB Chilliwack, CFB Esquimalt and Fleet. The tournament was a double round-robin, with first and second place teams playing for the championship. Broomball fans were treated to excellent broomball during the tournament and after the round-robin, Comox Totems were the favoured team. The final standings in the round-robin are as follows:

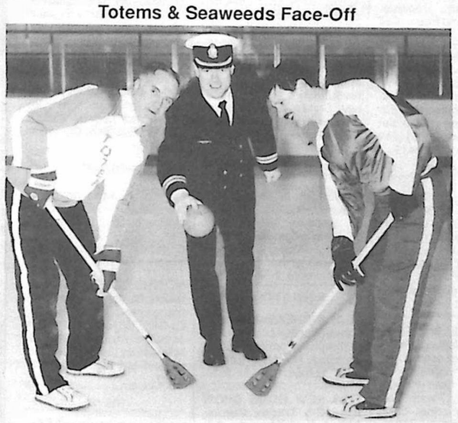
CFB Comox, 6 wins
CFB Chilliwack, 4 wins
CFB Esquimalt and Fleet, 1 win each

The Totems were led by Barry Hewer's hot hand, 14 goals, plus a fine mixture of veteran broomball players along with young talent to offset both offence and defence. Goaltending was also a key to the Totems' success as they only gave up 3 goals during the competition while registering 5 shutouts. The Totems went undefeated in the round-robin, beating CFB Chilliwack 3-1 and 4-0, CFB Esquimalt 3-2 and 5-2, and Fleet by scores of 5-0 and 4-0. CFB Chilliwack ended up in second place and would have had to beat the undefeated Totems twice on Friday, 26 Feb 93, to claim the championship. However, the Totems were not to be denied the championship this time around as they defeated CFB Chilliwack 1-0 in a hard fought contest. The championship game was classic broomball, with end to end action and fantastic goaltending by both goalies. Chilliwack came out pressing hard, hoping to score the first goal and put pressure on the Totems. The first period was scoreless and the Totems settled down to play heads up broomball in the second period. Chilliwack were completely bottled up in their own end 90 per cent of the second period and luck, plus good goaltending, kept them in the game. Finally, Comox broke through with Ian Adams scoring the winning goal, assisted by Bob McMahon, late in the second period to claim the championship. CFB Comox will be picking up Elmer Gallant and Jim Peasley to strengthen the team in the hopes of winning the first ever National Championship for the Pacific Region. The Nationals will be hosted by CFB Calgary 16 - 26 Apr 93. Prior to press the Totems will be participating in the B.C. Provincials 19 - 21 Mar 93 at Kamloops, B.C.

Last but not least, the Totems would like to thank the BPERO Section plus our supervisors for their support.

Front Row: (L-R) Steve St. John, Bill Bailey, Claude Boily, Gene MacLeod, Ian Adams, Barry Ryan, Bob McMahon. Back Row: (L-R) Wilf Laybolt, Frank Morrow, Les Conneley, Steve Morrow, Bruce Bellaire, Billy Tarbett, Barry Hewer, Brian Giese and Coach Frank Morneau.

Totems & Seaweeds Face-Off



Opening Face-off: Lt(N) Fred Bradley, BPERO CFB Comox, conducting opening face-off between Barry Ryan, CFB Comox Totems, and Elmer Gallant, CFB Esquimalt.

1993 Broomball Champs

Col Terry Rogers, Base Commander CFB Comox, and Lt(N) Fred Bradley, BPERO CFB Comox, presenting Barry Ryan, Captain CFB Comox Totems, the Pacific Region 1993 Broomball Championship pennant.

CFB Comox Yacht Club/CFSA

The next monthly meeting will take place Tues 6 Apr at 1900 hrs at the Air Force Indoctrination School student lounge. Please use the Southeast door.

Fourteen students have completed the classroom phase of the keelboat course. Sailing will start when the weather improves. The keelboat will be sporting a new 15 hp Honda.

Plans are underway to participate in the 6 Jun sailpast. Dates for summer cruises, open house, etc. will be finalized at the Apr meeting. Come out and meet your salty sailor friends.

CFB Comox Fall/Winter Sports Banquet

7 April 1993 – Totem Inn
Meet & Greet - 1830 hrs.
Buffet - 1915 hrs.
Awards Presentation - 2000 hrs.
DJ/Dance - 2100 hrs.
Tickets $5.00 each available at Rec Centre or Sports Rep. Dress semi-formal (no jeans).

Intersection Fastball Meeting

1 Apr 93, 1000 hrs, at the Base Rec Centre. All team reps are encouraged to attend. Volunteers are required for League President, Vice-President & Statistician.

Intersection Mixed Slo-Pitch

A league meeting is scheduled for 2 Apr 93 at 1000 hrs at the Base Rec Centre. All team reps are encouraged to attend.

CFB Comox Ball Hockey League

There will be an organizational meeting 5 Apr 93, 1000 hrs, at the Base Rec Centre. Team reps are encouraged to attend.

Base Men's Fastball Team Meeting

6 Apr 93, 1000 hrs, at the Base Rec Centre. All players interested are encouraged to attend. Anyone interested in coaching is also encouraged to attend.

Glacier Greens

By Rose McCliesh

Due to unfavourable weather conditions, the mixed 4-ball golf tournament which was to be played at G.G. on Sunday 21 Mar 93 has been re-scheduled to **Sunday 28 Mar 93**. This 9-hole tournament will follow the **annual spring general meeting**, which will be held at **10:00 a.m. Sunday 28 Mar 93.** Sign up for the tournament in the pro shop. Cut off time and date, **12 noon, 26 Mar 93.**

One suggestion for speeding up play is to walk quickly to your ball between shots, studying your shot as you walk.

Upcoming Events:

General Meeting 10:00 a.m. 28 Mar 93

9-Hole Scramble Mixed Opening Shotgun Start, approx. 10:45 a.m. 28 Mar 93

Zone 6 Jrs. Sun 28 Mar 93

Mike Burrows Charity Golf Tournament

In conjunction with Col Rogers and Glacier Greens G.C., a charity tournament to aid YANA (You Are Not Alone Society) will be taking place at 4:00 p.m. on 27 Mar 93. Mike Burrows has been a mainstay on the Island Professional Golf circuit for 8 years. His hiring as Head Professional at the Worther See Velden G.C. in Austria provided a great opportunity to host a charity golf tournament.

YANA was formed in the Comox Valley to help those families whose children must be moved from the Valley for medical care, whether it be a congenital disease, a handicap, sudden illness, accident or injury. Everyone is welcome in this golf tournament with $10 out of the $12 entry fee going to the charity. The grand prize, donated by Island Stretch Limousine Service and Kingfisher Resort will be a champaigne serviced limousine ride to and from the Kingfisher Resort with cocktails and a four-course meal. Phone Scott Fraser at 339-6515 for information.

Golfers! Golfers!
At Glacier Greens G.C.,
Price is Just the Beginning!
Not Only Do We Guarantee
to Match Any Price in the Valley,
But Come See Our Service!
We Offer FREE Clubfitting
With All Club Purchases
We Offer a FREE Lesson
With Every New Set Purchased
And
We Offer No Hassle Warranties
Come See the Difference at
Scott Fraser Golf Shop
Glacier Greens Golf Course

Co-Ed Volleyball Playoff Schedule

for 25 March 1993

1800	BAccn/B Bed O's	vs	MP's
1800	Rawlings Raiders	vs	442 Sqn #1
1900	Wrecking Crew	vs	Airport School
1900	BAMSO	vs	414 Sqn #2
2000	442Sqn #2	vs	414 Sqn #1

Public Announcements

C.V. Amateur Radio Club

The Comox Valley Amateur Radio Club holds monthly meetings the fourth Thursday of every month at the Kin Hut in Courtenay. All amateurs and prospective amateurs are welcome. For more info contact Dave Grimshire, local 8484, or the club repeater VE7 RCV, 147.91/31

New Library Hours

Effective 2 Mar 93 the operating hours for the Base Library will be as follows:

Monday	1800 - 2100
Tuesday	1100 - 1300
	& 1800 - 2100
Wednesday	1800 - 2100
Thursday	1100 - 1300
	& 1800 - 2100
Friday	1100 - 1300
Saturday	1300 - 1600
Sunday	1300 - 1600

The Base Library is located in Building 10 next to the Base Accommodations Office. The library was recently renovated and contains approximately 5000 books and magazine subscriptions. For more information phone 339-8351.

Take Off Pounds Sensibly

TOPS #BC3454, Lazo, meets every wendesday at the Base Rec Centre at 6:30 p.m. For information call Wendy at 339-9851 or Elaine at 338-1200.

Aerobics

Co-Ed Aerobics are available at the Base Gym aerobic room Mon *thru Fri 1130-1215 hrs. For further info contact Karen at local 8442 or Brenda at local 8295.*

Motion Commotion Aerobics & Step

Mon. Wed. Fri. 9:30 - 10:30 a.m.
– AEROBICS
Tues. Thurs. 6:45 - 7:45 p.m.
– STEP

In the Studio at the Base Gym. Dependents and Military welcome! For more info call Wendy at 339-5620.

Comox Glacier Business Ladies Monday Night Golf

Start Date: 5 April 1993
Registration: 5:30 p.m.
First Tee Off: 6:00 p.m.
Registration Fee: $6.00
Weekly Fee: $1.00
Green Fees for Non Members: $10.00

You do not have to be a pro to play. Come out and meet new friends, have fun and play GOLF. Our Pro Scott Fraser will be on hand to give clinics once a month which will cover all aspects of the game. For more info please call Yvette at 339-2002.

Base Bowling Lanes

Now open for **Casual Bowling**
Sundays 1 - 4 p.m. & Fridays 6 - 9 p.m.

Leagues:

Youth Bowling Council - Saturdays at 10 a.m.

Mixed - Mondays, 6:45 - 9 p.m. & Wednesdays 6:30 - 9 p.m.

Ladies - Tuesdays, 6:45 - 9 p.m. & Wednesdays 1 - 3:30 p.m.

Intersection - Thursdays, 6:30 - 9:00 p.m.

For more information call Base Bowling Lanes at Loc. 8351 or contact the Rec Centre.

BLANKET CLASSIFIEDS

BCYCNA BRITISH COLUMBIA AND YUKON COMMUNITY NEWSPAPERS ASSOCIATION 300

These ads appear in more than 100 community newspapers in B.C. and Yukon and reach more than 3 million readers.
TO PLACE AN AD CALL THIS PAPER OR BCYCNA AT (604) 669-9222.

$195 for 25 words
$3.70 each additional word

AUTO

ENGINES REBUILT from $995. 5 year 100,000 kms warranty. Bond Mechanical serving B.C. for 27 years. Phone 7 days, 8 a.m. - 8 p.m. (604)872-0641. Toll-free Mon-Fri 1-800-663-2521.

BEFORE YOU BUY a rebuilt engine, compare quality and service. CANADA ENGINES LTD. IS THE BEST. Cars/light Trucks from $995. 5 Yr. limited warranty. 580-1050 (24 Hrs/7Days). 1-800-665-3570.

F-250, 4X4's, Cummins Diesel, Explorers, Rangers, Trucks. Up to $1500. cash rebate. 'O' down O.A.C. Payments from $189/month. Phone Grant or Don collect 538-9778.

DODGE CUMMINS DIESEL SALE. 45 Available now. 2/Wheel and 4/Wheel drives. B.C.'s highest volume Diesel Dealership. 5.9% Financing for 48/mo's. O.A.C. Larry Holmes, Maple Ridge Chrysler 649-8985 or 465-8931. Dealer #3963.

BUSINESS OPPORTUNITIES

JUHLI FASHIONS Designed by women for women. Take advantage of this opportunity to own your own distribution outlet. Home based. Strong immediate cash flow. Minimum Investment $5,000. Financing O.A.C. 272-5334.

AT HOME BUSINESS, or add to your existing operation. For total investment of less than $50,000. You will enjoy high returns in the Computerized Embroidery Business. Now available in your area. Call Denis in Calgary 1-800-661-9089.

COMPANY REPRESENTATIVES NEEDED. Canadian Commercial Electronics Company expanding throughout B.C. NO EXPERIENCE NECESSARY, we will train. Potential earnings $300. to $500. per week. Full/Part-time positions. WE NEED 20 SELF-MOTIVATED AND MATURE INDIVIDUALS IMMEDIATELY. Call (604)435-6195.

BUSINESS OPPORTUNITIES

BARBER SHOP FOR SALE in The Beautiful Arrow Lakes Valley of Nakusp, B.C. Fully equipped, well established with steady clientele $8,000. (604)265-3141, (604)265-3476.

AQUA SKILL MACHINE, sensational money maker, huge profits, secured investment. First time offered in Canada established at McDonald's, Burger King etc. Minimum investment required. 576-9852.

$65,000/Month. No sales, investment, inventory, MLS, franchise. NO GIMMICK, $59. brings detailed manual (money-back guarantee). Noris International, 1700 Enderby Ave., Delta, B.C. V4L 1T1.

KIDS ONLY CLOTHING CLUB now has openings for new consultants. 100% cotton, 100% Canadian. Work your own hours through home party sales. Call Jackie 753-5694.

THE FUNDRAISING TOOL OF THE 90's. Imagine purchasing current cassettes for $7.47, CD's $14.35 or lower. No G.S.T. or P.S.T. with Federal Musics Program. 1-800-263-1900.

BUSINESS OPPORTUNITIES

DRUG RAID SEIZURES! Buy dirt cheap. Cars, Houses, Boats, Computers...Direct from U.S./Canadian Government. FREE ILLUSTRATED REPORT: Seizures, Dept. bc10, #150-1857 West 4th, Vancouver, B.C. V6J 1M4.

36K Testing Water & Selling Ecowater equipment in rural B.C. Training provided to good people with established reputation in community. FAX 1-765-1508, Call 1-800-667-4401.

NEW CAREER Innovative dynamic wholesale firm seeks two individuals to display merchandise in established stores in your area. Expect to earn $950+(comm) WEEKLY! Training provided. Benefit & Profit Sharing. Call 1(416)398-0919, 1(416)398-0924.

ULTRASONIC BLIND CLEANING. The fastest growing service business of the 90's now in Canada. No competition, low overhead, excellent profits. Burnaby 435-7323, Kelowna 862-8332.

HUGE INCOME POTENTIAL. Start your own distributorship with proven property and personal security products. Small investment. Call today for information. 929-5992 (Vancouver).

Due to Arthritis, Upholstery Business FOR SALE in Vanderhoof, B.C. Well established, very stable, immediate income year round. (604)567-2880, (604)567-4545. Box 1130, Vanderhoof, B.C. V0J 3A0.

COMING EVENTS

2 DAY ARMS AND MILITARIA SHOW P.N.E. Grounds, North Forum Building. April 3rd 10 a.m.-5 p.m., April 4th 9 a.m.-4 p.m. Public and new members WELCOME! ADMISSION $4.

EDUCATION

Train to be a *CRM* - Certified Apartment Manager. Many jobs available. Over 2,000 graduates now working. Government licensed home-study course. R.M.T.I. 681-5456 or 1-800-665-8339.

Fishing Guide Professional Course correspondence registered with Private Post Secondary Education Commission of British Columbia. Applications (403)668-7233. Polarctic Career College, Box 32021, Whitehorse, Yukon. Y1A 5P9.

PROFESSIONAL PASTRY & DESSERT PROGRAM. Pastry Chefs are in great demand. 17 Week Diploma Program. Gov't Funding, Student Loans, Accommodation Arranged. Continuous enrollment. Register now May3/93 class. Call Registrar, Dubrulle French Culinary School, Vancouver, B.C. (604)738-3155, Toll-free 1-800-667-7288.

MONEY MAKING OPPORTUNITIES! Learn Income Tax Preparation or Basic Bookkeeping. Tax deductible certificate courses by home study. For free brochures, no obligation, contact U & R Tax Services, 205-1345 Pembina Highway, Winnipeg, MB R3T 2B6. 1-800-665-5144. Enquire about exclusive franchise territories now available.

EDUCATION

LEARN PRO PHOTOGRAPHY...with our remarkable new home study course. You receive individual tuition on cassette tape on all aspects of photography - Sports, Portraits, Fashion, Nudes, Advertising, News and Travel. Send today for our free colour book. Call: 1-800-267-1829, Fax: 1(613)749-9551 New York Institute of Photography, 38 McArthur Avenue, Suite 295, Ottawa, Ontario. K1L 6R2.

FEED & SEED

CANADA #1 BROME $1.05. Peace grown Canada #1 alfalfa seed $.95. Price negotiable on large lots. John Reinders (403)836-2375 or 836-2780.

FINANCE

Government Grants & Loans. Billions of dollars are made available to new and existing B.C. businesses. The Brad Book can show you how to get your share. Call now (604)753-9424.

FOR RENT

BEAUTIFUL BUSTLING BANFF. Retail/office spaces of varying sizes available in the downtown area. Highly affordable rental rates. Establish your business amidst Rocky Mountain splendour in time for our next busy summer. Call Don (403)762-2655.

FOR SALE MISC.

CONSTRUCTION EQUIPMENT For Sale or Rent. Grader with Snow Wings, Plow Trucks, Sander Trucks, *Excavators, Lowbeds, Kenworth Tractors,* Backhoes, Loaders, Water Trucks, Dozers, Packers, Belly Dumps and Pups. Call 1-493-6791.

TARGET BRAND metal working fluids. Release all penetrating oil. Electrical cleaner. Degreasers. Protective Coatings. Safety Equipment. For Brochure/Pricing call Kelsan Industries (Vancouver) Tel: 984-6100, Fax: 984-3419.

FOR SALE MISC.

SEPTIC TANKS, PUMPOUTS, DISTRIBUTION BOXES, WATER TANKS. New lightweight Polyethylene. Outlasts concrete! Lowest prices. Warranty. Premier Plastics, Delta, B.C. Call for local dealer 1-800-661-4473.

STEAM MODELS! *Fascinating Real Working Steam Models*! Kits or assembled. Complete *Wilesco & Mamod* line. Over 100 different models. Steam tractors, trains, marine, cars, trucks, fire engines, stationery and accessories. Stunning 34 page coloured catalogue $6.95 refundable. Large discounts! Yesteryear Toys & Books Inc., Dept. AM RR#3, Brighton, ON, K0K 1H0. Phone: (613)475-1771.

STEEL BUILDINGS. Spring sale - all Quonset and strait wall buildings for industrial/commercial use. Lowest prices guaranteed. Call now - spring delivery. Future Steel 9-5 (604)860-7022.

HOME GROWN TOBACCO. Short field season, air cured. Third year serving all Canada. 200 seeds, complete instructions, still only $10. (cheque or money order). Gourmet Tobacco, Box 65011, Nepean Ontario. K2G 5Y3.

FOR SALE MISC.

MAPLE SYRUP SEASON has arrived! Syrup, candy, butter, made only with pure Maple Syrup; gift selections also available. Reidridge Farm producing over 100 years. Free Brochure. Collect (514)264-3493, Fax: (514)264-2492.

CHRISTIANS wishing to obtain beautiful greeting cards with verses from the Holy Scriptures write: Lumen Christi Publications, 8133-36 Ave. S.W., Calgary, Alberta T3B 1W1 or (403)247-6730. Individuals, Churches, Dealers welcome.

THE LAST STEEL BUILDING you'll ever need. FUTURE STEEL BUILDINGS- The recognized leader in affordable, top-quality, Arch-Style Buildings. Why pay more? Q30'Wx38'Lx14'H - $6,274. S30'Wx40'Lx14'H - $6,434. delivered. 1-800-668-5111.

STEEL BUILDINGS, QUONSETS and S. MODELS. Many sizes to choose from. For Value, Quality and Integrity, call Future Steel Buildings 1-800-668-5111.

HEALTH

OSTEOPOROSIS INFORMATION. Write us to learn about the Society and the condition. OSTOP, Osteoporosis Society of B.C., Suite 203 - 2182 West 12th Ave., Vancouver, B.C. V6K 2N4.

HELP WANTED

EDITOR/REPORTER. Immediate opening for individual with a genuine commitment to community news to join our independant award winning weekly newspaper located in southern interior of B.C. Must have ability to do it all - quality writing, snappy headlines, copy editing, story selection and assignment. A great opportunity for someone who likes life in a small community. Send resume, clips and references to: Publisher, Merritt Herald, Box 9, Merritt, B.C. V0K 2B0.

HELP WANTED

SAWFILER, full-time or part-time for industrial Saw Shop on Vancouver Island. Must be knowledgeable & hard working. Wages negotiable. Fax hand written resume w/references to 1-248-7344.

MOBILE HOMES

BEAT INCREASING lumber prices. Custom built modular and mobile homes. Trades welcome. Buy factory direct. Noble Homes (403)447-3414.

1993 NEW HOME SHOW April 2-5 Tradex Centre, Abbotsford Airport. For More Information Call Manufactured Housing Assoc. of B.C. 1-800-667-8533.

MODULAR HOMES

TRUE MODULAR HOMES c/w 8 ft ceilings & continuous gyproc walls. FOB factory, $45,900. Offered by FAR WEST MODULAR HOMES. Information Toll-free 1-800-665-7717.

PERSONAL

EXCITING PHOTOS - Karen, Sylvie and Tanya have sensational personal photos for sale. For discreet info write: KAREN, Box 670-GB, Kelowna, B.C. V1Y 7P4. Adults Only Please!

PERSONAL

WOULD YOU LIKE to correspond with unattached Christian people across Canada for companionship or marriage? Ashgrove, P.O. Box 205, Chase, B.C. V0E 1M0.

PETS

GREAT PYRENEES PUPS for sale. Registered, shots, guaranteed. Excellent livestock guardians and family dogs. Ready now. Also one year old male, excellent with children. (403)934-2778.

REAL ESTATE

1993 NEW HOME SHOW April 2-5 Tradex Centre, Abbotsford Airport. For More Information Call Manufactured Housing Assoc. of B.C. 1-800-667-8533.

NEW HOMES FROM $55. sq.ft. Quality engineered modular homes. Factory built for your site. 2'X6' walls, R40/R20 insulation. Showhomes at DeMac Home Sales, Surrey. 597-2181.

3000-ft. Frontage Cariboo Lake, 162AC Ranch, 65AC (hay), subdividable/resort? 1800 sq.ft. 4-bedroom home $185,000. Also 42AC on Cariboo Lake, treed $80,000. 339-5543 after 6 p.m.

BUYING, SELLING OR RENTING a vacation timeshare? Call the Experts! Resort Condo Marketing, San Diego, California. 1-800-72-CONDO, 1-800-722-6636.

RECREATIONAL VEHICLES

NEW ROADSTER tent trailer dealers wanted. Pull with 4 cylinder cars, 395 - 890 lbs., $3,195. - $4,895. Made in Canada. Compact with safety on the road, roomy in the park. Fun-Way Sales (403)227-2885 Alberta.

1976 Scamper 17 1/2' travel trailer, sleeps 6, 3 way fridge stove/oven, bathroom/toilet, gravity fed furnace $3,000. O.B.O. Excellent Condition. 795-2527.

SERVICES

Major ICBC motor vehicle injury claims. Joel A. Wener, trial lawyer for 24 years. Call free: 1-800-665-1138. Contingency fees available. Simon, Wener & Adler.

NOTRE DAME HOUNDS residential hockey school. 24 hour supervision. Girls - July 25-31. Boys four 1 week sessions Aug. 1-28. Four hours ice time daily. Aeorobic/dryland training. (306)732-2080.

TRAVEL

DOWN UNDER SEAT SALE. Australia R.T. 3/Mnth, 3/Stops $1345. Australia O.W. $849. New Zealand R.T. $1146, New Zealand O.W. $799. Cook Island 2/week package $1517. ANZA TRAVEL 734-7725, 1-800-667-4329.

Britain, Ireland May 4-25. Fully Escorted. Highlights London, Plymouth, Stonehenge, Cornwall, Devon, Killarney, Dublin, Edinburgh, Skye, Glasgow, York. Singles Welcome. Call Bob, Cheam Travel Chilliwack 1-800-661-2142.

SPRING/EASTER break ski package specials! Stay 4 nights in a family style condo, ski three days, from $449. for the whole family! Panorama Resort 1-800-663-2929.

NEXT DEADLINE 5 APRIL 93

On & Off the Base

Me & My Gavel

Story of a Novice PMC

Picture it: BTSO's Mess Dinner 1993; upon returning from the break I had so graciously granted, I discovered that my gavel had been abducted. The next time I was to lay eyes upon the piece of wood that had been entrusted into my care was after CWO Sarty had magnanimously displayed it to all the SNCMs on the base. I gather that the assembled masses agreed that I should write an essay describing how I was negligent in my duties as PMC. However, I choose to write about the criminal activities of a select few members of this Base.

As a diligent PMC, I investigated the incident and have identified the chief instigators. I was after the ring leaders, not the mere pawns in this heinous crime. It would appear that it was the act of three of my peers, several of whom are Military College graduates.

The Military College motto is "Truth, Duty, Valour." Applying this motto to the situation, it is obvious that the theft of a gavel does not constitute "Truth." Therefore, these individuals had gone against the motto. However, perhaps they thought the second part of the motto could outrank the first portion. Perhaps they thought it was their "Duty" to victimize a novice PMC, someone who was not aware of the tradition of "stealing" the PMC's gavel. This brings us to the last portion of the motto, "Valour." Valour is defind as personal courage, and I believe that is what will be required next year, as I now have a list of names that I will recommend as candidates for next year's PMC and VPMC.

My question to H.M., C.M. and R.H. is, who will take which job?

M.J. Ashcroft, Capt
Victim PMC

Urgent

Ward Councillors Needed

We are in urgent need of ward councillors. Postings have caused a number of vacancies on the Council. All we ask from you as a Councillor is about 2 hours a month of your time and assistance with the events held about every six weeks. If you wish to represent your ward on the Council, please call Linda Rose or come out to a Council meeting held every third Tuesday of the month at 1900 hrs in the Community Centre. Hope to see you there!

Presently the PMQ Association Council is as follows:

Mayor: Capt Dave Grimshire, local 8484, PMQ 83A, 338-7061
Deputy Mayor: Sgt Mimi Caron, local 8360, PMQ 1, 339-6230
Town Clerk: Mrs. Linda Rose, local 8571 PMQ Assn. Office
Ward #1: Mrs. Judith Eckhardt, PMQ 4, 339-6916
Ward #2: Councillors Needed
Ward #3: Councillors Needed
Ward #4: Sgt Roger Archambault, local 8392 or 8270, PMQ 60A, 339-5716
Ward #5: Mrs. Sandi Petitpas, W. 338-6561 and MWO Dan Petitpas, local 8372, PMQ 71A, 339-6548
Ward #6: Councillors Needed
Ward #7: Mrs. Liz Watts, PMQ 102E, 339-2324
Ward #8: Mrs. Sharla Hunter, PMQ 109A, 339-2568
Ward #9: LS Allen Ross, local 8769 or 8529, PMQ 114B, 339-4879
ACO: Mrs. Doreen Wyatt, PMQ 112F, 339-0221
Helper: WO Mike Turcotte, local 8545, PMQ 55A, 339-2843

Wallace Gardens Community

Calendar of Events

Saturday 10 April.....Easter Activities for Kids 12 yrs. & Under
Look for flyers in the near future.
Saturday 1 May.....PMQ Area Clean Up
(Look for flyers to come explaining details.)
Thursday 20 May.....Community Awards Night
If you know a candidate deserving of a Community Award, submit name in writing to Council Office.

Support your Community and all its Events by becoming a Member of the Wallace Gardens PMQ Association

For further information contact Council Office
Monday - Friday 8:30 a.m. - 12:30 p.m.
Phone 339-8571

NEXT DEADLINE 5 APR

No Snow Festival a Blast

442 Takes Top Honours (see page 10)

The 1993 "No Snow" Festival can only be described as a complete success. Events were well attended and a good time was had by all those involved.

The festival chairman, on behalf of the committee, would like to extend his thanks to all volunteers, judges, sponsors and participants for their support throughout the festival.

Congratulations to 442 Aircrew for their outstanding first place finish! Congrats also to B-Compt for capturing the Team Spirit award for the second year in a row.

One of the festival's highlights had to be the Charity Lock Up. A lot of fun generated a lot of money. To be exact, $1,267.69 was raised for the Family Emergency Fund. Good work!

MCpl Don Jackson of 442 Sqn was the grand prize winner of the trip for two to Edmonton or Calgary courtesy of AirBC. Special thanks to AirBC for this most generous prize donation. In addition, many thanks to the following local sponsors for their generous donations: Pizza Hut, Nevada Bob's Discount Golf, Mt. Washington Ski Resort, Bonanza Restaurant, Comox Golf Club, Glacier Greens Golf Club, Crown Isle Golf Club, Subway, Pacific Coast Dry Cleaners, Dairy Queen, Base Beauty Salon, Base Barber Shop, Happy's Sports, Kentucky Fried Chicken and Leeward Pub.

The final standings are as follows:

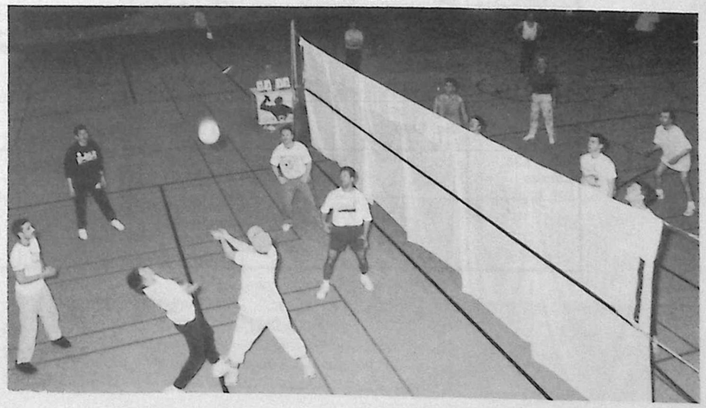
1 - 442 Aircrew
2 - 442 Groundcrew
3 - BCompt
4 - (tie) BFoods & 414 Aircrew
6 - BHosp
7 - (tie) BSupO & BCEO
9 - 407 Groundcrew
10 - BAMSO
11 - 407 Aircrew
12 - BTelO
13 - BOpsO
14 - 414 Groundcrew
15 - BTNO

Financiers have More Fun!

Base Commander, Col Rogers, presents the BCompt Team with the Team Spirit Award.

Moustache Petes

Blind V'Ball



COMOX COMMUNITY CENTRE

1855 Noel Avenue, Comox, B.C (339-2255)

SNEAK PREVIEW

Our NEW Spring Brochure will be in

THE RECORD

WEDNESDAY, MARCH 31

PRE-SCHOOL	CHILDREN	TEENS	ST. JOHN Ambulance	ART
Diaper Gym *Teeter Tots* *Kindergym* *Jr. Gymnastics* Nature Nuts Craft Time	Gymnastics- Boys &Girsl Indoor Soccer *Tennis Lessons* *Fencing* Jr. Chef Floor Hockey Basketball Jazz Dance	Modelling Courses Gymnastics *Badminton* Archery Jazz Dance JOB SEEKERS: Exercise your Employment Opportunities. Learn how to career plan and job hunt for this summer	Babysitters Courses: 1. April 19, 22, 23 2. *May 17, 20, 21* 3. June 14, 17, 18 Lifesaver - SOFA Childcare CPR Level B - SOFA Standard	Intro to Watercolors Watercolor Techniques Drawing Techniques Advanced Drawing

ONE NIGHT AFFAIRS

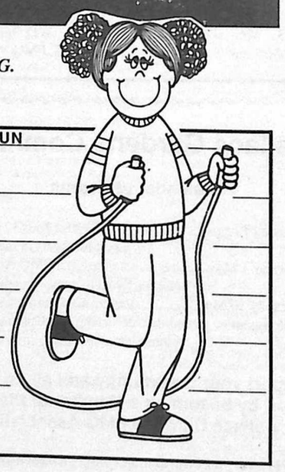
- Discover Ocean Kayaking
- Herbs in Your Garden
- Make Sushi
- Bicycle Maintenance
- Hanging Baskets Know How
- VHF Radio Operators Course

YOUR FITNESS & STEP CLASS SCHEDULE

April 5 - June 25

PLEASE CALL US TO ENSURE THAT ALL THESE PROGRAMS ARE RUNNING.
Please note childcare available for Saturday AM program

MON	TUES	WED	THU	FRI	SAT	SUN
	7:00 - 7:45 **Early Bird** *Kate*		7:00 - 7:45 **Early Bird** *Kate*			
9:00 - 10:00 **Slim&Trim** *Robin*	9:00 - 10:00 **Next Step** *Wendy K.*	9:00 - 10:00 **Slim&Trim** *Jill*	9:00 - 10:00 **Next Step** *Wendy K.*	9:00 - 10:00 **Slim&Trim** *Gail*	9:30 - 11:00 **Super Sat.** *Jill*	
10:15-11:15 **EZ Cise** *Wendy M*	10:15 - 11:15 **First Step** *Gail*	10:15 - 11:15 **EZ Cise** *Jill*	10:15 - 11:15 **First Step** *Gail*	10:15 - 11:15 **EZ Cise** *Gail*		
	4:45 - 5:45 **Big Step** *Robin*		4:45 - 5:45 **Big Step** *Robin*			
6:30 - 7:30 **Combo** *Lori*		6:00 - 7:00 **Combo** *Lorena*	6:00 - 7:00 **Combo** *Lori*			
			7:30 - 8:30 **Men's 5BX Fitness** *Jan Jakubiec*			



On & Off the Base

LEGION LOG

BRANCH 17 COURTENAY 334-4322

*****ENTERTAINMENT*****

Fri 26 Mar.....Music by Shaboom
Fri 02 Apr.....Music by Tony Pollin

*****REGULAR ACTIVITIES*****

BINGOS.....Thursdays, Fridays & Sundays at 7:00 PM
MONDAY.....FUN EUCHRE
TUESDAY.....PUB DARTS
WEDNESDAY.....FUN CRIB
THURSDAY.....FUN DARTS
FRIDAY.....TGIF & MONEY DRAW AT 5:30 - 7:30 PM
SATURDAY.....FUN BRIDGE AT 11:00 AM

*****EVENTS*****

*****SPORTS*****

Sunday 28 Mar.....Fun Crib Tournament
Upper Hall Registration 12 - 1 p.m.
Open to All Crib Players

"MORE PLAYERS WELCOME"
Phone 334-4322 (days) for more information

NOW OPEN SUNDAYS.....12 - 7 PM

****Dress Code in effect 8 PM Fri & Sat****

****Building is Handicapped Friendly****

BRANCH 160 COMOX 339- 2022

*****ENTERTAINMENT*****

Fri 26 Mar.....Music by Alleycats
Fri 02 Apr.....Music by Westwind
Fri 9 Apr.....Music by Eldorado

*****REGULAR ACTIVITIES*****

SUNDAYS.....Lounge Hours 12:00 Noon to 7:00 PM
MONDAYS.....L.A. Drop-In Bingo, Upper Hall, 7:00 PM
Men's Dart League, **Recessed until Sept '93**
TUESDAYS.....Ladies Crib League, Lounge, 7:30 PM
Mixed Dart League, Upper Hall, 7:30 PM
WEDNESDAYS.....Navy League Drop-In Bingo
Upper Hall. 7:00 PM
Comox Valley Men's Crib League, **Recessed until Sept '93**
THURSDAYS.....*1st Branch Exec. Mtg. Upper Hall, 8:00 PM
L.A. Executive Meeting (as required)
*2nd L.A. General Meeting, Upper Hall. 8:00 PM
*3rd Branch General Meeting, Upper Hall. 8:00 PM
FRIDAYS.....TGIF in Lounge
Meat Draws in Lounge, 2:00 to 6:00 PM
Dance (normally downstairs unless advised)
SATURDAYS.....Meat Draws in Lounge, 2:00 to 6:00 PM

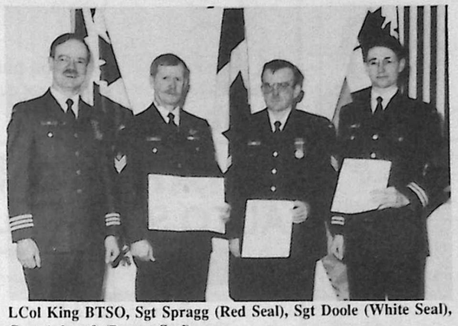
*****FRIDAY KITCHEN SPECIALS*****

Mar 26.....BBQ Spare Ribs $5.75

*****EVENTS*****

Saturday, 3 April.....L.A. Spring Bonnet Parade
with Judges and Prizes for Women and Men
"Make a Pretty or a Crazy Bonnet"
11:00 a.m. to 1:00 p.m. Luncheon Cost $3.00
"Join us for some fun"

Aerobic Fitness Awards



LCol King BTSO, Sgt Spragg (Red Seal), Sgt Doole (White Seal), Capt Ashcroft (Bronze Seal).

CHAPEL CHIMES

OUR LADY OF THE SACRED HEART CHAPEL (RC)

BASE CHAPLAIN (RC) - Maj R.C. Vickers
CHAPEL - Our Lady of the Sacred Heart (on Base)
OFFICE - Headquarters, Bldg 45, Rm 48, Local 8274
MASS SCHEDULE:
Saturday.....1700 hrs
Sunday.....1000 hrs
Daily Masses.....Tuesday and Wednesday at 1900 hrs
and Thursday mornings at 0900 hrs
Changes will be announced in the bulletin
RECONCILIATION - Confessions will be heard before each Mass or upon request. Penitential Celebrations are held during the Advent and Lenten Seasons.
BAPTISMS & MARRIAGES - By appointment - notice well in advance please.
CATHOLIC WOMEN'S LEAGUE - Second Tuesday of the month in the Parish hall, preceded by Mass in the Chapel at 7:30 p.m. President: Mrs. Diane Plamondon, phone 339-0807.
CATECHISM CLASSES *- September to May in the Airport School at 1830 hrs, every Wednesday.*
Coordinator: Diane Plamondon, 339-0807.

ST MICHAEL & ALL ANGELS PROTESTANT CHAPEL

BASE CHAPLAIN (P) - Maj R.E. Baker
CHAPEL - St. Michael & All Angels, Wallace Gardens, Bldg 88
OFFICE - Headquarters, Bldg 45, Room 48, Telephone 8273.
SUNDAY WORSHIP - Each Sunday at 1100 hrs.
HOLY COMMUNION- First Sunday of the month.
SUNDAY SCHOOL - In conjunction with 11 a.m. Service.
NURSERY - during 11 a.m. Service for children under 3 yrs.
CHOIR - Practices 6:30 p.m., Thursdays at Chapel.
CHAPEL GUILD - Meets the first Thursday of each month at the Chapel 7:30 p.m. President Bonnie Cochrane 339-4988.

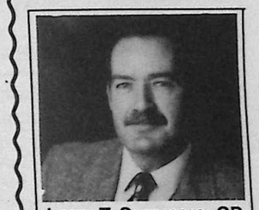
888 (KOMOX) WING RCAFA

CALENDAR OF EVENTS
March & April 1993

Sun 28 Mar.....Candlelight Dinner, 6:30 for 7:00 p.m., $8.50
Sat 03 Apr.....Pub Night, Fish & Chips, 8:00 p.m.
Wed 07 Apr.....General Meeting, 8:00 p.m.
Sun 18 Apr.....Bingo, Final for Season, 2:00 p.m.
Sat 24 Apr.....Charter Ball, CAMPA Band, 7:00 for 7:30 p.m.
Thur 29 Apr.....AFIS Night, Meet the New Blue, 7:30 p.m.

LADIES AUXILIARY
Monday 19 Apr.....General Meeting, 7:30 p.m. **Elections**
Welcome All New Members For Info Contact 339-5485

DND AND MILITARY PERSONNEL WELCOME
HOURS OF OPERATION:
Wednesday 1300 - 1800 hrs
Thursday, Friday & Saturday 1200 - 0100 hrs
Sunday 1300 - 1900 hrs
PLEASE SUPPORT WING SOCIAL EVENTS
MAKE NEW FRIENDS
Cancellation of Events Costs Your Wing Time and Money
For information about tickets, please call the bar, 339-0888.



Larry T. Summers, CD
COUNSELLOR
THE MARITIME LIFE ASSURANCE COMPANY
"Insurance, Investment & Tax Deferral Programs"
PH. 334-1833
FAX: 334-1833

Buckle Up BC!
Infant car seats must face the rear of the car.

1 MB PS/2 NOTEBOOK

* 2 MEG RAM 40 MB HARD DR 386 SX $1699

* 2MEG RAM 60 MB HARD DR 386 SX $2199

COMOX COMPUTER SALES & SERVICE
PHONE 339-3688

Service Directory

NRS Diamond Club
NATIONAL REAL ESTATE SERVICE
KEN STEWART
bus. (604)334-3111 dir. line 684-2931 fax 338-8315
res. (604)338-0868
NRS BLOCK BROS. REALTY LTD.
1742 Cliffe Avenue, Courtenay, B.C. V9N 2K8

THE GRIFFIN PUB
* Weekend entertainment
* Darts
* Pool
* Section parties
339-4466
1185 Kilmorley Rd. Comox

MARKET TRAVEL WORLDWIDE
PROFESSIONAL TRAVEL ARRANGEMENTS
(Area Code 604) 338-1474
FAX No. (604)338-8377
OR B.C. TOLL FREE 1-800-232-9294
549 ENGLAND AVE., COURTENAY, B.C. V9N 2N2
ACROSS FROM THE BANK OF NOVA SCOTIA

NRS "Easley done, Easley SOLD"
NATIONAL REAL ESTATE SERVICE
MARGE EASLEY, C.G.A., R.I. (B.C.)
bus. (604)334-3111 dir. line 684-2931 fax 338-8315
res. (604)339-7910 pager 1-978-2263
NRS BLOCK BROS. REALTY LTD.
1742 Cliffe Avenue, Courtenay, B.C. V9N 2K8

HARTMAN AUTO SUPPLY LTD.
338-7261
480 Puntledge Road We've Moved!
Parts, Accessories, & Tools

* Appliance Repair *
337-8880
MILLSTREAM APPLIANCE & REFRIGERATION
Inspection & Service for Military Moves or Storage
- Fully Stocked Service Vehicle
– 10 years Experience
– All Work Guaranteed
– All Makes & Models
– Used Appliance Sales

COAST COUNTRY INSURANCE
*DRIFTWOOD MALL 338-8318
*COMOX MALL 339-7774
*DOWNTOWN COURTENAY 334-3443
HOME OWNERS & AUTO PLAN INSURANCE

BRUCE TRAINOR
SALES ASSOCIATE
Holland and Associates Realty Limited
Business (604) 338-1334
Residence (604) 338-0740
Facsimile (604) 338-0896
625 ENGLAND AVENUE, COURTENAY, B.C. V9N 2N5
Bruce Trainor
ROYAL LEPAGE MEMBER Associate Broker Network

Metropolitan Life
Life/RRSP
Please call for a complimentary computerized financial needs analysis.
S. E. (STEVE) NEUMANN
Account Representative
Office 338-9344

COMOX MINI WAREHOUSE
"BEST LITTLE WAREHOUSE IN THE WEST"
U Store It Lock It Keep the Key
CLOSE TO THE BASE & TOWN
*Safety *Security *Supervision
Knight Rd & Pritchard Rd
Comox, B.C.
339-3424

Rosemary Lawrence
Sales Associate
HOMELIFE
HomeLife / Harbour Realty
238 Port Augusta Street
Comox Mall
Comox, B.C. V9N 5H5
Bus: (604) 339-SOLD (7653)

John Hackett, C.D., B.Sc.
Specializing in all aspects of personal, estate, retirement and financial planning.
SUITE F, 450 EIGHTH ST., COURTENAY, B.C. V9N 1N5
TELEPHONE: 334-2552
Paisley Financial Consulting Ltd.

Country Village Kitchen Bin
Beans to You
Our new gourmet coffee bar
We serve the Service
190 Port Augusta Mall, Comox, B.C. V9N 5H5
Don Gates "Our Business is a Grind" 339-7313

Jacynthe Tremblay
Sales Associate
HOMELIFE
HomeLife / Harbour Realty
238 Port Augusta Street
Comox Mall
Comox, B.C. V9N 5H5
Bus: (604) 339-SOLD (7653)

REALTY WORLD
Realtors With Forces Experience
THE "D" TEAM
Maureen and Bob Davidson
Realty World, Coast Country
Bus. 334-3124 Res. 339-9987

MEDAL MOUNTING
PLATING
MINIATURE MEDALS
ALTERATIONS & REPAIRS
MILITARY OR CIVILIAN
ELAINE'S TAILOR SHOP
Military Tailor
PHONE (604) 339-2429
CLOSED SATURDAYS
BASE TAILOR SHOP
BOX 370
LAZO, BC V0R 2K0

Keith Wagner
Sales Associate
HOMELIFE
HomeLife / Harbour Realty
238 Port Augusta Street
Comox Mall
Comox, B.C. V9N 5H5
Bus: (604) 339-SOLD (7653)

SERVING THE SERVICE'S REALTY NEEDS
• Over 1000 Sales in the Comox Valley
• 18 Years Realty Experience
Member RE/MAX 100% Club
RE/MAX Ocean Pacific Realty
282 Anderton Road
Comox
Above the Crowd!
tom procter 339-2668

FRANCIS AUTOMOTIVE
COMPLETE AUTOMOTIVE SERVICES
OWNER-OPERATOR
COMPUTERIZED & MODERN EQUIPMENT
IMPORT & DOMESTIC. 4 WHEEL DRIVE
WHEEL ALIGNMENT SERVICES.
330 ISLAND HIGHWAY NORTH COURTENAY B.C. V9N 3P2 Ph.(604)338-9660

1993 Elite Club
Sandra Uno
HOMELIFE
Homelife / Harbour Realty
238 Port Augusta Street
Comox Mall
Comox, B.C. V9N 5H5
Bus: (604) 339-SOLD (7653)

This space available
$15.00 per edition
Ph.339-2541, 338-0259

EXPRESS Enterprises
Assistance for Busy People
Gerry Peppard 339-3376
339-6945 Fax
RR #1, Site 168 C11
Comox, BC V9N 5N1
* Event Management
* Computer Tutorials on popular software
* Computer Shopping & Set Up, & Spreadsheets

COMOX AIR FORCE MUSEUM GIFT SHOP
GIFT IDEAS
AVIATION
MEMORABILIA
BOOKS, FLAGS, MODELS, POSTERS, HATS, SWEATERS, SHIRTS, PINS, PATCHES AND MUCH, MUCH MORE!
PHONE(604) 339-8635

Waydago Samoyeds
DAWN AND JOE ULLOCK
2215 FERNWOOD ROAD
VICTORIA, B.C. V8T 2Z1
TEL. (604) 386-3368
HIPS & EYES CERTIFIED CLEAR
PUPPIES OCCASIONALLY

On & Off the Base

Bookshell Bestsellers
Books For All Ages
Pat Bolen, Proprietor
2751 Cliffe Ave., Driftwood Mall, Courtenay, B.C. V9N 2L8
604-338-5943
Debi Williams, Manager
10% off for mil pers - show ID
get your Totem Times here

Week Ending 27 March
Bookshell Bestsellers
Softcover

1. A Time to Kill....Grisham
2. The Firm....Grisham
3. Butterfly Stars....Harvey
4. The Evening Star....McMurtry
5. Wildest Hearts....Krentz
6. Double Duce....Parker
7. Serpent Maze....Weis & Hickman
8. Kissing the General's Daughter....Rendell
9. Wastelands....King
10. Treasures....Plain

Reunions

22 RCSCC 75th Anniversary

22RCSCC Undaunted will be celebrating the 75th Anniversary of the corps with a reunion of former cadets and officers to be held in conjunction with the 75th Annual Inspection on the weekend of 20-22 May 1994. If you have any information, memorabilia or recollecitons about the corps' history (cadets, officers, activities, parade locations, summer training, cruises), or to put your name on the mailing list for further details about the reunion, please write to the present Commanding Officer at the address shown below. Be sure to include your present address and the dates that you were in Undaunted.

LCdr Leslie R. Young, CD
75th Anniversary Committee
22 RCSCC Undaunted
1820 - 24 Street S.W.
Calgary, Alberta
T2T 0G6
FAX: (403) 246-1510

YOU COULD LOSE YOUR DREAMS
IF YOU DRINK AND DRIVE
DRINKING DRIVING COUNTERATTACK

Pacific Command Medical Reunion

The Medical Reunion is being held at Victoria, British Columbia, 4 & 5 September, 1993. For Serving and Retired Members of the Military Medical Services. Personnel wishing to attend should contact:

Jim or Anne Scott
523 St. Charles Street
Victoria, B.C.
V8S 3N8
Telephone (604) 370-2359

For those not able to attend this Reunion but interested in future reunions, please send us your name and address.

CFS Aldergrove 50th Anniversary

CFS Aldergrove will be celebrating its 50th anniversary 1-4 July 93. Any serving or retired members who served at this station or its predecessors – Vancouver Naval Radio Station, HMCS Burrard and HMCS Aldergrove – are invited to attend the gala celebration. A number of special events are planned including ceremonial divisions, a meet and greet/BBQ, semiformal dinner/dance, and a pancake breakfast. Personnel interested in attending should contact the 50th Anniversary Committee, CFS Aldergrove, Box 4000, Aldergrove, B.C. V0X 1A0.

419 Sqn Reunion

419 Sqn will hold its 50th Anniversary Reunion in Kamloops amidst other celebrations 1–3 July 1993.

On 1 July the City of Kamloops will host 419 Sqn to celebrate the adoption of the Sqn, which originally occurred in February 1943, and to present the Sqn with the "Freedom of the City." Friday 2 July will be the official 419 Sqn Reunion Day. Saturday 3 July has been designated "Military Day" by the city and will involve numerous military units parading through the city and an evening tattoo. The City of Kamloops will also celebrate its centenary in 1993 and will hold some related festivities during our visit.

All past members of 419 Sqn are invited to participate in these memorable celebrations that, we are certain, will strengthen the bond between Kamloops and the Moose Sqn.

If you are interested in attending please contact the reunion chairman, Maj Y. Bosse at AV 520-8814 or the deputy chairman, Capt D. Stone at AV 520-8819, or write to: 419 Sqn Reunion Committee, CFB Cold Lake, Medley AB, T0A 2M0. Fax: AV 520-7715 or 403-840-7715

Bulletin Board

All insertions will be $5.00 incl. GST per column/inch. Payment in advance at the office.

FOR SALE Maple Syrup and Maple Butter from Québec.
Syrup $40.00/gallon
Butter $5.00/can
To order call Martin or Diane at 339-2788.

Coaches Required

In order to run the 1993 T-Ball season, the Wallace Gardens Community Association requires volunteers to coach the teams. If you are interested in helping the children and can spare approximately three hours a week for eight weeks, please contact Mrs. Linda Rose at local 8571 before 9 Apr 92.

ANNOUNCEMENT

Jürgen Jung, M.A.
Reg. Clinical Counsellor
announces the opening of his
COUNSELLING PRACTICE
• Individual Therapy
• Relationship Counselling
Accepting Appointments now for April 1993
• For free initial consultation
Please Call 339-7600
Suite 400, Comox Mall
Upper Level

FOR SALE 1824 sq. ft. home East Courtenay. 4 bedrooms, 2 bathrooms, fireplace up, wood stove down. Mountain view, large fenced backyard, fruit trees, garden and storage shed, RV parking. $139,500. To view call 338-1669.

FOR SALE BY OWNER 4-bedroom house, 2 and a half baths, 2 fireplaces, large back yard. 659 Crestview Drive, Comox. Asking $141,000. Call 339-0118.

PMQ Association Office Relocation

Effective 29 Mar 93, the PMQ Association office will be located in the Canex building #137. Office Hours are 0800 to 1230 hrs Monday to Friday. The Town Clerk, Mrs. Linda Rose, can be reached at local 8571.

FOUND 9:30 p.m. 14 Mar 93, at 17th & Piercy. Tabby cat, charcoal/black stripes with white feet, medium sized female. Answers to the sound of a fridge door. Please phone 338-8957 if it's your cat.

THERMO WEIGHT LOSS
Lose inches & weight fast
- all herbal
- 100% guaranteed
For info phone 339-0118 ask for Ted or Ida
BREAK free

BUILDING MATERIALS
Lumber & Plywood
Panelling - Arborite
Doors & Windows
Builders Hardware - Tools, etc
Electrical & Plumbing Supplies
Paints & Finishes
Roofing - Siding
Cement Department
Truck Delivery
Customer Financing
CENTRAL BUILDERS
610 Anderton Avenue
Phone: 334-4416

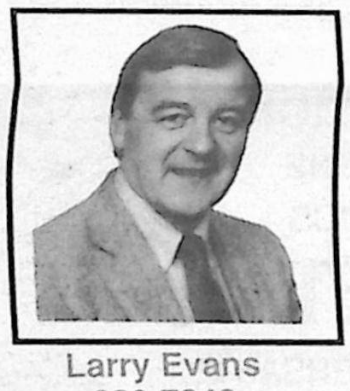
COLUMBO'S STEAK HOUSE PIZZA N PASTA
Luncheon & Dinner
Pickup Available
Italian & Greek Dishes
Banquet Room for Parties
Open 7 Days a Week
1 - 450 Ryan Rd. Courtenay
338-1488

ATTENTION!
ANCIENS
TI - PICS
433 ETAC
50E ANNIVERSAIRE
24 - 26 SEPT 1993
"AIDEZ-NOUS À REJOINDRE NOS ANCIENS"
Pour plus d'informations & inscription contactez:
Maj. J. Cloutier - AVN 621-9473 ou (418) 693-2473
FAX: AVN 621-9965 ou (418) 693-2965 ou écrivez:
433 ETAC, BFC BAGOTVILLE
50E ANNIVERSAIRE
ALOUETTE, QC
GOV 1A0

RE/MAX KINGSTON 613-545-3333
LOYALIST REALTY LIMITED
Posted to Kingston in 1993?
Don Wyld, CD1, RRS
ERS ROSTER APPROVED
If a posting to our beautiful "Limestone City" of Kingston is where you are headed, please give me a call on the "TOLL FREE" number below, and I will send you a "Worry-Ender Kit of Kingston" containing maps, home prices, school information, shopping facilities, transportation & much more.
Please call or write:
Don Wyld, CD1, RRS, Sales Rep.
#1 Barriefield Centre
Kingston, Ontario, Canada K7L 5H6
1-800-663-0078

Georgia McLellan
339-4642

Joy Johnson
339-7403


Larry Evans
339-7840

Brian Willis
339-0520

Dave Procter
339-6814

Posted?

Good Service Doesn't Cost -- It Pays!

Experience

Referral System

The RE/MAX Team Averages 11.5 Years Experience Per Sales Associate

Smooth Relocation

Our "Above The Crowd" Referral Network Connects You & Your Home to 1,938 Offices & 32,486 Sales Associates

Our office successfully relocated over 150 families (of the families posted in and out of CFB Comox in 1992)

The average Re/Max ocean pacific realtor helped 51 buyers and sellers in 1992.

The average Comox/Courtenay Zone 2 MLS realtor helped 15.

Remember...

the (Former) Associate Defence Minister advises

you are free to engage the realtor of your choice...

Barb Parker
337-2117

Glenn Procter
339-7434

Bob Koester
335-0707

Judy Steidl
335-1324

Tom Procter
339-2668

Call RE/MAX -- the experienced choice.

RE/MAX® ocean pacific realty

282 anderton road, comox 339-2021