



407 Squadron Change-Over

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New Base Commander for CFB Comox

....page 4



TOTEM TIMES

Canadian Forces Base Comox B.C.



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COST: PRICELESS

CFB Comox and Airshow '92



An early morning scene on Airshow day, before sixty thousand people turned up.

Airshow '92 Best Ever

The quality of flying, the organization, the weather (cool cloud-cover in the morning, clear skies by show-time) and a huge turn-out marked the most successful day ever for the CFB Comox Biennial Air Show, held on 2 August '92.

As early as the morning of 1 Aug spectators began parking in the grassed area opposite the 888 Wing RCAFA club. In the evening they were treated to preview aerobatics and pyrotechnics by several of the airshow participants, and the "Wing" even held an impromptu reunion and steak night for old 409-ers (the editor's one). The good spirit of that evening was magnified during Airshow day: cheerful crowds, affordable grub and good income for the various charitable organizations manning the booths. Major Kippel and his crew deserve a "Well Done" for the smoothly conducted show, as do all the personnel of CFB Comox. At the Fishwrapper we are particularly happy with the superb photography of MCpl Rod Cando and Cpl Al Brace of the Base Photo section. See pages 12 and 13 for more pictures of Airshow '92.

National Affairs

Defence Policy 1992 - Part 3

Defence Planning, Part A

National Defence



The Hon. Marcel Masse, M.P.

The Canadian Forces require a long-term program that is affordable, that enables them to respond to a rapidly evolving and fluid international situation, and that satisfies the domestic concerns of the Canadian people. This program must achieve a balance among the resources devoted to personnel, operations and maintenance, and capital. It must ensure that there are sufficient personnel to achieve our fundamental objectives. It must maintain a level of operations so that personnel are trained and ready to respond to a full range of potential challenges. Above all, the defence program must devote sufficient funds to capital in order to ensure that the Forces will have the tools to do the job.

At the same time, this program must search rigorously for the minimum necessary in each category of expenditure. National Defence cannot maintain high personnel levels at the expense of its capital budget. The Canadian Forces cannot operate at an intensity that prematurely wears out their equipment. The Department cannot retain infrastructure that is no longer essential. Limited funds for capital will be used frugally on the highest priority items.

The two certainties in Canadian defence planning over the next decade will be international change and fiscal restraint. The evolving, yet unpredictable geostrategic situation suggests that defence planning needs to focus on versatile general purpose forces to enable the Government to pursue a wide variety of objectives at minimum cost. The Canadian Forces will be directed not against a single threat, but towards a range of tasks which are not necessarily related. Such forces have to be flexible and, given the distances over which Canada must exercise jurisdiction, have as much reach as affordable.

Fiscal restraint means that the size of the Regular Forces will decline. As that happens, some of the existing facilities will no longer be needed. That infrastructure will have to be identified and eliminated if the Forces are to avoid being strangled by an imbalance in personnel, operations and maintenance costs.

There is a requirement, which is driven by considerations of security of supply and the economy, to maintain a degree of

capability for equipment support within Canada. Defence also plays a role, along with other government departments, in promoting industrial development. On occasion, there are unique Canadian requirements which can be met only through national research and development. Consequently, the maintenance of a minimum level of defence research and development is essential.

Nevertheless, National Defence can be more economical in its capital acquisitions. It will, therefore, endeavour to:

- define its requirements in a manner that maximizes utility across the widest possible range of defence roles;
- reduce the number of types of equipment it operates;
- whenever possible, purchase equipment whose performance has been demonstrated in the field;
- evaluate carefully the cost of marginal increases in the capability of new equipment; and
- avoid unique Canadian solutions that require expensive and risky research, development or modification of existing equipment.

The Department of National Defence is staffed by a mix of civilian and military personnel. National Defence Headquarters provides command and control, as well as national leadership to the unified Canadian Forces. The Forces maintain integrated systems such as supply, personnel management, materiel, finance, common training, and a unified system of staff schools and colleges. These joint systems have proven to be efficient and effective and, equally important, provide a common basis of professional training for our maritime, land, air and supporting forces.

The Canadian Forces represent a Total Force (Regular and Reserve), integrated across Maritime, Mobile, Air and Communications Commands. With a smaller Regular Force component, the Reserves will play a more critical and important role.

A greatly altered geostrategic situation and the consequent increase in threat warning time means that we can reduce the readiness of certain elements of the Canadian Forces without jeopardizing Canadian security. It will enable the Department to reduce activity rates and training in some traditional areas. This in turn means that combat and training assets, which are expensive and hard to replace, will be subject to less wear and tear.

Nevertheless, the essentials of defence cannot be forgotten. Armies, navies and air forces, are, in essence, people with special equipment brought together in operational structures and trained in the profession of arms. Each represents a collection of combat skills and fighting capabilities

which, once lost, cannot be easily or quickly replaced. Canada's experience in both world wars is testimony to this essential lesson. In each service, there is a minimum essential level of military capability that must be sustained.

Funding
In recent years, the Government has found it possible to reduce planned defence expenditures in light of changing geopolitical circumstances and other pressing national priorities. Together, the policy announced in September 1991 and the 1992 federal budget imposed cuts of \$2.2 billion over the next five years relative to the previously planned defence funding levels.

These cuts are in addition to reductions of \$3.4 billion announced through the 1989 and 1990 federal budgets, so that the Department of National Defence, given other fiscal adjustments, has contributed nearly \$6 billion to deficit reduction since 1989. The increase of \$230 million in 1992/93 defence expenditures relative to the 1991/92 levels (exclusive of spending related to the Gulf War) represents no real growth; it only covers forecast national inflation.

"...the essentials of defence cannot be forgotten. Armies, navies and air forces are, in essence, people with special equipment brought together in operational structures and trained in the profession of arms. Each represents a collection of combat skills and fighting capabilities which, once lost, cannot be easily or quickly replaced. Canada's experience in both world wars is testimony to this essential lesson."

National Defence will, over time, strive to establish a better balance between the funds devoted to personnel, operations and maintenance, and capital. The relative share of the defence budget devoted to capital will increase from 22 to 26 per cent within four years, while a target figure of 30 per cent will be maintained. In contrast, the share devoted to personnel will decrease. Five per cent of the capital budget will continue to be devoted to research and development.

Personnel
In September 1991, there were about 84,000 Regulars, 29,000 Primary Reservists and 33,000 full-time civilians in the Department of National Defence as well as 15,000 Supplementary Ready Reserve volunteers. It was announced at that time that the strength of the Regular Force would be reduced to 76,000 by 1994/95. The 1992 federal budget reduced that number further, to about 75,000 in 1995/96. These reductions will, to the extent possible, be effected through attrition. The Primary Reserve will be increased to 40,000 and

the Supplementary Ready Reserve to about 25,000 over the 15-year planning period. Although Reserve goals remain valid, the spending reductions arising out of the 1992 Budget will slow the rate of their achievement.

To a large extent, the relatively high number of civilians in the Department stems from the amount of infrastructure to be maintained. Civilians carry out most of the support tasks at Canadian Forces bases and other facilities located across the country. Given this infrastructure, it would be counterproductive from both a military and economic standpoint for armed forces personnel to perform such duties.

Infrastructure
The Department maintains infrastructure across Canada built up over two world wars. This infrastructure has not been rationalized in proportion to cuts that have reduced the Canadian Forces to about two-thirds of their previous size. National Defence cannot continue to maintain excess facilities. Redundant or under-utilized infrastructure must be reduced if savings are to be made with respect to personnel, operations and maintenance. The Advisory Group on Defence Infrastructure, established in September 1991, will study the issues and problems involved in the rationalization of Canadian Forces facilities and report to the Minister by the end of May 1992. In addition, the Department is establishing a task force to identify surplus urban property. The task force will seek to maximize savings from the disposal of these holdings, while balancing the Government's financial and social policy goals with local land use requirements.

The Canadian Forces bases in Germany located at Baden-Soellingen and Lahm will be closed, respectively, in 1993 and 1994, as we complete the withdrawal of our major formations from Europe. We shall continue to implement the base reductions and closures announced as part of the 1989 federal budget. In view of recent changes in the international environment and fiscal constraints, the Department will not proceed at this time with the construction of the Forward Operating Location in Kuujuaq, Quebec, Canadian Forces Station Bermuda will be closed in 1994, and the Canadian Forces will consolidate their regional supply and

publications depots into two central locations in Edmonton and Montreal.

The Total Force
A highly motivated, well-trained, properly equipped Reserve Force capable of assuming a greater role in the defence of Canada is integral to the success of the Forces' operations and activities, both at home and abroad. The Primary Reserve comprises the Militia, the Naval Reserve, the Air Reserve and the Communications Reserve. Its authorized strength was increased by approximately 2,000 in 1989, 1,700 in 1990 and 1,600 in 1991. The Primary Reserve now comprises about 29,300 servicemen and women.

The Supplementary Reserve has been reorganized into the Supplementary Ready Reserve and the Supplementary Holding Reserve. The former comprises the most militarily current and fit-test members, who volunteer to be assigned to specific wartime positions or tasks in existing Canadian Forces units. The Supplementary Holding Reserve is made up of those less current members who would not be available for early military duty in an emergency. The Supplementary Ready Reserve currently provides a little over 15,000 volunteers.

Over the longer term, the Regular Force will be smaller than it is today. In this context, implementation of the Total Force will become even more important. The objectives are to achieve greater integration and a more effective partnership between the Regular and Reserve components of the Canadian Forces. For the most part, tasks will be assigned to the Canadian Forces as a whole rather than specifically to Regulars or Reservists. Structures will be adopted to enable the use of a combination of Regulars and Reservists as circumstances dictate, depending on the type of unit, readiness requirements and skills required to accomplish the mission. The Reserves will continue to play a vital role in linking the Forces with Canadian society. Moreover, the Reserves will provide some of the skills and knowledge that we may not be able to maintain economically in the Regular Force, and will allow a more efficient application of scarce resources. For these reasons, our objectives with respect to the Total Force will more than ever remain valid.

The Islanders From Away

BC Chapter

Searching for a good old down east feast of fish and brews, perhaps some toe tapping Stomping Tom tunes or even a good game of tarbush? Well, if you are from PEI, NFLD or Cape Breton, you qualify to become a member of the newest and only chapter of the Islanders From Away club and participate in what you are missing. Interested Maritimers should contact Mr. Barry Yhard at 339-0486, and leave your name and number. A member will get back to you with information on meetings, etc.

On the Base

BComd Commendation

Korean Korner

The Division of Korea

Bob Orrick CD



Norm Blondel, Editor Totem Times, accepts the Base Commander's Commendation on behalf of the staff and contributors. Text printed below:

The staff of the Totem Times have consistently provided their readership an extraordinarily high quality newspaper. Having won the coveted Canadian Community Newspapers Association "Best Newspaper Award, Military, Volunteer Staff" three times in a row, highlights the excellence in coverage which your readers have come to expect. Countless hours of selfless dedication have gone into the production of the Totem Times ever since its inception. That commitment to quality production has earned a loyal following of readers accustomed to a superb balance of Base and CF-wide news with historical articles by contributing reporters. Norm Blondel's editorials often speak fondly of the Totem Times as a "fishwrapper." While many may not associate the earlier practice of wrapping fish and chips in newspaper, fishwrappers are a popular commodity in the Comox Valley. Thus, it remains an appropriate nickname for the Totem Times which is so widely read and thoroughly enjoyed. As Base Commander, I am proud to present this Commendation to the staff of the Totem Times for your sustained excellence in serving the needs of the personnel of CFB Comox. J.E. McGee, Colonel

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CANEX

The Personal
INSURANCE COMPANY OF CANADA

The 25 June, 1950 surprise attack on South Korea by the Communist North Koreans came as a bolt out of the blue to the peaceful South Koreans. The United States army, which was carrying out administrative duties while overseeing transition from an earlier Japanese occupation of Korea to a civilian administration, was caught, literally, with its pants down.

But it need not have happened. It should not have happened.

If the American eagle had been more awake and had paid more attention to the Soviet bear, there may not have been a need for the United Nations to send 16 combatant nations and five medical-aid countries to help the Republic of Korea throw off the communist yoke of destruction that was unleashed on the Land of the Morning Calm 42 years ago.

The period of Korean history leading up to the June 1950 Communist North Korean invasion of the Republic of Korea is well documented in various publications readily available at most public libraries.

From *Focus on Korea, Korean History*, we learn that as World War II came to a close Korea believed liberation from Japanese oppression was also drawing nearer. A summit conference was held between the U.S., Great Britain and China in Egypt. The Cairo Declaration was adopted on 1 December, 1943. It proclaimed "in due course Korea shall become free and independent."

A year and a half Germany surrendered. At the Potsdam Declaration of July, 1945, the Allied nations reaffirmed the principles agreed upon earlier at

Cairo. The next month the Soviet Union also subscribed to the Potsdam Declaration as they entered the war against Japan eight days before Japan's surrender. The Korean people were convinced that their independence would be achieved at the moment of Japan's final defeat.

Unfortunately for Korea, prior to Germany's surrender President Roosevelt, Prime Minister Churchill and Soviet Premier Stalin met in Yalta in February primarily to discuss matters concerning Russia's participation in the war against Japan, and aspects of post-war problems. In a secret agreement Russia was promised that they could regain all of their former territories, sphere of influence and various concessions in the Far East if they would join in the war against Japan.

The Yalta Conference guaranteed in the minds of the Russian government the right to realize their southward expansion policy. As the post war problems were being discussed Russia viewed the United States as replacing the Japanese empire as a rival in Asia.

Nervous over the quick sweep of Soviet troops into the Korean peninsula, the U.S. hastily suggested that the Soviet Union accept the surrender of the Japanese troops in the north portion of the peninsula and that the United States would do so in the southern portion. It was seen to be a temporary occupation over Korea and no one expressed a public objection to the restoration of Korea as an independent nation.

Though Russian deceit was not fully realized, the seeds of tragedy for Korea had been sown.

When Japan surrendered on 15 August, 1945 the provisions of the Cairo and Potsdam declarations immediately came into force. Korea was free once more and for several weeks there was an emotional state of happy confusion.

However, Koreans soon realized that the 38th parallel had been established by the Allied powers to facilitate the Japanese surrender. The Koreans, of course, could see no reason for it. The U.S. and Russia, however, were on a collision course as the USSR saw the demarcation line as a permanent boundary for the communization of the north. Koreans immediately started fleeing to the south of the line.

Soon members of the Provisional Government of the Republic of Korea, including Kim Ko, the current president, and a number of people, including Syngman Rhee (Yi Sung-man) who had been advocating Korea's independence in other countries, returned to Korea where 60 political parties had come into being. The U.S. Military Government refused to recognize the

legitimacy of the Provisional Government. Rhee declared that unification of the country and termination of the American and Russian military governments were the first essential tasks.

Subsequently, on 16 December, 1945 foreign ministers of the U.S., Great Britain and the Soviet Union met in Moscow to adopt a trusteeship plan as a means of resolving the Korean problem. This Moscow Agreement called for a five-year trusteeship period that would place Korea under the power of the U.S., Great Britain, the USSR and China. This of course met with outrage and violent opposition from the Korean people.

At first the Communist party opposed the concept of a trusteeship. However, they quickly changed their attitude several days later under a directive from the Russians. Again U.S. foreign policy misjudged Soviet integrity as they pursued the Moscow Agreement and made plans for the U.S.-USSR Joint Commission. The purpose of the Commission was to examine the political and economic problems of Korea and work toward establishing unified Korean provisional government and restoring the complete independence of the Korean people.

The U.S.-USSR Joint Commission met many times in 1946 and 1947 but failed to agree on anything of importance. In 1947 the United Nations passed a resolution that a Korea-wide free election should be held immediately under UN supervision to assure independence and unification. Though the Russians objected, it passed almost unanimously in the General Assembly of the United Nations.

The USSR refused to accept the UN resolution and closed the area north of the 38th parallel to the UN Commission delegates. Russia had already chosen their path for northern Korea long before and the U.S. was extremely slow in realizing it.

After the UN Commission's report in February, 1948, the UN authorized elections to be held in those areas of Korea open to the supervision of the Commission. Thus, the way was open for independence and free elections in the south.

The first general election in the history of Korea was carried out on 10 May, 1948. On 15 August the Republic of Korea was inaugurated and Syngman Rhee took the oath of office as the nation's first president. American occupation of southern Korea ended but the highly fortified boundary between the north and south remained.

Next issue: A New History of Korea, The Korean War.

Do you know where your children are?

Editorial

The new Base Commander

COL T.B. ROGERS, CD

Col T.B. (Terry) Rogers was born in Toronto, Ontario on 18 June 1948. He enrolled in 1965 to attend Royal Roads Military College in Victoria, BC and graduated from the Royal Military College of Canada in Kingston, Ontario in 1969.

Upon completion of his Air Navigator training, he was retained on staff at the Canadian Forces Air Navigational School in an instructional role on the Dakota aircraft until 1971. After training on the Argus aircraft, he was posted to 405 Maritime Patrol Squadron in Greenwood, Nova Scotia for operational duties.

In 1974, he was selected for operational exchange duty flying the P3C Orion aircraft with VP49 based in Jacksonville, Florida. In 1977, he returned to Argus operations and assumed instructional duties with 404 Maritime Patrol and Training Squadron in Greenwood. Promoted to Major in 1978, he was appointed as the Squadron Aurora Co-ordinator to assist with the orderly introduction of this new aircraft into the maritime patrol community. He departed Greenwood in 1982 to assume staff duties in NDHQ in the Directorate of Maritime Aviation.

On promotion to Lieutenant-Colonel in 1984, he was appointed Commanding Officer of 407 Maritime Patrol Squadron in Comox, BC. He remained at Comox for an additional two years after his command tour as Base Operations Officer.

In 1988, he returned to Ottawa for an additional staff tour and commensurate with his promotion to Colonel in 1989, he was appointed Director of Maritime Aviation in NDHQ. In 1991, Col Rogers attended the continuous French course at the Canadian Forces Language School in Ottawa.

Col Rogers and his wife Heather have two children, Brian and Tammy.



Colonel Terry Rogers

Final March-Past



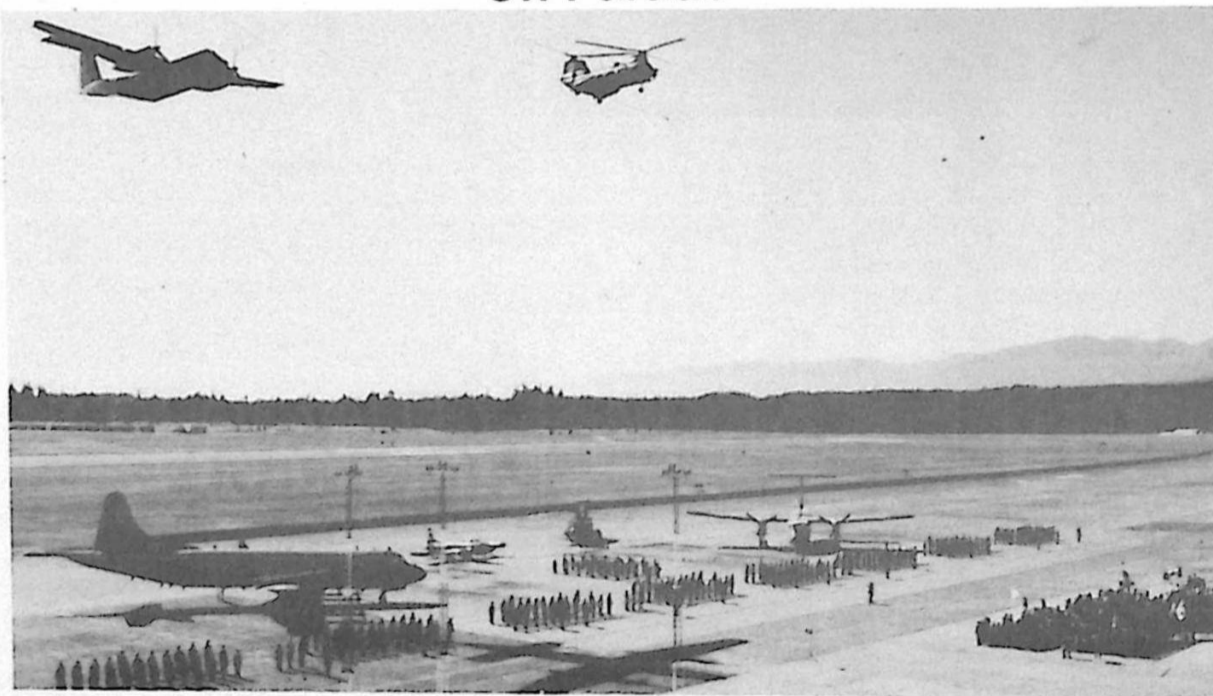
Col J.E. McGee leads the parade in a salute to the new Base Commander.

"All Yours Terry"



Col T.B. Rogers (L), BGen B.D. Bowen and Col J.E. McGee formalize the change of command.

On Parade



442 Buffalo and Labrador fly-past the parade.

TOTEM TIMES

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Comment

Dieppe

by Duke Warren, DFC, CD

Duke Warren has been chosen to represent Canada on the 50th anniversary of the Dieppe raid. He will be a member of a 50-person delegation at Dieppe in August. See also CATV Channel 10 at 7:00 p.m. on 19th Aug, an interview with Tet Walston. This account of the Dieppe raid is reprinted courtesy of Airforce Magazine, Royal Canadian Air Force Association.

The Greatest Air Battle, a book by Norman Franks, regarded as the Bible on the air battle at Dieppe, called it the greatest air battle of WWII. He based his findings on the large number of squadrons directly involved and the number of sorties launched on both sides, more than in the Battle of Britain because production of aircraft was way up.

There were 46 Spitfire, eight Hurricane, three Typhoon and four Mustang squadrons involved as well as seven Boston and Blenheim squadrons. The RAF flew nearly 3,000 sorties, the Luftwaffe 945. The RAF lost over 100 aircraft and the Luftwaffe 48. All this took place in just 16 hours.

My twin brother, Bruce, known as Duke I, and I had been posted to 165 Sqn in June 1942, after training in Canada and advanced training in Britain. The unit was stationed at Heathfield, near Ayr, Scotland, but shortly moved south to become part of the Biggin Hill wing stationed at Gravesend in Kent. Another quick move on 16 Aug sent us to Eastchurch on the Isle of Sheppey. On the evening of 18 Aug we had a special briefing: the plan for a "raid in strength" on the French coastal town of Dieppe.

Canadian Show

It was emphasized that it was a Canadian Army show with great things expected of them. As the only two Canadians on 165 Sqn, Bruce and I were most interested in this news and also very proud that Canadian troops were being used.

We were told that the troops would go ashore at daylight or earlier and begin the withdrawal around noon. There was no suggestion that they would stay longer. As a matter of fact we were told if we crashlanded or bailed out on the land to make no attempt to reach Dieppe and the Canadians, if it was later than 1100 hrs.

Our first take-off was very early; shortly after first light. We patrolled over Dieppe for roughly 40 minutes before being relieved. We saw no enemy aircraft although it was possible to see a tremendous battle going on below. There were still some boats waiting off shore it seemed and there were many splashes around them from the German heavy guns. We returned to Eastchurch via Beachy Head as there was a special routing that way for the fighter support. After refuelling and some pilot changes, we waited for the next scramble to be sent down from Fighter Command.

Our next sortie took off at mid-morning. As there had been reports of fighter and bomber enemy aircraft over Dieppe harbour, everyone was alert as we approached Dieppe at about 18,000 ft. Our section, Yellow, consisted of our flight commander, F/L Campbell-Colquhoun, RAF; P/O Pederson, an American in the RAF as Yellow 2, my twin as Yellow 3 and I was number 4.

The first 15 minutes or so were uneventful. Then a terrific air battle commenced as German fighter squadrons entered the area to provide cover for Dornier-217 and Ju-88 bombers which were attacking Allied shipping below. Since this was really my first engagement with enemy aircraft and there were so many of both them and us, I found it too confusing to track individual aircraft. Fortunately F/L Campbell-Colquhoun was an experienced fighter pilot. He kept his section together as a fighter unit. We attacked a Do-217e which was bombing landing craft and each of us in Yellow section fired. The bomber was destroyed but the crew bailed out. After this episode there were a series of small dogfights with inconclusive results on either side. When our fuel reached minimums, we were

relieved by another Spitfire squadron. Over 60 RAF fighter squadrons were engaged, although not at once.

Excited

Again we returned to Eastchurch to re-arm and re-fuel. We pilots were quite excited as we recounted our combats and this carried over to the ground crew as they went about their work. Although some aircraft were hit none were lost and squadron morale was high. We had time for a hasty lunch at the flight line before being placed on five minutes standby as soon as the aircraft were turned around.

Our next scramble came in the afternoon. We were briefed to patrol over the withdrawal which was taking place, and unless in pursuit of an enemy aircraft were told not to fly over land. Furthermore we were warned not to fly under 8,000 ft because the navy had been told their ships could fire on any aircraft below 7,000 ft and the RN gunners were naturally nervous about aircraft. While we were circling above the ships a Hurricane came from the direction of Dieppe with a tell-tale stream of glycol trailing behind. We knew he was not going far. However he made our ships and bailed out about a mile in front of one, as we had been told to do. We understood if you bailed out in front of a warship there was a good chance they would lower a boat and pick you up; but if you bailed out behind one, not only might they miss seeing you, they might be reluctant to return for a pick up.

While patrolling over the area I saw a destroyer burning. The extent of this fire rather surprised me since I believed ships made of steel and iron would be slow to burn. This was not the case however: HMS Berkley was badly damaged and had to be torpedoed and sunk by HMS Albrighton.

Dieppe Twins



Duke Warren (R) and his twin brother Bruce in WWII.

Although we were keen to engage the Luftwaffe over the ships, no such event took place. This patrol finished uneventfully.

At the end of the day the official summing up took place. Our squadron destroyed two enemy aircraft and damaged two with no loss to ourselves. This was not bad for a relatively inexperienced group of pilots. The Royal Air Force lost 186 aircraft and at the time it was thought the Germans had lost about the same number. (After the war it was determined that only 48 enemy aircraft had been destroyed.)

We realized that the cost to the Canadian Army had been serious; of the nearly 5,000 troops, nearly 1,000 had been killed and a further 1,900 were POWs.

Hindsight

Although some people in hindsight have called it a defeat, there was never any intention that the Canadians were to stay in France. In my opinion it was more accurate to call it a raid because this implied an attack and withdrawal, which is what happened. It was also an outstanding feat of arms in which all Canadians can take pride for the accomplishments of that day.

Let me add a couple of footnotes to my story. If I had told my squadron mates on that day in 1942 that 10 years later in 1952 I would be a squadron commander who would lead his squadron of supersonic fighters in a commemorative flight over Dieppe they would have shouted for the men with the white coats. If I had

also told them that only 15 years from 1942 I would be the chief flying instructor at the Luftwaffe Fighter OTU, they would have called for the firing squad. Yet these things did come to pass.

Incidentally during my tour as CFI at Waffenschule 10 at Oldenburg, Germany, I met a German fighter pilot, Paul Schauder. Paul flew a FW-190 over Dieppe. After we became friends we had many interesting conversations about the raid.

In 1967 during Canada's Centennial Year a group of still-serving members of the Canadian Forces were sent to Dieppe to take part in a commemorative service. I was told there were only 27 men left in active service who had actually fought at Dieppe and that I was the only RCAF member. (Both Bruce and I were in the peace-time RCAF but Bruce was killed in 1951 during a flying accident in a CF-100.)

By 1982 the 40th anniversary of Dieppe no one who fought at Dieppe was still in the service. Once more some 34 "survivors" were selected from across Canada to represent the men and units of the Dieppe raid. I was proud to be selected as part of the official party of the Minister of Veterans Affairs. I remember with pride how it was to be a Canadian airman flying above Canadians involved in their first major allied landing against Hitler.

I still say proudly, "I flew at Dieppe."

About Trivia

Vickers Valetta

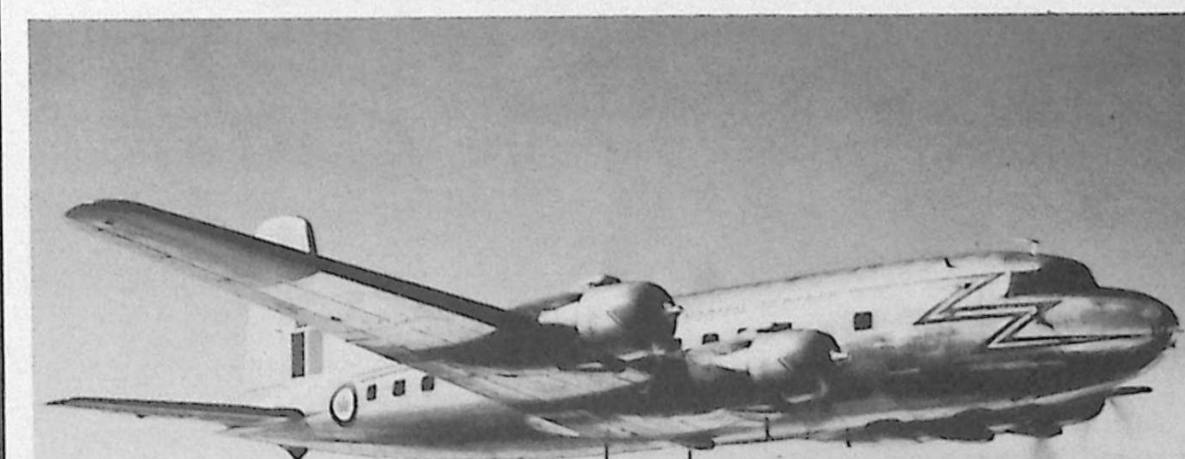
by Norm Blondel

The Vickers Valetta (Trivia, July 9) was a multi-position air navigation trainer, used for initial airborne training in the '50s by the Royal Air Force. It was the military version of a Vickers Viking, a medium-range airliner used by British European Airways. Vikings were also used by the King's (and later, Queen's) Flight, out of RAF Benson. This was the second aircraft type I worked on after leaving Halton in 1952. The first was a "Wimpy" (Vickers Wellington), which was

an electrician's nightmare, the last aircraft type, to my knowledge, to use return wiring (complete with fuses) instead of ground-returning electrical circuits through the aircraft's aluminum frame.

The Valettas flew out of No. 2 ANS Thorney Island, and were ensconced in a roofless hangar, the roof having been blown off during the Battle of Britain. 407 Squadron flew out of Thorney Island during WWII.

Air Force Trivia



Trivia Answer

Vickers Valetta. See answer at left.

from the H.W. Holmes collection

NEXT DEADLINE
24 AUGUST - NOON

Feature

The writer, J.H. (Tom) Proctor, is a practicing realtor with Remax Ocean Pacific Realty, previously having served as a navigation officer in the RCAF and CAF with VP 407.

Tom Proctor's Realty Report



Tom Proctor

Dear Friends:
Over half the year is behind us and the realty statistics and facts for the first six months of 1992 are available for analysis. 1992 is a very good year market-wise in the Comox Valley, with increasing sales and prices. A good supply of housing units are presently

available. The demand for building lots, which has been good over the past two years due to greatly increased numbers of lots selling, will be met in the near future with several new subdivisions coming on the market. Future trends indicate that we can expect the market to stabilize

with price rises slowing down somewhat over the winter months. In a nutshell, the market remains a seller's market.

Now to details. The 1 Jan - 30 June realty statistics from the MLS section of Vancouver Island Real Estate Board show:

COMOX VALLEY

Comparative Activity by Property Type
as at June 30, 1992

	CURRENT MONTH			YEAR TO DATE		
	THIS YEAR	LAST YEAR	CHANGE	THIS YEAR	LAST YEAR	CHANGE
RESIDENTIAL:						
Units Listed	108	71	52%	704	536	31%
Units Reported Sold	111	66	68%	429	365	20%
Sell/List Ratio	102%	92%		62%	68%	
Reported Sales Dollars	13,891,587	7,472,350	85%	52,664,589	37,544,111	40%
Avg Price/Unit	125,149	113,217	10%	119,964	102,860	16%
Price Ratio	98%	98%		97%	97%	
Days to Sell	59	68	-13%	59	65	-9%
Active Listings	273	224	21%			
LOTS:						
Units Listed	82	31	164%	286	169	58%
Units Reported Sold	23	53	-56%	213	210	1%
Sell/List Ratio	28%	170%		79%	124%	
Reported Sales Dollars	959,300	1,435,350	-33%	8,511,250	5,507,241	54%
Avg Price/Unit	41,708	27,082	54%	39,958	26,224	52%
Price Ratio	98%	95%		98%	94%	
Days to Sell	55	135	-59%	85	150	-46%
Active Listings	148	81	82%			

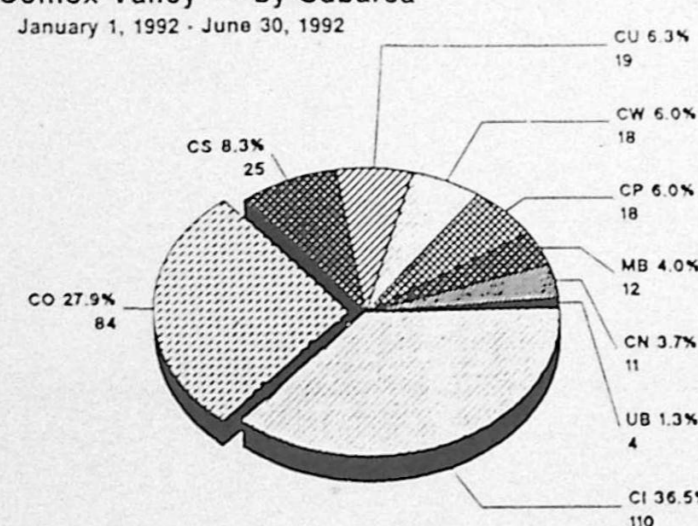
The Year to Date column is the most useful information in the above table and shows that 74 more houses sold in 1992 than in 1991, an increase of 20%. The lot market is similar to 1991 with only 3 more lots sold in 1992, an increase of 1%. Remember, the building lot market demand has been very strong for over two years. In addition, 46 condominium apartments and 35 condominium town houses sold in the Valley during the first six months.

Next, locations chosen by buyers over the past six months:

Completed Residential Sales
for Comox Valley — by Subarea

January 1, 1992 - June 30, 1992

CI - Courtenay City
CN - Courtenay North
CO - Comox (Town of)
CP - Comox Peninsula
CS - Courtenay South
CU - Cumberland
CW - Courtenay West
MB - Merville/Black Creek
MW - Mt. Washington
UB - Union Bay/Fanny Bay



A new subject for my next item, and I must give credit again to the Vancouver Island Real Estate Board and CMHC for the article and tables on new housing starts:

Vancouver Island's home building community must be all smiles as June's construction activity is up 80 per cent over June 1991.

The Canada Mortgage and Housing Corporation announced that housing starts for the first six months of the year are 50 per cent ahead of last year.

They attribute the hike in activity to lower interest rates and increased demand.

Construction volumes for several Island markets follow:

	June 1992	June 1991	Percent Change
DUNCAN	49	32	53.1%
NANAIMO	180	115	56.5%
PORT ALBERNI	19	10	90.0%
COURTENAY	155	100	55.0%
CAMPBELL RIVER	69	21	228.6%

From day to day as I go about my work I am frequently asked, "What sort of income can I expect to make if I take up realty sales as a career?" At last I have the report of Dr. Stanley Hamilton of UBC, which I feel is very accurate and may be of interest to some of the readers.

RESULTS OF THE 1991 B.C. REAL ESTATE EARNINGS SURVEY

According to a study, released in June by the Faculty Department of Commerce and Business Administration at UBC, the average 1991 income for all respondents in the province was \$41,394. This represents 0.7% increase over the 1990 level of \$41,099.

The median income (50% above and 50% below) was \$29,254; that's a 9.1% gain over \$26,818 recorded in 1990.

It's interesting to note that the increase in earnings is less than both the gain in the number of units sold on MLS (42.2%) and the jump in dollar volume generated by those sales (52%).

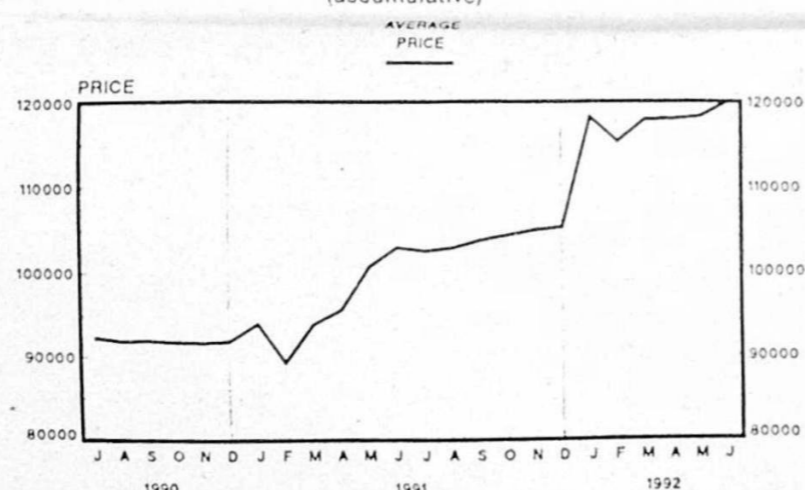
Recently I have been asked for information about the relocation company ERS, which I understand will be managing DND moves and the sale of DND members' houses on posting. To date I do not have enough data to comment about it. However, I will attempt in future reports to include a few facts and ideas which may be of use to you, should you have to deal with them.

Finally, let's take a look at the average residential sale price, the number of residential units sold and the percentage of market share by price range:

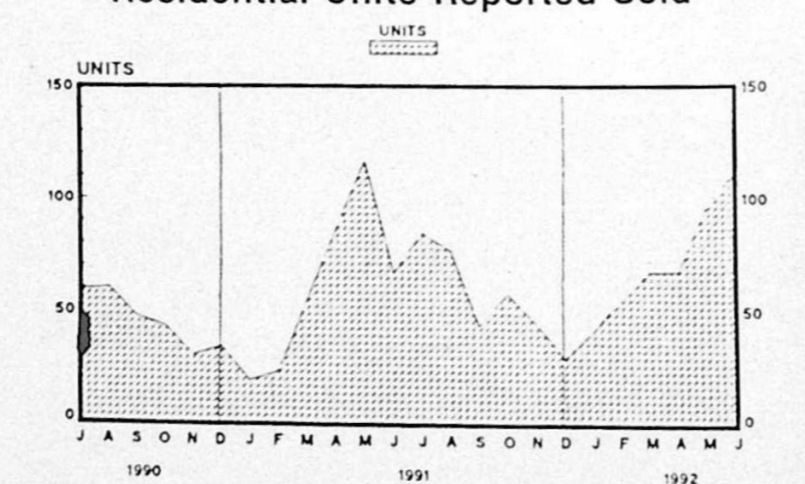
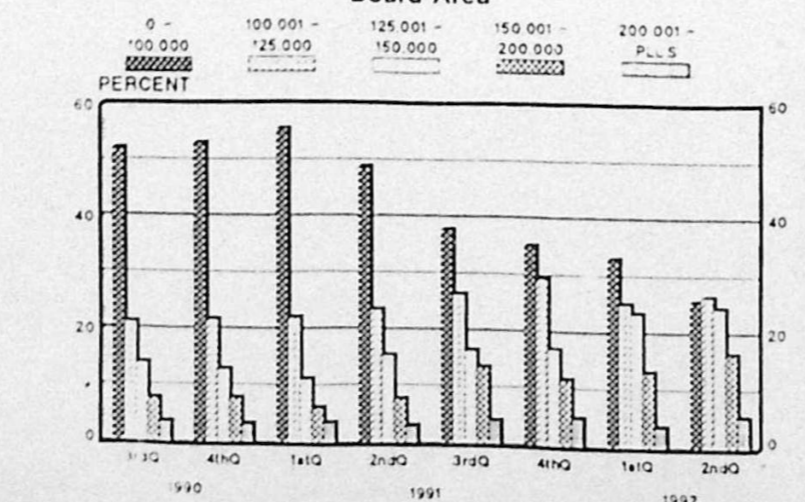
JUNE 1992

Average Residential Sale Price

(accumulative)

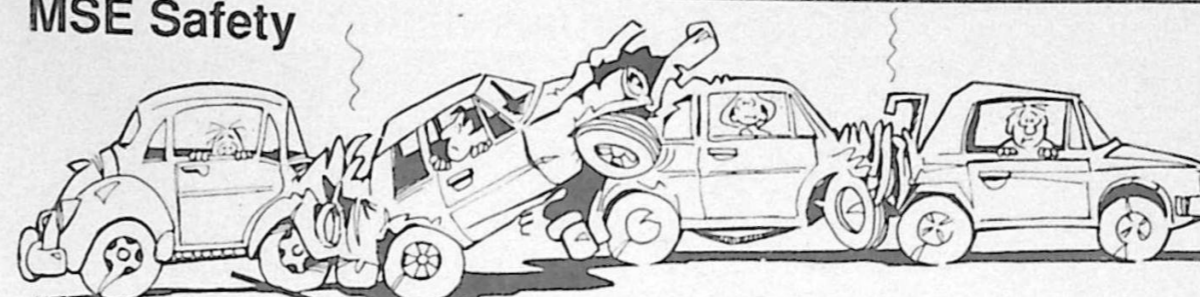


Residential Units Reported Sold

Percentage of Market Share by Price Range
Board Area

Section News

MSE Safety

Common Courtesy
not Common Enough

You're driving along, minding your own business, singing along with the radio. Suddenly a car pulls in ahead, forcing you to slam on the brakes. Fortunately your reflexes are good and you avoid a collision. You swear, shake your fist at the other driver and continue driving along.

Scenarios like this happen to all drivers. Someone isn't paying attention or thinks there is plenty of room for a manoeuvre and a collision is narrowly avoided...or perhaps not. Eighty-five per cent of traffic accidents are a result of driver error. One or more of the motorists involved could have taken action to prevent the collision. If drivers followed a few basic courteous driving guidelines, the roads would be safer for all of us.

COURTESY IS...

Keeping a safe distance between your vehicle and others on the road. Spend as little time as possible in another driver's blind spot. Use a 2-second following formula under normal traffic conditions, longer in bad weather or heavy traffic. If someone is following you too closely, increase the space ahead. Creating a "space cushion" around the vehicle allows more time for you and other drivers to react to the unexpected.

Communicating with other road users. Signal your intentions well in advance so people

can take action as they may be required. Make eye contact with pedestrians and other drivers so you can be sure they are aware of your presence.

Remembering that not all drivers have the same quick reactions or ability to understand a situation in a hurry. To compensate, they may drive slower or they may make sudden lane changes or turns. It is important to be tolerant and to be prepared for the unexpected at all times. Don't react to other drivers in anger or frustration; your reaction may be a greater hazard than their initial action.

Obedience to the law. Traffic laws have been created to keep the roads safe and the traffic moving. Each motorist who breaks the law increases the risk for other road users.

Helping other road users to see your vehicle by keeping your low beam headlights on at all times. Keep your car and windows clean to improve your ability to see and be seen.

Never drinking and driving. If you plan to drink, plan also to have a designated driver or use a cab.

Respecting the rights of others. Pedestrians have a special status as road users. As a driver, you are required to yield to them the right-of-way. Stop well before the crosswalk so you do not block the view of other



BAMSO

IE/IS Shops

There has been so much movement of personnel in the IE/IS lab lately that heads are spinning just trying to remember all the new names. First Cpl Rick LeVigne and Cpl Rod Funk, both from CFB Portage, arrived to the IE lab just in time to see Cpl Bruno Kocis off to CFB Toronto. Cpl Kocis' replacement, Cpl Greg Broadbent, then arrived from CFB Toronto. The pair probably passed each other on the road on their way to each others' old jobs.

Cpl Jamie Antel arrived from CFB Gander and Cpl Kim Staples from CFB Bagotville. If you're keeping score up to this point, you will notice that the IE lab is +4, so who else is leaving? Well, they are not really leaving; it seems all other personnel posted out this year from the IE lab are going downstairs - Cpl Steve Wain and Cpl Yvan Breton to 414 and Cpl Rod Russell to 442. So the lab is still up 1, right? Right!

Question

Whenever emerging from an alleyway, driveway or private road, what must be done?

A. sound your horn before proceeding;
B. slow down and proceed with caution;

C. roll windows down and listen for traffic; or

D. come to a full stop before crossing the sidewalk or entering the street.

Answer

D. Come to a full stop before crossing the sidewalk or entering the street.

Driver's statement
of the month

"The pedestrian had no idea which direction to run, so I ran over him!"

More BAMSO Promotions

Maj Brown presenting



Sgt. Ruby



MCpl Haynes

NEXT DEADLINE

24 AUG

continued on page 9

Section News

Dr. Carol J. Ostry, M.D.
and
Dr. David A. Brailey, M.D.

are pleased to announce
the recent opening of their office
for the practice of

Family Medicine & Maternity

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KHS

B I C Y C L E S

CHAPEL CHIMES

OUR LADY OF THE SACRED HEART CHAPEL (RC)

BASE CHAPLAIN (RC) - Maj J.G.A. Veilleux
CHAPEL - Our Lady of the Sacred Heart (on Base)
OFFICE - Headquarters, Bldg 45, Rm 48, Local 8274
MASS SCHEDULE:

Saturday.....1900 hrs
Sunday.....1000 hrs
Daily Masses.....As announced in the Bulletin,
usually at 0900 hrs, except during
Lent and Advent at 1900 hrs.

RECONCILIATION - Confessions will be heard before each Mass or upon request. Penitential Celebrations are held during the Advent and Lenten Seasons.

BAPTISMS & MARRIAGES - By appointment - notice well in advance please.

CATHOLIC WOMEN'S LEAGUE - Second Thursday of the month in the Parish hall, preceded by Mass in the Chapel at 7:00 p.m. President: Mrs. Claudette LeBlanc, phone 339-3004.

CATECHISM CLASSES - September to May in the PMQ School at 1830 hrs, every Wednesday.

Coordinator: Diane Plamondon, 339-0807.

ST MICHAEL & ALL ANGELS PROTESTANT CHAPEL

BASE CHAPLAIN (P) - Maj R.E. Baker
CHAPEL - St. Michael & All Angels, Wallace Gardens,
Bldg 88

OFFICE - Headquarters, Bldg 45, Room 48, Telephone 8273.
SUNDAY WORSHIP - Each Sunday at 1100 hrs.

HOLY COMMUNION - First Sunday of the month.

SUNDAY SCHOOL - In conjunction with 11 a.m. Service

NURSERY SCHOOL - Each Sunday at 1100 hrs.

CHOIR - Practices 1830 hrs, Thursday at Chapel.

CHAPEL GUILD - Meets once a month, first Thursday at the Chapel 7:30 p.m. President Bonnie Cochrane 339-4988

It's Time ... To Join The Giving



YOU MAKE IT HAPPEN

COMOX DISTRICT UNITED WAY

BComd Commendation



For the Museum Committee (AFIS staff) Maj Postma accepts the BComd's Commendation. Text printed below:

The staff of the Comox Air Force Museum are to be commended for the extraordinary quality of display representing the Air Force heritage of CFB Comox and its squadrons. The enthusiasm and commitment of the full and part-time, and volunteer staff have contributed substantially to the achievement of a notable collection which many bases would like but cannot emulate. Sustaining the Museum through the novel initiative of raising money by staffing bingos has been pivotal in providing the necessary funding for Museum projects. In a very few years the Comox Air Force Museum has attracted numerous visitors and earned a reputation within Air Command as a premiere aviation museum. It is with great pride that I present this Commendation to the Comox Air Force Museum for creating and sustaining a vital showplace for our Air Force heritage. J.E. McGee, Colonel

History of a Station

Portage La Prairie

RCAF Station Portage La Prairie first opened in July 1940, as a wartime training site of the British Commonwealth Air Training Plan. Since that date, it has proudly served the aircrew training needs of the RCAF and the Canadian Forces, and has become an integral part of Canadian aviation history. In 1989, in support of the Government of Canada's plan to reduce expenditures, it was announced that CFB Portage La Prairie, one of the oldest and busiest flying training bases in Canada's Air Force, would close its doors by 01 September 1992.

The primary role for RCAF

Station Portage during the first years of its existence was that of a wartime training facility, with No. 14 Elementary Flying Training School providing flying instruction with the venerable Tiger Moth aircraft. In 1941, the station also became the home of No. 7 Air Observer School (AOS), with a mandate to train air observers to be navigators, bomb-aimers, and photographers. 7 AOS flew mainly the British-designed Avro Anson, and trained more than 5,000 students before the end of World War II.

After the Second World War, Portage was deactivated as a flying base and used as a recruit

school until 1949. The base was reactivated in September 1952, and established with No. 2 Advanced Flying Training School flying the Harvard. In 1953, the base entered the jet age with the introduction of the T-33 Silver Star. Some years later, in 1959, the Flying Instructors School (FIS) relocated to Portage La Prairie from Trenton, Ontario, to train instructors on the Chipmunk, Expediter, T-33 and, in the mid-60s the Tutor. The FIS, which served as a detachment of the Central Flying School for several years, eventually became a full-fledged unit of CFB Portage in 1985, providing instructor training on the Tutor, Jet Ranger and Kiowa helicopters, and the Musketeer. The FIS was restructured in Apr 1992 as a result of base closure. The Musketeer flight was disbanded, the rotary wing flight was incorporated into the new 3 CFFTS structure, and the Tutor portion of the FIS - the only part remaining - moved to CFB Moose Jaw on 30 Apr.

RCAF Station Portage served in 1966/67 as the home of the Golden Centennaires, Canada's centennial acrobatic demonstration team and the forerunner of today's Snowbirds. It also

Continued on page 21

GLACIER GREENS BAR AND GRILL

Having a Wedding, Anniversary or just a fun Party?

Come to the best location in the Valley

at the Glacier Greens Gold Club's Bar and Grill

We can accommodate up to 115 people in a private setting overlooking the Glacier
For further information call Marg or Diane at 339-8720



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V9N 3P1

Section News

BComd Commendation



Maj L.K. Hopp accepts the Base Commander's Commendation for Air Traffic Control. Text printed below:

The personnel of the Base Air Traffic Control Section have earned special recognition for their continued excellence in providing air traffic control services. Whether dealing with the routine mix of the five types of aircraft based at Comox or the increased frequency and complexity of traffic associated with exercises and operations, Base Air Traffic Control has provided consistently superb service. The tasks have been complicated by a high training load requiring great leadership and supervision while developing the inexperienced. Emergency responses as perfected in exercises have been coordinated exceptionally by OSCERs who set the standard for handling extraordinary workloads under great pressure. Thus, it is with great pleasure that I honour the Base Air Traffic Control Section with this commendation. J.E. McGee, Colonel

More Tet

continued from page 7

The European countries were building their air forces, Germany in breach of the Versailles Treaty, but they all provided what we know as Air Shows. The British had their RAF "Empire Air Display" at Hendon and these were magnificent. The French had their military displays, and the Luftwaffe were used by Hitler in a propaganda role.

The USA also used air shows to demonstrate their military might. The sight of some fifty 'planes in precise formation was awesome - but not too useful in a fighter role.

Then came WWII. More changes in aircraft - we ended with the jet plane.

Over the years, the interest in flight has grown, not lessened, and though we may see wonders on television, there is no substitute for "being there" and touching, smelling and absorbing the atmosphere of an Air Show.

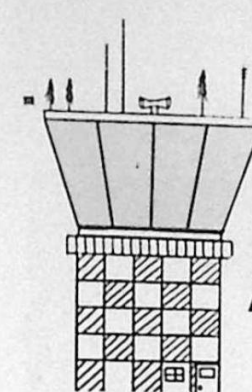
Everyone has enjoyed the military displays put on by navies, and the armies have always entertained with their

demonstrations, particularly the massed bands and tattoos. These seem to be acceptable to all, but it appears that an air show is not to be afforded such acceptance.

Too bad! An air force has to practice; if not in war (heaven forbid), then displays such as we see here are part of that need to remain the "Top Guns" which they so surely are.

Here in Comox we are fortunate. We are surrounded by aviation. We see 'planes every day. Many of our citizens are Air Force members. If any taxpayer thinks that our Comox Air Shows are a waste of public money, let him (or her) produce for us a politician who can demonstrate skill and devotion at least the equal of that of the men and women of CFB Comox and their colleagues from other bases who serve out country and who thrill us with their demonstration of flight.

P.S. Snowbirds for Prime Minister. They'll have my vote every time!



As the Beacon Turns

Hello, Butcher fans. I am back with juicy gossip for you.

First of all, congratulations all of you that checked out recently. Of course, you know that Gilles is going to be after your money! Entertainment fund to be precise. Speaking of entertainment, party coming up 21 August. Stay tuned for more info in the near future.

Let's get to business and chat about people in the spotlight: Rollie and Dave's expedition. They started with three and came back with two....

What really happened those four days? As I was following them from a distance, here is the real story.

Day One: Rollie, Dave and Dave are on their way. Four hours later Dave Thurston is swelling a lot; he almost doubled his size. I think it is because of those killer bees that attacked him earlier on. Little joke, courtesy of Dave Tack. 2000 hrs, time to quit for the day. During the night I could hear this horrible sound. But fear no more, I finally found what it was - Dave Tack snoring

like crazy.

Day Two: Not a good start; Dave Tack got sprayed by a skunk. Stinky, tired and rejected by his companions, he decided to go back home. And other than that, day two wasn't really exciting.

Day Three: After being chased by a moose, two bears and a herd of weasel, they finally succeeded in getting back on track, and by 2100 hrs they were in dreamland.

Day Four: Rollie woke up with green ears and a purple nose. Dave is finally back to his normal size but he looks like a rainbow. I think it's those little fruits they harvested down by this green swamp. They finally get to the truck. But guess what, Rollie forgot his keys at home....

Tower

As you know the airfield is equipped with a new lighting system. Therefore the old distance-to-go markers will be recycled to put on the tower roof. This will provide the tower a judging

capability for every landing or touch and go. Trainee-wise, they are buzzing like bees. Three trainees on shift time; scary! There is a new contest going on right now. This will determine the sissiest man in the tower. Right now the race is tight between Gilles' purse and Matt's wimpy lunch bag. Not far behind is WO Munday with his fluorescent green bicycle helmet. Other than that, it's pretty quiet.

IFRCC

There is a new limousine service in town. Dan and Matt's rent-a-limo. Dan's car is for those special occasions, like weddings and funerals or the always favourite prom night. Matt's car is for those more official events like your first date or the all time winner, premiere at the movies. Yes, ladies and gentlemen, travel with class with Dan and Matt's rent-a-limo. By the way, before I forget, good work to all of those who participated in the Airshow.

On that, we will see you next edition.

NEXT DEADLINE 24 AUG



THE UNITED WAY
SYMBOL - What It Means

... a rainbow of hope for the future

... a willing giver and a grateful receiver

... a helping hand, busy in our community

It's the United Way!



25 REASONS IN OUR COMMUNITY TO CARE MORE AND SHARE MORE

- Alano Club of Courtenay
- B.C. Paraplegic Association
- Vancouver Island North Region
- Beaufort Association for Mentally Handicapped
- Canadian Arthritis & Rheumatism Society
- Canadian Diabetes Association (Comox Valley Branch)
- Canadian National Institute for the Blind
- Canadian Red Cross Society
- Children's Hospital
- Comox Valley Block Parents
- Comox Valley Community Organization for Drug Education Services (C.O.D.E.S.)
- Comox Valley Crossroad Crisis Centre
- Comox Valley Family Life Association
- Comox Valley Ground Search & Rescue
- Comox Valley Planned Parenthood/Education Purposes
- Comox Valley Recovery Centre
- Comox Valley St. John Ambulance
- Comox Valley Stroke Club
- Comox Valley Therapeutic Riding Society
- Comox Valley Women's Resource Centre
- Courtenay Rescue 71
- Friends of Schizophrenia
- North Island Alcohol & Drug Education and Information Society
- Vancouver Island Multiple Sclerosis Society (Courtenay Branch)
- Island Deaf & Hard of Hearing
- You are Not Alone

It's Time ... To Join The Giving

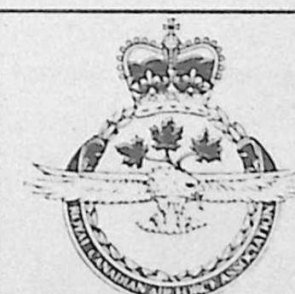


YOU MAKE IT HAPPEN

COMOX DISTRICT UNITED WAY

CFB Comox United Way Campaign

The 1992 CFB Comox United Way campaign is in the planning stages at this moment and will be hitting the streets shortly, looking for those great volunteers who helped to make the 1991 campaign a great success. The Comox District United Way is an umbrella organization of volunteer directors who help to support the many agencies that supply services and support to a wide range of differing needs of Valley residents. It is only with your kind support that this united effort serves so many of the Valley needs. All the money that is raised in the Valley will remain in the Comox District United Way. Remember, it only takes a little from all to make that big difference.



888 (KOMOX) WING

RCAFA

**CALENDAR OF EVENTS
AUGUST 1992**

Sat 15 Aug.....LOBSTER NIGHT
\$15.00 per person Only 100 tickets available
Fri 21 Aug.....STEAK NIGHT
\$7.50 per person No Steak Night on Sat 22 Aug
Sat 29 Aug.....STEAK NIGHT
\$7.50 per person
Sat 05 Sept.....STEAK NIGHT
\$7.50 per person

Lunch Will Be Available.....Thursday and Friday
1200 to 1330 hrs \$2.00 per person

CRIBBAGE NIGHTS.....1st & 3rd Monday each month 7:30 PM.

DND and MILITARY PERSONNEL WELCOME

WING HOURS OF OPERATION ARE AS FOLLOWS:

Thursday, Friday & Saturday 1200 - 0100 hrs

Sunday 1300 - 1900 hrs

Section News

407 Squadron Change of Command

"....and away we go!"



LCol Chester, wife Barb, and daughter Tara are transported from the parade square on Comox's new CP-140 flight simulator. "Engineer - max power! Co-pilot, look like you are enjoying this!"

An Award for MWO Hallam



W/C (ret'd) K.C. Wilson, the last wartime CO of 407 Sqn, presents the Demon Sqn Association Award for outstanding ground crew achievement in 1992 to MWO Trevar Hallam. LCol T.E. Chester looks on.

407 Honorary Colonel



BGen B.D. Bowen awards Mr Helmut Eppich the title of Honorary Colonel for 407 (MP) Sqn. Looking on are LCol Kendell, Col McGee and LCol Chester.

Supply Promotion



A new Master Seaman in Supply. Congratulations to Darrel Strong on his promotion. Could a sea posting be in the near future?

BAMSO Promotion



MCpl Franke Maj Brown Presenting

386 Squadron Royal Canadian Air Cadets (Komox)

The 1992-93 training year will start on 8 Sep. Parade time is 1830 hrs at the new facility on Little River Road near the retired aircraft display at CFB Comox.

New recruits, male and female, between the ages of 12 and 18 years are welcome. For information phone Capt Melancon at 339-7768. A variety of courses is available from Airmanship to Youth Leadership.

Come and join us!

FOUND....FOUND....FOUND

What happened to ex-Sgt. Jerry Boucher? We found him!



Jerry Boucher

You know the guy to call at:
Homelife Harbour Realty



Jerry Boucher - 18 years a SAR Tech

Comox Mall

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History

A History of Comox Harbour

Part 3 - Shipping in the Bay

by Lloyd James Bailey



Professor Bailey

Harbour went to Victoria by boat. In 1872, the colonial government assigned the steamship *Sir James Douglas* to a bi-weekly east coast service. Private companies supplanted that service in the 1880's with the *Maude* and the *Amelia* vying for trade and freight between Victoria, Comox Harbour and northern points.

Robert Dunsmuir acquired three large steamers in the 1890's to link his E & N Railway terminus in Nanaimo with his coal mines in Cumberland, and for north island, Gulf Islands and Victoria trade. The *SS Joan*, the *SS City of Nanaimo* and the *SS Isobel* were luxurious for their day and were fast and efficient. When the Canadian Pacific Railway took over the Dunsmuir holdings, these vessels formed the nucleus of the BC Coastal Steamship Service.

Comox Harbour saw steamers of the Hudson's Bay Company Maritime Service, like the *SS Otter* under Captain John S. Swanson, in the 1860's. Their most recent steamer, the *Princess Louise*, made regular stops at Port Augusta until bought by Canadian Pacific in 1883. CP Steamships continued to serve Comox Harbour until 1951 with a succession of memorable boats: *SS Charmer*, *SS Queen City* and the *Princess Mary*. Economic conditions by that year forced the end of both coastwise passenger and merchant vessel sailing to the area. Private and government ferry systems have continued trans-Gulf of Georgia operations to the Comox Valley, but not directly to Comox Harbour.

The Union Steamship Company was formed in 1889. Its Vancouver-based ships reached approximately fifteen landing places along the coast from Comox Harbour to the head of Vancouver Island. The first boat placed on the up coast run was the little *SS Capilano*. As the regular schedule increased by 1896, the *SS Comox* and *SS Coquitlam* joined the fleet. In 1901, *SS Cassiar*, *SS Camosun* and *SS Chelohsin* began regular coastal trips. Settlers and loggers greatly appreciated the northern service as well as the comfortable accommodation provided to and from Vancouver.

With a federal mail subsidy and a provincial isolation subsidy, the Union Steamship Company prospered. Larger "day boats," the *Lady Pam*, the *Lady Cynthia*, the *Lady Cecilia*, and the imposing *Lady Alexandra* sailed regular short routes until the com-

pany folded in 1958.

In 1908, the *SS Cowichan* began docking at Comox Harbour on its logging camp service. In 1911, the Union Company took over the *Vadso* and the *Venture* of the Boscowitz Steamship Company, regular callers at Comox. The former steamship grounded twice in local waters, only to burn to the waterline after repairs at Comox dock.

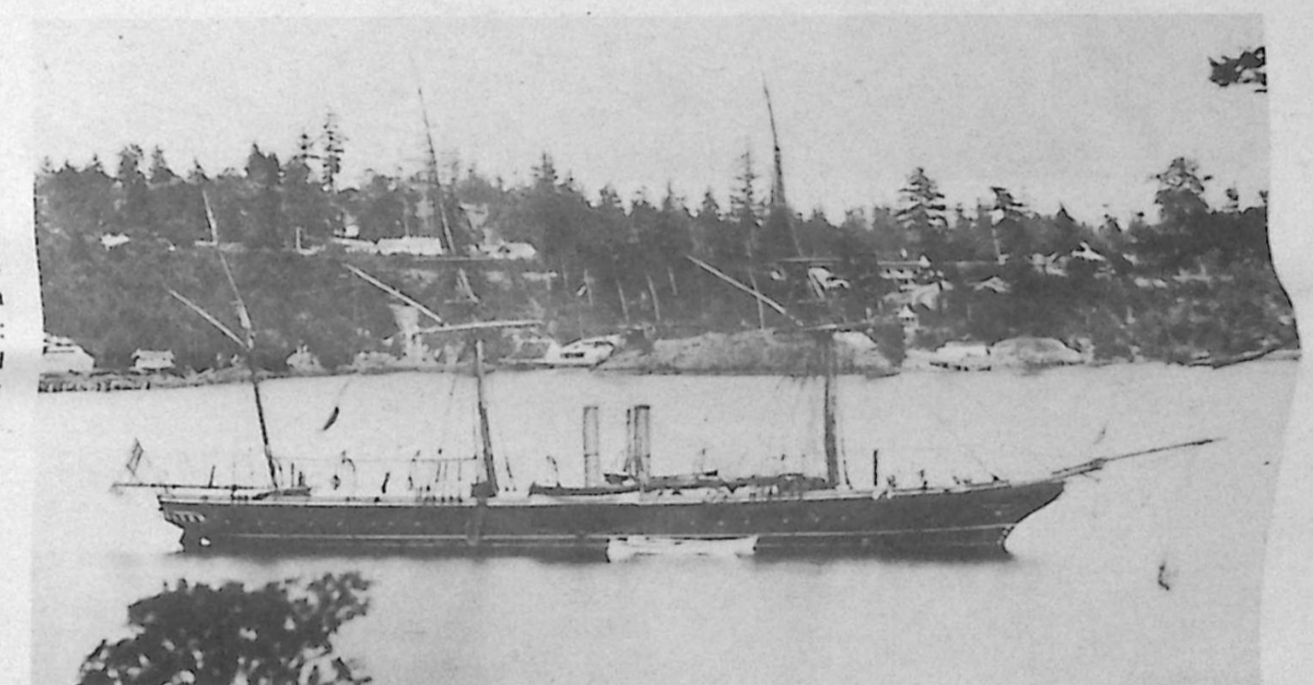
A brief exception to the demise of liners came in May 1971. Magnificent mountain scenery enhanced the majestic beauty of *HMY Britannia*. The ship was anchored off Comox Wharf all day, Monday, May 24th, as the Royal Family toured northern British Columbia. Officers and crew alike enjoyed the amenities of the Comox Harbour including rounds of golf at the village country club.

Comox in 1880



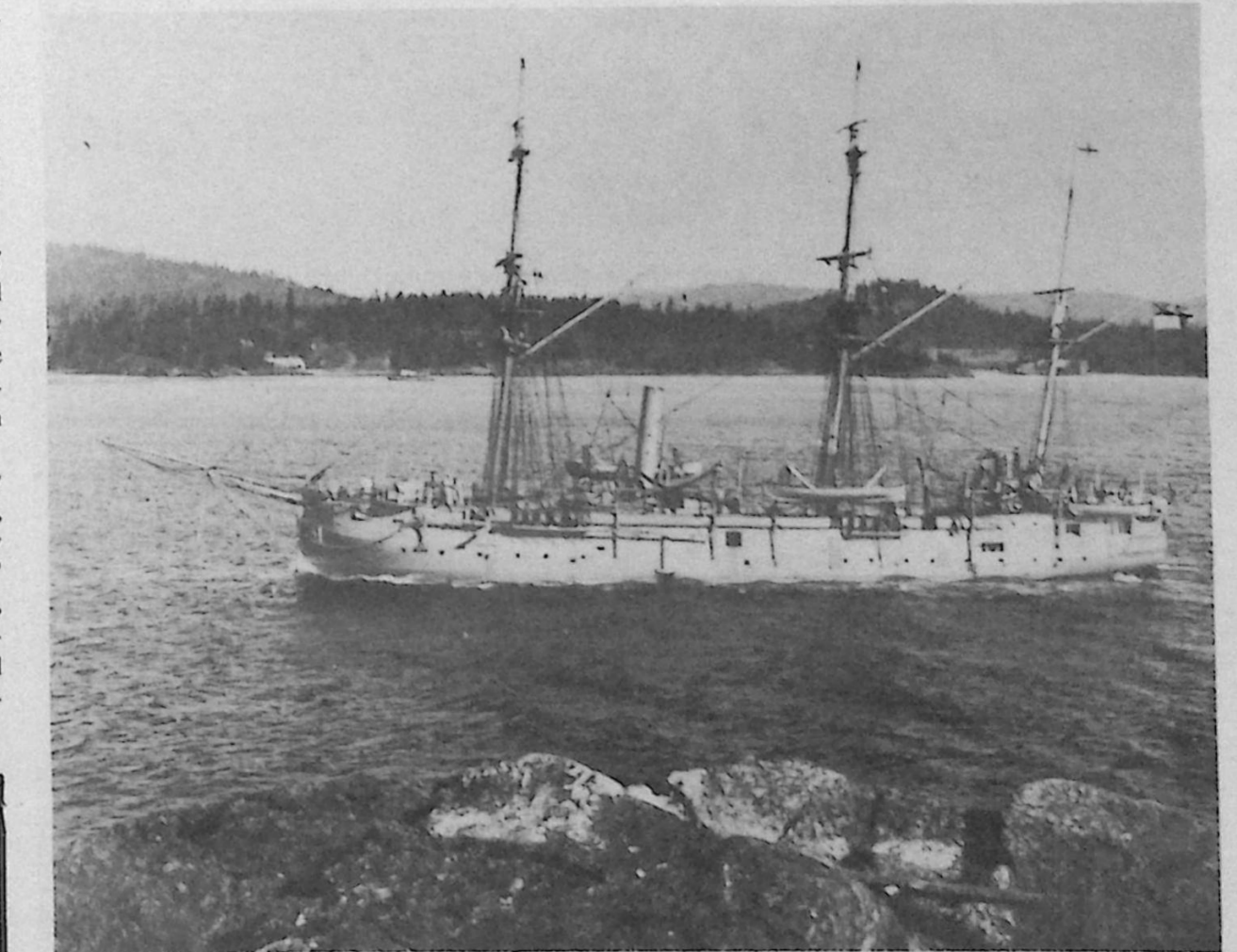
Comox Wharf and the old town

"Sparrowhawk"



A different view of Comox harbour

"Egeria"



In Comox Bay

RECYCLE THIS
NEWSPAPER
TOTEM TIMES



Feature

Airshow '92

Wonderful Weather
Huge Turnout, Great Flying,

Zoom!



Future flyers focus on flights.

No stealing while I'm around....



Mountie, on his Harley Horse, tickets the Stealth Fighter.

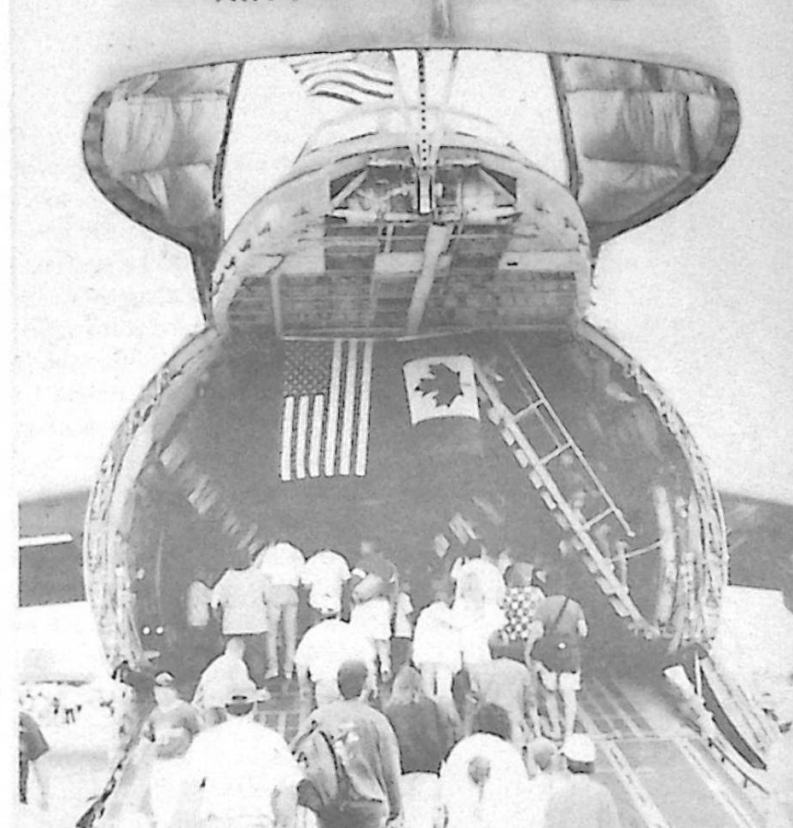
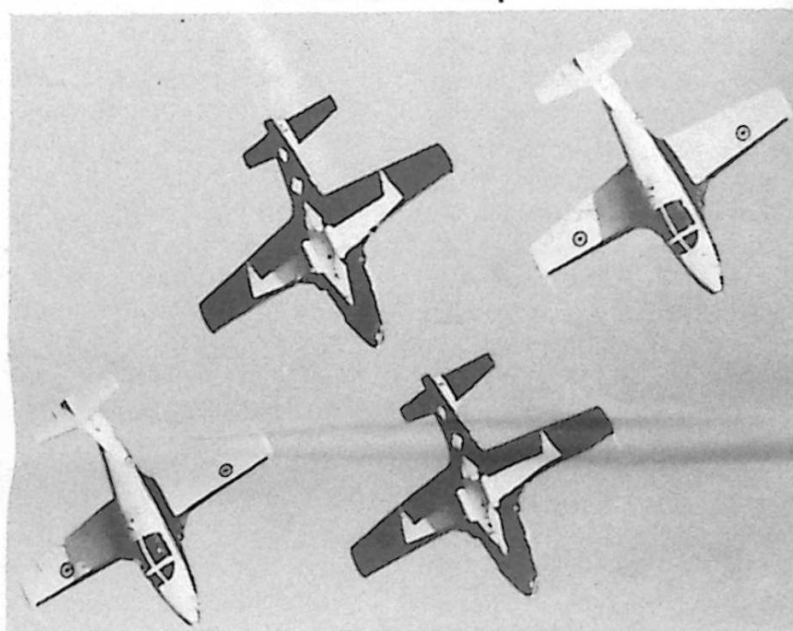
"I think there's room on the Airfield!"



Marshalling in the giant C-5 Galaxy.

"C'mon in Ya'll!"

AIR FORCE RESERVE

In one end and out the other -- C5 Galaxy
Which end is Up?

The 'Birds thrilled, as usual.

Halt!



F-16 (1)

Final Appearance



A Last Hurrah for VU-33's T-Bird

"I like Joanne...I like the 'Birds"



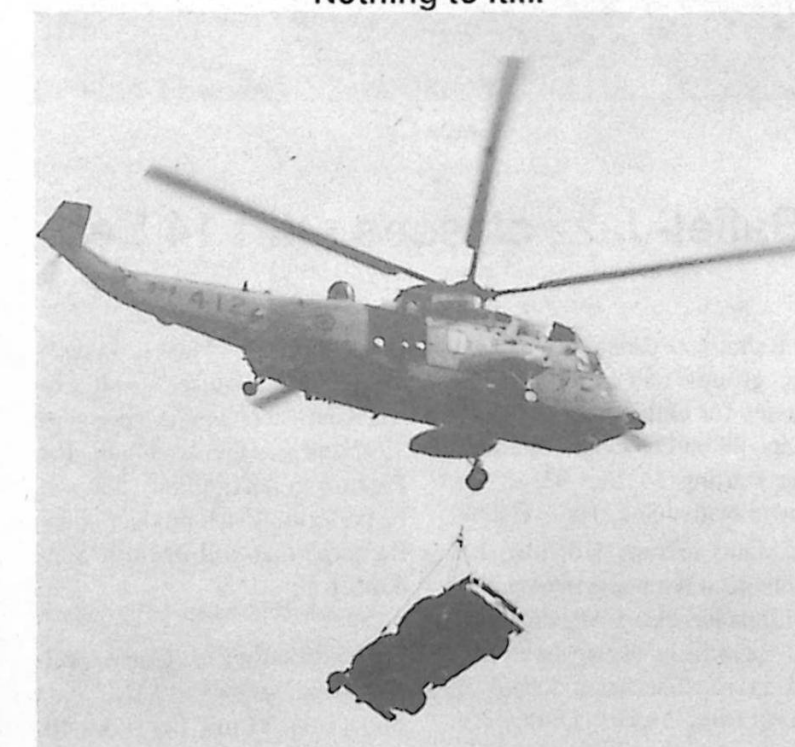
Future Flyers express their preferences

"Oh Canada"



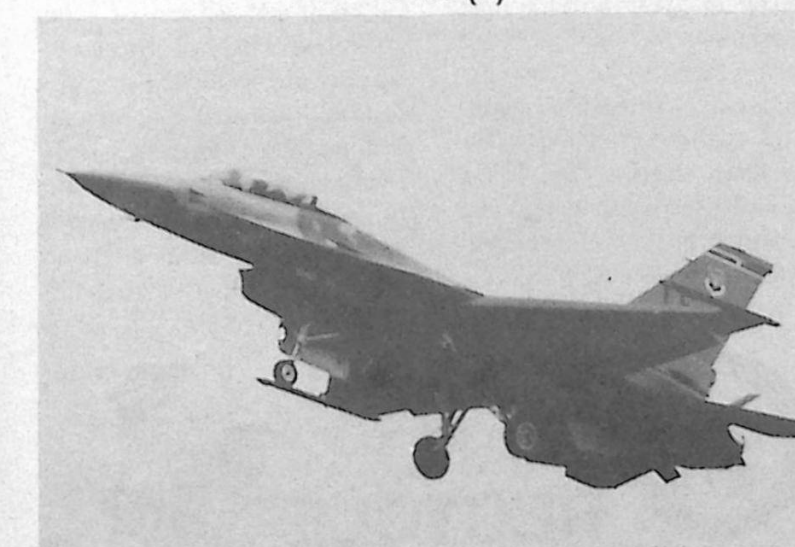
Skyhawk celebrates our 125th

"Nothing to it...."



Sea King does the old crash-the-truck routine

F-16 (2)



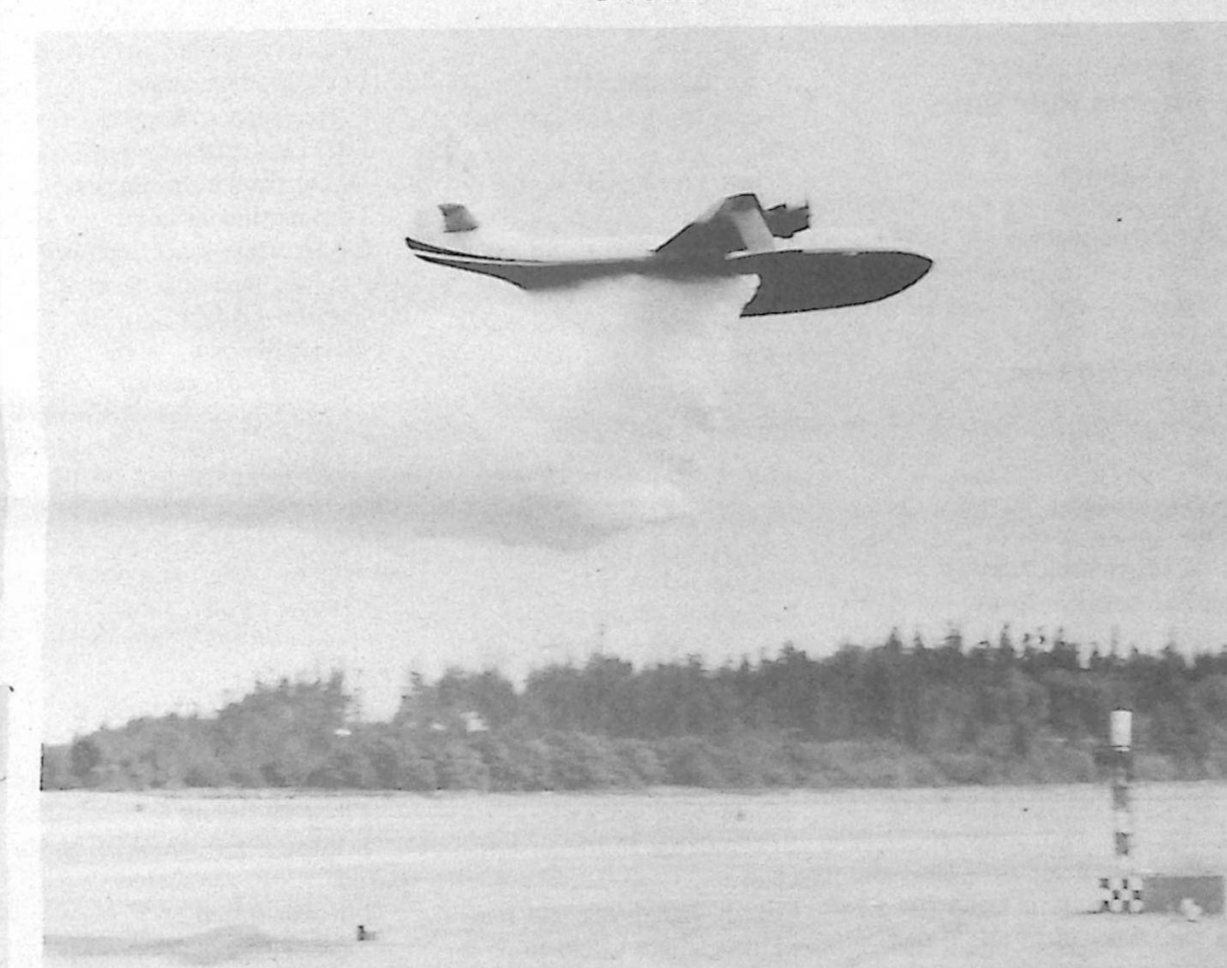
Fighting Falcon Flew Faultlessly

442 and the Little-'uns



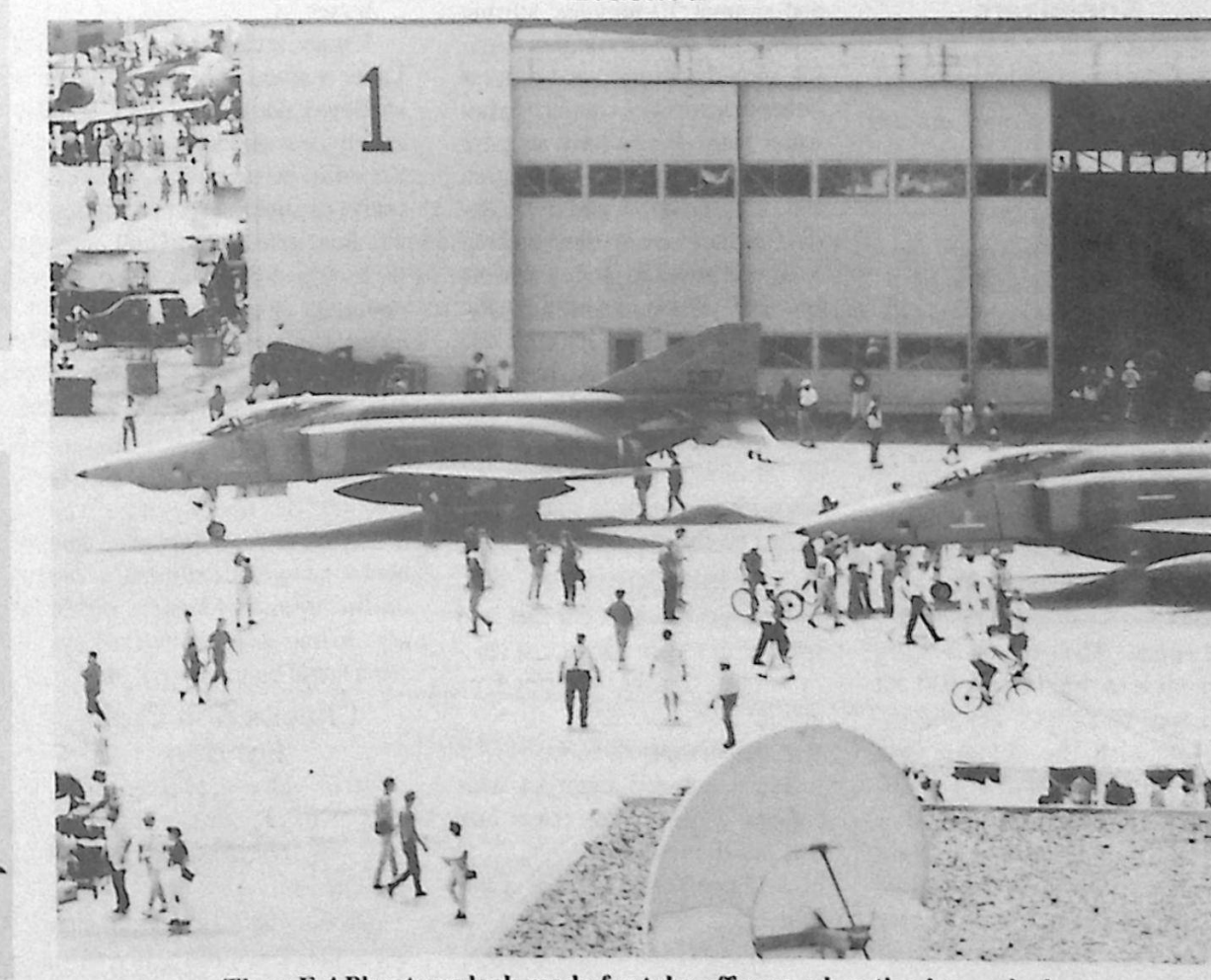
442 Buffalo touches down in front of the home-built and heritage aircraft display.

Swoosh!



A multi-thousand gallon load descends from a fire-fighting Mars water-bomber of Conair.

Leashed



These F-4 Phantoms look ready for take-off even when they're parked.

Photography by MCpl Rod Cando
and Cpl Al Brace.

Leisure

Country Kitchen

Seafood Specialties

BARBARA VERMETTE

It's hard to believe that this born and bred prairie girl is sitting here typing a column on shellfish. I remember shrimp being real treat as a girl, and that was usually out of a can. I didn't taste crab or lobster until after I was married, but once tasted, I was hooked! I imagine most people who have lived the majority of their lives on the prairies would say the same. My parents moved away from the Prairies to the Queen Charlotte Island for a few years, and my mother tells the story of seeing shrimp advertised for sale at a great price down at the wharf. She bought a few pounds and was horrified to find out they came in a shell, which you had to remove yourself! Never again, she says; she'll gladly pay someone else to remove the shell and she'll enjoy the best part. Perhaps in one of the following recipes:

Shrimp Puff Balls

Pastry:
1/2 cup butter
1 cup flour
8 oz cream cheese
1/3 cup half and half cream
Mix pastry and roll very thin. Cut in circles. To seal the edges, use a mixture of 1 egg yolk and 2 T. water beaten together.

Filling:
1 can small shrimp
2 tsp soya sauce
1 tsp minced onion
1 tsp HP or steak sauce
garlic powder to taste
pepper to taste
Place a small drop of filling into each circle and fold pastry over, sealing edges with a fork dipped in the egg mixture. Bake on an ungreased cookie sheet at 350 degrees F. for about 20 minutes.

This next recipe is wonderful. You can make them ahead and freeze, then just pop them into the oven to re-heat.

Crunchy Shrimp Appetizers

vegetable oil
8 slices bread, crusts removed
1 can broken shrimp, drained and diced
1 egg, beaten
1 T. corn starch
2 cans water chestnuts (or 4 chestnuts), drained and diced
2 green onions, finely diced
2 tsp soya sauce
1/2 tsp ground ginger
1 tsp sherry
1/2 tsp sugar
Dry out the bread. Heat oil to 375 degrees F. in an electric frypan. Combine the shrimp, egg, corn starch, water chestnuts, onions, soya sauce, ginger, sherry and sugar. Mix, spread 2 T. on each slice of dried bread, and cut into four triangles. Fry the triangles with the shrimp side down in the hot oil for 30 seconds, turn and fry the other side until golden brown. Drain on paper towel.

This next recipe is really popular right now. Make it ahead

and serve with crackers or nachos. Your guests will love it.

Shrimp (or Crab) Spread

12 oz cream cheese
2 T. mayonnaise
2 tsp Worcestershire sauce
1 T. lemon juice
1 small onion, grated
garlic to taste
Blend the above ingredients together in a food processor or with a mixer and then spread onto the tray on which it is to be served. Refrigerate for a couple of hours. Next, mix a small bottle of chili sauce with 2 T. horseradish, and spread on top of creamed cheese mixture. Refrigerate overnight and top with shrimp or crab. Delicious.

It's getting close to canning season so I thought I'd give you this recipe for Antipasto which makes 24 pints.

Antipasto

3 cans pitted black olives, sliced
2 jars green stuffed olives, sliced
2 medium sized cauliflower, cut into bite sized pieces
2 small jars gherkins or sweet mixed pickles
2 small jars sweet pickled onions, sliced
2 pounds cubed unpeeled cucumber
2 pounds green pepper, diced
3 tins water packed tuna, drained and flaked
3 tins small shrimp
2 pounds fresh green beans, diced
2 cans sliced mushrooms
2 tins pimiento, diced
3/4 cup olive oil
1/2 cup wine vinegar
2/3 gallon (100 oz can) ketchup

Cut all ingredients into bite-sized pieces (that would fit on a small cracker) and mix in a large pan on stove. Salt to taste. Bring ingredients to a boil, reduce heat and simmer 10 minutes, stirring often. Put into sterile jars, leaving some headroom, and process either in a pressure canner or a hot water bath. If you have an extra fridge that can store 24 pints, you can do a quickie method of canning in the oven. After packing antipasto in sterile jars, clean rims and seal. Place jars on a cookie sheet in a preheated oven at 200 degrees F. Cook for one hour and 15 minutes. (Reminder - after filling jars and sealing, loosen the lid 1/3 turn. Tighten them again when removing from oven. Lid should be concave.)

Fish Chowder

1 large onion, chopped and fried with 1 slice bacon, cut up
1 large carrot, chopped or grated
4 large potatoes, cubed
Place in large soup pot with enough water to just cover and boil for 10 minutes.
Add one pound of each of the following:
scallops (cut into four if large)

salmon
haddock
lobster
enough water to again almost cover ingredients

Cook for 15 - 20 minutes. Add enough milk to soup to cover. Salt and pepper to taste and thicken with about 2 T. flour. Continue to cook until slightly thickened, about 5 minutes.

Quick Clam Dip

2 cups sour cream
8 oz can clams (or fresh cooked), drained and minced
2 T. chopped chives
1/4 tsp onion salt
Mix well and refrigerate.

Sea Captain's Casserole

1 frozen or fresh lobster tail, flaked (Note: a can of lobster will do nicely when out of season)
1 can tuna, drained and flaked
1 can sliced mushrooms
1 green pepper, chopped
1-1/2 cups celery, chopped
1/2 cup fresh or frozen peas
1 can mushroom soup
2 cups white sauce seasoned with thyme, Tabasco to taste
Garnish:
slivered almonds
buttered bread crumbs
Grease a casserole dish and place crumbs in bottom. Beginning with the tuna and ending with the lobster, layer first six ingredients in the dish. Pour sauce and soup over top and sprinkle a few crumbs and the almonds on top. Bake covered for one hour at 350 degrees F.

Quick Seafood Casserole

1-1/4 lbs scallops
1 lb small shrimp
1 lobster tail, cooked and flaked
1 lb crab, flaked
3 cans cream of celery soup
1/2 - 3/4 lb Velveta cheese
parsley flakes
cracker crumbs
butter
Rinse and drain seafood. Layer seafood in bottom of large shallow baking dish. Pour soup evenly over and top with cheese. Sprinkle with parsley flakes, cracker crumbs and dot with butter. Bake one and one-half hours in a 325 degree F. oven uncovered. Expensive but delicious.

This next recipe is a personal favourite of mine. Every time I serve it, I am showered with compliments. I could have used a "shower" one time when I served it at our Wives Club wine and cheese party and set the tablecloth on fire from fuel leaking out of my chafing dish. Now I always use a metal plate underneath.

Cheese and Crab Fondue

10 oz Velveta cheese
2 - 8 oz pkgs cream cheese
2 - 6-1/2 cans crab, drained and flaked
(Note: when serving crab, always check it thoroughly for a

clear, tear-shaped "spine" or "bone" that is sometimes left in the large pieces of crabmeat. A friend of mine nearly lost her life at a local restaurant when she choked on one.)

1/4 cup cream
1 tsp Worcestershire sauce
1/4 cup beer
French bread, cubed

Melt cheese in top of double boiler and stir until smooth. Add crab, cream, beer and Worcestershire sauce. Transfer to chafing dish and dilute occasionally with more beer and cream. Wonderful!!!

Next issue will be my "Back to School" issue dedicated to the kids. Until then, enjoy!!!

New School of Dance



Linda Cyr

Ballet-Jazz classes start 14 Sep

Ballet-jazz dance for different age groups and entertainment classes for children from 3 to 5 years old will be taught by Linda Cyr starting 14 Sep 92, at the Lower Native Sons Hall. Classical piano lessons will also be available at her home in Comox.

Linda has extensive education and training in the art of music and dance. She has a degree in music from McGill University and taught piano at Vincent d'Indy school of music in Montreal for 10 years and had the privilege to study for 2 years with the great piano master, Mr. Paul Loyonnet. Her 13-year ballet-jazz dance experience in Montreal is a guarantee of quality instruction at her new dance school. She has 3 years of experience in teaching entertainment classes for children from 3 to 5 years old.

Linda participated in the

production of "Masks, Images and Other Disguises" with Co-Val Choristers in the spring of 1992 and was involved in the Pat Pantuso recital last June. She will be performing in a production by Rainbow that will open in September.

A resident of the Comox Valley since January 1992, Linda aims to transmit her love for music and dance to children of all ages and to promote artistic culture in her community. Her musical talent and her creative mind combined with her joyful personality will undoubtedly create a climate that will amalgamate learning and enjoyment. Good Luck to Linda and her new school of dance. For more information and/or to reserve your place, please contact Linda Cyr at 339-2632.



**PITCH-IN
AND
RECYCLE**



Wing Tales

Arnie Leiter

Should you find yourself strolling along the banks of the Oyster River very early one morning and see a tall man in hip boots casting his fishing line, it just might be Arnie Leiter. Of course the prize of a steelhead is the goal, but to Arnie, the peace, solitude and exercise play a major role in this method of fishing.

He is a founding member of The Wing and, with his wife Jean, has enjoyed many years of socializing and comradeship with other members.

In the late '30s, when Hitler decided to annex all German-speaking people and countries prior to World War II, Arnie's parents were Sudetan-Germans living in Czechoslovakia. Because, according to the Nazis, they were on the wrong side of the political fence, with the aid of the British they made their way to a refugee camp in England.

The Leiter family, along with a group of people from the camp, were sent to Canada. Here, there were two possibilities: 1. live in Dawson Creek where they were allowed to do nothing but farm; or 2. live in Saskatchewan on government-owned land which had been abandoned or reclaimed. They were placed in Saskatchewan.

Starting school at the age of 10 and unable to speak English was a real challenge for Arnie. But he graduated high school and teacher's college, and subsequently taught school.

During this time, he belonged to the RCAF Reserves where he learned to fly and became a pilot. In 1953, following his resignation from teaching and the Reserves, Arnie became a permanent member of the RCAF.

Following the completion of Advanced Flying School and Gunner School, Chatham, N.B. became his temporary home for the purpose of training on Sabres. Then, in 1954, it was off to Germany with 427 Squadron; three and a half years in Zweibruecken and one and a half years in Oldenburg.

CF Pacific Region Professional Drivers Competition

This year's Pacific Region Professional Drivers Competition is being hosted by Base Transport in CFB Comox. The event will include competitors from CFB Chilliwack, CFB Esquimalt, CFS Masset and of course, CFB Comox.

The competition comprises a series of driving manoeuvres through pre-set obstacles; testing the driver's proficiency in handling their vehicles and their ability to judge distances. There will be four classes of competition over a two-day period: tractor-trailer, 3-ton truck and 44-passenger bus, as well as road rally.

The events will be held on 27 & 28 Aug 92 on the old non-utilized runway, 04/22. Access to the competition site will be through Gate J, off Route 99 just east of the Glacier Greens Golf Course road. A small concession booth will be at the location serving snacks and soft drinks.

This should be a fun event and all base personnel and families are invited to come and watch.

**NEXT DEADLINE
24 AUGUST - NOON**

Recreation

Glacier Greens bids Farewell to the McGees

By Rose McCliesh



At a recent general meeting, requested by the former Base Commander, Col Jack McGee, G.G. President CWO Bill Krier opened by thanking everyone for coming out.

Before introducing the topic of the expansion program, Bill announced that the book being used for recording differentials and handicaps will not be in use after 31 Aug 92. He urged all members to begin entering their differentials into the computer which is located in the pro shop. The pro shop staff is available to and will offer assistance as required.

Best wishes were extended to Col and Mrs. McGee on their transfer to Ottawa.

Presenting the Base Commander with a memento, the president then invited Col McGee to brief the membership on the expansion program which has been underway since the fall of 1991.

Col McGee commented on the significant changes that have taken place at G.G. within the past year. He commended President Bill Krier for his involvement in bringing these changes together.

G.G. Pro Scott Fraser and the Base Social Centre Bar & Grill staff were also congratulated for their contribution in helping to make these changes possible. "Changes," he said, "that will add to the enjoyment of the membership."

Col McGee outlined his requirement for calling a general meeting in order to update the membership on the expansion

project. Explaining that although the road had been rough and bumpy, progress was being made. We are a year behind schedule but are progressing to the point where the construction contract should be let by September this year. This being the case and all things being equal, the new nine should be in play by the summer of 1994.

He added that the team working on the expansion program deserve special mention and presented Mr. Brian Hotsenpillar with a framed photograph of a soaring eagle. Brian, who heads the team working on the program, agreed that work on the expansion, although slow, was tediously moving forward and is looking forward to a higher rate of progress in the future. He added that the view from the air clearly shows the progress that is being made. Brian then commended Mr. Doug McArthur for his voluntary construction supervision during the first phase of this program.

Sharon Miles captured the big prize of the year when she won the Ladies Club Championship Golf Tournament at G.G. on the weekend. This is the second year in a row for Sharon to win the championship and Field Low Gross trophy.

Field Low Net was won by Inge McArthur. "A" Flight Winners: Runner-up to the Field L.G. was Lori Ross

2nd L.G. - Cheryl Armstrong
3rd L.G. - Anne Patterson
4th L.G. - Millie Hudson

Three Ladies Accept Challenge

by Vi Wilander

1st L.N. - Joan Morgan-Ott, 67
2nd L.N. - Bernice Melissa, 70
Least Putts: Jean Lewis, 29

Storey Creek

1st L.G. - Lorraine Murray, 93
1st L.N. - Marian Hamson, 70
Least Putts: Peggy Hobenshield, 32

For joining the ladies to make up a foursome, Jackie Langdon was complimented with a ball.

Pacific Playgrounds

1st L.G. - Doreen Hill, 96
2nd L.G. - Irene Lussier, 98
1st L.N. - B.J. Granoukes, 64
2nd L.N. - Marg Arneil, 74
Least Putts: Ann LeChausseur, 31

Firefighters Annual Mixed Lob-Ball Tournament

Date: 14-16 Aug 92
Place: Baseball Field
Teams: CFB Comox, CFB Esquimalt, Comox, Cumberland, Oyster River

5th L.G. - Shirley Shearer
1st L.N. - Lorraine Courtemanche
2nd L.N. - Pat Verchere
3rd L.N. - Peggy Clark
4th L.N. - Lori Cameron

"B" Flight Winners:

1st L.G. - Kay Banks
1st L.N. - Elsie Downey
2nd L.G. - Verle Lafferty
2nd L.N. - Judy Fellbaum
3rd L.G. - Dolly Pearson
3rd L.N. - Mickey Behan
4th L.G. - Anne Blake
4th L.N. - Jenny Verfallie

The Junior Club Championship was also played at the weekend, with Paul Porter coming out on top as the Junior Club Champion 1992.

While taking part in a recent Men's Nite at G.G., Ray Cossette executed a fine golf shot on hole #7, which netted him the ever elusive Hole-In-One.

Our congratulations to Ray and to all the winners listed above.

Be sure to enter the Open Nite Lite Scramble at G.G. This fun tournament is open to G.G., Comox and Sunnydale members.

Date: 15 August
Time: 6:30 p.m. Shot gun
Entries Close: Friday, 14 Aug 12:00 noon
For more info contact 339-6515.

Men's Club Championship: September 5, 6 & 7 8:00 a.m. G.G. members only. A, B & C flights. For further info contact Don Middleton or Chuck Perry.

Glacier Greens

1st L.G. - Sharon Miles, 81
2nd L.G. - Kay Banks, 95
3rd L.G. - Ann Patterson, Frankie McCaffery, Tied at 96
1st L.N. - Shirley Shearer, 62
2nd L.N. - Pat Black, 66
3rd L.N. - Elsie Downey, 67
Least Putts: Vi Wilander, 28

It was "gung-ho" all the way for Shirley Shearer who carded 9 Pars, 3 Chip-ins and 2 Birdies, with a Gross score of 82.

Thanks to all for participating in the Interclubs which makes for fun, as well as improving that "golf swing."



Health & Fitness

From Base Hospital

Fever

Fever is something all parents have to deal with at some time or another - usually in the middle of the night.

A fever is a temperature of 37.5 degrees C (100 degrees F) or over. Fever is an important indication of illness. It is the body's way of fighting off infection, since germs thrive best at the normal body temperature of 37 degrees C (98.6 degrees F) and decrease in activity as body temperature increases. Thus, fever is usually helpful unless it becomes uncomfortably high or causes convulsions.

In general, children tend to run higher and more frequent fevers than adults. Fevers become less pronounced and less common as aging occurs.

Consult your doctor if your child's temperature remains high despite tepid sponging. Consult your doctor immediately if your child's temperature is as high as 40 degrees C (104 degrees F).

The range of normal body temperature is 36 to 37 degrees C (96.8 to 98.6 degrees F). Anything over 37.5 degrees C (100 degrees F) is a fever, although the height a temperature reaches is not necessarily an accurate reflection of the seriousness of the illness. A fever is not in itself an illness but a symptom of one. Apart from any illness, your child's temperature will reflect the time of day and activity level. After a very strenuous game of football, for example, the temperature could temporarily be over 37.5 degrees C (100 degrees F). A temperature over 37.5 degrees C is always cause for concern in a baby under six months old.

What should you do first? If you suspect your child has a fever, take his temperature. Put your child to bed and remove most of his clothing, even if the room is cool. A child with a fever need only be covered with a light sheet. Lower a temperature of over 40 degrees C (104 degrees F) by sponging your child all over with tepid water. Stop tepid sponging when the temperature drops to 37.5 degrees C (100 degrees F). If your child shivers, add a little more hot water. Never use cold water because it causes the blood vessels to constrict, preventing heat loss and driving the temperature up. Never use alcohol to sponge a child.

Give acetaminophen (Tylenol/Tempra). Never give aspirin to a child with the symptoms of chickenpox or influenza because aspirin use has been linked to the development of Reye's syndrome. Encourage your child to drink as much liquid as possible by offering small amounts of fluid at regular intervals.

If your child is not uncomfortable with the fever, do not treat him with anything more than increased fluid. There is no degree of fever in a normal person that will cause brain damage. A cer-

tain degree of fever is beneficial because it helps the body to fight infection.

Listed below are the indications for consulting your doctor (parents of child with fever):

- Call immediately if:**
- your child is less than 2 months old
 - fever greater than 40.5 degrees C (more than 105 degrees F)
 - your child is crying inconsolably
 - your child is difficult to awaken
 - your child is confused or delirious
 - your child has had a seizure
 - your child has a stiff neck
 - your child has purple spots on the skin
 - breathing is difficult and your child does not feel better after the nose is cleared
 - your child is acting very sick
 - your child has an underlying risk factor for serious infection (i.e., Sickel Cell disease)

Call during office hours if:

- your child is 2-4 months old (unless due to a DPT shot)
- fever is between 40 and 40.5 degrees C, especially if child is less than two years old
- burning or pain occurs with urination
- fever has been present more than 72 hours
- fever has been present more than 24 hours without an obvious cause or location of infection
- fever went away for more than 24 hours and then returned
- your child has a history of febrile seizures
- you have other questions

What might the doctor do?

The course of treatment depends on the underlying cause of the fever. If the cause is bacterial infection, antibiotics will probably be prescribed. If the cause is an ailment like chickenpox, a common cold or other viral illness, then most likely no medication will be given, just advice on how to make your child more comfortable.

What can you do to help?

Change the sheets on your child's bed frequently and cover with a sheet only. Place a cold compress or a wet facecloth on your child's forehead. Don't waken your child to take a temperature or to give medication - sleep is more important.

Medicine in History

For an obstinate fever, salt water. On a voyage from the island of Jamaica to Liverpool (circa 1800), Dr. William Wright came down with a fever. When all else failed to reduce it, he was encouraged "to practice on myself what I had often wished to try on others with fevers similar to my own." He stripped on the ship's deck and had three buckets full of salt water thrown over him. "The shock was great but I felt immediate relief. The headache and other pains instantly abated and a fine glow and diaphoresis succeeded."

info health

Dr. Bob Young



Over the Counter

Self-medication for minor illnesses often makes sense. Most medical plans and doctors prefer that normally healthy patients treat minor colds, hayfever, itches and headaches themselves. This saves the medical plan money and the doctors' time.

Over-the-counter (OTC) or off-the-shelf medicines can be purchased by anyone at pharmacies or drug stores. There are thousands of them, about 300,000 in the USA alone composed of various mixtures of about 700 basic or active ingredients. Many work, at least to some degree, if you pick the right one for your problem.

But there may be dangers involved. People at most risk are the elderly, pregnant women, individuals taking prescription drugs, and persons with disturbed minds.

An OTC drug may be harmful if the patient is sensitive to it, or

oversteps the recommended dose. While the amount in each tablet may be small, some of the drugs are potent and dangerous taken in quantity. Large doses of some may be fatal - drug store medicines have been used in suicides.

Patients with some diseases should use caution as ingredients in OTC pills and syrups may make certain heart, liver, or kidney disease worse, and a sugar-filled cough syrup certainly does little for a diabetic.

Of most concern is the possibility of interaction between OTC and prescription drugs. There are many such interferences (a dozen with aspirin alone) - far too many to list here. The drug store medicine may increase the effect of the medication your doctor has prescribed, or it may reduce it.

In either instance the beneficial effect of the prescription drug

will be altered, sometimes after considerable trouble has been taken to find the correct dose.

The result may be that the prescription drug does not work as well, or at all, or that it starts to cause side-effects. Your doctor, noting this, may be tempted to increase or decrease the dose, only to get you into more trouble when you stop the OTC drug.

There are a couple of lessons here. First, today's wisdom states that a pregnant woman should take no OTC drugs without her physician's knowledge, and even prescription drugs are used with great caution.

Secondly, if you are taking a prescribed drug, especially if it is for an important or potentially serious disease, your doctor should know what OTC drugs you use. Even the seemingly innocuous ones may have lurking danger for you.

The Magic Laser

The names seem straight from science fiction - argon, krypton, neodymium:yttrium aluminum garnet. All are types of laser beams that have revolutionized the treatment of many eye diseases, as well as helping patients with previously untreatable problems.

A laser, as any rock concert fan knows, is a powerful beam of light, usually colored. The streak of light remains in a narrow path, delivering its energy to a small area. In treatment of eye diseases the beam can be focused to cover a spot as small as 50 microns - about the area of the point of a pin.

The beam is directed to the part of the eye that is diseased. Since laser light diverges very little, a high degree of accuracy is possible. The choice of color used depends on the task to be done. In order for the laser to work, the target must absorb the ray. This releases the energy in

the beam, "cooking" or destroying the diseased area.

The red laser, for instance, is able to pass through the blood vessels at the back of the eye (which are also red) without causing them damage. Lesions beyond the net of blood vessels can be reached.

On the other hand, a green laser is absorbed by the blood vessels, allowing them to be cauterized to stop bleeding or to "zap" excessive vessel overgrowth. Diabetics with vision problems are among the beneficiaries of this technique.

The laser with the long name, known in the trade as Nd:YAG, can destroy any type of tissue in the eye no matter what its color. It is delivered in short pulses, obliterating unwanted material precisely and completely. Small sparks may be seen by both patient and operator, and a snap may be heard.

A number of eye surgery pro-

cedures are now routinely done in this manner. The surgeon's scalpel can remain in its sheath. Holes can be drilled in the iris to relieve the pressure of glaucoma, cloudy lens capsules can be puffed away - the list goes on.

Lasers are effective in preventing or delaying severe vision loss in a variety of eye conditions. The procedures are done in an outpatient setting and cause little or no discomfort. It has been shown that even if a cure cannot be obtained, the deterioration of vision is slowed in most cases.

There are some complications associated with certain laser applications. They are not unduly common and, when one considers that there was no effective treatment of many of these diseases before, can be accepted.

Every case of blindness that can be avoided or postponed should be considered a victory.

IT'S A CHANCE TO GROW

For both of you!

Ma Hui Hui
Andrea Martin
Actress and Unicef Volunteer

Unicef Canada
1-800-268-6364

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On & Off the Base



LEGION LOG

BRANCH 17 COURTENAY
334-4322

ENTERTAINMENT

Fri 14 Aug.....Music by Cross Country
Fri 21 Aug.....Music by Westwind
Fri 28 Aug.....Music by El Dorado

REGULAR ACTIVITIES

BINGOS.....Thur., Fri., Sun. at 7:00 PM
MONDAY.....FUN EUCHRE
TUESDAY.....PUB DARTS
WEDNESDAY.....LEAGUE CRIB
THURSDAY.....FUN DARTS
FRIDAY.....TGIF & MONEY DRAW AT 6:30 PM
SATURDAY.....FUN BRIDGE AT 12:30 PM

"MORE PLAYERS WELCOME"
Phone 334-4322 (days) for more information

NOW OPEN SUNDAYS.....12 - 7 PM

****Dress Code in effect 8 PM Fri & Sat****
(No T-SHIRTS)

EVENTS

Saturday 15 Aug.....Sherlock Holmes Musical Mystery Night
8:00 p.m. Teams of Four \$2.00 per player
Sunday 30 Aug.....Car Rally - Corn Roast & BBQ
Info 334-4322

SPORTS

Sept 11, 12, 13.....Slo-Pitch Tournament, Lewis Park

BRANCH 160 COMOX
339- 2022

ENTERTAINMENT

Fri 21 Aug.....Music by El Dorado
Fri 28 Aug.....Music by Alley Cats
Fri 04 Sep.....Music by Westwind

REGULAR ACTIVITIES

SUNDAYS.....Lounge 11 AM to 6 PM
MONDAYS.....Men's Dart League - Recessed to Sept. 14
L.A. Drop-In Bingo. Upper Hall. Doors open 6:30. 7:00 PM
TUESDAYS.....Ladies Crib League - Begins Sep. 17 8:00 PM
Mixed Dart League - Recessed to Sept. 15
WEDNESDAYS.....Navy League Drop-In Bingo
Upper Hall. 7:00 PM
C.V. Men's Crib (Home & Away) 8:00 PM in Lounge.
THURSDAYS.....* 1st Branch Exec. Mtg. 8 PM Upper Hall
L.A. Exec. Mtg. (as required)
* 2nd L.A. Gen. Mtg. Upper Hall. 8 PM
* 3rd Branch General Mtg. Upper Hall. 8 PM
FRIDAYS.....Dance. Lounge. (Unless advised)

EVENTS

Sunday, 23 Aug.....Branch Annual Picnic
Commencing 1 p.m. at Airforce Beach
Bring the whole family and leave your pets at home.

Dog Talk

by
Gerry Gerow



How about a breed book this week. *The Complete Papillon*, by Carolyn and David Roe, Howell Book House, New York, and Maxwell Macmillan, Canada, Don Mills, Ont. \$32.50

This tiny little dog would appear to be one of those developed in ancient times to be companions and bed warmers for the wealthy. They really have no other uses, except for the fact that they do make excellent obedience dogs.

One only has to look at the ears of this loveable little creature to realize where the name came from. Papillon is the French word for butterfly, and they certainly look like butterflies.

Enough about the dogs. The authors of this book have been showing and breeding Papillons for over twenty years. They are extremely familiar with the breed, and share this knowledge through this book.

This is a hard cover, 160-page edition with around one hundred photos and illustrations. All the attributes of a good breed book are here, and the authors have done an excellent job of presenting the information. A definite must for anyone thinking of getting one of these little creatures. It's hot off the press, but should be in the bookstores soon.

Much as I despise the politics of dog shows, I have just spent the past week doing little else. Candi (my handler) and Heidi (my pup) didn't win much but they were able to feel good a couple of times and when the little dog gets a little more mature, who knows.

One of the nice things about dog shows is that you come to realize how many different breeds there are around. The shows I was just at displayed some seventy-five different

Papillons & Dog Shows

breeds. There really is something for everyone. If you are thinking of getting a dog, then the first thing to do is go to a show (most of them don't charge admission) and observe the different breeds.

I encountered several people at these shows who were doing just that. One couple I met told me that the husband knew what he wanted and the wife knew what she wanted and they weren't the same, so they were looking for a dog they could both agree on. I really don't know why the husband didn't just let his wife have her way, because she was going to get it anyway.

There really is a breed of dog for everyone. I personally believe that God invented the German Short-haired Pointer for people who wanted the perfect dog, but then, what do I know. Every breed is different. And there are good and bad in every breed, but if you take some time to look, you will find what you are really looking for.



Officers Ladies

The OMLC members and friends would like to extend our appreciation to all the staff at the Officers' Mess who worked with us to help make the past year so enjoyable - we would like to recognise those in the front office, behind the bar, as well as each and everyone putting great things together for us in the kitchen - a bouquet to all of you!

We thank you very sincerely and look forward to working with you again this 1992-93 season.

Hi everyone - hope you're all enjoying this beautiful summer here in the Comox Valley. Ah, yes, August is here and almost

gone - time to fill you in on the news, past and present.

Our Farewell Dinner in June was a huge success! With such a scrumptious meal prepared by the Mess, served by 10 very good looking, entertaining and efficient waiters - how could we lose? Everyone thoroughly enjoyed themselves as they laughed and talked their way through the meal. Dessert and coffee were served in the lounge and we all said goodbye to those leaving, giving each one a small spoon as a memento - we'll miss you. Elections were also held that evening and most positions were filled, so we're looking forward

to a great year beginning in September...speaking of which....

Our Annual Meet & Greet Wine & Cheese get together will be held on Wednesday 16 September at 7:00 for 7:30 in the Lounge at the Officers' Mess (in fact, mark off the 3rd Wednesday of each month as your evening out with us!). Plan on being with us that evening to rekindle old friendships and make new ones...it promises to be a great year, made even better if you are there!

Members, non-members, friends and those new to the Valley, Welcome!

Bookshelf Bestsellers



Pat Bolen
Proprietor

2751 Cliffe Ave.,
Driftwood Mall,
Courtenay, B.C. V9A 2L8
604-338-5943

Debi Williams
Manager

get your Totem Times here

10% off for mil pers - show ID
Week Ending 15 Aug
10 Top Paperbacks

- | | | |
|-------------------------------|--|------------------------------------|
| 1. The Sum of All.....Fears | 4. Phantom Leader.....Berent | 7. The Prince of Tides.....Conroy |
| 2. My Beloved Son.....Cookson | 5. The Duchess.....Deveraux | 8. The House of Thunder.....Koontz |
| 3. Needful Things.....King | 6. The Seventh Commandment.....Sanders | 9. A Time to Kill.....Grisham |
| | | 10. Sleeping Beauty.....Michael |

NEXT DEADLINE
24 AUG 92

Public Announcements

L'Association Francophone de la Vallée de Comox

AFVC - L'Association Francophone de la Vallée de Comox est une association à but non lucratif ouverte à tout(e) francophone ou francophile de la région. Le Conseil d'administration se réunit régulièrement au cours de l'année afin de réaliser divers projets sociaux, culturels et récréatifs. Nouveaux membres sont les bienvenus. Pour partager vos idées ou pour vous renseigner, téléphonez à Diane au 339-3990 ou venez nous rencontrer à notre bureau du Centre communautaire au coin de Lazo et Ryan rd. (à côté du Canex) entre 13h et 16h le mardi, mercredi et jeudi. Au plaisir de vous connaître!

L'Association Francophone de la Vallée de Comox est une non-profit organization open to all Comox Valley Francophones and Francophiles. The Administrative Council meets regularly through the year to prepare many social, cultural and leisure events. New members are welcome. To become involved, or for more information, call Diane at 339-3990, or stop by our office in the Community Centre on the corner of Lazo and Ryan Roads (beside Canex). Hours: Tuesday, Wednesday and Thursday from 1 p.m. to 4 p.m. We're looking forward to your visit!

Base Golf Playdowns

The Base Golf Playdowns will be held 26-28 Aug 92 at the Glacier Greens Golf Course. This playdown will determine who represents CFB Comox at the Regional Playdown being held 23-26 Sep 92 at CFB Comox.

All interested personnel with handicaps of 20 or under are to contact the Rec Centre, Loc 8315, no later than 7 Aug 92.

Opening of CFB Borden's Pine Plains Park Campground

There is a new entity at CFB Borden which is open to all DND employees, military and civilian, and their dependents.

The Pine Plains Park has been created to provide a safe and enjoyable environment for those campers who wish to visit CFB Borden or are travelling through the area.

For more info, contact MWO Ryan at Local 8282.

Personal Exercise Program

There is a PERI supervised PEP Program at the Rec Centre Mon to Fri from 0730-0830. All members who have failed their CF EXPRES Test and are on Remedial PT are encouraged to attend. Members will have half the gym to work out in. Also those who wish to improve their physical fitness are welcome to attend. For more info contact the Rec Centre, loc 8315.

IT'S A MATTER OF LIFE AND BREATH
DON'T SMOKE
British Columbia Lung Association

Dependant Use of Base Gym Facilities

Effective immediately, all dependants using the Base Gym facilities must produce their Dependants Pass in order to enter the gym. Dependants under the age of 12 must remain in the company of their guardian.

Aerobics

Co-Ed Aerobics are available at the Base Gym aerobic room Mon thru Fri 1130-1215 hrs.

For further info contact Karen loc 8442 or Brenda loc 8295.

TOPS Meeting

TOPS #BC3454, Lazo, meets every Wed. night at the Base Rec Centre at 6:30 p.m. For more information call Elaine 339-3213

Moon Shadows

Beyond the Looking Glass presents their first "Theatre Under the Stars." An original fantasy production titled **Moon Shadows** will be held at the Rotary Bowl August 13, 14 & 15. Showtime for this family performance is 8 p.m. and tickets are available at Cream of the Crop and Four Seasons Video in Comox, the Laughing Oyster Book Store, Merville Store, the Cumberland Home Store, as well as the studio at 3200 Cumberland Road. Ticket prices are \$9.00 for adults, \$7.00 for seniors and students. For more information please call 338-8746.

Recreation Ball Hockey

Military members interested in playing Rec Ball Hockey, floor time is available Wednesdays, between 1600-1730 hrs at the Rec Centre.

Personal equipment is advised due to limited equipment available. Eye protection is mandatory and wooden sticks are permitted. For more information, contact the Rec Centre, local 8315.

Squash

Squash court bookings at Courtenay Rec Association are no cost and can be booked in person or by phone, 338-5371. Interested personnel are required to register through the BPERO Section. For more information please contact the Base Gym, loc 8315.

Pickle Ball Pyramid Tournament

The Base Gym is organizing a Pickle Ball Pyramid Tournament for all interested personnel.

Tournament is ongoing. First session will run for approximately eight weeks, commencing 17 Aug 92. For rules and tournament info, contact PERI staff, Local 8315.

Walk With Shirley

The Comox Glacier Wanderers ask you to join us each Sunday at 9:30 a.m. for a 10K Volkswalk, starting from the Port Augusta Motel. At the finish of the walk you can join us for coffee, brunch or lunch, as you wish. For info, call 339-4145.

Base Soccer Team Practice

Base Soccer Team practices have commenced at the Base Soccer Field. Practices are scheduled for Mon and Wed at 1830 hours. All team positions are open and anyone wishing to play is welcome to attend. For further info contact Cpl K. Roy loc 8505 or Cpl D. Devries loc 8285.

Vancouver Island Swim Challenge

There is a swim challenge at the Base gym for those who wish to participate. The swim around the island is done in the Base pool, and then distances are transferred onto the map. For registration and/or information, call local 8315.

Base Hockey Team Meeting

There will be a meeting for the Base Hockey Team on 9 Sep 92 at 1500 hrs in the Base Gym Conference Room.

The topics discussed will be tentative practice times and yearly game schedule.

The team has a new coach and is under new management, so anyone interested in playing for the Base Hockey Team is encouraged to attend.

Noon Hour Swim Schedule

Due to Summer Aquatic Program, the noon-hour lane swim time has been changed from 1130-1230 hrs to 1145-1300 hrs.

C.V. Amateur Radio Club

The Comox Valley Amateur Radio Club holds monthly meetings the fourth Thursday of every month at the AFIS Theatre, next to the CFB Comox Air Force Museum. All amateurs and prospective amateurs are welcome. For more info contact Dave Grimshire, Local 8523 or the club repeater VE7 RCV, 147.91/31

Arena Parking

Arena staff and facility users are reminded to respect Chapel parking areas Sundays from 1000 hrs to 1200 hrs. Please refrain from using reserved parking spots during this time. Offenders will be ticketed.

Motion Commotion Aerobics

Begins Monday 14 September ... Welcome Military, Dependents & Friends

Mon, Wed, Fri - 9:30 a.m.
Tues & Thurs - 6:45 p.m.
1 hr. combo/low impact aerobics
Have Fun! Get Fit! Join Us!
For more info please call Wendy at 339-5620.

Lost Sports Equipment

Personnel not returning NPF Sports Equipment without a legitimate reason will be liable for re-imbursement. A pre-determined value will be set based on the age and condition of the item. An administrative deduction will be ordered against individuals who fail to comply.

On the Base

Harry & Family say Farewell



Capt Harry Chapin and family say goodbye to their friends in the Valley, and hope to see them soon. Editor's note: Harry and I go back a long way, to the days when he was O ilc the CF101 Voodoo Simulator and I was a simulator tech. Good luck from all of us, Harry and family, and have a safe journey to New Brunswick.

An Eagle for the General



Col J.E. McGee presented an eagle picture to the Comd AIRCOM LGen D. Huddleston, CMM, MSC, CD, during his official visit to the Base on 21-22 Jul 92. The picture was presented after a meeting with all the officers on 22 Jul 92.

Up, up and away?



Either the new flagpoles in front of Base Headquarters are a little tall...or are they making duty personnel shorter these days? Here, Sgt O'Brien (Base Duty Officer) and LS Howe (Base Duty NCO) improvise with a ladder from MSE.

EAP Recognition



L-R: Maj Couture, Sgt Sherritt, LCol Van Boeschoten, Norm Larden and Bev Chadderton at award for Sgt Sherritt. See EAP article on page 21.

414 Welcome to Comox

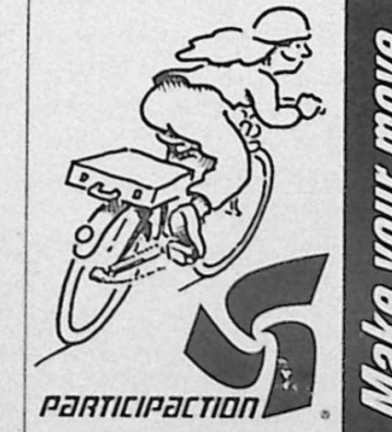


LCol Cleland presents 414 (EW) Sqn North Bay Advance Party personnel with close-out plaques and welcomes them to 414 Sqn Comox. L-R Front: MCpl Creran, Cpl MacNeill, LCol Cleland, Cpl Scragg, Cpl Little. Rear: Cpl Stasburg, Cpl Nadeau, Cpl Trainor, Cpl Burdon, Cpl Ferguson, Cpl Sims.

Trivia Extra



Another way of mounting a Voodoo: can anyone tell us where this is?



Make your move.

CFB COMOX OFFICERS' MESS AUGUST 92 CALENDAR

Wednesdays Aug 5, 12, 19, 26 -

OFFICERS' MESS COFFEE HOUR. Coffee will be served in the lounge at 1000 hrs. All Officers are invited to attend. Dress of the day.

Fridays Aug 7, 14, 21, 28 -

REGULAR TGIF. Food as indicated 1700-1800 hrs. Spouses and guests welcome after 1700 hrs. Please purchase meal ticket for non-Mess members.

Saturday Aug 15 -

DESSERT AUCTION

Tuesday Aug 18 -

GOLF TOURNAMENT

"COOK YOUR OWN" BBQ Individuals wishing a "Cook Your Own" BBQ can now obtain frozen steaks from the bar. Cost \$4.00. Condiments provided. Potato & Bun also available.

"COOK YOUR OWN" BBQ Individuals wishing a "Cook Your Own" BBQ can now obtain frozen steaks from the bar. Cost \$4.00. Condiments provided. Potato & Bun also available.

UPCOMING EVENTS FOR SEPTEMBER

12 Sep - Meet & Greet

NEXT DEADLINE
24 AUGUST

BCYCNA
BRITISH COLUMBIA
AND YUKON
COMMUNITY
NEWSPAPERS
ASSOCIATION

BLANKET CLASSIFIEDS

These ads appear in more than 100 community newspapers in B.C. and Yukon and reach more than 3 million readers.
TO PLACE AN AD CALL THIS PAPER OR BCYCNA AT (604) 669-9222.

\$195 for 25 words
\$3.70 each additional word

AUTOMOTIVE

Engines rebuilt from \$995. 5 year 100,000 kms warranty. Bond Mechanical serving B.C. for 27 years. Phone 7 days, 8 a.m.-8 p.m. (604) 872-0641. Toll-free Mon-Fri 1-800-663-2521.

GOVERNMENT SEIZED/ SURPLUS vehicles. U.S. and Canadian low as \$100. BMW's, Cadillacs, Chevs, Fords, Mercedes, Porsches, trucks, vans. AMAZING free 24-hr recording reveals how (416) 631-4666

CANADA ENGINES LTD. Quality Rebuilt Engines: cars, light trucks. 6 cylinder from \$995, 8 cylinder from \$1095. 5 year, 100,000 Km. Ltd. warranty. 7 Days -580-1050, 1-800-665-3570, 856-5828 evenings.

Cummings Turbo Diesel 4x4's, Explorers, Vans, 4-Runners, Dakotas, starting from \$149 month. 0 down O.A.C. We deliver anywhere in B.C. Grant or Don collect (1604) 582-6370.

PUBLIC AUTO-TRUCK AUCTION every Tuesday 6:30 p.m. and Saturday 12:00 noon. Over 600 cars & trucks every week. Sell your car or come as a buyer. First time customer, this ad worth \$50 in free services. 12742 King George Highway, Surrey, B.C. Info: (604) 580-0011.

BUILDING SUPPLIES

DOORS! WINDOWS! Interior and exterior wood, metal and French doors, wood windows, skylights. MORE! Call collect to WALKER DOOR and WINDOW in Vancouver at (604) 266-1101.

BUSINESS OPPORTUNITIES

Nanaimo Taxi Firm has 17 licenses for sale. Units of one or more owners. Retiring, low down payment and easy terms on balance. Contact Don Ruggles, Nanaimo, B.C. (604) 753-9151.

Do you need a Life-time, Easy Job? Motorcycle, Automobile, Snowmobile Salvage. 3 Bdrm. apartment above. Will train. Retiring. Some terms. 860-1999 Kelowna. Established seven years.

Earn \$\$\$. Distributors wanted or set up your own booth and sell exclusive line of Alpaca Sweaters, Llama Panchos, Decorator Sheepskin Rugs, Jewellery etc. Quality at affordable prices. Call Margaret at Davies & Assoc. 222-0061 or Fax 222-0068.

ADD A LITTLE SPICE! B.C. College Roommates - Karen, Wendy and Lisa have exciting Personal Photos of themselves for sale. For discreet info write to: Spice, Box 670-GB, Kelowna, B.C. V1Y 7P4. Adults only please.

EDUCATION

Out of work? Train to be an Apartment/Condominium Manager. Government licensed, correspondence course will qualify you for employment. For details: (604) 661-5456 or 1-800-665-8339.

HOW TO PLAY POPULAR PIANO? New home study course. Fast, easy method. Guaranteed! FREE information. Write: Popular Music, Studio (5A), 103-1054 Ellis, Kelowna, B.C. V1Y 1Z1 1-800-667-0050 Extension 770.

EMPLOYMENT OPPS.

Sales Manager required for import dealership in Interior B.C. The successful applicant must have a proven record in management and training skills. Contact Dave 392-4114.

FINANCE

Government Grants & Loans. Billions of dollars are made available to new and existing B.C. businesses. The Brad Book can show you how to get your share. Call Now 1-800-663-0653.

FOR SALE MISC.

FOR SALE. Used Audio/Visual equipment. All in excellent condition. (2) Kodak Ektagraphics III carousel slide projectors with zoom, \$350 each. Electronic Dissolve Unit/Cassette player with remote and speaker \$900. Elmo 2-projector stand - \$500. Can be viewed at BCYCNA office. Phone 669-9222, Vancouver.

Tanks! Tanks! Tanks! Poly tanks for rain/well water, summer storage. Guaranteed lowest prices. Warranty. Premier Plastics Ltd., #107-917 Cliveden, Delta, B.C. V3M 6E8. Call collect today. (1604) 540-9090.

HELP WANTED

Full service automotive repair shop requires a fully licensed mechanic. Must have experience with automatic transmission service, repair and overhaul. Wages and benefits negotiable. Send resume with references to: Olender's Auto Care, R.F.#6, Duncan, B.C. V9L 4T8.

HELP WANTED

We need you to sell toys & gifts for C & M Gifts. NO INVESTMENT, NO DELIVERIES, no collection. Call (519) 258-7905 or fax (519) 258-0707 for free info.

Bodyman minimum five years experience. Full-time, flatrate ASAP. Fax resume or references to: 845-3660, Phone: Houston Collision 845-2800.

Burns Lake Int./Ext. Care Facility requires Registered Nurses, 3 full-time, 3 part-time, 7.5 Hr shifts, 6 day rotation. P/T averages 2 shifts/wk. Salary and benefits/BCNU contract. Commencing mid-August. Contact: C. Nicholson, Director Resident Care, 692-3181, Fax: 692-3633.

SENIOR ADVERTISING SALES CONSULTANT. A challenging opportunity exists for a professional sales representative who will maintain and expand a designated territory in Canada's fastest growing community. The Surrey-North Delta Now offers you the chance to be a part of our growth and success. Applicants should have 2 years newspaper sales experience. The successful candidate must be energetic, highly motivated, have excellent people skills, and able to work independently and as a team player. The position has the potential for exceptional financial rewards to the right person. Send or fax resume to: Sales Manager, Surrey/North Delta Now, 10453-137th St., Surrey, B.C. V3T 5B1. Fax: 589-1738.

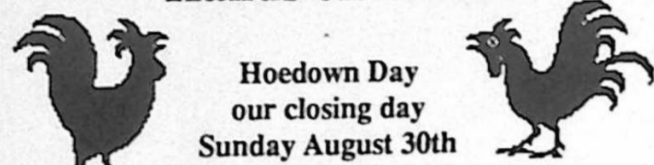
BLANKET CLASSIFIED ADS

An advertising "Best Buy"! Place your classified ad in over 100 newspapers throughout B.C. and the Yukon, for only \$195.00. For more information contact this newspaper or phone (604) 669-9222.

COMOX RECREATION COMMISSION

1855 NOEL AVENUE, COMOX, B.C. V9N 4X4 (339-2255)

Hands on Farm



Hoedown Day
our closing day
Sunday August 30th

Come celebrate another successful season with
all your farmyard friends

Beyond the Looking Glass Theatre
will present
Face painting
Imagination booth
children's play

313 Mountain Bike Ride & Repair*

13-17 yrs.
Mon. - Thurs.
August 17 - 20
6:00 - 8:00 p.m.
\$20.00

Simon's Cycles
The art of mountain bike
maintenance and madness.



First we'll tinker
then we'll hit the
trails.

Rollerblade

Hockey Camp*
"Not a Skills Camp, Just for Thrills Camp!"
Mon. - Thurs.
Aug. 31 - Sept. 3
\$20.00

Robb Road Courts
1017 6-8 yrs.
9:00 - 10:00 am
1018 9-12 yrs.
10:00 - 11:00 am



Newton Wave Pool Surrey, B.C.

8 yr. +
8 yr. & under
must be accompanied
by an adult (1 on 1)

\$35.00/adults
\$33.00/12 yr. & under, Srs.

Welcome aboard the Comox Recreation Fun Bus for another exciting daytrip of Summer '92. Comox Recreation and You will be headed for B.C.'s Indoor Aquatic Wonderland - The Newton Wave Pool. Two thrilling waterslides, as well as a 3 foot wave in a tropical pool. Your registration fee includes transportation, ferry fees, and admission into the Newton Wave Pool. You are responsible for your meals and snacks, there is a snack bar and coffee shop within the pool. We suggest you eat on the ferry on the way home.



Schedule: Tuesday August 24, 1992

Depart Comox Rec	6:45 am
Nanaimo Ferry Sailing	9:00 am
Arrive at Newton Wave Pool	1:00 pm
Depart Newton Wave Pool	4:00 pm
Tsawwassen Ferry Sailing	5:00 pm
Arrive Comox Rec. Centre	10:00 pm



Mt. Washington Ascent



Welcome aboard the Comox Recreation Fun Bus for another exciting daytrip of Summer '92. Today we will head for Mt. Washington Ski Lodge and Paradise Meadows. Your registration fee includes transportation and Chair lift fee. You are responsible for your meals. Please dress for any possible weather conditions.

Schedule: Tuesday August 18, 1992

Depart Comox Recreation Centre	10:00 am
Arrive at Mt. Washington Lodge	11:00 am
Chair lift ride/Lunch	11:00 - 2:00 pm
Depart Mt. Washington Lodge	2:00 pm
Paradise Meadows Stroll	2:30 - 3:30 pm
Depart Paradise Meadows	3:45 pm
Arrive Comox Recreation Centre	5:00 pm

8 yr. +
8 yr. & under
must be accompanied
by an adult (1 on 1)

\$26.00/adults
\$23.00/12 yr. & under, Srs.

COME JOIN OUR BASKETBALL CAMP



BASKETBALL CAMP*

Mon. - Thurs.
Aug. 24 - 27
\$30.00
Anderton Park
Outdoor Court
1015 6-8 yrs.
10:00 am - 12:00 noon
1016 9-12 yrs.
1:00 - 3:00 pm.

Gymnastics



1013 Girls Gymnastics Camp*
6-12 yrs.
Mon. - Thurs.
Aug. 24 - 27
1:00 - 3:00 p.m.
\$30.00
Comox Rec Centre

1014 Boys Gymnastics Camp*
6-12 yrs.
Mon. - Thurs.
Aug. 17 - 20
10:30 - 11:30 p.m.
\$20.00
Comox Rec Centre

SAILING SCHOOL*

Here's a School that's really cool. Learn the basics of sailing with Kevin Reid and our Flying Junior dinghies. Sailors of all ages are welcome.

Capable swimmer
10 yrs. +
Tues. - Fri
10:00 a.m. - 4:00 p.m.
\$65.00/session,
\$55.00 each additional family member
Comox Bay



506 August 18- 21 *
507 August 25 - 28 *
508 Sept. 1 - 4 *

PFD's are supplies, but please bring your
own if you have one



THURSDAY 13 AUGUST 1992

TOTEM TIMES 21

On & Off the Base

Employee Assistance Programme

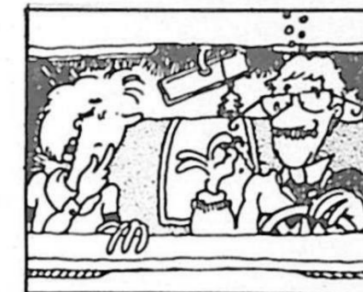
Learning to say NO and not feel guilty



Why is it - that one of the first words you learned as a child is so hard to say as an adult? In trying to keep from hurting other people's feelings, you may be putting your own best interests

and well-being aside. Here are some potentially difficult situations that you can turn to your best advantage with a simple two letter word that isn't nearly as offensive as you think.

Before



"Let's go, Judy!"

Judy's boyfriend always drank too much when they went out and always insisted on driving home. The whole thing made her a bit nervous (especially since they had had a near-accident), but she didn't want to hurt his pride by saying anything.

After



"No thanks, John. I think I'll take a taxi home."

Judy realized that hurting her boyfriend's pride was nothing compared to ending up dead in a car accident. And maybe he would stop and consider what he was doing if she didn't keep going along with it.

The EAP recently recognized a military member of the program. Sgt Gordon Sherritt was a referral agent at Winnipeg and Halifax prior to his participation at Comox.

The award was presented by LCol van Boeschoten with Norm Larden representing the Union in support of the Program. Sgt Sherritt has been employed with MSE during his tour at Comox and his manager Maj Couture was also on hand to convey his congratulations.

Bev Chadderton, current chairperson for EAP at Comox asked for assistance to show off the newer EAP posters.

Call one of us

Carol Anderson	8319
Russ Burns	8625
Bev Chadderton	8857
Gordon Sherritt	8363

In DND, the EAP is a joint
Union/Management
Programme.



Moon Shadows

Beyond the Looking Glass presents their first "Theatre Under the Stars." An original fantasy production titled Moon Shadows will be held at the Rotary Bowl August 13, 14 & 15. Showtime for this family performance is 8 p.m. and tickets are available at Cream of the Crop and Four Seasons Video in Comox, the Laughing Oyster Book Store, Merville Store, the Cumberland Home Store, as well as the studio at 3200 Cumberland Road. Ticket prices are \$9.00 for adults, \$7.00 for seniors and students. For more information please call 338-8746.

THE LEEWARD

Neighbourhood Pub and Cold Beer and Wine Store

GROUPS & LARGE PARTIES WELCOME!
(reservations recommended)

COLD BEER and WINE STORE

NEW SUMMER HOURS

Mon - Sat 9 am - 11 pm
Sunday 11-11

339-6033

649 Anderton, Comox 339-5400

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Service Ltd.

"THE INSURANCE PEOPLE"

Serving the Comox Valley For
Over 24 Years.

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Complete **Autoplan** Service

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491 Cumberland Road Courtenay, B.C.
Across from the Courthouse 338-1401

1782A Comox Ave. Comox, B.C.
Next to the Lorne Hotel 339-4847

COMOX VALLEY FINANCIAL

Services Ltd.

Our team of Insurance Brokers, Investment Advisors and Financial Planners have over 60 plus years of combined experience.

We offer a relaxed and consultative style to providing advice. Feel free to call us for an appointment.

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We Offer:

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- Investment Funds
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- Life Insurance
- Retirement Income Planning

480A 6th Street Courtenay, B.C.
338-8713

1782A Comox Ave Comox, B.C.
339-4847

More Portage

provided primary support for the famous Red Knight, and later sponsored several formation teams including the Vikings, the Dragonflies, and the Musket Golds. The professional legacy represented by the formation display teams of CFB Portage is a proud part of its aviation heritage. In July 1970, No. 4 Flying Training School from Rivers, Manitoba, and No. 3 Flying Training at Portage were amalgamated to form No. 3 Canadian Forces Flying Training School (3

CFFTS). 3 CFFTS has since conducted flight selection and primary flying training using the Musketeer, and helicopter training (to wings standard since 1979) using the Kiowa and Jet Ranger. 3 CFFTS will remain at Portage after closure, to provide wings level training on the Jet Ranger and the King Air (Beech 90). 3 CFFTS will also conduct quality assurance for the privatized training and selection to be done by Canadair with its new Slingsby Firefly.

Continued from page 8

Since its establishment in 1940, CFB Portage has been an effective and productive flying training base, and a key contributor to the Canadian Air Force's worldwide reputation as a premier aircrew training organization. The base has trained more than 15,000 aircrew over the 52-year span of its history, including the pilots of several other countries including Jamaica, Tanzania, Belize, the Netherlands, Cameroon, and

Continued on page 23

Patrick Glover keeps a sharp eye
on goal for his roller blade team.

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1742 Cliffe Avenue, Courtenay, B.C. V9N 2K8

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your retirement income
Call me for your free copy of our RRIF booklet.

Grant Morrison C.L.U.
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On the Base

More Portage

Turkey. Although it will cease to exist as a military base after 31 Aug 92, CFB Portage will nonetheless continue to exercise its training mandate as a civilian aerospace centre.

The Portage site, soon to be known as Southport Aerospace centre, will remain the home of 3 CFFTS. The school, as a satellite unit of CFB Winnipeg, will continue to train CF pilots under the new contracted flying training and support programme. In co-operation with Canadair and Southport Aerospace centre, 3 CFFTS will therefore perpetuate the training legacy that has been left to it by CFB Portage, and carry on the spirit of flying training.

CFB Portage is in the final stages of the closure process, which actively started on 1 Jan 92 with the initial redistribution of the public assets of the base. It was accelerated in Apr/May 92 by the disbandment of the Primary Flying School, the move of the FIS to CFB Moose Jaw, the closure of the control tower, and the subsequent establishment of

an interim tower facility. The closure was punctuated by Manitoba Airshow 1992 (20-21 June), which was dedicated on its first day to the 6th Commonwealth Aircrew Reunion, and on its second day to the members of CFB Portage past and present. It was further marked by the hand-over of the airfield infrastructure to Southport Aerospace on 30 Jun 92, and the transfer of responsibility for airfield operations and 3 CFFTS support to Canadair on the same date. The final chapter in the closure will unfold on 31 Aug 92, when 3 CFFTS becomes a satellite unit of CFB Winnipeg, and the base infrastructure is formally transferred to Southport Aerospace Centre Inc. through Public Works Canada. The transfer of responsibility for 3 CFFTS will occur at 1000 hrs, 31 Aug 92, by a signing ceremony in the 3 CFFTS All-Ranks Mess. Base closure will be recognized by a certificate-signing and flag-lowering ceremony at 1100 hrs at Base Headquarters.

CFB Portage will close with the style, grace and dignity which

Continued from page 21

have always been the hallmark of its existence. Base closure has been effected through the strong support of AIRCOM HQ and NDHQ, and the unselfish and dedicated efforts of every member of CFB Portage. All are proud to have been involved in this final part of the life of this very proud base, and to have been instrumental contributors to the establishment of the contracted flying training and support programme. We wish it the best of success in the years to come.

It has been a privilege to serve as the Base Commander at CFB Portage in this final hour. I extend my deepest gratitude and respect to all the military and civilian members of CFB Portage who have served with me over the last two years, for the effectiveness of their support and their direct contributions to the success of base closure. They have done themselves, and their country, very proud.

Per Ardua As Astra.
Col R.R. Henault
Base Commander
CFB Portage La Prairie

Youth Ambassador Winner



Miss Vanessa Kelly

Youth Ambassador Chosen

by Liz Basham

On July 25, I was privileged to be a guest at the inaugural of the Annual Youth Ambassador Competition. The Coast Westerly banquet room was the setting for a burial and a birth all in one fell swoop.

At 6:30 p.m. the knell sounded for the beauty pageant known as the Miss Comox Valley Competition and the new Youth Ambassador Award was born.

The era of beauty pageants was laid to rest when Miss Comox Valley 1991, Nicole Seeley and Princess Lisa Bell formally retired their crowns.

While to some it was sad to see the pageant end, others were quite enthusiastic over the new format. The contest is now comprised of both male and female contestants and the emphasis is on leadership, public speaking and local historical knowledge rather than beauty and talent.

Four young people took part in the event - Jim Mack, a graduate of Highland School; Vanessa Kelly, a graduate of Vanier; Mark Seal, a graduate of Vanier; and Patricia Werbecky, a student entering Grade 12 at Vanier in September.

Each contestant had attended various Valley functions prior to the final judging and having received training from the Valley

Toastmasters, were able to speak impromptu on a variety of subjects.

At 9 p.m. the MC announced that a decision had been reached. To a hushed audience he announced Miss Vanessa Kelly was the Youth Ambassador and Miss Patricia Werbecky was Deputy.

Vanessa and Patricia took part in the Comox Nautical Days parade over the BC Day weekend. Vanessa will represent the Valley at the PNE and both Vanessa and Patricia will be attending various functions throughout the coming year.

Miss Kelly received a \$500 bursary from Coast Country Realty, Miss Werbecky a \$100 bursary from Makari's Hair Design.

Miss Kelly plans to study in the field of tourism and Miss Werbecky plans to obtain a degree teaching the physically and mentally handicapped.

Birdie Pilon, the driving force behind the competition, stated even though this competition is winding down, plans are in the works for next year.

Anyone interested in competing in the 1993 Youth Ambassador program could contact Birdie Pilon, Comox Mall or the City of Courtenay.

NEXT DEADLINE 24 AUGUST - NOON

Bulletin Board

All insertions will be \$4.50 per column/inch. Payment in advance at the office.

ADOPTEE Born Aug. 3/67, 3:24 a.m., St. Joseph's Hospital, Comox. Searching for birth parents. Birth mother born March 13/50 in AB. Birth father born June 12/50 in BC. Info requested from anyone knowing their whereabouts. Lisa Dewar, 5312-50 Avenue, Camrose, AB T4V 0T3

ANNOUNCEMENT

Mr. & Mrs. Don Raby are pleased to announce the wedding of their son, Capt. Alan Raby, recently of Nanaimo Militia, to Shoko Tsuji of Tokyo, Japan, held April 26, 1992 in Victoria. The couple presently resides in Toronto. Capt. Raby serves at CFB Downsview, Ontario.

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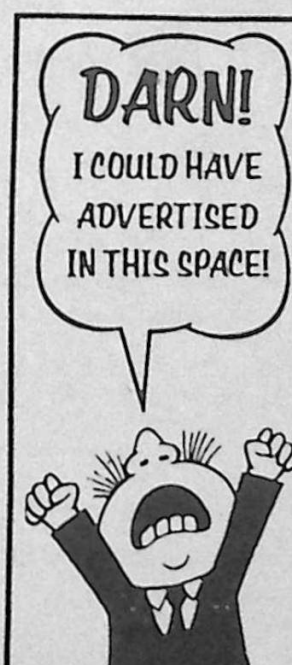
FOR RENT Three bedroom main floor of house available 1 Sep 92. Close to Puntledge Park. Stove, fridge and drapes. Have to see it to appreciate it. \$800/mo. plus utilities. Phone 338-6438.

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or Colleen, 339-8654.

WellDone, Teen Club!

Congratulations, CFB Comox Teen Club! Volunteer teens who ran the hamburger stand at the Air Show 2 August earned over \$500 for club activities. These kids worked at an incredible pace, some of them from 7:30 in the morning to 5:30 p.m. They were courteous to customers, cheerful and gave their very best to serve the long lineups of hungry customers. It was hard, hot work and our teens certainly showed they were up for the challenge. The club has plans to spend the money on trips and projects. We hope you have a great time. You earned it!

Teen Club Events for August
include

- beach party 29 August

- Friday night dances - rumour has it that a certain popular DJ may be available

- a trip to the waterslides in Victoria is being negotiated - probable date is 24 August. Call the FSC at 339-8654 for more information.

- Thursday video nights, 6:30 - 9:00 p.m. at the FSC

The Teen Club is open to all teens of military families and Base employees.

Shoe & T-Shirt Painting at the FSC with resident artist Shelley Williamson has been postponed to the last week of August. Call the FSC for registration details. Workshop cost is \$3.00.

Tuesday Morning Discus-

sion Group meets at 10:00 a.m. at the FSC. Parents are bringing the children to play at the Centre during August.

The FSC has the following **Volunteer Positions** available:

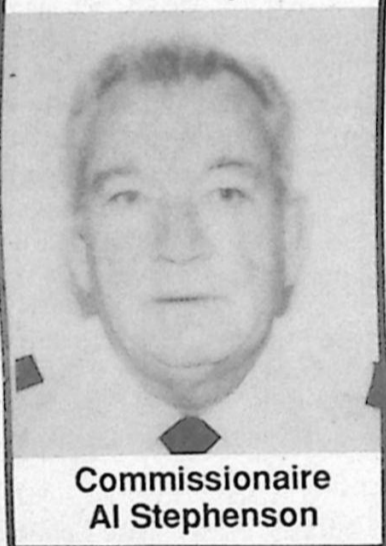
- **Child Care Providers** to work 2 hour shifts to allow parents to attend FSC programs. Evening and daytime caregivers are needed.

- **Teen Supporters** to help with special events and outings, and to teach new skills.

- **Welcoming Committee**, friendly visitors to greet new families in PMQ areas and in town areas.

- **Emergency Homemakers** for families in crisis.

Obituary



**Commissionaire
Al Stephenson**

Commissionaire Al Stephenson passed away suddenly at his home in Courtenay on 8 Aug 92.

Al was born 21 Oct 1936 at Victoria, BC. He joined the RCAF in Nov 1953 and was released/retired in June 1984.

He joined the Canadian Corps of Commissionaires on 31 July 1986, and was mainly employed at the main gate of CFB Comox. However, in his early years as a commissionaire, he was employed at AMS (security for Boeing 707 flights) and at the Buttle Lake mine.

Al is survived by his wife Charlotte, daughter Susan Garcia and three grandchildren, Derek, Carlos and Maria, in Courtenay, and four sisters and four brothers in Victoria.

Before his retirement, Al was employed for 10 years with 442 Sqn Comox, from Sept 1973 to Dec 1983.

A memorial service was held at Courtenay Lutheran Church on 13 Aug 92.

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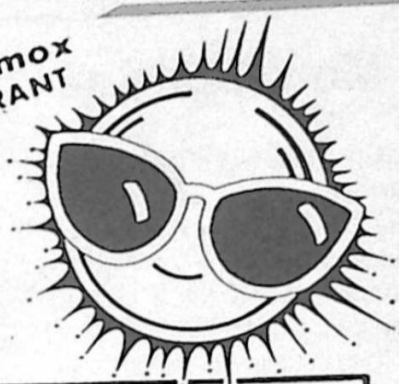
Duggan Heathers Coffee Shop -
Offers to \$88,000
The Chocolate Cottage - \$31,500

Contact Marge Easley, NRS Block Bros. Realty Ltd., 334-3111 or 339-7910 (res)

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24 AUGUST - NOON**

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And for Those Posted Out:

The Food Bank, located at 1126F Piercy Ave. in Courtenay, accepts perishable food, so when you empty your fridge and freezer before you leave, don't throw anything away. Remember the local Food Bank. They are open from 9:30 to 4:30 weekdays only.