



TOTEM TIMES



Canadian Forces Base Comox B.C.

VOL 29 NO 17 SEPTEMBER 24, 1987

DEADLINE IS MONDAY, OCTOBER 5, 1987

COST: PRICELESS



HELP

The crunch has hit! The good old Fishwrapper needs your support. We are desperately short of help and publication of future issues is in jeopardy unless "you" come forward. No experience is necessary but you must be available, reliable and interested. Please refer to the page 4 editorial for further details.

Sincerely
The Editor

Dental Care Plan

The CF Dependants' Dental Care Plan will become effective on October 1, 1987. This plan is entirely voluntary. Military who wish to obtain coverage for their dependants have until December 31, 1987 to enrol in the plan. Enrolment forms are available at their unit admin section.

It must be noted that according to the principle of continuous coverage, once you join you must continue the plan until such time as your dependants are no longer eligible for coverage. Spousal coverage costs \$6.20 a month and coverage for children, regardless of the number, also costs

\$6.20 a month. In other words, complete family coverage is \$12.40 monthly.

An information booklet entitled, "The CF Dependants' Dental Care Plan" gives a detailed list of the dental services that can be reimbursed and explanations regarding the deductible amount, maximum reimbursements, and all exclusions and other limitations.

The Dental Care Plan has been designed to fulfil the needs of military dependants and is affordable. It is up to you to ensure your family enjoys the benefits of this valuable service!

Silk on the Glacier



Cpl Clive Webb touches down on the Comox Glacier. It may be the first time anyone has done it...we don't know for sure. Anyway, he's in his own little paradise up there on top of the world.



Base Commander Col Gibbon and PMQ Mayor MWO Bowerman admire the 1st place winners in the recent "Beautiful PMQ Contest." The Zotek family were the overall winners for Best Kept and Most Beautiful. (Base Photo).

BEAUTIFUL PMQ CONTEST



The Winners

1st Overall
2nd Overall
3rd Overall
Ward 1
Ward 2
Ward 3
Ward 4
Ward 5
Ward 6
Ward 7
Ward 8
Ward 9

PMQ68A
PMQ60A
PMQ3
PMQ7
PMQC1
PMQ38
PMQ64A
PMQ68
PMQ97
PMQ103D
PMQ104A
PMQ110F

The Zoteks
The Berrys
The Scotts
The Taylors
The Peevers
The Adams
The Maudes
The Bostocks
The Roses
The Hillards
The Huards
The Merpaws

AROUND THE BASE

Let's Make it Happen Again

COMOX DISTRICT UNITED WAY



Acting Base Commander LCol Jackman raises the flag to initiate the CFB Comox United Way Campaign. The base coordinator Capt Bob Coulter and his charming deputy coordinator Lt Christa Robertson look on. C'mon gang - let's help Bob and Christa reach their goal of 24K. (Base Photo).

Now that the 1987 CFB Comox United Way Campaign is officially underway it is time to pull our resources together and give a hand to those in our community who need our help. The campaign will run from 15 Sept to 31 Oct 87 and the goals of the base are to raise \$24,000 and achieve maximum participation. We CAN make it happen!

THE PEOPLE INVOLVED

This year's base coordinator is Capt Bob Coulter of 407 Squadron and his assistant is Lt Robertson the base traffic officer. However, the people who really make it happen are the section representatives. These people have the arduous task of canvassing all of the people in their section and collecting the money. We have an excellent group of reps this year, they are:

Capt Bedard
Capt Bokor
Sgt Lesage
MCpl Fontaine
Sgt Higdon
Pte Fulford
WO Connell
Cpl Leclerc
Pte Miles
WO Jorgensen
Sgt Cameron
Cpl Luzney
Sgt Holland
MCpl King
MCpl Reid
WO Logan
Sgt Perry
MCpl Kinshella
WO Collins
Cpl Brewer
Capt Ferdinand

442 Sqn
VU 33 Sqn
Adm
Base Hospital
Canex
Dental
Food Svcs
Peri
Comptroller
BAMSO
Supply
CE
BTNO
Telecom
Firehall
Base Ops (DIAC)
Security
Met Office
ATC
740 Comm Sqn
AFIS

These are the people who will be approaching you for a donation. Please give them your support. Everyone is encouraged to contribute, no matter how small, either with a cash or cheque donation or a monthly pay assignment. Maximum participation is the emphasis of this year's campaign. The objective is to increase participation from last year's 53 percent to 75 percent. We know that not everyone can afford a large donation. Remember it is not so important how much you give; just that you give.

OUR GOALS

The base goal of 24,000 dollars has been divided into smaller branch/sqn goals. These goals were established based on the units' percentage of the total base military and civilian personnel strength.

Branch	No. Pers	Goal	Percentage Base Total
442 Sqn	338	\$5,500	23
VU 33 Sqn	192	3,120	13
Adm	79	1,285	5.4
Comptroller	204	3,315	13.8
BTSO Branch	532	8,650	36
Operations/AFIS/740 Det	131	2,130	8.8
Total	1,476	\$24,000	100%

Two large signs will be posted near the main gate. One will show the base's progress and the other will have 6 thermometers showing each unit's progress. Keep your eye on the board to see which sqn or branch reaches its goal first!

FREE Canex Service Station FREE

OFFERING
To our customers Oct 1st 1987
Coffee - Donuts - Chips

CANEX SERVICE STATION

CANEX 19TH BIRTHDAY SALE

10W30 Motor Oil White Rose Brand 19.19 per case	Lucky Draw for 50 Litres of Gas
Hawkeye Driving Lites Great Buy 27.99	Road Hazard Warning Lites 22.99
Auto Shine Kits for your car - Low price of 20.99	Gas Line A/Freeze A must for winter 39¢ each
Musical Horns What a Steal 29.99	Window Washer Stock up for winter at our low price of 1.79

And many more good buys to choose from at
least 20% off most car needs

Lube - Oil - Filter Special - Most cars - \$15.00

All Season Tires starting low price of 49.99

Friday Oct 2nd and Friday Oct 9th

We offer to you Our Special 3 cents off per litre IN
COUPONS

Let's make our birthday a big, big
success!

AROUND THE BASE

EX-SAILOR EXPOSED



Base Commander and Base Chief tell sailor it's time for a shave.

CFB COMOX...Word has reached the BCWO that hiding on the Base are a small number of former members of the RCN who now possess air operations trades. The majority of these individuals are former flying sailors from "Coward's Cove" near Eastern Passage and other bastions of naval aviation. The BCWO has also learned that a minority of these persons, are still hanging on to old naval traditions, and are procrastinating carrying out necessary adjustments to their attitudes and persons who will assimilate them completely into the Air Command scheme of things.

The BCWO has tracked down and identified one of these malcontents and is presently searching for others. In his benevolence however (one last request to the condemned) CWO Delfabro has given the captured culprit an option, he won't be required to personally remove his facial hair, but as the rules state receive an air deu and the "beard goes." With the approval of the BCOMD, an ex naval aviator of considerable note, the guilty son of an unwed mother, his back to the wall has taken the option of allowing some lucky service person from CFB Comox the privilege of removing the culprit's beard.

Therefore it is expected in the immediate future readers will be approached to purchase a subscription, which when the winning token is picked will give them the pleasure or privilege of exposing the face these many years covered.

Further details will be reported by the Totem Times as they become available.

An intrepid Fishwrapper reporter managed to track down the culprit, and through a barrage of "no comments" did record one short statement. Quote, "If the system doesn't like my face with hair on it what happens if when the hair is removed they still don't?" Unquote.

The Totem Times has learned that there will be another winner in this endeavour. The "MP Fund For Blind Children" will be the recipient of all monies collected from those subscribing to this cause. Which if one should pause for thought what better cause if even half the tales often told by matelots are true.

Your editor and staff encourage you to support this drive, as a matter of fact, the G.M.K. just ran out in hopes of getting the winning ticket.

REGISTRATION FOR BEAVERS, CUBS & SCOUTS

WHERE: Gilwell Hall

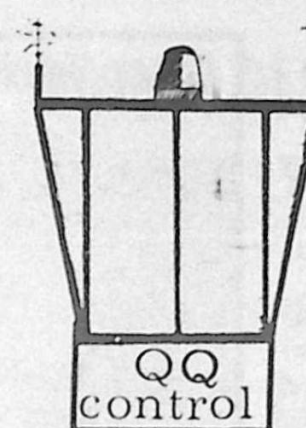
WHEN: 30 Sept 87 at 7:30 p.m.

BEAVERS Ages 5 - 7

CUBS Ages 8 - 14

SCOUTS Ages 12 - 12

For more information call MCpl Brad Laurie, PMQ 103A Maple Cres 339-0136.



As The Beacon Turns

I was going to start the article on a somewhat somber note but after discussing my plan of attack with my critic, I was advised not to do that. I might lose my few dedicated readers (who ever you are).

Now that the posting season has come to an end, for the most part anyway, there have been few arrivals and departures to speak of. There was one recent arrival, in the acquisition of WO Earl (ET) Taylor, who was traded from the Cold Lake (Cool Pool) Reserve list (because he was at the school in Cornwall, Ont), for an old copy of section orders and a first round draft choice to be named later. Our last departure was in the form of Cpl John Moss who is enjoying a vacation on the Junior Leaders Course. Rumour has it he has received his first "Dear John" letter (not the traditional one I might add). John was sent to become one of our future leaders (now that's a scary thought) and I hope you are enjoying your stay (I know I am). Just kidding, John.

Those of you who are lucky enough to frequent the IFR-CC may have noticed the MWO and Standards have traded offices. We are still wondering how MWO Campbell managed that one (could it be because Maj John Stariha is on leave). The OJTs have to take a number to get into the "little" standards office to see the CC and NCO i/c Standard.

ds. Rumour has it WO Al Collins is moving as well, a light was recently installed in his new office (stall). Hope you enjoy.

Our new secretary has arrived and was welcomed to the section and given a tour of our facilities. Cpl Denise Newbold will be with us for an undetermined amount of time and rumour has it her husband is a "pilot" - now we finally have someone on the inside, 442 will never be the same.

Tower recently had some excitement as the Tower Fire Warden decided to conduct fire training exercises. Pte Hugh (Sparks) Shaver was conducting flare practice and ignited our local field. All to impress a young lady (and an MP at that). All ended well with Hugh rushing to the scene to extinguish the blaze. All in a days work for the tower B stand.

Confusion seemed to be the order of the day following the long weekend as three Captains showed up for the morning shift and supervisors shift. We won't say who was in the wrong but I was told never to cry Wolfe. Must be the thought of those air force blues.

Turning now to entertainment, with the acquisition of a new entertainment Chairman plans are moving ahead hot and heavy for future parties. The only confirmed party was on the 19th of September as 1300 hrs at the Gravel Pit II complex. The giant Meet and

Greet was highlighted by burgers and hot dogs, corn and games for the kids. Old and new acquaintances were established and many friends were made and a good time was had by all. The entertainment committee did a super job and thanks goes to them, as well as to Pte Guy Pepin and 2Lt Kim Boutin for doing the cooking. Those burgers were delicious. Your entertainment committee is working diligently toward future parties.

Success depends on the prompt and reliable payment of your entertainment dues so when Cpl Paul Fleury come a "callin" please help the poor lad out. It's a dirty job but somebody had to do it. Other parties we are working on will be announced at a later date.

The TAC crests are still available for a limited time from the ATCWO so rush in and pick up the number you ordered before they are all gone.

Word has it a few members of the section went up to Strathcona Park for the long weekend. A good time was had by all and I can see why, with so many people in one place. Our section seems to have drawn the short straws as our OJTs and trainees have been out parading around the base.

Well, I must close for now so my censor board can cut up my article before I submit it, so see ya later.

MARINE INCIDENT UNCOVERED

NOT TOO "SMALL" TO INVESTIGATE

Local law enforcement agencies are hoping to end senselessness on the high seas after last Sunday's "Boys" cruise. The slightly seasoned and salty skipper of "Night Moves," Maj Terry Small, reportedly "forgot" to tie the mainsail properly, and a gust of wind shredded the sloppily reefed canvas. An unidentified crewmember said she pleaded with the crew to practise prudence; however, recklessness prevailed with disaster then being inevitable. A relief fund has been started to defray equipment losses

and to send the destitute skipper back to sailing school. Money may be forwarded to: "Help The Helpless," c/o AFIS.



WINTER GOLF?

Yes, we play golf all winter at the Base Club. Green fees for the casuals or pro-rated Memberships (\$80 in Oct) available.

Bar and Grill open daily for casual use or section parties. We are now taking Christmas party reservations. Info-local 8592.

Sunday morning competitions all winter long. It's a ball!
* Five months of play left at a small cost.

EDITORIALS



COMMENT

GORD KRUGER

It's time to take a few moments and reflect on this old newspaper.

As one who has been involved with the Totem Times off and on for some 25 years it is something that I have a close association for.

There have been good times and there have been bad times. People have come and gone but the old fishwrapper has remained an integral part of life at CFB Comox.

There have been awards and accolades over the years, all because people have given of their time and contributed. They cared and they helped.

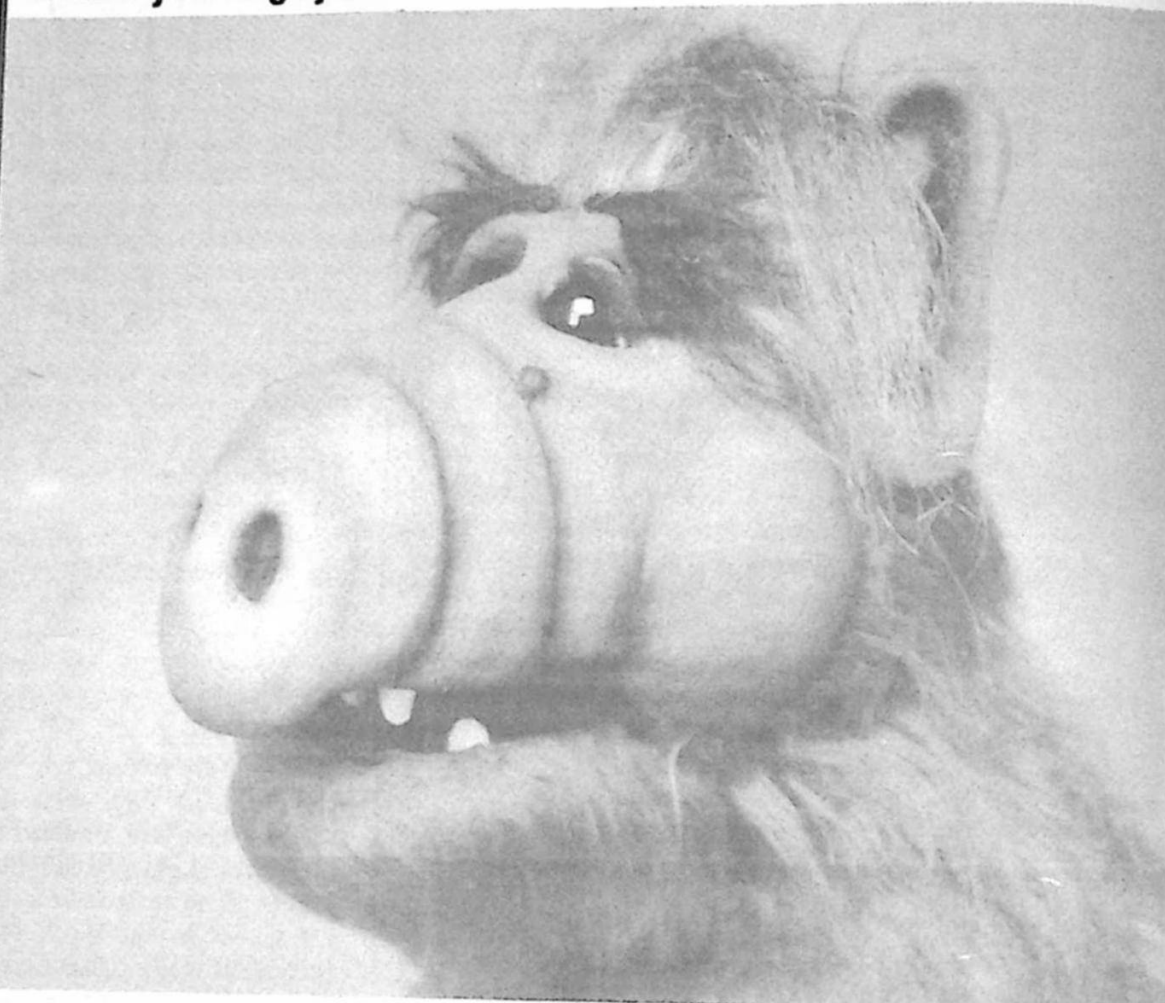
Well gang it's crisis time at the base newspaper. The bottom line is that we need help. We need some dedicated, dependable, enthusiastic people who are willing to give a regular portion of their time. We need a business manager, cartoonists, photo bugs and editorial staff (the cut and paste people).

If you have an interest please call me and discuss it. A newspaper is a product of a team's creativity. You will feel a sense of accomplishment - C'mon and join the team. We need your help....G.M.K.

NEXT DEADLINE

OCTOBER 5TH

C'mon youse guys



If you don't help the Totem Times I'll break your face.

Take the worry out of travel

Everyone dreams of an exotic vacation abroad. But losing your money or getting sick can turn that dream into a nightmare. Luckily, you can take steps to minimize the chances of vacation mishap. Traveller's cheques and travel insurance are still the two best ways of protecting yourself.

Some people have made the mistake of assuming that since credit cards are now almost universally accepted, there's no need for cash on vacation. But have you ever tried to buy a newspaper with a credit card?

Traveller's cheques are available at most credit unions and financial institutions in the country. There are two major lines of traveller's cheques - American Express and Thomas Cook - both recognized and negotiable worldwide. American Express has over 9,000 refund centres around the world, and Thomas Cook offers cheques in 12 major currencies.

At financial institutions, the purchase of traveller's cheques usually involves a 1% service fee charge to cover the cost of

handling. It's best to buy them either in Canadian currency or in to currency of the country you are visiting. The old practice of buying American funds means you pay a double exchange rate - when you convert your Canadian money to U.S. and again when you convert the U.S. cheques into the local currency.

Traveller's cheques offer many advantages, of which the 24-hour replacement service is the major one. Most credit cards will not be replaced for several weeks, and then usually

only after you are home. When you buy your cheques, ask for several denominations, so that you can cash larger ones for big purchases or hotel bills, and use smaller ones for impulse gifts and souvenirs. Keep the record of your cheque numbers separate from the cheques themselves.

No one wants to think about getting sick on vacation, but unusually spiced food, climates you are not used to, even the fatigue of getting ready to leave, can all increase your chances of needing medical at-

tention. And what about all those other unexpected occurrences that can ruin your vacation? Travel insurance is a wise buy, to cover you for most contingencies, from lost luggage to unexpected trip cancellation to major surgery. Hospital/medical insurance handles most medical bills in excess of your provincial hospital and medical coverage, and even certain dental work, for a very low per day charge.

Courtesy of your local Credit Union.



TOTEM TIMES

Read in the Best Menses in the Canadian Forces
CFB COMOX, LAZO, B.C. V0R 2K0



Published every second Thursday, with the kind permission of Colonel Gibbon, Base Commander, CFB Comox.

Second Class mail registration is 4098. Office Phone: 339-2541

EDITOR: Gord Kruger 339-8111

EDITORIAL STAFF: Norm Blondel, Sandy Reber, Chris Halliday.

BUSINESS MANAGER: Ron Fisher - 339-8484

CIRCULATION MANAGERS: Shawn and Susan Johnson 339-0580

SECRETARY: Judi Hooge 339-6210

CAMERA OPERATOR: Katie Wylie

PHOTOGRAPHY: Base Photo

CARTOONISTS:

The Totem Times is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item. "Advertising is an offer to sell and may be withdrawn at any time." Address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C. V0R 2K0. Subscription rate: \$6.50 per year.



EDITORIALS



Your M.L.A.

STAN HAGEN

MINISTER OF ADVANCED EDUCATION & JOB TRAINING

INVESTMENT FOR THE FUTURE

Now that I have been re-appointed as Minister of Advanced Education and Job Training, I can take pride in telling you of some of the government's recent initiatives in this area.

We have taken strong steps to help advanced education play a vital role in the economic development of British Columbia. Our Universities, Colleges and Institutes rank among the best in the world and offer British Columbians unlimited opportunities to expand their horizons. In a world of rapid technological change and strong international competition, it is crucial to develop and maintain a highly skilled and flexible workforce.

I have introduced major changes in the British Columbia Student Assistance program to ensure that students in financial need are given access to this high quality education. Funding for student assistance has been increased substantially and a more comprehensive and equitable system has been developed.

Many initiatives in Advanced Education are being developed through the Fund for Excellence in Education which provides British Columbians with the kind of training and education most needed to our changing economy. Our universities, colleges and institutes have been granted \$22 million from the Fund to provide for new

programs, equipment, and funding for special initiatives. An additional \$1.82 million has been approved for development and delivery of Distance Education programs which are increasing access to educational and training opportunities for British Columbians throughout the entire province. The total funds for Distance Education for 1986/87 now stands at \$11.34 million which represents a 20.6 percent increase from 1986/87.

We have shown a continued commitment to maintaining the highest standard of service at our post-secondary institutions and are presently upgrading and constructing new facilities throughout the province. I recently announced that a new facility with a construction budget of \$16.4 million will be built at the University of

British Columbia. The laboratory, which is due to be completed in 1990, will augment the present facility and ensure that U.B.C. will continue to be a leader in scientific education and research.

Our investment in these high quality institutions benefits not only students and faculty but the economic well-being of our province. At my request, the three university presidents prepared a report on the role of the universities in the economic development of British Columbia. The report showed that our universities are already responsible for a direct injection of more than \$150 million a year into the provincial economy from out-of-province sources. In addition, the expertise of the faculty and staff of our universities has resulted in 97 successful spin-off and start-

up companies being formed to date creating a total of 1,650 direct jobs. In 1985, revenue from these university spin-off companies was in excess of \$170 million.

Our government is determined to encourage all British Columbians to achieve their personal educational goals. Enrollment of full time and part time students in post secondary institutions stands at a record high of well over 120,000 for the 1986/87 year and we are helping these students to achieve their goals.

I am proud of the considerable breadth of educational resources and the high quality of education that our post-secondary institutions have to offer and especially proud of the hard working students who are our investment for the future.

Getting a line on a good deal

If you've ever passed up an extremely good bargain because you didn't have the money, or even experienced the embarrassment of having a cheque bounce when you'd miscalculated your balance, then you should consider a personal line of credit.

A line of credit gives you the convenience of a loan, without having to apply for it or go through the paperwork. You may pay interest on only the amount you borrow, for the number of days you use the money, at a lower rate of interest than the rates applied to outstanding credit card balances.

Here's how a line of credit works. You arrange with your financial institution to have a set amount of money made available to you, should you decide to draw on it. It's like a pre-arranged loan, and to receive the money, you only have to write a cheque on your regular chequing account.

How much you can draw on depends on your financial situation and your credit rating. Usually, there are no administrative charges, and you receive a monthly statement on your credit situation. Interest is charged only on the amount you've borrowed, not the full line you could borrow, and only for the length of time you have the money. There's a minimum

monthly repayment to make, sometimes as low as 5%, but you can pay off the whole amount anytime you choose.

The rate of interest on a line of credit depends again on your personal credit rating and how the line is secured. Generally, the rate is from 0.5% to 6% above the prime rate.

While a line of credit will never replace a standard loan, it has a number of advantages for today's consumers. Bush people like the convenience, the flexibility and the lack of red tape in the arrangement.

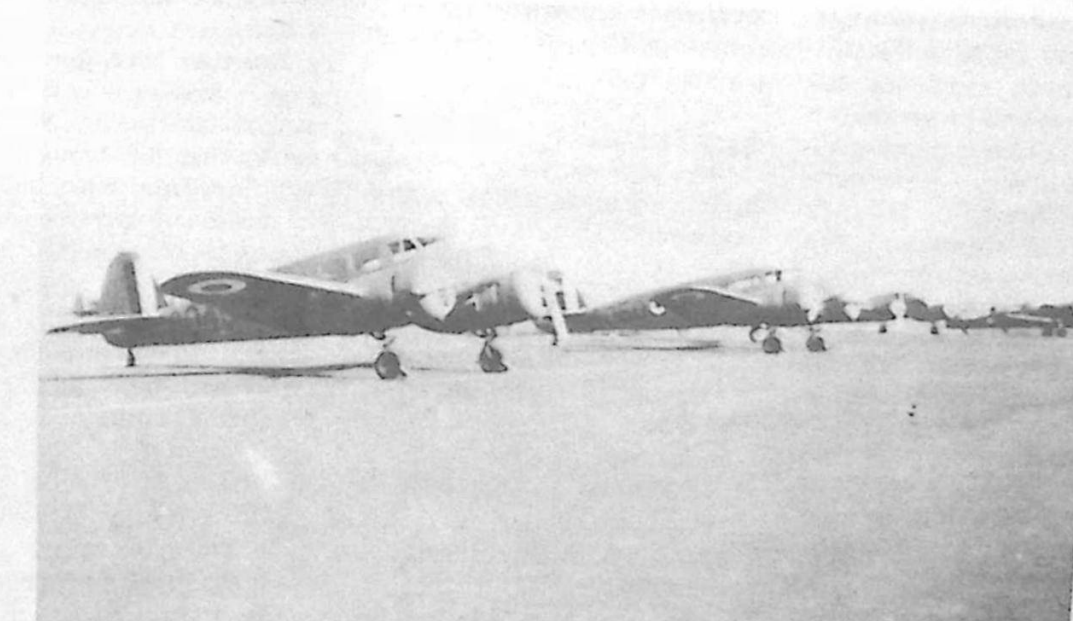
You can take advantage of special bargains on large ticket items like furniture and appliances, without exhausting your credit card limit or paying credit card rates of interest on the outstanding balance. It comes in handy in emergency situations, such as an unexpected car repair or a sudden out-of-town trip. For those who aren't always up to date on their account balance, a line of credit ensures against overdrafts and the embarrassment of bounced cheques.

With today's hectic lifestyles, having a line of credit is like having a very generous and reliable rich uncle. You don't have to lean on him for financial support, but it's nice to know he's there if you ever need him.

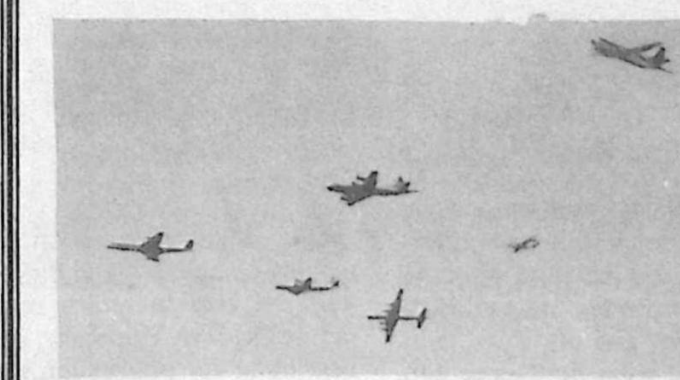
Courtesy your local Credit Union.

Air Force Trivia

what
where
why
when



Answer from Last Issue



TRIVIA ANSWER:

For our aspiring ASW types the aircraft are, from L to R: Nimrod, Great Britain; P-3, U.S.; P-3, Norway; Argus, Canada; Viking, U.S.; and Atlantic, W. Germany.

This week we would like to know if you can identify the aircraft type, the unit, and the location. One hint, the location is somewhere on the prairies.

SECTION NEWS



BAMSO

The summer APS period is over and BAMSO is still in a state of flux with personnel coming and going. WO Chris Locke is following the lead of Win Dryden and is retiring to take up employment with Con Air. Again we lose a wealth of experience and a valuable member of our organization and to Chris and Brenda, we wish you all the best in your new life and after all the dust settled, the Goose Bay/Edmonton bound Sgt Yvon Tremblay is staying to fill in for everyone who is leaving!

My thanks and congratulations to MCpls Davey, Vantassel and Armstrong, Cpl Glanville, Lt Boucher and MWO Symes for all their efforts in setting up the BAMSO Family Day. I was disappointed by both the weather and the turn out but I guess you can't do much about the weather....Those who didn't attend missed the mustard fight of all times and Al Gray doing back scratchers on a sail board. See what you miss when you don't participate!

Speaking of participating, there are two items which I hope you will support. Firstly, WO Jorgenson (and his invisible Mafia) will be around to speak to you about helping support United Way -- remember every little bit helps those in our community who can't help themselves. As well, by now we have had the opportunity to take an hour off from the drudgery of work and go to the Rec Centre and become Athletic Supporters. This will be a weekly event and WO Brazeau has personally assured me that if we get a really good turnout, he'll bring in Playboy Bunnies and Chippendale Dancers to spice things up!

Where else can you get the opportunity to see the Major fall flat on his face (other than the baseball diamond or the ski hill or...)

And finally, my personal compliments to Mike Anderson for valiant efforts on behalf of BAMSO and in so doing suffered a bayonet wound that would have kept lesser men from performing in the honour guard.

SAFETY SYSTEMS

A fun time was had by all at

the BAMSO Challenge ball tournament. Youth and eagerness overcame experience and seniority. The senior ranks brought in Bill "The Arm" Hill as a ringer from the leagues of downtown and he tried to clean out the supply of gloves that were available during warmup with a devastating underhanded pitch. In the sports tabloid Ian and Bill placed second in the forty and up category. Still in the world of sports, the section's lawn dart championship was played at Bill and Grace's. Thanks are extended to the hosts for an excellent barbecue and corn boil. Highlights included someone trying to take a bite of an apple still attached to the tree, raids on a plum tree and the familiar story and joke telling session.

Rumours of good parties travel quickly as it was even crashed by three teenagers. Lonnie has gone down to tool control for two weeks for a vacation away from the issue room. Randy has entered the wonderful world of servicing for a tour. His new phone must be broken it makes everyone sound just like Bill. Ian received another attaboy, congratulations Ian! That's all for now folks!

BASE ARMAMENT

Weren't those armourers looking just fabulous in their awesome red shirts on the 27th August. If it hadn't been for these people the ballgame would have been a flop. With the help of the awesome Base Armourers the Cpl/Ptes wouldn't have won the ballgame.

EOD has a new recovery vehicle capable of 30 knots; plus it has fishing capabilities, called JABB??

We now have three of the seven dwarfs employed at Base Arm't. Our happy leader Snow White (Sgt Newhouse) is on the search for the other four.

The wedding bells have been tolling! WO Allen tied the knot, his honeymoon is spent on touring B.C. -- you'd think he'd be too tired to drive. G. Litchfield is going to take the plunge with a local hair stylist - at least his haircuts are free! Another posting came in, H. to beer tents and bratwurst land. Jeff will soon be Teepee hopping in Cool Pool. Until next month.

NDT

Hello again, we've seen many changes around the little shop since the last item published. In the latter part of August, we bid farewell to Rick Farina. He was only with us for a short time but was a welcome addition to our small crew. He wasn't very keen about leaving the Comox Valley but he felt Moose Jaw would be all right after he reforests the area and piles up a few large hills. The same week that Rich hit the road, we welcomed Sgt Bill Gosse to the helm. Bill arrived from Shearwater, Nova Scotia and it's great to have another "down-homer" in the shop.

George is back from his holidays, at last. When asked how it was, he replied "Went camping. Lost a cat. Found a cat. Everybody cried. Everybody laughed." Sounds great George. We're glad you're back, it appears you need a rest.

Blake is away for short R & R in the Okanagan Valley. He's been talking about this trip for a long time so we hope the fishing is everything he expected.

You may have seen the old grey Seaking helicopters around here recently. We'd like to say that Bill brought them with him from down east but he denies any involvement and claims it is only a coincidence.

This area facility has been detailed to perform regular NDT inspections on the old grey ladies and we expect to be doing lots of travelling to fulfill this obligation.

Our main project lately, aside from the usual workload, has been helicopter rotor blades from a Labrador. For almost three weeks we've been x-raying and ultrasounding these blades to check for damage and disbonding. It's been interesting work but very time consuming. We'll all be quite relieved when we can return them to the refinishers for repairs.

Our flight line shop is nearing completion and maybe we'll be able to return to it before October. Hopefully, our next input for publication will be written from there. Farewell, until then.

BTSO AWARDS



MCpl Neilson, a Safety Systems Tech in BAMSO, received a \$300 award for his suggestion to replace existing water purification tablets in survival kits with newer improved ones that have an installed life. The cheque and certificate were presented by LtCol Mack, his Commanding Officer.



WO Berry of Base Telecom section being congratulated on his promotion by LtCol Mack, his Commanding Officer. (Base Photo).



Master Corporal Bedard, a Radar Tech in our Base Telecom section, received \$200 for his suggestion to locally manufacture stands to accommodate the charging transformers during maintenance at all of the Canadian Forces tracks sites. LtCol Mack, our Base Technical Services Officer, made the presentation. (Base Photo).

SECTION NEWS



Supply Signals

Once again, it's time for some juicy tidbits on what's going on in the Nuthouse, oops, I mean Base Supply.

We have two more Sup Techs posted in. Welcome to MCpl Al Pryor in MPO FROM CFB Lahr and Cpl Kathy Grace in 1 Supply Group from CFB Shilo.

Had a hello/goodbye party down at Airforce Beach last week featuring a Volleyball match between MCO/T, MCO/D and SCO. The winning team was led by a limping WO Maude who apparently gave Kathy Segriff a beer shampoo. She went home to recuperate for a while and couldn't go out again that night as her head was stuck to the pillow! Shelly Ratcliffe let the heat get to her and went for a dive into the beer cooler. Karen Parrott discovered something new about her anatomy - she has an "Outie."

On the lighter side, Martine Veldhuizen has gone to Disneyland to fill in for Mickey Mouse. Shelly Ratcliffe is on her way to CFB Borden to "catch up" on things. A certain SCO appears to be afraid of dentists. His initials are D.J. (You really won't lose the Wisdom when they go!)

Safety Note! Leanne Buxey just bought a new car, and she apparently doesn't know how to drive. She says, all will be well if we avoid hills. Diane Earl had another 28th birthday

recently. Her hubby and kids baked a cake that would appeal to any gourmet chef. Purple icing, eh!

Everyone is to be warned that LPO (that marvelous, hard working section) has a new scheme to raise money. It's called a "Curse Jar" and in the first week they banked 3 digit numbers.

Stan Stevens had a wild time partying at his High School Reunion. Apparently, his white shorts and brown knees dazzled everyone. For more info see our Resident Civy in LPO; she's got the dirt. Also, good luck next year in the Golf Lottery, Stan. Maybe you should send in more applications.

A few of our Sup Techs went on a wilderness weekend at Strathcona Park Lodge on the Labour Day weekend. A certain MCpl, who works in LPO couldn't seem to find her bed when the power went out. A certain Pte, whose initials are Kathy Segriff lost her clothes to someone named Johnny. Speaking of whom, who what that dark haired, brown eyed hunk Kathy followed around all weekend? Last, but not least a certain Pte from LPO was the decorum of innocence that weekend, watching everyone else make fools of themselves. Except for that message she'll never forget!

And that seems to be all the gossip we dug up this month on Base Supply. See ya next time.

ATAT

AIR TECHNICIAN ADVANCEMENT TRAINING



Top Techs in the CF and one sore handed TACO. Left to Right Pte Jones, SDT Ethier, Maj Kightley, SDT Couture and Pte Passoli. 90 percent or better takes some work.

ATAT finally hits the Fishwrapper. For those of lesser ilk: ATAT exists to take the QL-3 apprentice technician of the MOC500 series trades to the Journeyman (person) QL-5 level. A series of progress review exams are given to ascertain theory level, supervisors verify technical progress, for some trades practical projects must be completed, then finally there is the dread technician advancement exam (TAE). The awestruck and pained look of the Base TACO (not a Mexican food but the technician advancement coordinating officer) comes from having to do grip and grins with four of the top techs in the CF. Each of the faces presented to you preserved immortally in silver halides, has achieved 90% or better on their tae's. Maj

Kightley whose hands were recently involved in slow pitch baseball (as shown in the picture have not quite recuperated) were much abused by the handshakes.

Pte (.303) Jones got not only his award certificate but compliments for the fact that it was his second. There are standards of excellence to aim for; aren't there?

Pte Passoli was the top safety systems tech. this past TAE. Can you top that!

Ptes Ethier and Couture have one more chance to top their trades but we think they are making some pretty good smoke right now. Whoever beat them should be watching their tails (these guys are sharp!)

LTC Students Commissioned



On 2 Sep 87, the officers students of the Language Training Centre were proud to receive their commissioning scrolls presented by Col Gibbon Base Commander and attended by Maj Egli Officer Commanding the Centre. Congratulations.

CENTRAL BUILDERS
SUPPLY LTD.

"Everything For The Builder"

LUMBER - PLYWOOD - DOORS
WINDOWS - GYPROC
INSULATION - ROOFING
HARDWARE - MASONRY
PLUMBING - ELECTRICAL

- 334-4416 -

610 ANDERTON, COURTENAY

"Serving The Island Since 1924"





SECTION NEWS

Anker Klankin'



FOR SALE 1983 Mercury Escort L. Loaded, low mileage, excellent condition. Used only on Sundays by middle aged former fighter pilot.

As you can see by the preceding paid commercial announcement Maj Arsenault has decided to part with his trusty steed. We at the Fighting 33rd have been prevailing upon him to choose a machine more suited to his position as CO of the premier West Coast Sqn. Further, we believe that his new automobile should fit his image as one of the very few 'fast jet' pilots on this base.

We have not been privy to the selection process but there hasn't been any shortage of advice for the Maj to listen to. Maj Rollie Acorn and Lt Randy Chaulk are firm proponents of a Mercedes since they're both very happy with theirs. Greg McQuaid is pushing the Mazda option. He is generally satisfied with his RX-7 except when he gets a \$1,000 repair bill. Martin Baggeley has no qualms in recommending a VW but Orlando Bokor is reserving judgement until he is certain they don't have an attraction for the rear end of logging trucks.

The opinions of Sqn OpsO Capt Richie Clements are normally highly regarded. His preferred mode of transportation, however, is an ancient Chevette which leaves him with no credibility in this area.

Four out of nine Sqn pilots and two of our four AESOPS have previous connections with MR880 Sqn. Last weekend Maj Arsenault led several of these intrepid aviators back to Summerside to participate in the MR880 reunion and Tracker

30th anniversary celebrations. By all reports a very good time was had by all!!!

Transport to the East Coast and return was courtesy of 407 MP Sqn. After a seemingly interminable transit to the Maritimes anticipation mounted as PEI hove into view. The indomitable 33rd contingent waited for the inevitable low pass that would herald their arrival and the beginning of the party. Instead they were treated to a tour of Charlottetown and a 15nm straight in PAR approach!!! Anyway, thanks for the ride.

The fourth and last member of MR880 Sqn to make the pilgrimage West this summer has just arrived. Welcome to Lt Pete Bush who comes to us already fully up to speed as a Tracker crew commander. With the addition of another single pilot to the sqn the aircrew are contemplating a contest to determine the most eligible bachelor. The winner will get a blind date with the CO's niece.!

TECH SIDE VU 33

Here it is September again. The fall season is upon us and along with it we have some new faces behind the servicing desk. MCpls Gille Lessard, Gene Meyer and Mike Yaciuk have been undergoing training and are looking forward to being warm most of the winter. Did anyone tell them about final checks and remaining behind to secure and lock up after the crew gets away on evening shift? That's after the paper work is done of course. Best of the season guys.

Cpl Al Nantel got another T-33 rescue mission a week or two

ago. Seems that Victoria is still having problems with starting units. Or do they try to start number two engine first?

Hikers MCpl Fred Day and wife were inspired in their climb of Mount Edward Albert. His inspiration resulted from the successful climb of a man in his 80s. Fred figures that he may be the youngest member of the VU 33 Seniors Club to have conquered the Hill in only 3 days. So who's counting.

Fred Day was invited out to "Coops" secret trout lake last week. While "Coop" was explaining how to bring in the big ones Fred was (Fred is telling this of course) doing just that and "Coop" wasn't even getting a nibble. Fred feeling a little sheepish took off his worm and gave it to "Coop," but Fred was still bringing them in. Fred took off his hook and finally they were both doing about the same - no nibbles. Now all the guys are looking forward to a fishing derby at "Coop's" secret pond.

Pte Jones is now Cpl Jones. The VU 33 SAMEO Cpl Snow made the presentation on Fri 11 of Sept. Congratulations Trevor.

Course returns - Vince McKernon and Ivan (Ho) Carpentier have returned from the dunes of Borden with a whole new outlook on the aspects of non-stationary electronic apparatus. Now Vince knows

how we get all the wizardry in to them tiny black boxes.

Events:

1. Ron's back-watch out BDFs.
2. Rock Bay 24 Sept - Let's all be there.

CO-ED
FITNESS

JUST A REMINDER

Classes have started again at the Rec Centre, so if you haven't signed up yet, come on out. Everyone, all levels of fitness, is welcome.

Times are:

Mon, Wed, Fri 9:15 - 10:15 a.m.

\$12/mth \$2 drop-in

Babysitting available on base for morning classes - \$1.50/child

Tues, Thurs 3:45 - 4:45 p.m.

\$8/mth \$2 drop-in

Hand weights and resistance bands are provided, but bring along a floor mat, for your comfort.

See you there!!



Your Mid-Island
Resort Hotel
1001 Ryan Rd., Courtenay
338-5441

A SHORT STAY OR A LONG ONE...
A Great Place To Stop - Our Staff Will Welcome You
& Treat You Right

THE MEXICANA PUB
GOOD TIMES DANCE TO D.J.
CHECK OUT OUR "SPECIALS"

ANY NIGHT OF THE WEEK
JAM SESSION
SATURDAYS
2 p.m. - 6 p.m. PRIZES
WITH GORD KRUGER & WESTWIND

Open 12 noon to 2 a.m. • Monday to Sunday
Open Pool Tables - 12 Noon - 6 p.m.

MARGARITA'S
LOUNGE

Monday - Sunday
5 p.m. - Midnight

Valentino's RESTAURANT
OPEN - 7 DAYS 6:30 a.m. - 10 p.m.

BUFFET LUNCHES

A REAL VALUE FOR YOUR DOLLAR

11:30 a.m. to 2 p.m.

KIDS \$3.95 ONLY \$6.95

SUNDAY NIGHTS

5 p.m. to 9 p.m.

Our Chef goes all out with Two Hot Main Dishes, a hot vegetable, ever changing potato/rice dishes, meat, cheese and pickle platter, buns & fixings, 5 salads; dessert plus coffee, tea or soft drink.

KIDS \$4.95 ONLY \$9.95



RED SHIELD SERVICES

CANADIAN FORCES BASE COMOX
P.O. BOX 281, LAZO, B.C. V0R 2K0

Telephone for take-out at Snack Bar 339-8571

NEW HOURS OF OPERATION

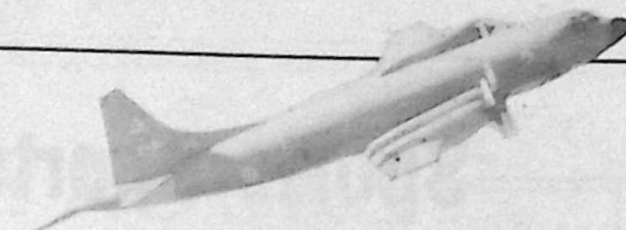
Monday to Friday	0700 - 2000
Saturday	1100 - 1600
Sunday	CLOSED
Holidays	CLOSED

FREE COFFEE AFTER 1800 HRS. Monday to Friday



SECTION NEWS

Demon Doins



Devana's Last Hurrah



The Crew 2 Cowboys pose with Maj Peter Devana on occasion of Pete's last flight. Bon Chance Pete!

407 SERVICING

Just thought we'd open the column with a thought for the day. SCHOOL'S IN!! Now's the time to evaluate your summer.

How about these supply people! The Calvin Klein One Size Fits All Clothing Bazaar and Travelling Tailor Show is still playing to a stacked, er...packed, house. Some conversation overheard in the "three at a time, no waiting" changing rooms included: "She sure doesn't look like that in overalls;" "I can't hurry, you're standing on my sleeves;" "Do these ever fit anybody;" and my favourite: "So which pair of green pants is mine?" Cinderella's little birds, Sus Sus and the rest of the rats could have assisted the lone tailor so much! Sure nice to see blue, though.

The latest thing in summer styles downstairs is a new upper body look. Basic white T-shirts are in, skin is out; under the coveralls, that is. Seems some individuals were displaying their tans down to where the zipper stops; called it body talk. I noticed the girls weren't saying anything.

We've got a dental plan!! Must be a good deal cause it tipped the scales for Al Brown and Tim Hautzinger and they're about to marry two local lovelies. Congrats, guys!! The plan should be especially good for those who have three or more smiles to take care of since all dependent children are covered for the cost of one. All the information is in the little blue book, so be sure to "read and understand" before you sign the dotted line. (Where have we heard that before?)

The CO sure made an impact on the groundcrew (and the ground) during the sports tabloid. Next time, when you do your situps with the log over your lap, Sir, we'll provide a pillow. Speaking of logs, we hear that MWO Brazeau is thinking of losing a pound or two chopping up logs for firewood on his trip to Adak. I guess he heard the island has never been logged so there's lots of potential for useful exercise and since he's planning on dining in some of downtown Adak's excellent nightspots, he feels he may need it.

Because this is Norm and Sgt Knobby Clarke's first trip to Adak, we took special pains to ensure they were adequately briefed. They have been assured that it remains an unspoiled Pacific Island paradise, complete with a small but lively harbor city just outside the Base main gates and a newly-renovated tourist pier for the many "Love Boat" cruises that arrive all year long. Boy, were they motivated!

Actually, only the Pacific Island part is true. We lied about the logs (no trees), the City (not even a gate), and the Love Boat (who in their right mind would pay money to go to Adak?). As for the dining spots, they do have a MacDonald's, Norm. Sorry bout that.

WHITEHORSE REVISITED

Well, once again 407 (MP) Squadron was tasked to complete a five day Northern Patrol, but this one had a slight twist. For the last week in July the Crew 4 Sledgehammers were to host the French Ambassador to Canada, His Excellency Philippe Dusson and his military attache Col Paul Aunis, who were promised a scenic guided tour of Canada's North by Defence Minister Perrin Beatty.

For the Sledgehammers the outcome of the Norpat was a

resounding success. Three ten-hour trips were flown, the first including the transit up to Whitehorse. Each trip included some good low-level flying, accentuated by cooperative weather, which allowed the crew to witness the incredible expanse of the North.

Quite a few communities such as Gyoa Haven and Coppermine were also overflown. Many were totally isolated and accessible only by air. It was the requirements of these and other such settlements that developed Canada's bush flying history many years ago.

For the VIPs the trip was also a success, as they were given a brief break from the hustle and bustle of Ottawa. Neither of them had seen any part of Canada's Territories, so the patrols certainly provided a change of scenery.

The accommodations were provided by the Sheffield Inn, probably the best spot in Whitehorse, although it also seemed to be the preferred location for overnight bus tours.

Flying in uncontrolled airspace was a far cry from the pampering that ATC gives the crews in the Comox area. Our paths were crossed more than once by bush pilots who were "temporarily unsure of their position." One aviator even

had the gall to ask the Aurora, with its multiple nav aids and six navigators, if it knew of its own position.

The crew did have one day off before returning home which allowed everybody to do that all important tourist shopping and also have a break from three successive days of flying.

By the time the crew touched down back in Comox after 35

Norpat hours, a great deal of Northern operations had been learned, yet they're quite willing to do it all again; mind you, the Sledgehammers will go anywhere if they can get TD.

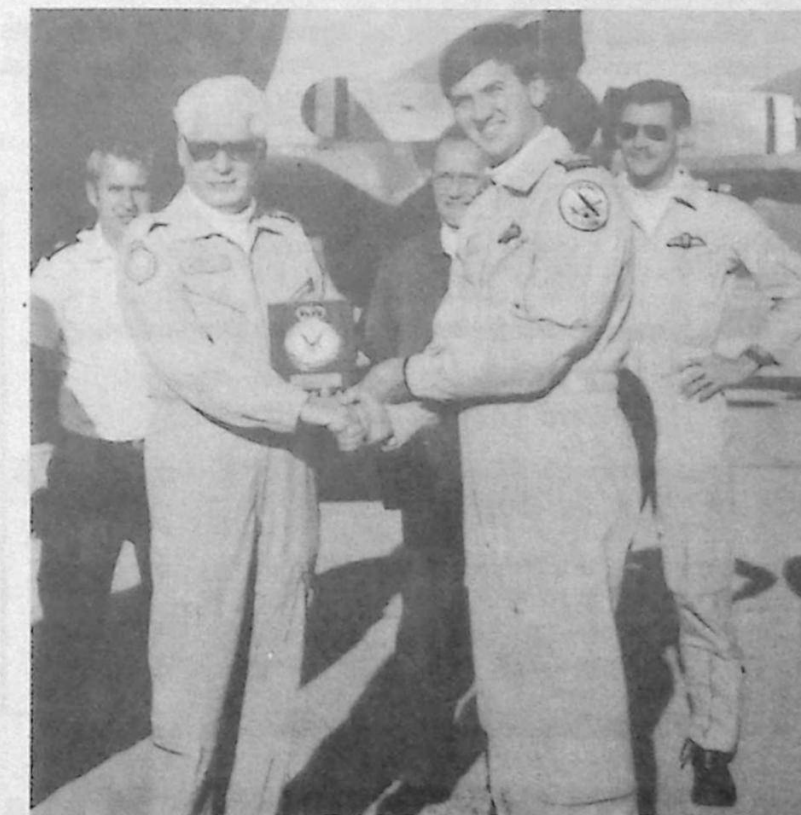
407 RESEARCH/AMCRO

It seems that I just finished writing something for the paper but now it's time to get the old mind in gear once again. Nothing much has happened since the last report, except Duffy's recent trip to St. Jo's and now everyone knows that he has gone slightly "ZYMOTIC."

Monica is going to leave us for a cushy job with the MPs, so we will have a new face in the Samo's office area, or maybe even two as our token Newf is getting bigger by the day...Can you imagine how peaceful it will be up here when here time comes close??? We can.

Stan and Pete have both been selected to go on Flt. Safety courses in Wng. Pete goes in Balmby September while Stan gets to go in Wintry November...RHIP...or so Stanley mutters. Speaking of trips Larry is going on a Sight-seeing trip to Halifax, Winnipeg and a few other such nifty places on Sept 14 which will probably be the exact same time that the fish finally start to bite out on the Salt Chuck.

CONTINUED ON PAGE 27



The French Ambassador to Canada, Philippe Dusson accepts a squadron memento from Capt Bob Coulter Base Photo.

SPORTS & RECREATION

Sports Shorts

POOL CLOSED

The base pool will be closed from 28 Sep - 2 Oct 87 for maintenance.

PHYSICAL FITNESS CO-ORD MEETING

TUE 29 SEP 87

A meeting for all sqn/branch/section physical fitness coordinators will be held on Tue 29 Sep 87 at 0900 hrs at the base Rec Centre.

INTERSECTION HOCKEY MEETING

There will be an intersection hockey meeting at 0900 hrs on Tue 29 Sep 87 at the Base Rec Centre. All sections are requested to have their representatives attend this meeting.

INTERSECTION BOWLING

The base intersection bowling league will be starting 12 Oct 87. There will be a meeting for all section reps at 1130 hrs 28 Sep 87 in the bowling alley. Names of personnel wishing to bowl are to be submitted at that time.

Pac Region Champs



Pictured with Base Commander Col Gibbon are members of the CFB Esquimalt Cross Country Race Team. They were winners of the recent Pac Region Cross Country Race hosted by CFB Comox. (Base Photo).

PILOTS

•FOR RENT- At Courtenay Airpark, Cessna 172 full IFR. Check Rides.

•Stinson 108 For Rent - Tail Gear Check Out.

Phone
WALTAV INDUSTRIES LTD.
Hanger No. 1 Courtenay Airpark
338-0771 after hours 335-0347



Outdoor Writers of Canada

Pipe Smoke

Gerry Gerow



I just had the opportunity to take my dogs hunting. As German Shorthaired Pointers, this is what they were born to do. Dogs cannot be taught to hunt. It is a natural instinct and they either have it or they don't. If a hunting dog is not given the opportunity to hunt the instinct will become less and less in future generations, until after about three generations, while the dog still has all the physical characteristics of its breed, it really is a completely different animal.

My oldest dog has had plenty of opportunities to hunt and is quite experienced, but the younger one, her two year old offspring, had never been in the field before. As this was a social drive hunt with stocked birds, there was plenty of game and the young dog quickly showed her inherited instincts were as strong as those of her mother.

There is nothing quite as exciting to watch as a good pointing dog in the field. Their sheer enthusiasm for their task is seldom, if ever, matched by any other animal. The guy who coined the phrase 'poetry in motion' had to have been watching a pointing dog hunting at the time.

Dogs have hearing and smelling senses that we can't even begin to understand. In the hunting breeds of dogs these senses are tuned to the task

and are constantly in use when the dog is on the search.

XXXXXX

In one short, pets for sale column in the local newspaper, I spotted the following ads: "Boston Terrier puppies \$200 each, No papers." It's against the law in Canada to sell purebred dogs without providing papers. The puppies in this ad are not purebred, and worth \$50 tops. "Bouvier DeFlander cross pups for sale." I suspect they mean Bouvier des Flandres. "CKC registered Rottweiler English Bull Terrier. \$300" Rottweiler is a distinct breed but there is no such thing as an English Bull Terrier in the CKC.

When a person decides to acquire a dog there is really only one way to go. Locate a reputable breeder of the breed you have chosen. Only in this way can one be sure that they are getting what they pay for. Prices charged in pet stores and by people advertising in newspapers are frequently those charged by breeders for their best show and trial quality pups, even though the animal being sold is pet quality at best. I know of no other commodity where so many people get ripped off so consistently. To find a reputable breeder the best source is your local dog club. Failing to locate a club, the next best source is the veterinarian's office. Good luck with your deer hunting, Frank.



1/2 Mile South of Royston
Phone 338-1323

DINE BY THE SEA!

...just 5 miles south of Courtenay on the Island Highway.

REMEMBER...It's not too soon to plan your upcoming Christmas party. Our Banquet facilities are available for luncheons, dinners, parties or conferences.

Contact our Banquet Manager for details.

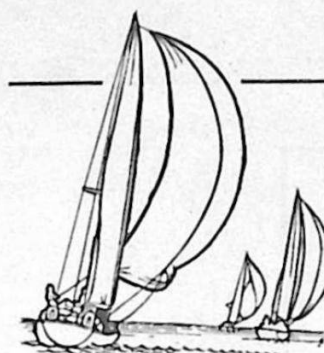


Entertainment:

THURSDAY, FRIDAY AND SATURDAY
PHIL BROWN & his NASHVILLE BAND
Sunday Jam featuring PHIL & THE KINGFISHER BAND
COME ON OUT AND JOIN US!

EVERY FRIDAY NIGHT: OUR SPECIAL SEAFOOD MENU
Includes salad bar and desserts..... \$13.95
SUNDAY BUFFET BRUNCH: all you can eat from our tasty selection of breakfast & lunch items.....\$7.85
JOIN US TUESDAY TO SUNDAY FOR LUNCH OR DINNER.....
Great Food! Good Prices! Million-Dollar View!

SPORTS & RECREATION

SAILING
SPLATTER

Now that summer is all but over and we are back into spring, it's time to once again ponder the upcoming sailing season. But not before an update on the last CFSA function of the 1987 season.

This past weekend, ten hearty souls spent three days on the water in search of that final sailing thrill of 1987. And with one minor exception, mother nature did not disappoint! Rumours abounded all week surrounding the impending addition to the Thain Stag Cruise. Suffice to say that a "Small" conspiracy involving a labour-inducing drug failed to materialize.

Ayorama, Night Moves and LaLage departed somewhere close to on-time last Friday headed for Powell River. After we were all rafted safely together, there was some commentary about this cruise's lack of resemblance to the 'Lasquetti Scatter' which unfolded earlier this year. And in the final analysis, it would appear that the sole reason for the cruise was to see if one participant could in fact escape paying moorage for the umpteenth time.

A few of the younger participants brushed elbows with the likes of Farley Mowatt, Billy Crystal, Brian Bosworth, David Byrne and other favourites during a round of celebrity watch at the Westview. And one of the masters entries in this year's cruise voiced of stomach troubles after 'gourmet' escargots and (there's that word again) umpteenth beer.

Saturday morning held promise as the best wind of the year as we set out from Powell River. Certainly SE18G26 is nothing to sneeze at but skate we did, all the way to the north end of Thulin Passage at record speeds in excess of six knots. And after rounding Sarah Point in search of Tenedos

Bay, LaLage served her crew well providing ample opportunity for excellent action photography, some of which you'll see in later editions. Before changing foresails in search of something sane, LaLage achieved hull speed on several consecutive 'scream' reaches providing her winches with a much-deserved rinse. For those who are interested, hull speed was calculated at 7.1 knots. After a couple of precarious perches over the gunwhale, we all decided that LaLage's keel does indeed deserve a good scrubbing and paint.

Sunday's sail proved as invigorating as the previous day's. But has anyone seen Ayorama or Night Moves? We scoured the horizon from the Spit, Point Holmes and Kye Bay after tying up alongside at 1700, yet failed to discover any visual trace of either boat even through 9x binoculars.

Suffice to say, a fine time was had by all concerned who are anxiously anticipating the next occasion. Any excuse to go sailing!

The cruise really doesn't close out the 1987 season as Dinghy racing is still a weekly event held Wednesday evenings at 1800. Last Wednesday the battle raged despite extremely light winds and an ebbing tide. The previous week yielded much the same conditions with crews battling it out for every inch of advantage.

With the consistently promising turnout, the Fall Series promises to be a closely fought challenge. The other event forthcoming is the Annual Singlehanded keelboat race on 10 Oct.

Now that Spring winds and weather are upon us, it behooves all sailors to take the plunge once again. PER ARDUA AD HYDOR!

ON THE ROCKS

"A SKYDIVING EXTRAVAGANZA"



Up here in Wonderland

"Glacier ground, this is Glacier air, do you copy, over?" "Roger, Glacier air, have you in sight, target marked, ground winds zero, over." "Glacier ground, I copy, ten minutes to arrival, out."

The 172 Cessna climbed steadily to altitude, pilot Pedro Parent's steely eyes searching the horizon. The scenario was set, the "Vives" were good, the planning meticulous.

Meanwhile, the thirsty groundcrew anxiously listened for the drone of the aircraft's engine, anticipating the first sport parachute landing on the Glacier.

Thus, at eight thousand feet, twelve frosty "glacier nectar" were static lined out.

"I see the beer! It's headed for a crevasse!" cried a distraught Mark Laroche as he charged across the frozen tundra. The precious cargo landing just short, whew! Close one! The beer gods must have been smiling...

Jump run ten thousand feet, Pedro levels out, cut- Smoke on! Thumbs up, and another flawless exit by Clive Webb...

Watching his free fall from the ground, Debra Burns and Ron Ayotte prepare their wind indicators, while the rest imitate Japanese tourists with their cameras.

The canopy deploys smoothly, Clive is treated to a spectacular sight most of us will never see. The Red Pillar, the Moving Glacier, green iced lakes, and endless mountains stretching over the horizon.

Touchdown! At 11:54 a.m. on Aug 29, 1987 Clive Webb becomes the first skydiver to land on the Comox Glacier.

Later, sitting up on top by the surveyor's marker, the tired, but exhilarated climbers sipped on the cold suds and recapped the day's events. It had been a tough climb for the group, carrying three day's supplies under the hot August sun had all but exhausted us. Ron (I need more water!) swore he'd never go again. Bruce Macechearn, our self-appointed photographer seemed like a child in a candy store. Bob Gauvin lay peacefully gazing out over the Valley, his sunburnt lips cracked a smile. This is paradise at its best, the ultimate high, now if only we didn't have to hike back down...

SUPPORT OUR ADVERTISERS

West Restaurant
Opposite Lewis Park
498 ISLAND HWY., 334-4401
Excellent Dining • Steak & Cordon Bleu Specials
\$6⁹⁵ — \$8⁹⁵

Everything for your dining pleasure

Pewter Room Restaurant

EUROPEAN CUISINE

FRIENDLY SERVICE

Buckle Up BC!

...non-belted occupants have been killed in crashes at speeds as low as 19 km/h.

NEXT DEADLINE — OCTOBER 5TH

AROUND THE BASE

We Done Good



FRONT ROW

Left to Right
Capt McArthur
WO Christensen
Col Gibbon
LCol Rogers
Mr. Moroz

CD1
CD2
BComd
CD1
25 Year Plaque

REAR ROW

Left to Right
WO Baiden
MCpl Wybenga
MCpl Russell
WO Whitehead
Sgt Maddex
MCpl Shentaler
Cpl Roy

CD1
CD1
CD1
CD1
CD1
CD1
Good Show



740 Communications Squadron

It's time once again to gather up all the little notes I've accumulated over the past couple of weeks and attempt to make an article out of a bunch of jibberish.

Capt Peturson returned from a swan in Hamilton for a minute or two then departed for some leave. Returned a couple of weeks later for a day or two then left for another swan in Winnipeg. One of the only methods for the members of the Det to learn that summer has arrived is to check the Det Comd's office if it is empty for long periods it is either July or August. Nice to see you again, Sir.

Not to be outdone by the Det Comd., Serge returns from picking up his family in Ottawa, (yes he finally made it to number one on the PMQ list) in time to head out for his Custodian Indoctrination course in Esquimalt. We hear that he thoroughly enjoyed the accommodations, where else can

you have a room with 11 other fellows.

Jeff took leave to do housework and watch Kyle while Wenda was in the hospital giving birth to their second son. Jodi Ryan was born 23 Aug at 0743 and weighed in at 6 lb 15 oz. Rumours have it that his opinion of how hard his wife worked around the house, has changed drastically. You sure looked good with those clothes pins in your mouth.

Since Jodi was over a week late arriving, Steve won the pool hands down, he even collected the money 6 days before the big day. He still hasn't bought the beer he promised.

Speaking of not buying, Cheryl has yet to get around to delivering the flowers for Wenda. Just hang on for a while longer and you can give them to Jodi's date on prom night. Our resident road runner has finally surpassed the 2000 km

mark for his first seal of aerobic award. How many times do you have to run back and forth to work to get 2000 km.

7 members of the Det had a short Labour Day weekend as they had to head to Nanaimo on Monday night to join members from the Dets in Chilliwack, Baldy Hughes, Kamloops, Vancouver and Holberg for the change of command parade. Things didn't get started too well as one person forgot to bring his tie and had to make a quick trip back to fetch it. No names mentioned, Al, but let us know when you go to claims to try to explain why Nanaimo moved over 200km this weekend.

Heard Jeff is still trying to come up with valid reasons to tell his wife why he could not get out of going to Edmonton for exercise Round-Up especially after the Det Comd and Cheryl so graciously bowed out. That is what you get for going on leave.

LOCAL WATERCOLOURS BY

BRIAN W. BANKS

2935 Back Road
VIEWING BY APPOINTMENT

PHONE: 338-8899



BRIAN
HORLEY



TERRY-ANN
STOWELL



TIM
KENNELLY

UNTIL SEPTEMBER 30TH, 1987 WE CAN OFFER
YOU FINANCE RATES AS LOW AS 3.9% OAC
FOR 24 MONTHS ON SELECTED FORD AND
MERCURY CARS AND TRUCKS

WE ALSO HAVE SPECIAL LEASE RATES

WITH THE 1988 MODELS COMING NEXT
MONTH, MAKE YOUR BEST DEALS NOW AND
SAVE \$\$ HUNDREDS ON 1987 UNITS

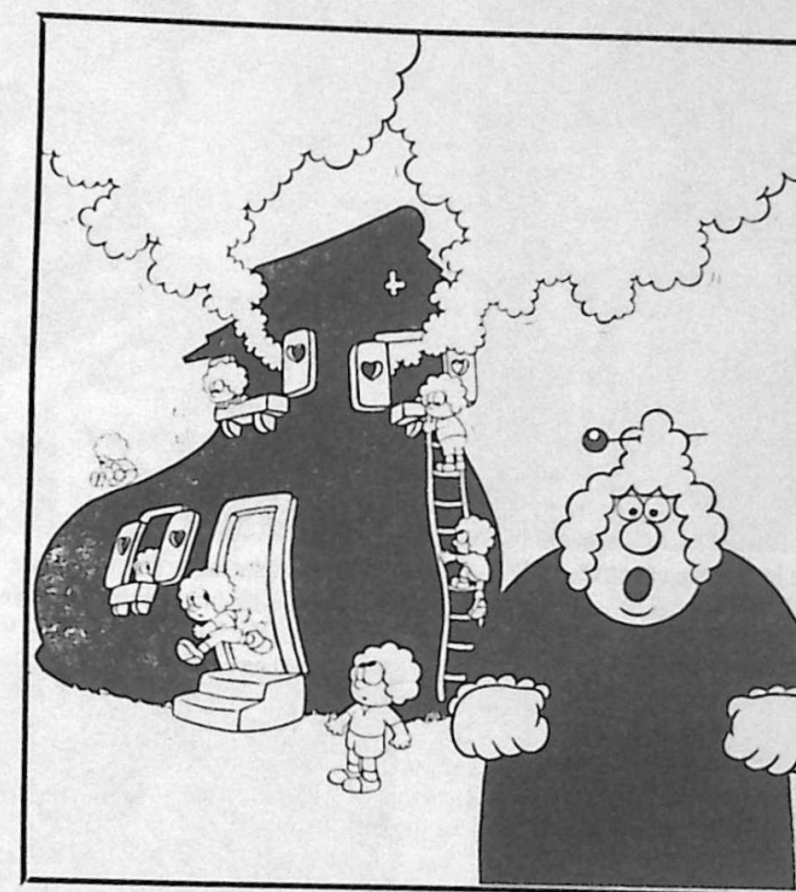
SEE US FOR DETAILS

FORD
MERCURY
COMOX VALLEY FORD SALES
360 Island Highway, Courtenay
(1984) Ltd.
334-3161

Fire Prevention Week

October 4 to 10

PLAY
IT
SAFE



PLAN
YOUR
ESCAPE

ACTIVITIES PLANNED

Fire Prevention week is observed each year during the week of 9 October, which marks the date of the great Chicago fire of 1871. This year, fire prevention week will be from 4 to the 10 of October; the theme for 1987 is "Play it safe - Plan your escape"

4 Oct CFB Comox Fire Dept will have a display set up at Canex from 1300 to 1600 hrs.

5 Oct Fire Dept will be conducting special inspections and fire evacuation drills throughout the base.

6 Oct Fire Dept will be visiting the PMQ school to give a presentation on fire safety in the home.

9 Oct CFB Comox Fire Dept will be sponsoring a 10 km walk/run, starting time 1300 hrs. For more info contact Base Fire Dept 339-8250.

9 Oct CFB Comox and all Comox Valley fire departments will be participating in the National Fire Drill. This drill is sponsored by McDonalds Restaurant and will be held at 1800 hrs. Airport Elementary students will be bringing home the fire escape plan forms from school. We urge that parents help their children draw and practice the fire escape plan.

10 Oct CFB Comox Fire Dept will be hosting an open house from 1300-1600 hrs. Come and enjoy the static displays and tour the fire hall. Refreshments will be served, hope to see you there.

ESCAPE PLANNING

Do you know what to do in case of fire? The right time to plan how to escape a fire is now - before it's too late. This has been prepared so that, wherever you are, at work or at home, you will know how to get out of a fire alive.

FIRE ESCAPE PLANNING AT WORK

Evacuation plans and fire reporting procedures vary for each building. Usually an alarm signals all occupants to leave the building immediately, or to go temporarily to an "area of refuge." Plan NOW what to do...according to posted fire emergency instructions.

If you are trained to use available emergency fire equipment, do so if the fire is still small. But do not take risks or fight a fire alone. Your safety always comes first.

No two buildings or fires are every exactly alike...You must use judgement when a fire occurs.

Mobility-impaired occupants who require assistance in evacuation are responsible for advising their MONITORS of the extent of the assistance required and should participate in "DRY-RUN" practices.

ASK YOURSELF THE FOLLOWING QUESTIONS:

- *Where is the nearest fire extinguisher?
- *Where is the nearest fire alarm station?
- *Where are the nearest two exits?
- *Who is your floor fire emergency officer?

If you don't know find out now.
Read your fire orders.
REPORT ALL FIRE HAZARDS.

For more information on fire escape planning at work, contact the Fire Department at 8250.

FIRE ESCAPE PLANNING AT HOME

Instituting a home fire escape plan is one of the most important actions you can take to protect your own life and the lives of others. The Fire Department urges you to develop and practise a fire escape plan for your home.

HOW TO DEVELOP A FIRE ESCAPE PLAN

1. Install smoke detectors on each floor of your home and test them regularly.
2. Draw a floor plan of your home showing all possible exits from each room.
3. Where possible, plan a main exit route and an alternate exit route from each room.
4. Make certain that everyone understands that if they hear the smoke detector, or hear someone shouting "FIRE" they should immediately evacuate the home.
5. Decide on a meeting place outside your home. In case of fire, go to the meeting place. Someone should be sent to phone the fire department.
6. Meet the firefighters when they arrive.
7. Make certain that everyone in your home knows NOT TO RE-ENTER A BURNING BUILDING. Firefighters are properly equipped and trained to perform rescue operations.

ADDITIONAL INFORMATION

*Before opening any door on the way out, feel it. If the door is hot - do not open - use the alternate exit. If windows in the upper storey rooms can't serve as alternate exits, open the window and shout for help.

*A properly installed and maintained smoke detector should provide enough warning to enable you to safely leave your home, even if there is no alternate exit available.

*In a smoke-filled area, the cool air is down low. Practise your escape plan by crawling on your hands and knees.

*If you live in an apartment building, develop your escape plan taking into account fire escape procedures provided by the building management.

*If anyone in your home is unable to evacuate without assistance, assign someone to assist them.

*Make sure your babysitter understands your fire escape plan.

PRACTISE YOUR ESCAPE PLAN

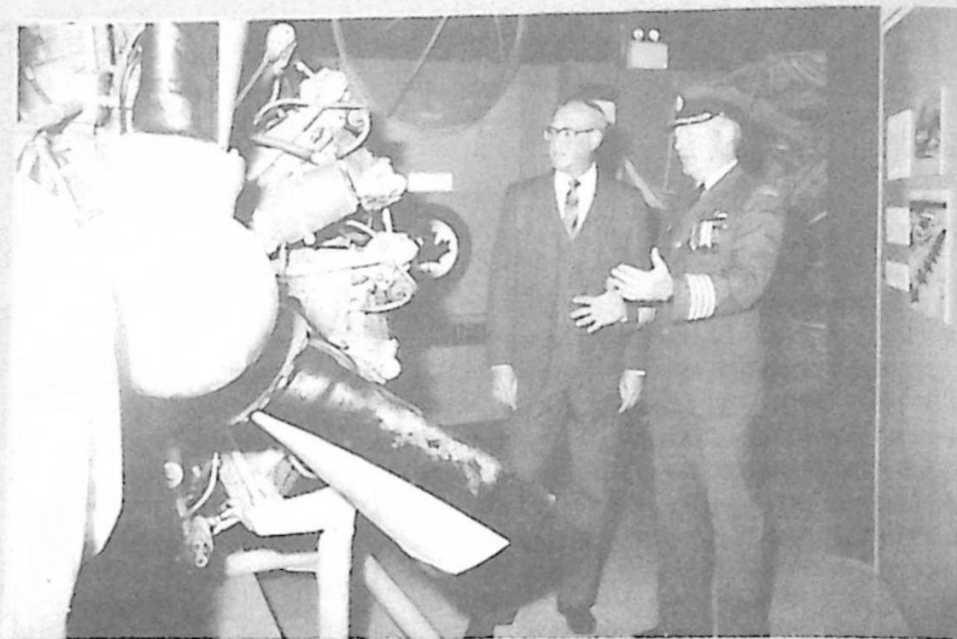
Regular practice is the best way to help prevent PANIC. This is especially true for children. Be sure every family member knows what to do.

For more information on fire escape planning at home, contact your local fire department at 339-8250.

Opening the Museum



The ribbon-cutting officially opening the Comox Air Force Museum on Sept 12, 1987.



Col Gibbon impresses the Honourable Stan Hagen (B.C. Minister for Advanced Education and Job Training) with details of the Argus engine.



Three prospective ATC applicants check out on a 1950s state-of-the-art radio console. AVM Leigh Stevenson was Commander of Western Command of RCAF when CFB Comox was established in 1941.



Proclamation being read by the LtGov of B.C., The Honourable Robert G. Rogers. Also in attendance to his right are: BGEn Patrick (Aircor COS Ops), Maj Thain (Committee Chairman), AVM Stevenson (Guest of Honour), Col Gibbon, Maj Small (EA to LtGov), Mrs. Greene (Curator).

...more 442

CONTINUED FROM PAGE 15

a Virtue. Anyone with a Police Radar Detector they wish to sell please contact...

WO Rick Smith Crew Chief of Three Crew and wife Marilyn who come to us from Cold Lake on a return posting. I guess once you have been here it's hard to keep them away.

WO Dave Paquet MSO and wife Elaine. Dave just changed hats from BAMSO to 442. Congratulations on your promotion to WO, and good luck on your SLC Course.

Sgt Jim Ferris taking over as NCO i/c of Safety Systems and wife Pam from Moose Jaw. Hope you like the winters here. Sgt Jerry Lauzon One Crew NCO and wife Maureen from Cold Lake.

MCpl Joe Branch who comes to us from HT406 Shearwater.

MCpl Duane Forth and wife Ann who are in from Trenton. MCpl Rick Hanes and wife

Kelly from Winnipeg. Congratulations on your promotion.

MCpl Gary Kendell and wife Christina from 450 Sqn Ottawa.

MCpl Adele Meta from Trenton. Congratulations on your promotion.

MCpl Joe Therrien and wife Jacquelyn from 447 Sqn Bagotville. Congratulations on your promotion.

Cpl Joe Aubertin from Shearwater.

Cpl Bill McHarg from 450 Sqn Ottawa.

Cpl Kirk Waugh from 433 Sqn Bagotville.

Pte Aubrey Bergin from Borden.

Pte Shayne Fedosenko from Borden.

Pte Tom Girardin from Borden.

Pte Mike Harding from Borden.

Pte Bill Jones from Borden. Pte Jim Laroque from Borden.

Pte Ron Luczak from Borden.

Pte Cameron Miller from Borden.

Pte Glen Rowlandson from Borden.

Congratulations are in order for previous members for their recent promotions; WO Leo Uhlenberg, Sgt Al Davies, Sgt Mark Antoine, Cpl Dave Devries, Cpl Natalie Corneau, Cpl Raymond Charlebois, Cpl Tim Maher.

442 Sqn Maintainers' "What I did this Summer" contest winner. Cpl Ed Gammon CD1 (Camp drunk first class). It seems that Ed was a one week fishing trip to the Baldy Hughes area complete with all kinds of provisions. Unfortunately he forgot to take along any fishing gear. Next year for

a better fish yield take more gear less beer.

Our Squadron DA custodian Cpl Gilles Philie has returned after a well deserved leave. Do a good check of all our holdings Gilles, that Reunion bunch was buying everything that wasn't bolted down for momentos of a weekend to remember.

Safety Systems wish a fond farewell to their Old (no pun intended) Leader WO Joe McCluskey who can be seen relentlessly walking the streets and back alleys of the local area, and Cpl Lorne Penney who can be readily found on the Glacier Greens Golf Course.

They also wish Cpl Diane Dunham all the best in her upcoming marriage and subsequent life down under as she is defecting to the Lower Half of North America.

Congratulations to Sgts Al

Davies and Mark Antoine who just completed the Awe Inspiring Sgt Seminar Course held under the watchful eye of our very own CWO Doug Ford.

We would all like to say Au Revoir and wish all the best to MCpl Karen Carmody who is leaving the forces for the warmer climes of Kingston, Ontario.

There is absolutely no truth to the rumour that aircraft 304 is going to be turned into a restaurant, MCpl Dick Lathigee our resident yo-yo tech, and his crew are diligently reincarnating her and hope to have her back in the friendly skies shortly.

All the best goes out to Cpl Al Camphuis and wife Christie with the addition to the family of son Jason born 16 Jun 87.

Sgt Dave LePatourel

THURSDAY, SEPTEMBER 24, 1987

THURSDAY, SEPTEMBER 24, 1987

THURSDAY, SEPTEMBER 24, 1987



442 Squadron

OH WHAT A PARTY IT WAS!

It was a warm and bright sun that shone through the ops window that particular Wednesday morning. It appeared to be a normal type of Wednesday morning in One Hangar, until over the horizon there came the low rumble of...Reunion 87! During the next two days tables were unloaded, chairs were unstacked and banners were hung from the rafters with care. And out of the midst of the flurry of activity there stood one man, alone in his quest to ensure that the transformation would take place. Yes folks, Captain John Allott, who had spent a week of sleepless nights wondering about Newton's Law, paced the hangar floor, directing the set-up with concerned anticipation. By the way John, just because you're not paranoid, doesn't mean there's nobody out to get you.

But there was no denying it...Reunion fever was heating up, and the Gala Event, after a year of preparations, was about to take place. There were still many details to finalize, and most of the committee members refused to relinquish their pursuit of the coveted "Headless Chicken" award. But, as one committee head, who shall remain nameless and his initials are Major Drover, was quick to point out, and I quote "whether you're ready or not, it's going to happen anyways," unquote.

As for the Reunion itself...Well I just love it when a plan comes together. All day Friday there was a steady stream of people at the reception tables, to the surprise of no one. Nor was there any surprise at the line that formed up near the bar at 11:59. All through the afternoon and evening, old friends were reunited, hugs and kisses were exchanged, humorous anecdotes were recited and memories were fondly replayed.

As Friday evening progressed, the crowd grew louder and happier. There was something for everyone with sing-along music provided by piano player, Mr. Gordon Bell, and for the sentimental folks, a slideshow of 442 Squadron through the years ran continuously. Then there was the Skit (or should we call it a

Skirt?) provided by a few of the SAR Techs. The somewhat tasteful skit, which emulated some of the early forefathers of the SAR Tech trade, featured the ever-lovely Miss Mark Reeves and the always beautiful Miss Jim Bernard who made the boys of SAR a little envious of her hidden talents.

On Saturday, the Base welcomed the Lieutenant Governor of British Columbia, The Honourable Robert G. Rogers, and Her Honour Mrs. Rogers. In the morning His Honour opened the new Comox Air Force Museum, and then in the afternoon attended the SAR demonstration provided by 442 Squadron. During the afternoon Static displays and Reunion festivities, those in attendance were treated to the delightful sounds of the Air Command Band.

Then came the Big Event. Saturday night's banquet was a real tribute to the organizing committee who made it all happen. The Squadron was honoured to have the Lieutenant Governor and Mr. Rogers as the Guests of Honour. Also in attendance as a special guest was Air Vice Marshal (Ret'd) Leigh Stevenson who was AOC Western Air Command during the Second World War. It was really quite something to see though, as over eight hundred people attended the dinner and dance, with members representing every era of 442 Squadron's 45 year history. From the War-time years through the Auxiliary years, and from the early days of SAR right up to the present day Squadron, the stage was set for a party that displayed all the heritage, the pomp and circumstance, and the emotions of the gathering of a Clan...Airforce.

I know we've talked about the superb work done by those people responsible for the reunion, but there are a few other groups that should be given special thanks for making the night a complete success. First off, to the caterers from the Old House Restaurant who provided an excellent meal and managed to feed over eight hundred people in less than an hour and a half. And next to

Chief Warrant Officer Garbe and the Air Command Band. The Big Band sounds were certainly appropriate for the occasion, and had everyone dancing their feet off right to the end.

On Sunday morning the sun rose much too soon, but it tends to do that on weekends like this. However, one by one the guests arrived for brunch, and were treated to another excellent meal. At 1100 hours 442 Squadron joined by a 100 member Honour Guard, 888 Wing of the RCAFA, Air Cadets and the Air Command Band marched onto the flight line for a Battle of Britain service. Lieutenant Governor Rogers was the Guest of Honour and made the address to the parade. After the parade, a reception was held in the hangar, and it was here that everyone said their farewells and raised their glasses in a final salute to their friends. It was certainly a reunion that will not be soon forgotten.

Until we meet again, keep the blue side up...Snakes Out. co-written by Lt Louise Neil and Capt Terry Strocel

442 SQUADRON SNAKE CHARMERS

Editors Note: Snake charmers fix broken Snakes.

Well the posting season is pretty well over and our ranks

have been swelled by the addition of a lot of new faces. It's too late to say goodbye to most as they have already departed our PIT, however we would like to welcome the following.

Maj Dick Mohns our new Head Snake Charmer and his wife Joyce who joined us from the Netherworld of Postings and Careers in Ottawa.

Lt Kathy O'Brien our new SRO who is crammed full of the latest up-to-date comprehensive knowledge and modern technology to try out on our State of the Art Aircraft and Technicians. Kathy comes to us directly from School in Borden. Remember Patience is

OVER TO PAGE 14



LCol Jay makes presentation to AVM L.F. Stevenson. Photo presentation was a picture taken in 1943 when AVM Stevenson gave a last minute pep-talk to members of No. 14 (F) Squadron as they were leaving for the Aleutians.



12 former Commanding Officers gathered at 442 Reunion.

AROUND THE BASE



Origins of the Species

John Bradley

THE RCAF 1924 - 1927

Due to problems with the retention of pilots and groundcrew, a decision was made to reorganize the Canadian Air Force into a permanent organization. The transition stage was to be from April 1922 to March 1924. On 1 April 1924, the Royal Canadian Air Force was born as Canada's fifth recognized air force.

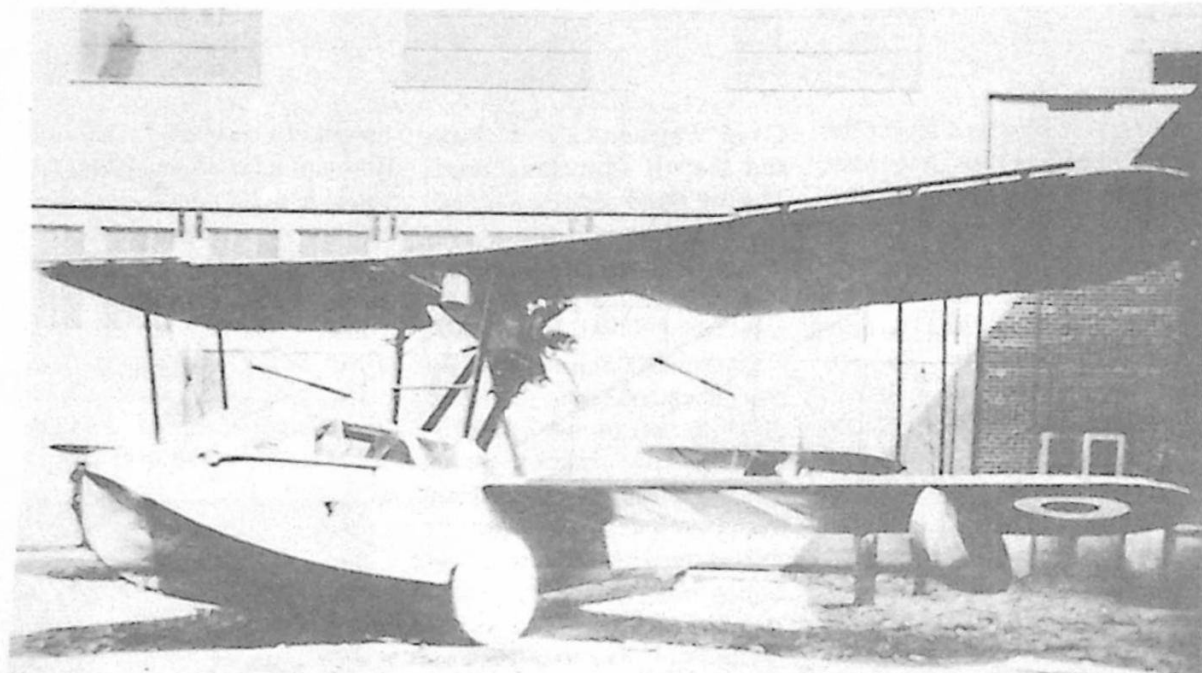
The RCAF was organized into three components which were: Permanent Active Air Force, Non-Permanent Active Air Force, and Reserve Air Force. The RCAF was tasked with mostly non-military duties such as transport of VIPs, establishing air mail routes, patrolling fisheries and forests, carrying treaty money to native peoples, and photographing many parts of the country.

After having been in existence for over a year, the RCAF was finally authorized by the Privy Council on 19 May 1925, to form service squadrons to fulfill operational requirements. These units were: RCAF Headquarters, Ottawa; No. 1 Flying Training Station, Camp Borden; No. 1 (Operations) Wing, Winnipeg; No. 1 (Operations) Squadron, Vancouver; No. 2 (Operations) Squadron, High River; No. 3 (Operations) Squadron, Ottawa; and No. 4 (Operations) Squadron, Dartmouth. Though authorized on 19 May, all of these units actually formed on 1 April of that year.

No. 1 (Operations) Wing was formed in Winnipeg and was tasked to support civil government operations over Manitoba, Saskatchewan, and western Ontario. Detachments were sent out to Victoria Beach, Lac du Bonnet, Norway House, and Cormorant Lake. To accomplish its mission the squadron was equipped with Vickers Viking, Avro 552A, Canadian Vickers Vedette, and Canadian Vickers Varuna aircraft.

No. 1 (Operations) Squadron was formed at Jericho Beach in Vancouver and flew mostly fisheries and forestry patrols with the Curtiss HS-2L flying boat. A detachment was, for a short time, deployed out of Casey Cove. The first Commanding Officer was S/L A.E. Godfrey, MC, AFC.

No. 2 (Operations) Squadron was established at High River,



A typical example of the Canadian Vickers Vedette G-CYWI as was used by the RCAF in the early twenties. (Photo M.A.P.).

Alberta and was tasked to conduct forestry patrols over Alberta. This unit also had detachments that were located at Eckville and Pincher Creek. No. 2 Squadron was equipped with DeHavilland D.H.4, Avro 552A, Avro 504N and Avro Whitworth Siskin III aircraft to complete their mission.

No. 3 (Operations) Squadron was formed at Rockcliffe, Ontario and was to fly forestry patrols over Ontario and Quebec and was also tasked to test and develop photographic equipment and new aircraft. This squadron was equipped with Curtiss HS-21, Vickers Viking, Canadian Vickers Varuna, Canadian Vickers Vedette, and Avro 552A aircraft. They too operated a detachment which was located at Shirley's Bay just outside of Ottawa.

The final squadron was No. 4 (Operations) and was formed at Dartmouth, Nova Scotia and was formed to fly customs patrols on the East Coast. They were equipped with the Curtiss HS-2L and Canadian Vickers Varuna aircraft and unlike the other units, did not deploy any aircraft on detachments.

During 1927, a large number of people in positions of authority began to oppose the fact that the RCAF was engaged in civil operations. As a result a new organization was formed called the Directorate of Civil Government Air Operations or DCGAO. This was formed on 1 July 1927. Their job was to control and administer all operations conducted by state owned aircraft.

other than on bona fide military operations, and to administer and control all units of the RCAF that would be placed under its control. As the new directorate was a supposed civilian organization, although entirely commanded, manned and operated by RCAF personnel, it was

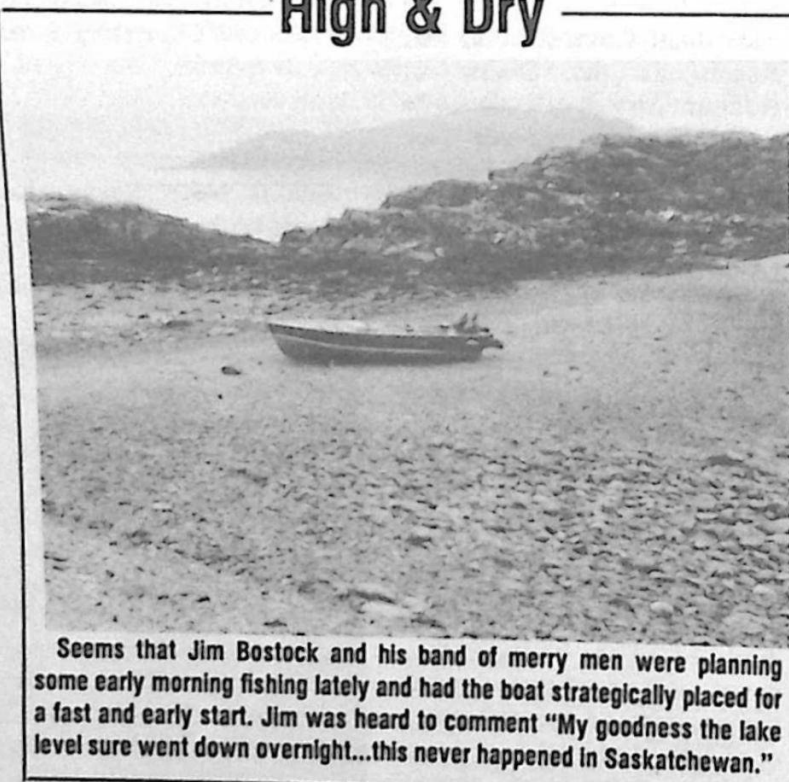
organized into air stations with special detachments. All of the RCAF's operational flying units were transferred to DCGAO with the result that on that date, 1 July 1927, all of the service designations disappeared.

With the transfer of the operational units to DCGAO,

the RCAF establishment was now reduced to the following units: RCAF Headquarters, Ottawa; RCAF Station Camp Borden for landplane training; No. 1 (Ab Initio Training) Squadron; No. 2 (Advanced Training) Squadron; No. 3 (Service) Squadron which consisted of "A" Flight (Fighter), "B" Flight (Army Co-operation), and "C" Flight (Communications); RCAF Station Vancouver for seaplane training; No. 4 (Training) Squadron, and No. 5 (Service) Squadron. In spite of the apparent size of the RCAF as of 1 July 1927, it was in fact a paper air force that lacked any effective teeth due to insufficient funds, personnel, and equipment.

In spite of the initial problems that plagued the RCAF after the formation of the DCGAO, because it must not be forgotten that all the aircraft and personnel were on secondment from the Air Force, the RCAF actually began to see a slow but steady increase in money and personnel. This temporary euphoria was to be short lived as the Great Depression was soon to hit and by 1932, shortages would be once again the bane of the RCAF and the entire military for that matter.

High & Dry



Seems that Jim Bostock and his band of merry men were planning some early morning fishing lately and had the boat strategically placed for a fast and early start. Jim was heard to comment "My goodness the lake level sure went down overnight...this never happened in Saskatchewan."

FIRE PREVENTION WEEK

10 KM PARTICIPATION WALK/RUN
Friday, October 9, 1300 hrs.

START/FINISH: Base Fire Hall
ROUTE: Within Base confines
AWARDS: All participants will receive ribbons. Those running will be competing for medals in the following divisions: Male and Female-29 and under, 30-39, 40 and over.
REGISTRATION: Notify Fire Hall, local 8250, prior to 2 Oct 87. Please specify if walking or running.
Refreshments will be available during and after the Walk/Run.

RE/MAX REALTORS

TOM PROCTER
EX-RCAF-CAF

Welcomes clients and invites them to contact him at

RE/MAX OCEAN PACIFIC REALTY
282 ANDERTON ROAD
COMOX

OFFICE 339-2021 RESIDENCE 339-2668

AROUND THE BASE



Legion Log

Entertainment

BRANCH 17 - COURTENAY

Fri & Sat 25 & 26 Sep
Sat 26
Dance to VARIETY
"Downhomers Nite" Dance Free
Corned Beef & Cabbage 8 - 9 Only \$2
Relaxed Dress - clean jeans

Fri & Sat 2 & 3 Oct
Sat 3 Oct
Dance to MILLER TIME
Annual Golf (Fun) Tournament & Banquet
Contact Lloyd 334-2032 or Office 334-4322

Fri & Sat 9 & 10 Oct
Dance to WESTWIND
*** Regular Activities ***

BINGOS - Mon, Thur, Fri, Sun at 7 p.m.

MONDAY Fun Euchre
TUESDAY Pub Darts
WEDNESDAY League Darts
THURSDAY Fun Darts
FRIDAY TGIF & Money Draw at 6:30
SATURDAY Fun Bridge at 12:30
Fun Darts at 1 p.m.

SUPER MEAT DRAW EVERY FRIDAY 5:30 - 7:30

MORE PLAYERS WELCOME

Phone 334-4322 (days) for more information.
NEW SUNDAY HOURS... 11 a.m. to 7 p.m.
(reduced prices 11 - 4)

**Dress Code in effect 8 PM Fri. & Sat.
(NO JEANS OR T-SHIRTS)

BRANCH 160 - COMOX

New Hours
SUNDAY HOURS: 11:00 a.m. to 6:00 p.m.

ENTERTAINMENT

Sep 25 & 26
Oct 2 & 3
Oct 9 & 10
Oct 16 & 17
Oct 23 & 24
Oct 30 & 31

Music by PRIME TIME
Music by WESTWIND
Music by (to be advised)
Music by MONTANA MOON
Music by MILLERTIME
Music by ALLEYCATS

REGULAR ACTIVITIES

MONDAYS L.A. Drop-In Bingo - 7 p.m.
Men's Dart League - Navy Room - 7:30 p.m.

TUESDAYS Mixed Dart League (start up Sept 15 - 7:30 p.m.)
Upper Hall

WEDNESDAYS Navy League Drop-In Bingo - 7 PM
THURSDAYS 1st Branch Executive Meeting - 8:30 p.m.
L.A. Executive Meeting as required.
2nd L.A. General Meeting, Upper Hall, 8 p.m.
3rd Branch General Meeting, Upper Hall, 8 p.m.

FRIDAYS Meat Draws: 2 - 6 p.m. Dance (Normally downstairs unless advised)

SATURDAYS Meat Draws: 2 - 6 p.m. Dance, (Normally downstairs unless advised)

*** SPECIAL EVENTS ***

"Note: Sat Oct 31 is HALLOWEEN"

SATURDAY, OCTOBER 10

ANNUAL VETERAN'S DINNER. Upper Hall. 6:30 p.m. All Branch veterans of WW I, WW II, and Korea. Tickets \$5 per person, available now at office and bar. Our seating capacity limited to 160. Tickets will be sold on a first come, first served basis. Get yours early to avoid disappointment.

Westwind

JAMMIN' AT "THE MEX" SATURDAY 2:30 - 6:30



Let's Talk

CAN YOU WALK TOGETHER?

"I certainly don't agree with that." I can not agree with you on that idea. "We haven't got an agreement on our contract yet."

I guess you have heard or said these statements before. There are many people today who do not see eye to eye on things with their bosses, neighbours, families and even themselves.

Amos, an Old Testament prophet asked a very important question. The question is, "Can two walk together, except they be agree?" (Amos 3:3) No matter where we turn today, we see evidence of disagreements: labour disputes, strikes, in the House of Commons, in the House of Assembly, in churches, between neighbours and even within families.

There is a saying, 'We agree to disagree.' But sad to say, our disagreements cause much pain, hardship and even separation. The word, 'agree' or 'agreed' means 'sound together' or agree in sound. For instance, when a band or an orchestra plays a piece of music, what we hear is an agreement of sounds or harmony. To have discords would mean that someone is playing notes that are not blending or agreeing.

When we look at our world today we not only hear but we see much discord. Discord between countries, rulers, neighbours, and in the heart of the land, the home.

In our schools, and churches today, we have trained counsellors to help students or anyone who seems to be having problems in coping with their world. There are lawyers, judges, magistrates, marriage counsellors, and many others who are trained to bring peace to a troubled mind.

In many a home today, instead of a playground you will find a battleground. Mom, Dad, and the children are at war with each other, and the weapons of words seem to cut right deep down in the heart of everyone. There are many things that are said or done that are tearing apart the moral fibre of our society.

It is cruel when you see children against parents, parents against children, Wives against Husbands, and vice versa. A young teenager said to me some years ago, you know Sir, there is no love in our

home, just pure Hell. Whenever I come in the house, Mom and Dad are always at each other's throats.

Take a look at the breakup of homes today. It staggers the mind. Sometimes, less than 2 years after the clicking of the dishes, there comes the noise of battle. Communication has broken down and fighting has been declared.

I have a book in my library called, "The Family." It is a collection of letters published by the Royal Bank of Canada

in 1973. It states that the Family is:

1. The Cradle of Culture
2. The Strength of the Nation

3. The Stronghold of Civilization

Need I say more, when we look at our Society today.

A Report from the Royal Commission on the Status of Women in Canada tabled a booklet entitled, "What's in it?" states, that marriage and the Family persists as a valid

CONTINUED ON PAGE 25

NORTH ISLAND COLLEGE

REGISTER NOW

FALL 1987 CATALOGUE NOW AVAILABLE.

COMOX VALLEY CENTRE
407 5TH STREET, COURTENAY PH. 338 7291

WOs & Sgts Mess

Wednesday Mornings at 1000 hrs. "FREE" Coffee & sticky buns in the Mess Lounge.

OCTOBER 1987

OCTOBER 16
MIXED GAMES NIGHT
Food - 1800 hours
D.J.

Prizes - No skill required
Anyone can win
Games start at 1900 hrs

SNOOKER TOURNAMENT
Watch for announcements as to dates

OCTOBER 30
HALLOWEEN DANCE
Food - D.J.
Costume Prizes
Time: 2000 Dance: 2100

Wives Club meetings every 2nd Monday of the month.
Wives Club Executive Meetings last Sunday of the month.
Don't forget to sign up for the Sunday afternoon Mixed Dart League in the Mess. Start date is Oct 4 - 1330 hrs.

AROUND THE BASE



From The Fire Chief's Office

CREOSOTE AND CHIMNEY FIRES

Thousands of chimney fires each year can be attributed to a buildup of creosote. This can appear as an oily liquid or small shiny flakes clinging to the inside of the chimney. The brownish-black creosote is really a by-product of incomplete combustion.

Creosote may ignite during a very hot fire, according to Toronto engineer Ermo Kulmar.

"You may be burning Christmas branches or paper, which could set off a chimney fire," he explains. "A crackling sound may be heard at the beginning which would develop into a heavy roar. If the chimney is a stovepipe, it may glow redhot and shake. The fire could be so intense, as to crack a chimney and sparks from the chimney could start a roof on fire." Mr. Kulmar suggests that fireplace owners wanting to reduce the chance of a fire follow these tips:

- *When buying an airtight stove or fireplace insert, make sure it is the proper size and CSA certified. Follow the manufacturers instructions and make sure you adhere to the minimum installation clearances.
- *If your home is tightly built, it may be necessary to install an

outside duct which will provide combustion air.

- *Burn small amounts of hardwood (maple, oak) which will last longer and have a higher heating value than softwoods such as spruce and pine. Cracks at the end of an unsplit log indicate it is well-seasoned (6 to 12 months) wood with about 20 to 25 percent moisture content.
- *Don't burn plastic or trash that could provide a sudden intense flame and overheat the system.

- *When you start a fire, warm up the air in the chimney by burning a few crumpled newspapers.
- *When using a stove, maintain a 1 to 2 inch bed of ashes in the stove as a constant source of heat for creating better combustion.

- *Use a mirror and flashlight to check creosote buildup in the chimney. If the chimney liner appears black or coated with creosote, it is time to call a reputable chimney sweep.
- *To control a chimney fire, it helps to be able to cut off the air supply to the stove, and have a fire extinguisher handy.

FIREHALL NEWS

The Fire Hall is busy preparing for Fire Prevention

Week which is held during the 4th to 10th of October. During this period the Fire Department will be holding a 10 Km Participation Walk/Run, fire drills and an open house. The 10 km walk/run will be held on Friday October 9, 1300 hrs. Refreshments will be available at the half way point and at the Fire Hall. Registration for this event is prior to 2 October 87. More information may be obtained by contacting Sgt Kuyper or MCpl Reid at local 8552.

Parents are also encouraged to participate in helping their children fill out Home Escape Plans which will be handed out at school.

The Fire Department will also be participating with MacDonalds who sponsor the Get Out Alive Program.

The Base Fire Hall would like to extend a warm welcome to the following firefighters who have joined the hall this summer along with their wives.

Cliff and Jacki Fuller from Holberg.

Mike and Karen Damien from Moose Jaw.

Gary and Judy Beazley from Baden.

Rick and Christine Crooks from Lahr.

Harry and Kelly Laidlaw from London, Ont.

Al McPherson from Halifax.

Kelly Smith from Winnipeg.
Roy Summers from Esquimalt.

Dennis Bertrand from Borden.

Jim and Shannon Agesen from Borden.

Congratulations go out to Ron Oakley on his recent promotion to WO and to Rick Crooks on his promotion to MCpl.

Ron and Dorothy Oakley are posted this month. At this time I am supposed to say something humorous about their posting, but I can't think of anything funny about a transfer from Comox to Edmonton. Good Luck and all the

best from the Fire Hall.

Charlie Dunn recently spent 2 weeks in Alert on TD. Mike Damien will be going to Alert in October for a 2 week period.

Rick Manczuk and Greg Labonte are on their TQ5 Firefighting course in Borden.

The Fire Hall had their annual summer meet and greet family day in August and I would like to thank all those who participated in making this event a great success. I would also like to take this opportunity to thank Rolly Todorovich of North Island Sandblasting for his donation towards the children's prizes.

SEE YOU AT THE LEeward!

THE LEeward NEIGHBOURHOOD PUB & BREWERY

PUB HOURS:
Monday to Thursday 11:00 a.m. to 1:00 a.m.
Friday and Saturday 11:00 a.m. to 1:30 a.m.
Sunday 11 am - 12:30 am

good food!
KITCHEN HOURS 11AM - 10PM

good times!

- *country cooking
- *rural hospitality
- *reasonable prices
- *clean air system
- *brewing our own natural Leeward lager

649 ANDERTON RD., COMOX 339-5400

SUPPORT OUR ADVERTISERS

Retirin'



BTSO Retirement Presentation: Mr. Orin Martin, an estimator/inspector in the Construction Engineering section, received retirement congratulations from LCol Mack, our BTSO. Mr. Martin has worked on this base since it opened in the early 1950s. (Base Photo).

FIGHT AIR POLLUTION

CANADA TRUST

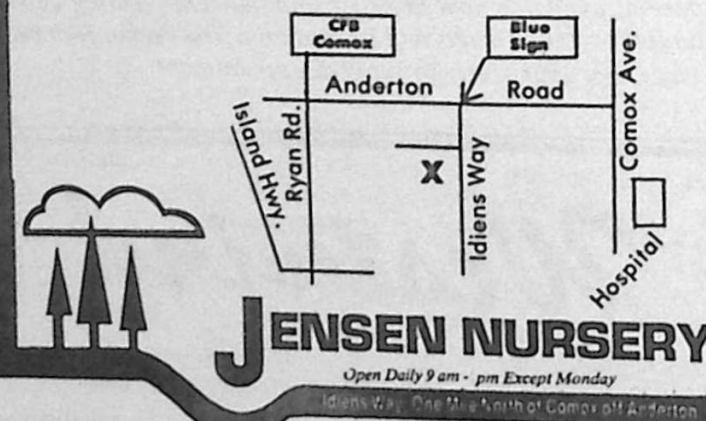


If you have any questions on BUYING, SELLING or FINANCING in real estate contact

MEL FERRABY
BUS 338-7777 RES 339-4692

COMOX VALLEY REALTY
333-5th St. Courtenay

We Have Over
20,000
ORNAMENTAL TREES & SHRUBS
Ready for Sale - From \$2.49 to \$289.00



HOME & FAMILY

Chapel Chimes

OUR LADY OF THE SACRED HEART CHAPEL (RC)
BASE CHAPLAIN (RC) - Maj J.G.A. Veilleux
CHAPEL - Our Lady of the Sacred Heart (on Base).
OFFICE - Headquarters, Bldg. 45, Room 48, Telephone 8274.

MASS SCHEDULE:
Saturday 1900 hours
Sunday 1000 hours
Week Days 0900 hours

BAPTISMS & MARRIAGES - By appointment - notice well in advance please.

CATHOLIC WOMENS' LEAGUE - Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. President: Mrs. Mary-Anne Stagg, Telephone 338-6214.

CATECHISM CLASSES - September - May in the PMQ School at 1830 hrs, every Wednesday. Religious Education Coordinator: Mrs. Fred Chiasson, Telephone 339-6488.

ST. MICHAELS AND ALL ANGELS PROTESTANT CHAPEL

BASE CHAPLAIN (P) - Maj G.A. Milne
CHAPEL - St. Michael & All Angels, Wallace Gardens, Bldg 88

OFFICE - Headquarters, Bldg. 45, Room 48, Telephone 8273.

SUNDAY WORSHIP - Each Sunday - 1100 hours.

HOLY COMMUNION - First Sunday of the month.

SUNDAY SCHOOL - 0945 - 1045 hrs, pre-school at 1100 hrs.. For further information contact Superintendent Mrs. Pam Hart, Telephone 339-4133.

JUNIOR CHOIR - Practices 1530 hrs. - Thursdays at the Chapel. (Start in September)

SENIOR CHOIR - Practices 1830 hrs. - Tuesdays at 612 Pritchard Rd., Comox.

CHAPEL GUILD - First Thursday of every month at 2000 hrs in the Chapel Annex. President:

Telephone: Margaret Campbell 338-1084

Officers Mess

Sept 25 - MONSTER MIXED TGIF MEET & GREET NEW BASE PERSONNEL

THURSDAY OCTOBER 1
RETIREMENT MESS DINNER

FRIDAYS OCTOBER 2, 9, 16, 23, 30

REGULAR TGIFs Food as indicated 1700-1800 hrs. Free taxi. Ask at Bar.

WEDNESDAYS OCTOBER 7, 14, 21, 28

OFFICERS' COFFEE HOUR: Coffee will be served in the Lounge at 1000 hrs. Dress will be dress of the day. All officers are invited to attend.

WEDNESDAYS OCTOBER 14, 28
OWC BRIDGE CLUB
SATURDAY OCTOBER 17

OKTOBERFEST: The bar will open at 1800 hrs with 4 kegs of beer available. A Bavarian buffet 1900-2130 hrs. Mugs and hats will be supplied free at the door. Dance to The Bavarians music from 2000 - 0100 hrs.

Dress: Casual or Bavarian style
Cost per couple: Members \$15 - Limited Associates & Guests - \$20

WEDNESDAY OCTOBER 21
OWC ITALIAN-GREEK DINING-IN with Italian theme, Italian singer and music. The evening of entertainment will be followed by a microwave cooking demo.

COMING EVENTS FOR NOVEMBER
Date TBA - MEDIEVAL NIGHT
29 - GREY CUP

"cook your own" BBQ has been discontinued until spring.



About The House with Lorry

Once again the children are at school, fall is here and finally schedules are returning to normal. The same problem with snack time is back too. I hope you like this old fashioned cookie recipe, the family likes them and they keep very well but never last long enough for me to find out how long. My family likes to have a hot pudding in the months when things are damp and cool and so here is really an oldie that I'm sure you'll find quick to make and very tasty.

SOUR CREAM COOKIES

INGREDIENTS

1/2 C raisins (dark)
1/4 C shortening
1/4 C butter
1 C packed brown sugar
1 egg
1/2 tsp vanilla
1/4 tsp nutmeg
1/2 C sour cream
2 1/4 C all purpose flour
1 tsp baking soda
1/2 tsp cream of tartar
1/2 tsp salt

UTENSILS

2 cookie sheets
large bowl
measuring utensils
fork and spoon
rolling pin

METHOD

Preheat oven to 350°. Pour boiling water over the raisins to plump them up; drain and let dry. Cream together the

shortening, butter and brown sugar, beat in the egg, then add the vanilla and nutmeg. Now stir in the sour cream. In another bowl mix together all the dry ingredients. Add this mixture to the butter mixture a bit at a time mixing well. When everything is well mixed toss in the raisins and mix them throughout the dough. (I sometimes add in walnuts, or jewelled fruit mix). The dough is sometimes a bit too soft to roll out so it can be chilled for a few minutes in the fridge. Turn out the dough on a lightly floured board and roll out to 1/2 inch thickness and cut with a large round cookie cutter. Place on a lightly greased baking sheet and bake away for about 10 or 12 minutes or until lightly browned. If you like a sweeter cookie you can sprinkle this with granulated sugar prior to baking but I find they are just sweet enough without adding any more.

TORY PUDDING WITH LIBERAL SAUCE

This is a very old recipe, and I have seen it in many cook books under many different names and versions but this one is about the best. It really sticks to the ribs and the kids love the big dark raisins. This particular recipe is from a collection from the Canadian Living magazine where they researched old Canadian recipes and their origin. This

one is called as it is because half the family like the sauce and the other half the pudding, so you have your family decide which they like best. This recipe is from about 1750 according to the family that had submitted this for inclusion in the family favourite edition.

INGREDIENTS

1 C brown sugar
2 C boiling water
1 T butter
1/4 tsp nutmeg
1 C all purpose flour
pinch salt
2 tsp baking powder
1/2 C brown sugar
1 C dark raisins (stingy - I use 1 1/4)
1/2 C milk

UTENSILS

6 C buttered casserole (oven proof)
forks and spoons
measuring utensils

METHOD

Preheat oven to 350°. In the casserole combine the 1 C brown sugar, boiling water, butter and nutmeg. Combine flour, salt, baking powder, and 1/2 C brown sugar; add the raisins, stir in the milk and mix well. Drop this by tablespoonful into the water mixture. Bake in the oven until golden in colour, about 30 minutes. This makes about 6 good sized servings. It can also be served with a scoop of ice cream.

Ski the Great White West

Despite the sunny weather and beautiful temperatures Comox has been experiencing, it should be kept in mind the SKI season is only two months away! It's a thought to warm the hearts of all the skiers and in preparation for the upcoming season, the CFB Comox Ski Club is commencing operations with the following slate of events. The dates are tentative so watch for future RO and newspaper entries:

Meet & Greet-Glacier Greens
1900 hrs 8 Oct 87
Ski Swap - 14 Nov 87
Sharpening & Waxing Clinic

19 Nov 87
Ski Day 3-10 Dec 87
Sharpening & Waxing Clinic
14 Jan 88
Whistler Trip 15-19 Feb 88
Regionals TBA
Ski Day/Dinner Dance
Apr 88

As can be seen, the Club is going to be extremely active this year and it is hoped that everyone will join and participate in all of the events. Club fees remain the same as last year with the cost being \$5 for students/TDpersonnel, \$10 single and \$15 family. Memberships can be purchased from any of the club executive (Jim

Kightley, Weiner Lavigne, Merv L'Arrive, Lorraine Arsenault or Pete McAllister) after 1 Oct 87 or at the Season Opening Meet & Greet.

So come on out and join in the fun of skiing. If you don't ski and wish to, come out to the meet and greet or our first ski day and soon you'll be another Steve Podborski or Debbie Haight. And if you're an experienced skier, it's time to start the exercises to get the rust off the body (like Merv is doing) and to start sharpening & honing the skis for another outstanding season. THINK SNOW!!

SAVE ON HOME HEATING OIL WITH CANEX

Here's good news for all authorized members, and those who become members of our Home Heating Oil Plan. During the 1984/85 home heating season - September 1, 1987 to May 31, 1988 you will receive...

2¢ PER LITRE OFF INVOICE
PLUS (AT TIME OF DELIVERY)

5¢ PER LITRE DIVIDEND
(AT END OF HEATING SEASON)

7¢ PER LITRE TOTAL DISCOUNT
(31.82¢ per gallon)

Information on how you can become a member of the Canex Home Heating Oil Plan is available at your Canex outlet, or you may wish to contact your Base Exchange office.

Thanks to you, it's working! By grouping our purchase of Home Heating Oil, Canex can continue to offer you better prices.



LIFESTYLE



TOUGH TRIVIA QUESTIONS ACCOMPANIES CAMPBELL REVIEW

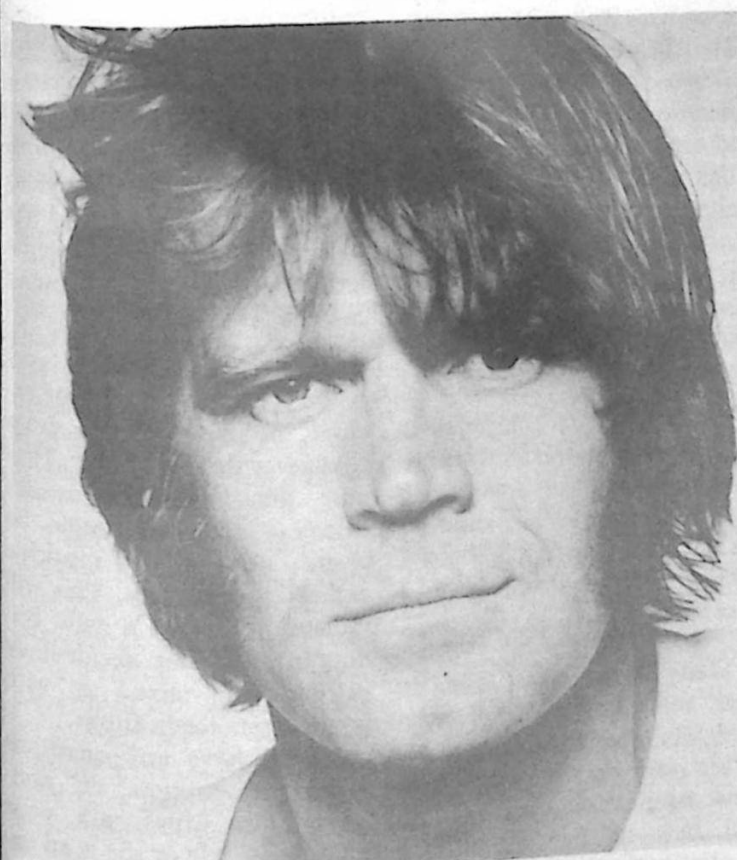
OK, now that I have your attention maybe we can get on with it. Being that I said tough trivia accompanied this review, let's get it out of the way quickly. In 1967, a virtual unknown guitarist recorded a song that went on to become BMI's (Broadcast Music Incorporated - they are one of the licensing organizations that make sure people get their royalties) most performed tune. Who recorded that song? Question No. 2... One of the all-time biggest record sellers was once a member of The Champs (remember Tequila?) Who is it? One of the truly great guitar players and singers of all time once toured as a Beach Boy. Who is it? Now I suppose you want answers.

If you said Glen Campbell for all three of those questions then you are exempt from reading the rest of this column. Yes, it was Glen Campbell who did all of the above. But, rather than dwell on the obscure and let's face it, I only wanted your attention so you would read the rest of this column, let's talk about his latest album.

"Still Within The Sound of My Voice" (MCA-42009) is Campbell like you've never heard him before. Gone are the schmaltzy love songs. In their place are biting ballads with lyrics that grab your ears and run around inside your head. He opens with the Johnny Horton evergreen "I'm A One Woman Man" and carries on through the title track but, it is the Ted Harris opus "The Hand That Rocks The Cradle" that is the outright highlight of this ten song program. Campbell is joined on this track by Steve Wariner and the charts are already ringing with the reflection of sales and airplay from this beauty that is one of the most moving documentaries that Campbell has offered since he broke onto the national scene with "Gentle On My Mind."

Emmylou Harris duets with Glen on the Becky Hobbs/Donn London penned "You Are" which is supposed to be one of the class tracks, but is totally overshadowed by the 'cradle' cut. One of the true class cuts here is Campbell's vocal blending with super-star Willie Nelson on "Leavin's Not The Only Way To Go." Depending on contractual agreements, this is the follow-up release, at least for my ears. Simple guitar breaks and easy to listen to instrumentation accompanies this one.

Campbell is back and at his best.



GLEN CAMPBELL

BATTLE OF BRITAIN WEEK 1987

TO ALL WHO DIED AND TO THOSE WHO SERVED IN CANADA'S 20TH CENTURY WARS. IN MEMORY AND RESPECT



TOM PROCTER
339-2668



SPITFIRE 11A



BOB KOESTER
338-1943

FROM OUR EX SERVICE PERSONNEL AT REMAX



282 Anderson Road
Comox, B.C. V9N 7A1
Office: (604) 339-2021

You may have forgotten what our name means. Let us remind you.



PACIFIC RIM PRESENTS TO YOU

Pacific Rim Leasing Limited has expanded into new car sales and is pleased to extend this new service to our clients and members of your Association. Our sales program offers the opportunity to purchase a new vehicle from a wide range of passenger cars, light trucks and vans by General Motors, Chrysler, Ford, American Motors, Mercedes, BMW, Honda, Volvo, Mazda, Toyota, and more.

Because we order directly to your specifications we are able to command substantial fleet volume discounts resulting in genuine savings. Let us now look forward to serving you when you wish to purchase a new vehicle.

Under our program, we invite you to select a vehicle you would like to purchase. Then call Pacific Rim for an appointment to discover the savings we can offer. We can also assist with financing. All vehicles are serviced according to manufacturers' specifications before delivery and carry full manufacturers' warranties. Extended warranties are also available. We can assist with selling your present vehicle as well. Through our wholesale licence, we can consign it to one of the dealers in our network, or through the Dealers' Auto Auction.

Pacific Rim Leasing Limited has an established reputation, providing lease service and quality pre-owned vehicles to our clientele. We now look forward to serving you when you wish to purchase a new vehicle.

For assistance please call 339-2032 between 9:00 AM and 5:00 PM or leave message after hours. Prices will not be quoted over the telephone.

New Car Dealer Licence No. 7794 Wholesale Licence No. 0295 Bond No. 18 30107

#18-200 Granville Street, Vancouver, British Columbia V6C 1S4

Pacific Rim Leasing and the Royal Bank now offers the Royal Buy Back Car Loan Program. Call us for details.



PLEASE CALL 24 HOURS 339-2032

It means savings! Big savings on your next new purchase from Pacific Rim Leasing Ltd. under your Fleet Purchase Plan.

Diversified Leasing and Sales. Automobiles, Trucks, Holiday Trailers, Motorhomes, Airborne Modules, Aircraft, Pleasure and Commercial Oceanraft.

HEALTH AND WELL BEING

info
health

Dr. Bob Young



AIR EVACUATION

"Bundle him up and fly him out." It sounds easy, but it is often not that simple to transport a patient by air.

Air evacuation has been proven in combat zones, as any MASH fan knows. On civvy street deaths of patients injured in isolated locations have been reduced by about 25 percent when air transport is available and used. While speed is obviously important, other factors may contribute to the decision to use aircraft.

Included are distance from hospital, poor or absent roads, and the lack of specialized medical help or equipment.

Helicopters are ideal for short hops between hospitals, rescuing people from a remote or inaccessible site, and moving patients from hospital to an airport. Choppers cannot be pressurized, a disadvantage at times.

Stabilization of the patient is as important as the flight, and the degree that this can be accomplished depends on the location, medical skills available, and seriousness of the problem.

Flying brings its own factors into the care of the patient. Motion sickness may occur, air temperature may be low, and air at jet levels is very dry. Low pressure causes body gas to expand, causing discomfort in the intestine, sinuses, and ears. The low pressure may affect equipment such as air-filled pneumatic splints, which should be exchanged for wood or metal ones.

Pressure variations are important if an injured diver is being transported, if there has been an eye injury, recent brain surgery, or other conditions.

Supplementary oxygen is often required, depending on the patient's problem. Even the position in the plane is important - lying with the head to the rear can raise the pressure inside the skull during acceleration at take-off, dangerous if there has been a head injury or stroke.

So, add stabilizing the patient, picking the right aircraft, choosing the safest altitude, selecting trained attendants, and preparing the doctors at the destination to "Bundle him up and fly him out."

FREEBIES

Freebies on the job are always nice little perks. One of my minor hobbies is finding new uses for some of the bits and pieces that are used in my office and at the hospital.

Almost everything used in the hospital is disposable, so I look on my activities as giving new life to junk. The choice is between Dr. Bob or the garbage can. In reality a lot of it ends up in the garbage anyway, but gets a short respite cluttering up my workshop.

Tongue-depressors - the "Say Aah" sticks - are great in the garden. I use them to mark rows of newly-planted seeds, as dibblers when transplanting, and in the greenhouse to label flats.

They are great for spreading glue in the workshop, mixing fiberglass resin and stirring small amounts of paint. Their rounded ends are just right for forming a fillet with putty or resin on the inside of a box.

Several hundred pre-surgery hand-scrubbing brushes are tossed away everyday. They have plastic bristles and a foam pad. After a ride in the washing machine and drying they are ideal for painting, varnishing or staining, especially if coupled with disposable plastic examining gloves.

Old syringes, with or without needles, are great oilers of small equipment.

Plastic tubing abounds in hospitals. The right size, cut into inch-long pieces, is great for restraining loops of leader on my fishing lures. Larger flexible hoses used by anaesthetists to connect their gas machines to the patient serve admirably to keep bundles of wires in order - great to clean up the mess behind the stereo.

Connected to a vacuum system they work well as dust collectors for the workshop machinery. I've used the paper bonnets worn during surgery as replacement filter bags for the same vacuum cleaner.

Your GP will probably hate you for it, but if some of these items would be of use to you or she can probably obtain them.

Info/Health is brought to you by the British Columbia Medical Association and the Totem Times.

ASK YOUR
PHARMACIST

by Bill McConnachie, B.Sc. Pharm.

HOUSEHOLD HELPERS MAY BE POISON TO KIDS

Poison is more than a murder weapon in a gripping mystery novel. Many helpful and seemingly harmless household products become dangerous poisons when misused.

Common headache pills, household bleaches and tranquilizers are the three most prevalent child-poisoners in Canada and dozens of other readily available products are close behind.

Anything which can be tasted, sprayed or poured by a curious child should be securely locked away. This includes all kinds of medicines, bleaches, deodorants, paints, nail polish, glue and even perfume.

Children can't read labels and many products look alike to their eyes. They often learn by imitating adult behaviour, but children are unable to tell the difference between paste wax and peanut butter. This inability could have tragic results if such products are left within their reach.

Children are encouraged to take medications to "make you feel better" or "grow up big and strong." We can't expect

them to understand medications should only be used as directed. A child wanting to "feel better" or "grow up strong" may take a medication or something that looks like one. To counter this threat, don't let medications or items which resemble them be within reach of your children at any time. The risk is too great.

Antidotes and poison control centres are the second best solutions to a program of poison prevention in your home. Take a look in your bathroom, kitchen, workshop and laundry room and read the labels on the products you find there.

If any are even remotely dangerous, move them to a secure place. It may be inconvenient to reach to the top cupboard instead of under the sink each time you want detergent or oven cleaner, but think of the consequences.

Your pharmacist can help if you aren't sure about which products around the house are potentially poisonous. Don't take chances if you're not sure. Ask a professional for advice.

UNDERSTANDING YOUR MEDICATIONS

Canadians swallow millions of dollars worth of medications every year. And, the sad fact is, a lot of people don't know what they're taking, how to take it, how it will help them, or even how it may harm them.

The more you know, the healthier you'll be. The key to understanding your medications is communication. When your doctor gives you a prescription, take special note of what he or she tells you. If you forget or want to know more, call your doctor or ask your pharmacist.

tist, ophthalmologist or other specialist - even if it's something as common as aspirin.

If you have children or if they are frequent visitors to your home, keep your medications under lock and key. Every year, more children under the age of five are accidentally poisoned by medications than by anything else. Even medications like aspirin or laxatives that might seem relatively safe for an adult can have serious effects on children.

Safely dispose of old or expired medicines. Many drugs change as they get older. They may get weaker, stronger, discolour or even crumble. So clean out your medicine cabinet occasionally. This will reduce the risk of a child finding them or your accidentally getting them mixed up with your current medications.

Many drugs don't mix. In fact, some drugs may interact and cause adverse reactions. When your doctor prescribes a new medication, you should tell him or her about any medications prescribed by other doctors such as your den-

Safely dispose of old or expired medicines. Many drugs change as they get older. They may get weaker, stronger, discolour or even crumble. So clean out your medicine cabinet occasionally. This will reduce the risk of a child finding them or your accidentally getting them mixed up with your current medications.

If you have any questions about prescription or non-prescription drugs, ask your pharmacist. He or she is an experienced, well-trained medication expert.



HOME & FAMILY

Community News

Hello everyone, for all you new folks welcome to Comox. September is certainly a busy month for us all, especially the Community Association.

We have just had our annual family day on Sept 19 at Airport School. It was a windy day but everyone had a great time. Many thanks to Darlene MacDonald and her committee for a fine job. The Community Assoc. worked very hard to host the dance in the school gym. We were really disappointed at the small turnout but for those of you who couldn't make it, you missed a great party!! We danced till 2 a.m., and everyone is looking forward to the next one.

BEAUTIFUL PMQ CONTEST RESULTS.

The judging for the Beautiful PMQ Contest took place on Thursday, 20 Aug 1987 and the winners are listed on Page 1 of today's paper.

We wish to thank Mr. Gabriel Vanholderbeke of the Comox Flower Pot for doing the judging for this contest. Mr. Vanholderbeke was heard to comment during the judging process that the selection of the winners was not easy due to the number of beautiful, well-kept PMQs that we have.

Your PMQ Association Council also wishes to congratulate not only the winners but all other residents who spent time and effort keeping their PMQ yards in good shape and making them beautiful to look at. We introduced the individual Ward prizes this year to go with the three main prizes and hopefully we will be able to continue them for future contests.

PETS IN PMQS

As everyone is now aware, the new Pet Regulations came into effect at CFB Comox on the 1st of September. PMQ residents are reminded that they have until the end of September to licence their cats and dogs.

There have been a few complaints but overall I think everyone realizes that these regulations are necessary and long overdue. We were one of the only bases that did not have a detailed set of regulations dealing with the licensing and control of cats and dogs. Even the radar stations have regulations.

For those of you who question the need for these

regulations - YES - they were required. Just ask the Base Accommodation Officer, your PMQ Association Council, the Military Police and the others who hear the complaints about pets within PMQs. In addition, PMQ residents should not have to listen to a dog howling or barking because it has been left outside unattended; put up with being woken up in the middle of the night by a cat fight outside their window; watch where

their children play in the playgrounds so they don't get into dog defecation; dodge dog defecation when going for a walk or job around the PMQ area; remove cat defecation from their flower beds when trying to plant flowers to pretty up their PMQ; have a neighbour visited by someone with their dog and have the dog wander into their yard and water the bushes or lawn furniture, etc.

These pet regulations were

required and put into effect for the same reason that any other regulations or laws are - people were doing something wrong and not properly looking after their pets.

Some residents have asked why the licence fee for the cats and dogs are so high. First of all, it isn't that high since the Comox Valley pays \$5 and \$10 compared to our fees of \$15 and \$20. Secondly, the Comox Valley has a municipal government, taxes, etc. to help pay

the costs of their pet control program - WE DON'T. And thirdly, our program is new and we are not sure what the exact costs are going to be nor do we know how much money will be taken in from licence fees and fines. We have to make the program self-supporting as your PMQ Association cannot afford to pick-up the tab.

CONTINUED ON PAGE 26

BLANKET CLASSIFIED ADVERTISING

These Ads appear in the more than 70 Newspapers of the B.C. and Yukon Community Newspapers Association and reach more than 900,000 homes and a potential two million readers.

\$129. for 25 words (\$3. per each additional word) Call The TOTEM TIMES at 339-2541 to place one.

AUTOMOTIVE

Buy/Lease any gas, diesel car or truck, new or used. Direct from volume factory dealer. Call for pre-approved credit. Call collect 464-0271. D5231.

Want a Vehicle? Credit a problem? For fast approval call 1-800-663-6933. F.A.N.T. All makes and models. D8196.

Lease/Buy any Ford truck. Select from six acre stock. Nothing down O.A.C. Call Bill or Ken collect 294-4411. D81805.

New Ford crewcab diesel 4 X 4 or any truck, Lease/Buy, low rates. Nothing down O.A.C. Call Frankie or Ray collect 294-4411. D81805.

Lease/Purchase any Ford Mercury car/truck. "0" \$ down. Low payments O.A.C. Immediate delivery. Toll-free 1-800-663-4966. 8 a.m. to 8 p.m. (D7336).

Jeep Owners. Parts, Accessories for Jeeps 1942 to 1986. Gigantic stock, low prices, quick service. Gemini Sales, 4736 East Hastings, Burnaby, B.C. V5C 2K7. Phone (604)294-2623.

Classic sports convertible 1980 TR7. Automatic, new convertible top, 28,000 original miles, sound system, new front brakes, radials. A well maintained fun car. \$6,500. Owner 1-921-7827.

BUSINESS OPPORTUNITIES

International marketing firm is looking for remote hide-away vacation resorts and fishing and hunting resorts to market worldwide. If your business fits this description send info to "Hide-aways and Resorts West", Suite 108 - 250, 18th St., West Vancouver, B.C. V7V 3V5.

Established mobile sand-blasting, painting and concrete cutting business. Area expanding rapidly. Pulpmill plywood plant. Will consider selling four-bd. house with business. Quesnel, B.C. (604)992-8682.

Are you sick and tired of waiting for "The Job"? Are you ready to go into business for yourself? I can offer you an exciting business with an investment under \$4,000. Covered by stock and a minimum on overhead. I just finished my first year and made \$40,000. For information call Marion at 861-1465 collect.

Photo Finishing Equipment For Sale. KIS magnam speed, film developer, gripper 3 1/2 x 5, 4 x 6, 5 x 7. Free & clear, clean, stock in operation. Training available. Asking \$15,000. plus training fee. (403)842-5101.

EDUCATIONAL

Free 1986 guide to study-at-home correspondence Diploma courses for prestigious careers: Accounting, Air-conditioning, Bookkeeping, Business, Cosmetology, Electronics, Legal/Medical Secretary, Psychology, Travel. Granton (1A) 1055 West Georgia Street #2002, Vancouver, 1-800-268-1121.

Diploma correspondence. Free calendar. High School upgrading, accounting, management, administration, secretarial, computers. Established 1964. National College, 444 Robson, Vancouver, 688-4913 toll free 1-800-387-1281, 24 hours.

Okanagan School of Auctioneering. Next class starts November 12. Evenings and private lessons available. For information: Box 377, Westbank, B.C. V0H 2A0. Phone (604)768-2791.

Money Making Opportunities Inside or Outside the Home. Free brochures, no obligation. U & R Tax Services, 205 - 1345 Pembina Hwy., Winnipeg, Man. R3T 2B6. Franchises available. Exciting career as a travel agent or tour director awaits. Professionally prepared correspondence courses with voiced instruction. Travel Training Centre, #2 - 1583 Pemberton Ave., North Vancouver, V7P 2S3.

FOR SALE MISC.

Lighting Fixtures. Western Canada's largest display. Wholesale and retail. Free Catalogues available. Burn Light Centre, 4600 East Hastings Street, Burnaby, B.C. V5C 2K5. Phone 1-299-0666.

Farmers try Alberta Catalogue of used equipment, livestock, hay, feed, grain, etc. available \$18. for 12 issues. Farmer's Trade Line, Box 1581, Lacombe, Alberta, T0C 1S0. (403)782-2388.

Phaseconverters, up to 100 H.P. on 3P Line. P.T.O. Generators and sets. Electric Motors, Transformers, Fans, Reduction Gears, Lighting Fixtures. Friesen Electric, Abbotsford, 859-7101; 1-800-663-6976.

Three Bedroom Home. Big lot. Living, dining, bath, carpeted. Fridge, stove, dishwasher, utility, washer, dryer, storage. Deck, workshop, garden, fruit trees. Electric and wood heating. 498-4536 Oliver, B.C.

FOR SALE MISC.

275 antique guns, moth and butterfly collection, Indian artifacts, lamps, clocks, cart-ridge collection, hundreds of cartridges and dozens of other items. 50 years of collecting in this Oct. 4 auction. Amart Auctioneering, 9736 - 47 Avenue, Edmonton, 1-403-437-5595.

GARDENING

Greenhouse & Hydroponic equipment, supplies. Everything you need. Best quality, super low prices. Greenhouse \$169, Halides \$105. Also 3,000 products in stock! Send \$2 for info pack & Free magazine to Western Water Farms, 1244 Seymour St., Vancouver, B.C. V6B 3N9. 1-604-682-6636.

HELP WANTED

Ma Cherie Home Fashion Shows Est 1975. Join our successful team of independent Representatives in presenting quality lingerie and leisure wear at In-Home Parties for women. It's fun! It's easy! It's Profitable! Call toll free 1-800-263-9183.

Canyon Ski Area, Red Deer, Alberta requires ski technicians, ski instructors, Pro Patrol, maintenance and snow makers. Phone (403)346-7003.

British Columbia & Yukon Community Newspaper Association is seeking a dynamic director for its provincial office in Vancouver. Candidates must have some knowledge of the community newspaper field, a strong public relations background, proven sales experience and administrative skills. Annual salary \$45,000. Resume and cover letter sent prior to Oct. 23, 1987 to BCYCN President Tony Richards, Driftwood Publishing, Box 250, Ganges, B.C. V0S 1E0.

Automobile Dealership requires Journeyman Mechanic immediately. Experience with Chrysler products and transmissions, differentials an asset. Resume to Ed Conhor, 2525 T.C. Hwy., Kamloops, B.C. V2C 4A9. (604)374-4477.

Wanted immediately, reporter/photographer for weekly newspaper. Phone (403)853-5344 or write Vermillion Standard, Box 750, Vermillion, Alta. T0B 4M0, ask for Pauline.

Agents to promote rentals and sales of personal security products. Full time Medical, Burglary, and Fire protection. Alcon Security Corporation, Box 2580, Sidney, B.C. V8E 2S4.

HELP WANTED

GM Dealership requires full time mechanic. Licensed or three to four years apprenticeship. Send resume to Box 1540, Merritt, B.C. V0K 2B0.

Wanted Educational Toy Consultants for dynamic national company. Retail to parents, institutions, etc. Excellent commissions, training, support. Teaching experience or child care an asset. Write: Teach R Toys, 6045 - 4th Street S.E., Calgary, Alberta, T2H 2A5.

Outpost Community Nurse required by Alcan at Kemano, B.C. The community nurse provides general health care to the community under the general direction of Alcan's chief medical officer located at Kitimat.

World events indicate need of nuclear W.W. 3. Devastation 1/2 planet; deaths 1/4 world population. Ezekiel 38-39. Ark preceded flood; rapture precedes War. 1st Thessalonians 4:13-18. Repent Today And Be Ready For The Rapture.

Dates Galore. For all ages and unattached. Thousands of members anxious to meet you. Prestige Acquaintance. Call, Toll Free 1-800-263-6673. Hours: 9 a.m. to 7 p.m.

Let your body heal itself! No tricks, no gimmicks. Barley-green a common sense approach to better health. Fully Guaranteed. Distrib. Req. For info send \$2.50 to: Box 11421, MPO, Edmonton, Alberta T5J 2K3.

SERVICES

ICBC owe you money for personal injury? Vancouver lawyer Carey Linde (since 1972) has Free Information. Phone 1-684-7798. Second Opinions Gladly Given.

ICBC Injury Claims? Call Dale Carr-Harris - 20 years a trial lawyer with five years medical school before law. 0-669-4922 (Vancouver). Experienced in head injury and other major claims. Percentage fees available.

TRAVEL

One and two bedroom furnished apartments. Walk to lake, fishing, restaurants. Near Palm Springs. \$525-\$725/mon. P.O. Box 3197, North Shore, California. 92254.

NOTICES

Bud Haynes Auctioneers. Three important auctions, Cartridges, Friday Oct. 9, 7:00 p.m. Guns & Metals (three large private collections of Flintlocks and Percussion including Cased Care, LePage Pistols), Saturday, Oct. 10, 10 a.m. Canadiana Furniture, Thanksgiving Day, Monday Afternoon, Oct. 12, 2 p.m. Great West Inn, Red Deer, Alberta. Phone (403)347-5855 or (403) 347-7301.

PERSONAL

White Man, Downtown Vancouver, 37' 5"11", 165 lbs. seeks tall, white woman 5'7" to 6'2", 130 lbs. to 170 lbs. for date or possible friendship. James, Res: 689-7897.

Canada For Christ Crusade: Bible prophecies and current world events indicate nearness of nuclear W.W. 3. Devastation 1/2 planet; deaths 1/4 world population. Ezekiel 38-39. Ark preceded flood; rapture precedes War. 1st Thessalonians 4:13-18. Repent Today And Be Ready For The Rapture.

Dates Galore. For all ages and unattached. Thousands of members anxious to meet you. Prestige Acquaintance. Call, Toll Free 1-800-263-6673. Hours: 9 a.m. to 7 p.m.

Let your body heal itself! No tricks, no gimmicks. Barley-green a common sense approach to better health. Fully Guaranteed. Distrib. Req. For info send \$2.50 to: Box 11421, MPO, Edmonton, Alberta T5J 2K3.

SERVICES

ICBC owe you money for personal injury? Vancouver lawyer Carey Linde (since 1972) has Free Information. Phone 1-684-7798. Second Opinions Gladly Given.

ICBC Injury Claims? Call Dale Carr-Harris - 20 years a trial lawyer with five years medical school before law. 0-669-4922 (Vancouver). Experienced in head injury and other major claims. Percentage fees available.

TRAVEL

One and two bedroom furnished apartments. Walk to lake, fishing, restaurants. Near Palm Springs. \$525-\$725/mon. P.O. Box 3197, North Shore, California. 92254.

SWIFT DATOO DOHERTY
LAWYERS

A FULL RANGE OF LEGAL SERVICES

COMMERCIAL
& CORPORATE

BUSINESS,
CONTRACT
CREDITORS' REMEDIES,
INCORPORATIONS
& PARTNERSHIPS

GENERAL & ESTATE

REAL ESTATE,
CONVEYANCING,
MORTGAGES,
WILLS & PROBATING
ESTATES

LITIGATION

PERSONAL INJURY,
INSURANCE CLAIMS,
CRIMINAL, CIVIL,
LITIGATION

FAMILY

DIVORCE & FAMILY
PROPERTY
SEPARATION
AGREEMENTS,
CUSTODY & ADOPTIONS

RICHARD J. SWIFT - AZIM N. DATOO - PETER M. DOHERTY

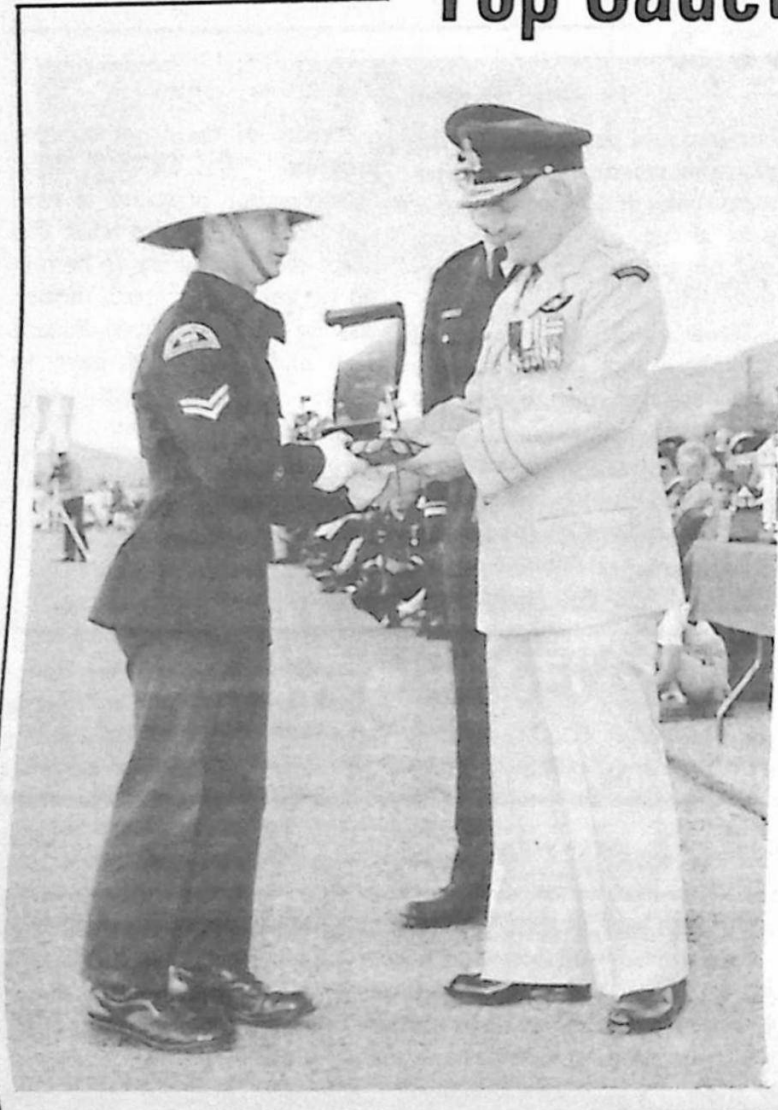
201 - 467 CUMBERLAND

334-4461

COURTENAY, B.C. V9N 1K3

AROUND THE BASE

Top Cadet



Cadet Raymond Shaw, left, of Comox, receives the trophy for being the best cadet in the Junior Band at Vernon Army Cadet Camp this summer. Presenting the trophy is the Reviewing Officer for the Graduation Parade, Lt General J.E. Vance, Vice Chief of the Defence Staff.

Shaw spent six weeks in the Okanagan Valley training facility this summer studying music. In addition to training, the band took part in the Kelowna Regatta and Penticton Peach Festival parades, played a concert at Noric House, an extended care facility in Vernon, and provided music for weekly battalion parades at the camp.

Shaw, a member of 386 Royal Canadian Air Cadet Squadron, is the son of Ray Shaw, 654 Nootka, Comox, B.C.

More than 1,400 army and air force cadets from western Canada trained at Vernon Army Camp this summer, with the emphasis on citizenship, leadership and fitness.

**COMOX CUSTOM GUNSMITHING
AND MACHINING**
392 Butchers Rd
Comox, B.C.
339-2078

"The Little Store with More"

NEW & USED FIREARMS SALES & SERVICE
RELOADING EQUIPMENT AND BASIC SHOOTING
ACCESSORIES

TRADES WELCOME

HOURS: 9 to 9 Tuesday Thru Sunday



NORTH ISLAND COLLEGE

CAREER OPPORTUNITIES

North Island College can help you launch a career or advance your standing in a professional area. Visit our Learning Centre at 407-5th Street to discuss the career possibilities for you.

N.I.C. PROGRAMMES

•UNIVERSITY TRANSFER

- A wide variety of first and second year Arts and Science courses is available. Many courses have scheduled class times.

•COMPUTER TECHNOLOGY

- A two year programme for students seeking a career in computer technology beyond the programmer level.

•BUSINESS ADMINISTRATION

- It is designed for students who wish to pursue a career path in business or public service.

•SMALL BUSINESS MANAGEMENT

- This innovative programme is for those who wish to start a small business or to learn how to better manage an existing small business.

•OFFICE ADMINISTRATION

- Individualized, tutored courses can prepare students for a variety of office careers.

•VISUAL ARTS

- These courses can be taken for transfer credit or be audited for the sake of interest alone.

•EARLY CHILDHOOD EDUCATION

- This career programme leads to the ECE Supervisor's Certificate.

•WELDING

- Based upon provincial curriculum standards, Level C, B & A Welding training is offered.

•PROFESSIONAL DRIVING SKILLS

- These courses are designed to upgrade licenses to a higher classification, including Class 1 with Air Brakes.

•ADULT BASIC LEARNING

- The ABL programme covers adult learning from basic literacy to Grade 12 Equivalency.

REGISTER NOW AT THE COMOX VALLEY CENTRE
407 5TH STREET, COURTENAY PH. 338 7291

LIFESTYLE

Let's Talk

institution. Human beings, whether children or adults need to belong in a close social relationship with others.

It is not enough to watch television together. To sit in a circle in the dark, eyes glued to the bright screen, is hardly the best arrangement for enjoying one another's company or exchanging ideas.

How often as a Family, does one walk together, share ideas together or even share one's frustrations: Many times I have heard young people say, I can't talk to my Mom or Dad. But I need to talk to someone, so what do I do?

Where do you start to reach your kids, either to train or share bits of information? Right from day one. Someone asked the famous D.L. Moody,

Sir, when do I start to train my son? He asked, "How old is he?" The mother said, "3 years old," D.L. Moody replied, "You are 3 years too late."

It is through the exchange of ideas in our homes that excellence is born and bred. What goes on in the family determines whether those who sit there shall become first class men and women, with active brains, disciplined imagination, sensitive feelings and dynamic aims.

In our homes today, there seems to be lacking some ground rules of building better homes, better towns, better countries and a better society. We have failed somehow of trying to understand the other person. Trying to understand his failures, his mistakes, and

what makes him tick.

Somewhere I read about 5 magical keys that should be used in our homes that will give us a better attitude in helping to build a better world, so that we can walk together in agreement.

The Five Magical Keys are:

1. I NEED YOU
2. I LOVE YOU
3. THANK YOU
4. YOU'RE TERRIFIC
5. I'M SORRY

When was the last time you said any or all of these. In this week ahead, try it. Let someone know that you care, tell someone that he or she is terrific. If needs be, say you are sorry. You will feel much better for it and it helps to walk together in harmony. Say something nice to someone this

week, you won't regret it.

In my office, I have this plaque on my wall, it says:

I KNOW SOMETHING GOOD ABOUT YOU
Wouldn't this old world be better

If the folks we meet would say: "I know something good about you," And treat us just that way? Wouldn't it be fine and dandy

If each handclasp warm and true, Carried with it this assurance- "I know something good about you." Wouldn't life be lots more happy if we praise the good we see? For there is such a lot of goodness in the worst of you and me. Wouldn't it be nice to practice

that fine way of thinking, too- "You know something good about me!"

"I know something good about you!"

Author Unknown
Capt Winston Dodge
The Salvation Army
Red Shield Services



**Buckle Up
BC!**

SERVICE DIRECTORY

GOODS GROCETERIA

P.O. BOX 190, LAZO, B.C.

339 2376

VOR 2K0

LOTTO TICKET CENTRE

RED & WHITE FOOD STORES

OPEN 8AM — 10PM
DAILY



LAWSON ELECTRONICS

478A 5TH ST.
COURTENAY B.C.

338-6631

service for all makes

TV, Stereo & Microwave Ovens

Warranty Dept For Most Major Brands

Sales & Service For Auto

Stereo, Marine V.H.I., C.B.'s, Depth

Sounders, Zenith, etc.

Westwind

"A Band for All Reasons"

Good Music at Reasonable Prices

For Bookings Please Call

Gord Kruger 339-4389

MARKET TRAVEL

WORLDWIDE
PROFESSIONAL TRAVEL
ARRANGEMENTS

(Area Code 604) 338-1474

OR B.C. TOLL FREE 1-800-232-9294
549 ENGLAND AVE., COURTENAY, B.C. V9N2N2
ACROSS FROM THE BANK OF NOVA SCOTIA

COMOX MINI WAREHOUSE

"BEST LITTLE WAREHOUSE IN THE WEST"

U

Store It
Lock It
Keep the Key

CLOSE TO THE BASE & TOWN

★ Safety ★ Security ★ Supervision

Knight Rd. & Pritchard Rd. Comox B.C. 339-3424

HARTMAN AUTO
SUPPLY 338-7261

367 Sixth St., Courtenay, B.C.

BRANCHES IN
CAMPELL RIVER
& PORT ALBERNI

Buy This Space

12 bucks an issue

CALL US AT 339-2541

BAYVIEW

PAINTS WALLPAPER DECORATING SUPPLIES

BAPCO PAINTS
CIL PAINTS
SHERWIN WILLIAMS PAINTS
INTERNATIONAL
MARINE PAINTS

3080 COMOX ROAD

PHONE

339 3711

COLOR CENTRE
SHERWIN WILLIAMS
BAPCO

OLYMPIC STAINS
CABOTS STAINS
SIKKENS STAINS
GENERAL PAINTS

COURTENAY, B.C.



"Bicycles, Tricycles
and lots of accessories"
Full repair service

PEDAL PUSHER

NOW OPEN AT OUR NEW LOCATION
- 137-5th St. -
BELOW THE MAIN CIVIC PARKING LOT
334-4845

TSOLUM GLASS SERVICES

SINGLE GLASS OR THERMAL ★ CUSTOM CUTTING
NEW WINDOWS & PATIO DOORS

MIKE

REAR
5976 ISLAND HIGHWAY NORTH
COURTENAY, B.C., V9N 5M9

SHOP 338-1813
RES. 338-8781

SEASIDE
MOTORS

SERVICE SALES PARTS
FOR
ALL VOLKSWAGENS

430 Puntledge Avenue

Courtenay, B.C.
PHONE 338 6791



USED CAR CENTER

2200 CLIFFE AVE ACROSS FROM THUNDERBIRD

PREMIUM USED VEHICLES REASONABLE PRICES. MOST VEHICLES HAVE 101 SAFETY AND
MECHANICAL INSPECTION. GMAC AND BANK FINANCING AVAILABLE O.A.C.

CARS	1988	BERETTA	LOADED
	1986	CAVALIER	4 DOOR
	1985	CAPRICE S.W.	LOADED
	1984	CAPRICE 2 DR	LOADED
	1984	SUPRA	LOADED
	1984	CELEBRITY	STATION WAGON
	1983	CUTLASS	4 DOOR LOADED
	1983	CITATION	4 DOOR
	1982	FORD	E.X.P.
	1981	DATSUN 310	SX HATCHBACK
	1981	CUTLASS	STATION WAGON
	1981	SKYLARK	4 DOOR
	1978	CUTLASS	2 DOOR
	1977	VENTURA	4 DOOR
	1977	LEMANS	STATION WAGON

TRUCKS

1986	GMC SAFARI VAN	5 PASSENGER
1986	CHEV ASTRO VAN	8 PASSENGER
1986	GMC PICKUP	1/2 TON
1985	S BLAZER	4x4
1985	CHEV PICKUP	1/2 TON 4x4
1985	CHEV PICKUP	1/2 TON
1984	BRONCO II	4x4 5 SPEED
1984	NISSAN	PICKUP
1981	MAZDA	PICKUP
1980	GMC PICKUP	1/2 TON
1977	CHEV 1/2 TON	4x4

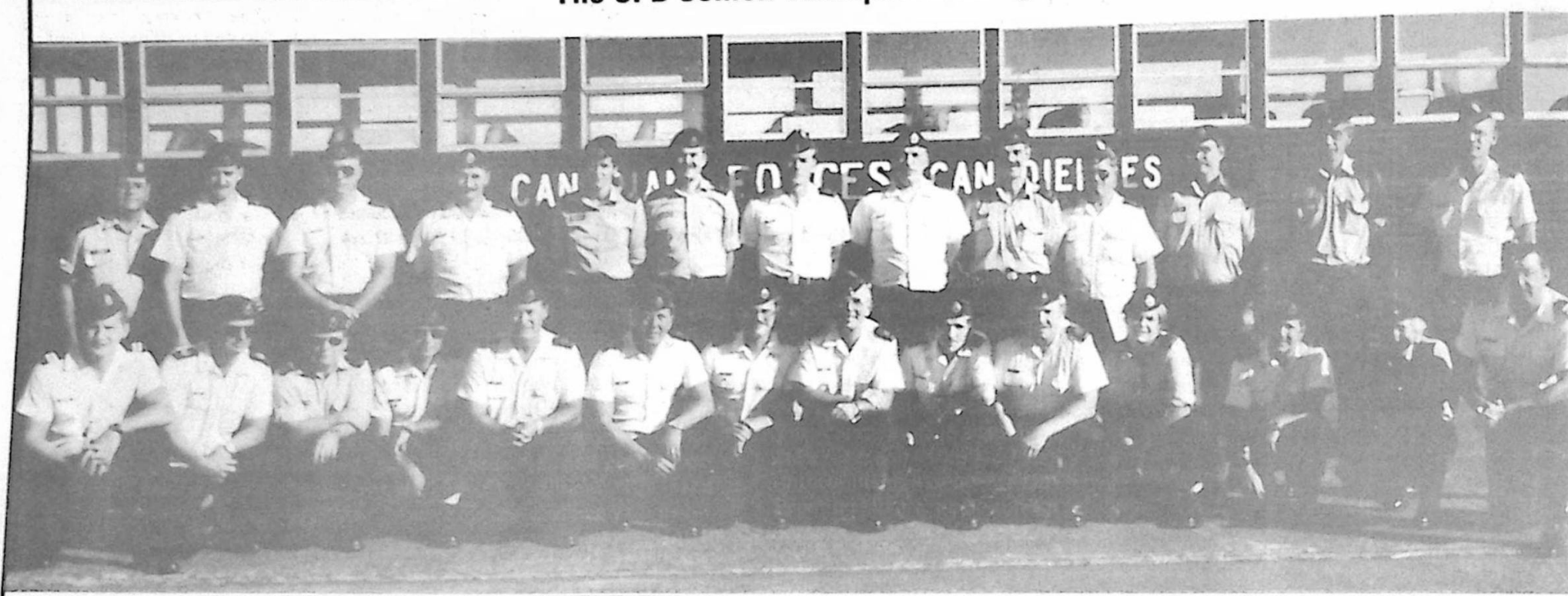
BRIAN McLEAN
CHEVROLET - OLDSMOBILE LTD.

2200 CLIFFE AVE., COURTENAY
Dealer No. 8379A (FORMERLY SEALE & THOMSON)

334-3900

SECTION NEWS

The CFB Comox Transport Contingent



TRUCKIN' TALES

Well, in case there ever was any doubt as to the high calibre of Base Transportation's drivers, none can possibly remain after the outcome of the 1987 Annual Pacific Region Truck Rodeo held recently. CFB Comox Base Transport was unprecedented in their sweep of all events which included the two man Road Rally, Bus competitions, 3 Ton Stake Truck competition and the Tractor Trailer competition. The winners respectively were Pte Mike Gallichan and Pte Gary O'Brien, Cpl Roger Bernard, Mr. Jack Clark (Knobby) and Cpl Jean-Pierre Beaulieu.

The Rodeo was well represented with teams from CFB Chilliwack, CFB Esquimalt, CFS Holberg, and CFS Kamloops also participating. Even though CFB Comox won the four first place

categories and 9 out of the 13 awards, competition was stiff to say the least. One thing is for certain the competition will be equally, if not more, keen at the Nationals 13 - 15 Sep in Borden. As such we wish our competitors the best of luck in their quest for higher accolades.

The events of the past weekend were witnessed by numerous spectators and prominent guests from other areas of the region. The Base Commander added words of inspiration to all competitors at the beginning of the event and was (tongue in cheek) somewhat remorseful that CFB Comox had not been more hospitable in terms of easy competition, during the closing ceremonies. The BTNO Chilliwack, Maj Vetra, Mrs. Mavis Roskell the manager of

the Vancouver Island Canada Safety Council and the MSEO Esquimalt were also in attendance to present their respective event trophies.

Overall, the weekend was a great success. Traditionally the event has been organized to promote good driving and a sense of camaraderie within the trucking world. This year's Rodeo was no exception. With the beautiful weather and the much appreciated support given to this event by various sections on Base, most notably Base Foods, the weekend couldn't have been better. More news will be coming your way from the Truckers after the Nationals. Until then wish our lads the best and drive defensively for the safety of yourself and those around you.

Signed Telling Trucker

...MORE COMMUNITY NEWS

CONTINUED FROM PAGE 23

So cheer up pet owners, you are not getting "ripped off" since the program will be looked at in a year and at that time if it has made money you will still get your money's worth since we might be able to put on a free vaccination clinic for your pets or something. In addition, possibly the licence fees

can be lowered next year. As I said before, we are not trying to make money from pet owners only make the program self-supporting.

COMMUNITY ACTIVITY SURVEY

All residents are requested to watch for the Survey that will be delivered to your PMQ in

the near future.

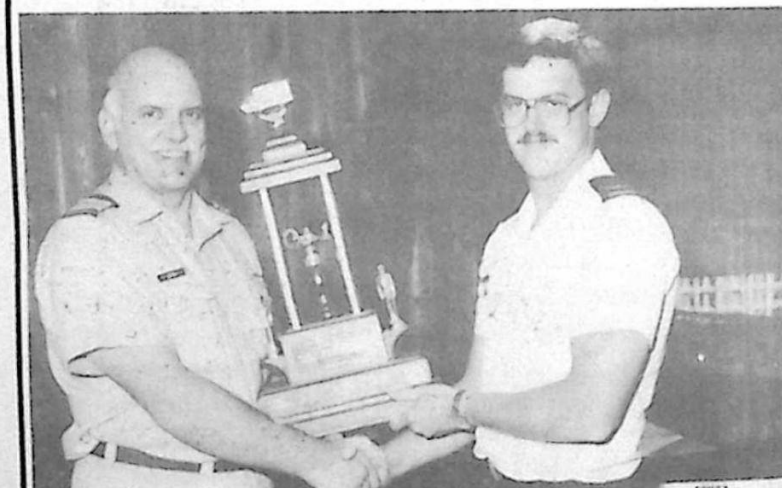
Please complete this Survey and give it to your Ward Rep or drop it off at the PMQ Assn office in the Rec Centre.

Your PMQ Assn Council is trying to make our community a better place to live but we need your input in regards to what you want.

The Winners



3 ton stake truck...Mr. Jack (Knobby) Clark with Col Gibbon.



Truck and Trailer...Cpl Beaulieu with Maj Vetra (BTNO Chilliwack).



Bus...Cpl Benard with Mr. Paul Patrick (MSEO Esquimalt).

AROUND THE BASE

...more Demon Doins

407 AIRCREW

Crew Two Cowboys are the proud owners of a new MPCC as Maj Todd takes over the reins (pun intended) of this fearsome bunch.

Crew Three Subbusters were off to Elmendorf, Alaska in OPs latest try to make MPAT's more attractive. Apparently you get two MPATS back to back with a night in an Arctic city to boot. Crew Three not being able to pass up this opportunity headed off and proved that Lt (USN) Steve Kenney doesn't know where to go in Elmendorf.

Crew Five Vikings who were getting fed up with Hank Need-to-learn-how-to-land's cries of "Take that! Runway" had no choice but to send Glen Whittall

on a flight safety course to offset this.

Crew Six Terminator's Pete Lipohar was spoken to in San Diego and said that he is really enjoying his vacation at sea although they are quick to jump on your back if you do something wrong. Despite this he says that they really stand behind him and that he'll find it hard to leave his sailor friends behind.

Crew Seven Moosemen were unavailable for comment this issue as they are at the ASW travel haven on our East Coast. Nuff said!

407 PHOTO

Here are a few words from the 407 Photo world.

Our party, held a few weeks ago, went super well. It seems

like everybody enjoyed themselves. That night, we had the chance to encounter one of our new members: Cpl Frank "Flipper" Jahrig.

On Sep 2, Cpl Guy Tardiff returned from CFB Borden on completion of his 9L Course, after an unscheduled overnight stay in Vancouver due to two flat tires on the Boeing 707. Still left behind in beautiful Borden is Cpl Jo-Anne Parker who is still surviving on her XG Course. Keep it up, Jo!

WO Jean Cote can now take advantage of the golf course and get all his practice in while his competitor, Sgt Stan Lawless is out golfing because of an injury to his left arm.

Sgt Brian Buttner and family are settled in from Germany. Their furniture has survived the

train strike. Welcome back to Canada.

Cpl Mike Valiquette, who had volunteered for a TD down south, found himself going north to Adak, Alaska.

Congratulations to Cpl Laurie Roy for a good show award he recently received from the CO of CFB Chatham, NB. He and Sgt Brian Buttner are now in the sunny Annapolis Valley on the first-line Aurora Photo course.

And finally the last word about the photo world. Pte Lynn Fralick is still walking around in a cast and should be out of it by the end of the month. At least it doesn't interfere with her dancing at Jiggers.

For those of you interested Stan will gladly give you a

complete rundown on what all the different coloured pins mean on his new map that has been put up under his supervision, but bring a lunch with you as he tends to go into a lot of detail. Well that's all I can think of so take care and we'll see you soon.

FLASH!!! Beware, the printers for the computer terminals are not repeat not DUFFY PROOF! He just managed to put a new ribbon in backwards again...will he ever learn??



Classified

RATES

Effective October 1, 1987 ALL insertions will be \$3.50 per column inch.



CAR FOR SALE

1980 Oldsmobile 98 in excellent condition - air conditioning. Must be seen to be appreciated. Call Gord Kruger at 339-4389 or Loc 8111.

BAD BOYS

YOUR FIRST GOOD STOP FOR FURNITURE

NEXT TO THE COURTENAY HOUSE HOTEL

OPEN 10 - 5 MON - SAT

RAINBOW TAILORS, CO. LTD.

Sewing and Alterations. Court Mounting of regular and miniature medals 7 DAYS A WEEK ESQUIMALT 386-3233 383-0539

B.C. Heart Foundation

Apartment For Rent - Furnished bachelor suite - \$250. Unfurnished one bedroom - \$275. Rent includes: Heat, hot water, cable. Close to Base. Greenwood Apts 1751 Greenwood Cres. 339-3090

MUSIC MUSIC MUSIC 35 Years of Gold Music Music for all occasions Reasonable Rates Our specialty "Solid Gold Music" Call 339-5806

NOW OPEN THE BATTERY DOCTORS

SALES*SERVICE*REPAIRS NEW AND GUARANTEED RECONDITIONED BATTERIES \$29 to \$36

8-241 PUNTLIDGE RD. COURTENAY, B.C. V9N 3P9 BUS. 338-5277 RES. 334-2795

BUILDING MATERIALS

Lumber & Plywood Panelling - Arborite Doors and Windows Builders Hardware - Tools etc. Electrical and Plumbing Supplies Paints and Finishes Roofing - Siding Cement Department Truck Delivery Customer Financing Central Builders 610 Anderton Avenue Phone 334-4416

"CANADA TRUST REALTOR"

HALIFAX/SHEARWATER- If you are posted to either and are planning to buy a house, call collect for my free package of area and housing information. I specialize in finding homes for military personnel. VAL HEUMAN 902-462-2167.

FOR SALE: Weight bench & arm curl bench, brand new. \$100 OBO.

Ladies Raleigh Touring Bike, 4 mths old. exc. cond. \$200 OBO.

Albino Budgie, female, comes with large cage, birdseed, vitamin supplements, bath and toys. \$35

Tall bamboo cage for canary or finches, includes bath \$15 1 cu ft Sanyo microwave oven, 1 yr old. As new, hardly used, includes cookbook. \$250 OBO

Beautiful corner cabinet buffet, 9 mths old, glass doors on top, very solid. \$1,500 OBO Reliable woman will clean house one or two days a wk. Reasonable rate. References. Will do light yard work.

338-5184 Phone mornings between 7 and 9 - evenings between 8 and 10:30.

FOR SALE - '65 Chevy Malibu SS, 283V8, Hi-rise Holley carb, cam, headers, 4-spd std competition shifter, mags, bucket seats, new paint job. \$2300.00 o.b.o. Also '67 Chevy Malibu 4-D, 6 cyl std \$250.00 o.b.o. Ph.338-5368

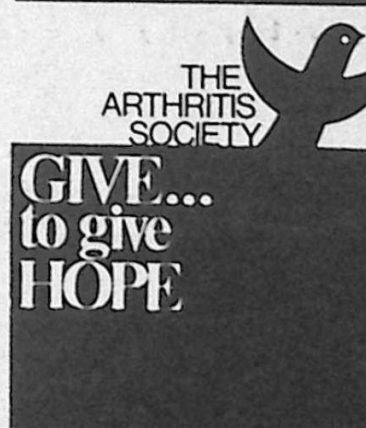
PIANO & VOICE LESSONS - Beginner to Advanced. PMQ area. Beatrice McQuaid. Bachelor of Music. 339-5194.

5.6 acre Waveland Road. Nicely treed suitable for mobiles. Only 23,500.

Courtenay 3 bedroom house with F/P & family room. 54,900

TOM PROCTER REMAX OCEAN PACIFIC REALTY 282 Anderton Rd., Comox OFFICE RESIDENCE 339-2021 339-2668

WANTED: All of those Air Force mementos that you've had stored in boxes for years. If you don't want them anymore and they are just taking up space, why not donate them to your new COMOX AIR FORCE MUSEUM? Don't hesitate - those old mementos may be more important than you realize. Call Comox Air Force Museum at 339-8635. Ask for Nancy Greene, Curator.



We are the talk of the town with over 600 units sold last year. We're not the best because we're the biggest...we're biggest because we're the best!!

LANTZVILLE RECREATION CENTRE LTD.

Cash & Consignment Service LET US SELL YOUR RECREATION PRODUCT FOR YOU WHY?

-There are no listing charges to you at all. -We have the finest advertising promotions. -We sell no new units to distract you from your used units. -We take trades. -We will buy out the trade so it's cash to you for your product. -We will do a 30, 60, 90 day guaranteed buy-out plan to you. -We have full time security.


REMEMBER

...We still sell a lot of RV units throughout the winter. Free appraisal and pick up anywhere on Vancouver Island. We are open 7 days a week for your inspection. Weekdays 9 to 6

LANTZVILLE RECREATION CENTRE LTD.

6 miles north of Nanaimo, across from the Woodgrove Shopping Centre.

PHONE 390-3441 Dealer No. 7363



WHAT DO COMPUTING DEVICES COMPANY
AND THE TRACKER HAVE IN COMMON?

30 YEARS
AND COUNTING
IN ASW!

Computing Devices Company and our partners in the NSA Mission Systems Consortium have joined forces with IMP Group Limited to establish the Turbo-Tracker Program - a program to create a Canadian Anti-Submarine Aircraft with modern turbine engines and state-of-the-art integrated mission avionics.

For additional information contact:

COMPUTING DEVICES COMPANY,
P.O. Box 8508, Ottawa, Ontario, K1G 3M9
ASW Division, Terry Doyle,
Telephone (613) 596-7009, Telex 053-4139,
TWX 610-563-1632.



COMPUTING DEVICES COMPANY
a division of Control Data Canada, Ltd.