



TOTEM TIMES



Canadian Forces Base Comox B.C.

Vol 29 No 5 March 12, 1987

Deadline is Monday, March 23, 1987

Cost: Priceless

Marc Garneau to visit

The Comox Air Force Museum proudly announces that Captain (N) Marc Garneau will visit the Comox Valley on Monday March 23, 1987. He will present: *A Fantastic Odyssey*, a 90-minute account of his experiences as Canada's first astronaut. Besides talking about his 1984 flight aboard the NASA Space Shuttle Challenger, Captain (N) Garneau will also narrate a film depicting the experience.

Two shows at 7:00 and 9:00 PM on Mar 23 will be given in the Sid Williams Civic Theatre in Courtenay. Tickets are reasonably priced at \$7.00 (\$5.00 for students) to cover the costs of the presentation,

and may be purchased at The News Rack in the Comox Mall or the Courtenay Sewing Centre in downtown Courtenay. Tickets may also be purchased at the door.

Eight local schools have entered a poster contest which will determine which class Marc will visit. Posters will be on display in the Comox Mall during March 16 - 23, with judging by a panel of artists being conducted on March 16. Winners in each grade will receive free tickets courtesy of the Comox Mall Merchants Association, and the best student artist will also receive an autographed picture taken when Marc Garneau visits the winner's class.

Some Hands On Time



Associate Defence Minister Mr. Paul Dick gets some "simulated" time aboard a 407 Squadron Aurora. Mr. Dick visited CFB Comox recently during his familiarization tour of Canadian Forces Bases in the Pacific Region. While in Comox Mr. Dick was acquainted with the "operational role" of CFB Comox. (Base Photo)

UIC Group Meets Tory Caucus

A busload and several carloads of retired servicemen and their wives journeyed to Nanaimo Sat. March 7, to meet with members of the Federal B.C. Tory Caucus. Their aim was to press for fair treatment on the UIC-for-Pensioners issue.

An equal number travelled from Victoria, and all gathered in a conference room at the Coast Bastion Inn to hear Moe Sohota, NDP MLA for Esquimalt - Port Renfrew, present their case to a seemingly receptive group of MPs. Notably absent from the federal group were MP Alan McKinnon, Trade Minister Pat Carney and Science Minister Frank Oberle.

The meeting was chaired by Ted Schellenberg, MP for Nanaimo. Sohota presented his case effectively, outlining all of the problems facing military personnel when they are forced to retire by their terms of service, and seek work in a depressed job market, particularly in the Comox Valley.

He pointed out the anomaly of a private pensionholder collecting full UI benefits, while the rules forbid some military personnel on annuities from doing the same, even

continued on page 23

Welcome Home Al



Comin' home in a chair...recently retired BOPsO LCol Al Brown is all smiles when given the VIP treatment on his arrival back at CFB Comox. LCol Brown underwent some extensive hip surgery at NDMC but is recovering quickly...when last seen he was jogging down the Dyke Road. (Base Photo)

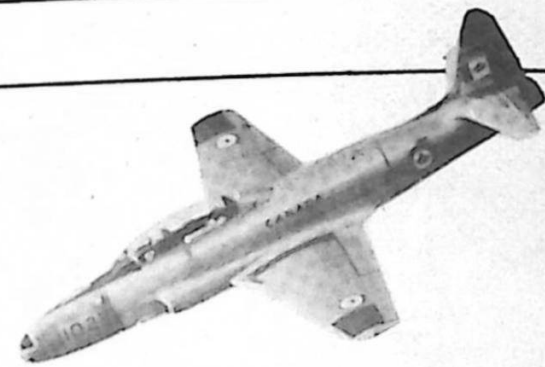


...and a happy
St. Patrick's Day
to you my friend.

SECTION NEWS



Anker Klankin'



Hi Mom!



Tracker Jock Extraordinaire Randy Chaulk presents aviation author extraordinaire Larry Milberry with a Squadron photo. Mr. Milberry was on base recently gathering material for his upcoming book. Randy of course wants into the book so what better way than a little bribery. Good luck Chaulkie!

VU33 was recently under the intense scrutiny of that Rag Tag bunch of hitmen also known as the evaluation team from MAST. Were they impressed with the Squadron or what? Never have they ever seen a squadron with as tasty a pot of coffee, as well manufactured a backgammon board, or as sexy a secretary as Katie! Oh ya, they were real happy with the professionalism and skill of the air and ground crew as well.

VU33 also played host to aviation author, Larry Milberry recently. Mr. Milberry is presently on a squadron to squadron visit in pursuit of data for an upcoming book depicting the Canadian Air Force. Members of 407 Sqn will be pleased to know that this book will have plenty of pictures and come with a sing-a-long record so that they can more easily follow along.

Mr. Milberry was shown the ins and outs of the Squadron, was given an in depth Squadron briefing, and had the bulk of his 101 questions and queries answered, including "Which way to Portuguese Joe's?" All in all it looks like this book will be a must have item for all aircraft buffs.

This past week has seen many of the aircrew on leave enjoying time off with their families. Mountain Mikey was in charge of VU33 as the boss

was enjoying a little leisure time. I don't know, but I think this sudden extra power under Mikey's control kind of got to his head. The boss will be steamed when he gets back and finds that Mikey gave everybody a raise and promoted himself to major.

The little old guy, found himself able to fly more than his share of hours this week with so many guys on leave. Yup, Major Acorn was in his glory finally being able to fly again. The tech side was not very pleased to see the old guy, however, as they had to replace overstressed gear and tires which burst under the impact of the Major's soft touch landings. I know that next time I fly with the guy, I'm wearing a kidney belt!

VU 33 TECHSIDE

Things are looking up on the weather front with the days getting longer and sunny days on the weekends lately. We've got to start somewhere. The wind is still very cool at times so don't put away the warm clothing too soon.

Recently the maintenance section went all out on a wine and dine evening at one of our local restaurants. Seems it went off well and all had an enjoyable evening. One of the maintainers described the outing as the Pig Out or Repair

compactor out of business. After the main course, the group was entertained with the latest craze, napkin jokes, displayed in over 60 obscene ways.

Maintenance also said goodbye recently to the Cool Pool Duo. Cpls Julie Sparkee and Steve Tiederman were all over the T-Birds while gaining lots of valuable knowledge from our maintenance experts.

Bowling - Glen Caslake got down to some serious pin bashing and helped the local adult bowling league team to a win in the National Classified Zone Roll-offs. Glen later, during an Inter Section Bowling League game, set a new "Gutter Bowl" record of 83. That's down from his previous mark of 86. Glen will do anything to keep secret his championship winning techniques used in the Nationals. Harry Weeds is still working on a way to trip him up.

Swinin & Dinin at local great eat. Neven Bernard the stomach that walks like a man-accepted all food within reach.

Where do these young tads put all that gruel. "Weiner" says that Neven had absolutely no problem in putting a trash

Flight Safety Award



Director of Flight Safety Col H. A. Rose presents Cpl G. Litchfield with a "Professionalism Award" during a recent visit to CFB Comox. Base Commander Col Gibbon was on hand for the ceremonies.

the engine had internal problems. Good show guys.

Cpl Mike Woodworth has opted for a U.N. blue tam and on Monday he's off to a six month tour of the Sinai. Good luck Mike.

Yvan Duschene is honeymooning with his new and lovely wife Debbie. They were married on Sat 28 Feb in Comox. All members and spouses extend a warm welcome to you DEBBIE.

Soon we will have a new MWO. Rumor has it that the MWO Cooper is an ex-grunt taking over an assumed (by the sea types) navy slot on the way to an air element position. All this and a new uniform too! AMAZING!!!

Invitation To Tender

Recreation services - Comox Dam
Reference: Q7-5104
Closing Date: 9 Apr 87
Details available from office of B.C. Hydro Purchasing Agent, 1265 Howe St., Ste. 200, Vancouver, B.C. V6Z 2G8; 663-2560 or 663-2577. Sealed tenders clearly marked with reference number will be received in Rm 226, address as above, until 11:00 am on above closing date.

AROUND THE BASE



From The Top Rung

Col Ted Gibbon

On Monday I suffered a great personal loss when a very good friend and associate died while serving at NDHQ. Colonel Peter Hamilton, a former CO of 407 Squadron and Base Commander at North Bay succumbed to cancer related complications after enduring considerable pain and showing unusual courage over a long period of time. The void left by his untimely departure will affect us all. He was the consummate professional; an aviator of unusual talent who used his aircraft to the maximum of its potential and an officer whose leadership skills reflected a sense of duty and commitment rarely encountered in our society.

Peter was a happy man who enjoyed life to the fullest and he would not want us to labor long over his death but we owe him a moment of reflection because of his total dedication to his country, his service and the men and women he served with. I had the honour and privilege to know him for over 30 years, many here will remember him as a squadron mate and commanding officer, all of us are better for experiencing his dedication and compassion. May we all try to give as much and extract as little during our service careers as Peter did during his.

Maurice Paquin

Et oui! L'Association Francophone de la Vallée de Comox vous présente en spectacle, un artiste originaire du Manitoba, "MAURICE PAQUIN" chanteur-amuseur, au Lower Native Sons Hall, samedi le 14 mars 1987. Il y aura cocktail/bar et buffet à 6:00 pm et le spectacle commencera à 8:00 pm.

MAURICE PAQUIN allie son talent naturel de comédien, de conteur et de charmeur. Il sait capter l'attention, a toujours le bon mot pour détendre et sait faire passer le message. Donner un compte-rendu détaillé de la carrière de MAURICE PAQUIN serait beaucoup trop exhaustif. Il faut néanmoins mentionner que lorsque PAQUIN a décidé de faire du domaine artistique son monde, la terre a tremblé de rires en plus de microsillons et 45 tours et des spectacles a travers le Canada.

PAQUIN, c'est du plaisir à la folie et aussi loin qu'on peut se le rappeler, jamais personne ne s'est fait enfermer ou n'est mort de rire en l'écouter!

"Y A RIEN LA, Y A RIEN LA, YA PAS DE PROBLEME" c'est le thème



MAURICE PAQUIN

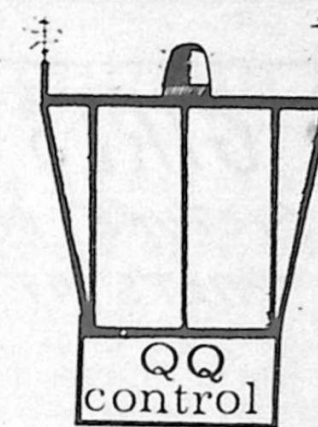
du spectacle de PAQUIN, le 14 mars.

Les billets seront en vente aux endroits suivants au prix de: \$10.00 pour les membres et \$14.00 pour les non-membres. COMOX: GOODS GROCETERIA (Ryan Rd). BOBBY'S DELI (Comox Mall) aux heures de 3:00 pm à 6:00 pm du lundi au samedi et de 3:00 pm à 5:00 pm le dimanche.

COURTENAY: Laughing Oyster, 250 - 6th Street, Association Francophone, 492 Fitzgerald (entre 5th et 4th) du mardi au vendredi, de 12:30 à 4:00 pm. Tel: 334-4419.

EVER NOTICE

...that the wind velocity increases directly with the cost of the hairdo?



As The Beacon Turns



Welcome to another edition of, As The Beacon Turns. I know all of you out there have been wondering (and questioning certain entertainment committee members) when the next ATC social function will take place. Let me assure you your entertainment committee is working on secret plans right this very minute, so keep your ears open for an announcement coming up soon. Speaking of social functions, on the third of March the section had the sad task of saying good-bye to Cpl Melissa Cave and bird man Ron "I'll get that stupid crow" Carter. There

was a very good turnout and a good time was had by all. The section would once again like to say good luck in the future Melissa and Ron you will be missed by us all. As tradition has it, and not a tradition taken lightly I might add, gravel pit scrolls with lifetime memberships were given to the two departees and we hope you will make good use of them. While we are on the subject the section will also be saying goodbye to MCpl John Koidhis as he has put in for his release. I have personally had the pleasure of working with John for the past three years and I'm sure I speak for the entire section when I say he will be missed very much by us and the service as a whole. We would like to wish

him all the best in his future endeavours.

Now I will move on to a happier note. Over the past few weeks we have found some people who will be staying on for a while longer. The following have accepted an offer of IPS - Capt Jones, Capt Murphy, (who will likely be around for my retirement) MWO Kincaid, and Sgt Huntley. I would just like to say congratulations gentlemen and I'm sure the Canadian Armed Forces will benefit greatly from your experience.

We will have a few people leaving the section shortly, but only for a limited time. Sgt Greg Templeton is off to the sunny Sinai for six months of sun and sand. His job of NCO i/c Tower will be left in the capable hands of Sgt Don [Red] McLean. We of the ATC Section would like to wish Greg the best of luck. Cpl Walsh will be away on the JLC Course from the 27th April to the 4th June. We wish her all the best and look forward to her return. Good luck Heather.

Turning now to sports, as we know ATC has to have something to relieve stress. The BOps hockey team has finally

been defeated after a two game unbeaten streak. The old timers trounced the BOps. The following is a list of players who scored goals [...]. As you can see we were defeated 9-0.

The ATC curling team appears to be in a slump. They dropped the last two games soundly, but one Capt who shall remain anonymous was said to be wearing Benedict Arnold curling shoes as he helped 442 Serv beat our beloved curling team. The team however is undergoing a leadership change as WO Dale Campbell will be heading the team [we haven't discovered whether this is good or not].

The ATC Golf Tournament will once again be hosted by CFB Comox and will take place on the 22,23 of April. There will likely be a meet and greet but I'll keep you posted as to when it will be. Baseball is just around the corner so get your gloves and bats ready - there should be a list out soon for those interested in participating.

The section is in for a shakeup from the 14 - 24 March as WO Al Collins assumes the position of ATCWO. As you know those are pretty big shoes to fill, we will see how it goes. Well it's time to say good-bye till next time but first here's a question for you trivia buffs. Who in the section was voted Miss Peacock High in 1977?

Officers Wives Club

February has come and gone leaving everyone eager for some rays of sunshine. However, despite the wet weather 21 ladies managed to attend the Pot-Luck Supper where they dined on ethnic dishes ranging from Japanese Chicken Wings to French Canadian Baked Beans. (So much for spring dieting.) Besides enjoying the spread of food a number of ladies were double winners - Joanne Levesque and Jane Tasse were recipients of the door prize and draw prize, while Carroll Esser was the winner of the tanning sessions donated by Cream of the Crop.

So the cat's out of the bag. Carroll will be one of the attractions at the March Make-Over to be held March 18, 1987 7:30 for 8 PM. Carroll will receive a make-over courtesy of Cream of the Crop who will also be doing haircuts, highlighting, a set of nails, and make-ups for other interested volunteers. Cost for this function is \$2.00 for members and \$3.00 for guests.

April will be the month O.W.C. focuses on fashion. On Wednesday April 15, 1987 Scotch 'n' Soda and Serendipity will be donning their new spring and summer lines. All

ranks wives are welcome at this function. Time: 7:30 for 8 PM with doors open at 7. Tickets are available through advance sales only, commencing at the March Make-Over. After that evening they will be available from Barb Vermette (9-6439) and Cindy Reimer (9-4693). Cost for the evening is \$5.00.

Anyone interested in modelling should contact Shelley Lunsford (9-0546) prior to April 1st.



EDITORIALS

COMMENT

Gord Kruger

THE FIDDLER

An absolutely wonderful evening - that truly describes my experience in seeing the Highland School production of Fiddler on the Roof this past Monday.

The play had just about everything you'd want in a stage production. There was intensity, there was joy, there was sadness but most of all there was a spirit. A spirit that moved the players and the audience through a truly fine performance.

I guess I'm a bit of an old softy when it comes to watching kids produce. Lord knows I've gone on about behaviour and discipline and other assorted teenage shortcomings in previous editorials. But to watch the kids get it all together and show the stuff they showed Monday makes me feel very, very good about the younger generation.

I was truly impressed with the performances of the two leading characters. Deavlan Bradley added a very personal touch to his role as Tevye the Jewish father while his other half Donna Shaw did an excellent job in presenting Goldie as a warm and characteristic wife of the time.

The show opened on a particularly upbeat tempo with the initial song Tradition. The musical production cast headed by Ron Jackson sang with intensity. The large cast that was involved in the opening number were cleverly led on stage

through exit doors and theatre aisles; an effect that immediately aroused the theatre-goers' interest.

The opening however was only a suggestion of warm and wonderful scenes that would follow. The pub scene where Tevye agreed to the marriage of his daughter Tzeitel to the butcher Lazar Wolfe, the wedding scene where Tzeitel and her real love Motel the tailor were wed were highlights.

The mover though was the dramatic and innovative dream scene where Fruma Sarah burst onto the stage. The audience was jarred into the frenzy of the moment as Tamara Ryan played the part to perfection. The choreography was brilliant and I think the scene will be remembered by most as the high point of the evening.

Of course there were many, many others that made the production such a success. Many of the roles were paramount in providing the over all effect that the play produced. The effective handling of musical scores, the fascinating bustle of the stage crew, all these things led to the eventual success.

Over all I was impressed. The kids were great and my heartfelt congratulations go out to them for an outstanding effort. My confidence and faith in our youth was never lost but an outstanding display like "The Fiddler" certainly removes any of the tarnish.

Thanks gang!

G.M.K.

TOTEM TIMES

Read in the Best Messes in the Canadian Forces
CFB COMOX, LAZO, B.C. V0R 2K0

Published every second Thursday, with the kind permission of Colonel Gibbon, Base Commander, CFB Comox.
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Katie Wylie

CARTOONISTS: Ian Murray and Scotty Hart

GIRLS... MR MILBERRY WANTS A
PICTURE OF OUR FEMALE HELICOPTER
PILOTS AT WORK FOR HIS NEW BOOK!!



EDITORIALS

Lightside

Norm Blondel

HAIR!

One of the many things I looked forward to when retiring, was letting my hair grow to a reasonable length without hearing the gentle admonishments of the Base Chief about did I fall head first into a fertilizer bin or what, or was he hurting me because he was standing on my back hair.

Accordingly, starting with Terminal Leave, I laid off my barber and began the business of getting hairy. I had to endure a few glares upon returning from Pri 4 - my cap, general service looked like a pimple on a graystack - but having made it safely back to B.C. the Uni went to the back of the closet, and my thatch sprouted even more.

Soon, however, I began to experience blurred vision and hearing impairment. Wife suggested I comb the stuff off my face and ears and the symptoms promptly disappeared.

At first I was reluctant to comb the stuff clear of my ears. It tickled pleasantly, and

prevented frostbite. But, since tickling oneself seemed a vaguely degenerate act, I decided to push it all to the back, where it stuck out like a tail. When I went out people mistook me for Halley's Comet.

Birds seem to like me a lot, and someone offered me a job rounding up sheep. My cat climbs the nearest tree (or houseplant when indoors) whenever he sees what there is to see of me. Wife longs for the good old days when there were only cat and dog hairs on the carpet, and my son calls me a hippie.

On the plus side, I don't need to wear a hat anymore (none will fit, anyway), my head has an R-40 rating for insulation, and I'll have enough stuff soon for a gray mehair coat.

Add a recent Gallup Poll which found males with a lot of grey hair are today's Sex Symbols, and my cup is close to running over. My hair certainly is.

Rapunzel, eat your heart out.

ABOUT TRIVIA

We received word from a Capt Dallinger of Esquimalt that our last Trivia was in fact a BREWSTER Bermuda. We refuse to arbitrate between Capt. Dallinger, Larry Milbury and John Bradley, however most of our Trivia photos come

from MCpl John Bradley of CFB Comox, MP Section. Please note that if any readers have photos worth printing, send them in with the info for the Trivia answer - the correct info please!

Trivia Editor

THINK ABOUT IT...

Whatever the mind of man can conceive and believe, it can achieve.

CFB COMOX YACHT CLUB
KEELBOAT 87
COASTAL CRUISING COURSE

INTERESTED?

THEN COME FIND OUT MORE
MEETING: 1900Z 31 MARCH AT THE CLUBHOUSE
BLDG NO. 5 QUADRA

ANY QUESTIONS?
CONTACT RICHARD OHL
338-5264

Requiem for a Donor

Stu Waldron

My wife and I are heavy smokers, smoke-a-holics, you might call us. We are addicted to the demon weed, cigarettes. This an expensive habit to support but we have developed ways and means in order to assure a constant and ready supply is available to feed our addiction. Put another way, we rarely run out of or forget our cigarettes.

Because cigarettes are so expensive to buy (the current Canex price is \$2.75 for a pack of 25; a carton costs \$22.00, which breaks down to \$.11 per cigarette), we have resorted to "rolling our own." A can of tobacco (current price is \$8.55) plus a pack of tubes (current price is \$1.69) totals \$10.24. Out of this can of tobacco you get approximately 200 cigarettes, which equates to a store bought carton. Our cost breaks down to just over \$.05 per cigarette. As you can see we have realized substantial savings by rolling our own.

We currently smoke an average of 9 cans of tobacco per month. Although we save considerable cash (9 x \$10.24 equals \$92.16 vice 9 x \$22.00 equals \$198.00 for store bought) it takes approximately 60 hours of boring, repetitive, pain in the ass rolling to accomplish this saving. (60 hours is broken down to a half hour to roll 1 pack, 2 hours to roll 4 packs (the average we smoke per day). NOTE!- sometimes it takes less time because my wife rolls faster than me x 30 days per month).

Currently I am donating an average of 5 cigarettes per day to various individuals who forget or cannot afford to have readily available the means to support their addiction. These donations were requested under numerous guises, such as "Can I bum a cigarette?" (bum is often substituted with "borrow" or "have"); "Lend me a smoke," (lend in this sense does not imply an intent to

return or repay); "Have you got an extra smoke?" (I am assuming here that extra means one that I have no intention of smoking and I'm carrying around an extra one(s) to meet the shortage experienced by others); or just plain "Gimme a smoke." (This one needs no clarification; it is straight and to the point). The more subtle or regular requestors use the silent approach. They indicate their lack of, and desire for, a cigarette with an outstretched hand; having an intuitive knowledge that this signal will be understood by me as a request for another donation.

Each request is invariably accompanied by a great amount of pocket patting (I assume this display is to provide visual proof that there are indeed no cigarettes hidden there), followed by a formidable and endless list of excuses as to why they have no cigarettes. Some

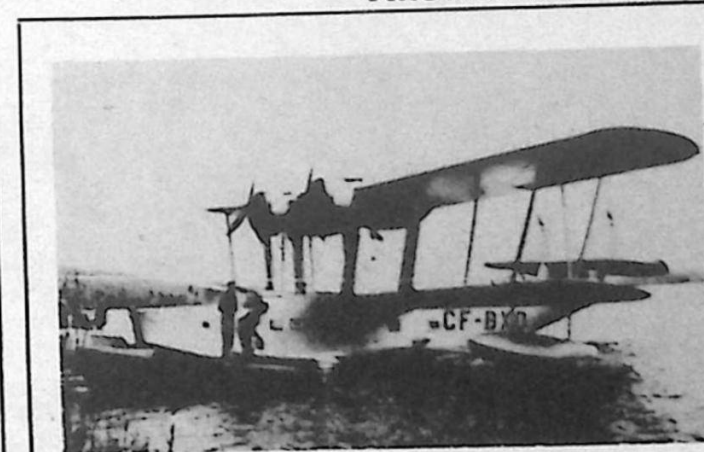
continued on page 21

Air Force Trivia



what
where
why
when

Answer from Last Issue



TRIVIA

This venerable Stranraer saw service with Western Air Command of the RCAF from November 1940 through May 1944. It is shown here somewhere on the west coast in early post-war years in service with Queen Charlotte Airlines.

SECTION NEWS



BAMSO

Promotions



BTSO Promotions: (l to r) Corporal Robertson, Rad Tech - Accelerated Promotion, Lieutenant-Colonel Bowes, Master Seaman Forrest

YOU'D BETTER BELIEVE IT. WO BILL HILL lives near the saltchuck. One recent extremely wet morning he came to work earlier than usual; he said it was because the clams going by his home woke him up!

MELLOW FELLOWS. Somebody sure keeps tabs on birthdates in BAMSO. In the "wheel house" area we recently acknowledged the aging/weathering of Capt Push Godbole and MWO Mike Symes. In deference to venerable Mike and his need for energy food to carry him through the day Sgts Moe Mousseau and Pedro Parent teamed up with "Chef" Carol St Germain to have a well iced high calorie cake on hand. (It's a pleasure to see that not everyone is half my age!).

SAFETY SYSTEMS

Another month has come and gone since our last column and not much has changed around the section, except maybe the fact that "Head's" hair grew in, finally.

Ian and May are in Hawaii for two weeks catching some rays. He mentioned something about taking the Rock 'n' Roll and Booze Cruise so we'll have to find out how it went.

We're slowly gearing up for the qualification drops on the Light Weight SKAD in April.

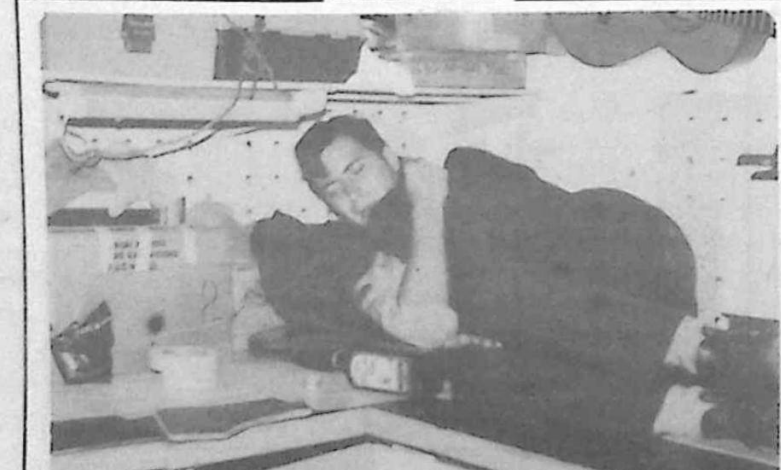
As it stands now, we'll probably be dropping two to four every day we're in Nanoose so they'll be keeping us pretty busy. If everything goes as planned, we should have eight SKADs here and operational by early fall. Percy, Ed and Debby, despite numerous delays, just got back from Fort Erie, Ont, where they were at Irvin Industries for the LW SKAD course. According to them, there is no comparison between it and the Sea SKAD.

As of yet we haven't gotten any postings out of the shop although Bud Peters who is at the Survival School will be leaving us this summer for a

tour overseas. It's been great having you with us Bud and we hope you enjoy your stay in Germany. Replacing Bud will be Cpl Cory Cooper from Edmonton. We would like to welcome Pte Desjardine and Cpl Holowaty and his wife here. They are both recent graduates of the TQ3 course in Borden.

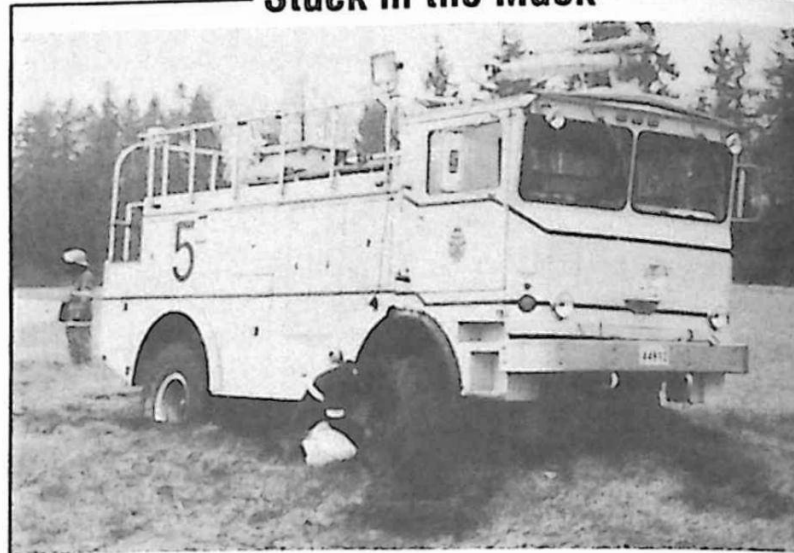
That's it for this month but in closing I'd like to ask a couple of questions; Why do we have to shake our keys for service in our Supply section? Why is Ed more anatomically correct than most of the girls in our section? And Debby, who is there???

ZZZZZZZ



Mike Gauthier at sea on HMCS Annapolis. Don't misread the picture; Mike is demonstrating energy conservation (in trade lingo "recharging the battery").

Stuck in the Muck



The "Fearless Firemen" of CFB Comox found themselves in a bit of a sticky situation recently. Seems that the unnamed driver was attempting to qualify for the local "4 x 4 Club" and became a bit overzealous. Rumour has it he now does his fire calls on a bicycle. Pity the gardeners!

A Base Photo

WOs & Sgts Mess

Wednesday Mornings at 1000 hrs. "FREE" Coffee & sticky buns in the Mess Lounge. Come on over, hear the latest gossip, official rumours and see the progress on the renovations.

SUNDAY EVENING DINNERS

The Mess Dining Room is open to all Mess Members for Sunday or holiday family dinners, as follows: Reservations to be made with the Mess Manager prior to 1600 hrs Wednesday. First come first served to a maximum of 26 persons. Cost \$6.00 per person - payment to be made with reservation.

--Casual Dress--

Dining room to be cleared by 1815 hrs.

REGULAR TGIFs — 6th - 13th - 27th

THURSDAY MARCH 12th

RETIREMENT MESS DINNER to honour the following: MWO Denny Cock, WO Bob Munroe & Sgt Bob Legeault of 442 Sqn & MWO Gerry Gerow from VU33 Sqn.

SATURDAY MARCH 14th

The 2nd Annual 'LUCK OF THE IRISH' MONTE CARLO NIGHT Games of chance for all, including Black Jack, Crown & Anchor, Over & Under and a five race horse racing card

Food: "IRISH STEW"

FRIDAY MARCH 20th 1800 hrs to 2400 hrs

"MIXED GAMES NIGHT" Darts - Euchre - Shuffleboard TGIF Food will be on from 1730 hrs

Casual Dress

Registration for the games 1800 hrs. Games start at 1900 hrs. Dancing to the latest Mess tapes after the games. Admission "FREE". Prizes for the winners of each sport.

UPCOMING EVENTS — MARK YOUR CALENDAR!!

SATURDAY APRIL 4th - SPRING BINGO

FRIDAY APRIL 24th - MIXED GAMES NIGHT

SATURDAY MAY 9th

MOTHERS DAY SPECIAL "SPRING BALL" CANDLELIGHT DINNER

Cost as follows:

\$20 per person to regular & Associate members.

\$50 per couple to honorary members & guests.

This includes dinner and a night of dancing to the mellow sounds of the "CROSSWINDS" Band engaged especially for this function.

ADVANCE TICKET SALESRESERVED SEATING** To regular and associate members 15th March. Honorary members and guests available 1st April. Acquittance Roll available.

****NOTE****

Cut-off date 1st May 1987. Get your tickets early and avoid the wrath and disappointment of your children's mother!!!

SECTION NEWS



Supply Signals

Well, let's get down to the job at hand and keep you guys and gals informed on what is really going on in the wonderful world of Base Supply.

First of all, congratulations to our new Corporals Chuck Harvey, Shawn Price and Manon Gervais.

In the very near future you should see a very big change in PMQs. Guess who got appointed to Mayor? We wonder where he's keeping his new gown and gavel.

Also a warm welcome to (Mrs) Steve Dew who has started work in Material Processing (shipping). You remember Steve, he has the diaper service and as a part time job he used to work in Stocktaking.

And we can't forget to welcome our two new, handsome young guys working in I

Supply Group. No! No! Mario, it's not you. They're Terry Marks and Willie Wilson. Welcome aboard you two.

As you know, the Jr Ranks Mess had a bingo night and one Supply Tech in particular was so busy eating her popcorn and joking around that she forgot to mark off numbers (you know who we mean L.C.). This allowed bingo shark Jack Picard to sneak in and win \$50.00. Jack, how many cards did you really buy?

You can tell the rainy season is almost over, people are just about as depressed as they can be. Accordingly, the big doctor prescribed to Lorena Charles another trip to California. I wonder what Rocky had to do with that?

Christine's tax return must be pretty good this year. She decided to spend two weeks

with Ziggy in wonderful Hawaii. Christine, is it a pre-honeymoon trip or are you just going to have a good time?

I know of another girl who is also going for a trip, if you want to call it that. It's not Hawaii or California. Yes, you guessed it, Borden!... Good Luck Joan Cook on your TQ5 course. Also, Sgt Vander Kooy is going on sort of a trip as she will be going off on her maternity leave soon and will be back on the first of June.

Meanwhile, our dear Sgt Pat Bolton has volunteered to do the TQ4 training during Maxine's absence. Good luck on your new task. Oh! Another thing before we close this issue, if anybody needs lessons on ice fishing for trout, please contact Major Blakely or MWO Bowerman. I'm sure it would be a pleasure for them to help you.




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Canadian Transport Commission
Commission canadienne des transports

File No.: 2-A785(41/87)
Docket No.: 9765

DATE: March 9, 1987

NOTICE OF PROPOSAL BY AIR CANADA PURSUANT TO SECTION 27 OF THE NATIONAL TRANSPORTATION ACT AND SECTION 22 OF THE AIR CARRIER REGULATIONS FOR THE ACQUISITION OF INTERESTS IN AND CHANGE OF CONTROL OF AIR BC LIMITED.

By direction of the Air Transport Committee, pursuant to Section 22 of the Air Carrier Regulations, C.R.C. 1978, c.3, as amended and pursuant to Section 27 of the National Transportation Act, R.S.C. 1970, c.A-3, as amended, notice is hereby given of the acquisition of interests in and change of control of Air BC Limited to Air Canada.

Any person affected by the proposed transaction or any association or other body representing transportation undertakings affected thereby, may object on the grounds that it will unduly restrict competition or otherwise be prejudicial to the public interest. Any objection shall be filed with the Secretary, Air Transport Committee, Ottawa, Ontario, K1A 0N9, with a copy served on the parties to the proposed transaction or their representatives not later than April 9, 1987, together with evidence that it has been duly served upon the applicant.

Any person who is interested in an objection to the Commission pursuant to Section 27 of the National Transportation Act, to which that person is not a party, may, within ten (10) days of the last day for the filing of objections, apply for leave of the Commission to file an intervention pursuant to Section 74 of the General Rules of the Canadian Transport Commission.

On request to the Committee, additional instructions on the filing of an objection will be provided.

If additional information is required, you may communicate with the undersigned at (819) 997-1792.

Canada

A. Desrochers
for Acting Director
Analysis & Licensing Branch
Air Transport Committee

Sergeant's Leadership Seminar



Pictured above are the attendees of the Sergeant's Leadership Seminar held recently at CFB Comox. Personnel include - Back Row (L to R) Sgt Pearce, Sgt Menard, Sgt Willerton, Sgt Ouellette, Sgt Hoffman, Sgt Wylde, Sgt Carter, Sgt

Haugen, Sgt Clarke, Sgt Higdon, Sgt Jessome. Front Row (L to R) Sgt Bond, MWO Johnsen, CWO Del Fabro, Col Gibbon, MWO Symes, MWO Gerow, Sgt Caughey.

SECTION NEWS



Demon Doins

Oodles of Captains!



Recent promotion to Captain at 407 include....Back Row (l to r) Adam Chalmers, Dave Nurse, Dave Bolton, LJ Kroker, Graham Edwards.
Front Row (l to r) Steve Amo, Pete Holst, LCol R.B. Sutherland, Alex Raiche-Marsden.

Well finally after much soul-searching, bean counting, discussion of merits, gazing into crystal balls, gazing into each other's eyes, gazing off into space, Training and Standards has determined the 1987 new and improved competition crew. They walk, they talk, they can spell their own names! This years representative of 407 Demon Sqn at the O'Brien Cup and then at the Fincastle Competition is Crew 4 Sledgehammers. Led by Capt Jean Langevin at VPCC and Capt Kevin "Goin Down Under" Murray at TACNAV they obviously had what it takes. In recognition of their achievement they will be flown all expenses paid to romantic Greenwood, N.S. for approx two whole weeks. All the other crews being gracious losers agree this is what Crew 4 deserves.

Bravo Zulu to Crew 4 Sledgehammers and good hunting at O'Brien.

Exercise "Demon Touch" has come and gone with everyone knowing how much effort was put in by all and how much success was realized. Hearing about all the attaboys that have come to the Squadron can only attest to that fact.

Crew 2 Cowboys (theme song "I Wanna Be a Cowboy" by Boys Don't Cry) has returned from Adak, Alaska with little to report except that our Maj Gibbs is the bumper pool champion of that Island Resort.

Odds and Sods and Crew 6 Terminators (theme song "I Am Woman" by Helen Reddy) sojourned down to San Diego for a SUBEX on which all went well, although it was noted the checkers outnumbered those being checked.

This months "I bang my head on the wall because it feels so good when I stop" award goes to Capt Graham Edwards who whilst fine tuning his model aircraft's engine discovered that the prop had an appetite for thumbs (his). Capt Edwards being at a loss for words (and thumbs) was later heard to defend this purchase by proudly saying "that engine didn't even miss a beat." Unfortunately this rules out Capt Edwards for the 10-pin bowling team and hitchhiking is out of the question. NUFF said.

407 ARMAMENT

Well they finally caught up with me so here is the latest from 407 Armament. Been to

Course, Dusty Burrows is in Borden on his HC - word has it he will be returning with a new "Ball and Chain." Congratulations (I think). While the wedding bells are ringing I must mention that Dave Colquhoun is planning to bite the bullet in March. Best of luck to you and your new bride. Now back to our armours on course; this time the "couth" courses. Ray Michell is off to Penhold to learn his while Stu Waldron and Chris Stoyle will be entertained at the SLC in Borden. Grin and bear it guys.

The rumour wheel is turning fast and furious these days.

The list of postings I've been hearing lately around the coffee room are: a WO to Greenwood, a Sgt to Chatham, a MCpl to Cool Pool, one Cpl off to Germany and one Sgt (he hopes) will be staying in Comox and will be working on the new fighters when they arrive. I think I know who started this rumour.

Pam McKee's vacation is over; she is back working as an armourer again - Bud Englund is replacing her in research.

Speaking of vacations, Faye Luppe is going on a permanent one. Best of luck Faye and Ralph on your new endeavours. Finally this years competition crew has been

selected for the O'Brien Cup challenge. Representing the Armament Shop will be Bob Filgate, Steve Watts, Tom MacInnis and Richard "Lover Boy" Lamothe. Good luck guys and may the best load win this year. That's all for now folks so until next time keep your powder dry.

1 CREW

Hello again from 1 Crew. As I was relaxing on my last day off before heading back to work, I received an emergency phone call from the ASO, telling me that our article for the paper was overdue. Since I can't remember who I assigned the job to, I thought I'd better sit down and whip something up. I trust that all have recuperated after a very intense exercise. Many thanks to everyone who put forth extra effort to make it a big success.

Unfortunately we can't all relax in Hawaii like Wayne Sloan and his crew. We'd like to say farewell to our departing members and wish them all the best: Cpl Labbe who's transferred to Maintenance, Cpl Thompson, who has already left for Portage La Prairie, Cpl Knaus and Cpl Stotz to Germany. Welcome to our new members of the crew; Cpl Carruthers from Maintenance and Cpl Nevet from 3 Crew.

Well, that's it for this time. See you in the next issue.

CDs presented



407 Sqn CO LCol Sutherland presents CDs to MCpl Roy, MCpl Warrender and MCpl Valiquette.

AROUND THE BASE

Bicycle Safety

Every year thousands of bicycle operators are killed or injured because of bicycle accidents, almost a quarter of which are due to mechanical failure. It is most important to

keep your bicycle in good condition, and develop responsible attitudes towards safety. The Motor Vehicle Act states that a person operating a bicycle on a highway has the same rights

and duties as a driver of an automobile.

The biggest problem encountered by bicycle operators is seeing and being seen. It is unlawful and selfish to ride a bike after sunset without having a headlight and tail-light or fender reflector. The

white front light must be visible from a distance of 152 meters, and a red rear reflector from 91 meters. Remember that bike riders are hard to see in the dark so wear bright or light colours.

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Greg will be serving the needs of clients in the Comox Valley and Campbell River. Sid will be providing the same service in the Comox Valley and Powell River.

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SPORTS & RECREATION

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CISM TAE KWON DO COMPETITION
SEOUL, REPUBLIC OF KOREA - OCT 87

The 1987 CISM calendar shows that the Republic of Korea is scheduled to host a TAE KWON DO Competition in Seoul during Oct 87 as part of the CISM program of events for 1987.

To be eligible for the CISM TAE KWON DO Competition, it is expected that participants will have to meet the eligibility criteria outlined in CFAO 50-3 and in the CISM Competition rules. It should also be noted that WTF competitions are normally limited to WTF recognized black belt participants. Confirmation of rules and eligibility requirements will follow immediately on receipt of the official notification of the event and the official rules.

Team selection will largely be influenced by an individual's standing in Regional, Provincial and National Level Tournaments, competitions and team trials leading up to summer 87 and the Pan American Games in July 1987.

It is anticipated that, provided there are suitably qualified potential competitors, team selection will be done in summer 87, with assistance provided by the WTF TAE KWON DO Association of Canada.

For more info contact the Base Rec Centre, Local 8315.

PADI UNDERWATER INSTRUCTOR COURSE

CFB St Jean Scuba Club will conduct a PADI Underwater Instructor Course from 15 - 24 May 87. The course is open to all suitable candidates. Pre-requisites are:

- 1) Minimum age 18
- 2) PADI dive master
- 3) Diving rescue techniques
- 4) CPR (current)
- 5) First Aid Current
- 6) Medical exam within past 12 months

Candidates are required to provide their own equipment to meet PADI standards. Course cost is six hundred dollars for the IDC and three hundred dollars for the IEC. Deadline for registration is 15 Apr 87. Any interested personnel are asked to contact the Base Rec Centre, Local 8315.

CF NATIONAL PHOTO CONTEST - 1987

The 1987 CF National Photo Contest will be held 20 - 24 May 87 at CFB Ottawa. CFSSO 14 Nov 86 will be the governing authority for this competition with strict adherence to deadline dates, packing and framing, custom clearances and consolidated entries. Bases, stations, units and participants are to make themselves familiar with CFSSO 14 Nov 86.

Entries are to be clearly marked, Canadian Forces Photography Contest, Attention: BPERO, CFB Ottawa, Ottawa, Canada K1A 0K5 and arrive on or before 4 May 87.



Outdoor Writers of Canada

Pipe Smoke

By Gerry Gerow



A slightly different dog training book just showed up. *The Evans Guide For Housetraining Your Dog*, by Job Michael Evans, Howell Book House, New York.

Evans is a well known dog trainer and author who is widely respected throughout the western world.

In this 127 page hard cover book he gets right down to the basics of housetraining. How do you get rascal to do it outside, instead of on the carpet? Certainly, not by screaming at him. Most of us will succeed eventually, but reading this book will make the experience much easier on both owner and dog. Paper training, so necessary for apartment dwellers is also covered.

Some of what he says in the book is basic to any dog training, but ideas and suggestions are thrown in which can benefit even the most experienced doggy person.

The author also covers related subjects such as dribbling in older dogs and leg lifting by some males. He painstakingly explains why these things happen and what you can do about them.

The public expects top notch books from Howell, and this is one of them. It's just published, so should be in book stores soon.

XXXXXX

I spent the weekend before last at a dog show on the B.C. Lower Mainland. I always enjoy dog shows because doggy people always seem to be a cut above the rest. Princess and I got thoroughly trounced in the show ring but managed to come away with two completed legs of her first obedience degree.

Dog obedience training and trialing is something anyone can participate in. Young or old, male or female. Only purebred dogs can be trialed in C.K.C. events, but almost any training course will admit the mutts, and some organizations such as the Association of Island Obedience Clubs on Vancouver Island, run trials which permit cross bred dogs to compete and earn degrees.

Obedience training is very important for any dog. The basics of obedience can easily result in saving your dog's life.

The actual obedience trial can be a lot of fun, despite the fact that your heart is in your throat most of the time. There is a tension like that connected with most competitions, but in this case the tension felt by the handler is easily recognized by the dog which does all sorts of strange things as a result. One lady told me that she was going to get a T-shirt that says "my dog always does it right at home."

Interested in obedience training? Well, if you're a dog owner, you should be. Contact your local dog club for assistance. In Comox that will be the Forbidden Plateau Obedience and Tracking Club. In the Cold Lake area, contact the Lakeland Obedience and Kennel Club. I suggest you Cool Poolers speak with Terry Bagley of Taramara Kennels. Sorry, I don't have a club for Chilliwack, but if someone will pass along the name I will be glad to print it.

I know a number of teenagers who are having a ball training their dogs. As I said it's something everybody can do. A ten year old or an octogenarian. Neither are unheard of in an obedience trial. Have you picked out a name for the puppy yet, Frank?

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SPORTS & RECREATION

Logspiel '87



"A" Event winners - The Robertson Rink

SWEEP, SWEEP, MOAN, GROAN AND OH NO!

were the main words heard during the 12th Annual Pacific Logistics Curling Logspiel hosted by CFB Comox 12 - 14 Feb 87. The Logspiel is hosted by 3 different Bases on a 3 year cycle, by CFB Comox, CFB Esquimalt and CFB Chilliwack, and is for personnel from the logistics field of Supply, Transport, Finance and Food Services. This Logspiel is a way for Pacific Region Logisticians to meet new friends and renew old acquaintances in a spirit of friendly competition.

Logspiel 87 was officially kicked off on Thursday 12 Feb with a Meet and Greet at Glacier Greens Golf Club, hosted by the Logspiel Committee, and welcomed by the Base Commander Col. Gibbon, all participants were treated to an evening of slave sales, music and feasting (Chili)!!!

0700 hrs Friday morning comes very quickly to those people on the first draw and who partied through the night. In fact, all the people on the first draw personally thanked drawmaster Derrell Sears for putting them on at that time.

1100 hrs was the official opening ceremonies in which all curlers were piped onto the ice and the official first rock was thrown out by Guest of Honour LCol Jacques Morency, SSO Sup Air Command.

1700 hrs Saturday showed who were the serious curlers as the finals of A,B,C and D events ended. The culmination of Logspiel 87 was held at the wind-up banquet in which all the major event winners were officially presented with their ill gotten gains.



"C" Event Winners - The Sears Rink



"B" Event Winners - The Fawcett Rink

- A - Ken Robertson - CFB Chilliwack
B - Joe Fawcett - CFB Esquimalt
C - Derrell SEars - CFB Comox
D - Skip Hartley - CFB Esquimalt

First team out - Bill Stilwagon (Provider)
Congeniality team - Claire Gagnon (Comox)

Putting on an event of this magnitude is very time consuming and a lot of hard work, and I would like to present the members of the Logspiel 87 Committee, who contributed to this very successful event: Capt Neville (Grunt) Russell, Chairman, however, he was volunteered to go on a QM Course instead of curling; Lt Dave (Noskip) Jones, who was volunteered to take over as Chairman; Sgt Derrel (I'll win A event) Sears-Drawmaster; MCpl Larry (I never get blown out) Toovey - Transport; Pat (I never miss) Armstrong and Cpl J.P. (I do everything) Ullock - Prize Coordinators (these guys drummed up \$2,500 in prizes); Cpls Claire (Valentine) Gagnon and Donna (Slave Master) Forget-Food and Entertainment; Gord (Sticky Fingers) Wood and Wally (I never work) Berger - Treasurer and Accommodations.

My special appreciation to Col Gibbon, LCol Morency, LCol Bowes and Maj Blakely for their support, and to all the 'players' for their participation.

One final note - this writer participated in the true spirit of competition by allowing himself to lose all his games and thereby endearing himself not only to his rink but provided a service to the winners in the spirit of Nulli Servitium Securus.....(by Lt. Dave Jones)



"D" Event Winners - The Hartley Rink

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Canadian Forces Update

Across the River



CFB PENHOLD, ALBERTA -- Canadians face thousands of obstacles every day. Not all are overcome or overcome easily. But soldiers must find ways to conquer all obstacles quickly and safely. Canadian Forces Aero engine technician Rick Crocker of Sparta, Ont., faced such an obstacle in the form of a 'raging river' during leadership training at this Albertan training base. Master Corporal Crocker overcame 'the river' by building a two-rope bridge and crossing above the 'raging waters'!

Based at CFB Comox, MCpl Crocker is one of 72 students from Canada's western military bases undergoing six weeks of leadership training at Junior Leadership School as a requirement for career advancements.

MCpl Crocker is the son of Raymond Crocker of Sparta. Canadian Forces Photo by Pte Jozef Baars.

Valcartier's Helicopter Squadron to Sinai Peace Force

OTTAWA -- Members of the Canadian Armed Forces' 430e Escadron tactique d'hélicoptère de Canadian Forces Base Valcartier, Que., will take up peacekeeping duties in the Middle East this month.

The 127 non-commissioned members and officers, about 80 of whom are from CFB Valcartier, join the Multinational Force and Observers (MFO) for a six-month tour 26 February as part of the semi-annual rotation of the Canadian Contingent to the MFO in the Sinai Peninsula.

The 430e Escadron replaces 427 Tactical Helicopter Squadron personnel who will return to their home base in Petawawa, Ont. The helicopter unit's duties will include transportation of observers to designated verification locations; the transportation of personnel and supplies to remote areas; medical evacuation, and search and rescue missions as required in support of the MFO.

Canadians have been serving in the MFO since April of 1986

2 Royal 22e Regiment to Cyprus

OTTAWA -- Canadian troops carried out their 47th rotation to Cyprus during the period of February 23 to March 9, 1987.

The Second Battalion, Royal 22e Regiment, based at CFB Valcartier, Que., took up Canada's portion of the UN peacekeeping role on the island for a six-month tour.

The 425 members of the battalion, under the command of LCol Christian Couture, replaced members of the Canadian Airborne Regiment who returned to their home

base in Petawawa, Ont. A staff of 90 Canadian Forces logistics and administration personnel are currently serving in Cyprus in support of the peacekeeping units but are rotated at a different time.

Air Command's 437 Transport Squadron, located at CFB Trenton, Ont., flew the battalion to Cyprus and brought home the airborne regiment. This will be the fifth tour of duty on the Mediterranean island for this battalion of the Royal 22e Regiment.

Canadian Forces personnel have served in Cyprus since March, 1964.

The French-speaking Royal 22e Regiment is one of the most famous infantry regiments in Canada. The soldiers are popularly known as the "Van Doo's," a name dating back to 1914 when some English-speaking members of Commonwealth and American armies with whom they served in World War I, had difficulty pronouncing "vingt-deux."

International Search and Rescue Conference

QUEBEC CITY -- The International COSPAS/SARSAT Steering Committee met in Quebec City recently to further develop the combined Canadian, French, U.S. and U.S.S.R.-based search and rescue capability of the COSPAS/SARSAT System, and to develop the framework

for a permanent organization that would make the system available worldwide. COSPAS (the Soviet COSMOS Search and Rescue Satellite)/SARSAT (Search and Rescue Satellite-Aided Tracking System) is a good example of the use of space through the application of

satellite technology to detect and locate aviation and maritime distress incidents.

The satellite system allows the timely resolution of the location of emissions from emergency radio transmitters activated by aviators and mariners in distress.

Le complément

Le COMPLEMENT est rédigé par le capitaine A.B. Keene et publié par les Services d'information de la Défense. GGDN 101, promulgué par le Colonel By (Ottawa) (Ontario) K1A 0K2. Pour tout renseignement, écrire au SIDA/GGDN, information interne ou composer le 992-7163.

COSPAS/SARSAT

Le système COSPAS/SARSAT formé du satellite soviétique COSMOS de recherche et de sauvetage et du système de recherche et de sauvetage assisté par satellite SARSAT a été mis en service en 1982 suite à un accord de 1980 entre le Canada, la France, les États-Unis et l'URSS. Il permet d'accélérer les recherches en fournissant les coordonnées des lieux des accidents. Les signaux de détresse émis par les radiobalises de secours à bord des aéronefs et des bateaux sont captés par les satellites et transmis aux stations terrestres. Ces dernières les analysent et transmettent les renseignements obtenus aux Centres de contrôle des missions (au Canada, à la HEC, Trenton) qui, à leur tour, relaient l'information aux Centres de coordination de sauvetage (au Canada, à Halifax, Trenton, Edmonton ou Victoria).

La possibilité d'utiliser des satellites pour capter les signaux de détresse avait été étudiée par certains pays, dont le Canada, dès le début des années 1970. En fait, en 1972, une étude commandée par le ministère de la Défense nationale démontrait que les signaux émis par les radiobalises de secours pouvaient être captés par un satellite placé sur orbite polaire basse et permettre une localisation à 30 km près.

Le premier satellite à être muni d'équipement de détection de signaux de détresse pour la recherche et le sauvetage a été le COSPAS-1 soviétique, mis en orbite en septembre 1982. Au même moment, plusieurs stations terrestres étaient mises en service, rendant le système opérationnel. L'année suivante, le premier véhicule spatial SARSAT, le satellite météorologique américain NOAA-E, était mis en orbite.

Le système comprend maintenant deux satellites américains et trois satellites soviétiques. Chacun d'eux met 90 minutes à compléter le tour de la terre. À chaque tour, ces satellites effectuent une vingtaine de passes au-dessus du territoire canadien. L'interopérabilité du COSPAS/SARSAT permet au Canada et aux autres pays participants d'utiliser les deux systèmes, et couvre ainsi un plus grand territoire.

Le système COSPAS/SARSAT est un bel exemple de coopération internationale. Au quatre participants de 1980, se sont joints cinq autres pays: la Bulgarie, le Danemark, la Finlande, la Norvège et le Royaume-Uni.



Des techniciens de recherche et de sauvetage du 442^e Escadron de Comox à bord d'un Labrador s'entraînent avec des membres de la section de sauvetage maritime. (ISC86-173)

Au nombre des changements récents au système SARSAT canadien, mentionnons trois nouvelles stations terrestres à Edmonton, Churchill (Man) et Goose Bay, au Labrador. Dès leur mise en opération prévue pour cette année, on fermait la station d'Ottawa, présentement la seule au pays. Afin d'améliorer davantage le système, le ministre de la Défense nationale, Perrin Beatty, annonçait en août dernier, l'allocation de 18 millions de dollars pour l'achat de nouvel équipement SARSAT qui comprendra, entre autres, trois répéteurs.

Sauvetage SARSAT

par le sous-lieutenant J.A. Williston

Le 8 octobre, un Américain naviguant en solitaire dans l'Atlantique a été sauvé à plus de 800 milles nautiques à l'est de St. John's (N-E). Le Sea Sharp Minor, voilier de 10 m parti de Falmouth, en Angleterre, et faisant route vers Boston, au Massachusetts, avait été dévié par une tempête et avait subi de graves avaries. Grâce aux efforts conjugués de quatre pays et au système de recherche et de sauvetage assisté par satellites (SARSAT) dont disposent ceux-ci, l'opération de sauvetage a été couronnée de succès.

Le marin, qui n'avait pas été blessé, a été conduit à Rotterdam, en Hollande, à bord du navire de sauvetage MV Stotz Crown. Au moment de l'incident, le Sea Sharp Minor était en mer depuis quatre semaines environ.

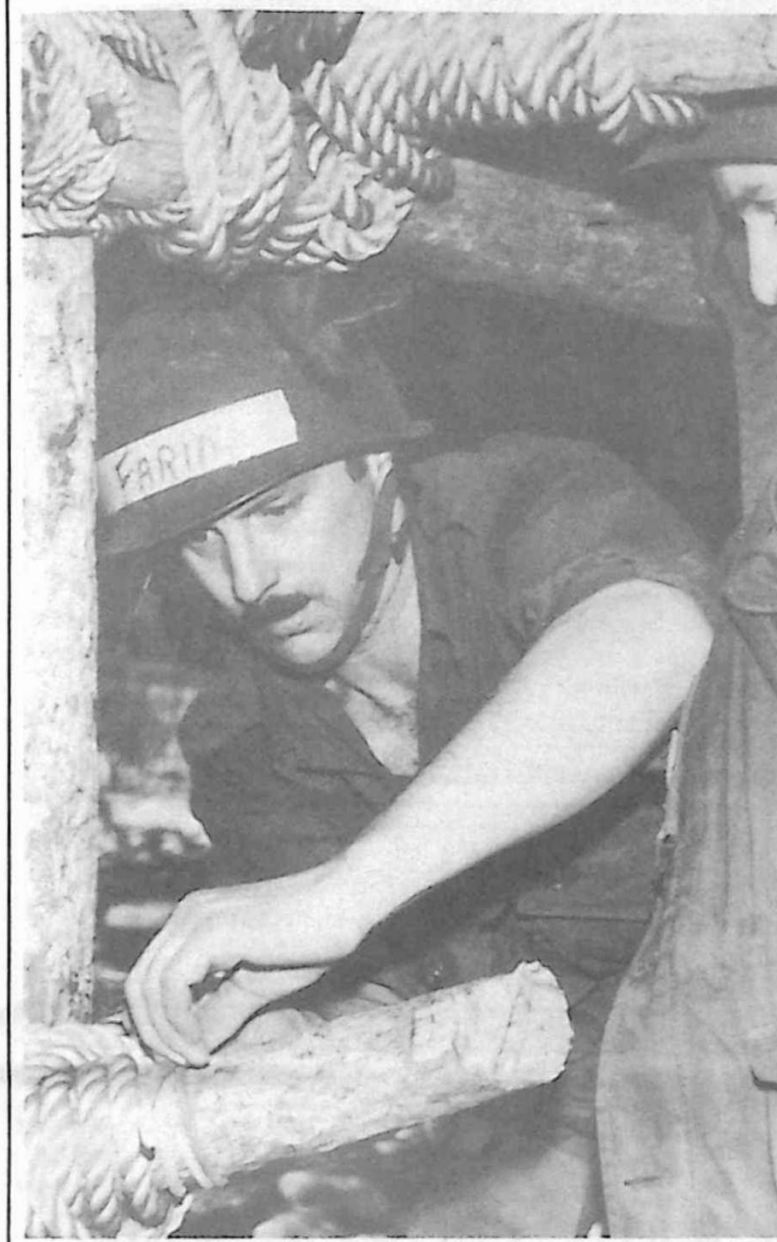
Le système SARSAT est la dernière acquisition du ministère de la Défense nationale dans sa panoplie de ressources affectées à la recherche et au sauvetage. En avril 1986, le Canada, la France,

l'U.R.S.S., les États-Unis et le Royaume-Uni ont signé un accord international (International Operations Agreement) prévoyant l'échange de données sur la recherche et le sauvetage pour sauver des vies sur terre et en mer. Quatre des cinq pays signataires de l'accord ont participé au sauvetage, tandis que le voilier en détresse venait du cinquième.

L'opération de sauvetage a débuté tôt en soirée, le 7 octobre, et s'est terminée en matinée, le lendemain. Le signal de détresse du voilier a été capté par un satellite français et transmis à une station terrestre située à Toulouse, en France. Le Centre canadien de contrôle des missions, à Trenton (Ont.), a été alerté et a ordonné le décollage de deux *Aurora* canadiens de la BFC Greenwood (N-B). Un CC-130 *Hercules* britannique, qui revenait d'Amérique du Sud, a aidé les *Aurora* à trouver le voilier. Deux navires ont aussi changé de route pour contribuer aux recherches, guidés par les avions. Une fois arrivé près du voilier, le MV Stotz Crown, navire immatriculé au Liberia, a procédé au sauvetage du marin, tandis que le bâtiment soviétique restait à proximité pour aider, le cas échéant.

Canadian Forces Update

Tower Builder



CFB PENHOLD, ALBERTA -- Canadians face thousands of obstacles every day. Not all are overcome or overcome easily. But soldiers must find ways to conquer all obstacles quickly and safely. Canadian Forces aero engine technician Rick Farina of Richmond, B.C., faced such an obstacle when he took on the job of building an observation tower with only limited resources such as rope and wood during leadership training at this Albertan training base.

Corporal Farina completed the job by using his knot tying expertise in constructing the tower.

Based at CFB Comox, Cpl Farina is one of 72 students from Canada's western military bases undergoing six weeks of leadership training at Penhold's Junior Leadership School as a requirement for career advancement.

A nine-year veteran of the Forces, Cpl Farina is the son of Dennis and Hazel Farina of Wagtail, Richmond. Canadian Forces Photo by Sgt Dennis Mah.

CFB COMOX WINDSURFING CLUB

1987 GENERAL MEETING

PLACE: Alcan Lounge at Base Recreation Centre

WHEN: 25 March 1987 1930 hrs

All 1986 members and all individuals wishing to join in 1987 are encouraged to attend.

Agenda items will include:

- a. the moving/removing of the present clubhouse;
- b. elections of new council members, specifically president, secretary, and treasurer;
- c. selling of club boards and equipment;
- d. finding individual members to go on the windsurfing instructor course; and
- e. other items to be announced.

Beatty Discusses Nuclear Policy and Arms Control

TORONTO -- Perrin Beatty, Minister of National Defence, spoke recently about nuclear arms and nuclear arms control and stated, "they are among the most fundamental issues of our time for they tap the wellsprings of our hopes and fears for the very survival of civilized life on this planet."

In a speech to the Empire Club of Toronto, Minister Beatty said that Canadian security depends, in part, on a strong NATO deterrent strategy to prevent war.

In the speech, one of a series leading to the forthcoming Defence White Paper, the following points were emphasized:

- Verifiable and equitable arms control agreements are essential objectives of Canadian policy and the

government believes that defence and arms control go hand-in-hand and cannot be separated from each other;

- Successive Governments of Canada have realized that Canadian security is best ensured when defence is shared with our democratic partners;

- Perrin Beatty said that he did not believe that any worthy aim would be achieved by divorcing Canada from weapons and policies which continue to provide security to Canadians;

- The declaration of Canada as a nuclear weapons-free zone would not eliminate a single nuclear weapon or reduce tension between the East and West. Instead, it could drive a wedge between Canada and our NATO allies;

- NATO's range of forces exists to permit flexible options in order to meet any aggression with the minimum force necessary. Canada shares NATO's goal to have only the minimum forces necessary to deter and defend rather than matching weapon for weapon;

- Canada will maintain its contributions to NATO's conventional deterrence by having land and air forces based in Europe. Similarly, our maritime forces will continue to play an essential role. Furthermore, Canada has provided facilities for allied training and equipment testing and will continue to do so as a commitment to our allies and to Canadian security; and

- Canada, as an active member of NATO, is involved in and can influence ongoing arms control negotiations.

Clipsheet

Edited by Capt. A.B. Keene. Clipsheet is published by National Defence Information Services. NDHQ 101, Colonel By Drive, Ottawa, Ontario K1A 0K2. Send correspondence to DIS/NDHQ. Attention: Internal Information Section or call 992-7163.

SARSAT

COSPAS/SARSAT. These letters represent hope for hundreds of lost and stranded ships throughout the Northern Hemisphere. They represent a system based on the Soviet COSMOS satellite and the SARSAT search-and-rescue network which started up in 1982, after an agreement signed two years before by Canada, France, the United States and the Soviet Union. It permits searches for crashed aircraft and ships in distress to be speeded up, by providing more exact information on the location of the emergency.

These, in their turn, then pass the information to the appropriate rescue co-ordination centre. In Canada, these are located at Halifax, Trenton, Edmonton and Victoria.

The idea of using satellites to pick up distress signals was studied in several countries, including Canada, during the early 70s. In fact, in 1972, a study ordered by the minister of national defence showed that signals from emergency locator transmitters such as those carried in aircraft could be picked up by a satellite in low polar orbit, and pinpointed within 30 kilometres.

The first satellite to be equipped to pick up emergency signals was the COSPAS-1, launched by the Soviet Union in September 1982. At the same time, several ground stations were put into service, making the system operational. The following year, the American weather satellite NOAA-E, equipped for SARSAT, roared into orbit.

The system now consists of two American and three Soviet satellites, each of which takes 90 minutes to orbit the Earth. In a 24-hour period, they complete about 20 passes over Canada. The interoperability of COSPAS/SARSAT allows the Canada and the other participating countries to use both systems, and cover more territory.

The COSPAS/SARSAT system is a good example of international co-operation. The original 1980 member countries have been joined



Search-and-rescue technicians from 442^e Sq. Comox, train using a Labrador helicopter and a marine crash boat. (ISC86-173)

by five others: Bulgaria, Denmark, Finland, Norway and Britain. Among recent additions to the system are three new ground stations, at Edmonton, Churchill, Man., and Goose Bay, Labrador, which are to enter operation this year, when the station in Ottawa will be closed.

Also, the minister of national defence, Perrin Beatty, last August gave approval for \$18 million for additional SARSAT equipment, including three satellite repeaters.

SARSAT Rescue

By A/SLT J.A. Williston

A lone American sailor was rescued last October more than 800 nautical miles east of St. John's, Nfld. in the Atlantic Ocean.

The ten-metre sailboat, Sea Sharp Minor, had her mast knocked off and received extensive storm damage while en route from Falmouth, England to Boston, Mass. The co-operative rescue efforts of four countries, and the Search and Rescue Satellite-Aided Tracking System, contributed to the successful rescue.

The sailor was found in good health and taken to Rotterdam, Holland aboard a rescue vessel, the MV Stotz Crown. The Sea Sharp Minor had been at sea for approximately four weeks when the mishap occurred.

This successful system has, since 1982, been credited with saving the lives of 219 people in Canada and more than 740 people throughout the world.

The International COSPAS/SARSAT Steering Committee met in mid-February in Quebec City to improve the search-and-rescue capability of the system. They also began planning for a permanent organization to make the system available throughout the world.

The rescue mission began in the early evening of Oct. 7 and was completed by noon the following day. The boat's emergency signal was picked up by a French satellite, and relayed to a ground station in Toulouse, France. Canadian Mission Control Centre in Trenton, Ont., was notified and two *Aurora* aircraft based at CFB Greenwood took off. A British *Hercules* transport, on a return journey from South America, assisted the *Aurora* in locating the sail boat. Two ships also participated in the search by altering course and were directed to the site by the aircraft. Once at the site, the Liberian-registered MV Stotz Crown rescued the sailor while a Russian vessel stood by.

AROUND THE BASE



From The Fire Chief's Office

WHEN FIRE STRIKES, GET OUT AND STAY OUT.

HEAT AND DEADLY GASES are the main killers. Even a small outbreak may be deadly. The only wise course for the occupants of any building is to get out quickly. When you detect smoke or flame, shout to warn others. Remember that small children and older people will need help.

A HOT DOOR is a deadly warning. Never open a door without first checking it for heat. If it is hot, leave it closed and go out by the window. If this is impossible, wait by the open window or on a balcony for rescue. Place clothing or bedding at the bottom of the door to keep out smoke.

BEWARE OF STAIRS. In time of fire, the stairs may be the most dangerous part of a home. They can become a chimney of scorching poisonous gases. If you cannot leave an upper room through the window, close doors behind you and open or break the window. Shout for help and wait for rescue. At night, show a light to mark your position. Second storey windows may need a rope or chain ladder to enable occupants to escape safely.

RAISE THE ALARM. No time should be wasted in calling the fire department. If the phone cannot be reached before leaving, shout to neighbours or use any public alarm system. Never waste vital time trying to fight anything more than a very small fire. The most important thing is to get out.

TELL THE FIREFIGHTERS if anyone remains in the building. Leave rescue operations to them, unless you can safely raise a ladder to help anyone down from a window or roof before help arrives.

NEVER GO BACK into a burning building for any reason whatsoever. Many lives are lost through the deadly effects of fumes, even from small fires. Never risk a life in an attempt to save personal possessions.

REMEMBER:

An hour of pre-planning may save years of life. Make regular fire drills a family affair.

Hot gases rise. The cleanest, coolest air is near the floor.

To break a window, use a chair or other heavy object, shielding the face against splinters. Remove jagged pieces from the frame.

A closed door provides some protection against fire or fumes. Keep basement or utility room doors closed at all times, and close all doors at bedtime.

Keep the fire department number near your phone, and memorize it. If you phone an alarm, give your address first, in case your call is interrupted.

Check your home for fire hazards, and eliminate them as you find them.

Your fire department will be glad to advise you on any question of fire safety for your home.

CFB COMOX
FIRE DEPARTMENT

Did You Know



The world's highest mountains, the Himalayas, spread over 1,500 miles and their peaks are more than 24,000 feet high.

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MSE SAFETY

The question

You're driving the legal speed limit on a two-lane country road. It's early morning, the sun is shining, and it's cold, yet you don't expect to see ice, but there it is, right in front of you. You're almost on it. What should you do?

- A. Pump brakes to slow down and steer straight ahead.
B. Hard brake before reaching, release brake and steer straight ahead.

The correct decision

Your decision to HARD BRAKE BEFORE REACHING, RELEASE BRAKE AND STEER STRAIGHT AHEAD is the thing to do.

You want to get your speed down before getting onto the ice but then, when you reach the ice, don't touch the brake or accelerator and keep your wheels going straight without sudden or violent turns.

It's the same as with mud and leaves, oil, snow, water, and gravel.

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LIFESTYLE

Challenging the Snake

CFB Comox Skiers Survive Attack

How far is heaven



A very talented group



It was a scene to chill the hearts of even the most hardened of individuals, bodies sprawled from top to bottom of the hill. Low moans were heard and curses muttered by the victims of the most deadly foe of the downhill skier...the dreaded snow snake. These fiendish villains lie in wait behind trees, under moguls and in piles of innocent looking fluffy snow to trip up unsuspecting skiers at the most inopportune moments.

On 3, 4 and 5 Feb 87, the CFB Comox Ski Club challenged the "snake" at Blackcomb and Whistler Mtns.

and in the final tally, the skiers came out victorious. The attack, lead by Jim "The Prez" Richardson and Cynthia, "I want four dollars for the ferry" Bedard, was successful in every way. The accommodations at the Tantalus Lodge were superb and the hot tub was well used by all to heal the wounds caused by over-zealous attempts to be friendly at the local watering holes but the fresh mountain air kept everyone awake. Why was it that certain members of the trip were reluctant to return to the Savage Beagle...do loud noises still bother you, Dale?

The first day of skiing was

slightly on the moist side with Suzanne being the only one properly dressed in a neoprene wet suit.

The conditions high on the mountain were excellent with lots of powder. It we could only convince Gord, that Frosty the Snowman does his own stunts and doesn't need a stand-in! The second day had better visibility and the same great snow conditions. The "Prez" even learned to stop without turning sideways! We are still trying to figure out why he insists on skiing vertical slopes. Or better yet, why so many like Rick, Gordo, Tal and Cynthia were dumb enough to follow him. They

call Runs "Cat Skinner" and put a black diamond on them for a reason guys! The third day was absolutely perfect, bright sun, blue sky and perfect snow conditions. Even the Doc found a fun to his liking, a gentle, wide open slope named Test Run. Larry liked it so much he kept test running it! The RCMP (Royal Canadian Mogul Police) added to our amusement by the screams of "Mother" and "Make my day" every time a close encounter has had with a mogul.

The nightly entertainment was "par excellence." The diners at the Keg are still amazed that a spoon can ac-

tually hang from a person's nose. But pictorial proof shows that three out of four spoons prefer noses to mouths. Those who attended and survived the BYOFE (Bring Your Own Fire Extinguishers) would like to thank in writing Jim and Tal for the great spaghetti sauce. We are unable to do it verbally due to garlic burns of the vocal cords.

All in all, an excellent trip and next year promises to be even better! Our thanks to BTNO and Cpl Burton for our excellent transportation and driving. To those who didn't make the trip there's always next year. To those who did, thanks for the memories.

Gray Whales on Parade

Don't miss the Gray Whale Parade on the west coast of Vancouver Island. This year the villages of Tofino, Ucluelet and surrounding native communities are hosting the 1st Annual Gray Whale Festival from March 14 through to 29th, in celebration of the gray whales' miraculous comeback to our coast. In only 50 years the grays have grown from near extinction, resulting from commercial whaling, up to approximately 18,000 whales!

year, they leave the secluded calving lagoons of Baja California to make their trek north to the Arctic Seas, the majority of them gracing our shores in March and April.

Some of the grays choose to end their northern journey here and take up residence for the entire summer feeding on our bounteous ocean floors, which makes the Pacific Rim area the best place in Canada to observe these gentle giants. The steady increase of whales being seen, has generated greater interest in their behavior. Educational programs are offered here in order to raise public awareness

in hopes that people will better understand the value of our wilderness areas. Our west coast boasts a wide array of wildlife observation opportunities including bald eagles, ospreys, puffins, sealions, otters, and seals to name a few.

The whales are in good company and the west coast people are proud to share them with the rest of the world!

The villages have been actively planning numerous unique events for the Whale Festival ranging from traditional native dancing to a gumboot golf tournament.

Check the Calendar of Events for further details. Weather permitting, a variety of whale watching boats depart from Tofino and Ucluelet for a "close up" experience and sea planes can be chartered out of Tofino harbour.

Pacific Rim National Park will be hosting Whales-in-the-Park-Week, March 14-21, offering free programs like guided whale-spotting hikes along the shorelines and educational films and lectures at the Wickaninnish Centre as well as Greenpoint Theatre, where whale specialists will be presenting their latest discoveries. The Park Infor-

mation Centre will be open starting March 14 (726-4212) for general information and will have an up-to-date whale spotting map for visitors to come and record their sightings. Whale researchers are going to be in the area throughout the Festival conducting studies, distributing surveys and accompanying whale-watching excursions to record interactions between whales and people.

So pull on your woolies and rain gear and come on over to the wild west coast to catch the gray whales on parade. There's lots to do and see at the 1st Annual Pacific Rim Whale Festival!

OUR NEXT DEADLINE

MARCH 23

HEALTH AND WELL BEING

info
health

Dr. Bob Young



MEDICARE A PROBLEM?

Doctors, nurses, and judges consistently rank at the top of the opinion polls in the "trustworthiness" category. Interestingly, they generally score higher than the clergy.

Yet, in recent years, physicians have been subjected to more abuse, regulation, and general battering than ever before. What is going on?

Medicare is the problem. The Canada Health Act insures, and the politicians have promised, virtually unlimited health care for all Canadians. In most provinces this is provided at little or no direct cost to the patient.

Doctors long ago predicted that our open-ended system would become too expensive for government, and this has come to pass. Politicians had to find someone to take the blame, and the obvious target was the doctors, with their high profiles, good incomes, and minimal ability (we rarely go on strike) to fight back.

Doctor's fees represent a relatively small part of health care costs. Hospitals, extended care facilities, nurses, drugs, and ambulance services all contribute to the overall costs.

New scanners, artificial joints, modern drugs, and heart pacemakers are examples of new and expensive technology.

Goose grease and sulfur and molasses are cheaper, but today's treatment is much more effective. Doctors are able to restore more people to more complete normal health faster than ever before, with much more confidence and far fewer complications. Of course it costs more - we have an improved and enlarged product line.

But chastizing the doctors is like blaming car manufacturers for the diminution of world oil supplies. The price of progress should not include blame.

The answer, politicians feel, lies in limiting billing numbers, telling doctors where they may or may not practice, rationing care by closing hospital beds, reducing research funds, and providing only predetermined (by budget, not need) numbers of hip replacements or specialized pacemakers.

By the way, trust in politicians, the polls show, is very near the bottom.

Info/Health is brought to you by the British Columbia Medical Association and the Totem Times.

ARTHRITIS?

ASK YOUR DOCTOR

A recent U.S. study shows that half of all people with arthritis don't know what form of arthritis they have, and some of these people could be getting the wrong treatment.

Researchers at Stamford University found that, of almost 200 people in their study who had been diagnosed with arthritis, 48 percent could not correctly identify the type of arthritis they had. About 89 percent of the people with Rheumatoid Arthritis knew what type of arthritis they had, but only 45 percent of the people with Osteoarthritis correctly identified their condition.

Of the people who had another form of arthritis, only 33 percent could name the type. And of the people who had more than one form of arthritis, only a low 5 percent could even partially identify their condition.

The study shows the need for greater communication between people with arthritis and their doctors, say The Arthritis Society. People should ask their doctors questions, making sure they understand the specific nature of their condition and the correct treatments for it.

For more information please contact Danda Humphreys, Communications Coordinator, The Arthritis Society, 895 West 10th Avenue, Vancouver, B.C. V5Z 1L7, telephone (604) 879-7511 local 310 or 314.

ASK YOUR
PHARMACIST

by Bill McConnachie, B.Sc. Phm.,

CAN CAFFEINE BE GOOD FOR YOU?

For many of us, there's no better way to start the day than with a fresh, hot cup of tea or coffee. It's just the right pick-me-up before getting down to work.

What's responsible for the lift is caffeine, the most popular non-prescription stimulant used today. Besides tea and coffee, caffeine is also found in colas, chocolate and most non-prescription "stay-awake" aids.

Used moderately, caffeine can improve mental alertness. However, it's no substitute for a good night's sleep because all it does is make you ignore your tiredness. As much as we might like to think, caffeine does not restore energy.

Caffeine works by stimulating the central nervous system, improving mental activity and muscle tone. It can also help relieve the sense of boredom that comes with many monotonous tasks.

Beware of the myth that caffeine can "sober-up" someone who has had too much alcohol. It merely counteracts the depressant effect so the person does not feel sleepy.

If you want to enjoy the desirable effects of caffeine, stick to small doses like the

amount in one cup of coffee. It takes your body a few hours just to process that little.

Larger doses taken at a time or in drinking more than four cups during the day can cause unwanted effects like insomnia, irritability and headaches.

Studies also show that people who regularly drink more than five cups a day build up tolerance and may not suffer from insomnia from a cup at bedtime; but a moderate or non-drinker might end up tossing and turning half the night. Heavy users can become addicted to caffeine and experience headaches and become irritable after withdrawal.

Children's smaller bodies are very susceptible to the effects of caffeine, so all medications containing the stimulant should be kept out of reach.

Caffeine can also interact with other drugs in such a way that its effects are considerably magnified. Your pharmacist can tell you about interactions between caffeine and prescription or non-prescription medications you use.

Ask Your Pharmacist is brought to you by Shoppers Drug Mart and the Totem Times.

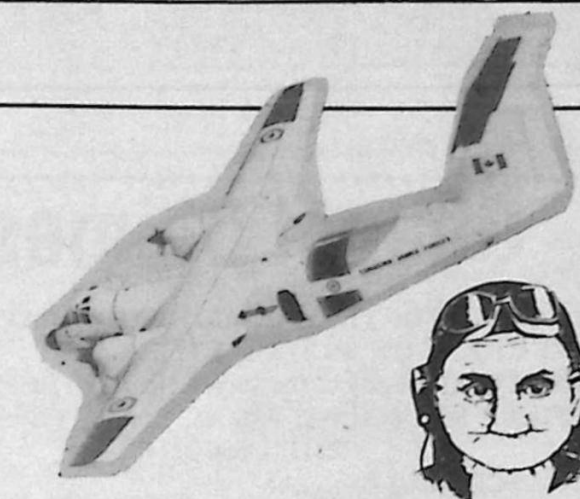


On February 11, Mr. Jim Payne of the Canadian Legion Branch 160 presented the Salvation Army Red Shield Club and Canadian Forces Base, Comox with a portrait of the Canadian Flag and Provincial Coat-of-Arms. This was in recognition of work and cooperation between the three organizations during the war years and now during peace time. Accepting this presentation were Commander, CFB Comox,

AROUND THE BASE



442 Squadron



After 38 years....



Base Commander Col Gibbon presents Retirement Certificate to Norm "Lightside" Blondel for 38 years of fine service. Norm has decided to give some of that well earned retirement time to the old Fishwrapper and will continue as a staffer.

FROM THE MAIN FLOOR:

Ask Sgt Lorne Munden for an article on a Monday morning while he's still trying to pry his eyes open over coffee in the canteen, and this is what you get:

Welcome to Pte Cameron Miller who's just joined the AVSO Section. According to Lorne, (who's going to take credit/or flak for all this stuff!), now they have a platoon of FRAGGLES! Also in the new arrivals vein, MCpl Dave Bisskey and wife Arlene had a new arrival of their own on Feb 26, with the birth of an 8 lb 1 oz baby girl!

Congratulations, Dave and Arlene, guess the visit to the BSO (Base Snip Officer) in Victoria, wasn't such a success after all. Lorne seems to think you might call the child "Ann Victoria," but Dave tells me Ashley Doreen is the way it's going to be!

On the Departures side of things, some postings are in, and it looks like this: MCpl Barry Swanson is off the "The Rock" at CFB Gander, while another man headed 'down east' will be MCpl Dave Reid, who's joining the "boat people" at Shearwater. Also going east (doesn't anyone get posted west from Comox?), are Cpls Gilles Fortin, to Bagotville, Gary Moulton, to Toronto, Regean Bergeron, to Ottawa, and Ron Champagne, to North Bay. 'Bye guys, and all the best from the Snakes in your next posting!

Other bits of "chit, chat" sent this way from the Newfie 'Bookend,' includes word that Pte Robyn May is sporting a "Shiner." Seems that since there is no longer any contact hockey, she's found a way of bringing contact to the game of Basketball! Confidential to the other Bookend, Pat Burke,

who reportedly recently celebrated birthday number 48 with a cake decorated with his picture, Lorne says "Eat your heart out, Miss Piggy!" (I don't know what it means, either!).

Course wise, Cpl Karen Tulk has been selected for the Flight Engineer's Course, while Sgt Gord Kehoe is headed off to Borden for the Senior "Couth Course."

Last but not least, our SAMEO (and YOUR BOSS, Lorne!), Maj Ron LaGrange, is off on a French course at St. Jean for the next two months, so, according to Lorne, "he can converse with the people on his transfer to Aircom HQ this summer."

And now, as Paul Harvey says, here's the rest of the story....We have a new Aircraft Commander in Buff Flight. Capt John Komocki managed to whine and plead

(and bribe) our Check Pilot, Capt Tom Lindsey sufficiently to win the "nod" as a full-fledged AC. This, despite the fact that on his first try at a check ride on Friday the 27th, he injured Tom while performing "aeros" with the Buff near a waterspout. Good ole 'single-engine Komocki,' not satisfied with throwing Tom around the back of the aircraft, then proceeded to flame one out in the process! Limping back to Comox from Port Hardy on one, it was hard to tell whether Tom was intimidated into passing John (so he wouldn't have to fly with him again!), or genuinely impressed with John's cool-headed handling of the situation. At any rate, the check ride was completed early last week and John's got his AC's membership card (AMEX) on order.

ATG HQ staff were in last week doing a "validation" on the OTF. (I think they spell validation with an "S" as in ski, down in Trenton!) Seems we squeaked by another one as Tom Mitchell's still wearing his uniform, and Gary Daniel hasn't gone south, yet! Eat your heart out, LCol Wilson!

Other Buff news has Capt Tom Lindsey taking his leave of the Flyin' Snakes in April for a posting to Winnipeg and Central Flying School, and presently Capt Lauritz Mamen is away on "Suivez-moi" (Code-name for the

French Army Ski School). On the Nav side, April 1st as well as being April Fool's Day, the birthday of the RCAF, and the day of our Freedom of the CITY Parade, will also be the day the section strength goes up by one in the person of Capt Rudge Wilson from BPPsO Section. Later that month, this ex-VP 407 type will head off to Trenton for a C-130 OTU (Refresher....Rudge used to be a Nav School instructor not that long ago!), and then return to be checked-out on the good ole Buff! Welcome aboard, Rudge...sure is nice to have someone else to put on parade on the list!

Also coming up for Buff Flight is a long range trainer to the east and north, as we take a 'Yellow Bird' to Moose Jaw for pilot famil and briefings, as well as a little GRID nav on the way back.

Socially speaking, a good number of us helped Mrs. Buff Flight Commander, (Natalie Drover) celebrate her big 30 birthday last Friday night in what looked more like a Squadron officers' party than anything else. Even a goodly number of Lab trash was there (to prove the equanimity of the Buff people), no offense, Colonel! Coming up we have a Squadron Officers' Luncheon, (you fill in the blanks!), on the 25th. 'Nuff said for this issue...all you former snakes, get your registrations in for the big Reunion '87 bash in September. Snakes...Out!

Associate MND at 442



...getting a "major" briefing

EVER NOTICE

...that once you could fetch a can of beer during a TV commercial? Now you can go out and rake the lawn.

Jr. Ranks Club
ENTERTAINMENT

13 MAR 87 - ST. PATRICKS DAY DANCE. Dance to the band "Hot Dog" from Nanaimo. Middle of the road music. Bring out your Leprechaun.

14 MAR 87 - Come out and enjoy the Junior Ranks second BINGO. \$1,000 Jackpot and 10 other games. Early bird game starts at 1930 hrs and regular games to start at 2000 hrs.

25 MAR 87 - Regular monthly meeting of the JUNIOR RANKS LADIES CLUB. 1930 hrs.

28 MAR 87 - RETIRED MEMBERS NIGHT. Come out and see some familiar faces and dance to the music of "Good Cookin'"

SNACK BAR: 339-4333

AROUND THE BASE

Chapel Chimes

OUR LADY OF THE SACRED HEART CHAPEL (RC)
BASE CHAPLAIN (RC) - Maj J.T. Dabrowski
CHAPEL - Our Lady of the Sacred Heart (on Base).
OFFICE - Headquarters, Bldg 45, Rm 48, Telephone: 339-2211, Local 2274.

MASS SCHEDULE:
 Saturday 1900 hours
 Sunday 1000 hours
 Week Days 0900 hours

BAPTISMS & MARRIAGES - By appointment - notice well in advance please.

CATHOLIC WOMEN'S LEAGUE - Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. President: Mrs. Edna Sinclair, Telephone 339-6883.

CATECHISM CLASSES - September - May in the PMQ School at 1830 hrs, every Wednesday. Religious Education Coordinator: Mr. Fred Chiasson, Telephone 339-6488.

ST. MICHAELS AND ALL ANGELS
PROTESTANT CHAPEL

BASE CHAPLAIN (P) - Maj G.A. Milne
CHAPEL - St. Michael & All Angels, Wallace Gardens, Bldg 88

OFFICE - Headquarters, Bldg 45, Rm 48, Telephone: 339-2211, Local 2273

SUNDAY WORSHIP - Each Sunday - 1100 hours.

HOLY COMMUNION - First Sunday of the month.

SUNDAY SCHOOL - 1000 - 1100 hours, pre-school at 1100 hours. For further information contact Superintendent, Michelle Wohlegemuth, Telephone 339-2885.

JUNIOR CHOIR - Practices 1530 hours - Thursdays.

SENIOR CHOIR - Practices 1900 hours - Thursdays.

CHAPEL GUILD - First Thursday of every month at 2000 hrs in the Chapel Annex. President: Mrs. Diane Harrison, Telephone 339-6663.

Pac Region Broomball Champs



Pictured above are the members of the CFB Comox Servicewomen's Broomball Team who won the Pac Region Servicewomen's Broomball Championship held at CFB Comox 2-6 Mar 87. CFB Chilliwack met for a best two out of three series and won two straight to take the championship. The girls will now represent the Pacific Region at the CF National Broomball Championships to be hosted by CFB Cold Lake 5 - 12 Apr 87. Congratulations girls for your fine showing and good luck at the Nationals.

Front Row (L to R) Nicole Bureau, Cathy Edwardsen, Pauline Boulianne, Anne Davey, Linda Chaisson, Pam McKee.

Back Row (L to R) Mary Bryant, Jo-Anne Martin, Maryse Bulin, Sheila Miles, Kelly Davies, Josee Migneault.

EVER NOTICE

...that whenever you hear the word save, it is usually the beginning of an advertisement designed to make you spend money?

STATFACTS

Where's grandfather's pipe? One might well ask! According to Statistics Canada, the proportion of non-smokers seems to increase with age, reaching its peak among those aged 80 years and older. Nearly 80 percent of persons in this group were non-smokers in 1981 - 30 percentage points more than the proportion of non-smokers in the group aged 25 to 44.

It's said that education is a valuable thing. Statistics Canada's figures from the 1981 Census bear this out. Among Canadians aged 25 to 34, university graduates earned, on average, approximately 50 percent more than those who hadn't studied at the post-secondary level.

According to information on Canadian Universities from Statistics Canada, the fields of engineering and applied sciences had the highest growth rates in the number of graduates between 1975 and 1983. The average annual increase was nearly seven percent.

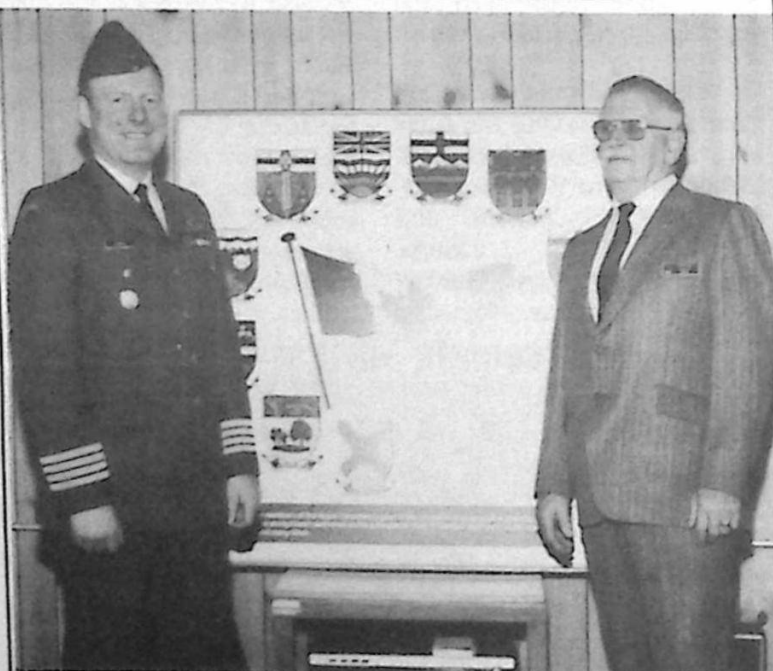
EVER NOTICE

...that if you give the weeds an inch, they'll take a yard?

EVER NOTICE

...that the person who starts saying, "Maybe I'm wrong," is often right?

SERVING THE RED SHIELD



Standing with Col Gibbon during the Canadian Legion Presentation is Mr. Maurice Moye. Mr. Moye saw frontline duty during WWII while serving as supervisor with the Red Shield Services Department of the Canadian Armed Forces. Today he is volunteering many hours to the Red Shield Club at Canadian Forces Base, Comox.

Officers Mess

WEDNESDAYS MARCH 4, 11, 18, 25

OFFICERS COFFEE HOUR: Coffee will be served in the Lounge at 1000 hrs. Dress will be dress of the day. All officers are invited to attend.

FRIDAYS MARCH 6, 13, 20

REGULAR TGIFs - Food as indicated 1700 - 1800. Free taxi. Ask at Bar.

WEDNESDAYS MARCH 11, 25

OWC BRIDGE CLUB

SATURDAY MARCH 14

ST PATRICK'S DAY DANCE. The "Jig" is up at the Officers Mess tonight. Everyone is invited to join Pat and Mike in a hearty bowl of Irish Stew. A live band will be the feature of the night with music interspersed with some toe-tapping Irish ditties. Dress will be casual. Food will be served at 1930 hours. Cost per couple: Members \$25. Limited Associates & Guests - \$30. Reservations to Mess Manager by 9 March 87.

WEDNESDAY MARCH 18

OWC MARCH MAKE-OVER. 7:30 for 8:00. Demonstration to be done by Cream of the Crop. Cost per person: Members - \$2, Guests - \$3
 FRIDAY MARCH 27

MIXED TGIF: Will feature Chinese Food at 1930 hours. Dancing to music with DJ will commence at 2100 hours. Cost per couple: Members - Free, Limited Associates & Guests - \$10. Reservations by 23 Mar 87.

WEDNESDAY APRIL 1

63RD ANNIVERSARY RCAF MESS DINNER. Reservations through Squadron/Unit.

RESERVATIONS: Please make every effort to make....etc. **DRESS STANDARDS:** Casual....etc. & Informal....etc.

LIFESTYLE

Requiem for a Donor

continued from page 5

of the more repetitive of these are: I forgot (or left) mine (meaning smokes) (a) "at home," (b) "in my coat," (c) "in my car" or (d) here I'll substitute "anywhere," as the list of possibilities is mind-boggling. To continue: "I ran out" or "I smoked all mine," "I forgot to buy some" (meaning cigarettes) - this one is rather lame as excuses go; did you ever see an addict who forgot to get a "fix." It also implies laziness because the thought pattern evolves like this: "I'll wait until I get to work because good old Waldron (easy on 'the old' stuff) is usually in early and he always has an "extra" smoke." Here are a couple more excuses which relate to the thought pattern previously mentioned: "I'm going to buy

a deck (pkg) later," "the damn store was closed," etc., etc., etc..

Let's get back to my donating 5 smokes a day and the cost comparisons noted in the background portion of this little novel.

Five cigarettes a day (donated), works out to 25 per week (based on a 5 day work week) or 100 per month. In one year that adds up to 1200 cigarettes which is the equivalent of 6 neatly packaged cartons of "Tailor Made" cigarettes. The cash cost to me for donating my "Rollies" is as follows: \$.05 a smoke (this we previously figured out just after the beginning of the story) x 5 smokes per day x 5 days per week x 4 weeks per month x 12 months equals \$60 per year. If I substituted "Tailor Made" for

"Rollies" and gave away (donated) the same amount, it would cost me \$.11 a smoke x 5 smokes per day x 5 days per week x 4 weeks per month x 12 months equals \$132 per year. This analogy was made to demonstrate to everyone that I'm damn sure I'm not going to donate a "Tailor Made" to anyone.

Remember way back when I mentioned that to achieve considerable savings, it takes approximately 60 hrs (per year) of boring, repetitive, pain in the ass rolling to accomplish this savings. This fact was intentionally not mentioned again until now to build up suspense. Those experienced in forecasting the outcome of a novel probably figured this out, but then I don't propose to be a professional writer.

What this means (labor) is that we (note the "we" again. That's because I'm re-introducing the heroine (my wife) as she does a lot of our rolling) are working 24 hrs per year (plus \$60 hard cash) to help support the smoking addiction of those who cannot plan ahead for their daily consumption. This works out to \$3 per hour or \$72 per year which added to the actual cost (\$60) means I am, in effect, giving away \$132 (in cash and labor).

Isn't it amazing how this equates to giving away 6 cartons of "Tailor Made" cigarettes and I've already made my position clear on that.

Now for the mystery! Has anyone figured it out yet? OK, here it is! Since I am not going to "donate" any more cigarettes, somebody has to take up

the slack. "Guess who?" (This is open for interpretation because some other softie may end up replacing yours truly as the "donor" instead of the intended group of individuals taking appropriate action).

Future requests for cigarettes will be actioned only when accompanied by a suitable cash donation from the requestor. It is expected that this STATEMENT will induce some harsh expletives such as "cheap...." or "inconsiderate...."

This is a natural reaction, however; this writer will be extremely happy if the cause of the verbal abuse results in an improvement of the planning ability of those who smoke and cannot rely any longer on the largesse of this particular "donor."

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AROUND THE BASE



CE Happenings

My turn at last! I finally have the opportunity to get revenge on all those who have used my "family situation" in the Totem Times during the last few months. But wait, I still have three months to go, so I'll hold off, collect more ammunition, then blast them. Look out Admin Cell, your time will come! Revenge will be so sweet!

Now let's get down to the nitty gritty before I lose control.

Due to the renovations being made in the Production Cell Shops, doors have been locked at weird times making it difficult to get into our own offices, haven't they Dave. In fact, we even had to get a new lock put on our office door as the key was left inside, right out in the open, on a desk. Pete Svetich from the Carpenter Shop came to our rescue and even gave us an extra key for safe keeping. Thanks Pete.

Speaking of the Carpenter Shop, a few things have happened since our last report:

- AMU has a new facelift and is expected to be completed shortly;

- Building 22 has been completed, and we hear, via the grapevine, that the occupants are happy with their new home;

- The new shop seems to be making progress and we hope it won't be long before we have our new band saw and other much needed machinery;

- Our PMQ Maintenance man has been complaining that his boots are always sticky. It has something to do with dogs, so he says. Is that true Duke?

- We all wish to extend our best wishes to Mr. Orville Coates on his retirement. He will be missed by everyone. Good Luck Orv!

- We're still in Building 35 (local 8596).

Refrigeration Shop:

- Things have been quiet around here, no major breakdowns due to the cold weather;

- Jim is still planning a ski trip before the season is over. He is easily influenced by the weather at our elevation however, and seems to talk himself out of going because of the lousy time he had before;

- Rob (Green Back) is busy trying to look busy so he'll have the act perfected before the arrival of the new Corporal from Cold Lake;

Both the Plumbing Shop and the Mechanical/Welding Shop tell me there is nothing new to report this time. Come on guys, all work and no play makes for very dull reading.

Electrical Shop:

- Everybody has been busy lately and wishing they could be in their own shop. Don't despair, you'll be there soon;

- Ian Cameron just came back from two months fun in the sun in the land down under. We think he had a good time as he walks around smiling and showing off his beautiful tan.

Things seems to be going well and Ted keeps the boys on their toes;

- We're still in Barrack Block 25 Rm 55 (local 8271).

Pavements and Grounds Shop:

- We would like to welcome three additional personnel; Mr. Bill Hunt, Mr. Kirk Johnstone and Mr. Edgar de Champlain;

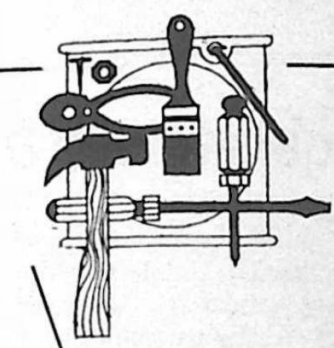
- Lately, R & G has been busy on grounds maintenance around the base, doing work orders and projects. Most of the red snow markers have been removed as snow is not accumulating;

- The R & G crew is considering purchasing a 500 gallon gas tank for Mr. deVries' personal vehicle as he uses more fuel travelling around from job to job than 3 PPCLI use on a road move to Camp Wainwright;

- Mr. John Harshey is nearing retirement and should be able to do so quite comfortably, as along with Cpl Dave Woolman, he has become wealthy playing cards against Mr. Ted Soles and Mr. Arnold Epp.

As you can see by the temporary addresses for the shops, the guys have been out of their normal habitat while their own homes are being renovated. We wish to thank the public for their support and cooperation during these trying times.

The CE Section will be saying goodbye to a lot of friends this year and welcoming their replacements: Cpl Poisson is leaving 1 Jun for Ottawa and Cpl Luzney is coming in 8 Jul from Goose Bay; Cpl Talbot is leaving 4 Jul for Kingston and Cpl Waddell is coming in 28 Jul from Chilliwack; Sgt Hunter is leaving 21 Jun for Borden and Sgt Fisher is coming in 28 Jul from Toronto; Sgt Carlson is leaving 22 Jun for Calgary and



MWO Buck is coming in 15 June from Shearwater; MWO Baker is leaving 15 Jul for Edmonton and MWO Howe is coming in 30 Jun from North Bay. We will also be saying Hello to the following new personnel: MCpl Blackman on 24 Jun from Sioux Lookout; Cpl Jobin on 3 Jun from Cold Lake and Col Ingram 1 May from Winnipeg. There will be a few more changes to our staff this year, but I can't let the cat out of the bag until the people involved see their posting messages. We wish you all the best in your new postings and we hope your replacements can fill your boots.

There have been a few days worthy of note since our last report: Feb 26 saw the coming and going of another year in the life of our Work Receptionist, Mrs. Marge Boguski. Don't worry, I wasn't going to tell everybody which one, but I will say it must have been one with a lot of candles though, because the next day Marge brought in a lot of cake to share with us! Feb 27 was the famous Boss' Night at the Junior Ranks Club. I heard only good reports: Our guys were on their best behaviour, especially the Big Guy, and no one got into trouble! I still can't believe that it's true.

Maybe it had something to do with a few of their wives being among the zoo animals. There is just no other explanation for their funny behaviour. Mar 3 was a happy day for one of our fearless leaders. He came to work the next day walking on air and bragging about the birth of his new sluggette who weighed in at 7 lbs 1 oz. Congratulations! from all your friends at C.E., Dave.

Until we meet again to share the latest rumors, true or otherwise, think Beaver!



- Don is working on a new recipe for home brew and tests the local pubs for comparisons (our resident brew master does all the testing and comparing himself!);

- John has started a new lottery: For one dollar, you predict the date that either he or his car don't make it. Rob has laid his money on the car, as he has been a passenger lately. I don't think you'll get rich guys;

- Norm has been too busy to corner, but we'll get him next time, especially if we wear our Nike High Top Go Fasters;

- We're still in Building 15 (local 8540).

As soon as this wet weather clears up, we'll be able to compete with him for the best tan in town. Well, maybe it's a lot of wishful thinking, but it would be nice. Did you say Bula Bula (hello) to your friends in Australia from your friends in Canada, Ian?;

- Bill is still holding his wounded wing in a sling. We all hope you get better soon so we can see your smiling face around here more often;

- We're still in Building 19 (local 8232).

Paint Shop:

- Ted Sharp has taken over as head honcho from Fred Chchlan, who retired last month.



DID YOU KNOW about the JR RANKS LADIES CLUB

WHERE: Totem Lounge (Junior Ranks Club)

WHEN: Last Wednesday of every month

TIME: 7:30 p.m.

FEES: \$3.00 yearly membership
\$1.00 monthly assessment (Members)
(\$1.50 for non-members)

ELIGIBLE MEMBERS:
Female Members of the Junior Ranks and
Spouses (female) of Members of the
Junior Ranks

OUR NEXT MEETING IS WEDNESDAY,
MARCH 25. COME OUT AND JOIN US.
For more information contact Heather at 339-3125

PROVINCIAL

UIC Group meets

continued from page 1

though they had contributed fully to the UIC fund.

He suggested the UI Commission's own procedures can weed out those using UI benefits solely as a retirement bonus, thereby making the 1986 rule changes which deduct pension payments from UI benefits, unnecessary. If retired servicemen were to be denied benefits, then they shouldn't be paying UI premiums, Sohota said.

Military personnel, by their long and dedicated service to Canada should be the last people who could be viewed as "Ripping Off the System." While some abuse is taking place, Sohota said, the rule changes punish everyone.

The three members of Parliament who sympathized openly with the visiting UI protesters - Pat Crofton (ex-CF), Chuck Cook and Fisheries Minister Tom Siddon, all agreed the rule changes were arbitrary. Mr. Cook went so far as to say the government had made a mistake on this issue, and it should be made right. The CF should not pay UI premiums if benefits are not forthcoming, he said. Minister Siddon said the UIC matter is presently before the Social Policy Committee of the federal cabinet as part of a general consideration of the Forget Committee Report. He will be speaking to the Employment Minister on behalf of Service personnel, he stated.

Sohota attempted to get an immediate commitment from the B.C. Tory caucus to restore service UI rights, but with the exception of the three MPs mentioned, received a generally noncommittal response. "We've seen and heard these arguments before," said MP Bob Wenman; "I was Parliamentary Secretary to the MND, and dealt with the matter then." MP Mary Collins offered no specific views about UI, except to say she believed the system was being abused.

MP Ted Schellenberg thanked everyone for attending and congratulated the UI group for their presentation and conduct during the meeting. Their large and enthusiastic turnout impressed the caucus, he said.

He met privately later with the group's leadership - local ex-servicemen Len Luoma and Dan Davis - and indicated the caucus will likely forward a unanimous recommendation to Cabinet, favourable to service personnel.

While Sohota presented the specific views of the Victoria

UI group, Len Luoma offered a written brief to the caucus, specifying 5 or 6 hardship cases (lost homes, etc.) which have occurred in the Comox Valley as a result of the 1986 rule changes.

The battle continues.
by Norm Blondel

Felicitations

L'Association Francophone de la Vallée de Comox aimerait féliciter les élèves de la 3-4-5-6 & 7 ième année du Programme Cadre pour leur participation au spectacle multiculturel, jeudi dernier, 19 Feb 87, "Courtenay Elementary." Leur performance de la chanson "Ci-git le p'tit avocat" a été très appréciée par l'audience. Felicitations a nos artistes en herbe!

Classified

RATES

Effective February 24, 1986 ALL Insertions will be \$3.00 per column inch.

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Drink and drive?



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AN/SQS—510 ACTIVE SONAR

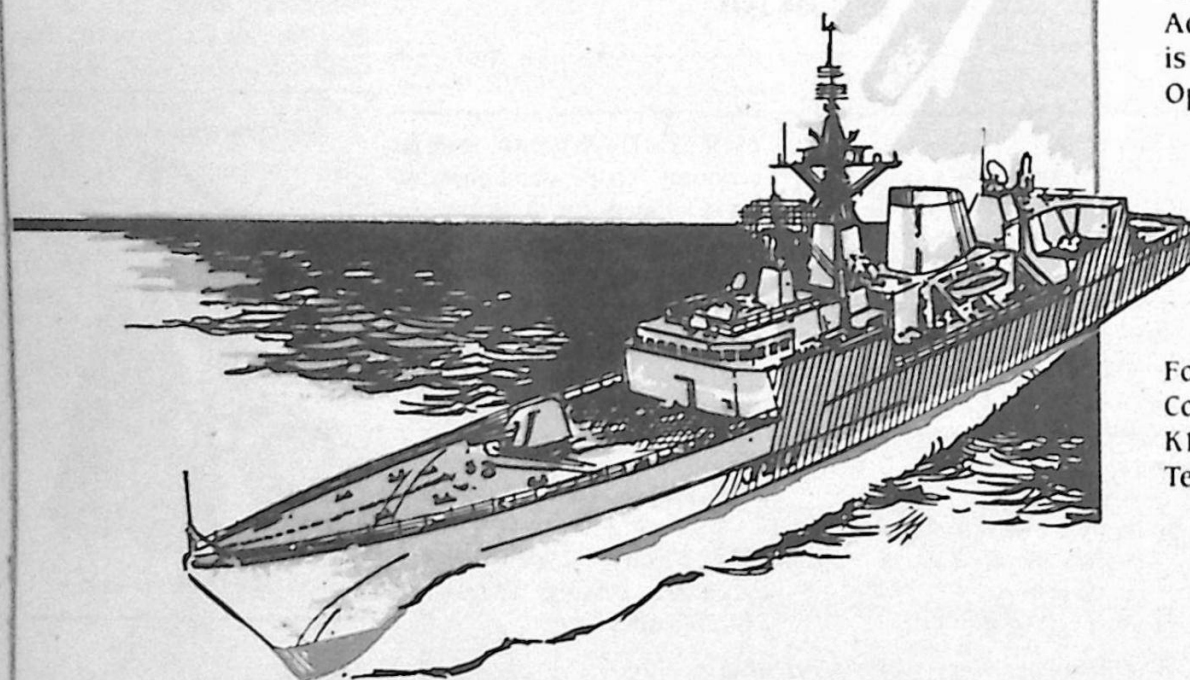
The Canadian Navy has selected Computing Devices Company to design and develop the AN/SQS—510 Active Sonar for its ASW fleet of the 1990s. The SQS—510 comprises the transmitter and wet end subsystems and the display, control and processing subsystems. An advanced development model of the SQS—510 Sonar System is now at sea with the Canadian Navy.

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HEARING THINGS



For information please contact: Computing Devices Company, ASW Division, P.O. Box 8508, Ottawa, Canada, K1G 3M9 Telephone (613) 596-7051, TWX 610-563-1632, Telex 053-4139.



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