



TOTEM TIMES



Canadian Forces Base Comox B.C.

Vol 28 No 20 November 20, 1986

Deadline is Monday, December 1, 1986

Cost: Priceless

WE REMEMBERED



IN COURTENAY

Base Commander Col Ted Gibbon lays wreath at the recently refurbished Courtenay War Memorial.



IN COMOX

MAG Commander BGen Colin Curleigh along with our own Private Maryse Paulin pay tribute in Comox.

SAFE DRIVING WEEK

DECEMBER 1ST to 7TH

The purpose of Safe Driving Week is to alert Canadians everywhere that risk of injury from traffic accidents is still a horrendous social problem in Canada.

Projections for 1987 indicate that accidents on Canadian highways will account for more than 4,000 fatalities and about 250,000 personal injuries. Most of these casualties can be prevented by driving defensively. Almost all accidents are at least partially attributable to human error; unfortunately, we all make errors at one time or another. Learn to recognize and anticipate potentially hazardous situations and take appropriate action to avoid collision. "Safety is a Shared Responsibility - Drive Defensively."

To define and discuss any of the factors which cause accidents would indeed take much more space than the Totem Times can provide, however, here are some facts about three of the major contributing factors which result in traffic fatalities.

ALCOHOL

One out of every two drivers involved in a fatal crash had been drinking. While not all were legally impaired, many were. However, impairment is a prime factor in predicting a driver's potential for being involved in a traffic accident.

It is a fact that 80% of adult Canadians use the beverage alcohol. Drinking is a widely accepted social custom and beverage alcohol is used at

every kind of social function and for many reasons.

Medical science has proven that alcohol is a depressant. It serves to depress inhibitions, create a feeling of well being and reduce tensions. But it's use

and abuse affects judgement, coordination and behaviour. Because of that, drinking and driving don't mix. Learn to say "No thanks" at the right time. What's wrong with being your own person?

Your decision might influence someone else to do the same. Don't drink and drive. The proof is 100%.

STRESS

Driving a vehicle while under the pressure of stress is a potential road hazard. It can be just as dangerous as an unsafe vehicle, an icy road or congested traffic. Here are some common factors that contribute to stress:

- physical or mental fatigue
- personal problems such as

death or illness in the family, insecurity, financial and domestic difficulties.

- a bad day at work.
- influence of alcohol or drugs.
- bad traffic conditions and discourteous drivers.

On those occasions where stress becomes serious enough to impair concentration, thinking and awareness, don't drive at all. All drivers must learn to assess their ability to handle stressful emotions. By recognizing the hazard in time, accidents can be avoided.

SEAT BELTS

Every year nearly 6000 Canadians die from traffic accidents. The two major causes of such deaths are occupant

continued on page 23

Drink and drive?



Sounds fine to me.

SECTION NEWS



Anker Klankin'

Tarmac Talk



So I said San Diego....and he bought it.

Another week, another tale (or two) to be told about the happenings around VU 33 Squadron.

VU 33 has their newest dual qualified pilot back with them from his T-bird course in North Bay, that being Richie Clements, the squadron's Howdy Doody look-alike. As with his Tracker course in Summerside, Richie has completed his T-bird course in record time. Call it love, call it lust, call it Howdy Doody's aching for Clara Bell; whatever it is, wifey is happy to have her guy back so soon.

The squadron has completed its last deployment to Prince Rupert for the year as the off-shore fishing season has once again wound down. Once again Maj Acorn came within inches of getting himself kicked out of the hotel. Will the good major ever learn that the other patrons take offense to the way that he plays his television much too loudly, and the way he runs down the hallway for ice in his spiderman pajamas that frankly are five sizes too big for his "average" stature, thus causing them to droop loosely over areas where they should be hugging and molding to the curves (a sight for sore eyes).

Some squadron aircrew were recently given an opportunity to attend a meeting between the

Dept. of Fisheries and a gathering of fishermen in Vancouver. Much insight to the fisheries trade was attained by all 33rs in attendance, as the problems and difficulties involved were focused upon. Speaking of problems and difficulties, you should have seen Martine Bagboy try to first pronounce and later eat his meal at a Japanese restaurant. Bagboy was real hungry and when at first he couldn't get the food to his mouth with his chopsticks, he sharpened the ends of the sticks and tried 'harpooning' his food. Bagboy was soon told to stop these actions by those accompanying him after they got tired of hearing him yell "thar she blows" before each thrust at some food. As a result, Bagboy was forced to continue his meal in the way he is accustomed, making grunting noises and he shovelled food with his hands.

At the other end of the table, Bob Wallet discovered a warm little drink called saki. Skipping away, and sipping away, Bob soon realized the speech altering qualities of his ancient mystic drink. The letter R's magically transformed themselves into L's and vice versa. At one point during the meal Bob was overheard saying, "Prease pass the loast beef and flined lice Landy Landy." Will

the effects of all that saki ever wear off? Don't ask Rouise, she doesn't know either.

JR returned this week, from his holiday in California. You could see in his eyes he was happy to be back, the reason being, this reporter found out later, was that his vacation was less than enjoyable. Firstly JR had apparently been up in arms when his family was declined entrance to Disneyland because Cindy refused to check her knife at the gate. Then on the Reimers' return leg home, John inquired as to the whereabouts of a church being it was Sunday morning. The directions given steered him across the San Francisco bridge to a church that boosted an all adult boys choir. JR was heard saying to Cindy during the service, "They seem like real friendly folk the way they are all winking at me, and don't they look smart in their black leather outfits."

What really bothered JR about this church, however, was the fact that half the offering went to the research on AIDS.

Glad to have you back JR. My gosh what a life those 33rs live don't they?

TECH SIDE
The Techs participated fully in the Remembrance Day ceremonies at Comox, Cum-

berland and Courtenay. While most of our guys were on parade a few (Bob Wrightson, Dave Payne, Al Nantel, Ron Fortin and Ray Webber) were busy on the flight line keeping them flying.

Bosses Night on Fri 14th Nov turned out to be a very successful evening. Everyone enjoyed themselves. MCpl Wybenga, our member representing the Sqn and now VPMC, was especially pleased with the outcome and says that we will be doing it all again in the not too distant future.

On the hockey scene it seems we have more near wins than all others but the season has just begun. In the most recent game Al Nantel, who had scored twice in the early going, tried to score again on a break-

away but he lost his footing and bruised a heel. Amazing what thoughts of a hat trick will do. Better luck next time Al.

Our Jenny, the one with the permanent smile, has been somewhat excited, and confused, since hearing that her favorite teck, Rob Butler, is returning on leave to Comox in December. One evening after dark last week she gave reverse marshalling signals to a T-33 pilot but he stopped well short of the open fire hall doors. Hang in there Jenny. It's almost Xmas and Xmas is in December.

Away from the unit we have Cpl Dave Maloney at CFB Trenton and Frank Dumoulin to the East Coast. Bruce Driver has just returned from CFB Summerside.

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SECTION NEWS

Fincastle Trophy is movin' on



Maj Bishop and Maj Sponder of 407 hand over Fincastle Trophy to Capt Barth and LCol Daly of 415 Sqn. 415 Sqn are representing Canada at the 1986 Fincastle Competition in Adelaide, Australia.

Andrew is alive and well



...and so are all his friends.
Ten years ago children with Leukemia had little hope. Today 50% are cured.

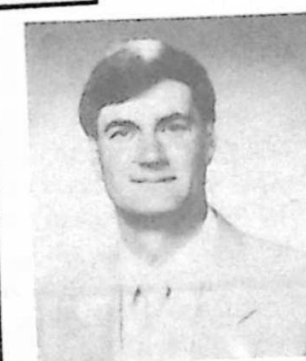
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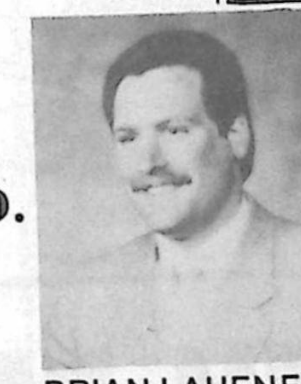
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EDITORIALS

COMMENT

Second Hand Smoke

Well here I go again! It's time for my semi-annual or is it semi-annual attack on all those butt puffers out there.

Not only has smoking tobacco been branded as the chief, single, avoidable cause of premature death in our society - the gravest health issue of our time - but smoke from other people's cigarettes endangers the health of all others who don't smoke. And that, my fine friends, is the sore point. The continued disregard that the puffers have for the rest of us.

Statistically, tobacco and its smoke kills over 30,000 Canadians annually. Were any other product or cause to create this kind of havoc the public outcry would be one of utter outrage. Why do we continue to do this to ourselves - Man, it's self destruction in its most obvious form.

Most of us are dimly aware that smoking is bad news - that it causes a multitude of disorders. But what is less known and certainly less appreciated is that non smokers exposed to smoky environments face similar health risks. Add to that the reeking clothes, irritated throat, and weeping eyes and you can well understand why we so strongly object. But there is that more frightening dimension, the

knowledge that second hand smoke is a genuine health threat.

It is so-called sidestream smoke that is the real culprit. It puts far more hazardous substances into the air than exhaled smoke. In fact sidestream smoke contains twice as much nicotine, three times more tar and fifty times greater carbon monoxide levels than exhaled smoke.

Fortunately for us, the puffers have retained most of these goodies in their bodies before exhalation. Just as a side note to all of this is the fact that sidestream smoke contains several carcinogens (cancer-causers) for which acceptable exposure standards are zero.

The involuntary smoking problem has become as much a political issue as a health issue. Until recently non smoker appeals were regarded as trivial complaints but fortified by scientific fact non smokers are becoming more assertive. They are demanding their right to breathe smoke free air.

Look - if you want to self destruct then that is your business! All I ask is a little fair play. A smoker's right to smoke stops where it interferes with the health and well being of the non smoker. Is that really too much to ask?

...G.M.K.

Second Hand Smoke



TOTEM TIMES

Read in the Best Messes in the Canadian Forces
CFB COMOX, LAZO, B.C. V0R 2K0

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I DON'T THINK BASE COMOX HAS A MUSEUM - EXCEPT FOR VU 33 OF COURSE!



EDITORIALS

Lightside

Norm Blondel

OUT OF THE FRYING PAN

"Get out of my kitchen. No, you can't do the laundry. Stay away from my purse!" I wonder how many (male) readers have heard these imperatives before. Lately, I'm hearing them, and variations on the same theme, a lot.

For me, who, after 38 years of looking at shoulder-taps, is retiring and was anticipating certain freedoms, this might mean more of the same. I'll have to tread carefully, and watch for certain signs. If Wife starts saying "09:30," instead of "Half-past nine," or using words like Facilitate, Finalize,

O-Group and H-Hour, I'll be on alert. The clincher will come if she starts yelling, "Now Hear This!", or suggests that instead of sitting in my recliner watching *Another World*, I should go out into the yard and "Exercise-Exercise-Exercise."

I'm not the first military man to step through retirement's door straight into a nest of alligators, nor will I be the last.

After commanding legions of men (in my case not legions exactly, one or two Privates perhaps), it must be traumatic to be suddenly thrust into a much smaller patch already under control thank you very

much and please wipe your feet I've just vacuumed the rug.

I wonder if other things, which I've always taken for granted, will change. For instance, for 31 years, it has been traditional for me to come in from the yard and deposit wood chips and clay loam all over the house immediately after Wife has done her weekly house-cleaning. She's never accepted this practice quietly before, and now I might face more punitive measures, like going through DeContam procedures in the garage, and being scrutinized through a one-way mirror in the door, before I'm allowed in

the house.

Wife is also used to seeing me off in the morning and hearing me crunch up the driveway (can't afford blacktop on a MCpl's wages) at night. My being around the house all day means she'll have a body popping frequently into her field of vision - an unsettling business when Benny the Dog is usually the only other moving object in the house.

(He's a bit like Prince Philip; follows Wife around all day, one half-pace to the rear). Cat is usually up a tree looking down at Himmler, the neigh-

bour's Doberman, so he's not a factor.

As for my diminishing role in the CF, well, as I sat writing this, a button fell off the sleeve of my W5 jacket. Ordinarily, this would have triggered a search for needle and thread.

Instead, I sat looking at the button, seeing it as a portent - the first sign of an edifice beginning to crumble. I feel like a salmon who has swum upstream and done his thing, and is watching parts of his body fall off.

It's being so cheerful that keeps me going.

HELP WANTED

Every two weeks most people on the base and a surprising number of retirees and civilians look forward to the publishing of the "Totem Times." Known to us familiarly as the *fish wrapper*, the base newspaper is a vital part of CFB Comox. It costs money to produce the paper. It isn't all covered by advertising, and if the base authorities didn't think it was worthwhile it wouldn't be around.

For the three days prior to each issue a small group of volunteers devote most of their time to putting the paper together. They do it because it is a service to the base which they enjoy doing. One of the biggest problems encountered in laying up the paper is that the contributors simply can't seem to get it together, and meet the deadlines. We could get hard about deadlines, but we want to give you every chance to get your stuff in. We realize that there are times when the contributor simply can't get it in on time. However, for every time somebody is legitimately late, ten others take advantage of us. Until we know for sure if a section is going to give us an article or not, we can't fill the space reserved for them. Just when we decide there is only

enough sports stuff for one page and change the other one, in comes someone with a picture and article that just has to get in this issue.

Our camera operators take time off from their duties to come over and shoot the pictures. They finish up, dump the chemicals and then in comes someone on Wednesday morning with another picture.

In brief, you make our job hard. Come on guys, give us a break. Get your stuff in on Monday morning, not Wednesday. If you can't, or if you usually send something in, but aren't going to this week, then why not give us a phone call and tell us that it isn't coming. We'll appreciate it.

Is there anybody out there interested in Newspaper work? Most of the present staff will fade away next summer. Now is the time that new people should start getting interested. Drop in to the newspaper office, just outside the gate in the old theater and have a chat. It's really interesting work from which you can get a sense of accomplishment and help out the base at the same time. Who knows, it just might be that little extra you need for your next P.E.R.

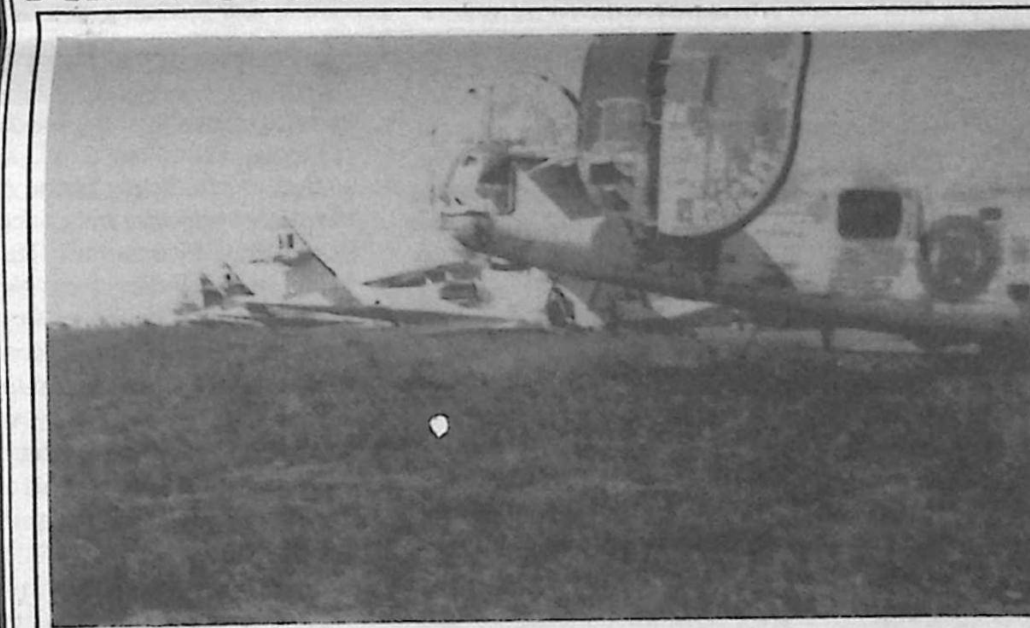
Did You Know



Cuckoo birds lay one egg and deposit it in another bird's nest.

NEXT DEADLINE DECEMBER 1

Air Force Trivia



what
where
why
when

Answer from Last Issue



Argus No. 716 of the Conversion Unit does a flypast at RCAF Station Trenton in 1962. Neptunes and a Boxcar in the background.



SECTION NEWS

BAMSO

Certificate of Service



Col Gibbon presenting

MWO Breikreutz

After two weeks in Shearwater, Cpl Penney had decided to change her name to BILLY and go to sea. Sorry Mary, the Mardigras happens only once a year. The Horrendous Roar heard in the Valley from time to time may soon come to an end. Pte Lefebvre's clangorous Mazda is slowly disassembling itself; Dan, however, is undaunted. No matter how bad it gets you will never see this inspiring I.S. Tech stoop to opening a tool box.

In closing, we would like to say, if you have any complaints about the composition of this article, please feel free to take pen in hand and drop a few lines to the Totem Times.

Editorial Note: "verisimilitude"- appearance of being true.

"hoary" - (of hair) grey, white, with age.

"ceraceous" - waxy, (so I've been told by IE/IS goblins).

"inspiring" - breathing in, inhaling (air, etc.)

As to the composition of this article - WOW!

DIAC MAINTENANCE

DIAC MAINTENANCE

TRAINING is still going

through the never ending

struggle to arrange practical

training time. Lately staff and

students have been found

gathered around the computer

on weekends and holidays

discovering what happens when

numbers are crunched.

MCpl Bob Trimm on course

from Greenwood, decided to

take a few days checking out

the facilities of the Base

Hospital, thanks to a nasty lit-

tle virus. He seems to have fully

recovered and is back leading

the class.

MCpl Beth Armstrong has

returned from 3 weeks TD on

successful completion of the

classroom instructors course in

Borden and the FLIR GRF

maintenance course in Green-

wood. I imagine she is happy to

be back settling into the new

home she had only two days to

enjoy before her cross country

sojourn.

MCpl Jean Louis Cloutier is undoubtedly putting long johns and other winter paraphernalia to good use in beautiful downtown Penhold. He was anxious to start his JLC before the really cold weather set in, -26°C in November??

The section has a new set of twins as MCpl Roger Skidmore and Cpl Marc Adam have invested in identical Red "GORTEX" weather suits to keep dry while cycling to and from work. You can blame them for the rain as they were both praying for the stuff so that they could put this latest state of the art miracle fabric to the test. The word is that it really works and is well worth the price.

BAMSO Note: Sure glad someone added a glossary of terms to the IE/IS contribution. I was beginning to wonder how I would smoke a MACR for a new, thicker dictionary past the BTSO.

Wisdom



For a new taste, stir in a little mayonnaise or sour cream in place of butter in cooked vegetables.

Turning from Greek and Roman mythology to Norse mythology, did you know that Thor was the Thunder-god, for whom Thursday is named, and Tyr was the God of War, for whom Tuesday, once Tyr's day, was named. There is some belief that Friday is named after Frigg, the wife of Odin the sky-father; generally however, Friday is believed to be named after Freya the Goddess of Love and Beauty. (Hmmm is this how "Thank God it's Friday" originated?)

Norse mythology largely dealt with heroism even though heroes and heroines alike usually died. Old Norse writings also contain many saying which are still applicable today. Examples are:

"There lies less good than most believe in ale for mortal men." (For the heavy drinking person).

"A coward thinks he will live forever if only he can shun warfare." (For the peacenik/pacifist/draft dodger).

"Tell me your thoughts, but beware of two. All know what is known to three." (For the gossip).

"A silly man lies awake all night,

Thinking of many things,

When the morning comes he

is worn with care,

and his trouble is just as it

was."

(For the worry wart).

"Brave men can live well anywhere. A coward dreads all things."

(For the insecure or cowardly).

"None so good that he has no faults,

None so wicked that he is

worth naught."

(For all of us!)

Although Hallowe'en may

be behind us we now have a

chance to hear about the

goblins ("mischievous, ugly

demons") that haunt our

shops.

REFINISHING

Just a few words to keep you

up to date on what's happening

in Refinishing. Sgt "99"

Wayne Keefe has been enjoying

a visit from his daughter and

family.

MCpl "Jacques" Guy Plante

completed his paperwork course

in Borden and has strapped on

the blades for BAMSO team

ready to take on all sections.

MCpl "Bert" Brown is

heavy into the Sunday night

mixed curling league; rumour

has it that he is not doing too

well this year without Ernie.

Cpl "Chef" Rogers is still holding down the maintenance on the hangar line; maybe he should get a pair of roller skates to speed things up.

Cpl "Beaker" Harvey had to switch places with Pte "Scooter" Gervais now that he's up to his knees in fabric work instead of fiberglass.

Pte "Fozzie" Behmer arrived safe and sound in the Sinai; don't stay out in the sun too long "Fozzie" as certain things will go skunky. Well that's it for this time...don't forget it's only a little over a month to get that special gift for the better half.

IE/IS LABS

After weeks of anticipation on behalf of our readers (those persons listed below) and grueling hours of fictitious fabrications of the verisimilitude, we are once again prepared to endow this esteemed periodical with this report of the pursuit of Lab Personnel.

Congratulations to WO Gray on a recently celebrated Birthday. We could not determine the hoary extent of his years for we were unable to enumerate the ceraceous ruins

predominating the cake. Sgt Gauthier has just returned from the forboding wilderness of northern Vancouver Island.

He was engaged in the quest for the fabled sasquatch. Although he was not successful in capturing this elusive beast, he collected many cans of Kokanee proving its existence.

MCpl Merpaw, taking his cue from Sgt G. is off on a quest of his own. He is presently consumed with the desire to find a way out of Greenwood. Good Luck on your mission! Pte Lauzon is starring in the upcoming new Star Trek Feature

—"The Search For Propwash." This movie is not expected to be as successful as the recent movie "The Search For Spock."

Attention MCpl Lazar - GIVE US BACK OUR DYNO TAPE OR WE WILL CHARGE IT TO YOUR MASTER CARD, THEREBY FORCING YOU TO THE BRINK OF FINANCIAL DISASTER!!

Speaking of disasters, how's your car Claude? Sgt Sullivan has just returned from the ENTREPRENEURIAL realm of the Canex where he received the necessary OJT to qualify him to count. Cpl MCKay has obviously not received this qualification for on her last count she had two too many!

SECTION NEWS

From The Fire Chief's Office

SMOKE KILLS PEOPLE

Smoke causes the majority of fire-related deaths. Hot flames are low on the list of killers during a fire. Smoke contains deadly killer gases such as carbon monoxide and, when smoke is produced, life-sustaining oxygen is consumed. Most fire victims die from these factors, frequently before they awaken. In many fires, extinguished in early stages, people have been found dead of smoke inhalation without having suffered any skin burns.

Smoke alarms can alert the occupants in these early stages of a fire while conditions are such that a safe evacuation is still possible.

HOW DO SMOKE ALARMS WORK?

Smoke alarms work by sensing the rising smoke from a fire and sounding an alarm. They can detect smoke far from the origin of the fire. Smoke alarms are most valuable at night, alerting family members to the presence of fire when they are asleep.

There are at present basically two types of smoke alarms on the market-photo-electric type and the ionization chamber type.

The PHOTO-ELECTRIC ALARM contains a light source and a special photosensitive cell in a darkened chamber. The cell and light are positioned within the alarm so that either the light beam is interrupted by the smoke as in the obscuration type or the beam is deflected into the cell as in the light scattering type.

The ionization alarm contains a radioactive source in a smoke chamber that emits radiation, resulting in a weak flow of electric current. When particles such as those produced by fire enter the smoke chamber, they reduce the current and trigger the alarm.

DOES THE RADIOACTIVE SOURCE IN THE IONIZATION TYPE PRESENT ANY HEALTH HAZARD?

None whatsoever. Generally the average background radiation level in a home will far exceed any radiation from a smoke detector. When

americium 241, the radioactive substance, is used in smoke detectors it is in a form of americium oxide, usually not larger than a grain of salt, bonded to a gold alloy. In this form it is biologically extremely inert. It is therefore totally wrong to think that the source could be dangerous if ingested, inhaled or handled with bare hands. When one considers the remoteness of the possibility of someone breaking open a smoke alarm unit, and swallowing the source, the radiation risk is microscopic and is invisible in comparison to the protection offered by such units.

Smoke Detectors



A Critical Life Saving Device

WHICH IS BETTER, THE PHOTO-ELECTRIC OR THE IONIZATION TYPE?

Both types of alarms are equally effective in the home. If properly installed, they can provide adequate warning for the family. Some differences exist between the two when they operate close to the origin of the fire. These differences, however, are not critical.

The alarm you buy should be listed by a recognized testing laboratory such as Underwriters Laboratories of Canada (ULC).

HOW MANY SMOKE ALARMS DO I NEED?

For the minimum protection, mount one smoke alarm in the escape route leading from the sleeping area, but such an installation will not provide you sufficient protection from a fire starting in your bedroom if your door is closed.

For maximum protection, particularly if you smoke, locate one smoke alarm in each room including the basement, family room, etc. It is recommended however, that all households have at least one smoke alarm on each floor including the basement.

KNOW HOW TO ESCAPE.

The best fire-detection equipment can only awaken you if there is a fire, but you may not be thinking clearly. You should practise escaping before an emergency strikes.

WHY?

- Once a fire has started, it spreads rapidly. You may have only seconds to get out.

- Normal exits from bedrooms may be blocked by smoke or fire. It is important that everyone knows exactly what to do.

IDENTIFY ESCAPE ROUTES

- Plan two exits from every room. Second-storey windows may need a rope or chain ladder to enable occupants to escape safely.

- Choose a meeting place outside the home so you'll know everyone has escaped.

WHAT DO I DO IF THE ALARM GOES OFF?

- Do not waste time getting dressed or gathering valuables.

- Follow the pre-arranged escape plan and get out of the house.

- Call the fire department from a neighbour's house, not from the fire scene.

- Once outside, go to the meeting place established in your plan.

- Do not re-enter the house until the fire is out and the smoke is cleared.

FACTS

- Careless use of smoking material is the greatest single cause of deaths by fire.

- Over 40 per cent of accidental fire victims are asleep at the time of the fire.

- 75 per cent of fire fatalities occur in residential fires.

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Public Notice

REQUEST FOR SUBMISSIONS B.C. FINFISH AQUACULTURE INQUIRY

The B.C. Government has appointed David Gillespie as Chairman of an inquiry to prepare recommendations on the following aspects of finfish aquaculture:

- effect on commercial fishery operations and markets
- environmental effects and effect on wild fish stock
- government approval and monitoring procedures
- involvement of local government and interest groups

The Chairman invites opinions and submissions from concerned local government, interest groups, industry and the interested public on these matters before November 30, 1986. Written submissions may be forwarded to the address below or may be presented at meetings scheduled for Sechart, Prince Rupert, Campbell River and Parksville. For more information contact:

David Gillespie, Chairman
B.C. Finfish Aquaculture Inquiry
670 - 999 Canada Place
B.C. International Commercial Arbitration Centre
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NEXT TOTEM TIMES DEADLINE

DECEMBER 1

SECTION NEWS



Demon Doins



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WO Dave Nichol....29 years



Sgt Bob Mackay.....32 years

AIRCREW

"Let it snow, let it snow, let it snow."

- in Winnipeg, at least. Yes, while we are basking in our sunshine (partially of the liquid variety) there is an entire country east of the Rockies which has entered its annual deep freeze. While Winnipeg is concerned with digging out that driveway, we are still concerned with digging that little white ball out of the sandtrap. SHHH don't tell them!

Some crews were still unsatisfied with the fine BC weather and have flocked to points south - temporarily at least. Maj Nakokanee (or something like that) along with Crews 4 and 6, and assorted Standards and Ops weinies, have gone to participate in a readiex in California. Crew 3, meanwhile, was dissatisfied with California, and added Hawaii and Virginia to their itinerary for the next week. Not to be outdone, the quick thinking Moosemen of Crew 7

jumped on that Great White Bouncer and headed for an OMS session in that order, less habitable maritime patrol base on the East Coast.

The reigning 'Kings' of Fin-castle passed their 'throne' to the 415 Crew 4 'Pirates' last week when they came through Comox on their way to compete in this years annual competition, being held in Australia. Many well wishers came out to see the ceremonies and confidence was high that the trophy would once again return to Canada.

The first annual Officers Mess car rally was held recently, and the Demons representation was strong. Jeff (Star-sky) Byam teamed up with one of those east coast people to take top awards in a hard fought battle. Weak clues and misspelled street names were the order of the day, and a few of the participants are still searching for the base! Who says Rompin' Ronnie Hawkins

wasn't a Sixties rock star, anyways?

Dave Bolton's stag and wedding were held last week, and it seems Dave had a slight loss of voluntary motor controls that evening. This led to a mishap in which one of his arms ended up covered in plaster. Unfortunately they ran out of plaster after only one arm, because reports back say Dave could have used a body cast! Best Wishes Dave and Angie.

Congrats go to Alistair Mackay on his recent promotion to Captain. Good Work Alistair!

A heavy setback was sustained by the Crew 4 'Sledgehammers' in their bid 'to defeat any crew, any time, at any sport,' by going down to defeat in floor hockey by a very slim margin to Crew 5. In the post-game interview, a traitor, Pete 'Lips' Lipohar, was said to be the main offensive weapon for Crew 5 although he usually resides with Crew 4. Lips is now being traded to anyone who wants him, in return for either three dew worms or a can of Tender Vittles. Nuff Said.

2 CREW NEWS REPORT

Well, it's that time again. Lots of goings on here on 2 Crew. We've had several new arrivals on the crew including Pte Sylvain Alarie and Pte Michelle Moderie from Maintenance, Cpl Percy Glanville SST, Pte Sue Oostrom AET, Sgt Ron Drouillard from Trenton and WO Norm Brazeau in from Goose Bay. Welcome to everyone.

Also, congratulations to MCpl Duane York who has returned to us from his JLC ready to take on the world. Just remember Duane, better be nice to us on your way up or we'll get you on your way down!

A few trips have taken place lately including a 3 week stint in Australia. Seems everyone enjoyed themselves, especially Peter and Jack who made several runs down an enclosed waterslide. They are still wringing out the water, so next time guys remember, keep your legs closed!

Barrie, Gord and Moses also enjoyed their trip to Hawaii but Moses was the only one returning with any color. He got so burned on his head that it made his hair fall out!

WO Brazeau is attempting to re-educate the crew on the merits of sports on television but that's okay because since it's the ONLY smoking area we can't see the television anyway.

407 (MP) SQN ARMAMENT

Here we go again with another journalistic gem from 407 Armament.

The armament equivalent of trading places is in full swing with Anne Warren going in relief for Jason Froese who's going to Maintenance.

Sandy Leibeling, complete with the Little Sweater That Did, is off to 3 Crew for some R & R in Servicing. My unshakeable sources on 3 Crew inform this reporter that the crew is trying for an official Welcome Sandy Day.

407 Armament's shining star Tom MacInnis took an uncharacteristic 15 minute break from work a couple of weeks ago to accept a 10 month accelerated promotion. Good show Cpl Tom and best of luck on POET. Lt Landry is on TD at Moffett Field, California doing Lieutenant things. Jason Froese will be going with him probably doing...weird things.

Faye Luppe is fulfilling the all Newfie dream - she is becoming a civilian and moving to Toronto with hubble. Best of Luck Ralph and Faye from all of us at 407 Armament.

Bill Johnston is in Moffett, Ray Michell is in training, Pam is still bragging about her badminton wins, the Armament Xmas Party is on the 6 Dec and that's it because the Cosby show is coming on.

Promotions at 407



Capt Foster presents

MCpl Trescher



LCol Sutherland presents

Sgt Menard

NEXT DEADLINE DECEMBER 1

SECTION NEWS



Supply Signals

It's time for another report from your ever active and friendly Base Supply Section. There's been a lot of movement lately with the areas from upstairs in 7 Hangar moving to Headquarters.

In the Customer Services Section everyone has just become experts at their desks so it's been decided to shuffle them to other desks within the section, but be assured that they will all be as efficient as always. We're sure that the flowers and chocolates from a secret admirer will still find their way to Pte Segriff at her new desk.

There've been other moves within Supply, also. Pte Cook from CRS is moving to Rations and in Clothing Stores Cpl Bailey has moved to CE Supply, and Pte Scribner to 1 SG. They are being replaced by Cpl Deruelle and Pte Lapointe (who will be on the SDA). When asked about computer work he said that it was okay. He's got two hands but when it comes to computers it seems he only has two fingers, one on each hand.

Due to the fact that NCOs are now called NCMs, PO Olsson's staff have been wondering if they should be calling him Petty Member Olsson.

In a recent request to serve, Pte Davis Mitchell informed us, "His people have been freed."

Cpl Charles from 6 SG is soon (she hopes, if everything goes well) to be taken to lunch by the MPO Section, which she left some 4 months ago.

It is said some people can sleep anywhere, but on a pool table? It's been reported that a certain Sgt (not mentioning any names, but her initials are Dianne Earl) was found laying on the pool table at the Sgt's Mess. No one is sure if she was sleeping or playing pool.

From your less talked about but equally important Sections, Rations and POL, lots has been happening, also. In Rations, Sgt Hillard is back from his six week stay in Borden for his TQ6 course. He passed his course so congratulations are in order and his wife and family are glad to see him home. He was in for a bit of a surprise on his return though. After three days of delays in Trenton, he returned home to no bath tub. It seems CE was in the process of removing it and the pipes. They did get a new one installed later that day to his relief.

On a sadder note, from POL, Mr. Terry Carter is retiring after 27 years in Comox. Thank you Terry for a job well done and the support you have given us all those years.

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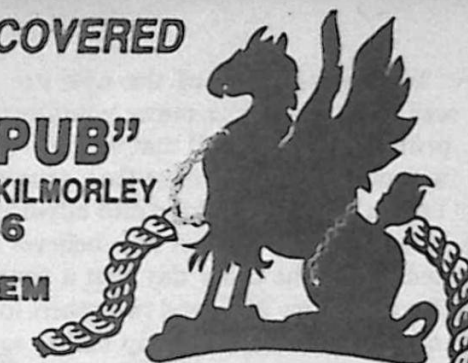
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SPORTS & RECREATION

Sports Shorts

ROLL-OFFS FOR BASE BOWLING TEAM

A twenty game roll-off will be conducted on 11 - 12 Dec 86 to form the CFB Comox entry to the Pacific Region Bowling Championship.

Any military personnel wishing to compete are to contact the Rec Centre Loc 2315. Entry cut off date will be 5 Dec 86.

CFEXPRES PRE-EVALUATION INSTRUCTIONS

In order to ensure accurate evaluation results, members are to be informed that prior to their appointment that they should not:

- Exercise the same day
 - Consume alcohol for at least six hours
 - Eat, smoke, or drink tea or coffee for at least two hours
- Additionally, members should be dressed in light running shoes, loose fitting shorts and a T-shirt or a shirt. Women may wish to wear the top part of a two piece swim suit as a substitute for the T-shirt or shirt.

PACIFIC REGION LARGE BASE CURLING CHAMPIONSHIP 23-25 JAN 87

CFB Chilliwack will host the Pacific Region Large Base Curling Championship from 23 - 25 Jan 87. In order to select the CFB Comox representative team, a playdown will be conducted in early January 87. Any military personnel interested in participating in the playdown are to submit their name and the names of the members of their team to the Base Rec Centre Loc 2315 NLT 12 Dec 86.

Golf news

The construction of the new Pro Shop is going extremely well. Thanks to the many volunteers who are helping in this project. Also the well that will provide the water for the course is producing much more than expected. Rumours are that the base is seriously looking into buying some of that water. Pretty good rumour, eh! But who believes in rumours. Someone was telling me the other day that a foursome composed of Wally Berger, Larry Blais and two others lost approximately one hour of play because the group had to search for one of the member's putterheads. For some strange reasons, the putterhead departed the putter shaft and lost itself in the weeds. Who knows what's going to happen next! For all you avid golfers, don't forget that winter golf is played every Sunday morning. It is fun golf and you get to meet a lot of nice people. If you are planning to participate, make sure that you are at the club and registered by 0930 hrs.

GLACIER GREENS GOLF CLUB
HOURS OF OPERATION

MONDAY	1100 - 1900 HRS
TUESDAY	1100 - 1900 HRS
WEDNESDAY	1100 - 1900 HRS
THURSDAY	1100 - 2000 HRS
FRIDAY	1100 - 2000 HRS
SATURDAY	0900 - 1900 HRS
SUNDAY	0830 - 1900 HRS



Outdoor Writers of Canada

Pipe Smoke

By Gerry Gerow



I have travelled quite a bit outside of Canada, and have many friends and acquaintances in other countries. Generally speaking, I've always been proud to identify myself as a Canadian.

At the present moment, however, I'm not. Paul Watson and his band of international criminals have given this great nation a black eye. We can only hope that citizens of other countries understand that 99.9% of Canadians feel that what Watson's gang did was wrong.

These people are nothing but bullies and cowards. Bullies because they chose the weakest of the countries that they claim are violating international law to perpetrate their terrorism acts upon, and cowards because they lacked the intestinal fortitude to remain in Iceland after they committed their crimes.

We can hope that many who have supported these people in the past will withdraw their support and lend it to the thousands of decent conservation groups in the world.

XXXXXXX

I read where the rhinoceros is in danger of becoming extinct, primarily due to ivory poachers. If this happens it will have little or no effect on the lives of the average person. After all, we get along just fine in North America without rhinos, don't we. However, it does seem a bit of a shame that this species may disappear because somebody is willing to pay big money for their horns so that they can be used to make knife handles.

To my knowledge, only the much maligned United States has laws forbidding the importing of anything made from an endangered species.

Other countries, including our own, need to follow this example.

We can't blame the poachers. In most cases, these are poor third world citizens who will seize any opportunity to make a few dollars to feed their families. Faced with hunger and starvation, most of us would do the same. It's the people who pay for the horns and thus provide the incentive that must be stopped.

XXXXXXX

Quite a number of outdoor and conservation magazines, pamphlets, etc. show up in my mail box every month. Some are paid for and some are not. One of the most impressive, and one I pay for gladly is International Wildlife, the publication of the Canadian Wildlife Federation.

The magazine, itself, is extremely interesting with excellent color photographs and informative articles. Equally impressive is the objectives of the C.W.F. Its purpose is quite clearly stated on the cover of every issue of the magazine "Dedicated to the wise use of the earth's resources."

The C.W.F. is in my view, the most worthwhile conservation group in the country. Everyone who cares about the environment should be a member. They don't go around bashing hunters and fishermen or advocating stop pollution at any cost, but take a well thought out look at today's environmental problems and support reasonable objectives which are the best possible compromise to many problems. Incidentally, your membership fee is tax deductible. O.K. Frank?

Did You Know



Stop splatters by inverting a colander over the skillet.

Christmas Bazaar

sponsored by
Protestant Chapel
Guild

at Canex
Sat. Nov. 22
1000 - 1500 hrs
Crafts - Baking
featuring
cone wreaths
tree decorations

WOs & Sgts Mess

Wednesday Morning Coffee 1000 hrs.

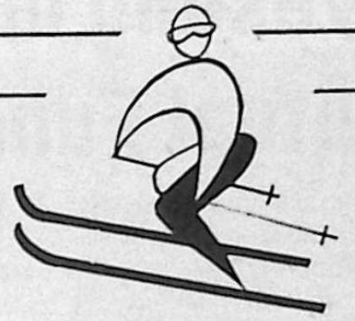
NOV 21 MIXED
GAMES NITE

Normal TGIF and Food

NOV 29 MONTE
CARLO NIGHT

Free Admission
Food - Monte Carlo Stew
Black Jack Crown & Anchor
Horse Race - 2000 to 2400 hrs.

SPORTS & RECREATION

CFB Comox
Ski Club

UPCOMING ACTIVITIES

Fri 12 Dec 86	First Fun Day	Mt Washington
Wed - Fri 4 - 6 Feb 87	Whistler Ski Trip	Tantalus Lodge
(TBA) Feb 87	Telemark/Mogul Day	Forbidden Plateau
(TBA) Mar 87	Pacific Region Skiing Championships	Mt Washington
Fri 10 Apr 87	Second Fun Day	Mt Washington
(subject to change)	Apres Ski Dinner/Dance	Glacier Greens

SKI CLUB EXECUTIVE 86/87

President	Capt Jim Richardson	2230
Vice-President	Lt Warren Wighjtman	2308
Membership Secretary	Sgt Cynthia Bedard	2230
Alpine Co-Ordinator	Sgt Merv L'Arrivee	2479
Treasurer/Recording Secretary	Pte Lorraine Arsenault/ Debbie Green	2570/2353

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PHOTO CONTEST

PRIZES

PRIZES

CUT OFF DATE
4 DEC 86

CATEGORIES ENTRY-FREE

- 1) COLOR OR BLACK & WHITE PRINTS (OPEN)
- 2) COLOR OR BLACK & WHITE PRINTS (THEME/ PEOPLE IN ACTION)
- 3) COLOR SLIDES

CONTEST RULES

- MINIMUM SIZES FOR PRINTS 4 X6 INCHES
- PRINTS MAY BE MOUNTED
- 35mm SLIDES MUST BE MOUNTED
- ALL ENTRIES MUST IDENTIFIED BY

- 1) name
- 2) phone number
- 3) category

CONTEST IS OPEN TO ALL MILITARY, DND
EMPLOYEES & DEPENDENTS OF CFB COMOX

DROP OFF POINT -Base Gym
-Base Photo

Photos will be Displayed at the
ALCAN LOUNGE from the 8-12 DEC 86.

Judging to take place on 12th DEC 86

FOR MORE INFORMATION CONTACT:

MCPL SARTORI - BASE PHOTO 2295

WO AL BRAZEAU BASE GYM 2542



CANADIAN FORCES BASE COLD LAKE, ALTA -- Master Corporal Dean (Dino) Louvelle, of St. Georges, Nfld., collects the experimental ejection seat parachute he has just tested at this Canadian Forces test and evaluation centre. Normally an infantryman serving with 3 Commando, Canadian Airborne Regiment, at Petawawa, Ont., MCpl Louvelle volunteered to help test the new chute. If judged acceptable, the lifesaving device will replace the existing less effective model on Canada's CF-18 fighters. Dino described the assignment as good experience. "I learned a lot about parachutes and parachuting." MCpl Louvelle is the son of Gilbert and Ellen Colombe of St. Georges, Nfld.

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Investing in Mutual Funds

Nick Day

The mutual fund industry has experienced a surge in activity, primarily due to increased investor interest in maximizing returns. Mutual funds provide an opportunity for individuals to pool their resources, affording the small investor advantages not otherwise available. For instance, an individual wishing to invest only \$1,000 would not be able to obtain diversification or professional management; however, these objectives would be obtained by placing funds into a pool with many other like-minded individuals.

Mutual funds are a particular kind of investment fund. There are two kinds, the closed end investment funds and the open end (mutual fund) variety. The shares of a closed end investment fund usually trade on the stock market and the amount of capital remains fixed. The more common, opened end mutual fund, continually sells its own shares to the investing public. Unitholders may withdraw their investment in the fund at any time by submitting their shares for redemption to the fund itself.

The value of the unit is based on the net asset value per share (NAVPS) which is determined by taking the funds total assets, less all liabilities divided by the total shares outstanding. The offering, or purchase price of a mutual fund is then the NAVPS plus a sales charge or "load" which is levied at the time of purchase with little or no fee payable on redemption. Individual investors can usually find a mutual fund which closely aligns itself to their own investing philosophy and objectives. Broadly speaking, there are five main types of mutual funds:

- 1) Fixed Income
- 2) Balanced
- 3) Common Stock or Equity
- 4) Growth or Speculative
- 5) Specialty

Mutual funds accommodate the individual who has neither the time nor the disposition to closely follow the markets, who lack the sufficient resources to diversify or who may be considering investing in an unfamiliar market by offering many advantages. These often include professional management, diversification, RRSP eligibility, simplicity, ease of estate settlement, liquidity, variety of choice and variety of purchase plans. Certain disadvantages should be considered by any individual investor contemplating a mutual fund purchase. To recoup sales and management fees, mutual funds should be considered a long-term investment. There are no guarantees that the NAVPS of a mutual fund will not decrease and certain funds provide their investors with less liquidity than others.

As with any investment, a full and complete history of a fund's past performance and objectives should be obtained and carefully reviewed. This information is readily available from securities firms or the fund itself while monthly performance surveys are published in the Financial Times of Canada.

It takes time to develop a solid investment program; often, more time than many individuals have. In this complex, exciting and ever-changing environment, more and more investors are choosing mutual funds.

"The best professionals will likely outperform the best amateurs." If one acknowledges this statement, a mutual fund investment should be considered. Please call me if you have questions or would like more information about mutual funds.

Nick Day is a financial advisor with Midland Doherty Ltd. in Courtenay.

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GYPSUMVILLE — 24 years of vigilance

CFS Gypsumville closes its gates 1 Aug 87, after 24 yrs of operation. The station is compiling an 80 page hard covered book recording these 24 yrs.

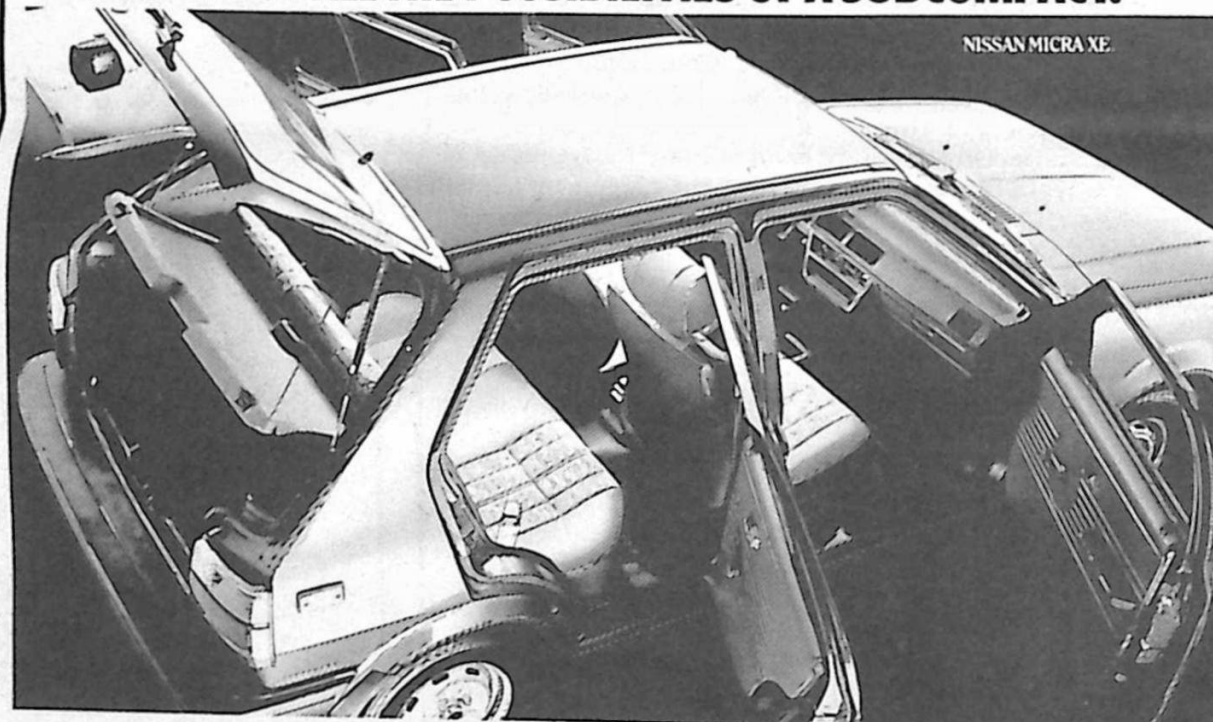
Any ex-serving members of CFS Gypsumville interested in purchasing a book should contact CADO, Capt Johnston NTAS 493-8315 or writing, Editor, Pineimuta Post, CFS Gypsumville, Pineimuta, Manitoba, ROC2M0.

The book will be ready for distribution June 87. Please reserve now as numbers are limited. Cost will not exceed 20 dollars each.

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THE PAGEANT

Nancy Bailey, "Miss 407 Squadron," was selected to represent CFB Comox at the Valley Snow Queen Pageant, to be held in February during the Winter Carnival.

The local pageant was held in the Airport School on Nov 3. Nancy was one of seven participants, who represented BAMSO (Alane Brown), BADMO (Shandy Warren), BOPSO (Gail Follett), Wallace Gardens (Patty Sinclair), BT-SO (Lorill Hill) and 442 Squadron (Heather LaGrange).

All were judged on their presentation and poise. Each chose an envelope which contained a question, requiring an answer. Three finalists were selected; Nancy Bailey, Lorill Hill and Gail Follett.

The four runners-up each received a rose and a CFB Comox pin, presented by Luc Guibord, Deputy Mayor, one of the event organizers.

Another question was posed for each of the three finalists, samples: "How would you improve community relations if you were Base Commander? In your opinion, which was the most important event in Canadian history? and, Why would you like to be Miss CFB Comox."

After their scores were tabulated, the three young ladies were tied, so each finalist appeared privately before the panel of judges, who determined the winner. The runners-up were Lorill Hill and Gail Follett. Miss CFB Comox was crowned by the Deputy Mayor, Luc Guibord. The three finalists each received a silver/gold chain, a CFB Comox pin and a bouquet of roses.

Master of Ceremonies for the event was David Graham. Pat Wallace of the Comox Valley Pageant Committee, was the guest speaker. Organizers were Luc Guibord, Darlene MacDonald, Marlene Allot and Lorraine Lourie.

Miss CFB Comox faces a heavy schedule of training and events before the Snow Queen Pageant, in which Princesses from all over the Comox Valley will represent their communities at the Winter Carnival in February. Nancy will receive training in wardrobe and time management, public speaking, dance routines, modelling and complexion care (skin care and make-up by Estee Lauder). She will attend children's Christmas parties at all the Messes and take part in outside events such as the Valley Merchants

Fashion Show. The organizers hope to enter a float in the Winter Carnival Parade graced, of course, by our Miss Comox.

Many others, including local sponsors, contributed to the success of the "Miss CFB Comox" pageant: the Judges panel members were, Donna Barker, Joan Jackaman, Karen Millman, Sandra Tilley, Barb Vermette, Pat Wallace, and the lone and lucky male representative, Padre Milne. Sponsors of the event were, Hair - Cream of the Crop; Make-Up - Mary Kay Cosmetics; TV Coverage - CATV; Floral - Comox Valley Flowers; Snacks - Robin's Donuts; Sashes - Mad Caps Sportswear; Gifts - Touch of Class.

St. Michael's and All Angels Protestant Chapel Ladies Guild served doughnuts and coffee, Capt. Pauline Cooper was Official Tabulator, Photography was by Cpl Kim Lambillon and the Ushers were Cpls Wayne Mitchell and Richard Bonin.

Miss Nancy Bailey is our girl



A beaming Nancy with proud parents

It now remains for the personnel and families of CFB Comox to rally behind our Princess and give her all the support we can. The weeks ahead will be busy. If anyone would like to provide more direct assistance, i.e.: with the parade float, please call Darlene MacDonald at local 2310 or Lorraine Lourie at 2266.Norm Blondel

SORRY

...WE'VE BEEN SO BUSY WE FORGOT TO TELL YOU WE ARE HERE...
GORDEN STENNER, PRESIDENT OF STENNER FINANCIAL SERVICES LTD. IS PLEASED TO ANNOUNCE THE OPENING OF THIS BRANCH OFFICE IN COURTENAY WHERE WALDTRAUT NORTH AND JIM GARFAT ARE HAPPY TO SERVE YOU WILL THEIR COMBINED 40 YEARS OF EXPERIENCE.



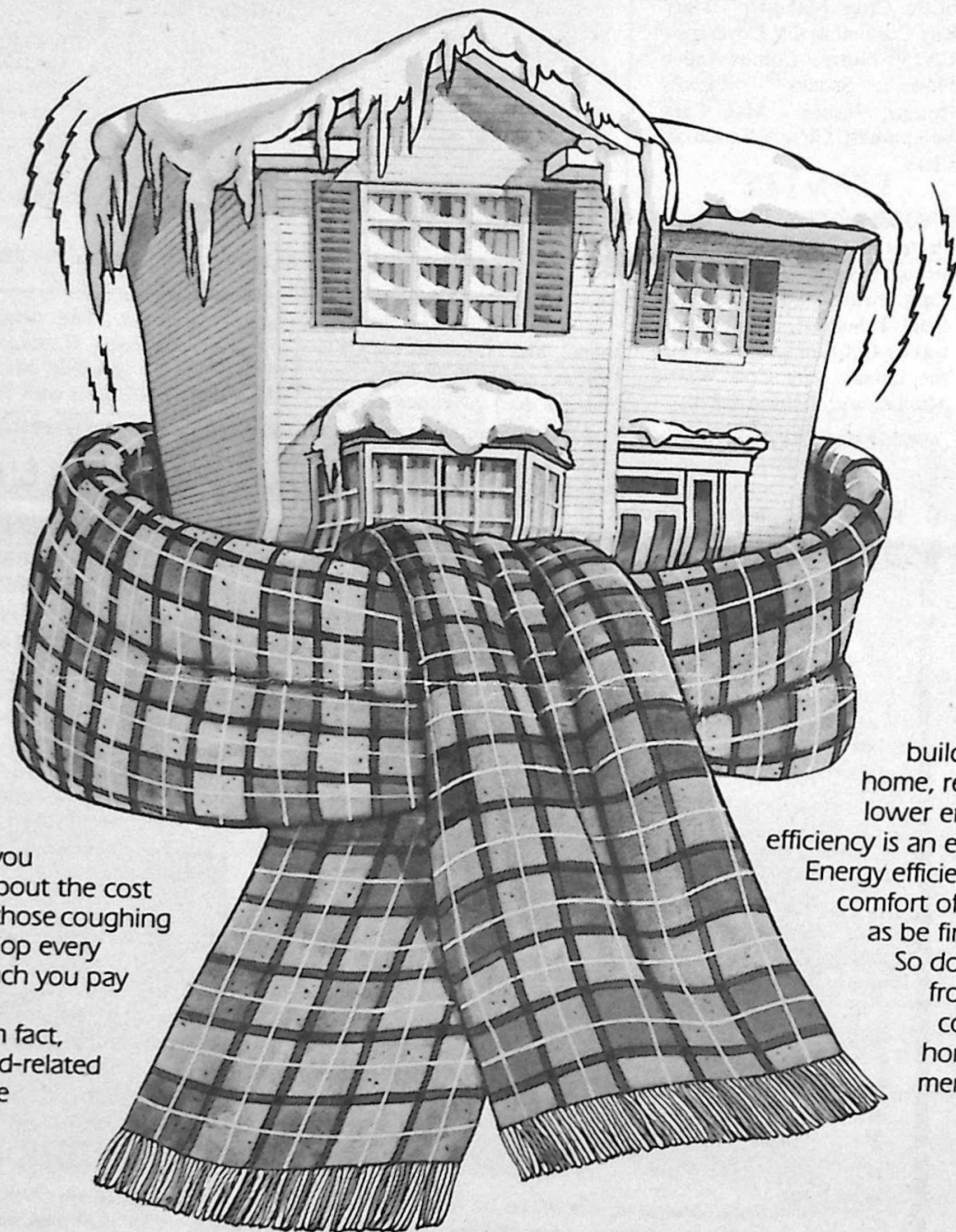
Waldtraut brings to this office 20 years of combined banking and trust company experience, 8 of which were spent as branch manager. Her dedication and vast knowledge will enable her to serve you better. Why not give her a call to discuss the implementations of your long term financial objectives. She also welcomes the opportunity to assist her past associates.



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Hon. Marcel Masse, Minister

Énergie, Mines et Ressources Canada
L'Hon. Marcel Masse, Ministre

Canada

SPORTS & RECREATION

Take this job and love it

When umpire Don Denkinger blew a call many claim turned the 1985 World Series around, he was standing eight feet from first base with only one duty, to determine whether runner or ball reached the bag first.

A hockey referee is skating at high speed, trying both to watch the puck and dodge it, while avoiding swift skaters and simultaneously scrutinizing them in an effort to enforce a largely subjective rule book.

It should come as no surprise, therefore, that a referee's decision rarely invites universal acceptance.

"My dream is for both coaches to shake my hand after a game and tell me I did a great job," says referee Ron Fournier. "But I know it will never happen."

John McCauley, a former referee who is the National Hockey League's assistant director of officiating, says: "It will never happen in the next life, either, because all the referees will be up there (pointing heavenward), and all the coaches will be down there (pointing in the opposite direction)."

Obviously, realism, a certain sense of devotion and humor are among the requirements for the men who fill a job that ranks alongside traffic cop in most hockey fans' acceptance.

Hockey referees also need skating ability, an even temper, reasonable size and, most important, presence. Corrected vision is okay, although contact lenses are recommended.

"If you look like a ref, you'll get in the front door," McCauley says. "Presence will take you over the rough barriers until you get over the hump. How you control the emotional elements is half the battle. You can't be hot-headed and you have to have a general empathy for the game and the personnel involved."

The road to the NHL was not smooth for Fournier, a goalie in the Quebec Major Junior League who later became an official. In Fournier's case, they found bigger obstacles.

"I was in Sorel one night and a guy took one of those fire extinguishers off the wall and threw it from the balcony," Fournier says. "It missed my head by 10 feet."

"Officials are a different breed of cat. Nothing comes easy and you have to be special people, one in 5,000, to go

through all that abuse and those tough times to get to the NHL. It's so much easier to work at the NHL level, where you have professionals working with you, instead of guys working for the home team."

Some NHL coaches complain that certain referees are "homers," favoring the home team because of the crowd. Being human, officials no doubt can be swayed by a loud roar calling their attention to an alleged misdemeanor, but McCauley says that to see a true "homer" one must go to hockey's boondocks.

"We used to go into some strange cities, and once in Memphis the referee saw the linesmen applauding after Memphis scored a goal," McCauley says. "He told them what their job was, but it didn't get through. He called an offside when they wouldn't, and after the game they got even, driving away and leaving him in the shower."

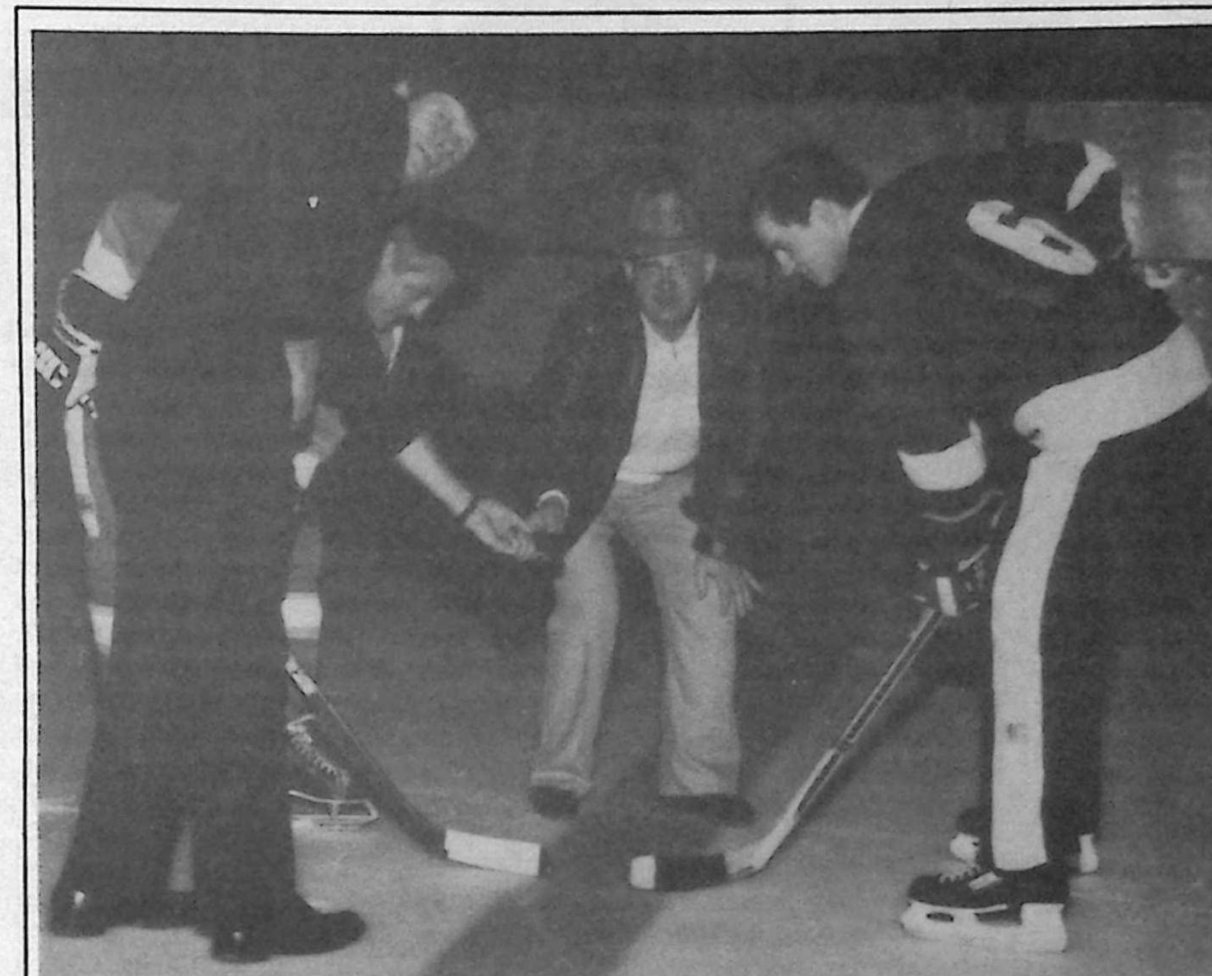
"The job is never easy. In Providence, they had chicken wire at the ends instead of glass. You'd jump onto the boards and grab the chicken wire to get out of the way and the fans would knock you down. The doors to the benches there opened onto the ice instead of inward and they'd wait till you skated by to make a change, so they could hit you."

Being an NHL referee can be hazardous, too. Andy Van Hellemond, who has officiated in the Stanley Cup final the last nine years, makes it a practice to sit with his back to the wall in a restaurant and he keeps his knee free, just in case a visitor should turn belligerent.

"The players are never a problem, but irate fans can be," Van Hellemond says. McCauley knows that only too well. In New York in 1979, he was punched in the face by an angry fan after the Soviets beat the NHL in the Challenge Cup. It took two years for him to regain full vision and, after two more years of officiating, he moved to the executive level.

"It was something when I made my comeback," says McCauley. "In Wichita, players were tapping their sticks when I was introduced and every game when I got back to the NHL it was like 'Welcome home, John.' I'd put my hand up for a penalty and guys would run to the

continued on page 18



With the pre season renovations complete the "new look" Glacier Gardens bounced into a new season. Padre Milne and Maj Eggilston share the duties of dropping the puck to initiate the Inter-section season. Two of our finest take the draw.

TOTEMS BASKETBALL

LADIES

The Comox Ladies basketball team made an impressive showing Nov. 10, in the Cumberland Ladies' recreational basketball league. In only their second outing of the season, the Totems managed a 46-15 decision over the ladies of Courtenay.

The game began at a slow pace but the Totems were quick to capitalize on the ladies' weak

defence taking command of the situation on both offence and defence.

Going into the second half, the Totems held a comfortable lead of 20-8, and continued to control play throughout the remainder of the game. With the loss of Jo-Ann Paul late in the game, the Totems continued to hold off the opposition to hand them their

second loss in as many games.

Top scorers for the Totems were Josh Pemberton with 14 points, Jan Moyer with 12 and Pam McKee with 11. Top point-getters for the ladies were Karen Tabbacca and O. Sadler with four each.

All Totems games will be played at the Base Rec Centre on Monday nights at 1800 hrs.

MENS

The CFB Totems Mens basketball team won two of three regular season games these past three weeks. Their first game against the Waverly Hotel from Cumberland the Base Totems were victorious by a 60-52 score. A well balanced team effort prevailed over the more aggressive Waverly Team. Kenn Rodzinyak led the Totems with 14 points. Russ Payne notched 9, Terry Stroccl and Dale Fritzke added 8 each and Al Huntley pumped in 7. The Baird brothers led the Waverly scoring with 12 apiece. In their next game the Totems out-muscled the Muskrats 72-65. Ten minutes into the game the base was down 25-8 but came roaring back to cut the lead to 30-24 at half-time. In the second half, the Totems dominated the ballhandling and rebounds, taking the basketball away from the

Muskrat team numerous times. The Totems won 72-65. Davis Mitchell led the Totems scoring 20 points, Russ Payne and Rob Adams added 18 and 16 points respectively and Al Huntley popped in 12 points. Warren Wagstaff and Peter Marsden each scored 18 points for the Muskrats.

Last Monday, the Totems were playing the Woodchucks for first place honours. The Woodchucks prevailed by a 73-65 score. The basketball game was extremely exciting. Many picturesque plays and fast action on the court provided good entertainment for the 30 people who watched the contest. The score was 35-33 for the Totems in half-time. The score was tied until 5 minutes left in the game when the Totems started to force the play, causing unnecessary turnovers which the Woodchucks capitalized on. Andy Balogh

led the Totems with 22 points and Davis Mitchell scored 20 points. Both played excellent games on the boards and Rob Adams hit for 9 points. Both Totems guards George Stoneman and Yves "Ziggy" Carignan played excellent games on defense, forcing the Woodchucks offense into making bad plays in the first half. Jamie Graham scored 26 points and Tim Newman hit for 14 points for the Woodchucks.

In an exhibition contest against Nanaimo, the Totems lost 74-66. The Totems surprised the more experienced Nanaimo team and led at half-time 43-34. However, 2-1-2 zone was used in the second half and effectively stymied the base to a standstill. Russ Payne played an excellent game scoring 32 points, and Andy Balogh and Rob Adam each got 13 points. Mike Ireland scored 22 for the winners.

AROUND THE BASE

CD1s presented

Col Gibbon presenting



Sgt Mann

MCpl Stagg

Take this Job....

continued from page 15

box."

Ron Wicks learned how fleeting such sympathy can be. After he was struck in the eye by a puck during a game at Capital Centre, the Washington Capitals' fan club sent a basket of fruit to his hospital bed. When he returned to action, he was greeted by tumultuous applause at the Centre.

"It lasted five minutes," Wicks says. "I think I made one call they didn't like, and they were all booing. It was nice while it lasted."

"Knee-ligament damage is the biggest problem," McCauley says. "The linesmen run into that a lot, when guys change direction while they're trying to break up fights. We had a lot of trouble with backs, too, and we set up a conditioning program that has helped a lot."

"But you still get guys hit with pucks, and groin and hamstring troubles, like the players. It's really surprising that there aren't more."

What is surprising to a layman is that anyone would want such a demanding job, where the only cheers from the fans accompany a pratfall or a shot in the back from a puck.

"I consider officiating in hockey one of the most exciting professions," McCauley says. "I'd probably equate it to being a skilled surgeon or a trial lawyer. There's satisfaction in doing a job a lot of people could not do."

"It's a pretty decent way to make a living, but you have to be prepared for just about anything, on and off the ice," seven-year veteran referee Kery Fraser says. "Just like a policeman or a judge, you're looked at as the enemy. If you're thin-skinned you'll never make it."

The NHL has 11 full time referees and three who are being phased in to replace Bob Myers and Wicks, both 45, and Bryan Lewis, 43. Another half dozen work in the AHL, with 10 more in a training program working in minor leagues on a per-game basis. There are 21 full time NHL linesmen.

"Our first source is attendance at a referee school or correspondence we've followed up on," McCauley says. "Word of mouth from GMs and scouts is important, too. We recommend that anyone who is interested attend one of the schools and we pay close attention to them."

There is no mandatory retirement age, but by 45 most referees show signs of slowing down and are phased out as gracefully as possible.

"I'm green with envy when I watch the Super Bowl or World Series and I see that the chief referee or umpire is 52 or 55 years old," says Scotty Morrison, NHL vice president in charge of officiating. "I'd love to have a guy on our staff with 23 years' experience."

"But in hockey the demands are so strenuous our officials are

retiring at 45 or 46. Beyond that, they just can't keep up with the play."

Linesmen last longer: John D'Amico, the league's senior official, is 48. He has officiated more than 1,500 games, including 23 as a referee. He developed a skin rash when he took the brief shot as head man.

"I was very nervous as a referee," he says. "It was a lot different then with only six teams, and the pressure was enormous. Peace of mind meant more to me than the almighty dollar so I went back to the lines."

Referees start at \$36,000 annually and after 12 years the salary peaks at \$75,000, plus performance and playoff bonuses that can boost take-home pay to six figures. Linesmen start at \$24,000, with a \$50,000 maximum after 18 years, plus bonuses. Officials also receive a per diem allowance plus hotels, airlines and ground transportation.

"Nobody is in it to make oodles of dollars," McCauley says. "This is a vocation that starts out initially as an avocation. I don't think more money would attract better people. You grow up wanting to be a hockey player, not an official, but at a certain crossroads in your life, you want to keep your hand in the sport and you pick up the whistle."

The principal complaint of coaches and general managers

Officers Wives Club

The Officers Wives Club, together with the Mens Mess Committee will be holding a Mixed Mess Christmas Decorating Party and Bingo on Dec 3rd, 1986. The schedule for the evening is as follows:
5:30 pm decorate the Mess
7:00 pm supper (chicken & chips)
8:00 pm Bingo

Those planning to attend this function are asked to bring along their own ladder, staple gun and staples. Supper and two Bingo cards are free to those who help decorate. Otherwise the cost of the Bingo is \$2.00 for the first card and 50¢ for each additional card.

Turkey and liquid turkey are on the evening's prize block. Everyone is encouraged to come out to get into the Christmas spirit.

OWC is raffling off a Gingerbread House. Tickets are available at any OWC function. Cost: 3 for \$1.00 or 50¢ each. Don't miss your chance to win this delicious holiday treat.

The Bridge Club will be holding their Pot Luck Supper on Nov. 26, 1986, 6:30 for 7:00 pm.

Jane Daniel has requested that grocery tapes be saved for charity work done by the base chapel. Tapes can be given to her at any OWC function.

Did You Know



More than half of the world's scientific and technical periodicals are printed entirely or partly in English.

about officiating is inconsistency. What one referee considers a foul, another ignores.

"The rule book is just a guide," Wicks says. "If you called the game by the book, you'd be the only guy left on the ice. Officiating is a very unscientific profession."

Accusations that they are always trying to even out the penalties leave most referees angry, although they admit it is a natural tendency after calling several in a row on one team to be alert for a foul by the opponent.

"A lot of people think referees are accountants who make sure each side gets the same number of penalties," Fraser says. "I resent the suggestion. I wouldn't hesitate to call 10 in a row against the same team if that's what the situation called for."

"But if I'm conscious one side has been penalized a lot, I'll concentrate extra to make certain I don't miss something really flagrant the other way."

Communication has improved between referees and club officials as a consequence of the NHL's decision to spend \$500,000 examining the problems connected with officiating.

"What has helped has been the GMs getting to know us and us getting to know them," says Van Hellemond. "Conversation is better than confrontation."

"Some coaches are so emotional; you try to reason with them and sometimes you can't. That can be a problem, but it goes back to basics: they're trying to win, we're not."

Courtesy
Times Colonist
Feb 16/86

TIM KENNELLEY

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AROUND THE BASE



Quality Assurance

When Base QA began operating in Nov 85, this column was also started by Bill Ouellette and myself. Bill did most of the research, and translated it into several highly informative articles, which I would then edit and sometimes rewrite to convert Bill's erudite English into Totem Times Terse. When Bill left for ATAT, the column continued, with a little social news added. Now that I am Extracting the Pin, the future of this column is uncertain. In case it does not continue, I'd like to thank, on behalf of all of us in QA, all of you who commented on this column and the job QA has been doing.

Our own statistics tell us QA is a success. We've also learned a lot personally from our day-to-day contacts with the people who use the QA service.

QA is a job I'd recommend to anyone. With Instructing, it ranks with me as one of the two jobs I've enjoyed doing most, in 38 years of service. Thanks for your goodwill.

.....Norm Blondel

And now to business:

THINGS AND RINGS

Of late, we've noticed a rash of jewelry worn by aircrew and groundcrew, in places where it doesn't belong. We're not talking of nose-rings here, but of ear-studs and necklaces. Not only is this kind of decoration partly illegal in uniform, but around aircraft it is downright dangerous. Gold is the super-conductor of electricity. Touch an ear-stud to a terminal strip and you get Instant Lobotomy. A caught necklace can sever your jugular quick as a knife.

Jewelry worn on the job isn't Macho or alluring; It is just plain stupid.

CONTRACTING FOD

A message crossed our desk recently about a civilian flashlight found after an aircraft returned from contractor overhaul. We use explosion-proof lighting on CF aircraft. This one, lens broken, found in an area where fuel vapour was present, could have deep-sixed an aircraft and its crew, or burned down a hangar. It was lacking both CSA and National Fire Prevention Association approval for use in aircraft hangar areas.

(See C-17-040-002/TS-001).

The part we're really concerned about is the fact that this aircraft flew Thirty-nine Times before the flashlight was discovered.

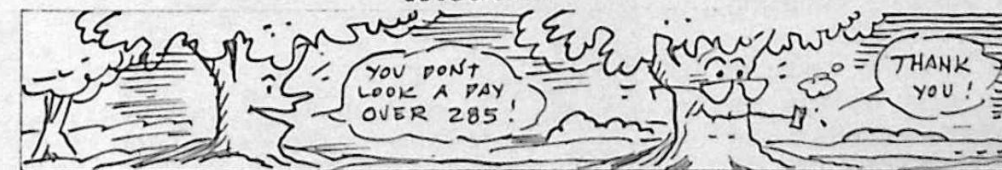
The moral? If a contractor had your aircraft last, do a thorough FOD check before you take it flying.

Action at 0730 hrs.



Tried to get thru the main gate in the morning? 0730 at the main gate can be one of the more frustrating experiences that one can start his day with. Here's some recent action! Nuff said.

Wisdom



A sequoia tree, among the oldest living things, is not fully mature until it is 300 years old



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Officers Mess

WEDNESDAYS DECEMBER 3, 10, 17

OFFICERS COFFEE HOUR Coffee will be served in the lounge at 1000 hrs. Dress will be dress of the day. All officers are invited to attend.

WEDNESDAY DECEMBER 3

MIXED MESS CHRISTMAS DECORATING PARTY AND BINGO — Meet in the Mess at 5:30 for decorating. Bring your staplers, etc. Supper will be served at 7:00 followed by a Bingo at 8:00. Turkey and liquid turkey prizes.

FRIDAYS DECEMBER 5, 12

REGULAR TGIFs - Food as indicated 1700 - 1800 hrs. Free taxi. Ask at Bar.

WEDNESDAY DECEMBER 10

OWC BRIDGE CLUB at 8:00 pm.

SUNDAY DECEMBER 14

CHILDREN'S CHRISTMAS PARTY: Bring your children for an afternoon of fun from 1300 to 1500 hours. Surprise visit from the Big Fellow with the White Beard. Hot dogs, candy, ice cream, etc. Admission Free.

THURSDAY DECEMBER 18

INTER MESS VISIT: The Sr NCOs will host the Officers at 1500 hours. Assembly in the Officers Mess at 1430 hours. Dress is S3.

SUNDAY DECEMBER 21

FAMILY BRUNCH: Bring the family out to a leisurely brunch to offset the hectic holiday preparations. Cost per person: Adults \$5, Children \$2.50.

WEDNESDAY DECEMBER 31

NEW YEARS EVE

Champagne Punch 2000-2030 hours

Receiving Line 2000 hours

Dinner served 2030-2300 hours

Menu

FRENCH ONION SOUP
FRESH SPRING SALAD
with

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HONEY GLAZED CARROT BARRELS
MOCHA MOUSSE: WHIPPED CREAM

Reservations restricted to 80 couples on a first come first served basis. No reservations taken after 23 December 86. Cost per couple: Members \$45.00, Guests \$60.00. Dancing to Naden Band 2100-0200 hours. Dress for the occasion: Members - Mess Kit. Associates and Guests - Tuxedo. Ladies - Formal.

THURSDAY JANUARY 1

NEW YEARS LEVEE 1100 hours. Dress is S3.

PEOPLE & PLACES

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MASS SCHEDULE: Saturday 1900 hours
Sunday 1000 hours
Week Days 0900 hours

BAPTISMS & MARRIAGES - By appointment - notice well in advance please.

CATHOLIC WOMEN'S LEAGUE - Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. President: Mrs. Edna Sinclair, Telephone 339-6883.

CATECHISM CLASSES - September - May in the PMQ School at 1830 hours, every Wednesday. Religious Education Co-ordinator: Mr. Fred Chiasson, Telephone 339-6488.

ST. MICHAELS AND ALL ANGELS
PROTESTANT CHAPEL

BASE CHAPLAIN (P) - Maj G.A. Milne
CHAPEL - St. Michael & All Angels, Wallace Gardens, Bldg 88

OFFICE - Headquarters, Bldg 45, Room 48, Telephone:
339-2211, Local 2273

SUNDAY WORSHIP - Each Sunday - 1100 hours.

HOLY COMMUNION - First Sunday of the month.

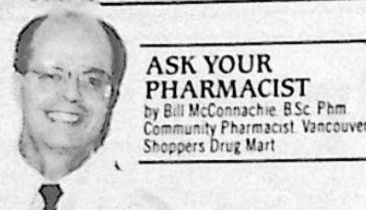
SUNDAY SCHOOL - 1000 - 1100 hours, pre-school at 1100 hours. For further information contact Superintendent, Michelle Wohlegemuth, Telephone 339-2885.

JUNIOR CHOIR - Practices 1530 hours each Wednesday.

SENIOR CHOIR - Practices 1900 hours Tuesdays - volunteers needed.

CHAPEL GUILD - First Thursday of every month at 2000 hours in the Chapel Annex.

President: Mrs. Diane Harrison, Telephone 339-6663.



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CAN'T STOMACH EXCESS ACID?

Most of us suffer from an upset stomach at one time or another. The most common symptoms include pain, heartburn, bloating, nausea or loss of appetite.

Chances are, most upsets are caused by excess acid production. This may be triggered by stress, tension or certain foods you eat.

Now all acid isn't bad. Certain levels are necessary to the digestive process. Stomach acid reacts with certain chemicals to reduce digested food and break it down to components that can be easily stored or excreted by the body.

In most cases, the body produces the right amount of acid. However, if high levels, stimulated by poor eating habits, stress or tension, begin to collect, the result can be an upset stomach.

Certain foods, beverages and drugs are often the main cause of stomach upsets. However, the list may vary from person to person. What may be fine for some people, can trigger symptoms in others.

Common stomach irritants include alcohol, caffeine, ASA products, spices, citrus fruits and juices, carbonated beverages and foods with husks or shells like corn and nuts. Once you pinpoint which of these irritants affect you, it makes sense to avoid them in future.

Sometimes, it may be difficult to totally avoid foods and the tension and stress that create high acid levels in the stomach. This is where an antacid can help. When swallowed one hour after meals, antacids mix with excess stomach acid and help neutralize it.

By practicing sensible habits, you can control the acid levels in your stomach. Diet control, proper rest and the occasional use of antacids can make a big difference in the way you feel. If upset stomach symptoms persist, see your doctor.

If you have any questions about the many types of antacid products available in your neighbourhood drug store, ask your pharmacist.



BRIAN HORLEY

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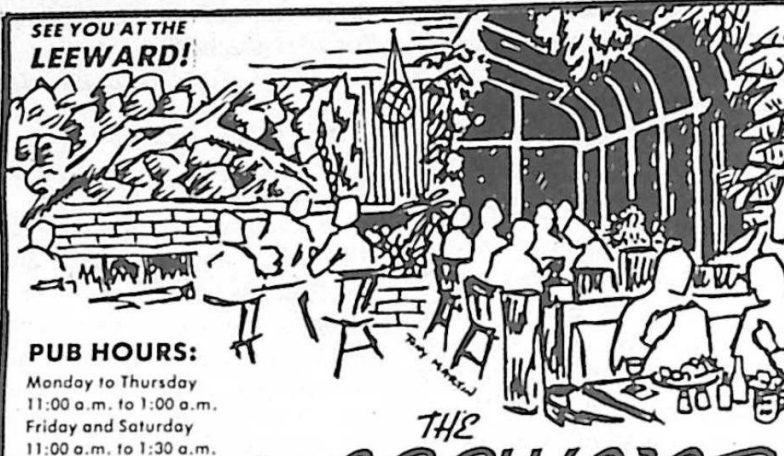


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Top Priorities for Beatty

TORONTO - Perrin Beatty, The Minister of National Defence, said that northern sovereignty and our contribution to NATO are top White Paper priorities.

security in the Arctic is greatest in the airspace above and in the water beneath the sea.

Mr. Beatty also mentioned that there is an imbalance between the resources of the Canadian Forces and the jobs that they are expected to do. As well, strategic circumstances have changed since 1971, and will continue to change in the future. Therefore, a review of present Canadian Forces commitments nationally and internationally is needed.

"Changes in the nature of the Soviet Threat to North America and NATO require a close examination of how the Government of Canada should be respond to the responsibility to enhance the security and defence of Canada," explained Beatty.

Beatty said that the threat to Canada's sovereignty and

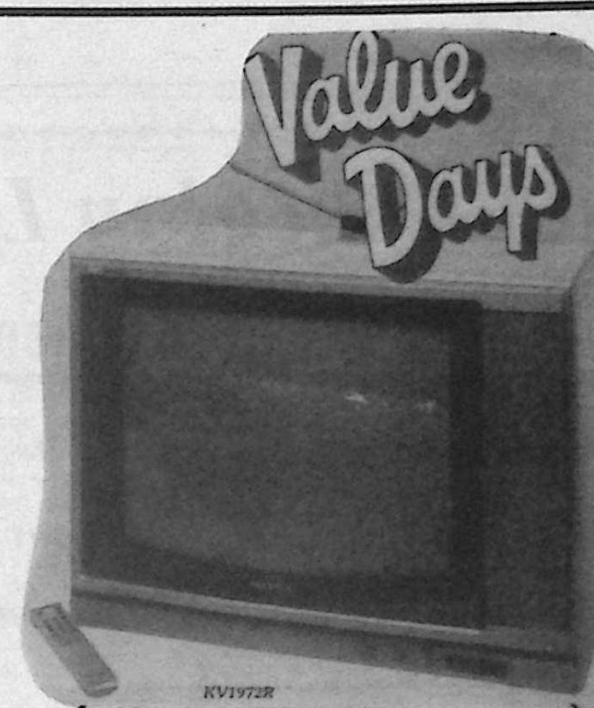
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M. S. E. Driver Safety

What would you do?

You're running a two-lane highway at 55 miles an hour behind a car hauling a trailer. You move left to pass the trailer and car, see oncoming traffic and pull back to the right lane. As you get back behind the trailer you see it begin to perform in a peculiar way. Quickly you realize it has come unhitched from the car. It starts veering left and you remember the oncoming traffic. What should you do?

A. Medium brake to slow, keep in lane and be prepared to stop.

B. Hard brake, ease off to medium brake, veer right off the road and stop.

The best decision

nothing could be worse. What's happening there (unless where you are is so bad that trouble. You never want to go to any place where you can't see looking around the trailer, you would have been in deep rule. If you had decided to veer left instead of right, without rule. This is an excellent example of the "veer right-not left" away from it you can get, the smarter and safer you are. But whenever you see an accident in the making, the farther we never know what's going to happen until it's happened. STOP is the safest way of handling this situation

Your choice of action to HARD BRAKE, EASE OFF TO MEDIUM BRAKE, VEEB RIGHT OFF THE ROAD AND

LIFESTYLE

Fishing Pier
for
Campbell River

The District of Campbell River will be offered a low interest loan of \$500,000 under the Canada-British Columbia Tourist Industry Development Subsidiary Agreement toward the cost of constructing a 600 foot sportfishing pier in the downtown waterfront area of Campbell River.

The new pier and an offshore artificial reef will offer anglers of all ages and abilities an opportunity to experience Campbell River's internationally famous fishing attraction. The \$1.3 million project is expected to draw more than 52,000 tourist visitors to Campbell River each year who do not currently participate in offshore sport fishing.

The pier will be open year round, 24 hours a day which will permit fishing in all seasons and conditions, including late night angling which is extremely popular during certain periods. All-weather clothing and the required equipment will be available from facilities located near the site.

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Jr. Ranks Club

ENTERTAINMENT

NOVEMBER

Special Events:

21 NOV 86 -

MEDIEVAL NIGHT
BANDE EXCALIBUR
DJ SUMMIT MUSIC
LORD AND LADY APPOINTMENT 1700 hrs
DINNER 1730 hrs.
Dance to follow
Admission-\$10 members, \$12.50 non members

28 NOV 86 -

IMPRESSIONIST DON HAMBLBY
DJ AUDIO EXPRESS
2100 to 0100 hrs. Admission - \$3.00

ATTENTION

Junior Ranks Mess Members

1. The Junior Ranks will be hosting a kids Xmas Party on the 14th of December 1986. Registration forms can be picked up and dropped off at the PMC/Mess Managers office or the Bar. The deadline for receiving registration is the 30th of November 1986. There will be NO exceptions. All presents will be supplied by the Junior Ranks Mess, no other gifts will be accepted.

The following is a breakdown of times and age groups:
6 yrs and under - from 1330 hrs. - 1500 hrs.
6 yrs to 12 yrs - from 1530 hrs - 1700 hrs.
There will be pop, chips and chocolate bars supplied for the kids. During this function the bar will not be open.

AROUND THE BASE

Safe driving

ejection and collision of the occupant with the vehicle's interior. Half these lives could have been saved if the occupants had worn seat belts.

A common belief is that seat belts are useful for highway driving, but unnecessary when driving around town. Half of all traffic accidents occur within 40 km of the victim's home at speeds of 60 km or less. All cars made after January 1, 1974 must be equipped with three point seat belts. While most people know the benefits of buckling up, many haven't formed the habit. Don't move your vehicle before all it's occupants are buckled up, otherwise what's holding you back?

FOLLOWING DISTANCE

As we approach the winter driving season and the Canada Safety Council's National Safe Driving Week, it is appropriate that all drivers be reminded of the many safe driving practices that must be observed to overcome the additional hazards faced during this difficult season. We all know with the onset of winter's tricky lighting conditions, there is an inevitable rise in accident frequency that tapers off within a month or so as drivers become more familiar with winter driving conditions and remember how to combat them.

There is one technique in particular that all drivers can practice, with a minimum of effort, which will guarantee a minimum exposure to risk. It is called "following distance."

The Canada Safety Council recommends all drivers observe the two-second interval between your car and the car ahead. A normal count of "one thousand and one-- one thousand and two" is two seconds. As the vehicle ahead passes any fixed object, start counting. If you pass the same object before finishing your count, you are too close, so back off. Under really bad weather or light conditions, make your count four seconds for an added measure of safety.

When you consider the matter, the only thing a driver controls in a traffic environment, outside of his own vehicle, is his following distance. This is his space cushion-- his "living-room." Observation of the "following distance" rule is number one on any list of safe driving practices.

CONCLUSION

Safe Driving Week, sponsored every year at this time by the Canada Safety Council, is an attempt to alert Canadian drivers to the traffic accident problem. If the present accident rates continue, one out of every two Canadians will be involved in a fatal or injury-producing accident in their lifetime.

People are not necessarily qualified for the driving task simply because they hold a current driver's license. It is taken for granted that they know all about the accepted methods of controlling a vehicle, that is to say, how to go forward, go back, turn and stop.

These procedures might be called the mechanics of driving. Upon receiving a license, far too many drivers lull themselves into the belief that they can compete in today's traffic

environment. But can they?

Today more than ever before, driving itself has become a stressful activity. Consequently, driving demands a high level of concentration and attention. Add this to the factors that can contribute to stress and the risk of serious driving errors and impaired judgement are increased enormously.

Drivers must acknowledge that stress is often a fact of life and learn ways that help control it. Control the urge to retaliate against the other driver; travel a different route or pick a different time to avoid a stress situation; delay your trip or take some other form of transportation when you feel that stress could influence your driving.

By recognizing the hazard, understanding the defence and acting in time, accidents CAN be avoided.

Classified

RATES

Effective February 24, 1986 ALL Insertions will be \$3.00 per column inch.

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FOR RENT—KIN BEACH 1 BR cabin. Fully furnished & newly decorated. \$285/mth includes utilities. \$75 security deposit. Not suitable for children or pets. Ph 339-4378 after 5 PM.



Legion Log

Entertainment

BRANCH 17 - COURTENAY

Fri. & Sat. Nov. 21 & 22 - WESTWIND plays at 9 pm.
Tues. Nov. 25 - General Meeting at 7:30 pm.
Fri. & Sat. Nov. 28 & 29 - Dance to COUNTRY MEN at 9 pm.

Sun. Nov. 30 - GREY CUP 10 am. No Charge. Hot dogs & Fun.

Regular Activities

MONDAY - Fun Euchre

TUESDAY - Pub Darts

WEDNESDAY - League Crib

THURSDAY - Fun Darts

FRIDAY - TGIF & MONEY DRAW at 6:30 p.m.

SATURDAY - FUN BRIDGE at 12:30

Now open Sundays 1 - 7 pm. Dress code in effect 8 pm Fri & Sat. (No jeans or T-shirts)

"MORE PLAYERS WELCOME"

"JOIN COURTENAY LEGION WHERE THE ACTION IS"

Serving Military Personnel Welcome.

BRANCH 160 - COMOX

New Hours

Branch now open Sundays 11 am to 5 pm.
Entertainment

Fri. Nov. 21 - Dancing to the ALLEYCATS at 9 pm.

Fri. Nov. 28 - Dance to PRIME TIME at 9 pm.

Sat. Nov. 29 -

Sun. Nov. 30 - GREY CUP GAME - Check Legion Notice Board for details.

Gala New Years Party - \$20 per couple - details in next issue. Tickets on sale Nov. 24.

Sports - Darts Darts Darts

Mens League every Monday night

Mixed League every Tuesday night

Open to all Branch 160, L.A. members and their bona fide guests only.

BRANCH GENERAL MEETING - Thur. Nov. 20 Election of officers for the 1987 Executive Committee. This is your opportunity to elect the members of your choice.

Navy League Drop In Bingo every Wednesday night, upper Legion Hall 7 p.m.

EVERYONE WELCOME

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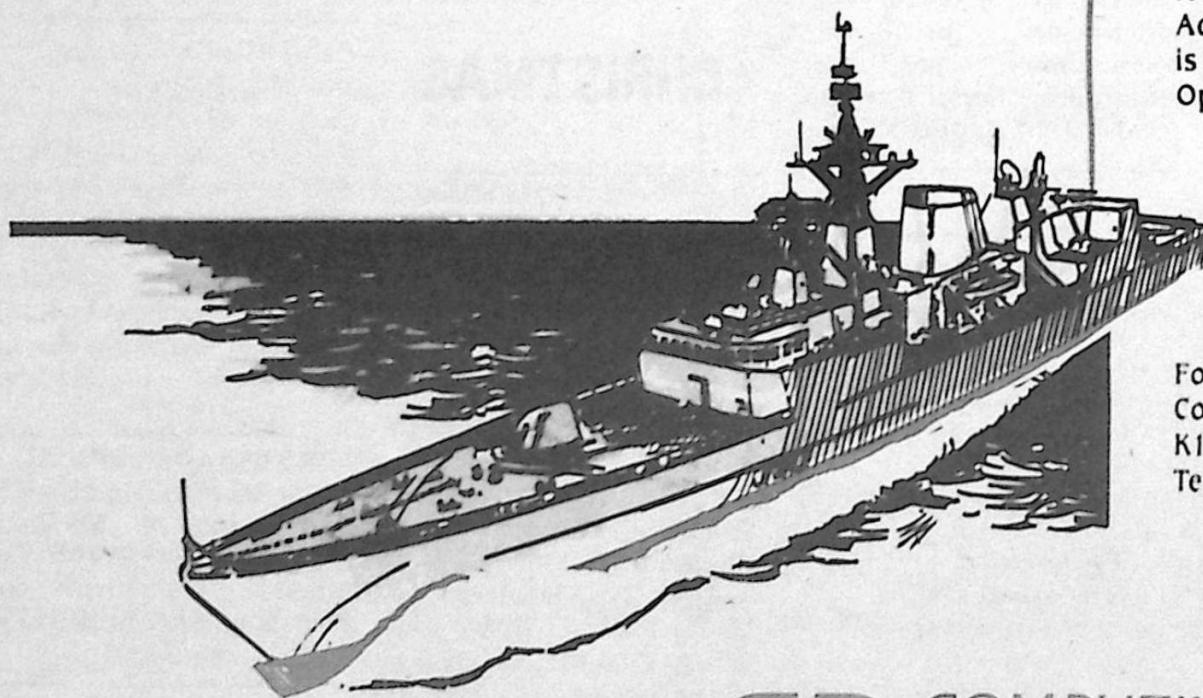
AN/SQS-510 ACTIVE SONAR

The Canadian Navy has selected Computing Devices Company to design and develop the AN/SQS-510 Active Sonar for its ASW fleet of the 1990s. The SQS 510 comprises the transmitter and wet end subsystems and the display, control and processing subsystems. An advanced development model of the SQS-510 Sonar System is now at sea with the Canadian Navy.

AN/UYS-503 SONOBUOY PROCESSOR

The AN/UYS-503 Sonobuoy Processor (SBP) is designed around a new architectural concept that fully exploits the potential of new microprocessor and dense memory components to give a simple, powerful, easily maintained and easily expanded system.

The AN/UYS-503 has won international competitions for the Swedish Navy and the Royal Australian Navy. Additionally, it is on order for the CPF and the system is being flown by the CFB Shearwater's Helicopter Operational Test and Evaluation Flight (HOTEF).



For information please contact: Computing Devices Company, ASW Division, P.O. Box 8508, Ottawa, Canada, K1G 3M9 Telephone (613) 596 7051, TWX 610 563 1632, Telex 053 4139.



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