



TOTEM TIMES



Canadian Forces Base Comox B.C.

Vol 28 No 18 October 23, 1986

Deadline is Monday, November 3, 1986

Cost: Priceless

Update

New Reserve EW Sqn

The formation of a Reserve Electronic Warfare Squadron to be based in Kingston, Ont. has been announced. This will provide the primary reserve of the Canadian Forces with the ability to augment and sustain the existing regular force Electronic Warfare capabilities.

This new capability is expected to be operational by 1990. The period between formation and operational readiness is due to the specialized training required for personnel, the acquisition of sophisticated electronic equipment and the construction of a building to house the squadron.

The squadron, which will be a sub unit of the 763 (Ottawa) Communications Regiment, will eventually have 134 members. It will be supported by seven members of the regular force.

New Airborne Chief

Brigadier-General Robert G. Theriault, CD, has been appointed Colonel of the Regiment for the Canadian Airborne Regiment. BGen Theriault, a native of Quebec City, will hold the position until June 3, 1989.

Colonel of the Regiment is an honorary appointment of great prestige awarded to a high-ranking officer in his field of specialization. The Colonel acts in an advisory capacity on matters of significance to his regiment and plays an important part in fostering an esprit de corps.

New Hangar for Bagotville

BAGOTVILLE, QUE -- A new aircraft hangar will be built at Canadian Forces Base Bagotville, Que. The new hangar will greatly improve 433 Squadron's accommodation.

To be equipped with CF-18 fighter aircraft in 1988, 433 Squadron is one of two rapid reinforcement squadrons which are designated to support the North Flank of NATO in a crisis. At the present time 434 Tactical Fighter Squadron at CFB Chatham, N.B. augmented by 419 Operational Training Squadron in CFB Cold Lake, Alta. flying CF-5s share this role.

Hot Time in the Fire Pit



Fire training is an ongoing process in the Canadian Forces. Firefighters at CFB Comox demonstrate their technique during the recent "Learn Not To Burn" campaign run throughout the country. A simulated aircraft fuel fire was quickly and expertly extinguished by our troops.

Out of the Kitchen and into the Fray

OTTAWA -- The Honourable Perrin Beatty, Minister of National Defence, recently announced new opportunities for women in the Canadian Armed Forces.

Accepting the recommendations of General Paul Man-

son, Chief of the Defence Staff, Beatty said that qualified women will now be eligible to serve at sea aboard the operational replenishment ships of Canada's navy; with service battalions, field ambulances (i.e. medical units)

and military police platoons which go into battle as part of the army's brigade groups; and as aircrew aboard maritime patrol, maritime reconnaissance and electronic warfare aircraft.

"These latest changes will be

put into effect as soon as preparatory measures are completed. Because these new policies give women opportunities to serve in such unprecedented and demanding roles, it is important that they

continued on page 17

Still Doin' it Big

25K and climbing



Comox does things big

WE DID IT BIG IN '73

The people at CFB Comox raised \$264.40 over an objective of \$5,000 during the United Appeal campaign in the region of Courtenay, B.C., in October.

So a cheque was made to match the amount.

The mammoth order to the bank was then signed by Col. D.W. McNichol, the Base Commander, prior to presentation to the United Appeal authorities.

CFB COMOX STILL DOES THINGS BIG

Although the numbers have changed somewhat since this 1973 article, the bottom line stays constant; CFB COMOX CARES!

This year's United Way Campaign has been an enormous success, far surpassing our expectations. The current tally is above \$25,000 and we may yet hit \$26,000. Keep an eye out for our final report in the next edition of the Totem Times.



SECTION NEWS

Anker Klankin'



Hi Mom!



...only the roughest, toughest men fly with our squadron.

Mystery Weapon



...CO checks out his "torpedo"!

As the old saying goes, "All work and no play makes Jack a dull boy." Well, because VU 33 has continued to do a fine job day in and day out, the CO decided it was time to approve a little bit of change in the daily schedule. For three days last week the squadron deployed to Rock Bay for outdoor adventure training, which included such things as survival techniques. The survival classes were a success despite the fact that the SAR Tech instructors were unable to teach after they got frostbite when the heater in their airstream trailer stopped working and their electric blankets broke.

Many campers took part in fishing while at Rock Bay including the CO, Mountain Mikey and Chainsaw Cuthbert. The CO proved that you don't have to be a wilderness wild-man to be an ace fisherman. While the two rednecks were frantically reeling in everything from licence plates to minnows, the CO calmly cast his line a few times whereupon he hauled in the largest trout of the bunch. Yes, the truth was once again made clear to the rednecks that brains prevail over brawn.

Speaking of brawn, Cuthbert proved once again that he has lots of it, as well as being bountiful in energy. Using his personalized chainsaw, which he claims is the largest in the whole Valley, and which he affectionately calls "The Peacemaker," Cuthbert decided to become a one man firewood cutting machine for the entire troupe. Fifteen minutes and 3½ cords later, VU33's campsite was stocked with firewood for the duration of the campout. Of course, Chainsaw worked up a parched throat after this and when he heard that Cpl Fortin's 'alcohol' had extremely fine thirst quenching properties he proceeded to lick into it followed quickly by a nap down on the beach. Being the close knit group of individuals that VU 33 is, someone always ensured that Chainsaw was dragged up above the rising tide line throughout the night.

Following the recent choir practices held at the outdoor mess dinner at Rock Bay, VU 33 is now sporting their very own barbershop quartet (whose names will remain anonymous to protect the guilty), which for a limited time only is available for hire. If you act now, you'll

get the best of all your old favourites including the darker version of 'Old MacDonald's Farm.' To avoid COD charges call toll free to VU 33's hotline; VISA and Mastercharge accepted. Remember this offer is not available in any store.

Although many of the Rock Bay campers were expecting to see the occasional black bear milling around the area, not one was actually seen. Instead, the only bear seen out there was the stuffed one that usually sleeps at home on Bagboy's pillow, but which came along to comfort his master at night (serious). To understand the reason why the teddy bear did not return home with Bagboy, you have to take a look at the hardships which Mountain Mikey has been going through recently. You see, he has been taking a lot of ribbing from his wife about not being the man that he used to be, about the way she figures he's getting soft in his old age and is no longer able to stalk and kill defenceless animals like he used to. Mikey vowed that he would return that weekend with evidence in the form of a hide, of his still youthful prowess. If you're wondering where your teddy is Bagboy, check on the floor in front of Mikey's fireplace.

This week finds Richie Clements, who recently became a crew commander, absent from the squadron as he is presently on a flight safety course in Winnipeg and from there he will be off to North Bay for this T-33 course. Mountain Mikey is noticeably more nervous these days as the time for Richie's return grows nearer. Of course, Mikey has had more than his fair share of scares in the past with the likes of Maj Acorn flying on his wing, but now he will have to fly with someone who is not only short and thinning on top like the good major, but who is also a former Snowbird. Mikey knows that usually a Snowbird never loses his ability to safely fly a tight formation, but he also knows that in straining to rewrite the squadron orders over the past 2 months, Richie's eyesight has become noticeably poorer, and he has become a nervous wreck becoming prone to pitiful bouts of the shakes at any given time. Recheck that parachute Mikey.

What would the article be without a small look at the recent misadventures of Bob Wallet. Yes Bobby (the Ops

Officer in charge of the effective and timely execution of aircraft tasking) decided to set every clock in his house back an hour, one week before he was supposed to, thus checking into work a little late.

One final thought, should a guy with old and brittle bones be allowed to fly in an ejection seat equipped aircraft? When Major Acorn arrived at Rock Bay the other evening, everyone thought that his Bronco had developed a noisy suspension. It turns out that it was just the sound of his old rickety bones creaking as he drove down the bumpy road.

My gosh what a life those VU 33rs live, don't they?

ANKER 95

VU 33 TECH SIDE

Well another two weeks have come and gone, and the squadron has been busy. The hockey team is gearing up for another season (hopefully a better one than last years). The volleyball season started last week and VU-33 has a perfect score (0), after two sets. I'm told by a reliable source that they will only go up from here.

The majority of the past two weeks has been spent preparing for the squadron's survival weekend at Rock Bay. Pete Wybenga used his influence with the mess hall staff to ensure that the mess dinner menu did not consist of ants, wild berries, and edible roots. Merv Larrievie was all over the base collecting enough supplies to ensure the squadron's survival. Thanks to both Merv and Pete.

An advance "party" was sent to the site of the exercise on the 15th. The advance "party," consisting of ten hardy souls, made sure the area had the proper atmosphere to conduct a survival exercise in. They also made sure Dennis and his party were in an earthquake proof abode. Sorry about the hand George.

The main party, due at 0900 hrs on the 16th, started straggling in at 1100 hrs. Everyone was anxious to get the exercise underway but the main supply truck and the 4 x 4 did not show until 1430 hrs. The two ex-grunts driving the 4 x 4 had their map upside down and got lost. Luckily most of the participants brought some of their own supplies, so they began the exercise on their own (first rule of survival: don't depend on ex-grunts).

After camp was finally set up

the fishing started. Of all the trout fishermen in the camp, I'm told Glen Litchfield is the best to have as a partner, he doesn't catch any fish but he cleans everyone else's. The main catch was trout but the salt water boys did bring in some cod.

Those who were not fishing were helping to prepare the meal for the mess dinner, tables were laid out complete with

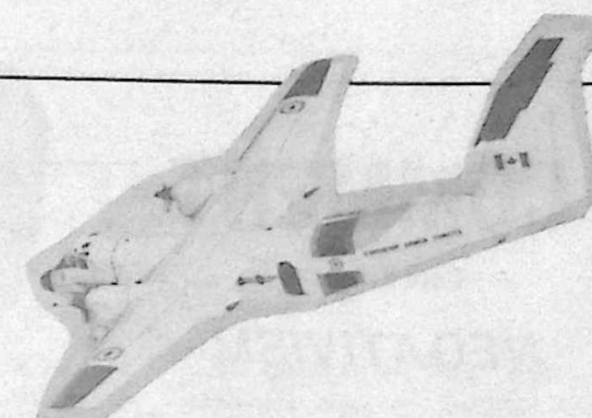
linen table cloths (do we know how to survive). The meal consisted of juicy, succulent steaks, baked potatoes with sour cream, asparagus tips, mushrooms and onions complete with kaiser buns (most people ended up wearing their kaiser). Of course dinner was

continued on page 23



SECTION NEWS

442 Squadron



Double Award for Garry



Sgt Garry Carter, a flight engineer at 442 Sqn, received a double award recently. Garry was presented with the Air Command Commendation and the Ministry of Transport Commendation. Col Gibbon and LCol Lett were on hand to help with the hardware.

Someone mentions "Totem Times" deadline" and there seems to be a conspiracy to scramble 442 Squadron in ten different directions. If it's not a major search, it's a Sarex in Whitehorse, or training trips. Whatever - this time 442 Squadron doesn't have a report from squadron members.

As a wife, I certainly don't know everything (anything?) going on around the squadron, but I can probably fill a few lines with absolute rubbish.

The big project, of course, has more to do with fun (?) than work. That is Reunion '87. The committee has started things in motion. There's still no response as to whether Prince Andrew and his lovely wife are coming, but hopefully the committee will know soon. There are a number of Nootka artists from the Victoria/Vancouver area making sketches of our "Lightning Snake" (I tried to spell Hieclcyck and gave up) and from the winning drawing they shall be making prints for sale next September. Obviously, one of the main jobs right now is making money and there are a number of fund-raising projects in the works. Don't turn down that raffle ticket!! The wives are organizing a garage, bake, crafts sale on November 1 at Airport School as one of their contributions to the fund

raising. Locating all retired personnel is quite a job, so if you know of someone who hasn't been contacted yet, let us know.

One of our members has just returned from a six month stint in the Sinai. Now there's a job for the Colonel-keeping three female pilots happy! Welcome Mary. One of our female pilots was training all summer to fulfill a bet that she could finish a marathon within half an hour of one of our male pilots. Unfortunately, she backed out, although had she known her opponent was going to play soccer and end up bandaged from chest to knees, she might have waited a little longer to concede the bet!

It's been a summer of weddings for the younger members of the squadron. Dave and Lori tied the knot first, followed by Rick and Debby and right now Kelvin and his wife are enjoying Jamaica-no problem! Welcome to new wives in the Comox Valley and life in the Armed Forces.

It's also time to welcome new members. In case they haven't been mentioned before-Marlene and John Allott, Lynn and Smokey Blair, Fran and Doug Hutchison (nice new car Doug), Sylvia and Kip Kippel, Shiela and Terry Strocel and Shelly and Charlie Cue. Welcome to you all-hope you

enjoy your stay. I think the postings are all over for this year, although hints of things to come has Gail and Ron grinning helplessly.

I understand we had a first recently -- all the Lab flight commanders across Canada were learning to fly the Lab on the same course in our OTU. I wondered it it had anything to do with the beautiful weather we were having!

By the time this goes to print, we shall know whether our husbands managed to get to Whitehorse to attend a SAREX being hosted by Edmonton. They weren't content with the conditions at Kirtland AFB (New Mexico) but had to try the other extreme. I heard yesterday it was -14° up there. Good luck - I'll think of you while playing golf, if the fog ever lifts.

Saturday was a day for celebration. There were four (4) Labs serviceable-all at the same time! The Buffs, of course, weren't.

I was up visiting Doug and Terry at their new home, only to discover they are already building a separate condo at the back of their property. They said it was for garden tools-pretty fancy shed with windows looking out over the Comox Valley and Glacier!

Intersection curling started last week, and 442's Gerry

Boucher is said to report they came up against the top curler of the league for their first game. He mumbled something about life being unfair.

I don't know what's going on down on the floor - the guys and gals are probably working very hard at everything. I'm sure next time someone will mention you. In the meantime,

welcome to new staff and congratulations to any with new wives or new babies, and apologies for not mentioning names.

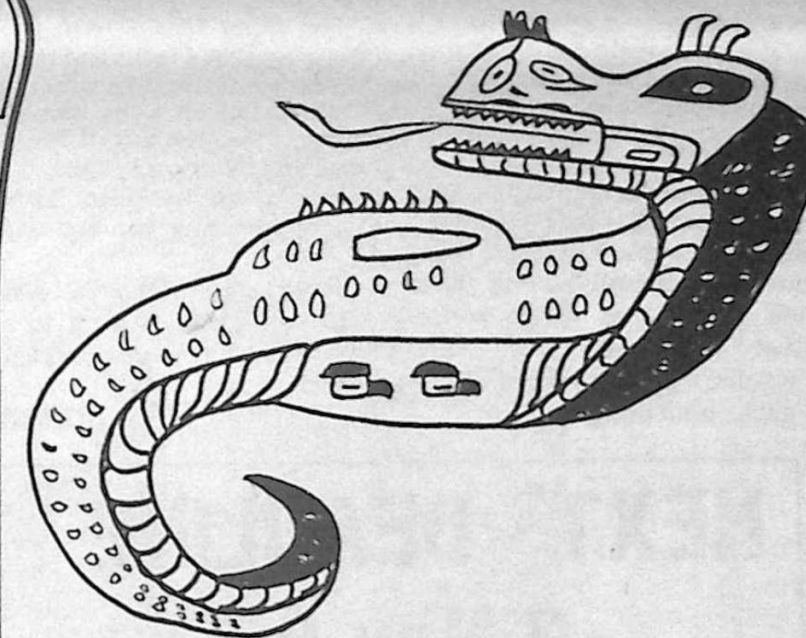
Guess I can quit now. Next paper will have a REAL report by people who REALLY know what's going on.

442 SQN

GIANT

GARAGE, BAKE,

CRAFTS SALE



WHEN: SATURDAY, NOVEMBER 1
WHERE: AIRPORT SCHOOL GYM
TIME: 9a.m. - 3 p.m.

Fund Raising for Reunion '87

EDITORIALS

COMMENT

Gord Kruger

NEGATIVISM

We've just experienced one of those absolutely fantastic, tremendous and great periods of weather. From somewhere in late July to now we have had days of brilliant sunshine and reasonable temperatures. One would think ingredients to quicken the pulse and provide that over all feeling of well being.

But alas there is my old friend Newt. Now we all know one of these guys! You know the type - discouraging attitude, negative outlook.

Well I saw Newt the other day and commented "Lovely weather aye Newt?" He agreed only momentarily "Yah, but we'll pay for this - just you wait and see."

Now there is no doubt that it does rain a little now and again but I think most of us try to overlook the not so good points and make the best of this wonderful part of the world we live in. My pal Newt - well he had a built in negative approach.

All this does is emphasize my point about all those negative thinking people out there and how they literally waste their life away. You would swear that many of them were weaned on sour pickles. They bitch about everything!

There are no restrictions to who qualifies either. They come in both genders, all colours, every religion and from all walks of life.

A brilliant fellow once told me that a negative person was one who brightened a gathering by his very absence. I couldn't agree more. It's really not much fun to be around these people at any time. Normally they condition themselves for failure and more often than not end up losing in life's big game. All that pessimistic and irritable behaviour leads to worry, tension, high blood pressure and unhappiness.

My learned friend also posed an interesting question. "Are these people negative because they lack confidence or do they lack confidence because they are negative. Either way though, losers are just not happy people."

We'll let them go their own way. The thing that I wish is that these negative folks not try to share their feelings of misery with the rest of us. They should remember that the gift of life is short and you only get the chance to go by once. Grab that opportunity and run with it.

Hey there you bundle of enthusiasm - isn't it great to be positive and alive today! G'day Mate!

...G.M.K.

NEXT DEADLINE
3 Nov 86



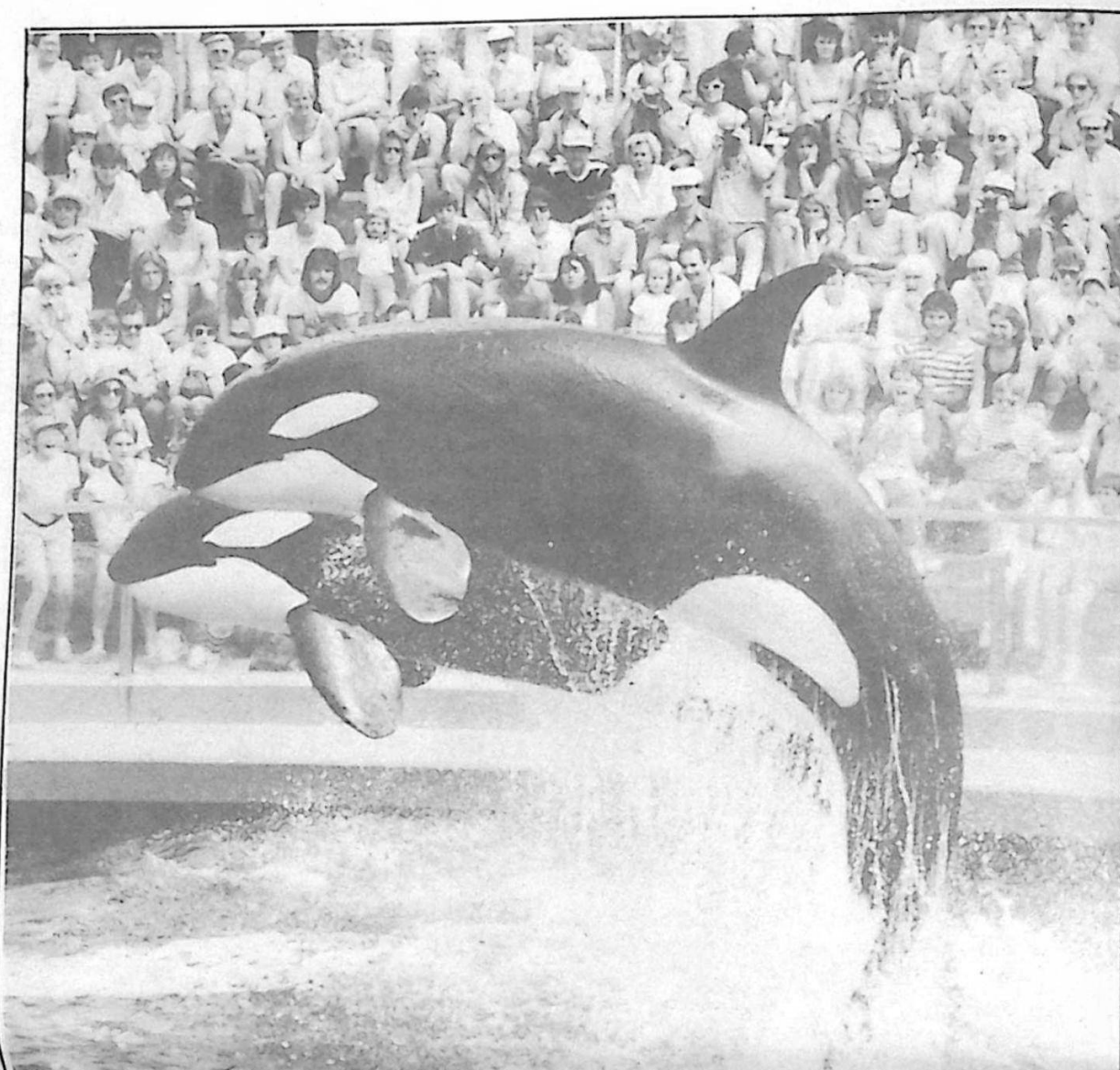
TOTEM TIMES

Read in the Best Messes in the Canadian Forces
CFB COMOX, LAZO, B.C. V0R 2K0



Published every second Thursday, with the kind permission of Colonel Gibbon, Base Commander, CFB Comox.
Second Class mail registration is 4098. Office phone: 339-2541

EDITOR: Gord Kruger (Local 2289)
ASSISTANT EDITOR: Gerry Gerow (Local 2615)
EDITORIAL STAFF: Bob Hallowell, Dick Ulm and Norm Blondel
BUSINESS MANAGER: Ron Fisher (Local 2484)
CIRCULATION MANAGERS: Shawn & Susan Johnson 339-0580
SECRETARY: Judi Hooge 339-6210
CAMERA OPERATOR: Dave Gibson, Dave Blamire and Eric Mitchell
PHOTOGRAPHY: Base Photo



Finna & Bjossa..... performing at the Vancouver Aquarium

CBG BRIGADE HISTORY BOOK

The Brigade History Book is in production and moving at a fast rate. The first four chapters, there will be 12 chapters, are due end Sep 86 and Chap 12 by end Dec 86. Printing is scheduled for Feb 87 with publication by Apr 87. The book in fact, will start in 1885 and end with Armed Forces Day 1986. Chapters will be devoted to specific chronological periods and the book should be about 250

pages with over 60 pages devoted to colour photographs and graphics. The book titled "Army of the West" will not only be a history of the present day regular force but will include all the militia units between the Lakehead and the Pacific Ocean inclusive of origins of the Alberta Field Force. In reality, it is a history of Western Canada.

A full time research staff is employed on the project with

printing scheduled for Feb 87 and publication Apr 87. The book will be a welcome addition to military personnel everywhere, and will quickly become a valued collector's item. Purchase price is \$15.00

per copy. Advance orders may be forwarded with a cheque or money order to the 1 CBG History Book Fund to this HQ Attn: G4.

EDITORIALS

Lightside

SCHULTZ THE CAT



My last column (Profile of a Garbage Can) received mixed reviews. Our real estate lady (Janet) admitted to a chuckle or two, but a liberated relative humped that she'd seen better stuff on men's toilet walls. Such is the lot of one who places his thoughts on paper for other people to read. It's a bit like wearing a raincoat and little else. Twice a month the raincoat is opened, and the reaction depends on what is

revealed.

Dog was offended by the article: "I don't do that to your garbage can," he complained, omitting to mention that he does it everywhere else, especially on Wife's prized shrubs. Cat had no comment to make; he's been staying indoors a lot lately, after being marooned up our maple for four hours last week by Himmler, the neighbour's doberman.

Chainsaw, our cat, is half siamese. The other half should wear chicken feathers; Schultz, our first cat, would have mince-mated that teutonic bully. If ever there was a breed of doberman cat, Schultz was it. Where Chainsaw is schitzoid (making a perfect bookend for Benny, who is paranoid), Schultz was psychopathic. His lifestyle was quite simple: Eat, Sleep, Kill.

Towards humans he was, well, a real pussycat;

Wife sewed, she would set up a cushion nearby, for Schultz to sit on and watch. If I house-painted, I used two ladders; one was for Schultz, who liked to perch on a rung to see what I was doing. We kept him outdoors though, after he destroyed his cat-box one night during a particularly violent dream. This was ten years before anyone heard of Rambo. With an M-16 Schultz would have been invincible. But he wasn't allowed near guns, in case he offended the neighbours.

He disappeared one night while we were in Europe - probably set up by the local cougar tribe, who felt he was getting a bit uppity. We really miss Schultz. Now we have Chainsaw (named after a Disney Cougar) - a feline wimp, and Benny, who goes to sometimes embarrassing extremes to keep an eye on his owners: Last week, for instance, I called out to Wife, who was in the kitchen, "I didn't know we had a fur-lined toilet seat!" "We don't," said Wife.

Expo Assets Sale

PUBLIC TO PARTICIPATE
IN EXPO ASSETS SALE

Individual British Columbians will be able to secure a part of the Expo legacy through a disposition process announced recently by Russell Fraser, Minister of Post-Secondary Education and Minister Responsible for B.C. Place.

"The dismantling and disposition of Expo assets is a key part of the next stages in B.C. Place development," said Fraser. "But at the same time we understand the strong sense of ownership and pride that the people of B.C. have for Expo. As a result, we have decided to invest the time and energy required to ensure that individuals will be able to purchase specific items from the Expo site as part of the overall disposition process."

Fraser said the disposition process will be a combination of auctions for major assets and liquidation sale for items selected to be sold on an individual basis. "The auction route will guarantee an open process and the best recovery for B.C. of its investment here. But we also want to break up what might ordinarily be large lots into individual items for sale, in order to put them within reach of the individual purchaser. This combination approach will allow us to achieve both our objectives for the disposition process."

The opening liquidation sale and associated auction will be held in the B.C. Place Stadium October 29 and 30. "This first offering will give a very visible indication of the types of items available for sale," said Fraser.

"In addition, it will give us a chance to provide advance notice of the types and contents of other sales and auctions to follow on the Expo site itself."

The first sale and auction will concentrate on two packages; one consisting of mobile and ground equipment, office furniture and equipment and some exhibit components, and a second consisting of communications, audio-visual, lighting and theatrical equipment. The administration of both packages has been awarded to Maynards Auctioneers through a recently completed tender process. Maynards is now establishing an information centre to be located at the front entry to the Expo Theatre and is also prepared to respond to telephone enquiries at their Vancouver offices. Other packages which will include structures, building materials and restaurant equipment will be tendered within two weeks.

"Expo 86 has been such an enormous success that I think we will all find it a little difficult to let it go," said Fraser. "However, I'd like everyone to have the same sense of involvement in the wind-down as they did with Expo itself, and I think this very open disposition process will achieve that. Above all, let's remember this is a necessary transition to the even more exciting phases of B.C. Place development that lie ahead."

For further information contact: Rod Cameron, 682-2311.

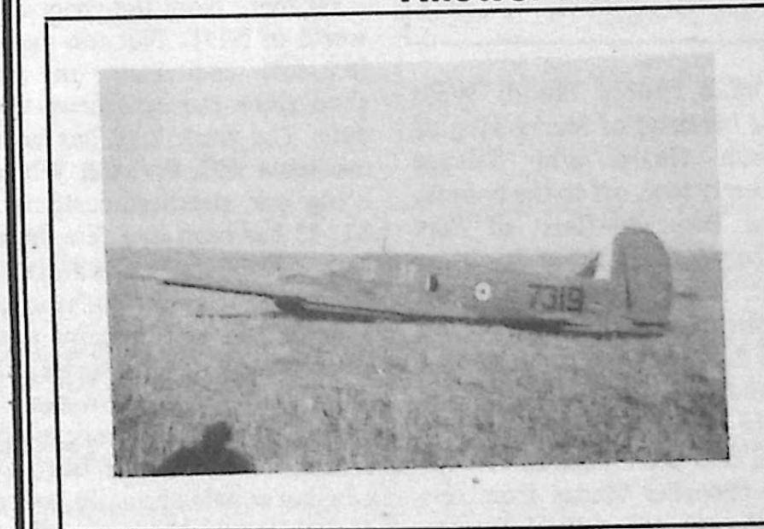
Next Totem Times Deadline
3 November 1986

Air Force Trivia



what
where
why
when

Answer from Last Issue



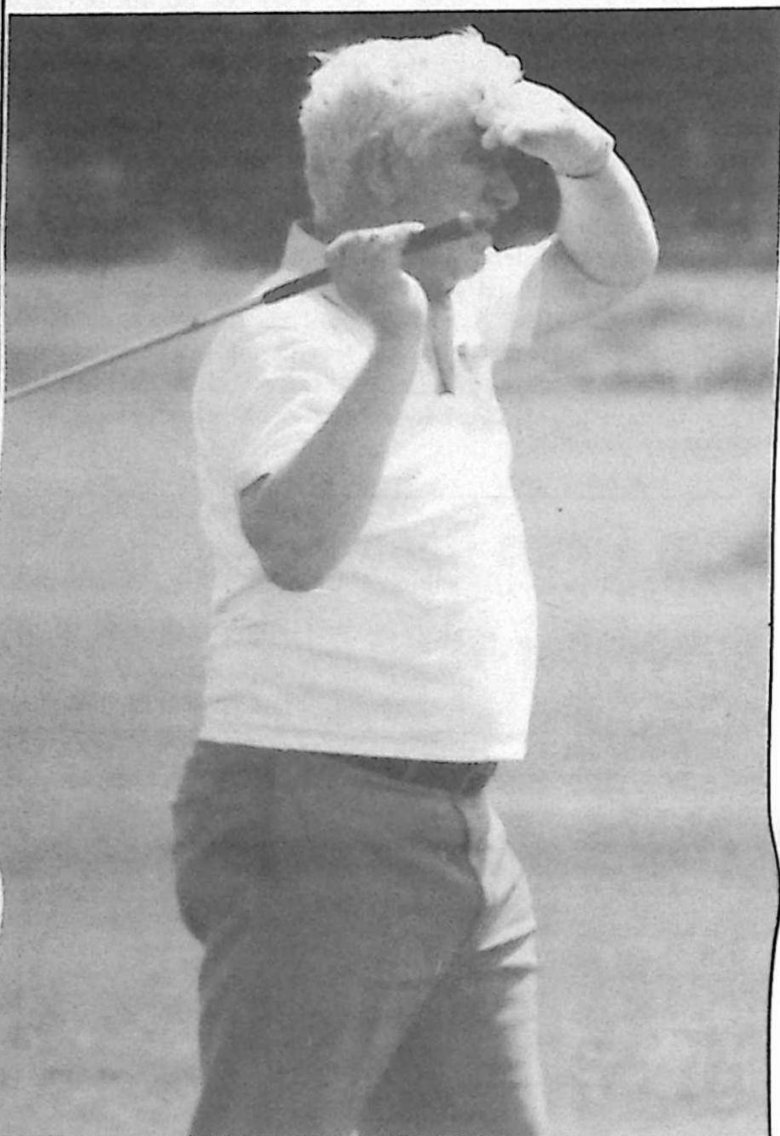
What - an Anson
Where - Suffield, Alberta
When - 1944
Why - both engines quit, resulting in the belly landing pictured.

SECTION NEWS



BAMSO

Ode to this Unknown Soldier



Which way did they go?

How many of them were there?

How fast were they going?

I MUST find them!

I am their LEADER.

It must be Fall! When I came back from Expo I noticed that the office furniture had been shuffled around....I also noticed that the BAMSO Orderly Room had been reorganized so naturally accused Carol of doing the Fall cleanup and reorganization in both places. Yes, Carol was guilty but only for the big improvement in the Orderly Room...apparently Al Gray and his troops rearranged my area for the career manager...anyway it's fine and I'll leave it in the "new" configuration.

Mike (Robin Hood) Wells and his band of Merry Men of Crash Guard and Salvage recently took off to the boonies near Bamfield (west of Port Alberni) for a three day exercise. They didn't tackle the fabled Sheriff of Nottingham but did check out the flora and fauna, the condition of the cairn at a B24 Liberator crash site, and were able to recover the propeller blades from one of the engines of the Liberator (parts in excellent shape despite the fact that the bird went down in 1945).

It's rumoured that Nat Keays

has a new deeline weight which incidently has the same brand name as that of a well known outboard motor manufacturer. Based on his recent paddling exploits Nat would probably be a good canoeing candidate for a Snow-to-Surf team.

SAFETY SYSTEMS

Boy does time fly! It just seems like yesterday that they were asking for last month's input and here they are, asking again. There is hardly enough time for news to build up.

Well, the Career Managers have come and gone. There doesn't seem to be too many long faces in the shop so I guess most people must be happy with what they were told. It doesn't seem like there's going to be too many moves but we've all heard this before.

The trade board is over again till Spring and the two personnel in the shop who wrote their fives are quite sure they made the grade. Here's hoping!

Ed has just completed the helmet fitting course in Borden and should now be able to fit some of the odd shaped heads that are around.

Ian is off to Moffett in November. He volunteered again (Christmas shopping and/or the meals must be good). They must be fun trips, it can't be for the money.

I guess the fishing season must be almost over by the amount of talk lately about hunting. So I guess all the bambis had better find a safe place to hide.

I guess it's time to put this pen away till next time but before we close do you realize that there are only 63 days till Christmas.

Have a nice day!

NDT

Hi there from the space-age world of NDT. Not too much technical excitement in the shop since our last news update. The work load has been moderate with Brake & Wheel being our steadiest customer. VU-33 has been in a few times with a little bit of odds and ends from their T-33s. We've seen a Buffalo inspection come and go and spent an evening on oil 3 Hangar x-raying the wings of the beast. (Some enchanted evening). Six hours of Buffalo x-raying equals about 40 hours of dark room, developing film, and sitting staring at the black and white x-rays. No wonder the eyes go first in this field. Our oil analysis program

(SOAP) is carrying on as if normal. We've still got some wrinkles to iron out of our analysis machine but now that Blake's back from the "advanced SOAP maintenance" course in Trenton, he'll have the complete low-down on how to straighten it out. Yes, Blake's back again, for a while anyway.

Fishing season must be close to the end for George, we haven't heard of a catch for weeks now and he hardly ever sings the "Gilligans Island" theme anymore. His en-

thusiasm has turned to the old smoke house and canning operations.

Our infamous leader, Sgt Scotch MacDonald is leaving us this Fall. He's heading back to Ontario to be a rich civilian. Best of luck Scotch and we hope you can come back to "paradise" again sometime.

Well that's all the gab from our world. Actually, most of our day to day shop life is just too exciting for words so drop by sometime and see for yourself.

Suggestion Award Winner



Prior to leaving this base, where he was a Radar Technician in the Base Telecom Section, Master Corporal Lemire submitted three suggestions for which he was subsequently granted awards totalling \$500.00. He shared a \$300.00 award with Corporal White for a proposal to use heavier gauge wire between the planner array test sets and the units under test in the tracs. He received \$300.00 for a modification to improve the AN/FPN 504 Radar and another \$50.00 for having drawn attention to a problem, in the same radar, that required alternative corrective action to that which he suggested. He is shown receiving these awards at CFB Baden, where he is now based.

DID YOU KNOW?

Beaver Travel 1983 Ltd. Provides a complete Travel - Service just one call does it all.

- A) Complete World Wide Travel Arrangements
- B) Hotel Accommodation - Reservations.
- C) Travel & Medical Insurance
- D) Complete Tour Arrangements
- E) Ask us about our Free Ticket Delivery Service

Phone: 338-6781

Beaver Travel Service

will make A World of Difference

We are located at 1509 Cliff Avenue
Courtenay - Ample Parking (Across from The Westerly)

SECTION NEWS



From The Fire Chief's Office

Happy Halloween Fire Hints

Halloween is a lot easier on parents nowadays, than it was a few hundred years ago. A hectic night of protecting your family from hobgoblins, fairies, and assorted spirits of the dead would be enough cause for any parent to call in sick at the feudal farm the next day.

But though Halloween is not the important festival it used to be, parents should still keep in mind some serious fire safety precautions for their trick-or-treating children:

Check for a flame-resistant label on store-bought costumes and material. Handmade costumes can be flame-proofed by dipping the fabric in a solution of 2.5 litres (two quarts) warm water, 200 millilitres (seven ounces) borax, and 85 millilitres (three ounces) boric acid. Drip dry and iron to preserve flame-resistance. This must be repeated after each washing.

The ease of ignition, rate of flame spread and ease of extinguishment of a garment are dependent upon the fibre and fabric from which it is produced and upon the garment's design. The following list groups the textile fibres with respect to their burning characteristics.

1. Fibres that ignite easily, burn rapidly and are difficult to extinguish include cotton, linen, rayon, cellulose acetate and acrylics.
2. Fibres which are difficult to ignite, burn slowly and tend to melt include nylon, polyester, polypropylene and spandex.
3. Fibres which will not continue to burn once the ignition source is removed include modacrylics (e.g. Verel, Dynel), Saran and Cordelan.
4. Fibres which are difficult to ignite and tend to self-extinguish include wool and silk.

The fire hazard associated with clothing is also influenced by the construction of the fabric. For example, light weight fabrics tend to burn faster than heavier weight fabrics and loose open weave fabrics burn faster than tightly woven fabrics. Moreover, flames tend to spread more quickly over fabrics that have a raised fibre surface such as flannelette.

The flammability properties of garments produced from the same fabric may vary considerably depending on the design of a garment. Loose and flowing garments with wide sleeves, skirts and ruffles can contact ignition sources more readily and will burn more rapidly once ignited. Close fitting garments, however, with cuffs and fitted waists are less likely to contact ignition sources and will burn more slowly. Folds or creases in garments will act as chimneys to accelerate the flames, while belts act as firestops slowing the spread of flames.

Choosing garments made from fibres, fabrics and designs which burn slowly or self-extinguish, particularly, for age groups susceptible to clothing burns, can help reduce the incidence and/or the severity of clothing related burn injuries. The selection of costumes made from fibres which burn slowly and tend to self-extinguish would also help reduce the fire hazard associated with them.

If your clothes ever catch fire or if your hair or skin starts to

burn:

First, quickly lie down, right where you are. Stretch out full-length on the floor if you are indoors. Lie right on the grass or ground if you are outside.

Then roll over and over until the flames are out and until your clothes and you stop burning.

If you see someone else who is on fire, help them to do the same thing. Make them lie down, and roll over and over until the burning stops.

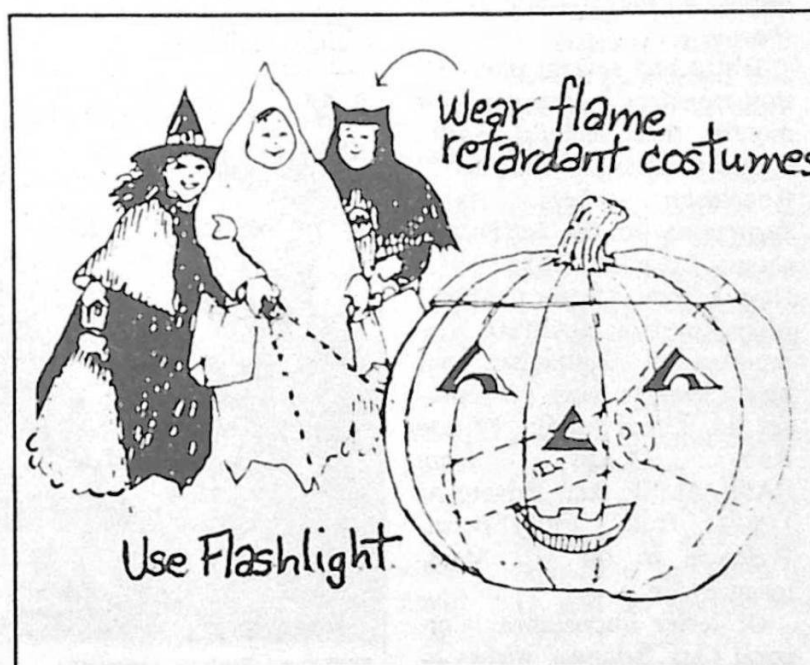
After the fire is out, if someone has been burned, assistance should be sought. Put cool clean water on a minor burn. For more serious burns, the person who is hurt will need expert professional medical attention.

REMEMBER. If your clothes catch fire, STOP, DROP and ROLL.

To light up your Jack-O-Lantern this year use a flashlight instead of a candle.

NOTE: Fireworks are not allowed on the Base or in PMQs.

CFB COMOX
FIRE DEPARTMENT



Westwind

"A Band for All Reasons"
Good Music at Reasonable Prices

For Bookings Please Call
Gord Kruger 339-4389

Officers Mess

WEDNESDAYS NOVEMBER 5, 12, 19, 26
OFFICERS COFFEE HOUR Coffee will be served in the lounge at 1000 hrs. Dress will be dress of the day. All officers are invited to attend.

FRIDAYS NOVEMBER 7, 21, 28

REGULAR TGIF's - Food as indicated 1700-1800 hrs. Free taxi. Ask at Bar.

SUNDAY NOVEMBER 9

CAR RALLY & SCAVENGER HUNT Meet at the Mess at 1300 hrs.

WEDNESDAYS NOVEMBER 12, 26

OWC BRIDGE CLUB 8:00 p.m.

FRIDAY NOVEMBER 14

GREEK-MEXICAN NIGHT All aboard the Love Boat for a "Once in a lifetime" cruise to Acapulco. From here we will all board the Concorde for a flight to Athens and dancing to DJ. Dinner will be served at 1900 hrs. The menu will consist of Shish kebabs, glazed lamb chops, burritos, chili, nutcho chip and dip and Greek Salad. Cost per member: free, Limited Associates and guests \$10.00 per couple. Ethnic dress is encouraged. Dancing will begin at 2100 hrs.

WEDNESDAY NOVEMBER 19

OWC CRAFTSFAIR 7:30 for 8:00 p.m. Come out to get a head start on your Christmas shopping!

SATURDAY NOVEMBER 22

CANDLELIGHT DINNER at 1900 for 1930 hrs.

Menu

SEAFOOD PLATTER
LIGHT CLAM CHOWDER
COLONEL'S LADY'S SALAD
with
SPICY DRESSING
SMOKED SALMON
SCALLOPS
SAUTEED IN GARLIC BUTTER
FAN TAIL SHRIMP
BREADED OYSTERS
WILD RICE

Cost per couple: Members \$25.00, Limited Associates & Guests: \$30.00. Reservations MUST be in to Mess Manager by 1200 hrs 17 November. Dress for the occasion is Semi Formal. The dinner will be followed by dancing to DJ.

SUNDAY NOVEMBER 30

ANNUAL GREY CUP GRUDGE MATCH vs WO/SGT MESS. This event will take place at 1000 hrs. Come out and support your team!

COMING EVENTS:

14 Dec - CHILDREN'S XMAS PARTY

14-15 Dec - FLAG FOOTBALL TOURNEY vs Chilliwack & Esquimalt

31 Dec - NEW YEARS BALL

RESERVATIONS: Please make every effort to make -- etc. DRESS STANDARDS: Casual -- etc.

The Sports Officer, Lt Edwards thanks the membership for their response to the questionnaire and states in the New Year other events scheduled are sailing, skating, curling and fish tourney. Any other suggestions welcome.

TIM KENNELLEY

13 YEARS ON
THE VIP TEAM
Need a car or truck
GIVE ME A CALL
New or used, I'm your man



COMOX VALLEY FORD SALES

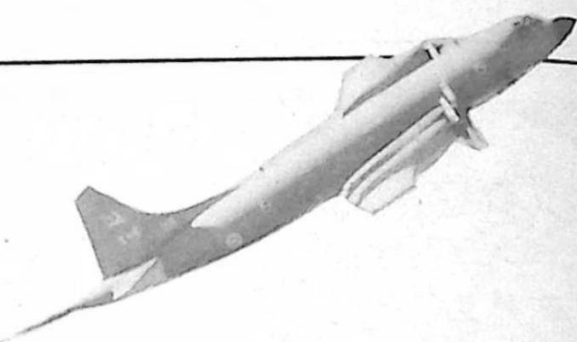
(1964) LTD

360 1st Hwy
Courtenay 334-3161

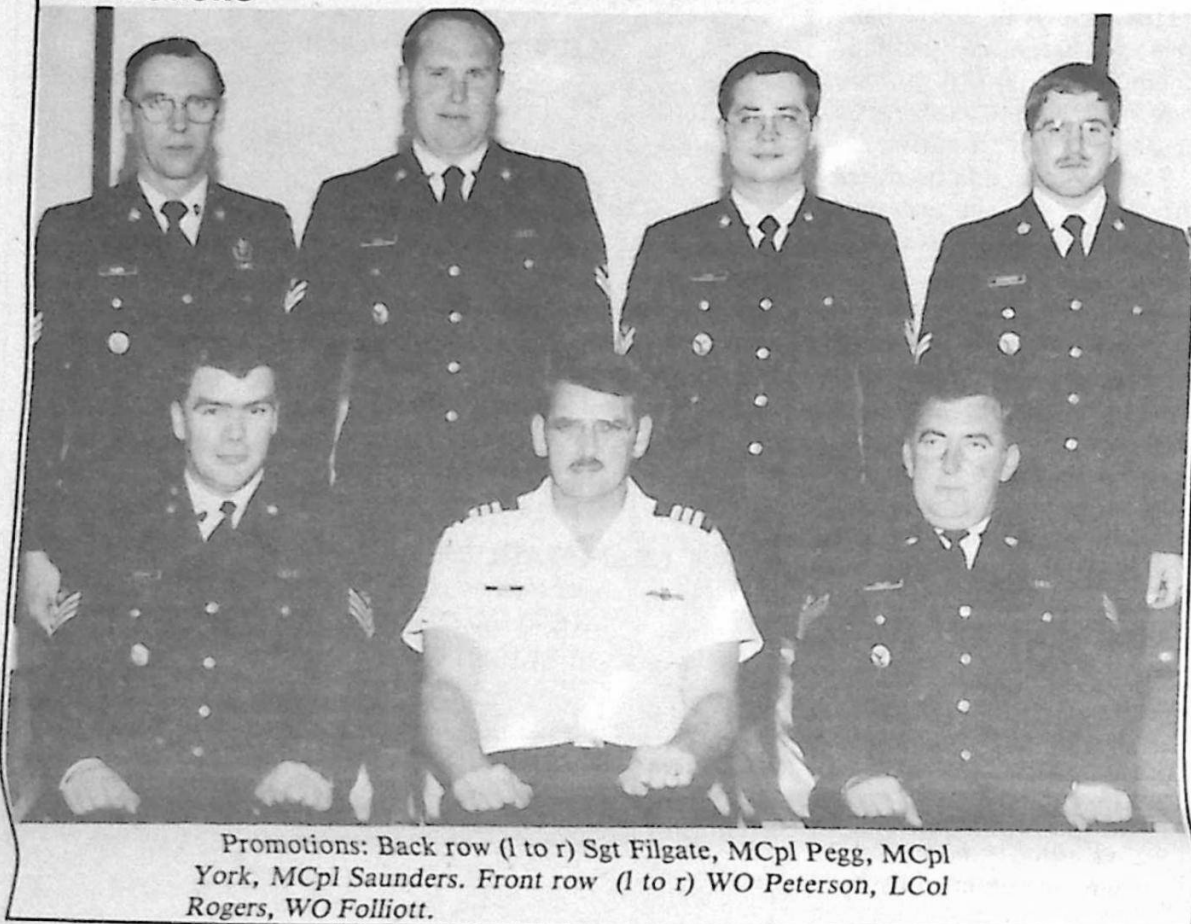
SECTION NEWS



Demon Doins



Promotions



Promotions: Back row (l to r) Sgt Filgate, MCpl Pegg, MCpl York, MCpl Saunders. Front row (l to r) WO Peterson, LCol Rogers, WO Folliott.

The major event of the squadron's past two weeks has to have been the Crew 7 NOR-PAT. Major Hansen, Major Sponder, Major Boivin, Major (LCdr (N)) Schafer and associated guests, who made up a major part of the crew, all contributed to the task. Most at home in the Northern environment was Pierre Boivin who seemed to be preoccupied with routine tasks like getting his hair cut. Carl Marquis (better known as Coral Maruni whilst in exotic places like Bermuda and perhaps even Whitehorse) spent all his time plotting a nasty joke against L.J. Kroker. His pleasant countenance must have won in the end as the joke never got past the planning stage.

Also in the headlines this week is Crew 3's bloodless coup. Yes, it is true, they are in Hawaii. They needed one more trip there this year to justify their buying a Crew 3 condominium on Waikiki. Members of Crew 5, prudently refusing to believe rumours, showed up on Monday with bags packed and sun lotion. The only condition Bill Bowers was put on their trip to Hawaii was that they would be back in time to go on their subex to San Diego.

The rest of the squadron has been busy at the small arms range. Everyone, yes, I mean

everyone was there working on their Rooster Cockburn (John Wayne for those who don't remember True Grit (1969)) imitations. This year not a single Navigator burnt his lips blowing the smoke from his Colt, or rather from his Brownings. Jamie Keenan managed to get a magazine with only three live rounds and seven blanks. A tough break when you're shooting to choose volunteers to clean the pistols.

We had a visit from VP60 whose pilots have the uncanny ability to get the runway visual in fog that resembles pea soup. Welcome back to Willy March. Chris Smith went on his honeymoon, but left his wife at home to mind her new job. The hockey season is starting and the Devils and the Demons will once again be at each others throats.

Nuff said.

Demon Techs

407 Maintenance/Engine Bay welcomes a new leader; WO "Stew" Cameron arrived here after a rather long tour of Cold Lake (18 years). He can be found in his office occasionally, but more likely lurking around Base Tool control. Master Corporal Neil Duffy returned to Fantasy Island from a short tour of Ottawa, and Corporal Dave Lamarre arrived from AMDU in Trenton.

Congratulations to Fred Crocker and Bob Saunders on their recent promotion to Master Corporal, and Private Nicole Winterburn who's expecting a little "Demon Tech" shortly.

We've had several inter-section transfers in the past few months, these include: Master Corporal Dave "the divit" Ronaldson who's trying desperately to fill JeffFoley's shoes; Corporal Mike Smith from 3 Crew, Master Corporal Mike Roy from BAMSO, who reported in September, but hasn't been to work yet (courses in Greenwood); Private Rob McKay from BASE/AMSE, and Private Al Young from Mob/Spares. Welcome to the 407 Maintenance elite.

Of lesser importance: Corporal Guy Belanger wishes to announce his love life has improved immensely. Corporal "Spic" Trescher's love life is so good they're going to Hawaii for Christmas. Aloha!

Corporal Larry Green is on his way to Cold Lake for the CF-18 first line maintenance course, and perhaps a future posting to Germany.

Corporal Huey Lunn is "tramping" through the woods in Northern Ontario hunting the elusive moose. RIGHT MAX!

Corporal Dave Wheeler is in Australia returning all the

decals the "Aussies" left here during MARCOT.

Sergeant Doug Warriner is managing a successful minor league team - look out Vancouver Canucks!

Master Corporal Tom "have I got a deal for you" Maxted, is taking a night course in real estate, he plans to sell land in Florida - CHEAP!

On a recent MRP to Yellowknife, Corporal "Boo-Boo" Caron was attacked by a "big heavy-hairy thing." He did however fight it off and preserve his dignity.

Our own Expo-Ernie, Sergeant Paul Ervin is finally Expo'd out.

And finally: Once again the Maintenance Organization came to the aid of the servicing crews and made MARCOT 86 a resounding success. Good show everybody.

Last but not least, Congratulations and Goodbye to Private Michelle Lacasse who was recently married and transferred to 2 Crew. Good luck.

Demon Armament

Once again it's time to "inform" on 407 Armament doings, and there are a few changes in the works.

A Major Movement...



Maj Fred Bishop presents

Dave Armstrong to Major

BOB SLEIGH
A new member of our team but certainly not new to sales or the Valley.
CALL ME TODAY FOR YOUR NEXT CAR OR TRUCK.



COMOX VALLEY FORD SALES

(1964) LTD

360 1st Hwy Courtenay

334-3161

SECTION NEWS



Supply Signals

888 Wing

Well, it's that time again. As you can see it seems all Supply must be sick....'cause there's not all that much happening.

Mind you, for those of you who are adventurous and love the outdoors, just ask either Cpl Dan Martin, Pte Chuck Harvey or MWO Bowerman about cooking "a la Turkey outdoors." Obviously they enjoy the "fresh outdoor smoked flavour." Anyone interested in the recipe just contact any of these three people. Be warned though, it may be a well guarded family secret.

On the subject of turkeys, congratulations go to Mr. Moe Mowbray, Cpl Bill Bailey, Mr. George Machalenko, PO2 Rick Olson and Brad Kneller for winning supply's Ham and Turkey Raffle.

We'd also like to welcome Pte Caroline Borkent who's joined us from Borden.

As we're all aware there will be a few more "Civies" in Supply. These few will be busy in the next few months exchanging their clothes for larger sizes, and yet at the same time our "Resident Super-Civ" in LPO will be spending all her time exchanging for smaller sizes. By the way, Rosie, how's the diet coming along? I swear, if it wasn't for the light on her desk we wouldn't even know she was there!

Right along with the "Baby Boom" there seems to be a "Doggie Boom." Isn't that right, Cathy and Rick? Didn't I hear you say you were looking at dogs while on leave, Sgt Bolton?

You know it's going to be a bad week when you feel you have to do everything but wear an oxygen mask to work to prevent catching everyone's cold! Tell us, Sue, how was the Stevie Wonder concert? Sneeze, Sneeze, Sniff, Sniff.

A note to the wise. If any non-supply personnel see any of our new Privates with their heads stuck in CFP's...not to worry, they're not just hiding...they're trying to bone up on Supply Procedures before beginning their TQ4 course with Sgt Vander Kooy.

Good Luck! Now, whether that's for the Ptes or the Sgt - well, "When did you say you're due, Max?"

Have you heard about the great Fish Caper? Major Blakely and MWO Bowerman went on a friendly fishing expedition on Friday. Major Blakely caught nine fish, and MWO Bowerman didn't catch any. Even changing sides of the boat doesn't mean you'll catch any more, does it, MWO Bowerman? We figure Major Blakely had to bring someone along to net the fish for him. So we decided we had better buy a can of fish so you can at least tell your grandchildren you got something for your trouble.

To talk more about fish, we heard that Dan now has a life insurance policy on his fish; so the next time he can collect.

A little on the lighter side of things, the now "skinny" PO has been cheerful lately due to the fact he doesn't have to wear his silly looking motorcycle helmet since the new law has come out. He says it is nice to now have a choice.

As for Kim this new law could cause more of a danger than a pleasure as she has to control her ears from flapping in the wind.

As for a certain Admin Sgt working here, we suggest he subscribe to Penny Press Crossword Books before he drives the rest of us nuts.

Just think, in another week, Headquarters will never know what hit them! But we will...It'll be us...!

Also, for those of you whose birthdays are coming up, I hear it's a good idea to start "partying" at the Arbutus and then the Courtenay House. You'll at least have "a glow" on before your own party starts....right, J.P.?

Well, that's all for now. T.T.F.N.

Whimsy



The song, "Home Sweet Home" has been popular for over 150 years. It was written in 1823.

Pilot Audio
"ALMOST LIVE"
Book Now For Your FUTURE PARTIES



DANCE MUSIC FOR ANY OCCASION
REQUEST LINE
339-6662

CENTRAL BUILDERS SUPPLY LTD.

"Everything For The Builder"

LUMBER - PLYWOOD - DOORS
WINDOWS - GYPROC
INSULATION - ROOFING
HARDWARE - MASONRY
PLUMBING - ELECTRICAL



- 334-4416 -

610 ANDERTON, COURTENAY

"Serving The Island Since 1924"

SEE YOU AT THE LEeward!

PUB HOURS:

Monday to Thursday

11:00 a.m. to 1:00 a.m.

Friday and Saturday

11:00 a.m. to 1:30 a.m.

THE LEeward

NEIGHBOURHOOD PUB & BREWERY

good food!

KITCHEN HOURS

11AM - 10PM

good times!

*country cooking

*rural hospitality

*reasonable prices

*cleanair system

*brewing our own natural Leeward lager

*RESERVATIONS ARE SUGGESTED FOR LARGE GROUPS

649 ANDERTON RD., COMOX

339-5400

BLOCK BROS.

A MEMBER OF INTERNATIONAL REAL ESTATE SERVICE REALTY LTD.

1742 Cliffe Avenue, Courtenay V9N 2K8

Call AL ROBB to enroll all the forces of Block Brothers Realty to complete your BUYING or SELLING of Real Estate.

ONLY Block Bros.

BOTH:

✓ Block Bros. National Real Estate catalogue for NATION-WIDE coverage and
✓ Vancouver Island Real Estate Board MLS Catalogue for local coverage.

FOR PROMPT PROFESSIONAL SERVICE

Call or Write...

AL ROBB

Res. 339-3077

Office 334-3111



SPORTS & RECREATION

Sports shorts

SHAWNIGAN LAKE HALF MARATHON

The Ceeval Roadrunners will host the Shawnigan Lake Marathon on 26 Oct 86. Entry forms may be picked up at the Base Rec Centre.

HOCKEY OFFICIALS CLINIC

CFB Comox will host a Level I, II and III Hockey Officials Clinic on Sun 26 Oct 86 at the Base Rec Centre. Cost of the course will be \$11.65 for Level I, \$16.65 for Level II and \$26.65 for Level III. Any personnel interested in attending this clinic are to submit their names to the Base Rec Centre Local 2315 NLT 20 Oct 86. For more info contact Sgt Wayne Moore Local 2315.

SERVICEMENS BASE VOLLEYBALL TEAM

Any military personnel interested in playing for the servicemens base volleyball team are invited to attend practices held every Tuesday from 1800 - 2000 hrs and Thursday from 2000 - 2200 hrs at the Base Rec Centre. For more info contact MCpl Graham at Local 2565.

SERVICEMENS BASE VOLLEYBALL TEAM

Any military personnel interested in playing for the servicewomens base volleyball team are invited to attend practices held every Tuesday from 1800 - 2000 hrs and Sunday from 1700 - 1900 hrs at the Base Rec Centre. For more info contact Maj Eggleston at Local 2258.

SERVICEMENS BASE BROOMBALL TEAM

Any military personnel interested in playing for the base servicewomens broomball team are invited to attend practices held every Thursday from 1800 - 1900 hrs at the Base Arena. For more info contact Cpl Migneault at local 2417.

BCVA VOLLEYBALL CO-ED PLAYERS CAMP 25 - 26 OCT 86

CFB Comox will host a BCVA Volleyball Co-Ed Players Camp 25 - 26 Oct 86 at the Base Rec Centre. The camp starts at 0900 hrs Sat 25 Oct 86. Cost for the camp will be twenty (20) dollars per player. For more info contact MCpl Descoteaux at Local 2315.

SERVICEMENS BASE BASKETBALL TEAM

Any military personnel interested in playing for the servicemens base basketball team are invited to attend practices held every Monday from 1800 - 2000 hrs at the Base Rec Centre. For more info contact Capt Strocel at Local 2561.



Outdoor Writers of Canada

Pipe Smoke

By Gerry Gerow



Having spent the past three days at dog shows, I guess it's probably a good time for a doggy column.

The majority of people keep dogs for companionship, as an aid to child rearing, for protection, or some other such reason. There exists, however, a group of individuals who keep dogs for the same reasons, but they also get enjoyment from showing and trialling them. Some go in for field trials, tracking tests, lure coursing, schutzhund work and the like, but the majority of dog fanciers concentrate on confirmation shows and obedience trials.

These people come from all walks of life. You will see a person who labours for the minimum wage in the same ring with a wealthy businessman. Doctors, lawyers, truck drivers, teachers and janitors. They all have the same bug. Some turn their hobby into a business and become professional handlers. Pro handlers make their living showing dogs for other, usually well to do, owners, who don't have the time to do it themselves, but still wish their dogs to be shown. Pros may show up at a show with ten or more dogs in their charge.

Under our system, the Canadian Kennel Club licences judges, most for all breeds. A ridiculous situation, considering the over 140 breeds recognized by the CKC ranging from the diminutive chihuahua to the massive Newfoundland dog. Consequently, Canadian dog shows become little more than popularity and beauty contests.

The show I just attended saw 468 dogs

representing 85 different breeds competing for championship points. Another 56 dogs went through obedience trials at the same location. This was a relatively small show.

Ladies far outnumber men both in the confirmation ring and the obedience trials. There is probably a logical explanation for this, but I have yet to discover it.

If a person visits an arena where a dog show is taking place, they will see a large number of motor homes. This would give the impression that many dog people are wealthy. Not so. Some are, as in any other walk of life, but a motor home is the ideal vehicle for people who wish to travel around showing their dogs. It provides comfort and a place to keep the dogs which are so often objected to by motel and hotel proprietors.

For those who wish to learn the ins and outs of the sport there are many *sanction matches* held regularly in all areas. These are training grounds where for a small fee, around three dollars, a person can show their dog and see what it's all about.

Dog shows are a super place for viewing the various breeds at their best. I would recommend that anyone contemplating obtaining a dog, attend a show and talk to the exhibitors. In this way you will be able to decide on a particular breed. Falling in love with that cute puppy in the pet store is probably the worst way to choose a dog. Attending a dog show is undoubtedly the best. - *Sorry Frank.*

Wayne's Sports Trivia

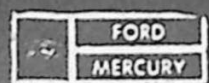
1. Who was the first NFL running back to gain 10,000 yards rushing?
2. What Hall of Fame started three 1962 World Series Games for the New York Yankees?
3. What boxer played the lead in the Broadway Musical *Buck White*?
4. What was broken at Oxford, England on May 6, 1954?
5. Who was the first golfer to win \$100,000 in one year?

ANSWERS TO THE LAST ISSUES QUESTIONS:
1. The America's Cup
2. Willie Mays
3. Charles Atlas
4. Babe Ruth
5. St. Andrews, Scotland



DAVE GARLAND

New To The VIP TEAM
But has many years experience of Vehicle Sales. Take advantage of my knowledge.
CALL ME TODAY



COMOX VALLEY FORD SALES
(1964) LTD

360 1st Hwy Courtenay 334-3161

REAL ESTATE



I WANT YOUR BUSINESS

THIS IS HOW YOU WILL BENEFIT

- 2 listing services MLS - NRS
- Your personal real estate catalog and newsletter
- When I represent you, you also benefit by my achievements and experience
- 11 continuous years in Comox Valley real estate
- 8 year Courtenay MLS leader
- 1 year Vancouver Island leader
- 3 years NRS Diamond Club Award

FOR YOUR NEXT REALTY TRANSACTION
GET VIP CADILLAC SERVICE
Call

TOM PROCTER

CAF/RCAF retired
Office 334-3111 Res: 339-7668



SPORTS & RECREATION

National Sea Cadet Sailing Regatta

WINNIPEG -- High winds and rough waters on Lake Winnipeg weren't enough to keep sea cadets from the prairie area from winning first and third place at the recent National Sea Cadet Sailing Regatta.

The HMCS Gimli Sea Cadet Training Establishment at Hnausa, Man., hosted this year's regatta which saw 25 teams from across Canada compete for the

Navy League of Canada Trophy. The top three teams from the three-day event now continue on to participate in the Canadian National Albacore Championships in Toronto, Ont., in September.

Sea Cadet Petty Officers 2nd Class Wally Wroblowski and Garfield Gilson from Fort Frances, Ont., captured top honours this year. They are members of

144 Royal Canadian Sea Cadet Corps. Cadets from the Central Region captured second place and third place went to a team from Medicine Hat, Alta., also of Prairie Region.

The cadets sailed an 11-Km Olympic course during the competition. The two-person, two-sail dinghys bobbed in the rough waters and some races had to be delayed.

"Safety was the prime concern," said HMCS Gimli's commander, Lieutenant-Commander Tom Szczerski. "High winds and rough waters caused some delays but the regatta was a success

CO-ED Fitness

A Time Change for afternoon classes

effective 23 October the afternoon class will commence at 4 PM vice 4:15 PM
Remember.... You may register at the class.

"SEE YA THERE"



CFB COMOX IS GOING "APE" OVER OUR 1ST PHOTO CONTEST



PRIZES

PRIZES

CUT OFF DATE
4 DEC 86

ENTRY-FREE

CATEGORIES

- 1) COLOR OR BLACK & WHITE PRINTS (OPEN)
- 2) COLOR OR BLACK & WHITE PRINTS (THEME/ PEOPLE IN ACTION)
- 3) COLOR SLIDES

CONTEST RULES

- MINIMUM SIZES FOR PRINTS 4 X 6 INCHES
- PRINTS MAY BE MOUNTED
- 35mm SLIDES MUST BE MOUNTED
- ALL ENTRIES MUST BE IDENTIFIED BY

- 1) name
- 2) phone number
- 3) category

CONTEST IS OPEN TO ALL MILITARY, DND EMPLOYEES & DEPENDENTS OF CFB COMOX

DROP OFF POINT -Base Gym
-Base Photo

Photos will be Displayed at the
ALCAN LOUNGE from the 8-12 DEC 86.

Judging to take place on 12th DEC 86

FOR MORE INFORMATION CONTACT:

MCPL SARTORI - BASE PHOTO 2295
WO AL BRAZEAU BASE GYM 2542

IN MEMORIAM

MARY MARGARET BRIDGET HEBERT

On Wednesday, October 8, 1986 at home, 659 - 3rd St. N.E., Portage La Prairie, Manitoba, Mary Margaret Bridget Hebert, beloved wife of John Hebert passed away at the age of 85 years.

Mrs. Hebert is survived by six sons and four daughters: her daughter Bridget and Bill Bradshaw of Courtenay, B.C. and grandchildren Barbara and John.

The Mass of the Resurrection was held from St. John's Roman Catholic Church Portage La Prairie, Manitoba on Monday, October 13, 1986 at 11:00 a.m. with Rev. Father Patrick Morand celebrant assisted by Deacon George Sitter. The Choir was in attendance and sang: "Be Not Afraid," "Into Your Hands, I Commend My Spirit, O' Lord," and "On This Day, O' Beautiful Mother." Soloist Bernie Page sang: "Somebody Bigger Than You and I," with Bob Bouchard presiding at the organ.

Active pallbearers were sons: Matthew, Conrad, Thomas, Louis, Michael, and Victor.

Attending in a group and forming an honor guard were ladies from the St. John's Catholic Women's League.

Interment followed in the family plot at Hillside Cemetery.

Arrangements were entrusted to the Portage Funeral Chapel (formerly Trimble/Jackson's).

Canadian Forces Update

Clerk of the Month



CFB EDMONTON -- CLERK OF THE MONTH -- Master Corporal Priscilla Moulinski, left of Edmonton's 402 Canadian Forces Technical Services detachment has been named clerk of the month -- well, actually, soft-stocking sculptured clerk of the month. Diane Cunningham, 402's real clerk and creator of the life-like Priscilla, has made over 200 of the realistic faces since 1980 when she started the craft to expand her many hobbies. "I studied facial structures from art books in order to make them more realistic," Diane says. Popular as gifts the rogues' gallery hanging above Priscilla's head are some of the few sculptures Diane has left. Rumour has it that Priscilla is so realistic that more than one passer-by has returned to Diane's office for a second look. When asked whether Priscilla contributes to 402's mission of liaising with and evaluating civilian contractors, everyone agrees "She's no dummy."

Canadian Forces Photo by
Sgt D. Mah

Severance Pay as Taxable Income

The government has stated that effective Mar 88, severance pay will be considered as income for the purpose of determining Unemployment Insurance benefits. Initially this requirement was to be effective 31 Mar 85 however the government deferred the change until Mar 88. It must be emphasized that in this context severance pay is only used as income for the purpose of determining eligibility for Unemployment Insurance. It can still be rolled into an RRSP.

The second and more important point concerns severance pay and the rollover into an RRSP. At the present time the regulations governing the disposition of severance pay remain unchanged. Severance pay can be rolled over into an RRSP in an amount not to exceed \$2000 for each year of military service. For example, a member who receives 20 thousand dollars severance pay after 20 years service can place the full amount of severance pay into an RRSP without in-

come tax implications. Should the member not elect to put the severance pay into an RRSP then the money will be considered taxable income in the year that it is received.

Discussion with Revenue Canada Taxation have confirmed that at this time there are no known proposals to change the rules concerning the rollover of severance pay into an RRSP. NDHQ continues to monitor the situation concerning severance pay

Mountain Men....

The Canadian Army has revived its mountain training.

This summer, three courses were held in the Kananaskis, Banff, Lake Louise and Jasper areas to train military mountain operations instructors. They in turn are expected to return to their units and train their own people as well as advise the respective commanding officers on military mountain operations.

"The Mountain Operations Instructors Course," according to Captain David McKittrick, chief instructor from the Canadian Airborne Centre, Edmonton, "produces almost the equivalent of a licensed assistant mountain guide -- in only five weeks versus an entire season which would be used by our civilian counterparts."

"There may be no need for military climbers to scale Everest, but there is always a requirement for small military parties to control the high ground, select and reconnoitre difficult terrain, or prepare the way for untrained soldiers with rope bridges, rope ladders and fixed lines."

Starting with people who have had some prior mountain experience and who are physically fit the five-week courses covers mountain tactics, first aid, mountain rescue, multiple pitch rock climbing, and snow and ice climbing.

Out of necessity civilian climbing equipment is used almost exclusively. Although a somewhat "heavier" style of climbing is used, compared to the latest civilian style; military climbers have to be prepared to operate further away from base camp, as well as live under all conditions for extended periods.

All courses worked from a base camp established at the bottom of Mt. John Laurie (Yamnuska) which is ideally situated half way between Banff and Calgary. Rock climbing skills were practiced at Wasootch Slabs in Kananaskis, Mt. Yamnuska and Tunnel Mountain in Banff. Snow and ice climbing were practiced in the Lake Louise, Peyto Glaciers and Columbia Icefield areas.

Training highlights of the courses included "Grillmars Chimney," a 1,000 foot rock climb on Mount Yamnuska, the east face of Mount Baker (10,400 ft), Mount Athabasca (10,500 ft) and Mount Temple (11,600 ft).

The courses employed one instructor for every two students. The majority of instructors and support staff were provided by the Airborne Centre and 1 Canadian Brigade Group Calgary. Students came from various Mobile Command (Army) units and included an officer from the U.K.

The Canadian Airborne Centre has been appointed as the centre of expertise for mountain training and as such will undoubtedly conduct further courses on an annual basis. Until then, however, the mountain men of CABC have descended to the flatlands for the winter. As members of CABC, however, they are bound to go even higher, as their off-season job is parachuting.



BANFF, ALTA -- Safety is emphasized throughout the training of the Canadian Forces mountain school. One instructor is employed for every two students. Climbing is always done in teams with at least one member secured and on "Belay" -- ready to stop the team-mates fall through a system of ropes and anchor points.

Canadian Forces Photo by
Pte. J. Baars

York Boat at Expo



Expo 86....Nine sailors, from the Naval Reserve Division, HMCS Nonsuch in Edmonton, in historic costumes, crew a replica of an 1840's Hudson Bay York Boat just christened by the Alberta Commissioner of EXPO. The 10 metre boat had been two years in construction, using only traditional methods, at Fort Edmonton Park. It was moved in August to EXPO'S Marine Harbour Exhibit for the finishing touches. The York Boat crew rowed down False Creek to the Pavilions of the Northwest Territories, Ontario and British Columbia where greetings and gifts were exchanged between the Commissioners.

Canadian Forces Photo by
Sergeant J. F. Smith

Sports



Sea cadet Chief Petty Officer 2nd Class Debbie Fraser (right) handles the tiller as sea cadet Chief Petty Officer 1st Class Robert Ley watches the sails during a race on Lake Winnipeg, Hnausa, Man. The cadets from Royal Canadian Sea Cadet Corps No. 62 Niobe of Bridgewater, N.S., were one of 25 teams from across Canada that participated in the National Sea Cadet Regatta hosted by HMCS Gimli Sea Cadet Training Establishment.

Photo by Cpl Diane Nichols,
CFB Winnipeg Photo Section

AROUND THE BASE

Officers Wives Club

OFFICERS WIVES CLUB

Last week's "Penny Auction" was deemed a huge success by the 54 attendants who went home with newly acquired "treasures." Barb Vermette, the resourceful auctioneer, assisted by Shelly Lunsford and Diane Boivin, was able to auction off all the donated items. (Barb will be remembered for her storytelling talents as well as her powers of persuasion.)

Rumour has it that some of those auctioned off items may be up for resale. Apparently a number of donations were made during the course of the evening to the 442 Sqn Garage, Bake, Arts and Crafts Sale to be held Saturday, November 1st at the Airport School Gymnasium, from 9 a.m. to 3 p.m. Be sure to check out this event if you missed getting your favourite item at the auction or you're just in the market for that special bargain.

The coffee and desserts which were served after the auction were reported *delicious*. A special thanks going out to everyone who contributed. Congratulations are extended to Bonnie Norrie, winner of the door prize, and Marlene Allott, who won the raffle prize. It seems that the winning did not stop here as ten ladies went home with pumpkins.

Reminder: Those persons still wishing to book a table for the intended Craftsfair in November are invited to contact Shelly Lunsford for further information.

RECIPES....

Simply scrumptious! Guaranteed crowd pleasers!
GREEK HONEY—ALMOND TARTLETS

1 cup butter
1½ cups all-purpose flour
½ cup dairy sour cream
Sugar Glaze (below)
1 package (8 ounces) cream cheese, softened
½ cup honey
¼ cup diced toasted almonds
9 fresh strawberries with hulls

Cut butter into flour with pastry blender until completely mixed. With fork, blend in sour cream. Divide dough in half; wrap each in aluminum foil or plastic wrap and refrigerate at least 8 hours (thorough chilling of the dough is important for ease in handling).

Heat oven to 350°F. Roll one part pastry on well-floured cloth-covered board into a circle 1/16 inch thick. Cut into 4-inch rounds. Refrigerate scraps of dough before rerolling. In 2/3 of the rounds, cut out 2-inch circles. Place plain rounds on ungreased baking sheet. Brush with Sugar Glaze; top each with a round with center removed (you will have 3 layers—one plain, 2 with centers removed). Brush tops with glaze. Repeat with second part of pastry. Bake about 25 minutes or until light brown. Cool.

Blend cream cheese and honey; stir in almonds. Spoon cheese mixture into tartlets. Place strawberries on tartlets. 9 tartlets.

Sugar Glaze - Stir together 3 tbsp. sugar and 1 tbsp. water.

Kathy Marquis

CARMEL CUSTARD

¼ cup granulated sugar
2 cups evaporated milk (scalded and cooled)
1 3/4 cups granulated sugar
12 egg yolks
1½ tsp. vanilla
¼ tsp. grated lime rind
pinch of salt

Melt ¼ cup of sugar in a non-stick pan. Pour around the sides of a deep baking dish. (Bread pan is fine.) Mix the remaining ingredients together in a bowl and pour in the dish. Bake on a pan of water at 350°F for 1 hour and 15 minutes.

Maria Hansen

TARTE AUX PECAN (FRANCE)

3 egg whites at room temperature
½ cup pecans - ground fine
½ tsp. baking powder
12 salted soda crackers-ground fine
1 cup white sugar
1 tsp. vanilla
Whipping cream

Beat egg whites and baking powder until stiff. Gradually add sugar. Fold in pecans and crackers. Add vanilla. Bake in well greased pie plate 15 minutes at 375°F. Cool. Spread with whipped cream. For two or more layers, double recipe accordingly.

Garnish with chocolate or crushed pecans.

Barbara Vermette

MERINGUE

1 egg white beaten stiff
2-3 cups icing sugar
¼ tsp. cream of tartar
¼ tsp. vanilla or almond extract
Beat egg white and add vanilla. Add cream of tartar and enough icing sugar to make stiff dough. Shape dough into small balls about ½ inch in diameter. Place 6 balls on a plate and microwave 1 minute on high.
Note: I use 4 plates and keep rotating them in the freezer compartment of my refrigerator. Meringues seem to burn if balls are put on a hot plate.

Wendy Cummings

WILLIAMSBURG ORANGE CAKE

2½ cups flour
1½ cups sugar
1½ tsp. baking soda
¾ tsp. salt
1½ cups buttermilk
½ cup butter, softened
¼ cup shortening
3 eggs
1½ tsp. vanilla
1 cup raisins
½ cup chopped nuts
1 tbsp. grated orange rind

Heat oven to 350°F. Grease and flour 2 9-inch or 3 8-inch round layer pans. Beat all ingredients in large bowl on low speed for 30 seconds. Beat at high speed 3 minutes. Pour into pans. Bake 35-40 minutes.

WILLIAMSBURG FROSTING

½ cup butter
4½ cups powdered sugar
4-5 tbsp. orange juice or liqueur
1 tbsp. orange peel

Mix butter and sugar. Beat in liqueur and peel.

Gloria Clements

SCOTTISH SHORTBREAD

1 cup butter
½ cup sugar
2 cups sifted flour
¼ tsp. baking powder
¼ tsp. salt
2 tbsp. sugar

Preheat oven to 350°F. Beat butter until it is light and creamy. Beat in the ½ cup of sugar. Sift the flour with the salt and baking powder and fold into the butter mixture. Place the dough on prepared cookie sheet and pat into a rectangular shape one-half inch in thickness. Prick with fork. Sprinkle with remaining 2 tbsp. of sugar. Bake in centre of preheated oven for 15 minutes until the edges are very lightly browned. Cut into bars and store in an airtight container. Makes about 20 pieces.

Cathy Beckolay

Jr. Ranks Ladies Club

The first meeting of the Junior Ranks Ladies Club was held on September 24 at 7:30. Attendance was good with the return of many of last year's members as well as the addition of some new faces.

Plans for the November 5 fashion show are well underway and it is certainly shaping up to be an entertaining evening. Clothes are being provided by Reitmans and Mountain Meadows so whether your interest is in work, sport or casual clothes there should be something of interest for you. Light refreshments will be served and there will be numerous chances at one of the many door prizes. Tickets are \$5.00 per person and are available from members of the JR Ladies Club.

Activities for late fall were also discussed with interest being high to organize a weekend outing to Victoria for some Christmas shopping. Sounds like fun! The possibility of putting together a cookbook of some favourite recipes (hopefully in time for the holidays) was suggested. If response is good, this could prove to be a major endeavour and would be an excellent way to discover lots of new ideas for holiday goodies.

Anyone who missed the September meeting and is interested in joining us, please do not hesitate to come out to the next meeting on October 29 at 7:00 in the Totem Lounge (Junior Ranks Mess). Yearly membership is only \$3.00, with a monthly fee of \$1.00 (\$1.50 for non members) to cover costs for food, entertainment, etc. If you are new to Comox, it is a great way to get together and meet some new friends in a casual, social setting. Hope to see you on the 29th.

SPORTS & RECREATION

Community Council News



Front Row: Mrs. Rose, Cpl Guibord Deputy Mayor, Col Gibbon BComd, LCol Jackaman BAdmO, Mrs. Carr.
Back Row: Maj Rose, Mrs. Daniel, Mrs. Parker, Capt Parker, Sgt Levasseur, Lt (N) Daniel, Mrs. Levasseur, Sgt Zotek, Mrs. Zotek, Cpl Carr.

Well, Saturday was an exciting day at Wallace Gardens. We staged our first ever Family Day in October, and at Airport School. We certainly had an exciting time. There were those people that started to set up for this festive occasion at 0830 hrs. I was late and was not one of them. I showed up at 0900 hrs. At any rate things went just absolutely wonderfully. I have never seen so many hamburgers and hot dogs and their buns all in one place ever before! My friend Liz Hillard and Craig Lewis said they had never seen so many either and how come they got roped into helping anyway? It was a great deal of fun. We did serve 450 hot dogs and hamburgers. Other treats served were some vanilla ice cream and a large number of rides on "Little Toot." Michael Hurley made a wonderful clown and a fabulous driver. My husband, Brad Lourie, and Rick Gladish did a super job getting the children organized on and off the ride safely.

As usual our Deputy Mayor, Luc Guibord, was on hand to pass out awards. There were a large number of awards. Gift certificates from our local sponsors A & W and McDonalds for the children and a long list of others as follows:

Mr. Jackaman, La

Cremaillere
Mrs. Liz Hillard, The Red Ruby
Mrs. Diane Harrison, The Old Bank
Mrs. Hunter, The Sea Side
Mr. Kevin King, The Nova Cafe
Mrs. Shirley Ladret, The Gaff Rigg
Mrs. Michelle Bennett, The Bamboo Inn
Mrs. Kim Lambillon, The Westerly Hotel
Mrs. Thea MacDonald, Columbus
Mr. Dave Gibson, Old House

On this note a great many thanks from all of us at the Base to our local sponsors. Your kind contribution to our Family Day has shown us your willingness to support us and accept us into your community. The entire day was devoted to fun and games for the children. The co-ordinator for Family Day, the games and organization was all done by Chris Rasmussen. Your efforts met with great success, congratulations and well done.

The last thank you goes out to Col and Mrs. Gibbon and LCol Jackaman and Mrs. Jackaman. We thank you for coming out and sharing our day.

The next exciting list is the announcement of the winners

of our Beautiful PMQ Contest:
MOST BEAUTIFUL PMQ Major and Mrs. Rose, 1st Prize, PMQ 97
Cpl and Mrs. Carr, 2nd Prize, PMQ 107F
Lt(N) and Mrs. Daniel, 3rd Prize, PMQ 89A
BEST KEPT PMQ Sgt and Mrs. Levasseur, 1st Prize, PMQ 58
Sgt and Mrs. Zotek, 2nd Prize, PMQ 68A
Capt and Mrs. Parker, 3rd Prize, PMQ 87

The above prizes were presented to participants by Col Gibbon.

In recent years it has been the extreme pleasure of the Community Council to sponsor a girl from our community in the Winter Carnival, Snow Queen Pageant. We are beginning our search early this year. If you are a young lady between the ages of 16 and 19 and would like to enter, stay tuned to the Totem Times for more details in the coming weeks.

Just as I end this article I must plead on behalf of all the council members for more help. We are dreadfully short of help on the Community Council. There are several wards that have no representation AT ALL. There must be someone out there willing to help. We have so many projects

to complete and so few council members to complete them. If you are interested in coming out and helping the community please contact Cpl Luc Guibord at the Military Police or Cpl Lourie at the Base Hospital for further details. Congratulations to the Boy Scouts, Cubs, and Beavers on a very successful Apple Day held on the 18 Oct.

Cronmiller said the event will start with cocktails from 5:30 to 7 p.m. "This gives everyone a chance to look over the items that will be auctioned and raffled off. And with Dave Stevens as auctioneer, it's guaranteed to be a fun event."

For information regarding tickets contact Roy Taylor at 339-6860 or Bob Jones at 338-5223.

BASE GOLF CLUB

GGGC FALL GENERAL MEETING

WED 29 OCT — 1900 HRS

ALL INTERESTED PEOPLE WELCOME — Y'ALL COME.

SWIFT DATOO DOHERTY
BARRISTERS, SOLICITORS, NOTARIES

COMMERCIAL & CORPORATE	GENERAL & ESTATE	LITIGATION	FAMILY
BUSINESS, CONTRACT CREDITORS' REMEDIES, INCORPORATIONS & PARTNERSHIPS	REAL ESTATE, CONVEYANCING, MORTGAGES, WILLS & PROBATING ESTATES	PERSONAL INJURY, INSURANCE CLAIMS, CRIMINAL, CIVIL, LITIGATION	DIVORCE & FAMILY PROPERTY SEPARATION AGREEMENTS, CUSTODY & ADOPTIONS
RICHARD J. SWIFT — AZIM N. DATOO — PETER M. DOHERTY			
201 - 467 CUMBERLAND 334-4461			
COURTENAY, B.C. V9N 1K3			

LIFESTYLE

info
health

Dr. Bob Young



The doctor's name hung in the window, gold leaf outlined in black, on a glass panel attached to the top frame by thin chains. A paper notice was taped to the sign. "Do Not Touch," it read - the lettering was not yet dry. The young doctor sat in his inner office, passing time by reading his already well-read textbooks.

A few blocks away four middle-aged women were finishing their weekly bridge game. The year was 1957.

"We'll pull a card to see who goes," said one lady. "It's the only fair way." She spread the deck face down on the table. "High card is elected."

A few minutes later a sprightly British lady entered the doctor's waiting room, interrupting the receptionist who was phoning a friend. She asked to see the doctor.

No matter that all she wanted was to have her ears syringed out. She was the doctor's first, and at that moment, only patient. She received a lot of attention and time for her \$5.00.

She and the physician went through a lot over the next 30 years - the usual flu sessions, an

occasional injury, a middle-of-the-night appendectomy, and the protracted and distressing management of her husband's illness and his eventual demise.

As she grew older her joints began to ache, her vision failed, and she had several falls which caused lacerations and broken bones. She visited the doctor in his new office when she could, and he saw her at home on many occasions.

"Take care of me, doctor. Remember, I was your very first patient."

Unfortunately she and her doctor could not conquer the cancer that she competed against for over three years, and she died recently. Aside from the memories it was the end of a special doctor-patient relationship.

But not quite. Her lawyer visited the doctor a month or so later, bearing an antique living-room fixture which she had left to the doctor as a remembrance.

Sometimes the practice of medicine can be very satisfying.

Info/Health is brought to you by the British Columbia Medical Association and this newspaper.

Origins of the Species

John Bradley

AIR OBSERVATION POST
SQUADRONS

The aircraft was initially considered by the majority of the world's fledgling air forces as an extension of traditional Army reconnaissance resources. After a short period of time, thinking turned to the strategic and tactical aspects of aerial warfare, but the reconnaissance specialty soon fell far behind during the between wars period. There were Army Co-operation units but they were generally equipped with large single or dual seat aircraft requiring proper airfield facilities. While this type of unit was capable of such tasks as photo-recce and general target spotting, they were not considered to be up to the specialized requirements that were needed for accurate artillery spotting.

During the summer of 1941 the RCAF officially re-instated these specialty squadrons, to be named Air Observation Posts, and in September of that year, three Royal Canadian Artillery (RCA) officers were sent on a nine month course in England. These officers were Captains R.A. Donald, D.R. Ely, and R.R. McNeil. After completion of the course the three officers, now qualified pilots, proceeded to British A.O.P. squadrons, as the Canadian Army decided not to form their own squadrons. Within a short time however, all three returned to the Canadian Army and were with 1 Royal Canadian Horse Artillery in Italy. In December of 1943 Captain Donald was killed and Captain McNeil became a POW during the Battle of Ortona.

1 RCHA realized that they required their own A.O.P. resources and convinced the senior commanders of their need. Nos 1, 2, and 3 Canadian Air Observation Post Squadrons (RCA) were authorized to be formed under the newly promoted Major Ely

in June 1944. Within a short period of time it was decided to place the three squadrons under the administrative and servicing control of the RCAF, but to leave them with the RCA pilots. With this change they also renumbered and were now known as Nos 664, 665 and 666 Squadrons. Training was naturally centered on artillery spotting and adjusting of the fall of shot as well as extreme low flying and operating from small unprepared airfields. The three squadrons were placed under the control of No. 70 Fighter Group and after their training was completed, followed the Canadian Army onto the continent.

No. 664 Squadron was formed under Major Ely on 9 December 1944 at Andover, England. They, like No. 665 and 666 Squadrons were to fly the Auster A.O.P. Mk IV and V aircraft. While undergoing training, Major Ely turned over command of the squadron to Major D.W. Blyth on 21 January 1945. The first operational mission by No. 664 was a reconnaissance flight of the Maas-Heusden area on 29 March 1945. The last operational flight was flown on 5 May of that year. After the war ended they moved to Apeldorn, Holland where they remained until they disbanded on 1 June 1946.

On the day after Major Ely gave up command of 664 Squadron, he formed and assumed command of No. 665 Squadron. He remained CO until he turned over the unit to Major N.W. Reilander on 4 March 1945. The squadron moved to the continent and set up its first position at airfield B. 77 at Gilze-Rijen in the Netherlands on 21 April 1945. Their first operational flight was on a shoot against an enemy gun position on 27

April. With the war ending just two weeks later, No. 665 only flew a total of 58 sorties for a total of 24 hours, with the last flight coming on 7 May. Captain W.K. Buchanan had assumed command on 13 June 1945 but was only in charge for a month as the squadron disbanded on 20 July, also at Apeldorn, Holland.

When Major Ely left No. 665 Squadron, he proceeded to No. 666 Squadron where he assumed command on 5 March 1945. Due to the period required for training, 666 never made it onto the continent until after hostilities ended. They finally arrived on 28 May and on 25 June moved to Apeldorn to join its two sister squadrons. On 1 November 1945, No. 666 Squadron disbanded without ever having flown an operational mission.

Between the three A.O.P. squadrons, a total of 607 operational hours, 10,182 training hours and 677 sorties were flown. Losses were relatively light with four aircraft destroyed and six pilots killed or injured on both operational and training missions. After the end of the war all three squadrons were involved as an air taxi service while awaiting disbandment. One distinction the A.O.P. squadrons shared was that, besides being the RCAF's shortest lived squadrons, all were formed and commanded by the same man, Major Ely. A second officer, Major Reilander, who was the second CO of No. 665 Squadron, also holds a unique place in Canadian Military history. Major Reilander became the only person to command a wartime squadron, No. 665, a peacetime squadron, No. 444 (AOP) Squadron upon its formation on 1 October 1947 and then later because he was an artillery officer, the Commanding Officer of 1 Royal Canadian Horse Artillery.

Hewter Room Restaurant
498 ISLAND HWY., 334-4401
Excellent Dining • Steak & Cordon Bleu Specials
\$6⁹⁵ — \$8⁹⁵

Everything for your dining pleasure
BOOK YOUR CHRISTMAS PARTIES EARLY



In General

- MWO Vern Duncan returned from the Middle East after six months of sunshine.

- Cpl Rick Arnot is at Chilliwack on his TQ5A Course learning to be a wood butcher of increased qualification.

- MCpl Jason Evans returned from Alert on 2 Oct, left for Ottawa on a General Safety Course 7 - 10 Oct, goes on JLC as of 3 Nov, and then is tentatively selected for his Electrician TQ6A in early 87.

- Cpl Joe Huard will be relinquishing his status as a Field Engineer (FE of the true sort) to train as a Stationary

Engineer from 5 Jan to 23 Jun 86.

- Cpl Perry Johnson returns home from Goose Bay at the end of Oct.

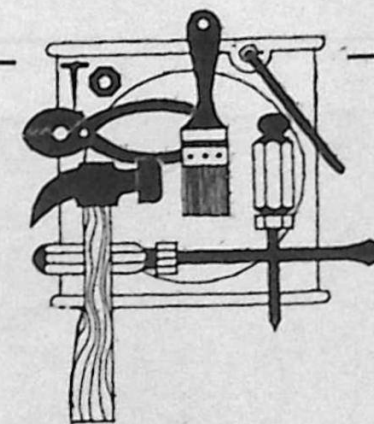
- CFS Holberg needs assistance that only CFB Comox can provide. Draftsman Cpl Irving will be in Holberg 20 Oct to 12 Dec 86.

- CE Section, established for only 36 military, has eight persons being screened for courses of close to six months duration starting in Jan.

- Sgt Oakley returns from Borden 3 Oct 86.

SECTION NEWS

CE Happenings



From the Fire Hall

Here's an update of personnel happenings around the Hall. MCpl Bourassa, MCpl Pennell and Cpl Reid have just completed their JLC Course in Penhold, Alberta. Congratulations.

Sgt Edwards recently completed his Fire Inspectors Course in CFB Borden receiving an honour student award. Good Show.

MCpl Gougeon is on his way to Moisie, Quebec for 6 months as Acting Base Fire Chief.

MCpl McDonald is in Alert

for 3 weeks.

Congratulations to Mike and Leslie Joyal and Les and Karen Blackmore on their recent marriages.

Belated congratulations to Ted and Christine Ratte on the birth of their son on August 27, 1986.

Seven members of the Fire Hall attended a hose laying competition with other departments in Cumberland on September 27th. The Base Fire Hall personnel did not want to 'upset the Village people so they settled for all but one plaque.

After the competition all teams gathered at the Cumberland Hall for refreshments and food. Fun was had by all. Members attending were: Larry Dube, Terry Muldoon, John Evans, Don Parsons, Mike Cashman, Ken Breau and Rick Manczuk.

The hose rolling competition was made up of two wives, Cathie Cashman and Wally Johnsen. Wally Johnsen was our only winner. Congratulations

Have a fire safe Halloween.

Women

continued from page 1

be implemented carefully so as to ensure that the operational effectiveness of the Canadian Forces is maintained.

Implementation will be monitored so that timely action can be taken to overcome any difficulties encountered. Only properly trained and qualified service men and women will be posted to those units which have been newly designated as "mixed-gender." Strength tests will be conducted to ensure that all members have the required physical capability before being selected.

These new opportunities complement previously announced changes to Armed Forces policies. In July 1986, Perrin Beatty announced that women were eligible to become pilots, air navigators and flight engineers. A wide variety of aircrew positions in transport, training, utility/communication relay and search and rescue squadrons were opened to women.

Since March 1986, when the Chief of the Defence Staff established the Charter Task Force, fourteen previously male-only military occupations have been opened to women; these include occupations such as aircrew, army weapons technician, preventive medicine technician and airborne electronic sensor operator.

Approximately 7,500 additional positions in the Canadian Armed Forces have been designated as "mixed-gender." The total number of "mixed-gender" positions in the Canadian Armed Forces is now approximately 39,400.

BLANKET CLASSIFIED ADVERTISING

These Ads appear in the more than 70 Newspapers of the B.C. and Yukon Community Newspapers Association and reach 800,000 homes and a potential two million readers.

\$119. for 25 words (\$3. per each additional word) Call The at to place one.

AUTOMOTIVE

Buy/lease any truck or RV. Nothing down OAC. LTL 9000 with contract. We deliver. Call Bob Langstaff or Tom Morgan collect 468-0271, toll free 1-800-242-FORD. D.L. 5231.

Buy/lease any gas/diesel truck direct from factory dealer. Nothing down OAC. Easy monthly payments. Call Wally or Al McKenzie toll free 1-800-242-FORD. D.L. 5231.

Buy/lease any gas/diesel truck direct. Rangers from \$156 MO. Nothing down OAC. We deliver. Call Gary or Mark for immediate approval toll free 1-800-242-FORD. D.L. 5231.

British car parts; New - Used - Rebuilt for MG, Triumph, Austin, Jensen, Austin Healey, Wembley, Motor Works, 1157 Richards St., Vancouver, V6B 3E7 or phone 685-2628.

New 1985 Frontier FFW 185 Fifth Wheel Trailer. Make an offer. Dave Landon Motors Ltd. 1-800-232-5972 DLR #507.

BUSINESS OPPORTUNITIES

Earn 15% per year in U.S. dollars. Guaranteed! - By way of leasing Marine Cargo Containers. Rental income - five Marine Cargo Containers pay \$2,325 per year. 10 pay \$4,650 per year. 25 pay \$11,625 per year. Length of lease is up to 15 years (five year increments). Minimum investment \$3,100. All above in U.S. dollars. Ask about our capital appreciation program. Call 273-1116. Write: Pacific Rim Container Sales Ltd., #100 - 10551 Shellbridge Way, Richmond, B.C. V6X 2W8. Telex 04-357602.

Kamloops B.C. Convenience Store - Gas Pumps, Living Accommodation. For sale or lease. \$35,000 needed to stock. Very good terms for qualified purchaser. Mr. Zimmer 1-573-3620.

BOOK ENTHUSIASTS! New publisher offers unique marketing and excellent opportunity. No inventory. \$20 investment. Write Books, 1380 Highland Dr. S., Kelowna, B.C. V1Y 3W1 or 762-7089.

BUSINESS OPPORTUNITIES

Dealers and Distributor required, very profitable industrial and home owner energy saving product. Investment return possible in one year or less, dealer area \$4,000 - \$6,500, distributor \$35,000. Includes inventory. Box 217, c/o BCYCA, 812-207 W. Hastings St., Vancouver, V6B 1H7. Phone Norm (604) 272-2753, Brian 596-2804.

Attention people in the hospitality trade who want to increase their volume with a minimal investment. We offer a new, exciting concept. Phone 689-2495 or 984-2248.

EQUIPMENT & MACHINERY

Pacific Forklift sales. Western Canada's largest independent used forklift dealer. Dozens of good used electric, gas, propane, diesel, 4x4. Terry Simpson 533-5331 eves. 535-1381.

Equipment Auction Saturday, Oct. 18th, 11:00 a.m. Joe Wark Auctions, Quesnel, B.C. Batch plant, payers, rollers, dump trucks, farm machinery, vehicles, grader. Information call 747-1894.

Hunterline Trucking Ltd. We have an immediate opening for lease operators. A variety of opportunities are available. Highboys Canada, Highboys The U.S./and Canada, or B-Trains. Fuel accounts are supplied. Licence and insurance is financed for you. If you are a qualified lease operator phone Wayne, or Norm 1-800-663-4010.

FOR SALE, MISC.

Computer software by mail for Commodore and Atari ST. Low prices, popular titles. Send for free info. Cansoft, Box 3464, Dept. N, Courtenay, B.C. V9N 5N5.

Montreal Military Surplus: workshirts \$2.75, workpants \$2.50, workboots \$15. For catalogue send \$2. (reimbursed first order). Military Surplus, Box 243, St. Timothee, Quebec J0S 1X0.

Send Flowers For All Occasions to Vancouver Area, seven days a week with delivery. Stevenson Flowers and Gifts. Phone 272-2666 or toll-free 1-800-653-5008.

FOR SALE, MISC.

Lighting Fixtures. Western Canada's largest display. Wholesale and retail. Free Catalogues available. Norburn Lighting Centre, 4600 East Hastings Street, Burnaby, B.C. V5C 2K5. Phone 1-299-0666.

Bird Lovers! Order your bird feeding kit by mail now! Kit includes, one refillable Birdhut, 4.4 lbs. of "Bird Preferred" quality sunflower seeds & much more. Please send \$5.99 + \$2.50 postage & handling per kit. Alberta Sunflower Seeds, Box 767, Bow Island, Alberta. TOK OGO.

EDUCATIONAL

Auction School, 14th year, 1,300 graduates. Courses April, August and December. Write Western Canada School of Auctioneering, Box 687, Lacombe, Alberta, T0C 1S0. (403)782-6215 evenings (403)346-7916.

Free: 1986 guide to study-at-home correspondence Diploma courses for prestigious careers: Accounting, Airconditioning, Bookkeeping, Business, Cosmetology, Electronics, Legal/Medical Secretary, Psychology, Travel, Granton, (1A) 1055 West Georgia Street #2002, Vancouver. 1-800-268-1121.

Penticton School of Hairdressing taking registrations for Nov. 3rd classes. A career with a future! Contact: 207 Main Street, Penticton, B.C. V0H 1Z0. 493-2747.

GARDENING

10' x 10' Greenhouse \$149. 1000W Metal Halide \$175. Plus 10,000 gardening products. Great prices. Send \$2 for info-pack. Western Waier Farms, 1244 Seymour Street, Vancouver, B.C. V6B 3N9 (604)682-6636.

HELP WANTED

Ma Cherie Home Fashion Shows, Est. 1975. Join our successful family of Representatives in presenting quality lingerie and lounge-wear at in-home parties for women. Set your own goal for impressive earnings. Call toll free 1-800-291-9183.

HELP WANTED

Applications are invited for the position of Deputy Clerk for the District of Chetwynd. The position reports to the Clerk Administrator. The successful applicant will be responsible to assist the Clerk Administrator and the Treasurer/Collector with all duties prescribed in the Municipal Act, assist with preparing agendas for regular and special Council meetings and keep minutes of same, assist the Clerk Administrator in the day to day administrative matters. The Deputy Clerk will also be responsible for by-law enforcement, supervise the licensing department and for enforcement of all regulatory by-laws. Applications together with resume including two employment related references and date of availability - will be received up to and including October 24, 1986. Please forward to the undersigned marked confidential, Mr. J.A. Teelyk, Clerk Administrator, District of Chetwynd, P.O. Box 357, Chetwynd, B.C. V0C 1J0.

Overseas Positions. Hundreds of top paying positions. Attractive benefits. All occupations. Free details. Overseas Employment Services, Dept. CA, Box 460, Mount Royal, Quebec H3P 3C7.

PERSONAL

Dates Galore. For all ages and unattached. Thousands of members anxious to meet you. Prestige Acquaintances Call, Toll Free 1-800-263-6673. Hours: 9 a.m. to 7 p.m.

Singles Line. Where hundreds of singles are meeting others in a safe, easy, affordable and confidential way. Do something nice for yourself. Singles Line - 1-688-LOVE.

Real Estate. \$1,000 down. Month. First two free apartments. Split-split home. In park-like setting. Call 467-4256. Toll free 1-800-291-9183.

REAL ESTATE. \$1,000 down. Month. First two free apartments. Split-split home. In park-like setting. Call 467-4256. Toll free 1-800-291-9183.

REAL ESTATE. \$1,000 down. Month. First two free apartments. Split-split home. In park-like setting. Call 467-4256. Toll free 1-800-291-9183.

REAL ESTATE. \$1,000 down. Month. First two free apartments. Split-split home. In park-like setting. Call 467-4256. Toll free 1-800-291-9183.

REAL ESTATE. \$1,000 down. Month. First two free apartments. Split-split home. In park-like setting. Call 467-4256. Toll free 1-800-291-9183.

REAL ESTATE. \$1,000 down. Month. First two free apartments. Split-split home. In park-like setting. Call 467-4256. Toll free 1-800-291-9183.

REAL ESTATE

Okanagan Vernon area. Rural setting. 1/2 acre, serviced, deeded lot zoned mobile homes. Close schools shopping. For sale or rent. Excellent terms, negotiable. 1-547-6630 any time.

Okanagan Vernon: Rural setting. Nice three bedroom trailer. Stove, fridge, addition. Log built outbuildings. Sale or rent with option to purchase. Excellent terms. 1-547-6630 any time.

SERVICES

Major ICBC Personal Injury Claims? Carey Linde, Lawyer, 14 years, 1650 Duranleau, Vancouver. Phone collect 0-684-7798 for Free How to Information: ICBC Claims and Awards. "We work only for you - never for ICBC, and you pay us only after we collect." Affiliated Offices in Campbell River, Kamloops, Kelowna, Victoria, Nanaimo, Williams Lake, Nelson, Prince George.

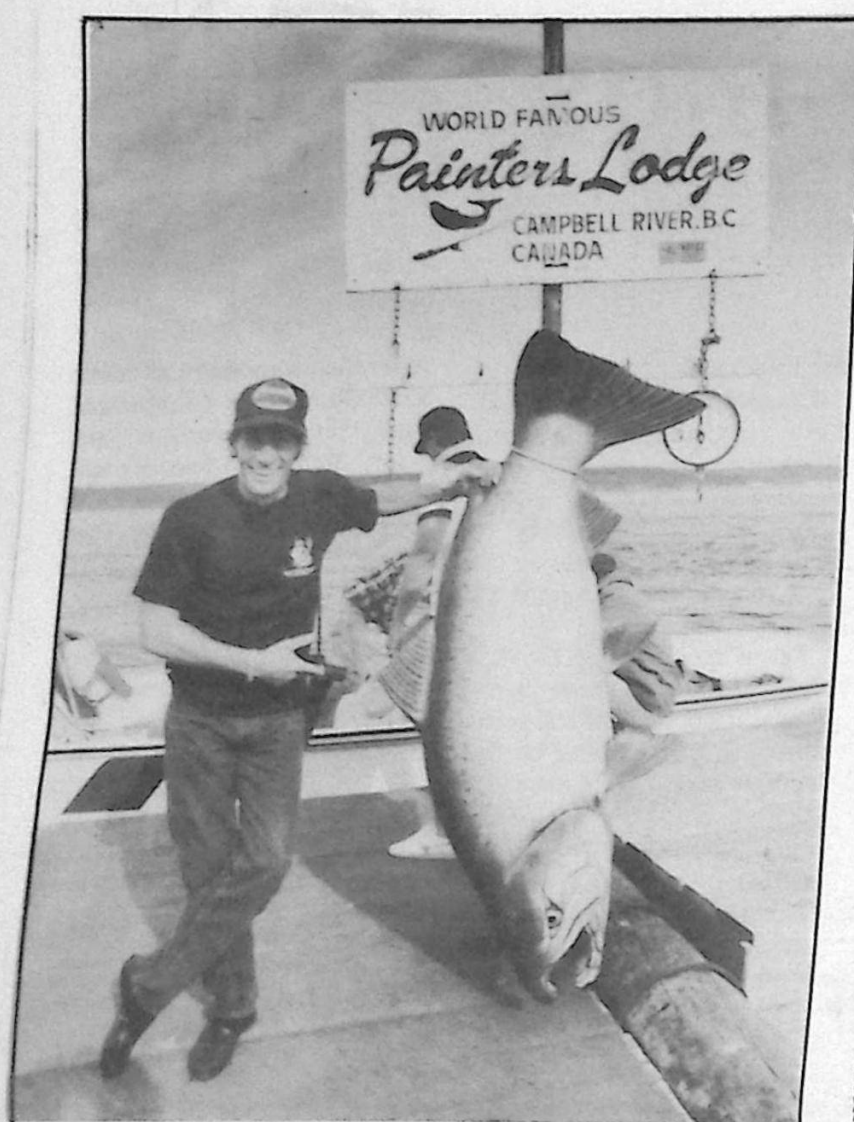
Major personal injury claims. Joel A. Wener, Lawyer experienced in litigation since 1968. Call collect 0-735-8261. Free initial consultation. Contingency fees available. 1632 West 7th, Vancouver.

TRAVEL. Australia/New Zealand travel plans? Now you can call free to ANZA Travel - The Down Under experts. Lowest fares, best planned trip. 734-7725. Toll-free in B.C. 1-800-972-6928.

UNIQUE. The only way to reach more than 800,000 homes throughout B.C. & the Yukon with one phone call. We'll place your ad in more than 70 newspapers.

25 WORDS \$119 blanket classifieds one call does it all

AROUND THE BASE



VANCOUVER, (B.C.) -- "That's a keeper," announces Ernest P. Worrell or Jim Varney of Nashville, Tennessee after a day's fishing at World Famous Painter's Lodge in Campbell River, B.C. Varney, popular television commercial actor for Pacific Western Brewing Co. Ltd., was attempting to catch a salmon and thereby qualify to enter the Daiwa World Salmon Fishing Championships but was "skunked." The rubber faced star was flown to Painter's Lodge via Coval Air. The huge fish in the photo is actually made up of fibre glass.



ELMER WIRTA
14 YEARS OF VIP
SERVICE
For your next
vehicle
LET ME HELP YOU



COMOX VALLEY FORD SALES
(1964) LTD.
360 1st Hwy
Courtenay
334-3161



DUCKS UNLIMITED CANADA

3rd Annual Comox Valley Banquet
Wednesday, November 12, 1986
at

The Westerly Hotel
Cocktails and viewing 6:00 p.m.
Dinner 7:30 p.m.
Raffles and auction to follow.
Prizes galore.
\$35.00 each.

for tickets call:
MWO Gerry Gerow Loc - 2615
Capt Frank Gavin Loc - 2288

Mens
Broomball

Players
Wanted for
Base Team
Call MCpl
Bedard
Loc. 2565

The
WESTERLY
Hotel

1590 CLIFFE AVE., COURTENAY, B.C. 338-7744

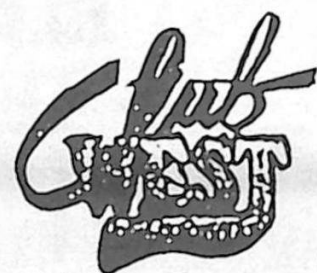


On Halloween

Follow The

Ghosts & Goblins

down to



Prizes Prizes Prizes

for

best male & female costume

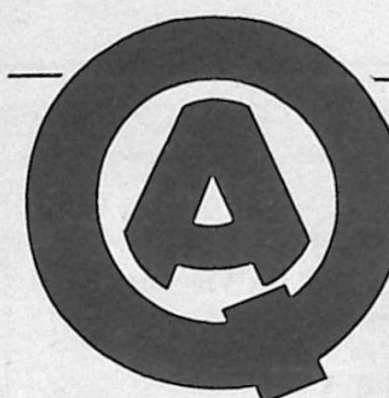


See You There



Signed:
The Count
RR 1
Transylvania

AROUND THE BASE



Quality Assurance

First there was David and Goliath. Then there was Darrel and the Moose. Our No. 2 Sarge was out near Baldy Hughes last week, hunting the huge ungulates. At press time, we had not heard the result. Coop returned this week from Down East, where he attended

a civvy QA course, and learned how to pronounce "Bys." He was at Dalhousie U., where they also speak English. At the time this was written Jonesy was camped out on some rocky north island shore, hoping to catch a moose-sized salmon. The rest of us started to play

catch-up on all the QA visits that had been set aside for pre-AMIT inspections. Now that

AMIT is postponed to June '87, pre-AMIT visits will likely start next April. knowledge of trade, access to references and experience to point out where an inspection has not been completed. Our observations have ranged from plugs and lines left unconnected but not accounted for in a CF349, to smaller items like loose lockwiring and FOD material left in the inspection area. Where supervision has been good, our observations

have been fewest.

There's something else we've noticed: If an aircraft comes off inspection in a very clean condition, we find very few items to observe on. A clean job tells us the maintenance crew members have taken the trouble to put a good finish on their work. Since the supervisor inspects the job before we do, a clean job is also a sign of good supervision.

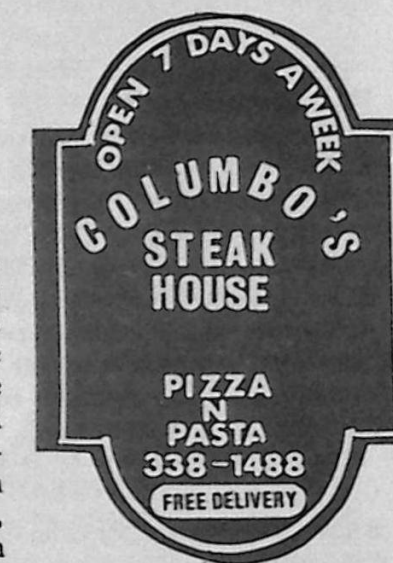
STAGGER ME SPLICES!

A recent incident with burned wiring may have been caused by the chafing of wire splices, which were too close

together. It's one of the things we watch for on QA, but if the splices are buried deep in a bundle, they avoid detection. Stagger your splices: C-17-010-002/ME-000 Pt 15 refers.

SUPERVISION

In QA we read all the incident reports. A common thread in many of these is Supervision, mentioned as a contributing factor to the problem. QA doesn't replace the Supervisor, nor does QA repeat a maintenance inspection. We look for signs which are common to all trades and, in a QA inspector's own specialty, he will use his



SERVICE DIRECTORY

GOODS GROCERIA

P.O. BOX 190, LAZO, B.C.

339 2376

VOR 2360

LOTTO TICKET CENTRE

RED & WHITE FOOD STORES

OPEN 8AM — 10PM
DAILY



TELEPHONE 338 8200



TIRE STORES

OUR TIRES GO AROUND WITH THE NICEST PEOPLE

971 CUMBERLAND ROAD
COURTENAY, B.C. JOE PARKINSON

MARKET TRAVEL
WORLDWIDE

Professional Travel Arrangements

Dial 112-000-232-0294 (no charge)

549 England Ave., Courtenay, B.C. V9N 2N2

across from the Bank of Nova Scotia

604-338-1474

LAWSON ELECTRONICS

478A 5TH ST.
COURTENAY B.C.

338-6631

service for all makes

TV, Stereo & Microwave Ovens
Warranty Dept For Most Major Brands
Sales & Service For Auto
Stereo, Marine VHF, C.B.'s, Depth
Sounders, Zenith, etc.

COMOX HARDWARE LTD.

A COMPLETE LINE OF
HARDWARE PAINT
APPLIANCES AND
FISHING TACKLE

IN THE
SHOPPING CENTRE



339-2911

COMOX MINI WAREHOUSE

"BEST LITTLE WAREHOUSE IN THE WEST"

Store It
Lock It
Keep the Key

CLOSE TO THE BASE & TOWN

* Safety * Security * Supervision

Knight Rd. & Pritchard Rd. Comox B.C. 339-3424

BAYVIEW



COLOR CENTRE

PAINTS - WALLPAPER - DECORATING SUPPLIES

BAPCO PAINTS
C.I.L. PAINTS
SHERWIN WILLIAMS PAINTS
INTERNATIONAL
MARINE PAINTS

OLYMPIC STAINS
CABOTS STAINS
SIKKENS STAINS
VALSPAR STAINS

PHONE

339-3711

COURTENAY B.C.



'Bicycles, Tricycles
and lots of accessories'
Full repair service

PEDAL PUSHER

NOW OPEN AT OUR NEW LOCATION
137 - 5th St.
BELOW THE MAIN CIVIC PARKING LOT
334-4845

COMOX VALLEY
READY-MIX LTD.

CUMBERLAND, B.C.
PH. 336-2218

Ready Mix Concrete
Sand and Gravel
Trucking
Cement Finishing
Drain Rock
Loaders

COURTENAY
LUMBER

QUALITY SERVICE
& LOW PRICES
120 ISLAND HWY.
COURTENAY, B.C.
338-6788

HARTMAN AUTO
SUPPLY 338-7261

367 - Sixth St., Courtenay, B.C.



BRANCHES IN
CAMPBELL RIVER
& PORT ALBERNI

SEASIDE
MOTORS

SERVICE SALES PARTS
FOR
ALL VOLKSWAGENS

430 Puntledge Avenue
Courtenay, B.C.
PHONE 338 6791

YOUR AD
IN 800,000 HOMES!

Call our classified department to place your ad in more than 70 newspapers of the BC & Yukon Community Newspapers Association.

blanket classifieds

one call does it all
25 WORDS \$119



PEOPLE & PLACES

Chapel Chimes

OUR LADY OF THE SACRED HEART CHAPEL
CFB COMOX, B.C.

BASE CHAPLAIN (RC) - Maj J.T. Dabrowski
CHAPEL - Our Lady of the Sacred Heart (on Base)
OFFICE - Headquarters, Bldg 45, Room 48, Telephone:
339-2211, Local 2274

MASS SCHEDULE: Saturday 1900 hours
Sunday 1000 hours
Week Days 0900 hours

BAPTISMS & MARRIAGES - By appointment - notice
well in advance please.

CATHOLIC WOMEN'S LEAGUE - Second Tuesday of
the month in Parish Hall, preceded by Mass in the Chapel at
7:30 p.m. President: Mrs. Edna Sinclair, Telephone 339-
6883.

CATECHISM CLASSES - September - May in the PMQ
School at 1830 hours, every Wednesday. Religious
Education Co-ordinator: Mr. Fred Chiasson, Telephone
339-6488.

ST. MICHAELS AND ALL ANGELS
PROTESTANT CHAPEL

BASE CHAPLAIN (P) - Maj G.A. Milne
CHAPEL - St. Michael & All Angels, Wallace Gardens,
Bldg 88

OFFICE - Headquarters, Bldg 45, Room 48, Telephone:
339-2211, Local 2273

SUNDAY WORSHIP - Each Sunday - 1100 hours.

HOLY COMMUNION - First Sunday of the month.

SUNDAY SCHOOL - 1000 - 1100 hours, pre-school at 1100
hours. For further information contact Superintendent,
Michelle Wohlegemuth, Telephone 339-2885.

JUNIOR CHOIR - Practices 1530 hours each Wednesday.

SENIOR CHOIR - Practices 1900 hours Tuesdays - volun-
teers needed.

CHAPEL GUILD - First Thursday of every month at 2000
hours in the Chapel Annex.

President: Mrs. Diane Harrison, Telephone 339-6663.



ASK YOUR
PHARMACIST
by Bill McConachie B.Sc. Pharm.
Community Pharmacist, Vancouver
Shoppers Drug Mart

USE TODAY'S POTENT
MEDICATIONS SAFELY

There's more to baking a
cake than just turning on the
oven. Similarly, how you take a
drug is only part of the process
leading to better health.

Most important to note is
that a prescription is tailored
specifically for you and should
never be shared, even if a per-
son seems to have the same
symptoms.

Modern medicines are highly
specialized and your doctor
prescribes them according to
your particular needs. These
are never exactly the same for
someone else. Here are a few
tips to make sure you're using
medicines safely.

When medicine requires
refrigeration, it will usually be
noted on the label. However,
even if there's no indication, a
cool dry place is best for
storage. Think twice about
using the bathroom medicine
chest which often becomes hot
and steamy.

Store drugs in their original
container and don't remove the
label or allow it to fall off. If
you want to divide a prescrip-
tion in half before taking a trip,
don't just use any old bottle -
ask your pharmacist for a
second, correctly labelled one.

If you should ever have any
medication left over after
treatment, don't save it for
future use. Dispose of it safely.

If you go to more than one
doctor, make sure each one
knows about the drugs
prescribed by the other as well
as any non-prescription
medication you might be
taking.

The modern drug mart is
equipped with a patient
prescription record system
enabling your pharmacist to
keep track of all medications
you're using. This way,
possibly harmful drug inter-
actions can be avoided.

Finally, carry a wallet card
listing vital medical infor-
mation in case of an accident.
This card must speak for you if
you're unconscious, so make
sure it lists every condition
you suffer from and all
medications you're taking.



BRIAN HORLEY

As a member of the VIP Team I
believe value and service counts. If
you want true value & good service
GIVE ME A CALL TODAY



COMOX VALLEY FORD SALES
(1964 LTD)

360 1st Hwy
Courtenay 334-3161

JR LADIES CLUB

FALL
FASHION
SHOW

CLOTHES BY REITMAN'S
& MOUNTAIN MEADOWS

COST: \$5.00

DATE: 05 Nov 86

TIME: 7:00 PM

PLACE: JR Mess, Totem Lounge

Open to all JR members and spouses, other
ranks wives and female members. For more
info or tickets call: Kim 339-2591 or Donna
339-7777

1987 SHELBY CHARGER. TURBO



Stock No. 55160

2.2 litre eng., turbo charged, 4 cyl., 5 spd., am/fm
radio/cassette, sunroof, dual reclining cloth high
bucket seats.

List Price \$15,298

Sell Out 86

Discount

-\$500

Rebate Direct

from Chrysler

-\$500

OR

D.N.D.

"DISCOUNT"

OFF REMAINING '86s

Receive \$286.00 off your best deal when you present this ad
at the time of purchase.

COURTENAY CHRYSLER-PLYMOUTH
SALES (1970) LTD. OPEN 'TIL 8 P.M.

4487 Island Highway, Top of Mission Hill
Courtenay, B.C. 338-5451



The French train hogs and the Italians train dogs to sniff out truffles, a fungus that
grows in porous soil from three to 12 inches from the roots of oak and beech trees.
Truffles are a great - and expensive - delicacy.

Heat your home for LESS!

SAVE UP TO \$200* PER SEASON

☒ 2¢ a litre off reg. price

☒ 5¢ a litre in redeemable dividends

For details pick up a brochure at your
Canex Outlet or phone your Canex office

SAVING YOU MONEY THROUGH GROUP PURCHASES



* BASED ON AVERAGE HOME CONSUMPTION.

M.S.E. Driver Safety

What would you do?

You're driving in fast and heavy traffic when a piece of dirt
blows in your eye. It forces you to close one eye and the eye
begins to water. What should you do?

A. Slow down, keep one eye on the road and alternate
opening and closing other eye to wash and remove dirt.

B. Signal and ease right to stop and park off of roadway un-
til dirt removed.

The best decision

Your choice to signal and ease right to stop
AND PARK OFF OF ROADWAY UNTIL DIRT REMOVED
is the wise choice.
Yes, this is the same as having something go wrong with your
automobile. You stop and repair it. You stop and solve the
problem and then go on.
Also, there are certain physical limitations when you use just
one eye. For example, your whole depth perception changes.
Close one eye as you're walking down the sidewalk and you'll
see how flat everything appears. And, the blinking could give
you trouble with your ability to focus the other eye.

LIFESTYLE

Legion Log

Entertainment

BRANCH 17 - COURTENAY

Entertainment

Fri. 24 Oct. - TGIF Draw at 6:30. Dancing to MILLER TIME at 9 p.m.

Fri. & Sat. Oct. 24 & 25 - Music by MILLER TIME at 9 p.m.

Tue. Oct. 28 - General Meeting Legion Hall at 7:30 p.m.

Fri. Oct 31 - Dance to COUNTRY CLUB at 9 p.m.

Sat. Nov. 1 - Music by COUNTRY CLUB at 9 p.m.

Regular Activities

BINGOS - Monday, Thursday, Friday, Sunday at 7 pm.

MONDAY - Fun Euchre

TUESDAY - Pub Darts

WEDNESDAY - League Crib

THURSDAY - Fun Darts

FRIDAY - TGIF & MONEY DRAW at 6:30 p.m.

SATURDAY - FUN BRIDGE at 12:30

Now open Sundays 1 - 7 pm. Dress code in effect 8 pm Fri

& Sat. (No jeans or T-shirts)

"MORE PLAYERS WELCOME"

Phone 334-4322 (days) for more information.

BRANCH 160 - COMOX

New Hours

Branch now open on Sundays 1 pm to 7 pm.

Entertainment

Fri. 24 Oct. - Dance to the COUNTRYMEN.

Sat. 25 Oct. - ZONE TRAVELLING GAVEL, Dinner/Dance

6:30 p.m. Upper Hall, tickets \$15/couple

Fri. 31 Oct. - Dance to the ever popular WESTWIND.

Sat. 1 Nov. -

Sports

- Darts Darts Darts

Mens League every Monday night

Mixed League every Tuesday night

Open to all Branch 160, L.A. members and their bona fide

guests only.

Navy League Drop In Bingo every Wednesday night, upper

Legion Hall 7 p.m.

Pubnighers Garage Sale - Sunday 2 Nov. 11

a.m., Upper Legion Hall. Donations welcome.

Meat Draws are on again, every Fri and Sat at 6 pm.

Expo may be closed but Branch 160 is going strong. Come out

and support your Legion.

the back room restaurant

LUNCH 11:30 a.m. - 2 p.m.

Monday thru Friday.

priced from 2⁹⁵ - 6⁹⁵

DINNER 5 p.m.

Entree's priced from 5⁹⁵ - 12⁹⁵

FRIDAY & SATURDAY
RICH LAVOIE
"MR. VERSATILITY"

RESERVATIONS ACCEPTED

1509 Cliffe Ave 338-5755

Just across from the Westerly Hotel

About Muscular Dystrophy

It is often easier to talk to someone who has the same problems as you do. The Society for Muscular Dystrophy Information (International), P.O. Box 479, Bridgewater, Nova Scotia, Canada, B4V 2X6, was formed to collect and share international information to help those with Muscular Dystrophy and their families better cope with the everyday problems of living with a disability. Anyone interested, please contact James Dobson, President.

The Society for Muscular Dystrophy Information (International) believes that wherever one goes in the world, human beings are more or less the same. Their manners, behavior and outward pattern of action may differ, but psychologically and inwardly, their problems are the same. Therefore, this organization's aim is to improve the quality of life of the handicapped person by sharing international information.

The Society for Muscular Dystrophy Information (Inter-

national) has contacted 128 countries concerning Muscular Dystrophy and is trying to maintain contact with international Muscular Dystrophy Associations, groups or chapters, and other international resources in Argentina, Australia, Austria, Belgium, Brazil, Bulgaria, Britain, British Honduras, Canada, Chile, China, Czechoslovakia, Denmark, Finland, France, Germany, Guatemala, India, Ireland, Italy, Israel, Japan, Malta, Mexico, Netherlands, New Zealand, Norway, Pakistan, Panama, Peru, Poland, Puerto Rico, Romania, Singapore, Spain, Sweden, Switzerland, Scotland, South Africa, U.S.S.R., U.S.A., Uruguay, and Yugoslavia. From these countries they have received various books and other literature.

They would like to hear from anyone interested in an international muscular dystrophy newsletter which would contain: (1) editorial; (2) grass roots world scene on muscular

dystrophy; (3) personal stories of how people are coping with muscular dystrophy; (4) translation of technical information on muscular dystrophy into lay terms; (5) international information on mechanical aids and adaptations to living quarters and transportation, etc., as well as leisure activities, which would be of value to all persons with a handicap; (6) questions and answers to your problems of living with a disability.

The society is not a branch of the Muscular Dystrophy Association of Canada. Our mandate is to work with the international Muscular Dystrophy Associations in improving the quality of life of the handicapped person by sharing international information.

For more information, please contact J. Dobson, President, or L. Dobson, Secretary, Society for Muscular Dystrophy Information (International), P.O. Box 479, Bridgewater, Nova Scotia, Canada, B4V 2X6.

On Stuttering

Stuttering is a speech handicap that affects about 1% of the population, with males three times more likely to be a stutterer than females.

Despite extensive research no definitive cause and therefore no cure has been found, but several hospitals and speech clinics do offer speech therapy which helps to alleviate this frustrating impediment.

There is now a charitable non-profit Canadian organization for stutterers and anyone else interested in the problem. This group, 'speakeasy', was formed so that stutterers would have a nation-wide network for mutual assistance, information and friendship.

For more information about this self-help group please write to:

SPEAKEASY
95 EVERGREEN
SAINT JOHN, N.B.
E2N 1H4

Courtesy
Gordon Moore
7-36 Northview
Nepean, Ont.
K2E 7E4

Next Deadline
3 Nov 1986CFB DANA
OWL'S NEST
REUNION

24-26 OCT 86

THE NO. 1 BIRD INVITES ALL EX-WESTLINGS TO A FUN-FILLED WEEKEND OF SOCIAL AND RECREATIONAL EVENTS. THE REUNION ACTIVITIES INCLUDE:

- A MONTE CARLO MEET AND GREET
- A FUNSPIEL FOR ALL ATTENDEES
- AN INVITATIONAL TOUCH FOOTBALL TOURNAMENT
- A CO'S WELCOME LUNCHEON
- AN ORKNEYFEST COMPLETE WITH GERMAN FOOD AND MUSIC
- A PANCAKE BREAKFAST

SO SEE YOU AT THE REUNION!!!

FOR FURTHER INFORMATION REGARDING WEEK-END ACTIVITIES AND ACCOMMODATION ARRANGEMENTS AT THE NEST, PLEASE CONTACT CAPTAIN JIM CARTER AT CFB DANA, 942-3301 LOCAL 261 AS SOON AS POSSIBLE.

SECTION NEWS

more Anker Klankin'

continued from page 2

served with your choice of port, wine, or Bailey's. Those who still had room had a pick from various types of fruit, pudding, and cookies. Total attendance at the meal was fifty-two.

Thanks to the wood gathering patrol, led by Wayne (Chainsaw) Cuthbert, a huge fire burned bright enough to light up the night and allow people to see their plates as the meal got off to a dark start (1900 hrs).

After the meal, everyone gathered around the fire to tell a few jokes and sing a few songs. George and Ben were on guitar accompanied by Dennis and Randy on harmonica. The French contingent was represented by Ron (Alcool) Fortin and Jaques Leroux, who

did their versions of the popular French songs. Leroux is the first Frenchman I've heard imitate Elvis Presley. Then the officers did their version of Old MacDonald's Farm. They were pullin' it here, pullin' it there, and pullin' it everywhere. The Mike Cummings did his best to teach everyone the evils of alcohol and heal all the sinners in the crowd. The next day he was wishing he had taken his own advice. Next the Avionics Section did their version of the dating game. When the lovely contestant asked Swervin' Merv how many times he could satisfy a woman in one night he blushed and turned his seat over to Come-Again Shelly. The results of an unofficial pole show that the Avionics

skit was second only to Ron "Barfie" Fortin's show - The Call of the Wild - which got kind of messy. If Fred K. doesn't get his moose, he should take Barfie along next time.

After the planned performances were over, individual performances began popping up all over. Ted Town did a new dance step on his way to his camp, 2 steps forward, 5 steps to the left, 2 steps forward, 5 steps to the right and so on. Eventually most everyone was doing it. Merv tried dancing with the steering wheel of Len's truck and his sleeping bag but Wayne (60s child) Southward cut in and they did the Ted Town Step past the fire and into the sleeping tent, where Wayne deposited Merv

for the night.

I'm told there was a wild chicken around dropping eggs in hats (specifically the CO's and the DCO's hats). Second rule of survival: never let a friend put your hat on your head for you. They weren't the only officers having troubles, Wayne was found laying in the sand talking to Ralf. His fellow workers helped him to his truck where he made like Killroy over the tailgate. When he was checked upon later he was heard to say, "Do what you want, I'll get even."

In the morning it was hard to tell if there were any survivors. "Barfie" was doing his Call of the Wild routine. Mike Cummings was looking for his socks and wishing he had taken his own advice last night. Jones

decided to check Weiner "Dayglow" Lavigne's truck window to see if it passed standards - it didn't. You should have wrapped your raincoat around the truck, Weiner. Gene Meyer was found clutching Michelle's Teddy Bear. "It's mine," he says.

Well, after everything was over and done with the SAR Techs announced that everyone had passed the survival training and the certificates would be in the mail.

The squadron would like to thank everyone who helped in any way throughout the base to make this trip as successful as it was. Thank you!!! Also, thanks to those squadron members who stayed back to fulfill the squadron's commitments while we were away.

Classified

RATES

Effective February 24, 1986 ALL Insertions will be \$3.00 per column inch.

NANAIMO REALTY
RENTAL DEPT.
576 England Ave.
PROPERTIES
AVAILABLE
PROPERTY
MANAGEMENT
334-3124

FOR SALE 3 BR house, 483 Woods Ave. Carport, RV pad, patio, covered deck, workshop and storage. 1 1/2 bath, fully finished base't. Lg landscaped lot. Ph 338-0259 Listed at \$61,500, mtg assumable W.O.Q.

PARADISE PRODUCE
1745 Comox Ave.
339-4131
Specializing in high quality fruits and vegetables. Every Wednesday is 10% discount day.

FOR SALE 14 ft Bellevue trailer. 3W fridge, heater, 2B stove. Sleeps 4....Many extras...\$2000.00. o.b.o. 338-0259

Apartments For Rent - Furnished bachelor suite - \$250.00. Unfurnished one bedroom \$275.00. Rent includes - heat, hot water, cable. Close to Base. Greenwood Apartments 1751 Greenwood Cres.

ANTIQUE AND COLLECTIBLE SALE
Thurs. Nov. 13...9:30 - 9
Fri. Nov. 14...9:30 - 9
Sat. Nov. 15...9:30 - 6
Sun. Nov. 16...12 - 5
DRIFTWOOD MALL
COURTENAY

Think
Snow

Experienced Babysitter has opening for 1 year to 3 year old children. Call 339-4027 Tyee Park location.

The word "fate" comes from the Latin "fatum" meaning "that which is spoken."

Give
The
United
Way

Learning begins at home

62
SHOPPING
DAYS TIL
CHRISTMAS

RIVERSIDE PARK
RENT REDUCTIONS
Does Your Rent Include?
—fridge, stove, dishwasher, washer and dryer in all 2 bedroom units.
—fireplaces and large balconies
—1 1/2 baths with Jacuzzi tubs
—saunas and exercise room
—party room with wet bar and ping-pong
—swimming pool
—free cablevision
—excellent view suites available
—extra large suites
—rents from \$380.00

If not —
PHONE: 338-7973
"Best value for your rental dollar"
Custom Property
MANAGEMENT LTD.

FOR SALE - 12 x 64 mobile. 3 BR. Very good condition. Fenced yard, 10 x 12 workshop. Great starter home, 1 mi from Base. \$10,900 Phone 339-0309

BUILDING MATERIALS
Lumber & Plywood
Panelling - Arborite
Doors and Windows
Builders Hardware - Tools etc.
Electrical and Plumbing Supplies
Paints and Finishes
Roofing - Siding
Cement Department
Truck Delivery
Customer Financing
Central Builders
610 Anderton Avenue
Phone 334-4416

Customers Waiting
We have ready made Customers waiting for your product...such as...Good clean Motor Homes, Travel Trailers, Trucks, Van Conversions, Cars, 5th Wheels, Boats.
We have the finest exposure on Van Island.
We have full time, live-in security.
FREE pick up and delivery anywhere on Van Island.
Open 7 days a week for your inspection.
Consign with us — with a guaranteed payout price in writing.
Lantzville Recreation Centre Ltd.
6 miles North of Nanaimo with 600 units sold last year.
Phone 390-3441
Dealer 7363



AS SUBMARINES BECOME QUIETER AND THEIR TORPEDO AND MISSILE RANGES INCREASE, THE ASW PROBLEM BECOMES MORE AND MORE ACUTE. THE ASW DIVISION OF COMPUTING DEVICES COMPANY ENJOYS A WORLD-WIDE REPUTATION FOR EXPERTISE IN DEVELOPING SOPHISTICATED SYSTEMS FOR SUBMARINE DETECTION AND LOCALIZATION. FOR MORE THAN 24 YEARS WE'VE BEEN "HEARING THINGS" IN THE OCEANS OF THE WORLD — THINGS THAT OTHERS CANNOT HEAR.

AN/SQR-501 CANTASS

The AN/SQR-501 Canadian Towed Array Sonar System (CANTASS) is used for long range passive detection of threat submarines. CANTASS is designated for use by the Canadian Navy's ASW fleet including the CPF. CANTASS will provide Canada's Navy with the world's most cost-effective, powerful and sensitive system for ASW detection, classification and targeting. It will reinforce Canada's position as a world leader in ASW operations and technology.

AN/SQS-510 ACTIVE SONAR

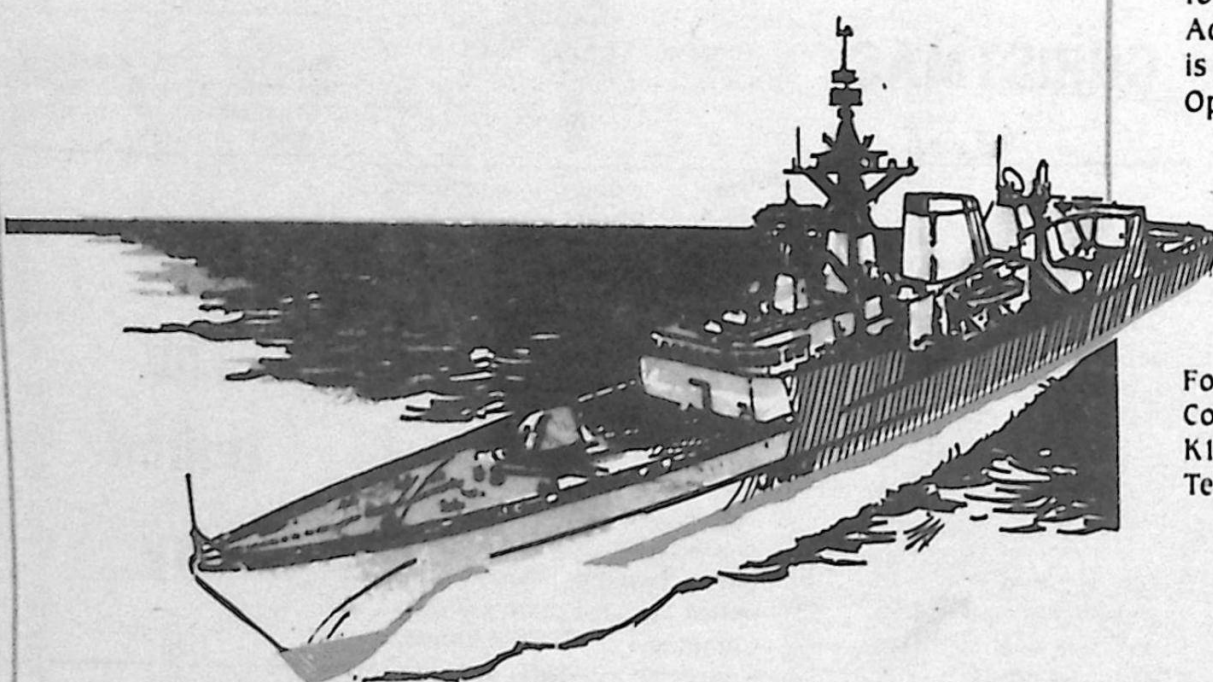
The Canadian Navy has selected Computing Devices Company to design and develop the AN/SQS-510 Active Sonar for its ASW fleet of the 1990s. The SQS-510 comprises the transmitter and wet end subsystems and the display, control and processing subsystems. An advanced development model of the SQS-510 Sonar System is now at sea with the Canadian Navy.

AN/UYS-503 SONOBUOY PROCESSOR

The AN/UYS-503 Sonobuoy Processor (SBP) is designed around a new architectural concept that fully exploits the potential of new microprocessor and dense memory components to give a simple, powerful, easily maintained and easily expanded system.

The AN/UYS-503 has won international competitions for the Swedish Navy and the Royal Australian Navy. Additionally, it is on order for the CPF and the system is being flown by the CFB Shearwater's Helicopter Operational Test and Evaluation Flight (HOTEF).

For information please contact: Computing Devices Company, ASW Division, P.O. Box 8508, Ottawa, Canada, K1G 3M9 Telephone (613) 596-7051, TWX 610 563 1632, Telex 053-4139.



HEARING THINGS



COMPUTING DEVICES COMPANY

a division of Control Data Canada Ltd