



TOTEM TIMES



Canadian Forces Base Comox B.C.

Vol 28 No 7

April 17, 1986

Deadline is Monday May 5, 1986

Cost: Priceless



From The Top Rung

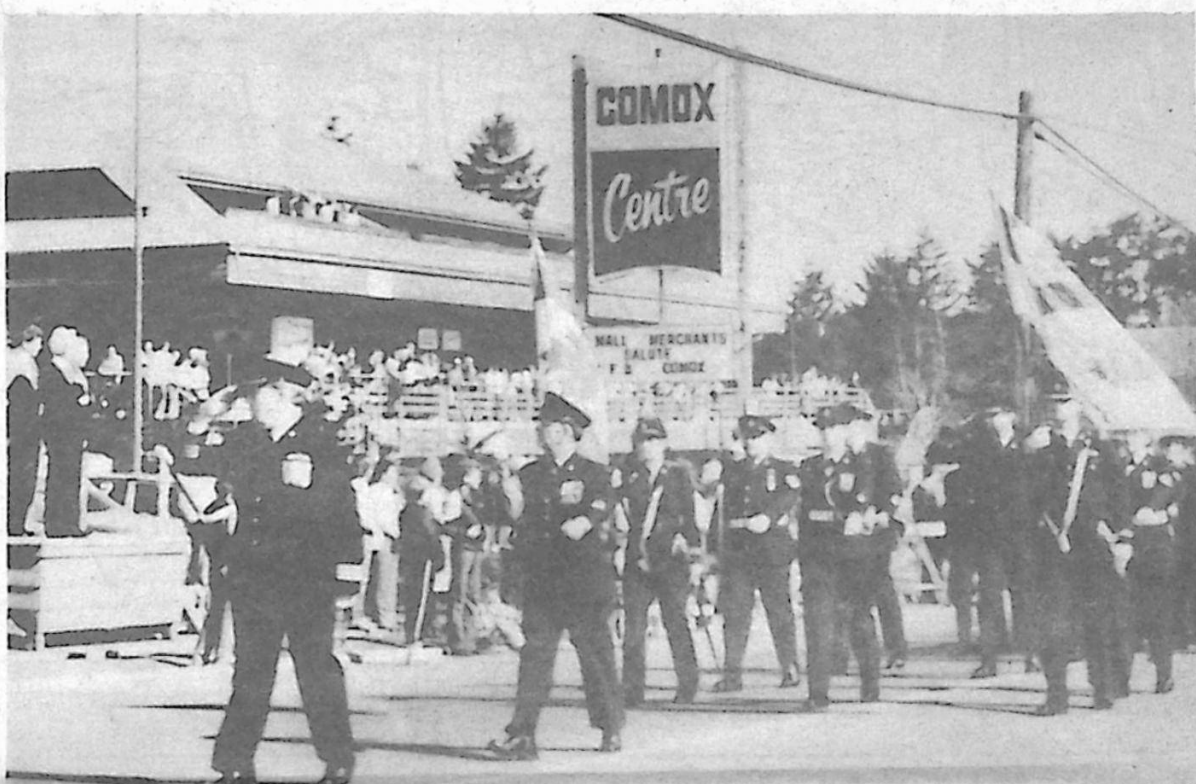
Col. Bob Kadonoff

I recently had an opportunity to debrief most members of the base on the results of OPEVAL 86. Unfortunately, and for a variety of reasons, there were some who could not be present at the time. I would, therefore, offer the following to those who were absent and also provide some information to our spouses who have endured the seemingly endless inconveniences of the period.

OPEVAL 86 was the culmination of a long training period that began earnestly in the fall of 1985. A series of local exercises, each becoming more complex, enabled us to perfect the basics of operating as a team and eventually to participate in a full-blown exercise in March of this year. At each step of our training it was evident that everyone had a positive attitude, showed a willingness to learn and took tremendous pride in attaining the highest state of readiness and proficiency. On reviewing the results of the OPEVAL it was clear that our preparations were worthwhile. Without exception, every organization on this base met or exceeded the high standards demanded by the OPEVAL team. The evaluators were unanimous in their praise of the "can-do" attitude displayed by all. In particular, and this is a special source of pride to me, they complemented our junior supervisors on the way they took control of a situation, made decisions and successfully completed an activity. It is because of this sort of leadership demonstrated by our young people that I am confident that we can meet the challenges of the future.

To all members of the base, my sincere congratulations for a job extremely well done. You have succeeded in achieving a new level of professionalism for which we can all be very proud.

...As We went Marching through Comox



LCol Al Brown our illustrious BOpsO leads the troops in fine step through the streets of Comox. The parade was held recently to exercise the "Freedom of Comox" which was granted to CFB Comox back in 1984. Some 400 troops were on parade in their finest attire and compliments were in abundance from the well wishers lining the streets. Major George Piercy took the salute in front of a very appropriate Comox Mall display sign. Our thanks go out to the Naden Band for their wonderful support during the parade...and "Red Lead, you were simply marvelous."



To our pal Mary-Jane

Danke Shone
Auf Wiedersehen
Gute Fahrt

OpEval 86
see page 14 & 15



Foster's Snowbirds

They swooped, they soared, they inspired...and now they sing. When David Foster, the composer of "Tears Are Not Enough," saw the Snowbirds in Ottawa last July, he expressed a boyhood wish: "If there's any way..."

His wish came true last week, and he rode with our aerobatic team, not just for a once in a lifetime thrill, but as the composer of a music video, "The Flight of the Snowbirds." Foster, who produces albums for the likes of Dianne Warwick, Gordon Lightfoot and Barbara Streisand, was here last week with Toronto's John Zaritsky, to make a documentary about the Snowbirds which will be shown on CBC-TV in the fall.

Vancouver's Maureen Jack conceived the idea of a documentary with the music video, and called David; after a lot of arranging through Capt. Bob Curran of the Snowbirds, the documentary was under way.

"The jets are my co-writers," says Foster. "It's like a boyhood dream come true."

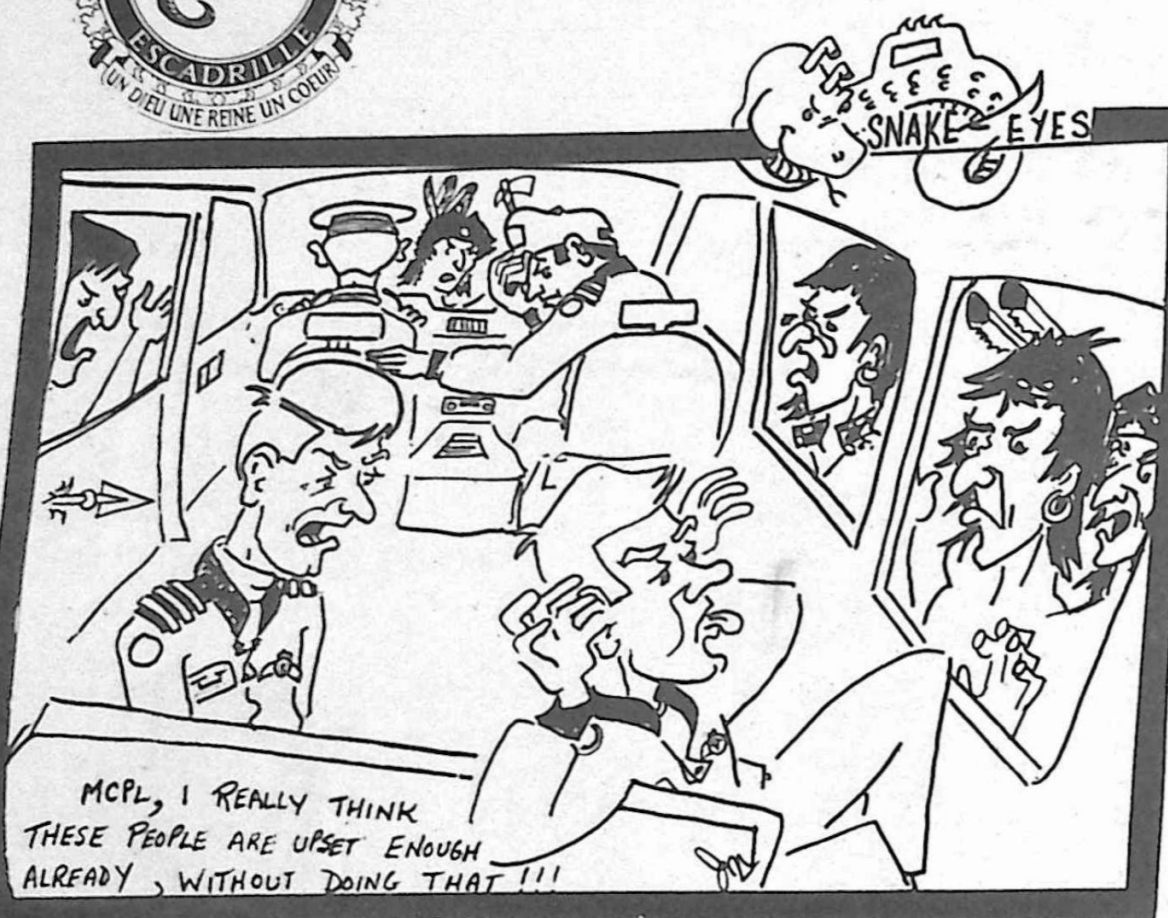
A Victoria native, David has had his own pilot's licence since he was 18. He owns a Cessna twin 310 now.

The song, "Flight of the Snowbirds," is expected to appear on the Much Music video channel by early July, featuring the 21 pilots and groundcrew of the CF aerobatic team, and their red and white training jets from CFB Moose Jaw.

SECTION NEWS



442 Squadron



Boeing/Vertol rescue citation



Boeing/Vertol awards were presented recently to members of 442 Squadron pictured L to R are Sgt. Ron Holliston, MCpl Gary Carter, Capt. Bob Grant and Lt. Daniel Lachance.

The crew of "Rescue 305" a 442 Squadron Labrador helicopter, has won two civilian awards for bravery in recognition of their actions during a rescue in the Hecate Straits in April, 1985.

On March 20th, it was announced that Captains Bob Grant and Mike Vermette, Sergeant Ross Dowe, and Master Corporals Gary Carter and James McCluskey, as well as Corporal Brad Gough, had been selected as joint recipients, along with a US Coast Guard helicopter crew, of the

Avco-Lycoming/Aviation Association "Helicopter Heroism Award" for 1985. The award will be presented in Washington, D.C. on May 12th at the annual conference and banquet of the Association. Included with the award is return air transportation, hotel accommodation, and meals during a five night stay in Washington D.C. for the recipients and their wives. It is noteworthy that this is the first time in the twenty-year history of the award that it will be presented to Canadians. The

crew was nominated for the award by Toronto Star columnist for military and defence affairs Ron Lowman, a member of the Aviation Writers Association.

In addition to the Avco/AWA award, Captain Grant and crew will also receive the Minister of Transport's Bravery Award, at a ceremony aboard the Canadian Coast Guard vessel "Pearkes", in Vancouver harbour on May 3rd. This award, to be presented simultaneously to the crew of the US Coast Guard helicop-

ter 1434 from Sitka, Alaska and the crews from the Coast Guard vessels "Point Henry" and "Racer", was recommended by Captain Peter Golden of the Canadian Coast Guard, Vancouver, Regional Manager for SAR in the Pacific Region.

The incident for which the 442 Squadron crew has won these awards, occurred on April 25th, 1985 in the Hecate Straits off the Queen Charlotte Islands.

SAR Hecate Straits - 25 April 1985

On the morning of 25 April 1985, a fierce storm in the Hecate Straits off B.C.'s northern coast struck a fleet of over 400 halibut fishing vessels, many of which were ill-equipped to cope with the ferocious winds and sea conditions. At least eight vessels declared a distress whilst encountering winds in excess of 70 knots and seas running in excess of 40 feet.

A Labrador helicopter from 442 Squadron, call sign "Rescue 305", played a prominent part in rescue operations during the storm. Their rescue efforts involved the "Miss Rachel", a 55-foot vessel with four persons on board, disabled with a fouled propeller. Although anchored, the vessel was at the mercy of the wind and seas. Working in conjunction with the Canadian Coast Guard vessel "Point Henry", Rescue 305 successfully removed two crew members from the stricken vessel. The Point Henry had launched an outboard-powered zodiac inflatable boat when attempts to manoeuvre close to the Miss Rachel were unsuccessful. With two crewmen from Miss Rachel aboard the zodiac, the two Coast Guard personnel headed back to the Point Henry. After boarding only one of the Miss Rachel's crewmen aboard Point Henry, the outboard on the zodiac failed, and the boat began to drift.

Only after Corporal Gough was taken safely aboard the Point Henry, did the Labrador depart the scene, critically short of fuel.

Coast Guard crewmen. The third hoist was performed by the other Search and Rescue Technician, Corporal Brad Gough, also utilizing the horse collar.

An attempt was then made to remove the remaining two crewmen from the deck of the Miss Rachel. Corporal Gough was again lowered on the hoist cable, which was oscillating violently due to the high winds. Moments after Corporal Gough landed on the pitching deck of the Miss Rachel, he was yanked abruptly off the aft end of the boat by the hoist cable. He was slammed against the stern of the vessel and then into the water as the high seas and winds buffeted the vessel. After leaving the water a third time, he gave the signal to the engineer in the helicopter to cease the hoist attempt and to bring him back up to the Labrador. As he was being hoisted upwards, the cable began a violent oscillation in full 60-foot arcs. The cable contacted the hinge on the lower door of the Labrador and was severed. Corporal Gough fell some 60 feet into the ocean. He managed to give a "thumbs-up" signal to the engineer, and the Point Henry was asked to proceed to his location and effect his rescue.

Only after Corporal Gough was taken safely aboard the Point Henry, did the Labrador depart the scene, critically short of fuel.



YOUNG PEOPLE AND TREES CANADA'S FUTURE



Good Health Through Natural Foods & Vitamins
Bulk Quantities Available
Toll-free, Appliances, Books
Wine Art Supplies
Vitalizer Rebounders
COMOX 1783 Comox Ave.
339-5111
PROMPT MAIL ORDERS
DISCOUNT FOR SENIOR CITIZENS

SECTION NEWS

AVCO/AWA Helicopter Heroism Award



CAPT. ROBERT GRANT
Aircraft Commander



CAPT. MIKE VERMETTE
First Officer



M/CPL GARY CARTER
Flight Engineer



M/CPL. JAMES MCCLUSKEY
SAR Tech



CPL BRAD GOUGH
SAR Tech



SGT. ROSS DOWE
Flight Engineer

20 Years of Courage

This year the Aviation/Space Writers Association (AWA), in conjunction with Avco Lycoming Textron, will mark their 20th anniversary of honoring acts of outstanding heroism involving the use of a helicopter. Twenty years of recognizing unselfish acts of courage.

This annual international award draws nominations from all over the world, and past awards have been presented to a distinguished roster of helicopter pilots and crew members, representing both civilian and military aviation.

The 20th Avco/AWA Heroism Award will be presented at the annual conference of the Aviation/Space Writers Association to be held May 12-15, 1986 at the Gateway Marriott, Crystal City, Virginia. The winner will be provided an expense paid trip to the ceremonies, where Avco will present this prestigious award together with an honorarium. The winner's name will be inscribed on a trophy permanently displayed at Avco Lycoming Textron, Stratford, Connecticut. This 20th anniversary awards dinner is expected to be an exciting evening.

The Aviation/Space Writers Association is an organization of leading journalists and public relations representatives in the United States and Canada who write for and about the aviation industry Avco Lycoming, a subsidiary of Textron Inc. is a leading aerospace manufacturer. Its Stratford Division produces gas turbine engines for helicopters and fixed wing aircraft as well as for marine, industrial and vehicular applications.

Ed Note:

The 20th anniversary winners are from 442 Squadron and were members on Rescue 305. The rescue mission took place on 25th April 1985 in the Hecate Straits and is documented on Page 2. Congratulations Gentlemen.

JOBS! JOBS! JOBS!...

June 3rd is Census Day and that means some 210 jobs to people living in the North Island/Powell River area. Statistics Canada needs to hire that many people to visit very household to drop off a Census questionnaire. Applications for Census Representatives will be taken through local Canada Employment Centres. Priority will be given to hiring students

and young people aged 18 to 24 through a Student/Youth Employment Program. Representatives will be paid on a piece rate based on an hourly rate of \$7.30. For the work they perform, over an approximate five week period, they can expect to earn an average of \$600 to \$800.

Census Representatives will start training May 21st. They must be available to work from

this time through to the end of June. During the last week of May, Census Representatives will begin dropping off Census questionnaires. Householders are requested to complete their forms on June 3rd and mail them back. In rural areas Census Representatives will return to pick up the questionnaires.

Questions on the forms deal with topics such as marital

status, age, sex, and education. An individual's answers are kept strictly confidential. All Statistics Canada employees take an oath of secrecy and are liable to fines and/or imprisonment should they breach that oath.

In British Columbia and the Yukon there will be approximately 4,500 Census representatives, of which 3,000

Census Day is Coming

are targeted to be staffed through the Student/Youth Employment Program. But

other interested persons should also apply. People interested in

working as a Census Representative should apply in person at their local Canada Employment Centre.

EDITORIALS

Are You Reading...

So many people are involved in aviation safety education these days. Some are studying human factors, some, aircraft crashworthiness, others, cockpit resource management. Pages and pages of information is available through books, training manuals, magazines and newsletters. But the question is, who reads it? Certainly the aviation buff - you know, the one who has subscriptions to every aviation publication ever printed, who fills in his log book at the end of each day and who is constantly revising his resume to reflect each new gem of hard earned aviation experience. So do the more enlightened company management as well as government "aerocrats" like us.

But more importantly, who's not reading it? Quite simply, the people who couldn't care less. These people are well aware that information of this sort is available to them but they have other interests. Flying to them is a job. Many have been languishing in the same company for a number of years. They are locked into a seniority number and are gradually progressing (or stagnating) as the years go by. They have no intention of applying for a job elsewhere unless of course, due to the vagaries of the economy, they

find themselves laid off. Aircraft performance charts bore them and they refer to the pilot's operating manual only before check rides. They prefer such topics as the stock market, golf and basement refinishing techniques. They freely admit that they are in the business because it's the only skill they have, they like the time off and they feel comfortable. Through constant repetition they have become competent stick handlers but whenever a "systems" problem crops up they tend to rely on the knowledge of other crew members.

How can these people be shaken out of their lethargy? How can they be motivated to read the safety material that lands in their mail boxes? Maybe through the hard sell approach that's so effective with beer and cigarettes. Or perhaps through more training and examination on safety-related topics. However this is achieved, the problem is not with the people reading this article. It is with those who toss this newsletter along with other safety material into the nearest garbage can.

Do you fly with people who fall into this category? If so, try to wake them up and arouse their interest. After all, to learn is to live.

Courtesy Aviation Safety letter

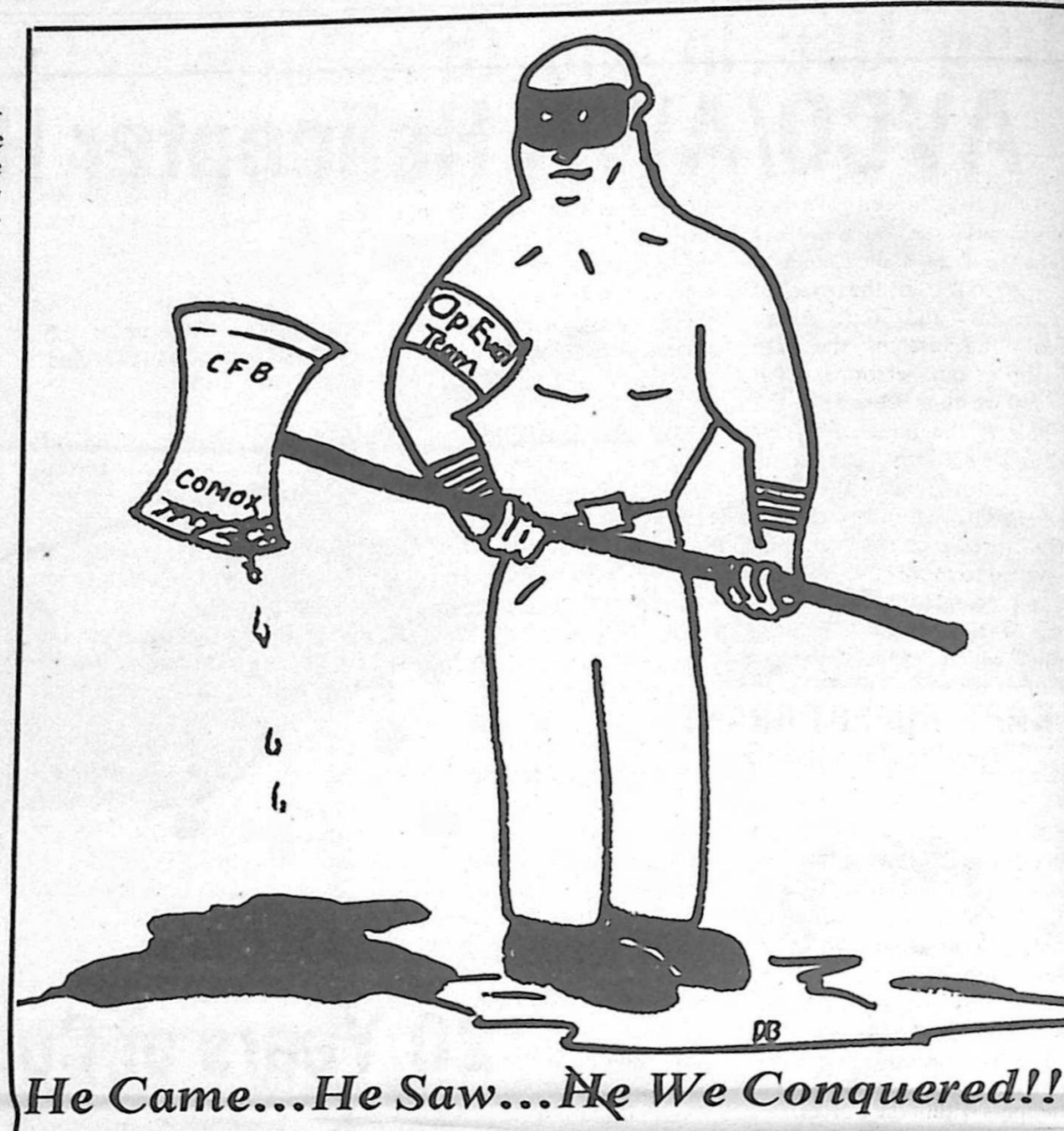
Next Totem Times Deadline

MONDAY MAY 5th

A DC-3 Airmada will be held June 7, 1986. All planes will be based at the Abbotsford Airport where a STATIC display will be held June 6, 1986. It is expected that 50 plus grand "Ladys of the Sky" will participate from all over North America and Internationally and we are sure many will remember the part that the DAKOTA played during WW11.

Why not attend this historic event.

**National
Physical Activity Week
May 24-June 1, 1986**

Dakota
Nostalgia

TOTEM TIMES
Read in the best messes in the Canadian Forces
C.F.B. COMOX
LAZO, B.C.
V0R 2K0

Published every second Thursday, with the kind permission of Colonel Kadonoff, Base Commander, CFB Comox.

Second Class mail registration is 4098. Office phone: 339-2541

EDITOR: Gord Kruger (Local 2289)
BUSINESS MANAGER: Ron Fisher (Local 2560)
CIRCULATION MANAGER: Shawn & Susan Johnson 339-0580
SECRETARY: Cathie Gibson
CAMERA OPERATOR: Dave Blamire, Dave Gibson
Jerry Walton, & Tammy Boucher
PHOTOGRAPHY: Base Photo
EDITORIAL STAFF: Bob Hallowell, Gerry Gerow
Dick Ulm & Norm Blondel

The Totem Times is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item. "Advertising is an offer to sell and may be withdrawn at any time." Address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C. V0R 2K0. Subscription rate: \$6.50 per year.

Printed in Courtenay, B.C., by the Comox District Free Press

WINNER
CANADIAN COMMUNITY
NEWSPAPER ASSOCIATION
BEST NEWSPAPER COMPETITION

EDITORIALS

Drug Use in the CF...Enforcement and Deterrence

"For years, the Canadian Forces have enjoyed a very strong national and international reputation. We are small; yet, we have always managed to make the Canadian Forces count in the eyes of Canadians and our Allies, mainly because of the high quality of our personnel. That is what we must protect."

This is the philosophy, expressed by BGen Pierre Lalonde, Director General Personnel Careers Other Ranks, behind a new three-pronged program designed to more strictly enforce and increase the deterrent effect of the current CF drug policy which prohibits the use of illicit drugs by any member. The new program, expected to be implemented as soon as the necessary resources and regulations are in place, was announced in December by the Chief of the Defence Staff Gen Gerard Theriault. According to Gen Theriault, it is being introduced to deter any threat that drug use might impose to standards of health, productivity, personal efficiency and reliability, fitness, safety, security, moral and operational readiness within the Forces.

The main components of the proposal are: more emphasis on the educational aspects of the existing drug and alcohol prevention program; a more active program of deterrence and investigation of drug usage, supported by an increased number of properly trained and equipped investigators; and the introduction into the Forces of a random, but compulsory, urinalysis program. The urinalysis is deemed as the least invasive and most specific means of detecting recent drug use.

At the present time, staffing is ongoing to put the program into place. Also, during this interim phase, CF personnel are being informed of the forthcoming emphasis on enforcement and deterrence. "We don't want to take anyone by surprise," says BGen Lalonde. "Although we will resort to administrative and disciplinary measures, our aim is not to catch, or punish people. It is to discourage, or prevent them from using drugs illegally."

The actual rates of non-medical use of drugs among CF members, determined by survey in 1982, appeared to be very close to those prevailing across Canada. "We shouldn't be surprised by the incidence of drug use in the Forces because we draw our recruits from a population that is generally

reflective of Canadian society," says the program spokesman. However, he continues, the facts remain that drugs are illegal, they are clearly prohibited under CF regulations and any use whatsoever within the Forces is considered incompatible with the effective discharge of military duties.

REDUCED PERFORMANCE
"Drugs reduce an individual's performance and capabilities," says BGen Lalonde. He feels that because of the highly complex nature of the work of CF members, and particularly in light of their access to a variety of potentially dangerous weapons, it is especially important that members not be impaired.

Gen Lalonde describes drugs as a solvent, which, in other nations, have led to increased casualties in the field of battle. "Drugs unglue the homogeneity of the military team. In the military, everyone depends on everyone. We owe it to every individual to ensure that everyone is mentally and physically prepared to give his best support," he explains. "More important, we owe it to Canada to ensure that we field a force of people who are mentally and physically alert. Drug users are soft - they're losers and we don't want losers in the Forces." According to BGen Lalonde, "A user is a loser and in the Canadian Forces there is no place for losers" could be the theme of a new campaign against illicit drug use in the Forces.

The new program will focus on the establishment of extremely effective detection techniques. One technique proposed is the use, on a number of selected bases, of dogs trained in detecting illicit drugs. Another is the establishment of a central intelligence network to compile and disseminate drug information. As well, specialist investigative teams, working under cover with sophisticated equipment, will be employed regionally.

**COMPULSORY
URINALYSIS**

Enforcement will be enhanced with the introduction of compulsory urinalysis throughout the Forces. Personnel, selected at random, will be required to submit to periodical urine-testing under a new CFAO which is now being developed.

Though the regimen of mandatory testing will not begin until later this year, a preliminary "blind" trial was

conducted in February at CFB Borden. Some 550 members, whose names were not recorded, were tested at that time to provide updated information on the levels of illicit drug use in the CF today and to allow preliminary testing of urinalysis procedures and equipment.

When compulsory urinalysis is implemented, National Defence Headquarters, in concert with the chain of command, will plan a number of samples and the locations of testing on a yearly basis. Units will collect the samples and processing will be done through the Military Police network.

Current disciplinary and administrative procedures will be applied for members whose urinalyses show evidence of drug use. Responsibility for these measures will lie with the Commanding Officer, in consultation with senior command

and the Judge Advocate General. Refusing to undergo urinalysis will also subject a member to disciplinary action by his Commanding Officer for disobeying a lawful military command. "In simple terms, our enhanced ability to detect drug use will mean that service personnel who use drugs are playing Russian roulette with their careers," explains BGen Lalonde. "The odds of detection will be high."

ENHANCED EDUCATION

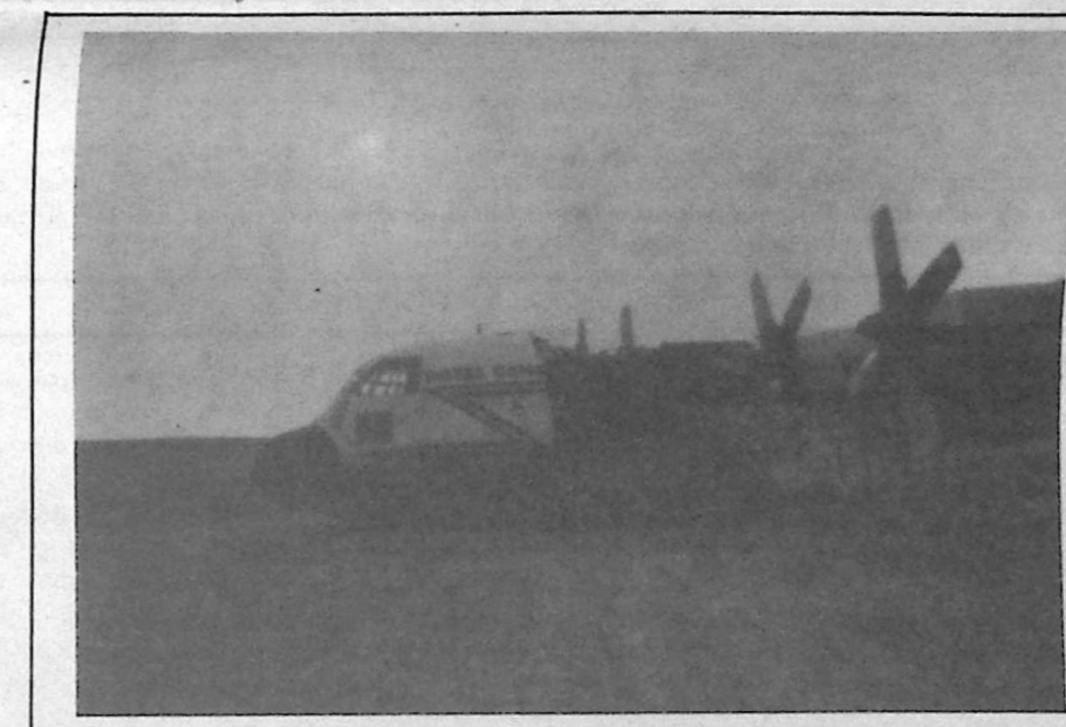
BGen Lalonde also sees the enhancement of the educational aspect of the current drug and alcohol prevention program as a positive approach. Drug education will be targeted towards junior ranks and to members in positions of leadership. In the words of BGen Lalonde "it will also be directed to the generation that has difficulty distinguishing a

marijuana plant from a fir tree" and yet has supervising and enforcement responsibilities. Curricula of two types of educational teams, one didactic and the other participatory, are being developed now. This will lead to the development and dissemination of materials to units and schools. Specialist instructors may be used in addition to trained unit instructors.

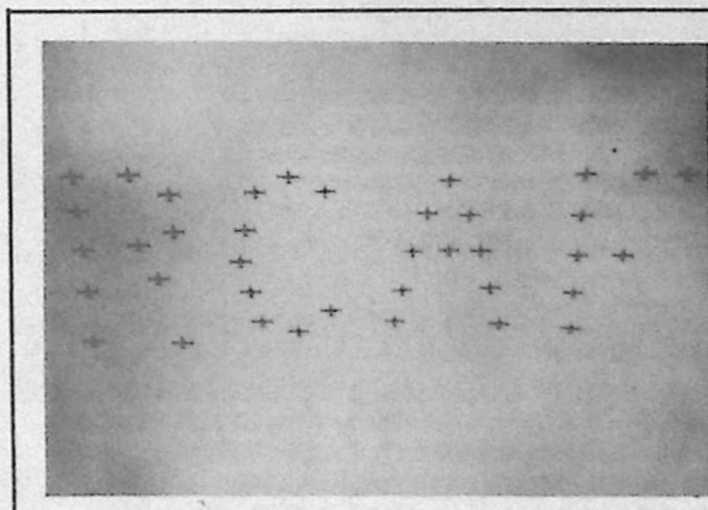
In the interim, according to CDS direction, Commanders are placing new emphasis on their existing drug programs by using their current resources of drug education units, base drug education officers and Military Police to their best advantage.

BGen Lalonde emphasizes that the new program simply underscores the importance in the Canadian Forces of ensuring the total capability of military personnel to effectively discharge their military duties in accordance with their training.

Military trivia What? Where? Why? When?



Answer From Last Issue



No, Trivia fans, this is not the flypast from the 35/50 anniversary in 1959. These are T-birds from Gimli and Portage participating in "Showtop", the AFHQ Airforce Day Flypast. The birds in this shot are flying over the Parliament Buildings on June 9th, 1962.



SECTION NEWS

Demon Doins

The "Demon Reunion" draw....406 to go



Kyle Jones gets a good grip on the bucks as squadron C.O. LCol Terry Rogers hands over loot for the first ticket sold on the 407 Squadron Reunion Draw. They are only selling 407 tickets and the prizes are all monetary. If you'd like one, grab your favorite Demon and get a ticket. Remember....there's only 406 tickets left.

DIAC Display & Control Grads...



Congratulations to recent graduates of the DIAC Display and Control Course 8601. Front row (l-r) WO Jorgensen (DMTO), Lt. Col Rogers (407 CO), Lt. Godbole (DSO). Back row (l-r) Cpl. Cloutier (Inst), MCpl Haugen (Inst), Cpl Stelzl, Cpl Vinette, Cpl Adam, Cpl Curtis, MCpl Halbersma (Inst) and MCpl Wohlgenuth (Inst)

Ed. note: Not a bad instructor to student ratio!

This month's best seller list has finally been released and as promised the new and improved, recently revised, eighth edition, hot - off - the - press Squadron Orders sits comfortably on top. Two majors from the S.Stand O shop, whose names could not be uncovered, but who both sport Zeus' great soccerball upon their breasts, are alleged to be working on a bootleg copy of the Three Volume bestseller. In an attempt to capitalize on the recent popularity of the work they are putting together a condensed, well illustrated version which they will be marketing on the pilot underground system. This plot was uncovered by Dave Wright who stumbled upon it quite by accident while on a quest for advise on how to keep his head from being sunburnt by the hot Australian sun. He was naturally seeking advice from the undisputed prettiest major on the base who also spends alot of time in the sun while sailing. Unfortunately, a delay in production is expected due to the departure of crew one for Moffett Field.

Off once again to Southern California, it appears as if Squadron Training, Travelling, and Standards have not yet had their fill of TD. Some critics have suggested that their timely disappearance is an attempt to fuel the popularity of Squadron Orders by making it impossible for anyone to read anything else because their shop will be closed again. Those ill reputed pedlars of yellow journalism, from the Squadron Inquirer, have gone so far as to say the real reason they are going on this trip is because they mistimed their trip to Greenwood. They thought they could fit a bonspiel in with their OMS/FDS, but now they will have to settle for a chance for revenge on the baseball field after Major Devana's loss in March. They

have been honing their American accents and baseball skill though, and it may offer Richard Burton a chance for another 407 Reunion Fund raising party. Wally Belanger and crew six will have to be this year's representatives at the latest OMS session.

Speaking of Crew 6, they are now hard at work preparing for this years O'Brien Cup competition in Greenwood. They will be trying to repeat their triple crown victory of two years ago to ensure that Canada keeps the Fincastle trophy where it belongs: in Canada and on the West Coast. The next issue of the Totem Times will contain everything you wanted to know about Crew 6, but were afraid to ask. Now that should take a few pages.

The Opeval was deemed a great success: it managed to keep Crew 3 at work beyond the call of duty (i.e. beyond noon). Major Bouchard, wearing the flight commander's cloak, although very busy still found time to beat the local mafia at their own obscure Italian card game. The stew, at least I think it was stew, was great and Pat Murphey got to go flying. Now that's what I call a success.

In closing I would like to congratulate Spike Lavigne who finally received his commissioning scroll, dated 15 April 1984. Rumour has it that it was withheld due to the budget restraints. Finally it is only fair to mention the Moosemen and their two recent contributions to the literary world. Although they don't rank up there with Squadron Orders, they were quite popular in their time. I am speaking of course of Biff (Love that name) Allcott's "Guide to Swimming Up Stream", and Willie March's "I'll Tell The Word". It beats the hell out of T.V.

...CONTINUED ON PAGE 7

POSTED TO
Halifax or Shearwater

Contact the Military
Relocation Experts for a
FREE Real Estate Kit.
CENTURY 21 Classic

189 Pleasant St
Dartmouth N.S.
(902) 463-5885

Roz Prince
463-2395

Dennis Leask
463-3628

SECTION NEWS

....more Demon doins

407PHOTO

Hello again from the Polaroid Punk. It's time again to turn on the lights and see what's happening in our darkrooms. We all made it through the last exercise easily enough, must be all the UDF training we had. Our leader (W.O. Evans) has returned from his SLC, Op-Eval should be a breeze. If you are following the sad story of our girls, Cpl MacKay and Parker you would know how these girls were forced to take Air Canada back from Greenwood. Well, now they are taking a four month vacation in Kingston and Borden for their Poet course.

Now to follow up on the rest of our people....

Lynn Fralick was having a bit of a struggle with her ATAT. For added incentive she was given her first Chevron. MCpl Wood is trying to become the incredible shrinking man as he has lost over 20lbs on his diet. So, if you see a skinny silver hair MCpl running around send him back to us. Pte Bonin doesn't know who he is anymore because of all the Lip Sync contests. He and his partner went in the finals at the Club West but lost. Oh well, better luck next time. Cpl Lambillon will be home soon. He's returning from his XG-XH on Apr. 20. You can tell he'll be home soon by Kim's new hair-do. Peter Veldhuizen is still smiling after he learned that his career manager was right and the Veldhuizen's are staying a little longer in Comox. Congratulations to Holly Ford. She is representing the Photo Techs at the O'Brien Cup; Good-Luck to Holly and the whole crew. Well, that's about all from the darkrooms....Oh there is one more item before we close the shop. With the recent budget restraints our supply of burnt out light bulbs for our darkrooms are a little low, so if you have some burnt out light-bulbs.....

See ya later....
Polaroid Punk

DIAC MAINT/TRAINING

Exercise, Exercise, Exercise. I suppose being stuck in shelters is as good time as any to jot down a few lines for the article.

On the DIAC training side, Display and Control course 8601 terminates today, and the "very happy" graduates Glen Curtis and Ron Stelzl will head homeward to the land of lobster and cod fish. The possibilities arose of Glen coming back for the FTAS(B) course which resulted in unprintable comments being expressed by Glen. Congratulations are also extended to Marc Adam and Don Vinette, the two Comox graduates, who shortly will be joining us back in maintenance. Then we'll see how much really "sunk in".

MCpl Skidmore has returned from his JLC full of energy and initiative, and has already come up with a plan for rearranging the furniture in the shop. If he gives us the details in SMESC, maybe we'll trade him to the PPCL.

Seriously though, its good to have him back on the team. Judging by his sunburn, the ski hills must have taken a beating last weekend as he attempted to make up for the lack of skiing around Penhold.

With the warm weather showing up, most minds are turning to summer activities, Jean-Louis, our resident windsurfing fanatic, is no exception, and is quite eager to hit the waves. Others prefer jumping out of aircraft, while some of us would rather spend a nice quiet weekend camping and canoeing.

Another sure sign of summer is the flurry of leave passes flying around the section. For WO Jorgensen the words yes, no, possibly or utterly impossible are being used quite frequently.

Well that's all for this issue. Till next time, have fun and play safe.

UPSTAIRS UPDATE

It has been well over two months since our last column and we have saved a few jewels to report on at this time. Better old news than no news?

More Birthdays!! Dateline 14 Feb

The birthday cake for Cpl Ed and Lt Push was a real hum-dinger this year! A double heart done up with rosettes and arrows which was enjoyed by all. The cake lady of Point Holmes really outdid herself this time and I can hardly wait to see what will be coming up for April, May and especially the big month of June.

Changes in Log Control include Sgt Harv Welsh who is now understudying Vince Ruhoff for the big desk in the corner. Vince has since left the service after 29 years plus, having served in such exotic spots as Winnipeg, Edmonton, Cold Lake and the Federal Republic of Germany at no. Three Fighter Wing Zweibrücken. Good luck in all your new endeavors Vince.

The travelling stranger of Log Control, Rick Verbeek is finally back at his desk after his Greenwood "experience". The last course he had in Greenwood was on the CP 107 "Argus" and that was awhile ago! Since returning, he has acclimatized quite well and is finally using "White" golf balls again!

Sports Flashes!!!
The SAMO volleyball team finished as runner-ups to the C.E. Section in the Base intersection volleyball playdowns. Nice going team!! Better luck next year. Perhaps that seven foot spiker will be posted out by then!

SAMO/AMCRO were well represented at the ladies regional volleyball playdowns held at CFB Chilliwack this past weekend. Both Mcpl Pam Begin and CPL Carol Anderson were on the team represent-

ting the Base and although the Comox team finished in the runner-up spot to CFB Esquimalt, the girls really enjoyed the trip and were quite impressed with Chilliwack.

Last but not least from the sports desk - WO A.K. Jones, one of only two members of 407 Sqn who participated in the intersection curling league, was on the winning rink when the "Totem Times" rink skipped by a former VP 407 stalwart Capt Gord Kruger finished as the overall winners of the league. This was a very successful first year for this league due to the fine assistance from the numerous volunteers and Rec staff. Well done!!

MCpl Bob Shentaler was getting a bit homesick for the wide open spaces so he made a trip with his family to visit Regina over the Easter holidays.

He says the weather was great during his visit but I haven't seen a posting request for Moose Jaw yet!

Sgt Roch St. Pierre is presently on his annual pilgrimage to La Belle Province. Rumour has it he took down a load of smoked salmon to trade for maple syrup!!

Lt. Jon North, who had been busily reading brochures on Hawaii for the past few months, Particularly Maui, finally made his escape from "Beautiful B.C." for awhile. Jon recently returned from a three week holiday "Down South" with a smooth tan and a definite relaxed posture. Just in time for OpEval!

Sgt. Ken MacDonald has reported to the ADAM desk to understudy for John Arvic's job. John will be leaving in a couple of months for the Nations Capital to seek new employment while his pension is still low enough to allow him to draw UIC!! Ken can be found most days pounding the books in the SAMO or where

he hangs his hat.

Cpl Al Brown recently served for a short time at Marilyn's desk learning?? that job. Marilyn was out to the valley on a HHT with an FE from 442 Sqn and there is a very good rumor that they actually saw a home with a pool!! Could the big move be this summer?

Alan is getting to be very versatile in the Research/Log Control section now that he has the use of both legs, and he has produced some really fine work especially on the drawing board with an excellent Sqn Maintainer (SAMO) crest drawing as well as numerous posters. His most recent effort was in helping the VP407 Squadron Reunion Fund raising committee to produce a suitable ticket for the big (\$1407.00) reunion draw. These tickets are now on sale and anyone interested in either buying or selling them should contact AK Jones at local 2617.

***You can't win if you don't have a ticket and if you get it before the end of April it is eligible for all of the draws!

A luncheon held recently at the Leeward Pub to bid farewell to Reg Cote. The Sqn Litton FSR was attended by Sqn Maintenance Officers and Senior NCOS. Reg was suitably presented with KIWI award "One Nut and a Loose Bolt: All best wishes on your new assignment to Greenwood Reg and thanks for all your assistance during this tour with us.

LATE FLASH!!

Another birthday party this week for Rick, Carol and Monica - a triple decker, it should be a doozy!! Best wishes to all!!!

AMCRO TRIVIA:

What two AERE officers were found incompetent in stripping their weapons during the recent OP Eval 86???

What Major was taught how to shave with a pipe in his mouth???

PARTICIPATION FITNESS

Parents & Preschoolers

Tuesdays....0930 hrs to 1015 hrs.

Base Gym.....No Cost

INFO?...Call Cheryl 339-3738

ELMER WIRTA
14 YEARS OF VIP
SERVICE
For your next
vehicle
LET ME HELP YOU

COMOX VALLEY FORD SALES
(1964 LTD
360 1st Hwy
Courtenay 334-3161

Roz Prince
463-2395

Dennis Leask
463-3628



BAMSO

SECTION NEWS

Does it seem like quite a while since you read the last BAMSO NEWS column? Well it should seem longer than usual as we had three weeks between issues this time due to the OpEval that tied most of us up last week. By the time you read this we should be back to normal and be able to spend a little more of our time doing normal work and thinking of fishing and not just concentrating on the inspection team and having no time to even long for the sport that should be upper most in most of our minds at this time of year.

We do have one of our members though who I can guarantee will not be thinking of fishing at this time. Our Mikey is getting married this Saturday in Ontario and then will be taking off with his new bride Lisa to the south seas for short honeymoon prior to taking up residence in the Comox Valley. We all wish you all the best Mike and Lisa and look forward to enjoying your company when you come to join us on a permanent basis. Hope the sore arm did not affect your performance Mike. We will check with Lisa as soon as we see her. I'm sure that the smile on her face (or lack of same) will tell the whole story.

You may remember that I mentioned my wife in the opening portion of my last column. After reading the column her only comment was to say that if I am going to mention her I might mention that she is a better speller than I am. She picked up on my mutilation of the word "scenario." Apparently "senerio" is a little too far from the correct spelling. I'll have to acknowledge that she is a much better speller than I am - but so is our cat for that matter.

Spelling is not one of my strong points. BAMSO NOTE: You can say that again.

Boy, does time go by fast! I just realized that we put the first BAMSO NEWS column in the Totem Times in the 25 April 85 issue which means that this column is actually the last one of the first year and that the next one, scheduled for 8 May is actually our birthday column. Maybe we can come up with something a little different for that issue.

While I was going through some of my old keepsakes the other night I came across the information booklet I got from the recruiting office when I

joined the RCAF in 1951 and found it quite interesting. This booklet was published in 1947 but was still applicable in 1951. One of the most interesting items was the table entitled "Monthly Pay and Allowances Receivable By Airmen in the RCAF."

A Corporal (equivalent to our present Master Corporal) who drew maximum trades pay (Group 3) drew \$98.00 per month if he lived in barracks. If he was married and lived out he drew another \$74.00 per month making a grand total of \$172.00 per month. In those days a single person was not permitted to live out so he always drew the \$74.00 and received free room and board. A Warrant Officer First Class (CWO) with maximum trades pay (Group 4) drew \$164.00 if he lived in barracks and \$254.00 if he was married and lived out.

I shall never forget my first pay parade in St Jean when I stepped smartly up to the Pay Officer and repeated in a loud voice "41925 AC2 Williams RC, Sir" and heard him tell the pay clerk who handed him the cash that I was to receive the grand total of \$10.00. Yes, I said ten dollars. At that time I just wasn't sure that I had made the correct decision to join the Air Force.

Just to put things in perspective I should point out that, as a corporal, I bought a brand new 1955 Plymouth Savoy six cylinder standard shift four door sedan for \$2,300.00. At that rate it took thirteen months total pay to buy a new car. Today it takes less than six months total pay for a Master Corporal to buy a standard family car. We really are quite a bit better off than we used to be although many of my readers may find that hard to believe.

The foregoing was written before the Op Eval but now I sit down to complete the column with the knowledge that we are through (for a while) with that part of our lives. Many of us had very little proper sleep during the almost forty hours of the operation and I must admit that, even now, I am walking around like a zombie. It takes the body a while to get back to normal after that type of abnormal operation.

My compliments to those who performed so well under

adverse conditions and I can't help but mentioning that I was utterly amazed at the stamina and endurance that some of our senior officers displayed when the "heat was on." In my books, an honorary mention must go to LCol Brown who appeared to be on duty most of the time and never seemed to tire. I did hear him say though that if he had to eat another box lunch he would bring up.

There is also another large group of people who deserve a good show. I'm talking about the hundreds of you who spent most of the time just being around, trying to sleep, sitting in shelters, trying to look busy, and all the time wondering just what was going on and why you were there. You may think that those in the Command Post didn't do very well at keeping you informed but let me assure you that many times I heard the Base Commander or the Acting Base Commander say "make an announcement over the P.A. as I want to keep the troops as informed as possible."

George Stecko just showed me a CFTO he just received on a "Bilingual" Headset. I have trouble figuring that one out. Maybe our Base Coordinator of Official Languages could throw some light on it. If he

reads this column and if he does provide the answer I will print it in the next column.

Just found out about another situation that warrants the presentation of four medals but I'm not sure just who the recipients should be. Apparently Al Grinnell, Dave Crittenden, Larry Thompson, Mike Wells, and Win Dryden were trapped in the seven hangar elevator and forced to spend about twenty minutes in each other's company. As I said before, it's pretty hard to tell which four should receive the medal for being forced to put up with the fifth person.

BASE PHOTO

I suppose that by the time this goes to print Op Eval will have come and gone, just like every other holiday we look forward to every year. Don't cha just love 'Exercise, Exercise, Exercise?' We do. We get to run around with our little yellow hard hats simulating taking photographs at various scenarios. I really enjoy this type of thing, and every time I come back from one of these exercise calls I am greeted by one of my two master corporals or my sergeant who always ask "Well Kim did you get stimulated?"

Attilio returned to work from his SIT (School of Instructional Technique) course in Borden just in time to shoot the April Fools Day parade. Of course he liked Borden. Doesn't everyone? He said that he never worked harder on a course in his whole career.

Tammy and her love have finally, for sure, positively, set a date to exchange their vows. The happy event will take place in Ottawa on October 18, just three days after she graduates from her POET course. I can see her now - AC and DC and flowers and wedding cake. We all wish them a happy and fruitful life together, don't we guys? Remember Tammy, Photo Techs do it better in the dark.

With this in mind then I will sign off for now. 'till next time....

NAVCOM

Well I lucked out again. Everytime I go on a course or leave I return just in time to write another article. My co-author was considerate enough to leave me with a few interesting notes about the exciting Nav Com activities which transpired while I was away, but unfortunately, I don't un-

...continued on page 9

Suggestion Award Winner



Master Corporal Ian Neilson, of our Base Safety Systems Shop, was given an award of \$150.00 for his proposal to streamline the recording of inspection data for carbon dioxide cylinders and life rafts for the Aurora Aircraft. Lieutenant Colonel Bowes, Our Base Technical Services Officer, made the presentation.

SECTION NEWS

More with BAMSO

derstand any of them and everyone involved is too embarrassed of ashamed to admit to knowing anything about them. Therefore you'll have to stay tuned for next week's episode to read, "The Beer Hunters Adventure" and Carl and Harold in "DUH! Which way to da beach? Which way to da beach?"

Now I can discuss the events which occurred three weeks prior to my departure on course. NEWS FLASH: Nav Com Labs is now fully operational!!! As we were never considered operational before you will have to admit that it is amazing what a paint and retiling job can do for a shop. All UERs have been appropriately annotated to reflect our new janitorial and furniture moving qualifications. Everything went smoothly with the exception of one truly tragic accident. George's clock and amplifier for his PA mysteriously vanished during all the confusion. I know I speak for everyone in the shop, George, when I say, "AWWWWW, what a shame!"

We also had another successful party at the golf course. This one was in honour of Bob Gauvins' promotion and to mourn Dave Maloney's departure. There was an excellent turn out for the event. Even our own AMMIS coordinator showed up to ensure that we were following proper operating procedures by setting the example himself. Only a select few were able to keep up with his seasoned method and approach.

During the celebration, Steve Walters had a pongo flashback and proceeded to march home RAMBO style. Fortunately during this dangerous manoeuvre, a Good Samaritan, Kym Sutton, spotted him in mid-flight between bushes and offered our token grunt a ride home where Deb proceeded to bandage his combat wounds.

Meanwhile, back at the base, Kym's other half, Warren, was performing his good deed for the day by carrying on the proud Nav Com tradition of party initiation of new personnel. The Victim: Ron Davies.

Warren was demonstrating to Ron the latest in Air Guitar Butt Bouncing techniques.

And talking about bouncing techniques, rumour has it that Bruce was showing off on the ski slopes. His dare devil tactics were not only painful but the results were very eye catching. Esther has proved once before Bruce that skiing on your face is not as much fun as it looks.

Well that ends it for this week. The next article should bring you news of OP EVAL and the adventures of Bob and Warren in California.

WORKSHOPS

Our red-headed "fella" (MCpl Portman) kind of objects to our workshops opening of "As The Machine Turns" Why? No definite reason but, after being asked to write this column he kind of turned off his machine (thinking) and walked away, so here goes again.

As everybody knows the posting season is here and it might make some very happy people in the upper echelon. Yes, MCpl Fehr is transferred to Trenton in June. His boat and everything associated with it (including a guarantee to catch all kinds of fish) are up for sale. Another one is also leaving us. Cpl Elliott is going to Petawawa (willingly) in June. Good luck to both of you guys from all of us in the shop.

Cpl Silk (or is it Major, or Captain, or....) is going on his JLC course to make a man of himself.

Our congratulations to Lt. Wells, Cpl Silk and Russ Parker (and the rest of the team) for winning the intersection hockey championship. It was a real pleasure to watch you guys play.

Friendly Warning: If you have reason to go into the carpenter shop, beware of the "Mad Carpenter." Yes, he finally got his dust collectors installed and now it is so noisy that he doesn't hear anything and has been known to attack at the slightest disturbance. Don't worry though as he doesn't bite (unless he just lost at cribbage.)

Until next time then, Salut!

Suggestion Award Winner



Cpl. White, of our Base Telecom Section, proposed a modification to the AN/FPN-504(V) area surveillance radar that was not adopted but did bring a problem that required alternate corrective action to light. Capt. Carlyle, our Base Telecom Officer, presented him with a Certificate and cheque for \$50.00

Awards presented at BTSO....



Various awards were presented recently at the BTSO branch...Back row (l to r) MCpl IB Neilson (Suggestion Award); Sgt KA Alex (retirement/release)(11 yrs service) MCpl JGG Patenaude (Promotion) Front row (l to r) LCol Bowes, BTSO MWO GW Edens (retirement)(35 yrs service)



Comox Shoe Repair

1836 Comox Avenue
(Across from Legion)

Tuesday to Saturday - 9:00-5:30

TOP QUALITY


SHOE AND LEATHER REPAIRS

TIM KENNELLEY

13 YEARS ON THE VIP TEAM

Need a car or truck
GIVE ME A CALL


New or used, I'm your man



COMOX VALLEY FORD SALES
(1964 LTD)

360 1st Hwy Courtenay

334-3161



EQUESTRIAN CENTRE

Tsolum River Road
Courtenay, B.C.
Phone 337-8621

*When the Sun Shines
Come Out And Ride*

*Trail Rides *English and Western Lessons
*Boarding *Tiny Tot Programs

SPORTS & RECREATION

Sailing
Splatter

Yours truly twice braved the cool yet ice-free waters of Comox Bay. And all the while getting wet (and loving it!!) yet having fun. And fun is what you'll have when you spend a measly 35 clams to join the CF Sailing Association based at Quadra. In the event you missed our first edition of Sailing Splatter, let's review.

Many thanks to those of you who attended our Dock Party on 15 March. The old rotting finger dock now rests in dock heaven. The two Coastal Cruising Courses which began that very same weekend are all but finished. The happy graduates are now able to charter the club's 27-foot keel boat to escape the island-happy group of tourists expected to invade this summer.

And yours truly has also been extremely busy whipping our fleet of dinghies into shape for the Learn To Sail Course which begins 3 May. Although this course has been filled since 10 March, we anticipate running another course as we are compiling a second hearty group of swabbies waiting to brave the elements and have some fun. Details and dates to follow.

And our Open House on 20 April is an invitation to all who took the time to read this far to come down and see what we are all about. Between 1000 and 1500, push, pull or drag your bored skiers and winter couch potatoes down to the spit for a brew and some clam chowder.

Wednesday night races will begin 14 May. And a regatta is planned for 7 June to involve everyone in a little informal racing.

Your friendly and helpful executive have been busy since November planning to make 1986 the best yet! Come and get your feet wet!

Major Terry Small	Loc. 2321
Commodore	Home 339-5346
Lt. Chris Smith	Loc. 2308
V/Commodore	Home 339-4965
MCpl Wayne Southward	Loc. 2505
R/Commodore	Home 338-9057
Mr. Richard Ohl	Home 338-5264
Sec/Treasurer	
Lt. Dave Nurse	Loc. 2308
Fleet Captain	Home 339-6794

PAC Region Volleyball

CFB Chilliwack hosted the Pacific Region Women's Volleyball Championship 12-13 April 1986 with representatives from CFB Esquimalt, CFB Comox and the host Base participating. The matches featured the same competitive spirit and closeness in scores characteristic of previous tournaments played this season.

CFB Esquimalt accumulated nine wins in the double round robin tournament and easily advanced to the finals. Comox earned a last minute win again-

st Esquimalt which brought their win total to 5 and assured the team of a position in the finals. Chilliwack finished the round robin play with 4 wins. In the Championship match, Comox's aggressive play resulted in wins of 15-8 and 15-10; however, in the remaining three games, Esquimalt was able to shut down the offensive attack of Comox resulting in wins of 15-7, 15-11, 15-5, and the 1986 Pacific Region Volleyball Championships.

Next Totem Times Deadline

MONDAY MAY 5th

Pipe Smoke

By Gerry Gerow

Yes, it's true. The old briar that has been a part of my image for over twenty years, has been retired for almost four months now. Only another pipe smoker could understand how much I miss it, but the "time had come". I didn't quit because it was a costly habit (which it was), or because I was worried about the danger to my health (which I wasn't). The reason was, pure and simply, that smoking has become socially unacceptable in our Canadian society, today. Like spitting on the sidewalk, it is not going to be tolerated much longer. There are still small pockets of resistance, but they are fading fast. It appears to me that the tobacco industry had better start diversifying their interests, and the governments had better begin looking for a method to replace the lost tax revenue. As more and more adults kick the habit, fewer and fewer youngsters will embrace it as a sign they are grown up.

At the risk of being dubbed (again) a male chauvinist pig, I must observe that when I was a teenager, you would see a group of young people, and it was the boys that were smoking. Nowadays it's the girls. Young females seem to make up the bulk of smokers today.

Unlike many who have kicked the habit would have you believe, quitting isn't difficult, if you really WANT to quit. As I said, "the time has come".

XXXXXXXXXX

Just the other day I removed three large trees from my yard. This was not a decision made lightly. It took them over twenty years to grow to the size they were, and it took me about twenty minutes with a chain saw to turn them into fuel for the fireplace. For each one I cut down, however, I planted another, of the type I

Glacier Greens

Sunday April 6th saw 82 members of the golf club take part in the first tournament of the year. And what a terrific day for golfing!!! Marg Shaw took the field low net for the ladies. This prize and trophy is sponsored by Good's Groceries, and Ron Carter came up big winning the men's field low net sponsored by Comox Moving and Storage.

Don Smith was the winner of the Jr. Mens.

This trophy is donated by the Mens Club. Congratulations to them.

The other winners for the ladies were:

1st Low net Barb Carter
1st low gross Pat Verchere
2nd low net Frankie McCaffery
2nd low gross Irene Harker

3rd low net Rose McCleslie
3rd low gross Jackie Wilkie
And for the men:
2nd low net Doug McArthur
3rd low net Ray Hunter
4th low net Any Clark
5th low net Jeff Foley
6th low net Paul Chapil
7th low net Doug Slaunwhite
8th low net Joe Riordan
9th low net J.J. Poulin
10th low net Bill Chiki
12th low net G. Miles

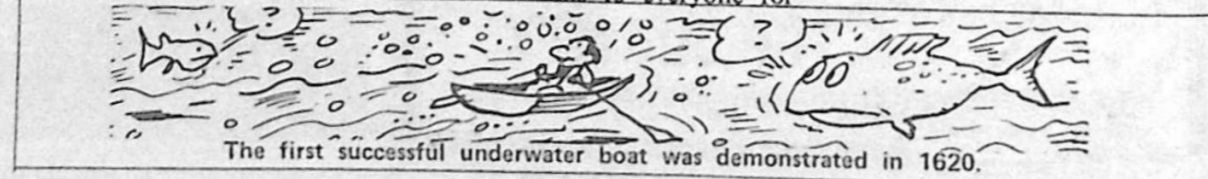
13th low net T. Finnie
14th low net J.M. Gagnon
15th low net Arnie Mathus
16th low net Steve Bailey
17th low net Rick Curiston
18th low net Bud Peters
2nd low gross Dave Ronaldson
3rd low gross Jim Wilson
4th low gross Jim Ferguson
K.P. was won by John Arbie.

Our thanks to everyone for

the great turn out and to the tournament committee for another great job. And of course a special thank you to the sponsors who make the whole thing possible. Till next time happy golfing.

"NEWS FROM THE YELLOW TEES"

Tuesday was opening day for the Ladies Club with 22 ladies taking part in the 9 hole opening round. Martha Campbell won the ball for 3rd low gross, Dorothy Ratcliffe most mileage. Marg Shaw and Sylvia Radford, hidden hole. We would like to see some more of our ladies come and join us. It's your day ladies, lets get-together and have fun. Till next Tuesday. Good Golfing Marg Shaw



The first successful underwater boat was demonstrated in 1620.



SPORTS & RECREATION

Intersection Curling '86



Wayne Moore



Kyle Jones



Jim Bostock



Gord Kruger

The Champs...Totem Times



Bob Parker



Ron Smart



Rick Olson

"B" Division Winners...BPAdD



Russ Wilden



Chuck Vergie



Serge Gosselin



Gerry Rose

"C" Division Winners...B Compt

Shorties.....

CF NATIONAL PHOTO CONTEST 1986

The 1986 CF National Photo Contest will be held 16 - 23 May, 86 at CFB Ottawa. CFSSO 2/86 will be governing authority for this competition with strict adherence to deadline dates, packaging and framing and consolidated entries. Bases, Stations and Units are to make themselves familiar with CFSSO 2/86. Entries are to be clearly marked, Canadian Forces Photography Contest and submitted to the BPERO section, CFB Comox for mailing before 23 Apr 86.

TRIATHLON CLUB

CFB Comox will be starting a Triathlon Club this year. A meeting for all interested personnel will be held at the Base Rec Centre on Tuesday 22 Apr 86 at 1330 Hrs. For more information please contact MCpl Descoteaux at Local 2315.

CF NATIONAL BOWLING WIRE COMPETITION

During the week of 14 - 18 Apr 86, a Wire Competition will be held to determine the 1986 CF National Bowling Champions. CFB Comox will be representing the Pacific Region as a result of their championship win in Esquimalt at the Regionals. All personnel wish the team of WO McManus, WO Hill, Sgt Carlson, Sgt Slaunwhite, MCpl Schwab and MCpl Barron the best of luck in their quest for the coveted trophy.

BOB SLEIGH

A new member of our team but certainly not new to sales or the Valley. CALL ME TODAY FOR YOUR NEXT CAR OR TRUCK.

COMOX VALLEY FORD SALES
(1964 LTD)360 1st Hwy
Courtenay 334-3161

Out on "The Beach."

A Draw for Seasonal Campsites (16 May - 4 Sep 86) will take place on 28 Apr 86. Names of personnel interested in acquiring a Seasonal Campsite, are to be submitted to the Base Rec Centre, prior to 25 Apr 86. The cost shall be \$160.00 payable prior to 7 May 86.

Campsites available are Nos 4,7,10,13,22,26,28,30, and 32. Personnel authorized to bid are service personnel and their dependents, DND employees and their dependents, and CANEX employees. Priority shall be given to users who did not have a seasonal campsite in 85.

Other cost pertaining to Tee Pee Park are:

1. CAMPSITE	
Daily	\$3.50
Weekly	\$22.50
Monthly	\$75.00

2. BOAT LAUNCH

Daily	\$2.50
Seasonal	\$17.50

The Campsites are not open until 16 May 86 and action will be taken against users who disobey this order.

The procedure to be followed when reserving the beach pavilion is as follows:

—Telephone the Rec Centre at Local 2315 to ensure the date/time that you require is available. (Rec Centre will annotate their register)

—If pavilion is available, submit a memo to the BPERO stating the following:

A. Date/time facility will be used, and
B. SIN No, rank, name, and unit, section and phone of individual who will be responsible.

The Rec Centre will confirm your request by memo stating all the Rules and Regulations that must be followed.

Mens Volleyball

The CFB Comox mens volleyball team travelled to CFB Chilliwack to participate in the 1986 Pac Region Volleyball championship. After a single round robin competition involving seven teams CFB Comox placed 3rd overall and found themselves pitted against the Pacific Fleet in the semi-finals.

The Comox boys took three straight in a best of five match, sending them into the finals against CFB Chilliwack. In the finals CFB Comox won the first game 15-11, then dropped the next two 16-14. The fourth game saw Comox tie it up with a 15-13 win. The fifth and

final game saw Comox defeated 15-8 thus making CFB Chilliwack team the 1986 Pac Region mens volleyball champions. The following personnel were members of the

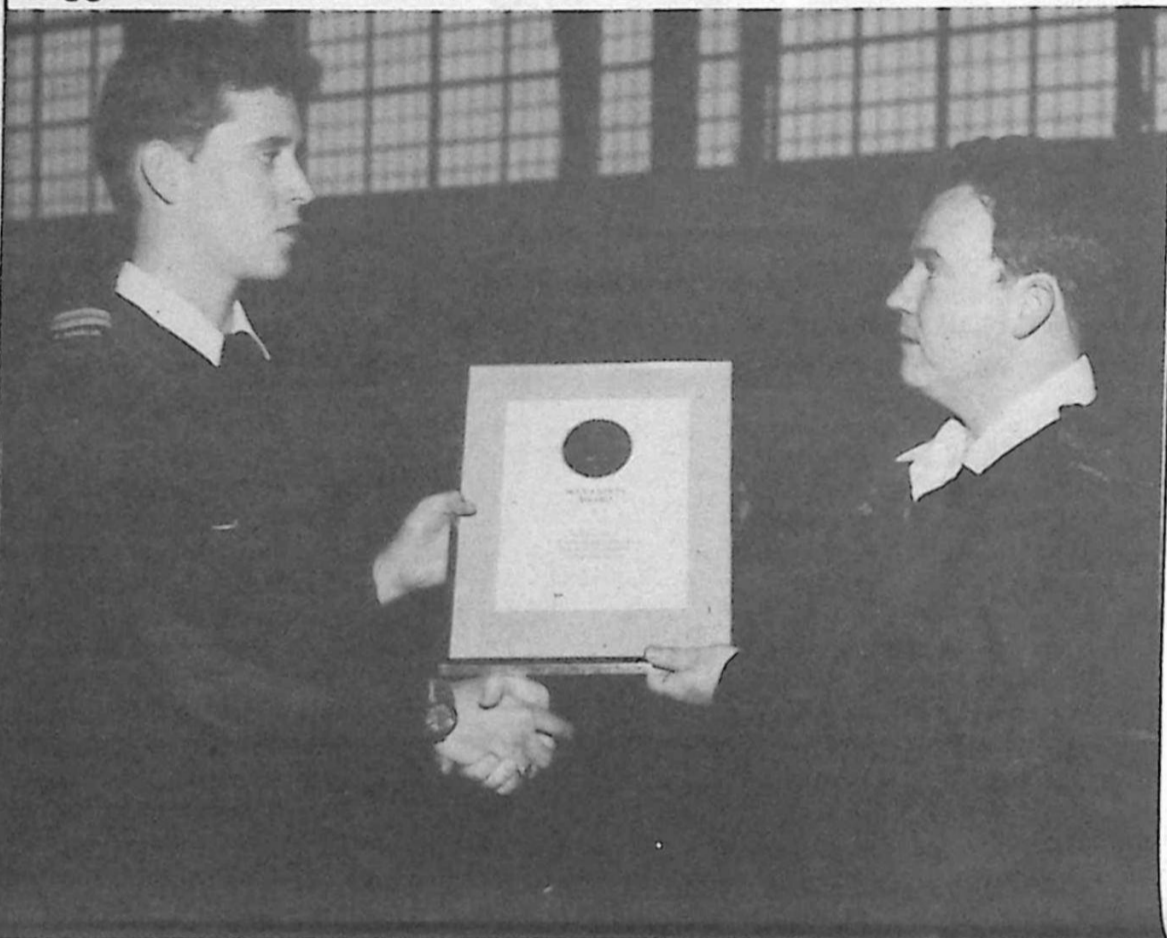
CFB Comox team: Capt. W. Chamberland, Capt. G. Jones, WO. B. Whitehead, CPL. T. England, CPL. D. Johnson, CPL. J. Ullock, PTE. C. Harvey and MCpl E. Graham (Coach).

SECTION NEWS



VU 33 Squadron

Suggestion Award Winner



Sergeant George Murphy and Corporal Shane Shea of VU33 suggested the adoption of a Modification they designed for CT133 (T-bird) Wing Tip Fairing. NDHQ adopted their proposal and they shared a \$400.00 award. Cpl Shea is shown receiving his award from Capt. Irvine, his Squadron Aircraft Maintenance Officer. Sgt Murphy will be presented his award at Greenwood, where he is now stationed.

The posting season is bringing in many new faces at this time of year. We welcome Richie Clements - fresh from the French school (obviously taking Normie's place) Richie is up on single pipe time coming from a tour of Snow Turkeys and an instructional tour. Randy Chaulk will soon be arriving from the "land of spud"-fresh off the Tracker OTU. We don't have much on Randy yet, but I'm sure it won't take long. Also fresh from Moores Jaws comes Martin Baggerley. He'll be heading out on the Tracker OTU shortly returning to us in early July. Welcome to VU-33.

With posting-in-goes posting out. I've already mentioned most, but Rollic Acorn now has his new posting. Along with his promotion, he gets to remain in Comox as the new

BFSO and Major Harrington heads off to Germany. Rollic has been seen stick-handling desperately so he can remain qualified on two airplanes and hold down 500 hrs per year. The Aurora and Tracker may be tough to handle though Rollic.

After the last mess dinner, VU-33 has now acquired the rights to the next mess dinner's raffle. We may, in addition, have door prizes to kick the dinner off as well as awards for the best dressed couple. 407's skit was superb, though and enjoyed by all.

Once again, VU-33 has surpassed excellence on this last exercise with the UDF making the hangar so secure that no one got through. The aircrew and groundcrew had the airplanes off on the elephant walk in record time.

On one previous exercise, Major Harrington, BFSO was designated pilot for a T-33 on dispersal and when the signal was given, he watched the entire episode on the command post T.V. and wondered why one T-bird wasn't moved for dispersal. We can only assume that Rollic Acorn (future BFSO) has been conducting OJT, learning from Major Harrington how BFSO's act on dispersal. Rollic was found staring at the insides of his eyelids while his power crew of Chainsaw and Bam Boozle fired up the engines. When Rollic was told that he wasn't BFSO yet, so he has no right to ignore the dispersals, he mustered enough enthusiasm to wander down to the Tracker and take a back seat for the taxi run. ANKR

VU-33 tech side

It is hard to believe that another three weeks has passed us by, bringing us that much closer to the warm weather of summer. With the Expo opening less than a month away, it is not too soon to start planning your summer leave.

I know what you are all thinking - I'm writing about summer and leave so I must not have anything more pressing to put to print. Well, you are correct. Things have been running very smoothly around the section lately, which is good for work, but difficult for me.

However, another Op Eval has passed us by; it was a tough couple of days, but your perseverance paid off with the mighty VU surviving once again. Engine bay looked like a morgue, with bodies strewn everywhere. Once the rattling of the door was fixed and Denis Gagnons' snoring was stifled the night shift was able to catch a few winks, just another normal shift for One Crew.

The Cold Lake detachment, Phase One, was wrapped up

with Fred Kay and Randy Arrowsmith putting in the final appearance. It was beginning to look like Fred enjoyed the rigours of Cool Pool. Bravo Zulu to all who kept the Tracker Flying for AETE.

When Mike Woodworth mentioned that he needed a holiday in the sun, he didn't expect a six month paid vacation in the Sinai. What some people will do for a medal! Send us a postcard Mikey.

Another of our infamous Tracker exchanges took place two weeks ago, with Harry Weeds taking a ride out to Summerside. Apparently he didn't get enough sleep while flying, so he decided to sleep in at St. Hubert Quebec. This is what Harry says, I'm afraid our plan to leave him behind didn't work. It is just as well, Quebec is just not big enough for Harry. By the way Norm Potvin, Harry says you are responsible for the broken rear window in the taxi. Maple syrup can be dangerous stuff.

...time for deadline

Can Your Hose Handle the Pressure?



From the Office of the Base Fire Chief

If you use gasoline around your house, your Fire Chief advises that the following precautions should be taken:

- first, keep it in approved type safety containers. These are expensive cans, but cheap fire insurance.
- second, keep only a small amount, enough for your immediate needs. No sense having five gallons around the house if you use only a gallon a month.
- third, put the can in a place that's well ventilated and away from any ignition source, for example, away from a water heater, an electric motor, a car engine, etc. The best place would be somewhere separate from your living area, like a detached garage or shed.
- finally, never never carry it in the trunk of your car.

Westwind

"A Band for All Reasons"
Good Music at Reasonable Prices

For Bookings Please Call
Gord Kruger 339-4389

Bed and Breakfast

Toronto, Rexdale - Accommodations nightly - weekly. 2 bedrooms Double \$45.00 single \$35.00 complete with Bath, Family Room and Kitchen. Close to Wonderland and Airport.
Tel: (416) 749-8447

SECTION NEWS

Base Supply

Once upon a time there was a...what? Oh...the Supply Article...Sorry...Right, got it! (I can't believe it's that time again already...Wait a minute, is OP-EVAL finished? Did we win? Sheesh!!) Anyhow, let's start with a few congratulations:

First of all to Sgt Karl Cameron who's promotion came in recently. Next to WO Lil Davis for getting her Class "C" from the Local ARAF Headshed, (full time stuff now eh Lil?). Also to Roy Ogden, John Ewert and Jerry Marks for a well done in completing their "Voodoo Magic" Disposal Act. There's a special congratulations to Dave and Debbie Spindler for becoming the Proud Parents of a 7lb 7oz Baby Boy named Kyle. Word has it Cpl Claire Gagnon and her husband Jean-Marc are paying close attention to the procedure of getting a new Baby...Maybe we'll know how they made out by press time! LATE FLASH!! Claire Gagnon is now the proud mother of a baby girl - over 8lbs - born around coffee break time on the morning of Wednesday, 9 April 86. Our only worry is Jean-Marc's muttering of "We're not ready for this, not yet!..."

In the New Faces and Sections section (Did I say that?) Pte Carl Scribner has moved to Clothing Stores and Pte Sean Price and someone else I'm not sure who he is has moved up to LPO... Oh it's J.P. Ullock. I didn't recognize him, for there's something different about him...Maybe its a beard or his hair or Mustache?...Can't figure it out.

We've also received word from our Cpl Cam Bailey who's away on his sea environmental course. Apparently he's acquired some crutches to help him through what was supposed to be a "Piece of Cake"! He must be living up to his reputation of being accident prone in any environment! Anyway, apparently the course has gone from the aforementioned piece of cake to "You want me to what!!!! Are your Guy's crazy!!!! Keep it coming Cam..."

Up in Customer Services Section we have someone who hopes to either go Airborne or attract a few girls. Seems he's been force feeding himself daily working out on Saturday mornings with NBC Sports and taking a secret mail-order course. Don't know what course is, but he was recently seen drafting a telegram reading "Dear Charles Atlas, have finished course, please forward

Muscles." We've also got a few guys who'd love to donate a little bit of their "extra beef" to his cause...

On another front MWO Fran Fredrickson is getting more and more excited about her up coming departure date for Germany. So much so that she doesn't even mind barbeque-ing everything for her meals. Why you ask? Seems their fridge and stove left before she did! Talk about prepacking and preparation! Also on the "leaving list" is Cpl Elizabeth Hardy from 1 Sup Gp though not to go back to sea as she'd like. Liz and Cpl Donna Forget from MPO are off to everyone's favorite place, CFB Borden, for their long awaited TQ5 course. Hope all the young guys there are on their toes as Liz is Navy Trained.

On the entertainment scene, our resident Lip-Sync expert Chuck Harvey made it all the way to the finals, beating out some very stiff competition. Despite a rather opinionated "Applause Measuring Machine." Now let's see what happens with Real Judges in the finals. Good Luck Chuck!...LATE NEWS

FLASH... it was an unbelievable show, with the cream of the Lip-Sync crop giving it their all. Our man "Mick Jagger", alias Chuck, managed to capture second prize and the financial benefits that go with it despite some fan-tastic competition. The only act that beat him out had been together for quite awhile. Well done and a pat on the back to Chuck from all of us.

On a bit of sadder note CSS has lost their ever smiling secretary, Louise, with the completion of her period of employment. We sure hope you can return to us sometime Louise as we all miss you, and none of us here knows where everything goes!!!

Here is some interesting news for those who remember Jack and Gail Harvey. They now have a 7lb baby sister for T.J. named Krystal, born on Feb. 86. Jack has recently been promoted to WO and they are both posted to CFB Moose Jaw this summer.

Say out of curiosity, does anyone know exactly what a certain MCpl is supposed to be doing during working hours? There's a frustrated Sgt at local 2255 that would like to know. Other than that, everything is reasonably quiet on the Battle Front. But then, in Supply, we live and work by our own little motto: "SUPPLY TECH'S DO IT ON DEMAND!"

Suggestion Award winner



Master Corporal Toovey, of our Base Transportation Section, proposed a modification to staff cars that, although it was not adopted, brought a problem to light that required alternate corrective action. He was given a \$50.00 award and a certificate that was presented by Major Tilley, our base Transportation Officer.



As The Beacon Turns

The ATC section welcomes Cpl Dennis Blais from CFB Portage-la-Prairie. Dennis will be checking out as a PAR Controller. We also wish Cpl Roy Field good luck on his upcoming Radar course. He will be leaving the second week in April.

OpEval is over and the fearless and tireless ATC Unit Defence Force once again has foiled attempts by dissidents to penetrate the free-fire zone. After spending many seemingly endless hours probing and searching for invisible foes the

enemy struck. Under cover of darkness the enemy forces tried in vain to infiltrate but were spotted and dispatched without mercy. The Harker forces led by Capt Rick Champagne and his deputies, Sgt. Neil Garlough, Sgt. Greg Templeton and their merry band of men and women, spirited to another triumph.

As Cpl Field leaves for his Radar course he also leaves his job as section reporter. The section wishes to thank him for a job well done. Yours truly steps in to replace him as section

reporter. The job will remain mine as long as I don't bring any law suits against the section, and in return I promise not to take any cheap shots at terminal and tower controllers (maybe).

On a final note I would like to mention the upcoming ATC Spring Ball to be held May 3 at the Lions Den in Comox. As usual we are anticipating a good turnout. Further details can be obtained from the ATC Entertainment Committee. D.L.G.

NEXT TOTEM TIMES DEADLINE
MONDAY MAY 5th



334-4401

PEWTER ROOM
RESTAURANT

Everything for your dining pleasure

• Excellent Dining • Steak & Cordon Bleu Specials

\$6⁹⁵ — \$8⁹⁵

COURTENAY HOUSE -- 498 Island Hwy., Courtenay

OP EVAL '86

A Smashing Success

Y'All Done Good Folks



Quadra saw action too!



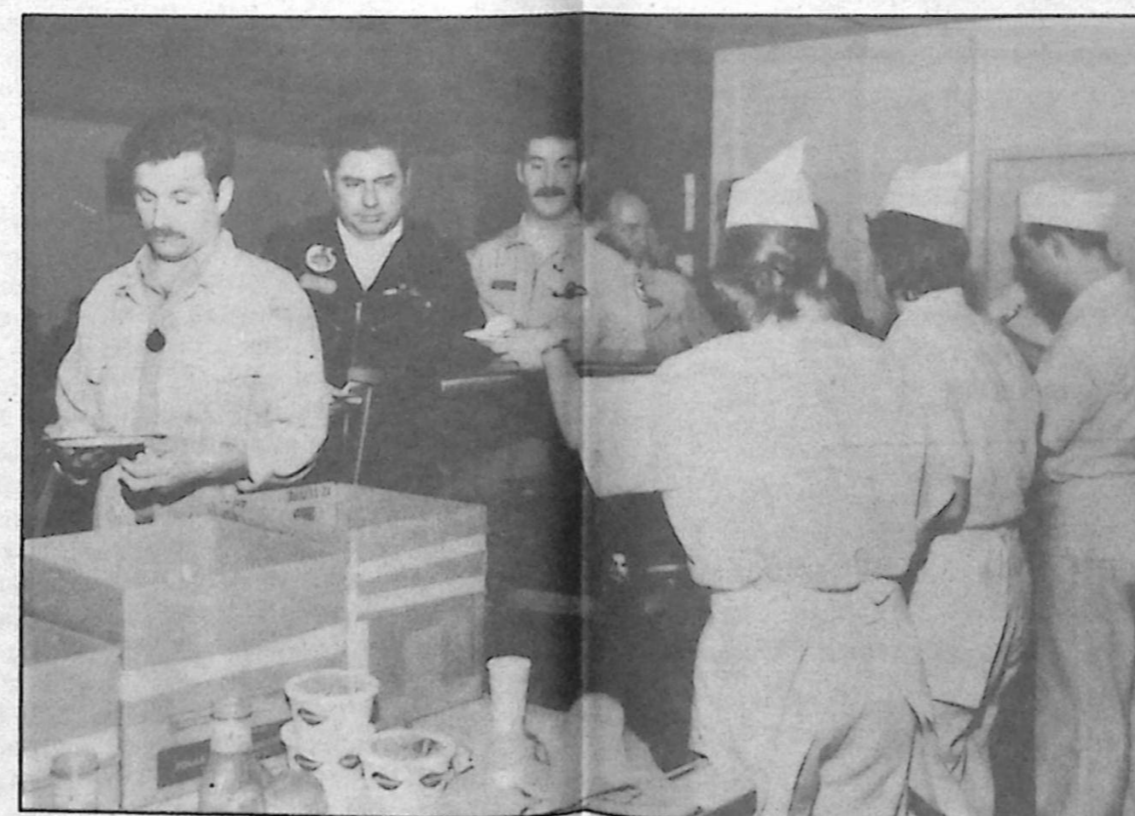
Action on the Flight Line



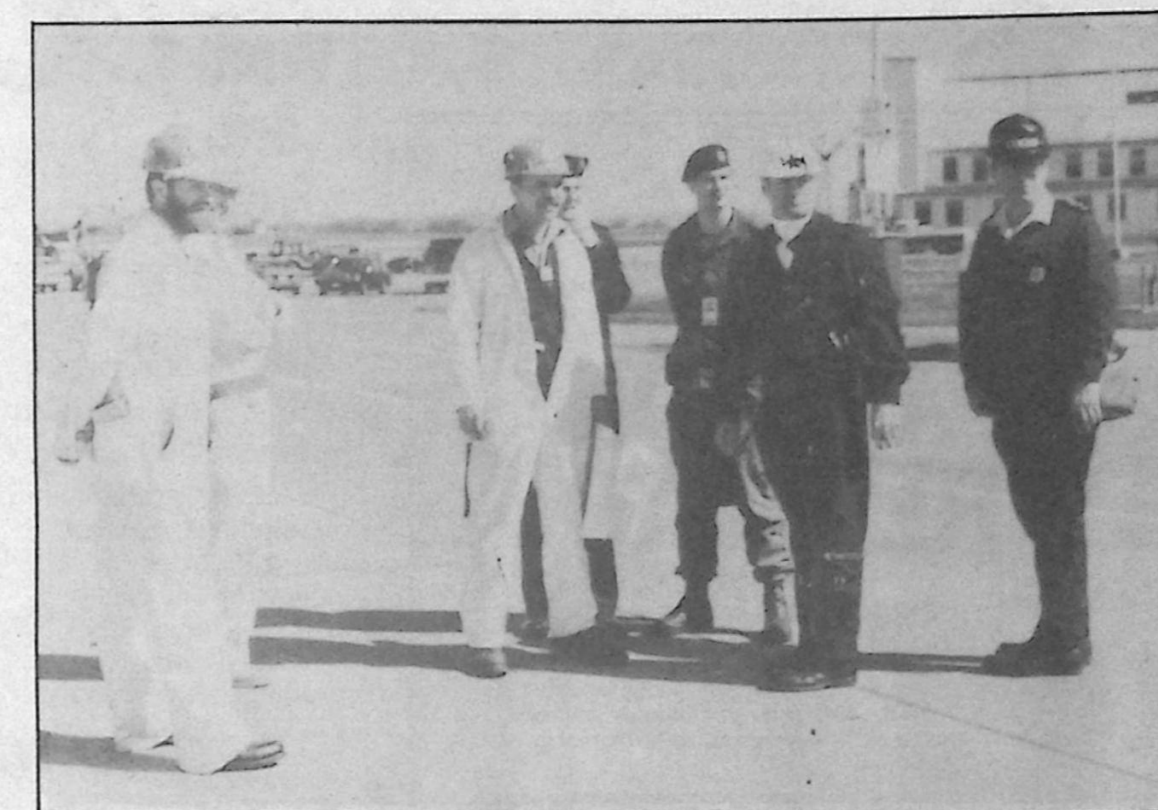
Cooperation saves the day



"Oscar" on the scene



Good growlies for the Troops



Leadership on the scene



The aftermath of collision



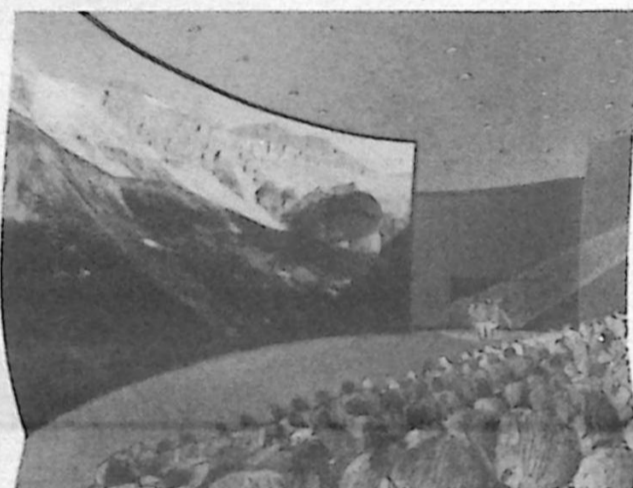
The Defence Force excelled

SPORTS & RECREATION

B.C.
PAVILION
REPORTS

EXPERIENCE THE MAGIC OF SHOWSCAN.

See it, hear it, feel it.
Showscan — the ultimate film experience developed by the world's top creator of visual effects — is on display at the B.C. Pavilion during Expo 86. And for the first time this new medium is being used with a specially designed theatre to capture the rugged beauty of British Columbia.



STARRING BRITISH COLUMBIA

Our camera crews roamed dozens of B.C. locations last summer to find the best scenes for Showscan. The result is *Discovery* — a film that makes an aerial sweep of 20 B.C. locations in nine different regions and brings our landscapes to life.

Because Showscan images are projected at twice normal film speed, action scenes and colours become incredibly real. And our Showscan Theatre — one of the most sophisticated in North America — heightens the excitement with a special sound system and a giant viewing screen 19 metres wide.

A FEAST FOR THE EYES (AND EARS!)

In our Showscan Theatre, you'll follow Molly and her space friend Zargon as they embark on an adventure-filled tour of the province. Experience a breathtaking ski run from the top of Whistler Mountain; hear the crashing surf at Pacific Rim Park in six track stereo sound; feel the thundering rapids of a B.C. river. It's all here in 70 mm film and a sound system that adds a physical dimension to the magic of sound and light.

It's a special Expo treat that's not to be missed.

AND FEATURING B.C. TALENT!

Produced by Genie-award winner Peter O'Brian (The Grey Fox, My American Cousin) and featuring Fairuz Balk — the B.C. star of *Return to Oz* — our *Discovery* film is a showcase of Canadian talent. We used a B.C. film crew renowned throughout North America for their film making prowess to create this special tribute to British Columbia's regions, landscapes and majestic beauty.

See the British Columbia you've never seen before — in Showscan — at the B.C. Pavilion during Expo 86.

THE HONOURABLE PATRICK L. McGEER,
MINISTER RESPONSIBLE

UPDATE

WATCH FOR DETAILS OF OUR ENTERTAINMENT SHOWCASE — 10 WEEKS OF GREAT ENTERTAINMENT BY REGIONAL AND PROFESSIONAL B.C. PERFORMERS. IT'S ALL HAPPENING SOON AT THE BRITISH COLUMBIA PAVILION!

SPONSORED BY:

TOTEM TIMES

CFB Comox



What
are
you
celebrating
this year?

UNICEF has cards and gifts for all occasions. Proceeds give children in developing countries medical care, basic education and clean drinking water. UNICEF cards and gifts are available all year round.

Contact:
UNICEF British Columbia
P.O. Box 602, Station "A"
Vancouver, B.C. V6C 2N5
Telephone (604) 687-9096
Or call toll-free 1-800-268-6364
(Operator 509)

ALATEEN GROUP

If there is a problem drinker in your home, you can see what the alcohol is doing to them. Can you see what it is doing to you? Call Cathie at 339-6557 after 5pm or come to a meeting on Monday nights, 8 pm., in the Protestant Chapel, CFB Comox. You are most welcome!

TRANSFERRED TO
COMOX

While you are looking for a house or waiting for your furniture. Stay with us.

Weekly & Monthly rates
Housekeeping units
Grocery store on premises.
On parle francais

Cedar Village Motel
700 Anderson Rd.

Comox
V9N-5B8

Tel: 339/3733

Ann Enright Manager

TIPS TO HELP YOU

You'll have a better time if you don't invite too many guests. That way, you won't have to spread yourself thin trying to speak to everyone.



"Music hath charms..." so why not let the guests pick the records that you'll be playing for the evening?

Legion Log
Entertainment

BRANCH 17 — COURTENAY
Friday APR. 18 TGIF 6:30 MUSIC BY WESTWIND at 9pm
Saturday APR 19 WESTWIND plays at 9pm
Tuesday APR 22 General meeting moved to Elk's Hall 7:30pm
Wednesday APR 23 L.A. Annual Appreciation Dinner
Friday and APR 25 and 26 A new band with a good future
Saturday MILLER TIME at 9pm

Regular Activities:-

Monday.....Fun Euchre Friday....TGIF & Money Draw at 6:30
Tuesday.....League Darts Saturday.Fun Bridge at 12:30
Wednesday...Crib "More Players Welcome"
Thursday.....Fun Darts

" JOIN COURTENAY LEGION WHERE THE ACTION IS"
SERVING MILITARY PERSONNEL WELCOME

BRANCH 160 — COMOX

Entertainment:

Friday Apr. 18 - Dutch treat night-MUSIC BY MIXED COMPANY 9pm
Saturday Apr. 19 - Sports banquet-Upper Hall MUSIC BY MIXED COMPANY 6:30pm
Saturday and Apr. 25 - Dance to the ever popular COUNTRY CLUB BAND
Sunday Apr. 26 9pm
Friday MAY 2 - May Day week-end
Saturday May 3 - Music by MILLER TIME

Sports: DARTS...DARTS...DARTS...DARTS

Mens League every Monday night.
Mixed League every Tuesday night.
Open to Legion members and bonafide guests only.

Ladies Auxilliary Bingo - Every Monday night, Upper Legion Hall. Doors open 6 p.m....Early Bird 7.30. p.m.

Navy League Bingo - Every Wednesday night, Upper Hall
Doors open 6:30. Early bird 7:30pm

...Everyone Welcome

WOs' & Sgts' Mess

ENTERTAINMENT

MAY

MAY 8

Golf Tournament

Tee Off 1200-1300 Hrs.
Entry fee \$2.00 plus Green Fees
Prizes in mess after tournament

MAY 10

Sports Bingo/Dance

Early Bird 18:30

Cost \$6.00 includes on card extra cards 4 for \$1.00

music

Food Fish and Chips Dress Casual

T.G.I.F. May 2, 16, 23 and 30

MAY 15 RETIREMENT MESS DINNER GUEST
SPEAKER L/COL A. Brown

The Snowbirds of 86

The Boys of Summer spend some time with us



MAJ.(YOGI) HUYGHEBAERT
Commanding Officer/Team Lead



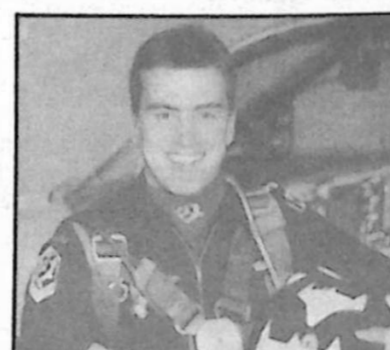
CAPT. JOE PARENTE
Inner Right Wing



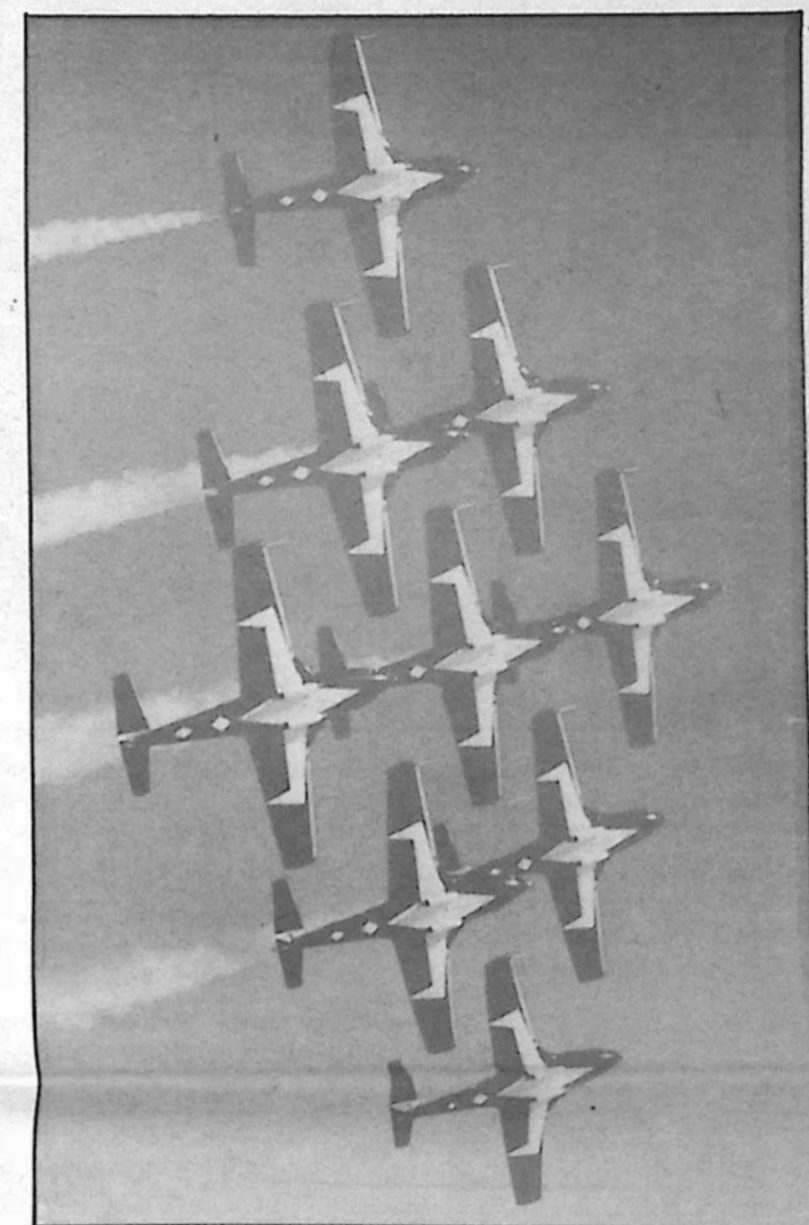
CAPT. STEVE PURTON
Inner Left Wing



CAPT. JIM FOWLOW
First Line Astern



CAPT. GINO TESSIER
Second Line Astern



Since their premiere performance at CFB Moose Jaw in June, 1971, Canada's precision flight demonstration team, the Snowbirds, has displayed the professionalism and skill of Canadian Armed Forces pilots and groundcrew to over 45,000,000 spectators throughout North America. The 1986 Snowbirds team, led once again by veteran fighter pilot Yogi Huyghebaert, begins its sixteenth season at Saskatoon, Sask., on 22 April, and ends with the Expo 86 Closing Ceremonies in Vancouver, B.C. on 13 October—a total of 76 aerial displays at 51 different sites across Canada and the USA.

The Snowbirds aerial routine consists of fast-paced formation and solo maneuvers by the nine pilots in their red, white and blue Canadair Tutor jets—the agile little Canadian designed and built jet trainer that has been the team's mount from the beginning. All the team members are volunteers, selected each fall from applicants throughout the Forces. Final pilot selection is made after competitive flying tryouts. In late November the new team members join those remaining from the previous year for an intense five-month work-up period at the team's prairie home, CFB Moose Jaw, Saskatchewan, before setting out for another six months on the road.



CAPT. LESLIE WHAN
Administration Officer



CAPT. ERIC DUMONT
Coordinator/Narrator



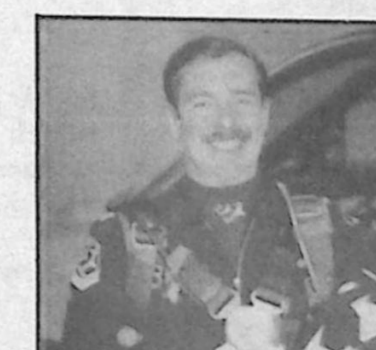
CAPT. BOB CURRAN
Coordinator/Narrator



CAPT. DON BRODEUR
Opposing Solo



CAPT. STEVE HILL
Outer Right Wing



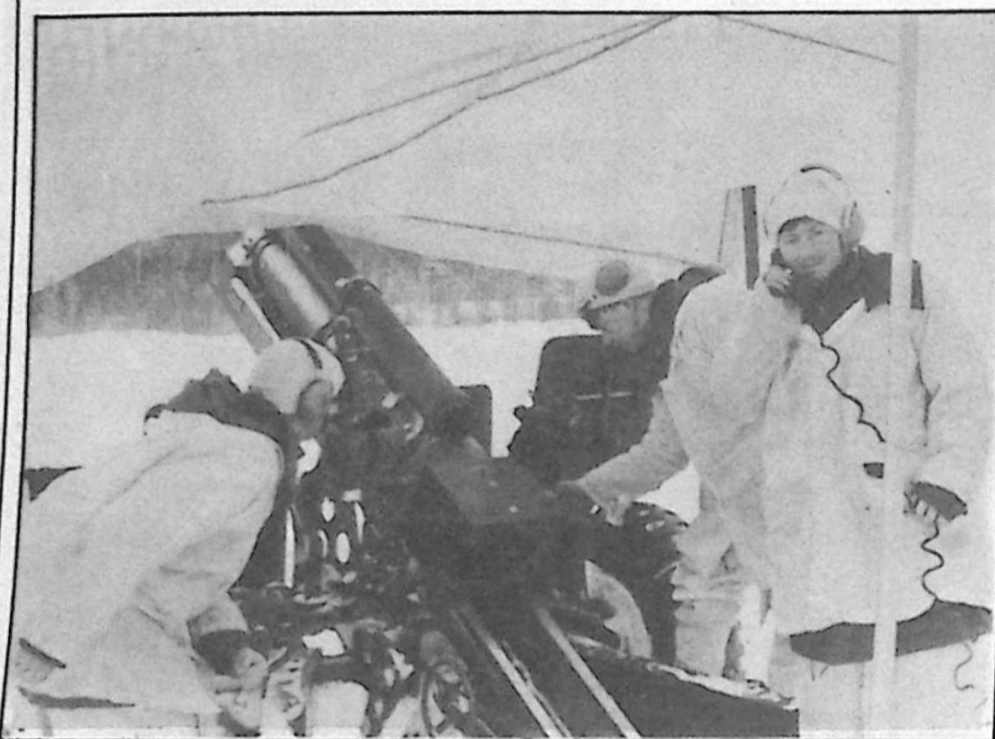
CAPT. HOWARD TARBET
Outer Left Wing



CAPT. MIKE SKUBICKY
Lead Solo

CANADIAN FORCES UPDATE

There's no place like Norway in the winter time



Setermoen, Norway -- Members of Q Battery, 5e Regiment d'artillerie legere du Canada, from Valcartier, Quebec, prepare to fire their 105mm Howitzer during Exercise "Anchor Express" in Northern Norway.

The battery accompanied the London, Ontario based 1st Battalion, The Royal Canadian Regiment's battalion group on the bi-annual exercise in early March.

The battalion group spent three weeks in the Norwegian countryside with seven other NATO Nations as part of Allied Command Europe's (ACE) Mobile Force (AMF).

The quick reaction force provides NATO troops to the northern and southern flanks of the Alliance during times of increased tension.

(CF PHOTOS BY Sergeant D. Brakele)



Olsborg, Norway--The 1st Battalion, The Royal Canadian Regiment, from London, Ontario, took the opportunity to put the Canadian Forces' new all terrain vehicle through its paces during Exercise "Anchor Express" held in Northern Norway in early March.

The Swedish build, fiberglass body, BV 206 is an articulated, tracked vehicle capable of carrying 16 combat troops or be configured as a command post or anti-tank Tow carrier.

The amphibious BV 206s were acquired for winter warfare and all-season marginal terrain, land operations in Norway and Canada.

(CF PHOTOS BY Sergeant B. Brakele)

The Great Road Rally — or: How I got lost in the Comox Valley

METEOROLOGICAL PROGNOSTICATION:

Winds from the west, south west at 25 km/hour gusting to 30. Occasional cloudy skies, clearing this afternoon. Small craft warning on the Georgia Strait. Chance of participation 6-6-6; 6-Cars, 6-Officials, 6-Prizes.

AND THE RACE WAS ON!

Entrants left the mess at five minute intervals and attempted to follow the course that took them on a scenic tour of the

local area; all teams were successful and completed the rally with only minor difficulties.

One team felt that the course was not quite difficult enough, so they adlibbed and added a walk through the woods, and an unscheduled stop at Glacier Greens. Luckily for them, distance travelled was not a factor: they had imported a professional driver in Shari(Andretti)McKay, so navigator husband wisely put in the wald and stop to com-

pensate for the lead foot. This maneuver brought their time back relatively close to the preset time.

An Unusual entry came in the form of Gerry Dieser driving, with George Kerr as first Nav., and Aurella Dieser as second Nav./Stewardess. I'm not sure what Aurella's duties were, but I was informed there was no back seat driver. It must have been cozy in the front.

The victory celebrations were held in conjunction with a mixed sports night on the same evening. Prizes donated by generous local merchants were presented to the victors at this time.

FIRST PLACE Wayne Irving - Driver, Joan Shepherd-Nav.
SECOND PLACE Ken McDonald-Driver, Mim-Nav.
THIRD PLACE Claude McKay-Driver.

fourth place Gerry Dieser-Driver, George Kerr-1st Nav Aurella Dieser-2nd Nav/Stewardess.

FIFTH PLACE Bob Lesage-Driver, Son, Darren Lesage-Nav.
Sixth place Monty Elliston-Driver, Son, Scott Elliston-Nav.

A tip of the hat goes to the officials who gave their time and effort in support of this function. Pat Bolton, Rita Winger, and Ken Sullivan worked the two checkpoints. Bob and Rita Winger were the pace team for the official rally time. Dave and Ruthann Lepatourel set up the course and located our generous sponsors.

The members that took part in the activities indicated that a good time was had by all, and are looking forward to the next rally.

We may run another rally in the fall with hopefully a better turn-out by the membership. YOU MISSED A GOOD ONE!

The log cabin was introduced to America by Swedish settlers in 1638. They even brought their own timber.

CENTRAL BUILDERS SUPPLY LTD.

"Everything For The Builder"

LUMBER - PLYWOOD - DOORS
WINDOWS - GYPROC
INSULATION - ROOFING
HARDWARE - MASONRY
PLUMBING - ELECTRICAL

- 334-4416 -

610 ANDERTON, COURTENAY

"Serving The Island Since 1924"



BLOCK BROS.

A MEMBER OF THE NATIONAL REAL ESTATE SERVICE

1742 Cliffe Avenue, Courtenay V9N 2K8

Call AL ROBB to enroll all the forces of Block Brothers Realty to complete your BUYING or SELLING of Real Estate.

ONLY Block Bros. Realty can provide you with BOTH:

- ✓ Block Bros. National Real Estate catalogue for NATION-WIDE coverage and
- ✓ Vancouver Island Real Estate Board MLS Catalogue for local coverage.

FOR PROMPT PROFESSIONAL SERVICE

Call or Write...
AL ROBB Res. 339-3077
Office 334-3111

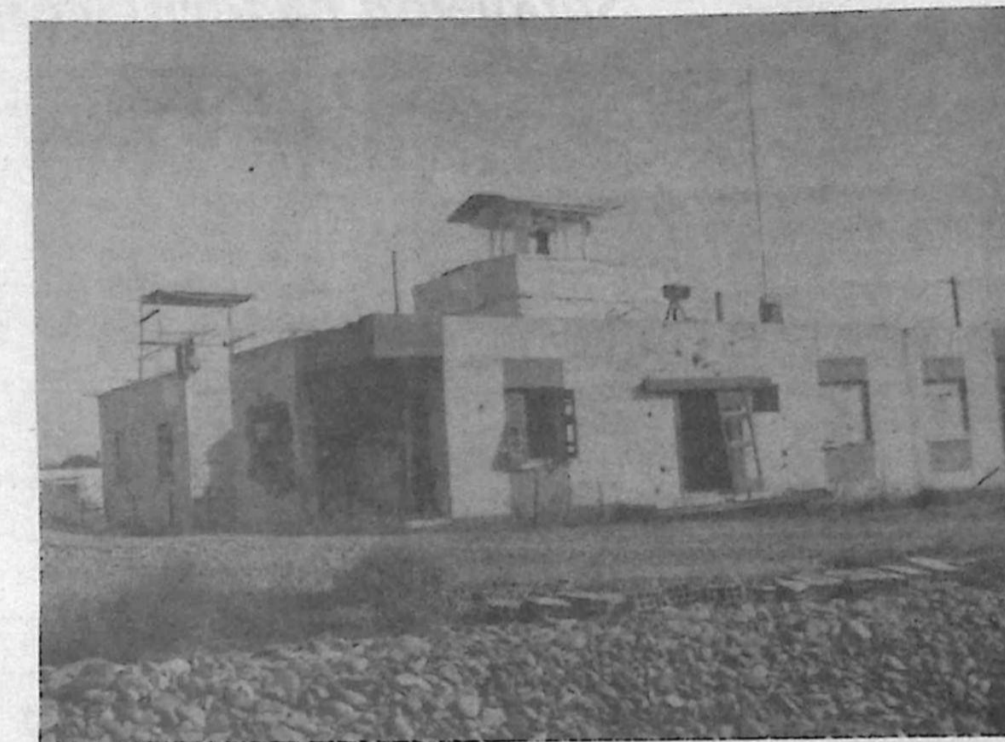


CANADIAN FORCES UPDATE

A Summer Vacation is Yours...Cyprus or Israel my friend



Golan Heights, Israel--Entrance to Canadian Logistics Unit in Golan Heights known as Camp Ziouani, located on the edge of the Area of Separation between Israeli and Syrian forces. Approximately two hundred Canadians based with CANLOG provide logistical, technical and communication support to UNDOF.



A United Nations post on the "Green line" in Nicosia manned by Canadian soldiers. The damage to the house is a result of the action that took place in 1974.

Peacekeeping...A Canadian Contribution to the World

Over the years, a continuing feature of Canada's foreign and defence policy has been the overall commitment to promote international peace and security. The effective participation of Canadian Forces in peacekeeping operations has contributed directly to the easing of tensions in trouble spots throughout the world.

A UNIQUE CONTRIBUTION

Canada has sent troops to such far away places as Lebanon (1958), West New Guinea (1962-63), Yemen (1963-64) and Kashmir (1965-66). Its military personnel have been associated with such politically delicate operations as clearing the mercenaries out of Katanga and securing the territorial integrity of the former Belgian Congo (1960-64) -- now Zaire. They have stood between Egyptians and Israelis in the Gaza Strip (1956-67, 1973-79) and between hostile Greek and Turkish communal factions in Cyprus (1964-present).

Canada has also participated in two truce supervisory operations in Indochina: the International Commission for Supervision and Control (1954-74) and the International Commission for Control and Supervision (1973), which were not under the auspices of the United Nations.

Quite distinct from peacekeeping operations was the Korean conflict (1950-53), in which the Canadian Forces fought under the aegis of the United Nations in defence of a

victim of aggression. Although the Korean operation did not fall within the definition of a peacekeeping operation, it nonetheless represented a major action by the United Nations to restore peace. Some 27,000 members of the Canadian Forces served in the Korean theatre of war over a span of three years, the maximum at one time being more than 9,000. They suffered more than 1,600 casualties, including 314 deaths.

Overall, between 1947 and 1985, approximately 77,000 Canadian servicemen and servicewomen have participated in 15 peace restoring, peacekeeping and truce supervisory operations mounted by the United Nations and in three truce supervisory or observer missions conducted outside the UN framework. In 1985 alone, approximately 750 Canadian Forces personnel participated in international peacekeeping forces and observer missions. Since Korea, 78 Canadians have died while serving in peacekeeping forces.

MFO in the Sinai

INTRODUCTION

On March 26, 1979, a peace treaty between Egypt and Israel, which was linked to the Camp David Accords, brought to an end the state of war that had existed between the two nations since 1948.

The area governed by the treaty was divided into four zones located primarily on the

Sinai Peninsula; three of them on Egyptian territory and one in Israel along the international border. The treaty also specified limitations on military forces and equipment within those zones. As a result, an effective and credible organization was required to ensure the terms of the treaty were complied with.

In July, 1979, the mandate of the United Nations Emergency Force in the Sinai, in effect since 1973, expired. Because the United Nations was not able to provide a peacekeeping force as envisioned by the treaty, a substitute organization was needed to carry out the same functions. Therefore, Egypt and Israel, with the assistance of the United States, established a multinational force and observer group (MFO) outside the United Nations framework.

THE MFO'S MISSION
The MFO's tasks are as follows:

- Soldiers from various nations monitor and patrol the treaty zones from a line of observation posts and checkpoints running North and South along a considerable portion of the Eastern Sinai;
- Observers, using MFO helicopters and land vehicles, travel extensively throughout the four zones and visit all the Egyptian and Israeli installations to verify compliance with the treaty limitations on military personnel and armaments; and
- Naval patrol craft ply the

strait of Tiran, ensuring the freedom of navigation.

All these efforts are supported by modern systems of communications, transport and logistics.

ORGANIZATION OF THE MFO

A Director General, appointed jointly by Egypt and Israel, is responsible for the direction of the MFO in the fulfillment of its functions. He is assisted by a Force Commander who has full command authority over the MFO in the area of operations.

In 1985, the Australian government announced that it would not renew its commitments to the MFO beyond April 25, 1985. In response to requests from Egypt and Israel, the Prime Minister of Canada announced in April, 1985, the decision to provide a contingent to replace the Australian helicopter unit.

TERMS AND CONDITIONS OF CANADA'S PARTICIPATION

In June, 1985, Canada agreed to provide up to 140 personnel and nine unarmed CH 135 helicopters to the MFO. The MFO helicopter unit at present includes a New Zealand component in addition to the Australians. However, New Zealand will assume other functions in the MFO.

The roles of the helicopter unit will include the transportation of observers on their verification tasks, the transportation of personnel and sup-

plies to remote areas, medical evacuation and search and rescue as required in support of the MFO. In addition, some of the Canadian personnel will be employed on the MFO Commander's staff.

Service members from 403 Helicopter Operational Training Squadron, based at Gagetown, N.B., 408 Tactical Helicopter Squadron, based at Edmonton, 427 Tactical Helicopter Squadron, based at Petawawa, Ont., and 430 Tactical Helicopter Squadron based at Valcartier, Que., will make up the contingent.

Canada will absorb those costs which would be incurred if the military force concerned were serving in their normal duties in Canada, which totals approximately \$5.5 million annually. The costs arising from specific tasks with respect to the MFO, an estimated \$5.9 million annually, will be recovered.

Canadian participation in the MFO will contribute to the reinforcement of the peace agreement between Egypt and Israel. The treaty between the two countries, based on the principle established in Security Council resolution 242 of exchanging land for peace, stands as an example of what can be achieved in the region when the political will exists. By participating in the MFO, Canada demonstrates its commitment to assist in the search for peace and stability in the Middle East.

A Genuine Canadian Hero

Squadron Leader George F. "Buzz" Beurling
D.S.O., D.F.C., D.F.M. and BAR



S/L George F. (Buzz) Beurling



"Buzz" & Uncle Guss

Ed Note:

During the summer of '42 a young Canadian fighter pilot died with death in the skies over the besieged island of Malta. In four months he shot down 27 enemy aircraft and won himself the D.S.O., D.F.C., and D.F.M. and Bar. His name was George Beurling and he was otherwise known as "Buzz" or "Screwball." It is a story of a hero; of deeds and legends that made him a hero; of the romantic, ruthless and passionate man behind the legend. It is indeed unfortunate that he met such a tragic end.

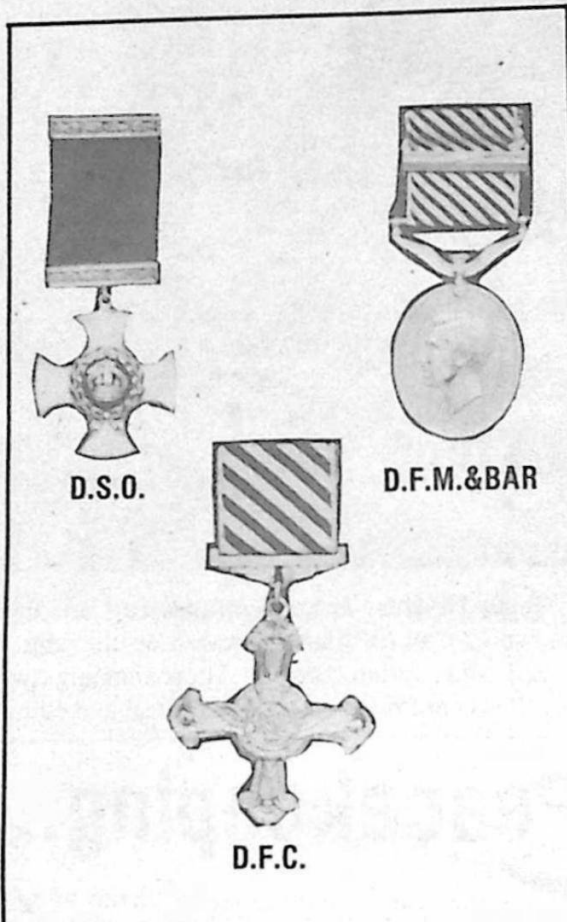
George F. Beurling was not only a natural born pilot, but he also possessed remarkable powers of eyesight and marksmanship. He would spend hours training his eyes and working out his theories of deflection shooting until he became perfect. He avoided alcohol and tobacco and anything else which might effect his judgement. Beurling saved up enough money to pay for his flying lessons in Canada, and his first instructor was Ted Hogan. After he was rejected by the R.C.A.F. he overcame many obstacles and finally arrived in Britain by working his passage as a crew member on a cargo ship. He managed to join the ROYAL AIR FORCE and was sent to an airfield for his initial training.

Next he was posted to No. 57 Operational Training Unit, this was around August 1941, and his instructor there was none other than Ginger Lacey, a Battle of Britain pilot who had destroyed 23 enemy aircraft by this time. Lacey was lavish with his praise of this young sergeant pilot's flying skill and deadly marksmanship. Upon leaving this unit, Beurling was posted to No. 403 R.C.A.F. Squadron for a short period of time. He was then posted to No. 41 R.A.F. Squadron at Manston and later Hornchurch Airfields. While flying in a SPITFIRE with No. 41 Squadron he destroyed a FOCKE WULF FW 190 air-

craft on the 1 May 1942 and another on the 3 May 1942. In June 42 he was sent to Malta on board an aircraft carrier and flew off the carrier to join No. 249 Squadron R.A.F.. While flying SPITFIRE Mark Vc with No. 249 Squadron, he demonstrated his incredible flying skills by destroying 26 enemy aircraft and sharing one third of another with two other pilots on the 13 August 42. On the 14 October 1942 he was shot down and was then sent back to Britain for a well earned rest. Unfortunately, the B 24 LIBERATOR aircraft he was travelling in, crashed into the sea at Gibraltar, he survived the accident with a broken leg, and was sent back to Canada for a rest.

He returned to Britain in late 1943 and was posted to No. 412 R.C.A.F. Squadron with Johnny Johnson's Wing. On the 24 Sep. 1943 he destroyed a FOCKE WULF FW 190 aircraft, and two more in Dec. By this time his score of enemy aircraft stood at 31 and one third, and he was then posted to the Advanced Aerial Gunnery Unit at Catfoss as an instructor.

"Buzz" Beurling met an untimely death on Thursday, May 20, 1948 while doing practice flights on a Canadian-built Norseman freighter in Rome. What happened that day is still an untold story — but we lost a "HERO."



His Medals



Cockpit Checkout

"Buzz" Beurling's Record

...while with No. 41 Sqn. R.A.F. and flying Spitfire

Mark Va

1 MAY 42 FOCKE WULF FW 190
3 MAY 42 FOCKE WULF FW 190

...while with No. 249 Sqn. R.A.F. flying Spitfire

Mark Vc

6 JUL 42 MACCHI 202 (TWO)
6 JUL 42 MESSERSCHMITT BF 109 E
8 JUL 42 MESSERSCHMITT BF 109 E

10 JUL 42 MESSERSCHMITT BF 109 E

10 JUL 42 MACCHI 202 (TWO)

11 JUL 42 MACCHI 202 (THREE)

12 JUL 42 REGGIANE 2001

27 JUL 42 MACCHI 202 (TWO)

27 JUL 42 MESSERSCHMITT BF 109 E (TWO)

29 JUL 42 MESSERSCHMITT BF 109 E

8 AUG 42 MESSERSCHMITT BF 109 E

13 AUG 42 JUNKERS 88 (ONE THIRD)

25 SEP 42 MESSERSCHMITT BF 109 E (TWO)

9 OCT 42 MESSERSCHMITT BF 109 E (TWO)

13 OCT 42 MESSERSCHMITT BF 109 E

13 OCT 42 JUNKERS 88

14 OCT 42 JUNKERS 88

14 OCT 42 MESSERSCHMITT BF 109 E (TWO)

...while with No. 412 Sqn. R.C.A.F. flying Spitfire

Mark 9c

24 SEP 43 FOCKE WULF FW 190

11 DEC 43 FOCKE WULF FW 190 (TWO)

CANADIAN FORCES UPDATE

Award of Merit presented



On 7th April Dr. Judy Kazimirski of the Medical Society of Nova Scotia came to Maritime Air Group Headquarters to present an award of Merit which I accepted on behalf of Maritime Air Group for the efforts of all those personnel who have shown exceptional dedication towards establishing a healthy SMOKE-FREE workplace on our four bases.

The Award of Merit recognizes the courage and initiative from smokers and non-smokers alike to recognize and remedy wherever possible the shortcomings of our present office health-protection guidelines. Maritime Air Group has sought to establish realistic and equitable policies within the framework of NDHQ's directives (DG EXEC SEC 7/85) and also to parallel them with the campaigns of other government departments such as Health and Welfare.

To all of you who have and continue to provide support well done!"

E.I. Patrick
Brigadier-General
Commander Maritime Air Group

OFFICERS MESS

Friday April 18

TGIF Meat Pies

& French Fries

Friday April 25

Mixed TGIF

...Truckers Night

Did you know

The Greeks were the first people to pursue mathematics as an art for its own sake.

a.k. a. Freeze-Frame: Happens with a good shot. Bowler

Lightside



Norm Blondel

I like bowling — not the part where you heave heavy little spheres down a narrow wooden lane, hoping (in my case anyway) to hit a collection of skittles at the other end and knock 'em all down — but the English part; Body English, I mean.

This technique, practiced by all bowlers, which they feel influences the path of the ball. There are probably 99 forms of Body English, but, as with sex, there are only a few basic connotations of which the human body is capable, so here they are:

The Bump and Grind

If the bowler is large, this can have a deleterious effect on bowlers in adjacent lanes. The grind is OK, since it is pelvic thrust, directed at the ball to speed it up. The bump, however, is a sideways hip movement which may cause adjacent bowlers to fall over.

The Tiger Williams

This is a fairly common move, usually associated with strikes. One leg remains planted, while the other kicks at the air. The arms perform karate punches, and other bowlers stay out of the way.

The Tongue

The bowler who uses this method has a permanently glistening countenance. Prime mover in this instance is the tongue, which steers left or right, is retracted during strikes, and extended fully forward when a head pin is punched.

The Stork

a.k. a. Freeze-Frame: Happens with a good shot. Bowler

stands very still on one leg, and tucks the other one out of sight. Sometimes forgets to breathe, and then falls over.

The Twist

This is the most common form of body English. A vigorous twisting motion of the upper torso is directed at the ball, which takes not the slightest bit of notice. This method is popular with chiropractors.

The Pirouette

Performed on tip-toe in specially reinforced bowling shoes, this movement has little to do with ball control, but is often used as a signal between male bowlers of similar persuasion.

The Jumper

Sometimes used in an attempt to levitate the ball, jumping can, depending on the age of the building, topple pins that are tottering. If the bowler is large enough, jumping can also topple the building.

Peeking

This incredible, if unnatural act, is performed with the head between the legs. The theory, as I understand it, is to lift the ball by turning it upside down.

"I Have to Go"

Small children, isolated from bathrooms, are familiar with this stance, which is performed cross-legged. Hands are placed low down for and aft, and English is applied with an expression of the utmost concentration.

Prayer

Generally non-denominational, practiced by Protestants, Catholics and adherents to all other faiths except Moslems, unless the bowling lanes happen to face Mecca. When prayer fails to achieve the desired results, some bowlers have been known to turn atheist.

There may be other forms of Body English, but these are the main ones my research has turned up. I have friends — excellent bowlers — however, who never use Body English to help them in their game.

They use Body Ukrainian.

Looking for male/female Masseuse Therapist and also Qualified Male Instructors.
Call for appointment.

HARBOURVIEW

FITNESS CENTRE

COMOX CENTRE MALL

TEL. 339-2348 OPEN 7 DAYS A WEEK

EASTER SPECIAL

Our Annual Membership Fee enables you to keep fit for less than 85 cents Per Day!!

Get In Shape

AT HARBOURVIEW FITNESS CENTRE

Based on single membership our financing plan allows you to pay for your Annual Membership for the monthly cost of \$27.00 (O.A.C.)

Call DONNA for more INFORMATION

KEEP A Summer Tan All Year 'Round

TANNING SPECIAL

10 — \$50⁰⁰

DIET CONSULTANT & 12 MONTH FINANCING PLAN

COURTENAY CHRYSLER PLYMOUTH

Island Highway North — at the top of Mission Hill, Courtenay, B.C.

CHRYSLER

NEW YORKER • E CLASS • LEBARON • LASER

PLYMOUTH & DODGE

• HORIZON • OMNI
• TURISMO • CHARGER
• RELIANT • ARIES
• CARAVELL • DODGE 600
• DAYTONA • COLT

DODGE TRUCKS & VANS

MAGIC WAGONS
PLYMOUTH VOYAGER • DODGE CARAVAN

GOLD KEY LEASING



Only Chrysler backs you 1. Engine and Powertrain for 5 years or 80,000 km. 2. Outer Panel Anti-Corrosion. See dealer for details.



CANADIAN FORCES UPDATE

Peacekeeping Commitments in '86

Canada is presently committed to five UN-sponsored activities:

Korea - The Canadian Forces Attache in Seoul represents Canada on the Participating Nations Advisory Group as part of the United Nations Command Military Armistice Commission (UNCMAC).

INDIA-PAKISTAN - Canadian participation in the United Nations Military Observer Group in India/Pakistan (UNMOGIP) involves the provision of a Hercules aircraft to assist in the twice yearly moves of UNMOGIP Headquarters between Srinagar, India and Rawalpindi, Pakistan.

CYPRUS - Canada has contributed peacekeeping troops to the United Nations Forces in Cyprus since 1964. During 1985, Cyprus continued to be the Canadian Forces' largest peacekeeping task, with 515 Canadian soldiers serving as peacekeepers on the island.

The Canadian contingent (CCUNFICYP) is responsible for a sector which includes the

city of Nicosia where opposing factions are often only metres apart. Contingent operations involve manning observation posts along the ceasefire lines, conducting mobile patrols within the sector, investigating ceasefire violations, mediating disputes between the opposing forces and conducting humanitarian relief tasks.

MIDDLE EAST - Canadian Forces continue to participate in two operations in the Middle East: the United Nations Truce Supervisory Organization (UNTSO) and the United Nations Disengagement Observer Force (UNDOF).

UNTSO was the first United Nations peacekeeping mission. It was formed in 1948 to observe and maintain the ceasefire and to assist in the supervision of the General Armistice Agreements concluded between Israel and Egypt, Lebanon and Syria. Canada has been active in the mission since 1954 and contributes 20 officers as observers or staff officers.

UNDOF was established in the Golan Heights by a United

Nations Security Council resolution in 1974. The 224 Regular and Reserve Force members serving with the Canadian contingent (CCUNDOF) provide logistics, communications and technical support to the UN force. The main Canadian camps are located at Camp Ziouani on the Golan Heights and in Damascus. Small detachments are deployed at Quneitra and with the Austrian and Finnish battalions in the areas of separation between Lebanon and Syria.

In addition in 1985, responding to a specific request by the governments of Egypt and Israel, Canada agreed to participate in the Multinational Force and Observers based in the Sinai Peninsula. In order to meet this request, the Canadian government has sent 140 service personnel and nine Twin-Huey helicopters modified for desert operations to the area. The Canadians deployed in March 1986 to replace an Australian helicopter unit.

THE PURPOSE OF PEACEKEEPING

Canada recognizes that international peacekeeping has many limitations and should not be viewed as an end in itself. The purpose of peacekeeping is not only to halt conflict but also to create conditions in which the search for peaceful solutions to the underlying causes of tension can take place through negotiations. This view is strongly held by Canada and Canadians who support the peacekeeping operations of the Canadian Forces. For this

reason, Canada will continue to place considerable emphasis on the interrelationship of PEACEKEEPING and PEACEMAKING efforts in the difficult process of international conflict resolution.

For further information write to:

Director General Information
Dept. of National Defence
101 Colonel By Drive
Ottawa, Canada
K1A 0K2
(613) 992-8597

Are you being Transferred to
CFB Cold Lake, Alberta

Contact

Serving the Cold Lake/Grand Centre Area



594-2378

DARLENE GARNIER, B.Ed.

594-2067

5008 - 50 Ave., Box 1449, Grand Centre, AB T0A 1T0

AROUND THE BASE



THE BONARS

Early Retirement not for these Soldiers

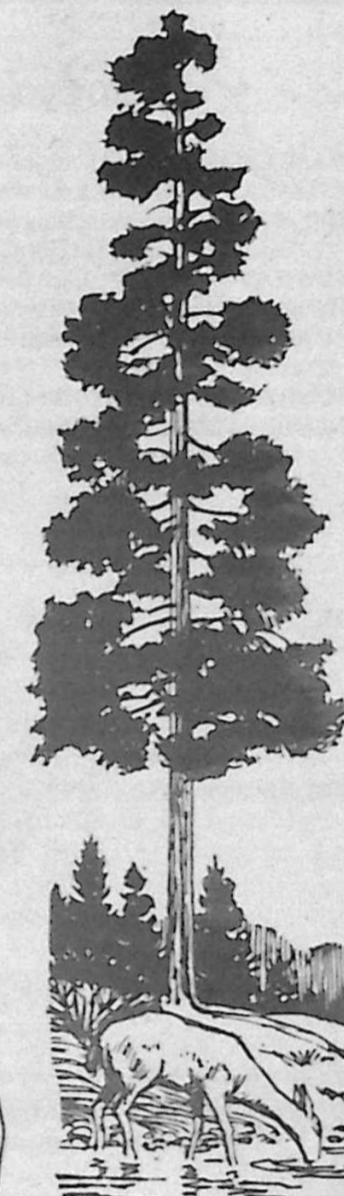


Visitors to the Salvation Army Red Shield Club and Canteen will have met a very dynamic and energetic couple full of enthusiasm for life and with a great love of people. Brigadier and Mrs Cecil Bonar, Cec and Effie, now well into their seventies have spent a lifetime with the Salvation Army. When it was decided to open a Red Shield club at CFB Comox they arrived from far off Toronto to help organize and get this new facility on its feet. Cec and Effie are not strangers to the Canadian Forces and spent many years in Germany running the Red Shield Clubs in Lahr and Baden. It is the first time that the Salvation Army has operated such a club on a home base in Canada and it has required some very hard work and effort.

To observe Cec and Effie at work it is hard to realize that they retired in July 1977. At that time Brigadier Bonar had already served for forty seven years with the Salvation Army. General Withers, the VCDS at that time, remarked in a message read at the retirement ceremonies that it was hard to believe that Cec and Effie were about to retire and he wondered how their energy would be kept in check. Well that energy was not kept in check. On the contrary, since then the Bonars have continued to serve in a variety of special duties for the Salvation Army including a tour in the Philippines. Not

content with bringing up their own family, they adopted a Philippine girl who is now studying in Toronto. They have lived a life of service to others and we in CFB Comox are the beneficiaries of yet another tangible example of their efforts to help others lead happier lives.

The Salvation Army Canteen in the Recreation Hall is well worth a visit. The food is home cooked and for those who enjoy a social chat with interesting and caring people it is a great place to relax. As the upper floor of the Recreation Hall is vacated, various activity rooms will become free for community use. It is hoped that community facilities, particularly for our young families will improve in the next few months. In the meantime Cec and Effie Bonar are busy building the foundations of a Red Shield Club in preparation for a full time Salvation Army couple who will be taking over from them later this year. Perhaps the Bonars will finally retire but as General Withers stated in 1977, it may well be the beginning of yet another fruitful chapter in their lives. One thing is for sure, they are deserving of our support. So come on out and have a snack at the Salvation Army Canteen and meet these wonderful soldiers who refuse to retire while there is still a need in the world for their kind of love.



Take care in the protection of our forests. They are vitally important to our future enjoyment and economy.



POSTING BRIEFINGS

Your friendly R AND D (Receipt and Dispatch) will once again be conducting posting briefings to all interested members and dependents:

Date and Time: 30 Apr at 1300 Hrs
15 May at 1900 Hrs

Place: BITO classroom
Room 44

Base Headquarters building
Everyone welcome!!

Jr. Ranks Club

ENTERTAINMENT

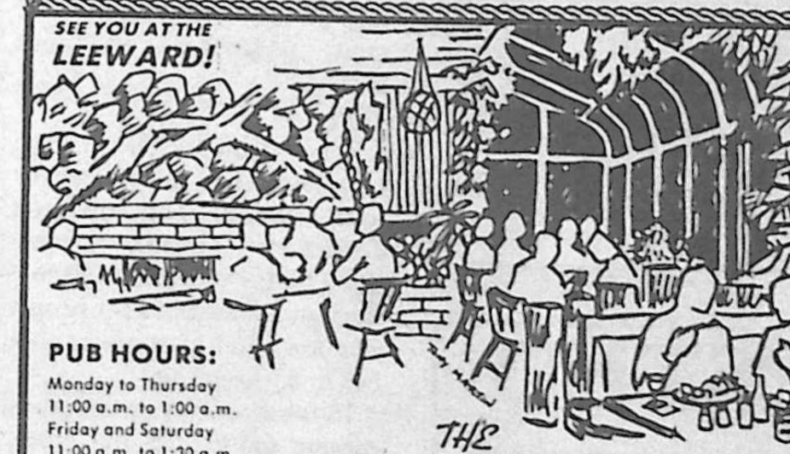
APRIL

18 April "ROSCOE'S ROCK VIDEO"

Admission \$3.00 21:00 to 01:00

The Newly Wed Game
25 April DJ "SUMMIT MUSIC" 21:00 to 01:00 hrs

Lucky winning couple get dinner down town.
Sign up at PMC's Office
(Must be married less than 2 years)



PUB HOURS:

Monday to Thursday
11:00 a.m. to 1:00 a.m.
Friday and Saturday
11:00 a.m. to 1:30 a.m.

good food!
KITCHEN HOURS
11AM - 10 PM
good times!

THE
LEEWARD
NEIGHBOURHOOD PUB
& BREWERY

*country cooking
*rural hospitality
*reasonable prices
*clean air system
*brewing our own natural Leeward lager

649 ANDERTON RD., COMOX 339-5400

BLOCK & BROS.

A MEMBER OF THE NRS NATIONAL REAL ESTATE SERVICE

BUYING OR SELLING YOUR HOME
OR PROPERTY.

FOR: PROFESSIONAL SERVICE, COURTESY
AND PROMPT RESULTS CALL

TOM PROCTER

RES: 339-2668
OFFICE: 334-3111

10 YEARS REALTY
EXPERIENCE AND SERVICE
TO THE SERVICES IN THE
COMOX VALLEY.
CALL ANYTIME.



TOM PROCTER
CAF/CAF Retired



576 England Ave., Courtenay, B.C.

Phone: 334-3124



COUNTRY QUIET - CITY CLOSE - 3 bedrooms, spacious livingroom with fireplace. Separate dining, eat-in kitchen, covered sundeck, garden. 0.43 acre. Easy care landscaping, Carport, family room with woodstove, ample storage. \$87,500.
VERNA BALL
GAYE WORK

RES: 338-0739
RES: 334-2220



REWARD! Yourself and view this 1200 sq. ft. ranch style 3 bedroom home with ensuite and fireplace on its own 100 x 150' nicely treed lot. Assumable \$40,000 first mortgage and the full price is \$53,000.
JERRY BURTT
PETER LEWINGTON

RES: 334-4323
RES: 338-8738



BRIAN HORLEY

As a member of the VIP Team I believe value and service counts. If you want true value & good service GIVE ME A CALL TODAY

FORD
MERCURY
COMOX VALLEY FORD SALES
(1964 LTD)
360 1st Hwy
Courtenay 334-3161

BEAR CREEK RANCH

Equestrian Centre

WE HAVE: * We Train Horses
* Riding Lessons

WESTERN & ENGLISH DUDE HORSES
for Overnight and Hourly Trail Rides.

Boarding - Box and Tie Stalls from \$75.00 Per Month

We also do leather work and all leather repairs

Indoor and Outdoor Arenas seating up to 1000 people

"Lecon D'Equitation western ou anglaise disponible en français.
Pour plus d'information appeler: 338-7403, 337-5524.

3 Miles down Macaulay Rd. on left

THE PEDERSONS
337-5524



HOME & FAMILY

Across my Kitchen Table

By Rosemary Gibson



Our voyage continues....
In Madrid we witnessed the rallies and the active participation in that country's election and NATO vote. No apathy evident there!

From Spain, we travelled to Lisbon, that ancient city which spawned so many of the early explorers. We go lucky and happened to visit a restaurant on a night when the famous fado singer, Maria da Fe, was performing, and even had the chance to chat with her after the show.

From Lisbon back to Paris, and to the beautiful British Isles. As fascinating as it was to be surrounded by different cultures and languages, after six weeks of trying to understand and be understood, it was with a sense of relief and of "coming home" that we stepped on to the soil of England. We really fell in love with England and Scotland, from the excitement of London and Edinburgh to the tiny picturesque fishing village of Mousehole.

(pronounced "Mowsl") in Cornwall, from the majesty of Canterbury Cathedral of the Minster in the ancient city of York, from the quaint town of Rye to the beauty of the seaside in Folestone and Hythe in Kent. We visited castles and churches, pubs and places—but there wasn't enough time! Never enough time...But to enchanting England we shall return some day...

Back to Germany for a few days, to visit with friends, to make a brief visit to Heidelberg and the Black Forest and to do some last minute shopping for cuckoo clocks for those two tiny people in Victoria!

And so our "fantastic voyage" is over, our trip of a lifetime fast becoming a memory. BUT -- WHAT A MEMORY!

Quiche Bretagne

Ingredients:

½ cup Miracle Whip salad dressing
1 tablespoon flour
2 eggs, beaten
¼ cup white wine
1 6 once can crabmeat, drained and flaked
1 4 ounce can shrimp, drained
6 ounces Swiss cheese, chopped fine
¼ cup sliced celery
¼ cup sliced green onion
1 9-inch unbaked pastry shell
Method:
Combine Miracle Whip, flour, eggs and wine. Mix until well blended. Stir in crabmeat, shrimp, cheese, celery and onion. Pour into pastry shell. Bake at 350F for 35 to 40 minutes. Makes six luncheon servings; for heartier appetites, serves four.

HINT:

Use the heat of a hair dryer to soften gummy bumper stickers and labels. Pull back a corner, then heat and peel.

THOUGHT FOR TODAY:
People don't live by bread alone. We need to be buttered up every once in a while.

Tax tips

Transferring deductions can earn you money

If you can't use all your tax deductions yourself, don't throw them away. Depending on your circumstances, you may be able to transfer some of your deductions to your spouse.

These would include: the age exemption for people 65 or over, interest and dividend deduction, pension income deduction, education deduction, and deductions for people who are blind or confined to a bed or a wheelchair.

In most cases, one spouse is earning more than the other. The spouse earning the least may be a homemaker, a student, a pensioner, or someone confined to a bed or a wheelchair.

The spouse is receiving income, but has deduction that exceed that income. That means there are deductions that are transferable to the other

spouse.

Here is how to transfer the deductions:
Fill out Schedule 2 of the income tax return. Part A is simply a copy of your spouse's return down to the net income line.

The T-1 Guide tells you how to calculate eligible dividends and pension income, and your calculation must be included when you fill out Schedule 2.

Part B shows you how to calculate the various eligible deductions that may be transferred. Your spouse's net income from Part A of Schedule 2 is reduced by the personal exemption of \$4,410.

If the various exemptions exceed what is left, you may then take these "leftovers" and deduct them from your own income, and so reduce taxes.

How does this work? Let's say your spouse has a net income of \$4,000 and deductions of \$7,000.

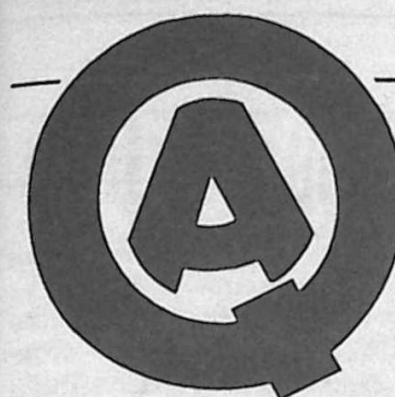
That leftover \$3,000 may be transferred to you to deduct from your income. If you are paying a third of your income in taxes each year, doing the simple paperwork has saved you \$1,000. Doesn't that seem worthwhile?

In some cases, you need to enclose slips or copies of them with your return.

For example, you must complete form T2201 and attach it to Schedule 2 if you are claiming a transfer for a first-time deduction in the case of a blind spouse or a spouse confined to a bed or a wheelchair. To claim the education deduction, you need form T2202 or T2202A.

So, look into the possibility of transferring deductions. For filling out a few forms and spending an hour or so figuring it out, you can get hundreds, and maybe thousands, of dollars back on your tax return.

SECTION NEWS



QUALITY ASSURANCE

Everyone who takes refuge in the Servicing Shack has, at one time or another, read the literature that accumulates there. You're familiar with the titles: Playboy, Penthouse (all at least ten years old), Playgirl (times have changed), MacLeans, Beautiful B.C., Hot Rod, Easy Rider, et al.

Occasionally a Flight Comment or Air Clues will surface briefly, then disappear. This is the point: There are many aircraft servicing and repair periodicals, some civilian, some military, which could be available for research and the betterment of your technical

knowledge.

For instance, the USAF has "Maintenance" and the USN has "Mech." Once you filter out the non-applicable, there is much that you can use. The latest on hydraulic fluids and tires is of more use to you in your job than "Easyrider." In this case, plagiarism is encouraged. Do it right, with draft mods, UCRs and original suggestions. Make a name for yourself: improve your P.E.R. and your work.

Each squadron has discretionary funds which are used to buy such publications. If you don't see them, ask

your boss for them. If you see another periodical the squadron can use, put a memo in requesting it.

VISITORS

Let's throw a new number at you. Try 6800 03/SHORD/85. Doesn't look much like a CF-TO does it, but it's handy if you service a lot of transient NATO aircraft. It is the "Aircraft Cross Servicing Manual."

What type of oil, and how much, does a G-91 use? Where are the pins stored on a F-35? Clean, straight gen from this book will make your visitors' stay most pleasant, and your servicing section will shine.

Showing up with the right fuel and the right air (oxygen) is a good start. This summer's air show will be hard enough on everyone. Stay ahead of the alligators: read a good book.

NOW HEAR THIS...

The entire QA section was recently qualified on the 9mm semi-automatic pistol. From now on, when we make an observation, pay attention. If you hear one of us say, "Go ahead—make my day!", then you will know the observation is a little more serious than "Extraneous material in UERs."

407 SQN REUNION

August 1 — 3, 1986

C.F.B. COMOX

Lt. O. Crampton
407 Sqn, CFB Comox
Lazo, B.C. Canada
V0R 2K0

Tel: (604) 339-2211 Loc 2204
OR
AUTOVON 237-8204

SERVICE DIRECTORY

GOODS GROCETERIA

P.O. BOX 190, LAZO, B.C.
339 2376 V0R 2K0

MEAT SHOP

339 3800

RED & WHITE
FOOD STORES



LAWSON ELECTRONICS

478A 5TH ST.
COURTENAY B.C.

service for all makes
TV, Stereo & Microwave Ovens
Warranty Depot For Most Major Brands
Sales & Service For Auto
Stereo, Marine VHF, C.B.'s, Depth
Sounders, Zenith T.V.

TELEPHONE 338 8200



TIRE STORES

OUR TIRES GO AROUND WITH THE NICEST PEOPLE

971 CUMBERLAND ROAD
COURTENAY, B.C. JOE PARKINSON

COMOX HARDWARE LTD.

A COMPLETE LINE OF
HARDWARE, PAINT
APPLIANCES AND
FISHING TACKLE

IN THE
SHOPPING CENTRE



339-2911

COMOX VALLEY
READY-MIX LTD.
CUMBERLAND, B.C.
PH. 336-2218

Ready Mix Concrete
Sand and Gravel
Trucking
Cement Finishing
Drain Rock
Loaders

COURTENAY LUMBER

QUALITY SERVICE
& LOW PRICES
120 ISLAND HWY.
COURTENAY, B.C.
338-6788

MARKET TRAVEL WORLDWIDE

Professional Travel Arrangements

Dial 112-800-232-9294 (no charge)

549 England Ave., Courtenay, B.C. V9N 2N2

across from the Bank of Nova Scotia

604-338-1474

COMOX MINI WAREHOUSE

"BEST LITTLE WAREHOUSE IN THE WEST"

Store It
Lock It
Keep the Key

CLOSE TO THE BASE & TOWN

* Safety * Security * Supervision

Knight Rd. & Pritchard Rd. Comox B.C. 339-3424

HARTMAN AUTO SUPPLY 338-7261

367 - Sixth St., Courtenay, B.C.

BRANCHES IN
CAMPBELL RIVER
& PORT ALBERNI

SEASIDE MOTORS

SERVICE SALES PARTS
FOR
ALL VOLKSWAGENS

430 Puntledge Avenue

Courtenay, B.C.
PHONE 338 6791



ST. MICHAELS AND ALL ANGELS PROTESTANT CHAPEL

BASE CHAPLAIN (P): Major G. Milne
CHAPEL: St. Michael & All Angels, Wallace Gardens, Bldg #88
OFFICE: Headquarters, Bldg #45, Room #48;
Telephone: 339-2211, local 2273.
SUNDAY WORSHIP: Each Sunday - 1100 hours.
HOLY COMMUNION: First Sunday of the month.
SUNDAY SCHOOL: From September - May for all children from age three to fourteen.
JUNIOR/SENIOR CHOIR: Commencing in September.
LADIES GUILD: Meets once monthly September - June.
President: Mrs. Joyce Brown; telephone: 339-2685



OUR LADY OF THE SACRED HEART CHAPEL CFB COMOX, B.C.

BASE CHAPLAIN (RC): Padre J. Dabrowski
CHAPEL: Our Lady of the Sacred Heart (on Base)
OFFICE: Headquarters, bldg #45, Room #48; telephone:
339-2211, local 2274

MASS SCHEDULE HOURS: Saturday - 1900 hours.
Sunday - 1000 hours.
Week Days - 0900 hours.

BAPTISMS & MARRIAGES: By appointment - notice well in advance please.

CATHOLIC WOMEN'S LEAGUE: Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. (No meetings during July/August). President: Mrs. Edna Sinclair, telephone: 339-6883.

PARISH COUNCIL: Second Wednesday/month at 1300 hours in Parish Hall.

CATECHISM CLASSES: From September - May in the PMQ School at 1830 hours.

CFB COMOX MILITARY CHRISTIAN FELLOWSHIP



Meetings held from Monday to Thursday from 1130 - 1230 hours in the R.C. Parish Hall next to the Tennis Courts.

INTERESTED

A NEW MASONIC LODGE WILL BE FORMED IN COMOX SHORTLY. MASONS INTERESTED IN JOINING A CANADIAN WORK LODGE PLEASE CALL

339-3948

339-2449

338-6446

FOR INFO

AROUND THE BASE

Thanks Duke....



LCol Jackaman, BADO presenting Duke Warren of the Canadian Marine Rescue Auxiliary Unit 60 Comox with a plaque expressing appreciation for the Units water safety presentations held during water safety week.

"Old Boys" Gather at AFIS.....



Old Friends gathered at the Air Force School of Indoctrination recently for the official opening. The above retired gentlemen frequently made presentations at the Air Force Indoctrination School. They are in the back row: L to R W/C Bob Hallowell, W/C Duke Warren, S/L Pat Bing and G/C Grant Nichols. Front Row L to R W/C "Stocky" Edwards, M Gen Bill Vincent, G/C "Irish" Ireland and W/C Harry Bryant. Missing from the picture and also frequent visitors M Gen Don McNichol, Col Bill Hedges and LCol Syd Burrows. Thanks for joining us gents and for the experiences you pass on to the young Airforce Officers.

Officers' Wives' Club

OFFICERS' WIVES CLUB

A Special thank you goes out to Ms. Liz Wouters for making our meeting on Wed. March 19th, such an enjoyable one for everyone in attendance. She turned learning a little more about ourselves into fun. Thank you to all those who made a pie for the refreshments.

April's event is our Spring Fashion Show with clothes supplied by D.D.'s, New Jersey Active Wear, Scotch and Soda, Serendipity Boutique, and The Wardrobe. Hair by Hairport. Piano from Sommers Piano - Courtenay. Flower decor by Floral Images.

More on how this event went in the next issue.

May's event is to be held Wed. May 21st and it is our farewell B.B.Q. Dinner. This is an opportunity to say farewell to those members who are leaving Comox this summer. The Nominating Committee has been hard at work to present a full slate of candidates for next years Officer Wives Club Executive, and this is your opportunity to elect those you feel best represent you. If you have an interest in serving on next year's executive, please call Mrs. Laurie Murray at 339-7527.

SEE YOU THERE!

888 Wing

A successful steak BBQ was held at the Wing last Monday night to thank the many volunteers who have helped make our fundraising bingo a success. Thanks to all of you and let's carry on towards our building fund target. Prior to food being served, Joyce Hallowell gave a short business report and announced that Stu Living would take over as Bingo Chairman on July 1st. Stu is now looking for a co-chairman and some more volunteers to replace the few who have had to drop out over the winter.

We now have the go-ahead for the patio fence. Dick Woodman provided 12 yards of gravel to fill in the wet spots, so we will shortly be asking for a volunteer crew to do the ac-

tual construction. Keep your hammer handy.

The next major event is the Charter Ball on Saturday April 19th and at press time most of the tickets had been sold. Remember to take advantage of Don Forsyth's mini bus service and avoid any unpleasant encounters with the RCMP.

After the ball ... here's the line up until the end of May: 26 April, Movie night; 3 May, Western Nite and Box Lunch; 7 May, General Meeting 8 pm; 10 May, bingo and dance; 17 May, Casino Nite; 24 May, Movie nite; and 31 May Greaser Nite!

So come on out and join us in the fun. Remember — renew early and be a Pathfinder.

per Ardua ad Astra

POSTED TO OTTAWA ?

After 10 years in the CAF, I know about postings and Real Estate problems they create!!

I CAN HELP YOU

Sylvie Bégin Sales Representative
BUS: 613-748-6666
RES: 819-770-4239

Canada Trust Realtor



DAVE GARLAND

New To The VIP TEAM
But has many years experience of Vehicle Sales. Take advantage of my knowledge.
CALL ME TODAY



COMOX VALLEY FORD SALES

(1964) LTD

360 1st. Hwy Courtenay 334-3161

AROUND THE BASE

P2000/VPI Reunion...1986

On the weekend of 13-15 June 1986, a unique event in the history of Maritime Patrol aviation will take place at CFB Greenwood, N.S. On this occasion, VP International will celebrate the 20th Anniversary of the founding of the P2000 Club at 407 Squadron, Comox, B.C. in May 1966.

VP INTERNATIONAL traces its origin to the P-2000 Club. The objective of VP INTERNATIONAL is to "maintain an organization of airmen to foster goodwill and fellowship among land based maritime Patrol flyers through

the promotion of Maritime Patrol aviation and understanding of its impact on military aviation. Membership is open to all aircrew of the free world who have flown over 2000 hours in long range, land based Maritime Patrol aircraft (i.e. Lancaster, Neptune, Argus, Aurora, Canoe, Shackleton, Nimrod, P-3 Orion etc). Membership has grown over the years and the 3000th member was recently enrolled. There are active Wings at various units in Canada, United States, Australia, Great Britain, New Zealand, Norway, and the

Netherlands, as well as members from the French, West German, Japanese, Portuguese and Spanish navies.

The planning for this Reunion has been in the making since September 1985 and we expect approximately 600 guests. The schedule of events is as follows: Fri, 13 Jun - Registration, mixed Meet and Greet in the evening with food and refreshments. Sat, 14 Jun - Brunch golf, aircraft static display, bus tours, sit down dinner (hip of beef) with music followed by a dance. Sun, 15 Jun - Champagne brunch

followed by farewells to departing members. The cost for the Reunion is \$50.00 per couple or \$25.00 per person. This will include all meals, some refreshments and accommodation for those members who elect to stay on Base or private accommodations. Motel accommodation is limited and will be your responsibility.

A registration package was mailed to most members. Unfortunately, we are missing the present address of some members but in publishing this article, we hope to reach these members. In addition, we invite all present and retired

military members who qualify to join VPI to contact us for a membership registration (\$10.00 life membership).

For those who plan to attend, CP Air has been appointed our "official air carrier" and offers savings of 20% to 50%. You are requested to book through the Toll Free number 1-800-268-4704 and mention that it is a VP INTERNATIONAL booking.

For further information you are requested to contact Herb Smale OC Search Committee, P.O. Box 538 Middleton, N.S. B0S-1P0 or phone at 902-825-6892.

Classified

RATES

Effective February 24, 1986 ALL Insertions will be \$3.00 per column inch.

Ski Mount Washington. 2-bedroom condominiums. Special mid-week rates. Telephone 338-8114. Sundays and after 6 call 339-7493 or 338-5253.

BATES BEACH RESORT
1 & 2 Bedroom furnished apartments. Waterfront. Heat & Hydro included.
From \$285.00 Call 334-2151 or 338-0501.

Puppy Free. Owner posted and must find a home for her. Female Lab-Terrier Cross. Born 2 November 85. Has all her shots. Black/White paws, chest & tip of tail. Contact F.A. Sutherland, Home 339-2664, Work 339-2922.

Customers Waiting

We have ready made Customers waiting for your product. ...such as...Good clean Motor Homes, Travel Trailers, Trucks, Van Conversions, Cars, 5th Wheels, Boats.

We have the finest exposure on Van Island. We have full time, live-in security.

FREE pick up and delivery anywhere on Van Island. Open 7 days a week for your inspection.

Consign with us — with a guaranteed payout price in writing.

Lantzville Recreation Centre Ltd.

6 miles North of Nanaimo with 600 units sold last year. Phone 390-3441 Dealer 7363

For Sale - Datsun 240 Z. 1972, Brown, New Tires including snows. Extensive body work recently completed. Owner posted and Must Sell. Contact F.A. Sutherland, Home 339-2664; Work 339-2922.

NOW OPEN
Courtenay Yamaha Centre
Sales, parts & Service
2440 SOUTH ISLAND HWY
COURTENAY — 388-5055

Be sure your home and belongings are properly insured. See—

BOB EMMERSON
Nanaimo Realty Insurance
Courtenay, and call
334-3124 or home 339-5259

BUILDING MATERIALS

Lumber & Plywood
Panelling - Arborite
Doors and Windows
Builders Hardware - Tools etc.
Electrical and Plumbing Supplies

Paints and Finishes
Roofing — Siding
Cement Department
Truck Delivery
Customer Financing
Central Builders
610 Anderton Avenue
Phone 334-4416

For Sale - 1981 Honda CM400T Motorcycle. Like new. 1100 Km, Windshield, Crash bars, Rear carrier c/w back rest. First \$1500. takes it. Telephone 338-7876.

For Sale - 1974 24 ft. Surfer. 325 OMC Chev Engine Compass, VHF, Depth Sounder, C.B., Sleeps 5. \$6250 OBO. Ph. 338-1331 after 6 pm.

NANAIMO REALTY RENTAL DEPT.

576 England Ave.
PROPERTIES AVAILABLE
PROPERTY MANAGEMENT
334-3124

PARADISE PRODUCE

Two locations to serve you better.
In Comox
1744 Comox Ave.
339-4131
In Courtenay
2885 Cliffe Ave.
(In Front of Zellers)

338-1446
Specializing in high quality fruits and vegetables. Open 7 days a week, 9-6. Every Wednesday is 10% discount day.

RIVERSIDE PARK RENT REDUCTIONS

Does Your Rent Include?
—fridge, stove, dishwasher, washer and dryer in all 2 bedroom units.
—fireplaces and large balconies
—1½ baths with Jacuzzi tubs
—saunas and exercise room
—party room with wet bar and ping-pong
—swimming pool
—free cablevision
—excellent view suites available
—extra large suites
—rents from \$380.00

If not —
PHONE: 338-7973
"Best value for your rental dollar"
Custom Property MANAGEMENT LTD.

Support Our Advertisers

Dick's Quality Meats
TWO LOCATIONS TO SERVE YOU BETTER
Corner 29th St. & Island Highway
Courtenay, 334-3200
and
1745 Comox Avenue
Comox - 339-3100

Complete line of Grade "A" Alberta beef, pork and poultry. Freezer orders of custom cutting our specialty. Every Wednesday 10% discount off counter prices.

Antique and Collectible Sale

Thu Apr 3 9:30 - 9:00
Fri Apr 4 9:30 - 9:00
Sat Apr 5 9:30 - 6:00
Sun Apr 6 12:00 - 5:00

Driftwood Mall, Courtenay

AARAN HOUSE

Spacious 1 & 2 bedroom apartments available now in this nearly new building. Suites are bright and clean and include large fridge and stove and are close to town.

1 Bedroom from \$320.
2 Bedroom from \$345.

(After Rebate)

\$30 rebate on 1 bedroom
\$60 rebate on 2 bedroom
Call Gordon or Edna Brady at 338-1624
Managed By West Coast savings Real Estate Division Ltd.

MOVING TO OTTAWA? PLANNING TO RENT? READ ON! Carpeted 3 Br plus, gas heated energy efficient with LR/DR, main floor family rm w/fireplace, finished basement, double garage, 2 aths, 2 powder rms, central air cond for rent in Orleans. Three doors from Fr Immersion school and rec facilities, 1 min walk to 2 major bus routes. Other extras must be seen. 1 Aug occupancy \$800. per mo. plus utilities. Phone (613) 996-4420 (837-4172 after work hours) or write Capt Bob Butt, 1628 Preswick Dr., Orleans, Ontario. K1E 2Y1

Kenmore Sewing Machine. Model No 158 straight and zigzag plus cabinet. 1 year old. Asking price \$300.00 O.B.O. Call 339-2447 or 339-2487 after 4 pm.

For Sale 1982 Honda 450cc NIGHTHAWK Motorcycle Windscreens-Extras to right buyer. Asking \$1000.00 OBO. Contact Mark 339-2651 PMQ 101A Spruce.

FARMER DAN'S Produce Grocery
Going Concern
Fully Equipped
Lease with Option
To Purchase
Ideal Family Business
Get Ready For EXPO

FARMER'S MARKET
2270 CLIFFE Ave.
Courtenay, B.C.
V9N 2L4

Birthday Parties Weddings, etc.
CAKES
For All Occasions
339-2170

Pilot Audio
"ALMOST LIVE"
Book Now For Your FUTURE PARTIES
DANCE MUSIC FOR ANY OCCASION
REQUEST LINE
339-6662

Expo Update

16 Days to Go

Update....

Travelling Treasures

What do musical instruments, religious objects and surgical implements have in common? They're all part of the more than 300 items included in the Peru pavilion's gold exhibit, the most extensive collection of gold treasures ever to be shown outside their country.

Notable Novelties

Expo visitors can rest their weary bones on the 642 benches scattered throughout the site. And, the 450 pay telephones will make calling home or arranging dinner reservations a breeze.

Lights Galore

1800 lights, flashing in sequence, will illuminate the 1907 Philadelphia Toboggan Company Carousel, one of five delights for amusement ride lovers.

Balloon Bulletin

While taking out his garbage in Manitouwadge, Ontario, just north of Lake Superior, Bill Hedderson caught a rare species -- one of three balloons, containing a voucher for return airfare for two to Expo. The Helium prize was one of 1985 balloons released in September 1985 for the Vancouver launch of the "B.C. Invites the World" contest.

High Wire Live Wire

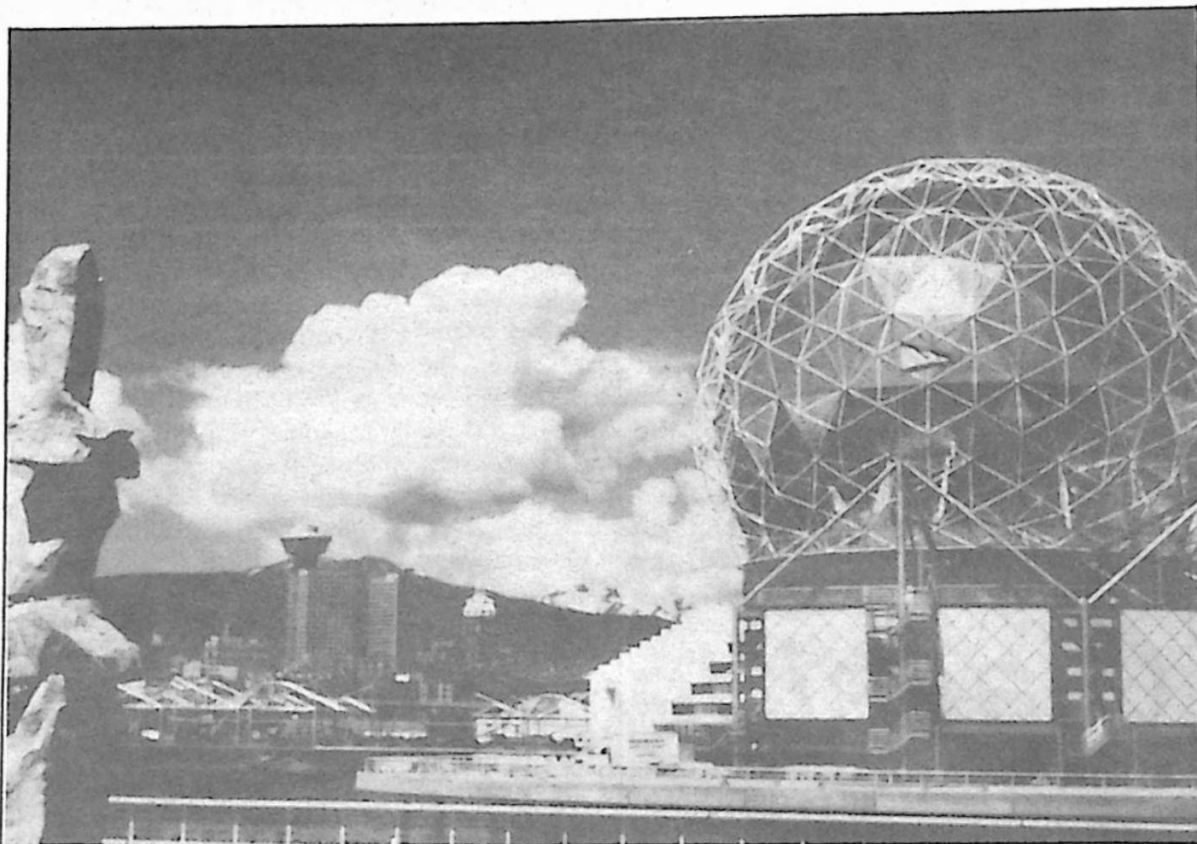
It's a bird, it's a plane, it's none other than high wire wizard Phillippe Petit, who will dazzle Expo audiences with his daring airborne feats. He's electrified crowds by his high wire crossings between the twin towers of New York's World Trade Centre and the northern pylons of the Harbour Bridge in Sydney, Australia, juggled across the world and is but one of the many sensational performers taking part in the Exposition's free on-site entertainment program.

Follow That Train

Photographers looking for subjects would be wise to keep their eyes open for B.C. Hydro box cars sporting the steam locomotive logotype of STEAMEXPO, one of the Exposition's Special Events. Camera buffs who capture one of the box cars on film are eligible for a host of prizes including two Expo 3-Day tickets, special VIP status at all STEAMEXPO events and a memorabilia feast. More info: 660-EXPO

Expo Info Manual

The unofficial Expo encyclopedia--the EXPO INFO Manual--is now available in both French and English. Compiled by the Expo Information Services Dept.--and updated monthly--this manual is a must for all the latest who, what, when and where's of Expo. Cost: \$160. Order through the Information Management Group, EXPO 86, P.O. Box 1986, Vancouver, B.C. V6C 2X5



Future meets the past at Expo 86....the neo-geodesic dome of the Futures theme pavilion contrasts with an ancient Inuit stone carving, an INUKSHUK. The twin themes of Expo 86 -- transportation and Communication will be showcased from the past, present and future.



During EXPO, the glory days of logging will be recaptured on a floating stage (pictured right) at the B.C. Pavilion where 30 competitors will compete daily in speed climbing, log burling and other loggers' sports events.

High riggers will race up 21-metre 'trees' at the back of the stage. Axe-throwing and carving demonstrations will also entertain the many thousands of visitors expected at the B.C. Pavilion. In the background is the glass-covered main Pavilion at the site -- Discovery B.C.

EXPO is for kids

Will EXPO 86 be a family place? Most definitely!

In one dazzling day, children can visit more than 40 countries, neatly packaged into 70 hectares (173 acres). They can view history at nose-distance, ride on a train that floats above its rails, explore spectacular Tall Ships that sailed in from

pirate days, climb aboard a steam engine and ride the monorail around the site for free. No need for tired feet!

Shake hands with Expo Ernie, the friendly EXPO 86 robot. He'll be joined by singers and dancers galore. There will be gypsy caravans, circus events and scarlet-coated

Mounties on parade. At three theme plazas, kids will crane their necks at towers 40 metres high where kaleidoscopic flags and banners snap in the breeze.

More than 80 pavilions will feature international and national participants, corporate sponsors and the Expo theme of transportation and

communications. From the Expo Centre with its giant OMNIMAX screen to the Folklife Festival, from soaring Dream Theme Plazas to more than 45 countries, Expo is a passport to fun from around the world.

The Children's Play Area is a great resting-up spot--for

parents. While your kids explore this magical area, sit back and relax nearby.

An estimated 22,600 children will visit EXPO 86 daily. Their needs will be well provided for.

Expo is for kids! Children five and under are free.