



# TOTEM TIMES



Canadian Forces Base Comox B.C.

Vol 28 No 3

February 13, 1986

Deadline is Monday February 24, 1986

Cost: Priceless

## Update....

### BLUE ANGELS AT ABBOTSFORD

The Abbotsford International Airshow Society has announced that the U.S. Navy Air Demonstration Team, the famous BLUE ANGELS will be performing at the 1986 Abbotsford Airshow August 8, 9 and 10.

The Blue Angels last appeared at the Abbotsford Airshow in 1980.

1986 marks a significant year for the Blue Angels. This is the 40th anniversary of the team which has thrilled and delighted airshow crowds since 1946. 1986 is also the 75th anniversary of U.S. Navy aviation.

### NAVAL REUNION UPCOMING

Attention all Navy Veterans, or wartime serving Merchant Marine Veterans.

A world wide reunion is being held on board H.M.C.S. Discovery May 16-17-18, 1986. Three days and nights of nostalgia, dances, banquets and reminiscing, for all who served in the wartime naval forces.

For more information contact Registration Chairman, Mr. David Burgess, 3020 East 15th Avenue, Vancouver, B.C. V5M 2K9, or call him at (604) 435-2592.

### 108 COMM FLIGHT REUNION

The 108 Comm Flight Reunion will be held during the Labour Day weekend in Ottawa. Early confirmation of attendance would be appreciated. Information can be obtained by contacting one of the following: Gerard Brazeau at (613) 679-4658, Bob Sabourin at (613) 837-1069 or Ray Trepanier at (613) 741-3731.

### ADMIRALS' MEDAL WINNER — 1985

Ottawa — Commodore Robert I. Hendy (retired) of Toronto was presented with the Admiral's Medal in recognition of outstanding personal achievement in Canadian maritime activities. The presentation was made in a November, 1985, ceremony at Government House in Ottawa by Governor-General Jeanne Sauvé. Mr. Hendy is the first recipient of this award which was established in 1985 in commemoration of the 75th anniversary of the Canadian navy.

### HERITAGE WEEK 1986 PROCLAIMED

Provincial Secretary James Chabot has announced that the government has designated February 17 — 23 "Heritage Week" in British Columbia.

The purpose of Heritage Week is to encourage all British Columbians to participate in activities that will make us all more aware of our history, our past achievements and our heritage buildings. Many special events are being planned, from school plays in Victoria, community T.V. videotapes on Northern Vancouver Island, museum exhibits in Vancouver, historic fashion shows and library displays in Prince George, and scores of tours, lectures, film shows and other events in every region.

### CRISIS CENTRE NEEDS HELP

The Crossroads Crisis and Family Services Centre which operates a twenty four hour volunteer agency in the Comox Valley needs help. They are looking for Board Members and Volunteers.

If you can help — Call 338-0512 or 334-2455.

## Commander visits



**A Birds Eye View...** L. Gen. McNaughton, Commander Air Command picks an opportune location to gain a bird's eye view of the VU 33 operation. The General was a recent visitor to CFB Comox and when visiting VU 33 and the Tracker aircraft he checked out the emergency escape hatch. (For further coverage of the visit see pages 12 & 13.)

## A CHALLENGE

*Our good Colonel has challenged every smoker on the Base to quit. He has — and it's tough! Details of the Challenge will follow in the next Issue.*

**To John, Kathleen & Harley. Our Hearts Go Out To You In Your Time Of Sorrow.**

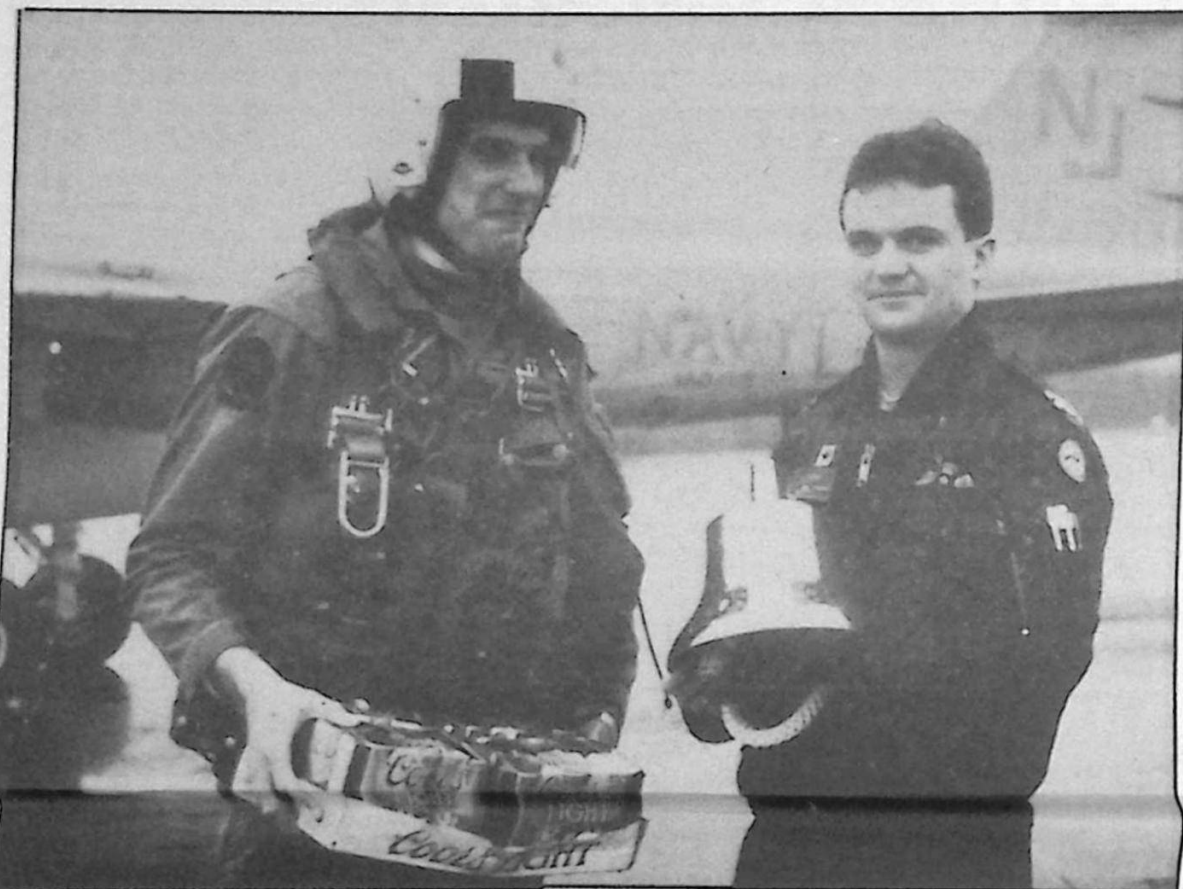
— The Personnel of CFB Comox

## SECTION NEWS



## 442 Squadron

## Bell exchanged for cheer



US Navy Lt Paul Wasic, of VAQ-129, (NAS Whidbey Island), trades Capt Tom Lindsey of 442 Sqn, a round of cheer for a 'liberated' bell.

Another two weeks have "slithered" by and things have been fairly quiet around the Snakepit. With SAR Trask over, Squadron training and the occasional operation have sufficed to keep 442 out of trouble.

On the first, the standby Buffalo with Captain Rick Hanna and crew, and a Labrador on a training flight out of Abbotsford, with Capt Ron Greenaway as acting AC, were tasked to respond to a Cessna 172 that had taken off from the Victoria Flying Club and flown erratically into the Vancouver Control Zone, apparently not responding to any radio calls. The Labrador was on scene first, however the offending aircraft had climbed to nearly 12,000 feet, well above the service ceiling for the helicopter. Another Cessna from the Victoria Flying Club, with an instructor at the controls, formed on the first aircraft, but was apparently unable to communicate with the pilot. As the aircraft flew more or less aimlessly around the Abbotsford area, disappearing in low cloud occasionally, both the instructor-pilot in the Cessna, and the Labrador

from below, attempted to stay with the plane. The Buffalo remained well clear, maintaining radio contact with the Labrador and RCC Victoria.

Finally, after more than an hour and a half, the offending aircraft disappeared into cloud among the hills north of Sumas Peak, in the Fraser Valley. The Flying Club aircraft and Labrador tried unsuccessfully to regain visual contact, and Vancouver Centre was also unable to locate the aircraft on radar. A few minutes later, the crew of the Labrador spotted aircraft wreckage on the side of a mountain, up a narrow valley. The SAR Techs were hoisted to the scene and identified the wreckage as that of the missing aircraft. The pilot, a 53-year-old man from Victoria was declared dead at the scene. As yet no information has been released regarding the pilots incapacitation.

During the ground operation when returning to the helicopter from the crash site, SAR Tech Sgt Ron Holliston suffered multiple injuries when he was struck by rolling boulders while descending a riverbank. He was evacuated to hospital in

Mission and spent two nights there. Ron is now at home, recovering quickly and will be back on the job soon.

On a more cheerful note, last week saw a 'rescue' of a different kind. Last summer at the Whidbey Island NAS Airshow in August, Capt Tom Lindsey's Buffalo crew discovered a beautiful, chrome-plated US Navy ship's bell, hanging most forlornly in the Whidbey Wardroom. In true SAR spirit and working into the 'wee' hours of the morning, the BUFF crew 'extricated' the device from its lonesome post and prepared to 'MEDEVAC' it back to Comox for some TLC, Snake-style. This was accomplished, not without the considerable assistance of one, traitorous American barmaid (who shall remain anonymous!) ...she supplied the wrench! The next day, fortuitously before the SP's discovered the 'loan', Capt Lindsey and crew (and the bell) set course for points North.

With a mischievous grin, Captain Tom sent a poetic note to the Commander of Whidbey, advising of the whereabouts of the prize, and the bounty claimed: a round

of cheer for the gallant saviours of the bell!

After several false starts, (and a couple of veiled threats), VAQ-129 of Whidbey graciously agreed to the ransom and dispatched a Prowler to "rescue" their bell...and just in time, too, for the bell's six month visitor's visa had just about expired! And so, as the "Liberated" bell winged its way homeward, and Tom and crew ingested the ransom, a fleeting thought crosses our minds: this year's Whidbey Airshow is less than six months away...

In other news around the Squadron, Capt Lauritz Mamen leaves in about a week for a cross-country ski instructor course in Borden, and a 55-kilometer cross-country ski race near Ottawa...good luck, Lance! Also away for the next little while is Capt Inge Plug, enjoying the "seasonal" climate of Winterpeg for a Flight Safety Officers' Course.

Finally, Capt Marv Macauley is looking forward to his Squadron 'swan song' ...a 1600-series training flight, heading east later this week for Medicine Hat and Calgary. Could be your last time on02 in the Buff, Marv! With that, we'll close this installment...elsewhere, another 'Snake Eyes' cartoon by Ian Murray. Until next time, Snakes.....out!

## FROM THE GROUND FLOOR

Last month, [With apologies to Wordsworth]: I wandered lonely as a cloud My hangar'd footsteps echoed loud

No human did I hear or see No gossip, news or 'stuff for me Up north was most of 442 There was nothing I could do To meet the Monday TT



BRIAN HORLEY

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deadline

I thought I'd have to join a headline

But this week, there are plenty Of items — must be twenty: A Sergeant brash, he asked the Chief

If Groundhog Day would bring relief From winter's grip — the Chief replied: "Your P.E.R. just up and died."

Young Rick Poirier and Ginette Their corporal hooks did lately get And Peewee's going to leave this aerie

For some flat place out on the prairie Another corporal, now we know Is 'Vionics' Linda Thibedeau Also, from the engine bay, John Thompson's in the two hook way

Phil Lessard's off to Germany Bill Boran too, will Deutschland see And who can credit '07's luck They're getting Lorne — our Newfie duck

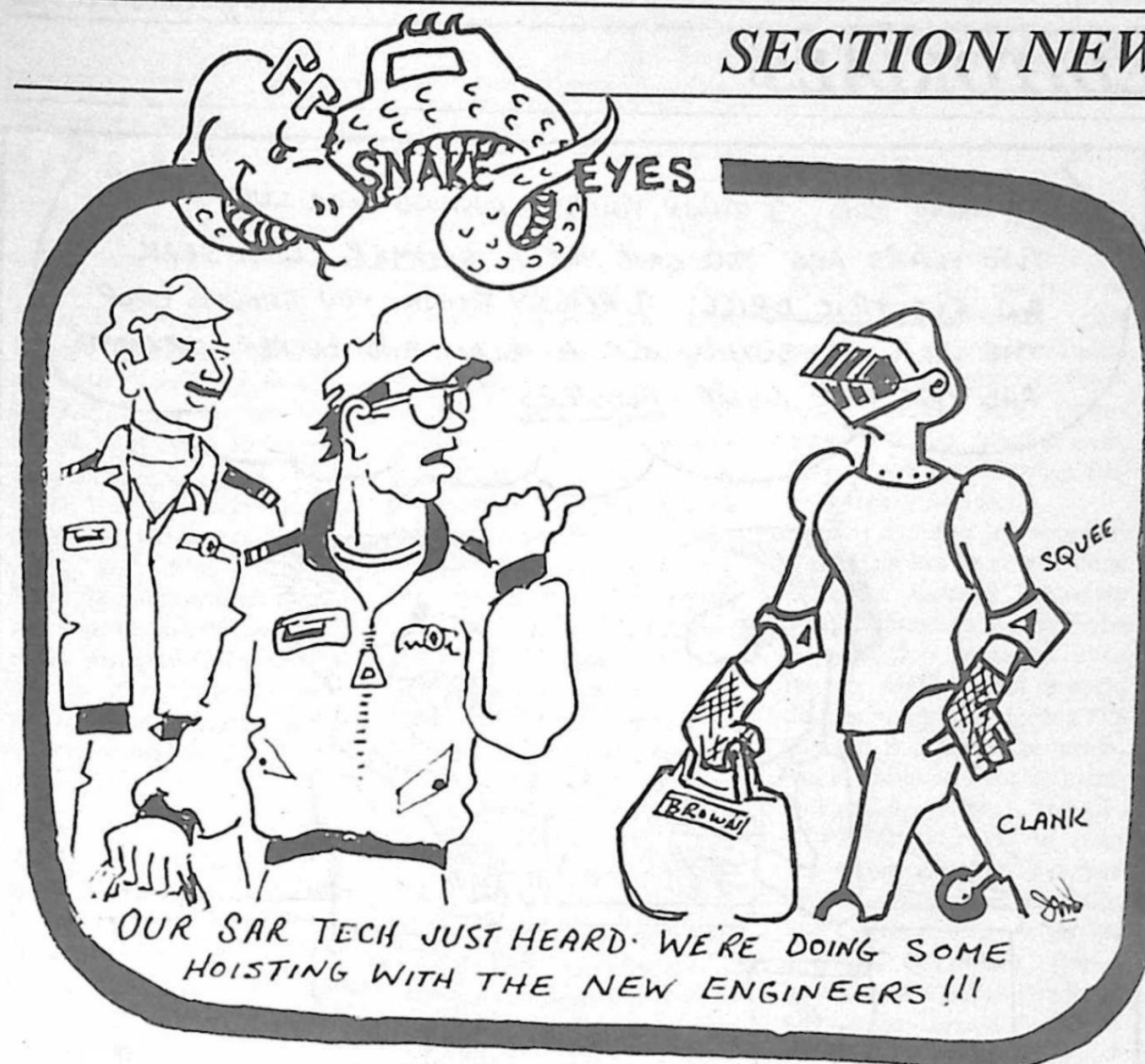
We'll mis old Munden and his jokes, Expletives, stories, friendly pokes A dear john came for Ikle, Glen Lorne Penney too — I wonder when

There'll come my time (No doubt when others read this rhyme) McDougall has eleven days Before he starts his civvy ways And Widmeyer's going to Ed-monchuk

But just for marriage — Al, Good Luck! Trenton Ont. will soon be merry Because it's getting Longchamp, Gerry Ben Despres's posting?—Montreal

From Ground Floor, friends, I guess that's all...Norm Blondel

## SECTION NEWS



## Base Supply

As Techs finally begin to see the light of day with the realization that the job they've been assigned to do isn't quite as complicated as they had first thought, and customers can finally ask for the person they need to see by their first name, then we all know what is going to happen next ... Management decides it's time for change.

So for the people who want to keep up on their favorite Sup Tech, here are some of the latest moves:

Sgt Mike Channen, formerly of Clothing Stores has become our resident IOR Clerk. MCpl Dianne Shea moves up in life to become NCO i/c Clothing with MCpl Debra Burns moving in to become her 2 i/c.

MCpl Dianne Earl and Cpl Sue Gougeon were threatening to pack up all their belongings and go out into the world to find a Sup Group (outside 7 Hgr) that would allow them to settle. Dianne is now NCO i/c of MPO, and rumour has it that Sue is building a nice little cottage out back of C.E's 5

GP.

MCpl Pat Armstrong has moved to General Stores and MCpl Dave Brewster has moved in at Customer Services.

We welcome Cpl LeeAnne Buxey back from Borden where she has just finished her TQ5 training (An "A" Class finish, eh?) Good show and keep up the good work!

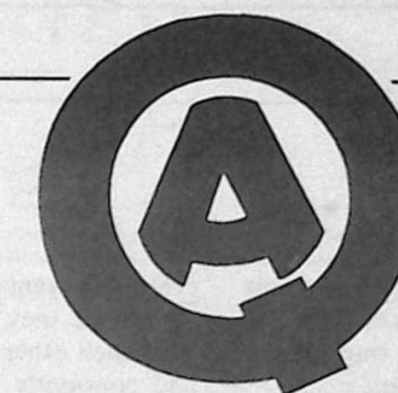
One of the disadvantages of having an "OLD SALT" (who can read) in the section is that one receives little notes like this: From the resident "MATLOT" at CSS, "The ferry in Seattle is probably very pleased for the mention in last week's article, but I suspect that "THE OLD MAN" of the HMCS "MARGAREE" is mustering a Naval Landing Party to look for the culprit who wrote it." (By the way, Brad, what time will you have to get up every morning to drive from Halifax to Victoria and not be adrift?)

Speaking of Sea Duties, rumour has it that Able Seaman Cam Bailey may be an-

swering the Boson's pipe on the HMCS Terra Nova while Chuck Harvey answers the phone on Terra Firma.

One last thing — I always thought George, John, Paul and Ringo were men and I didn't know Mick Jagger was that tall. Congratulations to Lorena Charles, Donna Forget, Kim Heath and Betty Duncan as the Beatles, and to Chuck Harvey as Mick Jagger. They all tied for first place in the JR's Lip Sync Contest.

**PROOF READER'S COMMENT:** I also noted the strange spelling of "Margaree" however I cannot always interpret what the writer intends to say. For the same reason, I have left "MATLOT" which I cannot find in the dictionary, and I assume is meant to be "MATELOT," and "BOSON" which refers to physical laws by Bose and Einstein, but is probably intended to be "BOSUN." I can only correct spelling when the meaning is obvious.



## Quality Assurance Section

## How to Win Friends and Pass your AMIT

The Aircraft Maintenance Inspection Team, which visits all air bases in the CF, carries out the ultimate quality assurance inspection. Almost always, the AMIT arrives at an organization which has been prepared in advance for the visit.

This preparation often resembles a controlled form of panic. Everything in sight is painted yellow. Floors are de-waxed and re-waxed, files are re-indexed. In short, what takes place is basically spring cleaning. After the AMIT departs the dust settles and starts to collect in the corners again.

One of the purposes for which the Quality Assurance team was formed, was to help organizations to meet the high standards of the AMIT and maintain them all the time.

Each section within our inspection area — 407 Sqn, 442 Sqn, VU 33 and BAMSO — will be visited by the QA team at least twice each year. The observations raised on these visits are the same that an AMIT would make. Correct them, keep your section operating within the various guidelines and standards that apply to you, and the AMIT will be satisfied. Not to mention management, who will be considerably more friendly than usual.

## Change Near the Top

The new WO i/c is WO Al Munkeskov, the former BJunkO. He takes over from Lt Al Walsh, who is now looking after cadet aircraft in 3 Hangar.

Picky, Picky

If we seem to be picky on little things during our inspections, it is because little things like FOD wreck aircraft. Since we are here (ultimately, and in part) to wreck other, unfriendly aircraft, tanks and submarines, it makes sense to protect our own equipment from ourselves. A little while ago in Europe, we almost lost a hangar with aircraft in it due to fire.

We hope that you realize it isn't personal when your normally tidy hangar inspection starts scribbling as he sees paint, oils, aerosols, alcohols, esters, propane and other flammables stored with scant regard for safety or, heck, even neatness.

FOD and flammables can make you an "ace" without being aircrew, or being at war. Fire Orders, C-08-005-120/AG-000 can keep your score at zero.

## Q — Tips

Lockwire, split pins and witness marks on torque-threaded fasteners are starting to appear with some regularity as observations on our QA reports. Did you remember to finish with three turns of lockwire, folded over? Did you use the right tool and put the right bend on the ends of your cotter (split) pins? Torque nuts are witness marked for a purpose: the mark indicates creep. Ensure that the mark is a continuous stripe or blob at the juncture of the torqued fastener and its bearing surface. The mark should be red.

C-12-010-023/TP-000 gives the word on correct lockwiring, and for split pins and witness-marked torque fasteners, refer to C-12-010-040/TR-005. Improve your PER — read the books!



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## EDITORIALS

## CRISIS....

What in the world is going on! There seems to be no end to the conflict that our Global Nation finds itself in.

But for a few brief moments recently when Challenger befell its terrible tragic end, there seems to be no moment when we can put aside our differences and show some good old brotherly love.

What with election strife in the Philippines, terrorism in the Middle East and all out war in South America, the world is definitely in a lot of trouble. Will it ever dawn on Mankind that our future lies in some kind of global co-operation. Our hopes and inspirations are tied to the hearts of people of every race and colour. We must get it together!

Then we look around good old Canada, land of the true north strong and free. Everyone says we are lucky to live here in peace and harmony with each other — Ha! Peace and harmony my foot!

Politicians at the federal level make complete fools of themselves in a forum that stands for all we have fought for. Instead of dealing with the

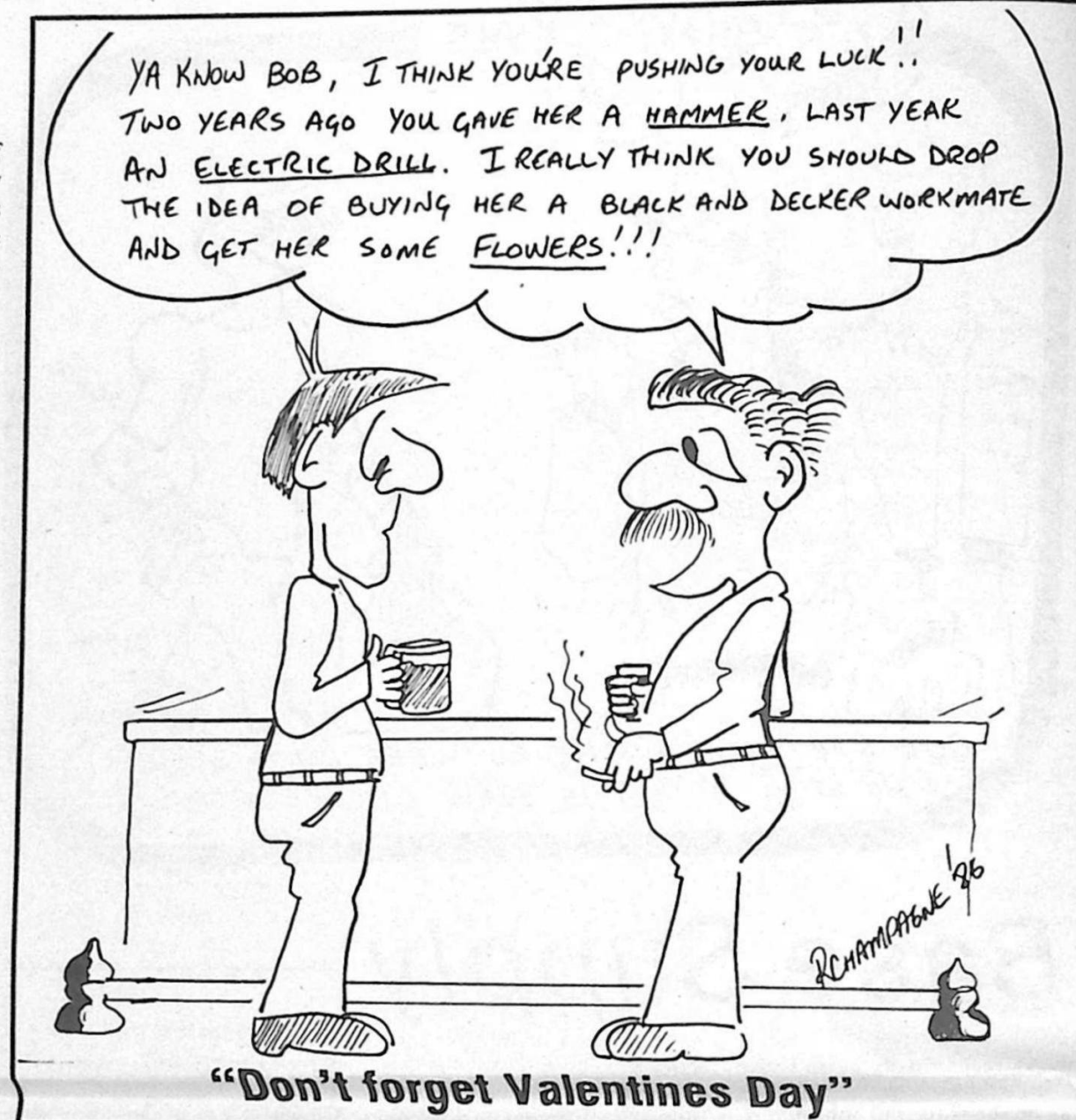
every day wants and needs of the people they represent they treat each other like mad dogs and constantly try to pin the horns on yet another unsuspecting aspirant.

In our very own legislature, here in Beautiful British Columbia, a member of the opposition likens our Premier to the Marcos regime in the Philippines — absolutely low class! That we must put up with this kind of childish nonsense and time wastage is ludicrous. The province needs the help of upstanding political leaders to solve our economic woes. That's why we elect them. Instead we get mindless squabbling and foolish actions.

Lets get back to basics. How can we hope to provide the leadership we are expected to provide on a global scale when we can't lead ourselves.

We truly are a great people living in a great nation. For god's sake — lets wake up and get a grip on things before we lose it all as a result of our selfish and mindless games — or if not — May the bird of paradise fly up your nose!

G.M.K.



## Post Employment Code set

The government has adopted a conflict of interest and post employment code which applies to the Public Service among others. Parts of the code also apply to the Canadian Forces. Details will be promulgated within the coming weeks but in the interim it is important that all military and civilian personnel within DND be aware of the code's provisions. Full implementation of the code is required by 1 Jan 86 but in the meantime all concerned are encouraged to comply with the spirit and intent of the government's policy in the matter.

The code requires all civilian employees and military personnel to conform with the following principles:

a. Employees and military personnel shall perform their official duties and arrange their private affairs in such a manner that public confidence and trust in the integrity, objectivity and impartiality of government are conserved and enhanced.

b. Employees and military personnel have an obligation to act in a manner that will bear the closest public scrutiny, an

obligation that is not fully discharged by simply acting within the law.

c. Employees and military personnel shall not have private interests, other than those permitted pursuant to this code, that would be affected particularly or significantly by government actions in which they participate.

d. On appointment to office, and thereafter, employees and military personnel shall arrange their affairs in a manner that will prevent real, potential or apparent conflicts of interest from arising but if such a conflict does arise between the private interests of an employee or military member and the official duties and responsibilities of that employee or military member, the conflict shall be resolved in favour of the public interest.

Employees and military personnel shall not solicit or accept transfers of economic benefit, other than incidental gifts, customary hospitality, or other benefits of nominal value, unless the transfer is pursuant to an enforceable

contract or property right of the employee or military member.

Employees and military personnel shall not step out of their official roles to assist private entities or persons in their dealings with the government, where this would result in preferential treatment to any person.

Employees and military members shall not knowingly take advantage of, or benefit from, information that is obtained in the course of their official duties and responsibilities and that is not generally available to the public.

Employees and military members shall not directly or indirectly use, or allow the use of government property of any kind, including property leased to the government, for anything other than officially approved activities.

Employees and military members shall not act, after they leave public office, in such a manner as to take improper advantage of their previous office.

Please help the Red Shield Appeal

Give us this day

## CANADIAN FORCES UPDATE

## CFCCP

That the world is a parade and not a crowd has finally been revealed. Four years after the Canadian Forces Community College Program began, we still hear: "I've never heard of CFCCP". So, if we have visited your base or station, done our briefings, advertised in the base newspaper, trumpeted our virtues in Routine Orders and still haven't been heard, the only answer can be that your section of the parade either just passed by or was still out of earshot. However, you're in the right spot at this instant, so read on.

The Second Career Assistance Network (SCAN), operated on most bases by the Personnel Selection Officer, has added the CFCCP to those programs intended to assist members of the CF to make the transition from service to civilian careers. The CFCCP helps members to acquire a college education and the competencies it represents. The rationale is, of course, that the more post-secondary education a former service member has, the more likely he or she is to find satisfying, rewarding employment on completion of military service. Recognizing that when the serving member changes

careers, a spouse frequently does too, the program is also open to dependents. Many CFCCP members are wives who left the work force while they were raising their families, but who are now acquiring or refreshing marketable skills in preparation for employment outside the home.

The CFCCP is, very simply, an opportunity to acquire post-secondary education credentials while serving. Members work on their own time, at their own pace, either at Base Learning Centres (there are now 14 of them), by correspondence, or through a local community college.

Academic records are held at the CFCCP office, so that regardless of where credits are earned, a certificate or diploma will be awarded when program requirements are completed.

Further, recognition for learning needn't take forever. For many service members, the combination of concentrated certificate courses of 6 or 12 subjects, credit given for previous education, means that over a period of two or three years (less in some cases) solid academic credentials can be earned through part-time study.

Community college

## Did you know



Gin was first invented as a medicine by a Dutch physician living 200 years ago.

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## NOTICE

## DECISION

Decision 86-34. Cablenet Limited, Courtenay, Comox, Cumberland and Comox Valley, B.C. Approved — Increase in the maximum monthly subscriber from \$7.50 to \$10.20.

Where may I read CRTC documents? CRTC documents may be read in the "Canada Gazette", Part I; at CRTC offices; and at reference libraries. CRTC decisions concerning a licensee may be read at the licensee's offices during normal business hours. You also may obtain copies of CRTC public documents by contacting the CRTC at: Ottawa/Hull (819) 997-0313; Halifax (902) 426-7997; Montreal (514) 283-6607; Winnipeg (204) 949-6306; Vancouver (604) 666-2111.

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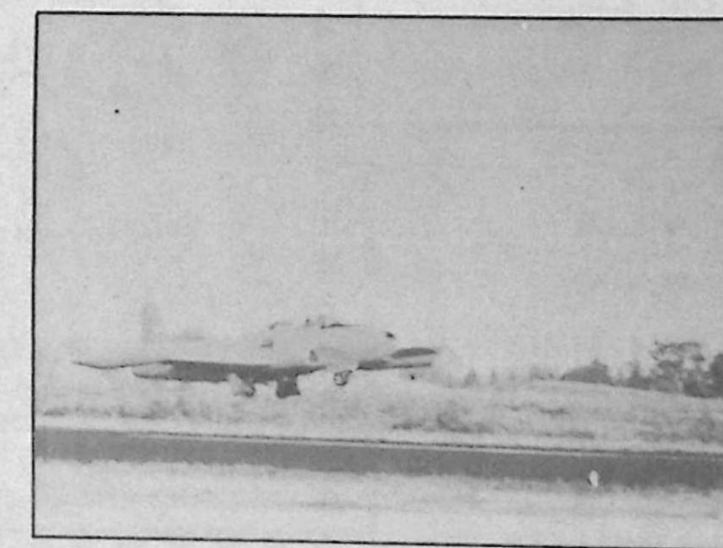
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Canada

## Military trivia What? Where? Why? When?



## Answer From Last Issue



The original Red Knight T-33 No 21057, on take-off at RCAF Station Trenton circa September 1958 or May 1959. In June 1959 the Knight's head was painted on the nose at RCAF Stn Saskatoon. This aircraft was destroyed in a fatal crash at Gimli, Manitoba in 1963, killing F/L Bud Morin.



## SECTION NEWS



## Demon Doins

Signing in at 407



Taking pen in hand .... The recent visit of the Commander Air Command was occasion for the customary signing of the Guest Book. Here LGen McNaughton receives the pen from Squadron CO LCol Rogers, as Col "K" and an apprehensive XO look on.

## UPSTAIRS UPDATE

Now that the holidays are long past and spring is in the air we see that our gal in blue, Pam Begin, is back from the "A.S." (Advanced Survival) or (Armt Systems) Course, take your pick, held in the deep snow and extreme cold of ZX. Later this month she is off to Windy Winterpeg to carry out a weather comparison test. While there she will also attend the General Flight Safety Course. Actually she just travels around to show off "The Blues" to the younger set who aren't old enough to remember when that colour of uniform was actually worn!

SAMO and Tech Adj are back from their "Headshed" visit. Answers to all those queries on postings, promotions, extensions etc. are forthcoming. Monica Burns is working on the appointment list between typing up the PER's and the list will be out shortly.

Other travels — Lt Jon North and WO AK Jones just back from a four day "Fleet Maintenance Review" visit to ZX and MAGHQ. (Sounds like a swan to me.) Rick Verbeek presently attending the AF Course in Greenwood.

With the transfer season (APS) fast approaching, the rumours are flying. MWO (Lord of the Rings) McKendry and Sgts Vince Ruholl and Roch St.P are all on the "Short Timers Calender" as they retire this year. Replacements names are forthcoming. Needless to say the rumours are rampant with several candidates in the running, in several directions! for these much sought after positions. It is also now definite that the position of Adam System Operator Manager is up for grabs. The present incumbent, MCpl John Arbic, commenced his 25th year with the RCAF/CAF and is pulling the plug.

Sgt Harry's sighs of relief can be heard throughout the Hangar as he gets to stay upstairs for another year (?) Cpl Ed Denton is off to Cold Lake this summer where he will learn how the Air Fighter Branch operates.

AMCRO TRIVIA: The highlight of the MWO's day is when he has the opportunity to give somebody hell first thing in the am. From then on the day is bearable. It's always nice to see someone from servicing about then to take the pressure off and we really appreciate it.

## DIAC MAINT

Well it is time again for us to add our two cents worth. FTAS 8601 has reached its end for some unlucky people like MCpl Don Plume and MCpl Roger Skidmore. They had already taken the last portion of the course. The more fortunate POI Check Berry, MCpl Kevin Dwyer and MCpl John Haugen will graduate on the 18 of February. Cpl Spence visited us from Greenwood for one and a half weeks to take only one portion of the course. Until April, 'Bye Chuck, Kevin and Don. Lucky Roger doesn't have the chance to come back to work but leaves for five weeks of fun to Penhold on his JLC, not even time to take our breath since the Display and Control 8601 Course is starting on the 3 of March. The maintenance part is quite busy having only two maintainers when a course is running. Time to go back to work....So long.

## 407 PHOTO

It's time again to let you know what has been developing at 407 Photo. WO Ray Evans is going on his SLC in Borden during the months of February and March, and Christine MacKay and Joanne

Parker have gone on their pre-POET course in Greenwood. Look Out Greenwood!!! Richard Bonin was supposed to go on an Artic Survival Course, but guess what, he is going to Borden instead. Bernie Lambillon went on his XG — XH Course in Kingston, and Debbie Ekert is off and flying to Moffet. Robert Granger is out of Hospital. His foot has broken out of its cage into a fiberglass cast. (It's fiberglass so it'll last.)

John Clevett has quit smoking --- Maybe!!!

Ginette Duguay has bought a new Honda Civic and on her first day out, the RCMP took note of her speedy little car. Peter Veldhuizen is waiting to see whose Career Manager is correct (His or his wife's). Serge Peters is driving Jean Cote crazy with his questions, but Jean doesn't mind too much because on the weekends he gets to beat Stan Lawless at golf; if not by the score, by the gallow.

Joanne Paul is sitting straight these days, with a little help. Richard Bonin, alias Brain, Adams with help from Sandra Belanger (Supply) alias Tina Turner, won in the first week of running for the Lip Sync contest at the JRC, and Jenny Labelle, alias one of the pointer sisters trio came first runner-up in the second week of running for the Lip Sync contest. Both get to compete in the finals on February 7, 86. Good Luck Richard, You'll need it!!

That's all the developing that has gone on in this Photo Shop as of late. Hope to have more news for you next time.

## ONE CREW

Welcome to One Crew's continuing saga.

Our script writers don't have a superabundance of procurable information, but we'll make an unfeigned attempt at producing an interesting article.

The exercise was a success. "The Do Crew" sets the standard again with an 85% show during recall. There's just no stopping these alacritous people! Needless to say, we're

all vivaciously awaiting the next one. Undoubtedly there will be a few leave passes in for April 22nd.

The One Crew 649 pool hasn't collected it's millions yet (although we did win \$10, and \$66, respectively) but as soon as it does we're going to purchase the Leeward Pub and "drink it dry" which won't be easy when there's a brewery out back! keep your fingers crossed because we solemnly swear to buy each and every individual in the squadron a beer (maybe even two), should we win.

The women on our crew are suffering from a severe complex since their expedition to see the male strippers was a failure. (Even the boss's wife was talked into it!). They didn't show up!! We've all been stood up before but this is ridiculous. Better luck next time girls! And don't worry, the boss will soon forgive you for corrupting his wife (providing she doesn't go to the next one.)

As we all know the skiing has been excellent and we have the wounded bodies to prove it. All our ski days have been successful so far and anyone wishing to sign up for One Crew ski days will find the list on the bulletin board. Feel free, it's a good deal.

It's that time of year again when we apprehensively await the inevitable T4 slip! It's as much a war of nerves as the P.E.R's themselves. Good luck to everyone. Speaking of T4 slips, Bruce Ehman has a little tax write off on the way, due sometime in June. Congratulations Bruce.

Congratulations are also in order for Cpl's Ayotte and Otterman on their recent promotions. Cpl Otterman has also been tentatively selected for AWACS. Way to go Fred! One crew would also like to wish Cpl Levesque all the best in the future with her soon-to-be husband.

That's all folks! (ED NOTE: Help! Where do you find words like "alacritous" and "vivaciously"? I can't!)

**NEXT TOTEM TIMES DEADLINE**  
**February 24th**

## SECTION NEWS

## More with BAMSO

was another story. They left Trenton via Service Air on Sunday at 1600 hours and arrived in Comox at 2100 hours on the Tuesday. Dave won't forget that trip for some time. Two days were spent in Edmonton waiting for the aircraft to be repaired. He had one night in Griesbach (yee-haa) and another in Lancaster Park, and spent most of his waking hours in the AMU. Boy, what a way to party.

Well that's about it for now so until next time, keep your heads up and watch out for those radiation warning signs.

## BASE ARMAMENT

Greetings once again from Base Armament. There has been a rash of postings and courses since our last report. Our section leader, alias the Maytag repair Man, is off to Cold Lake to prove once and for all that he is the second most ancient (not necessarily oldest) Armourer in captivity.

Over on the "X" Area side, Jim Lewis has his "letter" and is making numerous retirement plans. You can still find him around the shop though as he will be with us for a while yet. Rick Jacques is slated for his POET course in early March and can hardly wait to attack those books. There are rumours of postings but we can't announce them here until they are on paper.

Caroline Wilson, presently on course in Cold Lake, has her

overseas dates and so has Jeff Fairweather, who is also taking some CF 18 Courses at Cool Pool. Meanwhile, in Kingston, "H" and Jardy are still slaving away on their POET Course. John Fraser will be going on an XG—XH course and I think he has also applied for a course on dart throwing while he is down there.

In Small Arms, Dave Oakie is inspecting everything he can track down in the North Island area and Frank is busy training hundreds of "semi-soldiers" in the use and care of military weapons. It seems that our little classroom is always full of eager people.

There have been quite a few High Altitude Indictment courses for Base Armament personnel, preparing them for operating the tow target apparatus in the back seat of the T33. Some of the recent graduates have actually taken their first "T" Bird flight. The only problem though is that they think they are aircrew and won't take off those little flying suits once they are back on terra-firma. Some are even accused of sleeping in them — right Dave??

That's all for this report. Soon the fishing season will be here and the coffee room will be filled with stories and tales of adventure and incredible fishing skills. Until the next time then, be good, and if you can't be good then take an Armourer to lunch.

## Did you know?



In his racing career, Man o' War won 20 out of 21 starts and broke five track records.

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## ...more Demon Doins

The Demons have been busy the past little while playing host to a multitude of magnanimous guests. Following hot on the heels of Brigadier General Patrick was Lieutenant General McNaughton, the commander of Maritime Air Group and Air Command respectively. At the well attended candlelight dinner for General McNaughton it was noticed that the dance floor was monopolized by members of Crew 6 who were out in full force. We were also graced with the presence of MAST concurrent with the visit by ASDU. There was both good and bad news from there — the bad news from ASDU is that inflight video games will now cost 50 cents, vice 25 cents and the good news is that Maj Raiche has confirmed that 407 Squadron is worthy of his future son-in-law (I won't give it away, but his initials are Alex Marsden).

Continuing with the list of visitors, a group from HMCS Malahat were here for a brief visit. Last and perhaps least,

the once familiar face of Mike Baumert (a DEMON at heart) along with John Meurling are out gathering information for the 10 year history of MAG — they have naturally mentioned that 407 is to be the feature squadron.

John Bouffieux has been providing the squadron with weekly "ski days" to provide a little R & R for the troops. Crew 4, led by the spectacular goaltending of Gerry Zanassi (yes, the very same Zanassi who achieved international fame with the Lethbridge Native Sons) took to the ice to almost defeat Maj Small's infamous "OPs Weenies". Despite a slacker OPs team it was close until the third period. A thriller, in fact at times the roar of the crowd resounded louder than the laughs of the latent scouts.

New members on the squadron are Brian Balters and Carl Marquis. Welcome. The squadron also extends its best wishes for a speedy recovery to Dixie Walker who is improving steadily.

## Did you know?



Jaguars are afraid of dogs, even little ones.

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## SPORTS &amp; RECREATION

## Sports shorts

## WATER AWARENESS WEEK

CFB Comox will hold a water awareness week from 24 — 27 March 1986. The purpose of this Water Awareness Week is to focus on boating safety both for fishing and pleasure and also safe canoe practices. A static display will be set up in the gym including pamphlets on boat safety, life jackets, safety equipment, boat handling etc. There will also be a pool demonstration on the following points:

- How to get in and out of a boat/canoe
- What to do if your boat or canoe tips
- How to turn your canoe over
- How to get water out of your canoe
- How to float
- How to paddle
- Proper entry into the water from a boat/canoe.

A vast majority of our military family here at CFB Comox are avid users of the surrounding waters both for fishing and pleasure and there is always a risk of accident whether it be minor or major. We urge all personnel who fit into this category to come out and participate in this worthwhile event. Remember "The Life You Save May Be Your Own."

## PAC REGION CURLING CHAMPIONSHIPS

CFB Chilliwack will be hosting the PAC Region Curling Championships, 24 — 28 February 86. CFB Comox will be sending two teams (Male/Female) to this competition in search for the Gold. The mens team consists of Sgt Wikland, Sgt Sears, Sgt Bostock and Sgt MacDonald. The womens team consists of MWO Fredrickson, Cpl Forget, Cpl Hutchison and Pte Morey. We at CFB Comox would like to take this opportunity to wish both teams the best of luck in the competition and we are most positive they will come out on top in the end.

## PAC REGION HOCKEY CHAMPIONSHIP

CFB Comox will host the PAC Region Hockey Championship 15 — 18 February 86. Teams from CFB Chilliwack CFB Esquimalt, Fleet and our own Totems will meet to win the right to represent the Pacific Region at the CF National Hockey Championship to be held at CFB Petawawa.

## Game Times Are As Follows:

Saturday	15 Feb 86	1400 Hrs
Saturday	15 Feb 86	1900 Hrs
Sunday	16 Feb 86	1400 Hrs
Sunday	16 Feb 86	1900 Hrs
Monday	17 Feb 86	1400 Hrs
Monday	17 Feb 86	1900 Hrs
Tuesday	18 Feb 86	**1400 Hrs

\*\*Championship Game

If a second final is required it will be played on Tuesday 18 Feb 86 at 1900 Hrs. Drop by the Arena and support your team in their 'Quest for the Gold'.

## PAC REGION BROOMBALL CHAMPIONSHIPS

The PAC Region Broomball Championship was hosted by DET Nanaimo from 2 — 6 February 86. Four teams met to see who would represent the PAC Region at the CF National Broomball Championship in Edmonton. When the competition was finished, CFB Esquimalt emerged the victors with a perfect 3 — 0 record. CFB Esquimalt came out with a 2 — 1 record. CFB Comox with a 1 — 2 record and the Fleet were 0 — 3. CFB Chilliwack defeated CFB Esquimalt 2 — 1 in double overtime and were declared 1986 Pacific Region Broomball Champions.

The CFB Comox team are to be congratulated for their fine play and good sportsmanship during the Championship.

## Pipe Smoke

By Gerry Gerow

Outdoor Canada magazine has recently recognized the unique interests of British Columbia residents when it comes to outdoors activities. A new B.C. supplement is now in every copy of the magazine that is sold in B.C. and is also included in B.C. subscribers copies.

They have had an Ontario supplement for several years, and now have branched out to include the B.C. supplement, known as "INSIDE B.C.". Inside B.C. contains articles of interest mainly to B.C. outdoors sportsmen and it's editor is R.H. (Bob) Jones of Courtenay, a former member of the Canadian Forces.

I visited the Vancouver boat show and for those that can afford them, there are some really beautiful and functional boats available. The accent appears to be on power with seemingly no limit to the size of motors available. Life in the fast lane seems to be taking over the boating world.

As well as boats, accessories were displayed, and the latest in fish finders seem to be a little too efficient. As one sales attendant put it: "With a little experience you can even tell what type of fish is under your boat." The new sophisticated sonar units sell from \$500 to \$800 and utilize liquid crystal displays. Sometimes a person has to think about how many fish he can buy for \$800.

Electronics are also moving

into fishing reels, believe it or not. The latest spin casting reels will not only tell you how much line you've got out, but how much tension the fish is putting on your line, so you can adjust the drag. All this is shown on a liquid crystal display on the reel itself.

It's really too bad that somebody doesn't find a way to put the same amount of research and development dollars into fish enhancement programs that they do into methods to further deplete the supply of fish. If it keeps up, the latest expensive gadgets will become a necessity if you want to catch a fish, due to their scarcity.

The controversy over off shore drilling in Hecate Strait and Queen Charlotte Sound is still going on. To me the answer is quite simple. The world, right now, has more oil than it needs. Why take the risk of contaminating our oceans when there is no need?

Someday, no doubt, this oil will be needed. By that time we will probably have made great strides in technology that will minimize the risks. Of course, my livelihood is not governed by off shore drilling activity, therefore my opinion might be biased.

Another raging controversy is over the use of herbicides. My answer here is simple. it's No Way! There are other methods, but they cost more.

Big Deal! We don't need that

junk sprayed around and if Joe Public has to shell out a few more pennies in his tax bill to avoid it, that's the way it is. We are long overdue to realize that robbing Peter to pay Paul proves nothing. Almost all of this stuff is persistent. That means: People spray it around to kill unwanted weeds, undergrowth, insects or whatever. Small birds and animals eat the contaminated vegetation and insects and die, or if they don't die the chemicals disturb their fertility. Larger raptors and predatory animals eat the contaminated birds and animals with the same result. When these larger birds and animals die their carcasses are either eaten by others or decay and the chemicals enter the ground to contaminate new growth or water sources. Eventually the chemicals get into the streams, lakes and oceans, and contaminate fish and shell fish.

35 years ago I spent many enjoyable hours hunting gophers on my grandfathers farm in Manitoba. Today, when I visit this same farm there are no gophers. Why? The farmers spray the crops to cut down on weeds. The message is clear. Stop using chemical sprays of all types now. As the saying goes: Pay me now or pay me later.

Frank Gavin — Please note there is not one word about dogs.

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Deadline for application is February 28, 1986.



## SPORTS &amp; RECREATION

## Sailing Spatter

Did you ever wonder why 75% of this world is covered with water? People who sail know the secret and up until now have been selfishly hoarding that 75% of the world for themselves! But some newly blacklisted sailor has taken it upon himself to spread the word. His actions have now forced sailors worldwide to share the water with non-sailors. And in the interest of our own safety, we sailors have banded together to teach ye landlubbers how to ensure you don't disturb us during the height of the season!

1985 was a very successful year for the Comox Squadron of the Canadian Forces Sailing Association. Sixteen hearty souls braved the warm, ice-free waters surrounding the Spit only to discover the secret so closely guarded for so many years. And our Wednesday Night Racing captivated many warm bodies. But the real story surrounds our charter successes with the Klim Kwash! She no longer graces our ranks but has been proudly replaced with a larger 27-foot sloop by the name of La Lage who will enhance our operations in 1986 and beyond.

And if all that wasn't enough, your executive have been busy since November planning to make 1986 the best year ever! Our events schedule resembles the following:

- 15 Mar Coastal Cruising Course Dock Party (not your average dock party!)
- 20 Apr Squadron Open House 1000—1500 hrs
- 3 May White Sail Course
- 14 May Wednesday Night Racing
- 7 Jun CFSA Regatta/BBQ

The first Coastal Cruising Course begins 15 Mar and is a must for those of you who wish to charter the LA Lage. Slots for this course have already been filled but if you retain your enthusiasm long enough to phone Dick Ohl at 338-5264, he'll help you out. Cost of the course is \$40. Duration of the course is five Saturdays.

Our 'not your average dock party' will also be held 15 Mar.

We are planning a cremation for our oldest dock which has come to its final resting place on the beach. We always appreciate a B.Y.O.T. (Bring Your Own Tools) for this sort of occasion. Wayne Southward is co-ordinating our of Dock Central at local 2505.

On April 20, our Open House will give all club members the opportunity to show off their new docks, refurbished dinghies and charming new keel boat to all who wish to see. By 20 Apr., all the skiers will be bored and all the winter couch potatoes will be just aching to get outside in the true Comox tradition. So push, pull or drag your carcass down to the Spit (Quadra Island for those yet uninitiated!) for a quick introductory sail and a bowl of hot chili between 1000 and 1500 hrs. All are invited and club members are encouraged to bring a carload. The more the merrier!

The White Sail course will begin at 0900 hrs on 3 May. Here's your opportunity to get out of the house and learn the secret. As space for this course is limited, and with seats going quickly, you are urged to contact Lt Dave Nurse at local 2308 for a reservation. The cost is \$15<sup>00</sup> for the first family member and \$7<sup>00</sup> for subsequent members. What a bargain!! The course will last six Saturdays and believe me, you'll be on the water (and loving it) the very first day.

After initial lessons, course members will be encouraged to crew for weathered skippers in the Wednesday Night Race Series (pretty original name, eh?) beginning 14 May. Maximum participation will allow some young salt the opportunity to strip the Commodore of his trophy.

Near the end of the White Sail Course, a BBQ/Regatta will be held to enable all who participate the opportunity to discover the other half of this time-honoured secret surrounding sailing. The other Pacific Region bases will be invited to attend this event to be held 7 Jun. More to follow.

All in all, 1986 promises to be a very prosperous year for the Comox Squadron. For anyone who has never experienced a rag, leave your stinkpot at home with a 'For Sale' sign on it. We promise you nothing but good times and wet feet in the world's greatest outdoor playground! Come and discover for yourself why water covers 75% of the earth's surface.

Don't hesitate to contact any of the executive before the season begins, because they won't be found anywhere near a phone once they get their feet wet for the first time

Major Terry Small Loc. 2321  
Commodore H-339-5346  
Lt Chris Smith Loc. 2308  
V/Commodore H-339-4965  
MCpl Wayne Southward Loc. 2505  
R/Commodore H-338-9057  
Mr. Richard Ohl H.—338-5264  
Sec/Treasurer  
Lt Dave Nurse Loc 2308  
Fleet Captain H—339-6794

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You may think it is soup, but we call them turtle necks. Your choice in sizes and colours. \$11.95 each

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All main courses are served with fresh coffee, mounting is not included in the prices. We use only the finest Rossignol, Blizzard and Atomic Skis and Lange, Raichle, Dachstein and Teppauer boots. Sale Prices in effect while supplies last.

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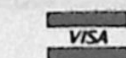
Bits and Bites

Choose from our dessert tray of ski bags, tote bags and other tasty goodies.

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BLACK'S CYCLE



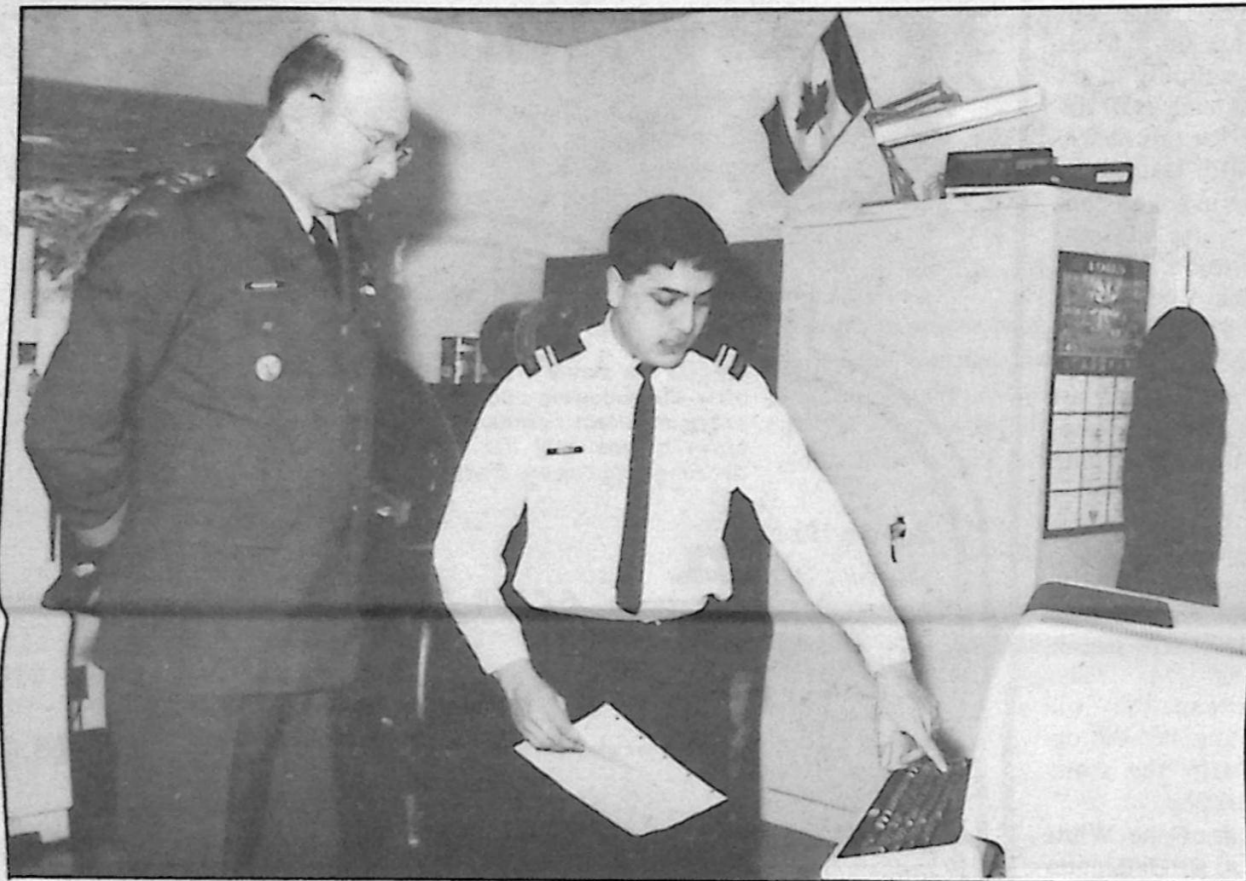
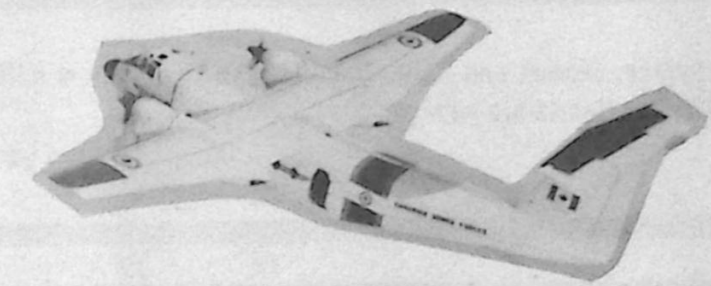
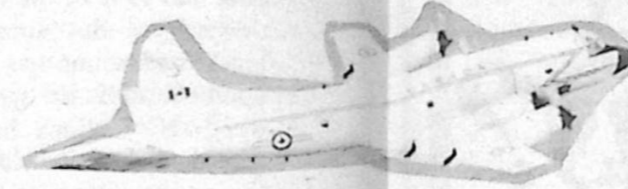
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# *The Commander visits*

## LGen McNaughton visits CFB Comox



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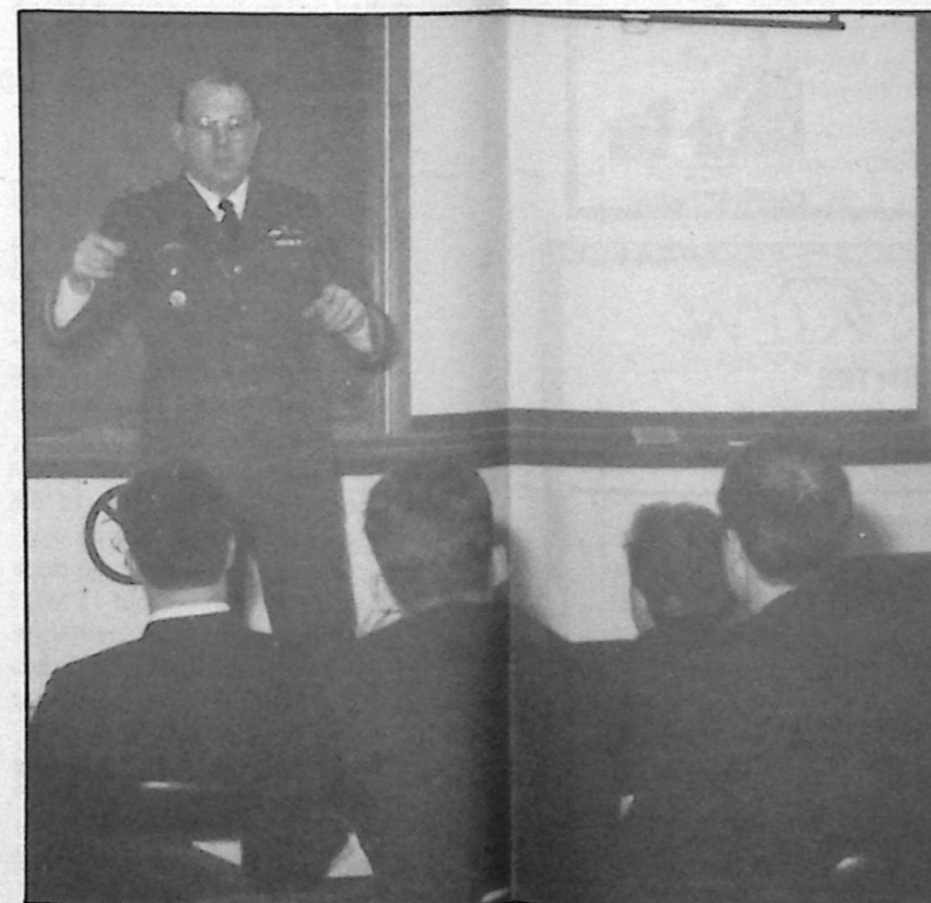
Caught it in the disk drive and it swelled up



With the new descrambler mod we can get 23 channels



Aw'right you guys — Where did you put my hat



Making a point at AFIS



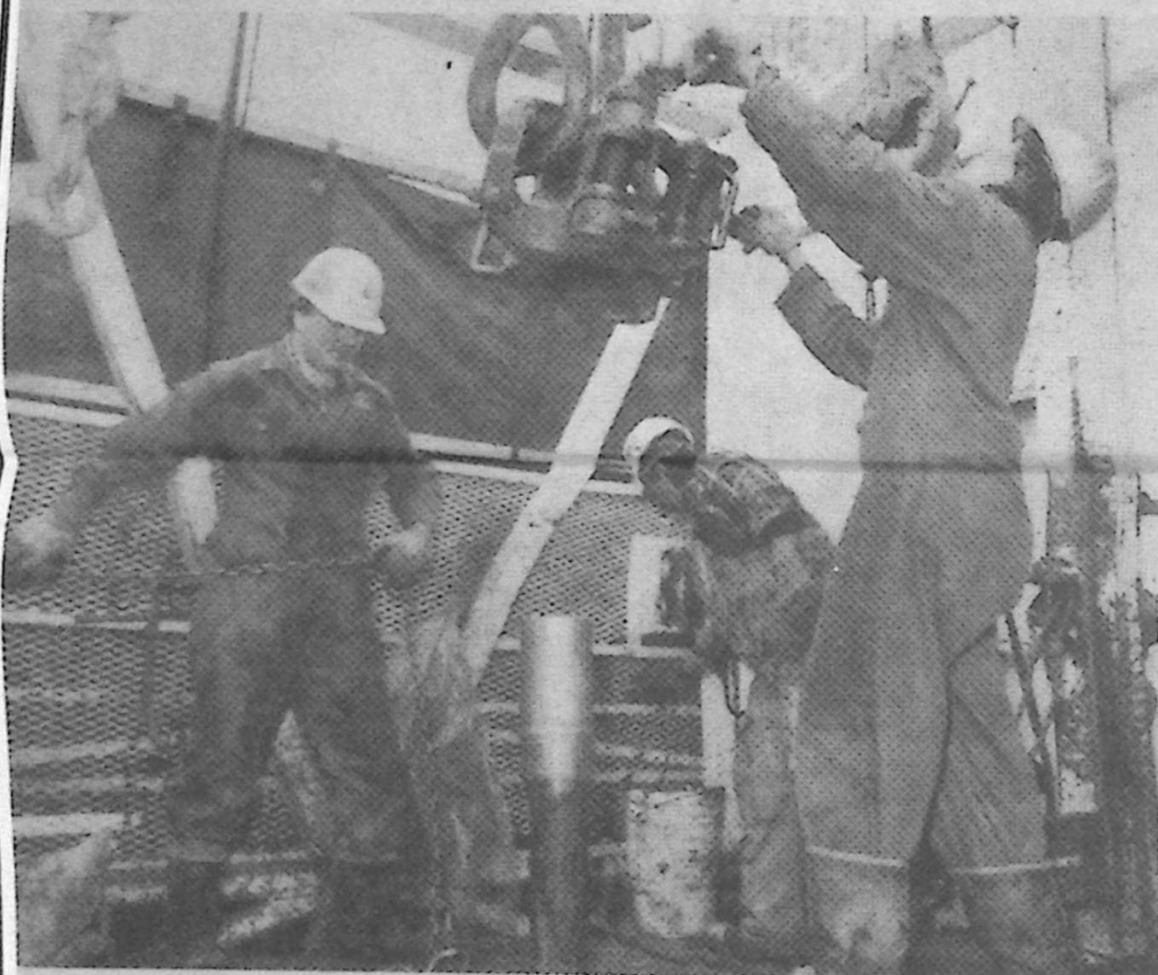
A fond farewell

## PEOPLE &amp; PLACES

To Jeff, Genevieve, Dianna and Daryl. Our Deepest Sympathy is extended to you during this time of sorrow. Our Hearts are with you...

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Hon. Stephen Rogers, Minister of  
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## SPORTS &amp; RECREATION

## Soccer Totems fall short

Base Soccer Team came up empty after two fine league game efforts over the weekend.

Hosting "Labatts" Sunday February 2nd, Totems fell 4 — 1 to the Visitors. The score however, did not reflect on the evenly played game.

Both defenses played well, while the Midfields worked hard to feed their respective strikers. Labatts' took the lead mid way through the first half when Lee Cleverly headed the ball home from a corner kick. Labatts' lead only lasted a few minutes, as Bill Strachan tied the game up, hustling Labatts keeper to a loose ball in the crease.

Mike McManus put the visitors ahead just before half time when he rounded the Totems defense and slipped the ball past Keeper Rooke. Labatts leading scorer Bill Lund found things tough trying to penetrate the Base Defense only to have Glen Rooke rob him when he did. Lund had the opportunity to notch a goal from a penalty kick. Rooke again thwarted him, putting the ball past the upright for a corner kick.

Base players Buxey, McKay, Strachan and Price had good chances on Labatts net but were unable to capitalize. Rooke selected as Totems M.V.P. was finally beat by Lund from a shot through a crowded goal crease. M.V.P. for Labatts, George Hatfield, rounded the scoring off with less than five minutes to play.

On Sunday, February 9th, Totems hosted 2nd place Woodrow Farms. This time Totems had the edge in play but were unable to gain ground in League Standings, losing 2 — 1. Francois Luneau and Ralph Luppe came close to giving the base a 3 — 0 lead early in the game when head-balls went barely over the crossbar. Base speedster Alex Marsden also had some excellent chances throughout the game.

Woodrow took the lead late in the first half from a contravertal play, where one of their players handled the ball in an offside position. Totems offense became relentless in the second half. Persistence paid off for Ralph Luppe, who

found himself alone with the ball and Woodrow's Keeper down, Ralph made no mistake in tying the game.

Alex Marsden and Ralph Luppe found lots of room in behind Woodrows defense, Luppe was unlucky with a diving header only to have the ball nip past the upright. Woodrows winning goal came from a free kick with 4 minutes to play, when Totems defense did not supply the necessary wall in front of keeper Rooke quick enough.

Base Team did not win any medals for their play, but attained satisfaction with higher placed teams!!!

"Next action for the Totems," is yet another home game Sunday, 16th at 2:00 pm against Tahsis F.C. Meanwhile CR Sounders face C.R. Ravens in the O.B. Allen Cup Final 2:00 pm at Willow Point. The O.B. Allen Cup is in its 63rd year, originating in 1923 as the "Provincial Cup" before adoption by the North Island Senior Soccer League after being won a few years in a row by teams from Cumberland.

## Golf news

The 1986 Glacier Golf season will begin on March 1st. The yearly membership fees will remain at \$205.00 dollars for singles and \$345.00 dollars for couples. If you wish to become a member of the Glacier Golf Club, you must have your membership fee paid in full no later than the 1st April 86. The club manager, Jim MacAffery will be more than happy to answer any questions regarding payments of your membership fee. This years' new score cards will show a layout of the course which will help speed up the play for those who are not familiar with the course. The committee is presently working on numerous projects such as organization of coming events, new layout of the course, construction of new tee-offs and possibly the construction of a new pro-shop. The fairway sprinkler system will be operational on at least 3 or 4 holes for this year and additional holes in years to come. For all those who were not at the last Sunday winter golf, the new policy was announced that everyone must enter their scores for handicap purposes as of the 07 Feb. Apparently, this policy will also apply to all the "Sandies" who are members of the Golf Club. Also if your ball lands in the "rough", you have to play the ball as it lies, unless you are able to apply the "casual water" rule. The "preferred lies" rule (6 inches) applies on your own fairway. By the way, I heard that Doug Slauenwhite has a modified two pieces pitching wedge for sale. He would even throw in a tube of super bonder crazy glue if anyone is interested.

### FEE SCHEDULE F/Y 1986

#### Membership

	Regular/Ordinary	Associate
Single	\$205.00	\$225.00
Man & Wife	345.00	360.00
Student	110.00	110.00
Junior	60.00	60.00

#### Green fees

	DND Personnel & Dependents	Non DND
Daily	\$8.00	\$10.00
Twilight	5.50	7.50
Inter Section	5.50	

For any information regarding membership or club facilities, please call Local 2592.



## B.C. PAVILION REPORTS

### 1986 — A YEAR TO LEARN ABOUT OURSELVES.

For 135 years, world expositions have shared knowledge, technological innovation and achievement among nations. As Host Province of Expo, British Columbia recognizes that 1986 will be a remarkable year in our history — and holds a rare learning opportunity for citizens of all ages and our international visitors.

### SPECIAL STUDIES FOR SCHOOLS.

To extend this opportunity to British Columbians in their home communities and schools the B.C. Pavilion and Ministry of Education have developed a study program to complement existing social studies curriculums. It's called the Discovering B.C. Learning Program and focuses on our communities, resource heritage, emerging high-tech industries, achievements and our relationship with other nations.

The materials which support the program are outstanding. They include four illustrated booklets by noted educational author Daniel Wood, a detailed study guide for teachers and eight challenging videos assembled by the Provincial Educational Media Centre. With titles such as "The Yellow Bus," "Going For It," "Port of Vancouver" and "Making Waves," the materials offer solid learning goals in an imaginative and colourful way.

### A LASTING LEGACY OF A SPECIAL TIME.

It's a special time to be a British Columbian. And this schools program will extend a special learning opportunity to our youngest citizens now and in the years ahead.

### B.C. MOBILE PAVILION ON THE ROAD.

Watch for the B.C. Mobile Pavilion in your area. Thanks to drivers and tractor units provided by Public Freightways Ltd. and the B.C. Motor Transport Association, our Mobile has taken its "preview on wheels" throughout the province. Look for it at Lower Mainland and Vancouver Island shopping malls this winter.

THE HONOURABLE DON PHILLIPS, MINISTER RESPONSIBLE

## UPDATE

**WATERFRONT:** Logger Sports barge built and moored off the Plaza of Nations. Dockside area under construction. Look for marine exhibits and displays here during Expo.

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## PEOPLE &amp; PLACES

CHECK AND  
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## Flight Safety Brief

Starring

Colonel Hugh Rose — Director flight safety

Major Roy Payne —DFS sidekick

At the Base gymnasium

Feb 24th & 25th at 0830 Hrs

The DFS team will review

1985 aircraft incidents and accidents.

SUNDAY  
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## CANADIAN FORCES UPDATE

## Anchor Express 86

Ottawa — More than 1,000 Canadian soldiers and airmen will participate in a major NATO field training exercise in northern Norway, from 15 February to 18 March 1986.

This joint Allied Command Europe Mobile Force (AMF) land and air component exercise dubbed "ANCHOR EXPRESS", will include 20,000 troops from Canada, the Federal Republic of Germany, Italy, Luxembourg, the Netherlands, Norway, the United Kingdom and the United States.

The Canadian contingent is made up primarily of the 1st Battalion, The Royal Canadian Regiment from London, Ontario, commanded by Lt. Col. Walter Holmes. Artillery support will be provided by 5e Regiment d'artillerie légère du Canada, of Valcartier, Quebec, using pre-positioned 105 mm howitzers. Elements of 2 Service Battalion and helicopters of 427 Squadron from Canadian Forces Base (CFB) Petawawa, Ontario, will also participate.

The air component will involve crews and eight CF-5 aircraft from 434 Squadron based in CFB Chatham, New Brunswick, and commanded by Lt. Col. Claude Thibault. The fighters will deploy to Norway, refuelling in mid-air from Canadian Forces Boeing 707 aircraft from 437 Squadron, based in CFB Trenton, Ontario.

The battalion group, with its equipment and vehicles, will be

deployed by air from CFB Trenton, beginning on February 23. The entire contingent, including some 60 militiamen from across Canada, will be in Bardufoss, Norway by March 2. This large tactical airlift will be conducted by aircraft from Air Transport Group from bases in Edmonton, Winnipeg and Trenton and will involve 65 flights by C-130 Hercules and 10 flights by Boeing 707.

"Anchor Express" is divided into four phases: warning and alerting, deployment of external forces and deterrent operations, combat operations and finally redeployment of external forces. Maritime operations in support of the exercise combat phase (March 6 — 12) include an amphibious landing by British, Dutch and American Marines. The landing is combined with the Norwegian national exercise FLOTEX.

The battalion group and air component represent Canada's commitment to AMF (Land) and (Air), a multinational air mobile force established in 1960 for rapid deployment to NATO's northern flank. The conventionally armed force is designed to provide a deterrent presence, to demonstrate Alliance solidarity and resolve and to work alongside host nation forces to strengthen the defence of the area. The NATO force, headquartered in Heidelberg, Federal Republic of Germany, is commanded by Maj Gen Andrew Christie of the Canadian Forces.



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faire part constituent notre meilleure preuve. Le  
service est toujours à votre portée grâce à notre  
réseau de 12 bureaux de service et à un nombre égal  
de bureaux de vente à travers le pays.

À FRAIS VIRÉS  
403-266-8746

AVEZ-VOUS AVISÉ VOTRE ASSUREUR DE VOTRE  
CHANGEMENT D'ADRESSE?

**CANEX**

## AROUND THE BASE

# OFFICERS MESS February 1986

## ENTERTAINMENT

### Valentine's Dinner & Dance

Saturday, February 15th  
Sweep your Valentine off his/her feet  
By swirling him/her around the floor following  
A Sumptuous Meal at 1930 hrs.

#### OFFICERS COFFEE HOUR

Coffee will be served in the Lounge every Wednesday at 1000 hrs. Dress will be dress of the day. All Officers are invited to attend.

## Officers Wives' Club

The low attendance made necessary a change of plans for the January 16th shopping trip to Nanaimo, but the 15 ladies who attended didn't mind car-pooling and enjoyed lunch together at Le Chef. Congratulations to Giselle Paul who won the raffle.

February's Function is to be a 'Beauty Tips and Make-Over Night' to be held at the mess on Wednesday February 19th. 7:30 pm for 8:00. Ann MacDonald from "HAIRPORT 5712" will choose volunteers from the audience to make over. Come out for an evening and enjoy the difference.



## Legion Log

Entertainment

### BRANCH 17 — COURTENAY

- Friday:-** February 14th Valentines Day Dance  
Spot Dances  
Music by WESTWIND
- Saturday:-** February 15th, Dance to WESTWIND
- Monday:-** February 17th Country Music by MILLER TIME (former Leather & Lace) 8:00 - 11 p.m.
- Friday:-** February 21 & Dance to the tunes of MIXED
- Saturday:-** February 22nd Co. RICK & DEE
- Monday:-** February 24th — a return by popular demand of DIXIELAND JAZZ 8:30 —?
- Tuesday:-** February 25th - Legion General Meeting 7:30  
Reception for NADEN BAND 7:30

#### Regular Activities:-

- Monday.....Fun Euchre      Friday.....TGIF & Money Draw  
at 6:30
- Tuesday.....League Darts      Saturday.....Fun Bridge at 12:30
- Wednesday....Crib      "More Players Welcome"
- Thursday..... Fun Darts

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### BRANCH 160 — COMOX

- Fri 14 Feb** Valentines Dance/Spot Dance  
2100 Hrs COUNTRY CLUB BAND
- Sat 15 Feb** Make your own party  
2100 hrs COUNTRY CLUB BAND
- Fri 21 Feb** Friday Nighter  
2100 Hrs ALLEY CATS
- Sat 22 Feb** Saturday Night Special  
2100 Hrs ALLEY CATS

#### SPORTS

- Fri 14 Feb** Upper Legion Hall 19:30  
Blind Draw Mixed Doubles Steak Shoot  
EVERYONE WELCOME!

## WANTED

Crossroads Crisis and Family Services is looking for Board Members and volunteers.

The society operates a twenty-four hour volunteer staffed crisis line in the Comox Valley.

The society also offers professional counselling for personal, marital and family problems along with a well used drop-in centre.

If you are interested in being a volunteer or board member please call 338-0512 or 334-2455.



## AROUND THE PROVINCE

## EXPO Update

### EXPO 86 salutes Aviation

EXPO 86, the 1986 World's Exposition in VANCOUVER, British Columbia, Canada (May 2 — October 13) will celebrate humanity's achievements in transportation and communications, on the land, sea and in the air.

The aviation component of this dual theme is fairly recent in the history of humanity, but will see widespread expression throughout the five-and-a-half month exposition.

Forty-five nations are committed to attend EXPO 86, and many of the more than eighty national, provincial, state and corporate pavilions will highlight aspects of transportation and communications, its history and its innovative modern developments.

The aviation program scheduled at EXPO 86 is without precedent, promising one of the major international aviation events of 1986.

A program of Specialized Periods and Special Events will give expression to aviation's pioneering years, the air transport industry in its present form, and will also offer a vision of the future. Each aspect of air transport will find expression in flypasts, static displays and a major international airshow.

The DC-3 Airmada (June 5 — 8) celebrates the 50th Anniversary of the DC-3, the World's most widely known air transport. This will be the largest rally of DC-3s ever assembled for an air display and on June 7, the fiftieth anniversary of the delivery of the first DC-3 for commercial service, the assembled aircraft will fly en masse over EXPO 86 and Vancouver.

The aircraft will land and assemble at Abbotsford Airport, number one alternate to Vancouver International Airport and approximately 64

kilometers (40 miles) east of Vancouver.

The DC-3 AIRMADA has generated world-wide interest and many of the aircraft participating are expected to arrive with a passenger load of spectators.

Many more thousands of people will tour the static display and witness this flypast from the ground. The DC-3 AIRMADA also occurs just over a week after EXPO 86 hosts STEAMEXPO, the largest assembly of steam locomotives in North America in almost forty years.

Other aviation events will occur throughout the Exposition. In early May, the first Specialized Period will highlight Polar Transportation. On May 5, arctic and bush aircraft will take part in a flypast over the EXPO 86 site and a descriptive commentary will be broadcast to site visitors. Following the flypast, the amphibians and aircraft equipped with floats will land in English Bay and taxi into False Creek to moor next to the EXPO site for viewing.

The second week of May is devoted to the Search and Rescue Specialized Period. Rescue helicopters from Canada, the United States and Japan will conduct daily demonstrations, and rescue specialists from Switzerland and Canada will use light helicopters during alpine rescue demonstrations in the mountains adjacent to Vancouver.

The Aviation Specialized Period is scheduled for the first ten days of August and includes three associated aviation events.

Air Fair 86 is a week-long international aviation trade exhibition of aircraft and aviation equipment at Abbotsford Airport. The first four days (August 4 — 7) are professional days and the last

three (August 8—10) correspond to the 25th Anniversary Abbotsford International Airshow.

Among the committed participants to AIR FAIR 86 is the Soviet Union, which will demonstrate four aircraft and helicopters (the Antonov AN-124, the Antonov AN-74, the Mil - 26 and the Kamov KA - 32) never before seen in North America.

On August 4 and 7, sixty years of air transport history will fly over EXPO 86 and Vancouver when over forty different aircraft, from a Ford Trimotor to the British Airways Concorde, participate in the Flight Into History.

Aircraft as diverse as the biplane de Havilland Rapide and Lockheed Super Constellation will join the complete de Havilland of Canada series of aircraft, Beaver through DASH-8, the Boeing series of jetliners, executive jets, and the Martin Mars, the world's largest operational flying boat.

On August 8, the Abbotsford International Airport will celebrate its twenty-fifth birthday with an unprecedented airshow. Four military aerobatic teams from three nations will attend including the Italian Air Force "Frecce Tricolori" on their first North American Visit.

Expo 86 is not your typical trade show or World's Exposition. It is the biggest single public event to be held in Canada from now until the end of the century. A total of \$1.5 billion will be spent on EXPO 86, including its national, international and corporate partners.

Further information can be obtained from The Aviation Administrator, Expo 86, P.O. Box 1986, Station "A", Vancouver, British Columbia, Canada V6C 2X5. (604) 689-1986.

## Aviation Events

May 5 — 11

Polar Transportation and Communications Week, Expo 86, featuring flying display of about 20 polar and arctic aircraft. Contact: The Aviation Administrator, Expo 86, P.O. Box 1986, Station "A", Vancouver British Columbia, Canada, V6C 2X5. (604) 689-1986.

May 12 — 18

Search and Rescue Week, Expo 86, featuring SARSAT/Cospas SAR satellite technology and helicopter rescue demonstrations. Contact: The Aviation Administrator, Expo 86, P.O. Box 1986, Station "A", Vancouver, British Columbia, Canada, V6C 2X5. (604) 689-1986.

June 5 — 8

DC-3 AIRMADA and International DC-3 Rally, Expo 86. An international rally of Douglas DC-3s to commemorate the 50th anniversary of the DC-3's entry into commercial service. The largest number of DC-3s ever assembled for an air display. Contact: Expo 86 Aviation Office, P.O. Box 1986, Abbotsford, British Columbia, Canada. V6T 1V0, (604) 533-1986

Jul. 31 — Aug 3

Lighter-than-Air Airship Display and Industry Symposium, Expo 86. Contact: The Aviation Administrator, Expo 86, P.O. Box 1986, Station "A", Vancouver, British Columbia, Canada, V6C 2X5. (604) 689-1986.

Aug 4 — 10

Air Fair 86, Expo 86. A four day aerospace industry professional trade show sponsored by Expo 86 at Abbotsford Airport, 40 miles (63 km) east of Vancouver. Participating aircraft will be the British Airways Concorde and four Soviet aircraft and helicopters never before seen in North America, including the Antonov AN-124 and the Mil-26. Contact: The Aviation Administrator, Expo 86, P.O. Box 1986, Station "A", Vancouver, British Columbia, Canada, V6C 2X5. (604) 689-1986.

Aug 4 & 7

Flight into History, Expo 86. A mass flypast of Expo 86 and static display at Airfair 86 of forty different commercial air transports to salute the role of aviation in world transportation. Aircraft participating will include the Concorde, Boeing series of jetliners, Soviet Antonov AN-124, DC-6, Lockheed Constellation, Lockheed 10A, de Havilland Dragon Rapide, Ford Trimotor and Mil-26. Contact: The Aviation Administrator, Expo 86, P.O. Box 1986, Station "A", Vancouver, British Columbia, Canada, V6C 2X5. (604) 1986.

Aug 8 — 10

25th Anniversary Abbotsford International Airshow, co-sponsored by Expo 86. Four military aerobatic teams from three nations will be highlighted including the Italian Air Force "Frecce Tricolori", "Blue Angels", "Thunderbirds" and CAF "Snowbirds" along with an expanded vintage aircraft and 'war-bird' display. The largest Abbotsford Airshow ever planned. Contact: The Abbotsford International Airshow Society, Box 361, Abbotsford, B.C., Canada. V2S 4N9. Phone (604) 859-9211.

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FEB. 15-16, 1986

Time: 8:00 p.m. (Saturday) - 6:00 p.m. (Sunday)



Donations mailed to:  
Box 7400, Vancouver B.C. V6B 4E2

Variety Club is dedicated to raising funds for the benefit of children with special needs throughout British Columbia. Over the past 21 years, Variety Club has raised over 20 million dollars and has funded over 126 worthy projects benefitting B.C. children.

With the help of the People of British Columbia, Variety Club hopes to make this 20th annual TELETHON the best ever. All over the province, people have been raising money for Teletthon by holding special events. The audience watching the show will be able to make pledges by phone. We know B.C. will come through and make this 20th annual Variety Club Teletthon the biggest "SHOW OF HEARTS" ever!

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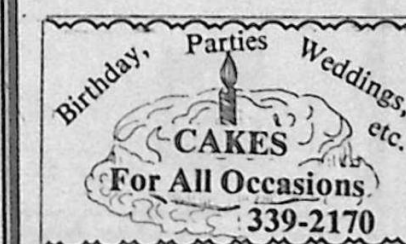
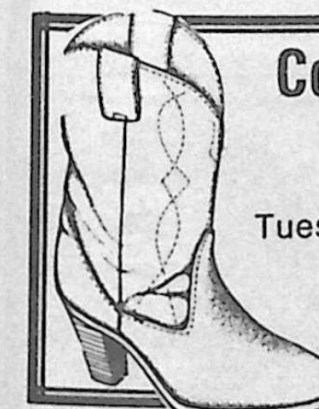
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Week Days - 0900 hours.  
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CATHOLIC WOMEN'S LEAGUE: Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. (No meetings during July/August). President: Mrs. Edna Sinclair, telephone: 339-6883.  
PARISH COUNCIL: Second Wednesday/month at 1300 hours in Parish Hall.  
CATECHISM CLASSES: From September - May in the PMQ School at 1830 hours.

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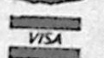
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## Across my Kitchen Table

By Rosemary Gibson



The wind blows the snow fiercely around the building, but we are snug and cozy in our little room in the Yukon Lodge in Trenton. The first leg of our journey over, we read and rest, the tensions and tiredness of the past few weeks oozing out of our systems. We spend a whole day reading, a luxury we haven't had time for in a very long while. Unused to such inactivity, we start out for a walk, but the wind chill is high and we turn back, thankfully to the welcome warmth of our room, our minds thinking of the 'green, green grass of home'. We wake the second morning to brilliant sunshine, and look forward to our evening flight to Germany.

It's been a great trip so far, my first experience at travelling Service Air. At most terminals we see familiar faces from the past 35 years, breaking the journey into a series of pleasant visits with old friends. I'm certainly very impressed by the excellent service given by the Boeing crew and the staff of the AMU's across the country. In spite of the somewhat limited facilities in the AMU's, courtesy and efficiency seem to be the wat-

chwords. It would be difficult indeed for any commercial airline to match the high standard evident in every facet of Service Air.

So until next time.....

\*\*\*\*\*

## HAM Boats

## Ingredients:

2 cups cooked cubed ham  
1 cup diced celery  
1/2 cup diced green pepper  
1 tablespoon diced onion  
2 hard boiled eggs, chopped  
1/2 to 3/4 cup Miracle Whip or honey mustard sauce to blend  
8 hoagie or hot dog buns

## Method:

In a bowl combine first six ingredients, set aside. Cut buns in half and remove centres. Crumble centres and add to ham ingredients, mix well. Heap mixture into buns. Top with olive if desired and serve.



## SO LONG AS WE LOVE

So long as we love we serve;  
so long as we are loved by others,  
I would almost say we are indispensable. The true services of life are inestimable in money, and are never paid. Kind words and caresses, high and wise thoughts, humane designs, tender behaviour to the weak and suffering, and all the charities of man's existence, are neither bought nor sold.

—Robert Louis Stevenson

## HINT

Rubber gloves whose mates are missing may pair up if you simply turn one glove inside out. If they're really worn, salvage a rubber fingertip and use it to top a broom or mop handle so it won't slip when you lean it against the wall.

\*\*\*\*\*

## THOUGHT FOR TODAY

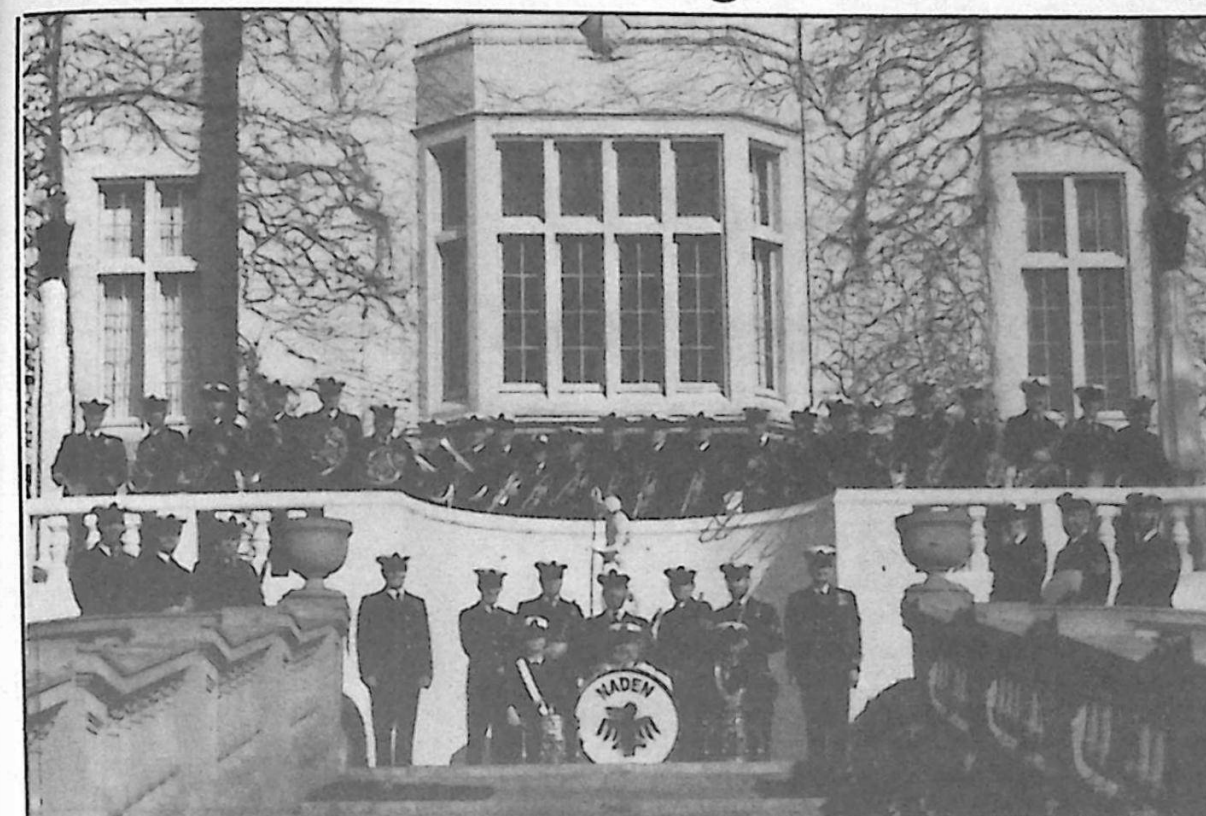
You will never get ahead of someone as long as you are trying to get even with him.

\*\*\*\*\*

Don't forget to remember your Special Valentine. Love does make the world go 'round!

## HOME &amp; FAMILY

## Naden Band coming to the Valley



## BAND HISTORY

In 1940, a Naval Band was formed, at HMCS Naden, at Esquimalt, B.C. The band was renamed Canadian Forces Naden Band in 1968 during the unification of the Canadian Forces. Two years later the familiar naval uniforms were exchanged for the standard green issue of all Forces Bands.

In 1981, the hearts of all sailors, old and new, were stirred as once again Naden Band appeared in the traditional navy blue. Today, Canadian Forces Naden Band is prepared to play all types of music. It may be seen as a complete concert and parade band through various groups of any size, down to and including a single performer at official and formal dinners.

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See dealer for details.

## AROUND THE BASE

### Leadership seminar at Comox



The Students and Instructors of the recent Sergeants Leadership Seminar are shown after completing a very successful program. The seminar ran over four days and touched on all aspects of leadership. Student feedback was very positive and the majority of candidates requested further instruction on the same subjects. Sheer numbers make it impossible to name each member but I'm sure we recognize all those pretty faces.

Courtesy Base Photo

### WOs' & Sgts' Mess

#### ENTERTAINMENT VALENTINE DANCE

Sat 15 Feb '86  
Dancing 9 — 1 to Glen Gillis and  
The Alley Cats  
Food: Chinese  
Special Valentine Gift for the first 50 ladies  
Cost \$10.00 per couple



### Answer to MSE Safety Quiz

**Pump brakes to increase rolling friction and steer down the road shows that you really looked at the situation.**

Normally in any skid the first rule is to stay off the brakes. In this case it may not apply. Your rear end is going to swing out and in order to turn in the direction the car is skidding you would turn right into the guard rail and over the side. Maybe your movement wouldn't have to be that sharp but if it requires a hard right, you'd be better off to pump the brakes rapidly...not hard brake, but medium brake and fight to steer down the road. If you hard brake and lock the wheels, you'll slide off the road completely out of control.

Remember you went into the skid because your tires stopped gripping the road. That's what you want to get back. Reducing your speed and keeping your wheels turning will do it.

TIM KENNELLEY

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See You There!!



### Did you know



Jack Dempsey fought only 138 minutes as world champion. During that time he made \$2,137,000—or \$15,000 per minute.

Join Us,  
LIVE from the  
Queen Elizabeth Theatre

### Variety Club Telethon

FEB. 15-16, 1986

Time: 8:00 p.m. (Saturday) — 6:00 p.m. (Sunday)



Donations mailed to:  
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## SECTION NEWS

### As The Beacon Turns

In the next couple of weeks Lt Pete Foley and Lt Mike Mailet will be leaving for the IFR course in Cornwall. We all wish them the best for this demanding course.

Over the past few months, Standards and Training's Capt Dave McLeod and Sgt Phil Nakashima have taught a course to familiarize base personnel on the correct operating and radio telephone procedures when operating on the

aerodrome. So far 215 Personnel have taken the course.

The ATC Orcas lost both intersection games played last week. The Mounties won 5 — 3 with Cardiac Fleury netting two and Shots Worthington notching the other. In the BamTelo game, the Orcas went down to defeat 7 — 4. Shots scored twice while Gumes Jones and Farmboy Young got singles. On a positive note,

Sparkles Tamminen played well in the nets. In an exhibition match between Vancouver Air Traffic Controllers and our Orcas, the VR ATC team was victorious by a 9 — 6 score. SloMo Tinker scored twice and single tallies went to Shots, Cardiac, Gums and Hammer Foley.

The ATC Curling team was in base Playdowns last week and did extremely well. After

winning twice and losing once they came up against a powerful Supply team and lost. We wish the Supply team good luck in the upcoming regionals in Chilliwack. Skip Campbell figures its never too late to send

Neil on a sweeper course especially since Dale always throws his rocks into the house. And behind a good team effort the Controllers beat the Techs 2 — 1.

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## Classified

### RATES

Effective February 24, 1986 ALL Insertions will be \$3.00 per column inch.

**Ski Mount Washington.** 2-bedroom condominiums. Special mid-week rates. Telephone 338-8114. Sundays and after 6 call 339-7493 or 338-5253.

**HOUSE** — For sale by owner. 4-bedroom stucco home with shake roof, underground wiring, double windows, large lot, lots of extras. Phone 338-6808

For Sale — 2 Box Springs, twin size; 1 set Bunk Beds; 4 V.Wagon Summer Tires. Telephone 339-0260

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For Sale — 21' Travel Trailer. Well maintained. Sleeps 6, Stove, oven, shower, toilet, 2-way fridge. Asking \$3500. Telephone 339-7817 anytime

**BATES BEACH RESORT**  
1 & 2 Bedroom furnished apartments. Waterfront. Heat & Hydro included. From \$285.00 call 334-2151 or 338-0501.

For Sale — '84 Honda Elite Scooter. Excellent condition. Great gas mileage. \$1000. o.b.o. Phone 338-1331 after 6 p.m.

Be sure your home and belongings are properly insured. See—  
**BOB EMMERSON**  
Nanaimo Realty Insurance  
Courtenay, and call  
**334-3124 or home 339-5259**

For Sale — 4 Bedroom House, Basement, 2225 sq ft. Cedar finished family room, Foyer and Front room. Custom kitchen in cedar. Quiet cul-de-sac. For information telephone 338-7520, after 6 pm.

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For Sale — Stereo components plus extras. Sansui A40 Amp, 25 W per channel; Sansui T5 Tuner; Realistic Equalizer; Alpage AL-100 Cassette Deck with Remote Control; Realistic SCT-29 Cassette Deck; Realistic Lab 440 Direct Drive Turntable; Optimus T70 Speakers 75 Watts (2); Optimus — 800A Speakers 100 Watts Liquid Cooled (2); 2 sets Nova-12 Stereo headphones; 1 set Koss HV/1A Stereo headphones; 1 Realistic APM 300 Power Meter. All components compatible and comes complete with a woodgrain stereo cabinet with full glass door with magnetic lock. New price in excess of \$2300. All in excellent condition. Price \$1200. Telephone 334-2918 (evenings) or Local 2471 (Days)

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For Sale — 1983 Honda Shadow 500. 12,000 km, Mint Condition, stored in garage all year. Extras. Must be seen to be appreciated. \$2195.00 o.b.o. Ford Econoline Camper (1969) Very Sound Mechanical & Body. New Paint, Stand-up Roof, V8, Auto. \$1295 o.b.o. Call Bus. 2393 or 338-7780 Home.

**AARAN HOUSE**  
Spacious 1 & 2 bedroom apartments available now in this nearly new building. Suites are bright and clean and include large fridge and stove and are close to town.

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Moving — For Sale 16 ft. Rambler Travel Trailer. Excellent condition, Sleeps 6. Lights, fridge, gas/electric stove, oven. \$2800. Telephone 339-4923

For Sale — 'Get Ready For Spring Fishing'. '74 24ft Surfer. Chev OMC engine. Dinghy compass, VHF, Depth Sounder, C.B., Sleeps 5. \$6,250. o.b.o. Telephone 338-1331 after 6 pm.

For Sale — Sony Automatic MTL-10 Stereo Cassette Player. Plays 10 tapes (both sides) non stop. Programmed memory, Automatic music sensor, Auto reverse playback. Excellent condition — less than 2 years old. \$250. Tel 334-2918.

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Does Your Rent Include?  
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If not —  
**PHONE: 338-7973**  
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## A Presentation to Albatross



A Plaque for the occasion ... Mrs June Kadonoff presents a plaque to **PO Johnston**. The Plaque will recognize that Mrs "K" officially named Albatross back on "Navy Days 85". Other members of Quadra's staff include LS Forrest, LS Parker and LS Bury.

*Courtesy Base Photo*

## Westwind

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## Insurance

### CANEX sponsored programmes

1. The Gold Circle Insurance Co. (owned by Great West life) and the Personal Insurance Co. (owned by the Laurentian Group) have merged. The new CANEX — sponsored company will be known as **The Personal** and becomes the largest and the most financially secure group auto and property company in Canada. Current Gold Circle subscribers will be advised of minor changes to the programme at their normal renewal time. Pay allotments under code N775 and pre-authorized chequing arrangements will continue to be available as premium payment methods. Members are encouraged to inform NDHQ/D CANEX of any concerns or problems, i.e., competitiveness of rates, service, claims settlement, etc.

2. Canex sponsorship of **Marsh and McLennan** ended 06 Jan 86. New pay allotments or changes to existing pay allotments under code N800 are not accepted effective 01 Jan 86 or later. Allotments for current policies may continue until their expiry date when members are required to terminate their pay allotment. Final payment to Marsh and McLennan will occur in December 1986 after which any remaining N800 pay allotments will be terminated automatically.

3. The affairs of the above two companies are in no way, connected with insurance offered through **CANSUREX**.

### Did you know



The longest-named lake in the world is Lake Chagogagomanchaugogchaubunagung-amaug, near Webster, Mass., known locally as Lake Webster!



design team incorporated

## Overseas Contract Employment Germany

• Ex-Military or personnel taking early retirement are invited to apply for positions to take up civilian employment assignments at the NATO MOB Geilenkirchen Germany.

• Initial assignments will be minimum 1 — 4 years with possible extensions from 1 — 5 years. Excellent salary plus company benefits including comprehensive medical plan as well as annual flight cost allowances.

• DTI requires experienced communication and A/C computer technicians to service, repair and maintain Boeing 707 E-3A AWACS aircraft.

• Prospective candidates are invited to apply for these positions in confidence. Please send comprehensive resume to **Paul Schelek, Design Team Incorporated, 200 Consumers Road, Suite 200, Willowdale (Toronto), Ontario M2J 4R4. Tel (416) 495-7268.**