



# TOTEM TIMES



Vol 27 No 13 CFB COMOX TOTEM TIMES

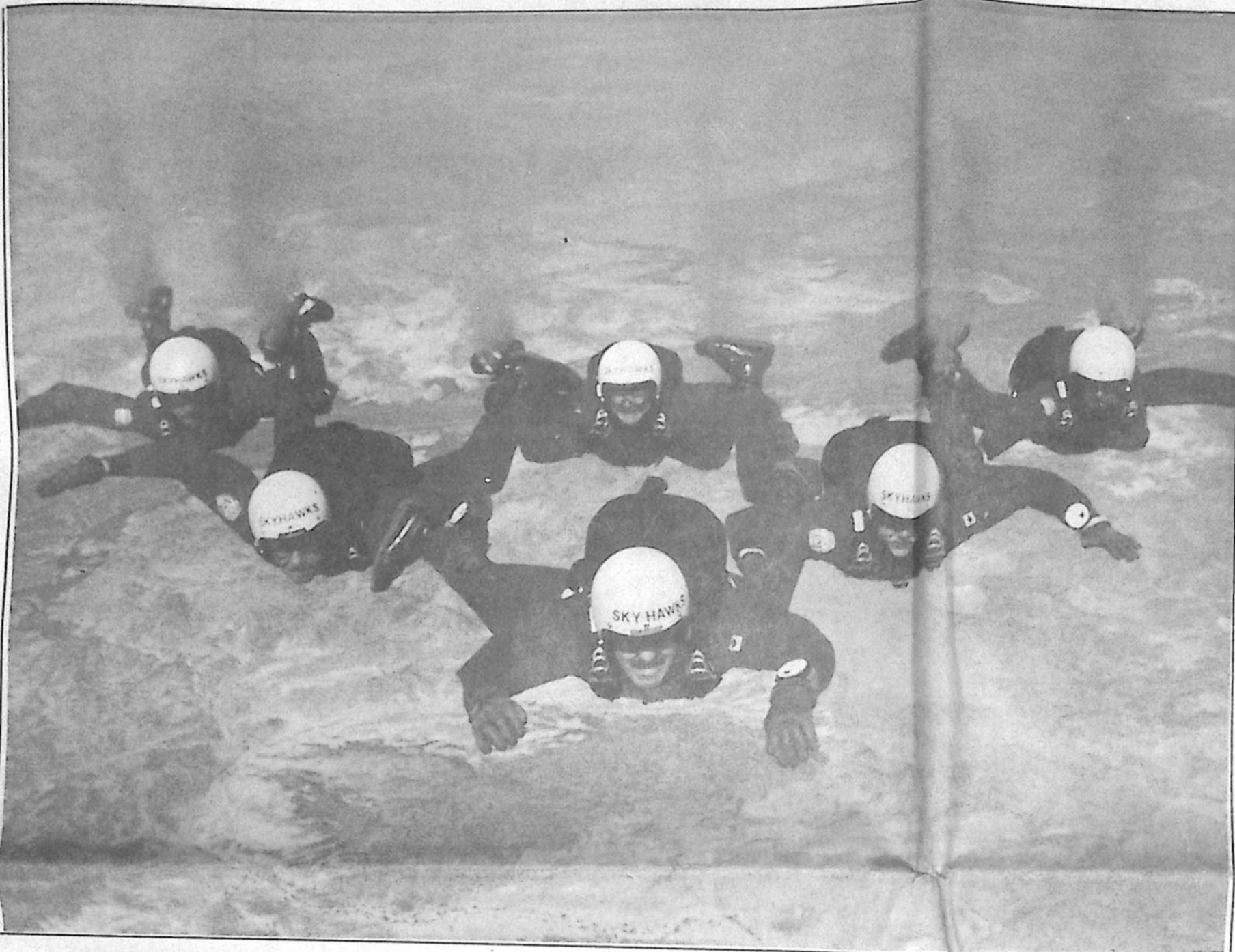
THURSDAY July 18, 1985

Deadline is Friday, August 2, 1985

COST: PRICELESS

Appearing at Comox Nautical Days

## Skyhawks will be soaring into Comox . . . Without wings



**Sky Hawks**—The Canadian Forces Parachute Team, Sky Hawks, will be performing at Comox Marina Park during Comox Nautical Days, at 3 p.m. on August 5th.

The Sky Hawks were formed in 1971 to demonstrate to the public parachuting techniques used in the Canadian Forces. The team is made up of volunteer service personnel representing a wide variety of military occupations in the Regular and Reserve Forces.

Since 1971, the Sky Hawks have performed each year in many airshows and exhibitions across Canada and abroad. Last year, the Team completed some 3000 parachute descents before an estimated two million spectators.

Each member is an expert parachutist with 150 to 1500 jumps to his credit. He can fly his body through the air under absolute control performing aerobatics and formation flying as he falls. He can vary his rate of descent and move across the sky in any direction at speeds from 190 to more than 320 kilometres per hour.

The normal jump altitude is 10,000 feet above ground, about three kilometres high. To assist the spectators in following the Sky Hawks' descent jumpers trail coloured smoke from canisters attached to their boots. Using an altimeter and stop watch, the parachutist will free fall for up to 45 seconds before activating his manoeuvrable main canopy at a height of 2,200 feet. With this steerable parachute, the jumper will then control his descent for a pinpoint landing.

When not on tour with the Sky Hawks, members pursue their individual careers in their respective trades in the Canadian Armed Forces. The Team is based at the Canadian Airborne Centre at Canadian Forces Base Edmonton, Alberta.

### SATCOM increases

**Halifax** — The Department of National Defence has announced the acquisition of eight ultra high frequency (UHF) Satellite Communications (SATCOM) terminals for Maritime Command at a cost of \$9.8 million. The communication equipment will augment the current inventory of 10 SATCOM terminals now in operation.

The new terminals will provide the fleet's three replenishment ships, three Oberon Class submarines and two Annapolis class destroyers with secure, instan-

aneous UHF communications. It will result in enhanced operational readiness of the Canadian fleet and improve its interoperability with SATCOM equipped NATO ships.

The SATCOM terminals will be acquired through the U.S. Government Foreign Military Sales Organization (FMSO) because the size of the contract is too small to warrant establishment of a Canadian source.

Delivery of the SATCOM terminals is expected to be completed by 1987.

## KUDOS from those who lead

**Ottawa** — This year, National Armed Forces Day was observed Saturday, June 29.

Many Canadian Forces bases and stations at home and overseas opened their doors to give the public an opportunity to see them in action, meet their personnel and become familiar with their equipment. In some locations air shows, band concerts and parades highlighted the day.

In Ottawa, the Dominion Carillonneur performed a special program of military music on June 28, at 12:30 p.m., to commemorate National Armed Forces Day. In addition, the Ceremonial Guard performed the Changing of the Guard Ceremony on Parliament Hill on June 29, at 10:00 a.m.

Due to operational requirements and other considerations, some bases and stations may hold their own local celebrations on dates other than June 29.

#### From the Prime Minister

It gives me great pleasure on the occasion of National Armed Forces Day to honour men and women responsible for the protection of our country. The discipline and high level of training that characterize the members of the Armed Forces make it possible for Canadians to live and flourish in complete security.

On this, the fortieth anniversary of the end of World War II, National Armed Forces Day takes on a particular meaning—it encourages us to reflect upon the important role played by our forces abroad. Canada can be proud to have helped restore peace in Europe and proud that the presence of our forces in several countries today gives promise of continued stability.

On behalf of the Government and people of Canada, I would like to extend to you my esteem and my gratitude.

#### From The MND

It is most fitting that this, my first message to all the Regular and Reserve members of the Canadian Armed Forces, should take place on National Armed Forces Day.

Since my appointment as Minister of National Defence, I have been very impressed by your individual and collective commitment to Canada and your dedication to world stability and security.

To carry out our many and varied tasks and to meet Canada's obligations, you must be provided with the equipment that your mission requires; we have made solid progress in the recent past, and we shall continue in these endeavours.

For many, Armed Forces Day has become a focal point for reflection on the value and importance of defence. For others, it is a special time in which to remember our long and distinguished defence traditions.

For all of us, it is a day to be aware of our high responsibility for the protection and security of our country as we strive for excellence in all that we do in our service to the nation.

I thank you all today for your contributions.

#### From The Governor General

As Commander-in-Chief of the Canadian Armed Forces, I am pleased to express my gratitude to all members of the Forces and to congratulate them on their work in protecting our sovereignty and world stability.

Canadians can rejoice in living in a country where peace and security reign. They owe this in large part to these women and men, whose work is crucial to the defence of our borders and to our internal security. We should also remember that the duties of the Forces extend outside our country to the international scene, where members are called on to play a role in peacekeeping and monitoring the observance of

treaties. The Canadian Forces not only provide a physical presence in strategic locations, but they also exert their influence through Canada's moral weight in organizations that defend and maintain the conditions essential to establishing peaceful relations and protecting fundamental freedoms.

Therefore, it is with pride that on this National Armed Forces Day 1985, I salute our Forces and assure them of my appreciation and the appreciation of all their fellow Canadians.

#### From The CDS

The past year has been one of considerable activity and achievement for the Canadian Forces, both regular and reserves. At every location where I have been able to meet with our members, I have been impressed with the competence and the dedication of so many of our personnel.

We serve in challenging times when important progress can now be seen in the renewal of our capabilities and in our training to meet the exigencies of moder-

nization and new tasks. The difficult international security situation which persists leaves no doubt as to the necessity for the democracies to be prepared to defend their values and way of life. We are fortunate in this respect that we enjoy wide support and confidence on the part of our civilian compatriots who must bear the considerable financial burden of sustaining modern military forces. This holds special responsibilities for us, in the Armed Forces, mindful as we must be both of our duty to our country and our responsibility for a significant public trust.

The privilege of serving Canada warrants nothing less than our full enthusiasm and commitment, a rededication to which is particularly appropriate during a 75th Anniversary year of our naval service. To all our members I convey my best wishes on Armed Forces Day and I extend a special welcome to all of our fellow citizens who visit our units and establishments on this occasion.

### Sprucin up the Goose

**St-John's, Nfld.** — A major \$93-million development plan for the Goose Bay airport and the neighbouring community of Happy Valley in Labrador was announced today by Justice Minister John Crosbie on behalf of the federal government. The plan, which will extend over the 1985-1995 period, is designed to meet the current level of military activity and the forecasted increase in use of the Goose Bay airport by the Canadian Forces and its NATO allies.

"As a result of the development plan, more than 800 jobs in the area will be maintained in addition to the significant employment opportunities that will be created during the construction phase. Furthermore, the community will benefit from an annual expenditure of approximately \$66 million due to the military presence", Mr. Crosbie said.

This initiative will be funded by the departments of National Defence, Public Works, and Transport from existing departmental budgets at a cost of \$30-million, \$34-million and \$29-million, respectively. The planned capital projects will be undertaken once effective Treasury Board approval is received.

The military activities taking place at the Goose Bay airport have created interest from the air forces of other countries. In addition, Goose Bay has been nominated as a possible site for the NATO Tactical Fighter Weapons Centre which would provide an increased level of tactical air training for NATO nations. Canada is making every effort to encourage the selection of Goose Bay as the site for the NATO Centre.

### Comox pair lost in canoeing mishap

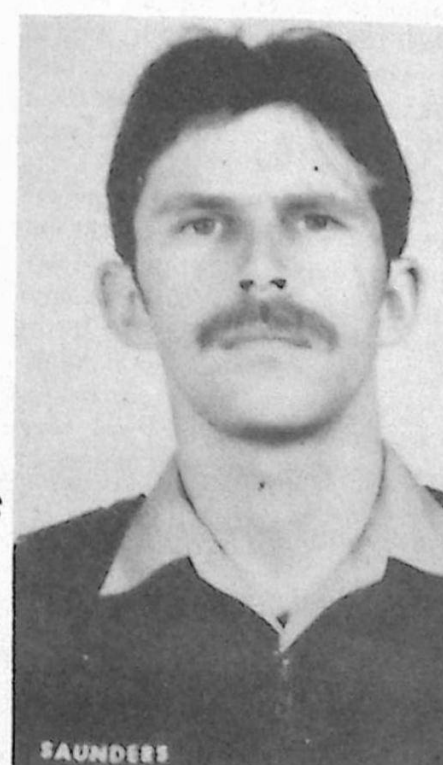
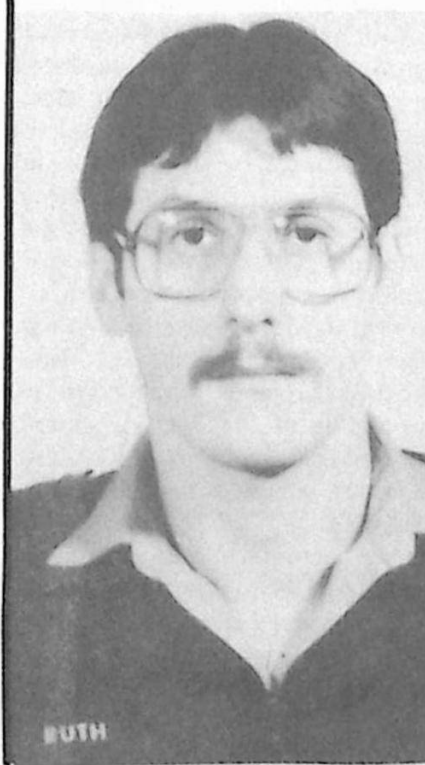
We will miss them greatly

#### Cpl James Ruth

James Perry Ruth, a 25 year old Aero Engine Tech called Tecumseh Ontario home. James was employed at VP407 Squadron. He was single and is survived by his parents in Tecumseh.

#### Cpl Kevin Saunders

Kevin Clyde Thomas Saunders, a 24 year old Aero Engine Tech called Cape St. Charles Labrador, home. Kevin was employed at VU33 Squadron. He is survived by his wife Connie Dorothy Saunders of Comox.



Congratulations

Totems

1985 Mens Pac Region  
Softball Champs

Good Luck In The  
Nationals!



# Section News



## Demon Doins

### RESEARCH

Time again for Research to tell tales, and do we have news!!

First off a hot news flash. It was reported this morning that a band of party animals covered on the Ryan Road residence of MCpl Robert (Potty Time) Earls last night. Led by Maj Dave Caddey and a band of itinerant golfers who, after turning the Longlands golf course into a gravel pit, is said to have engaged in illicit barbequeing and decadent merrymaking. The impending retirement of MWO Jack Johnson and MCpl Jim Naso both stalwarts of the upstairs wing of the SAMO organization, is said to be the reason for this occurrence. It is rumored that more sports were played in the form of lawn darts and table tennis with a resulting increase in gravel production. Cleanup crews arriving on the scene this morning were quoted as saying, "It

looks as if they had a great time." No arrests have been reported to News Time however, the authorities are holding Marilyn Cock and Ed Denton for questioning in regard to last night's disturbance. The rest of the bunch who have not been identified to date are still at large, however, they are described as being harmless but very friendly and care is to be exercised when dealing with them. The public is requested to be on the lookout for anyone in the vicinity of the Anderton and Ryan roads wearing a hangover and a smile. And now back to the local news.

Big Jim (Alias Bruno) Naso is finally pulling the plug after 32 years. Jim enrolled in the RCAF on 18 January, 1954 and has had a wide ranging career which culminated in his most recent posting to the Comox area in September 1970. Jim has taken up residence at his home overlooking the world famous Nanoose Bay where rumour has it that he will be opening his own winery. We wish Jim and his family all the best on

his retirement and advised him that he has a ready market for his product in this area.

This leads into the next retiree CPO 2 Jack (Smiling) Johnson, who, after serving his country at sea, on land and in the air for thirty years (the last year as the VP407 D/AMCRO) has taken up permanent residence in his palatial home in the Comox high rent district. We wish Jack and family all the best on his retirement and we'll be seeing you on the golf course or at a local dart board. (After your housework is done, of course!!)

Both Jim and Jack were presented with silver goblets suitably engraved which we are sure they will both put to good use.

Further presentations in the form of squadron plaques were presented to MWO Bert (Mr. QA) Keryluk who has been seconded to the BT-SO staff, and Capt Don (The Forestmeister) Irvine who will be going downstairs to VU33 to broaden his capabilities in the aircraft maintenance field.



FTAS Course 8501 Graduation.....

Front Row (L to R): Cpl Gallinger(student); LT Godbole (DSO); LCol Rogers (407 Squad CO); Cpl Mann (student).

Back Row (Instructors): Sgt Paulekat; MCpl Halbersma; Cpl Clouthier and MCpl Wohlgemuth.

This course was off to a good start with 5 students (1 Comox and 4 Greenwood) showing up for Phase A. Phase B of the course was held at our new school in building 64.

However, all records were broken and by the end of the course only 2 students had made it through —Congratulations to Cpls Mann and Gallinger.

### ARMAMENT

Well, we're back! I realize we left most of you hanging on a string without a word about us in the last issue of T.T. So now, we'll refresh you and enlighten you about our racey, sordid, scandal ravaged lives in ARMPO.

First of all, our boss - no, not Lt Luneau but MWO Code has left us. Yes, he's left us for the highlife at NDHQ. Even though it hurts us to say (sniff) goodbye, we're sure he'll give directions to everyone there as well as he did here.

Also gone away from us (far away) is Sgt Al Laporte (formerly MCpl Laporte). As you all remember from the last episode, Al wangled a posting to Germany and a promotion. The picture of the SAMO, Maj Caddey presenting Al with his new slip-ons was in the last Fishwrapper, and I'm sure that if enough of you ask they'll send out

copies so you can get autographs. Oh yeah, I seem to remember, Al's last words were "You're all invited over to my place for a Beer".

Talk about luck, the first person who'll be able to accept that beer will be Pte Woods. Provided that is, he can find his RA pass before signing out of Comox.

Before all your tears cause the letters to run off the page, I'll let you in on a few happier goings on.

A while back, a very unfortunate accident put the Allards, Jacques and Jane in the hospital. We're very pleased to say that Jacques in back, hard at work, limping, sort of. Thank heavens his smile remains unchanged. I also hear Jane is doing very well, so things are working out better.

Our other boss, Lt. Luneau is really a nice guy, although a might hyperactive. He's taken on another project. He's become the proud leader of 12 little Ocdts and 3 2Lts.

They're all at CFB Comox on AERE OJT for the summer so when you see someone out on the floor looking more confused than us, its probably one of them. They don't know what to do, so you can give them any job, keep a cursory eye on them and you can cool off for a little while (since we all know how hard we work). I think we really came out on top here in ARMPO because we have the one Ocdt(W) AERE here with us all summer. She works hard on her project and does the occasional odd job (like writing this column).

Other new arrivals here are Sgt Jim Zotek, Pte Mitch Kain and Cpl Jean-Marc Gagnon, all former FSU Rent-A-Techs.

And last but not least, we'd like to thank CE for giving us half a week off while they re-decorated the shop and laid down a nice clean new floor. So come over and visit; if not to see us, then to see the tiles.

### SERVICING

For sale -- one purbred hangar trained CRS tech.

He can troubleshoot and supervise troubleshooting: 1) radar gear; 2) comm gear; 3) acoustics; 4) computer hardware; and 5) anything else he can get his hands on.

Other attributes: 1) answers to his name; 2) loves Country & Western music; and 3) he can point.

Comes complete with: 1) Work dress; 1) S3's S4's, etc.; and 3) head dress (includes crew chief decision making hardhat with rotating beacon & siren installed).

Price: best offer.

We at one crew put this ad up on the bulletin board and it looks like maintenance took us seriously! Our fearless leader Sgt Overholt is on his way to Maintenance, another loss to our crew is our Master elec-

trician Russ Roberts, he is going to Trenton or Suffering Ontario, as he calls it. Maybe abrasiveness doesn't pay off! I heard through the grapevine that Sgt Dyck is going to 442 Squadron after 11 years of dedicated service with 407 Squadron. Well, look at it this way Jake, you won't be handing over too many runups at 0400! MWO Miles is counting the days as he is finished in August along with Sgt Sweeney, good luck Gene and Vic! Perry Gardener is on route to Germany along with Mrs. Noel (former Pte Hachey) who will be going as a civilian.

To all Pacer Honda customers: the telephone number stays the same but the time to call has changed, as Dave Alex has packed his bags and left for three crew. Well, I'm finished with people leaving so we'll get on to new faces. It has been made clear that Cpl (they don't do that in Greenwood) Hackett is here and he has asked me

personally to ensure all the single women in the Valley know it! Anyone interested in fishing, diving, etc., please call 334-3137 A.S.A.P., ask for Garry. (This ad has been paid for.)

MCpl Ubsdell missed us so much that after 6 gruelling months of French, he is back for a month to try and set the riggers straight. He leaves then for St. Jean for more French training. (So much for Franglais training!) Good luck, Paul!

We have good news and bad news about Shawn Johnson. The good news is that he and his wife are proud owners of a new baby boy named Matthew. The bad news - you're wondering? He's been cut off for a couple of weeks and we'll never hear the end of it!

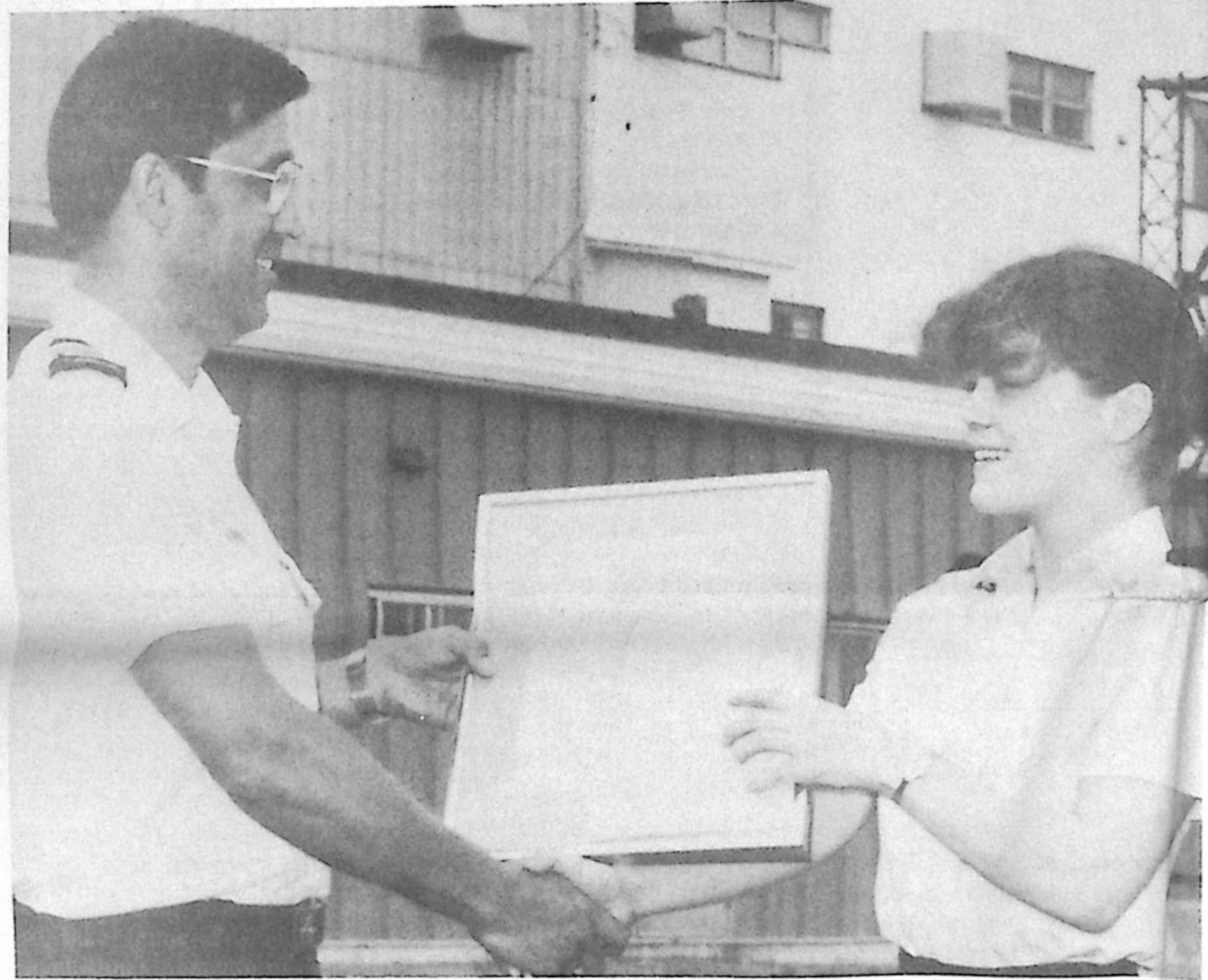
Congratulations go to A/MCpl Stephens on his recent promotion, only one problem - we are having trouble convincing him he has to go on his JLC. It seems he is afraid of losing that extra letter in his rank. (He thinks it's an extra qualification!)

We also would like to congratulate Pte Ehman who will be biting the dust soon. Think of the tax break!

Well, that's all the news for now. (Thank God!)



DON'T LET WILDFIRES BE YOUR FAULT!



Cpl Nolan, an Airframe Tech on 407 Squadron, designed and suggested the use of a locally manufactured template to ensure that screws removed during Aurora cockpit side window removal were always replaced in the proper place. Maj Caddey, the Squadron aircraft maintenance officer presented her with an award of \$250<sup>00</sup> for her suggestion.

### AIRCREW

Summertime is definitely here now, with the beautiful weather we've been having lately, however the associated lull in operations has not appeared. As a matter of fact, things have been rather busy of late.

As you've probably noticed, there are now two resident "Grey Slugs" out on the flight line, with the recent return of aircraft 117 from the East Coast, where it was painted and we have reciprocated by sending another one of ours down for the same thing. Crew Three actually brought the aircraft back, for they had been down in ZX for a run at the FDS/OMS and flew a couple of SubExs. Word has it that the Sub-Busters had a heavy schedule in ZX, however their hard work paid off with a couple of nights in Halifax, where they did OJT for their tourist act in Scotland. The Sub-Busters are now taking a mid-training break for a few weeks, on leave. By the way, nice ties guys.

Crew Four has also been partaking in their summer break, but not before Rob Hannula successfully did his VPCC check with Crew Two on a trip to "The Birthplace of the Wind" NAS Adak. The trips were highly successful, however the schedule was very busy, and they lost their day off in Anchorage because they had to return early. They did say that the hosting received was exceptional, and a good time was had by all.

Yet another small-scale international incident occurred when one of the 407 personnel attempted to take home a small and insignificant? momento of their stay,

in the form of the squadron battle flag. The attempt was aborted, however when the USN anti-theft team went into action and taxied their anti-theft vehicle (cleverly camouflaged as a cherry-picker) out onto the ramp and parked it unceremoniously in front of the aircraft and threatened our heroes with an extended stay if the goods were not returned. Quickly assessing the situation as inescapable, Maj Gibbs ordered the return of the flag. It was produced shortly thereafter, and was surrendered to the CO in a tense ceremony at the bottom of the aircraft's ladder, at which time the captives were cleared outbound. Better luck next time boys and girls.

407 has two more Tacnavs since the last writing, they are Nick Ierfino, who now has the reins of crew Five, and Sam Ness, who will be getting Crew Seven after the Fin-castle Competition. Good work guys.

With the summer season there is a large turnover of personnel recently. Gone are: Mike Sparks, who was the quickest to leave as he has gone to fly stretched DC8s for a company down east. This was the quickest because the day he was given the job, left him only two days to show up in Texas to start training! Gary Cherwonick also left recently for the east coast to instruct at 404 Sqn. Nick Mykitiuk went to Winnipeg a couple of weeks ago and also had his last VP flight on the Neptune, Argus and Aurora, spanning 21 years. Quite an achievement! Nick has gone to ASC as an instructor to pass his

wealth of experience to them. Good Luck to all of them and their experience will be dearly missed.

Welcomes are extended to the newest members of the Four-Hundred and Seventh, they are in the form of; Brad Lunsford, our newest USN Exchange Officer who has recently completed the MOAT, Ken Rodzinyak, who also just completed MOAT, and our newest NUT is Mike Baumert, fresh from Nav School. Welcome to all of you.

Summer also seems to bring about some job changes, and this one seems no exception. The Mushroom factory behind the double doors has been on a real recruiting drive lately, having hired Dave Wires and Dave Breese as Computer Ops and Al Sharpe as an Acoustic Analyst/OPS. Aircrew who value their operational time should be advised to steer clear of the double doors for fear of being part of their latest drive. Congrats should also go to Al for last week he placed second in BC for jumping out of serviceable airplanes, and will now go on to the nationals. Steve Amo also found himself in a new temporary job, as he went to Marpac Ops to help out there for a month. SLt Ron Grossman is still bobbing out in the middle of the Pacific, aboard the Endeavor, and was last heard enquiring about a reclassification to MARS.

One footnote is that your Mess bill is correct — the last Demon Nite was a freebie, as sufficient funds were found to cover the entire cost. So until next time, enjoy the sun while you can, the monsoons don't stay away forever.



# Section News

## Beacon Banter



### Aerobic Award for Capt Anderson .....LCol Brown presenting

Final farewells were said this week to Major Ed Montgomery, who is off to Ottawa for the year

long french course and MCpl Konrad Ostner, who just departed for CFB Chatham.

Congratulations go to Konrad on his recent promotion to Master Corporal, it is well deserved. Cpl Simon Lemire is on his way to Trenton before embarking for CFB Baden. Lt Ogrins will be departing the first week of August for the IFR course in Cornwall, and OCdt Cathrine Guedj is pleased with her reclassification to security. Good luck to everyone on your postings and endeavours.

We welcome our new arrivals, BATCO Major Larry Harker from Trenton, Captain Pat Wolfe-Milner from Lahr, NavAids WO Ray Uhl and Cpl Marty Doyle from Moose Jaw. Also, congratulations to Pte Moe Doiron for topping the TACAN course in Cornwall.

Sgt Garlough and family will be sailing up Johnson Straight from Quadra Is for one week, after winning a cruise on a 42 ft sailboat. He will be gone the last week in July. Sgt Greg Templeton will do double duty, supervising Tower and Terminal during his absence. WO Dale Campbell moved into the Montgomery house and inherited an animal farm. Evidently, Dales dog does not appreciate the three cats the Major left behind, and the cats like to fertilize Dale's tomato plants.

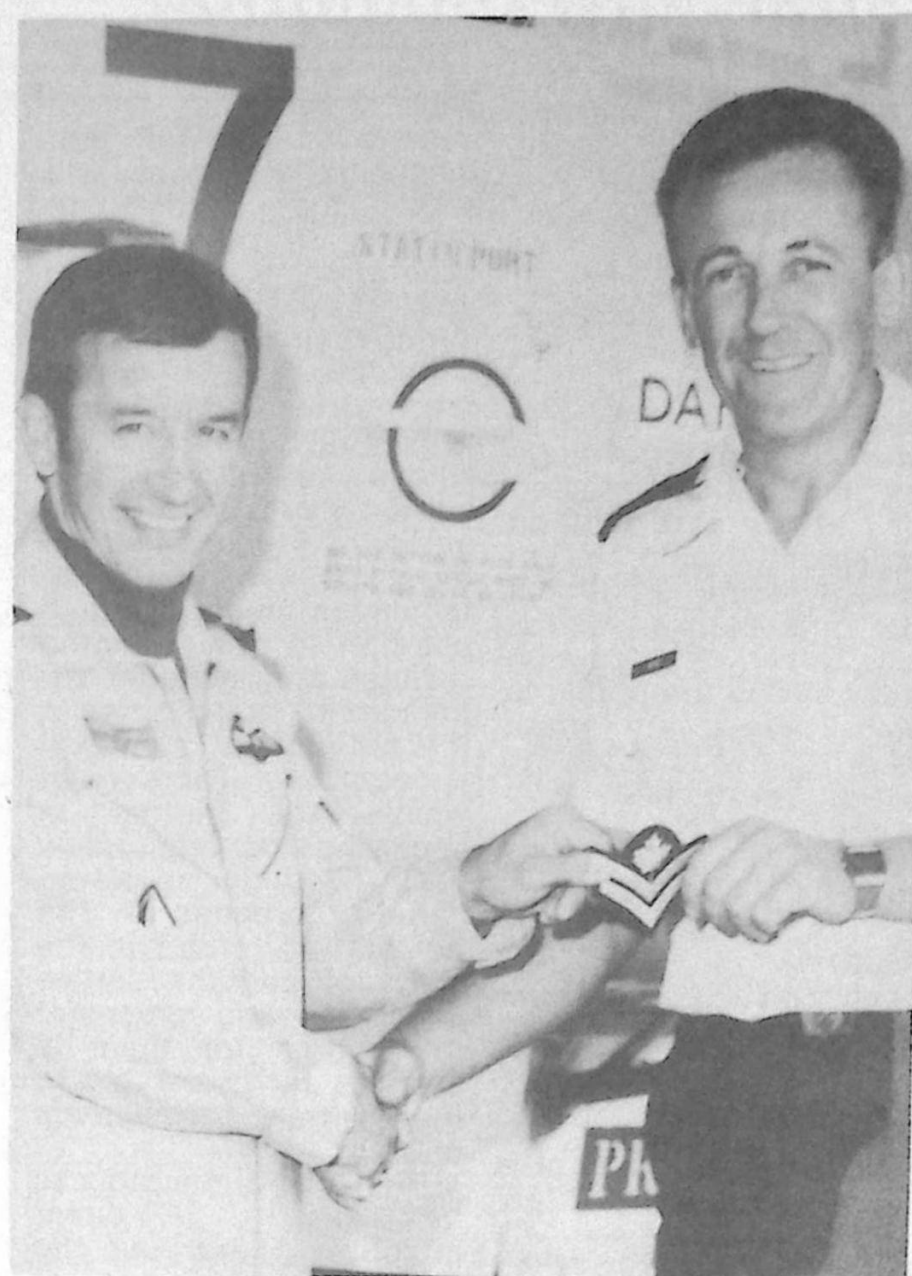
Who ever misplaced the Bird-Buster (Pte Bruce Kanonoffs imitation owl), you would be extremely wise to return the owl to its original roost.

The section fastball Orcas are coming off impressive victories, humiliating Supply 15 - 0 and annihilating Jr Ranks 21 - 1. The team has shown remarkable improvement over their lack lustre performances in June. Stalwart performances by pitcher Lloyd Friesen and catcher Paul Worthington have sparked the team to victory. Steady defensive efforts of Jim Hatton, Pete Foley and Paul Fleury have shut down the opposing teams' offensive threats. Well almost eh, Jim! A fastball barbeque will be held at Lloyd and Donnas' home on Friday.

A mug out for Catherine Guedj will be on Wednesday afternoon. The next entertainment function will be a corn boil in August.

I have been delegated the dubious honour of being the section 'scoop'. It will be difficult to replace Capt Rick Champagne, as he has done an excellent job during the past year. Many thanks, Rick! 'Til next time, see ya!

RTF



### Makin' a Master Corporal Maj Owen presents to Jan Wind

## VU33 Squadron



AIRCREW

UFO's are on everyone's minds these days and the MPs received several sightings within a 24 hr period the first week in July. Apparently, a mysterious "gallon jug" shaped UFO has been spotted following Maj Owen. Never fear though, it was captured and is in for testing. The authorities however, are stumped because during the 24 hrs the UFO was near Maj Owen, a luminescent fluid in the vessel seemed to multiply exponentially and since it has been captured, the growth has ceased. The problem is yet to be solved....

Last week VU-33's first Adventure Training expedition forged into the wild waters of Great Central Lake, heading for a week of canoeing and hiking to Della Falls. The weather was fantastic and the sights even better. Della Falls has the largest vertical drop in North America and the sixth largest in the world so it was certainly spectacular. Bill Kerekes was the only one disappointed after getting skunked for a whole week, but it was sure not through a lack of trying. VU-33 also has Adventure Training to the West Coast Trail and to Cape Scott Park coming up this summer and I'm sure participants will enjoy those trips as much as we enjoyed Della Falls.

Terry Patterson has departed the squadron on his way to Cornwallis and Ken Farrar (of late Air Farrar Inc.) will be departing shortly for his "ground" job in Edmonton.

We wish both of you good luck and thank you for your contribution to VU-33.

ANKR 99

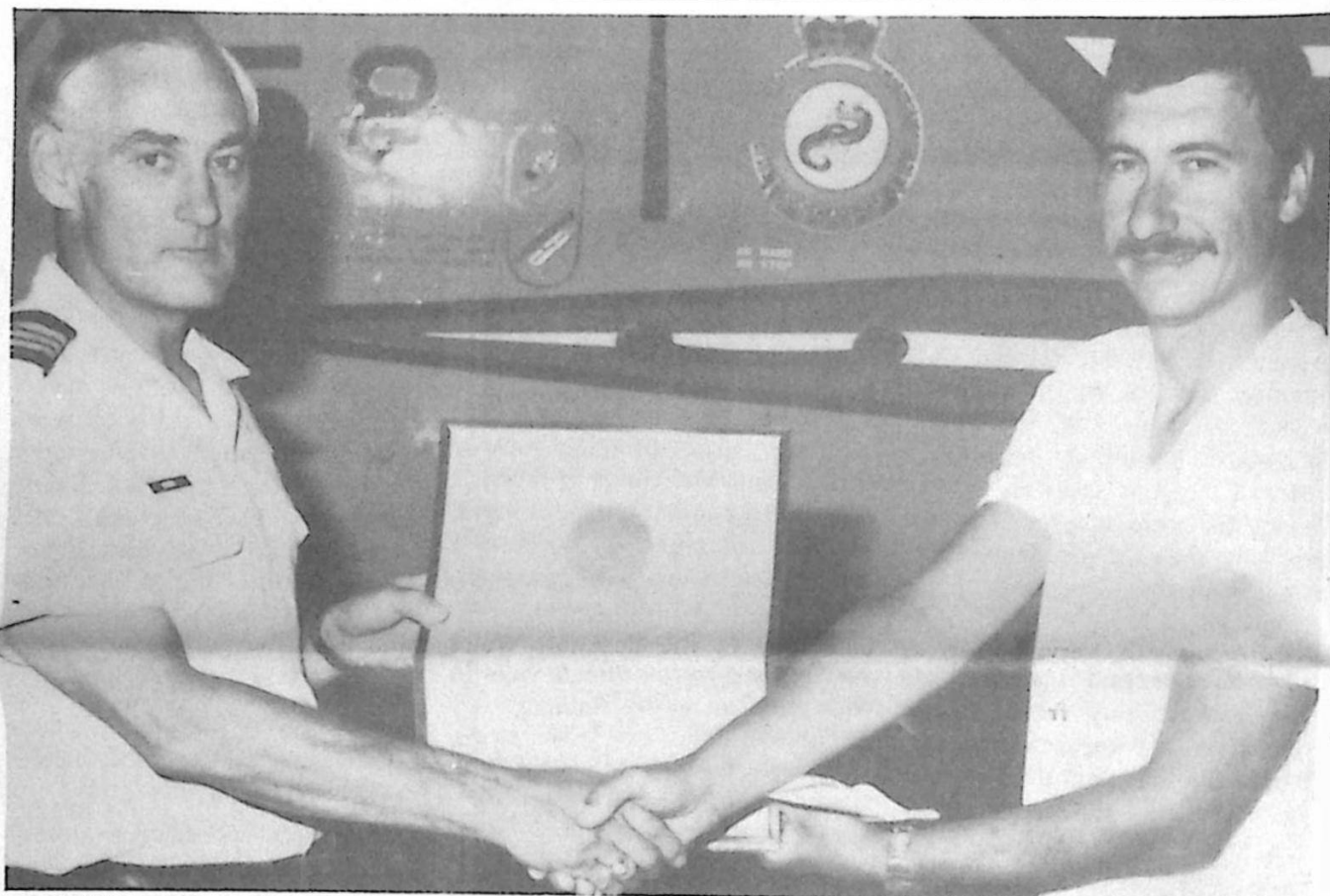
#### TECHSIDE

It was two weeks ago when around the coffee table, before work, a handful of squadron members were discussing the attributes of a certain technician. "Soft-spoken, Quiet but always aware of what was happening; Thoughtful and courteous" Those few phrases summed up how we felt about Kevin Saunders. Kevin came to VU33 in June of 1982 and since that time had made many friends and acquaintances. His love of hunting and fishing filled the conversation at most coffee breaks. His way of expressing himself always helped to clear the air when things were not so good.

Kevin was laid to rest on Saturday, 6 July, at St. Charles Labrador where he spent his younger years. The burial was attended by relatives and friends of the community of 125. Also attending were Connie Saunders, Pete Morro and MWO Gerow.

From the Squadron we send our deepest regrets to Connie and assurances that we will always be here to help. Kevin will always remain in our thoughts as more than just a friend and squadron member.

G.L.



Cpl Gagnier, an Aero Engine Tech on 442 Sqdn, noted that the air compressor on the hanger floor was a safety hazard and recommended that a protective screen be placed around it. LCol Stewart, his commanding officer, presented him an award of \$250<sup>00</sup> while the movers were packing his F&E for a posting.



442 Squadron  
From The Main Floor

## 442 Squadron

Turning to departures, promotions and arrivals, we say farewell this week to genial Mike Laycock who is heading off to far-flung Gander. The fact that it was flung that far would seem to say something, but Mike is happy with his posting. Bon Voyage Mike.

Promotions are always good to report on, especially when they come to an individual who has not only put in the work but the time as well. So to new Sergeant Pat Burke congratulations on your achievement - and your patience. We also congratulate new MCpl Tom Ford and Cpl Tod Schneider, and welcome them to a higher tax bracket.

In sports our fast pitch team is Awesome: their record is 12 and 2, and only seven games left in the regular season. Our slow pitchers are picking up; their last game against Supply was a 9 - 8 squeaker in which Terry (Scuz) Wheadon pegged two home runs and a triple. This group fared less well when they welcomed their wives and girlfriends to a game and beach party - the ladies clocked them 5 - 4.

Finally, the ground floor welcomes Cpl Mike Pretzell from Winnipeg and Cpl Al Camphuis from Edmonton. This place has nice weather guys, but don't sell your snow tires.

### M. S. E. Driver Safety

#### What would you do??

You're driving on a country two-lane road at night and your lights go out. What should you do?

- ☐ Break gently to slow, pull off to the side of the road and repair or seek help.
- ☐ Break hard, hard right and stop immediately well off roadway to repair or seek help.

Answer On Page 6

## WOs' & Sgts' Mess

Steaks will be on sale at Bar with Potatoes and Rolls for members use on the Barbeque until September.

#### Entertainment resumes

In September with  
**MEET & GREET**  
ON 28 September.  
Regular TGIFs begin on 6 September.

## Jr Ranks' Mess ENTERTAINMENT HOTLINE: 339-5212



# Editorial

## Family law mediation

Until recently parties separating were faced with the choice of formalizing their separation in the form of an agreement or by legal proceedings. Both processes generally involved a lawyer and the process was adversarial in nature. Legal proceedings and negotiations leading up to a separation agreement can often present both emotional and financial hardship. Regrettably, a common view held by the public is that lawyers are often seen to exacerbate the parties problems, contribute to communications difficulties between the husband and wife and present an obstacle to the continued good relations between husband and wife that may be possible under a less confrontative process.

Separation and divorce do not change the fact that both parties will remain parents to their children with a need to consult on a regular basis concerning their wellbeing. The requirement for continued understanding and goodwill suggests that the adversarial process does not lend itself to the resolution of family law disputes.

The Law Society of British Columbia has recently licenced those practitioners with family law experience who have completed a family law mediation course to practice in the field of family law mediation. Family law mediation is intended as an alternative to lengthy and costly legal proceedings or negotiations. Contrary to the public nature of litigation the mediation process is intended to be private.

Family law mediation can be defined as process by which the spouses, upon marital breakdown, with the assistance of a family law mediator, resolve conflicts pertaining to maintenance, child custody, division of family assets and family debts and future contingent interests with a view to reaching a consensus based on full disclosure of each spouses financial means and needs to be embodied in an executed agreement.

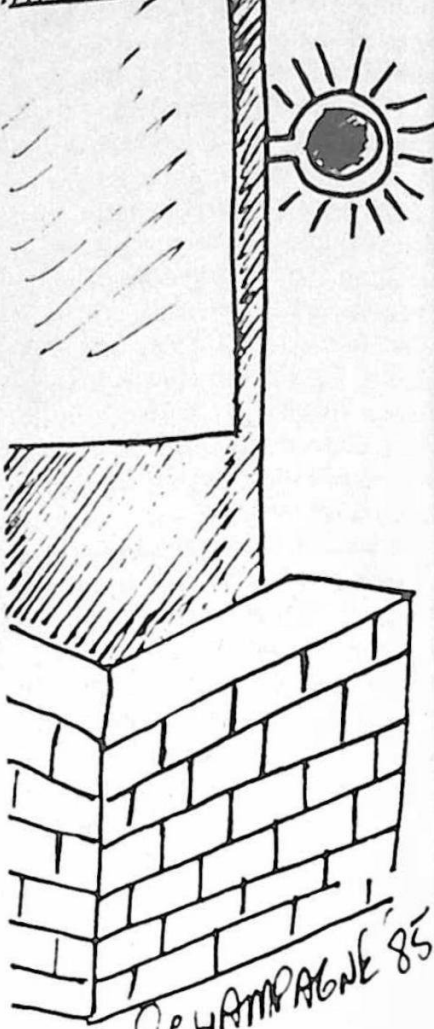
*—Courtesy Esquimalt Lookout*  
The benefits are numerous. It is felt that the mediation process will allow the parties to develop a better post-separation relationship than may have existed during their marriage.

A single lawyer mediator whose presence is entirely neutral and whose neutrality is insured by provisions of an agreement executed by the spouses and the family law mediator is in a position to deal with the feelings and attitudes expressed by both parties in the creation of a mutual acceptable agreement which are factors in separation not adequately dealt with in an adversarial process. The flexibility afforded to the mediator and the parties to create an agreement that works for them is seen as far preferable to the arbitrary proceedings at Court.

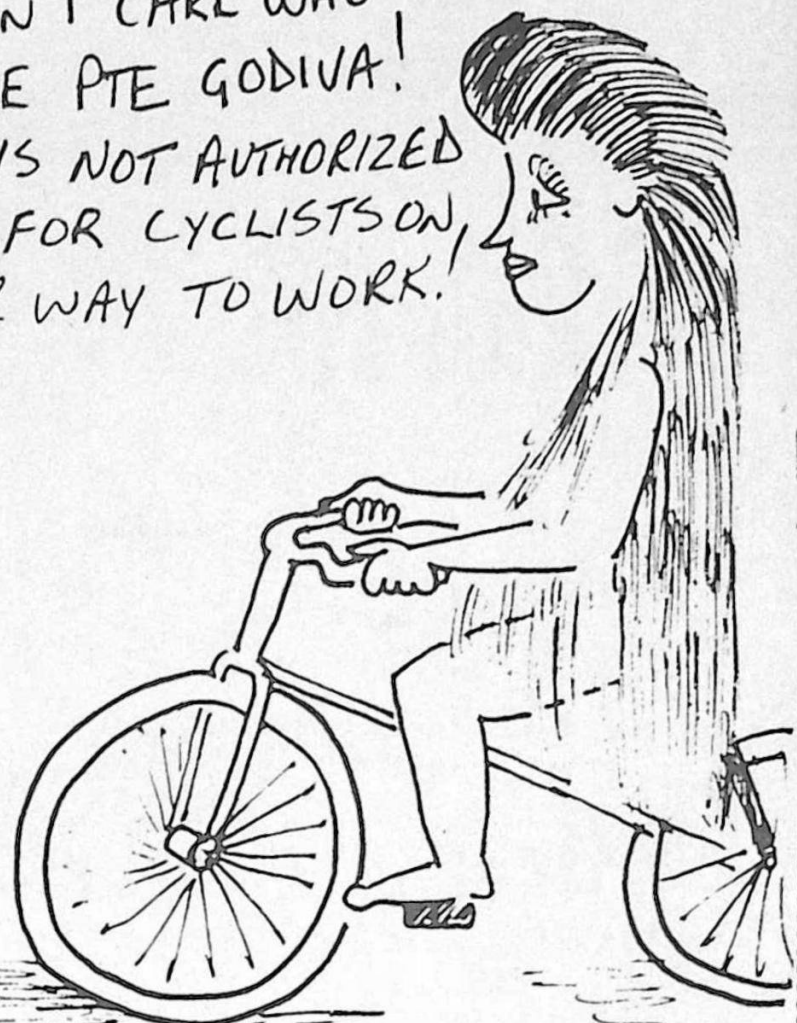
The mediation process involves direct negotiations between the parties with assistance of the mediator. The parties will consider a list of assets owned jointly or separately and a list of issues to be resolved. An important consideration in the mediation process is that it will specifically consider each party's projected post-separation lifestyle and the relationship that each will have with the other and with the children of the marriage. The agreement is essentially one reached by the parties themselves and is not one imposed by the mediator. The role of the mediator is to present alternatives, not to impose solutions.

The mediation process also includes advice to the parties on legal issues involved and principals of law governing the resolution of these issues. It is important to note that following conclusion of an agreement the parties are each referred to independent legal advice, preferably to counsel who have had family law mediation training. If the mediator has done his or her job properly minimal time or expense are anticipated at the hands of the independent legal advisor whose role it is to instruct the parties on their rights and obligations generally and under the proposed agreement.

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YOU ARE PTE GODIVA!  
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DRESS FOR CYCLISTS ON  
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## Insurance concerns

The Marsh and McLennan Insurance Brokers have been a CANEX sponsored broker Repeat broker since 1 Apr 84. To date approximately 6,000 CANEX authorized patrons have purchased personal property and automobile insurance through Marsh and McLennan.

Marsh and McLennan selected Northumberland General Insurance as the Underwriter for the CANEX business. Even though Northumberland is one of the largest insurance companies in North America, it is experiencing sufficient financial difficulties to place its future in doubt. This is of major concern to the insurance industry across Canada and as a result the industry is busy developing strategies to adjust to the possible demise of one of its major members.

Our concern is the status of the coverage of CANEX patrons currently insured by Northumberland through Marsh and McLennan. Again, it must be cautioned that the issues are complex and there are dangers in oversimplifying the situation. However, our information indicates the following:

- Northumberland Insurance is still in business but its asset position is being reviewed by the Superintendent of Insurance, the federal watchdog;
- all personnel insured by Northumberland are legally insured until formally informed to the contrary;
- even if Northumberland is placed into receivership it can be anticipated that the Insurance industry will honor claims by Northumberland insured customers.

However, there would in all likelihood be a delay in settlement.

Marsh and McLennan is attempting to find alternate Underwriters for those covered by Northumberland. The reassuring point here is that Marsh and McLennan is the world's largest broker so we expect that, given time, it will be able to make appropriate adjustments to the CANEX program. However, it is obvious that present Northumberland customers are in an uncertain situation, and it seems to have basically two options:

- remain with Northumberland and allow Marsh and McLennan time to sort out the problem on their behalf; or
- if unprepared to accept the uncertainty, arrange for an alternate Underwriting company.

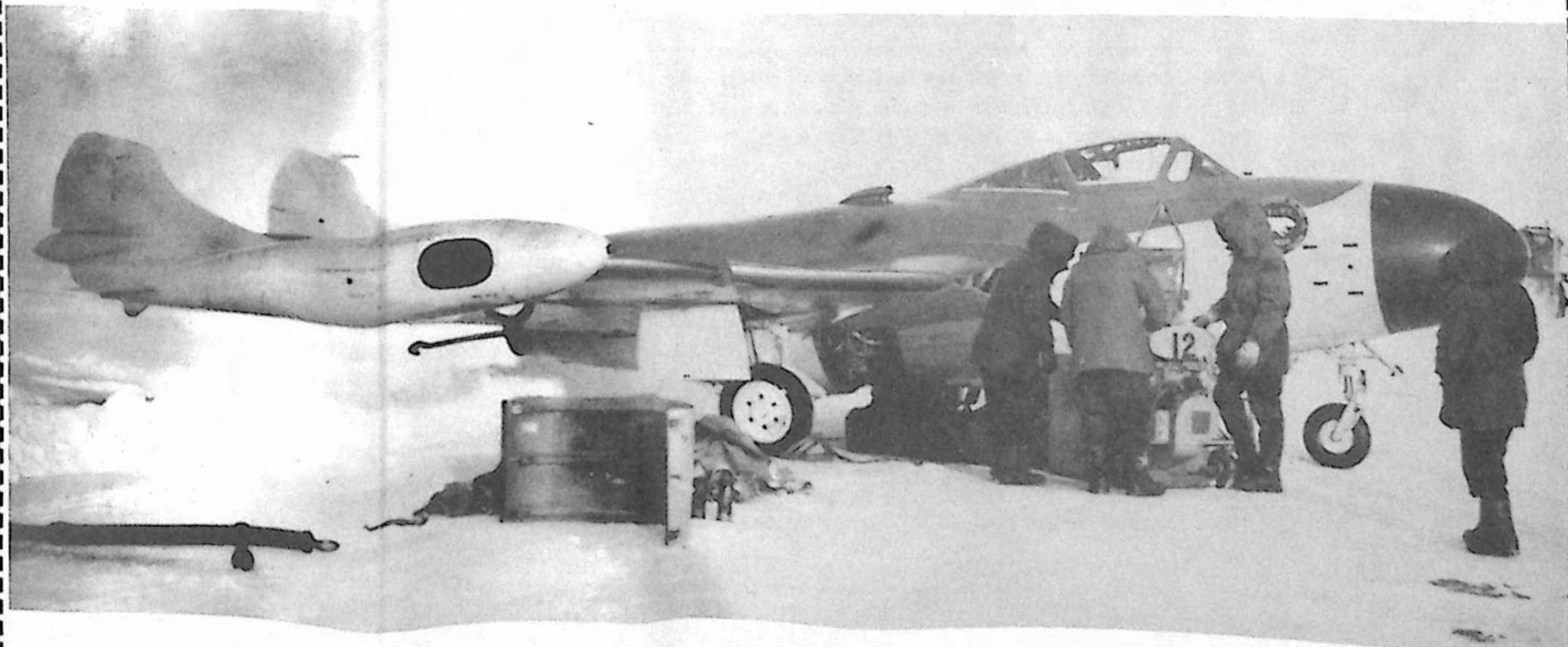
Because individual cases differ it would be inappropriate to recommend which course of action an individual should take. It would seem reasonable, however, that personnel contact Marsh and McLennan regarding possible course of action. If the decision is to cancel the coverage with Northumberland and also change brokers, personnel should:

- Notify Marsh and McLennan in writing; and
- cancel pay allotments if that is the means of payment.

It is perhaps redundant to point out that these developments could not have been foreseen by CANEX HQ, nor, for that matter, Marsh and McLennan. This is a major setback for the insurance industry and our patrons are among tens of thousands throughout North America directly affected.

## Air Force Trivia

What? Where? Why? When?



### Trivia answer

From Last Issue

What:

Supermarine Walrus

Where:

Yarmouth, Nova Scotia

When:

World War II

Why:

Air/Sea Rescue and patrol duties

## TOTEM TIMES

Published every second Thursday, with the kind permission of Colonel Kadonoff, Base Commander, CFB Comox.

Second Class mail registration is 4098. Office phone: 339-2541.

EDITOR: Gord Kruger (Local 2289)

BUSINESS MANAGER: Ron Fisher (Local 2560)

CIRCULATION MANAGER: Shawn & Susan Johnson 339-0580

SECRETARY: Marion Kroemer 334-2918

CAMERA OPERATORS: Dave Blamire, Dave Gibson & Jerry Walton.

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The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item. "Advertising is an offer to sell and may be withdrawn at any time." Address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C., V0R 2K0. Subscription rate: \$6.50 per year.

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Next Totem Times Deadline - Friday, August 2, 1985



# People & Places

## CYMC presents

Angela Hewitt to perform



### CYMC Brings Winner of 1985 International Bach Competition

Ottawa-born **Angela Hewitt**, the sensational first prize winner of the 1985 International Bach Piano Competition, is being presented in concert by the Courtenay Youth Music Centre, on July 23 at 8:30 p.m. in the Civic Theatre.

Miss Hewitt's victory, over 167 pianists from 37 countries, was the crowning achievement of an already illustrious career. On May 11, she emerged victorious after 11 days of gruelling performances, and stood before a cheering crowd, in the presence of the Governor General, in Toronto's Roy Thomson Hall.

The jury, made up of internationally known musicians, composers, and world famous pianists, from West and East Germany, the United States, France, Canada, Australia, the Soviet Union, and Japan, made the decision unanimously.

Air Canada provided free round trips from Europe to all jury members and contestants.

Yamaha placed practise pianos for all contestants in 32 Toronto homes, and a volunteer force of 150 shared the responsibility for hospitality, transportation and general care for all contestants and jury.

The competition was organized as a benefit for the Glenn Gould Memorial Foundation and the net proceeds of \$15000 were given to the Foundation.

Miss Hewitt's program for the CYMC Scholarship Fund is as follows:

Sonata in D Major, Opus 28 (Pastorale). . . . . L. Beethoven  
Theme et Variations, Opus 73

Valse-Caprice #1 in A Major, Opus 30. . . . . G. Faure  
Sonata #2 in G minor, Opus 22. . . . . R. Schumann

Concerto in F minor for Piano & Strings. . . . . J.S. Bach

Contact:

Jane Gaudry

CYMC Festival Office

Box 3056

Courtenay, B.C. - Tel: (604) 338-7463

## Expo Update



### EXPO 86 TICKET SALES SURPASS EXPECTATIONS

Vancouver, B.C. —The Hon. Claude Richmond, Minister of Tourism/EXPO 86 announced today that advance ticket sales for EXPO 86 are surpassing all expectations in the first two months of sales.

"Almost 100,000 British Columbians have signalled their support of EXPO 86 through early ticket commitments," Richmond stated. "With almost 800 corporations involved in payroll deduction plans and the growing interest from the travel and tour industry, we feel confident that Expo will meet its attendance projections."

As of June 22, 840,797 total visits have been committed including: Royal Bank 3-Day Passports (107,764), Woodward's Season Passes (259,077), Payroll Deduction Plan (408,668), and Tour and Travel sales (deposits only received) (65,288).

The ticket program has been in operation since May 2, 1985, the same day the Expo Centre was unveiled to British Columbia and the world. The Expo Centre has been open only on weekends since that time and to date 175,000 visits have been recorded.

This is the first time in the history of world expositions that tickets have gone on sale a full year in advance of opening day. It is also the first time a pavilion (the Expo Centre) has been open to the public a year in advance of an exposition.

The Expo Centre will open seven days a week for the summer starting June 28.

### VINTAGE CARS RALLY TO EXPO 86

Vancouver, B.C. -EXPO 86 announced today that 1400 vintage cars from across North America and Europe will roll into British Columbia next year for the Vintage International Antique and Auto Tour Convention.

Up to 700 of the automobiles will be accommodated in B.C. Place Stadium during the July 7 to 9, 1986 event, sponsored by EXPO 86, the government of British Columbia and the B.C. Automobile Association. An additional 700 automobiles will participate in events in Vancouver and the Lower Mainland.

"This is a not-to-be-missed event for car buffs worldwide," stated Claude Richmond, Minister of Tourism/EXPO 86. "Together with the BCAA, as corporate sponsor, we are pleased to add this colourful presentation of vintage cars to our varied and impressive list of Special Events."

The Vintage International Antique and Auto Tour Convention joins the Tall Ships, STEAMEXPO and the DC-3 Airmada in celebrating the EXPO 86 theme of transportation and communication.

Over 21000 square metres of space in B.C. Place Stadium will be devoted to this retrospective look at classic automobiles. Added Andrew Makin, president of the B.C. Automobile Association, "BCAA is honoured to host the largest gathering of antique automobiles ever in British Columbia."

EXPO 86, the 1986 World Exposition will be held in Vancouver, British Columbia from May 2 to October 13, 1986.

### SEAFIRST BANK TO SELL EXPO 3-DAY PASSES IN WASHINGTON

Vancouver, B.C. -EXPO 86 announced today in conjunction with the Royal Bank of Canada, that Seafirst Bank has been appointed as exclusive distributor of 3-Day Passes in Washington State.

"Through the Royal Bank, all British Columbians extend a hand across the border to welcome Seafirst to the 1986 World Exposition," says Claude Richmond, Minister of Tourism/EXPO 86 for the province of British Columbia.

"With 150 branches statewide, Seafirst will play an important role in helping the Royal Bank carry the EXPO 86 message to every community in Washington," says Richmond.

As the Official Bank of EXPO 86, and sole distributor worldwide of all 3-Day Passes, the Royal Bank is pleased to recognize Seafirst's success in serving the people of the Pacific Northwest for over 100 years.

"The sharing of these exclusive distribution rights reflects the ongoing relationship between Canada's largest bank and the largest bank in Washington," says David Pollock, Vice-President, Corporate Affairs EXPO 86, of the Royal Bank of Canada. The 3-Day Passes will go on sale at all Seafirst branches on September 3, 1985.

Visitors to EXPO 86 will find a convenient banking network, with four Royal Bank customer service centres, and many Royal Bank instant cash machines in key locations on site.

EXPO 86 will be held in Vancouver, British Columbia, from May 2 to October 13, 1986.

## Admirals Medal established

Halifax -- A medal to recognize outstanding achievements in Canadian maritime activities, has been established in conjunction with the celebration this year of the 75th Anniversary of the Naval Service of Canada.

The Admirals' Medal was initiated in honour of three former naval officers, now all deceased, whose distinguished personal contributions made a significant impact on the development of maritime affairs in this country.

The award was named for Rear-Admiral George Stephens, a founding member of the Royal Canadian Navy; Vice-Admiral Rollo Mainguy, whose 'Mainguy Report' provided a basis for naval personnel and leadership policies which last to this day; and Rear-Admiral Victor Brodeur who organized the Naval Reserves of Canada.

Though established in the name of these Naval Service pioneers, the prestigious medal will actually provide public recognition to the new generation of Canadians who display initiative and skill in advancing maritime affairs, operations and research.

The Admirals' Medal Foundation will award the medal annually on the basis of nominations submitted to the foundation by individuals and organizations in a position to identify outstanding achievement in the wide range of maritime affairs. Meritorious accomplishments, whether through science, technology, academic studies, or the application of practical maritime skill will be considered for this special recognition.



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## Gun alignment & Control system for CAF

Montreal — Mr. Gerry Weiner, Member of Parliament for Dollard, today announced on behalf of the Minister of National Defence, the Honourable Erik Nielsen, the acquisition of 24 Gun Alignment and Control Systems (GACS) for the Canadian Forces at a cost of \$27.3 million.

The GACS, manufactured by Bendix Avelex Inc., of Montreal, consist of three sub-systems. The

alignment sub-system comprises an infrared laser which will provide artillery units with a rapid and accurate means of aligning the 105mm C1 Howitzer, 155mm self-propelled Howitzer and the 105mm PACK Howitzer L-5. The second sub-system is a data transmission mechanism which relays firing data and orders from a military portable artillery computer (MiliPAC) simultaneously to each gun, where

it is displayed visually. A loud-speaker function constitutes the third sub-system.

Delivery is expected to be completed by early 1989. This interim period allows for the final trials of the pre-production models.

The GACS is an element of the Artillery Improvement Program which was undertaken to improve the response time and accuracy of artillery fire support.

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# Sports & Recreation

## Totems advance to Nationals

The CFB Totems Mens fastball team advanced to the Canadian Forces National Championships by virtue of their victory at the regionals last week. The Totems compiled a 5 and 0 record to win the regionals.

In the first game against the Fleet, Gord Jones was the hero with an inside the park home run in the bottom of the seventh to drive in two runs. Final score 4-2.

The second game was a runaway for the Totems as they hammered Base Esquimalt 20 to 4 with Mike Hatch batting 5 for 5. So there it was — first day over and a 2 and 0 record.

Day two saw the Totems face CFS Beaverlodge in the first game of the day. In a bit of a see-saw battle, the Totems came away with an 8-4 win. Against Chilliwack in the next game, a large lead dwindled as the game progressed, but the

Totems managed to stave off the Chilliwack comeback. Final score 14-11 for Totems.

This set up the finals between the fleet and Comox. The game was a tight contest featuring some excellent pitching and defensive plays. The Totems broke it open in the bottom of the sixth when Bill Talbot and Bryan Beal drew walks.

The hot bat of "Bull" Hatch come thru again with a stand up double to drive in a couple of runs. That was it — game — set — and match and the Totems were Pac Region champions.

Congratulations goes to the victors and best wishes for further success at the Nationals in September.

### A Note From The Coach...

I would like to thank the players of the Totems Dennis MacPherson, Charlie Fleming, Jack Picard, Bill Talbot, Bryan Beal, Mick Hatch, Gord Jones, Rick Pount, Steve Tinker and Pat Armstrong for their outstanding sportsmanship and team play with the highest of honorable mentions going to our pitcher Pat Armstrong who pitched all five games. Second honourable mention goes to Dennis MacPherson for his team leadership and a special thanks to Graham MacDonald for being our equipment manager. Special thanks also go out to the Section Heads for letting the above mentioned players go to the Regionals and to the BPERO and his staff for the tremendous support they gave the Totems in the Regionals and during their regular season play.

Coach, Derrell Sears



## CFB Comox Sport Parachute Club

### "Blue Skies, Hot Skydives"

Lots of news from out of the blue since the last article. Comox's finest competitors once again set out for the interior, arriving via our trusty Cessna 182 and by road to Princeton B.C. for the Provincial Championships held the July 1st weekend. A certain competitor who will remain anonymous tried to outrun the RCMP speedtrap near Chilliwack but Subaru's aren't as fast as aircraft! Accuracy, the first event saw Brian Wnuk of Parksville placing a well-deserved fourth in the Junior category, jumping the old style accuracy canopy amidst all the more modern square types. Intermediate accuracy had Shelley G. placing 5th followed by Clive W. in 6th. Roger S. brought home the gold in the Seniors category with Al Sharpe capturing bronze on his 500th jump. Way to go Al! Carol L was right behind in 4th spot. Masters accuracy also saw Ron D just miss

out in 3rd placing ending up in 4th. So all up there fairly high in these standings. Style (individual sets of turns and backloops against the clock) the next event, had Comox take all but the 1st with Al S winning silver, Ron D. bronze, Dan L. 4th, and Clive W. 5th. Congratulations to all! Comox's ace relative work team (4 person freefall manoeuvres) placed an honourable 4th — some pretty tricky formations had even the top teams confused. So all in all a good showing on the final tally. And a vote of appreciation to the town of Princeton, solidly behind this event as it was the first time held there. Incidentally, the 1986 Canadian Nationals will be there as well as the Worlds' best in 1987. Fun for spectators and jumpers alike.

Into other news — we must congratulate all who have taken the "big leap" in the past couple of months — Marc A., Guy B., Maurice D., Gilles G., Kimberlee H., Sylvie L. and Perry. Everyone

did well and enjoyed themselves so get your friends out!

There must be something ominous about the number "8". Just ask Reid W. who floated under his reserve canopy on his 28th, the same day as Grant P. on his 328th. Not to be outdone, Dan L. celebrated his 400th recently with a reserve ride as well! Other "century jumps" also recently had Roger S pass the 400th back in May and Clive W. No. 300 back in June. Both had normal canopy rides! Congrats to all as these are milestones in the jumpers careers.

There is no truth to the rumour of a Para-Golf competition — most likely started by Al S. whose new clubs have been burning up the greens. However this has possibilities, Hmmm, wait and see.

That's it for now, next news will be reporting on the clubs showing at the BC Summer Games and Canadian National Championships in Alberta. Soft Landings.



## Pipe Smoke By Gerry Gerow

The biggest thing around these days, is the no smoking kick. Non smokers are adamant in their demands for smoke free areas, claiming that the smokers are polluting their atmosphere. Well, it's pretty difficult to refute the medical and scientific evidence that smoke is harmful to a person's health, but tobacco smoke is not the only air pollutant around. It is interesting to watch these same non smokers, who are so verbal about atmospheric pollution, pulling into the service station and refuelling their vehicle with leaded gasoline. It seems that despite the fact that practically any automobile, motorcycle, or boat engine, will run quite satisfactorily on unleaded gasoline, many people can see only as far as the price tag, and buy the unleaded product because it's cheaper. In reality if vehicle maintenance costs are considered, lead free gasoline is less costly in the long run than the leaded variety. Why does our government still permit the marketing of leaded fuel? I guess, basically they lack the intestinal fortitude to stand up and be counted. Are they really for or against air pollution. So, the next time you

fill up with leaded gasoline, pause first, and ask yourself, why am I doing this. It's only a few pennies more to fill up with unleaded, and there's already enough stuff in our atmosphere that doesn't belong there.

Along with all the good things that come our way in the summer time, we also get the litterbugs. Many forms of pollution are the by product of something useful, but littering is something it would cost nothing to stop.

Several hundred forest fires are burning in British Columbia right now. How many of these were started by the sun shining on a discarded bottle? And, how many were started by a discarded cigarette. If the numbers I see personally, thrown out of car windows, every day are an indication, literally thousands of lit cigarette butts are being tossed onto the ground every day. Why not use the ashtray? Sooner or later one of these, has to start a fire.

If an individual has room in his car, boat, or packback, for a container, when it's full, why has he no room for it when it's empty. It doesn't seem all that difficult to take your

litter to the nearest garbage container and deposit it there.

How many have ever taken the time to observe Mother Nature. Her ways are extremely direct and cruel, but nonetheless very effective in their prime objective, which is the perpetuation of a healthy stock of each of her species. Only when man gets involved do we have to step in and give her a hand.

Take the forest fire for instance. Following a fire, the life cycle of the flora and fauna in the region can start anew. Nature doesn't really care about the value of the timber that is destroyed. Nor is she concerned about the towns that may get caught up in the fire. She is mainly interested in the condition of the area say a hundred years from now. In the years following a fire, a dramatic increase of wildlife in the area will be noted. In fact, big game outfitters have long been aware that a freshly burned out area will increase the amount of game and establish their camps in close proximity to such areas.

However, Mother Nature never intended the large number of fires which are common today, due to human carelessness.

## Abbotsford International Airshow

August 9, 10 and 11

Confirmed to date: Canadian Forces Snowbirds, RayBand Golds 3 plane aerobatic team flying Pitts Specials, Team America - 2 or 3 plane aerobatic team flying the Siai Marchetti SF260, the Daring Damsels - 2 lovely lady wing-walkers, Steve Wolf flying the Curtis Samson, Frank Ryder and his beautiful Chipmunk, other Canadian and U.S. military jets, a number of WWII aircraft, homebuilts, antiques, ultra-lights, hot air balloons, sky-divers, etc., and the GOODYEAR BLIMP.

— 1985 admissions: \$8 - adults (16 years and older); \$4—Children (6 to 15 inclusive); Children under 6 are free.

The Abbotsford International is officially recognized as Canada's national airshow and acclaimed world wide as the fastest-paced, most varied flying show in the world.

For more information on Abbotsford, please contact  
ABBOTSFORD INTERNATIONAL AIRSHOW SOCIETY  
P.O. Box 361, Abbotsford, B.C. V2S 4N9  
or call (604) 859-9211

## Her Excellency visits Edmonton



The "price" is right — Maj Al Price, honor guard commander, turns to make a point with Governor-General Jeanne Sauve during arrival ceremonies for the commander-in-chief at CFB Edmonton. Walking behind the governor-general is CFB Edmonton base commander, Col Michael Zrymiak.

—Canadian Forces Photo by Sgt Dennis Mah



Greetings from the Governor-General — Shaking hands with Governor-General Jeanne Sauve at CFB Edmonton was part of a social studies lesson for military dependents from the base schools. The governor-general quizzed students on their knowledge of her role during arrival ceremonies in the Alberta capital.

Canadian Forces Photo by Sgt Dennis Mah

## Answer to MSE Safety Quiz

Your choice of action, Brake gently to slow, pull off to the side of the road and repair or seek help, is the best choice.

You were lucky to have this happen when you had a car behind you. The lights from his car will show you where you are, but still you will not have the same visibility and the more gently and slowly you do things, the better off you'll be. Bearing in mind, of course, the fact that you can't slow down too fast because of the car behind you.

If this should happen to you when you do have the lights of the car behind you, you'll need time to adjust to whatever light you have.

## Base Pool Schedule

As of July 2, 1985

MONDAY - FRIDAY	SATURDAY & SUNDAY
0830 - 1130 ..... Red Cross Swimming Lessons	1300 - 1500 ..... Family Swim
1130 - 1300 ..... Military & DND Employees Swim	1500 - 1600 ..... Adults Only (18 years & over)
1300 - 1400 ..... Masters swim	1800 - 1900 ..... Open Swim
1400 - 1600 ..... Family Swim	1900 - 2000 ..... Adults Only (18 years & over)
1800 - 1900 ..... Open Swim	
1900 - 2000 ..... Adult Swim (18 years & over)	

For further information, contact the Rec Centre.

## Adult Swim Lessons/Stroke Improvement

NO EXPERIENCE NECESSARY -- Start from the beginning and learn how to swim or if you can already swim, improve your stroke.

Mondays & Wednesdays -- 1600-1700 hours  
Cost -- \$2.00 per lesson -- Pay as you come!  
First lesson Wednesday, July 3rd

For more information, contact pool office at local 2314.

## Learn To Swim This Summer!

Red Cross swimming lessons will be held again this summer at the Base Pool.

July 2 - 12; July 15 - 26;  
August 6 - 16; August 19 - 30

8:30 - 9:15 a.m. -- Red, Grey, White  
9:30 - 10:15 a.m. -- Moms & Tots, Maroon, Green  
10:30 - 11:15 a.m. -- Yellow, Orange, Blue

The cost is \$10 per session per child.

Registration will be taken at anytime during regular work hours as well as during any part of the session, in the Rec Centre.

For any further information contact Robert Carmichael at local 2315.

## Bronze Medallion and Bronze Cross

If you are interested in obtaining your Bronze Medallion or Bronze Cross swimming awards, please contact Robert Carmichael at local 2315. If enough people (10 or more) show interest, a course could be offered some time this summer.







# Around the Base

## Our People



**MCpl Yvonne Carruthers**

### Demon Tech of the month

Meet Cpl Carruthers our current Demon Tech of the Month. Yvonne is a native of the "steel city", Hamilton Ontario. She joined the CF in 1981 and after completion of basic and trade training she was employed in the brake and wheel shop. Yvonne became a member of the 407 servicing organization in October 1982.

Her hobbies include reading and relaxing in our sometimes scarce B.C. sunshine—a hobby we all hope to enjoy this summer. Best of luck Yvonne!

## Gifts and other goodies



**Capt Jim Slater**

*Maj Young presenting*



**Simon Lemire to MCpl**

*...Capt Carlyle presenting*

## ST. MICHAELS AND ALL ANGELS PROTESTANT CHAPEL

**BASE CHAPLAIN (P):** Major G. Milne (arriving July)  
**CHAPEL:** St. Michael & All Angels, Wallace Gardens, Bldg #88  
**OFFICE:** Headquarters, Bldg #45, Room #48;  
Telephone: 339-2211, local 2273.  
**SUNDAY WORSHIP:** Each Sunday - 1100 hours.  
**HOLY COMMUNION:** First Sunday of the month.  
**SUNDAY SCHOOL:** From September - May for all children from age three to fourteen.  
**JUNIOR/SENIOR CHOIR:** Commencing in September.  
**LADIES GUILD:** Meets once monthly September - June.  
President: Mrs. Joyce Brown; telephone: 339:2685



## OUR LADY OF THE SACRED HEART CHAPEL CFB COMOX, B.C.

**BASE CHAPLAIN (RC):** Padre J. Dabrowski  
**CHAPEL:** Our Lady of the Sacred Heart (on Base)  
**OFFICE:** Headquarters, bldg #45, Room #48; telephone: 339-2211, local 2274  
**MASS SCHEDULE HOURS:** Saturday - 1900 hours.  
Sunday - 1000 hours.  
Week Days - 0900 hours.  
**BAPTISMS & MARRIAGES:** By appointment - notice well in advance please.  
**CATHOLIC WOMEN'S LEAGUE:** Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. (No meetings during July/August). President: Mrs. Edna Sinclair, telephone: 339-6883.  
**PARISH COUNCIL:** Second Wednesday/month at 1300 hours in Parish Hall.  
**CATECHISM CLASSES:** From September - May in the PMQ School at 1830 hours.

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and ride on the Chairlift!

\$5.00 Return

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Driftwood Mall .....	10:00 a.m.
Westerly .....	10:15 a.m.
Washington Inn .....	10:30 a.m.
Return .....	3:00 p.m.

Bus and lodge available for special weekday events, group parties, and camping trips with advanced notice only please.

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Single - \$105. Husband and Wife - \$175., Junior - \$40.

Due to quota restrictions, new memberships are presently restricted to DND personnel and their dependants. All 1985 memberships are valid until 28 February 1986. Lockers are still available to G.G.G.C. members.

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# Around the Base

## FREE-TIME



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.....LCol Jackaman presenting



Mike Gauthier to Sgt

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**Victoria** — This year in conjunction with the 75th Anniversary of the founding of the Royal Canadian Navy, national reunions for former University Naval Training Division members have been planned across Canada.

HMCS Malahat in Victoria will host the West Coast Reunion to be held August 29 to September 1st, 1985 to celebrate both the 75th Anniversary and the 40th Anniversary of the formation of the UNTD.

Festivities will include attendance at several 75th Anniversary events - the Naval Assembly and Tattoo; UNTD Weepers and dedication of a piano, briefings, a church parade and a formal Ball at the Empress Hotel - all planned to reawaken memories and renew friendships.

If you are a former member or know former members of the UNTD and would like to register or receive further information about the weekend package contact:

Victoria UNTD Reunion Committee  
c/o HMCS Malahat  
FMO Victoria, B.C. V0S 1B0  
Attn: S/LT D.C. LaValley  
Phone: (604) 380-4316

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Newborn 84's • Regular Absorbency 72's • Extra Absorbency 60's • Super Absorbency 54's • Toddler 48's • Toddler Plus 40's

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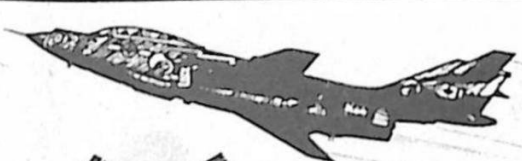
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**CANEX EXPRESSMART**

**75¢**

Limit one coupon per purchase. Coupon expires August 18, 1985

**SP**



### JULY is ARMED FORCES MONTH

at the Pewter Room Restaurant

In appreciation of the contribution made to our community by all members of the Armed Forces, we're designating July as Armed Forces Month in the Pewter Room Restaurant. Any member of the Armed Forces plus their spouse or escort is eligible for a special "Thank You" discount for lunch or dinner.

**20% OFF FOOD AND BEVERAGE**  
Specials not included

This will be a continuing program to honor sectors of our community. Watch for your group in the future.  
Starting on 2 July 1985

**Pewter Room Restaurant**

COURTENAY HOUSE HOTEL, 498 ISLAND HWY. 334-4401



# More Section News

## Community Council holds Annual Awards night



**Back row L to R** Greg Lewis; Trudy Hunt; Dave Gariepy (accepting for brother) Pat Tinnion (accepting for Military Police); Cl Haskell; Jim Burke (accepting for brother Gary); Stan Zimmer.  
**Middle Row L to R** Diane Harrison; Gay Gray; Karen Worall; DeeDee Swanson; Dave Buchanan (accepting for Fire Hall).  
**Front Row L to R** Lynn March (accepting for husband Bill); Steven Harrison (Mayor); LCol Brown (A/BCmd); Martial (Deputy Mayor) and Christine O'Neil.

## BAMSO News

It seems like quite a while since we last spoke to you seeing there is a longer time between editions of the 'Fishwrapper' during the summer months but here goes with the BAMSO News column anyway. Things have been really busy lately but I can gladly report that they have started to cool down a wee bit. The fact that the air conditioner is now working has something to do with that, I must admit. Maj Monahan is finally back from his trip to NDHQ where he was the chairman of one of the junior ranks promotion boards. He reports that he found it quite interesting and he is just loaded with "what to do" and "what not to do" information for our next go around with PERs. Darlene is on her way to Borden and, if you are reading this Darlene, we miss you. Who else can we use our anti-feminist humor on. You took it well Darlene and now we are looking for a suitable replacement for that task. Dave is on the way over to BITO and Larry Thompson, newly promoted to Sgt, joins us from Base Orderly Room. Welcome to our fold Larry, I'm sure you will enjoy a good working and social relationship in your new job.

We have something a little extra for this column as we have a couple of photos of recent BAMSO social/sporting events. MCpl "Finny" Fehr won our fishing derby with a 7 pound 15 ounce prize and the other picture is of all the winners in the golf tournament. Now if the editor will only print the pictures on the same page as this column you will know what I'm talking about. Now for the shops' columns for this issue.

### IE/IS LABS

The ratings are in and the IE/IS Labs are at the top of the rock charts with their latest album featuring such hits as "Variable Resistance" by James Scally and the SAS Amps, "Promotion Comotion" by Mike Gauthier and Sgt Pepper, "Shirts and Socks Aren't For Me" by Claude Ouellette and the Hawaiians, Karen Thompson with "88, Up Where The Eagle Soars", a duo with Al Peterson

and Dave Graham, "On The Road Again", Sue McKay's "Babes In Arms", Karen Stockklauser's "Under Pressure, and Single Women Make Better Lovers", a duet with Rhea Pretsell and Ken Sullivan, "Don't Count The Rainy Days", Fred Perry's "Old IE Techs Never Die, They Just Retire", Mary Penny's "Love Is A Battlefield", Theresa Boyer's "Our House", and "Keep Your Hands Off My Power Supply" by Mike Roy and the Ins's. This album is produced by Dan "Metal Rules" Lefebvre and Dan "Metal Stinks" High and is sold under the AMIT label with high recommendations. For your copy just buy the producer a beer and allow six to eight years for recording, re-recording, re-re-recording, labeling and delivery right to your front step. We will not be held responsible for records with songs missing, parts of songs missing, or of cases of the jacket arriving with no record at all. Don't pass up this once of a lifetime (maybe twice) chance of owning this record.

### BASE PHOTO

Hey! I really like the way one article got started last issue. "The End". What a great idea, especially when one starts running out of ideas about how to start these articles.

Attilio is back safe and sound from his video course in Toronto. Some things never change, like Ontario weather - hot and humid. He jokingly says he was offered a job with the mafia, but home is where the heart is so he returned here, but with a heavy heart.

Doug is down in Base Photo in Shearwater checking out their colour printing facilities. He'll come back with lots of info to set-up our colour processor and enlargers.

Gilles is off to the PNE for 3 weeks T.D. I figure he's going to have a real good time, well who wouldn't?

Well, that's it, short and sweet. Take it easy 'till next time.

### REFINISHING

With the posting season upon us the Refinishing Section is mourning the departure of Sgt "Animal" Chappell as he departs

for Borden. His gang of seven are patiently awaiting the arrival of his replacement.

The section recovered from the nightmare of having MCpl "Bert" Brown moved to Tool Control and then back again. It's felt that he and Ernie should never be broken up.

Cpl "Beaker" Harvey threw a barbeque at his new residence and as it was such a success another is planned for July 13th.

Pte Behmer is off to the big city for a few weeks leave and "Kermie" Imbault is slowly recovering from the hot tub party.

On the serious side, a team from Vancouver demonstrated a new piece of paint stripping machinery. The demonstration proved to be interesting and should prove useful in corrosion control procedures, if and when the gear is purchased.

Having said that I'll close until next time with the saying "If we can't do it, it can't be done."

AMSE

Well, here we are again. The AMIT team has come and gone with little hassle. The work goes on, the people come and go.

Cpl McGrath has returned from Borden where she took the AMSE course. For Danielle, Borden is close to home and family so the course and trip was not hard to take even though she says it is good to be back. MCpl Nichols is away on leave and doing some travelling. Just think of the beautiful weather he's missing here.

Word has it that the AMSE techs are taking over Tyee Park. Cpl McGrath lives there now and Pte McKay and Pte Kelly will be moving in with their families. Funny thing though they will be in three units in a row. Talk about leaving your work behind.

This month we say good-bye to Pte Luc Boivin as he is leaving the service and Comox for a new career and life in Quebec. Pte Boivin has been an asset to this section and we wish good luck to Mr Luc Boivin.

Here's a news flash just in, hot off the presses. Cpl Danielle McGrath is leaving the AMSE Section for a short stint in Tool Control. So long and good luck to you Danielle.

## Base Supply

As we hit the spring and summer months, posting season is in full swing. Base Supply, like any other section, must say goodbye to many good people. Everyone's favorite, Supply Tech, Cpl Truesdale, is leaving us to do time in CFB Petawawa. Cpl O'Brien, who is no longer a bachelor, will be leaving us soon for a posting to Germany with his new wife Lee. Congratulations Larry! Sgt Stacenka has recently left and is now posted to sunny Ottawa. WO Adams has also recently left and is gracing CFB Winnipeg with his presence. Cpl Cudmore is looking forward to her great escape to CFB Chilliwack. And still many more who have already left us. We wish all these people the best of luck in their new locations.

Happily we also say hello to some new faces. Frank Felhouser is back and he is working in No. 1 Supply Group. Cpl Cathy "Pinky" Deurrelle is in General Stores. Another Cpl Hutchinson is working in CRS and Cpl Francois Richer in Rations on TD putting up with us instead of his wife. Don't worry Marcel, it's a short two months. Also, welcome to three contact trainees. Pte Genest in General Stores, Pte Lafond in No. 2 Supply Group and Pte Rendeau in Customer Services. Welcome back to Pte/Cpl Couture and congratulations for doing well on her TQ5 course.

It seems that Supply has gone on a fitness craze. The 'jog squad' is

bigger than ever. How many people stick to this craze is another question. The best of luck to all involved.

Everyone, especially Shelly Hutchinson, are happy with their recent intersection moves. Cam Bailey has no room to jump anymore and Sgt Channen is the new "Reject King". Debra Burns is the new IOR Clerk and the proud winner of the "Wally Berger Bottle Cap" draw.

The summer season is the time for many people to go on leave. Kim Heath is going to California. Bev "Mickey Mouse" McConnell is at home in Disneyland. Mary Joe is in Hawaii getting even darker. Debbie Smith is also with her on the "Tom Selleck Quest". She couldn't stand the heat in Stocktaking so she's off to a different kind of heat.

Happy Birthday to Lt Russell, WO Beachey, Sgt Pearce, who is 39 again, Cpl Ray Bailey, Cpl Greaves, MCpl Hop-a-long Dew, Cpl Shelly Hutchinson and Pte Turner who, by the way, met up with the BC Lions on her recent trip. Lui Passaglia can make some pretty good moves for a kicker, eh Sandy.

We won't say anything about Cpl Charles' new hair cut. Pte Chelley should learn to park his truck elsewhere to prevent tickets for crowding the loading zone in front of Rations.

I will sign off with this thought - "A sure sign of an alcoholic is sucking mints". Ask Kay Alex.

## 888 Wing

Comox Nautical Days are upon us again with our beef 'n bun booths on August 4th and 5th. We have a roster of helpers posted at the Wing, but more volunteers are required to fill in or help with errands, so please add your name to the list.

The annual beach BBQ is slated for August 17th at the Air Force

Beach pavilion, starting at 3 p.m. Remember kids and guests are welcome. Bring your own meat to cook, plus lawn chairs etc. The nominal \$1.00 charge is for corn on the cob, charcoal and fixin's. The bar will be open.

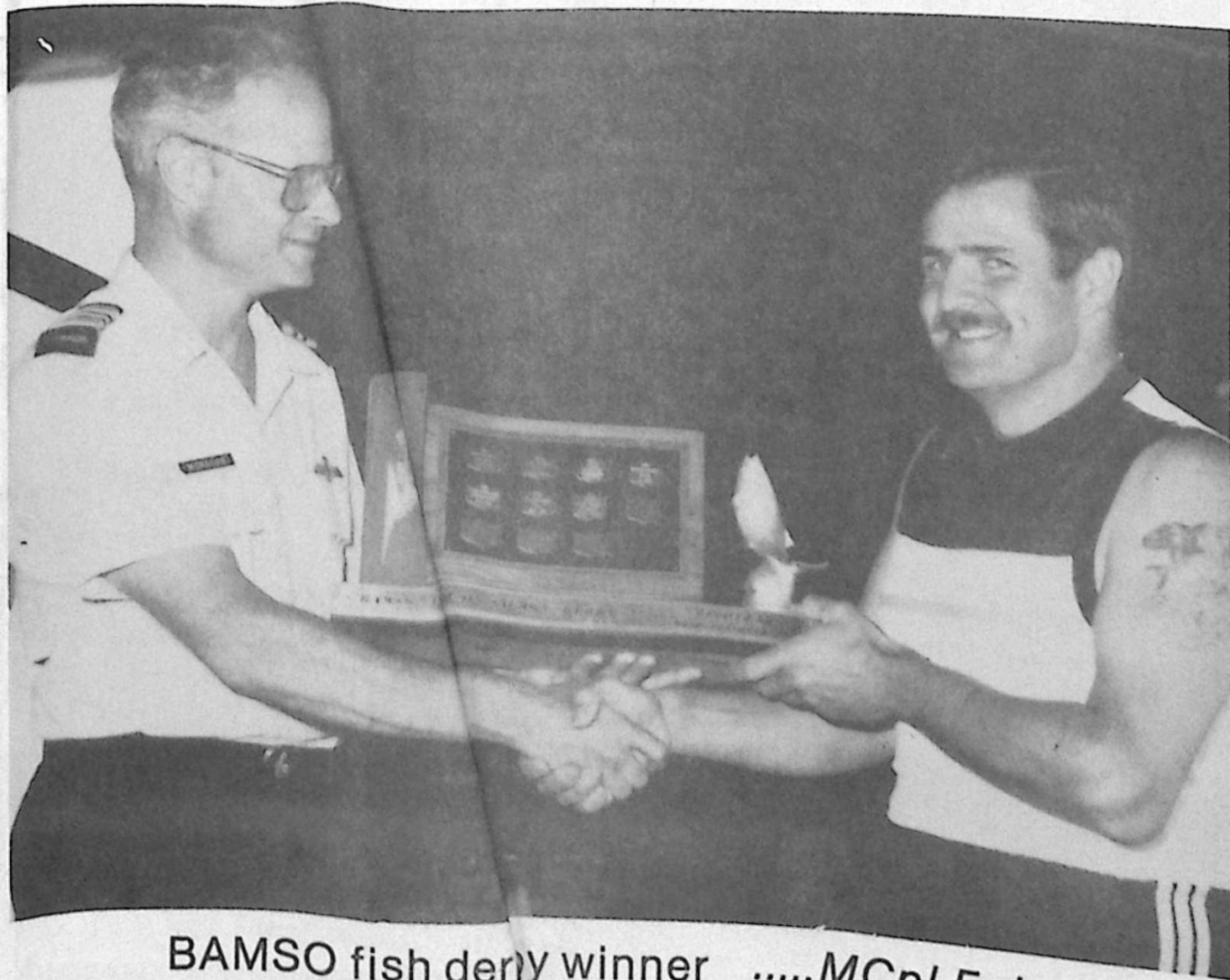
Finally, membership renewals are due August 1st, so get your money to Ken Durrant now!

Be Careful  
with Fire  
in the Forest

B.C.'s Most Valuable  
Natural Resource



BAMSO golf tournament winners



BAMSO fish derby winner .....MCpl Fehr



# Around & About

## Filberg Festival upcoming New frigate underway

The 1985 Filberg Festival, August 2, 3, 4 and 5th, will have as special guests well known Canadian painter Ron Parker, and Glen Robena, a carver in the Indian tradition. Glen Robena will show carvings in wood and silver; masks and prints. Ron Parker has become one of the most exciting talents in the field of wildlife art. His most recent one-man show met with tremendous success and found collectors vying for his paintings.

The first Filberg Festival took place in August 1983. As special guest and opening the festival was Mr. Peter Kaye - Chairman Vancouver Foundation. This was fitting as it is grants from the Robert and Florence Filberg Fund, managed by the Vancouver Foundation, that make it possible for this unique and beautiful property to be available to the public. In the terms of acquiring this property the Comox Council were committed to preserving this significant example of architecture using local wood and stone, and to retaining the grounds as an integral part of the design. In 1979 the Council designated the lodge as a heritage building and site. The Filberg Lodge and Park Association (a non profit society) manages and develops the property on behalf of the municipality. A restoration program of the buildings and grounds was undertaken - with great achievements. It was a time to draw people to the newly restored buildings and grounds of the lovely heritage estate of the Filberg family.

A craft festival of high calibre seemed a good vehicle to attract interest and many visitors - thus making an opportunity for people

to know and enjoy the results of this effort by the Filberg Association, the Town of Comox, and many contributing citizens. Any profits would be used to maintain the property.

The first festival set a pattern which is continuing. The Lodge is set aside for one or two guest artists of international reputation. Other artisans have been selected through a juried show. Booths in the upper meadow house crafts of many kinds. Potters, woodworkers, leather workers, jewellers and weavers display their wares. More exhibitions and demonstrations take place in the outbuildings - a former dairy building, a boathouse, a root house, which are handsome log buildings reminiscent of Bob Filberg's native Sweden. The pump-house has a sod roof and displays colorful flowers in summer.

During the Festival there is also a Hands On Animal Farm in operation giving an opportunity to observe and pet many common farm animals. There will be a storyteller and clowns to entertain little ones.

The property is graced with mature trees planted some 50 years ago by Bob Filberg. Many of these trees are not native to Vancouver Island and are exotic specimens from other countries. Stone walls and curved stairways lead gradually down to the formal gardens around the Lodge located on the waterfront.

The focus of the Festival is on the craftsmen and the sale, but as well there is entertainment and food to be enjoyed.

Come - see the best of B.C. crafts and enjoy the work of two of our recognized outstanding artists. It is a festival to delight you!

There was some good news for the Canadian Navy in May this year when Saint John Shipbuilding Limited commenced fabrication of HMCS Halifax. She will be the first of six Canadian Patrol Frigates due to enter service between 1989-1992. On 6 July a ceremony took place in the builder's yard when the first completed part of the ship was displayed. In July, 1986 HMCS Halifax will be launched. This series of events is especially significant because Halifax will be the first ship laid down for our navy since HMCS Algonquin in September 1969.

HMCS Halifax and her sisters (Vancouver, Ville de Quebec, Toronto, Regina and Calgary) have been designed by Canadian Industry to meet the demanding conditions of Canada's maritime environment while fulfilling the broad spectrum of roles and challenges she may be confronted with.

The ship will be fitted with a quiet and versatile CODOG power plant consisting of two GE LM-2500-30 gas turbines for high power and a single French Pielstick diesel engine for economical cruising. Dutch gearboxes will enable the two shafts to be driven by one or both gas turbines, or, the diesel. Manoeuvring will be by two five bladed controllable pitch propellers and a single balanced rudder. Electrical power will be generated by four 850 KW diesels. All main machinery, gearboxes and diesel generators are raft mounted to attain the highest standard of quietness in terms of radiated underwater noise.

Accommodation and crew support spaces in the new ship will reflect considerable improvements over past designs. The ship's officers will be accommodated in single and double cabins in the vicinity of the wardroom. The coxswain will have a single cabin. The remaining 57 senior hands will live in eight messdecks and 144 junior hands in eleven messdecks. The messes vary in size from six to 21 berths and all have a dedicated seating area and coat hanging space built in. Both cafeterias have fully equipped and furnished lounges adjacent to them. The lounge equipment includes a properly outfitted bar, a TV, stereo tape deck, and VCR.

The upper-deck arrangements for seamanship evolutions have been developed to provide a greater degree of flexibility for Replenishment at Sea than in past frigates and destroyers. Replenishment of liquids will be possible by the abeam method from four positions, two on the fo'c's'le and two midships, using probe, NATO B or ROBB coupling gear. Also, fuelling by the astern method will be possible. For embarking stores and ammunition by heavy jackstay there will be a kingpost on the fo'c's'le and sliding eyepads, port and starboard, amidships. A comprehensive system for striking down stores and ammunition is nearing the end of development.

A fire detection and alarm system will monitor the ship and provide alarm and fire location information for display in HQ1 and Quartermasters lobby. The system will also activate a bridge alarm. Fire extinguishing systems will automatically activate in approximately 75 spaces including all magazines and electronic spaces

### COMOX NAUTICAL DAYS

14 ANNUAL

#### 4 MILE FOOT RACE

START/FINISH: COMOX TOWN HALL ON WILCOX AVENUE NEAR THE COMOX MALL

DATE/TIME: MONDAY, 5 AUGUST, 1985, AT 12:00 NOON

REGISTRATION: COMOX TOWN HALL, FROM 0900 TO 1130 AUGUST 5

COURSE: 4 MILES APPROXIMATELY, OF PAVED ROAD, SOME HILLS, WILCOX AVE. TO STEWART AVENUE, TO BALMORAL AVENUE, TO NOEL AVENUE, TO CHURCH STREET, TO ROBB AVENUE, TO AITKEN ROAD, TO COMOX AVE., TO RODELLO ROAD, TO BEAUFORT AVENUE.

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#### MENS

MIDGET 12 & UNDER  
JUNIOR 13 - 19 YEARS  
OPEN  
PREMASTERS 20 - 39  
MASTERS 40 - 49  
MASTERS II 50 & OVER

#### LADIES

JUNIOR 19 & UNDER  
OPEN  
MASTERS 35 - 44  
MASTERS II 45 & OVER

#### AWARDS:

IMMEDIATELY AFTER RACE AT START/FINISH AREA  
• TROPHIES FOR 1st, 2nd, 3rd - OPEN  
• TROPHIES FOR 1st IN ALL OTHER CLASSES AND MEDALLIONS FOR 2nd AND 3rd  
• DRAW PRIZES  
• PARTICIPATION CERTIFICATES FOR ALL RUNNERS

ENTRY FEE: \$2.00

FOR FURTHER INFORMATION PLEASE CONTACT:

DICK MERRICK AT 339-2758

OR

STEVE GRANT AT 339-2255 (comox recreation centre)

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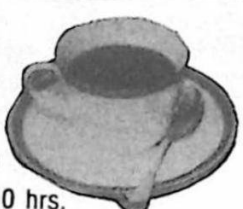
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### OFFICERS' COFFEE HOUR

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Wednesday at 1000 hrs.

Dress will be dress of the day.  
All Officers are invited to attend.



Friday, July 26

REGULAR TGIFs

Food as indicated 1700-1800 hours.  
Free taxi. Ask at Bar.

July 26 -- SUBS & FRIES

Friday, July 19

MIXED TGIF

Will feature a DJ.

## Report Forest Fires



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Fabulous specials  
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And fun times

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# Around the Base

## Wallace Gardens update



The Nerds

.....Tied for first place



The Blue Jays

.....Tied for first place



The Expos

.....Second place finish

Summer holidays are just around the corner for most of us, and finally we have some lovely weather to go with them. The children are out of school now and just bubbling over with energy, and playing everywhere. A special word of caution to those driving through married quarters as the children are apt to pop out of nowhere.

There's lots of news from the Wallace Gardens Council. Our annual awards night was held in June at Glacier Greens Golf Club and a good time was had by all. LCol Brown, A/BComd was on hand to do the awards presentation. Many thanks to all of you for all your hard work and many hours of service, freely given to the community.

In attendance were representatives from our friendly neighbourhood fire-fighters and military police. These two sections are always willing to give the married quarter residents a hand and are a real boon to us, hats off to you. Also in attendance were the leaders from the Guiding and Scouting movements. We are very lucky to have so many fine people as leaders for our children. They give many more hours of their time to our kids than we the parents ever see, thanks for a job much appreciated and well done.

Last but certainly not the least said farewell to those councillors leaving Wallace Gardens. You will be sadly missed, many thanks for all your hard work and dedication. It's helped make this a better and nicer place to live. We also want to say a big well done to all the council members staying on. We accomplished a great deal this past year and look forward to the same in the year to come.

On this note, we have our elections for new councillors coming up in September. A large number of council members are posted and a great deal of new ones are needed. Remember that this is your home and your community - speak out and participate. The community can only be a happy, friendly and safe place to be if you come out and do your bit to help.

This year T-ball and softball season is over and the kids really did have a ball. Many thanks to all the coaches for their time and support. A special thank you to Wild Bill March, the Dynamite Debbie Fehr. They were the organizers and co-ordinators and two of the T-ball coaches. How to be, you are both selected MVP.

The kids had a party when the last game was over and thoroughly enjoyed themselves, from a few of the little Nerds, (team name) the party was, "awesome".

The base PERI staff, and summer students employed there are running their day programs again this year.

Swimming lessons and day camp are the name of the game.

For those of you wondering what you can do with bored children they are the answer.

Both programs are running throughout the summer and further information is available at the gym.

It's time again to say goodbye to all of those who are leaving Wallace Gardens, CFB Comox and the best of luck to you and yours on the next posting.

For those of you just new in, welcome. I'm sure you will really enjoy your posting in Comox.

## Across my kitchen table

by Rosemary Gibson



### GAIL'S ORANGE AND ONION SALAD

#### Ingredients/

3 medium onions  
4 oranges  
white vinegar  
cider vinegar  
1 tablespoon chives, chopped  
1 tablespoon parsley, chopped  
Miracle Whip salad dressing

#### Method:

Slice onions thin, and soak in a mixture of white and cider vinegar (enough to cover onions) for about three to four hours or overnight. Then drain; add peeled and sliced oranges, chopped chives and parsley. Toss with enough Miracle Whip to moisten. Chill.

\*\*\*\*\*

This is another recent addition to my files. It's simply scrumptious!

### KIWI DESSERT

#### Ingredients/

2 cups whipping cream  
2 tablespoons sugar  
½ teaspoon vanilla extract  
2 medium kiwifruit, peeled and sliced  
2 bananas, sliced  
½ cup slivered almonds

#### Method:

Whip cream with sugar and vanilla. Chill in a glass serving bowl. About 15 minutes before serving, fold the kiwifruit and bananas into whipped cream. Makes four dessert servings.

\*\*\*\*\*

#### HINT:

After painting, apply some of the paint to a popsicle stick. It's a handy color-matching guide when shopping.

\*\*\*\*\*

### THOUGHT FOR TODAY:

Probably nothing in the world arouses more false hopes than the first four hours of a new diet!

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# Canadian Forces Update



**Air Force Widow** — Jeanne McKenzie, the widow of Canadian Air Force pilot, Captain Terry McKenzie, lays a wreath at a cairn dedicated to the 41 Canadian airmen who have died in aircraft crashes at Canadian Forces Base Cold Lake, Alta since 1955. Capt McKenzie died March 7, 1983 in the crash of his CF-5 fighter. Assisting Jeanne McKenzie is Capt Bill Neelin, an instructor pilot at CFB Cold Lake.

Canadian Forces Photo by Sgt Dennis Mah

## Black Watch Reunion

The Atlantic Branch of The Black Watch (RHR) of Canada Association was formed in the fall of 1978 under the Chairmanship of ex-RSM Ronald H. Finnie who has now been elevated to the position of our Branch Patron, an honour richly deserved in recognition of his faithful service to the Regiment and to his untiring efforts in getting our Branch off the ground and on such a sound footing.

Since 1978, three highly successful reunions have been held, the first in September 1979, the second in September 1981 and the latest gathering in September 1983, at Camp Aldershot, Nova Scotia drew over 750 members and guests from across Canada, from the USA, England, Scotland and Continental Europe.

Membership in the Atlantic Branch is open to all members or ex-members of The Black Watch of any era but is comprised mainly of those who served with the 1st and 2nd Battalions or the Regimental Depot, including supporting troops posted to The Black Watch during the period 1951, when the Highland Battalions were raised to serve in Germany and Korea, to 1970, when The Black Watch (RHR) of Canada was taken out of the Order of Battle for the Canadian Armed Forces.

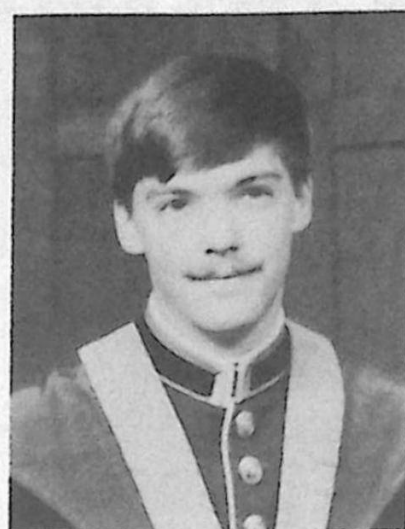
Ours is a non-profit organization and we are pleased to state we have

purchased wheelchairs and donated these to veterans hospitals in Halifax, Nova Scotia and Fredericton, New Brunswick and in addition, this year, due to the tremendous support and financial assistance of our members, we will be unveiling and dedicating a Memorial Monument at Camp Aldershot on September 1st, to all our comrades who have fallen in time of war and peace.

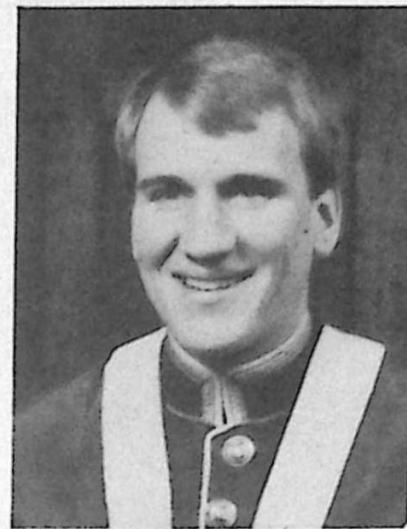
At the moment our membership is well over 900 and growing daily. To keep all informed of activities and individuals who served in or with our Regiment, quarterly Newsletters are forwarded to all paid up members and reunions of all those who served with The Black Watch are held at Camp Aldershot every odd numbered year while Annual General Meetings of the Atlantic Branch are held on the even numbered years, again at Camp Aldershot in the beautiful Annapolis Valley of Nova Scotia.

On August 30th, 31st and September 1st of this year we will be holding our fourth reunion, Reunion 85 at Camp Aldershot and personnel interested in attending this gathering or in our Branch of The Black Watch Association can obtain further information by contacting Ken Mitchell, 5 Hillcrest Avenue, Group Box 12, Wolfville, Nova Scotia. BOP 1X0. Telephone number (902) 542-3980.

## Local boys graduate



O/C Robert McLellan



O/C Edward Giles

Officer Cadet Robert John McLellan received a Bachelor of Engineering degree in Computer Engineering and a Commission in the Canadian Forces during Graduation Ceremonies held on 17 May 1985 at the Royal Military College of Canada in Kingston, Ontario.

Officer Cadet McLellan is the son of Mr and Mrs J. McLellan, Comox, British Columbia. In 1981 he graduated from Highland Secondary School and entered Royal Roads Military College, Victoria British Columbia under the Regular Officer Training Plan. Officer Cadet McLellan will serve as a Pilot in the Canadian Forces.

The degree was conferred by Brigadier General F.J. Norman, Commandant and Vice Chancellor of the Royal Military College of Canada.

Officer Cadet Edward Stuart Giles received a Bachelor of Arts degree in General Economics and a Commission in the Canadian Forces during Graduation Ceremonies held on 17 May 1985 at the Royal Military College of Canada in Kingston, Ontario.

Officer Cadet Giles is the son of Mr and Mrs P.O. Giles, Comox, British Columbia. In 1981 he graduated from Highland Secondary and entered Royal Roads Military College, Victoria British Columbia under the Regular Officer Training Plan. Officer Cadet Giles will serve as a Logistics Officer in the Canadian Forces.

The degree was conferred by Brigadier General F.J. Norman, Commandant and Vice Chancellor of the Royal Military College of Canada.

## Military Hardware up for grabs by RCR.

**Winnipeg** — Are you interested in becoming the proud owner of a piece of military history?

If you are, then you should be present or be represented at Cartier Square Drill Hall in Ottawa, 17-18 August 1985, where The Royal Canadian Regiment, whose history dates back to 1883, will auction off a variety of memorabilia to try to raise money for their Museum in London, Ontario.

But first, the RCR is putting on a mass appeal to each and every one of you to provide army-related memorabilia or artifacts which might spark a collector's interest. "Our Museum needs to be renovated and our collection upgraded, said Capt. Denis Toal, curator for the Museum, "so we are counting on the generosity of people to donate collectable items such as badges, articles of unifor-

ms, maps, newspaper clippings, etc., which along with excess items from the Museum, will be sold."

The money raised from this auction will go towards renovation costs; upgrading the existing collection; and, operating expenses of the Museum.

Donor's names will be published in Pro Patria (The Connecting File), and a record of all donors will be kept by the Museum. For items

of value, receipts will be provided for income tax purposes.

To date, The Regiment has received a variety of articles including uniforms from all eras, medals, hats and swagger sticks. All donations are to be sent to The 3rd Battalion Royal Canadian Regiment, 561 Kenaston Blvd., Winnipeg, Man., R3N 1V9. Autovon 257-6001 or Commercial (204) 895-6001.

## LGen Manson bids farewell to MAG



On May 24, personnel of Maritime Air Group paid tribute to their departing Commander, Lieutenant-General P.D. Manson.

LGen Manson is shown inspecting a guard of honour at CFB Shearwater in company with BGen E.I. Patrick, Commander Maritime Air Group, and the honour guard commander, Capt S.L. Kading, a pilot on 423 Squadron. LGen Manson toasted the officers and men of MAG at a reception held at the Officers' Mess where he was presented with a traditional hand carved oak armchair from all MAG personnel. LGen Manson is proceeding to NDHQ as Assistant Deputy Minister Personnel.

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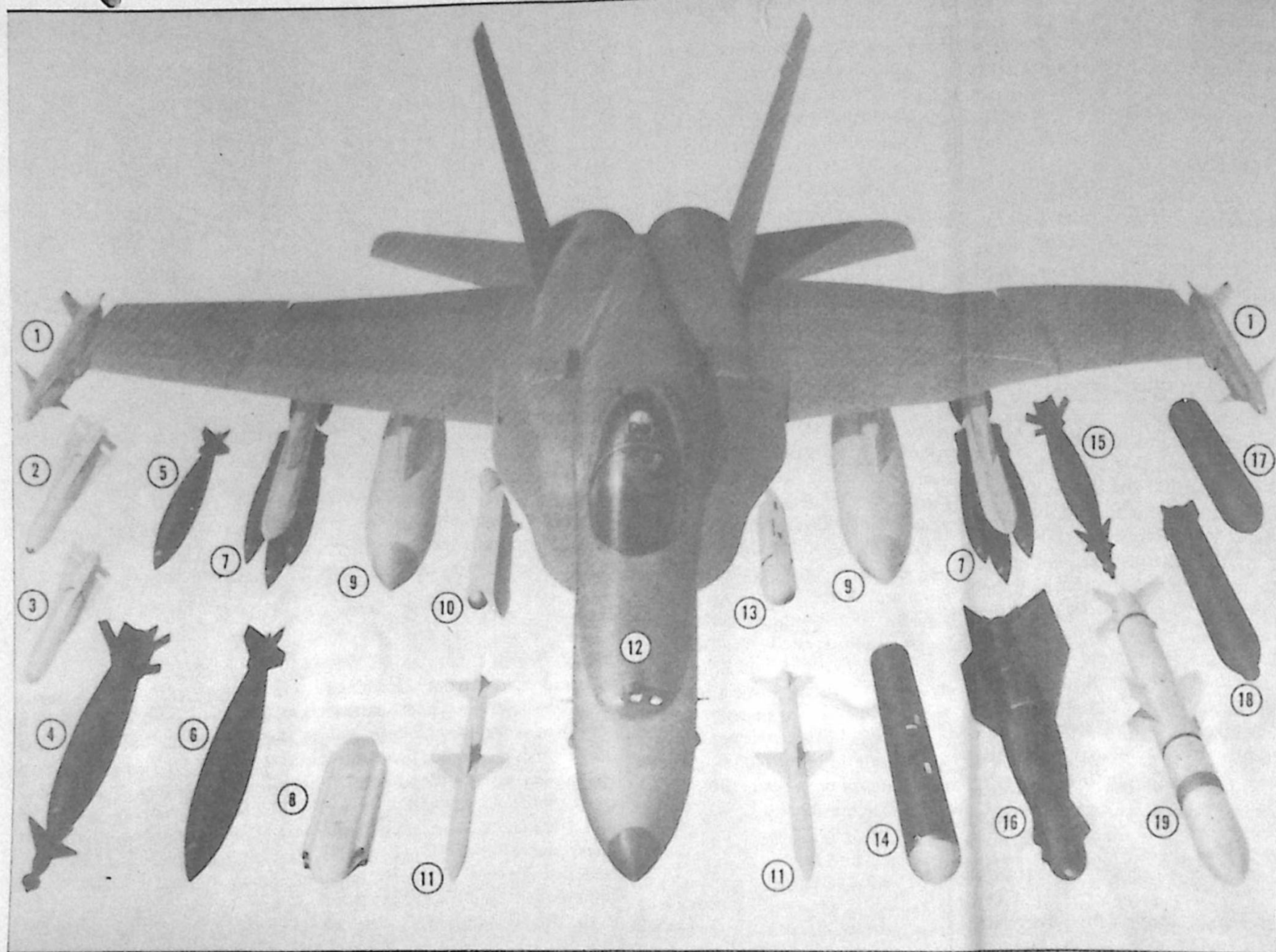
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# The Hornet Nest

NEWS FOR AND FROM THE PROJECT



## Hornet Armament

- |   |   |  |
|---|---|--|
| 1. AIM-9 Sidewinder heat seeking air-to-air missile                           | 8. SUU-20 training dispenser (bombs and rockets on FMS planes only) | 14. Proposed SUU-25 flare dispenser                      |
| 2. AGM-65 Maverick Electro-optically (EO) guided air-to-air missile           | 9. External fuel tank   | 15. GBU-12 (Mk 82) laser guided bomb                     |
| 3. AGM-65 Maverick Imaging Infrared (IIR) guided air-to-air missile           | 10. Laser Detector Tracker (LDT) pod, fuselage mounted              | 16. GBU-16 (Mk 83)                                       |
| 4. GBU-10 (Mk 84) laser guided bomb   | 11. AIM-7 Sparrow radar guided air-to-air missile                   | 17. LAU-5003 rocket pod (Canadian only)                  |
| 5. Mk 82 low drag general purpose bomb (500 lb.)                              | 12. General Electric M61A1 20 mm Vulcan gun, internally mounted     | 18. CBU-59 Cluster bomb (Mk 20)                          |
| 6. Mk 84 low drag general purpose bomb (2,000 lb.)                            | 13. Forward Looking Infrared Sensor (FLIR) pod, fuselage mounted    | 19. AGM-84 Harpoon surface skimming anti-shiping missile |
| 7. Proposed Mk 82 high drag GP bombs mounted on a multiple Ejector Rack (MER) |   |  |

## Aussies make longest flight

After flying non-stop for 7,700 miles, two F/A-18 Hornet strike fighters arrived recently in Australia and completed the longest Hornet flight ever.

The F/A-18s left Naval Air Station Lemoore, Calif., and arrived at the Royal Australian Air Force base in Williamtown, 100 miles north of Sydney, 15.2 hours later.

Both Hornets were refueled in flight by McDonnell Douglas KC-10 tankers.

Royal Australian Air Force (RAAF) Wing Commander Brian Robinson and Flight Lieutenant Gus Larard flew in one Hornet and Squadron Leader Laurie "Strop" Evans and Flight Lieutenant Gerry O'Brien flew in the other.

Both F/A-18s were assembled by the McDonnell Aircraft division of the McDonnell Douglas Corporation in St. Louis, Mo. They

have been used for test flights in the United States since last fall.

Australia is buying 75 Hornets. The first F/A-18 assembled in Australia was delivered to the RAAF at Williamtown last month.

F/A-18s are currently in service with the U.S. Navy and Marine Corps and with the Canadian Forces. The Spanish Air Force will receive its first Hornet early next year.

## First carrier deployment for Hornet

Two squadrons of F/A-18s began their first extended deployment at sea aboard the Carrier USS Constellation late in February.

The Constellation sailed from San Diego with 20 Hornets in the embarked air wing.

The two Hornet squadrons, VFA 113s "Stingers" and VFA-25's "Fist of the Fleet," will be on Constellation the entire cruise, expected to last about six months.

"It was an historic day for us because it's the first time that an operational carrier battle group has gone to sea with F/A-18's," said Joseph C. Walder, vice president of the F/A-18 Hornet program at MCAIR.

"This aircraft was designed to thrive in the carrier environment and we're proud the Hornet is assuming a day-to-day operational role in the defense of the United States and its allies."

The battle group will tour the Western Pacific and Indian Ocean during the deployment.

Next fall, four other Hornet squadrons will deploy aboard the USS Coral Sea.

These squadrons are currently based at Naval Air Station Cecil Field, Fla., and Marine Corps Air Station El Toro, Calif., where they are making preparations for their fall deployment.

...a Hornet update for all those desk drivin' Jet Jocks and frustrated fixed wingers!

## The new night attack version

Imagine flying in the cockpit of an aircraft traveling at high subsonic speed, hugging rugged terrain while searching for a target about the size of a tank — on a pitch-black night!

Sounds like a frightening and perhaps impossible task, but pilots of the McDonnell Douglas F/A-18 may soon be capable of doing just that in an advanced "Night attack" version of the Hornet.

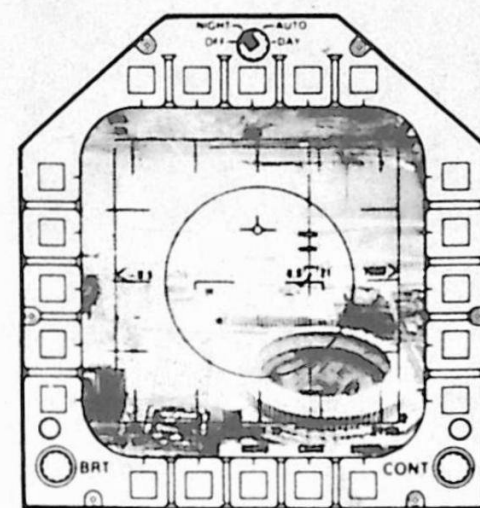
The McDonnell Aircraft division of the McDonnell Douglas Corporation recently received a con-

tract from the U.S. Navy to begin development and testing of a night attack Hornet.

Using the system, pilots will pinpoint targets at low altitudes at night and call up television-like images of the targets on computer screens in the cockpit.

These images can also be shown on the head-up display, a transparent screen located directly in front of the pilot at eye-level. The display, already used on current F/A-18 Hornets, will be modified to show television-like images. It might someday be enlarged to give pilots a larger area of view.

At the same time, the pilot's eyesight will be enhanced with night vision goggles designed to pick up



F/A-18 pilots will be able to view imagery from the forward looking infrared system on the digital display screen, as shown here, or on the head-up display directly in front of the pilot. The Mississippi River and Busch Stadium are visible in the image.

tract from the U.S. Navy to begin development and testing of a night attack Hornet.

The night attack capability is planned for production Hornets scheduled to be delivered to the U.S. Navy and Marine Corps in 1989.

"But we should have the first night attack prototype flying by late 1987," said Mike Watkins, section chief, electronics, "and we're looking forward to that."

The new system will include a navigational forward looking infrared pod, a television-like head-up display (HUD), night vision goggles for the pilot and other improvements.

and intensify what little light is available during night missions. Starlight will be sufficient to illuminate terrain and a moon-lit night will appear like daytime through the goggles.

Standard lighting in the cockpit panels of the Hornet will have to be filtered or modified in the night attack version so it will not interfere with the night vision goggles.

In an effort to keep costs at a minimum, some of the F/A-18 night attack capabilities will be developed in tandem with the AV-8B Harrier II project at MCAIR.

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Foreign Object Damage (FOD) such as junk sucked into a jet engine can do irreparable damage to that engine and cost many dollars to fix. The many keen people who carried out their massive "FOD walk" in early May swept the airfield clear of a quantity of potential FOD junk. The picture shows the several bags of 'stuff' collected by our watchful walkers, stuff which otherwise would have remained hidden in grassed areas. Again "Good Show" to those who helped in the FOD walk.