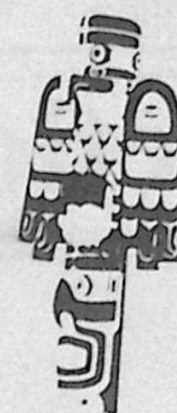




# TOTEM TIMES



Vol 27 No. 11

CFB COMOX TOTEM TIMES

THURSDAY June 13, 1985

Deadline is Monday, June 24, 1985

COST: PRICELESS



## Local Duo Win Top Awards

The local sister and brother duo of Nancy and Jim Rice were recently presented with top awards in their respective organizations.

Nancy Rice of the 1st Kwah-nice Guides was presented with her "All Round Cord" by Division Commissioner, Mrs. Rosemary Lyle. Brother Jim was presented with the "Chief Scouts Award".

Both awards represent many

hours of dedication and hard work and the duo is to be complimented highly on their respective achievements.

The awards ceremony took place at the Airport School and was well attended by a number of family friends. The youngsters grandfather, Mr. H. Grondin travelled from Windsor, Ontario for the occasion.

The hard working pair are the children of Mr. and Mrs. A. Rice, busy people themselves in our local military community.

It's "hats off" to Nancy and Jim for an outstanding accomplishment. On behalf of the military community at CFB Comox we at the *Fishwrapper* pass along congratulations.

G.M.K.

## MicMac Was The Largest We Had

Halifax -- When HMCS Micmac was commissioned into the Royal Canadian Navy at the Halifax Shipyards on September 18, 1945, the occasion marked two first in Canadian naval and shipbuilding history. The Micmac was the first Canadian-built Tribal-class destroyer and, at that time, was the largest warship ever constructed in

Canada. She was named after the Micmac Indians, a branch of the great Algonquins, who inhabited the Nova Scotia area.

Shortly after commissioning, the Micmac proceeded to Bermuda for work-up exercises, returning to her Halifax base in March, 1946. In January, 1947, she proceeded on a three-month cruise to the West In-

dies and Central America, during which she rendezvoused with Canada's first aircraft carrier, HMCS Warrior.

That summer, she was damaged in a collision with a merchant vessel and subsequently returned to the reserve fleet in September, 1947. During this period Micmac's twin 4.7 inch guns were exchanged for radar-controlled armament and she became the first ship to be fitted with postwar anti-submarine weapons.

In November, 1949, she was recommissioned as an operational unit of the Atlantic Fleet at Halifax and quickly set about becoming one of the most travelled Canadian warships in the period between the Second World War and the Korean War.

During her busy commission, she logged more than 100 thousand nautical miles while visiting 32 ports in 21 countries. She also took part in exercises with the British, American and Italian navies.

After Micmac's third commissioning, August 14, 1953, her cruises were more limited in range than in her earlier years.

and Senior Appointments at NDHQ, visited CFB Comox and CFS Holberg.

The purpose of the visit was to discuss personnel policies, and on June 7th the General addressed a large number of Senior NCO's and Officers here.

His travel to and from CFS Holberg was courtesy of 442 Squadron. On Sunday, MGen Campbell and Col Kadonoff engaged in a personal fish derby. Although the General drew first blood, local talent paid off in numbers of fish caught.

MGen Campbell departed CFB Comox on June 10th via Service Flight.



During the period 6-10 June, Major General Borden R. Campbell, Chief of Personnel Careers

## An Update On Uniforms

*Editors note: A status report on distinctive environmental uniforms has been issued by the office of the Assistant Deputy Minister Personnel. It is a rather wordy and detailed report and we could not begin to print the complete story. However, we will highlight some of the main points of the report. Those personnel interest in further details should refer to 5250-1 (ADM {PER}). Copies of this report are available at various branches and sections.*

### The process of Choice

Between now and 02 Sep 85, CPCSA staff will complete an inventory of all personnel, assigning uniforms as deemed appropriate, from personal files. Assignments will be conveyed directly to unit Commanding Officers who, in turn, will canvass all ranks under their command. Members who disagree will be required to explain why they disagree and the reasons for wishing to choose an alternative. Such requests will be returned directly to CFCSA Branch with Commanding Officer comments added.

### Timings

- 15 Jun 85 - Commencement of the Demonstration Phase;
- 01 Sep 85 - Commencement of Career Manager notification to individual serving members of the Canadian Forces. New recruiting policies take effect;
- 01 Sep 86 - Commencement of bulk issue of uniforms to the first 50% of the CF. Beginning of the formal transition period;
- Spring 88 - final issue of summer uniforms to the last 50% of the CF;
- 31 Jan 89 - Formal end of the transition period.

### Recruiting policies

From 01 Sep 85, recruits will be "coloured" as they enter the Canadian Forces, although they may not actually receive environmental uniforms immediately.

While details of the uniform distribution plan are still under development, the plan will recognize an early distribution to CFOCS, CFRS and ERFC.

## New Colonel Appointed for Royal 22nd

Montreal -- The Chief of the Defence Staff, General Gerard C.E. Theriault, has announced the appointment of General Jean-Victor Allard, of Trois-Rivieres, Quebec, to the position of Colonel of the Regiment, Royal 22<sup>e</sup> Regiment (R22<sup>e</sup>R).

General Allard, born in Ste-Monique, Quebec, began his military career in 1933 and obtained his commission in the non-permanent active militia. In 1939, he transferred to the Regular Force and became a member of the "Regiment de Trois-Rivieres". From 1939 to 1943, he held various positions in Canada and overseas including that of second in command of the R22<sup>e</sup>R in Italy. In 1943, while in temporary command of the Regiment, he received the Distinguished Service Order for his actions during the battle of Arellini, near Ortona in Italy. After commanding the R22<sup>e</sup>R in 1944 and the 6th Infantry Brigade in 1945, he became Canada's military attache in Moscow that same year. He returned to Canada in 1948 to assume command of the Eastern Quebec Area. Two years later, he went to London, England, to attend the Imperial Defence College. He became the Commander of the 25th Infantry Brigade Group in Korea in 1953, Commander of 3 Infantry Group at Camp Valcartier, Que., in 1954, and in 1956 became



been determined precisely. An exception is permitted for those who form part of the 1985 demonstration.

### Mess Kit

a. Policies with respect to Mess Kit have yet to be determined, although various options are currently under examination;

b. In the interim, however, it is confirmed that all serving officers who are in possession of the CF midnight blue mess kit, will be permitted to wear that mess kit until they retire. Of course, they will not be precluded from purchasing an environmental mess kit at some time in the future;

c. Junior officers and officer cadets contemplating the purchase of mess kits are encouraged to purchase currently authorized environmental mess kit, such as those authorized for regiments, naval mess dress or the midnight blue mess kit.

### Supplementary Reserve and Cadets

The new uniform project will apply equally to member of the Supplementary Reserve, Cadets and CIL officers, although general issue will not commence until distribution to the Regular and Primary Reserve Force is complete.

Between now and 31 Jan 89, members of the Regular Force who transfer to the Supplementary Ready Reserve, will keep whatever uniform they are wearing at the time of the transfer.

Should the Supplementary Reserve Revitalization Project be approved prior to 31 Jan 89, which includes a provision for the Primary Reserve to retain their uniforms on transfer to the Supplementary Ready Reserve, the same policy in the above para will apply.

Should the Revitalization Project also include provision of a uniform to members of the Supplementary Ready Reserve who currently do not possess a uniform, prior to 31 Jan 89, members will receive the current CF uniform.

Commander of the Eastern Quebec area for the second time.

In 1958, he was appointed assistant to the Chief of General Staff in Ottawa. Three years later he assumed command of the 4th Division, British Army of the Rhine, in West Germany.

In 1964, he became Chief of Operational Readiness at National Defence Headquarters in Ottawa. One year later, he became Commander Mobile Command in St-Hubert, Quebec. He was subsequently appointed Chief of Defence Staff in 1966.

General Allard, who has been in retirement since 1969, is an Officer of the Order of Canada, a Com-

mander of the Order of the British Empire, and the holder of a number of other awards, including the Distinguished Service Order, the Canadian Efficiency Decoration, France's Croix de Guerre and Legion d'Honneur, the Netherlands' Bronze Lion, and the USA's Legion of Merit. He has been awarded honorary doctorates by Laval University (1958), Ottawa University (1959), and St-Thomas University, New Brunswick (1966).

The position of Colonel of the Regiment is an honorary appointment of great prestige that is awarded to a high-ranking retired officer in his field of specialization.

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# Section News



**442 SAR Team returns** -- Members of the 442 Squadron SAR team are shown on their return home. The SAR gang was bolstered by the "Big Man" himself who went along to add encouragement - not quite enough, however, as the boys lost out in the SAR competition.

## 442



## Sqn

Another AET has come and gone for the Snakes, and since the CO is still the CO (at least until the Change of Command in August!) we can assume that we smoked another on by the boys from ATG.

From an actual SAR standpoint, things haven't been too busy lately. A light helicopter crashed near Campbell River last week, and the standby Buffalo localized the ELT, spotted the survivors, and called on the standby Labrador for hoisting assistance. The three persons on board were taken to Campbell River hospital, with one later transported by Labrador to St. Joseph's in Comox due to an eye injury. Fortunately, no one was seriously injured in the mishap.

Also, last week, MCpls Jane and Jacques Allard were returned to Comox by Buffalo after treatment in Vancouver for injuries suffered in a motorcycle accident in May. Jane is well-known around 442, having served several times as duty Fin Clerk at Search Headquarters.

The SAR Tech Section is busy training 11 members of the current SAR Tech course from Edmonton. Sgt Don Lane is back at 442 for a

couple of weeks with his 'students' as they get familiarization on hoisting, para-jumps from the Buffalo, and water work. Together with the OFT training Lab pilots and engineers, the SAR Tech Course must be keeping servicing hopping to maintain the aircraft this week!

On the social side, we bid farewell to five aircrew members at a luncheon held on Wednesday, June 5th. Capt Steve Daigle is leaving later this month for instructor duties at 2 CFFTS in Moose Jaw; Capt Collin Puttock of the Nav Section will take-up recruiting duties at CFRC Halifax, also later this month; Capt Doug Strachan is leaving for a posting with 424 Squadron, Trenton, as they convert to Labradors this fall. Doug should be back for a couple of months this summer to 'help out' (his words) during the busy boating and windsurfing season to come. Such personal sacrifice, Doug!

Also leaving us this summer, is Capt Greg Holbrook, who proceeds to flying duties with 413 Squadron in Summerside. Last but

not least, we're losing Capt Greg Caws to desk duties at AirCom HQ in Winnipeg. Knowing Greg, he'll put runners on his windsurfer and try out Lake Winnipeg in the Prairie winter! Best of luck guys!

The 'swine' luncheon was also an occasion to welcome a new mascot to the Snake Squadron. Maj Reg Lanthier presented the CO with a four-foot *Viperis Vulcanus* (Vulcanized Viper), to signify command of 442. LCol Sturt, who claims to be allergic to snakes, paraded around with the rubber snake around his neck and appeared so comfortable with it that he might be ready for the real thing on August 15th. Perhaps a boa constrictor "Chain of Office" for the CO of 442 Squadron?

A last note on the social calendar, shows an Officers' Dining-In for 442 Squadron on Tuesday, June 25th, at which we'll formally bid farewell to Maj Lloyd Snyder who left in March for civvy life with DVA in Charlottetown.

That's about it for "Upstairs" for now, 'till next time, Snakes Out!

drills. A quiet walk on their end of the spit on any sunny work day bring to your ears shouts of "avast" and "athwart" and other unmentionables.

The place is ably (that's a Navy term isn't it?) run by a ruddy faced CPO you shouldn't mess with. The last I saw of him was when he faded into the mist growling something which sounded much like: "We're not like the others, we operate differently from the rest of the world." or something similar. Poor chap, I hope it isn't catching!

Now that you know what our people do, we'll fill you in on the ins and outs for this APS. The big question in transport which was only recently answered was: "What is going to happen to our head long hauler?" Disneyland on the Rideau has decided that instead of being part of the Base spenders from the public purse he will now have to go across the parking lot as the future keeper of the money. Major Gerry Rose is officially taking over as B. Comptroller in early August.

His replacement will be Major Sandy Tilley coming to us from 3 Air Movement Unit Ottawa. Sandy and J.J., her husband, and their two year old will be residing in Comox.

Sgt Estabrooks left us earlier in the spring for the sunny climes of RSS Edmonton. Wayne, I'm sure, will find his salmon gear a little

heavy for the local sloughs which are called lakes there.

MCpl Mailloux left around the same time for CABC Edmonton where they will be delighted to hear he actually enjoys jumping from serviceable airplanes. Pte Linda Baisley has gone to the nation's capital as has Pte Rae Taylor.

Capt Christyne Laberge has also departed recently to her new position at 3 AMU Ottawa from whence she was sent to CFSAL Borden as incremental staff on the summer BLOC.

We wish them all an excellent tour on their new postings. Lt Jan Van Gelder has finally completed all the initial courses required to begin his career as a Log Officer Transport/Tfc type and is presently ensconced in the BTfco position. We heartily welcome Jan as a first rate addition to the clan.

The BTn section held a Golf Day on 30 May and the enthusiastic comment made by participants was mainly: "When do we do it again." Everyone had a super time. The turnout was excellent, once again our sincere thanks to Sgt Leo Fraser who, incidentally, walked away with the top trophy of the day for low net. MCpl London from the Ref Pool took the second prize for low gross score. Dee Crawford, BTnO's secretary, was given a min-tractor trailer on condition she just spectate next time around. More later!!



Aircrew

It's been fairly busy of late, as crews 3, 4 and 5 have just returned from a Readex in California, and it seems a good time was had by all.

The crew 2 NAVCOM mentioned in the last article has had to pay dearly for his attempted robbery, as the EXO decided to send him to serve his penance in the boats in Victoria for the next month or so. This is designed to deter any further scooter thieves.

Crew 6 is presently venturing to the Great White North, and I mean north, on a NORPAT. Congratulations go out to Steve Brabant who was recently promoted to Captain, back dated to last summer! Good work, Steve.

Congratulations also go to Bill and Kim March, as she recently gave birth to a baby girl, their second.

Finally, just a reminder that Demon Nite is coming up this Saturday, at the Officers' Mess, and it promises to be a great time for all, and attendance is highly recommended.

Log Control

Things in Log Control have not changed since the last article. Busy as always. Despite the workload Bill managed to weasel a ride to Hula Land. Unfortunately the A/C broke and he had to spend an extra day. Oh well, that's life!

Jim Naso is retiring in August so it's only fitting that he got a trip to Hawaii in June. Do they have good wine in Hawaii? By the way, due to Jim's retirement, the job of AM-MIS co-ordinator is coming available so if anyone is interested let your boss know and maybe he'll pass the word to the powers that be.

Marilyn is up to her neck in figures these days, end of month stuff. She's been doing a bit of whimpering lately. Seems the man of the house is away on course and has 25 days 6 hrs., 30 mins. and 55 secs. to go before he's due back. Not that she's counting. She says she's tired of cleaning frogs and lizards out of her swimming pool skimmer. Apparently, that's a man's job, among other things. Oh well, three more weeks and you'll be your old self again Marilyn.

That winds it up for this time so keep fixing airplanes which in turn

## Demon Doins

keeps us three mushrooms employed.

Armament

Congratulations to Dev Reynolds for his 10 month advance promotion to Corporal. With this promotion he also gets a move to the Torpedo Shop later this month. Other moves include WO Ed Kew to civvy street. He is presently enjoying a well deserved holiday in Saskatchewan before returning to this island to fulfill his retirement dreams.

MWO Code took his last TD trip with the Squadron, 15 glorious days at Moffett. He will be off to the capital city this summer. Six of our best Armourers accompanied him to Moffett. They worked hard down there, but I'm sure that they all had lots of fun also.

Jacques and Jane Allard has a bad motorbike accident on 11 May. 442 Squadron was called in to transport them to Vancouver. After a stay of 2½ weeks, they were back on the Buffalo for a return to the Base Hospital. Thanks, 442 for your overwhelming support. Jacques and Jan are looking great and we wish them the speediest recoveries.

We have three privates writing their ATAT exams. They have studied hard for these exams, but that doesn't stop them from being a little bit nervous. We are sure they will do well though, for Armourers never fail.

Al Laporte has just received his Sergeant's! Congratulations! We are sure that Germany will benefit from his transfer there.

3 Crew News

Well, here we go again with another 3 crew news flash... mmm... let's see... okay... big news is the return of the California Kids from Moffett Field NAS. Judging from various reports it seems a good time was had by all - along with the valuable ASW experience.

Congrats go out to Scott and Yvonne Carruthers for their recent promotions to Corporal. We're all waiting with great anticipation for the 3 crew promotion party/crew party/going away party this Saturday. Saying their goodbyes will be the Campsall twins, Roy and June, as they make their way to CFB

Trenton. They will both be missed by all who have had the pleasure of working with them (I had to say that; June types my articles). Also, checking out will be 3 crew's current ruler, WO soon to be Mr., Ray Gregory, who will be taking his release for an extremely lucrative job in Halifax, Nova Scotia. We here at 3 crew wish you good luck with your new future, Ray, and expect a visit or two once you're nicely settled. I mean you're only in Halifax; it's not like you're on the other side of the country or something.

Bob Roche also made my well, I must be going list, as he narrowly escaped the one thing worse than I Love Lucy reruns - a posting to CFB Moose Jaw. Bob, showing a resourcefulness and survival instinct we never knew he had, managed to convince another unknowing sergeant to take the posting, insisting that there is a CFB Moose Jaw in the Carribean. Nice work, Bob.

Yours truly will also be making an exit from 3 crew to fulfill my NATO commitment to the Torpedo Shop, wherever that is. Anyway, 3 overdoses, 2 slashed wrists and one attempted hanging later, I'm leaving knowing that I'll probably never work with a crew again as helpful and as much fun.

Saying hello is Sgt Owen Coffell, Com Systems' newest input behind the desk. Also making a debut in her first major crew production is Cpl Duguay, our latest Photo Tech.

Well, time to sign off. Tune in next week when Bob Roche says "Really, you'll love it in the Carribean... dancing girls, palm trees... boy you're lucky."

Will Scott and Yvonne Carruthers miss their truck and camper they sold to buy beer for their promotion party?

Will Wayne Fast grasp control of the English language long enough to realize that the 4-letter word should not be used in a sentence more than 3 times?

Will Frank O'Reilly ever... well, I don't have enough paper for that one.

Will Frank Boyer's moustache ever be a moustache?

Will I ever find out where the Torp Shop is?

These questions and more will not be answered in the next article of this publication.



## Base Transport

My guess is that it has been long enough since the readers of this fine provider of news have heard the goings on at Base Transport, ergo this offering.

As a background to the uninitiated, the B T NO's bailiwick encompasses the MSE world who issues and/or operates your basic sets of wheels, refuels your aircraft and sweeps the airfield area. On this Base BM(L) also comes under the BTn umbrella. They keep the fleet rolling minus the squeaks and shudders. There is, as well the Base Traffic shop where you can receive/ship your cargo or the wife and kids to visit Aunt Clara by the cheapest seats anywhere. Last, but heaven forbid, not least in importance, is the Marine section. They operate from Goose Spit where a mini fleet of assorted sea craft do things like plying the Strait in search of would-be and other type aircrews valiantly going through their sea survival

## WOs' & Sgts' Mess

LAST REGULAR TGIF  
14 JUN 85

Steaks will be on sale  
at Bar with  
Potatoes and Rolls  
for members use on the  
Barbeque  
until September.

Entertainment resumes  
in September with  
MEET & GREET  
ON 28 September.  
Regular TGIFs begin on  
6 September.



## OFFICERS' MESS

June, 1985

Saturday, June 15  
DEMON NITE

An opportunity to say "Farewell" to those of us who will be departing this summer. Cocktails - 1930-2000 hours. Dinner will consist of "Hip of Beef" at 2000 hours followed by entertainment and dancing to a DJ.  
Cost: TBA

Sunday, June 16  
FATHER'S DAY BRUNCH

Take Dad to brunch at the Mess. Fun family dining. Meal tickets available at the bar. Standard brunch hours. Cost: adults - \$6; children - \$3.

Thursday, June 27  
MESS DINNER  
Reservation through Squadron/Unit.

Fridays, June 7, 14, 21, 28  
REGULAR TGIFs  
Food - 1700-1800 hours. Free taxi - ask at bar.

## Coming Events:

July 19 - MIXED TGIF



# Section News



## Air Cadet Motor Glider

Maj Joe Whittington, the Air Cadet Maintenance Officer, is seen welcoming Mr. Jim Short to Comox. Mr. Short who is Vice-President of Grob of America, and Maj Don Norrie, the Regional Gliding Operations Officer, flew the Air Cadet League's new Grob 109 power glider from Ohio to Comox last week. The motor glider is made in Germany and is powered by a Linbach engine, a derivative of a VW engine. It cruises at 105 knots and uses 3 gals. of fuel an hour when cruising. Some of the specifications are, a wingspan of 54.5 ft., an 80 hp engine, a three position propeller, full fine, full coarse and fully feathered. It has a space age composite fibre construction and has a

glide ratio of 30:1 (the current gliders are 23:1). The beauty of this beast is it doesn't require a tow plane and will be most beneficial to the early stages of the gliding scholarship program as it can stay airborne longer. The side by side seating is also advantageous in a training glider. The idea is to get to altitude under power, shut off the engine and glide. When you require more altitude start your engine and climb again. The 2600 miles from Ohio to Comox were covered in 26 hours. Congratulations to B.C. Committee of the Air Cadet League of Canada for finding the nearly \$50,000 for the latest in equipment for the British Columbia Air Cadets.

## BAMSO NEWS

The entertainment item for this period has to be the annual BAMSO fishing derby which, this year, was a complete success, in terms of catch, as forty-two entrants caught well over fifty salmon. The contest commenced at 1530 hours on May 30th with the final weigh-in being at 1230 hours on May 31st. Then, we got together for refreshments at the beach pavilion. Ken Fehr captured the prize for largest overall weight with a 7 pound 15 ounce trophy and "Lev" Levy took honours for the largest spring with a 7 pound 11 ounce catch. Don Wilson took high honours for the largest coho with a 3 pound 11 ounce fish and Gil Bullock's 6 pound 10 ounce spring won him the hidden weight prize. All in all, it was a good day and now we look forward to the BAMSO golf tournament to be held at about the time you are reading this.

Before we leave this area though we should point out that in addition to being a fun day it was also a learning experience for some. If it hadn't been for that day Bob McPhail would never have known that Darlene's nose blowing sounds exactly like a line playing out when one has a strike. If it hadn't been for that day Monty would never have learned that the line is supposed to be played out BEHIND the boat and not wrapped around the prop. He would never have learned either that Portuguese Joe's is the cheapest place to get your fish as his prices are nowhere near the \$15.00 a pound his cost him.

Now for the section columns. Base Armament was due for one this time but it seems that the "Phantom Writer" is away on course so we will have to pass them up this time. Look forward to a future column from them.

### SAFETY SYSTEMS

It's that time again when we get the chance to inform the rest of the world what is happening in the Base Safety Systems shop. Inevitably, being in the service, many friends are made and many are to be bid farewell with hopes of possibly crossing their paths again at some time in the future. As everyone knows, this is the time of year when most of that takes place. With that in mind, we would like to take this

last opportunity to publically bid farewell to MWO "Slim" (ed note - he isn't) Boyd and Cpl Pam Morrison, as both of them will be leaving us at the end of this month.

There will also be many new faces to be seen in the shop within the next few months. Welcome is in order for Debbie Jarvis from Edmonton, who already knows all the ins and outs in this shop as this is her second tour in Comox. Pte Les Hayes just arrived from his TQ3 course in Borden and Pte Daniel Ratte will be arriving soon from the same place. When Daniel arrives we will have two Rattes in the section. I wonder how many mix-ups that will cause. Just arriving back from a 407 Squadron exercise in Moffett California, with shopping bags full and memories of all the good times they had (some that have not yet been revealed), are Cpl Frank Oreilly, Cpl Al Barron, and Pte Christin Ratte. We hear though that it wasn't all shopping and good times. It seem that another fire bottle required changing and fortunately Safety Systems were there to save the day.

While we are on the subject of arrivals back we should mention that MCpl Bill Bullock and Cpl Ed Dansberry recently returned from CFB Greenwood. They were there on the Aurora Maintenance course and, as expected, both passed with flying colours.

Hello and congratulations to Cpl Koning who just arrived back from Cold Lake and received her promotion.

Unfortunately, we have some unpleasant news to report as well. We are sorry to have to report that one of our retired fellow technicians, Walter Reder, passed away on Friday the 31st of May. He retired in August of 1983 and continued to reside in the valley. Our deepest condolences go out to Walter's family. He will be missed by many.

And to sign off with a happy thought, we hope all the fathers out there have a *Happy Fathers' Day*. Bye for now.

### NDT

It's that time again for us (in here) to let you (out there) know what new and exciting things are

happening in the world of NDT (Non-Destructive Testing). Since our last article not much has happened to our scant "Dark hole in the wall gang". The exception is that two of its four members are being replaced this summer by a couple of new members. Sgt Hal Schulz is leaving by way of his airplane via Oshkosh for Trenton in July and is to be replaced by Sgt Bob "Scotch" MacDonald sometimes in late August or early September. MCpl Mike Hope, after tying the knot in July, will be departing for CFB Shearwater, no longer as an NDT Tech but instead he will try his hand at being a rigger again. That also means that there will be a mobile music business under the title of "Nine Tonight DJ" that's up for grabs; any takers? The best of luck Mike and Angie and enjoy your cross country honeymoon at government expense.

With Mike leaving we are undoubtedly going to need a replacement and we just happen to have one that travels under the name of Cpl Beyers. He is presently attending the ten week NDT1 course (basic NDT) at AMDU in Trenton and on completion will be coming here from Edmonton where he is now stationed.

Cpl Dave Stewart has just recently completed his level II CGSB (Canadian Government Specifications Board) Radiography practical exam at DREP (Defence Research Establishment Pacific) in Esquimalt. He hasn't received his marks yet, but we are quite sure that, after his three day sweating and hair pulling ordeal, a pass mark will be a much welcomed sight.

As for myself, MCpl George Bigelow, when not writing columns for the *Fish Wrapper*, I am out trying to catch the fish that likes a Totem Times blanket.

Since MCpl Ken Fehr from Base Workshops and I have a small wager on who catches the largest fish this year, I hope that there is one out there with my name on it that requires several blankets to keep him warm.

So until next time then, So long from those of us who "Do it in the dark".

What Happened? What's Happening? and what's to happen!

Well here it all is right from the horse's mouth. It's time to hang your underwear out on the line, so to speak. Speaking of underwear, the big question in General Stores this month is, does anyone know why Sandra Belanger keeps her brassiere in her lunch bag in the refrigerator at work? If you know, please let Moe and Stan know as it's really got them baffled. John Stacenko can relax now after missing his staff for the last few weeks. Shelley Hutchinson got her well deserved move and can take some pressure off five group. There's all kinds of things going on with the gang at General Stores. Keith has been seen buying pounds of bologna in Safeway this week - could it be his wife's in Reno again! Moe has decided now that he's kicked the habit, he's going to try lean and mean for a change. Barry Brown took a little break in Regina

last week, I guess it's back to cheese and peanut butter sandwiches eh Barry?

Word has it Luc drives a forklift like he walks, I wonder if there's a story behind that? Mal and Suzie are in California spending their last weeks before their posting to sunny Esquimalt. Kathy Segriff is so excited about going DST in Aug she's asked for 7 days off now so she can have OJT at the beach, nice try Kathy.

A warm welcome to Manon Gervais who's now working at MPO. Rob Truesdale is getting in shape for Petawawa, he and a few fellow bikers (as in bicycles) rode to Nanaimo a couple of weeks ago. That definitely deserved an honourable mention as most of us barely have 10K on our clocks nevertheless own one. Wally Berger has taken on a new nickname I'm told it's "Mr Dress UP" - sounds like you're into the kinky stuff

again.

Marlene Cross is back with a new car, new "Bow", new hairdo, all she needs now is a place to live! Anyone knowing of any vacancies please let Marlene know.

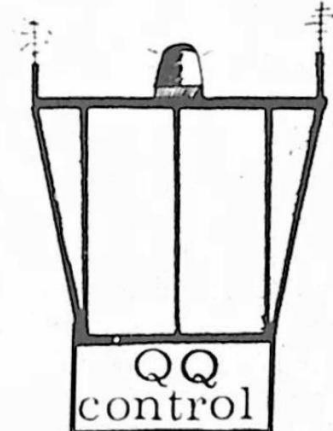
Supply's slow pitch team may not be winning all the games but they deserve an "A" for morale. Doc even brings his dog "Bandit" along to cheer. By the way J.P. are you sure it's the glove's fault. Just kidding! We hear Hutch is saved by his upcoming course. Apparently he can't seem to catch any fish this year.

The Supply canoe trip is June 16, should be a few tall tales to come in the next Sup article. Things are pretty quiet on the Domestic side of the house, could it be WO Beachey's on course?

As I sign off remember one thing, we're not laughing at you, just with you.

Alias Rhona

## As The



## Beacon Turns

Welcome once again to "As the Beacon Turns".

The section had its Spring Ball last Saturday and it was a smashing success. The Chinese food entre was excellent as was the turn-out. It was the first section party in a long time where we had to set up extra tables, as we underestimated the turn-out. The theme was a 50's night and the majority of the crowd dressed to the theme. I think the spotlight goes to Capt John Myers who came dressed as a Nerd. Goodbyes were said to departing section members as well as a few hellos.

2Lt Sandy Gebhart is posted in on OJT awaiting her Air Traffic Control course in August. We also welcome Pte Bruce Kadonoff, our resident bird and pest control man, and Capt Dale Webb. Dale is Class C and is checking out in the tower.

Congratulations go out to Capt Peter Merkel. Peter's wife Linda gave birth to a lovely daughter, Krista Ashley on 06 June. Congratulations also go out to the following people: Sgt Greg Templeton on his recent promotion; Cpl Heather Walsh on her recent check-out as a radar controller; and Cpl John Koidhis who has just completed his radar course at Cornwall.

In other news, Capt Bernie Murphy and Cpl Dave Jensen return soon from their TRACS course in Trenton. The Air Traffic Control Section photo is to be taken in the IFRCC at 1500 hours 14 June, dress is S4B's; a fishing derby is being planned for later this month. Those interested let Capt Anderson or MCpl Bedard know soon; those in the section participating in the

OPDP program were all successful with Lt Foley scoring an honour's pass and finally the Section Ball Team has a record of 4 wins and two losses but prospects look grim. Wiped out by injuries in the last game were Lt Bob Ogrins, relief pitcher (that is it's a relief for the other team when he starts pitching) and MCpl Frank Johnson.

Finally does anyone want to buy

12 plastic owls cheap. They were purchased to scare starlings off the aerodrome but at last look the starlings have started to nest on them. Sgt Phil Nakashima has already purchased the first one and he now has one of the finest hood ornaments you have ever seen on a Toyota.

That's it for this article so till next issue, take care ya-all.

## M.S.E. Driver Safety

### What would you do??

It's night and you're tired but you're trying to make it to the next town. You suddenly realize you have had your eyes closed and were asleep. What should you do?

- ☐ Open all the windows, turn on the radio and talk or sing to yourself.
- ☐ Immediately locate a safe place to pull off the road, park and take a nap.

Answer On Page 7

**Jr Ranks' Mess**  
**ENTERTAINMENT**  
**HOTLINE: 339-5212**



# Editorial

## Post Office Blues

It's time to stand up and be counted! If you're mad as hell about the post office - and I know I am - let's get together and react.

The proposed increase in postal rates has many of us boiling. Unless we get some kind of action from the Mulroney government, postal rates will increase to 34 cents on June 24th. That's about a 100% rise in 4 years according to my calculations. And for what I ask? How many other items have taken that kind of increase in 4 years.

The Post Office then adds insult to injury by gloating over the fact that there has been no increase in two years - justification they say. Well let me say one thing - there may have been no increase in rates but that was accompanied by no increase in service.

Productivity in the Post Office is still at 1970 levels - a time before they spent

all that money on HTA (Hight Tech Advances). These were the advances that were instituted in order to move the mail faster.

Statistics show that it costs us almost 50% more to mail a letter than it does in the U.S. and our postal system is about 40% less productive. They also show that labour costs account for 73% of Canada Posts spending.

The government preached improved productivity during the election campaign. This is their opportunity to show us the way. Let them show us some leadership by refusing the increase and putting the Post Office back to working in a proper perspective. We all look towards our leaders for their deeds and not for their talk - maybe we should all send our letters without stamps.

Over to you, Mr. Warren.

G.M.K.

## It Happened 20 Years Ago

In the last twenty years many things have come to pass in our grand old organization. However, let us for a few minutes go back to mid 1965 and rekindle a few memories.

It was in June of 1965 that the CDS announced the end of the distinctive service publications. And so ended the Roundel, Crowsnest and Canadian Army Journal. In their place came the Sentinel, the new CAF magazine that remains with us today.

In the year 1965 there was a rank in the Air Force called LAC - remember them? Anyway, an LAC made a base pay of \$206.00 per month. Who says we're not better off today?

And then there were the Nighthawks - remember them? They held their 24th anniversary in 1965 at RCAF Station Comox. An old friend, Flight Lieutenant George Rawson was co-ordinating activities and invitations.

Suggestion Awards were around in those days as well.

Flight Sergeant L.W. Yule of Stn St. Hubert was awarded, after making a suggestion to modify the tip tank pressurization system of the CF-100.

Flight Lieutenant P.E. Griffith of RCAF Station Bagotville passed a supersonic milestone. He became the first RCAF officer to complete 1000 hours in the CF-101 B Voodoo.

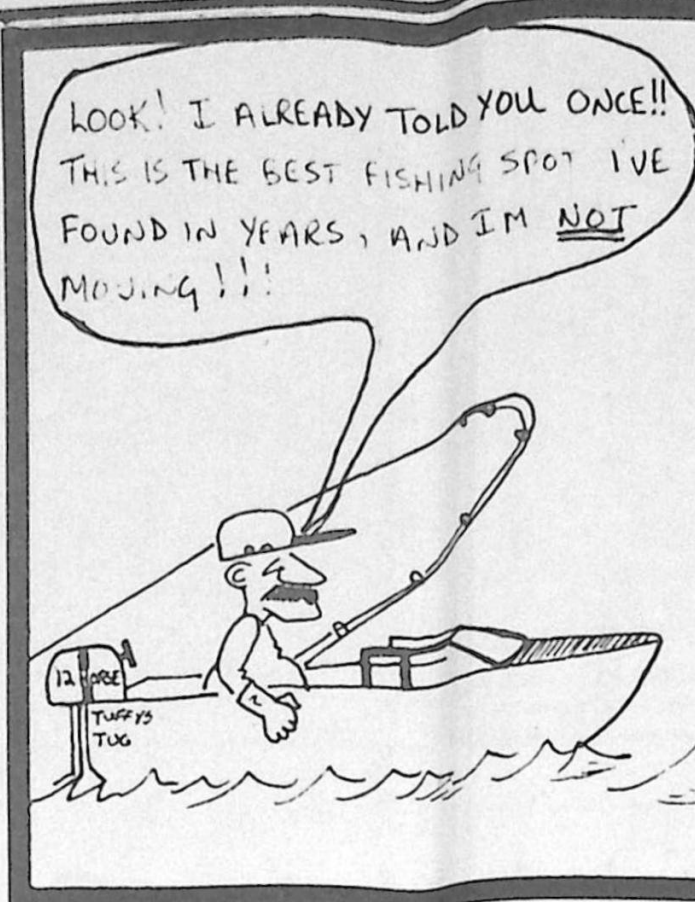
Air Forces Central Europe (AIRCENT), the seven-nation Air Component of NATO celebrated its 14th anniversary. It had an arsenal of French Mirage III, German 104s, Canadian CF-104s, US F-105s, Belgian 104s, Dutch 104s and British Javelins. The multinational deterrent force was under command of RAF A/C/M Sir Edmund Hudleston.

Naval wrens Nora Norm and Enid Palethrope became the first RCN wrens to be posted overseas since the Second World War. They were posted to a two year tour at No. 3 Wing hospital in Zweibrücken.

An RCAF CH-113 Labrador helicopter from No. 121 Rescue Unit, RCAF Stn Comox successfully lifted a disabled Bell 47 from the 13,500 foot level of Mount Kennedy.

The Lab crew consisted of F/L's Dan Campbell and Ed Riley and crewmen Cpl's Mattson and Lemieux and LAC's Nader and Grennan.

G.M.K.



## Law Talk

When two unmarried people live together as man and wife for a certain period of time, we assume they have a common-law marriage. Under the law, there is an unwritten understanding that the couple has taken on some of the rights and obligations of a legal marriage.

The idea of common law goes back to the French-speaking Norman conquerors of England. After making themselves masters of England, the energetic Normans set out to organize their new territory into a centralized, feudal kingdom. Their task was not simple; the bulk of the population were the conquered Anglo-Saxons whose concepts and practices of law differed from those of the continental invaders.

Within a few centuries, however, a new legal system arose, blending elements of both Norman and Saxon law. Some Anglo-Saxon practices - such as Trial by Ordeal - survived well into Norman Times. Local customs remained in place unless they conflicted with the new laws and enactments emanating from the royal court at Westminster.

## The Origins of English Common Law

ster. The laws which became common to the whole kingdom became the common law, as opposed to local custom.

In time, the Normans established an important legal principle which was foreign to the Anglo-Saxons; this was that criminals were offenders against the whole society, not just their victims. The effect of this was to extend protection of the law to the weak and powerless. The idea, in fact, came from the Romans, as did many other aspects of Norman law.

In order to ensure that Norman law reached even the remotest parts of the kingdom, the royal court sent travelling judges on circuits throughout the country. At regular intervals a circuit judge, at some risk from outlaws, Scottish raiders and the plague, would tour a fixed itinerary of market towns and religious centers. The arrival of a circuit judge and his entourage was a colorful event marked by much medieval pageantry. During his assize, or sitting, a Norman-French word which we still apply today to certain courts, the circuit judge would pass judgement on the unfortunates who had been waiting in jail for his arrival.

(In Canada we maintain the tradition of circuit judges in the In-

terior and far north but today they arrive at tiny native communities by float plane rather than on horseback.)

It was during these early assizes that lawyers first made their appearance; the heads of monasteries attorned, or appointed, the masters of their wine-cellars to represent them in court because they were thought to be more world-wise than the members of monastic orders. Thus, lawyers came to be called attorneys.

It was often up to the judges to rely on their own common sense, local custom and pragmatism to adapt the laws - if any existed - to the peculiar circumstances of the cases before them. Their decisions, copied down and applied as precedents to other cases, gradually formed the common law, as opposed to king-made law or what we call statute-law, i.e., laws passed by the government. Common law extends in an unbroken line down to modern times in Canada (Quebec excepted) and other Commonwealth countries.

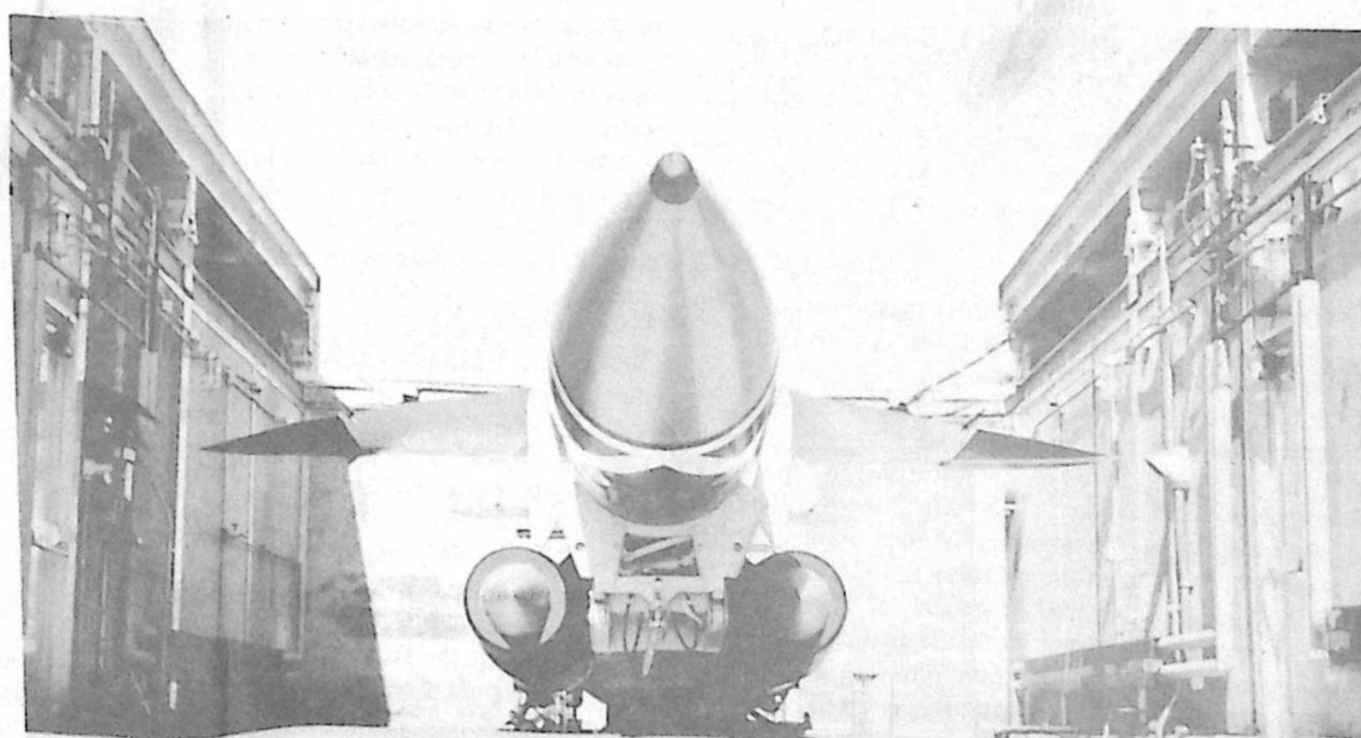
When our government passes laws, the judges interpret them. A judge's decision in interpreting a statute becomes law unless it is overruled by a higher-ranking court.

Norman England also provided us with the beginning of another important legal institution - the jury. King Henry II called for a jury system to be established throughout England. Jurors in his time, however, brought the charge against the accused person, unlike modern jurors who are impartial. One of the effects of Henry's action was to curb lawlessness on the part of powerful local barons who now could be held to account by both local juries and royal judges.

Sometimes it was the king himself who was lawless. The worst offender was King John, brother of Richard the Lion-hearted (who was himself no angel, having once ordered the slaughter of thousands of unarmed Moslem prisoners, an act which shocked even those brutal times). John's rule was so despotic that the barons rebelled, forcing him in 1215 to sign the Magna Carta, or Great Charter. The Magna Carta established that even the king was subject to the law.

Medieval England's chain-mailed knights are long dead, its castles in ruins and its courtly music silent. But the laws it devised remain the solid foundation of our own legal system.

## Air Force Trivia What? Where? Why? When?



HAWK LEAD - THERE'S A D.F.O. IN THE BOX!

### Trivia answer From Last Issue

**What:** A-4Ds of VC-13 NAS Miramar California, CF-101s of 409 Sqn, T-33 577 CFB Comox.

**Where:** Alongside the Control Tower (who took the snap) CFB Comox.

**Why:** Fleetex 2-78 Formation for publicity shots (camera man in back seat of T-33).

**When:** 23 August 1978.

## TOTEM TIMES

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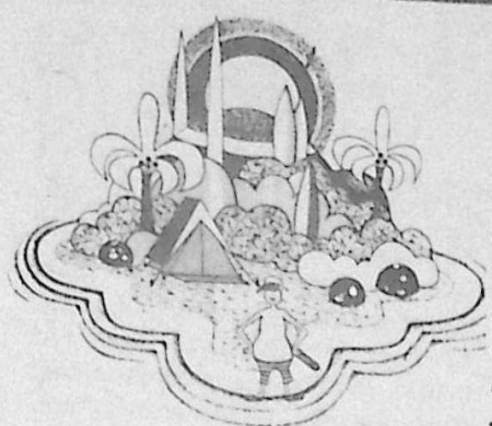
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Next Totem Times Deadline - Monday, June 24, 1985



# A.F.V.C.



## Les loisirs

Comme vous avez pu le lire antérieurement dans notre journal, l'association est à la recherche d'un nouveau local. Cette décision (de déménager nos bureaux) fut prise par l'ancien conseil administratif et est devenue une des priorités pour le nouveau conseil.

Ceci implique de nouvelles opportunités pour le comité des loisirs ou devrais-je dire pour le directeur des loisirs. En effet car je suis à la recherche de gens dynamiques qui ont quelque temps libre pour m'aider à élaborer un programme intéressant pour nos membres. Le nouveau local devant nous faciliter la tâche éventuellement.

Bien sur il est agréable à penser qu'il serait souhaitable que la minorité francophone se rencontre plus souvent et partage des activités ensemble. Qu'on jase aux français

afin d'apprendre à mieux se connaître.

Sur ce point, des initiatives ont déjà été tentées au niveau local, régional et provincial avec plus ou moins de succès. La différence de réussite se situe non pas au niveau des différents directeurs de ces événements mais très souvent au niveau de la communication qui se fait par les francophones et francophiles.

Venez nous rencontrer

Aussi je vous encourage à nous faire connaître ce que vous aimeriez que l'on fasse à l'association en ce qui regarde les loisirs; à vous joindre au comité, à participer aux différentes activités de l'association selon votre disponibilité et vos goûts.

Par exemple l'association organise des spectacles, le savez-vous?, si ça vous chante pourquoi ne pas nous téléphoner. L'association organise quelque chose pour la fête du Canada serez-vous des nôtres? L'association de Campbell River nous invite à fêter la St-Jean Baptiste avec eux, pourquoi ne pas s'y joindre.

Nous offrons des services

Nous vous rappelons qu'un service de bibliothèque pour les enfants, adolescents et

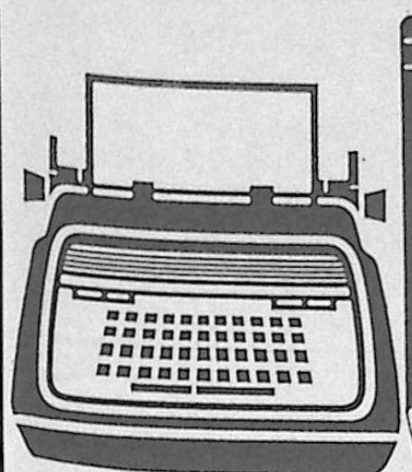
adultes est toujours à votre disposition, en avez-vous déjà bénéficié? il ne vous en coûtera rien de nous appeler ou d'utiliser le service que nous vous offrons gratuitement. Peut-être aimeriez-vous voir apparaître sur les tablettes des livres que nous ne possédons pas encore, demandez-le; peut-être avez-vous des livres à vendre au à offrir, venez nous en parler vous serez les bienvenues.

Il y a même possibilité d'avoir des vidéos de d'autres associations dans votre langue, y avez-vous déjà songé? L'association est d'abord et avant tout un organisme qui regroupe les individus d'une minorité linguistique, elle offre des services à ses membres et entend en faire davantage si et seulement si vous, francophones et francophiles, en faite la demande.

C'est à vous qu'incombe la responsabilité de nous contacter et à nous d'accéder à vos demandes. En travaillant ensemble, nous battons une association forte et ce au bénéfice de tous.

Josée Roy  
Comité loisirs

## Felicitatation



L'Association Francophone de la Vallée de Comox voudrait féliciter Mme Francoise Bula, journaliste au Greensheet et directrice du secteur éducation de l'AFVC, qui a remporté le

prix "Jack Wasserman Award" décerné à la meilleure (ou au meilleur) journaliste novice de l'année. Le concours s'adressait à tous les journalistes novices de la Colombie-Britannique et comprenait deux catégories soit 1-journaux hebdomadaires et 2-journaux quotidiens. Ce grand honneur est digne du professionnalisme dont fait preuve Mme Bula dans l'accomplissement de ses tâches. Nous croyons que ce mérite marquera le début d'une longue et brillante carrière journalistique pour Mme Bula.

## ST-JEAN BAPTISTE

L'Association Francophone de Campbell River vous invite à participer à la fête de la St-Jean, vendredi le 21 juin à 17h30 chez Suzie. Il y aura un souper "Pot-Luck" et un BBCue s'il fait beau. Alors apportez vos chansons, vos guitares, et venez fêter notre fête bien à nous.

Lieu de la rencontre: On part de Campbell River, se dirigeant vers Campbellton, un peu passé Campbellton on tourne à sa droite à l'intersection. On traverse ensuite le pont et continue tout droit. Puis vous verrez le cimetière à votre gauche et une indication à votre droite "St-Jean Baptiste".

Pour de plus amples informations communiquez avec votre association locale.

## Les champignons

Ils sont présents tout autour de nous, affectent le monde animal et végétal, nos biens matériels. Ils peuvent être également bénéfiques et même indispensables et parfois une nuisance.

Depuis toujours les organismes fongiques jouent un rôle très important. Certaines civilisations anciennes utilisaient les champignons en sorcellerie et en thérapeutique tant qu'à des fins alimentaires.

Ces organismes constituent une grande classe de règne végétal. Leur forme souvent étrange, quelques fois atterrante ou repoussante, de couleur et odeur particulières et, la soudaineté de leur apparition et leur taille ont, depuis le début des temps, attiré notre attention et stimulé notre curiosité.

Les champignons n'ont pas de chlorophylle. Ils ne peuvent donc pas tirer leur énergie de la lumière. Il leur

faut emprunter à d'autres organismes, les éléments essentiels à leur subsistance. Donc les champignons sont classes comme des organismes hétérotrophes par opposition aux organismes autotrophes.

Selon, qu'ils vivent sur les organismes morts ou vivants, les champignons sont saprophytes ou parasites. D'autres ont une vie symbiotique et d'autres, plus rares, sont des prédateurs.

C'est au moyen de filaments grêles (mycélium) que les champignons envahissent le milieu. Ce mycélium peut rendre des molécules complexes en molécules simples. Les champignons sont des plantes sans fleurs (cryptophytes). Ils se reproduisent soit par les spores ou soit par propagation végétale.

Il existe plus de 200,000 à 300,000 espèces de champignons qui sont des entités distinctes. Ceci dit, il est très important de bien reconnaître

avec précision les champignons que vous recoltiez et de ne jamais utiliser les champignons sans avoir la certitude de leur identité.

Les champignons parasites attaquent très souvent les denrées alimentaires, produits manufacturés, les installations électriques, équipement militaire et produits de construction.

D'autres au contraire sont très bénéfiques et sont utilisés en alimentation comme pour le fromage, la levure (pain - vin - bière). Finalement grâce à leur activité métabolique les champignons permettent en collaboration avec d'autres micro-organismes, de transformer les matières organiques complexes en élément simple et participent aussi au rétablissement de l'équilibre de la nature.

Jocelyne LeCompte  
trésorière

Bonne  
fête  
des  
pères!

## Remerciement

L'Association Francophone de la Vallée de Comox souhaite la meilleure des chances à M. Gaston Couturier et sa petite famille qui nous quittent vers d'autres horizons. M. Couturier, vice-président de l'AFVC, a démontré beaucoup d'esprit d'initiative lors de son court mandat et il a toujours su s'acquitter des

tâches qui lui étaient confiées d'une façon admirable. L'absence de son sens de l'humour, de sa présence d'esprit et de ses gentilles notes philosophiques seront certes remarqués à nos réunions.

Merci Gaston, au revoir.

De nous tous

ASSOCIATION FRANCOPHONE DE LA VALLÉE DE COMOX

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For further information, contact the Rec Centre.

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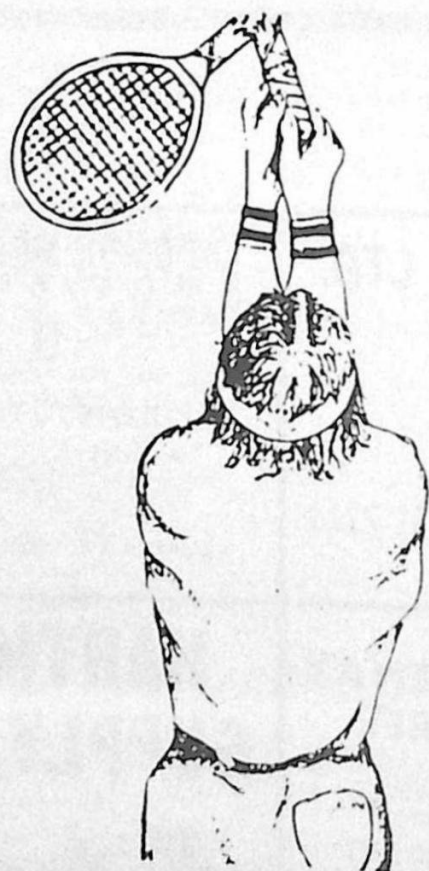
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OPEN SUNDAYS

By Gerry Gerow

We have a hummingbird feeder outside our patio window and it's extremely interesting to watch the little "Hummers" when they dart up for a drink. These little creatures remind one of a helicopter as they seem capable of moving up, down, backwards, forwards or sideways, when they want to. Indeed, some of their antics seem to be nothing more than play.

Watching them got me wondering about them. What I found out when I opened up my bird books was quite fascinating. The "Hummers" exist only in the new world, meaning you won't find them in Europe, Asia or Africa, and there are 319 species of them. The smallest is the *Bee Hummingbird* of Cuba. This little fellow is only two inches long from the tip of his bill to the end of his tail feathers. He weighs only one tenth of an ounce. At the other end of the scale is the *Giant Hummingbird* of the South American Andes mountains. This bird is eight inches long with about half his length, body, and the rest tail and bill.

These are extremes, however, and most of the hummingbirds have a body length of approximately two inches. In flight, the wings are moving so fast as to be practically invisible. In fact, the bird flies with enough speed that he is hard to see in flight. Something went zinging past my head as I stood in the yard recently and took me a few seconds to realize it was a "Hummer" heading for my rhododendrons and not someone shooting at me. The average

## Pipe Smoke



hummingbird has about 70 to 80 wing beats per second. The birds have very short legs and tiny feet, useful only for perching. Their long pointed bills enable them to probe deep into a flower and suck out the nectar. They seem to be particularly attracted to bright red flowers. While flower nectar is the main staple of their diet, they also consume a considerable quantity of small insects which they catch in flight.

Hummingbirds build their tiny nests in trees and the female lays two tiny white eggs. These eggs weigh only one fiftieth of an ounce. The birds are very territorial minded when they are nesting and will chase others out of their area. Only the female tends the young.

particular problem being on the boundary between two nations, not to mention several States and the Province of Ontario. Then, of course, part of the problem comes from pollution in the atmosphere, put there by industries on both sides of the border. We, in Canada and the United States have lived high off the hog for too long. Now it's time to pay the piper, and pay we must. It's time to clean up our atmosphere and our water, and leave our grandchildren a clean environment. But make no mistake about it. To do this is going to cost everyone of us, dearly, but we must do it.

\*\*\*\*\*

The dumping of 40 million litres of raw Vancouver sewage into the Fraser River is nothing short of criminal. The statements that there is no other way is pure horse manure. Cheaper, yes, but the only way, no. I look at the picture on my boob tube that is beamed in from 23,000 miles up in space, and they expect me to believe this garbage. The date has been moved up under the guise of being safer, but could it have something to do with avoiding a court order, which would surely come? They tell us that 40,000,000 litres is not much considering the flow of the river. In my opinion, one litre is too much. It appears that it's too late to stop it but hopefully a lesson will be learned. What really hurts is that this is a government project. In other words, people doing it to themselves.

\*\*\*\*\*

I watched a documentary on the boob tube recently that could have been billed as a horror story. It dealt with contaminated fish in the Great Lakes. Truly a knotty problem, but what is the answer? To the environmentalists it's easy. Just order the polluters to stop polluting. However on the other side of the coin is the fact that if an industry has to face the costs of this, its products will be priced out of the market and they'll simply close their doors, adding to the unemployment problem. Part of the answer is massive government funding, even though this will result in increased taxes. Sounds easy but the Great Lakes present a

## Learn To Swim This Summer!

Red Cross swimming lessons  
will be held again this summer at  
the Base Pool.

July 2 - 12; July 15 - 26;  
August 6 - 16; August 19 - 30

8:30 - 9:15 a.m. -- Red, Grey, White  
9:30 - 10:15 a.m. -- Moms & Tots, Maroon, Green  
10:30 - 11:15 a.m. -- Yellow, Orange, Blue

The cost is \$10 per session per child.

Registration will be held on June 13 -- 0730-1530 hrs.  
and one June 14 - 0730-1130 hrs., as well as during  
any part of the session, in the Rec Centre.

For any further information contact Robert Carmichael at local 2315.

## Water Safety Instructor II Course

There will be a Water Safety Instructor II Course  
held at the Base Pool on the following dates and  
times:

June 28 - 6-10 p.m.      July 5 - 6-10 p.m.  
29 - 9-5 p.m.              6 - 9-5 p.m.  
30 - 9-5 p.m.              7 - 9-5 p.m.

Pre-requisite is a Water Safety Instructor I.

For more information contact Robert Carmichael at local 2315.

## Bronze Medallion and Bronze Cross

If you are interested in obtaining your Bronze  
Medallion or Bronze Cross swimming awards,  
please contact Robert Carmichael at local 2315. If  
enough people (10 or more) show interest, a course  
could be offered some time this summer.

## Base PERIs Transferred

### BPERO SECTION

The Rec Centre will be losing  
two PERIs this summer when WO  
Ed Dupuis and Cpl Glenn Lacasse  
head east.

WO Dupuis is departing for CFB  
Gagetown where he shall become  
Pongo trained. (I feel sorry for the  
boys on the diamond.)

The base as well as the section  
will miss Ed who is active in our  
base and local community  
programmes.

Cpl Lacasse is departing for Borden  
where he will be at home in the  
training environment of phys ed.  
(Glenn also hails from Toronto.)

Many of the base personnel will  
miss Glenn's friendly face in the  
clinical assessment room  
especially with his concern and  
programme advice.

To both Ed and Glenn -- good  
luck on your postings and the coffee  
is always on.

## Base Bowling Alley Closed

### BASE BOWLING ALLEY

The Base bowling alley will be  
closed for alley repairs plus normal  
summer shutdown effective immediately  
until early September. I  
would like to thank all bowlers for  
your support and participation and  
hope to see you again this fall.  
When we open this fall there will be  
new alleys for you to bowl on.  
Have a nice summer.

Pat Hudson  
Alley Manager

THINK  
SUMMER

## EXPO 86 Preview! - Expo Display Centre

As you are aware, EXPO 86 is  
fast approaching. The Exposition  
to be held in Vancouver will be the  
largest event to come to North  
America since Expo 67 in Montreal.  
The theme of EXPO 86 is  
"World in Motion-World in  
Touch" and it will feature a look  
at Man's past achievements,  
present possibilities and future

potential in the field of Transportation  
and Communications.

The display, exhibits and entertainment  
will be never ending and ever changing.  
The pavilions, Theme Plazas, restaurants  
and shops will be so unforgettable you  
will want to go time and time again.  
EXPO 86 promises to be one of the most  
spectacular World Expositions ever held.

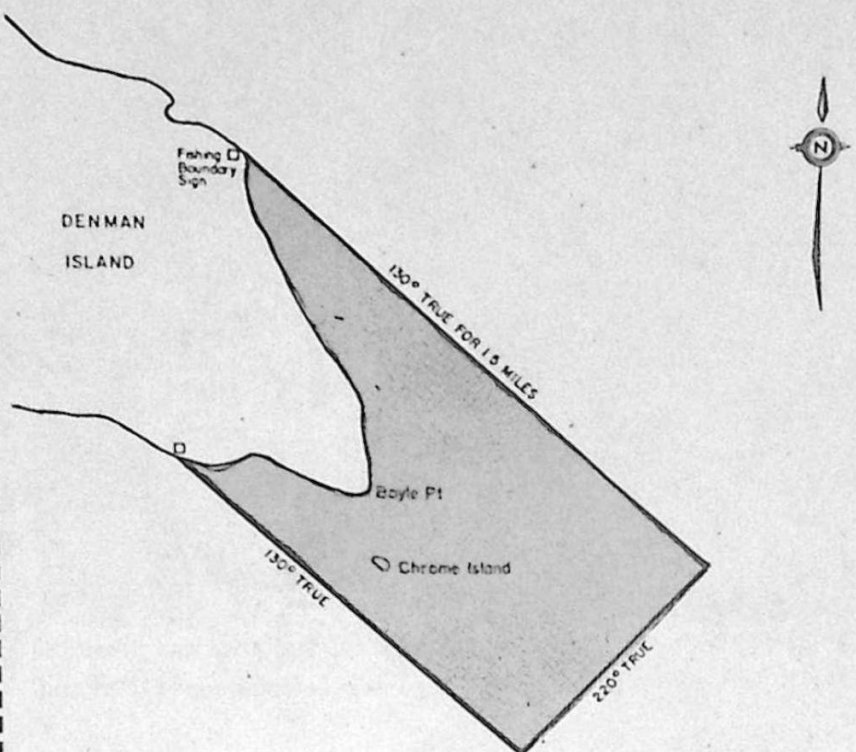
A preview of EXPO 86 is  
available at the Expo Display Centre  
located near the west end of the  
Exposition Site. The Display Centre  
features an 80 foot long scale  
model of the site and an exciting  
audio visual presentation titled,

"Something's Happening Here".  
Admission is free and reservations  
can be made by calling 660-EXPO.

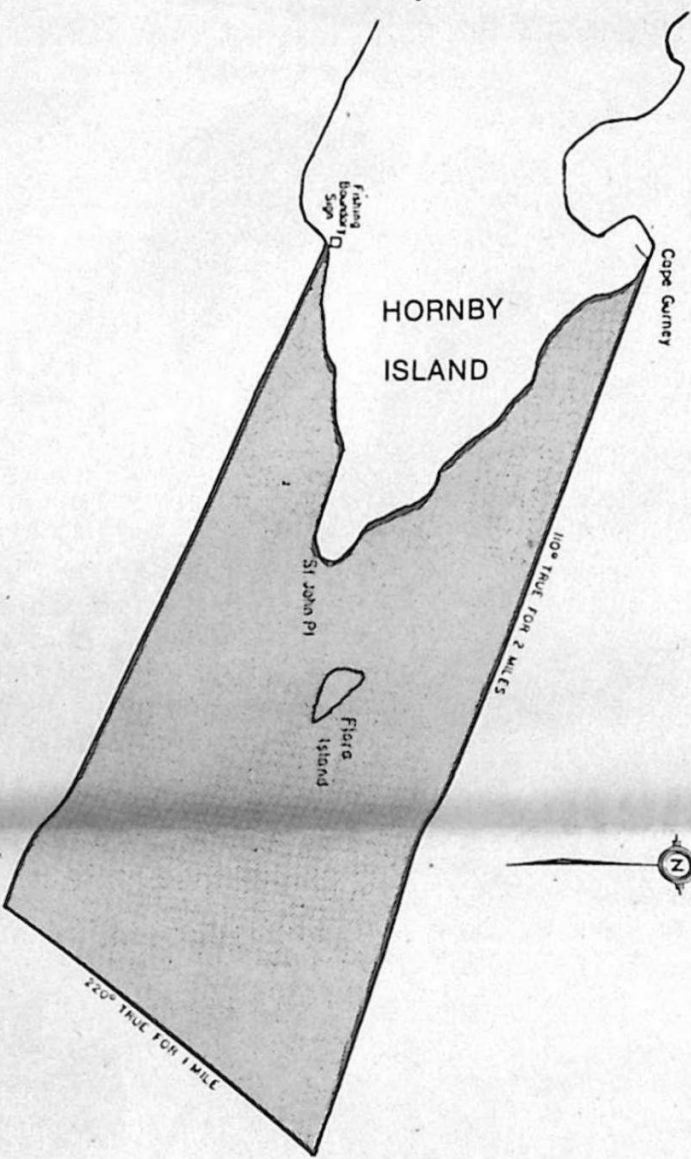


Sports

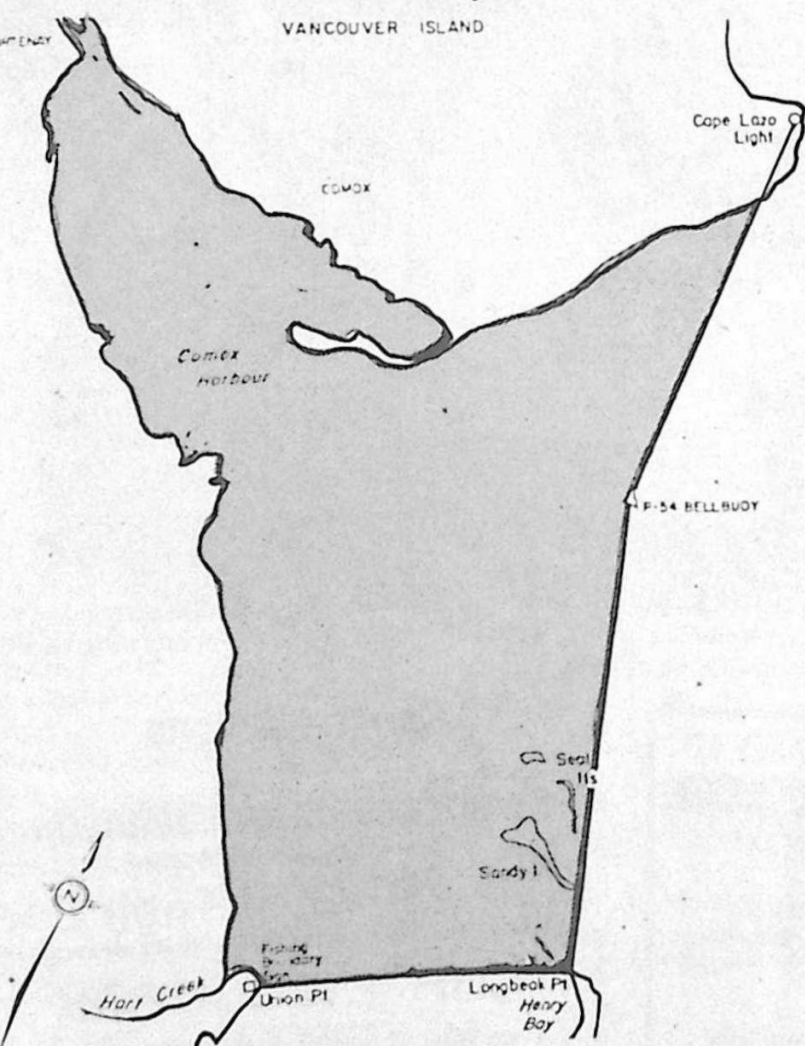
Sports Fishing Closures



June 1 — July 31



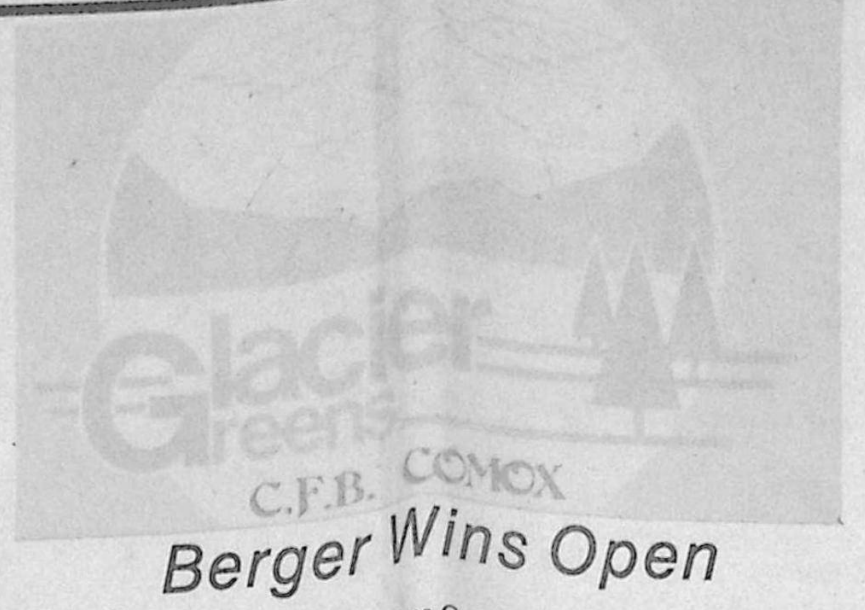
June 1 — July 31



May 11 — November 15

Answer to MSE Safety Quiz

Immediately locate a safe place to pull off the road, park and take a nap is a wise decision. You may sometimes find yourself sleepy and yet know that you really ought not to be, that there's no reason for it. What's happened is that you've lowered your blood pressure and pulse rate by inactivity. You could wake yourself up by parking the car and running up and down by the side of the road until you feel awake. But, if you know you have a good reason to be sleepy, then your best bet is to just pull off and have a sleep.



Berger Wins Open

Mike Berger is the Glacier Greens Open champion for the second successive year. Carding an opening round of 73 on Saturday, June 8, Mike clinched the title on Sunday with an even par 72. He was presented with the Block Brothers trophy by Vic Rushton on behalf of Art Myers. B. Haldane won low net in the field of 128 golfers with a two day net total of 132.

"A" Flight Winners

G. Creamer	1st gross	W. Berger	1st net
D. Ronaldson	2nd gross	R. Jarvis	2nd net
M. Carr-Hilton	3rd gross	J. Barr	3rd net
N. Boden	4th gross	K. Mathison	4th net
B. Carter	5th gross	B. MacDonald	5th net
A. Woodruff	6th gross	D. MacArthur	6th net
D. Waugh	7th gross	R. Abbott	7th net
J. Nolan	8th gross	T. Kragecj	8th net

"B" Flight Winners

D. Gage	1st gross	K. Parker	1st net
D. Jarvis	2nd gross	G. Stamp	2nd net
G. Walker	3rd gross	D. Cameron	3rd net
D. Patterson	4th gross	P. Chapil	4th net
A. Lineen	5th gross	E. Venus	5th net
B. Peters	6th gross	J. Ferguson	6th net
B. Pridmore	7th gross	R. Carter	7th net
F. Marshall	8th gross	R. Sambrook	8th gross
R. Hoadley	9th gross	V. Lewis	9th net
N. Mykitiuk	10th gross	M. Peterson	10th net

"C" Flight Winners

S. Stevens	1st gross	F. Fredrickson	1st net
A. Modras	2nd gross	B. Fox	2nd net
R. Peacock	3rd gross	W. Campbell	3rd net
G. Moores	4th gross	L. Stewart	4th net
C. Miles	5th gross	B. Shaw	5th net
G. Canning	6th gross	B. VanNess	6th net

Closest to the pin prizes were sponsored by Jim Nolan's Pro Shop, Comox Mens' Wear and Seagram Distillers. Winners over the two days were: Jim Barr, Steve Bailey, Steve Legault and Dave Ronaldson.

News from the Blue Tees

ROBERTA MORRIS MAKES A KILLING  
May 28th was the Power House Trophy day. Our congratulations go to Roberta who came in with a 64 net to win the trophy. Roberta was also presented with her break hundred pin. It was our CLGA Pin day and Roberta cleaned up there too. Well done, Roberta!  
Our thanks to Stu Moller for the donation of this trophy.  
Second low net was Frankie McCaffery and hidden hole - Mona Ledgard.  
June 4th the Ladies of Glacier Green hosted the Comox ladies. The lucky winners from Comox

were: 1st low gross - Ilean Trainot - 84; 1st low net - Edith Albrect - 70; 2nd low gross - Jenny Schneid Miller - 93; 2nd low net - Kay Bick - 72; 3rd low gross - Marge Morris - 96; 3rd low net - Lois McNicol; and putts - Nan Edwards.  
From Glacier Greens: 1st low gross - Frankie McCaffery - 92; 2nd low net - Jan Reardon - 69; 2nd low gross - Trudie Berger - 95; 2nd low net - Kay Banks; and putts - Rose McLeish and Katherine Salter.  
Congratulations to Jan Reardon for winning pin day. Till next time, good golfing.

Marg Shaw

Intersection Statistics

Slow Pitch

	GP	W	L	T	PTS.	F	A PLACE
VU 33	5	3	1	1	7	64	60
442	4	3	1	0	6	41	18
CE	4	1	2	1	3	57	55
MPs	3	1	2	0	2	41	42
Supply	4	1	3	0	2	23	51

Fast Pitch

	GP	W	L	T	PTS.	F	A PLACE
442	4	4	0	0	8	41	16
ATC	4	3	1	0	6	50	35
407	4	3	1	0	6	40	31
BTelO	4	2	2	0	4	40	31
BAMSO	4	2	2	0	4	20	23
Armt	4	1	3	0	2	42	50
Supply	4	1	3	0	2	21	44
JRC	4	0	4	0	0	20	42

Vic Rushton presenting . . .



Overall - M. Berger



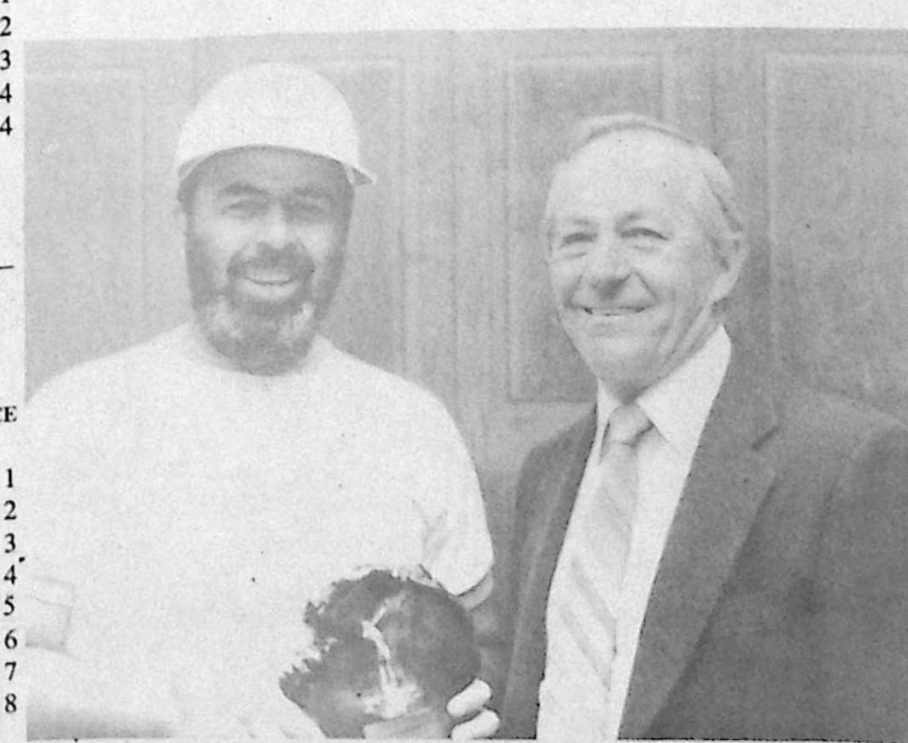
Low Net - B. Haldane



"A" Flight - G. Creamer



"B" Flight - D. Gage



"C" Flight - S. Stevens



# Around the Base

## Our People



### MWO Ken MacLean

Made a "Master" and now it's off to the big "OW" - that's the scenario facing our man, Ken MacLean and so the old *Fishwrapper* loses another of its staffers.

MWO Ken MacLean calls Wells, B.C. his home town but has been away for a few years. Ken joined the RCAF in 1958 and became a Comm Tech Air. His postings over the years have taken him to places like Greenwood, Summerside, Toronto, Comox and now it's off to Ottawa.

Ken has worked in the DIAC at VP407 as the Assistant DIAC Services Officer and has recently been a valued member of the Totem Times staff, acting as our "Ads" man. This was a return trip to the *Fishwrapper* for Ken as he also worked for us during his first tour at Comox in the mid-seventies.

Ken presently resides in Wallace Gardens with wife Ardith and daughters Susan, 10 years and Sharon, 13 years.

We at the Times wish him well on his new venture - and thanks for the help Ken. Bon Voyage!

G.M.K.

## Flight Safety Film

Ottawa -- The Canadian Forces Directorate of Flight Safety (DFS) has been presented with the Aviation Writers Association (AWA) Visual Communications Award in recognition of the training film "Helicopter Wire Strike Avoidance", produced by Topek Productions of Ottawa.

The 13-minute film conceptualized by Major Peter C. Dudley, formerly of DFS and now of the Canadian Aviation Safety Board, addresses the ever present threat to helicopters of overhead wires and instructs aircrew on wire spotting and avoidance techniques.

The film uses computer-generated imagery, still and moving pictures to illustrate potentially dangerous locations and situations facing helicopter crews in respect to wire collision hazards. It also deal with meteorological conditions and human factors in conveying its flight safety message.

Lieutenant-Colonel Andy Sequin, who accepted the award on behalf of DFS at the AWA annual dinner held in St. Louis, Mo. on April 17, said "We have already installed wire strike protection systems on our tactical helicopters to minimize the damage if they strike a wire. Now we are closing the loop, so to speak, by addressing the matter of aircrew training in spotting and avoidance of wires, which are a serious threat to our crews and aircraft as they work in support of land forces."

The film is available at a minimal cost from: The Canadian Government Film and Video Centre, 150 Kent Street, Ottawa, Ont. K1A 0M9.



Cpl Richard Viger, a Communications Radar Systems Technician in NAV/COM Labs, was presented with his Officer Cadet rank badges by Maj Monahan, our BAMSO. Cpl Viger was selected for UTPM and is now on course in Chilliwack.



Cpl Migneault, an Aero Engine Technician on 407 Squadron, received an award of \$200.00 for her suggestion to improve personnel safety by modifying the handles of the Squadron fly-away kits. Maj Caddey, her SAMO, made the presentation.



Not your usual 'Grab and Grin!' - Sgt Ken Ned of 442 Squadron receives a certificate attesting to 5000 hours flown in the CH-113 Labrador, from CO, LCol Doug Stuart.



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Securing Economic Renewal  
**Controlling the National Debt**

Securing Economic Renewal  
**Managing Government More Effectively**

Securing Economic Renewal  
**Encouraging Private Initiative**

Securing Economic Renewal  
**Budget in Brief**

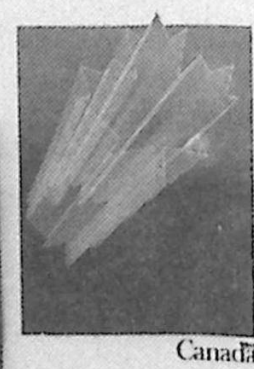
May 1985



Securing Economic Renewal  
**Improving Tax Fairness A Minimum Tax**

Securing Economic Renewal  
**Improved Pensions for Canadians**

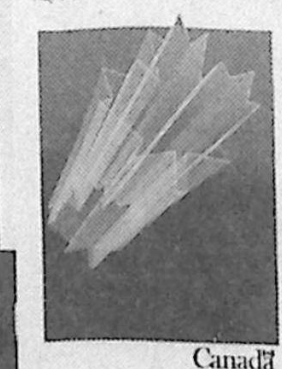
May 1985



Securing Economic Renewal  
**Deficits and Debt Questions and Answers**

Securing Economic Renewal  
**Encouraging Canadian Entrepreneurs**

May 1985



or in black and white.

If you have any questions about the May 23rd budget you can call weekdays 8am-8pm EDT. Or you can pick up a copy of any one of our pocket-size booklets "Securing Economic Renewal," at your local Supermarket Information Centre or your neighbourhood Post Office.

Canada



Department of Finance Canada

Ministère des Finances Canada

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# Happenings



**Good Show Awards to Capt Margrit Buchholz and Sgt (Ret'd) Pat Hudson**  
... for their fine work in helping prevent an air disaster with a Powell Air Convair.

## Ukrainian Festival Coming

### A TOUCH OF THE UKRAINE

If the sweet, sad songs of the Steppes, combined with some of the liveliest and most colorful dancing in the world, are your cup of samovar tea, you are bound to enjoy *Touch of Ukraine*.

Coming to the Comox Valley on June 22 and 23, for an evening and matinee performance at the Courtenay Civic Theatre, this offering promises to be one of the biggest and best Ukrainian cultural events to be seen in the valley.

Highlighting the festivities will be three performers direct from the Ukraine, who will have just completed an engagement at the Ukrainian Days during Vancouver's Folkfest/85.

The performers are:

• Alla Kucherenko, a television and radio artist, and vocal soloist, from Kiev.

• Stefan Fytzych, a soloist from the Kiev Opera and Ballet Theatre, and winner of several international competitions.

• Anatoly Hryzenko, a bayanist and accompanist, as well as being an instructor in the faculty of music

at the Odessa Conservatory.

For their Valley appearance, they are sponsored by the Comox Valley Ukrainian Cultural Society.

*Touch* promises to offer additional entertainment of equally high calibre, including the well-known Veselka (rainbow) Dancers from Victoria.

The Yalena (fir tree) Dancers from Campbell River will be sending 17 junior and senior dancers.

Five of the more advanced juniors of the Dolyna (valley) Dancers of the Comox Valley will be performing.

All the Ukrainian dance clubs on Vancouver Island have been invited to attend *Touch of Ukraine*, and the evening of song, music and dance is fully open to the public.

The evening performance is at 8 p.m. Saturday, with the matinee at 2 p.m. Sunday.

Tickets are now available at McConnochie's Furniture, Courtenay Coin and Stamp and Radio Shack in the Comox Mall.

— Courtesy Comox District Free Press

## Expo 86 - Ticket Purchases

— 4 pricing periods

— Prices increase in each price period as opening day draws nearer.

— Tickets can be ordered by using ordering forms supplied on the back of information pamphlets.

— Royal Bank 3 day tickets can be purchased in either individual or group form at any Royal Bank.

— Season passes and 1 day tickets must be ordered for by using order forms.

— For group rates you must have 20 or more purchases of same type ticket. (Any combination of adult - child/senior purchases.)

SEASON PASS PRICE PERIOD	ADULT		CHILD/SENIOR	
	INDIVIDUAL	GROUP	INDIVIDUAL	GROUP
May 2, '85 - Oct 13, '85	\$ 99.00	\$ 89.00	\$49.50	\$44.50
Oct 14, '85 - Jan 6, '86	119.00	109.00	59.50	54.50
Jan 7, '86 - May 1, '86	139.00	129.00	69.50	64.50
May 2, '86 - Oct 13, '86	160.00	N/A	80.00	N/A

### ROYAL BANK 3-DAY TICKET

PRICE PERIOD	INDIVIDUAL	GROUP	INDIVIDUAL	GROUP
May 2, '85 - Oct 13, '85	\$ 29.95	\$ 26.95	\$14.95	\$13.45
Oct 14, '85 - Jan 6, '86	34.95	31.95	17.50	16.00
Jan 7, '86 - May 1, '86	39.95	36.95	19.95	18.45
May 2, '86 - Oct 13, '86	45.00	N/A	22.50	N/A

### ONE DAY TICKET

PRICE PERIOD	INDIVIDUAL	GROUP	INDIVIDUAL	GROUP
Oct 14, '85 - Oct 13, '86	\$ 20.00	\$ 18.00	\$20.00	\$18.00

### SCHOOL/YOUTH GROUPS - ONE DAY TICKET

PRICE PERIOD	STUDENTS GRADES K-12	
Oct 14, '85 - June 28, '86	\$12.00	

### EXPO CENTRE TICKET

	INDIVIDUAL	GROUP	INDIVIDUAL	GROUP
OPEN: May 2, '85 - Oct '85	\$ 4.50	\$ 3.50	\$ 2.25	\$ 1.75
Organized School/Youth Groups Grades K-12		\$ 1.75		

### General Information

- Child - 6 through 12 years of age. Senior - 65 years and over.
- Children 5 years and under are admitted free.
- Group rates are available for purchases of 20 or more tickets or passes. Ticket and pass types cannot be mixed.
- A Season Pass is a nontransferable photo ID valid for unlimited visits to EXPO 86 May 2 - October 13, 1986.
- Royal Bank 3 Day Ticket with a Souvenir Passport available only in B.C.
- Upon purchase of a Season Pass you will receive a Season Pass Certificate which must be exchanged for your Season Pass photo ID at a designated Woodward's store in B.C.
- All prices, policies and programs are subject to change without notice.
- For additional information call or write, EXPO 86 Group Sales, P.O. Box 1986, Station A, Vancouver, B.C. V6C 2X5, (604) 660-3976.

## Unclassified

### RIVERSIDE PARK RENT REDUCTIONS

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- fireplaces and large balconies
- 1 1/2 baths with Jacuzzi tubs
- saunas and exercise room
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### Bates Beach Resort

1 & 2 bedroom furnished apartments. Waterfront. Heat & Hydro included. From \$285.00. Call 334-2151 or 338-0501.

For sale - Brand new windsurfer. Vinta Kestrel board, 5.7 metre sail (coloured) retract skeg & all accessories. Price - \$575.00 - Bailey 338-0284

**Nutrition Seminar** - "Born to be Healthy". Guest speaker - Dr. Allan Somersall, Ph.D. Location - Westerly Hotel, 1590 Cliffe Ave. Time - Sunday, June 16 at 1:30 p.m. For further info. phone 339-2955, 339-2878 or 338-6010. Tickets - \$4.00

Boat for sale - 17' ft. double Eagle w/Volvo motor. Easy load trailer w/electric winch. Complete canvas, fire est., sleeper seats, depth sounder, & many more extras. \$7,200. Moving - must sell. Ph. 339-5157.

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**Mountain holiday** - Mt. Washington - 2 bedroom. Fully equipped condominiums. Great hiking. Fishing. Or just peace and quiet. Reasonable rates on request. Phone 338-6281, 339-7493 or 338-5253.

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**NOW SHOWING - Thursday, June 13**  
**CHER, SAM ELLIOTT "MASK"** **MATURE**  
"Occasional very coarse language & swearing." - B.C. Dir.

**OPENS FRIDAY - June 14, 15, 16, 17, 18, 19, 20**  
**BURT REYNOLDS. STEEL** **MATURE**  
"Some violence & very coarse language." - B.C. Dir.

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BOX OFFICE - 9:30 p.m.  
SHOW STARTS AT DUSK

**OPENS Friday to Sunday - June 14, 15, 16**  
**JOSEPH WILLIAMS, TOM CONTI "AMERICAN DREAMER"** **MATURE**  
"Occasional swearing & suggestive language."  
—PLUS—  
"VISION QUEST"  
See e MADONNA perform her song "Crazy For You"  
"Some very coarse language & suggestive scenes." - B.C. Director

## CFB COMOX RESTAURANT GUIDE

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**Mon.-Sat.: 10 am-9 pm**  
**Sunday: 12 noon-8 pm**



# Around & About



Members of 740 CommDet being presented the Commander of CFCC Commendation. The citation is being presented by the Commander of 74 CommGp, LCol P.C. Coderre. The citation reads "For continued high standard in the administration and accounting of a large complex COMSEC account". Normally presented to individuals, on rare occasions the Commanders Commendation is awarded to a unit as a whole.



Gongs & Things -- presentations were made recently to the above personnel. Front (left to right): MWO Keryluk CD2, Maj McGill CD1, BComd Col Kadonoff, Maj Eby CD1, and MWO Phillips CD2. Back (left to right): Sgt Crawford CD2, WO Garland CD1, Sgt Flower CD1, MCpl Swanson CD1, Sgt Davies CD1, MCpl Kennedy CD1, and MCpl McDougall CD1.

## Those \*!?!\* deer

As a gardener in the Comox area I share with other gardeners the joys and aggravations that this part of the country offers. The joys are self evident - the mild climate and long growing season, etc. - but the aggravations are not bragged about. There are two 'thorns in the side' of gardeners here. The first is the abundance of various insects and other bugs that take great joy in devastating garden crops before they can mature. Pesticides, time and money can control these little monsters. The second thorn is deer. Nothing is more depressing than to arise on a beautiful morning and, with coffee in hand, saunter forth to view that beautiful garden, that you have worked on for days removing every weed, and find that there are footprints through the well tended soil and your beans are broken and eaten. On close examination you see that your peas are gone and your prized rose garden is half eaten. Other destruction is evident but it is obscured by the red haze in front of your eyes. At this point there is a great tendency to jump up and down screaming profanities at the four legged animals that have brought havoc to your labours.

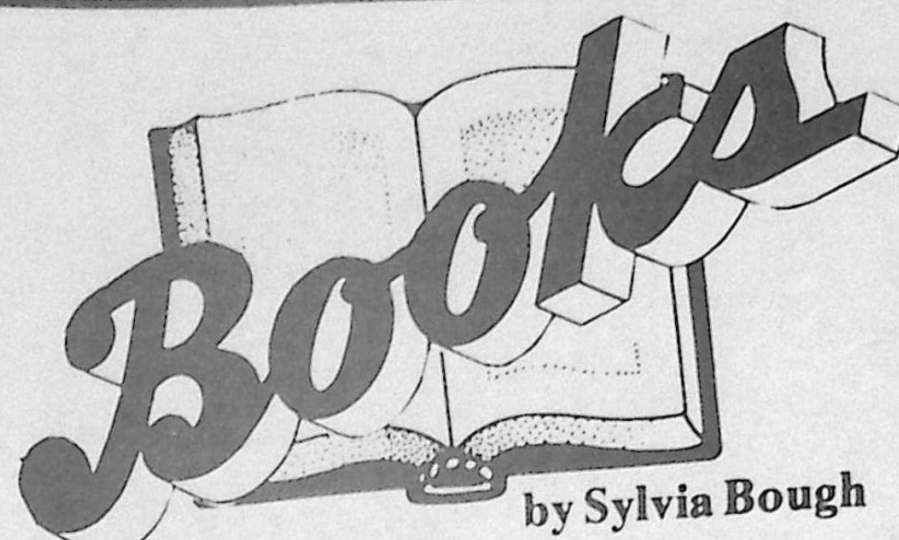
The message that I bring you today is that there is a way to stop deer from eating your crops. I know that you have heard all about human hair, blood meal, creosote soaked rags, etc. and they did not work. Like you, I have tried them, and others, and the deer still dined on my garden.

What is this magic potion that will stop this midnight madness? It is very simple. Put one small egg in a blender, add water, blend. Spray this liquid on your crops and the deer will not touch it. I tried this method for the first time last year and have not had any damage by deer since.

The proportion of egg to water is a matter of experimentation. I have been told that one egg per gallon is enough but I prefer overkill and put one egg in a quart of water. This mixture will last through one good rainfall before requiring another application.

If you are bothered by deer try this method, you'll like it.

D.B.



by Sylvia Bough

**SNOWBIRD** - Canada's Ambassadors of the Sky. Robert Mummery (1984). \$9.95 from Reidmore Books, 9115-39 Ave., Edmonton, Alta., T6E 5Y2

Sports photographer Robert Mummery took on quite a challenge with this book - to present, in part, the Snowbirds in motion, and thus to overcome the effects of the G-forces experienced at several hundred miles per hour while aiming, focusing and shooting a camera, at the same time keeping breakfast down.

That he conquered the challenge cannot be doubted when one sees the resulting photographs. His comments and observations do more to illustrate what the pilots go through each day than any amount of facts and figures could.

Combined with many more photos taken on the ground, in briefing rooms, locker rooms and maintenance workshops, along with relatively brief text, Mummery succeeds in taking the Snowbirds out of the purely visual realm most of us are familiar with, and shows the hard work and dedication from both pilots and maintenance crew, the planning and preparation and the constant practising, that goes into Snowbird routines. He also gives a brief history of the Snowbirds, and their predecessors, the Siskins, Golden Hawks and Golden Centennaires.

By acknowledging the maintenance crews as being as equally vital to the Snowbirds as the pilots, Mummery gives, without actually mentioning it, a strong sense of the trust and confidence between team members, and the rapport inevitable in such an elite group.

Rather than writing of and depicting the various aerobatic routines and displays of the Snowbirds, Mummery provides a look at the inner workings of the team - but an exciting one nonetheless.

If this book were available at Snowbird performances, sales would generate a G-force of their own.

\*\*\*\*\*

**UNCHARTED SKIES** - Canadian Bush Pilot Stories. Walter Henry and the Canadian Bush Pilot Book Project (eds.). \$17.98 from Reidmore Books, Edmonton.

The title of this book tells you exactly what to expect and that is what you get. Tales of the men who, from 1919 to 1939, flew over some of Canada's wildest country when it was still uncharted. Taking more than 10 years to compile, the book was put together by a group of men "determined to capture the essence of Canada's pioneer bush flying years while those who experienced that heady era first-hand were still alive."

After an introduction which gives a brief history of aviation in Canada to the end of World War I, the book thereafter devotes one chapter per man and tells of his exploits, reminisces etc. Well-known figures such as Wop May and Punch Dickens are featured, alongside not so well-known fliers, for a balanced view. I was surprised not to find Grant McConachie's name among them though, although he is mentioned in the introduction. Many of these fliers began their careers in the Royal Flying Corp, CAF and RCAF.

Of necessity the stories focus on the romance and adventure of bush flying, but the editors have made an effort to put the tales in context, by pointing out that most of a bush pilot's days consisted of routine, and of times boring, flying and these are the highlights.

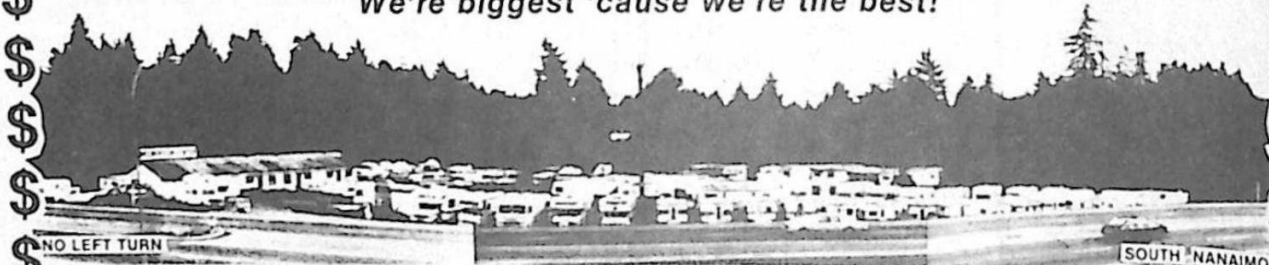
They also acknowledge, at the beginning of the chapter on engineer Sam McKnight, that, "Pilots of course were not solely responsible for the accomplishment of Canadian bush aviation - without their engineers, many a now-retired bush flier would have cashed in his chips long ago."

The only complaint I have is that some of the chapters are only 1 or 2 pages long, while others are 11 or 12 and one is 24 pages. I would like to have seen some explanation for this, whether it was because the fliers concerned were not alive when the project was begun and what is printed is someone's remembrance of a conversation from long ago, or whether they simply had little to tell.

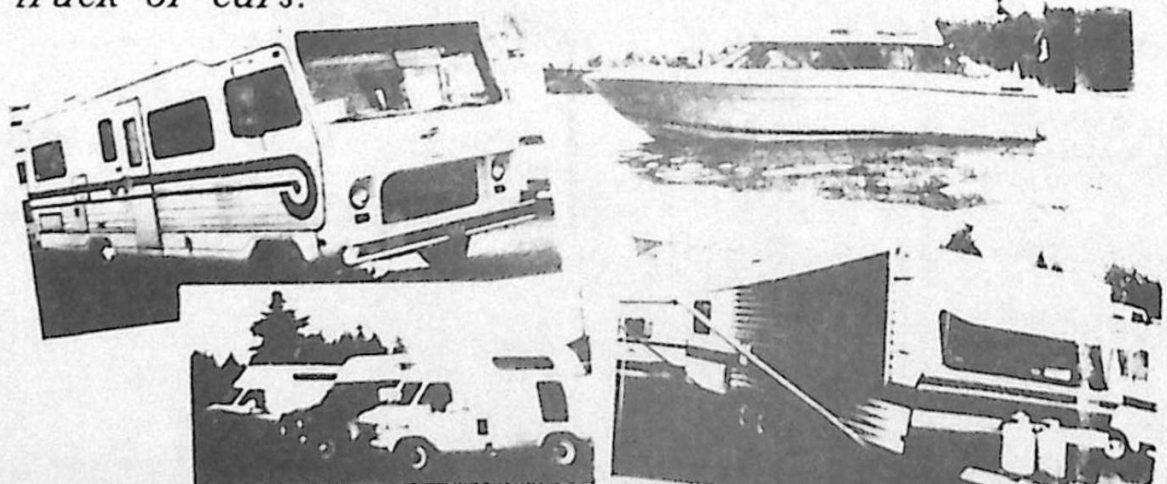
Overall a good and fascinating book which makes its point - that Canadian aviation in the years between the world wars was as good as anywhere in the world.

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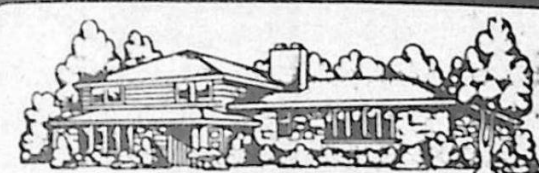
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# Around & About



## Pipes & Drums will Ring Thru Valley

The Comox Valley will come alive with the stirring sights and sounds of pipe bands competing in the 17th Annual B.C. Legion Highland Gathering on Saturday, June 22.

The all-day event -- being held in the Valley for the first time -- will take place in Courtenay's riverside Lewis Park followed by a gala awards banquet in the evening at the Comox Valley Sports Centre.

Sponsored by Courtenay Br. 17 of the Royal Canadian Legion, the Gathering features competitions for bands, as well as individual pipers and drummers. Traditional Highland sports, such as the caber toss, are also included in the day's events.

Legion pipe bands expected to compete include: Courtenay, Campbell River, Lantzville, Duncan, Powell River, Sechelt, Abbotsford, Maple Ridge and Burnaby.

Admission to all the park events is free. Food concessions and a Bavarian Garden will be available throughout the day.

The evening banquet features a performance by Comox musician-comedian Kenny Shaw, who recently won the B.C. Danny Award for 'Entertainer of the Year'. A

limited number of tickets are available to the general public from the Courtenay Legion, Comox Legion, Goodwill, Carousel Dairy Bar at the Driftwood Mall and Woodland's Drugs.

The day starts off with a colorful street parade competition at 9:15 a.m. from Lewis Park, up Fifth St. to England Avenue. Each of the competing bands will march off at three minute intervals after being inspected in the park.

CFB Comox commander Col Kadonoff will take the salute at the reviewing stand in front of Graham's Jewellers on Fifth St.

At 10:15 a.m., all the bands will form up into a massed band for the march back down Fifth St. to Lewis Park and the 10:30 a.m. opening ceremonies, which will include a massed band rendition of Amazing Grace.

Individual competitions in piping and drumming start at 11:15 a.m. Contestants, ranging from beginners to the accomplished, compete in categories such as march, strathspey and reel, jig, slow airs and piobairead. And the drum majors will strut their stuff in a special competition.

The caber toss, tug of war and sheaf toss will also be held during the afternoon. These events are open to any member of the Royal Canadian Legion and competitors can enter on Saturday, providing they show a valid Legion membership card. Tug of war teams shall consist of eight pullers, one coach and one spare.

The band competitions are scheduled to start at 3:15 p.m. in the Class C and Class B categories. Competing bands must play a five minute medley of tunes such as marches, strathspeys, slow airs, jigs, reels and hornpipes.

Doors open for the evening awards banquet at 6 p.m. in the Sports Centre, with dinner at 7 p.m., awards at 8:15 p.m. and dancing to Kenny Shaw from 9 p.m. to 1 a.m.

Highland Gathering organizer are hoping for a good turn-out of spectators for the parade and events to support the local and visiting bands.

Further information about the competition or banquet tickets available from the Courtenay Legion.

## Expo Update



## It Will be the Celebration of the Century in '86

One the scale of the world's most beautiful cities, it's said to rank third, behind Rio de Janeiro and Hong Kong. Vancouver, Canada's Pacific paradise, nestles between mountains and sea, easily reached by land, sea or air from anywhere in the world.

But Vancouver is not content to rest on its laurels. In less than one year from today, this city of just over one million people will host the world at what promises to be the biggest North American tourist attraction for the rest of this century.

Between May 2 and October 13, 1986, an extraordinary world city -- EXPO 86 -- will rise in the heart of Vancouver, British Columbia.

Millions of visitors and more than 70 international participants -- countries, states and corporations -- will converge on this "city within a city" to explore the 1986 World Exposition, making it the celebration of the century.

The two EXPO 86 waterfront sites, linked by a brand-new regional rapid transit system, cover a total of 70 hectares (173 acres) in the heart of downtown Vancouver. Minutes away are major hotels, theatres, restaurants, shops, parks, beaches, historic Gastown and Chinatown (the second largest Chinatown in North America after San Francisco's).

With 34 international participants already committed, and as many as 40 expected in all, every continent will be represented at EXPO 86. For the first time in North America, the U.S.A., U.S.S.R. and People's Republic of China will be together at a North American exposition, in the three largest pavilions on site.

On the grounds, visitors will stroll from attraction to attraction along a broad boulevard, or travel overhead on either a monorail or a gondola system. Over 80 pavilions will offer unique exhibits and entertainment. And the food! More than 90 outlets will feature international flavours from around the world.

Cosponsored by the Royal Bank, a star-studded World Festival of music, dance and theatre will be a major part of EXPO 86. Together, the Royal Bank and the Expo 86

Corporation will host more than 300 events in Vancouver's three leading venues. Performances by the great classic companies and artists of our time, as well as the most popular new entertainers will bring the world's top entertainers to the city. On-site, 14 areas including the 1500-seat International Amphitheatre, the 4500-seat Expo Theatre, cabarets and bandstands will stage a continuous round of entertainment.

A constantly moving cavalcade of clowns, jugglers, minstrels, dancers and even robots will stroll EXPO 86 as part of more than 14,000 on-site cultural activities. International days and specialized theme weeks, featuring everything from Tall Ships to space ships, will evoke the marvellous diversity and exuberance of a great international gathering.

Every world exposition since the first Great Exhibition of 1851 has given the public a chance to marvel at new scientific and industrial inventions. Plastic, elevators, plexiglass, aluminum, typewriters and television all made their debut at these events.

And tunes like "Meet Me in St. Louis", ice cream cones, Sally Rand and the ferris wheel all owe their starts to world expositions, which are just as famous for their entertainment side as for their educational.

For five-and-a-half months, visitors will explore the world's

great adventures in transportation and communications, the theme of EXPO 86. From windjammers to space shuttles, from Marconi to satellites, humanity's accomplishments on land, on sea and in the air will be honoured.

Over 15 million people will click through the turnstiles to discover a "World in Motion - World in Touch". A showcase for technical achievements, EXPO 86 will be an international forum for the world's foremost scientists and educators, artists and inventors to share their visions of the future.

Vancouver is raring to show the world that it has what it takes to create the most spectacular World Exposition since Canada set the pace with Montreal's Expo 67. International observers are already saying that, at this stage, EXPO 86 is the best organized and best developed Exposition in recent memory.

No city could provide a more striking site for EXPO 86, nor a more appropriate one. In 1986, Vancouver celebrates its 100th birthday, and Expo is a major part of the year-long festivities. All of British Columbia is joining in the party. In a world in motion, Vancouver is the gateway to a world in touch.

To learn more about EXPO 86, write: EXPO INFO, P.O. Box 1800, Station A, Vancouver, British Columbia, Canada V6C 2X5.

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- Sound Station 286 5th Street, Courtenay
- Ticket Centre Driftwood Mall, Courtenay
- CAMPA Studio Hector Road, Comox



# Around the Base

## ST. MICHAELS AND ALL ANGELS PROTESTANT CHAPEL

**BASE CHAPLAIN (P):** Major G. Milne (arriving July)  
**CHAPEL:** St. Michael & All Angels, Wallace Gardens, Bldg #88  
**OFFICE:** Headquarters, Bldg #45, Room #48;  
 Telephone: 339-2211, local 2273.  
**SUNDAY WORSHIP:** Each Sunday - 1100 hours.  
**HOLY COMMUNION:** First Sunday of the month.  
**SUNDAY SCHOOL:** From September - May for all children from age three to fourteen.  
**JUNIOR/SENIOR CHOIR:** Commencing in September.  
**LADIES GUILD:** Meets once monthly September - June.  
 President: Mrs. Joyce Brown; telephone: 339:2685



## OUR LADY OF THE SACRED HEART CHAPEL CFB COMOX, B.C.

**BASE CHAPLAIN (RC):** Padre J. Dabrowski  
**CHAPEL:** Our Lady of the Sacred Heart (on Base)  
**OFFICE:** Headquarters, bldg #45, Room #48; telephone: 339-2211, local 2274  
**MASS SCHEDULE HOURS:** Saturday - 1900 hours.  
 Sunday - 1000 hours.  
 Week Days - 0900 hours.  
**BAPTISMS & MARRIAGES:** By appointment - notice well in advance please.  
**CATHOLIC WOMEN'S LEAGUE:** Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. (No meetings during July/August). President: Mrs. Edna Sinclair, telephone: 339-6883.  
**PARISH COUNCIL:** Second Wednesday/month at 1300 hours in Parish Hall.  
**CATECHISM CLASSES:** From September - May in the PMQ School at 1830 hours.

## CFB COMOX MILITARY CHRISTIAN FELLOWSHIP



Meetings held from Monday to Thursday from 1130 - 1230 hours in the R.C. Parish Hall next to the Tennis Courts.

## Cycles & Cars

### ... a plea for harmony

Every year numerous bicycle safety campaigns are launched, aimed at warning cyclists of the dangers of the road, offering safety tips and reinforcing responsible riding practices. In spite of these annual crusades however, the number of fatalities is on the increase. Last year alone, some 125 cyclists died on Canadian roads.

The reasons are evident. Bicycles, because they are light, compact and manoeuvrable, tend to give the cyclist a feeling of freedom and security especially for those who have "mastered" the art of riding. Unfortunately, it is also these very things that make the bicycle so vulnerable in traffic. And this, coupled with motorist and cyclist attitude, make for a dangerous combination.

For example, I have observed motorists failing to yield the right of way to bicycles, making turns into cyclists forcing them to abandon their spot on the road or be run over, and opening car doors while parked without regard for approaching cyclists. Also, on several occasions, I have witnessed cyclists being forced onto the unpaved shoulder by motorists who either didn't see the bicycle or didn't care.

On the other hand, cyclists are not altogether blameless either. They are notorious for disregarding road signs; for some reason STOP, YIELD and other basic signs simply do not exist for many. I have also observed cyclists riding on the wrong side of the road, turning without looking or signalling and darting in and out of traffic at will.

From these observations it is obvious that both motorists and cyclists need reminding that bicycles are deemed to be vehicles and must conform to traffic rules and regulations but, at the same time, they are entitled to their share of the road and to the same consideration as if they were operating a motor vehicle.

Fortunately, the Canadian Cycling Association, aware of these trends and disadvantaged position of the cyclist has taken the lead by accepting the responsibility for initiating programs aimed at instilling a more positive attitude. Recently, they have done this by launching a publicity campaign that is directed at both cyclists and motorists in an effort to promote mutual understanding and respect. Other safety oriented programs include emphasis on Safety Weeks which are held throughout the year and the continuous public awareness campaigns offered through the media. In addition, the Canada Safety Council, Cycling committees and others have contributed to the public education process through a variety of innovative programs.

Surely then, with this ambitious groundwork already in place, there should be no reason for any driver or rider not to be fully conscious of, nor sensitive to the rights of the other person when it comes to sharing the roadways. The impetus has been provided; the onus is now on us to make it work. And who knows, if you make that first attempt to demonstrate responsible road etiquette perhaps the other person will reciprocate with the same respect.

Let's make it happen this summer!

## Across my

### kitchen table

— by Rosemary Gibson



## FROZEN MINT MELLOW

### Ingredients:

40 plain chocolate cookies  
 ¼ cup melted butter  
 ½ cup milk  
 32 large marshmallows  
 ½ cup creme de menthe (green or white)  
 1 pint whipping cream

### Method:

Crush cookies. Combine with melted butter. Set aside ½ cup crumbs for top. Pat the rest of crumbs into bottom of a 9" x 9" pan. Heat milk in top of double boiler. Add marshmallows, stirring until melted. Cool slightly. Stir in creme de menthe. Chill until slightly thickened. Whip cream until thick. Add marshmallow mixture. Mix together. Pour onto cookie layer. Sprinkle with reserved ½ cup of crumbs. Freeze until firm, 6 to 12 hours.

### HINT:

When painting the ceiling, you can prevent drops from landing on your head by simply sticking the paintbrush through the middle of a small paper plate and securing it with tape.

### THOUGHT FOR TODAY:

Life can only be understood backwards; but it must be lived forward.

## FATHER

*Not in a formula or phrase  
 Can a father be captured,  
 But in a momentary,  
 Fleeting knowing,  
 As in a special need,  
 Or when the heart breaks,  
 A father stands by  
 And in his love and wisdom  
 Troubles depart,  
 And in his eyes, warm light  
 Erases heart's night.*

— Gladys McKee

Here's a recipe that is positively decadent. It should be a real hit with the family on Father's Day.

Courtesy Trenton Contact



Padre J. Dabrowski, Base Chaplain (RC), Col E. Landry, Command Chaplain (RC) and Padre R.E. Risch, Base Chaplain (P), shown during the dedication of the newly created Pioneer Olympic Flag. Also in the photo are participants of the Pioneer Olympics which took place in the CFB Comox Rec Centre, 18 April, 1985.

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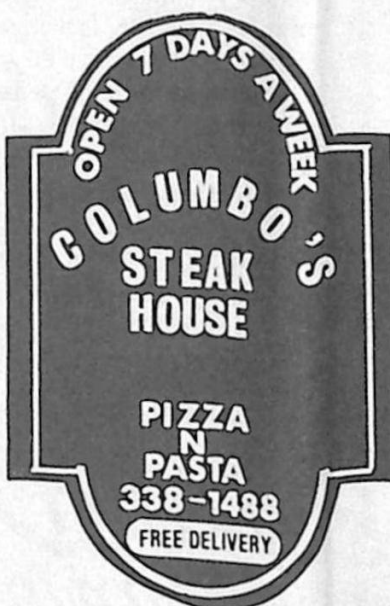
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## Sleepwear for Children

Each year, 18 to 20 Canadian Children under 9 yrs of age are severely burned and 1 or 2 die due to the ignition of sleepwear. Most sleepwear burn injuries are caused by children investigating, experimenting or being careless with ignition sources when their parents are not around. Playing with matches, lighters or stoves are the primary cause of sleepwear fires.

All fabrics used in children's sleepwear will burn, but some ignite easier and burn faster than others.

Tightly woven, heavy fabrics are safer than light open fabrics. Flames tend to spread more quickly over fabrics that have a raised fibre surface such as flannelette. Cotton, rayon, acetate and acrylic fabrics ignite readily and burn faster than nylon, polyester or wool fabrics. Whereas, modacrylic, poly-vinyl chloride and cordelan fabrics will not continue to burn once the ignition source is removed.

The style of sleepwear chosen by parents for their children does make a difference. Loose and flowing nightgowns with wide sleeves and shirts can contact ignition sources more readily and will burn rapidly once ignited.

Close fitting pyjamas or sleepers with tight cuffs or waists are less likely to catch fire and burn more slowly.

To prevent sleepwear burn injuries, sleepwear should be chosen wisely, matches and lighters should be kept out of the reach of children, and children should not be allowed to play around stoves or heating appliances. Moreover, children should be taught to stop, drop and roll if their clothing starts to burn. These simple rules can help to protect children from the tragedy of sleepwear fires.

For additional information, please contact: Consumer and Corporate Affairs Canada Product Safety, R. Kemp, 10225-100 Avenue, Edmonton, Alberta, T5J 0A1, (403) 420-2480



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## Miss PNE Pageant

Canada's largest and longest running pageant will be bigger than ever this year. Due to its popularity and pressure from many British Columbian communities, the Pacific National Exhibition is expanding its Miss PNE Pageant to include five new contestants.

They will represent Burns Lake, Chemainus, Kitimat, Osoyoos and Terrace. This brings the total number of communities represented on August 20 at the 37th annual Miss PNE Pageant to 45.

Each contestant is the winner of her local community pageant, an event sponsored by a local corporate or community group. "That's the great thing about the Miss PNE Pageant," says Laura Leard, Miss PNE 1984, "We're all winners."

Each contestant spends five days in Vancouver, arriving the day before the opening of the annual PNE Fair. They are judged throughout their stay, on stage and off, during an exciting whirl of social functions, tours and rehearsals.

Their judges are well known personalities, usually from the Vancouver area. In past years they have included fashion industry experts, leaders in the cultural and business community and media and sporting personalities.

They assess the girls in seven categories - charm, personality, deportment, beauty of face and figure, public speaking, intelligence and special talents.

On the first Sunday of the Fair the contestants are the centre of attention at the traditional Miss PNE garden party, held at the Sheraton Villa. This informal occasion gives contestants and judges the chance to meet and chat in a relaxed, poolside atmosphere.

Then on Monday, August 19 all contestants take part in rehearsals, followed on Tuesday by the most exciting night of their lives. Miss PNE 1984 will never forget her crowning, "I relive that moment so many times," says Laura. "A whole rush went through me."

A second crown is awarded to the first runner-up, Miss Lady Fair,

who joins with Miss PNE in representing the PNE during the following year.

Together they share more than \$10,000 worth of prizes. For the lucky Miss PNE 1985 that includes \$1,000, a trip for two to the sun and a brand new GM car for her to use throughout her reign. Both she and Miss Lady Fair also win a new wardrobe, a gold bracelet, a photograph album of their reign and, of course, a lifetime pass to the PNE.

The 1985 annual PNE Fair runs for seventeen days from August 17 to Labour Day, September 2. The Miss PNE Pageant is held at the Pacific Coliseum at 7:30 p.m. on Tuesday, August 20 and is free for everyone to attend and enjoy.

**Editors note:** The Comox Valley entry is the lovely Aundrea MacDonald. She is sponsored by the Comox Valley Winter Carnival Society. We from CFB wish you well Aundrea.

## Round The Island '85

On the weekend of July the 6th an attempt will be made to circumnavigate Vancouver Island by boat in less than 24 hours. This is a distance of approximately 550 nautical miles, and it is hoped to complete the run in less than twenty hours. Obviously this requires a special boat, and for this attempt a Zodiac Mark 6 rigid-hulled inflatable has been chosen. Twenty four feet in length, and powered by two of the OMC 115 hp SeaDrive outboards, the Zodiac will have to average 30 knots to complete the circumnavigation in twenty hours.

The Zodiac, prepared in the Victoria area, will be manned by two members of the Canadian Coast Guard and two members of the Sidney Unit of the Canadian Marine Rescue Auxiliary. The object of the run is to be a practical demonstration of co-operation between the CG and CMRA, to demonstrate the endurance of SAR equipment and personnel, and to help raise funds for CMRA capital expenditures.

The Western branch of the CMRA has over 750 Auxiliary members, and about 300 vessels, all manned by volunteers, with no remuneration whatever except reimbursement for the fuel used

while responding to an incident. These range from a simple engine malfunction to a life-threatening situation. To raise funds for the purchase of specialized equipment "pledges" of so much per mile are being solicited, and donations are being accepted. Both forms of contributions are tax-deductible and receipts will be issued. Members of Comox Valley Unit 60 CMRA are asking the public for support at this time. It is perhaps unfortunate that funds for such worthy causes have to be raised in this manner—it would be better if cancer research, search and rescue and other good works could be funded directly without the Terry Foxes, Steve Fonyos, United Ways and round The Island Zodiac Race against the clock.

The Zodiac will leave Victoria

Harbour early in the morning of the 6th of July, and proceeding clockwise up the West Coast should pass Comox in the late afternoon. Preparations are being made to refuel the craft while it is in motion, and this will be done several times enroute. The CMRA units enroute will assist in any way they can if required, and Unit 60 of the Comox Valley will be standing by. It is hoped that the boating public in this area will support the project financially as Unit 60 is highly regarded for its 24 hour coverage to render assistance to boaters in distress. In fact, Unit 60 was the fifth busiest unit in the Western Region last year, being surpassed only by those units near Vancouver and Victoria where there is a greater number of boaters to draw on, even at that the highest number of incidents at the top unit was only eleven more than at Comox.

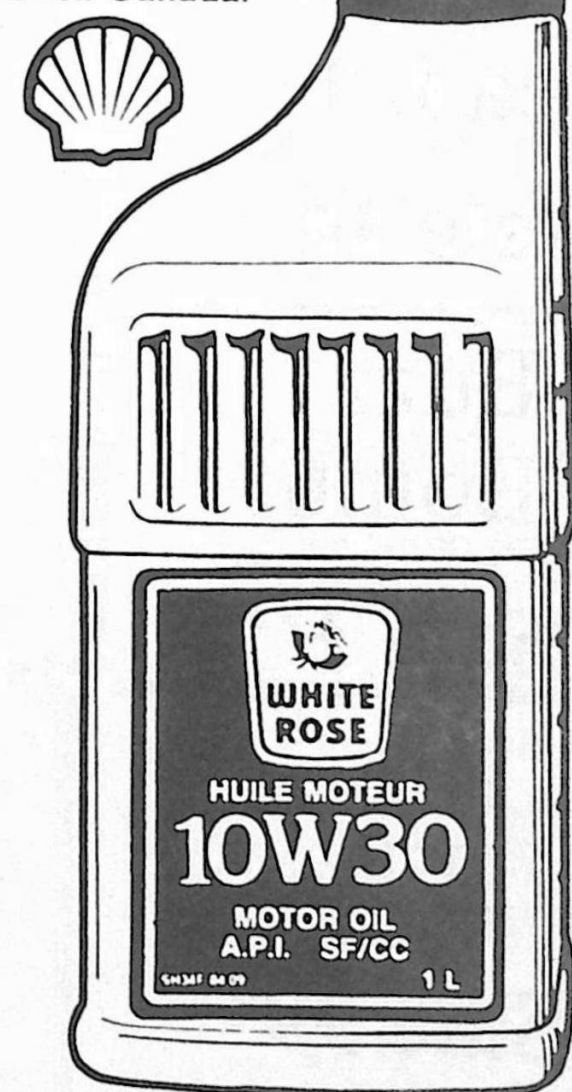
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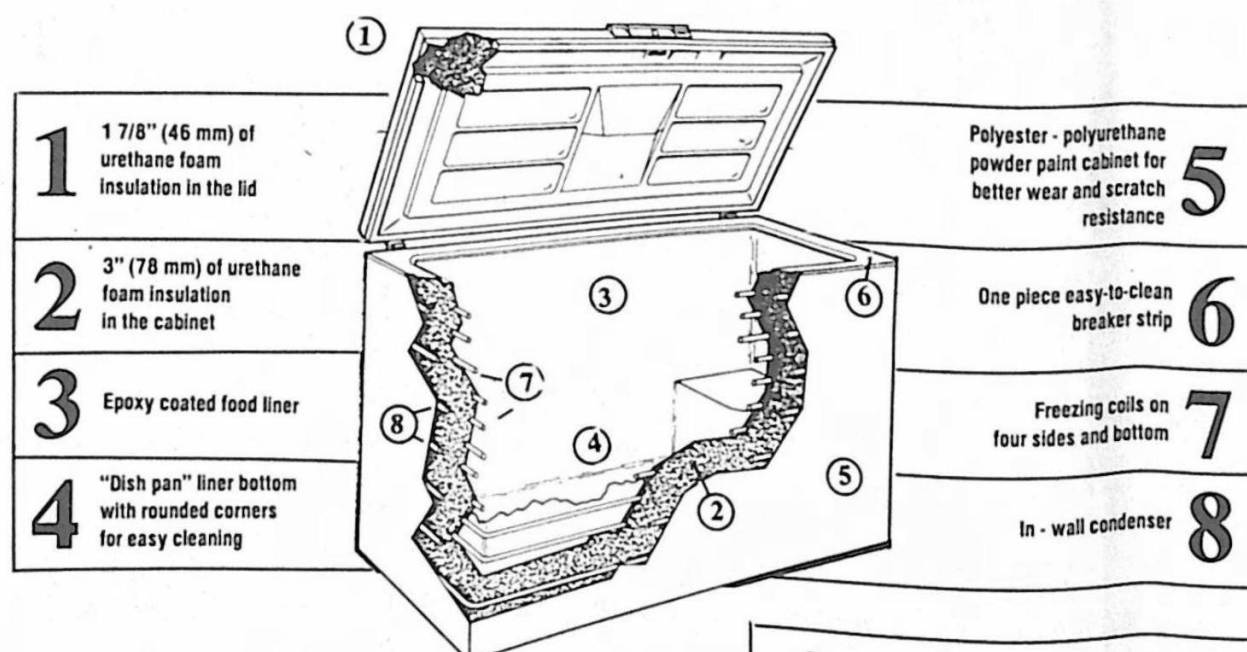
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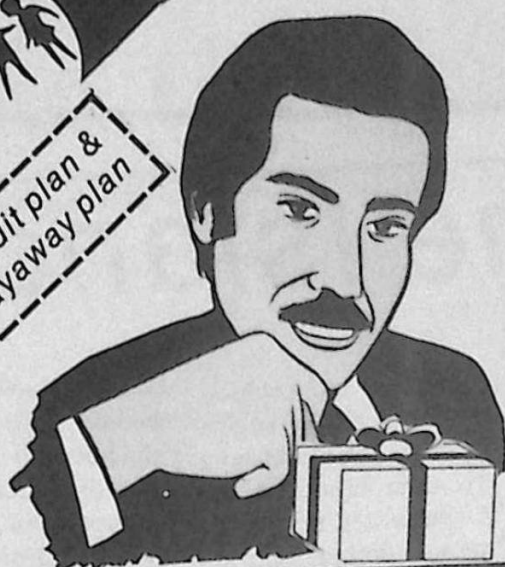
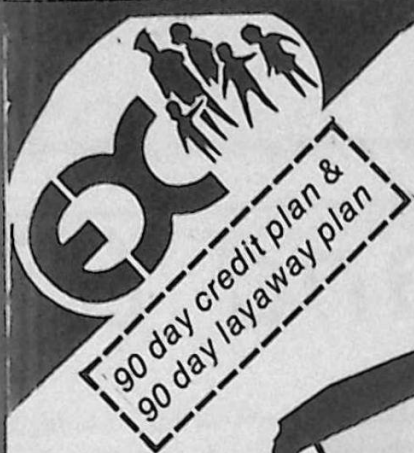
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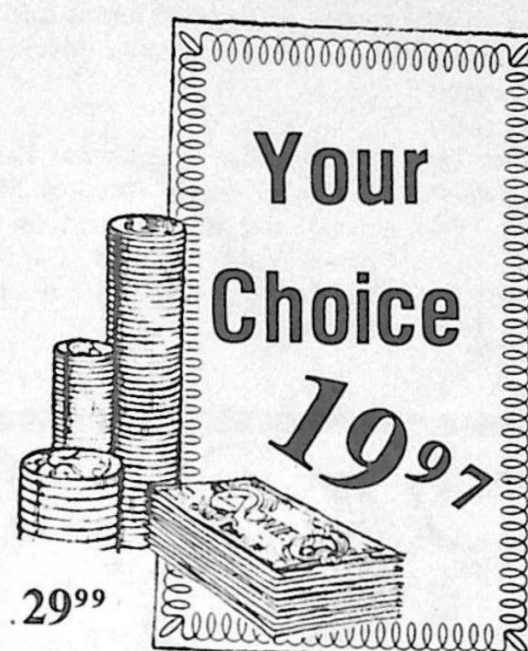
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