



# TOTEM TIMES



Matrimony was the First Union to Defy Management

Vol. 27 No. 8 CFB COMOX TOTEM TIMES

THURSDAY May 2, 1985

Deadline is Monday May 13, 1985

COST: PRICELESS

## Whalekillers and T & R Guys Combine Efforts

# A Tough Day On The High Seas



In trouble . . . pounding seas caused the log load to break loose and shift on the floundering Garza Star.

It was an unnerving experience for 23 Korean crewmen of the ill fated bulk log carrier *Garza Star* last Tuesday.

The ship ran into trouble some 600 miles off the West Coast as she hit heavy seas that caused the load of logs to shift and forced her crew members to abandon ship.

The *Whale Killers* over at 407 and the *T & R* guys at 442 combined their talents and resources and were instrumental in the rescue of the crew members.

442 Squadron had a Buffalo sitting at Port Hardy in the early

morning hours and it was deployed shortly after the *Garza Star* distress call at 5 a.m. VP407 responded with an *Aurora* launch at 7:17 a.m. The aircraft carried life saving equipment to drop at the site of the stricken ship.

RCC spokesman said that the occupied liferaft was spotted around 10 a.m. along with the stricken *Garza Star* which was afloat and quite stable. It was significant to know this at the time because searchers were unable to determine just how many survivors were in the lifeboat.

The *Aurora* proved once again its usefulness in open sea SAR activities. It was able to vector a rescue ship to the site. The *European Venture*, an auto carrier was about 38 miles away at the time and arrived shortly after 11:30 a.m. The rescue was instituted and all lives were saved.

It's hats off once again to the gang at 442 and VP407. A superb effort from both was contributory to lives saved and another mission accomplished - **BRAVO ZULU**.

G.M.K.

## Heritage '85 . . . . . A Cause to Celebrate

From school children to corporation presidents, Canadians from all walks of life will be involved in Heritage '85 a nationwide Centennial celebration focusing on preserving the past for the benefit of future generations.

Heritage '85 marks the 100th anniversary of the establishment of the first national park at Banff, Alberta. From that beginning grew the world's largest national parks system attracting over 25 million visitors in 1984.

But Heritage '85 is more than a celebration of the national parks. It's a rallying call to all Canadians to become involved in preserving examples of Canada's historic and natural heritage.

Centennial events will range from students on exchange visits to the refurbishing of historic sites in rural and urban areas. Canadians are being urged to visit natural

parks and historic sites, take steps to protect threatened wild life areas and develop a richer appreciation of the nation's varied geography and history.

"There's a great tendency to place the preservation of our heritage low on the list of priorities," says Gerry Kristianson, Chairman of the National Parks Centennial Citizens' Committee, a non-profit body established to promote public participation in Heritage '85.

"If we delay too long, there may be little left to preserve. Through heritage '85, we hope to spark the interest of all citizens in the conservation of wilderness areas and the preservation of buildings of historic importance.

"We want children to become involved at school, making posters and exhibits for fall fairs illustrating a heritage theme. And

we'd like corporations to think seriously of sponsoring worthwhile heritage projects."

Heritage '85 is picking up where Canada's Centennial Year celebrations left off in 1967. Many Centennial projects became year-round tourist attractions for Canadians and visitors from other countries and the event itself focused attention on Canadians' links with the past.

"We have to be able to know and feel our own history, to understand who and where we are today in the context of where we came from," Kristianson says.

"We're issuing a special invitation to heritage conservation organizations, historical societies, nature groups, youth groups, corporations, government departments, municipalities and individuals to participate in Heritage '85."

## Pity the BOPsO

Bright and early one recent Sunday morning, a certain LCol and his wife managed to lock themselves out of their bedroom in the Norlite Lodge. In various states of undress, they tried to unlock the door with credit cards, ID cards, coat hangers, and brute force. To no avail, the sturdy DND lock would not give way. Our daring duo would have to make their luncheon date with the Base Commander a "Come As You Are Party".

Taking the lead, Mrs. LCol made the perilous and chilly journey down the hall to find our friendly neighbourhood Base Duty Officer. While Red Lead covered in a corner, looking rather "in the buff", Captain Susan Beharriell, the BDO, attempted a rescue with the

Master Keys. These, of course, did not work. Base Accommodation staff, dripping wet from an interrupted shower, could offer no assistance. Undaunted, the fearless BDO called for reinforcements. Within minutes, the Green Platoon from the Base Fire Hall and the Military Police arrived on the scene. Climbing an extension ladder, a helmeted MCpl Adams soon burst through the bedroom door, saving the day.

And so the Comox BOPsO was rescued from a fate worse than death, dress regulations were maintained at the luncheon, and Red Lead had a great time "stretching out" the story of his ordeal.

— Courtesy  
Cold Lake Courier

## Measle Immunization

Victoria -- A special campaign to immunize pre-school children against measles will be held throughout B.C. to May 10.

Health Minister Jim Neilsen said the aim of this campaign is to increase the immunization rate among pre-schoolers from the present 81 per cent.

"Measles is a highly contagious disease that can have serious effects on a child's health," he said. "While 95 per cent of B.C. children have been immunized against

measles by the end of Grade One, we would like to achieve that level of protection among pre-schoolers."

Measles vaccine is available free from public health clinics and family physicians. During the campaign period clinics will hold extra sessions convenient to parents of pre-schoolers.

Only one vaccination is needed to give protection against measles. Ideally, it should be given as soon as possible after a child's first birthday.

## Battle Of The Atlantic

On Sunday, 5 May we will again commemorate the Battle of the Atlantic. Church services and memorial parades will be held across Canada with the National Ceremony taking place at the Sailors Memorial in Halifax.

In this year, which marks the 75th anniversary of the Naval Service, it is appropriate that we all join in honouring the officers and men who contributed so much in keeping the vital sea lanes to Europe open. The Battle of the Atlantic was largely Canada's battle and through it, the Canadian Navy grew to be the third largest of the allied fleets, comprised mainly of little ships - the Escorts of the North Atlantic.

We honour as well the aircrews of the Fleet Air Arm and Coastal Command who contributed so much to the final victory in the Atlantic.

In our Wreath Laying Ceremonies, we will especially remember those who gave their lives. Their courage and dedication in the struggle against such a formidable foe serves as a model for all of us in uniform.

## "Fire Bug" For BFC



Fire bug arrives . . . Big Jim "J" the BFC stands proudly with crew beside his new "Fire Bug". When he heard Frank Grogan had gone to a compact he wasn't going to be outdone. The Bug comes equipped with pedals. Eat your heart out, Col Stuart!

## New Burgermeister For PMQ's

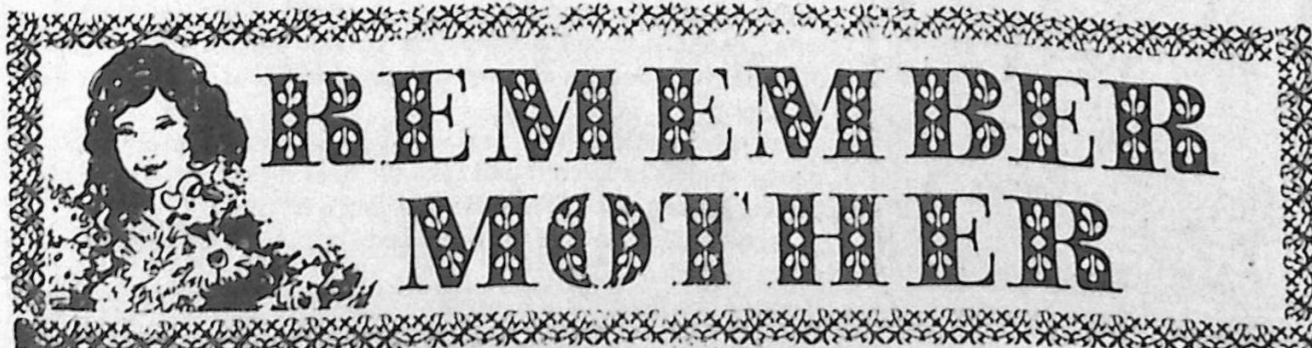
PMQ MAYOR

Capt Steve Harrison of VP407 Squadron took over recently as PMQ Mayor. Steve will be assisted in his tenure by MCpl Darcel Har-vey of the R & D Section, who has been appointed Deputy Mayor. Terms of Office are for one year.

Capt Harrison succeeds Sgt Al Rice who held the position for the last year. Thanks Al for a job well done.

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# Section News

## CP-140 Aurora DIAC Display and Control Course 8501 Graduates . . . . .



Courtesy Base Photo

Maj Crawford, A/CO VP407, recently presented Certificates of Military Achievement to Greenwood graduates Sgt O'Toole, MCpl Coates, Cpl McIlwain and VP407 graduates MCpl Haugen, Cpl Skidmore.

Front row (left to right): Lt Godbole, DSO, Maj Crawford, Sgt Paulekat DIAC Training.

Rear row (left to right): MCpl Wohlgenuth (instr), Cpl Cloutier (instr), MCpl Haugen, Sgt O'Toole, Cpl Skidmore, MCpl Coates, Cpl McIlwain, MCpl Halbersma (instr), Cpl Gallinger (instr).

## Base Supply

Once again, the latest gossip in Supply. Cpl Picard was replaced as DST by Larry Potter. Jack must think it's about time, right Jack!

I heard from a reliable source, that Shelley and Hutch are moving out of PMQs for a bigger place, and the rumour says that they're planning to have babies.

Martine Veldhuizen is gone for her JLC course, and guess who's hoping you pass it; the name starts with a D and ends with an E.

Karen Parrot is taking two weeks leave in Borden, must be a good reason, like going to see her boyfriend maybe? Have fun, Karen.

Looks like Matty is getting more grey hair, because of that computer going off for two weeks. So what does Matty do, phone the Pentagon instead of Borden. Got your wires crossed Matty, or what!

Last Friday night at the club was hypnotist night, and for some

unknown reason, six people from Supply ended up on stage, and what a party that was.

J.P. Ullock is thinking seriously about going into show business as the new Elvis, and Donna Middebrook is still trying to figure out what happened to her belly button. Did you find it yet Donna?

Shaun Price better not call anymore guys Tiny Tim especially at RV85, because we all know what happened last time he called somebody that name. Eh! Shaun are you from Virginia or Georgia, a lot of people are confused about that.

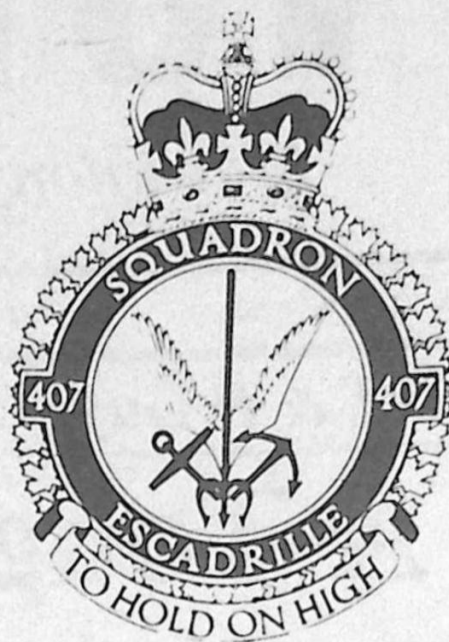
Wally Berger is looking for Mandays, not to be confused with Mandy, right Wally!

And in conclusion, on May 7th will be Gord Hodkinson's retirement dinner, everyone is welcome. We all wish God Good Luck for the future. Se ya all later.

M.J.

Remember Mother  
May 12, 1985

## Demon



## Doins

### AIRCREW

It would appear that VP 407 has become the prime target for an international skulduggery ring recently. Their motives are easy enough to recognize, as everyone is after a small souvenir from Canada's greatest ASW squadron, however, is nothing sacred? A recent deployment of VP 22 'BLUE GEESE' resulted in the disappearance of one of our most sacred momentos - our SQUADRON TRIDENT. LCol Rogers has been very despondent of late, having had his precious scepter purloined by some foreign kleptomaniacs. A Canadian contingent is presently preparing their plans for a trip to the Sandwich Islands to attempt to recover the stolen goods.

The 'Sub Busters' are presently basking in the glory of their victorious trip to the O'Brien Cup with the exception of Ralph Southern who is still on the road to recovery after fighting a bout with appendicitis. Things seem to be getting better with Ralph now that he has the undivided attention of his personal nurse, delivered to him all the way from northern California.

Speaking of Northern California, Grew Two recently returned from a successful deployment to NAS Moffett, where they participated in a Comptuex. Be advised that sunglasses should now be worn at all times while driving, to avoid the glare from the hundreds of pounds of chrome motorcycle parts which were obtained down there by a certain flight engineer and his sidekick observer.

A promotion was recently announced, that being Jim Lavigne who will be a Major as of October. Congratulations Jim.

One further congratulation goes out to Dave and Laurel Harris, as she recently gave birth to an eight pound bouncing baby boy. A lottery is presently being started to guess when the new fathers feet will once again hit the ground.

### PHOTO

ALOHA! We've returned this month just to let you know what us finger-pushers are doing.

We'll start by welcoming back Cpl Mike Valiquette. He has just returned from his pre-poet course.

Pte Ginette Duguay is leaving us again to go to Borden. NO, not to re-do her TQ-5 course but to go on a 26 course. (Automatic Film And Paper Processor Maintenance Course.) After her wonderful stay in CFB Borden, Ginette is off to CFB Greenwood, Nova Scotia for her pre-poet course. (Anyone who wants lobsters, don't let us know.)

Pte Richard Bonin is also going on a pre-poet course in CFB Greenwood. He's happy to announce that if you would like some beautiful East Trout - forget it. He ain't bringin' you back any.

Cpl Jean Pare will be leaving this wonderful kingdom on the 13 of May of this year. He has been posted to SITTU St. Margarets, New Brunswick.

Cpl Steen Larson will also be leaving this paradise. He has been posted to the lovely base of Summerside, P.E.I.

I just hope that with everyone going down East they won't take away our sunshine. They can take our RAIN and WIND but not our sunshine. We need every bit we can get!!

Us finger-pushers bid you all a farewell until next month this time.

So ... Salut! ... Bye - Heh! ... Goodbye! ... Chow! ... Al-Revader.....

### DIAC MAINTENANCE/ TRAINING

The Display and Control maintenance course is over for another year and we are suddenly wall to wall with bodies as the instructors become maintainers once again. Any loose ends on the maintenance side should be all neatly tied up

with so much talent available, before training starts up again on 29 April.

Posting season has arrived and MWO MacLean got his marching papers for Ottawa. Probably one or two more to come, but they are only at the rumour stage right now, so will await something more official.

Capt Murphy wishes to advise all concerned that he is still accepting DIAC fund dues, and preparations for our annual Spring Thing are underway.

Congratulations to Marty Wohlgenuth on receiving a Suggestion Award for the tape tension thingamajig.

### MAINTENANCE/ENGINE BAY

Well here we are in Maintenance (the nerve centre of VP 407 Squadron!?) in limbo between periodics 109 and 116. The slower pace has caused several of our finest technicians to experience symptoms of the servicing syndrome.

Not much to say in the way of moves or internal transfers this time around, although rumor has it that our IE Tech, Joe Bogdan may soon be skidding down the Alps as opposed to the Canadian Rockies. He received his screening message last week. The only other movement around here will be Nobby Clark's T.D. (Vacation) to sunny Jacksonville, Florida for a prop course.

In Maintenance we are becoming very family orientated lately. Paul Tehonchuk recently added a new member to the family, (Stephanie) a bouncing baby girl, and we have the complete Saunders clan on our side (all three and a half of them).

As for all the rest of us in the Maintenance organization we are awaiting a fairly large section meeting. WO Ronayne's voice is back and we're sure he'll have plenty to say.

## OFFICERS' MESS

May, 1985

### Mondays to Fridays COFFEE HOUR

Coffee will be served in the Lounge daily at 1000 hours.  
Dress will be dress of the day.

Friday, May 3

### MONSTER TGIF/GAMES NIGHT

1700 - 1800 hours. Clam chowder and pizza will highlight the menu. There will be no charge for the evening so come out and enjoy yourself.

Wednesdays, May 8 and 22  
OWC BRIDGE CLUB

Fridays, May 10, 24, 31  
REGULAR TGIFs

Food 1700 - 1800 hours. Free taxi - ask at Bar.

Friday, May 17

### MONSTER TGIF-- HOST THE

AIR FORCE OFFICERS ASSOCIATION OF VANCOUVER IS.  
BBQ steaks, baked potato and salad will be served 1700 - 1900 hours. Dancing to DJ will follow 1930 - 2330 hours. There will be no charge for this evening so come out and Welcome the Air Force Officers Association of Vancouver Island.

Wednesday, May 15

### OWC WIND-UP DINNER

1900 - 1930 hours. Tantalize your taste buds with beef stroganoff, seafood casserole and baked Alaska. Good-bye's will be made at this time for members being posted. So please attend the last meeting of the year. Tickets are \$10.00 per person and are available from Pam Holbrook at 339-7712 or Eleanor Duguid at 338-0089.

Sunday, May 12

### MOTHER'S DAY BRUNCH

Menu will include Breakfast Menu, pancakes, salad bar and "Make your own" sundaes. Brunch will be served from 1130 - 1330 hours. Cost per person: adults - \$6.00, children - \$3.00. Tickets to be purchased at the Bar. Dress is casual. No reservations required.

Saturday, May 25

### SEAFOOD NIGHT

Dinner at 1900 hours will be followed by dancing 2100 - 0100 hours to the music of Meyer and Gooding. Cost per couple: members - \$30 guests - \$35. Dress is casual. Reservations should be in to the Mess Manager by 1200 hours Wednesday, May 22.

## WOs' & Sgts' Mess

Saturday, 11 May 1985



## Spring Ball

DANCE TO "THE CHECKMATES"

COST: \$20.00

FOOD: Hip of Beef with all the trimmings.

TIME: 1900 - 2100 hours.

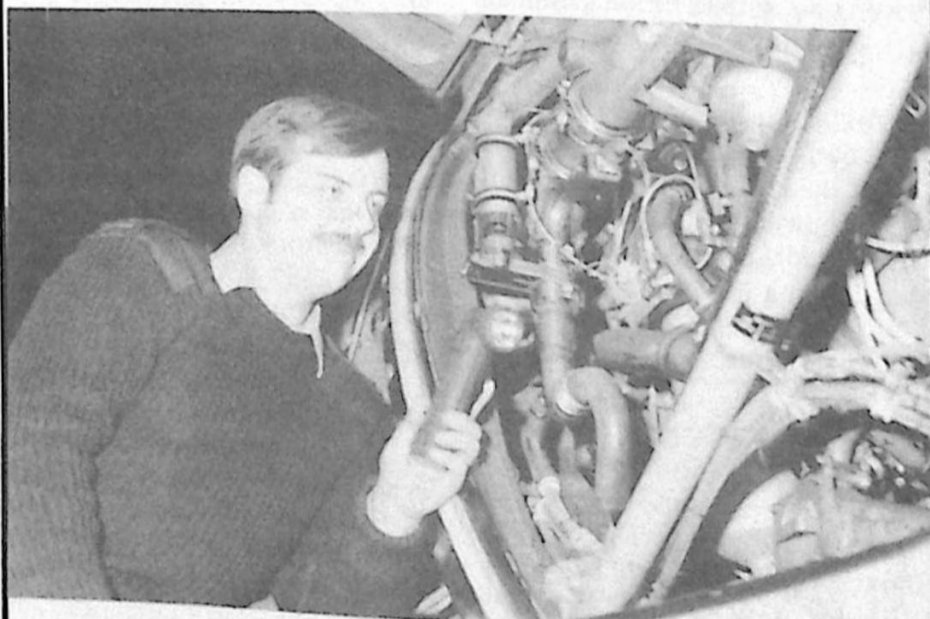
Corsages for the ladies!

Reserved Seating.

Tickets on sale at the Mess Manager's Office or by acquaintance roll.

TGIFs: May 3, 10, 17, 24, 31

## Tech of the Month



The Demon Tech of the month of April is Cpl Perry Gardiner. Cpl Gardiner, an Aero Engine Tech is a member of the number one Servicing Crew. He joined the Forces on 13 May 1977 in Montreal, initially as a Signaller. Later, he trained as an E.L.M. Tech and then his present trade. After his Aero Engine course, he joined 407 Squadron in July 1979.

His most interesting experience in the Squadron occurred on 20 Oct 1984. While doing a Sup check on A/C 109 he noticed smoke coming from the starboard wing. On closer inspection, he realized there was a fire, which he quickly extinguished.

Cpl Gardiner is married to a girl from the Comox Valley. His wife Joanne just had a baby boy on Jan 19; they named him Jeremie Noel. Joanne also works hard at her trade as a Domestic Engineer.

In his spare time Perry likes working on old cars. He also builds plastic models of aircraft and cars. He likes riding his motorcycle, playing hockey and softball. He also likes a bit of skiing.

Perry is going on an F18 course and hopes for a posting to Germany to work on F18's. Best of Luck Perry!!

M.V.

# Section News

## BAMSO NEWS

Those of you who have read this column before are aware that we have so many shops that it would take a whole paper just for BAMSO if they were all to write for the same issue. To get around that problem they take turns, and for this issue you will hear from Armament, Safety Systems, and Non Destructive Testing Sections. First of all let's hear from Armament.

### BASE ARMAMENT

Greetings and salutations from the wide, wonderful, wacky world of Base Armament. It's been a long time since there has been any representation in the local *Fish-wrapper* from Armament, but we finally found somebody who can write.

For a moment let me bring you up to date on happenings within the trade. All the POET and XG/XH courses that our personnel have been slaving over for the past six or seven years have finally paid off. A new trade has been structured from the old 571 W Tech-A trade. The new trade is 572 AWS Tech (Air Weapons Systems) and is in the specialized pay field. Our personnel have the opportunity to take the training and remuster. No more 571s will be trained in CFB Boreddom and thus the old trade will be allowed to die a natural death with its final gasp projected for 1987.

Happenings around the section? Well the WSA Section moved from the old WSA (Building 118) into Building 31 with the rest of Base Armament last year. Now they have moved back into Building 118 with all the rest of Base Armament, including Small Arms, EOD, Bomb Dump and our illustrious leader WO Ireland. We all come under the wing of the ArmAvO, Capt Williams, and are part of parcel of the BAMSO organization.

A welcome back into the fold goes out to Pte Don Wilson and Pte Dave Koens, who have just completed their POET course at Kingston and Borden. Welcome also to our charming new addition, ARAF Cpl Linda Patterson. We hope that she does not scare easily and that she has a good sense of humor.

Postings are slow in coming this

year, however our resident Weapon Tech Land, MCpl (recent) Gerhard (Fed) Eichler, is being screened for a posting to the land of turret tops and zipper heads (a pun) in Lahr, CFE. Also being screened for Baden, presently on his XG/XH course, is Cpl Jeff Fairweather. Congratulations are in order for Cpl Yvon Gagne and his wife Susie (also a Cpl) on their recent marriage. While on the topic of marriage, Pte Caroline Maillet will be tying the knot this summer with her fiancé Pte Steve Wilson, another Armourer on 407 Squadron. July 1st is the big day.

Our last BAMSO ski day proved to be a big success for CF18 Russ and his partner in crime, Big Frank. They posed for pictures that Sgt Al Rice took when he wasn't practicing his downhill roll.

This past week we have been especially busy around the section with all the Bomb Dump personnel moving into Base Armament. Sgt Jim Lewis led the attack into Building 118 and even found himself a desk (Sgt Heibert was away on leave). Small Arms Training was also carried out in our classroom and on the range under the capable instruction of the Small Arms Section.

That about wraps up the Armament Report for this time frame but before the next report we'll send out our spies and I'm sure we can come up with some real tasty rumours. This is the Phantom Armourer signing off for now then.

### SAFETY SYSTEMS

Well here it is folks! The long awaited continuing saga of the Base Safety Systems Section; the place where technicians strive to be in more than one place at one time.

Congratulations to Cpl Morrison (who at this time is absorbing the southern rays at Moffett Field, California with 407 Squadron) for the skiing award she received at the Pacific Regionals.

We would like to welcome an addition to our happy family. Cpl Ransberry arrived straight from his TQ3 course in Borden. We hope you and your family enjoy your stay in Comox Ed. Also goodbye to Pte Koning who left for Cold Lake and Exercise Maple Flag on April 26. We will welcome her back again

on May 28th.

As the retirement age draws near we're hoping the "old guy" sticks to his guns and decides to stick around for a while. Congratulations are also in order for MWO Boyd on his recent promotion and we are sorry to say that he is being posted to bigger and better things in Ottawa. We all wish you good luck in your future endeavours.

Until the next exciting issue of The Safety Systems Saga then we wish you bon voyage.

N. D. T.

What is NDT? Some may say that NDT stands for Nothing Doing Today or Nothing Doing Tomorrow. NDT stands for Non Destructive Testing, which does not mean we test new space age weapons. In actual fact NDT is the practice of evaluating a part or material for serviceability or non-serviceability without impairing its future usefulness. The methods we use are Ultrasonic Testing, Radiography, Electromagnetic Eddy Current, Liquid Penetrant Inspection, Magnetic Particle Inspection, and last but not least, S.O.A.P. (Spectrometric Oil Analysis Program).

We are responsible for NDT support to all the various squadrons around the Base, doing work on the hangar floor as well as in the shops. We are also responsive to other sections such as CE, Bake and Wheel, and whoever else needs help.

Well now that you all know what NDT is I will introduce the personnel in the shop. First of all we have our main man, Sgt Hal Schulz. Hal has been with us now for two years and is being posted to ANDU Trenton this summer. Next we have MCpl George Bigelow, the salt water fisherman of this season. George thinks of himself as "Captain Highliner". Then there is MCpl (brand new) Mike Hope, better known as Nine Tonight DJ. Mike will be getting married this summer as well as being posted to Shearwater. Good luck Mike and may the force be with you.

I guess that's all for this time and if anyone is interested just drop around and we will give you a tour of the section.

VU



33

### Aircrew

Over the past couple of weeks, Sqn aircrew have been busily working on several new equipment trials. Wayne Lachapelle has been testing a new two-tone flight suit for Tracker aircrew. This new garb can best be described as a basic tan flight suit covered with interesting patterns of black dots. Says Lach, "The conversion to this style of flight suit will be easy to implement, as aircrew need only stand near a Tracker engine on a windy day and -- presto!"

Details are sketchy at this time, but word has it the CO is heading up an evaluation team testing the F.L.O.D. (Forward Looking Optical Device) as it pertains to Tracker operations. F.L.O.D. systems have been in use by civilian operations for years now, and conversion to mil. specs. is not expected to exceed \$1,800 per copy. It is still early in the trial; however, some feel that a Tracker co-pilot operating the F.L.O.D. system in the 20/20 mode can do just as good a job of locating contacts as some CP 140 crews. 407 Sqn was unavailable for comment.

Congratulations are in order to the Reimers and Bekolays, as both families have recently had new additions to their families. Always one to take advantage of a situation, Dave Bekolay must be trying to ensure a good posting by naming his new son Trevor.

You can tell *Spring Fever* has hit when everyone takes a keen interest in fixing up gardens and lawns. The Owens' neighbours noticed Kathy taking an unusually close look at her grass the other day. She was down on all fours closely inspecting the lawn. Looking for weeds? Winter-kill? Insect larva? *NO - green jelly beans.* The boss forgot to explain that the green jelly beans he brought her home from Sandspit were for occupying the kids -- not her. She spent hours out there searching for them. Next time, tell the kids, not Kathy about the jelly beans on the lawn.

-Anchor 92



Who are these guys? . . . . . This group of imposters recently showed up at the Officers' Mess dressed in their (semi) formal togs. Rumor has it that their frustration was due to being overlooked in the invitations to the Secretaries Day Dinner. They left quietly after receiving milk & cookies.

Courtesy Base Photo

### TECH SIDE

First off, I would like to thank Rob Butler for covering for me on the last article. I think you would agree with my thoughts *Not bad for an IE Tech.* Rob mentioned to me that it took more than just a couple hours to construct those words of wit, and that it might cost me next time. We compromised and became co-writers for future articles.

Congratulations to Len and Sue Comeau on their recent addition to the family. It has been rumoured that *Master Jamie* is healthy, strong and a tad shorter than Len.

Daryll Mackinson's past few weeks have been quite eventful. His working days with the Sqn are numbered now. Daryll will be off to St. Jean shortly to start an uphill battle to earn the right to be called SIR. After returning from his screening last week, Daryll went into hospital to correct a back problem. Now that has been all but cured, we have to work on his mental state.

The new face about the Sqn belongs to WO Gerow who comes to us from Cold Lake to assume the duties of Chief Frennette who will be retiring shortly to a life of R and R.

Merv L'arrivee informs us that son Justin, who had an unfortunate accident up on Mount Washington is out of hospital and at home. We all at the Sqn wish you, Justin, a

speedy recovery.

Monday and Tuesday saw a handful of armourers from Base Armament undergoing load training on the Tracker. This is to be an annual event so as to allow other trades the opportunity and satisfaction of seeing an *ARMOURER AT WORK.*

The Sqn is sponsoring a slow-pitch team in intersection ball this year. Those interested in playing are asked to keep an eye on the canteen chalkboard for scheduled practices. Those not so inclined to play should start assembling *pom-poms* and practicing cheers for the upcoming season.

Dean Cunningham held a final bash at his place on the weekend at which a few Squadron members attended. The music, fire and beer were great. Dean's parties will be missed as will Dean who will be in Germany teaching the Germans to party Comox style.

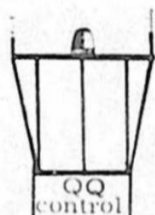
*Trips:* Bob Wrightson was down in Long Island CA a couple of weeks back. We haven't heard anything back from that trip which means Bob wasn't feeling well or that he just don't want to let us in on their excursions. There is a trip coming up to Yellowknife, which Tech is going I am not sure of but rumour has it that Dan Dureau will be going to teach the *Eskies* to speak French or how to drink beer, or both.

That's all for now. To use one of Mac's phrases -- "Have a Happy!!!"

G.L.

As

The



Beacon

Turns

Welcome once again to "As the Beacon Turns". By the time this article sees print the Sixth Annual Air Traffic Control Golf Tournament will be drawing to a close. Golfers from ATC sections across Canada will have attended as well as representatives from Vancouver Area Control Center. I trust a good time was had by all.

As posting season approaches several Mug Outs are in the planning stages. Firm dates are 10 May at the Gravel Pit to say goodbye to MCpl Rychly and Cpl Threader.

For the remaining gaggle, departing farewells will be said at the Section *Spring Ball* on 08 June.

In other section news: Sgt Neil Garlough is away at the ICP course in Winnipeg; during his absence MCpl Dave Garipey is acting NCO i/c Tower; Capt J. Pacowski heads up to Tower on 06 May to take over as Chief Controller Tower; Joe also heads down to a bird and pest seminar at Vandenburg AFB; Capt Turnbull leaves Tower for RATCON to work as Shift Supervisor;

Sgt J. Stirton is off for two weeks to the SIT 2 course in CFB Borden; MCpl D. Crumback is off to Trenton 08 May for a House Hunting Trip; and Cpl Greg Threader tades his flight jacket for a rubber suit 13 May when he officially remusters to fire fighter.

Capt Margrit Buchholz is back from Staff school and a three week vacation in Hawaii. Margrit has also received a *Good Show Award* from Directorate Flight Safety along with Sgt (retired) Pat Hudson for their excellent work last summer involving a Convair 440 with engine problems. Everyone on base must remember the Convair which sat on the 407 Arming Pad for close to 2 months while being repaired.

MCpl Paul Mitchell and Capt Myers have finished the section trophy case and they have done an excellent job. Now all we have to do is win some trophies. That is possible though as this Sunday the ATC Snow-to-Surf team will be competing. Taking into account the coaching of Capt Rick Champagne and obvious dedication of the team members, we should pull off a good showing.

A big hello goes out to Bob Ogrins Jr. Robert Isaac was born to Lt Bob Ogrins and his wife Athena on Sunday, 28 April. Finally, a brother for Brenna, Tera and Dianna.

That's it for now, so till next time, take care ya-all.

R.C.

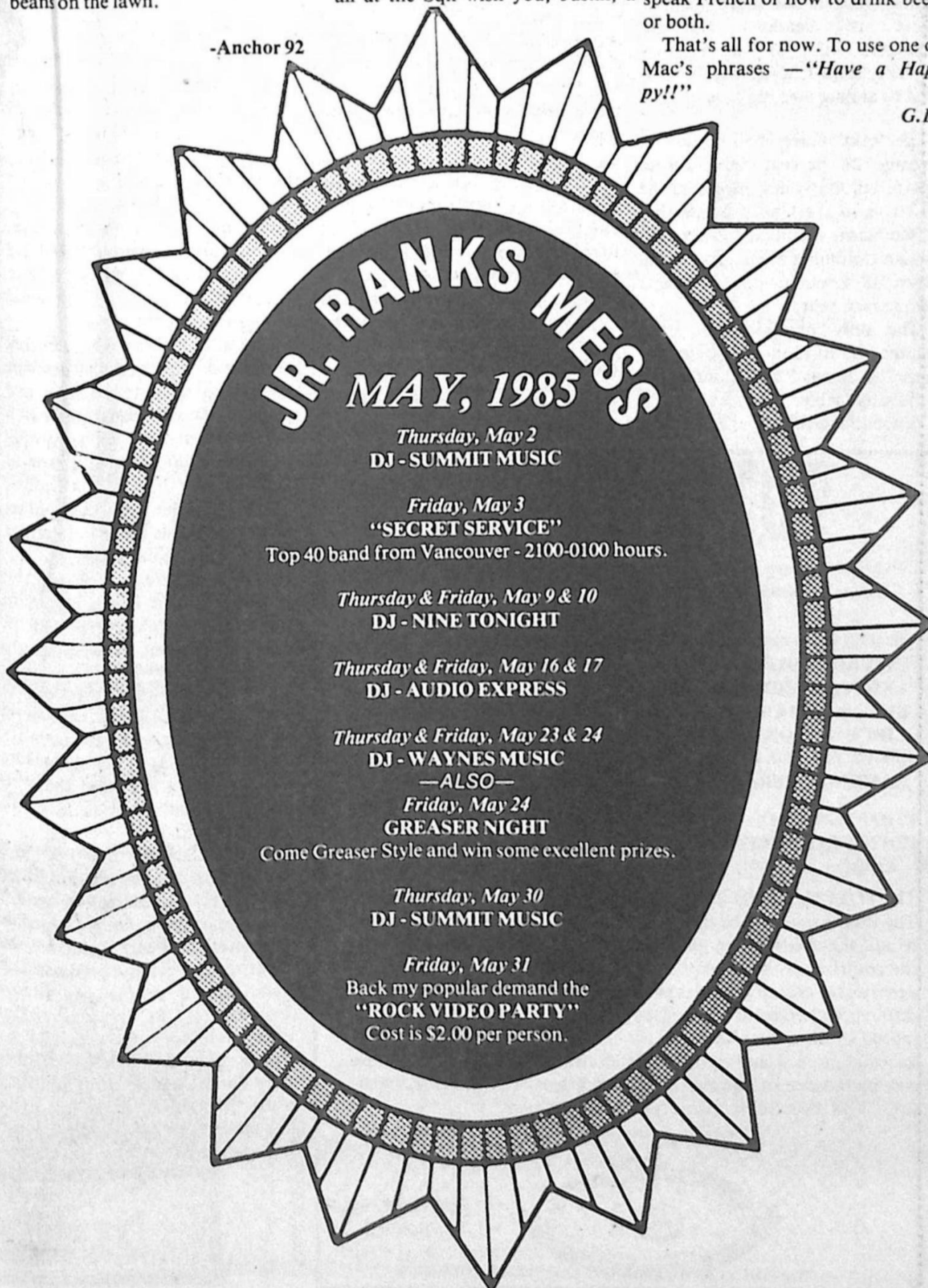
## M. S. E. Driver Safety

### What would you do??

You're driving in fast and heavy traffic when a piece of dirt blows in your eye. It forces you to close one eye and the eye begins to water. What should you do?

- ☐ Slow down, keep one eye on the road and alternate opening and closing other eye to wash and remove dirt.
- ☐ Signal and ease right to stop and park off of roadway until dirt is removed.

Answer On Page 6



# Editorial

## Write Right

It's that old cliché again - "What's the matter with kids today?" Actually the kids are great, just as they've always been but there has to be concern - concern for their interpersonal skills.

There has been a steady decline of communication skills over the last 20 years and what first started as simple indigestion to business and industry has turned into a full scale malady.

Paper flow is often considered the lifeblood of the business world but the effects of wide spread illiteracy in our school system is being felt in the work place.

Secretaries are unable to handle simple business letters without errors and young professionals although competent in their related field are unable to write proper reports on their subject. All this causes misunderstanding - due mainly to poor communication skills, whether written or verbal.

It is surprising that students are graduating without being able to read and write effectively. A combination of factors have led to this and leading the way is that

wonderful device that removes all conscious effort for creativity - the television set. It's all too easy and it's also addictive. Children watching TV do not need to be creative and spend less and less time reading, writing and most of all, thinking.

The poor grasp of the English language is prevalent in business, in the media, in publications and especially on the streets. There has been a movement in recent years by the Education Ministry to move back to what is called a core curriculum based on the good old 3 R's. I think it's a great idea and it has my full support - our young people must acquire the basic communication skills.

There is much to be said for television apart from its potential as a baby sitter. It can be - and often is - very formative in terms of special documentaries and education channels. It brings world events right into our homes. There is no doubt that it communicates with us but we must question as to whether it is threatening our ability to communicate with each other.

G.M.K.

## MDs Favor Age Hike

The Canadian Medical Association (CMA) has endorsed raising the legal drinking age to 21, because doctors say the move will reduce traffic deaths among young people.

"There's no question in the world that lowering the drinking age in Canada has meant an increase in deaths," Norman Hamilton, MD, of North Vancouver told the CMA general council at its annual meeting here.

He said there had been an average 28 percent reduction in deaths among young people in the 14 states in the United States that raised their drinking ages. In British Columbia alone, that would mean 35 fewer deaths of young people each year.

The only physician to argue against the motion did so on the basis that it was "highly unrealistic and inapplicable."

Since the drinking age is under

provincial jurisdiction, the recommendation will be passed on to provincial governments divisions.

The association also wants federal and provincial governments to be more active in prevention of alcohol-related morbidity and mortality.

Recommendations, drawn up jointly with the Canadian Nurses Association call for labelling of alcohol as a possible health hazard, control of alcohol advertising, more education programs, and public use of breath analysis tests.

The CMA also endorsed a motion calling for more specific labelling on all medicines. This may assist alcoholics taking Antabuse (disulfiram) since a number of non-prescription drugs contain alcohol. Because alcohol is considered an inactive ingredient, manufacturers have not been required to list it on the label.

Courtesy Edmonton Journal  
1 Oct '84

## TOTEM TIMES

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## Equality Rights

The second in four articles on equality rights under the Charter.

"The meaning of 'equality' is like the shape of an empty bag. It is totally defined by the contents poured into it."

These are the words of Katherine de Jong, law professor at the University of Western Ontario, in describing the possible impact of the equality rights provisions of the Charter of Rights and Freedoms which took effect April, 1985, as part of our Constitution.

No one knows exactly what the equality rights provisions will mean until they are interpreted by judges. As one judge said, "We are under a Constitution, but the Constitution is what the judges say it is."

While the final answers rest with our courts, the language of the equality rights provisions gives some strong suggestions about what the drafters of the Charter were thinking about when they wrote it. The first part of Section 15 says: "Every individual is equal before and under the law and has the right to equal protection and equal benefit of the law without discrimination and, in particular, without discrimination based on race, national or ethnic origin, colour, religion, sex, age or mental or physical disability."

Section 15 makes a point of using a variety of expressions to describe the idea of equality: "before and under the law", "equal protection and equal benefit", etc. According to Robin Elliot, law professor at the University of B.C., the drafters wanted to make sure that judges were given ample scope to interpret the provision liberally.

In the earlier case of the Canadian Bill of Rights, its more restricted language resulted in judges interpreting its meaning in a very narrow manner.

"The language of Section 15 really goes to making the courts take a broad view of equality rights," he says. "I can't be sure that the courts will heed these instructions but they'll have to struggle not to."

The inclusion of sex and disability in the list of forbidden grounds for discriminating against or distinguishing between people was another clear signal to the courts not to overlook women and handicapped people. As Stuart Langford, a CBC legal correspondent, points out, the potential for major changes in our laws so that they do not violate Section 15 are vast: "If women are at last to be recognized as truly equal, then hiring practices will have to change,

sexual stereotyping will have to cease, labour laws, taxation laws and a host of others will have to be amended. If the handicapped demand the equality the Constitution promises them, then society will have to spend enormous sums of money to erase the obstacles, man-made and other, with which the handicapped are confronted daily."

Professor Elliot says Section 15 could have an impact on other areas, as well. For example, a school regulation requiring that children recite the Lord's Prayer - a major issue in the U.S. - could be challenged as an infringement of a non-Christian's right of freedom from discrimination based on religion, he says.

Freedom from discrimination based on age could, as well, spark challenges in court, especially, according to Professor Elliot, to mandatory retirement. But, he says, "I don't think else will change in his area. Age differentiation is a pretty accepted part of our legal and social system. I don't think the courts will pay much heed to challenges to drinking, driving and voting laws."

And what of those groups or individuals who are not listed in this provision - are they protected?

Again, the language used by the drafters gives a strong hint, although it may not be heeded by the courts. Professor Peter Hogg of Osgoode Hall Law School in Ontario writes that the language used "makes clear that these grounds are not exhaustive, so that laws discriminating on other inadmissible grounds (for example height, sexual preference) would be in violation...."

Many legal commentators believe that our judges may adopt a system borrowed from the American courts by which laws which fall into the "suspect" category - i.e. which distinguish on the basis of race, colour, national origin or religion - are almost always struck down. Other laws, which distinguish on non-suspect grounds such as marital status or place of residence, may be upheld if the government can show good reason for making the distinction.

Many other legal commentators, however, have pointed out that the American system, developed in response to American social issues, may not be totally appropriate for adoption in Canada. These commentators urge a "made in Canada" approach.

Next: the timetable.

## Holberg Week

An appreciation week to honor Canadian Forces Station Holberg kicks off on June 8 and will end with an open house at the military base on June 15.

Council decided last Wednesday to bestow a special honor on Holberg by way of an extraordinary meeting of council on June 8 and by way of an appreciation week.

Mayor Brian Welchman said Holberg had gone beyond being good neighbours to Port Hardy by supporting it financially and in many other ways.

Station Commanding Officer Maj Rod Sword said there was good cooperation between Port Hardy and the North Island and the military station.

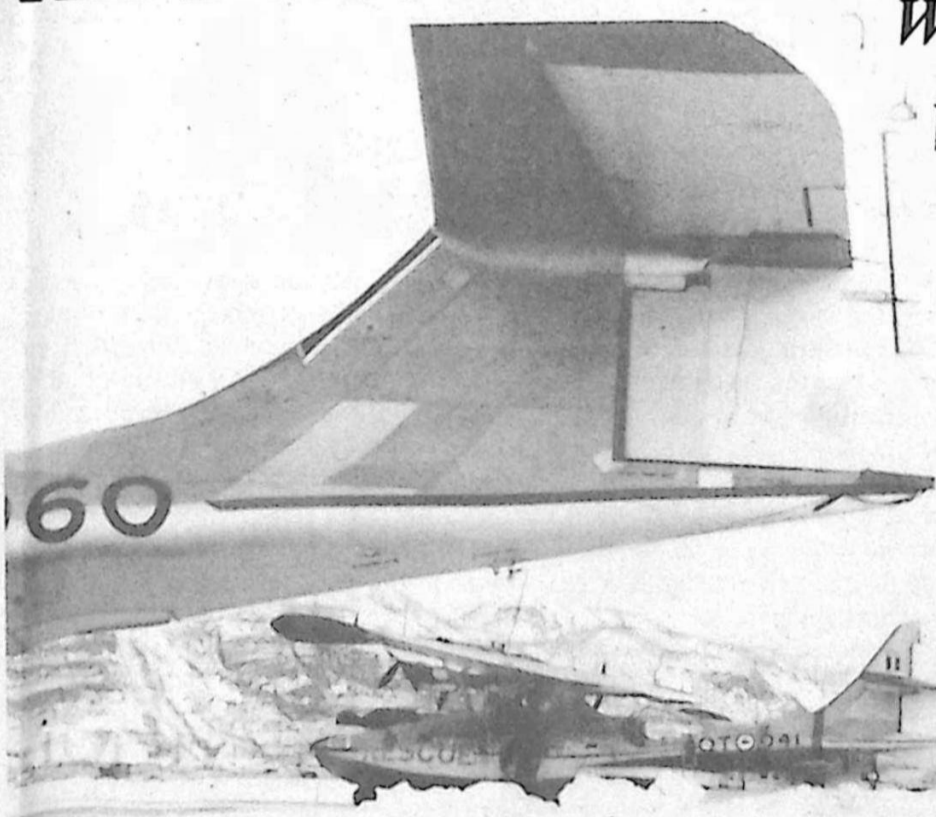
## REUNION

108 COMM FLIGHT PERSONNEL

A reunion of 108 Comm Flight personnel will be held in September, 1986. All individuals who were members of 108 Comm Flight are requested to contact CWO Robert Sabourin at CFRC Ottawa, 360 Laurier Avenue W, Ottawa, Ontario K1P 5K3 (tel 992-0007 or 996-1659).

## Air Force Trivia

What? Where?  
Why? When?



## Trivia answer From Last Issue

What:

R.C.A.F. de Havilland Comet

Where:

R.C.A.F. Station Sea Island (Vancouver)

Why:

In service with Air Transport Command

When:

Circa 1958 (after grounding 54-57)

Next Totem Times Deadline - Monday, May 13, 1985

# A.F.V.C.

## Mot du president

Je tiens à féliciter et remercier tous les nouveaux membres de l'exécutif et vous souhaite la bienvenue.

Je constate que nous partons d'un bon pied cette année avec une équipe pleine de dynamisme, et d'enthousiasme; ce qui laisse entrevoir une année d'activités bien remplie et riche en satisfaction pour tous.

De par les années précédentes; l'association a oeuvré dans le culturel. La chose est très louable et elle répondait à un besoin à cette époque.

Aujourd'hui, il nous faut voir la réalité d'un oeil nouveau et regarder ou nous en sommes et se poser une question: "Qu'avons-nous à offrir à nos membres?"... C'est d'un souffle de renouveau qu'il nous faut réanimer la flamme des canadiens français; pour que l'on nous reconnaisse comme groupe actif, conforme à l'histoire, de nos prédécesseurs pionniers, fondateurs, travailleurs au sein de notre coin de pays.

Notre défi est là: pour n'en citer qu'un, il nous faut multiplier par deux le nombre de nos membres et cet objectif est à notre portée. Comment??? en préservant nos acquis et en offrant des services qui touchent un plus grand nombre de francophones dans la Vallée.

Il nous faut aussi, cette année, mettre sur pied un comité de travail qui aura comme but d'accroître l'autonomie financière de l'association et d'en faire une réalité.

Ce comité aura à se pencher sur la possibilité de levée de fond et l'achat d'un immeuble afin de Loger adéquatement et d'assumer certains services qu'une association se doit d'offrir à ses membres et à la collectivité.

En résumé, cette année en sera une qui en période de vache maigre nous donnera du pain sur la planche où chacun d'entre nous aura un rôle à jouer.

Il faut donc s'attendre à ce que cette année notre engagement nous prenne de notre énergie. Mais n'oublions pas que nous sommes des bénévoles et que nous nous réunissons pour avoir du plaisir à accomplir notre tâche.

En terminant, disons simplement qu'il est temps pour nous de se donner la main afin de travailler à bâtir une association dont nous seront fier du rôle qu'elle se chargera de jouer au sein de notre collectivité.

Je vous offre mon entière collaboration et vous souhaite une bonne année.

## Assemblée Générale Annuelle

Le 21 avril dernier, avait lieu à la salle "garden" du Washington Inn, l'assemblée générale annuelle de l'association francophone de la Vallée de Comox. Divers sujets étaient inscrits à l'ordre du jour, dont un rapport de l'année 84 & 85 rédigé par le président sortant M. Gilles Doiron, l'état financier 84 & 85, le plan d'action 85 & 86 et les élections afin de combler les postes vacants au sein du conseil administratif. Souhaitons la meilleure des chances à nos nouveaux élus dans l'exercice de leurs fonctions.

Notons que M. Fréchette, agent régional du commissariat aux langues officielles, était présent à cette assemblée. Lors d'une brève allocution, M. Fréchette nous a clairement défini les fonctions principales du Commissaire aux langues officielles. Mentionnons aussi la participation de Mme Claudette Deshaies du Secrétariat d'Etat.

Bref, l'assemblée s'est déroulée dans une atmosphère chaleureuse. A en juger par l'enthousiasme qui émane de notre jeune conseil administratif, l'avenir sera très riche en réalisations.

## Parlons CF18

Ottawa -- Le ministère de la Défense nationale a révélé aujourd'hui que le plan touchant le déploiement d'appareils CF-18 au Canada et en Europe a été modifié comme suit:

- doter en personnel les trois escadrons de l'OTAN avant qu'un deuxième escadron du NORAD soit constitué;
- différer le début des opérations régulières des escadrons de CF-18 à la BFC Comox, en C.-B.; et
- examiner les options qui permettraient d'augmenter le nombre de pilotes suivant chacun des cours donnés par le 410<sup>e</sup> Escadron d'entraînement opérationnel à la BFC Cold Lake, en Alberta.

Ces mesures se sont avérées nécessaires après qu'on eut constaté qu'il serait impossible d'exécuter le plan dans les délais prévus initialement en raison des difficultés qu'entraîne la mise en service d'un système d'armes aussi hautement perfectionné. De plus, les retards connus dans la livraison d'équipements d'entretien propres au CF-18, ont fait en sorte que certains éléments de l'appareil qui auraient pu être réparés sur les lieux ont dû être retournés au fabricant. On a aussi découvert des fissures dans les empennages verticaux. Tous ces facteurs ont contribué à limiter le nombre d'appareils disponibles aux fins d'entraînement.

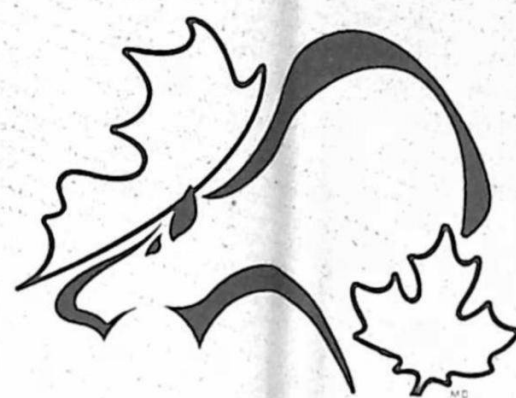
Le nouveau calendrier, qui prolonge l'étape de mise en oeuvre du plan, contient les éléments suivants:

- les pilotes du 425<sup>e</sup> Escadron qui ont récemment terminé leur cours de transformation sur CF-18 assumeront leur rôle de défense aérienne au sein du NORAD à la BFC Bagotville, au Québec;
- le 409<sup>e</sup> Escadron de Cold Lake, qui est déjà équipé du CF-18, se rendra à la BFC Baden-Soellingen, en République fédérale d'Allemagne, où il constituera le premier des trois escadrons du 1<sup>er</sup> Groupe aérien du Canada (1 GAC) affectés à l'OTAN;
- le deuxième et troisième escadron du 1 GAC suivront également le cours de transformation sur CF-18 à Cold Lake et retourneront en Europe en 1985 et 1986 respectivement;
- le deuxième escadron du NORAD terminera son cours de transformation sur CF-18 pendant la dernière partie de 1986 et assumera son rôle de défense aérienne à la BFC Cold Lake vers le milieu de 1987;
- les opérations menées à partir de la BFC Comox à bord des appareils CF-18 seront reportées à la fin de 1987.

Ces modifications permettront aux Forces canadiennes d'assurer la mise en service du CF-18 en Europe en 1985, comme il avait été prévu initialement. Le 410<sup>e</sup> Escadron de la BFC Cold Lake, soit l'unité chargée des cours de transformation sur CF-18, est en mesure de fournir au NORAD, dans des situations d'alerte accrue, des appareils et des équipages entraînés. La période pendant laquelle le Canada ne pourra fournir qu'un nombre réduit de CF-18 sera plus longue, mais les alliés sont pleinement conscients des difficultés que peut comporter l'introduction d'un nouveau programme d'équipement hautement perfectionné, et ils ont déjà tenu compte d'une participation réduite de la part du Canada pendant la mise en service du CF-18.

Bein que certains des retards connus dans le programme d'entraînement du CF-18 soient attribuables aux fissures dans la dérive, les modifications annoncées ont principalement trait au plan de mise en oeuvre.

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# Sports

## Five Star Award For Boucher and Bernier

Two Quebec athletes, speed skater Gaetan Boucher and diver Sylvie Bernier, are among the winners of Seagram's Five Star Awards for 1984.

Boucher, of St. Hubert, won gold medals at both 1,000 and 1,500 metres during the Winter Olympic Games in Sarajevo, Yugoslavia, and added a bronze in the 500 metres and captured the 1984 world sprint speed skating championship. Bernier, of Quebec City, became the first Canadian ever to win an Olympic diving gold medal, taking the three-metre springboard event at the Summer Games in Los Angeles.

The other three winners of Seagram's Awards for 1984 are swimmer Alex Baumann, who also won a year ago; Canada's Olympic heavyweight eights rowing crew; and the entire Canadian Olympic team at the Summer Games.

The awards are presented each year to five Canadian athletes or teams competing in any sport at the amateur level. Seagram makes a contribution of \$10,000 to each of the national sports federations or associations represented by the

winners, for a total of \$50,000 in annual grants.

Baumann won Olympic gold medals and set world records in both the 200-metre and 400-metre individual medley races; the rowing crew won Canada's first-ever gold in the glamor event of the sport; and the Summer Olympics team set records by winning 10 gold, 18 silver and 16 bronze — 44 medals in all, in 14 different sports.

Among Quebec medallists contributing to that total were Alwyn Morris of Caughnawaga (gold and bronze), Alexandra Barre of Ste. Foy (silver and bronze) and Lucie Guay of Montreal (bronze), all in canoeing; Jacques Demers of Brossard, silver in weightlifting; and Evert Bastet of Hudson, silver in Flying Dutchman yachting.

The awards winners were selected by a jury of 12 leading sports journalists from both print and electronic media and every region of Canada. Quebec representatives on the panel were Janel Brooks, editor of amateur sports, The Gazette; Camille Dube of Radio-Canada; and Pierre Proulx, sports director CFTM-TV, Channel 10.

## Support Fonyo

Vernon, B.C. — Journey for Lives runner Steve Fonyo will be getting a series of surprises as he travels through British Columbia toward the finish of his cross-Canada achievement.

In a joint announcement, Vince Dantzer, Conservative MP for Okanagan North which encompasses Fonyo's hometown of Vernon, and J.B. (Jack) Prescott, Canada Post Corporation General Manager for Pacific Division, today invited British Columbians to send their greetings, cards, letters and so on to:

Steve Fonyo  
in B.C.  
FON YOS

"British Columbians, with the co-operation of Canada Post, now will have a unique opportunity to express their support for this remarkable young man as he runs towards completion of this worthwhile goal," Dantzer said.

"Just use this special address," Dantzer said. "Affix a stamp and we'll make sure he gets it," said Prescott.

Prescott said he was pleased to announce that Canada Post Corporation will ensure delivery to Fonyo on his arrival in the many communities along his route.

Postmasters along the route will personally deliver these greetings to Fonyo on the runner's arrival in the town, Prescott said.

The one-legged runner is scheduled to end his cross-Canada journey in support of Cancer research in Victoria near the end of this month.

## Answer to MSE Safety Quiz

Your choice to Signal and ease right to stop and park off of roadway until dirt removed is the wisest choice.

This is the same as having something go wrong with your automobile. You stop and repair it. You stop and solve the problem and then go.

## Pipe Smoke

By Gerry Gerow

I noticed a mating pair of Mallard ducks checking out a pot hole not far from my back yard. Pot holes are the favorite nesting areas for the Mallards which are the most numerous of all wild duck species. This fondness for pot holes, however, is frequently their undoing as the pothole often dries up before the young ducklings are able to fly. Without water nearby the ducklings will almost certainly perish. To further increase the perils the nesting ducks have to face, if the water rises to high it will float away the nest, which is normally very close to the edge of the water. When this happens the female will usually lay more eggs and try again. Frequently when she does this the second hatching will be too late for the ducklings to mature before winter and they again perish.

The Mallard is a member of the dabbling duck species which are normally characterized by a coloured wing patch rather than the white patch on the divers. Dabblers, sometimes referred to as puddle ducks sit much higher in the water than the divers. When taking flight they can be seen to leap into the air while the diving ducks will run along the surface of the water, gaining height slowly. Other common ducks of the dabblers are the Black Duck, Pintail, Teal,

Shovellers and Gadwalls. The Drake Mallard is easily recognized by his bright green head and white collar around the neck. Bright colors are typical of male ducks generally as is the usually mottled brown camouflage of the females.

Mallards are found all over the world and are the ancestors of all the domestic ducks except the Muscovy Duck. They readily adapt to civilization and in fact can become pests in and around our urban park areas when they become too numerous. Mallards rarely dive although they are capable of it and fly at speeds of over eighty kilometers an hour. North American mallards usually winter in the Southern United States and migrate to the Canadian nesting areas in the Spring.

major problem at our large urban parks such as Stanley Park in Vancouver and Island Park in Toronto. However, there must be a way to transplant the young geese in areas of the world that would be glad to have them. Even if the geese were allowed to raise their young and then the excess were killed off it would seem to be to be a lot less waste. Park naturalists always seem averse to killing any animals or birds within a park, to control the population, but is this really any worse than preventing natural reproduction. I don't advocate turning our parks into a breeding ground for animals and birds so they can be killed off for food, but I always enjoy seeing a mother with her offspring and I don't feel that the natural reproduction cycle should be messed with in this way.

I heard a story the other day about a trick being used by park attendants of an urban park to control the numbers of Canada Geese calling the park their home. The attendants remove the eggs from the nests, boil them and then return them. This prevents the female from laying a second clutch of eggs, which she would do if the eggs were simply taken. I can't help thinking that there must be a better way. There is no doubt that Geese are a

For Totem Times readers, Pipe Smoke is a syndicated column which has been running for some time in the Cold Lake Courier and the Chilliwack Mountaineer. I hope you'll enjoy it. As my interests lie generally in the Out of Doors and in Dogs (particularly the Sporting Group) those are the subjects you'll see most. I also frequently include book reviews on new books on Out of Doors and Dogs.

Comox Valley Children's Day Care Society

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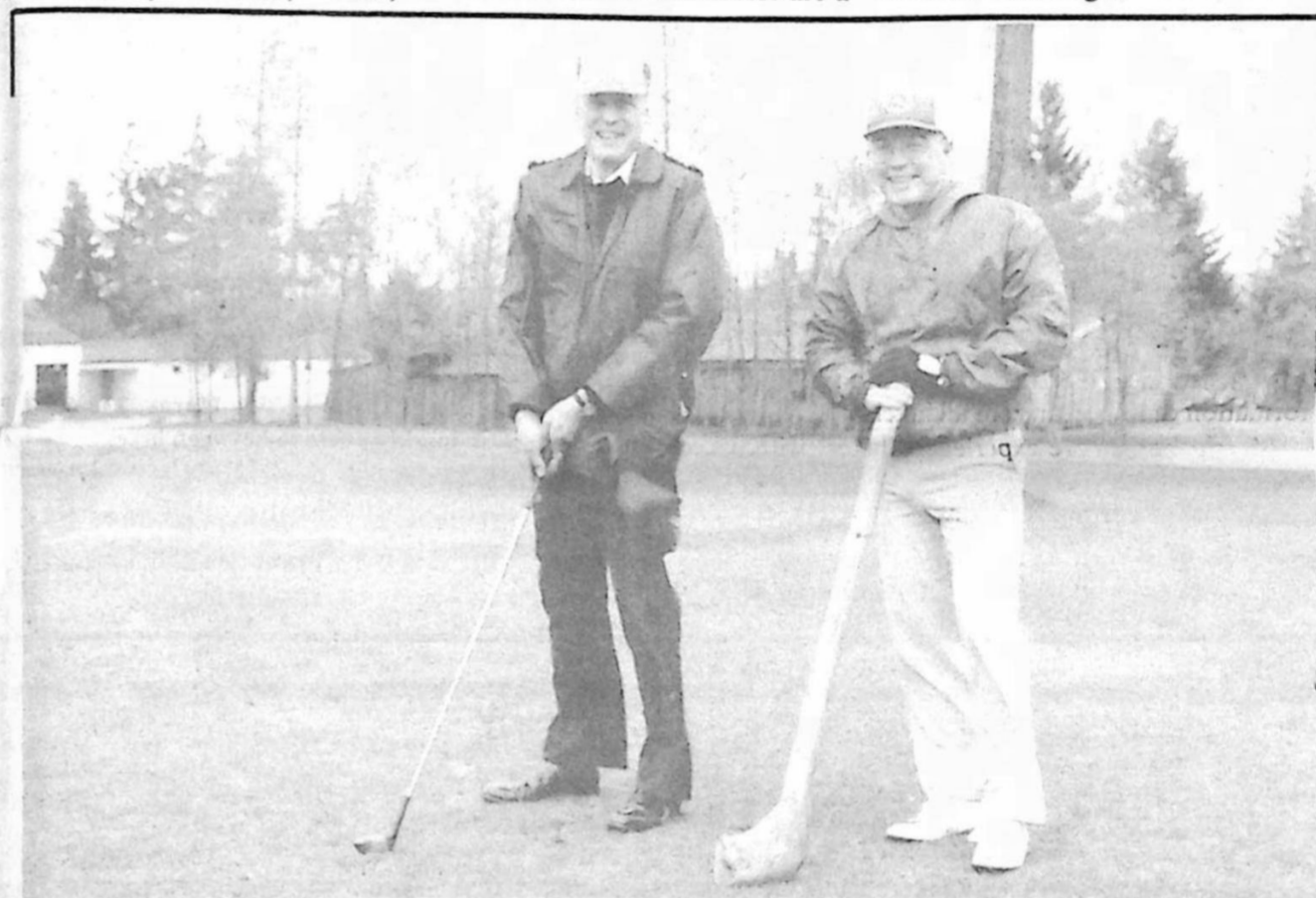
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Getting things started . . . The engineers held their annual Regional Golf Tournament last weekend amongst the rain and wind. Starting things off were BGen Woods, the Boss Engineer and our very own Big Man, Col Bob Kadonoff. It appears that the General is going for advantage . . . However our Colonel did a cool 350 down the centre - straight out so to speak.

Courtesy Base Photo

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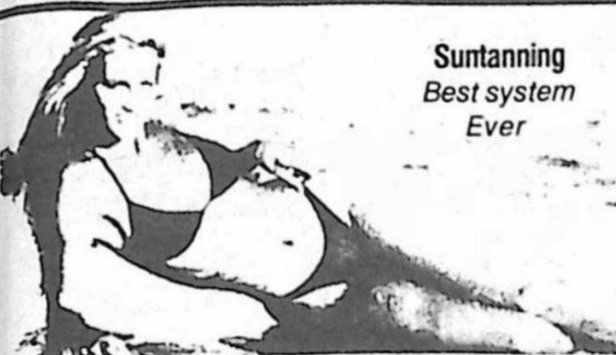
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## Schedule of Events

**Saturday, May 4**  
Spring Dinghy Course  
1000 - 1500 hours - bring a lunch!

**May 18 - 19**  
CFSA Comox Invitational Regatta  
Teams from Chilliwack and Esquimalt to attend.  
Racing 420 Dinghies and Lasers.

**Sunday, June 23**  
Tree Island Race/Cruise and Beach Party

**Sunday, June 23**  
Summer Dinghy Course.

**Sunday, August 18**  
Second Tree Island Race/Cruise and Beach Party

**Saturday, September 7**  
Fall Coastal Cruising (Keelboat) Course

**Wednesday, September 28**  
Fall General Meeting -- Bar-B-Que

**Sunday, September 29**  
CFSA/Comox Bay Sailing Club Challenge Single-Handed  
Keelboat Race.

The fee for single membership is \$35.00. Family rates available.

For more information contact:

Dick Ohl -- 338-5264  
Chris Smith - 338-8898, local 2308  
Don Irvine - 339-6946, local 2354



Early Bird Winner ... Phil Nakashima Relieves the Club Early Bird Trophy From President Doug McArthur during presentations recently. Its rumored that Phil Carries an extra ball in his pocket....



Low Gross Engineer ... Not really gross but the winner in the recent Engineer Golf Tournament was Bill House from Calgary. He receives congrats from Mr Big.

Courtesy Base Photo

## Mountaineering Club Update

The Comox District Mountaineering Club (COMC) is a non-profit organization that conducts hiking/canoe trips in the central Vancouver Island area. This year the club has planned excursions for families and individuals of all skills and endurance levels.

Attached in a schedule of events for 1985, as well as general information of importance to all hikers.

All trip leaders are experienced hikers with a keen eye to safety and fun.

For further information contact John Hackett Loc. 2322.

**May 4 (Saturday)—Seal Bay Park:** Work party meet 9 a.m. at park entrance. Leader: Joan Cartwright 334-2272. We will have snippers; or have axes etc. of your own.

**May 12—Alone Mountain:** Court House 8 a.m. Leader Otto Winnig, 334-2370. Moderate hiking, spring flowers, about 2500 ft. elevation gain.

**May 18, 19 and 20—Bamfield Keesh Bay area.** Court House 8 a.m. Leader: John Hackett, 3395016. Sea level, sometimes muddy hiking in W. Coast rain forest, rugged coastal scenery. Beach camping.

**May 26—Canoe trip, Upper Quinsam:** Court House 8 a.m. Leader: Willie Haras. Pleasant paddling, nice scenery. 338-6097.

**June 2—Constitution Hill** Court House 8 a.m. Leader: Otto Winnig, 334-2370. Ordinary hiking about 8 miles return, or Cave Trip. Court House 8 a.m. Leader: Frank Davis: 338-5295. Must Have: Good flashlight (or two), hard hat and hip waders.

**June 8-9—Quadra Island Canoe Trip:** Court House 8 a.m. Leader: David Routledge, 336-2130. Pleasant paddling in charming scenery.

**June 15 and 16—Buttle Lake Work Party,** Jack's new Auger-point Trail. Court House 7 a.m. Leader: Jack Shark, 334-3290. Bring tools, mattocks we have for you.

**June 22 - 23 Beaufort Hike, Mt. Joan area:** Court House 6 a.m. Leader Don Apps, 338-5130. Fairly strenuous.

**June 29, 30 and Jul. 1st.—Phillips Ridge Trail** all club work party: Leader Don Apps, 338-5130. Meet at Ralph River Campsite, phone leader by Wednesday before hand, or Octopus Islands canoe trip: Court House 8 a.m. Willie Haras, leader, 338-6097. Good average paddling, half mi. portage across Quadra Island on our trail.

**July 7—Pearl Lake:** Court House 7 a.m. Leader Otto Winnig, 334-2370. Easy hiking through splendid timber. Good kids trip.

**July 14—Harris and Sunrise Lakes and Mt. Jutland:** Court House 6 a.m. Leader: Scot Larsen, 334-2515. Moderate hiking to Harris and Sunrise and fairly strenuous including Mt. Jutland.

**July 21—Crest Mountain** (above Gold River Road): Court House 6 a.m. Leader: John Hackett. Anyone going up Saturday afternoon, we'll meet you at Buttle Lake Campsite at approx. 9 a.m. Moderate grind up old fire trail. 339-5016.

**July 27-28—Mt. Alexandra:** Court House 8 a.m. Leader: Willie Haras, 338-5016. Phone before hand. Strenuous; or

**July 28—Drabble Lakes Skinny Dip:** Court House, 8 a.m. Leader: Ruth Masters. 3334-2270. Moderate hiking over Becher Trail, 4 mi. each way and interesting scenery.

**Aug. 11—Puntledge Valley canoe trip:** and hike into Puntledge Valley timber. Court House 7.30 a.m. Leader David Routledge. 336-2130.

**August 18—Gold Lake (or Schoen Lake if fire season):** Court House 7 a.m. Phone leader, Ruth Masters by Wednesday previously. Moderate trail hiking in valley and meadows. 334-2270.

**August 25—Mt. Khusam:** Court House 7 a.m. Leader Frank Davis 338-5295. Fairly strenuous if weather hot. (Sayward area).

**Aug 31, Sept 1 and 2—Marble Meadows:** Phone leader, Don Apps, 338-5130 by previous Wednesday. Need canoe for Buttle Lake crossing. Fairly strenuous back pack from 700 ft to 5,000 ft level on good trail. Marvellous scenery and interesting geology.

**Sept 7-8—Forbidden Plateau Work Party:** Drive up both days or stay overnight. Will be working on bridges, putting blocks in mud holes, hauling bridge material, etc. be prepared to slave. Court House 8 a.m. both days. Leader: Ruth Masters, 334-2270.

**Sept 15—Rossiter and Divers Lake canoe trip:** Court House 8 a.m. Leader Willie Haras, 338-6097. Pleasant paddling. Half mile muddy portage between lakes

**Sept 21 and 22—Green Mountain:** and Hill Crane. Leader: David Routledge. Phone by previous Wednesday for details. 336-2130.

**Sept 28 and 29—Mt. Apps:** Court House 8 a.m. Leader: Don Apps, 338-5130. Moderate back-packing in the area of this fabulous mountain we got named in 1984.

**Oct 6—Forbidden Plateau Wanter:** Court House 8 a.m. Leader: Scott Larsen. Moderate tramping.

**October 13—Tumblewater Meadows:** Court House 6 a.m. Leader Don Apps. Fairly strenuous hiking, delightful autumn tonings.

**Oct 20—South Denman Island:** Court House 8 a.m. Leader David Anderson. Easy day, great for kids. 338-8723.

**Oct 26—Pot Luck Supper:** Dusty's Den, Comox 6 - 11<sup>30</sup>. Picture show.

**November 17—Cave Trip:** Leader: David Routledge. Contact by previous Wednesday.

## \*\*Important Reading For All Hikers\*\*

On day trips bring an adequate lunch, with a little extra for emergencies, wear strong sports clothing with solid vibram soled boots. We recommend that children under 13 be accompanied by a parent or elder brother or sister. Please always have good rain gear and sweater with you, preferably in plastic bags. On overnight trips you are responsible for your own tents, food and gear.

**Safety:** We cover some fairly rough terrain and some trips necessitate highway boat or air travel. Hikers are requested to play it safe always, caring for each other and respecting the responsibility assumed by the trip leader.

**NEVER** allow children to throw or roll rocks. We request no dogs on hikes, for safety reasons. Remember it is unwise to hike alone, preferable have at least three and always tell someone where you are going.

While the leaders carry maps, compasses and first aid kits, and study the region before hand, members are encouraged to carry their own maps, safety matches, whistles, compasses, first aid and emergency gear. They will thus up-grade their outdoor skills and hopefully develop into leaders.

When we get spread out on the trail, please assemble at regular intervals to make sure all are accounted for and OK. Avoid getting separated from your gear. Always take your pack with you after lunch, even if we plan to come back the same way.

Try always to have some dry clothing and socks left in your pack, especially on overnight trips. Bright colourful clothing helps people to see you and is great for colour photography.

**Do Not Be A Litterbugger:** Instead, let's clean up every vestige of the mess left by the other fellow. We strive to set an example of the highest out-door ethics, and we particularly request that all garbage be packed out for disposal, leaving as little trace of our visit as possible. And please do not scar the landscape with more camp fires than absolutely necessary. Always go gently into the wilderness. Avoid damaging fragile areas and PLEASE always have the manners of a cat.

**Alternate Trips:** If we get closed out of an area, an alternate trip will go same time and place. Our trips are seldom cancelled for bad weather. Get used to surviving and enjoying yourself in your rain gear.

Dues: Adults \$5<sup>00</sup>; Family \$6<sup>00</sup>; Students \$3<sup>00</sup>. Please pay your dues early so we know who you are to send notices to. Mileage in other peoples cars, 19 cents per mile each way.

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# Promotions and Awards

*Photo's Courtesy Base Photo*



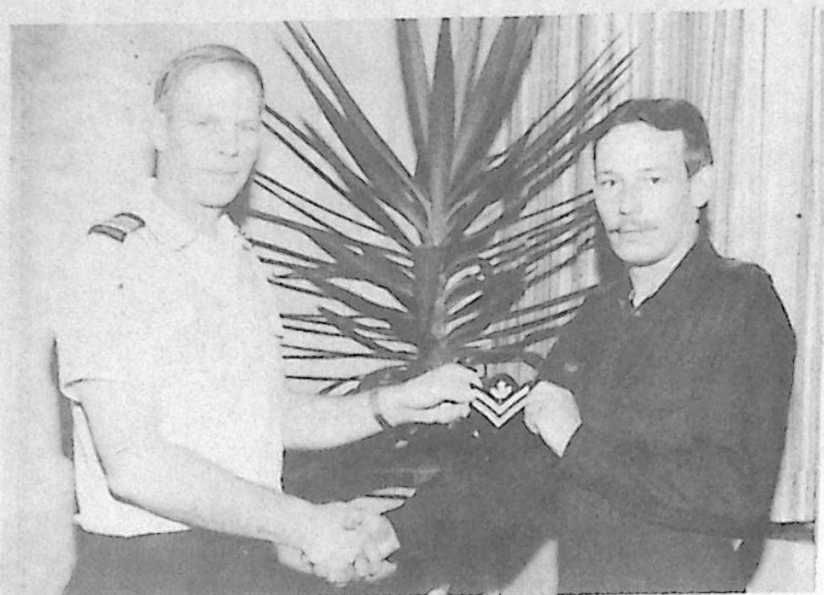
**CDS Commendation - MCpl Carter**



**CDS Commendation - MCpl Best**



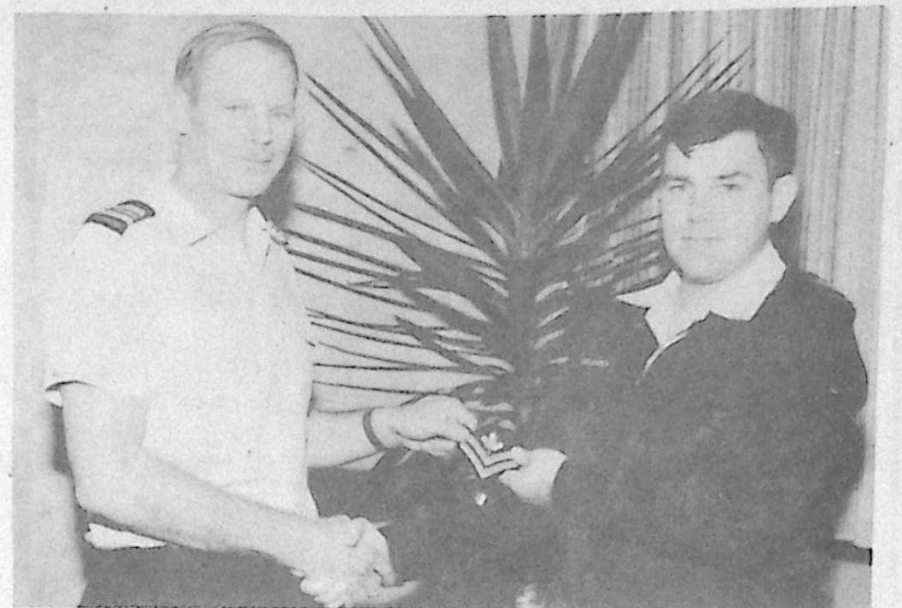
**Sgt John Roberts is congratulated by 407 SAMO, Maj Dave Caddey on his promotion to Sgt.**



**Barry Gougeon to MCpl...presentation by BCEO, Maj Eggleston.**



**MCpl Serge Peters is congratulated on his recent promotion by squadron SAMO, Maj Dave Caddey.**



**Chuck Willemssen to MCpl...presentation by BCEO, Maj Eggleston.**



**WO Jorgensen and WO Gregory are congratulated on their recent promotions by CO VP407, LCol Rogers.**



**Cpl Melanie Schall is presented her CD by CO VP407, LCol Rogers.**



**WO Greg Clarke is congratulated on his recent promotion by squadron Commander, LCol Terry Rodgers.**



**Cpl Beasley, an Airframe Technician on VU33 Squadron, is shown receiving an award of \$690.00 from his Commanding Officer, for his proposal to reduce FOD in the T-33 aircraft by using anchor nuts on the external canopy access door.**



**MCpl Hugil, a Comm Radar Systems Tech on 407 Squadron, shared a \$250.00 award with MCpl Nahu for their proposal to improve reliability of the CP140 IFF/UHF antenna.**



**MCpl Wohlgenuth, a Comm Radar Systems Tech in 407 Squadron DIAC, received \$250.00 for his suggestion that improved CP140 tape transport maintenance and reliability. Lt Godbole, the DIAC Services Officer made the presentation.**



**MCpl Nahu, an Airframe Tech on 407 Squadron, shared a \$250.00 award with MCpl Hugil, for their suggestion to improve reliability of the CP140 IFF/UHF antenna.**



**MCpl Douglas, a Comm Radar Systems Tech on 407 Squadron, received \$150.00 for a suggestion that improved bicycle safety and \$50.00 for a suggestion that was not adopted but did bring a problem area to light.**



**MCpl Dionne, a Photo Tech on 407 Squadron, received \$150.00 for his suggestion that improved the stowage of CP140 Aurora camera cables. Maj Caddey, the squadron SAMO, made the presentation.**

# Promotions and Awards



From the 39th Tactical Airlift Sqn . . .  
to LCol Al Brown



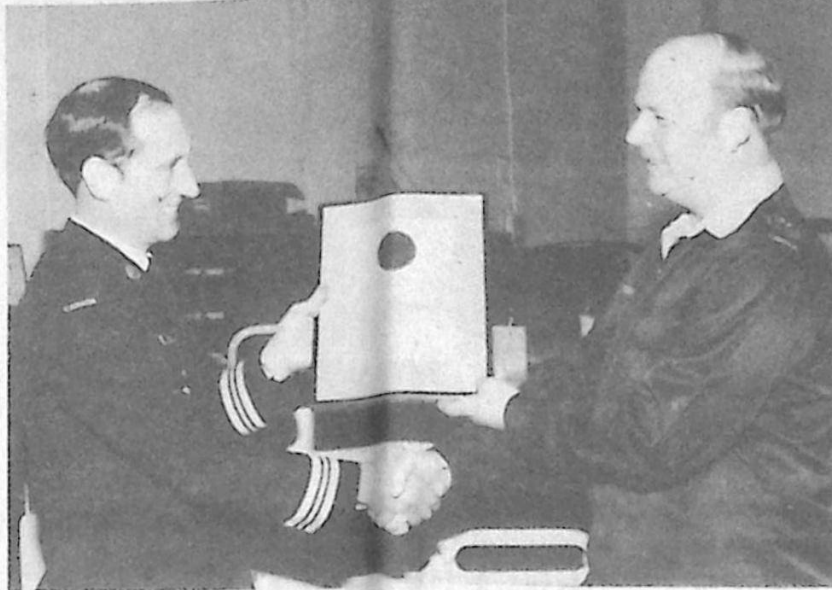
Flight Safety Award . . .  
Cpl Duchesne - VU33



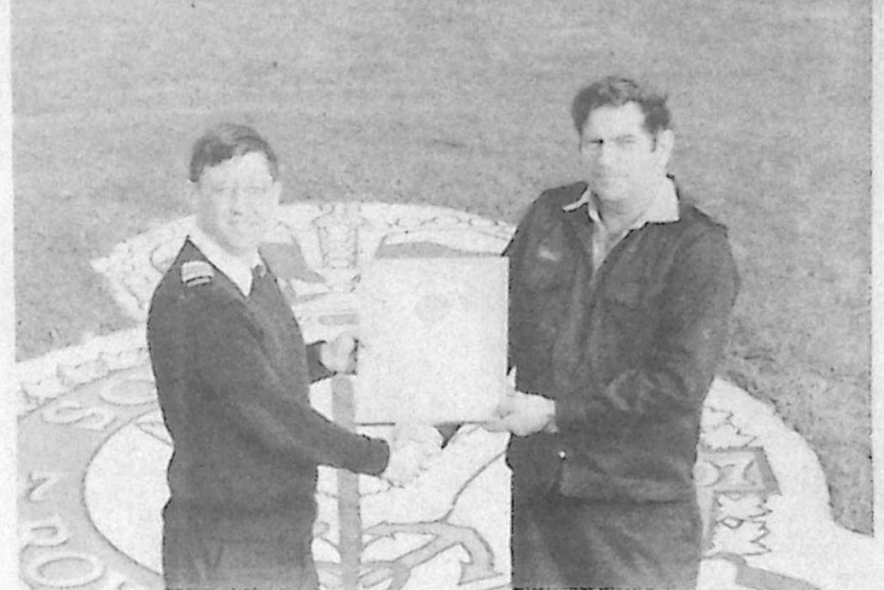
Aerobic Award - Sgt C.V. Rodgers



Pte Rooke, a Weapon Tech (Air) on 407 Squadron, received \$150.00 for suggesting the use of a locally manufactured pyrotechnic carrying bag that he designed. Maj Caddey, his SAMO, made the presentation.



Sgt Tuson, a Vehicle Technician in Base Maint. Land, shared a \$150.00 award with Pte Rooke for their suggestion that improved the throttle linkage on one of our aircraft tow tractors. Maj Rose, our Base Transportation officer, made the presentation.



Sgt McKay, an Aero Engine Tech on 407 Squadron, was awarded \$100.00 for his proposal to use a form that he designed to advise squadron Servicing personnel of CFTO and CFAO amendments received. Maj Caddey, his SAMO, made the presentation.



MCpl Johnston, an Air Weapons System Technician on 407 Squadron, was granted a \$50.00 award for bringing a problem that required corrective action to light even though his suggestion was not adopted. Maj Caddey, his SAMO, made the presentation.



Cpl Labbe, an Airframe Tech on 407 Squadron, received a \$50.00 award for a suggestion that was not adopted but did bring a problem that required corrective action to light. Maj Caddey, his SAMO, made the presentation.

Photo's Courtesy Base Photo

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### Pte Kevin Lamorie

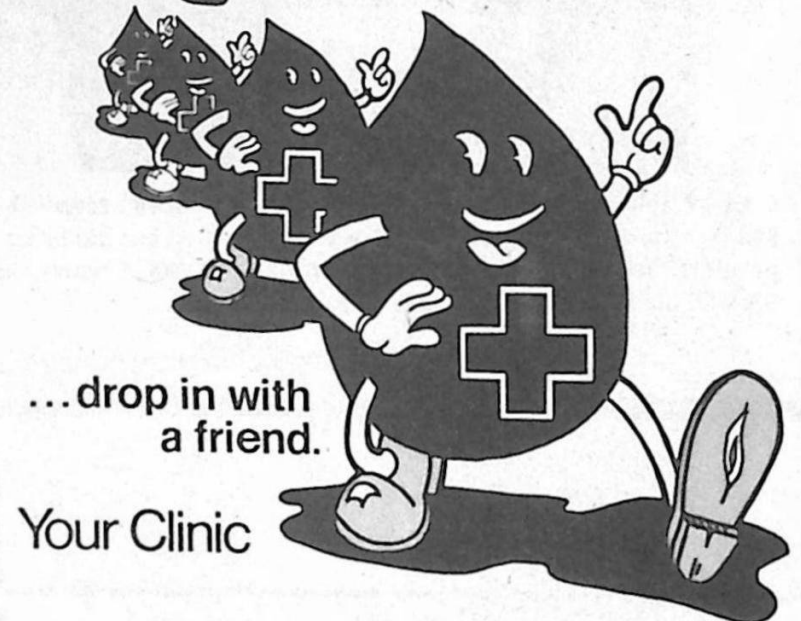
This issue we welcome Pte Kevin Lamorie to the pages of the old *Fishwrapper*.

Kevin, who calls Masset home, joined the CF in February of 1982. He was selected to the Military Police trade and after training in Cornwallis and Borden was posted to Comox.

In his spare time, Kevin enjoys fishing and hockey. He became a referee this past season and had opportunity to officiate in the Pac Regions.

Kevin is still a bachelor but all that will soon end. He is getting married this fall to Trudy Andrews. Best wishes Kev and thanks for being part of the old *Fishwrapper*.

## Keep on Givin'...



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## KWAH-NICE DISTRICT

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Some of the Guides from the 1st Kwah-Nice Guides will join the 2nd Kwah-Nice Guides to camp out at Gilwell Park over the next weekend. The 3rd Kwah-Nice Brownies will be at camp at Elkhaven on Denman Island the same weekend.



Elizabeth-Ann Eichler making her Brownie promise to the District Commissioner Mrs Pat Jackson.

## 1985 Legion Highland Gathering

Lewis Park - Courtenay, B.C.

JUNE 22, 1985

### — PROGRAM —

- 8:30 a.m. .... Final registration and pick up individual competition numbers.
- 9:00 a.m. .... Band and Colour Party inspection.
- 9:15 - 9:45 a.m. . Street Parade from Lewis Park to Fifth St. and England Avenue.
- 10:15 a.m. .... Massed Bands Parade from England Avenue, down Fifth St. to Lewis Park
- 10:30 a.m. .... Opening Ceremonies

O Canada  
Parade at Ease  
Opening Remarks  
Prayer  
Parade at Attention  
Last Post  
Colours dipped during Last Post and raised during Reveille

Silence  
Lament  
Reveille  
Parade at Ease  
Parade Marshal  
President of Branch 17  
Branch Chaplin  
Parade Marshal  
Bugler

Amazing Grace  
Official Opening  
Massed Bands

- 11:15 (approx.) . Individual Competitions begin.
- 2:30 p.m. .... Drum Majors' Competition.
- 3:15 p.m. .... Class "C" Band Competition.
- 4:15 p.m. .... Class "B" Band Competition

During the afternoon -- Sports Events

at the

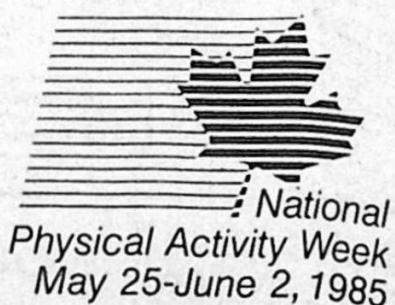
COMOX VALLEY SPORTS CENTER ARENA

6:00 p.m. -- Fellowship Hour

7:00 p.m. -- Banquet

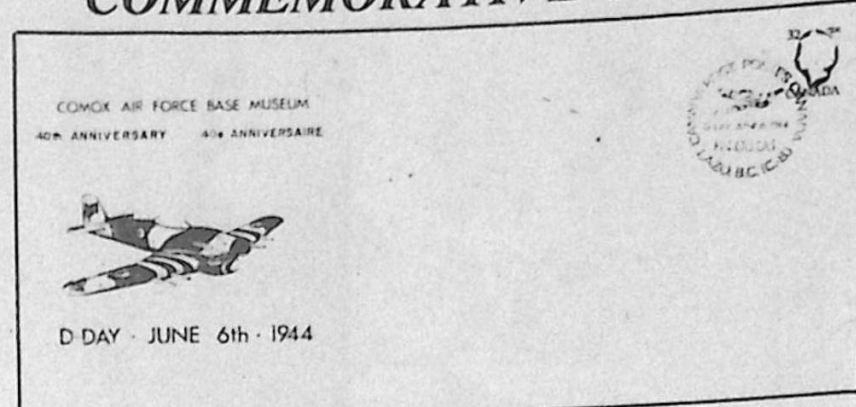
8:15 p.m. -- Presentation of Awards

9:00 p.m. - 1:00 a.m. -- Dance of Celebrations



National Physical Activity Week  
May 25-June 2, 1985

## CFB COMOX MUSEUM ISSUES D-DAY COMMEMORATIVE COVER



The CFB Comox Air Force Museum Committee has issued a commemorative cover to mark the 40th anniversary of D-Day. Commemorative covers are eagerly sought by stamp collectors, many of whom collect nothing but covers. A cover is an envelope which includes a picture or drawing and written description of the event being commemorated. A stamp is affixed to the envelope and is cancelled by using a specially designed cancellation stamp which also depicts an aspect of the event.

The Comox museum's cover includes a detailed, three colour, reproduction of a Typhoon. The cancellation of the standard issue, 32-cent Queen Elizabeth stamp depicts a miniature Typhoon complete with D-Day date, the anniversary date and the Lazo, B.C. designation.

The Typhoon, pictured on the cover with D-Day black and white markings on the wings, was manufactured by Hawker Aircraft Company. Design started on the Typhoon in 1937 and the first prototype flew in Feb 1940. The aircraft was plagued with technical problems during its development and eventually entered service with the RAF in Aug 1942 not as an interceptor as originally intended but as a fighter-bomber. The Typhoon excelled in this role and was particularly formidable at low altitudes. A total of 3,330 Typhoon's were manufactured by Hawker. For enthusiasts here are some statistics covering the Typhoon: Engine: Napier Sabre IIA 24 cyl, liquid cooled; Wingspan: 41 ft 7 in.; Weight: 13,250 lb; Max Speed: 412 mph; Ceiling: 35,200 ft; Range: 980 miles; Armament: 4 x 20mm. cannon; 2000 lbs of bombs; Crew 1.

If you are a stamp collector, a collector of WWII memorabilia, an aircraft buff or someone who would like to make a contribution to an Air Force Museum at Comox, you can purchase this commemorative cover for \$2.50 (\$2.00 and .50 postage and packaging). Send your cheque or money order to:

Chairman  
Air Force Museum Committee  
CFB Comox, Lazo, B.C.  
V0R 2K0

## Community Service Awards

During a recent PMQ Council meeting approval was given for the future presentation of "Community Service Awards".

These "Awards" are to be presented to personnel who volunteer their service, time and assistance towards a better community. This is achieved by personnel who carry out volunteer work with the many organized groups within our community. If it were not for these selfless people many of our community groups would not exist.

The PMQ Council would like you assistance in selecting nominees for a Community Service Award. If you know someone who has given up their time towards community activity please fill in the application below. Completed forms must be in no later than 10 May 85. You can leave the completed application at any one of the following PMQs: PMQ 91, PMQ 71A, or PMQ 107E.

All applications received will be reviewed by the Community Service Awards Committee and personnel selected for an Award will be notified of the date, place and time for presentation

### Wallace Gardens Community Service Award NOMINEE APPLICATION

NAME OF NOMINEE \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE NO. HOME/WORK \_\_\_\_\_

VOLUNTEER WORK PERFORMED \_\_\_\_\_

REMARKS \_\_\_\_\_



AFIS PRACTICES BATTLEFIELD AIR INTERDICTION. Capt Dave Blamire, Course Director of Air Force Indoctrination Course 8504, gives target advice to Maj Len Dodd, Commandant AFIS on the AFIS Tactical Manoeuvres Board. Target, a piece of cake for the CF-18, was presented to AFIS by Warrant Officers of 8504. The 19 WO, MWO and CWO students from sea and land elements but serving in Air Command, were the first Course at AFIS. The soldiers felt airforce identification of land force equipment needed updating. AFIS staff enjoyed the sweet thought ...a chocolate. APC.

## 100 Years of Service to Canada

May 9 marks an important date in the history of the Red Cross. It was on this date 100 years ago that the Red Cross flag was raised for the first time on Canadian soil.

Since then, the Red Cross involvement has grown in communities throughout Canada. Programs such as Water Safety, First Aid, Tracing and Reunion, Health education programs for children, Sickroom Equipment Loan Services, Fun and Fitness for Seniors and Blood Donor Recruitment have all played their part in

improving the quality of life for Canadians.

The Red Cross is also the only organization in the world that has been awarded the Nobel Peace Prize four times. Canadian support for the work of the International Red Cross enables trained volunteers to be sent to areas in need and provides financial resources to help refugees and victims of natural disasters.

Volunteers are essential to the success of all Red Cross programs, so on this 100th anniversary, a

special thanks is appropriate to the many people who give of their time, their dollars, or their blood to help others.

The Red Cross flag is a symbol throughout the world of humanity, impartiality, neutrality, independence, voluntary service, unity and universality. Celebrate the first 100 years of the Canadian Red Cross by helping to keep the flag flying.

The Local Flag Raising Ceremony will take place at the Court House on Monday May 6 at 4:00 p.m.

# Around the Base

## Senior Olympics . . . . Proving That You're Never Too Old



The athletes march on . . . The Senior Olympics were held recently with CFB Comox acting as hosts. Competition was keen and a great time was had by all.



Some warm words from the brass . . . Base Commander, Col Bob Kadonoff chats it up with one of the competitors during the recent Senior Olympics. This gal was from the Campbell River Sun Shiners.

## Aloha . . . It's Empire Days in Cumberland

Grass skirts and leis will be in evidence in Cumberland from May 13th to 20th when the Village celebrates the 97th Anniversary of Empire Day. The first event of the week will be the Fashion Show in the C.R.I. hall on Monday, May 13th and will be officially opened by Mrs. Kay Moncrief. Band selections by the students of Cumberland Jr. Secondary School under the leadership of Mr. Leam Bishop will entertain the guests. Fashions will be provided by John Cliff's "Twice as Nice" and "Tie One On". Mrs. Margaret Brown will be the commentator. Ladies of the Cumberland United Church will convene a Home Cooking sale. Tea Tables will be served by the Evergreen Girl Guides. Mrs. Annette Craig will be the pianist. Miss Cumberland, Ronna Marie Aitken and members of the May Queen's party will be among the models. Word has not been received yet as to whether Hawaiian Dancers will arrive in time to be included in the entertainment. There will also be several door prizes.

Mixed cribbage, an ever popular game, will be played in the C.R.I. Hall on Tuesday, May 14th. Doors will open at 7:00 p.m., the games will begin at 7:30 p.m. Refreshments will be served and Trophies as well as cash prizes will be presented to the winners. Wednesday, May 15th will see a full house of Bingo players seeking cash and special prizes.

On Thursday evening, May 16th the Cumberland Chamber of Commerce will host a Dinner Meeting in the Cumberland Legion Hall. The doors will open at 6:30 p.m. and supper will be served at 7:00 p.m. The guest speaker will be Graham Bruce, Mayor of North Cowichan; his topic which should prove a very interesting one, is "Strategy for Survival of Forest Industry". Mayor Bruce also is a son and grandson of a pioneer Cumberland family.

Mr. May Day will be chosen Friday night, May 17th in the C.R.I. hall. The contest will be sponsored by the Cumberland Lioness Club. Mrs. M Holst will be the convenor and is limiting the

number of contestants to 25. There will be 3 Trophy prizes as well as cash ones. A dance will follow the contest. Last year many complaints were voiced from males, who felt they were being discriminated against when they were refused tickets; so this year to keep all happy -- the males will be permitted to purchase tickets.

A full day's activities will begin Saturday May 18th at 8:30 a.m. when the Cumberland Chamber of Commerce Members will serve a Pancake Breakfast from 8:30 to 10:30, in conjunction with Cumberland Merchants' Sidewalk and Street sale. A large number of Craft booths will be included as well as a Library Book Sale and a Bingo game sponsored by the Cumberland Legion Branch #28. Clowns will be very much in evidence as they compete for a number of prizes. The Chamber of Commerce will sell tickets on a trip for two to Hawaii. At 11 a.m. the 5th C.R.I. Soap Box Derby will commence at 1st and Windermere. Forms may be picked up at the C.R.I. Office; Anyone over the age of 6 years is welcome to enter.

Saturday night, May 18th Elmer Tippe and his Western Gentlemen (by popular demand) will entertain with music for the Smorg and Dance, in the C.R.I. hall.

Sunday morning, May 19th will get off to a hosing start with the Annual Volunteer Fire Depts Competitions. There could be eight teams participating at 11 a.m. on Dunsuir Ave.

Two Soccer matches are scheduled for the afternoon. A preliminary game will see the B.C.G.E.U. "Cumberland Saints" Division 8; no doubt this will be a real crowd pleaser of a match. This will begin at 1 p.m. followed by the Old Timer's Match.

On the final day, Monday May 20th, the "Comox Valley Road Runners" will register between 9 and 9:45 a.m. at the Village Office and will begin a one mile run thru the Village. The runners will be entered in three categories for both male and female participants. Medals will be presented in each category.

At 10:00 a.m. (precisely) the Annual parade will commence from the Cumberland Health Centre led by the R.C.M.P. whose Officers from the Courtenay Detachment will also escort the May Queen's party. Among the Bands taking part will be the Courtenay Legion Pipe Band, Comox District Concert Band and the Port Augusta Sea Cadets Band and also a Marching Unit. Royal Canadian Air Cadets No. 386 will participate, but confirmation of the Army Cadets is not confirmed as yet.

Among the Dignitaries in the parade will be Mayors Moncrief, Cochrane and Piercey plus Ms. Karen Sanford and Ray Skelly; Miss Cumberland, Ronna Marie Aitken; Miss Comox Valley, Aundrea MacDonald and Miss Job's Daughter, Barbara Van der Vliet. Commanding Officer, Col. Kadonoff, of C.F.B. Comox will take the Salute at the Legion Arch.

Immediately following the parade the May Queen's Crowning Ceremonies will take place in the Village Park. The spectators will witness the retiring Queen, Carmen Sampson of Union Bay, crown the 1985-86 Queen, Jodi Crawford of Cumberland Elementary School. Her maids will be her sister, Kelly and Lene Wilson. Page Boys are Jason Doleman and Daniel Shaw. Mindy Williams will be Flower Girl. Mayor Moncrief will present Jodi with her gift of a ring, donated by Graham's Jewellers of Courtenay. Following the ceremony the traditional May-Pole dancing will see Union Bay and Cumberland Elementary students participating; this dance takes many hours of training by their respective teachers.

Sporting events will continue through the afternoon; including the Cumberland Lion's Bed Race at 2 p.m. They will also stage a Free Drawing for Girl's Bikes; the only stipulation being the winner must be present in the park at the time of the draw.

As soon as the May Queen's party vacates the stand to go for lunch and visit the District Hospitals, the Highland Dancing will commence. This is sponsored by the Cumberland and District Caledonian Society, with arrangements being made by Mr. James Craig Sr. The dancing continues most of the afternoon and in case of inclement weather (which we are not going to have) the dancing will be held in the C.R.I. hall, Cumberland.

## Children of alcohol: generation at risk

Children of alcoholics need to be identified and provided with early counselling because they run a high risk of becoming alcoholics themselves in later life, says a psychiatry professor at the University of Manitoba.

Nady el-Guebaly said numerous studies show that a child whose father was alcoholic has a four times greater risk of developing a drinking problem than a child of a non-alcoholic parent.

As well, children whose mothers are alcoholics are also at risk both physically and emotionally, he told the Issues in Chemical Dependency Conference here.

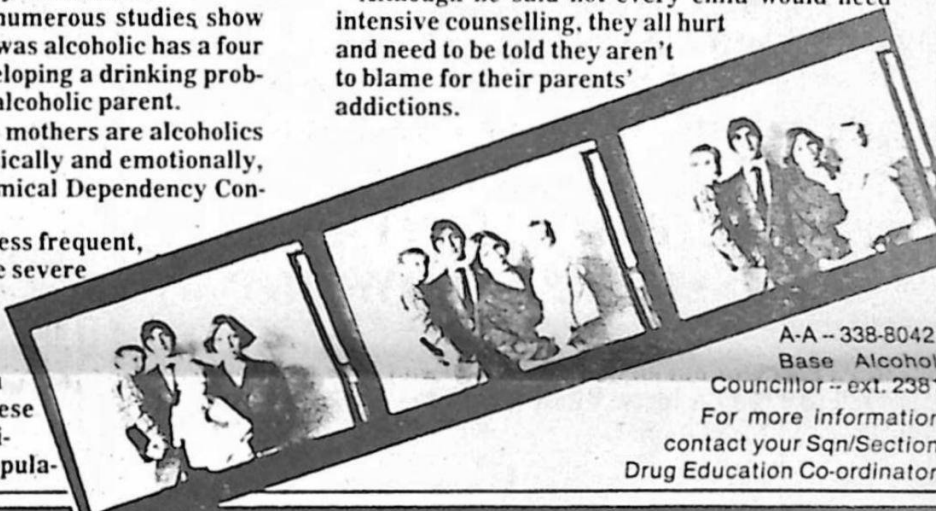
While cases of this are less frequent, "the impact is much more severe (on the children)," Dr el-Guebaly said.

He said in Manitoba alone there are more than 50,000 children at risk. These are the children of the estimated 5% to 10% of the popula-

tion who are alcoholic in the province.

Dr el-Guebaly said such children need to be identified and offered counselling. "Kids of chemically dependent parents have a lot of problems. Kids of chemically dependent parents need a lot of help."

Although he said not every child would need intensive counselling, they all hurt and need to be told they aren't to blame for their parents' addictions.



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Drug Education Co-ordinator

## Parental Consistency

. . . . The Anit-Drug Approach

By Betty Lou Lee

HAMILTON — Parents of children abusing alcohol or other drugs must be consistent and united in their approach. Too often they alternate between a tough stance for days and weeks, and indulgence, when they try to make deals, says Don Smyth, a substance abuse consultant to the Ottawa School Board.

"Once a young person gets to the stage of abuse (not addiction), it is extremely difficult to turn it



Personal contact: important

around," said Mr Smyth, who also operates concerned parents groups in Toronto and Ottawa and was former youth programs director for Alcohol and Drug Concerns, Inc.

The chances are poor if the parents are divided in their approach, if they aren't prepared to examine their own use of drugs, or if there is an absent parent who has an abuse problem.

He suggested parents keep records of their child's abuse, with dates, times, significant events, and behavior. These records can not only be used in confronting the child, but also may point to a pattern.

One girl, for example, would abuse drugs every time her parents talked about separating, as a way of keeping them together, Mr Smyth told the Institute on Addiction Studies here.

Personal contact with teachers is also important; in person, they may give a quite different picture than the one implied by computer-designed comments on report cards.

Parents should seek professional counselling, or the help of a group with one set of directions, Mr Smyth said, but they shouldn't expect a professional "to sort it out in a couple of weeks."

"Many eventually give up, and go for deal-making, which is a very unwise move. But many are living lives of pure hell."

He suggests parents start "with a declaration of unconditional love," but a firm stand that they cannot accept the drinking or drug use and won't support it in any way.

Subsequent stages are identifying the consequences of continued use, heightening those consequences, and identifying payoffs. Both consequences and payoffs will vary with the child and the situation.

Mr Smyth said a number of factors are common among 137 abusers aged 14 to 18 with whom he has been involved. There is often anger and rage, particularly toward an absent parent who doesn't care. Almost all had been diagnosed as hyperactive in early childhood, and many had a parental history of alcohol or drug abuse.

He noted that although we are getting into the third generation since the advent of street-drug use, there is little research on the effects of earlier parental drug use on children.

Family dysfunction, fear of failure, and depression are other common factors.

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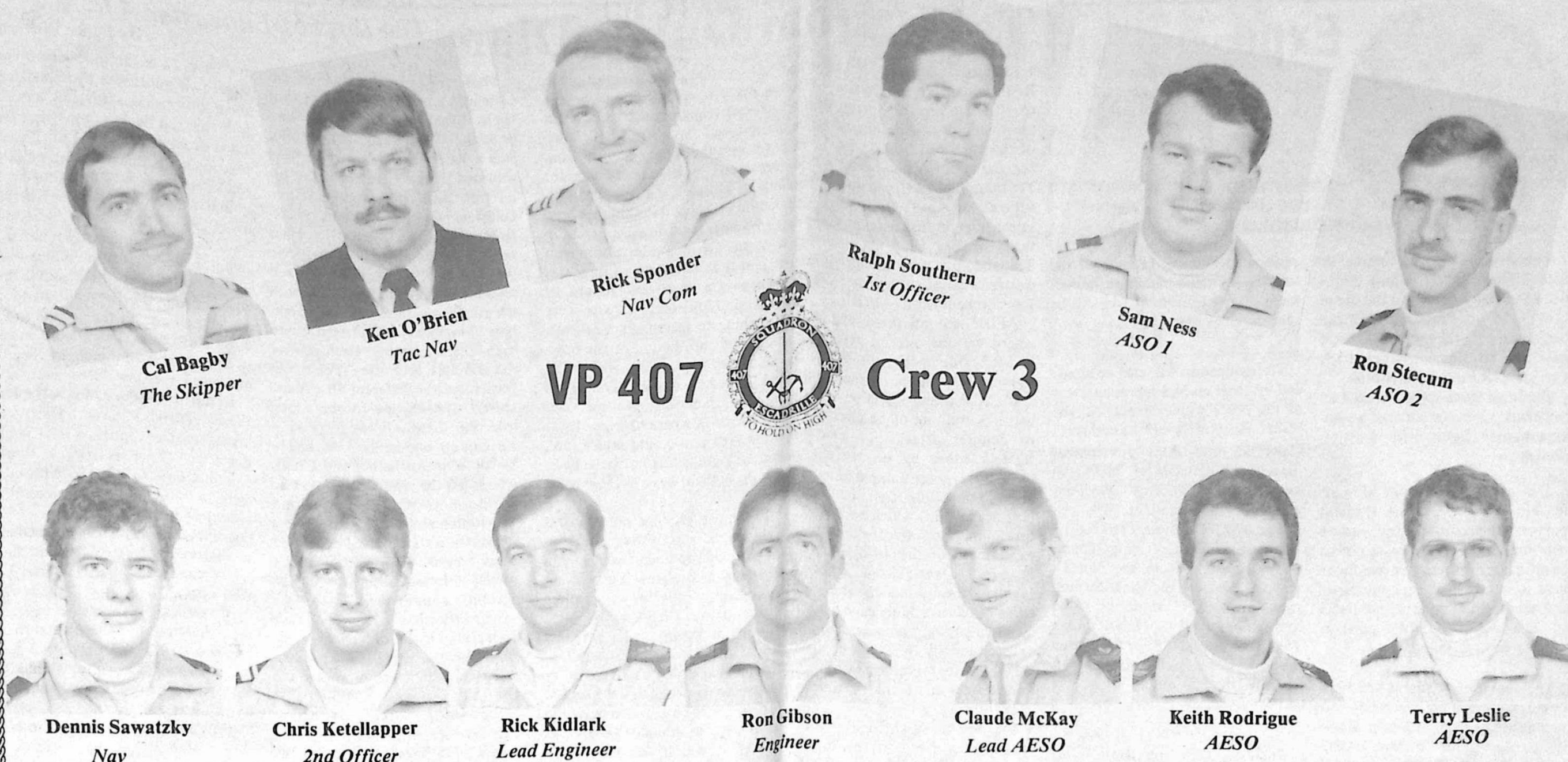
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# O'Brien Champs for '85 ... "THE SUBBUSTERS"

A Feature Page by Gord

Photos by Base Photo



## O'BRIEN - WHAT IT'S ALL ABOUT.

Every year during the spring, the VP squadrons across Canada each select a crew to represent them in a National Anti-Submarine Warfare Competition. The competition consists of different events that enable judges to select the appropriate crew to represent Canada.

The O'Brien Cup is the trophy awarded to the winning aircrew. Officially named the Maritime Commanders, VP Air ASW Trophy, it was first presented in 1969 by Vice Admiral J.C. O'Brien, at the time Commander of Maritime Command.

The O'Brien Cup winners then compete against crews from England, Australia and New Zealand in the fall of the same year. The winners of this competition are awarded the Fincastle Trophy. From its inception the O'Brien Cup has been claimed by VP407 five times previously with this years win by the Crew 3 Sub-busters making it six. As it is every year the competition was held at CFB Greenwood, Nova Scotia and it was there that we travelled.

### Subbusters settle in Greenwood -

A trip to Greenwood can be most unique as one can never be sure what unexpected events lay in store. Upon arrival we were met by a seemingly friendly and helpful Major and by near hurricane force winds accompanied by horizontal rain. Nice place, beautiful weather!

After a moderate amount of organized chaos had passed we were escorted to our living quarters at the Air Cadet Hilton Complex. This entailed lodging of truly amazing standards and included no charge extras such as almost hot water, up to date sleeping berths (constructed during the early part of the twentieth century) and intriguing time consuming do it yourself privacy door kits consisting of a blanket and some nails. Also, there was an over abundant supply of mattresses on hand. The reason why has still yet to be discovered but it did afford some stimulation to those with adventurous minds. Not to mention provide material for building forts, barricades or caves, etc., etc.

Of course things weren't so bad after we had settled ourselves. Some of us with knowledge of an accessible night spot in the area set off to have a taste of Greenwood night life. Some time later we returned, as the night life was mainly asleep and we felt that activities such as Saturday night at the Top Hat should be metered to help us adjust to this new level of excitement.

Early the next day the wild and crazy fun seeking bunch of party reptiles transformed into the refined, well oiled and finely tuned enemy submarine neutralizing force known to most of the world (with the exception of certain parts of Zambia) as the Subbusters! (Lots of dramatic music.) And went about some crew training for the upcoming competition. At this point morale was very high. If anyone could take the cup it was us.

The competition begins -- Monday, the eighth was the official beginning day of the competition and much to our delight was also the beginning of the Greenwood Women's Annual Curling Bonspiel. Three hundred or so competitive female curlers, but more on that later.

On Tuesday the aircrew went into action in an Operational Mission Simulator. We left it with a "so far so good" attitude and looked forward to our first actual flight. During the afternoon all 407 representatives gathered to watch our armament crew carry out their task. Judged on the loading and unloading of two torpedoes and all necessary procedures involved, the crew truly performed admirably giving us a deep sense of pride. It was one more point emphasizing that the whole team is but the sum of its parts.

Hopes are temporarily dashed -- Wednesday arrived and with it our "day" mission. The briefing was standard, we would launch, transit to the area, enter the area at the prescribed "on station" time, then have four hours to detect, localize and attack the target. Every minute of those four hours would be valuable. Snow had fallen during the previous night increasing the difficulty of preparing our aircraft. This added to the pressure on our servicing crew and when combined with some problems experienced with the servicing equipment our chances of launching on time were diminishing rapidly. Through the ordeal our servicing crew strived with dogged tenacity and finally signalled all was ready. During the rest of the trip we were plagued by an assortment of problems. The flight had not gone well and we definitely felt it. Morale at the end of the day had reached its ebb point. Failure loomed in each of our minds. Now more than ever we would have to rely on the high level of esprit-de-corps we had built. Lt (USN) Cal Bagby and Capt Ken O'Brien should be commended for their example of leadership in pulling the crew tighter together and re-instilling the aggressive enthusiasm in the crew.

Later that evening spirits began to lift. The Greenwood teams were



The Victors Return



A Proud Papa



His Cup Over Runneth

not about to shake us that easily. We were still in this race.

Back on track eager for the attack -- Thursday proved to be a very important day. Most of us reflected the feelings of calm before the coming storm. That night we would fly our night flight, our last mission and our last significant event of the competition. In our eyes it was of paramount importance. This is it, all or nothing, now or never. Confidence was high, we felt good about it. The submarine was out

there and by the powers that be we were going to find him. I could feel the adrenaline starting to build as we received the all ready signal from our servicing crew. We walked across the tarmac toward our aircraft amongst shouts of encouragement and support from our ground crew.

The mission was almost entirely opposite to our previous performance. Everything worked. We were able to prove ourselves, our techniques and our tactics. Because results were what the judges were after we gave them those as well.

To top everything off we were even congratulated by the submarine Commander, which produced a great deal of mirth on board the

A long overdue party -- Seventy-three that morning, not long after landing, we were celebrating in the VP International Lounge. The night trip had made the whole competition worth while. Win, lose or draw, we could have left with pride and satisfaction for the trip had accurately described the capabilities of the crew. By nine-thirty we were partying at the curling club. Although there were few people there at that time in the morning we were happy and continued to enjoy ourselves. We didn't know whether or not we would win but the pressure was off, we had done everything that we could. The waiting had begun.

In the afternoon and evening some of us were able to experience a most unique event. Certain crew members were volunteered to serve as waiters for the Women's Bonspiel closing dinner and later subjected to the excellent party and dance that followed. Saturday morning, it was felt by majority vote, should have been postponed at least until the afternoon. Volleyball, the sports activity, was scheduled for eight a.m. One crew member apparently convinced that the sport had something to do with soccer felt that hitting the ball with his head would be more effective than using his hands. This was presumed to be in connection with said crew members being void of sleep.

The ASW Symposium followed in the afternoon. Our topic, West Coast Towed Arrays was well presented except for a few minor half system problems of the tongue experienced by our orator.

The moment of truth and justice -- The evening held the moment we were waiting for, as it was at this time that the presentations would be made. Decked out in jacket and tie we waited in suspense. Dinner was completed, the Sports Trophy had been awarded and it was time to get down to business. Well this is it guys. Someone had put forward the idea of shaving off our moustaches in the event we won. This would affect 80% of the crew. Crazy idea but what the heck. We all agreed.

As the mement drew closer the suspense in the room escalated. I could certainly feel the tension at our table. Quick glances indicated that everyone was immersed in whatever private rituals individuals

go through when waiting for the outcome of an extremely important event. I must have smoked at least eight cigarettes in the space of about five minutes. Including lighting the filter end of one.

Indescribable ecstasy -- The precise moment the selection of the winners had been made clear the entire table erupted into a chaotic mass of cheering and embracing grown men. LCol Rogers, CO of VP 407, later described the moment being similar to two trains colliding head on with the cars buckling and rising against each other in the centre as they came together. If I could have been anywhere in the world at that time I would have been at that table. Complete euphoria inadequately describes the event.

Intense partying was sure to follow and indeed it did. During the course of the evening the trophy was paraded, led by an astute piper (whom we plied with vast amounts of scotch) through the various establishments and messes. At the Curling Club where the party eventually settled, the trophy was danced with, worn as a hat, and filled with all sorts of beverages, including a vile substance known as Purple Death made from who knows what, and promptly drained by all crew members.

As may be imagined the party continued long into the morning. Upon rising that day, all of us, including the CO, completed what we had pledged and shaved off our moustaches. Some looked little different, some exacted a great deal of laughter. We were certain that Lt (USN) Bagby would be required to show ID next time he entered a bar of any sort.

### Reflections and considerations --

The trip home afforded us time to reflect what had transpired and allowed us to feel the actual gravity of it all. Competition promotes the desire to win and with it raises the quality, competency, and efficiency of the individual. In all professions these characteristics are sought after. To be better than the best requires constant improvement and improvement is beneficial to us all.

In September the Crew 3 Subbusters, representing VP 407, but more importantly representing Canada, will compete for the Fincastle Trophy, against England, Australia and New Zealand, in Kinloss, Scotland. So look out, because here come the SUBBUSTERS...

P.S. The author would like to mention that in all seriousness, CFB Greenwood and its personnel provided us with excellent support during our stay. And that any comments made are to be taken in the context of friendly rivalry, or should I say competition.

# People & Places



## Expo Update

EXPO 86 TO GET HUGE INUIT STATUE FROM NORTHWEST TERRITORIES

Vancouver, B.C. - A unique, 20 foot high, Inuit (Eskimo) statue will be unveiled May 1 on the site of EXPO 86 to mark the official beginning of the unusual Expo pavilion to be constructed by Canada's Northwest Territories.

The huge stone statue - called an Inukshuk - is in the form of a standing human figure with outstretched arms.

The unveiling ceremony will also feature Inuit and Dene (Indian) performances involving native costume, dance and song, as well as traditional northern native foods such as arctic char and musk-ox. Outstanding native arts and crafts and a model of the NWT pavilion will also be on display.

The pavilion ground-breaking and statue unveiling ceremony will include the Hon. Claude Richmond, Minister of Tourism/EXPO 86, and, from the Territories, NWT government leader Richard Nerysoo, and the NWT Minister of Economic Development and Tourism, Tagak Curley, and Pavilion Commissioner George Braden.

Inukshuks are well-known symbols of the Canadian North. As an ancient part of Inuit culture, the statues are traditionally used as landmarks and navigation aids. Eskimo hunters used them to lead or drive herds of short-sighted

caribou to ambush because of the Inukshuk's resemblance to human form. Many Inukshuks can still be seen in the North today.

The dedication will also be attended by other elected representatives of the NWT Government, Mayor Mike Harcourt of Vancouver, Canadian and B.C. government dignitaries, officials of EXPO 86 and the Canadian Expo Pavilion, and corporate executives.

The NWT Pavilion, designed by Vancouver architect Bing Thom, takes its shape from the North's icebergs, glaciers and snow-covered mountain peaks. Made of wood and glass, it will be 18,000 square feet, five stories tall and covered with reflective paint to make it sparkle like a diamond in the sunlight.

Inside the pavilion, an imaginative mixture of film, sound, exhibits, photographs and mirrors will tell the story of the emerging north and the search for balance between the land, modern man, development, northern culture and traditional lifestyles. The pavilion will also feature an array of northern talent on indoor and outdoor stages during the Exposition's 165 days. As well, the pavilion will showcase live exhibitions of traditional native skills such as boat-building, craft-making, carving, beadwork, fiddling and story-telling.

## Tales From Dukes Diary The Loss of Lancaster AR-N

By Duke Warren

In mid-January of 1944 I left 165 less get proper deflection on it. I was convinced that the great majority of bombers shot down never saw the fighter and my conversations with German night fighter pilots after the war confirmed this. I was often told that once the bomber took evasive action at night the German pilot would let it go and find another, and there was generally a generous supply of targets. However, it was very difficult to follow the bomber much

AFDU was an interesting unit, where various aircraft tests were carried out both on friendly fighters and captured enemy aircraft. It also had a section dealing with the training of bomber crews to counter attacks by German fighters either by day or night. Even at this stage thought had been given to operating RAF night bombers in daylight, which had almost been eliminated after the disastrous experiences of the 1940 raids on France. I was based at RAF Ingham, near Lincoln, and flew either Spitfire or Hurricane aircraft against Halifax, Lancaster, Stirling or occasionally Wellingtons from OTU. The first three aircraft I mentioned were all from operational squadrons.

This was an opportunity for me to see bomber operations at squadron level and get to know the crews personally. I would go to a bomber base, and the crew detailed for training would meet me, we would arrange take-off times, rendezvous time and place, and debriefing location. Generally the standard evasive tactic of the bomber was a turn or the "corkscrew". In daylight neither of these tactics posed much of a problem to a fighter aircraft, but at night the corkscrew was very effective. Even when the bomber had his navigation light on - which they were required to do or I would have never found them, it was most difficult to follow the bomber much

The most exciting part of this night work was hitting the slipstreams of bombers which you never saw as the great masses went out to Berlin - for this was the time of the heavy Berlin raids. Next morning at the Bomber Command School of Tactics, also based at Ingham, we would go over the intelligence reports. I had the urge to go on a Berlin raid, and arranged to do so with an Aussie F/L and his crew on the next trip he flew to Berlin. Fortunately he sprained his ankle very badly one Saturday playing soccer for his squadron team and I never build up my courage to such a foolish level again.

One day I was called into the CO's office, a S/L England, (later an exchange officer at Trenton) and told I was being detached to the Bomber Development Unit based at Newmarket near Cambridge. A famous race course by that name was part of the aerodrome. Another surprise was that I was issued with a brand new Hurricane, with two VHF sets, one Fighter Command, one Bomber Command. Eight VHF channels - it boggled my mind, what could a pilot do with all those frequencies? In any event, I collected some kit as I was told to expect to operate away from our base for some time, and I "railroaded" my way to Newmarket as it was a day of poor visibility.

I reported to the CO of the BDU, and was told I was to work with the secret project - Village Inn. This was a bomber rear turret that had two point five machine guns rather than the four 303s, had its own radar and gyro gun-sight, and the rear gunner could fire on the "blip" of the enemy aircraft and in theory shoot him down without ever seeing the enemy. The turret, made by Fraser-Nash, was fitted in a Lancaster and for experimental and training purposes all the plexiglass had been painted black so the gunner could not see out. I was to fly and carry out various attacks on the bomber while the rear gunners operated the turret and used a cine-gun to record results.

The bomber crew was an experienced crew specially picked for their high qualifications and operations knowledge. The pilot was a RCAF F/L, who had been awarded the DFC for bringing his aircraft back one night after a collision with a German night-fighter which had torn off a large section of his aircraft's wing. We became good friends as we worked together closely, and not only with the pilot but with all the crew members for we travelled together to many different units. Each day we did exercises, and often took off in formation, the different lift-off airspeeds allowing me to run along side the Lanc, take-off, undercarriage up, and be nicely tucked in by his wing tip before the Lanc's wheels left the ground. I would stay in close formation for cloud penetration and the Lanc crew were impressed with this and I never told them I never flew instruments by myself if I could help it - on the fighter squadrons when we penetrated cloud everyone flew formation on the leader. After getting above cloud I would break away and carry out attacks while the rear gunner operated his "blind-firing turret". Most impressive the way those big long barrel point fives would follow me around and after the first exercise I refused to believe the turret was all blacked out, so sneaked over to look, just to make sure the rear gunner had not cheated and scraped an eye hole to look out.

On the 29th of April a message came from Bomber Command telling the Lanc crew that because of their special training, and the fact that Village Inn project was Top Secret, that they were removed from any further operational flying and should consider their tour complete. The pilot was not too pleased with this message, but the navigator, an older man, married with two children was pleased for his wife's sake who he said worried a great deal about his operational flying.

The next day was like so many previously, brief, get airborne, carry out attacks, return to base. I often would tuck in really close, and the mid-upper in his turret would fire his very pistol at me, but the large slow flare would only get to my wing tip before it was swept back by the airflow. Sometimes the Lanc pilot would try and shake me off by a sudden alteration of his flight path, but the heavy bomber was so much less responsive than a fighter that it was relatively easy to follow, and it was all done in fun and sometimes after landing the Lanc crew would direct (unwarranted) criticism at the standard of my formation flying that day.

The last sortie that day was also routine except we were to demonstrate to some "boffins", or scientists, the way Village Inn performed. The trip went as planned and after completing the exercise I formed up on the Lanc and we turned

for base. In a gentle let-down between two and three thousand feet the mid-upper was amusing himself by firing red flares at me, when the Lanc dropped his nose rather sharply. Events happened more quickly than I write them. I thought "he is going rather steep, but if I break away they will chafe me, so I will hang on," then quickly I realized I might have trouble pulling out - and I pulled out sharply and the smoke from the fire-ball engulfed me as the Lanc hit the ground amid a herd of cows. There were either twelve or thirteen men on board and seven were my close friends.

I landed at Witchford to report the accident, then flew to Newmarket to report to the CO of the BDU. That evening a Wing Commander from Air Ministry came in to investigate the accident - secret project, "boffins" on board, a severe loss to the program as well as the loss of life and aircraft. The W/C started his interview with me by saying: "We know the Lanc was in trouble because he was firing red flares." When I told him this was a routine habit of the mid-upper to shoot at me he shook his head in disbelief but I assured him it was the truth. There were many other questions to the interview. Strange, I don't remember signing any statement. His last question was "Is there anything else you can think of?"

At this time I told him I seemed to recall in my mind a flutter of yellow fabric just before the Lanc's nose dropped - and when he pressed me I stated it reminded me of yellow material from a Tiger Moth wing such as training planes were coloured.

The next day the investigators went out, back along the flight path, and found the dinghy had popped out of the wing. It was determined that the dinghy going back, caught on the elevator mass balance for a second, depressed the elevators sharply, and the nose dropped so steeply it was impossible to recover. Why the Dinghy popped out was not determined to my knowledge, perhaps a faulty release mechanism, or one of the "boffins" not knowing the inside of the Lanc, grasped the dinghy handle to steady himself in the aircraft and pulled the release.

I have never forgotten the last day of April, 1944.

Note: In 1984 an excellent book was published dealing with the nuclear weapons problem between the great powers. The title was "Weapons and Hope" by an author named Dyson. In it he mentions Village Inn as an example of a weapon that science had developed but that proved impractical after testing, not because of the weapon, but because no way could be found to make the IFF (Identification, Friend or Foe) equipment in bombers 100% reliable. I entered into correspondence with Mr. Dyson and was most surprised when he replied to my letter, and among other things said: "I know your part of the world, a very beautiful area, for I have a son near Campbell River."

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