



# TOTEM TIMES



Vol. 27 No. 1

CFB COMOX TOTEM TIMES

THURSDAY January 10, 1985

Deadline is Monday, January 21, 1985

COST: PRICELESS

## Canadian Navy celebrates 75th Anniversary

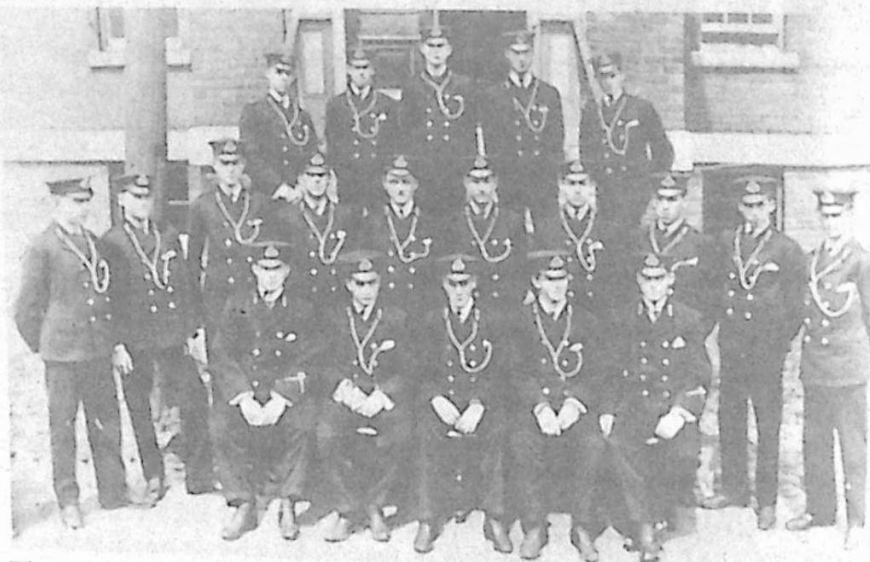


**Halifax** -- During the formative years of the Royal Canadian Navy, Canada assumed responsibility for training officers capable of replacing the officers loaned from the Royal Navy.

Canada's main source of naval officers became the Royal Naval College of Canada, at Halifax, an institution provided for in the original Naval Service Act. The college was established officially on January 18, 1911, in the old naval hospital where Maritime Command Headquarters stands today.

The school was established for the purpose of imparting a complete education in naval science. Founded as the naval counterpart to the Royal Military College in Kingston, the essential aim of the college was to develop a well-rounded man with the following qualities: discipline, with the abilities to obey and to take charge; a high sense of honour; self-reliance and self-restraint; a good grounding in both theoretical and practical science as a basis for further general development or specialization.

Courses included various disciplines both practical and scientific.



The students studied engineering, mathematics, mechanics, physics, seamanship and navigation. The whole program was comprised of three years, with each year divided up into two terms of study. The only obligation of graduates was that they join the Canadian Naval Reserve when that force was established.

The college lasted for only eleven years and passed through many trying times, including the Halifax explosion. In its relatively brief existence, the Royal Naval College

of Canada produced most of the senior officers who directed the RCN in the Second World War.

In 1917 the Royal Naval College of Canada was closed because of damages incurred during the Halifax explosion. The college moved to RMC at Kingston for the spring term of 1918, and in the fall moved again to Esquimalt, B.C., where a temporary training base was established. In June, 1922, the Royal Naval College of Canada at Esquimalt, B.C., closed down and was never reopened.

**HALIFAX** -- The Canadian navy is preparing for its 75th anniversary this year with a renewed sense of pride and with anticipation of new ships which will place it at the forefront of naval technology.

Construction of the first of six new frigates will begin this spring and sailors should be wearing distinctive new blue uniforms by summer.

The Canadian navy plans numerous events during the jubilee year to allow as many Canadians as possible to see its ships and bases and evolution to a high-technology force.

Warships from Canada and its allies will assemble in the harbours at Halifax, Vancouver and Victoria; a naval tattoo will perform in nine major Canadian cities and reunions will be held from coast to coast for retired and serving navy men and women.

With an Act of Parliament passed on May 4, 1910, the government of Sir Wilfred Laurier said it was determined to see "The speedy

organization of a naval service in co-operation with an in close relation with the Imperial Navy."

From its humble beginning, Canada's navy acquired from Britain a pair of hand-me-down cruisers, the Rainbow and Niobe, and antiquated dockyards at Halifax on the East Coast and Esquimalt, B.C., on the West Coast. These sites still form the navy's home but long-term development plans are transforming them into state-of-the-art maintenance and repair centres.

The situation was not much brighter in September, 1939 when Canada entered the Second World War but within four years, the Royal Canadian Navy swelled to over 400 ships and 96,000 personnel who performed the arduous task of escorting up to 9,000 ships a year across the Atlantic.

The only remaining corvette among 122 which served on escort duties for the Royal Canadian Navy during the war will, following

a two-year restoration project, be officially dedicated in a ceremony at Halifax on May 4, the actual jubilee date.

Of the vast fleet of fighting ships protecting the convoys carrying supplies to Europe, Britain provided 51 per cent and Canada 47 per cent. The influential Saturday Evening Post told its American readers in an August, 1943 editorial that "There were desperate months when Canada stood between us and disaster."

Within four years the First World War erupted and the Royal Canadian Navy grew to 6,000 personnel of its own and 1,700 other Canadians who went to the Royal Navy. The navy carved out a respectable reputation with its two cruisers and smaller craft, including a pair of American-built submarines intended for Chile but bought by the British Columbia government a day after the war began and turned over to the navy where they were designated as CC-1 and CC-2.

He's Going...



### "Fishwrapper" Exposed

Section News.....	2
Editorial.....	4
A.F.V.C.....	5
Sports.....	6
Promos & Awards.....	8
Around the Base.....	10

They're Going too....



See page 11 for details





# Section News

VU 33



## AIRCREW

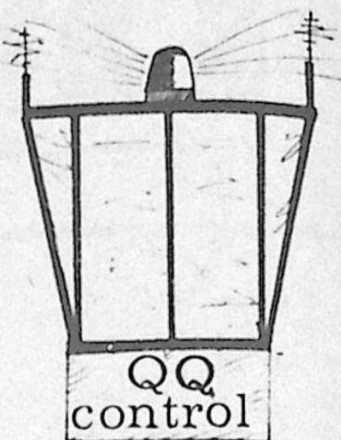
It seems as though another festive season has come and gone, leaving in its wake a group of slightly more rotund and "partied-out" aircrew. As a result of the party spirit of the Sqn, we understand Shirley Acorn has received several queries as to her unique choice of foot deodorant. She has reluctantly decided to call it "Vin au Cuir". It appears that on New Year's Eve, a certain jocund Sqn member (she will remain nameless) decided she wanted to try having wine in a leather glass by Gucci. We understand Shirley will be sending us a bill for a new pair of shoes.

Another casualty of the festive season was Dave Gibson's moustache. On his first day back to work, everyone thought his continual rubbing of the corners of his mouth was a feeble attempt at a Humphrey Bogart imitation until someone finally noticed the missing moustache. Gibby, being our last bastion of naval aviation, claims his lack of facial fuzz has nothing to do with the fact he will soon be wearing a new Air Force uniform.

Turning to things of a more operational nature, the Sqn is once again gearing up for its annual exercise in San Diego with the Navy. Despite the poor weather conditions of the past week, VU 33

has "kept 'm flying". Indicative of this dauntless effort to succeed where others have waived, last week Rollie decided to take our newest copilot, John Reimer (henceforth known as John-Boy) up in actual conditions and let him fly a few approaches. As the 407 crew was deplaning after a weather cancellation, they were treated to the hearty roar of a Tracker on its second touch and go. The Service Flight, unable to bear the taunting any longer, finally loaded its passengers and departed. It is probably not that significant; however, Rollie could not help but notice that John-Boy, with a smile on his face, was humming the theme song from "The Right Stuff" as they strolled into Sqn Ops after their flight. Where do we find such men?

-Anchor 92



## As The Beacon Turns Missed deadline

### Variety Club Telethon

ROLL-A-THON, BIKE-A-THON, WALK-A-THON, TELETHON!

This year's message from 1985 Telethon Chairman Jack Bibby is loud and clear. "We would like to ask that all communities around the province stage special fund raising events leading up to Telethon" ... "Our efforts must start now ... with the culmination on February 9 and 10 at the 19th Annual Variety Club Telethon".

On that weekend, the public will enter the "World of Variety". A world personified by all of the special children of British Columbia. "The need never ends" ... says Jack Bibby ... "the work of Variety is ongoing".

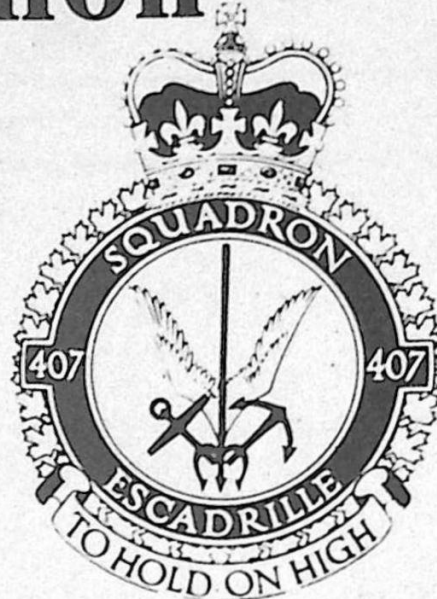
It is expressed by over 150 Sunshine Coaches travelling to and from places of therapy in most communities; by the Diagnostic & Treatment Centre at the Children's Hospital; by the electro-limb program, by the Children's Research Centre and the Eye Clinic. These are only a few examples of more than \$16.5 million raised publicly and spent on children since 1965.

Variety has been able to help the children because of the generosity of thousands of British Columbians. Several special fund raising events are underway but we need more. YOU can be part of the "World of Variety". Get together NOW. Help us ... help the children of B.C.

Variety Club Telethon  
February 9-10, 1985  
LIVE FROM

THE QUEEN ELIZABETH THEATRE  
ON BCTV

## Demon



## Doins

### AIRCREW

Things are finally back to normal here after a festive holiday season, hope everyone enjoyed themselves!

407 Pilots and Navigators are hard at work practicing their individual presentation to their respective career managers who visit CFB Comox this month. Please ensure 40 psi is not exceeded when pointing fingers into chests.

Welcome back from south of the Equator to the Crew Four detachment, who arrive home in this time for Christmas after their R and R in Fiji. Aircraft problems encountered in Fiji prevented an earlier return. Judging from their suntans I don't think they minded too much.

Congratulations to Capt Squires, Lt Southern, WOs Fortin and Cock as well as Sgt Parker, Cpl Trescher, MCpl Schwab, Cpl Beaudoin, MCpl Proulx and Cpl Grass from Servicing who all "won" an all expense paid Christmas shopping trip to Hawaii and Fiji. Actually, they were sent to assist in the aircraft's recovery, no complaints were heard.

Capt Steve James is back in the saddle as "Deputy Dawg. Rumour has it that a showdown took place in the Demon Corral, OCO's Beler and Bellefontaine put up a valiant fight.

Lt(N) Cal Bagby is alive and well after "T.D." in the Campbell River hospital. He had us all a little worried for a while, what with his midnight excursions in his "Sub-busters" vehicle disguised as a DND ambulance.

Capt Dave Harris was seen recently bringing into the squadron a conglomerate of entrails packed into a sheep's stomach. Happy Robbie Burns day laddie!

Finally, the 407 aircrew newspaper article would not be complete without some mention of Crew One's exploits. It seems that our standards bunch took advantage of some foggy weather to scam yet another away trip, this time diverting to Abbotsford after an all night patrol. Capt Steph Kummel was understandably upset, as he wasted his annual away trip without taking advantage of his \$300 Customs declaration. Can you believe those guys?

### SERVICING

Happy 1985 everyone, even though I'm sure we're all trying to work off the extra ten pounds and struggle through the financial difficulties of the merry season. Now we can get down to serious skiing, and as long as Spike "The Mogul Masher" Marlow stays out of everyone's way we won't have as many casualties as we did in December. Some people will do anything for time off including walking around on crutches for a few weeks, "Does anyone want to buy a slightly used ski pass?"

Congratulations MCpl Ubsell, Cpl Norris and Cpl Nolan on your promotions.

We may be bidding farewell to Cpl Gardener in the new year. If so he'll finally be getting his BMW bike. By the time this article is printed he'll also have a new addition running. Congratulations to Pte Wilson and Cpl Mackay who have got another one on the way - it seems everyone's getting pregnant. "I hope it's not in the water". That's all for one crew. Wishing everyone all the best in the new year.

### ARMAMENT

Well, Christmas is now history and a new year's just begun. But just before that a couple of things happened in 407 Armament.

First Pte Glenn Rooke came back from Adak, Alaska on the 20th of December, upset because he missed the cheerleaders by one day. Maybe next time Glen.

MCpl Guy Crepeau received an award on the 24th of December for a modification on the Wing Launcher Assembly. MCpl Crepeau received \$250.00 with his award, must be nice just before Christmas. Congratulations Guy.

Finally, Ptes Glen Rooke and Jean Lapointe are off to Greenwood on the 3rd of January for three weeks (Pre POET Training), hope you have a nice journey guys. That covers just about everything for 407 Armament this week. Wish you all the very best in the New Year.

Next Totem Times Deadline - Monday, January 21, 1985

# Steelhead stocks improving

Few in British Columbia do not know about the efforts to enhance salmon populations along the west coast. The salmon run of more than 20 million fish into B.C. rivers is the object of important commercial and sport fisheries, the backbone of a maritime economy.

But while all of that has been going on, efforts that have received less public attention are having their effects on another important west coast species - the steelhead. And that's good news for many local economies around the province.

There is no commercial fishery for steelhead and as a species, it is more fragile than the salmon. For example, they are subject to more predation because they spend much more time in freshwater than salmon. Steelhead do not reproduce in the numbers that salmon do, and because summer steelhead often run with the salmon, they are subject to incidental catch by commercial and native fishermen.

Why, then, the interest in this non-commercial, fragile species?

Put that question to any experienced angler and it's likely to elicit a laugh. Fishing for steelhead, you see, is the Rolls-Royce of sport fishing experiences.

Enhancing steelhead stocks is not just nice for local

anglers. It is an important part of local economies in several parts of British Columbia, particularly in the Skeena watershed in British Columbia's northwest.

Anglers from all over the world are attracted there by the steelhead fishing and the chance at a trophy for their wall. They leave behind a good many tourist dollars in the process.

The aim of the provincial government's steelhead program is to "maintain a high quality recreational fishery," according to Dr. Art Tautz, head of fisheries research for the fisheries branch of the ministry of environment.

There are two basic approaches to achieve that goal - to reduce the harvest of steelhead through angling restrictions and to enhance stocks and spawning and rearing grounds for the fish.

To reduce the harvest, the ministry has introduced a catch-and-release program for those steelhead not raised in hatcheries. You can always tell when a steelhead is bred in a hatchery because its adipose fin is removed upon release. Wild steelhead still have their adipose fin.

The catch-and-release program is in effect in the lower mainland area and on Vancouver Island. Tautz says anglers are willing to forego the fish on the table and go after steelhead in these areas

just for the tremendous fight it puts up.

A limit of 10 is put on the number of fish taken per year. Of this number, 5 to 10 may be wild steelhead, depending on the area. In the future, the limit may change to two fish per month, which would effectively limit the catch even more because the fish only run during certain times of year.

Tautz gives credit to the angling community for the success of these programs. He says anglers realize the need to limit harvest for the sake of future angling and there is a good deal of self policing.

Ministry officials play an educational role for anglers, attending meetings of such organizations as the Steelhead Society of B.C. and the B.C. Wildlife Federation, to explain regulations and the reasons behind them.

Enhancement is another key element of the steelhead work. The recent development of a holding facility for adults near Smithers, opened this fall, will advance these efforts a great deal. The adult steelhead must be held until spring before the eggs are taken and fertilized for hatchery rearing.

A federal hatchery nearby will rear the young steelhead to a size that will give them the best chance of survival in the wild. Before the joint federal-provincial project, eggs

had to be transported to Abbotsford where the provincial hatchery reared them until they were ready for transport back to the north.

Extensive experience shows that the survival rate of released fish is high, usually 90 per cent or better. Hatcheries release some one million smolts and 1 1/2 million fry annually.

Efforts are made to improve the food supply in lakes and rivers by dissolving nutrients in the water, in a kind of fertilization technique. This is still in the experimental stage, says Tautz, and done only on a limited basis.

Improving spawning areas for steelhead is achieved often by simply adding to the complexity of the underwater terrain. Fry and smolts need places to hide.

In other areas, spawning areas may need protection from intruding cattle or the suction of some rancher's irrigation pumps. These problems are usually worked out to the mutual benefit of the rancher and the steelhead.

Five years ago, there was serious concern about declining steelhead stocks, says Tautz. The probable causes were overfishing and habitat loss in the early 70s. By addressing those problems, he says, "all trends show that steelhead stocks are recovering."

## VP-407 Demon Tech of the Month



Our first "Demon Tech of the Month" for 1985 is MCpl Alain Proulx. Al is an IE Tech who is a member of three crew in 407 Servicing. MCpl Proulx joined the Forces on the 15th of November 1976 in Rouyn, Quebec, and joined 407 Squadron, from Edmonton in August 1982. Over the past year, Al has shown considerable dedication and leadership but especially so during the Abbotsford Airshow where he was tasked to work in an unfamiliar environment, with limited resources, and on civilian and foreign military aircraft. More recently, Al played a big part in recovering A/C 118 days were spent repairing the aircraft so that it could return to Comox before Christmas. In his spare time, Al enjoys listening to music and working on his car.



# Section News

## 442 Squadron

LCol Stuart presents!



MCpl Lorne Flunden - CO's Commendation



Capt Bruce Beswick - 2000 hr. ATG Certificate



MCpl Jerry Boucher - Suggestion Award Certificate



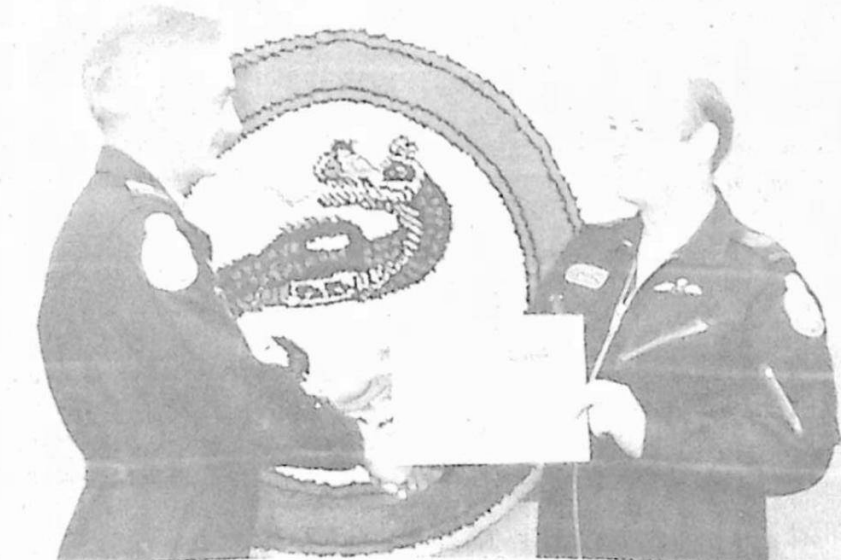
MCpl Arie MacAuley - Operational Parajump Certificate



Sgt Rick Porter - Promotion



Sgt Larry Brown - Recent promotion



Sgt Ian Murray - Boeing Rescue Citation



Sgt. Ian Murray - Promotion



### FROM THE MAIN FLOOR

442 techs found themselves on TV last week, during a VU13 presentation entitled, "Island in the Stream". About fifteen minutes was allotted to CFB Comox, a large portion of that to 442. Bob Legault could be observed towing a chopper just by walking in front of it, Pat Burke was doing something like a sermon in the cockpit to an attentive tech, there was a shot of Geoff Breton gassing up a chopper - all in all, a very good production, with the only off note being Laurier Lappierre's reference to us as 'Soldiers'. Perhaps the Chief will set him right.

Lorne Munden was presented with the Squadron CO's Commendation for 'Consistently High Individual Achievement' last week. This well deserved plaudit seems not to affect his Newfie sense of humour, however. Don Rickles, watch out! Kathy Brooks, sporting a new (short) hairdo, all threads neatly trimmed, boots blindingly polished and two (count 'em) Field Message Books in hand, headed for JLC Penhold on Friday. Go get 'em Kathy, and watch out for those chitty chitties.

Genial Mike Laycock is posted to Gander next July. That is about as far from Comox as you can get, and still be in Canada. Lorne Munden disagrees. About Gander being in Canada, I mean. In sports, our hockey boys are tied for first, with a game in hand.

Attention Winox fans - that is the annual curling etc. trip to CFB Winnipeg - get your names in NOW to Gord Trenholme in Log Control. In late news, Rick King is now the compleat FE, having completed his courses in Trenton, Chatham and Gagetown. Can't write any more about you Rick, you're a Flyboy now...

Norm Blondel

## Jr. Ranks Club

Thursdays & Fridays!  
Thursdays & Fridays!  
Thursdays & Fridays!

Are now the new days for DJ entertainment at JRC.

Thursday & Friday - January 10 & 11  
DJ SUMMIT MUSIC

Friday & Saturday - January 18 & 19  
★ BAND ★ STREETWORK

Thursday & Friday - January 24 & 25  
DJ NINE TONIGHT

## OFFICERS' MESS

Fridays, January 11 and 25 REGULAR TGIF

1600 - 1700 hours.  
Food as indicated  
1700 - 1800 hours.  
Free taxi - ask at Bar.

January 11 -  
HOT PASTRAMI &  
BEEFEATER FRIES

January 25 -  
SLOPPY JOES & FRIES

Wednesday, January 16  
OWC: ROBBIE BURNS DAY

1930 for 2000 hours. Entertainment for the evening will feature Highland Dancers. Scones, shortbread and traditional haggis will highlight the list of munchies. Scottish clothing may be worn if you wish.

Friday, January 18  
MIXED TGIF

Time to start the year off right. Bring out your loved one and enjoy the first Mixed TGIF of 1985. Subsuds 1700 - 1800 hours. Food will feature Chinese ribs, eggrolls and rice. Themeal will be followed by dancing to the DJ "Nine Tonight". Cost per couple: members - \$10.00; guests - \$15.00. Reservations to the Mess Manager no later than 1200 hours, Wednesday, January 16, 1985.

Wednesday, January 23  
OFFICERS WIVES CLUB BRIDGE

COMING EVENTS: FEBRUARY 1985  
MEDIEVAL NIGHT (date TBA)



## M.S.E. Driver Safety

### What would you do??

You're driving a four-lane city highway going the posted speed limit of 35 miles (55 km) per hour. There are cars parked parallel to the curb and cars going in your direction on your left. As you come up to pass a car parked on the right about 50' ahead, the door on the driver's side opens. What should you do?

- ☐ Honk, medium brake, ease off brake and veer left, but stay in your lane.
- ☐ Honk, hard brake and turn right into rear of car.

Answer On Page 8

## WOs' - SGTs' MESS

January 11, 18 and 25  
THANK GOD IT'S FRIDAY  
FOOD • GAMES  
Relaxed Dress.



January 25  
REGULAR TGIF: 1600 hours to 1900 hours.  
MIXED TGIF: 1900 hours to ? Food, Games, D.J.



# Editorial

## Who needs religion?

Who needs religion? That seems to be a fair question to ask in any time or place. It certainly is a question asked by anyone with the slightest hint of an inquiring mind.

There is an easy answer to it in terms of theological jargon, and it is an answer full of truth and hope, but I suspect that it will really not penetrate to the core of the questing spirit because, for some, its cutting edge has been pulled by the very fact that it was forged in a different age. Truth does not change, but each new generation has a need to rediscover it afresh.

So I look for a fresh package -- a current mode of expression that will help to answer the question -- and I see people more than I see words. It is in living people that any workable ideal will be made real if it is workable at all. Okay, scan the people of the past year, select a few and see what we have.

I see a man crippled and in pain, beset by the slings and arrows of a truly outrageous fortune, and I know he needs a good Samaritan or two. While looking I see the helping, loving, costing care with which he is treated, and I know I am watching a holy event -- God is there, visible or not.

I see a lonely, troubled, bothered person who is losing hold of the tattered edges of his life and I know that he needs to have his body, soul, mind, and spirit re-welded so that he can be a whole person again. Watching, I see this person talking with another whose approach and manner aid the healing process -- and I know I have witnessed a miracle of recreation.

I see dozens of busy, active, laughing, young people scattering in their two's and three's to the odd corners of our city to instruct, to lead, to help, to teach, to enjoy with the less fortunate, and I know I have observed another kind of dispersion of the faithful. They may or many not go in His Name, but they do His work.

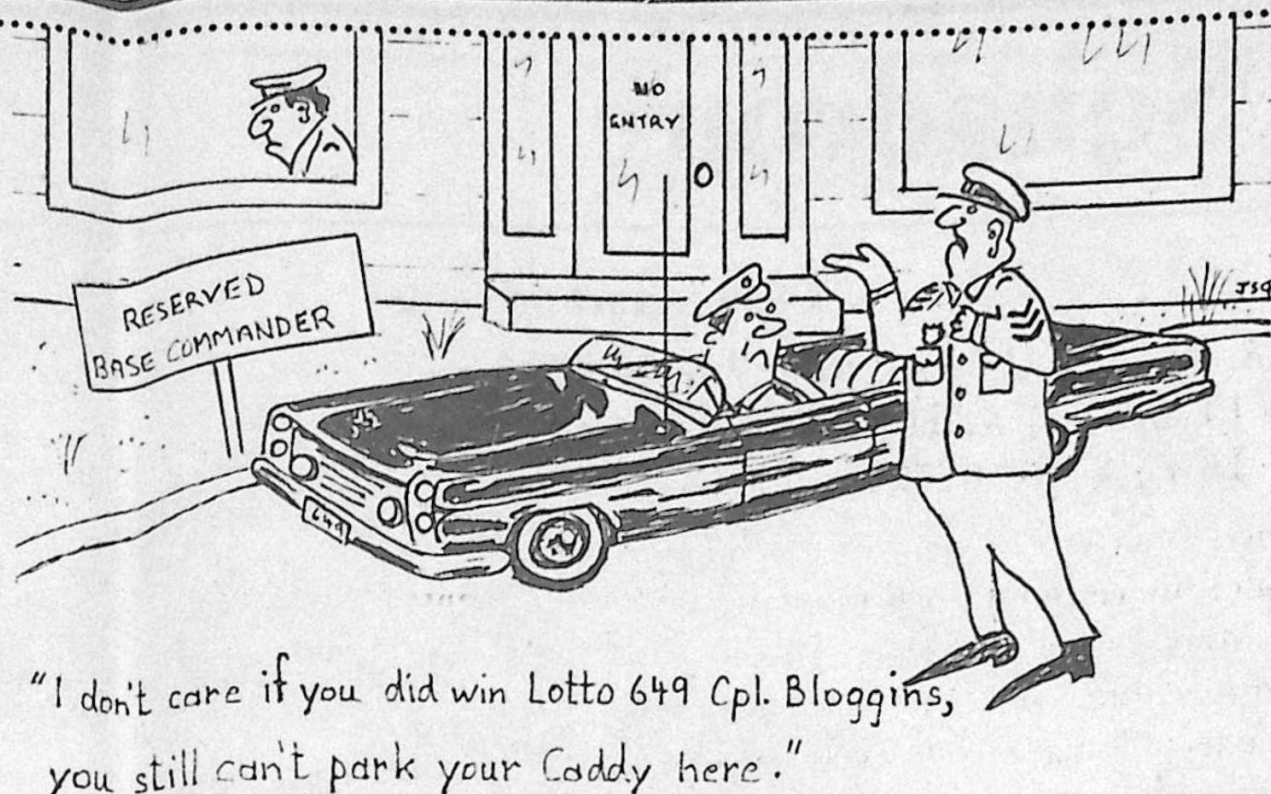
I see a person with a truth-seeking mind striving, searching, struggling to find an answer or two to the enigma of life, and, seeing him break through to a portion of the provided pool of knowledge, I know I have witnessed Revelation.

I see marriage, partnerships, relationships, falling sick to the myriad diseases of our time and know that they need a creative force that will reverse the flow of destruction and build a better alliance.

I see the anxious, the guilty, the burdened, the careless, the indifferent, and aching know their need of that proven process of acceptance and forgiveness and revitalizing that has always worked so well for those who let it.

Seeing all of these, and countless more, these people caught in the midst of their humanity, I feel the impact of an answered question. Who needs that which we have come to call religion? The very same people who need the created air to breathe, the revealed truth to comprehend, and the dedicated hand upon which to lean a whole before they go away healed and rejoicing to offer their strength to their neighbour.

W.L. Howie, LCol  
Esquimal Lookout



## Elvis remembered



Fifty years ago Elvis Aaron Presley came into the world. Little did we know that a King was born.

Elvis was the single most influence in the world of rock and roll music. I was thirteen years old when I discovered Elvis and he became and has remained my hero forever. Elvis has remained the most innovative rock and roller God ever created and I doubt the phenomena will ever be repeated.

I guess any of us who were true fans remember the early years as the best years. The initial songs on the Sun label were the ones that will remain in my heart

ever. Elvis was still a \$42. a week truck driver in 1953 he stopped by Sun one Saturday afternoon to cut an acetate for his mother. It cost him four bucks to lay down "My Happiness" and "Thats When Your Heart-aches Begin" and he sped off in his half ton to give Mama the present. The rest is history - they recognized at Sun that something was in that voice and put Elvis together with a young guitar player named Scotty Moore and bassist Bill Black. Out of those early sessions came the immortal "Thats All Right Mamma". When they tried it no one was quite sure as to what they were doing but instinctively they knew it was right. In a flash of inspiration, a finished take had been perfected and with it a distinctive style created, - one that would consolidate Elvis Presley's position as rocks first and greatest performer

The early years were the best years. A string of hits that turned us on. Any of you middle agers out there danced and crooned to early Elvis lost a true friend when he reached his most unfortunate and fateful end some seven years ago. I loved him best in those great years of his youth - he turned me on and I'm sure he turned many of you on as well. Elvis managed to integrate country and black music in such a manner as to give both forms and their hybrid offshoots, an entirely new and exciting impetus. His instrumentation of solo voice, two guitars, bass and drums set a pattern of what was to emerge as the classic rock group line-up. Rhythm guitar was given more prominence that ever before and both bass and drums adopted a more aggressive stance. Once this forceful rhythm pattern was established, the lead guitarist found himself liberated and able to inject intense fill-ins, alternative runs and chord patterns - the effect was and continues to be shattering. The classic rock style was created by he who would be "King".

Elvis is gone but the sound will remain forever. I think he was the greatest and no one will ever convince me that I'm not right. "He was the King".

G.M.K.

## TOTEM TIMES

Published every second Thursday, with the kind permission of Colonel Kadonoff, Base Commander, CFB Comox.

Second Class mail registration is 4098. Office phone: 339-2541.  
**INTERIM EDITOR:** Ron Fisher (local 2560)  
**ASSISTANT EDITORS:** Chuck Ellis and Gord Kruger  
**BUSINESS MANAGER:** Margrit Buchholz (loc 2595) or 339-5468  
**CIRCULATION MGR:** Shawn & Susan Johnson: 339-0580  
**SECRETARY:** Kathy Pincombe: 339-3497  
**CAMERA OPERATOR:** Dave Blamire & Dave Gibson  
**PHOTOGRAPHY:** Base Photo  
**EDITORIAL STAFF:** Gilles Doiron, Bob Hallowell & Marion Kroemer.

**PHOTOGRAPHY:** Base Photo  
 The **TOTEM TIMES** is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item. "Advertising is an offer to sell and may be withdrawn at any time." Address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C., V0R 2K0. Subscription rate: \$6.50 per year.

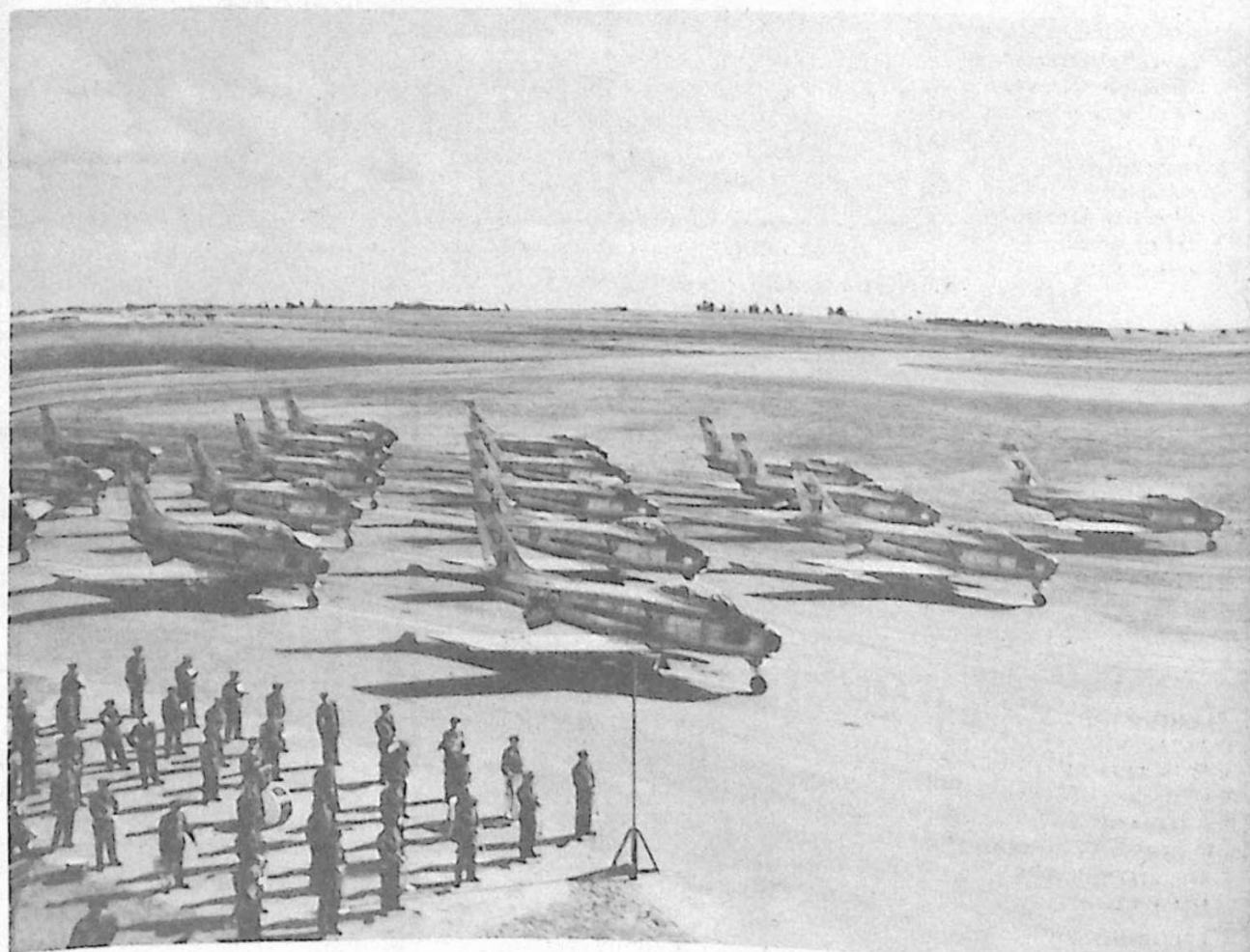
Printed in Courtenay, B.C., by the Comox District Free Press



**424 SQUADRON REUNION** - In 1935, 19 Bomber Squadron was formed in Hamilton, Ont. Since then the squadron has been renumbered 119 Bomber and Reconnaissance Squadron and finally 424 Squadron. The intervening 50 years have seen a history of service to Canada involving war years, United Nations duty and domestic transport and rescue duties. A reunion of the airmen who participated in this distinguished 50 year history is planned for the weekend of June 21, 22 and 23, 1985. This will be held in conjunction with CFB Trenton's Armed Forces Day '85. All ex-members of 19(B), 119(B&R) and 424 Squadron are invited. Ex-members are requested to contact us at the address/phone number below regarding details.

Reunion '85 Committee  
 424 Transport and Rescue Squadron  
 Canadian Forces Base Trenton  
 Astra, Ontario K0K 1B0  
 (613) 392-2811 Local 3797  
 or 3892  
 Autovon 827-3797 or 827-3892

## Air Force Trivia



**What? Where? Why? When?**

**... and who was the squadron CO?**

Answer in the next issue... stay tuned!



# A.F.V.C.



## A. RESTE CALME AU MILIEU DU BRUIT ET DE L'IMPATIENCE ET SOUVIENS-TOI DE LA PAIX QUI DÉCOULE DU SILENCE.

Si tu le peux, mais sans renoncement, sois en bons termes avec tout le monde: dis ce que tu penses, clairement, simplement; et écoute les autres, même les sots et les ignorants, car eux aussi ont quelque chose à dire. ✂ Evite les gens grossiers et violents car ils ne sont que tourments pour l'esprit. Si tu te compares aux autres tu pourras devenir vaniteux ou amer: mais sache qu'ici-bas, il y aura toujours quelqu'un de plus grand ou de plus petit que toi. ✂ Sois fier de ce que tu as fait et de ce que tu veux faire. Aime ton métier, même s'il est humble; c'est un bien précieux en notre époque troublée. Sois prudent dans le monde des affaires, car on pourrait te jouer de vilains tours. Mais que ceci ne te rende pas aveugle; bien des gens luttent pour un idéal et partent sur la terre on meurt pour ce que l'on croit. ✂ Sois toi-même, surtout dans tes affections. Fuis le cynisme en amour car il est un signe de sécheresse de cœur et de désenchantement. ✂ Que l'âge t'apporte la sagesse et te donne la joie d'avoir des jeunes autour de toi. Sois fort pour faire face aux malheurs de la vie; mais ne te détruis pas avec ton imagination: bien des peurs prennent naissance dans la fatigue et la solitude. Et malgré la discipline que tu t'imposes, sois bon envers toi-même. ✂ Tu es un enfant de l'univers, tout comme les arbres et les étoiles et tu as le droit d'être ici; et même si cela n'est pas clair en toi, tu dois être sûr que tout se passe dans l'univers comme c'est écrit. Par conséquent, sois en paix avec ton Dieu quelle que soit en toi son image, et à travers ton travail et tes aspirations, au milieu de la confusion de la vie, sois en paix avec ton âme. ✂ Dis-toi qu'en dépit de ses faussetés, de ses ingratitude, de ses rêves brisés, le monde est tout de même merveilleux. Sois prudent. Et tache d'être heureux.

Traduction d'un texte daté de 1692 et trouvé dans la vieille église St-Paul de Baltimore.

**LA PROCHAINE RÉUNION DU COMITÉ SERA JEUDI  
17 Janvier, 1985 à 7:30 P.M.**

Le programme de formation (intégration à la réserve) (PFIR) a pour but de permettre à des candidats choisis de la première réserve de recevoir une formation militaire et scolaire dans les collèges militaires du Canada (CMC) pour devenir officiers de la force de réserve. Les élèves-officiers du PFIR reçoivent la même formation scolaire et militaire que les candidats du programme de formation (officiers de la force régulière) (PFOR). Les études dans le cadre du PFIR ne sont pas subventionnées. Toutefois, les candidats sont admissibles aux Bourses d'études et ont droit à la solde du service de réserve classe CIT B finit lorsqu'ils sont en formation d'été. À la fin de leurs études, les élèves-officiers du PFIR sont promus au grade de sous-lieutenant et doivent s'engager à servir pendant au moins quatre ans, soit dans une unité de la première réserve, si le lieu d'affectation le permet, soit dans la réserve supplémentaire.

La réserve aérienne a un besoin constant de jeunes officiers bien formés et le PFIR en est une excellente source. Suite à une récente représentation au CP PER, il a été proposé de modifier la référence de manière à exiger que les élèves-officiers du PFIR soient affiliés à une unité de la force de réserve au

cours de leur formation dans un CMC de même que pendant les quatre années subséquentes de service dans la première réserve. Cette affiliation permettra aux élèves-officiers de participer, dans la mesure ou leurs obligations au CMC le permettent, aux activités de l'unité en question et d'établir ainsi un lien avec cette unité longtemps avant recevoir leur brevet. Cette modification devrait être apportée à la référence sous peu.

Dans le passé, les personnes à charge des militaires ont constitué l'une des plus importantes sources de candidats au PFIR. Dernièrement, cependant, les dispositions du PFIR n'ont pas réussi à attirer un nombre suffisant de candidats pour combler les places disponibles dans les CMC. Il en a donc résulté une diminution du nombre de DEP diplômés dans les forces de réserve. Dans le but de renverser cette tendance, nous demandons de promouvoir le PFIR auprès de toute la communauté militaire. Votre appui à la promotion de ce programme permettra à la réserve aérienne de bénéficier d'un apport constant de jeunes officiers bien formés sortant des CMC.

**La Mirage**  
TOTAL FAMILY HAIR CARE  
"Your image is our reflection"  
1801 Comox Ave.  
Comox 339-6651

### ASSOCIATION FRANCOPHONE DE LA VALLÉE DE COMOX

PRÉSIDENT:	Gilles Doiron	Res: 339-3802
VICE-PRÉSIDENT	Marc Beaulieu	Res: 339-4258
TRESORIER	Sonia Hauser	Res: 339-2637
SECRÉTAIRE:		
DIRECTEURS		
ÉDUCATION:	Gérard Gagné	Res: 337-5787 Bur: 286-3282
SUPPLÉANT:	Jean-Charles Lemieux	Res: 338-8815
LOISIRS ET SPORTS:	Jacques Côté	Res: 338-5670
CULTUREL:	Marie-Paule Gregor	Res: 337-5785
SECRÉTAIRE:	Claudette Potvin	

Pour plus de renseignements, contacter une de ces personnes.

ASSOCIATION FRANCOPHONE DE LA VALLÉE DE COMOX  
493 Fitzgerald  
Courtenay, C.B., V9N 2R1  
Tel: 338-6125

HEURES D'OUVERTURES  
MARDI - VENDREDI: 1:00 p.m. - 4:30 p.m.

1885  
1985

## NOTES SUR LE PATRIMOINE



### Le fort George

(NC) — Voici probablement l'aspect des échanges de présents entre Indiens et Britanniques devant le fort George, dans la péninsule du Niagara, au début du siècle dernier. Ils troquaient des armes, des haches, des produits manufacturés, des fourrures et... des informations.

De cette manière, ils pouvaient mesurer la solidité ou le relâchement de leur alliance.

Pour de plus amples renseignements, veuillez écrire à Parcs Canada, région de l'Ontario, 111, rue Water est, Cornwall (Ontario) K6H 6S3.



## Unclassified

### RIVERSIDE PARK RENT REDUCTIONS

#### Does Your Rent Include?

- fridge, stove, dishwasher, washer and dryer in all 2 bedroom units
- fireplaces and large balconies
- 1 1/2 baths with Jacuzzi tubs
- saunas and exercise room
- party room with wet bar and ping-pong
- swimming pool
- free cablevision
- excellent view suites available
- extra large suites
- rents from \$380.00

If not —

PHONE: 338-7973

"Best value for your rental dollar"  
CUSTOM PROPERTY  
MANAGEMENT LTD.

### ARRAN HOUSE

SPACIOUS 1 & 2 BEDROOM APARTMENTS AVAILABLE NOW IN THIS NEARLY NEW BUILDING. SUITES ARE BRIGHT AND CLEAN AND INCLUDE LARGE FRIDGE AND STOVE AND ARE CLOSE TO TOWN.

1 BEDROOM FROM \$320.  
2 BEDROOM FROM \$345.

(After Rebate)

\$30 rebate on 1 bedroom  
\$60 rebate on 2 bedroom

Call Gordon or Edna Brady at 338-1624

Managed by West Coast Savings Real Estate Division Ltd.

Be sure your home and belongings are properly insured. See —

Bob Emmerson

Nanaimo Realty Insurance  
Courtenay, and call  
334-3124 or home 339-5259

### Bates Beach Resort

1 & 2 bedroom furnished apartments. Waterfront. Heat & Hydro included. From \$285.00. Call 334-2151 or 338-0501.

We are the talk of the town with over 600 units sold last year. We're not the best cuz we're the biggest. We're biggest cuz we're the best!

Lantzville Recreation Ltd.  
Cash & Consignment Service

Let us sell your recreation vehicle for you.  
WHY?

- ✓ There are no listing charges to you at all.
- ✓ We have the finest advertising promotions.
- ✓ We sell no new units to distract you from your used units.
- ✓ We take trades. We will buy out the trade so it's cash to you for your product.
- ✓ We will do a 30, 60 or 90 day guaranteed buy out plan to you.
- ✓ We have full time security.
- ✓ Remember we still sell a lot of RV units during the winter.
- ✓ Free appraisal and pick up anywhere on Vancouver Island.
- ✓ We are the largest consignment company on Vancouver Island.
- ✓ We are open 7 days a week for your inspection. Weekdays: 9 a.m. - 6 p.m.

6 MILES NORTH OF NANAIMO  
Kitty corner from Woodgrove Shopping Centre

BUS. 390 - 3441  
DEALER NO. 7363

### BUILDING MATERIALS

Lumber & Plywoods  
Panelling - Arborite  
Doors and Windows  
Builders Hardware - Tools, etc.  
Electrical and Plumbing Supplies  
Paints and Finishes  
Roofing - Siding  
Cement Department  
Truck Delivery  
Customer Financing

### CENTRAL BUILDERS

610 Anderton Avenue  
Courtenay, B.C.  
Phone 334-4416

Dick's Quality Meats  
TWO LOCATIONS TO  
SERVE YOU BETTER.

Farmers' Market  
Courtenay, 334-3200  
and  
Comox - 339-3100

Complete line of Grade "A" Alberta beef, pork and poultry. Freezer orders of custom cutting our specialty. Every Wednesday 10% discount off counter prices.

FARMER DAN'S  
1745 Comox Avenue  
339-4131

Specializing in high quality fruits and vegetables. Open 7 days a week, 9-6. Every Wednesday is 10% discount day.

Reward: Lost Cabbage  
Patch kid w/red pig-tails.  
Lost in woods near PMQs  
108 block. 339-5307.

EXPANDING CANADIAN OIL CO. needs dependable person who can work without supervision. Contact customers around the Comox Valley. We train. Write A.F. Dickerson, Pres., Southwestern Petroleum, 87 West Drive, Brampton, Ont. L6T 2J6

Selling all parts from 1968 VW Bug. Too much to list. Phone 339-4681.

**DO YOU  
WANT TO  
SELL? BUY?  
RENT?  
TRADE?  
THIS IS  
THE SPACE**

TIGGER TOO NURSERY SCHOOL in Comox is offering a two or three day class on Mon., Wed. and Fri. afternoons beginning in January. This 2 1/2 hour structured program is run by qualified, experienced preschool teachers and is designed to enhance the development of your 3-5 year old. For more information call: 339-3033.

**EW**  
Courtenay

TWO SHOWS  
EACH EVENING AT  
7:00 p.m. & 9:00 p.m.  
OPEN 7 NIGHTS  
A WEEK

Adults \$3.75, OAP \$1.75, Child \$1.75 - Theatre info: 337-5033

NOW SHOWING - Thursday, January 10  
**PROTOCOL**  
GOLDIE HAWN, CHRIS SARANDON

(MATURE)

OPENS FRIDAY - January 11, 12, 13, 14, 15, 16 & 17  
FAY DUNAWAY, HELEN SLATER  
MIA FARROW, BRENDA VACCARO  
**SUPERGIRL**

Her first great adventure.

"Warning - May frighten young children, occasional swearing." - B.C. DIRECTOR

(MATURE)

WATCH YOUR LOCAL NEWSPAPER FOR THE  
NEXT EXCITING FILM FEATURES

### Van Isle Theatre

CAMPBELL RIVER 287-3812  
Ad. \$3.75, OAP \$1.75, Ch. \$1.75

January 10 -  
**BEVERLY HILLS COP**  
"Warning - Not for under 14.  
Coarse language; violence; nudity."

(14 YEARS)

January 11 to 17 - MATINEE  
Saturday, January 12 at 2:00 p.m.  
Walt Disney's  
**PINOCCHIO**

(GENERAL)

### CFB COMOX

## RESTAURANT GUIDE



EAT IN - TAKE OUT  
HAMBURGERS - NUGGETS  
FISH & CHIPS - COFFEE & TEA  
SOFT DRINKS - DESSERTS

1743 COMOX AVE., COMOX

**MR. MIKE'S**

HOURS:  
SAT TO THURS.  
11 a.m. - 8 p.m.  
FRI.  
11 a.m. - 9 p.m.

**BROWNIES**

fried chicken

COME AND GET  
A REAL MEAL

Mon.-Sat.: 10 am-9 pm  
Sunday: 12 noon-8 pm



# Sports

## THE DANGERS OF SKIING



There are many hazards for the avid skier not withstanding snow conditions, rug rats and the odd packer that shows up out of nowhere. The creatures I'm talking about have a tendency to attack and disable skiers at any time.

**SNOW SNAKES** — Skiers of deep powder have a greater chance of being attacked by these creatures that live and breed in this type of snow. The animal will hear the skier coming and wrap themselves around the ski and the binding, allowing the skier to continue forward. At this time the animal will drag the ski down into deep powder, then letting the ski wonder where ever it wants to go.

It usually takes about 40 minutes to cussing, harsh words and thrashing about to scare off the snow snake and recover the stolen ski.

**MOGUL GREMLINS** — Are a close relative of the snow snake, living and thriving in moguls, waiting for a skier to make the wrong turn at the wrong time. These creatures have more savage strength and will have a tendency to throw the skier over the mogul after grabbing the ski. The speed at which the skier is travelling and the

amount of people watching the skier have a great influence on the mogul gremlins....There have been several occasions reported where the gremlin has dragged the ski, half way back up the mountain.

**WYIPITS - TYPE I & II** - Type I will only attack powder hounds. These horrid little animals will pull back branches and wait for a skier; making sure that the branch hits any exposed part of skin.

Type II attack only at the beginning of the season. They live in small groups in low shrubs that haven't been covered by snow. These creatures love to grab your ski tip, the end of your ski pole or any loose part of clothing. This action will go unnoticed by the skier till it's too late. You generally can hear great amounts of laughter. ...whether it's the Wyipits or your friends, who can tell.

**BAVARIAN DEATH COOKIE** - Are formed by packers. These sadistic animals live in large groups and only come out in icy conditions, they will attract your ski and continue to pull it while the skier stops. When the skier falls, they (bless their black little hearts) will try and abuse the skiers face and body. Beware of these animals.

## Boxing Day golf



Capt "Mac" McArthur, GGGC President, is shown checking his cue cards as he presents the Boxing Day Inter-Mess trophy to victorious "Sandbaggers". (Left to right): Harry Lewis, John Ferguson, Art Johnson, Red Logan and Ken Beachy. Missing: Ron Carter.

## Athletic Trainers Course

There will be an Athletic Trainers Course held in Esquimalt from 22 to 24 February. Preference will be given to PERI/PEROs and Medical staff. All participants will be recommended by BPERO/SR PERI. The course will be conducted by Mr. Wes Byrnell, C.A.T. (C) of Hillside Sports Medicine in Victoria and Sgt Jim McQueen of CFS Kamloops.

Registration closes on February 8. Contact the Rec Centre for further details.

2  
SHOWS  
ONLY!!



in  
CONCERT

.....  
"SONGS  
from the  
HEART"

8 PM  
JAN. 14 & 15  
THE civic theatre  
COURTENAY

A portion of all ticket sales will  
be donated to the C.Y.M.C.

For tickets contact: Courtenay  
Youth Music Centre, 526 Cliffe  
Avenue, Courtenay, B.C.

# ALL RSPs ARE NOT ALIKE!! CHECK YOUR SERVICE RRSP

IT'S A FACT—all retirement  
savings plans are not alike!

Your Service Registered Retirement Savings  
Plan developed by NDHQ to suit your needs, provides  
the following features:

- Wide investment choice. Put your money into investment certificates (guaranteed from one to ten years), premium savings, mortgages, stocks or bonds.
- Competitive interest rates.
- No sales commissions, opening or withdrawal fees.
- Flexibility — contribution by cash, cheque or pay allotment  
— no minimum amount  
— immediate tax deferment

For more information on SRRSP or details on how to join, contact your  
SISIP/SRRSP advisor.

Lt. L.P. Chappell

NAME

2578

TELEPHONE

# LES RER NE SE VALENT PAS TOUS!! JETEZ UN COUP D'OEIL AU REER MILITAIRE

C'EST UN FAIT...Les régimes d'épargne-  
retraite ne se valent pas tous!

Le régime enregistré d'épargne-retraite mili-  
taire, qui a été conçu par le QGDN pour répondre  
à vos besoins, offre les avantages suivants:

- Grand choix d'investissements. Placez votre argent sous forme de certificats de placement (taux d'intérêt garanti pour des durées de 1 à 10 ans), d'épargne, de prêts hypothécaires, d'actions ou d'obligations.
- Taux de rendement concurrentiels.
- Aucun frais de commission, d'adhésion ou de retrait.
- Souplesse — dépôt au comptant, par chèque ou délégation de solde  
— aucune somme minimale  
— ajournement immédiat de l'impôt

pour obtenir de plus amples informations sur le REERM ou sur la façon d'en  
faire partie, contactez votre conseiller RARM/REERM.

Lt L.P. Chappell

NOM

2578

TÉLÉPHONE



# Sports

## Swimming Participation



The figures indicate the number of kilometers completed by the Comox Blueback Master Swimmers. To join, see the club treasurer Frank Sibierski during Master swim time - 1300-1400 Monday, Wednesday and Friday.

Victoria Coffey - 52 km; Heather Ferraby - 56 km; Doris Folliott - 322.5 km; Collen Gagnon - 321 km; Maureen Gallinger - 279 km; Judy Kerkhoff - 25 km; Julia Johnston - 113 km; Rosemary Lyle - 82 km; Sharon Lynch - 231; Ammette Moram - 22 km; Patricia Robbarts - 72 km; France Young - 21 km; Margrit Buchholz - 75 km; Jennifer Burnell - 46 km; Nicole Cantin - 44 km; Hilda Ross - 223 km; John Forbes - 32 km; Kyle Jones - 221 km; Richard Ohl - 175 km; Al Shanks - 72; Frank Sibierski - 386 km; Richard Young - 95; totalling 2,965.50 km.

Did you ever wonder what the exercise class feels like for the instructor?

For Ebbe Marquardsen, it's a genuine, life-enriching pleasure.

No matter that he volunteers his Saturday mornings to lead a fitness class miles from his home. No matter that his "students" are that most delicate group of exercisers - post-cardiac recuperatives.

And no matter that he has bent and leaped and sweated his way through thousands and thousands of classes.

Giving to other people - and sharing their company - makes every half-hour class a spiritual and physical joy.

"Activity is natural to me," says Marquardsen, who drives from Toronto to Burlington, Ontario, every Saturday morning to lead a class at the Burlington Family Y.

"I can't remember a week since I was a youngster when I haven't done something to keep active."

## PARTICIPaction

By Russ Kisby

### When Fitness Is A Vocation

Is this sheer perseverance? No. Marquardsen does only what he enjoys.

"I have trained people to run the Boston Marathon but I've never run one," says the Danish-born Marquardsen whose resting pulse rate is in the mid-forties. "My fitness goals are to be fit, have fun and to socialize."

Marquardsen states he wouldn't enjoy his Saturday mornings nearly as much if his wife Jane didn't accompany him and take part in the class.

"And that's the feeling I try to convey: that this is a social event, it's meant to be enjoyable so do only as much as you can do."

Marquardsen works hard at creating the fun. He'll arrive an hour before class - and that is very early on a weekend morning - to set up and greet "students" as they straggle in.

He'll stay around afterwards helping everyone "warm down" perhaps with coffee and certainly with a few jokes and chatter.

He's forever tending to class members - getting them PARTICIPaction T-shirts (Marquardsen is, we proudly state, PARTICIPaction's Director of Marketing) or sending birthday and get well cards.

"Naturally, the composition of the class is always changing, but we have made some wonderful relationships."

While other volunteers lead the post-cardiac class on other days, Marquardsen holds a special place in the program.

He was Director of Fitness at the Burlington Y when the program began in 1971. The Y's philosophy was revolutionary then: doctors generally told heart attack victims to rest in bed.

"But you know, nobody dies of exercise," Marquardsen points out.

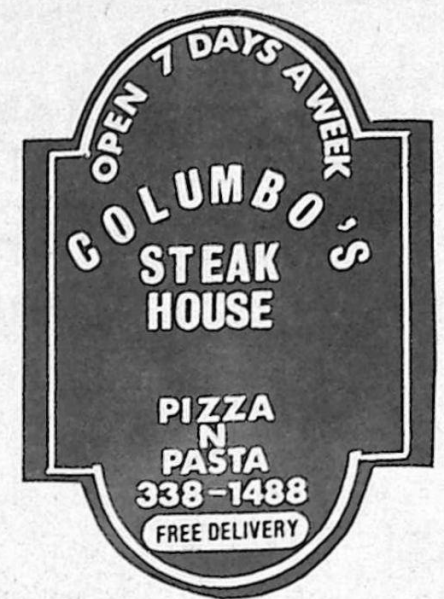
"People who exercise can die of heart disease, but that's quite a different matter."

In the long run, certainly, Marquardsen's efforts pay off. He has probably added years to the lives of many in his class.

And those have been quality years. For after newcomers get used to the fact of exercise and make it part of their lifestyle, they do exactly what Marquardsen does.

They come for the fun and camaraderie.

Russ Kisby is President of PARTICIPaction, the Canadian movement for personal fitness.



## BASE SOCIAL CENTRE

### WINTER HOURS

Tuesday to Friday: 1100 - 1800 hours

Sundays: 1000 - 1600 hours

Featuring \* Bar \* Grill

\* Daily Luncheon Specials

\* Catering to Special Functions (by reservation) Relax and enjoy yourself in our year round natural surroundings which includes Birdies, Eagles, Ducks, Deer, Wild Kittens, Duffers and Sand Baggers.

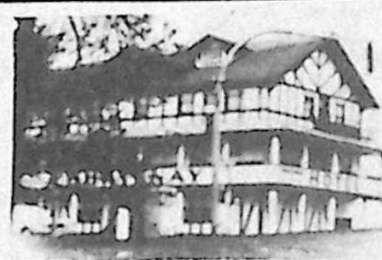
WINTER GREENS FEES

(for non-GGGC members) - \$4.99 Daily

Available to All Ranks for Meets and Greets, Promotion Parties, Mug Outs, etc.

Congratulations to the WO's & Sgts' Mess for winning the annual Inter-Mess Boxing Day Tournament!

PHONE - LOCAL 2592



334-4401

## COURTENAY HOUSE

Everything for your dining and entertainment pleasure.

• Pewter Room - EXCELLENT DINING

• Coffee Shop

COURTENAY HOUSE -- 498 Island Hwy., Courtenay

# Autoplan

THE PLAN FOR ALL SEASONS

## HIGHLIGHTS OF CHANGES

Effective January 1, 1985

### 1 RATES

An average increase of 2%.

The effect of the annual adjustment of premiums to reflect the actual claim costs of each rate class and rate group, means an increase of \$25 or less for more than one million vehicle owners, and a reduction of up to \$100 for more than a half million. Another 16,000 vehicle owners will pay increases ranging from \$26 to \$50, and for a few the increases will range up to \$100 or more.

### 2 THIRD PARTY LIABILITY

The compulsory minimum limit for Third Party Legal Liability insurance is increased to \$200,000. This change assures more adequate compensation

for those with claims against motorists who purchase only the minimum coverage.

If legally liable, and if no extended limit has been purchased, the insured would be responsible for payment of any claims in excess of \$200,000.

Maximum coverage for bodily injury or death resulting from an accident caused by an uninsured or unidentified motorist has also been increased to \$200,000.

### 3 "NO FAULT" ACCIDENT BENEFITS

Payments for total disability of employed persons are increased by 15% to \$115 weekly.

### 4 OWN DAMAGE FOR "X" PLATES

With some exceptions, the owners of vehicles licenced with an "X" plate may now purchase Own Damage coverage with their Owner's Certificate. Liability coverage provided under the plate policy will now extend while the vehicle is being driven on private property. However, owners are still required to purchase a separate liability policy to cover the vehicle while it is in use at the site of any operation.

### 5 "REPLICAR", "UBILT", ETC.

Premiums for such vehicles as Replicars, Ubilts, etc., previously determined by rate group, are now determined according to the declared value as stated by the owner at the time of purchase of insurance.

### 6 SPECIAL EQUIPMENT

Canopies, campers and two-way radios require a Special Equipment Endorsement in all cases, even when they are supplied by the manufacturer.

### 7 TERRITORY "Z" RATING

Vehicles expected to be operated outside of the province for the majority of miles travelled during the term of the policy (example — motorhomes) must be rated under Territory Z, which is equivalent to Territory A premiums.

### 8 MOTORCYCLES

Motorcycles in excess of 750cc, which were formerly restricted to All Perils coverage, may now purchase the full range of optional coverages available to other motorcycles.

## 1985 AUTOPLAN MOTORIST KIT

AVAILABLE FROM AUTOPLAN AGENTS



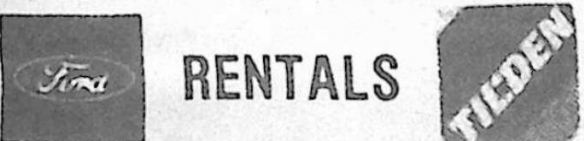
Autoplan 1985 Motorist Kit

All Autoplan coverages, compulsory and optional, are described more fully in the 1985 Autoplan Motorist Kit. It's available from any Autoplan agent or Motor Licence Office.

Ensuring a Safer B.C.

INSURANCE CORPORATION OF BRITISH COLUMBIA

## Comox Valley Ford Sales (1964) Ltd.



We rent all size cars, 3/4 ton pickups, moving vans, 15 & 20 passenger buses, 1 ton flat decks, ladder trucks

SALES SERVICE & RENTALS 334-3161

PARTS 338-5318

OPEN 8 a.m. - 5 p.m. Mon. to Sat.

For prices & reservations

Call Ken Cochrane

334-3161

Your Local Ford and Mercury Dealer

360 N. Island Highway, Courtenay, B.C.

MOTOR DEALER LICENCE NO. 5028

## Investors SYNDICATE LIMITED

Brian (Dan) Daly

Advanced Financial Planner

1994 Comox Ave., Comox

339-7811

A Member Company Of The Investors Group

REGISTERED RETIREMENT SAVINGS PLANS - RHOSP'S GUARANTEED INVESTMENTS - TAX PREFERRED SERVICES INVESTMENT FUNDS - INSURANCE - PENSIONS ANNUITIES - ESTATE PLANNING

## BB BLOCK BROS. REALTY LTD.

NRES NATIONAL REAL ESTATE SERVICE

449-5th Street, Courtenay

BUYING OR SELLING YOUR HOME OR PROPERTY.

FOR: PROFESSIONAL SERVICE, COURTESY AND PROMPT RESULTS CALL

TOM PROCTER

RES: 339-2668

OFFICE: 334-3111

10 YEARS REALTY EXPERIENCE AND SERVICE TO THE SERVICES IN THE COMOX VALLEY. CALL ANYTIME.



TOM PROCTER C.A.F./R.C.A.F. Retired



# Promotions and Awards

## Appointed . . . ... To the Order of Military Merit



**Capt Morris** **LCol Mack**

The Rt. Honourable Jeanne Sauve, Governor General and Chancellor and Commander of the Order of Military Merit has appointed 54 members of the Canadian Forces both regular and reserve to the Order of Military Merit.

Amongst those appointed are LCol Gwyne Mack, our Base Technical Services Officer and Capt Bob Morris, a SAR pilot at 442 Squadron.

Letters from the Secretary General of the Order of Military Merit formally announcing the appointments have been mailed to each recipient.

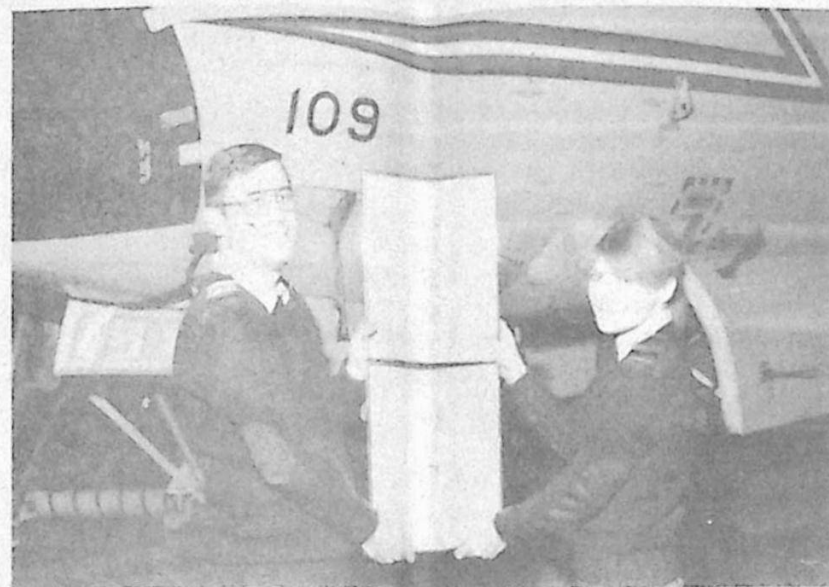
An investiture at which the insignia of the Order will be presented by the Governor General will be held in Ottawa in the future. Congratulations, gentlemen.



Sgt Paulekat, the school supervisor for DIAC Maintenance Training was recently presented with his CD. Shown making the presentation is LCol Rogers, CO VP407.



Recently promoted, Petty Officer John Cowan of the Marine section, being presented his new rank badges by the BTNO, Major Rose. CWO Hunter looks on.



Cpl (W) Nowlan, an Airframe Tech on 407 Squadron, received awards for two suggestions. For suggesting the use of a CP140 main wheel nut wrench that she designed she received an award of \$150<sup>00</sup>. For bringing a problem that required corrective action to light, she received an additional \$50<sup>00</sup>. Maj Caddey, the 407 Squadron SAMO, made the presentation.



MCpl Kasaboski, a Radar Tech in the BTelO Nav Aids section, received an award of \$250<sup>00</sup> for his proposal to modify an existing compressor to permit it to be used to inflate precision approach radar turntable tires. His awards now total \$1,350<sup>00</sup>. He is being presented his award by LCol Mack, the BTSO.

## Why I want to be a pilot

I want to be a pilot when I grow up . . . because it's a fun job and easy to do. That's why there are so many pilots flying today. Pilot's don't need much school, they just have to learn numbers so they can read instruments. I guess they should be able to read road maps, so they won't get lost. Pilots should be brave so they won't be scared if it's foggy and they can't see, or if a wing or a motor falls off, they should stay calm so they'll know what to do. Pilots have to have eyes, to

see through clouds, and they can't be afraid of lightning or thunder, because they are closer to them than we are.

The salary pilots make is another thing that I like. They make more money than they can spend. This is because most people thing plane flying is dangerous, except pilots don't because they know how easy it is. There isn't much I don't like, except girls like pilots and all the stewardesses want to marry pilots, so they always have to chase them away so they don't bother them.

— Courtesy Totem Times of earlier vintage

## WTECHA Awarded

NDHQ recently announced that Sgt Nels Brown (retired) was given an award of \$75.00, which was his share of a \$150.00 award that was given in recognition of a suggestion to adopt a standard and positive method of identifying sono launch containers used for launching Mk 58 markers from the CP140 Aurora aircraft. The award was shared with MCpl Les Layne who is now stationed at CFB Cold Lake. Nels and Les were both Weapon Technicians (Air) in 407 Squadron when they submitted the suggestion in 1983.

These two men realized that a problem existed and saw a method of improving the situation and took steps to pass their solution to higher headquarters through normal channels. Once the proper authorities adopted the proposal the suggestion award program was able to present them with a monetary award and a certificate to recognize their concern and efforts. As long as we can still locate people who leave the service they can be assured of receiving any awards granted for suggestions submitted while in the CF.

### EDUCATION AND TRAINING

#### TO SELECTED PRIMARY RESERVE

The Reserve Entry Training Plan (RETP) provides education and training to selected primary reserve candidates at the Canadian Military Colleges (CMCS) to become officers in the Reserve Force. RETP Officer Cadets receive the same academic and military training as officers of the Regular Officer Training Plan (ROTP). RETP academic training is not subsidized. However, candidates are eligible for scholarships and bursaries, and receive Class B Reserve Force pay while undergoing training during the summer months. On graduation, RETP Officer Cadets are commissioned in the rank of 2Lt and shall serve a minimum of four years, either with a primary reserve unit if location of employment permits or with the supplementary Reserves.

The Air Reserves have a constant requirement for young, well trained Officers and the RETP program is an ideal source. Recent representation to CPD has resulted in a proposed amendment of reference that would require RETP Cadets to be affiliated with a Reserve Force

Unit during CMC training and during the subsequent four years of primary Reserve service. This affiliation will enable RETP Cadets to participate, as CMC duties permit, in the activities of the chosen Primary Reserve Unit, thereby fostering a bond with the unit long before the members CMC graduation. It is anticipated that this amendment to reference will be promulgated shortly.

Traditionally, dependants of service members have constituted one of the best sources of RETP candidates. Of late, however, the RETP scheme has not been drawing sufficient candidates to fill the available billets at the CMCS. As a consequence, the influx of these graduates into the reserves has waned. In an attempt to reverse this trend it is requested that the RETP program be promoted throughout the military community. Your assistance in promoting this program will enable the Air Reserve to draw a continuous flow of young, well educated officers that the CMCS can provide.

**THANKS  
FOR  
NOT SMOKING**

### Answer to MSE safety quiz

Your choice of action, honk, medium brake, ease off brake and veer left but stay in your lane, is the best choice.

This is all that's necessary. To turn right into the parked car is an over-reaction. You need to take some evasive action, but not that much. Chances are, the driver will close his door after hearing your horn, but even if he doesn't you should be able to get around him without leaving your lane.



## Carmen comes

### to Courtenay

CARMEN, the second film in the CYMC's Art Film Series, will be premiered in Courtenay on Sunday, January 20, at 2:00 p.m. at the Caprice Theatre.

The play-within-a play flamenco version, directed by Carlos Saura, is a modern variation on the classic story, using Bizet's music to accompany the onstage and backstage passions of a dance troupe.

John Hartl, film critic for the Seattle Times, lists this version of Carmen as one of the past year's cinematic triumphs and includes it in the top ten films of the year.

TICKETS are now available at the CYMC office, 526 Cliffe Avenue, Courtenay, or phone 338-7463 to reserve. Members: \$3<sup>00</sup>, non-members: \$5<sup>00</sup>.

SEE YOU AT THE  
**LEEWARD!**



**PUB HOURS:**  
Monday to Thursday  
11:00 a.m. to 1:00 a.m.  
Friday and Saturday  
11:00 a.m. to 1:30 a.m.

good food!  
KITCHEN HOURS  
11AM - 10PM  
good times!

**THE  
LEEWARD  
NEIGHBOURHOOD PUB  
& BREWERY**

- country cooking
- rural hospitality
- reasonable prices
- clean air system
- brewing our own natural Leeward lager

RESERVATIONS ARE  
SUGGESTED FOR LARGE GROUPS  
649 ANDERTON RD., COMOX 339-5400



Etc.

On the night of June 12, 1944, an Avro Lancaster MKX of 419 (Moose) Squadron Royal Canadian Air Force flew on bombing operations to the Cambrai, France rail yards. Over the target the Lancaster was attacked by a German JU 88 nightfighter. The incendiary shells from the fighter set the Lancaster on fire and caused both port engines to fail. The pilot Flying Officer, A.R. de Breyne immediately ordered the crew to bale out. As he prepared to abandon the crippled bomber, was trapped. Mynarski ran through the flames to where Flying Officer George Brophy was imprisoned. With total disregard for his personal safety, Mynarski worked valiantly to free his friend. Finally Brophy ordered Mynarski to leave the aircraft. Mynarski stood at attention and saluted his friend before jumping. His clothing and parachute on fire, Mynarski did not survive the fall from the Lancaster. The aircraft crashed, and the impact freed the trapped gunner without injury. For his unselfish, heroic valor, Pilot Officer Andrew Mynarski was awarded the Commonwealth's highest military honour, the Victoria Cross.

In 1984, the Canadian Warplane Heritage Museum will honour the memory of Pilot Officer Andrew Mynarski V.C. A Lancaster MKX, currently under restoration to full flying condition, will be dedicated to Pilot Officer Mynarski in a special Jung ceremony at Hamilton Civic Airport, Mount Hope, Ontario.

The surviving crew members of that fateful mission will be present for the dedication event at the museum headquarters.

Further information regarding the Lancaster and membership in the unique flying museum is available from: Canadian Warplane Heritage Museum, P.O. Box 35, Mount Hope, Ontario, L0R 1W0 (416) 679-4141.



The revenue raised through the sale of this print will ensure the swift completion of the Lancaster restoration by Canadian Warplane Heritage. This Lancaster is likely to be the only example of this type ever to fly again in North America.

The aircraft will fly across Canada to appear at airshows and flying displays as the Mynarski Memorial. This limited edition print will quickly become a collector's item for the many people who are assisting in the restoration process of the aircraft. No other paintings will be commissioned by CWH of this Lancaster aircraft.

PHONE:  
339-2211  
LOCAL 2361

GOOD BUYS • GOOD SERVICE • FRIENDLY STAFF

save  
MORE  
here



HOURS:

0800 - 1800 \*\* Monday - Friday  
0800 - 1700 \*\* Saturday, Sunday  
& Holidays

CANEX  
SERVICE STATION

FOR THE NEXT TWO WEEKS, ENDING ON  
JANUARY 31, 1985 - WE WILL OFFER TO OUR  
CUSTOMERS THE FOLLOWING GREAT BUYS...

AUTO  
DIGITAL CLOCK

Regular - 21<sup>95</sup>  
SPECIAL SALE

19<sup>95</sup>

YOU MAY BUY CASE LOTS  
FOR THE LOW PRICE OF:

10W30  
Motor Oil  
Regular - 1<sup>70</sup>

1<sup>59</sup>  
OUR SALE PRICE

1<sup>25</sup> PER LITRE

Windshield  
Washer Fluid  
Regular - 2<sup>89</sup>

2<sup>39</sup>  
OUR SALE PRICE

BY POPULAR DEMAND THIS MONTH - OUR SPECIAL  
Lube - Oil - Filter

15<sup>99</sup> MOST CARS

DID YOU KNOW!

"We will check your brakes - Free of charge"

CANEX SERVICE STATION

A good place to shop for your car's needs.

SERVICE DIRECTORY

GOODS GROCETERIA

P.O. BOX 190, LAZO, B.C.

339-2376

VOR 2K0

MEAT SHOP  
339-3800

RED & WHITE  
FOOD STORES



LAWSON ELECTRONICS

2703H Kilpatrick Ave.  
Courtenay, B.C.

338-6631

(Behind the Driftwood Mall)

service for all makes

TV, Stereo & Microwave Ovens

Warranty Depot For Most Major Brands

Sales & Service For Auto

Stereo, Marine VHF, C/B's, Depth  
Sounders, Zenith T.V.

COMOX HARDWARE LTD.

A COMPLETE LINE OF  
HARDWARE, PAINT,  
APPLIANCES AND  
FISHING TACKLE

IN THE  
SHOPPING CENTRE



339-2911

COMOX MINI WAREHOUSE

"BEST LITTLE WAREHOUSE IN THE WEST"

U

Store It  
Lock It  
Keep the Key

CLOSE TO THE BASE & TOWN

★ Safety ★ Security ★ Supervision

Knight Rd. & Pritchard Rd. Comox B.C. 339-3424



TELEPHONE 338-8200

TIRE STORES

OUR TIRES GO AROUND WITH THE NICEST PEOPLE

971 CUMBERLAND ROAD  
COURTENAY, B.C.

JOE PARKINSON

BAYVIEW



International

BAPCO

COLOR CENTRE

PAINTS - WALLPAPER - DECORATING SUPPLIES

BAPCO PAINTS

C.I.L. PAINTS

SHERWIN-WILLIAMS PAINTS

INTERNATIONAL

MARINE PAINTS

OLYMPIC STAINS

CABOTS STAINS

SIKKENS STAINS

VALSPAR STAINS

PHONE

339-3711

COURTENAY, B.C.



'Bicycles, Tricycles  
and lots of accessories'  
Full repair service

PEDAL PUSHER

NOW OPEN AT OUR NEW LOCATION  
- 137 - 5th St. -  
BELOW THE MAIN CIVIC PARKING LOT  
334-4845

Cindy  
Cochrane

Vicki  
Elliot

SHEADLOCKS  
Family Hair Care

IN THE OLD EATONS BUILDING

NO APPOINTMENTS  
Mon-Sat 9-5

Suite 206  
307 5th St.  
Courtenay, B.C. V9N 1J9

338-8812

SEASIDE  
MOTORS

SERVICE SALES PARTS  
FOR  
ALL VOLKSWAGENS

430 Puntledge Avenue

Courtenay, B.C.  
PHONE 338-6791



COMOX VALLEY  
READY-MIX LTD.

CUMBERLAND, B.C.  
PH. 336-2218

Ready Mix Concrete  
Sand and Gravel  
Trucking  
Cement Finishing  
Drain Rock  
Loaders

COURTENAY  
LUMBER

SPIKE SEZ

QUALITY SERVICE

& LOW PRICES

120 ISLAND HWY.

COURTENAY, B.C.

338-6788

HARTMAN AUTO  
SUPPLY 338-7261

367 - Sixth St., Courtenay, B.C.



BRANCHES IN  
CAMPBELL RIVER  
& PORT ALBERNI

SUPPORT  
OUR  
ADVERTISERS

ADVERTISING  
WORKS!



CANCER CAN BE BEATEN  
IT HAPPENS EVERY DAY  
CANADIAN CANCER SOCIETY



# Around the Base

## ST. MICHAELS AND ALL ANGELS PROTESTANT CHAPEL

**CHAPLAIN:** Padre Bob Risch (UCC) Telephone: 334-3575  
**CHAPEL:** St. Michael and All Angels Protestant Chapel, Bldg. No. 88  
**OFFICE:** Headquarters Bldg., No. 45, Room No. 48. Telephone 339-2211, local 2273.  
**ORGANIST:** Nancy Nowosad, telephone 339-9843.  
**PUBLIC WORSHIP:** Sundays at 1100 hours.  
**COMMUNION:** First Sunday of the month.  
**CONFIRMATION CLASSES:** Lectures resume Wednesday, 16 January, 1985 at 1515 hours in Chapel Annex. Lectures will continue each Wednesday until Palm Sunday, at which time Confirmation takes place. (31 March, 1985)  
**RELIGION-IN-LIFE CLASSES:** Lectures each Tuesday at 1515 hours in the Chapel Annex until Baden-Powell Sunday.  
**JUNIOR CHOIR:** Rehearsals at 1015 hours each Sunday. Director - Mrs. Julies James, telephone 339-6948.  
**SUNDAY SCHOOL:** Sundays at 0930 and 1100 hours. Sunday School Superintendent - Mrs. Gay Gray, telephone 339-6705.  
**BIBLE STUDY/GUILD:** Thursdays at 1000 hours in Chapel Annex.  
**ANNUAL CONGREGATIONAL MEETING:** Sunday, 20 Jan. 1985 at 1130 hours.  
**CHAPEL COMMITTEE MEETING:** Tuesday, 12 February, 1985 at 1400 hours in the Chapel Annex.

## OUR LADY OF THE SACRED HEART CHAPEL CFB COMOX, B.C.

**CHAPLAIN:** Padre J. Dabrowski (RC). Telephone: 339-2211, local 2274.  
**MASS SCHEDULE HOURS:** Saturday - 1900 hours.  
 Sunday - 1000 hours.  
 Week Days - 0900 hours.  
**BAPTISMS & MARRIAGES:** By appointment - notice well in advance.  
**CATHOLIC WOMEN'S LEAGUE:** Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:30 p.m.  
**PARISH COUNCIL:** Second Wednesday of the month at 1300 hours in the Parish Hall.  
**CATECHISM CLASSES:** Each Wednesday in the PMQ School from 1830 to 1930 hours.

## CFB COMOX MILITARY CHRISTIAN FELLOWSHIP

Meetings held from Monday to Thursday from 1130 - 1230 hours in the R.C. Parish Hall next to the Tennis Courts.

## Officers' Wives Club

First and foremost, our sincere apologies to those people who had purchased tickets to the Christmas Tea Party. Please understand that when it came to making the final arrangements, only 20 tickets (approx.) had been sold, this being too small a number to go ahead with as planned. To avoid such a mishap when tickets are *presold* in the future, please make your purchase prior to the final week - it would be greatly appreciated.

On to a more pleasant note; our Crafts Fair was a veritable feast for the eyes, as well as the stomach! Many Christmas gifts were brought from the more than 20 displays. It is wonderful to see such talent among us! Thanks to the women who participated in our fair, and also for donating all the lovely door prizes. There were 10 lucky winners of the 140 people whom attended. An adorable "Cabbage Patch Kids" outfit was won by Linda Merkel; a floral arrangement went to Sharon Smith; a wooden climbing bear went to Sylvia Mitchell; a wall hanging was won by Van Heriway; two lovely ornamental angels went to Irene Huges and Eileen Flath respectively; a decorative Christmas broom was won by Mae Strachan; a wooden magazine rack went to Heather Feraby; a quilted picture frame was won by Diane Oliphant; and

finally, a ceramic dutch shoe went to Pat McGill. The munchies were prepared by the Mess and there was enough cold cuts, cheese and buns for at least 300 people. Needless to say, most people left looking about 4 months pregnant.

Coming up on January 16, 1985 (19:30 for 20:00 hrs), is our "Robbie Burns Night Celebration" - This is to be a mixed function, and spouses are welcomed at no extra charge. The standard fee of \$2. for members and \$3. for non-members is in effect. Casual dress is appropriate. For those who are daring (and have iron-cast stomachs!) there will be the traditional Haggis as well as scones and shortbread, tea and coffee. Entertainment will consist of a Piper, Highland dances, "The Ode to the Haggis" and various other traditions. Door prizes for the evening will be delicious, so be sure to attend; and don't forget your spouse!

Please be sure to bring your UP codes - if you didn't pick up a list of the needed codes, call Pam Holbrook at 339-7712. Also, just a reminder for you to bring donations for our Food Bank Box. Congratulations to Jan McQuade (ATC) on the birth of a beautiful baby girl Chelsey, born December 15. Hope to see you all January 16! Till then,

A.C.

## WO & Sgts' Wives Club

With the holiday celebrations behind us and a new year of projects, resolutions and commitments ahead - a relaxing evening with friends and acquaintances is what your Executive has planned for all its members on Monday, January 14th at 8:00 p.m. Cst Harris of the RCMP is putting together a very informative evening of topics and discussion all relative to women. Refreshments will be served as a conclusion to the meeting where you can meet and chat with friends.

Plan to come out and join in the evening's program at the Mess Lounge. Bring along a new member and begin the 1985 year in the friendly atmosphere found here at CFB Comox.

Your Executive  
 Ann Ikle: President  
 Shirley Stehl: Vice-President  
 Sharon Smith: Treasurer  
 Gay Gray: Secretary - (339-6705)

## Kwah-nice District



This year we are celebrating our 75th birthday. We are the largest organization in the world with over 8 million members involved now. We have branches in 108 countries around the world, some long established, some very new.

There are Brownies, Guides and Pathfinder units attached to the Air Bases in Germany. There are even Guides and Brownies who "meet" by letter and belong to the Lone Guide Program. These girls can be in isolated places from the high ar-

Girl Guides  
 of Canada  
 Guides  
 du Canada



tic to outback of Australia or an embassy in the Middle East. All keep in touch with their leader in Canada and follow the same program.

The Base units open this week. The 2nd Brownie Pack meeting at Airport Elementary School on Tuesday at 3:30 p.m. has openings for new girls. If you want to join just come along.

Pat Jackson  
 District Commissioner

# COLD TURKEY DAY



British Columbia  
Lung Association

COLD TURKEY DAY JANUARY 16 • 1985

## PLEDGE TO QUIT SMOKING

I, \_\_\_\_\_ of \_\_\_\_\_  
 City \_\_\_\_\_ Postal Code \_\_\_\_\_

do hereby pledge to quit smoking on **JANUARY 16 • 1985**. This pledge arises from my sincere wish for improved health, an extended life and all other physical, social and monetary benefits which will accrue to me as a result of this decision.

WITNESS \_\_\_\_\_ SIGNATURE \_\_\_\_\_  
 MAIL TO:  
 B.C. Lung Association, 906 West Broadway, Vancouver, B.C. V5Z 1K7 731-4961

### 1 BUMPER TO BUMPER

Auto Parts Professionals

### HOURS

Monday to Friday: 8 to 8  
 Saturday: 8 to 6  
 Sundays: 10 to 5

## A & M AUTO SUPPLY

LARGEST AND MOST MODERN  
 AUTOMOTIVE STORE IN THE VALLEY.

2440 S. Island Hwy.  
 Courtenay, B.C.  
 OPPOSITE BINO'S  
**338-6777**

- ✓ All Chrome accessories 20% OFF
- ✓ 6" bench grinders 1/2 hp - \$49<sup>95</sup>
- ✓ Good quality fog and driving lights - \$49<sup>95</sup>
- ✓ Genuine lambskin seat covers for bucket seats - \$22<sup>95</sup> each
- ✓ "Long Lite" propane Bar-B-Q starters - \$9<sup>95</sup>
- ✓ 51 - 1141 locking ski racks, regular \$109<sup>95</sup> - MOJ \$79<sup>95</sup>
- ✓ Plastic ski racks - \$19<sup>95</sup>
- ✓ 40 piece tool kit metric and SAE combination
- ✓ 7 piece wood handle screwdriver set - \$9<sup>95</sup>
- ✓ We also have chains
- ✓ Good prices on brake shoes and disc pads
- ✓ We handle a full line of remanufactured starters, alternators and master cylinders
- ✓ Also, we carry exchange clutches and pressure plates

WE NOW SELL REBUILT AUTOMATIC TRANSMISSIONS.  
 Try us first for our good prices  
 Phone: 338-0131

WE STOCK IMPORT CAR PARTS

### mother nature

HEALTH FOODS

- Good Health Through Natural Foods & Vitamins
- Bulk Quantities Available
- Toiletries, Appliances, Books
- Wine Art Supplies
- Vitalizer Rebounders

COMOX - 1783 Comox Ave.  
**339-5111**  
PROMPT MAIL ORDERS  
 DISCOUNT FOR SENIOR CITIZENS

PLEASE  
 SUPPORT  
 EYE appeal

### La Mirage

TOTAL FAMILY HAIR CARE  
 "Your Image is our Reflection"

1801 Comox Ave.  
 Comox  
**339-6651**

### 1 BLOCK BROS. REALTY LTD.

NRS NATIONAL REAL ESTATE SERVICE

449 - 5th Street, Courtenay

Call Al Robb to enroll all the forces of Block Brothers Realty to complete your buying or selling of real estate.

**ONLY Block Bros. Realty can provide your property with BOTH:**

- Block Bros. National Real Estate catalogue for NATION-WIDE coverage, and
- Vancouver Island Real Estate Board MLS Catalogue for local coverage

FOR PROMPT PROFESSIONAL SERVICE  
 call or write -

**AL ROBB**  
 Res. 339-3307  
 Office 334-3111

## CAREER OPPORTUNITIES

North Island College can help you launch a career or advance your standing in a professional area. Visit our Learning Centre at 407 - 5th Street to discuss the career possibilities for you.

### N.I.C. PROGRAMMES

- **COMPUTER TECHNOLOGY**  
 - Two year diploma programme in preparation for a variety of positions in the computer science field.
- **UNIVERSITY TRANSFER**  
 - A wide variety of first and second year Arts and Science courses are available.
- **BUSINESS ADMINISTRATION**  
 - It is designed for students who wish to pursue a career path in business or public service.
- **SMALL BUSINESS MANAGEMENT**  
 - This innovative programme is for those who wish to start a small business or to learn how to better manage an existing small business.
- **HOSPITALITY MANAGEMENT**  
 - The goal of this new programme is to allow students to develop a broad range of business skills, especially those relating to the hospitality industry.
- **BUSINESS OFFICE TRAINING**  
 - Individualized, tutored courses can prepare students for a variety of office careers.
- **VISUAL ARTS**  
 - These courses can be taken for transfer credit or be audited for the sake of interest alone.
- **EARLY CHILDHOOD EDUCATION**  
 - This career programme leads to the ECE Supervisor's Certificate
- **WELDING**  
 - Based upon provincial curriculum standards, Level C Welding training is offered.
- **PROFESSIONAL DRIVING SKILLS**  
 - These courses are designed to upgrade licenses to a higher classification, including Class I with Air Brakes.
- **ADULT BASIC LEARNING**  
 - The ABL programme covers adult learning from basic literacy to Grade 12 Equivalency.

**REGISTER NOW AT 407 - 5TH STREET,  
 COURTENAY (338-7291)**



# Around the Base

## Our People

*Our greatest asset*



**Sue MacKenzie**

This issue "Our People" would like to introduce Mrs. Sue MacKenzie.

Sue is and has been for the past fourteen years, Secretary to the Base Supply Officer and is a very busy and involved person both on and off the base.

Sue's main activity on base, aside from her primary job, is union involvement. She is Union Steward for fifty members of the Union of National Defence Employees, Local 1007, secretary for the local and Second Vice-President of the local. She is also the ST negotiator on the team now discussing terms with the Treasury Board for some 13,000 secretaries across Canada. Sue is also involved with the Pacific Regional Affirmative Action Organization as the co-ordinator for the Union of National Defence Employees.

Sue's off base activities include her deep involvement with the Wolf Cub Movement. She has been with the Lazo Pack for 7 years and is presently District Cub Master. She is also Assistant District Venturer Advisor.

In her other life as wife and mother, Sue is married to husband Keith, a foreman in the Carpenter Shop at CE. She is mother of two children, Christine - 17 years old and Scott - 15 years old who is a student at Highland. She and Keith met, and were married, in Victoria a "few" years back and after a bit of travelling to places like Hemer and Soest Germany, found themselves in Comox. They liked it and stayed.

Sue has hobbies too - when time allows. She like to knit and sew and loves things outdoors. One of her favorite activities in the past has been acting as a spotter with 442 Squadron.

So from us to you Sue -- Thanks for letting us introduce you as one of our greatest assets -- "Our People".

G.M.K.

## A Christmas tradition . . .

*. . . the Officers and Sr. NCOs gather*



*C'mon Gwyne lets get these guys moving!*



*Hi Guys - Nice place you have here!*



*Seriously Mr Cummings - Do you like me?*



*"Fargo One" - Forever on guard.*



*Did Red Lead eat any of this?*



*The Bloose Brothers*



*Make sure you count them chief - one each*



*United we stand - Divided we fall*

**EDITOR'S NOTE:** "Our People" will become a regular feature of the Totem Times in upcoming issues.

Our objective will be to introduce various members of our military community to you the readers. These people will be selected at random and anyone is a possible candidate. In fact that is where you the readers come in - We need your help in identifying people

whom you feel deserve recognition. Selections will be made from entries received and any "on base" people can qualify - military or civilian.

Come on - get involved with your newspaper! Drop your entries in the base mail - send to Capt Gord Kruger, Base Public Information Officer or call me at local 2289.

Thanks,

Gord  
Assistant Editor/  
Totem Times



**Be Water Wise. Play it Safe.**

Always wear a Personal Floatation Device or a lifejacket when around the water.

The Canadian Red Cross Society

**COURTENAY CHRYSLER PLYMOUTH**  
Island Highway North - at the top of Mission Hill, Courtenay, B.C.

**CHRYSLER**

NEW YORKER • E CLASS • LEBARON • LASER

**PLYMOUTH & DODGE**

HORIZON • OMNI  
TURISMO • CHARGER  
RELIANT • ARIES  
CARAVELL • DODGE 600  
DAYTONA  
COLT

**DODGE TRUCKS & VANS**

MAGIC WAGONS  
PLYMOUTH VOYAGER • DODGE CARAVAN

GOLD KEY LEASING



RAM TOUGH DODGE TRUCKS '84  
KEEP YOUR EYES ON  
THE RAM

Join the  
Chrysler  
Revolution!

Only Chrysler backs you 1. Engine and Powertrain for 5 years or 80,000 km. 2. Outer Panel Anti-Corrosion. See dealer for details.

685 Cliffe Avenue  
Courtenay, B.C.  
(Next to B.C. Tel)  
**334-2312**

**Marj's**  
**Sewing Basket**  
WINTER CARNIVAL  
SALE

1/3 OFF SELECTED PATTERNS

20% OFF

ALL COTTON BLENDS

January 22nd til February 2nd



**This is Nanaimo Realty Country**  
576 England Ave., Courtenay, B.C. Phone: 334-3124



YOU'LL LOVE THIS COMOX LOCATION! -- spic and span 2 bedroom rancher within easy walking distance of schools, golf, tennis, marina and shops. \$48,500.

JEAN SALTER

RES: 339-5017



PUNTLEDGE PARK AREA -- close to downtown, park, and schools. This 2 bedroom home has a new roof, new heating system, new wiring and post and beam construction. Double glazed windows and attractive Fisher Stove. Full price - \$39,500<sup>00</sup>.

BOB KOESTER

RES: 339-3238



# Etc.

## 888 Wing

888 (Komox) Wing of the RCAF Association is embarking on an ambitious plan for expansion over the next two years. The initial phase has started with the purchase of 2.25 acres of land located behind the mini-storage company at Pritchard and Knight Road. The next step is to raise sufficient funds for the construction of an Air Cadet/Wing building. In this regard we have approached our

members asking for donations or non-interest loans. Once we have the money (approx. \$100,000) construction can take place. In addition, 888 Wing will be applying for various groups to assist in furnishing the Air Cadet and Wing facility when completed.

In order to support this plan our membership must expand considerably. Currently we have under 200 regular members and 15

associates. Serving members of the CAF and retired members of the CAF or RCAF are eligible to join as regular members. Other individuals who are interested in flying can apply for associate membership. Our aim to have 250 members by August, 1985 and then 300 by August, 1986.

Per Ardua Ad Astra

## VPI COMOX WING

### MEETING AND SOCIAL GATHERING

RCAF ASSOCIATION BUILDING  
1930 hours -- 15 January 1985

*All members welcome to join in an evening of VP fellowship.*

#### Points of Contact:

Capt Poole - 2308/339-7137 \*\* Capt Pasanen - 2327/339-6782  
WO Wood - 339-4962 \*\* Maj Gibbs - 2308/339-5728

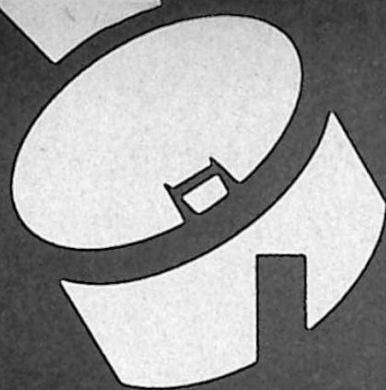


# Video Club is in the spotlight...

with everyday  
low price on  
selected titles!

# .99

per night

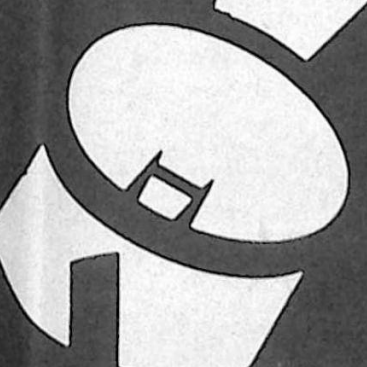
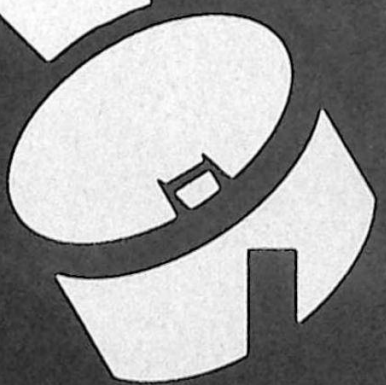


# Pleins feux sur le Club Vidéo...

avec des bas prix  
quotidiens sur  
des films choisis!

# .99

par soir



## CENTRAL BUILDERS

FOR

- \* New homes
- \* Renovations
- \* Home improvements

Everything for the builder at one stop.  
All our building departments can be of assistance to you.

Inquire about financing major purchases.

WE DELIVER

## CENTRAL BUILDERS'

334-4416

CENTRAL BUILDERS'  
610 ANDERTON AVE.



SUPPLY LIMITED  
COURTENAY, B.C. V9N 2H3

Foot of 6th Street

# 1 in 15

CANADIANS  
HAS A  
BREATHING  
PROBLEM.  
† Your Lung Association

### Winter Driving Warning

## Snow Area Spot Checks

At this time of year and in areas subject to heavy snow conditions, you will see special signs requiring that **your vehicle have good winter-tread tires or carry chains** or, in some case, that **chains be mounted**. For your safety and that of other motorists, these signs are authorized by law.

During the next few weeks, random checks will be carried out by the RCMP in problem driving areas, more particularly the Hope-Princeton, the Squamish Highway to Whistler, the Fraser Canyon, but including other sections of road on Vancouver Island and the rest of the province subject to snow conditions. The operation will be in conjunction with the Attorney General's "CounterAttack" programme and other police traffic checks. **Drivers of vehicles not properly equipped may be turned back or charged.**

The Ministry of Transportation and Highways is doing its best to clear snow and maintain our roads in winter to make them safe. Before driving into snow areas, make sure you have good winter tires and are carrying chains to make your vehicle safe.

Be on the lookout for snow clearing and sanding equipment sometimes operating in conditions of limited visibility. **Their flashing amber lights are warning you to use extreme caution and slow down.** Make sure also that you observe the special signing if you should encounter it and please drive carefully.



Province of British Columbia  
MINISTRY OF TRANSPORTATION AND HIGHWAYS  
Hon. Alex V. Fraser, Minister