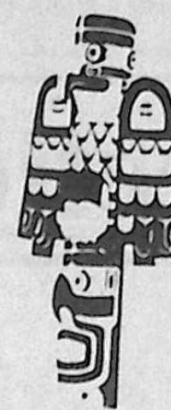




TOTEM TIMES



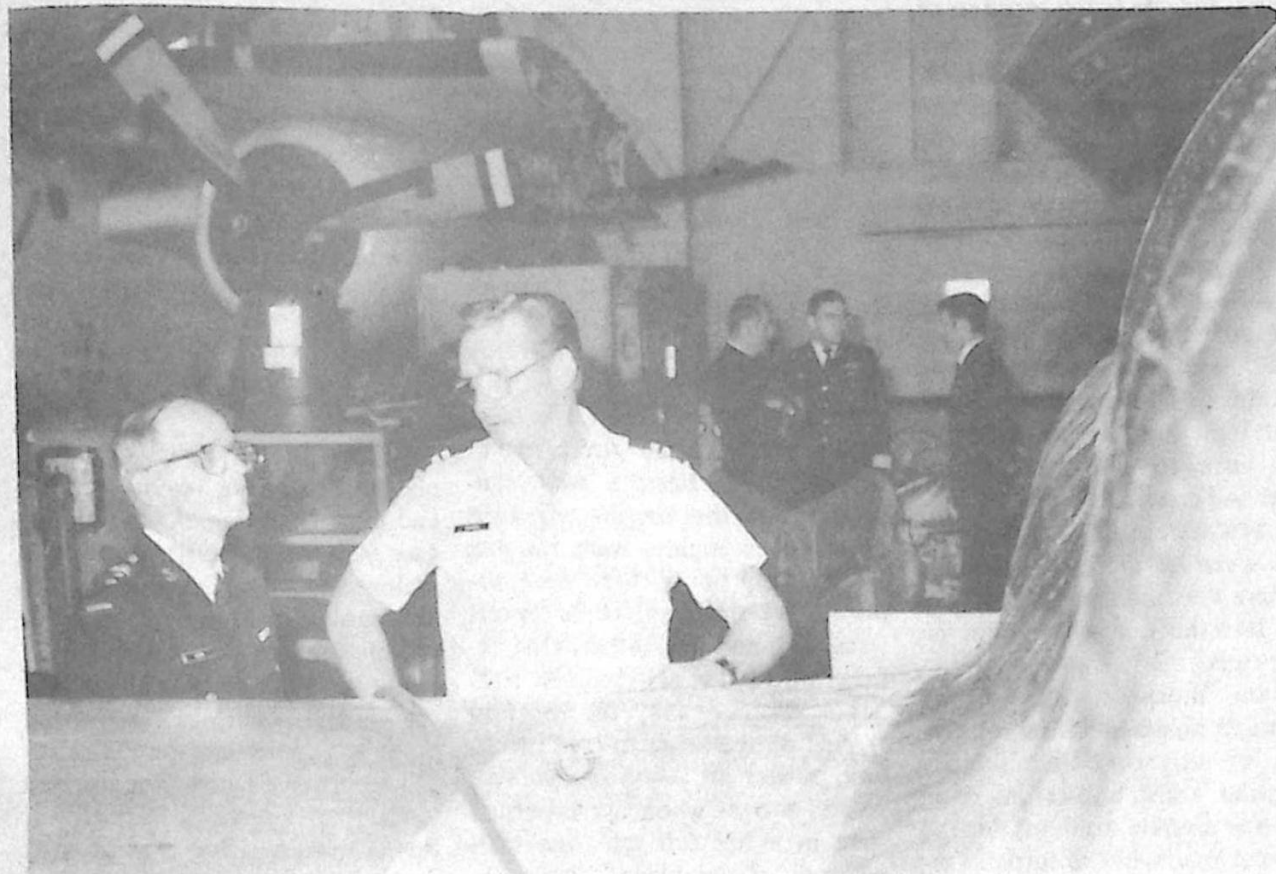
Vol. 26 No. 18 CFB COMOX TOTEM TIMES

THURSDAY September 27, 1984

Deadline is Friday, October 5, 1984

COST: PRICELESS

Commander Maritime Forces Pacific visits



"Now, here we have your basic all-weather, all-everything patrol aircraft." -- So goes the conversation between Capt Dave Brown, VU33 SAMO, and Admiral Yanow during the Admirals recent tour through VU33 facilities.



Some first hand computer know-how is being given by WO Ken Hutton, a VP407 Computer operator, to Admiral Yanow. The Admiral was able to receive good insight into the DIAC operation during his tour through VP407 facilities.

A day with the Admiral

RAdm R.D. Yanow, Commander Maritime Pacific, recently visited CFB Comox to familiarize himself with the base's operations.

The Admiral was a guest of the Base during the whole day of September 5, 1984. During this time, he took part in tours of the Base's three operational squadrons.

After a Base briefing by the BP10, Capt Gord Kruger, the Admiral was taken over to VP407 where LCol Terry Rogers provided a detailed brief on the various operations that the squadron is involved with. This was followed by a tour through 407 DIAC facilities, and then on to the maintenance and operational facilities on the hangar floor.

Then it was off to VU33 for a brief and tour of the squadron's facilities. Maj Trev Owen provided the details and the squadron members provided guidance in the hangar area. The Admiral thought he had seen those little grey bombers somewhere before. I wonder where?

442 Squadron closed the day off with a stimulating go-round on the squadron's operations by LCol Doug Stuart. The facts and figures on rescue operations were presented to the Admiral and the message was clear -- "We are a pretty busy group". The Admiral agreed.

Then it was off in a Lab for a tour around the Valley. It was a fitting climax to an interesting day for Admiral Yanow -- and of course, the whale killers of VP407 provided the luxury return transportation to Victoria.

Day-by-day history Canada's Air Force

October 1 - Canada's first military aircraft, a Burgess Dunne, arrives at Valcartier, Que., 1914, leaves for England the following day aboard the S.S. Athenia.

October 2 - No significant recorded event.

October 3 - Fastest flown manned-aircraft flight, X-15A-2, at 4,532 mph, by W.J. Knight, 1967.

October 4 - Avro CF-105 Arrow rolled out, Malton, Ontario. Russia orbits Sputnik I, 1957.

October 5 - First RCAF/RAF "jet" kill, 401 Squadron downs Me262 over Arnheim, 1944.

October 6 - RCAF 6 Group conducts largest raid, 293 heavy bombers, over Dortmund, Germany, two aircraft lost, 1944.

October 7 - Five-aircraft relay sets out on first trans-Canada flight, 1920.

October 8 - First in-flight movie, The Lost World, shown on Imperial Airways, 1925.

October 9 - RCAF sends 200 heavy bombers in a 400-bomber force in a raid on Bochum, Germany, 1944.

October 10 - Last operational flight from the Canadian aircraft carrier, HMCS Magnificent (Avengers, VS-880), 1956. RCAF retires deH Comet (412 Squadron), 1963.

October 11 - First use of aircraft in war, Italians against the Turks, Tripolitania, 1911. RCAF accepts first Vertol Voyagers for search and rescue operations, 1963.

October 12 - Famed RCAF ace, Buzz Beurling, wounded when shot down over Malta, 1942. Royal Canadian Navy accepts first CS2F Tracker aircraft, 1956.

October 13 - RCAF takes first Voodoos (101B-101F) on strength, 1961.

October 14 - RCAF provides one-quarter of the heavy bombers in two 1,000 bomber raids on Duisenbury, Germany, 1944.

October 15 - RCAF forms 424 and 426 Bomber Squadrons in England, flying Wellingtons, 1942.

October 16 - First flight of Short S-25 Sunderland flying boat, Rochester, 1937. First Second World War air raid on British warships, Scotland, 1939.

October 17 - RCAF takes delivery of first CF-100, Malton, Ont., 1951. Runnymede Memorial unveiled, containing names of 3,072 RCAF personnel killed in Second World War, 1953.

October 18 - RCAF sets up trans-Atlantic mail service with 168 Heavy Transport Squadron, Rockliffe, Ont., 1943.

October 19 - Santos-Dumont flies dirigible around the Eiffel Tower, Paris, 1901.

October 20 - First recorded RCAF mercy flight, Victoria Beach to Norway House, Man., 1924.

October 21 - No significant recorded event.

October 22 - First successful parachute descent, A.J. Garnerin, 3,000 feet, from a balloon, Paris, 1797. First flight of Bell XH-40 Iroquois helicopter, 1956.

October 23 - First patents taken out for aerial photography, from balloons, by Gaspard Felix Tournachon, 1858.

October 24 - First flight of Grumman HU-16 Albatross prototype, 1947.

October 25 - Canadian Armed Forces accepts first two CF-18 fighter aircraft at CFB Uplands (Ottawa), Ont., 1982.

October 26 - Royal Canadian Navy accepts first seven of 100 Grumman Tracker aircraft at Downsview, Ont., 1956.

October 27 - Major W.G. Barker becomes third Canadian airman to win the Victoria Cross during the First World War, 1918.

October 28 - RCAF 435 Squadron accepts first C-130B Hercules transport aircraft, Uplands, Ont., 1960.

October 29 - No significant recorded event.

October 30 - No significant recorded event.

October 31 - Inventor of geodetic construction, bouncing bombs and swinging aircraft, Sir Barnes Wallis, dies at 89 years of age, 1979.

Help say YES!



the
UNITED WAY



"Hey, that was great fun!" Admiral Yanow disembarks from a 442 Squadron Labrador helicopter during his recent tour of 442 facilities. After a day of touring the Base's operational facilities, the Admiral was treated to a helicopter ride over the Comox Valley area.

Canadian Forces photo by Cpl M. Robert



Battle of Britain remembered -- Led by the Courtenay Legion Pipe Band, members of 888 Wing RCAF, Comox Legion and 386 Air Cadet Squadron march from the Wing to the Chapel to celebrate the 44th Anniversary of the Battle of Britain on Sunday, September 16.



"Fishwrapper" Exposed

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Section News

Demon



Doins

AIRCREW

A good time was had by all when the Ground Support Staff challenged certain members of the Aircrew to a ball game last week. This *World Series* class event is expected to bring in crowds of more than 8 spectators the next time it is held. During the game new rules were incorporated as required in order to protect the innocent. For example, did you know you're "out" if you happen to hit the ball into the "sacred cooler", or if you were caught stealing a base. (I mean a few people actually tried to walk away with the base.) The Aircrew were led by Steve James who yelled himself hoarse. (This was considered by a few to our advantage.) All of the Aircrew's 13 players (who all play on the field at the same time under their home town advantage rules), played excellently. The spectators (consisting of 1 Mom, 1 baby asleep in a carriage, and a dog) actually started to believe that we knew what we were doing. The Ground Crew team put up ferocious competition (both on and off the bench).

The umpires were completely unbiased (even the one wearing the motorcycle helmet) and could not be swayed no matter what brand you brought them. Although a foot seemed to slip and erase a few runs every now and then. *Totally by accident of course.* (Patronage was not an issue here, was it?) By the end of 4 innings the score was tied at 17-17?? Thanks Ground Crew for the match. How about a rematch to break the tie?

A few other notes are worth mentioning this week. Congratulations to Dave and Sharon Wright on the birth of their new son, also to Stephan and Jacki Kummel on the birth of their new daughter. (Hm-mm, any chance the two newborns get together in 11 years?)

Crew 6 is away this week to Australia to compete in "Fincastle 84". As you remember this crew swept the Canadian ASW Championships earlier this year. Good luck Crew 6 and safe flying. (Remember the hopes of the True North Strong and Free.)

Welcome back Crew 2 on you all expense paid vacation (FDS/OMS) in Greenwood. Who rented the Lincoln TOWN HOUSE?

That's about it for this week. Safe flying.

SAMO SECTION NEWS

It's about time you and your staff get off their butts and did something useful. As a motivation, consider this a challenge from me (SAMO) to you (Flight Commander) to appear with your motley team of rag-tag VPCCs on the CFB Comox Ball Diamond at 1300 hrs. on Friday, 07 September, to duel at the scintillating game of "Three pitch".

With that challenge the stage was set for what would be a most grueling game of tackle baseball.

The game got off to a slow start. While the SAMO team was on the field warming up in preparation for victory, the Aircrew were still trying to get organized. Finally after a refreshment the referees, LCol Rogers, Maj Eby, Maj Young and Maj Knutsen were ready and the word was given, in a bit of a slur, "Play Ball".

The Aircrew were up to bat. Maj Bishop, pitching to his own team, struck the first batter out - we were off to a stunning start. The Aircrew did manage to get some runs during the first inning, but only by brute force. In the SAMO's initial challenge the game rules were

specified, but he did forget one. For the benefit of Dave Harris, there is no tackling. I must admit that seeing Rene Poulin fly through the air feet up, was one of the highlights of the game.

The referees were quite active during the game. If LCol Rogers wasn't adding up the scores in the dirt he was opening refreshments for the other refs. Maj Eby, the second base ref, was amazing, he could call a play anywhere on the field.

After four innings, the final score was 17-17. Although we did not humiliate the Aircrew in the game the party afterwards was a disgrace. While the SAMO officers continued to party going from the golf course to the Leeward and then to the Loft, the Aircrew team had faded down to only one member. I strongly believe that Jeff Byam would like to be AERE and not an Aircrew fairy!

SERVICING

They've done it to us again, monsoon season is upon us along with many exercises. It seems everything comes down at once. The present MARCOT exercise started out with a welcoming for VP50 (from Moffett Field) in the form of a Meet & Greet at the Golf Club. Once again we showed our friends from the States, that Bob and Doug McKenzie aren't fictional, but just Canadians, eh.

Along with winter comes the trips to such desolate places as Hawaii at which time Al Brown will finally get to go home. The 407 Competition Crew left the mild weather of Vancouver Island on the 22nd of September, to take a long flight to Australia for Fincastle 84. At Fincastle we take on the Commonwealth for ASW supremacy. We wish the Competition Crew luck and hope that they can show "we really are the best!"

Finally some words of welcoming and congratulations. First, we'd like to welcome to 2 Crew, Dave Hrominchuk, a CS Tech from CFSAOE in Borden, and a welcome back to Jose Migneault, who left us some time back in 83. Congratulations to Dave Ronaldson who won 1st place in the Glacier Greens golf tournament.

This allowed him to go on to the Pacific Zone Finals in McChord Washington. He was not alone as there were eight others who qualified for the zones, one of the, also from 2 Crew namely Fred Schwab. At the zones Dave Ronaldson finished second off by nine strokes, good show Dave!

As for recent promotions, just one but a deserved one. That is to David Wheeler and his accelerated promotion to corporal. Congratulations on your promotion Dave and the fact we all found out why you don't drink, but it was a good effort. We hope you'll be able to find some way to spend all that back pay.

PHOTO

Well, it's time again for our bi-monthly input to the *Fishwrapper*. So without further ado, this is Holly Ford wishing (on behalf of all Photo Techs) good luck and success to all those going on course or on TD. Among the lucky ones are: MCpl Joanne Paul - JLC, where we are sure she is enjoying the sights and nightlife of CFB Penhold, Alberta. All of us are anxiously awaiting our first spot-injection on her return.

Cpl Bernie Lambillon is attending a high reliability soldering course at CFB Borden. On his return, we are sure we'll have to watch our personal possessions for fear of finding them soldered together.

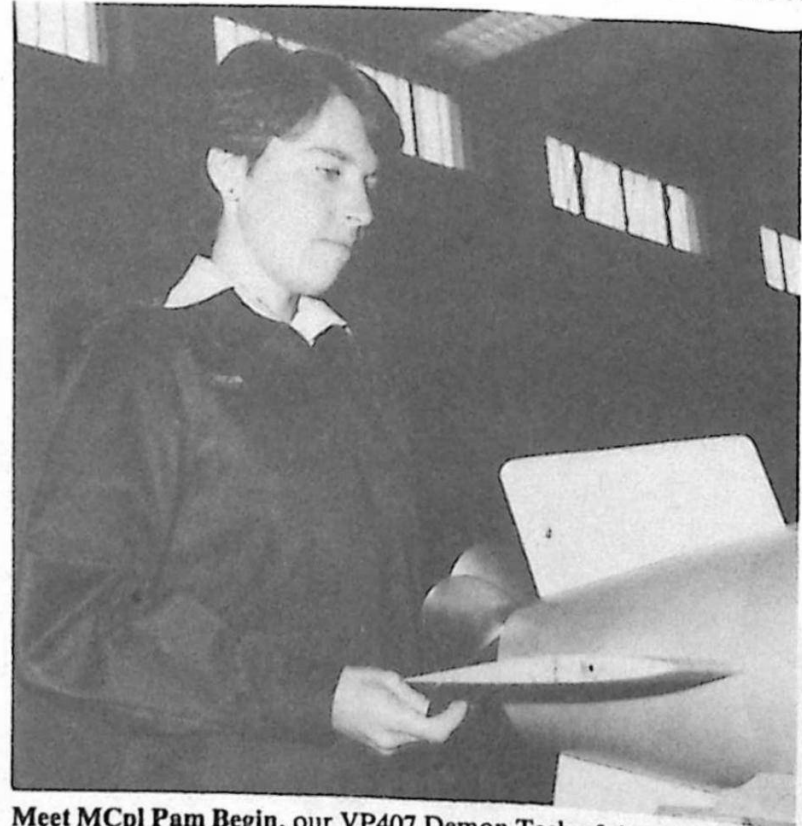
Cpl Mike Giroux went on a NORPAT and ended up in Inuvik instead of Yellowknife. Better luck next time Mike. Late news has it that Mike is going on the XG course in Borden real soon. Speaking of late news, I'm departing for the other end of the country to try my hand at second line maintenance. Wish me luck!

Sgt Doug Price has organized 3 photo bowling teams for intersection bowling this fall. That is three out of twelve teams in the league which are photo! Now, that's the old photo spirit!

The first three games have already been won by Photo, two by default and one the hard way. Possibility of a trend here, people!

More to follow on this striking (pun) story in future issues.

VP407 Demon Tech of the Month



Meet MCpl Pam Begin, our VP407 Demon Tech of the month for September. Pam is a Weapons Tech Air and 2 i/c of the Torp Shop. She joined the CF at Victoria, B.C. and was posted to Comox in August 1982. Pam is presently single! Highly sports minded, she plays a rousing game of badminton every lunch hour with her boss, Sgt Art Johnson. When they are finished Sgt Johnson drives back to work, while Pam goes for a leisurely jog to the Control Tower and back to the Torp Shop. We'll leave it up to you to determine who's been winning at badminton.

442 Squadron

THE MAIN FLOOR

THE AIRCREW'S VERSION

Due to a heavy work week, we only have a short article from the "upstairs" folk.

Major Lloyd Snyder, the Buffalo Flight commander, left Comox early last week for two weeks in sunny Florida. He took with him a co-pilot, a navigator, a flight engineer and three rescue specialists. It is not so, that 442 Squadron has a fat budget; however, Florida is the location of this year's SAREX. Last year, Comox was the location of SAREX 83 which involved 6 Canadian and 6 American SAR crews competing in events such as parachuting and bundle dropping accuracy, medical competitions and navigation competitions. 442 Squadron did not fare too well last year partially due to a search which started up during the middle of SAREX. Let's hope that things stay quiet around here for at least another week so we don't have to call back Major Snyder and crew.

On Friday morning, 21 September is when all the action started, but there was no one around to see it, at least no one with Major or higher rank.

In the morning, LCol Doug Stuart accompanied with a full aircraft crew, some technicians, secretarial staff and even some helicopter aircrew, took off for the Salinas Airshow in California. Once the Colonel's aircraft was safely away from Comox some of his conniving workers back at the hangar, headed by Capt Grant MacDonald (or is it Lieutenant again) set about transforming Colonel Stuart's car into a thing of beauty.

Colonel Stuart's car looked like it belonged on supports in an Esquimalt dry dock. His large land yacht was painted battleship grey and looked like it had rammed a few docks. Now quite simply it has the same colour scheme as our Labradors and Buffalos. Unfortunately, the car was completed after the Totem Times deadline, so

there will be pictures in the next issue. In the meantime if you see a flash of gold and red streak by towards the mess, golf course, main gate, or the 442 hangar, don't be alarmed, it's probably "LCol Stu" of 442".

The only SAR action of any significance was the explosion and fire about the "Sea Prince" on Friday afternoon. Although most of the rescue was handled by the Coast Guard hovercraft from Parksville, the response of 442 Squadron was as slick as the Colonel's car. It went this way: At 1553 hours RCC Victoria called 442 Operation Centre to alert the Buffalo crew for a boat fire near Lasqueti Island. It was not known at that time how many were on board the boat. The two relatively new Ops officers; 2Lt Gerry Howe and Capt Jerry Desrochers calmly hit the panic button. At 1554 hours the crew with a relatively new aircraft commander, Capt Barratt, were running out to the aircraft. At 1556 hours, both engines were running and at 1559 hours, they were airborne. By the way, these events were all timed by the two Ops officers who will verify them. At 1606 hours, Rescue 458, the Buffalo arrived on the scene to find the 80 foot trawler an inferno. Five survivors, two of whom were burned were in a life raft and one man perished in the blaze. The other tragedy besides the five was the fact that there was not one Lieutenant Colonel or Major in Ops to witness the quick thinking by the Ops officers or the 6 minute scramble by the buff crew. To make things worse, the buff crew was "scooped" by the Coast Guard. "Scooped" means that they scooped the rescue from us, or got there first. The hovercraft was actually in a better position to offer assistance.

Oh well, it's all in a day's work. In the next issue we should have photographs of THE CAR!

by Capt J.C. Barratt

Base Supply

personnel, keep in mind the upcoming Supply Fishing Weekend on the Thanksgiving weekend 6-8 October. For more information, contact Wally Berger at 2414 or

MCpl Cotton at 2478.

Also, welcome back to Maj Finn who has been in Ottawa the past three weeks on a promotion board. Keep on smiling!

Jr. Ranks Club

OCTOBER, 1984

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
	1	2	3	4	5	6
	DARTS				D.J. MAC (WHEELCHAIR WONDERS)	DJ MAC
7	8	9	10	11	12	13
					Mixed Oktoberfest at Base Rec Centre	
14	15	16	17	18	19	20
					D.J. MAC	
21	22	23	24	25	26	27
					BAND HIGH RISK Halloween dance	
28	29	30	31			
SNACK BAR: 339-4333						

October 5, Friday - WHEELCHAIR WONDERS 1300-2300 hours.

* Chuck Harvey * Chris Carew * Don McCauley *
These people will try to balance themselves on the rear wheels of their wheelchairs to raise money for Justin "Spud" McKinnon to purchase a wheelchair. To pledge money for the "Wheelie-a-thon", please contact anyone of the three persons above.

October 12 & 13, Friday & Saturday - OKTOBERFEST Tickets available at PMC's office on both sides. Cost: \$8.00 per person per night. Includes: hat, mug, one fill of beer, meal and entrance to Rec Centre. Band: Ernst Rilling Band. Doors open 1700 hours. Band starts at 1800 - 0100 hours.

October 26 & 27, Friday & Saturday - HIGH RISK - Top 40's band - 5 piece. Cost \$3.00 per person. Time: 2100 - 0100 hours. Also on the 27th, it's the Halloween Dance, come in a costume and get in for 1/2 price. There will be door prizes and prizes for best costume. Cost: \$3.00 - \$1.50 if in costume.

* All DJ's cost: \$1.00 per person. 2100 - 0100 hours.

Section News

VU



33

OPS

The squadron has been extremely busy in the last several weeks with a deployment to Whidbey Island and to Salinas, CA. The deployment to Navy Whidbey was in support of the MARCOT exercise. Many successful missions were flown but most importantly, we were able to witness a feat, a deed, an exploit, so dramatic, so histrionic, so stellar that any other occurrences were greatly overshadowed. Let me relate to you this story...

The scene: A base exercise is in progress by Base Ops; something to do with an armed hostage taking. The area is surrounded by armed marines. Behind the nearest hangar are "most" of the VU33 aircrew. Suddenly, two pilots are seen entering the scene. Both have tan flying suits, one with the cuffs hanging just below the knees, the other one with the cuffs rolled up so far the crotch is two inches above the tarmac. As they approached the Base Ops area, obviously not seeing the armed marines, they noticed the other VU33 aircrew waving and shouting at them. Thinking it rather odd, this overt display of affection, they waved back and continued on their journey towards Base Ops. They were still approaching the Base Ops building when suddenly they noticed all the marines, shotguns, pistols, rifles and anti-tank guns. Thinking this was real world stuff, they reacted to the call "Get cover" with such amazing rapidity that we were only able to glimpse their run for cover. The only cover nearby was the big anchor ceremoniously lying outside Base Ops. The first individual to reach this cover was Rollie Acorn. His three roll, double tuck dive in behind the anchor was awarded an 8.9, 7.3, 5.6 and a 4 from the Russian judge. Fast on his heels was Nick Murgatroyd. Nick stood up and hid behind the vertical section of the anchor while Rollie used the "wider" bottom section of the anchor.

Have you noticed who arrived at the anchor first? Yes, Rollie (the human antelope) outran Heaven's To. Now, there's several hypothesis on why this occurred:

- Rollie has been an athlete in disguise,
- Nick has been a non-athlete in disguise,
- both realized Newton's law of gravity, that the greater one's mass the more likely one is to be hit by a stray bullet, thus Nick lagged and Rollie accelerated, and
- Nick purposely kept Rollie between himself and the Ops

building, using Rollie as a human shield.

I'll finish this article by stating that because this is a family newspaper, I will not mention the type of things both individuals offered to do once behind the anchor to obtain release. C.F.

MAINTENANCE

Well, the summer has gone and the fall is upon us, and I have some more exciting news from everyone's favourite squadron, VU33. So without further ado, here we go.

Chris S. has just completed his Defensive Driving Course. Congratulations Chris, one can certainly learn a lot on those courses. But tell me Chris, "Did you have to get a speeding ticket to prove how much you've learned?"

Ray M. is getting into the gold business. Is it true Ray that a power sluice is necessary for this enterprise? Although I bet it does save one a lot of arm work, but tell me where do you plug it into?

While I am on the subject of gold mining, I understand that there's a certain Safety System tech who is also in this undertaking. Rumour has it that Rocky, alias Dave, has started this task to make up for being paid less than his peers. On many a day, people have seen Rocky going off with his pick, shovel and gold pan, heading for the creeks. Seeing Rocky go off like this reminds the observer of one of the seven dwarfs, except instead of singing, you can hear him mumbling, "Got to pan enough to make up the pay difference!"

You all must be wondering why I keep referring to him as Rocky. Well, it's like this... If you follow Dave out to his gold field you would observe him take out his hydraulic jack and immediately jack up every ten ton rock hoping to find some nuggets underneath. This fantasy that Dave has with rocks does give a fine reason for this nickname, don't you think?

By the way, does anyone out there know a Burro that's unemployed? The reason that I ask is because Rocky (Dave) is looking for one to help him carry that jack down the mountain. From what I understand, the pay is quite good, all the carrots one can eat, and excellent advancement in the gold business.

We all want to wish Dave the best in his search for the better life. I also want to thank my source for this information and his account of

Dave's adventure.

Rock Bay is coming up this weekend. Let me tell you we are all looking forward to this outing. Upon remembering how last year went, I certainly don't want to miss it this year.

Our fighting troops have returned from Whidbey Island with many battle stories.

To start things off, some of our boys really enjoyed going across the border. As a matter of fact, Brent S., Phil W., George M. and Bob W. went through the border three different times. And from what I understand they had a difficult time trying to find the duty free shop. Well, this story does have a happy ending; they did find it!

I know that Glenn L. enjoys his work, but I didn't think he enjoyed it as much as he did in Whidbey Island. Tell me Glenn, "Did you really enjoy loading and unloading those Delmar so many times?"

Oh, by the way, we did win the war. Reports from the ground crews who talked to the aircrews, it appeared that we bombed the \pm out of them. Good work boys, it goes to show - we may be small, but are we ever mighty!

One last word from the exercise, the boys would like to thank the CO for the \$90 worth of good spirit that they received from him. Thank you sir, you are one of the better bosses to work for.

I guess that is it for now. If you all want to find out about Rock Bay then be sure to be here next article. See you all later. L.J.C.

BADO

BURBLINGS

In my last article I remarked on our D and D game and that our score was very lopsided and the RCMP/MP were winning hands down. Judging from the reports that have been passing over my desk since the MP's came under my Branch, some folk still think that they can beat the odds.

I realize that whatever we do, some people will try to drink and drive. The dreadful statistics that are published from time to time and which are broadcast on our radios and TVs testify to the fact that we are all a little stupid at times. We think it is always the other person that will be caught. My concern, and I am sure I'm joined by other people who feel responsible about their fellow human beings, is not that we should stop drinking or that we should stop having parties and enjoying ourselves. What we need is a prevention system. Maybe one day we can have a breathalyser system in a car that would read your breath and automatically shut off the ignition system so you could not start the car. In this day of electronic wizardry, I would not be surprised if such a device is possible. But at the moment we still rely on individual judgement and decision-making by someone who is impaired and whose judgement is suspect. Our only hope is that if we

do get in a car or try to drive home after a party that we have a friend who has not been drinking who can prevent us from making a wrong decision. In other words, let's look after each other. It is not easy at times. I have often tried to argue with a belligerent drunk and it's not pleasant. Although you may not think it at times, our MPs can also be our friends and assist us in making wise decisions. Unfortunately, they are our last line of defence. They too have a responsibility and although they try to be kind and apply a 24 hour suspension, there have been many incidents where belligerent drunks have forced their hands. No one would thank them if they allowed a person to proceed and have that individual run over a couple of young children in our PMQ area.

Here are the present penalties for impaired driving:

- First charge -- \$700.00, six month suspension.
- Second charge -- 14 days in jail, plus a fine and suspension.
- Third charge -- 90 days in jail, plus a fine and suspension.

It is a costly lesson. These penalties do not include the financial costs of not being able to drive for six months or more, and the lawyers fees. Nor do they count the

extra insurance payments required if an individual has been involved in an accident.

Please, if you see a friend doing something stupid or you observe a person at a party who has had a skinful - keep an eye on him or her and make sure that they do not get in a car and drive home. You may have to take some abuse but in the cold light of day and when sober again, they will be perhaps much more appreciative of your efforts.

For many years our society has tended to treat the drunk rather lightly and often with amusement. We all can, at some time or another, be a victim of drinking too much. But with the proliferation of the personal automobile and the increased accident rates due to impaired driving, there is a change in attitudes. Society has decided that death and injury on the roads due to drunk driving is no longer acceptable. Harsher court decisions are one indicator of this change, but people are also reporting drunk drivers to the RCMP and other police agencies. Have fun by all means but make sure you keep from behind the wheel when you have been partying, and above all, look after your friends and loved ones and run interference if they are taking the dangerous route and drinking and driving!

As The
Beacon
Turns

See Page 4

OFFICERS' MESS

Fridays - September 28, October 5, 12, 19 and 26
REGULAR TGIFs: 1600 - 1700 hours. Food as indicated below -- 1700 - 1800 hours. Free taxi - ask at bar.
September 28 - TGIF CHICKEN & CHIPS
October 5 - TGIF FISH & CHIPS
October 12 - TGIF PIZZA & SALAD
October 19 - TGIF CHICKEN IN A BASKET
October 26 - TGIF LASAGNA & FRIES

Wednesday, October 10 and 24
OFFICERS WIVES CLUB - BRIDGE



Wednesday, October 17
OWC TACKY TOURIST
COSTUME PARTY
1930 hours for 2000 hours.

Featuring a Penny Auction.
Wear your wild and crazy clothing. There will be prizes for the tackiest. Admission is by Gag Gift or baked goods, etc.

Saturday, October 20
OCTOBERFEST PARTY: "EIN PROSIT!!!"

Come out and join in the "Gemuetlichkeit"
German food featuring Goulash soup, Bratwurst, Knackwurst, Bockwurst, Sauerkraut and pan-fried potatoes will be served from 1930- 2100 hours. Dance to the Black Forest sound of "Bourne Tyroleans" from 2100 - 0100 hours. There will be free beer steins and door prizes. Cost per couple: members - \$25.00; guests - \$30.00. Reservations to the Mess Manager by 1200 hours, Tuesday 15 October 84.



COMING EVENTS IN NOVEMBER
November 1 - RETIREMENT MESS DINNER
November 18 - GREY CUP PARTY
November 22 - MIXED DINING-IN

WOs' - SGTs' MESS



Saturday, September 29
WINE AND CHEESE PARTY

DJ. Cost: regular member - \$10.00/per couple; honorary and guests - \$15.00/per couple.

Fridays - September 28, October 5, 19 and 26
TGIF. Food. Games. Relaxed dress.

October 4
MESS DINNER



October 7

WINE & CHEESE PARTY -
MEET & GREET

Dance with "The Shades" (This is your chance to preview the band that has been booked for the New Years Party!)

Cost: regular members/couple - \$10.00, honorary and guest/couples - \$15.00.

October 12 and 13
OKTOBERFEST

At the Base Recreation Centre.

(This is a combined event with the Junior Ranks Mess.) "Oompah Band" - Daily from 1800 to 0100 hours.

Cost: \$8.00 @ person/night which includes: food,

hat & feather

Oktoberfest mug full of beer.

Open to all members - associate, honorary and guests.



October 27
HALLOWEEN DANCE

Live band -
munchies.

costumes please -

No cost.



UPCOMING EVENTS

November 9 - WESTERN NIGHT

"Dance with Kenny Shaw" Advance tickets at \$20.00 for regular and associate members. \$25.00 for honorary members and guests.

For further information contact Sgt K.I. Paulsen, local 2465.

M.S.E. Driver Safety

What would you do??

You're in the right lane passing through a business district and travelling at 50 kph (30 mph). You're going down a hill, coming up to a traffic signal that has turned red and you discover your brakes are gone. You can't stop! Vehicles are crossing in front of you in the intersection. What should you do?

- ☐ Sound horn, pump brakes, down-shift, set parking brake and rub tires against and into curbing to stop.
- ☐ Pump brakes, down-shift, set parking brake and turn right at the intersection.

Answer on page

Editorial

A better paper you say?

We could probably put out a paper that better serves the needs of the personnel at Comox if we could get some ideas. Why not drop a line with some construction (or not constructive) criticism? Do you have any ideas of topics you would like to see in YOUR newspaper?

How about those sections that don't have an article at present. Maybe we should be featuring more of the people, service and civilian, that work on the Base. Should there be a travel column, a feature on the places of interest in the local area, things to do in the Comox Valley? There are probably dozens of other topics that would make the "Fishwrapper" more readable. How about some ideas!

There has been some response to the pet peeves but if you wish your's printed please ensure that it is signed, name will be withheld if

requested. Often more information is required and if we can't contact you for this the peeve will not be printed. If you are complaining about policy this should be done through official channels.

More help needed

Some help has come forward mostly in the form of retired service personnel but we could still use some more. There is especially a need for someone who can type to be checked out on our compewriter because if the secretary becomes ill we have no backup capability. More help is also needed with layout. If you have a few spare hours on Monday-Wednesday ever other week why don't you drop by and see what it takes to put a paper together? I think you will find it interesting and rewarding.

R.K.F.

Letters:

CFS Sioux Lookout 30th Anniversary Book

CFS Sioux Lookout celebrated its 30th year of operations in September 83. The station published a hard cover book covering events over the past 30 years. The book includes many photos and typed articles.

We still have a few books available, cost of 18 dollars and 50 cents including postage and handling.

Orders may be sent to: The Editor, 30th Anniversary Book, Canadian Forces Station Sioux Lookout, Sam Lake, Ontario, P0V 2R0 Attn: WO Wright. Make cheque or money order payable to Station Fund.

As The Beacon Turns

The last two weeks have been quiet ones for the section.

Congratulations are in order for Capt Jan McQuade. Jan just recently checked out as a tower controller.

Friday was golfing day with the section going to the par 3 course for an enjoyable afternoon. The winners of the day were both techs. 1st went to MCpl Gene Graham with a 66 and Sgt Randy Hume took 2nd with a 69.5. After the hard day of golfing everyone retired to the Gravel Pit for some exercise.

The ATC section has been delegated to provide their own section defence force. Everyone is getting into the spirit of things. The SDF group is already planning a trip to Nanaimo for some FN training and setting up practices for the real event. I'm sure Supply must be in a quandary over our most recent order, combat weapons, concertina wire, swords, a horse, etc., etc. I'm sure they are questioning exactly what goes on at the other side of the Base. Oh well, I guess all is fair in love & war. S.H.

Pet Peeve

My pet peeve is drivers who stop to pick up or discharge passengers along yellow painted curbs. Not only do they block traffic, but yellow curbs are a traffic sign as defined in the code as "no stopping". You could be charged with disobeying a traffic sign, as well as being liable if your car is hit or rear-ended.

TOTEM TIMES

Published every second Thursday, with the kind permission of Colonel Kadosoff, Base Commander, CFB Comox.

Second Class mail registration is 4098. Office phone: 339-2541.

CAMERA OPERATOR: Dave Blamire & Dave Gibson
INTERIM EDITOR: Ron Fisher (local 2560)
BUSINESS MANAGER: Margrit Buchholz (loc 2595) or 339-5468
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SECRETARY: Kathy Pincombe: 339-3497
EDITORIAL STAFF: Gilles Doiron, Lloyd Gernack, Jack & Rosemary Gibson, Bob Hallowell, "Jeff" Jefferson, Doug McArthur & Bill Stephens.

PHOTOGRAPHY: Base Photo

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item. "Advertising is an offer to sell and may be withdrawn at any time." Address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C., V0R 2K0. Subscription rate: \$6.50 per year.

Printed in Courtenay, B.C., by the Comox District Free Press



Library (Located back Station Theatre)

HOURS:
Monday to Thursday
6 pm - 9 pm

New Books

The Aquitaine Progression - Robert Ludlum.

Publishers Weekly calls The Aquitaine Progression, Ludlum "at his best" a thrilling international novel and a love story rooted in the understanding that grows as a man comes to know himself and the woman he loves.

Mafia Princess - Antoinette Giancona and Thomas C. Renner.

Mafia Princess is a passionate and tragic account of a father-daughter relationship that reveals the strange morality of the Mafia, on the one hand so - Victorian, and

on the other so viciously diabolical. These insights into the Mafia family have never been viewed before from the inside - simply because no crime boss's daughter has ever dared talk.

Everybody's Hockey Book - Stan and Shirley Fischler.

The first hockey book written for everyone: beginning and experienced players of both sexes and all ages, coaches, parents, and hockey fans. For the first time, all aspects that go into making hockey a dynamic and popular team sport which are included in one volume.

The Great Gretzky - Stan Fischler

Western Institute for the Deaf

Vancouver, B.C. -- British Columbians with hard-of-hearing disabilities will benefit from a new piece of audiological equipment acquired by the Western Institute for the Deaf.

The equipment, called the impedance bridge, is the first of its kind in British Columbia and incorporates the latest technology in the testing of the ear-drum and middle ear bones in determining where the hearing loss occurs. In some instances losses in the middle ear can be treated surgically.

The acquisition of the new equipment, which is more automated and faster in performance than previously used at the Institute, has been made possible by a \$20,000 grant from the Elks Purple Cross Fund's nation Deaf Detection and Development Program established by the B.P.O. Elks of Canada in conjunction with its auxiliary, the Order of the Royal Purple.

In addition to the impedance bridge, the grant has enabled the Institute to purchase an updated hearing and test system, an ultrasonic cleaner for ear molds and a tape deck to facilitate testing when English is not the mother tongue for use in hearing and evaluation.

The Western Institute for the Deaf has a provincial mandate to provide rehabilitative services to the hearing impaired of British Columbia. It shares its audiology equipment with the City of Vancouver Health Department and is used to assess the hearing of 1,100 people annually.

The Institute has branches in Vancouver and Victoria. Further information about the Western Institute for the Deaf may be obtained from 2125 West 7th Avenue, Vancouver, B.C. V6K 1X9; 736-7391 (voice), 736-2527 (TDD), or #16 - 671 Fort Street, Victoria, B.C. V8W 1G7; 384-8088 (voice & TDD).

Next Totem Times Deadline - Friday, October 5, 1984



Law Talk

By Gordon Hardy of the People's Law School

Elizabeth Fry, Prison Reformer

The second of two articles on the life & times of Elizabeth Fry, prison reformer.

In 1824 Elizabeth Fry, then 44-years-old and already heavily involved in prison reform, went on a sea-side holiday to Brighton, England. There, she saw a lonely coast guard official and realized that men in Britain's 500 coast guard stations must suffer from loneliness. Within ten years she had arranged for the creation of small libraries in every coast guard station in the country.

Such was Elizabeth's energy for her projects, and this a minor one at that. Her major effort was the reform of prison conditions for female prisoners; Elizabeth Fry Societies carry on her work in Canada today.

In the span of a few decades, Elizabeth transformed British prisons. Where once a riotous mob of female prisoners had fought and gambled for a few scraps of clothing and food for their children amidst leering male prisoner and guards, now matrons supervised well-fed and well-clothed women prisoners and their children as they studied and worked. Doubtless prisons were still grim, joyless places but they were much improved over the savage conditions to which Elizabeth had put her reforming energy.

But it was not only a question of

personal energy. Elizabeth was one of the first to recognize the power of women and the things it could do if harnessed. In an age when wealthy women lived idle and decorative lives amid their servants, Elizabeth wrote, "I rejoice to see the day when so many women of every rank, instead of spending their time in trifling and unprofitable pursuits, are engaged in works of usefulness and charity."

Her daughters wrote, "In the little parlour behind the shop, in the suburban villa, in the perfumed boudoir and the gilded hall, she saw power unoccupied and time unemployed."

Elizabeth toured England ceaselessly, tapping the time and resources of local, good-hearted women. Ladies' Committees sprang up in her wake, visiting women prisoners, teaching their children to read and write, and encouraging local authorities to make reforms. Her advice to them was detailed, practical and compassionate, a sample of which is, "Do not talk to prisoners about their crimes, show confidence in them, encourage by frequent rewards."

And it was not only women who succumbed to Elizabeth's exhortations; wardens, mayors and Parliamentarians were all, in their

turn, persuaded to join in with this determined lobbyist. When Elizabeth was touring European prisons, her niece wrote, "How droll it is to see how our Aunt makes all work whoever they may be!" "Whoever" was, at various points, the royal families of France, the Netherlands and Prussia.

Aside from prison reform, the business of transporting prisoners to Australia also attracted Elizabeth's attention. England had for years shipped convicts overseas, thus ridding the country of undesirables and reducing the population. Between 1788 and 1868, some 158,000 people were forcibly transported overseas, about 25,000 of whom were women. Prior to the sailing of a prison ship, women prisoners were gathered together from all over the country in rotting hulks of ships anchored in the Thames near London. Others were stacked up in the already-crowded Newgate Prison in London. Those with children now bid them goodbye for children could not go.

When Elizabeth began to visit the transportees, it had been a tradition that they riot the night previous to sailing. The following day they would be taken in chains to the prison ship in open wagons, subject to the jeers and rotten vegetables of

the mob. Then began the nightmare of the voyage itself - months of sickness, malnutrition and fear - followed by the lonely prison colonies in distant Australia.

Visiting every departure of a female prison ship between 1818 and 1841, Elizabeth prevailed on the authorities to unchain the women for their last minutes on English soil and to put them in covered wagons, sheltered from the crowd. She gave much thought to improving conditions of the voyage, such as arranging for the supply of more tea, soap and towels. Always a believer in encouraging people to help themselves, she saw to it that transportees received a complete sewing kit and fabrics so that they could keep themselves busy making patchwork quilts to exchange for fresh food at stops along the way. Children under the age of seven were now allowed to accompany their mothers; nursing mothers were no longer transported before their children were weaned.

Elizabeth Fry died in 1845. She was honored in death by a public subscription for the building of the Elizabeth Fry Refuge for women ex-prisoners.

END.

A.F.V.C.

Avis Aux Interresse

Rallye Automobile

Bonjour,
L'Association francophone de la vallée de Comox se propose d'organiser un Rallye automobile (participation) suivi de la remise des trophées et soirée dansante pour le 28 Octobre 84.
Vu que cette activité demande une organisation d'envergure, nous vous demandons de téléphoner à votre association si vous êtes intéressés à participer avant le 4 Octobre 84.
Si l'intérêt est grand, nous mettrons cette activité en branle, et les détails sur le Rallye vous seront communiqués plus tard par les médias.

Nous nous voulons une association active... Nous comptons sur votre support et participation!

Du mardi au vendredi, de 1:00 p.m. à 4:30 p.m.

338-6125

Après ces heures, contacter Jacques au numero: 338-5670

Mot du president

La fin de semaine dernière, j'ai eu l'occasion d'assister à la réunion du conseil des présidents de la Fédération des Franco-Colombiens. A cette réunion, j'ai découvert que le mouvement français en Colombie-Britannique est très fort et actif. La Fédération est notre voix auprès des gouvernements fédéral et provincial. A ce niveau nous sommes très bien représentés par un personnel compétent.

Donc la question que je me pose est la suivante: "Pourquoi l'Association Francophone de la Vallée de Comox a-t-elle tant de difficulté à trouver des membres pour l'appuyer et participer à ses activités?"

Tout ce que nous demandons, c'est de vous joindre à

nous afin d'unir les francophones. L'A.F.V.C. vous donne aussi l'occasion de participer à des activités soit culturelle, sociale ou sportive en famille et en français.

Tout ce qui est nécessaire pour vous joindre à nous est un intérêt pour la francophonie en Colombie-Britannique. Même si vous êtes seulement de passage dans cette province, votre contribution sera très appréciée car même sans renier vos racines, vous appartenez durant votre séjour à la communauté franco-colombienne.

Un des buts de notre association est de promouvoir l'éducation française. Présentement nous sommes en train de voir "Votre" jeune et unique

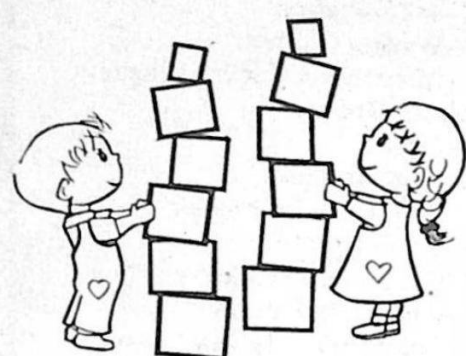
pré-naternelle francophone "Le Monde Enchanté" mourir d'une mort d'indifférence. Beaucoup de temps et d'efforts seront perdus à jamais si cette situation persiste. D'ici la fin de septembre le nombre d'inscription devra doubler ou même tripler pour éviter la fermeture permanente de ce service francophone.

Nous ne devons pas avoir honte de se servir de notre langue maternelle ou seconde dans un groupe d'amis francophone.

Reflechissons!

Gilles Doiron
President

Le Monde Enchanté



Pour votre enfant, un avant-midi de plaisirs tout en apprenant. Voilà en gros ce qu'offre la prématernelle, Le Monde Enchanté. C'est le temps pour inscrire votre enfant pour Septembre.

Sonia Hauser - 339-2637
Margot Doiron - 339-3802

LA PROCHAINE RÉUNION DU COMITÉ SERA JEUDI
4 OCTOBRE à 7:30 P.M.

EPLUCHETTE DE BLÉ DINDE

DATE: 29 Septembre 84

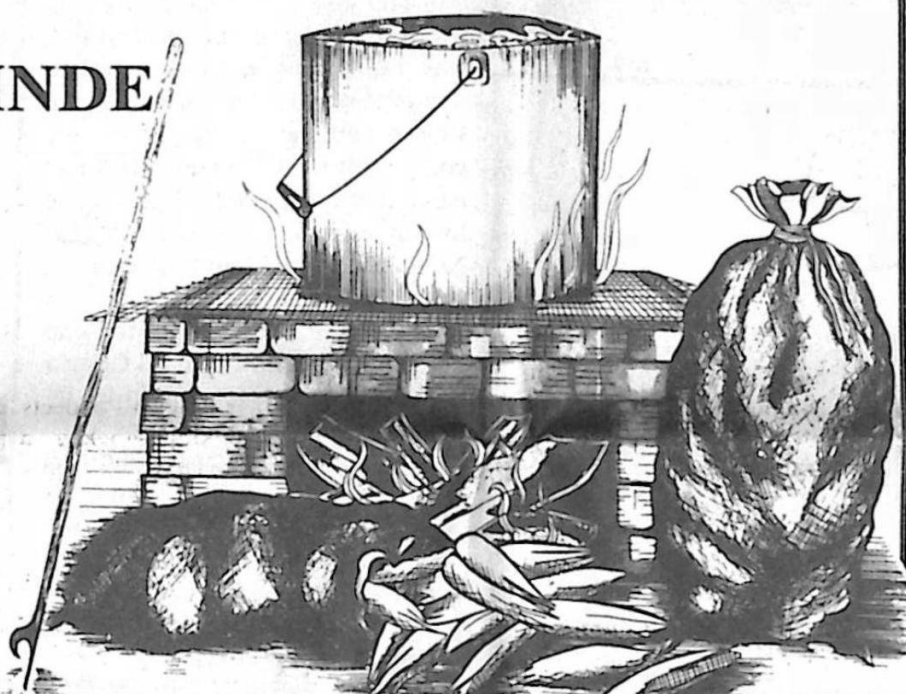
ENDROIT: 888 Knight Road

TEMP: 4:00 p.m.

PRIX: \$1.00 par personne

Nous fournissons le blé dinde vous fournissez le restant.

BIENVENUE A TOUS MEMBRE OU NON!!



ASSOCIATION FRANCOPHONE DE LA VALLÉE DE COMOX

PRÉSIDENT: Gilles Doiron Res: 339-3802
VICE-PRÉSIDENT: Marc Beaulieu Res: 339-4258
TRÉSORIER: Sonia Hauser Res: 339-2637
SECRÉTAIRE:

DIRECTEURS
ÉDUCATION: Gérard Gagné Res: 337-5787
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LOISIRS ET SPORTS: Jacques Côté Res: 338-8815
CULTUREL: Marie-Paule Gregor Res: 338-5670
Res: 337-5785

SECRÉTAIRE: Claudette Potvin

Pour plus de renseignements, contacter une de ces personnes.

ASSOCIATION FRANCOPHONE DE LA VALLÉE DE COMOX
493 Fitzgerald
Courtenay, C.B., V9N 2R1
Tel: 338-6125

HEURES D'OUVERTURES
MARDI - VENDREDI: 1:00 p.m. - 4:30 p.m.

Unclassified

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Subsequent Insertions - \$2.00 per inch

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Be sure your home and belongings are properly insured. See —

Bob Emmerson

Nanaimo Realty Insurance
Courtenay, and call 334-3124 or home 339-5259

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Blue Heron Books
1777 Comox Ave., Comox 339-6111

Buy local books! Lansdowne's Birds of the West Coast, Vol. I and II, were \$45.00 each, now \$19.95 each. Limited number. Please order!

Blue Heron Books
1777 Comox Ave., Comox 339-6111

For rent: 1 bedroom waterfront house. Located approx. 10 miles north of the base. Very private. Terrific view of straits. Wood heat with access to plenty of free dry wood. Suitable for man & wife. Rent \$350.00 plus deposit. To view phone 338-8494.

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Cement Department
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Customer Financing

CENTRAL BUILDERS

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Courtenay, B.C.
Phone 334-4416

For sale: 20 inch man's 10 speed bicycle. Phone evenings - 338-9416.

Bates Beach Resort

1 & 2 bedroom furnished apartments. Waterfront. Heat & Hydro included. From \$285.00. Call 334-2151 or 338-0501.

CFB COMOX OLD TOTEMS' HOCKEY CLUB

will have a GARAGE SALE

Saturday, September 29
10 a.m. - 2 p.m.
1879 Comox Avenue

TOMORROW'S FORESTS...
TODAY'S CHALLENGE



DO YOU
WANT TO
SELL? BUY?
RENT?
TRADE?
THIS IS
THE SPACE

YOU DON'T

NEED WORDS

...JUST CARE!

EW
Courtenay

2 SEPARATE SHOWS
EACH EVENING AT
7:00 p.m. & 9:00 p.m.
OPEN 7 DAYS A WEEK

Adults \$3.75, OAP \$1.75, Child \$1.75

NOW SHOWING - Thursday, September 27

DREAMSCAPE

"Warning - Not suitable for those under 14. Some violence, occasional nudity & very coarse language." - B.C. Director

OPENS FRIDAY - September 28, 29, 30, October 1, 2, 3, 4

He didn't find his dreams... his dreams found him.

THE LAST STARFIGHTER

Parental Guidance

WATCH YOUR LOCAL NEWSPAPER FOR
THE NEXT EXCITING FILM FEATURES

Stardust
Drive-In Theatre

NOW OPEN - Friday, Saturday, Sunday
September 28, 29, 30

DREAMSCAPE

"Warning - Not suitable for under 14. Some violence, occasional nudity & very coarse language." - B.C. Director

ALL ADMISSIONS \$4.00
ALL-NITER \$4.50
BOX OFFICE - 7:30 p.m.
SHOW STARTS - 8:00 p.m.

PLUS
SYLVESTER STALLONE - DOLLY PARTON
"RHINESTONE"
"Some suggestive & coarse language." - B.C. DIRECTOR

CFB COMOX

RESTAURANT GUIDE



EAT IN - TAKE OUT
HAMBURGERS - NUGGETS
FISH & CHIPS - COFFEE & TEA
SOFT DRINKS - DESSERTS

1743 COMOX AVE., COMOX

HOURS:
SAT TO THURS.
11 a.m. - 8 p.m.
FRI.
11 a.m. - 9 p.m.

BROWNIES

fried chicken

COME AND GET
A REAL MEAL

Mon.-Sat.: 10 am-9 pm
Sunday: 12 noon-8 pm

Sports

Base Flag Football

Disappointment and frustration was about all this team felt in the early stages of this year's football season. Much like the Ottawa Rough Riders our winning streak was non-existent until last week. 0 for 4. The base was scheduled to play a double header Sunday, September 23 and came up victorious against two teams they have never beaten in the two years they have been in the downtown league.

The game at 1030 was against the B-52 Bombers (Fifth Ave.). QB Ken McDonald put together an offensive drive which scored with its very first possession and didn't stop all day. Frank Nadon and Randy Batson were two players who deserve much of the credit for holding the offense and defense together. I could talk about these two guys all day, they were spectacular but so were the rest of the team. Jeff Fairweather scored several key touchdowns. Marty Zanatta and Greg Alton produced first down yardage, crucial to the

team's performance. The offensive linemen, left guard - George Stoneman, center - Dennis Booker and right guard - Paul Tehonchuk, could do no wrong! They not only contained the defensive attacker for the time required by the QB, they also neatly found openings in the defense and being eligible receivers turned scrambling plays into major ones.

The defense led by Roy Field, Randy Batson and defensive coach - George Stoneman played so outstanding, CFB Comox had a 22 point lead half way through the second half. Safeties - Chuck Harvey and Karlis Simms deflected balls away from the opponents which would have definitely been touchdowns. Corners - Rich Parent, Serge Beaudoin and Cam Bailey, contained their short game very well. Flags flew wherever these three played. Excellent flagging guys.

The defensive line maintained constant pressure on the opposing

QB. J.F. Breton, George Stoneman, Paul Tehonchuk, Dennis Booker and Randy Batson all contribute to what I think, have the highest sacking average in the league.

The drive sort of died in the second half and I figure it was mainly due to the fact that we had another game to play at 1430 hours. The final score was 34-26.

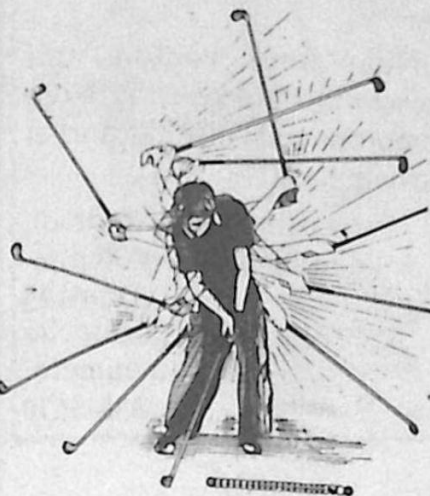
The second game against the Loft was a battle to the end. The final score being 18-14. Frank Nadon making a few incredible completions for touchdowns. It was very much of a defensive game and the guys deserve a lot of credit for a well fought game.

I guess it just takes a little wanting and team spirit to perform to the fullest and this team showed me just that Sunday. Sorry if I missed anybody. We thank our fans very much, the few we have are very loyal.

Excellent games you twits.

Coach

Glacier Greens report



From the 10 - 14 September, the Pac Region Golf playdowns were held at McChord AFB Washington. An enthusiastic team from CFB Comox headed there with hopes of winning the event. Members of this year's team were: Sgt Andy Clark, Sgt Leo Fraser, Sgt Karl Parker, Sgt Rod Verchere, MCpl Bud Englund, MCpl Dave Murray, MCpl Dave Ronaldson and MCpl Fred Schwab.

After three days of play and all the strokes added up, we found ourselves in second place and not first. This title belonged to the team from CFB Esquimalt. WO Al Stewart (Esq.) won the individual low gross trophy with MCpl Ronaldson of Comox coming in second.

Although we were disappointed with our scores, the team very much enjoyed the chance to participate in the event. Everything was well organized from arrival to day-by-day play as well as the superb banquet at the end of the competition. All team members agree that a superior job was done by our hosting unit from the 25th NORAD in making this event a most popular one.

The team would like to also thank all the people at CFB Comox who did their best to support us, including the BPERO and his staff, the MSE section and all the others who made our trip to the playdowns so enjoyable. For those personnel interested in next year's event, it may be held at McChord again; with any luck.

See you on the links. F.A.

Casual Bowling
at Base Alleys
every Sunday
from 12300 to 1600
and

Thursday evening
from 1730 to 1900
ON THURSDAY

1900 to 2130 - ADULTS ONLY

COST

Adults - 80¢ per game

Children (18 yrs. & under) - 45¢ per game

Yes, we have shoes!

La Mirage
TOTAL FAMILY HAIR CARE
"Your Image is our Reflection"
1801 Comox Ave.
Comox 339-6651

Fall Arena Schedule

DAY	HOURS	ACTIVITY
Monday	0800 - 1100	—Ice maintenance
	1100 - 1300	—Intersection broomball
	1300 - 1430	—Fire Hall
	1430 - 1545	—Open
	1600 - 1745	—Wallace Gardens
Tuesday	1800 - 2400	—Intersection Hockey League
	0800 - 1000	—Open
	1000 - 1100	—Moms & Tots
	1130 - 1230	—Base Team Broomball
	1230 - 1345	—407 Squadron
Wednesday	1400 - 1530	—Old Timers' Hockey
	1600 - 1730	—Base Team Hockey
	1800 - 1915	—Minor Hockey
	1930-2030	—Public Skating
	2100 - 2245	—Commercial Hockey League
Thursday	2300 - 2400	—Open
	0800 - 0900	—Open
	0900 - 1045	—ATC
	1100 - 1300	—Intersection Broomball
	1300 - 1430	—Open
Friday	1430 - 1545	—442 Squadron
	1600 - 1745	—Wallace Gardens
	1800 - 2400	—Intersection Hockey League
	0600 - 0800	Minor Hockey
	0800 - 1000	—Open
Saturday	1000 - 1100	—Moms & Tots
	1130 - 1230	—Base Team Broomball
	1230 - 1345	—407 Squadron
	1400 - 1530	—Old Timers' Hockey
	1600 - 1730	—Base Team Hockey
Sunday	1800 - 2145	—Commercial Hockey League
	2200 - 2400	—Commercial Broomball League
	0600 - 0800	—Minor Hockey
	0800 - 1000	—Ice maintenance
	1000 - 1145	—VU33
	1200 - 1345	—MSE
	1400 - 1545	—Open
	1600 - 2145	—Minor Hockey
	2200 - 2400	—Dept of Transport
	0600 - 1545	—Minor Hockey
	1600 - 1730	—Public Skating
	1800 - 1900	—Base Broomball League
	1900 - 2145	—Base Hockey League
	2200 - 2400	—Church Hockey League
	0600 - 1315	—Minor Hockey
	1345 - 1545	—Old Timers' Hockey
	1600 - 1730	—Public Skating
	1800 - 1945	—Commercial Broomball League
	2000 - 2400	—Commercial Hockey League

Mowing your lawn
is a lot cheaper than
joining a health club.

PARTICIPATION

Intersection Flag Football

Intersection Stats Flag Football

Team	WINS	LOSSES	POINTS
Supply	0	2	0
BTelO	2	0	4
442	2	0	4
VU33	0	2	0

1984 Intersection Flag Football Schedule

DATE	HOME		VISITOR	TIME
Mon 1 Oct	442	vs	VU33	1700 hrs
Wed 3 Oct	BTelO	vs	Supply	1700 hrs
Mon 8 Oct	VU33	vs	BTelO	1700 hrs
Wed 10 Oct	Supply	vs	442	1700 hrs
Mon 15 Oct	BTelO	vs	442	1700 hrs
Wed 17 Oct	VU33	vs	Supply	1700 hrs
Sat 20 Oct	1	vs	4	1000 hrs
	2	vs	3	1000 hrs
		Winners		1300 hrs

TEAM REPS

Supply - Pte Chuck Harvey, local 2414
BTelO - Cpl Ken McDonald, local 2406
VU33 - Cpl Bruce Driver, local 2505
442 - Pte Rick McNab, local 2329

COURTENAY HOUSE

Everything for your dining and entertainment pleasure.

- Pewter Room - EXCELLENT DINING
- Neighbourhood Pub
- Garden of Eden Lounge
- Coffee Shop

334-4401

COURTENAY HOUSE -- 498 Island Hwy., Courtenay

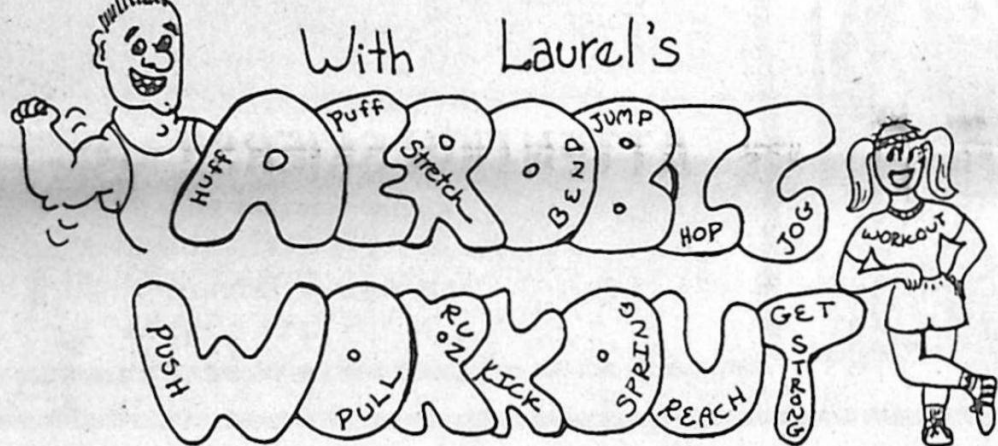
Base Hockey Team '84

The base team is off and running for a new season. So far, we have had only a couple of practices. The team has had an excellent turnout of base personnel. Right now we're trying to work out the cobwebs of summer and get ourselves into a trim cohesive unit. The team has many players returning from last

year, so the prospects for a good season ahead looks very bright. The first game should be Saturday, October 13, 7 p.m. at the Base Arena. Come out and support the base hockey team. Until next time, keep your head up and keep smilin.

Sgt F.D. Gillis

SHAPE UP



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WHERE? = C.F.B. Comox Rec Centre (on Base)

WHEN? = Mondays, Wednesdays, Fridays
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COST? = \$10.00 per month (approx. 13 classes)
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REGISTRATION = Friday Sept. 14th, 1984 (Participants
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Promotions and Awards



Now manager of Kin Beach Park, WO Don Brooks receives his Certificate of Service from former CO, LCol Brygadyr.



LCol Mack, BISO presents MCpl Chp Lake with his Certificate of Service. MCpl Lake is retiring to further his education in technology.



LCol Jackaman congratulates Sgt Bob Caghey on his recent promotion.



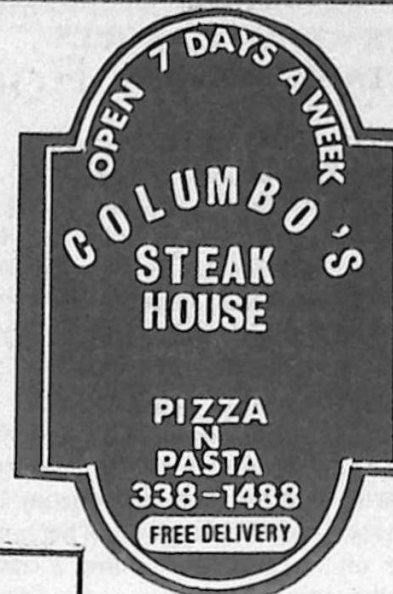
One more Captain for 407 Squadron. Soon-to-be Captain, Sam Ness receives his promotion (effective 04 October 84) from LCol Rogers, CO VP407.



LCol Brown, BOpsO, marked Maj Les Al-Molky's promotion with the ultimate in good news/bad news; the good news was the promotion, the bad news was a one year posting to the DEW line. Maj Al-Molky's promotion was effective 27 August 84 and he leaves Air Traffic Control to take up his duties in the Arctic, 10 October 84.



National Defence Headquarters granted Corporal Mailoux, a MSE operator in our Base Traffic section, an award of \$200.00 for his proposal to relocate the fire extinguishers in our road ambulances to reduce the chances of injury to the driver if involved in an accident. Major Rose, our Base Transportation officer, presented him with his cheque and certificate.



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OFFICE: Headquarters Bldg., No. 45, Room No. 48. Telephone 339-2211, local 2273.
ORGANIST: Nancy Nowosad, telephone 339-9843.
PUBLIC WORSHIP: Sundays at 1100 hours.
COMMUNION: First Sunday of the month.
FAMILY SUNDAY: Second Sunday of the month.
SUNDAY SCHOOL: Classes are available for all students from age three through youth. Kindergarten through youth meet from 0930-1030 hours. Pre-kindergarten and nursery service from 1100-1200 hours during worship service. Classes commence in September with registration taking place on Sunday, September 2 and regular classes taking place on 16 September 84.
JUNIOR CHOIR: Commencing in September.



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CHAPLAIN: Padre J. Dabrowski (RC). Telephone: 339-2211, local 2274.
MASS SCHEDULE HOURS: Saturday - 1900 hours.
 Sunday - 1000 hours.
 Week Days - 0900 hours. (No Mass on Thursdays.)
BAPTISMS & MARRIAGES: By appointment - notice well in advance.
CATHOLIC WOMEN'S LEAGUE: Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. (commencing in September).
PARISH COUNCIL: Second Wednesday of the month at 1300 hours in the Parish Hall.
CATECHISM CLASSES: Each Wednesday in the PMQ School from 1830 to 1930 hours commencing in September.

CFB COMOX MILITARY CHRISTIAN FELLOWSHIP

Meetings held from Monday to Thursday from 1130 - 1230 hours in the R.C. Parish Hall next to the Tennis Courts.

Officers' Wives Club

What lodge did Ralph Kramden and Ed Norton belong to? What kind of animal did Pinocchio almost turn into? These mind-boggling questions were but a few of those being asked at the Wine and Cheese - Meet and Greet. The "Trivial Pursuit" cards gaily posted all over the mess, posed a unique way to open conversation, and meet new people. Attendance was very good, with approximately 65 members and guests partaking in the opening festivities. A welcoming speech was delivered by Vice-President, Eleanor Duguid, as President, Pam Holbrook was not able to attend. Apart from poor acoustics during speeches, a good time was had by all. (We promise to have a microphone for the next function!) Certainly the wine and cheese was well appreciated, judging by the throngs of people gathered around the serving tables! Those who did not attend missed a real treat. Amendments were made to the OWC constitution, updating it for the 84-85 season. Most importantly, we are now purely a social club, no longer obligated to donate funds to the community, unless we so wish. As no donations were made in the past season, it was decided by members to give \$200 to the Comox Valley Crisis Center, and \$100 to the Comox Valley Day Care Center.

Julie James was the very pleased recipient of the door prize for old members. She received a lovely hand-crafted stoneware cream and sugar set. Remember Julie, winning once is enough! Former member, Nancy Dekalver must have had glue on the back of her name tag! Kim March was the winner of the door prize for new members, receiving a

beautiful eagle pendant necklace. The raffle for a \$25 gift certificate at the Gaff Rig, was won by a pleased Tish Tessier. (Their *Cordon Bleu* is exceptionally delicious!)

Coming up on October 17, we have planned a Tacky Tourist Costume Party, combined with a Penny Auction. You are encouraged to wear your wildest, craziest duds -- the more you clash, the better! So dig out those Panama shirts, grass skirts, sombreros, cameras and sunglasses, and have fun. There will be a prize for the "Tackiest" costume. Rather than charging \$2 or \$3 at the door, admission will be a gag gift - baked goods, household clutter that you've been meaning to get rid of, or anything you wish, preferably not wrapped. All will be auctioned off that evening. Please arrive at 7:30 for 8:00.

Just a reminder to all those people who knit, crochet, paint, take pictures or whatever else you do: our Craft Fair is coming up in November, so now is the time to get those needles flying and cameras clicking. To reserve a table, please contact Laurel Harris at 339-6790 as soon as possible.

A warm hello is extended to the following new members: Joyce Brown, Shirley Corlyle, Celean Egelston, Joyce Graitson, Mrs. Monahan and Jane Tasse. Welcome to the CFB Comox OWC.

That's all until next month. By the way, Ralph and Ed belonged to the Loyal Order of Raccoons, and Pinocchio almost turned into a donkey!

Across my kitchen table

— by Rosemary Gibson



I think we are ready! The suitcases are packed, the car is ready to go, I have explained to my plants about our temporary absence, all the lists are ready for our house-sitter, and I am composing my column in a last-minute rush. The next column will be written in Borden by a probably-homesick lady.

3.
2 egg whites
3 tablespoons icing sugar

Method:

Mix together graham wafer crumbs, brown sugar, melted butter and cinnamon. Save ½ cup of this mixture for top of pie; use the balance to line pie tin. Bake in 250°F. oven for about ten minutes. Cool.

Mix egg yolks, white sugar, cornstarch, milk and vanilla. Cook filling until thick over medium heat, stirring constantly. Spread in pie shell while hot. Beat two egg whites stiff and beat in 3 tablespoons of icing sugar. Spread on top of filling. Sprinkle remaining crumb mixture over top, and bake at 250°F for 20 minutes. Chill. When cold, cut and serve, with whipped cream if desired.

This little gem I got from the Commanding Officer at HMCS Quadra when I worked there this summer.

"a man does not insist on physical beauty in a woman who builds up his morale. After a while he realizes that she is beautiful -- he just hadn't noticed it at first."

This recipe has been around longer than I have. It has always been one of our favourites.

FLAPPER PIE

Ingredients:

1. 14 graham wafers, rolled fine (1 ½ cups crumbs)
½ cup light brown sugar
¼ cup melted butter or margarine
½ teaspoon ground cinnamon

HINT:

Don't waste the juice or heavy syrup from canned fruits. Freeze, and add it to punch, or use in sauce for a chicken casserole.

2. 2 egg yolks
¼ cup granulated sugar
2 tablespoons corn starch
2 cups milk
1 teaspoon vanilla or fruit flavouring

THOUGHT FOR TODAY:

A coincidence is a small miracle for which God prefers to remain anonymous.

WO & Sgts' Wives Club

The first meeting of this new year was held on Monday, September 10th in the Mess Lounge and proved to be a very relaxing get-to-know-you evening. We had 35 ladies at the Wine and Cheese Welcome Night and we hope that all newcomers now feel that CFB Comox is a little more like home.

The business meeting was short and we now have our new committees all organized and the Executive would like to thank all of you who volunteered to help. Participation is essential for the success of every group and we look forward to a busy year ahead.

The Entertainment Committee is planning a Fun Evening of witches, goblins and games for our October meeting, so be sure to keep y'all evening of October 15th free. There will be prizes for games and costumes and remember, girls -- the majority of you thought this was a great idea so come out and support you club! See at 8:00 p.m. at the Mess Lounge.

Gay Gray
Secretary

Answer to MSE safety quiz

Your decision to Sound horn, parked along side the curb, you pump brakes, down-shift, set could have leaned up against them. If you see that you aren't going to stop, you could throw the car into park or even reverse. This would raise havoc with your car, but at that point anything is better than that intersection. If there were cars getting hit in the intersection.



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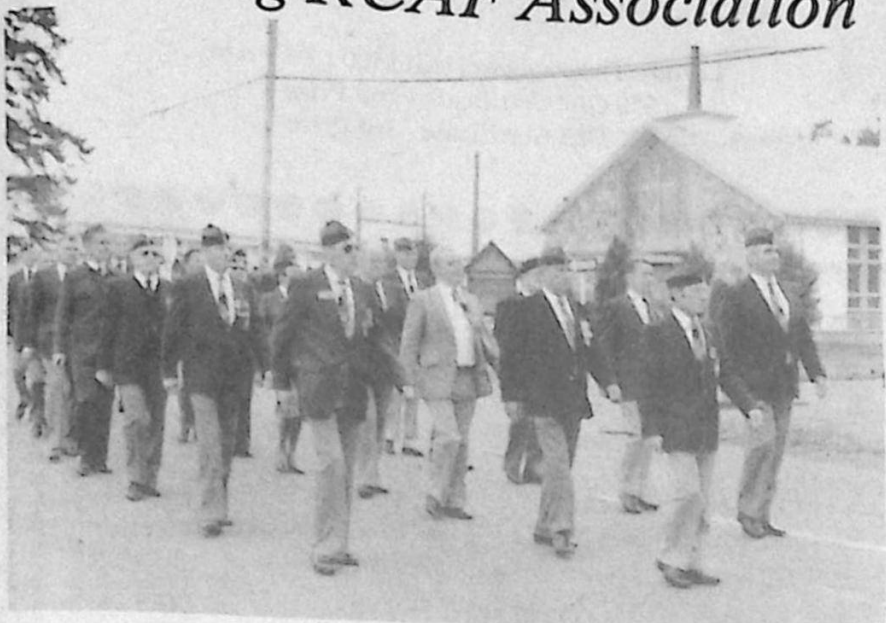


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Around the Base

888 Wing RCAF Association



Sunday, September 16th, marked the 44th anniversary of the Battle of Britain. 888 Wing RCAF and Legion members, along with Air Cadets and officers of 386 Squadron, remembered this occasion with a parade and church service.

Despite inclement weather, the contingent paraded from the Wing to the Protestant Chapel.

The Remembrance Service, conducted by Major R.E. Risch, included readings by Association members. W/C (ret'd) C.R. Hallowell addressed the gathering with reflections on that famous air battle, as well with his thoughts on the post-war RCAF. After the service the parade reformed and, led by the Courtenay Legion Pipe Band with colour parties from 888 Wing, Comox Legion and 386 Squadron RCAC, marched past the reviewing

stand. Col R. Kadonoff, Base Commander, CFB Comox, F/L (ret'd) D.R. MacKean, President 888 Wing, and MWO (ret'd) B. Muloin, President Comox Legion, took the salute. VU33 Squadron provided a timely fly-past with two T-33 Silver Stars.

The sandwiches and sweets served by the 888 Wing Ladies' Auxiliary were very much appreciated by a hungry group of participants. Our thanks to all who joined with us to make this Battle of Britain Sunday such a memorable event.

Don't forget, renewals for 84-85 are now due. We welcome serving members of the CF/new blue. And, get your tickets now for Oktoberfest, Oct. 20th. See you at the "Hangar".

Girl Guides of Canada

KWAH NIC District

The Air Base units are now meeting. There is still room for Guides and Brownies to join if you missed registrations.

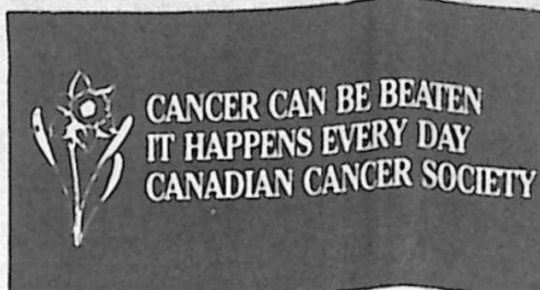
The Brownies will meet on Tuesdays at 3:30 p.m. in Airport School.

The Guides will meet on Tuesday in the Parish Hall at 6:00 p.m. The Guides have a rally to be held at Kin Beach on 29 September from 9:30 p.m. Come and join the other Guides from the Comox Valley and enjoy the fun.

There will be no Brownies, however, unless we can find a volunteer Brown Owl.

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Regular low price 43⁹⁹ **SALE 38¹⁶**

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RDX 4
Regular low price 39⁹⁹ **SALE 29¹⁶**

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From our Snack Bar
Coffee **16¢**

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Plus deposit

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Cheese Slices - 250 g **1⁶⁶**

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Pieces and Stems - 284 ml **86¢**

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Assorted - 200 g **86¢**

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Valued at --
\$116.16 - 1st Prize
\$16.16 - 2nd Prize
\$16.16 - 3rd Prize