



# TOTEM TIMES



Vol. 25 No. 11

CFB COMOX TOTEM TIMES

THURSDAY JUNE 9, 1983

Deadline is Monday, June 27, 1983

COST: PRICELESS

## Across the Forces

**SAFETY SCOOP** — CF Bases Moncton, Peta-wawa, Winnipeg and Chilliwack, CFS Gypsumville, and 4 Service Battalion, Canadian Forces Europe, were honoured recently for achieving the lowest accident rates for 1982 in their operation of mobile support equipment (MSE). Chief of the Defence Staff safety plaques were presented in recognition of their commendable MSE safety records. The plaques are presented annually to a base or station of Maritime Command, Mobile Command and the Canadian Forces Training System, to a base and station of Air Command, and to a component of CFE for achieving the lowest accident rate per 160,000 km.

**SPRING TRAINING** — Forty-two outstanding Royal Canadian Army Cadets went overseas in March and April for different kinds of spring training. Two army cadets attended the famous British Army School of Piping at Edinburgh Castle in Scotland for one week. Eighteen others spent close to a month with 1 RCHA in West Germany. Between April 8 and 18, 10 army cadets participated in the 12th United Kingdom Land Force cadet leadership course in Stanford, England. And another 12 cadets enjoyed a week-long cultural tour of London, England and its environs. This year, 154 army cadets from across Canada will participate in nine different spring and summer foreign exchange programs. Citizenship and leadership training, as well as physical and personal development in a European environment, are among the aims of the overseas visits. Also, the reciprocal visits of British and German youths to Canada provide Canadian cadets with an opportunity to show the finer points of their own cadet movement and country.

**CORPORAL MORRIS, I PRESUME?** — Table talk at the Morris household in Dorval, Quebec, is competitive with three corporals from different branches of the Canadian Forces trying for the floor. Robert, 22, is currently with Secteur de l'Est as a photographer, but he proudly sports the "Jimmy" collar dogs earned as a communications technician in 712 Communications Squadron in Montreal. Richard, 20, is an aero engine technician with 401 Air Reserve Squadron in St. Hubert. Both refer to James, 18, as the "third corporal", but he does not see it that way. A medical assistant at HMCS Donnacona, he refers to himself as "leading seaman". The referee in these discussions is their father Capt Ted Morris, public affairs officer with 1 Air Reserve Wing. Telephone calls bring a standard response when the caller asks for "Cpl Morris". "Which one?" is the reply. "Army, navy, or airforce?"

**WEEKEND WARRIORS BECOME COMMANDOS** — Militia volunteers will begin training as paratroopers under the first peacetime program of its kind. Three militia units, The Loyal Edmonton Regiment, The Queen's Own Rifles of Canada in Toronto and the Régiment du Saguenay in Chicoutimi, Que., have each been tasked to provide a platoon of soldiers to augment the 2nd Commando of the Canadian Airborne Regiment. Approximately 80 reservists will undergo the same rigorous training as regular commandos. This training will include a three-week jump course. Expected to be fully operational by September 1984, the three platoons will still retain their regimental insignia but may also wear the distinctive maroon beret and jump smock of CF regular paratroopers.

## C.D.S. Visits Comox



General R. Withers, CDS inspects the honour guard during a recent visit to CFB Comox.

## Moffett Field 50th Anniversary

VP 407 personnel have recently returned from participating in a joint exercise with the Americans. Hosting the squadron was VP-50 from NAS Moffett Field, California. The exercise involved American squadrons VP-9, VP-40, VP-46 and VP-50. Two, of the 28 surface ships that participated were the aircraft carrier 'USS RANGER' and the newly refitted battleship 'NEW JERSEY'. Submarines

were also involved. Approximately 160 operational hours were flown on schedule by VP-407. An additional 20 hours of flying involved transport runs from Comox, thereby keeping our aircraft serviceable and making the exercise a success. Seventy-nine personnel from Comox were deployed, some by Aurora and the remainder by Hercules. VPCC Detachment Commander for 407

Squadron was Major Nunikoven. Aircrews involved were 4, 5 and 7 under Capt. Campbell, Major Challenger and Capt. Nelson, respectively. Capt. Perrier, our ASO, and W.O. Ikle were in charge of groundcrew operations. Senior NCO's for groundcrew were Sgt. Roche, Sgt. Young and Sgt. King. They assured the technicians were active. (Did someone say clean-up?) Sgt. Sweeney ensured we had as many available spares as possible during the detachment. Another job well done.

Moffett Field is located in the Santa Clara Valley, which has been an aviation site since the late 1800's. Sightseers and adventurers will enjoy the forty-five minute drive to San Francisco and perhaps even chance visiting Alcatraz (voluntarily). The largest nightclub in California, the Saddle Rack in San Jose, is a sight to behold. It has a Mechanical bull, Marguerita Village, dance floors galore, country store, punch ball, electronic games and a shoe shine stall. (A delight for the urban cowboy.) For other enthusiasts, the Berryessa Flea Market in San Jose is worth a visit or the St. James Infirmary in Mountain View. A small sampling of the Bay Area recreational smorgasbord includes cultural events, theaters, films, music, ballet, historical sites, museums and gardens. Lovers of fine food can 'eat their way

around the world' in the Bay Area ethnic restaurants. The outdoorsman may enjoy tennis, par courses, fishing, trail riding, bicycling, jogging, swimming, sailing, etc.

The National Aeronautics & Space Administration Ames Research Center (NASA), adjacent to NAS Moffett Field, is 365 acres in area and has 50 major structural facilities. It has the biggest, fastest and most unique combination of wind tunnels of any known research facility in the world. The newest and largest, has a total diameter of 24 x 36 meters (80 x 120 feet), large enough to accept full scale aircraft or near full scale models. Current emphasis in aeronautics at AMES is on Short Take Off and Landing (STOL) and Vertical Take Off and Landing (VTOL) technology.

Moffett Field was established 50 years ago as home base for the rigid airship, the USS MAON. The 1,000 acre ranch was sold to the US Navy for one dollar after the local communities raised the purchase price. Arriving in Moffett on October 16, 1933, the Macon was the world's largest and fastest airship measuring 785 feet. It was twice the size of Germany's transatlantic passenger dirigible, the GRAF ZEPPELIN. The Macon was a flying aircraft carrier equipped with five sparrowhawk fighter planes, stored in an interior

hanger. The sparrowhawks were launched and recovered by the use of a trapeze device. This trapeze operation, although sounding hair-raising, had a perfect safety record with no mishaps or accidents involving the hawks. Their primary functions were navigation, scouting and defence of the mother ship.

In addition, the Macon was also a 'spy-car'. Its purpose was sub-cloud observation. It consisted of a cigar-shaped car lowered on a cable to just below cloud level. Telephone equipped, the car's intrepid riders

could relay back information to the control center, while the Macon remained above ground observation. Unfortunately, the USS Macon's career came to a tragic end on February 12, 1935.

Although having weathered storms before, while on exercise, the Macon encountered a storm that collapsed a weak frame in her stern. Unable to bring her to shore, the 83 crew members had to abandon ship as she settled into the

continued on page 3...



Air Command Transient Servicing Awards to best housing and air traffic control presented by BGen McLellan. Left to right: L/Col I. Morrice, Capt. J. Hachett, BGen McLellan, Capt M. Turnbull, L/Col. B. Berntson.

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Deadline for June 30th issue will be Monday, June 27.



# Section News



## Nighthawks Nest

Well, I've just finished throwing up the July Q-schedule and that's what it makes me feel like doing - throwing up. Firstly, this will probably be my last article. Kurt wants me to write another but I probably won't be around to do it. I figure once the Hulk discovers he has seven of the little darlings (Q's that is), my gonads will be worth dust. I can probably outrun him, but I can't outrun the rest of the pilots who all ended up with six. If I survive, I imagine the Kernel will have me front and centre for his (can't tell you when they are because the Ruskies might bomb the Q on that day for a one punch pre-emptive strike at Canada). After the Kernel's done, Terry Hunt will probably revoke my newly acquired status as test pilot and make me Album O, again. After all that has transpired, I'll have to face up to the Navs.

Well, that won't be too bad. On the average they have 1 1/2 Q's less per month, so hopefully their consciences will hold them back. (Don't ask me how I arrived at that figure of 1.5, it would confuse you as much as me.)

This is really depressing. I feel like a rabbit; if you know what I mean. Even now the guys at the squadron won't talk to me unless they are holding a larger club than mine. Next week I think I'll buy some sandbags and an SMG and redecorate the schedulers office. I'll get the Kernel's secretary to bring me a hot dog every ten AM, and I'll have the cleaner smuggle me a box lunch every five PM. (I put the times that way because civvies don't understand Zulu and 'hundred hours' and all that cosmic stuff.) I'm sure that already there have been attempts on my life. Just the other day someone put his test into the little brown beast (my car). The acceleration alone snapped my neck back so bad I was grounded for four days. I didn't really catch on then, but it dawned on me something was fishy when the Kernel and Bob Wor-bets kept sneaking into my six during our missions, forcing me to wrench the bloody thing (my head) around even more. I knew a conspiracy existed to do me bodily harm after Kurt Saladana forced me to do my own control check (I couldn't even see the wing things from the front seat).

Then I got my good buddy Howard to help me move my sailboat complete with wine cellar from Quadra to the Government Wharf. Still stiff in the neck

from the above attempt at my life, I endeavoured to tie the little boat up with Howard's help. Sure enough, Howard just stood there with his silly little grin, chortling away at God knows what, watching as I careened my boat off the breakwater, the wharf and finally numerous other boats. I must admit Howard did have the car engine running and raring to go as I leapt into it from a dead run pursued by a dozen or so irate live aboard boat owners. Said Howard, 'I can't stand the sight of blood, you were supposed to sink and drown.'

Finally, in a last ditch attempt upon my life, they forced me to lead Howard around the sky doing all kinds of weird things. I sure hate seeing the Navs choosing sticks to see who has to go up with me. I hate even more the gleeful expression in Howard's eyes everytime I watch him doing a burner/speed-brake rejoin, on me!!! ARGHH!!! So ya wanna be a scheduler. Step right this way laddie, have I gotta job for you.

Watching all the folks leaving at the end of the month, I feel as though I'm missing the last train departing a war zone. Barry Kennedy, Bob and Bev Wor-bets, Slack Crash Boom Bad Bob, the First Joel and Mary, Swanny and Lynetta, Bill and Betty Ricketts, K&11 and Pat - all leaving.

From the CAC, Dorn, Buster and Ace going too. Of course, Diane is leaving as well, but she'll still be on base. The complexion of the squadron is sure changing. I figure the average backseat age is one and a half times the frontseat age, and that's where I got my magic Q formula. So you see, while the pilots get bolder, Navs just get older. The ones flying with Jester Chester and Crash Slack do so in quantum leaps.

I just can't understand why there are so many Navs with extensions. I've tried to use logic... there must be something else they can do. They can fish, can't they? We know they can drink and that's half of fishing isn't it? (You see things have changed already - I couldn't have said that while Bernie Short was still MO.) We know they can write and read. After all, they copy our clearances and read them back, and nobody - I mean nobody - can print that fast or memorize that much that quick. We know they don't lack confidence. After all, they actually think they are of reasonable stature and

possess good looks. We also know that's not true because they are uglier than sin, and blind to boot because they don't wretch looking in mirrors. Hence, they become Navs and not pilots. Obviously, their taste must come into questions on that topic as well; I know they ordered pizza into the Q as the whole lot of them clustered around the TV and watched Elephant Man. I couldn't eat for a week. The Kernel puked, and big Tim groaned and got a 3.2 on the Richter scale. Why? I keep asking myself why do they hang on and continue to fly with us? Surely, anyone that can drink, read, write and eat pizza while watching Elephant Man on TV must be an educated and sensitive individual with stamina. They should have been PRIESTS!!! The whole lot of them. Can you imagine Booksy, or Egli or Pellow standing up there in church giving a sermon? (I mean something other than the ones I get for haircuts and attitude.) I can just imagine them - ah beautiful!

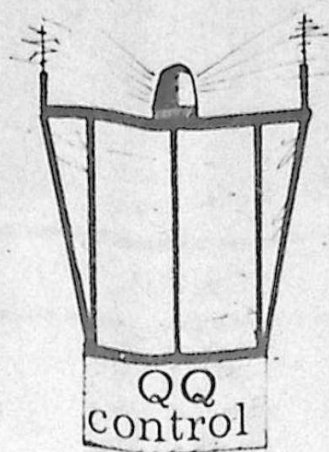
Finally, in all this analysis I have come across the solution. The reason why the Navs are staying on is so that there will be more of them so they can do less Q's each thereby frustrating the pilots and making us discontent with our lot in life. I knew all along it was some sort of conspiracy.

Darn, if I could read and write, eat pizza while watching Elephant Man, look a whole lot uglier than I do, go half blind in both eyes instead of one, I'd probably remuster to Nav so I could get less Q's too. I suppose then they wouldn't get anyone to lead Howard around.

One thing for sure, now I've alienated the pilots with the Q schedule, the Navs with this article, and God by saying Navs should be priests, I know I won't be around next issue to alienate the wives over something else.

### TRIVIA QUIZ

1. In what year did the RCAF accept their first CF 100, and what was the mark number?
2. Who were the highest scoring American and North Vietnamese fighter aces during the Vietnam war?
3. What was the name given to Orville and Wilbur Wright's aircraft which made them famous?
4. What type of aircraft was Gary F. Powers flying when he was shot down over Russia in 1960?



Welcome once again to as the beacon turns. In fact since the last issue the beacon has turned quite a bit. A two week holiday in Ottawa kept me from submitting an article last issue. It also kept me from some pretty warm weather as I hear it. The warmest it got in Ottawa was 19 deg. C. There's a moral there somewhere.

QQ ATC/Radar Baseball team is the talk of the league lately and with its record of 7 wins, 1 tie and 1 really close but not quite 'really close but not quite good enough' its no wonder. The pitching strength of John O'Connor and Llyd Friesen are no match for our unfortunate opponents. Much Claveau, the teams backcatcher, has been quoted as saying 'There's really nothing to this job. I just close my eyes and the balls in my mit, the only problem is when I use more than two fingers in passing signals to the pitcher: Llyoyd gets confused.' Roy Field has been outstanding as coach. In fact he's been outstanding in first base a lot too which has caused many a gripe from the benchwarmers. Do not fear though, Roy said he will let anyone taller than him play first base except Murry Turnbull.

In the last month or so ATC has seen quite a few new faces. OCdts. Krawl Tessler and Firth are all posted into Comox for precourse OJT in the

Tower. Mike Firth just came off the French course at St. Jean Quebec. Our 2H club, 2Lts. Hyslop and Hatton have returned from the VFR Course in Cornwall and are presently checking out in the Tower. Apparently there is no hurry in checking out Sue Hyslop as with the recent purchase of her new car she has no money to buy beer anyway.

Sarex is just in the process of winding down and everything has gone smoothly so far. Lt. Anderson briefed the teams prior to the competition and yet surprisingly everything still worked out well. It must have been pretty embarrassing for Paul though when it pointed out to him during his briefing that SAR did not stand for snakes and rabbits.

Tracs changeover is slated for June 17 and this includes the switchover to the new tower. Everyone is looking forward to the move as the closer we get to the switch the more frequently unserviceable our old equipment becomes. Even with the new pool table in the new tower we still have more room than we did before the new equipment was installed. But alas we were told the pool table would have to go to make room for the B-stand. Some things are just not fair.

Well that's about it for this issue so til next time take care Ya-all.

R.C.

## British Columbia, Canada

A farewell salute to  
Vulcan and the  
Voodoos

**Abbotsford  
International  
Airshow Canada**  
TWENTY SECOND YEAR 1983

Introducing the  
Canadian Forces  
CF18

and for the  
first time at  
Abbotsford...  
see the colorful  
Hot Air  
Balloons!

"The best airshow  
in North or South  
America" Air Progress  
"The best airshow this side  
of Paris" Business &  
Commercial Aviation

August 12, 13, 14, 1983

VU



33

Roy's on leave, trying to get rid of some of those 192 days he's got accumulated. Cheryl is back off course. Michelle is on course. Pierre is back. Fred is gone. So much for comings and goings.

Blackie is in the home stretch prior to his transfer to Cold Lake at the end of the month. He's worn out two pairs of work boots streaking between headquarters and the squadron ironing out those last minute details.

A noted TRS 80 Color Computer owner (who shall

remain nameless) finally got a program to run on his primitive system. Way to go Dave!!!

Scott got a new Pair of Coveralls (that's twice this year and its only June).

Bob fell off his diet and was seen by reliable witnesses sneaking out of the mess hall with four butter tarts in his hand.

Zane (or Mr. GSE as he's otherwise known) is seen now and again in the 442 canteen regaling his two privates with war stories of what it was like in VU 33. There's an ongoing

discussion whether after 33 years service, Dennis will be working for 32 or 38 cents an hour.

Charlie is getting all tool boards up to snuff prior to the AMMIT visit. He can often be seen painting his shadow board in perfect time with the strains of Tammy Wynette coming over his distortion amplifier.

Bon Voyage to our ASO: Bob Hills. Dave Maloney wants to know if he can borrow your old training wheels for his motorcycle.

## Base Supply

Well it's that time of the year again when the sun comes out, the weather gets hot, the beaches get crowded and the Supply Techs go on the move. This year the following people have been posted:

Capt. Wayne Martin to CFS Baldy Hughes  
Cpl. Dianne Boutillier to CFB Greenwood  
M/Cpl. Bonnie Wenker to CFB Cold Lake  
Sgt. Al Nielson to HMCS Mackenzie

Martine Veldhuizen had a baby girl back in May and both are reportedly doing very well. Supply received three Contact Trainees on May 22nd; James Theriault is working in 3 Sup. Group, Roger Venne in 2 Group and Karl Scribner is working upstairs on Tool Control. So far the three of them are catching up on CFB Comox's filing, but the word is that they will be getting some real jobs after we're caught up, at least

there is one thing I can say for sure and this is that they won't be needing haircuts for quite some time. Or the rest of us, do now!

John Stacenko passed his course in St. Jean and is now on leave, he will be returning 6 June. His section really missed him!

This year the Supply ball team is doing ver well, so far we have had 8 games and our record stands at 6 wins, 1 tie and 1 loss, so come out and support your team: Tuesday, 14 June, 1700 hrs - Supply vs ATC.

Finally, the Supply Party Fund's problems have been rectified and is now running very smoothly, even the membership has grown. On the 20th May, Supply had a ball game and beach party resulting in all kinds of fun for all.

For all you Star Wars fans the latest reviews are in, Pte. Bailey has given 'Return of the Jedi' an '11' on a scale of '10'. The movie cost Pte. Bailey \$70.00 but he said that, 'It

was worth every penny!'

On the 12th and 13th June, Supply is planning a canoe trip. Trip organizer is Sgt. Pearce, so if anyone has any questions go and see him. About 15 of us plan to make this journey, some of us may even make it back.

Claire Bolduc is getting married soon, that will make it three new couples in Supply and maybe in the future a few children.

Dave Jones received his Masters, 'Must have been his PPCLI training'.

On the 31st May all the tense TQ3 Ptes. wrote their Air Command TQ4 test, now we have 14 Ptes. impatiently waiting for the results from Winnipeg.

Pte. Cal Francis had another accident on his bike, this time he was showing off in front of a group of officers down on the beach. I sign off leaving you with this question, 'Can Cal Francis really ride a bike?'

## WOs' - SGTs' MESS

Friday, 10 June  
TGIF - Breaded Fillet of Sole

Friday, 17 June  
TGIF - BBQ Chicken

Saturday, 18 June  
SPRING FLING

TIME: 2000 Hrs.

BAND: "Westwind" 2100 - 0100

FOOD: Surf n Turf

\* Hip of Beef

\* Oysters

\* Shrimps

\* Cold Buffet

\* Complimentary bottle of wine

ADMISSION:

\$25.00 Couple regular members,

\$35.00 couple honorary members and guests.

All tickets on sale at Mess Managers Office 7 June.

Acquittance Roll available - seating plan for upper lounge

Friday, 24 June

TGIF - 1600, Mixed TGIF 2000 - Deep fried cod  
Disco "Don's Music on Wheels".

Sunday Movies

12 June - Time Bandits

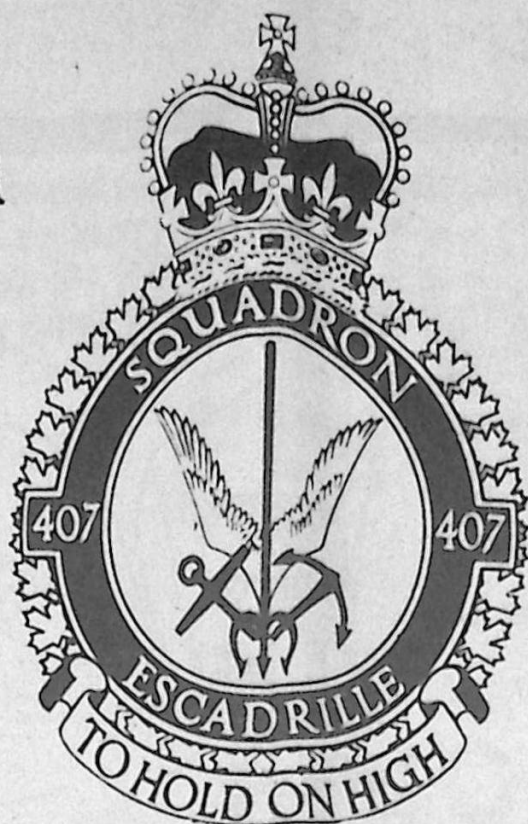
19 June - The Thing

26 June - Missing

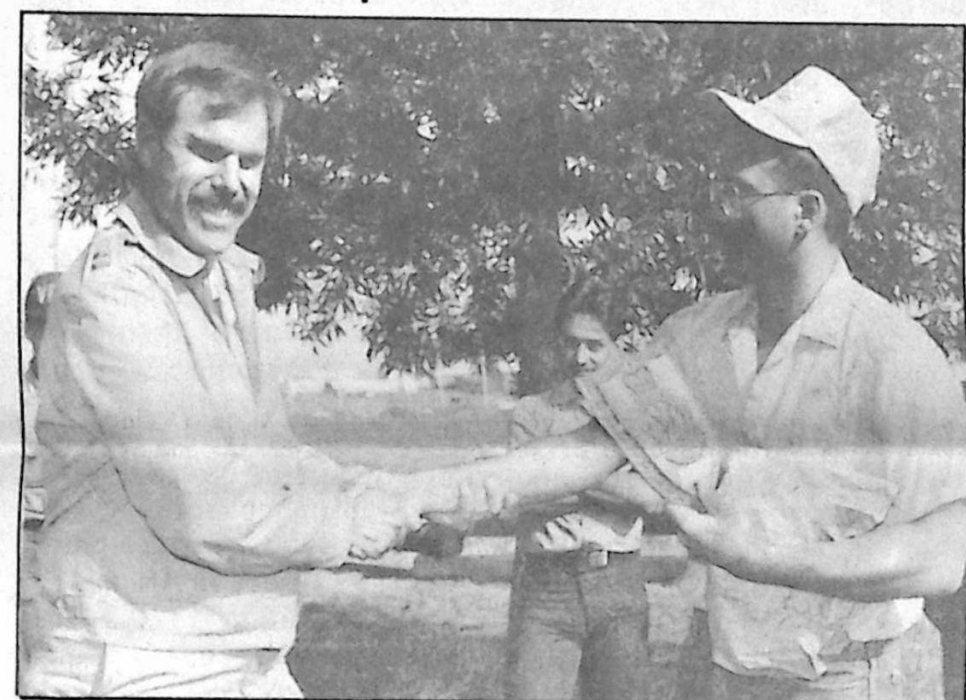
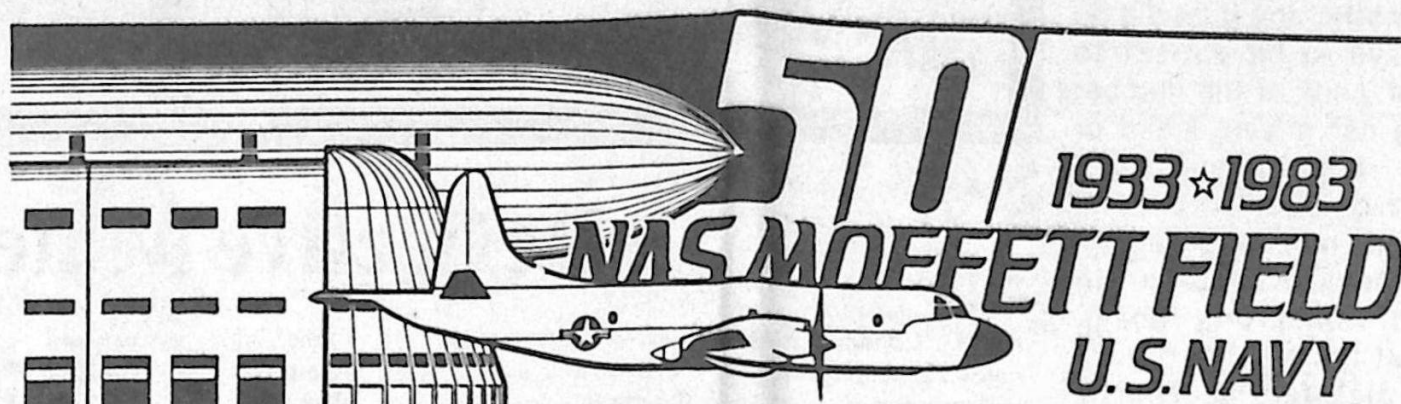
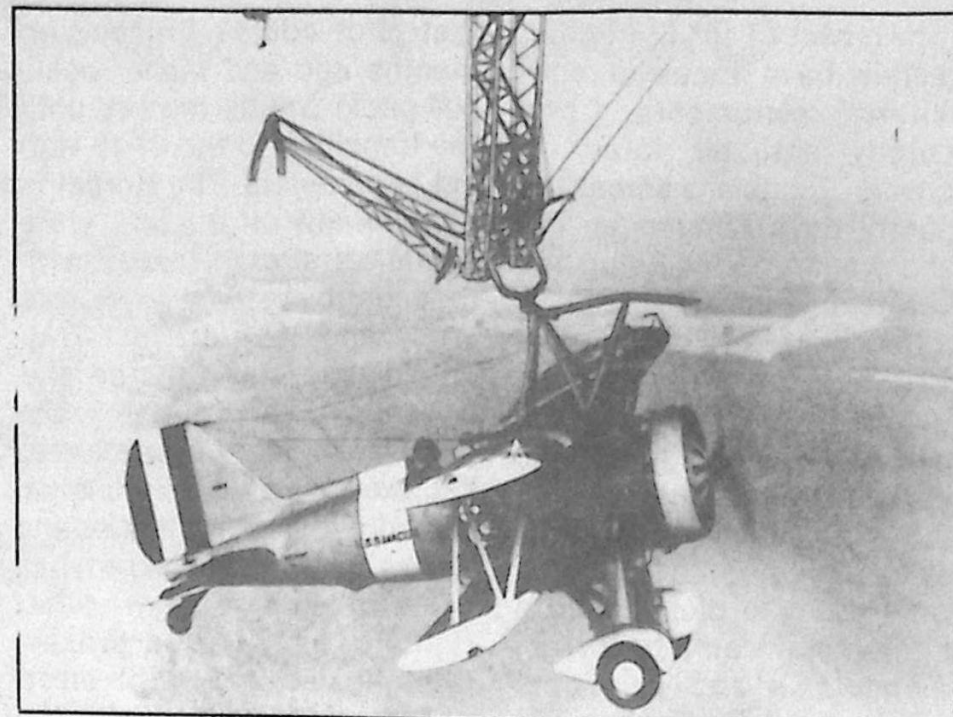
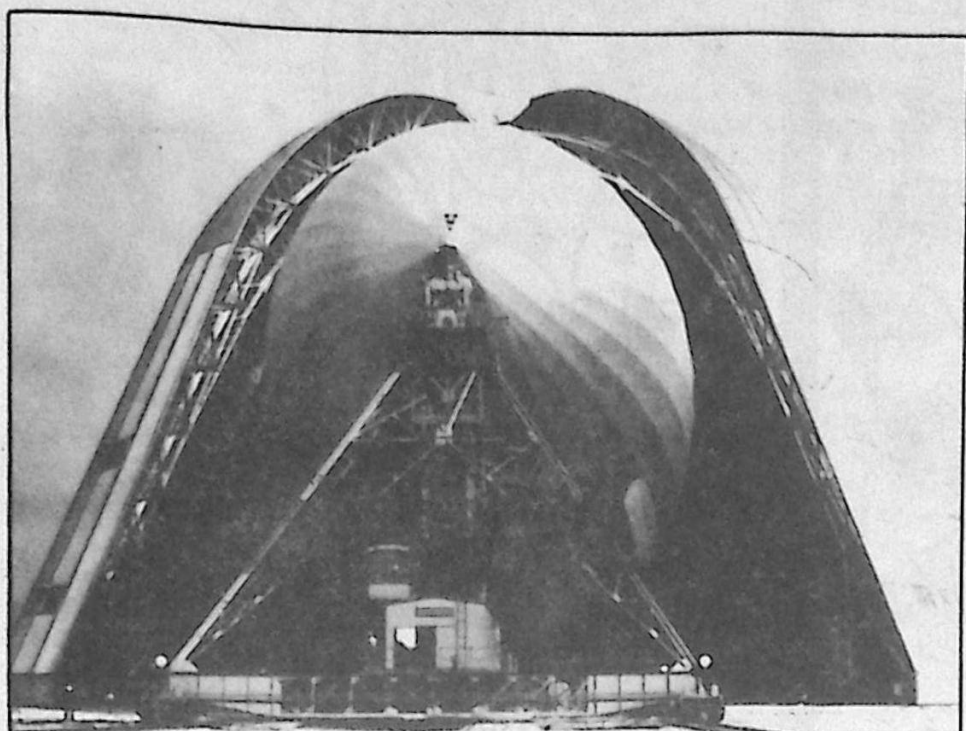
Herring Strip Now Available at the Bar.



# Demon



# Doins



## Jr. Ranks Club

# JUNE

S	M	T	W	T	F	S
				MOVIE "10"	Dr. Mac TIP Squire	Dr. Mac Punk's Night
				1	2	3
		MOVIE Jesus Christ Superstar		MOVIE Bliss Victoria	Dr. Mac TIP Ordo	MOVIE Mac Mac
				4	5	6
5	6	7		8	9	10
		MOVIE The Lords of Discipline		MOVIE Halloween III	Dr. Mac TIP Cats	Dr. Mac
12	13	14	15	16	17	18
		MOVIE Spencers		MOVIE Stuntman	Dr. Mac TIP Mac Mac Party	Country Night The Aundress
19	20	21	22	23	24	25
		MOVIE Fame		MOVIE Missing		
26	27	28	29	30		

## Special Events

04 June WINKER'S NIGHT \*\*\* 2-3 J. Mac \*\*\* Wear a costume \*\*\* Admissions 75¢ per person  
24 June ST. FRAN BAPTIST CHURCH \*\*\* D.J. Lucien Seemerville \*\*\*  
\*\*\* FREE TOASTS \*\*\*  
\*\*\* C.A. and QUEBEC FASH (while it lasts) \*\*\*  
\*\*\* Admissions \$1.00 per person \*\*\*  
\*\*\* \$200 till 11:00 hrs \*\*\*  
25 June WANDERERS & WANDERS \*\*\* The Wanderers \*\*\* Wear your jeans and cowboy hats \*\*\*  
\*\*\* Admissions 25.00 per person & \$3.00 per couple \*\*\*  
\*\*\* \$200 till 11:00 hrs \*\*\*

ocean. Amazingly, only two of the crew were lost.

In the earlier tragedy of her sister ship, the Akron, in 1933, 73 out of 76 crewmen were lost. Included was Admiral W. Moffett for whom Moffett Field takes its name. The Macon was in service from October 16, 1933 to February 12, 1935. In this time she flew 54 flights logging 1800 hours and covering some 90,000 nautical miles. During the Macon's era there was much lighter-than-air activity at Moffett Field. As one can imagine, moving the large airship was quite a job. This was accomplished by a triangular shaped locomotive riding on standard gauge rails. These rails ran from the mooring masts to the hangar's interior.

Towering over the base is Hangar One. Built in the early 30's to accommodate the Macon, it is an impressive sight. Designated a historical monument in 1966, the hangar is 198 feet high, 308 feet wide and 1,138 feet long. It is made of steel girders and laminated sheet. For the football enthusiasts, the floor covers eight acres or the equivalent of six foot-

ball fields. (Can you imagine hangar clean-up last night of the shift?) The interior is so large, that looking upwards one can suffer optical distortion. Occasionally, a fog will form in the ceiling rafters. The doors weighing 600 tons each, are unique. They are driven by electric motors. When inside, the Macon cleared the sides of the hangar by a mere 6 to 12 feet on her horizontal stabilizers. Today, Hangar One is used for inspection bays, classrooms and offices.

The Macon was America's last rigid airship. With her early demise, an air station wasn't required. Control of the base was transferred to the US Army for use as a training base. With the advent of WWII, Moffett Field was rejuvenated as an air station, training thousands of Air Corps pilots, including actor Jimmy Stewart. In WWII, Lighter-than-air squadrons from Moffett Field patrolled the coast. Mine detection, patrols and fish-school observation were the primary tasks. After WWII, Moffett's primary use switched to that of transport service. With the

Korean War, Moffett ushered in another era - jets.

In 1962, the NAS station was chosen as home base for the ASW aircraft, the P3 Orion. The Aurora's airframe and aero-engines are similar to the P3. However, the Aurora has an updated electronics package.

Today, Moffett is the world's largest anti submarine P3 base. Responsible for covering 93 million square miles of ocean, it is

also the head quarters for the Commander Patrol Wings, the US Pacific Fleet. Moffett is celebrating 20 years of P-3 ASW patrolling and the base's 50th anniversary with an airshow and open house on July 2 - 4, 1983.

We would like to thank the Moffett Field News and the Public Relations office for their assistance and pictures. We hope this article will benefit first time visitors to Moffett. In concluding, we say farewell to the commander of VP-50, Q. Masters. We look forward to working with the new commander, A. Bigbie, as well as future deployments to NAS Moffett Field.

## OFFICERS' MESS

**REGULAR TGIF'S:** 1600-1700 hrs. Food as indicated, 1700-1800 hrs. Free taxi-ask at bar.

**Friday, June 17-**  
**Mixed TGIF:** Chicken & Chips served from 1730-1900 hrs. Music by D.J. Casual dress.

**Sunday, June 19 -**  
**Father's Day BBQ:** 1130-1400 hrs. Barbecued Steak, Hamburgers, and Hot Dogs. Cost - Adults \$3.50, Children \$2.00. Reservations to Mess Manager by 1200 hrs. Thursday, 16 June.

**Saturday, June 25 -**  
**Western Night:** Food from 1930-2200 hrs: Hip of Beef, Chili, Spuds, and 2 Kegs of Beer. Wear your Western duds and dance to the music of a Country Band. Cost per couple - \$18.00. Reservations to Mess Manager by 1200 hrs. Wednesday, 22 June.



## Editorials

### Nit Noise

The recent CF104 Starfighter crashes have renewed anti-military sentiments, particularly anti air force, in Canada. Politicians across the country have jumped on the band wagon condemning the aircraft and the CAF, calling for the entire fleet to be grounded.

Oddly enough one of the main arguments against the aircraft is that it is being flown for a purpose for which it was never designed. This logic would seem to dictate that a motor home can't be driven around town and ski boats can't be used for fishing. The Starfighter is an excellent low level strike aircraft and with its high speed and small profile compares favourably with much newer, more advanced aircraft. As a high altitude interception it left a lot to be desired because of its small wings and poor turning abilities.

One of the other arguments against the Starfighter is that it is unsuitable for airshows. Considering the 104 flies slower and more conservatively at public performances than during routine daily training this doesn't hold water. When compared to the number of accidents involving other aircraft performing at airshows, both military and civilian, the 104's record is respectable.

Over the years the Starfighter has had a high attrition rate. This has been accepted as normal for fighter aircraft. Because of the environment in which these high performance aircraft fly and the speeds and stresses both physical and mental imposed upon the aircrew, loss of aircraft is a fact of life. Also the lower an aircraft flies the less time the aircrew have to react to an emergency before striking the ground. Given the extremely fast, extremely low operation of a Starfighter a normally inconsequential crew induced error or problem with the airframe itself becomes crucial. The pilot has seconds, if he is lucky, to abandon the aircraft. Any indecision or thoughts about just maybe staying a bit longer to try to save the aircraft can easily cost the pilot his life.

The critics of the Starfighter say that it is too old and should be replaced. Well, as fighters go it is old and is in the process of being replaced. The

last pilot course finished up months ago and these rookie 104 pilots will fill the gap until the transition to the CF18 Hornet is complete. The Hornet is a brand new off the line, state of the art aircraft loaded with redundant systems to ensure crew and aircraft survival. Those who have tested the Hornet's capabilities are thrilled with its performance. Yet, even with all this technical wizardry it is still a fighter and will be prone to the same types of accidents as all other fighters, namely bird strikes, lightning strikes, pilot error, undetected problems with the airframe, design flaws, etc.

Man has yet to build the perfect aircraft or perfect anything for that matter and if he did he would have to be perfect to operate it. Look at the number of racing car drivers killed or critically injured and cars damaged or destroyed compared to the number of racing. There's been no uproar in favour of prohibiting racing. Or look at the number of civil aviation disasters caused by crew error or failure to compensate for or recognize a problem. There have been more people killed in DC10's than in Starfighters yet no one has insisted that they be permanently grounded.

The problem with politicians criticizing the Starfighter is that few if any of them have had any experience with the aircraft. They are basing their opinions on outdated reports which are usually biased rather than waiting until the official investigations release their findings. This combined with the politicians need for publicity which is easily gained when running off at the mouth about just about anything as long as its negative and the ease of using the military as a target explains the hysteria involved with the CF104's. Unfortunately the critics who want the Starfighter to be grounded seem to be the same people who hindered the acquisition of a replacement fighter and once the Hornet was chosen have tried repeatedly to scrap the program even though by all indications its easily one of the best all round fighters in existence. It isn't hard to understand the general attitude among members of the military that we should be left alone to get on with our job.



### Reflective Materials

The Canada Safety Council is concerned about widespread public misconceptions regarding materials produced to help Canadians see, or be seen, in the dark.

To compound the problem, incorrect information is being widely circulated, and may well lead to a false sense of security. For instance, following a jogger's death in Hamilton, Ontario, a Coroner's jury recommended that joggers should wear fluorescent vests at night, and this suggestion has been widely circulated across Canada in 'CSA - The Consumer', a publication of the Canadian

Standards Association.

The Jury was wrong; fluorescent vests serve no purpose at night, and a plain white shirt would be more visible. White is visible at 55 metres (about 180 ft.) while red fluorescent is only visible at 25 metres or about 80 feet according to tests conducted by the National Research Council.

Some people think fluorescent colours 'glow in the dark'. They do not. They are useful when there are large amounts of ultra-violet light available - say, at dawn or dusk. Fluorescent absorbs the ultra-violet light, changes it

to the visible spectrum, and re-emits it, making fluorescent colours appear brighter than most ordinary colours by daylight.

Auto headlights, and other artificial lights, have extremely small amounts of ultra-violet light. Therefore, fluorescence is useless for night-time visibility.

On the other hand, retro-reflective materials contain glass beads which reflect light back to its source. These materials can be seen at up to 450 feet at night. They are familiar to most Canadians on bicycles, highway signs, and on some clothing.

The slow moving vehicle sign is a good example of both retro-reflective and fluorescence materials in use. The bright fluorescent orange centre shows well in daylight, even in inclement conditions. At night, the orange centre 'disappears' and only the retro-reflective outside triangle can be seen.

Despite what they may have seen elsewhere, the Canada Safety Council urges workers, hunters, pedestrians, and joggers who wish to be conspicuous in the day time to use fluorescent-type materials.

At night-time, users should remember that fluorescence adds no value

at all, and to be seen effectively, the best material is retro-reflective.

Consumers who purchase any product labelled 'Safety Tape' or some similar designation should be certain what type of product it is, because such products may otherwise encourage a false sense of security about one's visibility or, worse, that of their children. 'Safety Tape' or 'Safety Stickers' may do all that they claim, but consumers should not count on it without checking.

Certainly, don't expect any such product to glow in the dark.



## Law Talk

By Gordon Hardy of the People's Law School

3466 W. Broadway, Vancouver, B.C. V6R 2B3, 734-1126.

### Small Claim Court

The third in a series of five articles on Small Claim Court.

Never ignore a summons to Small Claim Court—your failure to announce your intention to oppose a person suing you means that you lose by default. You will have to pay what the person claims you owe, plus court costs.

Small Claim Court is set up to settle disputes between people which involve \$2,000 or less. The person who brings the dispute to court is called the plaintiff, the person he or she is suing is called the defendant.

The law suit, or action, is started when the plaintiff files a document called a summons at the Small Claim Court. The summons tells the other party that he or she is being sued for certain reasons and for a certain amount of money. If you are the plaintiff, you calculate your claim for damages on the basis of unpaid bills, bounced cheques, etc. If you are suing for damage to proper-

ty, you estimate the amount of your claim by adding cleaning and repair bills.

You may write the summons yourself if you like; otherwise the Court Clerk, subject to other duties, may do it for you. This takes longer but avoids mistakes.

An important step in filling out the summons is correctly identifying the defendant. This is less easy than it sounds; the defendant may be an individual, an unincorporated business or an incorporated company. The courts are very strict about this and may delay or reject actions which incorrectly name the defendant. To avoid mistakes where you do not know the defendant personally, you should always do a company search at the Registrar of Companies at 940 Blanchard St., Victoria, B.C. V8W 3E6. This can be done by letter. The Registrar will provide you with the correct business

name and address of the person or company about whom you are enquiring.

The next step involves delivering the summons to the defendant. In most cases, a sheriff performs this service for a small fee. If the defendant cannot be located or evades the sheriff, there are alternate methods of serving the summons which the Court Clerk will explain to you. (If, by the way, you are named as a defendant in a summons, it really doesn't pay to try to avoid it - the more money your force the plaintiff to spend in serving the summons, the more you will probably have to pay in court costs if you lose.)

Now the ball is in the defendant's court. Within ten days, he or she must decide whether to fight the action or not. If the defendant does not respond to the summons within ten days, the plaintiff wins by default.

If the defendant decides to oppose the action, he or she must file a Notice of Intention to Dispute; this is a document in which the defendant lists his or her reasons for opposing the plaintiff's claims. The defendant also has the opportunity to make a counter-claim for damages from the plaintiff.

The defendant and the plaintiff now wait for notice from the Court regarding the date of the trial. This will usually come up several months after the summons is filed. In the meantime, you can still be open to an out-of-court settlement. If the defendant makes you a satisfactory offer, you can halt court proceedings by filing a Notice of Discontinuance. In addition, you and the defendant may find that you are both in agreement about some but not all of the facts or the amount claimed. If this is the case,

you can both sign an agreement to this effect - this step will save time in court since you will now only have to argue about those facts or portions of the claim which are still in dispute.

During this period it is also helpful to sit in at a few sessions of Small Claim Court so that you will be familiar with the court room and its proceedings.

Finally, you and the defendant will receive notice in the mail telling you when to be in court. Don't forget this date; if you fail to show up or are late, the other party will win by default. If there is some pressing reason why you cannot be there on the date indicated, go to the Court and ask for an adjournment to another date.

Next: Preparing for the Trial.



## TOTEM TIMES

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The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item. "Advertising is an offer to sell and may be withdrawn at any time." Address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C. V0R 2K0. Subscription Rate \$5.00 per year.

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# Gens Du Pays

## ST.-JEAN BAPTISTE

C'est samedi, le 25 juin, au "COURTENAY EXHIBITION GROUND". L'on invite toute la population de la Vallée à être des nôtres.

Il y aura garderie, activités de sport et divertissement. Le feu d'artifice sera accompagné de nombreuses importes de Vancouver.

Nous prévoyons un spectacle (avant le feu) en plein air: danseurs et chanteurs invités.

C'est très grand, et d'envie.

Les invitations seront envoyées aux personnes locales, afin qu'ils apprécient notre culture et notre fête.

Nous avons donc besoin de toute personne qui veut aider à l'organisation de la fête.

C'est donc le temps de communiquer avec le comité responsable pour organiser en détail les activités prévues, et à prévoir, pour le mois prochain.

# BONNE ET HEUREUSE FÊTE DES PERES

## LE 19 JUIN



### CLUB BON ACCUEIL DE POWELL RIVER — CÉLÉBRATION DE LA FÊTE DU CANADA

Rendez-vous à Gillies Bay, sur l'île Texada (entrée voisine du 'Sands Dollars Inn' le 1er juillet, un vendredi, pour célébrer tous ensemble la fête du Canada.

Les manifestations débuteront à 10h a.m. et auront pour symbole officiel le drapeau du Canada. Nous tenons à souligner la participation du secrétariat d'Etat et du

Comité de la Fête du Canada pour nous aider à réaliser ce projet spécial.

Cet endroit de camping est pourvu d'eau courante, de toilettes, une belle plage et possibilité de tables de pique-nique. Le prix pour camper sera entre \$3.00 et \$4.00 par famille. Vous pourrez camper pour toute la fin de semaine, si vous le désirez. Nous tenons à inviter tous les francophones de la région de l'île de Vancouver Nord à Venir se recréer avec nous. Il y aura du plaisir pour tous!

### Horaire de la journée:

10:00 am - Tournoi de fers midi : Diner (apporter votre lunch); 1:00 à 5 pm - Jeux divers (adultes et enfants); 5:30 pm - Souper hot dogs & hamburgers; 8:00 pm - Remise des trophées aux gagnants; 9:00 pm - Feu de camp, musique, chansons.

N.B. Prière de réserver en téléphonant soit au Centre 485-2031 ou Lucille Rivest 485-2163 pour s'assurer d'avoir assez de nourriture pour tout le monde.



### Message de la Federation des Franco-Colombiens

Vous avez tous vécu de près Pacifète 83 dans votre région. Nous vous faisons part maintenant de la disponibilité des billets pour le gala provincial du 24 juin au Théâtre Queen Elizabeth de Vancouver.

Les billets se vendent \$5.00 l'unité. La participation financière de

chacun dans l'achat de billets, servira à établir un fonds de développement culturel ayant pour but de favoriser la formation et la spécialisation des artistes et des artisans francophones de la Colombie-Britannique. En plus de découvrir et de faire connaître nos artistes, Pacifète 83 con-

tribuera au développement artistique des Franco-colombiens.

Les artistes sur scène seront dans les arts classiques:

Selwyn Redivo de Penticton, guitariste, Marguerite Caissie de Vernon et Thérèse Champoux de Kelowna, comédiennes, Les

Danseurs du bon vieux temps de Port-Alberni, menuet, Geraldine Furer de Powell River, danseuse de ballet, André Thibault de Vancouver, guitariste et Suzanne Gagnon de Vancouver, soprano accompagnée au piano de Pierre Fleury de Vancouver, dans les arts populaires et folkloriques:

Ginette Renald de Grand Forks, interprète, Suzanne Kennelly de Grand Forks, interprète, Clément Laderoute de Nanaimo, interprète et guitariste, Colette Daudelin de Nanaimo, interprète de chansons folkloriques ancestrales,

Le groupe Nuances de Vancouver, auteurs-compositeurs, interprètes et musiciens et Shelley Hunt de Vancouver, interprète de music hall, dans les arts visuels: Daniel Gorry de Kelowna, dessins à l'encre de chine, Louise Martineau de

Merritt, artisane, Maurice Lagasse de Victoria, photographe, Cebal Ruel de Port-Alberni, sculpteur, Jimmy Couture de Vancouver, sculpteur et Carole Poser de Vancouver, peintre.

Tous ces artistes seront inscrits dans le répertoire des ressources culturelles francophones de la Colombie-Britannique qui sera disponible à compter du 24 juin. Plus de 150 inscriptions composent ce répertoire.

Vous pouvez vous procurer les billets en téléphonant à Maxime Lafond (le Voyageur) entre 08:00 et midi à Vancouver au 685-6628 ou en vous adressant à la Fédération des Franco-Colombiens au 669-5264.

J'espère vous revoir tous le 24 juin pour célébrer et

rendre hommage à nos artistes et à nos artisans francophones.

### BIENVENUE Aux Nouveaux Membres

Gilles et Marguerite Doiron (Marguerite est représentante Tupperware)

ATTENTION LE LOCAL SERA FERMÉ TOUT LE MOIS DE JUILLET.

BONNES VACANCES!

PROCHAINE RÉUNION DU COMITÉ MARDI LE 21 JUIN 1983, 7:30 p.m.

CLUB:		"GENS DU PAYS"	
PRESIDENT:	Yvan Duchesne	Local 2505	
V.P. ADMIN:	Marie-Paule Gregor	337-5785	
V.P. EXEC:	J.C. Lemieux	337-8578	
TRESORIER:	Serge Petrus	339-5274	
SECRÉTAIRE:	Suzanne Schumacher	338-9598, Loc. 2302	
PUBLICITE:	Claude Cipolletti	Local 2303	
INFORMATION:	Michel Labrie	Loc. 2448	
CULTURE:			
SPORTS:	Richard Leblanc	Firehall	
DIVERTISSEMENT:	Serge Lalonde	338-8729	
EDUCATION:	Maïson Bertrand	339-5875	
ACCUEIL:	Carthou Larocque		
BENVOILÉS:	Daniel Nadeau	Local 2468	
SECRÉTAIRE:	Diane Senneville		

Pour plus de renseignements, contactez une de ces personnes. CLUB GENS DU PAYS, BOX 213, LAZO, B.C. V8R 2K0 TEL - 339-5313. Le local est ouvert MARDI, MERCREDI et VENDREDI de 1300 h à 1600 h, et JEUDI de 18h30 à 2100 h.

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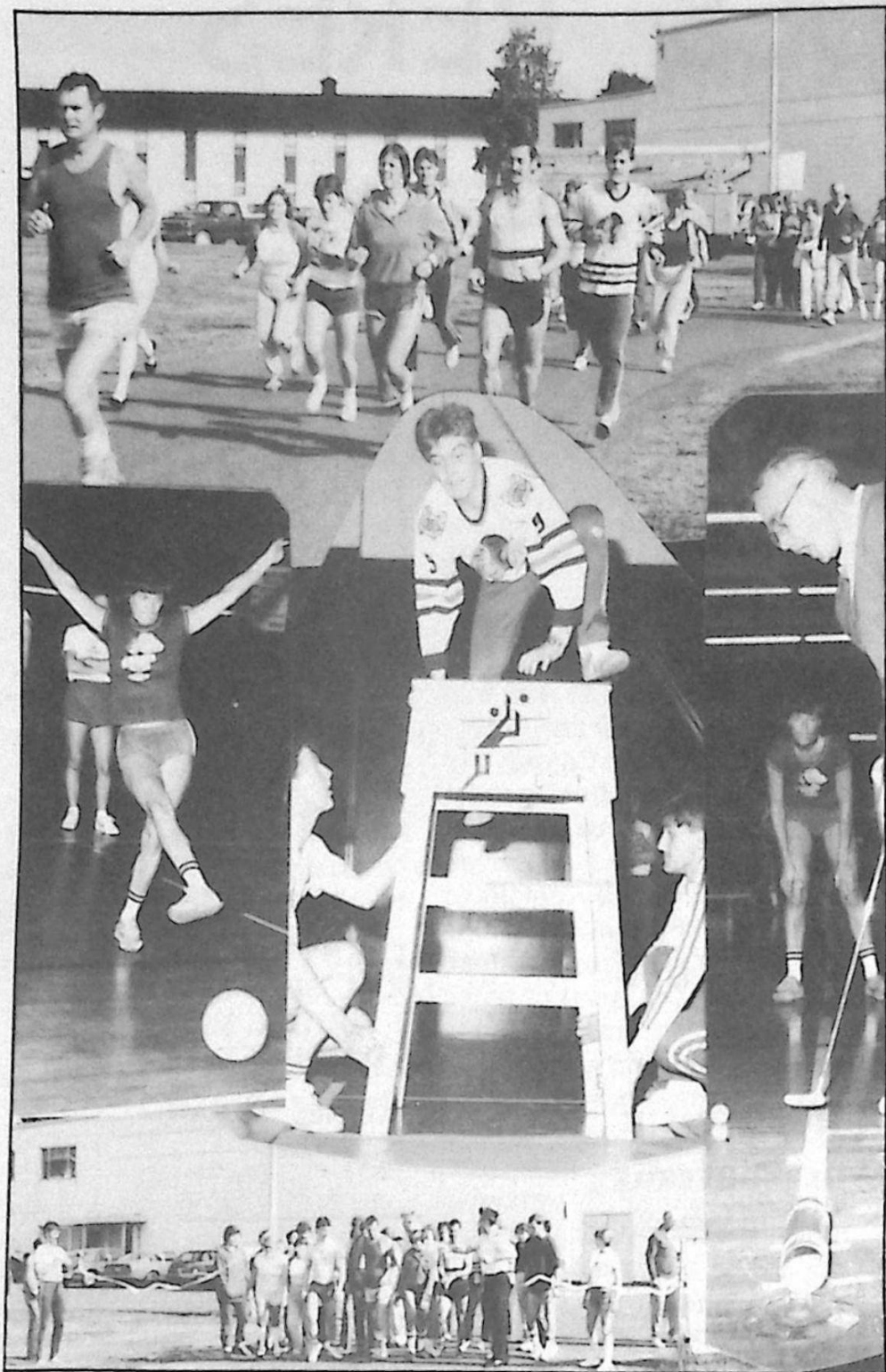
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PHONE 338-6791

**WE'RE NUMBER ONE**



# Sports

## Activity Week



### FUN DAY

In conjunction with Nation Physical Activity Week, CFB Comox organized a 'Fun Day'. The events were challenging and fun. Approximately 42 personnel participated in the 2.5 mile walk/run to the Golf Course and back; a tabloid and Indoor Obstacle Course and a nice dip in the pool.  
A great time was had by all! Hope to see you at the next one.

#### FINAL RESULTS 2.5 MILE WALK/RUN

Runners: 1st - J. Rodgers 13:19 Female (Dep.)  
2nd - C. Rodgers 13:20 Male (Mil) Husband of above 'Good Move'

Walkers:	1st - Anne Nelson	35 min.	DND
	June White	35 min.	Civilian
	Taimi St. Michael	35 min.	DND
	Bea Miller	35 min.	ARAF
	Cindy Main	35 min.	ARAF
	H. Eleason	35 min.	DND
	R. Pearce	35 min.	BCompt

#### Tabloid

Male: 136 pts. J.M. Dufour (Mil)  
Female: 134 pts. Mitch Rieguette (Dep)

#### Obstacle

Male: Gabriel Forest 37.16 sec. (Mil)  
Female: Bridgette Girouard 33 sec. (Mil)



### ANNOUNCEMENT



**BOB SLEIGH**

Marty Douglas is pleased to announce that Bob Sleigh has joined the sales team of Realty World Arnett in the Comox office.

Bob has recently retired from the Canadian Forces after 29 years, 12 of which were spent at CFB Comox. Bob has completed the Pre-licensing Course through U.B.C. and is eagerly looking forward to servicing your real estate needs in the Comox Valley.

Drop in for a coffee and say hello to Bob at our office in the Comox Mall. Bob can also be reached at home at 339-6888.



**REALTY WORLD.**  
R.A. Arnett Realty Ltd.  
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Comox Centre Mall, Comox

## Weekly Intersection Softball Statistics

	GP	W	T	%	Pte	F	A	Pos.
Sgt Mess	8	5	1	.625	11	72	42	
Det 5	9	7	0	.778	14	82	48	1
BATCO/BOPsO	8	6	1	.750	13	84	39	2
Supply	8	6	1	.750	13	77	44	3
Sgts Mess	8	5	1	.625	11	72	42	4
407 Sqn	8	4	1	.500	9	76	75	5
AVSO	8	4	0	.500	8	74	87	6
442 Sqn	8	3	0	.375	6	62	76	7
VU 33	7	2	1	.286	5	66	61	8
Security	7	2	0	.286	4	80	77	9
409 Sqn.	7	2	0	.286	4	53	74	10
HQ	8	2	0	.250	4	48	104	11
BTNO	8	1	1	.125	3	61	108	12

## THIS WEEK WITH THE TOTEMS

As of our last report the base team Totems are starting to come together. The Totems won its last game by a score of 9 to 8 over the Wistle Stop Pub. The big hit came in the bottom of the eighth inning with Rick Parent knocking in the winning run. The base Totems are preparing for zone playdowns in Kamloops in late July. The team this year is entered in the Vally Fastball League, which is one of the major leagues in the Comox Valley. The Totems would like to thank the fans who have been supporting us, keep up the good work. The Totems will be hosting a fastball tournament on the 24 to 26 June with the girls team. We are hoping that this will be a great success and your support would be most welcome. Upcoming Home games are:

WED 15 JUNE	BASE VS RAY'S SERVICE	1900 HRS
WED 22 JUNE	BASE VS FARMERS	1900 HRS
WED 29 JUNE	BASE VS HAMILTON LOGGING	1900 HRS

## CHILDREN'S T-BALL

We have a total of 37 children playing T-ball this year. The kids were divided into three teams. Teams play on Monday and Wednesdays.

The teams are scheduled to play until the end of June.

T-ball is played similar to soft ball. All positions in field are played. The only difference is that kids hit a ball from a tee plate instead of being pitched to. We

also play 2 innings of regular softball.

The Children enjoy it very much and learn sportsmanship. Coaches and helpers have a great time and all look forward to our games.

Coaches are: Team 1 - Don Stobbert, Bob Baille; Team 2 - Charlie Fettinsen, Bobby Rodriguez; and Team 3 - Mike Valiquette, Loius Phillips.

The Girls Midget Softball season got underway May 18th. First game was between Green and Blue which ended in a tie, 16-16. The second game was Red against Blue with Red winning 22-13. Third game was Green versus Red with Red winning 19-3. The fourth game was Green against Blue with Green winning 20-15.

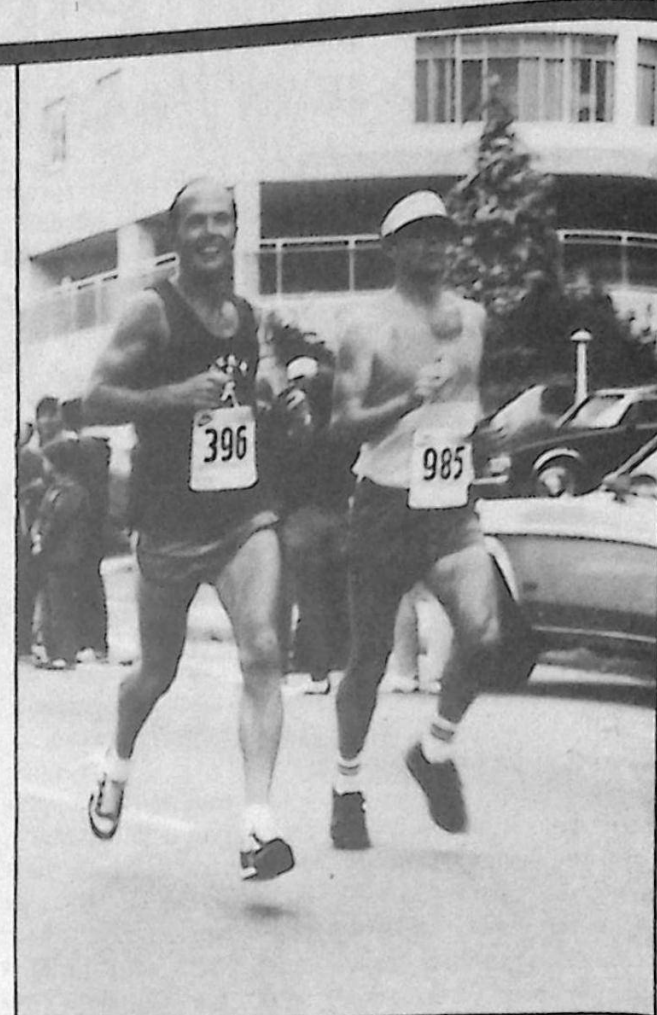
The standings at present are:

1st	Red
2nd	Green
3rd	Blue

Anyone wishing to watch the girls play is more than welcome to attend any of their games. We play at the Orchard Diamond. Games are two nights a week at 4 p.m. or 6:30 p.m. For more information and a schedule, please contact Brian Peacock at 339-5670 after 5 p.m. most nights.

Let's Play Ball

Maybe it's time you jumped into something more demanding than a car pool.



Capt. Vic Howlett and M/Cpl. Whillans finished first and third in this 6 plus kilometer race. The course went through the streets of Cumberland and out towards Comox Lake and back. The run took place on Monday, 23 May, under a hot afternoon sun.

The race was led by various people, including Barry Whillans, but at the end, Vic Howlett held a 10 second lead over John Crouch of Denman Island. Howlett and Whillans were first and second in the pre-masters (35-39) category, finishing in 22:37 and 23:30 respectively.

Maj. Art Crawford chased Capt. John Le Ross across the finish line and just missed receiving a medallion in the mens masters division. John Le Ross finished third in the mens masters in 26:43 with Art Crawford 12 seconds behind.

Maj. Darrel Newman had a close race with the second place woman, finishing six

seconds ahead of her. Darrell Newman was followed by Pte. Craig Tompkins who was testing a running injury finishing in 29:58 and 30:17 respectively.

The final military runner was Maj. Dave Nunikhoven who found the hot weather kept him off his normal pace. He finished in 33:44. Forty of the forty-two starters finished the run.

In other running news, all of the base marathoners received at least a two minute reduction in their times when the Vancouver Marathon Course was found to be 581 yards too long. This was good news for Capt. Howlett who revised the time to 2 hours 49 minutes and 44 seconds, qualifying him for international marathons. He finished 124 out of 2,000 runners.

Next run is a breakfast run, 12 June, and the next race will be 1 July in Courtenay.

## BASEBALL

STARTED 21 May 83  
52 PLAYERS  
4 TEAMS  
PIRATES - YANKEES - RED SOX - AS

STANDINGS AS OF MAY 28

	WIN	LOSS	TIES	POINTS
PIRATES	3	1	0	6
YANKEES	3	1	0	6
AS	1	3	0	2
RED SOX	1	3	0	2

## TRENTON FIFTH ANNUAL CANADA DAY HALF MARATHON

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For Further Information Contact:  
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## HARD TO BEAT

With the second round of play just starting, CFB Comox's servicewomen's fastball team are definitely a team to reckon with. Our record of 5 wins - w losses ties us for first place in the North Island Ladies Softball League.

Since the last write up, CFB Comox defeated Campbell River Bantams 14-5, Campbell River Midnets 17-3, and the Moody Blues 8-0. The game everyone is talking about was last Thursday's game against the powerful team, Edgett. Comox got off to a rough start and Edgett jumped into a 4-0 lead. CFB Comox kept two to three people on base, but couldn't keep the bat

moving.

Then the top of the 6th inning, CFB Comox's bat came to life and we scored two runs to bring the girls within two runs. In the top of the 7th inning, CFB Comox capitalized on their power hitting, scoring 6 earned runs to take an eight-four lead. Comox held off Edgett's seventh inning surge and defeated them 8-4. Congratulations to our girls who fought back and won.

Future girls schedule: 10-12 June Tournament at Comox. 14th June Pilons at Martin Park (1900 hrs.) 24-26 June Tournament at CFB Comox (more news in another article.)

## FEMALE DEPENDANTS SOFTBALL

Date: Beginning 22 June 83 (every Wednesday)

Time: 0930 - 1030 Hrs.

Place: Base Diamonds

Co-ordinator/Instructor: Cpl. (W) Carla Ryan Rec Centre

Contact: Mitch Rienguet 339-6980 prior to 15 Jun 83.

RESTRICTIONS: Must be 17 years of age or older.

## BASE TOTEMS FASTBALL TOURNAMENT

Friday 24 June to Sunday 26 June  
Men's and Ladies 8 team divisions

Place: Base Diamonds

Canteen and Beer Gardens

Dance Saturday Night Base Gym

For Entry Form Call Sgt. Barry Vandusen 339-6823 or

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Ottawa, Ontario, K1P 5B1  
(613) 234-6827

Registration number  
006 4758 09 10

Founded by  
Dr. Lotta Hiltzmanova  
in 1945

## GOLF PLAY DOWNS

Base golf playdowns will be held 1-19th August 83. Eight lucky members shall represent CFB Comox at the Pac Region Championships at CFB Comox, 5-8 September 83.

Interested service personnel must register with the Rec Centre, prior to 22 July 83.

For more information contact Cpl. (W) Ryan, loc. 2325.

## TENNIS

CFB Esquimalt is scheduled to host the Pac Region Tennis Tournament 18-26 August 83.

The team will consist of four male players and two female players. Individual entries shall be accepted.

Interested personnel are to contact Cpl. (W) Ryan NLT 20 Jun 83. Base playdowns will be played if entries exceed team limits.

**THIS IS A P.F.D.**

And last year 900 Canadians found out too late what P.F.D. stands for: Personal Floatation Device. More visible from a distance, warmer in cold water, a P.F.D. will keep you afloat more comfortably than a lifejacket. Play it Safe.

The Canadian Red Cross Society

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1 MILE SWIM (IN LAKE)  
21 MILE CYCLE (SOME HILLS)  
6 MILE RUN (NEW COURSE—FLAT)

CANADA'S ORIGINAL TRIATHLON WILL BE HELD JULY 31, 1983 IN VICTORIA, B.C. — ENTRY DEADLINE JULY 1st, 1983.

for more info; contact Cpl. Shanks at rec centre - local 2315 - PRIOR TO 20 JUN 83

## PARTICIPaction

By Russ Kisby



## Addiction

So you're drunk every night. Or you get doped up on pills you don't need for any legitimate medical reason.

You're an addict, pal. And you know why? Because you don't like yourself because you can't seem to make your problems go away. So you're trying to make yourself go away.

Well, you may have given up on yourself and your spouse and kids may have taken a walk (and who can blame them) but the government wants you back on the job, productive, helping make profits they can tax.

And be thankful. Because some of that money is going to create research and community programs that help the likes of you.

The Addiction Research Foundation, an agency of the Province of Ontario, is an internationally respected organization taking breaking through strides in understanding and treating alcoholism and drug addiction.

Although most of their work centres on research for the medical profession - from detailed studies of alcohol's effect on almost every cell of your body to the assessment of various treatment techniques - the ARF also runs a number of

programs that help those who have finally realized they need it.

Example: The Program for Employed Problem Drinkers. This program helps 16 "clients" at a time over a 3-week period, primarily on an out-patient basis.

Your boss can refer you or you can arrange an interview yourself with your employer's sponsorship. You've got to be over 20 and detoxified before you get in - and you have to be the kind of person the interviewers think will benefit from the program.

But once you're in, you get the intensive, carefully researched re-education program that has helped so many people start liking themselves again and handling life's ups and downs productively.

Your spouse gets to participate in the program - so can other members of the family when that's deemed likely to help. Your employer, supervisor or union representative gets involved in a half-day seminar midway through the program that includes a free discussion of the circumstances that led up to your referral - as well as the expectations and support you'll find when you're back on the job. And there's a second phase

to The Program for Employed Problem Drinkers: Aftercare. You and your spouse return regularly for evening sessions with your fellow "class alumni" and two therapists. These meetings continue for a year and help keep your new resolve high. You can always contact your therapist personally if you start feeling vulnerable again.

Central to the whole therapy: an exercise regime that focusses on physical fitness as a crucial component to recovery!

Physical fitness, you see, is the flip side of self-dislike. Getting in shape not only helps repair the alcohol-abused body, it proves you respect yourself! Walking, running, swimming, racquetball, cycling - you know the list - all make for a better, stronger you.

So, PARTICIPaction puts it this way: if you're going to have an addiction, make it regular, moderate exercise.

Exercise can become a habit. And it's not only fun - it's legal!

Russ Kisby is President of PARTICIPaction, the Canadian movement for personal fitness.

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cakes: For all occasions. 339-2170

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Wanted: Working or not P/N 535-4545 Tektronics Plug in unit. Preferred working or any electronic Solid State parts from TV's, radios, cassettes players, etc. Phone between 5-8 pm. 339-7375

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# Promotions and Awards



A smiling 'Jack' Shapka happily acknowledges his recent promotion presented by the Co 409 Sqn., L/Col Lott. The unfortunate part of his promotion to Warrant Officer is that it could result in a posting elsewhere. Jack as a 409 WTA, has earned the distinction of this promotion and is heartily congratulated, even by the 'oily rags'.



409 Squadron A/CO. Major Egle, Congratulates Cpl. Craig Baldwin on his recent accelerated promotion to that rank. Craig is presently employed in the Repair Section and the accelerated promotion is an indication of the high esteem he is held by his Section Supervisors.



Major Davis, 409 SAMO, congratulates Pte. Robert Phelps and presents the NDHQ Directorate of Flight Safety Award 'For Professionalism' with the following citation:

'Private Phelps was assigned to carry out a ground run for an airframe problem on a CF101 aircraft. During the engine run and at a low power setting, he detected what he considered to be excessive vibration emanating from the right hand engine. Upon completion of the ground run, he notified his supervisor and expressed a desire to carry out a visual engine inspection. The investigation revealed that one of three constant-speed units mounts had broken, causing the complete constant-speed drive and generator assembly to set up a definite vibration.

The fact that there had been no report of any aircraft vibration problems by the aircrew and that all CF101 engines do vibrate to a degree could easily have led Private Phelps to believe that the vibration was normal. However, his conscientious attitude caused him to follow through on his suspicions, thus allowing a hazardous situation to be rectified.

Private Phelps is commended for his outstanding approach to his job.

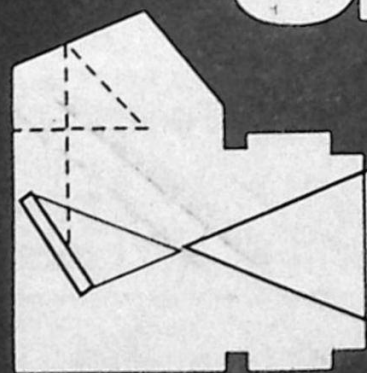


Pte. 'Red' Gallinger, 407 Sqn and Pte Norm Deakin, CFB Greenwood Seated in the front row are instructors MCpl. Kieth Nanson, WO Ken MacLean, Major 'Gus' Armstrong, SAMO VP407 Squadron, who presented graduation certificates and Sgt John Jorgensen instructor. Cpl. Coulombe has now completed all phases of DIAC maintenance training. Well done Mike!



Sgt. Roch St-Pierre is congratulated by the 409 SAMO, Major Davis, on his recent promotion. Sgt. St.-Pierre has been employed in the Servicing Section Controller position but no one seems to know what will become of him when he reports on posting to 407 Sqn. in July.

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# Around the Base



## OUR LADY OF THE SACRED HEART CHAPEL CFB COMOX, B.C.

**BASE CHAPLAIN (RC):** Maj. Julien Rheault: 339-2211, Local 2274

### MASS SCHEDULE HOURS:

**Saturday** 1900 hrs  
**Sunday** 1000 hrs  
**Week Days** 0900 hrs (No Mass Thurs.)

**BAPTISMS & MARRIAGES:** By appointment - notice well in advance

**CONFESSIONS:** Confessions are heard 30 minutes before all Masses and any time on request.

**CHOIR:** Meets at the Chapel on Thursdays at 7:00 p.m. New members are always made welcome.

**CATHOLIC WOMEN'S LEAGUE:** Meets every second Tuesday of the month at 8 p.m. in the Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. For further information call the President, Mrs. Eva Schwab at 339-4791.

**PARISH COUNCIL:** Meets every second Wednesday of the month at 1:00 p.m. in the Parish Hall.

**altar servers:** Under the direction of Carl Dipsell. For info call 339-2361.

**CATECHISM CLASSES:** Each Wednesday in the PMQ School from 6:30 to 7:30 p.m. for children from Grades 1 to 7. Children in grade 2 are prepared for First Confession and First Communion.

## ST. MICHAELS AND ALL ANGELS PROTESTANT CHAPEL

**CHAPLAIN:** Padre Bob Risch (UCC) Tel: 334-3575  
**CHAPEL:** St. Michael and All Angels Protestant Chapel, Bldg. No. 88.

**OFFICE:** Headquarters Bldg No. 45, Rm. No. 48, Loc. 2273.

**ORGANIST:** Nancy Nowosad, Tel: 338-9843

**PUBLIC WORSHIP:** Sundays - 11:00 hrs.

**COMMUNION:** First Sunday of the month.

**FAMILY SUNDAY:** Second Sunday of the month.

**SUNDAY SCHOOL:** 0930 and 1100 hrs. sessions - Mrs. Carol Fettinger, Supt. Tel: 339-5269

**CHOIRS:** Thursdays: 1830 - 1930 hrs for Juniors - Mrs. Carlson, Tel: 339-7516.

## CFB COMOX MILITARY CHRISTIAN FELLOWSHIP



Meetings held from Monday to Thursday from 1200 - 1300 hrs. in the R.C. Parish Hall next to the Tennis Courts.

## PMQ Preamble

If the gardens continue to grow as they have been, everyone will be doing a lot of canning this Fall. There are still a few lots available, and if you want one, please call Pat Tinnion at Local 2282, or 339-7577.

Children and bicycles are still a problem in the PMQ area. Please make sure that your children are aware of the 'Rules of the Road'. With grading time upon us, bikes are a popular gift. Ensure the bike you buy for your child is not too big. To be sure of this, a child's feet should be able to touch the ground while the bike is still. One absolute way to make sure your child is safety conscious is to have him enter the bike rodeo which is under the guidance of the Military Police. This is to be held on June 18th in the area between Scout Hall and the Ice Rink. This is open to ALL MILITARY CHILDREN ages 6 to 15 years. It begins at 9 am un-

til 2 pm. There will be a grand prize draw, and possibly some 'hidden' prizes. You can call local 2247, for Pte. Martin for further questions.

If you are being transferred this year, and have a cat or a dog, please make sure the animal is not left abandoned.

I'd like to congratulate all the Grads of 1983 who are graduating for Highland. I particularly want to congratulate Stephen Muise and Cathy Clarke, who are this year's Valedictorians. Stephen is a resident of Wallace Gardens, and we are all very proud of him.

I hope you all gave generously to the Salvation Army when they canvassed our PMQ Tuesday evening.

I was talking to my friend, Bill, the other day, and he said 'You know I can't understand how I have three brothers and my sister has four'.

## ARAF

**Arafians beware!!!** The phantom PER pusher is back in action.

It's great to see Maj. Durrant back in the office. We aren't sure though if he's exercising that left hand or shaking his fist at Bea. Things are back to normal in the ARAF office anyway.

Cindy Main (ARAF OR) returned from JLC in Penhold. She enjoyed the 'holiday' so much she'd like to go again, but unfortunately - she passed - so she won't be able to go back. It's now time to pack up again though - Cindy is off to Winnipeg for three months of Class B.

Karen Finney (BOR) and Carol Tinnion (BARM't OR) are Edmonton bound. They're going to be drivers!! for the University Summer Games. They'll be away for six weeks. Maybe someone should alert the athletes!!!

Speaking of travelling - Jeannette Spicer (VU-33 OR) figures the best way to get away from it all is a transfer to 'another part of God's Country'. Would you believe CFS Lowther is the place she 'chose'. Jeannette has been in ARAF Comox nearly 4 1/2 years, and to date holds the record for lasting the longest!

Does anyone have any information on who the Cpl. is who is better known as Flt. Squeeze? One hears rumours... Cindy.

The time is drawing near (June 11th) for the sound of wedding bells for Phyllis Gregory (Pay Office) who will be saying her 'I do's' June 18th. Congratulations and best of luck to both of you girls and your fortunate guys!

What's this about Lorna Walton (Rec Centre OR) becoming an ardent trout fisherman??? She claims she really did catch a trout too! Now we know who to see for tips...

Don Forsyth (IE/IS Labs) has gone into retirement. Hope you have din-din ready for your hard working betterhalf when she comes home Don! Enjoy your life of easy living - but don't get too much sun.

Bea Miller (ARAF OR) made a quick trip to Winnipeg to a conference not too long ago. Ask Bea how many trips it took her to get all her gear to the airport!!! And... about the personal attention she received boarding the aircraft...

Watch the ARAF column in the next paper for date and time of our next meeting. There will have to be a new committee appointed or volunteered or whatever... two-thirds of our committee will be gone and the third-third has had a two year term. Me thinks we could vote over a lunch at the leeward...

A hearty welcome goes out to our new Officer Cadet Jane Zwaagstra. She is employed at present in the NP3 Section.

The flea market held last Saturday was a great success, and the Ladies Auxiliary of the 1st Lazo Group would like to thank the public for the great success of their bake sale.

## Library

(Located back Station Theatre)

### HOURS:

6:00 p.m. - 9:00 p.m. Monday - Thursday

### NEW BOOKS:

#### Royal Service - Stephen P. Barry

Since the fairy-tale marriage of the dashing prince to the blond and beautiful Lady Diana in July 1981, followed by the birth of Prince William of Wales, the public's fascination with Great Britain's Royal Family has continued unabated. And Stephen Barry, personal valet to the Prince's marriage, was privy to more confidential information and closer to the day-to-day activities of the future monarch than almost anyone else. In *Royal Service*, Barry takes us to the inner workings of Buckingham Palace and reveals what is really like to be a commoner living and working side-by-side with royalty.

#### The Essential Gandhi - Mahatma Gandhi

An anthology of his Writings on his Life, Work and Ideas. No man knows himself or can describe himself with fidelity. But he can reveal himself. This is especially true of Gandhi. He believed in revealing himself. He regarded secrecy as the enemy of freedom - not only the freedom of India but the freedom of man. He exposed even the innermost personal thoughts which individuals usually regard as private. In nearly a half-century of prolific writing, speaking and subjecting his ideas to the test of actions, he painted a detailed self-portrait of his mind, heart and soul.

Gandhi was a unique person, a great person, perhaps the greatest figure of the last nineteen hundred years. And his words have been preserved as they came from his mouth and pen.

#### Christine - Stephen King

In Christine, Stephen King has returned to a full-fledged novel of supernatural horror for the first time since *The Shining*. It will keep readers up late... and will have them looking both ways as they cross the street after dark.

#### Color Me Beautiful - Carole Jackson

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Shown after Confirmation Services at St. Michael and all Angels Chapel on 24 Apr. 83 are: Renske Henn, Valerie Burke, Cathy DelFabro, Padre Risch, Tricia Maiers, George Ledig, Julie Low, Jill Carlson, Alma Fullerton and George Fullerton in front.

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# Glacier Greens Golf Club

The ladies of Glacier Greens are holding their 11th annual Invitational on 19 June at CFB Comox with 72 entries. An early response showed a full field by mid April. There are golfers from as far as Cowichan, Port Alberni and Campbell River. Prizes for this event total \$1,200.00 due primarily to the support of the Comox District Credit Union who has sponsored this event continuously since 1973 and the Port Augusta Motel also sponsoring the Low Net field. Extra prizes will be presented for closest to the pin, sponsored by Lavers Department Store; the longest drive, donated by All Seasons Boutique, Comox Mall. The defending champion, Karen Todoruk of Campbell River, will be contesting her title against previous Campbell River champs, Trudy Newman and Sarah Chase. Challenging the previous victors are Diana Anderson of Sunnydale, Barb Speers of March Meadows and Marj Jefferson of Eaglecrest. There will be a practice round available and pre-registration on Saturday June 18th. The course is in excellent condition due to our hard working greens keepers and our newly renovated Club House offers bar and grill facilities.

On May 24th the event of the day was to compete for the Powerhouse Low Net Trophy. Kathie Plume, our potential rival, came through with flying colors with a Low Net score of 62. She also had a Gross score of 99 which gave our Club Captain much pleasure in presenting her with the Trophy, a lovely burl keeper, a golf ball and, to top it all off, she received a much coveted Break 100 Pin.

Congratulations Kathie. Cheers to Katherine Salter for coming in with a 93 Low Gross and to Kay Banks for the least putts. Many thanks go out to Mr. Stu Mohler of Powerhouse Automotive for again sponsoring this trophy and contributing to another successful Ladies' Day.

On May 10th, Millie Legg, Kay Banks and Kathie Plume qualified for the National Handicap Award, second round, and went on to golf at March Meadows on May 26th. It was a long, tiring day and although they didn't show, it was another worthwhile pleasant trip. Busy days are ahead planning and preparing for our Invitational Open to be held on Sunday, June 19th. We look forward to a great day, irregardless of the weatherman!

p.s. Extra, Extra, Francine Roy had a double Eagle

on No. 7 400 yard hole, once on the 25th of May and repeated the identical play on June 1st, using her 3 wood, landing on the green with her 7 wood, and sinking the ball in the cup with lengthy putts. Wow! Good show Francine. She shot a 37 one stroke short for 9 holes Ladies Par for the course.

Province of British Columbia  
**ATTENTION COMMISSIONERS FOR TAKING AFFIDAVITS**  
All appointments made prior to October 1, 1982, will be cancelled October 1, 1983. Applications and guidelines for renewing appointments are available at any government agency or court registry, or: Court Services Headquarters  
6th Floor, Law Courts  
850 Burrard Avenue  
Victoria, B.C. V8W 1B4  
Telephone: 387-1521

## Answers to Trivia Quiz

1. The RCAF officially accepted the Mark 2T on October 17, 1951.
2. The American was Capt. Charles De Bellevue with 6 and the N. Vietnamese was reportedly Col. Tomb with 13 kills.
3. The name given to their aircraft was 'The Wright Flyer'.
4. Gary F. Powers was commanding the Lockheed U2 reconnaissance plane when shot down. The U2 is still currently used in updated versions.

**EW** Courtney  
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Two Shows Fri. & Sat. 7:00 & 9:00 p.m.  
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'WARNING - many scenes will frighten children; occasional course language and swearing' - B.C. Dir.  
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**DUSTIN HOFFMAN IS 'TOOTSIE'**  
'WARNING - occasional very course language' - B.C. Dir.  
Fri. to Thurs. - June 17 to 23. On show Fri. & Sat. 7:30 p.m.  
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'8 days-Thurs. to Thurs. - June 9 to 16  
Peter Strauss 'SPACEHUNTER'  
'Some violence, suggestive language & swearing.' - B.C. Dir.  
-PLUS- Gene Wilder & Richard Dreyfuss  
'**STIR CRAZY**'  
'Frequent course language & swearing; occasional nudity.' - B.C. Director  
Box Office 8:45 pm

# E.T. SENT YOU!

E.T., with his ability to heal wounds and come back from the dead probably doesn't need disability or life insurance. But mere mortals like you and I have to consider the possibility of becoming disabled or being called off this planet before our time. The terrestrials at NDHQ gave this some thought and came up with an insurance plan called the Service Income Security Insurance Plan, otherwise known as SISIP. Unfortunately, some people simply take SISIP as a matter of course, and don't really know what they have. Others don't know what SISIP offers, and therefore don't buy it. To help service members in both categories, this is the first of a series of articles which will attempt to give you an idea of the coverage available under SISIP.

One very popular part of SISIP is Optional Group Term Insurance. OGTI is available in units of \$10,000 to a maximum of \$100,000, and may be taken on your life and/or the life of your spouse. The benefit is paid in a lump sum, as opposed to the lifetime monthly income paid under the Survivor Income Benefit (SIB) portion of SISIP.

For some time it has been suggested that older service members who are established, whose children are grown, and whose homes are almost paid for probably do not need all the coverage provided by SIB. However, they did need some protection, and OGTI looked like it would fill their needs. The obvious solution was to change the policy, allowing them to have OGTI without also having to take SIB. This proposal was put before the SISIP Board of Trustees in

June 1982, and was passed. Effective 1 January 1983 the following policy was put into effect: 1. members of the Canadian Forces who have over 20 years service may apply for OGTI and/or OGTI-spousal without SIB; 2. members who currently have SIB may convert to OGTI coverage of up to \$100,000 for themselves and 10,000 for their spouse with out completing a statement of health or having a medical examination. Additional coverage for your spouse is available but subject to the normal procedures regarding medical acceptability; 3. members who wish to take advantage of this provision must also continue or enrol in SISIP Long Term Disability (LTD); 4. the \$2,000.00 coverage on dependent children under SIB will terminate if you convert from SIB to OGTI. Therefore anyone wishing to continue coverage for these children will have to do so by personally arranging for an individual policy with an insurer.

Now that you know it is available, the next question is, 'how much does it cost?'

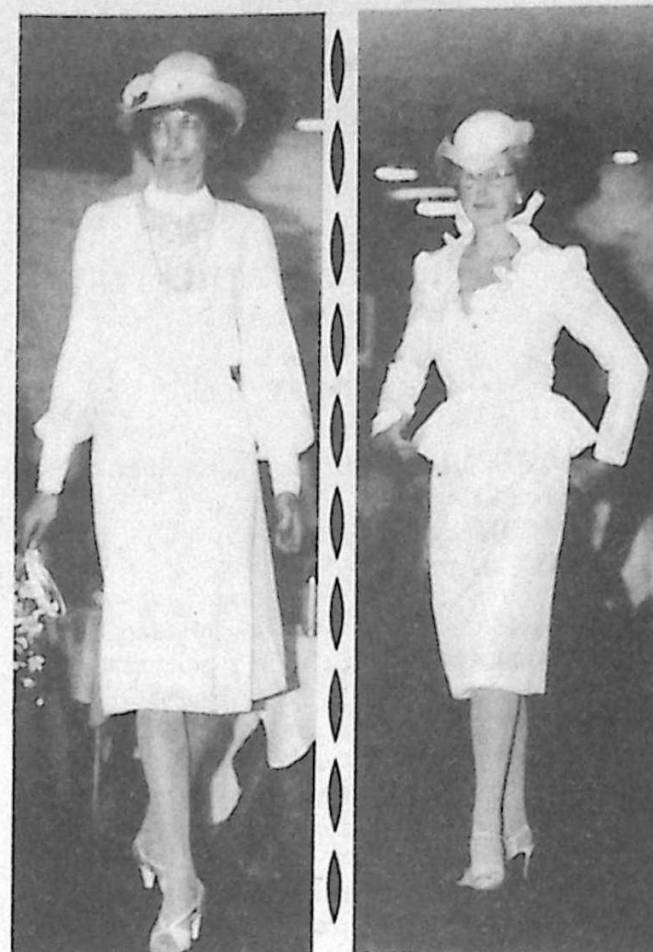
Here are some samples of what LTD and OGTI will cost per month, based on salary, at age 40, with \$100,000 OGTI:

RANK	SALARY	LTD	OGTI TOTAL
Sgt	\$2120	\$4.24	
WO	2352	4.70	
MWO	2606	5.21	
CWO	2899	5.80	
Capt	3130	6.26	
Maj	3590	7.18	
LCol	3950	7.90	
Col	4125	8.25	
		\$25.00	\$29.24
		25.00	2970
		25.00	30.21
		25.00	30.80
		25.00	31.26
		25.00	32.18
		25.00	32.90
		25.00	33.24

To find out what it would cost in your case, see your SISIP Adviser, or complete the section of the SISIP folder entitled 'How to Calculate Your Premium'.

OGTI is just one of the benefits available through SISIP. The other benefits, LTD, SIB, and Dependent Life (DL) will be covered in future articles. In the meantime, so you won't be kept in suspense, find out about them from your pay office or from your local SISIP Adviser. Tell them E.T. sent you!

# OWC FASHION SHOW



In April the OWC of CFB Comox was treated to a beautiful fashion show. Fashions from Touch of Class were paraded before an appreciative audience of 200 women. The clothes shown were versatile, modern, easy to care for and there seemed to be something for everyone and to suit every occasion.

Choices could be made from pretty pink gingham teddies, casual slacks, T shirts as well as dresses for work, an afternoon out or a romantic evening. We were then treated to a very entertaining routine choreographed and presented by Laurel Ann Harris and Joan MacDonald. They were showing us beautiful work out and exercise outfits. Then followed the dream clothes suitable for vacations, cruises, weddings and graduations. The show stopper was a white wedding suit beautifully modeled by Sylvia Gibb. Other lovely models who donated their time were: Gail Blamire, Cathy Dunn, Janet McBean, Inge Kon-schack, Donna Pearce, Monique Clement, Julie Puttock and Helen Ross.

The commentary delivered by Hilda Pearce was filled with helpful hints and tips on how to put ensembles together and to better co-ordinate a wardrobe. The executive committee would like to thank Hilda Pearce, Marg Brown and their staff for putting on an excellent show. Faced with a serious problem (no sound system) a sense of humour and good will was maintained. True professionals.

Hair designs and fashions were presented by 'Cream of the Crop', owner Margaret Lalotitis and her helper Pat Wittman did an excellent job. Back ground music for this delightful evening was provided by Mr. Regehr. Our sincere thanks to the models, 'Touch of Class', 'Cream of the Crop', Mr. Regehr and all those who helped.

Refreshments and goodies were donated and served by the present executive committee.

Proceeds for this annual event were donated to the local chapter of the Canadian Diabetes Association, the cheque was presented to Mr. Ed Fournier at our closing out dinner in May. I might add that Mr. Fournier was the only gentleman present at our salmon and steak barbecue.

We also had the pleasure of being entertained by a group of talented ladies called 'Harmony Seekers' under the direction of Madonna McDonald we were treated to a short programme of lovely melodies. Solos were performed by Mary Kerr, Coleen Stavropoulos and Lynn Main. Even the roar of 409 Voodoo's failed to diminish our enjoyment.

Farewell and good luck was said to several ladies leaving us this year. The new executive was introduced by our president Fran Al-Mokey. Next years executive will be led by Vera Aaraj.

We wish to thank all who have helped and supported us this year. See you in September.

Royal Canadian Air Force Association  
**888 (KOMOX) WING**  
**GARAGE AND BAKE SALE**  
**SATURDAY - JUNE 11**  
**10 A.M. to 5 P.M.**  
**KNIGHT OF PYTHIAS HALL - COMOX**

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BEFORE  
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Canadian Forces News



FIRST EXERCISE — The CF-18 is towed onto the flightline as it participates in its first exercise, Maple Flag XI at CFB Cold Lake, Alta. There are now six CF-18s at Cold Lake and Canada is receiving two per month.

Canada's CF-18 fighter has received initial inflight refuelling certification following recent trials with a Canadian Forces Boeing CC-137 tanker. The trials are part of the on-going program to bring the CF-18 to operational status. The trials at CFB Cold Lake involved two 410 Sqn CF-18s in a series of one and two point linkups with the tanker, which mounts a Beech probe and drogue refuelling pod on each outer wing panel. The trials were undertaken by day and night at altitudes ranging from 18,000 to 36,000 ft. As of mid-May six CF-18s had been delivered to Cold Lake for training instructor pilots and maintainers. The squadron had flown over 600 hours on the CF-18 by the end of April.



CF PHOTOGRAPHERS REWARD — Three members of the CFB Edmonton Photo Section proudly display the Base Commander's Commendation. Pte. Gina Luca, Sgt. Gord Godfrey and MCpl. Hal Fraser earned the award for their immediate and competent performance after the crash of a Hercules C-130 on November 16, 1982. 408 Sqn. photographer, MCpl. George Bucholz, absent from photo, also received the award. It is unique that an entire section is conferred a Base Commander's commendation. (Canadian Forces Photo by Sgt. Dennis Mah)

J GROUP CONVENTION

The Annual Pacific JGroup Convention of the RCAF Association was hosted by 879 Wing Chilliwack, May 13 - 15. There were 30 delegates attending who were from 800 Wing Victoria, 802 Wing Vancouver, 806 Wing Richmond, 808 Wing Nanaimo, 861 Wing Abbotsford, 888 Wing Comox and 900 Wing San Francisco. The President, Hal Loeppky was in the chair. All Karlen, National Vice President from Edmonton, was in attendance as well as Norm Bain, Regional Director of the National Executive Committee from Nanaimo and past President of Pacific Group, John Marshall from Victoria. After all the wings gave their reports of all their activities for the past year, resolutions were presented to be submitted to the Annual National Convention in Ottawa in November. Elections were held, president - Hal Loeppky, vice-president - Ted Dover-Master, secretary - Kay Berry, treasurer - Ron d'Entremont. The next Group Executive meeting Pre-National Convention will be hosted by 800 Wing Victoria in September and Group Executive Post National Convention will be hosted by 806 Wing Richmond in November. 888 Wing Comox will host 1984 Group Convention. After the convention an enjoyable dinner dance was held in the Masonic Hall in Chilliwack.

COMOX VALLEY COMMUNITY CHOIR

In celebration of the 150th Anniversary of Johannes Brahms' birth, the Comox Valley Community Choir and the CYMC Festival Orchestra will present a performance of the composer's German Requiem, his first large composition to achieve world-wide recognition. Involving more than seven years in creation and based on Luther's translation of the Bible, the German Requiem is an impressive work for soprano and baritone soloists with chorus and orchestra. The tone is hopeful and inspiring, music of serenity in which peace of mind and heart triumphs over death. The high ideals expressed in the music depend on a powerful chorus and to this end, the Comox Valley Community Choir (who so movingly performed Handel's 'The Passion of Christ' during CYMC's 1982 festival) are soliciting for more members. The choir will again be directed by Nicholas Goldschmidt, one of Canada's leading choral conductors and a voice teacher par excellence. He is hoping for a minimum of sixty voices to participate in the Requiem chorus in order to achieve the strong dramatic effects called for in the musical score. The activities of the Community Choir during July - a month's training for 2 major performances - is being offered as a credit course by North Island College where any individual who loves singing and has some sight-reading ability may register at 407 Fifth Street, Courtenay, and thus join the choir. Registration fee is \$30, rehearsals will be in the evenings, schedules are available. Enquiries may be made of Susan Colclough at CYMC's Festival office, 338-0131. There is also to be an intensive four day workshop August 4 - 7 for massed choirs which C.V. Choir members may join if they wish. Susan Colclough has the details, as has North Island College. The conductor will be Robert Cooper, CBC's national executive producer for choral and opera programming. He is also conductor of Toronto's Junior Mendelssohn Choir.

Take a LOOK at

OUR JUNE PRICES

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## CF CLOTHING CONTRACTS

Ottawa - The Honourable Gilles Lamontagne, Minister of National Defence, announced today that his department will participate in two textile procurement projects, costing a total of \$42 million, under the federal Special Recovery Projects Program.

The Projects, along with five others recently announced by the Department of National Defence (DND), are among more than one hundred included in the new program outlined by Finance Minister Marc Lalonde in the April 19 budget. As part of the program, the government is significantly accelerating a number of key procurement and construction projects in order to stimulate economic recovery while putting in place key facilities and services.

The projects announced by Mr. Lamontagne will introduce new personal load-carrying equipment, or webbing, and chemical protective clothing to the Canadian Forces, and will mean major contracts for Canadian textile and specialty clothing manufacturers.

The new load-carrying equipment is designed for greater efficiency and flexibility than the 1951 and 1964 patterns currently in use. Unlike the older patterns, the new Canadian-designed and produced webbing will allow the

soldier to carry his full marching order kit without dependence on motor vehicle support.

Some 51,700 sets of webbing will be purchased and assigned to Mobile Command for use by both regular and militia units.

The approximately 55,000 chemical protective clothing sets will augment supplies already in use within the Canadian Forces. The components, which include coveralls, rubber boots and gloves have been designed to NATO standards by Defence Research Establishment and Canadian Forces experts.

Considered to be one of the best available, each suit

will protect a soldier for 24 hours and can be laundered without losing its special properties. The main users of the equipment will be troops in Canadian Forces Europe, and those assigned to NATO's northern flank as well as personnel in Maritime Command and the CF Training System.

The federal government is closely monitoring the problems being encountered by Canada's textile industry and is taking steps to assist the industry. The two DND textile procurement projects are being accelerated as part of the Special Recovery Projects Program to stimulate productivity and job-creation within the textile manufacturing sector.



**LAST EXERCISE** — CF-104s in the foreground are prepared for a day of flight during their last participation in Exercise Maple Flag at CFB Cold Lake, Alta. 417 Tactical Fighter Operational Training Sqn., Cold Lake, is being disbanded.

## GENERAL VANCE'S NEW APPOINTMENT

OTTAWA - Defence Minister Gilles Lamontagne has announced the promotion of Major-General John E. Vance, of Tweed, Ont., to the rank of lieutenant-general and his appointment as assistant deputy minister (Personnel) at National Defence Headquarters (NDHQ), Ottawa.

He replaces Lieutenant-General Harold A. Carswell, of Trenton, Ont., who retires after 36 years in the Canadian Forces.

Lieutenant-General Vance began his military career in 1952 as an officer cadet at Royal Military College, Kingston, Ont., and was commissioned in the Royal Canadian Infantry Corps. He is a bachelor of arts graduate of the University of Toronto.

He subsequently served in various junior command positions with 1st and 2nd Battalions, The Royal Canadian Regiment in Canada and the Federal Republic of Germany (FRG). In 1967, he was responsible for operation, plans, training and intelligence at 3 Canadian Infantry Brigade Group, CFB

Gagetown, N.B., and a year later became senior staff officer, operational training at Mobile Command Headquarters, St. Hubert, Que.

In 1971, he assumed command of 3 Mechanized Commando Group, at Baden-Soellingen, FRG, and a year later he became deputy chief of staff, training at Mobile Command.

In 1973, he was named director of individual training at NDHQ. Promoted brigadier-general in 1975, he was appointed director general, recruiting, education and training for the Canadian Forces. In 1976, he became commander of 4 Canadian Mechanized Brigade Group, Lahr, FRG, and in 1978 he was named chief of staff, operations at Mobile Command.

In 1979, he was selected to attend National Defence College, Kingston. In 1980, he was promoted major-general and appointed chief, personnel careers and senior appointments, at NDHQ.

Lieutenant-General Vance assumed his new position on May 16.

## Central Enterprise

1983

Ottawa - Canada, along with five other NATO nations, will participate in Exercise 'Central Enterprise 83', a live flying exercise which will take place throughout the Allied Command Europe Central Region, from June 6 to 10, 1983.

'Central Enterprise is an Allied Air Forces Central Europe (AAFCE) exercise designed to test and improve NATO's air defence readiness, combat effectiveness and allied co-operation in tactical air operations in the AAFCE central region.

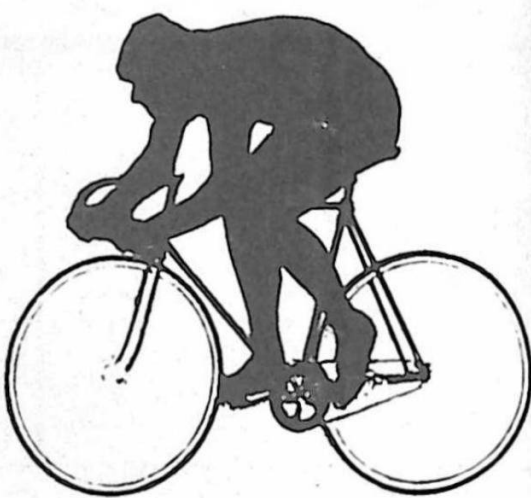
'Central Enterprise 83' includes headquarters and units of the Second and Fourth Allied Tactical Air Forces. Personnel and aircraft of the six participating

nations - Belgium, Canada, the Federal Republic of Germany (FRG), the Netherlands, the U.K. and U.S.A. - will carry out intensive flying operations in an exercise area which spans seven European countries.

Canada's contributions to 'Central Enterprise 83' will consist of three squadrons of CF-104 Starfighters from 1 Canadian Air Group, based at Baden-Soellingen, FRG. 421, 439 and 441 Tactical Fighter Squadrons, with Starfighters in the conventional air-to-ground attack role, will participate in this exercise for the second time. The first NATO Central Region air exercise took place in 1982.

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## TATTOO — CANADA's best

The pomp and pageantry of what is fast becoming one of Nova Scotia's most popular traditions is back again for the fifth year in a row, and this year's Nova Scotia Tattoo promises to be better than ever.

In each of the last four years, the Tattoo has celebrated a different occasion. In 1979 it was the Gathering of the Clans, in 1980 the 70th Anniversary of the Navy, in 1981 the Acadian 350th Anniversary and last year's Tattoo celebrated the historic relationship between Nova Scotia and the military.

This year's Tattoo however, is celebrating a different theme on each of the four performances. On Monday the 27th of June, the International Gathering of the Clans will be officially opened along with the Tattoo. Tuesday will be dedicated to the Bicentennial of the Landing of the Loyalists. Wednesday will highlight the military and on the final night the provinces will be on parade.

Each year the Tattoo is a combination of the tried and successful and the new

and suprising and this year is no exception. From the moment the house lights go down and the Stadacona Band begins the overture, to the moment the entire cast is massed on the floor for the finale, the combination of old favourites and new surprises will capture the mind and fire the emotions of the audience.

The Tattoo means music and this year some of the best international bands in the world will perform. The United States Marine Corps Band from Quantico, Virginia, whose presence at the tattoo is becoming an international tradition, will be on hand once again. A new addition to this year's show will be the West German 'Luftwaffe' Band from Karlsruhe. The audience will be treated to unparalleled musical variety.

Old navy salts will become nostalgic at the sight and sounds of the National Band of the Naval Reserves as they march on to the floor in the 'square rig' of the Royal Canadian Navy.

All Scots and those with Scottish hearts will thrill to

the pipes and drums of the 1st and 2nd Battalions of the Nova Scotia Legion pipe bands. If there are pipers, there have to be scottish dancers. Scottish country dancers, bands and highland dancers will create a 'ceilidh' right in the middle of the Metro Centre.

1983 is the 100th Anniversary of the Royal Canadian Regiment, a regiment with strong historical ties to Halifax. The regiment will participate in many centennial activities and are sending their silent drill team to the Tattoo to illustrate why this infantry unit is considered one of the best in Canada.

When the RCRs leave the floor, look for more demonstrations of military skills as one of the province's best militia regiments, the Nova Scotia Highlanders 1st and 2nd Battalions, compete for the Queen Mother's Province of Nova Scotia Challenge Trophy.

In past years the fantasy scene has proved to be one of the most popular parts of the Tattoo. This year, cadets and young gymnasts will perform 'The Loyalists'

and take the Metro Centre audience back 200 years to the Landing of the Loyalists in Nova Scotia.

The Tattoo will climax with the exciting and action-packed Canadian Gun Run Championship. In this fast-paced event, teams from Canada's East and West Coast fleet will compete. The spectators will see the sailors disassemble an 1812 era field gun, take it over a wall, across a 30-foot chasm, reassemble the gun, fire it and then do it again in the reverse direction. Winners are chosen on a combination of elapsed time and points amassed.

The Nova Scotia Tattoo promises to be, in the words of Colonel Ian Fraser, the genius behind the Tattoo, 'bigger, better and more enjoyable than last year'. He and his staff of over 1000 military and civilian performers and backstage crew have been hard at work over the last few months to ensure this end.

The Nova Scotia Tattoo will take place at the Halifax Metro Centre 27-30 June.

## Abbotsford International Airshow Canada 1983

August 12, 13, 14

See the Canadian Forces Snowbirds air demonstration team, the 101 Voodoos and the new Canadian Forces fighter the CF-18, Ray Ban Golds (3 plane aerobatic team), Jim Franklin & Johnny Kazian wing-walking, Jim Franklin solo aerobatics in an Aerostar, Bobby Bishop with the world's smallest jet the Acrojet, Al Hauff solo aerobatics in a Pitts Special, the Royal Air Force Vulcan Bomber flying in the show and the Victor on static display, WWII aircraft, homebuilt & antiques, water-bombing demonstration, glider act, sky-diving, hot air balloons, ultra-lights and micro-lights and more.

See also the many general aviation exhibits and the static display aircraft on the ramp.

1983 Admissions: \$6 for adults (16 and over) \$3 for children (6 to 15 inclusive). Children under 6 are free.

There will be express bus service from Vancouver, Richmond, New Westminster, Surrey and Coquitlam and shuttle bus service to and from Abbotsford.

The Abbotsford International is officially recognized as Canada's national airshow - and acclaimed world wide as the fastest-paced, most varied and most genuinely exciting of them all.

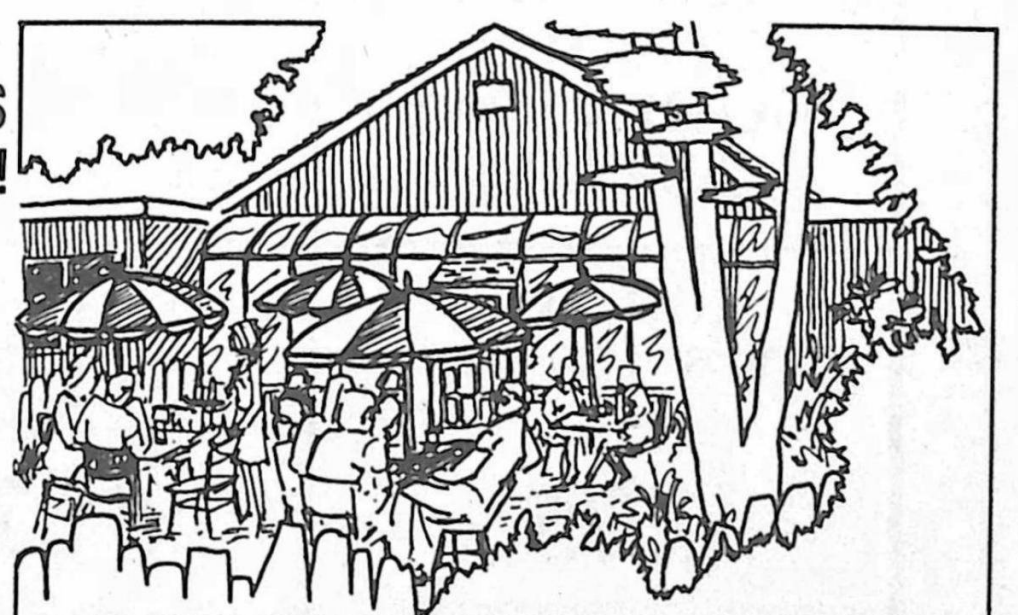
PLEASE NOTE that there is limited aircraft parking space, so come early.

Canada's annual national airshow is sponsored by the non-profit Abbotsford International Airshow Society, a charter member of (ICAS) The International Council of Air Shows.

For more information on Abbotsford, please contact ABBOTSFORD INTERNATIONAL AIRSHOW SOCIETY P.O. Box 361, Abbotsford, B.C. V2S 4N9 or call (604) 859-9211.

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