



TOTEM TIMES



Vol. 25 No. 5

CFB COMOX TOTEM TIMES

THURSDAY, MARCH 10, 1983

Deadline is Monday, March 21, 1983

COST: PRICELESS

Royal Visit

VICTORIA -- Regal and military ceremony merged when almost 1,500 members of the Canadian Armed Forces in British Columbia participated in the visit of Her Majesty The Queen and His Royal Highness Prince Philip, this week.

When Her Majesty's Yacht (HMY) Britannia arrived off Race Rocks near the entrance to Victoria Harbour, HMC Ships Yukon and Mackenzie assumed escort duties for the trip into Victoria Harbour, Vancouver Harbour and Nanaimo.

As the Queen was received by the people of Victoria, a CP 140 Aurora flown by Capt. Paul Dubois of 407 Sqn., followed by three T33 Silver Stars from VU33 Sqn. led by Major Dale Purcell, and three CF101 Voodoos from 409 AW(F) Sqn. led by USAF Capt. Bob Slack, all from CFB Comox, performed a fly past and 5 (B.C.) Field Battery from Victoria fired a 21-gun Royal Salute from Laurel Point.

The official welcoming ceremony at the B.C. Legislative Buildings commenced at 10:15 a.m. and featured a 100-man Guard of Honor from the Third Battalion, Princess Patricia's Canadian Light Infantry, accompanied by the Canadian Forces' Naden Band; and a second

21-gun Royal Salute by 5 (B.C.) Field Battery.

The Naden Band provided musical background during the Government of Canada luncheon at the Empress Hotel.

Her Majesty and His Royal Highness visited Royal Roads Military College during the afternoon and reviewed a 100-man Guard of Honor comprising cadets from the College. Musical accompaniment was provided by the College's band. Her Majesty and His Royal Highness toured the College's buildings and grounds and joined cadets for tea in the Gun Room. The College grounds were opened to the public.

Members of Victoria's cadet corps lined the routes the Royal Party travelled to the B.C. Legislative Buildings, the Empress Hotel and Royal Roads Military College.

The March 9 visit to Vancouver opened with a second flypast of Aurora, T-33 and CF-101 aircraft from CFB Comox and a 21-gun Royal Salute by 15 Field Regiment, RCA. During the day Her Majesty and His Royal Highness reviewed a Guard and Pipes and Drums from The Seaforth Highlanders of Canada at Hotel Vancouver.

This morning Britannia,

with The Queen and Prince Philip embarked, proceeded to Nanaimo. The Canadian Scottish Band provided musical accompaniment during the civic ceremony. At 11:05 a.m., Her Majesty departed for Kelowna via a Canadian Forces Cosmopolitan aircraft. His Royal Highness departed at 11:15 a.m. for Kamloops on a second CF Cosmopolitan.

At Kamloops Prince Philip will present the Queen's and Regimental Colors to the Rocky Mountain Rangers at the Exhibition Auditorium. He will return to Vancouver later this afternoon by CF aircraft to rejoin Her Majesty at Vancouver International Airport.

At 4:40 p.m. Her Majesty will inspect the Guard of Honour and Band of the Royal Westminster Regiment at the New Westminster City Hall.

That night, beginning at 8:30, the Royal Party will attend a state dinner at the Bayshore Hotel at which the Naden Band will provide the fanfare trumpeters.

Her Majesty The Queen and His Royal Highness will depart Vancouver International Airport for London aboard a Canadian Armed Forces Boeing 707 at 7 a.m., March 11.



The Base Commander is drawing this week's \$100.00 330 Club Winners. Holding the hats are the CO VU 33, Maj. Purcell and the Colour Coordinator, Capt. Nolan. The winner is: Capt. Bernie Hughes from ATC.

Red Indian Squadron History

In 1982, 421 Tactical Fighter Squadron (The Red Indian Squadron) celebrated a double anniversary. Firstly, it marked the 40th year since the original formation of the Squadron and secondly, it was the 30th anniversary of the Squadron's arrival in Europe on operation "Leap Frog II" which brought Canadair Sabres from Canada to Grostenquin, France. Since this arrival, 421 Squadron has served continuously in Europe and specifically Baden-Soellingen since 1964. We

are presently alive and well in Baden employed in the conventional ground attack role flying the CF-104 Starfighter.

The Squadron has had an honourable history, including wartime service from 9 April 1942 onwards.

In 1973 the Squadron was awarded its "colours", emblematic of twenty-five years of active service to the sovereign, by HRH Prince Phillip.

An opportunity to record the history of 421 Squadron was missed in the 1973 colours ceremony. We did

not wish to let the above mentioned anniversaries pass us by. So we published a 421 Squadron history book, in a hardbound format of approximately 150 pages.

The book itself is excellent reading, having as its source the DND Historical Archives. Pages are illustrated with many photos, and several full colour spreads.

500 books will disseminated through DND channels. We are selling the books for \$15.00 each. The going price in Canada is ap-

proximately \$30.00. We will mail these books to anyone wishing, on receipt of \$15.00 made out to the 421 Squadron History Book Fund, CFB Baden-Soellingen, CFPO 5056, Belleville, Ontario, K0K 3R0.

We have also prepared First Day Covers of the 1982 Aircraft .30 stamp, on 421 special commemorative envelopes and cancelled with post office commemorative postmark made for the 40th anniversary of the Squadron. The covers have been flown at Mach 2

Deadline

Deadline for our March 24 edition will be noon March 21.

Sioux Lookout Anniversary

In September 1983, Canadian Forces Station Sioux Lookout will be celebrating its 30th year of operation. As part of the celebrations, we at Sioux Lookout, will be publishing a magazine outlining the history of the site. This magazine will have pictures of people and events that have taken place over the years, as well as verbal descriptions and stories.

We will be pleased to receive from any ex-members of this Station any pictures and/or stories that they feel would make an in-

teresting contribution to the magazine. We will attempt to return all material received as soon as the magazine goes to press, probably near the end of December 1983. Please ensure that each and every item is thoroughly described and clearly labelled with the name and address of the donor.

Please address contributions to: Commanding Officer CFS Sioux Lookout Sam Lake, Ontario P0V 2R0 Attention: Cpl. W.

Saulnier

Copies of the magazine will be available to those interested at a nominal fee.

Finally, any ex-Sioux Outlookers who are going to be in the area between 7-9 September 1983 are welcome to come and join the festivities. Camping facilities will be available on the Station and other accommodations available in the local area.

For further information, please contact Warrant Officer K.W. Calbeck at the above address or at 737-1500 local 303.

Thought of the Day

"It is always with the best intentions that the worst work is done."

Oscar Wilde

LAZO MAN EXUBERANT OVER \$10,000 WIN

A member of the Canadian Armed Forces stationed in Comox, Richard Derkson of Lazo, was exuberant after he checked the winning numbers in the Vancouver Sun and learned one of the five tickets he had purchased for a recent WESTERN EXPRESS lottery draw, was worth \$10,000.

Sgt. Derkson, who bought his tickets in the canteen at the Comox base, said he was more than pleased over his good fortune. "In fact," he added, "it was quite a shock."

Sgt. Derkson said he would pay off his car with some of the money and put the balance in the bank.

In addition to five prizes of \$100,000 and five prizes of \$10,000 the WESTERN EXPRESS also offers thousands of subsidiary prizes each week.

"Fishwrapper" Exposed

Section News.....	2
Editorial.....	4
Gens du Pays.....	5
Sports.....	6
Promos & Awards.....	8
Around the Base.....	9
CF News.....	11



Photo by Margaret Parolise

Here they are folks, the CFB Comox Totems, winners of the Pacific Region Hockey Championships. More photos on page 6.

Section News

h
a
w
k
sN
e
s
t

CREW'S ROOST

Once again I find myself forced to write Nighthawks Nest against my better judgement. A VU 33 pilot told me that the brain is like a bucket. Once it's full anything else added simply runs off. Some are better trained and more selective than others and only fill up with need to know information like the Spanish phrase for another cold beer please or the memorized flight plan from Comox to Miramar to Hill. When other information is given that isn't nearly as important, the old brain goes into Ram and Dump. According to this pilot when you have to think of things yourself and then say them out loud or write them down it has the same effect as emptying out a part of the bucket and to regain the knowledge lost you have to go through all the effort of learning it again. I don't subscribe to his theory but just in case will try to keep this a little shorter than War and Peace.

Eric Matheson was short of ideas this week and was looking for a substitute with the same tenacity as Tom Chester looking for trips. While hunting through the squadron he was given some of the most imaginative excuses heard since the Nuremberg Trials. Dave Reyenga pleaded that he just wasn't creative enough. This is the same guy who claims he's black from the waist down. Joel Clarkston's excuse was that he wasn't imaginative enough to come up with a story that would keep people interested. Anybody on B flight who Joel schedules would have a hard time swallowing that one. The most often used excuse was the lack of writing ability. This excuse originated from the same guys that have memos in requesting everything from a tour on F-4's in England, to the Forces sponsored ski course in France.

Actually Bob Slack offered to provide an article but as luck would have it he even writes with an accent. By the time I'd finished translating into English and deleting the expletives it read a little like "Buck Rogers meets Mickey Mouse at Linda Lovelace's".

At any rate Eric promises to go on a cross-country soon to recharge himself. Anyone who's heard him relate his war stories at the bar after a few beers probably wouldn't feel a trip was required. Unfortunately Eric claims his hands gets shaky after five beer which is exactly the same amount he requires to relate his war stories. He'll undoubtedly stick to that story and end up with his trip so there will be no reason to come up empty handed next issue.

MEDICINE MAN NEWS

Well, it's my birth month again, and, like every year I get a feeling of paranoia, as if everyone is out to get me. March for me is time for

annual dental check-up, always a traumatizing experience. To have some big dude checking out the farthest reaches of your head through your mouth, is simply not most peoples' idea of a fun way to waste some free time. And then when he turns on the drill, they usually have to bodily restrain me. That and "See the Corporal in the blue lab coat for another appointment" must be the two worst things a person could hear.

A new mental torture connected to my birth month, as of this year, is the Air Command Physical Fitness Test. Sure, the mile and a half run is a thing of the past, but who knows what excruciatingly painful surprises the boys and girls from the Rec Centre might have in store for us this time. And this punishment is no longer reserved for those of us lucky enough to have yet to reach our thirtieth birthday, even the old tarts get the treatment now. All this talk of fitness is bringing a chill to my spine and a cold sweat to my brow. Enough already.

And just as a coincidence, I'm due for an audiogram this month. One small aural lapse in the soundproof booth (similar to the one used on all the game shows) and the sweet young Med. Aid swiftly and surely knocks down your medical category. Just like that.

In a few years, I'll come to hate March for one more reason, that is the fact that age will always defy gravity and rise with no chance of ever coming back down to a manageable level, carrying with it gray, receding hair, saggy, baggy skin, lessening sexual drive and stamina and other assorted symptoms of oldness. I think that for the next couple of years I'll hibernate right through March, and wake up as an April Fool. (Never mind that I've already done that.)

Is there any truth to the rumor that the easiest way to earn "Brownie Points" is to give your Warrant Officer a gallon of mustache wax? Probably not. I guess that I'll find out as soon as this is printed.

Everybody and his/her dog is getting posted out of here, it seems. It's that season again. Pete Morro is going to T-Bird Town (VU-33), Roch 'Pete' St. Pierre is going to 407, Lou Teriault is headed east for Chatham, Mike Daunais is going to (snicker, snicker) Bagotville along with Sylvie Julien. Chris Wilson is going to Infantry Air (444 Sqn.) in Lahar, Dennis Lyons and John Templeton have already left for Cold Lake and Trenton respectively. Debbie Heagy, Howie Krupka, Ken and Darlene Smith, Jean Brousseau, Gilles Brousseau and myself are all going to 1 CAG in Baden. There are certainly more people than this getting posted, but I haven't heard of them yet. As soon

as I hear, I'll let you know.

I was reading the writing on the wall (the bathroom wall, that is) the other day, and I decided that this is an important form of prose and poetry in the English language. Oh, I don't mean some of the crude and vulgar garbage which some folks seem intent on sharing with us; the insults on people of different sexes, races, colour, religion, language, social position or any other personal characteristics. I mean some of the imaginative wit which would otherwise have no other public forum for general distribution. Examples of this poetry must be carefully chosen in order to avoid the wrath of the editor/censor of this high quality bi-weekly periodical, but a classic which comes to mind immediately describes the anguish of a certain individual who after purchasing access to a coin operated lavatory, said individual is merely stricken with an unfortunate attack of flatulent gas. Another relates the prowess of a phantom-like poetic spectre who enjoys defacing latrine walls after the janitor has completed his appointed rounds. I'm told that women's bathroom walls are even more graphically decorated than men's, although I can't confirm this myself. If this is true, I suppose it is because women have more opportunity to sit down and think out what to write, on account of physiological differences between men and women. Everyone has their favorite latrine poetry. Feel free to share yours with the world.

Okay, calm down, here are this weeks aviation trivia questions;

1. In the mid 1930's, 'Douglas' built a bomber loosely based on the DC-2/DC-3 series of transports which at one time was the most widely used bomber in the US Army Air Corps. It was used by the RCAF with No's 161 (BR) and 167 (Comm) Sqn's. in Dartmouth, N.S. and 10 (BR) Sqn. in Halifax, N.S. What names were given this aircraft in RCAF and USAAC service?

2. During WW 2, 409 Sqn. had one pilot who became an ace (ie: 5 or more victories/kills). Who was he? Also, who was the only Canadian pilot to be credited with a kill of an enemy aircraft over North America?

3. In 1981, the British government made public its plans to retire the Vulcan bomber from service. What country approached the Ministry of Defence to buy enough 'Vulcans' to re-equip one of its Canberra squadrons, but was turned down?

4. What was the first USAF aircraft to drop bombs during the Vietnam War?

The answers are somewhere else in this issue. Take off, EH!

Mr. Servicing

Air Force Indoctrination School

THIS MONTH IN CANADIAN MILITARY AVIATION HISTORY

1918
27 March

2/Lt AA McLeod, pilot of an Armstrong Whitworth FK8 two-seater of No. 2 Sqn RFC, while attacking German troops with bombs and machine gun fire, was engaged and shot down in flames by enemy fighters. Despite five wounds, McLeod climbed out on the lower left wing and side-slipped until he crashed in No-Man's Land. He then dragged his wounded observer away from the burning wreckage and, under heavy fire, carried him to comparative safety, suffering yet another wound while doing so. He was awarded the Victoria Cross, the second to be won by a Canadian flier.

1919
25 March

No. 1 Canadian Wing, CAF, was formed in Britain to administer the two CAF squadrons. LCol. R. Leckie, DSO, DSC, DFC, was appointed commander.

1923
19 March

The uniform of the RAF, modified to include "Canadian" references, was adopted by the RCAF, although the dark blue uniform of the CAF remained in used until 1926.

1932
31 March

As a result of the depression, the appropriation for the air services was slashed from \$5,442,000 for the fiscal year 1931-32 to \$1,750,000 for the year 1932-33; 78 officers and 100 airmen had to be released from the RCAF. Civil operations were drastically curtailed.

1938
1 March

Western Air Command (authorized in 1937) was formed with Headquarters at Vancouver; it embraced all RCAF units in B.C., Alberta, Saskatchewan and Manitoba. G/C Johnson, MC, was the first commanding officer.

1941
1 March

To obviate confusion with RAF units, squadrons of the RCAF overseas were re-numbered in the 400 series.

1941
1 March

No. 403 (F) Squadron, the first of the "Article 15" units, was formed at Baginton, England. It was followed by 17 more in the next ten months.

1942
1 March

An Accidents Investigation Branch was formed at AFHQ to investigate all service flying accidents in Canada and compile data for the promotion of safety in flying. To accommodate the growing numbers of women volunteering for the RCAF (Women's Division), NO. 7 Manning Depot was opened at Rockcliffe.

1942
4 March

S/L LV Chadburn assumed command of No. 416 Squadron. He became the first Canadian trained under the BCATP to command an RCAF squadron, having won his wings at No. 2 SFTS, Uplands, on 2 October 1940.

1942
23 March

The great advances being made in aeronautical research led to the appointment of a Director General of Air Research in the RCAF. A/V M EW Stedman, OBE, who had been in charge of technical services and aeronautical engineering since 1920, was selected for this post. A/C A Ferrier, MC, succeeded him as AMAE.

1942
18 March

To strengthen the air defences of the Far East, where the Japanese tide was in full flood, No. 413 Squadron was transferred from the Shetland Isles to Ceylon. While ground personnel proceeded by boat, four aircraft made the 8,000 mile journey by air between 18 March and 6 April.

1944
10 March

A Sunderland of No. 442 Squadron, with F/L SW Butler attacked U625 which was so heavily damaged that her crew had to abandon ship. Before leaving the submarine, the enemy crew signalled "Fine Bombing" to the Sunderland crew.

1945
8 March

Col. the Hon. Colin Gibson, MC, MP, was appointed Minister of National Defence for Air.

1945
24 March

The great airborne crossing of the Rhine at Wesel was successfully completed. RCAF bomber squadrons shared in the bombing assaults that prepared the way for and accompanied the operation; No. 437 Squadron again towed gliders and carried supplies; and RCAF fighter squadrons formed part of the fighter cover.

1945
31 March

The BCATP was officially terminated, as scheduled. It had trained 131,553 aircrew in its 360 schools and ancillary units manned by a staff of over 104,000 service and civilian personnel.

1946
March-June

The last RCAF squadrons overseas were disbanded or returned to Canada.

1947
1 March

In a reorganization of Air Commands to conform with post-war plans, EAC, WAC and Nos 1 and 2 ACs were disbanded (28 Feb). In their place two geographical commands were formed, Central Air Command (Headquarters, Trenton, Ont) and North West Air Command (Headquarters, Edmonton). No. 10 Group was formed at Halifax in CAC, and Nos. 11 and 12 Groups at Winnipeg and Vancouver in NWAC. The other major formations were maintenance Command (Ottawa) and No. 9(T) Group Rockcliffe.

1950
31 March

No. 405 Sqn., the RCAF's first postwar maritime squadron, was formed at Greenwood, N.S., with Lancaster MR aircraft.

1951
1 March

No. 441 Sqn. was formed at St. Hubert and equipped with Vampire jet aircraft. F/L JAO Levesque, attached to the USAF in Korea, destroyed a MIG-15 in combat, to score the first RCAF victory in that theatre.

1953
1 March

No. 444(F) Sqn. was formed at St. Hubert PQ; the squadron bore the first new number created in the RCAF since the end of the Second World War. It was the twelfth Sabre squadron formed for the RCAF's commitment to NATO.

1953
7 March

Nos. 413, 427 and 434, the 3 squadrons of No. 3 Fighter Wing, began "Leapfrog III" from their Canadian bases to Zweibrücken, Germany.

1955
21 March

Public announcement was made that a Distant Early Warning Line of radar stations was being built across "the most northerly practicable part of North America."

1955
24 March

Three CF-100s left St. Hubert on Operation "Random 12" to fly to Britain for testing at the RAF Central Fighter Establishment. They were the first Canadian-designed aircraft to fly over the Atlantic.

1955
30 March

The first Lockheed Neptune (P2V-7) aircraft arrived at RCAF Station Greenwood NS, for use on maritime operations.

1956
20 March

A North Star of No. 412 Sqn., captained by W/C WGS Miller, took Governor General Massey on a tour of the Canadian Arctic. The tour included a flight over the North Pole on 24 march.

1957
28 March

First flight of the Canadair "Argus" at Montreal. The first "Argus" maritime reconnaissance aircraft was handed over to the RCAF on 30 September.

1958
25 March

The CF-105 Arrow interceptor made its first flight at Malton. The Arrow marked the peak in Canadian interceptor design.

1960
5-7 March

A North Star flew 6,647 pounds of medical aid and eight medical personnel to Rabat, Morocco, for onward delivery to Agadir, which had been hit by earthquakes.

1960
25 March

It was announced that the existing aircrew training with Denmark had been extended a further four years beyond 1 July. Training to "wings" standard would be provided annually for 45 Danish pilots.

1961
28 March

The first CF-104 Starfighters, manufactured by Canadair in Montreal, were delivered to the RCAF.

1964
31 March

RCAF Auxiliary units were reduced. Nos. 403, 406, 424, 442 and 443 squadrons were disbanded on 31 march. The first three had been based at Calgary, Saskatoon, and Hamilton respectively, the latter two at Vancouver. Air Defence Command was also cut back. No. 410 (AW) Squadron was disbanded at Uplands on 31 march. The next day, four Pinetree radar bases at Parent and St. Sylvestre, PQ, Edgar, Ont. and Beaverbank, NS were closed. Four additional western Pinetree sites were closed on 10 April. Station Comox was transferred to Air Defence Command control on 1 June. Finally, on 30 June, No. 414 Squadron, based at North Bay, was disbanded. The resulting pattern left ADC with three Voodoo squadrons where there had been five before.

No. 408 Squadron was assigned to Rivers, Man on 31 march to provide tactical and photographic air support for army training there. It came under the newly organized Mobile Command.

1965
3 March

F/L KA Harvey, while flying an F-84 to Edmonton, found his engine vibrating. At length the engine failed. Rather than bail out and leave the aircraft to crash in a populated area, he effected a safe landing. For this, he was awarded the Air Force Cross.

1968
11 March

No. 6 (Strike/Reconnaissance) Operational Training Unit was re-named No. 417 Tactical Operational Training Sqn.

No. 450 Squadron was formed to operate helicopters on combined operational exercises.

1971
23 March

The first of 25 Beech Corporation Musketeers was delivered to the CAF to replace the de Havilland Chipmunk as a pilot selection machine.

1974
14 March

The Minister of National Defence announced a Total Force concept whereby Regular and Reserve air units would have common duties and share equipment. The first application of the ideas was to be conducted with Nos. 418 and 440 Squadrons.

Chief of Reserves Appointed

OTTAWA -- Defence Minister Gilles Lamontagne announced that Commodore Thomas A.M. Smith, of Toronto, was promoted Rear-Admiral and appointed Chief of Reserves effective 1 February, 1983.

He succeeds Major-General John J. Dunne who is retiring from the reserves. RAdm Smith joined the Naval Reserves in 1947 as a University Naval Trainee Division (UNTD) cadet. On graduating from university in 1951 he joined the Royal Canadian Navy and served for two years before transferring back to the reserves as a UNTD training officer.

In 1960 RAdm Smith became an active officer with HMCS Hunter, Windsor, Ont. which he eventually commanded. He was then appointed as barracks commander, Canadian Armed Forces Barracks, Windsor. He served in various Canadian naval ships, and commanded HMCS Porte St Jean for several summer training periods, as well as the Great Lakes Naval Training Centre, Hamilton, Ont.

In 1976 he was appointed Senior Naval Reserve Officer for the Canadian Forces. He has also been very active with the Naval Reserve Consulting Group and with the CDA of which he was vice-chairman.

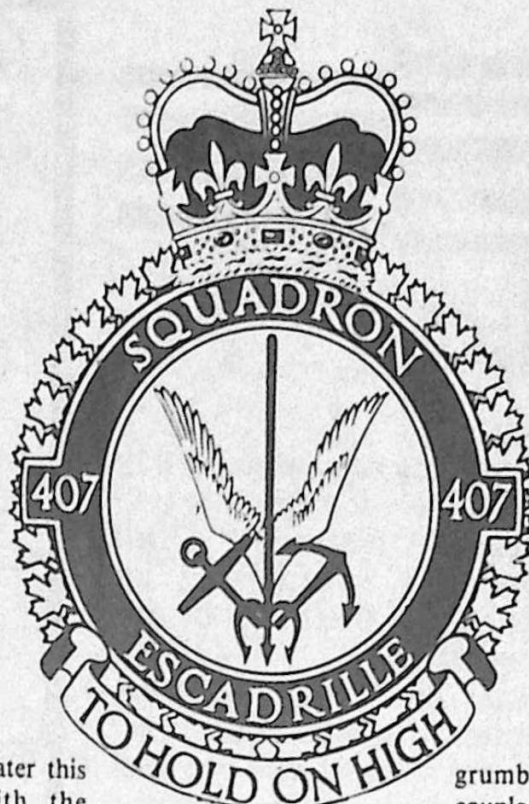
In civilian life RAdm Smith is employed by Imperial Oil Limited as a program development advisor.

VU



33

Demon



Doins

The squadron is a buzzing of activity this month. On top of our normal work, members of the squadron are being occupied by the colour preparation. Bruce is getting a few grey hairs. Is it because of the colour or training new pilots on squadron?

Jeannette likes working at the squadron; last week she came back during the evening to do some work, maybe it's because Pam is on leave or she likes working when nobody is around.

Welcome to our newest member, Doug Elliott. He will be on squadron until May and then he will leave for the great base of Portage La Prairie on pilot training. Congratulations to Bill Kerebes. He was promoted to Cpl. last week. Do you feel any better?

The ops area received a brand new carpet last Friday. Ken and Nick will never leave the ops area and everybody else will be volunteered to be on the ops deck.

Rolly, Nick and Craig are trying to get some sun this week in San Diego. Are they going to succeed?

330 WINNERS

'25.00 24 Feb WO M.O. Foote
'25.00 3 Mar Doug Black
'100.00 9 Mar Capt. Bernie Hughes

EVER BEEN TO SEA WITH A NAVY PILOT, BILLY?

The following is one of a series of articles leading up to the VU 33 Royal Air Standards presentation on 9 Apr 83. This particular article was 'stolen' from the memoirs of a well known fighter pilot.

The year was 1965. The place was Patricia Bay Airport. The occasion: my first flight with the Royal Canadian Navy Squadron VU 33. Being an ex-Sabre, ex-Starfighter jet jock, and after examining the exterior of the navy S-2F Tracker, in my opinion the VU in VU 33 stood for Very Uninteresting. This was the first opportunity I had to inspect this "Mack truck with wings". Previous to my arrival at Patricia Bay, I had suspected that the Tracker might not be the most aerodynamically sleek airplane in the world, but what I saw was ridiculous. The Tracker looked like it belonged in front of a John Deere harvester. Once my initial shock had subsided, I proceeded to inspect the rest of the exterior. "Hm, interesting. It has retractable landing gear. Hm, I see it's got some of those boys from Sony (Sonyboys). Hm, a big hook under the tail (must be for those Low level Cross Canada Mail Runs VU 33's been doing lately). Hold it! Wait! What's this? Sabotage? Destruction?

Someone has broken the wings and folded them back over the fuselage."

Realizing that the VU 33 Navy Techs might miss this sort of thing in a "B" check, I scurried over and caught the attention of the crew chief. After explaining my fighter pilot background, and after allowing the poor chap a few moments to regain his composure (I guess they don't get many fighter pilots out here), I pointed out the damage some obviously deranged person had done. The crew chief looked at the airplane for a few moments and said, "Well, Sir, that's been happening a lot lately. We just can't figure out who's been doing it. But don't you worry none, Sir, why we got a whole bucket of glue and if that doesn't work, why, we got a whole roll of that green gun tape." Somewhat reassured, I headed for the crew room and by dividing Mickey Mouse's little arm by his big arm, I ascertained we would be briefing shortly.

Soon after my arrival to the crew room, four aircrew (?) shuffled in. They all had bloodshot eyes (one of them, the pilot I think, had a patch over one eye). They all had Mexican food stuck in their beards and they all carried little flasks from which they poured a liquid solution into their coffees (probably Sweet & Low).

The meteorological brief was just that, brief. The forecaster said to expect severe icing, but not to worry, because the severe turbulence would shake all the ice off.

Next, the Observer got up (actually woke up) and began to brief us on what types of vessels we would be looking for. This particular aircrew was the most disgusting, dispicable, absolutely revolting piece of dogmeat I had ever seen (except for a SAR Tech I once met in Gander, but that's another story). This observer had a wooden leg and a metal hook where his right hand should have been. He had obviously never washed and had never had a haircut. His right nostril was missing (obviously tried to dislodge something and forgot which arm had the hook) and had a large metal nut protruding from behind his left ear. He advised us "the vessel we want to find is the DDE Rustiguts. It's identifying features are a pointy end and a square end (just like that nurse, eh skipper) and has the letters RUSTIGUTS on the hull.

Next, the pilot got up and after getting everyone's attention by walking into the wall, explained that once we located this vessel, we would fly circular patterns over top and let them track us on radar.

When the briefing was

complete, we donned our rubber emersion suit (known more commonly as Poopy Suits for obvious reasons) and donned our orange Mae Wests complete with shark repellent (any part of our box lunch).

The start on the Tracker was different than any other I had ever witnessed. There was so much white smoke billowing around the airplane that I felt I was in an infantry exercise in Gagetown.

"Tower, Navy 169 Taxi."

"Navy, Tower, Taxi Runway 26."

"Tower, Navy 169, Say again."

"Navy, Tower, Taxi Runway 26."

Those engines were sure loud! Taxiing out to the active, I contemplated how different these Navy dudes were. They spoke rarely, and when they did, they made no sense. For example, when I asked why all patrols were flown at night, the pilot simply answered, "Ya can't see golf balls at night, so ya might as well fly."

And are these Navy types close knit! On our take-off roll, the co-pilot, and the pilot held hands when advancing the throttles. At least us fighter pilots wait until we're behind closed doors.

To say our trip was uneventful would be outright exaggeration. The trip was Dull, Dull, Dull and more Dull. Seven hours of hearing the props turn, UN-UN-UN-UN. Seven hours smelling the remains of five box lunches. Seven hours of listening to the ice break off the propellers and hit the fuselage - BANG- BANG- BANG. Seven hours of being stuck in a seat designed for multiple-amputee midgets.

After this trip, I realized that all my previous assumptions about Navy aircrew were wrong. The VU 33 aircrew were, beyond a doubt, the best that I had ever seen.

My name is Billy, and yes, that's the first time I went to sea with a Navy Pilot.

C.D.F.

I came into work the other morning, and amidst all the Admin Orders for air cadet visits, tours, etc., I found this poem. The someone (he prefers to remain anonymous) who originally came across it thought it might reflect the aircrew's feelings towards our ground crew. Feeling the same way myself, I considered it was only appropriate that all of us could share in it's sentiments. Here goes!

OUR GROUND CREW

Here's to the man with a greasy hand who fuel our planes when we come into land

who fix the canopies, stop the leaks

Change the tires and all that squeaks

Tend to the rigging to make them fly straight

Wait for the planes when the pilots are late

Who smooth the scratches, rivet the panels

Check loud and clear on the radio channels

Who read all the write-ups and make the repairs

Check lines and wires for chafing and tears

Who pull the chocks and work the wings

And do a million other things

That make an aircraft safe to fly

So here's a salute to the hard working guys

From a group of fliers who too seldom ponder

The men who keep us up in the wild blue yonder.

Author Unknown

With two crews away trying to survive in the California monsoons land Standards trying to remain operational (in theory only of course) down east, the remaining flight crews have kept a low profile. While other squadrons are trying to burn up hours, we at 407 are sitting back reaping the benefits of eleven months of hard work. Of course we could always get down to some serious ground training, if only there was someone in Standards to give us some support.

Our most recent VPCC, Capt. Campbell and the phantom Crew 4 are still waiting to make their maiden voyage for 1983. J.T. insists the crew needs a flight or two before going

on to the JMOT later this spring. But with the "Super Uke" running the back end, is that really necessary?

The Nav Career Manager, at great expense to the squadron, single handedly made his debut to this part of the country. So far there hasn't been any surprises, but there was some bad news. We're stuck with McPhillips till 1986!

AMCRO

Time for another update from the AMCRO section. First of all, everyone was real pleased with Bob Roche's haircut - almost didn't recognize him. Guess the BWO did though as he was asked to work for a week in his office. Gene is still sweating over the fact that he hasn't got a speed control in his car and Bill has discovered that the best way to get a TV fixed is to take it to the repair-man right away and not after you have tried to fix it yourself. We now know where all Bruce's crabs went - most of us in the section got them.

Ron is walking normally again after his ski accident and has convinced his career manager that he needs to go on a course to learn English. Maybe it's just because the course is in Quebec.

Bob Roche has taken over the position of "head cookie monster" from the Chief. The Chief might like cookies but he sure can't keep up to Bob in consumption.

Sorry to hear that Buck is heading back to the U S of A at the end of the month. You will be missed Buck. The highlight of the month in the Tech Rep section has to be an event which was covered in a Lockheed telex which stated: "Lockheed Comox is pleased to announce the marriage of their secretary Darlene Dreher to Russ Parker. The wedding is taking place today, 11 Feb 83." The best to you both Darlene from all the AMCRO personnel. Understand that Jim has become quite proficient on the ski slope

and here's hoping that someone will find me a story on Reg for the next issue.

Linda, our PERFECT secretary, is starting to think about living in Prince George and Maj. Armstrong is wondering if they are ever going to confirm his posting to Ottawa.

Don is still keeping in shape with the old timers hockey team and Bob Roche is still dropping hints that he likes to travel. Gord has finally got his house listed and is now dreaming of beautiful Manitoba. Murray is spending his time thinking about his possible upcoming posting and his daughter's wedding this summer. Terry has gone in to the orange and grapefruit vending business and Pete is his normal self - up to his ears in alligators.

Oh yes, I forgot Bob Roche in the last column - hope we are now even Bob. I've heard a few comments on this column but so far no one has volunteered to take it over. I'm open to suggestions.

Just read this thing over and would you believe I forgot Marilyn. How can anyone forget Marilyn? I understand a certain Herc pilot will always remember her and that she probably got almost as many hours in the air last month as her FE husband did.

That's it for another month!

DIAC

Capt. Spencer risked life and limb to play a father/daughter hockey game against his daughter's team. She is the only girl on her team and feared for her father's safety. And for good reason! He seems to be a little accident prone when it comes to hockey, and he doesn't even wear skates. But he braved the goalie position and didn't seem to show too much wear and tear.

In Tactical Analysis the big news was when Capt. Schael won an Apple 2 computer while in Vancouver. Capt. Johnson was seen shaking his head and

grumbling for the next couple of days whenever it was mentioned.

Capt. Dillon said if I write anything about him he will spill coffee on my typewriter. Now I think that's getting a little nasty, but out of concern for the welfare of my typewriter I guess I can't mention anything about his antics in Australia in '77. So everyone can ask for themselves.

Our new MCSO, Capt. Todd worked his first night shift alone. He was heard to remark about the strange working hours people have around here when somebody (no name mentioned) got him up at four o'clock in the morning. Which reminds me to mention that Capt. Sparks and MWO Lahey are off to Greenwood on courses. They will return to aircrew positions afterwards. We all wish them the best of luck. But I guess this means we will have to buy an alarm clock for the MCSO's for those early morning wakeups.

407 ARMAMENT

For those of you who have had a certain curiosity concerning the every day activities of Weapons Tech Air's of 407 Sqn., I hope the following will enlighten you, although the terminology may be slightly confusing to the unaccustomed.

THE TYPICAL LOAD (05:00 a.m. LOCAL) "Demon Tech Delta - This is Demon Tech Alpha Over" "Go, Demon Tech Alpha". "Roger, we've arrive at a/c 109 with the weapons. Will commence upload in five minutes." (05:35 a.m.) "Yes OPS, aircraft 109 has the upload completed. The Flight Engineer has started his Pre-Flight inspection and will radio in for the rest of the aircrew shortly."

"A job well done MWO Code, pass my congratulations on to the load crew for an excellent time. Because of the high winds and severe rain conditions we had anticipated a one hour delay, but thanks to your guys we should be

taking off as scheduled."

"Thank you sir."

TYPICAL AFTER LOAD ACTIVITY - HUMP THOSE SONOBUOYS. Besides loading, unloading, arming, de-arming, parking and starting the Aurora, a typical snag to be encountered would sound similar to the following. A/C 116 landed with a snag entered as a minor on PSLT No. 2. However, we ran an SRT along with an off line functional and PSLT No. 2 checked out Serviceable but PSLT No. 3 was defective. We couldn't get a good print-out, the T.I.U. was u/s. PSLT No. 3 Door Defect-Store Defect-DT. read, "Replace AOIU". Suspect this is correct, hence IOR submitted. The return voucher is in the tool crib.

Speaking of rain and how it can become depressing at times, some folks manage to retain a certain sense of humour as was demonstrated by this message left in our shop's Night Book:

At around 20:45 hrs. local, the great flood of Feb. descended upon us. With great skill and courage, we fought back the rising wall of water and saved the sono Ready-Use area along with the section's offices. We request that those in positions to do something about this recurring threat to life and limb, please do so. Signed Frogie & Duckfeet.

Capt. Williams has been literally bombarded with an influx of suggestion awards and UCR's originating in the Armament shop. One might think the section is trying to break the record for the most submissions in a given time, but record or no record, the presentations and cheques keep rolling in.

Base Photo has assured WO Ainsworth, that sometime in the not too distant future, hopefully before 1984, the colour training film taken at the arming point of an actual Torpedo Load, would ultimately be ready for viewing. This latest bit of information was reassuring to him as he was becoming fearful that most of the personnel for which the film was originally produced, would be posted by the time of its debut.

Well, I must sign off for now, will write again soon. Bye - Bye.

OFFICERS' MESS

Fridays, March 4, 11, 25 -

REGULAR TGIF's: Food as indicated - 1600 hrs - 1700 hrs. Bottle draws and Jackpot. Draws at 1730 hrs. Free taxi - ask at bar.

Firday, March 18 -

MONSTER TGIF: 1600 hrs. Food will be Chicken in a Basket. Beer and Crud Games. Come out and welcome M. Gen. Paisley. Let's see if 409 can remain the Comox Crud Champs!

Saturday, March 19 -

MONTE CARLO NIGHT: Feeling lucky? Come out and try your hand at Blackjack and other assorted games. We guarantee we run the best casino in the valley! Food - Prime Rib of Beef Buffet; complimentary bottle of Wine. 1900 hrs. to 2030 hrs. Games - 2000 hrs. Cost - \$25.00 per couple. Reservations to Mess Manager by March 16. Dress - Casual.

WOs' - SGTs' MESS

MARCH ENTERTAINMENT

March 11

March 14

March 17

March 18

March 25

March 26

TGIF - Barbecued Chicken

Wives' Club - FASHION SHOW & COLOR CODING

MESS DINNER

BOSS'S NIGHT AT Jr. Ranks Club

MIXED TGIF - Games, Prizes,

FOOD: Sweet & Sour Spareribs

OLD TOTEMS HOCKEY CLUB PARTY

★ The Lounge will be open to regular members & guests after the Hockey Club Dinner.

★ No Charge, Dance to AREA CODE 604

MOVIES AT THE MESS EVERY SUNDAY NIGHT
UPCOMING EVENTS: April - Sportsmens Bingo & Dance

Going to buy a 10 speed bike this summer? Why not try to win a VU-33 bicycle? Ask your local friendly VU-33 member to sell you a ticket for the draw.

Editorials

Moving?

One of the key selling points of the Armed Forces is the opportunity to travel. A lot of new recruits have never been out of their home province and are excited at the prospect of visiting exotic places such as Angus, Ontario; Portage La Prairie, Manitoba or Moose Jaw, Saskatchewan. A young recruit can easily find him or her self underwhelmed by the awesome physical beauty or cultural impact of these locales and become bored with their posting.

Because of the "grass is always greener" syndrome, Forces personnel spend a fair amount of effort begging for transfers. Added to the number of normal moves, due to postings and the usual changes in residence while at a posting, these requested moves often mean an airman's furniture has travelled more than the average civilian. Unfortunately, moving is about as much fun as herpes and almost as destructive both to the sanity of the individual relocating and his possessions.

While at university I spent a few summers working for a moving company and frequently handled military contracts. Because of this, I thought I would pass on a few tips that will help your possessions arrive to the new location in the same condition as when they left.

Try to clean up as much as possible before the movers arrive and have all similar items together in one place. This permits ease of movement and cuts down on trips back and forth throughout the house.

Don't prepack any article in boxes you've picked up at the supermarket. Movers use new standard size cartons that are clean, strong and because of the standard size, allow themselves to be tightly stacked in the moving van. Also due to

restrictions on transporting flammable, corrosive or explosive materials, all prepacked boxes must be opened and inspected by the packers.

Stay out of the way of the movers. The more you hover over them, the slower they can work. If you're nervous about a particularly treasured item being carried out to the van, close your eyes and go to another room. Chances are that nagging or bothering the movers carrying that article will only irritate them and make them less careful.

Don't load trunks or cases with books. A trunk load of books weighs about the same as a refrigerator and more often than not damages the trunk.

Be polite to the movers. The way you treat them is directly proportional to the way they will treat your belongings. A nice touch is to keep a pot of coffee on the stove, some pop in a cooler, along with some beer. If you can manage a few sandwiches, they would likely be appreciated. By offering the movers coffee in the morning, a cold pop and sandwiches in the afternoon and a beer when they are finished, they will treat your furniture with more respect than if you ignored them for the day. A tip of about five dollars a head wouldn't hurt either. By investing twenty dollars at each end of your move you can save yourself many times that amount in damage to your furniture and your emotional well being.

Carry extra insurance. Check the amount that the military will insure your belongings and the terms of collection. Chances are you'll try to purchase as much extra as possible from civilian companies.

By heeding these few suggestions a move can be made quite a bit easier on the nerves.



Letters:

Apparently a Woman's Place is in the Home

To The Editor:

In response to your editorial entitled 'Womens Place is in The Home', I must violently disagree with your unfounded observation that women that work in the home are using their spouse as a meal ticket. Ridiculous! Most homemakers probably work harder than their husbands. I, sir, am a homemaker. That is exactly what I do; I make a home for my husband, and where the case may be, children. I do not find this JOB a drudgery but very rewarding. Making a home is not an easy accomplishment. I work very hard for my 'meals' in various high paying job capacities. To replace me would mean

hiring an accountant, chauffeur, cook, maid, nurse, lover and psychiatrist to mention a few. I would also hazard to say that not one of these professional people would work 18 hours a day, seven days a week, 365 days a year for room and board, no less, as I do!

It irritates me to see that you think I am a prisoner in my home, when only today I made it to the bank, my dance class, and shopping all by myself!

If you have the impression that I am a Womens Lib 'joke', I am not. Surprise! I simply believe all people should have the right to be equal with each other. I have

always been liberated as I'm sure you have, but unfortunately I have not, in the eyes of some neanderthal men, been equal.

I am not in the habit of writing to papers, but when someone insults my intelligence, I will defend myself, as I'm sure you would. Therefore, in the future, I recommend you get a woman advisor for all editorials dealing with Womens Lib or the E.R.A. In closing I would, on behalf of women around the world, like to thank you for your attempt at freeing yourself from the drudgery of male chauvinism.

Sheila Winter
Comox

To The Editor:

What is it about your average, middle-class housewife that would move you to write an editorial about us.

I'm sick and tired of the small minds among us who insist on desecrating the housewife. I for one am not ashamed to say I'm a housewife and I resent the insinuations of other "superior" beings who have a job. As far as my husband and son are concerned I hold down an important job but people such as you don't recognize the

fact. I feel very strongly that a person's worth should not be measured by their pay cheque.

It seems sad to me to consider the possibility that a streetwalker could command the respect that I would like merely because she has a "job".

Trudy Hunt
Comox

P.S. You aren't related to Judy Erola, are you?



By Gordon Hardy of the People's Law School

Law Talk



Contract Law

The fourth in a series of seven articles on contracts.

Two men plan to rob a bank. Not trusting in honor amongst thieves, they agree in writing to split the proceeds fifty-fifty. After the successful robbery, one of the men runs off with the entire amount. Has he violated a contract?

Not according to the law of contracts. Contracts to break the law are not valid and certainly will not be enforced by a court (although in our hypothetical case, the empty-handed robber may be tempted to "take out a contract" on the life of his dishonorable partner.)

Contracts must be legal and they are only binding on the parties to a particular contract. Only those parties are entitled to com-

pensation if the contract is broken. This is called *privity of contract*.

Privity of contract can have adverse affects on consumers; for instance, if you bought and paid for a condominium and then discovered that its construction was faulty, you would not be entitled to sue the builder for breach of contract - his contract was with the developer, not you. The developer could sue the builder for breach of contract but might be unwilling to do so.

The purpose of privity of contract is to restrict the liability for breach of contract to only those people who are parties to the contract. In our example, the

builder promises only to the developer to build condominiums of a certain standard, not to the purchaser. Privity of contract prevents the purchaser from suing the builder because the purchaser was not party to the contract.

However, if you purchased an item from a retailer on the basis of promises made by the manufacturer regarding the item, you may have a contract with the manufacturer and may be able to sue.

Unfair situations, such as the one we mentioned with the condominium purchaser, have resulted in calls for changes in the law; these changes would reduce privity of contract and

allow outside parties greater opportunities to seek legal remedies. Privity of contract in certain limited cases has been abolished in Saskatchewan and New Brunswick.

Promises in a contract are called *terms*. They may be either express terms or implied terms. Express terms are those promises which the parties to a contract make in writing or by mouth. If a salesperson tells you, for instance, that a lawn mower will function without sharpening for three years, his statement may be an express term. Since spoken promises are far harder to prove than written ones, it is a good idea to take along a reliable

witness when making a purchase on the basis of a salesperson's spoken assurances. A witness' verification is valid evidence in a court of law.

If you are about to enter a contract, do not hesitate to add terms of your own if you wish. A good example is the purchase of a used car; before signing the Agreement to Purchase, the smart buyer adds the phrase "Subject to my mechanic's approval". Thus, if your mechanic tells you the car is not a good buy, you may be able to get out of the contract without risk.

A BROKEN CIGARETTE IS A LITTLE FREEDOM GAINED.



THANKS FOR NOT SMOKING.

TOTEM TIMES

Published every second Thursday, with the kind permission of Colonel Dobson, Base Commander, CFB Comox. Second Class mail registration is 4098.

EDITOR: Kurt Saladana (Loc. 2409)

ASSISTANT EDITOR: Jack Gibson (Loc. 2249)

BUSINESS MANAGER: Starr Beachey (Loc. 2548)

CIRCULATION MGR: Lucien Senneville 338-5074 (Loc. 2236)

SECRETARY: Michelle Ramesbottom 339-5790

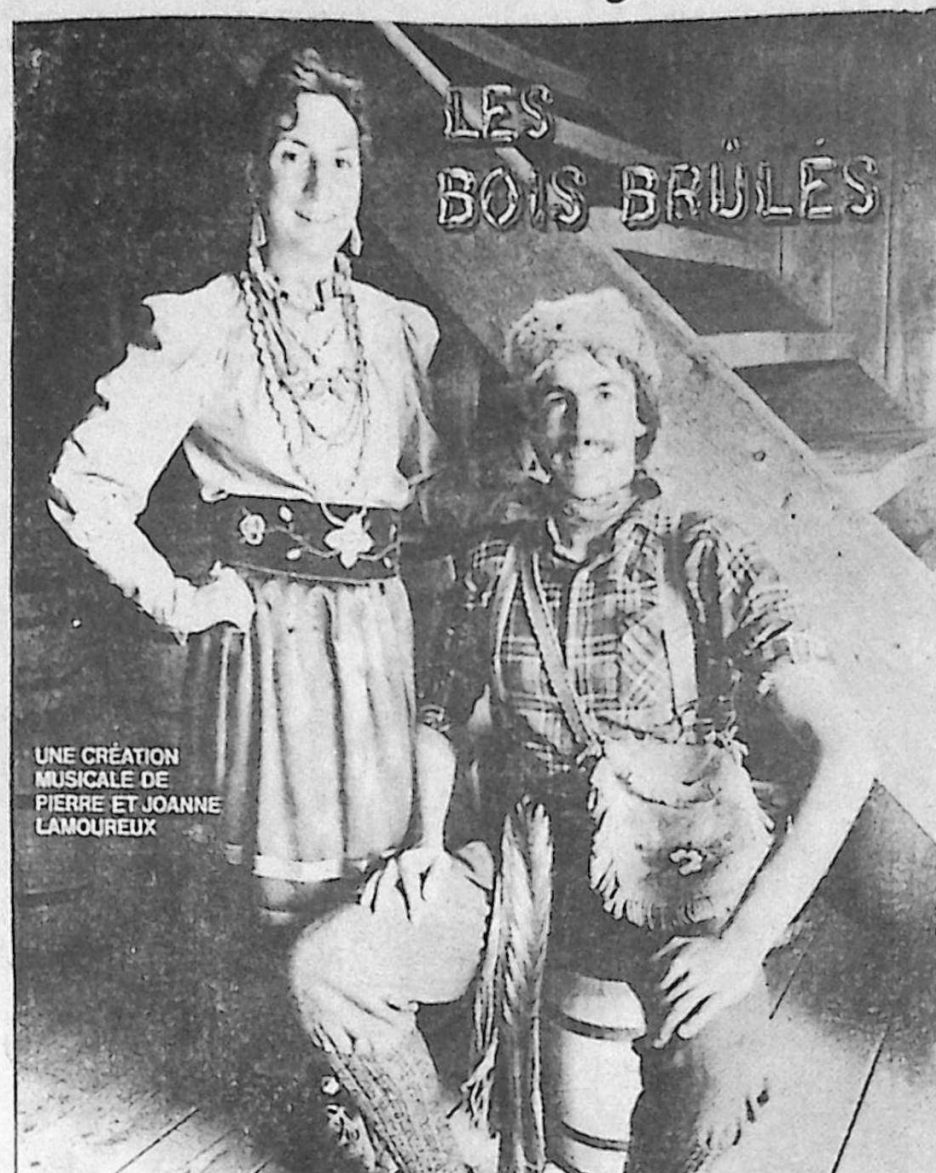
EDITORIAL STAFF: Michel Bourdus

PHOTOGRAPHERS: Ann Howlett, & Base Photo

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item. "Advertising is an offer to sell and may be withdrawn at any time." Address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C. V0R 2K0. Subscription Rate \$5.00 per year.

Printed in Courtenay, B.C., by the Comox District Free Press

Gens du Pays



UNE CRÉATION
MUSICALE DE
PIERRE ET JOANNE
LAMOUREUX

THEATRE POUR ENFANTS

En 1816, près de la Rivière Rouge, vivait un peuple libre et fier, qui aimait vivre près de la nature. Il chassait, trappait et faisait la traite. Les gens parlaient l'anglais, langue de leurs pères et la langue indienne de leurs mères. Ils aimaient bien s'amuser en jouant du violon et en dansant. Ils étaient heureux, ce peuple s'appellait, LES BOIS-BRÛLÉS!

Spectacle relatant la vie des trappeurs, coureurs de bois et voyageurs durant la découverte de l'Ouest Canadien.

Une idée originale de Johanne Martineau et Pierre Lamoureux.

Le 22 mars 1983, 9:30 a.m., Gymnase d'Airport School, (école des PMQ).

Une Pre-Maternelle Française

Si la demande est suffisante il serait possible d'avoir une pré-maternelle française pour septembre 1983. Les personnes intéressées sont priées de communiquer avec Paulette Leblanc 339-5651 ou Jocelyne Schael 339-7165. N'HESITEZ PAS, NOUS L'AURONS, SI VOUS LA VOULEZ!

Le comité se fait plaisir d'accueillir Chantal Aubé au poste de directeur du culturel. Bonne chance et bien du succès dans ton nouveau poste.

LA PROCHAINE REUNION DU COMITÉ
SERA MARDI LE 15 MARS 1983 A 7:30
P.M.

ATTENTION

Votre local a besoin d'une table rectangulaire pour le coin du café. Donc si vous avez une vieille table dans votre garage ou le sous-basement qui vous embarrasse, nous ferons un plaisir d'aller la chercher.

Merci, 339-5313

EST-CE qu'il y a des joueurs de "GO" et d'Échecs parmi vous? Ces jeux sont disponibles au local le Dimanche de 1:00 à 4:00 p.m., ainsi que des cartes à jouer, livres, musique, ETC.



PACIFÈTE 83

Pacifète83

C'EST QUOI?

Pacifète 83 c'est avant tout la fête des Franco-colombiens qui permettra à tous les artistes et à tous les artisans francophones de participer à une compétition artistique. Les comités organisateurs régionaux organiseront une manifestation culturelle qui aura pour objectif de sélectionner un gagnant dans chacune des catégories suivantes: arts classiques, arts visuels et arts populaires et folkloriques.

Un gala provincial, qui se tiendra le 24 juin 1983 au Théâtre Queen Elizabeth de Vancouver, regroupera les gagnants de chaque région.

Les Objectifs

Pacifète vise à développer et à augmenter le sentiment d'appartenance des franco-colombiens à leur communauté.

Pacifète veut identifier et promouvoir le plus grand nombre possible d'artistes et d'artisans franco-colombiens vivant en Colombie-Britannique.

Pacifète regroupe la communauté francophone dans l'organisation et dans la participation, à différents niveaux entourant l'événement de leur région et le gala provincial.

Catégories d'Arts

Arts classiques: le ballet, musique classique, théâtre classique, etc.

Arts populaires et folkloriques: auteurs, compositeurs, interprètes, musiciens, etc.

Arts visuels: sculpture, dessin, photographie, peinture, etc.

Gala Provincial

Le 24 juin 1983, le Théâtre Queen Elizabeth de Vancouver se fera l'hôte du gala provincial de Pacifète 83. Les gagnants de chaque région se rencontreront en finale et le jury sélectionnera le grand gagnant de chacune des catégories.

Aux Artistes et aux Artisans

Un répertoire de ressources culturelles francophones de la Colombie-Britannique sera publié. Le nom et l'adresse de tous les artistes et de tous les artisans qui auront participé aux manifestations culturelles régionales entourant Pacifète 83 y seront inscrits.

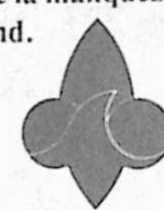
Les finalistes qui auront été sélectionnés pour le gala provincial participeront à un atelier de formation sur l'art de se produire en spectacle. L'atelier sera dirigé par un metteur en scène de grande réputation.

Ici, L'île de Vancouver, le rassemblement de tous les artistes et artisans francophones amateurs aura lieu les 16 et 17 avril prochain à Nanaimo dans le cadre de la partie de sucre annuelle de l'île. Une fin de semaine qui promet d'être intéressante... Déjà, près de 25 individus et groupes artistiques provenant de Courtenay, Port Alberni, Nanaimo, Campbell River et Powell River et Victoria participeront à l'événement.

Qu'importe votre spécialité, vous pouvez vous y inscrire jusqu'au 1er avril en téléphonant à Diane à 339-5313 ou à Suzanne à 669-5264.

A vous tous, artistes et artisans, une chance vous est offerte; ne la manquez pas!

On vous y attend.



FILM

Lundi Le 14 Mars 1983
Au Local GENS DU PAYS
8:00 p.m.

\$1.00 Membre

\$2.00 Non-Membre



COULEUR
115 MINS.

je suis heureuse,
normale...
sauvez-moi!

CAROLÉ LAURE

dans
LA TÊTE
DE
NORMANDE
ST-ONGE



un film de
Gilles Carle

DRAME PSYCHOLOGIQUE
18 ANS

Advertising...

lets you know
what's what.

CANADIAN ADVERTISING ASSOCIATION

SERVICE DIRECTORY

WE'RE
NUMBER
ONE

Custom
Upholstery

- * AUTOMOTIVE
- * Late Model and Vintage
- * VINYL ROOF
- * CONVERTIBLE TOP
- * MARINE
- * FURNITURE
- * COMMERCIAL WORK
- * FREE ESTIMATES

Telephone 334-3242

SUPERIOR UPHOLSTERY

300 ISLAND HWY.
(Corner Ryan Road)
COURTENAY, B.C.
V9N 3P2
PAT McCAFFREY
DON ORR

GOODS GROCETERIA

P.O. BOX 190, LAZO, B.C.

339-2376

VOR 2K0

MEAT SHOP
339-3800

RED & WHITE
FOOD STORES

RED & WHITE
FOOD STORES

LAWSON ELECTRONICS

2703H Kilpatrick Ave. 338-6631
Courtenay, B.C. (Behind the Driftwood Mall)
service for all makes
TV, Stereo & Microwave Ovens
Warranty Depot For Most Major Brands
Sales & Service For Auto
Stereo, Marine VHF, C/B's, Depth
Sounders, Zenith T.V.

COMOX HARDWARE LTD.

A COMPLETE LINE OF
HARDWARE, PAINT,
APPLIANCES AND
FISHING TACKLE

IN THE
SHOPPING CENTRE



339-2911

COMOX MINI WAREHOUSE

U

- * Store It
- * Lock It
- * Keep the Key

CLOSE TO THE BASE & PMQs

- * Safety
- * Security
- * Supervision

Knight Rd. & Pritchard Rd., Comox, B.C. 339-3424

TELEPHONE 338-8200



TIRE STORES

OUR TIRES GO AROUND WITH THE NICEST PEOPLE

971 CUMBERLAND ROAD - JOE PARKINSON
COURTENAY, B.C.

BAYVIEW COLOR CENTRE

3080 Comox Rd.
Courtenay B.C.

(Next to Animal Hospital)

339-3711

SERVING THE COMOX VALLEY WITH SHERWIN-WILLIAMS,
BAPCO PAINTS AND OLYMPIC STAINS.
Come in and see our large selection of
Wallpaper Books

COMOX VALLEY READY-MIX LTD.

CUMBERLAND, B.C.

PH. 336-2218

Ready Mix Concrete
Sand and Gravel
Trucking
Cement Finishing
Drain Rock
Loaders

COURTENAY LUMBER

SPICE SEZ

QUALITY SERVICE
& LOW PRICES
120 ISLAND HWY.
COURTENAY, B.C.
338-6788

HARTMAN AUTO SUPPLY 338-7261

367 - Sixth St., Courtenay, B.C.



BRANCHES IN
CAMPBELL RIVER
& PORT ALBERNI

*Alternators
*Voltage Regulators
*Rewind Electric Motors
*Tune-Ups
*Starters
*Fast Service
COMOX VALLEY AUTO ELECTRIC
(Foot of Ryan Road Hill)
338-5073



'Bicycles, Tricycles
and lots of accessories'
Full repair service

PEDAL PUSHER

NOW OPEN AT OUR NEW LOCATION
- 137 - 5th St. -
BELOW THE MAIN CIVIC PARKING LOT
334-4845

SEASIDE MOTORS

SERVICE - SALES - PARTS
FOR
ALL VOLKSWAGENS
401 Ryan Road
Courtenay, B.C.
PHONE 338-6791



KEYS • LOCKS • ALARMS • SAFES
SECURITY HARDWARE

Courtenay Locksmith
&
Alarm Service

DON DAIKENS
Bus: 330-6442
Res: 339-4670

851 5TH STREET
COURTENAY B.C.
V9N 1K6

Sports

VOLLEYBALL

"A" Division

TEAMS	GP	W	L	PTS F	PTS A	PTS	STDS
BTelO	9	15	8	302	234	30	1
BAMSO	8	13	6	269	188	26	2
F.H.	8	12	8	255	223	24	3
DET 5	7	8	9	191	198	16	4
Bldg 28	7	6	9	139	177	12	5
7 Hng	9	3	16	116	252	6	6

"B" Division

TEAMS	GP	W	L	PTS F	PTS A	PTS	STD
C.E.	6	12	8	180	78	24	1
Admin I	7	10	5	195	158	20	2
Maint (L)	6	8	6	179	146	16	3
Admin II	7	8	6	174	169	16	4
BCompt	7	7	8	186	147	14	5
407	8	4	12	147	183	8	6
442	7	0	12	0	180	0	7

INTERSECTION VOLLEYBALL SCHEDULE/PLAY-OFFS "A" DIVISION

DATE	TIME	COURT I	COURT II
Wed 23 Feb	1130	7 Hangar vs Det 5	Bldg 28 vs BAMSO
	1215	Firehall vs 7 Hangar	BAMSO vs BTelO
Tue 1 Mar	1130	7 Hangar vs Bldg 28	BTelO vs Det 5
	1215	Firehall vs BAMSO	BTelO vs 7 hangar
Wed 9 Mar	1130	Firehall vs Bldg 28	BAMSO vs Det 5
	1215	Det 5 vs BAMSO	Bldg 28 vs Firehall
Wed 16 mar	1215	7 Hangar vs BTelO	Det 5 vs Bldg 28

"B" DIVISION

Thu 24 Feb	1130	407 Sqn vs BCompt	Admin I vs Maint(L)
	1215	Admin II vs 442 Sqn	CE vs Admin I
Thu 3 Mar	1130	CE vs 407 Sqn	Maint(L) vs BCompt
	1215	Admin II vs Admin I	407 Sqn vs 442 Sqn
Thu 10 Mar	1130	442 Sqn vs Admin I	Admin II vs 407 Sqn
	1215	Ce vs Maint(L)	BCompt vs Admin II
Thu 17 Mar	1130	442 Sqn vs BCompt	Admin II vs CE
	1215	Admin I vs 407 Sqn	442 Sqn vs Maint(L)
Thu 24 Mar	1130	BCompt vs CE	Maint(L) vs Admin II
	1215	407 Sqn vs Maint(L)	Admin I vs BCompt
*Wed 30 Mar	1215	CE vs 442 Sqn	Admin I vs Admin II
Thu 31 mar	1130	Maint(L) vs Admin I	442 Sqn vs CE
	1215	BCompt vs Maint(L)	407 Sqn vs CE

Intersection Hockey

The Intersection Hockey play-offs are underway. The following schedule explains who plays who, on what day and time.

The winner of last nights game between 409B and ATC will play the winner of last nights game between Security and 407A on Monday 14 march at 2000 hrs.

The winner of last nights game between BAMSO and 409A will play the winner of the match to be played on Monday, 14 march between VU 33 and 442, on Wednesday, March 16 at 1815 hrs.

The winners of the 14 march 2000 hrs game and the Wednesday, 16 march game, will play a best of 3 series for the championship. These games will be held on the 21, 23 and 28 of March at 1815 hrs.

Play-off games may be moved ahead, if ice time becomes available.

Totems Win Regional Hockey Championship



LCol. Morrice (centre) presents the trophy to team captain MCpl. Burke while the coach, WO Wayne Mitchell looks on. Below, the Totems show their winning style. Photo by Margaret Parolise

Go With Fruits, Vegetables and Whole Grains!

- WHY SHOULD I EAT MORE FRUITS, VEGETABLES AND WHOLE GRAINS? Often Canadians do not eat enough fruits, vegetables, and whole grains resulting in an insufficient intake of certain vitamins.

- I EAT OTHER FOODS, WHY CAN'T I GET THOSE VITAMINS FROM THEM? There are certain vitamins which are found only in vegetables, fruits and whole grains.

Vegetables and fruits supply vitamin A, vitamin C, iron, folacin, carbohydrate, trace minerals, and fibre.

Whole grain breads and cereals are important sources of carbohydrate, thiamin, riboflavin, niacin, protein, iron, trace minerals and fibre.

-CAN'T I GET ENOUGH IRON FROM MY OTHER FOODS?

It is difficult to consume enough iron and thiamin without whole grain breads and cereals. This is especially true for women.

- IS FIBRE IMPORTANT? WHAT IS FIBRE?

Fibre used to be called "roughage". It is the part of fruits, vegetables and whole grains which humans can't break down into food.

It passes unchanged through the intestinal tract to be excreted as a bulky, soft residue.

- WHY IS FIBRE GOOD FOR ME?

Sufficient fibre in the diet moves waste products through your digestive tract quickly.

It has many beneficial effects including:

a. it helps improve and maintain good bowel habits;

b. it helps people feel full and satisfied when on a reducing diet;

c. it is thought that fibre helps a diabetic's blood sugar level;

d. it is thought that fibre helps move dangerous (cancer causing) substances through your system quickly. Thus, your intestinal tract is not in contact with these substances for a long period of time.

-WHAT FOODS ARE HIGH IN FIBRE?

Foods which are high in fibre are:

a. fruits and vegetables: especially the skins, seeds and membranes. Eat the skin if possible.

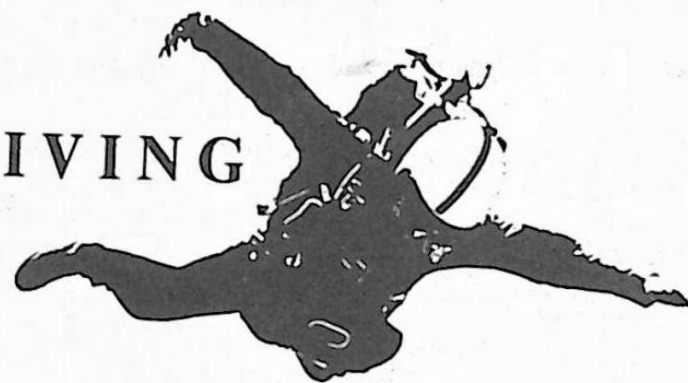
b. whole grains: cereals, breads, rolls and other baked goods made from whole wheat, cracked wheat, rye, bran, and oats.



Photo by Margaret Parolise

COME ONE COME ALL and discover

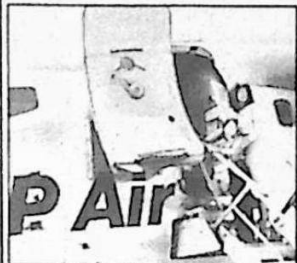
SKYDIVING



WHO: CFB Comox Sport Parachute Club
WHERE: RCAF Hall
Between Canex and Lazo PO
WHEN: Thursday, March 3 at 8:30 p.m.
WHAT: Films, Pictures, Sport parachute gear, discussion and jump stories

(COFFEE OR BAR SERVICES AVAILABLE)
EVERYONE WELCOME

THE TEAM FIGHTING CANCER IS WORKING FOR YOU.



The Canadian Cancer Society's Patient Services Program provides financial assistance, support and encouragement to needy cancer patients and their families.

If you or someone close to you has cancer, please contact your local Canadian Cancer Society for information about the many volunteer support programs available.

Can Cancer Be Beaten? You Bet Your Life It Can!

Intersection Broomball

The Intersection Broomball Semi-finals are well underway and should be completed by the time this is published. Presently 407 and Headquarters are battling it out for the championship. At the end of the regular season's games 407 finished in 1st place with Headquarters 1 point behind them. Third place went to Security and 442 ended up last.

In their semi-final games, both Headquarters and 407

Squadron defeated their opponents two games straight, setting up this confrontation for the Finals. (407 may have an advantage as the top players from Headquarters, by their own choice, have departed for the CF Broomball Nationals.)

A Consulation Match between Security and 442 Squadron will be played to determine 3rd and 4th spot.

Final results will be published in the next issue of the Totem times.

National Coaching Certification Program

CFB Esquimalt will host a Level II Coaching Course the 17th, 23rd and 24th of April 1983 at the Naden Gymnasium. The cost is \$15.00 per person.

Interested personnel are to contact WO Dupuis at the Rec Centre, local 2542, no later than 4 Apr 83.

authorized AUTOPLAN agent

YOUR PROPERTY ASSESSMENT MAY BE DOWN!

but: Your "INSURANCE" should reflect what it would cost to "REPLACE" your home & contents today!

★★★★★★★★

ASK US FOR A COMPUTERIZED EVALUATION OF YOUR HOME - WITHOUT OBLIGATION. AT:



Comox Valley INSURANCE Service Ltd.

Opposite the Courthouse

338-1401



339-2277



Port Augusta Motel

★ Indoor Pool ★ Sauna ★ 1 & 2 Bedroom Suites ★
★ Kitchenettes ★ Waterbeds ★

Featuring



RESTAURANT

Breakfast, Lunch, Dinner - 7 Days a Week

2032 COMOX AVENUE, COMOX, BRITISH COLUMBIA, V9N 4A7 339-6311

EW

1 Show Sunday to Thursday - 8:15 p.m.
Two Shows Fri. & Sat. 7:00 & 9:00 p.m.

Adults \$3.75, OAP \$1.75, Child \$1.75

Now Showing to Thurs., March 10, Mel Gibson "THE YEAR OF LIVING DANGEROUSLY" **MATURE**
"Occasional violence, coarse language & swearing." - B.C. Director

Rev. "WITHOUT A TRACE" will be showing at a later date.

STARTS FRI., MARCH 11

Dan George

"THE SPIRIT OF THE WIND" **GENERAL**
See your local paper for further features.

Stardust

Drive-In Theatre

Corner Williams Beach Road & Island Highway
ALL ADMISSIONS \$4.00
ALL-NITER \$4.50

Box Office 7:30; Show 8:15 p.m.

Fri., Sat., Sun. - March 11, 12, 13
"PINK FLOYD THE WALL" **MATURE**
"Warning - Frequent gory violence, occasional suggestive scenes." - B.C. Dir.
- PLUS - Bette Midler
Rip Torn "JINKED"
"Occasional very coarse language & swearing."
- B.C. Director

Promotions and Awards



MCpl. Maidment, a SAR tech with 442 Squadron, received \$250.00 for his proposal to fit a locally manufactured handle to the back of the safety restraint harness used by Search and Rescue technicians during sky genie and hoisting operations from hovering helicopters.



Sgt. Gerry Gray, Lab Flight Engineer with 442 Transport and Rescue Squadron receives the CDS Commendation from the Chief of the Defence Staff at ceremonies recently held at MARPAC Headquarters in Esquimalt. Sgt. Gray received the honor in recognition of a rescue conducted by 442 during the Squamish floods of 1981.

HURRY HURRY HURRY

WINE FOR SALE

In All The Messes

Ask For

"Chateau Trente-Trois Superieur"

VU-33



During his recent visit to AFIS, Col. J.I. Hanson, CD, Commandant Canadian Forces School of Aerospace and Ordnance Engineering (CFSAOE) presented the CFSAOE Plaque to the Commandant and Staff of the School. The plaque has been placed on display in the AFIS "Blue Room".

Unclassified



RIVERSIDE PARK RENT REDUCTIONS

Does Your Rent Include?

fridge, stove, dishwasher, washer and dryer in all 2 bedroom units, fireplaces and large balconies, 1 1/2 baths with Jacuzzi tubs, saunas and exercise room, party room with wet bar and ping-pong, swimming pool, free cablevision, excellent view suites available, extra large suites, rents from \$380.00

If not

PHONE 338-5902

"Best value for your rental dollar" CUSTOM PROPERTY MANAGEMENT LTD.

"BEER STRIKE AHEAD"

or

"Are you fed up with paying almost \$8.00 for a dozen beer?"

Then why not brew your own - For only \$34.00 you can get all the necessary equipment plus ingredients for 50 bottles of beer postpaid. Your first batch will pay for the kit. After that, ingredients for subsequent batches is only \$14.00 (postpaid) - a substantial savings. Different kinds of beer are available. Delivery within two weeks of receipt of order. Write

The Beer Store
5103-40 Avenue
Edmonton, Alberta
T6L 1B3

Video Games Galore
543-6th St., Courtenay
Intellivision, Coleco & Atari, Video Games, Rentals, Sales & Exchange Memberships available.
338-7623

2 or 3 bdrm MOBILE HOMES FOR SALE.

Have excellent investment potential, from only \$10,000. Here's your chance for off-base privacy, for about \$1,200 down & less than \$300.00 mo. including pad rental.

Call Logan or Dave at 338-6716 for more details.

Reconditioned Televisions

Color and Black & White

Reconditioned Appliances

Otters Stores

beside Courtenay Hotel
440 N. Island Hwy.
334-3332

LET'S MAKE A DEAL

Used Furniture at

Affordable Prices

chesterfields, day beds,

hide-a-beds, single, double

& queen size beds, easy

chairs, tables, dressers, TVs

& stereos, appliances,

pocketbooks & more.

Come to

P & A TRADING

across from Stardust

Drive In, Merville

337-8433

Open Mon. to Sat.

10:30 - 5:30

CAKES

Baked and decorated for all

occasions.

Weddings, Birthdays, etc.

339-2170

COLOR CODING

The latest for fashion Your right colors can enhance your beauty. For only \$5.00 be coded to your season

Free facial included.

For appointments or more information call:

Papillon Studios

339-3344

"Professionally Trained in Victoria"

MUST SELL

1972 BMW Motorcycle

R75/5. Runs well. \$1800.00

Phone 339-2149

Mother of One

Will Babysit in own home

Tyee Park area - 5 days a

week - "Salary negotiable"

339-5416 ask for Joanne

★★★★★

FOR SALE

Top Quality, Hot Point, 17

cu. ft. Frost Free Fridge

and Range with Self

Cleaning Oven. Almond

coloured. Replacement

Cost \$2300. Asking \$1800.

Am moving - Must Sell.

339-5361 or 339-2518

★★★★★

WANTED

Cottage or Motorhome for

one week this summer

Dates Flexible

Contact Mike Parker,

Victoria, B.C.

Work: 388-1840

Home: 383-5567

RATES

First Insertion - NO CHARGE

Subsequent Insertions - \$1.50 per inch

1981 DATSUN 4 x 4, King Cab, 58,000 km, Canopy, Stereo, Excellent Condition \$8,400.00. Transferred, must sell, contact Cpl. Paul Parsons

Loc 2479 or 339-7175

AMSOIL SYNTHETIC LUBRICANTS

Looking for local representatives who recognize opportunity. Start your part-time or full-time career for \$50. Write: Everlube, Box QQ3036, Stn D, Ottawa, Canada K1P 6H6.

APACHE COMPUTER SYSTEMS

543 6th St., Courtenay

March Special

ZC81 Computer, 16 K

memory plus 10 hours in-

struction in programming

\$240.00

338-7623 or 335-2642 (p.m.)

The best things in life are

expensive

A second income will help

you get the best for your

family. For more infor-

mation and details phone:

339-2201 - Loc. 2269

Ask for Larry O'Brien.

For Your Driving Pleasure

A-1 Condition '79 Capri

6 cyl., 200 cu. inch., power

steering & brakes, AM/FM

radio.

\$6,000.00

339-6110

FOR SALE

Hammond Organ

with Bench

Model Rythm 1-2-3

\$900.00 o.b.o.

Yamaha Stereo

and turntable & 2 speakers

\$1000.00 o.b.o.

White wrought iron glass

Kitchen Table & 4 chairs

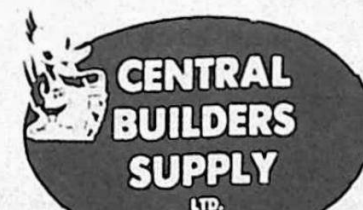
\$350.00 o.b.o.

339-3674 or 334-3124

Ask for Maureen

"Serving home owners and contractors for more than half a century"

See our six main departments for all your building needs and good advice.



Central Builders Supply Ltd.
Foot of Sixth Street
Courtenay, B.C.
Phone 334-4416

"We have everything for the builder"

CFB COMOX

RESTAURANT GUIDE



EAT IN • TAKE OUT
HAMBURGERS • SANDWICHES
FISH & CHIPS • PRAWNS & OYSTERS
SOFT DRINKS • COFFEE & TEA
DESSERTS

HOURS:
Sun to Thurs.
11 a.m. - 8 p.m.
Fri., Sat.
11 a.m. - 10 p.m.

BROWNIES
fried chicken

1743 COMOX AVE., COMOX

339-5322



COME AND GET A REAL MEAL

Open Mon. - Thurs. 11 a.m. - 8 p.m.
Fri., Sat. 11 a.m. - 9 p.m.
Sun. Noon - 8 p.m.



FAMILY RESTAURANT

Full Service Menu • Open All Year Round
AT THE DRIFTWOOD MALL

Mon., Tues., Wed. & Sat.
8 a.m. - 6 p.m.
Thurs. & Fri.
8 a.m. - 9 p.m.



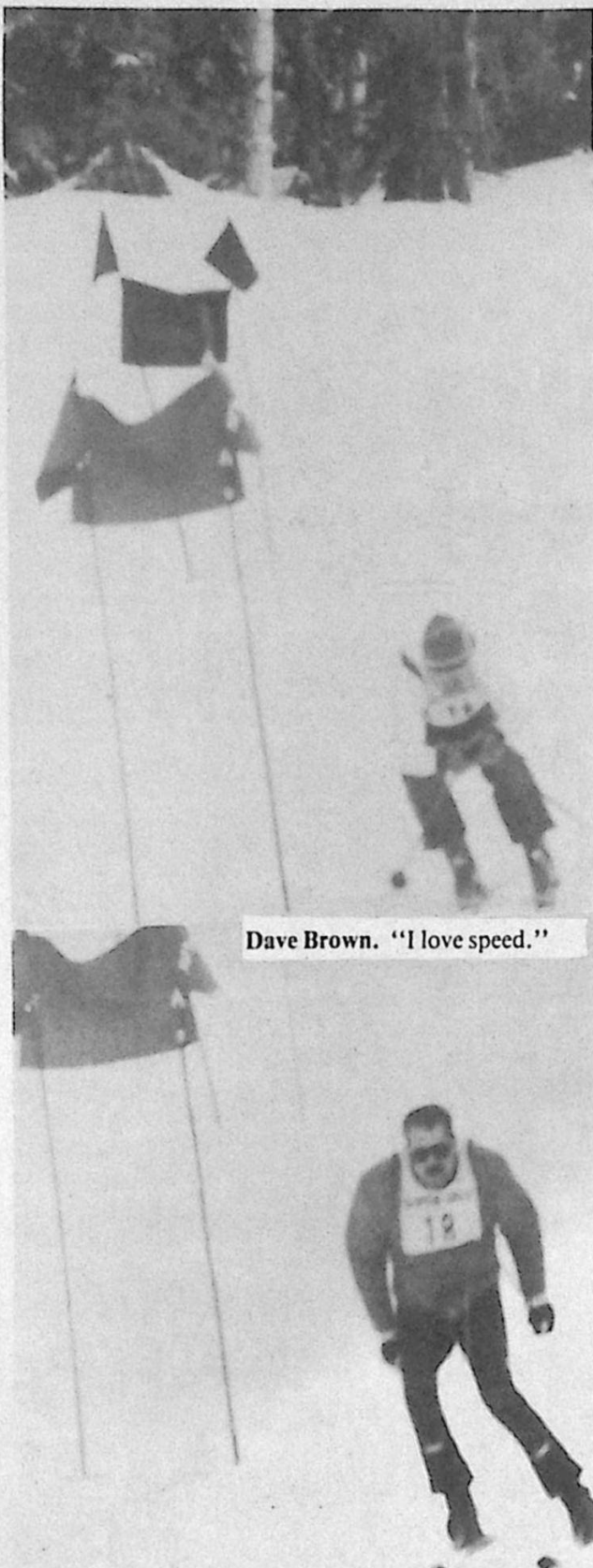
"EVERYBODY'S FAVOURITE"

1080 Cliffe Ave., Courtenay

338-5132

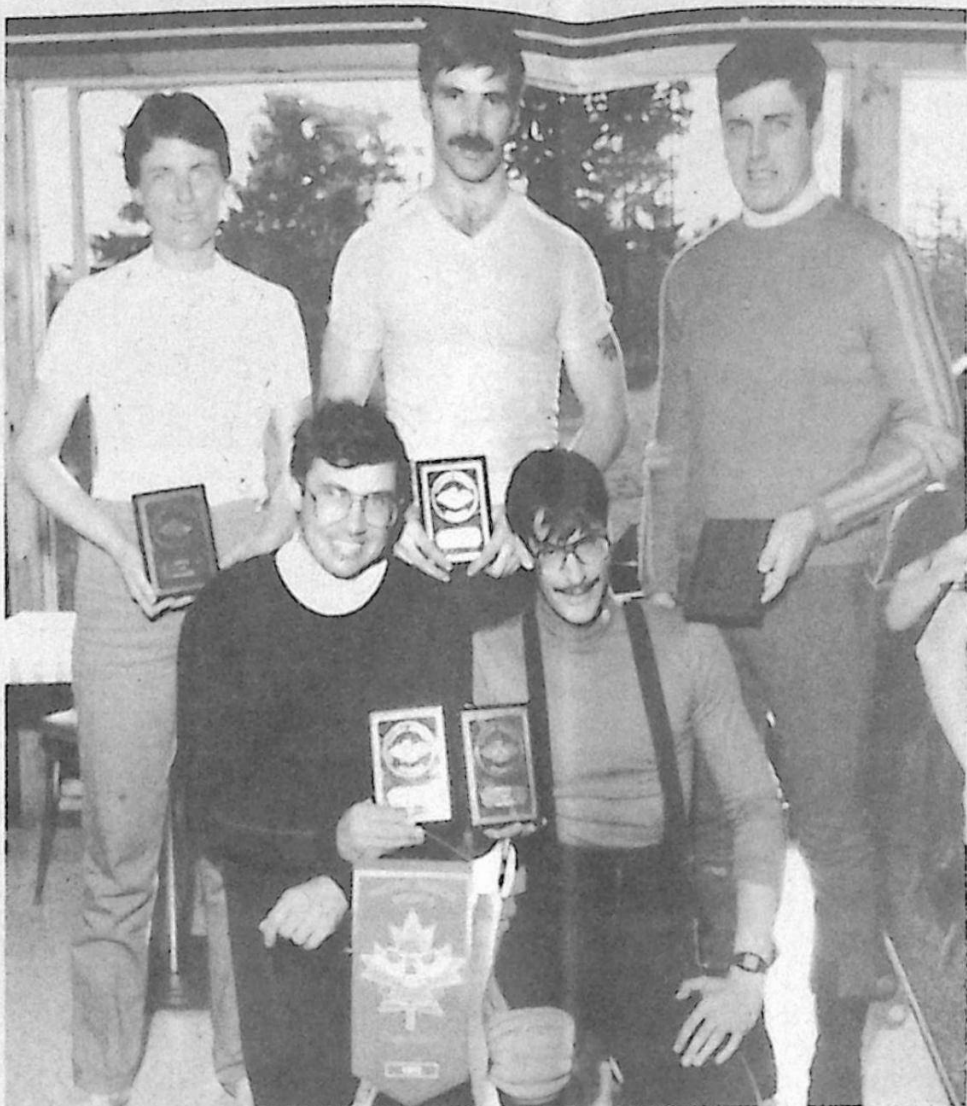
FULL DINING FACILITIES

Pacific Region Ski Championships



Dave Brown. "I love speed."

Ken MacDonald, "I just look scared. Honest I'm not!"



COMOX 'A' TEAM. Rear: Pam Morrison, Al Shanks, Dominique Landry. Front: John Finn, Claude Cipelletti.



Pam Morrison, the winning form.

Another successful event that has just been completed was the Pacific Region Alpine Ski Championships. Held on 1 - 3 March at Mt. Washington, the meet consisted of a Super Giant Slalom, Giant Slalom and Slalom. Teams were entered from CFB Esquimalt, CFB Chilliwack and CFB Comox with

representation from CFS Holberg. Claude Cipelletti from Comox dominated the men placing first in all three events with Pam Morrison also from Comox, doing likewise for the women. In the Alpine Combined, Claude Cipelletti was once again the winner with John Finn (Comox) second and

Dennis Podwell (Holberg) third. In the womens Alpine Combined Pam Morrison won with Gwen Richardson and Carol Groleau from Chilliwack placing second and third respectively.


As a base, Comox walked away with top honors. The Comox A team consisting of John Finn, Claude

Cipelletti, Dominique Landry, Al Shanks and Pam Morrison, placed first and the Comox B team with Dave Brown, John Cowen, Moe Roberts, Al Sharp and Ken MacDonald, placed second. CFB Chilliwack placed third and CFB Esquimalt was fourth.

All and all everyone enjoyed themselves; the

weather was great, the snow was fantastic and the organization was super.

I would like to thank all those from the Base involved in the running of the meet for a job well done. Our particular thanks goes out to Peter Gibson, Lorraine Robinson and Ed Schum of Mt. Washington for all their assistance. They have redefined the word cooperation.



EXTRA'S

MARCH 10 - MARCH 12

While Quantities Last

<p>DOWNEY 2 LT. REGULAR.....3²⁹ SALE.....3⁰⁷</p>	<p>ROYAL BATHROOM TISSUE 4's - 2 Ply 1⁰⁷</p>	<p>KLEENEX Man Size 60 - 2 Ply REGULAR.....1²⁹ SALE.....1⁰⁷</p>	<p>PRONTO PAPER TOWELS 2's 1⁰⁷</p>
<p>NORTHERN GOLD GRANOLA BARS Honey and Almond Honey and Peanut Honey and Coconut Honey and Cinnamon 1¹⁷</p>	<p>NABOB Tradition Coffee 369 Grams 3¹⁷</p>	<p>KRAFT CHEESE PIZZA 450 Grams 1³⁷</p>	<p>KRAFT DINNER 225 Grams 2/.97^c</p>
<p>CHRISTIE PREMIUM PLUS 450 grams 2⁹⁷</p>	<p>TRISCUIT CRACKERS 250 Grams 1⁴⁷</p>	<p>NEW ITEM Decorative Kitchen Accessories 4⁹⁹ AND UP</p>	<p>GLASS SETS WITH COMOX CREST 24⁹⁹ AND UP</p>
<p>E.T. GO HOME for 20% OFF</p>	<p>ALL BIKES 20% OFF</p>	<p>SAVE NOW 10% OFF FREEZERS</p>	<p>NORITAKE CHINA 45 PIECE SET 279⁹⁷</p>

Around the Base



**OUR LADY OF THE
SACRED HEART
CHAPEL
CFB COMOX, B.C.**

CHAPLAIN: Padre Bob Risch (UCC) Tel: 334-3575
CHAPEL: St. Michael and All Angels Protestant Chapel, Bldg No. 88
OFFICE: Headquarters Bldg No. 45, Rm. No. 48, Loc. 2273
ORGANIST: Nancy Nowosad, Tel: 338-9843
PUBLIC WORSHIP: Sundays - 11:00 hrs.
COMMUNION: First Sunday of the month.
FAMILY SUNDAY: Second Sunday of the month.
SUNDAY SCHOOL: 0930 and 1100 hr. sessions - Mrs. Carol Fetting, Supt. Tel: 339-5269
CHOIRS: Thursdays: 1830 - 1930 hrs for Juniors - Mrs. Carlson, Tel: 339-7516.

ST. MICHAELS AND ALL ANGELS PROTESTANT CHAPEL

BASE CHAPLAIN (RC): Maj. Julien Rheault: 339-2211, Local 2274
MASS SCHEDULE HOURS:
Saturday 1900 hrs
Sunday 1000 hrs
Weeks Days 0900 hrs (No Mass Thursday)
BAPTISMS & MARRIAGES: By appointment - notice well in advance.
CONFESSIONS: Confessions are heard 30 minutes before all Masses and any time on request.
CHOIR: Meets at the Chapel on Thursdays at 7:00 p.m. New members are always made welcome.
CATHOLIC WOMEN'S LEAGUE: Meets every second Tuesday of the month at 8 p.m. in the Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. For further information call the President, Mrs. Eva Schwab at 339-4791.
PARISH COUNCIL: Meets every second Wednesday of the month at 1:00 p.m. in the Parish Hall.
ALTAR SERVERS: Under the direction of Carl Dip-sell. For info call 339-2361.
CATECHISM CLASSES: Each Wednesday in the PMQ School from 6:30 to 7:30 p.m. for children from Grades 1 to 7. Children in grade 2 are prepared for First Confession and First Communion.

CFB COMOX MILITARY CHRISTIAN FELLOWSHIP

MCF



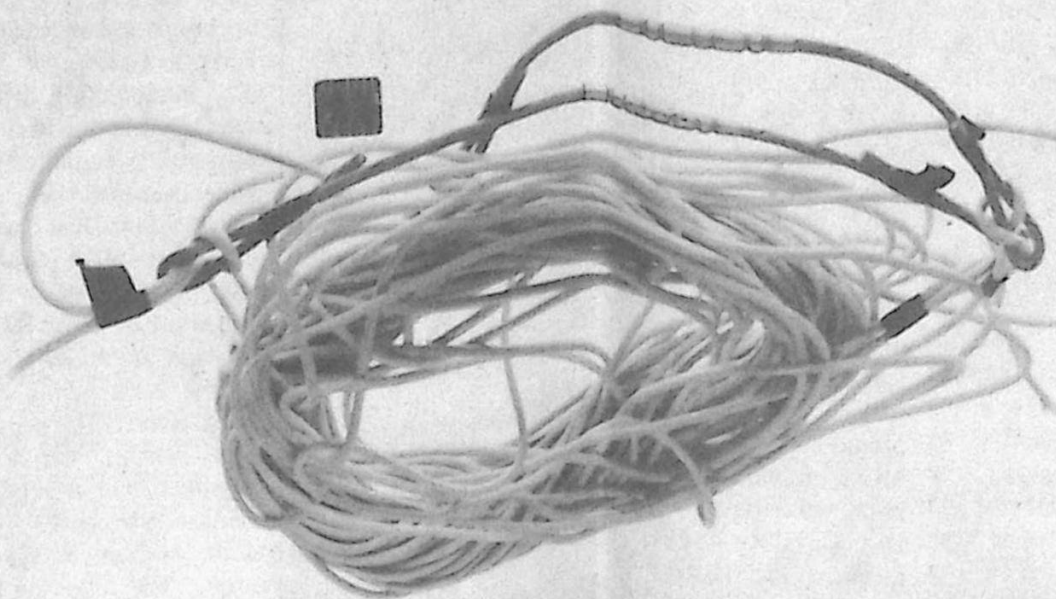
Meetings held from Monday to Thursday from 1200 - 1300 hrs. in the R.C. Parish Hall next to the Tennis Courts.

BOY SCOUT AUCTION

Sponsored by
First Lazo Ladies Auxiliary

to be held
March 19, 1983
at
Airport School
2:00 - 4:00

Donations Needed
CALL 339-7524 or 339-5269
339-5701 (en français)



Danger - High Explosives!

SEX

Now that we have your attention, the question may have been asked by a number of people whether or not safety lectures are worth the time and effort. The following is evidence that they are!

Safety lectures are frequently scheduled for BAMSO personnel. On 26 Jan 83 the safety lecture was given by the Explosive Ordnance Disposal Team (EOD) on both military and civilian explosive hazards likely to be found in the Comox area. Following the lecture a Private spoke to the EOD speakers and explained that while Scuba diving approximately one mile off Cape Lazo about 40 feet of water he had found something resembling the explosive material discussed in the talk. The EDO members investigated the Scuba diver's find and confirmed it was 200 ft of Trunkline (Detonating Cord) with two 25 millisecond delay detonating connectors. (See Photo)

Det Cord is a high explosive and often used in a variety of jobs. This particular Det Cord was likely used for underwater demolition. Since this material is a high explosive it is extremely dangerous in the wrong hands. When detonated it will explode

violently with great destructive force.

Because both military and civilian explosives come in a wide variety of sizes, shapes, and colours it is often very hard to recognize them, especially if they have been exposed to the elements for an extended time. In this case, the Det Cord was easily identifiable by EOD. It was bright yellow in colour and approximately 1/4 inch in diameter with two detonating connectors with the inscription 25MS written on them. Unfortunately the Det Cord also looks like a length of plastic clothesline cord although the detonating connectors in the line were themselves marked dangerous.

Since there is such a wide variety of explosives now

available on the market it is recommended by the EOD Centre that personnel should not touch or move articles that they are suspicious of, but rather, note the item's location, size, shape or other identifying marks (without handling it), and pass the information on to one of the following:

CFB Comox EOD 339-2211 Local 2237

CFB Comox MPs 339-2211 Local 2218

Local RCMP Detachment
As for the worth of safety lectures there is at least one person living who can tell the real value of the time and effort expended in giving and attending Safety Lectures.

OFFICERS'

WIVES'

CLUB

There will be a meeting of the Officer's Wives' Club on Wednesday, March 16 at 7:30 p.m. sharp.

The evening will consist of a "salad" pot luck and short program from "Oliver" will be presented by students from Highland Secondary.

It is important that we have a good turnout because we will be electing next year's executive. Tickets will also go on sale for April's Fashion Show.

Library

(Located back Station Theatre)

HOURS:

6:00 p.m. - 9:00 p.m. Monday - Thursday

NEW BOOKS:

Crossings - Danielle Steel - In this poignant tale set against France and America in W W II, Danielle Steel creates the most heart-wrenching love story of her stellar career. For millions who have made this phenomenal writer their favorite story teller, Ms. Steel has fashioned her strongest, most triumphant heroine, Liane Crockett de Villiers as a character readers will adore, envy and identify with - a passionate, vulnerable woman caught by circumstances beyond her control in a net of conflicting passions and divided loyalties.

Winds of War - Herman Wouk

Master of the Game - Sidney Sheldon. There was Noelle in Other Side of Midnight, Elizabeth in Bloodline and Jennifer in Rage of Angels. Now Sidney Sheldon has created his most extra-ordinary heroine. Her name is Kate Blackwell, the head of a great international conglomerate. Power and success in a man's world have become a deadline and all-consuming game to Kate and she is the master of the game.

All Things Bright and Beautiful - James Herriot - The 2nd Herriot omnibus takes up the story of a world's favorite vet from the closing chapters of All Creatures Great and Small. James is now married and living on the top floor of Shedale House. He's a partner in the practice and his day is well-filled with the life of a country vet, bumping over the dales in his little car en route to a host of patients from farm horses to budgerigars.
Canadian Aircraft Since 1909 - K.M. Molson & H.A. Taylor. This book records for the first time, all aircraft built in Canada from the pioneer work of 1909 up to the present time when Canadian products are in world wide service - including some of the most economic short-haul transport aircraft such as the de Havilland, Canada Dash 7.

We also have many pocketbooks, a pocketbook exchange, newspapers and magazines such as Sports Illustrated, Chatelaine, Canadian Geograph, McClellans and more.

BOOK SALE

Old Books 35¢ each or 4 - \$1.00.

LORDS & LADIES

Offers Top Quality Perms
at Very Reasonable Prices.
EUROPEAN TRAINED

For Appointment Call LEON or MARIE at
339-6651

INCOME TAX RETURNS

- ★ RATES FROM \$7.00 FOR YOUR BASIC RETURN
- ★ OVERNIGHT SERVICE IN MOST CASES
- ★ ALL FORMS & SCHEDULES PROFESSIONALLY PREPARED

Bonnie Derkson 339-6634

GIGANTIC GARAGE SALE

Saturday, March 19
9:00 a.m. - 3:00 p.m.

To be held inside the Comox Rec Centre
1855 Noel Ave.

All proceeds go to the Komox District
Girl Guides Association.

MOVING TO WINNIPEG??

For all your Real Estate Needs
and information on Winnipeg
Housing call or write:



Grant or Mary Clements
Res: 885 3013
Pager: 944 9333, Code 1113
Royal Trust Corporation
1387 Grant Avenue,
Winnipeg R3M 1Z9
(204) 284 6131



Grant Clements CD

AT THE TOP OF MISSION HILL
North Island Highway, Courtenay, B.C.

CHRYSLERS - PLYMOUTH - DODGE TRUCKS

VANS - MOTOR HOME VANS -
PICK-UPS - 4-WHEEL DRIVES

OMNI
HORIZON

C
A
R
S

FRONT
WHEEL DRIVE

CORDOBA - MAGNUM - LeBARON

"SERVICE AFTER THE SALE"

COURTENAY CHRYSLER PLYMOUTH
North Island Highway, at the top of Mission Hill, Courtenay, B.C.
Phone 338-5451
DEALER NO. 01151A

**mother
nature**
HEALTH
FOODS

- Good Health Through Natural Foods & Vitamins
- Bulk Quantities Available
- Tote-tries, Appliances, Books
- Wine Art Supplies
- Vitalizer Rebounders

COMOX - 1783 COMOX AVE.
339-5111
PROMPT MAIL ORDERS
"DISCOUNT FOR SENIOR CITIZENS"

OPEN 7 DAYS A WEEK
COLUMBO'S
STEAK HOUSE
PIZZA
N
PASTA
338-1488
FREE DELIVERY

HOUSE OF DOGS BOARDING KENNELS
DOGS & CATS
PROFESSIONAL GROOMING - ALL BREEDS
POODLES A SPECIALTY

Heated Kennels
Under Floor Heated Bedding Area
Our Large, Individual Runs are Completely Enclosed
SANITARY
CONCRETE BLOCK CONSTRUCTION
VISITORS' INSPECTION WELCOME
Peter and Kerry Steeg
339-2955 RR1 Anderton Rd., Comox

**DOGDOMS
HOLIDAY INN**
Moving Problems?
Give him to us, we'll ship and receive!

PMQ Preamble

The last council meeting was held on February 24 in Base Headquarters Building, with a number of councillors present.

A number of items were discussed, the first being the playgrounds. The ground work is being done, and we are waiting for the wood chips. The painting will be done in the Spring. The fences are already up, but please, parents, don't let your children bring their dogs and tie them to the fences.

Some parents have spoken their concern about cross walks on Spruce Street at the school. This matter is being given serious consideration and the results will be given at the next meeting on March 24.

The Heart Fund has already canvassed the PMQ's and the Cancer Fund will be doing the same later this month. Please remember to make a donation, no matter how small.

Don't forget the Community Service Awards must be in by March 25. If you know of any of your neighbours who donate their time to Community activities, please fill one out and deliver it to the address on the bottom, or call one of the following numbers: 339-5425, 339-6567, 339-6929 or 339-4414 and we will ensure the person or persons you name will be

given to the council.

Our Annual Easter Egg hunt will be on April 2 at 10:00 by the Airport School. A flier will be delivered later to remind you. There will be free coffee and donuts for the adults.

Election fliers will be sent out later this month as the terms of some of the councillors has expired, some are transferred. Give some thought to someone in your Ward who will serve you on your council.

Sgt. Lopatinsky, from the Base Fire Hall will be presenting a program on Fire Safety at the Base Theatre on March 22 at 1:30 noon until 3:00, and again in the evening from 7 - 9. I hope you plan to attend, as these are very interesting and informative.

I'd like to wish Joan Lavoie and her senior girls team good luck in the Provincial Bowling Finals in Burnaby this Saturday. Bring home the trophy, girls!

My friend, Bill, and his wife were at a wishing well, and his wife threw in a coin.

Bill tossed one in immediately. He wife asked him what he wished for, and he said "That I had enough money to pay for what you wished for."

P.S. To Joanne: The next time you make meat pie, please remember to put in the meat!

Glacier Green Get-Togethers

Now is the time to gather those clubs together, spit and polish them and get back into action. Glacier Greens is starting off 1983 with a Mixed 4-Ball social game of golf to take place on Sunday, March 27th - tee off time 10:00 a.m. Members and non-members are cordially urged to participate, renew acquaintances, meet new friends and have a fun day - rain or shine! Junior members - boys and girls - we want you too. We oldies and our Pros look forward to giving you a helping hand as we would like your group to be well organized this year and to demonstrate some keen competition. After all, you are our future Sneads!

Following the ladies' Wind-up on 5 Oct 82, the 1983 Executive was elected. Fran Hume resumed Presidency; Millie Legg, Captain; Frankie McCaffery, Vice Captain; Martha Campbell, Secretary-Treasurer; Pat Verchere, Handicaps; Vi Wilander, Publicity; Kay Banks, Food Coordinator; Barb Carter, Prizes Chairman; Rose McCleish, Ringer and Birdie Match Boards; Linda Fox, Housekeeper.

Our ladies' Opening Day commences on Tuesday, April 5th at 9:00 a.m. with 9 holes being played, followed by a social, fun time over coffee, or what have you! All members are urged to come out to welcome new members and beginners. You will receive your roster for the year's events at this time.

A surprise is in store for those who have not yet seen our newly renovated Club House. You will be pleased with the improvements and atmosphere, all designed for your convenience and comfort.

So. Come One, Come All. We look forward to a gala year of golfing in 1983.

V.I.W.

BCompt News

The new pay guides are being transcribed at this time. The major noticeable change is the decrease of the personal tax exemption which slightly increases the NME (Net Monthly Entitlement - your monthly pay!) in the majority of cases. You should be getting your part of the pay guides soon, if you haven't already got it.

T-4 slips have been distributed. If you didn't get yours yet, check at the Pay Office.

We have 2 recent promotions in our Branch. MCpl. Ellen Fraser was promoted effective 1 Feb 83 and Cpl. Rick Beirnes received his accelerated promotion effective 1 Mar 83. Congratulations to you both!

Cpl. Jane Allard and Cpl. Gus Louch have recently returned from their TQ-5 course. It's nice to have you back again. One finishing note - for all of you people who think Finance people are full of hot air, we proved you wrong last Friday at the Interlogistics Olympics - we lost every single Blowball game against Supply and Transport!

Well -- you've finally got your T-4 slip. But, as noted by the numerous enquiries being received in the pay office, people don't really know how the amounts are calculated, especially Block K. The most common question is "My gross pay is the same as _____'; why is the amount of income on the T-4 slip different?"

Block C, Total Earnings, is composed of all earned income and allowances. The amount shown in Block K, Taxable Allowances and Benefits, is included in Block C. This is where the amount of income varies. Block K is composed of the following various allowances, as applicable:

- Government share of medicare premiums
- Medical Remuneration Supplement
- Casual Air/Sea Duty Allowance
- Posting Allowance
- Field Operations Allowance
- Clothing Upkeep Allowance

If you have received one of the above allowances and your friend has not, your "Total Earnings" block will obviously be different.

Answers to Trivia Questions

1. The Douglas DB-1/DB-1A, of which about 300 were built for the USAAC and 20 for the RCAF, was called B-18 to the Americans and Douglas "Digby" by us.
2. F/L R.I.E. Britten, DFC, had a score of 5 kills, 0 probables and 1 damaged. While commander of No. 111 (Fighter) Sqn., S/L K.A. Boomer scored a victory over a Japanese "Rufe" type floatplane while based in the Aleutian Islands, Alaska. He was

later killed while serving with 418 (Intruder) Sqn. in Europe.

3. The Argentine government wanted to buy 'Vulcan' bombers from the RAF in 1981. These same 'Vulcans' were later used on bombing missions against Port Stanley airfield in the Falkland Islands when it was invaded by the Argentines.
4. Craig Baldwin tells me that a B-57 was the first American plane to drop bombs in 'Nam.

CFB COMOX SKI CLUB

Fun Day - 17 Mar 83

The final event for the year hosted by the Ski Club will be our Fun Day. The date has been changed from 18 Mar to Thursday 17 Mar 83. In addition, to the event, such as the obstacle course (its actually fun skiing over bales of hay) and a Molstar Dual Slalom that takes place at Mt. Washington, the day will be topped off by a Bar-B-Que and dance at the Golf Club.

How much is this event going to cost? This depends upon whether you are a member of non-member or whether you have equipment and/or a season ticket. The following is a break down of the costs:

BBQ (Steak, potato, salad, etc.) MEMBER \$3.00, NON-MEMBER \$5.00. Molstar (Challenge a friend) MEMBER --, NON-MEMBER \$1.00. Lift ticket, equipment, lesson, ride (\$2. to driver) MEMBER \$20.00, NON-MEMBER \$20.00.

For the cross-country skiers Christine Laberge has organized a relay race and a tandem race (that's two people on one pair of skis).

If you have your own equipment the cost is \$15. for a ticket, lesson and a ride, or \$9.00 for a lesson and a ride.

The coordinators for the Fun Day are Merv L'Arrivee (Nav Com Lab 2287) and Al Shanks (Arena 2314) where you can buy your tickets and sign up for the skiing.

The mountain events are open to everyone at the Base, however, tickets for the BBQ and dance will be on sale to Ski Club members first until Friday, 11 March. After that date, tickets will be available for everyone. Since the Golf Club has limited seating to a maximum of 65 people, tickets will be at a premium so get them early.

Come boogy on the slopes then boogy the night away.

**All Retired
Federal Service & Civilian Personnel
MEETING**
to be held at
COURTENAY JUNIOR SECONDARY BAND ROOM
ON Harmston Avenue
on
TUESDAY, MARCH 15
at
8:00 p.m.
Guest Speaker from Victoria on
"INDEXING OF PENSIONS"

Tax Tips

One of the most effective ways to reduce your personal tax is by a method called income-splitting. Simply stated, it means transferring some of your taxable income to another member of your family, usually your spouse, who is in a lower tax bracket. The money can then be invested and the earnings from the investment will be taxed at a lower rate.

Income splitting works best when one spouse is in a significantly higher tax bracket and the family has surplus funds to invest.

There is one important point to remember. The Income Tax Act contains what are called "attribution rules". These rules prevent you from simply giving your spouse the money. If you do, the income from it will still be considered part of your earnings and you will still pay the tax on it. Even if you buy an investment and sell it to your spouse, the income from the investment will be taxed in your hands.

You are allowed to lend your spouse the money. The loan must be properly documented and is usually a non-interest bearing demand note. Your spouse can then use the money to purchase investments and income from the investments will be taxed in your spouse's hands.

You can't deduct the amount of the loan from your own income. You will be making the loan from your after-tax money. The purpose of income-splitting is to reduce the tax on in-

come earned in interest, dividends, etc., by having it taxed at a lower rate in someone else's hands.

One of the simplest ways of splitting family income with a spouse is to contribute to a spousal Registered Retirement Savings Plan. If the spousal RRSP is retained for at least three years, the income from the plan will be taxed in the spouse's hands as the funds are withdrawn. If the periodic payments are received by your spouse after reaching age 65, they will qualify for the \$1,000. pension deduction.

You may deduct your contributions to your spouse's RRSP from your income. However, if you also have an RRSP of your own, the total contribution to both plans must not exceed the annual allowable limit. If you are over 71, you can still contribute to your spouse's RRSP if your spouse is under 71.

There are strong advantages to splitting your income in this way. Both you and your spouse would be entitled to the \$1,000 investment income and capital gains deduction, and both of you would be able to make use of the pension income deduction if you have qualifying income.

If you are considering income splitting, be sure to pay attention to both the form and the substance of each transaction and follow the law to the letter. If you split your income with care, you will save tax money every year.

WO & SGT'S WIVES CLUB

The WO & Sgt's Wives Club held their monthly meeting on February 14th. The members enjoyed a talk and demonstration on Microwave Cooking given by Bonnie Cratchley, which was followed by a social hour.

The next meeting will be held on March 14th in the Mess Lounge at 8:00 p.m. A Fashion Show by Reitman's is planned, along with tips on Color Coding by Joan Silman.

AUTO CLUB CLOSED

Until Further Notice

By Order BPERO

D.D.'s Fashions

Presents

Spring '83

Monday, March 14th

Westerly Hotel

Doors: 7:30 p.m.

Show: 8:00 p.m.

Tickets - \$5.00

Entertainment - Refreshments - Door Prizes

Tickets Available at:

- D.D.'s Fashions
- Scorpions Unisex Hairstyling
- Faces
- And at the Door

(All in the Comox Mall)

IS A REAL ESTATE PURCHASE IN YOUR FUTURE?



If you are on the move to the Comox Valley, or you are relocating to other parts of Canada, call or write me for your relocation kit. Maps, housing and lot market prices, plus other amenities mailed to you..



**Nanaimo
Realty
Country**

Maureen Arthur,
576 England Ave.,
Courtenay, B.C.

or

Phone 334-3124
Res. 339-3674

WALLACE GARDENS

Community

Service Awards

During a recent PMQ Council meeting approval was given for the future presentation of "COMMUNITY SERVICE AWARDS".

These "Awards" are to be presented to personnel who volunteer their service, time and assistance towards a better community. This is achieved by personnel who carry out volunteer work with the many organized groups within our community. If it were not for these selfless people many of our community groups would not exist.

The PMQ council would like your assistance in selecting nominees for a "Community Service Award". If you know someone who has given up their time towards community activity please fill in the application below. Completed forms must be in no later than 25 March 83. You can leave the completed application at any one of the following PMQ's: PMQ 117-D, PMQ F-7 or PMQ 89-A.

All applications received will be reviewed by the Community Service Awards Committee and personnel selection for an "Award" will be notified of the date, place and time for presentation.

WALLACE GARDENS COMMUNITY SERVICE AWARD - Nominee Application

NAME OF NOMINEE:.....

ADDRESS:.....

PHONE No. HOME/WORK.....

VOLUNTEER WORK PERFORMED.....

REMARKS:.....

SPECIALISTS IN

CARPETS - VINYL - TILE - CERAMICS
PAINTS - STAINS - WALLPAPER
CUSTOM DRAPERY
PROFESSIONAL INSTALLATIONS

Comox Interiors Ltd.

687 ANDERTON ROAD, COMOX, B.C. V9N 5B8

SALES - ESTIMATES

TELEPHONE - 339-5515



RURAL SETTING FOR THIS 1,200 SQ. FT. HOME. Large deck space - some covered. Basement area has been developed into a lovely games room, with bar and 13 x 21 Rec room with woodstove. Exceptionally good condition. \$78,000.00.

GREGG HART

RES: 335-2575



10 CRE HOBBY FARM. Plus this smart rancher with three bedrooms are only part of what you get - spectacular view of the Island Mountains - easy access to skiing. Only minutes away from town and much more. Price reduced to \$135,000.00

GORDON BLACKHALL

RES: 338-8076



**This is
Nanaimo Realty
Country**

576 England Ave., Courtenay, B.C.

Phone: 334-3124

DB BLOCK BROS. REALTORS

448 5th Street, Courtenay 224-9111

**THE ONLY COMPANY
THAT CAN OFFER YOU
TWO FULL LISTING
SERVICES:**

*NRS WITH 125 OFFICES,
AND OVER 2000 SALES
REPS.

*MLS COVERING
VANCOUVER ISLAND 60
OFFICES, 612 SALES
REPS.

AFTER 27 YEARS MILITARY SERVICE, 7 1/2 YEARS IN THE REALTY INDUSTRY, AND DURING THESE 7 1/2 YEARS, HAVING BEEN THE COURTENAY ZONE MLS TOP VOLUME PRODUCER EVERY YEAR, 1975 TO 1982, I UNHESITATINGLY RECOMMEND THAT YOU LIST YOUR PROPERTY OR PURCHASE PROPERTY THROUGH BLOCK BROTHERS.

FOR INFORMATION ON:

- BUYING OR SELLING,
- FEDERAL HOUSING GRANTS
- PROVINCIAL SECOND MORTGAGES,
- PROVINCIAL GRANTS,
- MARKET INFORMATION

**GIVE ME OR ANY OF THE
OTHER BEST SELLERS AT
BLOCK BROS. A CALL**



TOM PROCTER
334-3111
OFFICE
339-2668
RESIDENCE

The best sellers

Canadian Forces News

CF Promotions

OTTAWA -- Defence Minister Gilles Lamontagne has announced the following promotions from Colonel and Captain (Navy) to Brigadier-General and Commodore for Canadian Forces officers. The promotions and subsequent appointments will become effective during 1983.

Colonel R.A. Allan will be promoted brigadier-general and appointed director general supply systems at National Defence Headquarters (NDHQ), Ottawa.

Captain (N) B.J. Berryman will be promoted commodore and appointed director general financial administration at NDHQ.

Captain (N) D.R. Boyle will be promoted commodore and appointed director general recruiting, education and training at NDHQ.

Colonel J.K. Dangerfield

will be promoted brigadier-general and appointed director general land doctrine and operations at NDHQ.

Colonel J.Y. Curocher will be promoted brigadier-general and appointed director general information at NDHQ.

Colonel R.W. Fentiman will be promoted brigadier-general and appointed deputy commander, Fighter Group, at North Bay Ont.

Colonel K.R. Foster will be promoted brigadier-general and appointed deputy chief of staff, operations, Central Army Group Headquarters, Heidelberg, FRG.

Captain (N) J. Harwood will be promoted commodore and appointed chief of staff, sea at Maritime Command, Halifax.

Colonel D. Huddleston will be promoted brigadier-general and appointed

commander 1 Canadian Air Group, Lahr, FRG.

Colonel J.T.F.A. Liston will be promoted brigadier-general and appointed commander, 5e Groupe-brigade du Canada at Valcarter, Que.

Colonel W.J. Murdoch will be promoted brigadier-general and appointed commandant, Canadian Forces College, Toronto.

Colonel W. Niemy will be promoted brigadier-general and appointed deputy commander, 25th NORAD Region, McChord AFB, U.S.A.

Colonel H.R. Wheatley will be promoted brigadier-general and appointed chief of staff, administration, Mobile Command, St. Hubert.

Colonel J.C. Hayter will be promoted brigadier-general and appointed secretary, NATO International Military Staff, Brussels.

promoted lieutenant-general and appointed deputy commander in chief, NORAD Headquarters, Colorado Springs, Colo.

Mr. Lamontagne also announced the appointment of Vice-Admiral Daniel N. Mainguy as vice-chief of the Defence staff, at NDHQ. VAdm Mainguy is currently deputy chief of the Defence staff.



The Chief of the Defence Staff, General Ramsey M. Withers, has announced the following general officers' appointments to be effective in the course of 1983.

MGen Patrick J. Mitchell will assume the appointment of chairman of NATO Military Agency for Standardization, in Brussels.

MGen Douglas R. Baker will be appointed as deputy commander of the NATO Defence College in Rome.

BGen Robert P. Beaudry will assume the appointment of director general Reserves and Cadets, at National Defence Headquarters (NDHQ), Ottawa.

BGen Arnold W.D. Garlick will be appointed a director general personnel services, at NDHQ.

Commodore Hugh M.D. MacNeil will assume the appointment of director general personnel careers other ranks, at NDHQ.

BGen Walter G. Doupe will be appointed as assistant chief of staff, personnel and administration at Allied Forces Central Europe, Brunssum, Holland.

BGen G. Ronald Cheriton will assume the appointment of chief of staff, operations, at Mobile Command Headquarters, St. Hubert, Que.

BGen John J. Barrett will assume a directing staff appointment at National Defence College, Kingston, Ont.

BGen J.M. Lionel Bourgeois will become commandant of Canadian Forces Training System Headquarters, at Trenton, Ont.

BGen Maurice D. Archdeacon will be seconded to the Privy Council Office, in Ottawa.

New appointments for RAdm Robert D. Yanow; BGen Walter J. Dabros; and BGen Pierre Senecal will be announced at a later date.

GOLF

The Agony AND The Ecstasy

Courtesy of The Legion Bulletin, March 1983

Golf is a religion. No one questions that fact. The proof: people play golf on Sunday, except doctors, for whom the sabbath falls on Thursday.

Golfers perform their arcane rites in a communal silence that makes the Trappist monks sound like "Let's Make a Deal". When golfers do utter a word, it is in the Lord's name - "OJesus", "Gad-zooks!" (originally "God's hooks"), meaning divinely inspired flights of the ball that deviate from a straight course, in a direction opposite to the dominant hand of the player propelling it.

People who lose faith in the golf commonly convert to Catholicism because the rules are easier to live with.

Others take heavily to drink, or bowling, or both, and, like Falstaff, die babbling of green fields.

So much for the obvious. One question remains unanswered - or was until we dared address ourselves to the forbidden subject: Is golf a dangerous sport? One elderly golfer was asked: "Do you believe in the Golf Cult?" He replied: "No, I carry my bag."

This man was partly deaf. Why? Was his hearing impaired by a lifetime of mortifying the flesh, keeping his rigid while the rest of his body tried to screw itself into the ground? Simultaneous test with mice have been inconclusive. It is not difficult to teach mice to play golf - they hit a bead-sized ball with their tails - if rewarded with a sip of scotch. Ninety percent of the test mice go mad, however, before the effect of golf on their health can be accurately measured.

This statistic does, however, provide a cue for a study into the more subtle damage done by golf to it's devotees. (The term devotee was coined by followers of 19th century English golfer Putney Flubb, who with a single swing extracted an enormous divot, took a stroke, fell into the grave and was covered by the descending sod, all without disturbing the ball.) How do we draw a line between freedom of religion and the right of the golf pro to attract followers whose spiritual submission has been compared to that of the "moonies" the religious sect that indoctrinates the susceptible without charging green fees.



MAKES AND MENDS - During recent instruction in the art of sail making, Cdr C.B. Webb, BTSO, CFB Esquimalt takes time out to sew the new rank badge on the sleeve of MCpl. Attilio Sartori. Happily assisting in the exercise is recently promoted Sergeant Joe Miyaniishi, Production Supervisor, Base Photo.

St. Patrick's Day

Distraught parents have sought to have their golfing child deprogrammed before reaching the critical point of paying for golf clubs. Having forcibly rescued their child from the course, they hire a specialist to attempt the long and difficult task of convincing the brainwashed youngster that heaven is not reserved for people who break a hundred. More often it is the de-programmer who backslides into a gully, up to his hips in thistle. Golf has that kind of power over mind, after the age of 18 months.

Here we draw on our personal experience as golfers. One of them, who has asked not to be identified, was so possessed with golf as a teenager that all his most ecstatic dreams revolved around finding golf balls. The succubus that seduced him wore Argyle socks. At an age when other normal, young men were having nocturnal fantasies about the ideal girl, the author was waking up with excitement after a dream in which he lifted a fig leaf and found a brand new Titelist.

Against this cultist possession we must balance the possibility that if a person were not a golfer, he might succumb to some even more masochistic order, such as flagellants, or jogging.

Do we judge golf to be a benign form of Christianity, or a demonic order whose victims are held in thrall by forces only dimly understood, even by the bar steward? We do not presume to know.

ARE YOU A REGISTERED VOTER?



In order to vote in a Provincial election you must be registered! To qualify, you must be at least 19 years of age, a Canadian citizen or British Subject, a resident of Canada for 12 months and British Columbia for 6 months. Registering is easy. Contact your nearest Registrar of Voters or Government Agent. And do it now!

Be sure you have a choice in tomorrow.



THE AMAZING MAGIC of NATURAL HERBS

Lose 10 - 29 pounds in 30 days on the No Hunger HERBALIFE® weight control program

I know it sounds hard to believe, but it's true. "I lost 31 lbs. in 5 weeks on this program and feel better than I have in years."

THE HERBALIFE PROGRAM is specially formulated to burn off fat and curb appetite with no hunger pangs the natural way with herbs. There are no chemicals in this program. It supplies all daily nutrients without excess calories or carbohydrates.

Added benefits possible on this program are:

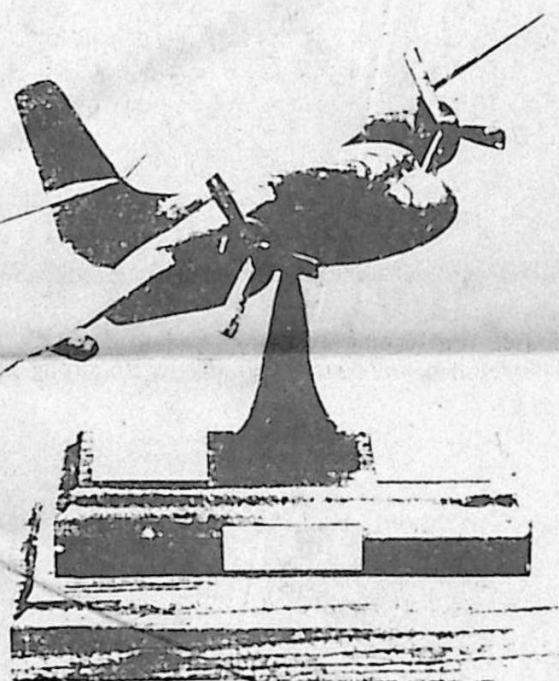
- * Burns off fat.
- * Inch loss at waist and other fat accumulation areas.
- * Removes cellulite.
- * Conditioning of hair and nails.
- * A general tightening of skin and toning of muscles as you lose weight.
- * Vitality and energy throughout the program; no afternoon let-down.
- * A complete cleansing of the system; the benefits of fasting without fasting.
- * No nervousness or irritability usually connected with a diet

The Herbalife Program is completely safe for anyone, even expectant mothers. It is simple to use and fits into your schedule, not you into it. Ask about our weight maintenance program and body building program as well.

For your free consultation or information on the tremendous business opportunity.

Call MARLENE at 338-7947 or SHARON at 338-8838

HERBALIFE DISTRIBUTORS



Captain Robin Ross Memorial Trophy

In memory and honour of Tracker flight training in 406 Squadron, the ROBIN ROSS MEMORIAL TROPHY was conceived and presented to the departing pilots of the Tracker training cell. The trophy is safe guarded by 880 Sqn. at CFB Summerside and is presented to the student attaining the highest aggregate mark on the CP121 Conversion Course. The trophy was dedicated in memory of Capt. Robin Ross who lost his life on a training mission 5 October 1976 while employed as a Tracker pilot instructor on 406 Maritime Operational Training Squadron. The handsome trophy is of solid, elegant walnut and was carved by Sergeant Arnold Landry, a technical instructor serving in 406 Squadron at Canadian Forces Base Shearwater.

BC DEVELOPMENT BONDS

A GUARANTEED INVESTMENT IN OUR PROVINCE

10 1/4%

REGULAR AND COMPOUND INTEREST BONDS

3 year bonds, semi-annual interest. On sale until March 31, 1983, or at the discretion of the Minister of Finance. Maximum amount of purchase \$50,000.00.

NOW ON SALE AT BANKS, INVESTMENT DEALERS, STOCK BROKERS, TRUST COMPANIES AND CREDIT UNIONS.

THIS ANNOUNCEMENT IS PUBLISHED SOLELY FOR INFORMATION.



PROVINCE OF BRITISH COLUMBIA
MINISTRY OF FINANCE
HON. HUGH CURTIS, MINISTER

ARRAN HOUSE

1015 Cumberland Rd.

RENT REDUCTION

- * Large bright units
- * Large appliances
- * Controlled entry
- * 1 & 2 bedrooms
- * Good Management
- * MUST BE SEEN

Starting from \$315.00 (AFTER DISCOUNT)

338-1624

Call Anytime

Comox Valley Ford Sales (1964)Ltd.

RENTALS

We rent all size cars, 3/4 ton pickups, moving vans, 15 & 20 passenger buses, 1 ton flat decks, ladder trucks

SALES SERVICE & RENTALS 334-3161
PARTS 338-5318
OPEN 8 a.m. - 5 p.m. Mon. to Sat.

For prices & reservations

Call Joan LeBlanc

334-3161

Your Local Ford and Mercury Dealer
360 N. Island Highway, Courtenay, B.C.

MOTOR DEALER LICENCE NO. 5028

WHISTLER MOUNTAIN SKI TRIP

Greetings Ski Bunnies and Ski Bucks. For those of you who missed the trip to Whistler and Blackcomb, we offer our deepest sympathies. Wow! What an experience. Perfect from start to finish. Snow conditions, weather, organization, fun loving skiers, accommodation and pure enjoyment. All were excellent. If you don't already know, Whistler has the highest verticle drop in North America - 4,300 ft. with a maximum run of seven (7) miles and you can add two more miles if you go helicopter skiing. Blackcomb is only 200 ft less and still expanding.

The bus trip over was really enjoyable with lots of singing and jocular. Our driver Campbell was very professional, and equally aimable, always concerned over our welfare and ensuring we were never left behind. On arrival all our rooms were ready for occupation and a meet and greet was hosted by "Mona" (of the Highland Lodge).

Friday we took to the slopes with vim and vigor, (although some took to the Chalets for a two hour recuperation breakfast). Conditions were excellent on both mountains with 3 cm of fresh powder. After a solid day of skiing most skiers rendezvoused at the "hot tub" to soak our

weary bods. The "hot tub" was approximately 7 ft in diameter. Can you imagine stuffing 15 bodies in at once. We did, and Dave Nelson volunteered for the center. (He never did get that silly grin off his face during the remainder of the trip). Saturday and Sunday saw even better snow conditions with approximately 8 - 10 cm of fresh snow with at least a foot of fantastic powder in the bowl areas. The Ski Patrol had to threaten John and Karen Finn to get them to leave at 4 o'clock.

The regular slopes were groomed to perfection and provided many thrills and spills. Most spectacular fall of the week goes to Dave Brown for his flight down "Staircase" on his nose. He sends his thanks to the various people for retrieving his equipment from up the hill. Most comical fall goes to Rick Kidlark for his "lip stand".

(Some people will do anything for attention.) Best Sport goes to "Callola" (that's Hawaiian for Mrs. Dennis the Menace). "Callola" or Carol has an injured knee, but came along to lead the party-goers. Best wishes go to our casualties Ann and Josh, we hope your recoveries are swift.

The evenings provided outstanding entertainment also. On Friday a Gluhwein

Party was hosted by the Kidlarks, Finns and Browns. Saturday eve saw a special meal organized by Ken and Elaine Markell. While on the subject of meals, should anyone require the services of a Breakfast Speaker please contact "Dave Nelson". He gave "toasts" on 7 or 8 occasions. On Friday night Josh, Martin, and Gilles were having trouble finding seats in a restaurant. Is it any wonder? They had two bags of groceries and two cases of beer under their arms! Various room parties were held at one time or another, each providing lots of laughs and fun.

A special "Hi" to Dale Hobday from Esquimalt who joined us at Nanaimo for the trip.

On behalf of all the members who participated on this fun run, we would like to express our appreciation to Ken and Elaine Markell for the tremendous amount of work done in organizing this extremely successful trip. Any person with experience in this type of venture knows just how much effort goes into the coordinating and planning. So many, many thanks Ken and Elaine. Also thanks to Campbell (our driver) for your concern and attention.

We hope this trip is just the first of many successful ski jaunts.

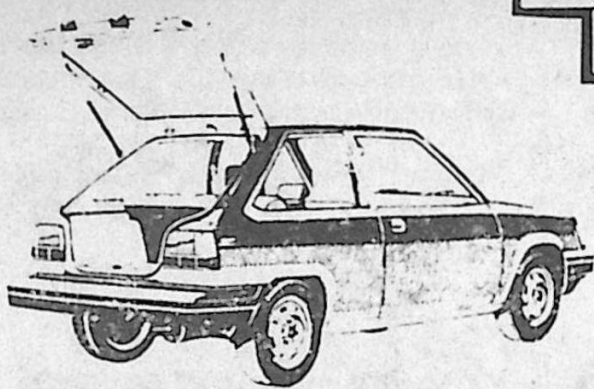
Air Force Indoctrination School



AFIS GRADUATES OF COURSE 8303, 23 FEB - 08 MAR 83:
Back Row (L to R) 2Lt. EL Mildon, Lt. BM Chinner, Lt. KD Douglas, Capt. BW Johnson, Lt. RA Mintz, Lt. MA Matheson, OCdt. DW Mahar, Lt. RW Tillotson, Lt. RJ Rosiek. CENTRE ROW: Lt. SP Hill, Lt. MA Kandal, Lt. JER Migneault, OCdt.

MA Jackson, 2Lt. KE Maybee, Capt. AJ Donaldson, Capt. WM Van Sickle, Capt. SR Lescoutre, Lt. JS Ferguson. FRONT ROW: Maj. JW Himbury, Capt. RA LaGrange, Capt. D Blamire, Maj. JA Cratchley, Capt. WJ Fisher, Capt. AR Stewart, Maj. FB Jenkins.

Tercel 3 DR Liftback



PUT NEW FUN INTO
AN EXCEPTIONAL BARGAIN! \$6298⁰⁰

1978 VOLARE

6 cyl. auto P.S., P.B.
WAS \$4495⁰⁰

NOW \$3695⁰⁰

1975 GREMLIN

Aut. P.S., P.B.
WAS \$1995⁰⁰

NOW \$1170⁰⁰

1982 TOYOTA P/U DEMO

ONLY \$7644⁰⁰

**YES
WE WILL
TAKE TRADES**

TOYOTA WINTER END SALE

ALL NEW & USED STOCK MUST GO!!

COME IN & SEE THE EXCEPTIONAL BARGAINS
WE OFFER TO YOU!!

1974 BLAZER 4 X 4

Auto.
WAS \$3995⁰⁰

NOW \$2940⁰⁰

**100% FINANCING
ON SPOT O.A.C.**

1977 CHRYSLER

New Port, 4 Door
Almost Fully Loaded
WAS \$2995⁰⁰

NOW \$1340⁰⁰

MOTORS

Tercel Station Wagon 4 x 4



GO WHERE MOST OTHER WAGONS
FEAR TO TREAD! ONLY \$8998⁰⁰

1975 CAPRICE CLASSIC

Air Cond. and 4th
Door more
WAS \$1995⁰⁰

**SOLD
NOW \$1980⁰⁰**

1976 FORD F250

V8 Auto.
WAS \$2995⁰⁰

NOW \$2165⁰⁰

1974 PINTO

AUTO.
WAS \$1995⁰⁰

NOW \$790⁰⁰

**NO REASONABLE
OFFERS REFUSED**