



# TOTEM TIMES



Vol. 25 No. 4

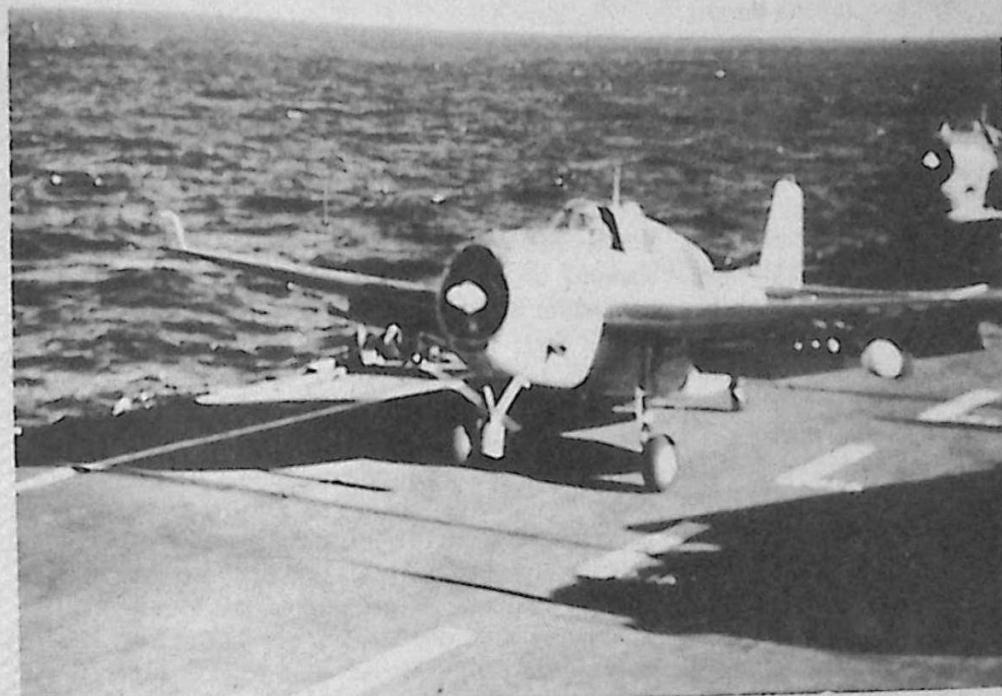
CFB COMOX TOTEM TIMES

THURSDAY, FEBRUARY 24, 1983

Deadline is Monday, March 7, 1983

COST: PRICELESS

## VU 33 to Receive Colours



An Avenger from VU 33 running up prior to take off from HMCS Magnificent.

Twenty-eight years ago, on Nov. 1, 1954, Utility Squadron VU 33 "took to the skies" to begin its life as the hardworking West Coast unit of Canada's Naval Air Arm.

VU 33 was formed at Patricia Bay Airport, 20 miles north of Victoria, from what was known as VS-880 West Coast Detachment (VS 880 being one of two operational aviation squadrons based on the east coast).

The first aircraft flown by VU 33 was the AS-3 Grumman Avenger. By 1959, the squadron had acquired one C-45 Expeditor and three HUD helicopters. In 1960, the Avengers were replaced by CP121 TRACKERS, at that time a new and much more versatile anti-submarine aircraft. 1960 also saw the addition of a Silver Star T-33 jet aircraft to the squadron. VU 33's HUP helicopters were retired from duty in 1964 but not without having chalked up many successful search and rescue missions and contributing greatly to the development of the "Bear Trap" helicopter landing system used on present day destroyers. By 1970 VU 33 had three Trackers and three T-33s; its present complement of aircraft.

The primary role of VU 33 is that of maritime reconnaissance. This includes sovereignty flights over Canada's coastal waters and adjacent land areas and patrols in support of the Department of Environment (Fisheries Branch) looking for violators of the Canadian Territorial Sea (200 nm off the coast) and violators of the Pollution Protection Zone.

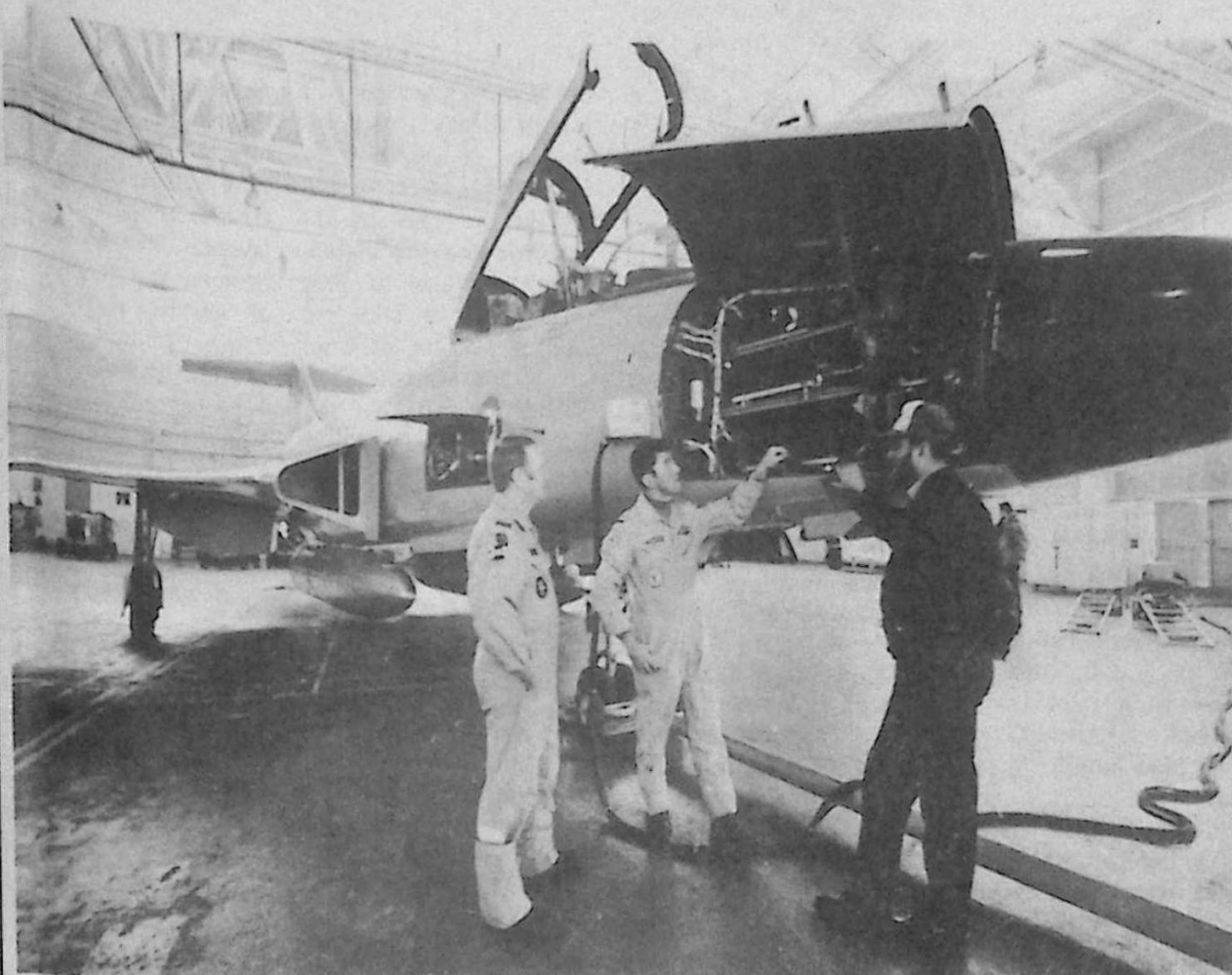
VU 33 moved to CFB Comox in 1974 and was originally "housed" in two mobile trailers. The squadron has greatly increased since then (from eleven to over fifty personnel) and is presently located in No. 3 hangar.

In recognition of over 25 years of dedicated service, the Honourable Henry Irving-Bell, Lt. Governor of British Columbia will present to the squadron its Royal Air Standard on the 9th of April, 1983. The presentation of the Royal Air Standard has been a military tradition for hundreds of years. The Standard represents the squadron spirit, loyalty, heroism and human sacrifice and is regarded with veneration.

The presentation will occur at 1400 hrs on the 9th of April. An airshow by the Snowbirds and a formal ball will follow the presentation.

As this marks a major achievement in the history of VU 33, the squadron would be happy to hear from all ex-squadron members.

## 414 Sqn. Gets Electric Voodoo



Major Dave Peart, centre, discusses the use of the electronic warfare equipment recently installed in a Voodoo with Captain Al Sutherland, left, an electronic warfare officer, and radar systems technician Master Corporal Ed Aube. The open panel on the jet houses the electronic gear.  
- Nugget Staff Photo by Paul Chivers

by MIKE WEAVER,  
North Bay Nugget

A Voodoo jet aircraft has joined the ranks of North Bay's 414 (Electronic Warfare) Squadron.

A recent acquisition of an American-built 101 Voodoo, which has since been transformed to a Canadian model, has boosted the capabilities of the squadron to test air defence measures.

"This is a very unique aircraft," said Major Dave Peart, an electronic warfare staff officer with Fighter Group Headquarters in North Bay.

"When the United States Air Force phased out its entire Voodoo fleet, this one was going to be scrapped, so we acquired it," he said, proudly pointing out the many features unique to the jet.

"It's probably the only one of its kind in the world, redesigned and fitted for use in evaluating air defence forces," the major said, who is one of five navigators on five crews who will fly the Voodoo.

Maj. Peart said the aging jet provides 414 Squadron with an aircraft that has many capabilities the present fleet (consisting of T-33 Silver Stars and CC-117 Falcons) does not possess, with the main advantage being speed.

"It's a supersonic jet, and can simulate a different type of threat than the T-33 and Falcon, which are also crammed full of electronic warfare equipment," said Maj. Peart.

"It will be used for jamming, of different types, to work against the radar," he said. Crews flying the jet, with the exception of the test flights, will come from CFB North Bay, where the Voodoo will be based.

"The jet is also unique in the fact that its electronic warfare equipment will be maintained here, while the avionics will be maintained at CFB Chatham (N.B.)," said Major Peart.

On loan from the USAF, the jet first had to be made common to other Canadian Voodoos. This included various units on the aircraft, such as engines and seats. Then the antennae and electronic warfare equipment were installed. It took a total of 1,200

man-hours to convert the jet to its present form.

Units which will be utilizing the Voodoo for squadron evaluation are Comox, B.C., Cold Lake, Alta., Bagotville, Que. and Chatham. The last outing for the jet was a western swing to Comox and Cold Lake in February. It will be used in eastern Canada the majority of the time, Maj. Peart said.

Numbered 101067, North Bay's Voodoo is painted grey with the 414 symbol emblazoned on the rear tail section. Gone, however, is the familiar red and white lightning bolt along the fuselage of the aircraft.

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A VU 33 HUP helicopter during testing of the "Bear Trap" helicopter landing system.



VU 33's present aircraft, a T33 Silver Star and a Grumman Tracker.

## Base Hockey Team Victorious

Flash: Our Base Hockey team, The Totems, won the Regional Hockey Playoffs. Final Score 10 - 2 against the Combined Ships team from Esquimalt. Although no official presentations were made for Most

Valuable Player, Lt. Chris Forest undoubtedly qualified for that prestigious award. Forty-two years old WO Reg Tressel was a steadying influence for the team. An inspiration to all players

were the efforts of Pte. Cal "Spots" Francis who conned Dr. Chiasson into releasing him early. The team will be pushed onto bigger and better hockey by their new coach, WO Wayne Mitchell will be

leading them to Shearwater for the National Play-offs from 22 - 25 March. Sgt. Pete Chellew honourable mention for his dedicated support. Equipment manager, Well done, Totems!

## Billy Boy

to

## Pack Bags

With the pending closure of the Back-Up Interceptor Control Centre at St. Margarets, N.B., a combination close-out and reunion is planned for the 3, 4 and 5th of June of this year.

All former members of the BUIC, Facility Maintenance Monitor and aircrew who were fortunate enough to have received the best control in the system are invited to the gala close-out ceremonies of this world renowned facility and are requested to notify the coordinator of their intentions no later than May 2nd. Cost of attendance will be approximately thirty dollars per person. Quar-

ters will be available at the Radar Station and CFB Chatham for singles as well limited accommodations for couples. The overflow will be routed to Chatham at the visitor's expense.

Attendees should plan to arrive and sign in on the afternoon of June 3rd and depart following a special breakfast on the morning of the 5th.

The chairman of the close-out committee is Capt. R.J. Chemara. Phone numbers are: SAGE 423-6251, GP 622-0251, Commercial 506-773-4455 Loc 251. Messages and inquiries can be directed to 21 RDR SQN ST. MARGARETS.

## Deadline

Deadline for our March 10th edition will be noon March 7.

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Section news



Nighthawks Nest



It is that time of year again when we are reminded of our transient status on this base. The posting messages have started coming in and we are confronted with the visages of those doomed to leave this great part of the country. I can't believe I had the nerve to say that after three months of solid rain.

Gord MacPherson and Lorraine are departing for Europe. Gord doesn't know if he should start taking German lessons or if "Ein biere bitte" will suffice.

Edward D.K. Campbell's finally leaving Comox after what seems like "centuries". Karen and the kids haven't written their MP yet, so it is assumed that they are as happy as Ed. Ed is trying to find the ancient Indian word for "Drambuie".

Danno, poor Danno Trynchuk, everyone's favourite bumpkin is departing for south central Saskatchewan for duties too dispicable to mention here, mixed company and all that. Dan has been walking around in a daze the last few days but this morning his stride had more purpose. Somehow he got hold of a Tutor Computer and he's been busy calculating the great circle route fuel requirement to Prince George from The JAW. I've just been informed that Jester Chester gave Don the computer on temporary loan only as Jester is planning on making use of it next year. No one has informed Jester that the studley's do all the heavy computations.

Joel Clarkson has ordered size twenty-two snowshoes for his upcoming posting but because of the unusual size requirement he had to order them from McDonnell-Douglas (Customs is holding the snowshoes up at the border claiming they contravene the M.O.T. regulations regarding the importation of light aircraft.) Mary claims she doesn't need snowshoes. Instead she says, she'll strap on Joel's beach thongs. Joel was hurt.

Betty and Bill Ricketts are still trying to decide whether they ought to get a jacuzzi, sauna, swimming pool, or all three when they arrive in Colorado.

Secretly though, Bill has confided that he is first going to get a four wheel drive supercharged golf cart for multi hacks at the Academy golf course. To keep Betty busy he is planning on mailing her anonymous love letters containing scratch 'n sniff Playgirl centerfolds. With dedicated golfers like Andy Michaud and Dan Parker already there, Bill will be in his element.

Barry Kennedy's time at the squadron is also running to an end but I figure there will have to be a whole article on him alone.

The mug out for Eduardo, Gord and Trynny will take place Thursday, March 10th. All those from Cold Lake, the Jaw and other such places who need an excuse to leave the cold for an evening, come on out and hoist a beer with us for the departing three.

Speaking of Cold Lake, we understand AETE has finally approved the new mod on the CF-5 which permits the seat to be lowered an additional eight inches. This allows Chuck Fast to just barely peek over the canopy rail when he pulls himself up to it with his fingertips. Zyrtski is still researching an "unfod-dable" engine. Some things you never live down.

Rumour also has it that HS423 in Shearwater is anxiously awaiting the arrivals of LCdr's Housworth and Gladders. Neither thinks much of the idea but it sure is comical when you try visualizing it. Good for a rumour too.

Buck, Dave Armstrong and Doug Evans were back for the OPEVAL. The squadron still can't understand how the valley survived Buck's visit. Normally, when Buck arrives somewhere, auto tires mysteriously get slashed, windows mysteriously get broken and generally anarchy prevails. Lana must be crushing up anti-stress-vitamin tablets and slipping them in Buck's beer to reduce his pace to a human one.

Tom Watt periodically passes through the squadron and hawks the ops board for old times sake. Last time he had to wrestle Tom Chester to get at it.

When the squadron goes to Cold Lake, no one will feel like passing through the Squadron for "old times sake". It just won't be the same.

Drew Foulds is back from staff school and is now honchoing the 1984 reunion. Swanny is in Toronto at Staff School and will probably be posted on return.

Suzanne finally had her baby after countless months of pregnancy. Trevor tells us the little tyke weighs in at 7 pounds 13 ounces (or 6 pounds 29 if you're from Bagtown). He has also informed us that the little feller is also going to be a fighter pilot and has a hyphenated foreign sounding name. When Bob Slack heard that, he immediately took leave muttering something about "unmanly and un-American..."

The Nest is also privy to a much substantiated rumour that Forsilly is engaged. Can you imagine having the HULK for a brother-in-law? Arrgh!!!

The Monster TGIF went well with 409 appropriately taking the head table prior to winning the Crud Tourney. Stracel did a fine job in officiating. Anyone

drunk enough to argue with him is usually passed out anyway.

VU 33 has embellished itself in the eyes of the squadron as a truly upstanding bunch due to their maximum participation and excellent play on the Crud table. We attribute their excellent showing to the fighter influence present in the backgrounds of the "old" guys. 407 has a long way to go.

A direct result of the Monster TGIF was a new breakthrough in inter-squadron co-operation when VU 33 and 409 launched a jointly manned T-33 on a proficiency expedition down south. While in Reno, the two intrepid airtors hit the MGM Grand to take in the floor show. "Hello Hollywood Hello". A magnificent production with incredible staging; that show has to go on everyone's list of things to see in the next year. The show will be changed next year and as vivid an imagination that I possess, I cannot imagine a more impressive production. So ship the kids off to granny, or Aunt Mable or someone, and grab the little lady (figuratively), buy a three day bus or plan excursion package, and launch your dimpled buns down to Reno and take in the show. It shouldn't be missed.

The Larks are here supplementing us for a week. I find it ironic that when 425 is here all we hear are horrible war stories about 416, and when 416 is here all we hear are horrible war stories about 425. Gosh, we only have horrible war stories to pass on about 407 and they aren't even funny. Actually, I heard a good one the other day about the FE's union complaining about pilots hot dogging it in an Aurora. That in itself is a contradiction in terms. I guess at g-forces in excess of 1.3, the FE's have difficulty rolling their eyeballs up to look at the cabin pressurization panel. See - I told you it wasn't even funny.

Well Uncle Kurt, this is it. Here is your submission. Right now I'm going to put "1941" on the VCR and watch John Belushi imitate Tom Chester. "LOST" he says.

Author Unknown, Un-named and Unarticulate.

MEDICINE MAN NEWS

As I sit in Chico Hicks' office in the Quiet Rest Area, my mind wanders back to the events of last week, at which time the majority of the base population was involved in the annual "Let's-look-over-their-shoulder-and-see-them-screw-up" Party, namely Op Eval '83. Comes to mind all the panicking and spinning bosses, the glowing-in-the-dark jokes, the ever present evil eye of the judges and inspectors, the time lost hunting for a parking spot around No. 7 Hangar after one of the parking lots was

reserved for the inspectors, the mega-missions, the canteen line-ups, the shelter card games (Euchre and Hearts being the section favorites, always keeping in mind our primary objective of getting Hutch with Chinese Control, whether he's low man or not), the servicing canteen being overcrowded with assorted Rif-Raf in combat clothing, the twelve hour shifts, and the old salts all hunting around for "The Book", which everything must be done by. I just can't wait for the next Op Eval to do this all over again. (Next time though, I'll have to scrounge up one of those yellow "NON PERSON" (your own definition of N/P may be substituted here) passes and just avoid the whole mess.

Speaking of the QRA, did you ever notice how you always come out of here about 5 - 10 lbs heavier than you come in. There is so much to do here: you can sleep and eat, watch TV and eat, watch movies and eat, read and eat, when the real truck comes you can eat, and the skin books all say to disappear after a while. You might as well eat. Or you can work on the aircraft if you like, but that's no fun.

"The Winds Of War" ended last week, and like a lot of people, I watched it. All seven shows were good but I preferred the final episode. The story was not as good as "Roots" but it was definitely worth watching. Too bad they made it sound like the only ones at war from the start were Germany, France and Britain. I'd hate to think that all the Canadians, Australians, New Zealanders, etc. who fought and died in Europe didn't have to be there at all cause they weren't at war in the first place. So much for being a critic.

409 personnel and in particular the SAMO, Maj. Davis were treated to a real treat last Thursday when we all were invited to view the Major's birthday present, a real live, in the flesh (such flesh) belly dancer. The expressions on some people's faces were just priceless! Oh to have had my Black-nailamatic camera with me. Names shall not be mentioned here, but you lecherous people know who you are, and now so do we! HA! HA!

Now be honest. How many people forgot about Valentine's Day? (An ocean of hands is shyly raised). Women don't forget Valentine's Day. The problem is that they only remind you AFTER Valentine's Day, usually with the Hot-Tongue-and-Cold-Shoulder treatment, when you forget the traditional flowers or heart shaped box of chocolates or even just to mention it. To those of you who remembered, you were probably smiling on the 15th, nice going you those who didn't, a life of carefree celibacy awaits

you.

And now the moment you've all been waiting for (quite biting your nails, son), the answers to last weeks aviation trivia quiz:

1) The last fighter built by Boeing was the XF8B-1, built at the end of WW2 for the U.S. Navy, who didn't buy it.

2) The XF5U-1 was nicknamed the "Flying Pancake" because of its circular wing planform. The idea was that this type of wing would enable it to fly at greater angles of attack than conventional aircraft and slower stall speeds. A scale model flew with some promising results, but the real thing never flew because neither the Navy nor the manufacturer would pay to transport it to Muroc Dry Lake (Edwards AFB) for flight testing. The manufacturer was Chance-Vought of Corsair fame.

3) The Harrier in Spanish Naval service is named "Matador". Apart from the Spanish Navy, the RAF and US Marine Corps use the Harrier and both have an improved version, the AV-8B, on order. The Royal Navy and the Indian Navy both have Sea Harriers.

4) The Avro Arrow Mk. I flew with the Pratt & Whitney J75 engine as in the F-106 Delta Dagger, used by the USAF. The Mk. II would have flown with the more powerful, Canadian made Orenda "Iroquois" engine. The first five Arrows were Mk. I's and the first Mk. II was within one month of flying at the time that Prime Minister Deifenbaker cancelled the entire program. All in all a sad day for Canadian aviation history.

See? Now wasn't that fun? I think I'll make this a regular thing. For this week's trivia, you'll find the answers in this issue. You just have to look for them.

1) Bristol "Blenheim" light bombers were licence built in Canada during WW2. What were Canadian built "Blenheims" called?

2) The RAF flies the F-4K and F-4M "Phantom II". What type of engines are used in these British Phantoms?

3) Name the Japanese four engined amphibian used for search and rescue and for maritime/anti-submarine patrol.

4) What was the most produced combat aircraft of all time?

Well there ya go!

Mr. Servicing

P.S. Word has it that things have been getting a bit heated up lately in ARO. Apparently, Craig Baldwin has been perfecting his Do-Yourself smoke machine, It-Yourself smoke machine, much to the concern of Dave Reed and O.B. And where there's smoke...

...WHO WAS FLIGHT LIEUTENANT WOTNOT?

By Capt. J. Clive Barratt

Who was WOTNOT? Archibald Poindexter Wotnot was the pilot of all pilots, who had the glamour of the early days. All his life, Wotnot's career was glittered with excitement, yet splattered with misfortune.

Wotnot's first encounter with aviation was at the age of 16 months when he was left to play unattended and crawled onto a window ledge....of his parents 11th floor apartment. Poor Wotnot slipped; however, witnesses reported that the child swiftly made a parachute from his diaper, and came to a smooth landing.

From that day on, due to his parent's negligence, he refused steadfastly to speak to people who were not pilots (neither of his parents could fly. His father was a chimney sweep, and his mother was an exotic dancer). Luckily his grandmother was a WWI fighter ace and therefore could assist him in the development of speech patterns during her infrequent leaves of absence from her job as a Trans Canada Airlines DC 3 Captain. The five years spent in grade 3 were his fondest memories. He was expelled for flirting with a grade 12 girls and for taking the headmaster's eye out with a paper aeroplane.

Later in life, Wotnot got a job as a crop duster, but used contaminated chemicals, killing all of the crops and causing the great

depression of the Dirty Thirties. He was laid off as a result. Again, misfortune struck one day when Wotnot was going around getting his unemployment card stamped to prove he had applied for work. He went into the Air Force Recruiting Office and three weeks later was accepted for aircrew training.

Wotnot made it through basic flying with flying colours, after four of his instructors resigned because they realized their inadequacy as pilots compared to him. Off to Moose Jaw went Wotnot, now Pilot Officer Wotnot, to fly the advanced trainer. Again misfortune struck. After a heated briefing, Wotnot's instructor told him to go to....., so Wotnot promptly filed a flight plan and prepared to take off. He climbed into the aeroplane and stuck his magnetic flashlight to the side of his compass. He did his aerobatics and navigation with his usual ease, but due to the fact that his compass was not working he became lost, so flew inverted to try to determine his position. Unfortunately, he flew down the main street of Climax, Saskatchewan and hit a hydro line. Wotnot forced landed successfully in a field and returned to a hero's welcome.

Flying Officer Wotnot graduated and became a flying instructor, so that he could pass his knowledge

on to others. He was the first pilot to make a trans Old Wives Lake crossing.

Flight Lieutenant Wotnot was later posted to CFB Comox with 442 Squadron, to search for pilots with less natural ability than he had.

Why else would he have to search for them, was his opinion. He was up flying one day with his radios turned off so that he would not have to listen to the non-pilot nonsense of the controllers (remember, he does not speak to non-pilots). While trying to steer clear of a thunderstorm, Flight Lieutenant Wotnot collided with a weather balloon and met his death. Some say it was a trap set by the ATC Non-pilots association, and the Weathermen who designed the weapon. Of course there was no proof.

A collection was taken by all the pilots in the country (since Wotnot was so famous) for a trophy to commemorate his name. Altogether, \$1.47 was collected for this magnificent trophy. The trophy was stolen from the headquarters foyer. Plans to change the name of CFB Comox to CFB Wotnot were forgotten.

The life of Flight Lieutenant Archibald Poindexter Wotnot was one undoubtedly unmatched by any pilot in the Armed Forces today, although some are trying. The memory of Archibald Poindexter Wotnot, the pilot's pilot will live on forever.

Jr. Ranks Club

MARCH

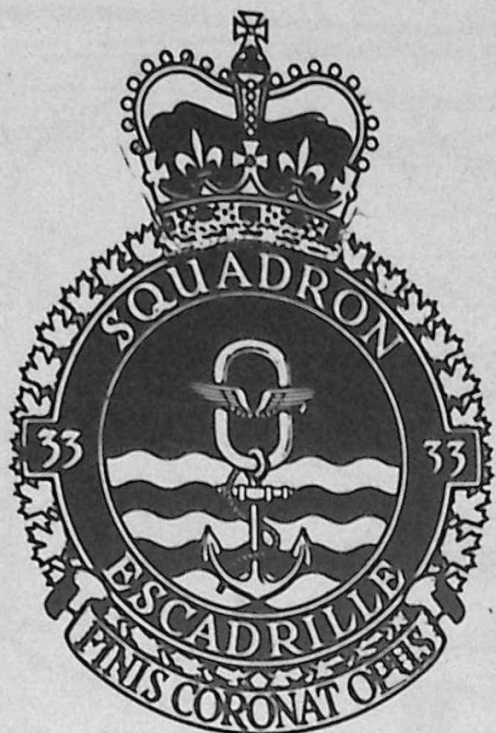
SUN	MON	TUES	WED	THURS	FRI	SAT
		1 MOVIE OFFICER AND A GENTLEMAN	2 CASH BINGO	3 MOVIE LIFE OF BRIAN	4 TGIF CRIB DISCO	5
6 PIG & WHISTLE THE PARTY GOES ON	7 DARTS	8 MOVIE SWORD AND THE SORCERER	9 CASH BINGO	10 MOVIE VISITING HOURS	11 TGIF DISCO DARTS	12 DISCO
13	14 DARTS	15 MOVIE MIDSUMMER NIGHT SEX COMEDY	16 CASH BINGO	17 MOVIE POLTERGEIST	18 TGIF BOSS'S NIGHT DISCO	19 IRISH BAND BLADES OF BARLEY
20 PIG & WHISTLE KENNY SHAW	21 DARTS	22 MOVIE NIGHT SHIFT	23 CASH BINGO	24 MOVIE ESCAPE FROM NEW YORK	25 TGIF CRIB DISCO	26 LOUNGE CLOSED
27	28 DARTS	29 MOVIE CONAN THE BARBARIAN	30 CASH BINGO	31 MOVIE CLOSE ENCOUNTERS OF THE 3rd KIND		

CLIP OUT AND SAVE

NOTICE:

- ★ Disco Price .75¢ per person
- ★ Admission for any live band will be \$3.00 each or \$5.00 a couple.
- ★ Sunday night "Pig & Whistle" will be \$1.00 per person
- ★ All movies - FREE ADMISSION
- ★ Bingo Costs \$1.00 at door PLUS extra cards.





## Gas Passers

Here I go again with another informative article - Ha-Ha!!!! This time I am going to talk about the little known Gas Passers at MSE Refuelling Section. Did you know (probably not) that last year (1982) the MSE Refuelling Section dispensed over 37 million litres of fuel? That's over 8 million gallons for those of you that are not up to scratch on the Metric System. Due to the possibility of this article falling into the wrong hands, I am not able to give exact figures, just approximate only.

Ram rodding the Gas Passer Section is Sgt. Wayne Estabrooks; a firm but just ruler, hard yet sensitive to his men's and women's needs, stern yet jovial mannered. I could go on like this forever because he is writing my PER at this time. MCpl. Rich (where is he?) Gladish is the new 2/c at the section. He was moved from the User Section in September to the Gas Passers. I guess they can't figure where he should be either. I suppose they keep moving Rick around until he gets it Right!!!! Exact figures of personnel strength cannot be given out either. Let's just say a few other people (a few being 2 to 22 people) work here also. Our civilian counterparts are Mr. Oscar Knutson, Mr. Bob Bird and Mr. Lyle Churchill. They have been Gas Passers for many years. It's fair to say that they are Gas Passers Extraordinaire.

We constantly have an ongoing OJT Program. We get OJT's young and innocent then mold their minds and bodies into Gas Passers of the best kind. Keep those OJT people coming (or who else would do all the work and water checks). Just kidding MWO. One of our Passers Pte. Dave (Crash) Noel is packing his bags for sunny Camp Borden. Dave will be attending the Aircraft Fluid Handling Course run by

CFSAOE School. A very demanding course indeed. "Dave" take lots of money and stay out of Snoopy's. Good Luck to you. Cpl. Roger (Flash) Bernard, Cpl. Cal (Electrolux) Collier, Cpl. Len (Daddy) Lucas and Cpl. Ernie (E.T.) Tuokko are other Gas Passers. By the way, congratulations to Len on the latest addition to his family, a baby boy. Bad timing though, he can't claim his new bundle of joy on his '82 Tax Return, too Bad Dad.

But all kidding aside, we do put in a full day's work. Why just the other day we worked until at least 10:30 hrs before we have a coffee break. Our track record speaks for itself. We have never received a speeding ticket, never run a red or amber light, never been involved in an accident off Base. These are the things that we are proud of. We have passed Gas to every type of Aircraft you could think of; from USAF AWACS to Coast Guard choppers, GSE to the Zamboni. If it moves - we gas it. If it doesn't move - we degas it. We do our best at all times unless it's raining or snowing, at these times we hibernate. Also we have a battery of Vehicle Techs at our disposal 24 hrs a day if needed. Cpl. Wayne Harris has just left us (via the rubber truck) and has been replaced by Cpl. Fritz (Airborne) Keegan. I am pretty sure that Fritz is a Vehicle Tech, but he keeps coming into the office and asking: "What's a tender look like, Mak-Saf?" "What kind of truck is that?" and if that's not bad enough, he wants to know where the parachute is located on the tenders. Oh well, sounds like he is going to fit in just fine. Well, I have to go now, Days of Our Lives has just come on. Until next time, this is the Gas Passer Section signing off....

R.E.G.

## Demon Doins

2 Comox Squadrons assist in Marine Distress

Last Wednesday the Rescue Co-ordination Center in Victoria received a distress call from the freighter 'Korean Pride'. One of the ships crew had been involved in an accident sustaining two broken legs. There was no doctor and few medical supplies available on the ship.

An Aurora from 407 Squadron, piloted by Maj. D. Nunnikoven was tasked to drop medical supplies to the ship on Thursday morning.

After locating the vessel, approximately 400 miles to sea, initial plans to drop the package alongside were abandoned due to a large swell and the high freeboard of the empty freighter. After several practise runs a package of medical supplies was successfully dropped onto the deck of the ship.

By Friday morning the ship had closed the coast enough to attempt an air hoist of the injured man. A

U.S. Coast Guard helicopter was dispatched to the scene from Port Angeles, Wash. It located the ship with assistance from another 407 Aurora circling overhead. After lowering a medic onto the ship to assess the patient's condition, the helicopter developed trouble with its hoist and was forced to return to base.

The Rescue Center then tasked a 442 Labrador helicopter, (flown by Capt.

Pete Smith) to complete the mission. It arrived on scene two hours after the departure of the Coast Guard helicopter. After careful preparation the injured man was successfully hoisted aboard the helicopter and flown to Tofino. The patient was then transferred to a B.C. Air Ambulance aircraft and flown to Vancouver for admittance to hospital.



A 442 Lab hovers over the "Korean Pride". The Lab was vectored out to the ship by a 407 CP-140 Aurora to airlift an injured crewman and a stranded U.S.C.G. rescue tech after the basket of the U.S.C.G. helo sheared off and fell in the drink.

### AIRCREW

We would like to welcome 5 navigators to the squadron fresh off the OTU in Greenwood, N.S. Joining the illustrious family of Demons are 3 brand new navs, Lts. Dave Harris, Chrys Forrest and Richard Burton (he says he is tired of doing Hamlet and trying to marry Elizabeth Taylor again) and two "old salts" Majors Fred Bishop and Rick Young.

Two 407 Aircrew boys, we're proud to announce, are representing CFB Comox on the Alpine Ski Team. Making the A Team is Lt. Dominique Landry and representing 407 Aircrew for the B Team is Lt. Al Sharpe. There are more trials to be held on Monday, 28 February and who knows, maybe we'll place another 407 Aircrew sensation such as our very own cute, cuddly and loveable Steve Phalvorski, a k a "the Floorhead".

407A won the clash between the two 407 hockey teams, 10 to 4, on Monday night, but with 15 players to 10 players what do you expect. We could've killed those bums if we had had our full contingency. Sadly missed was Billy Todd back on blue line. There is still the play-offs though.

Still in the world of 407 sports, the aircrew took the

plaque in the latest Sports Day, winning both the Floor Hockey and the Volleyball.

### SOR

All is quiet in the SOR these days. The CO has been pretty busy lately, on the go all the time. Maj. Crawford is still running at lunch. Capt. Rebeyka is back after a lengthy illness (no more singing for awhile). Sgt. Stegman has gone on leave (we figure it's from too much buying and selling). Cpl. Parker is still at the claims business until the base takes over and what a change that will bring to this office. Pte. Gauthier gets to sit in the dentist chair and have a few wisdom teeth pulled (we won't comment on that though). This writer has managed to do a 1 1/2 mile at lunch, much to her surprise, however, Maj. Crawford still insists on doing the Big 2.

Edith and Darlene have dished out too much side humour and are now trying to pacify us with plants with the excuse that there are too many to keep in Edith's basement and what better place for them, right?

### PHOTO

Here is Photo's second attempt to keep you in the

"Picture", apparently the first article was lost in the mail. As you may have noticed, we have a few walking wounded. MCpl. John Quarumby is getting around on crutches as it appears that he lost an argument with the Trans Canada Highway. As a result he has a lot of spare parts for sale for a Mercury Lynx, located in Hearst, Ontario. Cpl. Joane Pawl is walking around with bruised parts, the story we got was that she fell out of an Aurora. We wish her a speedy recovery.

As everyone knows, Photo Techs do it better in the dark. To prove the point, the Photo section had 4 new sets of parents in 1982. Already in 1983, Wojtech and Joanne Book and Peter and Martine Veldhuizen are expecting new arrivals. MCpl. Lafontaine is going to be our resident expert on the tracker photo system. He is travelling to the Vinton Plant outside London, England, supposedly to gain some knowledge on the Camera Pod, but we all know that he is just trying to get rid of his accent.

"Late news Flash" The Boss, Lt. Paulin, was handing out chocolate cigars Friday, 18 Feb. He and his

wife Lynn are proud owners of an 8 lb 1 oz baby boy. Congratulations! Proves that even Photo Officers can do it in the Dark.



BGen. Pattee presents Capt. Ken Kennedy with his CD Clasp.

## WOs' - SGTs' MESS

FEBRUARY 25:

### MIXED T G I F

- Horsercing
- Darts
- Cribbage
- Prizes
- FOOD: Swedish Meatballs & Noodles

FEBRUARY 27:

### MOVIE

Cheech and Chong - NICE DREAMS

MARCH 4, 11:

### T G I F

MARCH 6:

### MOVIE

UPCOMING EVENTS: Mess Dinner 17 March 83

## QQ Control

Having just recently been volunteered to write an article for ATC I find myself in a rare position for a controller in that I have very little to say. Since Air Traffic Controllers work 40 hours a week and then go back to our humble abodes rather than take a swan down to Reno or McChord every weekend, tales of adventure and excitement are not that easy to come by. It is a thankless job, isn't it?

OPEVAL is now over and as we know, apart from a few small problems everything appeared to run quite smoothly. The heavy traffic was appreciated by all of us. It's nice to know that you can still control more than a Voodoo and an Aurora in the circuit at the same time.

Congratulations go to Cpl. Ostner on his recent accelerated promotion to that rank. Konrad likes to think that it was his Wit, Charm and Intelligence that got him the promotion and not his constant winking about how his wife outranked him. It certainly wasn't a result of his recent appearances as goalie for the ATC/RADAR intersection hockey team. Do not fear my hockey comrades, this author will soon be back in nets stopping all shots that come my way.

Congratulations also go to Cpl. Schrauwen and Lt.

Smith on their recent facility ratings as controllers. John Schrauwen is now a qualified radar controller and Russ Smith (ex-MCpl recently CFR's) has been checked out in the tower for approximately a month. So when are you going to buy guy's?

Rumor has it that the ATC mens intersection bowling team has improved substantially in the new year and can now boast second last place in the league. Joe Kasaboski's consistency in guttering the ball can be directly related to the teams present ranking. Keep bringing those quarters to the games Joe.

"SAR Warren Webber" has now ended after two weeks of intensive searching at Forbidden Plateau. Warren was last seen demonstrating the Russian camel splits leading into a triple reverse back flip after he hit a mogul on the bunny hill.

A stranger has been seen hanging around the tower lately posing as the NCO 1/c Tower. Bring us back Fur-face; this new guy is too keen. Well that's about it for this week. For those interested, Rick's Used Car Lot is still doing poorly. Anybody want to buy a used car? Til next issue, take care ya-all!

RM

It's now or never to buy a very good quality bottle of wine. VU 33 has presently in stock quality wine for sale at a very reasonable price. "Chateau Trente-trois Superieur" is imported from the best vineyards in the world, Thirty Three Country.

330 WINNER

10 Feb 83 - Maj. Fletcher  
17 Feb 83 - Mrs. Lorna Kirker

In honour of OpEval 83, a few avionics types (they're the ones with the dirty coveralls) got together for a debrief recently. "Jose" Blackmore, master of the 26 string guitar and his charming accompanist: Susan Comeau provided apres dinner music to the delight of the assembled company. Anyone wanting more ham or potatoe salad, please see your hostess.

Dave Maloney is back from his course in Borden saying how nice and warm the weather is ??? and volunteering to set up a computer program to figure out anyone's Biorythms!

Dennis and company were having such a good time at work the other night he decided to call in the off duty crew to share these unforgettable moments. Thanks to all those attending.

Kim, Bob, Al and other members of the "gourmet dining society" wish to compliment the mess hall staff on a week of unparalleled good eating. Bob would especially like to thank the pastry chef for the butter tarts (all 26 of them).

Notice Laurie's fingers are getting a little wrinkled, could be from overwork or

too many hot tubs, perhaps!

Jan is with us again, backing up Gord, who will be sorely missed when his enlistment is up shortly.

Doug Black donated a 10 speed "Apollo" bike to be raffled off by the squadron. Anyone wanting tickets on this "supercycle" can purchase them from any squadron member.

Pierre is trying to sell a bike and also is looking for someone to teach him the finer points of "hearts". Fred and Rob are off to warmer climes for a day or two to help recover a Tracker. Bring us some sunshine back please fellows!

OT short been our tu excor peccor treasr hapd is a s W Genr chief oper Def: sum manz fighti FJ stru Squa the deliw throu Cold

OTT area C ces z aware Staff dation exemm CDS, Withr cemon LiJ William Direct Openr at Headbr commm protect Guard Cyprus Serving conting Nations the thf positio personr the GC possibl Turki The an and thi commm potent and was stantiaf Pettis Barry

CA If youve to doob prepaqs and mim • G2 TnT • MM A/A • Po9 • AIA SwZ • Em3 FOR FL



# Editorials

## Woman's Place is In The Home

I was raised with the notion that a woman's place is in the home. Because of economic reasons my mother always worked but both she and my father would have preferred she remain at home and be a homemaker. This was probably when the idea was first instilled but I'm sure it was driven home by books like the Dick and Jane series and television shows such as Dick Van Dyke, I Love Lucy, Bewitched and many others. My friends had been raised under the same conditions and as we grew up and encountered things like Womens Lib, we treated them like a joke.

Lately I've come to realize that the Womens Liberation Movement and similar Equal Rights movements are the best things that have ever happened to men. Besides freeing women from the drudgery of housework and from being a prisoner of the house, they are freeing men from being forced into life long labour as a meal ticket.

No longer do men completely dominate the business and industrial world. Every year a greater percentage of women are taking realistic courses at universities and colleges rather than the arts, social graces and home economics courses that made up the MRS or diamond ring courses. Because women are becoming better qualified for higher paying positions their salaries on the average are increasing. With salaries comparable to their spouses, couples are finding themselves in the unique position of either mates' earnings being sufficient to support the family.

This means that the traditional roles of money winner and home maker are now interchangeable. Quite often after the novelty of a career and working at least a forty hour week have worn off, a woman will decide it is time to quit work, have children and return to the home, relying on her mate to keep working to

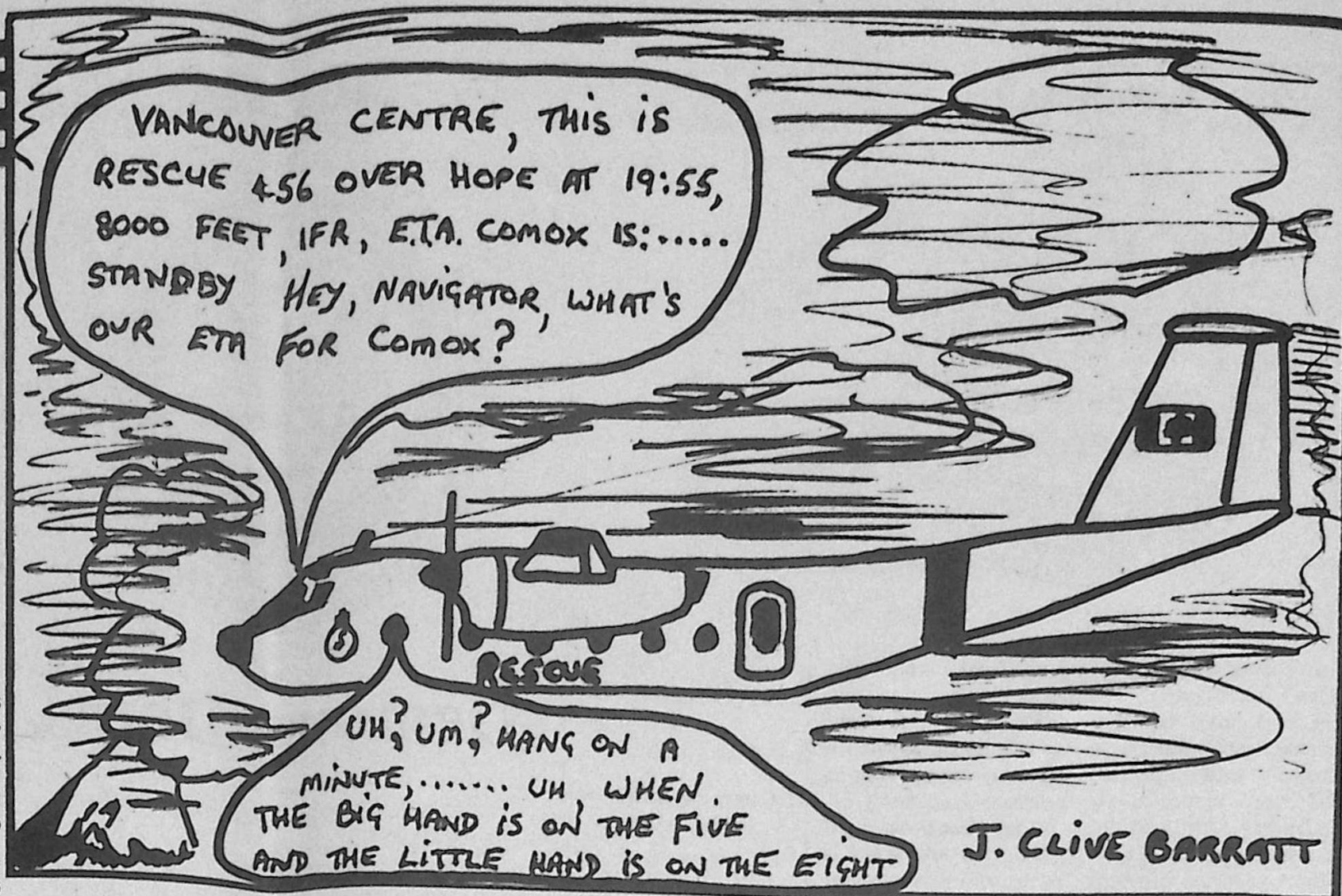
foot the bills. Thanks to Womens Lib the man can point out that either mate is capable of maintaining the home or providing for the family.

The days of large families are gone, the average now being around two children per family. Because its easier on both parents and finances to have the births close together, a period of about three years from the birth of the first child to that of the second is normal.

Allowing time off prior to delivery and after birth for nursing, a mother need only retire from the working world for about four years. At that time, the couple should decide who stays home and who goes to work. I have a hunch a large number of men would find child raising as challenging and fulfilling as working in a factory, pushing paper or trying to sell insurance.

An argument could be made that the mother should stay with the children until they are of school age or at an age where they are responsible enough to be left on their own. This may or may not be a valid argument but if the mother does stay home she should be ready and willing to return to work when the children can be left alone. When large families became a thing of the past, large houses followed suit. With the number of time saving appliances found in the average household and the reduced size of todays houses, there isn't a necessity for either parent to devote each day to housework. Therefore there isn't any reason for either parent to stay at home. The partnership should be maintained by both members of the couple working rather than one remaining out of the work force only to fill in the time with exercise classes, golf, tennis, television, various social clubs and other usual daily distractions.

I'm sure that most men would prefer to go to work then stay home but now they have a choice.



## Letters:

### Freedom of Choice

To The Editor:

The attempt to erode individual freedom by groups such as the Pro-Lifers is of concern to me. Groups such as this one want to impose their views on everyone -- individual choice and the ability to think for oneself are considered of no importance. For some, abortion is an emotionally charged issue. Others, however, have earned an awareness of it that goes beyond the limits of this physical world. We know that, as Soul, we enter a physical body after a chosen body separates from the mother -- after birth. This awareness is everyone's birthright. It is

up to the individual, however, to choose to prove it for oneself.

I am simply saying that we should have the freedom to choose whether or not we want an abortion. For individuals interested in insights on the processes called birth and death, I recommend *Consciousness, The Key to Life* by Darwin Gross. "Soul uses the physical body to exist in this coarser vibration. If one physical body is not used by a particular Soul, It will use another."

Sincerely,  
Carole Punt

### Volunteers for Tax Returns

To The Editor:

As you may know, this is an effort by those in your community who are volunteers and who assist in preparing Income Tax Returns for only those who have no other means of assistance available to them. People such as senior citizens, the disabled, those with low incomes and new immigrants are some of those who benefit from this program.

Over the years, this has proven to be a valuable community service, for instance, last year the 79 volunteers, working either individually or with one of the twenty-nine groups,

assisted over 3,200 people throughout the Island.

The part that we play in this program is to supply each volunteer with reference material about taxation and to also provide a brief training session. As these volunteers will only be helping people such as seniors, the Income Tax Returns that they prepare will not be complex, but, if they do run into a problem, they will have the name of one of our staff to call and ask their questions.

Over the years, the Media has played an important role in this endeavour by letting their readers know

about the program, and, again this year, we ask that you inform your readers about it.

We will be available to answer any questions that you may have about the program and we would be pleased to hear from you. You can mention to either those individuals or groups who are interested that they can contact this office for further information.

D.J. McGrath  
Public Relations Officer  
Telephone No. 338-3867 or  
Zenith 0-4000



## Law Talk

By Gordon Hardy of the People's Law School

## Contract Law

The third in a series of seven articles on contracts.

In 1960 the police in England charged a storeowner with violation of a law which prohibited the sale of or offer to sell switchblade knives. The storeowner had displayed the knives in his window.

A judge found the storekeeper innocent -- by merely displaying the knives, the storeowner was not making an offer to sell them but an invitation to treat, in other words, inviting passerby to make him an offer.

It works the same way in B.C. When you enter the corner grocery to buy a carton of milk, you are offering the grocer money in return for his milk. He accepts your offer when he takes your money and hands you the milk. You and the grocer now have a contract of sale.

An important ingredient

of any valid contract is agreement on terms; someone makes an offer to do or supply something while someone else agrees to accept the offer. Agreement consists of offer and acceptance.

Over the years judges and law-makers have been called upon to interpret the law of contracts as it applied to individual disputes.

In one famous case at the beginning of this century, an English company placed a newspaper advertisement for a dubious medical concoction called a carbolic smoke ball which was supposed to ward off all illness. It promised a one hundred pound award to any person who became ill after using the cure-all. A Mrs. Carlill purchased and used the medicine but caught the flu two months later. Mrs. Carlill claimed the reward.

The company's lawyer argued in court that his client did not intend to make a legal offer to Mrs. Carlill. If there was no offer, there could be no acceptance and, hence, no agreement. Without agreement there was no legal contract and the company should not, the lawyer argued, be obliged to pay Mrs. Carlill the reward.

The judge thought otherwise. There had indeed been an offer, he said, an offer to the world in general and to that portion of the public which accepted it, namely Mrs. Carlill. The judge also decided that, although Mrs. Carlill had not communicated her acceptance of the offer in an overt manner to the company, there was no need to communicate it. It ordered the company to pay the reward to the woman.

The principles established in this case - that advertisers must stand by their claims and that consumers accept the offer when they make purchases - have been absorbed and expanded upon in modern consumer protection laws.

Another important case clarified guidelines as to how long an offer stands, once made. In this case, a B.C. company sent a letter to Theresa Shatford offering to sell her a quantity of logan-berries at a certain price. The woman waited six days before writing back that she accepted the offer. When informed that the company had withdrawn its offer, the woman sued, arguing that, since offer and acceptance had been made, the company was violating a valid contract. The court, however, rejected her claim. The

judge held that she did not accept the offer within a reasonable time, given the perishable nature of the berries offered and the time of year. Theresa Shatford should have written back the day she received the offer. This case clarified the principle that if an offer is not accepted within a reasonable time, it lapses, or ceases to have any effect. In disputes of this kind, judges are guided by this principle.

Cases like this have contributed to a body of rules regarding offer and acceptance. The general rule is that, if you make an offer and the other party accepts it within a reasonable time, there exists a legally binding contract. You can, however, withdraw your offer at any time before the other party accepts it.



## 2/3 OF CANADIANS DON'T SMOKE.

### TOTEM TIMES

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La Federation des Franco-Colombiens, 853 rue Richards, Piece 104, Vancouver, C.B., V6B 3B4

## Une Pre-Maternelle Francaise

Si la demande est suffisante, il serait possible d'avoir une pre-maternelle francaise pour septembre 1983. Les personnes interessees sont priees de communiquer avec Paulette Leblanc 339-5651 ou Jocelyne Schael 339-7165. N'HESITEZ PAS, NOUS L'AURONS, SI VOUS LA VOULEZ!

**ATTENTION**  
LE LOCAL SERA FERME  
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## FILM LA TETE DE NORMANDE ST-ONGE A VENIR EN MARS

Verifier le Prochain Totem pour plus de Detail.

## COMMUNIQUE

Je tiens a remercier "Gens du Pays" de leur gentillesse, pour m'avoir fait parvenir une carte de prompt retablissement et merci a ceux qui sont venus me reconforter, durant mon sejour a l'hopital, Merci.

Lisette Crepeau

A compter de DIMANCHE le 6 Mars 1983, le local Gens du Pays sera ouvert le dimanche apres-midi de 13 hres a 16 hres. Venez prendre un breuvage, jouez une partie de cartes, faire vos preuves a des jeux de societe, lire

## ANNONCES RAPPEL DE REMPLIR LES FORMULAIRES D'IMPOTS EN FRANCAIS

Je le fais  
Tu le fais  
Tout le monde le fait  
On demande et on remplit nos  
formulaires d'impots en Francais.

Ohe! Ohe!  
Messieurs - Mesdames  
Saviez-vous que vous pouvez  
demander et remplir vos  
formulaire d'impots en Francais.

Le mois d'Avril  
C'est le mois de l'impot  
Une facon agreable  
de demander et de remplir  
votre formulaire d'impots  
c'est de le faire en  
"FRANCAIS"!

Et si cette annee tu demandais  
et tu remplissais ton formulaire  
d'impots en "FRANCAIS"?

Savais-tu que tu peux  
demander et  
remplir ton formulaire  
d'impots en Francais  
C'est ton droit, tu sais.

## OU EN ETES-VOUS?

Certains membres voient a ce que leurs organisations restent fortes, Alors que d'autres s'inscrivent et se contentent d'appartenir. Il y en a qui s'y donnent, d'autres se devouent avec ferveur; mais d'autres suivent, rien que pour le plaisir. Certains offrent spontanement leurs services, alors que d'autres attendent et s'en balancent. Les jours de reunion certains sont toujours presents, mais par contre - il y a ceux qui n'y vont jamais. Certains reglent toujours leurs cotisations a l'avance, d'autres laissent plusieurs mois de retard s'accumuler. Certains font de leur mieux. Certains construisent ou font quelque chose, certains ne donnent jamais rien, mais prennent toujours. Certains tirent de l'arriere, Certains laissent aller les choses, Certains ne font rien pour le developpement de leurs organisations. Certains se trainent, d'autres entraînent; avec certains c'est non, avec d'autres c'est oui, VOUS-MEME, OU EN ETES-VOUS?

## "AUJOURD'HUI"

La chose la plus precieuse que tu possedes est  
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"Aujourd'hui" est ton sauveur il est souvent crucifie entre deux voleurs, "Hier et Demain".

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La vaste majorite de nos miseres sont des restes d'hier ou empruntes a demain.

Garde ton "Aujourd'hui" propre, decide dans ton esprit de jouir, de ta nourriture, de ton travail et de tes loisirs, coute que coute, "Aujourd'hui".

"Aujourd'hui" est a toi, c'est a toi que Dieu l'a donne. Tous tes Hiers il les a repris, tous tes Demains sont encore enire ses mains.

"Aujourd'hui" est a toi, prends-en les joies et sois heureux...sois heureux...prends-en les peines, et sois homme...sois femme.

"Aujourd'hui" est a toi, emploie-le de sorte que sur ta fin, tu puisses dire, j'ai vecu, j'ai aime  
"Aujourd'hui".

## CLUB: "GENS DU PAYS"

PRESIDENT:	Yvan Duchesne	Local 2505
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V.P. EXEC:	J.C. Lemieux	337-8578
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SECRETAIRE: Diane Seneville

Pour plus de renseignements, contactez un de ces personnes. CLUB GENS DU PAYS, BOX 213, LAZO, B.C. V0R 2K0 TEL. - 339-5113. Le local est ouvert MARDI, MERCREDI et VENDREDI de 1300 hres a 1600 hres, et JEUDI de 18h30 a 2100 hres.



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PIERRE ET JOANNE  
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Spectacle relatant la vie des trappeurs, coureurs de bois et boyageurs durant la decouverte de l'Ouest Canadien.

Une idee originale de Johanne Martineau et Pierre Lamoureux.

Le 22 mars 1983, 9:30 a.m., Gymnase d'Airport School, (ecole des PMQ).

LA PROCHAINE REUNION DU COMITE  
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SPORTS

Bowling

CFB Comox Bowling Lanes recently held a Queen of the Lanes Tournament in honour of Valentines Day. One lady was chosen by pins over average to represent her team in the tournament. All the lucky ladies gathered together on Thursday evening and when it was all over the lucky winner was Bonnie Woodfine with 86 pins over average. She received twenty dollars for lunch for two at her favourite restaurant, plus four other lovely gifts donated by Comox merchants. Congratulations, Bonnie!

**Casual Bowling**

On Thursday evenings from 6 until 9 and Sunday afternoons from 1230 until 4, the bowling alley is open to all personnel and dependants. The cost is only 70¢ per game for adults and 35¢ per game for children. Bring the family and have some fun.



Base Team Fastball

Our mens and womens teams are starting to gear up for the 1983 seasons. The women's team is once again entered in the North Island Fastball League, while the men are playing in the "B" Division, Valley Fastball League. Both provide very good quality competition and will provide the best opportunity to prepare for Regionals and Nationals.

Players, Coaches, trained or interested personnel are urged to contact the Rec Centre, Loc. 2315 for further information.

A men's general meeting will be held at the Base Rec Centre on Fri. 25 Feb. at 1100 hrs. Dry land training every Saturday morning 0900 - 1200.

Servicewomen's Broomball

The next competition for the Servicewomen's Broomball Team is the Provincials. After defeating both Victoria and Duncan to capture the "Zones", CFB Comox Totems will be heading to Nanaimo the 11 - 13 Mar for the Provincial Play-downs. The competition will be much tougher, but with their 7 - 2 record, the Totems are confident that their team play will be effective.

Good luck to the following team members: Pte. Donegan, Pte. Moyer, Cpl. Chevrier, MCpl. Begin, Pte. Chubey, Pte. Koning, Pte. Bureau, Cpl. Ryan, Pte. Duke, Pte. Pemberton, Pte. Migneault, Cathy Larade and Jeannun Rodgers.

Admiral Nelles X-Country

A RRMC team of four runners squeezed past the 1982 military team winners from CFB Comox in the Admiral Nelles four mile cross country race held on the college campus Saturday, 19 February. CFB Comox team, composed of Capt. Vic Howlett, Capt. Nelson Hui, MCpl. Gord Kehoe, and MCpl. Cyril Rogers, lost by a margin of 4 seconds. Seven other military teams competed to have their names engraved on the trophies which are presented traditionally at this event.

This 36th running of the Admiral Nelles race was held under wet and windy conditions but many competitors ran their personal best efforts for the course. Lt. Don Switzers improved his last years time by a minute, to come within one second of the military record for the course and he was the first military runner to finish. Second military and third military runners had a great battle passing each other at least three times during the race but at the finish it was OCdt. Reid over Capt. Howlett of VU 33 Squadron by 6 seconds. Capt. Howlett's time was one minute better than his last years time. The top three in category received medallions for their efforts. Capt. Nelson Hui in a time of 23:15 placed 6th in the military class, one second behind the fifth place military runner OCdt. Pimm.

MCpl. Gord Kehoe finished in 24:42, thirty seconds behind MCpl. Cyril Rodger; they finished 13th and 16th respectively.

Capt. John LeRoss, also of CFB Comox, competed in the race, finishing in a time of 25:14 in the open masters category.

The race was part of the Vancouver Island Grand Prix series and attracted 261 runners. Capt. Howlett was 7th in the men's master class and retains his 7th position in series point total for that category. The third race in the series takes place 26 Feb at Saanichton and is a 8 Km race.

Intersection League Standings As Of 18 Feb 83

HOCKEY

TEAM	G.P.	WINS	TIES	Losses	Pts F	Pts A	PTS	PLACE
409B	16	13	0	3	117	44	26	1
Security	14	11	0	3	83	40	22	2
VU33/Supply	16	9	1	6	93	66	19	3
BAMSO	16	8	2	6	76	68	18	4
409A	16	9	0	7	69	88	18	5
407A	17	8	1	8	67	68	17	6
442	15	7	3	5	62	49	17	7
ATC	15	4	1	10	61	81	9	8
407B	15	2	1	12	32	97	5	9
MSE	14	1	1	12	36	111	3	10

BROOMBALL

407	27	19	2	6	66	22	40	1
Headquarters	27	18	3	6	69	24	39	2
409/442	27	8	14	15	32	52	20	3
Security	27	4	1	22	18	87	9	4

INTERSECTION VOLLEYBALL SCHEDULE/PLAY-OFFS

"A" DIVISION

DATE	TIME	COURT 1	COURT 2
Wed 23 Feb	1130	7 Hangar vs Det 5	Bldg 28 vs BAMSO
	1215	Firehall vs 7 Hangar	BAMSO vs BTelO
Tue 1 Mar	1130	7 Hangar vs Bldg 28	BTelO vs Det 5
	1215	Firehall vs BAMSO	BTelO vs 7 Hangar
Wed 9 Mar	1130	Firehall vs Bldg 28	BAMSO vs Det 5
	1215	Det 5 vs BAMSO	Bldg 28 vs Firehall
Wed 16 Mar	1215	7 Hangar vs BTelO	Det 5 vs Bldg 28

"B" DIVISION

Thu 24 Feb	1130	407 Sqn vs BCompt	Admin I vs Maint(L)
	1215	Admin II vs 442 Sqn	CE vs Admin I
Thu 3 Mar	1130	Ce vs 407 Sqn	Maint(L) vs BCompt
	1215	Admin II vs Admin I	407 Sqn vs 442 Sqn
Thu 10 Mar	1130	442 Sqn vs Admin I	Admin II vs 407 Sqn
	1215	CE vs Maint(L)	BCompt vs Admin II
Thu 17 Mar	1130	442 Sqn vs BCompt	Admin II vs CE
	1215	Admin I vs 407 Sqn	442 Sqn vs Maint(L)
Thu 24 Mar	1130	BCompt vs CE	Maint(L) vs Admin II
	1215	407 Sqn vs Maint(L)	Admin I vs BCompt
*Wed 30 Mar	1215	CE vs 442 Sqn	Admin I vs Admin II
Thu 31 Mar	1215	BCompt vs Maint(L)	407 Sqn vs CE

VOLLEYBALL

"A" Division

TEAMS	GP	W	L	PTS F	PTS A	PTS	STDS
BAMSO	5	9	3	167	103	18	1
BTelO	6	9	6	196	166	18	2
F.H.	6	8	7	192	171	16	3
Bldg 28	5	6	5	124	117	12	4
DET 5	5	5	7	129	141	10	5
7 Hgr	5	1	10	52	162	2	6

"B" Division

TEAMS	GP	W	L	PTS F	PTS A	PTS	STD
CE	4	8	0	120	56	16	1
Admin II	5	7	4	135	125	14	2
Admin I	4	6	2	108	63	12	3
Maint (L)	4	6	3	113	73	12	4
BCompt	5	4	6	115	107	8	5
407	5	2	8	106	123	4	6
442	5	0	10	0	150	0	7

GLACIER GREENS



GOLF CLUB

ANNUAL MEETING

A general meeting of the Glacier Greens Golf Club will take place on Thursday 24 February at 1900 hrs. at the clubhouse. The meeting will last from 1900 til 2100 hrs at which time a short social gathering will take place commemorating the completion of the lounge renovation programme. A special draft beer introduction price will be in effect for this event.

Any personnel who would like to participate in executive activities during the forthcoming season, or anyone with proposed agenda items are requested to contact the club president, Bob Elder at local 2544, by no later than 18 February. The 1983 - 84 Executive will be elected at this meeting so lets have a good turnout as we expect a fantastic golfing season in 1983.

COME ONE COME ALL and discover

SKYDIVING



WHO: CFB Comox Sport Parachute Club  
WHERE: RCAF Hall  
Between Canex and Lazo PO

WHEN: Thursday, March 3 at 8:30 p.m.  
WHAT: Films, Pictures, Sport parachute gear, discussion and jump stories

(COFFEE OR BAR SERVICES AVAIL)  
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# Promotions and awards



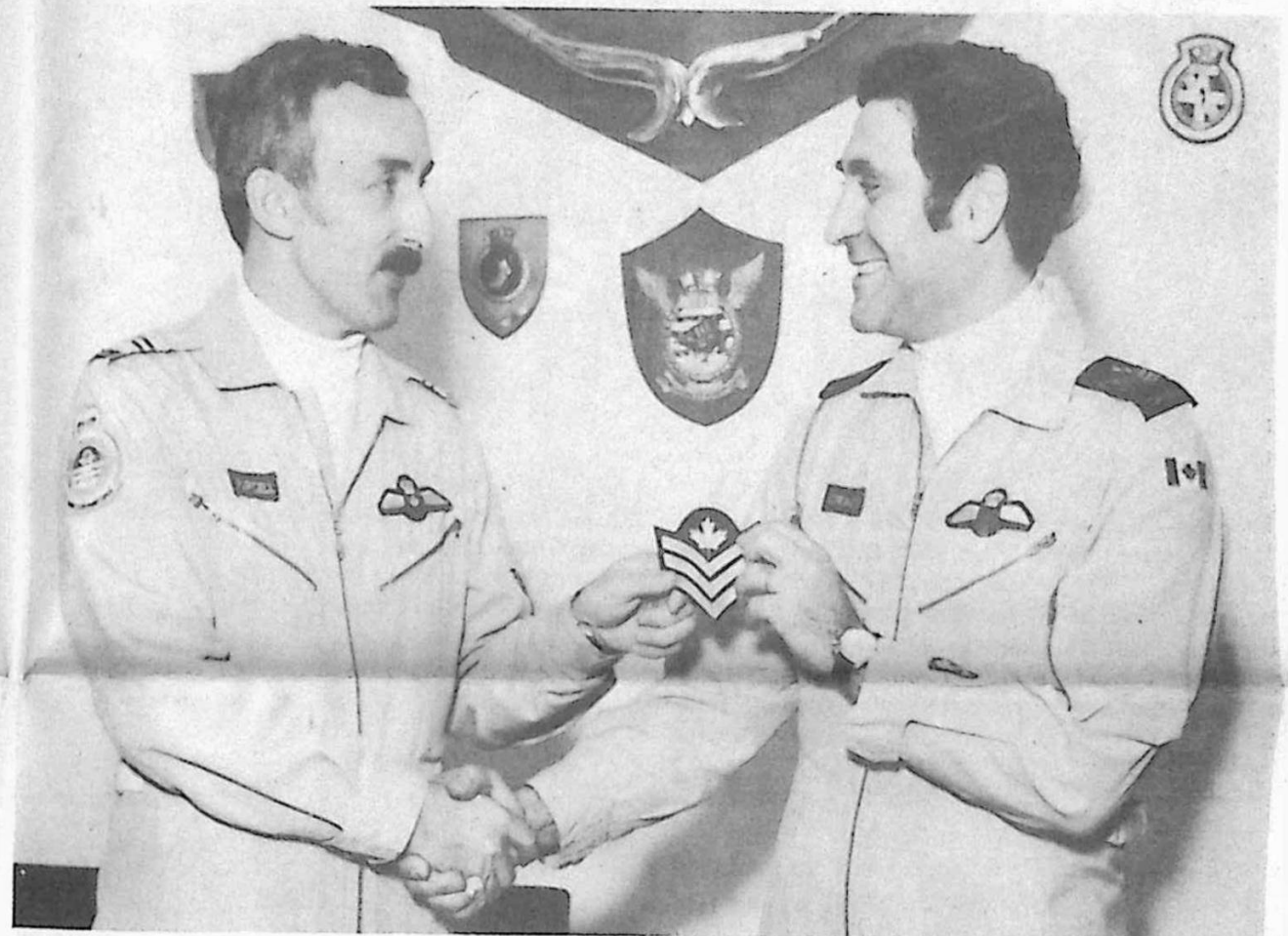
Sgt. George Murphy (the man with the Pepsodent smile) congratulated on his recent promotion by Maj. Purcell, CO VU 33.



Newly promoted Warrant Officer "Tommy" Thomson is congratulated by Major John Finn, the Base Supply Officer.



Cpl. Rick Watcher, CE Section, being congratulated by the BCEO, Maj. Bill Low, on his recent promotion to MCpl. Rick has recently been posted to CFS Debert.



Sgt. Ciraco is congratulated on his recent promotion by the VU 33 CO, Maj. Purcell.

## Unclassified

### RATES

First Insertion - NO CHARGE  
Subsequent Insertions - \$1.50 per inch

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Does Your Rent Include?

-fridge, stove, dishwasher  
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#### FOR RENT

1 & 2 bedrooms  
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apartments - includes heat  
& hydro  
By the month or permanent  
Close to the Base at  
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Reasonable Rates

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Interested call 339-6376 or  
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posted overseas.

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1979 16 Ft Aeroliner  
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Interested call 339-6376 or  
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Now Showing to Thurs., Feb. 24 - Sally Field,

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"KISS ME GOODBYE" - Warning -

Occasional swearing & suggestive scenes" - B.C. Director

Starts Fri. to Thurs. - Feb. 25, 26, 27, 28, Mar. 1, 2, 3

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Based on a true story

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Two Shows Fri. & Sat.  
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Thurs., Feb. 24 - Richard Pryor

"THE TOY"

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suggestive language" - B.C. Dir.

Feb. 25 to March 3 Sally Field

"KISS ME GOODBYE"

Occasional

swearing & suggestive scenes"

March 4 to 10

"MAN FROM SNOWY MOUNTAIN"

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BGen. Pattee presents Major Crawford with his fourth aerobic award. This represents a total of 4800 miles!



BGen. V. Pattee CD, Commander 14 Training Group, presents Maj. J.A. Cratchley, CD, Comdt AFIS with the 14 Training Group plaque. As the special guest of AFIS Course 8202, BGen. Pattee gave an interesting lecture on 14 Training Group. He also attended the course graduation luncheon as guest of honour.



During his recent visit to CFB Comox LCol. R. Landry, CD, CO 412 Squadron, presented Maj. J.A. Cratchley, CD, Comdt. AFIS, with the 412 Squadron plaque. The plaque will be placed in the AFIS "Blue Room" on a special board honouring all CF Air Squadrons. With the future acquisition of the 414 and 427 Squadron plaques, the AFIS 400 series will be complete.



The CO of VU 33, Maj. Purcell, presents to Lt. Murgatroyd, his Captain Robin Ross Memorial Trophy.



# EXTRA'S

FEBRUARY 24 - FEBRUARY 26

While Quantities Last

<b>Five Roses FLOUR</b> 2.5 Kg. .... 2 <sup>97</sup> 10 Kg. .... 6 <sup>47</sup>	<b>Lumber Jack SYRUP</b> 750 ML 2 <sup>17</sup>	<b>Crisco SHORTENING</b> 1 Lb. .97¢	<b>Duncan Hines CAKE MIXES</b> REG. .... 1 <sup>39</sup> SPECIAL ..... 1 <sup>17</sup> (Limited Quantities)
<b>Noxzema SKIN CREAM</b> 70 ML. REG. .... 2 <sup>39</sup> SPECIAL ..... 1 <sup>87</sup>	<b>Bon Ami CLEANSER</b> 400 G REG. .... .79¢ SPECIAL ..... .67¢	<b>GIRL'S RUGBY PANTS</b> (Assorted Colors) 2 to 3X. .... 6 <sup>99</sup> 4 to 6X. .... 7 <sup>99</sup> 7 to 14. .... 14 <sup>99</sup>	<b>Bounce FABRIC SOFTENER</b> 20 Sheets REG. .... 1 <sup>99</sup> SPECIAL ..... 1 <sup>67</sup>
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<b>Palmolive DISHWASHING LIQUID</b> 1.5 L REG. .... 4 <sup>29</sup> SPECIAL ..... 3 <sup>97</sup>	<b>ASSORTED MUGS 3 STYLES</b> . 97¢	<b>INTELLIVISION CARTRIDGES</b> REG. .... 34 <sup>99</sup> SPECIAL ..... 25 <sup>97</sup>	<b>Mattel INTELLIVISION Special</b> 299 <sup>97</sup>



# Around the Base



## ST. MICHAELS AND ALL ANGELS PROTESTANT CHAPEL

**CHAPLAIN:** Padre Bob Risch (UCC) Tel: 334-3575  
**CHAPEL:** St. Michael and All Angels Protestant Chapel, Bldg No. 88  
**OFFICE:** Headquarters Bldg No. 45, Rm. No. 48, Loc. 2273  
**ORGANIST:** Nancy Nowosad, Tel: 338-9843  
**PUBLIC WORSHIP:** Sundays - 11:00 hrs.  
**COMMUNION:** First Sunday of the month.  
**FAMILY SUNDAY:** Second Sunday of the month.  
**SUNDAY SCHOOL:** 0930 and 1100 hr. sessions - Mrs. Carol Fettinger, Supt. Tel: 339-5269  
**CHOIRS:** Thursdays: 1830 - 1930 hrs for Juniors - Mrs. Carlson, Tel: 339-7516.

## OUR LADY OF THE SACRED HEART CHAPEL CFB COMOX, B.C.

**BASE CHAPLAIN (RC):** Maj. Julien Rheault: 339-2211, Local 2274  
**MASS SCHEDULE HOURS:**  
 Saturday 1900 hrs  
 Sunday 1000 hrs  
 Weeks Days 0900 hrs (No Mass Thursday)  
**BAPTISMS & MARRIAGES:** By appointment - notice well in advance.  
**CONFESSIONS:** Confessions are heard 30 minutes before all Masses and any time on request.  
**CHOIR:** Meets at the Chapel on Thursdays at 7:00 p.m. New members are always made welcome.  
**CATHOLIC WOMEN'S LEAGUE:** Meets every second Tuesday of the month at 8 p.m. in the Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. For further information call the President, Mrs. Eva Schwab at 339-4791.  
**PARISH COUNCIL:** Meets every second Wednesday of the month at 1:00 p.m. in the Parish Hall.  
**ALTAR SERVERS:** Under the direction of Carl Dip-sell. For info call 339-2361.  
**CATECHISM CLASSES:** Each Wednesday in the PMQ School from 6:30 to 7:30 p.m. for children from Grades 1 to 7. Children in grade 2 are prepared for First Confession and First Communion.

## CFB COMOX MILITARY CHRISTIAN FELLOWSHIP



MCF

Meetings held from Monday to Thursday from 1200 - 1300 hrs. in the R.C. Parish Hall next to the Tennis Courts.

## BOY SCOUT AUCTION

Sponsored by  
First Lazo Ladies Auxiliary

to be held  
March 19, 1983

at  
Airport School  
2:00 - 4:00

**Donations Needed**  
 CALL 339-7524 or 339-5269  
 339-5701 (en français)



The Base Supply Officer, Major John Finn, congratulates Mr. Yves Derrien upon his retirement after twenty-nine years of service. Mr. Derrien's last position was in the C.E. Supply Group.

## PMQ PREAMBLE

I don't have too much to report in this issue, as our Council meeting was held Tuesday morning.

Hopefully, everyone has gotten through all this "liquid sunshine" without flooded basements. We had some water in ours, but not enough to call for help.

Spring certainly is in the air and the proof is the robins that have been around recently. Also, with the children out on roller skates and bicycles. I hope all you parents are teaching your children the rules of the road and bicycle safety. Especially not to ride double, and be out after dark without proper reflectors and lights.

Congratulations are in order for our Y.B.C. Bowlers (from CFB Comox) Senior Girls, who won the Zone Championship in Port Alberni on Sunday, Feb. 20. Melanie Davies, Heather King, Angela Legault, Angela Pownall and Brenda Thibodeau came home very happy and looking forward to the Provincial Championship to be held in Burnaby on March 12. Second place was the Senior Girls from Glacier Lanes in Courtenay. Our Senior Boys team of Karl Dipsell, Mike Hume, Steve Iavoie, Wally LeBlanc, and Danny Wedge came in second, beaten only a few pins by the Senior Boys from Parksville. The Parksville team goes to Burnaby also. The boys single entrant was Earl Scott who came in second. The girls single entrant was Leanne Houston who came in second also. To quote a sportscaster from Down Home, "It isn't if you win or lose, it's how you play the game", and you all played extremely well. A bouquet goes out to your coaches, Joan and Harry Lavoie for their expert coaching, guidance and cheerfulness. Thank you Joan and Harry, maybe next year, Joan, a beer and high heeled bowling shoes!

While congratulations are being handed out, I'd like to congratulate Brownie Katrina Bowness and Guide Nicole Young on winning the Kwah-Nice District Poster cookie contest. Well done, girls!

My friend, Bill, has been batching it for the last while as his wife has been on vacation. When she called him to find out if he was eating his greens, he said "only the bread".

"Till next time...."

## GIGANTIC GARAGE SALE

Saturday, March 19  
9:00 a.m. - 3:00 p.m.

To be held inside the Comox Rec Centre  
1855 Noel Ave.

All proceeds go to the Komux District  
Girl Guides Association.

## Courtenay Little Theatre

Rehearsals are in full swing for the Courtenay Little Theatre production "Deathtrap", a three-act thriller which runs March 4, 5, 10, 11 and 12 at the Civic Theatre, Courtenay.

Gail Limber directs the five characters who enact a gruesome yet wry story about Sidney Bruhl, a crime writer who is desperately searching for a new, marketable plot. When the new idea turns up it is, unfortunately written by another man and Bruhl decides that he will do anything to get hold of the story -- and does.

"Deathtrap" is by Ira Levin, author of the

macabre "Rosemary's Baby" and while it promises an evening of both suspense and laughter, it is not recommended for children!

Tony Arnold, Campbell River teacher, plays the lead role (a part taken by Michael Caine in the movie version).

Arnold is a versatile actor who last appeared with Courtenay Little Theatre in the singing and dancing role of Linus in "You're a Good Man, Charlie Brown."

Clifford Anderson, Pat Christian, Anne Cubitt and Wayne Perret complete the cast. Production staff includes Marcus Handman

manager, Audrey Rogers stage manager, Edna Knight set design, Pippa Arnold costumes, Sylvia Lindstrom, Judi Treloar and Dylis Loucks, props, Sid Williams set construction, Mike Butler and Dave Johnes, lighting and sound.

Tickets for the play are available at Courtenay Drugs, Beejay's Cards & Gifts (Driftwood Mall), Blue Heron Books, Comox, Edible Island, Merville and at the door.

## FAMILY SEX EDUCATION

Family life programs, including sex education, should be included in the regular school curriculum throughout the province to help reduce the high occurrence of unwanted pregnancies, says the B.C. Health Association (BCHA).

The BCHA -- that represents all acute care hospitals and other health care organizations in the province -- has written to Education Minister Bill Vander Zalm and Health Minister Jim Nielsen

requesting that family life programs be sufficiently funded for both the health system and the school curriculum.

The letters follow ratification of resolutions at the association's 1982 annual conference.

In the most recent figures available, Statistics Canada reports that almost a third of the total abortions in B.C. in 1980 were performed on women aged 20 and under. Of the 12,171 total, 3,480 were performed on patients aged 20 and under.



## Library

(Located back Station Theatre)

### HOURS:

6:00 p.m. - 9:00 p.m. Monday - Thursday

### NEW BOOKS:

**1st - 2nd - 3rd Herman Treasury** Jim Unger "Herman is not chic. He is not cool. He is not one of the Beautiful People... Herman is the universal schlemiel - a bit of you, a touch of your boss, a smattering of your brother-in-law and a lot of Jim Unger" Washington Star

**No Bad Dogs The Woodhouse Way** In this irresistible book, Barbara Woodhouse passes on to the reader the simple, effective techniques as well as infectious, positive attitude that have enabled her to make the most unruly or nervous dog happily obedient - sometimes within a few minutes, as astonished television audiences can attest.

**The Clan of the Cave Bear** - Jean M. Auel

**The Valley of Horses** - Jean M. Auel. Once again Jean M. Auel uses her powerful storytelling talents and her thorough understanding of human nature to take us on an amazing journey into the primordial past, recreating the prehistoric world as it truly might have been in this compelling and timeless new epic of the dawn of civilization.

**The Parsifal Mosaic** - Robert Ludlum. The Parsifal Mosaic is without a doubt the fastest-paced most complex and deeply satisfying novel Robert Ludlum has yet produced. It confirms his storytelling genius and illustrates once again why he is among America's most popular novelists.

We also have many pocketbooks and pocketbook exchange and current magazines such as Sports Illustrated, McLeans, Canadian Geographic, National Geographic and more.

### BOOK SALE

at the Library

(During regular hours Monday - Thursday 9 - 6)

USED BOOKS OF ALL KINDS

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## Under The Toadstool

The February Guiders meeting was held on Feb. 15 with special guest, Mary Savy. For those of you not in attendance, all I can say is you missed a very enjoyable meeting. Many items of importance were discussed, a list of which follows:

1) A sewing bee will be held on Feb. 23 at the Lutheran Church, Courtenay to sew curtains for Elk Haven.

2) March 2, Parkdale Plaza, Victoria. Time 9:00 - 9:55. The Queen's visit. Barb Wilson 753-0607 has more details.

3) Tuesday, March 15, is a Division Annual Meeting. All leaders are invited and encouraged to attend. It will be held at the Homestead Restaurant at 9:30 a.m. Lunch to follow. (Buy your own). NO UNIFORMS, PLEASE.

4) April 9, Saturday, there will be an Area Annual Meeting at 11:15. Our Area Commissioner is retiring. Each District is being given a job, and ours in to set the tables and get the center pieces. Luncheon is pot luck. We supply the goodies and there will be entertainment after.

5) The Canada Cord Ceremonies will be held in Campbell River on April 30. Please let Pam know if you have anyone attending.

6) Provincial Conference for Commissioners or their representatives, will be held in Vancouver May 10, 11 & 12.

7) A Waterfront Supervisors course will be held at the Base Pool at 10:00 a.m. Please let Pam know if you are interested.

8) Rallies will be held at Kin Beach for Brownies and Guides. The Guide rally is on June 4 from 10:00 to 8:00. Brownie rally on June 11. A meeting will be held at Audrey Rennison's, 1640 Robert Lang Drive at 9:15 a.m. to discuss the days events.

Other topics were discussed as well. First Aid courses, a Brownie doll will be given to the first baby girl born on or nearest Feb. 22. Leaders are needed in all areas. Pictures for next years calendars are also needed.

We have a Trefoil Guild in Kawh-Nice District. This is made up of retired Leaders, Commissioners, etc. who would like to stay in touch with the Guiding Movement, but are unable to do so for various reasons. A list of these ladies are available from Pam, and we would like you to feel free to invite them to your meetings. They have great ideas, crafts and can tell your girls what it was like to be a Brownie or Guide years ago.

I'd like to congratulate one of our Brownies and also one of our Guides for a job well done! Brownie Katrina Bowness and Guide Nicole Young for winning the Cookie poster contest. These will be displayed in local shops so you will be able to see our budding artists' work.

Until next month, "BE PREPARED TO LEND A HAND".

### Captain Robin Ross Memorial Trophy

In memory and honour of Tracker flight training in 406 Squadron, the ROBIN ROSS MEMORIAL TROPHY was conceived and presented to the departing pilots of the Tracker training cell. The trophy is safe guarded by 880 Squadron at Canadian Forces Base Summerside and is presented to the student attaining the highest aggregate mark on the CP121 Conversion Course. The trophy was dedicated in memory of Captain Robin Ross who lost his life on a training mission 5 October 1976 while employed as a Tracker pilot instructor on 406 Maritime Operational Training Squadron. The handsome trophy is of solid, elegant walnut and was carved by Sergeant Arnold Landry, a technical instructor serving in 406 Squadron at Canadian Forces Base Shearwater.

## WALLACE GARDENS

### Community

### Service Awards

During a recent PMQ Council meeting approval was given for the future presentation of "COMMUNITY SERVICE AWARDS".

These "Awards" are to be presented to personnel who volunteer their service, time and assistance towards a better community. This is achieved by personnel who carry out volunteer work with the many organized groups within our community. If it were not for these selfless people many of our community groups would not exist.

The PMQ council would like your assistance in selecting nominees for a "Community Service Award". If you know someone who has given up their time towards community activity please fill in the application below. Completed forms must be in no later than 25 March 83. You can leave the completed application at any one of the following PMQ's: PMQ 117-D, PMQ F-7 or PMQ 89-A.

All applications received will be reviewed by the Community Service Awards Committee and personnel selection for an "Award" will be notified of the date, place and time for presentation.

### WALLACE GARDENS COMMUNITY SERVICE AWARD - Nominee Application

NAME OF NOMINEE:.....

ADDRESS:.....

PHONE No. HOME/WORK.....

VOLUNTEER WORK PERFORMED.....

REMARKS:.....



TORONTO, Ont. -- Privates Tony Regan (left) and Murray Norman, both from 1 Canadian Signal Regiment (1 CSR) Kingston process traffic in their message centre vehicle during Exercise Stalwart Warrior in Toronto 29-3 Feb.

Sixty-five personnel of 1 CSR provided complete field communications for the exercise, simulating activities of Divisional Headquarters, designed for army officers attending the Canadian Forces Staff College.

Message distribution, teletype and telephone switchboard facilities, dispatch service and clerical support duties were the responsibilities of the signals troop commanded by Lt. Barry Green.

## Daytime Running Lights

When road safety measures reduce accidents by even one percent, it's considered a breakthrough. Now research shows that accidents can be reduced up to 6 per cent by one simple measure -- daytime running lights.

The British Columbia Automobile Association recommends that drivers turn on their low-beam headlights for added protection on dull winter days or anytime lighting conditions are poor.

Test results show that lit vehicles stand out better regardless of vehicle colour or background and that drivers often overestimate the distance of unlit oncoming cars. For this reason, daytime lights help

reduce highway passing risks.

Although B.C. regulations require only that headlights be switched on half an hour after sunset until half an hour before sunrise and during periods of poor visibility, BCAA President Andrew Makin recommends low-beam headlights as a safety measure motorists can use at any time to make their cars more visible.

Because small cars are often harder to see and provide less protection in a collision, drivers of these cars are particularly well advised to keep low beams on at all times, says Makin.

The additional cost for driving with low-beam lights is about \$2,

including the cost of replacing bulbs -- a small price to pay for the added protection.

The cost would be even less if reduced-intensity running lights, which require less voltage and create less glare, were engineered into new cars. BCAA recommends that car manufacturers begin incorporating daytime running lights which turn on and off automatically with the ignition.

BCAA warns motorists that parking lights cannot be used in place of low beams as they are illegal and considered unsafe.

One last caution -- turn on your headlights, but don't forget to turn them off again!

## DEFENSIVE DRIVING COURSE

For Dependents

The CFB Comox MSE Safety Section will be delivering a free Defensive Driving Course for dependents from 16 Mar 83 - 18 Mar 83. This course is identical to that given to all drivers of military vehicles and those courses offered by civilian facilities in the

local area.

The DDC is not designed to teach individuals how to drive. It is an informative course on the techniques of defensive driving or how to recognize and correct bad driving habits and avoid potential accident situations.

The course is eight hours in duration and will cover three consecutive evenings, approximately three hours per evening at 1830 hours.

This is an excellent course for the new driver. It must be stressed, however, that the individual must have from three to six months licenced driving experience. This will ensure the candidate has had enough solo time behind the wheel to relate to the content of the course. Please contact the MSE Safety Section, Local 2263 for enrolment and further information.

## Tax Tip

Most students don't have a lot of maneuvering room and that's all the more reason to bone-up at tax time. Tuition, books and supplies, bus fare and accommodation are all expensive. With a little planning you can save tax dollars each year to help finance the increasing costs of your education.

Your tuition fees are deductible if they exceed \$100. However, only you may deduct them, regardless of who actually paid them. Tuition fees paid to an approved foreign university are also deductible if you attended the university full-time for at least 13 weeks.

If you received a scholarship, fellowship or bursary, the first \$500 is tax free. For example, if you received a bursary of \$800, you would only have to report \$300 as taxable income.

You may also claim \$50 per month for each whole or partial month in the calendar year in which you were in full-time attendance at an educational institution. You must file a special form, T2202A or T2202, with your tax return to claim this expense. This deduction can be claimed by either yourself or the person supporting you.

Research grants are fully taxable, but you may deduct expenses related to the project. Deductible research expenses include the price of books, journals and other materials, the cost of hiring assistants, travel expenses related to your research, equipment rental, and depreciation on equipment you purchase.

Your moving expenses may be deductible if you had to move to attend university. You may only deduct your expenses from income you earn at your university location.

For example, if you take a part-time job while attending university, you may

deduct your moving expenses from your earnings in the part time job. Your moving expenses may also be deducted from scholarship grants, research income or similar earnings while at university.

You cannot deduct your expenses from money you may have earned at a summer job before you moved. In effect, if you don't earn any money while attending university, you cannot deduct your moving expenses.

Similarly, moving expenses for students going back home or elsewhere for the summer are only deductible from income earned at your summer location.

If you are 18 or over, a parent or other supporting person can claim you as a dependent and receive the full deduction of \$1,220 if your net income was below \$2,440 in 1982. If you are under 18, the deduction is \$670, assuming your income is less than \$2,320.

The amount of the deduction decreases if your income exceeds these limits. There is no deduction if your net earnings are \$3,660 or more.

If you have earned too much money during the year to allow a parent or spouse to claim you as a dependant, consider investing in an RHOSP or RRSP. The deduction you receive from your contributions may be sufficient to reduce your income to the point where the person supporting you can claim you as an exemption.

Your parents or spouse may be able to make a legitimate loan to you to invest in an RRSP or RHOSP in order to reduce your net income to \$2,440 and claim you for the full deduction.

If your family owns a business, you may be paid a salary and earn up to \$2,440 plus the amount of your deductions and still be claimed as a dependent by your parents.

★★★

### Answers to Questions from Medicine Man News

1) The "Bolingbroke" was the Canadian-built version of the Bristol "Blenheim" Mk. IV. It was just as obsolete as the "Blenheim" though. The RAF lost more "Blenheims" (percentage wise) than any other aircraft in WW2.

2) RAF "Phantoms" are built by McDonnell-Douglas just like all the others, but they fly with the Rolls-Royce "Spey" turbofan instead of the General Electric J-79. The F-4K used to be in Royal Navy service until they were transferred to the RAF when the RN switched to an all V/TOL (Helicopters and Sea Harriers) force.

3) The Shin-Meiwa PS-1 (used for ASW) and US-1 (used for SAR) are two different versions of the same aircraft and just about the only "flying boat" in use today with major air forces, other than the Beriev BE-12 (Code name: "MAIL" used by USSR), the aging Grumman "Albatross" and the Canadair CL-215 (Code name: "Rene's Bomber").

4) The Ilyushin Il-2 "Shturmovik" was built in greater numbers than any other aircraft, combat or otherwise, in the Soviet Union during WW2. About 35,000 of these close support, tank busting, armor plated light bombers were built. They were used with great success on every front on which they operated and proved instrumental in defeating the Nazis on the Eastern Front.

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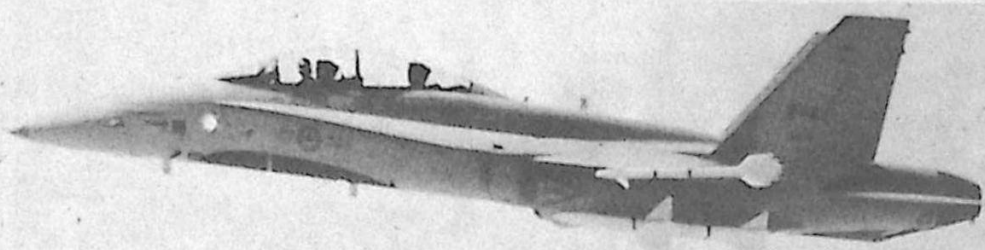
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# Canadian Forces news

## CF-18 Exceeds Expectations



OTTAWA -- "In the short time that we have been operating the CF-18, our new fighter is already exceeding our very high expectations. All pilots and maintenance crews are extremely enthusiastic and happy with the aircraft. It is a superb fighter".

With these words Major-General Paul D. Manson, chief of air doctrine and operations at National Defence Headquarters summarized the performance of Canada's newest fighter aircraft.

For the last ten weeks instructor pilots of 410 Squadron have been putting the first two CF-18s delivered to Canada through their paces at CFB Cold Lake, Alta.

Operational squadron training is scheduled to commence this month. Operations so far have been conducted in cold weather down to -30 degrees C and under light to moderate icing conditions.

Throughout, the CF-18 performed exceptionally well. All avionic systems, including the radar, proved very reliable and easy to operate. The squadron has experienced aircraft availability rates approaching 100 percent. No less than 115 missions for a total of 147.5 hours have been flown.

Maj.-Gen. Manson was equally enthusiastic with the training of CF-18 support personnel. "One hundred and sixty technicians are currently being conver-

ted to the new aircraft. Our servicing load will be reduced tremendously with the CF-18. Fifteen minute turn-arounds have been accomplished. Tires have to be changed only every 100 landings or so - compared to less than 25 landings for the CF 101s and CF 104s. On the first try, our people have changed a complete engine in four hours. With more training we'll cut that in half."

The pace of training has now increased with the delivery of the third CF-18 on 21 Dec. LCol. Al DeQuetteville, the commanding officer of 410 Sqn, summed his pilots reactions by saying "The CF-18 is everything and more than we expected".

## CDS Commendations

OTTAWA -- Six Ottawa area Canadian Armed Forces personnel have been awarded Chief of Defence Staff (CDS) Commendations in recognition of exemplary service. The CDS, General Ramsey M. Withers, made the announcement in Ottawa recently.

Lieutenant-Colonel William J. Bewick of the Directorate of Military Operations Coordination, at National Defence Headquarters, Ottawa, was commended for his part in protecting a Greek National Guard supply vehicle in Cyprus in September, 1981. Serving with the Canadian contingent of the United Nations Force in Cyprus, the then Major Bewick positioned his armoured personnel carrier between the Greek vehicle and possible direct fire from a Turkish anti-tank weapon. The action of LCol. Bewick and the personnel under his command prevented a potentially serious incident and was undertaken at substantial risk.

Petty Officer First Class Barry F. McEntee and

leading Seaman Michael A. Fitch, Regular Support Staff personnel attached to HMCS Carleton, Ottawa, were cited for their prompt action in suppressing a fire near the gasoline storage building at the Reserve Division. The fire broke out on 5 July, 1982 as a grass cutting machine was being refuelled. It threatened to spread to the gasoline storage building with the danger of explosion and a much larger fire. Petty Officer McEntee and Leading Seaman Fitch fought the fire with portable extinguishers, bringing it under control and averting the danger to the bulk storage gasoline. Their action was undertaken at considerable personal risk and almost certainly prevented a major fire.

Captain Sharon Lea Savin, a nurse at National Defence Medical Centre, was commended for applying cardiopulmonary resuscitation to an apparent heart attack victim in February 1982. At that time Captain Savin was on

sick leave with back injuries awaiting surgery. She applied cardiopulmonary resuscitation and heart massage at possible risk to her own health and with considerable personal discomfort.

Captain Nancy Shiner, also a nurse at NDMC, saved the life of a neighbour's child after she had been rendered unconscious by smoke in a house fire in March 1982. Captain Shiner promptly applied artificial respiration and continued to do so until the child began breathing on her own again.

Captain William B. MacDonald of the Directorate of Defence Intelligence at National Defence Headquarters, recognized early that the Falklands crisis was developing and provided superior intelligence information throughout the crisis. In addition, he headed a crisis watch team over a period of three months and showed considerable personal initiative beyond normal expectations.

## Reunions

### To The Editor:

"440 BAT Squadron" will have its Colour Presentation and Squadron Reunion on the 21st May 1983. Planning for the Presentation has commenced and all aircrew and ground crew who have served with 440 Squadron since inception on October 5th, 1932, and former members of II Army Co-Operative Squadron and III Coastal Artillery Co-Operation Squadron, are all invited to attend.

Former members are asked to provide their names and addresses in order that "Colours and Reunion" material may be distributed. Please send to: R.G. Nicholson, Lieutenant Colonel, Commanding Officer, 440 Transport and Rescue Squadron, Canadian Forces Base Edmonton

### To The Editor:

402 "City of Winnipeg" Air Reserve Squadron will be celebrating its 50th Anniversary this summer, August 19th to 21st.

As one of Canada's oldest flying military organizations, the Squadron has been under other designations as No. 12 Army Co-operating Squadron (Auxiliary), 112 Squadron (Auxiliary) and 402 (Fighter) Squadron. Former members and friends of 402, as well as members of auxiliary units associated with 402 (17 Wing, 2402 Air Craft & Warning Unit, 4003 Medical Unit, 5002 Intelligence Unit, 3052 Technical Training Unit, 3 Wing Headquarters and their Regular Support Units) are invited back for the August celebrations.

For more information, please contact The Reunion Committee, c/o Box 37, St. James P.O., Winnipeg, Manitoba, R3J 0H4, or phone the Orderly Room at 832-1311, local 525.

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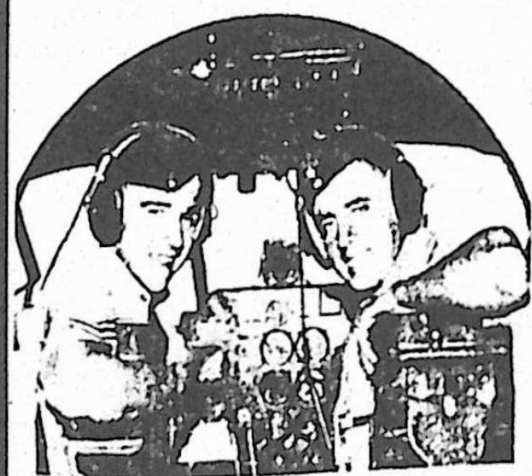
Former members are asked to provide their names and addresses in order that "Colours and Reunion" material may be distributed. Please send to: R.G. Nicholson, Lieutenant Colonel, Commanding Officer, 440 Transport and Rescue Squadron, Canadian Forces Base Edmonton, Lancaster Park, Alberta T0A 2H0



TRENTON -- Defence Minister Gilles Lamontagne (centre) looks at emergency beacon locations that had been determined by the search and rescue satellite aided tracking system (SARSAT). Accompanying the Defence Minister is Francis Fox, the Minister of Communications, and Major Ted King, Officer-in-Charge of the Mission Control Centre at Canadian Forces Base Trenton, during a demonstration of the system at the Base 26 January.

The SARSAT/COSPAS project is a cooperative venture involving Canada, the United States, France and the Soviet Union. The goal is to use satellites to detect and rapidly locate aircraft and ships in distress. With just one satellite, Soviet COSPAS I in operation, the system has already been instrumental in locating and rescuing 12 people in North America. The first American SARSAT-equipped satellite is expected to be launched in March. As of February 1, the project will enter the demonstration and evaluation phase for 12 to 15 months.

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## ANNOUNCEMENT



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Marty Douglas is pleased to announce that Bob Sleigh has joined the sales team of Realty World Arnett in the Comox office. Bob has recently retired from the Canadian Forces after 29 years, 12 of which were spent at CFB Comox. Bob has completed the Pre-Licensing Course through U.B.C. and is eagerly looking forward to servicing your real estate needs in the Comox Valley.

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## Canmore Homecoming

### CANMORE, ALBERTA

-- The Town of Canmore is gearing up for a three-day weekend Homecoming, part of the community's 1983 Centennial celebrations which run from June until the end of September. All former residents of Canmore are asked to make every effort to attend the Homecoming on July 1-3.

"We're planning a number of events," says Chairman Ross Larsen of the Homecoming Committee, "including a barbecue, a community dance, pancake breakfasts, sports activities, and even fireworks from the peaks of the Three Sisters!"

He says that dozens of volunteers are making preparations for these and

other events.

"We hope to have all the service clubs and groups in the community involved," he adds. He has requested sunshine, so it should be a good place to spend a part of your summer holidays.

We note that the event is scheduled approximately the same time as the Calgary Stampede, and also the World Scout jamboree which takes place at nearby Kananaskis Park. Since Canmore is about 100 kilometres west of Calgary, both these additional events coincide nicely.

Those planning to attend the Homecoming are asked to contact the Homecoming Committee, Box 1983, Canmore, Alberta T0L 0M0, for further information, as soon as possible. Time is slipping away!



**AIR FORCE INDOCTRINATION SCHOOL - Graduates of Course 8302, 7 - 10 Feb 83:** TOP ROW (L to R) OCdt. GA Gerrie, OCdt. DA Freidt, OCdt. JAL Blanchette, OCdt. WR Forbes, 2Lt. M Coyston, OCdt. RA Mossman, OCdt. TA Loney, Lt. KS Keyes, OCdt. JT Butterworth, OCdt. DAD Elliott, OCdt. JAC Lebouthillier, 2Lt. LR Fair, OCdt. BJ Dionne, OCdt. FE Hayes, Capt. GJ Lynn, OCdt. JD Jandrisch, 2Lt. KR Hems. CENTRE ROW: 2Lt. IS Gibbons, OCdt. RJ Kimmerly, 2Lt. DA Goldsmith, OCdt. CM Mozel, 2Lt. BR Lockwood, 2Lt. NG

Bartolomucci, OCdt. DHA Schlegel, OCdt. MWJ Susin, OCdt. RB Meszaros, OCdt. RG Coleman, OCdt. ST Baker, OCdt. RA Boerma, 2Lt. RB Welsh, OCdt. SJ Hanley, OCdt. BF Wicks, OCdt. DR Aitken. FRONT ROW: Capt. DJ Allen, Lt. MLS Dube, 2Lt. ML Simms, Lt. HA Chan, 2Lt. WC Comerford, Capt. RA LaGrange, Capt. D Blamire, Maj. JA Cratchley, Capt. AR Stewart, Capt. WJ Fisher, Capt. SL Stevens, OCdt. PG Turpie, OCdt. EA Matchett, OCdt. JR Kovacs, OCdt. KJ Pickett.

### CANADIAN TRANSPORT COMMISSION

#### AIR B.C. LTD. CARRYING ON BUSINESS UNDER THE FIRM NAME AND STYLE OF AirBC - APPLICATION TO AMEND LICENCES

Air B.C. Ltd. carrying on business under the firm name and style of AirBC has applied to amend Licence Nos. A.T.C. 1588/65(NS), A.T.C. 1695/67(NS), A.T.C. 2157/72(NS), A.T.C. 2224/73(NS), A.T.C. 2338/74(NS), A.T.C. 2353/74(NS), A.T.C. 3235/81(NS), A.T.C. 218/47(C) and A.T.C. 78/51(CF), by adding fixed wing aircraft in Groups D and E or in Group E only as shown below:

**Part I**  
Air B.C. Ltd. carrying on business under the firm name and style of AirBC has applied to amend Licence Nos. A.T.C. 1588/65(NS), A.T.C. 1695/67(NS), A.T.C. 2157/72(NS), A.T.C. 2224/73(NS), A.T.C. 2338/74(NS), A.T.C. 2353/74(NS), A.T.C. 3235/81(NS), A.T.C. 218/47(C), A.T.C. 78/51(CF), by adding authority to operate fixed wing aircraft in Groups D and E.

Under Licence No. A.T.C. 1588/65(NS), AirBC is authorized to operate a Class 3 Specific Point commercial air service, to transport persons and goods serving the points Bella Bella, Namu, Ocean Falls, Port Hardy and Bella Coola, British Columbia, using fixed wing aircraft in Groups A, B and C.

Under Licence No. A.T.C. 1695/67(NS), AirBC is authorized to operate a Class 2 Regular Specific Point commercial air service, to transport persons and goods serving the points Vancouver, Gillies Bay, Comox, Powell River and Nanaimo (Cassidy Airport), British Columbia, using fixed wing aircraft in Groups A, B and C.

Under Licence No. A.T.C. 2157/72(NS), AirBC is authorized to operate a Class 2 Regular Specific Point commercial air service, to transport persons, goods and mail serving the points Vancouver, Bella Coola, Namu, Ocean Falls and Bella Bella, British Columbia, using fixed wing aircraft in Groups B and C.

Under Licence No. A.T.C. 3235/81(NS), AirBC is authorized to operate a Class 2 Regular Specific Point commercial air service, to transport persons, goods and mail serving the points Vancouver International Airport and Victoria International Airport, British Columbia, using fixed wing aircraft in Groups B and C.

Under Licence No. A.T.C. 218/47(C), AirBC is authorized to operate a Class 4 Charter commercial air service to transport persons and goods and a Class 7 Specialty - Aerial Photography and Survey - Aerial Inspection, Reconnaissance and Advertising - commercial air service, using fixed wing aircraft in Groups A, B and C, from a base at Vancouver, British Columbia.

Under Licence No. A.T.C. 78/51(CF), AirBC is authorized to operate a Class 9-4 International Charter commercial air service, to transport persons and goods, using fixed wing aircraft in Groups A, B and C, from a base at Vancouver, British Columbia.

**Part II**  
Air B.C. Ltd. carrying on business under the firm name and style of AirBC has applied to amend Licence Nos. A.T.C. 2224/73(NS), A.T.C. 2338/74(NS), A.T.C. 2353/74(NS), by adding authority to operate fixed wing aircraft in Group E.

Under Licence No. A.T.C. 2224/73(NS), AirBC is authorized to operate a Class 3 Specific Point commercial air service, to transport persons, goods and mail serving the points Campbell River, Comox/Courtenay, Victoria and Nanaimo (Cassidy Airport), British Columbia, using fixed wing aircraft in Groups A, B, C and D (limited to propeller type aircraft in Group D).

Under Licence No. A.T.C. 2338/74(NS), AirBC is authorized to operate a Class 2 Regular Specific Point commercial air service, to transport persons, goods and mail serving the points Nanaimo (Cassidy Airport) and Vancouver Airport, British Columbia, using fixed wing aircraft on wheels only in Groups A, B and C weight categories (excluding amphibious aircraft) and to the use of propeller type aircraft in Group D.

Under Licence No. A.T.C. 2353/74(NS), AirBC is authorized to operate a Class 3 Specific Point commercial air service, to transport persons and goods serving the points Port Hardy, Campbell River and Nanaimo (Cassidy Airport), British Columbia, using fixed wing aircraft in Groups A, B, and D (limited to propeller type aircraft in Group D).

The transfer of the above-mentioned commercial air services, in whole or in part, from Air B.C. Ltd. to Jim Pattison Industries Ltd. was not disallowed by Decision No. 7020 dated November 10th, 1982, subject to filing, financial and other requirements of the Commission, as applicable.

Any persons interested may intervene to support, oppose or modify the application in accordance with the Canadian Transport Commission's General Rules. An intervention, if made, shall be filed not later than February 28th, 1983, together with evidence that it has been duly served upon the applicant.

On request to the Commission, further particulars of the application and instructions on filing an intervention in accordance with the Canadian Transport Commission's General Rules will be provided.

All requests to the Commission shall be mailed or delivered to the Office of the Secretary, Air Transport Committee, Ottawa, K1A 0N9.

Canada

## New CDS



OTTAWA -- The Prime Minister announced recently that Lieutenant-General Gerard C.E. Theriault, CMM, CD, will be promoted to the rank of General and appointed Chief of the Defence Staff, effective July 1st, 1983.

An air force fighter pilot, Lt.-Gen. Theriault is currently Vice-Chief of the Defence Staff. He will be the third airman to serve in the nation's highest military post since integration. He will replace General Ramsey M. Withers, who will have completed three years in office and whose next assignment will be announced later.

Lieutenant-General Theriault was born in Gaspe, Que. and raised in Stanstead and Riviere-du-Loup, Que. He attended Sir George Williams University, Montreal, where he obtained a bachelor of arts degree in economics.

He began his military career enrolling in the Royal Canadian Air Force as a pilot in November, 1951. Following an assignment with 430 (Fighter) Squadron at Grostenquin, France and the Flying Instructors course at RCAF Station Trenton, Ont., he became a flying instructor at 2 Advanced Flying School at Portage la Prairie, Man. In 1963, he became deputy commander of 421 Strike and Attack Squadron at Grostenquin, and in 1966,

commanding officer of 444 Strike Attack Squadron, Baden-Soellingen, Federal Republic of Germany.

He attended the United States Armed Forces Staff College in Norfolk, Virginia, and in 1967 he became vice-commandant of College militaire royal at St. Jean, Que. In June, 1970 he was promoted Colonel and named commandant of the College. In August, 1971 he was appointed commander of CFB Bagotville, Que.

Promoted Brigadier-General in 1973 he took command of 1 Canadian Air Group in LaRue, Federal Republic of Germany. Two years later he became, chief of staff operations at Air Command Headquarters, Winnipeg. Following assignments as a Maj.-Gen., as deputy commander at Air Command and chief of air doctrine and operations at NDHQ he was promoted Lt.-Gen. and appointed deputy chief of defence staff in August, 1978.

On May 31, 1980, he became Vice-Chief of the Defence Staff.

In December, 1972 Lt.-Gen. Theriault was appointed to the Order of Military Merit in the grade of Officer and in June, 1979 in the grade of Commander.

He is married to Betty Catherine Syron of Auckland, New Zealand, and has two sons, Dwight and Pierre.

Well people, here it is Nutrition Month again.

This year's theme is "Choose Nutrition Now".

In the weeks of March there will be displays in the Mess Hall and around camp and anywhere people gather. There will also be articles in this paper.

Here is an introductory bulletin from the Directorate of Food Services in Ottawa.

"The Directorate of Food Services has designated March as Nutrition Month. Because of the importance of good nutrition to Canadian Armed Forces personnel, this is the first year that nutrition week has been expanded to one full month. This coincides with the National Nutrition Month designated by the Canadian Dietetic Association.

The Nutrition Month 1983 theme is "Choose Nutrition Now". Our aim is to make Canadians aware of the benefits of eating properly following the principles of "Nutrition Recommendations for Canadians" derived from the report of the Committee on Diet and Cardiovascular Disease, 1976, adopted by the Federal Department of Health and Welfare. They are as follows:

1. The consumption of a nutritionally adequate diet, as outlined in Canada's Food Guide.

2. A reduction in calories

from fat to 35% of total calories. Include a source of polyunsaturated fatty acid (linoleic acid) in the diet.

3. The consumption of a diet which emphasizes whole grain products, fruits and vegetables, and minimizes alcohol, salt, and refined sugars.

4. The prevention and control of obesity through reducing excess consumption of calories and increasing physical activity.

Precautions should be taken that no deficiency of vitamins and minerals occurs when total calories are reduced.

This year, since we have an entire month, we are planning weekly themes emphasizing numbers 1, 2 and 3 of "Nutrition Recommendations for Canadians":

March 1 to 3: Canada's Food Guide  
March 4 to 10: Reducing Fat in the Diet  
March 11 to 17: Increasing Fruits, Vegetables and Whole Grains in the Diet  
March 18 to 24: Reducing Salt in the Diet  
March 25 to 31: Reducing Sugar in the Diet

March is Canada's and the Canadian Armed Forces' nutrition month - CHOOSE NUTRITION NOW!!

From March 1 - 3 is the Canada Food Guide Days. Since we were in grade school we have heard about

this guide to good food and good health. We all need to be reminded occasionally about our eating habits.

Then from March 4 - 10 will be "Fat is not where it's at". Large amounts of fats in our diets have been linked to the development of heart disease, being overweight, and certain types of cancer. Fat contains twice the number of calories as protein and carbohydrates by weight.

To reduce the fat in your diet choose lean cuts of meat, trim off excess fat, avoid gravy, eat skinless chicken and fish.

Eat food that is baked, boiled, broiled or BBQ'd. Limit your intake of cooking and baking fats and oils. Limit high fat dairy products like ice cream, whole milk, cream, cream cheese. Replace them with skim milk, 2% milk, cottage cheese or yogurt. Avoid things like pies, cookies and cakes, butter, margarine, salad dressings and rich sauces.

A final word on fats. Polyunsaturated fatty acids (linoleic acid) tend to lower blood cholesterol. Some foods that contain linoleic acid are corn oil, safflower oil, soy oil and sunflower oil.

From March 11 - 17 will be "Fruits, vegetables and whole grains".

People do not eat enough fruits and vegetables and it results in insufficient intake

of certain vitamins.

Vegetables and fruits supply Vitamins A, C, iron, folacin, carbohydrates, trace minerals and fibre.

Whole grains and cereals are important sources of carbohydrates, thiamin, riboflavin, niacin, protein, iron, trace minerals, fibre. These vitamins can only be found in these foods.

One part of the above foods is called fibre. Fibre is also called ruffage. The fibre cannot be broken down by the human body and it passes through us. Some people don't think that fibre is important for their diet, but it is. It improves and maintains good bowel habits. It makes a person on a diet feel full and satisfied. It is thought that this helps diabetes blood sugar. It is thought that fibre helps move dangerous cancerous substances through our systems.

Some foods that are high fibre are fruits and vegetables, especially the skins, seeds and membranes. Eat the skin of these foods as often as possible. Other foods for high fibre are cereals, breads, rolls, and other baked goods made with whole wheat, cracked wheat, rye, bran and oats.

These are just a few items that you will hear and read about in the weeks to come. So stay tuned for more on nutrition and you.



U.S. Army Cobra lands by the Elmvale, Ontario, curling club during Special Service Force exercises Nordic Runner/Royal Romp 30 January - 1 February. The winter field warfare training involved 1,500 soldiers and airmen from the 1st battalion Royal Canadian Regiment, London, the 8th Canadian Hussars, Petawawa, and 427 Squadron also from CFB Petawawa. The Cobra helicopter was one of several on a small unit exchange visit from A Troop 2 - 17 Air Cavalry, 101st Airborne Division Air Assault from Fort Campbell, Ky.

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