



Vol 24 No 5

CFB COMOX TOTEM TIMES

THURSDAY, MARCH 4

DEADLINE - MONDAY, March 15

1982

COST: PRICELESS

Callshot

982

CFB Comox was the site of a recent Canadian Forces Air Defence Group competition to determine the CF representatives at the 1982 William Tell competition to be held in Florida in October.

Participants included 416 Sqn from CFB Chatham and their Weapons Control team from St. Margarets N.B.; 425 San from CFB Bagotville and their Weapons Team from the North Bay RCC; and host squadron 409 from CFB Comox and their Weapons Control team from 24 NRCC here at Malmstrom.

Arriving at Comox in the early afternoon of 12 Feb., the teams spent the afternoon readying their individual sites, aircraft and spares allocations. Following the traditional Friday evening Beer Call, participants were briefed on Comox local procedures on Sat. morning and each team flew a shakedown mission in the afternoon to familiarize themselves with the designated range area, some 38 x 80 nm and served by another 24 NR facility, CFS Holberg, also on Vancouver Island.

Shakedown flights on Sunday provided all teams with an opportunity to select their final 3 "shooter" aircraft which were declared for the duration of the competition. The 20 man maintenance teams went to work with their final preparations of aircraft and equipment.

Monday 15 Feb. represented the start of the competition; however, Chief Judge Col. Ron Fentiman (DO 22NR and D/Comd ADG in North Bay) had to delay the event by one hour to ensure weather would be adequate. With the weather hovering on landing limits, the "go" decision was declared and the "shoot out" was on.

Both 425 and 416 Squadrons got off to an unlucky start, with 425 ground aborting one aircraft and 416 air aborting one. Similar problems plagued 416 during the afternoon mission and after one day with one-third of the missions completed, it appeared to be a two squadron shoot out. However, on day two, 409 squadron aircrew ran into some difficulties in the morning and at the end of day two, the race appeared to be open to any of the three teams.

Day three began with ideal VFR conditions and by noon all teams still had a bered as a most successful event.

chance at the overall top position. 409 Squadron, thinking they would need at least 5 of the six shots to be scoreable if they were to have a chance, flew an excellent mission, recording all 6 shots. It was enough to guarantee their success and by six o'clock that evening, 409 Squadron was clearly the overall winner, having locked up five awards. However, even with over 35,000 points available to each team, 425 and 416 squadrons were separated by less than 200 points. Second place would be determined by the winner of the starter change competition. Following an exceedingly close finale, 425 won the starter change competition, 409 was second and 416 third. Accordingly, 425 edged out 416 for second spot.

Call Shot 82 is now history and marks the end of an era for the CF101 aircraft. 409 and 425 Squadrons will represent Canada at William Tell this fall.

All teams were unanimous in their praise of the excellent organization and support by Base Comox and the 24 NRCC staff who spent endless hours to ensure that the final Call Shot would be remem-

Standings

	409	425	416	
	8535	7265	6665	
Aircrew	11570	11225	10800	
Maintenance	10930	8480	9470	
Weapons TOTAL	31035	26970	26935	

1st 425 Sqn - 2 min. 5.5 secs. 2nd 409 Sqn - 2 min. 6.5 secs. 3rd 416 Sqn - 2 min. 48 secs.

Top Gun - 409 Sqn - Maj. Bob Worbets - Pilot Capt. Bill Ricketts - Navigator



The 409 Winning Team with the catch. The trophies from left to right are: The Tyndall Trophy awarded for the best overall control; The Vincent Trophy awarded to the top individual aircrew team; The RCAF Memorial Trophy to the top Defense team; the ADC Trophy to the top aircrew team; the AIRCRAFT MAINTENANCE TROPHY, for the best maintenance support. The only trophy 409 did not win in the competition was the MC-CLUSKY TROPHY for the best starter change, awarded to 425 Sqn. (Base Photo)

Hughes out

Rear Admiral William Hughes' regignation was accepted by the MND Gilles Lamontagne on Tuesday. The vocal Commander of Maritime Forces, Pacific for the past 18 months follows his predecessor RAdm Martin, and ex-Maritime Commander Vice-Admiral Douglas Boyle, into early retirement.

Although no official word has yet been received, it is no secret that RAdm Hughes' unfavourable comments on the state of Canada's maritime forces have put him in hot water in the past.

Just five months from retirement in August, he turned down a job in NDHQ, opting instead for early release.

He is to be succeeded by Commodore Gordon Edwards, director-general of military plans and operations, and an ex-Commander of NATO's Standing Naval Force, Atlantic (STANAV-FORLANT).

Rear Admiral Hughes is the latest of Canada's top sailors to "retire" after making controversial statements about the state of the Navy.

Skelly: Justice for Nuclear Vets

know by now, I have recently been working toward achieving overdue justice for a group of Canadians, many of whom live in the Comox-Powell River

I am referring to veterans of the R.C.A.F. Nuclear Defence Groups, comprised of approximately 200 identified members who servied in the nuclear field between 1952 and 1963.

Two independent studies published earlier this month indicate veterans exposed to radiation have incidences of cancer 500 - 700 per cent higher than the national average. Veterans suggest radiation exposure during military service is the main cause of the high cancer

Seventy-three veterans have been contacted and preliminary studies show 32 per cent have incidences of cancer, compared to a national average of five to six per cent. Nearly 10 per cent of the veterans have died as a direct result of cancer.

Veterans were exposed to radiation at atomic bomb test blasts in Nevada,

As I'm sure most of you during clean-up operations at the Chalk River, Ontario nuclear reactor in 1952 and 1958 and/or at Camp Borden and other training program sites.

A national steering committee of the veterans was in Ottawa last week, meeting with government officials and veterans' organizations to solicit support for medical research into the problem and to reuest financial support.

The steering committee was well received while in the capital, and several officials now publicly say an independent and unbiased investigation into the veterans' plight is required. Some experts in the

nuclear field admit previous assumptions about radiation exposure are wrong and further study is needed. Now, it is believed that even exposure to lowlevel radiation, previously thought to be safe, may cause cancer. Other medical disorders such as premature aging and heart conditions also appear to be attributable to radiation exposure.

With the recent revelations of a possible causal link between cancer that justice prevail. and radiation exposure, it Many of these veterans appears the veterans have a served Canada well and strong case. There is, I feel, have, since that time sufdefinitely a moral fered significant medical

are brought to light and to repay that debt.

obligation by all Canadians problems and financial to insist that the true facts hardships. It is time, now,



Section news



Demon Doins

As the sun inches up over complexion, it did nothing the horizon and the valley for his pants! slowly wakes up, here I am somewhere over the Pacific searched for the Fantasians, tempt to find a good deal. with the men of crew 7, the flight station crew maintaining the peace and 'smoothly and calmly han- complishing the mission's liberty that we all enjoy. As dled a barrage of emergen- objectives, the crew was I watch these valiant men cies. In fact, they were so obligated to neutralize a keg busily prepare the aircraft efficient on the last day that at the O'Club while exand themselves for the they not only shutdown all changing valuable informission ahead, I can't help the engines but also the mation with our hosts, VP but reflect back to the even- computer and prematurely 48. After long discussion, it ts of the last month which ended the session...to was concluded that a future have led us to such a high everyone's dismay! state of readiness.

It seems like only yester- CC's policy of max-flex, day that we were being the crew played musical VP at NAS Moffett. whisked back to the winter- motels, moving every After three arduous days bound Maritimes for a second day. Not knowing away, contented in the valuable session in the who you were going to be knowledge of a job well breathlessly anticipating the many of the crewmen sick toriously to Comox. challenges that lay ahead with anticipation. The Besides bringing back batwhen we checked into the TacNav faired the best tery chargers, high chairs 'Mid-Valley' Motel on that managing a private room and Canadian Club bottled early Sunday morning. with a brass bed to boot. Even though we had spent After successfully sur- back with an enlightened the last sixteen hours viving the stay in Green- appreciation for the job travelling, the crew wasted wood, the crew was home that is performed here. not time getting down to for some clean underwear. Only by observing and work, briefing at the local and then off to NAS Mof- comparing conditions and

our use. ted early Sunday morning were seen huddled together by the maintenance staff to and it didn't take long for at the corner of seven the instructors to realize hangar as we, placing duty that they weren't dealing and country before family, with just an ordinary crew! The TacNav kept the pace so hectic that on the second morning an AESO was caught so engrossed in his work that he never noticed that he was wearing a very nice pair of navy blue dress slacks with his S3. Although the tunic coordinated nicely with his

departed.

was to become familiar with

VP operations out of Mof-

fett and with gusto, we per-

formed our duty. Long,

strenuous hours were spent

touring base and supporting

facilities in search of what

really makes Moffett run.

While some members

scouted out the local

terrain; St. James' Infir-

mary, Cow Town and the

Brass Rail; others patrolled

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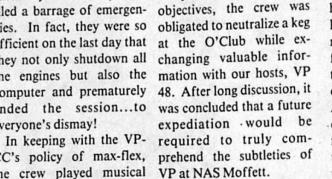
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Gord Bate was seen

After successfully ac-

acquainting himself with

While the backenders the local motels in an at-

We were sleeping with next, made done, we returned vicin Buffalo, we also came establishment which was fett. With the assistance of methods of operations in generously held open for four of our fine groundcrew Moffett, can you truly apwe were off to the aid of VP preciate the Aurora and the The simulator work star- 48. Wives and loved ones job that is performed here keep them flying.

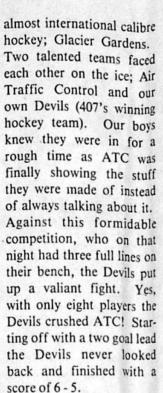
As the sun slowly disappears over the other horizon AND THE CREW The mission objective PREPARES THE AIR-CRAFT FOR THE JOUR-NEY HOME, I'm going to bring to an end Demon Doins for this week. Stay tuned for 'True Confessions' by the Kinloss crew in our next issue.

> SPORTS FLASH!! The date 28 February will go down into sports history. On that date the world was astounded! It happened right here in our humble valley, at the focal point of

hockey; Glacier Gardens. Two talented teams faced Traffic Control and our hockey team). Our boys rough time as ATC was finally showing the stuff of always talking about it.

On Monday, the Devils continued their winning ways by not losing to 409 but holding them to a 3 - 3 tie. A difficult game for the Devils as they could not achieve the puck control they had the day before.

This round robin is about preciate your support.



One of the stars of the game was the Devils' own Frank Boyer. After having a ten year old help him put on his pads, he received his baptism under fire minding our net. Asked after the game on what he based his fine show of goalteiding, Frank replied that it was the goalie's most important piece of equipment - the Goal Post. Frank says he never goes out without strapping on a set.

Webster defines "nest" as, "...the structure or place where a bird lays its eggs and shelters its young," and this is the first finished and the playoffs definition that comes to will soon begin. Come on mind. It is also, however, out; see some exciting referred to as "a cozy place; hockey and cheer for your retreat," and that is the team. Both the Demons meaning most squadron and the Devils would ap- members would choose to employ when referring to

Comox. The fact that 409

piece of news dasigned to and Stream. please either inveterate west summer; gone the next.

This is not to question the wisdom of centralizing our fighters - I think even the most die hard Islander would be hard pressed to sound convincing on the need for a fighter squadron in Comox - but just to say it will be a shame for some, and even traumatic to others, to leave the coast

arrival of the F-18, be for a town so isolated that troller trophy, and the best

makers (all the while our sorrow - what exactly with the trophy for more showing the decisiveness of has been happening on than one picture. They are a housewife on "Let's squadron these past, hectic now resting comfortably in Make A Deal"), give us the four weeks? (Notice, if you the base hospital and, other word, the rest will be ac- will, the cunning use of the than the few pounds of complished in two swift deceptive preamble, in or- silver and mahogany enstrokes - half strength one der to call attention away suring they will forever sink from the fact that last bottom-first in deep water, issue's column was con- they are none the worse for spicuously absent.) wear.

> phased out, and ap- more than five drinks. preciating the fact that the Tune in next week when

The over-all Call Shot Three Acts. trophy, the top maintenance team award, the con-

departing for the harsher the Major's acceptance aircrew score, were all climes of Alberta. not a speech gets carried by Field swept into LCol Lott's helmet bag and borne So now that we've all triumphantly away. The coast lovers or the valley decided that Comox is just only sour moment occured realtors. The only real fine, thank you, and that when Bob Worbetts and question remaining is exac- even the consequential loss Bill Rickets, after having tly when the shift will start of a herd of nuclear won the Top Gun award, and, as soon as the decision protestors will not assuage were foolish enough to pose

The "sit-up-and-take- For a more detailed acnotice" portion of the news count of the competition, is, of course, 409's win in consult Hansard, the forththe Call Shot competition. coming hard-cover edition Realizing that this was the of, Call Shot '82 - A Canoe last chance to nab the goods Tipper of the West Coast, before the Voodoo was or any 409 member after

penalty for failing on home the guest on our show will turf is reminiscent of the be Drew Foulds, freshly prerequisite for a job as back from the Arctic Surpalace guard of the vestal vival Course, who will be virgins, the Nighthawks reading segments of his pulled out all the stops and, newly completed play, My if modesty may be allayed Time Amongst the Timtemporarily; cleaned up. berwolves - A Love Story in

BGJK



MajGen. W.H. Vincent (retired) presents the Vincent Weapons Center Trophy to Maj. Bob Worbets and Capt. Bill Ricketts for the all weather fighter crew displaying top performance and airmanship. MajGen. Vincent was CO of 409 from 1965 to

NIGHTHAWKS NEST



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Question of the Month:

- Who is this man?
- Who is this woman?
- What will this man's wife say if she find s sand in his flying suit?

This week's article must editorial about "Botchingmention Vic Howlett's it". Bob's newest gourmet latest exploits (no, not the delights are not all prin-Friday night Beer Call ex- table; however, I can report ploits at the mess). Vic was that his latest culinary the fourth fastest military delights (I use that word runner in the Admiral loosely!) include the Nelles race held at Royal ultimate in French cuisine: Roads College two weeks macaroni and wine; boiled ago. Vic has several up- toast and wine; macaroni coming races and we wish and boiled toast and wine; him the best of luck. (break and wine. a leg Vic!) On the working side of

The somewhat tanned the Hangar, Suzie Leroux Bruce Nolan has just retur- and Tim Hunt were cramned from two weeks in ming all week for their Hawaii. (see photo). I say ATAT TQ5's exams on somewhat tanned because Wednesday. Michelle Vanthe only time Bruce spent in tomme was studying the sun was during the walk OHM's Law for Tim, while from the hotel to the local Hal Neville described a can bar every morning. I've of prop wash to Suzie. also been told that Bruce and Dennis Viklund is still Sue were able to witness trying to add the flying some of the local native hours from the green sheets dances. Sue commented on to get the same total that the lack of women in Glen Caslake swears is Hawaii as the audiences at correct, John Tomko is these dances were all males. always sneaking into the

News has it that Jannette Lieutenant's office to swit-Spicer (alias the Yellow ch "in" baskets (a chore he Hornet) has joined the local is doing for Gary Wiffen). motorcycle gang Satan's and Laurie Grant is giving Choice. She can be seen "how-to-tell-time" lessons every Saturday night at the to visiting armourers - he Loft chewing beer glasses just learned himself. and dancing to Martha and Ed Lapointe just found

As Bob Hills' roommate, leave this week (Zane called I can attest to his last him at the bank), Kim

Matheson's going to write a book on ailerons, Fred Kay nearly has the valley wood market sewn up, and Phil White is going to give bike lessons in the hangar.

get the Pilots to read up- money, the frugal FSO side-down, and Bob Main combined his route check will buy 5 days annual leave with the chase for the antifrom anybody so he can FS sect. Willy's puddle and leave this madhouse for the surrounding area were another week.

around here.

Oh yeah. Please note Budget called and said it that nothing derogatory or was beyond their budget. inflammatory was men- The FSO was so dejected tioned this week about Ed that he couldn't fly the CF/

counter. Special congratulations go out to our Buffalo Flight Safety Officer who demonstrated the skills required for his office by thwarting an attempted frame-up by the enemies of Flight Safety. This anti-Flight Safety sect apparently damaged a vehicle parked next to the Buff FSO's vehicle in hopes that he would be charged, found guilty and sent to Moose Jaw for 6 years. Upon hearing the report of the damage and deciphering the information carefully, the Buff FSO knew that the culprits had fled to Williams Lake. Not being one to waste government Gordie Antle is trying to resources, or taxpayers searched in great detail, but Nothing ever changes all to no avail. Whitehorse was suggested next, but

Our hats go off this week

to the 442 Sqn. Flight

Safety Officers who use

their skill, judgment, and

resourcefulness to confront

any situation they may en-

he does want to warn all 442 Sqn. personnel of the new Aircommand Directive issued this month which states "Personnel of 442 Tand R Sqn shall not open their doors when departing

their vehicles." Got a phone call the other day from the Airport Manager in Kelowna. He said they had started an Airport Development Program and were requesting that 442 Sqn. send them a few aircraft to put on pedestals at the entrance to the airport. When I asked him how many aircraft he had in mind, he burst into laughter and replied "All of them!" and hung up. Our public relations is working well I

The squadron would like toexpress special thanks to very capable "men in Ops", Mutt and Jeff. These two stalwarts of the operations desk have maintained true to the tradition of 442 Ops; always helpful and congenial; never having any finger trouble on the console; and always on time. The deserve our recognition and thanks for upholding the squadron motto "One God, One Queen, One Heart, and two Ops Officers."

Search and Seize

ces without a proper under- warrant is obligated to incriminating material and standing of the law lthat produce it upon request. they are enforcing. M. He may only execute it Bruce Pepper, President of during the day unless the doesn't happen here. warrants execution.

Some court decisions make headlines, some are lost in a sea of small print and still others seem to be ignored altogether by the media.

Those judgements that people to wonder whether the rights of an individual regardless of any possible sometimes seems that the with a search warrant. hands of the police are tied by the repercussions of wrongful arrest or unlawful detention. The rights of the individual are supreme, or so we have always been led to believe, yet many nonviolent people are subject to or other government ofsesame'.

What should that citizen seize a quantity of material Law enforcement, its do? It is suggested that he and then to search through execution or lack of, is asks some questions. The it at leisure or convenience always a popular topic of first might be "May I see for incriminating evidence. discussion. Often that your search warrant?" An The judge's decision puts discussion develops into a officer of the law or any the onus on those executing criticism of our police for- other lperson using such a the search to look for the and their execution by night.

Mr. Justice MacDonnell 'search, then seize'. handed down a judgement Ignorance of the law is

only then to seize it.

But 'seize then search' The Vancouver Board of Justice who issued the Right? Wrong! Last sum-Trade, discusses search warrant authorizes its mer Revenue Canada raided the offices of five While it is difficult for a local companies at 6 o'clock layperson to question the in the morning. The 200 invalidity of a warrant, some vestigating officials seized things must be clearly and over thirty cases of correctly included: the documents. The search name or description of the warrants used were premises to be searched, a challenged in the Supreme time limit within which the Court - an action requiring search is to be undertaken, both confidence and the offence which the sear- money. The warrants were make headlines often cause ch is expected to reveal and ruled invalid. That was one the grounds on which the issue and one decision. The warrant was obtained. other, of more general inmust always be protected, Those who have legal coun- terest, was the judge's sel within easy reach usually ruling on the right to 'searcost to the community. It call them when presented ch and seize'. He made it very clear that the order in These requirements are which those two words not new but late last year must be implemented is

that could make some not an excuse for tranchange in the execution of sgression. Ignorance of this warrants. The judgement particular application can was described as 'a lan- cause unnecessary distress. the attentions of the police dmark decision'. It made We do not seek to emno headlines, it created no barrass those in possession ficials who enter their outcry of public opinion of search warrants obtained premises waving search and no letters to the editor through full and open warrants as an 'open or hot-line contributions. disclosure of the relevant What could be changed as a circumstances. We do, What does the average result of that judgement is however, wish to raise a litlaw-abiding citizen do when the concept of 'search and the concern about the' the police arrive at his seize'. A search warrant is proper interpretation of the door? He lets them in. not a blanket approval to power and purpose of a search warrant.

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5 March......TGIF- Promotion Night (Food & Games) 11 March.....Mess Dinner 12 March......TGIF - Food & Games

13 March

St. Patricks Dance



2100-0100 Irish Stew Band

OFFICERS' MESS

Friday, March 5- Mixed TGIF: Sub. Drinks, 1630-1730 hrs. Food, Chicken & Chips, 1730-1830 hrs. DJ Don Bolivar, 1900 hrs. Casual Dress.

Fridays, March 12 and 26, Thursday, March 18- Regular TGIFs: 1600. 1700 hrs. Food as indicated. Bottle and Jackpot draws at 1700 hrs. Members must have signed in and be present at time of draw to be eligible to win Jackpot draw. Free taxi service -

Wednesday, March 10 and 24 - Officers Wives Club: Bridge at 2000 hrs. Saturday, March 13- Greasers Ball

You are all invited to attend the Greasers Ball to be held at the "Comox Speakeasy" from 1900 to 0100 hrs. Beer for the "Embibers" and Fresca for the "Nons" starting at 1900 hrs. A special feast of Deluxe Hamburgers and Fries will be laid on. You can rock, twist and dance cheek to cheek (keep it clean!) to the 50's music provided by "?". But "not to worry," if all fails we can use the radio. Dress as you did in the 50's, Zoot Suits, leather jackets, bobby socks and saddle shoes. (Sorry, no pampers accepted.) Don't forget the "Brylcremes." Cost: \$7 per couple for members, guest couples \$10. Reserv ations required by 1200 hrs., March 12, 1982.



Editorials =

No whine before its time

Early word of disaster is just filtering out. That's right - the price of beer and wine is going up. My favourite, "El Presidente", is nearly 3 bucks a half gallon. I may have to switch to the cheap stuff.

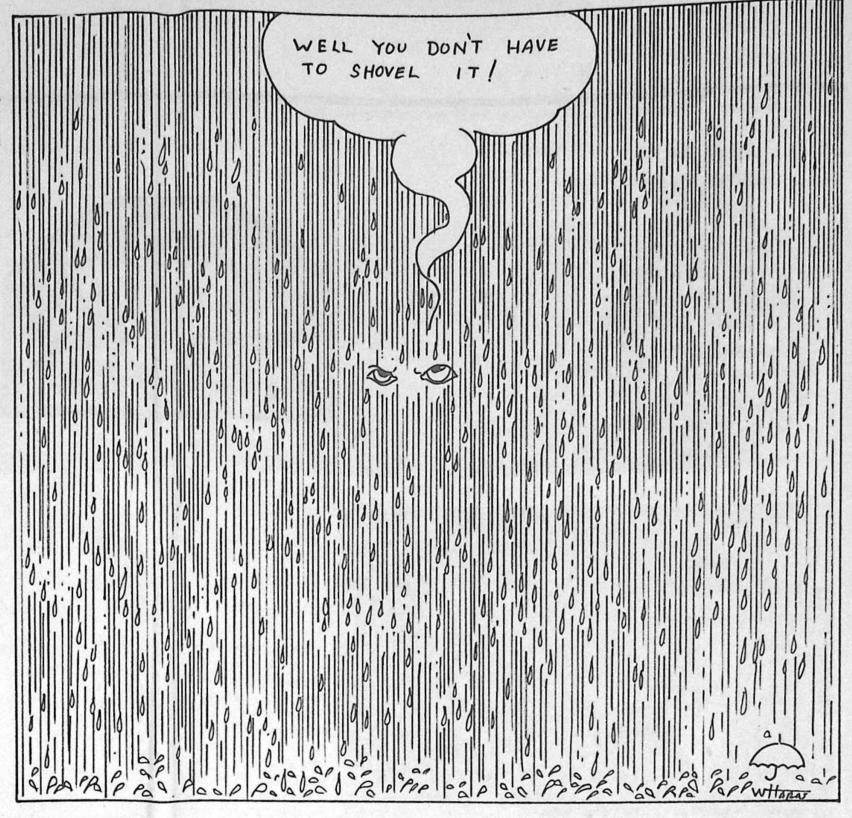
How can a gourmet cook be expected to perform up to standard if the price of the main ingredient in all his recipes suddenly doubles? What will I put on my Wheaties?

So I decided to make my own. I heard that stomping grapes in one's bathtub is no longer considered 'chic' among the jet set. (Even with no socks, which I couldn't believe at first.) Anyhow, to get with the times I bought an automatic grape crusher from Speed Queen. You put the grapes in this large drum, set the desired temperature depending on whether you want "permanent press" (burgundy), "normal" (red), or "delicate" (white), and switch it on. This big cone-thing in the

middle agitates back and forth, and the desired amount of water is automatically added, according to whether a large, medium or small load of wine is wanted.

The entire process takes 22 minutes, and then your raw wine is poured into a plastic garbage pail you've placed under the exit hose. If you like extra strong wine, run it through again. It should sit for a couple of days before you drink it.

The added bonus of the Speed Queen system is that it doubles as a washing machine! That's right! Just try to get most of the seeds and skins out first, then toss in a load of clothes and a pound of soap. Your clothes come out smelling great, and best of all, everything will turn purple. This is good for hiding those embarassing stains on your undergarments, and it also ensures that all your clothes match. You'll never worry about mis-matched socks again! B.B.



Medevacs



Movin'

in barracks, it's something of a culture shock moving out. After getting used to being serenaded to sleep by Argus run-ups, and Voodoos afterburners everynight, the relative silence of the neighbour's kids kicking their dog is golden.

hallways, and strange drunks beer?" pounding for hours on the No more AFID's. wrong door at 2:00 a.m. No No more pounding on the wall more fighting over what to to get the stereo turned down. watch on the communal T.V. - Heavy sigh. MASH vs Love Boat. No more

After umpteen years of living line ups to use the washing machines, or the heads.

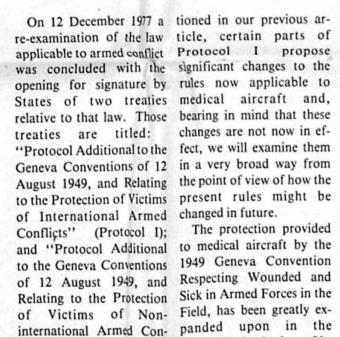
No more getting up 20 minutes early to get the good shower before the floor is all wet. No more Cadets doing drill in the parking lot beneath the window until eleven every night.

No more parties in the No more "can I borrow a cup of

OCAN

AWARD

1977



flicts" (Protocol II). Canada signed those two 1977 but has not yet ratified Canada they are not yet binding. However, as men-

On 12 December 1977 a tioned in our previous archanges are not now in ef-

The protection provided and "Protocol Additional to medical aircraft by the to the Geneva Conventions 1949 Geneva Convention of 12 August 1949, and Respecting Wounded and Relating to the Protection Sick in Armed Forces in the of Victims of Non- Field, has been greatly exinternational Armed Con- panded upon in the Protocol. On the face of it, the present rules only medical aircraft from at- medical aircraft is main- employed for combat purflying at heights, times and been recognized. Prior when entering the contact

agreed upon between the an area controlled by the changed and the aircraft trolled by the enemy. No upon. agreement is necessary Protocol also contains when operating in one's provisions concerning the without prior agreement,

zones, and in areas con- does not land can it be fired

own zone, although parties actual operation of medical are reminded of the impor- aircraft. In this connection tance of notifying the it is important to note that, enemy of flights, par- while the aircraft must be ticularly when the aircraft exclusively employed on are operating within range medical purposes in order of surface-to-air weapon to gain protection, this does systems. In the contact zone not mean that like a the practical importance of hospital ship, it must be prior agreement is dedicated to such tasks for recognized. However, even the duration of the conflict. The effect of this is that

parties concerned. On the enemy remains mandatory used for medical purposes other hand the Protocol but even in the absence of on its return to rear areas. provides for protection in such agreement every effort. In theory this makes sense, opening for signature by rules now applicable to areas not controlled by the must be made to require the but there may well be States of two treaties medical aircraft and, enemy, in contact or similar aircraft to land. Only if it problems in practice, particularly if one side only is blessed with a helicopter lift capability. Owing to the technical

difficulty of distinguishing between aircraft being used for humanitarian purposes and those with hostile intent, it has long been proposed to develop rules which would allow the former to operate more widely while retaining the protection afforded to it. In an attempt to achieve this objective, Annex 1 to the treaties on 12 December provide for protection of the obligation to respect a while an aircraft could be Protocol contains detailed provisions regarding the them. This means that for tack when such aircraft are tained once its nature has poses or supply purposes identification of medical aircraft by means of special on routes specifically agreement for operations in zone, its operational or radio and radar codes and combat nature could be the use of flashing lights.





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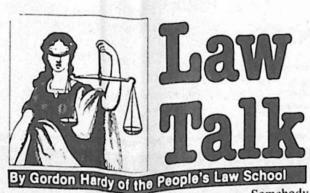
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PHOTOGRAPHERS: Maurice Robert, Frank Berniquez and Base Photo

CARTOONIST: Willie Haras

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up in a confusing way.

of motions which determine precedence over other kinds whether they take priority of motions. over other motions, need After the recess, the and so on.

debating a motion for an the question. hour now. Some members Members may even try to others are starting to lose are still speakers. Nor-

their tempers. Somebody Running a meeting moves to recess for ten properly is a bit like minutes so that the group managing a train station - may rest a bit. Without the just as the station super- rules of precedence, the visor gives priority to the chairman might not know express train while the local whether to first deal with commuter train gets shun- the matter under discussion ted to the side, the chair- or the motion to recess. Yet man of a meeting must en- it obviously makes sense to sure that motions don't pile give the members a breathing spell before In parliamentary tackling the original procedure there are clear proposal. Accordingly, a rules about the precedence motion to recess takes

seconders, can be debated group returns to discuss the It actually makes sense if has had their say, either the you look at this example: has had on a member may the meeting has been call for the vote by calling

others are starting and call the question while there

-A GUIDE TO PARLIAMENTARY PROCEDURE.

mally, the chairman will are still people who want to debate. In parliamentary procedure, members have a right to fully discuss and criticize every aspect of a proposal before being asked to vote on it.

though, debate must discussion. sometimes be shut off or limited. Sometimes members of a group will even try to block or delay a motion by debating it at great and unnecessary lengths. This member may try to alter the original. filibustering, a word which originally meant pirate or buccaneer in Dutch, has often been used in the Canadian Parliament.

When faced by an overlylong debate or a filibuster. the meeting has a choice of means for limiting debate. One way to limit debate is to confine each speaker to a time limit, say, two or five minutes. Another way is to put a time limit on the whole debate, say, of two

seconder and a two-thirds the amendment. majority since they violate Sometimes the mover of the parliamentary principle the original motion agrees

The most extreme way of motion by moving an ignore their call while there limiting debate is by amendment. If the motion choking it off with a motion to amend is seconded, the of closure. All three of meeting must then stop these methods of limiting talking about the original debate require a motion, a motion and instead discuss

For practical reasons, of free and complete with the amendment; if no one else at the meeting ob-It often happens that a jects, he can simply include motion is not complete or it in the original motion. If needs changes before it is not, the meeting must first acceptable to a majority of vote on the amendment the members. In this case, a before going back to the



GENS DU PAYS

FESTIVAL FRANCOPHONE 1982 **VANCOUVER**

Saviez vous qu'il y a un centre culturel francophone a Vancouver? Pour ceux qui seraienta Vancouver au cours de cette meme fin de semaine!

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Mardi 16 Mars a 12:00 heures

(salle d'exposition)

(salle d'exposition)

(salle d'exposition)

CECILIAN ENSEMBLE

COUPERIN et Martin MARAIS

Mercredi 17 Mars a 12:00 heures

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Jeudi 18 Mars a 12:00 heures

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Andree Boudard Tapisserie Maurice Boudard Gravure sur bois Elizabeth Chedanne Peinture a l'eau Michel Diot Aquarelle Francine Gravel Gravure Lyse Lemieux Photographie-sculpture Patrick Hattenberger Photographie Yves Vial Peinture et collage VERNISSAGE: Le lundi 15 Mars de 17:00 a 19:00

Heures d'ouverture: Mardi 16 Mercredi 17 de 9:00 a 20:00 heures

Jeudi 18 Vendredi 19 de 9:00 a 16:30 heures

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Mercredi 17 Jeudi 18 Vendredi 19 Deux representations quotidiennement: 10:00 et 13:00 heures 'ET SI JE TE MONTAIS UN BATEAU", une idea

originale de Sylvian FRENCHETTE. Billets: \$1.50 - Reservations: C.C.C. 874-9105 ROBSON SQUARE MEDIA CENTRE (Theatre)

CAFES-THEATRE: Jeudi 18, Vendredi 19, Mars a 20:00 heures "LA PEUR, TROIS FOIS PASSERA...." 3 courtes pieces de TCHEKOV et GURIK. Mise en scene de Jean-Raymond CHALES Billets: \$4.00 et \$5.00 Reservations: C.C.C. 874-9105 CENTRE CULTUREL COLOMBIEN

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A VENIR

27 - 28 MARS

Fin de semaine de l'Association Francophone de l'Ile de Vancouver (AFIV) au Washington Inn. Cout: \$10.00 incluant spectacle, repas et conference. Dix places disponibles pour chacune des cinq associations de l'AFIV.

13 AVRIL

Spectacle d'un groupe de musiciens canadiens - français "Syncope" au theatre civique de Courtenay a 20 heures.

17 AVRIL

Partie de sucre a Nanaimo, pour la deuxieme annee consecutive. Cout: \$10.00 par personne incluant transport. Vingt billets sont disponibles au local

REUNION DU CON-SEIL CULTUREL A VANCOUVER

En fin de semaine derniere, deux deleques de Comox se sont rendus a Vancouver afin de rencon-* trer les autres associations francophones de la Colombie Britanique.

La rencontre fut a la fois * plaisante et enrichissante. * En outre, nous avons reser-* ve pour cette automne, (octobre) le groupe tres connu de musicien, 1755, de meme qu'une troupe de theatre en novembre . Ca promet d'etre interessant.

Aussi, commencant des septembre, un circuit de film (commercial) de tres bonne qualite est sur le point d'etre mis sur pied. Plus de details vous seront disponibles plus tard

SAVIEZ-VOUS

Saviez-vous que Ludwig van Beethoven composa ses * oeuvres maîtresses alors * qu'il était partiellement ou totalement sourd?

Saviez-vous que la glace * sèche ne fond pas? Elle * «'évapore.

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C.A.M.M.A.C. (Canadian Amateur Musicians/Musiciens Amateurs du Canada)

Un camp musical classique (voix et instruments) sous la direction de M. Jan Simons qui se deroule durant l'ete (27 juin-22 aout 1982) au Lac McDonald dans les Laurentides (65 miles a l'ouest de Montreal)

Les candidats sont acceptes pour les stages de deux semaines. Chaque stage a un maximum de 120 candidats. Certain stages sont deja combles mais il reste des places durant les stages suivants:

27 juin - 11 juillet 8 aout - 22 aout et quelques places seulement durant les stages: 11 juillet - 25 juillet 25 juillet - 8 aout

Candidats: Minimum de 17 ans. Connaissance du thant et/ou d'un instrument.

Cout: C.A.M.M.A.C. (2 semaines) \$200.00 ejour, scolarite, transport Montreal (Dorval)/M-Donald(Gare central), transport (avion) C.B. - Mon-

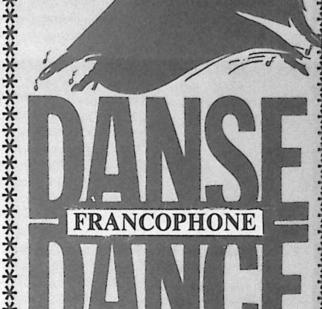
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Volleyball

Men Win 3 Years Straight

The CFB Comox Totems Totems, the harder played 20 games last Friday Esquimalt tried, the better in a 12 hour period losing the Totems became in their only two games all day. In blocking and defensive the round robin com- play. The final score was 15 petition CFB Comox split - 5 for CFB Comox and it with CFB Esquimalt 12 - 15 meant another Pacific and 15 - 10; probably early Region Championship. Exmorning jitters and then cellent team play and went to win against CFB spiking by George Dierks, Chilliwack 15 - 13, 15 - 4, Kaz Oreziak, against CFS Masset 15 - 4, Clouthier, Claude Julien, 15 - 5, the Fleet (Yukon) 15 Mike Perry, Ken Mac-- 3, 15 - 3, against Donald, Butch March and Kamloops 15 - 2, 15 - 1 and Lyle Torrie made the CFB against 3PPCLI 15 - 1 and Comox Totems the favorite 15 - 0. In the semi-finals team in the tournament. Comox defeated Masset easily in a two out of three CFB Totems will be playing

Ladies Fitness Classes

"Stretch up, down, turn to the side, lift

your knees and breath....." can be heard Monday, Wednesday and Friday morning

from 9:30 - 10:30 a.m. at the Base Gym. The latest music is used to accompany

Carla Ryan during an energetic hour with over 60 women. Even though our num-

bers are large there is still plenty of room.

Remember, Spring is just around the cor-

ner - which means shedding the

camouflage clothing to show the real you. If you need to change the contours of

your design or rid yourself of rainy day

blues, join us for a fun packed hour.

Glacier Greens Golf

LADIES

SECTION

GENERAL MEETING

TUESDAY 16 MARCH 82

7:30 p.m.

Come out and get involved!

It's your club! (6 on a par 3!!??)

Babysitting is available for a small fee.

arch rival CFB Esquimalt UBC in Vancouver during the games were entertaining the 2nd weekend in March. and very competitive. The Also the trip to the CF first game went to the National Championships Totems 15 - 6, in the second will be the 19 - 23 May at game Esquimalt came back CFB St. Jean Que. and won 15 - 7, in the third game Comox was behind 8 -4 and later 14 - 12. However, a change in in their conquest of the rythm of play caused CFB Pacific Region Volleyball Esquimalt to become rat- Championships here at tled and they lost that 3rd game 16 - 4. The fourth game was dominated by the Friday.

series 15 - 4 and 15 - 1.

The next tournament the in, will be the B.C. Provin-In the finals against the cial A Championships at

Finally, the Men's Volleyball team wishes the Base Girls the best of luck CFB Comox next Wednesday, Thursday and

will be teams from CFB Carla Ryan at Loc. 2315. Esquimalt, Chilliwack, CFS Holberg, are needed. Composite (Kamloops, Baldy Hughes, Aldergrove) and two teams from CFB Comox.

The tournament begins Opening the Ceremonies 0830 hrs. 10 Mar 82. Game times are from 0900 - 1400 hrs. 10 -11 March 82. Play-offs will begin at 0930 hrs. 11 Mar 82 with the first and fourth place teams and second and third place teams playing off. The Championship game is scheduled for 1330 hrs. with the Awards Presentation immediately following. The winner of this tournament will represent Pacific Region at the Nationals held in St. Jean 19 - 21 April 82.

The Servicewomen will be playing many exciting volleyball games, so "Come On Out" and support your Base Teams

> Happy St. Patrick's Day!



Servicewomen's Tournament

CFB Comox is the site In order to make this a for the Pacific Region Ser- successful competition and vicewomen's Volleyball to assist the Base in the Championship 10 - 12 Mar- proper running of the tour-Competing for the title urged to contact Cpl (W)

nament, volunteers are CFB Linesmen and scorekeepers

MOOD HOBBY SHOP

DOUGLAS FIR

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The common names the Douglas Fir is given are Douglas Fir, moderately soft and Oregon Pine, Red Fir. It's straight. This timber is Botanical name is considered the prime sof-Pseudotauga taxifolia twood of the world. Long, (False Hemlock).

parallel. In the United well and will hold point.

large timbers are available.

Its range of growth in The lumber is considered British Columbia on the difficult to work by hand Pacific Coast from the tools, but gives little trouble Garden Canal to the 49th with power tools. It glues

States the Pacific Coast to It's main use is for home the northern section of construction, bridges and Oregon. It will also be wharves, containers and found in the wetter valleys fine finish moldings, doors, of the interior of both coun- and all high grade mill

Douglas Fir is variable in Douglas Fir is not a true colour, from reddish to Fir, but as the botanical yellowish heartwood. name implies, Pseudo Being a softwood, the (False) Tsuga (Japanese) growth rings are very Hemlock or False distinct. The reddish hear- Hemlock. It is a member of twood having the heaviest the Pineus or Pine family. rings and the yellow the Next week, the subject will finest. The wood in be the various Pines.

Broomball

Comox hosts Powell River

On February 27 CFB Comox hosted a Powell River 6 - 0. The second game in Broom Ball Tournament at Glacier Gar- Mens Division saw CFB Comox Totems dens. Participating in the Tournament were Mens and Womens teams from Powell River, plus two Mens teams and one Womens team from CFB Comox.

In the Women's Division Powell River had their hands full to defeat the pick up team from CFB Comox 5 - 3. Goal scorers for Comox were Carla Ryan, Carole Craig & Cecile Chevrier.

In the first game of the Mens Division CFB Comox Intersection All Stars came up on the short end of the score against

winning 1 - 0 in a hard fought, close checking game. Dennis Muise scoring the only goal.

The third and final game of the Mesn division ended with CFB Comox Totems again taking a close 1 - 0 score from CFB Comox Intersection All Stars. Frank Nadon scoring the only marker of the game. CFB Comox Totems thus winning Mens Division.

Thank you to all who helped make this a successful Tournament.

INTERSECTION BROOMBALL STANDINGS

		W	L	T	PT
1st	Demons	10	7	6	26
2nd	Tigers	8	8	6	22
2nd	Knights	7	8	8	22
	Falcons	8	0	6	22

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Hockey

INTER-SECTION HOCKEY

Totems Win Pacific Championship

The CFB Totems hockey period to make 2 - 1 after team won the Pacific two. In the third period Region Hockey Champion- goals by DAN TRYNships last week when the CHUK and ROSS DAVIDclub travelled to Esquimalt SON took the steam out of and defeated the Fleet by a the sailors and the CFB score of 4 - 1. The Totems Comox Totems repeated as started slow and were ahead Pacific Region Champs. at the end of the first period The team now travels to by a score of 1 - 0 when CFB Edmonton 24 - 28 GLEN BOYCHUK scored March to participate in the early in the game. GARY National Championships. MOULT made it 2 - 0 mid- Only hard work on each inway in the second period dividuals part will produce

but the Fleet not to be positive results there. Good denied, scored later in the luck to all members.

1st 407 Devils 2nd VU33 /Sup 3rd 409 4th ATC

8th MSE The league now splits into two divisions with the top four finishers as Group A and the bottom four as are now involved in a mini

407

5th Security

6th

7th 442

The final standings after round robin. This decided regular season play is as placings 1st to 4th in the elimination series between the two divisions follows, with the best 4 teams advancing to a semi final, and two teams coming out of Demons the semi finals and meeting in the finals. Clear as mud, isn't it? Because the games are scheduled whenever ice is available, spectators are advised to check with their Unit Hockey Reps or the Group B. The two divisions Rec Centre for information on future games.

OPENING MARCH

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Right Up Your Alley

It's hard to believe, but 1st. Jemals 80 the regular scheduled league 2nd Corner Pins 79 bowling will soon be 3rd Fun Seekers 61 will be your last chance to High Triple S. Peterson 579 improve your standings. The mixed leagues are ex- Sunday Mixed League tending their schedule so 1st Fortson 98 the Sunday league will be 2nd Pretenders 85 adding March 21 and 28 3rd Boozin Bowlers 78 and the Wednesday league Ladies High Single M. will be adding March 17 Davies 282 and 24. Bowling times will Ladies High Triple M. be available at the lanes.

The bowling banquet will Mens High Single A. Davies High Triple J. Shepard 582 be held on the 6th of May at 343 the Jr. Ranks Club. The Mens High Triple E. band will be "Brandy" and Hollier 711 tickets will soon be New Men's Season High available at the alleys. I'll Single A. Davies 343 have more information on the banquet the next time. Wednesday Mixed League Till then, see you at the 1st Sunshiners 100 lanes.

Feb. 14 - 20

Mens League 1st 407 Demons 104 2nd Supply 90 3rd Moonraker 86 High Single K. Ned 321 High Triple A. Simpson 743

Ladies Tuesday Night League

1st Downhomers 106 2nd Half & Half's 105 3rd Spare Parts 88 High Single S. LaBonte 280 High Triple M. Davies 717

noon League

coming to an end. March High Single M. Hall 212

2nd Half & Half's 105

High Single H. Massey 286

High Triple E. Ruholl 682

Ladies Wednesday After-

High Single J. Shepard 281

3rd Spare Parts 94

noon League

1st Jemals 86

2nd Corner Pins 81

Sunday Mixed League

3rd Boozin Bowlers 86

Ladies High Single M.

Ladies High Triple M.

Mens High Single H. Thor-

Mens High Triple H. Thor-

Ladies High Single B.

Ladies High Triple B.

Mens High Single F. Acton

Mens High Triple F. Acton

1st Sunshiners 100

3rd Old Timers 94

McGunigle 706

1st Fortson 106

2nd Pretender 93

Davies 297

Davies 706

nton 289

3rd Funseekers 61

Davies 646

2nd Old Timers 92 3rd B.T.S.O.M.'s 92 League Standings for Week Ladies High Single B. McGunigle 266 Ladies High Triple B. nton 702 McGunigle 709 Mens High Single J. Wednesday Mixed League Thibodeau 257 Mens High Triple F. Legg 2nd B.T.S.O.M.'s 100

> LEAGUE STANDINGS McGunigle 280 FOR WEEK FEB. 21 - 27

Mens League 1st 407 Demons 112 2nd Supply 92 3rd Moonraker 88 High Single E. Hollier 315 Ladies Wednesday After- High Triple R. Engelmyer

Come Sail With Us! Ladies Tuesday Night League 1st Downhomers 112

our hearts. So let's air out overhead.

thinking about those long Canadian Forces Sailing sink, head and outboard.

Association (CFSA) Comox provide sailing facilities and mation on this. instruction for its members.

Membership is available require a membership fee of 339-7155 to regular and retired For- \$35.00 per family per year. Vice-Commodore Daryl ces personnel, DND em- This will also make you a Spiers 339-5425 family members.

HMCS Quadra. There we Association. have ten 420 class dinghies which are 14' high perfor- use of our dinghies. For the 339-3292 mance fibreglass dinghies Keelboat there is a fee of Yes Virginia, there is a hot summer days to come suitable for sailors up to the \$2.00 per hour, maximum or during business hours the winter's nap, we are begin- over the waves with the sun these boats in our training refundable deposit. Note 2469. ning to feel the first in our eyes, the wind program. We also have five that only qualified members We are having a general stirrings of those beautiful blowing briskly over the mirror class dinghies which are permitted use of the meeting for those interested tually in the air, at least in sound of seagulls swooping and a Columbia 22 which is how to sail.)

Limited seasonal ber- \$40.00 per member for this Squadron and have we got a thage for yachts owned by course.

deal for you! We're a members with keelboat For more information on recreational sailing club membership is also our club you can contact constituted under CFAO available. Talk to our one of the following 50-5. Its purpose is to teasurer for more infor- executive members after

> business hours: To join our club we Commodore Finn Knutsen

ployees and includes eligible member of the Canadian Rear-Commodore Richard Forces Sailing Association Ohl 338-5264 The club operates out of and the Canadian Yachting Secretary

Bialachowski 339-4394 We do not charge for the Trearurer Ken Kennedy

Sailing Club. After a long when we will be skimming advanced level. We use \$15.00 per day plus a BITO Capt. Daryl Spiers at

Pacific breezes, if not ac-starboard bow and the are 11' plywood dinghies boats. (You have to know at 1900 hrs. on 9 March at our Clubhouse at HMCS a mini-cruising Keelboat We offer sailing lessons. Quadra. Come on out and the mildew and scrape off

For those of you who do sloop, sleeps four (in a pin- We have a dinghy course meet the Club. We will be the barnacles and start not know us, we're the ch), complete with stove, which starts first week in discussing our plans for the May and is run on Satur- year.

days during May and June. The Club will also hold A fee of \$10.00 for the first an Open House on the first family member and \$5.00 weekend in May where the for each additional family Club facilities, boats land programs will be on We have a Keelboat cour- display.

se which starts on the 10th Get involved early and of March and will run on sail the waters of beautiful Saturdays during March British Columbia.

and April. There is a fee of

member is charged.

Just so nobody thinks that the "Callshot '82" ticket draw was forgotten, the winners were: MCpl Farrell (IE/IS Labs) - \$175.00 Marilyn Cock - \$115.00

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Promotions and awards-



Cpl. Doug Crumback congratulated by Maj. K.D. MacDonald on his accelerated promotion. Doug is from a service family: his father retired in 1975 as a MWO Tfc Tech. (Base Photo)



MCpl. Brian "Grizzly" Copeland is congratulated on his C.D. by LCol. Cameron.



LCol. Clements, BTSO, presents the AIR DEFENSE COMMAND AIRCRAFT MAINTENANCE EFFICIENCY AWARD to WO Duke Reid of 409. The 409 maintenance team were tops in Callshot 82. (Base Photo)



SAMO 407, Maj. Armstrong congratulates Cpl. Forsyth on his accelerated promotion. (Base Photo)

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days - 1100 hrs. EUCHARIST: First Sun- AMU COFFEE SHOP: day of every month at 1100 hrs., and also every Wed-venor - 339-2329 nesday at 1900 hrs. A ALTAR GUILD: Mrs.

(ACC). SUNDAY SCHOOL: Sundays at 0930 hrs. There is no Sunday School the Contact person: second Sunday of every month as this is Family Sunday for families to attend Church together.

Sunday School Superintendent: Mrs. Susan Stobbart - 339-6807.

Padre CONFIRMATION CLASSES Saturday 9 Jan 82 at 1300 hrs in the Chapel Annex (10 lessons)

Yeomans - 339-4039.

Ainsworth - 339-6365.

Ainsworth - 339-6365

Chapel Annex.

339-5265.

CHAPEL COMMITTEE:

RELIGION IN LIFE -339-3147. CLASSES: Saturday, 9 Jan OFFICE: Headquarters 82 at 1400 hrs., in the Chapel Annex (6 lessons) DIVINE WORSHIP: Sun- CHIEF SIDESMAN: Sgt. Colin Ainsworth - 339-6365

Mrs. Brenda Adams - Con-

Communion Service Joan Buchan - 339-4305. PRAISE & PRAYER President: Sgt. C. GROUP: Every Monday at 1900 hrs.

> Mrs. Gloria Sponselee - 334 -2201 SENIOR CHOIR: 1200

hrs. on Sunday. JUNIOR CHOIR:

hrs. on Thursday.

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A/BASE CHAPLAIN (RC) - LCol. F. Forcier MASSES FOR SUNDAY:

Saturday - 7:00 p.m. Sunday - 9:30 a.m. (French Mass)

WEEKDAY MASSES: Mon & Wed 7:30 p.m. (during Lent) - Tue & Fri 9:00 a.m.

BAPTISMS & MARRIAGES: By appointment - notice well in advance.

CONFESSIONS: Confessions are heard 30 minutes before all Masses and any time on request.

CATECHISM CLASSES: Each Wednesday night in the PMQ School, 6:30 - 7:30 p.m.

PRESIDENT PARISH COUNCIL: Mr. Frank Sibier-

PRESIDENT CWL: Mrs. Eva Schwab CATECHISM COORDINATOR: Mr. John LeRoss

Mon. to Thurs. - 8:15 p.m. Two Shows Fri. & Sat. -7 and 9 p.m. No Matinee This Saturday

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Adults \$3.25, O.AP. \$1.50, Child \$1.50

Thurs. to Wed. - March 4, 5, 6, 8, 9, 10 Paul Newman, Sally Field

"ABSENCE OF MALICE" "Warning - occasional swearing" - B.C. Director

Thurs. to Wed. - March 11, 12, 13, 15, 16, 17

John Belushi, Dan Aykroyd "NEIGHBORS" A Comic-nightmare

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March 18 - Goldie Hawn "SEEMS LIKE OLD TIMES"

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-B.C. Director

"THE FUN HOUSE" violence" - B.C. Director

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March 11 - March 21 BRUBAKER Robert Redford MATURE with warning

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CHAPLINS CORNER

A young man was shot to death in an underworld gangwar. He had a wonderful mother who was a Choir Director: Mr. Water deeply religious person. She died when the boy was Organist: Mrs. Jean quite young, and he had Duggan, A.R.C.T.; R.M.I. been cared for by the father, an alcoholic drifter. LADIES GUILD: Second The boy grew up in and out Wednesday of every month of the edges of the underat 2000 hrs. in Chapel Anworld and finally went to work for a gambling syn-President: Mrs. Sharon dicate. Nobody knows exactly what happened, but he was shot down in cold Second Tuesday of every blood. The day of his month at 1930 hrs. in funeral was cold and rainy. At the cemetery, those who came were almost ankledeep in mud. YOUTH GROUP: Every clergyman did all he could Saturday at 1900 hrs. in to lend a morsel of dignity Chapel Annex. Contact to the situation. The dead person: Lt. Jim Thiessen. man's father was standing beside the grave with his hat PRAISE & PRAYER in his hand. The funeral GROUP: Every Monday at director moved to his side 1900 hrs. Contact person: and quietly told him that it Mrs. Gloria Sponselee was time to leave. The father pushed him aside and said, "I want to pray." Then he knelt beside his son's open grave with his hat in his hand and he looked up and, in total

> than this." When Christian People look back on their record of peacemaking, they must be willing to face it honestly and cry out, "Almighty God deserves something better of us than this."

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agony, he said, "My son,

my son, your mother deser-

ves something better of us

BADEN-POWELL WEEK PARADE AND SERVICE

Feb. 21st.

Kuntz, opened the banquet self as "visible" as possible. by welcoming the 180 boys, A sincere round of guests, and parents present thanks was accorded the and set the mood for the guest speaker and all who evening by giving a brief had contributed their efforhistory of Baden-Powell's ts to making the evening an life in South Africa. B-P's unqualified success. experiences with youth during the Siege of he Boy Scout movement, founded 75 years ago. It was quite a radical departure from the "social class oriented" youth groups of the time, as it sought membership from all walks of

Following an excellent buffet dinner, the MC introduced the head table LCol. Morrice, BAdO; Capt. Darrel Spiers, PMQ Council; Scouter Cliff Fletcher, guest speaker and District Pack Scouter; Scouter Ted Crumpton, Island Regions President; Padre Forcier and Padre Rische.

The leaders were then introduced and in turn their respective Colony, Pack, or Troop recited their "Promise". Scout Robbie Jorgensen proposed the toast to Baden-Powell; Cub David Doll the toast to the parents, responded to by his father, Mr. Rennie Doll.

The guest speaker, Maj. Cliff Fletcher, of 442 Search and Rescue Sqn., gave a most interesting and infor-

The 1st Lazo Beaver, mative slide presentation of Cub, and Scout group held SAR. The slide/talk most successful Parent & graphically showed how Son Banquet in the Airport camouflage can work School Gym on Sunday, against you and stressed the importance of helping SAR The MC, Scouter Dick help you, by making your-

PARENT & SON BANQUET

Beavers, Cubs and Scouts were: affiliated with CFB Comox joined together to mark the Trisha Chappin, Tracey beginning of the worldwide Halloway, Laurel Lacey, celebration of Baden- Toby Lacey, Powell Week. In spite of earlier snow flurries and Stacey Shepherd, Warren rain, approximately 135 young people met at the Richard Garlough, Todd Base Exchange parking lot Houston, Tyler MacPherto march against a brisk wind to Our Lady of the William Phillipson. Sacred Heart Chapel. Following the Canadian Nash and Corey Young.

non-denominational service, conducted by Reverend Forcier and Reverend Risch, centered around the Guiding and Scouting theme of helping

Several of the girls and boys, while attending Sunday School or Catechism as well as special instruction classes, earned their Religion-in-Life Emblems. These emblems were presented to the girls by Lil Osmond, the Komux District Commissioner for Girl Guides of Canada, Mafeking later evolved into 1st LAZO SCOUT GROUP assisted by Guider Lori Anderberg. Awarding the emblems to the boys was Cliff Fletcher, the Comox Valley District Pack Scouter, assisted by Scouters Dick On Sunday, 21 February Kuntz and Sue MacKenzie. 1982, the Brownies, Guides, The deserving recipients

> Stage I: Bridget Boley, Karen Leonard, Janet Lowdon, Dodge, Aaron Fast, son, John Mills and

Stage I Review: Ryan

and World Scouting Flags, Stage II: Brenda Banks, the Colours of each group- Marie Bourque, Jill were paraded to the Chapel Carlson, Francoise Dipsell, to be presented to the Base Lisa Dube, Nicole Chaplains for the service. Garlough, Carol Liscum, A dozen Beavers carried as Angela MacPherson, Brenmany daffodils, symbolic da Ronayne, Amelie of Spring, which they of- Valcourt, Kathy Young, fered to the Padres. The Bobby Bourque, Troy

Hamilton, Trevor Kuntz. and Patrick Richardson.

Stage III: Lisa Cameron, Karen Dodge, Tricia Maiers and Nicole Young.

Major Ron Carlson, Commander of the USAF Detachment 5, presented the American Flag to the Scouting and Guiding Groups. He spoke of the warm association between our countries as exemplified locally in these movements. Three American Guides, Jill Carlson, Debra and Brenda Banks, accepted the flag on behalf of all the groups. Major Carlson expressed the hope that this flag would serve as a reminder to the American Youth of their own allegiance as well as to honour and respect their host country's flag.

Scouter Cliff Fletcher spoke briefly to the young people about the close liasion between Scouting, Guiding and the Church. drawing a parallel with the laws of each which reflect our duty to God.

At the conclusion of the service, the Colours were retrieved and paraded from the chapel by the Colour Parties. The Guides and Brownies retired to the Parish Hall for a social hour, while the Beavers, Cubs and Scouts continued on to the Airport School for their annual Parent and Son Banquet.



WE'RE CALLING ON YOU TO REGISTER **AS A PROVINCIAL** WOTER

The new Provincial Voters List is now being compiled - and enumerators are calling on every residence in the province to ensure that every eligible voter is registered.

If you're at home when we call, you can register then and there. If we miss you the first time, we'll call again. And, if you're not there, we'll leave a registration form for you to complete with a pre-paid return envelope.

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British Columbia Elections Branch



Padre and Mrs. Lynch on the occasion of a social gathering of the Protestant Chapel welcoming Mrs. Lynch, who was visiting Comox.

************** Canadian Forces Nutrition Week 82

Canada, an event which marks the second sonnel should: National Nutrition campaign sponsored -know what constitutes a nutritious diet; by the Canadian Dietetic Association. - be aware of the nutrient value and shor-This years slogan "Grab a bite that's tcomings of fast foods; right" is to encourage you to choose - be able to choose well balanced food preparation and eating is rushed. A or away from home; corresponding CF Nutrition Week has - understand the functions of nutrients been initiated by National Defence and know their food sources; and Headquarters (Directorate of Food Ser- - know where to obtain reliable nutrition vices) for the period 15 to 20 March. Ac- information. tivities have been planned for you during dinator.

The objectives of the Nutrition Week plying these principles.

March 1982 is Nutrition Month in are that upon its completion all CF per-

- nutritious foods even when the time for nutritious meals while eating in a hurray

We trust that Nutrition Week activities Nutrition Week by your Unit Coor- can help increase your knowledge of what good nutrition is and assist you in ap-

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Beer

Price Control?

VICTORIA -- Vancouver East NDP MLA Alex Mac-Minister Peter Hyndman's announcement he will call breweries on the carpet to explain identical price hikes "is becoming a silly charade".

Macdonald said, "Not only is this the second identical hike announced by the breweries, but it is the people." second time that Hyndman

price increases. According terest." to all press reports, Hyn- Macdonald charged that terward.

public interest," Mac- trol." donald said.

Macdonald said beer drinkers have fared very donald says that Consumer badly from the Social and Corporate Affairs Credit government. In January of 1975 a 12-bottle case of beer cost \$3.55. With the latest increase, i will cost \$7.95. "That translates into the massive amount of increased revenue which comes directly from the modest pockets of beer drinkers -- working

Macdonald said beer has 'called them on the car- prices should be set by an independent agency such as "Hyndman met with the Utilities Commission. Molson's president Hal This should only be done on Moran, Carling O'Keefe the basis of satisfactory cost general manager Al Bran- accounting. "Such a ston, and Labatt vice- system may not be popular president Graham Freeman with the breweries who have on September 30, 1981, to done very well by the Bill seek an explanation for Bennett government, but identical 60 cent per dozen would serve the public in-

dman, who had roared like Hyndman has nothing to a lion before the meeting, show for his September purred like a tame cat af. 30th meeting with the breweries and will have "These private office nothing to show following a chats are no substitute for a future meeting. "It is time system which openly to stop the charade and regulates prices in the bring beer prices under con-



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OWC ENJOYS DEMONSTRATION

Officer' Wives' Club met for an evening of demonstrations. Grant Lupton started the program with a talk on the importance of recognizing the symptoms of a heart attack, followed by a demonstration of the proper C.P.R. technique. Realizing the importance of knowing the complete procedure, many ladies have signed up for the four hour course.

Bonnie Cratchley, our demonstration ovens, gave tips and ideas on their use, and demon-

second guest, gave a very informative and delicious microwave cooking. Bonnie discussed the various

On February 24th, the strated their speed by preparing pork roasts for sandwiches to follow her talk. The microwave coffeemaker and corn poppers donated by Bonnie for door prizes were won by Mary Dunsdon, Alvera DuBois year's O.W.C. executive and Lana Buchanan. Elaine Kulesh won the 17th. If you wish to paper tole raffle prize.

Many thanks to Grant and Bonnie for such interesting and well prepared programs.

As a result of voting by members, the Vancouver Island Program for Special Children was chosen to O.W.C.

meeting, will be an Arts and

Crafts Display and Sale. If you wish to display and/or sell something and have not already signed up, please inform Bev Worbets or Bev Burrows.

The election of next will also take place March nominate someone for an office please phone Fran Al-Molky as soon as possible. Anyone nominated will be phoned to see if they wish to let their name stand.

Fashion Show tickets will be available at the March receive a donation from the meeting. The price is \$5 and as seating is limited, March 17th, our next no tickets will be sold at the

Barbara Myatt



In 19th century Ohio, a newspaper was published with pages 7 1/2 feet long, 5 1/2



inspections as applicable: * Air filter inspection - clean and

- * Front tire pressure adjustment
- * Sidewall condition and tread depth
- inspection ★ Rim trueness inspection
- * Front disc trueness inspection * Brake shoe, disc pad wear inspec-
- * Drain, refill and bleed front disc
- systems * Wheel bearing and seal inspection * Torque axle, front disc, fork caps
- and fender bolts ★ Steering stem bearing inspection
- * Front fork oil change, and pressure adjustment
- ★ Headlight beam adjustment
- * Handlebar switch operation inspec-
- * Tach and speedo cable lube * Clutch, throttle and front brake
- cable lube * Valve adjustment
- ★ Timing adjustment ★ Carb synchronization
- * Spark plug service ★ Compression test

- * Rear disc trueness inspection * Disc bolt and axle torques

service * Engine mount bolt torques

* Battery service

* Drive shaft lube

* Exhaust system inspection

+ Balancer chain adjustment

* Charge system inspection

* Swing arm bearing inspection

* Swing arm lube - (zerk type fitting)

* Intermediate gear case oil change

* Rear drive gear case oil change

* Chain and sprocket inspection

* Tail/brake light and switch inspec-

★ Drain fill and bleed rear disc system

* Drive chain adjustment * Chain adjustment

* Rear fender bolt torques

* Rear brake shoe or disc pad

inspection

* Rim trueness inspection

* Cam chain adjustment

* Rear tire pressure adjustment and tire condition inspection

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Canadian Forces news-



"They don't drop huskies, do they?" Edmonton-based SAR Techs haul airdropped rescue supplies as the first of three Twin Otters arrive at the simulated crash scene on Willow Lake, Alta. (CF Photo by Sgt. V. Tunstead)

MAJAID 82: Practice for Disaster

WILLOW LAKE, ALTA. - A full moon cast shadows through the crystal clear arctic air over this military training area as survivors awaited the drone of rescue aircraft engines.

More than thirty observers including RCMP, Edmonton Ambulance Service, the Canadian Forces and Edmontonbased media gradually succumbed to the numbing -29 degree temperatures and headed for the heated shelter, aware more than ever of the life-threatening environment of Canada's arctic.

This is Exercise MAJAID 82, CFB Edmonton's annual practice for locating and disaster in the remote stretches of the ar-

As the mounting base, Edmonton must be ready to evacuate up to 360 survivors, and with the number of polar flights standing now at about 20-a-day, the possibility of a major disaster cannot be

If an airliner goes down, "speed and flexibility of response are vital," says Air Disaster Co-ordinator, Maj. Ray Lukko, "the survivors must get shelter and medical aid as soon as possible."

The heart of the rescue is the MAJAID ops center at Edmonton. Here, vital evacuating survivors of a major air decisions are made early in the rescue

designed to shave minutes and seconds off the response time and save lives. Available resources are put on standby, computor lists of northern settlements and their medical facilities are searched

and the rescue is put into action.

On Willow Lake observers watch as the Here circles several times dropping paraflares and drift markers. When the SAR-Techs jump they have to be close to the crash site. A kilometer or two of slugging through deep snow with full arctic gear can sap the strength and energies they'll need to provide lifesaving support to survivors.

On subsequent passes the Herc's crew

drops more techs and the first support gear. The beginnings of a tent city emerge from the lake ice: tents, heaters, medical supplies and coleman stoves. As the injured are examined, treated and tagged for evacuation, a second rescue Herc begins dropping more SAR-Techs and equipment.

Before noon the corner of Willow Lake begins to look like a busy air terminal. A Chinook helicopter and three Twin Otters have arrived to begin the evacuation.

Now, twelve hours since they arrived to set the stage at Willow Lake, volunteer support staff sporting drooping eyelids and day-old beards, begin the long task of loading the tons of survival equipment for shipment back to the base. But MAJAID is not over.

The scene shifts to airfield 21 at Wainwright where medical staff receive and with its wheeled and ar- in those nations which shar treat victims and prepare them for transport to the casualty reception point at Edmonton. The excitement and urgency drifts from one location to another as the drama unfolds, then the anti-climax at hangar five, "take off your bandages and leave them over there."

For many of the "walking wounded" of MAJAID 82 the day is over. Their "more seriously wounded" counterparts will remain for a few more minutes to be assigned to one of Edmonton's hospitals. Then, its off to the shower to wash away the blood and into the rack knowing they had it easy compared to what real casualties would face in the Canadian arctic.

Exercise ALLOY **EXPRESS**

proximately 1200 Canadian mobile force designed for soldiers and airmen will rapid deployment to participate in a major NATO's northern flank. NATO winter field training The aims of "ALLOY way, March 2 to 24.

States.

The Canadian contingent NATO nations. is made up primarily of the 80 militia troops from Colonel will also participate.

craft and crews from 433 LCol. David Kinsman. and 434 Tactical Fighter respectively. The fighters will deploy to Norway refuelling in mid-air from Canadian Forces Boeing Squadron, Trenton.

moured tracked vehicles, will be deployed by air from CFB Trenton, beginning on March 2. The entire con- ALLOY EXPRESS is tingent will be in Norway by located March 12.

and Trenton respectively, ctic Circle. and seven flights by Boeing

Canada's commitment to screwed up for March.)

OTTAWA -- Ap- AMF Land land Air, an air

exercise in northern Nor- EXPRESS 82" are to exercise the AMF Land and Air Nicknamed "ALLOY northern contingent forces EXPRESS", the exercise is with host nation (Norway) a joint Allied Command and other NATO forces Europe Mobile Force under winter conditions in (AMF) land and air com- northern Norway; to exerponent exercise with par- cise rapid deployment of ticipating forces totalling allied forces; to exercise the 14,000 from Canada, the AMF in deterrent and com-Federal Republic of Ger- bat operations; to exercise many, Italy, Luxembourg, and test command and conthe Netherlands, the United trol arrangements; and to Kingdom and the United test co-ordination between the forces of the individual

"ALLOY EXPRESS 82" 1st Battalion, The Royal was scheduled by the Canadian Regiment Supreme Allied Comman-(1RCR) from London, On- der Europe (SACEUR), US tario, with supporting ar- Army General Bernard W. tillery, helicopter and Rogers. The commander of logistic units from the Canadian battalion Petawawa. Approximately group is Lieutenant-Andrew southern Ontario regiments McQuarrie, commanding officer of 1 RCR. The air The air component will contingent is commanded involve 16 CF-5 fighter air- by the CO of 433 Squadron,

The AMF was formed in Squadrons of CFB's Bagot- 1960 as part of NATO's ville, and Cold Lake, response to mounting eastwest tension. A permanent allied staff, headquartered in Mannheim - Seckenheim plans frequent exercises in 707 aircraft from 437 NATO's northern and southern flanks. Special at-The Battalion Group, tention is given to exercising borders with Warsaw Pact nations, as does Norway.

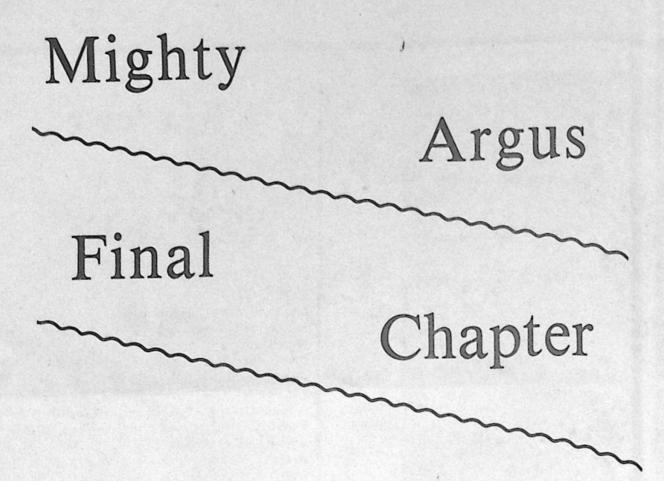
The exercise area for about 150 kilometres from the Finnish The deployment will in- border and 450 kilometres volve 84 flights by C-130 from the Soviet Union in Hercules, from 435 and 436 the fjords and snow covered Squadrons of Edmonton mountains north of the Ar-

The battalion group and (So now you know why the air component represent Boeing's schedule is





Chief Warrant Officer Julie Patterson receives her chief warrant officer's scroll from General Ramsey Withers, the Chief of Defence Staff. She is the first woman to reach the rank of CWO in the Canadian military. Chief Patterson is serving in Ottawa as the career manager for dental and postal trades. (CF Photo)



The "Mighty Argus", officially known as the CP107, served Canada as the master of Anti-Submarine Warfare (A.S.W.), Search and Rescue, Sovereignty, Pollution and Fisheries patrol for close to a quarter century. Any hour of the day or night, the thunderous roar of those four powerful (3700 bhp) eighteen cylinder Wright 3350's could be heard somewhere in the quiet sky over the North Atlantic, Arctic or Pacific Oceans. Many a remote hamlet in the far North was surprised by the penetrating sounds of those long range aircraft.

The Argus, operating from home bases at Greenwood, N.S., Summerside, P.E.I. and Comox, B.C. was also a welcome - and more than once, not such a welcome sight to many ocean-going ships and the men that suddenly noticed this giant upon them. The Argus was a blessing from above for those in trouble at sea as it was capable of remaining with these emergencies for many hours, giving vital navigation support for rescue missions.

The Argus was built by Canadair Ltd. of Montreal. The first of the 33 Argus flew on 28 March 1957. The last, 10742, first flew in early 1961. This same aircraft was the last Argus aircraft to fly, having flown from CFB Summerside P.E.I. to CFB Ottawa (N) on 10 Feb 1982, where it will take up permanent residence at the National Aeronautical Collection at Rockcliffe, located on the shore of the Ottawa River just to the east of our Capital city.

Much has been recorded about our Mighty Argus, both on radio, T.V. and in newspapers. However, there are a lot of men and women still serving in the Canadian Armed Forces who have spent the best part of their service career associated with this great aircraft. Those of us in this position have many stories of love, hate and adventure while serving in the Argus Airforce.

The success of all Argus missions greatly depended upon the high degree of professionalism of the air crews that operated these giants. However, true to the old expression, "a bird never flew on one wing", was equally true in all Argus operations as many hours of devoted work were required by the many technical tradesmen and women that maintained these aircraft in a safe

flying condition over those long years of operation, both at home base and a multitude of foreign bases that served as a "rest spot" while on long range duties. These ground crew often worked long hours in hostile climates. There were the icy cold winter winds and snow in Frobisher Bay, Yellowknife and how can we forget those stops in Iceland? (We sweat off a few pounds in Puerto Rico as well.) The Maintainers often found themselves with a lack of spare parts and support equipment, but their expertise and devotion could always be relied upon to get those aircraft serviceable and return to their respective home base.

Flying in an Argus was an experience one would never forget. When it was very cold outside, so it often was inside. When it was very warm outside, so it was inside. Often the "Argus" flew with the windows open to help cool the inside air, with safety nets installed.

Often, as I served as part of the ground crew that frequently accompanied those long range flights, I would check with the flight engineer after 15 hours flying to see just how much fuel we had remaining, convert it to flying hours and then go back and seek out a spare mattress somewhere for another long "shut-eye". It is the Argus aircraft that set and still holds the Canadian Flight endurance record of over 30 hours airborne and this was without the modern benefit of air to air refuelling!

Over the long years there were many humorous times involving Argus operations. The Argus engines always appeared to leak oil and display lots of exhaust stains, sometimes clear down the side of the fuselage. We were often accused of "draining" oil on someones nice clean tarmac. We were always asked the usual questions when the Argus was on static displays around the country: What is it? How old is it? Did it fly in the Second World War? Was much damage done from the engine fires? We all felt proud of our "ancient" aircraft when it took to the air and more than once stole the airshow from some fancy flying modern jets. We always held our heads up high with pride.

I will always remember one particular flight with the Argus. It happened several years ago, in the late 1960's.



The aircrew on the last Argus flight from Summerside to Rockliffe, on 10 Feb 82. (L-R) LCol. J.R. Lambie (Operation Commander), Maj. B.W. Griffith (Aircraft Commander), Maj. M.E. Rose (First Officer), Capt. H.S. Allen (Second Engineer), MWO E.M. Weatherbie (Lead Engineer). (CF Photo)

We were visiting the airport in Yarmouth N.S. for an Air Cadet function. As we were leaving and returning to Greenwood N.S. the tower operator passed on some information to us. It appeared that the local Canada Customs Officer was very upset that the tower had allowed "that strange foreign aircraft" to leave without his service. This was an embarrassment to me, guess where my home town is located? Right. Yarmouth. That particular flight crew never let me forget that flight.

The Argus, unlike it's cousins, the "Bristol Britannia" and the CC106 "Yukon", was not intended for high level flying, way up in the area we referred to as paved roads, and the fuselage was not pressurized.

The Argus could fly up on those paved roads if required as it had the necessary power and equipment such as a built in oxygen system. This was used regularly on those trips over the "Rocks". It was on one of these flights that I was first introduced to the "laws" of high altitude in an unpressurized aircraft. Do not attempt to open a fresh jar of instant coffee at 12,000 feet in an unpressurized aircraft as the resulting brown cloud from one end of the aircraft to the other is very embarassing. I cleaned a lot of coffee dust off the walls and floor before I collected enough to make one cup.

With the last flight of an Argus, a lot of expressions only related to the Argus also came to an end. How many of us remember such terms as "White Knuckle Airlines", "peanut butter eaters", "Wet Power", "hell hole" and "MAD runs"? The list goes on.

The last flight of an Argus aircraft was made from CFB Summerside to Rockcliffe on Feb 10, 1982.

Mr. A.J. Shortt, of the National Aeronautical Collection and his team of men will be devoting many hours of their time in preserving this 'Might Argus' 10742 in good condition for all interested visitors to view in the years to come. It will take its deserved place of honour with the other guest aircraft on display at the museum.

I somehow feel that our "Mighty Argus" will silently continue to retain its reputation as the master of A.S.W. and I would bet that no undetected submarines will

ever get up the Ottawa River past Rockcliffe as long as "10742" sits on her final resting spot. We all cursed the Argus at times, but really, we all have a bit of everlasting love in our hearts for those great aircraft. I for one will miss the adventures of the Argus having spent most of my long service career directly involved with its maintenance.

Most of the the remaining Argus aircraft await disposal at CFB Summerside. However, along with 10742 being preserved at the National Aeronautical Collection at Rockcliffe, three of her sisters are permanently displayed at CFB Greenwood (10717), at CFB Summerside (10739) and at CFB Comox (10712).

I would like to share with you some closing thoughts and feelings I have for this particular Argus aircraft:

Oh "Mighty Argus", aged and slow, When duty called, over the oceans you would go. North, South, East or to the West, There could be no better, you were the best.

From home base, to lands far away, You served your country well, to this day. Through all kinds of weather, bad or good, You did your job, as an A.S.W. aircraft should.

No more "wet power" or commands like that, For your excellent performance, we all tip our hat. To all your crews, you were just great, Now you have a new home, inside Rockcliffe's gate.

As you sit with poise and grace, A thousand curious eyes you will face. Serve as a reminder, majestic and true, Oh "Mighty Argus", known by all as 742.

George White

The author first became involved with the Argus in 1959 at C.E.P.E., R.C.A.F. Stn. Uplands and spent many years at CFB Greenwood and CFB Summerside until the Argus retired from service in the summer of 1981.

HOT TIPS

BEWARE OF BOMBS IN THE HOME

Within the last few years, the Canadian home has become a bomb storage area. The pressurized can or bottle - a handy dispenser of many personal and household products - can be lethal as a hand grenade of a miniature flame thrower if used carelessly.

Packed to generate about 40 pounds per square inch pressure at 70 degrees F, they can safely withstand temperatures up to 82 degrees C (180 degrees F). But hair-spray cans negligently placed on a heater, and pressurized containers kept in glove compartments of closed cars parked in the hot sun have been known to explode, take lives and cause extensive damage. Empty containers thrown on an open fire for disposal rupture almost instantly, sending fragments through the air for hundreds of feet. The use of hair spray near an open flame, or while smoking, can produce flames up to seven feet in length. Warnings against all of these dangers appear on the labels of pressurized cans, but the users' failure to read and heed them is causing an increasing number of fires, injuries and deaths.

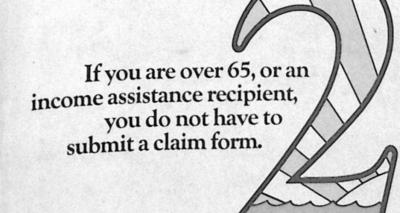


The groundcrew from Ottawa BAMEO who recovered the aircraft. (l-r) MCpl. George White, MCpl. Andre Rivard, Pte. Mario Strasbourg, Pte. Kathy Pasetka, MWO William Anjowaki. (MCpl. White wrote the accompanying article) (CF Photo)

Pharmacare's for you.

You can be reimbursed 80% of your prescription expenses over \$100 if you file a Universal Pharmacare Claim Form by March 31st, 1982. All individuals or families registered with the Medical Services Plan of British Columbia are eligible to claim an 80% refund on expenses for insured benefits over \$100 spent between January 1st, 1981 and December 31st, 1981. Benefits of the Pharmacare plan include most drug prescriptions, ostomy supplies, designated permanent prosthetic appliances, and syringes for diabetics. Over-the-counter drugs cannot be included.

To claim for your reimbursement, total your official Pharmacare receipts for prescribed benefits as listed above: if they add up to over \$100 for you and your dependents, you should file a claim. Claim Forms are available at your pharmacy. Fill out a Claim Form, attach the receipts in the spaces provided, and mail.



You are already receiving fully-paid benefits. Tourists, transients and visitors to British Columbia are not eligible to claim; neither are people receiving fully-paid drug and medical benefits from a union or employer-sponsored plan, or from D.V.A., D.I.A., Workers'. Compensation or Home Care.

If you have any questions, ask a Pharmacist. They know all the details about Universal Pharmacare.

