



TOTEM TIMES



Vol 24 No. 3

CFB COMOX TOTEM TIMES

THURSDAY, FEBRUARY 4, 1982

DEADLINE - MONDAY, FEBRUARY 15 1982

COST: PRICELESS

MND on Defence Budget

OTTAWA -- The Honourable J. Gilles Lamontagne, Minister of National Defence, had some blunt words for members of the Conference of Defence Associations, holding its annual meeting and 50th anniversary in Ottawa mid January.

"Of course we have had problems; no one denies that. But I would like to get across the message that the trend of our problems has now been reversed; and there are signs that things are beginning to improve".

He urged the delegates to recognize the concrete progress recently achieved in bolstering the Canadian Defence effort.

Mr. Lamontagne said that with the budget of last November 12: "We have obtained extra funds for the military to let them get on with the job... Almost \$6 billion for this year and more than \$7 billion for 1982-83: a 35.2% two-year increase. Our government has taken its responsibilities and provided a significant impetus, even in times of fiscal restraint, to the defence effort".

Mr. Lamontagne noted that NATO was more than a military alliance: "It is a well-known fact that, for the past 30-odd years, NATO has been the most efficient peacekeeping movement in the world".

"You can help me", Mr. Lamontagne said. He told the meeting that people of Canada, like those of other NATO countries, need to be made aware of the great complexity of defence programs and planning; and he called on delegates to help him alert the Canadian people to the raison d'être for defence and for the Canadian Forces. He went on to say that "if the past is any indication for the future, Canadians will respond when they are challenged. They will give priority to defence if the day comes when they feel a threat, when they are convinced of the existence of a threat".

He thanked the members of C.D.A. for the support they had given him in the past and asked them to continue working together with the Department of National Defence for the greater good of Canada.

Driver Safety

The aim of the Driver Safety and Improvement Programme in British Columbia is to assure the safety of all persons using our highways by improving the driving performances and attitudes of drivers who constitute a hazard.

A driver applies, qualifies and is issued driving privileges in good faith. The driver should know the legal and moral responsibilities involved in driving a motor vehicle on the highways. Any driving offence committed will be recorded against the person's driving record.

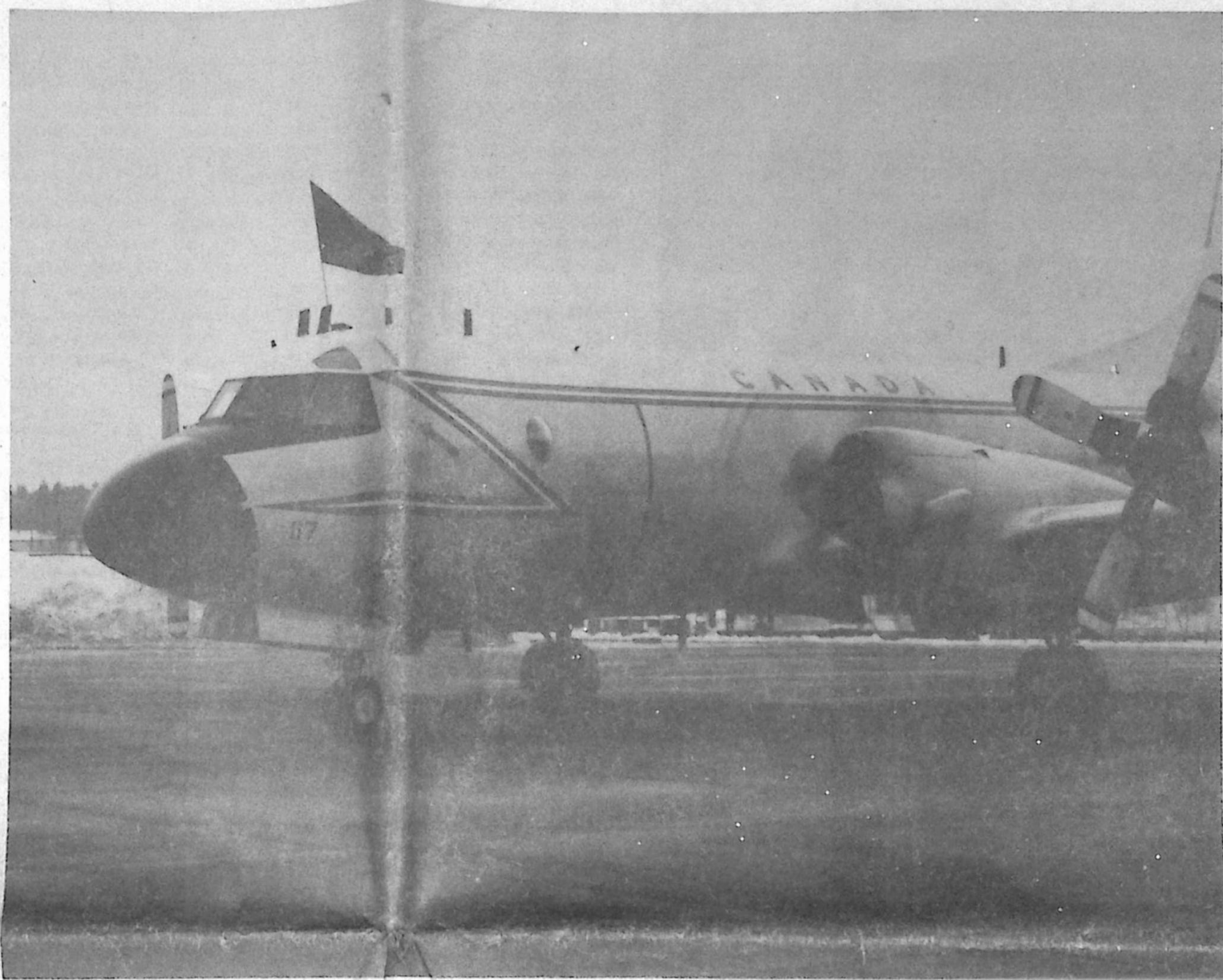
Driving offences under the Motor Vehicle Act or Regulations and Criminal Code are reported to the Superintendent of Motor Vehicles. Point penalties ranging from two to ten are assigned to the offence when it is recorded against the individual's record.

At the time an offence is recorded, the Superintendent of Motor Vehicles reviews the driver's record over a three year period to determine what action should be taken. In most cases a warning or probation is sufficient to change the individual's driving habits. If the driver fails to respond to this warning the only alternative is to remove the driver from the highways -- for the protection of the majority that drive safely.

An individual who has driving privileges suspended can appeal the decision in writing to the Superintendent of Motor Vehicles. The review will consider both the circumstances outlined in the appeal and the driving record. The Superintendent's final decision may be appealed to a Judge of the County Court within 30 days from the date of the suspension. The suspension remains in effect pending the outcome of the appeal.

The first conviction for a driving offence under the Criminal Code results in a 3 month mandatory suspension. On a second or subsequent offence within five years, a 6 month mandatory suspension results. The Superintendent of Motor Vehicles has no authority to reduce mandatory suspensions or allow work privileges.

If you ignore the suspension and continue to drive, you will face increased penalties. You will be convicted of an offence which requires a minimum fine of \$300.00 and 7 days in jail for the first offence. An additional suspension for a mandatory period of 3 months will result. Is it really worth it? Should you drive again the penalties of the second conviction increase: a minimum \$300.00 and 14 days in jail and a 6 month mandatory suspension.



CP140 AURORA 117 returns to Comox after being deported from Australia, New Zealand, Fiji, Tahiti and Hawaii (not in that order). Streaming the Demon's colours, 117 was nearly deported from Comox as well until a horde of anxious (?) wives recognized the accents of one or two crew members (hoser, eh?) (More on Demon Doins p.2) (Base Photo)

Unemployment

Flight

Safety

The beginning of the New Year found the highest level of unemployment in Canada since the Great Depression. One million Canadians are out of work. In British Columbia 8.7 percent of the labour force or 115,000 people were unemployed in December.

British Columbia has the highest unemployment rate of any province west of Quebec and its economy has deteriorated the most

over the past year.

The number of unemployed workers in Canada as a whole increased by 21.9 percent between December 1980 and December 1981. B.C.'s increase, the worst of any province was 49.4 percent.

The true extent of unemployment is understated by these grim official figures. Between July and December no less than 71,000 British Columbians lost

their jobs. Less than half that number joined the ranks of the officially unemployed.

Some of the other 35,000 will have returned to school or retired, but most have dropped out of the labour force because jobs are simply not available. British Columbia's real rate of unemployment would exceed 10 percent if the hidden unemployment were counted.

At the end of the year, consumers and industries were hit by a series of tax increases ranging from an increase in hunting licence fees to a regressive and unjustifiable 8 percent increase in hydro rates.

Clearly what is needed is an imaginative programme to carry us through the worst of the recession. There is no reason in the world why British Columbia should be faring worse than such

provinces as Manitoba and Ontario.

We need an accelerated job training programme, new initiatives in reforestation and a major housing programme. We need short term labour intensive projects which will provide immediate jobs and long term benefits to the community.

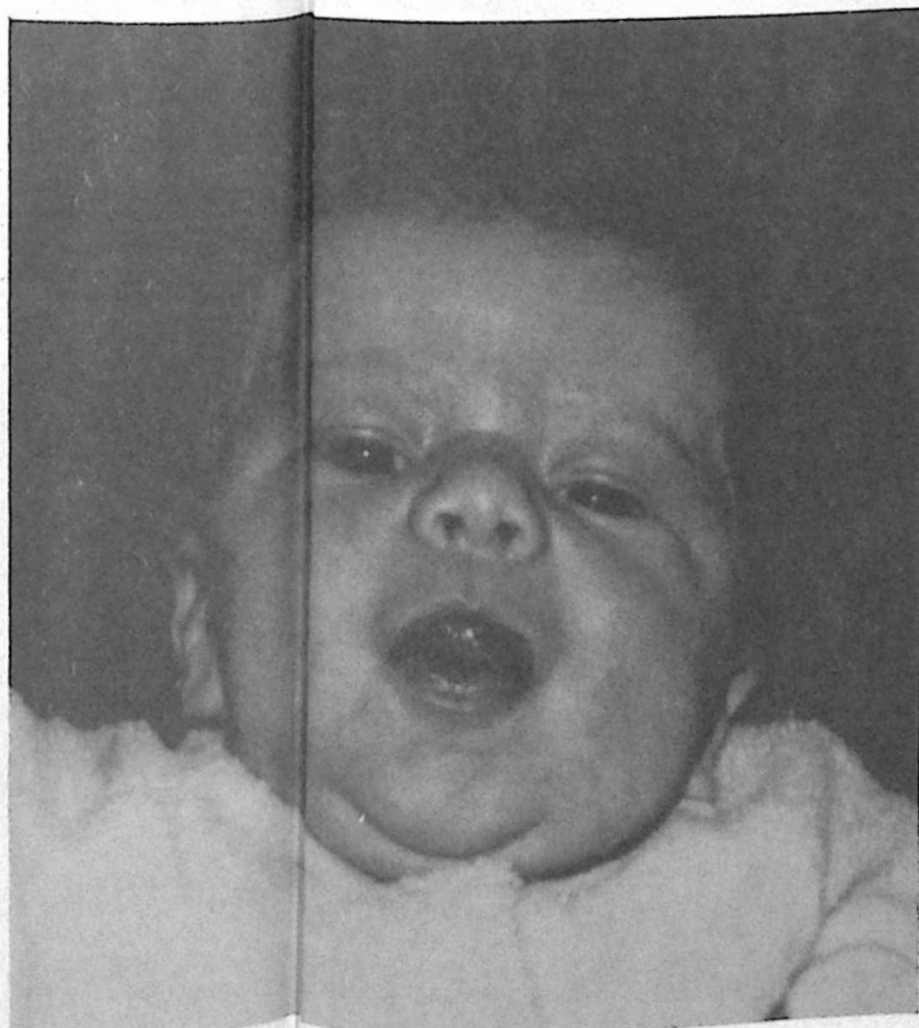
The Socreds cannot be blamed for the downturn in the mining and forest industries; they can, however, be blamed for hiding their heads in the sand and not taking up the slack, causing the unemployment level to skyrocket.

Karen Sanford

Col. Bosman, Maj. Malloy and Maj. Robertson will visit CFB Comox the 10 Feb 82 for the annual Year-In Review Flight Safety briefing. Timings are as follows (all briefings will be in the Base Theatre):

-409, Base Ops personnel 0900 Mon 8 Feb.
-442, Base personnel 1400 Mon 8 Feb.
-407, VU-33, AFIS personnel 0900 Tues. 9 Feb.

It is expected that all squadron and Base personnel will attend one of the briefings.



Melissa Lynn Blom, daughter of Jelle and Marcia Blom comments on this week's fishwrapper.

"Fishwrapper" Exposed

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Section news

407 Demon Doins



LCol. Cameron, CO 407, shares a toast with Capt. John Melson for obtaining 10,000 flying hours. Imagine, over 400 days in a cockpit, that is quite some reason to celebrate.

Yes, this is the issue we've been waiting for. Just what happened on Demons Down Under 82? Other than seeing a lot of smiling faces, very little has been revealed. Exclusive press coverage was hard to come by, but here it is.

A 407 crew (although I hesitate to call them that) recently returned from a two week trip, or should I say tour of the South Pacific; a trip of sand, surf, and sunburn. It was a memorable trip that included stopovers at Fiji, Australia, New Zealand, Tahiti, and Hawaii. A lot of time zones were covered in the two weeks as "Hoser 117" crossed both the equator and the date lines.

After a one night stop in Hawaii, the crew of Bob and Doug Mackenzie were off to Fiji and for the most, the first trip across the equator. As the inertials counted down to 0 everyone scrambled to the cockpit as they didn't want the pilots to be the first across. Then it was a rush back to the galley to see if water really did run the other way down the drain. Of course, such a momentous occasion called for unexcelled pomp and celebration. Those who had crossed the equator for the first time were accepted into the Order of Neptune with an illustrious ceremony by King Neptune himself - Bill Munden.

The next stop, Nandi Fiji, will probably be remembered as the sunburn capital of the South Pacific. Shopping was great if of course you were interested in a carved statue of one of the local spirits. The vast majority spent the day on the tropical paradise of Beachcomber Island sunning, snorkelling, and running back and forth across the hot sand from the water to the shade. Before leaving an abundance of Canadian flags were left in exchange for overwhelming duty free tans (that is, if you consider a sunburn really a tan).

Then it was in the air again for the longest leg of the journey. The next stop Brisbane (RAAF Amberley), Australia. For some it was quickly realized it wasn't the "in" thing to laugh at Mainwheel roulette losers.

In the air again to follow the coast to the home of the Australian VP Squadrons, RAAF Edinburgh (Adelaide). Feeling no regrets about Fincastle, the hosting was superb. Everything from an excellent barbeque to a true Aussie driven bus ride was included. The last day was spent either at the beach or at the local national park making friends with koalas and kangaroos. When it came time to leave the Aussie's were convinced the

crew consisted of Bob's and Doug's pilot hoping to get a spot on NBC's Thrillseekers.

Then it was off to New Zealand and RNZAF IWhenuapai, a New Zealand transport and VP base. It was the first stop where our money got equal recognition; that is to say bills weren't exchanged for coins. The Kiwis proud to be excellent hosts as well. For those who stayed on base, it gave them the opportunity to partake in the age old English tradition of tea at 0630. Of course if you stayed in the ironing room, you only interfered with those already in there hoping to get a start on the day's chores. Free time was spent in Auckland taking in the sights however, as nightfall closed in it was soon obvious everything in NZ closed at 10 p.m. The new best seller "Auckland After Dark" was going to be right up there in quantity with "Famous Italian War Heroes". At least it was a chance for some to get a good night's sleep overlooking restful Myers Park.

Probably the best stop was the two days spent in Tahiti, where the squadron was hosted by members of the PZ Neptune Squadron of the French Navy. For most it included everything from luncheons to helicopter rides of the local area. 407, or by this time the main wheel roulette winners, hosted a small gathering at which numerous French aircrew attended. It gave them a good chance to practise their English, and us a chance to dazzle them with some intricate conjugations of very complex french verbs. In fact as the toasts

progressed, it became obvious that some were becoming more fluent. Where was the French testing section when those 3's were hot?

From here it was back across the equator to Barbers Point, Hawaii then back to the whitesand (er I mean snow) of Comox. Welcome back to the Great white North, eh!

P.S. Our travel agency is highly recommended.

Meanwhile back at homeplate, the 407 Demons and Devils squads were facing off against each other giving 407 a 100% chance of at least two victories. Outstanding goaltending on the part of Bob Roche aided the Devils in domination and subsequent victory over the Demons in both games. Inter-squadron rivalry led to many exciting plays and some hot tempers, as can be attested to by Nick "The

Hammer" Mykitiuk and Bob "The Bouncer" Sleigh.

In other games the Demons were defeated by the MP's in a very well played contest. The Demons had many chances but were again stopped by very good goal tending.

The Devils also lost their contest to ATC. A shortage of players and a lack of wind (if you can believe that a team with players like Roche, Bourduas, and Bialachowski can lack wind) were the Devils downfall.

We hope that in the next two weeks both teams can pull off big wins in order to raise their point total, which especially on the part of the Demons shouldn't be too much anyway.

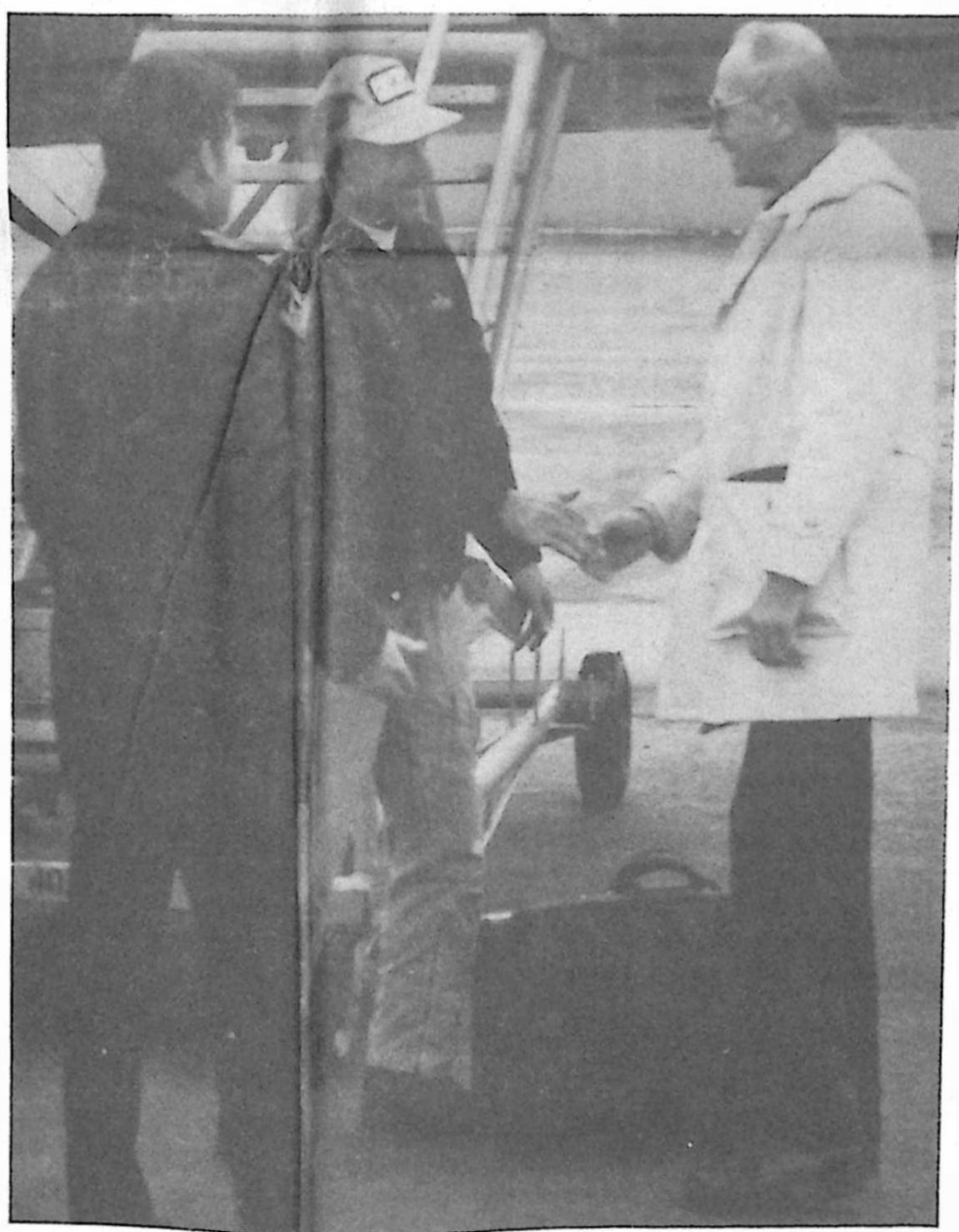
The 407 volleyball team is finally off to bigger and better things with two successive victories. Not bad considering their previous point total was zero. It just goes to show what can hap-

pen when Major Mel gets some support.

Congratulations are in order for MCpl. Henn after receiving his recent promotion to Sgt.

Capt. Turner, at a recent morning briefing, was asked to present a report on the Demons Down Under trip. The CO was so concerned about what might be revealed, that after the opening "hems" and "haws" he immediately presented Ted with his 2 1/2. That's sure one way to keep a secret. Congratulations Ted.

It has once been said that after 10,000 flying hours one gets to turn over a new leaf. After drinking a toast once reaching that goal, Capt. John Melson was seen breathing a sigh of relief. Congratulations John. By the way, is last Fridays crew training any indication of what's in store for the future?



LCol. Burrows welcome home the Base Commander after a two week hostage taking by VP 407. If the smile is any indication, it couldn't have been all that bad!



VU 33

Our erstwhile editor (also my boss) informs me the presses are ready to roll again for another blockbuster edition of the Totem Times (Move over Lou Grant).

Congratulations must go out to one of VU 33's stalwarts: Kim Matheson. Kim received a much deserved "Good Show" award for spotting a potentially dangerous Tracker aileron condition. As a result of Kim's professionalism the Tracker fleet was saved a possible air incident.

It's been brought to my attention that I didn't include myself in the group that received the many cords of firewood a couple of weeks ago. (Or as the boss refers to us: "the wood moguls".) In response to the many queries I'd like to go on record as saying: A. I don't have it cut yet. B. I don't know where I'm going to stack it. C. I can't let anyone have any more - I've only got enough for one week's kindling left now. Thank you.

I hear that Phil White is looking for a Karate teacher. Appears you have to be well versed in martial arts to play in the "No-Hit" hockey league these days. Guess they have to slow you down somehow Phil!

Noticed Gord Antle is losing weight these days. Could be all those stair trips in 7 hangar looking for the supply group that's got his return vouchers secreted in some dark office recess. Look on it as a big game of Dungeons and Dragons, Gord.

I've been asked to put some "hard gen" in this column instead of "horsing around". Unfortunately "hard gen" is either classified, slanderous, or highly dangerous to a

writer's health. Guess you'll have to put up with horsing around for another edition, Zane!

To the 442 bananas who told VU 33 that a Buffalo APU would fit through a Tracker hatch: May a Buffalo "backfire" in your general direction. Eager aircrew Craig Flewelling, Bruce Nolan, and John Duprey, along with Bob "Mustang I" Hills (as he is known in Nevada), reported to ops early Friday morn loaded down with money, dice, penicillin, and old chicken bones as they were scheduled to fly to Reno. When it was discovered the Buff APU would not fit, some aircrew, anxious for them to be on their way, suggested tying the unit to the port wing. Nolan and Flewelling, however, disagreed with Doug's suggestions and cancelled the trip.

Bob just moved off base. We have heard that his room is pink, and is mattress is pink with a vinyl covering. Got a problem we haven't heard about yet, Bob?

Fast Eddie Holmes will be returning to squadron soon. He was supposed to take-off out of North Bay Wednesday but the T-bird had to abort because of excess all-up weight. It seems Ed overate while on course in North Bay and is now waiting for a Herc to be sent from 435 Squadron.

VU 33/Supply hockey team is still on a winning streak. During last weeks win over the MPs, Bob Landry completed his 3rd pass in as many years: His left winger was so moved that he kept the puck and is now having it mounted as a souvenir.

CF

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February 12 - TGIF
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February 13 - Valentines Dance -
Dance to Area Code 604
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For further info contact Sgt. Dale McConnell Loc. 2226.

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The month of January is already becoming a fuzzy and somewhat bleak memory. We can now confidently slide back into those old habits that we resolved to end forever on New Year's Eve. Before Valentine's Day our guilty consciences will have completely evaporated for another year. Just for posterity, however, let me recount how we tried to turn over a new leaf in the first 31 days of the New year...

...By far the saddest event of the month was the farewell luncheon for Gary Flath. The solemn occasion was rudely interrupted by a snowball barrage from the Nighthawks, led by their "main man". Due to the honorable upbringing of the 442 Sqn. members, a gangland style retaliation did not start until we had paid our last respects to Gary. In the tradition of an Irish wake we proceeded to the bar after lunch in order to drown our sorrows. Only when we began filing out of the Mess (with tears streaming down our cheeks) did we even begin to let the thought of revenge cross our minds. A ringleader emerged from the cloakroom to plot the

terrible retribution. Shortly thereafter the Nighthawk's "Charlie Oscar" found himself making an angel in the snow, much to his disdain. Furthermore, the meager troops supplied by the opposition were quickly overrun and ejected from the Mess. A fierce snowball fight took place in the parking lot after which the victorious 442 warriors retired triumphantly to the bar. To this very day we anxiously and enthusiastically wait for the Nighthawks to bring out the heavy artillery.

The skill testing question for the month of January was "Where is 442 Sqn. stationed?". Most people replied with "Comox" but Kelowna and Reno are suitable responses as well. Actually, following the example set by Canadian Pacific, we have decided to diversify. Our excursion fare to Kelowna is a low \$50 and it is a direct daily flight. The Reno trip operates less frequently, but it is guaranteed to become a profitable route. Our very first customer on the inaugural Reno flight was Brad Ruston, and he was absolutely delighted to have this honour. Reservations for Kelowna or Reno can be

made through Squadron OPS.

In addition to the new detachment at Kelowna, we invaded three other tourist areas in the province last month. Mt. Whistler was assaulted by the Labrador. It is rumoured that The Boss was there at the time, but nobody saw him. Later in the month an invasion by land of Mt. Washington was mounted. Since we are not used to army tactics (or any other kind of tactics for that matter), Mt. Washington survived the ordeal with ease. Our final assault was on Puntzi Mountain, and it turned out to be a resounding success. The airborne attack by the Buffalo took the citizens of Puntzi by complete surprise. Cleverly disguised as a winter survival exercise, the local populace were soon turned into putty by our intrepid Sar Tecks. Normally Puntzi Mt. is covered by snow but the area is now brown due to the millions of empty beer bottles. Sar Tecks have an amazing ability to substantially dilute their blood with alcohol in sub-zero temperatures without freezing to death. Isn't that what survival is all about?

The squadron

renovations are going along just fine now. After many months of relative stagnation, the sound of a carpenter's saw is music to the ears of the peasants.

Our canteen for example has undergone a major facelift in the last few weeks. It is becoming such a popular spot that there is "standing room only" at 0830 in the morning. The flight engineers have noticed a similar phenomenon in their section. Why do they all show up for work every day when the capacity of their room is now limited to one seat? You may have noticed the extra space available in the washroom next to the ASO's office. (It just dawned on me why the ASO's office is located where it is...easy access to a place where you can be sick). Anyway, the extra space in the washroom enables several people to mill around while waiting for a seat. Another seat problem? Ops has not escaped the fickle finger of change either. Our own squadron carpentry Officer built a fabulous new sliding map of B.C. and the Yukon behind the Ops desk. Unfortunately during working hours all aircrew must use

telekinesis in order to slide the appropriate map into view. The new flight planning section next to Ops is another result of "THE PLAN". Be aware, however, that the city of Vancouver is sometimes obliterated on the VTA chart by a blob of week old apple pie. Murphy's first law of flight planning is that the flight plan forms are always under the biggest pile of food on the table. Murphy's second law is that someone will always use today's Notams to wipe his face (because they don't provide napkins with the standby meal). We must learn to save yeaterdays Notams for this purpose. As mentioned before, the renovations are proceeding well...

...In retrospect, what a great month it was! We have broken all our pristine New Year's resolutions in record time, and things are already back to normal. Mud will settle rapidly to the bottom of the swamp when it is disturbed from its natural state of being. Keeping that in mind, why not enjoy the remaining 11 months of the year.



NIGHTHAWKS NEST

Yes, a fine day of skiing it was. Monday past, between seventy and eighty stalwart Nighthawks (with associated servants, dependants, batmen, groupies, hair-dressers and hangers-on), pounded the light powder of Mt. Washington into moguls and hollows for reasons ranging from pure fun, attempts to pick up some hardware, a race for the hot gluhiveine, or sheer survival.

Howie Torbet clocked the fastest time in the Molstor run; the "closest-to-the-average" award went to Kev Binnie and, not to allow the men all the glory, Jane Remmerswaal won the trophy for the "hard luck" time. Jane's trophy - befitting her last place time - was a cast of the south end of a north-bound horse.

The squadron would like to express its appreciation to all the people who attended, to the Mt. Washington folks who helped out, and to Don Thornton who, as well as organizing the affair, posed for Jane's trophy. Eric Matheson had

originally been in demand for the latter honour, but his refusal to shave off his moustache brought his chances to an abrupt end.

Congratulations are due Bill Motriuk and Bill Ricketts, who returned this week from Staff School, in Toronto. Knowing them both as I do, and appreciating what they started out with, were they to say that they learnt a great deal at the school, I would have to say it was inevitable.

Contrariwise, were they to claim they learnt not a thing, I would hardly find that surprising. Obviously, I will have to either fake any further reports on their results, or trust any subsequent stories to someone who doesn't know them and, thus, is more objective.

Preparations for Call Shot '82 are proceeding well, and on schedule. (This may or may not be a lie, but is the most innocuous sounding phrase I could think of - in order to deny the eastern running dogs of separatism and the

Atlantic coastal victims of inbreeding access to any valuable information on our progress to date).

Good news in the deployment department. Apparently several members of the squadron will be invading our neighbors to the south in an attempt to cash in on their desert weather. The end of March will see the Nighthawks invade Tucson, Arizona, where they will be able to rid themselves of their albino-like appearances - forever putting to rest the claim that all Canadians are descendants of Casper the Ghost. Unfortunately, I will be unable to personally attend the outing, as I will be attending a Public Edifice Attack Course in Ulster, North Ireland.

Cabin fever is a malady common even amongst west-coasters and, as it is still a long time until spring, I find it is affecting my initiative. And so, till next time - to the bar.

BGJK

Common Sense Tips

Hints For Homeowners

TRASH COMPACTORS

Household trash—no matter what our income level, whether we're single or have a large family, handling the trash is something we all must deal with. A home trash compactor helps eliminate kitchen clutter—overflowing baskets and messy spills—and the daily arguments about whose turn it is to take it out.



According to home economists from Whirlpool Corporation, the amount of trash we handle in our homes today is enormous and, it is growing due to the fact that just about everything we purchase nowadays is wrapped in something else. Because of this growing problem, they believe that the trash compactor is becoming an important and necessary appliance for kitchens of today and will be basic to kitchens of the future.

An especially nice feature is its small size—only 15 inches wide and countertop height, a trash compactor can fit just about anywhere. All it requires to install it is an electrical outlet, the same as for a toaster or a TV set.



MCpl. R.A. Martin happily accepts congratulations from the CO 409 Sqn., LCol. Lott, on his recent promotion. MCpl. Martin is another Squadron example who learned that advancement is the reward for all out effort.

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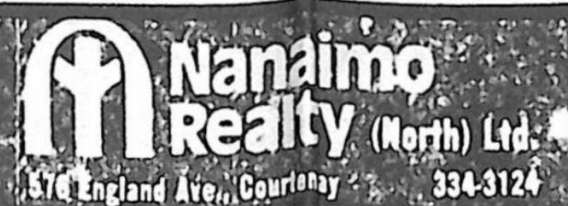
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OFFICERS' MESS

Fridays, February 5 & 12 -
Regular TGIF's - 1600 - 1700 hrs. Food as indicated. Bottle and Jackpot draws at 1700 hrs. Members must have signed in and be present at time of draw to be eligible to win Jackpot draw. Free taxi service - ask at bar.

Wednesday, February 10 -
OFFICERS WIVES CLUB - Bridge - 2000 hrs.

Wednesday, February 17 -
OWC Meeting - Cardio-pulmonary Resuscitation Demonstration "How To Save a Life".
Micro-Wave Demonstration - Get acquainted with Micro-Wave Cooking with Bonnie Cratchley.
1930 hrs. for 2000 hrs.



ANNOUNCEMENT



ALEX WIERLEYCHUK

NANAIMO REALTY CAMPBELL RIVER announces the appointment of Alex Wierleychuk as Manager.

Mr. Wierleychuk has been with Nanaimo Realty since September 1977. He previously held a major position with the Canadian Armed Forces flying Voodoo Interceptors and was Squadron Administrator. Alex's hobbies are power boats and ranching. He held the commanders position with Cape Lazo Power Squadron.

Nanaimo Realty has been developing and providing residential and commercial services since 1945. Now the company is Vancouver Island Real Estate Board leader in sales achievement.

Alex's appointment coincides with a Directors' decision to expand the Campbell River services. A new office site has been secured and expansion of services and staff is planned.

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Editorials

News Shorts

After all the bad news we've had lately - high interest rates, Cuban hijackers, Margaret Trudeau's latest book - it's great to finally have some good news:

- The Italian Police surprised just about everybody - including the Red Brigade - by finding and freeing General Dozier. Six weeks of suspense and fearing the worst are over. In a major blow against organized terrorism, the Italians have shown that successful hostage rescues aren't limited to the Israelis. Weeks of painstaking detective work paid off as the raid was flawlessly carried out.
- Wayne Gretzky is now earning more than the equivalent of the GNP of any 2 third-world countries. The Edmonton hockey ace becomes the highest paid NHL'er in history. (Edmonton tickets now go for about \$165.00 a game).
- The groundhog didn't see his shadow. This means winter is officially going to end. (I can never remember whether

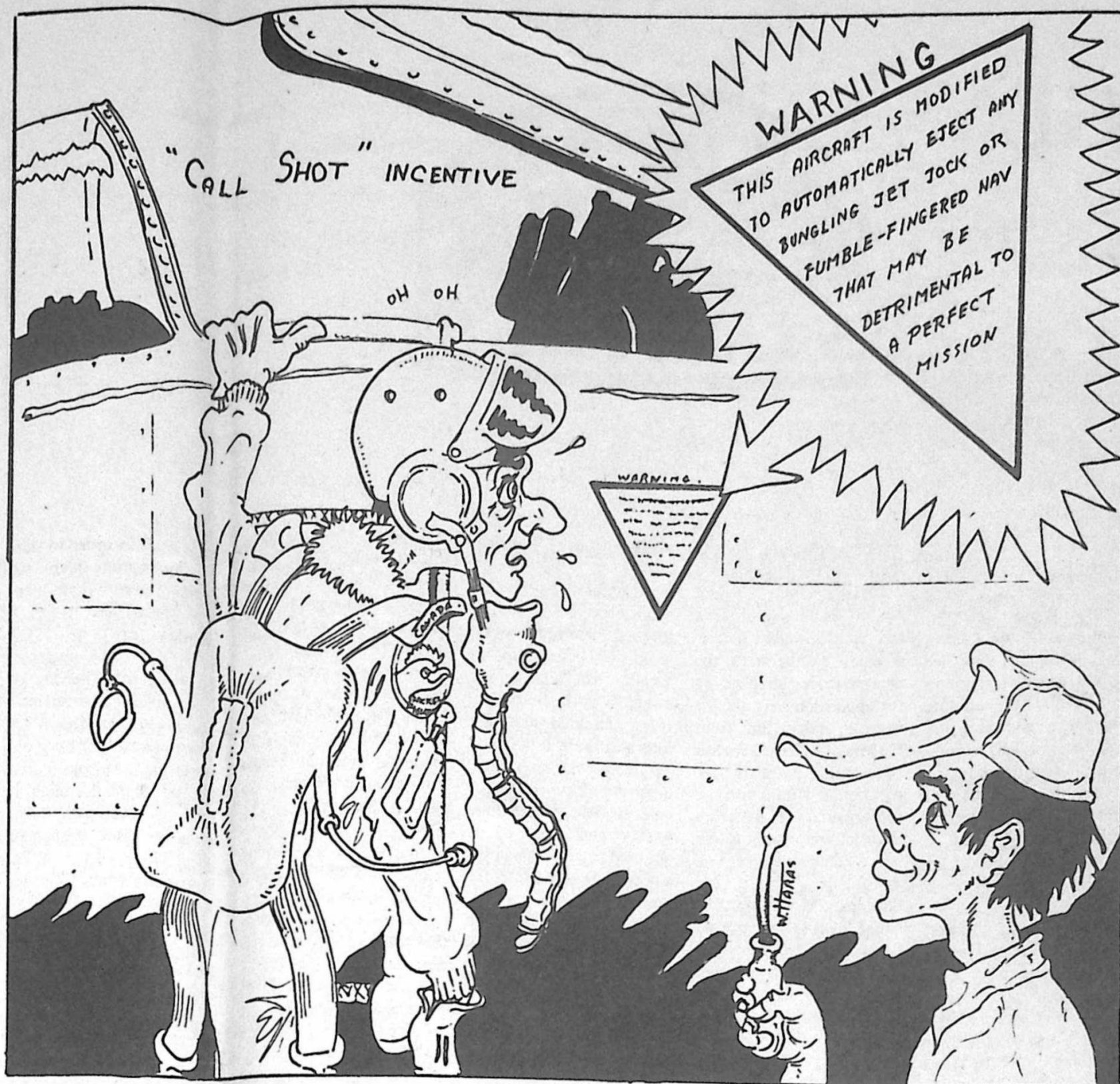
seeing the shadow means six more weeks of snow and Winter, or if it's not seeing the shadow that means six weeks more of cold.) I understand that in Comox if Klementine sees her shadow, all the AERE officers will swap jobs within six weeks. If she doesn't it's seven weeks.

- 407 is back from Australia (this could also be considered bad news).

Unfortunately there's the less-than-good news:

- 24 Argus aircraft have been sold for less than \$72,000. (total: that's not quite \$3,000 each). That's a lot of razor blades. The plan to tear off the wings and sell the fuselage across the country as a chain of restaurants fell through, as did the mobile home contract.
- The heads of 9 Canadian crown corporations have received a 12.3% raise - retroactive - giving the paupers among them over \$100,000 per year. Exactly how much, no one's saying: too embarrassed?

BB



COMMENT: BLIND JUSTICE?

The time-honoured view that 'Justice is blind' has become a little tarnished in the opinion of retired Judge Les Bewley. This week, Bruce Pepper, President of The Vancouver Board of Trade, comments on some of the Judge's recent remarks about the administration of justice.

Whenever we see a picture of Justice, it is a blindfolded woman, impartial and not influenced by any considerations other than the principles of right and wrong. In recent speech to The Vancouver Board of Trade, retired Judge Les Bewley caused us to begin thinking that the impartiality of Canadian justice has developed into a blindness in its administration.

When primitive man gave up carrying a club for protection it was because the tribe had made a pact guaranteeing the rights of each individual. We do not carry weapons because, under the terms of our democracy, the enforcement of law and order is vested in the state.

In the United States, citizens are now carrying weapons for self-defence. They have lost faith in the protection of the state. One reason, according to our speaker, is the light sentences imposed on many criminals, many of which are later shortened by parole boards. A drastic result of this is frustration on the part of the police and a tendency by the public, encouraged by the media, to criticize their actions.

Judge Bewley suggested that plea bargaining between prosecutors and defence counsel was in part to blame for light sentences. It is a practice which he says, is growing in Canada. The extremely light sentences given many known criminals indicate that the judges do not take the trouble to learn of previous records. The prosecution and the defence

bear some responsibility for that omission.

It is disturbing to learn that, under the parole system, convicts can earn remission of one third of their sentences if they do not cause further trouble in jail.

While all those things were disturbing they paled beside the fact that a Parole Board, an arm of the Government, is able to interfere with the decisions and intentions of the courts by adjusting sentences through parole. It has always been our understanding that, in Canada, the executive (the Government), the administration and the judiciary systems are separate and DO NOT INTERFERE with each others' operations. Not so, it seems.

It is easy to understand the frustration of police, prosecutors and judges when, after hard work, little thanks and public criticism, sentences are reduced by parole boards.

Most of us listening to Judge Bewley found ourselves in sympathy with those trying to enforce law and order. We found ourselves wondering how long our democracy could survive if the state were unable to provide the protection it offers citizens. How long would it be before we return to the laws of the jungle?

Many court trials show very clearly how our police and judiciary systems are hampered by the so-called 'rights of the individual' - translated to mean the rights of any accused and not to mean the rights of the rest of the community.

Are we prepared to see the state abdicate its responsibility? Who will take a stand? We would be surprised if those working in the judiciary system find it perfect. We presently hear one lone voice raised in protest. Isn't it time we all took responsibility for what is happening?

Small business feels the pinch

By W. Roger Worth

Canadians should have a great deal of sympathy for the thousands of entrepreneurs operating small and medium-sized businesses that are in financial trouble.

While many bankers, accountants and government experts suggest mismanagement is the major reason for business failures, there is little question high interest rates are playing a prominent role.

In a recent survey, for example, the 63,000-member Canadian Federation of Independent Business found 78 percent of respondents had shrinking profits, and 10 percent actually lost money.

Another 32 percent had already laid off workers when the survey was taken last fall, and a full 56 percent said they had curtailed expansion plans because of the high rates.

But that's not the whole story.

The evidence that small business is in bad trouble was underscored recently when

Ottawa reported business bankruptcies reached a record 8,055 in 1981, up an astounding 22 percent over the previous year. In addition, at least that many companies were placed in a holding pattern called receivership, and another 8,000 or so simply closed up shop.

That's the good news. The bad news from the economic forecasters is that the situation is going to get worse before it gets better. As more firms go broke and expansion plans are placed on the back burner, job creation will grind to a halt. And these small and medium-sized businesses have been creating a clear majority of new employment opportunities for years.

This is why Canadians should have compassion for entrepreneurs in trouble. Without them, unemployment would be much, much higher than the one million people now seeking work.

By W. Roger Worth

At a time when bankruptcies are at an all time high and employee layoffs are spiraling, organized labour in Canada continues to seek huge wage increases that bear little relationship to what hard-pressed companies, or the public, can afford.

One union leader after another, it seems, is threatening strike action unless businesses and governments cave in to their hefty demands; and the volume of rhetoric is growing.

It's true that 12 to 13 percent inflation, high interest and mortgage rates, and the rapidly rising cost of everything from heating oil and gasoline to taxes is eroding our standard of living. But, by attempting to protect members against any reduction in purchasing power, union leaders may be placing employers

in a position where high labour costs make products uncompetitive.

When that happens, even more workers are laid off as sales drop.

Unlike their U.S. counterparts, Canada's unions can't seem to understand there is a time to fight employers, and a time to sit down and sort out difficulties for the good of both parties.

Consider what's happening in the United States. Time after time, unions have made concessions to companies as they try to save jobs. No union leader likes the idea, but the Americans are at least pragmatic enough to freeze or reduce wages and give up vacation days when enough jobs are on the line.

And it's happening in one industry after another. Work-

ers in the money-losing rubber industry were the first to make major concessions, followed by those in the airline sector. Now the truckers and auto workers have followed suit, as have employees in a host of other industries.

It's a remarkable achievement.

Yet the militant Canadian unions won't countenance such activity.

Instead of taking less, they are asking for a lot more, even though thousands of members are in the layoff category.

Perhaps the time has come for union leaders in Canada to ask the members they represent, including those on definite or indefinite layoff, whether concessions should be made for troubled companies. They might find the answer surprising.



Law Talk

By Gordon Hardy of the People's Law School

-A GUIDE TO PARLIAMENTARY PROCEDURE.

procedure to its own needs; parliamentary procedure is not a rigid ritual but a flexible tool for getting things done in a fair way.

The first item on the agenda is usually the reading of the minutes. The minutes are a brief account of what happened at the previous meeting. Most groups elect a member to take notes during meetings. This person - often called a recording secretary - makes a note of all the important decisions made during the

meeting. It is important to keep accurate written records because human memory is short. The minutes will help the group remember decisions they took months or years previously.

After the recording secretary has read out the minutes of the previous meeting the members will either vote to accept them as read or ask that corrections be made if the secretary has made a mistake.



Without a basic knowledge of parliamentary procedure, you will be continually perplexed by meetings of trade unions, service clubs, political parties, Parliament and dozens of other organizations, as this is the procedure they use.

Parliamentary procedure has been called "common sense and logic crystallized into rules". It is not meant to confuse or hinder you and members of your group from reaching a decision. Nor is it meant to allow others to split hairs or obstruct the business of a meeting, though this sometimes happens, particularly when other members are not familiar with the rules. Parliamentary procedure is like chess or tennis; if you don't know the basic rules, you won't be a very good player. A sense of fair play is to

parliamentary procedure as sportsmanship is to good sport. This means that the rules apply equally and fairly to all members of the organization. During this program, you will see that parliamentary procedure is based on the idea of fairness and other important democratic principles.

Democratic organizations differ from others in a fundamental way - they are self-governing. There is no self-appointed from outside the organization. Each group has the right to elect its own leaders by its own vote and democratic vote and remove them in the same way.

For the purposes of meetings, each group must elect a kind of referee whose job it is to make sure the members abide by the rules. In some organizations this referee is called the chairman, in

others he is called a president or presiding officer.

When members of the group gather for a meeting the chairman starts the meeting by calling it to order. The first thing to do is make sure a quorum is present. This refers to the minimum number of members which must be present before the meeting can make decisions in the group's name. Each group must decide for itself what the quorum is when it first organizes.

Once it is clear that a quorum is present, the meeting can then deal with the items of business. The chairman often writes these down beforehand on a list called an agenda. In parliamentary procedure there is a pattern by which various kinds of business come up. Each organization may adapt this

CNA TOTEM TIMES

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EDITOR: Bob Hills (2416/2505) or 339-4061
BUSINESS MANAGER: Dick Derkson (2471) or 339-6634
CIRCULATION MGR: Serge Wong (2516) or 339-4379
SECRETARY: Michelle Ramesbottom (339-5790)
EDITORIAL STAFF: Jelle Blom, Bonnie Wenker
PHOTOGRAPHERS: Maurice Robert, Frank Berniquez and Base Photo
CARTOONIST: Willie Haras

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GENS DU PAYS

LA JOURNEE DE SKI

Plus de vingt membres ont participé à la journée de ski organisée par le club il y a deux semaines, le 23 janvier. Pour plusieurs, c'était leur premier essai au ski alpin, et ils se sont promis d'y retourner.

Le trajet aller et retour s'est effectué sans problèmes. Bien qu'il ait neigé assez abondamment la veille, les routes étaient bien dégagées. Le mini-bus n'avait même pas de chaînes et s'est bien rendu. On en avait mis sur la van, au cas où.

Une fois rendu au Forbidden Plateau, les gens ont loué leur équipement, obtenu les billets, et c'était parti. La température était loin d'être idéale, mais les conditions de neige étaient très bonnes. Il y avait du brouillard et une pluie fine tombait à la base. Au sommet, c'était un mélange de neige et petite grele par

moments. Vers le début de l'après-midi, la neige s'est changée en pluie. Cela n'a pas empêché les gens de retourner au sommet plusieurs fois.

Bien que c'était un samedi, il n'y avait pas trop de monde sur les pentes et on n'avait pas à attendre pour les remontées-pentes. Finalement, vers 3 heures, tous trempés jusqu'aux os, on a mis fin à nos exploits et regagné les véhicules pour retourner à la base.

Sommes toutes, le tout s'est très bien déroulé. Une note en passant: si vous êtes skieur ou aimeriez essayer ce sport, vous pouvez obtenir de la base une passe qui réduit de \$5.00 le coût de votre billet à Forbidden Plateau. Les passes sont disponibles au gymnase en semaine et à l'arena en fin de semaine. Appelez le centre récréatif pour plus de détails. Bon ski!

LES ASSOCIATIONS FRANCOPHONES EN COLOMBIE BRITANNIQUE

	Population francophone (Stats Can 1976)	Nombre de membres	
		Nombre d'associations affiliées	% regroupé
Ile Vancouver Nord (Comox, Campbell River, Powell River, Port Hardy)	2,165	3	310 14.32
Ile Vancouver Centre (Alberni, Nanaimo)	1,800	2	313 17.40
Ile Vancouver Sud (Victoria, Duncan)	3,390	2	320 9.44
Kamloops-Cariboo/Kelowna	7,765	4	414 5.33
Okanagan	1,675	1	111 6.63
Prince George, Prince Rupert Terrace	1,820	0	0 0
Kotenays	7,115	10	1,107 15.56
Maillardville, Bas-Fraser	7,765	13	2,792 23.27
Grand Vancouver			5,368

PENSEE: Le plus lent à promettre est toujours le plus fidèle à tenir.

-Jean Jacques Rousseau

ASSEMBLEE GENERALE AU DUSTY'S DEN

SUIVIE: d'une danse de la ST-VALENTIN et d'une DEGUSTATION DE VIN ET FROMAGE

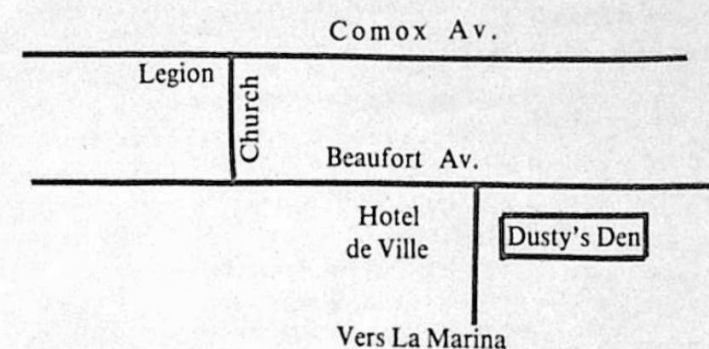
VOTRE PARTICIPATION

A CETTE REUNION EST TRES IMPORTANTE POUR APPORTER VOS SUGGESTIONS CONNAITRE D'AVANTAGE LE FONCTIONNEMENT DE L'ASSOCIATION ET RENCONTRER TOUS LES MEMBRES, ANCIENS ET NOUVEAUX

A VENDREDI soir.

5-FEV. 82

8-HRS. PM



LA FEDERATION DES FRANCO-COLOMBIENS

Texte: Andre Blanchard

Aujourd'hui

Depuis mai 1974, la Fédération a défini, à travers la province, neuf régions: 1) Vallée du Skeena, 2) Prince George, 3) Région Rivière de la Paix, 4) Cariboo-Kamloops, 5) Okanagan-Kelowna, 6) Bas Fraser, 7) Grand Vancouver, 8) Ile Vancouver Sud, 9) Ile Vancouver Nord. Cette centralisation de ses services permet à la population d'être servie immédiatement dans ses régions par la Fédération. Par ailleurs, l'éventail de ses services s'est étendu et englobe désormais un personnel spécialisé en éducation, publicité, information, administration, animation et développement communautaire,

car la F.F.C. vise à un regroupement urbain et économique des francophones. Ce but a d'ailleurs amené la F.F.C. à susciter ou participer à la création de plusieurs projets qui ont depuis développé des bases solides au sein de la communauté.

Les débuts de la Troupe de la Seizième ainsi que ceux du Centre Culturel Colombien sont des exemples de cet aspect de l'action de la F.F.C. au sein même de la communauté. Le dernier surtout a vite acquis son indépendance et assure depuis quelques années une diffusion dynamique de la culture francophone grâce à un programme scolaire extrêmement populaire, des expositions mensuelles, un déjeuner dominical et d'innombrables activités con-

nexes.

La création en 1975 de la Fédération Jeunesse Colombienne suscita un intérêt particulier. Avec un membership de 100 jeunes, la relève semble désormais assurée.

Au niveau économique, tout en encourageant l'industrie privée à s'engager dans la Fédération, la politique de la F.F.C. se porte principalement sur le système coopératif. Les leaders de l'organisme estiment en effet que le système coopératif est celui le plus susceptible de fournir aux francophones un pouvoir financier auquel ils peuvent s'identifier.

Par ailleurs, un des principaux secteurs d'activités de la F.F.C. demeure celui de l'éducation ou le but principal est de voir à

l'établissement d'écoles françaises.

Il faut se rappeler que les demandes pour l'établissement d'écoles françaises dans la province ne remontent pas à hier.

Déjà en 1881, une première demande officielle faite par le Père Durieu à la législature concernant la reconnaissance des écoles catholiques si importantes pour l'enseignement en français. En 1966, le français est introduit à raison de 20 minutes par jour à l'intérieur de la commission scolaire de Coquitlam. De plus, à la suite de la présentation d'un mémoire au ministère de l'éducation en 1968, plusieurs classes d'immersion s'ouvrent, toujours dans le district scolaire de Coquitlam.

En 1969, une longue

période d'attente pour les francophones commence où ils se virent refuser des rencontres avec le Gouvernement sauf une courte rencontre avec un Ministre qui leur fait comprendre que la seule solution pour les Franco-Colombiens était de s'intégrer à la majorité et cela le plus vite possible.

Enfin, en 1977, une délégation de la F.F.C. est reçue par le premier ministre de la province. L'accueil fait par ce dernier et par les membres de la législature à qui la délégation francophone est présentée avec pompes est plus que prometteur et laisse espérer une reconnaissance future de l'existence de l'autre nation fondatrice.

Bien entendu, tout ne devait se dérouler en accor-

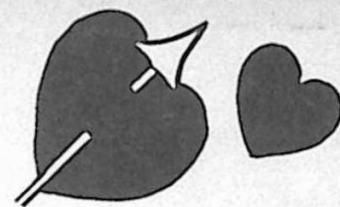
dance avec les espoirs nés de cette rencontre. Les revendications des Franco-Colombiens continueront à être rejetées ou acceptées selon les vagues politiques.

En 1978, l'incroyable se produit avec l'annonce par le gouvernement provincial de l'ouverture de classes françaises partout où une demande minimum de 10 étudiants serait compilée.

Cette annonce provoqua à la F.F.C. une activité fébrile qui se met immédiatement à sillonner la province pour diffuser l'information sur le programme-cadre de français offert par le gouvernement provincial aux parents francophones. Jusqu'à présent, l'objectif de 400 élèves a été dépassé mais les responsables de la F.F.C. sont conscients que le potentiel d'élèves francophones est loin d'avoir été atteint.

RECHERCHE

Une ou deux personnes intéressées à voyager dans un avion de plaisance jusqu'à Acapulco tout en faisant du camping en cours de route durant deux semaines en février. Pour plus de renseignements, contacter Luc ou Suzanne à 339-6506.



CLUB: "GENS DU PAYS"
 PRESIDENT: LUC MAURICE 339-6506 ou loc 2294
 VICE-PRES: SERGE WONG 339-4379 ou loc 2516
 VICE-PRES: ROBERT RACINE loc 2308
 SECRETAIRE: LOUISE ANDREWS 338-5851
 TRESORIER: PUBLICITE: MARIE LABROSSE 339-2763
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RIGHT UP YOUR ALLEY

Casual bowling has really picked up on Sunday afternoon and it's really nice to see so many families out. However, the Thursday evening time period from 6:30 to 9:30 has been pretty slow and it really would be nice to see more people come out then.

The alleys are available to clubs and sections who wish to book a bowling party. Arrangements can be made by calling Pat Hudson at local 2351 or 339-3965.

League Standings for Week of Jan. 17 - 23

Mens League
1st. Supply 80
2nd. 407 Demons 76
3rd. Moonrakers 68
High Single K. Ned 288
High Triple K. Ned 750

Ladies Tuesday Night League
1st. Half & Halfs 87
2nd. Down Homers 84
3rd. Spare Parts 74
High Single A. Allison 325
High Triple A. Allison 805
New Season High Single A. Allison 325
New Season High Triple A. Allison 805

Ladies Wednesday Afternoon League
1st. Jemals 62
2nd. Corner Pins 58
3rd. Funseekers 46
High Single A. Levy 230
High Triple A. Levy 598

Sunday Mixed League
1st. Fortson 76
2nd. Boozin Bowlers 68
3rd. Selects 57
Ladies High Single J. Farrell & M. Davies 272
Ladies High Triple J. Farrell 700
Mens High Single W. Farrell 291
Mens High Triple W. Farrell 781

Wednesday Mixed League
1st. Oldtimers 80
2nd. Sunshiners 74
3rd. B.J.S.O.M.'s 72
Ladies High Single B. McGunigle 259
Ladies High Triple E. Ruholl 635
Mens High Single F. Fisher 313
Mens High Triple F. Fisher 699

League Standings for Week of Jan. 24 - 30

Mens League
1st. Supply 84
2nd. 407 Demons 84
3rd. Moonraker 68
High Single B. Perron 284
High Triple B. Perron 737

Ladies Tuesday Night League
1st. Down Homers 92
2nd. Half & Half's 87
3rd. Spare Parts 76
High Single A. Allison 303
High Triple A. Allison 732

Ladies Wednesday Afternoon League
1st. Jemals 68
2nd. Corner Pins 62
3rd. Fun Seekers 50
High Single E. Vivian 254
High Triple E. Vivian 605

Sunday Mixed League
1st. Fortson 82
2nd. Boozin Bowlers 70
3rd. Pretenders 65
Ladies High Single M. Davies 252
Ladies High Triple M. Davies & A. Patterson 636
Mens High Single S. Robinson 330
Mens High Triple S. Robinson 705
New Season Ladies High Triple M. Davies 721
New Season Mens High Single S. Robinson 330

Wednesday Mixed League
1st. Old Timers 86
2nd. Sunshiners 82
3rd. B.T.S.O.M.'s 74
Ladies High Single K. Spilsbury 273
Ladies High Triple M. Louch 562
Mens High Single J. Thibodeau 268
Mens High Triple W. Taylor 636

Editor's Note: Many thanks to Pat Anderson for submitting this article for your enjoyment. Due to lack of space we were unable to print this column last issue. Our apologies to Pat and those of you who were waiting for it.

CHILDRENS INDOOR SOCCER

TEAM 1 Cheeta's

Tanya Hamilton
Stephen Gillard
Stephen Bagnell
Greg Martin
Richard Garloush
Jason Hayward
Jeremy Hayward
Kristi Layne
Cory Russell
Lisa Dube
Jason Clarke

TEAM 2 Black Cobra's

Troy Hamilton
Warren Dodge
Christopher Rowland
Joel Lewis
Kyle Lewis
Gary Riengutte
Buddy Blackburn
John Martin
Anthony Breese
Jeff Layne

TEAM 3 Snowbird's

Karen Dodge
Nicole Garlough
John Mills
Alison Clarke
Johnathan Peacock
Aaron Hayward
Joey Dube
Ray Hunter
Robbie Hunter
David Keller
Christopher Keller

If possible we would ask the parents to come out and help the children in coaching and cheering them on. Other children wishing to play may contact the Rec Centre.

A single round robin involving the three teams will be played every Saturday starting at 1100 hrs.

SERVICEWOMEN'S BROOMBALL

The Base Women's Broomball Team played two games over the weekend against Powell River. CFB Comox were successful in both games, winning 2 - 1 and 2 - 0.

The team's next game will be held on the 12th - 13th Feb. 82 at CFB Edmonton.

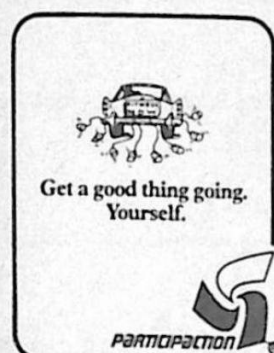
CFS BEAVER LODGE —

SMALL BASE

PACIFIC REGION BROOMBALL CHAMPIONS

In conjunction with the Pacific Region Broomball Championships to select a team for National competition, a Small Base Champion also had to be declared. CFS Beaverlodge made the decision easy by defeating HMCS Provider, CFS Kamloops and CFS Holberg in round robin play. The decision was easy, but Beaver Lodge found the road to success littered with competitors who had other ideas as to who should be champions for 1982. The "Boys from the Bush" put it all together from the first game to last proving worthy of the silverware they took home with them, or as one Beaver Lodge competitor was heard to say, "We didn't come all this way for nothing."

Congratulations Beaver Lodge and best wishes in your future broomball endeavors.



The Pacific Region Sports Director, Capt. Collicott presents the Small Base Trophy and pennant to Beaver Lodge Coach Bob Callahan and Captain Albert Thivierge.



CFS Beaver Lodge - Pacific Region Small Base Broomball Champions 1982.

PORT MCNEILL/PORT HARDY BADMINTON CLUB

THIRD ANNUAL INVITATION TOURNAMENT

Saturday and Sunday, Feb. 20 & 21 in Port Hardy.

Registration and Warm-Up: Sat. at 0830 hrs., Port Hardy Secondary School, Park Drive. Play commences at 0900 hrs.

Singles: A & B Flight
Doubles & Mixed Doubles: A, B and C Flights
Prizes awarded to winners & Runners-up.
Entry Fee \$9.00 First Event, \$8.00 Second Event, \$7.00 Third Event.

Deadline for Entries: Monday, Feb. 15
Interested personnel please contact the Rec Centre prior to 12 February.



INTERSECTION

BROOMBALL

	W	L	T	PTS
Demons	9	6	5	23
Tigers	9	8	3	21
Falcons	7	8	5	19
Knights	5	8	7	17

Only two games have been played since last report because of Pacific Region Championships and the Tigers were the only team to come up with a win. The league continues to be very close and the games are well played and entertaining.

4th B.C. WINTER GAMES

Trail, B.C. will host the B.C. Winter Games from March 4 - 7, 1982. Opening ceremonies will take place at 7:00 p.m. March 4, and Sports events will be on March 5, 6 and 7. All events will be over by 1:00 p.m. on March 7.

An expected 2250 B.C. athletes will compete in a total of 22 different events.

INTERSECTION

HOCKEY

	W	L	T	PTS
407 Devils	12	3	1	25
VU33/Supply	11	2	2	24
409	11	3	1	23
Security	7	7	1	15
ATC	6	7		12
442 Sqn.	4	8	1	9
407 Demons	4	11	1	9
MSE	2	12	2	6

There has been little change in the standings during the last two weeks except that 409 has made a move to top spot. Only two points now separate the top three teams. Carol "Gretsky" Greaves has scored again but her name sakes scoring record is not being threatened. Some teams are not getting the numbers out to their games that they should be - is the season too long??

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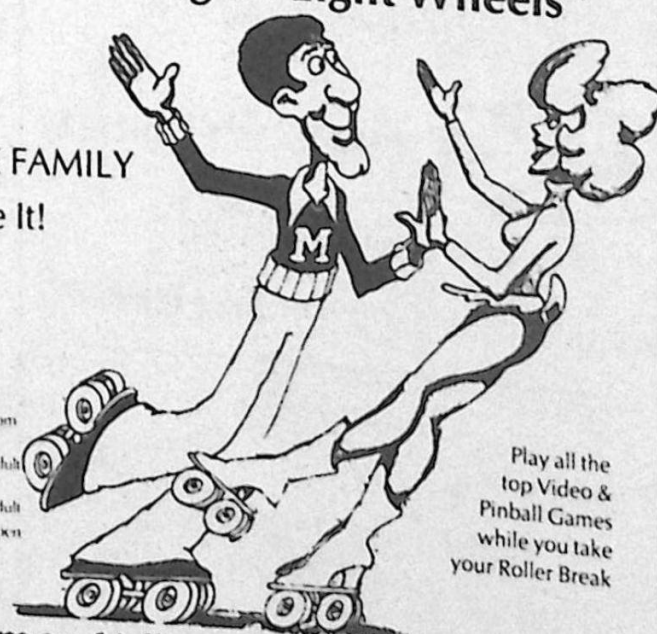
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The BAdO, LCol. Morrice presents the Pacific Region Silverware to the Totems Captains L - R, Cliffe Fuller, Jack Harvey and Hal Barker.



CFB Comox Totems - Pacific Region Broomball Champions 1982.

"TOTEMS WIN PACIFIC REGION BROOMBALL

In what has been acknowledged as the toughest Regional Broomball competition to date, our Base Team, the Totems, put together a perfect record and have earned the right to travel to CFB Shearwater to compete in the National Championship. All was not gravy for the Totems however, as the base team was taken into overtime on the first day by

HMCS Provider and CFB Esquimalt.

Seven teams competed for the right to travel to Shearwater with the results of the round as follows:

A four team elimination followed the round with the Totems defeating Beaverlodge and Chilliwack over Esquimalt. Comox and Chilliwack advanced to the Finals, a game that kept the spectators clinging to

the Edge of their seats. When the dust (fog?) had cleared, the Totems were sitting on the high side of a 2-1 score and justly earned the right to advance into National competition.

Our base personnel should be proud of the effort and dedication the Totems displayed throughout the competition.

The Totems, along with

the BPERO & Staff take this opportunity to thank the officials for a job well done. To the visiting Bases our appreciation for their sportsmanship and good play throughout the competition and to the Base personnel, our sincere thank you for your enthusiasm both in the stands as spectators and in the various sections supporting this competition.

TEAM	G	W	L	PTS	PLACE
CFB Comox	6	6	0	12	1st
CFB Chilliwack	6	4	2	8	2nd
CFB Esquimalt	6	4	2	8	3rd
CFS Beaver Lodge	6	3	3	6	4th
HMCS Provider	6	3	3	6	5th
CFS Kamloops	6	1	5	2	6th
CFS Holberg	6	0	6	0	7th



ESQUIMALT INVITATIONAL LEVEL A VOLLEYBALL TOURNAMENT

The Totem Men's Volleyball team played in their first Volleyball Tournament Saturday 30 January at CFB Esquimalt. A total of 10 teams participated in the tournament, four military and 6 civilian teams; who were divided into 2 divisions of five teams. CFB Comox finished up in 2nd place in their division, defeating the Victoria YMCA, CFB Esquimalt, tying Noon Sack, and losing to Duncan.

In the Semi-finals a strong Labats team defeated the Totems in two straight, well-played games.

The game scores were as follows:

CFB Vs	Victoria Y	15 - 9	15 - 8
Comox	Esquimalt	15 - 6	15 - 4
"	Noon Sack	15 - 13	12 - 15
"	Duncan Kahns	6 - 15	13 - 15
"	Labats	8 - 15	9 - 15

All in all most of the games played in the tourney were of good caliber and were a good experience for the Zone Championships the 25, 26 Feb. and possibly the CF National Championships in St. Jean, Quebec in early April. Certainly compared to last year there was at least a hundred percent improvement in competitiveness. Most valuable Comox player was Lyle Torrie.



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125 ml
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WITH
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SOFTENER
31
SPECIAL 2⁴⁷

DOWNY
FABRIC
SOFTENER
121
SPECIAL 2⁹⁷

BOUNCE
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SOFTENER
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Promotions and awards



Mr. Harry Lewis of our Construction Engineering Section, received a suggestion award for proposing a simplified system for claiming reimbursement for minor travel expenses. His suggestion was not adopted but it did bring to light a problem that was corrected using available forms. Maj. Thomas, our BCEO, used the opportunity to have a picture of the Military Engineer's crest appear in the Totem Times.



Sgt. Henn congratulated on his promotion by Maj. Kuntz, 407 XO. (Base Photo)



A pat on the back from 409's publicity-hungry bird to MCpl. Clouthier on his recent promotion. Maj. Davis, 409 SAMO offers his congratulations.

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Thinking of starting your own business? A free course called PLANNING YOUR SMALL BUSINESS will help you get off to a good start. This course is co-sponsored by the People's Law School and Comox Branch Library with the co-operation of North Island College. The instructor will discuss incorporation; taxes; shareholders and partners; management skills; finances, and dealing with the government and financial institutions.

PLANNING YOUR SMALL BUSINESS is to be held on Tuesday Feb. 16/82 from 7:30 - 9:30 p.m. at Comox Branch Library, 1790 Comox Rd., Comox. Pre-registration is required, and this can be done by phoning: 334-3369.

ARAF COMOX

CFB Comox Air Reserve Augmentation Flight, or ARAF, is part of Canada's Primary Reserve. The people who join ARAF become members of the Reserve and subject to the same regulations and dress standards as the Regular Force. There are nine ARAF's located at Summerside, Shearwater, Greenwood, Bagotville, Trenton, Winnipeg, Moose Jaw, Cold Lake and Comox.

The role of an ARAF is to provide short and medium term assistance to base by filling in for Regular Force personnel when sections are short staffed or temporarily over-tasked. It is established for thirty personnel and works with a very limited budget. The majority of personnel are therefore employed part time and work approximately twelve days each month.

ARAF members are issued with uniforms and identification cards and are entitled to emergency medical and dental care while on duty. Reservists on part time duty are entitled to Mess and Canex privileges. Reservists travelling on temporary duty may use Service Air Flights.

ARAF people work alongside Regular Force people and do a Regular Force job. The emphasis in ARAF recruiting is toward those with Regular Force training. However, some people without military training are being accepted in the ARAF and are doing very well. The prime requisites, as in most jobs, are intelligence, reliability, and a willing attitude. Training, both formal courses and on the job, is provided for most trades. Those with no previous military training and those who have been out of the Regular Force for an extended period receive a short, comprehensive General Military Training course.

The criteria for enrollment in the Air Reserve are similar to that of the Regular Force. A person without military service must be a Canadian citizen between ages 17 and 35, of good character, have completed grade 8, and be medically and physically fit. An age exception is made for those with previous military service because they are fully trained.

The pay for Reservist is based on rank and experience. The rates of pay are not high but the opportunity for advancement is good. Service in the Reserves is interesting, rewarding, and much more than a part time job.

Personnel who are interested should contact the ARAF office for further information. The office is in Room 17 in Base Headquarters, telephone local 2357.

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Around the base

Church Information

JUNIOR CHOIR: 1830 hrs. on Thursday.

Choir Director: Mr. Water Yeomans - 339-4039.

Organist: Mrs. Jean Duggan, A.R.C.T.; R.M.I. - 339-3147.

LADIES GUILD: Second Wednesday of every month at 2000 hrs. in Chapel Annex.

President: Mrs. Sharon Ainsworth - 339-6365.

CHAPEL COMMITTEE: Second Tuesday of every month at 1930 hrs. in Chapel Annex.

President: Mr. Bill Mazey - 338-9197.

YOUTH GROUP: Every Saturday at 1900 hrs. in Chapel Annex. Contact person: Lt. Jim Thiessen - 339-5265.

SENIOR CHOIR: 1200 hrs. on Sunday.

CHAPLAINS(P): Padre Bob Risch (UCC)

Padre Fred Lynch (ACC)

CHAPEL: Bldg. 88, Wallace Gardens, St. Michael and All Angels (P)

OFFICE: Headquarters Bldg. Tel: Loc 2273

DIVINE WORSHIP: Sundays - 1100 hrs.

EUCARIST: First Sunday of every month at 1100 hrs., and also every Wednesday at 1900 hrs. A Communion Service (ACC).

SUNDAY SCHOOL: Sundays at 0930 hrs. There is no Sunday School the second Sunday of every month as this is Family Sunday for families to attend Church together.

Sunday School Superintendent: Mrs. Susan Stobbart - 339-6807.

CONFIRMATION CLASSES Saturday 9 Jan 82 at 1300 hrs in the Chapel Annex (10 lessons)

RELIGION IN LIFE CLASSES: Saturday, 9 Jan 82 at 1400 hrs., in the Chapel Annex (6 lessons)

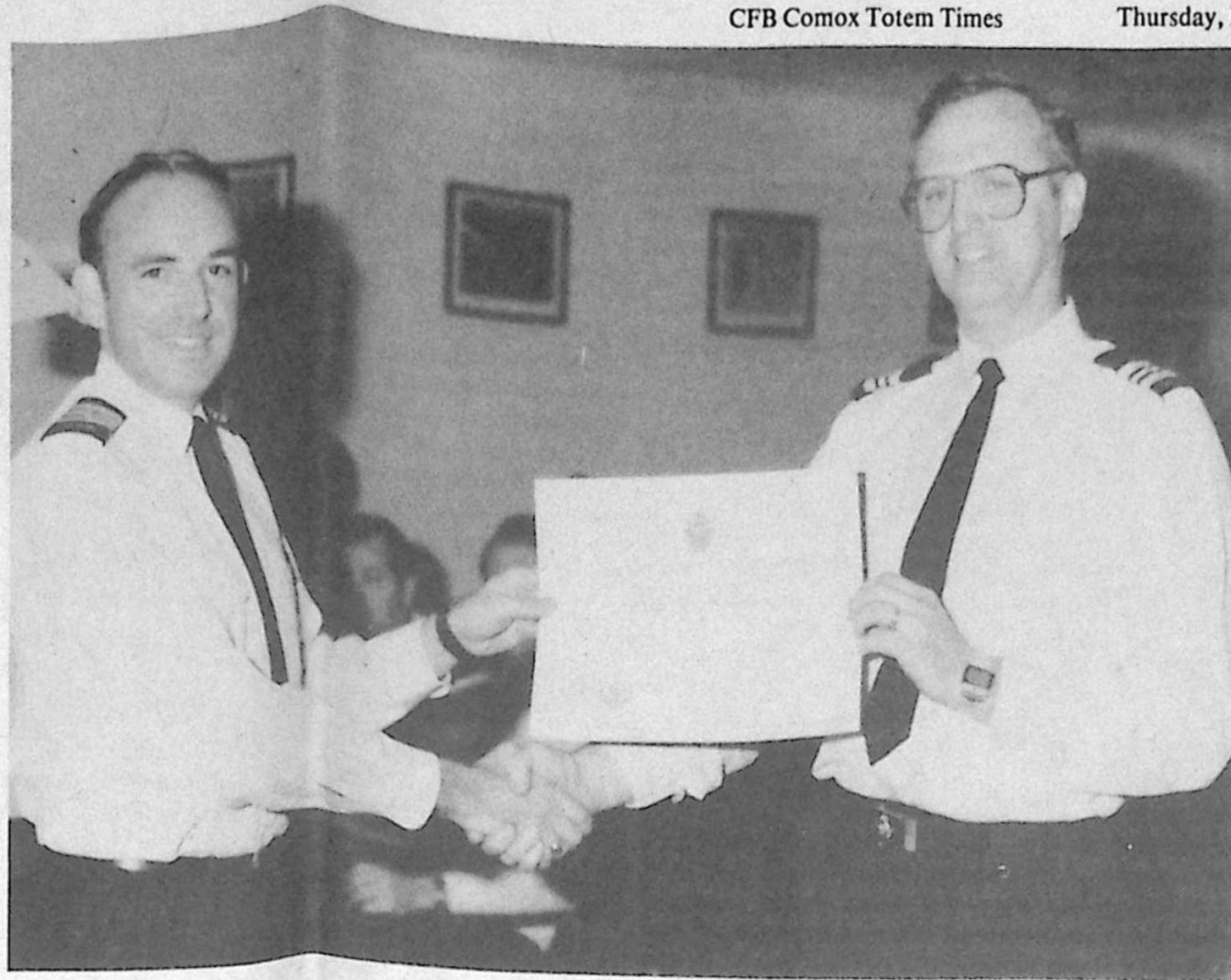
CHIEF SIDESMAN: Sgt. Colin Ainsworth - 339-6365

AMU COFFEE SHOP: Mrs. Brenda Adams - Conventor - 339-2329

ALTAR GUILD: Mrs. Joan Buchan - 339-4305.

PRaise & PRAYER GROUP: Every Monday at 1900 hrs. Contact person: Mrs. Gloria Sponselee - 334-2201

PRaise & PRAYER GROUP: Every Monday at 1900 hrs. Contact person: Mrs. Gloria Sponselee -



Maj. Newman presented with the physical fitness award and white seal by LCol. Cameron. (Base Photo)

Energy Sense

On earth, harnessing nuclear fusion promises virtually unlimited, clean energy, eliminating the problems of radioactive wastes of the nuclear fission energy in use today. And the fuel could be ordinary water. Just one cup would produce as much electricity as 600 000 litres of gasoline — which is enough gas to run an average family car for some 400 years.

The problem is to heat water atoms to 100 million degrees C., keep this plasma under enough pressure so the fusion elements will not fly apart and find something, or more likely somehow, to contain the material until a chain reaction can start. Each process has been achieved separately, but scientists so far have been unable to get the fires going to produce usable fusion energy.

Nuclear fission, however, has been producing electricity in Canada commercially since 1966.

Splitting the uranium atom in the fission process is the basic reaction that produces today's nuclear energy.

Some uranium atoms are unstable and, very much like large drops of water, tend to split on their own. Particles called neutrons are released from the atom's centre or nucleus. Under the right conditions, a neutron will hit another atom, making it split to release more neutrons to hit still more atoms in a continuing process called a chain reaction. When atoms split, they release tremendous amounts of energy in the form of heat.

A nuclear reactor is simply a container that provides the right conditions to start, sustain and control this reaction, replacing conventional fuels as a heat source to produce steam for electricity generation.

Canada pioneered the development of the CANDU reactor (for CANada Deuterium Uranium) and has the vast uranium resources — some 20 per cent of the world's proven reserves — to feed its reactors.

Paul Jacot is with the Public Affairs Department of Shell Canada Limited.

PMQ Fusion, fission and future vision

by Paul Jacot

I hope you have decided on your garden plot as they are going very rapidly. March 1 is the deadline.

Did you get a Pointsetta for Christmas? I did and mine is still alive, although I don't know how! Most of the time I just have to be in the presence of a plant and it dies. However, did you know this is one of many house plants that are poisonous?? The leaves are the toxic part of this plant and one leaf can be fatal to a child.

The Elephant Ear is another. There is great irritation and burning of the mouth and tongue. It can be fatal if the base of the tongue swells enough to block the air passage of the throat. All parts of this plant are toxic.

The Car Club held a meeting and any further information can be received from the Rec Centre.

There has been little activity around Wallace Gardens and consequently, I have a short column this time.

Happy Birthday and Anniversary to my husband Don.

My friend Bill wrote his Mom and said the B.C. climate agrees with him and he is now so healthy that he grew another foot, so she sent him three socks.

Till next month...
...Joan LeBlanc

One day, conventional energy from oil, natural gas and coal will run out. This certainty, plus the ever-rising price of oil, is spurring the search for alternative energy sources. A recent Shell Canada study paper describes some of these alternatives, and one in particular holds exciting possibilities: fusion power.

Nuclear fusion is the power that makes the sun and stars burn. When two atoms join under conditions of extreme heat and pressure and form a new and lighter atom, the weight loss is translated into a burst of energy.

The heart of the sun reaches a sizzling 15 billion degrees C. and each second, 585 tons of hydrogen fuse to form 580 million tons of helium. The missing five million tons is what makes the sun shine. Yet even at this rate of consumption, there is enough hydrogen fuel in the sun for another seven billion years.

RED PACK TRACKINGS

The First Lazo Red Pack Wolf Cubs and their leaders held a Winter Cub Camp at Elkhaven Lodge on Denman Island, January 8th to 10th, 1982. Following is the Camp Log as it was written by the boys:

Winter Cub Camp '82

Jan. 8, Blue Six
On the bus we were yelling our heads off. When we got to the lodge we unpacked and had a snack. We named Hathi and Mang. then we had a camp fire and the fire went out. When we had mug up we had 4 cookies. when we went to bed we had pillow fights all night. When we had breakfast we had sereal and pancakes.

Jan. 9, Tawny Six

We had fun in the morning. When we got up we washed up. Then we ate breakfast. It was good! We had inspection. When we worked and played games till lunch. Then we ate lunch. We worked and had fun. Now I am going to stop.

Jan. 9, Green Six

Today we played a very fun game and we won. We had macaroni. After supper we played another game it was dumb. We had french toast for breakfast.

Jan. 10, Black Six

Today we packed our things and had a mug-up. After that the badges were given out. Blue Six won the best six award. They each got a notebook. We came in second.

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Phone: 338-5391



Province of British Columbia

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CFB COMOX MILITARY CHRISTIAN FELLOWSHIP

For anyone interested in fellowshiping with other Christians, the MCF meets Monday, Wednesday, and Thursday from 1200 to 1300. Monday and Thursday there is Bible study and prayer and Wednesday is a time for meeting each other and having fellowship. Anyone is welcome and feel free to bring your lunch. The group meets in building 10 which is the Parish Hall.



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Feb. 4, 5, 6 - Steve Martin "PENNIES FROM HEAVEN" **MATURE**

"Some suggestive scenes & swearing" - B.C. Dir.

Feb. 8, 9, 10 - Marlon Brando "APOCALYPSE NOW" **MATURE**

Martin Sheen "Violence throughout" - B.C. Dir.

Thurs. to Wed. - Feb. 11, 12, 13, 15, 16, 17

Ellen Burstyn, Tom Skerritt **MATURE**

"SILENCE OF THE NORTH"

"Warning - occasional coarse language & swearing" - B.C. Dir.

Starts Thurs. Feb. 18 - Brooke Shields "ENDLESS LOVE"

Feb. 4, 5, 6, 8, 9, 10

Janine Lee Curtis "HALLOWEEN II" **MATURE**

"Frequent gore violence" - B.C. Director

Feb. 11, 12, 13, 15, 16, 17

Brooke Shields "ENDLESS LOVE" **MATURE**

"Warning - 'Some nudity & sex, occasional violence'"

Feb. 18 "SILENCE OF THE NORTH"

OWC WINE AND CHEESE

The Officers' Wives' Club of C.F.B. Comox met January 20th for a Wine and Cheese party. We are sorry that the Casabellow representative did not attend but Sylvia Luxton kindly shared her wine-tasting knowledge with us. Following a brief meeting where several charities were nominated for the February vote, we had a chance to sample the numerous varieties of wine and cheese. Congratulations to Judi Gould and Jan Dillon, our raffle and door prize winners.

February 17th will be our next meeting. We will have a C.P.R. demonstration, showing us how to save a life. Bonnie Cratchley will present a program on Getting Acquainted with Microwave Cooking. We will be having the charity vote and be accepting nominations for next year's executive. Don't forget the Arts and Crafts Show in March.

Barbara Myatt



Base Supply's Rogues Gallery:

Rear Row/L-R: Pte. Truesdale, Watson, Cpl. Collins, Pte. Grundy, Mr. Orbell, Carter, Mowbray, Mrs. Copeland, Pte. Sitland, Parent, Thorburn, Steptoe, Mrs. Caslake, Pte. Boutillier, Cudmore, Smith, Cpl. Labelle, Pte. Charles, Cpl. O'Brien, MacLeod, Pte. Earl, Henderson, Cpl. Willow, Veldhuizen.

2nd Row from Back/L-R: Pte. Taylor, Mrs. Dort, Cpl. Shea, Mr. Hodgkinson, Pte. Haggett, Francis, MCpl. Tracey, Cpl. Mandseth, MCpl. Harvey, Alex, Pte. Young, Cpl. Berube, Pte. Baer, Cpl. Kato, Mr. Wilson, Cpl. Nadeau, Viau, Pte. Greaves, MCpl. Stacenko, Pte. Lane, O'Brien, Cpl. Torrie.

3rd Row from Back/L-R: Pte. Hutchinson, Cpl. Willems, Mr. Kennedy, Seykora, Pte. Trommeshauser, MCpl. Cotton, Mr. Simpson, Pte. Onyett, Mr. Chadderton, Cpl. Leblanc, Mr. Nickerson, Cpl. Brierre, Elson, Pte. Christensen, Cpl. Larocque, MCpl. Channen, Mr. Smyth, MCpl. Cotie, Mr. Clark, Cpl. Wilson, Pte. Cipelletti.

Front Row/L-R: Mrs. MacKenzie, Sgt. Verville, Sgt. Fleming, Sgt. Beachey, WO Gardiner, MWO Robert, Capt. Wong, Major Morris, Lt. Martin, WO Ranni, Schroeder, Roy, Sgt. Davis, Pearce, Thomson, MCpl. Tapp.

Is it just my imagination or has there really been a dearth of extracurricular activities in our area lately? The problem could be a hold-over from the "Christmas Overkill" syndrome but is more likely due to the "After Christmas" overtime. General Stores, in particular, must be feeling like bats. Look on the bright side, people. The days are getting longer and eventually, you too, will see the sun.

Phase I of the scheduled rotation has taken place. It's getting to the point where you can't tell the players without a program. That's why the picture is included. These are all our players, even the ones we seldom get to see because they're either hidden in out-of-the-way places, or working the other hours. I have to admit to a slight hesitation at the inclusion of the list of names, subscribing as I do, to that old adage, "No names, no pack

drill". Hopefully the picture won't be clear enough to pick out the faces that go with the names. So, we have our players, all you have to supply is the program. I would suggest a Code 01 because Phase II is coming up.

The committee recently had a meeting to organize a tentative schedule of events for the coming year. One that isn't tentative is a Valentine Dance—watch for the ads. They'll be materializing soon—have to, the Dance is Feb. 12th.

Did you know that some of our people are taking lessons in Ballroom dancing? I don't know how

many there are but it should be interesting to see if you can pick them out at the Valentine Dance. Serge Wong and his wife cant be included because they were doing a "cha-cha" at Christmas. Obviously they've already been taught.

To prove how exciting things have been, there are only a couple of "news worthy(?)" events. Rene went skiing last week. He spent the whole day on the Bunny Hill and only fell down once. Then there's the story of "BJ and the Battery". It, unfortunately, can't be told because of the safety im-

plications. Who's safety is a question that won't be answered, but I can say, with conviction, that I've always been right handed. Don't you just love obscure innuendoes? I just recently learned that we are to lose our only link with the world of administration to the army in Calgary this summer. I hope the shock won't prove too much for his system. It reminded me of a saying I've always enjoyed for the many ways it can be taken: Arguing with a soldier is like wrestling with a pig. Everyone gets dirty, but the pig loves it.

And on to sports. (That's called a fast fade-

out. It's used to distract the audience -- did it work?) We're in the number two spot! For what, you ask? Some people are really picky about details. Sports reporting is really not my forte but I have it on good authority, a member of the team even, that the Supply/VU-33 hockey team is in second place. No one will admit to knowing our standings in the lunch time volleyball, in fact, I'm having trouble finding people who will admit to being regular players. Do you get the feeling that we're not doing as well there? As a consolation, Lyle is pretty sure that he

I went to help lay-out the newspaper last week. Aside from being very easy and interesting, it was also informative. I discovered "fillers". It's a fascinating idea, probably because it reminds me so much of this column, and I decided to include one of my own. I can't quote the source because I never knew it but if anyone recognizes it and knows the author, please let me know. "Damn foolishness is alright if persisted in. It is being half clever and half foolish that gets people in trouble. In foolishness it is the biggest fool who wins."

BLW

Dear KIWI Club

I'VE QUIT!!

I'VE QUIT!!

SO GET OFF MY BACK

BUTTOUT

D/BOPSO

Energy on the farm: What's ahead?

by Paul Jacot

The old joke about knowing a farmer who was outstanding in his field never seemed more apt than it does today. All Canadian farmers have to be a cut above these days in order to survive. Never before have farmers had to make their operations so efficient due to the current economic climate.

And farmers across the country have to continue their task of feeding a growing domestic population amid increasing financial constraints. Ontario's population, for example, is expected to grow to over 10 million, from the present eight million in the next 20 years.

One of the ways Canadian farmers can reduce operating costs is to use less energy in their operations.

ing and upgraded greenhouse thermal efficiency are all seen as future energy savers. Agrochemicals, such as those produced by companies like Shell Canada, have gone a long way in increasing food production to keep pace with demand.

Farmers in the future will probably produce more of their own energy. Wind power, heat pumps, biomass, passive solar systems and the use of alcohols and vegetable oils for machinery are all expected to become significant contributors to energy on the farm in the next few years.

Both propane and natural gas will become more and more vital for crop drying and space heating, with long-range potential as an alternative for tractor fuel.

These are just a few of the energy efficiency and conservation measures that will be available to farmers in the future in their attempts to meet demand and maintain economic security. But even more fuel alternatives will have to be developed as the demand of global food pressures continue.

Paul Jacot is with the Public Affairs Department, of Shell Canada Limited.

Energy Sense

Reduced tillage, the insulation of the animal hous-

WOOD HOBBY SHOP

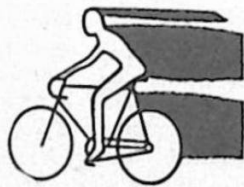
This week I'm featuring Yellow Cedar in my series on West Coast woods. Commonly known as Yellow Cedar, Alaska Cypress, Alaska Cedar, Sitka Cypress or Nootka Cypress, its botanical name is *Chamaecyparis Nothofagus*. Yellow Cedar is not a true cedar but a cypress. It is found from Alaska southward on the west slope of the Coastal Range and on the adjacent islands. The southern limit is approximately 150 miles south of Mount Hood, Oregon.

The sapwood of the Yellow Cedar is nearly white, with a bright, clear yellow heartwood that darkens on exposure. The wood has a characteristic odour and a spicy taste. It has a straight grain and is medium to fine textured.

This wood is moderately heavy, flexible, shock resistant and resists end-wise compression.

Yellow Cedar machines easily by both hand and machine tools. The wood works to a smooth, clean finish, making it an excellent material for interior finishes. It accepts stains and clear finishes, and polishes to a high lustre. Because of its excellent working qualities, it is a fine wood for furniture, cabinet work and novelties. It is resistant to marine borers and this makes it acceptable for oars, marine pilings and buoys. It is also resistant to acids. Some logs in the past have been sent to Asia for use in temples as it is reputed to resist termite attack.

Next time, Douglas Fir. See you in the shop.



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Hug A Heart Patient Today

Everyone is aware that diet, smoking, and stress have something to do with heart disease, although no one is quite sure just how much weight any one factor has. But now, according to Science News, researchers at Ohio State University have uncovered another contributing factor that was so unexpected that they repeated the experiment twice - each time with the same results.

It seems that the kind of tender loving care you get

can be significant in how well your heart holds up. During the experiments, the researchers discovered that the 14 rabbits who were cuddled and played with showed only half as much evidence of atherosclerosis as rabbits who got routine, impersonal laboratory care.

Obviously, whoever dreamed up the heart as the symbol of love must have known something. Hug a bunny today, or better yet, a heart patient.

- "Safety Canada"



A single squirrel may hide away 20 or more bushels of food divided into many small caches, although he may not find and eat a tenth of that reserve before spring.

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Conservation concepts: what electricity can do when it doesn't go down the drain.

Think about it. If one quarter of the homes in Ontario has one dripping hot water tap, 25 million gallons of water or over a quarter of a million dollars go down the drain in one month. And that's too bad, because that much energy could keep a hospital working for a month.

Electricity is becoming more and more important to the well-being of Ontario, and we can't afford to waste it. Unfortunately, about one half of the energy that comes into our homes to heat water is wasted. Following a few simple conservation concepts can help stop this waste and save you money.

Take a few minutes and a few cents to change worn tap washers. One dripping hot water tap can waste up to 175 gallons a month. A short shower instead of a bath uses up to 50% less hot water. And installing a "low flow" shower head is an inexpensive way to save a whole lot more. Make sure there is a full load before you turn on the clothes washer or dishwasher. Partly filled, they use the same amount of hot water as a full load does. When you can, try washing clothes in cold or warm water instead of hot. Use cold water for rinsing. If your clothes washer has "suds saver" or water level selector features, be sure to use them. Insulate hot water pipes, especially if they run through a cold basement. If you're going away for three or more days, switch off the water heater at the main service panel.

Conservation is easy. And it's always worth it.

**Electricity. It does more when
we all waste less.
Base Energy Conservation
Co-ordinator**

TOP TIPS

Early reports of a fire and explosion that claimed the life of a child of a Canadian Forces member indicate that there is a distinct possibility that propane gas, suspected of having leaked from a cylinder with a capacity of approximately twenty pounds was the first fuel ignited. The suspicion is strengthened by the fact that the suspect cylinder was stored in the basement of the family's dwelling which was the area where the explosion occurred leading to the fire. The CDS has expressed personal concern that other CF members of DND em-

ployees may unknowingly be exposed to this hazard.

The storage of compressed gas that is explosively combustible is hazardous irrespective of its location within a family dwelling. However, when the gas involved is heavier than air, as is the case with propane, the hazard is compounded. In the confined space within a basement there is very limited air movement and no opportunity for any gas that escapes to atmosphere to disperse to the exterior under the influence of gravity. In such circumstances gas will accumulate from the bottom up until it

reaches an ignition source and explodes.

The provisions of the National Fire Code of Canada specifically recognizes the foregoing and prohibits the storage of such gas in basements or other areas below ground. Further, the National Fire Protection Association Standard No. 58 limits the quantity that may be stored to two and one half pounds.

It is of interest to note that the capacity of cylinders used with barbecues and recreational vehicles frequently exceeds this limit.

EYE ON TV

Although television was invented back in the 1920s and now reaches almost every home, the National Society to Prevent Blindness says there's more we should know about watching it than just turning the dial.

For one thing, despite what some believe, you cannot "wear out" healthy eyes watching television.

But, to avoid TV fatigue, be sure that the picture is in clear focus, there is correct lighting in the room, you are sitting the right distance from the screen and the set is positioned correctly. Give your eyes periodic rests when you are watching a lot.

If you suffer discomfort after watching TV, and the set and setting are correct, you may have an eye problem that needs professional attention.



Rear-Admiral W.A. Hughes, Commander Maritime Forces Pacific, and his wife, Miriam, chat with Canadian-born actor Lorne Greene at a reception onboard the Esquimalt-based destroyers Saskatchewan and Qu'Appelle during the first evening of their visit to San Diego Jan 15 - 17. The destroyers, along with sister ship Yukon, took part in San Diego's fourth annual Maple Leaf Month activities which is the city's salute to the approximately 600,000 Canadians who live in or visit San Diego annually. (CF Photo by PO M.D. Johnson)

WE WANT YOU HOME IN '82'



The RCSC Reunion will be held at CFB BORDEN during the Victoria Day weekend. (May 21-23 1982) For further information, please contact the following:

CWO Sutton at 424-1200 Local 2525
WO Ferris at 424-1200 Local 2186, or write to -

The RCSC Association
PO Box 55
CFB Borden, Ont.
L0M 1C0.

What To Burn

If you are looking for a robust, effective fire this winter, make sure you are using the proper fuel.

Wood should not be green. This increases the moisture content, and the amount of steam in the chimney which can mix with gases to form creosote.

If the wood is bought green, let it dry as long as possible before burning.

Firewood should not contain too much resin (even though this is a good fuel in itself) as it is likely to vaporize and go up the chimney where it will probably condense. In other words, tend to avoid softwood except for kindling.

ding.

Remember that green wood does not dry in the winter time. Traditionally, wood sheds were used to protect the drying wood from the rain and snow. The wood was piled up in such a way as to allow good air circulation to every piece. A helter-skelter pile does not allow wood to dry.

When starting a fire in a space heater or furnace, you should never use kerosene, gasoline, crank case drainings or commercial fire starters. These products are too dangerous when burned in an enclosed space and should not be used in a space heater or

furnace.

Scrap wood, packing materials, cardboard boxes and newspapers can be burned but only in small quantities and with great caution. Most manufacturers of space heaters warn against this practice because the flames roaring up the chimney can easily overheat the space heater, pipes and the chimney.

Most plastics burn but in a very unpredictable way. Some melt and ooze and foul up a fire. Some send greasy, sticky, black flakes up the chimney which will make it even harder to clean. Plastic bottles may contain flammable vapors

which may explode in a fire box. The best policy is not to burn plastics.

(From CMHC's "Heating with Wood Safety")

REUNION

415 Squadron is planning a reunion in Greenwood, N.S. All former ex-Swordfish are requested to contact: 415 Sqn. Reunion Committee, Greenwood, N.S. BOP 1N0

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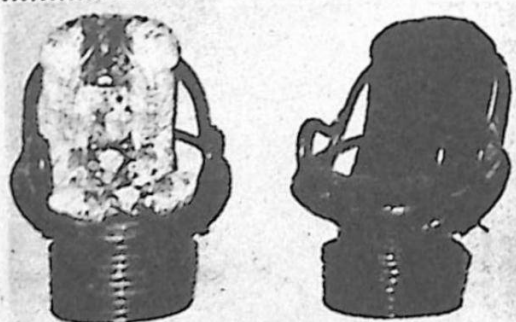
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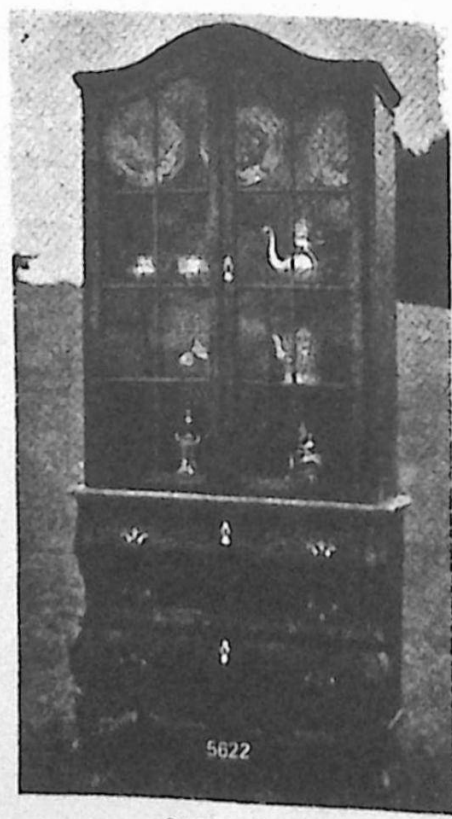
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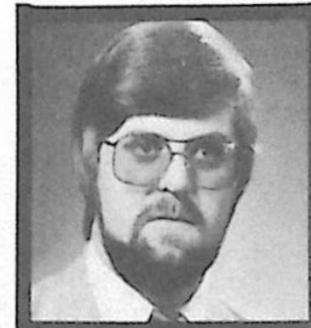
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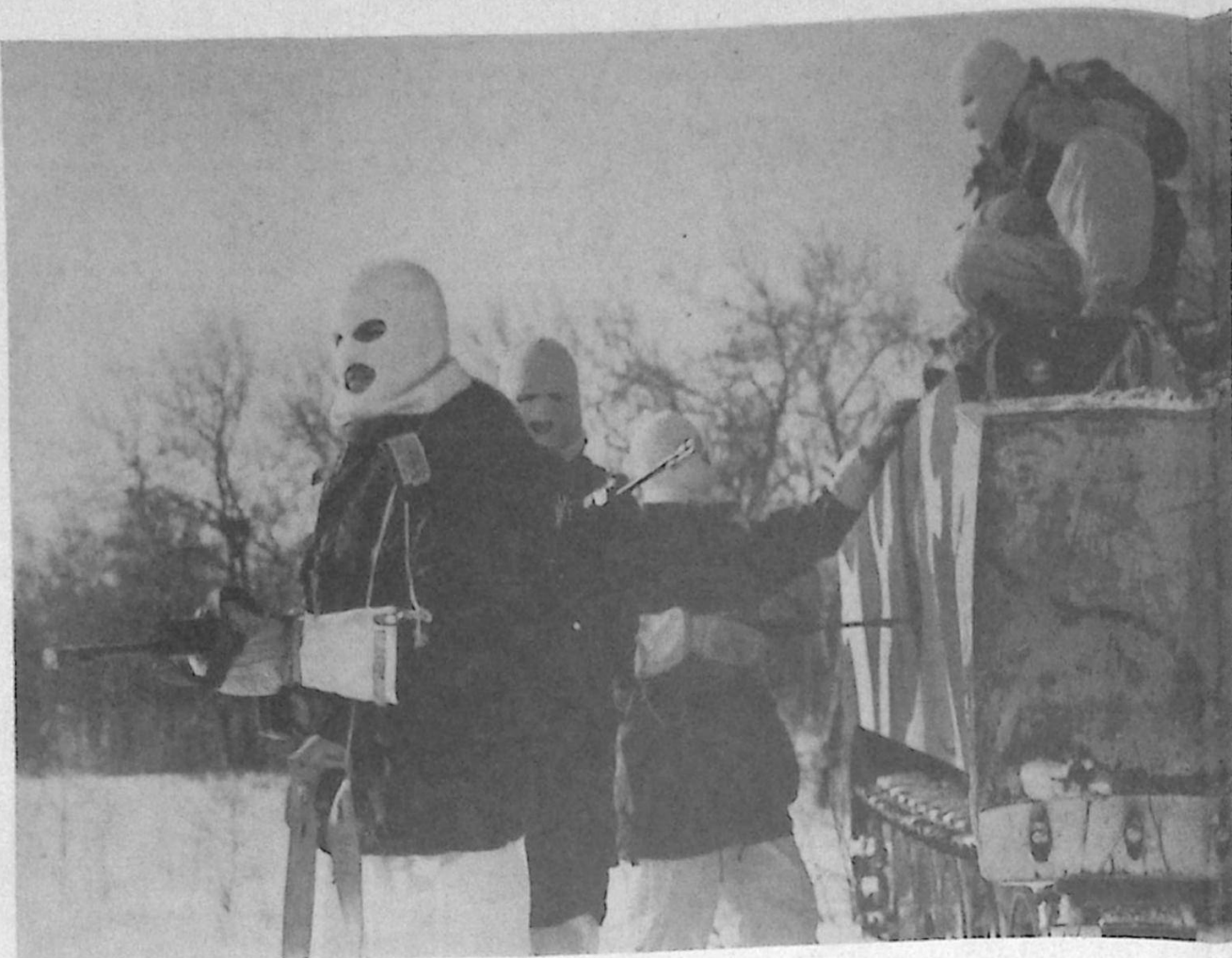
The President and Board of Directors extend congratulations to these five professional salespersons from Courtenay who are amongst the Top in MLS Sales Participation during 1981 for the total Board area. This is indeed an exceptional accomplishment and one which will be further recognized at the Annual General Meeting on February 6th, 1982 in Nanaimo.

Properties listed on MLS are automatically circulated to 75 member offices and 786 salespersons which puts information in front of more prospective buyers than any other Cooperative real estate service yet invented.



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These are not Arctic terrorists hijacking an APC, but rather 4 personnel (of 2,500) involved in Exercise Rapier Thrust '82. 1 Canadian Brigade Group spent most of January at Wainwright, Alta., braving - 50 degrees C temperatures preparing for warfare in a winter/Arctic environment. (CF Photo by Sgt. D.J. Mah)



Another Fine Example of co-operation between the 'Air' and 'Land' elements at CFSAOE. The recent heavy snowfall resulted in this tracked land vehicle sliding off the roadway and becoming bogged down in the snowbank. Fortunately a CP 121 Tracker aircraft was available to provide a tow. Not only was the land vehicle pulled free, but the resulting 'prop wash' blew away the snowbank, eliminating the hazard to any other land vehicles. (Courtesy of Borden Citizen)

DID YOUR SON WRITE THIS?

Dear Mom and Dad:

I hope you won't get mad at me for writing this letter, but you always told me never keep back anything that ought to be brought out into the open.

So, here goes. Remember the morning when my team was playing and both of you were there sitting and watching? Well MOM and DAD, I hope you won't get mad at me, but you embarrassed me.

Remember when I went after the puck in front of the net trying to score and got hit, well, you heard

you yelling at the goalie for getting in my way and tripping me. Shucks it was not his fault, that is what he is supposed to do.

Then do you remember yelling at me to get on the blue line. Well, I didn't know where to go then, 'cause the coach had told me to cover my man, and I couldn't if I listened to you. So while I tried to decide what to do the other team scored against us, then you yelled at me for being in the wrong place.

But what really got me, MOM and DAD, was what happened after the game. You should not have jumped

on the coach for pulling me off the ice. He's a pretty good hockey coach and a real swell guy, and he knows what he is doing. Besides, he's just a volunteer coming down at all hours of the morning to help us kids, just 'cause he likes sports.

And then neither of you spoke to me the whole way home. I guess you were pretty sore at me for not getting a goal. I tried awfully hard, but I guess I'm just a lousy hockey player. But I love to play hockey. It is a lot of fun being with the other kids and learning to compete in a

real good sport.

But, gosh, MOM and DAD, how can I learn if you don't show me a good example? And, anyhow, I thought I was playing hockey for fun, to have a good time and to learn sportsmanship. I didn't know you were going to be upset so much because I couldn't become a star.

Love
YOUR SON

Courtesy
Clinton News-Record
and the Plainsman, CFB
Moose Jaw.

STRAIGHT TALK on TEETH

In these days of double digit inflation, it's good news that there is a way for parents to get more for the dollars invested in their children's dental health.

Actually, the secret to stretching those dental dollars is no secret at all. It simply involves following the advice your dentist has been giving for years.

First, your child should have a first visit to the family dentist at age three. Usually all the primary teeth have come in by this time. They can be checked and cleaned without discomfort to the child. During this visit the child and parents can be given tooth

brushing instructions and advice on the proper diet to maintain maximum dental health.

Second, parents should make sure the child follows the family dentist's instructions about thorough brushing and flossing. They also should be sure the child gets fluoride through drinking water or toothpaste, and encourage limitation of foods with high sugar content.

These important preventive measures will help minimize tooth decay and, of course, cost of dental treatment.

Third, parents should have the child's teeth and mouth

examined by an orthodontist at age seven. If your orthodontist detects a problem such as crooked, crowded or protruding teeth, he can determine the time in the child's growth when treatment will be most effective, take the least time and be most economical.

In some instances relatively minor orthodontic treatment on the teeth of a young child may result in savings of hundreds of dollars compared to the cost of treatment during teen or adult years when problems may have become greater.

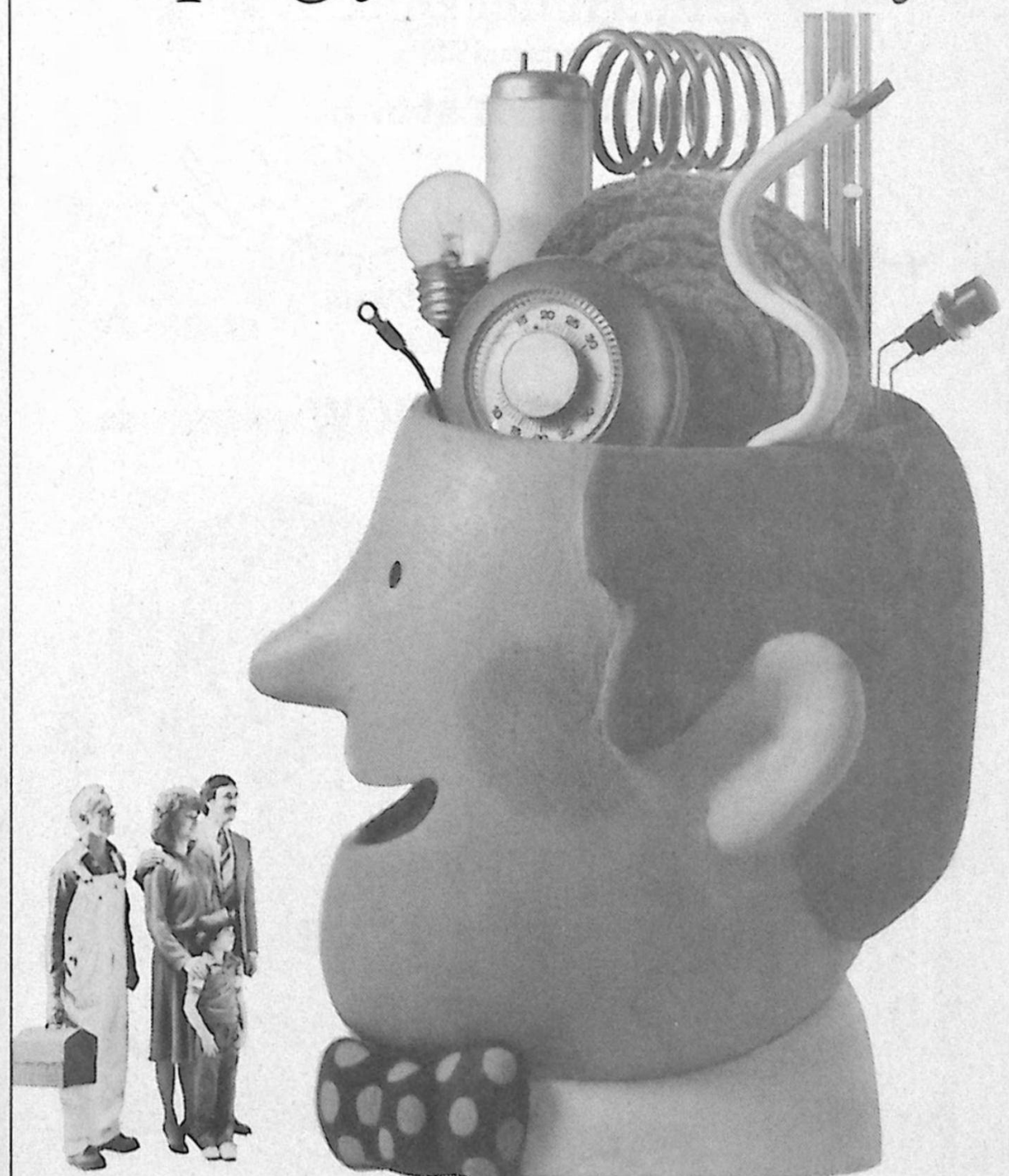
In other cases, early treatment may be performed to reduce severity of a problem

as part of two-stage therapy. In such cases, better results rather than dollar savings is the goal.

Nobody can put a dollar value on healthy, functional teeth, but parents and children, in cooperation with the family dentist and orthodontist, can help control the need and cost for extensive dental treatment.

To learn more about the importance of an early orthodontic examination for your child, you are invited to write to The American Association of Orthodontists, 460 North Lindbergh Blvd., St. Louis, MO 63141 asking for the free booklet, "Age 3 - Age 7."

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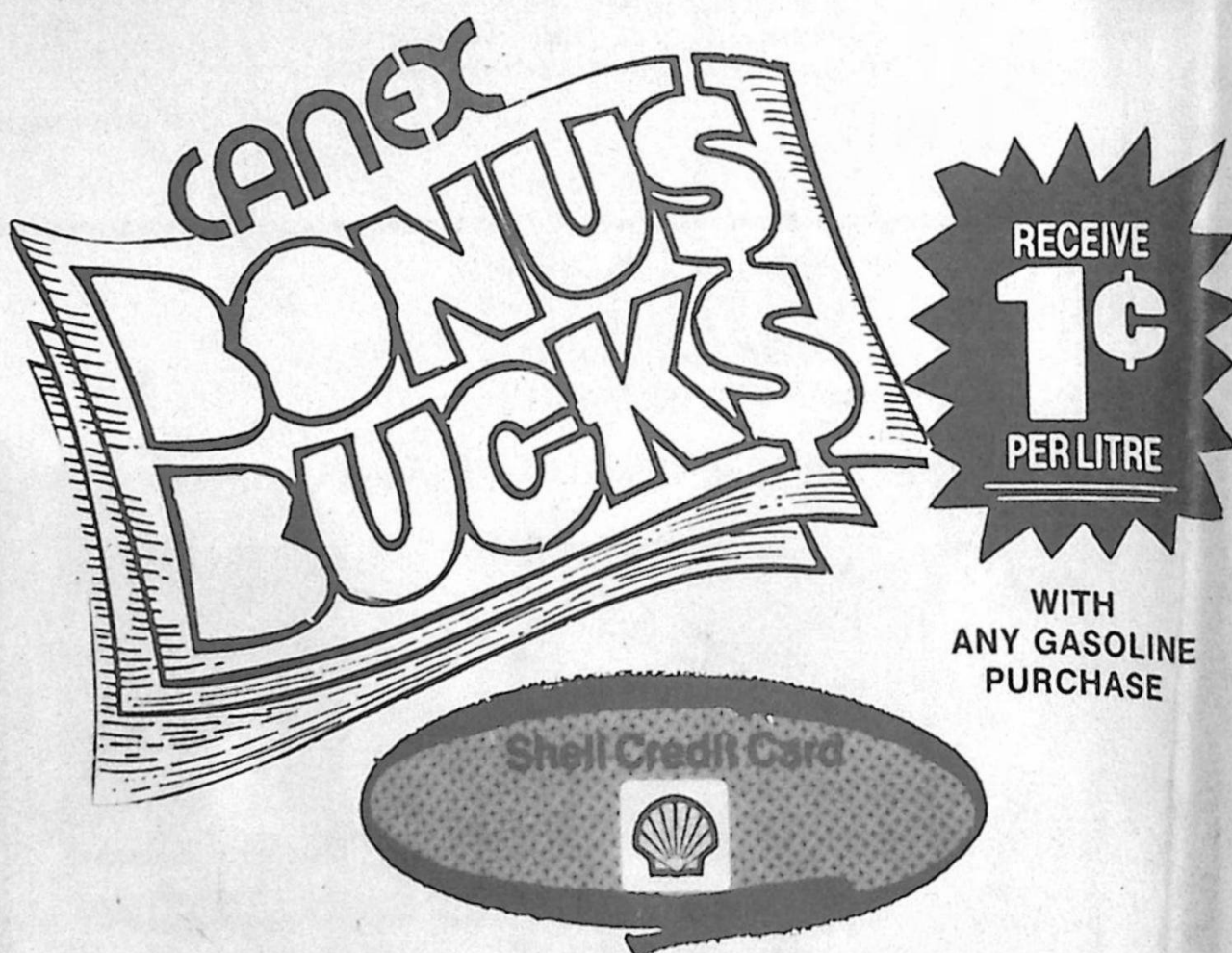
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