



TOTEM TIMES



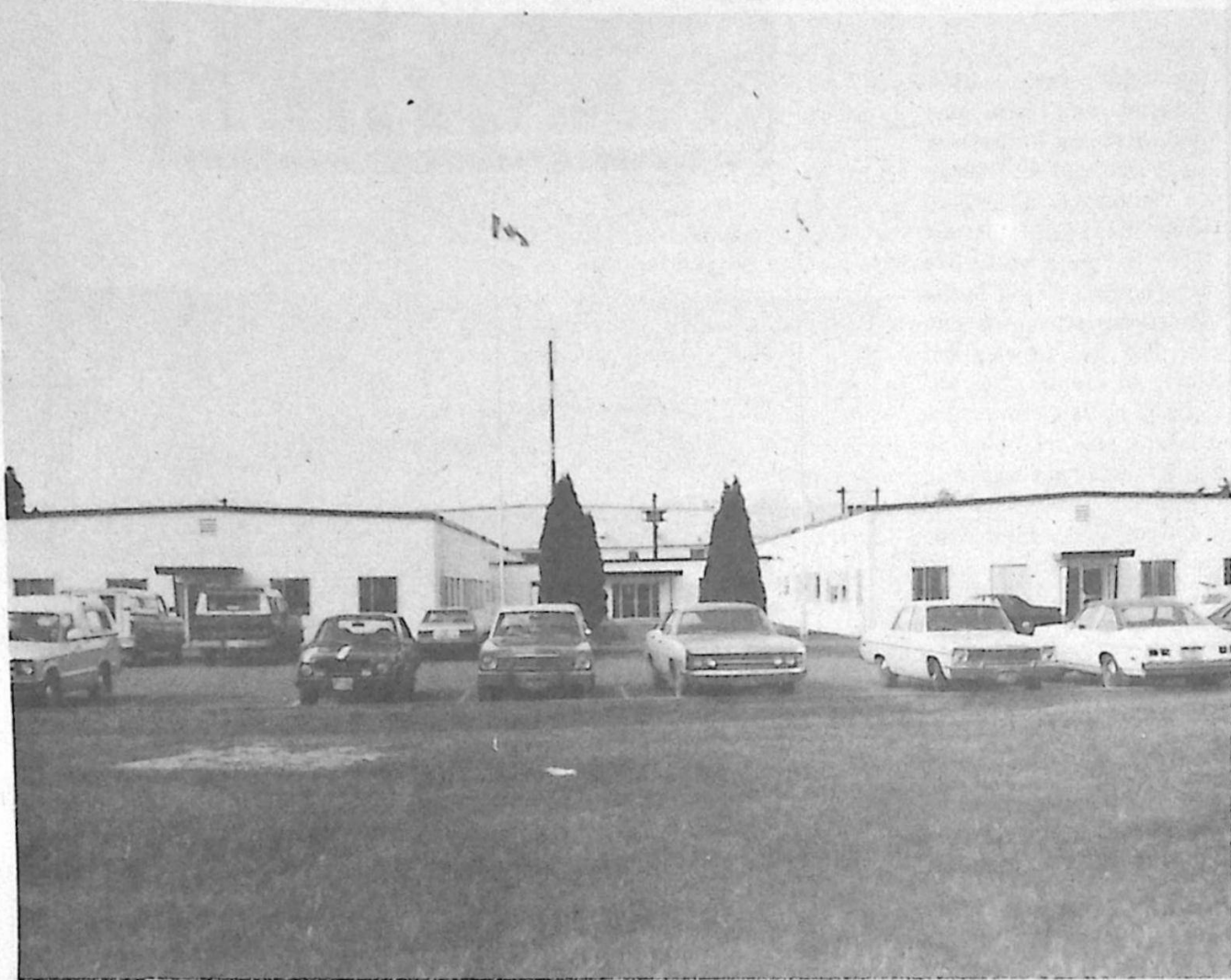
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CFB COMOX TOTEM TIMES

THURSDAY, OCTOBER 29, 1981

DEADLINE - MON., NOV. 9, 1981

COST: PRICELESS



Imagine facing this every morning. No wonder Base Transport boards up the H.Q. side of their building. This photo obviously wasn't taken on a Friday afternoon - there are cars in the parking lot.



California. Balmy breezes wafting over sandy beaches. Images of all-year fashions, Beach Boys music and laid back lifestyles.

The California International Airshow was held in Salinas Oct 24 - 25. Salinas is near Monterey, California, about 130 miles south of San Francisco and 350 miles north of Los Angeles. The Comox contribution were a Lab and Buff from 442 and a Tracker from VU-33. All three were on static display

(took no part in the flying portion of the airshow) and had lots of sightseers trying to climb aboard and push buttons.

"Yes ma'am, this is a CP121 Tracker aircraft, same as your Navy's Grumman S-2. Yes, the wings are supposed to fold. However they're supposed to fold on the hinge line, not at the ends."

"Yes sir, this is a CH113 Labrador. Made by Boeing-Vertol. Yes, the yellow paint makes it easy to see, but if we camouflaged it we'd never find it on deployment."

"No, I'm not sure how many rivets the Buffalo has, but I can tell you what the tire pressure is."

"Yes, it used to be carrier-based."

"No, it's not supposed to leak oil."

"We call it gray."

"Search and Rescue."

"Canada. You know, up by Washington. No, state, not D.C."

California. Can't buy a decent rye and coke. No CFL results. All the money is green. They laugh when you say 'about' (about) or 'eh'.

The flying portion was spectacular. The Blue Angels were excellent but the show belonged to the Canadian Reds. They are crazy!

Other highlights included the STARDUSTERS (an all women parachute team) several ultralight aircraft (150 lb. plane), the Army's Cobra Attack helicopters, they talk with funny accents.

walking and just about anything else to do with flying.

The show was civilian oriented; this was not a repeat of the Comox Airshow where we had high performance aircraft-fighters-tearing up the skies. It was still pretty good, as the 90,000 plus spectators will testify.

It was overcast much of the time. The ceiling was high enough that the show wasn't affected, but the advertised sunshine was sporadic at best. Foggy until noon and windy from noon 'till dusk, surely this couldn't have been the land of milk and honey we've all heard about? The people were extremely friendly but they talk with funny accents.

Alcoholism

By King Lee

The Canadian Armed Forces no longer buries its head in the sand concerning alcoholism.

But until 1978, it called alcoholism a disciplinary problem.

Now it is recognized as a medical problem or a disease which needs understanding and treatment, not moral judgement.

In March of 1980, the Canadian Armed Forces set up six clinics, including one in its European base at lahr, West Germany, to help servicemen conquer the problem.

One of the five Canadian clinics is at CFB Esquimalt where Dean Rempel, a retired RCAF captain with 29 years of military service behind him, is the director.

Rempel is the head of ARC-PAC, an acronym for Addiction Rehabilitation Clinic - Pacific. He and

senior counsellor John Helgason are the only non-military personnel involved in the program, which has treated approximately 300 servicemen since January of 1979.

Informally, Rempel said, the clinic has been operating since 1952 when a naval petty officer named Gordie Brenahan started it as an Alcoholics Anonymous group.

Things didn't progress very quickly until 1970, when the program branched out into the education field.

Shortly thereafter, the military brass became aware that AA worked and started to promote it.

A structured program didn't start until 1973, when Padre Alex Wakeling was credited with getting one going in Halifax. The next year, Helgason and major Ray Crabbe began formalizing one here and a 30-day program, called

BARS for Base Alcohol Rehabilitation Services, evolved using such civilian agencies as the Drug and Alcohol Rehabilitation Society, Dallas House, Victoria Life Enrichment Society, and Saanich police for assistance.

In January, 1977, a 10-bed, in-patient program, using a hospital setting, was started under the supervision of Petty Officer Al Duhammel and civilian Lyn Collins.

Rempel, who took the job of director in January, 1979, just prior to his retirement, said the present 28-day, 20-bed plan was unveiled here in 1978.

Under the plan, patients spend the first week getting introduced to the program and learning to recognize their alcoholism as a problem. The first objective is to break through the denial.

Week Two is taken up with looking inwardly and to look at alternatives to alcohol. The program emphasizes honest communication at this stage and

also prepares the patient for the family arrival.

Then in the third week, the staff tries to break through denial in the patients' family system and the family is brought into the residential setting for the final two weeks. The patient is also encouraged to develop a sense of responsibility for his personal health.

The final week is spent developing a realistic plan for sobriety and support systems for changes in lifestyle.

"On the last day," Rempel said, "I say 'half of you will make it.'"

There is no such thing as a repeater in the program.

"Offering treatment a second time does not give him any more education," Rempel said.

He said most of his patients have had three warnings before they even get to ARC-PAC.

Most of the clinic's patients get there in one of three ways.

Some volunteer simply by walking into the super-

visor's, ARC-PAC's, their doctor's or a chaplain's office and asking for help.

Others get to the clinic through a job performance referral. If an alcoholic's work is not satisfactory, the boss may call him in and formally order him into treatment.

"We use coercion," Rempel admitted. "It's the most important dimension in an employer's program."

The other way is to get a medical referral.

The most important day of the 28-day program is the 29th day, Rempel stated.

That is the day that the patient, who has already been introduced to AA as the key support system, goes out on his own and, hopefully, keeps up his association with AA.

Rempel maintains that alcoholism is no bigger a problem in the military than on "civvie street", where he says 15 to 20 per cent of the population are alcoholics.

But the serviceman now has one thing going for him - a boss who understands and is willing to help.

Skelly wants action group on UF Foam

COURTENAY --

Comox-Powell River MP Ray Skelly wants to form an action group of Vancouver Island residents whose homes are insulated with the banned urea formaldehyde (UF) foam to pressure the federal government into providing compensation for removal of the substance.

"The government has a clear responsibility in this matter," he said, "but there is going to have to be a lot of pushing before it will assume that responsibility."

Skelly is involved in setting up a UF foam action group in Powell River but he fears there are many more homes in Central and northern Vancouver Island insulated with the substance which was banned earlier this year after it was linked

with a variety of respiratory illnesses. In some cases, the UF foam was installed with the assistance of government grants under the Canadian Home Insulation Program (CHIP).

It is estimated more than 100,000 Canadian homes were insulated with UF foam prior to its being banned.

The objective of the action groups would be to exchange information, seek government testing of homes involved and urge the government to compensate those who want the insulation removed from their houses.

Skelly, who is the new Democratic party's consumer affairs critic in the house of Commons, was instrumental in having the substance banned when Canadian government

ignored tests in the United States and Europe which showed gas given off by the substance was dangerous. Since the ban, the government has undertaken a limited program of testing of the substance but still has not offered compensation to people who want to have the insulation removed from their homes.

An initial meeting of people concerned about the issue is planned for Saturday, October 24, at 10 a.m. in Skelly's constituency office at 491A Fourth Street, Courtenay. A further meeting may be held in Campbell River if warranted.

Skelly asked residents of other communities in his riding to write to him at his Ottawa office if they believe their homes have been insulated with UF foam.

The Dark

Are you afraid of the dark? Do mighty monsters lurk under your bed? Do shady ghosts haunt your basement? Are pirates skulking in your closet? Are there burglars hiding behind your furniture? Are you afraid of the dark?

Most people are. That's why basement light switches are at the top of stairs; nobody wants to go down into dark spooky-land. And that's why most people have a light beside their bed. These lights aren't for reading, no, they're for turning on when boogey noises are heard. Almost everyone is afraid of the dark.

But why? The answer is simple: because you can't see in the dark. And when you can't see, you don't know what's there. Because you don't know, you make something up. Like hairy monsters and one-eyed pirates. And then you get scared, because, of course, these boogies are going to get you.

But boogies don't exist, right? You made them up, right? Right??? Maybe. Maybe they do exist. How do you know for sure? How do you find out?

Try turning on the light. This takes a certain amount of bravery, but it gets some results. Chances are good you won't find a monster, but if you are still unconvinced, investigate. Look in your closet. Under your bed. In the basement. Behind the shower curtain. Check everywhere a boogey could exist.

Once you are satisfied that the boogey doesn't exist, you'll be able to do what you were about to do. Like sleep. Or get something from the basement.

After several years of hunting for the boogey, you may decide that boogies don't exist at all. Then again, you may never be totally convinced. Don't worry, you're not alone.



Fire Prevention Week Opening Day Parade.

"Fishwrapper" Exposed

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Section news

Nighthawks

Nest



Halloween, traditionally, is the day of the year when children dress up in costumes ranging from cute to supposedly terrifying and go from door-to-door collecting treats which, even with strict parentally-enforced rationing, will be inhaled in a matter of a day or two, leaving just over a month for the doctors to cure the outbreaks of malignant acne before Christmas arrives to start the cycle anew.

Moreover, it affords adults yet another perfect excuse to cavort like children under the auspices of tradition. Parties involving a host of folks adorned in outlandish garb, drinking punch like camels at a flash flood and behaving with a total lack of regard for decorum are quite acceptable at this time of year. On 409 Squadron we call this a "come as you are" party and, as they occur frequently throughout the year and in any case are indistinguishable one from another, it is little wonder that halloween passes virtually unnoticed by the nighthawks.

Two deployments to Colorado, the land of rape and Coors, are part of the squadron activities this fall - one having been completed and the other upcoming in november. Gerry Desrochers will receive his first taste of rarefied air and John Denver music during the latter.

409's annual Christmas party, Christmas Wine luncheon, Christmas mess dinner, Christmas night Flying debrief, Christmas Tuesday Afternoon beer-up, Christmas Caesar party, Christmas Egg Nog party and Christmas Wine Tasting competition are all

in motion, with dates to be finalized any time. Attendance is voluntary and all will be forced to attend.

But enough of frivolity. It has been said many times and, indeed, stands as somewhat of an unwritten rule that mixing humour (however weak the attempt) with news of a serious emotional nature is something to be eschewed at all costs. In keeping with that sentiment, I urge you to put from your mind what has gone before and steel yourselves.

By the afternoon of november 7, 1981, Captain, pilot, squadron member and heretofore good friend Drew Foulds will cease to exist as we know him. Succumbing to unimaginable pressures previously experienced only by Joan of Arc, Father Brebeuf, and assorted other martyrs, he is indulging in the institution (I do not use that word frivolously) of marriage. his betrothed, one Deborah Bedard (as she is known on the west coast), of no fixed address, is thought to be the Queen - pin of an elaborate network of nurses operating a massive underground magic mushroom ring on the island, and evidently is using the wedding as a respectability front for the racket. The Armed Forces S.I.U. is conducting an investigation into the affair, but as there is a shortage of checked fortrel pants and striped shirts on the island, their undercover work is severely curtailed, leaving little chance of success by working the case in uniform.

Drew is survived by a jar of jalapenos, several house plants and a blond toupe.

BGJK

SOMETIMES IT'S HARD TO SMILE...



There is nothing funny about being hungry. Last year ten million children died of starvation and related diseases.

Share a smile this Hallowe'en. When the happy UNICEF Trick or Treaters knock on your door fill up their boxes and show them you care. Your support can make a world of difference.

HELP MAKE THE WHOLE WORLD SMILE. GIVE GENEROUSLY TO UNICEF THIS HALLOWE'EN

Unicef Canada

442 Sqn. is as busy as ever with two searches going on at once. A light aircraft with a single soul on board is missing out of Port Hardy and that search has been going on for a week. There is also another light aircraft out of Fort Nelson that forced landed but because of bad weather he was not able to be rescued. The Buffalo crew has been sent up to localize the ELT and once they have done that a ground search party will be sent in to do the rescue.

The southern trainer to Salinas and points south was doing very well until the decided to go to El Paso and received a call from Comox to return to base because of the search. Such is life for the dedicated SAR personnel of 44 who?

By the way, the Salinas Airshow went very well and hosted celebrities like the Blue Angels, Art Scholz, and Bob Hoover. The majority of aircraft were civilian with alot of antiques and quite a few helos as well. I almost forgot the Canadian Reds who opened the show and quickly

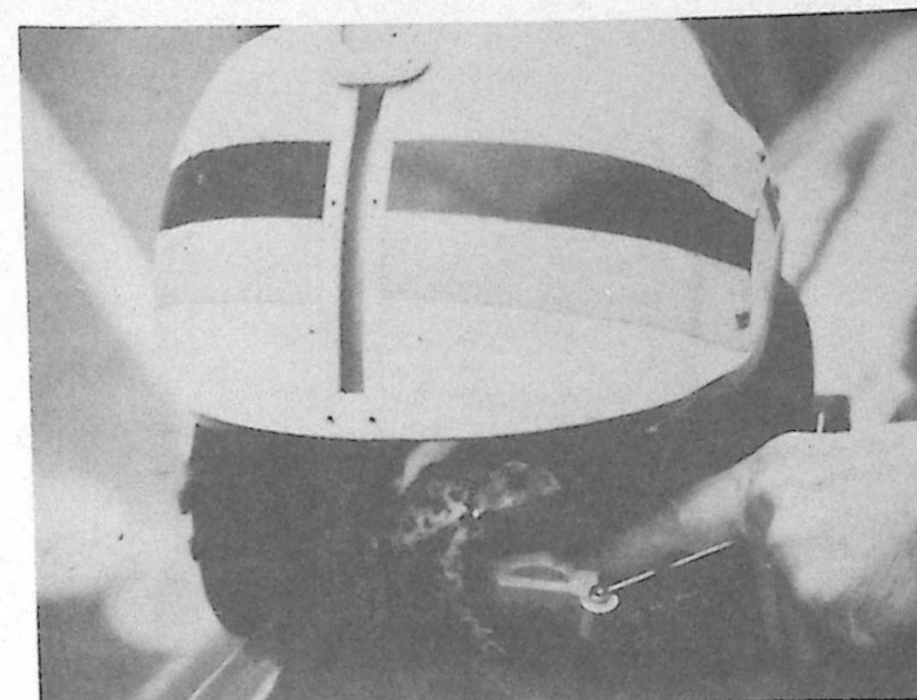
modified their little biplanes with extra fuel tanks at the end of the show to be able to make it home to Vancouver in time to jump into their CP Air 747's and go to work. We were hosted very well by the Americans who made sure we had lots to eat; and drink of course. This was one of the first airshows for Salinas who is trying to make this an annual event. With the success they had this year that should be no problem.

NOW FOR THE REAL NEWS: 442 SQN. WON THEIR FIRST HOCKEY GAME OF THE YEAR 3 - 1 AGAINST MSE.

CAUTION, ALL TEAMS BEWARE, 442 IS AFTER THE CUP AGAIN AND WE CHALLENGE ANYONE TO TAKE IT FROM US. Apparently 407 is trying desperately to increase their odds of winning by entering 2 teams in the hockey schedule. There are a total of eight teams now as more coaches attempt to recruit players they think will be able to take the Championship from 442. See you on the ice.

Our Heroes

At Work

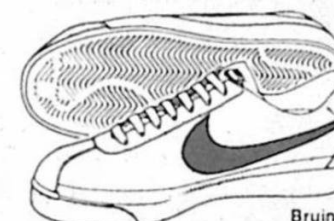


Pictured above is Lieutenant Rick Lapointe doing a thorough walk-around of the CH-113 Labrador. Rick is well known for pointing out items that may have gone unnoticed by the untrained eye. At the time of the photograph Rick was caught in a heated discussion with one of our Flight Engineers regarding a technical aspect of the Lab. Rick is obviously taking a severe finger poking. In this instance, however, he appears to be undaunted by the engineers persistence.



LCol. Lott congratulates Sgt. Hickson on his promotion. That Pepsodent smile!

NIKE SALE



BRUIN CANVAS - Buy 1 pair at regular price of \$23.98 - get second pair at HALF PRICE

	REGULAR	SALE PRICE
DAYBREAK MENS	\$55 ⁰⁰	\$39 ⁰⁰
KT - 26 LADIES	\$56 ⁰⁰	\$39 ⁰⁰
ADIDAS PRINCESS (ladies)	\$28 ⁰⁰	\$19 ⁰⁰
AMERICANA LOW	\$35 ⁰⁰	\$29 ⁰⁰
AMERICANA HI	\$39 ⁰⁰	\$32 ⁰⁰
NIKE LEATHER HI-TOP	\$56 ⁰⁰	\$44 ⁰⁰



SPORTS

357 5th Street Courtenay, B.C. V9N 1J9 338-8732

ENTERTAINMENT WOs' - SGTs' MESS

OCTOBER - TGIF 30 (Mixed)
31 Halloween Dance
2100 hrs.
(Band & Food)
\$10.00 per Couple

NOVEMBER - 6 STAG MESS DINNER
(Tentative)

MOVIES EVERY SUNDAY EVENING COMMENCING 2000 HRS.
WIVES CLUB MEETS EVERY FIRST MONDAY
COMING EVENTS:
December 12 - PMC Draw & Bingo
19 - Childrens Bingo
31 - New Years Dance

OFFICERS' MESS ENTERTAINMENT

Fridays, November 6, 13, 20, 27 -
REGULAR TGIFs - 1600 - 1700 hrs. Food as indicated. Bottle and Jackpot draws at 1700 hrs. Members must have signed in and be present at time of draw to be eligible to win Jackpot draw. Free taxi service - ask at bar.

Wednesday, November 11 -
OFFICERS WIVES CLUB - BRIDGE - 2000 hrs.

Thursday, November 12 -
MIXED RETIREMENT DINING IN.

Saturday, November 14 - Truckers' Nite
You're all invited to the Grand Opening of the Truck Stop Pub from 1900 hrs. to 0100 hrs. Beer cocktails starting at 1900 hrs. Freshie available for air crew. Food which will tickle your inards, to good even non-truckers will enjoy.
"It's the place all truckers stop 1930 - 2100 hrs." Stomp to the sweet sound of country with a little rock for the old timers. Music provided by "Area Code 604" (same group as last year) from 2100 to 0100 hrs.
Sorry - chains, knives, lead pipes must be checked at the door. (Tuxedos are the first preference).
Door Prizes - It's rumored the Base Commanders staff car will be the first prize.
Cost - \$5 per couple for members, guest couple \$10. Reservations required by November 10, 1981. First 150 people get in.
The function is sponsored by the Kiwi Club under the direction of his Feathership and the Bird. KLEMENTINE will be in attendance.

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407

Demon Doins

Crew Two spent the week of 13 - 19 Oct. sampling a little down home hospitality as they did the first OMS/FDS trips since the completion of conversion training. The crew did well in the back end, once again besting the manipulations of the Huber-Britney team.

The front enders did valuable service to God and Country, providing the crew with a standby pilot in the person of Tom Cobb, now fully trained after only 45 minutes in the left seat. Said Capt. Cobb, "I used to think flying the Aurora required tremendous skill and coordination until I learned the secret. You pull back on the stick when you want to go up, and push down on it when you want to go down."

The service air trip from here to ZX was everything that we expected and more. Rolling into Trenton at 2300 and finding that not only are there no rooms available but that the accommodation folks had never even heard of us, was a humbling experience close to being divine. If anyone is passing through Trenton

on the 13th of November please feel free to use our rooms. We can only hope that those crews going on future OMS visits to Greenwood will find that their way has been paved a bit by the experience of Crew Two.

Now its time to turn things over to our sports correspondent for a preview of the upcoming hockey season.

"Well, it's that time of year again for all armchair sports fans. Baseball is reaching a climax, football is in full swing and intersection hockey is about to begin. The 407 players are busily honing their skates and skills to a fine edge for what promises to be an exciting season. Some have even promised to take off their skate guards before they left for the rink. This reporter disguised himself as a navigator to infiltrate the squadron to find out what 407 has planned for the upcoming season. "We're going with the big bang theory," the coach said. "With the two teams we'll be able to swamp them with numbers if not

talent. Someone wanted to call one of the teams the Auroras, however, the sponsors overruled it. The players were unlike the plane itself; they relied on numbers not talent." I asked the coach about any new talent. After a wary look and a quick scrutiny of my dirty flying boots, he spoke quickly of, "a hot little number from Florida who we picked up in the last draft on a two year contract." He wouldn't elaborate further than to say that he goes by the name "Puck".

It was rumoured that Comox Cablevision approached the teams for television rights on their games. The quickly retracted their offer after a review of last seasons' games. It was found that the cameraman would not be able to adequately cover the game as in his words, "No one seemed to go in the same direction."

Spectator support is a topic that is being discussed around the squadron. The first game was on the 28 October and the players wondered how many fans were

to be expected. The squadron is going to call Jeff McBean's wife, Janet, and ask her if she would come out for a few games this year.

At press time, both teams will have played their first regular season game against each other, pre game odds were that the Devils (The Demon's up and coming farm team) were the favourites. I mean Debbie Bristol's favourites. She says all the good looking guys are on that team.

Talking about favourites, at one of the recent practices Larry Hickford mentioned that he played hockey like Bobby Orr and Wayne Gretsky. An astute observer pointed out that yes, he did have Orr's knees and Gretsky's nose.

There's a good mix between aircrew and ground crew on the teams this year. Even though we just started, some of the ground crew have already complained about the pilots. The problem is that the pilots, when dressing for a game, continuously lament about not having zippers in their skates.

The real test for both teams will be on 2 Nov. when they start playing other teams. The Demons will be matched up against Security. I asked the coach what he expected for that and he said "Have you been to the Lorne on a Saturday night?" "But what if you lose," I asked, "What will you do? More practices?" "No, if that happens, I told my players not to wave at the commissioner in the morning as they pass through the gate."

"The psychological approach, interesting!" "Jah, I got it from an ASO on Crew 2."

Then someone tapped me on the shoulder, "You're not from 407, you're patches are on the wrong shoulder, who are you?" My cover was blown, they grabbed me and dragged me into Standards. "We'll make you an ASO." "Oh no!" I struggled and fled. I already had a weight problem. I tore off my disguise, threw down my bag of cookies and juice and fled the base.

See you at the rink!!



VU 33

Time for a few more chicken scratches from the Action Squadron. Fresh from his recent triumph at the Reno gaming tables, the Diamond jim of VU33, MCpl. Bob main, is petitioning the Major to set up a couple of slots to keep him in practice.

Super Star of station broomball, Ed Lapointe, is off to sunny New Brunswick for a couple of weeks away from APS 504 antenna problems.

What well known squadron armorer when asked to choose a number between one and five, chose "six"? That's confusing 'em Laurie!

One half of the Vu33 personnel starting the "Butt Out" Anti-Smoking course offered by the station hospital successfully made it through. Cpl. (Lungs) Slater has signed the pledge vowing never to touch demon nicotine again. Zane can be seen chewing

lots of gum and breathing deeply around heavy smokers!

MCpl. Kim matheson is making like the six million dollar man. He's getting a rebuilt kneecap courtesy the DND hospital. Doctors have assured Kim this will give him the extra speed needed to beat the pack over the morning doughnuts at the 442 canteen. Get well soon Kim.

The last station exercise was too much for Fred Kay. When last seen, Fred was on the mainland proceeding in a northerly direction of the elusive moose. Good Luck Fred!

Other than sending T Birds to San Diego and a Tracker to Salinas, California, things have been fairly active on the home front. Because the Expos were eliminated, some other method of keeping World Series interest had to be found. If Bert Livingstone wins one more pool he'll be

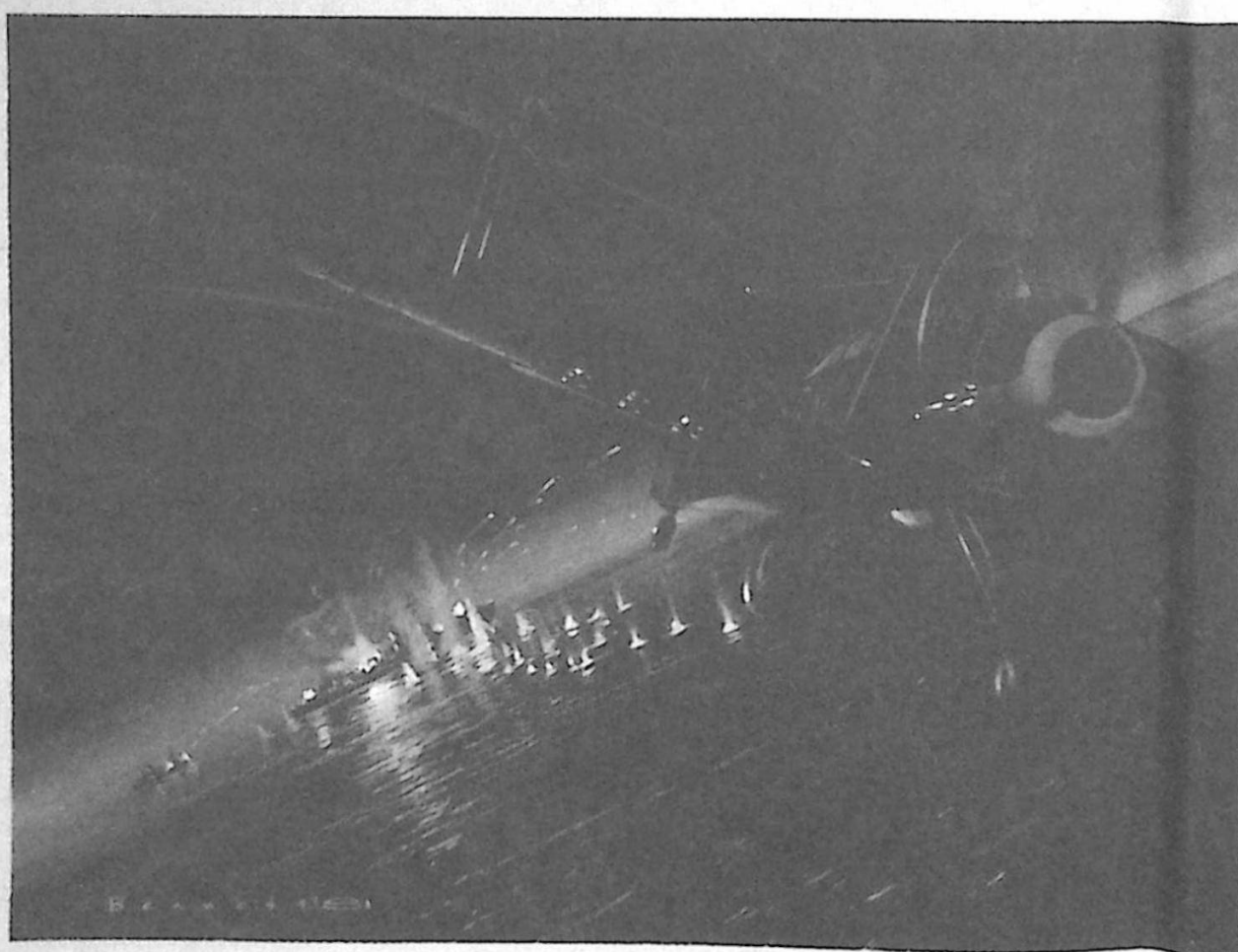
going for a swim in one. Someone told Bert that if he won another pool he should throw a party. Bert was rumored to have replied "Yea, a pool party...just for the halibut."

Getting back to the Salinas trip: golf fanatic Ed Holmes actually refused to pay the \$70.00 (U.S.) green fee for the privilege of playing on the famous Pebble Beach Golf Course. Ed denies this completely. He claims that he didn't play because there was a one week waiting list for a tee-off time.

Ed would have been happy to wait but there was this silly rule about getting the airplane back to Comox. Maybe you can sneak down next week Ed?

Congrats to the VU33/Supply hockey team for winning their opening game. They beat the (hot tempered) MP's. Better observe the speed limit on base from now on boys.

415 Squadron Colours Calendar



The 415 Squadron Colours Calendar has been produced to commemorate the September 1982 presentation of the Squadron's Royal Standard. The Calendar contains high quality reproductions of twelve original paintings by Major Geoff Bennet RCAF/CAF (Retired) printed on premium stock and highly suitable for framing. This painting depicts actual 415 "Swordfish" Squadron aircraft from World War II to the present. Many of the scenes depicted are historically accurate based on research done at the National Defense Archives.

Included in the calendar are the Beaufort, Blenheim, Hampden, Albacore (shown), Wellington, Halifax, Argus and Aurora aircraft.

The calendar will be a treasured and much sought after item for collectors and aircraft enthusiasts as well as Swordfish and other proud airmen.

As this is a Limited Edition order early by using the coupon attached or writing to the address below.

Write enclosing certified cheque or money order in the amount of \$10.00 per calendar to:

415 Squadron Colours Calendar, CFB Greenwood, Greenwood, Nova Scotia, Canada. BOP 1N0

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Calendars shipped in heavy duty envelopes and postage paid. 4 to 6 weeks delivery.

Mainstream Canada

Lottery Overkill

By W. Roger Worth

Gerald Regan, the federal Minister of Sport and Recreation, wants to give Canadians an opportunity to place bets on the outcome of sporting events such as hockey and baseball, putting Ottawa back into the lucrative gambling business.

But there is a problem. The previous Tory government made a deal with the provinces, giving them the right to operate the nation's \$1 billion lottery games in return for payments that put \$29 million in the federal treasury this year.

Regan argues his scheme will be a game of skill, not chance, so he says he is not invading provincial territory. Naturally, the provincial leaders disagree.

Nevertheless, semantics and name-calling aside, there are

some important reasons why Ottawa should leave well enough alone.

A simple example: Ottawa would be forced to duplicate or add to the ticket sales system that has already assisted many smaller merchants hard hit by rising interest rates.

The amount of red tape and additional administrative costs would create problems for these entrepreneurs, to say nothing of the cost the federal government would pay to operate the scheme.

Again, Canadians would be forced to view the silly phenomenon of one level of government attempting to outadvertise the other, pleading with us to spend more and more dollars in efforts to grab the big

prize. Regan and the federal government should change their thinking.

If Ottawa seriously believes gambling on the outcome of sports events is worthwhile, and if the money is needed for amateur sport, then Regan should convince the provinces to run such a program.

Competition between businesses in the private sector is a fundamental part of our free-enterprise system, but the spectre of elected bodies wasting money by duplicating their sales and advertising efforts is something else again.

For in the final analysis, it's the lowly taxpayer who foots the bill who foots the bill.

CFB Feature Service

AT THE TOP OF MISSION HILL
North Island Highway, Courtenay, B.C.

**CHRYSLERS - PLYMOUTH -
DODGE TRUCKS**

VANS - MOTOR HOME VANS -
PICK-UPS - 4-WHEEL DRIVES

OMNI
HORIZON

C
A
R
S

FRONT
WHEEL DRIVE

CORDOBA - MAGNUM - LeBARON

"SERVICE AFTER THE SALE"



Editorials

I'M BACK

Everything here at my desk's been moved. Looks like Barry tried to inject a little order into all of this chaos while I was away. Anyway, thanks Barry.

Just back from Winnipeg, that infamous modern-day Sodom. The place is decadent! Buses run into town all day; lights stay on past 11 p.m.; and the movie theatres (yes, more than one) are open on Sunday. It's almost a relief to be back in Comox where the town is only open during daylight hours, 6 days a week. Missed the Fishing Report, too.

Why can't Winnipeg have radio like that?

...Aircom is still standing. About 2 dozen AMCRS Symposium attendees descended on DCOSMant like a swarm of locusts. After making ourselves thoroughly hated by asking embarrassing questions we fled back to our units.

...I hear that we missed some Base Alert exercises. Feel pretty bad about that. Maybe they'll hold a special one, just for us.

...Rumour has it that in an at-

tempt to pack more people on the 707, the seats are going to be removed and everybody forced to stand up. That way they can increase capacity from 800 to 807 per flight. (Not that it's crowded now, but I took 2 bites out of my sandwich last flight before I realized that the hand holding it belonged to someone 3 seats over).

...Pilot Career managers are on their way to Comox. You can tell because pilots are starting to go to work, doing a last minute cram of what their job is supposed to be. Time to carefully ponder what to ask them and what to tell them. If you like Comox and admit it, you may find yourself in Greenwood or Summerside. If you say you want to be posted, you won't be. Don't even think about Tutors or Musketeers as you know where you'll be in July. The best bet is to go on leave.

...Hallowe'en this weekend. Watch for the little munchkins on the road - lots of them are hard to spot in the dark.

BB

YOU AND THE LAW OF WAR

The other side commits atrocities, we merely incur regrettable incidents, right? Wrong! As a matter of Canadian law, national policy, and professional pride, all of us in the forces are obliged to obey the Law of War. Rule 11 states: "Disobedience of the law of War is a crime and not only dishonours your Country and you but renders you liable to punishment as a war criminal". The current UK Law of War Manual, which we have been using unofficially until our own manual is available, states: "All war crimes are punishable by death, but a more lenient penalty may be pronounced". This may sound a little drastic but it does catch your attention. War does not give you a license to kill. The old days of looting and pillaging are gone forever.

In combat you must respond as part of a disciplined military force. General George Patton emphasized this in a speech in 1944 to his subordinates when he said: "There is only one sort of discipline - perfect discipline. If you do not enforce and maintain discipline, you are potential murderers". The

law of War is one basis on which discipline rests in wartime.

We are all aware of the nuremberg trials held after World War II in Germany and of similar trials held in the Far East. The Canadian Forces also held some trials during that period. Four trials involving a total of seven German defendants were held in Aurich, Germany. All of the defendants were charged with killing or attempted killing of Canadian personnel held as prisoners of war. As a result of the trials, four of the defendants were shot and three were sentenced to varying terms of imprisonment. The best known defendant was Kurt Meyer, the Commander of 25 SS Panzer Grenadier Regiment in Normandy immediately after D-Day. He was convicted of inciting his troops to deny quarter to Canadian troops and of being responsible for the killing of eighteen Canadian prisoners of war. Initially he was sentenced to death but his sentence was reduced and he was eventually released after nine years imprisonment. In addition to trials held by the Canadian Forces, Canadian

War Crimes

Office of The Judge Advocate General

personnel also participated in the Tokyo trial of major war criminals and in a number of British trials of Japanese charged with mistreating prisoners of war, including Canadians captured at Hong Kong.

Fine, you say, we are prepared to try the enemy for committing war crimes but what about our own people? The records on this point are hard to find and difficult to decipher. It is difficult to say for sure whether or not we have tried Canadian personnel for war crimes. One reason for this is that we would not charge our own people with committing a war crime but with a related crime under Canadian law. For example, if a Canadian soldier killed a prisoner of war, he would be charged with murder, not with committing a war crime. In one past World War II case, "the kamloops Kid", a Japanese Canadian, was sentenced to death by a British military court for committing war crimes against prisoners of war, including Canadians. Before he was shot he was able to prove he was born in Canada. British authorities released him from custody

because they considered he should not have been tried by a British military court for war crimes because of his Canadian birth. He was then tried and hung for treason by a British civil court. We can say that no Canadian soldier has ever been executed for acts which could be classified as war crimes. Also, since the British were trying one of their own doctors for mistreating German prisoners of war while the nuremberg trials were being held, we presume Canadian personnel would have been tried if they had committed war crimes and sufficient evidence was available to justify a charge.

We have been a little short on war experience since Korea. While this is indeed fortunate, we should, however, benefit from the lessons learned by our neighbours to the south as a result of their experience in Vietnam. A small number of war crime incidents, particularly that at my lai, had an enormous impact in turning American public opinion against the war and in antagonizing the local population. The US forces did make a serious attempt to enforce the law of War by trying their own personnel for acts which could be classified as war crimes. The US personnel tried were charged with offences against their own disciplinary code instead of with committing war crimes. Because of our similar environment and values, we expect that, if the Canadian Forces went to war a serious effort would be made to enforce the law of War when our own personnel commit offences, and that offenders would be charged with offences against the Code of Service Discipline, not with committing war crimes. One other lesson learned by the US forces is that prevention is better than cure. For that reason, they have developed a comprehensive law of War training programme.



By Gordon Hardy of the People's Law School

Law Talk

UF FOAM

Don't blame the bearer of bad news. B.C. lawyer David Mossop hopes homeowners with urea formaldehyde foam insulation in their houses will remember this when they hear his message: law suits will probably not solve their problem.

The problem is that the insulation, which was pumped into more than 100,000 homes across Canada on federal government recommendation, has now been banned as a health hazard.

The health problems - including dizziness, headaches and an assortment of respiratory complaints - have forced some people to abandon their homes. To make matters worse, prospective home buyers are staying a barge-pole distance away from homes which contain the substance. Some real estate agents are even refusing to list them.

About 8000 B.C. homeowners installed urea formaldehyde foam insulation throughout the Seventies. According to Penny Tilby of the Urea Formaldehyde Foam Insulation Action Association, health problems occur in 10 to 15 percent of the buildings containing the insulation.

Members of her group are angry that the federal government encouraged homeowners to use the foam insulation - an unstable compound which tends to release a toxic gas - despite earlier warnings of its dangers.

Estimated costs to remove the substance vary from \$10 to \$30 thousand per home.

"At the same time that its use was dropping in the United States because of the health problems," she says, "it was promoted here by the government. A lot of our members used it purely because of the urging of the government."

Members of Tilby's group want to know who is

going to compensate them for the costs of removing the foam, loss of health and severely-reduced property values.

Maybe nobody, Mossop says, at least not as the result of law suits: "My view is that ten years down the road, most of these people will not be adequately compensated, if at all."

While many homeowners are hoping for a big court settlement, Mossop is skeptical about the effectiveness of law suits against the installers, the manufacturers or the federal government.

"The installers are probably the best people to sue in a legal sense," he says, "but the worst in a practical sense. Some of the firms which installed this foam are fly-by-night affairs which really don't have much money. In some cases, they don't have any insurance."

"You could sue them for breach of contract under the B.C. Trade Practice Act but there's not much point suing somebody who doesn't have any money," he says.

Mossop is not optimistic about the chances of suing the insulation manufacturers, either. Many people, he says, don't even know who the manufacturer was. As well, manufacturers would disclaim liability for their product by arguing that it was faulty installation rather than the product itself which was the cause of

the problems.

Pointing to a 1972 law suit by consumers against the Ford Motor Company which is still in the courts, Mossop says a urea formaldehyde law suit could drag on for five or ten years: "In the meantime, everybody's still living in the houses with all this gas and getting health problems."

A class action suit against the federal government by all the homeowners concerned is no answer either, according to Mossop. He cites estimates that the total cost of removing the foam insulation across the country could be about \$300 million. Even if a court found the federal government liable to pay this cost, the federal government could simply pass legislation freeing itself from the obligation to pay, Mossop says.

"They're one of the few litigants who can decide whether they're going to pay or not," he says. "The federal government would ultimately decide whether to pay out \$300 million or whether they spend it on something else."

Mossop also fears that a long court action could get the federal government off the hook to do something now about the problem. Rather than moving to help homeowners, the federal government could announce that it was waiting until a court decided the law suit.

He says the provincial government's offer to help finance an action by B.C. homeowners against the federal government is merely, "passing the buck."

"The other thing to remember about a law suit is that it will not remove the material from your house," he says. "All it does is give you money to do it. Remember, it was money

which caused the problem in the first place. I suspect we're going to get a lot of fly-by-night firms involved in removing the material. There could be a lot of problems if it's not done properly."

"It's important that people realize that the question of compensation is ultimately a political issue," Mossop says.

Mainstream Canada

Some Surprise Winners

By W. Roger Worth

When Revenue Canada's report on what people earned in 1979 was released recently, a lot of eyebrows were raised as the information, based on tax returns filed, became known.

Doctors, of course, led the income sweepstakes with average salaries of \$57,500, followed by dentists at \$51,800. Lawyers were a not-so-close third at \$44,600 per year.

What's really intriguing about the report, though, is the fact that government employees and people working for publicly supported institutions were hands-down winners in the broadly based occupational categories.

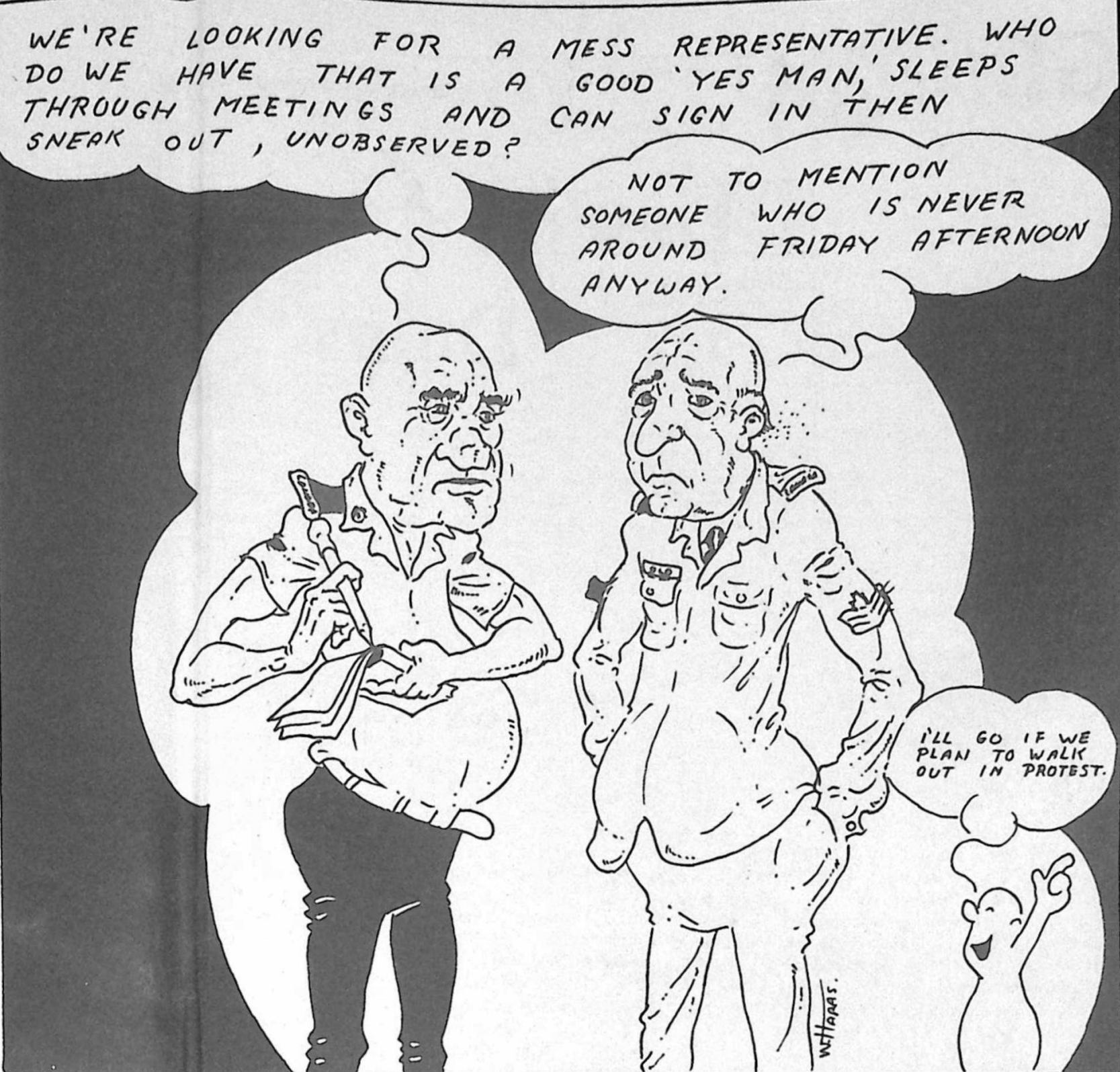
The nation's teachers and professors, for instance, earned an average \$21,988 in 1979. Federal government bureaucrats, at \$17,587, were well ahead of their provincial counterparts (\$16,547), and those at the municipal level (a mere \$14,696).

Further down the line, employees of business enterprises earned a lacklustre \$13,691, followed by institutional workers at \$12,112. Fishermen averaged \$12,625 and farmers earned \$12,598.

The point, of course, is that government employees, many of whom have been handed the right to strike, have used that overwhelming power to win lucrative wage and benefit packages that are well ahead of compensation paid to employees in the private sector.

Surely the time has arrived to turn back the clock by eliminating the right to strike by public sector employees.

Something is undoubtedly amiss when Canadians can earn more in government jobs than they can in productive businesses.



CNA TOTEM TIMES

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EDITOR: Bob Hills (2416/2505) or 339-4061
BUSINESS MANAGER: Dick Derkson (2471) or 339-6634
CIRCULATION MGR: Serge Wong (2516) or 339-4379
SECRETARY: Michelle Ramesbottom (339-5790)
EDITORIAL STAFF: Eva Nunnally Jelle Blom, Marcia Blom.
PHOTOGRAPHERS: Maurice Robert, Ron McMahon, and Base Photo
CARTOONIST: Willie Haras

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RALLYE

CAR RALLYE AUTO 1981

Le 17 octobre dernier, avait lieu notre rallye annuel, malgre la coordination et le bon vouloir des organisateurs, la pluie n'etait malheureusement pas au rendez-vous. Cela aurait pu mettre un peu de piquant dans l'affaire; surtout pour le navigateur, quand ca tombe comme des clous.

Donc le depart fut donne apres une inspection de securite ou certains furent faibles (Mr. jalbert fait reparer ta Van). Apres que tous furent passes la radar situe sur Astra Rd., les officiels conclurent que les femmes malgre leurs douces natures, leurs tendresses et leurs feminites sont des maniaques du volant et qu'elles appliquent une pression etonnante sur l'accelerateur ou en d'autre mets le pied dans le prelat.

D'autres equipes (HEIN Robert Richard) reussissent a passer un Check Point en sens inverse, tandis que d'autres, ne realise pas avoir passe sur un pont (Quel etait le prix de l'essence Alain Laroque?). Enfin dans Courtenay, un Toyota girs-bleu tenta mais en vain de suivre une voiture d'officiel (Sappere brun). Je ne sais pas, s'ils cherchent encore leur chemin; mais toutes personnes qui pourraient les rencontrer, s'il-vous-plait dites leur que le rallye est termine (Equipe No. 20 St-Arneault).

Blague a part, tout le monde a ete super et je voudrais remercier tous les participants pour l'effort qu'ils ont fournis, surtout les navigateurs (chapeau!).

Un remerciement tres special a Gerard et Tete Longchamps pour l'aide enorme qu'ils m'ont apportee pour le trace du parcours. Luc et Suzanne Maurice, Sylvain Leduc et Jean Brousseau pour m'avoir assistes comme officiels. Alain Laroque pour le party d'apres rallye. Catou laroque et michel Borduas pour la chasse au commenditaire, ainsi que marie labrosse pour la publicite. la derniere et non la moindre, ma femme pour son aide, son support et sa patience.

Gros merci a michel Couture et a toute son equipe pour le rallye. Pour ceux qui ont manques le rallye cette annee, nous esperons vous voir l'an prochain. Vous en avez manque un super de bon Samedi. Merci encore michel et tal gang.

Bravo a nes Champions; Congratulations to our Champs:

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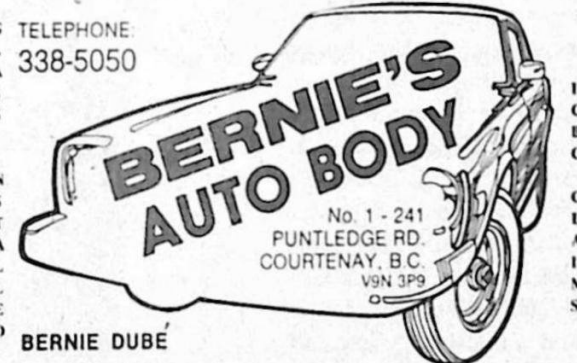
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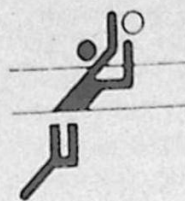


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LOOKING IN



RECREATION CENTRE NEWS

CROSS COUNTRY SKIERS TRAIN

A dryland and/or snow training clinic conducted by National Biathlon Coach, Kosti Uusikartano and assistants, will be held at Courtenay on November 7th and 8th for all race oriented cross country skiers of any age or ability. The program includes warm up and stretching exercises, hill running, walking uphill with ski poles, running uphill with poles, roller ski demonstrations and instruction.

For those interested in Biathlon, coaching and in-

struction will be available in the shooting aspect of the sport.

Meet at the Courtenay Recreational Association Complex, 489 Island Highway, Courtenay, at 10:00 a.m., Saturday and at 09:00 a.m., Sunday. Please bring running clothes and a change, ski poles, ski boots, lunch and a swim suit if you wish to round off the day's activities with a visit to the Sauna or whirlpool. If there is sufficient snow on Mt. Washington, bring those skinny skis.

BADMINTON

The Base Badminton Club meets each Sunday and Wednesday evening at 1900 hrs. All servicemen and dependants are more than welcome to turn out. A small fee is charged all members - so come on out and beat the bird. Racquets are available to all.

GIVE 'GIFT OF SIGHT' FOR CHRISTMAS

Two of B.C.'s most respected and prominent residents, Dr. Lawrie J. Wallace and Dr. Scott Wallace, are co-chairing this year's Operation Eyesight Universal's annual fund-raising campaign.

Dr. Scott Wallace, and Dr. Lawrie Wallace said in a joint statement that "while \$25 may not go too far towards buying a Christmas gift this Winter in Canada, a \$25 tax-deductible donation from British Columbians to Operation Eyesight Universal will restore the sight of a person with curable blindness in a developing country. This gift of sight to the blind will last a lifetime and it will give true meaning to the messias of Christmas.

Donors receive a card from OEU which gives the name and age of the person whose eyesight has been restored because of the donation, the date and place of the operation, and the attending physician's signature confirming that the surgery had taken place.

OEU, a registered Canadian humanitarian organization, founded in Calgary in 1963, restores the sight to approximately 55,000 blind persons in the World and aids over 375,000 blindless prevention treatments annually. The organization finances 51 medical teams in 16 countries in Asia, Africa, and Centra and South America through the generous donations of individuals, organizations, business and governments throughout Canada.

OEU's overhead expenses for fund-raising and administration are less than 10 percent. More than 90 cents from every dollar raised goes to the projects overseas.

SQUARE DANCING CLUB

The Square Dance Club meets each 2nd and 4th Saturday of the month in the Social Centre in the Rec Centre. There is room for a lot more foot stompers and skirt twirlers. For more information contact Bernie Rebeyka Loc. 2204.

LADIES FITNESS CLASSES

Monday, Wednesday and Friday mornings - are the days to join the more than fifty gals at 0930 for an hour of exercise and dance. It sure makes that coffee and jam busters go down well. See you all there ladies.

NEW HOURS — REC CENTRE

MON - FRI 0730 - 1630
SAT - SUN 1300 - 1600

INTERSECTION VOLLEYBALL

Volleyball league play will commence Wed. 04 Nov 81. First game will pit DET 5 vs BTelO and Ba40 vs BCompt, at 1130 hrs.

The second game will see Firehall vs BSupO and 442 Sqn. vs 407 Sqn. at 1215 hrs.

With the start of Volleyball - there will be no further noon hour Badminton play on Wednesdays.

INTERSECTION HOCKEY

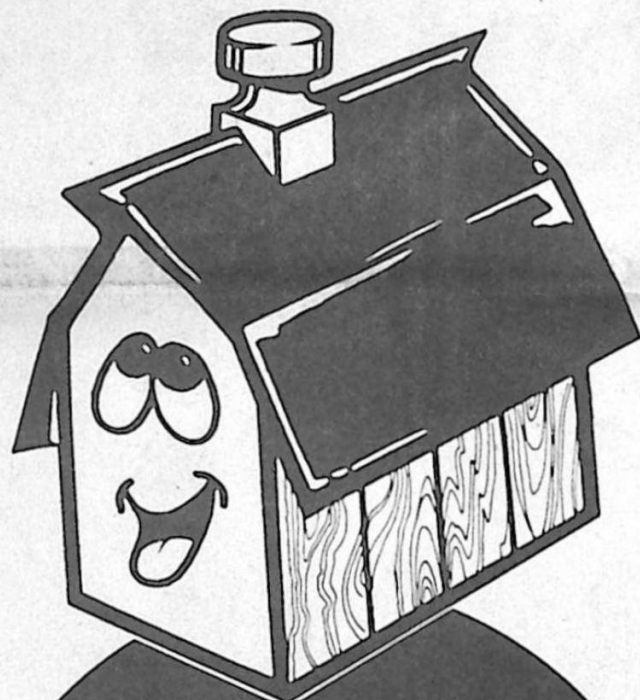
The Inter-Section Hockey league is underway for the 1981-82 season. We are happy to announce that there are two additional teams this year. The season got underway on Mon. 26 Oct. with six of the eight teams taking part. In the first game 442 was on the winning end of a 3 - 1 score with MSE. All 442 goals were scored in the first two frames, MSE got their tally in the 3rd. In the second game, last year's league winners ATC, were thrashed 15 p 4 by 409. Dan Smith accounted for five goals and two assists.

Well done, Dan.

In the third encounter the Security Team and VU33/Supply went head to head and the final scored was VU33/Supply with 4 goals and Security with 3. Don Kerr had all three goals for Security. The rivalry continues each Monday and Wednesday night at 1815 hrs. thru to the third game at 2145 hrs. Monday 2 Nov. will bring action from MSE vs VU33/Supply; 409 vs 407 Devils; Security vs 407 Demons. SEE YOU THERE - COME OUT AND SUPPORT YOUR TEAM.

WOOD HOBBY SHOP

SHORTLY, the Wood Hobby Shop will be moving to the old Barrack Stores building. in the meantime, Old George is still open for business as usual. Tues., Wed., Thurs. - 1800 - 2100 hrs. Sat. 1200 - 1600 hrs.



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OLD TIMERS HOCKEY

The Base old Timers hockey Club is off and chugging along. The club has played four league games to date and is undefeated in four starts. The season opener saw the Base defeat Port Alberni 10 - 8; Parkville 9 - 1; Campbell River 5 - 1; Powell River 6 - 3.

This past weekend the old Timers travelled to Campbell River to play in a tournament and lost out in the "C" Division Finals.

For good fun and entertainment you can take in an Old Timers Hockey Game every Sunday afternoon at the Base Arena.

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Pte. M.C. Hope proudly receiving his Good Show Award Scroll from Col. Chisholm.



MWO Lahey, Capt. Ferguson and Maj. Ousey of 407 Sqn. receiving Base Commander's Commendation for their nefarious activities 17 - 31 August.



Vancouver Island guidance counsellors touring CFB Comox.

Mainstream Canada

These taxes are "nuisances"

By W. Roger Worth

A lot of small firms in Canada have a legitimate complaint about the failure of governments to seek remedies for the "nuisance" problems created by double-digit inflation.

Consider what's happening in the general area of sales taxes, which operators of businesses are forced to collect. (Alberta, which happily has no sales tax, is the obvious exception).

In most provinces, sales tax need not be collected on candy, confections and soft drinks if the value is less than a predetermined ceiling. In Ontario, for example, items costing less than 49 cents are not taxable.

The low sales tax exemption ceilings, of course, create a great deal of hardship for the tens of thousands of entrepreneurs operating busy smaller retail and confectionary outlets across the country.

For instance, a customer purchasing two 35 cent chocolate bars for 70 cents is taxed.

Yet if the individual pays for the items separately, no tax applies. More and more, it seems, retailers are forced to double their efforts by com-

pleting two transactions rather than one. And that's a nuisance, particularly when other customers are waiting for service.

The solution to the problem: all provincial governments should consider increasing the sales tax exemption to at least \$1 to keep pace with inflation.

People operating the nation's restaurants, dining rooms and eating establishments have similar difficulties.

The ceiling on sales tax exempt meals has remained low, while food and operating costs, which control the prices of meals, have risen steadily.

These days, it is not unusual to find customers asking for separate bills (which beats the system in some provinces), or refusing to order an additional coffee or dessert because the bill would become taxable when the amount surpassed the predetermined ceiling.

The solution: raise the sales tax exemption ceilings to higher levels to keep pace with escalating costs.

Both operators of smaller firms and their customers would be delighted to get rid of these "nuisances".

CFIB Feature Service



Intersection Barrel Rolling Contest Winners - Cpl. Emery and Cpl. Rodgers.

Jr. Ranks Club

MOVIES:

Nov. 3 - THE MOUNTAIN MEN w/ Charlton Heston & Brian Keith
Nov. 10 - SILENT MOVIE w/ Mel Brooks & Marty Feldman

The popular local band "APEX" will be appearing 8 Nov. Admission \$2.00

The annual JRC Halloween and Costume Party will take place 31 Oct from 9 til 1. The music will be provided by the well known band "BRANDY" to the tune of \$1.00 with costume and \$2.50 without costume.

SPORTS

We have started HAPPY HOUR GAMES NITE again with different games every Friday. Watch the board in the Mess for the type of game and the start time.

The JRC DART LEAGUE has again started for the season, there are still a few spots open, but going fast. The league meets Monday night at 1900. For more info contact; Dave Ronaldson at Local 2417 or Bill Chesnut at Local 2235.

The club is also starting a mixed Dart League. This is open to all JR members and their wife or girlfriend. The first meeting will take place Sunday 18 Oct at 1300 in the Club. For more info contact the PMC at 2430 or Bill Chesnut at 2235 or 339-6186.

Grey Cup Day is fast approaching again with the club participating with it's normal festive zeal. Watch for more info in this paper and posted around the Base and Club.

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Cundil Value...35.6%	Marlborough...24.3%
AGF Japan Fund...61.6%	Canada Cumulative...46.4%
Guardian World Fund...67.2%	Universal Equity...16.2%
Industrial American...49.5%	Cdn. Gas & Energy...26.8%
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Fire Prevention Week: Recap



Airport School Fire Prevention Colouring Contest Winners - Div. 11 - Colin Cunningham, Div. 12 - Stacey Hayman, Div. 13 - Sara Carlson, Div. 14 - Susan McLean, Div. 15(AM) - David Vecquerry, Div. 15(PM) - Dawn Callaghan

Your Fire Department would like to say a hearty "THANK YOU" to all those who participated in, and helped make Fire Prevention Week 1981 a great success.

Right from the Opening Day Parade through to the activities of the final day the participation and enthusiasm was tremendous.

Congratulations go out to all the children from Airport School who did such a good job in the Fire Prevention Contests, and to Cpl. Emery and Rodgers of the MP Section who washed away all challengers in the Intersection Barrel Rolling Contest.

Thank you again for your support.

Also congratulations to Bicycle Decorating Contest winners,
1st - Krista MacLeod PMQ 107A
2nd - Dawn Callaghan PMQ 42
3rd - Erika Nunnikhoven PMQ 100



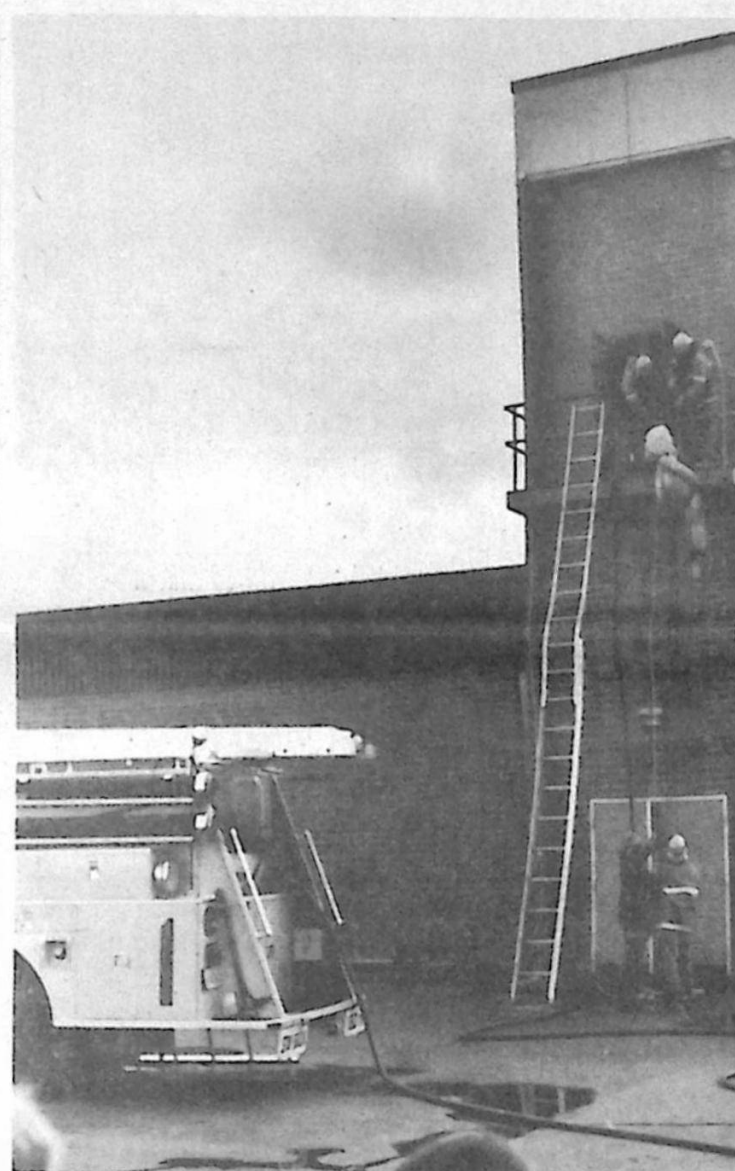
Intersection Barrel Rolling. These guys making sure the damn thing won't re-light. Eventual winners were Cpl. Emery and Cpl. Rodgers. They really know their way around a draft keg.



Airport School Fire Prevention Poster Contest Winners:
Div. 2 - Brian Hayward, Div. 3 - Jim Sparks, Div. 4 - Anne Guilb, Div. 5 - Nicole Knapton, Div. 6 - Karen Dodge, Div. 7 - Francoise Dipsell, Div. 8 - Jeff Jorgensen, Div. 10 - Donna Cooks.



The Five Stations of Prevention Smoke Detector Draw Winner Alex Morris PMQ 99.



Fire Department Rescue Demonstration during Open House 4 Oct 81.



United Way

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In the spirit of providing a much more equitable service to the most enlightened newspaper readers in the world, the CFB Comox Totem Times has instituted a new classified advertising price policy! We have changed our rates.

In future, it will be possible for you to get something for nothing! (But only once) First time classified ads up to 50 words will not cost you anything but the means by which you get it to us (stamps or gas). After the first time, the rate will be \$2.00 per column inch.

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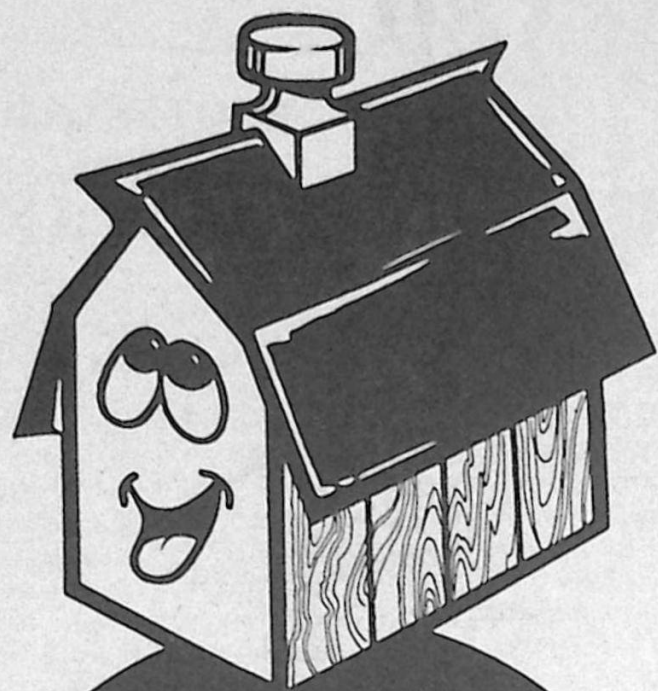
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**A NEW WAY TO
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NOVEMBER 3rd**

SUPPLY

Supply's space in the newspaper has been labelled "SEX" for a long time now, as in "now that I've got your attention..." Well, we've decided that if we don't have your attention by now you're just not trying. We're looking for a new title. If you have an idea, let "Hutch" in 1 SG know. This, by the way, will be a surprise for Pte. Hutchinson because he won't know he's been "volunteered" until he reads this article.

The last two weeks have been fairly busy. Shelley Watson won \$400 in the Snowball. Don't ask her for a loan though, because I have it on good authority that the money has all been allotted. Mel Wilson came back from the Golan a while ago and lodged a complaint. He didn't get a going away party, and he didn't get a coming home party. We rectified that oversight last Friday night. He had to share the lime-light, though, because along with his going away/coming home party, we also celebrated Marc nadeau's promotion to Corporal, Rene Briere's C.D., and Shelley's Snowball win. Some would call that cheap; we prefer to think of it as efficient.

The octoberfest went off really well. The Party Fund

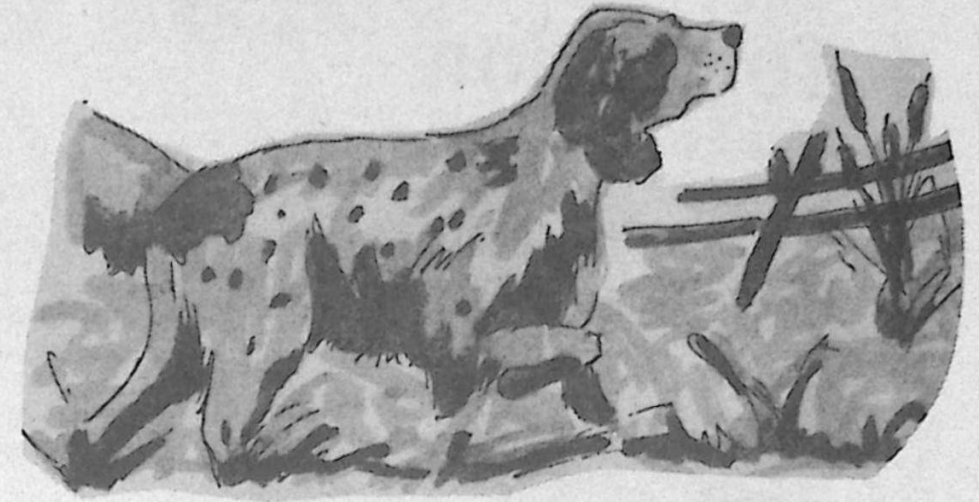
did a fine job -- first function for the new committee -- more to come. Denny O'Brien and Diane Shea did a great job on the food trays, didn't they? We have to give a special thank you to Diane because she got "volunteered" while minding her own business in the shopping center and wasn't even going to the party. We also owe a thank you to our DJ. Larry donated the \$75 he earned to the Christmas Party Fund.

On the sports scene, the privates are still losing in volleyball. That, in itself is allowed, but Lyle, don't you think its rubbing it in a little when you sit down on the court while they're serving?

There has been some desultory talk about Christmas parties lately. It brought to mind the fact that last year the major was given a whip by some obviously demented privates and corporals who were hoping for postings. To the best of my knowledge, it hasn't been used yet, but there's a rumour starting that he's looking for an assistant for a little demonstration at this year's party. The only requirements are steely nerves and a short nose. Any volunteers?

BLW

Canine Care in the Winter



(Robert L. Stear, D.V.M.)

This is the season when we start wearing sweaters and wool slack, and replacing screens with storm windows. It's also a good time to see that your dog is prepared to meet the approaching winter weather.

Although your dog may have been quite content to sleep under the stars all summer, it needs a winter-time shelter if it's to live outdoors. The shelter can be a simple box that you build at home, or you can buy a more elegant model, complete with nameplate and mock chimney, from a local lumberyard. The important thing to remember is that the dog's house should be snug and waterproof, to give protection against the cold winds and rain.

The size of the shelter is important. It should be just big enough for the pet to turn around inside. A dog uses its body heat to warm the doghouse in winter, and too much empty space creates a heat loss. Place the entrance to the house away from the prevailing winds or hang a piece of material in the doorway to

cut the draft.

If you already have a shelter, check to see that your dog still fits comfortably inside. Clean out the dust and debris from the past season, and reline it with clean newspapers, straw or old rags. These materials will help hold the heat and insulate the dog from the damp ground.

Much of a dog's warmth comes from the quality of its coat. Thick, clean fur has the best insulating quality. You can help your pet keep warm by grooming him regularly so that body oils and dirt do not mat the hairs down. If your dog is very dirty, try to wash him once before the cold weather really sets in. Choose a warm fall day or wash him indoors. Make sure that the coat is completely dry before the chill of evening.

If it's too cold for a real bath, you can use a dry dog shampoo or massage ordinary cornstarch into the coat to absorb most of the oil and dirt. The powder is then brushed out, removing most of the dirt with it.

Some pet owners feel their dogs need more food in the wintertime. For most dogs this is not the case.

You can ask your veterinarian for more details about a good cold weather diet for your particular type of dog.

Cold and related stresses can make your dog more vulnerable to certain canine infections, especially respiratory diseases. It's important for all dogs, whether they live indoors or outside, to be vaccinated against the major canine diseases. Besides being protected themselves, vaccinated dogs reduce the pool of susceptible animals that can spread canine infections.

If your dog lives indoors all year, your "weatherizing" program is somewhat different. Your pet will be exposed to additional heat, not cold. Some dogs have no reaction to the dry air of central heating, others develop scaly, itchy skin because of the lower humidity and higher temperatures. Again, check your veterinarian for suggestions. He or she can probably recommend a food supplement to put additional oils in your pet's coat.

CAR CARE

KITCHENER, Ont., Oct. 15 -- "If I have radials, do I need snow tires?"

A frequent question this time of year, and there are a number of opinions on the subject. Even some of the 'experts' can't seem to agree on whether radial snow tires are necessary or not.

"Winter radials will give you the optimum in safety and convenience for winter driving," says Donald McKenzie, head of tire construction at BFG Canada's Kitchener, Ont. tire plant. "However, depending on how much and where you intend to drive in the winter, there may be cases where radial snows aren't needed."

"If your driving is confined to the city and you don't plan to drive if there's a heavy snowfall, you can probably avoid investing in winter radials," he says. "But anyone who plans to do an appreciable amount of highway driving and will be driving in all kinds of weather should have winter radials, 'especially if you're headed for rural areas where snow removal may not be all that regular.'"

"It's a trade-off between the convenience of being able to use your car all winter and the expense of winter radials," says McKenzie. "Without snow tires you may have to be content to

stay home or suffer the consequences if you're caught in a sudden storm. It's hard to put a price on safety and peace of mind."

McKenzie stresses that if you decide not to buy winter radials, that you make sure your tires have transverse grooves (grooves running across the tire).

"With a straight-rib tire you don't stand a chance against winter," he says. "Transverse grooves will keep the snow from packing in the ribs."

BF Goodrich offers some further winter driving tips: -Never put bias-ply tires on a radial-equipped car. The difference in handling characteristics between the two constructions can cause unexpected control problems, especially on wet or snow-covered pavement.

-If you get stuck in heavy snow, use a light foot on the accelerator. Spinning your wheels is dangerous and will only dig you in deeper. Putting rock salt, sand or a traction mat such as wire mesh or carpeting under the rear wheels may help you get the bite you need.

-Proper tire care is important whatever the weather. Check tires regularly for wear, balance and proper inflation.

Studded tires can be legally used in British Columbia from October 1st to April 30th of the next year.

EQUIP YOUR CAR FOR SAFE WINTER DRIVING

BRAKES - Must be faultless and equalized so there is no pulling to one side with resulting skidding.

TIRES - Snow tires increase traction in soft snow. Drivers should ensure their regular tires have sufficient tread to provide traction on unexpected ice and hard packed snow.

EXHAUST SYSTEM - The muffler and tailpipe system should be checked for leaks to prevent deadly carbon monoxide gas poisoning in especially dangerous cold

weather driving when the windows are closed.

WINDSHIELD WIPERS - Should be checked for wear and tension. Don't forget anti-freeze added to the washers.

BATTERY - Battery power declines in cold weather. Have your battery checked and replaced if necessary. No one likes to push.

HEATERS AND DEFROSTERS - Make sure they are operational. Don't forget your rear window defroster.

EXTRA EQUIPMENT - Brush for clearing heavy snow, tire chains for when

the going gets rough, battery booster cables, shovel and a flashlight.

One of the most important pieces of winter driving equipment is the windshield scraper, as we all know from the last few weeks. ID cards don't do the trick, besides it makes them soggy. Drop by the MSE Safety Section and pick up a free scraper. We'd like to see you make it safely through the winter.

MSE SAFETY SECTION AND THE CANADA SAFETY COUNCIL - REMEMBER NATIONAL SAFE DRIVING WEEK 1-7 DECEMBER 1981.

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NATIONAL TEST PROGRAMME

SESSIONS

Monday	6:00 - 6:45 p.m.	Sports Centre
Tuesday	5:15 - 6:00 p.m.	Base Arena
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Around the base

Church Information



ST. MICHAEL'S AND ALL ANGELS SUNDAY SCHOOL

We are growing! These are just some of our teachers and children at St. Michael and All Angels Sunday School. We meet every Sunday at the church at 9:30 a.m. and go until 10:30. We have sufficient teachers, but helpers are always welcome!

On the **SECOND SUN-**

DAY OF EACH MONTH we will have a "FAMILY SUNDAY." On these Sundays there will be no classes but parents and children are invited to worship together at the 11 a.m. church service. We hope all parents will support and encourage their children to attend, as this is counted as

part of their Sunday School lesson.

Just a reminder of dates to mark on the calendar: November 8 December 13 - **FAMILY SUNDAYS**

Also on December 13th, we will have the children decorate the Sunday School Christmas tree with their

own hand-made ornaments right after the Family Sunday Church Service.

From 6 to 7 p.m. the children will go Christmas Caroling around the PMQ area - everyone welcomed.

Following the caroling, hot chocolate and cookies will be served at the chapel.

PROTESTANT CHAPEL GUILD

The ladies of the Protestant Chapel Guild are well into the fall season and are making plans for their Christmas Bake Sale, to be held November 28, 1981 in the Canex lobby at 10 a.m. We hope you will come out and that you will find some of your favorite items.

If you can help out by donating any baked goods, or crafts, please call Sharon Ainsworth at 339-6465 or

June Kuhn at 339-4996, or simply drop off at the bake sale. We won't be calling you personally for donations.

If you would like to know more about our Guild and its work, call either Sharon Ainsworth or June Kuhn or come to one of our meetings held in the Chapel Annex on the second Wednesday of each month.



OWC PLAYS BINGO

"Bingo" was the cry heard Thursday, October 22 as the officers' Wives Club enjoyed a super Lingerie Bingo. We were very pleased to have such a large turnout and welcome our many new members.

Our regular meeting was quickly dispensed with as we were anxious to get down to serious playing. Rae Isaac did a beautiful job of modeling each piece of lingerie to be won as Georgette Sinclair of Serendipity and Shirley Robb provided the commentary. Pat McQueen ran the Bingo games for us. To each of you ladies, a sincere thank you for all your work. Fay Gibley was the winner of the top prize, a beautiful dressing gown and Eileen Flath was the lucky raffle winner of the pottery dish. Congratulations to all our winners! Thank you Georgette for donating the door prizes which caused such a sensation.

Our next meeting, November 18 at 7 p.m. is an International Pot Luck. Please bring your favorite

Chinese, Italian or Canadian dish. If your talents are from another country, bring your speciality and we'll add it to our "Globetrotters" table. Don't forget to name your dish. Following dinner, join us in the lounge where we will see some great ideas for Christmas floral arrangements from "The Flower Pot". This is always a popular meeting so please join us!

We still have seats available on the "OWC Nanaimo Express" November 27. We will be leaving the base at 9:00 a.m., the Driftwood Mall at 9:15 and returning at 6:30 p.m. Stops are planned in Nanaimo, Rutherford Village and Woodgrove Mall. This is a great chance for Christmas shopping and for \$7.00 the price is right. Tickets will be on sale at our November meeting or contact Bev Worobets. The deadline is November 18. See you in November!

Barbara Myatt

BEAVERS

Dear Beavers and Parents:

First I'd like to thank the First Lazo Blue Colony Beavers for the lovely Beaver you gave me when I left for Winnipeg. I shall cherish it forever. Thank you, parents, for all the terrific support you gave to the Colony during the three years I was there. We really appreciated it. Thank you, members of the Ladies' Auxiliary, for all the cookies, juice and hot chocolate you supplied for us. Thanks to the Group Committee for all your help and support, and for the lovely certificate you presented to me upon my departure.

Beavers - Keep up your good work; you were terrific and I was always very proud of you. Good luck to all the boys who swam up, and enjoy your stay in the Wolf Cub pack. Thank you again to one and all, and good luck in your 1981-82 Scouting year.

Sincerely,
Jane Parker
(Rusty)

CAR CARE CALENDAR November



Fitness:
What it does
for your body
it does
for your mind.



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LIBRARY



Yes...there really IS a Base Recreation Library!!

We're located directly behind the theatre and we're open Monday to Thursday evenings from 1800 - 2100. Why not drop by and have a look at our good selection of paperback and hardcover books, magazines, newspapers and technical journals? We have a "kids corner" and a "young adult" reading section too. So bring the family along.

Everyone is welcome.

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Adults \$3.25, O.A.P. \$1.50,
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Thurs., Fri., Sat. - Oct. 29, 30, 31 - Elliott Gould,
Bill Cosby, Susan Anspach in Walt Disney's

"THE DEVIL AND MAX DEVLIN"

GENERAL

Mon., Tues., Wed. - Nov. 2, 3, 4 - Brooke Shields,
Christopher Atkins "THE BLUE LAGOON"

"Warning - Frequent nudity, some suggestive
scenes, occasional violence." - B.C. Dir.

RESTRICTED

Thurs. to Wed. - Nov. 5, 6, 7, 9, 10, 11
Chevy Chase, Carrie Fisher, Eve Arden

"UNDER THE RAINBOW"

"Warning - Occasional nudity" - B.C. Director

MATURE

Nov. 12-Lily Tomlin - THE INCREDIBLE SHRINKING WOMAN

Stardust
Drive-In Theatre

ALL ADMISSIONS \$3.50
ALL-NITER \$3.75
BOX OFFICE OPENS
7:30 P.M.
SHOW STARTS 8:15 P.M.

Friday, Saturday, Sunday -
October 30, 31 & November 1
Jerry Lewis, Susan Oliver
"HARDLY WORKING"

GENERAL

-PLUS-
Gary Coleman
"ON THE RIGHT TRACK"
"Warning -
occasional coarse
language" - B.C. Dir.

GENERAL

BASE THEATRE SCHEDULE CFB COMOX

Oct. 29 - Nov. 1

VICTORY

Michael Caine, Sylvester Stallone
Action Adventure
PRISON BREAK
SHOWTIME: 2000 hrs.

Nov. 5 - Nov. 8

S.O.B.

William Holden, Julie Andrews
RESTRICTED, Comedy
SHOWTIME: 2000 hrs.

**SUPPORT YOUR BASE THEATRE
AUTHORIZED PATRONS ONLY**