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# TOTEM TIMES



Vol 23 No. 19

CFB COMOX TOTEM TIMES

THURSDAY, OCTOBER 15, 1981

DEADLINE - Mon. Oct. 26, 1981

COST: PRICELESS



Here we go! With dropping temperatures comes the bane of motorists and the boon of ski buffs - snow. Local forecasters, experienced west coast residents and even the Farmer's Almanac all predict a reversal of last year's winter weather, when a dearth of snow frustrated sports enthusiasts and hilltop developers alike.



Headed down under. 405 Squadron recently returned from Australia after having captured the Fincastle Cup, as top team in the Commonwealth ASW competition. This picture was taken as they staged through CFB Comox on their way down under.

## A look at U.K. policy

".....we are most likely to preserve the peace if there is a military balance of strength between East and West."  
Earl Mountbatten of Burma, 1979

"The Soviet leadership appears to contemplate at least the possibility of a relatively prolonged exchange if a war comes, and in some circles at least, they seem to take seriously the theoretical possibility of a victory in such a war. We cannot afford to ignore those views - even if we think differently, as I do. We need to have, and we do have, a posture - both forces and doctrine - that makes it clear to the Soviets, and to the World, that any notion of victory in nuclear war is unrealistic."

Harold Brown, US Defense Secretary, 1980

Britain's defence policy, like that of her allies in the North Atlantic Alliance, has one central aim - to keep our freedom without war between NATO and the Soviet Union (and its East European Allies). The NATO allies (including the United Kingdom) pursue this aim in two ways - first, they try to reduce tension between East and West by seeking closer diplomatic contacts and understanding and by negotiating various treaties which limit weapons of all kinds; this is known as detente. Secondly, they try to maintain just enough armed forces to convince the Russians that attacking NATO would not be worth their while - this is known as deterrence.

The concept of deterrence has been the main plank of Western defence policy since the end of the Second World War, when the invention of nuclear weapons, with their enormous destructive power, revolutionised the nature of war. However, although the central feature of

deterrence - preventing armed conflict between the two alliances - has remained constant for thirty years, its nature has evolved because of developments in technology and tactics.

### The Tripwire Concept

During the 1950s the Soviet Union had much larger armies in Europe than NATO. But they did not possess nuclear weapons capable of striking the United States, whereas the United States (and later Britain) had nuclear weapons which could be used against the Soviet Union. An uneasy peace was maintained by what came to be known as the "tripwire" concept of deterrence. The Russians knew that if with their larger conventional forces they attacked any NATO country they risked pushing NATO into using its nuclear weapons against them and they knew that they would not be able to respond similarly with nuclear weapons of their

own. The danger involved in attacking a NATO country therefore far outweighed any advantage that might be achieved by such an attack.

### Mutual Assured Destruction

The tripwire concept was appropriate in a situation where one side had an overwhelming nuclear superiority. But by the early 1960s the Russians had also acquired nuclear weapons which could reach the United States. Soon both sides had so many weapons that neither could rely on being able to knock out the other's in a surprise attack. Each side had the ability to survive a surprise "first strike" nuclear attack and be able afterward to hit back with a "second strike" capability. It is in this second strike role that missiles launched from nuclear submarines are particularly important, since submarines can hide in the depths of the sea and avoid the effects of a surprise nuclear attack. Accordingly it became clear to both sides that if either of them used nuclear weapons against the other massive retaliation could follow.

This capacity for so-called Mutual Assured Destruction (MAD) provided stability of a kind. But in itself it dealt only with the problem of deterring all-out nuclear attack; and this was not the only problem facing NATO.

Although both sides now have massive nuclear strength the Russians and their allies continued to have very much larger conventional forces in Europe. There was always the possibility that Russia might use its conventional forces against a NATO country in the belief that the United States and the United Kingdom would be reluctant to respond with nuclear weapons. If, for instance, the Russians were considering a limited forward movement of their tanks into NATO territory they might think that NATO would not be able to stop them with conventional forces and would not wish to risk the dreadful consequences of a nuclear response leading to a nuclear counter attack. Obviously the tripwire concept no longer provided the answer and Mutual Assured Destruction on its own was not a sufficient safeguard.

see "Britain" p.4...

## Food for all

October 16 is World Food Day.

The Food and Agriculture Organization of the United Nations (founded in Quebec City on that day 36 years ago) has asked people around the world to observe World Food Day by becoming more aware of the problem of hunger and the need to increase efforts to solve it.

It is appropriate that the day should fall close to Thanksgiving, a time of plenty here in Canada when most of us are appreciating the blessings of our own share of Earth.

Few are as fortunate as we. Nearly 500 million people living in the world today are seriously malnourished - one out of every eight. Many millions die, not from starvation alone, but from the illnesses that prey on the underfed. In poor countries, one child in four does not live to celebrate a fifth birthday.

But what can I do, you might ask? Aren't there national and international organizations whose job it is to help improve this situation?

Yes, there are. But with increasing domestic problems in Canada and the other industrialized countries, these organizations are not getting the support - financially or morally - that they need. That is why, in the days leading up to October 16, Canadian volunteer groups, consumer and producer organizations, provincial and federal governments, and development agencies are organizing lectures, exhibitions, "hunger suppers" and other events to put the facts of the world food situation before the public.

You can help by taking notice of these events, by participating when you can, by simply educating your family and yourself to a situation that should not be allowed to continue.

"Food for all" is Canada's national theme for World Food Day. Wouldn't it be gratifying to do something, even a little thing, to help make this ideal become reality?

## "Fishwrapper" Exposed

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# Section news

## Nighthawks Nest

### NIGHTHAWKS NEST

A few weeks past, it was announced that Ron Egli was relinquishing the reins of "A" Flight after enduring several aborted coups over the duration of his tenure, and since then has been replaced by Major Jon Main.

As in filling any position, several criteria were established as to the qualities and traits of the various officers proposed, but as "A" flight is a select group, the prerequisites were somewhat different than the norm and were narrowed down to just two.

1. Age
2. Association with aviation

With the contest being thusly defined, a "short list" was announced and quickly thereafter the third finalist, Casey Stengel, was eliminated when it was found he had lied about flying ability.

This brought things to a head-to-head contest, and in the final count, the good major narrowly defeated Amelia Erhart.

The fact that the two other finalists are deceased was not considered by the judges to have necessarily swayed their decision in Jon Main's favour and, in fact, some Ottawa wags have gone so far as to speculate that had not a great deal of money changed hands, the leadership of "A" flight might well now be a joint venture.

Meanwhile, Pete Pellow has solidified his group of "B" flight by the third-and-true expedient of accusing all pretenders of treason, then having them dispatched without ado. In actuality, no one has been finished off yet, as two plotters came through with the money for the negatives and Brian Taylor and family have been exiled to England.

The Taylors have been given quite a break, both by being allowed to cover their disgrace with a posting message, and by being handed a few months grace in order to raise enough money to proceed to the isles after having squandered a fortune in an ill-advised foray into the massage parlor business.

In other posting news, a severe housing shortage in Cold Lake has led to the possible transfer of Chuck Fast to the northern Alberta hinterland. It is estimated that, should Fast continue his present approach to home construction, the area should be able to house eight oil workers and families, as well as several hundred S.E.A. refugees in about the time it takes for Chuck to be checked out as an instructor (Being either a comment on his building prowess or the amount of training he will require).

Glenn Buchanan is on his way next summer, but his destination is being kept

under the strictest security in order to prevent enraged B.C. neighbours from erecting huge scale-proof walls around the entire circumference of our province.

In closing, I'd like to pass on good luck wishes to Gerry Knight. October has always been a rough month for Gerry, as in last year when his Halloween trick fizzled. He figured it would be a good stunt to pass out an apple with a razor in it - but halfway down the street the batteries ran out.

BGJK



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Wet clothes extract body heat nearly 200 times faster than dry clothes.  
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The Canadian Red Cross Society

### SAREX 81

Our crew from 442 Sqn. is back from the Sarex after taking away 5th spot in the overall standings. The weather in Trenton was less than desirable and consequently most of the competition was crammed into a few days, some of it even being done at the Mountainview airport just north of Trenton. There were three major areas of competition; the Team Para Jump, the Search and Rescue Exercise, and the Medical Exercise.

In the Team Para Jump the Canadian Forces Training School Edmonton took first place and 442 Sqn. placed 5th. In the Search and Rescue Exercise the Training School in Edmonton also took first place and 442 managed fourth. All these standings are out of a total of twelve teams both from Canada and the U.S.A. The Search and Rescue Exercise involves searching along a route that is mapped out and coming up with all the necessary sightings. The route can only be gone over once and must be done in a certain length of time. Good map reading along with superb spotting are required to get all the checkpoints. 442 got them all.

The medical exercise is the one that the Americans always seem to excel in and they did very well taking three of the top five spots. 442 placed 9th out of twelve but did considerably better than last year. By the way, the best individual Canadian jumper was Sgt. Chuck Clements, a former 442 Sar Teck., and now with the Canadian Forces Training School in Edmonton.

It must be remembered that the entire Sarex competition is extremely competitive and that the difference between a first place team and the twelfth place team is very small indeed, for instance in the para Jump this may be represented by only a few meters. Congratulations once again 442 Sqn on taking 5th place out of twelve in the 1981 SAREX.



**Citation for Air Command Commander's Commendation:** On the morning of 27 Dec 80 the crew of a Labrador helicopter 306 rescued a total of 70 persons from flooded areas of the Cheakamus River Valley. They assisted in recovering 16 persons by rescue hoist in dense forest areas requiring close and effective teamwork by each member of the crew. The precise and exceptional manner in which each performed his duties in a difficult and oft times dangerous situation contributed significantly to the successful outcome of the mission. L to R - Capt. Price, Maj. Coward, MCpl. Amadio. Missing from the photo are MCpl. Gaudreault, Sgt. Ward, and Cpl. Trumbley.



**Citation of Chief of Defense Staff Commendation:** On the night of 26 Dec 80 the crew of Labrador helicopter 304 rescued four adults, one child and an infant from their flooded homes. Though in constant and grave danger, they manoeuvred a dangling Search and Rescue Technician through dense trees to reach the victims. Close and precise teamwork was essential to effect the rescue and ensure the safety of the crew. The exacting manner in which all crew members performed their duties in a difficult and perilous situation, contributed significantly to the successful outcome of this mission. L to R - MCpl. Gledhill, Cpl. Seager, MCpl. McMaster, Capt. McLellan, Sgt. Gray, and Capt. Gathercole.

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## OFFICERS' MESS ENTERTAINMENT

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**WEDNESDAY, OCTOBER 28**

**OFFICERS WIVES CLUB - BRIDGE** 2000 hrs.

## ENTERTAINMENT

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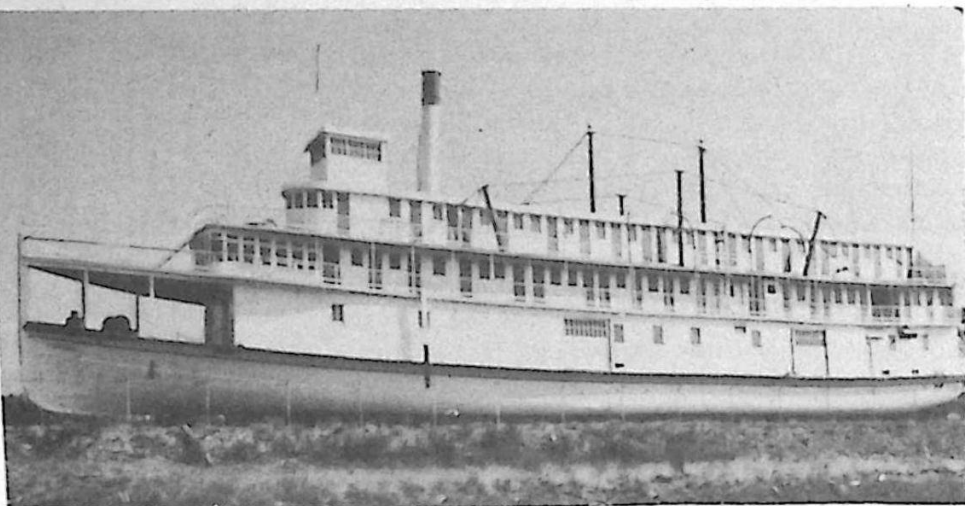
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Lt. Gerry Desrochers, recently arrived 409 pilot, failed his first combat ready training flight as, after being steered into Vis-ident position by Don Thornton, he incorrectly identified the above as an American B-57. Thorton was sent back for refresher training, as the trip was in the simulator and the ship pictured is on display at Carcross, Yukon Territory.



# 407 Demon Doins

## Family Day

Congratulations have to be sent out to the crew from VP405 Sqn. for their stunning victory at the Fincastle Competition held down in Australia during the past two weeks. Flying the Aurora, armed to the teeth with briefing tactics from their superior sister squadron in Comox - is it any wonder how they could ever lose? Briefings from 407 Sqn. included demonstrating the characteristics of what a submarine does, how to fly the Aurora in a tactical situation, how to be successful in winning a competition, and also how to keep ASOs out of the galley.

Again congratulations for bringing the trophy hardware back to Canada where it belongs. Bravo Zulu.

The squadron has finally started to settle down into the thick of things; flying more often, studying tactics, and once in awhile, brushing up on their dart and fooze-ball games. You know things are getting back to normal when the Flt. Cmdr. gets up at morning briefings and starts harping about all of those under 30 jocks to get out and complete their mile and a half run.

Crew 2's familiar faces are absent from the squadron coffee room this week, as they are down in

Greenwood checking out the fall colours. Rumour has it that the squadrons briefing to the Fincastle Crew was so good that they wanted a crew sent down in Greenwood to brief the squadron down there.

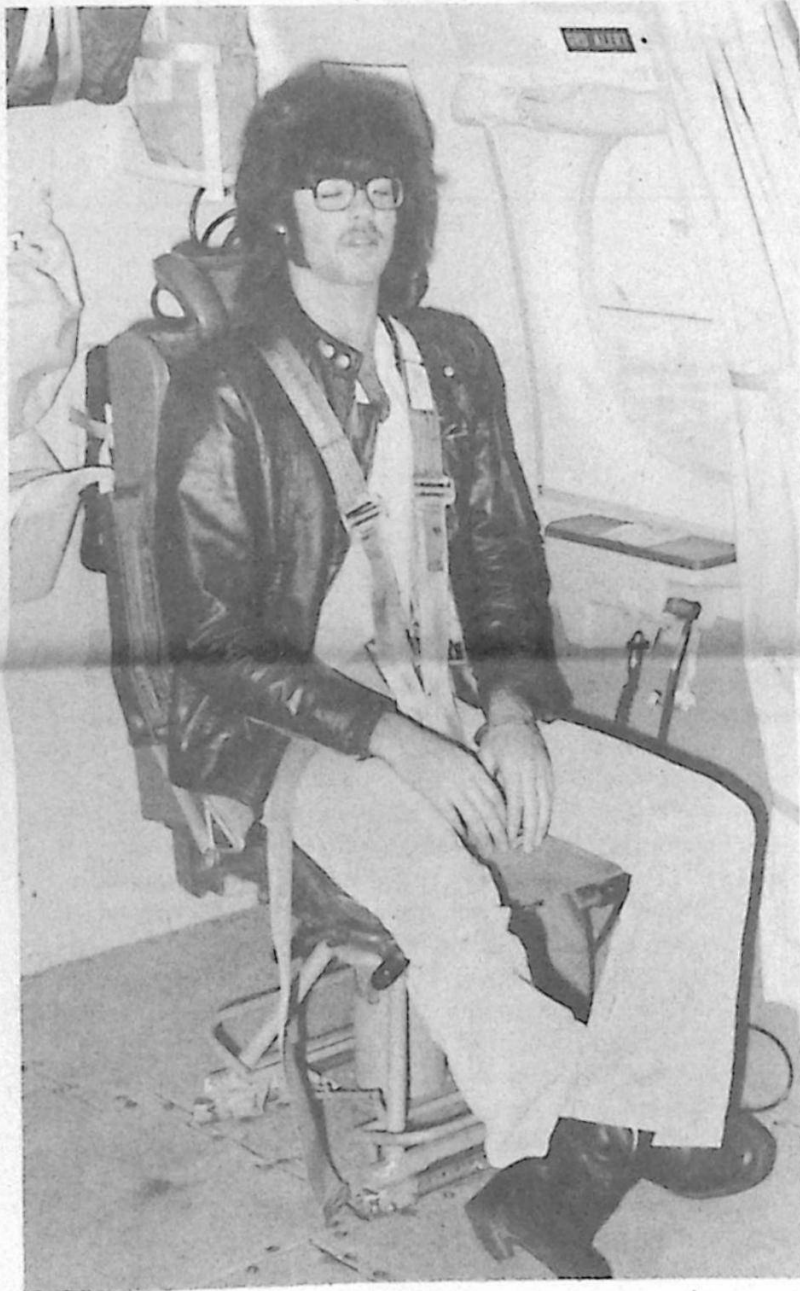
Crew 4 came back from their latest Norpat last week. Seems like they didn't have any time to meet any of the local people or eat many eggrolls. For the 3 days they were up in Yellowknife, they flew a patrol each day, getting up at all hours of the morning to take advantage of what little sunlight there was up there these days.

Crew 7 for their first operational flight since Con

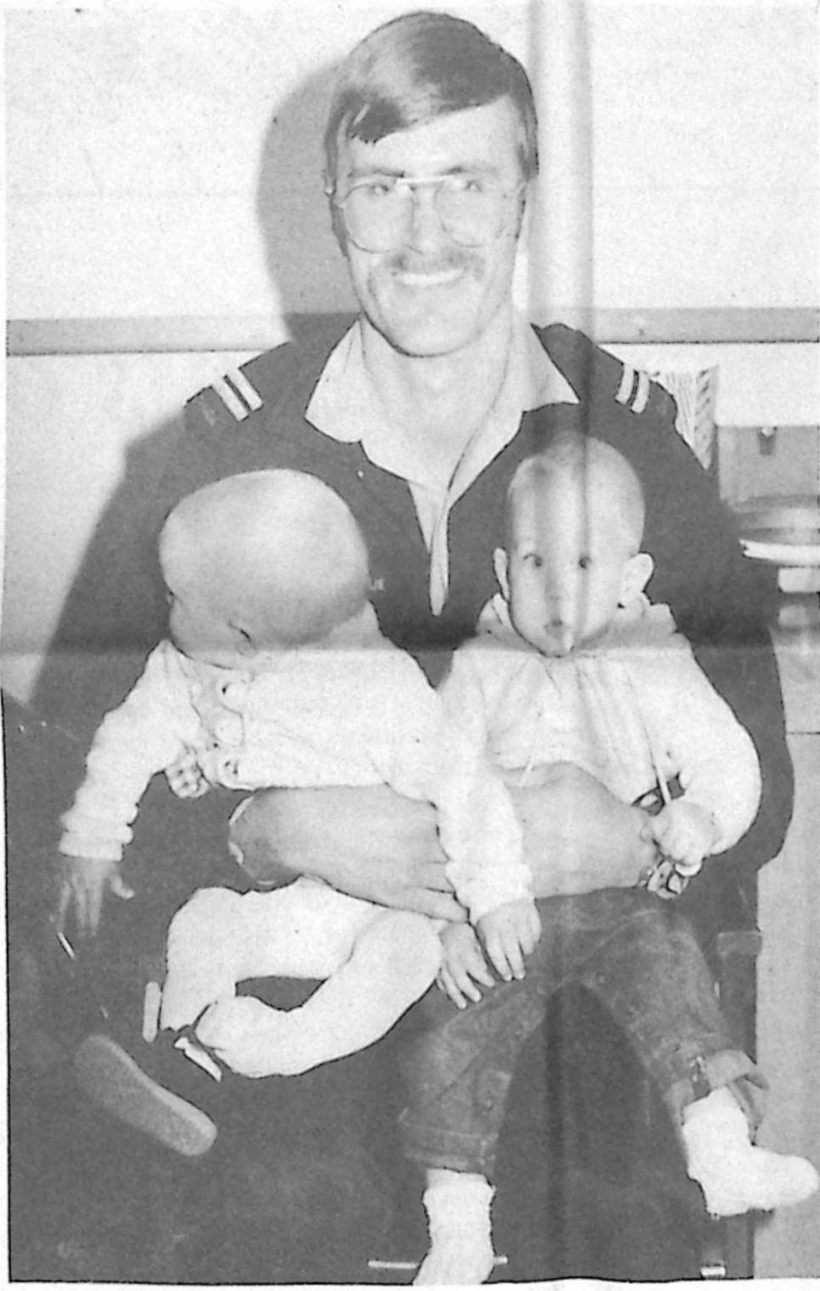
course, were involved in a local successful SAR mission. According to the crew captain, the crew found a fishing vessel, the Jeanna Marie, using radar, and when they flew on top the ship, there was no sign of life on board, yet the water pumps were working and the ship looked in reasonable good condition, considering it had weathered 100 km winds. After searching for survivors, they found the Sea Prince 23 km away and directed it towards the Jeanna Marie asking its crew to board the J.M. and see if there were any survivors while the Aurora crew would begin an ex-

panding search in the surrounding area. On it's way to the Jeanna Marie, the Sea Prince spotted the J.M. crew in a life raft. All 11 men were alive and had been in the raft for over 54 hours.

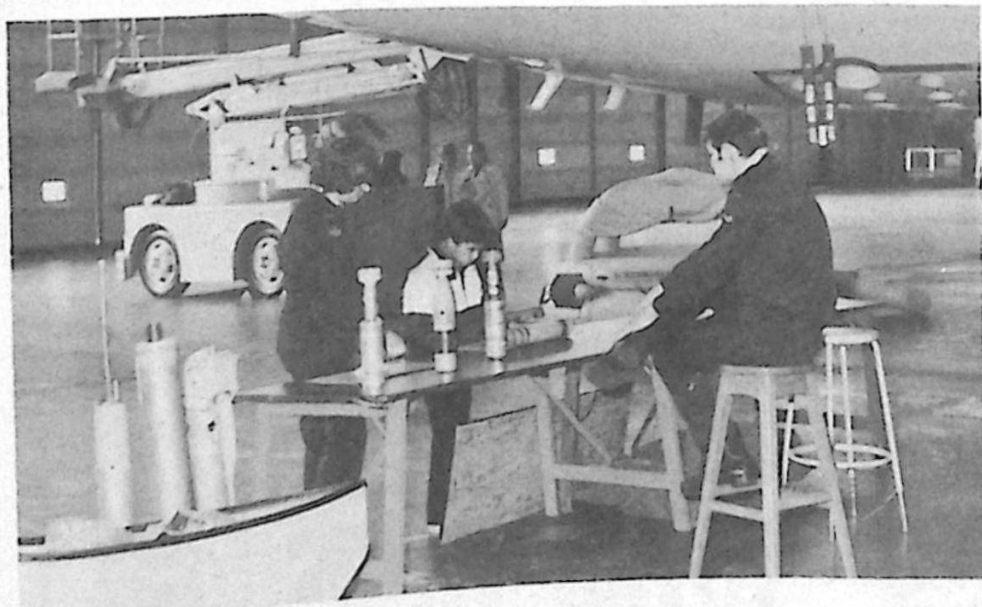
The squadron had its annual family day this weekend with everyone enjoying themselves. Rides on the new aircraft, squadron briefings, tours through the DIAC, Photo Section, Servicing, a kiddy korner complete with movies and popcorn made the day a complete success. Congrats go out to John LeRoss and his Crew 5 for their arranging a superb day.



So this is what Dad does on this aircraft!



Which one is the real ASO?



Would these ever be good for firecracker day!!

## SEX

Can anything replace "SEX"? I guess we're going to find out. Our present reporter is planning to try her hand as a foreign correspondent and will no longer be available to regale us with her insights on the domestic front. Our thanks to you, Irene, for doing it so well.

The flyers should be out. We're having an Octoberfest on Saturday, 24 October. Do you have a hat? a stein? are you into leather? Bring your stuff along.

We're also having an "Interlogistics Olympics". It's a fancy name for a lot of fun. Supply, Transport, Accounts and the Cooks are going to get together one afternoon in November to play a few games, have a few drinks, a bit of food and a little conversation. Sgt. Davis and Sgt. Chelley are going around with the info. Get your name in early because its another minimum manning situation.

Do any of you remember the notice that went around about the get-together in

the gym on Tuesday nights? It did say spectators were welcome, but there weren't too many watching. You missed a really good show. The first round was volleyball. The privates lost the first two games, enthusiasm losing to control as they played the jr. NCO's and to finesse when they played the Sr. NCO's and Officers. The final games between the Corporal's team and the Senior's team were great - daring saves, brutal spikes, mid-air collisions, serves lost and regained. Each game was fought right down to the end. The Corporals' team, consisting of TQ5's, Cpls, and MCpls won out in the end but it was no walk-away.

The next series is supposed to be floor hockey. That could be a killer, but I've heard a rumour that its going to be volleyball still. Someone, somewhere has an honest fear for his shins. Again, don't forget the Octoberfest. Ask the Party Fund collectors.

BLW.



407 DEMONS BASEBALL TEAM

Well, the 1981 baseball season is over and according to the oldest "living" member of 407 sqn., it was the best year to date. Once the team got used to playing baseball together, as well as the flying/Aurora courses schedule, we worked back from a bottom of the barrel outlook to ending up in their place for both the regular and playoffs season.

As you can see by the team photo (with a few missing players) the players were obviously not lacking

anything both in winning and losing. The team spirit was fun first (or beer!) and worry about losing later, which was purely evident by the teams "dress" rehearsal before one of the key games in the playoffs. The other team (older "gentleman's") protested until the 407 team was forced to remove their "dressy uniforms", before the start of the game. At least one team had a lot of fun, as well as "exercise". (more stiff landing elbows than any other physical injury in 407 sport history).

A special thanks to all the

players on team, a super bunch of guys to have a good time with, both on and off the field! See you next year!

The team: Punch Nahu, Bob Roche, Brian Thorburn, Mark Sabad, Dave Allison, Ritchie Smednziuk, Tony Ruthven, Bob Saunders, Don MacFarlane, Kevin Fleet, Peter Gregeroff, Ed Denton, Benoit Thauvette, Bill Beaton, Frank Nadon, Frank Berniquez, Red Gallenger, Ray Vachon, Mel Bolton, Bob Coltour.

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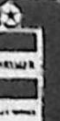
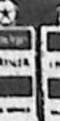
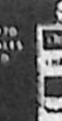
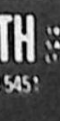
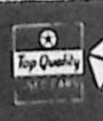
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## Editorials

# Obligation

Normally, editors regard the space reserved for "their" column with the same zealous protectiveness as a drill sergeant for "his" parade square, and inevitably treat would-be interlopers to the same look bowling alley owners save for customers with an overhand delivery. But with Bob Hills away in Winnipeg this week, I have the opportunity to mouth off in print for the first time since I left this paper a few months ago. Hence this article.

It occurred to me Tuesday evening, as the 405 Squadron Aurora sat shining on the ramp, just how much military international interaction there has been as of late. The aircraft was greeted on the ramp by a group of well-wishers intent on glad-handing them half to death for having just captured top honours in the Fin-castle competition - an anti-submarine warfare exercise held in Australia between Commonwealth nations.

Our own 407 Demons participate in Rimpac, Readix, and a host of other joint exercises with the U.S., Australia and other Pacific Rim nations. 409 Squadron flies with - and against - American and British crews on a regular basis and, of course, the list does not stop in Comox.

International cooperation is of paramount importance to every country on earth that has cause to rely on political or military allies. Historically, every war or battle that has been contested by nations acting in concert with others has been emphatically illuminated the difficulties inherent in trying to mesh men of different backgrounds, fighting styles, language and motivation into an efficient fighting force.

This is why it is imperative to

train as a team, and why joint exercises such as Rimpac, Autumn Forge and Maple Flag provide a much more realistic venue to this end than merely thrashing away at daily training.

It is not being overly shrewd to suggest Canada will not, in the foreseeable future, fight a war on her own. It is for that reason that every possible effort should be extended toward establishing firm military ties with the United States, Britain and the rest of our NATO allies.

You need not have peeked ahead to discern that I am lauding Canada for attempting this from within the military community itself - but that true international cooperation cannot be achieved on the one-way street we are riding. It is not a paucity of desire, but of funds, that is causing the increasingly vocal complaints from our NATO allies at our country's lack of willingness to contribute her fair share.

Canada must increase its military contribution to the alliance by a significant amount or suffer accordingly by lack of support from the other participating countries and possibly even total elimination from the decision making process.

To reap the rewards, you must be willing to pay the price and, looking from an overview, it is as incongruous to find a country with a standard of living and natural resource potential as high as ours contributing so little as it would be to find a joke book of toilet humour in the washroom of the Senate.

We stand perilously close to being officially chastised by the other member nations, and if the situation continues in this vein, it will not be long in forthcoming.

BGJK



## Britain's outlook

...cont'd from p.1

### Flexible Response

During the later 1960s, therefore, NATO developed a new strategy called flexible response. Instead of trying to rely entirely on the threat of massive nuclear retaliation to deter all possible kinds of Russian attack NATO decided that it must be able to respond flexibly. The aim was to be able to halt any aggression and to do that at the lowest possible level.

To make this deterrent strategy work NATO needed to have a range of forces broad enough to ensure that however the Russians thought of using their massive military strength NATO would always have available a

credible response. This did not mean matching the Russians weapon for weapon, but it did require having a reasonably large and varied armoury, including some smaller nuclear weapons that could be used against military targets on or behind the battlefield known as "theatre nuclear weapons".

The aim of all this was simply to convince the Russians that NATO would always have both the will and the ability to go on resisting any attack rather than accept defeat.

Theatre nuclear weapons are still appallingly destructive, and possessing them does not mean that NATO believes that a limited nuclear war is a safe or sensible notion. If nuclear exchanges start at any level

NATO believes that they are unlikely to stay limited. No NATO has to deter from starting a war. NATO therefore considered it vital to have sufficient nuclear weapons of varying types in order to deter the Russians from considering making an attack at any level; or, if in the event they made a limited nuclear attack, in order to allow - even at the last moment - a final opportunity to avoid an all out nuclear war.

These concepts lie behind the recent NATO decision to base US Pershing II ballistic missiles and ground-launched cruise missiles in Europe.

### US Countervailing Strategy

They also lie behind the gradual evolution of US deterrent strategy. This has recently been codified in US Presidential Directive 59 (PD 59), signed in 1980. This strategy - known as the Countervailing Strategy - is not new. It does no more than make clear that the United States has the ability to use its nuclear weapons

against different numbers and types of targets including specifically military targets. This is made possible by the increasing accuracy of nuclear weapons. As a policy it is designed to underline NATO's capability for flexible response, not to make limited nuclear war easier or more likely, the US does not believe that to be sensible. The policy is intended to counter any Russian thought that military targets could be attacked with impunity because NATO was reluctant to start a nuclear exchange against civilian targets and had no other options available.

### The Basic Aim

The present position is therefore a military stalemate. Both sides are able to survive a surprise nuclear attack and to launch a "second strike" nuclear retaliation. Both sides have a range of

smaller nuclear weapons and although the Russians have more conventional forces in Europe than NATO, NATO has enough to offer resistance to a conventional attack. But the situation is not static. If one side makes a significant advance in the design or deployment of weapons the other side may have to counter it to ensure that the gap does not grow so wide that deterrence is undermined. As long as we do this war can be prevented - as it has been for over 30 years. Neither side can see advantage in starting a war or in threatening a nuclear attack.

Deterrence is not an attractive wavy of ensuring peace. But at least it has worked. There is no alternative as yet which can keep us safe and free. And it gives us time and incentive to get international agreement on disarmament measures which everyone agrees are the best way of guaranteeing world peace.

(The above was excerpted from "Defence Fact Sheets 1981")



COMOX DISTRICT  
UNITED WAY  
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# HELP

CNA TOTEM TIMES

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EDITORS: Bob Hills (2416/2505) or 339-4061

BUSINESS MANAGER: Dick Derkson (2471) or 339-6634

CIRCULATION MGR: Serge Wong (2516) or 339-4379

SECRETARY: Michelle Ramesbottom (339-5790)

EDITORIAL STAFF: Eva Nunnally, Jelle Blom, Marcia Blom.

PHOTOGRAPHERS: Maurice Robert, Ron McMahon, and Base Photo

CARTOONIST: Willie Haras

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Past revisited. In a modern day version of the famous biblical story, the BPServO, Maj. Carmichael is turned to salt after having ignored all admonishments and glanced over his shoulder while fleeing last week's brutal mess dinner. Others who remained suffered similar fates in varying degrees.



# GENS DU PAYS

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**Arranger le portrait**  
(To fix ones picture)  
To fix someone's face. Je vais t'arranger le portrait.

**AU BOUTTE!**  
(At the end)  
He's the most, he's the end, gone. It est au boutte.

**Monter un bateau**  
(To build a boat)  
To con someone. Il s'est fait monter un bateau.

**Tres bleu**  
(Very blue)  
To be very mad. Il est tres bleu.

**Beau fin**  
(Nice smart)  
Not very smart. Tu es un beau fin!

**Botcher**  
(To botch)  
To do a bad job.

**Crampant**  
(Cramping)  
Hilarious. C'est crampant!



## BONNE CHANCE AU RALLYE!

Comme vous le savez  
deja sans doute, le rallye  
automobile annuel du Club  
"Gens du Pays" aura lieu  
samedi prochain, le 17 oc-  
tobre. Tous les participants  
devront etre au station-  
nement du Canex pour  
MIDI. Le tout debute par  
l'inspection de securite  
suivie d'un briefing general.  
La premiere voiture partira  
vers 1230 - 1245 et les autres  
suivront a quelques  
minutes d'intervalle. Les  
details concernant le rallye  
comme tel seront fournis  
durant le briefing et je ne  
vais pas ici "vendre la  
chandelle", mais plutot  
vous donner un apercu de  
ce qui doit etre fait avant

que la premiere voiture  
prenne le depart...  
C'est Michel Couture  
qui organise le gros du  
rallye avec l'aide de  
quelques autres gens. Pour  
permettre un plus grand  
nombre possible de par-  
ticipants, on a tente de  
reduire le nombre de per-  
sonnes impliquees dans  
l'organisation. Cela cause  
cependant plus de travail  
pour une poignee de per-  
sonnes. Le trajet du rallye a  
ete d'abord elabore sur  
papier, suivi de plusieurs  
essais en voiture, par  
l'organisateur et par  
d'autres personnes non-  
impliquees pour voir si le  
tout est clair et concis et

pour minuter le trajet.

D'un autre cote, il faut  
aussi de l'equipement  
divers: radios, haut  
chronometres, haut  
parleurs, etc. On a reserve  
le centre social (en haut du  
gymnase) pour se rencon-  
trer et donner les prix.  
Deux ou trois personnes ont  
aborde un grand nombre de  
marchands de la region  
pour obtenir des prix sous  
forme de bons d'achats ou  
certificats - cadeaux, ainsi  
que trophes pour les  
premiers, et medailles  
d'argent et bronze pour les  
deuxiemes et troisiemes.

Un changement cette an-  
nee est que le rallye se ter-  
minera plus tot dans la

soiree. Il a ete convenu de  
ne pas avoir de party, ou  
souper comme l'an passe.  
Plutot, on va se reunir au  
centre social et prendre une  
biere ou deux en attendant  
les resultats. Au fait, votre  
billet de participation vous  
donne droit a une biere  
gratuite... Le tout devait se  
terminer vers six ou sept  
heures afin de liberer les  
gens qui ont autres choses a  
faire ou qui ont des enfants  
a la maison.

Pour revenir au rallye  
comme tel, on aura besoin  
de volontaires pour les dif-  
ferentes etapes. Si vous etes  
interesses a participer  
comme officiel, appelez  
Alain Larocque, 339-5875

ou Michel Couture, 339-  
7556. On a un probleme de  
ce cote la parce que trois  
directeurs seront absents en  
cours et d'autres travaillent  
cette journee-la. Il nous  
faut huit officiels en tout!

On vous rappelle  
finalement de vous inscrire  
le plus tot possible: on a  
limite les inscriptions a 30  
voitures. Alors, trouvez-  
vous un navigateur ou  
pilote et inscrivez-vous! Ou  
devenez officiel si vous etes  
seuls avec ou sans voiture!  
On aura besoin de vous!

Bonne chance a tous et  
andusez prudemment!...

Michel B.

## NOUVELLES

C'est le 5 novembre a  
1300 heures que la piece de  
theatre "Le petit prince"  
sera presentee au theatre  
cinque de Courtenay (Coin  
de la Sieme et Cliffe).  
Quelques membres du club  
ont pu regarder la piece a  
Vancouver et les commentai-  
res sont tres positifs. Si vous  
etes libres, allez voir ca!

On a maintenant un  
systeme de son au local. On  
peut y faire jouer des  
disques, cassettes, ou la  
radio. Quand le local est  
ouvert, venez faire un tour  
et prendre un cafe en bonne  
compagnie...

Le travail debute sous  
peu aussi pour doter le local  
d'une salle de toilette. (Plus  
d'excuse maintenant pour  
ne past venir faire un  
tour...)

L'exposition de livres  
aura lieu vers la fin-  
novembre. On y trouvera  
plusieurs livres ainsi que des  
cartes de Noel en francais.  
Juste a temps pour les fetes!

On aura aussi une grande  
collecte de paniers de Noel  
en decembre pour les  
familles defavorisees de la  
vallee. Cela fera connaitre  
le club encore davantage.

Cette semaine, nos  
felicitations vont a Gilles et  
Nicole Fortin! Leur petite  
fille, Helene, est nee le 3 oc-  
tobre dernier et se porte en  
très bonne sante, ainsi que  
la mere. Quant au pere, qui  
sait!...Felicitations!

Vous avez des nouvelles a  
communiquer aux autres  
gens? Donnez-moi un coup  
de fil: 339-5042. A la  
prochaine.

Michel B.

## OUI, C'EST SAMEDI!

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17 OCT 1981  
MIDI - NOON

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- AU DEPART - AT STARTING LINEUP:  
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Pourquoi Pas?

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DIRECTEURS: PUBLICITE: MARIE LABROSSE 339-2763  
INFORMATION: MICHEL BOURDUAS  
339-5042 ou loc 2308  
EDUCATION: FRANCOIS SIBERSKY 339-4381  
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SPORTS: CONRAD BOURGEOIS 339-5204  
ACCUEIL: JACQUES VALCOURT 339-6225  
CULTUREL: MICHEL COUTURE 339-7556  
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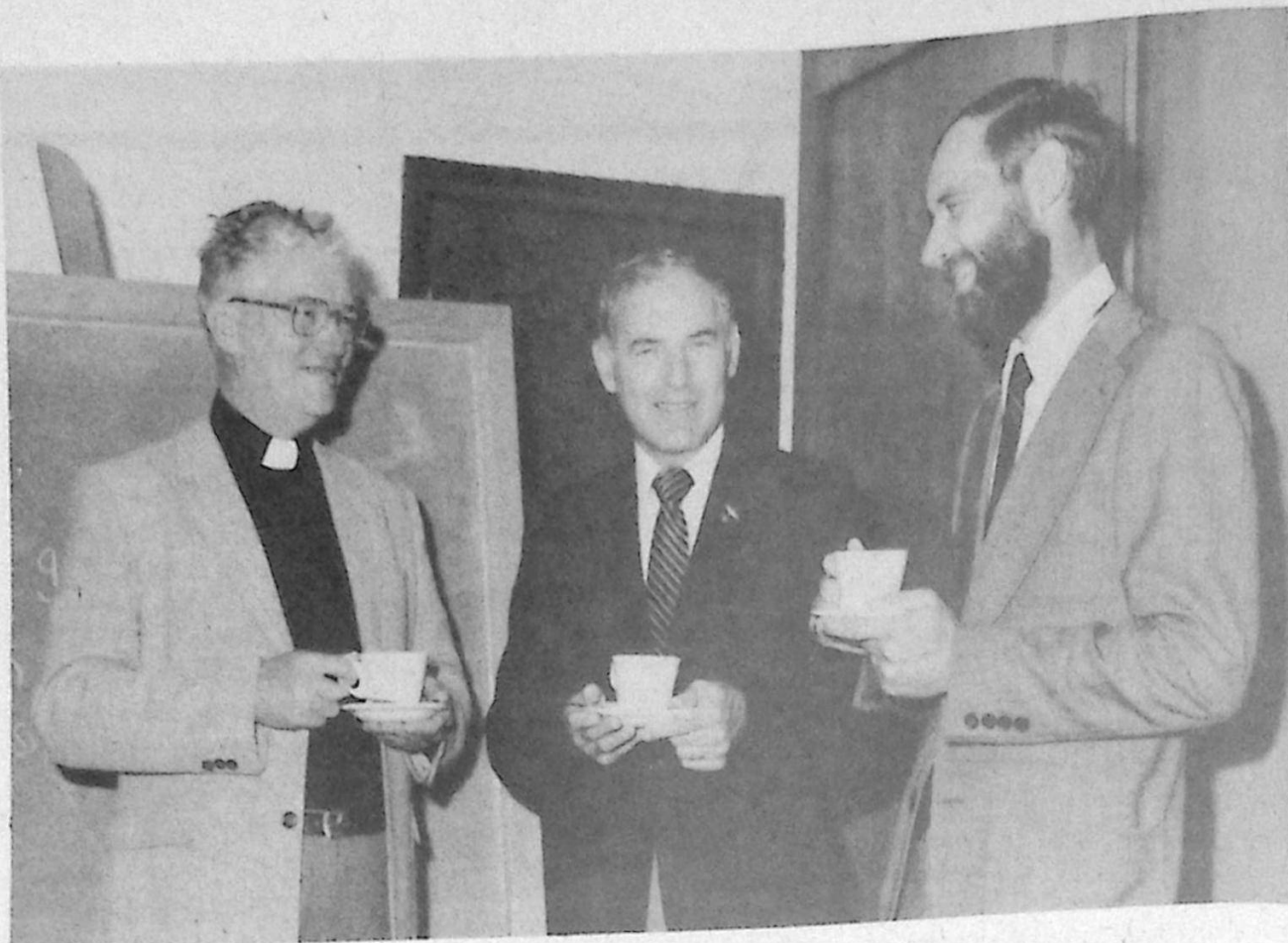
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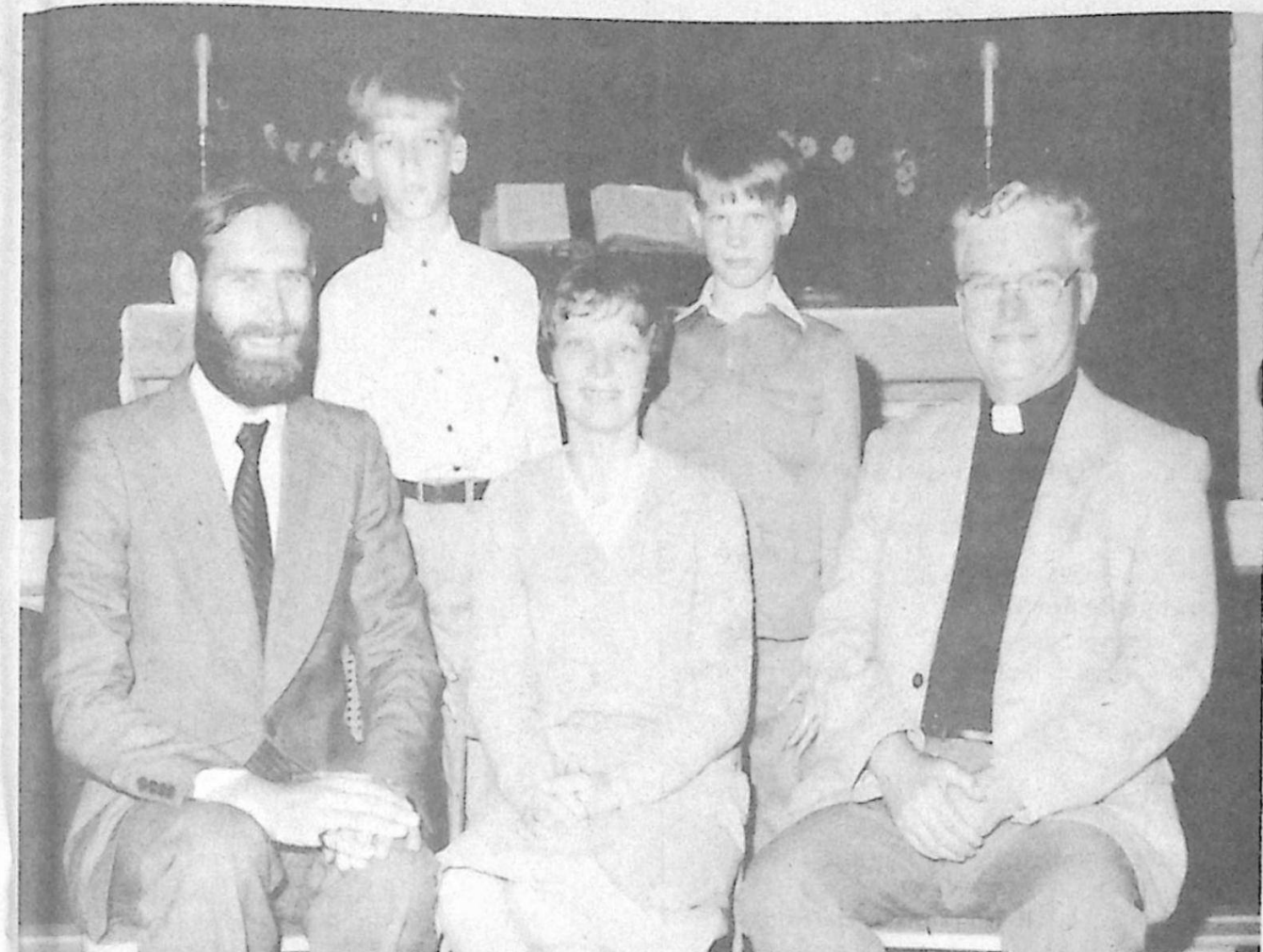




Col. Chisholm mixes with the padres in the Church Annex after the Welcome Service.



Padre Risch always has this gleam in his eye, when he receives a fat cheque for the Chapel.



We welcome to Comox, Padre Bob Risch, his wife Deirdre, and his sons Derek and Kevin, as well as Padre Fred Lynch.

## BATTLE OF BRITAIN

10 July - 31 October 1940

On Sunday 20 September 1981 at 1100 hours, the Battle of Britain Sunday was commemorated at the Divine Worship service at St. Michael's and All Angels Protestant Chapel at CFB Comox. The photo shows: Col. Chisholm reading the lesson. Also Col. Ireland (ret.) read "High Flight", Padre Risch preached, Padre Lynch officiated, and The Honor Roll was read by LCol. Clements. The units and squadrons on base were well represented at both Protestant and Roman Catholic Worship Services. The servicemen and their families who attended the services, came to pay tribute to the 47 Canadian officers and airmen who gave their lives for our freedom.

## CHAPEL NEWS



PADRE

FREDERICK WILLIAM LYNCH

We welcome to CFB Comox Padre Frederick William Lynch, who will be one of the Protestant Chaplains at St. Michael and All Angels Chapel. Padre Lynch is an Anglican Clergyman who arrived on 12 Sep 81 and resides at Single Quarters, Bldg 79, Room 117A, Telephone 339-2211, Local 2273. He came unaccompanied as a Class 'C' Chaplain from Winnipeg. He will be with us until 12 Sep 82 and he will provide valuable service for our Lord Jesus Christ. Capt. Lynch's special assignment is being the padre to the operational Squadrons on Base. With his arrival we are able to celebrate weekly Eucharists according to the Anglican tradition every Wednesday at 1900 hours at the Chapel. Padre Lynch was born in 1925 in Scotland where he joined the Royal Navy in

February 1943, serving as a Fleet Air Arm Pilot until December 1946. He was on loan to the RCN from July 1945 until March 1946, thereby being one of the founding members of the Canadian Naval Aviation, serving with the first Canadian Torpedo Bomber Squadron, No. 825. Padre Lynch emigrated to Canada in October 1947 and entered into the Anglican priesthood studying at St. Joan's College in Winnipeg from 1950 to 1958. Upon ordination in 1958 he served as priest in the Diocese of Brandon at Elgin, Manitoba from 1958 to 1960, later he served as a clergyman in Boissevain, Manitoba from 1960 to 1964, and then continued his ministry in Flin Flon, Manitoba from 1964 to 1975. Following two years of post graduate studies at

the University of Manitoba from 1975 to 1977, Padre Lynch, who has been a Primary Reserve Chaplain since 1965 accepted employment as a Class 'C' Chaplain, serving at CFB Toronto (1979), at CFB Shilo (1980-81) with short periods of service at CFB Chilliwack, CFB Calgary and at CFB (Det) Dunburn. Padre Lynch was married to the former Nancy Lee Smith in August 1957, and has three children: Nelson, age 22, who is a post-graduate student at Carleton University, Ottawa; Alison, age 21, who is at the School of nursing at the University of Manitoba; and Honor, age 18, who is a music student at the University of Manitoba. The Base Commander and the Base Chaplain (P) welcome Padre Lynch to this Base and wish a fruitful and rewarding ministry among us.

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## WELCOME SUNDAY

27 Sep 81

The congregation of St. Michael and all Angels Chapel welcomed the two new Chaplains - Padre Fred Lynch from Winnipeg and Padre Bob Risch and family from Trenton. Also welcomed were new members of the congregation. Maj. Ron Carlson, Commander of U.S. Detachment and his wife Sharon were chosen from among the congregation as worthy representative of new arrivals to our chapel.

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# Around the base

## Church Information



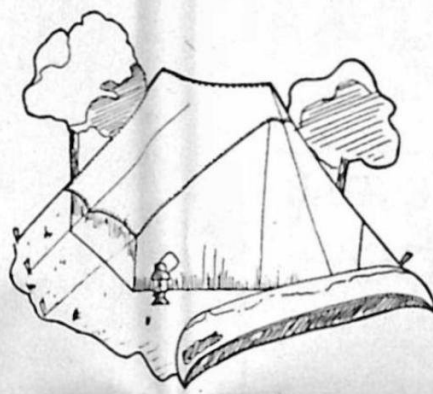
**Chaplains:** Padre Bob Risch (UCC)  
Padre Fred Lynch (ACC)  
**Chapel:** Bldg. 88, Wallace Gardens  
**Office:** Headquarters Bldg.  
**Tel:** Loc 2273  
**Worship:** Sundays 1100 hours  
**Nursery:** provided during Worship  
**Eucharist:** First Sunday of every month at 1100 hrs., and also every Wednesday at 1900 hrs.  
**Sunday School:** Sundays at 0930 hrs. There is no Sunday School the second Sunday of every month as this is Family Sunday for families to attend Church together.  
**Sunday School Superintendent:** Mrs. Susan Stobbart - 339-6807  
**Choir:** Senior Choir: 1200 hrs. on Sunday  
Junior Choir: 1830 hrs. on Thursday  
**Ladies Guild:** Second Wednesday of every month at 2000 hrs., held in Chapel Annex.  
**EVENT:** 28 Nov 81 at 1000 hrs.  
Bake Sale at Canex Lobby  
**President:** Mrs. Sharon Ainsworth 339-6365  
**Chapel Committee:** Second Tuesday of every month at 1930 hrs.  
**Chairman:** Maj. Bill Mazey 338-9197  
**Youth Group:** Every Saturday at 1930 hrs. in Chapel Annex

**Person to Contact:** Lt. Jim Theisson 339-5265  
**Praise & Prayer Group:** Every Monday 1900 hrs.  
**Person to Contact:** Mrs. Gloria Sponselee 334-2201  
**Confirmation Classes:** Saturday 9 Jan 82 at 1300 hrs., in the Chapel Annex (10 lessons)  
**Religion in Life classes:** Saturday, 9 Jan 82 at 1400 hrs., in the Chapel Annex (6 lessons)  
**Chief Sidesman:** Sgt. Colin Ainsworth 339-6365  
**AMU Coffee Shop Con-venor:** Brenda Adams 339-2329  
**Altar Guild:** Mrs. Joan Buchan 339-4305  
**Coming Events:** Rededication Sunday - 25 Oct 81 at 1100 hrs.  
LCol. D. Hatfield, officiating.  
Congregational Supper - 8 Nov 81 at 1730 hrs.  
**Duty Chaplain (P):** Oct 11 - 18 - Padre Risch  
Oct 18 - 25 - Padre Lynch  
25 Oct - 1 Nov - Padre Risch  
Duty Chaplain (P) can be reached via Base Operator at silent hours. Home phone number of Padre Risch - 334-3575  
Residence Local of Padre Lynch will be: 2273; BB79; Rm. 117.

## Free Course

Do you know how to make a will and what should be included in your will, or what happens in the event that you may die without a will? A free law class called **WILLS AND ESTATES** will be offered to answer such questions and will be presented in layperson's terms.  
This class is co-sponsored by People's Law School and the Comox Public Library with the co-operation of North Island College.  
The class will be held on Tuesday, Oct. 20 and Wednesday, Oct. 21/81 from 7:30 - 9:30 p.m. at the Comox Public Library.  
Other topics to be considered by the instructor are restrictions on your testamentary freedom, the probate/administration of an estate, forms and special clauses, and taxes.  
Pre-registration is required, and this can be done by phoning 334-3369.

## Scout News



The First Lazo Scouts, Cubs and Beavers would like to thank the residents of PMQ's and Lazo for their excellent response during the recent bottle drive and calendar sales.  
1982 marks the 75th Anniversary of Scouting in Canada, and the calendars are a commemorative of this occasion. Parents are encouraged to retain them as a future keepsake for the boys who are presently in the Scouting movement.  
Only a few calendars were unsold, so if you missed and would like to buy a calendar, please call R. Thomas at 339-6855. Our next big event is the tradition Apple Day, to be held on October 24.

## Notes

**ANYONE FROM MARENGO?** Westcliffe Composite High School, Marengo, Saskatchewan is planning a reunion in 1982. The committee is presently trying to contact all former students and would appreciate if addresses could be forwarded as soon as possible to:  
**Mrs. JoAnne Murray,** Canadian Forces Station Alsask, Alsask, Saskatchewan S0L 0A0

**ATTENTION:** Potential Hazard - Proctor Silex Coffee Dripper Model A354W. These appliances have been quarantined at CFS Kamloops because of defective switches and pumps. CSA is currently investigating the matter. Recommend discontinuing use of these appliances until further information available.

**Yes...there really is a Base Recreation Library!!**

We're located directly behind the theatre and we're open Monday to Thursday evenings from 1800 - 2100. Why not drop by and have a look at our good selection of paperback and hardcover books, magazines, newspapers and technical journals? We have a "kids" corner and a "young adult" reading section too.

So bring the family along. Everyone is welcome.



## OWC CHANGE DATE

The officers' wives Club October meeting, "Lingerie Bingo" has been rescheduled for Thursday, October 22 at the officers' Mess. We hope this change doesn't inconvenience anyone and hope to see you all there to share in the great prizes. Tickets for the "OWC Express" bus trip to Nanaimo, Friday, November 27, will be on sale at the October and November meetings. They are \$7 each and seating is limited. More details will be given at our next meeting. See you then!

Barbara Myatt

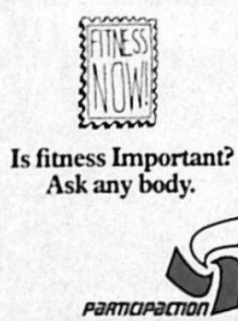


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**Play It Safe.**  
The Canadian Red Cross Society

## Jr. Ranks Club

### MOVIES:

October 20 **THE WHITE DAWN** w/ Warren Oats & Timothy Bottoms  
October 20 **THE DUELLISTS** w/ Keith Carradine & Harvey Keitel

The annual **JRC Halloween and Costume Party** will take place 31 Oct from 9 til 1. The music will be provided by the well known band "BRANDY" to the tune of \$1.00 with costume and \$2.50 without costume.

### SPORTS

We have started **HAPPY HOUR GAMES NITE** again with different games every Friday. Watch the board in the Mess for the type of game and the start time.

The **JRC DART LEAGUE** has again started for the season, there are still a few spots open, but going fast. The league meets Monday nite at 1900. For more info contact; Dave Ronaldson at Local 2417 or Bill Chesnut at Local 2235.

The club is also starting a mixed Dart League. This is open to all JR members and their wife or girlfriend. The first meeting will take place Sunday 18 Oct at 1300 in the Club. For more info contact the PMC at 2430 or Bill Chesnut at 2235 or 339-6186.

Grey Cup Day is fast approaching again with the club participating with it's normal festive zeal. Watch for more info in this paper and posted around the Base and Club.

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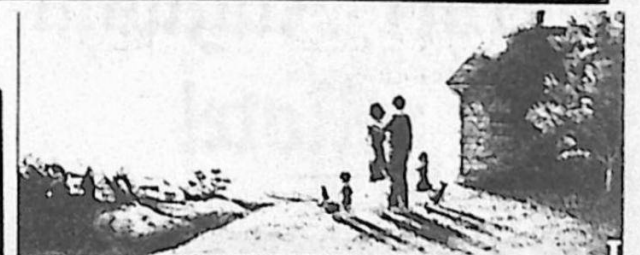
All offerings are made only through individual fund prospectus in provinces where accepted.  
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## Flu Vaccine

The Upper Island Health District has now received an ample supply of adult-type influenza vaccine. It is provided free by the ministry of Health to the following:

- Any person 65 years of age or over, and to
- Persons of any age who have such conditions as:
  - acquired or congenital heart disease associated with pulmonary congestion
  - chronic pulmonary disease
  - chronic kidney disease
  - chronic metabolic diseases such as diabetes mellitus
  - chronic severe anaemia
  - or other condition making one more susceptible to infections

This vaccine may be obtained by those eligible at your local health centre as follows:

follows:

**COURTENAY**  
480 Cumberland Rd., Courtenay,  
Phone: 334-3141  
No appointment needed 3 - 4 p.m. Monday to Friday except October 15  
**COMOX**  
1729 Comox Ave., Comox,  
Phone: 339-2263  
No appointment needed. Special flu clinics will be held Monday, October 19 and Tuesday, October 20 1 - 3 p.m.

A small amount of influenza vaccine for at risk children 6 months to 12 years of age is available, ordered on an individual basis. Contact your Health Centre for further information.

## Bowling

The Bowling is once again in full swing. All leagues are formed. The Intersection League goes at it on Monday evenings. Tuesday evening plus Wednesday afternoon are for ladies.

Wednesday and Sunday are for mixed league. The youth bowl on Saturday morning and afternoon. Casual Bowling is on Thursday from 1830 - 2130 hrs and on Sunday 1200 - 1600 hrs.

There are still openings for people to join League Bowling and you can call the following for more information.  
Intersection - Mickey Blake 338-5042  
Ladies - Triena Russell 339-2880  
Mixed - Brad Shuttleworth 339-7314  
Casual - Pat Hudson 339-3965

The Alleys are available for Section Sports Day and for Mixed Bowling parties. Refreshments are available. To book call Sgt. Pat Hudson 339-3965.

Casual bowling cost is 60¢ per game for adults; 35¢ per game for children.

**NOTE:** The Base Bowling Alleys can be used by all members of CAF, dependents, retired CAF and DND Civilian employees.

**BOWLING IS THE ONLY THING YOU CAN STRIKE OUT AT AND REALLY FEEL GOOD!!**



Brenda Adams and Marg Day serving customers early in the morning at AMU.

## Kids Should be Needled



"Immunizing children against communicable diseases is particularly important at the start of the school year. With so many children congregating at school, these diseases have a better chance of spreading among the protected. Measles often thrives in schools, and there have been outbreaks of whooping cough and diphtheria in the past.

If your child brings home a consent card for immunization by a public health nurse at school, please return it promptly to ensure that your youngster is protected. Children starting school for the first time should receive booster shots to reinforce their previous protection. Those who have never been immunized, or whose im-

munization is incomplete, should be brought up to date as soon as possible. Free immunizations are available against polio, diphtheria, whooping cough, tetanus, measles, rubella and mumps, when administered according to provincial standards.

The school immunization program also includes rubella shots for Grade 5 girls, and vaccination against diphtheria, tetanus and polio for all Grade 9 students. These are the last routine immunization these children will receive.

Immunization rates in B.C. schools have been improving over the past few years, and with the cooperation of all parents, we can do even better, and extend the protection of immunization to as many children as possible.

## Port Augusta Motel



- 1 & 2 Bedroom Suites
- WATER BEDS BY SLEEP EZE, COMOX
- Kitchens
- Coloured T.V.
- Games Room
- Dining Room
- Sauna
- Heated Indoor Pool
- CATERS TO SERVICE PERSONNEL

RESERVE NOW AT 339-2277  
2082 COMOX AVE., COMOX, B.C.

## CAR CARE CALENDAR

### October

AN IMPORTANT MONTH IN AUTO MAINTENANCE - WINTERS APPROACHING!

- CHECK BATTERY, CLEAN TERMINALS, ADD WATER AS NEEDED.
- A COMPLETE TUNE-UP IS GOOD INSURANCE AGAINST STALLS IN TRAFFIC AND EMBARRASSING NO-STARTS.



With a regular service schedule, such as this suggested by the British Columbia Automobile Association — and major repairs as they become necessary — the average car can provide its owners with 160,000 kilometres or more of road travel.

## Classifieds

Western Canada School of Auctioneering Ltd.  
Canada's first and only completely Canadian course offered anywhere. Licensed under the Trade Schools Licensing Act, R.S.A. 1970, C. 366. For particulars of the next course write: Box 687, Lacombe, Alberta or Phone 782-6215

### BE WINTER WISE

Dress warmly!  
A lowering of internal body temperature can be fatal.  
Play it Safe.  
The Canadian Red Cross Society

**PRIVATE SALE** 3 yr. old, 3 bedroom basement home. Immaculate condition. Beautifully treed for privacy. Excellent financing at 15 1/2%. Price right at \$67,000 FIRM. No agents. Home for sale due to unexpected transfer. Price substantially lower than the average basement home. Phone evenings 334-2987.

### We Change Our Rates

In the spirit of providing a much more equitable service to the most enlightened newspaper readers in the world, the CFB Comox Totem Times has instituted a new classified advertising price policy! We have changed our rates.

In future, it will be possible for you to get something for nothing! (But only once) First time classified ads up to 50 words will not cost you anything but the means by which you get it to us (stamps or gas). After the first time, the rate will be \$2.00 per column inch.

G.E. Forechuk and Associates Inc.  
REALTOR

Trenton office: 82 Division St., K8V 4W5, 394-4877, Betty Mills Sales Representative. Res.: 962-5558.

"Serving home owners and contractors for more than half a century"  
See our six main departments for all your building needs and good advice.



Central Builders Supply Ltd.  
Foot of Sixth Street  
Courtenay, B.C.  
Phone 334-4416

"We have everything for the builder"

## Coffee, Tea or Whatever?

Well, maybe not quite the usual in-flight question, but certainly before and after you fly Service Air in or out of CFB Comox, the ladies who run the AMU Canteen can supply you with hot or cold drinks, candy, cigarettes, aspirins, and even a selection of secondhand pocket books; as well as a friendly welcome, or bon voyage, together with a warm smile!

This service to the members of the Canadian Forces and their dependents is provided by a few ladies, and at least one husband, of the Roman Catholic and Protestant Chapels at CFB Comox who voluntarily donate their time and efforts. When it is considered that this involves every Monday, Wednesday, and Friday morning; and every

Sunday, Tuesday, and Thursday evening, this represents no small sacrifice on the part of those who are involved. For example, on the days when the Service Flight leaves in the mornings, the canteen has to be opened at 7 a.m., the coffee started, counter supplies laid out, and stock displayed. Normally this would end with the departure of the flight at 9 a.m., but if this should be delayed, activity at the canteen continues, usually at an increased rate, until the last passenger is enplaned. Then comes the cleaning up, storing away, and securing the premises until next time, and if you've been seeing someone off, you can help by finishing up what's left in the coffee pot. The evenings are a little

less hectic, though the same number of hours are involved. Open up at 7 p.m., provide coffee, cigarettes, etc., for those waiting to meet incoming passengers; and to those arriving on the flight while they wait for their luggage; and, always a cheery smile and greeting for everyone. Clean up and secure the canteen and leave by 9 p.m., always provided the flight is on time.

All the accounting, and ordering of supplies is done by Mrs. Brenda Adams of A-6 Wallace Gardens, who also puts in more of her share of working in the canteen.

All the profits from the canteen are divided equally between the ladies Guild of the protestant Chapel and the Catholic Womens

League both of which support many missionary and charitable projects.

Always more volunteers are needed to help with this work, and if you have some paperback books, recent magazines, or children's comic books that you no longer require, they will be most gratefully received at the canteen whenever it is open, or they might even be left at the AMU at any time.

Those of us who have had long waits in AMU's while on duty travel, and especially when traveling for compassionate reasons, have cause to be grateful that there are such canteens available where we can obtain not only material comforts, but also a warm greeting, a friendly smile, and a sympathetic ear.

## CFB COMOX RESTAURANT GUIDE



EAT IN • TAKE OUT  
HAMBURGERS • SANDWICHES  
FISH & CHIPS • PRAWNS & OYSTERS  
SOFT DRINKS • COFFEE & TEA  
DESSERTS

HOURS:  
Sun to Thurs.  
11 a.m. - 8 p.m.  
Fri., Sat.  
11 a.m. - 10 p.m.

**BROWNIES**  
fried chicken

### Mr. Mike's

COME AND GET A REAL MEAL  
Open Mon. - Thurs. 11 a.m. - 8 p.m.  
Fri., Sat. 11 a.m. - 9 p.m.  
Sun. Noon - 8 p.m.



### FAMILY RESTAURANT

Full Service Menu • Open All Year Round  
AT THE DRIFTWOOD MALL

Mon., Tues., Wed. & Sat.  
7 a.m. - 6 p.m.  
Thurs. & Fri.  
7 a.m. - 9 p.m.



### Pizza Peddlers

1770A COMOX AVENUE  
(Behind the Lorne Hotel) 339-5112  
Take out & delivery  
Whole wheat crust a specialty.

Open  
5-11 p.m. Mon. - Thurs.  
5-1 p.m. Fri. & Sat.



### "EVERYBODY'S FAVOURITE"

1080 Cliffe Ave., Courtenay  
338-5132

FULL DINING FACILITIES

ARIS PIZZA  
Fish & Chips

late night deliveries  
Sun., Tues., Wed., Thurs. 4 p.m. - midnight  
Fri. & Sat. 4 p.m. - 3 a.m.  
CLOSED MONDAY

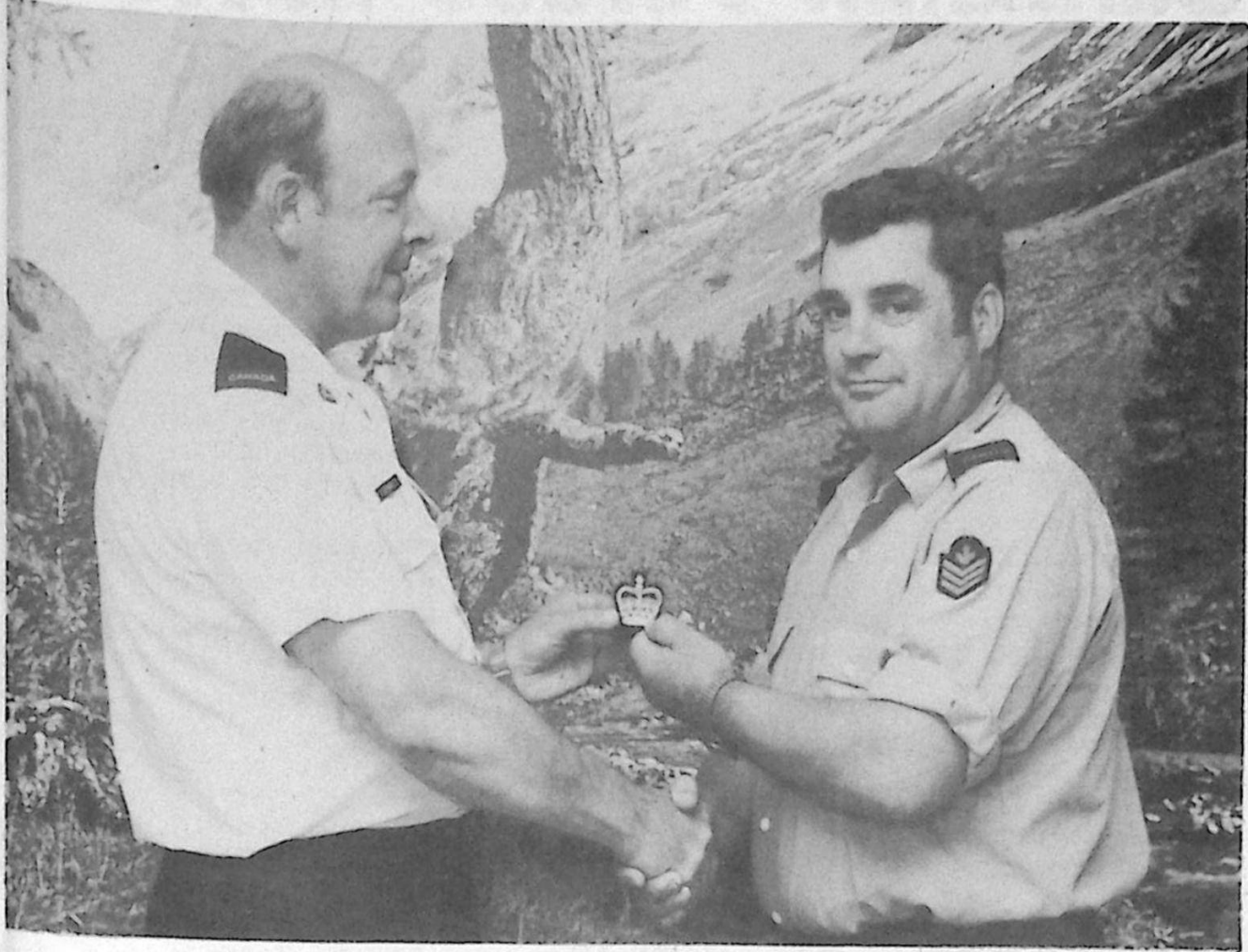
221 CHURCH ST



# Promotions and awards



Sgt. Lloyd Kuhn being congratulated on his promotion by LCol. Morrice. Now the BWO's office will really have clout.



CWO Wyman's last official duty on squadron was to congratulate Sgt. Wiffen on his promotion to Warrant Officer. CWO Wyman was posted to Greenwood, N.S.



MCpl. Culley trying to maintain his poker face while LCol. Lott presents him with his c.d. MCpl. Culley was later heard running down the hall yelling something about 'undetected crime'.



Cpl. Martin is the happy recipient of 409's Achievement Award as presented by LCol. Lott. The award, for outstanding Technical abilities, is accompanied by a cheque for \$50.00 and two days off to enjoy the fruits of his endeavours.

<div></div> <div>OCT. 15 - OCT. 21 BASE EXCHANGE (WHILE QUANTITIES LAST)</div>				
NABOB TRADITION COFFEE 3 <sup>29</sup>	NABOB DELUXE TEA 400 g 3 <sup>69</sup>	NABOB DELUXE TEA 200 g 1 <sup>99</sup>	NABOB JELLY POWDER 3 oz .29¢	NABOB PUDDINGS 4 oz .39¢
NABOB FLAVOR CRYSTALS 4 POUCH BOX 1 <sup>89</sup>	CANON PALMTRONIC METRIC CALCULATOR REG 24 <sup>99</sup> SALE 18 <sup>13</sup>	SALE 18 <sup>13</sup> PAMPERS TODDLER 12 - 24's 3 <sup>97</sup>	A B C LAUNDRY DETERGENT 121 5 <sup>97</sup>	TIDE LAUNDRY DETERGENT 121 8 <sup>97</sup>
BAKE MASTER OPEN BAKER MICROWAVE AND FREEZER SAFE 4 <sup>13</sup>	BAKE MASTER AU GRATIN DISH MICROWAVE AND FREEZER SAFE 4 <sup>13</sup>	LADIES SKIRTS 2 - WAY STRETCH FORTREL 13 <sup>97</sup>	CUDDLY SACK IMPERIAL 35 x 64 24 <sup>99</sup>	CUDDLY SACK IMPERIAL 35 x 70 29 <sup>99</sup>
HINTERLAND LEATHER STICK PINS LAPEL TACKS EARRINGS BROOCHES	BIG SOUND PORTABLE SANYO AMSS AUTOMATIC SOUND SYSTEM 359 <sup>00</sup>	CASSETTE DECKS SANYO 165 <sup>00</sup> to 329 <sup>00</sup>	MAGNASONIC 3 IN 1 combo BLACK AND WHITE T.V. CASSETTE RECORDER AND AM/FM RADIO 299 <sup>00</sup>	COUNSELER BATH SCALES 9 <sup>99</sup> -24 <sup>99</sup>



# Canadian Forces news



Middle East vets, MCpl. J.P. Laurics and Cpl. D.A. Delorey, both members of CFB Comox Base maintenance shown with their U.N. Medals for service with the U.N. Disengagement Observer Force at Camp Ziviani on the Golan Heights.



**King of the Castle:** WO Ron Surette, 38, is chaired from the range by his fellow competitors after winning the Queen's Medal for the best rifle score by a regular force shooter in the annual Canadian Forces Small Arms Competition. Winners of the Queen's Medal automatically qualify for membership on the Canadian team which competes in the annual international shoot at Bisley, U.K. The British meet is considered by most enthusiasts to be the ultimate competition for marksmen. WO Surette is looking forward to this next meet where the prize is a padded chair. (CF Photo)

Help  
say  
**YES!**



the  
**UNITED WAY**

COMOX DISTRICT  
UNITED WAY



THREE BEDROOM, 3/4 BASEMENT COMOX HOME Super family room with bar, stove, & fridge included. Assumable \$45,000 mortgage at 14 3/4% to 1983.  
**CHARLES ROBERTS** RES: 339-4500



5 br., 3 bath, 2 fp., 2 cp., large lr, formal dining, country kitchen. Shake roof, 8 yrs. old, etc., etc. This realistically priced home is situated on a private lot serviced with piped water, 1/2 mile from schools & Courtenay.  
**BRUCE TRAINOR** RES: 339-6119

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576 ENGLAND AVENUE,  
COURTENAY, B.C.  
V9N 5M7  
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(604) 334-3124

**EW**  
Courtenay

Mon. to Thurs. - 8:15 p.m.  
Two Shows Fri. & Sat. -  
7 and 9 p.m.  
No Matinee This Saturday

Adults \$3.25, O.A.P. \$1.50,  
Child \$1.50

Thurs. to Wed. - October 15, 16, 17, 19, 20, 21  
Bill Murray, Warren Oates  
"STRIPES"  
"Warning - Some coarse language & nudity; occasional  
suggestive scenes" - B.C. Director

**MATURE**

Thurs. to Wed. - October 22, 23, 24, 26, 27, 28  
Alan Alda, Carol Burnett, Sandy Dennis  
"THE FOUR SEASONS"  
"Some swearing, coarse & suggestive language" - B.C. Dir.

**MATURE**

Starts Oct. 29-Walt Disney's "THE DEVIL & MAX DEVLIN"

**Stardust**  
Drive-In Theatre

ALL ADMISSIONS \$3.50  
ALL-NITER \$3.75  
BOX OFFICE OPENS  
7:30 P.M.  
SHOW STARTS 8:15 P.M.

Oct. 16, 17, 18  
"FLASH GORDON" - PLUS -  
"THE BLUES BROTHERS" "Some  
violence; coarse & suggestive  
language & swearing" - B.C. Dir.

**MATURE**

Oct. 23, 24, 25 - Church &  
Chong's "NICE DREAMS"  
"Some nudity,  
suggestive scenes  
& coarse language. A satire on drugs"  
-PLUS- Richard Pryor  
"BUSTIN' LOOSE!"

**MATURE**

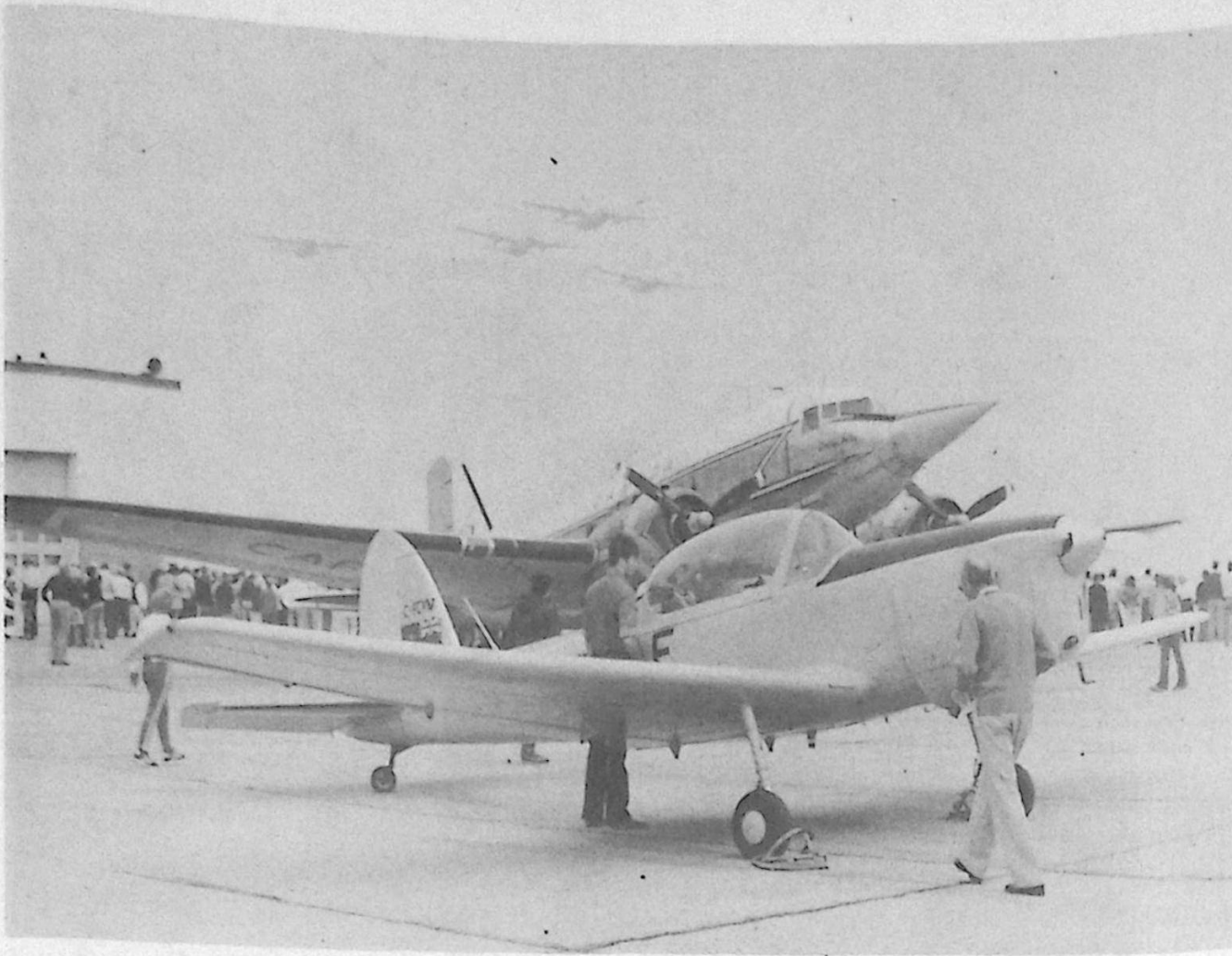
**BASE THEATRE  
SCHEDULE**  
CFB COMOX

Oct. 22 - 25  
**GAS**  
Donald Sutherland, Susan Anspach  
COMEDY  
SHOWTIME: 2000 hrs.

Oct 29 - Nov 1  
**VICTORY**  
Michael Caine, Sylvester Stallone  
Action Adventure, PRISON BREAK  
SHOWTIME: 2000 hrs.

**SUPPORT YOUR BASE THEATRE  
AUTHORIZED PATRONS ONLY**

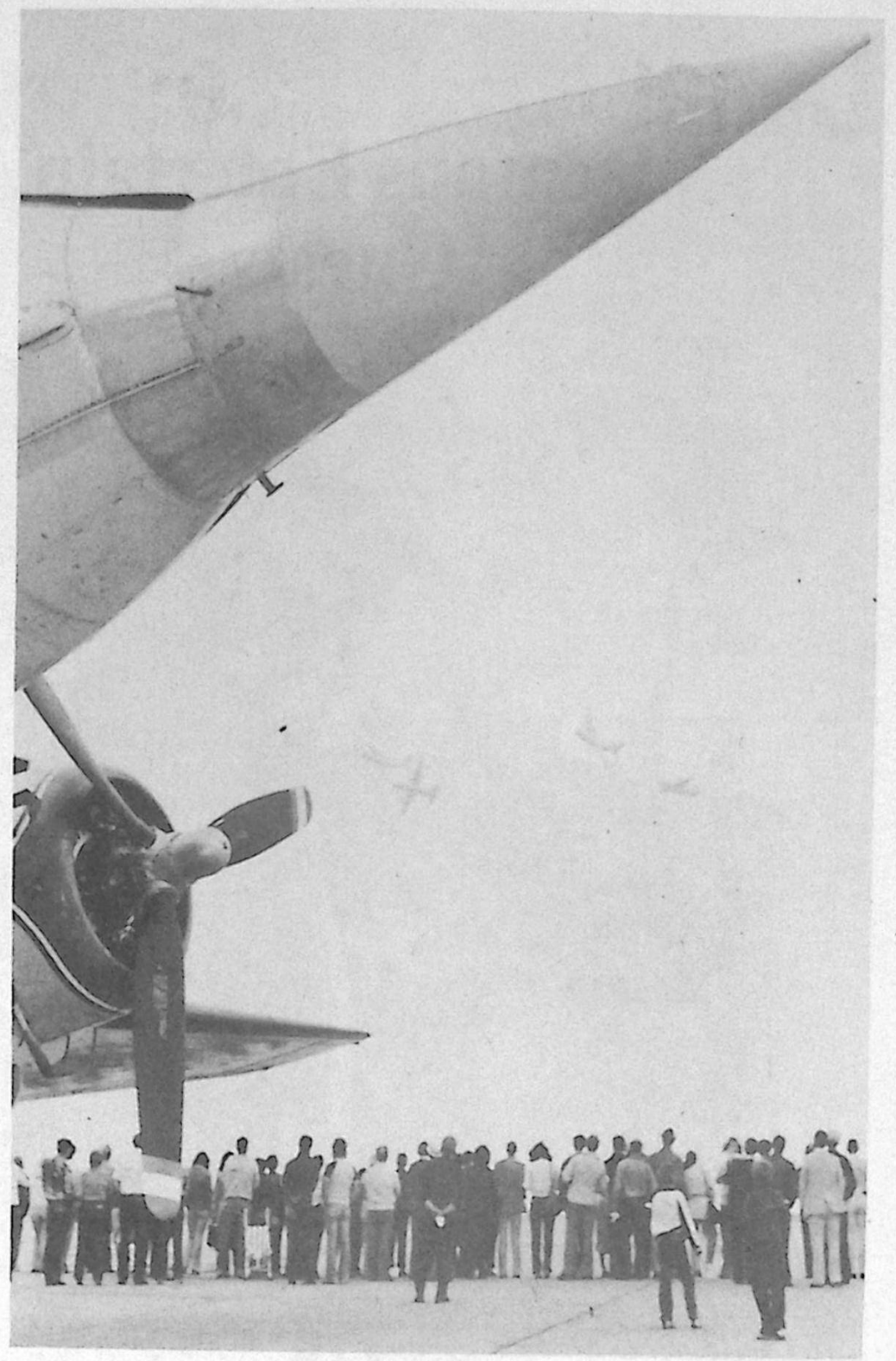




**435 Sqn. Reunion** - Four Hercules fly past the flight line at CFB Edmonton during 435 Sqn. reunion ceremonies held here September 19 - 20. About 600 former members returned to Edmonton and were treated to a mini-airshow, static displays including Cold lake's DC-3 Pinocchio, plus planes of the Western War Birds and a "Star of Burma" speech by former CDS Gen. Frederick Sharp.





**Been Sick?** Colonel 'JD' Murray, the Base Commander of CFB Moncton, presents Lt. Bob Horton with a certificate and an award of \$350 for designing a new form that all military personnel now use to claim the yearly medical remuneration supplement. Bob's friends will remember him as a sergeant in the Base Comptroller Section and as Mayor of the MQ's.



## CHILD DEVELOPMENT CENTRE

### TELETHON 8 NOV 81








How lucky most of us are, while we worry about our problems, none of them can compare with those faced by someone with a physical handicap. Since this is the year of the disabled, the Child Development Centre's appeal for help is a chance for everyone to contribute.

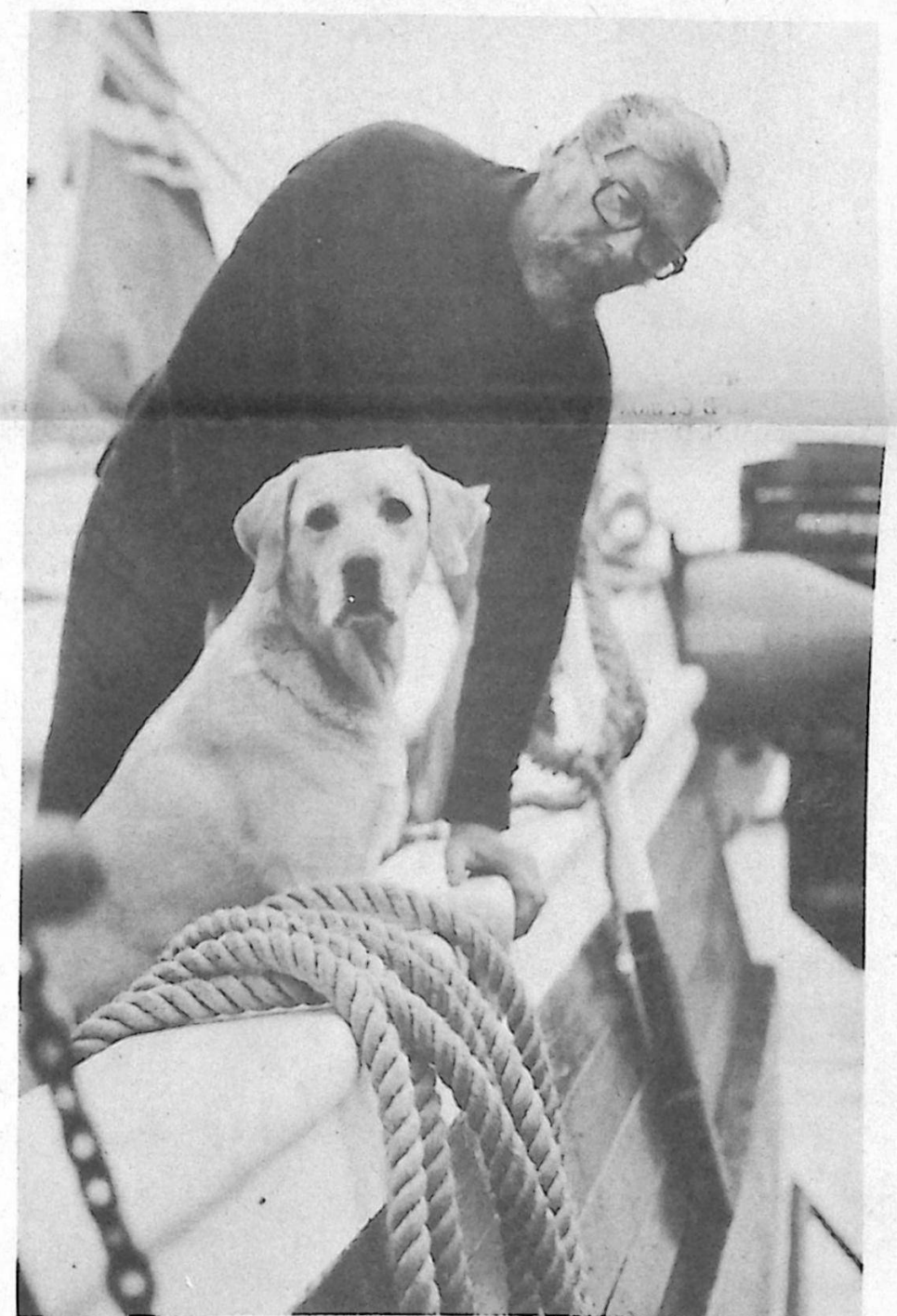
The Child Development Centre, located in Cumberland, deals with children who have special needs. These children could be mentally disabled; they could have a hearing impairment; they could be suffering from speech or language delays; they could have inappropriate behaviour patterns. Through its day programme, the CDC will deal with 45 children this year (it was 30 last year) on a full-time basis and a total of 137 counting those who attend the programme on a part-time basis.

All of this costs money. The CDC receives a part of its financing from government sources and social avenues but it is the grants and donations which put the CDC in a position where it can help more children to receive special help to allow them to get into a regular school programme as soon as possible. Won't you help?


The Child Development Centre is holding a Telethon Nov 8, and your support is needed between now and then. If more children are helped, what could be more rewarding? If you are willing to help call Glenda Lake at 336-8585.




**ESQUIMALT, B.C.** -- Under the watchful eyes of the ship's mascot, "Scrimshaw" and the skipper of the cadet sail training ship "Our Svanen", Mr. Doug Havers, final shore arrangements are made prior to the ship sailing from Esquimalt Harbor Oct. 6 for an extended sea cadet training cruise. Approximately 224 cadets from across Canada will receive the opportunity to train onboard the vessel. Each group of 16 cadets will spend one month learning the in's and out's of sailing. "Our Svanen" is sailing to South American via the Panama Canal and then on to Europe before returning to Esquimalt in the spring of 1983. (CF Photo by P.O.M.D. Johnson)



**SUSAN JACKS**  
for B.S.E. Month

About 90% of breast cancer symptoms are discovered by women themselves through B.S.E. — **Breast Self Examination**. October is B.S.E. Month. So do it! And make it a habit for life!

*Susan Jacks*



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**GOOD HOUSEKEEPING**


Put yourself in the shoes of the prospective buyers coming to see your house. Look at it through their eyes - and then make sure it looks terrific!

Brightness and visual warmth make homes look loved. Open the draperies and let the sunshine in (do the windows sparkle?) Turn on lamps to brighten dark corners. Light a fire in the fireplace. Be sure there are lights in the stairwells and landings.

Clutter cuts visual space. Put away toys and magazines the family has left around. Straighten the bedrooms and they'll look larger. Clean the closets; they'll look bigger if they aren't crowded. If there is extra furniture around, get rid of it.

Kitchen clutter is easy to take care of. Make sure countertops are clear and dishes put away. Every househunter looks carefully here; make sure the kitchen is at its most attractive. Let the sun in and add a cheery plant here and there.

Happy 1981. If you're planning to sell your house this year, resolve



**LIST WITH**  
**Bruce Trainor 339-6119**



# Demons Entertain Guests

