



# TOTEM TIMES



Vol 23 No. 1

CFB COMOX TOTEM TIMES

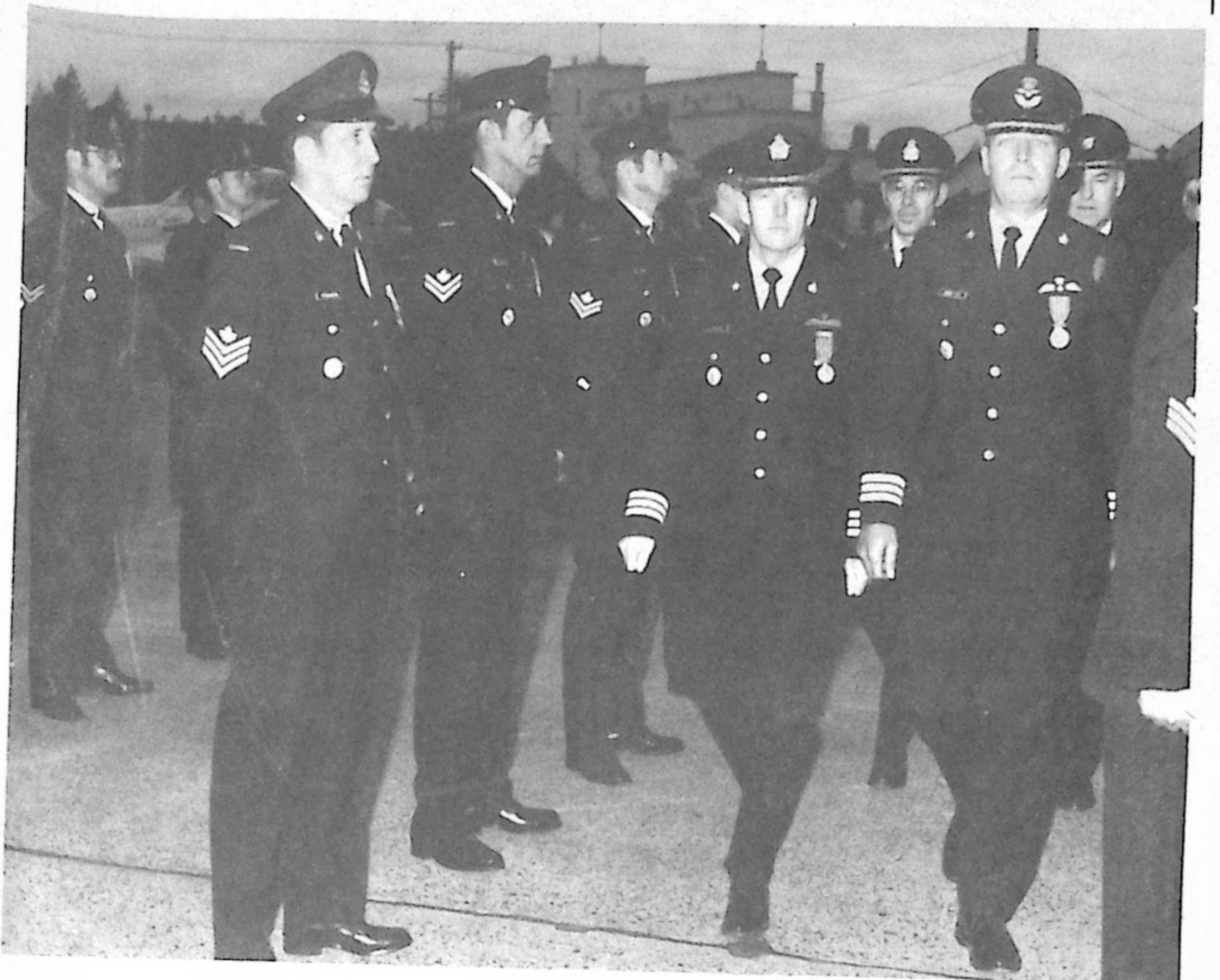
THURSDAY, JANUARY 8, 1981

COST: PRICELESS

## Change of Command for the Nighthawks



Hats off! LCol. Larry Lott, incoming 409 Sqn. Commanding Officer, leads the hand over parade in honouring LCol. George McAffer, recently posted to England.



LCol. McAffer, joined by LCol. Lott and followed by Maj. Pellow and Col. Chisholm, reviews the troops for the last time before departing for the U.K.

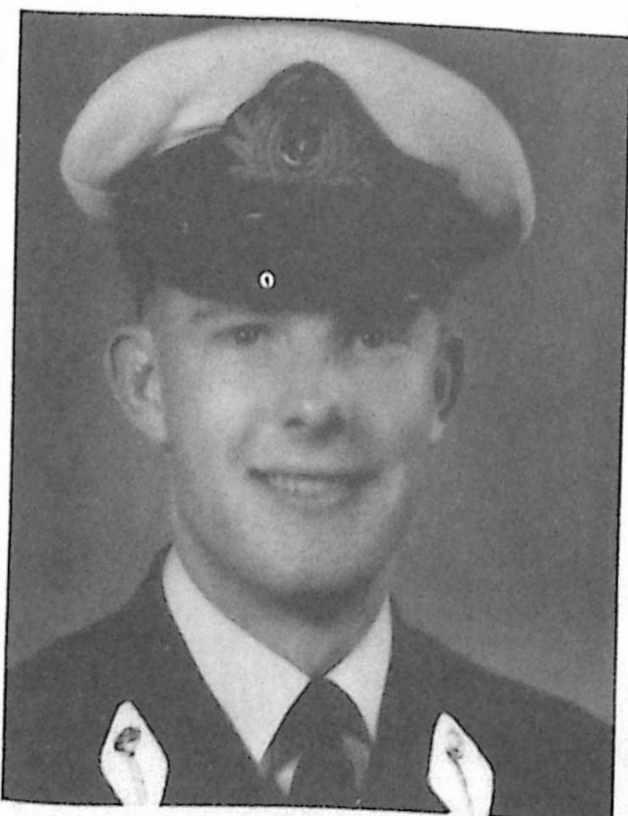


During the Change of Command Parade for 409 Sqn. on 20 Dec 80, MCpl. Dave Sheppard (a 442 "Santa" Tech) paid his compliments to LCol. Lott. The helicopter used to transport "Santa" played the theme from "Apocalypse Now" during the ceremony.



Santa points out to LCol. Lott the fact that the totem remained undamaged during its ordeal. Heartlessly absconded by 442 Sqn., the Totem Pole was returned in exchange for three of Santa's elves and two 442 Sqn. fairies who were being held as political prisoners in 409 Squadron's cells.

### "Ripper" captured



Recent developments in England have apparently led to the arrest of the man believed to be the infamous "Yorkshire Ripper", who over the past few years has allegedly slain over a dozen young women.

Having been stumped until now, British police were helped immeasurably by coming across this photograph of the Ripper's twin brother, which put them on the right track.

The brother, a Canadian Navy man posted to CFB Comox, was recently promoted and is proceeding on special assignment where he will be in charge of ASW operations on Great Slave Lake.

OTTAWA--Defence Minister Gilles Lamontagne and United States Secretary of Defense Harold Brown have announced the successful conclusion of negotiations for an arrangement which will enable Canada to increase its purchase of CF-18 Fighter Aircraft from 129 to a minimum of 137 to improve the air defence capability of its forces. Under this arrangement the US government will reduce substantially the US research and development charges associated with the F-18 Hornet program and the Canadian government will match this reduction with an equivalent amount.

In arriving at this

### Sweetening the Pot

agreement such factors as the complete integration of air defence arrangements for North America with its implications for standardization, the long and close defence relationship existing between Canada and the USA, and the defence development and production sharing agreements between the two countries were considered. The US has undertaken to reduce recoupment of previously incurred research and development costs by up to \$70,000,000 (US), and this will be matched by the commitment of Canada of an equivalent addition to the defence budget for the CF-18 purchase during the period of the program. The

arrangement also will enable Canada, if the Canadian government decides to exercise its option in the contract with McDonnell Douglas, to buy up to 20 attrition aircraft without payment of any related research and development charges, established at \$877,690 (US) per aircraft without payment of any related research and development charges, established at \$877,690 (US) per aircraft.

Mr. Lamontagne and Mr. Brown expressed satisfaction with the spirit and substance of this mutual accommodation and cooperation to improve collective defence.

Canada will receive its first Hornet in 1982.

### "Fishwrapper" Exposed

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# Section news

## Nighthawks Nest



Toast of the party LCol. McAffer is joined in a champagne toast by members of the squadron following his last trip in a CF-101.

By remarkable chance and admirable precision, Christmas Day once again fell on December 25th, giving revellers the excuse they needed to launch off on a wave of debauchery, as well as providing ample proof, that, after watching the children get more fun from a \$1.50 trinket than the new bicycle, those who spent a fortune on Christmas presents truly did waste their money.

The Christmas/New Years' gauntlet is the only season of the year that elicits sincere relief when it is over at least. Perhaps it is due to the build-up. The parties begin in early December and these, combined with the frustration of Christmas shopping, the interminable waits at the Courtenay bridge, and the prospect of either visiting or receiving relatives, leaves time for little other than a quick dash home between engagements, a fast shower, change of clothes, and a dipper full of brandy before facing the world again.

But the squadron survived to usher in 1981 in style - and if Brian Taylor is ever allowed to hold parties like his effort at New Years' again, that kind of style just may kill folks. Odd fellow that Brian. Busts his hump building a rec room from scratch, then insists on letting the rest of the squadron attempt to destroy the thing. Better keep an eye

on him and take away his belt and shoelaces Barb - he may have a death wish as well.

But the new year has arrived, and while some folks (Howard Tarbet and Ed Kosierb) are directing the main portion of their efforts to becoming combat ready, the remainder of the squadron is busy preparing for Tac Eval in February and, of course, sticking to New Year's resolutions.

Resolutions are difficult to follow at the best of times, but the dedication and resolve of the members of 409 help make their task somewhat easier than the average man-on-the-street.

Thus it is with a fair measure of confidence that we trust everyone to hold fast to their resolutions. Glen Buchanan will surely stick to local rum, Lynn Housworth will purchase a new "dope sheet" in order to reverse his current trend of losing sports bets, Bob Worbetts will find some way of incorporating a micronite filter into a wad of chewing tobacco, George Rawson will start carrying a bottle of Cutty Sark in his survival vest, and Kaz Ozeziak will buy an alarm clock.

Headly stuff, indeed. So what exactly do we have to look forward to in this year of Our Lord 1981?

Tac Eval rears its ugly head in another month or so, causing great consternation amongst those of us who forget irrelevant Voodoo minutia such as number of tires, or where the brakes are located.

Spring deployments will likely abound as the miserable winter weather abates, and Majors and Senior Captains get over their dampness-induced aches and pains.

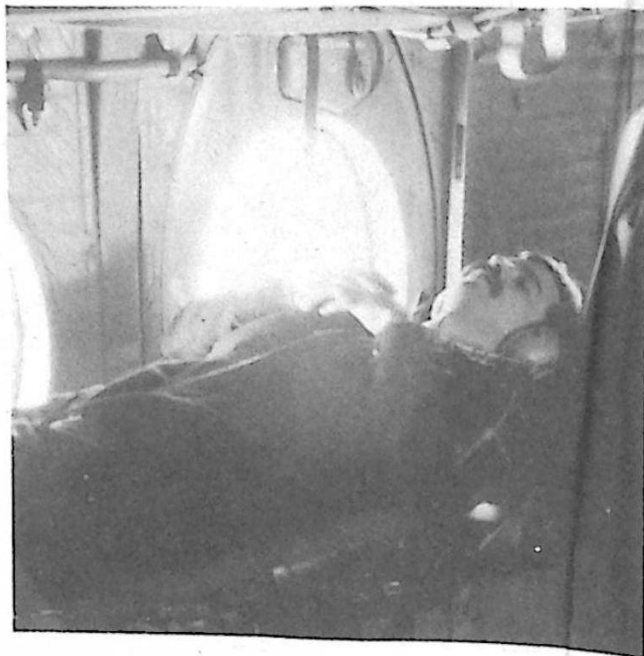
Chuck Fast will vanish for another 8 or 10 months, at least two squadron members will be injured or thrown in the crow-bar hotel after the first beach party of the year.

Jim Nodwell will fall asleep at 7:00 p.m. the first night out on survival training, Lynn Housworth

will lose a grand in Reno, Rick Zyoitski will lose a grand golfing, and Ray Dunsdon will lose a grand to boat shops for replacement parts.

Our new boss will lose two grand to the liquor store after the entire squadron visits one evening (date and time left open-ended to increase suspense). Ron Egli will break a glass on his head. Ed Campbell will break his head on a glass.

All in all, it appears the squadron will lend further credence to the old saying, "The more things change, the more they stay the same." Happy New Year. BGJK



Last known photo of "Boobs" Maloley's mustache.

## 407 Demon Doins



Last NORPAT. Flight Crew One and Servicing Crew Three brought Argus 722 back alive from the last northern patrol flown by the venerable bird. Capt. Dillon and WO McGee provided command and control(?)

CF Photo by MCpl. Sponselee, 407 Sqn.

The 32nd Annual Flight Engineers Christmas Party was a roaring success, complete with burnt steaks. Many thanks to LCol. and Mrs. Cameron for blessing us with their company, although the C.O. was overheard to say that he felt like a straight man for our White Winged Wonder, his honour John Wood; not true sir!

It has been stated and believed that some Flight Engineers are water walkers, or at least think they are. One of our intrepid FE's set out to prove his beliefs, but only wound

up with a very wet foot; worst of all, while Bill was performing this feat, W. Wally Mead was busy snapping photos which are available for a price. (The above is an anonymous submission made through the good offices of the Sqn. Historian.)

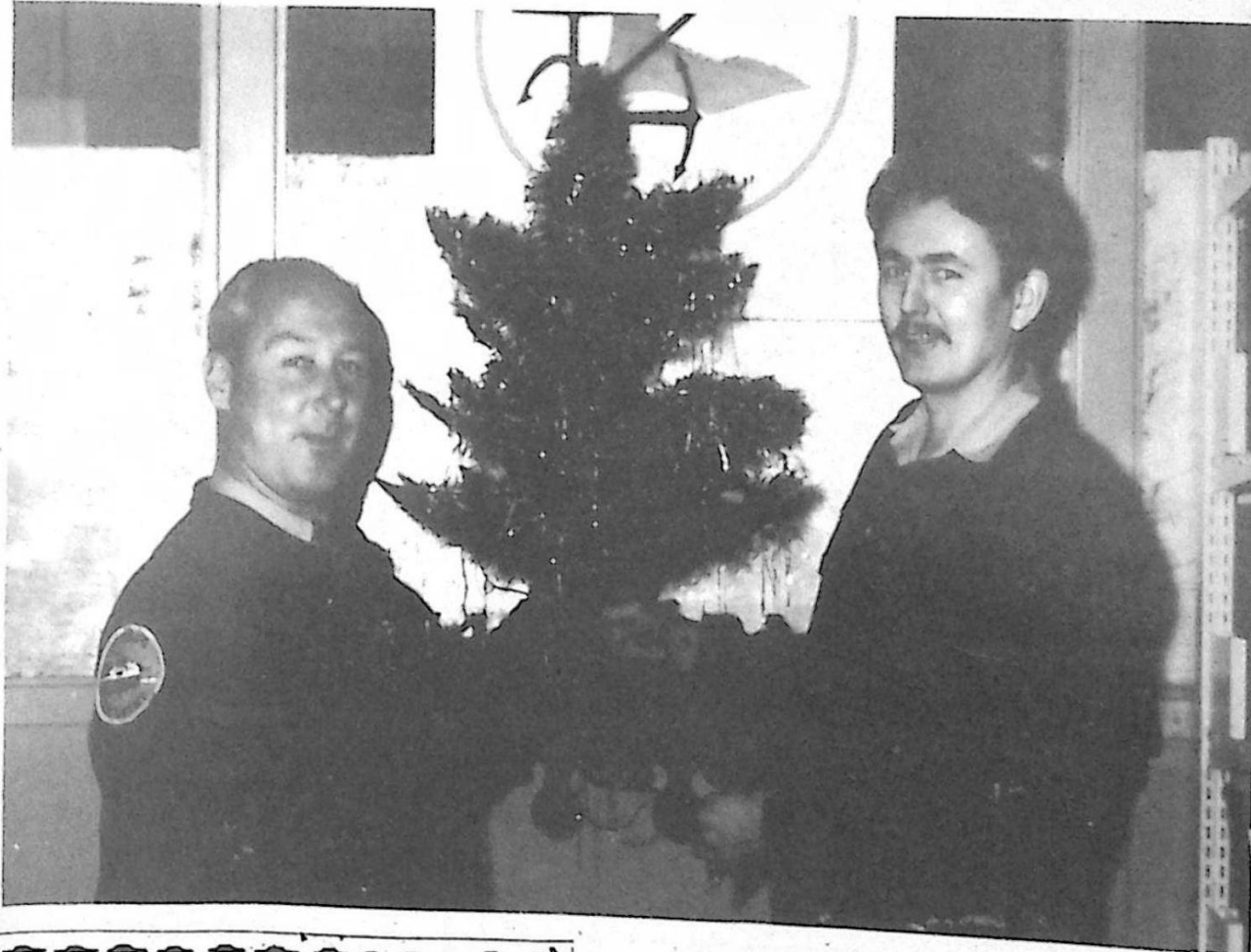
The 1980 Officers New Years party was carried off this year with a sterling performance by Col. Cameron, who realized that the only way to keep the rabble out of the house on New Years morn was to out last them. And so he did. Other New Years parties

that met with success were at Jeff Morris & Colin Campbells place, (where a series of related affairs was conducted over two days) and at Mike (American) Williams.

At the risk of embarrassing Sgt. Terry Walker even further, congratulations are extended on the event of his selection to attend Air Nav school and subsequent commissioning in Chilliwack. Terry has already been seen eating more granola cookies and fewer peanut butter, as he begins his transition.

This weeks photo shows flight and servicing crews returning from the last Argus Norpat in July. Captain Dillon also had the distinction of flying the last Argus flight of 1980.

1 Jun 81 sees the departure of twenty-one technicians from 407 servicing en route down the hanger line to VU33 Sqn. We of the "Doings" assume that this is to keep some piston engine people around after the turbo prop Aurora arrives. Good luck to VU33 and their new servicing organization.



## OFFICERS' MESS ENTERTAINMENT

Saturday, January 17 -

OLD UNIFORM NIGHT - Music 2100-0100. Food: Buffet, Hip of Beef & Assorted Veggies. 2000-2300 hrs. Drink of the Night. Dress: Old Uniform or Casual. Cost: \$6 per couple, \$8 per guest couple.

Sunday, January 25 -

SUPERBOWL - Moose Milk & Keg of Beer for your thirst. Sandwiches and Coffee also. Game time to be announced later on mess bulletin board.

Officers Wives Club -

BRIDGE - January 28. 2000 hrs.

SELF-IMPROVEMENT NIGHT - January 21. 1930 for 2000 hrs.

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407 Squadron Arm't Officer presenting 409 Squadron Arm't Officer with the 409 Squadron Arm't Christmas Tree that mysteriously switched loyalties for the Christmas/New Year's period. The tree was returned against its will.

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## 106 saved in Squamish

442 Squadron extends best wishes to all base personnel for a happy, prosperous, and safe 1981.

The SAR scene remained relatively quiet during the pre-season rush allowing the squadron to once again get together and let their hair down at the all ranks stag on 18 Dec. Festivities got underway at noon with a Grog Draw which saw Gord Trenholm line his liquor cabinet by winning 10 (yes TEN) bottles.

Second place was taken by Gary Flath who walked away with 4, but unfortunately failed to make it home with any as he detoured through the SAR Tech section before departing. A no-holds-barred broomball game during the afternoon resulted in a 1-1 tie between the air and ground crews, with the only reported injury (miraculously) being cracked ribs suffered by our SAMO, "Sure-Foot" Chura.

Rumour has it though, that the injury was actually obtained by tripping over an axe handle while poaching firewood on one of the local islands. While all the above merry making was taking place, the Standby Lab crew led by "Rudolph" Gathercole were called upon to perform a mission of mercy for Santa Claus. In typical 442 fashion, they helped the Jolly One welcome LCol Lott to the 409 nest, and hope that by hovering 300 feet away no 'feathers' were 'ruffled'. Santa was dizzily heard to remark that he hopes the 'gift' will be prominently displayed in the hallowed halls of the nest. Nuff said?

The follow up party that afternoon and evening was highlighted by the attendance of Lt "Boobs" Maloley, the BSurg answer to Bo Derek. Not only was (he, she, it) pillaged by the SAR Techs, but more may have been lost than a mustache. An excellent skit was performed by squadron members that shall remain nameless, but for the gossip mongers among us who must know who they were, simply watch the upper hallway for those blokes going in to see the CO for an "interview".

On the serious side, 442 was called upon on Boxing Day to aid in the evacuation of flood victims in the Squamish area. Two Lab crews were dispatched under Maj. Neil Coward and Capt. Keith Gathercole respectively. In two days and nights of operations, 106 evacuees were successfully airlifted to safety. An outstanding accomplishment under very adverse conditions.

Noteworthy was the upgrading to AC of Capt. Randy Price for his performance during the operation. Other crew members of the Labs were: Capt. John McLellan; FEs Larry Ward, Frank Amadio, Gerry Gray, Dave McMaster; SAR Techs Jim Trumbley, Gil Gaudreault, Steve Gledhill and Craig Seager.

As the new year begins, the squadron welcomes back Capt. Peter "Squeaky" Smith, recovering from a serious hockey injury, and also Capt. Bob Morris and Al Paul who join the Buff side from the OTU in Trenton.

To quote the CO "We had a good year in 1980, plenty of dramatic rescues, and if 1981 is as disastrous as last year, we have a great year ahead of us".

Once again, the best to all in 81.

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### Maureen Arthur

Mr. Art Meyers, Regional Manager for Vancouver Island, is pleased to welcome Maureen Arthur to his Bestsellers sales staff. Maureen has lived in the Comox Valley since 1973. With ten years experience in the real estate industry, she is well qualified to provide market advice and to service all your real estate needs. She is looking forward to 1981 with the Block Bros. sales team and assisting you with your real estate requirements. Maureen can be reached at the Courtenay office, 334-3111 or at her residence 339-3674. Contact Maureen for professional, courteous real estate service.

## Citations

Mr. John Brown, the Field Services Representative from the Boeing Vertol Company, made presentations of the Company's Rescue Citation Scrolls and pins to the Helicopter crews of 442 Sqn. who were involved in the successful rescue of two survivors of a crashed U.S. Navy H-46 Helicopter in Washington State and the rescue of personnel aboard the stricken luxury liner Prinsendam in the Gulf of Alaska. Citation wording following photo.



LCol. Diamon, Capt. Price, Cpl. Trumbley, MCpl. McMaster, Capt. Flath, MCpl. Amadio, Cpl. Elliott, Sgt. Lane and John Brown.

Citation for crew above reads:

"a CH113 crew member who demonstrated outstanding professional technique during the successful rescue of two surviving members of a crashed U.S. Navy H-46 Helicopter. This hazardous and highly courageous event took place on 13 September 1980 in the rugged mountainous terrain of Whitcomb Peak, Washington, during adverse wind conditions and severe downdrafts."



LCol. Diamond - CO 442 T&R Sqn., MCpl. Sheppard, Capt. Gathercole, MCpl. Hamilton, MCpl. Gledhill, Capt. Pettman, WO Copeland, Sgt. Howard and John Brown. Missing from photo is Sgt. Johnston.



LCol. Diamond, MCpl. Bourquin, Capt. McLellan, Capt. Flath, MCpl. Amadio, Sgt. Williams and John Brown. Missing from photo are MCpl. Lang and Cpl. Gallagher.

Citation for the two crews above reads:

"A CH113 crew member who demonstrated outstanding professional expertise during the successful rescue to members of the stricken luxury liner Prinsendam in the Gulf of Alaska. The search and rescue was made during a 100 feet to 200 feet ceiling, visibility one-half mile and winds gusting to 45 knots."

**HAPPY  
NEW  
YEAR**

## QQ Control

Here it is 1981. Seems like only eleven years ago it was 1970. We hope everybody had a happy holiday season. From the sounds of it Santa was good to the ATC types. The BATCO got this years supply of Grecian Formula. Murray Turnbull's Santa Claus gave him twelve tubes of Brylcreem and an inside tip that Zoot Suits were going to be the "in" thing in Men's Fashion in 81. If that proves true, it will double his business suit wardrobe. Little Bobbie Walton got his gallon whipped cream and at last report he was just "lapping it right up".

The holidays were especially eventful for at least three of our guys. Marcel Bergeron & Paul Anderson are now old married men. Congrats and good luck. Dave Rychly ended his holidays in an eventful manner. Just as he was leaving the CHILLIWACK J.R. CLUB, he was viciously attacked. NO, it wasn't by an irate husband or drunken soldier. According to David the floor just reached up and belted him in the eye, then proceeded to crack his wrist. Dave, you've got style. It's a low grade of style, but you've got it.

'Tis the season for annual posting rumours. The latest in the continuing series has Jim Hue going to Cold Lake, Pat Wolfe Milner going to Moose Jaw and Keith Wagner is being traded to Downsview for their first cute-female controller and an undisclosed cash settlement. There are a few around who already know for sure where they're going. Heather Maderias is bound for Trenton, WolfGang is headed for Cold Lake, Serge Roy is packing for Bagotville and Al & Ival Basinger are going to the sewer systems of New York City where they intend to really get into Dungeons & Dragons. Congratulations to Greg Nichols, Heather Maderias and Al Basinger on completing their courses in Cornwall. Greg is now fully versed in IFR procedures and Al and Heather polished off their Radar Controller Course. A warm welcome is also extended to 2nd Lt. Merkel and his wife. Pete just completed his basic VFR course and will be undergoing tower checkout. With all these people to check out it seems the only way to get any mike time is to either be posted (so you can undergo check out) or work nights. Personally, I'll work the night shifts.



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## Editorials

### '80 under our belts

The first year of the decade has come to an end, and has shown itself to be both a year of great accomplishments and one riddled with serious problems - both domestic and on a much broader scale.

Politically, we suffered through an embarrassing election in which Pierre Elliot Trudeau was re-elected after a brief stint as leader of the opposition. As the voting public, we should be ashamed for either making such a glaring error in choosing Joe Clark that we had to reverse our decision in the wink of an eye, or be equally red-faced for opting for Trudeau once again before giving Clark his kick at the cat. Whatever side of the political fence you have season's tickets for, that election will not immortalize itself as one of Canada's hallmarks of decisiveness.

South of the border, the Americans experienced a somewhat similar election, in that many citizens went through the motions of the campaign as if the choice between Carter and Reagan was really no choice at all, with the result that they were suddenly presented with a third alternative in the form of John Anderson.

It was by no means a year of stability in the Eastern block countries, as the Soviet presence in Afghanistan brought both unexpectedly stiff resistance from the Afghans, as well as political protest by way of an Olympic boycott, which took the edge off an affair the Soviets hoped to use as an international showpiece of Russian efficiency and organization.

Polish labour unrest later on in the year also brought to light the problems inherent in having a Moscow controlled bloc consisting of a huge variety of peoples and cultures - many of whom are virulently anti-Soviet.

As well, expanding Sino-American relationships cannot help but cause consternation in Russian party headquarters.

Economically, it was not a sterling year for Canada. The need for energy self-sufficiency while maintaining an equitable balance of trade, together with natural gas subsidies and federal/provincial energy squabbles has led to innumerable reversals of economic policies. Add to the energy-related problems the fact that the Canadian dollar has spent the past year hovering around the 84¢ mark in relation to the U.S. greenback, and it takes no Ph.D. candidate to see the economic woes will not be alleviated in one broad, sweeping stroke, but will require time, patience, a sound financial management plan by the government, and sacrifices all-round.

Militarily, the East/West disparity in conventional arms continued to increase, while East/West arms technology came closer to being on par than in any time since 1945.

In our own service, despite the NFA decision, the Leopard tank acquisition, the coming of the Aurora and the announcement of a concerted effort towards a ship replacement program, we still suffer from serious manpower and equipment shortages. The retention rate remains a major problem, and the token pay raise last year failed to even keep up with inflation, and can be looked upon as an incentive to Forces members only by the most short-sighted.

But all was not grim. Reagan's election, while looked upon with trepidation before the fact, has become more and more well received during his present tenure as president-elect. His stated aim of increasing American military strength will hopefully come about, and at the very least he should have less trouble with Congress than any president in recent times.

Advances in the medical world continue to unfold as more is known about the human body, and with hope being placed on drugs such as interferon, even cancer research is making inroads.

Emerging "third world" nations are achieving much in the way of increased living standards for their citizens, although hunger is still a severe and immediate problem in many of these areas, with more money and effort being put into coups than into feeding people.

Technology continues to amaze, and with the computing abilities of machines doubling almost every year, there appears to be no limit to what man can achieve in the field of science.

There is, in fact, no limit to what man can achieve in almost any field he sets his mind to. Let us hope 1981 sees man's determination turned more towards the problems that surround us. BGJK.



Christmas Present! Col. Chisholm is shown cutting the ribbon to mark the official opening of his new carport - a Christmas present from CE Section. This safer form earlier, had her aim go awry, and sailed a full bottle of champagne into the side of Maj. Thomas' head - which required his disguising the lump with the unusual hat he is wearing in the picture.

MY NEW YEARS RESOLUTION IS TO LIVE  
WITHIN MY BUDGET, THEREFORE IN 1981 I  
RESOLVE TO GET A THIRD JOB, BUY A  
HORSE, LIVE IN A CAVE AND STOP  
EATING.



## Warsaw Pact Military Developments

A review of changes and trends in the capability of the Soviet and Warsaw Pact military forces during the ten years between 1970 and 1980 reveals the considerable improvement in effectiveness achieved in this period. The review and analysis covers significant developments in the conventional field, particularly as they relate to Soviet forces but in general the trends may be taken as being applicable to the Eastern Alliance as well.

In 1970, Warsaw Pact naval forces lacked any "Blue Water" capability. The principal element, the Soviet Navy, was unable to create an effective presence away from the homeland; long-range, long-endurance fleet support auxiliaries were lacking as were distant harbour facilities. The naval forces did not possess

a fleet air arm and their anti-submarine warfare capability was quite limited. The beginnings of the now impressive nuclear-powered submarine fleet were already evident in 1970.

During the last decade the Soviets have acquired an effective "Blue Water" navy. While their 1970 harbour facility in Alexandria may have passed into history, facilities in Aden, Ethiopia and Vietnam in 1980 enhance the capability for sustained operations in distant waters. Establishment of seaborne fixed wing capabilities, greatly expanded and improved anti-submarine resources, as well as anti-ship and fleet air-defence advanced weaponry have converted the Soviet and Warsaw Pact fleets from a force oriented mainly to defence of home waters, to a formidable of-

fensive force capable of projecting their influence throughout the globe.

Similarly, the 1970 conventional ground forces, while impressive, indicated some need for tactical air defence, improved firepower, mobility, survivability and increased anti-tank capability. Additionally, logistical support for offensive operations had lagged behind projected requirements. The Soviets and their allies, in 1970, had relatively few helicopters and did not employ these aircraft for significant ground force support. Many Western observers also believed that the relatively short-term employment of conscripts, with a consequent high-turnover of personnel, created problems for a modern army with the need for many technical skills.

The introduction of new and improved, modern Armoured Infantry Combat Vehicles, such as BMP, has significantly increased the firepower, mobility, survivability and anti-tank capability of Warsaw Pact

infantry while the increased number of medium tanks in Motorized Rifle Units, together with replacement of the older T-54/55s and T-62s by T-64s and T-72s; expansion of Tank Regiments, including additional artillery and infantry elements, has provided Pact forces with impressively enhanced combat power. New and advanced tactical air-defence capabilities provide additional, all-round resources for Pact Commanders.

The necessary strong, flexible and comprehensive logistical support for Pact forces has been achieved. It includes a truly impressive increase in motor transport at Front and Army level. As an example, it is estimated that at Front level alone, during the past decade, cargo lift capacity has been increased by five times, while petroleum and related supply capacity has been approximately trebled.

The entire Pact rail system has, at the same time, been modernized and expanded and this programme continues to provide improved capability.

The security and flexibility of Pact command, control and communications including much more extensive use of satellites, provides an efficient, improved and increased capability.

In particular, the dramatic increase in numbers and employment of helicopters, not only for troop movements but as platforms for a variety of weapons systems, now gives the Pact a vastly increased offensive firepower and mobility.

While some Western observers continue to believe that the Conscript Force represents somewhat of a liability, when related to the introduction of more sophisticated and complicated equipment, there is increased recognition that the already large reserve forces of the Pact are augmented each year by the acquisition of large numbers of trained personnel with recent active duty experience.

Soviet and Warsaw Pact aviation assets in 1970 showed a deficiency of modern all-weather tactical

cont'd p.10...

## CNA TOTEM TIMES

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# GENS DU PAYS

## LA MESSE DE NOEL: MERCI AU PERE STACK!

Une autre première a Comox; le club "gens du pays" avait organisé pour la veille de Noël une célébration religieuse en français à la chapelle Catholique de la base. A la grande surprise de tous, près de 125 personnes ont assisté à cette messe. Considérant la capacité maximale de la chapelle, (150 sièges) il est justifié d'affirmer que le tout s'est avéré un réel succès. Les anglophones présents se sont efforcés en général à bien suivre le cours des événements et chanter en français nos cantiques de Noël préférés: Ca berger! ... Dans cette étable... O nuit de paix... Minuit Chretien... Il est né le divin enfant etc...

Outre le succès de la grande participation, celui relatif à la qualité de la

cérémonie ne doit certes être laissé sous silence. L'ambiance y était vraiment plaisante et chacun a semble bien apprécié l'occasion.

Un gros merci à Guilaïne Fournier, François Chiasson et François Sibierski; nos guitaristes et chanteurs. Merci aussi à l'organiste, au narrateur, Gilles Roy, de même qu'à nos six jolis enfants de cœur. Enfin, il ne faut pas oublier le cher père Stack qui a bien voulu, sans hésitation, nous offrir cette si jolie messe en français et ce, malgré l'effort supplémentaire requis de sa part afin de dire celle-ci en français, sa langue seconde.

De tout cœur, nous souhaitons que cette expérience deviendra une coutume à Comox la veille de Noël.

## LA FETE DE NOEL AU LOCAL

Le jour de Noël durant l'après-midi, une vingtaine de gens se sont rassemblés au local du club. Les adultes bavardaient ou jouaient aux cartes tout en buvant un excellent punch que Suzanne et Robert Racine nous avaient préparé. La musique de chez nous ajoutait agréablement à l'atmosphère des fêtes.

Pendant ce temps, les sept ou huit jeunes enfants semblaient bien s'amuser ensemble alors qu'ils attendaient tous impatiemment la visite du "vrai Père Noël". Mais ce dernier, après une dure nuit de travail, semblait avoir per-

du beaucoup de poids (Jacki Bosse). Pauvre Père Noël...

De toute façon, la nourriture ne manquait pas; viandes froides, fromages, canapés, friandises de Noël etc... Nous aurions peut-être aimé avoir une quarantaine de personnes plutôt que vingt, mais pour plusieurs, le lendemain de la veille se devait d'être très calme...

Enfin, l'important est sans doute que tous les francophones de la région aient passé de belles fêtes de Noël. Robert & Suzanne Racine ont très bien préparé une petite fête qui a au plaisir à tous; Merci.

## EXPRESSIONS:

UNE POUDREE  
(A powdered)

A girl who looks a little bit like a Xmas tree; can be used as the feminine of 'ketaine'

UN VRAI PEIGNE  
(A real comb)

A person really tight with money; a scrooge.

PAS PIRE PAN TOUTE!  
(Not worst at all)

Appreciation like; not so bad!

PASSER UN SAPIN A QUELQU'UN  
(To pass a fir-tree to someone)

To trick someone into something.

IL N'EST PAS REGARDANT  
(He is not a watcher)

A person who closes his eyes on anything.

C'EST PAS LA TÊTE A PAPINEAU!  
(He is not Papineau's head)

He's far from being a genius.

ETRE SUR SON TRENTA-SIX  
(To be on his thirty-six)

To be all dress up for a big occasion.

IL A UNE GRANDE TRAPPE  
(He has a wide trap)

He's a loud mouth.

## UN PEU D'HISTOIRE DIXIEME PARTIE

Un exemple frappant de l'expansion explosive de Vancouver, avant la naissance du vingtième siècle, est celui de la création d'un service urbain de transport en commun. Après que la décision fut prise d'étendre un réseau ferroviaire pour omnibus tirés par des chevaux, les lignes et les écuries n'étaient pas encore terminées qu'on sauta à l'adoption du tramway électrique. Les représentants envoyés dans l'Est pour y acheter les chevaux durent revendre ceux-ci avant même de revenir.

Jusqu'à son incorporation, Vancouver portait le nom de Gastown qui lui avait été donné irrévérencieusement à cause d'un propriétaire d'hôtel, très verbeux et connu de toute la communauté par le pseudonyme "Gassy Jack". C'est William C. Van Horne, le constructeur de chemin de fer, qui choisit le nom définitif Vancouver, de préférence à Gastown et à Granville.

Quand la crise de croissance sera terminée, Vancouver deviendra une très grande métropole. On peut l'appeler, déjà, la porte de l'Orient. Le tonnage de son port de mer menace, dès à présent, de dépasser celui du grand port de Montréal. Libre de glace 12

mois par année, quatre chemins de fer y aboutissent: les Chemins de fer Nationaux et le Pacifique Canadien, venant de l'est; le Pacific Great Eastern, propriétaire du gouvernement provincial, venant du nord; et, le Great Northern Railway, venant du sud et des États-Unis.

Vancouver, c'est en vérité la queue d'un entonnoir. L'accès à l'océan Pacifique, par le continent, n'est vraiment pratique qu'à deux endroits: Prince Rupert, au nord, et Vancouver, au sud. C'est Vancouver qui l'a emporté. Favorisé par le climat, par l'industrie et par la population, il est situé en marge de l'une des plus riches régions agricoles du pays: la vallée du Fraser.

Les meilleurs souhaits que l'on pourrait faire à Vancouver sont les suivants: se débarrasser de sa formule actuelle de gouvernement municipal, donner des pouvoirs élargis à une commission de regroupement et de renouveau de l'ensemble métropolitain, une génération d'activistes consciencieux afin que la nature ne soit pas le seul artisan de ce site merveilleux pour une cité des hommes.

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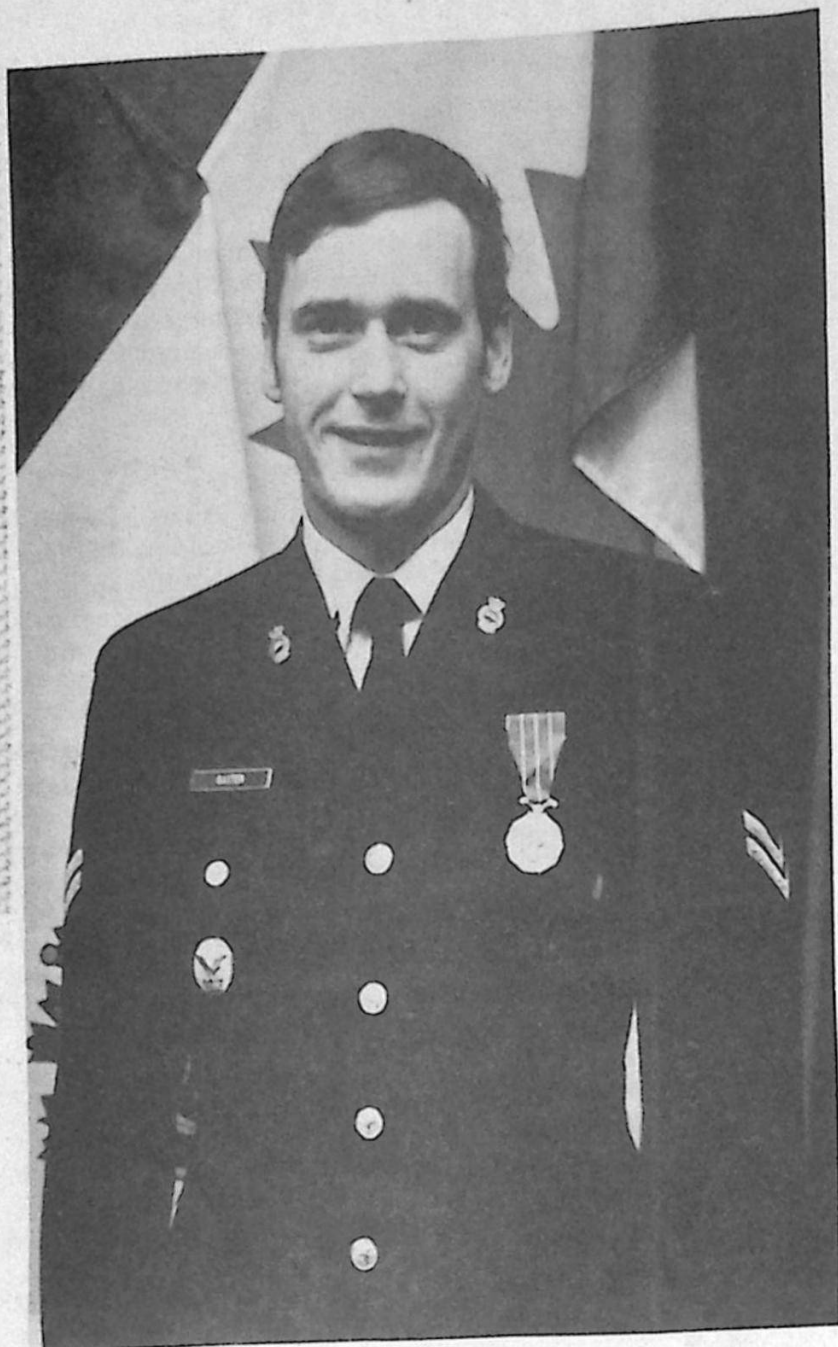
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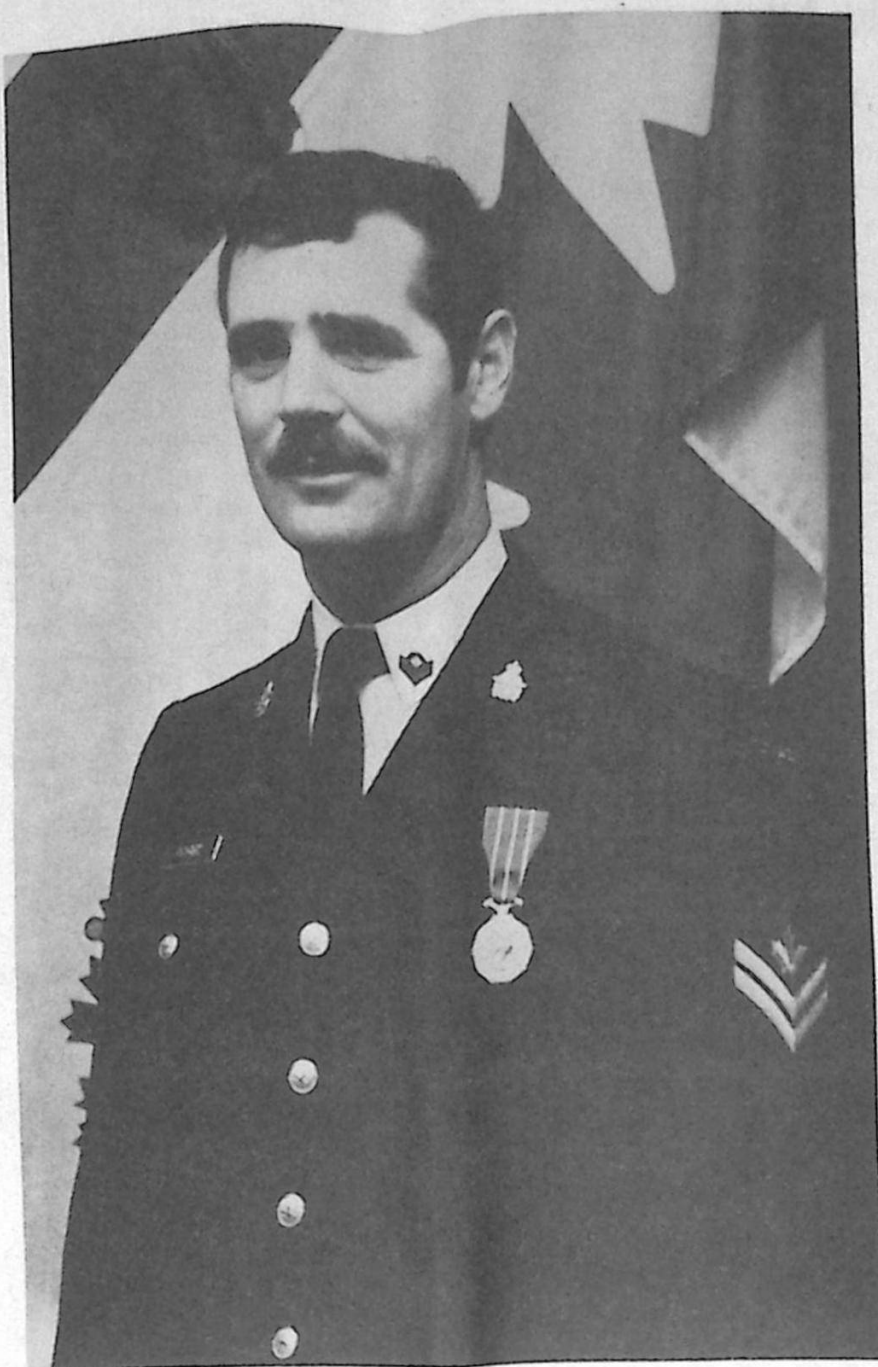
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# Promotions and awards



Cpl. Baxter, a firefighter here on base, is shown after being presented with his CD.



MCpl. Richard recently was awarded his C.D. Richard is a metal tech in workshops.



Capt. Mackey receives his certificate upon successful completion of the OPDP program.



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# Totem sports

## COMOX TEAM FIGHTS TO VICTORY FOR PAC REGION BROOMBALL CHAMPIONSHIP

The Pacific Region Broomball Championships were wrapped up yesterday, with the hosting CFB Comox club clinching the crown with a tightly-contested 1-0 overtime win over CFS Kamloops. After regulation time had wound down in a scoreless tie, one player from each team, as well as both goalies, were pulled for a five minute overtime period.

With Kamloops struggling to kill a penalty, Rex Pitcher scored the winner, ending the sudden-death frame with just 34 seconds remaining.

The game Kamloops squad had made it to the

final by virtue of winning the four team small base round-robin held on the previous two days. Monday saw them defeat HMCS Provider 1-0, then CFS Beaverlodge 3-1 after the latter had dumped Holberg 2-0 earlier in the day.

Kamloops then advanced to the championship game against Comox by shutting out Holberg 1-0 Tuesday afternoon, giving them a perfect 3-0 won-loss record for the preliminary round. Holberg won their only game of the tourney against HMCS Provider, while Beaverlodge dropped a 4-3 decision to the ship's team.

In the large base side of

the house, Comox was pitted against CFB Chilliwack in a best-of-three playoff prior to the championship game.

On Monday, goals by Fuller, Pitcher, Beaudry and Wright powered the home club to a 4-0 blanking of the visiting Chilliwack team, but the boys from the Fraser Valley forced a deciding game by taking a 1-0 contest on Tuesday.

Comox reversed the Tuesday outcome by taking a 3-0 decision Wednesday morning, which boosted them into their successful final game against Kamloops.

LCol. Clements presented the trophy to the victorious Comox team, who were led throughout the tournament by their captain Rex Ritcher who, by virtue of his three goals and an assist, led all scores. Thanks are extended to the organizers, as well as to referee Al Gil of Chilliwack and his assistants, which included Jim Hooley and Wayne Alley of Comox. Miles Barham was chief scorekeeper throughout.

The CFS Beaverlodge team iced three women players for the tournament, showing they don't all do macrame at radar sites. Helluva job, Comox.



LCol. Cameron is shown receiving the Aerobic Excellence award from Col. Chisholm.

### CALENDAR OF EVENTS

Soccer	30 - 31 Oct 80
Hockey	9 - 11 Feb 81
Old Timers Hockey	1 - 2 Dec 80
Broomball (Large & Base Combined)	5 - 8 Jan 81
Curling	26 - 30 Jan 81
Badminton Co-ed	17 - 18 Mar 81
Bowling	
- Mens	23 - 25 Feb 81
- Womens	20 - 22 Jan 81
Volleyball	
- Mens	3 - 4 Mar 81
- Womens	3 - 4 Mar 81
Road Race	End of Apr 81
Softball	
- Mens	
- Womens	

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### CFB COMOX

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WO Bob Buckley	315
MCpl. Ev Swann	315
Cpl. Armen Vartanyan	315
Cpl. (W) Karen Kowalski	315

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MCpl. Earl Hurd	314

#### BOWLING ALLEY

Sgt. Pat Hudson	238
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#### SWIMMING POOL

Cpl (W) Karen Kowalski	315
------------------------	-----

### ATTENTION DEPENDENT LADIES

#### BADMINTON LESSONS (10)

WHERE: Base Recreation Centre  
WHEN: Mon to Fri inclusive, 12 Jan 81 to 23 Jan 81  
TIME: 0900 - 1000 hrs  
CRITERIA: No experience is necessary  
EQUIPMENT: Rackets and shuttlecocks (Birds) are provided.  
COST: Nil, no monies, it's free  
REGISTRATION: Names can be submitted to the Rec Centre by calling local 315.  
NOTE: Lessons will be tailored to suit the individual, i.e.: Beginner, Intermediate, Advanced  
DON'T WAIT, DO IT NOW - NEW YEARS RESOLUTION

#### MASTERS SWIM

#### ATTN. SERVICE DEPENDANT LADIES

Are you interested in becoming physically fit in the comfort of a nicely heated pool? If the answer is yes then come out to the Base Pool on Mon., Wed., and Thurs. afternoons from 1:00 - 2:00. The only requirement is that you can swim 4 lengths of a 75 foot pool using the Front Crawl - with proper breathing. The classes begin the second week of Jan 1981. Come out and join us and become a MASTER SWIMMER.

For more information contact the Base Rec Centre, Local 315.

#### PAC. REG. HOCKEY 1981

PACIFIC REGION HOCKEY 1981 will be played at Glacier Gardens 9 - 11 Feb. Come out and support the 1980 Champs!

#### DEPENDANTS INDOOR SOCCER

Registrations for dependant indoor soccer will be held at the Rec Centre Mon 19 Jan from 1800 - 2000 hrs. All dependants, boys and girls between the ages 6 - 12 yrs may register.

For further information contact MCpl. Swann at local 315.

#### SKI TICKETS

Ski tickets for Forbidden Plateau skiing are now on sale at the Recreation Centre. Ski tickets are \$5.00 each for a \$10.00 lift ticket. Ski tickets will be sold on a first come, first serve basis. Priority for ski tickets will be military first then dependants and civilian employees.

#### WEIGHT LIFTING WEIGHT LIFTING WEIGHT LIFTING

Every Monday at 7:00 weight lifting in the Base Gymnasium. We have an instructor available who will assist you to attain your needs, also make personalized fitness programs to suit you.

## DANCE OF THE HAREM

People over the ages have been intrigued with Belly Dancing. It's origin is mysterious, believed to have evolved in the middle eastern cultures emanating in various styles which vary from culture to culture.

Examples are Harem dancing, Folk dancing and Cabaret dancing.

Belly dancing is an art form and comes naturally to the female form. Men have also been known to participate in this ancient

ritual and have become very adept.

The dance can consist of many segements including med-fast, fast(shimmies), slow (undulations), floor work, symbols and veils. Any or all of these can be incorporated into a dance.

Belly dancing is an excellent and fun way to exercise.

It is proposed to continue an instructional oriental belly dancing course at CFB Comox. Success of the course will depend once more on registration.

When: January 14, 1980  
Where: Recreation Center  
Cost: \$20.00 for 10 lessons  
Instructors: Mrs. Mickey Perencz, Mrs. Suzanne Greentree

What can Belly dancing do for you??

- Fitness - tones the whole body
- Improves posture
- Meet other people
- Entertaining
- Builds confidence
- It's fun!!!

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# Around the base



Top Student Award for Green Flight goes to Cpl. D.A. Maloley, CFB Comox SAR Tech, at the awards ceremony of the CFB Penhold Junior Leaders Course.



Cpl. L.H. Racicot, SAR Tech from CFB Comox, receives the Top Student Award for Red Flight following the recent Junior Leaders course at CFB Penhold. LCol. Williams, CO of 434 Sqn. Cold Lake, makes the presentation.

## RETIRING 407 FE's



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At the 407 Flight Engineer Christmas Party, tribute was paid to FE's who have retired from the Squadron. The retired men represent the loss of considerable expertise which will be missed by the CF.



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## FIRING AWAY

Have you ever wondered how hot a lamp gets and how long will it take to ignite cloth? Well, the local office of the provincial electrical inspector in Kamloops carried out some informal tests and we think you'll be interested in the results. We stress that the tests were informal and temperatures recorded are approximate.

Informal tests were carried out using two samples of (A) 60 Watt frosted GE 115-125 volt lamps and (B) 100 watt frosted GE 115-125 volt, 1000 hour rated lamps.

The lamps were inserted in a standard lamp holder mounted in the horizontal position. The ambient temperature was 23°C with little or no movement of air. For tests (1) to (8), a pyrometer test lead was taped to the top of the lamp glass envelope with fiber glass reinforced tape.

Test (1) Lamp type A (60 Watt) uncovered 5 Minutes 135°C

Test (2) Lamp type A (60 Watt) draped with one layer of cotton towelling 5 minutes 230°C cloth charred

Test (3) Lamp type B (100 Watt) draped with one layer of cotton towelling 5 minutes 210°C

Test (4) Lamp type B (100 Watt) draped with one layer of cotton towelling 5 minutes above top of scale (350°C) cloth charred

Test (5) Second sample lamp type A (60 Watt) uncovered 5 minutes 155°C

Test (6) Second sample lamp type A (60 Watt) covered with one layer cotton towelling 5 minutes 280°C cloth charred

Test (7) Second sample lamp type B (100 Watt) uncovered 5 minutes 220°C

Test (8) Second sample lamp type B (100 Watt) covered with one layer of cotton towelling 5 minutes above top of scale 350°C hole charred through cloth; no ignition

Test (9) Test (9) was carried out under the same conditions as tests (1) to (8) except the pyrometer leads wire removed so that the cloth was in intimate contact with the bare lamp.

Two layers of cotton towelling were draped over the lamp. Ignition took place in approximately 2 minutes.

## SILVER DOLLAR WINNERS

The first week of December marked the silver anniversary of Safe Driving Week. You will remember that week by the rush for snow tires and anti-freeze. As published in the Totem Times, the MSE Safety Section set out to award silver dollars to those motorists displaying the qualities of safe defensive drivers. Due to the condition of the roads during our snowy safe driving week, traffic

was almost at a standstill. In view of this, the silver dollar campaign was extended into the second week of December. The MSE Safety staff observed scores of drivers during this period. The major faults of most drivers were found to be: failure to signal when turning, failure to use seat belts, failure to clean rear windshield of snow and ice. There were those who did drive with care and cour-

tesy, however, their vehicles had deficiencies such as burnt out headlights and brake lights, broken windshield wipers and badly worn tires. Listed below are the twenty-five recipients of silver dollars who displayed all the qualities of safe, defensive and courteous drivers and whose vehicles were in good repair. Congratulations!

Let's make every week SAFE DRIVING WEEK.

SGT. J. WYNEN  
CPL. J. REMMER-SWAAL  
MR. J. MARKUS  
MCPL. D. DUNNE  
MWOT. OHARA  
PTE. G.E. ROY  
SGT. C.K. KELLAND  
PTE. D.A. RYCHEY  
CAPT. J.W. LAVIGNE  
CPL. GAGNIER  
MCPL. K.R. HAMILTON  
MR. R.A. ORR  
MR. WRIGHT  
WO CHRISTENSEN  
CAPT. MORRIS  
CPL. STOCKTON  
MCPL. PRICE  
CPL. HADLEY  
CAPT. CREAMER  
SGT. STOECKEL  
MCPL. A.R. SMITH  
MRS. J. PIPER  
CPL. VAILLEUX  
PTE. TESSIER  
PTE. GARDENER

## OWC ENJOYS CHRISTMAS TEA

The Officers Wives Club enjoyed a lovely Christmas Tea, December 7 at the Officers Mess.

The ladies of the executive committee set up the tables using their personal china, silver, linens and creative abilities. Each table was decorated beautifully and the strawberry crepes were thoroughly enjoyed by everyone.

We wish to thank those

ladies for their efforts in making the tea such a success: Diane Beech, Pat Black, Mary Dunsdon, Alix Fraser, JoAnne Harris, Evelyn Kennedy, Sue McKinley, Barb Myatt, Gail Thomas, Barb Thuen, Linda Witter and Sara Williams.

Start making plans now to come out to the January 21 meeting to pick up pointers and hints during our "Self Improvement Night."

# SENIOR CITIZENS- SOMETHING SPECIAL!

## GOOD NEWS FOR BRITISH COLUMBIA MOTORISTS WHO ARE 65 AND OVER.

In recognition of the special position which Senior Citizens hold in our society, a new automobile insurance grant has been announced by the Provincial Government.

Intended to ease the burden of increased auto insurance rates, the grant is equal to 25% of the 1981 compulsory automobile insurance premium.

It is available to any citizen whose vehicle is rated for 'pleasure' use, and both the owner and the principal operator are 65 years of age or more.

### How does it work?

- If you renewed at 1981 rates in December, you did not receive the new Grant and should visit your Autoplan agent who will arrange for a cheque to be mailed to you.

- If you haven't yet renewed at 1981 rates, you should advise your agent that you qualify for the Senior Citizen Automobile Insurance Grant, and he will deduct the amount from your premium.

- If you renewed your insurance in November or December at 1980 rates, you have already received the 25% Senior Citizen Discount which applied for 1980 insurance.

- If you purchased Autoplan Insurance for the first time on or after November 15, 1980, and are eligible for the Grant, you should check back with your agent and arrangements will be made for a cheque to be forwarded.

Call on your Autoplan agent for any information you require about Autoplan Insurance or the Government's new Senior Citizen Automobile Insurance Grant.

**INSURANCE  
CORPORATION  
OF BRITISH COLUMBIA**



The Totem Little Theatre is looking for new talent. If you enjoy "acting" or assisting in any aspect of the theatre such as, makeup, publicity, props, etc., please come to our 1st meeting of the year. Military and dependents welcome.

DATE: 15 Jan 81

TIME: 7:30 p.m.

PLACE: bldg 22 (on Base)

Det-5 USAF Orderly

Room.

If you need more information, call Peter Witter, Home: 339-3782 (after 4:30) or Loc. 434/235.



Edmonton area guidance counsellors pose in front of an Argus Aircraft during their recent tour of CFB Comox.

## PMQ Preamble

Happy New Year everyone! I guess we're all glad the festive season is over, and the children are back to school.

Lots of people are away on course now and almost as many are "cat and dog sitting". We're "cat sitting" until March 8.

Isn't it depressing to go to the post office and find your Income Tax return waiting for you?

I hope the children took advantage of the free skating during the holidays.

Many people are still putting their garbage out in plastic bags. This is a no-no, because the crows and sea gulls make such a mess

of it. Also your garbage should not be put out until the morning of pick-up.

The next council meeting is January 15 at the Base Conference room. All Wallace Gardens residents are invited to attend.

Weight lifting classes are held at the Base Gym every Monday at 7 pm. An instructor is on hand, so come out and build up those muscles.

Every Mon. Wed. and Thurs., from 1-2 pm a Service Dependents Ladies Master Swim is held. The only requirements being:

You must be able to swim 4 lengths of a 75 foot pool doing the front crawl with

proper breathing. These classes begin Jan. 12th. Register at local 315.

Dependents indoor soccer registration is on Mon. Jan. 19 at 1800 hrs. to 2000 hrs. for all dependent boys and girls ages 6-12.

There will be 10 badminton lessons at the rec. centre beginning Jan. 12 from 9-10 am, Mon. to Fri. inclusive. These lessons are free, and no experience is necessary. The equipment is free for use, so ladies, come out and improve your game for the Summer. The last lesson will be on Jan. 23. Register at loc. 315.

That's all for this time. See you at the Council Meeting Jan. 15.

CFB COMOX

## RESTAURANT GUIDE



EAT IN • TAKE OUT  
HAMBURGERS • SANDWICHES  
FISH & CHIPS • PRAWNS & OYSTERS  
SOFT DRINKS • COFFEE & TEA  
DESSERTS

HOURS:  
Sun to Thurs.  
11 a.m. - 8 p.m.  
Fri., Sat.  
11 a.m. - 10 p.m.

**BROWNSIES**  
fried chicken

1743 COMOX AVE., COMOX 339-5322



COME AND GET  
A REAL MEAL

Open Mon. - Thurs. 11 a.m. - 8 p.m.  
Fri., Sat. 11 a.m. - 9 p.m.  
Sun. Noon - 8 p.m.



**FAMILY RESTAURANT**

Full Service Menu • Open All Year Round  
AT THE DRIFTWOOD MALL

8 A.M. - 8 P.M.  
7 DAYS A WEEK.



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EAT-IN • TAKE-OUT  
Ice Cream • Burgers • Fries • Sundaes • Party Ice  
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338-5132





# Canadian Forces news



Master Corporal George Game, 32, of Falkland, B.C. heats up water during winter survival training in the Rocky Mountain foothills near Hinton, Alta. Son of Mr. and Mrs. Del Johnson, General Delivery, Falkland, B.C. and a member of 442 Sqn. Canadian Forces Base, B.C. he is one of 27 airmen now undergoing winter training in sub zero (minus 45 degrees celsius) weather.  
CF Photos by Sgt. Dennis Mah



**COLD TRAINING** - Master Corporal Frank Amadio of Comox, B.C. warms his gloves over open fire during winter survival training in the Rocky Mountain foothills near Hinton, Alberta. A flight engineer with 442 Transport and Rescue Squadron, he is one of 27 Forces' members now undergoing training in sub-zero (minus 45 degrees celsius) weather learning how to survive in severe winter conditions.

## EURO NATO JOINT JET PILOT TRAINING

Twelve of the NATO Defence Ministers took a major step for Alliance readiness today by signing a memorandum of understanding for a cooperative pilot training program known as EURO NATO Joint Jet Pilot Training (ENJJPT). The program is designed to improve the effectiveness and readiness of NATO air forces through the benefits of enhanced interoperability of forces, standardization of techniques and tactics, and the economies of large scale training. The new program, under development by the nations since 1973, will also lessen the burden of the European nations' airspace requirements associated with training pilots.

The program, consisting of undergraduate pilot training (UPT) and pilot instructor training (PIT), will have the capacity to train 320 student pilots and 110 student instructor pilots per course. Initial course production is approximately 241 student pilots and 80 instructor pilots. The program costs and instructor pilot personnel requirements will be proportionately shared and provided by all participating nations.

The program is scheduled to begin in October 1981, at Sheppard AFB, Texas.

This cooperative training program was developed by the EURO NATO training group which is a multinational organization under both the EUROGROUP and NATO. Belgium, Canada, Denmark, the Federal Republic of Germany, Greece, Italy, the Netherlands, Norway, Portugal, Turkey, United Kingdom and the United States are the participating nations in the program. The training course is approximately 55 training weeks (with a 260-hour syllabus).

This new program will reduce training costs for our Allies through economies of scale. Additionally, the training together concept is fully supportive of increased standardisation and interoperability for the Alliance and therefore readiness for all nations will be enhanced.



Lieutenant Daniel R. Drew, Mortar Platoon Commander of the 2nd Battalion, Princess Patricia's Canadian Light Infantry, displays the two top awards that he earned while attending the U.S. Army's Ranger School at Fort Benning, Georgia. He is the courses' Distinguished Honor Graduate and the holder of the Merrill's Maura Award for leadership and navigational skills. Lt. Drew joined the Canadian Forces in 1976 and is the son of CWO Reginald and Edna Drew of CFS Sioux Lookout.

C.F. Photo by Capt. R.M.W. Moore

## WARSAW PACT

cont'd from page 4

During the past decade, the Soviets demonstrated their ability in executing several large and successful airlifts to support their ventures in the Middle East (1973); Angola (1975-76); Ethiopia (1977-78); Vietnam (1979) and aircraft as well as minimal modern transport resources. By 1980, the introduction of sophisticated, all-weather aircraft was continuing at a rapid pace in the Soviet Forces. The Non-Soviet Warsaw Pact Air Forces were also being re-equipped with modern aircraft and support facilities. The older, less efficient transport aircraft of the 1970s have been replaced by a modernized fleet. The Soviet lift capacity of 1970 has been doubled in 1980 and the operational radius of action has been expanded four times.

Afghanistan (1979-80). The air logistical system and base support have kept pace with other programmes as has the overall air defence improvement schedule which now has a comprehensive, improved capability all round.

It is now possible to conclude that items which in 1970 indicated a lower capability or less than satisfactory rate of relative performance or were perceived as shortcomings, have been improved, or in a number of cases, eliminated altogether, regardless of the cost of implementation of such improvements in a compressed time-period.

Present Soviet and Warsaw Pact leaders have continued to emphasize their capabilities as well as intentions to place first priority upon military force pre-eminence - conventional as well as nuclear.

**EW**  
Courtesy  
 Adults \$3.25, O.A.P. \$1.50,  
 Child \$1.50

Mon. to Thurs. - 8:15 p.m.  
 Two Shows Fri. & Sat. -  
 7 and 9 p.m.  
 No Matinee This Saturday

Thurs. to Wed. - Jan. 8, 9, 10, 12, 13, 14  
**THE EXTERMINATOR**  
*...the man they pushed too far.*  
AVCO EMBASSY PICTURES Release  
 "Warning - Frequent brutal violence,  
 Some nudity & suggestive scenes" - B.C. Director

Thurs. to Wed. - Jan. 15, 16, 17, 19, 20, 21  
 Tim Conway, Don Knotts  
**"THE PRIVATE EYE"** GENERAL

Starts Jan. 22 - "THE WILDERNESS FAMILY PART II"

**Van Isle**  
Campbell River  
 1 Show Mon. to Thurs.  
 7:30 p.m.  
 2 Shows Fri. & Sat.  
 7:00 & 9:00 p.m.  
 No Matinee this Saturday

Thursday to Wednesday -  
 Jan. 8, 9, 10, 12, 13, 14  
 Richard Thomas in "BATTLE BEYOND  
 THE STARS"  
 "Some suggestive  
 dialogue" - B.C. Dir. MATURE  
 Thurs. to Wed. - Jan. 15 to 21  
**"THE EXTERMINATOR"**  
 "Frequent brutal  
 violence, some  
 nudity & suggestive scenes" - B.C. Dir. MATURE  
 Jan. 22 - "THE PRIVATE EYE"

**BASE THEATRE  
SCHEDULE**  
**CFB COMOX**

Jan. 8 - Jan. 11  
**BEING THERE**  
 Peter Sellers  
 COMEDY  
 Mature  
 Showtime: 2000 - 2210 hrs.

Jan. 15 - Jan. 18  
**FOXES**  
 Jodie Foster, Sally Kellerman  
 DRAMA  
 Mature  
 Showtime: 2000 - 2215 hrs.

**SUPPORT YOUR BASE THEATRE  
AUTHORIZED PATRONS ONLY**

**Port Augusta  
Motel**

- 1 & 2 Bedroom Suites
- Kitchens
- Games Room
- Sauna
- WATER BEDS BY SLEEP EZE, COMOX
- Coloured T.V.
- Dining Room
- Heated Indoor Pool

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 Mavericks, Comets, Pintos  
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# Rear-Admiral Tucker retires

Rear-Admiral John Tucker, 54, of Toronto, who joined the Royal Canadian Navy during the Second World War, will retire from the Canadian Armed Forces in January following more than 37 years of military service.

Associate Assistant Deputy Minister (Finance) and Chief Financial Services at National Defence Headquarters in Ottawa, Rear-Admiral Tucker attended the Royal Canadian Naval College, Royal Roads, Victoria, B.C., from 1943 to 1945.

He served in a variety of sea and shore appointments including the cruiser HMCS UGANDA and the aircraft carrier HMCS WARRIOR. He has also served in the United States with the Canadian Joint Staff at Washington, D.C., and at the U.S. Navy Aviation Supply Office in Philadelphia, Pa.

In 1962 he was posted to Ottawa and served in a number of senior naval supply positions at Naval Headquarters and Canadian Forces Headquarters. He was Director of Operations for the Canadian Forces Exchange System from November, 1967, to August, 1970.

Rear-Admiral Tucker attended National Defence College, Kingston, Ont., in 1970-71 and then returned to Ottawa where he served one year as Director of Supply Inventory and four years as Director General Supply Systems.

Prior to assuming his current duties in October, 1977, he was Director General Personnel Services.



**If you think fitness is a distant goal, consider this: you can walk all the way.**

**PARTICIPATION**  
The Canadian movement for personal fitness

## 413 Sqn. tops in SAR

Following the capture of the Saunders-MacKenzie award for best overall team in the 1980 International Search & Rescue Exercise, SAREX 80, 413 Transport and Rescue Squadron from CFB Summerside, P.E.I., has also been awarded the

Mynarski Trophy in recognition of operational excellence in search and rescue operations. The trophy was presented to the Squadron Commanding Officer, Lieutenant-Colonel E.A. Lowery, by Lieutenant-General K.E.

Lewis, Commander Air Command, at the Royal Canadian Air Force Association (RCAF(A)) annual convention in Calgary on 9 October 1980. The Mynarski Trophy is awarded annually by the RCAF(A) to the individual

or unit making the most significant contribution to Search & Rescue in Canada. Three areas of SAR activity are particularly evaluated in the adjudication of the trophy: operations, operational evaluation and defensive flying. The latter

area relates not only to safety and effectiveness of the flying program, but also includes visits and briefings to flying clubs and civilian organizations on flying herocially attempting to safety and search and rescue. The Mynarski Trophy was named in memory of safety and effectiveness of Victoria Cross winner Pilot Officer Andrew Mynarski, an air gunner, who died from injuries after attempting to save his comrade's life over Cambrai, France on the night of 12 June 1944.



### OPEN

MONDAY, TUESDAY, WEDNESDAY  
FRIDAY  
9:30 A.M. - 5:00 P.M.  
THURSDAY  
9:30 A.M. - 8:00 P.M.  
SATURDAY  
9:30 A.M. - 4:00 P.M.  
CLOSED SUNDAY

**COLGATE  
TOOTHPASTE**  
100 ml

**\$ 1<sup>07</sup>**

**DARE COOKIES**  
900 g

- "LUNCH TIME"  
- "COOKIE JAR"  
- "PARTY PAC"

**\$ 2<sup>67</sup>**

## JAN. 8 - JAN. 14, 1981 EX EVERY DAY LOW PRICES & SPECIALS

**EX INSTANT  
COFFEE**  
283 g

**\$4<sup>99</sup>**

**COMET CLEANSER  
TWIN PACK**  
2/22 oz

**\$1<sup>49</sup>**

**G.E. BEST BUY  
LIGHTBULBS**  
2's

**79¢**

**CRISCO OIL**  
3 litre tin

**\$5<sup>47</sup>**

**EX COFFEE  
CREAMER**  
500 g

**\$1<sup>79</sup>**

**MAXWELL HOUSE  
ORANGE PEKOE  
TEA BAGS**

250's **\$5<sup>99</sup>**

**JOY  
DISH DETERGENT**  
1 l

**\$1<sup>95</sup>**

**IVORY LIQUID**  
1 l

**\$2<sup>17</sup>**

**EX GARBAGE  
BAGS**  
10's

**99¢**

**MR. CLEAN**  
1.5 l

**\$2<sup>99</sup>**

**SUNLIGHT  
DISH DETERGENT**  
1 l

**\$1<sup>85</sup>**

**CASCADE  
DISHWASHER  
DETERGENT**  
65 oz

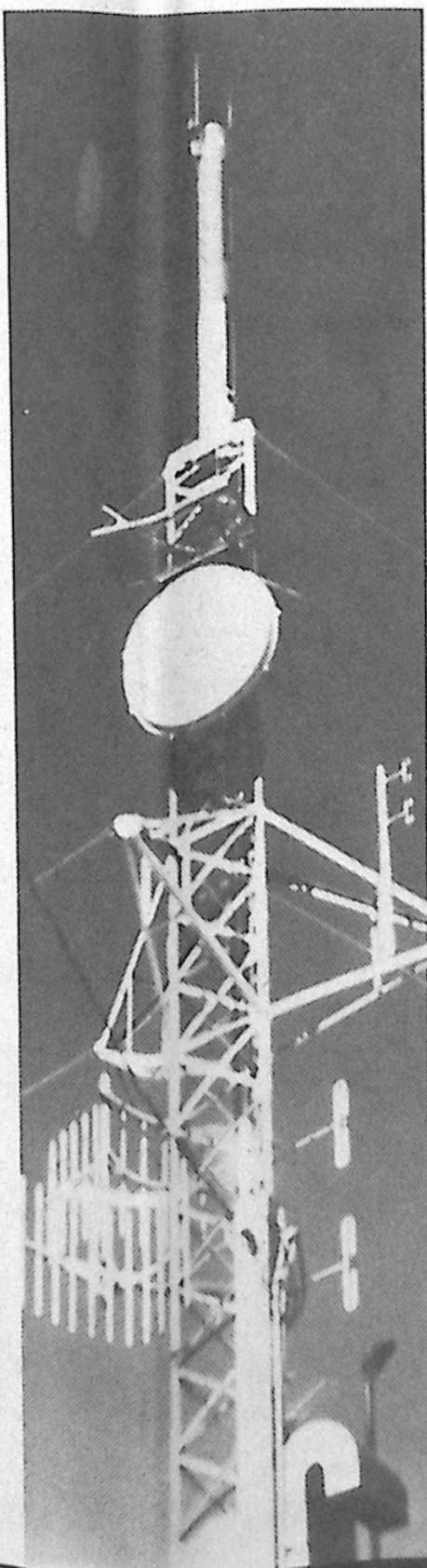
**\$3<sup>47</sup>**





"Moonset over the Pacific". A view from the Weather Satellite 20,000 miles out in space. This photo was taken 20 November 1980 at 11:15 am PST. Courtesy - CFB Comox Weather Office. It shows the moon setting over the Pacific, the bright "ball" in the top left of the photo.

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