



TOTEM TIMES



The Editor's Gone - Its My Turn - Have A Good Holiday Al - But Hurry Back Those Printers Bite

VOL. 18 - NO. 16

CFB COMOX TOTEM TIMES THURSDAY, AUGUST 12, 1976



NEWEST Nighthawk inspects his team - incoming CO Lt Col George Herbert inspects the troops at a recent handover ceremony. He is accompanied on his inspection tour by the outgoing

CO Lt Col Ev McKay. The new nighthawk takes charge of the 409th all weather fighter squadron at CFB Comox.

Base Photo

Canadian Forces To Get 18 CP-140's

LRPA Deal Clinched

Ottawa - After months of complex negotiations and much publicized delays, a smiling Defence Minister James Richardson delivered the goods July 21.

The Canadian Forces are going to get their 18 Long-Range Patrol Aircraft, replacing the Argus, to better meet this countries commitments to NATO, patrol the Arctic and coastal approaches, and perform other related national tasks, beginning in 1981. It's been designated the CP-140, and the price tag is 1031.7 million. But the 18 airplanes will account for only 382.2 million of that, or 21.23 million a copy. The rest will go for a sophisticated Data-Processing center in Greenwood and a smaller center in Comox, and a long list of ancillary requirements, including federal sales tax. Mr. Richardson explained that though Canada is buying the basic P3 airframe and engines, the CP-140 will carry a completely modern, new-generation package of instruments, electronics, acoustics and avionics system, some of which are installed in the US navy's advanced S3A Viking aircraft.

He stressed that we are not buying the P3C Orion, now in use in the US Navy, but added

that the capabilities of CP-140 and P3 LRPA previously considered are substantially the same, and "meet without reservations DND's military requirements".

The Minister said that in relation to the former P3 LRPA proposal by Lockheed, which floundered May 18, when the corporation ran into financing difficulties, the CP-140 contract "is a better one in every respect, except for some aspects of technical equipment, and those only marginally."

He emphasized that "we are not buying an inferior aircraft for more money," and that the aircraft's anti-submarine and surveillance roles are not affected. "It is an effective system that qualifies with the most advanced LRPA in the world," he added.

He said also that the most satisfactory deal possible was negotiated for the funds available at the time, and that the Canadian Forces are getting an aircraft that will be "foremost in its class for many years in the future."

Speaking of the technical differences between the XP3 LRPA and the CP-140, he said that although the changes wouldn't affect its military role, they are significant to the extent that it was con-

sidered necessary to designate it as something other than the P3 LRPA.

Technical Changes

Explaining the reasons behind certain reductions in technical equipment, the Minister said they were necessary to meet the effects of inflation and increased costs, because of the extra year negotiated in the new contract.

The reductions include changing instrument landing equipment back to the basic P3C system, choosing a different electronic support measures system and delete the bomb-bay canisters and mapping cameras. "None of these changes degrade the military effectiveness of the aircraft in its assigned role," he said, "all but the instrument landing changes are reversible." He indicated that additional equipment may be added when the need is identified, and budget resources permit. Referring to the financial arrangements negotiated for the CP-140, he regarded that under the earlier P3 LRPA proposal, a sum of 375 million was required in "bridge" financing, and that this resulted in the cancellation of this program. Total cost under the former P3 LRPA proposal was to be 953 million, not

including financing charges, which would have boosted the figure over the 1 billion mark. He said the new contract does away with the most of the requirements for interim financing, and that yearly cost requirements for 18 CP-140's can be met from within the budget resources of DND. 16 Million not Lost

A factor of major importance, he pointed out, was a sum of 16 million that would have had to be paid to Lockheed for start-up and development costs associated with the former LRPA proposal. This sum will not now be lost, but the benefits applied to the new contract.

Explaining why the new contract meets the budget resources of DND and the former proposal did not he said, Lockheed introduced certain changes that made the deal acceptable; they were: a one year delay in the production and delivery schedule, a stretchout of the early years, and an agreement by Lockheed to finance, from within their own resources, and without Canadian government guarantees or involvement, a cash shortfall of up to 50 million. Mr. Richardson said that it should be clearly understood that Canada, in demanding a specific type of aircraft to meet the particular needs and alliance commitments, is also gaining in an economic sense from those same needs.

The costs of a large acquisition such as this, he continued, often are emphasized without giving due consideration to the very substantial industrial benefits and high-technology job opportunities that these expenditures bring to many parts of Canada.

He pointed out that through certain contractual and other arrangements, the CP-140 purchase provides a potential for as much as 932.6 million.

Herbert In Charge

New Head Nighthawk In His Nest



Lt./Col. George Herbert, C.D.

A Message From The MND On The 21st Olympiad

Minister Speaks

Congratulations to the Canadian Armed Forces. The Flame of the 21st Olympiad is now extinguished, but another has been lit, quietly and unceremoniously, in the minds of Canadians as they contemplate with pride the outstanding conduct and achievement of the Canadian Armed Forces in support of the Olympic Games. As Minister of National Defence I know that much of this work was carried out effectively and with dedication outside the public view. It was not by chance that this magnificent international event was celebrated and concluded without any violent incident. The intensive training and careful preparation of the Canadian Armed Forces to

deal with acts of terrorism may well have been the central reason that there was no act of violence throughout the Games. Canadians everywhere will now want to join in expressing sincere appreciation for the competent manner in which the regular force and the Reserves successfully completed the complex and diversified tasks assigned to them. Our Forces have once again earned the admiration of all Canadians, and, in fact, the gratitude of all competing Nations, for the part they played in maintaining the security of all. Canada's Armed Forces have reached another plateau in the concept of service. Congratulations on a job well done.

LIEUTENANT COLONEL GEORGE HUGH HERBERT has taken over command at the nest of the all weather night fighters.

Lt Col. Herbert joined the service in 1954 and after spending two years at Royal Roads, one at Royal Military College, and one at the University of Saskatchewan, he graduated with a Bachelor of Engineering Degree in Electrical Engineering.

Subsequent service life saw him serve with 440 Squadron in Zweibrücken where he piloted CF 100's for two years. He was then posted to C.E.P.E. in Ottawa in 1963 where he flew numerous types of aircraft of the RCAF. That year of intensive flying was in preparation for his next posting to the Empire Test Pilots School in Farnborough, England.

The year 1964 saw Lt Col Herbert in England where he flew twelve different types of aircraft. A lot of his flying time while in England was spent on Hunters, Canberras, and Viscounts.

In 1965 Lt Col. Herbert was posted back to Canada to A.E.T.E. in Ottawa. While there, he worked on numerous evaluation tests. He carried out evaluation testing on numerous light executive jets prior to the Forces purchase of the Falcon. He also spent time flight testing equipment for the Snowbirds team and did a lot of work in ejection

seat trials. Another prime project while at A.E.T.E. was that of project pilot for Buffalo Aircraft procurement. Lt. Col. Herbert wound up his tour at A.E.T.E. as Officer Commanding for Fling.

Lt Col Herbert then spent his next year at the Staff College in Ottawa.

In 1970 he was transferred to Chatham where he took up Flight Commander duties at 416 Squadron. This tour lasted until 1973.

In 1973 he was posted to Victoria where he took up duties as Vice Commandant of Royal Roads Military College. He continued in this position until recently, returning to his first love - flying, and as bossman of the Nighthawks.

Lt Col. Herbert, his wife, Lois and his two children, Christine and Shaun have purchased a home in Comox and I am told all are thrilled and very, very happy to be new residents of the Valley.

While here the Head Hawk hopes to pursue his pet hobby of antique refinishing if he can find the time between the chores of Command. He also mentioned that he was an able and willing fisherman - not necessarily a good one, but able and willing.

C.F.B. Comox and the Totem Times take great pleasure in welcoming the Herbert family to the Valley and we hope that their stay will be a happy one. CHEERS!

Menzies Cites Forces As Highly Professional

The man who has served as Canada's ambassador to NATO and permanent representative to the North Atlantic Council for the past four years, Arthur Menzies, has fired off some glowing words of praise for the "highly professional performance" of Canadian Forces in Europe.

Before leaving Brussels July 5, en route to a new post as Canadian ambassador to China in Peking, he said:

"I wish to convey through you, to all ranks of Canadian Forces Europe and their families, the sense of pride in their highly professional performance and their Canadianism which has sustained me in my work at NATO headquarters."

"I took great personal satisfaction in January, 1975, in taking the secretary-general of NATO, Dr. Joseph Luns, and the 14 other ambassadors, to inspect base units 4 CMBG, and 1 CAG at Lahr and Baden-Soellingen. I have also welcomed opportunities to visit 4 CMBG during field training exercises."

"I thought that the way in which CFE responded to the urgent unexpected request on May 7, to provide assistance to the earthquake victims in the Friuli region of Northeast Italy, demonstrated superbly the quick reaction capability and flexibility of our forces."

"The speedy way in which the task force was organized and despatched, the understanding and desire to help in any way possible, the quick adjustment of the task force to locally stated requirements - all these showed what the force is capable of."

"I am delighted that 4 CMBG is to get new Leopard tanks and other equipment. The government's stated intention to maintain an air element in Germany will mean the eventual replacement of the CF-104 aircraft."

"Canadian Forces Europe has shown that with skilful maintenance it can perform very well on existing equipment. I am confident that CFE will continue to perform its responsibilities in the deterrent role of the NATO Alliance in a way that will bring credit to Canada with its allies."

"I will continue to watch with interest your performance from the other side of the Great Wall of China, in my next post in Peking."

Mr. Menzies' successor in Brussels is J.E.G. Hardy, 55, a Montreal native whose last post was Canadian ambassador to Spain and Morocco. From July, 1966, to November, 1967, he served as Canadian Minister and deputy permanent representative to the North Atlantic Council.



Haircut Control Changes Hands

New B.W.O.

CWO Lorne Blythe recently arrived at CFB Comox to assume the position of Base Warrant Officer. CWO Blythe is originally from Durham, Ontario and enrolled in the RCAF in September 1949. He began his career as a Comm Tech Air and, after a promotion to Warrant Officer, became an AVS Tech, serving on the Demon Squadron for

approximately 9 years. Sadly, he left 407 Sqn. in 1971 for an overseas posting of four years duration and then spent 1 year in Trenton before returning to his land of dreams, Comox. CWO Blythe returns to us with his wife Madeline, and one son; he has two married daughters. His interests lie in the fields of Golf, Curling, Fishing, and Hunting. (No wonder he wanted to come back!)

The official Handover Parade will be on 16 Aug. at which time CWO George Howard will turn over to CWO Blythe the responsibility of checking for haircuts and shiny shoes on the Pte's, Cpl's, and just about everybody on the Base.

The staff of the Totem Times would like to welcome CWO Blythe and his family to the Comox Valley and hope his tour is indeed a pleasant one.



BGEN VINCENT is shown being welcomed to the Sr. NCO's Mess by MWO Harry Alstad during his recent visit to CFB Comox. Tallman looks on with apprehension as Harry puts the death grip on the general. However, the general was able to overcome the weight disadvantage and when last seen Harry was down for the count.

C.F.B. Esquimalt

A change in the command of Canadian Forces Base Esquimalt was held on July 30.

Captain (N) Peter R. Hinton has directed the destiny of the base since June 28, 1974. He retires from the Canadian Forces after a naval service spanning 31 years. He first

joined the Royal Canadian Navy Volunteer Reserve in 1941.

Captain Hinton was replaced by Captain (N) Colin H.P. Shaw, who has been commanding officer of the Esquimalt-based supply ship, Her Majesty's Canadian Ship Provider.

Demons Honor Duke

A contingent of demons thought that "Dukes", a tavern on the El Camino in Santa Clara, California, was their idea of a home away from home. So much so that they presented owner Larry (Duke) Skelm with a large metal commemorative plaque which renamed the establishment "The Canada Bar." It seems that Duke was in a

financial bind, what with rising costs and falling business but with the help of a group of very dry demons he is back up again. Story has it that Duke was so taken with the Canadians and their generosity that he threw a farewell bash for the guys. Another job well handled by Montgomery's whale killers - good work guys!

Section News

Goldie's Golden Hour

A major milestone in a pilot's career occurred last month, when Captain Bob Goldie of 442 Squadron completed 10,000 hours of military flying. The magic hour was achieved while flying over Pelly Crossing, Yukon on 5 July, in a Labrador helicopter during a Northern training flight.

In his 26 years in the Forces that, incidentally, started with search and rescue flying, Bob has flown no less than 14 types of military helicopters, ranging from the ancient H-5 to the CH-3E, "Jolly Green Giant," and 10 types of fixed wing aircraft, ranging from the Norseman to the Northstar. His many hours in the cockpit have taken him from the frigid temperatures of Alert in the High Arctic to the heat of Yemen and the Congo, from United Nations flights in the Mediterranean area to mercy flights here on Canada's West Coast.

Interspersed with his many years of flying were ground tours, first at Cold Lake as Station Services Officer, then later as an operations officer at Trenton. A particular highlight was a stint as personal pilot to the Commander of the 4th Canadian Brigade Group in West Germany.

But for Capt. Robert J. Goldie, his most personally rewarding task has been, and always will be, Search and Rescue.



"BOY, AM I TIRED" - Capt. Bob Goldie, as he steps out of his aircraft at Whitehorse, after completing 416 days and 16 hours of military flying. Bob completed 10,000 hours while on a training flight in the north last month.

A "Sonny" photo

? Crabfat ?



THIS IS A CRABFAT?? MCpl Sandy Sams after a long and distinguished career as Communications Systems Technician on Argus Aircraft is about to try his sea legs. Sandy spent nine years in Greenwood and recently departed for Shearwater after eight years with the elite Squadron here at Comox (that's the 407 Demons to the uninitiated). Sandy's technical ability and expertise on the Argus will be sorely missed. However, he joins an ever increasing number of former Demons that have made the trek East and will no doubt keep the SeaKing fleet shipshape.

Red Dye 2

Are you feeling blue about Red Dye #2?

Some people are because the United States proposes to ban the use of this food colouring, yet Canada has decided to allow it to continue to be used in the food supply.

Before you turn purple, remember that amaranth, as it is known in Canada, has been in use for many years and is strictly regulated under the Food and Drugs Act by the Health Protection Branch.

The Canadian decision is widely supported by many authorities, including the Joint Expert Committee of the Food and Agriculture Organization of the World Health Organization.

Canada's Health & Welfare Minister Marc Lalonde issued a detailed statement earlier this year on the Canadian position.

It includes information about the American studies that led to the U.S. decision, the status of amaranth in other countries, and the views of international health agencies.

It also describes the research on amaranth done by the Health Protection Branch, the Canadian use of food colours, and a brief history of departmental regulation of food colours.

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THE KIDS NEED YOU

DID YOU KNOW???

BY "WESTWING"

That thirteen RCAF squadrons during WWII flew the Spitfire, but that only one of them took part in the "Battle of Britain."

That the prototype Spitfire flew in March 1936, and that the Irish Air Force retired the last of its Mk. 9 Trainers in 1961.

That the Turkish Air Force flew both the Spitfire and the Focke Wulf Fw190 at the same time in squadron service.

That 1 (F) Squadron, RCAF, was renumbered 401, and was the only Canadian squadron to participate in the "Battle of Britain", using Hawker Hurricane Mk. 1s.

That the only RCAF squadron to serve with the RAF Desert Air Force was 417 (City of Windsor) Squadron.

The Night Hawks Nest

In response to numerous letters of complaint for missing the last column let me just say this, I have a very good excuse and for the price of draft I'll let you know what it is. However let me try to make amends and bring all you faithful up to date on what's been happening around the nest for the last couple of fortnights.

A full moon ago the fearless night fighters had a mugging lunch for ex-boss McKay (now known as the fink from SOOT), his right hand man Zinkan, almost golf pro Arthur, Orville (G&T) Malcomson, Speedy Eddy Leask, lacy Larry Faulkner, motor mouth Mike McKay, and marvelous Mike Spooner. The Colonel, Zink, Rad, Orv, and Spooner are already gone and Eddy, Larry and Mike are so figmo they may as well be. We wish all of them the best of luck in their new endeavours and hope they bring the same dedication and professionalism to their new jobs.

In case any of my readers have been stranded in out of the way places (or worse, Montreal) and don't know where this motly collection is headed for, let me enlighten them. The ex-Super Nighthawk and Radnick are going to North Bay to head the TacEval Team and we all hope they mellow with age. Peter the "Z" is about to spend a lot of money on books and a typewriter as he becomes a pupil at Staff College in Hogtown. Orville Tonque will impress the neophytes at Moose Juice with his aerial skill and daring. Before he left, Mrs. Malcomson's pride and joy amassed 1000 hrs in the front seat which nicely complements the grand he acquired in the back seat before he bought a bigger wallet. Fast Eddy will spend several years in Portage flying Musketeers and several hours taxing with his foot stuck in the door to keep or look cool. Larry is going to learn how to talk to computers in St. Margaret. He figures it'll be easy seeing Navigators can understand his every mono syllable.

The Mike Brothers of

Spooner and McKay are going to 410 Squadron in Kebec to teach young and old alike the intricacies of the big Silver Cadillac. Thanks from all of us for everything you've done in your tour boys.

Another almost squadron member has also been absent around the hangar for a couple of weeks now. Al Robb - from Major to Mister - will be missed by one and all but if you want to see him, call him with an offer to buy a house. He might even test fly it for you but I wonder if he'll put in a UCR on it. Al and Shirley; the best to you both.

Now that we said goodbye to the old, let's welcome the new. Numero Uno, Boss Herbert, took over in a ceremony befitting heads of state. The hand over parade went flawlessly thanks to our EXO. He made sure only people with rhythm were allowed to partake of the marching. Boy, there sure is a shortage of Catholic navigators around the nest. Tom Potter and Charlie Gladders managed to lead a 4 plane over the dias at the exact time which is a feat paralleled only the Timex torture tests.

The other new body wandering around is not so new to the Voodoo Game. Ray Harpell has been around for years and comes direct from Victoria where he did some PIO work for MARPAC. Welcome to you and your Fraus and we hope you all enjoy your tour.

To make our formation lead of Tom and Charlie look good 6 other white knuckled hawks have been sweating their collective beers out. On the right wing Sit Lou Glussich and Rich Little.

They're flying together because neither knows how to play Acey Doucy and they can talk strategy while trying to hang in. On the left wing are Tommy Goodall and Pete Ott because they personify skill and cunning. The solo slot is filled by Jon Alexander and Trev Wallace. They were picked because it's 409's answer to Mutt and Jeff. It should be noted that Charlie got the lead navy job because he is the only one that owns a watch.

This flying circus of social

misfits has of course been practicing for the upcoming Abbotsford Air Show. If you happen to be on the mainland to see the show, and you like it, let them know; if you don't, tell the lead. To round out 409 Squadron's contribution to Abbotsford Eddy and Jock Campbell, and Kent Smerdon are going to do the static displays and Jim Reith is going to do the commentary for the air show. Another fine collection of animals trying to represent birds.

Our new Boss got his first real look at the fine fighting machine that he inherited during a Cudgel Caper last week. Our OpsO with the name nobody can spell (will W Smith) suffice was not too impressed with the overall performance though. He couldn't understand why duty Balloon Cleland forgot how to start engines; or why Willy Tell hopefuls Smerdon and Gladders accounted for 50 per cent of the total heads ups. I figure that's nothing to worry about, just normal A Flite performance.

Fearless Frank Martin took his wife to Reno with hope of coming home and having enough winnings to buy the C.F. air element. No such luck though and probably just as well. King Martins Air Force just doesn't sound right.

Trev Wallace our resident ankle biter is going to Winnipeg soon on another career course called SANC. If nothing else he'll learn the mathematical probabilities or dice rolls which could help his game immensely. He's not going till September (Comox Summer - Winnipeg Winter) but I thought I'd mention it now because he's shrinking every time he does those "6G" 360's. By the time the Abbotsford Air Show is over we may not be able to see him. Hazen Codner has gone to Chilliwack on TDY to augment the underprivileged. I hear he is going to make up new lesson plans for basic training. Hazen was picked because someone saw him polish his shoes just last spring. See what keen gets you?

Congratulations are due to a new Major. Tall Jon, our resident Yankee dot steerer

From Under The Night Hawks Nest

Congratulations to the BTubO and his seaborne section for their excellent showing in the annual Bathub race from Nanaimo to Vancouver. For those of you not familiar with this group they are: BTubO-MCpl. Tom Quibell and his section of - Cpl. Sue Lawson of the SAMCRO Section and Pte. Brent Binney of the Base Fire Hall.

Tom ran a very well planned race, staying in the top ten until a fuel problem occurred about one-half mile from the finish, this put in a final standing of 49th. Then there was the "Sand Trap". Brent did very well with a solid 22nd place and Sue, with a (miscued) fuelling incident at sea was unable to finish. For the first time effort Sue, well done. Maybe next year!

It is due primarily to the enthusiasm and efforts of Tom Quibell that the base has entries for this yearly event. The equipment, motors, hulls and driver training require a lot of work and effort. Well done Tom. And a big thank you to the chase boat

operators for their time and boats that are vital to the race, and to all the sections that contributed time, expertise and equipment that helped the BTubO and crew come up with an excellent showing.

SAMCRO Section has two new additions, Capt. Harris is back in his favourite chair in the room with a view. Welcome back Sir; and our other new face is currently terrorizing the sub-libraries. It is rumored that he was retrieved from a used car lot; welcome back WO Makosley. (Are the Canadian Armed Forces now in the Recycling business?)

For a period of time when there was to be no postings or transfers the Armament Section has more new faces than ever before. We would like to welcome to the Section: Murray Sharpe from Cold Lake; Jim Dodge also from Cold Lake; Bill Payne arriving from BAGOTVILLE; John Mulholland from Overseas.

These people are some of the replacements for the retiring: Ed Wood; Jim King and Larry Barons. Leaders posted are Don James; Pete Carrier; Langis Lebel and Claude Faubert.



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DID YOU KNOW???

BY "WESTWING"

That only six Lancasters are at present preserved in Canada, and of the six, four of them are in Ontario. Only one is undergoing restoration to flying status.

That the war-time Lancaster Mk. 10 aircraft equipped with Packard Merlin 224 engines had a cruise speed of 165 mph at 15,000 feet.

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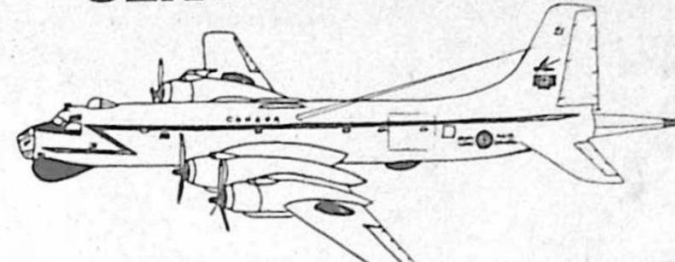
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Demon Doins

Several things of note have happened to the resident demons since last column. We had an outstanding fishing derby at which the boss dropped in. He landed on the lawn by the barbecue pit to the amazement of all assembled demons who had just tapped the 6th keg of the day. Mug presentations were attempted and again given up as a lost cause. All in all it was a good day.

The squadron mugged out LCDR. Watson who is taking up duties as helicopter driver with coast guard in Prince Rupert. Capt. Jones is departing for Ottawa and Capt. Irving is leaving for a course in Winnipeg. Capt. Cumberland is heading for Shelburne, N.S., Capt. Goldie takes up new duties with mast team and Capt. Dolan is heading for City Street to do god knows what. Farewell and good luck to you all.

We have been gaining or should I properly say regaining our Olympic workers as well as some new squadron members. Welcome back Olympians and welcome to Capt. Ken Kennedy, new pilot for crew 4, Capt. Ted Turner new pilot for crew 3, W.O. Dick Nimmo, observer to crew 6, Sgt. Lundquist, observer to crew 5, Sgt. McPherson to crew 3, C.W.O. Frank Zruba, observer to crew 2, Capt. John Bossons nav for crew 2. Out with the old and in with the new.

We have some gala events coming up in the near future. For all marching enthusiasts, we have a squadron handover on 10 Sept. we have a visit on 24 and 25 Aug. of 4 of Canada's finest minesweepers. Just remember you heard it first in the Totem Times.

Until next issue —cheers....

407 Tech Ramblings

The ASW-RTT Labs of No. 7 Hangar have been quiet for the past several months. But Howie English has returned from his PL5 Course followed by Olympic Duty, to do his clearances enroute to CFS Carp. Cpl. English says its at to be back after Mon-al and will try and get the 1984 Olympics for Comox-Courtenay.

Also expected back from Montreal are Harry Brand, Pierre Forget and J.P. Lavoie. Sam Dunn is extremely happy that there will finally be more than one CS Tech in the Lab, in fact he was seen hopping and jumping around the shop, clapping his hands and yelling "Whoopie". Sam will take some well deserved leave and will tour our Great Country above 49 degree N.

Ken Kerstens and family are headed for California and Walt Disney's expanse of fun and games. Ken "The Pongo" is jubilant because without even a word from him, his wife has volunteered to try

camping. We eagerly await his return to find out if he can still pitch a tent and dig ditches. MWO Morely Schwindt our beloved 21-c departs for Argus Servicing and everybody knows he asked for the move because he disliked climbing those stairs every morning.

Jim Hara and Al Tomlinson are looking for someone who will let them win at cards. They have tried different games but still do not win, anyone for Tiddlywinks?

Fred Neild returned from his second TD trip in as many weeks and it is a general consensus that Fred likes Polar Bears. Fred mentioned that accommodations were limited on the last trip but a certain RS Tech had a Sauna bath every morning.

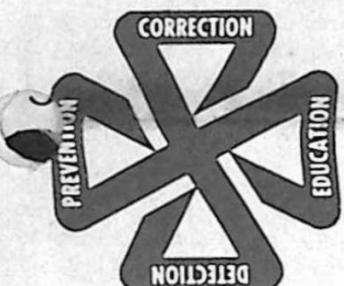
Ken MacLean our Totem Times representative says he has done nothing worth mentioning, maybe someone should tell the Tech Adj about this Man.

Bon Soir Bon Chance

Accident Safety

By Safety Sam

How Is Your General Safety Program?



Chimney fires are becoming a dangerous consequence of the energy crisis. With more fireplaces in regular use during this past winter, fire chiefs throughout the country report more chimney fires than they have seen in the last quarter century.

All safety experts agree that chimney fires can be practically eliminated with a few simple precautions on the part of the homeowner. With the heating season behind, there is no better time than this moment to put your fireplace in a safe operating condition for the next season — and resolve to keep it in

pe. chimney fires are usually result of soot buildup in the flue. Whenever you have a fire, carbon particles rise — especially when green wood is burned — and coat the inside walls of the chimney. Old brick or stone fireplaces with their rough surfaces are particularly vulnerable, but even modern homes with their smooth tile flue liners are not immune. Soot buildups — some are two or three inches thick-burn like charcoal once they are ignited. While there is little danger that such a fire will get past a tile liner in good condition, there is plenty of danger that it can work its way through the decaying mortar joints of old brick or stone chimneys. By the time such a smoldering fire is discovered, it may have a head start that cannot be overtaken.

The easiest—and most expensive—way to take care of your fireplace is to hire a professional chimney cleaner ("sweep") and give him the responsibility for maintaining a safe and efficient fireplace. If you want to take on the job yourself you won't find it too demanding or difficult.

Once and for all, you can put aside most worries about chimney fires with this three-part maintenance program:

1. Inspect your fireplace now to see if it is clean.
2. If it needs cleaning, follow the steps discussed later in this article.
3. In the future, stop

burning soot-producing materials.

Inspecting the Fireplace.

At your fireplace opening, open your damper as wide as possible and look up the chimney. (If your back is not up to the contortions involved in this maneuver, hold a mirror in the chimney opening for your inspection). Check out the flue lining. Does there appear to be any appreciable soot buildup on tile or brick surface?

Up on the roof, use a flashlight to examine the interior of your chimney from the top. While soot accumulation will be heaviest in the lower part of the flue, roof inspection will help you gauge the extent of your soot problem. While you are up there, check the mortar joints in your chimney. Poke at the mortar with a screwdriver to test the decay. Any leaks in these joints can interfere with the chimney's draft, as well as present a fire hazard. The joints suffer the most damage and deterioration in the winter when fires are hottest and drafts are strongest.

If your inspection reveals a significant soot buildup, or mortar decay, plan on a chimney sweep or repair as soon as possible. In the meantime, build no fire. **Cleaning the Chimney**

A chimney sweep is the process of dislodging whatever is blocking your chimney flue or clinging to its walls. Don't be too surprised at what may drop out of your chimney. Sea gulls, squirrels, bird nests, pigeons, baby racoons, even snakes — all have been found in chimney flues.

The pros use wire brushes to sweep chimneys and high-powered vacuum cleaners to collect the soot. Old-timers used to cut a small fire tree, tie a rope to each end, and pull it up and down the chimney. A piece of heavy chain — six feet of it, looped and tied to the end of a rope — is widely used when the buildup is heavy. Our choice is a burlap bag filled with straw or rags, weighted with stones, which is dragged up and down the flue.



CAPTAIN ROBERT BRUCE TAYLOR receives retirement memento from the Base Comptroller, Major Stroud, at a Mess Dinner in the Officers Mess at CFB Comox. This concluded 25 years of service in the RCAF, RCAPC and the Canadian Forces. Captain Taylor's career spans duties as a radio

officer, navigator, pay officer, and base management services officer along with a variety of other duties and interests. He plans to retire in the Comox Valley and we at CFB Comox wish him all the best.



COMOX SERVICEMEN RECEIVE First Clasp to Canadian Forces Decoration-Back Row, L to R: Cpl Jensen, MCpl Ball, Cpl Weman, WO Brown, MCpl McMillan, WO Walles. Centre Row, L to R: Cpl Barnett, MCpl Bucknell, Sgt Goodburn, WO Baird,

MCpl Wilson. Front Row, L to R: Sgt Phillips, Cpl Clouthier, Cpl Reder, MWO Sweet, Cpl O'Riley, MCpl Verchere, MCpl Judge.

Although it's easier to clean a chimney after a rain when the soot is damp, a wet roof or any roof poses a hazard in itself.

Before a climb up on the roof, cover your fireplace opening with an old sheet, wrung out in water and hung on a wooden frame made of scrap lumber.

Fill a burlap bag (still available at some grain and garden stores) with straw, rags or sawdust and add a couple of large stones or bricks. Up on the roof, tie a long rope to the bag and lower it into your chimney. Pull it up and lower it until the flue walls are clean. Use your flashlight to check at both ends.

Once the flue is clean, remove the wet sheet, and if the soot is dry, use a garden sprayer filled with water to moisten the soot that has been dislodged. Scoop it up into paper bags.

Inside the fireplace

opening, check the damper. Close it and see if it fits the opening tightly on all sides. If it doesn't, you are losing room heat whenever the fireplace is not in use. Repairing a damper is usually a job for the pros.

Open the damper wider (or if it is removable, take it off) and clean the soot from the wind or smoke shelf at the bottom of the flue just above and behind the damper. Use a flat piece of metal or cardboard as a scraper scoop. The wind shelf stops the down-currents of air that would drive smoke into the room.

If your fireplace has an ash-pit, clean it out. Use a vacuum cleaner in the fireplace opening. Check the firebricks by poking at the mortar with a screwdriver. Loose bricks are a fire hazard. Remove them and scrape the mortar out. Thin some furnace cement with water until it spreads easily, butter it on the bricks and tap the bricks into place with a mallet. Let the cement dry completely before building a fire.

If your earlier inspection of mortar joints at the top of the chimney revealed some

(Continued on page 11)

COOL IT MAN! ARE YOU PLANNING A TRIP THIS SUMMER

VIA CAR AND TRAILER OR CAMPER-TRUCK? IF YOUR VEHICLE IS EQUIPPED WITH AN AUTOMATIC TRANS.

YOU NEED EXTRA COOLING



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Baby Cribs And Carpets

OTTAWA, August 4, 1976, — The Honourable Bryce Mackasey, Minister of Consumer and Corporate Affairs, announced amendments to the Hazardous Products Act adding regulations providing for safer playpen design, effective September 1, 1976.

The regulations will require all playpen mesh holes to be small enough so that children's fingers and clothing buttons cannot become entrapped in them. "There have been a number of incidents where infants have managed to poke their fingers in the mesh and get them tightly trapped," Mr. Mackasey said. "In addition, two infants died by choking when clothing buttons became caught up in the mesh. A playpen is the one place above all where a child must be secure," the Minister continued. "I am very pleased to take action to eliminate this kind of hazard, and I am sure parents will join me in supporting these measures."

The Minister said that the new design standards, developed with the close cooperation of playpen manufacturers, will also ensure that playpens are sturdy, stable and free from other possible injury sources.

Mr. Mackasey concluded by cautioning families owning playpens with the old-styled wide-holed mesh not to leave their children alone in them if their clothing has buttons or ornaments which might

become entangled in the mesh.

Also announced was implementation of new regulations governing the flammability of rugs and carpets, effective immediately.

The revised regulations prohibit the importation, advertisement, or sale of rugs which do not comply with established Canadian flammability requirements.

The new regulations provide relief for manufacturers from the stringent flammability requirements for those floor coverings which are intended to be used exclusively out-of-doors. If they do not meet the flammability requirements, these rugs will have to carry a label giving prescribed information to alert consumers to their flammability.

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DON MORRIS,
Manager



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Editorial

From The Fur Lined Foxhole

This then will be the current author's last call from the old "fur lined foxhole." Over the past year or so I have attempted to interpret events from a serviceman's point of view. Whether or not I have been successful has been hard to determine. You see, there has been remarkably little feedback. Occasionally, I have even prodded readers in order to elicit their opinions. It was to little avail. This column, much like this paper itself, is too much taken for granted. Herein lies a danger. Lacking any feedback, be it positive or negative, it would be quite easy for the Totem Times staff to become discouraged and throw in the towel, so to speak. Make no mistakes, there are those in Ottawa who do keep an official eye on the editorial content of Service newspapers. Officially we are not to stray from what, in other circles, would be called the "party line". Following the party line however, makes for exceedingly dull reading. This not to say that these regulations are not necessary for the proper regulation of the service as a whole, just that a regulated newspaper is a contradiction in terms in a free society.

The Service however is not a "free" society and in that sense it is unfair to compare the editorial content of service newspapers to that of the public press. If the function of the service newspaper is simply to be a means of intra-base communication then an editorial page may be irrelevant. In the public press there exists a sort of natural antagonism between the paper on the one hand and government on the other. It is an antagonism required in a free society. And so it should be in the service. The organization and administration of our forces is not so perfect that it should be free of reasonable scrutiny and, if need be, criticism. True, the criticism must be muted. The regulations should be seen as a guideline and common sense the rule.

Hopefully then, following the party line too closely will not occur with the Totem Times. It has long been

regarded as one of the better service newspapers. To continue to be an engaging, much sought after paper, the Totem Times should continue to operate on or near the edge of official criticism.

Without such editorial courage and also an occasional official blind eye at the Base level, service newspapers become little more than bi-weekly summary of official DND news releases. Lack of Base support, in all aspects, forces a paper to rely on such releases to fill its columns. While these press releases are factual, they certainly lack any great interest. They lack bite, judgement and any sense of analysis. A newspaper full of that sort of stuff might just as well not be published. We will hear it or read it all somewhere else. In this respect I would like to say a public word of thanks to Capt. A.E. Wilson, the editor of Totem Times, for his support over the past year. I wrote the column but he had to bear the criticism. Fortunately, he was also able to hear the occasional word of official praise. As little as my contribution has been, I'd like to think I've also been one of Al's staff over the past year or so.

Even so it has been fun taking an anonymous job at the establishment. Using all the required "coulds", "mights", and "maybes" I tried to imply error or omission wherein the normal editorial, not having to make every second statement a conditional one, could call a spade a spade. Having to hedge the truth makes a writer appear lacking in conviction. On any case, my overall aim was to draw attention to the pathetic state of the military profession in Canada.

And so to the new author of the foxhole, good luck, don't expect too much and you won't be disappointed. Remember, walk near the line; damn the letters from Ottawa, full speed ahead for the Totem Times.

Back to the old foxhole for the last time.

Allan Jones

Consumers To Benefit

Improved Protection Act Introduced

Consumers who pay in advance or who use credit accounts will receive improved protection under the terms of legislation introduced in June by the Honourable K. Rafe Mair, Minister of Consumer Services.

The new Consumer Protection Act would replace the existing statute which goes back to 1967. It still retains many of the former Act's features governing referral selling, the principle of credit card disclosure and controls on unsolicited credit cards.

Highlights of the 1976 Consumer Protection Act are:

Door-to-door sales

A buyer would have 7 days, compared to the present 3 days, in which to cancel such a contract. The present \$50.00 minimum is dropped to \$20.00, excluding any cost of borrowing.

Prepaid contracts

A similar 7 day right of cancellation is given to a consumer who contracts with a reducing salon, dance studio, health spa or self-defence school. In general, such businesses will be required to set align trust accounts and any prepayments by their customers will only be released as the business completes its side of the bargain.

The Act makes it clear that contracts for future services involving such businesses are to be limited to a term of 2 years and an upper limit of \$500.00. All contracts involving the same seller and buyer are to be treated as a single contract for the purposes of the legislation.

These provisions basically follow the recommendations of an independent inquiry on Prepaid Contracts whose report was presented to the department last year after extensive research and a number of hearings around the province. Chairman of the inquiry was William Kinsey, C.A., Vancouver, and the other members were Vincent Forbes, Executive Vice-President of the Vancouver Better Business Bureau and Shelley Rivkin, President of the Vancouver Consumer Action League.

The statute would also allow for a pro-rated refund to be made to a consumer where the original circumstances of the contract materially change to his/her detriment. This can happen, for example, if the seller shuts down operations, moves away to an inconvenient location or is unable to complete the contract. It could also arise if the buyer relocates, dies or obtains a doctor's certification that continued participation is likely to endanger his/her health.

Separate transitional

provisions are made available to health spas by which the introduction of the trust account requirements may be phased in over the next four years. This procedure was recommended by the Inquiry's members in view of capital investment and cash flow considerations affecting this line of business.

Mr. Mair pointed out that other "contracts for future services" could be brought into the prepaid scheme, if necessary, by regulation. This would be done, he emphasized, if a dangerous situation came to light while the Legislature was not sitting. The Act provides for such a step, with the regulation expiring at the close of the next ensuing Session. The intention is to meet nasty situations, to prevent further harm and to take the question of coverage before the Legislature at the next sitting.

Food plan contracts

The new Act follows the basic recommendations of the Prepaid Contracts Inquiry and limits downpayments here to \$100.00. In addition, the seller must fully disclose unit prices and the circumstances in which he can make substitutions within the order.

Negative option schemes

Such schemes are a favoured merchandising practice of mail-order book, record and tape "clubs". The schemes usually work on the basis that a buyer agrees to purchase a minimum amount of merchandise and then is deemed to have accepted future shipments if the consumer does not reject the order or return mailed goods.

The new Consumer Protection Act requires the seller to fully disclose the details of any such scheme and to grant the consumer 15 clear days to notify the seller as to the choice that the consumer wishes to make. Complaints have shown that too often the consumer receives unrequested merchandise without a proper opportunity to inform the mail-order house of the preferred choice.

The Prepaid Contracts Inquiry supported the rationale of these steps in its report.

Lost or stolen credit cards

Where a cardholder is able to give notice to the credit issuer that the card has been lost or stolen, he is not responsible for any further dealings - involving that card. For any unauthorized dealings prior to the date of notice, the cardholder's liability is limited, in most cases, to \$50.00 and the issuer bears the burden of proof to show that the card's use was authorized.

Credit billing complaints

The problem of "late statements" is met by the requirement that the charge account - credit card customer must receive the monthly statement at least 15 days before "payment must be made on such an account in order to reduce or avoid the cost of borrowing." The Minister referred to the recurring complaint that timely payment too often was impossible or difficult because the card issuer was tardy in getting out the billing.

Cash discounts

The new Act prohibits credit card companies from stopping or discouraging member retailers who wish to sell at a lower price to cash customers.

Tax buyers

Income tax buyers or rebaters will have to disclose their actual annual percentage rates of discount and keep full records of all their dealings for 3 years. The measure follows a recent Alberta amendment and awaits signs of federal controls which have been promised for some time now.

Unconscionable mortgages

The new Act extends

present measures which allow a Court to reopen mortgages or agreements for sale involving real estate. The cases usually involve second or third mortgages in which a homeowner has been sold an unfair, high-cost loan which turns out to be secured by the family home. In some cases, the debtor has lost his home through foreclosure proceedings after being unable to keep up the payments.

The grounds for unconscionability are spelled out and it is left to the lender to prove that the transaction was not unconscionable when it was entered into.

Mr. Mair expressed his appreciation to the members of the Prepaid Contracts Inquiry for their report and the hard work that their recommendations obviously reflected.

"The new Consumer Protection Act", the Minister noted, "answers a number of troublesome points for many consumers and should also give a boost to the many businesses who benefit from laws that clamp down on unscrupulous competitors."

Mercury Drops Sharply

Mercury levels in the waters of most Western Canadian rivers have dropped sharply in the last few years, according to a report released today by Environment Canada.

The Inland Waters Directorate report entitled "Mercury Levels in the Rivers of Western Canada 1970-76" indicates a 90 per cent drop since 1973 in the number of locations where mercury is present in high enough concentration (more than 0.2 micrograms per litre of water) to cause problems. J.P. Bruce, Director-General of Inland Waters, said "High concentrations of mercury compounds are detrimental to aquatic organisms and fish, and ultimately to man, so we are most encouraged by the drop in the number of problem locations from 61 to 6."

The tests on running water indicate that much less mercury is entering rivers," he pointed out. "In some locations, sediments and fish still bear the legacy of former industrial and agricultural uses of mercury. However, its concentration should lessen as new, relatively mercury-free sediments gradually cover the contaminated layers."

While no single factor accounts for the change in levels, federal and provincial regulation of

chlor-alkali plants, banning of mercurial seed dressings, and insistence on "improved" housekeeping" by industry have contributed to the improvement.

"Man-induced releases of mercury into the aquatic environment in Western Canada are now probably less than that from natural sources, and little further improvement can be expected," the report concludes.

Material is now being compiled for a report on mercury in rivers of the Atlantic region. In Ontario and Quebec the responsibility for monitoring of mercury in river waters rests mainly with the provincial governments. One of the locations where mercury levels have remained high, is at Regina, where a creek downstream from a sewage lagoon continues to show significant traces of mercury. Another is at Thompson in northern Manitoba, where smelting activities have kept the mercury level constant for the last six years.

The Yukon has four persistent points, three on tributaries of the Pelly River in a region where lead and zinc are still being mined, and the fourth downstream from an abandoned gold mine. Canada's only mercury mine, at Pinchi Lake, B.C., was worked until late 1975,

and sediments and fish in the lake continue to show traces of mercury. However, monitoring has revealed no contamination of the rivers draining Pinchi Lake - presumably because any mercury coming from the mine is being trapped in the sediments.

Dramatic declines in mercury levels have occurred in the rivers of southeastern British Columbia as well as in rivers of the southern prairies, especially the Qu'Appelle and Saskatchewan.

Water can become contaminated with mercury in several ways. Mercury occurs widely in rocks and can be released through natural processes of erosion and leaching, as well as through man's activities, such as mining. It may also be present in fuels (petroleum, coal) and be released through seepage or combustion.

Industry used mercury and its compounds in many ways, and agriculture relied on mercury-based fungicides to treat seed grain until the impact of mercury on the environment was recognized. However, mercurial seed dressings have not been used since 1972 under regulations of the Pest Control Products Act.

One of the most dramatic declines in mercury emission has

occurred in the chlor-alkali industry. In 1970 this industry put more mercury into the environment than any other user of metallic mercury. Regulations to reduce emissions from chlor-alkali plants were introduced in 1972 by Environment Canada under the Fisheries Act. These regulations provide that the maximum daily discharge of mercury into water frequented by fish must not be more than 0.005 pounds per ton of chlorine produced.

All Canadian plants have now cut back to at least this level, and discharges of mercury in water effluents are now less than one per cent of the pre-control losses.

The British Columbia

Published every second Thursday, with the kind permission of Col. R. L. Mortimer, Commanding Officer, CFB Comox.
Editor: Al Wilson (371)
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Photographer: Ed Ellis.
Sports & Recreation:
Proofreaders: Pearl Kingyens, Blanche Campbell, Cecile Begin
Circulation: The Genoa Family 338-6225; in PMQs As community service by Teen Town.
Business Manager: Marc Legault (354)
Advertising: Jack Campbell (409), Ken MacLean.

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical error, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item. Advertising is an offer to sell and may be withdrawn at any time. Address correspondence to The Editor, Totem Times, CFB Comox, Lato, B.C.
Printed in Courtenay, B.C., by Comox District Free Press

To The Ed

Dear Sir:

On Thursday, August 12, starting at 9:00 a.m., the Courtenay Youth Music Centre will be holding an informal open house at G.P. Vanier Senior Secondary School.

The Open House will give the public an opportunity to come in and see the faculty working with CYMC students who come from the local area as well as the U.S.A., Hong Kong, Japan, Africa and all parts of Canada. There will be no performances as such but doors to classrooms will be "open". Here is a chance to see large orchestral groups rehearsing, individuals practicing and small groups of students playing pieces together.

I hope that people who have the chance will drop by the Centre this Thursday to see the CYMC in action. It's an interesting experience.

Sincerely,
Bob Chown
Public Relations Officer
Courtenay Youth Music Centre

don't like the system or resent what I say then tell me a letter with signal to the assistant editor suffice. Until the next time then readers!

Your Heart is Your Life

We only have one heart and so far it's irreplaceable. It beats seventy-two times a minute and pumps approximately three thousand gallons of blood a day, yet it rests only a fraction of a second after each beat.

What do we do to protect this vital heart of ours? We make it work harder by carrying excess weight when a sensible diet would give it a fair break! We fail to keep in shape by regular exercise. We clog the circulation with fat-rich foods... and... Smoke Cigarettes.

Have a heart... not a smoke. Cigarette smoke rings form a noose around the heart.

On Seat Belts

Years ago, when cars were young and travel speed was modest, only the rear wheels of automobiles had brakes. The advent of four-wheel brakes, an obvious improvement, was decried as being fraught with danger by a segment of the then motoring public. Their fear? They were convinced that braking the front wheels would cause the car to flip head over heels.

Present day opponents of seat belts use equally spurious arguments as reasons for rejecting them.

Few people are killed or injured by the initial collision between two vehicles. It is the second collision that is the killer. Occurring a fraction of a second after the first, this is the collision of the passengers or driver with parts of the interior of the car.

Obviously, if the second collision can be avoided or made less violent, injuries and deaths would be fewer and the road toll would be less horrendous. As many as 115 of the 717 citizens killed on B.C. roads in 1975 would still be with us if they had been able to avoid the second collision.

The British Columbia

Medical Association supports the mandatory use of seat belts. The association's investigations confirm the conclusions of others, and show that injuries are less frequent and less severe if the car occupant is "buckled up" at the time of a collision.

Many people have resisted seat belts - persons who do not hesitate to strap themselves into an airplane seat refuse to do the same in their car, where the need is so much greater. People take foolish pride in bypassing the interlock systems, or feel they are a nuisance or consuming. Six months in a hospital bed is time consuming too, and being dead even more so.

A favorite excuse is fear of being trapped in a burning car, unable to get out because of the belt. This is only likely to occur if you are unconscious and unable to free the belt. With or without a belt, your chances are pretty slim in these circumstances if consciousness has been lost.

All studies show that seat belts save lives and reduce injuries. Your Doctor's Advice -- Buckle Up and Live.



TOTEM TIMES

Whale Killers Go Fishing



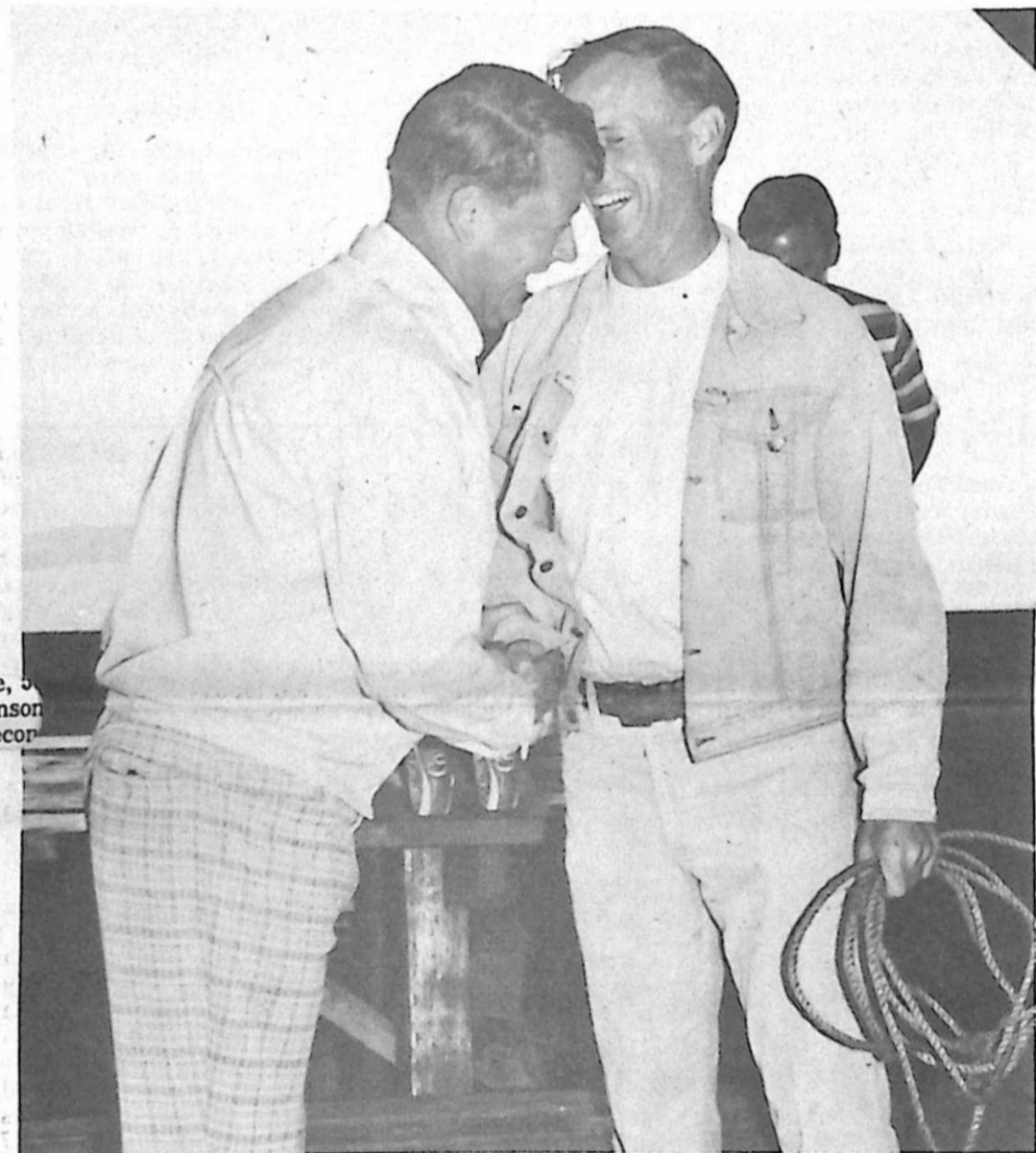
CHORUS LINE - Members of the 407's elite form up to raise both their voice and their glass in a toast to

the days gone by, and those yet to come.

Base photo



LARGEST SALMON - Steve Waugh presents Harry Lunde with his prizes for the largest salmon. Base photo



"HUNG BY THE ..." Harry Alstad grimaces as the Boss Demon applies the squeeze to show his approval of Harry's speech.

Base Photo

Alta Lake Provincial Park to be Transferred

Alta Lake Provincial Park, a two acre Class "A" provincial park on Alta Lake, is to be transferred to the Resort Municipality of Whistler who will assume responsibility for the administration of the area as a municipal park.

The Government has agreed to the transfer, says Grace McCarthy, Minister of Recreation and Travel Industry, as part of an overall adjustment of responsibilities within the Whistler area. The park, which will require rehabilitation as a result of the extension of water and sewage services in the area this summer, is approximately two acres in size. Its size, as well as the need to co-ordinate its management with ongoing programs in the resort area, led to the conclusion that it should be managed within the local municipal statutes.

Mrs. McCarthy indicated that while there would be some loss of services to the public during the construction period, she has received full assurance from the municipality that rehabilitation will occur as

part of the water and sewer will be available to the public contract. Full use of the park at the earliest possible date.

IS THERE A DIFFERENCE IN LOAN INTEREST RATES

Is there a difference between a loan at 13% at the Credit Union, and a loan at 13% at a bank? Is there a difference between a mortgage at 12% at the Credit Union and a mortgage at a bank or trust company? The answer to both questions is YES!

All types of loans at the Credit Union can be repaid at any time without penalty. Interest is always calculated on the outstanding balance of the loan even when repaid early. Banks rebate interest on a formula not directly related to the actual days a loan has been outstanding. This can really make a difference. Consider the following example: You borrow \$5,000.00 from the Credit Union, to be paid off in equal amounts over 12 months. If the payments are made as agreed, interest will amount to \$358.96. This would be the same at a bank, if the rate was equal. However, if you pre-paid the loan at the end of 32 days, you would only pay interest of \$54.17 to the Credit Union. You would pay \$105.85 to the bank! Similarly, if you paid it off in 62 days, you should pay the Credit Union \$104.09 and the bank \$151.87. If you pre-pay a mortgage at a bank or trust company, you invariably pay a "penalty" of 3 months interest. There is never a penalty for pre-paying a Credit Union mortgage.

Before borrowing from any institution, check on the interest rate you will pay on the loan. Also check on the early repayment features - you will never beat the Credit Union in this respect.

Be wary of those "easy charge" accounts at department stores, and bank credit cards. These are now bearing interest at 18-21%. See the Credit Union first before you "charge" it.



COMOX (CANADIAN FORCES) CREDIT UNION



The Demons held a fish derby on Friday, July 30th and with the co-operation of the fishermen, the fish, and the local merchants it proved to be a real success.

A big thank you goes out to the local Merchants who contributed to the cause because without them the derby would certainly not have been the success it was. A big thank you also to those who contributed the salmon for the Bar-B-Que.

The C.O. LCol. Bruce Montgomery dropped in to the debrief for a couple of beer, and I mean "dropped in". He parachuted onto the hill behind the beach pavillion. After several mugs of ale I would suspect that his "retreat" was not as classy as his "advance"! The boss also presented several trophies and prizes and said farewell to a few of our departing members, not the least of which was Harry Alstad. After the speech Harry made, he is probably

glad that he is leaving.

The boss then said he wished to "mug out" several of our departing officers but due to the exuberance of the ground crew at the thought of "mugging" a "shiny" it was cancelled until a future date and a safer place.

Sometime during the early afternoon the beach was littered with boats of all shapes and sizes especially the one belonging to "Armie", which proved to be a lot slower on sand than on water.

By the way, I was wondering why the back of the Bar-B-Que is cleaner looking than the front? Perhaps it is washed more often ... being exposed to the elements etc.

Gord Kent was seen making off with a whole case of liquid something or other ... someone said he was well "oiled!"

Doug Holcombe (Fur Face) does most of his fishing from a "Posturepedic". It seems he's a little hard to wake up in the morning.

Dave Wren, Barry Hunter and Mike Gibbs were self appointed quality control analysts, ensuring that each new keg met strict standards; often requiring as many as 5 or 6 samplings of each keg before issuing their grins of approval and marshalling the thundering herds of Demons through the line up at the tap.

It was suggested that an Argus be flown over the beach parking lot with a thought that the ensuing oil slick would keep down the dust!!

Wayne Russell had to be removed from the draught machine by surgical means and several observers were caught drinking from the overflow pail but nobody ran

short of bubbly. It's a good thing Vern Green was looking after them or they might have over-indulged. Woody and Vern are to be thanked for keeping the lines of supply from running "dry".

Well that about sums up the big Demon Derby for 76 but there will be another in year 77. Until then anglers; tight lines and straight rifles or is it straight lines and tight rifles - well whatever it is that PED TECK says - Cheers.

"THE WINNERS"

LARGEST SALMON - HARRY LUNDE-Sqn. trophy plus tackle box and first aid kit from Courtenay Chrysler.

LARGEST COHO - GORD LYON-Yearly trophy plus waterboy from Comox Valley Boatland.

LARGEST COD - JOHN

BARZILAY - Set of trailer lights from Roy Parker Marine.

LARGEST TROUT - BILL FOLLIOT-Tackle box from Peters Sport Shop.

HIDDEN WEIGHT PRIZES - RANDY JOHNSON & REID DE LONG-3 swivel seats from H & W Fiberglassing.

GEORGE GROSVENOR - Depth gauge from Lazo Boat Sales.

GORD KENT - case of Castrol oil from B&M Sales.

DAN PEARDON - Tackle box and 10 per cent discount on tackle from Comox Outdoorsman.

"THE LOSERS"

107 SALMON

28 COD
16 TROUT
GOOD FISHING-AND PATRONIZE OUR DONORS.

PNE STAR SPECTACULAR '76! (AUG. 21) (SEPT. 6)

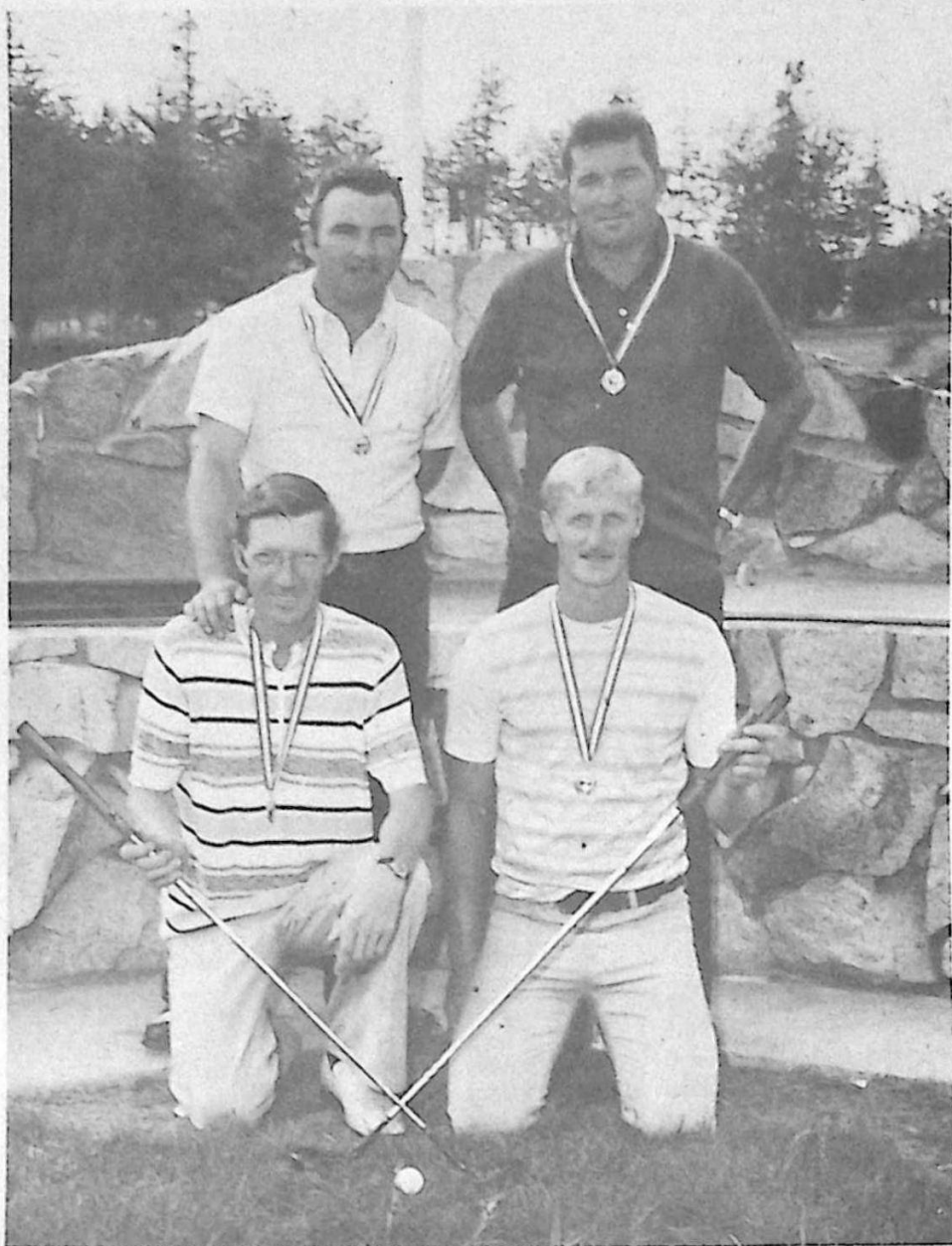
FRANK SINATRA AUG. 21 8:00 p.m. No. of tickets: \$12.50 \$10.50 \$8.50 \$6.50	CHARLEY PRIDE AUG. 22 8:00 p.m. No. of tickets: \$6.00 \$5.00 \$4.00	LAWRENCE WELK AUG. 23 8:00 p.m. No. of tickets: \$8.00 \$7.00 \$6.00 Note: \$1 off regular price for Golden Agers	PHYLLIS DILLER AUG. 25 1:30 p.m. No. of tickets: \$1.00 (Golden Agers) \$3.00 (Others) PHYLLIS DILLER WITH SPECIAL GUEST DIANA TRASK 8:00 p.m. No. of tickets: \$4.00	NEIL SEDAKA AUG. 26 8:00 p.m. No. of tickets: \$7.00 \$6.00 \$5.00	RAY CHARLES AUG. 27 8:00 p.m. No. of tickets: \$6.00 \$5.00 \$4.00	JOHNNY CASH AUG. 28 JOHNNY CASH FEATURING THE CASH-CARTER FAMILY 2:00 p.m. No. of tickets: \$6.00 \$5.00 \$4.00 8:00 p.m. No. of tickets: \$7.00 \$6.00 \$5.00
DISCO DANCE PARTY DANCE CONTEST - \$3,000 PRIZE MONEY AUG. 29 DISCO DANCE PARTY 7:00 p.m. No. of tickets: \$2.50	GLEN CAMPBELL AUG. 30 8:00 p.m. No. of tickets: \$7.00 \$6.00 \$5.00	DELLA REESE WITH JOHN BYRNER AUG. 31 8:00 p.m. No. of tickets: \$4.00	VIKKI CARR SEPT. 1 8:00 p.m. No. of tickets: \$6.00 \$5.00 \$4.00	NEIL YOUNG WITH STEPHEN STILLI BAND SEPT. 2 8:00 p.m. No. of tickets: \$7.00 (festival seating)	CHUCK BERRY WITH SPECIAL GUESTS SUSAN JACKS & CHARITY BROWN SEPT. 3 8:00 p.m. No. of tickets: \$6.00 \$5.00 \$4.00	BACHMAN-TURNER OVERDRIVE SEPT. 4 8:00 p.m. No. of tickets: \$7.00 (festival seating)
RICK NELSON WITH THE STONE CANYON BAND SEPT. 5 7:00 p.m. No. of tickets: \$4.00	ALL-STAR WRESTLING SEPT. 6 7:00 p.m. No. of tickets: \$6.00 \$4.50 \$3.50	<p>Buy now and save! All advance ticket prices include PNE grounds entry. A saving of \$1.75 on adult prices! For mail orders, just fill in the number of tickets you want, plus desired prices and showtimes. Mail with a certified cheque or money order made payable to VANCOUVER TICKET CENTRE, 630 Hamilton Street, Vancouver, B.C. V6B 2R3. Please enclose a stamped self-addressed envelope plus 25¢ per ticket handling charge.</p> <p>Tickets also available at these outlets: Bellingham Sound Center, Bellingham; Buttons, Westlynn Mall, North Van; Harvey's Smoke Shops at Cloverdale Mall, Delta Shoppers Mall and Newton; all Eaton's stores (phone 604/683-3255 to charge your tickets to your Eaton's account).</p> <p>All shows in Pacific Coliseum with Bobby Hales Orchestra. All seats reserved except where noted.</p> <p>Name _____ Address _____ City _____ Code _____ Phone (home) _____ (office) _____</p> <p>Enter Dairyland's FREE PNE FAMILY CONTEST at the dairy case of your favourite store!</p> <p>Pacific National Exhibition 1.3 million visitors last year</p>				

NOTE: Appearing Sept. 2nd - Blood, Sweat & Tears
Featuring: David-Clayton Thomas \$5.00 (Festival Seating)

SPORTS BEAT

To Represent Comox At Pac. Region

Top Swingers At Comox



THESE FOUR GOLFERS will represent CFB Comox at the Pacific Region Playoffs. Back Row, L to R: Wally Berger, Frank Creamer. Front Row, L to R: Denny Hillier, Tommy Agrey. The Pac Region Playoff will be held at Chilliwack Sept. 29 and 30th.

Intersection Fastball

Final standings

	W.....	L.....	PTS.
USAF	23	0	46
ATC	14	9	28
409	12	12	24
407	9	14	19

Swim News

The Base Swimming Pool will be open every Weekday Morning for OPEN swimming beginning 16 Aug. 76 from 0900 to 1100 hrs.

GOLF NEWS

As a result of the final playdown of the Pacific golf zone at our club the two teams following will be going on to the next round at McCord Air Force Base, Washington. These men will represent Comox CFB and we wish them all luck.

Team A - Frank Creamer, Wally Burger, Tom Agrey and Dennis Hillier.

Team B: Kim Matheson, Bob Marshall, Reginald Patrick and Wilf Schmidt.

August 2nd was a regular ladies day. Trudy Burger came in with low gross for the field, 1 low net was Stephanie Spiers, 2 low net went to Joyce Aylward and most honest golfer to Pamela Ledgard.

There was a nice turn out for the President's Cup on Sunday, August 8th. It was a pleasant surprise to see nine juniors there, we hear so little of our junior members.

President Jack Lugg welcomed those present and announced the results which follow: Juniors. 1 low gross, R. Williams, 1 low net, K. O'Rourke, 2 low gross D. Wood, 2 low net, D. Clarke, 3 low gross, M. Burger, 3 low net, G.

Perry. The three other juniors playing, P. Ledgard, B. O'Rourke and S. Kingyen were each presented with golf balls.

The floor was then turned over to the Ladies President, Nettie Bonenfant for the ladies results. Taking the cup and low gross for the field was Millie Legg, 1 low net was Irene Perry, 2 low gross Trudy Burger, 2 low net Clare Rathbun, 3 low gross Mona Ledgard, 3 low net Joan McMillan, 4 low gross Barbara Carter, 4 low net Pearl Kingyen, 5 low gross Kay Freeman and 5 low net Ann Lang.

President Jack Lugg then presented the trophy and prizes to the men. Wally Burger came in head of the field and received the President's Cup. 1 low net Ron Tribe, 2 low gross, Larry Cote, 2 low net Tom Finney, 3 low gross Jack Lugg, 3 low net Glen Caslake, 4 low gross Lorne Kingyen, 4 low net Reid Delong, 5 low gross Bob Sleigh, 5 low net Dick Goggatt, 6 low gross John Webber and 6 low net Gerry McLaughlin.

Ladies' Golf News

June 29th Pin Day Winner was Trudy Berger, Low Gross went to Nettie Bonenfant with the lowest putts prize going to Anne Lang.

Glacier Greens were hosts to 21 ladies from Sunnydale on July 6th. Inter club visits are looked forward to and this 18 hole medal play day was no exception. Low Gross and Low Net winners from our visitors were: - Y. Baker, B. Frew, K. Quinn, K. Salter, F. Henderson and Alice Rahn with the lowest number of putts prize to B. Smith. The home club ladies' winners were B. Carter, I. Perry, M. Legg, P. Kingyen, T. Berger, K. Banks and the putting expert was A. Cote.

Our own club members took part in a team event July 13th. Joan Stevens and Kay Banks made up the winning combination closely followed by Mary Game, Mona Ledgard and Joyce Aylward.

July 20th was another busy day with the ladies arriving from Comox Golf Club for an

inter club visit. Low Gross for the field was Bernice Sutherland of Comox and Low Net for the field Joan Stevens of Glacier Greens. Low Gross winners - Comox - B. Robertson, D. Ellis, M. Stevenson, A. Byng, K. Dick. Low nets. E. McLain, C. Aitken, B. Clements, W. French and C. Davis. Home club ladies with Low Gross were Mona Ledgard, Mary Shaw, Barbara Carter, and Millie Legg whilst Low Nets were Audrey Hahn, Trudy Berger, Mary Game and Kay Banks.

The putting prizes went to Eileen Orpen of Comox and Irene Perry of Glacier Greens.

July 27th was Ladies' Pin Day, stroke play. 12 ladies and one junior competed and the Pin Day winner going into the records for the end of the season was Pearl Kingyen. Pin Day result being decided the rest of the field went into odd hole play. Winners: - Low Net Kay Banks, 2 Low Net

Joan Stevens, 3 Low Net Millie Legg.

After golf a wine and cheese party was held to honour three of our departing members. President Nettie Bonenfant made a short speech prior to presenting Pearl Kingyen, Millie Legg and Barbara Carter with gifts from the ladies section, Glacier Greens.

Barbara Carter has been here four years and in the past has been Ladies' President and Team Captain.

Millie Legg has been here four years and has served as Ladies' President and Prize Committee.

Peral Kingyen, with a stay of three years has looked after our publicity and the men's publicity for the past two years.

These ladies will be badly missed on our course, each one has worked hard on behalf of the ladies and club in general.

Margaret Jones Receives Award



Cheryl Totten Memorial

The Cheryl Totten Memorial Award was presented to Margaret Jones by Mrs. Dot Kern for being chosen the most valuable player of the Bantam Girls Softball for the season.

Coach Tim Murphy commented that Margaret is an excellent player, as well as a great moral booster for the rest of the team. She excels in all aspects of ball.

This award was donated by the Kern family in memory of Cheryl Totten who played for the Bantam All-Stars Team in 1975. Cheryl died in a car accident near Tacoma, Washington on July 18, 1975, which also took the lives of her parents and her brother.

A sister, Janice, resides in Ontario. Janice's permission was received prior to presenting this award.

Cheryl's coach, Sgt. Lynch had these words to say about Cheryl, "Cheryl possessed a most pleasing personality and her determination, ability and all around good sportsmanship made it a pleasure and a privilege of being her coach."

Base Soccer

BASE SOCCER TEAM PRACTICE

When: Every Day 11:30 to 12:30

Where: Totem Annex Field

For Info call: Lt. Ettinger Local 315 or Barry Williams Local 243.

NEW PROGRAM for PLATEAU GARDENS

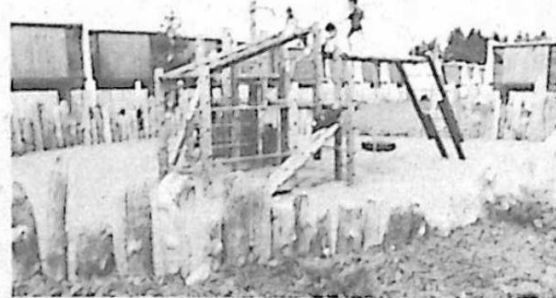
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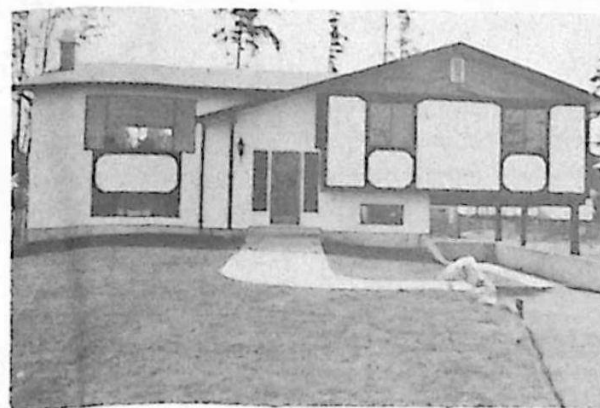
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LOT 1

Full basement — Laundry — Exterior Basement Walls Finished — Rough-in Plumbing in Basement — 3 Bedrooms — Fireplace — Top quality Carpets Throughout — Citation Cabinets — Canadiana — Ensuite Bath — Paved Double Driveway — Front Lawn — 440 sq. ft. Sundeck with Carport Under.

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New Head Jock At C.F.B. Comox



Lt. Al Ettinger has assumed control of the Jock Shop at CFB Comox. The new BPerO has just recently completed a Bachelor of Education program in Phys. Ed. and Math at the University of Victoria. Al went to University under the UTPM program and received his commission to Lieutenant upon completion of his studies in 1975. Prior to attending University, Al served as a resident rec spec at Metz, France; Lahr, Germany and Esquimalt, B.C. He is interested in all sports of all base personnel and we course with his main loves being Soccer, Basketball and Volleyball.

Fish & Wildlife Management

Grace McCarthy, Minister of Recreation and Travel Industry, today announced a sweeping review of fish and wildlife management of British Columbia. The review is designed to make management agencies more responsive to changing public needs, and will include both a six-month consultant study and the establishment of an outside advisory group to provide public input.

"The role of the Fish and Wildlife Branch has changed a great deal in recent years," said McCarthy. "It is no longer just an agency to set hunting and fishing seasons and enforce regulations, but rather plays a significant role in integrated resources management. At the same time, public interest in wildlife-based recreation is changing and increasing. We want to ensure that all these changes are reflected in our management policy."

McCarthy stated that the consultant study will focus primarily on the Fish and Wildlife Branch as the agency responsible for provincial fish and wildlife management. "It will be a very extensive study of the Branch including its seven regional offices," she added.

"Important to the study will be advice from interested citizens in British Columbia," said Mrs. McCarthy. "Any written submissions and ideas could be directed to my office in Victoria."

Also announced by the Minister was the re-assignment of Dr. James Hatter, present Director of the Fish and Wildlife Branch, to the position of Special Advisor to the Deputy Minister of Recreation and Travel Industry. Mr. Don Robinson, formerly Assistant Director of the Branch, has been named Acting Director.

Editor's Quote Book

Be grateful for luck,
but don't depend on it.
William Feather



WALLACE BROTHERS LEAD 409 to victory in interbranch softball tournament. Pictured L to R: Back row Al Grinnell, Earl Brownfield, Pilgrim Flavel, Ears Lyle Kid (Stengel) McLean, (Old)

Barney Beirnes. Front row - Farmer MacDonald, Ace (\$48.00) Bailey, The Wallace Brothers (Smiley and Trev), Chuck Webster, Junior Rainsforth (coach).

Akela Says

The First Lazo Beaver Cub and Scout group will be getting underway in early September with registration soon after school starts. Watch for the date. Once again we hope

to have two Beaver Colonies, three Cub Packs and a Scout Troop.

In order to run these groups though, we must have leaders. This last year lost us a lot of

our leaders due to transfers. Please consider our need and offer to help. Remember that our need is your need as without leaders there will be no Beavers, Cubs or Scouts. Last year we almost didn't make it due to a lack of willing parents. Why is it that people complain about the lack of things for kids to do but will do nothing to help. Do you think that Scout leaders are paid by somebody to do this community work? No way! They are simply a dedicated few trying to help our youth. Let's make it easy and help out.

Anyone thinking of volunteering to help needs no previous experience either as a Cub or Scout or as a leader. District training sessions will be run to ensure that anyone can do the job. All that is needed is a desire to help our community and our youth. Give it a try; you will actually

find it fun as well as self satisfying.

The First Lazo Group Committee will hold an organizational meeting on Wednesday 18 August 1976 at 1930 hrs. (7:30 p.m.) in the Scout Hall by Glacier Gardens. Interested parents, leaders, or anyone else are invited to attend this session and help us shape the coming year. We have always had some young, single guys and gals from the base help us out. Talk it up among them. It is a time filling and very satisfying alternative for our young servicemen. If you work shift; come anyway, so does everyone else and you can help when you can. Most of our leaders do.

If interested or have questions direct to Tony Nichols 339-5126, Base Local 409 or Graham Wilson 339-2486 Base Local 417.

BOWLING REGISTRATION AND MEETING LADIES LEAGUE

Monday, August 23rd, 1976 - 7:30 p.m.

Social Centre (Located in Rec Centre)

NOTE: if you are unable to attend the meeting and would like to bowl for this League, please call one of the executive.

PRES. — SUE EPLER — 339-2184
V/PRES. — JOYCE WEST — 339-3290
SECTY. — DOT KERN — 339-3481

INTERSECTION FASTBALL PLAYOFF SCHEDULE

USAF vs 409

ATC vs 407

WHEN — Mon., Aug. 9
Wed., Aug. 11
Mon., Aug. 16
Wed., Aug. 18 } If Necessary
Thurs., Aug. 19

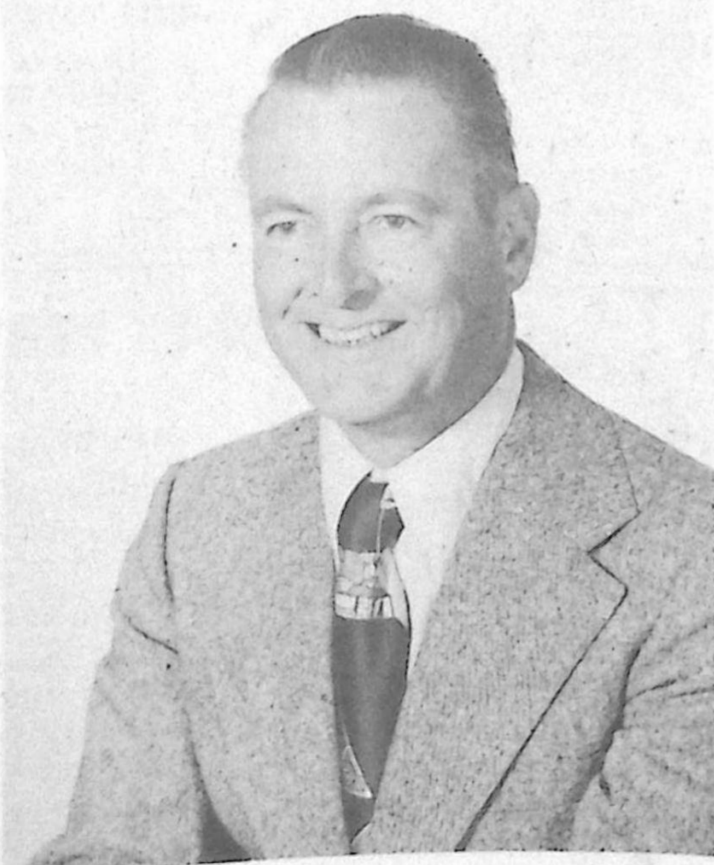
SERIES ARE BEST OF FIVE

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ANNOUNCES



that the recently retired Major, Al Robb, has joined their forces.

Al enlisted in 1949 and was a pilot for over 26 years in the R.C.A.F and C.F., flying fighter type jets from start to finish.

He was Base Flight Safety Officer and Base Test Pilot for Voodoos at C.F.B. Comox since 1971. Al, Shirley, their four children plus dog and cat reside in Comox.

He started his second career last week and is ready willing and able to assist you in your real estate requirements. He's as enthusiastic as a new flight cadet 27 years ago.

Al can be contacted at his office, 334-3111 or at his residence, 339-3307.

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CDS COMMENDATION presented by BGen Vincent to (L to R) Capt. R.J. Goldie, WO R.D. Boutilier, Cpl J.G. Boucher and Capt. D.B. Wilkinson.

Base Photo



AWARDS (L to R) Cpl W.D. Cope - Safe driver, Cpl Pat Grooms - Good Show, MCpl Hodder - St. Johns Ambulance Award, Cpl K.F. Garth - Good Show, and MCpl T.M. Smith - Safe Driver.

Base Photo

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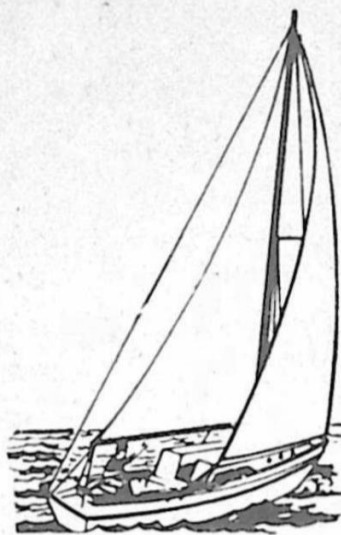
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Father Francis Swoboda - Base Chaplain (RC) Telephone 339-2211 Loc 274 or Residence 339-2102.

SUNDAY MASSES:

Saturday - 7:00 p.m. (Sunday Vigil)
Sunday - 9:30 a.m. and 11:00 a.m.
WEEKDAY MASSES: Are said at convenient times in the Chapel and in private homes on request.
SACRAMENT OF PENANCE: Before and after all Masses.
BAPTISM: By appointment.
MARRIAGES: Minimum of three months advance notice. Marriage counselling and preparation courses are required prior to marriage.

PROTESTANT CHAPEL

Telephone 339-2211 Loc 273
D.L. Martin, Major (Base Chaplain (P))

CHAPEL SERVICES

The Protestant Chapel is located in Wallace Gardens (PMQ area) and Divine Service is held every Sunday at 1000 hours. This is the Base Chapel and everyone is warmly invited to share in the Service.

HOLY COMMUNION: Holy Communion 1200 hours last day of each month.

BAPTISM: Services of Holy Baptism are held every month.

WOMEN'S GUILD: All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2000 hours on the third Tuesday of the month.

CHAPEL CHOIR: Our Senior Choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain. Senior Choir Practice - 2000 hours, Thursday: Junior Choir Practice - 1800 hours, Thursday.

Sunday School - The Sunday School operates from September to June. Ages 6 - 15 meet in the Chapel at 930 hours each Sunday, and the ages 3 - 5 hold their sessions during the Church period at 1100 hours. All children are invited to attend.

Office Hours - 0800 to 1630 hours. Phone 339-2211 local 273.
Hospital Visitation - The Chaplain would appreciate the co-operation of the members of the congregation and would request that they phone the Secretary's office (339-2211 local 273) to report the names of any members of the congregation who may be in the hospital.

New Delegate To AGARD

OTTAWA - An Ottawa native, 56-year old Robert F. Wilkinson, has been named as second Canadian delegate to NATO's Advisory Group on "Aerospace" Research and Development (AGARD).

A member of the research and development branch at National Defence headquarters, Mr. Wilkinson joins E.J. Bobyn, 55, of Krydon, Sask., the department's chief of research and development, to complete Canada's delegation.

AGARD was formed in 1951 as an ad hoc NATO conference. In 1954 it became a permanent agency charged with meeting periodically to bring together the NATO nations' leading figures in the fields of aerospace science and technology.

Among the group's missions are the stimulation of advance in aerospace science and technology, and the interchange of defence-related aerospace information between member nations.

In addition to the two-man national delegation, Dr. F.R. Waterfowl Habitat To Be Preserved

Mrs. Grace McCarthy, Minister of Recreation and Travel Industry, announced today that the Crown has entered a 99-year lease with the National Second Century Fund of British Columbia at a cost of only \$1.00 to help preserve an ecologically important marsh near Comox, B.C.

The marsh area, situated on an 80.54 acre parcel of land, is to be managed by the Fish and Wildlife Branch to ensure protection of the natural vegetation, to improve the quality of the waterfowl habitat and to ultimately increase waterfowl nesting.

It is expected that the area will give local schools an opportunity to expand their outdoor education programs as well as providing natural attraction to the people of Comox and visitors alike.

Mrs. McCarthy said, "I am gratified with the National Second Century Fund's work in acquiring this land for conservation management. We have entered several similar agreements with Second Century, as substantial savings to the taxpayers of the province in some instances and greatly facilitating an essential acquisition program in other cases."

UP YOUR BLOCK
(and back again. That's as far as you need to walk to be a bit fitter than you are now).

Participation Walk a block. Today.

NOW AVAILABLE FOR RENTAL

d'ESTERRE HOUSE

(Comox Senior Citizen's Centre)

This beautiful new building located at 1801 Beaufort Ave., Comox, has a fabulous view of the Bay and provides a perfect setting for weddings, parties or meetings. Rental rates are:

Weekly Rentals \$35.00 Per Meeting
Bi-Monthly ☆ Rentals \$50.00 Per Meeting
Private Use (Non-Profit Organizations) \$100.00 Per Function
Private Use (Weddings, Parties, etc.) \$125.00 Per Function

For Bookings - Phone 339-2255

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SEIKO QUARTZ WATCHES - The most revolutionary development in time pieces of the decade. Accuracy within 5 seconds a month. We also stock "up to the minute" styling in Orient, Wattauer, Voltaire and Candino watches.

DIAMONDS - Traditional or modern settings for that very important occasion.

BIRTHSTONE, FAMILY AND COCKTAIL RINGS - A large stock of selective styles. Choose yours today.

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THREE WEEKS' LEAVE
AND ONE WEEK'S BUDGET...**



COME ON IN.

You've been looking forward to this leave, but what fun will it be if you have to pinch pennies, or use your thumb for transportation. With a Traveloan from Household Finance, go wherever you want without any money worries. Whether you're planning a trip home to see your family, or you're out to see the world, we'll do everything we can to make you a Traveloan. Before you take your next leave, come on in to HFC. Where people use our money to get the most out of life.

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Includes Installation

C 78 x 14	\$31.95	\$31.95
E 78 x 14	\$31.95	
F 78 x 14	\$33.95	
G 78 x 14	\$35.95	
G 78 x 15	\$35.95	
H 78 x 14	\$37.95	
H 78 x 15	\$37.95	

A 78 x 13

4 Wheel DRUM BRAKE SERVICE

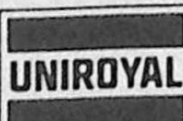
\$51.95

- Install new linings.
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- Inspect wheel cylinders, master cylinders, front grease seals, brake hoses and hardware.

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780 Cumberland Rd., Courtenay, B.C.
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Open 6 Days a Week - Mon. to Sat. 8 a.m. to 5 p.m.

No Cash Needed
Just Your Charge or Master Charge

MEN'S & LADIES' COURTENAY 5-PIN

12 Games, Singles Marathon

SUNDAY, AUGUST 29 - 1 p.m.

Entry Fee \$20.00 (Bowling \$10.00; Prize Fund \$10.00)

RULES

260 Scratch, 80% handicap, 480 pins max. Highest 1975-76 league season average used

PRIZES - Approximately \$500.00

DEADLINE - August 22

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PINE SHELVING

..... lin. ft.

30¢

1/2" x 6"

**FINGER-JOINT,
V-GROOVE CEDAR**

(Butcher Block Effect) 1000 Board Feet

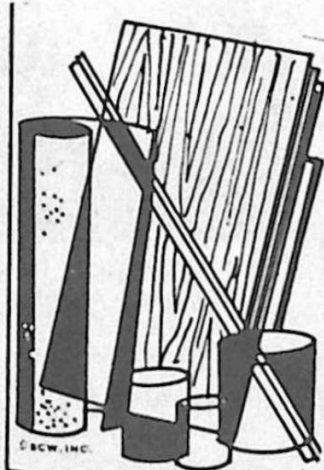
\$600



BABY BARNs

Reg. \$295.00
Priced To Sell

\$265.00



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Various thicknesses and dimensions
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For less than \$35,000. Unique beautiful fireplace. See it and believe it.

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If you like gardening see this solid family home. Priced to sell.

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OVERLOOKING COMOX BAY

Now being renovated. Most materials included in purchase price. Listed in the low 30,000's.

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3 bedroom bungalow with fantastic view. 1/2 acre good soil. Only \$33,500.

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MOVE IN NOW

3 bedroom bungalow in Comox. Patio and garden area. Priced to sell.

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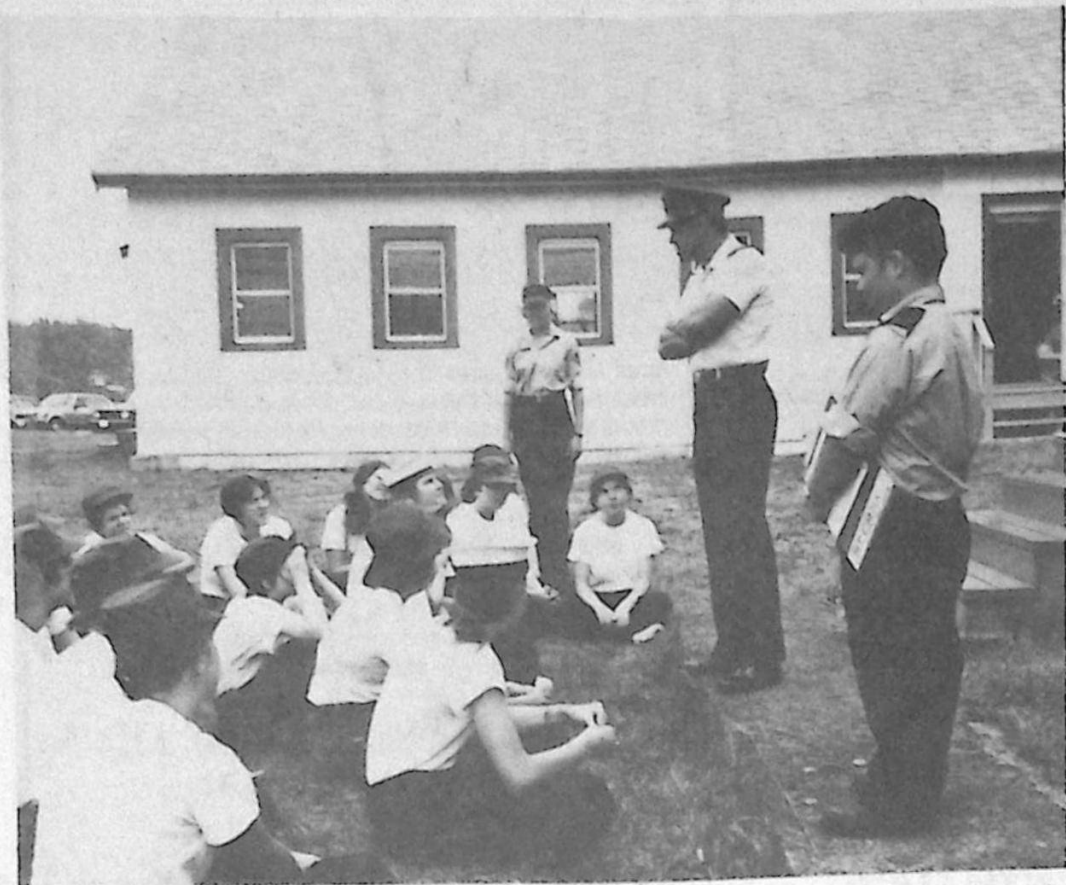
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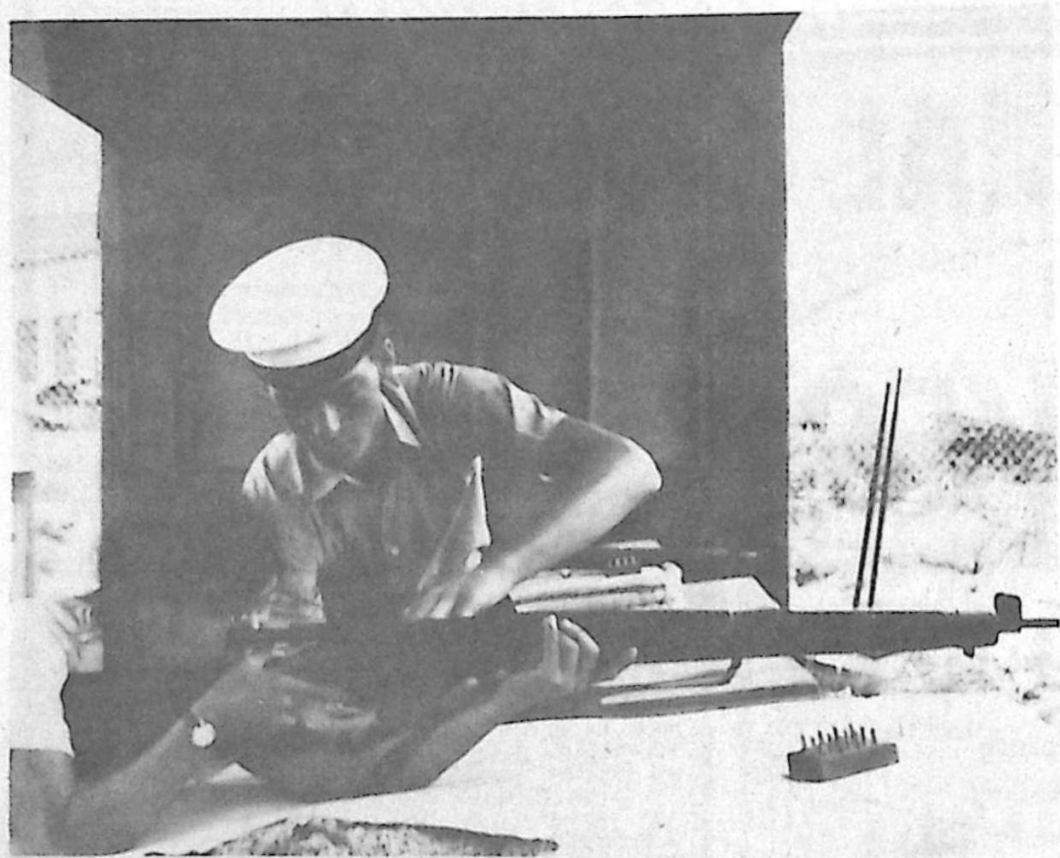
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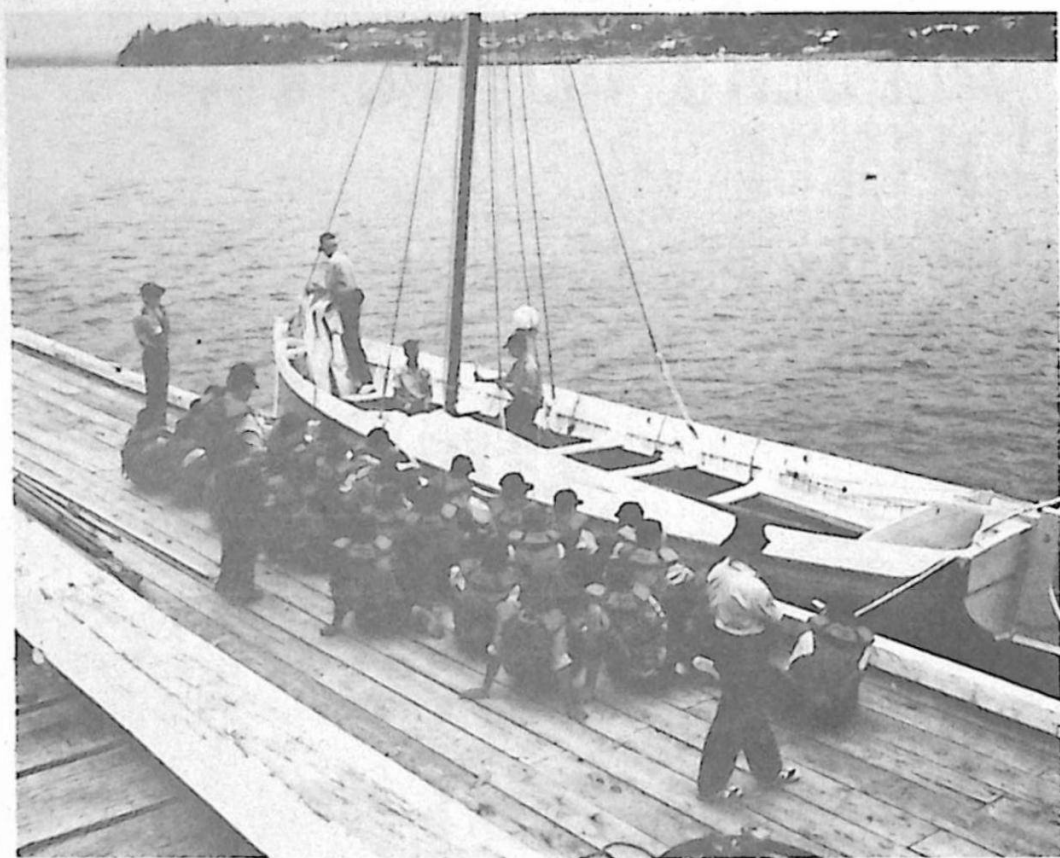
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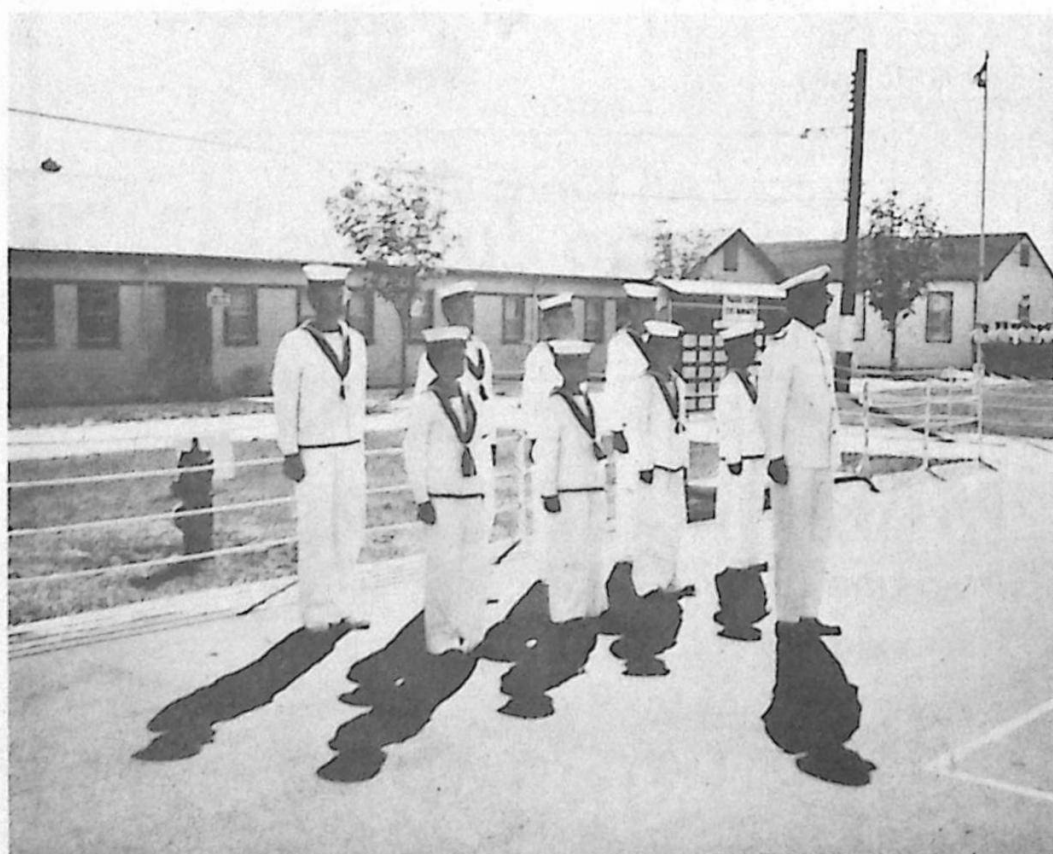
"TWO WEEKIES" -- first time in camp cadets get the ground rules from Commander G.F. Amundsen, CO, while Divisional Officer, Barry Waring of Duncan, looks on.



PO TREV ZIEGLER, Edmonton, instructs AC Andrea Mosses, Mayo, Yukon, in use of the .22 calibre rebored rifle.



SAILING PHASE -- cadets receive valuable instruction before carrying out their sailing exercises in Georgia Strait.



THE BOATS' PARTY commanded by Sublieutenant Flynn -- all pusser in their whites, stand at a rigid attention at the Quadra site.

Quadra



Summertime Is Sea Cadet Time

"Over 1,000 officers and cadets at any one time spend a portion of their summer at HMCS Quadra. Some come to the Spit for two weeks, others for six weeks and some for two months," says Public Information Officer, Lt. (N) Maury Freedman of Victoria.

Maury, a newsman from radio station CKDA, has many years experience with the navy and sea cadet movement and is a vet from the Second World War. He served on the HMS PUNCHER one of Canada's first carriers. He joined the sea cadet organization as an officer in 1953.

Flown out to CFB Comox on service aircraft cadets arrive from all over Canada to attend all or a portion of the 1 July to 31 August training period.

Thirty officers from West Germany, Belgium, Netherlands, Sweden and Great Britain recently spent five days on this West Coast cadet camp. Fifty sea cadets from the USA also spent some time at HMCS Quadra this year as part of a regular exchange programme.

CFB Comox supplies support to this sea cadet training base.

The Boss



Cdr. G.F. Amundsen

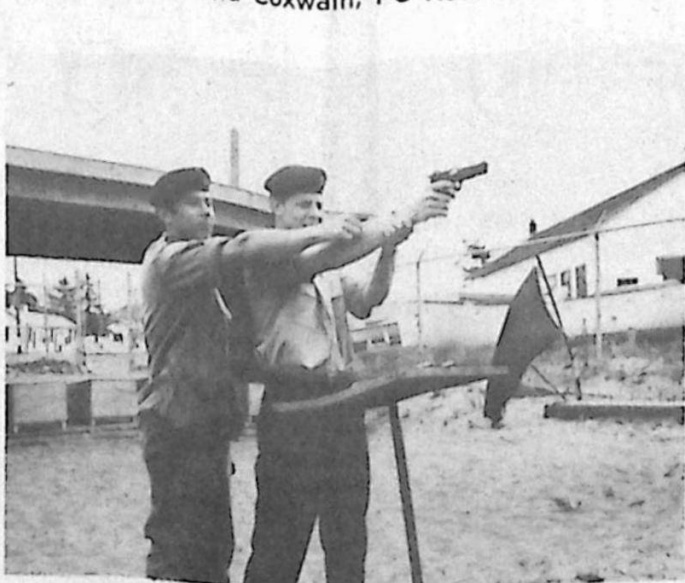
The head man at Quadra is a 31-year-old "single" high school teacher who hails from Vancouver. Cdr. G.F. Amundsen has been with the Naval Reserve Movement for twelve years and is a divine believer in Canada's cadet movement. He feels that it is a vital link in the development of Canada's youth.

Cdr. Amundsen controls a large scale operation at Quadra and has 107 officers on staff. There are also 171 O.J.T. senior cadets who help supervise the operation. This group of support staff supervise some 1500 cadets during a summer so it is no simple operation.

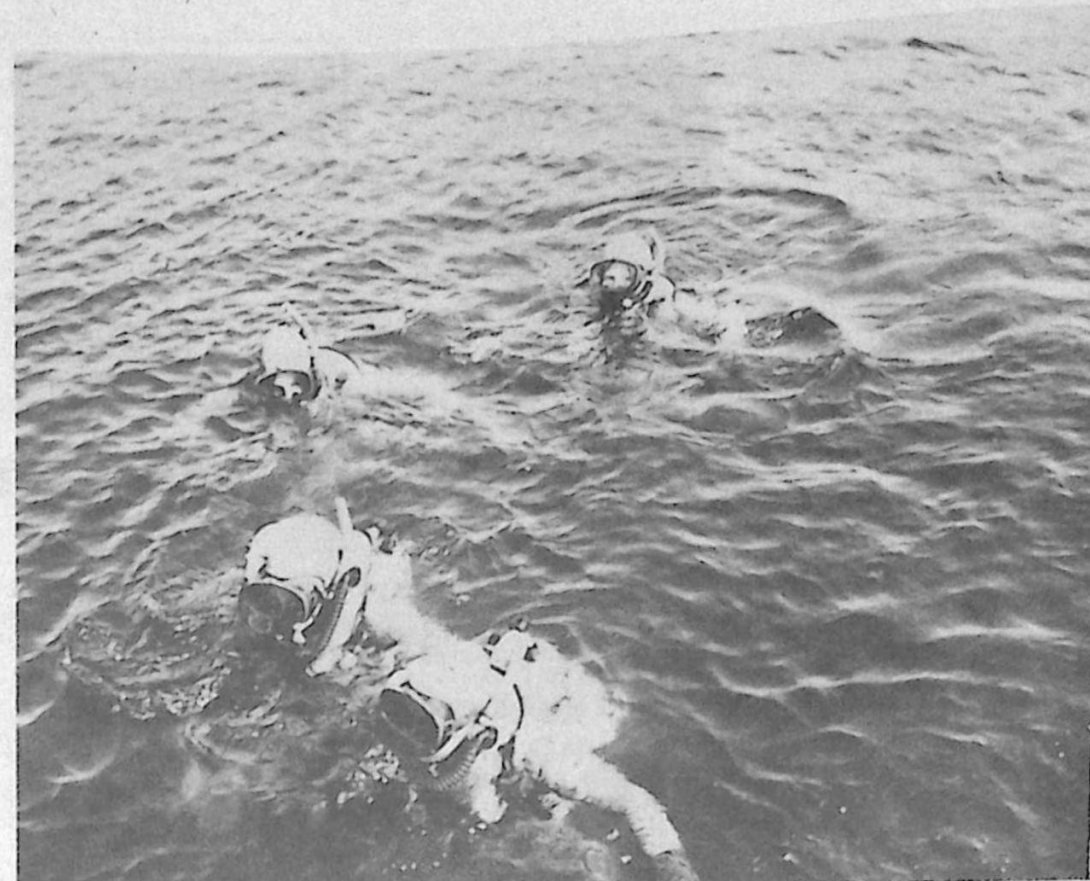
Cdr. Amundsen expressed his praise for DND involvement in the cadet movement and especially the support he has received from C.F.B. Comox.



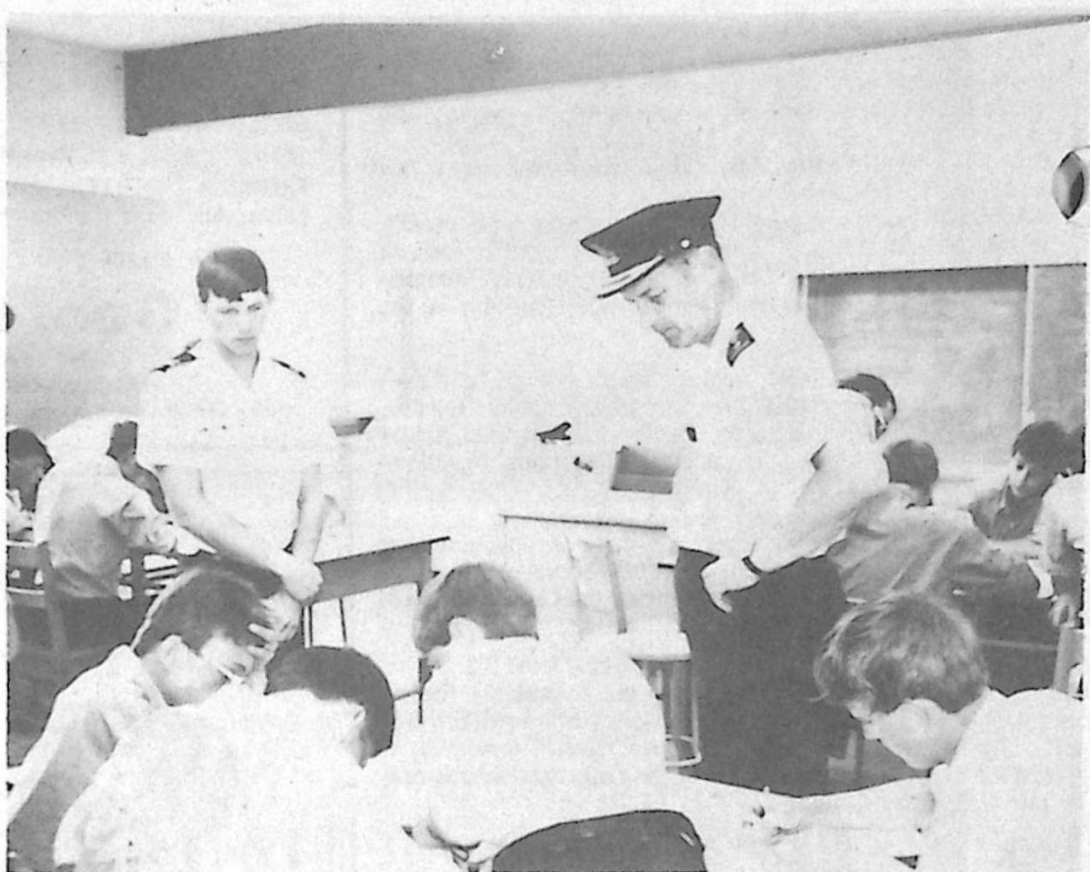
PIPING PARTY welcomes Rear Admiral Collier, Commander Pacific Region. The Party includes Able Cadet (AC) Perrara, AC Larrabee, AC Masse, AC Franklin and Coxwain, PO Russel.



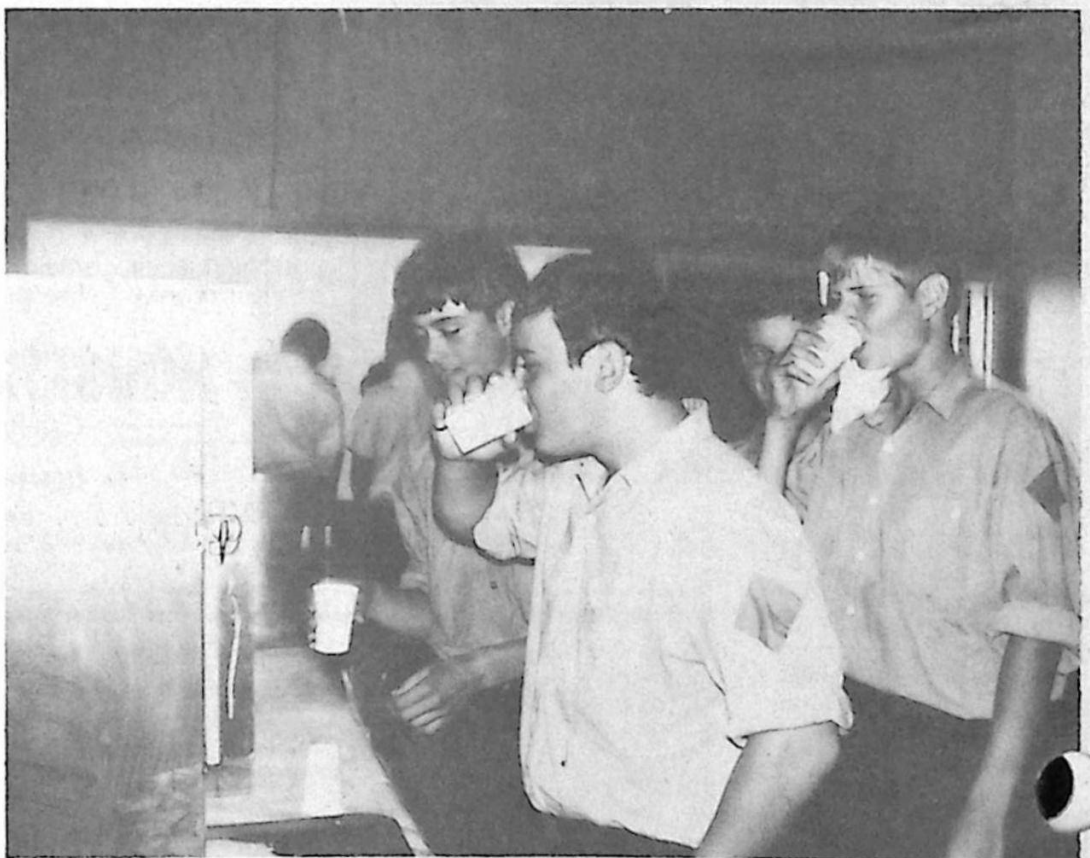
SUBLIEUTENANT SCOTT DAVIES, Winnipeg, instructing Officer Cadet Robert Walsh of Bridgewater, N.S., in handling of the 9 mm pistol.



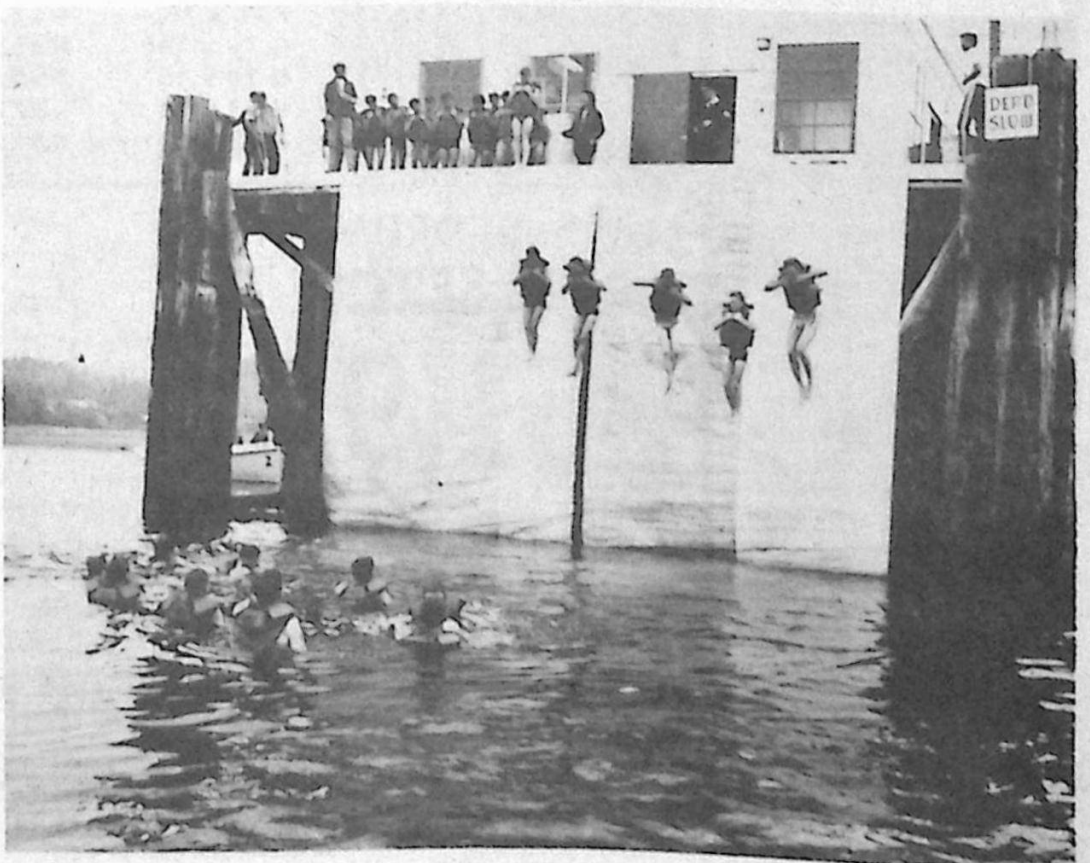
SCUBA DIVING COURSE -- first task is to check out the new outfits. With no previous experience, but with three weeks of intensive theory, a pressure chamber check out, and a good medical examination, cadets get their first dunking.



NAVIGATION INSTRUCTION - Sublieutenant Mark Rothwell of Campbell River, stands by while Rear Admiral Collier, a former navigation officer, watches students work out a navigation problem.



MILK STAND EASY -- (L-R) PO2 Nick Shull, Williams Lake, LC Ralph Hollmann, Powell River, LC Mario Puglisevich, Oshawa enjoy the comforts of the tall cool one.



JETTY JUMP A MUST -- every cadet must take the 20 foot leap at low tide. They are not pushed. They must do it on their own. "Instructors have been known to wait for hours for a cadet to make up his mind," according to Lt (N) Maury Freedman, Public Information Officer.



MAJ. J.T. GOODALL congratulates LCol. McKay on the completion of his final flight in a 101 while based here at Comox.



LOCAL CADETS AND WRENNETTES of R.C.S.C.C. Port Augusta who received awards at Annual Inspection and Awards Presentation. L to R Rear-Sherril Isbister, Ken Watson, Rene Wells, Brett Knights. Front Row - Scot Baird, Monica Wells.

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New Lawns Our Specialty
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★ — VOLARE — ASPEN — ★
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DODGE TRUCKS - PICK-UPS - VANS - wagons
CHECK AUTO-CLUB PRICES AND THEN SEE US
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Motion Picture Projectionist

Must hold or be capable of passing B.C. "A" Class licence.

Apprentice Motion Picture Projectionist

We will train the successful applicant in all phases of the projectionist trade. Good working conditions and salary.

Apply to:
PROJECTIONIST
Box 3039, Courtenay, B.C.

SAFETY — By Safety Sam

(Continued from page 3)

decay, take care of it now. Scrape out the old mortar, wet the crack and tuckpoint with mortar mix, which is commercially available in small premixed sacks. You just add water. Chimney cracks below the roof line should be repaired only by an expert mason.

Long-Range Fireplace Care. Most chimney problems are man-made. All too often people ask for trouble when they use their fireplaces to burn waste paper, old milk cartons or heavily sapped wood (like cedar) and get a carbon buildup.

The first rule for safe fireplaces is never to burn plastic-coated materials or quick-starter resins, leaves, plywood or giftwrappings (which can fly up the chimney while still burning).

Green wood — the top soot producer — is a prime cause of chimney fires. It is the slow, smoldering fire which releases the running sap in green logs and causes it to build a glaze in the flue. It's all right to burn green wood if you have a good bed of coals. But ordinarily avoid the green stuff. How to tell? Look and

lift. Green wood looks darker and feels heavier than dry wood.

If you call a professional to have repairs made, consider installing a hardware-cloth mesh screen on top of your

chimney. It will prevent burning material from being sucked out of the chimney, and keep squirrels and birds out.

Courtesy: Family Safety Magazine.



Street people are feet

people.
They're neat people who meet people.
Why not join up? Take a walk.

PARTICIPATION
Walk a block. Today.

WO & SGTS MESS

TGIF — Normal TGIF will be held on August 13, 20 and 27.

SOCIAL NIGHT — Each Saturday will be a Social Night with no band. Come out and relax in the Mess.

There will be a Golf Tournament August 27 — More on this will be posted.

There is also a Fishing Derby planned sometime in August. Further info will be posted on the Mess Notice Board.

MOVIES: Aug. 2 - Brannigan.
Aug. 16 - Taking of Pelham 1, 2, 3.
Aug. 23 - Harrod Experiment
Aug. 30 - American Graffiti - Richard Drefus

THE WESTERN WINNERS

Check the winning numbers below.
You could be the latest winner of
\$250,000

Here are the numbers drawn on August 4 in Victoria. Check your Western Ticket. Then check the winning numbers below. Who knows? This time it may be your turn.

TICKET NO. 2634207	WINS \$250,000
TICKET NO. 2141704	WINS \$250,000
TICKET NO. 2121412	WINS \$100,000
TICKET NO. 2349160	WINS \$ 50,000

WIN \$25,000

1492880	2096007
1507714	1512007

WIN \$1,000

34267
41784
21412
49109
92809
87714
98097
12987

WIN \$50

267
784
412
109
809
714
097
987

If you have any of the above winning numbers, check the back of your ticket for how and where to cash your winning ticket. If not, remember, your turn may be next.



NOTE: Fifty dollar winners (\$50) may claim their winnings by presenting their ticket to any branch of Canadian Imperial Bank of Commerce only in British Columbia, Yukon, Alberta, Saskatchewan and Manitoba.

If you wish to purchase a ticket and tickets are not readily available in your area, send \$3. per ticket in cheque or money order along with your name, address and telephone number to Western Canada Lottery Foundation, P.O. Box 7777, Winnipeg, Man.

THE WESTERN
CANADA LOTTERY

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CAMERAS
Konicas, Nikons, Canon F1, Pentax etc. Large format - 6 x 7, Zoom Lenses, Leitz and Zeiss binoculars, movie cameras. Lowest prices. Write: Cameras, 5924 Old West Saanich Rd. R.R. 7, Victoria, B.C. V8X 3X3.

FOR SALE
1972 Sprite Musketeer trailer, immaculate condition. Stove, fridge, sink, tent extension, screens and many other extras. Call 339-2211 loc. 262. MCpl K. Geldert.

COMOX

BASE THEATRE

SCHEDULE

Thurs., 12 Aug. - Fri., 13 Aug. - Sat., 14 Aug. - Sun., 15 Aug.

A real man who was a winner!
Chased...Chained...Beaten...
They couldn't bury a black legend like Leadbelly.

DAVID FROST-MARC MERSON PRODUCTION
LEADBELLY
A Film by GORDON PARKS
Starring **ROGER E. MOSLEY**

Thurs., 19 Aug. - Fri., 20 Aug. - Sat., 21 Aug. - Sun., 22 Aug.

WHEN MOVIES WERE SILENT - HIS WAS THE BARK HEARD 'ROUND THE WORLD.

"Won Ton Ton"
THE DOG WHO SAVED HOLLYWOOD
A DAVID FROST PRODUCTION
A MICHAEL WINNER FILM

Starring **MADELINE KAHN** and **ART CARNEY**
with **PHIL SILVERS** and **TERI GARR**
and **RON LEHMAN** in a Daily Mirror production
A STORY STARRING AWARD OF FAMOUS GUEST STARS IN CAMEO ROLES
PG PARENTAL GUIDANCE SUGGESTED
Some Material May Be Inappropriate for Children Under 12

Thurs., 26 Aug. - Fri., 27 Aug. - Sat., 28 Aug. - Sun., 29 Aug.

Diamond Pictures presents
A Betty Gordon Film
Diana Ross
"Mahogany"

The man who knew what Mahogany was and where she came from — and still loved her.

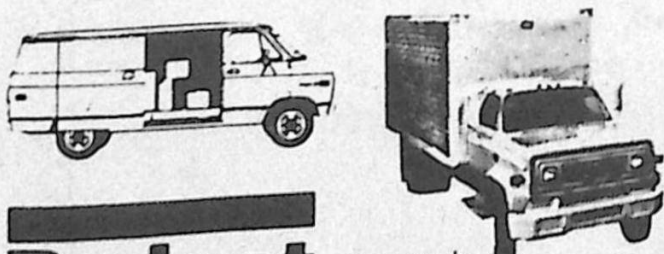
The fashion photographer who created the most beautiful model in the world — and then tried to destroy her.

The rich count who owned everything — and now he wanted to own Mahogany.

Starring **Billy Dee Williams** **Jean-Pierre Aumont**
and **Nina Foch** **Beah Richards** **Marta Mila** and **Anthony Perkins**

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Low rates by the hour, day, week. Most popular sizes. Trust Budget's truck fleet. Get you where you're going for less.

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Adults \$2.25 OAP \$1 Child \$1

Thurs., Aug. 12 - 7 & 9 p.m. General Entertainment
"IN SEARCH OF NOAH'S ARK"

Fri., Sat., Mon., Tues., Wed., August 13, 14, 16, 17, 18
Mel Brooks
"BLAZING SADDLES" Mature
"A comedy with some coarse language." - B.C. Director

Thurs., Fri., Sat., August 19, 20, 21
"STRANGER & THE GUNFIGHTER" Mature Lee Van Cleef
"Occasional violence"

Mon., Tues., Wed., August 23, 24, 25
Jan-Michael Vincent
"DADDY BLUE MARINE" Double Bill
Plus — **"DION BROTHERS"** General

Thurs., Fri., Sat., Aug. 26, 27, 28
"OLD DRACULA" Mature

Aug. 30 to Sept. 4
"SILENT MOVIE" General

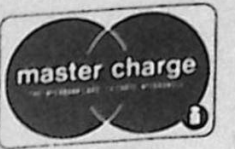
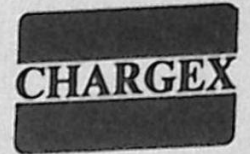
Stardust

Drive-In Theatre
Williams Beach Rd. & Isld. Hwy.
Admission \$2.50 O.A.P. \$1.00
All Night \$3.00 Each
SHOW STARTS AT DUSK

Aug. 12 - 15
"SHERLOCK HOLMES' SMARTY BROTHER" Plus **"YOUNG FRANKENSTEIN"** (M)
Aug. 16 - 18
"BACON COUNTY LINE" Plus **"DOWN LOGGERS"**
"Violence, coarse lang."
Aug. 19 - 22
"GOOLEY HIGH" Plus **"BOBBY JOE & THE OUTLAW"**
"Violence, coarse lang."
Aug. 23 - 25
"MOTHER, JOBS & SPEED" Mature



YOUR BASE EXCHANGE



Authorized Patrons Only



Back-to-School

SPECIAL PROMOTION

August 12 to 18

Watch for
our
Special Flyer



EXCELLENT SAVINGS on



WE GOOFED!

In our July 22 ad
It should have read
"Camera and Case Only"
\$344.95

A tip of our Dunce Hat to
keen-eyed friends who
alerted us.

EXCELLENT SAVINGS

<p>CREST 100 ml & 50% More Mint & Regular 99¢</p>	<p>HEAD & SHOULDERS SHAMPOO 175 ml Lotion \$1.49 100 ml Jar & Tube \$1.49</p>	<p>PAMPERS DAYTIME 15's Regular price \$1.59 NOW ONLY 99¢</p>
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SERVICE STATION

You're Invited TO OUR **GRAND OPENING**

*Many Specials
*Free Draws

SPECIAL FEATURE DURING OPENING WEEK

Lube Job and Oil Change **\$11.88**
(4 Quarts) including Oil Filter

WE ARE NOW SELF-SERVE — REGULAR GAS SELLING AT 76.9¢

COFFEE

EX Instant Coffee **\$2.69**
10 oz. jar

MAITRE D'
INSTANT COFFEE
Industry Blend by Maxwell
House. 10 oz. jar **\$2.89**

SANKA
97% Caffeine Removed
Instant Coffee
8 oz. jar **\$3.25**

NOTICE

Our GARDEN SHOP will CLOSE
14 AUG. at the present
location. Garden Shop Mer-
chandise will be available in
the main store.

NEW ARRIVALS

DON PARKER
Pants for Men
"Bra Slips"
from WONDERBRA
for Ladies

There's no place like HOME for FIRE

Next time you are at the Service Station, come in and
meet Rudy ENNS, your manager, and Ken DYER, your
mechanic.

LET THEM
HELP
YOU

Cut the Cost of Driving

1. With lower gasoline prices and realistic hours
2. Lower mechanical repair prices
3. Friendly, guaranteed service



Parts for a special week end project will be
ordered and available for you when you
require them, if you order them between
0800 - 1630 hrs. Monday through Friday,
when the parts department is open.

Rudy ENNS, your manager, may be contacted
at Local 361 or, better yet, in person at the
Service Station. He's there, and is willing and
eager to meet you and help you with your
automotive problems.

HOURS OF OPERATION

Gasoline Sales Mon. thru Fri. — 0700 - 1800 hrs
Sat., Sun. & Holidays — 0900 - 1600 hrs
Licensed Mechanic
Services & Parts Dept. Mon. thru Fri. — 0800 - 1630 hrs