



TOTEM TIMES



NOT BLIND PATRIOTISM, BUT RESPECT AND REFLECTION — "OH, CANADA, WE..."

VOL. 18 — NO. 13

CFB COMOX TOTEM TIMES

THURSDAY, JULY 1, 1976



407 Techs Win I.B. Morrow Trophy

For outstanding performance as a technical support unit, the 407 (Demon) ground crew received the Commodore I.B. Morrow Trophy upon completion of the Annual ASW Competition hosted by CFB Greenwood this year. They won over stiff competition from members of VP 405 (Greenwood) and VP415 (Summerside). (L to R) rear: MCpl Bruce Horochuk, Cpl Jim Whelen, Cpl Ron

Drouillard, MCpl Al Karila, MCpl Gary Wood, Sgt Gale Dyer (plus the STechO, Maj Don Poole); front, Cpl George Grosvenor, MCpl Denny Vicklund, Cpl Will Johnston, Cpl Dave Jones, MCpl Rudy Wons and Cpl Len Smith.

(407 Photo)

For picture story see page 13.

Wedded Bliss

Copper-Tipped Slugs For Company

OTTAWA — In the early morning hours of June 7, Military Policewoman Pte Janet Kirkey, 22, of Sioux Lookout, Ont., was on armed foot patrol around National Defence Headquarters, Ottawa, when she heard her husband's voice crackle over her belt radio.

There had been a shootout involving his patrol, he rasped, and requested help. That's all she knew until she returned to Base and found her husband, Pte Stephen Trent Kirkey, 23, of Cornwall, Ontario, safe and sound.

"I was relieved", she said later. "When I heard his voice on radio I just tried to stay cool and kept on walking." And while she was briskly finishing rounds, Trent and his patrol team-mate, Pte J.R. Girard, 25, of Ottawa-Hull, were driving back to headquarters after saving the lives of two Ottawa policemen and helping to capture an armed escaped criminal.

The Kirkeys, married less than one year, love their work — being MP's together at National Defence Headquarters Security Section — but June 7th, is a date that will stick in their minds for a long time. "I could have been killed", Kirkey said later. "I know" replied his wife.

Pte's Kirkey and Girard were on a routine mobile patrol of Defence Department buildings when they came upon two Ottawa police constables lying face down in the middle of a street. Their headlights showed a man standing over them, pressing the barrel of an automatic pistol to the head of one of the men. When the gunman saw the MP's, he shouted for them to stop advancing or he would kill the constables. They stopped dead. The gunman, then jumped into his car and sped off, carrying the policemen's revolvers with him.

Later, one of the officers thanked the MP's for saving his life. He said the suspect had stuck a pistol into his chest after being pulled over for erratic driving, saying "Give me your guns or I'll blow your brains out."

The MP's followed the fleeing gunman as he sped through downtown Ottawa at speeds up to 60 MPH followed closely by the unarmed constables.

"It was pretty hairy", said Pte Kirkey, "we stayed on his tail, running down Bank Street", one of Ottawa's main arteries.

The gunman swung his speeding car into a cross street to shake off his pursuers, lost control and skidded to a halt. Both police cars stopped close by and their occupants took cover.

Seconds later the gunman opened fire from inside his

car. Pte Kirkey, crouching behind a fire hydrant, returned the gunmans fire while Pte Girard, hidden behind the thin shield of his passenger door, pumped copper-tipped bullets from his Browning 9MM service pistol at the gunman.

The gunman fired five shots, one missing Pte Kirkey by inches. The MP's fired 16 shots, more than 10 ripping into the gunmans car and shattering windows. Ottawa police who arrived late on the scene also pumped a few shots at the gunman.

Suddenly the car sped off, with both military and city police in hot pursuit.

In order to avoid capture the gunman flung his door open rolled from the moving vehicle and disappeared into the darkness. The car rumbled down Laurier Ave., and smashed into a restaurant. Police arrested the man in a parking lot moments later. The gunman, identified as Robert Barry, 32, an escaped convict from Collins Bay where he was serving an 18-year sentence for armed robbery and other offences, was treated in hospital for a minor bullet wound to his back. It has not been established whether the wound was caused by a military or Ottawa policeman.

Pte Janet Kirkey said she doesn't mind the thought of being shot at, or of being in a tight situation with her husband should it ever arise. "I always wanted to be an MP," she said, but she never dreamed she would marry one.

The Kirkeys met on the job at headquarters in 1974 and were married a year later.

Pte Janet Kirkey is the daughter of William and Eve Brunton, Sioux Lookout. Pte Kirkey is the son of Theo and Lorna Kirkey, Cornwall, Ontario.

NATO planning

Flexible Response a Must

BRUSSELS — Concern over growing military strength of Warsaw Pact countries, beyond levels justified for defensive purposes, dominated an official communique issued at the conclusion of meetings June 10 - 15 of the NATO Defence Planning Committee and the Nuclear Planning Group. Defence Ministers of the Alliance feared the resulting effects on the strategic balance between

East and West, particularly in regard to Europe. They discussed the importance of the contribution of theatre nuclear forces in NATO's strategy of a flexible response as part of the NATO triad of strategic theatre nuclear and conventional forces. In particular, the Ministers agreed on the need to improve the effectiveness of NATO's nuclear forces, including their survivability.

They also emphasized their continued support for broad allied participation in NATO's nuclear defence posture.

In a statement following the meeting, Canadian Defence Minister James Richardson said his NATO colleagues enthusiastically received Canada's plans to modify and improve equipment of our forces stationed in Europe.

German Defence Minister Georg Leber said: "I would like to say a word of sincere gratitude to the Government of Canada." He said that: "The importance of this decision goes far beyond these practical aspects it also is an expression of the tangible and visible Canadian commitment towards Europe."

NATO Secretary-General Luns said: "We welcome the news about the re-equipment

of the Canadian brigade in Europe with the purchase of new Leopard tanks."

During the meetings, Italian Defence Minister Forlani also expressed the gratitude of the Italian people for help provided by the Canadian Forces in the recent earthquake in the Northern part of his country.

He also announced that Italy's highest civilian decoration will be awarded to honor the memory of a Canadian Forces helicopter pilot, Captain Ronald George McBride, 42, of Calgary, killed when his helicopter crashed during a rescue operation.

The Italian Defence Minister said: "The sacrifice of this airman, and dedication of all those involved, will always be appreciated by our people with gratitude and great admiration."

Comox BWO Gets Order

In recognition of thirty-four years of meritorious service in the RCAF and the Canadian Forces CWO George Howard is to receive the Order of Military Merit. The announcement was received at CFB Comox on June 18.



CWO GEORGE HOWARD

CWO Howard joined the RCAF in January 1942, as an Aero Engine Technician. In 1944 he became a Flight Engineer. Since then he has accumulated approximately 17,000 hours of flying time.

His flying duties over the years have included service in England with 428 Squadron; Arctic photographic missions with 408 Squadron; air lift missions to the Far East with 426 Transport Squadron; and, maritime patrol missions with 404 and 407 Squadrons.

During his military career he has also completed a number of years between flying operations giving technical instruction to pilots, flight engineers, aircraft engineering officers, senior NCOs and crewmen.

Mr. Howard is currently serving as the Base Warrant Officer (BWO) at CFB Comox.

He is a strong exponent of the chain of command and has done much to encourage NCOs to become aware of, and exercise, the responsibilities incumbent upon their respective rank levels. He has also done much to improve the lot of the single person living in barracks.

The nomination for the award reads in part: "CWO Howard has proven himself to be a most capable and dedicated serviceman, and an excellent Base Warrant Officer. In particular, he has proven himself to be a credit to Canada, the Royal Canadian Airforce and the Canadian Armed Forces."

Mr. Howard resides with his wife, Betty, and daughter, Eleanor, at 2252 Strathcona Crescent, Comox. His son, Ted, is teaching in the Canadian Forces Language School in St. Jean, P.Q.

George says: "I am now trying for my third clasp to the Canadian Forces Decoration." He is currently on his first extension of military service.

Sports arena now ours

\$27,000 Written Off

As of May 31, 1976, the balance of a loan on the Glacier Gardens Arena has been authorized as a write-off by the Non-public Funds

Board of Directors. CFB Comox is one of 22 bases and stations to receive a portion of the \$2,191,419.72 to be written off as a meaningful first step

in additional Canadian Forces Central Fund (CFCF) assistance to units.

The recommendation for write-offs were based on CFP 110; ie, total write-off of outstanding balance for projects entitled to full public support and 50 per cent write-off of outstanding balances for projects which are municipal type facilities. This action was initiated only after careful examination of the favourable financial position of the CFCF over the past two years and the means of assisting units in addition to the CFCF loan program without compromising the viability of the fund.

"Only through continued support of CANEX and associated NPF activities by all personnel can programs similar to this be introduced for the benefit of all personnel," says NDHQ message DGPS 0456, 041400Z June 1976.

SAFE BOATING WEEK

1 - 7 JULY 1976

"Damn the torpedoes. Full speed ahead!" was a famous naval battle cry and one which inspired men to acts of great courage. It served a naval officer well by instilling the desired attitudes in his crew and in achieving the ultimate goal of victory.

On our Canadian waterways the Canada Safety Council, with many allies, is fighting a quasi-naval battle. It endeavors to instill attitudes of preservation rather than destruction and the victory

will be all vessels afloat, not sunk or damaged, and all hands safe and sound, not dead or injured.

To achieve this victory the Council requires the support and assistance of all Canadians who take to the waters. The battle plans are the "RULES OF THE ROAD" and the "SMALL VESSEL REGULATIONS" and the cry is "COURTESY AFLOAT".

JOIN THE COUNCIL'S NAVY AND STAY ALIVE TO SEE THE WORLD!!!!

CANADA WEEK '76

A special week to honor our country.

June 25 to July 1, was set aside as Canada Week. Its aims were to stimulate national pride, emphasize national unity, and to encourage greater dialogue and understanding among Canadians.

The Chief of the Defence Staff, General J.A. Dextraze stated, "Men and Women of the Canadian Armed Forces have, by choice of profession, already demonstrated their dedication to these ideals. As your ultimate commitment is to the defence of this country, I am confident that you can

appreciate the significance of Canada Week."

"JADEX" continued, "As a personal believer in the aims of Canada Week, I urge you to join your fellow citizens in its observance, and in reaffirming our dedication to the ideals for which Canada stands."

Canada Week '76 has come and gone. What did you do to encourage greater understanding among fellow Canadians?

Why not stretch the aims of Canada Week into your everyday actions 52 weeks of the year.

Postings minimized in '76

Who Said So?

A check with MCpl Dave Beyea and Sgt Chuck Eddy of the Reception and Dispatch (R&D) section on June 22, disclosed there are a total of 455 personnel posted in or out of CFB Comox during the period April through September. And, the posting messages are still coming in.

As a comparison, during the entire 1975 calendar year there were a total of 690 postings.

The months of July and August will be particularly busy for the R&D section according to Dave. As of June 22, there are 67 known moves listed for July and 149 in August.

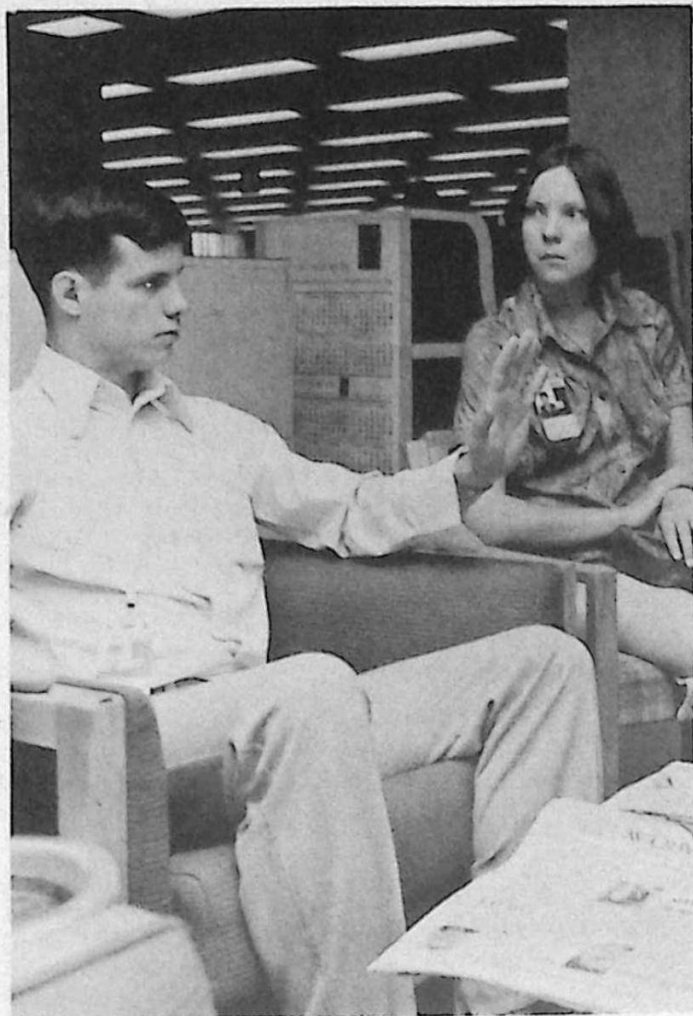
The lieutenant colonel ranks are the hardest hit this year. Four out of six have been posted: L.G. Jenks - Yorkton, H.M. Sutherland - Ottawa; B.T. Montgomery - Toronto; A.E. MacKay - North Bay (although LCol C.B. Lang's replacement has been named, a Mushroomer scribe indicates that his CO has a ball and chain anchored to his desk).

The Totem Times staff will also be reduced considerably this summer: Jack and Cecile Begin - Toronto (after Jack serves his tour with the Olympics); Bob Shawcross - CFSAOE Borden; Harvey Gates - RMC; Pearl Kingens - North Bay; and Moira Montgomery - Toronto.



FISH OF THE YEAR — Ken Goodburn shows his prize catch. Stated Ken: "I had no problems getting it into the boat, but you just wouldn't believe the struggle I had to get the hook out." His secret: a 6 1/2 pound Tom Mack with 20 pound test line on a knuckle duster, using 14 ounces of lead. Needless to say, Ken won the smallest fish award at 409 Squadron Sports Day.

For Photo Story see page 5



SHOOTOUT DRAMA Private Stephen "Trent" Kirkey, 23, of Cornwall, Ont., explains to his wife, Private Janet Kirkey (nee Brunton), 22, of Sioux Lookout, Ont., how he and his patrol partner helped Ottawa police to capture an armed escaped convict after a shootout in downtown Ottawa June 7.

CF Photo

Demon Doin's

Fleet regatta

Last Friday, 407 Sqn. took part in the Fleet Regatta at Esquimalt and proved that we too, can play navy games by finishing eleventh out of twenty six participating units. The Fleet Diving Unit took top spot for the fourth year running.

Our success was due to the enthusiasm and all out effort of everyone there. Our achievements of special note are a fifth place finish in the Master Seamen or below whaler pulling (That's MCpl. for Pigeons). John Fox and Norm Dolan showed their skill in the 420 dinghy and came in second. Brent Bennie of the Base Firehall was second while CFB Comox finished third in the bathtub race and Fleet Diving Unit just beat us by inches in the War Canoe to give us another red ribbon for second.

The CO., LCol. Montgomery, was fifth in the CO's dispatch boat race - the first time - however, a false start

was ruled but they didn't tell the CO as he finished the race and then tied up alongside. Thanks to LCol. Watson risking life and limb in his sprint from HMCS Provider to the furthest jetty, our CO was out in time for the restart. This time he was third approaching the first marker buoy but alas, he had to standby to repel boarders as some scoundrel rammed him broadside, knocking one of the motors off the mount.

Even though we didn't bring home any of the silverware, everyone put up a good showing and had fun doing it.



**CO's
DISPATCH
BOAT**



PLANT A TREE

Once again the Nighthawks Nest deadline is rolling around and I know the great unwashed masses of 409 and their interested followers are waiting with bated breath.

First of all its a pleasure to welcome several new bodies to the nest. Capt. Ron Coleman and his wife came to us direct from the Middle East.

Ron's varied background of exchange with the "you'lls" and a 104 tour will be of great benefit to the squadron. We also have a new duty balloon in the form of Bill Cleland. Bill and his Frau are coming from training command but are already starting to show the sign of greatness required to be one of the Nighthawks. The third new face seen wandering around belongs to Jake Jacobson who is still waiting for his OTU to start.

Bart "Hey Big Boy" Wickham and Kent Smerdon are back from the weapons course in Bagotville. I don't know if they're any the wiser for it (Nobody is smart enough to ask them any questions) but both are sporting that sickly complexion that can only be picked up by frequenting bars for extended periods of time. Wes Allen came home for a weekend to practice his English on Fran and the kids. Although no one saw Wes, several of the wives commented upon the look of fulfillment on Fran's face.

Our olympic representative was back in town courtesy of a T-33 that Uncle Joe and Swede Hallstrom left when they trudged to the 410 reunion. Al Robb and Charlie Gladders also went up but took the scenic route; T-33 to Winnipeg and Herc to Bagtown via Hudsons Bay to accommodate a Navigation Training Exercise. I gather it was a fantastic weekend and by all accounts even Charlie was well behaved.

Tom Potter has been another "I'm only home for clean clothes dear" aviator. He took yours truly out to Saskabush for a weekend and immediately afterwards went to see his two Air Cadet Squadrons in Vancouver. Last weekend found him in Cool Pool with Tom Goodall where they exhibited themselves as a static display. We now have our hero back (in the Q where he belongs) so he can plan the upcoming air shows at Abbotsford and points south.

There have been several Squadron parties of late which let all the animals out of their cages. One luncheon-held at night - saw the farewell to Major's Parkinson and Arthur. I know I speak for everyone when I say they'll be sorely missed and that their replacements are going to have a tough job ahead of them. There is a bright side though; with RAD gone the Squadron back rate will go up a couple of percentage points. The luncheon was followed by an all ranks sports day the following A.M. Fishing, Baseball and

Volleyball purged the systems during the day only to see a minor recontamination take place at the picnic which followed.

This last weekend found the fearless 409'ers playing host to the Portland ANG to celebrate their changing of role from interception to refuelling. The boys from McChord and Spokane were also invited and our combined strength made what turned out to be a very colorful party. At times even the air turned blue. The festivities started out with asuperTGIF followed by a fishing-golfing derby on Saturday. Suitably sunburned and hungover the entourage then assembled for a Saturday nite dinner orchestrated by Reverend Roy. Suffice it to say that a good time was had by all, so good in fact that some members had to be told the following day just how much they enjoyed themselves. Unfortunately Paul Gill missed the party, as I'm sure he would have enjoyed all the speeches. I'm not saying the Yankees are long winded but we almost ran out of wine which is unheard of in our civilized 409 Society. Our resident Cowboy took Lou Glusich on a cross country to Southern Ontario to plan for his upcoming retirement next year.

So much for all the news that is fit to print for the month of June. See you in three weeks unless I'm tied up getting a liver transplant.

From Under the Nighthawks' Nest:

Yes it's true, the tree that supports the Nighthawks Nest is about to represent itself in the Totem Times.

Friday, the 18th of June, the Sqn. held a very successful Sports Day, which was organized and hosted by the Snags-Servicing Canteen Committee. Their hard work paid off and they had excellent participation in all events.

VOLLEYBALL: 24 players turned out, with Andy Varga winning the Most Valuable Player, Bob Makosiej the oldest player, and Bob Dalmer the most entertaining player awards.

SLOWPITCH FASTBALL: Three teams turned out and the most valuable player from each team was Ed Leask, Royce Wood and Dan Laviolette. Larry Burnett has to be a shoo-in for the most smashing hit.

GOLF: Frank Martin had low gross for a 79. George Nagy and Cliff Perry from Nav-Comm. picked up high 9 (86) and high hidden hole (14). It is also rumored that two other players from Nav Comm did quite well against a couple of Aircrew. Forgotten in the excitement was the fine eagle by Roy Smith on the fourth hole.

FISHING: While everyone else was having a ball, the rest of us just sat around stringing lines. 155 fish were weighed in. The prize for the largest fish went to Jack

Nighthawks Nest

Campbell with a 19 lb. Ling Cod. The largest salmon to Dean Nelson, and the biggest rookie to Frank Amadio. Ken Goodburn had the smallest fish, with the hidden weight going to Dave Nichol and Earl Hobbs.

At the end of these events all contestants congregated at the Beach Pavilion to partake of the victory (in some cases, defeat) feast. Unexpectedly surfacing in this rousing get-together were some other non award winning characters.

Best Cook - Frank Amadio; **Best Fish Weigher -** Gerry Poth; **Best Bartender -** Tom Hickey; **Best Performance by an Inebriate -** Bill Tames; **Best Single Point Landing -** Colin Hay; **Best Lost Fish Tracker -** Jim McMullen; **Best Chowder Makers in the Valley goes to the Combined Mess Staff,** and a hearty thanks for your great support.

From the depths of the Weapons Load Section we hear that the Armament Hockey Team, known in better circles as the Comox Bombers, challenged the rest of the armourers to a softball game. "Bodacious Bud" was the umpire and with his help the Hockey Team managed to be declared the losers. Calls like "The runner is out for elbowing," "The batter is safe," and "The Shortstop is too good" made it for the hockey players to show their worth. This game did show the latent talent in the Armament Section. Are there any other Sections who think they have

some talent and would like to take them on in a team Sport?

After the game there was a small party to say goodbye, and lift a few with Ron Mulesa who is going overseas, and Jack Begin who is going to the Reserve Support Unit at CFB Toronto.

Rumor has it that our favorite P.W. I-c is back from Saskatoon, complete with long range tanks on his truck. The tanks haven't helped much though. Now the truck is still full when Chuck Runs Out of Gas.

It has been mentioned that readers from outside the Sections and Squadrons sometimes don't see the humor etc., that is written under various headings. Over a period of time we will attempt to dispell some of that and give you an insight into some of the Sections and characters. Honest and unbiased of course. For instance, for those of you who don't know, the "Nighthawks Nest" is in fact the gathering place of the 409 Squadron Knights of the Air. These are the gallant Voodoo crews who thunder through the sky, scaring the pants off Cessna Pilots, and who's primary concern is to keep the darn thing flying pointy end first. A little research reveals that the name "Nighthawk" was given them by a little old lady birdwatcher who thought they closely resembled the bird who is quite famous for its exceedingly vigorous flight. (Personally I don't really believe the story. I think they

got that name because, like the birds, they are always in a flap about something). Why you ask, do they present their copperplate under the heading "Nighthawks Nest", when in fact the North American Nighthawk is also famous for laying its eggs on the ground, and not protecting them with a nest? I sure am glad you asked. After much birdwatching in the jungles of 7 Hgr., I have found the answer. They are really squatters in another birds nest. Yes its true. The nest is inhabited by two nighthawks,

three bald eagles, and a bunch of queer ducks. Ducks and eagles of course, build nests. Be assured this expose is not meant to take anything away from these birds. Indeed what more could a pilot ask, than to be likened to an eagle.

(Balding and drifting toward extinction is unimportant).

And ducks are known the world over for their quaint flight characteristics, though the truth be known, I guess they are most famous for "Down on their behinds" - To Be Continued-



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CFS BEAVERLODGE, ALTA. -- Winning Photos from the annual Canadian Forces Photographic competition held here in May are displayed by two of the contest organizers, Sergeant Al Hughes and Master Corporal Jack Slade. Professional photographer of the year is Warrant Officer Jim Cochrane, DND Office of Information, Alberta Region, Edmonton. Mr. J.R. (Reg) Mader, 302 CF Technical Services Detachment, Waterloo, won the award of best amateur photographer. Mr. Mader also won the award for the best print in the competition. (Canadian Forces Photo)

Mushroom Mutterings

Here are the latest sweepings from the 442 Hangar floor.

Congratulations go out to Jit Prasad and his wife, who recently became proud parents of an 8 lb., 6 oz. girl. Still with Rotary Wing Section, Art Seeley woke up one morning, looked in the mirror, and decided to take career action against himself. His walking papers are now being processed. Art plans to launch a second successful career, this time as an all-night desk clerk somewhere east of Sioux Lookout.

Somebody seems to be stirring the pot again down there in the "Rideau Rubber Room", for lo and behold the

dust is flying in Safety Systems. On the first of June, both Herb Martin and Yours Truly were elevated to the rank of Master Corporal, but not without a hitch. For myself, it's off to C.F.S.A.O.E. Borden, after seven years at the Mushroom Farm. Herb, he's still in the "Wonder, Wait and Worry" stage. But wait there's more! Sgt. Ron Carter has just been invited to Cold Lake, as a guest of 434 Toy Fighter Squadron. Ron's first reaction was to inquire at Clothing Stores regarding the issuing of combat boots with golf spikes in the soles. Alas, there seems to be no end to the hardships a short sailor must endure.

Finally, here's a helpful hint from 442's own happy homemaker, Fanny Fungus. Nutritionists are warning us that with today's convenience and "junk" foods, we just aren't getting enough fibre in our diets. So Fanny suggests that once a week you mothers out there stir an old burlap sack into the family stew, to keep the kiddies all bound up and healthy inside.

P.S. In case you're all wondering where Fanny has been all these years, she's just finished serving time in a British prison, after being caught smuggling Red Rose Tea from Canada into England. What a pity!

Hot stuff

"You know what really BUGS me about this place?" asked 116 ATU veteran, Sgt. Al Walsh, of a new 'pinkie', MWO Orville Browning. "The low pay," replied Browning. "No!" "The long hours." "No!" "The danger." "No...the sand in my nose." Some of the pinkies laughed but the seasoned peacekeepers such as Capt. D.J. Lowion and Sgt. Gord Brown nodded in agreement and each continued to sip his Lowenbrau or Tennent's. As if to emphasize the point a hot gust from the Sinai shook the tent and sand swirled through the compound.

"It's true," interjected Muhammad Al Akkad, an Egyptian air traffic controller, "that the weather has been very strange, worse than I can ever remember for this time of year." As he said this the telephone rang: "116 ATU, duty NCO," answered Cpl.

Mike White. "...OK, thanks." "Mail call!" he shouted as he set down the phone. "Anybody got the keys to a jeep?" asked Pte. Tom Witzke. LCol. Ken Durrant threw him the keys to the Co's jeep and Witzke disappeared. The ritual of mail call and the anticipation of a letter or parcel raised the spirits of everyone in the unit.

Capt. Gerry Stark finished reviewing some points in the operational evaluation report of 116 and, passing it to MCpl. Byron McDonald, left to prepare more wood for the sauna. On the whole, it was a favourable evaluation and what criticism it did contain was constructive and well considered.

"...but too few Canadians here make a genuine effort to see what this country offers. Egypt is a fascinating country which many people are prepared to pay dearly to visit," it was Cpl. Brian Burke presenting a view that

found no argument. He was right, of course, but it was by no means easy to visit such places as Luxor, Aswan, or even Cairo for that matter. Only the most determined persons were able to successfully explore these cities.

And so it goes. Six months in the Middle East separated from family and friends is not an easy experience but it is a fortunate individual who is able to do his tour with 116 ATU. All 46 members work hard to maintain effective air support for UN operations in this area. Their record speaks well for them. When they return they are a little wiser for the experience, hopefully bearing a more compassionate appreciation of the complex problems confronting this part of the world. Certainly all of them wish for a just peace and are prepared to make a significant personal contribution to the achievement of that goal.

From 116 A.T.U.

Firefighter Heroes

BY BILL MATHIS

"It's something like a fireman being honored for putting out a fire," said CFB Comox fire chief Don Carmichael in trying to underplay his role in rescuing a 12-year-old Campbell River boy from drowning.

Carmichael and base firefighter Ed Neufeld have been nominated to receive an award from the Royal Lifesaving Society for their actions June 19 at McIvor Lake.

Carmichael, a former lifeguard and swimming instructor, disdains the role of a hero, saying "I just hap-

pened to be out at the lake at the right time."

He gives most credit in the rescue to Neufeld, who applied mouth-to-mouth resuscitation to young Sam Quatell after Carmichael fished him out of the lake.

Neufeld and Carmichael were camped by the lake eating supper when a neighboring camper asked if someone could swim because

a boy was apparently at the bottom of the lake.

Family member Lena Quatell said Sam was swimming with his 23-year-old brother Don when he ran into trouble. "They were out in the water when a family friend Ritchie Drake asked Don if Sam knew how to swim. Don just stood there and froze."

She said Drake screamed at

(Continued on page 9)

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407 Tech Ramblings

AVIONICS SERVICING:

Hello again from 407 Avionics Servicing. Well, after a long time we finally have most of our personnel back from various parts of the country. Sgt. Beebe has returned from CFB Greenwood after successfully completing the difficult Argus Superintendents course. Sgt. Mercer and Cpl. Walker have returned from Greenwood after a 6 week Integral Systems course. MCpl. Folliott is also back from Shearwater with all kinds of knowledge on the Tracker, while poor Cpl. Keenan is still struggling away on a communications course at Greenwood. Our delegation to the competition crew, under the leadership of Sgt. Gale Dyer and comprised of MCpl. Wood, MCpl. Karila, Cpl. Smith and Cpl. Whelan are carrying the 407 Banner on the ASW competition. Will they return with the big prize? Well, the best of luck to them, we sure hope they do well.

Everyone is anticipating and looking forward to taking leave in the next months. It will be nice to relax with a fishing rod for a change, that's if the weather ever improves.

ASW LABS:

Congratulations to MCpl. Sam Dunn on his recent promotion. After the 20 years he spent as a Cpl. it must have been a bit of a shock. We heard it was a pretty good celebration regardless. Harry Brand and Fred Lang appeared back on the job briefly after their tour as chauffeurs at Habitat. I took the time the other day to ask Fred how things were over there and would like to pass on his comments but this is a family type fish wrapper after all. I'm glad the Armed Forces don't pay the repair bills. But after 18 hour shift, driving in a city like Vancouver, what else could one expect.

Wayne Roberts was gone long enough to get a new habitat in Spudland where he will be spending the next few years.

J. P. Laviole left for the Olympics the other day after a few last minute changes in plans which has MWO Schwindt and a few others burning up the phone lines. J.P. did the artiste act on Bob Durrance's new bench before he left.

Guy Labrecque has been wearing a smooth path back and forth to the Hospital lately. Everybody has been hoping he recovers soon if for no other reason than that Guy is slated for the Olympics and if he doesn't go someone else will have to.

Bill Ouellette (notice the correct spelling Bill) was up looking for Jim Hagar to brag about an alleged four pound trout, but Jim fooled him and was trying to catch a record breaking fish of his own.

Ed Lapointe and Gerry Cook are both pushing brand new used truck and campers around. I wonder if that is why the weather has been so lousy?

The Comm and RTT boys led by Ken MacLean and Ken Kerstens respectively have been doing a boffin act behind the inspiration of Captain Arbie. Weird and wonderful are the gadgets and gismos we see coming and going.

Al Tomlinson along with a few others have been looking quite spiffy in those new white smocks. I just hope they don't decide that it gives them a license to practice medicine. In any case I hear it didn't improve Al's golf game.

Just an added note which has nothing much to do with ASW Labs but did affect quite a few Squadron personnel. I noticed that in the trophy case at the Rec Centre there is a plaque presented to the '76 Broomball Team from CFS Kamloops.

It reminded me of what a fine group of service people they have up there and the terrific time we had in that area last winter at the B.C. Broomball Championship Tournament. The trip was made possible of course by our fine Rec Staff and by 407 Sqn. flying us there and back.

LATE NEWS FLASH!!!

Our ASW Ground Crew came back with the I.B. Morrow Trophy for the second year in a row!! Congratulations to: Sgt. Gale Dyer, NCO i-c; MCpl. Dennis Vicklund; Cpl. Ron Drouillard; MCpl. Rudy Wons; Cpl. Dave Jones; MCpl. Gary Wood; Cpl. Jim Whelan; Cpl. Len Smith; MCpl. Al Karila; Cpl. Willy Johnston; MCpl. Bruce Horochuk; and Cpl. George Grosvenor. We knew you would do it!!

ARMAMENT ANTICS:

Between releases, postings and the troops storming off to protect Montreal it is becoming sparsely populated around the shop. The main result being your choice of chairs at the coffee table and the servicing types being allowed to participate in the noon hour recreations.

We would like to welcome Pte. Pitre to the section and welcome Pte. MacLean back from Greenwood.

Appears the Banzi tree crop is having a failure with only two surviving members. One could always fall back on the used camera trade anyway.

It seems lately that as a certain Corporals release draws nearer he has chosen to devote his time to making a certain Privates life miserable. However, the old

shell-shockee shall soon be at the mercy of the poison pen.

MCpl. Oily is doing his boot soldier routine up and down the mountains. This is all in aid of Search and Rescue, relieving the pain and discomfort of others and a week off work.

W.O. Graham was our latest to be shipped off to 4 Wing. A small party was held in his

honor last Friday with large amounts of firewater being consumed, resulting in visions of spiders and other unpleasanties for some. Mother Nature has been kind enough to allow me to forget most of the activities. Very convenient!

Next party will be for the retiring and posted personnel of the section; we should have some good news by then.

THE FISHING DERBY

The winds were high, and so was I. With plenty of sunrays in the sky. The fishermen keen, a blustery few, Were seen ascending for the watery blue.

Some were early, some were late, Some caught salmon, and some caught scate.

With lures a flashing, and boats a bobbing, Russ was laughing, and Don was sobbing. Then came the evening, charcoal a burning, A few faces happy, a few faces yearning.

The steaks were delicious, entree complete, Now came the time for the prizes for feats.

Wally explained as he picked up his earnings, Mitch is a great guide, but his fishing requires learning. Then to our wondering eyes did appear,

CWO Bush, picking up honors which seemed all too clear. With flashbulbs flashing, and stories retold, The evening continued, and the steaks were resold.

Goodbyes were said, to old Tom, he's a leaving, And laughter filled the bellies aheaving. The fish they got bigger with the wine they did drink, And some of the stories began to stink.

With a few too many, we proceeded indoors, Some were standing while others occupied the floors.

Wall to wall pillows, and music so nice People were seen dancing, while others got iced. With the evening progressing, and faster the dancing, A couple fell on the floor, which proved quite enhancing.

As the bell tolled late, and the people did leave, A thanks to all concerned was truly believed.

With this note at an end, my heart did feel, Next year was coming, for my rod and reel.

Our host were gems, as all diamonds are, Thanks Jan and Don, 'twas the best party by far.

Vols Have Ears

CENTRAL MEATS

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B-1's BEEF

250-270 lb. avg. 125-140 lb. avg.

SIDES FRONTS

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60 - 70 lb. avg.lb.

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Cut & Wrapped. 12 - 14 lb. avg.lb.

OUR SPECIALTY -
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down-east CORNED BEEF

ALL BEEF CUTS IN OUR DISPLAY CASE ARE CUT FROM "A1 ALBERTA GRAIN FED BEEF"

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A1 Sirloin Tip Rst.lb. \$1.79

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A1 Sirloin Tip Steaklb. \$1.79

Bulk Wieners 10 lb. Limit.lb. 69¢

Baby Beef Liver 10 lb. limit.lb. 79¢

Ground Shoulder 10 lb. limit.lb. 75¢

Ground Round 10 lb. limit.lb. \$1.05

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EDITORIAL

From The Fur-Lined Foxhole

July 1st, regardless of what we call the day, marked the 109th anniversary of Canadian Confederation. You probably didn't hear much about Canada this July 1st. Virtually all of our press, radio and TV, being so influenced and dominated by the Americans, will concern itself with the celebration of the American Bicentennial. Nonetheless, Confederation is one year older and it seems an appropriate time to reflect on the state of the country.

Without dwelling unduly on our history as a nation, it is, I believe, true to say that we are not the nation we used to be. Of course, we are richer and more populous than ever before, but in several areas of our national life that relate to the quality of that living we have become a second-rate nation.

Consider first our economic situation. According to published reports, we have high unemployment yet jobs go wanting. We pay the highest wages yet our productivity is low. We give the highest welfare payments for no productivity what-so-ever. Strikes plague our economy. Virtually every group that can insist that it is behind its economic equals. Our essential services falter. As a result of our combined economic greed and the great amount of spending by almost all levels of government, we have a level of inflation that makes a mockery out of all our hopes and dreams. High inflation reorders the economic structure. Those who prepare and train most to serve society quite often are rewarded with less than those who are able to, and do, strike a crippling blow to that society. The economic pie now remains the same size yet the greedy insist on an even larger size. As a result class distinctions and antagonisms, long dormant in Canada, have begun to rear their ugly head. Democracy has begun to suffer. We have ceased to be a hard-working people.

Consider our social scene. Almost every group or individual is insisting on their rights. Their rights to higher social benefits, their rights as tenants, strikers, etc. have become paramount. Gone is a consideration of the society as a whole. Gone is the realization that, what might be acceptable for one man because society could tolerate the financial or social cost, is simply unacceptable for thousands. For some reason our group, has come to command more of our loyalty than it should. To a

degree we have lost our loyalty to the society as a whole. Such "corporatism" is most divisive. It too tends to undermine Democracy.

Probably the most terrifying aspect of our social scene is the terrible increase in all types of crime. Assorted "do-gooders", social workers and "bleeding hearts" have combined to get and keep permissive laws. It would appear that we have failed to adequately punish people for their crimes. For a generation we have stressed the social and environmental origins of crime. Yet crime continues to increase. Could it be that this approach is a total failure? Certainly, for with such a permissive approach and system, we might say that crime does pay!! Have we become soft in the head?

Consider our physical condition. A generation of TV watching and junk food eating has made it possible to claim that the average 60 year old Swede is in as good a shape as a 30 year old Canadian. Even if it is not true, it is not a flattering comparison. We are old before our time.

Take a look at our various Public Services. Have we over the last few years created a bureaucratic monster, overpaid, overstaffed and at times arrogant? It seems to be unresponsive to either the demands of the government or the demands of the people. Aren't we over-governed and over-regulated?

Closer to home, take a look at Canada's defences. A generation ago we were the pride of the nation; well-trained and well-equipped. We are now the butt of every cartoonist's joke. The politician is now seen as our enemy!! We have become, in fact, if not in name a National Guard.

As a nation, we appear to be coasting. We are resting on our oars while other nations attain the real financial and social benefits that can result from hard work. Some how our history has not prepared us for our responsibilities to ourselves. Gifted with immense resources we appear confident that the disasters that befall other nations will not happen to us. We have closed our eyes to reality.

Let us pray that Canada too, will be around to celebrate its Bicentennial in 2067.

Anyway, Happy Birthday Canada, I love you but I am worried.
(Happy Birthday to you too America).

Back to the old foxhole.

One Of Many

On Thursday, June 10, 1976, the Victoria Colonist carried an editorial which should, at least in part, receive an airing on Canada's birthday. Titled *A Voice Raised In Disgust* it gives a brief description of democracy and then echoes the words raised in a letter to the editor of a Vancouver publication.

"Democracy is a political system in which a state practices government by the people, direct or representative. It is a system which subscribes to the belief of political and social equality."

"These, of course, are the somewhat sterile dictionary definitions. Statesmen, philosophers, politicians and literators have through the ages added their own nuances to extol the system which, for all its weaknesses, most Canadians fervently believe to be the best in the world."

"Democracy has done well for Canada. Under its majority rule of government by the people for the people, Canadians have prospered and will continue to prosper."

"But only for as long as the voice of the people is heard."

"...the voice of one of the people was raised in fury and disgust. It said:

"I hear nothing but whining and weeping by assorted dogooders and

social workers about the rights of criminals, perverts, racketeers, strikers and civil servants. Who looks after MY rights? I, like millions of other tax payers, have been abused, used, bled, insulted and laughed at."

"I want changes and I want them now."

"I want a civil service that is civil..."

"I want the right to strike removed from all essential workers. I want union heads who have the welfare of both the worker and the country at heart, men of probity and principle..."

"I want a B.C. Railway and a ferry service that serve the people..."

"I want a postal service that works."

"We used to have a mail delivery service that was as good as anything in the world..."

"I want Canada to resume its place in the world community. A few years ago in Lester Pearson's time our voice in the United Nations and the councils of both East and West were listened to with some degree of respect. We were probably naive, but we had a reputation for honesty..."

"Although this voice which has been raised is but the voice of one, it expresses the sentiments of millions of Canadians."

"Will it be heard?"

"Listen, Look, Think"

In the last few years the word "Environment" has conjured up a host of fears and reaction, many of them highly emotional. Positions have been taken without much knowledge of fact and often without very much thought. In other words, there has been an element of panic in much of what has been said and held as truth.

Every once in a while, however, we have opportunities to reflect and consider so-called "desecration of our natural landscape" in an entirely different way.

It wasn't very long ago that several of us looked over a newly-logged area, one of our party said, "Isn't it horrible. A total destruction of natural beauty. Real desecration." An hour or two later we passed a beautiful stand of timber, nature at its best. The same member of our party said "See what I mean, just look at that compared to that mess we saw a while ago."

One of the wiser, more

knowledgeable members of our party said, "You like that -- well, 25 years ago it looked exactly like the tract you complained about an hour or two ago." So-called environmental damage need not be and, in most cases, is not permanent.

Not long ago members of the Vancouver Board of Trade were in Germany where they saw a mammoth industrial undertaking which many North Americans, particularly those of us in British Columbia, would consider a dreadful desecration of the landscape, destruction of farm land, a ripping out of all the good things nature had provided to get at coal for industrial purposes.

They saw two holes in the ground, each two and a half miles long by two and a half miles wide. Each more than 700 deep and one projected to go to 1,800 feet deep. This was right in the middle of a very peaceful productive farm area. It appeared to be desecration

at its worst. Food producing land ruined for all time for the production of power.

But that wasn't the story. Within a few minutes we travelled a 30 square-mile area of beautiful farmland which has been rebuilt on excavations similar to the ones we had just seen. Not only that, statistics proved that the new farm land was more productive in terms of yield than it was before the so-called desecration.

In the same area we saw a nice little village being closed down. It was going to be razed to make room for more so-called desecration of the landscape. Not very far away there was a much more modern, attractive village, built not only to house those who had been forced to give up their rental properties or to sell the property they owned, but as a vast improvement over the old one. The move had been accepted almost wholeheartedly by the entire population because

it represented an increase in the size of the community and much better facilities.

This was a story that had been repeated a number of times in that same area. Other communities had been destroyed, but pleasant villages had replaced them.

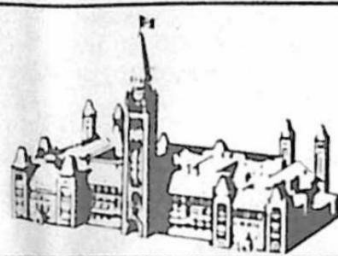
This brings to mind that before we become emotional about "desecration" of the landscape, let's remember what can be done and what is being done, not only here in British Columbia, but in a good many parts of the world.

The name of the game is to apply logic and economic reality to environmental problems. What is happening in British Columbia coal development is real. It is the same thing is true in Germany.

So remember, before we shout, Let's Stop, Look, Listen and think.

(Vancouver Board of Trade)

OTTAWA and Small Business



A pattern for Canada

By KENNETH McDONALD

Instead of trying to copy Central Canada, the poorer regions of the nation should be learning from the Third World. Their problems are the same: surplus of labour and shortage of capital.

In Canada, attempts are made to help weaker provinces by transferring income from the more prosperous regions through equalization payments, unemployment insurance and other forms of social assistance. This policy prolongs the dependence of the poorer regions while discouraging them from trying to overcome it. It also assumes that transfers can be supported indefinitely by continued growth in the other regions. That assumption collapses with the economic slowdown caused by higher energy costs.

... ..

The introduction, into a

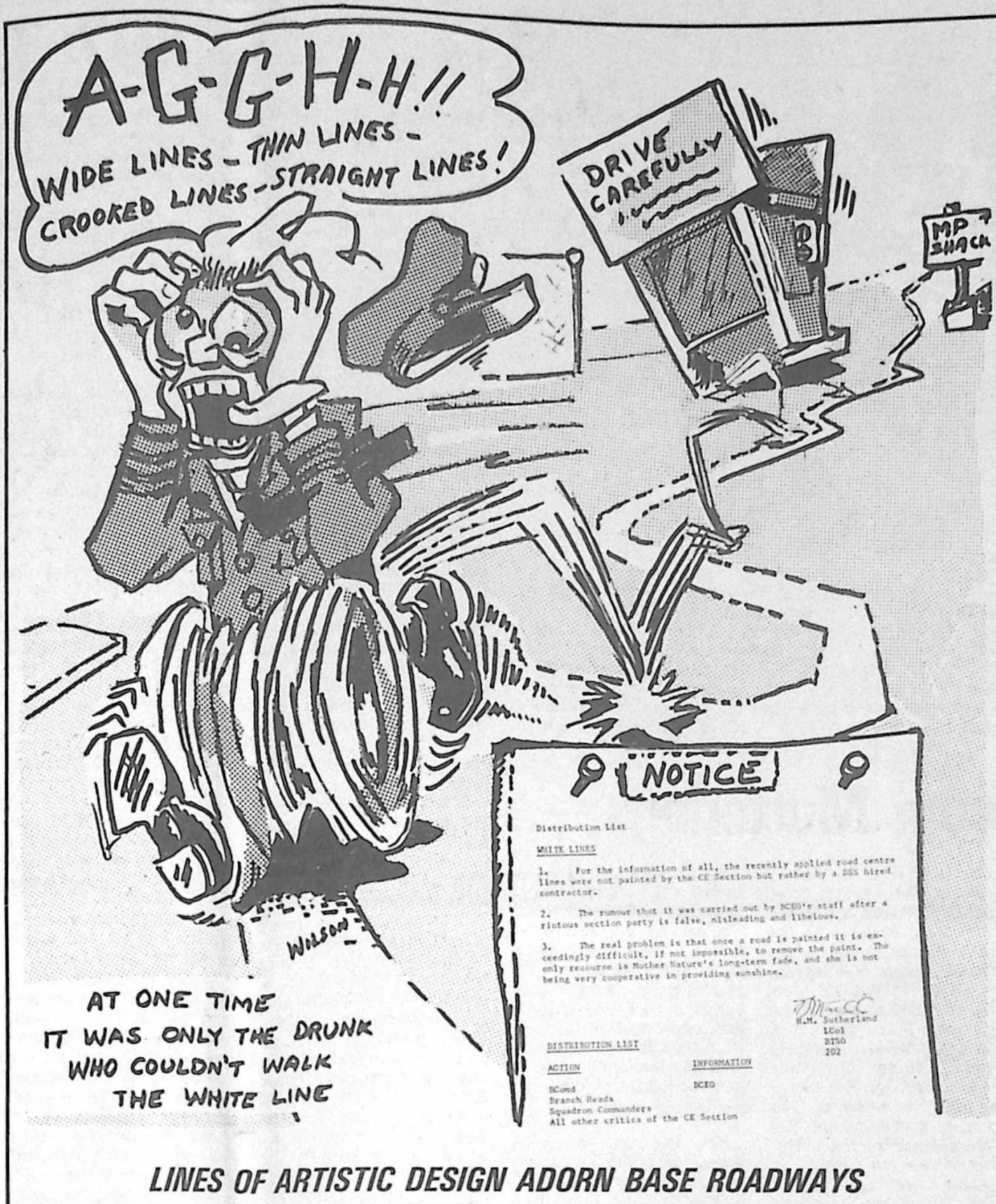
depressed region, of publicly-financed projects and industries unsuited to the area distorts the cost and availability of labour to the detriment of local industry. Large shopping plazas in cities impoverish rural communities by luring business away. Transfer payments to individuals are used to buy goods made outside the region. Yet, instead of correcting this senseless policy, politicians call for more social spending by government to patch up its victims.

The Canadian Federation of Independent Business predicts that by the year 2000 much of the development in North America will be patterned on policies now being pursued by the Third World -- rural industry and small-scale technology.

High energy costs will make much of our present long-haul distribution from centralized production uneconomical. Many centralized, automated, manufacturing processes made uneconomical by high energy costs will be replaced by local, labour-intensive industry. This is the direction Atlantic Canada and other depressed regions should be taking today.

Development depends not on goods, but on people developing qualities to sustain themselves. Rural areas of Nova Scotia and Newfoundland need cottage industries where people can make saleable products in their homes from local materials. New Brunswick needs low-cost, power-driven farm implements for small holdings to make the province self-sufficient in food. In the whole Atlantic region, consortia of retailers should be organized to support local suppliers.

Canada cannot support ever-growing transfer payments, nor subsidize the ballooning costs of transportation which are bound up with the present model of big institutions and big cities.



OPEN LETTER

DO YOU THINK that for six dollars (annual registration) you can send your child to me four to ten hours per week from April to June for babysitting?

DO YOU THINK you are not obligated to assist in any capacity?

DO YOU THINK that I can miraculously instill basic catching, throwing and batting skills in your child when you have never spent a moment with him (her) in the backyard?

DO YOU THINK that you can discipline your child by barring him from attending a playoff game at the expense of the other players? (One of the lessons of baseball is teamwork and selfless responsibility to one's team!)

DO YOU THINK that I will cheerfully give my time, at the expense of my own family (and business) when you don't have the common courtesy and good grace to call me when another function (i.e., Irish Rovers!) is going to preclude your child's attendance, and a championship game must be forfeited?

DO YOU THINK that it is significant that baseball is played at such a pitifully low calibre in this valley?

DO YOU THINK that it is sad (and just a little dangerous) that too many youths disdain baseball and turn to vandalism, drugs, etc?

DO YOU EVEN THINK?
Fred Patterson
Coach, Comox
Squirt League
Courtenay, B.C.

Opinion on Punishment

Dear Sir:

On June 22, 1976 our Government took the first step towards deciding that the death penalty would be abolished. Criminals who are, at this moment, on death row, in prisons throughout Canada, probably breathed a sigh of relief. I breathed a sigh of disgust. I can't really understand how a group of people can decide, for the entire nation, on something that could very well be the first step to the dissolution of law in Canada. All Canadians should have had the right to vote on this issue. A Plebiscite or Referendum should have been called.

The adage that society made these criminals the way they are and therefore should support our prisons, correctional institutions and the upkeep of such is a bit worn out. Every body is given the opportunity to lead a productive life in our society and the people who have "copped-out" from becoming good citizens and feel that they have some sort of a special immunity which enables them to commit murder and not be justly punished are not good Canadian citizens, some of them are not even "human" in the broadest sense of the term. They are criminals, many of them hardened and they are getting away with murder.

Government has given us policemen to protect us; prison guards also protect us and the same Government has put a very low price on the lives of these people. Our leaders seem to be saying we can't punish criminals by giving them the death penalty, it isn't right to take a life, but if a cop or prison guard should die while doing his

duty, well, that is what comes with the job.

What about parents, wives and husbands who have had someone taken from them through some needless act of crime? What about parents whose young son or daughter has been molested then killed by some person who does this just to get kicks? The offender is convicted; they send him to prison for awhile, give him sessions with a psychiatrist to establish to what degree he has been damaged by society, is given therapy in the hopes of rehabilitation and then put back out on the street.

What about "cop killers"? Surely everyone of them isn't "mentally deranged". They know what they are doing; they have been caught in some act which goes against the laws of Canada and are in the process of being punished so, bang, there goes one more policeman. Even worse, we have the criminal, probably habitual, who kills a policeman for no other reason than that he is a "cop".

Canada is increasingly plagued with striking unions, protestors, unrest and now this.

When I saw on the news the two men who had killed a young RCMP officer in Surrey and were on death row; being escorted into a police vehicle, my heart went out to the officers who were accompanying these two murderers. Even though in the "line of duty" how terribly hard it must be for these officers to remain unprejudiced and "cool-headed" knowing that these same two men could be given a reduced sentence of life imprisonment, serve perhaps

twenty years and then be set free, put back into a society that they obviously have no regard for. If and when this Bill passes Senate and it is decided that murderers can not be punished for their crime by death, they could in all likelihood commit the same type of crime knowing their government protects them from the death penalty. I am beginning to wonder just who's side the government is on. If, one day, the people of Canada decide the law is wrong and take the law into their own hands I guess that is a bit far fetched in a Democratic society but it has happened before, where do we go from there?

S. Robinson
407 Sqn.

Gathering Of Eagles

A gathering of famous airmen unprecedented in history will take place in Winnipeg September 9-12 at the second Commonwealth Wartime Airmen Reunion. Sponsors of the event, the Wartime Pilots' and Observers' Association, P.O. Box 1702, Winnipeg, will host a galaxy of civil and military aviation stars covering nearly the entire history of powered flight, from Great War "aces" to lunar astronauts.

The three-day event is designed as a social get-together of all airmen who served in any war with the air services of the British Commonwealth, regardless of rank, trade or nationality.



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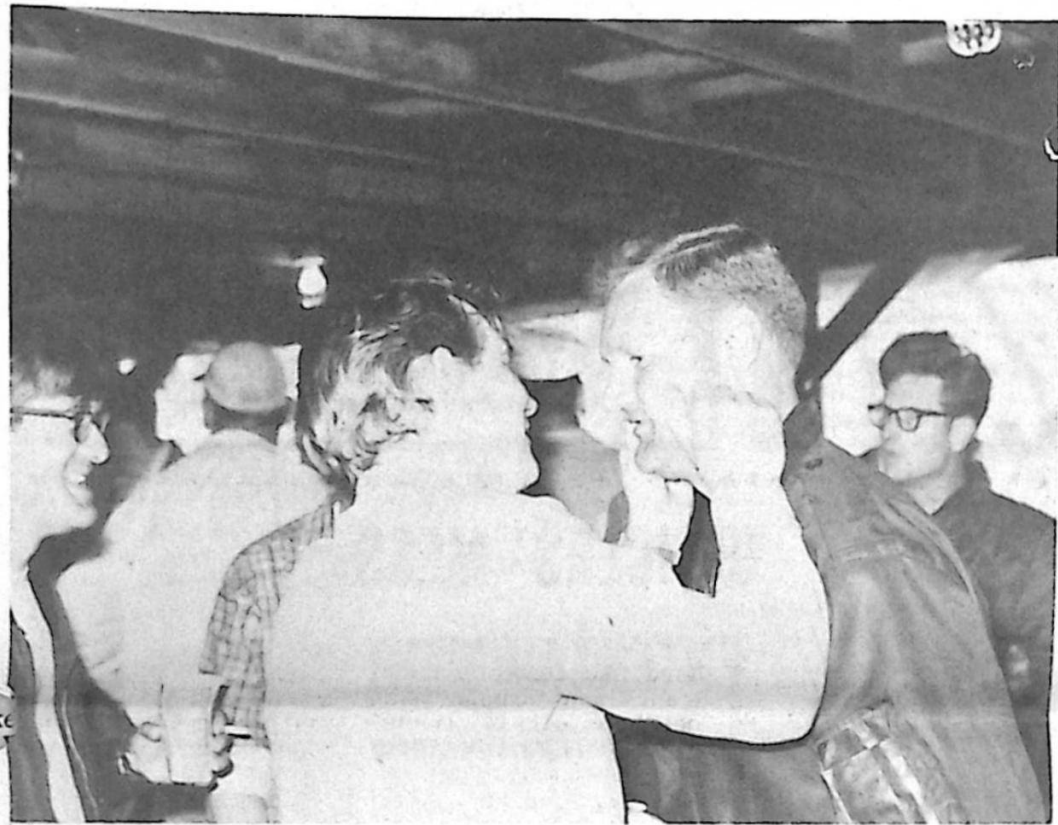
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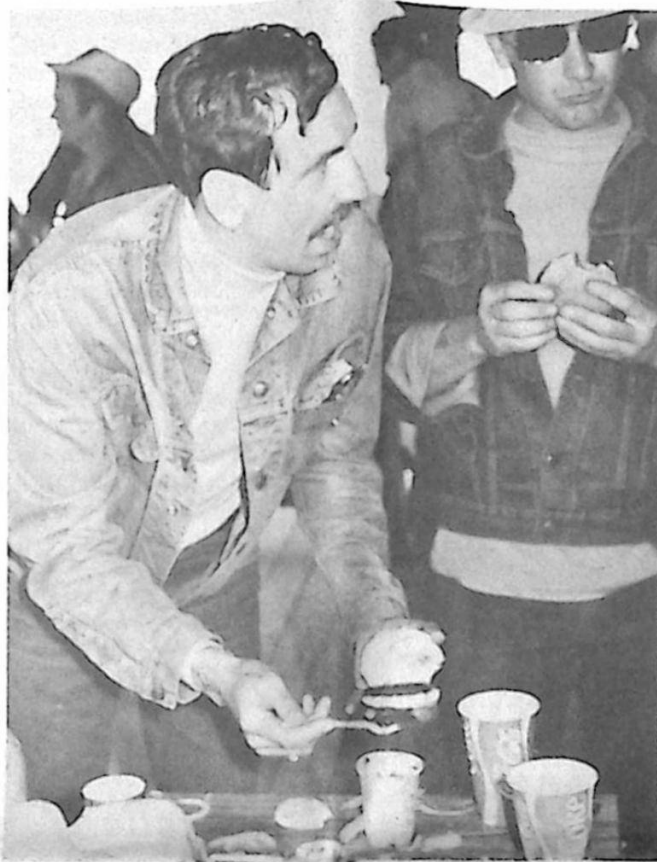
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SPORT DAY

Photos by
Chris
Hosford

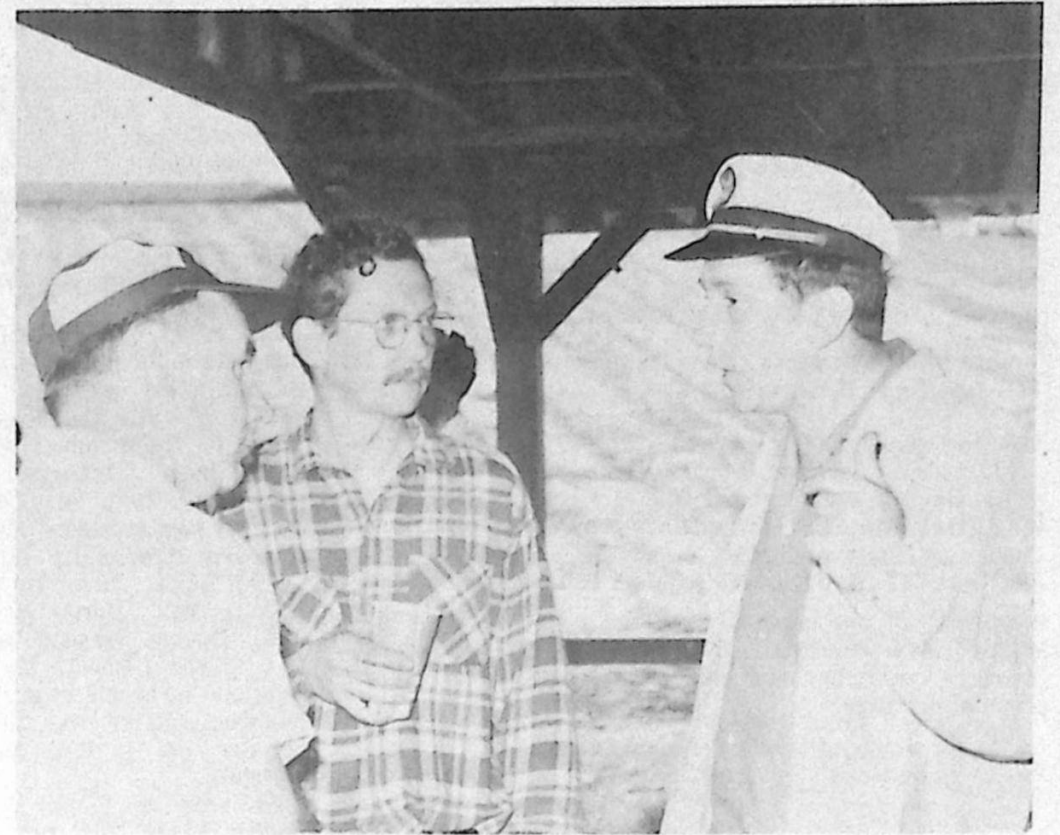
WINNERS ALL -- Final winners of the sports day baseball tournament.



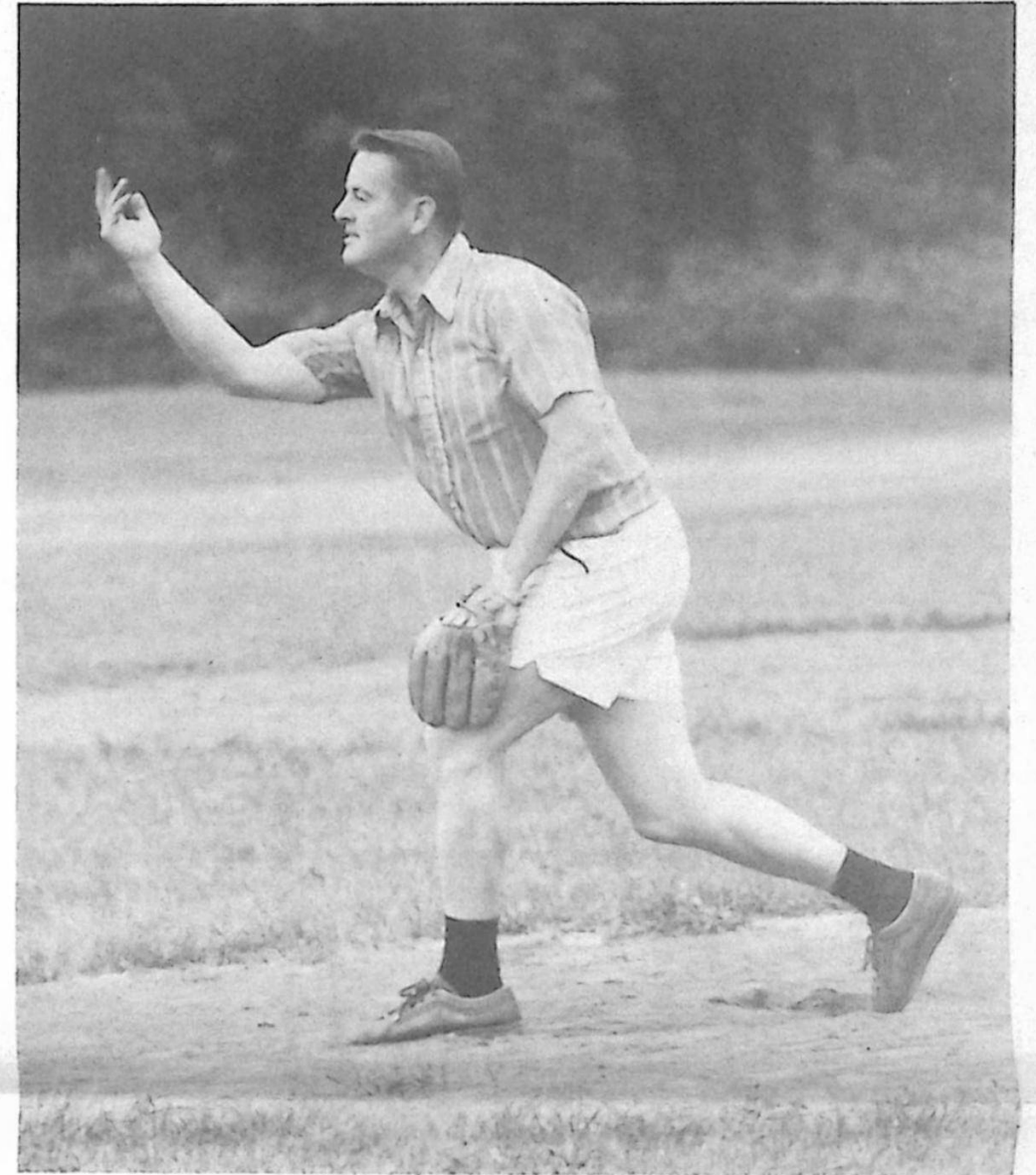
WHAT'S NEW PUSSYCAT? "I don't know, Trev, for an ex-MP he's turned into a pretty good drinker. But is there any hope for the rest of him?"



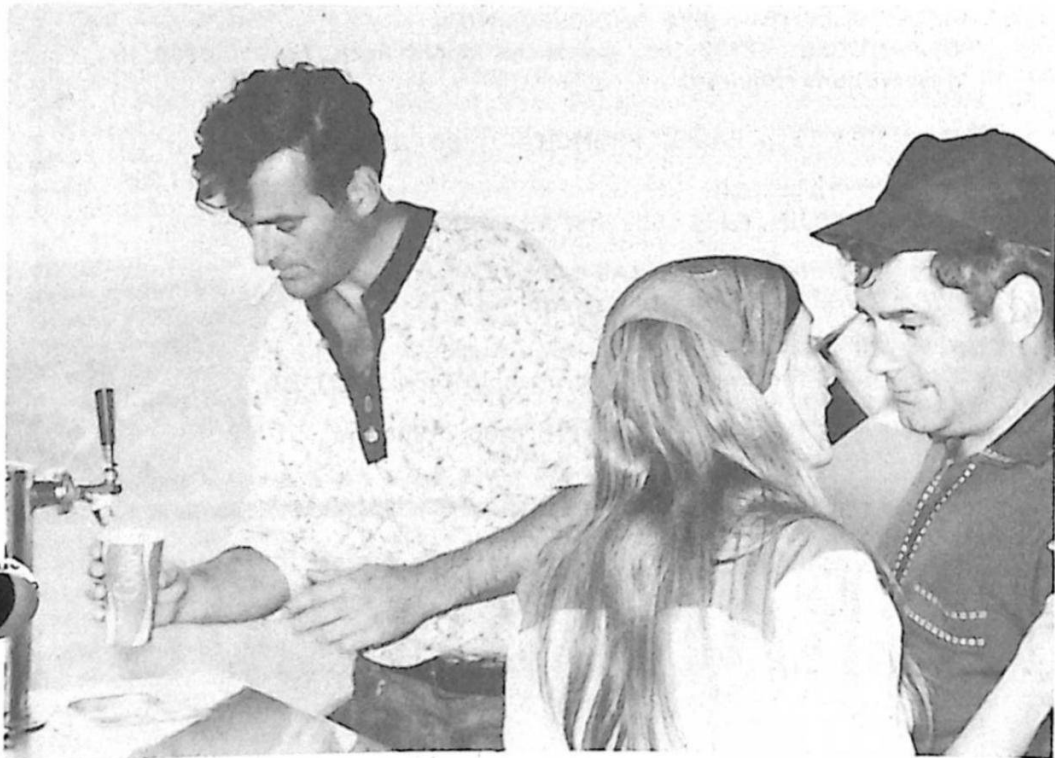
ONE OF MANY -- Larry Regert keeps claiming that this is the first one.



WINDY SETS SAIL -- I tell you, Frank, if that dogfish hadn't come along when it did, I'd have won.



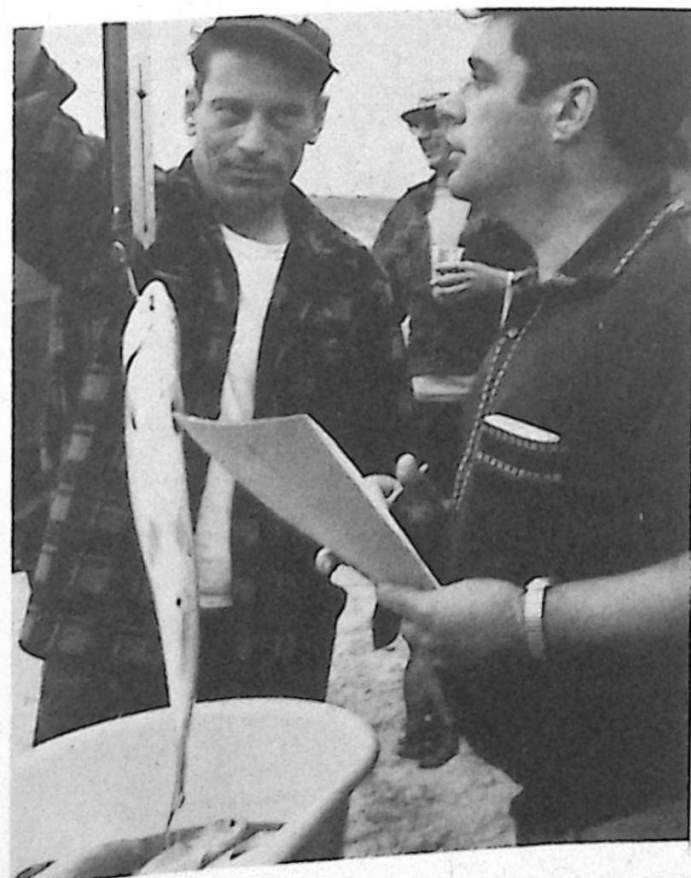
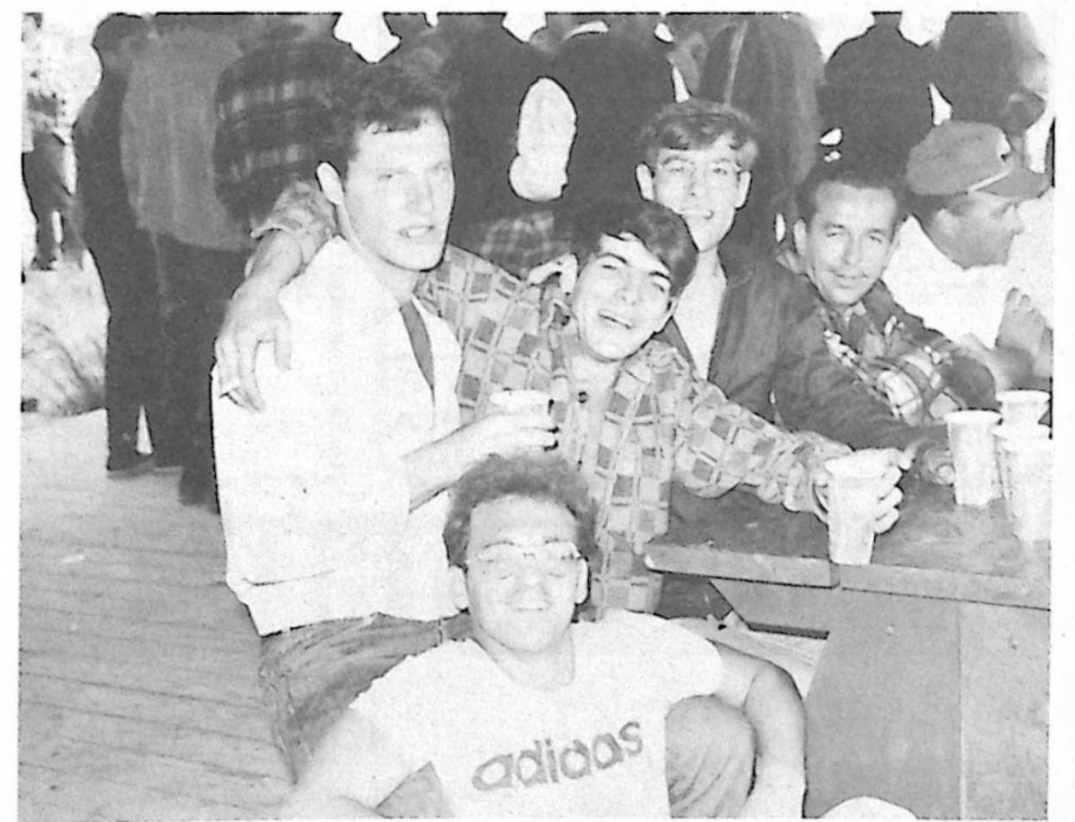
IS THAT SO! Well, here's what I think of that call, Ump!



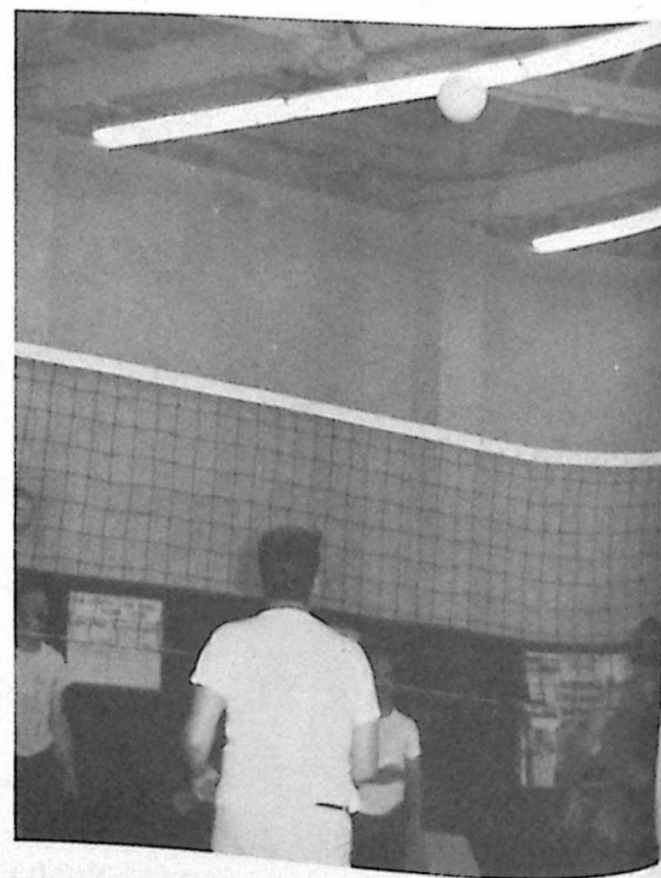
CATCH THE DRIPS -- Even the privates can afford to buy it today. By the way, Wiff, do you have a spare dime?



WHAT, NO HEAT? A Sandburg hamburger is best but Amadio's are hot.



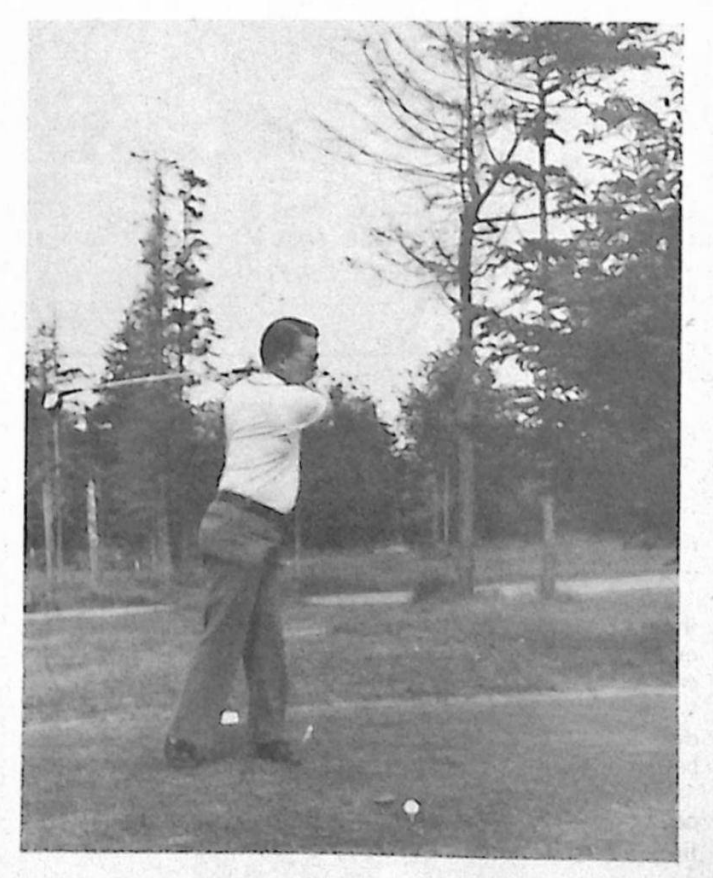
TWO POUNDS AND ... Three more lead weights and I think it would be a winner.



COME ON DOWN -- Who stuck the bubble gum on the +++!ss++ ball?



LET 'ER RIP -- If it goes behind me I'll pull a quickie with my cigar.



STRIKE ONE! Head down, feet firmly planted, eyes on the ball, swing, hit and carry through. Right! This isn't hard.

Chapel Chimes



RC CHAPEL

Father Francis Swoboda - Base Chaplain (RC) Telephone 339-2211 Loc 274 or Residence 339-2102.

SUNDAY MASSES:

Saturday - 7:00 p.m. (Sunday Vigil)
Sunday - 9:30 a.m. and 11:00 A.M.
WEEKDAY MASSES: Are said at convenient times in the Chapel and in private homes on request.
SACRAMENT OF PENANCE: Before and after all Masses.

BAPTISM: By appointment.
MARRIAGES: Minimum of three months advance notice. Marriage counselling and preparation courses are required prior to marriage.

PROTESTANT CHAPEL

Telephone 339-2211 Loc 273
D.L. Martin, Major (Base Chaplain (P))

CHAPEL SERVICES

The Protestant Chapel is located in Wallace Gardens (PMQ area) and Divine Service is held every Sunday at 11:00 hours. This is the Base Chapel and everyone is warmly invited to share in the Service.

HOLY COMMUNION: Holy Communion 1200 hours last Sunday of each month.

BAPTISM: Services of Holy Baptism are held every month. WOMEN'S GUILD: All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2000 hours on the third Tuesday of the month.

CHAPEL CHOIR: Our Senior Choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain. Senior Choir Practice - 2000 hours, Thursday; Junior Choir Practice - 1800 hours, Thursday.

Sunday School - The Sunday School operates from September to June. Ages 6-15 meet in the Chapel at 0930 hours each Sunday, and the ages 3-5 hold their sessions during the Church period at 1100 hours. All children are invited to attend.

Office Hours - 0800 to 1630 hours. Phone 339-2211 local 273. Hospital Visitation - The Chaplain would appreciate the co-operation of the members of the congregation and would request that they phone the Secretary's office (339-2211 local 273) to report the names of any members of the congregation who may be in the hospital.

CWL Meeting

The monthly meeting of the C.W.L., Our Lady of the Airways Chapter, was held on Tuesday, June 8, in the parish hall. The vice-president, Mrs. June Bourrie, opened the meeting with the League Prayer. Thirteen members were present.

The social evening which was held on May 26, was a success. This was also a "farewell" and a "thank-you" dinner for the members who are being transferred elsewhere. These members are: our past president, Mrs. Barbara Arsenault, Mrs. Cecile Begin, Mrs. Louise Aucoin, Mrs. Mary Goski, Mrs. Therese Gagnon and Mrs. Joyce Geneau. These girls have all been very active members and we wish them all the best in their new parishes.

We wish to thank Mrs. Cecile Begin for having generously donated flowers for the church altar during the past six weeks.

It was noted that membership dues are all up to date. As we are losing quite a few members, we hope that the ladies of the parish will be interested in joining our group in September.

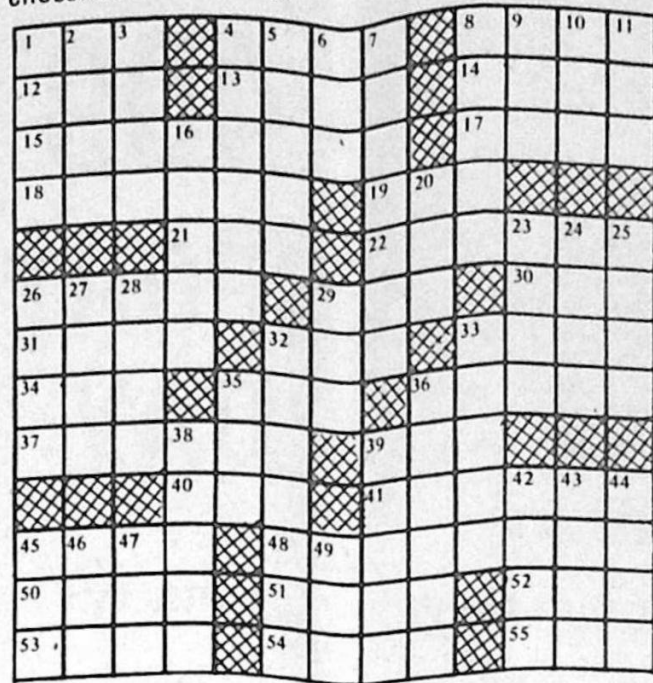
We received a card of Thanks from the Comox Valley Cerebral Palsy and Neurological Association. Our council has recently taken pleasure in donating \$100 to this worthy community cause.

The last highlight of the meeting was a report of the C.W.L. Military Vicariate Convention which our president, Mrs. Beverly Pierce, recently attended in Winnipeg.

The meeting was adjourned and refreshments of wine and

cheese were attractively served by our food convener, Mrs. Lucienne Gagnon. Wishes for a happy summer were exchanged by the members.

CROSSWORD PUZZLE 101



ACROSS

- 1-Entire amount
- 4-Mast
- 8-Despise
- 12-Fish eggs
- 13-Record
- 14-Masculine name
- 15-Composite pictures
- 17-Necessity
- 18-Perish with hunger
- 19-Shoshonean Indian
- 21-Copper money
- 22-City officials
- 26-Stalks
- 29-Plead
- 30-Also
- 31-Animal's feet
- 32-Insane
- 33-Incline
- 34-Lincoln
- 35-Merry
- 36-Mislays
- 37-Rural

DOWN

- 39-Sunburn
- 40-Literary collection
- 41-Remains
- 45-Greek warrior
- 48-McGovern, for one
- 50-Cavern
- 51-Affirm
- 52-Employ
- 53-Ogles
- 54-Planet
- 55-Molt
- 1-Weapons
- 2-Spoils
- 3-Large river
- 4-Barrel parts
- 5-Attendants
- 6-Mimic
- 7-Began again
- 8-Endearing term
- 9-Overwhelm
- 10-Golf mound
- 11-Conclusion
- 16-Streetcars (Brit.)
- 20-Label
- 23-American inventor
- 24-Part
- 25-Habitual drunkards
- 26-Mast
- 27-Sacred interdiction (var.)
- 28-Female sheep
- 29-Howl
- 32-Type of road
- 33-Bracing
- 35-Bar offering
- 36-Toils
- 38-Assessments
- 39-More docile
- 42-Percussion instrument
- 43-Comfort
- 44-Simmer
- 45-High card
- 46-Bird
- 47-Salutation
- 49-Le Gallienne S.O.P.

Where There's A Will There's A Way

The Base Comptroller, Major Dave Stroud during the last few months has given numerous lectures to serving members and their spouses regarding death benefits, pensions and annuities as they

affect the service member. He has handed out instructions in simple straight forward language, and has even offered a sample Last Will and Testament (you just have to pick it up from his secretary).

If you haven't had the opportunity to attend one of Major Stroud's briefings, you've missed a very important, and useful presentation.

"Everyone in the service should have a will and said will should be reviewed after every posting, or every two years, or after a move from province to province."

"The Executor can be your wife - Why not? An alternate could be a close, knowledgeable friend."

The Vancouver People's Law School has a booklet available for 50 cents plus 9 cents postage. The booklet "Wills & Estates" would supplement the information

supplied by Major Stroud.

The Vancouver People's Law School is an independent Society providing legal information and education materials for the citizens of B.C.

The booklet "Wills & Estates" can be obtained by sending 59 cents (a non-profit price; it covers the cost of printing) to: Vancouver People's Law School, Suite 610, 207 W. Hastings Street, Vancouver 4, B.C.

MIRACLE DRIVE IN

BLACK CREEK, B.C.

337-5097

Gates at 8:00 Shows at Dusk

JULY PROGRAM

Gates at 8:00 - Shows at Dusk

July 1, 2 & 3 Restricted Thurs. -- Sat.

FLESH GORDON (Rated X) PLUS
GRIMMS FAIRY TALES
FOR ADULTS ONLY

July 4, 5, 6 & 7 Sun. - Wed.

TIDAL WAVE Plus
DEATH RACE 2000 David Carradine

July 8, 9, 10 & 11 Thurs. - Sun.

THE MAN WHO WOULD BE KING
Sean Connery & Michael Caine
Plus **INTERCINE PROJECT**
James Coburn

July 15 - 21 One Week - Family Entertainment

BAD NEWS BEARS Tatum O'Neil
Plus **WON TON TON**
"The Dog Who Saved Hollywood"
Bruce Dern - Madeline Kahn

July 22 - 25 Thurs. - Sun.

BREAKOUT Charles Bronson
Plus
THE WAY WE WERE
Robert Redford - Barbra Streisand



LAST CALL!

To enter the Vancouver Island Real Estate Board photo contest, your entry must be postmarked not later than August 31, 1976.

Anyone can enter! More than \$3,000 in prizes! 10 categories in which to enter include: People at work and play; Scenic: Flowers, gardens, park; Fish, game, wildlife; Historic; The Seasons; Communities; Industrial; Buildings; Miscellaneous.

For complete rules and entry forms see your nearest real estate office or photo supply store.

VANCOUVER ISLAND REAL ESTATE BOARD

W.O. AND SGT'S. MESS

JULY ENTERTAINMENT

FRIDAY, JULY 2, 9, 16, 23, 30 - TGIF

SATURDAY - Each Saturday in July will be a Social Night only. No band. Come out and relax in the mess. Make your own party.

FRIDAY, JULY 23 - GIGANTIC GOLF TOURNAMENT. More details on the mess notice board when plans are finalized.

MOVIES

JULY 5 - "Confessions of a Window Cleaner"
JULY 12 - "Oklahoma Crude" - George C. Scott
JULY 19 - "Billy Two Hats"
JULY 26 - "Alice Doesn't Live Here Anymore"

OFFICERS' MESS ENTERTAINMENT

JULY ENTERTAINMENT

FRIDAY, JULY 2 - TGIF
1530 - 1700 hrs. Food 1630 hrs. Jackpot Draw 1700 hrs.

FRIDAY, JULY 9 - TGIF
1530 - 1700 hrs. Food 1630 hrs. Jackpot Draw 1700 hrs.

SATURDAY, JULY 10 - BEEF AND BURGUNDY
Dinner 2000 - 2130 hrs. Dance to Ripple Rock 2130 - 0130 hrs. Reservations required.

SUNDAY, JULY 11 - FAMILY BRUNCH - 1200 - 1300 hrs.

FRIDAY, JULY 16 - TGIF
1530 - 1700 hrs. Food 1630 hrs. Jackpot Draw 1700 hrs.

SUNDAY, JULY 18 - FAMILY BAR-B-Q
1700 - 1900 hrs. Reservations required.

FRIDAY, JULY 23 - TGIF
1530 - 1700 hrs. Food 1630 hrs. Jackpot Draw 1700 hrs.

SUNDAY, JULY 25 - FAMILY BRUNCH. 1200 - 1300 hrs.

COMOX

BASE THEATRE

SCHEDULE

Fri., 2 July - Sat., 3 July - Sun., 4 July

YOU'VE SEEN THE DUKE IN ACTION. NOW WATCH HIM LOSE HIS TEMPER.



JOHN WAYNE BRANNIGAN!

Thurs., 8 July - Fri., 9 July

CLINT EASTWOOD

JOE KIDD

A Universal/Melissa Company Production • TECHNICOLOR • PANAVISION

Sat., 10 July - Sun., 11 July

DINO DE LAURENTIIS Presents a FREDDIE FIELDS production

Lipstick



It isn't always an invitation to a kiss.

Produced by FREDDIE FIELDS Directed by LAURENT JOHNSON
Screenplay by DAVID RAYFEL TECHNICOLOR
A PARAMOUNT RELEASE

Brutal rape and violence

Restricted

Thurs., 15 July - Fri., 16 July - Sat., 17 July - Sun., 18 July

HIS CIA CODE NAME IS CONDOR. IN THE NEXT SEVENTY-TWO HOURS ALMOST EVERYONE HE TRUSTS WILL TRY TO KILL HIM.



PARAMOUNT/TECHNICOLOR

A PARAMOUNT RELEASE

JUNIOR RANKS CLUB

ENTERTAINMENT

*

JULY 3 & 4 - Ripple Rock will be playing in the Lounge.

JULY 6 - Movie - "Confessions of a Window Cleaner." This movie is restricted. An English sex comedy.

JULY 10 & 11 - Return of Power House.

JULY 13 - Movie - "Oklahoma Crude."



FIRST LOW GROSS winners at 442's Mixed Golf Tourney last Sunday were (L-R) Wally and Trudy Berger, Rod and Pat Verchere.

Golf News

442 Sqn.

Ranking only below the U.S. open in terms of prestige, Mushrooms took to the links on the fourth of June for their second Men's Tourney of the season. Being a "best ball foursome" affair, the duffers got their kick at the cat, and after a short 9 hole match the lineup went like this: first flight with a 33 consisted of Jack Ball, Ken McRory, Clay Goodman and Grey Jackson. Second flight at 34 were: Norm Keyes, Bob Shawcross, Larry Cote and Wally Berger. Third flight at 35: Rod Verchere, Al Stephenson, Barry Gerrior and Doug Mann. Two teams tied for fourth slot with a 37 score. They were Harvey Herauf, Dick Brooks, John

Gayley, and Ron Carter plus Pat Patri, Doug McQueen, Bob Goldie and Glen Caslake. Finishing off were Harry Ellis, Warren Wasyluk, Bob Smith and Randy Ward. Closest to the pin was taken by Barry Gerrior and team, with the longest drive going to Larry Cote and team.

Last Sunday saw the ladies get out to bash the turf during the squadron's mixed golf match. First low gross went to the Bergers and the Vercheres. Second low gross went to John Gayley, Dick Brooks and his wife, and Millie Legg. Third place was held by the Keyes and the Games. Fourth, to the Lungs and the Cotes. Fifth the Ellis' and Fullbrooks.

Taking sixth place was a five-some of Doug McQueen, Gerry Casavant and his wife, and the Stephenson's. Seventh were Glen and Millie Caslake, Joyce Alward and Rud Beal. Scoring eighth were Doug Mann, the Wasyluks, and the Simpsons. In ninth place were Ron Carter, Bob and Ann Smith, and Leslie Mann. The Bouchers and the Heraufs came tenth, and finally with eleventh low gross were: R. L. Smith, Barry Gerrior and the Olscamps.

Barb Carter and Irene Perry faithfully kept score and "Doctor" Nels Gesner stood by with assorted Excedrin and 222's. Bless you Doc!

Ladies

A mixture of good and bad weather during the past three weeks has seen the Glacier Greens ladies filling a busy schedule.

Fourteen ladies played 18 holes in a Flag Tournament on a warm, sunny day on Tuesday 6th June. Still waving flags at the end of play were: Irene Perry, Nettie Bonenfant, Mona Ledgard, Millie Legg and Mary Shaw. Other prize winners were Mary Game, Trudine Berger and Joan Stevens.

A cool wet day on June 9th did not deter the ladies from visiting the Campbell River Golf Club, but because of the inclement weather play was cut to 9 holes only.

Winners from this club were: 1st low gross, Millie Legg. 2nd low gross, Mona Ledgard. 3rd low gross, Joan Stevens. 1st low net, Pearl Kingyens, 2nd low net, Nettie Bonenfant. 3rd low net, Marilyn Stroud. Putting winners were Trudine Berger, Evelyn Robertson and Joyce Aylward. Kay Banks and Win Naven were also prize winners.

Ladies Day on Tuesday 15th June was cancelled because of the inclement weather. Seventeen year old Anne Newman of Campbell River was the field low gross winner in the Glacier Greens Ladies fourth open invitational held on Sunday 20th June.

Her low gross score of 84 earned her the ABC Restaurant trophy for this tournament.

The Port Augusta Motel trophy for field low net was won by Bernice Sutherland of the Comox Golf Club with a score of 69.

The Energy Waste Watcher

This column will look at painless ways of cutting down your fuel and electricity bills at home. Have any suggestions? Send them along to the Energy Waste Watcher at Information EMR, 588 Booth Street, Ottawa K1A 0E4

Today more than half a million Canadian households boast an automatic dishwasher, and pay between \$15 and \$25 a year in electricity for the convenience. On a monthly basis, the average family uses about twice the amount of electricity to operate the dishwasher as it uses for washing clothes according to a provincial Hydro estimate.

Here are some simple ways to conserve kilowatts when using the dishwasher:

- Use the dishwasher detergent recommended by the

manufacturer—he knows his product best.

- If your dishwasher has special cycles for partial load and short wash, use the shortest cycle that will suit your load.

- A dishwasher is used most economically at full capacity so try to accumulate the dishes and utensils from several meals for one load.

- If dry dishes aren't needed immediately after the end of the cycle, it's a good idea to turn the dishwasher off when the wash portion is completed and to open the door slightly. This can save about one-half the power consumed in a normal cycle.

- Although dinner plates can be warmed in the dishwasher, it's much more

economical to use the oven's stored heat after the cooking is completed.

The Consumer's Association of Canada tested nine major brands of dishwashers being sold on the Canadian market in 1973, and found that the length of cycles for washing and drying varied considerably amongst the brands. The washing and drying time ranged from 1½ hours for a General Electric to less than three quarters of an hour for Admiral and Baycrest models. All were found to have done the job equally well.

Check the latest issues of Consumer Reports at your local library for test results on many consumer items including major appliances.

A reader information service courtesy of Energy, Mines and Resources, Canada.

Comox Rec Centre News

Summer holidays are here and mother will soon be hearing the familiar cry "Hey Mom, what can I do?" Well, there will be a number of activities going on during the summer months. As was mentioned last week, there will be two sessions of the Summer Playground program, the first one starting July 5th. Registration deadline is July 2nd. Registration fee is \$4.00 per session and you may register your child by dropping into the Comox Rec. Centre at 1855 Noel Avenue.

The emphasis for the Playground Program will be carried by a theme of "Living in Harmony with the Environment". Many activities will require the use of

articles the householder might normally throw out. Items such as: gallon size tin cans, large empty tuna or salmon cans, bleach bottles, gunny sacks and more. The children in the program may knock at your door for some of the articles mentioned above.

We now have formed a Junior Leaders group for ages 12-14 years. This group elected an executive on Mon. June 21, 1976. Chosen to head up this group were: Kelly Hanson (President), Steven Knight (Vice-President), Sherry Lapointe (Secretary), Steven Gray (Treasurer), Diane Unsworth and Mark Hedian (Activity Representatives). These people will be holding a number of fund-raising activities during the summer to aid in day and overnight trips.

The Comox Teen Town is having a "Disco Night" for Comox Teens at the Rec. Centre on Saturday, 3 July, from 8 - 12 p.m. Music, food and fun!

Baseball Standings as of 24 June, 1976:

Team	W	L	T	G
Pee Wee	7	4	0	11
Expos	3	7	0	10
Angels	2	9	0	11
Red Sox	2	7	0	10
Falcons	8	2	0	10
Indians	7	5	0	12

Garry came through with flying colors in the Field Round, shooting an impressive 540 out of possible 600 to win the event. Some of the shots included 4 arrows from a moving blowing tree to a target 45 away and downhill. Anyone shooting 500 or more on this round deserves congratulations.

It is now planned to have an indoor 900 round at CFB Comox in November. This round is not common as buildings large enough are not easily found.

Comox Valley Team Captain, Dave McQuade stated: "the Comox teams' batting was disappointing; however, bowler Greg Glover with 4 wickets for 11 runs, did a fine job."

"Approximately five years ago CFB Comox had its own cricket team" said Dave.

A check with the Recreational Staff indicates that there is no cricket equipment currently available at CFB Comox.

Archery Competition

Garry Gauvreau and Don Buehner placed first and fifth respectively at the Canadian National Archery Competition held in Victoria last week. Garry's first place finish came in a "Come From Behind" effort in a close win over Ernie Wall of Winnipeg. Garry and Don's placings were in the Unlimited Division.

The first two days were hampered by high winds which kept the scores down somewhat, although some of the finest shootings was done in 25-35 mph gusts.

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GLACIER GREENS

The weekend of the 5th and 6th of June 76 saw one of the most exciting finishes to a golf tournament ever witnessed in the Comox Valley.

That weekend, the Glacier Greens Amateur Invitational took place with 71 golfers teeing off on Saturday morning. At the end of 36 holes of play there was a tie for tournament low gross between Tony Pisto, Comox G.C. and Jerry Koster, Sunnydale G.C. with a score of 154.

The two players then started one of the most exciting playoffs this writer has ever witnessed.

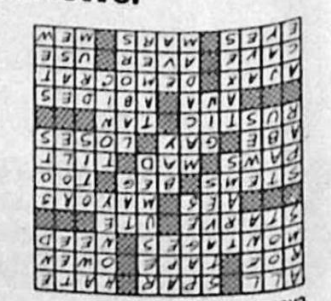
A three hole playoff was tied with both players shooting even par. Pisto sank a difficult 8 foot putt on two to salvage the tie. On hole No. 4 they began a sudden death playoff with Pisto again sinking a long putt to stay in the game. Both players made difficult pars on hole No. 5 with Koster chipping too two feet, forcing Pisto to again sink an 8 foot putt.

The climax to this marathon came on the par 5 6th, with Koster lying two, pin high on the left fringe and Pisto lying two 25 yards short of the green. Pisto lined up his chip, swung, and the ball travelled towards the flagstick, striking it and dropping in the hole. Koster attempted to halve the hole with his eagle chip but this great playoff had to come to an end.

The low gross winner for B Flt. was Darryl Harker, Comox G.C., for C Flt. Jim Evans Campbell River G.C. The Low Net winners were, A Flt. Denny Hillier, Comox G.C., B Flt. Rick Salmon, Comox G.C., C Flt. Gerry McLaughlin, Glacier Greens.

COMING EVENTS: Tuesday 6th July, Sunnydale ladies to visit Glacier Greens. Tuesday 13th July, CLGA Pin Day, Medal Play, teams of three. Start 9 a.m. for 18 holes. Tuesday 20th July, Comox ladies to visit Glacier Greens.

Puzzle Answer



Golf Course

WOULD the person who removed the weedeater (Brush King) please come back for the spare parts as they are not much good to us.

WOULD the person who removed 5 gallons of gas please check as the gas is mixed for a greens mower and if used in anything else, might blow up (I hope).

WOULD the person who removed the hose nozzles please let me know when he wants some more as they are \$1.35 at the Canex.

WOULD the person who removed the two ducks please come back as you missed one. I hope you choke on the duck eggs (bones).

Disgruntled Don.
Don Palmeter
Grounds Superintendent

Swimming Pool Hrs.

JUL-AUG. 76.
Mon. to Fri. - 0800-1130 hrs.
(Red Cross Classes) - 1130-1245 hrs. (Service Personnel) - 1300-1500 hrs. (Open Swim) - 1530-1600 hrs. (Adult Learn to Swim) -
Mon., Wed., Thurs. - 1800-2000 hrs. (Open Swim) - Sat. and Sun. - 1400-1600 hrs. (Open Swim).
7-14 JULY 76. - 2000-2230 hrs. (Quadra Scuba Course).

CFB Fastball Tourney

The Second Annual CFB Comox Inter-branch-Squadron Fastball Tournament will be held 21-22 July 76. Teams entered this year are USAF, ATC, MPs, 409 Sqn, 442 Sqn., Fire Hall, BCompt-BAdmO, BAdmO, BAdmO, and of course last year's winner, 407 Sqn., who are out to make it two in a row.

Due to the number of entries the competition will be a single elimination. You must keep winning to remain in the competition. All military personnel attached to or belonging to a branch-squadron are eligible to participate. Base team players may participate but pitchers may not pitch. If you are not playing come out and cheer for your team. Schedule will be posted and distributed.

Due to the number of entries the competition will be a single elimination. You must keep winning to remain in the competition. All military personnel attached to or belonging to a branch-squadron are eligible to participate. Base team players may participate but pitchers may not pitch. If you are not playing come out and cheer for your team. Schedule will be posted and distributed.

Section Softball

The Inter-Section Softball got underway on the 17th May. Looking at the standings up to date we see USAF are flying high without a loss. Next ATC and 409 are fighting it out for 2nd place. They are playing some real good ball, so come out and look and see. Here are the standings up to the 28th June.

	P	W	L	Pts
USAF	10	10	0	20
ATC	10	7	3	14
409	10	6	4	12
407	10	3	7	6
MP	9	3	6	6
Firehall	11	1	10	2

Or you can contact team captain Dave McQuade at 334-2332, Treasurer Wally Forster at 339-4601 or vice-captain Stan Whyte at 339-4210

PLAY BALL!

CAN YOU SMILE - When tar is tracked on your carpets or when the children and friends spill their drinks or food?

Keep your carpets clean with
ARGOSHEEN

WHY IS ARGOSHEEN BETTER THAN SHAMPOO?

Shampoo drives the dirt to the bottom of the Carpet where it stays. Thus, causing SOIL BUILD-UP. Carpets become hard and matted — the same as your hair would if you left the Shampoo on it.

ARGOSHEEN breaks down dirt - soil - and even shampoo - floats dirt to the top where it is wiped off with a damp mop.

Step by Step Carpet Care

1. VACUUM WELL. We recommend our SILVER KING — the only home and apartment size commercial on the market today.

2. PRESPOT BAD SPOTS with straight ARGOSHEEN. A spray bottle or can is ideal. Mix one or two cups of ARGOSHEEN to one gallon of water. This can be applied to the carpet in one of two ways. Either with the ARGOMOP, dipping only the tips of mop in solution and shaking off excess before sweeping over carpet — or apply with tank type scrubber. Making one pass only — badly soiled spots can then be blotted up with old towelling.

The NEXT and MOST IMPORTANT STEP is to set up YOUR OWN SYSTEM of damp mopping with STRAIGHT WATER, (H2O).

Damp mop every other day INSTEAD OF VACUUMING or once a week — every two weeks. You have to be the judge.

ARGOSHEEN will LIFT the SOIL to the SURFACE of your carpet. The damp mop lifts it off.

You can use ARGOSHEEN on anything you can put water on or dryclean.

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*WINDOWS *FLOORS *SPOTS ON CLOTHING *UPHOLSTERY

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& SERVICES LTD.
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DAN BELL FLOOR
COVERING LTD.
Campbell River

Canada's Private Air Force

by W.L. Ewing

Have you ever heard the throaty burble of a Merlin or Griffon engine?? How about the sound of a Harvard "changing gears" after lifting off?? Do you know why the Japanese troops in WWII called the Corsair, "Whistling Death"??

There is a group of men in Southern Ontario that do, and they are dedicated to keeping such sounds and the machines that make them around for quite a while.

Eight years ago, Dennis Bradley, Jim Vernon, Alan Ness, and Deryck Hickox decided that seeing historical aircraft stuck away in some hangar gathering dust and bird droppings was not what they were designed or famous for. They formed the Canadian Warplane Heritage and got the Canadian government to declare it a tax-deductible Foundation.

Any ex-military technician or pilot stepping into the CWH hangar at Mount Hope Airport outside of Hamilton, Ont., might think that he had



"QUEEN OF THE FLEET", a Fairey Firefly Mk. 5. Restored to former glory in the colors of the Royal Canadian Navy.

team that flew out of Moose Jaw. The CWH team includes four "Yellow Perils", and has flown formation displays at airshows throughout Canada and the United States.

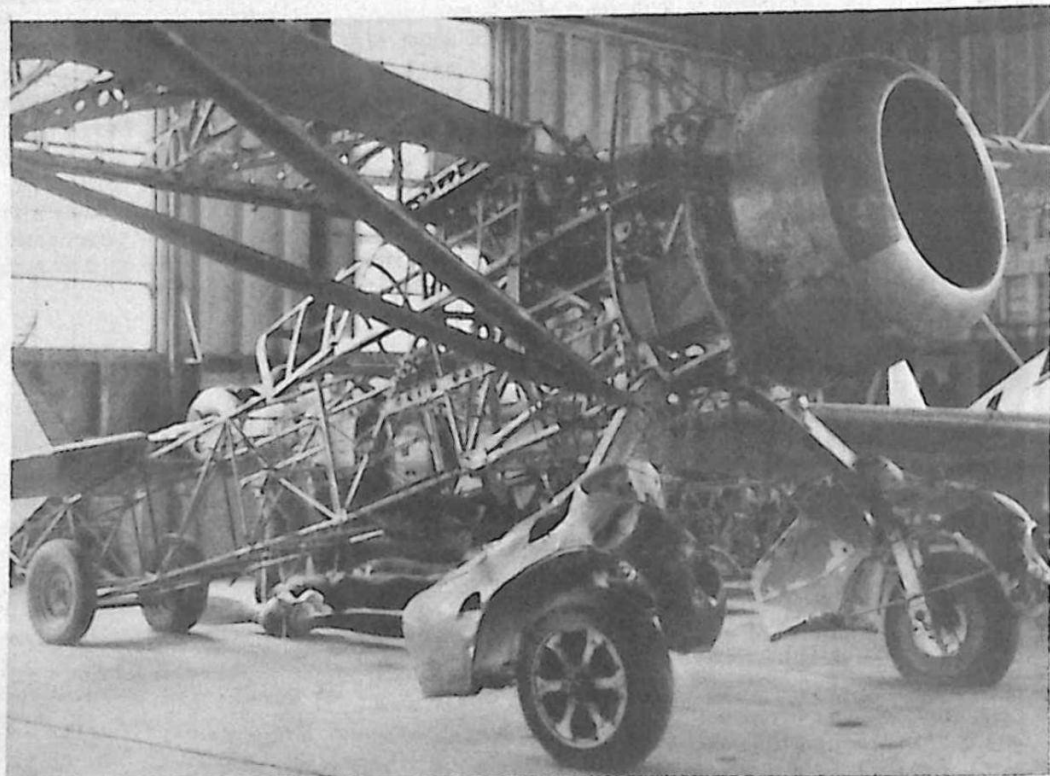
The Heritage fleet also includes a DHC-1 Chipmunk, a Fleet Finch, a DH Tiger Moth, and a Cessna Crane. Newest arrival is a B-25J Mitchell, purchased from the Bendix Corporation in the USA, where it was used as a VIP transport and an instrument test-bed.

In the overhaul shop undergoing restoration are a number of famous aircraft; a Spitfire, a Seafire (the naval version of the Spit), a Yale, a Lysander, a second Tiger Moth, and an Avro Anson Mk. V. Other aircraft have been promised, and with hangar space becoming more and more at a premium, it is hoped that some of these can be licensed and flying before

some have to sit outside weathering further before they can be worked on.

You don't need to buy a plane to become a member of the Foundation - all you need is time, a love of older aircraft, and a \$100 a year. But!! If you happen to have an old aircraft around, or know where they are one; either in flying shape or as a basket-case, they'd love to have it. Also, parts - a broken-down Merlin engine or so lowly an item as a genuine Spitfire altimeter. Anything - manuals, engineering orders, pilot's notes, technical specifications, personal notes - dealing with old aircraft would be welcome.

If you're interested in seeing such veterans in the air, just drop into Mount Hope Airport on any weekend. And take your camera!! The number of flyable "museum" aircraft gets smaller all the time.



WESTLAND LYSANDER AWAITS its turn in the shop. It is hoped to have this old bird flying again next summer.

slipped back in time. The hangar abounds with aircraft and ground gear of an earlier era. Starter carts, compressors, cranes; all are surplus equipment, purchased or donated and restored. The aircraft are towed by a conspicuous yellow D8 "Mule", and the fuel bowser is an ex-RCAF 1940-vintage Chevrolet which was discovered abandoned at the DeHavilland of Canada plant in Downsview. It was donated, refurbished inside and out... right down to the original RCAF crest and serial on the doors.

The first aircraft purchased and redone was a Fairey Firefly Mk. 5. It was ex-Royal Australian Navy, and was found wasting away in the field of a Georgia, USA, farmer. It now sports the colours and markings of the RCN, and is "Queen of the Fleet".

Fatality Forecast

During the 30 hr. period from 6 p.m. June 30 to midnight July 1st, the Canada Safety Council anticipates that between 18 and 21 Canadians will lose their lives in traffic accidents.

However, many people are taking a long weekend of 102 hrs, 6 p.m. June 30 to Midnight Sunday, July 4th, and the traffic toll in that period could be in the 66-71 range.

1967 was the worst year ever, when 94 perished in holiday traffic on a 78 hr. weekend, and 83 died in 1973. On single day holidays, traffic deaths number from 12 to 32 in recent years. There is no recent 102 hour count with which to compare.

The Safety Council urges drivers not to undertake long trips on an empty stomach, which can increase drowsiness, and if driving extensively with windows open, have frequent drinks of coffee, tea, milk, water or soft drinks along with rest periods.

Before starting a trip, spend a few minutes inspecting the vehicle to avoid highway breakdown or accident, and especially check tire pressure with a gauge while tires are cool-one cannot tell by looking anymore, especially with radials.

EDITOR'S NOTE: STAY OFF THE BOOZE!

Refurbished last year and dedicated to the memory of Lt. (P) Robert H. Gray, RCNVR, awarded the Victoria Cross for action in the Pacific, is a Goodyear-built FG-1D Corsair.

The largest single group of aircraft within the Canadian Warplane Heritage are the Harvards. The pilots owning these have decided to do them all up in RCAF colours, and several of them wear the additional markings of the "Goldilocks", a formation

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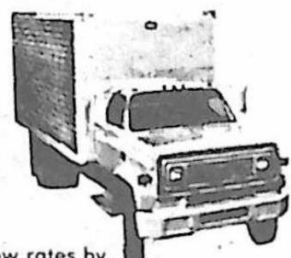
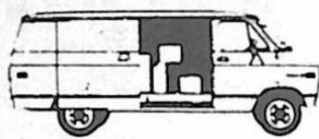


COBRA 19
With "Breaker"
Antenna.
Model 10-215
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Post Office Salutes Writers

OTTAWA — Canada Post Office will salute two major Canadian writers with its new stamp issue in July. Germaine Guevremont, a French Canadian writer whose work first achieved international acclaim in the late 1940's, and Robert W. Service, noted chronicler of the Canadian North, are the subjects of the two 8-cent stamps.

In making his announcement, Postmaster General Bryce Mackasey said, "If there is a Canadian identity as expressed through our literature, Germaine Guevremont and Robert W. Service have contributed significantly to creating it. These authors through different forms, have painted a picture of Canada, and I am proud that the Post Office is celebrating their works through these commemorative stamps."

Antoine Dumas' painting for the stamp honouring Guevremont depicts the opening scene from her novel, *Le Survenant* (The Outlander). The Service stamp, designed by David Bierk of Peterborough, is an illustration depicting the final stanza of the poem *The Cremation of Sam McGee*.

A total of 22 million stamps will be printed set-tenant in four-colour lithography by Ashton-Potter Limited of Toronto. Each pane of 50 stamps (10 across and 5 down) will be a checkerboard pattern, commencing with the Robert W. Service design in the upper left corner. Marginal inscriptions will include the printer's name and those of the designers.

Mint stamps are available to collectors through philatelic counters at selected post offices across Canada, as well as by mail order through the Philatelic Service, Canada Post Office, Ottawa, Ontario, K1A 0B5.



Canada postage 8

GERMAINE GUEVREMONT, nee Grignon, was born in the Laurentian town of St. Jerome at the turn of the century, into a family with an established literary reputation. Her father, a lawyer whose pastime was extolling his beloved mountainous countryside in prose and verse, was named protonotary at Ste-Scholastique shortly after Germaine's birth, and there she spent her childhood.

ROBERT SERVICE was born in England in 1874, but spent most of his childhood in Scotland. The household in which he was raised en-

couraged literary pursuits and Service recalled, "To my folks anything that rhymed was poetry..." Giving in to his strong desire to roam, young Robert came to Canada in 1894 and worked for a while on the West Coast as a farmhand. After several years as a rover (he described himself as a born tramp), Service joined a bank which posted him to Whitehorse and later to Dawson.



Canada postage 8

Firefighter Heroes

(Continued from page 3)

Don't swim out and get the boy but the brother was unable to move. "I saw Sam's head come up once, go down, come up again and then disappear."

After being alerted to the problem, Carmichael grabbed his son's snorkel and face mask, stripped off his shoes and clothes and raced to the water. Carmichael said the water was cold and murky. "As luck would have it I swam over the top of this young fellow, but didn't see him at first," he said. "The water was so churned up it was hard to see, but the mask made the difference."

Carmichael passed the boy to Neufeld, who began resuscitation while carrying him from the water. Initial

efforts to revive him seemed hopeless, since he had turned blue and wasn't breathing at all. Sam also had a bowel movement, a common occurrence when a person approaches death.

But bystanders noticed some body movement and with continued effort Neufeld revived the boy. With Sam wrapped in blankets, Carmichael and Neufeld headed their travel trailer for the hospital, but were met enroute by an ambulance.

Neufeld credited the training in mouth-to-mouth resuscitation which firefighters receive for the successful revival. "I kept remembering to keep the boy's head back."

The boy has recovered from the near-drowning without complications.



"What's His Name"

Les Litter says Litter Less. This is the name chosen by Outdoors Unlittered from hundreds of entries sent from all over British Columbia, Alberta and Manitoba in response to their "What's His Name" contest held in conjunction with Rubbermaid (Canada) Limited, to find a name and slogan for the organization's smiling animated garbage can used to promote the litter prevention message throughout Western Canada.

Five winning entries were received, four from Alberta and one from British Columbia. Each winner will receive a Rubbermaid litter receptacle to be donated to a school of their choice.

The winners are: Brent McCuaig of Sechelt, British Columbia; Eric Klassen of Strathmore, Alberta; Mrs. Linda Burk of Lethbridge, Alberta; Mrs. G. Quinn of Edmonton, Alberta; and Mrs. A.T. Sharp of Oyen, Alberta. Each suggested either the winning name or slogan.

Judges expressed enthusiasm over the high quality of entries received. "Some of

the entrants placed a lot of thought into their entries and should be complimented," said Mr. Jo Dean. "Not only we even had an entry from an 81 year old grandmother," stated Mrs. Evelyn Atkinson. Both Mr. Dean and Mrs. Atkinson were judges in the contest.

Outdoors Unlittered received slogans and posters

from elementary and secondary schools, guides, brownies, cubs and many entries from family units ... mums and dads sending in ideas together with their children's.

Outdoors Unlittered is a non-profit organization founded in 1967 and sponsored by the British Columbia Department of Environment, industry and the public.

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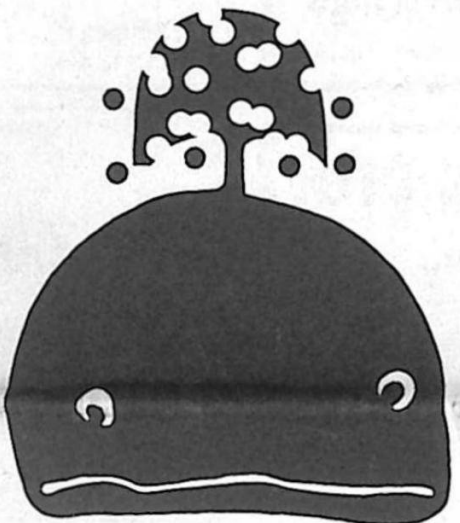
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The affordable home...and how we're helping it happen.

1 A plan to make owning a home possible for more people.

This one's for you. It's called AHOP (The Assisted Home Ownership Program), and it combines the federal assistance provided by CMHC (Central Mortgage and Housing Corporation) with additional assistance from the B.C. Government.

Very simply, here's how it works: If you're a two-person household and want to buy or build a house, and the price is within the established AHOP price limits for the area, you can qualify for the CMHC Interest Reduction Loan. This loan acts to reduce the mortgage rate to 8%, and is interest-free for the support period.

That's only the first part. The second part is a CMHC subsidy of up to \$750 for the first year. You're eligible if you've applied for the maximum Interest Reduction Loan; have at least one dependent child; and even with the loan, your monthly payments exceed 25% of your income.

Now here's the extra bonus from us. If you've qualified for the above CMHC subsidy, and your monthly payments are still more than 30% of your income, you qualify for an additional subsidy of up to \$750.

Add it all up, and it means that the possibility of home ownership is greatly extended, and now includes families in B.C. with incomes below \$10,000 a year.



British Columbia Department of Housing Hon. Hugh A. Curtis, Minister.

2 A plan to encourage more efficient use of land for affordable housing.

This one's for the municipalities. And you. You may benefit from the resulting reduced municipal taxes and/or increased services. It's called MIGP (Municipal Incentive Grant Program), and it's designed to encourage the development of affordable housing and the more efficient use of land.

There are two grants available to municipalities and regional districts. The first is a \$1,000 grant from CMHC. The second is a \$500 grant from us. That means the total grant per eligible unit is \$1,500. To be eligible, the proposed housing units must be constructed for permanent residency, be connected to municipal piped water and sewage systems, and be served with roads having at least gravel surface.

These are the basic qualifications. There are others that apply to density, size and value requirements. What they all add up to for you is growing communities with more affordable housing for more people.

3 A plan to make more rental housing available.

This one's for the builders. And you. You benefit because it creates a more adequate supply of rental housing.

It's called ARP (Assisted Rental Program), and it's designed to stimulate private investors to once again invest funds in affordable rental housing. The incentive is for the builder ... but the benefits are passed on to you. A prototype of this program resulted in 2,000 new rental units started on Vancouver Island last year.

The amount of assistance available to the builder depends on the number of units in the project, the construction cost, the mortgage interest rate, operating costs, and prevailing rents.

It starts with a \$600 grant per unit from us in the first year. If this grant is not sufficient to allow the builder to charge normal market rents and maintain an agreed-upon return rate on his equity, an assistance loan of \$1,200 per unit is available from CMHC. If either or both of the above still leave the builder below the agreed return rate on equity, a conditional \$1,200 interest-free loan per unit is available from the province.

The agreement establishes initial rental rates. After that, rents are set by market conditions, but any higher net revenues derived go towards reducing the amount of assistance.

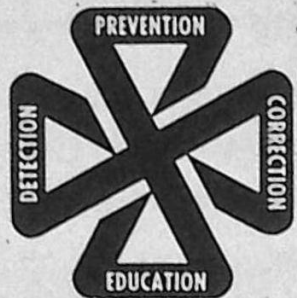
Basically, what it all means is more rental housing available at more reasonable rates.



If you want a home, we want to help.

More information on any of the three affordable home plans, is available from:

British Columbia Department of Housing
#204 - 1525 West 8th Avenue, Vancouver
810 Blanshard Street, Victoria
135 - 10th Avenue South, Cranbrook
280 Victoria Street, Prince George
260 Harvey Avenue, Kelowna
Central Mortgage and Housing Corporation
5511 West Boulevard, Vancouver
1007 Fort Street, Victoria
129 - 10th Avenue South, Cranbrook
280 Victoria Street, Prince George
1800 Tranquille Road, Kamloops
Suite 202, Capri Tower, Kelowna



By Safety Sam

Hypothermia — Part 3 (Conclusion)

BEWARE COLD, WET WINDY WEATHER.

When a person succumbs to hypothermia in air temperatures above freezing, the reaction is sometimes disbelief, but most hypothermia cases develop in air temperatures between 30 degrees F (-1.1 degrees C) and 50 degrees F (10 degrees C). Never underestimate the danger of being wet for a prolonged period at such temperatures. The effect on the body's core temperature will be the same as described for cold water exposure.

PREVENTION IS THE SIMPLEST DEFENCE.

Wear wool clothing, including covering for the head and limbs, topped with waterproof raingear before

ACCENT SAFETY

How Is Your General Safety Program?

the clothes become wet. Wool, when wet, has a higher insulating value than cotton, down or synthetics. In temperatures as cold as 40 degrees F, rain will "use up" heat at a rapid rate, and that heat loss will be accelerated further by wind.

The seasoned outdoorsman knows the importance of taking along such protective equipment as a storm-proof tent, "trail food" like candy and nuts, and a small gas stove (or fire starter). The latter can be particularly important for providing an exposure victim with warm, sweet drinks.

Don't take the chance of becoming exhausted. Normal endurance is greatly reduced by exposure, and if exhaustion forces you to stop, the rate of body heat production drops by 50 per cent or more and violent shivering may begin.

RECOGNIZING SYMPTOMS

When the brain becomes affected by the cold, it will impair judgment and reasoning power. There will be memory lapses and incoherent speech, and in the

hiker, stumbling and lack of co-ordination. Persistent shivering is a clear indication that the person is on the verge of hypothermia. There will be loss of control of the hands, drowsiness and apparent exhaustion.

HOW TO TREAT HYPOTHERMIA.

First, get the victim out of the wind and rain, (or the water, of course) and out of all wet clothes.

If he is only mildly impaired - still conscious - give him warm, sweet drinks, warm clothing, blankets or a sleeping bag. Depending on the location and what is available, warm (not hot) pads, hot water bottles, warm bath or shower will help. Build a fire if possible.

If the patient is semi-conscious or worse, and beyond shivering, there may be the danger of a temperature "afterdrop". Try to keep him awake, and give him warm drinks. When there are no other rewarming aids available, someone will have to donate body heat, removing

his own clothes and those of the victim and transferring body heat in a sleeping bag or under blankets. This will be necessary because the victim's body may be past the point of generating enough of its own heat for rewarming.

CONCLUSION.

It has been only in the last few years that any intensive research has been undertaken in the area of hypothermia and cold-water survival, but those few years have shed valuable light on accidental deep-body cooling and how to cope with it.

(Courtesy: W.C.B. News)

Next
Totem
Times
deadline
July 19



GRAND OPENING -- On the afternoon of Friday, June 25, the Honorable Walter Owen, Lieutenant-Governor of British Columbia, was on hand to officially open the d'Esterre House located on the Comox waterfront. The recently completed project for Senior Citizens was the result of many hours of hard work by numerous people. Comox Mayor, Dick Merrick welcomed the assembled throng and gave a brief history of the Rotary sponsored project. Shown above, Mr. Bill Gaze, Mrs. Pike and Mrs. Lowery relax in the decorative surroundings of the lounge in the new building. Pierre Begin photo

SIN CONTROL

To combat the increased use of Social Insurance Numbers within the Canadian economy, the Federal government has introduced controls to prevent misuse or abuse.

Persons now applying for new Social Insurance Numbers, replacement cards, or record changes must provide proof of identity and status with documents such as birth or marriage certificates, citizenship or immigration papers.

Those not having Canadian citizenship or landed immigrant status but requiring a S.I. number to comply with existing regulations or laws will be issued cards bearing a distinctive number - i.e.; beginning with the digit "9". Visitors holding the distinctive numbering must also hold a valid employment visa before they can be legally employed.

The main reasons for the controls are: the increased use of the numbers for identification, the incidence of unlawful employment of visitors to Canada, and the ease with which the numbers can be obtained and fraudulently used.

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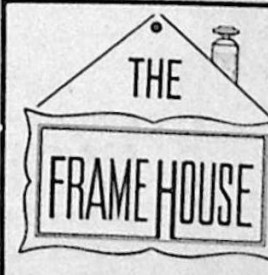
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Firing Away

During the months of April and May of this year a Fire Safety program was conducted at the PMQ school. This program consisted of four forty-five minute periods of instruction and was taught to one hundred and eleven grade five and six students. With the kind co-operation of the school principal and teachers members of the Fire Hall staff went to the school and conducted the course.

The course covered such topics as: Fire losses, life and property; classes of fire; methods of heat transfer; home and building fires; escape planning; reporting of fires; false alarms and flammable liquids. In addition various types of fire alarm devices and smoke detectors were demonstrated.

At the conclusion of the course all those who participated were presented with a Junior Fire Brigade certificate.

The base Fire Department would like to take this opportunity to thank the school principal and the teachers for their kind co-operation.

Without their help and advice we could never have conducted the course.



STEVE HALEY RECEIVES certificate from base Fire Chief. Base Photo

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Your Fire Dept.

Captain Don. Carmichael commands the forty-six member Fire Department and is responsible to the B.T.S.O. for implementation of policy, along with administration and operations.

The suppression force is structured into four shifts under the direction of the Deputy Chief MWO Jack Kroepin. The equipment used in the operations end consists of three major foam vehicles, one light rescue vehicle, and a Class "A" pumper. They are responsible for providing fire and crash protection for the base.

The Fire Prevention Bureau is under the direction of Warrant Officer Vern Bartlett, and is responsible for all fire prevention includes building inspections, organization and implementation of Fire Prevention educational programs to base personnel and the Dependents school.

Dinner Held

Seventeen members of the Protestant Chapel Guild enjoyed a farewell dinner party at the Courtenay House on Tuesday, June 15th.

Following the meal they joined at the home of Eleanor DeLong for a short meeting, coffee and chatter. A souvenir spoon was presented to Pearl Kingens in appreciation for her hard work during the past years.

The year so far has been a successful one and Guild members hope to see YOU in September. Until then, have a nice summer!

CANADA
YOUR FORESTS NEED YOUR CARE!

BIKES AND SKATEBOARDS.

Well folks, it looks like its that time again, a trip home through the Married Patch is quite an experience, something akin to Russian Roulette. The PMQ Council would like to make an appeal to all parents, please insure your little darlings (and the big ones for that matter) understand that the driver of a car doesn't have much of a chance if he has to move quickly in a congested area.

It's easy enough to say the driver shouldn't be driving fast or what about the guy with a snoot full - we're not talking about those problems. We're talking about children riding on the wrong side of the road, of skateboarders shooting out of driveways, of trikes left in the middle of the road (have you ever had a three year old sit in front of your car and refuse to move - if you blow the horn he or she will cry and you're the bad guy for scaring the little dear). What really worries the Council is what will happen when these children move out of PMQs. Let's face it Folks we live in a sheltered environment while we're in PMQs, let's give the kid's a chance to grow up so they can face the same problem 15 years or so from now. It is the responsibility of the parents to teach their children the rules of the road. What's a three year old doing on the road in the first place - don't his or her parents care?

CROSSWALK SAFETY PATROL.
In the latter part of the school year some of you may have noticed a couple of the ones holding Stop signs at the school. Although not entirely finalized, a school Safety Patrol will be set up next school term. The Lion's Club are providing the necessary equipment and training for the Patrol which will be set up early in the new term.

LOST, STRAYED AND GONE.
Has anyone seen a set of base bags which have strayed from one of the ball diamonds. Someone forgot to retrieve them after a game and when someone went back, there they were - gone. The bases cost \$56.00 a set so if you have any information please call Gord Whaley at 339-5297.

SUMMER SWIM
Each summer the PMQ Council has sponsored a project called the Summer Olympics. This year as they're having so much trouble with the one in Montreal, we've decided to try something new. From 29 June to 26 August, the PMQ Council is offering free swimming to PMQ Dependant children each Tuesday and Thursday from 13:30 to 15:00 HRS. This swim time is available to any PMQ Dependant who has a valid Dependents Pass. The current pass is white and will be marked to indicate the bearer is from PMQs. Any dependant with a current pass whose pass does not bear the PMQ mark designation should report, along with those who

GRADE FIVE AND SIX STUDENTS holding Junior Fire Brigade certificates. Base Photo

PMQ Preamble

do not have the white Dependant's Pass, to the Guardhouse, Pass Control for either a new pass or to have their old ones marked.

AND NOW FOR THE BAD NEWS.

Although you may not be aware of it, the Base Commander, the Base Comptroller and Base Housing Officer have little or no control over how much rent you should pay. That is a figure set by Central Mortgage and Housing Corporation who set the costs after taking into consideration the house itself and the local market. For this reason the story and a half you're living in here would cost you something different in Cold Lake, Moose Jaw or Greenwood, even though the houses are identical and were probably built about the same time.

The next significant rental change is expected in April 1977. CMHC shall be around this summer to appraise the PMQs with a view to that change.

NEIGHBORHOOD WATCH.
Neighborhood Watch - what is it? Some of you already know or may have heard of a self help activity which is now coming into force in the Comox Valley. It is a system

sponsored by the Police to assist in the recovery of stolen articles and to attempt to deter burglaries. The RCMP are the agency in the Valley who are promoting the system of Neighborhood Watch and although they had not intended to include the PMQs, they have been approached by the Council to assist us in setting up the project here. Very basically Neighborhood Watch consists of marking all valuable items with either an electric engraving marker or an invisible marker with one's Social Insurance Number. Anyone registered in this plan would have his number retained in a central bank

maintained by the Police. Any stolen articles so marked could be checked with the bank and returned to the owner. In the past the Police have known that certain persons have stolen articles in their possession but have been unable to prove the right of ownership. The PMQ Council hopes to approach each PMQ household and explain the system before the end of September. While on the subject of stolen articles the most frequent stolen item in the PMQ area is the bicycle, a request from both the Military Police and the Council is that you lock up your bikes at night.



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Arctic Surveillance Is It Adequate?

According to Mr. Hugh Anderson, MP Comox-Alberni, three Argus flights per month from both coasts (one of which is tasked from Comox) is not really adequate to do a proper Arctic surveillance job.

Mr. Anderson was expressing his views on May 6, 1976 during a meeting of the Standing Committee on External Affairs and National Defence, respecting Main Estimates 1976-77, under National Defence.

He questioned the committee Chairman: "Is there a restriction because of fuel, or a restriction because of the amount of time on the airframes of the Argus that would preclude a great number of flights? That is not quite one a week, one every 10 days or so; can we really justify this as exercising sovereignty in the Arctic, realizing the importance of the Arctic as time goes on? Do you feel that we are exercising sovereignty by one flight every 10 days?"

Vice Admiral Falls, Vice

Chief of the Defence Staff replied: "...the question of how much is enough is one that bothers Governments and military people. We are limited naturally by the number of aircraft we have, the dollars we have to fly them, and of course the amount of time available within that total once one trains for the difficult military tasks, that are available for sovereignty. Each one of these flights takes up a considerable amount of effort in flying time. As you know, the ones from Comox usually fly through Yellowknife and do a sortie from Yellowknife so that most of it is productive time and is not used just in transit. The same applies to the East Coast flights where they usually route through a northern base and do one or perhaps two patrols while they are up there. As a percentage of total effort, it is our judgement that it is an adequate base from which to know what is going on in the Arctic, to show a presence and to exercise sovereignty. Now, the question of whether that is enough is one that must be left to..."

Mr. C. R. Nixon, Deputy Minister of National Defence added: "...each of these is about three days long and one of the things that determines how much is enough in this vein is what level of activity and what type of changes you see from each one. Each of these flights is not just an eyeballing exercise. It is a photographic one and we do the photographic analysis after. You are probably aware that we have radio stations there, so we are fairly well aware of anybody else who may be moving around if they are using radio at all. It is like the question Mr. Brewin asked regarding the underwater surveillance. We have never come upon a surprise over the period of time with all of the flights we have had. I do not know whether that constitutes adequate or not."

Personnel who are interested may read the complete discussion on pages 11, 12 and 13 of the Minutes of Proceedings and Evidence of the Standing Committee of Thursday, May 6, 1976.

Forest Fires Burn

OTTAWA - A total of 822 forest fires, affecting 49,000 acres, were reported across Canada during the month of April, according to the Canadian Forestry Service in its first forest fire report of the 1976 season.

The figures are compared with 248 fires affecting only 2,000 acres of forest land during the same period of 1975, and an average of 532 fires and 8,000 acres for the month of April during the past decade.

These statistics are compiled monthly from April to October by Environment Canada's Forest Fire Research Institute in Ottawa.



LIEUTENANT COLONEL LEN JENKS

Kommandant Stalag 13?

No, just the future Commanding Officer of CFS Yorkton, Sask., preparing for his future responsibilities on that radar unit. Lieutenant Colonel Jenks will be leaving CFB Comox this summer (COS July 2nd, 1976).

The chromed vintage German helmet carries the following inscription:

"To Col Klink in appreciation for the direction and fellowship in the Cumberland Rod & Gun Club. Good luck Len Jenks from the workers 1973-1976."

"The Colonel" received this token of appreciation from the working members of the Rod & Gun Club during an evening social function in the clubhouse Saturday, June 19. Len was an avid member of this sportsmen's organization and he did much to improve the range facilities.

As the Base Administrative Officer, he had many opportunities to meet the normal public as part of his daily activities; however, his after duty hours gave him a chance to meet the more colorful characters of the Comox Valley. He can sit down and tell many interesting tales relating to the old timers of this area. Coal miners, loggers, fishermen - he has rubbed shoulders with them all - each with a little bit of history to tell.

Out where the action is, he has driven huge logging trucks, sawed down trees and operated other powered equipment in the wooded lands of this beautiful province. The hiking trails have also resounded to his foot steps.

The local community will certainly miss Len Jenks, his wife, Diana, and their two daughters, Lorena and Sandra.

DID YOU KNOW???

That the six companies which comprised the Lancaster Production Group turned out a total of 7,377 Lancasters of all variants, of which only two are known to be still airworthy although others are undergoing refurbishing at present

BY "WESTWING"

Aviation Week

Sept. 13-19

The National President of the Royal Canadian Air Force Association, Walter A. Gryba of Whitehorse announced that the Association would sponsor the second annual National Aviation Week September 13-19, 1976.

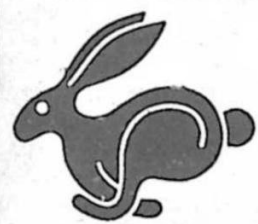
As an Association dedicated to the support and development of both civil and military aviation in Canada, it is appropriate that the RCAF Association provide the initiative within which all aviation agencies can reflect on their achievements and their challenges.

Aviation Week will be preceded on September 12th by the National observance of Battle of Britain Sunday in Winnipeg where the Association will be joined by the Canadian Forces Air Command and the Wartime Pilots and Observers Association which will be concluding its mammoth 1976 re-union at that time.

Most Wings of the Association will commemorate the Battle of Britain in their communities on September 19th by holding parades and church services with the theme being one of dedication to "all Canadian aviation personnel, in particular those few who served with distinction in the Battle of Britain."

NORTHGATE MOTORS

CATCH A RABBIT



250 Island Highway
Phone 338-5305
Dealer Lic. No. 2576

6,550 Pigeons Dead

No feathers were ruffled when birdsturned to dust as Cumberland Rod and Gun Club hosted the Vancouver Island Skeet Championships on June 19 and 20.

Skeet chairman Lloyd Lohnes indicated that shooters from Vancouver, Surrey, North Delta, Victoria, Nanaimo, Qualicum Beach, Coquitlam, Union Bay, Comox, Lazo and Zeballos took part in the N.S.S.A. approved championships on the club's ranges.

"This was the first time that this event was ever held in Northern Vancouver Island," said Lloyd, "In all, 81 scattergun experts participated in the two sunny days of good shooting."

After the 12 gauge event the "hardware" were presented by the skeet chairman and the club president (Sammy Stockland). The trophies were fairly evenly distributed to all clubs.

The CFB Comox had a good turnout and won their share of awards.

WINNERS WERE:

HI-GUN OVERALL - Ian Hunter 286x300 Vancouver.
HI-GUN RUNNER UP - Tommy Thomsen 284x300 Comox.

TWO MAN TEAM - Ted Miller and Ian Hunter both from Vancouver 188x200.

FIVE MAN TEAM - Len Jenks, Tommy Thomsen, Chuck Cronmiller, Lloyd Lohnes and John Barkemeyer all from the Cumberland club with a score of 459x500.

12 GAUGE EVENT:

CHAMP - Tommy Thomsen - 99x100 Comox.

A CLASS - Ian Hunter - 97x100 Vancouver.

B CLASS - Ted Miller - 94x100 Vancouver.

C CLASS - Mike Plimly - 93x100 Victoria.

D CLASS - Lloyd Lohnes - 92x100 Comox.

E CLASS - Bob Lennox - 86x100 Union Bay.

20 GAUGE EVENT:

CHAMP - John Barkemeyer - 96x100 Lazo (won shoot off).

A CLASS - Ian Hunter - 96x100 Vancouver.

B CLASS - NO ENTRANTS IN THIS CLASS.

C CLASS - William Wallis - 93x100 Surrey, B.C.

D CLASS - Ed Eng - 91x100 Victoria.

28 GAUGE EVENT:

CHAMP - Ian Hunter - 49x50 Vancouver.

A CLASS - Karl Scold - 47x50 North Vancouver.

B CLASS - Len Jenks - 45x50 Comox.

C CLASS - William Wallis - 47x50 Surrey, B.C.

410 GAUGE EVENT:

CHAMP - Tommy Thomsen - 46x50 Comox.

A CLASS - Karl Scold - 44x50 North Vancouver.

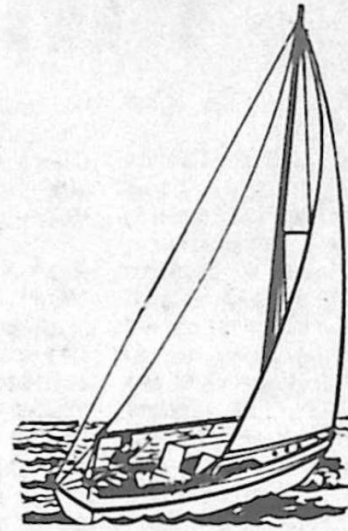
B CLASS - Ed Eng - 41x50 Victoria.

C CLASS - Dr. G. Rasmussen - 42x50 Victoria.

MOST CONSERVATIVE SHOOTER AWARD - Dennis Bush, Lazo.

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3 for \$1.95

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1 DOZEN FOR \$6.00

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19 JULY. OVER 12 YEARS EXPERIENCE



The sweet smile of success

Top ASW crews compete

Last week CFB Greenwood hosted the Annual VP ASW Competition in which crews from 415 Sqdn., Summerside, 405 Sqdn. Greenwood, and 407 Sqdn., Comox, competed for ASW supremacy. The three squadrons had sent both aircrew and technical support teams to the meet, and competition was extremely keen and close in both areas.

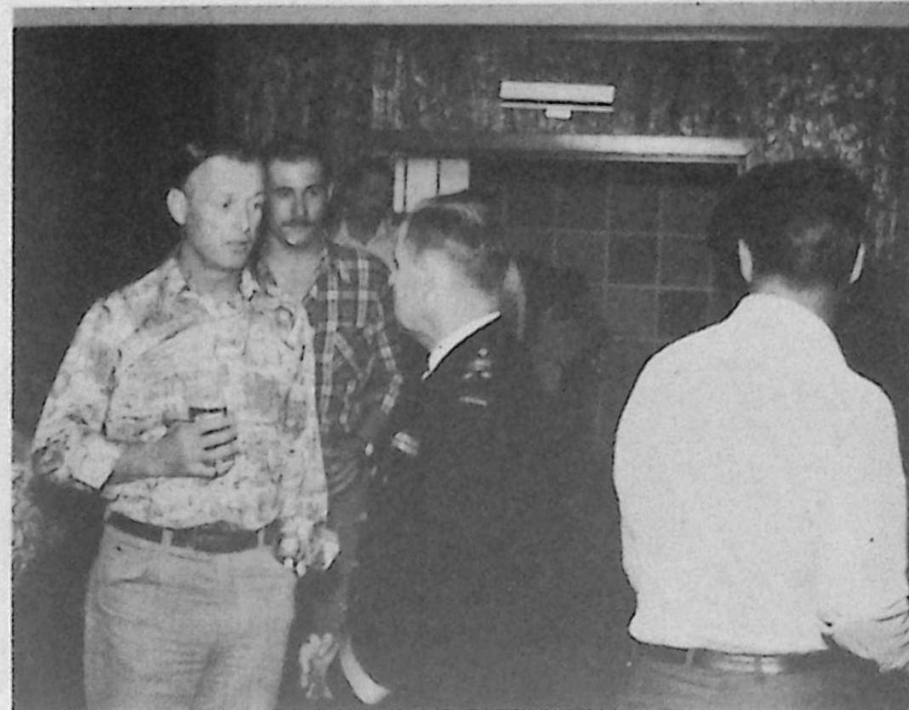
CFB Comox can be proud of the 407 technical support team headed by Sgt. Gale Dyer for a magnificent performance. This won for them the "Chief of Staff Operations Trophy" for the highest proficiency amongst the technical support teams. Congratulations goes out to Sgt. Dyer and his team for their outstanding performance.

Aircrew supremacy went to VP 405 Sqdn., under the guidance of Crew Commander, Major Wayne Bailey, and Tactical Co-Ordinator, Captain Ben Tinsley. They won both the "Commander's Trophy" for an outstanding performance in the air categories, and the "Bombing Trophy" for bombing accuracy.

407 Sqdn., was represented by Crew 1, under the guidance of Crew Commander, Captain Ed Goski, and the Tactical Co-Ordinator, Captain Don Anderson. The crew put forth a valiant effort and deserves congratulations for the effort.

This type of competition is very much a total team effort, and throughout the competition, the teams operated as tightly knit groups. As such, they worked outside the realm of their everyday work environment. This team concept became a great bond and the main motivator in moving each team member to do the utmost for his team's potential victory.

The 407 aircrew and technical support teams worked extremely well together and became a well molded ASW unit during the exercise. They were well supported during the competition by their C.O., Lt-Col. Bruce Montgomery, who accompanied the team to Greenwood.



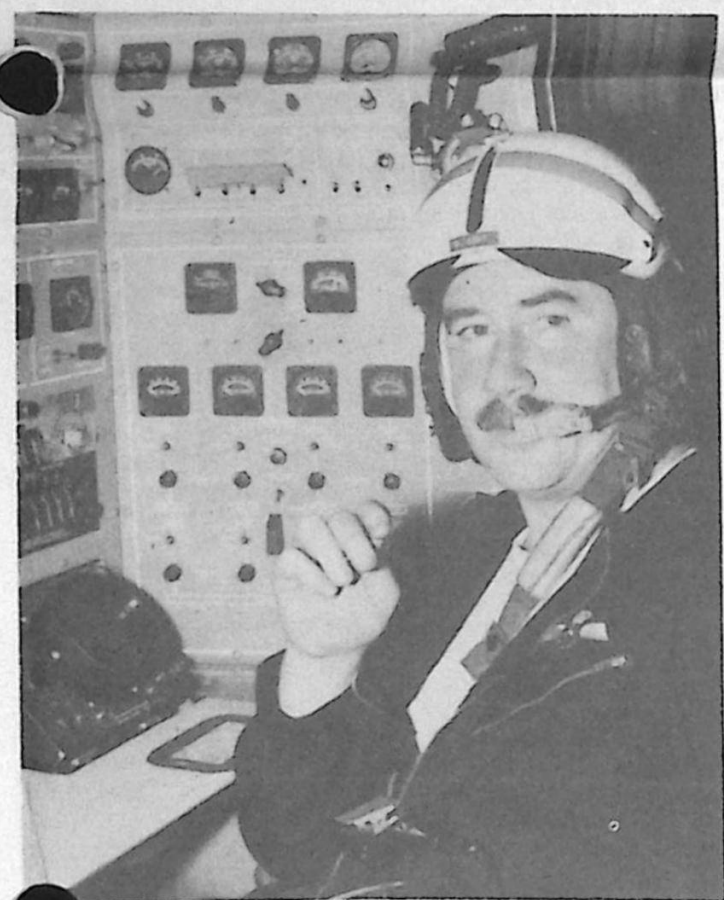
Seriously sir, I do think this young man deserves it.



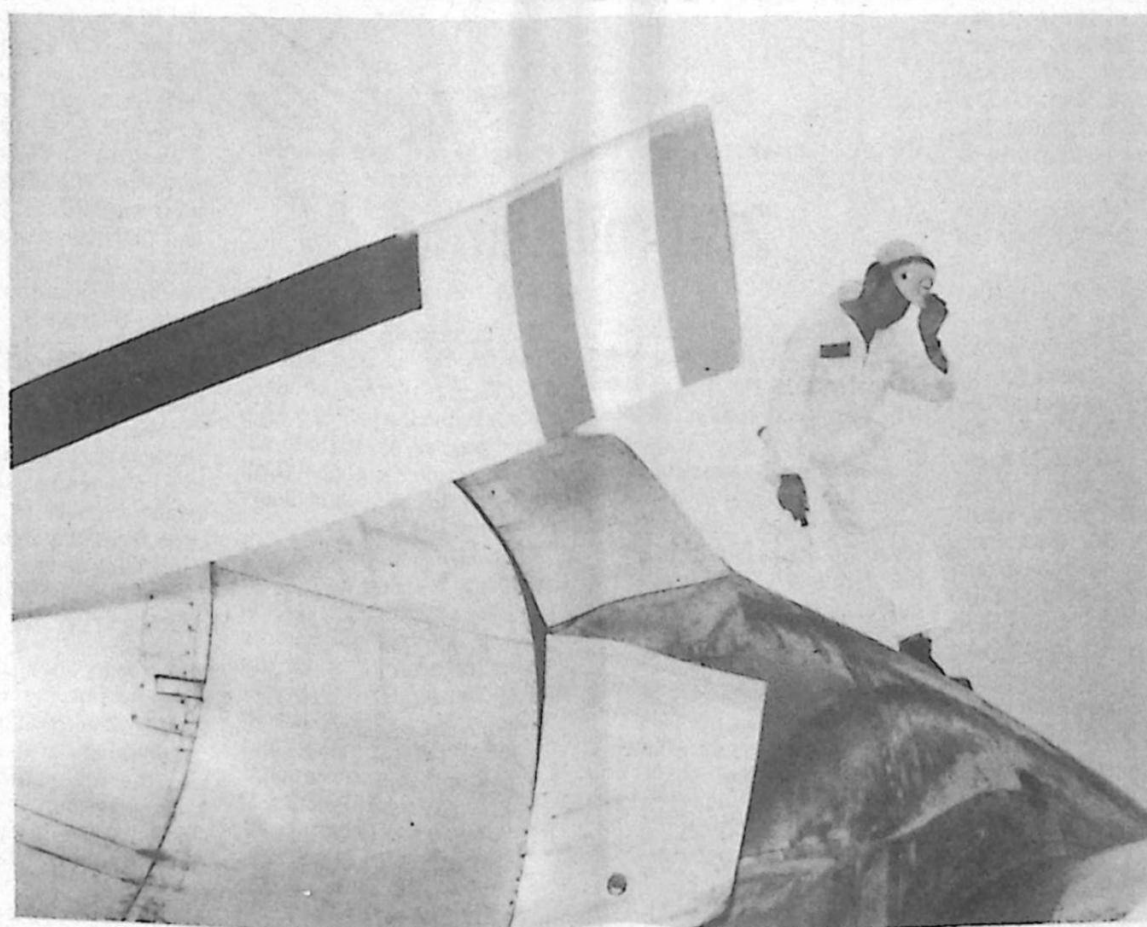
You know — this happens every time my wife packs for me.



Hey guys — we can beat these turkeys any day of the week.



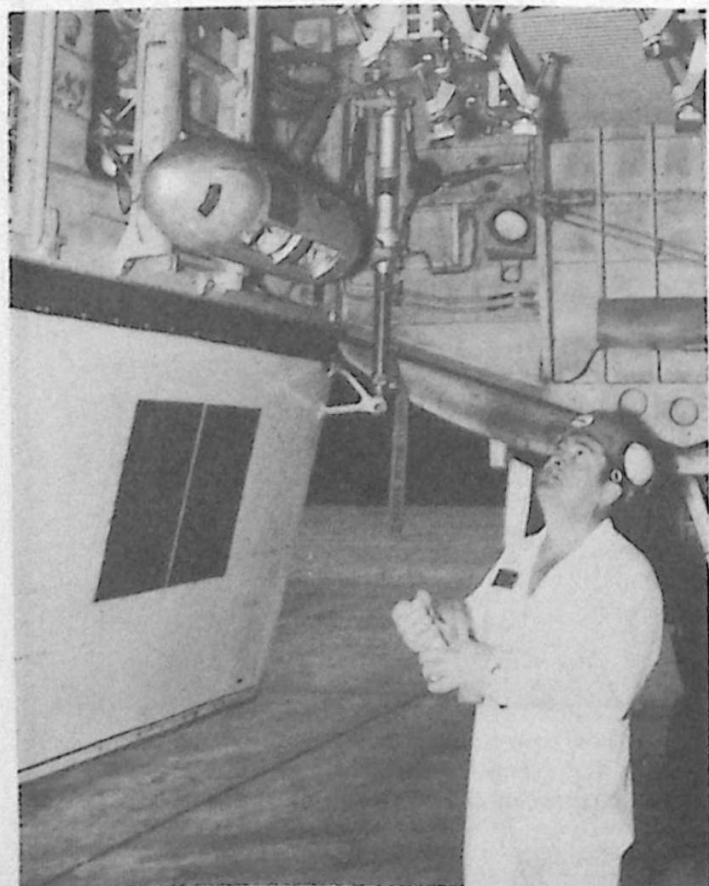
Now listen skipper — if you really want an expert opinion . . .



Gawd — have you guys ever seen how far it is down.



Boy — your mommy sure dresses you funny doesn't she!



Now let's see here — black wire to A — red wire to B . . .



Dear Mom — we tried hard but . . .



Honest sir — never saw a thing.



Akela Says:



Grey Pack —

Juan de Fuca Cub Exchange

On Friday, May 28, 17 Cubs and 5 Leaders from 1st Lazo Grey Pack left for a weekend exchange visit with the 7th Juan de Fuca Cub Pack in Esquimalt.

We left the Cub Hall in a 4-car convoy at 1:00 p.m. and the trip to Victoria was uneventful until Cub David decided, as the boys say, to "Ralph". As Grey Brother was the driver of the vehicle, he was delegated to be the one-man clean-up team; be it noted that Grey Brother wasn't all that thrilled with this turn of events. Bagheera decided to improve the odor by dumping a half-bottle of perfume on the floor. A mile further down the road, we decided that this wasn't such a great idea either. Cub David was banished to his Mother's car where it was hoped that he'd straighten up.

Upon arrival at the Esquimalt PMQ's, we were met by our exchange Cubs and Leaders. The Lazo Cubs were billeted out, and it may come as a bit of a shock, but with one minor exception, the boys didn't miss their parents. The minor exception settled down and like everyone else, had a terrific weekend when he found that his problem wasn't as big as he thought it was. Throughout the weekend, the Lazo Cubs were paired with their Juan de Fuca billets.

The weekend exchange began with a campfire and weiner roast on the beach. Saturday morning, saw the group on a tour of CF Ships, MacKenzie and Yukon. Lunch was served to the Cubs aboard ship, and if you don't think that impresses then you're not an 8 to 11 year-old Cub. Somewhere time was found to slide in an hour at Beacon Hill Park, just to run off a little of the ol' zip. Next stop was the Provincial Museum, where for the next two hours the Cubs had a look at yesterday. After supper at the homes of our billets, it was off to Sealand to watch the whales and underwater show. An unexpected tour of the Hatley Castle ended an extremely full day.

Sunday morning, the 1st Lazo Grey and Juan de Fuca Packs attended a church parade and then went for a tour and lunch at the Fort Rodd Hill Park. The return trip to Comox was accomplished with a short stop at the Nanaimo Big "M".

7th Juan de Fuca started the return portion of the exchange by delivering 19 Cubs, 3 Leaders, and assorted parents to the Comox Valley Cub

Camp. The cubs were paired with the boys they billeted with in Victoria, and were assigned to a "tribe" (cabin). Good Old Mother Nature looked like she was going to give the camp a rough weekend, but you never would have guessed it from the reaction of the Cubs. After dinner, we all set out on a Boundary Trek. The first night's campfire was a bit of a washout, but the Mug-Up in the kitchen more than made up for that. Cubs must have the largest collection of Shaggy Dog stories, probably more than anyone else in the world.

Lights out was attempted at 10:00 p.m., and at 10:30 p.m. and at 11:00 p.m. and again at 11:30 p.m. at which time the Leaders collectively gave up and went to bed themselves.

Wake-up was scheduled for 6:30 a.m. the next day, however, some Turkey from 7th Juan de Fuca, who shall remain nameless, decided that 4:00 a.m. was the time to be up. This unpopular move was aided and abetted by Chief Medicine Squaw (Scouter Rita) and her sidekick old Chief Geronimo (Scouter Mike). This pair ran amuck through the other Leaders tents until out of pure self defence everyone was up. Chief Night Owl (Scouter Pete) really couldn't believe this was happening and decided to take retaliatory steps. He then made his second mistake of the day (the first was getting out of his sleeping bag in the first place), that mistake was to insure that the Cubs lost their respect for him as a Leader, as a matter of fact in their eyes he became "Turkey of the Week". What Night Owl did to deserve this was to take the whole camp, sans Leaders to Brown's River and force a morning wash-up in that cold water.

Things quieted down and after breakfast it was off to the Base for a visit and to show the Esquimalt Cubs Buffalo, Labrador, Argus and VooDoo aircraft and to hear a briefing on 442 Sqn's operation. By the time we had returned to camp for lunch, the rain had all but quit. The afternoon was filled with games, handicrafts and building lean-to's. Part of the supper routine was that the Cubs in pairs would not only build fires for supper, but cook their own dinners. The dinner consisted of hamburger, carrots and potatoes wrapped in foil, and for dessert a baked apple. After dinner we continued with

some games and listened to nature talks from that great outdoors person Chief Crazy Horse (Scouter Wayne). The weather was suitable so we held a campfire outside but still had our Mug Up in the kitchen. After cocoa and a few songs, the Cubs needed no encouragement to climb into bed.

Sunday morning was directly the opposite to the previous morning. Chief Sitting Bull (Scouter Dave) had quite a time shaking the troops out and before long we were an hour behind in the schedule. Chief Pocahontas and Chief Hiawatha (Scouter's Deb and Pat) showed they were all able to adapt and panic all at the same time, and revised the schedule to fit the situation.

After breakfast it was back to the serious stuff of Taking the Fort and the Trail Game, interspersed with a smattering of handicrafts. The fun and games all had a motive and that was to provide the Cubs with an opportunity to gain their Woodsman's Badge. Before lunch the Cubs cleaned up and packed up the camp. The closing ceremonies saw the Cubs receiving a momento of the camp, a gift to the Camp Cooks and a Welcome Plaque presented to the 7th Juan de Fuca Pack.

As with any project that comes off, there are people outside the immediate packs who deserve thanks. In Esquimalt the parents of the Juan de Fuca Cubs and the personnel of the Mackenzie and Yukon. At Comox again the parents, the Base Transport Section, the Combined Mess and a special note to our cooks, Chief Frying Pan (June Banyard) and Chief Double Boiler (Dot Kern). One thing was brought abundantly clear that if you throw a bunch of 8-11 year olds together out of their normal environment, that they can adapt and get along without much trouble. If anything the time spent together was too short. Our thoughts when we left were not of goodbye, but of "till we meet again."



Gripe Department

The "Buck" stops here

Do you have a complaint against any B.C. Provincial Government department?? Do you know how to go about getting it solved?? The British Columbia Attorney-General, Garde Gordon, has introduced legislation calling for the appointment of a Provincial Ombudsman.

The task of the Ombudsman is to investigate written complaints of governmental and Crown Corporation departments on behalf of the public and to disclose the results of his findings. He may

obtain information for his investigations through meetings, hold hearings, enter the department under complaint, gather what documents he feels necessary, and may examine under oath such persons he feels may be able to supply information relevant to the case.

Upon reaching conclusions about cases under investigation, the Ombudsman may request the departments in question to take steps to rectify the situation within a certain time limit, or, to provide proposed corrective

action. Actions not satisfying him may be referred to the Provincial Cabinet and the full Legislature. While he does not have the power to enforce his recommendations, he can publicize instances where they are not carried out.

The Ombudsman is important within a democratic form of government to safeguard the individual against excesses and abuses.

The first Ombudsman was appointed in Sweden in 1809, and has slowly come into acceptance throughout the free world.

Computer System Refers Students To Jobs

BY FRIEDA LOCKHART

This year, for the first time, students working for the Provincial Government, have found their jobs through an innovative new computer system. In use by the Department of Labour's Provincial Seasonal Employment Program it matches a student's job skills and education with the hiring requirement of individual departments.

With this system, only a single application form now needs to be completed even when applying for more than one government job.

Specially coded application forms were distributed throughout universities and high schools earlier this year. Students are asked to complete standard questions on their previous work experience and to choose their major fields of study from a list that contains the basic arts and science subjects as well as the more unusual fields of Kinesiology, Epidemiology and Indic languages. Any special training skills can also be noted on the computer form.

The completed applications, forwarded to the local Department of Labour field project co-ordinator, are checked for accuracy and sent to a referral office in Victoria where the information is fed into the computer. The system will reject any application with an inaccurate social security number or from a person who is not a resident of

B.C. Provincial government departments are expected to fill nearly 4,000 jobs this summer through the student referral system. Personnel officers who submit job requests outlining the type of person required and their educational and work background are sent a print-out of students in the computer's data-bank. Giving preference to local people wherever possible, government departments then hire their summer students from this list.

Students who fill jobs regularly held by members of the B.C. Government Employee's Union are paid a component wage while other students are paid on a scale graded to their educational level.

In the Comox Valley, 20 jobs with the Provincial Government have been filled through the student referral system so far this summer. Students wishing to complete application forms can get them from Margaret Zelman, at the Student Placement Centre, at 576 England Ave. in Courtenay.



200-mile limit

The Canadian Government has announced that effective 1 January, 1977, the fishing zone will be extended to a 200-mile limit.

With the extension will come an increase in the area and frequency of fisheries patrol to approximately twice the present coverage. The patrols are carried out by the Fisheries & Marine Section of Environment Canada with the assistance of the Canadian Armed Forces. At present, DND provides almost one-third of the total coverage. Plans call for location and identification of every fishing vessel within the limit at least once per week with more frequent patrols over key fishing areas. The special Fisheries & Marine budget sets aside \$4 million for 1976-77 to cover the current and planned expanded coverage.

The Fisheries & Marine Service fleet encompasses about 600 vessels of various sizes and is growing. Scheduled to enter service this year is the 205-foot, "Cape Roger". This ship will have special de-icing equipment for operations in severe conditions, has a speed of 16.5 knots, and will carry a modified Bell Jet Ranger helicopter for greater surveillance. As well, two 120-foot, aluminum, high-speed patrol craft will be added to the Atlantic fleet. The Canadian Armed Forces will also increase the number of patrols carried out by their ships.

Surveillance from the air will also be extended, and outside of a small number of effect, the Argus and Tracker all of the coverage. Additional Trackers have already been removed from storage and will be modified to make them better suited for fisheries patrol work. It is expected that coverage of the patrol areas will exceed 4000 flying hours per year.

The Aeromedicine branch of the CAF is looking into the possibility of providing each pilot on fisheries patrol with a second pair of eyeballs to aid him in such flights. (Col. Steve Austin, eat your heart out!!)

With the importance of Canada's fishing industry, inspections of foreign vessels and their catches will become even more crucial under the new scheme. In 1975, inspections were carried out on 453 foreign fishing vessels and 48 violations of international fishing agreements found. The extension to 200-miles of the territorial fishing limits will see an increase in the number of inspections and, no doubt, the number of violations found.

Classifieds

FOR SALE: Boat trailer - 12 inch wheels. Take up to 17 ft. boat. Phone 339-3512, or loc 348.

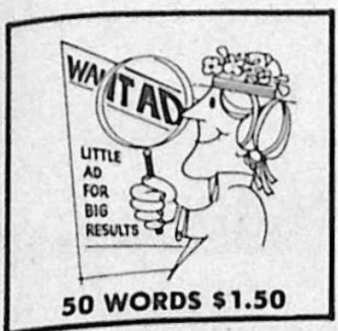
FOR SALE: Twelve foot: aluminum boat and 5 h.p. air cooled engine. \$350.

Set of bunk beds, slat springs, no mattress \$25. Ph. 339-4347.

FOR SALE: Hard top tent trailer, table, bench seats and heater. Sleeps six. \$850, or best offer. Ph. 339-3448.

FOR SALE: Coldspot 10 cu. ft. refrigerator; 35 lb. freezer, meat keeper, and vegetable crisper. \$75.00. Ph. 339-5796 after July 4th.

BABYSITTING I will babysit in my home days or evenings; children over two years. Ph. 338-6335.



CF-100 GETS NEW HOME. Top NORAD officials sign a transfer certificate accepting a CF-100, May 27, for permanent display with NORAD's other veteran interceptor aircraft at Peterson Field, Colorado Springs. Left to right are Lieutenant-General Richard C. Stovel, Canadian Forces deputy commander-in-chief at NORAD headquarters; Major R.A. Willhauk and Lieutenant-Colonel E.G. Francis, crew from 414 Squadron, North Bay, and NORAD commander-in-chief General Daniel James, Jr. Gen. Stovel presented the aircraft, one of three CF-100's on display outside Canada, to Gen. James, saying it is an "expression of international friendship, and is especially significant in this, Colorado's centennial year, and during the commemoration of the U.S. Bicentennial." CF-100s first were introduced into the Canadian Forces in the early 1950s as a long-range fighter interceptor. It was replaced in this role in 1962 by the F-101 Voodoo. It now is used in counter electronic measures training by Air Defence Group.

22nd NORAD Gets A-1 Report Card

NORTH BAY, Ont. (CFP) - The 22nd North American Air Defense Command (NORAD) Region headquarters here recently achieved full marks in an operational assessment by a NORAD Command Mission evaluation team.

The week-long exercise put 22nd Region headquarters through its paces in a long list of responsibilities, calling on all the resources of Maj.-Gen. William H. Vincent of Vancouver, commander of the Region, and the nearly 5,000 servicemen and women who serve at various bases,

stations and units within their 2-million sq.-mi. area of responsibility.

Col. E. H. Oechsle of the U.S. Air Force, director of 22nd NORAD exercises and evaluations at North Bay, said the purpose of the evaluation was to exercise and analyse NORAD operational procedures.

"The aim is to establish a training program, in line with the overall mission," he said.

"I feel we were rated fairly in this exercise ...the Region performed well, and in line with normal operations."

Its surveillance stretches from the North Pole to the Great Lakes and from the Yukon to the Atlantic. Its missions include detecting all objects that come into NORAD air space over that area, determining their intent, and destroying them if necessary.

Included in the region, largest in NORAD, are 10 radar sites strung along Northern Canada, and squadrons of 1,200-m.p.h. CF-101 interceptors at CFBs Bagotville, Que., and Chatham, N.B.

The Bathtub Race

by Ginnie Beardsley

With fancy bathrooms elevated to the position of status symbols, it is only fair that the bathtub should come out in the open and take part in the world of sport. On the third Sunday in each July, the tub does just that, in impressive numbers, as Nanaimo's "Great International Bathtub Race" takes off from the Hub City's harbor and tubbers wallow their way across the Strait of Georgia towards Vancouver's Kitsilano Beach.

There'll be many a spill enroute (in last year's race, nearly half of the 200-odd "tubbers" took an unintentional bath in the briny and had to be hauled aboard their escort vessels to watch the race from the sidelines). But it all adds to the laughs, and laughs are the object of the exercise.

The zany idea of having a bunch of nuts try to navigate the 34 miles (50 kilometres) in "something like a bathtub" was the brainchild of a real estate salesman named Glen Galloway during the Canadian Confederation Centennial year of 1967 - when every city, town, village and hamlet was scratching its collective head to try to come up with something different to call attention to itself.

Galloway's boss, Frank Ney, a man with a real flair for publicity who has since been seven times mayor of Nanaimo and served one term in the provincial Legislature, latched onto the bathtub race with gusto. By the time he and his committee (soon named "The Loyal Nanaimo Bathtub Society") had added embellishments and spread the word, over 200 bathtubs had been entered for the event, and it attracted television, magazine and newspaper coverage - not only across Canada, but in the U.S. and Britain, as well.

Before even the first race had been run, it was obvious that the idea had caught on too well to be limited to a one-time shot. The big spoof became an annual event, and Nanaimo was able, with some justification, to call itself not only the Hub City of Vancouver Island, but the Bathtub Capital of the World.

All craft must be built around either genuine metal or porcelain bathtubs or reasonable facsimiles

(fibreglass or plastic tubs moulded from real "working bathtubs"). Maximum horsepower of six is allowed for the outboard powering of each tub, with motors up to seven and a half allowable if "modified" to be within the limit.

Every bathtub must have an escort vessel of a minimum length of 14 feet (four and a half metres) - a rule which is the chief limiting factor in the number of entrants. There is always a shortage of power boat operators willing to get into the act, never a shortage of bathtub hopefuls. The escort vessel must keep "it's" tub in sight at all times, but must not push or pull it - although it is perfectly legal (and good bathtub strategy) for the "tubber" to ride in the wake of the escort. Extra fuel (for both the bathtub and its pilot) may be carried aboard the escort boat. However, some of the most successful bathtubbers prefer

to run the race on empty stomachs and eschew seasick pills as likely to lead to drowsiness.

Despite world-wide publicity and entries from as far away as Sweden, Australia and New Zealand, the Great Bathtub Race itself remains as strictly amateur sports event, with prizes limited to tub plugs, toilet plungers and other bathroom-related pieces of spoofery.

Although waters of Georgia Strait are likely to be at their calmest during July when the race is run, and tides are of course predictable, winds and waves can play funny tricks at times. Thus times for crossing have varied greatly from a long three hours and 26 minutes for the first race in 1967 to the one hour and 49 minutes record Dave Lyle established in 1972.

(This Travel B.C. story is one of a series prepared by the British Columbia Department of Recreation and Industry.)

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