



TOTEM TIMES



MIRACLE OF SCIENCE - OLYMPIC FLAME BOUNCED OFF SATELLITE

VOL. 18 - NO. 11

CFB COMOX TOTEM TIMES THURSDAY, MAY 27, 1976



OPEN HOUSE ATTRACTS 10,000. (For picture story see page 5).

Base Photo

RMC Gets Queen's Colour

OTTAWA — The Right Honourable Jules Léger, Governor-General of Canada, presented a new Queen's

Color to Kingston's Royal Military College of Canada, at a ceremonial parade on Parliament Hill at noon, May

13, as part of the college's year-long centennial observances. About 400 men took part in

the presentation ceremony. The parade included 320 cadets, under cadet Wing Commander Michael Maisonneuve, 22, of North Bay, Ont., with deputy cadet Wing Commander Paul Amyotte, 21, Dartmouth, N.S.

The parade regimental sergeant-major was cadet wing training officer James Uchiyama, 23, London, Ont.

Music for the parade was provided by the RMC Pipes and Drums under cadet wing Bandmaster Neil Anderson, 22, Niagara Falls, Ont., and the Vimy Band of Kingston, under Capt. Maurice Ziska.

The ceremony included salutes to the Governor-General, a piling of drums, consecration of the new Queen's Color and a parade marchpast in slow and quick time with massed bands.

RMC's 100th anniversary, is to be celebrated officially June 1, 1976. During the past century, RMC has produced many distinguished officers for the Canadian Armed Forces, as well as those of Britain and other Commonwealth countries.

This year it will graduate 208 cadets, in addition to 16 other officers and men on special studies from the regular force. It is the largest graduating class in RMC's 100-year history.

Deputy Chief Named

OTTAWA — Defence minister James Richardson has announced the promotion of Major-General Hugh McLachlan, 54, of Lethbridge, Alta., deputy chief of the defence staff (DCDS), to the rank of lieutenant-general, effective July 1.

Gen. McLachlan became the DCDS when Lt.-Gen. William K. Carr, who had held the appointment since May, 1972, moved to Winnipeg to assume command of the Forces' Air Command last summer.

Gen. McLachlan enlisted in the RCAF in February, 1941, and with the RAF as a fighter pilot during campaigns in North Africa and Greece, and was awarded the Distinguished Flying Cross.

After the war, he served with the air force in Canada and with NATO forces in Europe.

In August, 1965, he was promoted group captain and appointed director of

management engineering.

He was promoted to his present rank in June, 1971, and appointed commander of Air Transport Command, Trenton, Ont., in May, 1972.

He was appointed chief of air operations, National

Defence Headquarters in July, 1974.

His duties include responsibilities for continental and international planning, co-ordination of sea, land air operations and resource management.

Generals To Visit

Lieutenant General D. G. Munn, Inspector General USAF, and Brigadier General W. P. Comstock, Inspector General Air Defence Command, ADCOM, USAF will visit CFB Comox during the first week of June while the Capability Inspection (CI) is being carried out.

In his position as the Inspector General of the United States Air Force, LG Munn is responsible to the Secretary of the Air Force and the Chief of Staff for the optimum effectiveness of the USAF inspection, safety, law enforcement, security, investigative, counter-intelligence, and complaint programs, to ensure that Air Force resources are effectively and efficiently managed for the sustenance of the Air Force peace keeping and the fighting capability.

BGen Comstock is responsible for the CI Team. Colonel W. E. Cosner, Director of Nuclear Security USAF and members of his staff will arrive with Lt. General Munn in conjunction with the CI 3-4 June 76.



EDMONTON — SKYHAWK SOMERSAULT. Two members of the "Skyhawks", the Canadian Forces Parachute Team, practise free-fall manoeuvres here in preparation for a Canada-wide tour. Master Corporals Howie Kochanski, left, and Bill Greenshields, plus nine other teammates are performing at air shows and exhibitions in 21 communities over the next five months. The Skyhawks are members of Edmonton-based airborne units. (Canadian Forces Photo)

Efforts Recognized

NCO To Get Award

Government House announced on May 21st, Master Corporal Bill Wacey is to be decorated with the Star of Courage for his bravery in rescue operations on Easter Sunday 1975. He will be decorated by the Governor General at an Investiture which will be held later on at Government House.

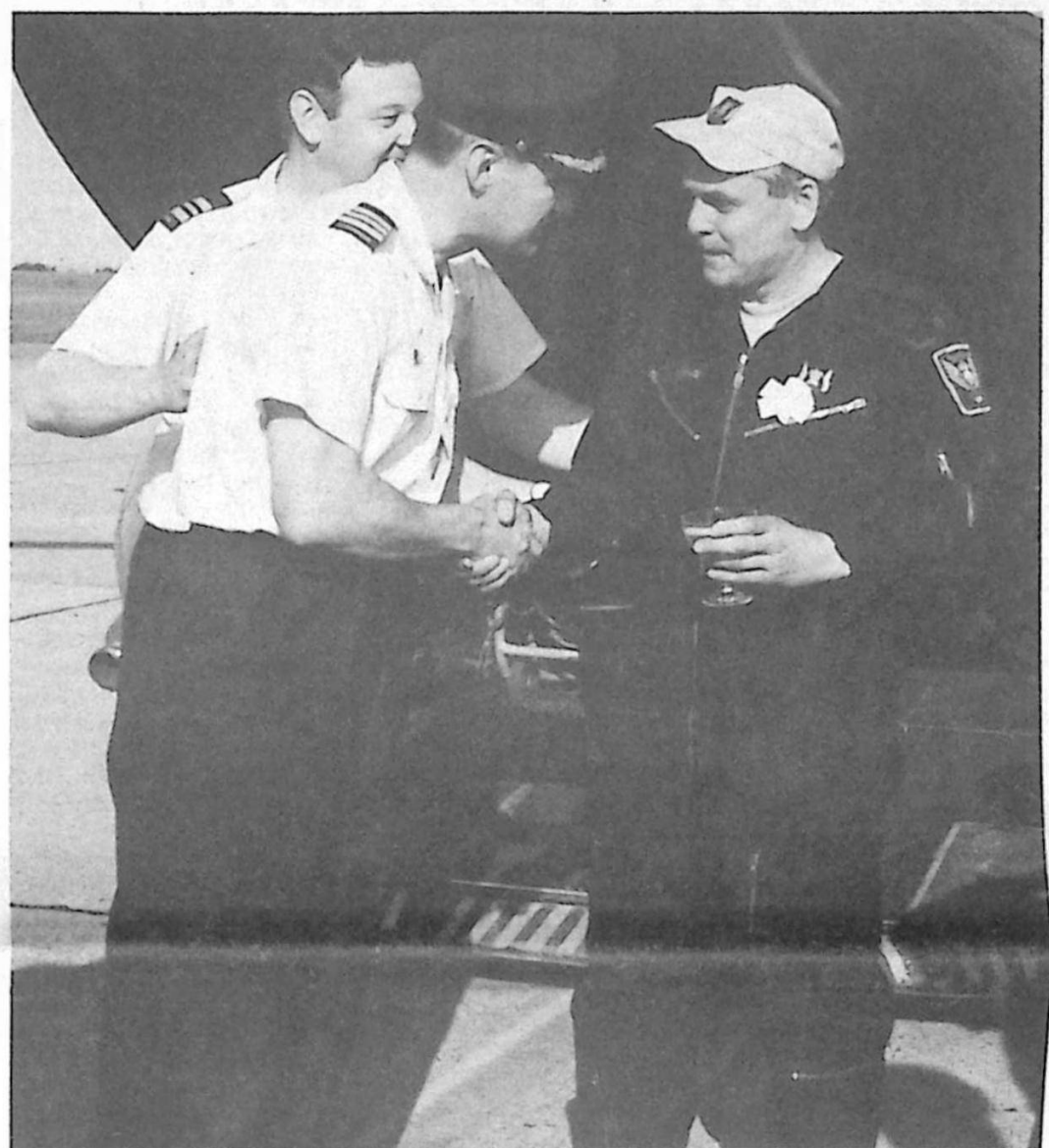
The citation reads as follows:

"For more than thirteen hours Master Corporal William Wacey of CFB Comox, British Columbia was subjected to intense physical strain and the risk of serious injury while undertaking the rescue, from a helicopter, of several survivors of a windstorm which swept the Straits of Georgia in British Columbia on 30 March 1975. A number of vessels had capsized. When answering the first emergency, Master Corporal Wacey was lowered on to a sailboat in winds of 70 m.p.h. Whilst hoisting one of the four victims, the rescuer was slammed against the hull of the vessel and incurred electrical shocks and bruises. In another incident the deck was significantly smaller, and Master Corporal Wacey was accidentally dipped into the swelling sea, but he valiantly carried on nonetheless and lifted four other persons to safety. En route to hospital Master Corporal Wacey administered first aid to the victims and then promptly

returned to the scene of the disaster. Casualties were subsequently found on the shoreline and the mainland

and with unceasing determination Master Corporal Wacey and the crew repeatedly landed

their aircraft under the most adverse weather conditions to complete the operations."



Base Photo

MASTER CORPORAL BILL WACEY IS congratulated by Major Les (Ozzie) Osborne and Lieutenant Colonel Len Jenks.

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On Coastal Patrol

PM To Get Sea Time

The Right Honourable Pierre Elliott Trudeau will accompany HMCS Restigouche on a weekend routine surveillance patrol on West Coast waters.

Major Denny Ryan, Regional Information Officer informed the Totem Times: "The Prime Minister will embark at Queen Charlotte City early Saturday afternoon for a 24 hour passage to Powell River. He will be accompanied by his wife, Margaret, and two sons, Justin and Sacha and an entourage of five.

"The group will disembark at Powell River at 1300 hours on Sunday, May 30, for a civic reception. They will then proceed by chartered aircraft to Port Alberni where the Prime Minister will take part in ceremonies closing a youth festival."

The Prime Minister's visit aboard HMCS Restigouche is part of a West Coast Tour in conjunction with the official opening of Habitat in Vancouver.

AIB CF Rep

OTTAWA (CFP)— Top public affairs adviser to the defence department, 51-year old Brigadier-General Lloyd C. (Mo.) Morrison, has been seconded to the federal government's Anti-Inflation Board in the rank of major-general, as director-general of their communications branch.

He will report directly to the board's chairman, Jean-Luc Pepin.

Since Sept., 1973, he has been serving at National Defence Headquarters as director-general information, reporting to the minister, deputy minister and chief of the defence staff.

Appointed acting director-general is Colonel Jean Boulet, 45, who has been director of information services at NDHQ since Nov., 1973. The DG Info organization also includes the directorate of parliamentary affairs, the directorate of exhibitions and displays, and regional information offices across Canada.

Gen. Morrison, a Second World War bomber pilot, has more than 30 years' service, and began his career in the information services field in 1958. Since then he has served in Ottawa, Colorado Springs, Toronto and South Vietnam.

Col. Boulet began his career with the RCAF in 1949, transferring to the RCAF public relations branch in early 1960. Since then he has served in Cyprus, Vietnam, St. Hubert, Que., North Bay, Ont., and in Ottawa.

From 1965-67 he was the public relations coordinator for the Canadian Forces' Centennial Tattoo.

Eagle River To Get Bridge

VICTORIA — The Canadian Forces will undertake a second major project this year in opening the Northwest Territories to road travel from the south.

A 2.2 million dollar, 300-foot single span "through truss" bridge will be built along the Dempster Highway, over the Eagle River, 10 miles south of the Arctic Circle.

When the Dempster Highway is completed it will make road travel a reality between Whitehorse and Inuvik, near the chilly shores of the Arctic Ocean. It's the second bridge to be built by the Canadian Forces in developing Canada's North. The George A. Jeckell Bridge, also on the Dempster Highway, was constructed over the Ogilvie River in 1971.

The Eagle River Bridge construction will commence next July. In effect, the Department of Indian and

Northern Affairs is the "client", the Department of Public Works, "designer and engineer", and the Department of National Defence is the "contractor".

A unit of 1 Combat Group, Calgary, 3 Field Engineer Squadron of Canadian Forces Base Chilliwack, B.C., will build the bridge in three phases. They will include the construction of a base camp and bridge abutments, July - December, 1976; the erection of the superstructure, January - April, 1977; and welding of the bridge deck, construction of the approaches and the camp close-out by July. The major contractor for fabrication of steel is Bridge and Tank Company Limited, Hamilton, Ont.

The bridge will have a pile superstructure and a welded steel deck. The superstructure will be assembled in

place and supported by falsework piers placed directly on the river ice. The cranes employed in the project will also work from the ice.

Project Officer is Lieutenant S.M. (Steven) Irwin, 26, of Sackville, N.B. 3 Field Engineer Squadron will employ approximately 50 personnel on site at any one time, with augmentation from throughout the Canadian Forces. Crews will be rotated every 10 weeks, and in most cases individuals will be a total of 20 weeks on site. The project crew will initially live in tents but will move into a winter trailer complex toward the end of August.

The site will be resupplied weekly by road, and a forward detachment from 1 Combat Group will locate in Whitehorse to provide administrative support.

A FIRST

The following information concerning a former Miss CFB Comox (and Miss Totem Times) was gleaned from the CFB Chilliwack Mountaineer.

On 22 Apr. 76 Pte (W) M. E. Jacobi graduated as a Structures Technician TQ3. Pte (W) Mary Jacobi is the first servicewoman to enter this construction engineering trade. The STR Tech instructors at CFSME are proud to introduce her as a member of the CME family and are quick to point out that she is as good or better than her male peers.

Pte. Jacobi never took advantage of her circumstances and she herself would be the first to ask for anonymity.

To mark the occasion of the first female Structures Technician to graduate from their course, the section instructors presented her with an engraved hand saw.



Base Photo

PONGO POWER - With Air Ops badges flashing, 442 squadron senior officers take on a cunning Captain in a Desert Fox ("Grunt") environment. (L-R) Major Carl Smith, Captain Erv Hamilton, Major Mike Anglesey, Lieutenant Colonel C. B. Lang and Major Ozzie Osborne.

442 Sqn. Rescuebits

On the 6 May, 1976, a light aircraft left Calgary, Alta., for Nanaimo B.C. without filing a flight plan or a flight note. The trip was completed without incident and while enroute the pilot talked once to Penticton Air Radio.

On the 10 May, 1976, after refuelling in Nanaimo the aircraft flew for 35 minutes and landed at Abbotsford for the night. The next morning the pilot called Air Radio and asked if the tower was open and the reply was negative. The aircraft was observed taxiing out and took off at 0742. Air Radio called after a couple of minutes and asked if the aircraft was clear of the Abbotsford area. The reply was "Yes". That was the last contact ever made with the aircraft.

The aircraft had departed Abbotsford for Calgary without flight plan or flight notification or without informing anyone of the route he might follow. When one of the passengers of this aircraft failed to show up for work on Wednesday Morning, 12 May, the first indication the aircraft was missing was

received at RCC Victoria. RCC immediately commenced a communications check and organized an aircraft to do a high level ELT search of the entire area.

When the communications check and the ELT search proved negative a full scale search was ordered. A searchmaster, Capt. Bill Olendy, with assistants Capt. Wayne Fisher and Capt. Doug McQueen were appointed and search headquarters was established at Penticton, B.C.

Where to start searching? Friends of the pilot were unable to provide information as to a route he might take. Highway No. 1, Highway No. 3, direct, via USA? Once plotted out, the area covered more than 50,000 square miles of rugged, mountainous terrain and that didn't include any area south of the border.

Wednesday, 12 May, was spent flying the highway routes and getting other search aircraft in position. Thursday, 13 May and Friday, 14 May, nine military and up to ten civilian aircraft flew the valleys and passes of possible routes the missing aircraft

might have taken. Friday night, after all searching was done, the search maps revealed that most valleys and passes had been transited by search aircraft in hopes of locating signs of survivors. To search them thoroughly would require at least another week. The high country and mountain peaks had yet to be touched. What to do next? Continue like the last few days? Concentrate in one area? Split the forces?

Saturday, like any other search day, started at 6 a.m. Briefing crews by phone if they are not in town and talking to the local crews, and organize the civilian aircraft. 9:00 a.m. all aircraft airborne, now plan the afternoon's activities and formulate tomorrow's activities.

Labrador helicopter 303, piloted by Capt. Bob Goldie, reports that he has located the missing aircraft 15 miles east of Hope in the Coquihalla VFR route. There are no survivors. Now to notify the next of kin, prepare press releases, recall aircraft, try to unwind and clean up the details.

407 Tech Ramblings

FROM THE HEADSHE

It seems an impossible task to keep the upper echelon happy when it comes time to getting Tid-Bits for the local paper. We no sooner arise from the typewriter for the latest issue, and it is time to sit down again.

Well, as we promised last issue, there is an overwhelming amount of stories of the "Biggies near caught" and the "actuals".

This writer set sail Sunday morning and spent four hours washing every lure in his box, and I can honestly say that not a fish did bite.

However, tales have it that some individual fishermen have acquired the knack, and are catching their limit. When asked what they contribute their success to; the answer most obtained is "It's a secret, and I cannot tell you". What really is frustrating is the STechO followed me around and ended up limiting out. My honest opinion is that "Rank has its privileges" and fish would rather be gracing higher paid tables than mine. (Actually, I hate to throw

rotten eggs, but wait for our upcoming Derby!)

Mr. Mitchell is still talking about the fish he caught last year, as the weather seems to be taking its toll as far as he is concerned. Although I feel that he still does not trust the sea worthiness of his new boat, as he has been getting less takers to go out with him.

Many course reports pass through this office and, lately, on an Airframe Course held at CFB Greenwood, Cpl. Stacey achieved a record mark of 99 per cent, the highest mark ever obtained since the formation of this training. Congratulations from the STechO Branch.

The 19th hole seems to be the best watering hole on the Base, and if you happen to sit around and observe, you can certainly see the reasons why so many good games of golf are obtained, over a few. When this reporter asked one of our ardent golfers how he made out, the answer was, "I got four birdies (crows), one eagle and two deer!" Actually if you stay in the middle of the fairway, you have very little

danger of getting struck by a flying ball or club.

"Old golfers never die, they just lose their balls" is not true as Ron Mitchell won two balls for 5th low gross and Marc Legault obtained six for low net.

Our clerk typist received a phone call asking if she would like a coffee-maker brought back from a recent trip. On return, she was disappointed to hear that not enough monies were available at the time. Could it be that the Massage Parlors have upped their fees this year? She felt sure her "Junior Lt" would come good with his promise, oh well, maybe the next time.

Well, the weather has really been exceptional lately, and if it remains as such, this article may not be on time. Have a happy VOLSAREAS!!

AVIONICS SERVICING

A very busy time here at the "Black Box Section", what with Norpats, South Trips, South-West Trips, Trainex and Adventure training. Cpl. Sturdy has gone to the other

side of the hangar - the one with the pointed end of the aircraft at the front; MCpl. Folliot is just back from the "folded-wing" course in Shearwater; MCpl Wilford back out to the MAD Shack (couldn't hack the pressure in servicing!) MCpl. Jorgenson to One crew and Cpl. Keenan

off to ZX for a little "Brain-Straining".

Here are some little tid-bits from the above mentioned trips:

From the South-West trip we hear that a Toyota Sirbrau and five adults have a basic incompatibility and there is

(Continued on page 3)

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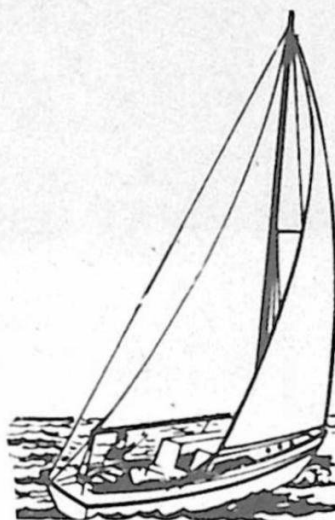
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LCOL C. B. LANG, CO of 442 recently did the honors when he presented a "Good Show" Award to MCpl. Len McCormack (now at 450 Sqn., Edmonton), and Cpl. Ron Burnell, who received his CD.

Nighthawks Nest

To paraphrase a grade B Hollywood movie. "If it's Sunday this must be the Q". Yes, there is Miss May vying for my attention as I'm churning out this week's latest collection of rumors, gossip and the odd sprinkling of truth.

The highlight today, of course, was Open House. Being locked up out of harm's way, I have nothing but praise for everyone, directly or indirectly involved, who helped make it successful. Our Base does an outstanding job day in and day out and it was a pleasure to demonstrate it to our civilian friends. Special thanks should also go to the bodies from outside the Base participating in a very exciting air display. They certainly helped make the day.

Last paper, we mentioned the fearless aviators in the Voodoo 4 plane but forgot to mention the T-Bird formation. Ron Breeden led it because he's what's in charge of the T-Bird flight. Officer Adlard flew on the left wing because we wanted a token fish head on the right wing because he cried and snivelled and because he's a good driver. Finally Orv Malcomson sat in the box and did the solo because he's the only guy in the Squadron who can wrap his tongue around the pole to help keep the high 'G' load on.

Young ex balloon Reith did the golden voiced commentary for the air show and is already waiting for contract offers from the CBC. To pass the time he's been busy practising telling dirty stories around the coffee room.

The other noteworthy event of the past fortnight has been our Squadron survival. Seeing the troops were split up into two groups, everyone only got to see half the animal show. It's probably just as well since the human mind can only stand so much at any given time. It must be said though that John Bouchier, Wally Muzychka and George Meeling stole the show with their antics. Unfortunately Ron Hallstrom and Bob Lamb

missed the rigors of training as they were stuck with a sick bird in Colorado. Something about forgetting how to start it, is the way it came out. Tom Potter brought the most useful bit of gear out to the camp. It was a combination exerciser, noise signaller, and all around toy. On better days it should even cut wood, but only when the motor is running. The collected entourage was fortunate to get lessons in seamanship from Uncle Joe, Orville and Jock Campbell. We learned what makes anchors float, how to navigate by the stars, and Jock showed everyone how to hit every rock sticking out of the water within 2 miles of camp. Charlie Gladders failed Mess Dinner but certainly passed telephone calling.

WHY NOT?

recognize that you may be a litterbug; use litter receptacles; take your garbage home if receptacles are full or if there isn't one;

contact your council and ask them to provide litter receptacles if there are none or not enough in your community;

tell others about their littering habit (Be vocal, express your disgust. Remember littering is anti-social);

re-use and recycle whenever you can. (Buy re-usable containers and return them); refuse to accept unnecessary double wrapping. (Find out why certain goods are over-packaged. If there's no good reason for the excess then object to the manufacturer); ask your municipal government to pass and enforce litter laws in your community; and vote "yes" to spending money on pollution control.

On to other things. Bart the Wick and Kent Smeardon are away in the 28 per cent province on the AWIC Course. I can understand Kent going because he's pretty smart and can handle the program; but I hope Bart doesn't think they're going to teach him lock-on techniques.

Trev Wallace is in Borden on the SIT Course. A certain requirement for his upcoming tour in Training Command. I know he'll like that course because it has no exams and three messes to

drink in. Hang in there Trevor, it's only your liver. Frank Martin has returned from the ICP Course in windy Winnipeg. His first official duty was to pick up Pat Todd in Tacoma on the weekend. He got there and back all right without getting lost or violated, so he must have passed the course.

Black Mac came in on the Here for Armed Forces Day. No, he did not fly in the show he just rode "Joy-fully" to get his car.

John Malley is back for

good, but not for long, from his French course in Edmondchuck. To make full use of his 6 months training he is going back to Shearwater on the Wop-Wops. Well you can take the boy out of the navy, but not the navy out of the boy. Or to put it another way - dummy.

Finally to wrap it up for this week, I've been asked by our resident Gourmet, George Kulka, to inform the world that fish and parsley go together extremely well.

See you next paper.

Mushroom Mutterings

Here's the latest from the 442nd Tourism and Recreation Squadron.

It never rains but it pours, or so the saying goes, and it rang true for the Mushroomers two weeks ago. After months with little or no search activity, the phones started jangling, and there were airplanes and people bashing the skys from Prince George to Vancouver for one short day, then off to Pen-ticton. Since then, things have been relatively quiet. So, two weeks ago, the Fungus faithful gathered at the links for a few holes of golf. When the dust had cleared and the turf was replaced, the scores and standings went like this: 1st low gross, Denny Killier (77); 2nd low gross, Ron Carter (78); 1st low net, Len McCormack (70); 2nd low net,

Harry Ellis (73); 3rd low net, Doug Mann (76); and 4th low net, Dick Brooks (76.5). Longest drive was hit by John "Sluggo" Gailey (who probably used a softball), closest to the pin was Denny Hillier, and the "most honest golfer" prize went to Yvan Valiquette, who lost count after 200 strokes.

Another "Fungus Fixture" is being taken off the inventory, now that Rick Bryson has been posted to Shearwater. When asked what he thought of the move, (after more than 10 years at Comox, Rick was heard to say "I wonder if I qualify for a Mushroom Man."

And now for a fish story to end them all. It seems that ace rigger "Fast Eddy" Kostyk was out on the chuck with his partner (who shall remain anonymous), and was

using his brand new rod and reel for the first time. And as luck would have it, he hooked a salmon to christen his new gear and joyously reeled the fish in to the net. His partner bashed the fish a good one and pronounced it dead. Then just as Eddy was removing said prize from the net, the boat lurched, Ed let go, and poor old fish slid quickly and silently beneath the waves, as Eddy watched in stunned silence. This is the first recorded "burial at sea" known to have been recorded in the Totem Times. Suitable words were spoken at the unplanned ceremony.

Don't forget the Spring Fling coming up this Friday evening (the 28th) at the Totem Lounge and the big Stag planned for the 4th of June.



Base Photo

"WAKE UP, SIR!" says Capt. Erv Hamilton as he receives his silver tray from LCol Lang. Capt. Hamilton has retired from 442 Sqn. to start a charter helicopter business in Alberta.

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Ramblings
(Continued from page 2)
sore kneecaps around to prove it. From Trainex the knowledge that motorbikes and the left-hand side of the road don't mix for us North Americans; re the Norpat - don't get caught in one while the Governor-General is touring the North; from down South, advice - be careful of BULOVA watches spelt with an "E", and last but not least, Adventure Training - a great experience but wouldn't want to do it for a living.
Appropo Adventure Training, our heartfelt thanks to all who co-operated so wholeheartedly, especially the Combined Mess Staff and the MSE Section.
Until next time when we can report on Habitat as seen from the driver's seat - So Long!

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This rugged Honda 4-stroke single is light enough to make it easy for any rider to handle on dirt roads and trails, around campsites, beaches, etc. A machine that's really a pleasure to ride off the road, with plenty of torque. This fierce bike is a really tough single, just right for trail riding. Quiet muffler/spark arrestor is up-swept for added ground clearance. Dual purpose bike can also be used on street. The wide ratio 5-speed transmission provides just the gear you need for either type of riding, off road or on. Plus famed reliability from Honda, the world's biggest.
XL 175
HOLIDAY MOTORCYCLE CENTRE
3080B Comox Road, Courtenay, B.C. Phone 339-5112

\$500 HOMEOWNER GRANTS AVAILABLE ON THESE MOBILE HOMES
New, to be set up at Falcon Park in Lazo, 12 x 68' 3 bedroom and 12 x 60' 3 bedroom Brittany Homes. Avail. early April. Phone 338-7141.
\$1,000 HOMEOWNER GRANTS AVAILABLE ON THESE MOBILE HOMES
Office opening April 21st on Puntledge St. (Behind Comox Valley Ford) in Courtenay.
Also, see us if you are moving to Parksville or Nanaimo.
Plateau Mobile Living Ltd.
Box 3177, Courtenay
Ph. 338-7141
Dealer Lic. No. 00779A



TOTEM TIMES

Published every second Thursday, with the kind permission of Col. R. L. Mortimer, Commanding Officer, CFB Comox.
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EDITORIAL

From The Fur-Lined Foxhole

The collapse of the Lockheed Orion contract has dealt a severe psychological blow to the Canadian Armed Forces, particularly to the Air Force.

After several years of manpower and financial acts, while other government departments were spending quite freely, we in the CAF were led to believe that we would finally receive much needed financial attention. Accordingly, the defence budget was recently increased and arrangements made for the purchase of much-needed equipment. The Orion contract was to have been merely the first of several large and important purchases. The collapse of this deal has cast doubts on the program as a whole; on our ability to order our own affairs; and of the governments desire to adequately equip the Armed Forces.

I understand however, that the money budgeted for the LRPA will still be available. The Lockheed LRPA is dead but supposedly the project will go forward. According to press reports there are several other proposals and options that are now being considered. A quick decision has been promised. Nonetheless some delay must be anticipated.

What I fear most now however, is that, in an attempt to save precious time, some quick, seemingly advantageous solution will be found. A solution in which we get new or re-furnished equipment that has not been designed for the role. Equipment which we will have to adapt, modify and suffer with for several years. I suspect that no matter how fast some new contract is

agreed upon we are talking of a delay of years until this equipment is actually on Squadron.

Save for those on the other side of the Iron Curtain, there are no winners in this affair. Several years of planning and negotiations plus several millions of dollars have been lost.

We must excuse our Allies if they again express their exasperation at our ineptitude. Rightly or wrongly they will once again express their frustration at our delay in defence matters. Again they will stress our importance to the Alliance. Again they will urge us to re-equip our forces. Hopefully, we will listen and act upon their pleas. Hopefully this will not close their ears to our desire for some sort of "contractual link" with the Common Market.

While there have been solid indications that our department has been given a higher priority in government priorities, this imbroglio certainly gives us further cause for concern.

It is very difficult to feel and be positive on this issue, but positive we must try to be. There are some positive points. Should Lockheed actually go bankrupt then the Government will look good indeed. It will not have thrown good money after bad. It will have saved hundreds of millions of dollars of taxpayers money. This could occur. While some 32 million has, I believe, been spent, some can, I understand, be recovered in the form of patent rights. "Our" avionics package could eventually be included in a new generation of ASW aircraft.

All in all we deserve better, much better.

Oh well, back to the old foxhole.

Why Do I Have To Pay?

Many people have asked this question. There is a feeling that a \$3.00 fee to fly to Vancouver is too high when you can fly to Halifax for the same price. Why am I charged \$3.00 when I do not get a meal? These questions are reasonable and should be answered. In this article we will explain why you are charged a flat fee no matter how far you travel or whether you are served a meal.

Under the old priority 5 system (space available) you were only charged for meals served on a flight. In those days there was no charge to fly priority 5 from Comox to Vancouver. When our pay was compared with others in the Public Service in 1972, the privilege of flying on service aircraft was listed as a benefit we had over other members of the Public Service; hence, our pay was reduced by this benefit factor. Prior to the introduction of the current

Priority 5 (space available) system a number of detailed studies were completed to see who used the priority 5 system. The results of one of these studies was that only about 20 per cent of the service members used the space available system. It was also found that servicemen who were not stationed near an enroute stop rarely used the space available system. In summary, the conclusions were that everyone was drawing less pay for a benefit

that not everyone was able to take advantage of.

Treasury board agreed to increase our pay by this benefit factor if a fee was charged for space available service air travel. The three main principles involved in establishing a boarding fee for space available travel were sufficient revenue to satisfy the Treasury Board, only two rates for simplicity of collection and administration; and low enough rates for everyone to afford. From these principles evolved the \$3.00 boarding fee for domestic (Canadian) flights and \$5.00 for International flights. It is also worth mentioning that if you are travelling authorized Compassionate Service Air travel you are not charged a boarding fee.

The current priority 5 system with a boarding fee has given us all pay instead of a benefit with no charge for space available travel. The fees are low enough to enable all members of the forces to use space available air travel at an extremely reasonable rate. There are no plans at this time to change the current system and we in Comox will continue to pay the same fee for Vancouver as we do for Trenton or Halifax.

Firing Away

It is that time of year again when we in the Fire Department become very concerned about brush and grass fires, especially in the PMQ area. It takes only a few days without rain for brush and grass to become tinder dry and can be ignited by a discarded match or cigarette butt.

Last year we had a number of brush fires in the PMQ area which resulted in many man-hours of extra work for the Fire Department not to mention the very real danger of the fire spreading to adjacent buildings. In fact one grass fire did spread to the Scout Hall and if it had not been noticed by a passing motorist could have resulted in the loss of that building.

Brush or grass fires can be started by different means e.g. lightning, camp fires etc., but the majority of this type of fires in the PMQ area are the result of children playing with matches. So we ask all parents to please impress upon your children the dangers of playing with matches, especially in a forested area. If you see anyone playing with matches please inform the Fire Department immediately so that we can check the area to make sure that no fire exists.

REMEMBER: A tree can make a million matches but a match can kill a million trees.

What You See Is What You Get

OTTAWA (CFP) - Good things should come in all packages.

That's the idea behind the Consumer Packaging and Labelling Act - administered by the Department of Consumer and Corporate Affairs - to ensure consumers receive better and more factual label information on which to base their buying and to protect them against fraudulent or deceptive packaging and labelling. In conjunction with this act, the department also enforces those portions of

the Food and Drugs Act which relate to economic fraud including labelling, advertising and packaging regulations.

One of the regulations, issued under the Food and Drugs Act, which became effective March 1 this year, is "Open Date Marking" on the labels of pre-packaged food.

With the exception of fresh fruits and vegetables and meat, fish and poultry products packaged at the retail level until March 1, 1977, the labels of pre-packaged foods with a

durable life of less than 90 days, must display a "Durable Life Date." The durable life date is the date after which the manufacturer estimates the product will no longer be at its peak of wholesomeness, taste or nutritional value, although still edible.

The term "best before" must appear in both official languages with the durable life date, unless the manufacturer explains the significance of the date elsewhere on the label. The year is required to form a

part of the durable life date only when it is needed to make the date clear to the consumer. (Where the durable life date of a product extends from December of one year to January of the next).

Instructions in both official languages for the proper storage of the pre-packaged product are also required to appear on the label if the product needs special storage conditions. If abbreviations are used, the durable life date may be represented as follows:

76
Year

OC Month of
October

10th day
of the month

ABBREVIATIONS

The month of the durable life date, when abbreviated on the label, must be as follows for use in both official languages:

JA January	JL July
FE February	AU August
MR March	SE September
AL April	OC October
MA May	NO November
JN June	DE December

THE OL' FLIEGER SPEAKS



"LOOKS LIKE ANOTHER SKY-WEST AFFAIR TO ME!"

WE GET LETTERS

Music Test

Dear Editor:
 Miss Alexandra McGavin of the Board of Examiners of the Royal Conservatory of Music will conduct examinations for the Royal Conservatory in Comox, B.C., June 19-23.

Miss McGavin was brought up in Victoria, B.C. where her musical studies commenced. She received her advanced musical training with Alberto Geurero in Toronto and holds a Licentiate Diploma in piano from both London, England,

and the Royal Conservatory of Music of Toronto. Miss McGavin also holds an Associateship Degree in singing, and this combined knowledge of both singing and piano has given her an enviable reputation as an accompanist. She had been on the Royal Conservatory of Music faculty since 1943 and is a member of its Board of Examiners.

Mrs. Kay Turner
 Special Services

Folkfest '76

Dear Sirs:
 Please find enclosed information about our Association and Folkfest. The Vancouver Island Region of Folkfest '76 is most anxious to have wide representation from all parts of the Island in the entertainment portion of our festivities in Victoria during Folkfest Week, June 28th to July 4th. We are looking for ethno-cultural groups or individuals who would like to perform in Victoria. We will pay transportation costs. If you know of any such per-

formers or could assist us in finding them in your media we would be most pleased. Any other publicity of our event would also be most appreciated. Enquiries can be made to me at 598-6317 in Victoria or by writing to the Inter-Cultural Association, P.O. Box 324, Victoria.
 Thank you very much for your kind assistance.

Yours very truly,
 (Mrs.) Ruth Illytzy,
 Coordinator and
 Secretary.

Water Safety

Dear Sir:

I would like to take this opportunity to introduce myself and to briefly explain the purpose of this letter.

I have been appointed one of the ten Area Consultants of the Red Cross Water Safety Service, B.C.-Yukon Division. This summer I will be stationed in Northern Vancouver Island to help carry out the aims and objectives of the Water Safety Service through various means; an extremely important one being the promotion of water safety through public education.

In 1975, during the months of May thru September approximately 8-9 persons drowned in British Columbia. With your assistance during the coming months we hope to provide information to the public which will enable them to spend a safe and enjoyable time in, on or around the waters of British Columbia.

Most sincerely,
 Sharon Lough
 Area Consultant
 Northern Vancouver Island
 Water Safety Service

Nighthawk Joke Not Funny To Me

Dear Sir:

The little joke you over heard and related to the readers of the Totem Times is

not funny to me. I have 25 years in this wonderful outfit and always enjoyed a joke about one self,

but to joke about the Canadian Forces I will not accept. In the past few years we have sold ourselves down the river for the almighty dollar and I for one will not be part of anything that will even tarnish the pride of the forces.

I think it is about time for a good many members of this outfit to stop fence walking and make a decision "IN OR OUT". I have, and the boys in my shop have too, and you know, it is a damn good feeling to be part of something special.

G.E. McMullen, MWO
 409 ArmO

Artist Exhibit

Dear Sir:

We wish to thank everyone for the success of the Art Exhibit held on the 15 and 16 of May, with a special thanks to Mr. McInnis for the use of the Airport School Gym.

There were over 200 paintings displayed, including

a unique private exhibit of Mrs. Gladys Hamersley of Comox.

Mrs. Bernie Erickson was the winner of the free draw painting donated by Cheryl Jordan. The winning name was drawn by Mrs. H. Woolman.

Msgt. R.E. Eppler

"Dependent" - To Be Or Not To Be

Dear Sir:

It would be no less than the truth if this spring and summer were to be referred to in our military annals as the Season of the Single Parent. Many men are or will be doing UNEF duty; many others will be away from home because of the Olympic Games. In fact, a preponderance of wives will, by virtue of the exigencies of the Service rather than by their own choice, find themselves in the position of acting as single parents. Wives who are not mothers also share the common burden of loneliness and social restriction, but theirs is a lighter task. They may choose from a greater variety of alternatives since they are not responsible for the welfare of children. Willy-nilly though, we're all in the same ironic situation, that of

being "dependent wives" - an incongruous and inaccurate term whose inconsistency and basic untruth are made more apparent by the present situation. A glance at The Concise Oxford Dictionary, or a dictionary of your choice, will substantiate my argument, of that I have no doubt.

The inequity of the term "dependent" has bothered me for a good many years, since my husband has been away from home for a total of some six years of our fifteen years of married life. A shrine in honour of my pertinacity (and his) is unnecessary; nevertheless I have had to bear

equal (and sometimes more than equal) responsibility within the framework of our marriage. I believe, therefore, that a more egalitarian, just and accurate term would be the word "spouse", a term which describes both husband and wife and implies that the responsibilities are shared as various needs occur. In my opinion this is a peculiarly apt time to air my views.

I can anticipate that it might be argued that nomenclature, as it applies to wives, has no bearing on the accomplishment of the Canadian military role, and of course "we knew what we

were doing" when we became military wives.

My contention is that disparagement implicit in term "dependent" does indeed detract from our estimation of our apparent worth (although not from our real worth), and the nature of the conditioning of repetition being what it is, does depreciate our apparent value from the military point of view in an unrealistic fashion (and perhaps does so in some cases within marriages themselves). This, in turn, decreases our motivation (the exigencies of the Service...), is thus detrimental to our husbands' effectiveness as members of the Armed Forces, and therefore could conceivably have an overall impact on Canada's military potency. Morale and esprit de corps are, of course, valid military concerns.

It is also a fact that there are married women who are members of the Canadian Armed Forces. I haven't checked, but I have a sneaking suspicion that their husbands are not referred to as dependents. . . It would save some verbal pussyfooting, I believe, if spouses were termed as "spouse (wife)" or "spouse (husband)".

There are precedents for changes in military terminology, as every navigator who became an observer in the late 1950's knows. It takes a certain amount of time to amend publications and forms; it even takes money.

BUT IT IS FEASIBLE!
 Lucille Staples

Banks Meet Loan Demand

Key bank lending categories continue to show strong gains in British Columbia, a local banking spokesman says.

"Loans to farmers, home buyers, consumers and businessmen are all up 20 per cent or more," R. J. Kayser, chairman of the B.C. committee of the Canadian Bankers' Association, says.

Bank loans to B.C. farmers rose \$46 million to \$177 million outstanding at Sept. 30 last year, latest period for which Bank of Canada statistics are available.

This is an increase of 35 per cent from \$131 million a year earlier.

Mortgage loans for homes in B.C. increased 30 per cent

to \$1.5 billion outstanding from \$1.1 billion a year earlier.

"Mortgage lenders do not like high interest rates any more than the customer because the spread between the cost of money and the lending rate tends to get smaller and the problems get larger as interest rates rise."

In other loan categories, personal loans in B.C. increased 23 per cent to \$2.1 billion outstanding from \$1.7 billion.

Loans to B.C. businessmen grew 21 per cent to more than \$3 billion outstanding.

Personal savings deposits at the banks in the province increased more than eight per cent to \$4.6 billion outstanding from \$4.3 billion.

Armed Forces Open House '76

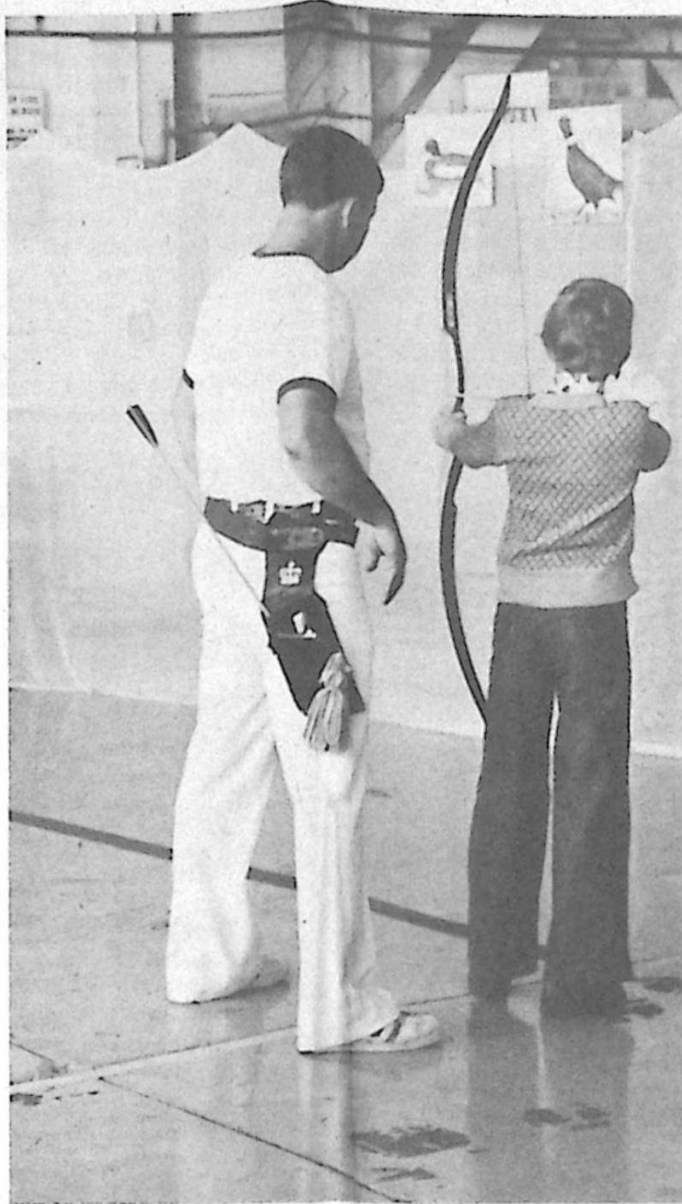


THE STARS OF THE SHOW were the Snowbirds.



AND THE TRACKER PLEASED the crowd with its wing bending exercises. . . .

Photos By Base Photo Section
and Totem Times Staff



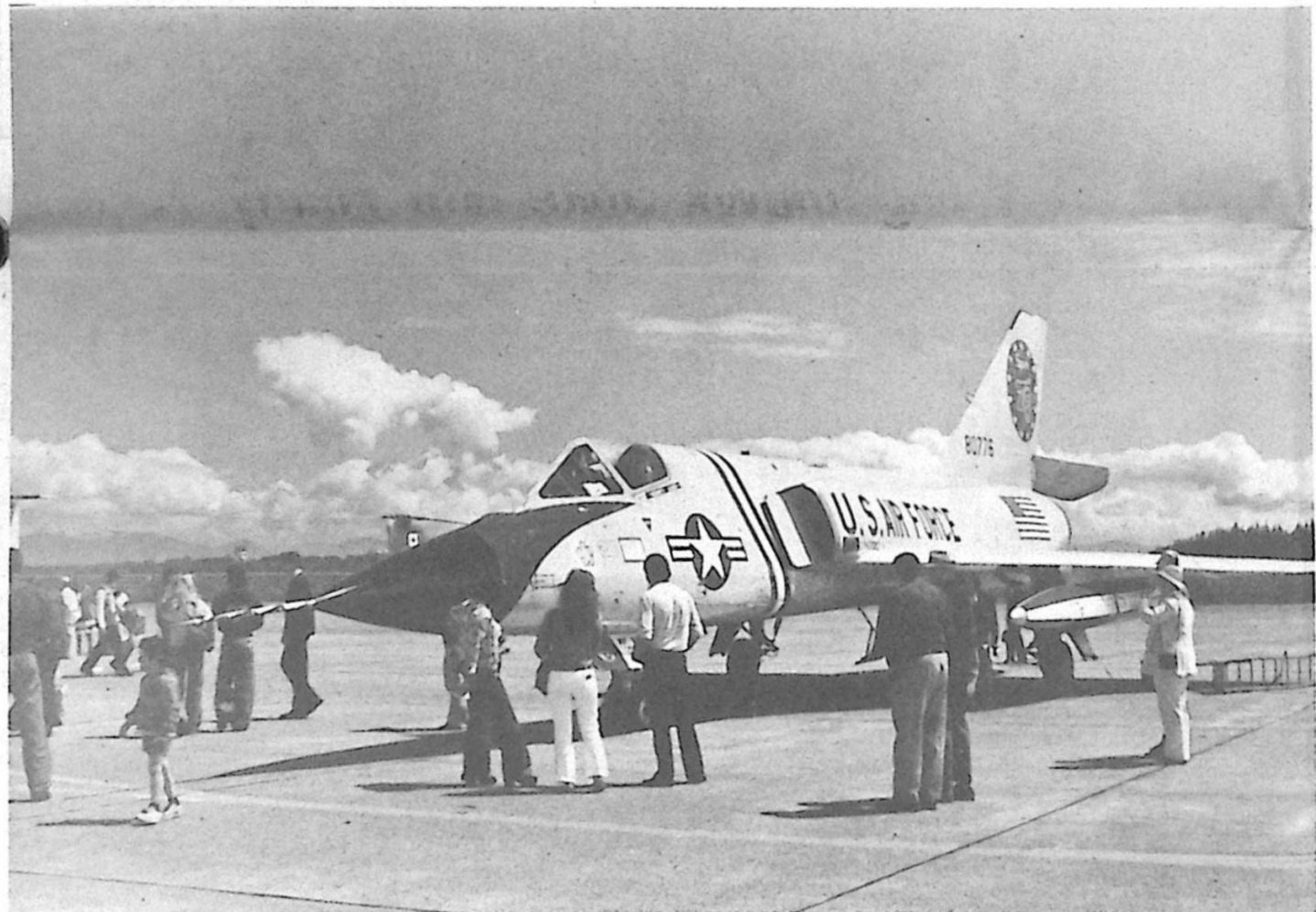
MANY RECREATIONAL ORGANIZATIONS of the base were on display, including an exhibit by the archery club.



THE AIR SHOW PROCEEDED AT A FAST PACE: As the Voodoos taxied in, the Labrador started its act.



. . . which is a definite advantage when taxiing between other airplanes and people.

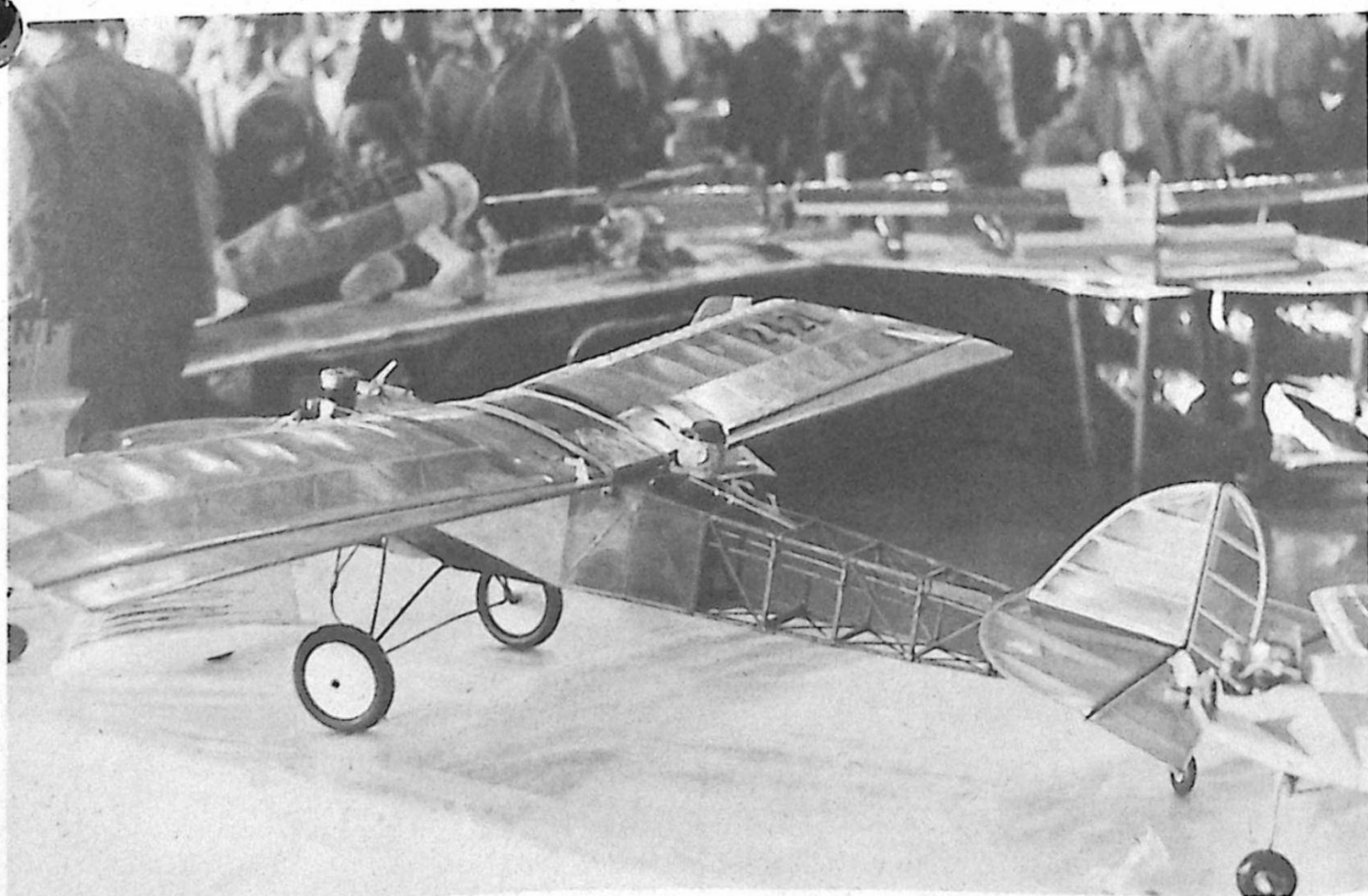


McCHORD A.F.B. SENT AN F-106 Delta Dart, decked out in Bicentennial Trim.



EXIT STAGE RIGHT! A Hercules from Edmonton prepares to deliver a bulldozer, using the Low

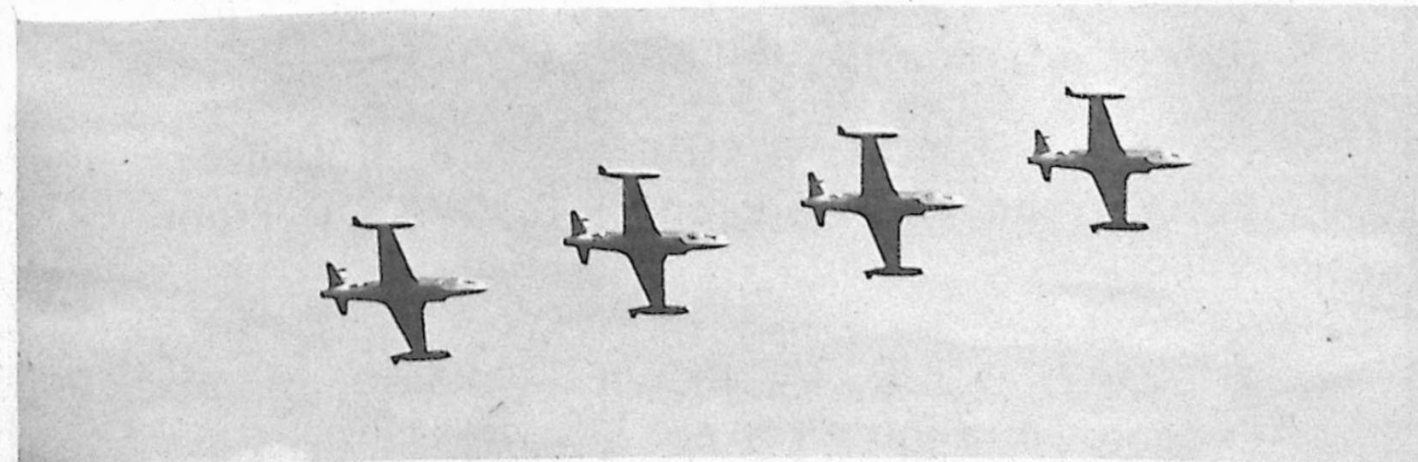
Altitude Parachute Extraction System.



NOT ALL THE AIRCRAFT were in the airshow. Some very fine models were also on display.



TAKING A SHORTCUT? This Cold Lake Starfighter appears to be taxiing across a grass field.



NEVER TO BE OUTDONE, the venerable T-bird gave the crowd a thrill.

A SUCCESSFUL DAY

Approximately 10,000 Persons Viewed The Ground Exhibits and Two Hour Air Show at CFB Comox on Sunday, May 23.

Chapel Chimes



RC CHAPEL

Father Francis Swoboda - Base Chaplain (RC) Telephone 339-2211 Loc 274 or Residence 339-2102.

SUNDAY MASSES:

Saturday - 7:00 p.m. (Sunday Vigil)
 Sunday - 9:30 a.m. and 11:00 A.M.
 WEEKDAY MASSES: Are said at convenient times in the Chapel and in private homes on request.
 SACRAMENT OF PENANCE: Before and after all Masses.
 BAPTISM: By appointment.
 MARRIAGES: Minimum of three months advance notice. Marriage counselling and preparation courses are required prior to marriage.

PROTESTANT CHAPEL

Telephone 339-2211 Loc 273
 D.L. Martin, Major (Base Chaplain (P))

CHAPEL SERVICES

The Protestant Chapel is located in Wallace Gardens (PMQ area) and Divine Service is held every Sunday at 1100 hours. This is the Base Chapel and everyone is warmly invited to share in the Service.

HOLY COMMUNION: Holy Communion 1200 hours last Sunday of each month.

BAPTISM: Services of Holy Baptism are held every month.

WOMEN'S GUILD: All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2000 hours on the third Tuesday of the month.

CHAPEL CHOIR: Our Senior Choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain. Senior Choir Practice - 2000 hours, Thursday; Junior Choir Practice - 1800 hours, Thursday.

Sunday School - The Sunday School operates from September to June. Ages 6 - 15 meet in the Chapel at 0930 hours each Sunday, and the ages 3 - 5 hold their sessions during the Church period at 1100 hours. All children are invited to attend.

Office Hours - 0800 to 1630 hours. Phone 339-2211 local 273.
 Hospital Visitation - The Chaplain would appreciate the co-operation of the members of the congregation and would request that they phone the Secretary's office (339-2211 local 273) to report the names of any members of the congregation who may be in the hospital.

Base Individual Training Office

The office of the Base Individual Training Officer continues to do a brisk business. With its staff of three the office is tasked with providing numerous services for personnel at CFB Comox. These services include: the co-ordination and loading of personnel on in-service training courses; providing counselling and assistance to personnel seeking self betterment through academic upgrading; providing for language training services and acting as a central agency for distribution and control of films, audio-visual aids, and reference material for career courses.

Base Individual Training Officer. Testing and assistance is also provided to personnel seeking civilian employment on retirement. The job is as interesting as it is diverse, each time the telephone rings it is only a guess as to what segment of the broad spectrum of services is being requested. The only unfortunate part is that due to the diversity it is extremely difficult to offer comprehensive service in any one area, however, we do what we can and always welcome any and all enquiries.

Expanding briefly on the depth of the services offered, the co-ordination and loading of personnel on in-service training courses includes all trades and specialty courses

on which personnel from CFB Comox will attend. The office of the BITO is the point of contact between Comox, Air Command and NDHQ on matters of training. Academic Upgrading includes courses from grade 10 to University Post Graduate level, counselling and assistance in program planning are provided. Close liaison with local educational institutions particularly North Island College is maintained. Courses are offered on Base and scheduled to meet the needs of shift workers. Correspondence examinations are supervised by the BITO and claims for reimbursement of successfully completed courses are also processed.

Language Training involves

providing teaching services for English and French language training depending on demand. The services are extended to all members and dependants at CFB Comox as well as military personnel from 8 satellite bases from as far away as the North West Territories.

Reference material for career courses fill the shelves of an entire wall in the storage room, and are comprised primarily of On Job Training reference material and material for the Officer Professional Development Program.

Personnel Selection services for individuals seeking Officer training or wishing to change their trade involve in-depth testing and interviews of all personnel interested and eligible.

For those that are retiring the BITO offers assistance in

preparing for civilian employment and retirement, this includes testing, assistance with resume preparation and counselling as requested. Further elaboration and additional services provided by the staff of three in the Base Individual Training

Office has been omitted for the sake of brevity.

It is hoped that this brief description provides some insight into the diverse free services and opportunities offered to personnel at CFB Comox.

MIRACLE DRIVE IN

BLACK CREEK, B.C.

337-5097

Gates Open 8:00

Show at Dusk

MAY 27-30 THURS.-SUN.

NASHVILLE



A PARAMOUNT PICTURE • ABC ENTERTAINMENT PRESENTS A JERRY WEINTRAUB PRODUCTION OF A ROBERT ALTMAN FILM "NASHVILLE" STARRING DAVID ARKIN, BARBARA BAXLEY, NED BEATTY, KAREN BLACK, RONEE BLAKLEY, TIMOTHY BROWN, KEITH CARRADINE, GERALDINE CHAPLIN, ROBERT DOUGLASS, SHELLEY DUVALL, ALLEN GARFIELD, HENRY GIBSON, SCOTT GLEN, JEFF GOLDBLUM, BARBARA HARRIS, DAVID HAYWARD, MICHAEL MURPHY, ALLAN NICHOLS, DAVE PEEL, CRISTINA RAINES, BERT REMSEN, LILY TOMLIN, GWEN WELLES, KEENAN WYNN, EXECUTIVE PRODUCERS MARTIN STANGER AND JERRY WEINTRAUB, WRITTEN BY JOAN TWIKESBURY, PRODUCED AND DIRECTED BY ROBERT ALTMAN, MUSIC ARRANGED AND SUPERVISED BY RICHARD BASKIN IN COLOR • PANAVISION

MATURE ENTERTAINMENT
 2nd FEATURE

BAD COMPANY

OPEN 7 DAYS

MAY 31 - JUNE 2 MON. - WED.

TORSO

starring SUZY KENDALL

One day she met a man who loved beautiful girls... but not all in one piece.

"TORSO" "Warning - Sex and violence."

PLUS
 THE

THE GROOVE TUBE

Warning: Restricted. Frank Satirical comedy (on TV commercials)

C to C COAST TO COAST REAL ESTATE SERVICE

As an Associate Broker of the A. E. LePage Coast to Coast Real Estate Service, our Company can obtain information concerning your housing needs from more than 160 highly reputable realtors across Canada. An advance referral can have an agency waiting to greet you with your specific requirement having been researched ahead of time.

To assist your advanced planning, we have comparative catalogues available in our office and experienced salesmen to advise you.

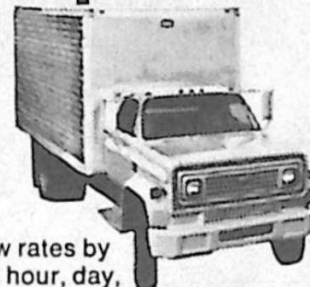
Start now to plan your next move. We're able to make it easier at both ends. Drop in, to see us soon.

P. LEO ANDERTON & CO. LTD.

526 Cliffe Avenue, Courtenay, B.C.
 PHONE 338-5321

NORM HOWARTH	334-4576	CHARLES DOVE	339-3816
DAVE AYENT	338-8333	MERT FLETCHER	339-2484
JOHN CALDER	339-3839	TONY MAGY	337-5030

MOVING? Busy season? Keep truckin'



Low rates by the hour, day, week. Most popular sizes. Trust Budget's truck fleet. Get you where you're going for less.

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Northgate
 Motors Ltd.

2510 N. Isl. Hwy.
 Courtenay

Dealer No. D. 2576

W.O. AND SGT'S. MESS

JUNE ENTERTAINMENT

Fri. 4, 11, 18, 25 — TGIF

Saturday, 5 June — Fishermen's Ball. Seafood dinner. Starting at 2000 hrs. Band: Alley Cats. Tickets on sale to members 28 May, guest tickets on sale 3 June. Admission: Members \$10.00 couple, guests \$15.00 couple. Dress: Summer "C" (Sport shirt and slacks).

Friday, 25 June — WO and Sgts. - Officers Mess Golf Tournament. Start 1215 hrs. Gross and net prizes, 9 or 18 holes. Free refreshments. Bring your boss and beat him!

☆☆ Don't forget the Mess Fishing Derby 28 and 29 May. Open to members and dependants. Wind-up party at the Beach pavilion. Free food and refreshments.

MOVIES

June 7 — Return of the Dragon (Mature)
 June 14 — Juggernaut
 June 21 — The Dove
 June 28 — The Gambler (Restricted)

OFFICERS' MESS ENTERTAINMENT

JUNE ENTERTAINMENT

Fri. 28 May — MONSTER MIXED TGIF
 Bar-B-Q your own "T-Bone"
 Happy Hour 1800 - 1900
 Dance to Ripple Rock
 Reservations required

Sun., 30 May — Brunch 1200 - 1300

Fri., 4 June — TGIF 1530 - 1700

Fri., 11 June — TGIF 1530 - 1700

Sun., 13 June — Family Bar-B-Q
 1700 - 1500
 Reservations Required.

EW

Courtenay

Adults \$2.25 OAP \$1 Child. \$1

Mon. to Thurs. - 8:15 p.m.
 Two Shows Fri. & Sat. -
 7 and 9 p.m.
 No Matinee the next
 two Saturdays

THURS., TILL WED., MAY 27, 28, 29, 31, JUNE 1 & 2

"IF YOU DON'T STOP IT ...
 YOU'LL GO BLIND!"

Very crude sex comedy
 B.C. Dir.

THURS., FRI., SAT., JUNE 3, 4, 5

"GRIZZLY" Mature "Parents - Some very gory scenes."

MON., TUES., WED., JUNE 7, 8, 9

Double Bill

"SEXUAL FANTASIES U.S.A."
 Plus "THE SEXORCIST"

STARTS THURS., JUNE 10

Marty Feldman

"SHERLOCK HOLMES' SMARTER BROTHER"

General "Coarse language"

Stardust

Drive-In Theatre

Williams Beach Rd. & Isl. Hwy.
 Admission \$2.50 O.A.P. \$1.00

Show Starts
 at Dusk

Thurs. - Sun., May 27, 28,
 29, 30 "Alice Doesn't
 Live Here Anymore" Mature
 Occas. coarse lang.
 Plus "Master Gunfighter"
 Frequent violence

Mon. - Wed., May 31, June
 1 & 2 "LEPKE" Plus
 "FIVE FINGERS OF DEATH"
 Mature "Violence throughout"

June 3 - 9 "BLAZING
 SADDLES" Plus "MAGNUM
 FORCE" Mature

JUNIOR RANKS CLUB

ENTERTAINMENT

*

FRIDAY, 28 MAY — Lounge will be closed.

SATURDAY AND SUNDAY, 29 and 30 MAY — Come and dance to the FREEWATER EXPRESS. This group is a middle of the road country rock - three singers.

TUESDAY, 1 JUNE — MOVIE - Rancho Delux (Restricted). Starring Jeff Bridges.

FRIDAY, SATURDAY & SUNDAY, 3, 4, 5 JUNE — Barry Wood and his group - DOGWOOD From Vancouver.

TUESDAY, 8 JUNE — MOVIE — Return of the Dragon. Starring Bruce Lee.

COMOX

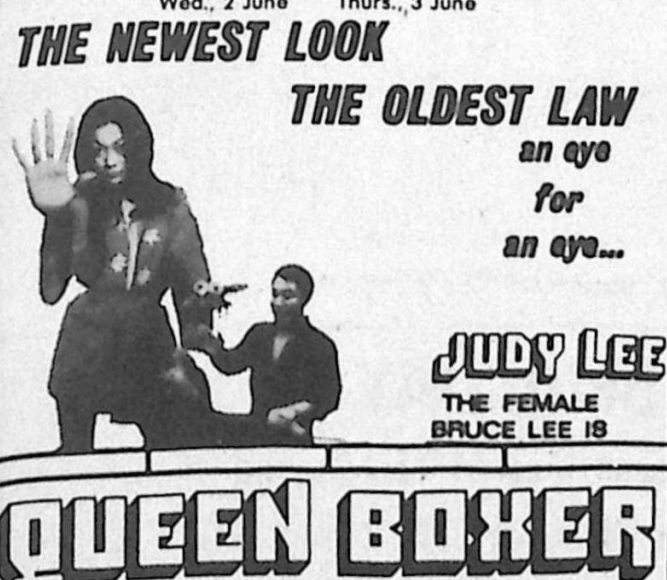
BASE THEATRE

SCHEDULE

Fri., 28 May Sat., 29 May Sun., 30 May (Increased Admission)
 Sentenced to 28 years in prison for a crime he never committed. Only two things can get him out - A lot of money and Charles Bronson!



COLUMBIA PICTURES Presents A P-B-Vista Feature



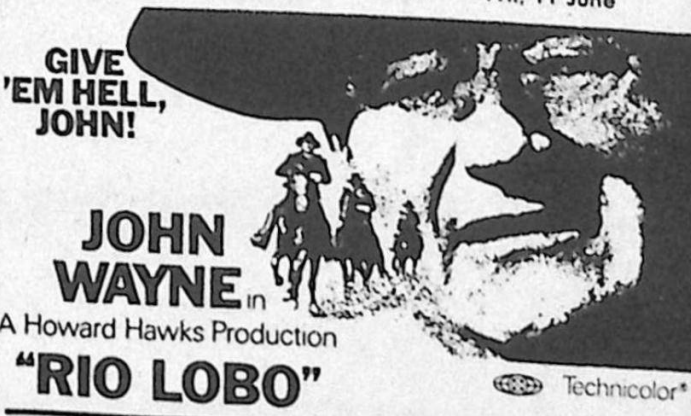
QUEEN BOXER

Fri., 4 June Sat., 5 June Sun., 6 June



COLUMBIA PICTURES/A DIVISION OF COLUMBIA PICTURES INDUSTRIES, INC.

Wed., 9 June Thurs., 10 June Fri., 11 June



Sat., 12 June Sun., 13 June (Increased Admission)

WHITE LINE FEVER
 MATINEES
 Sat., 29 May — KATHY O
 Sat., 5 June — MCMALE'S NAVY JOINS THE AIR FORCE
 Show Times 2000 - 2159 hrs.



CFB COMOX TOTEMS - This year's representative team in the Upper Island Fastball League. Base Photo

Intersection Golf By The Duffer

Two separate Wednesdays for golfing, 12 May - cold and windy, and 19 May - clear and warm and we still had many enthusiastic players. We had first time winners such as J. Maddison with an 88 and a few changes in our standings. Thought I was in Grand Canyon - can still hear R. Verchere and his score of 44.

HQ - 17 pts., 409-MP-ATC - 9 pts.

JR (Arseneau M-Cpl. Lab-Hosp-467.

Sailing Course

Due to the popularity of this program, we are offering a further sailing course for adults, starting 7 June. Lessons will be held at the Spit twice weekly (on Mon. and Weds.) from 6:30 - 8:30 p.m. for a period of three weeks. Instructor - Liz Ball. Cost - \$25.000. Phone 339-2255 for further information.

Winners for 12 May: Bonenfant (1g), Agray (21g), Carter (31g), Perry (41g), Snider (41g), Stephenson (1n), Dutchin (21n), Cudmore (31n), Mitchell (41n), Arthur (51n). Longest Drive - Strocel. Closest to pin - Bonenfant. High Score - Maddison and Robinson.

Winners for 19 May: Agray (1g), Bird (21g), Jackson (31g), Berger (41g), Sleigh (51g), Synnuck (1n), Verchere (21n), Snyder (31n), Blois (41n), Robertson (51n). Longest Drive - Agray. Closest to pin - Snyder. High Score - Olscamp and Raymer. Standings to Date: 407- 24 pts., BAMSO-442-33 - 23 pts., Logistics - 17 pts., Combines-



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Ladies Golf News

On Tuesday, 11th May, another Ladies Day at Glacier Greens, 17 members were out playing 18 holes of golf for par points.

1st place for points went to Darlene Clarke and 2nd place to Nettie Bonenfant. Barbara Carter won the putting honors with Angie Howell runner up.

17 ladies were out again on Tuesday, 18th May playing in teams of three for another C.L.G.A. Pin Day and the 2nd round of the N.H.A. Tournament.

Winner of the C.L.G.A. Pin Day was Nettie Bonenfant.

Winning teams for the day were: Low gross - Nettie Bonenfant, Ev Robertson and Mona Ledgard. Low net - Kay Banks, Trudine Berger and Irene Perry.

In the N.H.A. Tournament Darlene Clarke won first place honors with Nettie Bonenfant second and Joan Stevens as the alternate player. Good luck to Darlene and Nettie who will be playing

in the quarter round final of this tournament at Qualicum on Friday, 28th May.

The ladies committee are busy making final plans for the Ladies Fourth Annual Open Invitational to be held on Sunday, 20th June. With the fairways in good shape and hopefully, good weather on the 20th, we look forward to hosting our guests from the visiting clubs for this event.

On behalf of the Glacier Greens ladies playing in the McDonalds Bakery Mixed Tournament on Sunday, 16th May, a sincere thank you to sponsors John Hunter and Bob Stevens for a most enjoyable day.

COMING EVENTS
Tuesday, 1st June, Medal Play. Irons only. Start 9 a.m. for 18 holes. Wednesday, 2nd June, Glacier Greens ladies visit at Sunnydale. Tuesday, 8th June, Medal Play. Hidden Nine. 1/2 handicap. Start 9 a.m. for 18 holes.

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WELL CONSTRUCTED

Six bedrm. home in Puntledge Park area. This Cape Cod style home has leaded windows, 3 baths, WW, f'place and a year round creek at the back. Full price \$59,000.

DUKE SCHILLER
334-2203



HOLIDAY HAVEN

Enjoy a spectacular sea view from this riverfront beach cabin in the desirable Little River area. Clams and oysters for the picking, excellent salmon fishing and clean beaches make this an ideal summer retreat.

BILL MORRISON
339-4063



MINI FARM - 1/2 ACRE

Quaint little 2-bedrm. cottage, good well, seasonal creek fringing property. Out building for ducks and chickens. "A" frame for guests. Concrete floor garage. This is worth seeing.

LLOYD WORK
334-2220



3-BEDRM. RANCHER

Immaculate condition centrally located. Covered sun deck, storage shed, driveway in front and also in rear of house. Lots of room for trailer and boat. Range included with house.

LLOYD WORK
334-2220



MIRACLE BEACH

Semi waterfront 1/2 acre, selectively cleared for future building site. Drilled 87' well with pump house. "A" frame type chalet, small but cozy.

GAYE WORK
334-2220



2 ACRES PLUS

One of the best constructed homes in the area. Only 3 yr. old, ensuite, 2 bedrm. down with full bath and rec room with fireplace. Large LR has f'place & HW floors. Finished utility room. Smart kitchen with dishwasher. Very large attached dbl. garage built for camper and boat.

FRED PARSONS
339-2813



NEW CONSTRUCTION

Two-bedrm. home on treed lot in Comox with Alcan siding, CP, washer and dryer hook-up and laundry tub.

LLOYD WORK
334-2220



VIEW HOME

Large spacious 2 yr. old home with 3 bedrms. on main floor. One bedrm. in full bsmt., also family room with f'place, LR, DR and kitchen face road. Good vegetable garden area. Closed in CP, lots of storage and sundeck.

FRED PARSONS
339-2813

33 ACRES

Seasonal stream winds through wooded property on Plateau Road. Ideal recreational property with some buildings.

GAYE or LLOYD WORK - 334-2220

45 ACRES

Good soil. Ideal nursery area with ample water for irrigation system.

GAYE WORK - 334-2220

VERY REASONABLY PRICED

Exceptionally well built home on 1/2 acre landscaped lot. Master bedrm. 12 x 20 plus 2 other bedrms. on main floor. Smart golden ash kitchen. LR has Heatilator f'place. Rec. room and 2 bedrm. in bsmt. Attached CP plus a garage. Large workshop that will accommodate camper and boat or 2 cars.

FRED PARSONS - 339-2813

LOTS

- High 1 acre lot on Denman Island
- Waterfront lot, 98 x 230, walk-on beach, Hornby Island.
- Extra large treed lot, excellent building site, close to Comox.

GAYE or LLOYD WORK - 334-2220

ACCENT SAFETY



By Safety Sam

Hypothermia - Part 1

Anyone who works or plays near B.C.'s ocean waters and interior lakes should be aware of the dangers of hypothermia and how to counteract its effects, in the event of an untimely and lengthy dunking.

In the past, lives lost in tragedies have been recorded as deaths by drowning, but modern evidence and research is revealing that many such deaths could have been attributable to hypothermia.

Hypothermia - or exposure - is the lowering of the deep-body (core) temperature to the point of impairment. Prolonged exposure, causing a drop of only a few degrees below the normal human body temperature, can result in unconsciousness at about 90 degrees F (32 degrees C) - and death (usually from heart failure) at about 85 degrees F (30 degrees C).

We should establish here that it is not only cool water, however, that can cause this dangerous deep-body cooling. Outdoor workers, as well as mountaineers, hikers and fishermen, are likely victims of hypothermia if they haven't taken precautions to ward off exposure and exhaustion caused by cool (not necessarily freezing) temperatures, wind and rain.

RECOGNIZING SYMPTOMS OF HYPOTHERMIA

When the brain becomes affected by the cold, it will impair judgment and reasoning power. There will be memory lapse and incoherent speech, and in the hiker, stumbling and lack of co-ordination. Persistent shivering is a clear indication that the person is on the verge of hypothermia. There will be

loss of control of the hands, drowsiness and apparent exhaustion.

Three scientists from the University of Victoria have been conducting a detailed program of research in this field, using as their laboratory the chilly waters of the Pacific Coast. Doctors Martin Collis, John Eckerson and John Hayward recorded the physiological responses of several test subjects (including themselves) after prolonged immersion, and during the rewarming period.

STAY STILL TO STAY WARM LONGER

One of the team's most significant findings indicated that persons who remained still, stayed warmer about one-third longer than those who were swimming wearing a lifejacket. Although we think in terms of physical energy producing heat, this activity causes the blood to circulate more quickly to the skin and limbs. This increased circulation results in more body heat being lost to the water. When the body is immersed in cold water there are no practical means of replenishing the energy

How Is Your General Safety Program?

resources which produce heat.

The researchers concluded from their statistics that swimming to shore (in temperatures near 10 degrees C) should be attempted only if the distance is under a mile. Mental lapse because of cooling of the brain was observed easily in the test subject.

And what if the victim is not wearing a flotation device? Two of the commonly-recognized "anti-drowning" techniques - treading water and drownproofing - revealed faster cooling rates than holding still in a life-jacket. Drownproofing especially proved hazardous as far as hypothermia is concerned. The technique requires alternating immersion and lifting of the head, which is a high-heat-loss area, so, unless it is being performed in tropical waters, drownproofing can be the fastest way to die from hypothermia.

HOW TO PRESERVE BODY HEAT IN THE WATER

The key to staying alive longer is to remain as inactive as possible, and to protect the body's high-heat-loss areas:

the head, neck, sides and groin area.

The University of Victoria scientists tested two heat-saving positions that resulted in about a 50 per cent increase in predicted survival time.

The Huddle is not just sociable, it's a common sense life-saving technique, with several persons huddled in a group that keeps the sides of the chests close together. In both of these survival positions the head is kept clear of the water.

SOME LIFEJACKETS OFFER THERMAL PROTECTION

A lifejacket or personal flotation device that is a loose-fitting vest-type made of significant contribution to preserving body heat in cold water, according to results of these experiments. Foam vests that formed a close fit to the chest, and garment-type flotation jackets with buoyant, insulative foam offered protection to the extent of 50 - 75 per cent increase in predicted survival time. But real success in this area was achieved with a full survival suit, including foam in the legs, and the "UVic

Thermofloat", a convertible jacket developed by the researchers, which can trap the water within insulative foam by securing a specially designed flap over the groin area. Predicted survival time showed nearly a four-fold increase.

Courtesy: W.C.B. News (next issue - Hiking ? Hypothermia).



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IMPORTANT NOTICE SUMMER HOURS

Mon., Tues., Wed. & Fri. — Retail Store and
Snack Bar will be CLOSED 4:30 p.m. in lieu
of 5:00 p.m.

BASE EXCHANGE RETAIL STORE will remain
open Monday, 7 June 76.

WATCH FOR ADVERTISING
on our

"GIANT JUNE SALE"



COMOX YOUTH CHORUS - This is the new singing group under the direction of Stephanie Spiers. On May 2 they sang in the Base Catholic Church and on Mother's Day they performed in the Protestant

Chapel. We are now looking forward to their musical presentations in the Fall. Best of luck to an exciting new chorus!

Promotions Announced

OTTAWA - Captain (N) Andrew C. McMillin, 50, of Dartmouth, N.S., commandant of the Canadian Forces Maritime Warfare School, Halifax, will be promoted commodore Aug. 1 and appointed base com-

mander of CFB Halifax. He succeeds Capt. (N) Peter J. Traves, 44, Oakville, Ont., who will take up duties as Canadian chief of staff at Supreme Allied Commander, Atlantic (SACLANT) headquarters, Norfolk, Va.

Colonel Peter Charlton, 44, of Dartmouth, N.S., director of aircraft engineering and maintenance, National Defence Headquarters, Ottawa, will be promoted brigadier-general next month and appointed director-general, aerospace engineering and maintenance. He succeeds Brig.-Gen. James Diack, 55, who is retiring.

Colonel Colin D. Nickerson, 57, of Ottawa, director of chaplaincy administration (Protestant), National Defence Headquarters, will be promoted brigadier-general and appointed chaplain-general (Protestant) in early July. He succeeds Brig.-Gen. Raymond G. Cunningham, 59, of Springhill, N.S., who is retiring.

Among Col. Nickerson's new duties will be to advise Gen. J. A. Dextraze, chief of the defence staff, on the moral and spiritual welfare of members of the Canadian Armed Forces and their dependents.

Commander Keith M. Young, 46, of Victoria, B.C., commanding officer of the destroyer HMCS Qu'Appelle, based at Esquimalt, B.C., will be promoted to the rank of naval captain July 30, to take command of the supply ship Provider.

Currently commanding the Provider, also based at Esquimalt, is Capt. Colin H. P. Shaw, 51, Victoria, who now becomes commandant of CFB Esquimalt. The change takes place in early August.

Lieutenant Colonel John Hayter, 41, of Vegreville, Alta., will be promoted to the rank of colonel August 9, and selected to attend the National Defence College, Kingston, Ont., beginning August 16.

Air-Sea Rescue Advice

Malcolm Dunderdale, Director of Communications, Prince Rupert Rescue 15, (Air-Sea Rescue), who has been involved in recent civilian and Armed Forces studies of rescue and life saving devices, says that for a total expenditure of between \$100 and \$125 any sailor, yachtsman or fisherman can increase ten-fold his chances of prompt rescue in the event

that his boat sinks or that he falls overboard. The new U Vic Floater coat, developed a series of studies of man in cold water by a Professor of the University of Victoria, is now approved by the Department of Transport and is available for sale. Tests show that by wearing this coat, a man's hope of survival in very cold water may be extended to as much as nine hours.

Dunderdale also said that the victim's hopes of being found within that period of time can be enormously increased if he is in possession of a xenon gas-filled strobe light. The ACR Firefly Rescue Light, which is now available in Canada, is about the size of a package of cigarettes and, when activated, emits a brilliant, million can-

depower, white light which pulsates fifty times per minute. Night visibility extends to 700 square miles when viewed from altitudes of 1,500 feet or more. It is driven by a powerful, renewable, mercury battery which will keep it flashing continuously for nine hours and its flash will cut through rain and fog better than any conventional light. It is totally waterproof and resists all environmental corrosive agents. In Dunderdale's opinion, no yachtsman, fisherman, crewman or operator of any small boat should put to sea without these two items of equipment.

"They can both be bought for less than \$150," he said, "and with inflation going the way it is nowadays I can't think that that is a big price to pay for your life."



Square Dancing

Being a member of a modern square dance club, enables each dancer to qualify for a number of specially designed FUN badges; one of which is the "IDIOT BADGE". To qualify for this badge, at least one square of dancers must go to the home of the Caller after midnight, wake him up, and have him call a square dance tip while they dance, right there on the spot.

But, there is one big bulation... the dancers must all arrive in sleep attire. Hence the word "IDIOT". The badge is of simple plastic lamination and contains a picture of a pair of pyjamas hanging on a clothes line. Members of the Comox Valley "OCEAN WAVES" square dance club decided they wanted to qualify for this badge, and after careful planning, on May 14th around midnight, converged on the home of their Caller - Bob Jeglum, complete with refreshments and a candle to light their way. What a crazy looking crew, in sleepwear ranging from long johns, striped hats and nightshirts, shortie P.J.'s, crinoline nightgowns and even a Teddy Bear. Surprised Caller Bob obliged with the necessary dance on the lawn, and then a spot was cleared in the basement for more square dancing. What an hilarious up.

Sometime during the night,

a new Caller was born. Appropriately, Frank Litt made his debut, calling to the tune of the "Texas Crap-shooter". Well done Frank, especially the circling to the Right and circling to the Left and then advancing to the Grand Parade. All with that Texas drawl too. Peggy Bush was so busy hanging on to her Teddy Bear, that she dropped her cup cakes!!!

Dancers qualifying for their Idiot Badges were - Marg and George Andrew, Peggy and Dennis Bush, Velma and Vic Cotten, Francine and John Frey, Gary Farthing, June and John Koppa, Barbara and Frank Litt, Marcia Manson, and Jay and Bill Miner. Congratulations to you all, you deserved it. But - must warn you, there is also a badge available for "CALLERS REVENGE".

AMU now has a canteen operating for outgoing passengers. The women of the Protestant Church Guild and the CWL have joined together to operate it on a volunteer basis, with the profits going to charity. We started out small, but are constantly growing. If you have any pocket books you do not want, we will be glad to take them off your hands. Please call 339-2486.

Major Wins Vachon Award

OTTAWA - Developing a blind navigation aid for military and civilian aircraft has earned a top scientific award for Canadian Forces Major John C. Eggenberger, 42, of Calgary, now serving at the Personnel Applied Research Unit at CFB Toronto.

He won the Canadian Aeronautics and Space Institute's Romeo Vachon Award, named after the famous Canadian bush pilot of the 1920-30s, for work in the conception, trial and development of the radar prediction process at an RCAF station in Germany during the mid-1960s.

The award is presented annually for recent or outstanding display of initiative, ingenuity and practical skills in solving a particular

problem associated with aerospace technology.

The institute's citation says Maj. Eggenberger's "... application, determination and hard work in establishing and pursuing this ... aid, has undoubtedly resulted in an increase in the operational capability and effectiveness, not only of the Canadian Forces, but the whole of the NATO forces."

Maj. Eggenberger joined the air force in 1955 and saw service across Canada, in the Arctic, France and Germany. It was while he was commanding the radar prediction unit at the RCAF's 4 Fighter Wing, Baden-Soellingen, in southern West Germany that he developed the process.

Another institute award went to Lieutenant-General William K. Carr, 53, of Grand Banks, Nfld., commander of Air Command. He received the C.D. Howe Award, named after Canada's wartime minister of munitions and supply, who headed war production in the Canadian aviation industry.

It was presented for achievement in the fields of

planning, policy-making and overall leadership in Canadian aeronautics and space activities.

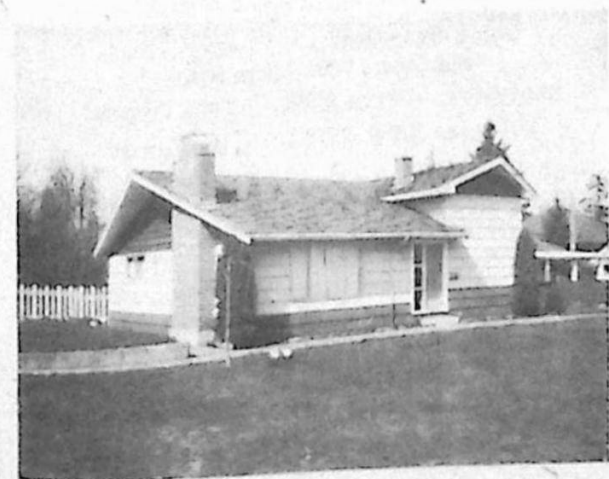
Lt.-Gen. Carr joined the Royal Canadian Air Force in 1941 as a pilot and was promoted to his present rank in July, 1974. He became the first commander of the Winnipeg-based Air Command last September.

Maj. Eggenberger is the second Albertan serving in the Forces to win the Vachon award since it was begun in 1969.

Maj. Ernest J. McLaren (Retired), 54, of Ponoka, Alta., now employed by the federal government in Ottawa, won the award in May, 1972, for his contribution over 15 years to the technical advancement of Canadian aerospace technology. The awards were presented to Lt.-Gen. Carr and Maj. Eggenberger at the Royal York Hotel in Toronto, May 12.

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Nanaimo Realty

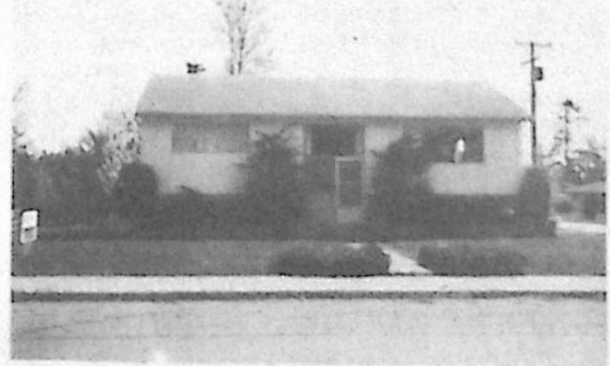


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HIS CHARITY RECOGNIZED - Sergeant R. J. Williams receives an award in recognition of donating 20 pints of blood to the Red Cross. (L-R)

Major R. W. Barnes, Base Surgeon; Mrs. Anne Lang; and, an unidentified Red Cross Attendant.



Base Photo

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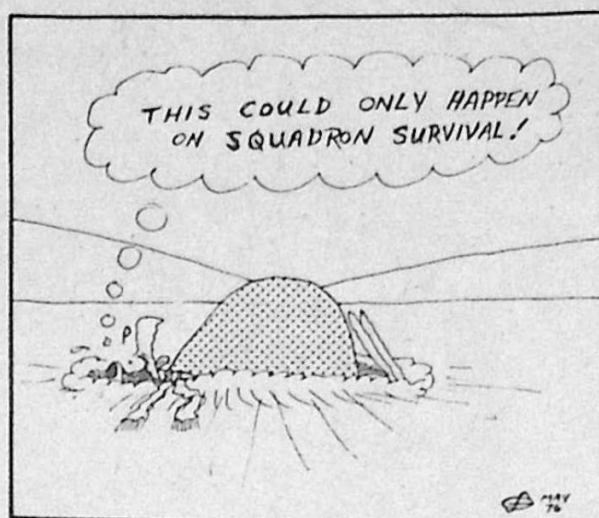
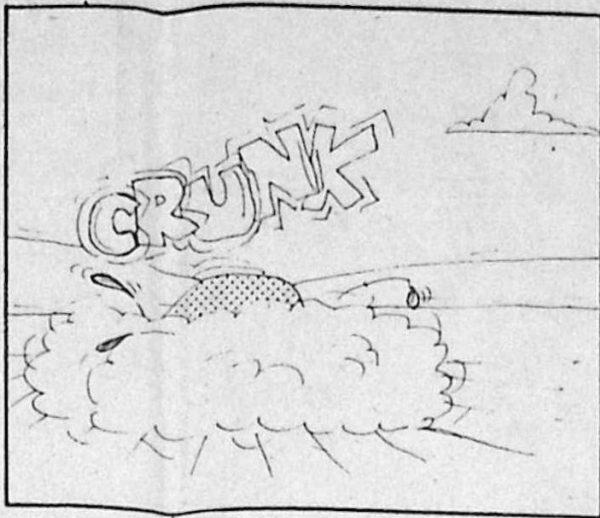
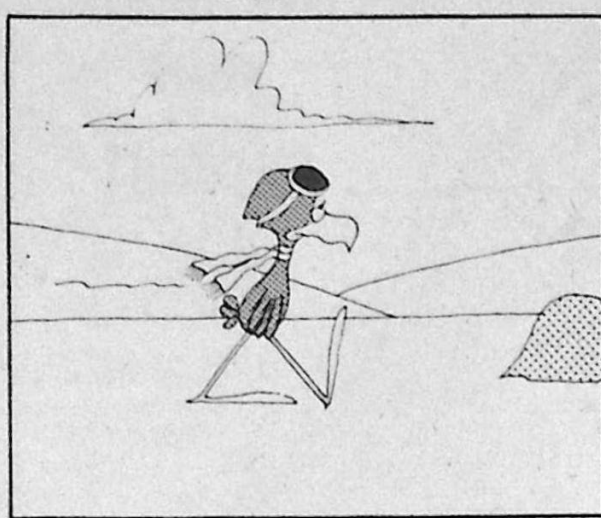
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GUDGEL STEW

by Rick St. Germain



- DEDICATED TO UNCLE ORV & HIS "ROCK FEVER" -

ASK ABOUT THE FOREST

A Mission reader, Mr. John V. Donatelli has asked us some questions. These were answered by a Registered Professional Forester who is a member of the Association of B.C. Professional Foresters. A book prize has been awarded for these good questions.

HOW MANY ACRES DO WE CUT IN B.C. A YEAR? HOW MANY ACRES DO WE REPLANT? and HOW MANY

ACRES DO WE LEAVE BARREN OR FOR NATURE TO RESEED?

In 1974 loggers in British Columbia cut and removed timber from 323,000 acres. This is about average for the areas logged over the past six or seven years. The B.C. Forest Service and the logging companies planted nearly 54,000,000 trees on 122,000 acres at the same time in 1974. So you see we are planting a little more than

one-third of the area we cut (38 per cent). Our forest nurseries are being expanded and we expect them to be producing 150,000,000 seedlings annually by 1980, which will be enough to plant every acre logged and leave some available to plant the backlog of unstocked lands.

Meanwhile, we are depending on nature to restock the balance of the cut-over land. On much of it she does a prompt, fair job, on some she does a reasonable job but is very slow - perhaps seven to twelve years-and on other areas only brush or weed trees come up. In time

all these lands will have good forests but it is not an efficient way to develop them. Prompt planting on most logged-over lands will produce better forests, and will produce them more quickly.

I note that you are very proud of your Mission District Tree Farm, and you have

every right to be, for it is a fine project and is well managed. The form of management practised there is the target of all forest managers in B.C., both those with Tree Farm Licences and those in the B.C. Forest Service. The hitch, of course, is money. It is so hard to get for forest management because of the many demands. As people come to realize more fully the importance of our forests to their welfare, and to the environment, then we will

get more money for better forest management. Meanwhile the B.C. Forest Service is keeping a close eye on the situation and through its cut control is ensuring we will not run out of timber.

We invite your questions. A book will be sent to each person submitting a question that is published. Write "Ask About the Forest", care of Canadian Forestry Association of B.C., No. 410-1200 West Pender Street, Vancouver, B.C., V6E 2S9.

Census Assistance

Statistics Canada is setting up a telephone network in British Columbia to assist anyone needing help to fill out the 1976 census questionnaire. Census day is Tuesday, June 1.

Householders in the Vancouver local calling area may dial 669-1976, while all others may contact the long distance operator and ask for ZENITH 0-1976. All calls will reach census representatives who have been specially trained to assist the public.

"As in the 1971 self-census, we expect just about everybody will be able to complete the questionnaire by following the directions in the instruction booklet," said David I. Rushton, Regional Director, Statistics Canada. "But for all those having difficulty, help will be as close as the nearest telephone."

Mr. Rushton said the telephone assistance service will operate 12 hours a day, from 9 a.m. to 9 p.m., from May 25 to June 4, with the exception of Sunday, May 30, when the switchboards will be closed.

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