



TOTEM TIMES



New Base Defence Force Marching Music: "Theme From S.W.A.T."

VOL. 18 - NO. 4

CFB COMOX TOTEM TIMES

THURSDAY, FEB. 19, 1976



"He Missed Me By That Much!"

ALL IN A MORNINGS WORK - Following a successful emergency landing on the Bi-Centennial highway near Halifax, Major Francois DeLisle (right), pilot and Major Al Hawthorne, co-pilot and CO of VU32, appear to be pleading their case as a member of the RCMP prepares a "traffic

violation" ticket. A warning light forced the CH135 Twin Huey to make its unexpected mid-morning highway landing. After a safety check, helicopter and crew returned to Shearwater - in time for lunch!

Shearwater photo

It Hurts, But...

Auto Plan '76 Will Stick, Hear

No matter how you "sweat it" your automobile insurance will cost you more this year in B.C. The following highlights are provided by ICBC for your information.

The compulsory coverage required will be third party legal liability coverage of \$50,000 and accident benefits. It is no longer mandatory to

purchase collision and comprehensive coverage.

All rates are now being set on the basis of the loss experience.

To purchase compulsory coverage the increase in premiums over last year means that 25 per cent of owners will pay less than a \$20 increase, 33 per cent will pay

between \$20 to \$60 more, 30 per cent will pay between \$60 to \$100 more and only 12 per cent will pay over \$100 more. In some cases, however, coverage will be less by the elimination of collision and comprehensive.

To purchase coverage that is as close to last year as possible, the owner who

drives for pleasure only, representing 33 per cent of the population, pays an increase of 116 per cent. The owner who drives for pleasure and to and from work, 33 per cent of the population, will pay an increase of 120 per cent. The owner who drives for business or who has an under 25 year old male driver in the family, 24 per cent of the population, will pay an increase of 149 per cent and the under 25 male owner, 9 per cent of the population, pays an increase of 206 per cent.

The highest premium anyone must pay is the under 25 single male driver on the lower mainland - \$411.

Montreal's 1975 rates for ICBC's basic coverage is \$22 more than ICBC's 1976 rates for Vancouver.

Toronto's 1975 rates for ICBC's basic coverage is \$14 less than ICBC's 1976 rates for Vancouver.

If the underage driver, on the lower mainland elects to purchase basic coverage on the installment plan, the highest down payment is \$103.

A new category has been established providing a 25 per cent discount on the compulsory premium to senior citizens, that's people over 65 who own the vehicle and qualify for the "Pleasure" classification. Private passenger cars and light trucks that are equipped with approved hand operated driving controls for handicapped persons are also eligible for the 25 per cent discount.

An accident surcharge program will become a reality and accidents incurred by each driver from October 1st, 1975 will be the foundation for this program.

Renewal notices are in the mail and if the motorist has not received a renewal notice he should see an agent, the MVB or a Corporation Sales Office.

More voluntary coverages are available now than ever before.

It will be possible to purchase 3rd. party legal liability protection of \$100,000, \$200,000, \$300,000, \$500,000 or \$1 million. And higher limits.

are available by application.

Specified Peril is coverage against fire, theft, windstorm, lightning, etc. and is available with a \$50 deductible.

Collision coverage is available in four packages: \$500 deductible and \$150 comprehensive deductible, \$300 deductible and \$100 comprehensive deductible, \$200 deductible and \$50 comprehensive deductible, \$100 deductible and \$50 comprehensive deductible.

If used for pleasure, the owner can purchase 3rd. party legal liability \$1,000,000 coverage for \$18.

If used to work, the owner can purchase 3rd. party legal liability \$1,000,000 coverage for \$22.

If used for business, the owner can purchase 3rd. party legal liability \$1,000,000 coverage for \$29.

If used by underage, the owner can purchase 3rd. party legal liability \$1,000,000 coverage for \$54.

Rates for collision and comprehensive coverage are dependant on the age of owner, use class, territory, value of the vehicle and the type of coverage desired.

An installment payment plan provides for a 25 per cent down payment on the Insurance Premium and three installments payable at 2 month intervals. The interest rate will be 13 per cent per annum on the outstanding balance.



All over B.C. Beavers (5-7 year olds); Cubs (8-10); Scouts (11-14); Venturers (14-17); Rovers (17-23) and hundreds of Volunteer Leaders and Committee Personnel celebrate Scout-Guide week, February 15-22, along with their sister organization - The Brownies, Guides and Rangers.

Gov't OKs Change In CFSA

OTTAWA (CFP) - Equal status for men and women, including survivor benefits, and a uniform rate of pension contributions for all contributors, are two amendments to the Canadian Forces Superannuation Act approved by Parliament Dec. 20, 1976.

The amendments implement a recommendation made by the 1967 Royal Commission on the Status of Women. Until now, service-women contributed less and received fewer benefits. Effective Feb. 1, 1976, all service personnel (male and female) will contribute at the rate of 6 1/2 per cent to the CFSA which includes Canada Pension Plan contributions, plus 1/2 per cent to the Supplementary Retirement Benefit Act (SRBA) for a total contribution of 7 per cent.

The legislation also authorizes a vested annuity at the "20-years-age 40" release point under the New Officer Career Development Plan.

Other amendments include that in the event a contributor dies before having received his annuity for five years, and there is no widow or children entitled to benefits, the balance will go to his estate; a

return of pension contributions to include interest at 4 per cent per annum from Jan. 1, 1974 for members released after Dec. 20, 1975; and no reduction in the annuity for members employed by other federal government departments on retirement from the military, regardless of their income level.

War "Amps"

Annual Campaign

TORONTO (CFP) - War Amps of Canada key tags for 1976 are now in the mail to householders across Canada.

The suggested donation of \$1. for the personalized, confidential and coded key tags is used to support the work of the War Amps in providing employment for their own members, and financing the War Amps Association's national program of rehabilitation and after-care for war amputees.

It also supports their national child amputee

program (CHAMP) and helps in maintaining liaison on the readjustment of civilian amputees.

In addition to the key tags the War Amps offer watchband calendars and personal address labels for additional donations of \$1 each.

But the key tags are the principal source of income for the association.

The small and attractive tags carry not only your own coded identification number, but also the crest of your province of residence.

And although the donations to the War Amps association are a charitable donation, the value of the tags to individuals is their greatest appeal.

Lost keys carrying the War Amps tags can be dropped in a mail box anywhere in the world and after identification at the head office in Toronto, they are returned to their rightful owner.

The key tags are sent out unsolicited, and about 25,000 lost key sets a year are returned through this service. (Continued on page 10)

MNDef Visit

A Whirlwind Tour

The Minister of National Defense, James Richardson is expected to arrive by Falcon aircraft on this airbase at 14:40 hours Friday, February 27. It will be stop number two on a speedy tour of the major Canadian West Coast military installations. CFB Chilliwack is first on his schedule.

It is understood that one of his main reasons for his trip to British Columbia is his desire to visit Royal Roads Military College.

While at CFB Comox The Minister will receive a briefing, a short tour of the base and an informal dinner in the Officers' Mess prior to departing at 21:30 hours for Vancouver.

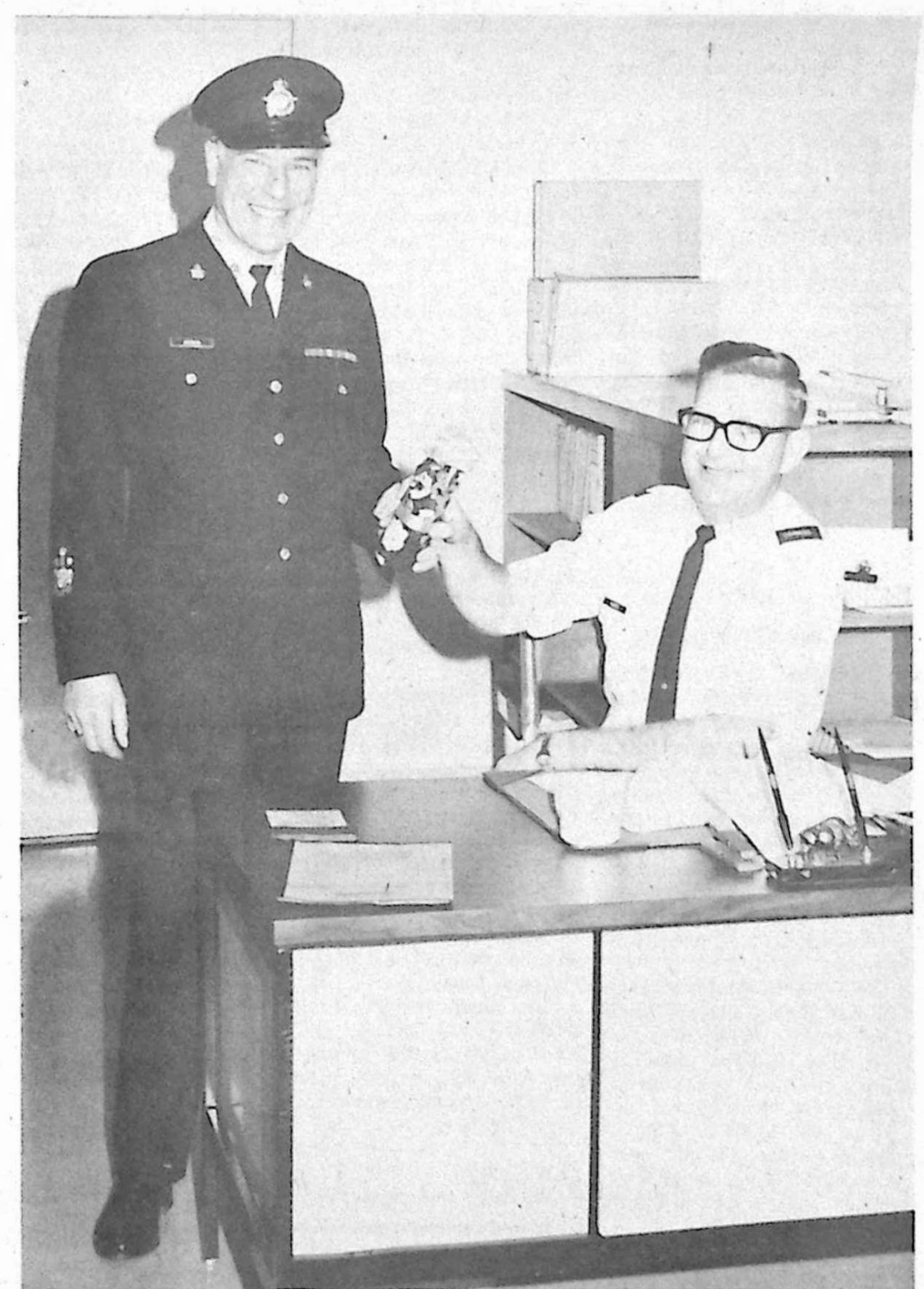


Photo Begin



"MY, MY, ROSES IN FEBRUARY!" Norma Hubley appears delighted with Mimsey's bouquet, but only after a frustrating half-hour. Action was part of the Totem Little Theatre group's presentation of Simon's comedy "Plaza Suite" in the Base Theatre last Monday and Tuesday evenings.

Crafty Jack photo

It Finally Happened

"O!" Silver Top" Loses Bet

The O! Chief reluctantly pays off his bet on the interpretation of the CFSA to WO Lloyd Hayes of Base Accounts.

The wager came about on an area of the CFSA that the Chief feels is not open to interpretation but is one of the few easily understood straight forward areas of the CFSA.

This area deals with the 5 per cent penalty on 4 (a) release with under 25 years service and not having reached retirement age for personnel having service in

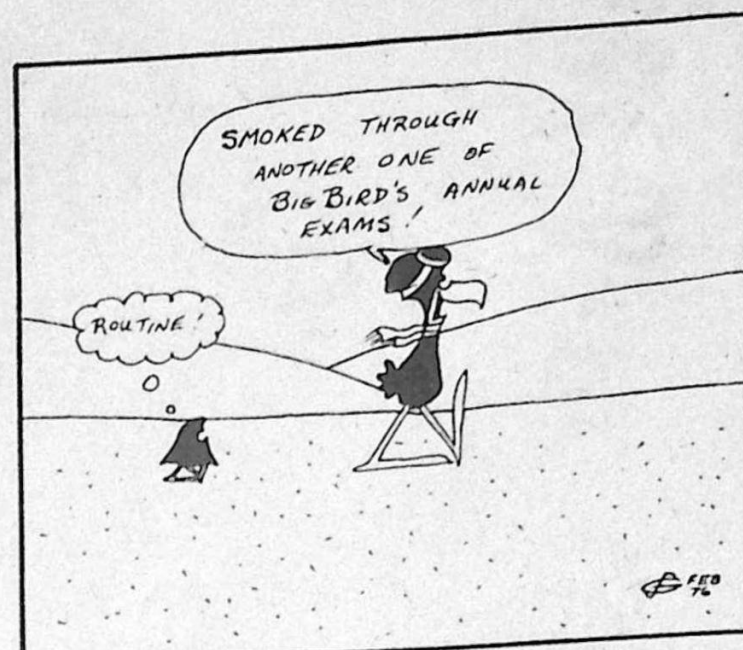
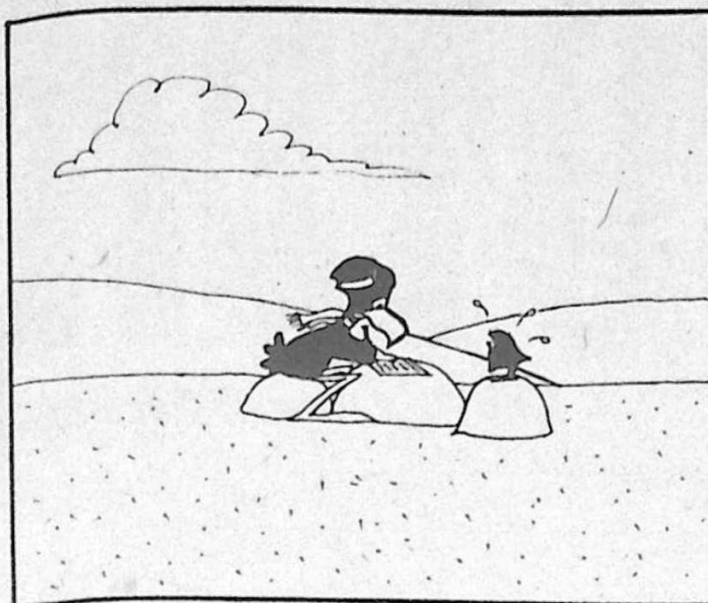
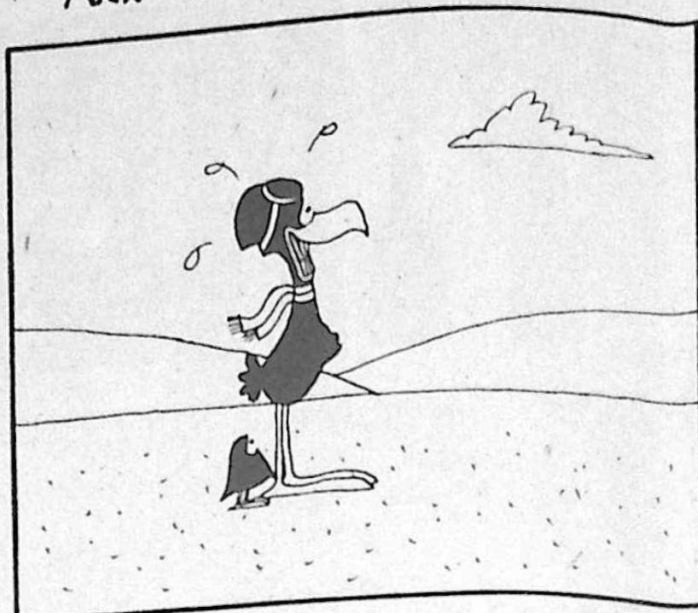
Her Majesties forces "other than those raised by Canada."

He maintains that the CFSA Section 10, subsection 6, para (c) sub para ii, clause (A) states that the penalty is on service in the "regular force." Interpretation in Section 2, "regular force" defines such regular force service as service in the "Canadian Forces." Section 5 para (b), sub para ii, clauses E & F indicates elective service and defines such service as service in the "permanent force" raised by Her Majesty "other

than those raised by Canada." Section 10 subsection 7, further clarifies and substantiates this premise, he says, in that it reads that the "service" used for the purpose of computing subsection (6) shall be the time served in the regular force and active service "raised by Canada." No mention is made of including RAF time etc. in the penalty mentioned in subsection (6).

He uses this example to make his point: A troop (Continued on page 2)

CUDGEL STEW by Rick St. Germain



Nighthawks Nest

Ho, Ho, Ho! and a Merry Christmas to everyone from your friendly 409 Night-fighters. Never let it be said that we're not busy; we only just found enough time for making up our seasons shopping list. So dear Santa, this is what I'd like for the following bodies.

Wes Allen - continued willpower to keep his hands off his typists in the Orderly Room.

Tom Goodall - a friend in Cuba so he can get his cigars cheaper (I wonder if P.E.T. counts?)

Chuck Wierielejchuk - a compassionate soul in Supply so he can get his nametags for the same cost as anyone else.

Pete Zinkan - only a small token because you already gave him the best present of all - Staff College.

Alexander and Raleigh Emery - the livers to go along with their diplomatic booze ration.

Len Bates - a do it yourself Barber Kit. (Send two and we'll give one to Don Ferguson).

John Bouchier - nothing, he does the scheduling.

Ed Campbell - a new set of glasses, or a friendly doctor when he goes for his eye exam.

Paul Gill - a strike at the wineries so he can keep control at his luncheons.

Charlie Gladders - a Poppy Suit with zippers in the legs for easy check list extraction.

Ron Hallstrom - a detailed briefing kit on authenticators, it must include notes and slides so he can pass his information on.

George Kulka - more hair and less belly.

Bob Lamb - the skill necessary to win at one or several games in the QRA.

Eddy Leak - a Paul Gill so he can unload his Volkswagen.

Ron Breedon - more cousins like the one he bought to the Mess on Saturday.

Mike McKay - a continued sense of humour so he can get along with the G.R.U.N.T.S. at Charm School.

Orv Malcomsom - definitely, a much longer tongue.

John Molloy - qu'est-ce que c'est?

Tom Potter - a pace maker for his heart which he is wearing out doing all that unaccustomed exercise.

Jim Reith - vitamin pills (he is looking awfully pale and tired!)

Kent Smerdon - a big empty notebook so he can write down every word of wisdom from his neighbour, the Reverend.

Roy Smith - a new copy of the old testament, or an old copy of the new testament.

Mike Spooner - many more people to share his big lonely office (please include desks, cabinets, etc.)

Trev Wallace - nothing. He got his on Valentines Day.

Pete Wittich - also nothing, we all saw his date on Saturday.

Al Robb - same as Wes Allen except make typists read "all females between the ages of 18 and 80".

I hope this does not sound greedy Santa, but would you please find it in your heart to also send some new aero planes for the troops. If that's asking too much please send 10 cases of Mouton Rothschild '64 for our next luncheon.

Crew 3 tried to get airborne a few weeks ago and following several attempts (different days) finally flew their patrol after spending close to 12 hours on the ground in the aircraft because of fog. The crew are now cooking experts

after all, how many people get to eat breakfast at the button of 1-1? After a rough trip, an early return and almost an overnight stay in Victoria, the crew landed back in Comox. Recently the crew held a



THE FUTURE AIRMAN of the new LRPA will be well dressed, keen and alert.

407 Tech Ramblings

Servicing Snickers:

Since our last submission, we've experienced a number of events. The Career Managers have come and gone - some people are happy - others are sad.

Olympic tasking is receiving a lot of attention these days. We've received our quota and it looks like sufficient volunteers will be available. Nice going guys - it should be an interesting experience.

PER time is around again. It is noted throughout the hangar that shoes are taking on a lustrous glow and hair

cuts are improving. Keep up the good work guys - & we may all make MCpl yet!

Things are much the same on No. 1 Crew. Dave McMasters, "The Wet Back", has returned from a month long vacation down in the South Seas. Cpl Stephenson is on his way to Greenwood for the Argus course - better take an anchor with you Bob, the winds have been pretty severe this year. Paul Boucher and Gord Lyons are on their way to the Cool Pool for a few days under the watchful eyes of their WO Bob Adams.

Two Crew are also having a few changes. Cpl Uddenberg is going to Cool Pool to stay. Hope you will enjoy your posting Brian and all the best from the gang. Barry Arnell is about to join the ranks of the unemployed after obtaining his release from the Service. All the best Barry - we all know you will do well on civvy street.

WO Bob Adams of No. 3 Crew spent a day or two in the Base hospital. Hope you are feeling better Bob. Cpl Cullerier is away on the Flight Engineers Course - good luck Gerry. I understand he will be leaving us pretty soon. Cpl Ward is also off to Trenton for the FE Course on Choppers in March. The old wise down should be a thing of the past, Larry.

This about rounds it off from the ASO Section. Capt Reed Delong is still running the show with an iron hand under the watchful eyes of the Crew Chiefs.

ASW LABS
Greetings once again from

that den of iniquity known as the ASW Labs. This reporter was informed at 0830 that the Totem Times deadline was 1030, and he had better supply something, so here goes. The silence up here is deafening as 5 of our illustrious members make their absence known. Bill Ouellette (all hail the APS 20) is busy improving his chances of going to Montreal by studying (?) French. MCpl Cook was up in Kamloops at the Broomball Tournament busily breaking bones for the glory of Comox, and Ken MacLaren is down in servicing learning all about the wonders of working on an airplane (sic) as he prepares to partake of a little Squadron jam (ie: a trip).

Jim Hagar has just returned from a weeks leave, and J.P. Lavoe is back from a month and a half in Down Homer Land (Greenwood). He says, "By gar him cold down dere, me no lak dat place!" All I can say is that Nova Scotia has sure improved your command of the English language, JP.

I guess that Bob Durrance heard that JP was coming back as he has disappeared for a weeks leave (coward). Howie English has departed for Kingston, Ontario for 6 months on his PL5 course, Good Luck Howie, you will need it.

Well, that's about all for this week except for a final word to the wise; ever since Wayne Roberts got the news of his transfer he has been painting and fixing up his house like mad. Look for it to be on the market soon (and watch the price drop!)

"Ol' Silver Top"

(Continued from page 1)

retiring from the CAF with 22 years "regular force" service and not having reached retirement age elects release under QR&O Art 15.01 table - item 4 (a). He has 5 years RAF service for which he has elected to contribute:

a. CAF time, twenty-two fiftieths of \$1000.00 equals \$440.00 minus 15 per cent equals \$66.00 for an annuity of \$374.00.

RAF time, five-fiftieths of \$1000.00 equals \$100.00 for a total annuity of \$474.00

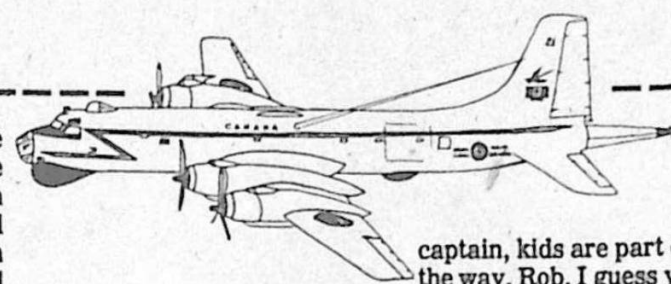
b. The method used to compute this personnel's annuity is twenty-seven fiftieths of \$1000.00 equals \$540.00 minus 15 per cent equals \$81.00 for an annuity of \$459.00. A difference of \$15.00 to his detriment.

The Old Chief contends that since we don't count the RAF time as time in the CAF for making up 25 years then we should not lump it in with the 22 years "regular force" time when computing the penalty. It seems odd, he says, that when you need the time it doesn't count for you but when they count the time it suddenly is eligible for computing the penalty. He adds that if it were happening to him he would sue.

However, as this is the system that is being used he had to pay up the beer bet to Lloyd and concedes that WO Hayes is more conversant with the CAF interpretation than the "Ol' Silver Haired Chief," so it is time he retired and that is what he is going to do.

(Editor's Note: The Chief is finally CRA and starts terminal leave on 23 March 76.)

407 SQUADRON



DEMON DOIN'S

party at the infamous residence of Harry Bunter. Things got off to a slow start, but after a little pleasant conversation the atmosphere and the gaiety increased. After a hearty meal and a few refreshing beverages the crews finally went home around 3:30. The party was enjoyed by all, but Barry can't figure out why he can see daylight through one of his walls. The crew has had its fill of chicken, so Frank as rations officer, try to get us something different, like turkey. Harry (Torch) Leblanc was duty driver for the party and was kind enough to pick up the food at the Colonel's.

The crew would like to congratulate Rob and Donna Irving on their future addition to the family around September of this year. It just goes to show you that when you're about to be promoted to

captain, kids are part of it. By the way, Rob, I guess you'll be skiing by yourself next year. The crew had the luck to fly a crew trainer on Friday the 13th, and in true tradition of the day the trip went as planned. C'est la vie.

The Squadron had a visit from the nav career mangler and a few postings are in the air. I guess when they're official, they'll be put in print.

As for what the other five crews are doing, there's nothing to report. So until next issue, cheers!

The Demon

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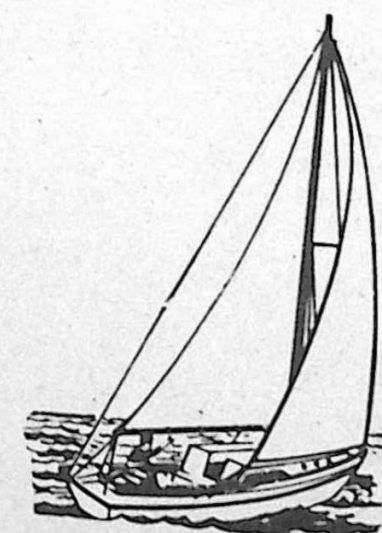
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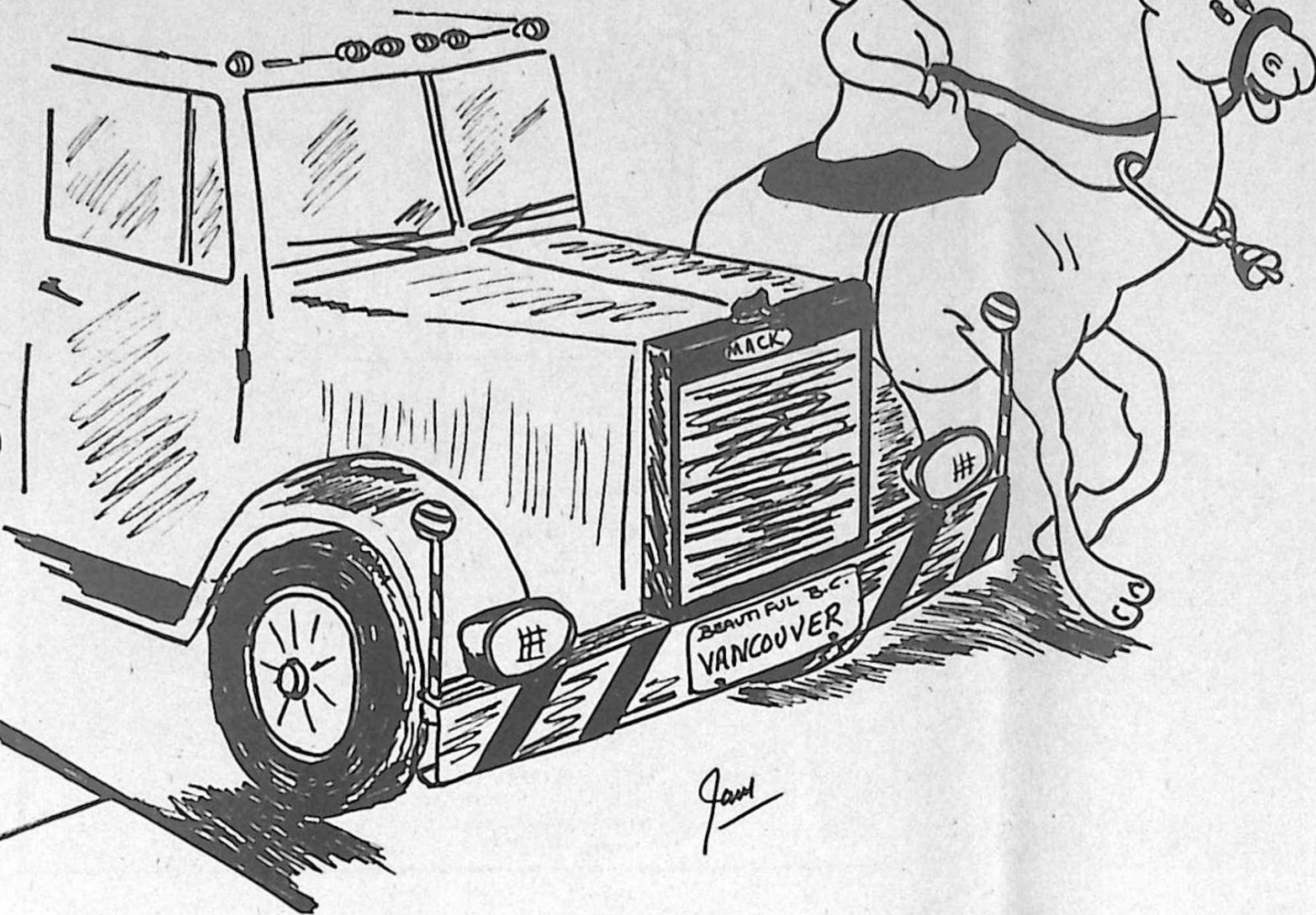
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BACK
FROM
EGYPT**



"HEY MAN! I wonder what the dude pays for insurance on that beast."

Mushroom Mutterings

THE UPPER DECK
Well, it's been a busy couple of weeks; the Boss returned and the North End of the corridor has been like Times Square on New Year's Eve. To elaborate we had 5 1/2 aircraft serviceable, 3 Naves appeared at Met Briefing and the barber shop had to call in an extra man. On top of that Maj Durrant leaked word he was writing PERs so all the

pilots appeared offering coffee and other bribes to counteract yet another bad year.

After an initial appearance all the AC's took a week off while the Col. caught up on his flying time - next week he starts on the Lab with the ominous warning "I may need a little extra time to get my hand in!"

409 Sqn has played havoc with our schedule while they practice up for TAC EVAL. We had one visit to the shelter and very few days pass without a siren of some kind. We have this thing taped now though, no longer do we rush into the hall and say "what does that mean?" - we all pretend we know and await the PA announcement. The only other problem is that list of items you have to carry around; after an embarrassing return trip home one unnamed member has made a check-list: I.D. Card, Security Card, I.D. Disc, the black round job you keep in the drawer to measure earth tremors, flashlight, oxo cubes, barley sugar and a copy of The Last Canadian.

The Spring Shuffle has started and a few changes have already been made. Maj Durrant is mentally preparing for the Middle East and has moved in with the Line Pilots, guaranteeing an audience for all his old jokes and multitude of stories. Meanwhile Maj Simpson has stepped up to Buff Flight Commander. Para Rescue have a few moves coming up but secrecy has prevailed. It is interesting to note that Cpl Jerry Boucher is going on

Arctic Survival, perhaps a tour in Cape Dyer or Frobisher can be anticipated. The FE's are also unusually quiet but I did see Sgt Larry Cote smile one morning so things don't look good. Congratulations to Bob Sexton who is now an AC and will be celebrating next week - also on the Arctic Survival Course.

Coming up on the 19th Feb. is the Squadron Officers Lunch, primarily to unofficially say goodbye to Capt. Dave Royer who is retiring. Until the 4th of March....

TECHNICAL GEN

And now for some hangar floor sweeping. MWO Jeffery is off to the Olympics on 21 April, so if you're watching the games on T.V. this summer and you see a grey haired sprinter in C.F. greens doing the 100 yard dash, don't be surprised. Remember, those portable "biffies" are going to be spread kind of thin.

The latest newcomer to the 442 technical side is Pete Roy from Trenton, to Safety Systems. Len MacCormack from F-Troop will soon be picking up his walking papers for Edmondchuck. Pete Schmidt and Bill Sutherland are

over in Penhold on the Junior General's Course. Presumably, Pete had to visit the barber shop before leaving. Must have been a trying experience.

PER time around the hanger is something akin to that period just before Christmas, when everyone is as good as they can be, and just as busy as little beavers. As a matter of fact this writer will do a little career planning by promising not to make any more comments about the Chief's pipe. Also, there is no rumour that the J.E. section is considering installing a 200 foot smokestack on the hangar roof.

Rescue Bits

NOW IT CAN BE TOLD, the light blue element in MAR-PAC has stumbled on how the dark blue does their point-to-point navigation! They go ashore and ask directions. We, in the Rescue Centre, got a phone call from an irate citizen about 2 a.m. last week. Seems things were peaceful at this citizen's home at Becher Bay when lights started to flash, dogs started to bark and this gentleman had thoughts about WWII. Out in his peaceful bay steamed 9 warships, lights flashing, sleekly gliding through the water. I can't tell you the name of the ship but there is a lake in southeastern BC as well as a mountain chain with the same name. While standing there debating whether to (a) go back to bed, (b) head for the hills, (c) give up, he was interrupted by a knock on the door. Fearing the worst, he slowly opened the door and there before him, resplendent in the green bag, complete with beret, stood a man who uttered these now famous words "Pardon me, can you tell me the way to China Marina?" Sure makes

up for the AIR FORCE pilot who declared an emergency stating he was lost somewhere over the prairies. He saw a town, went down to investigate, got the name from the grain elevator, climbed back up to altitude and cancelled the air emergency stating "Everything is OK now, I'm over Co-op Saskatchewan."

Maybe a little on Mercy Flights or, as some know them, Medical Evacuations. The Rescue Centre is the coordinating agency for Mercy Flights in B.C. The RCC is the liaison between the approving authority, which is the Provincial Health Department, and the agencies which carry them out. We had approximately 360 such flights in 1975 apportioned between the B.C. Government Air Services, the Canadian Forces and, in the odd case, a private charter. The usual procedure is for the initiating doctor to call the Rescue Centre stating his request. We then bring in the Duty Provincial Health doctor who decides whether we do it or not (Provincial Health pays the bill and, without approval, the patient's family will be tabbed). On approval we check the B.C. Air Services to see if there is an aircraft available. If so, they do it - if not, we call Comox and repeat the medical consultation with

the Duty Medical Officer. If he concurs, a Buffalo Labrador is then tasked, complete with the necessary medical staff. On occasion, when neither facilities are available, a private aircraft is chartered. The RCC action, after securing an aircraft, is to tee up getting the requesting doctor's patient to the nearest suitable airport, ensuring adequate medical facilities are on the aircraft, and coordinating such things as ambulances at the destination airport, the receiving hospital, and multitudinous other details. Needless to say, it's quite possible the most time-consuming of all the duties we have, but maybe too the most satisfying. There are so many variables to consider in setting up a Mercy Flight but underlying the whole thing is a statement from a hospital to the effect "He/she is alive and will recover."

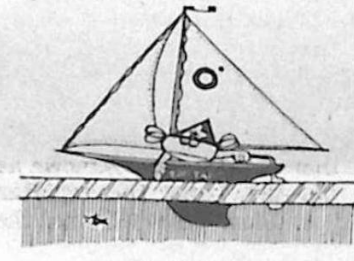
Rescue Rumor:
Look For: Air Traffic Controllers in the Canadian Forces to be granted stress pay.
User trials on three new distinct uniforms, colours unknown, for the CF.
Logistics to retain the green bag.
That ought to keep seagulls pin feathers busy.
That others may live.
Per Ardua Ad Rescutatem.

Take a Trip

...down the spiral staircase, into your lungs.

Demonstrating the use of hypnosis on a volunteer who wished to stop smoking, Dr. J. Lawder of Comox held a captive audience at the Officers Mess on Wednesday, 18th Feb. at the Officers' Wives Club meeting.

A large group of approximately 125 members and guests were in attendance to hear Dr. Lawder give a most informative and interesting talk on Hypnosis and Nutrition. A question and answer period followed.



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Tests Reveal

(Continued from page 2)

Milk packaged in clear pouches developed oxidized flavour in three hours, and milk in returnable jugs showed off-flavour in six hours. Samples in paperboard cartons "afforded complete protection and no oxidized flavour could be detected after 48 hours."

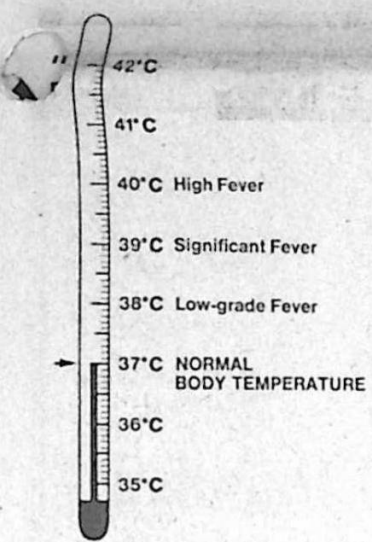
According to Dr. deMan, "light is one of milk's greatest enemies, whether it be natural daylight or artificial light. Milk starts to lose its taste and flavour as soon as it is exposed to light."

Tests revealed a wide variation of nutritional losses in milk subjected to light, depending upon the container. Exposure to light for 48 hours resulted in almost complete loss of ascorbic acid in the clear pouch (87 per cent), and the returnable jug (90 per cent), but the paperboard carton (3 per cent) was almost completely unaffected.

Dr. deMan stated that his tasting panel became so adept in their art that they were soon able to relate the off-taste factor to almost the exact number of hours in which the samples were exposed to light. Consumers sometimes complain about a flavour development variously described as "straw" and "wet wool" when milk has been over-exposed to light.

The University of Guelph study was concerned only with milk in three-quart containers or packages, and the samples were pasteurized homogenized whole milk.

The Canadian findings were similar to those conducted earlier by the University of Michigan and Penn State University.



CLINICAL THERMOMETERS GO CELSIUS

37°C is NORMAL Body Temperature

As of November 1st, Canadian pharmacies and retail outlets have been using clinical thermometers that use the Celsius scale only. It is in use in Canadian hospitals and clinics.

Unlike normal body temperature on the old Fahrenheit scale which made use of decimals to define the specific normal body temperature, the Celsius scale has 37 degrees C as normal with 38 degrees C regarded as low-grade and 40 degrees C as a high fever, perhaps requiring medical advice.

The accompanying illustration, provided by the Metric Commission illustrates the new Celsius scale.

At a meeting in Toronto June 4th, suppliers, sellers and users agreed that the scale and use of Celsius clinical thermometers would be promoted to the Canadian public as of November 1st.



AIR COMMAND

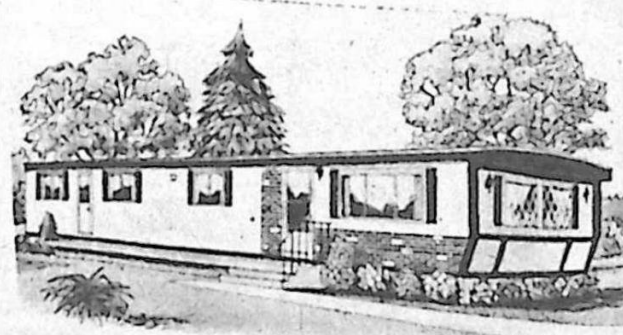
AIRCRAFT ACCIDENT PREVENTION

A recent interesting incident is quoted for your information: "During unloading of practice bombs in a dispenser, a bomb inadvertently released due to not being properly locked in place. The W Tech carrying out the load was struck in the right breast sustaining one broken rib and possibly two more broken ribs. Due to pregnancy, no X-rays may be taken for confirmation. Lack of size and physical strength caused this person to tire quickly while carrying out weapons loading. The person involved has been removed from the load crew and will not be employed in these duties again." Why not! Indeed.

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EDITORIAL

From the fur-lined foxhole

I love trying to speak French. I love French songs and if I were a younger man (and unmarried) I'd love French girls. I've enjoyed my time in Quebec. It was a challenge being partly immersed in another culture. I look forward to the time when I can again watch some French-language TV and try to read the French-language papers. My time in Quebec heightened my sense of identity and nationalism as an English Canadian, now I had some other reference, other than the USA, by which to judge my own sense of identity.

Yet strangely enough I have come to oppose much that I see in Bilingualism and Biculturalism; the way in which our government implements the Official Languages Act. I agree with those who say that the program is ineffective and that its cost cannot be justified in a time of fiscal restraint. I have also come to resent the great numbers and percentage game that has evolved. None the less, I have met few who oppose the Official Languages Act in principle; mercifully, they are few and far between. What many resent is the waste of time, money and effort, when people are sent on courses in the other language only to return to their own linguistic milieu, never getting to use the result of this costly training. Other aspects of the B&B program, such as preferred promotions and the career implications of not attending language courses, are of singular concern to the serviceman or servicewoman. Instead of questioning the policy of the government in principle or opposing the method of implementation, many Anglophone servicemen appear to be blaming their Francophone compatriots. Nothing could be more unfair or stupid. He (or she) is no more responsible than we are.

For me the B&B program misses the mark. In my opinion English Canadian society as a whole is just not prepared to accept these changes in this manner.

Would it not be better if all Canadian schools be they primary, secondary, or universities or colleges have compulsory courses in the other official language. Surely the problem of Provincial jurisdiction could be satisfactorily overcome in the name of national unity.

If the other official language were taught by the best methods and best teachers then it should be possible to attain a uniformly high standard in spoken French (or English) by the end of High School. Much of the money, personnel and equipment now in place for the Public Service and Armed Forces could be transferred to a new school program. This would help defray the costs of the new program. Instead of a wholly new bureaucracy, provincial Departments of Education would be supplemented in their efforts to attain this national goal. This approach would, I believe, exploit the openness of mind and curiosity of our children and young people. The aim would be to make a working knowledge of the other language a natural and accepted part of our academic and cultural scene. At present our efforts are aimed at older people, already set in their ways and occasionally biased against any linguistic changes.

After a generation had passed through our schools then it would be so much easier to implement various other bilingual programs. Changes such as the creation of a French-language TV channel in the Vancouver area, now the subject of a bitter and decisive controversy, would be much more acceptable. These changes would be built upon the educational experience of a generation and would not appear, as now, imposed from above. There would, hopefully, even be some demand for these changes.

It is most important that the proper course be followed. French-English unity is critical to the existence of Canada as we know it.

Participation

"Participation" according to the Webster's New World Dictionary is a noun which means the act or fact of sharing or partaking. Roget's Thesaurus indicates that the verb "participate" is to take part, to share, to be a party to, to partake in.

Participation or the act of participating means many things to many people.

There are different kinds of participation. There is the type that is forced upon us by circumstances such as job or survival. Use the forthcoming TAC EVAL as an example. We are members of a military service whose primary task is to defend our country. We don't enjoy the inconvenience, extra duty hours and added effort that must be expended; however, it's part of our job. We must participate as a team to meet the challenge to ensure that we are tactically capable of fulfilling our obligations.

Then there is voluntary participation which covers a large number of areas. Sports teams, church groups, youth leaders and many other community minded people fall into this type of participation.

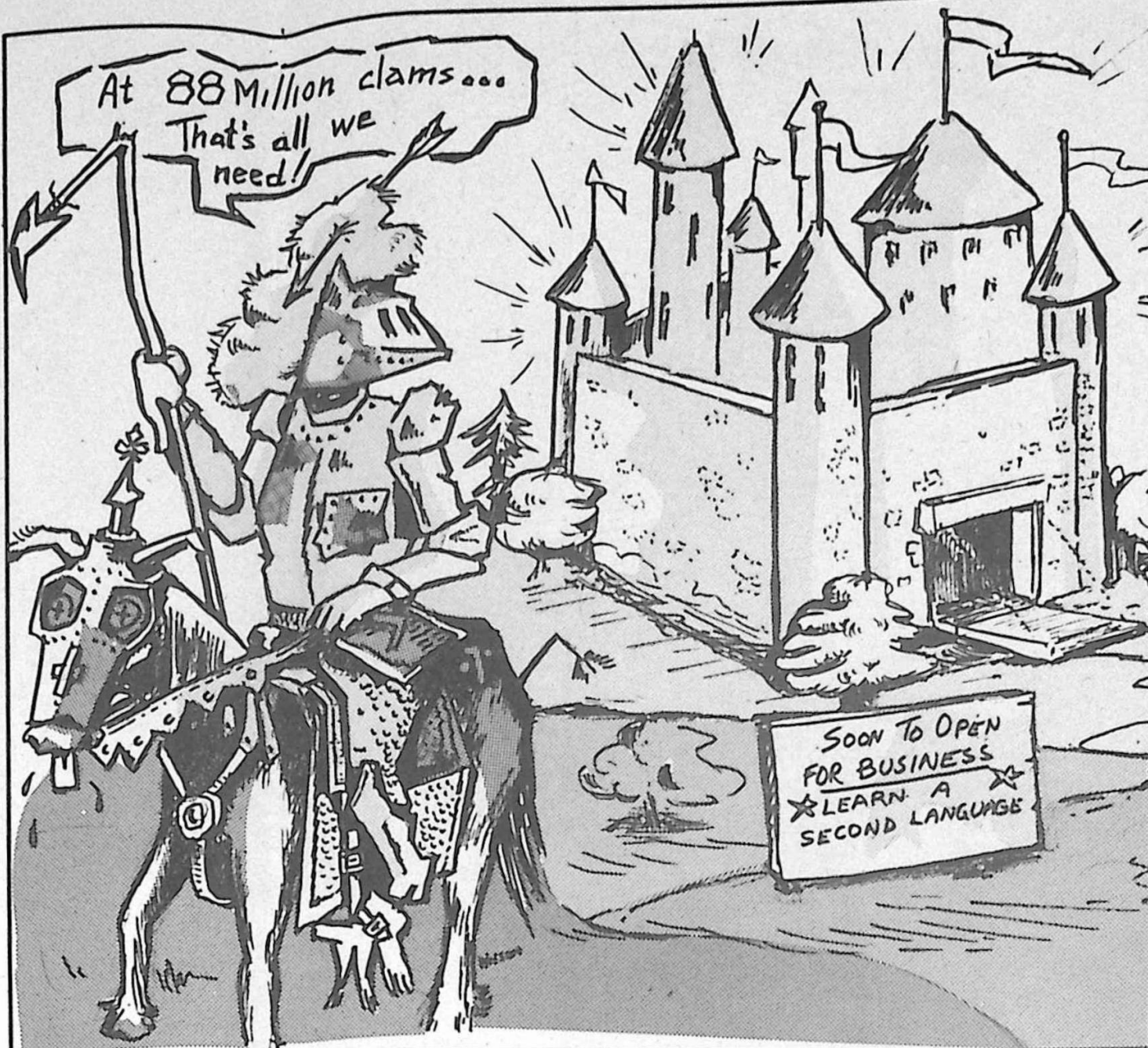
Miss CFB Comox, Debbie Ross actively participated in the Comox Valley Winter Carnival. She was not

crowned "Sno Queen '76" at the Snowball Frolic at Union Bay, but she did a fine job in representing this military community.

We of the Totem Times staff feel that we also are participating in the activities of this community by producing a military newspaper which visually reflects the life style of the inhabitants. Those individuals who consistently take the time and expend the effort to support our beloved "fish-wrapper" with articles, cartoons and pictures (we like photographs with suitable cutlines-captions) are also participating, and should be proud of their efforts.

"What's this all leading up to?" you ask. Well, here's the sales pitch: we need an assistant editor. Being a member of the military newspaper fraternity may not bring you commendations nor extra pay, but it certainly gives you an opportunity to participate. Your application from amongst the hundreds that will be received (would you believe, one?), may be accepted. No references are required, but you'll need a sense of humour and a "thick skin".

ACT NOW! DON'T LET THIS OPPORTUNITY TO VOLUNTARILY PARTICIPATE SLIP THROUGH YOUR OUTSTRETCHED ARMS.



Crime Legislation

Loop Holes To Tighten

Hugh Anderson, M.P.,
Comox-Alberni

Recently, it has been announced that Warren Allmand, the Solicitor General, and Ron Basford, the Minister of Justice, will be shortly bringing forth criminal legislation which will tighten up loop-holes in Canadian law in an attempt to make our society a better place for all Canadians. I believe that as a Government we should be concerned about the detection of crime, providing secure facilities for our prisoners and making sure that those law abiding citizens in our communities are protected from those of little or no social conscience. It must be the main thrust of any government to give priority to the maintenance of justice by giving priority to the safeguarding of our society.

There are going to be two separate sections to the crime legislation, one dealing with criminal reform and the other dealing with the question of Capital Punishment. I believe that there will be almost unanimous approval for the steps that will be announced by the Solicitor General and the Minister of Justice. However, I am not naive in thinking that the question of Capital Punishment will not raise a furor throughout our land.

Whatever steps Parliament takes regarding Capital Punishment I know will not be met with anywhere near unanimous approval by the electorate of Canada because there are very strong feelings

regarding the abolition or retention of Capital Punishment and in either case, we are not going to satisfy a great many Canadians. If Capital Punishment is retained and utilized, then the Canadian Government will be described as brutal and medieval. If abolition takes place, then the Government will be criticized for being wishy-washy and not protecting the society it is empowered to protect.

It has always been my consideration that Capital Punishment is the tip of the iceberg and that the average Canadian, when viewing the social unrest in our fabric, over emphasizes the role that Capital Punishment would play as a deterrent. The new crime legislation would make it difficult for the criminal to operate as it will reduce his freedom of movement by tightening up bail laws, gun control, etc., and what the Solicitor General is hoping for is that this will bring a feeling of security to Canadians and that they will accept the abolition of Capital Punishment. The Solicitor General is a humanitarian and believes that nothing can be accomplished from Capital Punishment and I respect his views since they are personal strongly held views to which he is entitled.

The fact is that I disagree with his stand on Capital Punishment and I have stated on many occasions that I am for the retention of Capital Punishment. Premeditated First Degree Murder should

not only cover prison guards and policemen, but all segments of our society since I place the same value on the life of a postman as I do on a policeman. Philosophically, the crime should be judged on its own nature, not on who the victim may be. For this reason, I cannot accept the present legislation as constituted as it is biased and prejudicial.

Those who are retentionists are accused of being anti-humanitarian, but in all seriousness I ask you whether it is humanitarian to incarcerate for life, being bound in an area of approximately 20 square feet, knowing that you have lost all rights to society?

Secondly, my belief is that by transferring certain dangerous criminals from an open society to a closed society has not lessened the danger; it has merely transferred the local of his or her operations. We are well aware of recent taking of hostages in penitentiaries which only shows that the danger is not stopped; it has merely been transferred to a more closed area.

Finally, there are some crimes and some individuals that are so brutal and so inhuman that society should

demand the end of the perpetrators' existence. No thinking person is going to demand the death penalty for crimes of passion such as the wife taking the frying pan and hitting her husband on the head during a marital confrontation. The suffocation of 16 people in a closet in Montreal by a gangster deliberately however is a much different kettle of fish and my milk of human kindness dries up and I feel that the person capable of this type of crime has lost the right to remain in our society, period.

The debate is going to be open on Capital Punishment and every Member of Parliament will vote according to his or her conscience. I am going in the debate with an open mind, but I cannot in all honesty give any hope that I will become an abolitionist during these debates. No doubt, I will be making amendments in speaking against my Government's legislation. However, I trust you will bear with me and realize in my own way I am attempting to protect you - the people who sent me to Ottawa to represent the Riding of Comox-Alberni.

Letter To Editor

Annuity Discussed

Dear Sir:

When I first enlisted in the then R.C.A.F. some twenty years ago, the Forces of the time had one of the best pension plans in existence in Canada. However, over the years, our plan has eroded while unions and management have negotiated better plans, until today the Canadian Forces Superannuation Plan is well down on the list when it comes to a comparison of pension plans.

One of the factors eroding our plan is that we have moved closer to the Civil Service Pension Plan. Our annuity is now calculated on the best six years rather than the best three we now contribute 6 1/2 per cent to the plan, the same as the Public Service.

Probably the best pension plan in Canada now, and perhaps the best in the world, is that of our elected representatives to the House of Commons, our M.P.'s. One of the items that our M.P.'s managed to squeak through the House prior to the Christmas Break by Bill C-52 was a 33 1/2 per cent increase in their already very comfortable pension plan.

Probably the most effective way to show the superiority of their plan is to compare them by way of two imaginary persons, one an M.P. and the other a civil servant. Where a member of the Canadian

Forces fits in will be shown later.

Let us therefore take the case of two men, both aged 25 and married to women aged 22. The first is elected as an M.P. and serves 20 years before he is defeated in an election. The other becomes a civil servant but quits after 20 years on the job. We will now take it to be that the average best six years of salary is \$24,000 for both men.

Here is how the pensions work. The formula for the M.P.'s pension is 3 1/2 per cent per year of his best six years of salary for the first ten years, or 35 per cent (3 1/2 x 10) plus 3 per cent per year for the next 10 years or 30 per cent for a total of 65 per cent. Therefore his pension at age 45 would be 65 per cent of \$24,000 or \$15,600 per year.

The Civil Servant pension formula is 2 per cent per year of the best six years of salary for the full 20 years of service making a total of 40 per cent. However, his pension does not begin until age 65, not 45 as in the case of the M.P. So at age 65 he gets \$9,600 per year. Thus when the civil servant begins to receive his pension at age 65 the Member of Parliament has already collected \$312,000. Now let us assume that the civil servant was a member of the Canadian Armed Forces instead. His pension is still calculated at 2 per cent for the best six years of salary for the

entire 20 years of service. However, his pension will commence at age 45, when he quit, but reduced by 5 per cent for the five years he could have served to age 50 or 25 years of service. Thus he loses 25 per cent of \$9,600 or a pension of \$7,200. Therefore we have two persons, both serving the same government at the same salary, but one gets double the pension of the other.

Let's take it a little further by going into death benefits. In the event of the death of both men, the M.P.'s widow's pension gives her 60 per cent of her husband's pension or \$9,360 per year. The Canadian Armed Forces widow's pension gives her 50 per cent of her husband's pension amounting to \$3,600. The C.A.F. member's widow receives one third the amount that the M.P.'s widow receives.

One might cry "foul" at this point since the M.P. was forced to quit (he lost the election) while the Canadian Forces member quit of his own accord and was penalized by way of his annuity for having done so. Let us consider briefly what happens if both the M.P. and the serviceman continue on the job a further five years. The serviceman has now reached Compulsory Retirement Age. The M.P.'s retirement fund drops to 2 per cent per year for any years of service

beyond the 20 years so in effect both the M.P. and the member of the C.A.F. have their pensions increased by 10 per cent (20 x 5) or \$2,400 per year. This gives the M.P. an annual pension of 18,000 dollars and the member of the Forces 12,000 dollars. The M.P. is still receiving one and a half times the service man's annuity. The widow's pensions are now \$10,800 per year for the M.P.'s widow which is almost double the \$6,000 the member of the Canadian Forces' widow receives.

This is a rather jarring commentary on the lip service given to restraint and wage and price controls. Putting all politics aside, I am prepared to live with restraint and wage controls which must include pensions. After all, it all comes out of the same kitty. But what is sauce for the goose is also good for the gander and we must not have one side making certain that they get theirs while there is still something in the kitty.

As I said at the beginning of this letter, the Member of Parliament Pension Plan is probably the best in the world no matter how you cut it. Since we all work for the same boss let us work for the same Forces Superannuation quickly.

Yours truly
D.H. Sladen
Loc. 487

We need your support



The Editor

Beautiful your neighbourhood.
Get out on the street.
Take a walk.



Tax Talk

Keep Adequate Records
- Or The Tax Man Will

From The Institute Of
Chartered Accountants
of British Columbia

What a nuisance income taxes are! Not only do we have to pay them but, to add insult to injury, they also make us calculate them - choose your own poison so to speak.

Although completing our own tax returns may be a nuisance, it is the only reasonable system of efficiently collecting taxes in this country.

Under our self-assessing system of collecting taxes, each taxpayer is required to calculate his taxes and file an appropriate income tax return. Our income tax laws require that taxpayers keep records which are adequate to determine the amount of income taxes so payable.

However, that is not the end of the matter; the tax collectors are entitled to disagree with your calculation of taxes and can reassess if they believe your income tax return is incorrect.

It is important to understand that if a dispute arises, in most instances it is up to the taxpayer to prove that the Department of National Revenue is incorrect.

If the taxpayer does not have adequate records to substantiate his estimate of taxes, his task will be difficult, if not impossible.

Where adequate records do not exist, the Department of National Revenue may resort to a net worth assessment to determine your income. Such an assessment is very arbitrary and, with no records available, difficult to contest.

The taxpayer usually loses his case in such circumstances.

Moreover, every person who fails to keep books and records is guilty of an offense and in addition to any penalty otherwise provided can be liable on conviction to a fine of not less than \$200 and not exceeding \$10,000, or both fine and imprisonment for a term not exceeding six months.

The taxation of capital gains, which commenced in 1972, has resulted in the necessity of keeping extra records for many taxpayers. In addition to the records which were required before tax reform, taxpayers who own capital property should keep adequate cost records as well as any information available to substantiate the market value of the property on valuation day.

(Continued on page 9)

TOTEM TIMES

Published every second Thursday, with the kind permission of Col. R. L. Mortimer, Commanding Officer, CFB Comox.
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Sports & Recreation: Harvey Gates
Proofreaders: Pearl Kingens, Blanche Campbell, Cecile Begin
Circulation: The Genua Family 338-6215
Business Manager: Marc Legault L. 354
Advertising: Michel Naud, Bernie Boutaught.

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributors and not necessarily those of the publication. In case of typographical error, the goods may be sold and difference charged to this newspaper. No liability is accepted for a second of space charge for the erroneous item. Advertising is limited to a second of space charge for the erroneous item. Address correspondence to The Editor, Totem Times, P.O. Box 100, Comox, B.C. V9B 1X0. Printed in Courtenay, B.C.

What MPs Ask

OTTAWA (CFP) -- The following are extracts from Hansard dated February 5, 1976:

NATIONAL DEFENCE
Request for Delay in Construction of Language School at St. Jean, Quebec.

RIGHT HON. J.G. DIFENBAKER, (Prince Albert): Mr. Speaker, my question is directed to the Minister of National Defence and I preface it by saying that I think members in all parts of the House are most anxious to co-operate in the restraint program and will do everything they can to make it a success. Having regard to the difficulty of having finances for tanks and other military requirements, and the reduction in hospital beds across this country in order to keep down expenditures, does the minister not feel it would be in the interest of the country as a whole that he show restraint and put an end now to that \$88 million language school in St. Jean, Quebec?

HON. JAMES RICHARDSON (Minister of National Defence): Mr. Speaker, believe the right hon. gentleman may not have been in the House yesterday.

MR. DIFENBAKER: I was in the House and I listened to that fatuous explanation.

MR. RICHARDSON: He might not have heard the answer that was given by me and also by the President of the Treasury Board. The facility at St. Jean, Quebec, is to be used for recruit training as well as for language training. It has been planned now for several years and it will take at least four or five years to complete. The expenditure this year and next year is relatively small.

MR. DIFENBAKER: If it is not necessary and it will take four or five years before it can be opened, why not end it now and give example to the Canadian people that the government follows its policy of restraint which it is asking others to carry out?

TOTEM
TIMES
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Deadline
MARCH 1

Sports Capers

The BASE VOLLEYBALL TEAM travelled to Victoria this past weekend to participate in a Senior "B" Invitational Tournament sponsored by the B.C. Winter Festival of Sports. The competition was keen with teams from Seattle, Bellingham and Canada taking part.

The competition was good experience for the team who will be taking part in the C.F. Pacific Region Championship at CFB Esquimalt 5-7 Mar. Two members of the Base also attended a Volleyball Officials Clinic in Victoria sponsored by the Canadian Volleyball Association.

The BASE BROOMBALL TEAM were visiting Kamloops to take part in the Broomball B.C. Festival of Sports. The competition there was very tough with our team finishing in third place. Good show Totems.

Sgt. Stan Prime, is at CFB Cold Lake taking part in the C.F. National Bowling Championship. No report on that Championship yet.

CFB COMOX BOXING CLUB has another card planned for 28 Feb., 8:00 p.m., at the Recreation Centre. Ten bouts, admission - students 50 cents - adults 75 cents. Come out and support the club.

CFB Comox will be hosting the C.F. PAC REG HOCKEY

CHAMPIONSHIPS 1-3 Mar. at Glacier Gardens Arena. Admission is free. Schedule will be posted. Visiting teams will be from CFB Chilliwack and Esquimalt. Support your Totem Hockey Team.

The BASE ARCHERY CLUB visited CFS Holberg this past weekend to take part in an invitational shoot at that station. Results are as follows:

Top Free Style Men - Gary Gauvreau, CFB Comox.

Top Free Style Ladies - M. Gauvreau, CFB Comox.

Top Mixed Team - CFB Comox - Gary Gauvreau, M. Gauvreau, Don Buchner, Thanna Buchner.

Top Free Style Team - CFB Comox.

Top Bare Bow Shooter - Norm Crabe, Port McNeill.

Top Bare Bow Team - CFS Hoberg.

Semi-finals of the Inter-section Volleyball were held with fourth place Adm. Comp Branch knocking off first place Fire Hall in a well played spirited competition. Maybe next year MWO Jack.

In the second match a strong 442 team beat a scrappy Torpedo Shop squad. Finals go this week.

"A" LEAGUE HOCKEY

On 16 Feb. the regular season's schedule for "A" league hockey ended with the following standings.

407 24 pts. 1st place
409 20 pts. 2nd place
MPs 11 pts. 3rd place
442 6 pts. 4th place

The play-offs start 23 Feb. with 407 playing MPs at 1830 hrs. second game of the evening will see 409 playing 442 at 2045 hrs. This is a best of three semi-final schedule. Keep posted for further results.

INDOOR SOCCER

On Mon. 9 Feb., the Wolves downed the Bears 4 to 3. Mike Naso and Percy Miller scored. For the Bears it was David Cranidge, David Uddenberg and Timmy Miller. The other game saw Lions down the Falcons for its second loss of the season. On 16 Feb. Falcons beat the Wolves 4 to 0 and Lions beat the Bears 1 to 0.

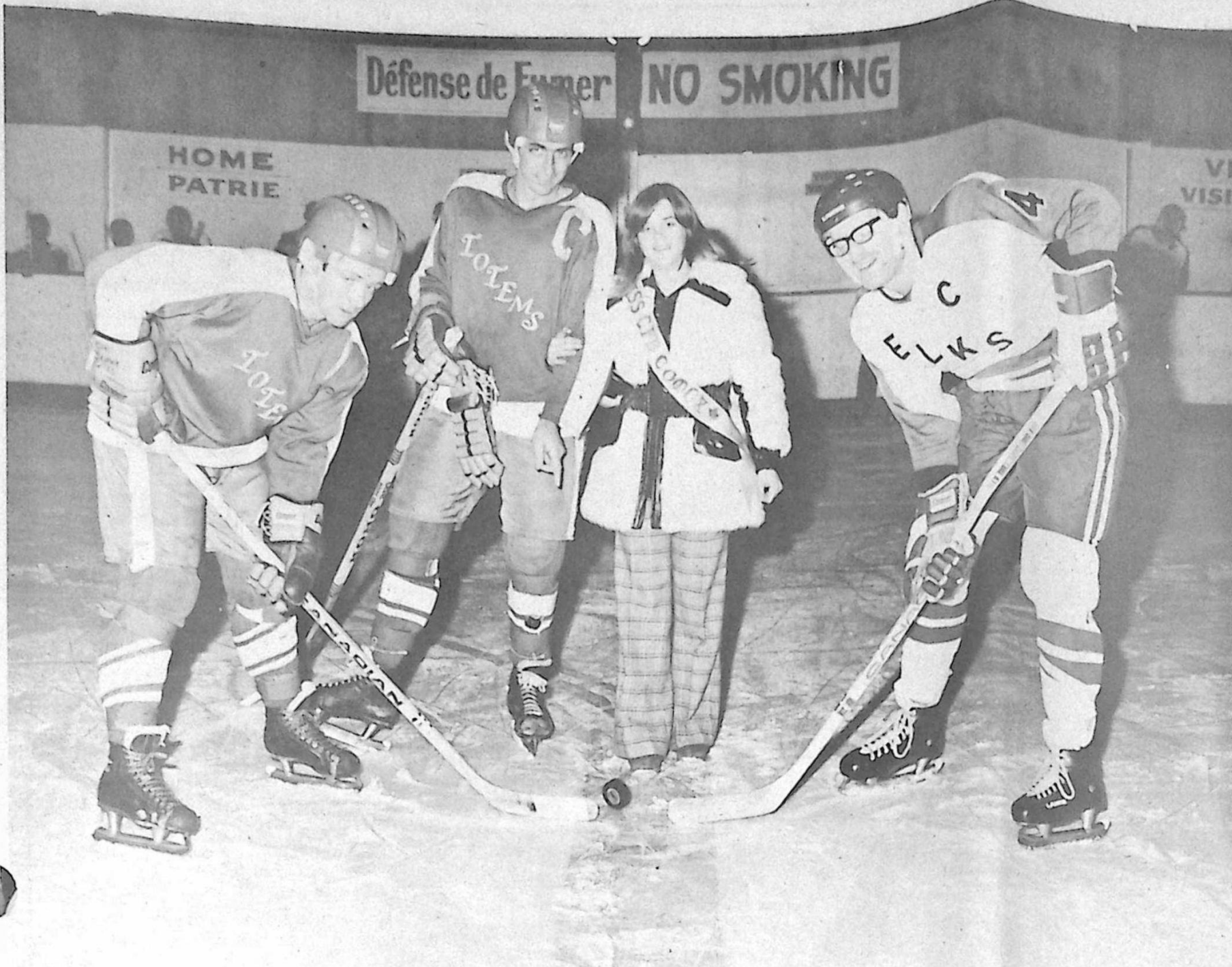
Standings:

	P	W	L	T	Pts
Falcons	13	7	2	4	18 1st
Wolves	13	8	3	2	18 2nd
Lions	13	4	7	2	10 3rd
Bears	13	2	10	1	5 4th

Playoffs start at 0900 hrs., Sun. 22 Feb.

Falcons vs Lions 0900 hrs.
Bears vs Lions 0930 hrs.
Wolves vs Lions 1000 hrs.
Falcons vs Bears 1030 hrs.
Lions vs Bears 1100 hrs.
Falcons vs Wolves 1130 hrs.

Trophies are to be presented to the winning team at approximately 1200 hours.



Debbie Ross Opens Elks-Totems Game

Base Photo

Totems Hockey

In a penalty-ridden game on Tuesday Feb. 3rd, the Totems lost 8-7 to the Courtenay Elks at the Glacier Gardens. In the first period both teams traded a goal apiece with Arman Vartanyan scoring for Comox and assists to Jack McGary and Lou Goulet. At the beginning of the second period, Comox scored two quick goals at 00:51 and 01:13 due to the efforts of Dan Cloutier and Ken Bain respectively. However Courtenay answered with three goals and Lou Goulet scored at 09:00 of the second period to make it 4-4 after forty minutes of play.

In a very rough and rough third period, Jim Whelen connected for two goals with assists from Dave Boucher and Dan Cloutier. However the Elks kept pace and eventually scored the winning goal. The Totems' seventh goal of the game was scored by Lou Goulet.

There was a total of ninety-one minutes in penalties assessed with Comox getting fourteen minors, four major plus a game misconduct. The Totems had 28 shots on net

versus forty-one for the Elks.

On Saturday, February 7th, the Totems hosted the Parksville Cohos in what turned out to be one of the better games to be played in the Gardens. Both teams displayed good playmaking and accurate passing. Goaltending at both ends of the ice was excellent as shown by the score 2-2. Totem scorers were Dan Cloutier and Jack McGary with assists from Lou Goulet and Rolfe Cramer respectively. Comox spent a total of ten minutes in the penalty box while Parksville visited it only twice. Shots on net were 50-37 in favour of Parksville. All in all, it was an excellent spectator game for the few spectators that were there.

The Courtenay Elks visited the Gardens on Tuesday, Feb. 10th and went away the losers of a closely-played game. The Totems contained the Courtenay team with their excellent fore-checking and hard skating to post a 4-2 win over the Elks. Goals for the Totems were scored by Lloyd Noseworthy, Ken Miller with two, and Jim Whelen.

Broomball Standings As Of 17 Feb.

	P	W	L	T	Pts
407 "A"	20	19	0	1	39
Military Police	18	11	5	2	24
442-409	20	6	9	5	17
407 "B"	20	3	14	3	9
Firehall	20	3	14	3	9



CONGRATULATIONS TO MCpl. Cook and Capt. Jones who were presented the linen scroll with red seal representing 1,200 miles of jogging over a two-year period. This award for excellence in aerobic performance is open to all Service Personnel. If you are interested contact the PERI staff for further information.

Base Photo

CFB CWL

The regular monthly meeting of the CWL, Our Lady of the Airway's Chapter, took place on Feb. 3rd with 13 members present.

The President Mrs. Barbara Arsenault, opened the meeting with prayers and a decade of the Rosary.

The members were asked to attend the World Day of Prayer on Friday, Mar. 5th at 2 p.m. This year it will be hosted by the CFB Protestant Women's Guild and will be held in the Protestant Chapel on the base.

Most of the evening was spent discussing and planning the annual St. Patrick's Day Bazaar. Along with our popular Tea Room, there will be a Handicraft Table, Bake Table, White Elephant Table, Candy Table, Popcorn and Kool-Aid Table. This year the raffle will be a \$100 Money Tree. Tickets will be on sale soon.

The meeting was adjourned and lunch was served.

At Winter Carnival

Queen Announced

Mecki the Mogul Mouse stole the show on Saturday, February 2, at the Union Bay Hall. Mecki, alias Sid Williams of local fame, entertained the eight Snow Queen contestants and the large crowd with his jokes and the words of a catchy tune: "I'm the mostest mouse that ever has been born; I skip across the moguls, I schuss through the corn; I'm strong as a bull and as nimble as a deer; There's no one in the world who can cause me fear."

Miss CFB Comox, Debbie Ross, along with seven other lovely young ladies representing organizations in the Comox Valley, were introduced at the Snow Ball Frolic by the MC, Bob McPhee.

One of the judges of the contest, Major J.M. Arnold

stated that, although the previous week was the wind up, most of the girls had been involved for over one month. They had participated during the final week in a fashion show; had given short speeches; and had answered questions (in some cases, without prior knowledge).

Shelly Edwards, Miss CRA, was crowned as Snow Queen '76 by last year's queen, Kelly Griffiths.

The contestants were: Donna Moore, Miss Fanny Dunker Ski Club; Cheryl Seymour, Miss Job's Daughters; Marni Vallee, Miss Comox Valley Curling Club; Theresa Hacking, Miss G.P. Vanier; Tracy Cloutier, Miss Navy League; Shelly Edwards, Miss CRA; Debbie Ross; and Miriam Oteman, Miss Forbidden Plateau.



B.C. Gov't Photo

The Sports Hall Of Fame

What do Lester Patrick's hockey stick, a golf ball used by Stan Leonard and Karen Magnussen's world championship figure skating gold medal have in common?

Give up on the riddle? The common factor among these and a thousand other sporting mementoes is that they are now housed in the British Columbia Sports Hall of Fame.

The hall of fame, located in the British Columbia Pavilion on the Pacific National Exhibition grounds in Vancouver, is intended as a permanent tribute to the province's sporting heroes. It was opened in 1966, the result of work by the British Columbia Centennial Sports Committee. Now it has 68 members, ranging from those whose sporting careers flared before the turn of the century to modern heroes barely out of their teens.

Anyone can nominate a candidate for the hall of fame. The nominations go to the selection committee which chooses members who have "reached a special excellence on a national or international

level, or have performed in such a way as to bring special honor to British Columbia."

Once the new member is accepted into the hall, pictures of him or her and his or her sporting triumphs join the many already on display. There, yellow newspaper clippings and sepia-toned photographs sit side-by-side with modern color pictures and banner headlines from recent victories.

There are displays that celebrate the heroes - both individuals and teams - of lacrosse, soccer, baseball, hockey, swimming, diving, skating, cycling, wrestling, boxing, golf, track and field, football and almost any other sport you could name that has been played by British Columbia athletes.

Thirty-six of the hall's members were elected in 1966, the year of its opening. They ranged from track great Harry Jerome to the 1956 Olympic fours with cox rowing team, and from swimmer Mary Stewart to boxer William Townsend.

Each year since then, a small select group of athletes and sportsmen has joined the

honored men and women of B.C. sport.

The hall also displays photographs of great sporting events in B.C.'s history, like the Miracle Mile that pitted Roger Bannister against John Landy.

It also has on display a large number of gold, silver and bronze medals brought home from various international events. In other glass cases around the hall are uniforms, sporting equipment, flags and other mementoes of the sporting triumphs of British Columbia athletes.

"This is not just a Vancouver thing," notes Peter Webster, executive director of the hall. "It belongs to all the people of B.C. We get donations of historic material from all over the province. Once people realize that this is a permanent archives of sporting material, they bring in all sorts of things for public display, instead of keeping them hidden away at home."

Admission to the hall is free; it is open every weekday and Sunday afternoons. The hall also has a library of 65 films available for showing.

Gasoline Explosion Burns Couple

Capt. D.W. Wilson, BGSO, CFB Moosejaw

A while ago there occurred a serious accident in the City of Moose Jaw. A young married couple were very badly burned by a fire that resulted from using gasoline for cleaning a basement floor.

Gasoline is a product made for one special purpose - to explode in a gasoline engine. If its use is confined to this purpose, few problems exist. However, in spite of all warnings, many people continue to risk their lives by using gasoline for purposes for which it was not intended.

It is the vapours that are dangerous. Gasoline, in open containers, evaporates rapidly, spreads and mixes with air quickly. This gasoline-air mixture is explosive when there are 1.4 to 6 parts of gas vapour to 100 parts of air. A flip of a light switch in a room containing such a mixture could ignite it

and bring disaster. Yet most people believe they are safe as long as they keep open flames away from gasoline.

THIS IS FAR FROM TRUE
Listed below are a few ways people have misused or mishandled gasoline that have caused explosions and fire, resulting in serious injuries and death:

for cleaning floors, clothing, parts and equipment, and many other cleaning jobs; refuelling motor vehicles while the engines were run-

ning and refuelling gasoline powered tools such as chain saws, snowmobiles, etc., while the engines were still hot;

pouring it on brush, trash piles, briquettes, etc., to aid in starting a fire; welding on "empty" tanks and drums where the liquid has been removed but explosive vapours remain; transporting it in trunks of automobiles where heat caused escaping vapours to explode;

(Continued on page 9)



JR. RANKS CLUB Annual Executive and Bartenders party was held Sunday, January 25. A delicious meal served in the Coronet Room, Arbutus Hotel, started off the evening. Retiring bar executives, Bill Reid, Pete Steinman and Chief Knockwood, were presented tokens of appreciation for jobs well done. The gathering then moved to Totem Lounge to complete the evening.



"T'WAS A HARD 12 YEARS," stated the 407 Sqn. recipients of the Canadian Forces Decoration during a ground training day, 30 Jan. 76. (L to R) Cpl. Johnston, G.K., Capt. Pasanen, A. Capt.

Noseworthy, L.; Cpl. Johnston, I.R.; McPl Nixon, R.C.; Sgt. Specht, C.A.; Sgt. Frusher, G.A.; Cpl. Warren, R.M.; Cpl. Grant, W.L.; MCpl Duban, M.W.; MCpl Henn, R. Demon photo



SUPER CHIEF? "A CWO scroll is worth waiting for," states Russ' Bush at a recent 407 Sqn. Ground Training Day. L Col B.T. Montgomery was happy too!

407 Photo

A BASKETBALL LEAGUE FOR DEPENDENTS (ages 10 - 15 yrs.) will be run at the airport school gymnasium between 0930 and 1130 hours on Saturdays commencing 6 March 1976. All interested players and parents who would volunteer as coaches, officials etc., are requested to call 339-5180 or come to PMQ 54 prior to Monday 1 March.

How does it feel to be out on the street? Find out. Take a walk.

Auto Emission Standards 1978-80

OTTAWA - The Canadian Motor Vehicle Exhaust Emission Standards in effect for 1975, 1976 and 1977 will remain unchanged until 1980, according to a joint announcement made today by Transport Minister Otto Lang and Environment Minister Jean Marchand.

The ministers indicated that two refinements to the new-car emissions regulations under consideration for 1978, would result in reduction of emissions and fuel consumption of automobiles after they are in service.

Mr. Lang said that the two changes being considered for 1978 were an upper limit on the amount of carbon monoxide in the exhaust at idle even when the carburetor is out of adjustment, and a requirement that the manufacturer indicate on the specification label in the engine compartment the level of exhaust emissions at idle for that type of engine in good tune.

Mr. Lang explained that these announcements are being made now so that manufacturers will have economical lead times in which to make firm plans for future Canadian automobiles.

CLASSIFIEDS

EXPERIENCED babysitter available days Monday to Friday - I have trained family aid course. Phone 338-5539

FOR SALE: Several items of Canadian antique: One drop leaf table with 4 leaves; 4 pressed back chairs; One partial brass bed; One child's wardrobe. Ph. Loc. 308 Bob Hammersley.

FOR SALE: Volkswagen SW 1970, automatic transmission. Good mechanical condition. extra parts. Contact 339-4442.

WORK WANTED: Responsible lady will do house cleaning. References available. Phone 339-2928 after 5 p.m.

HELP WANTED: DEPENDABLE PERSON WHO CAN WORK WITHOUT SUPERVISION. Earn \$14,000 per year plus bonus. Contact customers around Courtenay, Comox area. Write E. K. Dick, Pres., Southwestern Petroleum, Ft. Worth, Texas 76101.

REAL ESTATE: Starting soon 2 quality homes Williams Rd., 3 bedrooms, fireplaces in living rm., lovely view across valley. Contact P. Pearce. Phone 334-3306. Blue Spruce Construction.

TRAILERS, M.H.: 12 x 68 - 3 bedroom mobile home fully furnished - carpet throughout, skirting and set up in family park. Ph. 339-2181.

Mr. Marchand explained that both these changes would help to reduce the amount of fuel wasted by poorly tuned vehicles, while reducing pollution in our traffic-

congested cities.

Canadian Motor Vehicle Exhaust Emission Standards are less stringent than those in the United States, however, the Canadian standards have

resulted in a reduction of approximately 75 per cent in the emissions of hydrocarbons and carbon monoxide from uncontrolled automobile engines.

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As an Associate Broker of the A. E. LePage Coast to Coast Real Estate Service, our Company can obtain information concerning your housing needs from more than 160 highly reputable realtors across Canada. An advance referral can have an agency waiting to greet you with your specific requirement having been researched ahead of time.

To assist your advanced planning, we have comparative catalogues available in our office and experienced salesmen to advise you.

Start now to plan your next move. We're able to make it easier at both ends. Drop in to see us soon.

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Joel Aldred talks to Brian Bristow, financial advisor for B.C. Central Credit Union, about registered retirement savings plans:

"Your plan is one of the fastest growing in B.C."

Why?"

Brian: "The B.C. Central Credit Union Retirement Savings Plan pays a high rate of interest and, unlike many other plans, there's no "front-end load" or "start up" charge. Also, funds aren't locked in for a long period of time. Should you decide to withdraw from the plan, all that's required is sixty days written notice. With our RSP, there's no "withdrawal charge" or "interest penalty". Every dollar you invest works for you!"

Joel: "It's a great way to plan your future now. Remember the deadline for contributions is Saturday, February 28."

B.C. Central CREDIT UNION

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AND

208 Port Augusta, Comox, B.C.
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MAUREEN ARTHUR - RES. 339-3674

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OFFICE: 334-3124



JASON LITT SAYS FAREWELL to Beaver Hawkeye Jim Townsend.



AKELA, SONNY ERICKSON receives Cub Salute from new "Chum" Jason Litt.

Akela says



BADGES GALORE. Cubs David Montgomery, Darin Lavigne and Phillip Codner participating.

Another first in 1st Lazo Scouting was attained Tuesday night, 3 Feb. 1976. It seems a 1st Comox "Eager" Beaver became a "Chum" Cub of 1st Lazo during a swimming-up ceremony in Lazo Scout Hall. Jason Litt was accepted into Blue Pack Cubs during the swimming-up ceremony of the Comox Beavers.

After the formal ceremony, both scout groups, the Beavers and Cubs, devoured cake and chocolate in celebration of the event.

On 5 Feb. 1976, Grey Pack of 1st Lazo invested a "Chum" Cub into the full circle of cub scouting.

Sean Phoenix was invested into Grey Pack giving the Cub Promise to his Akela. This brings the pack up to 18 in number.

Beavers had two outings in Jan.-Feb. 76. On the 24 Jan. the boys spent the day at the Scout Camp. Then on 3 Feb. a skating session was on in Glacier Gardens with hot chocolate served by Saraita Treat of the L.A. at the Scout Hall.

Both Beavers units that meet on Monday night and the one on Thursday night are in need of LEADERS. Due to early postings and retirements, both groups require assistance for adult leaders so they may remain active. YOUR SUPPORT WOULD BE APPRECIATED.

The next scouting event will be the Father-Son Banquet, 4 Mar. 76, 1900 hours in the Combined Mess. Parents, support this most meaningful event.

The Sunday after the banquet, 7 Mar. 76, will be the 2nd Annual Hobby Show. It will be held at 1300 hours in the Lazo Scout Hall. Admission to this show will be your vote for each category displayed.

Your support is required to make this event successful for all the hard work displayed by each Scouter.

Anyone wishing to contribute any item to the Scouts "White Elephant" sale please call 339-4954 or 339-5266 for pickup.

SCOUT GUIDE WEEK

FEBRUARY 15th TO 22nd

It's the driver

IT'S THE DRIVER. It isn't the car that steps on the gas and causes an accident, trying to pass

Special This Week TUNE-UP

HERE'S WHAT WE DO:

- Install new plugs, points, rotor and condenser
- Adjust carburetor and set engine timing
- Check distributor cap and ignition wires
- Check starting and charging circuits
- Check and clean air filter and PCV valve
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W.O. AND SGT'S. MESS

FEBRUARY 28
WESTERN NIGHT DANCE

Time: 2100 to 0100 hrs. Admission: Free. Prizes for best western attire. Cowboy food will be served at a cost of \$2.50 per plate. Dance to the "Van Islanders."

FEBRUARY 29

WINE AND CHEESE — 1400 to 1600 hrs. Cost \$2.00 per couple.

MARCH 6
MONTE CARLO NIGHT

Combined Jr. Ranks and W.O., Sgt's. Mess function guaranteed to provide a real fun night for all. Dancing in Totem Lounge and games in W.O., Sgt's. Mess Admission: Free.

MARCH 12
"BURGUNDY STREET SINGERS"
DANCE AND FLOOR SHOW

Admission: \$2.50 each member /associates. \$5.00 each honorary/guests.

MARCH 13

"TGIS" — Mixed Games Night. Free food. Subsidized drinks. Time: 1930 hrs.

MARCH 20

HARD TIMES DANCE — More information next issue

Entertainment and Events

JUNIOR RANKS CLUB

ENTERTAINMENT

THE BURGUNDY STREET SINGERS

APPEARING
MARCH 12 IN SGT'S. MESS
MARCH 13 AND 14 IN JR. RANKS CLUB

... without a doubt the strongest act available for the price — Fully self-contained with six people (two very pretty girls and four guys) and able to do both dance and shows. The band consists of five persons and they play good middle of the road material. They have three completely different shows and the normal format would be two shows and three dance sets per night. They have just completed the recording of three new albums which will be released very soon, and, as it happens, they close in Portland on March 6th which makes the timing perfect for your dates. Some of their credits include The Red Skelton Show, The Carol Burnett Show, The Dean Martin Show, three T.V. specials (last year) with Ed McMahon, the show rooms and lounges in two of Las Vegas' top hotels (including the Sahara) and a host of the best night clubs throughout the U.S.A. To give you some idea of their popularity, Klondike Days in Edmonton have engaged them for ten days at a cost of \$10,000.00.

20 Feb. — Annual Inter-Mess Smockey Game
21, 22 Feb. — Dance to The Michael Scott (Duet).
24 Feb. — Movie - The Sting.
25 Feb. — Bingo.
27, 28, 29 Feb. — Dance, starring Stewart Freman.

MARCH

2 Mar. — Movie - 2000 Hrs.
3 Mar. — Bingo - 2000 Hrs.
6 Mar. — Monte Carlo and Dance to "Ripple Rock"
7 Mar. — Dance to "Ripple Rock"
9 Mar. — Movie - 2000 Hrs.
10 Mar. — Bingo - 2000 Hrs.
13 - 14 Mar. — Dance to "The Burgundy Street Singers"
16 Mar. — Movie - 2000 Hrs.
17 Mar. — Bingo - 2000 Hrs.
20 - 21 Mar. — Dance to "Alley Cats"

TGIF Every Friday Nite in the Annex.
For Weekly Entertainment call 339-5212.

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Courtenay
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Mon. to Thurs. - 8:15 p.m.
Two Shows, Fri. & Sat.,
7 & 9 p.m.
Matinee sat., 2:00 p.m.
No Matinee Sat. Feb. 28

THURSDAY, FRIDAY, SATURDAY, FEB. 19, 20, 21

Sail the fairest of them all
Walt Disney's
Snow White
and the Seven Dwarfs
Plus "FANTASY ON SKIS"

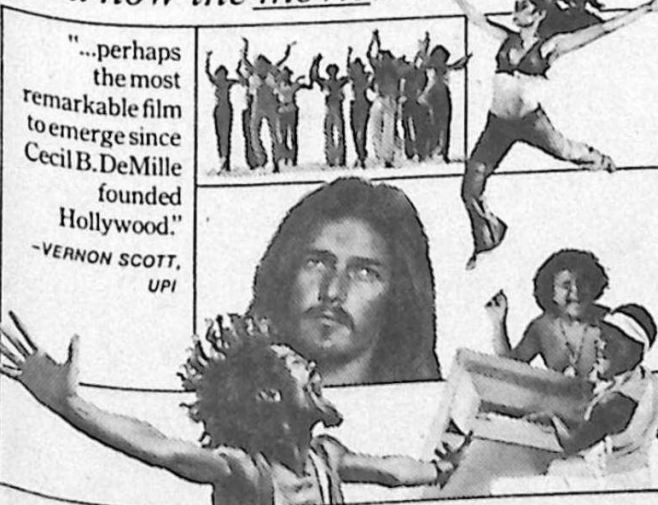
MON. TO SAT., FEB. 23, 24, 25, 26, 27, 28
Barbra Streisand - James Caan
"FUNNY LADY"
Mature Entertainment

MON., TUES., WED.,
MARCH 1, 2, 3
Jan-Michael Vincent
"WHITE LINE FEVER"
"Brutal violence & coarse language." - B.C. Director

STARTS THURS., MARCH 4 Charles Bronson
"HEARTBREAK PASS" Mature Entertainment
"Very violent throughout." - B.C. Director

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And now the movie...



"JESUS CHRIST SUPERSTAR"
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Fri. 20 Feb. JESUS CHRIST SUPERSTAR Showtime 2000 hrs.
Sat. 21 Feb.
Sun. 22 Feb.

Think of the perfect crime... Then go one step further.

"SLEUTH"

TWENTIETH CENTURY-FOX Based on the Tony Award Winning Broadway Play

Wed. 25 Feb. SLUETH Showtime 2000 hrs.
Thurs. 26 Feb.

PETER FONDA WARREN OATES
RACE WITH THE DEVIL
Fri. 27 Feb. RACE WITH THE DEVIL Showtime 2000 hrs.
Sat. 28 Feb.
Sun. 29 Feb.

Wed. 3 Mar. TOGETHER BROTHERS Showtime 2000 hrs.
Thurs. 4 Mar.

SATURDAY MATINEES
Sat. 21 Feb. DEAR BRIGITTE Showtime 2000 hrs.
Sat. 28 Feb. THE RAID Showtime 2000 hrs.

RESTRICTED SHOWS: 18 years and above - Under 18 years of age must be accompanied by a person over 18.

ADULT SHOWS: 16 years of age and above - Under 16 years must be accompanied by a person over 16.

Chapel Chimes



Father Francis Swoboda - Base Chaplain (RC)
Telephone 339-2211 Local 274
Residence - 339-2102

SUNDAY MASSES:

Saturday - 7:00 p.m. (Sunday Vigil)
Sunday - 9:30 a.m. and 11:00 a.m.

WEEKDAY MASSES: are said at convenient times in the Chapel and in private homes on request.

SACRAMENT OF PENANCE: before and after all Masses.
CATECHISM CLASSES: Catechism Classes for Grades 1 to 8 are held regularly each Wednesday evening from 6:30 p.m. to 7:30 p.m. at the Airport School in PMQs.

BAPTISM: By appointment. Instructions for parents required prior to Baptism.

MARRIAGES: Minimum of three months advance notice. Marriage counselling and preparation courses are required prior to marriage.

THE PROTESTANT CHAPEL

Telephone 339-2211 Local 273 D.L. Martin, Major (Base Chaplain (P))

CHAPEL SERVICES

The Protestant Chapel is located in Wallace Gardens (PMQ area) and Divine Service is held every Sunday at 11:00 hours. This is the Base Chapel and everyone is warmly invited to share in the Service.

HOLY COMMUNION - Holy Communion 12:00 hours last Sunday of each month.

BAPTISM - Services of Holy Baptism are held every month.

WOMEN'S GUILD - All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2:00 hours on the third Tuesday of the month.

CHAPEL CHOIR - Our senior choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain.

Senior Choir Practice - 2:00 hours, Thursday

Junior Choir Practice - 18:00 hours, Thursday

SUNDAY SCHOOL - The Sunday School operates from September to June. Ages 6 - 15 meet in the Chapel at 9:30 hours each Sunday, and the ages 3 - 5 hold their sessions during the Church period at 11:00 hours. All children are invited to attend.

OFFICE HOURS - 0800 - 1630 hours. Phone 339-2211, Local 273.

World Day Of Prayer

On Friday, March 5 at 2:00 p.m. The World Day of Prayer will be held in The Protestant Chapel at CFB Comox. The Ladies' Guild will be hosts to a number of churches in the Comox area. The World Day of Prayer theme for 1976 is "Education for Life." The Guest Speaker for the occasion is Mrs. Ray Brandon of St. Georges United Church, Courtenay. Guest Soloist is Mrs. Stephanie Splers.

The idea of a world united in prayer was conceived by a group of christian women in 1918. In 1976, people from over 160 countries will gather on the first Friday, of March to communicate with God and each other. On that day, every hour on the hour somewhere in the world, the same program in various languages will be used by people of all races. Over three thousand services are conducted throughout Canada alone.

Each year the service is prepared by a different nation and this year Latin American women chose "Education - In All of Life" as the theme. Offerings are used to support various projects in every country in the world.

The President of the Ladies' Guild, Mrs. Eleanor DeLong is in charge of the service and she will be assisted in the program by members of the different congregations. Refreshments will be served following the program and a warm welcome will be given to all to take this opportunity to attend this International Service of Prayer.



How Your Vet Diagnoses Your Pet

BY ROBERT L. STEAR, D.V.M.

How is your veterinarian able to tell what is wrong with your pet? He makes a diagnosis as a result of three distinct forces that help make him the understanding professional that he is. First is the formal training he received in veterinary school. Second is the medical and surgical equipment he uses - equal, in many ways, with

that used in treating humans. And the third area is more difficult to define; it's his many years of experience in observing and treating pet diseases.

Medical advances are so rapid in the area of animal and pet care that veterinarians must read and study constantly. It has been estimated that five years after graduation, half of what the veterinarian learns in school is outdated.

When your pet becomes ill and you take it in for an examination, you may notice that your veterinarian uses his senses to help him make an accurate diagnosis. He will look over your pet completely and may then listen for sounds, using a stethoscope. Even the sense of smell can be helpful in detecting abnormal odors on the animal, such as uremic odor of the breath, which could indicate a kidney problem. As a further aid, the veterinarian may use special instruments to check the pet's ears, eyes and throat.

After examining the pet in this manner, your veterinarian may have ac-

cumulated enough evidence to determine the cause of the problem. If the diagnosis is not clear, more tests will need to be made at this point; several diseases cannot be distinguished from one another on just history and physical examination.

These are numerous tests which your veterinarian may schedule in order to determine the exact nature of your pet's problem. Radiographs or x-rays are helpful in detecting broken bones as well as changes in the internal body structure - such as an enlarged liver or kidneys or the appearance of a tumor. Chemical tests can determine

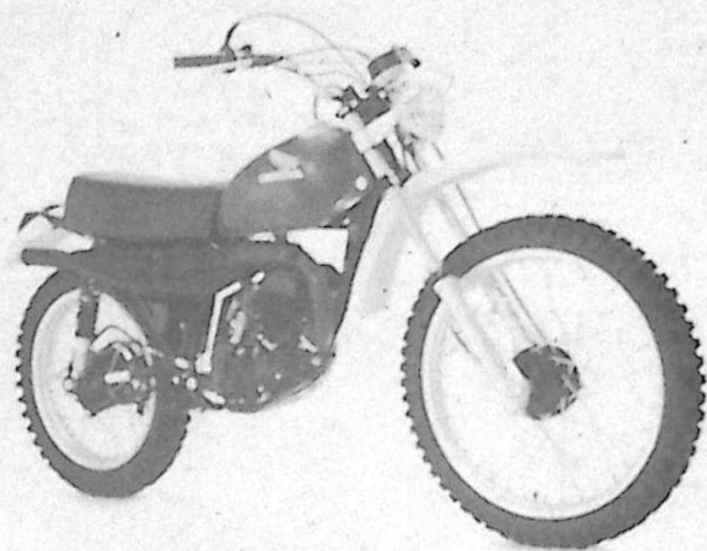
diabetes in cats and dogs. A complete blood count (CBC) is sometimes the surest way of making a positive diagnosis. And an electrocardiogram can detect heart problems in pets as it does in humans.

New surgical and physical techniques and new drugs for prolonging pet lives are constantly being discovered. This is the result of the combined efforts of researchers, veterinary practitioners, veterinary schools and pharmaceutical companies. Research is going on in every phase of animal health covering the scope of diseases - contagious and

inherited - congenital defects and the various disorders that pets are susceptible to.

Your veterinarian has spent many years preparing to treat small animals. His intense formal training, his broad experience and the medical and surgical equipment he has on hand are all there to help restore family pets to good health. So when your pet begins acting strangely or shows signs of illness, observe the symptoms closely. Be prepared to give detailed information to your veterinarian over the telephone, if necessary, before going in to his office.

HONDA Mk 175



All Canada has been waiting for this bike. It comes Enduro-ready out of the crate. And with its lightweight and powerful 2-stroke engine, it's ready to make things hot for the other guys.

FEATURES INCLUDE: Off-Road Enduro headlight. High mount expansion chamber exhaust system. Long-travel rear suspension. Enduro speedometer. Lightweight, Motocross type frame. Large capacity gas tank.

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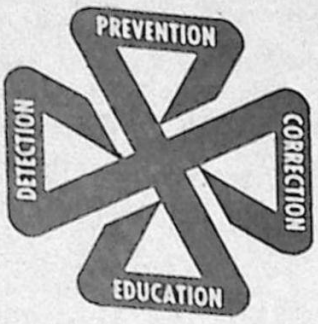
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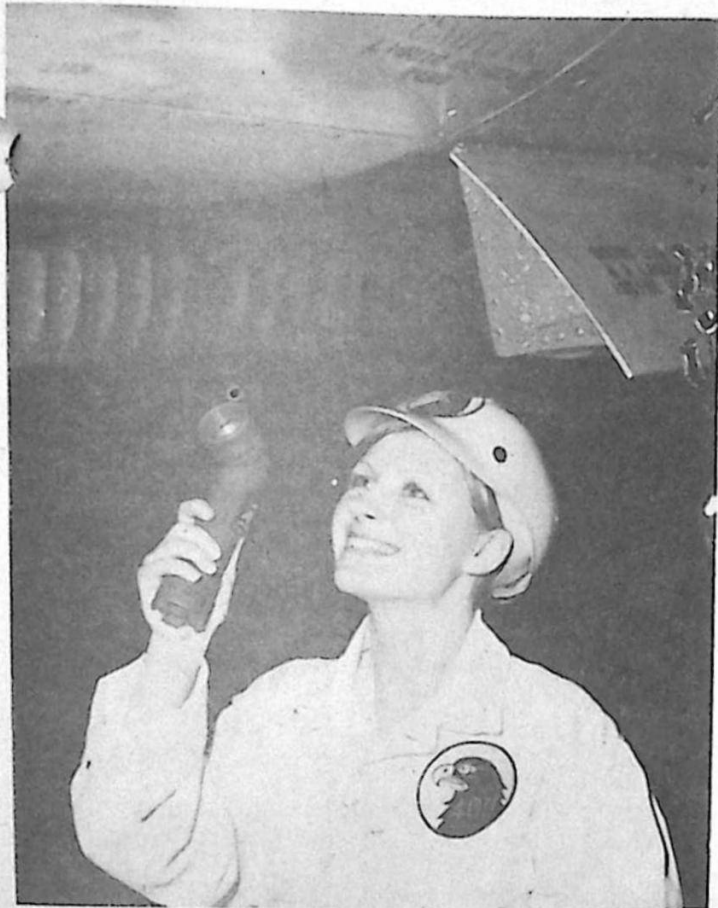
Something New Has Been Added

The latest addition to the aircraft maintenance scene at CFB Comox is a lightweight bump cap. Designed to overcome the bulkiness of standard "hard hats," they are one answer in guarding against wheel-well doors, antenna masts and other protruding parts with which aircraft techs are achingly familiar.

CWO Jim Brown, who's hometown is Windsor, Ontario, will complete 35 years of service in 1976. As he checks out some of the features of the new additions, "the smooth line of the silver haired chief" stresses the high visibility of the yellow cap, the adjustable head band and inner suspension. "It's ideal for CFB Comox, Beckie...it's a rain proof!" "The Chief" is well known in the CAF as an outspoken crusader and prolific letter writer for improving the conditions of service, with a particularly soft spot for the aircraft trades. He plans to retire in Kelowna, B.C. later this year.

Pte. "Beckie" Flavel is a native of London, Ontario. Her retirement plans are a bit vague at the moment...she finds it difficult to make firm plans for 2007...her CRA year.

Beckie has one year and eight months of service so far, ten months at CFB Comox and (sigh) a husband named "Klint" who's also an airframe tech at Comox.



"HERE'S LOOKING AT YOU," says Pte. 'Beckie' Flavel. Base photo

Poison Control

Curiosity may have killed the cat, but it also kills a number of children in B.C. each year. Every doctor treating kids has to handle a poisoning case occasionally. Fortunately most have a happy outcome, but some do not, and all cause some anxiety.

Over 90 per cent of poisonings occur in children under five years of age, and, of course, these youngsters cannot be held responsible for their actions. One of the basic duties of parents is to protect children from noxious materials, or, to be more accurate, to protect dangerous materials from curious children.

Every household contains a large number of poisons, some obvious, others not so apparent. The most dangerous areas are the bathroom, kitchen, and basement or workshop, with drugs, polishes, cleansers and garden chemicals being among the more common offenders.

Poisons may be placed in two classes. Known poisons are dangerous in small quantities. A few tablets of a prescription drug may be fatal to a child, as may a small amount of pesticide or weedkiller.

Less commonly thought of are those materials that are dangerous in larger quantities. Furniture polishes, cleaning agents, cosmetics,

and non-prescription drugs fit in this category.

Parents must always be aware of their children's ability to get into things. Anything at floor level is fair game for an infant up to the age of one year. This includes floor-level cupboards and low shelves.

From one to two years of age the child's range is extended to include table and counter tops, and even the stove. From two to five years climbing seems to be a way of life for most children. Their ingenuity has to be admired. From the floor to the box to the chair to the counter to the cupboard. It really is too bad that they cannot read the labels on the pretty boxes and bottles they find there.

Almost all poisonings, in adults as well as children are preventable. In the case of children the responsibility for protection must be in the hands of the parents or other adults.

Curiosity is productive and an excellent learning method, but, as the cat, and too many children have discovered, it can be deadly.

These articles are brought to you by the B.C. Medical Association and this newspaper.



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IN MORE WAYS THAN ONE! CWO Jim Brown checks out some of the features of the new addition. Base Photo



AT 10,000 HOUR MARK, who gets the bottle? WO Ron Herman sampled the bubbling juice with LCol B.T. Montgomery after the historical Argus trip. 407 photo

PROTESTANT CHAPEL GUILD

The February meeting was held at the home of Mrs. Norma Mortimer on Tuesday 17th February. Plans were made for World Day of Prayer which is being held this year at the C.F.B. Comox Protestant Chapel on Friday, 5th March at 2 p.m.

TAX TALK

(Continued from page 4)

This information is particularly important for real estate as it is a difficult task to place a value on real estate, especially if the V-day valuation is being made many years after 1971.

The best method of establishing a V-day value for real estate is to have a qualified appraisal. In any event, the taxpayer should keep documents containing property tax assessments, legal description, insurance coverage, date and cost of purchase, cost of improvements, the type of business, if any, for which the property is used, and income derived from the property.

Assembling this information will become more difficult as time passes, so it is important to do it as soon as possible.

The required records may not be destroyed without the written approval of Revenue Canada. It may, depending on the circumstances, also be necessary to obtain permission from other government agencies, such as the Unemployment Insurance Commission and sales tax authorities.

Although the tax laws require that suitable records be kept it is certainly in the best interest of the taxpayer to maintain records adequate to support his calculation of income taxes.



Explosion

(Continued from page 6)

storing it in glass containers which later broke allowing escaping vapours to spread to an ignition source.

In their anxiety to do a job, people find that gasoline is handy — and the die is cast. Don't invite disaster! Don't use it for any purpose other than as a fuel for gasoline engines and then store it in proper containers and use caution in handling it.

Thursday, Feb. 19, 1976

CFB Comox Totem Times 9

ASK ABOUT THE FOREST



What happens to a forest that is overmature and decadent?

What happens to a stagnated city centre? History tells us that in many cases, the problem has been solved by major fires, earthquakes or war. Man has quickly rebuilt and the whole process of change and growth has started again.

Nature has similar ways of dealing with old forests and making place for a new start. We have seen vast areas of forest wiped out by devastating fires, insect infestation or disease. But, these are wasteful agencies and nature's processes of rebuilding are extremely slow.

In a city centre, another thing can happen. We will often have isolated buildings demolished because of rot in the foundations, termites or some other cause. These will be replaced by new structures, some of good quality, some of poor, some set back on their lots, others set forward — all depending on the judgement or financial abilities of the individual builder.

In nature a similarly haphazard or selective process may go on. Windstorms, insects, disease or even gnawing porcupines will destroy single trees or groups of trees, making small openings in the forest. These will gradually fill in with saplings seeded from adjoining trees. The result will be a mixture of age, species and even quality. Some may grow up straight, some may be stunted or deformed, their condition and vitality varying with their inheritance and the

conditions that surround their development.

In cities today, town planners are introducing staged programs designed to overcome these problems that go with growth — also to anticipate needs that may arise in the years to come. Individual structures or blocks of buildings may have to be torn down and replaced in stages, making provision for wider streets and other amenities that may be required in the future.

In much the same manner, forest managers are continually developing new methods and techniques that will work toward keeping our forests in a state of healthy growth, while harvesting decadent and mature stands. As in a city, the characteristics and needs of each area must be studied on an individual basis and there are seldom ready made or simple solutions.

We invite your questions. A

book will be sent to each person submitting a question that is published. Write Ask About The Forest, care of Canadian Forestry Association of B.C., No. 410 - 1200 West Pender Street, Vancouver, B.C., V6E 2S9.

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A Sad Day For The Comox Valley

A well known local character - "The Comox Valley Dogfish King," after being dethroned suddenly last summer (he accidentally snagged a passing salmon while dogfishing) has, due to the acute embarrassment of his once loyal subjects, decided to exile himself from the valley.

After a vote, it was decided that his self imposed exile should be in a place that was flat, waterless, dry, dusty and cold. After

due consideration a little known area known as Moose Jaw, Saskatchewan was chosen, meeting the requirements listed above.

As a parting token the King was presented with a "Prairie Plug" (This being a Lucky Louie outfitted with four wheels) to keep in practice with should he ever decide to return to our fair valley.

Good Luck J.P.

Tests In Arctic

EDMONTON - Rescue North, a plan to practise the Canadian Forces' response to a major air disaster in the Arctic, is scheduled for Feb. 21 in the area north of Yellowknife.

Directed by Colonel K.C. Lee, Base Commander of Canadian Forces Base Edmonton, the exercise will include medical, administrative and logistics support staffs, search and rescue and base operations staff and 435 and 440 Squadron aircrews all from the base here.

In addition, logistics, administrative and flying support will be given by Canadian Forces Northern Region headquarters at Yellowknife.

Of prime importance to the success of the exercise are the

"victims", played in this case by 30 cadets from Yellowknife's 825 Royal Canadian Air Cadet squadron and 2837 Royal Canadian Air Army Cadet corps. The volunteer victims will be flown in to the crash site and will simulate injuries which the rescue personnel must treat.

Initially an electronic locator beacon will be activated to initiate the various phases of the search and rescue mission.

But more than procedures will be tested. New, light weight survival packages will be air dropped and their suitability examined under actual field conditions.

If successful this new survival package will greatly improve the Forces' capability of bringing food, shelter and medical aid to crash victims.



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War "Amps"

(Continued from page 1)
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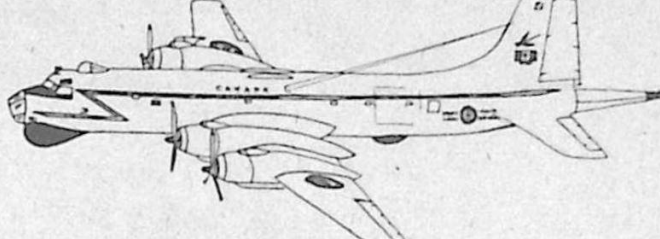
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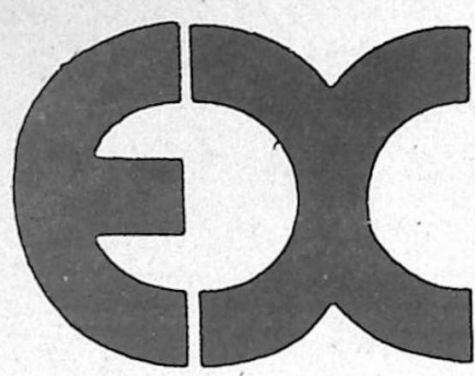
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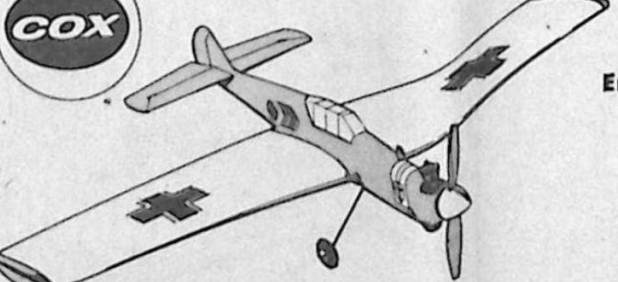
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