

Nighthawk's Nest

Writing this column has given me great pleasure over the past year. Being basically a very generous little fellow, I would like to share this pleasure with another member of the squadron who would enjoy seeing his typing errors immortalized in printers' ink. Time grows short and I am about to be deported for a parking ticket. All applications will receive my closest attention. Do not delay, this opportunity for anonymous immortality may not come your way again.

Al and Shirley Robb have just returned from a tour of England and the Continent. Although they searched diligently through most of the inns and taverns of Europe, they had no luck finding Peter Ott who is still at large somewhere on the continent. Al did say that although everything else is quite expensive, the wine is both excellent and reasonable.

There is a little bit of England in each of us, but bringing home a complete

castle to put in the rose garden does seem a bit excessive. The 707 driver is still trying to figure out how come he needed all that runway to get airborne. It couldn't possibly be that 75 pound shaving kit Al carried on board.

Michele de McChord came up from the states as part of the NORAD training agreement to teach us a thing or two about intercepts and controlling aircraft. Her lectures were well attended in the Back Bar especially after she bought a pitcher. It is a rarity to see the doctrine of sexual equality carried off so well with a blend of professionalism and feminine charm. Equal but different, Viva la difference!

I was sitting out on the back patio having a few sunshine cocktails with peanuts the other day when my old buddy Saul T. Seagull did a three point in the cashews. Saul had been celebrating again and dropped by to give me some

good news about the bird world.

I couldn't really believe his story but he said that the great owls who usually run things had decided that seagulls and the other birds were going to have to learn to work on land and sea as well as in the air. They tried this plan out for a while and finally decided that the fish could not fly as well as birds and that neither the birds nor the fish could hunt on land as well as the animals.

The big party Saul had just come from was given to celebrate the new separate bird element, and the appointment of Air Marshal Auto, the new commander. Saul said something about progress is sometimes a great leap backwards and vice versa, but by that time I was half asleep from the effect of all that sun and missed the end of the story.

Black Mac left Comox in a Voodoo and came back in a T-33. No comment.

Voodoo Nuts Bolts and Volts

There have been many internal transfers within the BAMEO's organization of late. Sgt. Stan Prime of Navcom Labs has moved to Snags to take over Sgt. Kelly McPhail's crew as Kelly will be moving to civvy street shortly. Sgt. Joe Kotowich is leaving Brake and Wheel in the capable hands of Sgt. Ralph Mork and is heading for Servicing. Now that servicing has been inundated by Avionics personnel, things are bound to improve.

We hear that Sgt. Jim McMullen has headed south for a six week stay at charm school. Pay attention to the drill portion of the course Jim, because our Silver Haired CWO needs a sergeant for the guard of honor.

SERVICING SCRIBBLINGS

Our illustrious leader from upstairs, CWO Brown has been working closely with Helping Hand. Seems he was invited for a night with them last Wednesday. After 34 years of service they still don't trust him.

We have been very busy down here these past weeks because on top of running an FTTU we have had many exercises.

We welcome Pte Horst Kurmaier to the fold, we hope

your stay is an enjoyable one. We also welcome MCpl Joe Surette to servicing. He came to us from Snags coffee consuming section. Joe is now attending the "Pongo" five week charm course at CFB Penhold. Good luck on the course Joe and we're looking forward to having you join number 2 crew on your return. Another volunteer for the Guard of Honor?

Cpl Jim Shortt is leaving servicing, tea cup in hand, to join the "Bay of Pigs". Good luck, Jim, we hope your stay in servicing was a pleasant one.

A collection is being taken up to purchase our Servicing WO a new pair of shoes. It seems he's been going into a lot of "flat spins" on those NAR exercises.

REPAIR RAMBLINGS

Since the last reporting, one of the biggest mysteries since Agatha Christie wrote the Orient Express, unfolded in 3 hangar.

It all started at noon on a bright sunny Tuesday when the forlorn cry of the Sgt. in charge of tools was heard "There's a 3/4 inch wrench missing". After a quick check of the area with negative results it was decided to check in earnest after lunch. As

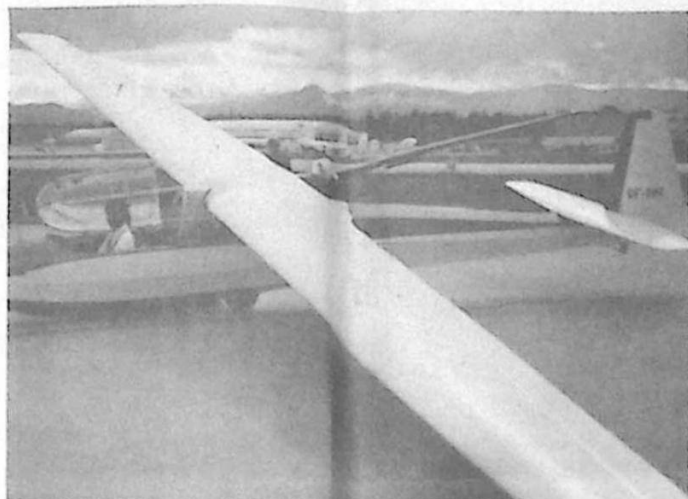
Earnest didn't show up at 1 o'clock he was under suspicion immediately.

By three o'clock after all aircraft had been checked, MWO Elvins was seen pulling hairs from his head (which he can ill afford). He was also heard to mutter "why at PER time". At four o'clock it was decided that all panels on the just completed inspection aircraft would come off in the morning. All personnel from snags claimed they had not seen the wrench in question.

In the morning the frantic buzz of speeders removing screws was heard, and the blinding light from flash lights could be seen checking every nook and cranny in the hangar. By noon the mystery was still unsolved and Sherlock Holmes was about to turn in his grave.

Over noon hour an unconfirmed report came in, that missing item was found. This was confirmed by a CIA agent called in for the search. The culprit was a member of snags working on a snag aircraft in 3 hangar.

As a result, all personnel not employed in Repair are to sign for tools, this can be done by seeing MWO Elvins, Sgt. Melancon, Sgt. Westernman, or MCpl Cook.



"WHAT?! NO ENGINE!"

Gliding Club photo

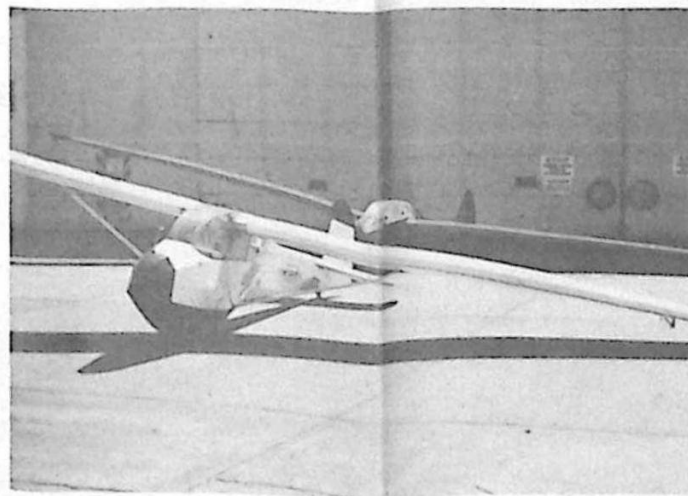
Gliding Club

On the 13 March 1900 hours, the CFB Comox Gliding Club will hold its annual general meeting in the Social Centre, upstairs in the Rec Hall. Items that will be presented and discussed are the fee structure, ground school, proposed flying program, new equipment, etc. An agenda will be presented. We will also elect a new executive. This is an important meeting and all members should attend. Guests and new members are most welcome.

As soon as the weather clears up and field dries a bit we expect to operate again. The gliders are in pretty fair

shape. Spring gliding is usually pretty good because there's more chances for instability. Who knows, we may even soar.

Parents may note that, should their children be interested in this sport, the way the club operates it is a relatively inexpensive sport, and a healthy way to spend one or two days a weekend in the outdoors. The club provides both ground and air instruction leading to a glider licence. Minimum age for licence is 16 years of age although the club will instruct younger people. The main criteria are a willingness to

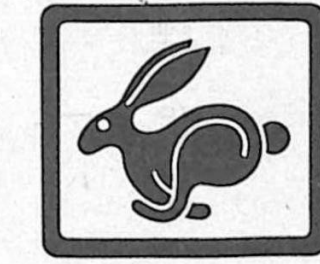


"FORMATION PARKING??" Gliding Club Photo



"HAVEN'T GOT A hairpin, have you?" Gliding Club photo

participate and the ability to receive instruction. A ground school has already been organized to run from 18 March to 17 April. It will be followed by an MoT exam, date to be announced. To whet your appetite for gliding, a movie on the subject will be shown during the meeting on the 13th of March. Cookies and coffee will be served. See you there.

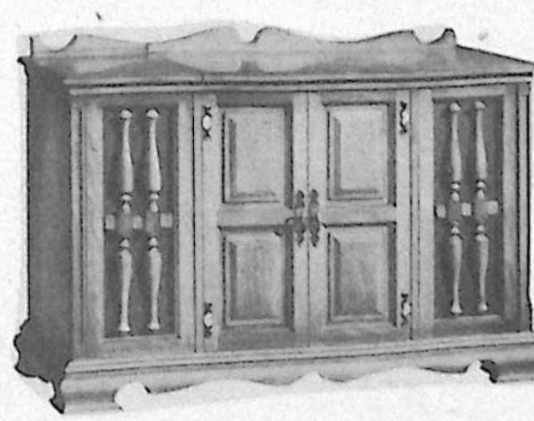


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Headshed Happenings

Here we are, back again to fill your mind with wonderful ramblings from the Head Shed. Things have been quite quiet lately around HQ, so our column is bound to shrink immensely (keep that applause down in the background!!)

With PL 4 in the wind, Pte. Forever can be seen busily hurrying to and fro, completing OJT booklets. At the present rate she's going, methinks it won't be long before we start calling Simone, Cpl. Forever (?).

Mary K. is presently out of circulation, spending a few days R & R in St. Joseph's. Nothing serious, we're sure, but after spending time around Central Registry, it's funny she's not in a padded, no, that wouldn't be nice. We all wish you a speedy recovery, Mary. (The work is piling up.)

Not wind, nor rain, nor dark of night could prevent the 831 section from attending our latest social gathering. People were at a minimum, but spirits were at a peak. Although not many showed up, we still enjoyed our evening. Any plans for the next one, folks?

Chris Dykman, our local 407 type, is presently on a diving course in Esquimalt. With rumors of Egypt in the wind, one would wonder what a diving course is going to be

used for in the Middle East. Well, news is short, so we must bid adieu until the next issue. Before signing off, we will leave you with this thought: If Cal Brown and Brian Copeland are both leaving the outfit, doesn't it boggle the mind as to why they are not being replaced

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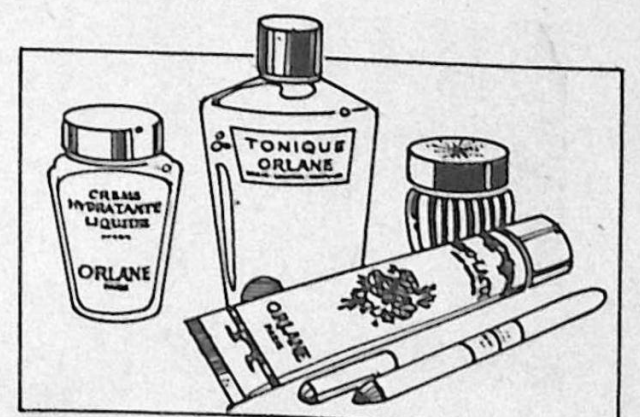
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Mushroom Mutterings

Having just completed a 5 week tour in Nelles Block at CFB Esquimalt on the infamous Junior Leadership Course there is a lot of catching up to do. You know how it is; in five weeks a lot of rumors have come and gone, a lot of people have been transferred in and out and the list of people who have submitted their releases has grown day by day.

It sure is good to see Sgt. Russ Dalton back in the hangar. It seems that ever since New Years he has been on a good wild trip to the far East, visiting such exotic winter vacation areas as CFB Petawawa and Trenton. It will probably be hard for him to settle down on the Mushroom Farm after being exposed to the far eastern environment.

A recent arrival to the Mushroom Farm from Camp Borden is Pte. Dan Campbell, who comes from Bancroft, Ontario. Also arriving in April this year from 435 Sqn. Edmonton is navigator Capt. Warren Wasylik. Welcome to the mighty 442 Sqn. Mushroom Farm, gents.

Cpl. Grubweiser is patiently counting the days until he and his wife board the 707 for his

European tour. Hope they have as good a tour as I had in the early 60s. Another well known figure around the Base Hockey Arena and Jr. Ranks Club has pulled the plug after 23 years. Cpl. John (Snidely) Thibault will in future be working in the Sea Island area for a large aviation firm. We will all miss his impartial refereeing at the hockey games.

Cpls. Larry Gymz and Colin Murray are recent graduates of the JLC Course in Esquimalt. Watching them walk around the hangar you can see how the course has inspired them.

It seems MCpl Rick Bryson was so discouraged about the lack of sun and the poor sun tan he got here last summer that he has decided to go to Egypt this summer and soak up all the sun along with Lt. Crawley. As a matter of fact, Lt. Crawley - not to be outdone - is going to Hawaii later this month to get a head start.

MWO Keech seems to be smiling a little easier these days. I guess all that warm weather in the Victoria area has some medical value after all.

Base Recreation

VOLLEYBALL

CFB Comox will be represented at the CF Pacific Region Championship in CFB Esquimalt 6 - 7 March. The team has looked strong this year, and received hard hitting from Maj. Don Little, Capt. Larry Harker, Cpl. Andy Varga and Cpl. Don Affleck. The key to the power of the spikers is the accurate setting of Cpl. Gavin MacLean, MWO Jack Kroepin and Pte. Mark Decurtins. "Good luck, team."

Intersection volleyball will terminate in early March. The Torpedo Shop team beat the highly favored Firehall in the first semi-finals series, with 442 Squadron going against a strong Administration team in the other semi-final series. Finals will be played March 10 at 1330 hours.

Nearly 1,400 scientists, supported by heart fund dollars, are working to find the answers about heart disease. Your dollars help. Your B.C. Heart Foundation urges you to support the heart fund.

BADMINTON

Base Badminton playoffs were held 3 - 4 March for the purpose of selecting a team to represent CFB Comox at the CF Pacific Region Championship in CFB Esquimalt 10 - 14 March 1975.

SAUNA BATH

Authority and funds have been received to proceed with the construction of a sauna bath on the base. The construction is to be carried out by "self help". Anyone with carpentry skills who is interested in assisting with the construction is requested to contact WO Harvey Gates at local 315.

Yes, it is that time of year again what with narratives being written and rewritten, scores calculated and recalculated and small groups speaking in muffled tones that are not, contrary to common belief, part of a conspiracy. MWO Eric Hall's hair is showing the ravages of long hours of hands on the skull operations as he tries to sort it all out. What say, Eric?

It is nice to have MCpl Gerry Murphy back in the fold and he advises that he is just about ready to move into his house. MCpl Marc Hull is off to ZX to partake of the engine runup course while Cpl Brian Uddenberg is back at his accustomed place of business after a highly successful broomball tournament. Nice going, Brian.

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Oh my aching back

Back problems are becoming one of the most common and bothersome ailments of our times. Looking at it from the other end... our times are becoming the most common cause of back problems. There are those who would have us believe that advancing technology is responsible for a gradual increase in accidental injuries. In the case of back injuries "It just ain't so!" In fact, back injuries usually happen during simple tasks that have been done for decades, such as lifting or moving sacks of potatoes, lifting boxes of nails or heavy metal covers.

The one thing that most back injuries have in common is that the job situation often required a combination of lifting and twisting. A recent example was in injury to the back while a two-man team was removing a steel pit-cover to perform routine maintenance. These covers are outdoors and subject to moisture, corrosion, freezing and dirt. Not surprisingly, they are prone to bind and often require a lifting force much greater than their weight.

Our local fire fighters have already provided a temporary solution: a wheeled dolly that gives a mechanical advantage and the mobility to combine the lift-move forces (see photo).

The permanent solution being pursued is to replace these two-to-three hundred pound covers with light-weight metal covers of ap-

proximately half the weight. One of the prime considerations in lifting should be the question "Can the job be designed out so that lifting is unnecessary?" If this is not practicable, "Can the job be engineered so that manual handling will not be necessary?" Asking and answering these questions can be fundamental to preventing accidents in some circumstances.

Of course there will always be those jobs that do not lend themselves to this solution, but supervisors should always ask themselves these questions before looking to other ways of preventing back injury.

Physical differences make it impractical to set up safe lifting limits for all workers. DND General Standards do call for specific safe handling procedures. In general, they call for the recognition of situations where manual handling may endanger employee safety, instruction



Devils Brigade

The BSupO had a snarling lion by the tail... and that is how it was when March came to Base Supply. So we have a mixed bag of tasks that must be completed in limited time, PERs, DEVIL Courses, DEVIL Projects and CF888's (Provisioning Stats). In addition, Cpl. Whaley is attending JL Course at CFB Penhold, Cpl. Medland is attending B.I.T. Course at CFSAL, CFB Borden. Pte. Isberg is disembarking for sea training at Cornwallis and Sgt. Walker is leaving his blondes and breaking his bonds for Egypt in May. Sgt. Stagg and M.Cpl. Fredette are full time DEVIL Instructors until "K-Day" 02 June 75 (day and night). Sgt. Orr is devoted to DEVIL Projects (day and night).

DEVIL training commenced on 24 Feb with a "beeping" success, and will

continue with two courses per day until 01 May 75. Folks are struggling with TIC's, TDR's, beeps, error messages, finger trouble, blowing programs, and gazing at the output coming out of "chute nine". And Freddie says, "No failures... so far!"

Thanks to Capt. Buick for his keen interest and influence, we now have tables with leg extensions and our very own podium for the class room. A big "thank you" also to all who so willingly loaned their personal copies of CFP 181 - Supply Instructions, to keep our training on schedule. Our training publications are still in transit (somewhere beyond the Rockies).

Multi demands of "C Class" for Customers and Quadra demands for summer camp, to tide us over April and May, are being cranked

into the SDA Devices, by moonlight. You may hear a low murmur emanating from No. 7 Hangar "Help us make it thru the nite."

Maj. Jones declared a "5 minute" stand-down last week to allow time for Pte. Murphy, "Jan Queen", to crown the "Queen for the Day". Evidently this is a ritual that takes place each month and the successful Queen need not be named as a picture is worth a thousand words. It is a traumatic experience where one must endure the sweet buzzing of two pretty females... and it only hurts for such a short time!

Meanwhile, with the continued co-operation of all customers, and dedicated efforts of our Supply staff - let's face it, we shall succeed! The DEVIL you say?



CPL. O. P. (OWEN) SMITH, Base Fire Fighter, lifting pit cover with dolly.

in safe handling methods and adherence to those methods by employees. Special requirements accompany manual lifting and carrying methods for loads in excess of one hundred pounds.

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Courtenay Civic Theatre, 8 p.m. \$5.
Sat. Mar. 22, **Loafers' Glory** - Old time country music, Arts Alliance, 8 p.m. \$2.

Thurs., Mar. 27, **Sunshine and S.O.L.**, Courtenay Civic Theatre, 8 p.m. \$3.

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Totem Little Theatre

"Beyond the Fringe" had its final curtain on Monday, February 24 at a well attended performance for the local senior citizens at the Base Theatre. Our hat goes off to the MSE Section who so willingly provided transportation for the audience.

Rehearsals are being conducted every Monday and Tuesday night at 7 p.m. and the odd Sunday afternoon around twoish. The roles call for quite an effort from the cast so these rehearsal times are well utilized.

Anyone interested in lending a hand in the line of stage carpentry, stage crew and so on will be welcomed with open arms. If you think you would like to see what goes on why don't you drop in to one of the rehearsals or give the director a call (Major Al Haan, local 380).

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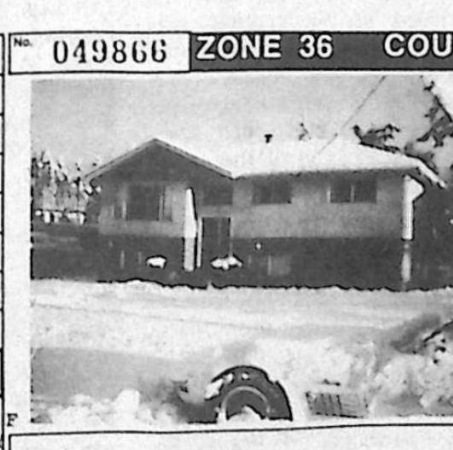
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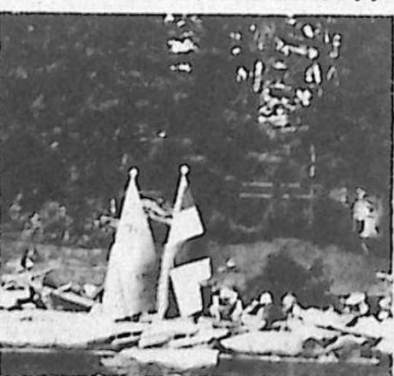


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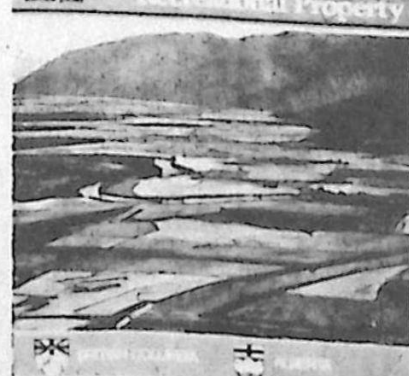
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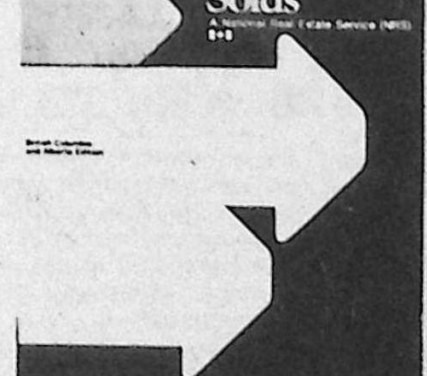
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Guest Editorials

From the furlined fox hole

For the benefit of my one reader, Hi! I'm back after a few days leave. I had a very profitable time, and maybe everyone can benefit from it.

I decided while on leave to see some of the rest of this country of ours. I don't like this living on the edge of a soup bowl, and not knowing what's going into the soup. After filling our forms, getting leave passes signed, filling out more forms that wanted my enlistment date of all things, I finally ended up number 19 on the priority five listing out of Comox to points East.

That enlistment date is kind of weird. I didn't enlist in the CF. I enlisted in another force I'm supposed to forget about. So I forgot. I suppose that on some musty piece of manila in a BOR somewhere, is that date.

Anyway, as you can guess, I'm back after sinking a lot of bread into Air Canada. Ever try to get from Trenton to Toronto in time to catch a flight to Vancouver to catch the "sked" to Comox? Some fancy driving!

Now I promised everyone reading, both of you, some sage advice. Here it is: seven rules on flying White Knuckles Airlines.

Rule No. 1: Don't phone the AMU and ask where you are on the pri-five list; just go to the AMU at flight time. If you phone, some guy is going to tell you that you are number 35, and there are four seats available. Sounds pretty hopeless. No sense in getting the folks to drive all the way in, right? Wrong! Eight pri-two's were no-shows and number 45, yes 45, on the list got on the flight. Heavy!

Rule No. 2: Take plenty of reading material. Would you believe a seven hour delay in Shearwater, and when the flight was finally inbound, it diverted to Halifax International. An hour's bus ride later, 150 passengers are milling about Halifax terminal. Before we boarded this guy comes on the PA, and runs through the whole boarding pass bit. Boy, the look we got from some civilians after that revelation! We marched about a quarter mile to the aircraft, the last hundred yards into the teeth of a 30 mph

wind and freezing temperatures (about eight above), which brings up rule No. 3:

Wear versatile clothing. You will be asked to deplane at every stop and the weather can be anything from 40 above in the rain to below zero degrees in wind and snow.

Rule No. 4: Carry extra rations. The food they serve is not bad; it's just not enough when you are going to the East Coast.

This leads into rule No. 5: Observe the flight attendants. If you see them lining up at the greasy spoon in Edmonton, maybe they know what the menu is to Winnipeg.

Rule No. 6: Is for all you mothers of young children. If you arrive at one of the many deplaning stops and everyone is ordered off for their job once around the terminal, ask a flight attendant if you can stay on board with the sleeping kids. People are allowed to stay on, even if they are refuelling, as long as there is a crew member on board to make sure nobody is smoking. With any luck, you won't have to wake the little monsters.

Finally, last but not least, rule No. 7: If you feel at the end of the trip as if you have been treated like a herd of cattle, it is probably true. But remember, it's cheap transportation and you get what you pay for!

Stepping out of the practical and into the realm of fantasy, why do we even have our own scheduled (??) airline? The States flew most of their troops to Viet Nam on civvy aircraft. Why does the Government own one airline for the CF and another better one for the rest of Canada? Why not give the 707's to Air Canada, and keep two, one for the P.M. and the other for refuelling, if you feel you must, and let us fly with the rest of the country. Duty passengers would go on travel warrants, and people on leave would get a standby seat at a reduced fare. If you don't believe this would be cheaper for the government and more convenient for us, just look at how much money Air Canada lost last year. They need the business. The government now runs two airlines at a loss; let's reduce that to one.

This cop is a lady

How can a female explain what it's like to work with an all male staff? How can she tell you what it is to be doing a "man's job?" I suppose she could say that it's interesting, rewarding, fun, and sometimes painful and difficult. Or I suppose she could say that it's no different than working with all females.

Since I'm in that position myself as a Military Policewoman, I have many things to tell you. As soon as I completed my police training in Camp Borden, Ontario, I was posted to CFB Comox. I arrived enthusiastic and prepared to begin doing practical work. I knew that it was not going to be easy being the only female Military Police in CFB Comox. I also knew what my fellow co-workers were asking themselves: How much was I capable of doing? Would I want special treatment and privileges? Would I do a good job? Would I only type and do office work?

I realized that I must adjust to them as well as them adjusting to having me around. I discovered that it wasn't as difficult as I thought it would be. Even though my fellow M.P.'s were apprehensive about me working with them, they were willing to give me a "try." Their willingness encouraged me to work hard and prove to them that I wasn't going to be a burden. I wanted more than anything else in this world to

show them that I really wanted to do good police work.

My Warrant Officer realized this during my initial interview with him. We made a deal between us that I wouldn't have to do anything that the male M.P.'s did not have to do, and vice versa. For example, my typing reports! or just working straight days.

So far it has been the best policy I've had. Up to this moment, I've worked as all other M.P.'s do and with no special privileges they haven't had. My fellow M.P.'s treat me like "one of the guys" and yet show no disrespect in my presence. I think that we've met halfway. I know that we're always going to have to work to keep a good working relationship. This relationship paves the way for other female M.P.'s coming here. As long as both sides are willing to accept the other, there'll be no problems arising that cannot be solved diplomatically.

To the male M.P.'s on this base I say thank-you for giving me a chance to do the work I want to do - Military Police work. I know that sometimes it is not easy for you. I know that you want to swear, to be men in a man's environment. Thank you for the moments of laughter, fun, anger, tears, and frustration. Thank-you for accepting me, and most of all for being you.

Pte. Gayle Walker

Enjoy life

I have noticed the disease called "Gossip" spreading on this base; to such an extent that it has finally forced me to express my opinion publicly. Why do people start rumours in the first place? Do some feel they are such supreme beings that they can tell others what is right and what is not? And if these so called supreme beings were indeed so, wouldn't they, instead of trying to destroy a fellow human being, try to help him... Why must so many people always look for the negative qualities? Why can't we all search out the good aspects? There are too many who don't get involved in life. They allow their free energy to be absorbed in destructive forces. Caring, helping, enjoying, being content are all part of life. Life on earth

can be very beautiful if you allow it in your way of thinking. I have been to a few places where people have literally nothing in terms of material wealth, and yet they seem to enjoy life a lot more than many I have seen on this base. So before you start talking negatively about someone else, ask yourself "why am I saying this?" and if you happen to be subjected to receiving this gossip, ask the person, "why are you telling me this, are you the one with a problem?" I would like to end with a quote from Marcus Aurelius:

"Very little is needed to make a happy life. It is all within yourself, in your way of thinking."

Pte. Brenda Solobay

The Readers Write

OK... So I'm a liar! But I feel I would be sorry to miss if I did not put in a couple of words on how elated I am with the legislation, Bill C52, now before the House, concerning some long required beneficial amendments to the CFSA. Strange as it seems some of the amendments are ones that I didn't even nag about! Let's hope they all pass into legislation.

That our Service women may now enjoy the same benefits as the men is a giant step in the right direction. I still feel however, that survivors should get the same 60-90 per cent deal as our Hon. Members enjoy (HA to note).

The 20-40 bit is a good deal. I never could fathom why the penalty on pensions is 5 per cent per year and the pension

2 per cent per year. A guy should get what he's earned (MPs do). Although this only applies to officers under their new proposed career plan it should eventually trickle down to us.

There are many figures banded about on how long we survive after retirement. Could be that the short increment could be correct so they are going to make better provisions for our survivors by way of return of contributions and annuity monies for those that don't make it for at least five years.

Two of the most profound and welcome changes are the return of contributions with INTEREST! And a survivors annuity (I hope by allowances they mean annuity) after five years of service vice ten years.

Transferring some of the decisions to the Minister from the Treasury Board, if approved, should provide for a more compassionate approach to deserving personnel's rights to annuities.

The long, hard grind that is necessary to bring about changes in our pension scheme (Hon. Members changes are instantaneous) can be noted by the fact that they (our Conditions of Service Troops) are still trying to get changes in the Defence Services Pension Continuation Act (DSPCA) (De Society for the Prevention of Cruelty to Airmen). There can't be more than a handful of troops still serving under the old Part 4. But it's certainly nice to see that those out on itare not being forgotten.

One item has me deeply puzzled, MP's wanting to count their MP time in the CFSA? I've never known one Hon. Member to switch back into the Service. Many go from the Service to be MPs. Perhaps they have some message that they are all going to get the boot in the next election and the CAF is good employment in times of depression.

I can now cross several items off my list. Those that remain I still consider gravely in need of updating, eg. an increase in annuities, the one-fiftieth bit is grossly outdated as is the best six year computation; better incentives for those that stay around until CRA. We know that everyone can't retire as a CWO and the years are the same for all. So why not a \$1000 per year bonus for those who stay till CRA? It costs a fortune to train early retirement's replacements. They should wash out the "Suspension" of widows pension if she remarries. Many women are adverse to living in (sin?) and OUR pension scheme shouldn't force them into such a situation.

Anyhow, I'm most pleased that some areas of our CFSA are being updated. Conditions of Service troops - Good Show!!

J. W. Brown, CWO

Times thanked

Dear Sir:

Our Christmas Seal Campaign has ended, and thanks to you, it has been the most successful year in our history. Your generous support, through the use of ad and news fillers, and your publishing of our releases related to the Campaign position have been a fantastic help to us in our fight against respiratory disease.

A total of \$553,360 was contributed to us in the Campaign. This is a great deal higher than our forecast target of half a million dollars, and there is no question that much of the success we experienced was a direct result of your support

throughout the year and during the campaign. We sincerely thank you.

The monies contributed to this Society are used to fight all respiratory diseases through research, building assistance grants and public and professional education programs. Our success this year will ensure a continuation of our efforts in these and other directions. Thank you again.

Sincerely
Scott McDonald
Public Information officer

Here's a switch

Dear Sir:

The following article was noted in one of the Island's daily newspapers recently and I couldn't help compare it to a situation which is presently occurring in the Canadian Forces: namely, an effort to have a 28 per cent francophone establishment at all rank levels. I thought you might like to share this with your readers as is, or maybe you could find some more fitting way to use it. Please feel free to do as you see fit and I hope you will respect my desires to remain anonymous if you put it in your "letters" column.

"Boosting minorities ruled discrimination. OAKLAND, Calif. (UPI) - A judge has ordered the city of Berkeley to promote eight white firemen who were passed over in favor of minority race candidates. Judge Lyle Cook called the city's affirmative action program unconstitutional on grounds it was discrimination in reverse."

Anonymous

A satisfied reader

Dear Editor:

Breaking from what might seem to be a trend toward condemnation of your newspaper, I am taking this opportunity to send a "well done and thanks" your way. Last year, while stationed at CFB Baden-Soellingen, I had the good fortune to obtain the odd copy of the Totem

Times, a paper which I found entertaining and humorous, while containing a good cross-section of station activities. Being informed of a transfer to CFB Comox, and as copies of the newspaper were widely circulated and sometimes hard to come by, I wrote to your paper, asking if it were possible to obtain the Totem Times on a more regular basis until my effective transfer date.

Having had my request complied with and having received several copies until my repat. date, I was nevertheless recently pleasantly surprised to receive one well-travelled copy of the Times, forwarded to me from Germany.

The "Readers Write" section is one that is keenly followed and appreciated by the majority of members of the section to which I now belong.

A tip of the hat to CWO Brown for his informative and enlightening comments keep them coming.

Sgt. Norm Smith
407 Avionics Repair

Duelling Bibles

Dear Editor:

I am disappointed and concerned about the Editor's lack of objectivity in replying to the two letters to the Editor on "DIRT". The patronizing attitude evident in the Editor's replies does not foster unity and must surely detract from the objectives of a military newspaper.

There are other worthy issues that could be headlined on these pages besides publicly poking fun at our various Service backgrounds and elements. For many, military loyalties were forged in operations at home or in a foreign country and are "graven with an iron pen and lead in the rock forever." (Job 19:24) On the other hand the heritage of the CF is continuing to develop from operations where members of all elements have served and laboured as one and from which not all of our brother

Servicemen have returned. Nevertheless of all that has been written the Editor's use of the scripture verse Heb. 13:8 grieved me the most. Before John Seldon was even conceived GOD Himself provided direction in the Bible (2 Peter 1:20) concerning private interpretations. Heb. 13:8 refers of course to the immutability and eternity of our Lord Jesus Christ, but sadly that does not match the context in which the verse was used. In this age when men and women attempt to cling to existentialism or frail humanistic values we can be truly thankful that God is in fact unchangeable (Eccl 3:14; Mal 3:6; James 1:17) and that He has provided an absolute standard by which we can live our individual lives. Even in 1975.

Romans 10:9-10; Heb 2:3.
Yours truly
D. E. Carney
LCOL

You've got friends

Ref. Vol 17, No. 3 Page 4 The Chief on Pensions

Dear Sir:
It saddens me to hear the "CHIEF" isn't going to carry on in his usual manner to

inform your readers on CFSA and other matters. (many other matters) How else do you think we here in Ottawa find out about certain shortcomings on such a wide variety of subjects.

If he insists on this news blackout (and I personally don't believe he will) may I suggest you do a feature article on him so that he won't be forgotten without your readers being aware of his "other" talents.

As a long time friend of his (except for one incident when he left me stranded in the middle of Turkey) I would be willing to supply a few gems for such an article.

Friend(s)
NDHQ, Ottawa

Fun night a success

Dear Sir:

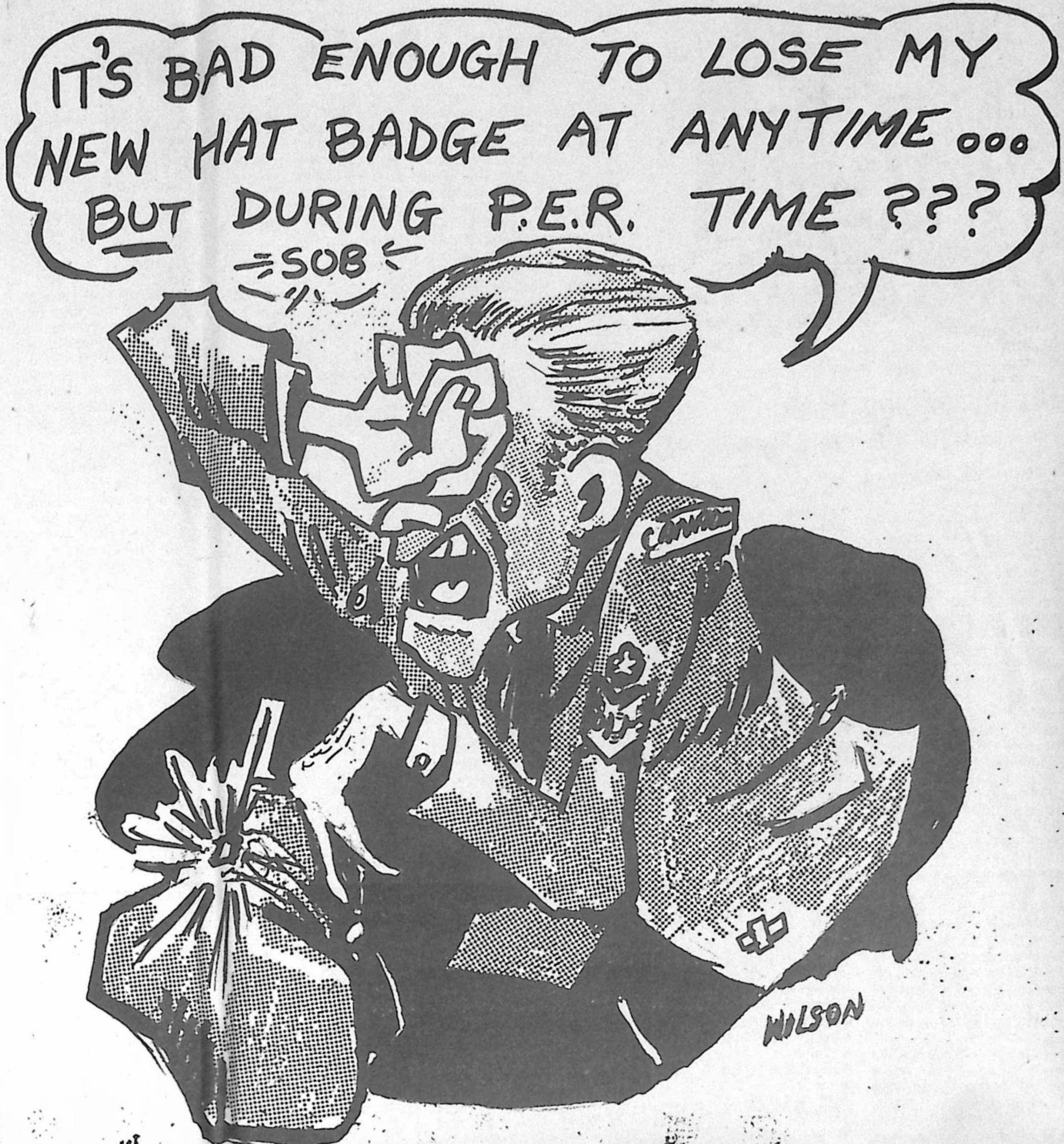
On behalf of the pupils and staff of Airport School we wish to say "Thank You" to everyone who helped to make our "Fun Night" a success. The generous support of parents and friends was greatly appreciated.

Thank you again.
Yours sincerely
Fun Night Committee.

TOTEM TIMES

Published every second Thursday with the kind permission of Col. R. L. Mortimer, Commanding Officer, CFB Comox.
Editor: Bob Shawcross (481)
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Girl Friday: Karen Rusnak
Proofreaders: Pearl Kingyens, Blanche Campbell
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Cartoons: Al Wilson

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THE MIDNITE SKULKER HAS STRUCK AGAIN!

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Father Francis Swoboda - Base Chaplain (RC) Telephone No. 339-2211 Loc 274.
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WEEKDAY MASSES: 7:00 p.m. Monday, Tuesday, Thursday, Friday; 7:30 p.m. Wednesday.
SACRAMENT OF PENANCE: Before all Masses.
BAPTISM: By appointment.
MARRIAGES: Minimum of three months advance notice. Marriage Counselling and Preparation Course are required prior to marriage.

Protestant Chapel

SUNDAYS: Sunday School - 9:30 - 10:30 a.m. in the Chapel; Divine Service - 11:00 a.m.
TUESDAY: 7:30 p.m. - Teen Group every Tuesday in Chapel Annex.
THURSDAY: 6:00 p.m. - Junior Choir; 8:00 p.m. - Senior Choir. Telephone: 339-2211 Local 273. D. L. Martin, Maj. (Base Chaplain (P)).

Witnesses of Salvation

BY FATHER FRANCIS SWOBODA

We should be living witnesses of salvation all during the year but especially during the season of Lent. Our chief obstacle to combat is evil or sin.

Regardless of what people might be saying, sin does exist. It is in us; it is in others; it is wherever evil is found. We are all, in varying degrees, responsible for this evil. God is certainly not the originator of wars, strikes, murders, riots, starvation.

No true Christian can tolerate the situation of a world which suffers as our world is suffering. Christians must be dissatisfied but not pessimistic, tired of it all but not discouraged.

Christians are aware of the message of salvation which has been brought by Jesus Christ. This message can be discovered in the events which happen all around us. It is in these events that we must look for the message in the spirit of the Gospel.

The Gospel tells us that

Christ conquered sin and death. We must keep this before our minds and be witnesses to this message maintaining strong confidence in God who can still, even because of us, re-establish hope in a confused world.

The first testimony that must be given is the destruction of evil or sin within ourselves. This is first of all a conversion of the heart, an act of the will which makes us turn to God. It is a decision to reject selfishness in all its forms, injustice wherever it is found and violence in all its manifestations.

Once this conversion has been brought about, the second testimony follows logically. We will prove to others that it is possible to live in peace because we believe firmly in a God who is love, because we believe that earthly comfort is not the goal of life, and because we believe that salvation is promised to those who remain faithful to God until the end.

The meaning of the Cross

The Cross of Christ means three things. It shows up the sin of the world; it reveals the grace of God; and it exhibits fundamentally the meaning of discipleship.

The evil that lurks in human nature is shown by what it led typical men, respectable businessmen to do, in hounding to his death such a one as Jesus. When we see that it was God with Christ and in some sense God working in and

through Him that kept Him steady even unto death in His loving, self-giving service to men, we have our most impressive individual revelation of the gracious attitude of God toward sinful men. And when we see what bearing the yoke of the will of God meant for Jesus as he endured the Cross and all that led up to it and went with it, we get an idea of what it is in principle and what it may mean in practice truly to take upon ourselves his yoke as our way of life.

Douglas Clyde Macintosh

Cigarette smoking is a healthy heart no-no. Ask your local heart headquarters.

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Mr. Henry Block, President of Block Bros. Realty, is pleased to announce the appointment of Mr. Doug Cook to the sales staff of the Courtenay office. Doug is a long time resident of the Comox Valley where he spent approximately 13 years at C.F.B. Comox. Doug's background in direct sales in recent years will assist him to service all your real estate requirements. We invite you to contact Doug at 334-3111 or his residence 334-2015.



Easter Seals '75

The Cadettes, sponsored by the Comox Valley Lions Club prepared Easter Seal Envelopes which were mailed to Comox Valley residents. Once again support of the 1975 Annual Lions Club Easter Seal campaign which started on the 27th of February is solicited.

Donations to the Easter Seals Appeal will provide assistance to some 25,000 disabled children in B.C. At present, some 73 buses

provide transportation to 1700 handicapped children. A camp held at Lake Cowichan last summer provided recreation for 750 physically disabled children. Fifty of these children were from the Courtenay-Comox area. Additionally, 2,000 parents and families of the disabled were accommodated at Easter Seal House, Vancouver, while the disabled children received medical care.

Comox Valley parents of physically disabled children who are not aware of the facilities available through the B.C. Lions Society for Crippled Children are invited to contact the Comox Valley Lions Club for information.

Please, when your Easter Seals arrive in the mail, consider a prompt and generous response. Your donations large or small, provide the necessary "Helping Hand."

The Easter Seal Campaign, sponsored by the Comox Valley Lions Club is now underway. The Lions urge a prompt and generous response when you receive your Easter Seals in the mail.

If fire breaks out

1. SHOUT "FIRE" to arouse the household and neighbourhood.
 2. OUT YOU GO. Save lives by getting everyone out of the house.

3. SUMMON THE FIRE DEPARTMENT only after all are out - use telephone or fire alarm box whichever is most convenient.
 4. FIGHT THE FIRE from outside the house if it's at all dangerous inside. No property you may attempt to save is worth your life.

PLAN IN ADVANCE

1. Have your plan of escape from fire worked out in advance. Everyone should know the plan and the reasons for each part of it.

2. Alternate escape routes are a "must" because one or more of the ways out may be blocked by fire.

3. Remember, storm and screen windows may be difficult to get through. Have something such as a chair available to smash them out.

4. Two-storey buildings require more planning because the stairway may be blocked off by fire, smoke or hot gasses. Make sure bedroom windows open freely and be prepared to use them.

5. Remember, in the event of a fire during sleeping hours, a closed bedroom door may save your life.

6. If conditions permit, gather everyone together into one room before attempting to escape. Children are easily lost in the confusion.

7. When escaping NEVER open the window before the door is closed behind you. Closing the door cuts down the draft which would help to spread the fire into your area of escape.

8. Fire drills should be carried out often enough so that everyone's role becomes automatic.

9. Methods of evacuating children and sick or aged persons should be specially studied.

10. Everyone, including children, should know how to telephone the Fire Department and the number to call.

11. If in doubt, contact Base Fire Department.

NOTE: To report a fire on Base either operate nearest fire alarm box or telephone local 333. To report a fire in married quarters operate nearest fire alarm box or telephone 339-3333.

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Some new books about boats in the Comox and Courtenay Branch Libraries: Boat-building with Steel by Klingel (623.82); Modern Marine Maintenance by Duffett (623.82); Complete Beginner's Guide to Outboarding by Drummond (797.125); The Craft of Sail: A Primer of Sailing by Adkins (623.882); Simonsen's Navigation: Coastwise & Blue Water Navigation (623.89); Your Boat's Electrical System by Miller (623.87).

Do you remember camping out in the woods when you were a kid? The EASTER SEAL PEOPLE provide camping for the crippled when YOU provide EASTER SEAL DOLLARS.



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Hospital Anaesthesia

When I started to round up news for this crummy column, and attempted to provoke reminiscence on the last month's events, I was insulted! Since I was on leave when the last issue was printed, there was no "Hospital Anaesthesia" column. AND NO ONE EVEN MISSED IT! So with bitterness in my heart (and on the tip of my writing finger) I surge forward.

Exercises have started again - the first one apparently was a disaster. Whoops, pardon me, I mean it was a NAR. Hard to tell the difference sometimes.

Acquisitions for this month include two PMQ's, two slightly smashed-up cars, and a beard. Fortunately, all are repairable, including the beard - it had to be shaved off! Besides, Bob, it was hard to tell if you were walking on your hands or your feet.

We all miss looking at the foolish face of our friendly pharmacist in his little window every morning. He's busy taking advantage of his leave to replenish his bank account. What's it like to really work, John?

Social gatherings for the month included an all-out, hootin', tootin', booze-up at the Lorne, a girls' night out which requires no appropriate

adjectives, and a combined birthday-anniversary-Valentine's Day-engagement party for Capt. Helen Gerrard, Mrs. Harriet Campbell, all lovers, and Sgt. Norma Boles, respectively. Only one question about girls' night out - were you really looking for your scarf, Harriet, when we found you crawling around under the table at the Arbutus?

We had a good in-service lecture given this month by Dr. Dave Doty on intravenous therapy. I'm sure everyone learned a thing or two, and was happy of the chance to practise. I heard Howie (Guinea Pig) Eames muttering his way down the hallway - something about offering to sit the next one out!

A pat on the back from all the hospital staff goes to our "mid-air heroes" Lt. Bev Shoemaker and MCpl. Robbie MacBourne. Aside from all the razzing, we're really proud of both of you. The task you both performed is what we're here for, and it's sure great to see the job performed so well. Good show!

"Timmy" needs you. Please mail in your check today to the British Columbia Lions Society for Crippled Children. EASTER SEAL DOLLARS help the handicapped.

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Maureen Arthur Res. 339-3385
 Office 339-2228



BUY OF THE WEEK - \$46,500
 3 br. home with view; 4th br. in bsmt. 2 F.P.'s, rumpus room. 2 baths. L.R. and dining have W/W. Lots of cupboards in kit. A very desirable area of Comox. 1st mortgage of \$15,200 with only 7 per cent interest. The vendor will carry the balance at current interest rates, with a reasonable down payment.

BRUNO SEGUIN RES: 339-4257 OFFICE: 334-3124



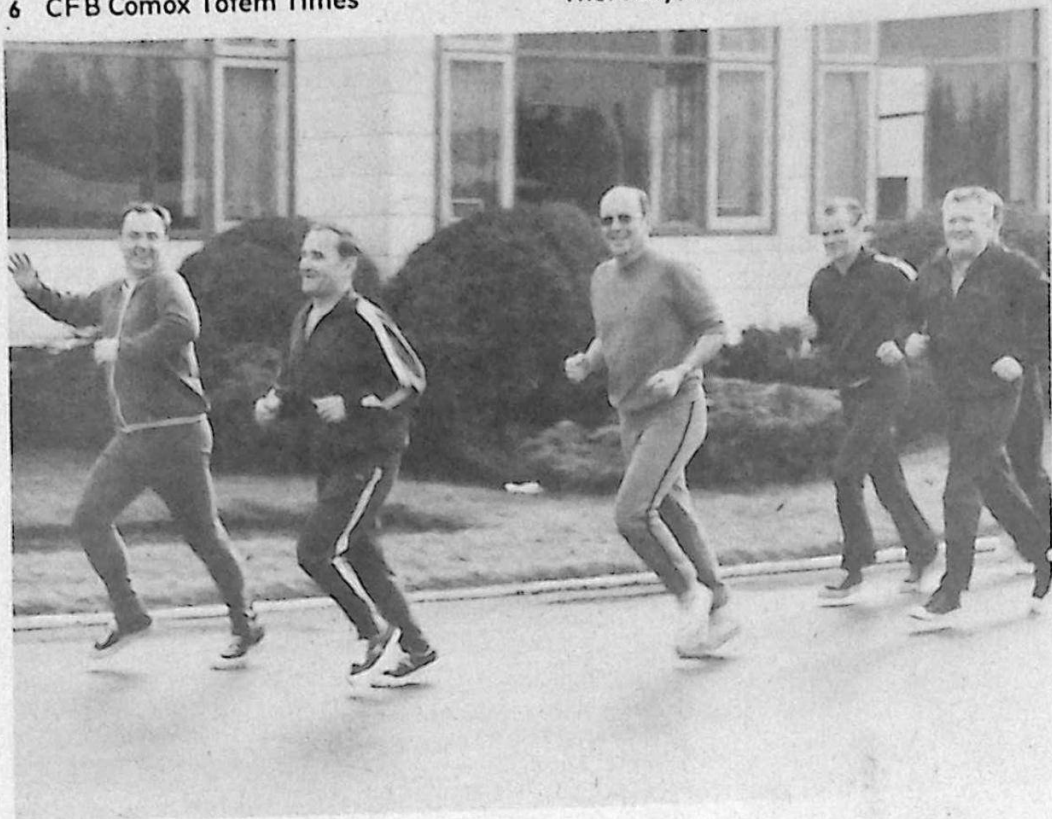
Truly Gracious - Much more here than you expect. Elegant 13 x 10 dining room (it's separate), relaxing 13 x 17' living room with fireplace, 4 large bedrooms, & family room off kitchen 14 x 15'. Beautiful lot with cherry, apple & pear trees. To view call

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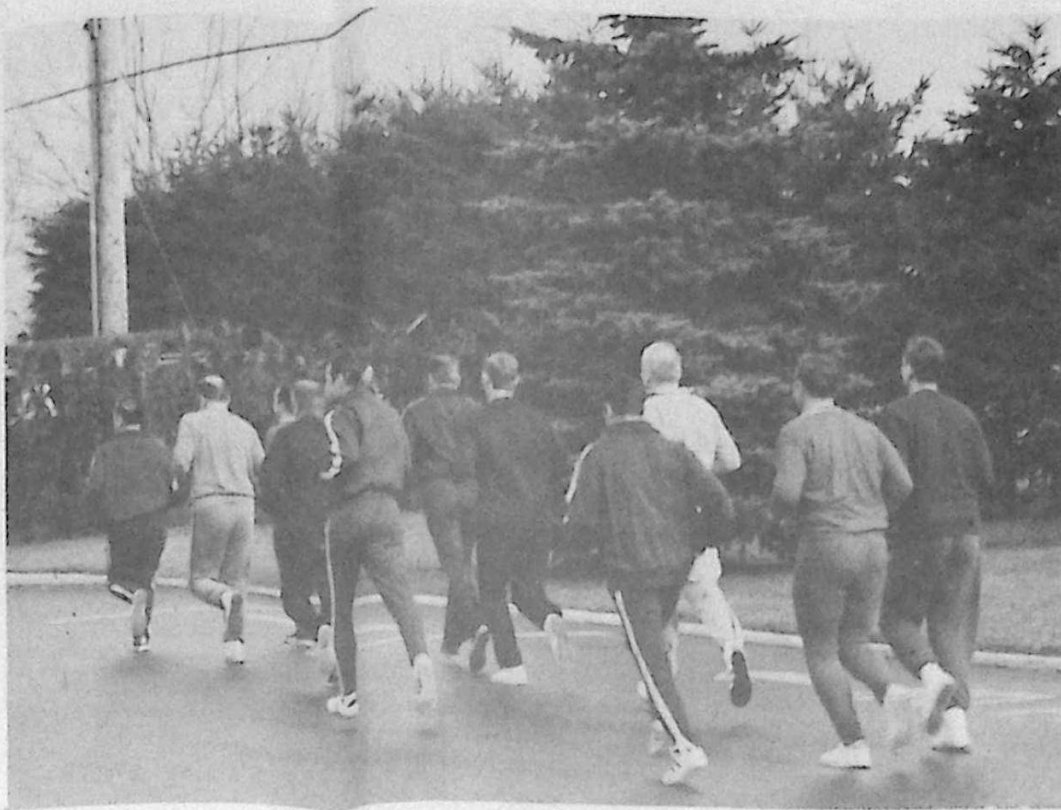


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"HI, SPORTS FANS!" Happy Ray's jogging club shown at the beginning...
Begin photos



"...AND THE END!"

Going Metric

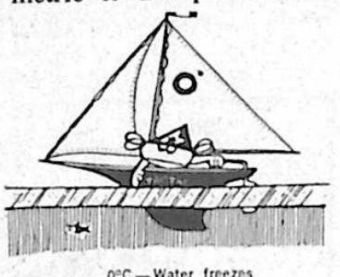
Courtesy: The Atmospheric
Environment Service and
The Metric Commission

Canada is going metric. The metric system is really very simple. Everything is based on tens. Changing from one multiple or submultiple of a unit to another is done by simply moving the decimal point (e.g. 100 cm. - 1 m.).

The change to metric is part of a world-wide trend Canada can no longer afford to ignore. Almost 95 per cent of the world's population lives in metric countries, or countries which are converting to the metric system. All the traditional users of the inch-pound system - including the United Kingdom, Australia, New Zealand - are in the process of conversion.

Conversion in Canada is being done on a voluntary basis with each sector of the economy carrying out its own conversion program in conjunction with its suppliers and customers. The entire program is being guided and co-ordinated by the Metric Commission.

metric and avoiding, whenever possible, converting measurements from metric to inch-pound units.



How? By associating specific metric measurements with a visual experience or activity. For example, a metre is the length of a long step, or just over the height of a kitchen counter. A standard wine bottle holds about 750 ml. Ten matches have a mass of about one gram. And a telephone has a mass of about two kilograms.

Learn to use the new units and you will be at home in the metric system sooner than you think. What is your mass in kilograms? How about your height in centimetres? Practice using the metric system.

Weather: April 1, 1975 is the target date for the start of weather forecasting in metric units. From that date on, the temperature will be given in whole degrees Celsius only. Rainfall will be given in millimetres and snowfall in centimetres starting September 1, 1975.



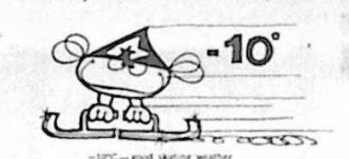
It's no April Fool's trick, but whether March, 1975 goes out like a lion or a lamb, April 1st will bring with it a significant change in Canada's weather reports. On that day, the Fahrenheit scale will ef-

fectively pass from use to be replaced in actual and forecast temperature reports by the simpler Celsius scale.

On the Fahrenheit scale, water boils at 212 deg. F., while a summer's day with a temperature of 100 deg. F. could well be described as sweltering. After April 1st, 100 deg. C. will indicate the boiling point of water. A hot summer's day will have a temperature in the 30's. Further down the Celsius scale, water freezes at 0 deg. C.



This simpler scale will entail a change in the temperature ranges used in public forecasts; instead of the previous 5 - 10 deg. interval, there will be a 2 - 5 deg. interval, so that a present



forecast of "in the upper sixties" would read 18 - 20 deg. C. It is interesting to note that on the Celsius scale, the yearly temperature range in Canada is generally symmetrical, with only rare or record temperatures falling outside the 40 deg. C. to minus 40 deg. C. bracket.

A temperature of -40 deg. C. is properly described as minus 40 degrees Celsius rather than as "40 degrees below zero."

For further information, write to: The Atmospheric Environment Service, 4905 Dufferin Street, Downsview, Ontario.

For other metric information, write to: Metric Commission, Box 4000, Ottawa, Ontario.

You ... and the law

By LCol Arthur K. Swainson
Assistant Judge Advocate
General Headquarters - Air
Defence Command

(NOTE: Generally, these articles are valid throughout Canada, although some are based on Ontario law. If acting on the contents of an article outside Ontario, ensure that the applicable provincial law is the same.)

ENFORCING YOUR RIGHTS
Many people come to my office and explain how their rights have been tampered with, or how they feel they have been badly dealt with on a contract or agreement.

In almost every case, it is crystal clear that they have lost some rights or they have not received what they paid for. However, when it comes to enforcing their rights or protecting their entitlements under contracts or agreements, most people begin to waffle pretty badly.

In almost all cases, there are statutory provisions which the citizen can use to enforce his rights or the terms of an agreement. The trouble is that if he insists on enforcing his rights, it takes his time, it costs him money, and it causes trouble for someone. Almost none of the people I have spoken with is prepared to do any of the above. Most people seem to think that their

rights and entitlements will be given to them without doing anything personally about it.

The Government does not guarantee to enforce all your rights and entitlements, but it does, in most cases, provide machinery by which you can do so. The normal excuse from the serviceman is that he is not prepared, as an example, to spend \$25 to enforce an entitlement of \$35. It is clearly the right of all servicemen to decide not to enforce their rights or entitlements, but if they do nothing at all to protect themselves or enforce their rights, it seems unreasonable that they should complain that someone is stepping on them and nobody will do anything about it.

The vast majority of companies do the best job they can, and if the customer is not satisfied they want to know about it, and they will normally do what they can to rectify the situation. However, these companies cannot be expected to contact all their customers and see if they are happy. From a practical point of view, the customer must go to the company.

So, if you think you are being unfairly dealt with, write a letter to the company

president, or if appropriate, start an action in the Small Debts Court to protect yourself. This will cost you money and you may end up simply breaking even, but you are better off breaking even than doing nothing.

If you win your argument, at least you have what you ordered, or the repaired article works properly. If you do nothing, you are out of the article you ordered, plus the amount of money you paid, or the repaired article does not work.

I appreciate that many people feel that most of the profit in these matters ends up with the lawyers, and in some cases this is true. Also, some companies work on the principle that people will not complain too much if the amount is, say, under \$25.

If you will not sue, or hire a lawyer, or spend any money, at least write the Better Business Bureau, the Consumer Affairs Department or even the Chamber of Commerce.

Sometimes these tactics are successful, but even if they are not, the Company knows that at least one customer is reacting to the company's activities.

Families of the disabled from across British Columbia and the Yukon stay at EASTER SEAL HOUSE while their handicapped children receive treatment at Vancouver General Hospital. Your EASTER SEAL DOLLARS make this possible. Please mail in your check today.

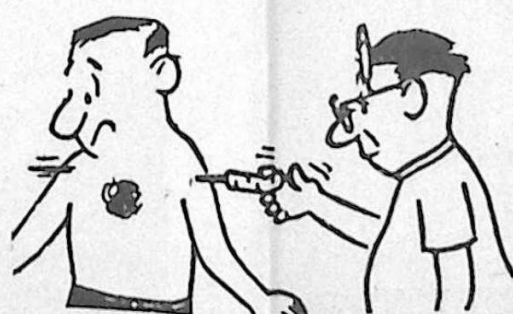
EATON'S

introduces new
Viking Roto-matic
Vacuum Cleaner at
Canada Wide Special!

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Courtenay Store - 5th Street

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Courtenay, B.C.

Phone 338-8114

There are a few things you should know about the rent increase limit.

THE RULES:

- Effective January 1, 1975, residential rent increases are limited to 10.6% of the rent presently being charged. This rule applies to any dwelling containing two or more rented units, and will be administered by the Rent Review Commission. The rule also applies to single family dwellings.

- Tenants can legally refuse to pay any rent increase over the 10.6% limit, subject to the exceptions specified in the legislation. Tenants cannot be evicted for non payment of illegal rent increases.

- There must be at least a twelve month interval between one rent increase and the next, and tenants must be given at least three months' notice of any rent increase.

- Questions relating to landlord-tenant matters other than rent increases should be directed to the Office of the Rentalsman, 525 Seymour Street, Vancouver, B.C. V6B 3H7. Telephone: 689-0811. Out of town, call collect.

- Notice of Rent Increase forms, supplied to landlords by the Rent Review Commission, must be used. These are the only valid forms for notice of any residential rent increase.

SOME EXCEPTIONS:

- Half a duplex, when the owner lives in the other half (or basement suite, when the owner lives in the remainder of the house) is exempt from the 10.6% limit.

- Certain major renovations may entitle an owner to increase rents over the 10.6% limit. These improvements must have been started since May 3, 1974, and do not include normal maintenance and repairs. Landlords may consult the Rent Review Commission for details, particularly if planning renovations which might justify rent increases.

- Residential premises being rented for the first time on or after January 1, 1974, are exempt from the 10.6% rent increase limit for a period of five years.

- Premises renting for more than \$500 per month are exempt from the 10.6% increase limit.

- Mobile home pad rent increases may exceed 10.6%, but only if prior approval is received from the Rent Review Commission.



If you have questions about residential rent increases, contact the
Rent Review Commission
P.O. Box 9600,
Vancouver, B.C. V6B 4G4
Telephone: 689-9361
Out of town, call collect



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Newest and
Largest ...
Music Centre**

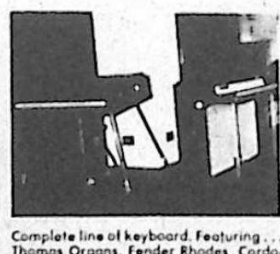


NOW OPEN

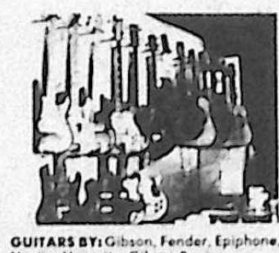
Brass, Percussion, Keyboard, String and
all the accessories you would want ...
See them here!



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Complete line of keyboard, featuring... Thomas Organs, Fender Rhodes, Cordoba.



GUITARS BY: Gibson, Fender, Epiphone, Martin, Moserite, Gibson Banjars.



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MUSIC SHOP**

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430 TERMINAL AVE.
AT COMMERCIAL ST.





Indoor Soccer

One good season of Indoor Soccer is over. There were approximately 36 boys and girls involved. They played 14 games in the league and three more in the playoffs. The Falcons won the trophy in the playoff without a loss. They defeated the Wolves one to nothing, decided on by a penalty kick. With Blair Campbell in goal for the Falcons and Shawn Fortune in goal for the Wolves, Percy Miller scored when the ball went in off the post. Shawn didn't have much of a chance at it. Here is how the games went. Lions beating Bears 2 to 1, Falcons over Wolves 1-0,

Falcons over Lions 5 to 0, Wolves over Bears 2 to 1, Lions over the Wolves 3 to 2, and Falcons over the Bears 4 to 1. The trophy was presented by Mr. Rick Kellow of Comox (Canadian Forces) Credit Union to Tommy Cranidge, Captain Lorne Kingyens, Deputy Mayor, presented Lee Bryson with a trophy for being the Most Valuable Player.

A thank you to all those who helped make this a success, and special thanks to Sgt. Chuck Eddy, B. Uddenberg and Cpl. Kuhn for the refreshments for the children.

Good luck to all the boys and girls and see you next season.



THE WINNING TEAM, left to right, includes: Rick Kellow, Tommy Cranidge, Shair Beaton, Todd Korbatiak, Linda Graham, Shane Grenon, Bill Walmsley, Percy Miller. Missing from photo is Blair Campbell.

Back a fighter! Please mail in your check today to the LIONS EASTERN SEAL APPEAL. Your EASTER SEAL DOLLARS will help the 25,000 handicapped children in British Columbia and the Yukon.



DEPUTY MAYOR LORNE KINGYENS, is shown presenting Lee Bryson with the Most Valuable Player award.

Ellis photos

Classifieds

FOR SALE: 1971 Volvo 1425 low mileage \$3100 or best offer, 339-5215.

ANNOUNCEMENT: COMOX VALLEY DAY CARE SOCIETY will hold annual Flea Market April 12, 1975 at Courtenay Junior Secondary School Gym. Anyone interested in having a stall phone 338-8791.

WANTED: Retired serviceman for seasonal employment on the golf course. Phone 492.

Interested in opening your own business? Nationally known company is looking for couple, or individual, to demonstrate essential home product to interested parties in spare time. No investment necessary and income available while learning. For further information write: "Lifetime" 1071 Jasmine Ave., Victoria or phone: 479-1411

OUTDOORSMAN

SPRING FOR A BIKE

OUTDOORSMAN SALES & SERVICE COMOX

Phone: 339-2600 Mon. - Fri. - 9 p.m. Sat. 11:00-6:00

FOR SALE 12' x 60' 3 bed room mobile home on pad space in Comox (Palen Trailer Park) Phone: 339-4490

FOR SALE - two girls' bikes, 18" frames, in good condition. 8 mm Bell & Howell movie outfit c.w. light bar and screen. Set of Wilson 1200 woods, No. 1, 3, 4, used one month. Phone 339-4258



NORTHGATE MOTORS LTD.

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INSURANCE IS OUR ONLY BUSINESS

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Opposite the Court House

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Courtenay

INSURANCE BROKERS & CONSULTANTS

NOTICE TO CREDITORS

Estate of the following deceased: Johnston MCKINLAY, late of Gambier Harbour, B.C.

Creditors and others having claims against the said estate(s) are hereby required to send them duly verified, to the PUBLIC TRUSTEE, 635 Burrard Street, Vancouver, B.C. V6C 3L7, before the 3rd day of April, 1975 after which date the assets of the said estate(s) will be distributed, having regard only to claims that have been received.

CLINTON W. FOOTE, PUBLIC TRUSTEE

At the Top of the Hill COURTENAY CHRYSLER PLYMOUTH (1970) SALES LTD.

Dealer Lic. 05165

TOP QUALITY



CHRYSLER - DODGE - PLYMOUTH

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DODGE TRUCKS

MOTOR HOMES - TRAVEL TRAILERS

BOATS - MOTORS



HARVEY BOONE
M/Cpl (Ret)

Bank Financing available on approved credit.

QUALITY USED CARS



WALTER YEDMANS
W02 (Retired)

HONDA XL100K1



Here's a potent pony that you can ride from your home out to the country. And then take on the country. Dependability is a must out in the wilds and the New XL100K1 delivers it. The 99 cc overhead cam has a robust crank and main bearings. The transmission is a five-speed slick shifter! The suspension smooths your way whether you're on road or trail. Complete with all lights and instruments for the street. And it has the Honda quality touches you'd expect. Now only \$49.60 per month with no down payment at:

Holiday Lawn & Leisure Products Ltd.

3080-B Comox Rd.,

Courtenay, B.C.

Phone 339-5112

Junior Ranks Entertainment . . . March

Friday 7th, Saturday 8th, Sunday 9th -

PRIMO

Tuesday 11th -

MOVIE - "Young Winston"

Anne Bancroft

Friday, 14th -

NOTABLES

- 2100 hrs.

Just back from U.S. tour trip

Saturday 15th -

ST. PATRICKS DANCE

NOTABLES - \$2.00 Gu., \$1.00 M.

Sunday 16th -

NOTABLES

- Hits of the 50's & 60's

Tuesday 18th -

MOVIE "BLUME IN LOVE"

Restricted - Geo. Segal

Wednesday 12th -

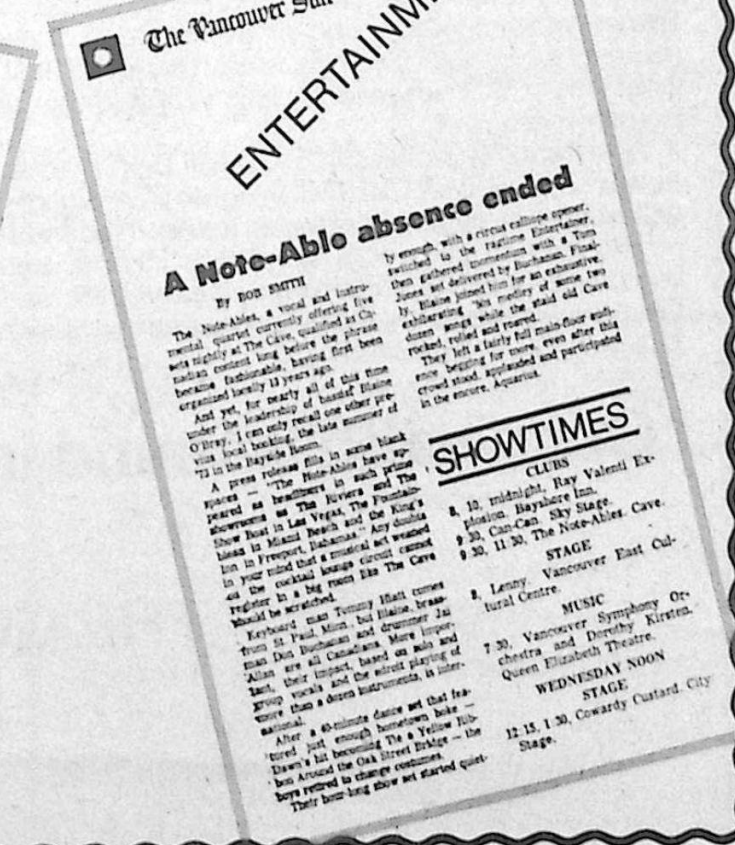
BINGO

Wednesday, 19th -

BINGO



THE NOTABLES



"Our budget for the 1975-1976 fiscal year has been designed to achieve greater economic equality and social justice in British Columbia."

"This budget is a job security budget. It contains new programs and initiatives; new and improved services for our citizens. This job security budget provides expenditures to maintain and increase employment throughout the economy of British Columbia."

A Job Security Budget

The budgetary expenditures for 1975-1976 will be made with people in mind. Expenditures will be made to maintain present job levels and increase employment in the province while also providing meaningful additions to the quality of life. This budget deals with programs to construct new schools, hospitals, low and middle income housing, highways, and homes for our senior citizens. This budget will provide for special employment programs for workers in the forestry sector, public works building construction, summer employment programs for our younger citizens, shipbuilding in our local yards, community and recreational construction programs and much more.



A Municipalities Budget

In an historic revenue sharing arrangement between the municipalities and the province, with respect to revenue from natural gas exports, one-third of the net revenue produced from an export price over \$1.00 of our natural gas (taking into account our federal tax rebate system, and other expenses) will flow to the municipalities in British Columbia. For example, if the new export price of natural gas is set at \$1.50 per mcf, the municipalities would receive roughly an additional \$20 million annually. At \$2.00 per mcf (the competitive value of the fuel), the municipalities would receive roughly \$40 million, which is equivalent to an additional \$20.00 per capita payment.

In addition, the provincial government intends to make additional per capita grant payments to the municipalities this year and next, in order to ensure that the per capita grant program is kept up to date. Total per capita payments to municipalities in the coming fiscal year will total over \$70 million—almost \$7 million of this is a result of the new provincial policy.

A Fair Taxes Budget

Again this year, there will be no general increases in



personal income or sales taxes for the citizens of British Columbia. Each homeowner and family farmer will receive the benefits of a doubling of the limits of the school tax removal program. The maximum reduction last year was \$40. This year it will be \$80. This is in addition to the \$200 homeowner grant.

Assistance to renters in 1975 will be provided through a new RENTER TAX CREDIT Program. Credits of up to \$100 will be paid to eligible renters on low and moderate incomes.

The rate of provincial corporate income tax for small businesses will decrease to an effective rate of 10%, while the provincial rate for large corporations will increase from 12% to 13%.

An Elderly Citizens Budget

Under the HOMEOWNER GRANT program, elderly citizens will continue to receive the extra \$50 payment, for a total grant of \$250. The budget includes a minimum \$80 payment under the RENTER TAX CREDIT program for those aged 65 and over. The budget also proposes to continue the RENTERS RESOURCE GRANT for 1975 for those aged 65 and over. This means that two payments of \$80 (or more) for 1975 will be made to this group. The additional payment is designed to ease the transition to the new income-related program, by providing greater assistance to the elderly who are often the most severely affected by inflation—those people on fixed incomes. Additional funds will be provided to Mincome, Adult Care, Homemakers Programs and Pharmacare to increase the scope of these innovative programs. Furthermore, a special emphasis will be placed on providing additional housing for our senior citizens.

A Social Progress Budget

\$122 million will be provided to the Mincome fund for our 128,000 citizens, aged 60 or over. Child maintenance care and special services will receive an additional \$13 million this year. An additional \$102.5 million over last year will be provided to continue the upgrading of the province's hospitals and medical care. Total expenditures for these programs will rise to over \$587 million in 1975-76.

B.C. shipyards and marine construction concerns will benefit from \$40 million to further the growth and service capabilities of our B.C. ferry system. A centralized ferry telephone information system will be launched this spring.



One of the most dramatic expenditures will be in the field of education. Increased grants to schools and reduced homeowner school taxes, additions to university operating grants, student scholarships and bursaries, college, technical and vocational school construction will account for an additional \$64.6 million of this year's budget over last years.

An important evolution in our educational system is the dramatic increase in the number of part-time students. This trend has been encouraged by government funding. Funds will again be made available to enable our educational institutions to respond to the needs of their students and of society. One such need is illustrated by the 5-fold increase in funding for student aid and teacher training scholarships since 1972/73.

A Families Budget

The budget for 1975-1976 places a high priority on housing. The Department of Housing will be actively involved in building projects for senior citizens, as well as supporting the activities of non-profit housing societies.

Another area of concentration will be the accessibility of rental accommodation for families with children. An aggressive land servicing policy, new community planning and development, and the servicing of Crown land for sale or lease to private individuals will facilitate this growth of housing and accommodation.

In the past year, 181 communities have benefitted from 516 grants from the Community Recreational Facilities fund. The appropriation of additional funds to this program will allow for further community recreational projects.

An Agricultural and Industrial Expansion Budget

The Farm Income Assurance program, the only one of its

kind in Canada, provides a base by which production programs can be carried out with the assurance that producer income levels can be safeguarded. The program will be augmented by \$27 million. This program, together with the activities of the Land Commission provides an important measure of job and income security for farmers. Agricultural Credit programs will be expanded by a further \$6 million. This government recognizes the vital role agriculture plays not only in the economy of British Columbia, but in the lifestyle of all British Columbians.

In the coming year, provision is being made for expansion of our successful trade missions, technical and small business assistance, and industrial and economic studies pro-



grams. In addition, the British Columbia Development Corporation, formed to provide financial and technical assistance to industry as, to the end of last month, provided 24 loans totalling \$2.8 million. 75% of these loans were to small businesses.

A Sharing Budget

A sum of \$5 million will be allocated for world food relief. This augments the \$5 million Agricultural Aid to Developing Countries, and Major Disaster Areas Fund, from both capital and unexpended interest earnings. The British Columbia government will match private sector contributions given to world food relief. If you give a dollar, the government will match that dollar with an equal amount, in order to assist all British Columbians in voicing their concern.

It is the intention of your government to establish a new provincial financial institution which will be designed to increase the competition in financial markets, to lower interest rates, to support further economic and social development of our province, to ensure that more of all of our money remains in our province, and to increase the amount of credit extended to low and middle income earners, to farmers, and to small business.



For Your Own Copy...

If you would like your own copy of the 1975-1976 budget write: Budget, Hon. D. Barrett, Minister of Finance, Parliament Buildings, Victoria, B.C. V8V 1X4.

Name.....

Address.....

City/Town..... Postal Code.....

"Our wealth is found in the skills of our people and in the resources which they own..."

THE GOVERNMENT OF

HONOURABLE D. BARRETT,



BRITISH COLUMBIA

PREMIER AND MINISTER OF FINANCE



AUTHORIZED PATRONS ONLY

Get Ready For SPRING With Our New Arrivals —



- Good Selection —
- SLACKS
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 - SWEATERS
 - COATS

NEW LINE - CHILDREN'S CLOTHING

SPORTING GOODS

See Us For
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Also In Stock Now -
Floater Jackets -
Buy Imperial If You Want Quality
"Compare Our Prices First"



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Available Now . . .

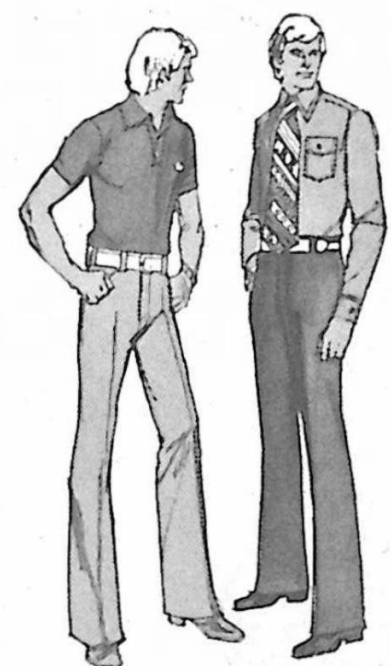


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- WRANGLER CORDS



Save Money - Shop At Your BX

WATCH FOR -
PRE-EASTER
SPECIALS
in
MEN'S
CLOTHING



Cooking Chips? —
Use a Proper Deep Fat Fryer

Entertainment and Events

OFFICERS' MESS

MARCH ENTERTAINMENT

SATURDAY, MARCH 8 - Jugs, Juke, Pizza - 2000 - 2300. Jugs \$1.00. 9" Pizza \$1.25. Tickets at Bar. Casual Dress. Cabaret Room. No Reservations.

...

FRIDAY, MARCH 14 - Happy Hour. 1630 - 1730 hours. Baron of Beef on a Bun in Cabaret Rm. 1730 - 1930 hours. Bottle Draw 1930 - 2000 hours.

...

SATURDAY, MARCH 22 - Mongolian Night. Mongolian Menu - Price "by the ounce". 2200 - 2330 hours. Dress Informal. Dance to Tidesmen. 2100 - 0100 hours. Reservations for Food by 1600 hours. Wed., March 19.

...

SUNDAY, MARCH 30 - Easter Sunday Family Smorgasbord. 1630 - 1830 hours. Dress Informal.

CATHOLIC WOMAN'S LEAGUE St. Patrick's Day Tea & Bazaar

Saturday, March 15 - 2:00 to 4:00

Airport School Gym
Bake Table, Handicrafts,
and White Elephant Table



Mon. To Thurs. - 8:15 p.m.
Two Shows Fri. & Sat.
- 7 & 9 p.m.
No Matinee this Saturday

SHOWING ONE
WEEK - Thurs.,
March 6 to
Wed., March 12

The Lords of Flatbush
Mature
WHEN WAS THE LAST TIME
SOMEONE GAVE
YOU A HICKEY?

Thurs., Fri., Sat.
March 13, 14, 15

CARRY ON GIRLS
Mature
Entertainment

Mon., Tues., Wed.
March 17, 18, 19

BUSTER & BILLIE
Warning - coarse
language, sex
& violence

Stardust
Drive-In Theatre

Opening Fri., Sat., Sun.
March 14, 15, 16
"CENTREFOLD GIRLS"
- plus -
"CANDY SNATCHERS"

WO's & SGT's MESS ENTERTAINMENT

FRIDAY, MARCH 7 - Mess dinner. Cocktails 1900 hours. Dinner 2000 hours. Dress: S-5.

SATURDAY, MARCH 8 - Western Night. Dance to the "Van Islanders". Dress: Western or Semi-Formal. 2100-0100 hours. Admission: \$3.00 regular & associate; \$6.00 hon. & guests.

SUNDAY, MARCH 9 - Bingo - 2000 hours - \$100.00 jackpot. Come on, folks - support your mess.

MONDAY, MARCH 10 - Movie: "Young Winston" with Anne Bancroft.

FRIDAY, MARCH 14 - TGIF.

SATURDAY, MARCH 15 - St. Patrick's Dance - 2100-0100 hours. Dance to the "Tidesmen". Dress: Semi-formal. Admission: \$3.00 regular & associate; \$6.00 hon. & guests.

SUNDAY, MARCH 16 - Bingo - 2000 hours.

MONDAY, MARCH 17 - Movie: "Blume in Love" with George Segal.

FRIDAY, MARCH 21 - TGIF.

SATURDAY, MARCH 22 - Easter Dance. Ham & bottle draw. 2100-0200 hours. Band: TBA. Dress: Semi-formal. Admission: \$3.00 regular & associate; \$6.00 hon. & guests.

SUNDAY, MARCH 23 - Bingo: 2000 hours.

MONDAY, MARCH 24 - Movie: "Day of the Jackal" with Eric Porter.

MONDAY, MARCH 31 - Movie: "Theatre of Blood" with Vincent Price.

Tickets for the ham and bottle draw are on sale at the mess bar - 25¢ each.

CFB Comox Gliding Club ANNUAL GENERAL MEETING Thursday 13 March 1900 Hours

SOCIAL CENTRE (Upstairs in the Rec Hall)

- ELECTIONS OF EXECUTIVE
- MOVIE
- FINANCES
- GENERAL DISCUSSIONS
- COFFEE & COOKIES

BASE THEATRE SCHEDULE

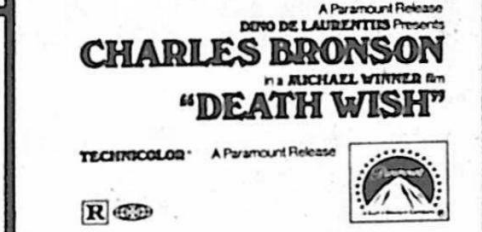
Theatre Information - Call 339-2433 anytime
RESTRICTED SHOWS: 18 years and above - Under 18 years of age must be accompanied by a person over 18.
ADULT SHOWS: 16 years of age and above - Under 16 years must be accompanied by a person over 16.

Thu 6 Mar **FAT CITY** Stacy Keach Jeff Bridges
Story of a boxer who doesn't quite make it
Showtime: 2000 hrs. to 2150 hrs.



"THE OUTSIDE MAN"
United Artists
Ann Margret Angi Dickenson Mafia Show
Fri 7 Mar Sat 8 Mar Sun 9 Mar
Showtime: 2000 hrs. to 2155 hrs.

"A PROVOCATIVE, SHREWDLY MADE SHOCKER!" - Kathleen Carroll, N.Y. Daily News
A Paramount Release
CHARLES BRONSON
"DEATH WISH"
TECHNICOLOR A Paramount Release
R
Sat 15 Mar Sun 16 Mar
DEATH WISH Charles Bronson Restricted
Man who hunts for muggers in cities
Coarse language and brutality
Showtime: 2000 hrs. to 2150 hrs.



DEATH WISH Charles Bronson Restricted
Man who hunts for muggers in cities
Coarse language and brutality
Showtime: 2000 hrs. to 2150 hrs.

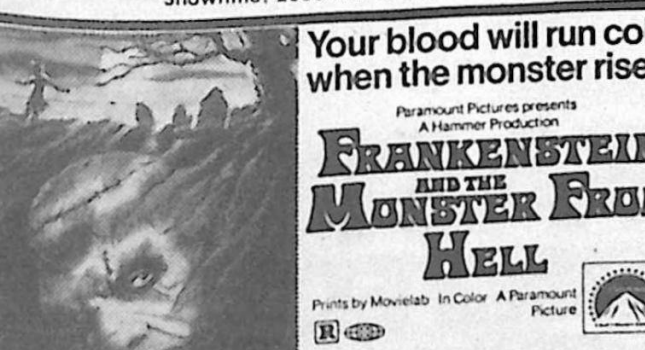


BOXCAR BERTHA David Carradin Barbara Hershey
COLOR BY DELUXE
AN AMERICAN INTERNATIONAL PICTURE
© 1972 American International Pictures, Inc.

Wed 19 Mar Thu 20 Mar **BOXCAR BERTHA** David Carradin Barbara Hershey
Comedy Drama
Showtime: 2000 hrs. to 2150 hrs.

Fri 21 Mar Sat 22 Mar Sun 23 Mar **THE SEVEN UPS** Roy Scheider Tony Blanca Cops & Robbers
Showtime: 2000 hrs. to 2155 hrs.

SATURDAY MATINEES
Sat Mat. 8 Mar **TINDERBOX - PLUS 3 STOOGES COMEDY**
Showtime: 1400 hrs. to 1545 hrs.
Sat Mat. 15 Mar **CLOWN & THE KIDS - PLUS 3 STOOGES COMEDY**
Showtime: 1400 hrs. to 1545 hrs.
Sat Mat. 22 Mar **SEVEN DWARFS TO THE RESCUE - PLUS 3 STOOGES COMEDY**
Showtime: 1400 hrs. to 1545 hrs.



FRANKENSTEIN AND THE MONSTER FROM HELL
Horror Restricted
Your blood will run cold when the monster rises.
Paramount Pictures presents
A Hammer Production
FRANKENSTEIN AND THE MONSTER FROM HELL
Prints by Movielab In Color A Paramount Picture
Wed 12 Mar Thu 13 Mar
Showtime: 2000 hrs. to 2150 hrs.



CAPTAIN KRONOS: VAMPIRE HUNTER
Horst Janson Horror
Fri 14 Mar
Showtime: 2000 hrs. to 2150 hrs.

BADEN POWELL WEEK - 1975

Akela says



RENOWNED CANADIAN outdoorsman, Tommy Tompkins, was the guest speaker at last month's Father-Son Banquet, commemorating Baden-Powell Week.

Ellis photo



"Mmmmmmmmm..."

Notice



BEAVERS CANADA

For boys aged 5-7 years, is a group of Boy Scouts of Canada who are now meeting at the Airport School Gym on Thursday evenings from 6:00 to 7:30 p.m.

Beavers is an organization where boys are encouraged to SHARE with other boys and leaders — there is NO competition — simply sharing and fellowship.

Parents of Beaver Age dependents who live anywhere in the Comox Valley that wish further information or would like their boys to join the 1st Lazo Beaver Colony, please contact: Morag Walm-sley 339-4912; Rick Warren 339-4219; Bob Vinnedge 339-4954.

BEAVERS MOTTO IS: "SHARING - SHARING - SHARING"

This issue, the feature is not about a pack of the 1st Lazo Group, but is instead a very important part of the group. It is a well known fact that without this most important element, scouting would die.

PARENTS — better known to most in the scouting program as "Mom and Dad". These are the most famous people in scouting. They go through all phases of the program from "BEAVERS" through "ADVENTURES". Parents in the scouting program use many aliases. Some of the most famous are: Pack Leader, Troop Leader, Assistance Leader, Committee Member, Ladies Auxiliary Member, Drivers, Collector, Server, and many others which are so valuable to the scouting program.

Scouting is and should be a family affair. The parent who fails to use one of the above aliases, has also missed out on Sharing, (Beaver's Motto) with his son, life in itself. This is the parent who is always too busy, never allowing himself to be concerned about his son's scouting program, except to criticize those who feel they "Do your best" (Cub's motto). The parents who feel they may have failed to be as concerned as they should, can still enjoy the adventures of scouting by talking to their son, about his activities. Insure that he has and properly wears the uniform at all times. Does he give scouting his best, or is he the rowdy one that got sent home from the scout hall, so the meeting can continue in an orderly manner. Do you know the problems the Leaders experience with your children? Are you concerned enough to find out from your son and leader if this could have been one of your children involved? We should be. Leaders are hard to get, because they are people like you, but they volunteered.

Parents — "Always be Prepared" (Scout's motto) for the inherent responsibilities you have — your children's actions — good or bad.

On 20 Feb the Cubs and Scouts honored their parents at the annual Father-Son Banquet. The boys made a toast to the parents for all that they have contributed to the scouting movement since 1907.

The guest of honor at the banquet was Canada's famous outdoorsman, Tommie Tompkins. He gave a very inspiring talk about his travels which concluded with emphasizing the "Family Affair" program in scouting. He pointed out to the boys that when a family is not together in work, play or home there is usually cause for trouble with drugs and or alcohol.

Tommie then showed a film he made in Canada's high country about a wolf pack of 11 grey wolves. It took him 2½ months to make the movie with temperatures down to 50 below zero. After the movie he answered the boys' questions, which ranged from "How much did your pack weigh?" to "What was the thing that scared you the most?" The boys really loved him. (The parents enjoyed the program too).

The banquet also found Col. Mortimer in attendance with a thought provoking message to the boys about becoming a man.

The District Chairman, Mr. Dandeno was on hand to present the 1st Lazo Group with the new charter. Vern Barker, chairman of the 1st Lazo Group, accepted the new charter and said, "This will hang in the scout hall alongside the 2nd Comox charter which is 21 years old and very much part of this group's history."

The Base Chaplains were on hand for the prayer before the meal. Mrs. Sandra Fullbrook, chairwoman of the L.A. was introduced from the head table with no comment. She didn't need to — the L.A. Ladies served dinner superbly.

But then they always do at every function. Thanks ladies. (Ida, I didn't get coffee until the dishes were cleared, why?)

Sunday afternoon, 23 Feb. the scout hall was very busy with the presentation of the 2nd Annual Scout Hobby Show.

The boys brought their hobbies and they were entered in one of four categories, as follows: No. 1, Plan, Build and decorate it; 2, Art Work; 3 Plastic models; 4. Collections. The viewers of the hobby show made all the selections of the winners. Each viewer was given a paper on which to vote for one item in each category. They had to pick four out of the 30 entries — it wasn't easy.

There was a tie in No. 1 category, so a double prize was awarded in that case. The winners in each category



TOMMY'S AUDIENCE was captivated by his film and talk on his many travels.



"AND THE LADIES, bless 'em, served up dinner in fine style. . ."



"... 'TIL THE last piece of chicken was gone!"

were: No. 1, Danny Bryson and Steven Fredette (Tie). 2. Brian Barker. 3. Steven Duchesne. 4. Prackish Gill (while hospitalized with hockey injuries). Grey Pack swept the field with three winners in categories 2, 3 and 4. Remember boys, next month is Kub Kart races so get those cars ready.

The Beavers are now going strong with 25 kits in their lodge. There are still places for 5-7 year olds in the 1st Lazo Beavers. See our notice in this issue.

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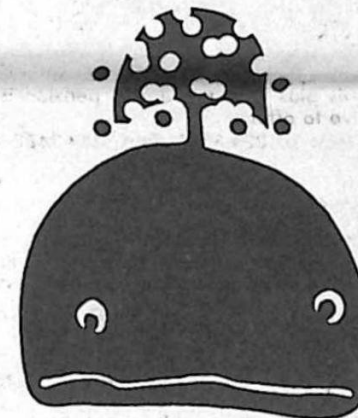
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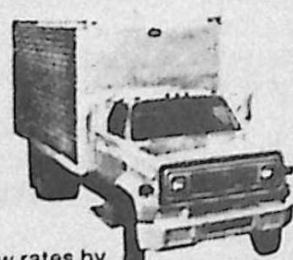
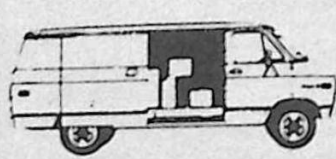
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Open market

OPEN MARKET will be held at 907 McPhee, that's the Arts Alliance building, on March 15 from 10 a.m. to 4 p.m.

The OPEN MARKET will be like a flea market, open to anyone who wishes to rent a table. We are charging \$2.00 per table and renting them on a first come, first serve basis. At present we have commitments from several people, so if you are interested, call soon to reserve: Tutti at 338-6211 or Jay at 335-2566.

The Arts Alliance would like to see its facilities being used by more people in the area to do a wider variety of things. This event the Open Market will provide a marketplace where people can bring their goods, whether it be fine art and crafts, ceramics, household items, baked goods, old tools, odds and ends, and sell them at a fair price to people who can

put them to good use. We're especially interested in encouraging people who have a lot of stuff which they don't use to recycle it and make some money doing it. This way, young families can purchase things they need and can use for less than new. Everyone benefits. There are lots of folks who could use some good tools, fishing gear, garden seeds, yardage and wool, household items, baby stuff.

The Open Market will also afford an excellent chance for people to see some fine arts and crafts ware. And to buy directly from the artists themselves.

Won't you join us on March 15 at 907 McPhee - Open Market from 10 a.m. on all day. We'll have coffee and tea and a good time too. For information call Jay 335-2566 or Tutti 338-6211.

Charter flight announced

Here is an item of interest to all who have relatives and friends with the Canadian Armed Forces in Lahr, West Germany. Radio Station CJBQ in Belleville and Trenton, in cooperation with the City of Belleville, and Belleville's local Travel Agents, are arranging a special Air Canada Charter Flight on June 6, 1975 from CFB Trenton direct to CFB Lahr for a fourteen-day vacation. This charter, under ABC Rules, provides first class accommodation, deluxe meals and free refreshments during the flight. The return flight air fare is \$319.00, including cancellation insurance. Reservations, with a deposit of \$50, can be made with either of the following Travel Agents in Belleville:

Davison and Davison Travel
188 Front Street
Belleville, Ontario K8P 3B9
613-962-3404
Rawson Travel Service
Limited
The Plaza

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613-968-5559

Roluf's Travel Centre
227 Front Street
Belleville, Ontario K8P 3C3
613-962-9201

Two hundred seats are available for this charter, and early indications are that immediate reservations should be made.

The City of Belleville and the City of Lahr have, during the past few years, established a very close "twinning" arrangement and eight students from Belleville and from Lahr have exchanged homes and schools for the past two years.

Belleville's Mayor Robin Jeffrey and her family will be taking the trip. Ober-

burgermeister Dr. Brucker of Lahr has assured her and all passengers of a very warm welcome.

The Belleville Travel Agents have full details of hotels, bus tours, car rentals and other information available. Lahr is indeed a gateway to Europe - only one hour by car or train from historic Strasbourg in France; only two hours by car or train from the breathtaking Swiss Alps. Lahr is located midway between the Black Forest and the River Rhine.

It doesn't hurt and there are no usual symptoms. Only your doctor can tell about high blood pressure. Contact your local heart headquarters for more information.

ANNOUNCEMENT

Finlayson Furniture has just completed their year end stock taking. We have discovered many items that are discontinued lines, old stock, and damaged stock.

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