

# TOTEM TIMES

THE GOVERNMENT'S CUT SPENDING — NO FUELLING!

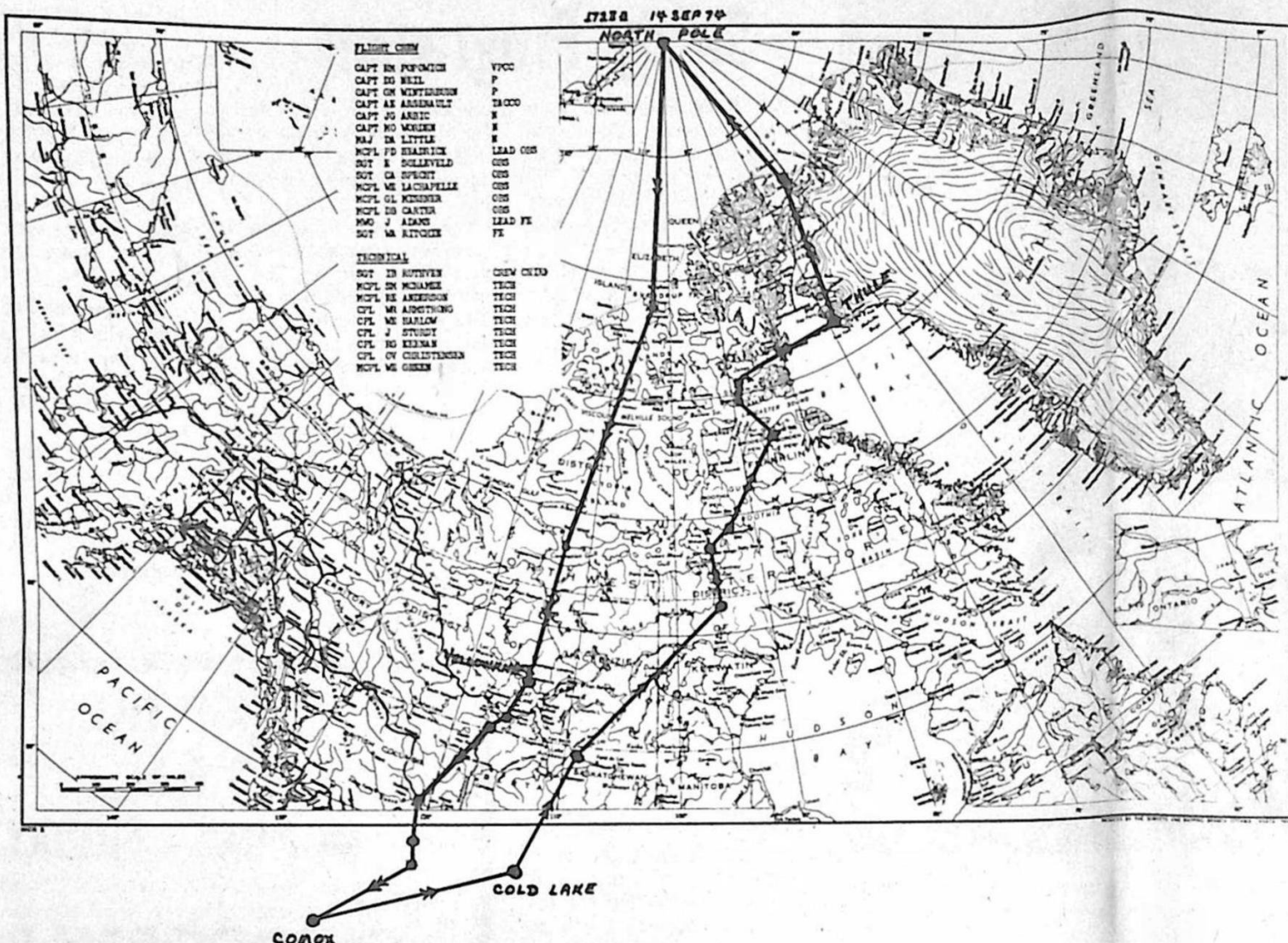
VOL. 16 — NO. 18

CFB COMOX TOTEM TIMES THURSDAY, OCT. 10, 1974



## VP 407 Spans Globe In Ten Minutes

### Crew 4 Around The World



ROUTE TAKEN BY CREW 4 on their trip over the Pole.

VP 407 photo

During a recent sovereignty patrol, in addition to normal patrol duties Crew Four conducted a sweep to the north pole. It was on this occasion when in the period of 10 minutes they circumnavigated the globe. Because of the intricacies of the navigation sub system a paper crossing of the equator was also made.

Aircraft Commander Captain Dick

Popowich dropped a canister containing the crew manifest as a memento of the event. This occasion also afforded the opportunity for Major Don Little to acquire sufficient flying (3,000) hours to join VP International.

Children be advised that despite the fact that the jolly man in the red suit was not sighted there was evidence to support his presence.



CAPTAIN DICK POPOWICH congratulating Major Don Little on obtaining his 3000th flying hour.

VP 407 photo

## Increase In Lifesaving

VICTORIA, B.C. +++ The incidence of search and rescue situations in the interior of British Columbia, along her coastlines and in the Yukon is on the increase.

The Canadian Armed Forces Rescue Co-ordination Centre in Victoria has logged over 2,000 incidents reported so far this year, surpassing any previous annual total. Of these, 1,450 involved maritime problems, 148 pertained to aircraft difficulties and 256 called for medical evacuation by land or sea. The remainder concerned miscellaneous emergency situations.

Captain L.H. (Lou) Villeneuve, commanding officer of the Rescue Co-ordination Centre said today that despite the rising number of incidents there appears to be enough resources at hand to cope with those reports of a more serious nature. Those primarily involved in search and rescue operations include the Canadian Armed Forces, the Canadian Coast Guard, the Royal Canadian Mounted Police and civilian fliers and boat owners.

"However", Captain Villeneuve stated, "considering our Centre is responsible for an area of some 955,000 square miles of land and sea, it's difficult for us to find an immediate response to marine engine break-downs and similar minor emergencies".

Captain Villeneuve pointed out the Canadian Armed Forces have co-ordinated and been involved in 13 major air searches so far this year. That compares to last year's total of nine.

While the majority of Sunday fliers and pleasure boating enthusiasts reached a holiday peak last month, winter storms are approaching, which always breed emergency and disaster situations.

"No-one participating in search and rescue operations relishes his involvement", Captain Villeneuve concluded, "for far too often the results of long searches are disastrous. However, some pleasure can be taken in the fact we believe our resources have been responsible for saving the lives of 67 persons so far this year".

## I Was There

ISMAILIA, Egypt (cfp) — Camp Chams, a name synonymous with the Canadian Contingent to the United Nations Emergency Force in the Middle East, is now nothing more than a memory for some several thousand servicemen who have lived and worked in its dust.

The last of our troops completed the move to the relatively luxurious surroundings of Ismailia, complete with buildings, roads and running water.

First Canadians arriving at the Ismailia airfield camp found the buildings without roofs and filled with rubble. There was no electricity nor wiring to support generators, no water, and what sewage systems existed had been plugged for years.

The Ismailia camp is now taking shape after troops moved in over 1200 truckloads of material and spent hours under the scorching sun, using their initiative to rebuild the

area to a liveable standard. Brigadier-General Donald E. Holmes, commander of the Canadian Contingent in the Middle East, summed up the situation:

"We have now unravelled the bureaucracy which has held up many of the improvements we want for the men here. There is still a lot to do, but look at what these men have already accomplished with no help whatsoever!"

The unique memory of Camp Chams will be relived and retold many times by men who can say, "I was there."

## GET CRACKING!

The Totem Times exists to inform CFB Comox personnel on what goes on at the base. But we can only do this with your help. Correspondence from branches, sections and squadrons is urgently required. So write in!



ACTUAL PHOTO OF THE NORTH POLE.

VP 407 Photo

## Defence Minister To Visit

OTTAWA — Defence Minister James Richardson will visit Canadian Forces personnel on United Nations peacekeeping duties in Cyprus and the Middle-East. Mr. Richardson will leave Canada October 31, and return November 10.

are with the U.N. Truce Supervisory Organization, who cover Syria, Israel, Lebanon, and the Gaza Strip in the Sinai Peninsula.

Mr. Richardson will travel

in Canadian Forces aircraft during the trip and will stop enroute at Lahr, Germany, where more than 5,000 Canadian Forces personnel serve with NATO.

## AF Ass'n To Fete Pigeoneer

OTTAWA (CFP) — Mention "air force" and some people might think of a keen-eyed fighter pilot punching his powerful aircraft through the sky.

But the 10,000-member RCAF Association has come up with three airmen of a different stamp as guests-of-honour at their national convention in Windsor, October 9 to 12.

One of them is a former pigeonier.

That's right, a pigeonier. In the days leading up to early years of the Second World War, radio communication wasn't too reliable. So the RCAF trained homing pigeons to fly messages back to base when aircraft were disabled.

The airmen who trained and looked after the pigeons were called pigeoniers, and their feathered charges saved many lives, including, in the 1920s, that of a young pilot who later became Chief of the

Air Staff, Air Marshal C. Roy Slemmon.

That's why Fred W. Thelfall of Maple Ridge, B.C. will be at the Windsor Convention. He was an RCAF pigeonier from enlistment in 1929 until May, 1946, when he remustered to carpenter. He retired from the air force in 1957 after 29 years' service.

Another guest will be retired Wing Commander H.J. "Bert" Massiah, of Ottawa. He enlisted in 1927 as an airframe mechanic and served as a groundcrew member of the RCAF's first aerobatic team which flew open-cockpit biplane Siskin fighters in 1929-30.

His RCAF career included wartime and postwar service overseas. He was involved in the introduction of jet aircraft into RCAF service and later was a member of the maintenance committee for the ill-fated CF-105 Avro Arrow. Mr. Massiah retired in 1960.

Still in uniform with 35 years' service, is Chief Warrant Officer J.G. "Jerry" Fleming of National Defence Headquarters, Ottawa, where he works with the para-rescue organization of the Canadian Forces. He enlisted as a fabric-worker in 1938, when aircraft were covered with doped fabric. Later he became a parachute rigger.

## Six Teams Vie For C.F. Soccer Crown

OTTAWA (CFP) — The annual Canadian Forces soccer championships are to be held at CFB Esquimalt, Oct 7 - 11 for the Pearkes Trophy.

Teams from Atlantic, Quebec, Ontario, Prairie and Europe regions will be challenging last year's winner, CFB Esquimalt. Regional teams are from CFB's Halifax, Valcartier, Borden, Cold Lake, Esquimalt and Lahr.

The Pearkes Trophy is symbolic of soccer supremacy in the Forces. It was first

awarded in 1958 when the sport became the only one in tri-service competition.

At that time, the RCAF team from St. John's, P.Q., won the first championship and repeated their performance in 1959.

Since then it has been won by teams from RCAF Stations Uplands, Greenwood, 2 PPCLI Edmonton, RCAF Station Penhold, RCN Naden, CFB Esquimalt, 1 PPCLI, Edmonton, CFB Kingston, CFB Soest, CFB Europe and CFB Esquimalt.

We wish to express our deepest thanks to Padre Ritchie, Lieut. Colonel Sutherland, Major Nelson, MWO Elvins, Capt. Muzychka, and so many others far too numerous to mention for the kindness shown toward us on the recent loss of our dear Husband and Father.

Maxine, Jeffrey and Timothy Jenkins

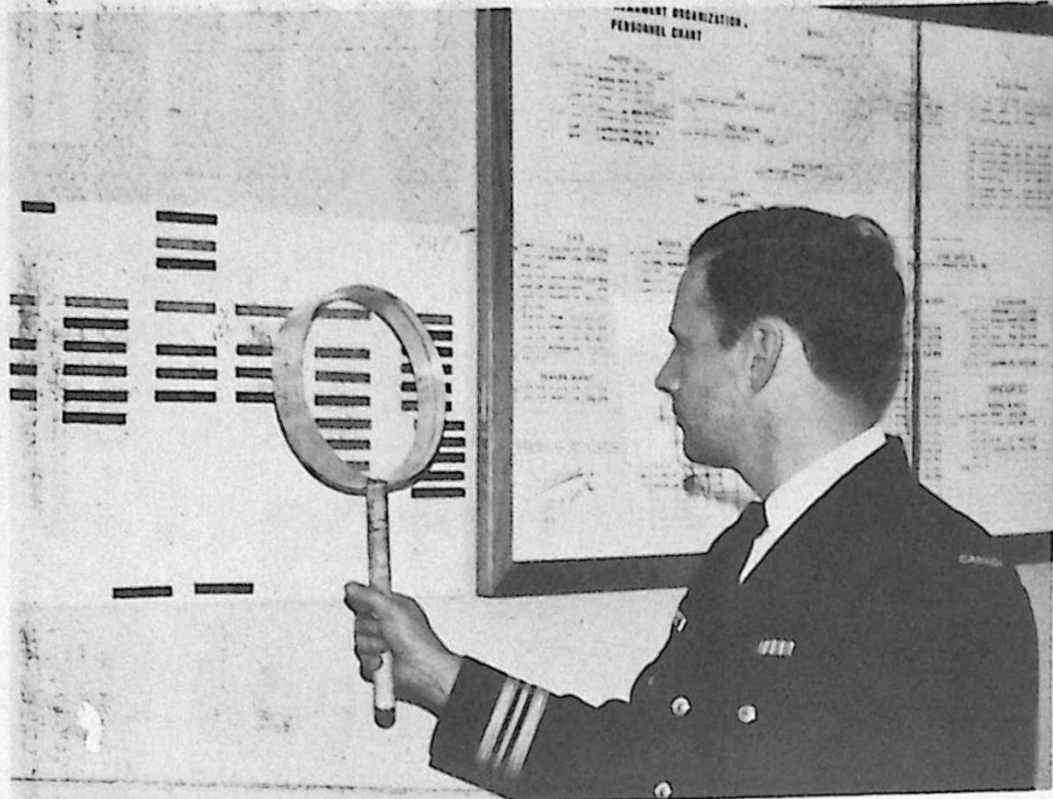


CANADA'S SENIOR OFFICER IN Cyprus, newly-promoted Brigadier-General Clay E. Beattie, 46, right, of Ottawa, briefs defence minister James Richardson during a visit home at National Defence Headquarters, Ottawa. Gen. Beattie has been serving in Cyprus since June, 1972, in the rank of colonel as deputy chief of staff of the U.N. Force and Canadian contingent commander. He left Ottawa on Sept. 26 to return to Cyprus where he now becomes chief of staff of the U.N. Force, as well as Canadian contingent commander. Future role and make-up of Canada's contingent on the Mediterranean island will depend on the results of a review now being conducted by the U.N. The current mandate expires in mid-December.

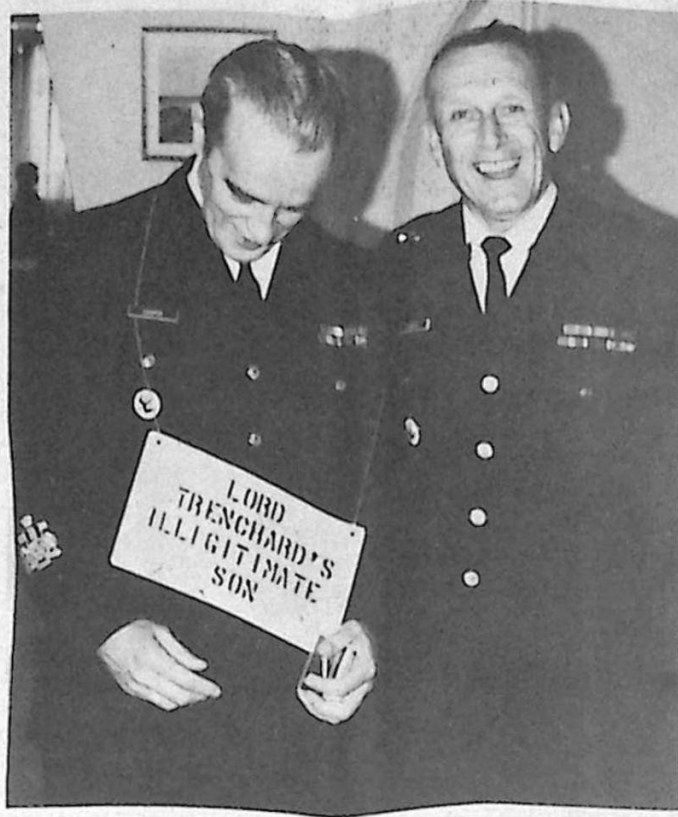
(Canadian Forces photo)



# A Technical Inspection



**LAST WEEK DURING** the DCOSTS visit Base Armament was inspected in minute detail. Needless to say that with the aid of such equipment as indicated Base Photo alone, the inspectors are bound to find one or two things.



**THE OTHER BRANCHES** tried all sorts of tricks to embarrass Base Armament, but sharp eyed Weapon Techs had no difficulty spotting these obstacles.



**WE SOON DISCOVERED** the exact reason why the inspectors came to Comox....



**WE MET AN OLD FRIEND....**



**...AND A NEW ONE.**

The Canadian Arctic has an estimated polar bear population of 8,000.



**AND WHEN IT** was all over the BTSO gave the chief inspector a token of appreciation because they promised to leave the next morning.

## Technically Successful

### Notice

All persons interested in playing, managing or officiating Base Team Basketball are asked to meet at the Recreation Centre Thursday, 17th Oct. at 1630 hrs.



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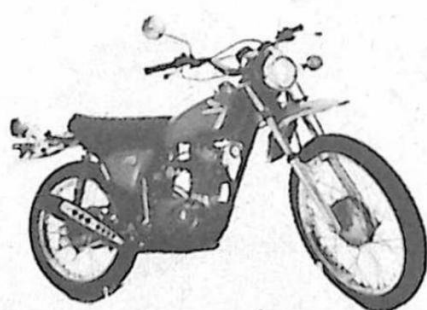
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## How Is Your General Safety Programme

Thank you for asking. As a matter of fact, this issue marks the half way point in the final year of the Safety '75 campaign and a good time to review our progress and performance.

By examining our progress toward the targets of the Safety '75 Campaign, we can assess whether or not we are reaching our primary objective of an effective accident prevention program.

Through the accident investigation and reporting system, we have been able to identify the major sources of injuries and the type of injuries sustained. This information has led to priority emphasis in three areas of activity on the base: Sports, Construction and Engineering and Food Services. This same reporting system has established an injury frequency rate (IFR) for military and civilian personnel.

Since each Command Headquarters has its own reporting system, there are at least three sets of these IFR figures. The frequency rates for integral units (those reporting to ADCHQ) were 15.01 for civilians and 6.5 for military. From these rates, the 20 per cent reduction target for Safety '75 becomes 12.01 for civilians and 5.2 for military.

Whether or not we reach these targets depends on the

number of injuries during fiscal year 74-75, and is a good indication of how effective our accident prevention program is.

During the first quarter there was a marked reduction in civilian injuries, but an increase for military ones. The second quarter shows a sharp reverse, with a decrease in military injuries but a large increase for civilians - mainly food services and construction and engineering. So at this half-way point, our civilian IFR is 16.2 and our military IFR is 5.2 (based on ADC units only).

Meanwhile, 407 Squadron has been able to keep below their previous number of accidents but their real winter

challenge is yet to come. 442 Squadron is in much the same position.

There has been a concentrated effort made to raise the level of safety awareness in a number of ways. To mention a few, there is the DND General Safety Digest magazine which is widely distributed on the base, General Safety posters, publication of General Safety Standards in DNDP 41 and its companion DNDP 42 "Safety Precautions" display of "The Great Safety Bird", and the involvement of supervisors in formal training courses, seminars and surveys.

In summary, there are unmistakable signs of heightened awareness in general safety and real progress being made in some areas. Our effectiveness however, can only be considered marginal. We display some symptoms of that dreaded management syndrome called informationitis. If we sit on the output end of our management information system, wringing our hands over our injury frequency rates and do not act - we are observing - not managing!

At this stage of the campaign success can only come through direct action. What can you do?

1. Accept the safety responsibility of your job.
2. Adopt a positive attitude for safety action.
3. Insist that the job be done right.
4. Report safety hazards and take corrective action.
5. Inject safety into all your activities, whether you are a worker, supervisor or manager.

Safety Sam

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**9 P.M.**

**MONDAY - FRIDAY**

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## Why Is Recreation So Important

Let's take a close look at the meaning of Recreation and some of the five basic ingredients which hopefully explain this philosophy.

### LEISURE TIME:

This is the time when a person is free to choose what he wants to do.

Leisure time may include several hours each day or your entire life depending how you interpret "Free to Choose."

**Enjoyment** - Recreation provides fun, relaxation, enjoyment to the individuals involved.

**More Worthwhile** - recreation makes a contribution to the meaning of life. The enrichment of life.

**Personal Satisfaction** - recreation provides satisfaction through constructive and creative behaviour - The importance of recreation is now being recognized more fully by the medical profession, the psychiatrists and psychologists and by the four levels of government and the detailed reasoning behind this is:

a) It is a fundamental need. Psychiatrists, psychologists and social workers all testify to the need for rest, relaxation, personal satisfaction and enjoyment.

b) It contributes to human happiness - along with work and rest, love and worship.

Recreation takes its place alongside the home, the church and the school in its concern and its contribution to the life of the individual.

c) It contributes to physical health, muscular activity, increased circulation, respiratory stimulation, the needs in a program of physical recreation necessary for a healthy body.

d) It contributes to character development through social attitudes which come to light as a member of a team or group, these attitudes include, loyalty, co-operation and group consciousness.

e) It contributes to crime prevention through the development of wholesome interests and opportunities for participation.

f) It contributes to morale - through the feeling of personal satisfaction, of a job well done, of making a significant contribution to the lives of other people.

g) It contributes to Community solidarity through a friendly sympathetic understanding to each other's needs, interests and potentialities in the community.

h) It contributes to the economy, because it is cheaper to provide a full satisfying, developing program of recreation in a community than it is to provide jails for the

(Continued on page 11)

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# The Rentalsman and you.

On October 1st, the Government of British Columbia proclaimed a new Landlord and Tenant Act governing the rights and obligations involved in landlord/tenant relationships. What follows on this page, is a very simple summary of those new laws, and what they mean to you the landlord, and you the tenant.

While this is only a summary, and does not cover all the laws found in the new Landlord and Tenant Act, it does deal with the questions most commonly asked. This page will be of value to you as a piece of reference material, well worth clipping and saving.

For purposes of interpreting and applying the law in more detail, the Act itself should be consulted. Copies of the Act are available at nominal cost from the Queen's Printer, Parliament Buildings, Victoria, B. C.

## The Office of the Rentalsman

The laws contained in the new Landlord and Tenant Act of British Columbia govern relationships between landlords and tenants who rent residential premises. The Act clearly defines many of the rights and obligations of both parties.

Misunderstandings may still arise, however, and it is for this reason that the government has established the rentalsman — to act as ombudsman and mediator in landlord-tenant disputes, and to provide prompt decisions.

The services of the rentalsman are free, and can save both landlords and tenants lengthy and costly legal action. Questions can be directed by phone, by mail or in person.

## What Is Covered By the Landlord and Tenant Act?

The Act applies generally to all dwelling units used for residential premises (including mobile homes and land that is rented for mobile homes), but it does not apply to non-profit co-operatives, or nursing home facilities licensed by the Department of Health.

## Tenancy Agreements

A tenancy agreement is the contract between the landlord and tenant about the rent, services, privileges and restrictions respecting the residential premises reached when the tenant agrees to rent the premises from the landlord.

A tenancy agreement doesn't have to be in writing. A written agreement is advantageous to landlord and tenant in the event of a subsequent dispute, but a verbal agreement is a valid agreement. Whatever the form of agreement, it may be changed only when both landlord and tenant agree to the change.

Any term of an agreement which takes away the rights of either party given by the Act is void.

A landlord can include any reasonable obligation or restriction in a tenancy agreement. If there is doubt whether a restriction or obligation is reasonable, the rentalsman should be consulted.

Where the tenancy agreement is in writing, the landlord must give a copy of the agreement to the tenant within 21 days. Until he receives such a copy, the tenant has no obligation to honor any part of the agreement, including the payment of rent.

## Terminating A Tenancy Agreement — Giving Notice

A notice of termination from either the landlord or the tenant *must be in writing*, must include the address of the premises, must specify the day on which the premises are to be vacated (the termination date), and it must be signed. It is recommended that the landlord also outline his reasons for giving notice.

The termination date must be set one day before the day on which the rent is due.

In a month-to-month tenancy, where the tenant pays rent every month, notice must be given not less than 30 days before the termination date.

In a week-to-week tenancy, notice must be given not less than 28 days before the termination date and, again, the date must be set one day before a rent payment day.

Where a tenancy agreement is for a specified period of time, such as a year, unless the landlord gives 30 days notice of termination, or a new tenancy agreement is entered into, the tenancy agreement becomes a month-to-month tenancy.

There are some exceptions to these rules. For example, if the landlord requires the premises for himself, his wife, children, parents or in-laws, 60 days notice must be given to the tenant. Other exceptions are discussed under the headings "Reasons for Termination" and "Conversions from Rental Accommodation".

A tenant can deliver written notice to the landlord personally or by ordinary mail.

A landlord must attempt to deliver a written notice to the tenant or if this cannot be done, a notice may be given to an adult apparently residing with the tenant; by certified or registered mail, or by posting the notice up on the tenant's door, or in some place where the tenant would be sure to see it.

A tenant who receives a notice of termination may require that the landlord give him detailed reasons in writing within the next two days. The tenant may dispute the termination by giving notice to the rentalsman, not less than 15 days before the termination date specified. The rentalsman will then decide if the termination is justified.

## Reasons For Termination

A landlord cannot arbitrarily terminate a tenancy agreement. He must have a valid reason. The tenant may appeal to the rentalsman to determine whether or not the reason is justified. A landlord may terminate a tenancy agreement if:

- A tenant fails to pay rent owing within five days after receipt of a notice of demand from the landlord.
- A tenant or his guest(s) disturb other tenants in the building.
- A tenant damages the premises beyond reasonable wear and tear.
- The landlord requires the premises for his own use, for the use of his wife, child, parents or in-laws.
- The premises are going to be demolished.
- The premises are to be converted to condominium or co-operative housing, or if the landlord intends to enter into a lease arrangement of more than three years.
- The tenant knowingly misrepresents the premises to a prospective tenant or purchaser.
- The tenancy agreement is for residential premises in a hotel, motel, etc., or if the agreement clearly stipulates a seasonal arrangement and a termination date.
- The premises become occupied by a person under 19 years of age, contrary to the tenancy agreement.
- The premises become occupied by a larger number of persons under 19 years of age than was agreed upon in the tenancy agreement.
- The tenant or his guest(s) endanger the safety of the landlord or other tenants.
- The tenant is an employee whose residential premises were provided by the employer and are withdrawn upon the termination of employment.
- An unreasonable number of persons are occupying the premises.

There is one special circumstance in which the tenant cannot dispute the landlord's notice of termination. The tenant does not have this right if the landlord has already applied for and obtained the rentalsman's written consent to the termination. The rentalsman will give this consent only where the landlord satisfies him that the tenant's conduct is severely disturbing the peace or endangering the safety of neighbouring tenants or is causing extraordinary damage to the premises.

## Conversions from Rental Accommodation

It has already been mentioned that a landlord can terminate a tenancy agreement because he is going to convert the premises into a condominium or co-operative or enter into a tenancy agreement for more than three years. When this occurs, the landlord must have the approval of the municipality where the premises are located, and he must give the tenant 120 days notice of termination. Where the building is to be demolished, 120 days notice is also required. The landlord must also pay the tenant's moving expenses up to \$300.

In this situation, the tenant may decide to vacate before the termination date specified by the landlord. If so, he must give the landlord notice of the day he intends to leave and such notice must be given to the landlord no later than 10 days prior to the termination date

specified by the landlord. The tenant must pay rent up to the date he leaves the premises.

## Rent Increase

An increase in rent in respect to a particular residential premises may not take place more than once every 12 months, regardless of a change in the landlord or tenant.

A landlord must give the tenant written notice of such increase at least three months in advance.

Any reduction in services or a charge for services formerly supplied free to a tenant is considered a rent increase, unless the rentalsman orders otherwise.

## Non-Payment of Rent

When a tenant fails to pay his rent, the landlord may deliver to him a written demand for payment. This demand is to be delivered between the seventh and twentieth day following the day on which the rent was payable.

If the tenant has not paid within five days of receiving the written demand, the landlord may give the tenant a notice of termination. In a week-to-week tenancy, termination may occur on the tenth day following the receipt of the written demand. In all other tenancies, termination may occur on the last day of the rental period for which the landlord has not been paid.

A landlord may not seize the personal possessions of a tenant for non-payment of rent.

## Standards of Maintenance

A landlord has an obligation to keep the premises he rents in a condition which meets health and safety standards. He must also maintain the premises in a reasonable and acceptable state of repair and decoration, in keeping with the age, character and location of the premises.

The tenant has an obligation to keep the premises in a condition which satisfies ordinary standards of cleanliness and to repair any damage he or his guest cause by negligence or wilful acts.

Failure by either party to meet these obligations is a breach of the tenancy agreement.

Either party can call upon the rentalsman to determine whether or not the other party is meeting his obligations.

If the rentalsman determines that the tenant has caused extraordinary damage, he could order the tenant's immediate eviction.

If the rentalsman determines that the landlord is not maintaining proper standards or providing essential services, he may order the tenant to pay rent directly to the rentalsman, and use the funds to pay for the needed repairs, maintenance or services. Unless the rentalsman orders otherwise, a tenant must continue to pay his rent.

**UNDER NO CIRCUMSTANCES SHOULD RENT BE SENT TO THE RENTALS MAN UNLESS IT IS ORDERED.**

## Rights of Privacy

(When may a landlord enter a tenant's premises?)

The general rule.

A landlord may enter the tenant's premises in an emergency, when he has reason to believe that the tenant has permanently abandoned the premises, or when the tenant consents.

Under most other circumstances, the landlord must give the tenant 24 hours notice of his intention to enter and specify a time between 8 a.m. and 9 p.m.

Showing the premises to prospective tenants.

When a notice of termination has been given, the landlord may wish to show the premises to prospective tenants. Unless the tenant agrees to less notice, the landlord must give not less than eight hours notice in writing of his intention to show the premises.

Damage inspection after termination.

When the landlord gives a notice of termination, he must notify the tenant within 48 hours if he wishes to make a damage inspection. He must give the tenant at least eight hours notice of his intention to enter, and he can only inspect for damage within 36 hours of that notice of entry.

The landlord may make only one damage inspection, and it must be between 8 a.m. and 9 p.m. unless the tenant agrees otherwise.

## Locks

A landlord or tenant may not change the lock on the tenant's door without mutual consent.

Only in an emergency involving a threat to security may the landlord change the lock on the main door of the building.

## Who May Enter Residential Premises?

A landlord must allow political candidates or their canvassers to enter a residential building.

A landlord cannot refuse entrance to invited guests of his tenants.

## Subletting

Except in the case of public housing, a tenant may sublet premises if the tenancy is for a term of six months or longer. The landlord's consent must be obtained, but a landlord may not unreasonably withhold his consent.

No other tenant can sublet unless the tenancy agreement so provides, or unless his landlord consents to the subletting.

## General

Under no circumstances may a landlord or his agent forcibly remove or lock out a tenant from the tenant's residential premises.

Unless a residential premises has been abandoned, a landlord may not remove a tenant's possessions.

Tenants in our province are now eligible for a renters' resource grant of \$80 if they are 65 years or over.

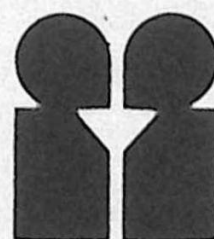
Tenants under 65 are eligible for a grant of \$30.

Application forms are available at government agencies throughout the province or from the Department of Housing, Renters Resource Grant Branch, 827 Fort Street, Victoria, B.C.

**Any person who knowingly or wilfully fails to abide by the Landlord and Tenant Act or a decision of the rentalsman is guilty of an offence.**

Most landlord-tenant misunderstandings can be resolved by the application of common sense and courtesy. If you have a serious problem, and if you don't find the answer here or in the Act, please contact:

**The Office of the Rentalsman,  
525 Seymour Street,  
Vancouver, V6B 3H7,  
British Columbia.  
689-0811 (Call Collect)**





## Prickly Questions About NORAD's future not yet asked

### Policy Decisions Required

By HYMAN SOLOMON

WASHINGTON

Canada and the U.S. must soon face major policy decisions on the future design, if any, of a North American joint air defence system.

The issue involves much more than military considerations alone. It deals with the prickly subjects of sovereignty, changing economic priorities, and the overall political relationship between the two nations.

The existing North American Air Defence Command (Norad) agreement is due to expire next May unless both sides agree to a further extension, or alternatively, to some reshaped version.

There seems little argument on either side that change of some kind is called for. But on the basis of what has happened to date, there is little assurance that the necessary review and renegotiation will be undertaken, or completed in time.

With only a few months to go before key decisions would have to be taken at both separate national, and joint bilateral levels, there has been no public debate on the issue. And neither government has shown any overt interest to open or encourage any such public debate.

Even within government, there has been no serious consideration of the subject at the senior ministerial level on either side, FP understands.

In Ottawa, a senior Defence Department official told FP he expected the Trudeau cabinet could begin policy-level discussions shortly in the hope that a general Canadian policy approach might be ready by Christmas.

In the U.S., much of the internal interest to date has centred on the continuing development of new surveillance and detection systems which, when proven, could be used to replace existing DEW line and other warning systems strung along Northern Canada.

#### POLICY CHANGED

The official objective of the Norad arrangement, unchanged since 1958, is to guard the continent against the threat of a manned bomber attack. But over the years that threat has diminished, although it has not been eliminated.

Canada's participation involves provision of the northern radar stations, interceptor aircraft, and the co-manning of the Norad command and control system.

In its defence policy review of 1970, Canada concluded that missiles had become the prime threat, and manned bombers only secondary. Therefore it was decided the importance of Norad defences in the scheme of things could be downgraded. The Canadian Bomarc missile sites were to be retired. The number of Canadian interceptor aircraft assigned to the Norad task were to be reduced, and have been.

"Unless the strategic situation changes, the government intends to update its contribution to the active anti-bomber defences of North America only to the extent that this is required for the general control of Canadian airspace," the policy declared.

Beyond that, the government said it was willing to allow U.S. strategic bombers to train and fly over Canada and refuel at a Canadian base. It was also willing to negotiate on U.S. requests to allow U.S. bombers and fighters to use some Canadian bases in times of crisis.

At a policy level, not much has happened to Norad since the 1970 white paper position.

Canada still flies its aging Voodoo aircraft for Norad interceptor purposes, with the number of aircraft available for the task reduced to about 60 at present.

The replacement of the Voodoos with a more modern aircraft is a major economic concern hanging over the cabinet. It is tied up not just with Norad, but with other domestic defence needs, with manufacturing considerations at home, and with general economic conditions (FP, July 13).

Although there are reports the cabinet could decide in principle within a year which plane to choose for a replacement, it will not likely do any actual contracting for at least three or four years.

In effect, the aircraft replacement issue will not be part of any Norad agreement renegotiation in the next several months.

(Legally, this is not a problem since the Norad agreement does not specify any level of forces, equipment or facilities. In real terms, it is important on both sides because the interceptor role is a major practical and economic result of any negotiated

agreement).

Lieutenant General Richard Stovel, who is about to take over the top Canadian post of deputy commander at Norad headquarters in Colorado Springs, told FP in a recent interview that the aircraft replacement issue was probably "the real major issue" with respect to Norad's future.

#### NO DECISION

He acknowledged that because the U.S. has not made a replacement decision yet, there was no chance the subject could be advanced to present a clear-cut picture for Norad negotiators approaching the May deadline.

In the same way, the decisions respecting the new radar and surveillance systems currently under development and review in the U.S. will not be made in time for the May date. The U.S. must still decide whether it wants to proceed with the costly systems in light of its other priorities. The Ford administration in the U.S. must also weigh whether it can push a positive decision on this matter through a Congress interested in cutting down defence expenditures.

When the Norad agreement was extended in 1973 for a further two years, it was thought at the time that much of the weapon and equipment decisions would be made shortly after, and allow for a sharper assessment of how to deal with the Norad agreement itself.

This has not occurred, and essentially the two countries face the same uncertainties they did two years ago.

At this point, it does not appear likely that Norad will be left simply to die, according to talks with both sides. U.S. State Department officials say the U.S. wants to continue some form of joint or co-operative arrangement. It certainly is interested in maintaining access to Canadian airspace and territory. It would also like to continue a cost-sharing arrangement.

(At the moment the U.S. share of Norad's cost is about \$1,200 million annually. Canada's share is somewhere between \$130 million - \$150 million.)

Canadian defence officials also think some form of continued arrangement should probably be approved.

Beyond this, however, there is an apparent vagueness about how, why and to what end.

Roger Swanson, a specialist on U.S.-Canadian foreign policy with the Johns Hopkins University Centre of Canadian Studies, thinks it is both necessary and a good opportunity "for Norad to be redefined."

"The U.S. itself is having a new look at its defence goals and the cost-effectiveness of the strategic options," he told FP.

Canada, he added, should also be considering whether to continue in an integrated, joint defence system.

"What kind of interaction does Canada want with the U.S. in the defence area?" Swanson asks.

Swanson thinks the issue should not be based primarily on the aspect of weapons or systems. Rather, he thinks the governments should deal separately with the missions or goals they want to achieve in any joint agreement.

Whatever discussions do take place next are likely to occur within the Permanent Joint Board on Defence, which includes both military and civilian representatives from both governments. Board deliberations are held in private and there is no public report of proceedings. The next meeting of the board is scheduled for October.

When the 1973 extension of the Norad pact was agreed to, there was no fanfare and no preliminary public debate on the issue.

There are some in Canada who think Norad should be scrapped and that Canada ought to assume control of all its defence operations within Canada. The proponents of this position seldom suggest that Canada should also commit itself to replace whatever defence capability is lost to it by leaving Norad - a measure which would probably be more costly in dollars than continuing in Norad.

The Trudeau government has declared that its current defence priorities are headed by surveillance of its own territory and coastline, only followed by co-operative defence of North America.

Where exactly this leaves Norad in the real policy scheme of things and in the context of the overall relationship of U.S. - Canadian affairs seems still largely undefined.

Courtesy the Financial Post

"THE MIDNITE SKULKER STRIKES AGAIN!" OR "THERE GOES ANOTHER SINK STOPPER FROM THE #7 HGR WASHROOMS."



## Proud To Be A Jock

BY LT. JOHN POWER, BPERO

NOTE: Excerpts taken from the Physical Educator Vol 30 No. 2, May 73 pp. 87-88

Has anyone ever spoken derogatorily of you in relationship to being a "jock"? If so, did you react with embarrassment or shame? When this physical educator hears someone called a "jock" the following positive concepts are triggered within his mind:

1. A jock knows the exhilaration which accompanies a high state of physical fitness. He can feel what R. Tait MacKensie called "the joy of effort" because he has the endurance which sports activities demand.
2. He is vigorous and adventuresome. He may participate in some passive games, but these are not sufficient to satisfy him. He must seek out activity which challenges and extends his physical capacities.
3. He leads an active life contrasted to a sedentary existence. If given a choice between playing a sport or watching it played by others he will choose to be "in the lineup". He wants to be on the court in volleyball, on the field in soccer, and on the course in golf.
4. He sharpens his skills in a number of sports so he can perform without being a dub. He knows the satisfaction which comes from holding his own in competition. In fact, he savors competition and tries real hard to win.
5. He is cognizant of somatopsychic illness. Much has been written about psychosomatic illness and rightly so, for emotional strain brings on many symptoms of physical illness. Likewise, poor physical condition can cause a decrease of essential energy for living. He knows that by staying in good physical condition he is able to increase his chances for good emotional health.
6. He knows the importance of physical recreation, play and dance. He involves himself regularly in these healthful pursuits. The psychiatrist Karl Menninger certainly did not have jocks in mind when he wrote that people who do not play are potentially dangerous.
7. He develops a winning attitude in sports which carries over into other phases of life. This was one of the main premises upon which Adolph Rupp based his long, successful career of basketball coaching.
8. In competition he can maintain his perspective on values. He can win without boasting, he can lose without hanging his head.
9. He appreciates the necessity for rules in a sport. He does not willfully break the rules or fudge on the rules to gain unfair advantage over his opponents. In like manner he abides by the laws of our society. This respect for constituted authority does not mean that he will refuse to work for the change of laws which he considers to be unjust to individuals or groups.
10. He does not smoke because of the obvious bodily harm caused by this practice. He is not a drug abuser, and, if he drinks alcoholic beverages he does so in a temperate manner. He does not allow himself to become obese, because this condition is a health hazard and also it reduces his ability to lead the active life. He follows the Pauline scripture which holds that the body is the temple of God and should not be defiled.

Those who lead a life of action and adventure are indeed the fortunate ones in our society. The next time someone calls you a jock, be proud.

## EDITOR'S MAILBAG

### Double Dipping Slammed Again

Dear Sir:

Napier's Rapier smells of Sour Grapes. "Double Dipping" is apparently just one of several written recently. The attached copy of the Victoria Colonist contains a retort by M.T. Lekivetz to some previous missive from Vic.

The points raised in "Day's Work Day's Pay" are valid, but do not reveal the basic faults in Mr. Napier's criticism. He falsely believes that the Federal Government exists to provide jobs and salaries and that these should be handed out not on a merit basis but like equalization payments. This attitude is noticeable throughout Canada but is more marked in B.C. and extremely so in Victoria, where jobs are hard to find.

The Canadian Forces Superannuation should be looked on as dividends from an investment of time and money and the acceptance of a restricted lifestyle. The fact that this investment was made with the Federal Government should not change the right to enjoy the dividends.

Would Mr. Napier also object to anyone who has earlier received or is in receipt of an endowment or Insurance Policy Dividend or dividends from any other source - or is he practising discrimination?

Perhaps anyone holding Canada Savings Bonds bearing interest should also be excluded from Federal Government employment. Oh yes, let's exclude those who are now or who have ever received Unemployment Insurance, Welfare Payments, Children's Allowances, etc. etc.

Come off it Victor! Personal income is legal in Canada. Ex-servicemen and ex-RCMP are now civilians. As Canadian citizens they have every right to compete for Federal Government or any other jobs. They are not Second Class Citizens for having been in uniform.

Anonymous

### And Again

Courtesy the Colonist

Mr. Napier's concern about ex-servicemen and ex-RCMP and their huge salaries really gets me.

My husband retired from the service at the age of 43, after 25 years. He had reached the rank of Master Warrant Officer (previously known as WO). His annuity -- not pension -- is \$311 per month, and he pays income tax on that. This sum has been the same since he retired and so far as I know it will stay the same until he is about 60 and then it might increase about 2 per cent.

Now, what is a man of 43 to do? I'm sure Mr. Napier will agree that you can't support a family of five on \$311, and most men are not willing to sit back and do nothing at that age.

A friend of ours retired in 1955 or thereabouts with the rank of WO1, and his annuity is \$90. He is now receiving the Old Age Pension but there were a few years that were pretty lean -- or would have been if he hadn't gone to work.

My husband is a federal employee now, and pays all the taxes all the other people pay. One reason why ex-servicemen and ex-RCMP are

hired is that -- with few exceptions -- they do a day's work for a day's pay.

M.T. Lekivetz,  
561 Mountfield Rd.  
Victoria.

### Call For Photos

The Directorate of General Safety in DND invites submissions of photos considered suitable for the DND General Safety Digest magazine.

Submissions are to be full color, ideally 8" x 10". Color slides or smaller color prints are also acceptable. Information, describing the location, situation and content of the photo, identification of subjects and photographer is also required.

The photo judged most suitable will be used for Jan-Feb. 75 Digest magazine cover. Photos not used for the cover will provide a bank for future issues. Photos will be returned only if specifically requested at the time of submission.

Photos may be submitted to BGSO for forwarding or submitted directly to NDHQ DSafEG, Attention: Mr. A. L. Perry.

## The Children Are A Part Of The Struggle For Life

It is now almost 18 months since the world first became aware of the drought in West Africa and a year since the victims of famine first came to public notice in Ethiopia. In that time an estimated 400,000 people have died, millions more have been reduced to destitution, national economies have been crippled and whole peoples have seen their traditional ways of life all but destroyed.

In all, about 50 million people live in this devastated swathe of Africa. About one third of them are directly affected by the drought and, of these, perhaps 10 million are facing the possibility of starvation.

A large international effort co-ordinating with the governments of the affected countries, is channeling aid, despite administrative difficulties and enormous transport problems.

The United Nations Children's Fund, UNICEF, was one of the first to help ... transporting and distributing 15,000 tons of protein-rich food to combat the malnutrition among young children and weaning mothers, along with intravenous fluids and medical supplies for the worst-affected. Now its major efforts are being made in the longer-term rehabilitation measures, helping to dig and bore wells, to restore local water supplies, and supporting health services -- particularly with the transport they need to reach victims in remote areas.

Both in West Africa and Ethiopia, the relief efforts are concentrating on the refugee camps which have sprung up around centres of population which can be reached by road. In these camps the problems can be seen in all their pathetic simplicity;

shortages of vital necessities such as food and water, absence of basic services such as health care and elementary hygiene.

Here are examples of two of these camps on opposite sides of the continent; the first in the tiny hamlet of Bistima in Ethiopia's Wollo province, the second in the sprawling tent-city of Tervakzena, outside the Mauritanian capital of Nouakchott.

Beginning in Bistima, which became a way-station for refugees, the water supply problem is being tackled by Ethiopia's Water Resources Commission with supplies and help from UNICEF. In three months Bistima will have enough clean water for everyone; and 20 trucks-loads of UNICEF equipment are being installed in other townships and two giant drilling rigs are being brought

(Continued on page 7)

## TOTEM TIMES

Published every second Thursday with the kind permission of Col. R. L. Mortimer, Commanding Officer, CFB Comox. Editor: Bob Shawcross (461) Editorial Assistants: John Maddison, Anne Doran, Jim MacDonald, Mary Jacobi, Gloria McLaren, Brenda Solobay, Marg Patte, Donna Lindbeck

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FM CFB COMOX BTSO  
ADCHQ - CCE

T-41 012050Z Oct.

Subject: New FIRE HALL - 3 little Pigs. At 0800 Big Bad Wolf blew down one of the brick walls at the new fire hall. HEBREWS 13:8. Manson Photo cc BCEO BFC

## Gravel Pit News

Just as we had bid farewell to several section members at the 'Departures '74 Party' in May, the evening of Sept. 12th was one of warm welcome to the newcomers at the 'Arrivals '74 Party'. Except for those on duty, most of the section was on hand to welcome Capt. Dale Webb, MWO Blake Muloin, M Cpl Wayne Wright and Cpls. Brian Swallow, Phil Stairs, and Bob Morton, and their wives, along with the many trainees presently in the Tower and Ratcon.

The party at the Totem Lounge on Sept. 12th also gave us an opportunity to bid farewell to two other long time Comox Controllers - Capt. Dave Blamire, who leaves the position of Chief Controller at Ratcon to take up the chores of BATCO at CFS Val d'Or this week and WO Ed Rowland, Senior Radar Controller, who retires to civvy street and the quiet life of Listowell, Ont. Best

wishes to both and their families.

Meanwhile, the 'Great Big Green Training Machine' grinds on. It seems lately we have more people in the section learning the job, than we have doing the job. Fliers fear not though, so far we still have enough qualified personnel to cover all the shifts. Lts. Joe Pacowski and Denise Ferguson are presently training to become Terminal Controllers in the Ratcon. While in the Tower Lt. Mike Laliberte is checking out as controller and Cpl. Brian Swallow and Pte. Debbie Larson recently qualified as "B" Stands.

On Oct. 4th Lts. Dave Barney, Tom Evers, Jacques Lemire and O Cdt. George Hodgson left for the Controller's course, and Cpl. Jim Cave for the Radar Course at CFB Borden. Our chief trainer presently undergoing training himself. Capt. Larry Harker is in Toronto for the next few

months attending Staff College. During his absence Lt. Jack Garbutt is filling in as Standards and Training Officer for the section.

A Standards Team of a different sort visited the "Gravel Pit" on the afternoon of Sept. 25th. The 407 Sqn. Standards Crew paid a visit and were well received by a good representation of ATC at all levels.

A similar gathering was held on Wednesday, Oct. 2nd, when Major Stan White, former BATCO at Comox and Honorary Gravel Pit Member, paid a visit.

Oct. 4th turned out to be windy and cool, but a sunny day for the ATC Telecom. Invitational Golf Tournament held at Glacier Greens. Congratulations to all those that turned out for the afternoon and especially to Cpl. Brian Swallow and Mr. Duke Shiller (retired section member) for their nine hole winning low score of "43".

## Australians Join C.A.F.

Defence Minister James Richardson announced today that 42 officers and men from the Australian Army and ministry of defence will take peacekeeping training with the Canadian Armed Forces. They will arrive in Canada early in October.

The training comes about as a result of discussions last fall when Mr. Richardson visited Australia, and later talks last January when Australian defence minister Lance Barnard visited Canada.

Canada has been sending 40-man groups from combat arms units to Australia, for training at their Jungle Training Centre at Canungra, since 1972.

Australia indicated an interest in providing troops for

peacekeeping duties several months ago. Although they have no troops currently involved in such operations, about 35 policemen from various Australian state police departments serve now as civilian policemen with the United Nations Force in Cyprus.

The first group of six Australians will arrive in Montreal Oct. 4. They will take part in staff briefings and discussions in Montreal, Ottawa, Toronto, London and Trenton, Ont., before leaving for Australia Oct. 23.

A larger group, one officer and 35 men from the Australian Army, arrive in Ottawa Oct. 10. They will train at CFB Petawawa, Ont., until Nov. 13.

## 407 Serv. Snickers

This week's message for No. 2 Crew comes to you from the "Resident Rookie". As I stand on my equalizer and look about I see we have some new members to welcome. Mike Lemieux, Bill Lanctot, Chris Piper, "Monty" Montiel and Bob Meldrum are all recent arrivals to "Tex's Terrific Tribe". I also want to take this opportunity to congratulate 407 Sqn. people

that made the CDS's "List of 2000".

Speaking of nostalgia, another of 407 Sqn's landmarks has passed into history. Yes, my son the "two-tone Argus" is all washed up.

Well hang in there tribe and until next time remember: Everyone wants sympathy, but nobody wants a person who feels sorry for themselves.

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## KINGS PIANOS & ORGANS

presents

## HAMMOND ORGAN CONCERT

Featuring

**MISS ROSEMARY BAILEY**

Sunday, 20 October, 6:30 p.m.

Campbell River Junior Sec. School

FREE TICKETS FROM

**KINGS PIANOS & ORGANS, ROYSTON**

338-5662

"SPECIAL" - WALK TO WORK 2 bedroom, separate living room and dining room - all have hardwood floors. Extra bedroom in basement as well as a 2 room suite with bathroom. Double separate garage off lane. For appointment call Veronica Parker 338-5366 or 334-3704

POTENTIAL!! approximately half acre corner lot - 3 bedroom home with office. Well built 2 floor workshop garage with many potential features. Call Veronica Parker at 338-5366 or 334-3704 to discuss this property at \$32,500.

\$11,900 FULL PRICE - 2 bedroom on acreage close to town. Vendor will carry with low down payment - good warm dry accommodation or rental. Call Marj Thompson at 338-5366 or 339-2771

LARGE ACREAGE very close to town, partially cleared, good trail riding and spring fed dugout. Contact Jo Robinson at 338-5366 or 338-5758 or Charlotte Willis at 338-5366 or 338-8962 for more information on this.

3/4 ACRE SEMI WATERFRONT - on City Water - view - treed. For more details call Marj Thompson at 338-5366 or 339-2771

CUMBERLAND - 2 bedroom home with detached rental unit. For details call Jo Robinson at 338-5366 or 338-5758

Small older home with new wiring and new furnace. Vendor will carry. Call Jo Robinson for information at 338-5366 or 338-5758.

The best buy in Town for building lots \$8,500, 66 x 130. Call Jo Robinson 338-5366 or 338-5758 for more details.

SEAVIEW - Lovely new home in Royston. Bi-level styling with two bedrooms on one level and roughed in for 2 more plus recreation room. Two fireplaces and double plumbing. Yours for only \$42,500. Please call Charlotte Willis for more information at 338-5366 or 338-8962

WE HAVE NOW MOVED AND ARE IN OUR NEW HOME... COME AND SEE US AT 536 - 5TH STREET. TELEPHONE NUMBER 338-5366

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## Entertainment Events

### JUNIOR RANKS MESS

OCTOBER

12 OCT. - Band - "Canadian Current Sea" "Banana Night"

13 OCT. - Band "Canadian Current Sea." Bingo and Dance. 12 turkeys plus cash prizes. Games start at 1930 hrs.

19 and 20 Oct. - Country & Western Band - Cameron Molloy and the Black Elk.

26 Oct. - Norm Long Fun Show.

27 Oct. - Wig and Dickie Band

### BASIC PHOTO COURSE

A Basic Photo Course will be held at BASE REC CENTRE

Classes Start

Wed. 13 Nov. 74 at 1900 Hrs.

Contact S/Sgt. Manson  
Loc 440 or 334-2006

### OFFICER'S MESS ENTERTAINMENT

SUNDAY BRUNCHES - October 6th and 27th. Lunch menu 11:45 - 1300. Children 75¢ - Adults \$1.25. Casual Dress - No reservations.

SATURDAY, OCTOBER 12th - "Octoberfest 74" 2000 - For your entertainment the "Alpiners" (11 musicians and dancers). Free Beer All Nite. Bavarian Food 2100 - 0000. German Dress or Casual. Mugs included in cost. Reservation must be made by 1600 Wednesday, Oct. 9th. Regular members \$2.00 a couple - Guest couples \$10.

WEDNESDAY, OCTOBER 16 - Officers Wives Club - Beauty Show by Nu-Look.

JUGS - SATURDAY, OCTOBER 5th and 19th. Jugs of Draft 50' from 2000 - 2300 Hrs.

SUNDAY, OCTOBER 20th - Family Dinner. Sumptuous Buffet 1630 - 1830 Hrs. Movie for the kids, 1900 Hrs. Informal Dress - Reservations by 1600 Wed., Oct. 16th. Adults \$2 - Children \$1.

FRIDAY "HAPPY HOUR" - 25th. Subsidized Booze 1700 - 1800 Hrs. Hip-O-Beef - at 1800.

HI-LITES FOR NOVEMBER

FRIDAY November 1st - Mixed "HAPPY HOUR". SATURDAY November 9th - Beef & Burgundy Nite SUNDAY November 17th - Candlelite Dinner

### WO & SGTS. MESS

OCTOBER ENTERTAINMENT

12 Oct - Bingo & Dance 2000 - 0100

26 Oct - Dance

TGIF - every Friday

Movie - every Monday

20 Oct - Retirement Dinner Members only.

### INDOOR SOCCER

Boys and Girls interested in playing Indoor Soccer are requested to report to the

REC CENTRE AT 1900 HRS. - 14 OCT. 74

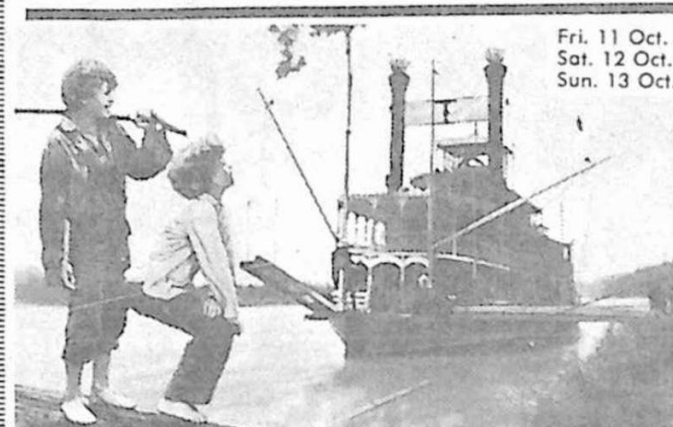
Age Groups - 10 to 15 yrs.

REGISTRATION IS FREE

Dress - Gym Shoes, Shorts, Shirts

Report To - MR. R. HERRINGTON

### BASE THEATRE SCHEDULE



Fri. 11 Oct.  
Sat. 12 Oct.  
Sun. 13 Oct.

Reader's Digest presents "A MUSICAL ADAPTATION OF MARK TWAIN'S" **Tom Sawyer**

United Artists

Wed 16 Oct  
Thur 17 Oct

Showtime  
2000 hrs to 2155 hrs

Sybil Sheppard  
Comedy

**The Heartbreak Kid**

Nothing is more important than friendship.  
Not fame, not money, not death.



Paramount Pictures Presents **Bang the drum slowly**  
Robert De Niro Michael Moriarty Vincent Gardenia  
Directed by Mark Harris  
Music by Stephen Lawrence  
A Paramount Production  
PG PARENTAL GUIDANCE SUGGESTED (Some material may be inappropriate for children under 10)

PG PARENTAL GUIDANCE SUGGESTED (Some material may be inappropriate for children under 10)

Theatre Information - Call 339-2433 anytime  
RESTRICTED SHOWS: 18 years and above - Under 18 years of age must be accompanied by a person over 18.  
ADULT SHOWS: 16 years of age and above - Under 16 years must be accompanied by a person over 16.

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A MICHAEL WINNER FILM  
"SCORPIO" JOHN COLICOS · GAYLE HUNNICUTT  
Directed by Michael Winner  
United Artists PG



To pull off a job no one would ever dare,  
you need a team no one would ever believe.

Paramount Pictures Presents **Hit!**  
R PARENTAL STRONGLY CAUTIONED (Some material may be very inappropriate for children under 17)  
Sat. 26 Oct.  
Sun. 27 Oct.

Thur. 31 Oct. **PMQ COUNCIL HALLOWEEN SHOW**

### DINERS ISLAND

We will be closed  
from Oct. 7 until  
Nov. 16

### John McKenzie Trio

The John McKenzie Trio is now on tour of Vancouver Island. They will be appearing in Courtenay Civic Centre Theatre 8:30 p.m., Saturday, October 12th.

This new vocal group formed just this past summer. John McKenzie comes from Duncan, Glenda Graham from Nanaimo and Tom Gough from Victoria.

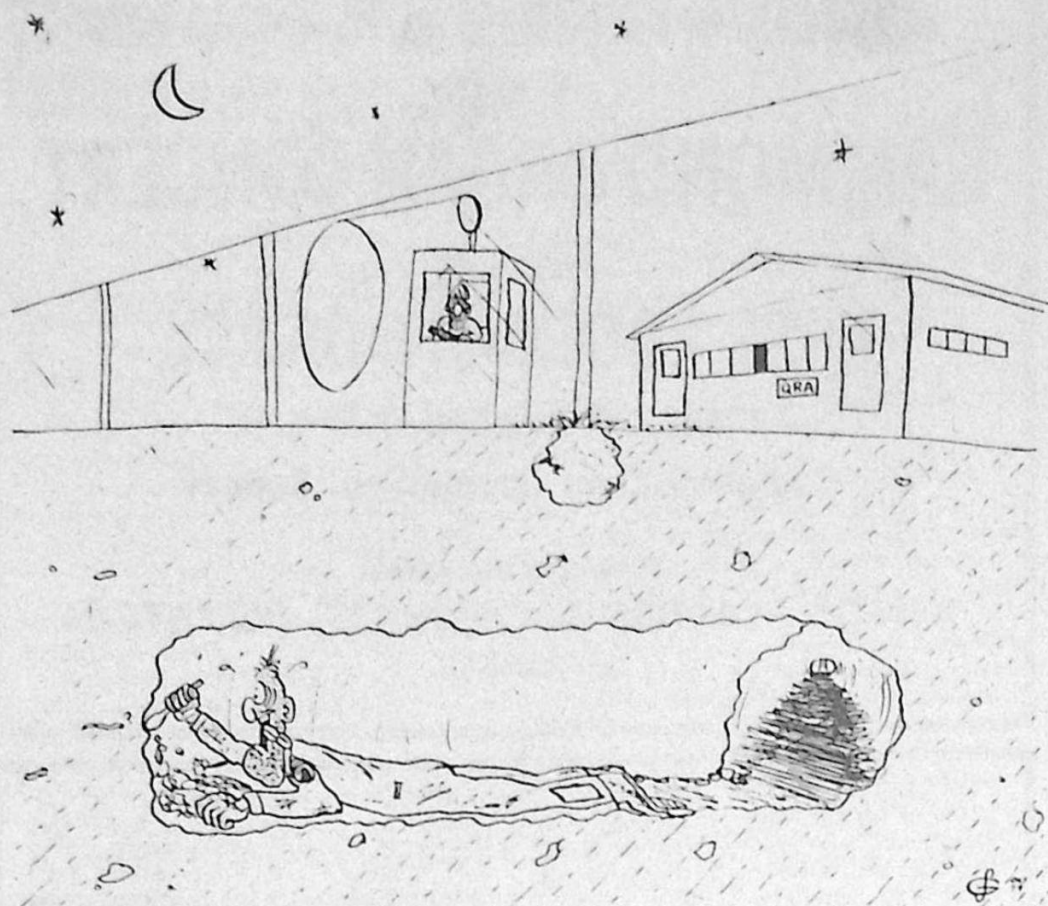
The group more or less came together as a result of individual appearances on the Bruce Payne show, "Island Good Morning".

This vocal trio has the same type of voice combination as Peter, Paul and Mary. They will be singing a wide variety of songs - country, folk, humour, and their own material.

There will be songs for all ages - golden oldies, current hits, and sing-a-longs. There's even a small surprise for the kindergarten kids, so it will be an evening that the whole family will enjoy.

Plan to attend the concert and enjoy some fresh local talent.





## Nighthawk's Nest

As winter begins to ravage the rest of the country, a flock of new Nighthawks has been winging its way westward to the ever sunny nest of the BC Flying Club. Clear of eye, well rested young men to take their places in the defence of the MFA. Brave men to face the implacable foe, men who will never flinch in the face of enemy rolls or olives, more staunch defenders of the stag bar and all it stands for. Wes Allen, Chuck Wierlejechyk, Len Bates, Lou Glusich, Ron Hallstrom, George Kulka, Bob Lamb, Rich Littler and Mar Hoggard, welcome to the Nighthawk Nest.

Speaking of fresh new talent, congratulations to Pete Zinkan and Mike Mahon for the parts they played in "As Eagles Fly". Rumor has it that Linda Lovelace is looking for a new leading man, so if you stay on your toes...

The Scramble horn went off at 0550 on 29 September and Patrick Kenneth McKay launched with a roar at Saint Joseph's Maternity ward. Congratulations to Mike and Jeanie McKay on a job well done. NORAD needs aircrew.

Last Thursday morning the most closely guarded secret in the region was put into effect when some terribly inconsiderate character rang through the callout list shortly before dawn. Cudgel Caper rose once again from its own ashes (as did the rest of us) and set us into the best exercise the squadron has seen in many a dawn. For twelve long hours men and machines functioned in perfect harmony, scoring kill after kill on every target imaginable and a few we couldn't believe. Who ever heard of a chaff dropping Voodoo or a wood burning helicopter? When the dust and debris were finally blown away, "B" Flight had emerged victorious from the fray. However, "A" Flight is still contesting the final score which was so close that luck was the deciding factor. (That's the "A" Flight story and they're sticking to it.)

At 1600 when the exercise ended, the mess just happened to be open. This is, of course, pure coincidence and it is amazing how often this coincidence of two unrelated

events will occur. Anyway, the losers bought beer for the victors and things continued along that line until the (Continued on page 12)

## Tennis

The CFB Comox Tennis Team comprised of Lt. Gerry Kuhn, Lt. John Power and Cpl. Andre Duchesneau captured all honors at the recent Pacific Region Tennis Tournament held Friday, 4 Oct. at CFB Chilliwack.

John Power defeated all comers to win the singles event and teamed with Andre Duchesneau to earn the doubles crown in the one day single elimination tournament.

There were ten competitors representing HMC Ships, CFS Aldergrove, Comox and the host Base, Chilliwack. It is hoped that the competition will be held earlier next year and there will be a larger representation from all units in the Pacific Region.

Once again -- Congratulations to our winners.

## Hospital Anaesthesia

Base hospital has become so quiet and subdued this past little while that we've had to drum up business amongst our own staff. Sgt. Les Andrews from the hospital orderly room is presently spending his days in CFH Esquimalt (Much to his chagrin -- horrors, to be confined in a NAVY establishment!) War stories in the coffee room are at a minimum with Les away, although Sgt. Gerry Anderson is doing his best to uphold tradition.

Our other invalid, Cpl. Howie Eames, while trying to prove his prowess as a chef, managed to turn a pan of cooking oil (flaming, yet!) onto his foot. A week of excellent nursing care and TLC now has him as good as new. Howie, however, had his own idea of therapy -- a 10 mile hike through the bush on his bandaged foot due to a total malfunction of Cpl. George Gravonic's car.

Hospital staff has managed to fit two parties into its activities in the past month. So what else is new? No. 1 party -- to say goodbye to our past matron, Capt. Marg Antwis, as she departed from the CAF and the country. (They told me it wasn't nice to say "skipped the country".) We wished her bon voyage for her South Pacific cruise en route to her home in England, and presented her with suitable tokens to remember us by.

Although yours truly can't imagine who she'll remember by looking at the Playgirl calendar she received. No. 2 party -- Dr. Bob Barnes' birthday party, celebrated with a huge chocolate cake baked by our own super-chef, Mrs. Harriet Campbell (complete with 16 candles) and a little of the "bubbly" for everyone. Just heard a rumour that we have party No. 3 in the offing -- MCpl. Norma Boles, the cute blonde one in the dental clinic, has just received her third stripe. That should give plenty of excuse for a celebration bash.

Our friendly hygiene tech. has adopted a new method of cat-catching. Since the cats were outsmarting his cages, he decided to try an old fashioned method -- he bought a dog! We figure, though, Bob that it's going to be a long time before the wee fella is going to be big enough or brave enough to tackle the neighbourhood felines. Meanwhile, Cpl. George Penny has been appointed legal guardian of said dog. For some strange reason that we dare not repeat, it never dawned on Bob when he bought the dog that he couldn't keep it in barracks. With the departure of Capt. Antwis, we welcome Capt. Helen Gerrard as our new "gruppenmutter". Not just sure how long Helen will be earthbound once she renews



A CONFERENCE OF COMMAND Instrument Check Pilots was held at CFB Comox Sept. 30 - Oct. 4, 1974 to discuss the many faceted field of instrument flying. Pictured are Back Row L-R: Capt. O. J. Malcolmson, BICP, CFB Comox; Maj. Bud Jardine, CICP FMCHQ; Capt. Tom Bailey, MARCOM; Capt. Tom Storey, FMC; Capt. Glen Urquhart, MARCOM; Maj. John Rose, CICP, ADCHQ; Maj. Gord Wallis, NDHQ; Capt. Ron Jensen, ICPS Winnipeg; Mr. Joe Zawatsky, ICPS Winnipeg. Front Row L-R: Maj. Norm Henning, AETE; Capt. Joe Pacquette, CICP TCHQ; Maj. Stan White, SOATC TCHQ; Maj. Ben Robinson, DARTS-2 NDHQ (Chairman); Maj. Bill McLaughlin, CICP MARCOM; Missing: Maj. John Ratcliffe, CICP ATC.

Base Photo

her HAI this month -- we wonder if CAF pilot (W) No. 2 will appear.

A little p.s. before I close -- Base Hospital CFB Comox was blessed with the visit of the Medical Assistants' career mangers last week. Portuguese Joe is going to be promoted! Enough said about that.

Till next time, stay healthy.

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ourselves as a national airline here, providing all the services a good national airline should. So, from the Pacific Ocean to the Arctic Islands, when you want to travel in this part of Canada talk to us at Pacific Western. In a way, we're the national airline here, so its our responsibility to get you where you want to go.

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# You ...

## CONSUMER PROTECTION

One of the most complicated problems of the average customer dealing with a large company, when he feels that he has been misled by advertising, swindled on price, unfairly separated from his money, or unjustly dealt with in some way, is that he has really nowhere to turn for assistance in dealing with the company.

Most people are aware that when you complain to a company about a purchase, or the advertising it often seems that no one knows for sure what happened and no one seems to have the responsibility or the authority to do anything about it. Part of the problem is the general shyness of people about making their point heard loud and clear by the officers of the company. For example, a clear voiced complaint to a manager of a supermarket in the presence of a number of customers will usually bring pretty immediate results.

In B.C., the Consumers Affairs Officer, who is responsible for policing the Consumers Protection Act, has only a few employees and some limited assistance from other organizations. Consequently, he is physically incapable of enforcing the Act throughout the province.

Companies can be charged with improper advertising, and can be fined possibly

\$200.00. Unfortunately, a charge of this nature does not place a broad permanent prohibition on the company from advertising falsely, but simply punishes it for that particular incident. Even worse is the fact that the customer is not compensated for any loss he suffered as a result of the misleading advertising. The customer can, in some cases, sue the company in Small Debts Court, but the limitations on the types of actions which can be heard in Small Debts Court are such that many consumer problems cannot be settled in that Court. On the other hand, hiring a lawyer and suing the company over a loss which might amount to \$7.00 is prohibitive in the minds of all but the most stubborn.

There is a legal concept which is used in the United States and has been recommended in a recent report of the Ontario Law Reform Commission. This concept is called "a class action" in which one customer sues the company involved and can make application to the court to have his suit considered as a suit by all other customers who are alleged to have been bilked in the same way. When this occurs, the company suddenly finds itself defending not against a \$7.00 law suit, but possibly a \$70,000.00 law suit if 10,000 customers have had the same ex-

perience. About two years ago, a United States hotel was sued by one customer over a service charge which was added to the bills of all guests and should not have been charged. He sued the hotel, was able to have his suit deemed a class action, and won his law suit. While each billing amounted to only about \$2.00 the hotel was required to repay the service charge to over 100,000 people.

This law is not in effect in B.C., but if the recommendations of the Law Reform Commission and some other legal authorities in Canada are followed, this type of action may become common place some time in the future, in fact in Saskatchewan the Attorney General is empowered to follow this course on behalf of consumers.

In the meantime, as I have said in previous articles, if you feel you have been unjustly dealt with, take the trouble to go back and explain. Most companies are honest and quite prepared to settle your complaint as best they can. It should be kept in mind that many complaints result from ordinary negligence of employees, and not deliberate acts by the owners.

On New Year's Eve, 1970, a dozen canoes raced on the free-flowing Yukon River for a full mile just for the fun of it. More than 2,000 Yukoners turned out in bright, warm sunshine and 40 above temperatures to watch.



TED AND ANNE SUTTON claimed the Highest Gross for the event.

## Among The Moguls

BY THE "MOUTH OF THE MOGULS"

The Sasquatch Ski Club held its first meeting on the seventh of October. The turnout was reasonable but I suppose it could have been better. Come on skiers let's make this club a success.

First, due to Ray Fveve's transfer to NDMC, we had to obtain the services of a new secretary. Gennie Wand ascended to this position with no trouble at all. Even hubby Al voted for her.

As Mo Morrison steps down from Presidency at the end of November and Marcel Kumli pulls a Ford and takes his place. The Vice-Presidency slot thus opened, was conveniently filled by Sam "Sandy" Edwards.

At this gathering of the clan we discussed holding a Ski fair. So keep your eyes peeled for that. We were told the Jean-Guy Rivest would attempt to hold fitness classes once more this year at dates to be announced. I really hope people take advantage of his expertise and will ski fit.

The meeting was closed off by the screening of several ski films, such as Happiness Is and Ski Canada. Mo has ordered films for all our meetings and events so we hope to see some more of these really great films soon. Skiing is believing, ask me.



CAPT. FRANK PLAYER is congratulated on achieving his 10,000th hour by Major Osborne, 442

Nav. Leader and Maj. Veale, Buffalo Flight Forces Photo

## TEN GRAND FOR FRANK

An event seldom witnessed in the Canadian Forces occurred recently during a Medical Air Evacuation flight from Ketchikan Alaska to Victoria B.C. Captain Frank Player, 42, Victoria, B.C. obtained his 10,000th navigational flight hour.

Capt. Player enlisted in the RCAF in 1952 at Victoria, B.C. and received Navigator flight training at Winnipeg Man. Upon graduation he unknowingly commenced what was to be, an entire service career with Air Transport Command, when he was transferred to 408 (Photo) Sqn., Rockcliffe, Ont. In 1957 he was transferred to 412 (VIP) Sqn., Uplands, Ontario and during this tour he served as navigator for Royal Flights, flights for the Prime Minister and many other dignitaries.

On completion of this tour in 1961 Capt. Player served three years at Goose Bay performing in the SAR and transport role. In 1964 Capt. Player was transferred again to RCAF Uplands, with 436 Sqn. conducting long range transport functions.

After almost five years of this type of flying his experience and talent were recognized by a transfer to 426 (Training) Sqn. at Trenton. Here he instructed Transport Command Air Navigation techniques to all new comers. In July 1972 Captain Player was assigned to his present post as navigator on Buffalo aircraft performing search and rescue missions. He is also the 442 Sqn. Chief Check Navigator.

Captain Player married Sylvia Welsh of Victoria and they reside in Comox with their daughter Cindy and son Tim.

## Headquarters Admin.

Who says Headquarters (Admin) rumours have died. These columns are just few and far between. With all the movements lately, it is hard to tell who we are going to be working with day after day.

Brian Copeland, after four years in the Valley, has finally been set free. He will be going "camping" for six months on the sand dunes of Egypt. Best of luck, Brian, but look out for those camels.

Although the Admin Branch of Headquarters has been relatively free from postings, the internal movements have been something to see. Gord Kaardahl from BARMPO returned to HQ, being replaced by Sue Lawson.

Mary Jacobi, the BAMEO Bunny, has been rescued by the BOR, to be replaced by Brenda Barnsdale. Pte. Forever (Simone Cadieux), however, seems doomed to spend many more long days in Classified Central Registry. The last rumour I heard was

that they were going to install padded walls in the "cage". Is there any truth to that?

We welcome back to our midst Mary Lebel, who has been missed quite a lot lately due to sickness. Hopefully we will be able to hold on to her for a while.

Bill Phaneuf, still confused by Hospital Admin work, is now tackling more confusing work in the BOR. Don't worry, Bill, maybe you'll be here long enough to know exactly what is going on. That should take around five years so settle down and enjoy it!!

Dave Scherr suddenly refuses to go down to the Mexicana for a "quick" beer after work. It seems that the last time the staff went down for one beer, Dave heard "last call!" That one drink sure was a long one.

Chris Dykman, 407 Admin type has sure been happy

(Continued on page 11)

## The Children

(Continued from page 4)

in to drill deep wells - 48 in the next two years.

Four thousand miles west, in Mauritania's capital, Nouakchott, Tervrakzena camp is a static symbol of loss for its inhabitants - nomads who can no longer move. When the drought trebled the population of Nouakchott from 45,000 to 120,000, most of the increase was in this camp. Now ragged tents stretch as far as the eye can see.

The children of Tervrakzena have little time for play. Because of the drought, they are already part of the struggle for life - distributing and carrying grain, endlessly coming, and going to the

camp's only drinking-water pump - where both humans and animals congregate.

The basic diet of Mauritania is a little meat or milk mixed with millet flour, but today they eat anything which the international relief effort can offer.

Canadian children are more fortunate, and every year, over one million of our country's young don their masks and costumes on Halloween and go knocking on doors collecting money for their less fortunate counterparts in countries such as Mauritania and Ethiopia. In 1973, \$856,000 was collected. This year, with your help, we hope to exceed the million dollar mark for the first time.

# FIRE PREVENTION WEEK OCT. 6 TO OCT. 12





GYMNASIUM								BOWLING								
TIME	MON	TUE	WED	THUR	FRI	SAT	SUN	ALLOCATION	TIME	MON	TUE	WED	THUR	FRI	SAT	SUN
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1000 to 1200	LADIES	4 0 7	4 0 7	LADIES	FITNESS	O S E D	O S E D		1300 to 1600	S E C T I O N	S E C T I O N	L B O W L	S E C T I O N	S E C T I O N	B C	O P E N L
1200 to 1300									1600 to 1800	M E L Y			C L A S S	Y B C		M L E A G E D U E
1300 to 1400		U S A R			Accts. Sec.	O P E N			1800 to 2400	H E E N A S	M E E X A G U E	L L E A D A G U E	L L E A D A G U E	L L E A D A G U E	C L E A N	M L E A G U E
1400 to 1600	CE SEC.	407				R E C R E A T I O N										
1600 to 1800																
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## Glacier Greens Events

BY GLEN CASLAKE

442 SQN. ANNUAL GOLF

TOURNAMENT was held at Glacier Greens on Thursday the 26th of Sept. The 1st Low Gross for the event went to Bill Carr-Hilton with a score of 78. 1st Low Net was picked up by Ron Carter with a net score of 72. 2nd Low Gross was won by Ivan Grant with a score of 86. 2nd Low Net went to Jack Bowers with a net score of 73. 3rd Low Gross was captured by Bud Keech with a score of 88. 3rd Low Net was won by Hank Comtois with a net score of 75. 4th Low Gross went to Gord Trenholm with a score of 89. 4th Low Net was picked up by Soup Campbell with a net score of 75. 5th Low Gross was won by Denny Hillier with a score of 89. 5th Low Net went to Sonny Fullbrook with a net score of 76. The closest to the pin on No. 2 hole was captured by Denny Hillier and the longest drive was by Gray Jackson. Even though the weather was cool and very windy, everyone seemed to be enjoying himself. I don't believe the dress has anything to do with one's golfing ability, but it makes one wonder as Bill Carr-Hilton who won the 1st Low Gross for the tournament, played the event in his flying suit no less, so who knows next year all members might be playing in flying gear. Hank Comtois seems to be winning his share of tournaments and prizes of late, but don't despair as Hank is departing Comox for Trenton in October, so bon voyage Hank, and the best of luck in Trenton. A last final note to all those who didn't win including yours truly, better luck next time.

ANNUAL FUN TOURNAMENT Glacier Greens hosted their annual Fun Tournament on Sunday the 29th of Sept., with 12 teams of four members each taking part in the event. The tournament was a 4 Ball Best Ball, and the winners were 5 teams with an identical score of 69 for the event. Team No. 1 composed of Larry and Ann Cote, Bunny Hammond and yours truly, Glen Caslake. Team No. 3 represented by Gord and Joyce Trenholm, Steve Kingyens, and Ken Seymour. Team No. 6 was George and Pat Mealing, Farley Boutet and Al Gray. Team No. 8 composed of Mona Ledgeard, Bill MacIver, Ron Burnell and Nette Bonenfant. Team No. 10 consisted of Millie Legg, Gilles Bonenfant,

James Freeman and Reg Blois. Prizes consisting of wine were presented to the winning teams on completion of play. The weather was a bit on the cool side but just beautiful for golf, all in all I believe the participants thoroughly enjoyed themselves.

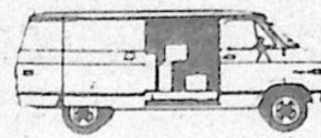
Glacier Greens hosted their Fall Mr. and Mrs. Tournament on Sunday the 6th of October. This Best Ball event was sponsored by the Base Exchange. The Low Gross was captured by Ron and Gen Beehler with a score of 84. 1st Low Net went to Fred and Millie Legg with a score of 62.5. 2nd Low Gross was picked up by Ron and Barbara Carter with a score of 87. 2nd Low was won by Gilles and Nette Bonenfant. The Highest Hidden Hole was captured by Glen and Millie Caslake. The lowest Hidden Hole went to Dave and Mary Stroud. The highest Gross for the event was picked up by Ted and Ann Sutton. Trophies and prizes were presented to the winners at completion of play. The Ladies Committee of Glacier Greens laid on a beautiful spread, which was enjoyed by all. There was a good turn out for this event, in fact we had 24 couples taking part. This

event is a yearly affair sponsored by our Base Exchange, so all participants are looking forward to next

years tournament. We had ideal weather for this tournament and everyone seemed to be enjoying themselves.

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CAPT. DAVE DAVIS, Base Exchange Officer presents Low Gross Trophy to Ron and Gen Beehler.



FIRST LOW NET winners, Fred and Millie Legg.



THE CARTERS, Ron and Barb, with the 2nd Low Gross Prizes.



THE SECOND LOW NET PRIZE went to Gilles and Nette Bonenfant.



GLEN AND MILLIE CASLAKE, with the Highest Hidden Hole Prize.



DAVE STROUD AND HIS wife Mary receiving the Lowest Hidden Hole Prize. PHOTOS BY MANSON

## Hockey Time

As the end of summer falls upon us, we are all looking forward to the day when we can again dig those old hockey skates and hit the ice for the last time (or so we have been telling the missus) for the last decade and begin to do all those things our legs can't do any more but the mind will not be convinced as easily.

This year there will be two leagues. One competitive league and one recreational league, each league consisting of four teams.

Teams making up "A" league are: Military Police; 407 Squadron; 442 Squadron; 409 Squadron.

Teams making up the Recreational league are: 409 Squadron; 407 Squadron; Avionics; Base.

This year the "B" league will be strictly recreational, meaning no slap shooting and no body contact. The "B" league for all intents and purposes will be for the novice and personnel who are getting up in age but still like to participate.

The schedule will commence Monday Oct. 21, 1974 and games will be played every Monday and Wednesday.

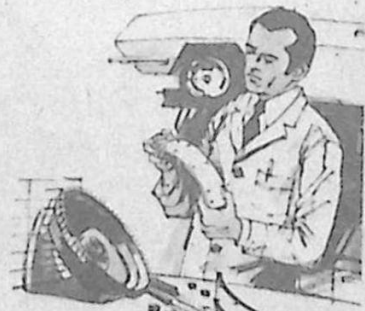
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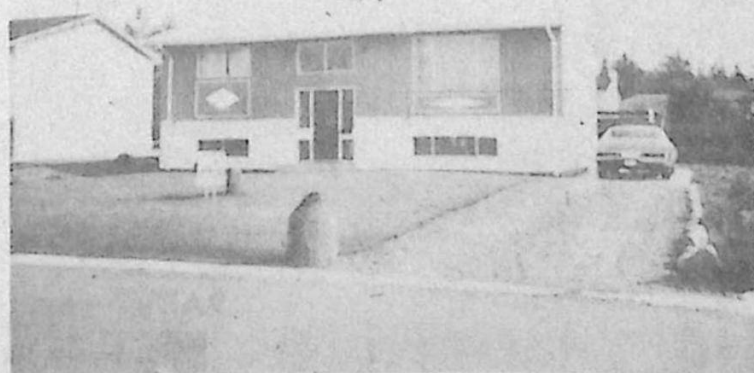
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CHUCK PERRY RES. 339-3680



## Chapel Chimes



### Protestant Chapel

The Fall activities for the Protestant Chapel have now begun. This summer has seen many changes in our Military Community. The Chapel looks forward to welcoming all members at CFB Comox to participate in our religious life. Many new families have moved into this area and each one is given a special invitation to make the Protestant Chapel their "home church."

The activities are just beginning and therefore we invite you to become a participant in our Chapel life. The following is a schedule for your direction and guidance:

13 Oct 74 - 11:00 a.m. The special Family Thanksgiving Service.

20 Oct 74 - 11:00 a.m. Divine Worship

Junior Choir: 6:00 p.m. every Thursday evening

Senior Choir: 8:00 p.m. every Thursday evening.

NOTE: Sunday School is now in operation and parents are reminded that there are classes for all ages from 3 to 17 years at 9:30 a.m. in the Chapel.

Teen Group: 7:30 p.m. on Tuesday evenings in Chapel Annex.

Telephone: 339-2211 Loc 273 D.L. Martin, Maj (BASE CHAP-P)

### RC Chapel

Father Francis Swoboda - Base Chaplain (RC) Telephone No. 339-2211 Loc 274

MASSSES:

Saturday 7:00 p.m. Sunday Vigil Mass

Sunday 9:30 and 11:00 a.m.

WEEKDAYS: The Chaplain will celebrate Mass in the Chapel or in private homes on request

SACRAMENT OF PENANCE: Before Mass on Saturday from 6:30 to 7:00 p.m. and before other Masses.

BAPTISM: By appointment

CATECHISM CLASSES:

Catechism Classes have now begun and are held each Wednesday evening in the PMQ School at 6:30 p.m. There is still a requirement for catechism teachers and helpers.

## Record Yield

OTTAWA Finance Minister John N. Turner Sept. 9, 1974 announced a record yield and a simpler form for the 1974-75 Series of Canada Savings Bonds. He also announced an increased bonus payment to holders of un-matured Canada Savings Bonds.

The new issue will carry 9 equal annual interest coupons of 9 $\frac{3}{4}$  per cent to maturity in 1983. Mr. Turner said the government is raising the coupon rate and eliminating the compound interest feature for this Series of Canada Savings Bonds to meet the desire of many Canadian investors for a higher current income from their savings.

The new issue goes on sale September 30 and is dated November 1. The bonds may be purchased until November 15 at face value without paying accrued interest.

For holders of existing Canada Savings Bonds two important changes are being made in the bonus payments introduced in May.

1. Effective September 1, 1974, the average annual yield to maturity on all un-matured issues will be raised to 10 $\frac{1}{2}$  per cent from 9 per cent by raising the cash bonuses.

2. For tax purposes the government proposes to permit taxpayers to treat the bonuses either as interest income or capital gains. As a result, if holders include such interest under the proposed \$1,000 deduction for interest income, the bonus payments will become exempt from tax. Alternatively the holder may find it to his advantage to include the bonus under the favourable tax treatment accorded to capital gains.

#### THE NEW SERIES

Bonds of the 1974-75 Series, as with previous issues of Canada Savings Bonds, will be cashable at any time for their full face value plus earned interest. They will be sold by all Canadian chartered banks and by authorized sales agents, including investment dealers, stock brokers, trust and loan companies and credit unions. They may be bought for cash or by instalments, including payroll deductions.

More than 5,000 companies will make the Payroll Savings Plan available to their employees for convenient purchase. Last year over 709,000 employees purchased a record \$387 million of the 1973-74 series and a network of organizers and canvassers will again work closely with employers to implement the effective, one-step application procedure for purchase.

Eligibility provisions will be the same as last year. The maximum individual purchase will remain at \$50,000 and the bonds may be acquired only by individuals who are bona fide residents of Canada and by estate of deceased persons.

The bonds are available in two forms. Coupon bonds registered as to principal are available in denominations of \$50, \$100, \$500, \$1,000, \$5,000

and \$25,000. Bonds in this form will have 9 annual interest coupons of 9 $\frac{3}{4}$  per cent each, which will come due on November 1 of each year. Fully registered bonds are available in denominations of \$500, \$1,000, \$5,000 and \$25,000. Bonds in this form will be registered as to both principal and interest and interest will be paid each November 1 by cheque.

As in previous years, interest payments on all Series of Canada Savings Bonds must be reported as income for tax purposes, although they will of course be eligible in the future for the proposed \$1,000 interest deduction. The majority of taxpayers report their interest income only in the year it is actually received, that is, only as they clip and cash coupons. The few taxpayers on an accrual basis, reporting interest as it is being earned each year and whether or not it is received, are required to be consistent with all their Canada Savings Bonds and similar securities.

Interest charges paid on the purchase of Canada Savings Bonds through the Payroll Savings Plan or the Monthly Savings Plan may be deducted for tax purposes.

#### UNMATURED CANADA SAVINGS BONDS

The new cash bonus payments due on all un-matured Canada Savings Bonds outstanding will provide an effective annual yield of 9 per cent from May 1 to August 31, 1974 and produce an average annual yield of 10 $\frac{1}{2}$  per cent effective from September 1, 1974 to maturity.

(Continued on page 12)

## Library Report

Amaze your Friends. Read and have something to say. Books are guaranteed to add "Luster" to your conversation.

We have...OF MEN AND PLANES. VOLUME II (Fighters World War II). Reading this book you will learn of Canada's great flying heritage, from the Consolidated XO-17A to the CF-5.

THE UNKNOWN ISLAND by Ian Smith. Mr. Smith knows Vancouver Island intimately and has produced a rare kind of book, showing the island's great beauty. Over 120 photographs; 90 in full color. Newcomers to this area will enjoy this very informative book.

FLINT AND FEATHER and LEGENDS OF VANCOUVER by E. Pauline Johnson are not new books by any means but would be enjoyable to read again. E. Pauline Johnson was born on the Mohawk Indian Reserve near Brantford, Ontario in

1862. Her father was G.H.M. Johnson, Head Chief of the Six Nations and her mother, Emily S. Howells, was a kinswoman of W.D. Howells, the distinguished novelist.

WITH ALL ITS FAULTS by Fairfax M. Cove. An account of forty years in advertising. Whether you think advertising is a swindle or a dynamic service, a blessing or a curse, it is a force in our lives that should and must be understood. That is why you should, must read WITH ALL ITS FAULTS.

Do you know how 007 got his name? The book HOW 007 GOT HIS NAME written by Mary Wickham Bond will reveal the answer, I'm sure.

The library is located on the second floor of the Recreation Centre. We also have a pocketbook exchange: one for one.

Library hours: Tues. to Thurs. 12:30 to 14:00; 19:00 to 20:30. Friday: 12:30 to 14:00.

## Island History

### A Hundred Years In CHEK-TV Series

History buffs who have a fondness for such fascinating facts as the issuing of an Opium Trading Licence by the City of Victoria less than a century ago will enjoy "Passages from the Past" at 8 p.m. each Saturday on CHEK-TV, starting October 12.

With the Modern History Exhibit of the Provincial Museum as a base, the four-part series will take viewers back through a hundred years of the history of Vancouver Island. Location sites include Victoria's Maritime Museum, Duncan's Forest Museum and Cumberland's Mining Museum. Extensive use will also be made of material from the Victoria City Archives.

Joan Wright, hostess of the new series, has had years of experience as a commentator and interviewer with CBC-TV in Ottawa, most recently doing filmed interviews for the network program, "Generation." During the past year, she has established herself in Victoria as hostess of "Feedback", a CHEK-TV series involving young people and with her handling of the history segments of the station's popular senior citizen program, "Maturity - The Golden Years".

More than twenty people contributed to the production of the series, over a period of several months. All approached the project with a dedication that defied difficulties. Such as the unseasonably inclement weather. Or a shooting schedule that called for work in the Provincial Museum in the middle of the night, making it necessary to have an electrician assigned to the crew to avoid inadvertent triggering of the security alarm system.

"Passages from the Past" was produced and directed by Vito Dunford, with CHEK-TV production manager Roy Gardner as executive producer and Leslie Townsend as production assistant. The programs were researched by Duncan Stacey, who is currently completing work on his master's degree at UBC. Film sequences were

shot by Richard Thomas, with Glen Snow doing studio camera work, assisted by Richard Kyle and Kent Brown.

"During my two years in Victoria, I've been intrigued by the historical significance of so much of the Island," Vito Dunford declares. "A native son, born in Vancouver, I developed a genuine interest in British Columbia history while attending university. Later, when I took a BCIT broadcasting course, I realized how effective television could be in keeping history alive. The development of 'Passages' has been so rewarding that we hope to continue the series in the future - particularly since we feel there's a wealth of material still to be uncovered."

On the first program, which deals with maritime history, Joan Wright will be joined by Dan Gallacher, curator of history at the Provincial Museum. She will interview Col. J. W. D. Symons, director of the Maritime Museum for more than a decade, discussing the development of the Esquimalt naval base and taking a long look back to the days of the sailing ships.

The second show, October 19, with assistant curator of history Jim Wardrop, will have the Forest Museum's founder, Gerald Wellburn, as special guest. It will trace the growth of the lumbering industry from the time when Captain James Cook took timber for spars off Nootka Sound through to the pioneer mills of the Cowichan Valley.

The third program in the series, October 26, will deal with Island coal mining and William Johnston of the Mining Museum will be interviewed at Cumberland, where he was once a mine manager.

"Passages from the Past" will conclude its initial series on November 2, with City Archivist Ainsley Helmcken. Mr. Helmcken was born in Victoria at the turn of the century, the son of Dr. James Douglas Helmcken and

A second daily closure of the Fraser Canyon section of the Trans-Canada Highway, from 1:30 p.m. to 4:00 p.m., has been ordered by the Department of Highways to help speed up the difficult Hells Gate rock-scaling project.

The new closure will go into effect Monday, October 7. The highway has been closed daily from 7:30 a.m. until 10:30 a.m. for several weeks.

None of the closures will apply on weekends. Highway engineers have been concerned about the slow progress of the project which involves the removal of 16,000 to 20,000 tons of rock from the cliff above the highway.

Only small blasts can be carried out each time because of the instability of the rock face. The one three-hour closure each day has given crews barely enough time to set off the charges and clear debris. The two daily closure

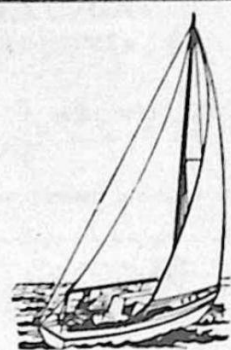
periods will therefore not double the rate of progress but will increase it considerably.

The additional time is considered necessary so that the worst of the unstable

material and rock can be removed before the project must be shut down for winter.

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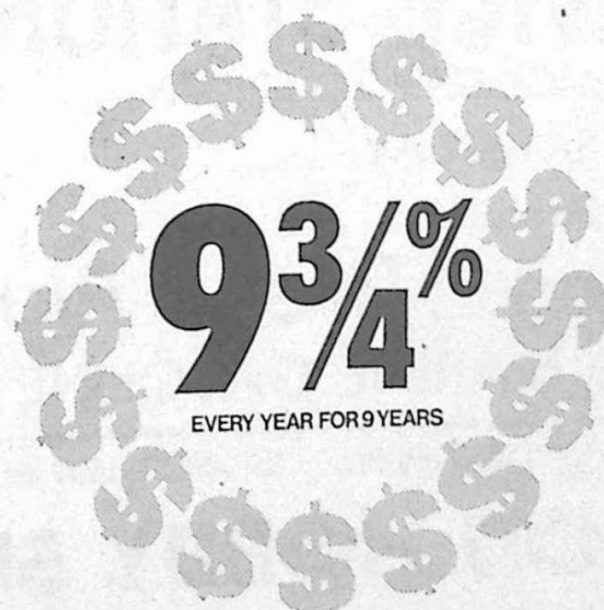
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# EATON'S

### Goal Reached

Capt. Joe Parkinson, Base Co-ordinator for the United Good Neighbour Campaign, announced Tuesday that the Base has achieved its goal of \$5,000. Although final figures are not available, the actual amount is expected to exceed that goal by a healthy margin.

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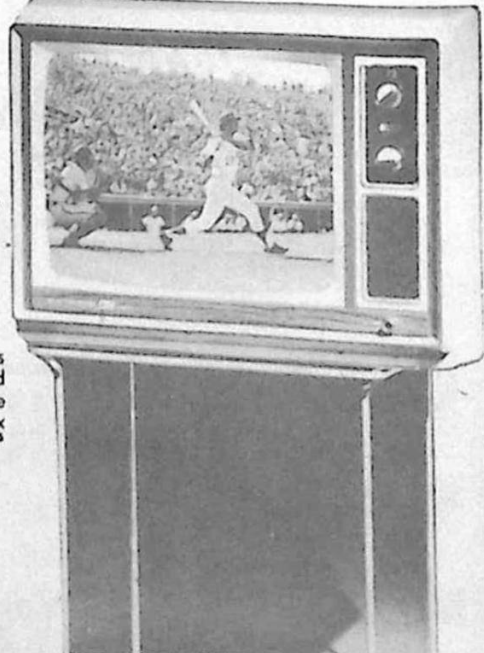
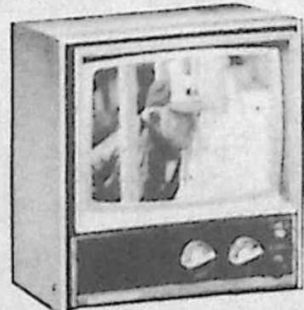
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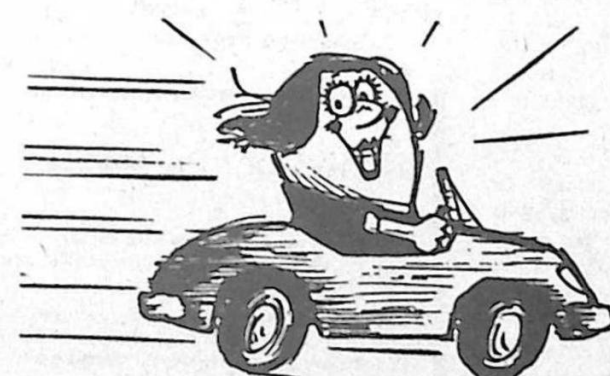
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### Headquarters

(Continued from page 7)

lately. It seems it all started when Chris got his posting message back to sea. Once a seaman, always a seaman, I guess. However, we will still get more work out of him before he leaves.

Well, enough for now. I'm out of news and have nothing more to go on. We require more contributions for this column. Any rumours? News? Please submit to the T. T. Editor.

Classifieds bring results give them a try

## COMOX (CANADIAN FORCES) CREDIT UNION

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**Credit Union Day -  
CDS Proclamation**

The occasion of International Credit Union Day on 17 October gives me the opportunity to recognize the many worthwhile services being provided by credit unions to members of the Canadian Forces and their dependents.

I am pleased to note that during the past year a military credit union information office has been opened at CFB Europe. This action is in keeping with the wishes of our overseas personnel as expressed in the Conditions of Service Study and coincides with the aims of military credit unions to make their services known wherever military personnel are stationed.

Initiatives of this nature I strongly endorse.

**J.A. DEXTRAZE**  
General  
Chief of the Defence Staff

## Recreation

(Continued from page 2)

delinquent and hospitals for the physically and mentally ill.

It is up to the community, its leaders and participants to ensure that there is available to the community, a recreation program that is dynamic, stimulating and satisfying and then and only then can recreation play its necessary role in enriching the lives of those who participate and the community who evolve around them.

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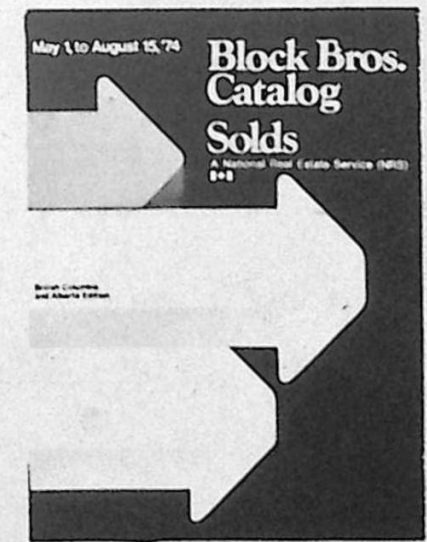
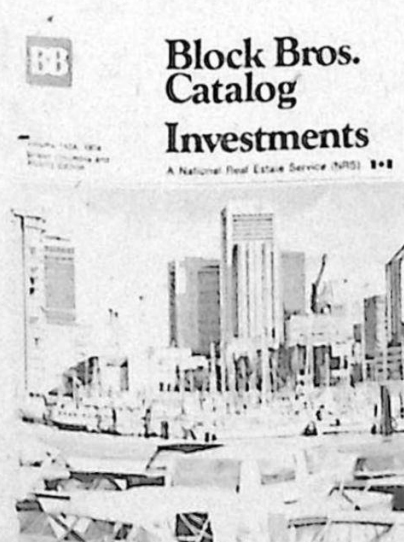
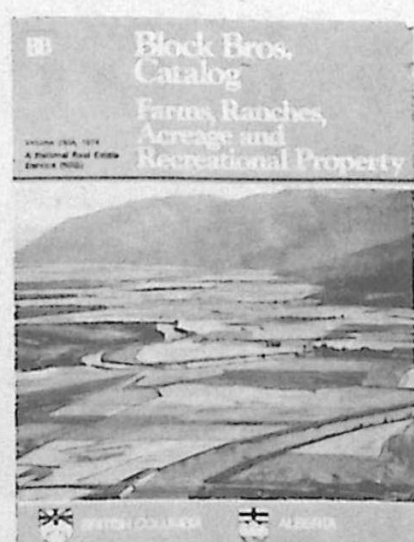
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# Record Yield

(Continued from page 9)

On all Canada Savings Bonds maturing on or before November 1, 1979 a cash bonus will be payable on the date of maturity of the bond. The bonus will be increased to produce a yield equivalent to 10½ per cent from September 1, 1974 to maturity.

On all Canada Savings Bonds maturing after November 1, 1979 two cash bonuses will be payable. The first, payable on November 1, 1979 will be increased to produce from September 1, 1974 to October 31, 1979 an annual yield equivalent to 10½ per cent. The second cash bonus, payable at the maturity date of the bond, will be increased to produce an annual yield equivalent to 10½ per cent from November 1, 1979 to the date of maturity. Over-all, the average annual

yield to maturity on such bonds will be 10½ per cent from September 1, 1974 to the date of maturity.

As announced previously, cash bonus payments will be made on presentation of the bonds to any authorized issuing agent of Canada Savings Bonds on or after the dates on which payments become due. No action is necessary now to qualify for the payments. The investor needs only to retain his bonds until the bonus payment date.

The compound interest feature on outstanding issues of Canada Savings Bonds will not be impaired in any way by the cash bonus program. Bondholders who are taking advantage of the compound interest feature may continue to do so and will continue to be paid compound interest in the amounts specified at the time of issue of each series.

Mr. Turner said a continuing high level of personal savings by Canadians is necessary both to balance the progress of the economy and to meet the needs of all sectors for major development financing in the next decade. Canada Savings Bonds hold a unique place in the structure of Canadian savings — both as an important source of funds for the Government of Canada, and as the most widely-held savings instrument in individual portfolios, large and small. No other security combines an attractive guaranteed rate of return over an extended period, such a variety of denominations, the convenience of buying on instalment and payroll purchase plans, and the right to cash on demand at face value plus earned interest.

The attractive current rate of interest and the constant coupon rate for the 1974-75 Series recognize preferences among many investors for higher current income from savings and for a simpler savings instrument. The improved cash bonuses are a further step following initiation of the bonus plan in May, to restore the position of holders of all unmatured Canada Savings Bonds in the light of prevailing levels of interest rates.

## Sports Highlights

CF National Golf Championship - 1974

Capt. Frank Creamer, MCpl Pete Burns, Cpl Frank Prince represented CFB Comox at the CF National Golf Championship held at CFB Borden 24 - 28 Sep 74.

The Pacific Region team finished 2nd to Prairie Region in the final standings. Recreational Mixed Volleyball

PERI Staff will sponsor a mixed volleyball evening at the Recreation Centre every Tues starting 22 Oct 74, time 1900 hrs. All interested male and female adults are urged to attend. "Come out and have some fun."

### Indoor Soccer

PERI Staff will sponsor an indoor soccer league for interested boys and girls from age 10 to 15 years. Games will be played every Mon starting 07 Oct 74. Proper gym clothing must be worn.

### LADIES ACTIVITIES

Ladies fitness classes are being conducted every Mon & Thur from 10 o'clock to 11 o'clock. The Tues evening class will be discontinued to make way for the mixed volleyball evening.

Ladies open bowling is being conducted by Mrs. Dorothy Zielke every Wed.

from 1300 hrs to 1500 hrs cost is 35 cents a line plus 10 cents for shoe rental

**INTERSECTION SPORTS**  
Flag football is in full swing with games being played every Mon and Wed evening. Participation has been disappointing with two "No Shows" out of five scheduled games. Pac. Region championship will be held at CFB Comox 25 and 26 Oct 74.

Hockey and broomball organizational meetings were scheduled for 2 and 3 Oct respectively so, it is anticipated that these two popular sports will be in full swing by mid Oct.

## 2nd Komux Brownies

Volunteer leaders are now in process of organizing the 2nd Komux Brownie Pack.

Any brownies interested in joining please contact Mrs. P. Kingyens at 339-2552.

If enough interest is shown the pack will be formed and will meet one evening a week.

## He Served His Time

OTTAWA (CFP) — It will probably surprise many service personnel, including sailors, to know one serving sea officer can truly say, "I served my time in sail."

Lieutenant-Commander H.L. Davies of Halifax is equally at home on the bridge of a modern destroyer or at the wheel of a 60-foot ocean-going yacht.

In 1966 he raced the big yachts across the Atlantic, from Hamilton, Bermuda, to Travemunde in northern Germany, spending 22 days on the voyage.

His expertise has not gone unrecognized by the people who select men for demanding jobs. He has been named Department of National Defence Olympic Liaison Officer for the 1976 sailing games to be held at Kingston, Ont.

The selection process began some years ago when he was sent to Germany to spend two months with the German navy at Kiel to observe their handling and organization of the Olympic sailing games — an offshoot of the Munich Olympics.

This summer he was busy coordinating the movements and the timings of over 350 sailing craft taking part in the Canadian Olympic Regatta Kingston (CORK), on Lake Ontario.

Over 24 countries, including Australia, Brazil, Russia and

all the European countries, had entries in the week-long events held over the course to be used during the 1976 Olympics.

Besides the competitors' boats, he was responsible for a fleet of 45 vessels required to support the competitors' craft. These included harbour craft from Halifax, Naval Reserve training vessels, Coast Guard, RCMP boats and a vessel from the St. Lawrence Seaway authority.

Over 250 personnel were required to man this fleet, of which 200 were from the

Canadian Forces. They were made up of Regular Force sailors from Halifax and Naval Reservists from Hamilton, Ottawa, Kingston and Toronto, including 80 young people in the Student Summer Employment and Activities Program.

All the headaches and mishaps that might crop up in 1976 showed up in CORK, but LCDr Davies took them in stride as just all in a day's work. He maintains what went wrong can be remedied and changed before the big show in '76.



LT. CDR. DAVIES, a man to whom sailing is second nature. Canadian Forces photo

Don't gamble with your life. Ignoring the risk factors of heart attack and stroke is dangerous. Write for free Risk Factor Information from the B.C. Heart Fund or your local Heart Unit.

## Nighthawks

(Continued from page 6)

Mystery Major found a salt shaker, some limes and a bottle of tequila. Voila, instant tradition. A little later there was the Loving Cup, then the Boot, the assassination of the Jukebox, a commando raid on the ladies bridge party. The next morning after the scores were in, it was agreed by the judges that the evening ended in a flat spin.

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**SUPER-BUY**  
NABOB • FANCY  
**ASSORTED PEAS**  
**3 93¢**  
14-OZ TINS

**SUPER-BUY**  
AYLMER • FANCY  
**TOMATO JUICE**  
**55¢**  
48-OZ TIN

## HAM



**SUPER-BUY**  
GOV. T. INSPECTED  
**Ready-to-Eat**  
Whole or Shank Portion

**89¢**  
LB.

SUPER-VALU ALSO HAS A COMPLETE SELECTION OF SMOKED MEATS INCLUDING: BONELESS HOTTISH HAMS, BONELESS QUARTED HAMS, COTTAGE ROLLS AND DINNERS.

BLACK DIAMOND • GRATED

**Parmesan Cheese** 8-OZ CTN. **1<sup>25</sup>**

BLACK DIAMOND • SAMSOE • GRUYERE

**Cheese Portions** 4-OZ PKG. **39¢**

KRAFT • **Cheez Whiz** 16-OZ JAR **1<sup>19</sup>**

## Fresh for Flavor

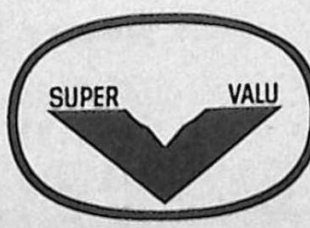
CALIFORNIA • CANADA NO. 1 GRADE

**BEEFSTEAK TOMATOES** **35¢**  
LB.

CALIFORNIA  
**PREMIUM YAMS** **29¢**  
LB.

**SUPER-VALU has an excellent  
assortment of potted plants  
to beautify your home for  
Thanksgiving**

\*ALL PRICES EFFECTIVE\*  
Thurs., Fri. & Sat., Oct. 10, 11 and 12 at all SUPER-VALU Stores in Courtenay and Comox.



# SUPER-VALU

## TURKEY

FROZEN • YOUNG

\*GOV. T. INSPECTED • CRYOVAC

6 to 14 LBS.

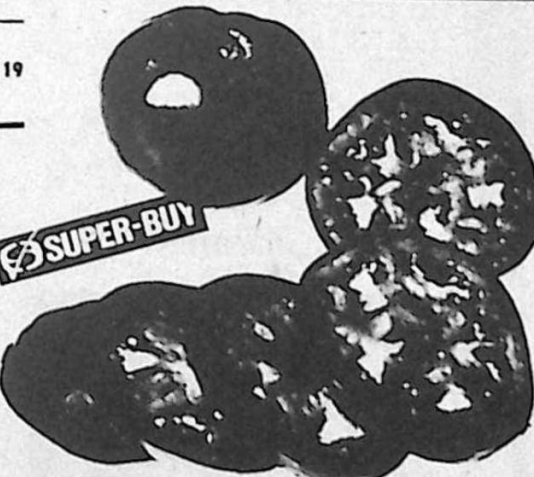
GRADE **A** **79¢**  
LB.

FRESH YOUNG

\*GOV. T. INSPECTED

5 TO 14 LBS.

GRADE **A** **85¢**  
LB.



B.C. GROWN PRODUCE!

B.C. GROWN

**Broccoli** **29¢**  
LB.

B.C. GROWN • OCEAN SPRAY

**Cranberries** **29¢**  
1-LB. PKG.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

**SUPER-BUY**  
NABOB • FANCY  
**PINEAPPLE**  
• SLICED • CRUSHED • TIDBITS  
**2 69¢**  
14-OZ TINS

**SUPER-BUY**  
SUPER-VALU • PLAIN  
**POTATO CHIPS**  
TRI PACK **55¢**  
8 1/4-OZ PKG

KRAFT • CANADIAN • SINGLES

**Cheese Slices** 1-LB PKG. **1<sup>09</sup>**

KRAFT • CHEESE

**Swiss Fondue** 14-OZ PKG. **1<sup>69</sup>**

## Poultry Stuffing or

GOV. T. INSPECTED • "WILTSHIRE"  
**Sausage Meat** **69¢**  
1-LB PKG.

GOV. T. INSPECTED • CANADA GRADE 'A'  
**Baron of BEEF** **1<sup>89</sup>**  
LB.

WITH SUPER-VALU TENDER TIMER

At SUPER-VALU many meat selections come with a "Tender Timer". It doesn't cost you anything but it does save you something. The Tender Timer is a cooking gauge that pops up at exactly the right moment your meat is cooked. You can't over-cook, so there's much less shrinkage which of course means that you save money. Another reason for shopping SUPER-VALU!

GOV. T. INSPECTED • "BREAKFAST DELIGHT"

**Sliced Side Bacon** **1<sup>39</sup>**  
1-LB. PKG.

GOV. T. INSPECTED • "COORSH" ALL BEEF  
**Wieners** **89¢**  
1-LB. PKG.

CANADA APPROVED SEAFOODS

**Shrimp Cocktail** 2-4 OZ PER PKG. **99¢**

NABOB • MEDIUM • PITTED  
**Ripe Olives** 14-OZ TIN **49¢**

NABOB • MEDIUM • LOOSE PACKED  
**Stuffed Olives** 12-OZ JAR **89¢**

CLUBHOUSE  
**Salad Olives** 12-OZ JAR **55¢**

## SUPER-VALU Features PYREX COOKWARE

\*HERE ARE JUST A FEW EXAMPLES:

**PYREX • 9-INCH PIE PLATE** **99¢**  
EACH

PYREX • 4-CUP SIZE

**TEA POTS** **4<sup>99</sup>**  
EACH

PYREX • 9-CUP SIZE

**PERCOLATOR** **8<sup>49</sup>**  
EACH

PYREX • ALL PURPOSE

**SALT & PEPPER** **2<sup>99</sup>**  
SET

PYREX • 9-CUP SIZE

**EGG BEATER** **2<sup>99</sup>**  
EACH

SUPER-VALU — THE PLACE TO SHOP FOR YOUR NEEDS IN PYREX COOKWARE