

We're Number Five!!!!

... But then so is the best of Chanel

Totem Times wins award at the Canadian Community Newspaper Association 1973 Better Newspapers Competition.

Canada's best military newspaper, competing with professionally staffed community newspapers from across Canada, came within five percentage points of taking top honors in its circulation classification.

Scoring particularly high in the areas of Editorial Page, Pictures, Advertising and Local Features and Columns, the Totem Times gained a total 69.5 points out

of a possible 100. The top five newspapers in this category gained points as follows:

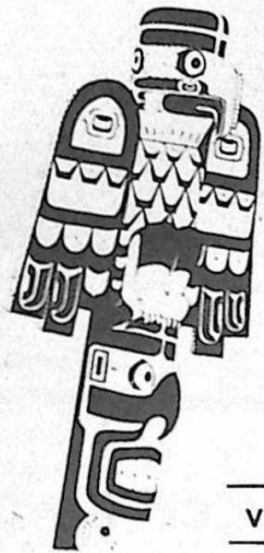
1. Goderich Signal Star
2. Acton Free Press
3. Gananoque Reporter
4. North Kent Leader
5. Comox Totem Times

74.5
71
70.5
70
69.5

Some of the judges comments were as follows:
"Photoplay was nothing great although the first five papers all had original, exciting photography in at least one issue."
"Basically the top ten are all within a few points of one another and it takes a fine eye and lots of judgement to determine which is the better paper."
"The overall appearance of all the papers is ac-

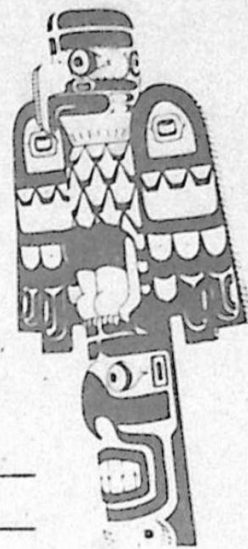
ceptable considering that in weeklies this size there is a weekly problem of just getting the paper out in time."

This is the first try at national honours for Totem Times.
The all-volunteer staff (we need more volunteers) is very encouraged by the results. They pledge to work harder to raise the standard of the Totem Times until we are number one!



TOTEM TIMES

In-Fest in a Beer . . . August 2, 3, & 4



VOL. 16 — NO. 3 — NO. 14

CFB COMOX TOTEM TIMES

THURSDAY, AUG. 1, 1974

Welcome Aboard HMCS Comox

Nu Vu on Base

VICTORIA, B.C. — Two official ceremonies this week will mark the end of Canadian Armed Forces' air operations at Patricia Bay near Victoria, and a simultaneous resumption of those activities from a new headquarters at Canadian Forces Base Comox.

The move of VU 33, the West Coast utility squadron, will signify the end of a military presence at the Patricia Bay Airport which began with the construction of a Royal Canadian Airforce station there in 1938. Its transfer to CFB Comox was announced by Defence Minister James Richardson in July 1973, as a consolidation of the West Coast military air operations. On July 30th, the 66 members of VU 33, commanded by Major D. R. McNab, will hold their final parade on the tarmac in front of the squadron's administration building, commencing at 2:00 p.m. They will be inspected by the Chief of Staff Operations for Maritime Forces Pacific, Colonel B. H. Moffit. As part of the ceremony the squadron will lower its flag at Patricia Bay for the last time.

The squadron's three Tracker and three T-33 aircraft will leave Patricia Bay at 1:25 p.m., July 31st. Following a pre-flight briefing commencing at 12:30, the aircraft will provide a farewell salute by formation flights over Sidney and Victoria. They will be over Beacon Hill Park at 1:35, Canadian Forces Base Esquimalt at 1:45, and over the community of Sidney at 1:55 p.m.

"Needless to say," Major McNab stated, "we are deeply sorry to leave the Sidney and Victoria communities, but we hope to develop at our new home the same close relationships we have enjoyed here."

The citizens of Courtenay will have their first glimpse of the new arrivals when the

formation flies over the city at 2:50 p.m., July 31st. They will also overfly the town of Comox on their way to a 3 o'clock arrival at Canadian Forces Base Comox.

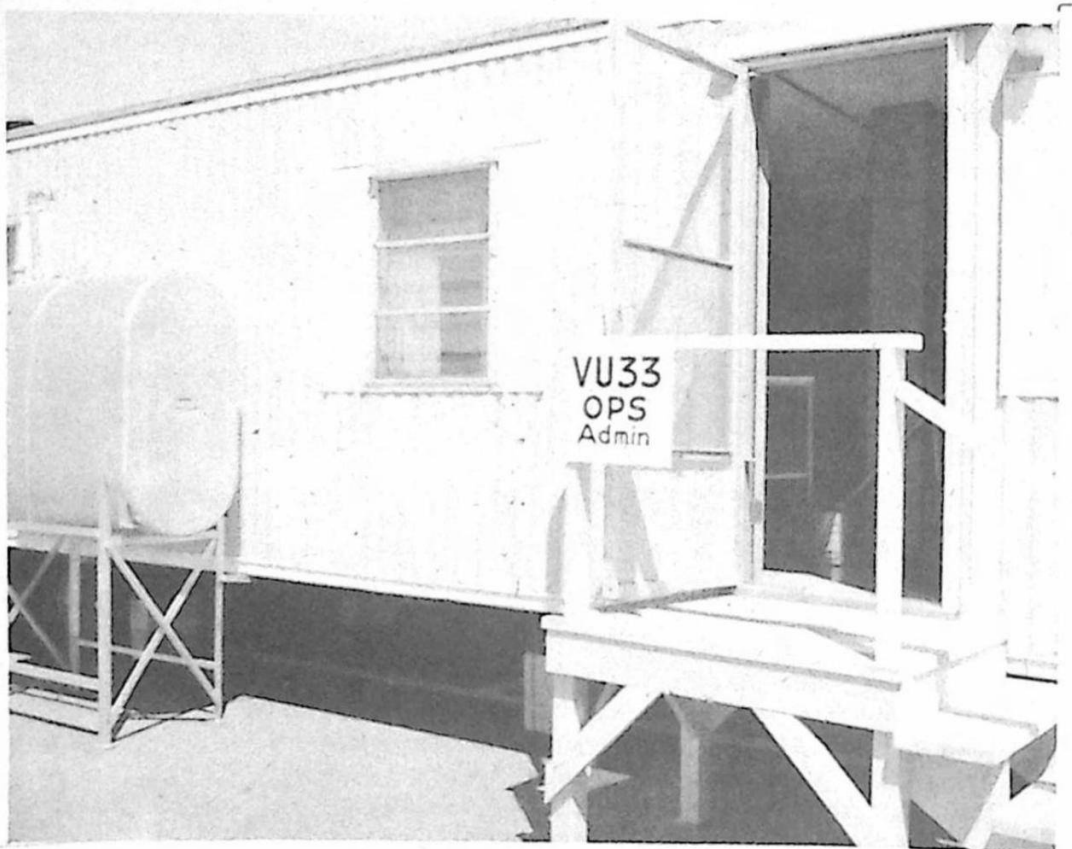
Patricia Bay airport was alive with air activity during World War II. Large numbers of aircraft, supported by thousands of personnel were based there over the years. At the end of the war, economy measures ground operations to a halt. However, in 1953, the Department of National Defence established an underwater weapons range at Patricia Bay. VU 33 was formed at the airport in 1954, with two Avenger aircraft providing aerial support for the underwater range.

Through the years, the tasks and requirements of the utility squadron increased. Today, roles for VU 33's jets include target flying for radar training, and target towing for ship to air gunnery. The Trackers have numerous roles, including aerial surveillance of the coastline, fleet training exercises and involvement in search and rescue operations.

For the better part of two decades the personnel of VU 33 have acknowledged that its location on the Saanich Peninsula, set aside from a large base operation, as "the only place to be". No doubt, many of the present squadron will feel a twinge of regret as they lift off from Patricia Bay. However, they look forward to a new era for their squadron, which will improve its position in terms of carrying out their assigned roles.



WHAT!! no land element badges?



THEY NEVER HAD IT this good at Pat Bay.

Personnel Pay and Career Policies

A special high level committee chaired by CDS, has been meeting almost daily for the past two weeks to consider pay and career policies for servicemen and servicewomen of all ranks. A very high priority has been assigned to this study in order to end the confusion and uncertainty that has prevailed and to produce a long-term consistent, equitable and explainable package.

It is expected that a new long-term policy will be ready soon with commanders of commands involved in the study and the decision-making process. Main concern at the moment is to achieve a fair and explainable policy and best possible pay and allowance adjustment for Oct. 1, 1974.

Personal message from CDS will be issued on this subject at an early date. The contents of the

message will have been discussed and will have the support of commanders of commands.

Goodwill Booth Moved

The Goodwill Enterprises deposit booth that has been in PMQ by the school has been moved to a site by the Base Exchange Store. The reason for its removal has been because there has been steady and senseless vandalism which has caused damage both to the booth itself and to its contents.

Heinz Gutman, Goodwill's Courtenay store manager, made the arrangements as donations of reusable and repairable articles are essential to the maintenance of Goodwill's programs for the employment and rehabilitation of the han-

dicapped on Vancouver Island. CFB Comox have always been generous in their support both by using the store and in making donations and it is hoped that the moving of the booth will in no way affect this support as at present there is a great need for materials.

Next

Totem Times

Deadline

Monday Aug. 19

T-Bird Jets into History

COLD LAKE, Alta. (CFP) — After 23 years as a jet trainer with Training Command, the T-33 Silver Star has been put out to pasture. It will continue in service with the Canadian Forces, however, in the electronic warfare role, and in some other functions. The last course of trainees at 1 Canadian Forces Flying Training School here to use the "T-Bird" were graduated at their "wings parade" June 20.

First acquired in 1953 from Canadair Ltd., the two-seater, single-engine jet trainer was said to have been as smooth to ride as a Cadillac, and easy to drive as well.

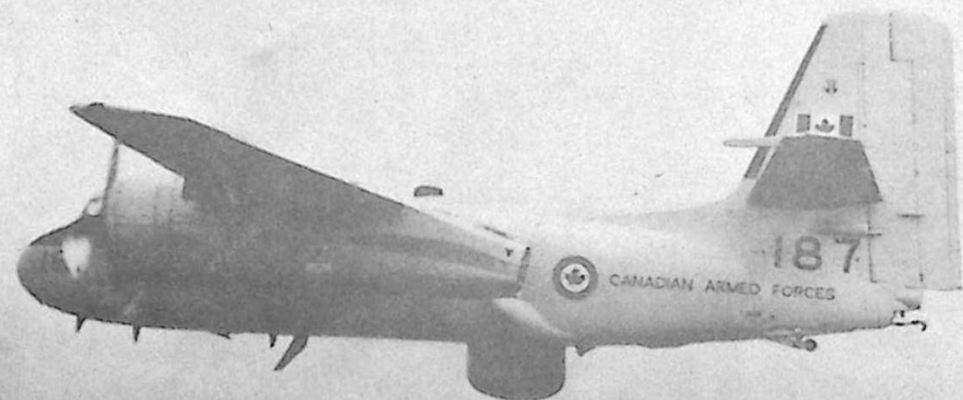
It was the world's first two-seater training jet, and with dual controls it could be flown from either cockpit position. In addition, its features included high speed

manoeuvrability, excellent visibility, pressurized cockpit air-conditioning system, rapid engine replacement capability and an automatic fuel system.

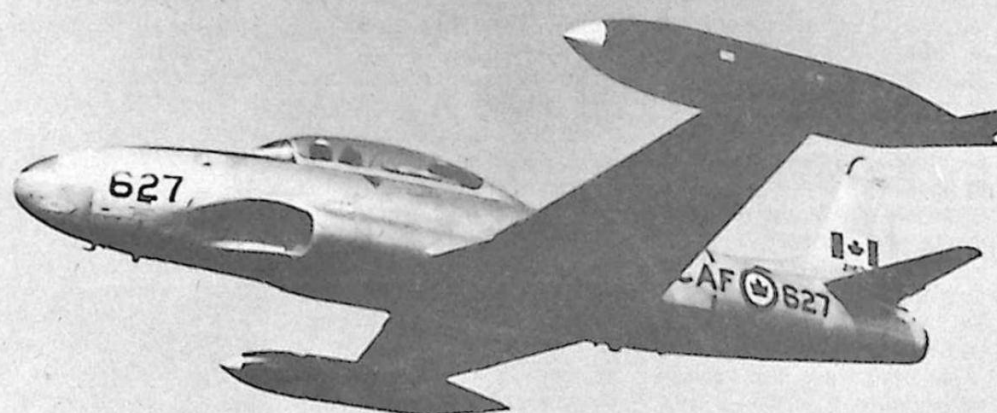
In its day it was used as a fighter-bomber, a rocket-carrying fighter and photo-reconnaissance aircraft. It normally cruised at 400 m.p.h. with a limiting speed of approximately 505 m.p.h. at sea level and mach 0.8 at 40,000 feet.

From 1953 to 1959, a total of 656 "T-Birds" were manufactured for the Canadian Forces. There is a total of 5,000 in use in 30 countries.

The CF-5 will go into service as the replacement for the T-33 on July 26, 1974, when the next class of flying students begin instructions.



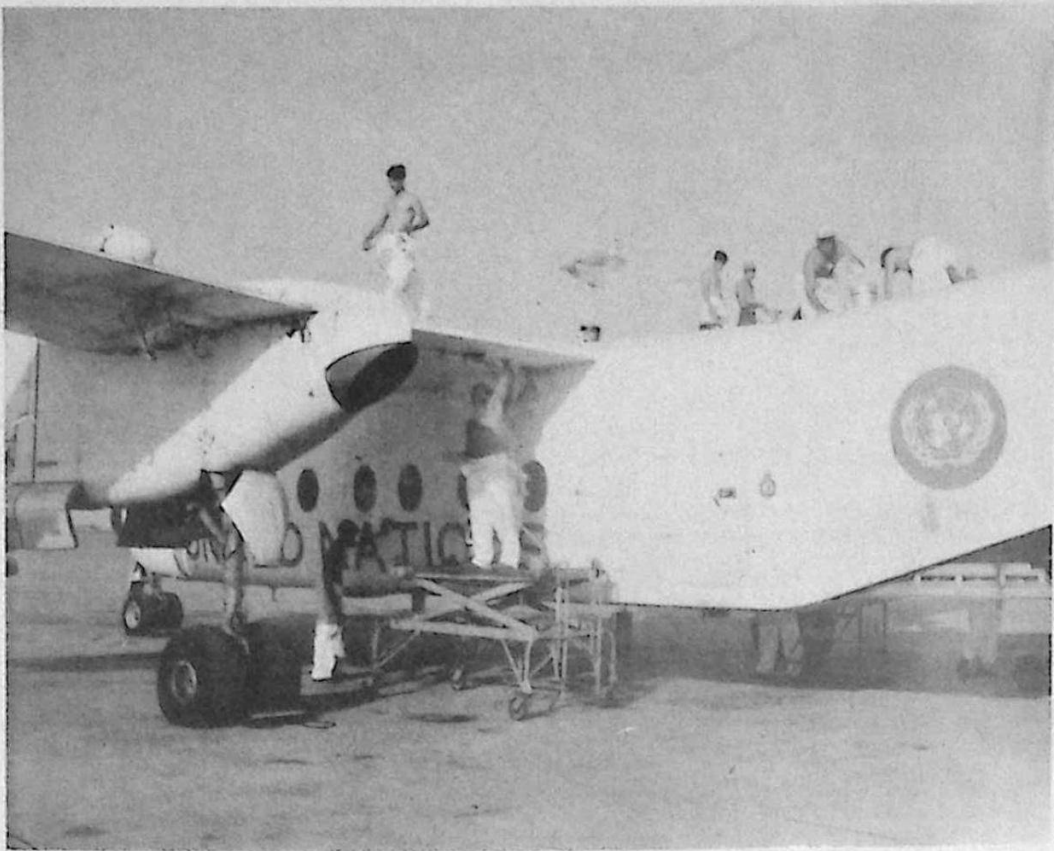
BEHOLD THE TRACKER! Soon to become a familiar sight at CFB Comox.



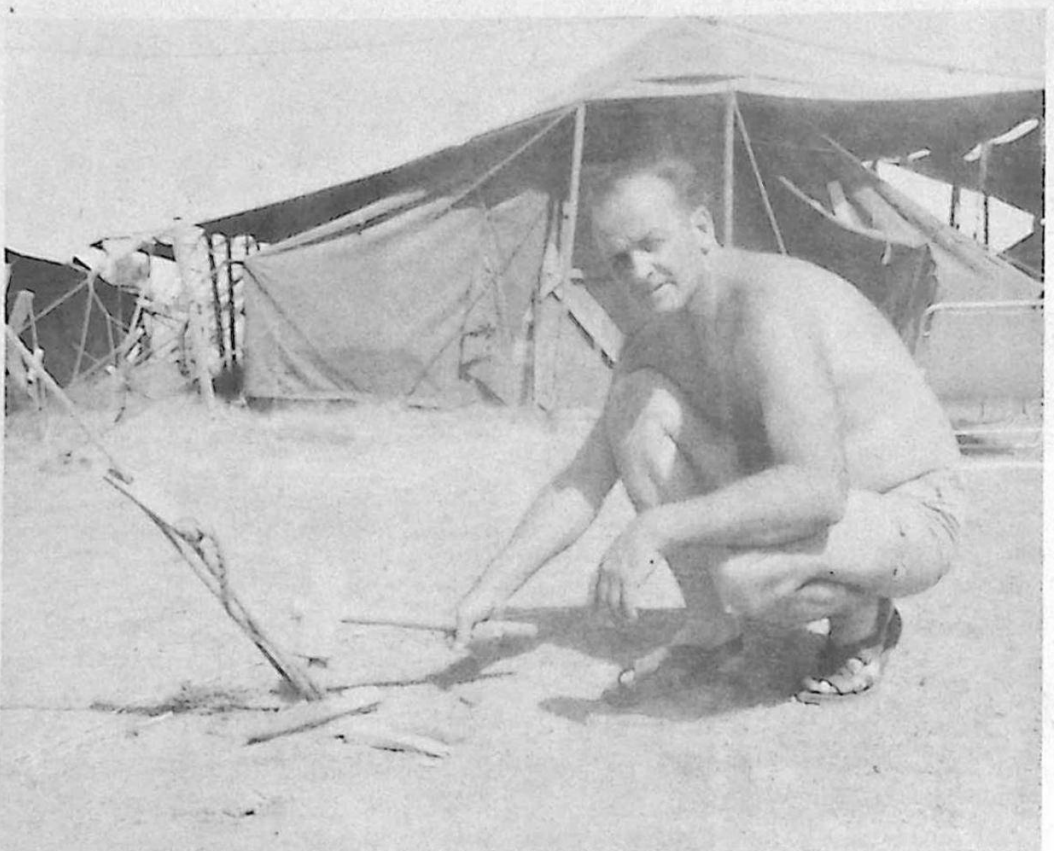
NOTICE THE STRONG resemblance between VU-33's T-Bird's and those belonging to 409 Sqn.



THE BASE COMMANDER PRESENTS LCol Letcher a retirement gift on behalf of the Officers' Mess. LCol Letcher is retiring after 27 years of service with the RCAF and CF.



BUFF "WASHDAY" at the airport.



FIRST OFFICER GARY FOSTER hammering ahead in 116.

Cairo Capers

BY BRUCE DICKSON
AND RUSS WRIGHT

The latest participants in the all expenses paid desert excursion have arrived. Among the lucky ones are Cliff "Flash" Eakin, from Comox, our exalted Flight Commander, Gary Foster rescued from Base Housing, Comox, Bill Vermue from Trenton and on Ground side Bob McMurtry and Bob Allan both of Trenton.

With the new Pinkies come more ideas on how tenting should be made more comfortable. The latest addition an air mattress filled with Nile Water which nicely compliments our Arctic Sleeping bags as the temperature goes down to a cool 80 at night.

We are now in the midst of our super summer weather with temperatures climbing well up into the 100's each day. Still have a breeze, however, making it almost bearable. 116's tents are now readily recognizable from the air with the addition of a new air conditioning system: Parachutes draped over the top of the tents to reflect much of the heat. Seems to be meeting with a DEGREE of success.

During the move to Ismailia some lucky ground crew will be working on the servicing of the aircraft at Beirut while the rest will clean up and move. Lately several ground

crew have been travelling to Nicosia, Beirut and Tel Aviv for a couple of days each. From all reports the trips are a huge success.

A regular Sunday habit now is to go to Suez City for a day, swimming and relaxing. John Charbonneau is going to open up a swim school for all non-swimmers. He now has exclusive rights to the area. Jim Hulme has been getting his trips up to Alexandria quite regularly with pay accounts. He says once you find your way out of Cairo the drive up the Nile River to the coast is most interesting.

Jim "Radar" Fowler has been keeping the fellows in camp well entertained with good humor. The new Warrant, Al McKee, is living up to the old adage - New Broom Sweeps Clean. A brief visit by Dave "Doc" Morrison from the NDT section of Trenton was good for him. Now he knows what he is missing and will surely volunteer for a six month stint. Another short time visitor is Chic Knight of Trenton trying to say one month is as good as six. Ron Martin has become the resident bargain finder in the Kahallil market. Every day he comes in with more news of good bargains. Funny thing; he never buys them himself.

On the operations side we fly three trips a week to Roch Pina in Israel and three to

Damascus, Syria. Specials twice a week from Beirut fly fresh (frozen) meat to the troops in Cairo.

The last week of June we were entertained by "Canada on Parade" a group of fine professional performers lead by Rollie Hammond and his Duck. The songs, skits and dancing girls added a little realism to life in Chams Camp (and made us very homesick).

July 1 saw "Canada Day" which we all gathered to celebrate in the Camp Chams stadium. Music was supplied by Ronnie and the Peacemakers a group from the Continent and the Ghana Band (of Ghana). A good time was had by all and many "Stella" beer were raised to toast Canada.

That's about it for now. Until next time MA SALAM.

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Nighthawks Nest

Summer has finally arrived at CFB Comox, a little late to be sure but all the more appreciated after the end of the long rainy season. 409's official inauguration of summer began with an exercise carried out by our intrepid sea element. Rear Admiral Jon Pew led the flotilla that invaded Tree Island, unfortunately the best laid plans of mice and men afloat gang et cetera, and Jon had to lead this assault from the rear due to mechanical difficulties, a quick tow back to shore, a rapid refit and finally, an uneventful cruise to the island. Jon has considered taking up sailing after buying three engines so far this summer, but has had second thoughts after LCol McKay almost had a mutiny on his hands when he failed to bring his ankle-biter loaded yacht to the island under sail.

The party on the island was highlighted by a hotdog roast over a driftwood fire and some plain and fancy waterskiing. After some of the less intrepid souls were driven back to Comox by a little liquid B.C. sunshine, the heartier crew members stayed for more waterskiing and comradeship by the fire. I am sure the fact that their boats were left high and dry by the receding tide had no effect on their decision. All who attended the first annual Tree Island invasion swore they would never forget the experience.

If you hear a little more

Hospital Anaesthesia

You would think that, with three weeks to do it in, we would have SOMETHING to write about. Alas, in all honesty, we don't. If things were any quieter around here, this would be the "Base Morgue" and not the Base Hospital. Come to think of it, some of us are so lacadaisical these days, we wouldn't be out of place in a morgue. (Oops! must control these urges of subtle mischievousness.) But, let's get on in a few... NEEDLES & JABS

We note the arrival of Rick Richard from down East. Actually, anywhere off the Island is "down East". The Warrant comes to us from CFB Montreal, obviously "down East". Hope he likes it here as much as we do (hiss).

Dr. Barnes, Mr. "Base Surgeon" himself, returns after a much deserved vacation. (We had it easy on Sick Parade, that first week once he'd left. Popularity, pop-you-lar-ity!!) Hope he had an enjoyable vacation - what with Kids, and Kamper, and mos - Kitoes, and...

Our other Major - Dave McNaughton - leaves us shortly too (if he hasn't already done so to become the new Base Surgeon (S.M.O.?) of CFB Chilliwack, where they make ossifiers out of men or is that men out of ossifiers? Oh well, Sir, got to

booming and roaring around the airpatch in the weeks ahead, it will probably be the formation team under the leadership of LCol Ev McKay getting ready for this summer's demonstration of aerial prowess and daring-do. Their hard practice should produce one of the best teams we have ever seen, but it will be very hard to top last year's finale. Special congratulations to Jonny "Thunder" Pew who is flying with the formation team again this year, a man of unusual skill and courage, plus a small degree of stubbornness.

BELIEVE IT OR NOT DEPT. Captain Gerry McIntosh spent a quiet evening at LCol Letcher's retirement party without once heckling any speaker. Captains Orv Malcolmson and Frank Martin spent a few quiet days South of the Border on a Cultural Exchange and Goodwill Tour of San Diego and Tijuana and were heard remarking as they deplaned that it was good to get back to the bright lights and sunny skies of Comox after their trip to enlighten the natives of the United States and Mexico.

Major Ernie Poole put on his last airshow in a CF101 on the 29th of July. A three quarter left roll to a right battle break climaxed Ernie's career in the Voodoo at CFB Comox. Few fighter squadrons have been fortunate enough to have a pilot of Ernie's skill and experience, and he will be greatly missed.

take the bad with the good.

Dr. "Dave" was on the scene when he learned of some further "bad with the good" news. Not only is HE going to Chilliwack, but he has to drag the screaming, egotistical body of Cpl. Lloyd McKay with him. Yes, "Mr. Efficient" (as he likes to think of himself as - ugh!) received the beckoning call to CFB Chilliwack, too. Actually, he's not going until 3 September, which gives their new Base Surgeon (S.M.O.?) time to get things organized for his arrival. A further eulogy to Lloyd will be presented next issue, when the tearful "praises" (?) of the staff will be heard.

(Continued on page 5)



A CANADIAN ARMED Forces Buffalo aircraft painted in the United Nations colors leaves Canadian Forces Base Trenton to join two other Buffaloes in service with 116 Air Transport Unit in the Middle East.

(Canadian Forces photo)

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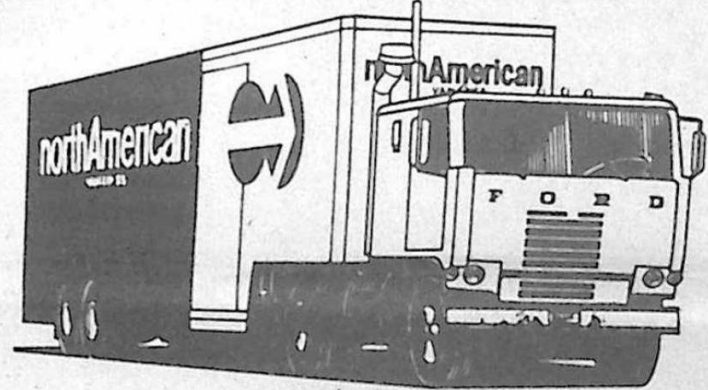
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SELECT STANDING COMMITTEE ON MUNICIPAL MATTERS

NOTICE OF PUBLIC HEARINGS ON REAL PROPERTY TAXATION

The Legislature has authorized the Select Standing Committee on Municipal Matters to review REAL PROPERTY TAXATION procedures in British Columbia with particular emphasis on making recommendations respecting real property tax legislation necessary to ensure the equitable distribution of real property taxation.

To assist the Committee in this review they wish to hear from individual private citizens, organizations, local governments, etc., who might have suggestions or recommendations with respect to property taxation affecting residential, commercial, industrial, agricultural, urban and rural properties.

Anyone interested in presenting their views are requested to inform the Committee of their intent to do so as soon as possible. They should if at all possible submit a written brief by Friday, August 23rd, 1974.

The Committee will study and review all briefs after which a series of Public Hearings will be held in September 1974 and those persons who have submitted briefs will be given the opportunity to speak to and answer questions on their submission. The Committee will also be prepared to hear verbal presentations at these Hearings.

The dates, times and places of the Public Hearings will be notified in the press early in September.

All correspondence should be addressed to:

Carl Liden, M.L.A., Chairman,
Select Standing Committee on Municipal Matters
The Government of the Province of British Columbia
Parliament Buildings, Victoria, B.C.

The Gravel Pit

The morning of the 27th of June was the day that all hackers of ATC had been waiting for the opportunity to head out on the old golf course. This was the chance to see if all the war stories you had heard while working were true. The weather was quite windy, but this did not deter the twelve golfers who showed up, they were divided up into teams of two for the tourney. The end result was a victory for the team of Pete Holicz and Tom Evers who showed that golfing is easy if you can't count. Just kidding fellas good show.

Of course no Air Traffic Control Section get together would be complete without everyone getting together at the world famous "GRAVEL PIT" after the competition to talk over the good time had by one and all who attended. Pete and Tom were presented with

the first annual "Golden Ball Award" and a certificate of achievement.

Since our last column we have bid farewell (rather

(Continued on page 5)



GETTING SET UP FOR AN indefinite search, members of 442 Squadron, "Cairo Detachment" pose in front of the U.N. Hilton. They say they would prefer the Carr-Hilton. L-R: Sgt. D. Lane; Capt. R. Wright; Cpl. J. Faulkner; Cpl. J. Thibault; Sgt. H. Pelletier; Cpl. M. Sirois; and Cpl. P. Kury.

SAR Engstrom

On Monday, July 8, 442 Operations was advised that a Piper Apache with four persons on board, was missing on a flight from Grand Forks to Vancouver. The aircraft had been overdue since Thursday, July 4, but due to a communications mix up, between Vancouver Air Traffic Control and the Grand Forks RCMP, RCC was not notified until early Monday morning. The Twin Engine Aircraft

was being flown by 18 year old Victor Engstrom with his passengers a brother 14, sister 19 and a 20 year old friend.

Although searching was hampered by bad weather, a Labrador helicopter, two Buffalo aircraft and twelve civilian aircraft combed the area. On Friday, July 12, the Labrador crew spotted what appeared to be wreckage in dense bush, on a steep slope near Hope Slide. Unable to make a positive

identification, the Labrador returned to Hope and made arrangements to have the Hope Mountain Rescue Team climb into the area. After a difficult, two hour climb, the team confirmed that the wreckage was from the missing aircraft and that there were no survivors.

Nine Minutes to Drown

It takes YOU - non-swimmers who don't wear lifejackets - only nine minutes to drown.

In the first minute after you hit the water, you are overwhelmed by confusion and shock. All the alarm systems in your body are activated as you swallow your first mouthful of water.

During your second minute in the water you are seized with a sense of utter panic, and as you gulp more water into your stomach you begin to thrash violently in a pathetic attempt to somehow "climb" from the water.

In your third minute you are trying to make swimming motions but you're tiring quickly. Suddenly, your throat muscles react to your swallowing and sputtering with a breath-stopping spasm.

Gasping helplessly for breath and still swallowing water, you begin to slip below the surface during the fourth minute. Your head is now completely submerged, and you begin

retching and vomiting as your stomach tries to reject the water.

Now, in the fifth minute, you are experiencing a pleasant, dreamy feeling as you begin to lose consciousness. Your throat muscles have relaxed and you are inhaling water directly into your lungs.

In the sixth minute, your oxygen-starved blood begins to undergo chemical changes which release toxic quantities of potassium. The potassium and an excess of harmful carbon dioxide in the bloodstream lead to convulsions in the heart.

In the seventh minute, several pints of water actually pass from your lungs into your bloodstream and your unconscious body goes into convulsions.

Now in the eighth minute, as the poisonous carbon dioxide rises to intolerable levels in your blood, you enter the stage of fatal suffocation.

In the ninth minute, your heart stops, your brain dies, you become a statistic.

Miles For RCC

An additional 60,000 square miles of the Pacific Ocean has been added to the current Victoria-based Canadian Armed Forces Rescue Co-ordination Centre's area of responsibility.

This was announced today by Rear Admiral R. John Pickford, Commander of Maritime Forces Pacific.

Admiral Pickford stated the annexation follows recommendations initially put forth by the International Civilian Aviation Organization conference held in Hawaii last September.

"It makes no difference in the resources at hand for off-shore search and rescue operations", the Admiral said, "but it does place the co-ordination of any operation there firmly in the hands of the Centre."

The area of responsibility for search and rescue operations for the Centre now covers approximately 690,000 square miles of land area, and 265,000 square miles of sea. The total area extends from the Alberta-B.C. boundary to roughly 700 miles out to sea from Cape Flattery on the south, to the Northwest Territories, west of the Mackenzie Delta, the Yukon Territory and the Arctic on the north. The seaward boundary on the north extends some 300 miles to the west of Prince Rupert.



FAST WORK

A Labrador Helicopter from 442 T&R Squadron, CFB Comox, rescued the pilot of this aircraft 5 minutes from the time he crashed, thanks to his Electronic Locator Beacon. Mr. Norm Smith, pilot of the aircraft, had taken off from the Lillooet area,

to advise an injured girl that the helicopter was on its way. After dropping a note to the people on the ground, Mr. Smith was returning home when he ran out of fuel and had to crash land in a field.

You ...

and the law

SIGNING CONTRACTS

Door-to-door salesmen like car dealers, real estate agents and finance companies, require the signing of contracts in many cases. In many cases, you are expected to sign a contract which is made up in a number of copies with carbon papers. A salesman will often say that he must take the contract away to obtain an approving signature. You should never let all of the copies of such a contract out of your hands. While most salesmen are perfectly honest, you can never tell which one may decide to change the interest rate, the amount, the service charges, the length of monthly payments or delete or add a sentence. Therefore, if you sign a contract which requires the approval of the seller, tear one copy off and tell the salesman he can obtain the seller's signature on the others and that you will then trade him the copy you have for one with both signatures when he comes back. This procedure is not only to protect you against possible dishonesty, but is just plain common sense.

With regard to paying deposits, there is no legal requirement in most cases that you pay a deposit, but here are circumstances where a deposit makes a contract legally binding, whereas if no deposit is paid,

it might not be enforceable. However, a deposit of \$1.00 makes a contract just as binding as a deposit of \$50.00. Therefore, whenever you sign a contract, keep the deposit as low as possible. Remember, that if the salesman says he wants the deposit as evidence of your good faith you can always say to him that you will give him only \$1.00 so he can show his good faith and show up with the article that you are agreeing to purchase.

Remember that a lot of thought has gone into the standard wording of these contracts and the procedure under which they are signed. Therefore, you can be assured that the company intends to enforce the provisions of the contract and, if a contract is well written, it means what it says. Further, if the salesman makes you verbal promises not included in the contract or are different to what the contract says, make him write his verbal promises into the contract, otherwise the verbal promises alone mean almost nothing if the company decides to stick to the written word.

People are always becoming concerned about the cost of repairs when the bill is higher than the estimate. If you need work done, have the repairman sign a contract and he is bound to the amount specified, and if he charges you more, he must have an extremely good reason. An estimate does not bind the repairman to the exact amount, but is merely "a ball park figure". In fact, an estimate is a guess, and you know as well as I do that the guesses that some people make are not very good.

442 Captain To Receive Award

Government House, Ottawa, has announced that Captain Perry Cunningham, a retired Labrador pilot from 442 Sqn. will receive the Order of Military Merit.

Capt. Cunningham will receive the award, for outstanding action during the hazardous rescue of an injured mountain climber on Mt. Slesse, B.C.

Two other members of 442 Sqn., Maj. F. W. Carr-Hilton and Cpl. T. J. Miller, have already received awards for this daring rescue. Capt. Cunningham was the aircraft commander of the Labrador helicopter, which had to be hovered inches away from the side of a sheer cliff, while Cpl. Miller, dangling 80' below the helicopter and a mile above the valley floor, was swung onto the ledge. Securing the injured climber to his harness, Cpl. Miller swung back into space and was hoisted into the helicopter.

Capt. Cunningham will receive this well deserved award from the Governor General at an investiture in Ottawa in the fall.

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Deceptive Practices: Illegal tricks of the trade.

Trying to pass something off as having qualities other than those that are true is deceptive. It's also illegal.

The Trade Practices Act, prohibiting any business activities that can in any way deceive consumers, is now law in British Columbia.

Consumer transactions entered into after July 5, 1974 are affected by the new legislation.

Exactly what is a deceptive practice?

If a business practice has the capability, tendency or effect of misleading consumers, it's deceptive.

An obvious example would be to sell a used rental car as a one-driver automobile.

Or a telephone solicitation announcing you're the lucky winner of a free gift. When the gift arrives you find it's just a gimmick to set you up for the hard sell.

Then there's the 'End of Season Clearance Sale - All summer merchandise

half price'. In fact, merchandise was specifically brought in for the sale, no regular merchandise is selling for half price and there's no saving at all.

More examples are outlined in the Trade Practices Act for the use of consumers and the courts in determining whether or not a particular business practice is deceptive.

Help is on the way.

The Department of Consumer Services is responsible for administering the Act. Our aim is to stop misleading and deceptive practices quickly and help consumers recover their losses.

Service Centres, staffed by counsellors, researchers and investigators will be opened at several locations in the province. Watch your local newspaper for openings in Victoria, Vancouver, Kamloops and Prince George.

A Director of Trade Practices has been appointed to handle consumer complaints and investigate possible wrong-doings.

We're here to help, but there's still a lot you can do on your own.



Liberated consumers and the law.

The Trade Practices Act gives you all kinds of consumer rights you didn't have before.

You can learn what they are by writing the Department of Consumer Services in Victoria. We'll send you an informative brochure explaining exactly what the Act means to you,

who to contact when you've got a complaint and more.

With the Trade Practices Act you've got what it takes to help yourself to a fair deal.



British Columbia Department of
CONSUMER SERVICES
The Honourable Phyllis Young, Minister

EDITORIALS

Peacekeeping and Equity

As anyone who has visited there will tell you, Cyprus is an extremely beautiful country with an ideal climate. It is warm all year round and because it is an island, the sea breezes cool off what could otherwise be scorching summers. It has beautiful beaches surrounded by the clear blue Mediterranean, skiing in the mountains, marvelous food and the local wine is outstanding (not to forget the national drink -- Ouzo).

Individually, a visitor could not ask for happier, gayer, or more charming hosts than the Greek or Turkish Cypriot. Unfortunately, like oil and water, Jew and Arab, Irish Protestant and Irish Catholic -- the Greek Orthodox and the Turkish Moslem don't mix. Thus the Canadians, Irish, East Indians, British and other UN troops, forgetting their own internal problems, must try to keep this paradise from being the spark which would bring two NATO countries (Greece and Turkey) and perhaps the whole world into a final conflagration.

It's been a long time since Canadian troops have faced fire, directly or indirectly, and to their credit, the Canadian Airborne Regiment has behaved in the manner expected of Canadian service personnel -- with courage, determination and fidelity. Forgotten (at least for the time being) are inflation, unification, bilingualism, promotions and many of the other relatively minor trials and tribulations of being a peace-time "soldier". They are engaged in a much higher conflict now, that of keeping life and limb safe from stray Greek or Turkish bullets while at the same time fulfilling their UN mandate.

Since the end of World War Two, the Canadian military has been at the forefront of Canada's diplomatic activities in Korea, Egypt (twice), the Congo, Indonesia, Vietnam, India-Pakistan, Laos, and some other lesser conflicts. We can say the forefront because when the politicians and the

diplomats have done their job (and we choose not to remark on their success and failures) it always falls on the military to do the dirty work. We are in a sense fulfilling the old maxim that: "War is an extension of diplomacy by other means." In our case, we do not use war (with the exception of Korea), but rather peace-keeping, or the attempt to enforce peace, as our objective when diplomacy breaks down. And in every case -- it has certainly broken down.

One thing you will never see in cases like these, is the Canadian government, or any other, sending civil servants to help maintain the peace. Even in the all-Canadian Quebec crisis of 1970, it was the military that the government confidently called on to maintain order when it appeared that our elected and appointed civilians couldn't do it. It is the military that our leaders call on when it needs roads and bridges to nowhere, disaster support during fires and floods, surveillance of our coastlines and arctic wastes, search and rescue, bomb-disposal, pollution clean-up, not to forget EXPO 67 and OLYMPICS 76 in Montreal, flying Whooping Crane eggs, and a thousand other non-military jobs. The military do these jobs because they are there and they are willing to do it -- no matter what the risk.

Elsewhere in this edition you will find a statement on personnel pay and career policies which indicates that the CDS and his Commanders are considering new long-term career and pay policies for servicemen and servicewomen of all ranks. All we ask of them is that they consider all of the factors involved in deciding the differences in pay and other benefits between the military, civil servants and other civilians.

It is difficult to equate the disutility of the bullets, bombs and napalm which now seem to be part and parcel of the "peacekeeper's burden," but it must be done.

RWG

When The Cat's Away ...

Bob Shawcross, our esteemed editor, has been away for a week in Toronto representing Totem Times at the Canadian Community Newspaper Association's annual convention and meeting of minds (not to forget the clink of cocktail glasses).

This is the first time, that we know

of, that an editor of a military newspaper has been present at such an auspicious gathering. We think it only appropriate that Canada's best military newspaper be the one that breaks the ice and we couldn't think of a better person to break it than our editor.

Hobo Hotel

The old saying about an army travelling on its stomach may still ring true to a certain extent, however, we of the Canadian Forces know that a "dynamic fighting force" also know that today's army, oops -- land element, sea element, even the good ol' air element, take that stomach aboard one of Air Transport Command's sleek, fast Boeing 707's, truly the pride of the fleet.

Sounds good, eh? Wait, there's more! Another sound fact about Air Transport Command is this: the Command's route structures, both domestic and international, dictate that most of your service journeys, whether duty or leave, are going to deliver you to CFB Trenton Ontario. Such was your editor's case, and herein lies the gist of my story.

Perhaps my association with the world of the press, albeit a rather short one, has made me a bit cynical, but cynical I was, when our aircraft left Comox two hours late a week ago Monday morning.

This two hour delay was maintained out of necessity across Canada, bringing us to Trenton at 23:30 hrs. that night.

Oh well, I thought, not to worry, a hot shower, a nights sleep, then off on the rest of my journey in the morning. I checked in at the AMU information desk regarding transport and accommodation. A young lieutenant dutifully informed me (in the best English he could muster) that the bus would first take the wives and children to the Yukon Lodge, then come back to the base and drop service personnel off at their quarters. Looking around, I realized that the latter category included only myself and a couple of cadets returning from summer camp, so hoofing it sounded like the best idea. "Where's the Junior Rank's quarters, sir?" I asked him. "You go across the highway, through the gate, turn right, then find that place called Building Eight" was the answer.

"Not Barrack Block Eight!" I said to myself. My mind reeled as I remembered previous visitations to that infamous building, which I was sure had by now been condemned, burned down, or at least, turned into a freight shed. Well, maybe they renovated it with individual rooms and new plumbing. What a dream!

So, lugging my bags across the highway and down the street, sweating in that mid summer humidity that Southern Ontario is famous for, I spied in the midnight gloom that damn edifice to which the travelling Corporal or Private continually seems to be condemned.

"This must be da place," I muttered as I opened the door, to be confronted by the odour of sweating bodies, moth-balled blankets and wartime vintage plumbing. After crashing around in the

dark I found the Orderly Corporal's room. He's somewhere else, but someone informed me that there's bedding over in the corner, just help yourself. Ah, there's a bed in the corner, I can just make it out from the glow of the fire exit light. I make up the bed the best I can in the dark and head for the shower. Banging pipes, cold water in the hot tap, athlete's foot fungus on the floor just begging for a home, yep, this is good ol' Barrack Block Eight.

Anyhow, into bed for that much wanted sleep, but not before I'm informed by another "guest", (slightly inebriated) that my bunk belongs to a black belt paratrooper who's real mean, and is due to arrive soon. "Let him come," says I, bravely. "The mattress was bare when I got here, he's probably moved on to greater places."

No such luck! Promptly at 02:30 hours on go the lights, to the chant of "Airborne, airborne"! "Well, here goes," I thought, "talk your way out of this one." Anyhow the man wasn't worried. He'd take the upper. "Have some chicken, pigeon," said my new-found friend, producing a bucket of finger-lickin' foul, (pardon me -- fowl). So there we sat, eating our chicken while two infantrymen argued and scrapped over whether Bravo Company or Charlie Company was the toughest outfit in the "Rocking Chair Rangers". Where else, but in Barrack Block Eight.

By the time a winner was declared, dawn was well established so I thrashed through the chicken bones down to the washroom, found a reasonably scum-free wash basin, and prepared myself for a hopefully better day. Breakfast will help, I thought as I lugged my bags down to the Junior Rank's Mess. Little did I realize how junior the ranks were, for I was confronted by several hundred air cadets, all trying to press themselves through one standard width door. Deciding to survive on my airborne chicken, I headed for AMU to catch the inter-base bus. Climbing on board the driver informed us that the ride down the 401 would be a bit rough, since the front end had a tendency to vibrate at 40 m.p.h. "Who cares," I said, "just get me away from Barrack Block Eight."

So that's the story of my night in "Hobo Hotel" in CFB Trenton. As it was, I was to endure roughly the same tribulations awaiting my return journey. Looking for some kind of redeeming factor in my experience, I realized that those who fear a complete loss of tradition in our modern, efficient integrated Service should lay aside their worries. As long as Barrack Block Eight at Trenton stands ready to receive its guests, there's one tradition that shall live on and on, ad nauseum.

C.R.S.



"NOW THAT THE CDS and his Commanders are reviewing pay and career policies for military personnel, maybe they should consider

reinforcing us with some of those civil servants we're equated with!"

MAC et PIERRE

THE GENERAL OFFICERS INSURANCE PLAN

"Bonjour Pierre, comment ça va aujourd'hui?"

"Hello Mac, how's the old Bye-Bye effort coming along?"

"Just great, I've passed every French test so far and I'm really enjoying my limited ability to express myself in French. Of course I haven't learned to swear properly yet but then Français is a bit short on four letter words. However, I'm not sure it's going to do me any good unless I can change my birth certificate to some obscure address in La Belle Province."

"Oh-oh you are just finding out about that, are you? We weren't going to let you Anglos in on that little secret unless it was absolutely necessary. However, I guess you know now what a Francophone is in practical terms."

"Yeah, I guess so, still -- perhaps I can change my name. That might help me get an extra gold bar. I know a couple of guys who have changed the spelling of their names to Frenchify them a bit. It only costs \$20 you know. For instance, if your name's Desmond and you make the 'm' a capital 'M' you've got a real one going for you. I know a few who had Anglified pronunciation of their names for generations and now all of a sudden they're Frenchified -- the lure of the ladder!"

"Well, gold-bar fever takes many forms and we're not different from the guys in the gray flannel suits chasing the keys to the executive washroom."

"Interesting you should say that -- I disagree with you. I believe we should be different from the guys in the gray flannel suits with their manage jargon and their management techniques several times removed from the reality of people. They're in the gadget business -- we're in the military and people business and if we get too much influenced by business management techniques we lose our right to our position in society as professional leaders. Let me give you an example. In October 1972 an insurance plan called the General Officers Insurance Plan was introduced into the Canadian Forces. It is a free insurance plan provided only and exclusively for officers of General rank and it equips each General with \$50,000 worth of free life, accident and dismemberment insurance. The premiums are paid by our employer, which is, of course, the Federal Government."

"Now hold up. I've read nothing of this in CFAOs, QR & Os or CFSOs -- it's not in CFAO 56-33 with SISIP and yet you say it's been in effect since October 1972. Come to think of it, Mac, I have heard rumours about it, though."

for Brigadier Generals and up. But don't waste your time looking for it in CFAOs -- yet."

"Who handles it, Mac?"

"The Maritime Life Assurance Company -- the same company who are members of the consortium which handles SISIP. Incidentally, Pierre, they have over 60,000 policies current with members of the Armed Forces and since we are about 79,000 strong now that's a pretty high number of policies."

"Do they keep this General Officers Insurance Plan separate from SISIP or are GOIP and SISIP all mixed in the same pot?"

"That's a really good question, Pierre, and I talked to the local Armed Forces Branch Regional Manager of Maritime Life about that. He was not able to give me a very clear answer and I think that that is due to the complexity of the insurance business. They spread risks, they spread investments and they spread premium receipts. This is the troublesome part that has given rise to some of the rumours that SISIP premiums are being used to support the GOIP and I've had a heck of a job trying to get some real facts to satisfy the enquiries from my boys."

"Well, I should say we have a real interesting little situation here. You're telling me that, since 1972, if a General and a Captain and a Corporal all go down in an airplane crash or even get shot down in a helicopter the General's family gets \$50,000 on top of SDB, CFSA and CPP and any other protection and without paying a single penny of premiums? What about operations in the Middle East or Vietnam? Are you sure you're not putting me on, Mac?"

"That's the way it looks, Pierre. Of course we don't have any proper information but it's reported to be meant to compensate the Senior Civil Servant and the General for his additional load of responsibility and is related to the Management School of thought that says 'Senior executives must be rewarded beyond salary levels for prerogatives, perquisites, privileges, powers and prestige' -- in fact at Management School it is sometimes referred to as the 'Five Ps' -- five reasons for the key to the executive washroom."

"Well, Mac, I'm not against management. God knows we need it in many areas where Parkinson's Law has taken over, but I'm still absolutely convinced that Leadership must take priority over Management. Management is a useful leadership tool, but only a tool, and I think Leadership would say about this General Officers Insurance Plan "It is unacceptable unless a comparable free insurance plan is provided for all ranks." Dammit, Mac, in peace or war, in Canada or abroad, on duty or off, who gets clobbered most often?"

"You're right. Of course,

industry gives its executives free insurance because it's afraid of losing them to other companies and it pays the premiums out of corporate profits which is really the consumer. The Armed Forces have no such fear of losing generals because we've got acres of ambitious replacements and we have no corporate profits and no consumer to provide them so we finish up with a mysterious, unpublished GOIP that seems to be creating a vacuum of information into which rumour rushes. It's a self-inflicted wound, c'est chose ici."

"But Mac, how about being a little charitable about this. The Civil Servants got it so the Forces have managed to get the same extra perk for the 100 Senior Executives with Maple Leaves that doesn't apply to the rest of the 78,900 of us -- do you really want to take it away from them? That's not very positive. If the Senior Civil Servants get it -- why shouldn't the Generals?"

"You're missing the point. Who is going to command the Brigade that goes to NATO's Northern Flank -- a Civil Servant? Who's going to command the next Air Division in Europe -- a Civil Servant? Not on your Nellie -- it's going to be a General who has to direct his troops into operations and they may get hurt by his direction gaining his objectives. I don't want to stop it, I want to extend it so that everyone gets extra protection, say from \$50,000 for them (GOIP) through \$30,000 for the Colonels (CIP?) and \$15,000 for the Sergeants (SIP?) down to \$10,000 for the Privates (PIP?) -- then it wouldn't be exclusive. Incidentally, have you read any of the leadership material being used at our leadership schools lately? One of the greatest military writers on leadership of this or any age is Field Marshal Sir William Slim -- his teachings are used extensively in RMC, CMR, RRCM, CFCOS and the command and staff system. His main tenet of leadership is that a leader looks after his men first and provides for them first -- how does that mesh with the GOIP -- which presently almost has an atmosphere of shameful silence attached to it? Hopefully it is not so but for all the information there is available -- who knows?"

"Mac, if you and I aren't careful we are going to agree with each other on something! Anyway, I have to go and lecture my boys and girls on SISIP -- I just hope nobody asks any questions about GOIP!"

"In French or English or Franglais?"

"In Franglais -- c'est more fun! It might be interesting if I have a Padre in the class and he starts a discussion on the Christian morality of free death insurance on a rank-distinction basis in a profession in which we all sign to lay our lives on the line for our country if we are ordered to do so. That would be something. N'est-ce pas?"

"Good point, Pierre, maybe

we should ask the Padres what position the Churches take on this extra \$50,000 free death insurance for the Generals' families and zilch extra for the rest of the members of the brigade or division or flotilla or squadron or whatever we're going to operate in."

"I might just do that, Mac."

"Au revoir, Pierre."

"Bonne chance, Mac."

"Hey - Pierre - what are you going to do if you suddenly get promoted to General?"

"Do what Field Marshal Bill Slim would do, Mac."

N.A.R.
Courtesy: The Lookout
CFB Esquimalt

THE UPSIDE-DOWN CAKE

"Hi Mac."

"Bonjour Pierre -- how did your lecture and discussion on SISIP go the other day? Did you get any questions on the General Officers Insurance Plan?"

"As a matter of fact, I did. One of the warrant officers said that it was being rumoured that the contributions to SISIP were being used to support the General Officers Insurance Plan and that put me up the creek with one oar because there's nothing in CFAOs, QR & Os or anything else to fall back on."

"So, what did you tell him?"

"I told him I'd try and get an answer through channels."

"Well, Pierre, I know of an attempt to get an answer through channels that has gone unanswered for a very long time."

"That's not the only comment, we got into a very interesting discussion on the ethics of providing free life insurance for those whose job it may well be to deliberately cause death or dismemberment to others or whose job it may be to put others into a situation where there is a high risk of death or dismemberment in order to achieve national aims."

"What was the outcome of that?"

"Well, Mac, it was quite something. Not only was it felt that the General Officers Insurance Plan is ethically totally indefensible but that the free insurance, if provided, should be provided

to those most likely to be sent into the situations where there is a high risk of death or dismemberment and thus, if the plan is to cover peace and war both then the aircrews, in peacetime, would be the logical first group to be covered. That's to say, the opinion was that the General Officers Insurance Plan was an upside-down cake!"

"Y'know, Pierre, you hear about this and obviously everybody knows about it and then you read the new Supplementary Retirement Benefits Act. You cut behind the headlines and you find that the assistance to pensioners to help them meet the inflationary trend and rise in the cost of living goes first to those who need it least and last to those who need it most."

"How do you mean, Mac?"

"Well, read it carefully and you will find that people who retire at age 55 with 30 years' service get it right, then, but who retires at 57? The answer is the same group that gets the General Officers Insurance Plan plus the Colonels and CWOs under the "old". All the "new" ones get put out at age 44 up to Sergeant, 50 for Sergeant and above, and the Captains at 45 and Majors at 47, so they all have to wait from 11 years for a Corporal to 8 years for a Major but these are the very people who are at the bottom of the pension scale and need the Supplementary Retirement Benefits most while those get it right away need it least -- see what I mean?"

"Well, Mac, I suppose this is another one that is tied to the "Parity with the Public Service" policy but I can see the trend. The same sort of thing is happening with the Veterans Land Act benefits -- it's now starting to benefit the rich and not the poor. You've got to have enough cash to qualify for the difference between \$15,000 and the price of your property and who the hell can buy a house for \$15,000 anymore? I've got two warrant officers who'd give their right arms to be able to use their benefits under VLA and there's no way that they can do it unless they head for

(Continued on page 5)

TOTEM TIMES

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Letters To The Editor

Who Killed Cock Robin?

Dear Editor:

I am writing this letter both as an irate parent and as a concerned citizen. During the fifteen years I have been a member of the Canadian Armed Forces I have witnessed, or heard of, a number of bureaucratic blunders perpetrated by the Dept. of National Defence, which have cost us, the taxpayers, millions of dollars. We have all heard stories of bases where costly construction has taken place short months before that base was closed forever.

Viewed in such light, the incident I wish to bring to your readers attention is not particularly costly, but rather displays a monumental stupidity and lack of foresight which cannot be ignored.

The married quarters at CFB Comox had quiet, tree-shaded back lanes, almost unused, except by early morning joggers and kids on bicycles, intent on their make-believe. I say had, because someone, somewhere decided these idyllic dirt lanes needed upgrading, and now they are covered by a thick and very sticky tar.

At first we residents, used to the arbitrary and sometimes thoughtless decisions of our superiors ignored the problem and, muttering imprecations under our breaths, caught our kids at the door and scraped their shoes as clean as possible. Not so easy to put up with were the ruined blue-jeans of a naturally clumsy son, or the black foot-prints on a white shag rug. Even then we shrugged philosophically and told ourselves the tar would soon dry.

Friday, when I spent the better part of an afternoon dodging the outraged claws of our old, scruffy and now hopelessly tar-patched tomcat, I began to get a little outraged myself. How much, I asked myself, are we required to tolerate for the "privilege" of living in MQs. Saturday, when I spent a heart-breaking two hours trying in vain, to clean the feathers of a mother woodpecker my children found mired in a pool of the still wet tar, I decided enough was enough.

As a father I am, to my

children at least, infallible and they brought me that poor bedraggled creature, confident I could save its life. While I did everything I could to justify that innocent faith, the bird struggled valiantly in my hands, anxious no doubt to return to her family. I felt her heartbeat grow weaker and watched her little head sag lower on her tarry breast until finally, perhaps realizing she was involved in a battle she had no hope of ever winning, she gave up the struggle.

Earlier I stated that this incident was not costly (financially), but it has cost me, in frustration, in heartache, in pride. It has cost my children, in diminished faith in me. It has cost that helpless bird her life. And all so unnecessarily! Why was it ever decided to spread tar on those quiet lanes? Who is to blame for that senseless death? Who killed Cock-Robin?

I urge all residents of Wallace Gardens to call CE and request, nay demand that something be done immediately to clean up this mess!

Lt. G. Chute
PMQ 84
Wallace Gardens

We did it!

Dear Editor:

Lt. Chute's comments are quite valid and I have no intention of trying to debate the points he has made. But, perhaps it is worthwhile to look a bit beyond the purple prose.

Sure, the lanes were 'idyllic dirt lanes' but a number of residents had complained about dust raised by automobiles, trail bikes, and motor cycles that use the lanes as well as the joggers and kids on bicycles. The solution, a reasonably long term one, was to oil the lanes, a not unusual approach adopted by municipalities large and small. So a CE improvement program was born.

A requisition for contract was raised to carry out the job in the hot dry summer that the Met men assure us can be expected during this time of the year. Unfortunately, when the contractor arrived with the heated special purpose oil required by the en-

vironmental authorities, the weather consisted of "B.C. Sunshine", which incidentally was forecast to continue for a number of days - as it did. Who says the Met people are always wrong? Well, the choice was to put the oil down, knowing it would not dry quickly, or throw it away. As the taxpayers tend to get uptight when we throw things away after spending good money, the decision was made to put the damn stuff on the roads.

The following day, the BOpsO, Commander Det 5 USAF, 5 Senior NCOs and 4 Cpls, all residents of MQs paid visits to the ABTSO's office, questioning the sanity of the operation in general. Everything got a trifle hectic and we started looking for solutions. Soaking up the oil with sand was discarded, as experiments proved that the kids would track in tar and sand, which has undesirable abrasive side effects. The grader wouldn't scrape it off but just push it into the grass at the side. Grass and oil is something like feathers and oil. Having the oil on the ground, the only practical thing to do was to leave it until the due process of sunshine and time would cause the oil to harden.

I can only conclude by admitting an error, and if you want to term it monumental stupidity and lack of foresight, that's your bag - we're pretty viable and easy to kick. The only man who doesn't make a mistake is the man who does nothing. No one is very happy with the situation, and I can only offer sincere apologies to all MQ residents for the problems we have created.

H.M. Sutherland
LCOL
BTSO

Electronics Employment

Dear Sir:

As I am not familiar with station organization these days, I am writing directly to the Commanding Officer of several bases in hopes that they will pass on to the Career Officer, or whoever is concerned with retirement plans

of retiring service personnel, our request. We operate an electronic company based here at Nanaimo, serving principally the commercial fishing fleet. We are encountering difficulty in finding skilled technicians to handle the work load, and, being ex-service myself, I am naturally thought of other ex-service personnel with extensive experience in the

electronics field. Our work is seasonal, lasting through from March till September, and as such would fit in quite well with most people's retirement plans. If you would advise personnel due for retirement of our need we will appreciate it very much. Thank you.

Yours sincerely,
F.J. Welland,
FO (Retired)

Gravel Pit

(Continued from page 2) suddenly to Pte. Dan Laramie who is presently on leave in Alberta before making his way to Lahr. The lucky rotter. A great turnout was on hand to help send Dan on his way and everyone enjoyed themselves immensely. Many interesting tidbits were picked up that evening and some of them are still being discussed like what does F Troop really stand for. Best wishes from everyone Dan.

Last Saturday was one of the nicest days the Comox area has seen in quite a while. It was also the day of the Gravel Pit Fishing Derby and Salmon Bake. Sgt. Alex McLellan captured the honour of hauling in an 8 lb. 8 oz. beauty (no where near the size of the ones that got away

according to the stories that were floating around later at the Salmon Bake in the evening). There was an exceptionally good turnout and every one is to be congratulated for making this a great event. Special congratulations go out to Joe Pacowski who after years of living on the West coast finally caught his first Salmon.

Hospital Anaesthesia

(Continued from page 2) QUOTE OF THE WEEK... One of our Med A's was heard to mumble about one of the patient's mothers after she began giving him orders: "She would make a great Warrant Officer, that one!"

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Upside-Down Cake

(Continued from page 4) the wilds of the Yukon or someplace. It's gotten turned around completely from what it set out to do."

"You know this is leading to a separation between the Executive Branch and the rest - just like a corporation where the 'goodies' are kept in the offices of the executive suite and then the rest find they have to find some way to even things out."

"Hold up Mac - just a cotton-picking minute, now - are you suggesting unionism for the Forces? That's out, brother, we could never operate that way."

"No, Pierre. Not unionism as such, but I reckon that 1 October 1972 was a crossroads in the CF and we have yet to see where the roads are leading."

"What's with the 1 October 72 bit, Mac?"

"That was the date of the

introduction of the General Officers Insurance Plan and it marked the first clear deviation from the "leadership principle" and marked the first clear indication that the balance of the Forces could no longer look towards the "Brass" to look after their interests first. After all it's nearly two years since GOIP was introduced and the Supplementary Retirement Benefits Act has only reinforced the trend. Or do you think that's a bit seditious?"

"It may be, Mac, but this is a free country and you're entitled to your opinion. I don't know that I agree with you - why not wait for the brass ring to close and the trend to change direction? I'm a great believer that 'right will out' in the long haul."

"I'm a little afraid that the 'brass' ring will close in a different way - if the trend continues we may need some

form of representation when things like GOIP and SRBA are in the mill. At the very least it would get rid of the sort of shamed silence that's attached to GOIP and, at the most, it will ensure that the "leadership principle" is not overborne by the "management P5 principle" that we talked about before. The GOIP is a classic example of the difference between leadership and management."

"Well, Mac, it's an interesting thought and I've finished my drink. You're not going to buy me another and I must get home lest my child bride gives me hot tongue and cold shoulder for supper."

"OK - Pierre - bonsoir mon brave."

N.A.R.
Courtesy: The Lookout
CFB Esquimalt

THIS IS ONE OF THE BETTER HOMES IN THE VALLEY. Extremely well built in immaculate condition inside and out. Wall to wall throughout except in the kitchen. Quiet street opposite a city park. Included in the sale price is a mountain view. For appointment to view contact Dave Paterson at 334-4581.

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Do it yourself Family B.B.Q.
1700 to 1900 Steak \$4.00, half chicken \$1.50,
Hamburgers 75¢, Hot Dogs 50¢
Salad and Potato included Ice cream for the kids
Casual dress

Reservations by 1600 Wednesday, Aug. 14.

THURSDAY, AUGUST 8th and 22nd -
Quadra Officers Main Lounge reserved.

SATURDAY, AUGUST 17th -
442 Reunion Main Lounge reserved

SATURDAY, AUGUST 24th -

"Farewell McNichol Nite"
Cocktails 2000 hrs.
Sumptuous Buffet 2130 - 2400.
Dance to "Campa Stage Band" (16 piece orchestra) and Music Factory - 2100 - 0100.
Costs \$6.00 per couple regular members \$10 a guest couple. Informal dress.
Reservations by 1600 Wednesday, August 21st.

J.U.G.S. -

Saturday, August 3rd, 10th, and 31st.
Jugs of Draft 50¢ from 2000 - 2300.

HI-LITES FOR SEPTEMBER

Friday, Sept. 6th - Mixed T.G.I.F. - Chinese Food.
Wednesday, Sept. 11th - Welcoming Party

WO & SGTS. MESS

AUGUST ENTERTAINMENT

DANCE - 10 Aug. - 21:00. Quadra Band. Smorgasbord. Casual Dress. Admission: Reg. & Ass. \$1.00. Honorary & Guests \$2.00.

BOSSSES' NIGHT - 16 Aug. TGIF.

FISHING DERBY will be held from the 19 Aug. till 24th Aug. Weigh in at the Fire Hall. \$1.00 entry fee. Sign in at bar. Open to all members. Prizes. Final weigh in 1600 hrs.

DANCE - 24th Aug. 2100 hrs. Quadra Band. Italian food. Casual dress. Admission Reg. & Ass. \$1.00. Honorary & Guests \$2.00.

TGIF every Friday evening.

MOVIES every Monday evening.

MIRACLE DRIVE IN

Black Creek, B.C.

Gates 8:30, Show at Dusk

July 31 - Aug. 5 - Wed. - Mon.

"BEST PICTURE OF THE YEAR!"

"I'D GIVE AN OSCAR TO AL PACINO FOR 'SERPICO'"
- JUDITH CRIST

★★★★★ HIGHEST RATING! - N.Y. DAILY NEWS



AL PACINO "SERPICO"

Produced by MARTIN BREGMAN Directed by SIDNEY LUMET
Screenplay by WALDO SALT and NORMAN WEXLER
Based on the book by PETER MAAS Music by MIKIS THEODORAKIS
Color by TECHNICOLOR A Paramount Release

Warning - Coarse Language

Plus - "HANNIE CAULDER"
Starring Raquel Welch

Sunday, August 4th - All-Nighter
"The Cheerleaders" - Completely concerned with sex

"Seduction of Inga" - Frequent Sex Scenes
"Naked and Free" - Nudity and Sex

"A Man From O.R.G.Y." - Excessive Nudity

Swap n' Shop is FREE

at Miracle Drive In

Every Sunday - Phone 339-4694

or 337-5097 for information

BASE THEATRE SCHEDULE

The fiendish daughter
of Jack the Ripper
kills again!



"Hands of the Ripper"

A HAMMER PRODUCTION A UNIVERSAL RELEASE
FRI 2 AUG. Horror Eric Porter Jane Miro
Showtime 2000 hrs to 2150 hrs

THE LONG GOODBYE

Sat 3 Aug Sun 4 Aug
Warning: Some violence and coarse language
Showtime 2000 hrs to 2200 hrs



FRI 9 AUG THE THIEF WHO CAME TO DINNER
Sat 10 Aug Sun 11 Aug
Showtime 2000 hrs to 2155 hrs



FRI 16 AUG CLEOPATRA JONES
Sat 17 Aug Sun 18 Aug
Showtime 2000 hrs to 2150 hrs

Theatre Information - Call 339-2433 anytime
RESTRICTED SHOWS: 18 years and above - Under 18 years of age must be accompanied by a person over 18.

ADULT SHOWS: 16 years of age and above - Under 16 years must be accompanied by a person over 16.

He's a
GOOD COP...
On a
BIG BIKE...
On a
BAD ROAD



A JAMES WILLIAM GUERICO-RUPERT HITZIG PRODUCTION
starring ROBERT BLAKE - BILLY GREEN BUSH
United Artists

FRI 23 AUG ELECTRA GLIDE IN BLUE
Sat 24 Aug Sun 25 Aug
Showtime 2000 hrs to 2200 hrs

Killers in pairs- death by the dozen-
They left the west...



AN AUBREY SCHENCK PRODUCTION
COLOR by Deluxe United Artists
FRI 30 AUG MORE DEAD THAN ALIVE
Western Showtime 2000 hrs to 2150 hrs



Sat 31 Aug DON'T LOOK NOW
Sun 1 Sept Restricted
Warning: Some brutality with nude sex scenes

NO MATINEES DURING
JULY AND AUGUST

VOL. XIV, No. 10 MAY 30, 1914 15 Cents

AERONAUTICS

WITH WHICH IS COMBINED
Official Organ and Bulletin Aero-Club of Pennsylvania
The Aeronautical Society

FLY

Are you tied to good roads with a motor car?
Or shackled to smooth water with a put-put?
Why not cleave the air faster than the birds, free from
rough waves or rutty roads in a

Curtiss Flying Boat

NO longer ever enjoyed such sport as this. Four to five hundred miles without pause, at a speed of more than a mile a minute.

FIVE hundred thousand passing miles without one serious accident. Used by six Governments and by private owners nearly everywhere.

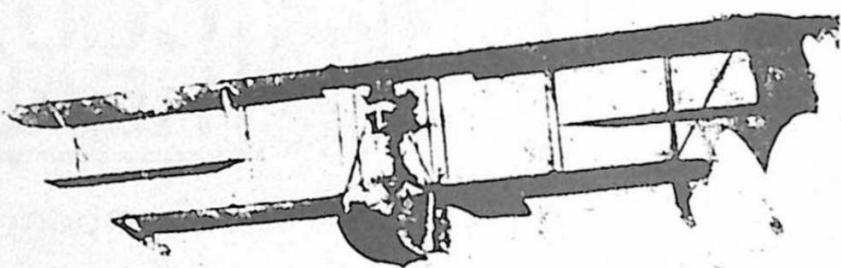
During the past three years Curtiss Water Flying Machines in the U. S. and foreign navies have flown hundreds of thousands of miles without accident. The confidence engendered by this record must be reflected by the work of our navy fliers in Mexico.

After using them for thousands of miles of flight, Curtiss Flying Boats have the endorsement of Mr. Harold F. McCormick, Commodore Wm. E. Scripps, Mr. J. B. K. Verplanck, Mr. Gerald Hanley, Mr. William Thaw, Mr. Logan A. Vilas, Mr. William A. Dean, Mr. Barton L. Peck, Mr. Raymond V. Morris, and many others.

One Demonstration Will Convince the Most Skeptical

Write us for illustrated literature or to arrange for demonstration flight. E.O. 117 BEFORE IT IS TOO LATE.

The Curtiss Aeroplane Co.
21 LAKE STREET
HAMMONDSPORT, N.Y.



OUR SPY IN THE pentagon has triumphed again!

Youth Bowling

Y.B.C. Registration will commence August 15-16 and 19-20 at the Bowling Alley at 1 p.m. each day. Registration Fee is \$2.00.

For the benefit of new arrivals to the Y.B.C. program, we have a national affiliation through Youth Bowling Council including Provincial Tournaments. There are three categories for bowlers starting at: Bantams - not 12 yrs. by Sept. 1. (min. age 7 yrs.); Juniors - not 15 yrs. by Sept. 1. Seniors - not 29 yrs. by Sept. 1.

We have room for only 200 bowlers. Bowling is on: Saturday mornings - Bantams, Saturday afternoon and early evening - Juniors, Friday from 4:00 - 6:30 Seniors.

Each bowler comes once a week and games are: Bantams - 25 cents for 2 games; Juniors - 50 cents for 2 games; Seniors - 75 cents for 3 games.

For further information please phone Mrs. Folster at 339-3879.

Good Samaritan

A pickup truck on an Alabama highway spun out of control and turned over in a ditch. The driver lay helpless bleeding from an artery.

A state trooper happened by in his patrol car. He applied a tourniquet, got the driver to hospital and was credited with saving his life.

About one year later the same state trooper was standing at the side of a car he had stopped. A pickup swerved across the road, struck the stopped vehicle and killed the trooper. The truck did not stop. The next day the driver turned himself in to the Sheriff. The truck was the same one involved in the 1973 accident, and it was also the same driver. reprint from Time May 6, 1974)



USED BICYCLE MART? Well not yet. But if the B Wreck O finds any more bicycles cluttering up his fire exit, he's going to melt them all down for fish weights.

You Ain't Learned

How many times have you tried to impress someone else only to fall on your face as it backfired? The temptation is to talk too much, drink too much, spend too much, fake too much, brag too much - all to impress.

A sign at the entrance to the Crazy House near Pike's Peak reads, "When you're talkin' you ain't learnin'." How often have you continued talking or feigning knowledge when you could have kept quiet or

inquired and actually learned something?

The less we know and the more insecure we are, the more we find we need to impress others. Usually we succeed only in being obnoxious or dangerous by being overly impressed with ourselves alone.

Aesop put it this way: The bullfrog which wanted to be as big as the cow impressed everyone with his stupidity when he overinflated and exploded.

The only person who continues to be impressive is the one who doesn't need to. The expert doesn't line his walls with all his diplomas; he doesn't have to. The amateur does, because what he has to display is all he has, and that's not much.

St. Peter and St. Paul were most impressive when they were least impressed with themselves.

Are you impressive, or impressed, with yourself?

PORT AGUSTA MOTEL

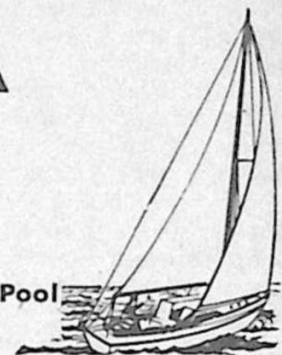
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Folding Camp Chair

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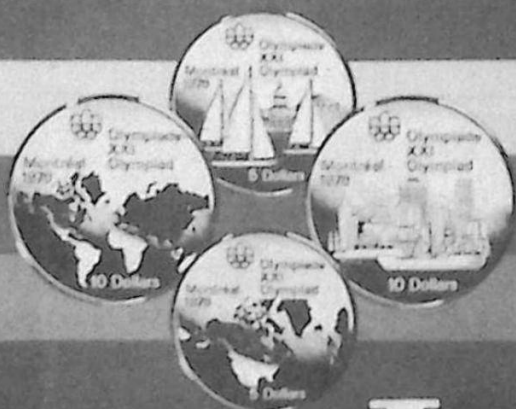
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TO
AVOID INJURY



OLYMPIC COINS



SERIES I Geographic



Beautiful, Valuable Keepsakes

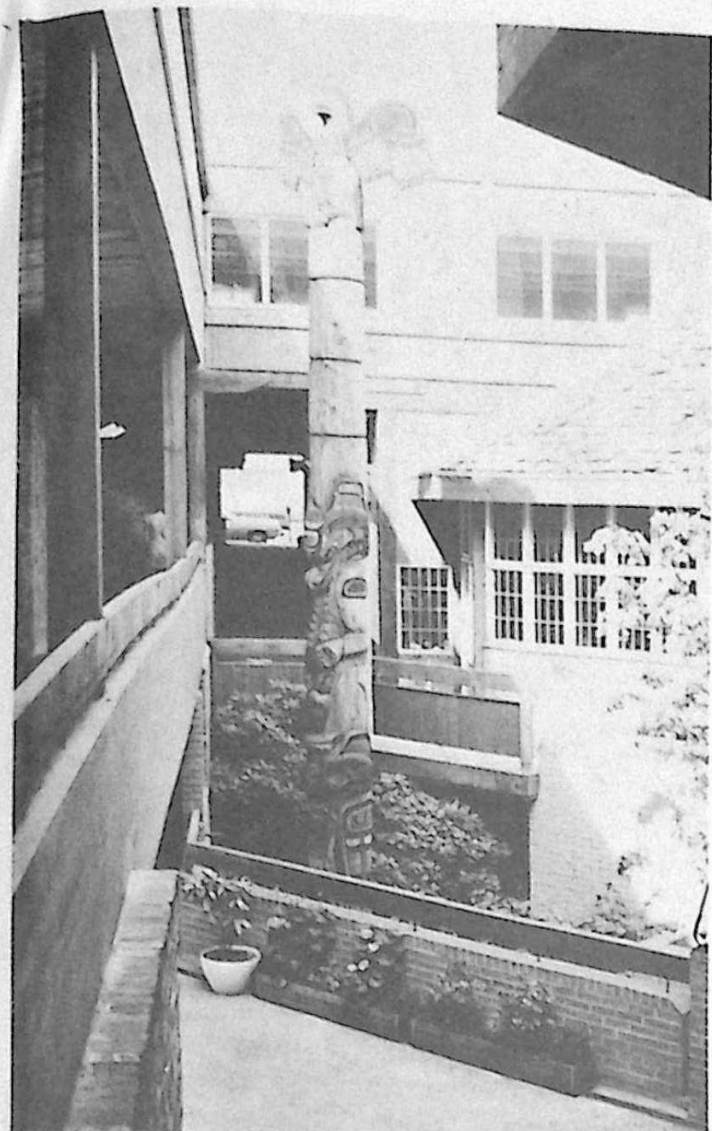
Here is your opportunity to collect the first series of commemorative Canadian Olympic coins ever minted. Through this valuable investment you will be joining others in support of the Olympic Movement. It would be a wise investment to subscribe to the entire program of 28 coins. Once a series is sold out, it will not be minted again. Complete sets tend to increase in value over the years. If you delay in acquiring the first series, you may never have the chance to complete your Olympic coin collection.

AVAILABLE NOW
AT YOUR
BASE EXCHANGE

Vu's from Victoria

Fotos by "Big Al" Ford.

AL FORD, LATE OF THE Totem Times (meaning that he is now in Ottawa), took some interesting pictures of Victoria, presented here for your vu-ing pleasure. Captions courtesy your witty (-less) Totem Times staff, with apologies to Al.



THE GIRL SUNBATHING ON the roof doesn't know it, but... Peek-a-boo!!



QUOTING AL: Estelle (Al's wife) think that THIS is the only size house ANY Pay Field "A" Med A can a-Ford.



EVEN THE TOYS are getting into the act nowadays.



"I'M SORRY, OL' chap, but this bus ONLY takes Pounds and Shillings!"



THE ALL-SEEING Eyes of the Totem Times... these Totems - "poles" the public.

Museum Explosion in Canada

There's an explosion going on in Canada - a museum explosion.

Once upon an embarrassingly short time ago, Canada was short of museums. In 1903 there were 37 of them, thinly stretched across the vast land. Fifty years later they'd inched up to a mere 185 in number. Now there are over 1,100. The growth began to be noticeable after the Second World War: it became an explosion in the period just before Canada's Centennial Year, 1967.

Museums can't be stopped now. Every organization worth its salt, every county with any pride in itself, is busily putting together an object here, an artifact there, with dreams of opening a museum.

Not all succeed. A genuine museum conforms to a definition not to be tampered with.

Museums are a whole lot of things, big as a National Historic Park, small as a roadside children's museum with barely enough room for insect displays.

Four walls don't make a museum. A ghost town, an Indian village, a military fortification, a botanical garden, a ship - all can be museums.

What's in a museum? Animals in the zoo, a collection of paintings, relics of the past, projections of the future.

The International Council of Museums settled on a definition back in 1947. "The word 'museum' shall include all collections, open to the public, of artistic, technical,

scientific, historical or archaeological material, including zoos, botanical gardens, but excluding libraries, except insofar as they maintain permanent exhibition rooms."

Basically, a museum is an institution which collects, authenticates, preserves and interprets objects of nature and artifacts of man, primarily in the public interest, not for profit.

Museums have a two-fold job; they must entertain visiting members of the general public in an educational way; they must also provide adequate resources for deeper research by scholars.

Or, as Archie F. Key, former director of the Canadian Museums Association says, the job is a matter of "education and Showbiz."

Museums have had a bad press. The common view of a museum is of a dank temple paying homage to a musty past. Exhibits never change; nor do the "do not touch" signs.

In recent years, museums have striven to change all that, to bring people inside, let them have fun, let them feel welcome.

They've been busily acquiring new display techniques to capture people's interest. Unfriendly "Do Not Touch" signs have largely been removed. In fact, many museums welcome touching, as part of the learning experience.

And, a museum can be a whole village; Canada has several.

At Hazelton, British

Columbia, 700 miles north of Vancouver, an authentic Indian Village has been created. Its name is 'Ksan, from the word Gitksan, meaning people of the Skeena.

The project is believed to be unique in North America. In the village are a treasure house, the replica of a native community house, feast house from potlatch days, totem poles, canoes, native symbols and implements - all making possible the recreation of rituals and symbolic festivals.

As well, 'Ksan serves as a training centre enabling young Indians to become artisans by learning the authentic way of performing the ancient arts of carving, beadwork, leatherwork, and painting.

The National Museums of Man and Natural Sciences, housed in the Victoria Memorial Museum Building, are due to re-open in late September following five years of repairs and modernization. This major complex promises to be an exciting place to visit. The National Museum of Man's eight new galleries (two of which will open in the early spring, 1975) will be "theme" pavilions telling the story of man's evolution, of Canada before Cartier, the Plains Indians, Inuit, Iroquois. There will be a Canadian history gallery and a folk culture section telling the multi-cultural aspect of Canada.

The other half of the building, The National Museum of Natural Sciences, will also have eight galleries, five of which will open in late September. Their themes are the earth; life through the

ages (dinosaurs, fossils, etc.); mammals in Canada; birds in Canada, and the temporary exhibit hall. In 1975, the animal life, behavior and plant life galleries will open.

Abbotsford Air Show

A piece of the moon, back-dropped by an extensive National Aeronautics and Space Administration exhibit, will be on display for the first time on the Canadian west coast at the 1974 Abbotsford International Airshow August 9 - 11.

Plans are also being made to have the lunar sample on display at the 1st Canadian World Conference on Aerospace and the Community of Man, to be held August 5 - 8 in the Hotel Vancouver, Vancouver, British Columbia.

The NASA exhibit will include displays of space suits, shuttle operations, foods, Skylab medical kits, models of manned launch vehicles, lunar geology and life support systems.

Also on display will be Wally Shirra's Apollo VII space suit and helmet, a lunar sample container used on the moon, and an Apollo lunar surface experimental package.

The moon rock was collected during the Apollo XVII mission of December, 1972, crewed by Gene Cernan, Harrison Schmidt and Ron Evans. It was the final lunar landing mission of the Apollo program.

Aviation Fair and Air Show

WINNIPEG. A week-long aviation trade fair and flying show will take place August 12-18 at Winnipeg, Manitoba.

The airshow will be one of the principal events of the city's year-long centennial celebrations.

The trade exhibition will be held at Winnipeg International Airport, while the flying displays will be staged at suburban St. Andrew's Airport.

Don't gamble with your life. Ignoring the risk factors of heart attack and stroke is dangerous. Write for free Risk Factor Information from the B.C. Heart Fund or your local Heart Unit.

Montreal: Home of '76 Olympics

For Montreal and Canada, May 12, 1970 was an historic date. It was on this day that the International Olympic Committee awarded the 1976 Summer Games to Quebec's metropolis. Since then, the tremendously complex problems of preparing for the Games have involved thousands of people throughout the country and abroad. In Montreal, tangible signs of the Olympics can already be seen.

Work on the main sports site, a few minutes by Metro from the heart of the city, is well underway. The first major step involved the excavation of two and a half million cubic yards to allow for the construction of the main stadium, the Velodrome.

Despite spiralling inflation, plans to make the Montreal Olympics a self-financing venture are still on schedule.

"It's difficult to predict the future," Olympic Commissioner General Roger Rousseau said recently, "but as of today we are still within our \$310 million guidelines. That's amazing when you consider inflation of 10 per cent last year against a prediction of seven per cent, when you consider construction costs have soared 30 per cent. We are probably the only venture anywhere that has stayed within its budget."

The most striking feature of the main sports site will be the stadium. Designed to seat 70,000 spectators for the

Games, it will be elliptical in shape, with a 550-foot mast containing 15 floors to be used for a variety of indoor sports. Outside elevators will take visitors to the top of the mast where there will be an observation tower and restaurant.

Most of the competitions will be held in Montreal or the immediate region. Of particular interest to the millions who fondly remember Expo '67, the rowing basin, now under construction at a cost of \$2.9 million, will be located on Ile-Notre-Dame in the St. Lawrence River which, with Ile Sainte-Helene, was the site of the great international exhibition.

The sailing competitions will take place in Kingston, Ontario, a distance of 185 miles from Montreal. Kingston's Portsmouth Harbour will be developed as the Olympic Regatta Headquarters. Accommodation for the expected 1,900 team members, officials and associates will be provided in part at Queen's University, close to the proposed marina site on Lake Ontario.

Construction is also underway in Montreal on the Olympic Village. Located directly across from the sports centre, it has been designed to house 8,500 athletes and officials.

The facilities will carry on after the Olympics. The stadium is designed so baseball and football can be played there, and the sight

lines will be among the best in North America. The Velodrome will have a number of tennis courts inside the track. The Olympic Village will be used for housing.

The city is served by 23 airlines, of which 20 are international, and there are 500 arrivals each day from all parts of the world. Within three years, the city will have a new airport capable of handling supersonic jetliners. Montreal will be three hours from Europe.

Two Canadian transcontinental railways also have headquarters in Montreal. Trains arrive daily in the heart of the city. A system of broad highways throughout Quebec makes the city easily accessible by car.

The city's Metro subway system is one of the finest in the world. There are three lines and 26 stations adorned with stained-glass, ceramic murals, tapestries and other works of art. The Metro is now undergoing major expansion with construction of 52 new stations progressing rapidly. The completed network will cover most of the city.

Montreal is also one of the world's ranking centres for television production, especially French language production, and an international broadcasting centre. It was the relay point through which television coverage of the Tokyo Olympic Games was carried to Europe.

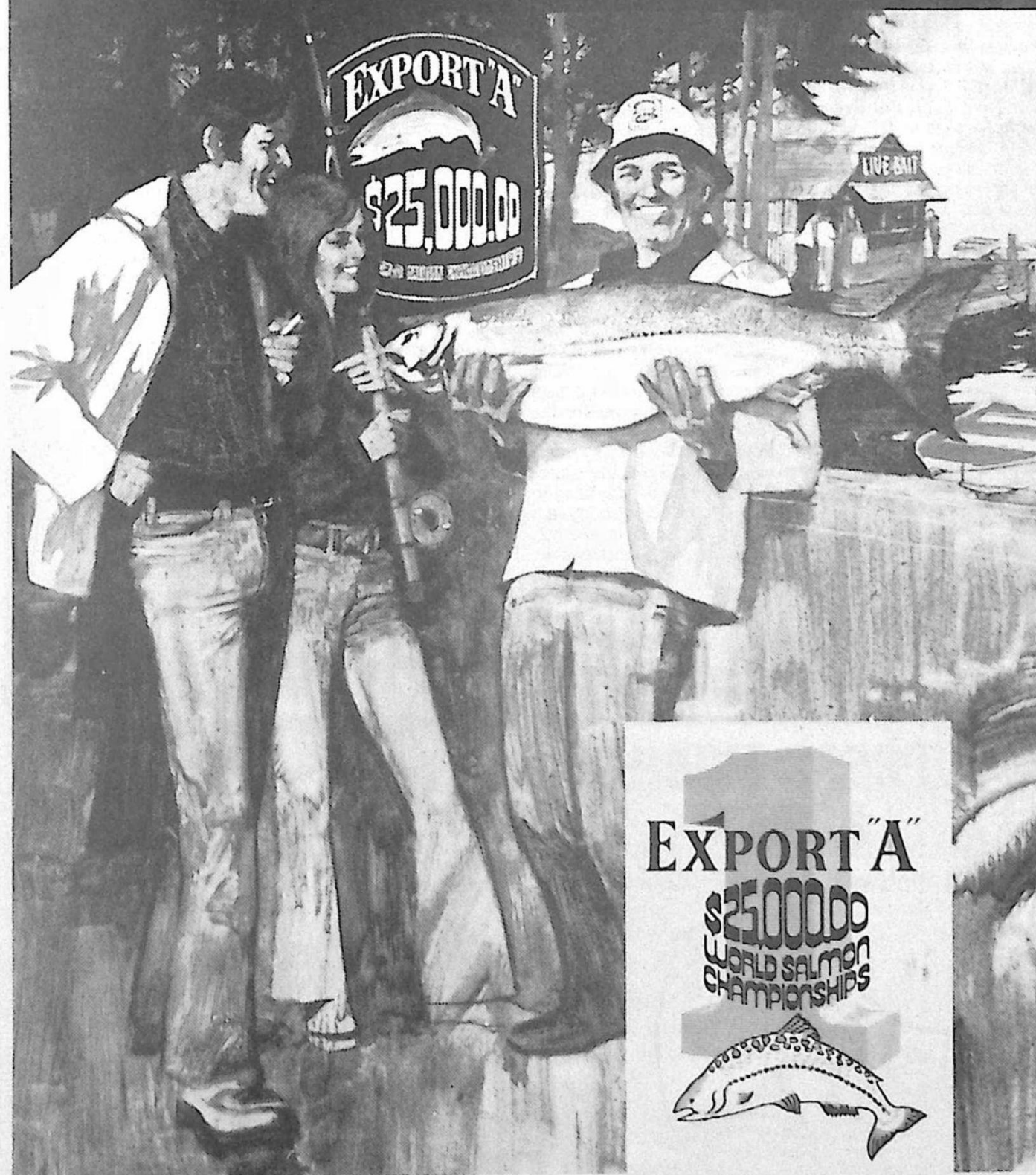
Montreal's technical excellence, however, has not detracted from its cultural life. The three-theatre complex of Place des Arts is the setting for the best the world has to offer in the way of entertainment. Four other theatres in the city have from 2,000 to 2,500 seats. A conservatory of music and of dramatic art, dancing schools, a planetarium, an aquarium, a botanical garden with fine educational facilities, and four universities (two English, two French) make Montreal a major centre of learning. The continuing exposition, Man and His World, still attracts large numbers of visitors.

Few cities have better facilities than Montreal for conventions and international meetings. Place Bonaventure has accommodation for 17,000 persons seated and can accommodate 8,000 at a banquet. Montreal has another dimension, the underground city. Many of the hotels, business and shopping centres are linked by a system of underground walkways and tunnels.

More information on the 1976 Olympic Games in Montreal may be obtained from The Organizing Committee of the 1976 Olympic Games, P.O. Box 1976, Montreal, Quebec, Canada.

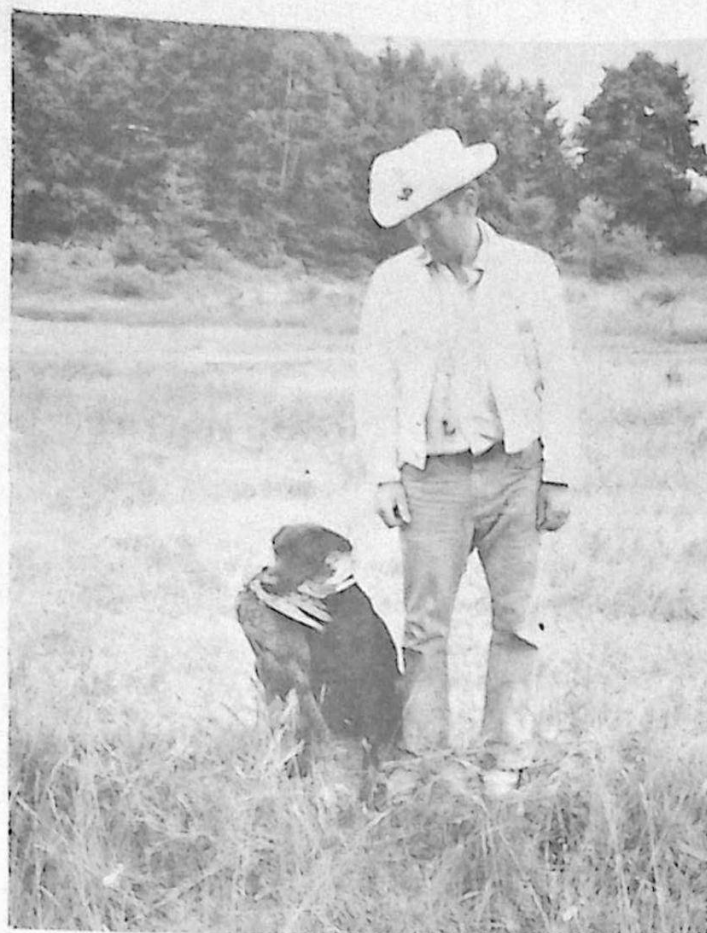
Information can also be obtained from the Canadian Government Office of Tourism, 150 Kent Street, Ottawa, Canada, K1A 0H6.

THE BIG ONE



EXPORT "A"
\$25,000.00
WORLD SALMON CHAMPIONSHIPS

August 10 and 11



BRIAN CORKE AND prizewinner "Kye hills, Prince of Labrador."

'74 - '75 Hunting Regulations

The 1974-75 Synopsis of the British Columbia Hunting Regulations are being printed and will be distributed throughout the province as quickly as possible.

Dr. J. Hatter, director, Fish and Wildlife Branch, said copies of the Synopsis, of which 310,000 are being printed, will be available from all Fish and Wildlife Branch offices, government agents, and public outlets during the next few days.

Some of the major changes in the hunting regulations this year include the following:

Region I - Vancouver Island, Management Area No. 1

Cougar - Partial closure this year with a total closure between the Big Qualicum and Nanaimo Rivers.

Grouse - Decreased daily bag limit from 20 to 6, aggregate

Region II - Lower Mainland, Management Areas 2 and 3

Grizzly Bear - Limited entry hunting in Management Area No. 3 (Bute and Toba Inlets) to control hunting pressure.

Canada Geese - Closed in Fraser Valley to assist in the

build up of local populations. Region III - Kamloops, Management Areas 12, 13, 14, 15

Moose (Bulls) - Management Areas 13, 14, 15, season shortened two weeks.

Moose (Cows) - Management Area 13, season length cut in half (10 days to five days)

Caribou (Cows) - Closed in Management Areas 12, 13, 14, 15

Mountain Goat - season shortened five weeks.

Region IV - Okanagan, Management Areas 5, 6, 7, 8

Mule Deer (Antlerless) - Management Area 5 - short open season

Caribou - Management Area 5 - No cow season.

Sheep - Ashnola Management Area 7, Limited Entry Hunting.

Region V - Kootenay - Management Areas 9, 10, 11

Sheep - Management Area No. 11 - season shortened one week.

Region VI - Williams Lake - Management Areas 16, 17, 18, 19

Local Dog Makes Good

Several Base personnel were actively involved in the Upper Island Retriever Club's fourth annual CKC licensed field trial held on the weekend of 20 - 21 July at the Salmon Point resort and the UBC experimental farm 15 miles north of Courtenay.

The club was created six years ago by a group of local and base people interested in hunting dogs, the first president was Chuck Cronmiller, ex-409 Son., now retired and very active in Minor Hockey in the local area. Chuck was one of the original members of the CFB Cold Lake Retriever Club now disbanded.

Present members from the Base are: Sgts. Brian Corke, Ratcon, Bill Barber, John Barkemeyer, and Cpl. Rusty McDonald of 409.

Sgt. Corke's 3 year old black Lab, "Kye hills, Prince of Labrador" was awarded his Field Trial championship for finishing second of 23 dogs

from all over B.C., Alberta, and Washington on Saturday. The three points awarded for this placing gave him 12½ Open All age points, 10 points are needed for the Championship, five of which must be for a first place. Prince finished first two weeks ago at a trial in Kamloops.

A Field Trial championship is a very coveted award these days of high competition with professionally trained Retrievers, some valued as high as \$25,000.

Rusty McDonald's "Greentimbers Hooker" competed in the Qualifying stakes on Saturday and Walter Brown, another ex-409 member ran two yellow Labs in the Puppy stakes on Sunday.

Field trials are becoming a very popular sport in North America. There are two clubs on Vancouver Island and 7 in the rest of B.C. Each club is put on two CKC licensed trials



RUSTY McDONALD with "Greentimbers Hooker."

Moose (Antlerless) - closed in Management Area 17.

Moose - Southern portion of Management 17 closed to all moose hunting.

Region VII - Prince George - Management Areas 20, 21, 22

Mountain Goat, Caribou, Elk, and Mountain Sheep - closed in a portion of Management Area No. 20

Mountain Goat, Mountain Sheep, and Caribou seasons shortened in Mount Robson Park.

Antlerless Deer and Antlerless Moose - there is no open season in some portions

of Management Areas 20 and 22.

Region VIII - Smithers, Management Areas 23, 24, 25, 26

Blacktail Deer (Bucks and Antlerless) Management Area 24, Queen Charlotte Islands - shorter season and bag limit reduced from no bag limit to 10 aggregate.

Mountain Goat - Limited Entry Hunting, Management Area 25, "Nass Mountain Area"

Region IX - Fort St. John, Management Area 27, and 28

Mule Deer (Antlerless) - No open season

Reserves Get Pay Hike

OTTAWA (CFP) - A cost of living adjustment in reserve rates of pay for class "A" and class "B" reserve service has been announced, retroactive to April 1, 1974. This matches the \$500 per annum cost of living increase in regular force pay, announced May 1.

This increase adds \$1.37 per day to the pay of reservists on class "B" service; full-time employment in a temporary position in training or administration, or temporary duty with the regular force.

For those on class "A" reserve service, the same amount is applied to their daily pay, with 68 cents per half-day or evening of training

is the ultimate in the Retriever world.

Anyone who has a Lab, Golden or Cheasapeake Bay Retriever lying around his house just eating up the groceries without doing much to earn his keep, contact one of the above members, who knows, you might have a future champion.



EX-RCAF CORPORAL, Walter Brown with two yellow Labrador puppies.



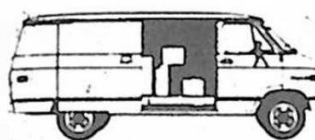
BRIAN CORKE AND PRINCE.



Tree Squirrel
Primarily a vegetarian, the tree squirrel does not hibernate, but stores food in shallow ground as well as old tree stumps. Should the squirrel forget where he buried his cache, the nuts and seeds will germinate on their own come spring, helping to reforest and replant the land.

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CFB COMOX, BOX 400, LAZO, B.C. V0R 2K0 (604) 339-2344

Recreation News

NEW FACES

The Physical Education and Recreation Dept. have undergone some major staff changes in recent weeks. Lt. John Power has moved into the BPERO position, taking over from Capt. Bill Keener, while, two new faces, Cpl. Ernie Stroel and Cpl. Bob Carter have replaced the recently posted Sgt. Tom Sloan and MCpl Dave Marshall. WO Harvey Gates and MCpl Chub Lenz round out the staff.

REVISED REC CENTRE HOURS

A qualified PERI will now be on duty during the following times enabling personnel to sign out equipment, make enquiries or come in and get fit under professional guidance. The gymnasium section will be closed weekends but can be made available to groups or clubs desiring use of the facility during these times. Monday thru Thursday - 0730-1530 Service Personnel 1530-2100 Servicemen and Dependents Friday 0730-1530 Service Personnel

Saturday 1400-1600 Open swimming only Sunday 1400-1600 Open swimming only 1830-2030 Family swim only

SOCCER

Six-a-side noon hour soccer is in full swing with teams representing the Firehall, BAMEO, 407 and 442 participating. Any interested personnel from any section of the base are encouraged to get out and join any of the teams; they can use your help.

SOFTBALL

The base team is just finishing a very successful season in the Upper Island Fastball League and are preparing themselves for the Pacific Region Zone Championships slated for 6-8 August here at the base diamonds. The Totems are scheduled to play at 1000 hours on the 6th and at 1900 hours on the 6th, 7th and 8th of August against HMC Ships, Esquimalt, Chilliwack and the Small Base Champion. A large turnout is urged to support our team.

The intersection league is heading towards playoff time

with USAF and 407 providing most of the power, and Firehall, 409 and MP fighting it out for the final two playoff berths. Games are every Monday and Wednesday at 1800, so get out and support your team by playing or cheering.

GOLF

The base golf championship is to be held at Glacier Greens Wednesday 31 July and Thursday 1 August with each competitor playing two rounds of golf. The eight low gross finishers will make up two teams representing the base in a Regional tournament to be held at Chilliwack in September.

MARATHON RUN

The Recreation Centre is looking for competitors to enter into the 26 and 13 mile marathons to be held at CFB St. Jean 18 Sept. We know that there are some strong long distance runners hiding in the woodwork, so come out, register your names and do some running in Montreal.

That's all the news for today, but remember if you're interested in starting up some form of recreation club, interested in volunteering your help, or just want some exercise, don't hesitate to drop in and say hello in fact come in any time day or night during the week and say hello.

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For the part that perhaps isn't, we'd just like to remind you HFC is somewhere right near base, so come in and see us. In the meantime, our warmest and best wishes for a very happy Holiday Household Finance.

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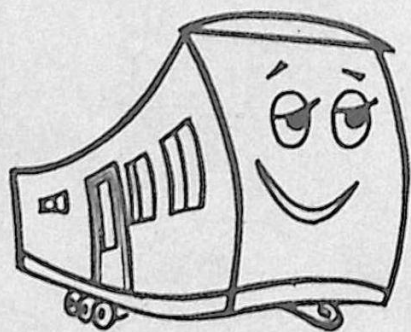
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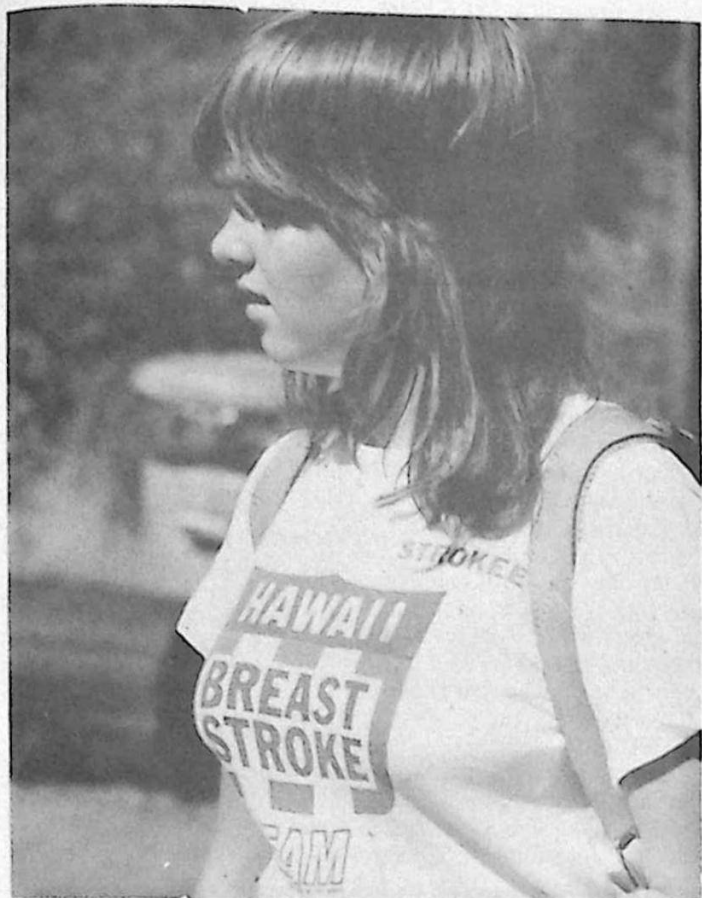
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Summer Scenes of Comox

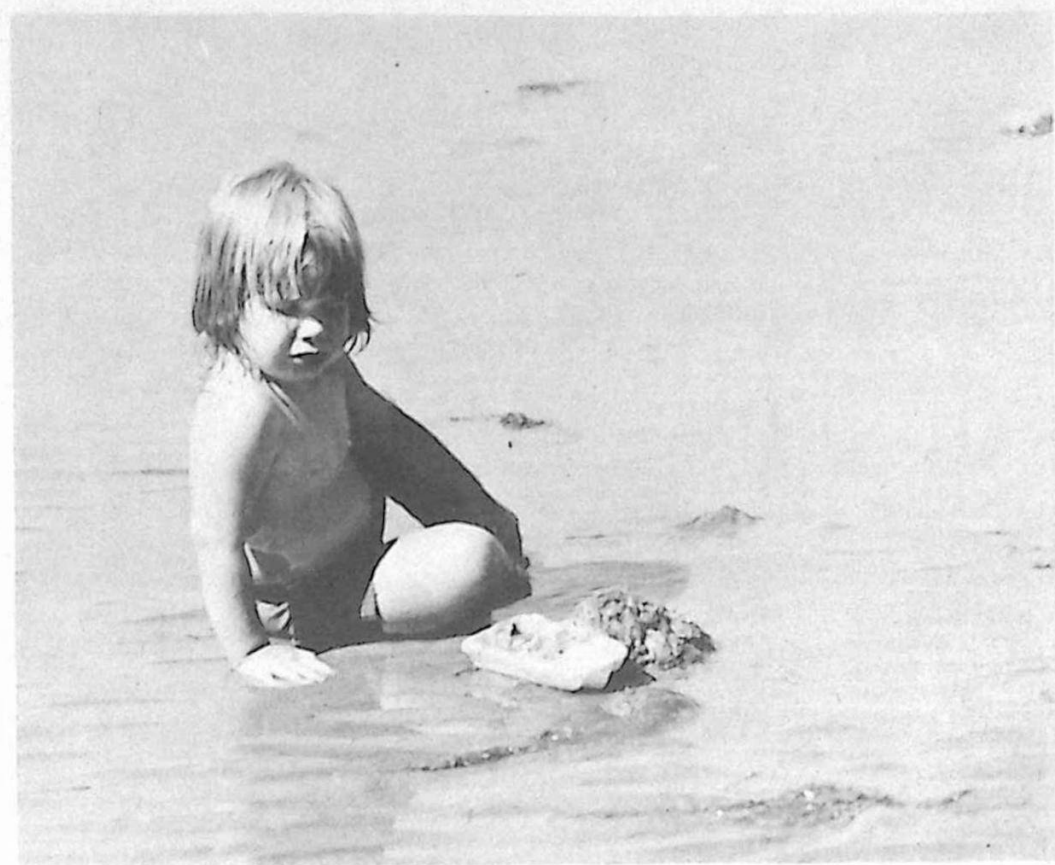


PRETTY HIKER PREPARES to join her team for the relay race from Point Holmes to Hawaii, with Totem Times male staffers in pursuit.



CONTRARY TO TOTEM TIMES policy, here uncensored, is a photo of a topless beauty.

Photos
by
Ed
Ellis



WHAT DO YOU THINK 442 T & R Sqn. would do in a case like this?



NO DISRESPECT MEANT.



AIRFORCE BEACH and boat launching ramp at CFB Comox.



COOL HORSEBACK riding at Airforce Beach.



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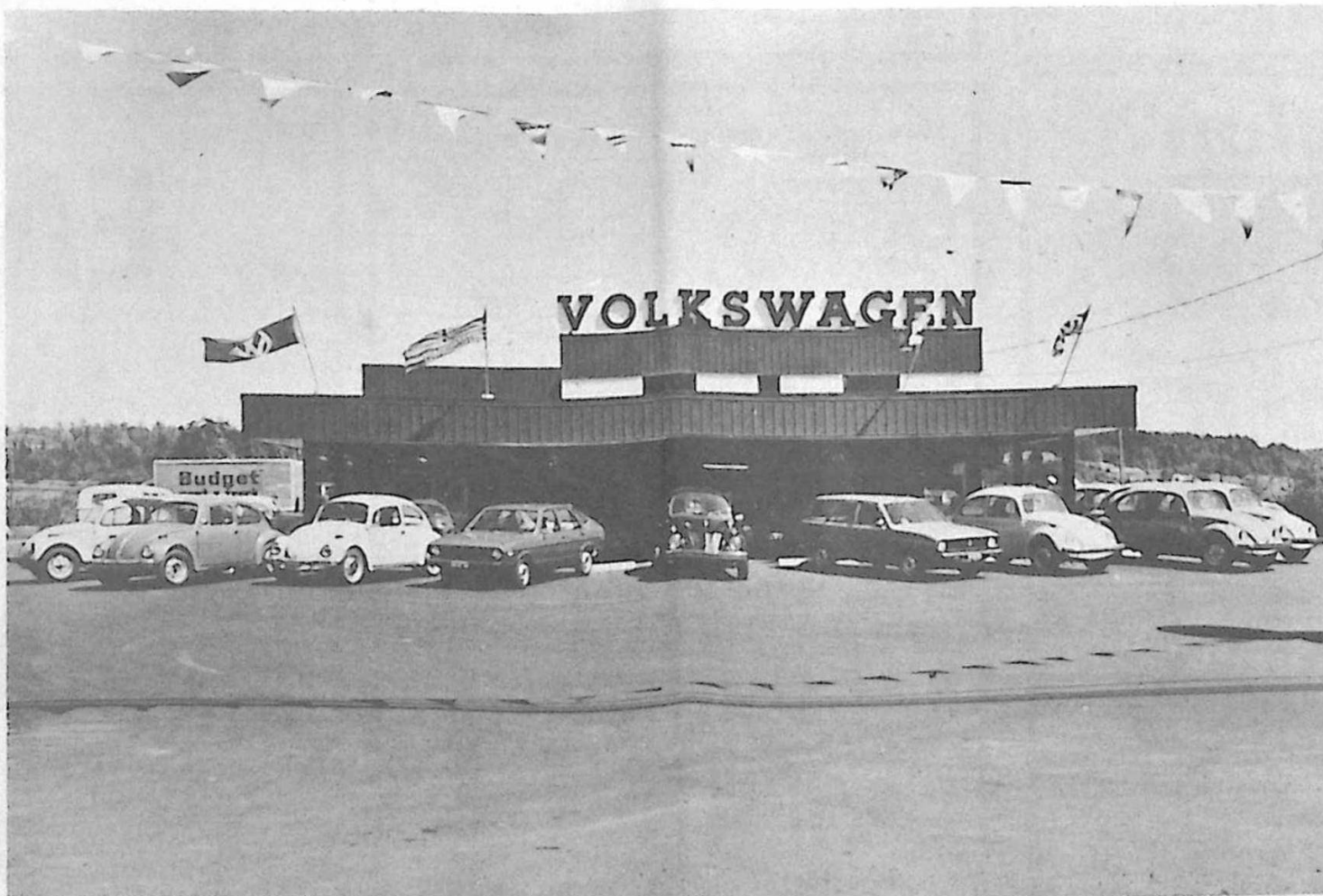
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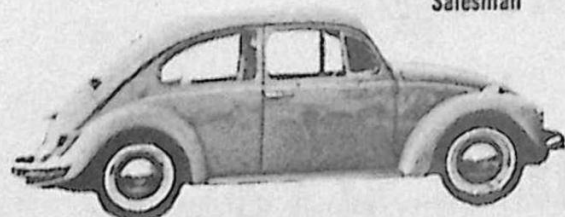
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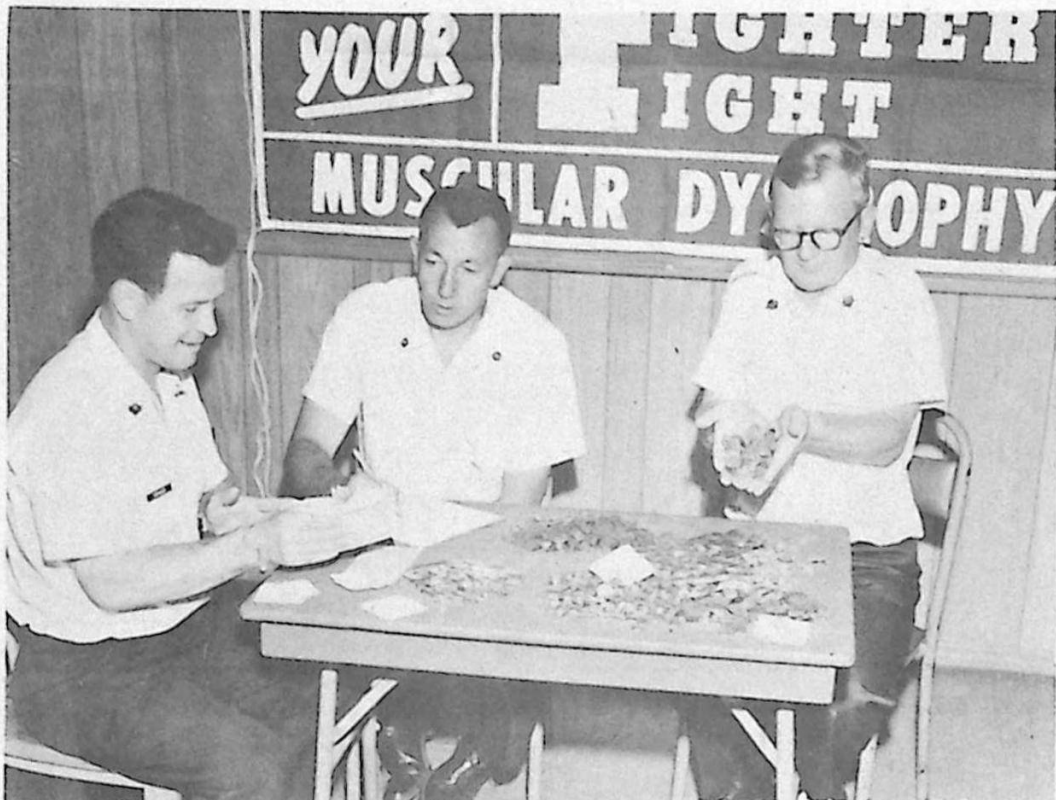
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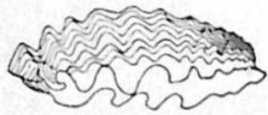
WORKSHOPS '74 - Members of Base Workshops recently ceased their bashing and grinding to pose for a picture with their two newest arrivals, Privates Nancy Chesnut and Brenda Solobay. Welcome, ladies.



COUNTING THE LOOT ARE members of the Base Fire Hall. A total of \$552.84 was collected and sent to the Muscular Dystrophy Campaign Headquarters. Cpl. Kirkham is shown collecting for Muscular Dystrophy.

Bar-b-que Precautions

Backyard cookouts invite hazards not usually found in the kitchen, warns Consumers' Association of Canada. A burn from touching a hot grill; an unexpected fire started by burning charcoal or from the use of flammable fire-starting liquid; or vapours from fire starters which may sometimes spark an explosion, can turn a picnic into disaster. Children and pets should always be kept at a distance from the charcoal grill and the chef should be outfitted with heavy glove type pot holders and a long-handled fork.



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Devil's Brigade

'Tis the season to be jolly, fa la la la la, la la la la! (It doesn't hurt to think ahead). As this is my second last article (barring suicide on my part cause Bev refuses to marry me) I've decided to attack the major issue facing us in supply today, APATHY. I wanna tell you ladies and gentlemen, I've seen apathy and I've seen apathy, but this is ridiculous! First of all, there was the combined Fishing Party and Beach Party two weekends ago. Here the fish must take some blame as they were very apathetic with only three biting the hook. Secondly, most of the blame has to fall on the human element, who, after all, make up the supply section. Recently (like today), I heard some criticism towards our entertainment committee, which consists of four volunteers, repeat, volunteers. If memory serves me right (and it normally doesn't) the same four people have been on the committee since I arrived here two years ago. Anyways it's been suggested to me, to suggest in this article that perhaps a change is about due, in the Old Entertainment committee. No offence, gentlemen, you've all done a fine job and your efforts are very much appreciated, but some new blood will bring fresh ideas and maybe, just maybe, some of this apathy will disappear.

Now, subject Number 2. This particular article is about to go belly up, due to the fact I'm posted. (Which shows the apathy on Ottawa's part for ignoring my plea of cancellation). So now a volunteer is required to take over this award winning piece of literature (watch it Mac!) and set forth upon the multitudes all the supply gossip and info you can dig up. There's no skill involved, (after all if I can do it anyone can), and it's a hell of a lot of fun, so lets see some non-apathy for once!

COMINGS AND GOINGS:

Three new people have joined us since I last sat down to create war. Our new warehousing Officer Capt. "Clutch" Buick (Sir!) has already put a strangle hold on his people. You'll love it here Al, especially when R and I shows stag films during those long Friday afternoons.

Cpl. Ken Chadderton has acquired a beach head in 2 supply group. Ken's here all the way from Holberg, and is quite happy about not leaving the best province in Canada. Ah! Another great pair of legs (etc., etc.) has joined us from CFSAL in Borden. Pte. Judy Brown (Just call me Brownie, everyone does) can be found toiling under the watchful eyes of Sgt. Ron Campbell, and if Brownie is smart she'll keep a watchful eye on Ron!

KEEP ON TRUCKING
DEPT.
Don Affleck (after a

rigorous amount of chiding) decided to show off what his \$200.00 had bought and proceeded to drive his truck up and down the banks at Air Force beach. Then Don decided to show everyone his skill with a five dollar rake, as he repaired the damage he'd done. Some fun, huh Don!

HEAT ATTACKS

ANONYMOUS:

Boy are you in trouble Maj. Ernie Poole. The janitor was not happy with the mess he found in stock control after you did your thing over 7 hangar on Monday. And here's a warning to the rest of you 409 pilots. Everyone has been armed with elastics and paper clips to shoot down the next offender that comes rocketing over the hangar roof.

WHAT GOES IN, MUST COME OUT DEPT:

Gord (Scoop) Palmer has decided that he's overworked (He's the only one that thinks so), and has gone for a rest in the hospital. Not content with our own facilities (then again who is) and hearing that the nurses in Naden were better looking than ours (no comment), he decided to venture down the coast to the Base Hospital at Esquimalt. Well Gord, I hear the navy treats you better (God, I hope so), but how will you sleep at night without the lively sounds of an Argus or Voo Doo to lull you to never, never land.

MISCELLANEOUS MEAN- DERINGS:
Moe (Walter the Frog)

Mobry, our local supply half breed (don't blame me, Keith Stagg told me to say that) has moved up to stocktaking from 3 Supply group. Moe is reportedly ecstatic...after almost two months Bob Boswell has finally found a home. Look at it this way, Bob, Tyee Park is better than nothing, or vice versa. I see all the girls in the section are wearing new blouses which come with these funny little ties affectionately known as 'G-Strings'. Wally Berger has informed me that there is a golf tournament planned for the thirtieth of August.

Anyone knowing the whereabouts of a good alarm clock is asked to contact Fast Eddie Vincent at Local 365. If anyone in Ottawa reads this, Cpl. G. McDonald wants a transfer to Winnipeg something fierce. Joann Rye will be moving down to R & I very shortly.

CLOTHING CAPERS:

Attention MWO Clark Graham: Everyone in clothing stores wants out after Moe completes his

stocktaking. M Slash Glenn Gillis will go anywhere even if its just going up on the roof to sort Air Mail and Adam Simpson will be happy to go back to P.O.L. Tim Murphy says he'd love to replace me in stock control (Gotcha!) and Gord Whaley doesn't say anything. He just sits in the corner and grunts which may be an indication he wants to go to an army unit!

R&I RAMBLINGS:

Many apologies to Jim (not Rick) Sulek who I mistakenly misnamed last issue. Jim says he's been called many things but never Rick.

Cy Walker decided to go to Victoria but didn't want to go alone. So over to 1 Sup. Group he went to grab Bob Nicol and off to VU33 for a two week vacation closing up the Navy Base.

Pete Morro is off to a Cub Jamboree for ten days. He'll probably come back with a thousand elephant jokes, or quite possibly some farmers daughter jokes, who knows.

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6.70-14	31.65	23.75	
6.70-14	32.40	24.30	
6.70-14	32.40	24.30	
6.70-15	32.40	24.30	
6.70-15	33.05	24.80	
6.70-15	38.45	28.85	



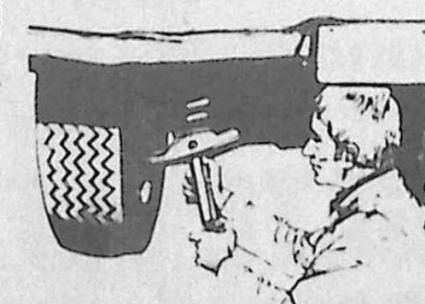
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For further information please contact your nearest office of the Department of Labour, Labour Standards Branch, or direct your enquiries to the Labour Standards Branch, Department of Labour, Parliament Buildings, Victoria, B.C. V8V 1X4.

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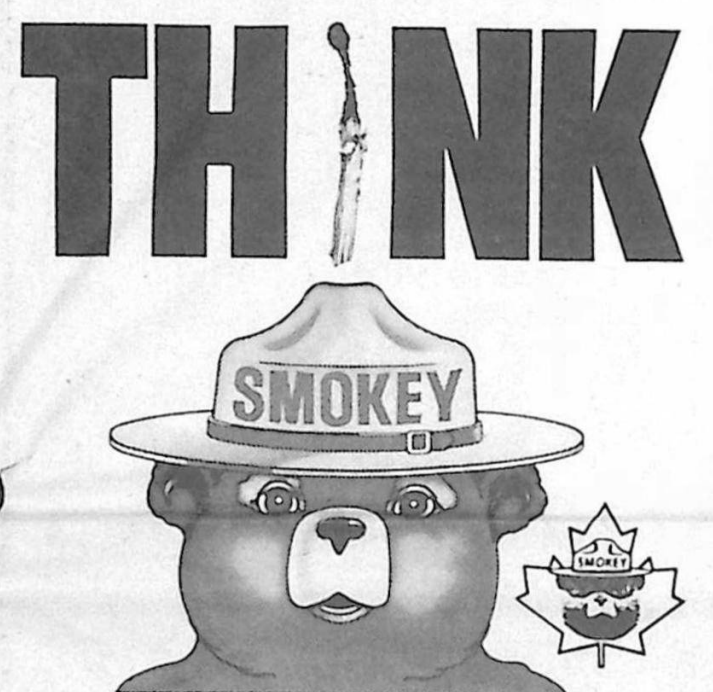
Air Defence Command Headquarters has recently announced the pre-requisites for the Formal French language course and the Advanced English language course, both given at ELFC St. Jean.

To be eligible for the Formal French language course, candidates must have a French language proficiency of two (2), or have been a previous Formal French language student.

Advanced English language course must have a minimum English language proficiency test result of three (3). (Scotty Duncan won't make it).

In addition, both courses require that personnel selected have adequate time remaining to compulsory release age (CRA) as per the following table:

Tested Level	Min. Time to CRA
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3	3
4	NA



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