

Good Work Margaret — We Now Have A 'Warm and Loving' Majority

VOL. 16 - NO. 13

CFB COMOX TOTEM TIMES THURSDAY, JULY 11, 1974



Base Mourns Loss of Fine Officer



BASE COMMANDER, Col. D. W. McNichol, was the surprised recipient of an award at the BTSO's parade held on 25 June, 74. CWO J. Brown presented the BComd with a model of the CF 105 Avro Arrow which will be displayed in the lobby of the Headquarters building.

Changing of the Guard

Hill's colorful Changing the Guard, portraying the traditional inspection, review replacement of old guards the new guards, will be ied out this year from June 23 until Labor Day.

The daily program, weather permitting, will begin at 10 commitments prompted the a.m. and run for 30 minutes regular force to pass the with 75 officers and men on parade. In addition, there will be sentries at Government House from 10 a.m. until 6 p.m. daily.

The guardsmen, the majority of whom are university students, are enrolled in the Governor General's Foot Guards of Ottawa and the Canadian Grenadier Guards, Montreal. Each unit provides 100 militiamen for the ceremony

OTTAWA -- Parliament beginning in May of each toria, B.C. who will finish the

The 1st battalion of the

Canadian Guards first performed in this capacity in 1959. In subsequent years alternate battalions of the Canadian Guards participated. In 1969, increasing ceremony on to the militia. The regular force, however, did retain training and administrative roles for the ceremony.

Three bands will support the ceremony this year. They are the Royal Canadian Artillery Band of Montreal. who will play from June 23 to July 10, the Central Band of the Canadian Forces of Ottawa, July 11 to August 10 and the Naden Band of Vic-

summer from August 11 until Labor Day.

The Guards called The Public Duties Detachment, is commanded by Major G.W. Meir of the Grenadier Guards. The second in command is Capt. R.J. Dick of the 3rd battalion. The Royal Canadian Regiment.

Former

Summersider Dies

It was learned that MWO M. P. "Mike" Susick (Ret.), a former Flight Engineer and perience on the Totem Times, noted marksman, died we invite him to contribute to peacefully at his home in MWO Susick had the distinction of representing Canada on the Bisley team ten times.

Dear Hugh

Totem Times would like to take this opportunity to congratulate Hugh Anderson. Ex-409 Squadron navigator, who on July 8th was elected to Parliament as the member for Comox-Alberni.

It was our pleasure to print "Hugh's Views" on the Liberal Defence Policy in our last issue. In his statement, he ventured that "the Liberal government's policy is to have a bilingual policy regarding the armed services with promotions based on ability. the serviceman's culture". He further stated that "As a former member of 409 myself. I will reiterate that it is not the policy of the Liberal government to discriminate against either English speaking or French speaking members of the Armed Services. It is, however, the policy of the Liberal government to provide the freedom of expression in either of the official languages and a man will not be discriminated against because of the language he speaks."

This is just one of several aspects of defence policy or at least the 'interpretation' of defence policy which Totem Times has seen fit to mention in previous issues. Mr. Anderson, as a former (vintage the 60's) writer for Totem Times, knows that this service paper is expressing viewpoint of most members of the Comox military on our editorial the allitted time," according pages. We know that he will be to advance notice from ATC our faithful servant in Ottawa as well as the faithful servant of his other constituents in Comox-Alberni.

Because Hugh Anderson is ex-military and because he has had some previous exthis paper. He can do this on a Coburg, Ontario on June 30. regular or irregular basis but we would appreciate a con-

tinuation of "Hugh's Views". Best wishes and good luck.



CAPT. BOB DENYER.

Commander ATC

Major-General K.E. Lewis. Commander of Air Transport Command (ATC), plans to visit the majority of ATC units

in July and August. This is to be his first official look at ATC activities across Canada since he accepted

command July 12 this year. The visit program "is planned with a view to exposter the Commander to as many ATC base-sqn.-unit activities and to meet as many personnel as possible in headquarters staff.

The ATC Commander intends tovisit Canadian Forces Base Tyronto Tuesday, July 23. The text day he plans to be at CFB Ottawa and on July 24 is scheduled to see 413 Squadron at CFB Sum-

merside PEI. On Monday, July 29, Major-General Lewis is expected to be at the air movements detachments at CFBs Winnipeg, Man., Vancouver and Comox, B.C., where he is also to visit 442 Squadron. Tuesday, July 30 is to be devoted to CFB Edmonton. Friday, July 26, it is forecast that he is to be at

CFB Kingston, Ont., to meet the ATC Band and to visit the Candian Forces hospital.

A week ago last Sunday Capt. Bob Denyer died in a gliding accident in Claresholm, Alberta. We would like to dedicate this issue of Totem Times to him, with the words coming from the

Gaptain Bob Denyer

For those who had the good fortune to know Bob personally, and there are so many, you suffer a personal loss because Bob was a good friend and companion, a man to be counted on and

The Totem Times has benefited immensely from Bob's efforts and labour over three years and therefore an entire community is indebted to him.

No doubt his first love was gliding and he was a founding member of the Gliding Club on this base, serving the club as instructor, handy man, and all around good guy when something needed doing and no one else could be found to do it.

The Gliding Club is deeply indebted to him. It is perhaps small comfort that he died doing what he liked doing best gliding. The following well known poem by John Gillespie Magee sums up what we want to say: HIGH FLIGHT

Oh, I have slipped the surly bonds of earth And danced the skies on laughter-silvered wings, Sunward I've climbed and joined the tumbling mirth

Of sun-split clouds - and done a hundred things You have not dreamed of - wheeled and soared and swung High in the sunlit silence. Hov'ring there

I've chased the shouting wind along and flung My eager craft through footless halls of air. Up, up the long, delirious, burning blue

I've topped the wind-swept heights with easy grace Where never lark, or even eagle flew And, while with silent, lifting mind I've trod The high, untrespassed sanctity of space,

Put out my hand, and touched the face of God.



IT'S A LONG TRAMP -- Thirty-six members of the 2nd Battalion, Princess Patricia's Canadian Light Infantry began their 500 mile march (via Fort Francis) to Lower Fort Garry, Saturday (June 22). The marchers are re-enacting Colonel Wolseley's famous march of 1870. Sgt. Bill Picken (36) of Windsor, Ont. and Victoria B.C. leads the company on their twenty-two day march as they depart Thunder Bay. It is one of the Winnipeg-based battalion's projects celebrating their 60th anniversary as well as Winnipeg's centennial year.



CAPT. K. WEAVER OF 407 Squadron attained 10,000 flying hours June 13, 1974. Seen celebrating with him are (I to r): Capt. J. Taylor, Capt. I.

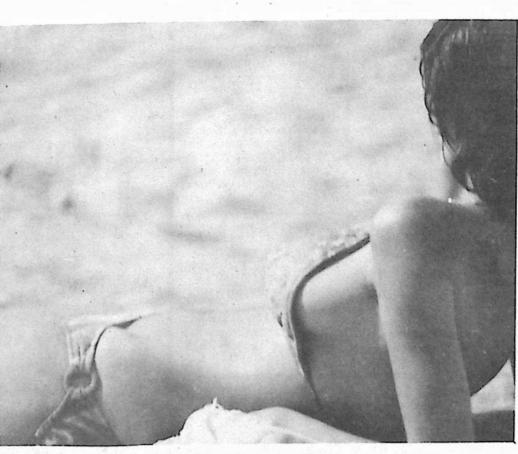
Hawley, Capt. B. Arbic, (Capt. K. Weaver), Maj. T. Dandeno and MWO A. MacDonald.

Extended

OTTAWA (CFP) -- All Second World War and Korean veterans who had valid qualification certificates on Oct. 31, 1968, now have until March 31, 1975, to make application for financial assistance under Veterans' Land Act.

Information about loan provisions, repayment plans, interest rates, etc. may be obtained from any VLA office; or from the Veterans Land Administration, pepartment of Veterans Affairs, Ottawa, Canada K1A

Applications for loans should be made through the Field Office of the Veterans Land Administration serving the area in which the veteran proposes to settle.



TOTEM TIMES ADVERTISING staff member relaxes while awaiting a volunteer to assist her in her interesting, challenging and rewarding work. - Ellis Photo

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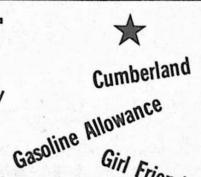
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Devil's Brigade

gone since I last sat down to write, and believe it or not, nothing has happened. Well maybe I shouldn't say nothing, but it has been rather quiet.

To start out with, I'd like to extend a couple of apologies. First of all I mistakenly called Jim Wilson the "Silver Fox". For this blunder I was chastised by Gord Hodkinson, who for years has been known by this title. To both of you an apology. Secondly, I failed to mention that another young lady had joined the coven in 5 Supply Group, so I hereby apologize to Pte. Francine Bernatchez.

Now that I've got that out of the way, on to bigger and better things (No Albert, not Raquel Welch).

SOMEONE LOVES ME IN OTTAWA DEPT: Transfers are thick and heavy with many a familair face going over the great divide. Ed Doucette is preparing to leave us for the lone prairie of Saskatchewan, or is it Alberta? Anyways CFS Alsask is getting the services of this man of many talents. A man who at the drop of a hat will complain about anything. An experienced bartender, Ed will mix you a Tequila Sunrise with the Tequila or a Daquirie without the rum. Yes Alsask, a man of many talents, and we couldn't think of a better place to send him. All kidding aside Ed, we're sorry to see you go. Capt. Jack Gibson is also preparing to leave us for that great funny farm on the Ottawa River. Jack will be missed, not only by The Devil's Brigade, but also by the base badminton team, and by the most important institution on the base, the Totem Times. Jack and his wife Rosemary have put in many a long hour on the triumphant Totem and their talents will be greatly missed. It looks like WO Neil Black has struck out again and has been rewarded by an all expense paid trip to Ottawa. (Gee Neil, maybe Shilo wouldn't have been so bad after all). Also leaving us will be MCpl Bob Nicoc and MCpl Gord Berg. NDHQ has seen fit to reward these fine NCO's with postings to London for Bob and Trenton for Gord. More on them later. Three Supply Group will seem a lot

your family from everyone here. Taking Jock's place will be Mr. Ken James who has come to us from Ramore. Also joining the coven is Cpl Rick Sulek from CFB Europe. Rick has established a beach head in R & I and if he's smart he'll stay there! A warm Devils Brigade welcome to you both. FISHY, FISHY IN THE

quieter now that Jock Reid

has left. No longer will the cry

of "up your kilt" be heard

over the phone or in person.

Jock's rare sense of humor

and his way with words will be

missed by anyone who knew

him. Good luck Jock to you

PACIFIC DEPT: Way back on June 20 our entertainment committee decided to do something with the spoils of war they have so determindly collected. It was decided a fishing tournament was in order. I guess thats why myself along with 20 other avid(?) fishermen were out in the Gulf of Georgia at five in the morning hunting for the elusive salmon. Unfortunately, only one salmon was caught, so I guess Don Afflect can be declared the winner. By the way, entertainment committee, Don wants to know where his prize

Three weeks have come and IT'S YOUR ROUND DEPT: After Oh, these many years our illustrious head devil Roy Jones, has been promoted to the rank of Major effective the beginning of September, A hearty congratulations from everyone, Roy! It's about

> WHATS YELLOW AND BLUE DEPT:

> It finally happened. The smell of Cy Walkers Havana special cigars combined with the language unique only to long-shore men and supply techs has changed the color of the building. Maybe if Rick Suleck tells you some stories about Europe the trim will turn white, or green (with envy)!

MISCELLANEOUS MEAN-

DERINGS: Bob Orr is batching it for the next couple of weeks, and is already trying to find victims for a poker game...It was just brought to my attention that their are a couple of ex-hairy asses in the section. Both Lyle (Little Hitler) Overall and Bob Boswell were in the navy at one time...Andre Duchesneau has announced he'd like to be traded from 407 to the Montreal Expos...The beach party has been moved to the 20th of July...Pte. George Hubley has been chosen (more like nailed) to go on the sea environmental course. Welcome to the club, George. One month on the Provider will do you wonders.

Mushroom Mutterings

Last Saturday night marked the annual Fungus Barbeque and Beach Party, and true to tradition, Mushroomers descended like lemmings to Air Force Beach to eat, drink and make merry. (Whoever she was). Along with large and delicious steaks (they had better have been), Bacchus and barleycorn flowed to the accompaniment of "sedate" music, which gave cause for Pete "Wolfman" Schmidt to once again croak those famous words: "Let's boogie!"

Many thanks go out to Cpl. Larry Bodell and his Committee for staging this annual event, which has come to be known as "Jackson's Disaster."

Now that the "Royal Loyal Mushroom (R.L.M.) Athletic Society and Running Shoe Repair Service" has terminated, with the Rescue -Ops team the victors, noonhour sports have taken on a new look. Table tennis, that ancient oriental pastime is now the dominant sporting event, and if the present ravages on manpower continue, there might just be enough people left in the hangar for a good set of doubles.

There's a rumour going 'round F-Troop lately about a rearrangement of duties for the AE and AF Techs. It has to do with the drive train on the Labrador and it goes like this: the fitters work on the transmission, and the riggers get

the shaft. Don't forget the Fungus Fishing Derby on Saturday the 13th of July. Entry fees are being taken at the canteen. The winner reportedly gets an all expense weekend on beautiful Tree Island, while the person turning in the smallest fish has to teach Doug Mann how to spell.

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The Gravel Pit

The Gravel Pit news is now under new writing or typing as it may be. Captain Dave Wilson has departed the fix and has left the job of writing the column to me. The column itself will never be signed because this is not the work of one individual but a whole

section. The Gravel Pit opened its second season on a rather cool Saturday June 1st, the activities have been hot and hopping ever since. On Friday June 7 the sun was hot and so were the controllers for the opening of the Gravel Pit sports league. Softball was the game and the controllers never looked back as they trounced the techs 12 - 11.

The game itself was not all that serious as Jacques Lemire and Joe Pacowski and many more proceeded to intimidate Lt. Radar O'Flanagan. The game did get a little out of hand when on hitting what looked like a sure home run, Radar was tackled and held in a headlock. The men responsible were immediately reprimanded with two minute penalties all except Jock who was given a ten penalty manhandling Radar.

The game was followed by a celebration at the gravel pit where Capt. Pete Morrow the new CC tower supplied the refreshments (keep up the good work Captain).

On Friday June 14 a great turnout was received for the volleyball game. Three teams competed with the techs scoring decisive victories over the tower and ratcon teams. The boys of the tower showed well while the ratcon team obviously lacked in strength and ability probably due to the adverse working conditions of the darkened

Several key personnel of the Ratcon team were absent and it was rumored that one received a book for Father's Day entitled "How to Build a House on \$5.00 a Day" With the Gravel Pit sports

league continuing every Friday, the next action was June 21 and again softball was the activity with the techs coming up on the short end of a 10 - 9 score.

The game started out very slowly with both teams able to field only four players but soon the stragglers showed up and both teams fielded a full

The game looked bad for the controllers as the techs jumped out to an early 3 to zip lead. Though shaken by the events the controllers were not to be denied as Slugger Godfrey drove in three runs with a four bagger to tie the score. The game became more difficult when Sgt. Pete Kyashko started to hurl for both teams. The game was filled with a lot of fun and laughs for everyone and the controllers held on for the win.

This week we must bid farewell to two of our technicians; Sgt. Don Uteck of the navaids section and Pte. John Boucher. Best wishes to

Well, that is about it from the gravel pit for now except to say that Radar Flannigan is pleased to announce that despite the rumors to the contrary Sesame Street will be on next season. So as the American Dental Association says: keep smiling, the sun is good for your teeth.

Just about forgot to congratulate Lt. Sandy Cummings for his part in the rescue of the boy from the chuck. I just wonder if that was the same day he was chasing seals in his motor



1,000 HOURS ON LABRADORS: Boeing Vertol Company recently presented pins to six 442 Squadron members for having obtained 1000 hours on the Labrador helicopter. Receiving pins were Maj. F. W. Carr-Hillon, Capt. N. B. Gesner, Capt. J. Randle, Capt. D. B. Wilkinson, Sgt. R. D. Boutilier and MCpl. C. M. Fraser.

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The Management

Rescue Bits

parent that people do the damndest things to get into trouble. Like the pilot who cannot recognize his point of intended landing, the illprepared hikers on the Shipwreck Trail, or the 16 year old drunk who dove off the B.C. ferry. Little things sure, and the majority are not self-induced, but multiply it by 50 or 100. The sad cases too, the unnecessary deaths, particularly the young ones. To top it all off, someone climbs on a soap box and expounds about Search and Rescue sponging on the marinas and sports boaters. Like most armchair generals, ratio of professionals (doc- and several fishermen spent tors, police etc) needed per many hours looking. By the capita in this country to time we had 17 hours search guarantee security, most time expended and the ground

onwards and we have passed hospitals with the doors along the trails in the rain thousand incidents, it barred, "Sponging" as a term becomes increasingly ap- leaves a very bad taste in the mouth. Definition of Concern: When the rate of attrition

passes the rate of inflation. Had a goodie the other week. A young lad took off from a fishing vessel in a small skiff. He beached said skiff on the west side of Vancouver Island near Cape Scott and then beetled off home across country to Port Hardy. This was unknown to us of course and we instituted a search. The helo. from Comox was tasked to airlift the ground search team from Holberg and the RCMP from Port Hardy to the scene. As well as the aforementioned, facts are not his strong suit. If the Coast Guard cutter Racer a person ever figured out the spent 11 hours coast searching

As the month of June rolls people would be living in search team RCMP deposited forest, the tad turned up home. The RCMP helo. reciprocated and transported the stranded SAR members back to home base the next

day. All in a day's work. Right now we are engaged in a search for a missing aircraft in the Chilliwack-Lillooet area. A 50 year old male went missing on his first navigation trip. Once again, many resources are being employed under the active control of the searchmaster at Chilliwack. The search has been fruitless to date, but nonetheless many hours have been spent scanning the many valleys and mountains of a very remote area. To date upwards of 380 hours have been expended.

The fair-weather nautical season is upon us and we expect to handle between 600 and 700 incidents in the next two months.

"The Way It Is" - July 12, 13 "Small Craft Warning" - July 19, 20 "Just What The Doctor Ordered" - July 26, 27



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new feed grains policy

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- a nation-wide information system through the Canadian Livestock Feed Board will keep everyone informed on selling prices across
- the Canadian Wheat Board will continue to be the sole buyer and seller of feed grain for export market;
- prairie producers have the choice of selling their grain to the CWB or to others on the domestic market;
- cash advance payments and initial payments, similar to those provided to Prairie grain producers for many years, will be extended to growers across the country to encourage feed grain production;
- a new storage program, costing the federal government \$40 million a year, will be instituted to provide for security of supplies for Canadian markets; it will also lead to additional grain storage on the West Coast, in inland terminals, on the Great Lakes and the St. Lawrence and in the Maritimes;
- steps will be taken to bring into balance freight rates between meat and grain; this will progress according to trends in grain and livestock prices, and the degree of regional self-sufficiency in grain production.

CANADA DEPARTMENT OF AGRICULTURE

HON. OTTO LANG, MINISTER RESPONSIBLE FOR CANADIAN WHEAT BOARD

Aching muscles, bruised knees and feelings of elation mark the participation by 407 Squadron members in the Pacific Command Regatta,

1974 version, at Esquimalt. Although printed results indicate a ninth place finish in the Grand Aggregate, unofficial word by certain high ranking brass during the presentation ceremonies on Friday, 21 Jun, signaled a sixth place tie for the Demon Crew. Schlitz beer "The Breakfast of Champions" representative states that the apparent discrepancy may be attributed to the antics of a trident weilding monster who was emitting words of transgression in the direction of the speaker's bridge located just north of the quarter deck on an ocean of grass.

Watson's Whalers, after many hours of preliminary warm-up, rowed their clinker built scow to an easy victory over the last eight entries) in the Officers' Whaler Pull. A noted critic on the scene stated that the large Demon banner may have slowed the experienced crew to a trolling pace. Able hands (blisters to prove it) Wilson, Goski, Bennett and Anderson were not available for comment.

"Fly Navy" Gibson's hardy group of seasoned sailors (ha ha) overcame many obstacles including the smoke from burning toast, enormous amounts of bilge water and the wake from the Wrenettes' speed boat to win in a squeak over the eighth place "dark blue jobs". As the double ender drifted slowly out of sight in the West, a mournful sob echoed across the placid waters: "It's my bar an' my boat!" (Bar Six, get lost!). Before a sea rescue team could be dispatched, the gristled crew members, Boucher, Gould, Lavigne, Dykman and Maher showed up with their coxswain in tow.

Even ol' CFB Comox had a part in the squadron's salt water activities - the base's sea fairing bathtub skippered by Cpl. Stewart romped to an easy victory over all of the other competitors.

It has been said that one of the main activities of the naval type program is to sabotage the other fellow's efforts. Except for the "Fly Navy" efforts of a certain MCpl, the squadron ranked

pemons pull well in seaborne low in this competition. On the figment of someone's other hand, some of the "Fish imagination, shouted the Heads" did a fine job of eliminating the dauntless demons from contention. For the pieces rained down. The example, "Fearless Fox" had to use all of his cunning to bell bottomed garb), Bennett improvise a sheet for his socalled 420 class racer supplied by the hosts. His partner, Sgt. Peacey, shared his moment of triumph when, rounding the stern of a destroyer, they were caught in the back wash from the other contestants who were already underway and quite a distance beyond the starting point. "Wait 'til year!" shouted "Fearless Fox" as his craft

brought up the rear in hot

Commands: "Charge-Ex", "Shot-Ex", " ... BANG! - and gunners three, Anderson (in (in his RCAF winter best) and Loosbrock (in USN battle dress) jumped to their tasks and carried them out with

gusto. The Squadron skipper and nine other burly members of the demon bunch survived the high pressure water streams and the knocks by the empty barrel to obtain a second place finish in the Beer Barrel Polo contest.

Ol' Whaler Number 16 again



THE VP 407 STechO CHAPTER of Alcoholics Unanimous assembles for the purpose of holding their 1974 Annual meeting. Soon to be missing from the group are Maj. C. L. Smith, Capt. R. K. Fisher and Cpl. N. D. Normandin whose travelling times on posting vary from 5 minutes to 9 days.

Then there is the tale about a senior airborne navigator who lost his boat and nowhere could he find it. "Leave it alone," the navy said, "and it'll come home waggin' its prop behind it". Lo and behold it did come home (minus an engine and shaped like a barge). The CO was glad to have it back and promptly putty-putted out to greet his opponents. They showed their disdain by promptly lapping his feeble craft. It was probably all the

pomp and pageantry that won our valiant crew a third place standing in the grapefruit shoot. Their precision was fine but their shot was poor it dribbled out the cannon's muzzle (poor refrigeration, no doubt). The gun crew captain, Maj. Little, dressed in his instant dictator kit topped with a floppy oversized

finish under Watson's whip lash, in the mixed, Officers and Men, whaler pull. Given a little practice earlier in the day, oarsmen, Wilson, Goski, Lavigne, Dykman and Maher were now considered skilled in the application of this type of motive power.

A recouperation period was spent by the weary group on board a number of fighting ships including Terra Nova, Kootenay, Thunder, Fundy and Chaleur. "Wild Wiener" Lavigne managed to persuade the Rainbow crew that he wanted a personal tour of that soon to be retired boat. SERVICING SNICKERS

Capt. Ron Irving is "back" with us once again after a not too successful junket to La Belle Province. Also returned to the fold is WO Bernie Boutaught who partook of the "senior grunt course" at the

Esquimalt Charm School and did so well that he was promptly rewarded with a trip to Hawaii. Bob Sleigh, Teo Dennis and Co. have also been among the missing thanks to a week or so of deployment down south. Ernie Harvey has reported to the number one crew from maintenance for the purpose of sampling the

gastronomical delights prepared on the premises. We would like to take this opportunity to extend our thanks to the gun plumbers. torp shop, photo section and safety systems section, particularly Sgt. Al Pollon, for their fine display on Wives

Also, while on the subject of passing out bouquets, our sincere gratitude to CFB Esquimalt and the dark blue for their hospitality and sportsmanship during the recent regatta. The competition was excellent, the cameraderie first rate and we'll be back next year to improve our standings with more participants. AVIONICS

The Avionics Section is beginning to feel like the proverbial swinging doors on the Saturday nite pub: people are passing in and passing out at a great rate.

Since last writing, the following personnel have departed our midst for greener pastures: Sgt. Gord Whelan to 450 Sqn., Ottawa; Sgt. Dusty Miller to 707 Com Sqn North Bay; Cpl Joe Hollman to Baden; Cpl Pete McBride to Edmonton; Cpl Ken Eddy to Cold Lake; Cpl Joe Moller to Chatham and Cpl Paddy McLaughlin to Baden. To all, we wish a Bon Voyage and trust that they will enjoy their new pastures.

We would also like to welcome our new arrivals to 407 and hope that they and their families enjoy the beautiful Comox Valley: MCpl Don Dallaire from Val d'Or, MCpl Jim Stanzell from Baden; Cpl John Gailey from 434 Sqn Cold Lake; Cpl Bill Hand from Shearwater, MCpl Pete Cox from Edmonton and Cpl Jim Freeman from Trenton.

Inter Section transfers moved Sgt. Gale Dyer from Repair to No. 3 Servicing and Cpl Jack Stewart from IE-IS Lab to No. 1 Servicing. Both were disasppointed they didn't get a posting so we

(Continued on page 5)

Cairo

Rotation fever is in its final stages now as the last of the original cast of 116 ATU has headed home. At a gala Ma Salaam party the departing members of the unit were wined and dined until the early hours of the morning after. Al George perched himself on a chair and gave (by order of Jim Stewart) five free minutes to the assembled multitude to mean mouth him. He escaped virtually unscathed from it all. Among those on the happy road home were Joe Thibodeau the aircrew leader and drill instructor, and the unit Warrant Officer Jim Bench, who always wanted to see his name in print! Sam Farn-Sworth and Wally Muir are the last of the ground crew originals leaving. On the 26th of June, with their departure, comes to an end the original cast of 116 ATU.

We have recently seen the departure of Dave Lane and with his repatriation hopefully the end of the MAMS Glee Club, singing C-A-N-A-D-A at 3 (or was it 4) in the morning to each tent.

To all those people in the original group who worked so hard to leave behind a more liveable camp, we would like to express our appreciation.

It has been rumoured we are moving to Ismailia on the 10th of August, but judging from the amount of construction work going on, starting with LCol Tupper's remodified tent, to all the

PETE KURY LOOKING FOR something that was there on last inspection. other mods being in- son both celebrated birthdays over here in the grand style. corporated, we are staying Mo has discovered a shirt is required at the mess for The unit has finally become Tri-Service with the addition breakfast even on your birthday. Herb Tiessen has of two Anchor Clankers, Wally received news of becoming a Burgess and Ron Wyman both

Thursday, July 11, 1974

from Edmonton. Recently Grandfather. It has been made official: they have been looking over the local "ship of the desert" All new arrivals after May 27 are hereby known as trying to figure out which is "Pinkies". Looking at some of the Pointee end and which the the new fellows, surely we were not that white when first Mo Sirois and Jim Robertarrived. Some of the new

Capers

CFB Comox Totem Times 3

members have tried to replace the white look with the brown look and have succeeded beyond their wildest expectations - they are now very "pretty" shades of "Pink"

Tuesday morning LCol Tupper decreed it Parade Day. All personnel except those who were lame, lazy, or too weak, assembled in little bunches at the airport. Everyone was armed to the teeth including full water (?)

Our third "Buff" is on the way from Trenton and with it more "Pinkies".

It will be pressed into service as soon as it arrives. After a long period of flying to large civilian airfields the unit has commenced trips to the buffer zones. A new corridor has opened between Ismailia, on the Suez Canal, and points east. We carried the initial UN troops to the Golan via Damascus and Tel

Aviv. The biggest problem we have results from working out of two distant locations: living in Cairo and flying out of Ismailia. This entails quite a bit of road travelling on the hot dusty desert. The operations staff of Al Michaud and Keith Mirau, the radio operators Ed Avery and John Webber and the MAMS team of John McFarlane, Ray

Lamontagne and Marc Noel make the three hour round trip every day.



Most deals are good deals but too often unsuspecting consumers have been taken for a ride by unscrupulous businesses. What seemed like a fair deal turned out to be a raw deal and to make matters worse it was legal. Now all that's changed because of the Trade Practices Act - the first of its kind in Canada, It's designed to stop 'sharp' practices and in doing this it also helps honest businesses who've had to put up with unfair competitors for too long.

permanently.

Blunt end of the Camel.

Now the law can help you stand up

for your rights. The Trade Practices Act is now law in British Columbia and will be administered by the Department of Consumer Services.

Its aims are quite simple: to stop misleading and deceptive practices quickly and to help consumers recover losses if someone has taken advantage of them.

By familiarizing yourself with the Act you'll become an informed consumer making it far more difficult for you to be the victim of an illegal practice. And if you should become the victim, the Act will help open the doors to the court so you can stand up for your rights.

Consumer transactions defined.

Doing business in the marketplace of the 70's is often more than just the straight sale of merchandise. So the Trade Practices Act also defines the leasing of goods, the supplying of services and the granting of credit. as consumer transactions. This definition applies where you've entered the deal after July 5, 1974. Only dealings governed by real estate, insurance and securities

Types of illegal business practices.

Two basic types of practices are prohibited by the

Act: deceptive and unconscionable. Deceptive practices include everything from a dishonest sales pitch to misleading advertising and phone solicitations or exaggerated repair estimates. In other words if it's misleading, or has the tendency to mislead -

Let's say you were told your new car will get "30 miles to the gallon" when in fact you'll probably have difficulty in getting 20 miles to the gallon

that's deceptive. Another example is T.V. repairs. You're told you need a new 575 picture tube when all your set needs is some minor adjustments.

If the court agrees that you've been misled, then you have a right to recover any loss or damages suffered and the deceptive practice will also be stopped — for good,
An unconscionable practice is one that involves

high pressure tactics and slippery, tricky deals. You've been conned, the business in question knows it and the court won't enforce the "bargain". Or to put it more politely, if the agreement is so highly unreasonable as to be unfair, or the circumstances surrounding the transaction are overly harsh, the court may declare the entire transaction to be unconscionable. If so, the supplier cannot enforce the contract but you may sue him if you have

An example might be an elderly consumer who has literally been badgered into a long-term contract. Another possible situation may be, where you are led to believe you are renting a colour T.V., but in fact you are committed to buy the set from the start.

These are only a few examples of the type of selling tactics and other misleading practices that are the target of the Trade Practices Act. To help you the Act lists examples covering a broad range of deceptive acts

Who's in charge?

A Director of Trade Practices will be appointed to handle consumer complaints and investigate possible wrong-doings by suppliers.

The director will have a number of options

available in order to settle a dispute.

First of all, an attempt will be made to discuss the matter with both sides and amicably resolve the matter. We're confident the great majority of cases can be handled

If it appears the law has been broken, the director can ask the supplier to sign an agreement promising toabide by the Act and, for example, give the consumer back any money lost in the transaction.

If the supplier refuses, the director can ask the courts to settle the matter quickly and fairly.

Putting an end to caveat emptor.

"Let the buyer beware" is a saying that's thousands of years old and the Department of Consumer Services will do everything possible to help you become aware of deceptive and unconscionable practices so that you will know when someone is trying to take advantage of you.

Service Centres will be opened at several locations in the province to receive and act on complaints. The centres will be staffed by counsellors, researchers, investigators, specialists when necessary and volunteers all ready to help you. They'll be located in areas where you shop, close to public transportation and equipped with

Get in on the act.

One of the most important aspects of the Act is that it makes it easy to help yourself.

The Act catalogues traps for the unwary, loopholes and common abuses to watch for and what you can do about them . . . and there is a lot you can do. You can pursue a complaint on your own, and if necessary, go to court on it. You can ask the judge to stop the illegal practice and to help other consumers in addition to yourself who may have lost money due to the same sharp practice.

So learn all you can about the Act and don't forget to use the valuable services of organizations like the Consumers' Association of Canada, Better Business Bureaus, the newspaper help columns as well as the Department of Consumer Services.

Now responsible consumers and honest businesses can stand up for their rights. With the help of the Trade Practices Act you've got what it takes to get yourself

If you're interested in learning more about the Act just write to the Department of Consumer Services in Victoria, B.C. Be sure to specify whether you're a consumer or business so you'll get the pamphlet that concerns you most.

> British Columbia Department of CONSUMER SERVICES The Honourable Phyllis Young, Minister



576 England Ave., Courtenay, B.C.

208 Port Augusta, Comox, B.C. — and — (Comox Shopping Centre) 339-2228



LOOKING FOR A 2 BEDROOM IMMACULATE HOME?

All landscaped and only 5 minutes from Courtenay. Try this one for size. One of the better buys on the market today. This home has L.R., D.R., cab. kit. utility room and large carport. Phone or drop in for further

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GOLDEN OLDIE - ON DOUBLE LOTS

3 or 4 brs., part basement, family sized kitchen. Spacious L.R. One of the better buys in Cumberland.

> CHUCK PERRY RES. 339-3680 CHUCK CRONMILLER RES. 339-2153

oreday, Julie

A Good Friend Gone

Having been on the staff of the Times for some time now, I was saddened to learn of the untimely death of Capt. Bob Denyer. Bob had been a staff member for several years, and his knowledge of the business end of things, plus his friendly, helpful manner lent a continuity to the Totem Times during periods of personnel changes.

Having come into contact with Capt. Denver in the line of duty, I can also attest to his qualities as a Technical Officer, and his passing is a loss to the UNISKINS by mac

LAST MONTH, GREAT WHITE FATHERS
WHO LIVE ON THE BANKS OF THE
OTTAWA HOLD POW WOW ON STATUS

OF WOMEN. THEM SAY WOMEN

SHOULD HAVE SAME TREATMENT AND JOBS AS MEN BRAVES.

THIS WOULD MAKE US THE FIRST UNIFIED, INTEGRATED, BILINGUAL AND LIBERATED TRIBE IN HISTORY.

WOMEN AT SEA.

MARRIED WOMEN AS BRAVES.

On behalf of the staff of the Totem Times, I offer sincere condolences to the parents of Capt. Denyer.

Soldier, Sailor Or Airman?

Editor's note: This article, written by an American correspondent, has been deftly clipped from the CFB Toronto Dispatch, who in turn had deftly clipped it from the Ottawa Citizen. Not only does all this clipping help spread news and views, it helps fill up space. Anyhow, here's yet another view of our "dynamic fighting force"

Canadians by now are quite used to the unification of the armed forces undertaken years ago but it still arouses the interest of foreign observers. This story by a U.S. reporter describes the feelings of some of our armed forces, whom he interviewed.

By Charles Hillinger

Times-Post News Service ESQUIMALT, B.C. - The army has taken over the navy in Canada. At least it seems like it.

Generals and colonels are in com mand of ships.

No longer do seamen and petty of ficers sail the seven seas. Privates man the brooms and swab the decks, corporals and sergeants are radarmen, quartermasters and gunners mates.

TRADITION GOES No more bearded sailors or daily tot (half pint) of rum ration at sea - both time-honored traditions dating back to Lord Nelson's day.

In fact the Royal Canadian Navy no longer exists.

Neither does the RCAF - the Royal Canadian Air Force.

Canada has been integrating into a single service - the Canadian Forces. One set of officer ranks and one set of enlisted rates.

A common green uniform for all. When you become a military man in Canada there's no telling where you're apt to find yourself on a ship, in an airplane, in the infantry.

And your assignment is subject to sudden change (as often happens in any military outfit) - only you may go from land to sea to air.

An executive officer on a ship fied up here spent the previous eight years as a tank commander with the Canadian army in Europe.

A veteran "navy" officer whose last sea duty was skipper of a destroyer was recently named commanding officer of one of Canada's largest "army" posts.

"For 20 years I was a pongo," confided Major Don Breer, 39, "I was always under the impression once a pongo (soldier) always a pongo.

"Yet, today, I'm a fishhead (sailor)." Major Breer is stationed here at Esquimalt, the huge Canadian armed forces base on the outskirts of Victoria,

British Columbia's capital. But the 5,000 men and women stationed at this "navy" base and aboard ships tied up here are all

generals, colonels, majors, captains, lieutenants, sergeants, corporals and privates. Major Breer laughed and declared:

"This is the best thing that ever happened to "fishheads". Pongos like myself are lending considerable military stature to Esquimalt." "Call me admiral . not general,"

insists Major General Reginald J. Pick

ford, 50, veteran Royal Canadian Navy

Pickford maintains as long as he remains in service he will always be an admiral - "never a general."

But Adm. Pickford is carried on all official military records as General

Pickford. SOME UNHAPPY

Many navy diehards are sore about recent developments. So are long time army men and RCAF veterans.

"It's tough for old-line navy officers and men to go along with their new army-type designations," concedes Major Vic Keating, director of information services for Esquimalt.

Keating, 45, was based at "air force" installations until two years ago. He was a "pigeon" (airman). Now he's a "fishhead."

"The navy guys screamed their heads off about changing their ranks and rates to army designations," said

"They insisted they would be laughed at by other navy men during visits to foreign ports.

"Concessions have been made, at least for the time being, to let them call themselves by their traditional ranks and rates while visiting foreign ports or

The End

Of The Rainbow

"It's not what I expected."

"I want to return to school and

finish my education." "I can

use my trade on civvy street

and make lots more money.'

Sound familiar? It does to

section heads. These excuses

are used over and over again

on release requests. Why?

Why does a young man leave

the service after only one or

Poor

(about

called

years?

management? Possibly in a

small minority of cases but

there are just too many

leaving to blame it all on the

bosses. Poor environment?

Definitely not. The service

offers better working con-

ditions and better facilities

blame must be placed

somewhere. The buck must be

passed. Where should the ave

It falls on society. Because

Canadian society is ceasing to

produce men. The age bet-

ween puberty (about thirteen)

adolescence. It is a period of

adjustment. A time when the

child gradually becomes the

adult, the boy becomes the

man. At least that's the way it

Ten years ago an eighteen

year old joining the armed

forces could be counted on to

do a man's job. He recognized

and accepted responsibility.

He knew that to survive one

must eat and to eat one must

work. His average education

was about grade ten. He could

read, write and count, and

above all, he could think.

Nobody coddled him through

high school. His parents had

not supplied him with a fat

allowance weekly. He earned

his way with summer jobs. In

short, when he joined the

service, he was prepared to

work. He committed himself

by contract to perform for a

certain period of time and he

honored that contract. Society

had produced a disciplined

In the last ten years parents

and schools have failed

miserably in producing a

responsible, disciplined

citizen. The sixties began a

wave of permissiveness that

fanatic

reached

individual.

is

adulthood

eighteen)

used to be.

"But that gets pretty confusing too. Many of the sailors aboard ship - both officers and enlisted men - are exsoldiers and RCAF personnel."

Canada's navy boasts 20 destroyers, 22 destroyer escorts, 3 submarines, 3 large support ships, a dozen minesweepers and an assortment of smaller vessels.

Canada's total military strength is 82,124, including 1,500 women. But that,

too, is to be changed. 'The plan is to have 8,000 women in service within two years," reports

Major Keating. 'Thousands of women have been clamoring to join the CAF. The ranks are being opened to them, because of the

new status of women in Canada. "I guess you can thank the women libbers for that."

Canadian soldiers-sailors-airmen than any civilian firm. But the get a good deal of overseas duty. At present 5,092 Canadians are serving in Germany with the NATO command.

Canadians have served UN peacekeeping missions since World War II throughout the world, including Cyprus, Israel-Egypt, Vietnam, Pakistan, Yemen and the Congo.

At home, mebers of the Canadian armed forces are often called upon to assist in many non-military activities. They fight forest fires, battle floods, take part in search and rescue

operations. All are trained in riot control and respond on call to quell penitentiary disturbances, campus disorders and even such things as hippie love ins that

get out of hand. But Canadian civilians these days never know whether the military man they encounter is a sailor, soldier or

Neither do the pongos, fishheads or

All This And Elections Too?

airman.

Having recently suffered slightly from "rigeurs de combat", which conveniently kept me from such tasks as mowing the lawn and writing my name, I found myself in the unenviable position of exploring for any redeeming form of entertainment the ol' tube might have to

Discarding the soap operas, with their medical mysteries and gangland plots, as too truthful, I turned instead to the game shows, wherein one or two nobodies from nowhere try to predict answers to questions posed to a group of former TV comedians, who by now are also nobodies from nowhere. Depending on how stupid or off-color the nobody star answers the inane question, the other nobody gets some points, or an X

executing defence policy, of

translating over-all directives

into concrete action; it is the

responsibility of the armed

forces. To keep the two

separate is in the supreme

Until October 1972, in

Canada just as everywhere

else, the military im-

plementation of defence

policy was essentially in the

hands of the armed forces.

The detailed organization and

administration of the service,

the development of military

national interest.

· or an O, and everybody laughs wildly. In some cases the nobodies get together and try to do stunts like throwing a wet sponge at fly paper, while a big wooden clock ticks away the agonizing seconds.

Anyhow, after subjecting my poor tortured soul to such bilge water, I came to the conclusion that the saving grace, yea, the very meal ticket for an aspiring matinee idol of the Seventies is not talent, but the very lack of it.

Perusing my dog-eared TV Guide, I found my feelings truly borne out. There it was:2:00 p.m., Sunday, a game show, complete with a cast of those ever-lovin' nobodies. Its name: "It Pays to be Ignorant." C.R.S.

war, and to restrict outside

What part members of the be said to be a profession of be be be said to be a profession of the best of the bes

We have been warned by countless educators that discipline and learning do not go together. Our affluent society has produced piles of surplus cash. Our mass media has played up the good life way out of proportion. We

proportions. Urbanization.

industrialization, and in-

flation have caused more and

more mothers to seek em-

ployment outside the home.

have cradle to grave security with higher baby bonuses, unemployment and welfare benefits, medicare, old age pensions, etc. Society has provided the cop-outs and parents and teachers have accepted them. It is much easier to raise children if you don't have to

discipline them. It is much easier to teach children if you don't have to grade them, merely pass them on to the next plateau. Society has proclaimed that children should have the same rights as adults. Unfortunately, nobody has the time to instruct them on the use of those rights.

The end result - students graduate from high school with no understanding of the work ethic, very little formal education, absolutely no sense of responsibility. Adolescence is a period when the youth requires guidance. He has been given none. He has been left to fend for himself. He lives the good life with 'no responsibility or discipline. His cash is handed over by guilty parents who don't have time for him in this fast-paced world. Until his school days are over he has no idea what work is. He has only a vague idea that it is part of living and so, what the hell, let's give it a try.

So he joins the Canadian Armed Forces. All of a sudden money is not so plentiful, he has to rise at an early hour, he has to work five days a week, he has responsibility and shock of all shocks, when he does not fulfil his responsibilities, he is disciplined.

For a youth to go to an ordinary civilian job is shock enough but to join the armed forces must be devastating. Because the armed forces wants men. We advertise for men and when a person signs

working world.

up we expect a man.

andd transfers on demand.

They do not expect to serve a

period of apprenticeship doing

routine tasks. They expect

adventure. They have little or

no idea about the reality of the

So the recruit says, "I want

to return to school and finish

my education." Why not?

IF THIS COME TO PASS

TRIBE WILL LOOK LIKE THIS;

TWO BRAVE NIGHT PATROLS.

WOMEN IN MILITARY COLLEGES.

That is where he was safe. No decisions to make, money and clothes supplied by parents and certainly no boring. routine work to do, or responsibility either. Childhood was safe so back to childhood where the bad men can't yell at him. So the recruit says "I can use my trade on civvy street and make lots more money.'

First, if he can get a job with his trade, yes, the money is better. But promotions are scarce and apprenticeships are much longer than in the service. The routine he hates is endless, the adventure he craves is much more elusive if not totally lacking. If all it takes is money to make him a man then he better grab the brass ring.

There are some parents, teachers, and even students who are fighting back. Some parents demand respect from their children. Some teachers recognize that a student will eventually become an adult and that to survive as an adult a certain amount of formal education is necessary.

Some students realize the responsibility and self discipline are necessary to ensure transition from adolescent to adult. Unfortunately, the ranks of those who care are dwindling. This is readily apparent in the modern armed forces.

For every three youths that enlist one is a man. The old saying used to be "Two out of three ain't bad", it's now "One out of three if you're lucky." I fear for the 1980s. To the recruits that have not

realized it yet, the Canadian Dream is a television myth, there is no pie in the sky, the

muddy piece of ground. So the recruit says "It's not You can find satisfaction in what I expected." Believe me, I've asked them just what the Canadian Armed Forces. they do expect. The closest I But you have to work for it. --Courtesy Val D'Or can come to an answer is that Voodoo Drums most expect large pay raises, yearly promotions, jobs that A Woman's Place they choose for themselves

By Capt. A.A.E. WILSON

end of the rainbow is only a

In this article trade training and career opportunities for women in the Canadian Armed Forces will be discussed. At present there are about 2,500 women serving in the Canadian Armed Forces. This number is being increased by 800 per year in order to have 8,000 women in uniform by 1981.

The influence behind this increase was the Royal Commission on the Status of Women in 1967. As a result of this commission the number of trades open to women has expanded significantly. married women may be enlisted in the Canadian Armed Forces, the length of the initial enlistment engagement is the same for men and women, women are no longer released if they have a child unless the woman so requests, and women are now eligible for all Department of National Defence subsidized university education plans. The enrolment standards

for women are the same as those for men. However, enrolment for women is more competitive than for men because of the numbers involved. At present in Saskatchewan there are more suitable female applicants for trade training than there are vacancies. Accordingly, after Recruiting and Selection Unit processing a job competition is held for the monthly trade vacancies similar to the job competitions used by the federal and provincial civil services. If an applicant is found suitable, but is not assigned to a trade, she is placed on a waiting list. The majority of the girls on the waiting list are assigned to a P.S. What's a woman trade within a reasonable period of time.

Female applicants for subsidized academic programs such as the Regular Officer Training Plan also undergo a competitive process with the final selection being made at National Defence Headquarters.

What about basic and trade

tradeswomen was two weeks shorter than for men, and no

MOTHER I WANT YOU TO MEET CPL. DAINTY DOVE

MY FIANCEE SHE'S A

BUFFALO HUNTER.

WOMEN ALLOWED TO HAVE AND KEEP

training was taken with weapons or in fieldcraft. A spirit of competitiveness develops between the girls and their male counterparts at Cornwallis, and the girls in the past have complained bitterly about being barred from certain areas of training. In response to these demands male and female training has been essentially the same since 16 April 1974. The girls live in their own quarters which offer them more amenities and privacy

training? At one time basic

training for prospective

WOMEN FIGHTER

PILOTS.

than is found in the men's quarters. Women take the same trade training courses as men in order to assure, equal competence on the job. What could possibly attract a member of the fairer sex to this male dominated

organization? A number of attractive enrolment incentives exist for young women. First, enrolment in the Canadian Armed Forces offers an excellent opportunity for girls to travel and meet new friends. Second, the pay is extremely competitive with civilian jobs. Starting salary for a woman tradesman is \$371.00 per month and can go as high as \$10,724 per year after four years. Third, in addition to conventional female jobs. from time to time the Canadian Armed Forces offers young women a number of interesting trades which are not traditionally given to women in society such as aircraft maintenance and

electronics trades. The young women of today tend to have more progressive attitudes and a different outlook on life than the woman of 20 years ago. The Canadian Armed Forces offers considerable opportunity for "liberated", career orientated women.

Courtesy the Moose Jaw Plainsman tradesman? Editor's note:

Because of the increasing role women are playing in the Forces today and particularly here at CFB Comox, we are printing a cartoon depicting some humorous aspects, plus an article on the more serious side of servicewomen's careers. Many thanks, "Mac" for your talents.

Published every second Thursday with the kind permission of Col. D.W. McNichol, Commanding Officer, CFB Comox. Editor: Editor: Bob Shawcross (461)

Editorial Assistants: Rosemary Gibson, Jack Gibson, Ray Mostowy, Lloyd McKay, John Maddison, Anne Doran, Jim MacDonald, Steve Dew, Mary Jacobi Photographers: Gary Raindahl, Al Ford, Ed Ellis Jock Begin Sports and Recreation: John Power (315)

Girl Friday: Karen Rusnak* Proofreaders: Jean Fawbert, Pearl Kingyens Circulation: The Geneau's

The TOTEM TIMES is an unofficial publication of ICFB Comox.. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF . or other

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Advertising inquiries may be directed to Business Manager: Ray Griffiths (469) Printed in Courtenay, B.C., by Comox District Free Press

From The Canadian Defence Quarterly

military officers at large, they Canadian Forces are any sense, and there cannot

All military policies are now who in the past determined in whole or in part prescribed military policy is not servents and one can military policy is not known; by civil servants and one can be certainly there was certainly there was continued by civil servants and one can be certainly there was continued by civil servants and one can be certainly there was continued by civil servants and one can be certainly there was continued by civil servants and one can be continued by civil servants and continued by civil servants are continued by civil servants and continued by civil servants are continued by civil servants. civil service, at least until it comes to the shooting and the

suffering. This may be fine if we don't expect to have to fight; but, of course, if we could confidently predict the end of wars, we wouldn't have armed forces at all. This is not to suggest that

civilians have nothing to offer the military. Quite the contrary: any gifted citizen can study military history and draw useful conslusions; that is the work of scholars, but it is only a part of the qualifications for military officers. There is also the application of that theory, and leadership. The scholar can only know what should be done, the military officer must also know how to do it and how to get others to do it.

Civilians, and specifically civil servants, should have only advisory roles in determining the policies for military training and

(Continued on page 9)

selection, training and em- other ranks, but who is By Colonels J.E. Neelin and L.M. Pederson ployment of personnel, and competent enough to for the most part (since here prescribe and administer In wars of less importance and that the Minister and the In the realm of national defence, a clear distinction political considerations do policy for doctors other than must be made between come into play) the choice of themselves, or lawyers or defence policy and military equipment and facilities, were engineers other than thempolicy. The former sets the all their responsibility. They selves? and who is to govern were, in other words, self- (in that sense) the military goals and the missions; it is governing, and to be that is other than the officers? The entirely a function of government. The latter deals one of the principal hallmarks answer to that question depends on whether there is a with the ways and means of of a profession.

> profession the doctors are question to be decided by members of it while the society. nurses and the ancillary A nation creates the medical personnel are not, profession of arms (and and in the legal profession the assigns to it the obligation to lawyers are members but not conduct military affairs for the clerks, so in the military the benefit of the nation) when the officers do seem to us to be and only when it gives its members of the profession of military the control of the arms but not the other ranks. internal policies of the armed This is the relationship of forces, that is to say, selfprofessions and trades. We government.

Just as in the medical profession of arms and it is a

can hire doctors to administer When the homeland is atnurses, we have lawyers to tacked, the military are apt to administer clerks, and we be given not only control of strategy and tactics, the have officers to administer military policy but ex-

The Profession Of Arms traordinary influence in the Chiefs of Defence Staff defence policy (e.g. in Israel) were chosen by the Minister, and in peace, the citizens CDS then chose the next through their government feel echelon. Whatever defects considerably less com, this selection procedure had, punction at interfering in the military policy makers military affairs (e.g. in the were at least chosen from case of the war in Vietnam). It among military officers- until would thus seem more the restructuring of NDHQ on prudent to establish the 1 October 1972. As of that date, military profession well in military policy makers are advance of a need to wage not only not selected by influence inpeacetimeto areas are drawn in large measure which affect the loyalty of the troops and the "constitution" under which they are therefore not self-governing in governed.

> Candian military have had in arms in Canada. the selection of those generals certainly there was no election by the officers at least on the coloration of a with no evidence that large take on the coloration of a With no evidence to the contrary, it is assumed that



THESE LADIES WERE among the participants at the Glacier Greens Annual Ladies Tournament.

Ladies Golf News

On Sunday June 23rd, the Glacier Greens held its second Ladies Annual Invitational Tournament. A full house was recorded and entries had to be closed a full week prior to the event.

The low gross winner for the day was won by Trudy Newman of Campbell River who played an 85. On hand to present her with the competition trophy was Miss Pat Wilson who donated the trophy on behalf of Hobbies Snack Bar.

Other winners were as follows: low net for the field Marion Yedmans of Comox. Marshall, Sunnydale; 3rd low 'A' Flight: 1st low gross Sarah Chase, Campbell River; 1st low net Emily Graham, Gorge Vale; 2nd low gross June Reist, Campbell River; 2nd low net Marg Stevenson. Comox; 3rd low gross Edith Hoult, Campbell River; 3rd low net Madge Hart, Comox. Bernice Sutherland, Comox

won the poker hand. 'B' Flight: 1st low gross Mona Ledgard, Glacier Greens; 1st low net Dorothy Thompson, Sunnydale; 2nd low gross Gladys Mitchell. Comox; 2nd low net Audry

Glacier Greens. The poker hand was won by Barbara Carter, Glacier Greens. 'C' Flight: 1st low gross E. McClean, Comox; 1st low net Donna Bain, Sunnydale; 2nd low gross Millie Legg, Glacier Greens; 2nd low net Edie

> poker hand was won by Georgette Drake, Comox. Longest drive Sarah Chase, Campbell River; closest to pin Trudy Newman, Campbell River: lowest number of putts

Norton, Comox: 3rd low gross

Bunny Hammond, Glacier

Greens; 3rd low net Marilyn

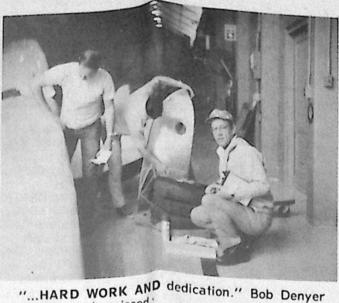
Stroud, Glacier Greens. The

gross Wyn French. Comox:

3rd low net Joy Palmeter.

Marion Yedmans, Comox. The ladies committee wishes to extend their appreciation to the following merchants for their donations: Arbutus Hotel. Block Bros Realty, Dicks Hardware, Eatons, Lavers, Nanaimo Realty, Comox. Norm Knight Sales, Hudson Bay Co., Marshall Wells, Royal Bank, Saans Store, Winsby Drugs. Woodland Drugs, Bank of Montreal and Safeway Store

Also, many thanks from all of us to June Waite who donated the flowers, Ron Ledgard for his special recipe smoked salmon and to all those who helped us



will be sorely missed:

Comox Bullhead Derby 6. Participants must fish off Sponsored by the Point

allowed.

Holmes Recreation the beach. Association.

Place: Point Holmes Free Public Boat Launching Ramp. Date: 21 July, 1974

Time: 1:30 to 3:00 p.m. No entry fee. Prizes Galore! First prize is an 812 foot sailboat donated by Nanaimo Realty.

RULES: 1. Children up to 12 (have not yet reached 13) may participate.

2. Rod and line may be used. 3. Winning children must have proof of their age. 4. All fish must be alive

when presented to judges. 5. All participants must clear the beach 10 min, before starting.

have been 18 holes instead of

However, some good scores

best thing

companied by an adult. 9. All persons are at their own risk. 10. A fish-out will be held between the top prize-winners

to decide the winner of the

7. No containers to hold fish

8. Children must be ac-

sailboat and the trophy. 11. Decision of the appointed Judge will be final. (Financed through the annual Membership fees of the local businessmen whose names are on the Notice Board at the Point Holmes Free Boat

Ramp.) Leading the way down the ramp to begin the Derby again this year will be Myrtle Vickberg.

Tech Ramblings 33, turned in by Jim Nobeta, (Continued from page 3)

Bev Webster, Chuck Webster thought a change in enand Bill MacIver: Two scores vironment would be the next of 35 were turned in with Howard English losing the An avionics golf tournament toss for second to Frank was held on July 4 with a good Prince; Byron Stanley, Bill turn of about 35 duffers and McPhee and Mark Jacobs. non-duffers hacking their way Third went to Howard around the course. The English, Hal Dicks, Mike tournament was a four man Dicker and Steve Yaroschak. best ball with the only adverse Fourth place went to John comment being that it should Gailey, Jim Freeman, Rolly

with a 36. Prince had the longest drive were turned in and everyone and Bill MacIver came closest agreed it would be a good idea to the pin. The poker hand was to have another tournament of won by Ron Ledgard, Jim the same type in the future. Ruth and Bob Koester with a The low score of the day was a string of 6 fours.

Cramer and Steve McNamee

Gliding Club News

Bob Denyer's unfortunate death has dealt the Gliding two members with sufficient Club a severe blow. Although we shall continue to operate as usual we will miss Bob's in- our CFI. Danny Webber and fluence, hard work and Gill Boulay. Let's give them dedication. The rest of us will have to work just a bit harder. without them the club fails. Dianne Webber has volunteered to take over as being planned for the imtreasurer, for which we are 'mediate future, however we

At the moment we have only qualifications to run the club's flying operations. These are complete cooperation because

There are no major events

plan to operate every

weekend as is normal. Early in the fall there will be a general meeting, so you may begin to think about items you'll want on the agenda.

A hesitation in an engine when stepping on the gas pedal usually can be traced directly to the accelerator pump in the carburetor, says the BCAA.



Tuesday, July 16th EATON'S

Entertainment and Events

WATER POLO

FIELD WINNER TRUDY NEWMAN from Sun-

nydale accepting the competition trophy from Pat

When: Saturday 1000 - 1200 Starting July 20th Register in Recreation Centre

Who: Boys and girls - Intermediate level and up. Must be able to swim

Coach: DANIEL COLIN

TOTEM TIMES NEEDS

Advertising, Editorial Staff No experience required. We train

Call 339-2211

Local 469

R.L.S.S.

R.L.S.S.

AWARD OF MERIT

At The Base Pool Commences: August 1st

Register at the Pool Office

INSTRUCTOR: TOM FINNIE

OFFICER'S MESS ENTERTAINMENT

Saturday, July 13 Gourmet Dinner Dine 2000 - 2200 Dance 2130 - 0130 Informal Dress - Reservations by 1500 hrs., Fri., July 12

Sunday, July 21 Family BBQ, 1700 - 1900 Reservations by Friday, July 19

Friday, July 26 Formal Mixed Retirement Dinner for L.Col. Gordie Letcher 1900 Cocktails for 1930 Dinner Dance at 2200 Reservations by 1500, Wed., 24 July

Saturday, July 27 Beef & Burgundy Cancelled

Wednesday, July 31 T.G.I.W. Welcome to New Squadron "VU-33". Starts at 1700

July 14 & July 15 Family Brunches CANCELLED due to poor attendance.

WO & SGTS. MESS **Entertainment For July**

July 13 - Bingo and Dance. Chinese food - 2030

July 27 - Dance

Fish and Chips - 2100

Movies every Monday - 2000

TOTEM LOUNGE

Great Dancing on saturdays July 6th - The Sting

July 13th - Come See July 20th - Caribou Ramblers July 27th - Alley Cats MOVIES — Every Tuesday at 2000 hrs.

> TOTEM ANNEX TGIF Every friday

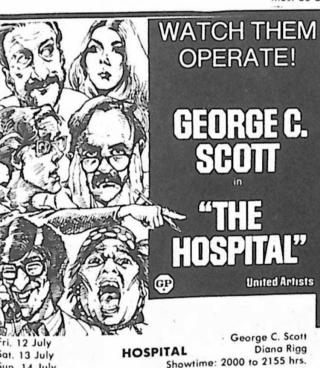
Don't Forget! The annual BEER FEST

August 2nd, 3rd and 4th MORE DETAILS LATER

BASE THEATRE

Theatre Information Call 339-2433 Anytime

RESTRICTED SHOWS: 18 years and above — Under 18 years of age must be accompanied by a person over 18.
ADULT SHOWS: 16 years of age and above — Under 16 years



Sat. 13 July Sun. 14 July

Comic antics in big city hospital



Fri. 26 July Sat. 27 July Sun. 28 July

Kung Fu

Bruce Lee ENTER John Saxon DRAGON Showtime 2000 hrs. to 2150 hrs.



IF YOU ONLY HAVE EYES FOR HER...



IF YOU JUST BUMPED INTO A STRANGER...



HE'S THE WORLD'S GREATEST "CANNON" United Artists JAMES COBURN MICHAEL SARRAZIN TRISH VAN DEVERE WALTER PIDGEON

'HARRY IN YOUR POCKET'

A BRUCE GELLER PRODUCTION - Winten by JAMES DAVID BUCHANAN and RON AUSTIN Produced and Directed by BRUCE GELLER - Music - LALO SCHIFRIN

Fri. 19 July Sat. 20 July Sun. 21 July Story of a pickpocket

HARRY IN YOUR POCKET

James Coburn Walter Pidgeon Showtime 2000 hrs. to 2200 hrs.

Jane Miro

Fri. 2 Aug. Horror

HANDS OF THE RIPPER Showtime 2000 hrs. to 2150 hrs.

Eric Porter

Sat. 3 Aug. THE LONG GOODBYE

Sun. 4 Aug. Private detective story

Elliott Gould Showtime 2000 hrs. to 2200 hrs.

Fri. 9 Aug. Sat. 10 Aug. Sun. 11 Aug.

THE THIEF

Bryan O'Neal

WHO CAME Jacqueline Bisset TO DINNER Showtime 2000 hrs. to 2155 hrs.



WINNERS PMQ BOYS Softball League "The Cougars", Front Row: (Left to Right): Dean Dicks, Lee Jepson, Sylvain Gagnon, Ross Peters, Billy Greenough. Rear Row: (Left to Right): Tony Nichols (coach), Scott Thibadeau, Glen Bulawka, Jamie Banyard, Darren Lauigne, Brian Nichols, Brian Barker.

"Samantha", an Irish Setter entered by Billy Greenough won many of the prizes awarded that afternoon along with "Thunder" owned by Karen Almstead. "Spook"

tendance.

Life Jackets

Their bright orange colour whatever before being placed is about the only similarity among the wide variety of lifesaving devices on the Canadian market today. What should a consumer know before setting out to purchase this important safety item?

Canadian waters, with the exception of rowboats, canoes or foreign registered boats. PFD's are available as vests, must carry one Ministry of Transport (MOT) Approved Lifejacket for each person on board. These cotton-covered devices are labelled Small Vessel Regulation Life Jackets and are available in two types - the traditional vest and a slab variety with a keyhole opening for the head. The slab must be worn on the front of the body to keep the face above water. When you Approved life saving devices. purchase an MOT Approved Jacket, you should receive a folder explaining how to use and care for the device.

MOT Approved Life Jackets come in three sizes: size A for persons over 90 pounds, size B for those between 45 and 90 pounds and size C for persons under 50 pounds.

devices that are not MOT Approved. The semi-official term for them is Personal Flotation Devices or PFD's. There is a Government emergency. All jackets vary Standard covering PFD's but compliance is purely voluntary so that these devices do not need to meet any performance standard

on the retail market.

There are two kinds of PFD's - type 1 is nyloncovered and inherently buoyant, like a life jacket; type 2 has to be inflated, either orally or by a gas First, all pleasure craft in cylinder, before use but should be worn uninflated until needed. Style-wise collars (similar to slabs) and as jackets with sleeves which

resemble squall jackets. Size labelling of PFD's is inconsistent. Some are marked small, medium or large, others are labelled by weight and some carry still other size designations.

The different names of PFD's give no clue that they are not Government Consumers must actually check a jacket label to see whether it is MOT Approved

Before purchasing any life saving device, you should try it on in the store to determine if it fits properly and is easy to fasten. Fasteners vary -official life jackets have. buckles or ties while the There are other flotation various PFD's have draw strings, frog fasteners, zippers and even crotch straps which could be particularly awkward to do up in an considerably in bulk, as well as style. Price spreads are

even greater - a consumer can

pay anywhere from \$4.00 to

\$32.00 for life saving equip-

ment. Before buying a device, ensure that it can be returned if it does not perform adequately.

Your PMQ Council will be

sponsoring many exciting

events this summer for the

PMQ children. The first of

many forth-coming events was a Children's Pet Show

held in the playground of the

Airforce School. The af-

ternoon was a great success

al-round with many children,

parents, and pets in at-

and "Inky" owned by Carlise

and Crystal Patterson and two

Once you have made your choice remember that use and care of your life jacket or PFD affects its performance. Here are some points to

Water test your jacket. Wade into water about chest deep. Bend your knees as if to sit down, and let the buoyancy of the device support you. It should incline you in a backward position with your mouth clear of the water. If your mouth is not clear of the water, take the jacket or PFD back to the retailer.

If you are to swim while wearing your life jacket or PFD, use a back stroke.

Don't abuse your life jacket or PFD.

-- Don't use it as a - seat cushion, boat fender or kneeling pad. -- When wet, hang it up to dry

in the open air or in a wellventilated area. - Don't dry it in front of a radiator or other source of

direct heat. -- When dry, stow it in a wellventilated, cool area. Keep it away from battery acid and puddles of water.

REMEMBER: A life jacket should be worn at all times in a boat by non-swimmers, children and the elderly. Other boaters should at least ensure that their jacket is kept in a readily accessible

PMQ News

Labs entered by David Corke also figured prominently. A Scotty dog named "Philbert" owned by Allison Fleming took first prize for the dog with the funniest costume. All entrants displayed a great deal of creativity and imagination in this portion of the program with dogs costumed as "Daisy Mae Yokum", "Robin Hood" hippies and night gowned

Our Summer Playground program is also enjoying a moderate amount of success. We now have twelve children in regular attendance but we are hoping that more will register for a summer of fun.

There will be an open day of Basketball at the Base Rec. Centre on July 10th from 1 p.m. to 3 p.m. All those who wish an active afternoon of Basketball are urged to attend.

A Nature Hike and Bar-B-O has been planned for Tuesday, July 16. The Hike will be starting from the Recreation describes an improved trailer you wish an exciting summer sway can be independently office at Wallace Gardens and register now.

Director's Office at Wallace hitch. According to the in-Gardens at 10:30 a.m. and we ventor, Dan Tomen of will be hiking to the Airforce Chatham, Ontario, the hitch is Beach where we will have a designed to incorporate both Bar-B-Q. It is still not too late load-levelling and anti-sway to register for this and many features. Mr. Tomen further of the other events that will be claims that the degree of loadtaking place this year. So if levelling or the degree of antiof fun and adventure hurry adjusted for different types of over to the Rec. Directors road surfaces. .Complete details appear in his patent issued on March 19, 1974.

TRAVELLER HITCH

Canadian Patent 943,989

Library Report

We don't really know much. We don't know a lot. But we do know where to find out! Sources of information that's our specialty. GUINNESS BOOK OF AIR FACTS AND FEATS. RECORDS. THE WAY THE COMPLETE THINGS WORK. Volumes one ILLUSTRATED BOOK OF

and two. THE PYE BOOK OF SCIENCE. THE OXFORD COMPANION TO CANADIAN MUSIC. HISTORY AND LITERATURE. LOTS MORE TELL ME WHY. THE WORLD IN SPACE. HOW IT SIMPLE. WORKS. INTO THE PRIMITIVE ENVIRONM- to Thurs.: 12:30 to 14:00 and

MAN. LEMURIA THE LOST CONTINENT OF THE PACIFIC. THE ART OF SPEAKING MADE SIMPLE. CARD MAGIC. MEANING AND MAGIC OF 100 GREAT EVENTS THAT CHANGED THE WORLD. WORLD LITERATURE MADE

ON EARTH. THE STORY OF

LIBRARY HOURS: Tues., ENT. THE SEA AROUND US. 19:00 to 20:30. Friday: 12:30 to THE WONDERS OF LIFE 14:00.

CALENDAR OF EVENTS

	- Tarvis	
July 4	Pet Show at PMQ School	1:00 p.r
July 10	Basketball Day at Base Gym	,
	(Boys and Girls - 12 up)	1:00 p.n
July 11	Kite Flying Contest Airforce	, , , o , p , n
	Beach	1:00 p.n
July 16	Nature Hike: Bar-B-Q starts at Rec	1.00 p.n
	Director's Office, Wallace Gardone	10:30 a.n
July 17	voneyball Day at Base Cym	10:30 a.n
	(Boys and Girls - 12 up)	1.00-
July 19	Badminton Derby at Base Gym	1:00 p.n
July 22	Bike Rodeo outside Glacier	1:00 p.n
0.23	Gardens Arena	
July 24	Trip to Petland. 25c per child.	1:00 p.n
July 2	Leave from Wallace Gdns.	
July 26	Track & Field Day at PMQ	10:30 a.m
July 20	School School	
July 30		1:00 p.m
July 30	Bullhead Fishing Derby Airforce Beach	
1. Ju. 21		1:00-3:00 p.m
July 31	Bullhead Fishing Derby	
	Air Force Beach	1:00-3:00 p.m

This is a calendar of events that will be taking place during the month of July. Any enquiries regarding any of the events listed here may be made by contacting the Rec Director at Wallace Gardens. (339-2211, Local 391).



BOB VINEDGE PRESENTS the trophy to Jeff Malcomson, Team Captain, Red Devils, Pee Wee

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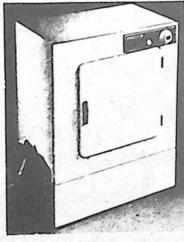
Mon. to Wed. and Fri. 1200 - 1700 hrs. Thursdays 1200 - 2030 hrs. Saturdays 1000 - 1600 hrs.

CLOSE-OUT

Commencing 29 July, '74

SATURDAY, 13 JULY, '74 ONE OF A KIND ONLY "SPECIALS"

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Hoover 110 Volt Portable Dryer 1 Gold and 1 Avocado Reg. \$175.00 Saturday

Black Forest Barometer

Professional Gold Color Golf Bag Reg. 79.00

Candle AM/FM 8 Track Stereo Player

"A tree can make a million matches, but a match can destroy a million trees" BE FIRE CAUTIOUS



Chesterfield Set

Three pieces. Chesterfield, Chair and Ottoman \$5 Reg. \$688.00 Saturday

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Sales clerk with knowledge of fishing tackle, sports and hardware.

Garden Shop clerk - Interested in camping and gardening. Willing to study for and obtain a Class "A" Licence, Apply to Mrs. M.F. Behan, Retail Store Supr. in person or Box 160, Lazo, B.C.

A Visit To Expo

expo'74.



WELCOME TO THE B.C. Pavilion from a pretty

is in Spokane, Washington this year and is situated on a 100 acre site consisting of two islands in the Spokane River.

The theme is "Tomorrow's Environment". Ten countries are participating plus 43 domestic exhibits. The fair is open from the 4th of May to Nov. 3rd - 10 a.m. - 10 p.m. each day.

The projected attendance for the six month fair was 4.8 million. In May 450,000 was estimated and the actual count was over 800,000. The grounds are designed to ac-commodate 40,000 people per day and 50,000 per day are expected during the summer weekends.

The \$4.00 admission covers all pavilions and exhibits. The majority of Expo can be seen in a two day visit. Plan to see the busy pavilions early in the morning or during the late afternoon.

Several pavilions have ethnic restaurants and food choice is from Chinese food to Belgian waffles.

Entertainment includes Irish Rovers, King Family, Buck Owens, Helen Reddy, Kreskin, etc. Most performers are on 2-3 day shows.

The skyride across the Spokane Falls is worth the

As everyone knows Expo 74 \$1.50 and one to two hour

The fair includes a midway at the east end of the main island and fireworks display at 10 p.m. every evening.

Reservations are necessity for hotels or motels and recommended for camping if hookups are expected. There are 7,000 camping sites within one hour drive of Spokane.

Accommodation information is available from: Hospitality Services, Box 1974, Spokane, Washington, U.S.A. 99210. Numerous car parks, at \$2.00 per day, are within a few

Commuter buses run from hotels, motels and campsites.

blocks of the Expo site.

Perhaps it's okay to drive to Spokane in one day - a couple

drive back to Comox, and you can say you were at Expo 74. But with a plan of 2 or 3 days driving, each way and two or three days at Expo you can

have an enjoyable holiday. Spokane is 500 miles from Comox and can be reached by five routes. The most direct is south to Everett on Hwy 99 then east on Hwy 2 through Wenatchee to Spokane. An alternate of freeway driving is south on Hwy 99 to Seattle, then east on 90 to Spokane. The southern alternate for scenery is south to Burlington on Hwy 99, then east on Hwy 20 through North Cascades

National Park to Omak, east on Hwy 155 to Grand Coulee Dam and Hwy 2 to Spokane. The speed limit of 55 mph is

being enforced and a two or three day drive away from the

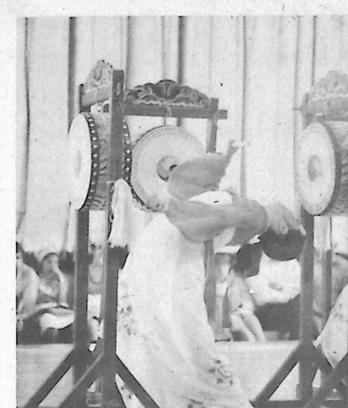
Don't ignore the alternate trips to North Cascades National Park, Grand Coulee Dam, the Okanagan, Leavenworth, and Wenatchee. The Okanagan Game Farm south of Penticton has animal species from Siberian tigers to giraffe, most in large natural compounds. Over 100 animals are born on the site

every year. Gasoline is no problem prices vary about 10 cents per gallon - look for gas when your tank is half full. Some stations are open shorter hours and gasoline is easier to find in the morning than afternoon or evening.

Do not go to Spokane expecting another Montreal World's Fair; you are going to be disappointed. Expo 74 does not compare in size or par-ticipation and the Environment Theme has brought out a repitition of displays. The fair is well presented and the only public complaint is ac-commodation; shades of Montreal.

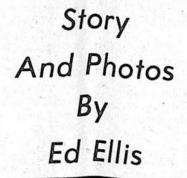
If you didn't see Expo 67 or if you are willing to look at Expo 74 with fresh eyes, the Worlds Fair in Spokane offers "Just about Everything". Still hesitant about Expo 74 - there is Expo 75 in Okinawa, Japan.

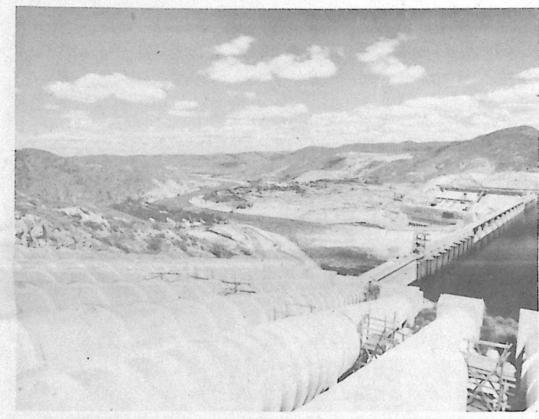
of days at Expo and a frantic freeways is a practical trip



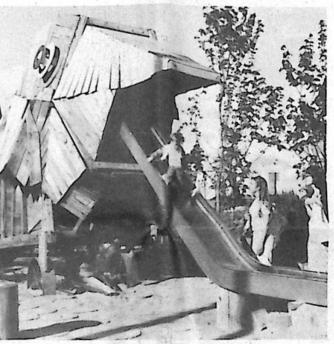
ехро'74.

ETHNIC DANCER at the Korean Pavilion.





GRANDE COULEE DAM near Spokane, Washington.



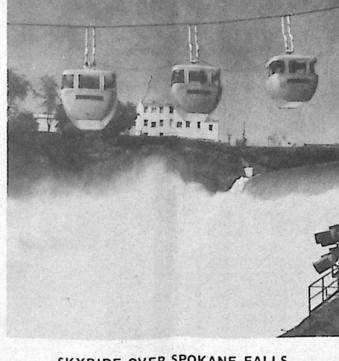
PLAYGROUND ON CANADA Island gives kids their fun, too!



UNITED STATES PAVILION and original railway tower at Expo '74.

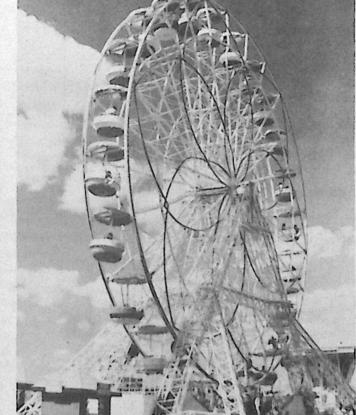


STEAMBOAT ROCK ON approaches to Grande Coulee Dam.



SKYRIDE OVER SPOKANE FALLS.

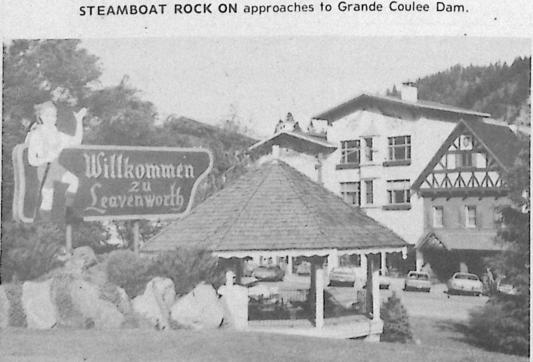




SUPER FERRIS WHEEL in Spokane's Expo '74 Midway.



PAVILION OF BRITISH COLUMBIA attracts many visitors to Expo '74.



WELCOME TO LEAVENWORTH, Washington. A little bit of Bavaria on High-

way 2 near Wenatchee.

THE BASE HOSPITAL is getting more and more n odern, up to date instruments lately. Above, is the newest of them, for sucking lumps off of the spine, the (what else?) Spiny Lumpsucker. We had to go to the Vancouver Aquarium to get this in strument, measuring only 1" to 2".

Hospital Anaesthesia

If this week's column appears tearstreaked (sniff! sniff!), it is a result of the loss of a number of our staff this past month. The Honor Scroll was unfolded a few issues ago. Whosits and whatchamacallit and dear, old whats-his-name will all be sorely missed. The reason they'll be missed is because we'll be kind of shortstaffed and they could have been used - if only to do the scut work. (Just joking,

This is the first column under the new team of "M" and "M". The old team was an "M" and "M" too, but shouldn't be confused with the new "M" and "M" team. The new team of "M" and "M" are chickens; we value our tender hides - which WILL be tender if we make a slip. Oh well, "darn the torpedoes, full speed ahead.

NEEDLES & JABS We wanted to say "Hi" to Captain Dave Doty, our newest MO but he said "Goom-bye" even before he got here. Maybe it was that Hospital "luncheon" we were having when he was introduced to us. Or, maybe Wayne's playing?? He was rumored to have mumbled: "THIS is what I have to work with?!?" Aww, come on. Dave, we're not that (hic) bad! Actually, Dave had to leave us to go on a NAR course. He'll be back whether he likes it or not!

(After all, we came back.) -Our Base Surgeon, Dr. Barnes, will go bald if he doesn't quit pulling his hair out the way he does. Of course, the reason for all this hair pulling is spelled out: Q-U-A-D-R-A. For that matter, EVERYBODY is pulling their hair out over them. If our nurses don't quit doing that their veils won't fit.

Meanwhile, Capt Neil Wilxox, ANOTHER new MO has disappeared, too. He's on the Basic MO's Course down in Borden. Not, of course, because he doesn't know about doctoring but he doesn't know how to do it "the military way". Matter of fact. .WHO DOES?!

Bobby, . the Prince "bugman", has now been made King with the departure of Dunc McIllvena. His desk in his plush new office is getting more and more scuffed, too. Now if he could get his feet off of it and get down to work. Speaking of "down": the sewer's plugged. Bob, get DOWN there!

Poor Bob! He wanted a private secretary of his own. Young, sexy, ready to sit on his lap for dictation. The only one who volunteered was that ex-Admin, super-Medic-type, Lloyd McKay, who says he is young, yes; sexy, yes; but refuses to sit on Bob's lap for dictation! Reluctantly, Bob said no and went away with a glazed look in his eye.

Vic Hope will be hiding out in his office more and more now, what with the "demon authority" stalking the halls these days. Actually, Vic. WE think your wife is a very nice

The B.C. Automobile Association says spark plugs are the most important item in an engine tune-up. New, properly gapped plugs result in seven to 10 per cent gain in engine and fuel economy...

The Profession Of Arms

(Continued from page 4) education, for the selection, distribution and use of military equipment, for the administration of armed forces, and for strategy and tactics. To give civilians positions of authority in the military hierarchy is to create civilian generals, a contradiction in terms and a combination of incompatible concepts - it would be as well to have laymen in the College of Physicians and Surgeons.

Quite apart from the debilitating effect civil servants have on military policy, the question arises as to who now assists the Minister in developing defence policy? The answer must be that it is the same group who develop military policy. So Canadians are double disadvantaged. They have substantially lost the ability to frame defence legislation independently of the armed forces and they have degraded the capability of the armed forces to execute that policy

Not only that, by unifying the Army, Navy and Air Force we have destroyed the principal specialties of the profession of arms and substituted in their place the civil-oriented functional breakdown of combat, support, and the para-military sales, production and purchasing)

Whether this enfeeblement of the armed forces is a matter of concern or not, there are real and positive dangers which arise from having all the nation's physical power concentrated in the hands of one group. This is even more so when the purpose of national defence is being changed from countering external threats (war) to promoting internal security and prosperity.

So long as the military are engaged in planning and preparing for the defence of

the nation, the need for leadership, loyalty, military administration, and especially discipline, is clear and easily understood. But if their duties are principally to work within the country, building roads, containing floods, conducting youth camps, assisting in various welfare schemes, and just other government departments but to all other government departments.

As a consequence the need for military discipline is no longer obvious, management and business administration supersede leadership and military administration. Worst of all, the making of government policies becomes interesting and participation in these activities becomes attractive. There develops something that is more an armed civil service than armed forces as we have always known them.

But whereas other govern-

ment departments who promote the common good as defined by the government might wish to define themselves what the common good is, they have not the wherewithal to challenge the government. By contrast, the military cannot only do what is to the common good, they could comparatively easily get in a position to say what the common good is. This is why nations that maintain sizeable armed forces should deliberately go out to create a profession of arms to protect. them on the one hand from foreign aggression, and, on the other hand, to prevent a dangerous politicizing of those same armed forces. The making of defence policy simply must not be mixed with the making of military



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Great Horned Owl

its prey unawares.

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are also large and directed for ward, providing excellent vision

in both darkness and daylight. Its plumage is extremely soft and fluffy enabling the owl to move about sliently and to catch

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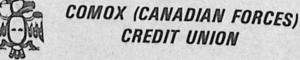
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The Night Hawks Nest

Two of 409's most taking the beating that mere distinguished, honorary Nighthawks have taken leave of the nest to retire from service and enter the civilian world. After two or three decades of noisy airplanes and travelling all over the world it's time to settle down and take life easy, right? Wrong. Phil Perry is getting away from airplanes just long enough to get down to Sydney. B.C. to take over the province's fleet of aircraft and Sam Skinner is settling maintaining law and order, down here in B.C. just long they become similar in enough to get packed for a trip outlook and function not to to New Zealand. Good Luck and a hearty AMF to you both. Never have so few owed so

much to so many, if I may may paraphrase Mr. Churchill. The 409 Call Shot Team put out an incredible effort for a solid week at CFB Chatham in New Brunswick. Ground crews were at the very peak of their professional capacity on the flight line and in the hangars for many long hours of clock beating maintenance work, returning aircraft to the line in record time after having repaired "once in a lifetime snags" that kept appearing with heartbreaking regularity. Captain Jim Webster and his crew earned the respect and admiration of all who took part in the competition. Thank you.

Pete Zinkan and Don Kidd Orv Malcolmson and Frank Campbell, Phil Schreiner and Mary Guile, Gus Hay and Tim O'Rourke, and Vern Barker and Pete. Ott put on a demonstration of plain and fancy airmanship that I will never forget. They flew under conditions that make most combat flying look like a ferry ride, in weather where others turned back, and what is most important, when their equipment was capable of

flesh and blood accepted as part of the game, they killed I could quote Winston again

about blood, sweat and tears, but the truth is, we lost. I'd sure like to go two out of three over the Rocks, but truth again, Canada has a darn good team going down to win William Tell this year. 416, good luck in Florida and if you'd ever like to see what low level over the Rocks is Like, come on out to Comox.

Major Ernie Poole handed over the Call Shot team's

each target.

Doug Jackson. Doug did a great job while Ernie stayed behind trying to clear a hangfire at home. A direct order to appear has been issued and the new fledgling Nighthawk should be appearing in the very near future.

A new- BAMEO has appeared on the flight line. Major Dean Nelson has arrived to keep the Voodoos of 409 in their usual superb condition and as long as there are no sand bars on the line, everything will be

forward to seeing you at the evils of rubber chicken and drink demonstration at the Mess at noon on Friday, 5

Don Ferguson and Les Cox are back from Bagotville and as soon as Jock Campbell gives them the QRA scramble and lanyard briefing, they'll be all set to take some of the rest time in the "Q" that we all look forward to. I'm sure I can speak for Nancy and Louise as well as the rest of the squadron. Welcome back to the Nest.



STALWART MEMBERS OF THE Royal Newfie Air Force pose beside their latest secret weapon, the Mark O Mod O "Codfish." The gallant crew who toiled to perfect the machine are: L to R: Cpl Nef Faulkner, Sgt. Bert Keryluk, Capt. Fisher, Commander in Chief of Secret Projects for the R. Newf A. F., Cpl. Mugs Mulligan, MCpl Al Stephenson. After much secret negotiations the machine was turned over to No. 89 Air Cadet Squadron, Princeton, B.C. for training



STANDING COMM AND HOUSING

NOTICE OF PUBLIC HEARING

Queen Charlotte Islands, Cormorant Island, Malcolm Island, Cortes Island, Quadra Island and Texada Island.

The Committee was set up to examine into and study the following matters, namely:

1) The question of the future development, including the development of community plans in these islands and such other islands in the vicinity as the Committee may consider appropriate, excluding those already studied by the Select Standing Committee on Municipal Matters in 1973.

2) The existing sections of the Municipal Act and other Acts affecting local government, and any orders made under these acts, with a view to recommending any changes considered appropriate which may have an effect on the future development of the said islands.

MONDAY JULY 15	ALERT BAY Cormorant Island	Community Hall 8 p.m.
TUESDAY JULY 16	SOINTULA Malcolm Island	Community Hall 1:30 p.m.
WEDNESDAY JULY 17	MANSON'S LANDING Cortes Island QUATHIASKI COVE Quadra Island	Manson's Community Hall 1 p.m. Quadra Elementary Sch. 8:30 p.m.
THURSDAY JULY 18	VANANDA Texada Island	Texada Elem. & Jr. Sec. Sch. 7:30 p.m.

You are invited to attend a Public Meeting to hear the proceedings and if you desire, to submit a written brief or make a verbal submission to the Committee.

For further information or to express your written opinion please contact the nearest Regional Administrator, namely:

Queen Charlotte Islands - Skeena/Queen Charlotte Regional District Mr. Ralph Overgaard, #2, 342 - 3rd Ave., W., Prince Rupert 624-2002

Cormorant & Malcolm Islands – Mt. Waddington Regional District Mr. Randy Aubie, Box 284, Port McNeill 956-3308

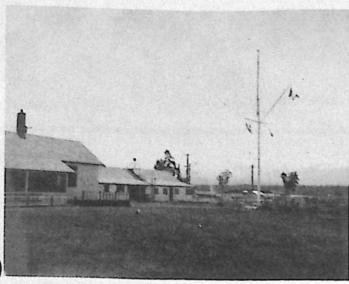
Cortes & Quadra Islands - Comox/Strathcona Regional District Mr. E. Hiebert, Ste. 4, 463 - 5th St., Courtenay 334-4452

Texada Island - Powell River Regional District Mr. Jim Whent, 6239 Walnut St., Powell River 483-3003

THE GOVERNMENT OF THE PROVINCE OF BRITISH COLUMBIA SELECT STANDING COMMITTEE ON MUNICIPAL MATTERS AND HOUSING Carl Liden, M.L.A., Secretary



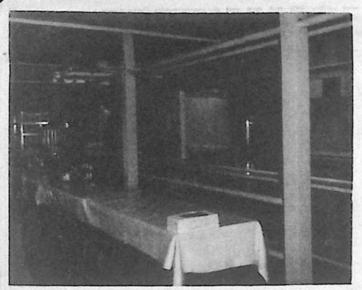
"HAVE STAMINA, ALL YE who enter through these portals".



SEVEN OTHER NATIONS will also fly their flags from the mast of HMCS Quadra Cadet Camp.



JETTY JUMPING FROM this pier, or the jetty of sane, is a popular sport of OJT's...who don't have to do it. The cadets like it, too(?).



NO, NOT HANK'S Hash House. And, the food is a bit better, too. Although they serve the quantity, the quality is not forgotten.

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Throughout the winter and early spring months, things are pretty quiet at what is called the Spit. Oh, maybe there will be some shooting on the Rifle Range once in a while and the Marine Section, operating out of this small, almost forgotten extension of land, will keep a light burning in the window, too.

BUT...between the periods June 3 and August 30, this quiet solitude of peace is shattered by the thumpthump-thump of little and not so little feet. The jetty resounds with the chatter of many voices, the Sick Bay with the groans of the ill and homesick.

For HMCS Quadra Cadet Camp, this year under the command of Commander W. R. Vipond, is opening its gates and, between the months of June, July and August, almost 2000 sea cadets will have passed through them to everlasting anonymity. At any one time this little island will have about 850 sea cadets to pound it into the channel.

A word to the wise (and maybe not-so-wise) mother. You are not sending your son to a Summer Camp, the kind where the little fella gets up at 0900 hrs or so, has a leisurely meal and then goes out to play or swim or lie around in the sun under the watchful eyes of fatherly counsellors.

Not so. Quadra Cadet Camp is for the HEALTHY youngster. He wakes up at 0600 hrs., has a good, but not really leisurely, breakfast if he wishes, does early morning P.T. (which may include Jetty Jumping - his so-called swim) and is constantly being "harassed" by those "bullies" called OJT's. These OJT's, by the way, are senior cadets who, in their time, were also harassed by

HMCS Quadra Cadet Camp

"bullies". And, all the time, (well, almost all the time) its run here, run there; run there, run everywhere.

And, then, there is the Obstacle Course. Besides P.T. to build the young chipper up physically, there is the Obstacle Course to build him up even more so. A mother might picture the Obstacle Course as a veritable "Chamber of Horrors" but not so of course. Nothing on the Obstacle course cannot be done by a healthy cadet. And they are not "bullied" or pressured to complete it the first, or even the second time. It should be a sign of pride that the two-weeky can accomplish it the first time 'round.

There is the brighter side of HMCS Quadra, too. The first is the educational aspect. Cadets in their second or third year are given the opportunity of learning a trade for future cadet camp years. Subjects range from music (and the opportunity of playing with the Cadet Band) administration, cooking, medical assistant, to an

many at this camp, learn a navigational course.

And a Sea Cadet Camp wouldn't be such without boats. Quadra Cadet Camp has crafts ranging from a YSF to two YFP's and, yes, even a tugboat. For the brave of heart there are also sailboats to sail during their leisure times, if and when they get any. Training is also given on these sailboats to the

A surprise to some and possibly to many. HMCS Quadra Cadet Camp is not only national, but IN-TERnational. During its operation and before the gates close, the flags of six other nations will have been flown. Cadets from the United States, Great Britain, West Germany, Belgium, the Netherlands, and Sweden, will have paid their compliments to Canada, and especially to HMCS Quadra Cadet Camp. An opportunity of a lifetime for boys of all countries to exchange ideas, ways of life, and whatever else young men think of or do.

At the end of his two weeks, the cadet participates in the engineering course. Officer Ceremony of the Flags, Cadets, of which there are having drilled and polished

In a study on the long-term the cellular level. (This is effects of marijuana, it was recently reported by the National Center for Health Statistics that the drug was found to impair the efficiency of the immune system by reducing the level of lymphocytes, the small white blood cells that produce antibody molecules and also fight foreign substances on

called cellular immunity; the other branch of the immune system, led by the antibodies. is called humoral immunity).

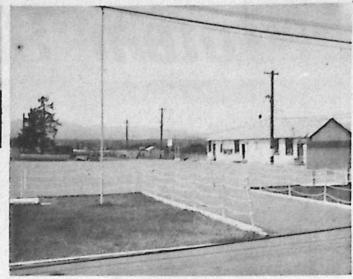
"Cellular immunity, marshalled by the lymphocytes, appears to be an important defence of the body against emerging cancer cells," Dr. Elin says. "Excessive use of any drug that blunts this natural protection can make the person more susceptible to malignancy as well as to



and pressed to reach this point in time. The Ceremony of the Flag is not only performed at the Quadra Cadet Camp but also in Comox and Courtenay. And, this year, the Ceremony of the Flags will be performed at Expo '74 in Spokane, truly a great tribute to the cadets of Quadra.

So, too, will he come away with newfound friends, ideas for coming back to learn a trade and a healthy, wholesome mental attitude over being able to "hack it out" for two weeks.

And, when August 30th comes around again, the gates of HMCS Quadra Cadet Camp will once more close for another year and the quiet solitude of peace will again settle upon this small island, used so little but with such



A LOT OF A CADET'S time will be measured in feet on this Parade Square. And, at the end of his two weeks, memories of the Ceremony of the Flags parade will march off with him.

Base Swimming Pool

Effective immediately the base swimming pool will be open during the following hours:

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Mon, Tue, Wed, Thur - 1830 - 2030 hrs. Sat. - 1400 - 1600 hrs. Sun - 1400 - 1600 hrs.

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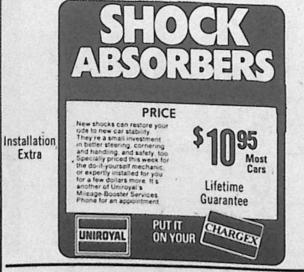
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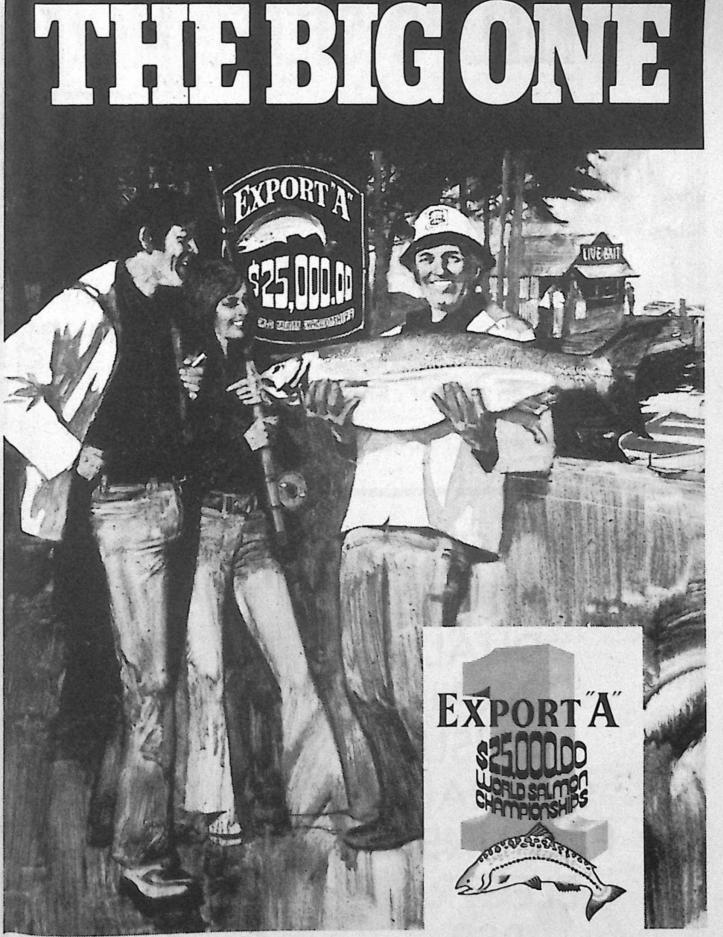
THE ILL AND HOMESICK are given TLC (tender loving care) by the Med A's of the Sick Bay with extended TLC by the Base Hospital (not shown).

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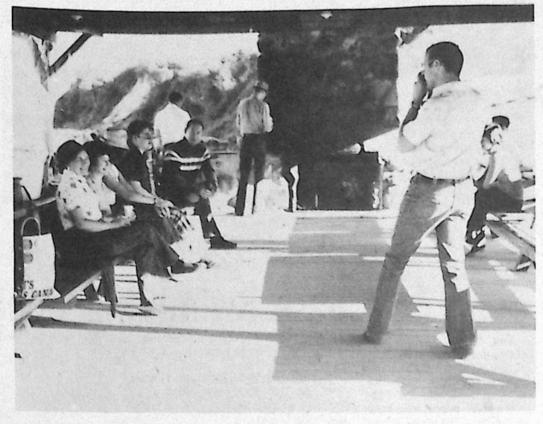
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August 10 and 11

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BUT JACK, there's no film in the camera!

"AND THE TRAVELLING doctor said to the farmer's daughter ... "

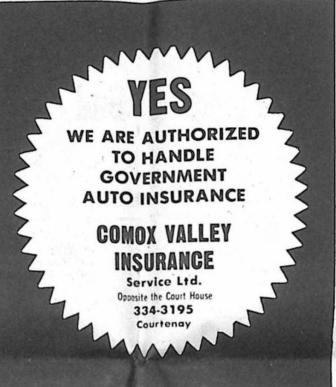
Doran, who was taking pictures of the seagulls. Hark! One can still hear the majestic overtones of Lloyd McKay and Jim MacDonald voicing verbal verbocities. But here I must pause to chastise our former editor, Ray Griffiths. miniproviding marshmallow instead of

A month ago today, your loyal, true blue, staff of the accustomed to. I mean, really, Ray, have you ever for an evening of friedly. for an evening of frivolity and light hearted amusement at the heach payilion. At the beach pavilion. Ah, yes friends, who can forget the savory smells as our noble editor Bob Shawcross and loval companion. Lock Cit. loyal companion Jack Gibson and associated higher echelon set about to burn the beef, dined on steak and cham-And the splendor of RoseMary pagne, we lowly staff mem-Gibson taking pictures of Ann bers indulged on hot dogs and

Anyways, loyal and trustworthy reader a good time was had by all and I would love to tell you more about this stupendous affair, except for one slight problem. I wasn't there!



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COLONEL McNICHOL PRESENTS Best Student Award to Cpl. P. V. Brown.

Pipe Bands and Elephants

OTTAWA - Four canadian Forces Reserve pipe bands will share centre-stage with Emily the elephant at Scotland's Edinburgh Castle from August 16 to September

Like the 46 Canadian militia bandsmen, Emily and her supporting performance group from Ceylon have been invited to participate in the military tattoo which is a high point of the annual Edinburgh Festival. They'll join with other Commonwealth groups to stage the 112 hour extravaganza.

Pipers and drummers from Montreal's "The Black Watch" (Royal Highland Regiment) of Canada. "The Argyll and Sutherland Highlanders" of Canada from Hamilton, Ont., The "Toronto Scottish Regiment" and "The Cameron Highlanders of Ottawa" are busy rehearsing the tunes and drum beatings laid down by the tattoo

They'll put the final polish on their performance during a stiff 10-day dawn-to-dark rehearsal period in a British Army camp before going on stage at Edinburgh Castle.





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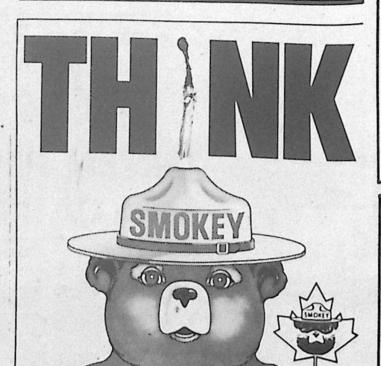
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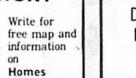
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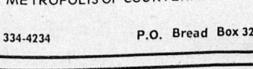


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MASSES: Saturday - 7:00 p.m. Sunday Vigil Mass Sunday - 9:30 and 11:00 a.m.

WFFKDAYS: Tuesday - 7:00 p.m. in private homes on request

Friday - 10:00 a.m. in the Chapel On other days the Chaplain will celebrate Mass on request. SACRAMENT OF PENANCE: Before Mass on Saturday from

6:30 to 7:00 p.m. and before other Masses. BAPTISM: By Appointment. Whenever possible on the third

Sunday of the month at 1:30 p.m. On other Sundays for a good

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R.J. Ritchie - Base Chaplain (P) Telephone No. 339-2211 Loc. 273

14 July, 1974 - 10:00 a.m. Divine Worship 21 July, 1974 - 10:00 a.m. Divine Worship

SUMMER SERVICE TIME CHANGE For the months of July and August and until the Labour Day

Weekend, morning worship will be at 10:00 a.m.

CHAPEL YOUNG PEOPLE Under the supervision of MCpl and Mrs. Bill Andrews, a group of approximately 15 young people have met every Tuesday evening in the Protestant Chapel. As well as having devotions, games and business meetings, the young people set up a thrift shop and painted the tables at Air Force Beach. The money raised in this way is sending two brothers to camp for a week who otherwise would be unable to go. As there have been many adverse criticisms regarding some of the things being done in the way of mischief and vandalism around the PMQ area we would like to congratulate this group and many others like them for a job well done and a very significant contribution to our

CAF Skyhawks

Members of the Canadian Armed Forces Parachute Team, the Skyhawks, from Edmonton, Alta., are lining up a busy summer of competitions and demonstrations across Canada.

The team, consisting of seven NCOs and two officers, are members of the Canadian Airborne Regiment and the Canadian Airborne Center at CFB Edmonton, and are commanded by Lieutenant-Colonel Gil Bellavance, 38, North Battleford, Sask., a qualified parachutist. Administration is handled by Captain Ron Moll, 29, Dauphin, Man., who is also a

qualified parachutist. Team members are: Sergeants Simon Wkyeham-Martin, 36, Montreal, Tom Holland, 33, Geraldtown, Ont., Len Freeman, 37, Norwood, Man., and Gerry Vida, 32,

Winnipeg. And Master Corporals Tom Cook, 31, St. Thomas, Ont., Bob Gallant, 31, Shediac, N.B., and Mike Bedel. 30, Youngstown, Alta.

The team will perform at seven major airshows 'in which various free-fall skydiving demonstrations will be shown this summer.

These take place at the Abbotsford, B.C. International Air Show, the Calgary Stampede, Moose Jaw, Sask, airshow, the Winnipeg Centennial, Canadian International Airshow in Toronto, Trois Rivieres Airshow, and the Newfoundland Silver Anniversary celebrations at Gander.

A number of other demonstrations are also being scheduled for the jumpers mostly at local Canadian Forces bases and stations.

Want To Learn French? Go To Paris

Learn to speak French in four weeks?

You can do better than that. You'll be thinking in French in that time if you follow the plan I undertook last spring.

This program has one danger, of which you should be aware; you may fall so head-over-heels in love with your teacher that you will never want to finish school. For her name is Paris; and she is a hard lady to leave.

The plan, which I call the live-and-learn program for becoming bilingual, is to study French in Paris. While classroom study is its firm anchor, total immersion in the city is the great accelerator and simplifier.

For your school, choose Alliance Française, or Berlitz, both of which admit students for as short a period as one month.

Naturally, the longer you stay, the more complete mastery of the language you can expect. If you can take a sabbatical, I would recommend the Sorbonne, whose programs are locked into the academic year.

Alliance Française is affiliated with the University of Paris and claims to be the oldest, liveliest and least expensive of all French schools for the foreigner.

Beginners' courses in practical and conversational French start on the 1st and 15th of each month, but (assuming that you studied French at high school and have remembered at least a smattering), you can register any day and expect to be admitted to class in a day or

You cannot register before arrival in Paris because a preliminary test is necessary to determine where you should be slotted in the

An intensive or accelerated course is best, of course, but since admission is governed by the number of seats available, as well as your present level in the language and duration of stay, you will likely have to wait longer to get started. In either case, avoid July and August, when applications are heaviest.

SINK OR SWIM Since Alliance Française classes are large and geared emphasis is on thoroughness rather than speed. Therefore, it is a good idea to supplement classroom instruction with that of a private tutor.

The Sorbonne put me in touch with a charming exfaculty member, whose recollections of a visit to Calgary got us off to a flying start conversationally.

The qualifying tests are given by a bilinguist and that is the last time any member of the staff will address you in English. From then on, it is sink or swim; you are wise to snub any proffered help from English-speaking students.

Except in summer you may find a vacancy in the Alliance student residence but most adults find living with a family, or in a small hotel. less confining. I think you learn faster, too. (The Alliance provides lists of both types of accommodation).

As to the hotel, although the Crillon or the Hilton might be your normal stopping place, remember that (as in restaurants) the incidence of English is in direct ratio to the rough going for a while when where or how to take a bath shirts washed, seem insoluble

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penetrate the mystique of the key (for the salle de bain or douche) and the location and operation of the neighborhood ervice libre (laundromat) you will have added at least 30 words to your French

vocabulary. Pitch, too, for a special weekly or monthly rate at the notel - not only for economy's sake but because such practicality will earn the respect of management and fellow European guests. It also helps you to calculate in French and opens a new set of conversational doors.

Breakfast in your small hotel is the greatest of learning aids. It's tough when you thought you ordered toast to be served only bread but hang in - within a few days you'll be able to complain - in French.

Breakfast is also the time to break out the ground rule of the L-L program.

Talk! Greet everyone at the table, ask the time, remark on the weather, even if it turns out that you asked how much a watch cost instead of the rate. A second-category hotel hour. Even your mistakes will is your best bet. It may seem get you into conversations and fellow guests, whom long experience with foreigners (your room will only have a has made tolerant, will be the basin and bidet), or how to get first to remark how quickly you are learning the native tongue.

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teacher. Proximity will force

you into eavesdropping and

may encourage conversation.

Even if you know the way, you

The Alliance has many

extras for students, most of

them free: seminars, ad-

vanced phonetics and French

grammar courses; lectures in

stylistics, French literature,

French civilization and

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You are also eligible for

student rates at many

theatres and for a 30 per cent

reduction on French National

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Alliance Française rates

from September to July run 74

- 90 francs a week (\$15 - \$18)

and this entitles you to a two-

hour session every weekday.

Take an accelerated course

(harder to get into) which

involves four hours daily and

guided tours.

the country.

can ask for directions.

110 francs. The Berlitz School of Languages is higher in price but tailors the instruction to fit your needs and time available. The nearest branch of either organization - or even the Consulate General of France (185 Bay Street, Toronto) can provide further information.

you pay twice as much. In

July and August, rates start at

Alternately you can write directly to Alliance Francaise, 101 Blvd. Raspail, 75270 Paris or Berlitz Schools of Language, 31, rue du Sommerard, Paris 5e.

Other universities and schools through France have courses of various time lengths which are described in a brochure, "Courses for Foreigners in France," issued by French Cultural Services and available from the Consulate General.

Courtesy The Financial Post

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city and Michelin's guide to

Paris. Then, when you are not

studying, live Paris. But do it

your way. If you prefer fishing

to painting, talk to the citizens

who pole-fish along the Seine

lunch with wine in the

Alliance cafeteria. This is not

the cuisine that made Paris

famous, but during your first

few days, you will find it

easier to open a conversation

here than in a public

Later you will want to try

every type and size of

restaurant that time and

budget permit. Bear in mind,

though, a certain caution

about the fashionable

restaurants. You will learn

more French during a single

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than in a week of feasting at

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