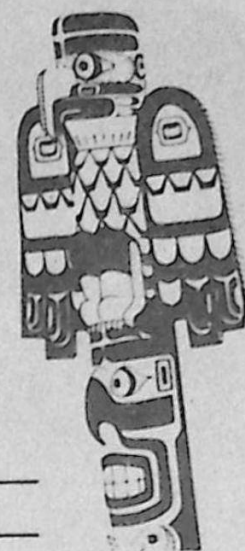


TOTEM TIMES

Maybe We Auto Plan a New Government

VOL. 16 — NO. 1

CFB COMOX TOTEM TIMES THURSDAY, JAN. 10, 1974



Patti Clarke - Miss CFB Comox For 1974



MRS. LOIS McNICHOL crowns Patti Clarke who as Miss CFB Comox will compete in the Comox Valley Snow Queen contest. Ellis Photo

Found . . . \$4,957.13

During 1973, the sum of \$4,957.13 was found in CFB Comox. The money was divided among the finders who were: Sgts. Keryluk and Berry; MCpls Foulm, Webber, Fraser, Siebert, Fiske, Wiley and Dupuis; Cpls. Hillaby, Shaw and Gillespie. Individual amounts found by these members ranged from \$50.00 to \$1,800.

If you lost money in 1973 it may be attributable to the adage "a forgotten idea is money lost". If you would like to claim money found on this base in 1974, you can join the "finders" by submitting useful ideas to your Base Suggestion Award Committee, as did those people listed above.

Visitor From NDHQ

Conditions of Service

On Monday, January 7th, CFB Comox was blessed with a visit from the Director of Social Conditions and Welfare at NDHQ, Lt. Colonel Bob Ford. Lt. Colonel Ford, prior to his interment in NDHQ, was the Base Personnel Services Officer at CFB Comox. He presented briefings to all personnel from the Base and Lodger Units on what the conditions of service are; on what action NDHQ is taking to rectify certain problem areas and to what changes in service conditions, military personnel can look forward.

His briefings were straight forward and, at the right times, humorous. He managed to convey the main point of the briefing which was that NDHQ is aware of many problem areas which affect service conditions and welfare and that there is an agency at NDHQ which is trying to rectify these areas. Lt. Colonel Ford briefly outlined some of the problem areas and also related some of the facts of the political-military relationship which affect what can and cannot be done for servicemen. He then briefly mentioned some of the programs which have been approved and are either in effect or are about to be im-

plemented. Some of those that have been approved are: new redress of grievance procedure (CFAO 19-32); standardized grooming and dress regulations; mess membership for serving members to remain compulsory and no limit on associate membership for retirees; new leave policy; professional services (choose your own military doctor); increased pension benefits to provide actual cost of living increases starting between ages 55 and 60; increased SISIP benefits; dependents may be treated at some DND hospitals under respective provincial hospital insurance plans (now being done at NDMC in Ottawa); career manager availability with CO's approval; and Personnel Newsletter circulation increased to 35,000.

He also mentioned some items which have been studied and on which approval is being sought. Service conditions and welfare have improved since the formation of this directorate at NDHQ but much more remains to be done. Teams of personnel will be brought in from the field to conduct specific studies, where required.

Big Deal . . .

Pension Payments Rise in January

January increases in Old Age Security pension and Guaranteed Income Supplement payments have been announced by Health and Welfare Minister Marc Lalonde.

The basic Old Age Security pension will rise in January to \$108.14 from \$105.30.

The maximum Guaranteed Income Supplement for a single person or a married person whose spouse is not a pensioner will go up to \$75.85 from its current \$73.86. Added to the basic OAS pension, this payment will produce a monthly total of \$183.99.

The maximum supplement for a married couple, both pensioners, will increase to \$67.37 each from the present \$65.60. Added to the basic pension, this will give each pensioner \$175.51 for a combined payment for the couple of \$351.02.

Mr. Lalonde estimated that, in January, more than 1,855,000 Canadians will be receiving OAS payments and, of that number, some 1,072,000 will be receiving the supplementary payments.

This increase results from Parliament passing Bill C-219 which provides for quarterly increases in OAS and GIS payments based upon increases in the cost of living.

VP 407 Squadron Representative

Miss Patricia Clarke, daughter of Master Corporal and Mrs. Gary Clarke, was chosen to represent CFB Comox in the Comox Valley Snow Queen contest in February.

She was selected, in a very close competition with Cindy Creamer -- the Officers' Mess representative, Debby Alcock -- the Warrant Officer and Sergeants' Mess candidate and Cindy Anderson -- representing the Junior Ranks' Club.

The young ladies were judged on beauty, deportment and personality by a panel of seven judges: Mrs. Lois McNichol, Lt. Colonel and Mrs. Hedges, Lt. Colonel and Mrs. Price and Lt. Colonel and Mrs. Mortimer.

The presentation to Miss Clarke was made by Mrs. McNichol on January 4th. She received a watch from the BX and a bouquet of flowers from the Courtenay Florist. All contestants were given bracelets by the sponsors.

Capt. Chuck Boychuk was the co-ordinator for the event and he received excellent support from Mrs. Pat Mulhall.

Ponder Argus Replacement

OTTAWA -- Defence Minister James Richardson announced today that the government will continue negotiations with the Boeing Company and Lockheed Aircraft Corporation for the possible purchase of long-range patrol aircraft.

In Nov., 1972, four aircraft manufacturing companies were asked by the government to submit proposals to supply patrol aircraft capable of meeting the government's specifications.

Requirements for the new long-range patrol aircraft include surface and sub-surface military surveillance of Canada's east, west and Arctic approaches; surveillance of coastal waters for information on ice formations; detection and assessment of marine pollution; monitoring of mineral exploration and compliance with fisheries regulations.

In addition to Boeing and Lockheed, the companies making proposals were Hawker Siddeley Aviation, Manchester, England, and McDonnell Douglas Corp., Long Beach, Calif. Aircraft proposed by the four companies were one or more variants of Boeing's 707, Lockheed's P-3C Orion, Douglas' DC-10 and Hawker Siddeley's Nimrod.

Boeing and Lockheed will now compete in a "contract definition phase" of the program that will take several months to complete.

Mr. Richardson emphasized that during this phase both companies will be required to

indicate exactly how they would meet the government's requirements. The contract definition phase will include performance capabilities, technical specifications, production schedules and costs of the aircraft, as well as the employment opportunities and industrial benefits which will accrue to Canada.

The two companies, Boeing and Lockheed, were selected following an intensive evaluation of all submissions by a project team involving six government departments.

Under the project manager, Brigadier-General T. S. Allan of national defence, other government departments were industry, trade and commerce; supply and services; regional economic expansion; finance; and the treasury board.

Since the mid-1950s national defence has used Argus aircraft for surveillance. Because the Argus fleet will be approaching the end of its service life in four or five years, it has now become necessary to identify an appropriate replacement.

Mr. Richardson said that contractors were informed last November that the economic benefits that would accrue to Canadian industry would be a prominent factor in the selection process.

Proposals from all four contractors indicated a substantial involvement by Canadian companies in the construction of the proposed long-range patrol aircraft, as well as the manufacture of the necessary electronic and surveillance systems.



MISS CFB COMOX contestants: seated Miss Patti Clarke and standing (L-R) Miss Debbie Alcock, Miss Cindy Creamer and Miss Cindy Anderson. Ellis Photo

"Soup" Campbell Awarded OMM

The CDS has announced that the award of the order of military merit has been approved by Her Majesty the Queen to MCPL R. J. Campbell of 442 squadron.

MCPL Campbell, a Para-Rescue specialist, was on the crew of a Labrador Helicopter on May 18, 1973. The

helicopter from 442 T&R Squadron was assigned the task of removing an injured fisherman from a fishing vessel off the west coast of Vancouver Island. Because of the wild sea state and high wind, it was not possible to lower rescue personnel directly onto the fishing boat

without jeopardizing the safety of the helicopter and its crew and it was reported that the injured man was suffering intense pain. MCPL Campbell, a member of the Para Rescue team, volunteered to enter the water and swim to the vessel. Wearing a full wet suit and

(Continued on page 3)

Olympic Lottery

OTTAWA (CFP) -- Some Canex patron may be in for a \$1,000,000 windfall after April 15, 1974.

The exchange system is selling Olympic Lottery tickets -- at \$10 each -- in support of Montreal's 1976 Olympic Games and amateur sport across Canada.

The tickets are available at base exchange outlets in all provinces except Manitoba, Saskatchewan and British Columbia. (Because these provinces did not elect to participate in the Olympic lottery.) Nova Scotia will not participate in this program until July 1, 1974, because of its own provincial lottery.

There will be a draw every four months, the first one taking place April 15, 1974. 25,000 prizes, totalling \$8,175,000, will be won.

Some winners will be servicemen, because in every 1,000-ticket block purchased from the Olympic Lottery Corp. Canada, there are 10 cash prize winners.

First prize is a cool \$1,000,000, second \$500,000, third, \$250,000, and so on ALL TAX-FREE.

The base exchange receives a one per cent commission if it sells any of the top 10 tickets. Provinces receive a percentage of each ticket sold within the province, to support local amateur sport.

There will be 2½ million tickets made available to the Canadian public for the first lottery draw.

Sale of Olympic coins and stamps by Canex still is under negotiation with officials of these lottery organizations.

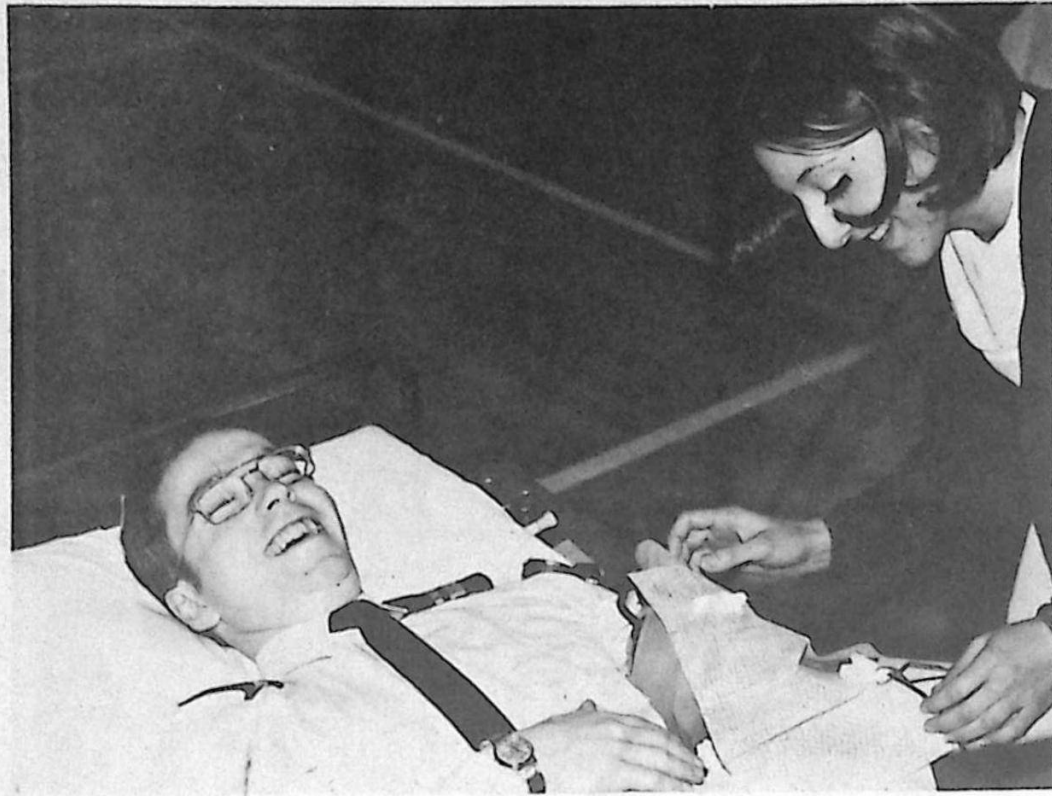
Canex says tickets are available from chartered banks and other private and public outlets, but encourages its patrons to buy from them. Money earned by the sale of these tickets stays on the bases or stations they serve.

Canex incorporated all grocery, dry goods and other retail outlets on military establishments across Canada and overseas Oct. 1, 1968.

The outlets are under direct control of base, station or unit commanders. All profits are returned to patrons in the form of various services and amenities.



GREETINGS FROM FORT FUMBLE, "High" on the banks of the Rideau.



THE BLEEDER AND THE BLEEDER meet! "Honey, with lashes like those, you can have all the blood you want!" Ford Photo

Hospital Anaesthesia

Well, it has been several weeks since our last column and a year has passed. Since one of our authors is a cross-trained Ukrainian, and with editorial licence I can say we will try to submit a column for each "addition" of the Totem Times in the new year. (Ed. note: If you didn't get that (like I didn't) it's a 'Ukrainian' joke).

With the New Year here, you'd expect us to talk about all the new things taking place or expected to take place in the Base Hospital. Well, you're wrong. We ran out of talking about new things last year, so all we can talk about is the old things. Unless you want to hear about the new Hospital additions?? Naw-w, we didn't think that would interest you.

As for the old - we'd like to thank Supply for providing us with such a good Christmas party and feed. We may not have been acknowledged but our presence was felt (if you call walking over and tripping over some of our staff on the floor was 'feeling our presence'). Actually, we think they were mad at us for winning so many of their glass turkeys.

Interesting stats. dept.: There were 135 airmedevacs (a new record) last year. Thank you, 442.

There were 108 blood

donors at the Blood Donor Clinic held last month. Thank you, Donors.

NEEDLES & JABS

Cpl. Bob Reed has left our shop to attend the Hygiene Tech 5A course. All his friends showed up at a farewell party for him. If you didn't notice, they were the ones in the funny masks and kept their backs to the room so they wouldn't be recognized as knowing Bob. We wish Bob 'good luck' anyway.

And, Cpl. Lloyd McKay, now the ONLY single Med A in the Hospital (girls - file that), is making a pest of himself by going around to any and all who will listen to him, apologizing. Seems he had such a good time at the Xmas party, he can't remember what he DID or SAID to anyone. He's being safe and apologizing for possibly nothing rather than being guilty of not apologizing for something.

And, Capt. Anne Doran can give Howard Hughes lessons on how to disappear. We suspect that she's in Ottawa somewhere, soaking up the cold weather, and fun.

We welcome Pte. Pete Bowerman to the Hospital Orderly Room. With our keen eyes on him, he had better be good or he'll read about it in this column. On second thought, maybe he hadn't

better be good so he CAN read it in this column. He is replacing Pte. Jim McDonald who will soon leave the service for that fool's paradise - marriage! Poor, Jim. And, best wishes, too.

(It is rumored that almost all of the 'old' staff of Hospital personnel will soon be leaving for parts soon to be known. And, you will know as soon as we know.)

HOSPITAL HOCUM

Piping in music to our patients' rooms and the Operating Theatre to allay fear and anxiety in the patient and to prevent fatigue to the operating room personnel has been our custom for some years. With the current interest in alternate population control, vasectomies have become the popular surgical procedure. In the future, our new Operating Theatre will be called the "Nutcracker Suite" when such operations are being performed, with appropriate music by Tchaikowsky being piped in.

The nervous wife nudged her husband. "John? Did you hear that?"

"Yeah," he yawned as he got out of bed.

"Please, John, take care and don't take any risks. What are you going to do?"

"Lock the goldanged bedroom door," was his firm reply.

replay.

Demon Doins

Although their primary activity is submarine hunting, the Demons have been doing a lot of flying lately to assist seafarers in distress. It began on the evening of Dec. 18 when a 407 Argus was dispatched to assist the Oriental Monarch, a Liberian freighter which was taking on water several hundred miles from shore.

Using radar and electronic search techniques, the Argus crew arrived on the scene to find the Oriental Monarch with her decks awash. Except for the radio officer, who was still valiantly signalling a steady stream of morse on the distress frequency, the crew had already abandoned ship. Two or three red flares were then sighted but the heavy seas, high turbulence, very low cloud ceiling and poor

visibility combined to make further localization all but impossible.

Later in the night, the Comox Argus was joined by a U.S. Coast Guard Hercules from Alaska. Several more sorties were launched in the following two days, acting under the local control of Ocean Station Papa (the VANCOUVER of the Canadian Coast Guard Service). By the time the last Argus left the area on the morning of Friday the 21st, twenty-seven bodies had been recovered.

Returning home from the final flare search, the Argus crew was alerted of yet another ship in distress. The aircraft hurried to the scene, about thirty miles off of

Estevan Point, to find a sailing ketch wallowing badly and apparently without steering. The 407 crew and Tofino Marine Radio co-operated to bring a nearby freighter to the scene.

It was confirmed that the ketch was the PACIFIC MARINER, some seven weeks overdue from Japan. Having consumed water contaminated with salty sea water, the three survivors were probably delirious, refusing help at first and calling only for a doctor. After ensuring the Mariner would be safe the Argus departed. A few hours later, HMCS Mackenzie arrived and took the three survivors on to Esquimalt, soon to be reunited with their families.

Voodoo Nuts, Bolts and Volts

The festive season has come and gone, Christmas presents have no doubt been returned or exchanged, and all that are left are fat charge accounts and hangovers.

The BAMEO is walking spritely once again, after his sojourn in Naden Hospital last month. The operation was declared successful, and he'll probably run the 1½ mile again this year. The Bagotville deployments have ended. Those who were there on TD have not rushed in and asked for postings to La Belle Province yet. We also had a group go to Cool Pool on TD. WO Shimla will be pleased to brief you on the best way to get there should the occasion arise.

WO Lorne Listoen has retired from one job and taken up another. If you see a sharp looking troop in St. Joseph's Hospital, it ain't an intern, it's Lorn. He says that upon retirement, it's a good idea to have instant Medicare handy. Any chance for remaster to a bed-pan pusher Lorn?

Cpl. Bill MacDonald got married on Dec. 8 up in

Campbell River. All who attended the wedding concede it was a gala affair - immediately after the reception Bill started growing a big black beard. Says who has time to shave at a time like this. A healthy, happy 50 years or so to you Lorie and Bill.

MCpl. Fontaine received his certificate of service on the BTSO's parade last month. Ken retires after 33 years of service and plans to stay in the area. Now if you can rack up 33 years in retirement Ken, you'll have it made. Other events on the same parade were four 22 year classes and four CD medals awarded to BAMEO personnel, and a Good Show award to Cpl. M.L.B. Plamondon for tracking down a loose bolt in an engine gearbox, preventing more serious and costly failures.

Cpl. Rick Shaw won a suggestion award recently for replacing a loose nut in an engine intake, also preventing costly ruptures. Rick would really like an award at the PNE - he practices animal

husbandry at his 'Ranch' on Knight Road. With the price of pork, that's a good place to invest his award money.

Harking back to that phrase 'Dynamic Military Force' (translated as Dismal Military Future by some) which appeared along with the recent announcement of our pay adjustment, one is reminded of an article on Buzz Phrases published in TIME magazine a few years ago. Three columns of words were printed, and any combination of three words, one from each column, produced a high sounding but generally meaningless 'Buzz Phrase.'

To paraphrase an English oldie about fine words and parsnips, it might be said that fine Buzz Phrases butter no corporals. At least our monthly Personnel Newsletter has not resorted to Gung-Ho verbosity - as an example of how good service writing could be, it is a model we can all use.

A final word on parades - they are to be held quarterly, so watch out, your name is on one of them.



MAJOR BILL CARR-HILTON, Labrador Flight Commander, 442 (T&R) Squadron. Base Photo

Labrador Pilot

The CDS has announced that the award of the Order of Military Merit has been approved by Her Majesty the Queen for 49 members of the CF Regular and Reserve.

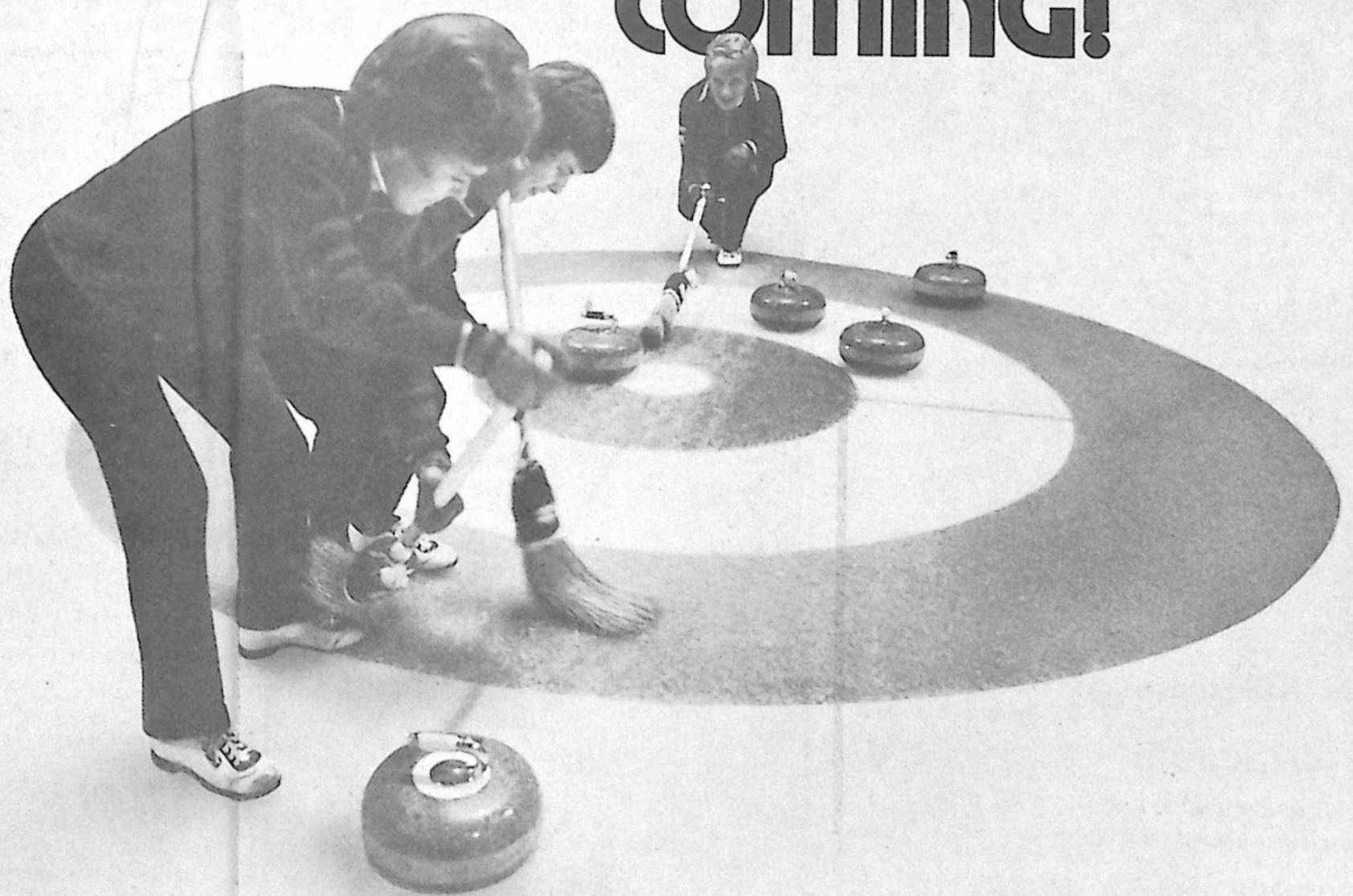
Among those named to be an Officer of the Order is Maj. F. W. Carr-Hilton.

On 3 Jul. 72 Maj. Carr-Hilton piloted a Labrador helicopter on an extremely hazardous mission to effect the rescue of an injured mountain climber from a ledge on Mount Slesse, British Columbia. The almost vertical face of the mountain where the injured climber was located prevented the helicopter from being positioned directly

overhead for a simple hoist pick up. Instead the aircraft had to be positioned as close to the vertical side of the mountain as possible while a man was lowered by cable to a position approximately opposite the injured climber. A pendulum motion was imparted to the cable by personnel inside the helicopter thus allowing the para rescue man to gain the ledge where the climber was located.

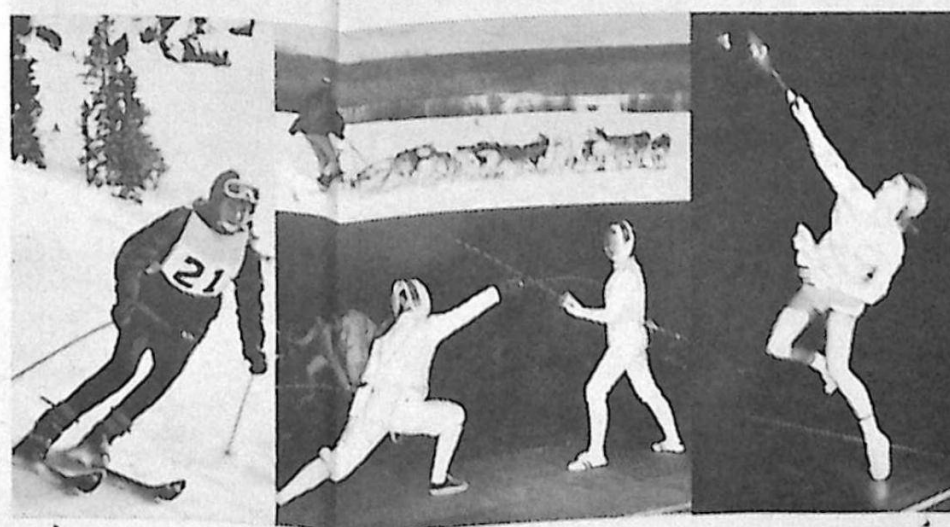
Despite the risks involved during the ordeal, Maj. Carr-Hilton displayed exceptional pilot ability and a personal disregard of safety that far exceeded peacetime demands.

THERE'S A GOOD TIME COMING!



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Nighthawks Nest

It's getting so that you don't know what to do these days, or for that matter how to do it. Take the case of Ken Carr and Les Cox: They were returning from a target mission last Thursday morning when they spotted a partially submerged pleasure craft near a small island in Desolation Sound. They descended for a closer look and observed two or three persons frantically flailing their arms about in an obvious attempt to either attract the T-33s attention or to convey a "get lost" message to a couple of intruders. Our intrepid aviators skillfully assessed the situation — a half sunken boat and three gesticulating people on a small island about a mile from the mainland in an almost totally uninhabited area — and concluded that they were more than likely tourists who had loaded their boat to the gunwales with good ole B.C. salmon and were now waiting for the tide to drop so that they could pack the bilge with crabs and oysters. They already had a huge fire going so they were obviously not in any immediate distress that our guys could see.

A little concerned that these people were probably picking

oysters in a polluted region and might very likely become ill, our lads relayed the situation down to 442 Sqn. who quickly dispatched a helicopter to the scene to inform the tourists of the dangers of consuming shellfish during months that contain one or more R's. Imagine everyone's surprise when it was discovered that these people were in dire trouble and required assistance. Now you might think that our boys were downright elated that they had been given the opportunity to be of assistance to someone in desperate need of it but not so!

Would you believe that they spent the remainder of the trip concocting their story as to how low they descended and how much bag time they should log? The net result of this trip was that it was discovered that some of our T-Birds have horrendous altimeter errors and that Ken has eyesight similar to that of Superman — He can actually spot a sunken boat from 10,000 feet while peering through a thin sheet of nylon. Great Scott!

Fancy Lance, alias "Ski Boot", got the word the other

day that he is about to have something different and less smelly heaped upon him from great heights — more gold braid and piles of money. When he receives his ill-gotten gains, Lance is planning to buy a new Maserati Bora for himself and a new pair of ski poles for Peggie. If there's anything left over they're going to Hawaii for a couple of weeks. Don't anyone tell him — It's the nicest he's been for three years.

Major Mike, the motorcycle maniac, just purchased another machine from one of his old buddies in Ottawa. He is planning to equip this one with a side-car and fully enclosed fairing complete with a 1967 Chev windshield and ¾ ton truck tires. To eliminate the hassle that most bike-riders expect when jamm'n, he is seriously thinking of wrapping this entire menagerie with an old Army half-track body when he transports it west. This whole outfit should weigh in at about 13 tons so he's asking for 2 years special leave in order to give himself enough time to get it home.

Rumor of the Week: Mike McKay and Ed Campbell are married.



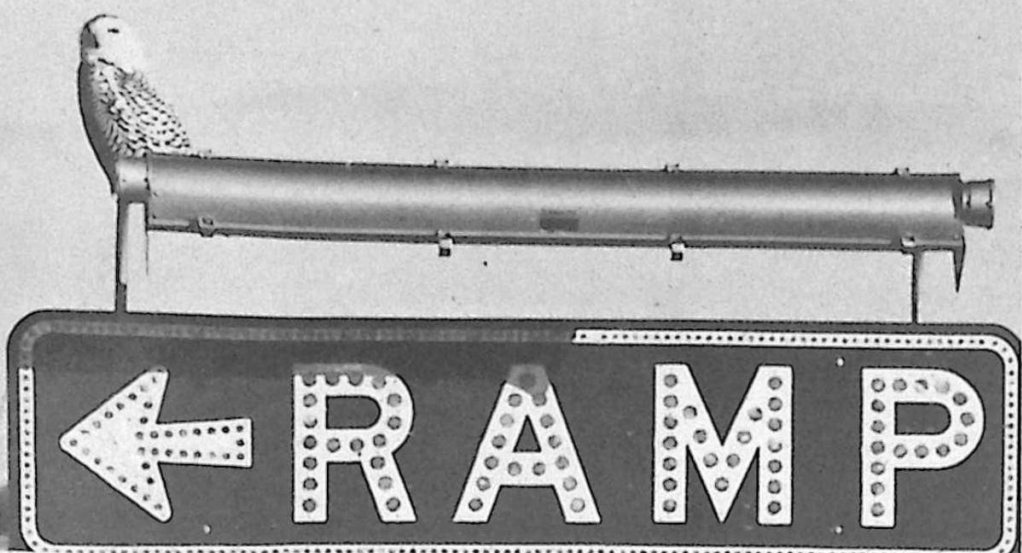
MASTER CORPORAL R. J. CAMPBELL — "above and beyond the call of duty." Base Photo

"Soup Campbell awarded OMM

(Continued from page 1) carrying emergency medical supplies, MCpl Campbell left the helicopter from a high hover and dropped into the sea. Swimming to the boat through six to nine foot waves on 15 foot swells and timing the boat's roll, MCpl Campbell boarded the vessel where he administered the necessary drugs and comforted the injured man before re-entering the sea for recovery by the helicopter.

MCpl's actions, under adverse environmental conditions, and his dedication to the relief of suffering, lessened to a large degree the hazard to aircraft and crew and brought comfort and assurance to the injured fisherman.

His actions were well beyond those expected of a Para Rescue Specialist and were a major contribution to the successful completion of the mercy mission.



"TOWER — THIS IS OWL 870 — request clearance to the ramp." Ellis Photo

The Gravel Pit

Speaking of Quality, before we go any further, we'd like to point out that the section Christmas party was a real quality affair. We extend our congratulations to the members of the entertainment committee: Lt. Jack Garbutt, Lt. Dave Godfrey, M.Cpl. Ron Huot, Cpl. Eric Munroe and Pte. Dan Laramie whose planning and hard work made the evening the success it was. We also thank Sgt. Brian Corke for his assistance in mixing a truly tantalizing punch and although we do not believe in commercial endorsements, we would like to add that the music provided by Lt. Dave Godfrey was fantastic.

Now that the holiday season is over and we've all had time to think about and reject all those silly New Years resolutions we so rashly made the morning after something or other, we can get back to the serious business of protecting our country. To help us prepare for this important task, we have coming up the middle of February, that annual event known as TAC EVAL. In conjunction with the TAC EVAL we will also have our yearly visit by the ATC Standards Team. So be prepared. Then, of course, we of ATC have another annual event to look forward to on the 26 of Feb. This one is known as the PKE. The time to start thinking about this one is now.

The tremendous response this article received in the latter part of 1973 has prompted us to pick our brains for a way to repay our loyal readers in this, the New Year. We have decided, to show our appreciation, to give you that which you obviously desire most. Some insight into our organization.

As you may, or may not be aware, ours is a section made up of two very distinct parts.

On the one hand we have RATCON who handle all IFR traffic and on the other, Tower, who handle all VFR and aerodrome traffic. In this episode we will cover the organization of RATCON and leave the Tower for another day.

To start with, of course, everyone needs a boss. In our case this is the BATCO, Maj. George Mealing. The BATCO heads the entire section but we mention him when speaking of RATCON because we feel he has to be mentioned sometime and his office is in the RATCON complex. For these same reasons, we mention the ATC Warrant Officer, MWO Jim McManus who, besides being the BATCO's Administrative Assistant, has charge of all "B" Stands and Radar Controllers. Next we have the fellow whose job it is to actually run the IFR side of things, the Chief Controller RATCON, Maj. Oz Septav. If you have any questions at any time, let us assure you, the CC RATCON invariably has an answer. Our Standards and Training Officer, Capt. Dave Blamire and our Senior Radar Controller, WO Ed Rowland round out the Administrative Staff.

At the present time RATCON is operating on a crew system with four crews of three controllers each. One Terminal Controller and two Radar Controllers. The crews are made up thusly: "A" Crew — Capt. Larry Harker, Sgt. Alec McLennan and M.Cpl. Mel Bush. "B" Crew — Lt. Gerry Chute, M.Cpl. Dave Bews and M. Cpl. Ron Huot. "C" Crew — Lt. Jack Garbutt, Sgt. Brian Corke and M.Cpl. Ron Shaw. "D" Crew — Capt. Roger Ouellet, Sgt. Art MacIntosh and M.Cpl. Paul Duquette. On each crew the Terminal Controller is qualified at the Terminal,

Arrival and Departure positions and the Radar Controllers are qualified at the Arrival, Departure and Final Approach positions. So you can see it's a joint effort with each crew member handling one third of the workload. The only possible exception might be "D" Crew where, for obvious reasons Sgt. MacIntosh makes up 44 per cent of the Crew.

Backing up the crews we have several spares including: Capt. Pete Morrow, Cpl. Eric Munroe and Cpl. Ray Elphick. Also, all members of the Administrative Staff are fully qualified to assist or fill in as may be required. Our "B" Stands alternate between RATCON and Tower and at present we have Cpl. Jim Cave and Cpl. Ernie Doyle in that capacity in RATCON.

In addition to this we have a continual training program to qualify Controllers from the Tower as Terminal Controllers. Right now these trainees are Capt. Norm Neilsen and Lt. Gerry Kuhn. Tune in next time for our fast paced expose of life in the Control Tower. We promise it will be just as exciting and stimulating as what you have just read. In closing, we hope you had a happy holiday season and sincerely hope the five merry makers nabbed by the RCMP didn't include you.

Bad Influence?

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Son: "Shakespeare used them."
Mother: "Well, don't play with him anymore."

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As soon as you receive your application, simply bring it to one of our two offices located in Comox and Courtenay. Of interest to Comox residents - Nanaimo Realty (Comox) office located in the Comox Shopping Centre is the only authorized Auto Plan agent in Comox.

To save time — when you receive your insurance notice — see your agent right away to determine your coverage and cost.

To all our friends and customers, it has been our pleasure to advise you regarding insurance matters in the past and hope we can continue to be of service in the future.

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Old Soldiers Get Raw Deal

Higher public service pensions affecting retired RCMP, armed forces personnel, MPs and other public servants have been made possible by removal of the two per cent ceiling on the annual cost-of-living increases, according to recent newspaper reports.

They went on to say persons who retired from the public service before 1970 can expect up to 11.4 per cent more, while those who retired earlier this year can expect a minimum increase of 6.3 per cent.

The newspaper reports have not provided the public with the full picture.

The majority of retired servicemen, working at below average wages, cannot expect any increase whatever until age 60. Many senior ranking officers, normally retiring at age 55 with 30 years of service, need not fear as they will immediately qualify.

Junior ranking personnel, including senior NCOs, retired compulsorily at age 50, are out of luck unless they have served 30 years and still must wait until age 55. Is this a means to discourage early retirement? (e.g. at age 45 with 25 years service).

Those retiring with 25 years in the forces must wait until age 60 to qualify. When I retired in 1969 with 25 years service it was my understanding that I was entitled to full pension benefits.

Is it not true that MPs have been receiving pensions with annual cost-of-living increases after having served only 6 years in office -- and with no age limitation? Obviously, those who need the additional income least will benefit

the most. This is not surprising when one realizes how and by whom these bills are proposed and approved.

Armed forces personnel, excepting possibly those such as the Esquimalt Navy, Ottawa Air Force and a few others, have moved frequently about our country. Europe and other parts of the world seldom putting down roots. To remain in the forces was their choice, and the majority have taken pride in their occupations.

The bitterness comes to the ex-servicemen on retirement, as it is called, when all the expectations of a home of his own and a chance to enjoy the benefits of his "pension" go down the drain.

Finding a job at age 50 with a skill second to none, but useless on civvy street, is frustrating beyond telling. The job he ultimately finds, usually in competition with others in the same boat, is often below average income. Then he learns that a suitable home is out of his financial reach.

Now his former employer tells him he is not qualified for a cost-of-living bonus. Why not?

I have awaited further newspaper announcements but evidently none will be forthcoming. However, the recipient of an annuity from service in the forces found the information enclosed with his October pension cheque.

With recruiting for the armed forces reportedly falling short of its target, one can form his own conclusion.

Herbert C. Image
(from Vancouver Sun)



"WELL, LADS, LOOKS like we got this peeping. Tom dead-to rights."

Discrimination? Impossible

"Bonjour Pierre -- comment ca va?"
"Hello Mac -- your French is coming along pretty well, eh?"

"I guess it has to, Pierre, if I'm going to get anywhere in this man's Canadian Armed Forces. Anyway I believe two languages is a good thing for anybody."

"You think that it will really get you somewhere, Mac, even though you are not a Francophone? We may not let you have any goodies, you know!"

"OK Pierre, I know that a Francophone is someone whose prime language is French and who has learned English and I know that there is a difference between bilingualism and Francophonism. There are sure plenty of stories flying around about promotions going to the Francophones, and not the bilingual Anglophones. It's a pity that they won't come out with a clear policy and give us the real facts about what is going on."

"Francophonism! That's a mouthful -- been on a management course? I don't think there is any doubt, Mac, that there has been some forced feeding of Francophones up through the merit lists at the promotion boards. How much is a different matter. But you know, we Francophones don't really want it that way. If we are being promoted ahead of Anglophones for any reason other than merit, if we are being pulled up through the merit lists to get promoted only in order to maintain quotas of "X" per cent Francophone in every rank, then we are going to lose the respect of those subordinate to us and we are going to lose their confidence in our professional ability and the military ethic is based on respect for those placed in authority. We don't want that at all and when I say 'we' that's the majority of us. Of course you'll find the 'fellow-travellers' and the 'bandwagon riders' but you'll find a minority of them in any outfit."

"Well, Pierre, we are a small force you know and the word gets around pretty quickly. There are stories about Promotion Boards sitting for weeks arranging officers into a merit list order based on PERs, qualifications, etc., and then someone dredging down to about 20th in the merit list to produce a Francophone for the second of two promotions. You take a small corps or branch with about 200 or 300 officers in it and it gets 2 or 3 promotions a year from say, Captain to Major, and start messing about like that you are going to ruin the careers of some officers for the rest of their service. Look at the Artillery, they had two promotions from Captain to Major in 1972 -- what happens to them if their merit list is used as a political tool? They know about it -- officers who have sat on boards talk about it -- they aren't fools. They're good Canadians too, you know."

"Yes, but Mac, you don't know that the Promotion Board merit lists have been manipulated. One of the badges of professionalism is a lot of 'shop-talk'. That's pure speculation and, in any event, even if they were and even if the Francophones are being promoted out of turn in order to achieve the percentages laid down in some Departmental policy, that's surely going to be good for Canada in the long run, isn't it? A few Anglophones may have to suffer along the way but it is helping Canadian unity, isn't it?"

"I don't know, Pierre, I'm not sure that it is. Lookit, if we bypass people all the time and we lower our standards in a small force we really lower them because we do not have the depth to reverse that process. And if you have 20 officers competing for two vacancies in the next higher rank and you arrange them in a merit order, then take Number 1 and Number 10 because Number 10 is a Francophone -- then I say you have not only destroyed everyone's confidence in the promotion system but you have lowered the standard of competency in that corps or branch and that does not help Canada or Canadian unity. And it is no use saying that Numbers 2, 3, 4, 5, 6, 7, 8 and 9 will get promoted next year

because they won't. For one thing it would take five years to pick up the difference, even if more Francophones were not promoted ahead of their merit list placings next year and in succeeding years and furthermore, each officer does not place in the same merit order each time his file appears in front of a board."

"Mac, I don't think you are getting the point. If a Francophone is forced to learn a second language he suffers a disadvantage from the very start and how do we measure the disadvantage? It's very difficult to measure but promoting him to keep up the '28 per cent of every rank' level is one way of ensuring that his basic disadvantage is evened out. We were really a disadvantaged minority in the Armed Forces, you know, just look at the pre-war figures of Francophone officers in the Navy and Air Force and you will see who was disadvantaged and discriminated against, too. I don't think the pendulum has swung too far for too long -- but I think you do."

"Okay, Pierre, I hate using statistics because 'Figures can't lie but liars can figure' but I've read somewhere that the natural affinity of French Canadians to join the Forces in peacetime is about 19 per cent of the total strength. I'm told that this is the figure for peacetime, not wartime. If this is true then they are force-feeding 28 per cent or more instead of allowing a natural 19 per cent and that is going to be counter-productive in the long run because they're interfering with everyone's faith in the system."

"Perhaps, but we need to get more Francophones from Quebec into the Armed Forces -- their is quite an anti-military feeling among the youth of Quebec and if we get more successful military careers that we can display there and publicize them there, then that 19 per cent might quickly become 28 per cent. But the way you're talking you'd think that there was discrimination involved and I don't think there is. And, frankly, even if there is it's what the country wants and it's what is owed to us from way back when."

"Pierre, there is no visible proof of discrimination but there are too many stories about it, you hear it in every base you visit, and Ottawa makes it worse by not coming out loud and clear with the facts. I sincerely hope that we do not have racial discrimination in the Forces for, if we do, we not only transgress the Canadian Bill of Rights but we are going right against the stated beliefs of our own Prime Minister who said 'Racial discrimination is perhaps the epitome of human indignity -- if we tolerate it even privately in our hearts -- then we have diminished our own stature'."

"Boy -- you've been reading again! When did he say that?"

"He said it in his speech to the Commonwealth Prime Ministers' Conference in Singapore in 1971. It's on the record and I read it."

"Mac, do you believe that, in pursuing the French Fact or French Connection or Bilingual-Bicultural Policy in the Armed Forces, or whatever you call it, there is some deliberate racial discrimination, 'the epitome of human indignity'?"

"Pierre, I don't know if there is, the rumors and reports indicate there is. I just wish to hell someone would come out and truthfully and honestly say there wasn't, perhaps even prove there wasn't, otherwise we are going to be looking at a few generals in the future and think, 'There they go, with their free \$50,000 insurance policies in their pockets, and they got there through racial discrimination.' That's no good for loyalty, respect, discipline, the military ethic or plain old professionalism. Still, back to work, maybe some day some one will tell us what it's all about."

"Don't hold your breath, Mac."

"Bon soir Pierre."

"Goodnight Mac."

N.A.R.

Percentofranc Problem

Dear Sir:

In your issue of 13 December, 1973, there was an interesting and factual editorial entitled "80,000 people can't be wrong or can they?" It touched on the problem of the issue of bilingualism which is a growing problem in the Canadian Forces.

Some weeks earlier I had visited two bases (Shilo and Gagetown) and noted that the main topic of conversation in the Officers' Messes at both bases was the manipulation of the promotion board merit list system to increase the Francophone (not bilingual) percentage in each rank. Both of the bases were Land Combat Arms and the Artillery appeared to have been worst hit because they only got two promotions from Captain to Major last year and one of these (from the board of 1 April to 30 September 73) was a merit list displacement by position 21 (Francophone) to replace position 2 (Anglophone). Where there are only two promotions a year that meant the end of a career for a number of captains in the Artillery.

On my return I wrote the attached mythical conversation between two officers in a mythical mess and sent it to the "Lookout" who had already published two things I wrote. Al Tassie regretted to reject it but it is as he puts it "truly too hot to use" -- it may be that it could be "cooled" off a bit to make it fit for publication.

In any event, Mr. Editor, I would like you to read it and would be happy to receive any comments on it. Of course if you want to publish it, please be my guest.

We enjoy your paper and my boys think your editorials have "guts".

Yours sincerely,
N.A. Robinson,
Lieutenant Colonel
Deputy Commander,
Vancouver Militia
District Headquarters
Dear Colonel Robinson:
We like it hot; see editorial Ed.

Unequal Opportunity

Dear Sir:

This letter was prompted by the recent pay announcement (31 Oct. 73).

After twenty (20) years of RCN, RCAF and CAF I am finally coming to the conclusion that there are certain fundamental economic and psychological factors either not known or ignored by the ones who make the pay decisions.

ITEM -- This last pay raise showed a complete lack of economic knowledge. It is basic that in a time of inflation the lower paid employees are the ones who suffer the most. (Who got the biggest raise?)

ITEM -- The CAF is losing men at a great rate, and it is Cpls. and Sgts. 3 to 1 over higher ranks who are getting out. I believe it is basic that you feed the hungry before you pass out the dessert to the fed.

Let me comment at this time on the proposal that we all act as recruiting agents!

After watching men fail basic courses and have to remuster, then meeting that same man 10 years later and two to three ranks higher, after leaving the RCN and deciding the RCAF was my choice seeing men arrive from the RCN two to three ranks higher and 8 to 10 years junior, can I really tell a young man to join the Armed Forces.

Can I tell him about the service attitude regarding dress, i.e.: buy a parka and we may let you use it, i.e.: wear name tapes, wear wedges, wear the new service badge, don't wear the new service badge, this sort of thing is hardly conducive to pride in uniform!

Can I tell him how the PER system and the consent to serve form has worked for the older fellows in the RCAF?

Can I tell him about the man who stays on one station or area for 8 to 10 years and does the same job and buys a house, while the other man moves 4 to 6 times in the same period unable to buy a house because he can't accumulate the capital to start and do I tell him that the first mentioned man gets the higher PER score because of his efficiency at his job while the other man is always learning?

This letter sound like the eternal complainer, I will state that there have been many wonderful people, places and things in my time in the service, however on balance I don't believe I could recommend that a young fellow take a chance on being in the right trade and the right place at the right time, altogether too big a chance for

a young fellow to take.

Can I tell him that after 20 years of service (10 years of which I moonlighted to support my family) I am forced to go back to moonlighting in order to support my family?

Before I close and because I dislike destructive criticism by itself I would like to put forward some recommendations that I think will cause the service to provide a good life and one to which a young person could be attracted.

All Sgts. and below to be released after 20 years of service and a sliding scale for all others and that no man or officer shall serve more than 25 years.

This I believe would stimulate promotion, the production of new ideas, and because a man knows he will have to retire it will tend to lessen the "Don't rock the boat" syndrome so common in the Armed Forces today.

In the field of human services the Armed Forces should lead the nation in such things as; dental care, help for the separated family, help for the retiring person to find a civilian job, and many other areas too numerous to mention.

Something be done in the policy making field to prevent the protection of old ideas, which is usually done in the interests of self-preservation.

I believe that a man should have the opportunity all his service career to further himself, if not promotionwise then tradewise, certainly the idea that after four years in rank there is no further opportunities for pay increase has to have a dampening influence on a man.

I do believe that any changes in the future should not only consider the people joining but the people who are already in the service certainly it is basic for an intelligent human being that loyalty up must be tied to loyalty down.

C.B. Wilford
MCpl.

Right Man - Wrong Place

Dear Sir:

Recently you published an article in the Totem Times on the problems the CFs having in getting recruits, "80,000 People Can't Be Wrong .. Or Can They?" It was very good and how true!

True, the CF seems to be having a "blitz" on trying to gather enough bodies to fit into "greens" on the shelf.

But, I feel that one point was entirely missed. The persons that be (NDHQ) do not really seem to want to take care of those they already have in uniform. Someone wasn't in line when they were passing out common sense. For instance ...

— A platoon commander is needed in Cornwallis. So they take a trained pilot and want to post him to fill the vacancy. Why? Why not post someone who can do the job more effectively, like someone who knows something about commanding platoons! If this posting was effected, somewhere along the line they would have to train another pilot. But, what happens? Ottawa was unwilling to change and so was the pilot. So they lost one good pilot to another employer.

In the end the CF is minus one pilot and still has to find a platoon commander. So it goes. I wonder how many times this story will be repeated in 1974.

With all the bad press and with a bit of the above mentioned foolishness -- is it any wonder that we have to advertise and have "Manpower" seek prospective servicemen?

Many such unrealistic demands no doubt contribute to morale problems of servicemen and women. We need some sophisticated celebration for a change to keep us happy, interested and willing.

I think 'Motivation' is the word, and if Ottawa wants to motivate young men and women to put on the CF uniform, they should first try to motivate some of us to stay

You And The Law

In an earlier article, I discussed the various types of "legal separation". In all forms of legal separation, the husband and wife are still married to each other. This article will deal with the termination or voiding of a marriage.

You occasionally hear that some marriage has been annulled. When a marriage is annulled, it means that either the formal prerequisites of marriage were not complied with, or one or both parties had no capacity to marry. For example, a marriage will be deemed null and void if the man or woman were below the legal age limit for marriage, and did not have the parents' consent. In many cases, a court will issue a decree of nullity, but this is often merely a declaration of what is already a fact. In effect, nullity means the marriage never existed.

On the other hand, divorce is the termination of a marriage on certain grounds. The Divorce Act, which came into effect on July 2, 1968, provides new grounds for divorce. Before July 1968, the main ground for divorce was adultery, which was often difficult to prove. Additional grounds that now exist are sexual deviation, bigamy, physical cruelty and mental cruelty. There is also grounds where one of the parties is imprisoned for a certain length of time, where one party has been grossly addicted to alcohol or drugs for three years immediately dependent on separation for a period and some are not.

At one time, courts could only assume jurisdiction if the petitioner was domiciled in a particular province, but courts can now assume jurisdiction on the basis of continued residence for one year.

in. Think of what 80,000 salesmen could sell.

As Charlie Brown's baseball-playing friends state: "It isn't any fun, Charlie Brown, to be on a team that never wins."

P'nuts

Arena Damage

Dear Sir:

The problem of vandalism and damage in Glacier Gardens Arena has markedly increased in the past two months.

Malicious efforts to deface the facility (particularly the washrooms and the foyer) have occurred at heavy use periods when policing by the arena crew is difficult due to crowding and ice maintenance responsibilities.

This arena is the only facility of its kind in the Comox Valley and consequently is utilized not only by servicemen and their families but by civilians who live anywhere from Black Creek to Royston.

The arena is utilized seven days a week from 0600 hours to 2400 hours daily. Approximately 500-800 persons a day pass through the facility either as skaters, hockey players or spectators. Each and every one of these people has a responsibility to ensure that the facility is properly used and respected. Just a very few vandals can completely ruin the appearance and sanitary condition of this facility -- and, consequently, the enjoyment for a great majority of users. We all must do our part to

(Continued on page 7)

TOTEM TIMES

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ON BEHALF OF THE 3rd Komox Guide Co. Ruth Denton presented W. O. Morrison of the Base Fire Hall \$31.50 for the Christmas Stocking Fund. The Girls earned the money as their Christmas Good Turn by having a Bake Sale and Cake Raffle in Dec.

Fishing Vancouver Island

For the dedicated sports fisherman a transfer to CFB Comox is the ultimate of transfers because there's prime fishing in the surrounding area every month of the year. The following is but a brief outline of what the newcomer can expect:

In the northern portion of Vancouver Island, cutthroat and rainbow trout are native to the lakes and rivers. Some lakes have been stocked with kokanee (land-locked sockeye salmon). Steelhead (sea-run rainbow trout) visit some of the rivers in the late fall and winter. Coho, Chum and Spring salmon (a Tye is a spring over 30 lbs) pass thru these coastal waters on their migration to spawn. Yes, all Pacific salmon return to the river of their birth to spawn then die.

For the newcomer to the area it would be wise to check with the Fish and Wildlife Branch and the local sports shops for information concerning licences, catch limits, best types of gear and lures, etc. before setting out. A good map of the area is a must for recent arrivals who want to venture onto the logging roads which lead to the better trout fishing spots. The local BX handles an excellent one that covers all of the northern portion of Vancouver Island. For those whose primary interest is the West Coast salmon the Base Library carries a selection of books on their habits. In particular they have a few authored by Roderick Haig-Brown of Campbell River who is considered a world authority on the subject.

Now to the meat (no pun intended) of the subject, the when and the where.

In January the steelhead should be in the Puntledge, Campbell and Quinsam river systems. Follow the paths along the river banks and fish the pools using roe or a spin-n-glo. Watch the experts on their technique because 90 per cent of these fish are caught by 10 per cent of the fishermen. For winter springs try around the wharf at Union Bay, fish slow and deep using super-strip.

Add the Tsolum, Oyster, Gold and Hebert Rivers to your list of steelhead spots in the month of February. Remember if you can see the bottom of the pool when you are fishing for steelhead you are probably wasting your time. The winter springs will still be around in the salt chuk.

In early March all the northern rivers should be producing steelhead at this time of the year. For

steelhead fish early in the morning and bounce your roe off the river bottom. If you don't get hung up once in a while you are probably not fishing properly. Late in this month the low altitude lakes should start to produce a few trout if it was a mild winter.

As it starts to warm up in April the larger lakes like the Campbells, Buttle, Comox, Bruster and Mahoun should start to pick up. Troll along the drop off or cast from shore at the mouths of creeks.

May is an excellent month for trout fishing in the lakes and all the big lakes should be producing well. For a weekend trip of trout fishing try the lakes north of Gold River. The young Coho salmon should be showing up in the salt chuk, just follow the other boats and use what they use. Remember all

salmon must be 12 inches in length before you can keep them. In June the trout fishing should be still good if the lakes are not too warm. One thing about camping out in this area there are few mosquitoes. The Cohos should be getting bigger now along with some fair sized spring salmon.

July is a good month for Cohos. They should be all through this area. The "Fisherman's Report" on the local radio station will tell you where to go and what to use. In the past few years Bates Beach has been the hot-spot. Big springs can be expected almost anywhere while fishing for Cohos.

The experts say that August is the choice month for Coho. They should run over 10 pounds at this time of the year. For Tye sized springs try the Campbell River Tye pool, or the Comox Bar. Later on in the month try Muchalat Inlet at Gold River. During the summer months casting lures from shore at Little River has produced unexpected results for the ardent fisherman with lots of time. Also during the summer jigging for cod can be fun when the salmon are not biting.

In September the Tye should be still around. Again try Muchalat Inlet at Gold River if it is still open.

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THE LAST DAY OF SCHOOL BEFORE the break for Christmas has always been a happy occasion throughout the years. Last year was no exception, for the children of the junior grades at the DND School in Wallace Gardens were visited by the jolly fat man in the familiar red suit. Santa Claus was provided, compliments of the Military Police, with a flashing red light escort from the time his sleigh touched down on Base to his rendezvous with the children. He distributed his Christmas cheer to the children who were assembled in the auditorium, thanks to arrangements by the Principal, Mr. W. N. McInnis. Even Col. P. D. McNichol had an appointment with St. Nick to ensure that he was on his distribution list on Christmas Eve. The Mayor, on behalf of the PMQ Council wishes to take this opportunity to thank affable Sgt. Gord Bullock, NCO i c Guardhouse for all of his assistance which was well appreciated.

Hospital Mischief

(Continued from page 3)
pay him when you return!! If you return ???

The fire department was called in to extinguish a blaze believed caused by the over-zealous performance of our steno. They were quite surprised to discover that she had ignited the blaze by accidentally pouring a tin of gasoline over her DND issue typewriter and inadvertently striking a match. She was very pleased when the Fire Dept. returned it good as new?? and was heard to comment happily "&?!:\$\$ - Sassafracks!!!"

Many of the personnel feel that our new 250 lb. Army Sgt. straight from the battlefield of the Comd. Surg's office in Halifax has been over-trained and the task, which requires the combined efforts of the hospital staff, of prying him out from under his desk each time the air element makes a pass has become excessively time consuming. He was recently heard to comment that he feels much more secure now that the CE Section has initiated the building of army trenches outside the hospital.

Entertainment and Events

OFFICERS' MESS ENTERTAINMENT

SUNDAY BRUNCHES - January 6, 13, 20, 27. Lunch menu served 1145 - 1300. Children 75¢ - Adults \$1.25. Casual dress.

FRIDAY, JANUARY 11 - Monster Stag TGIF. Bottle raffle - Keg of draft. Chinese food at 1830. Informal dress in Main Lounge.

THURSDAY, JANUARY 17 - All mess members are invited to attend 407's Demon Night. Dancing to records.

SATURDAY, JANUARY 19 - Gourmet Dinner from India. Assorted Indian buffet - Curried dishes. Indian music piped into dining room. Food served 2000 - 2200. Dance in Casual Lounge 2100 - 0100. "Cameos." Reservations required by 1500 Friday, Jan. 18. Informal dress - \$5.00 per couple.

THURSDAY, JANUARY 31 - Anniversary of Integration. Wear your old uniforms (Air Force, DND, Water). Mixed beer call. Subsidized drinks at 1700. Suitable varied buffet served 1900 - 2030. Dance records with Dave Godfrey in Casual Lounge 2000 - 2400. Please reserve by 1500 Wed., Jan. 30. Dress - Some form of your old uniform regardless of size, condition, rank - \$2.00 per couple.

FEBRUARY HILITES:
Saturday, Feb. 9 - Valentine's Dance.
Saturday, Feb. 23 - Wine and Cheese Night.

CFB COMOX

OFFICERS' WIVES CLUB

Wednesday, Jan. 23, 1974

Wine & Cheese Night

in the Officers' Mess
SEE YOU THERE

WO & SGTS MESS

JANUARY ENTERTAINMENT

Jan. 7 and 14 - Movie TBA
Jan. 21 & 28 - Movie TBA
Jan. 26 - Social Evening

Feb. 4 - Movie TBA
Feb. 11 & 18 - Movie TBA

Jan. 19 - Bingo and Dance - 2030 hrs. Music by the Cam-
eas. Chinese food. Dress: winter casual. Admission: Regular
and Assoc. \$1.00. Honorary and guests \$2.00.

Feb. 2 - Bingo and Dance - 2030 hrs. Music by The Buddies
Food - Beef In A Bun. Dress - Winter Casual. Admission -
Regular and Associates \$1.00. Honorary guests \$2.00.

JR. RANKS CLUB

January Entertainment

Jan. 26 and 27 - Week-End - Totem Lounge opens 1930
hrs. Primo. Cover charge. Members \$1.00. Non-members
\$2.00.

REMINDER CORNER AT THE LOUNGE
Bingo's every Wednesday
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2000 hrs.

\$150.00 TO GO

5¢ Bingo 28 Jan. '74 5¢ Bingo

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Fri., Jan. 25 to Thurs., Jan. 31

LAST TOMAHAWK (General)

ADMISSION: 1 p.m. & 3:30 p.m. 7 p.m. & 9 p.m.
Adults - \$1.25 \$1.75
OAP & STUDENTS - 75 cents \$1.25
Children - 50 cents 75 cents

TCV VIDEO CENTRE

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Manager: Mr. Bob Reed - 334-3262

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RESTRICTED SHOWS: 18 years and above - Under 18 years of
age must be accompanied by a person over 18.
ADULT SHOWS: 16 years of age and above - Under 16 years
must be accompanied by a person over 16.

Wed. 9 Jan. MONTE WALSH Lee Marvin
Thur. 10 Jan. Jack Palance
Western Jeannie Moreau
Showtime: 2000 to 2155 hrs.

Fri. Jan. 11 BIG JAKE John Wayne
Sat. 12 Jan. Richard Boone
Sun. 13 Jan. Western
Showtime: 2000 to 2200 hrs.

Wed. 16 Jan. BROTHER JOHN Sidney Poitier
Thur. 17 Jan. Will Geer
Drama. Showtime: 2000 to 2155 hrs.

Fri. 18 Jan. LITTLE BIG MAN Dustin Hoffman
Sat. 19 Jan. Faye Dunaway
Sun. 20 Jan. Comedy Western
Showtime: 2000 to 2240 hrs.

Wed. 23 Jan. REVENGERS William Holden
Thur. 24 Jan. Ernest Borgnine
Western Showtime: 2000 to 2200 hrs.

Fri. 25 Jan. TO BE ANNOUNCED

Sat. 26 Jan. EL CONDOR Lee Van Cleef
Sun. 27 Jan. Jim Brown
RESTRICTED - Western Showtime: 2000 to 2155 hrs.

Wed. 30 Jan. THE MAGNIFICENT 7 Lee Van Cleef
Thur. 31 Jan. Stephanie Powers
Western. Showtime: 2000 to 2155 hrs.

Fri. 1 Feb. DAY OF ANGER Lee Van Cleef
Sat. 2 Feb. Western
Sun. 3 Feb. Showtime: 2000 to 2200 hrs.

SATURDAY MATINEES

Sat. 12 Jan. TARZAN'S DEADLY SILENCE Ron Ely
Showtime: 1400 to 1545 hrs.

Sat. 19 Jan. SOUTHERN STAR George Segal
Western. Showtime: 1400 to 1555 hrs.

Sat. 26 Jan. TARZAN'S JUNGLE REBELLION Ron Ely
Showtime: 1400 to 1550 hrs.

Sat. 2 Feb. MY DOG BUDDY Ken Curtis
Showtime: 1400 to 1550 hrs.

COMING SOON
Deliverance, Fistful of Dynamite, Red Sun, Five Fingers of Death,
Strange Vengeance of Rosalind, Roy Bean, Hickey and Boggs, Soldier Blue
The Mechanic, Hitler: The Last Ten Days.

RESTRICTED SHOWS: 18 years and above - under 18 must be
accompanied by a person over 18.

ADULT SHOWS: 16 years and above - under 16 must be ac-
companied by a person over 16.

For information on what's playing at the Base Theatre -
Phone 339-2433.



MR. MIKES, RUNNING INTO goaltending problems, might do well to try this pretty miss. She says: "I hope we get Denticare before my first game." Ellis Photo



WINTER in Comox.

Sail Club photo

Chapel Chimes

PROTESTANT CHAPEL

Rev. R. J. Ritchie - Base Chaplain (P) Telephone 339-2211, Local 273

13 Jan 74 — 0930 - 1030 hours Church School
1100 hours Divine Worship

20 Jan 74 — 0930 - 1030 hours Church School
1100 hours Divine Worship

LADIES GUILD: Tuesday, 15 January, 1974 at 8:00 p.m. in the Chapel Annex. Help us make the first meeting of 1974 a worthwhile evening of fellowship and endeavour.

ROMAN CATHOLIC CHAPEL

Father J. A. Borg - Base Chaplain (RC) Telephone 339-2211 Local 274

MASSSES: Saturday 7:00 p.m. Sunday Vigil Mass
Sunday 9:30 and 11:00 a.m.

WEEKDAYS: Tuesday 7:00 p.m. in private homes on request
Friday 10:00 a.m. in the Chapel

On other days Father Borg will celebrate Mass on request.

SACRAMENT OF PENANCE: Before Mass on Saturday from 6:30 to 7:00 p.m. and before other Masses.

BAPTISM: By appointment. Whenever possible on the third Sunday of the month at 1:30 p.m. On other Sundays for a good reason.

JUNIOR CHOIR: Meets in the PMQ School every Wednesday following Catechism Classes at 7:30 p.m. Ages 10 years and over.

PARISH COUNCIL — CHAPEL COMMITTEE: The regular meeting of the Parish Council/Chapel Committee will take place on Wednesday, January 16 at 7:30 p.m. in the Parish Hall. All members of the Parish Council are urged to attend and any parishioners who wish to attend are also welcome and may have a say in all Parish activities.

PLEASE NOTE: Watch for a further announcement of an Ecumenical Service sponsored by the Comox Valley Ministerial Association to be held in St. John's Anglican Church, Courtenay on January 22, 1974.

Week of Prayer

Jesus is Lord! (Philippians 2:1-13).

Every person feels himself torn between lofty ideals and the blunt awareness of failure to live up to them. Each Christian community should be aware of a strong yearning for unity and of the sad fact that too often we ourselves place barriers to this unity.

The theme for the 1974 Week of Prayer for Christian Unity comes from this tension between the ideal that man sees and the real situation that he creates. While in his prison cell, St. Paul was saddened by news of similar events, the jealousies, quarrels and divisions in the Church at Philippi.

His remedy? Look to Jesus, the Lord. Allow the example of his humility and obedience to take hold of us, to overcome our tendencies to rationalize our self-interest and our petty empire building. Allow Christ, who emptied himself and took the form of a servant, to tear down the fences we have erected, and bring to our hearts the common acclamation that he is the Lord.

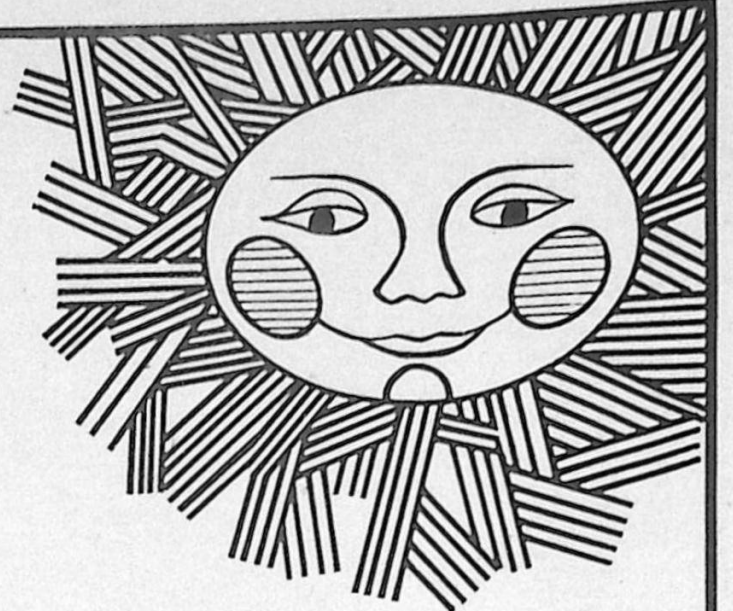
Do not all Christians accept this truth? Yes, but we must meet one another in Jesus Christ and show that faith in him is alive among us.

Jesus is Lord! The words are easy to say, but it is more difficult to live them. We need

patient dialogue, the willingness to see the good faith of others and to respect their traditions, and most of all, prayer: individually, in our homes and families, in our churches and groups.

St. Paul reminds us that it is God who is working in us, encouraging us to will what is right and to work for his good pleasure. It is prayer that opens us to the work of God.

PLEASE NOTE: Watch for a further announcement of an Ecumenical Service sponsored by the Comox Valley Ministerial Association to be held in St. John's Anglican Church, Courtenay on January 22, 1974.



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The RCAF (WD) Association of Hamilton, Ontario after several years of planning and research have published a book about the Women's Division in the R.C.A.F. This book is the first story of the RCAF Air Women serving from 1941 to the current air element. A factual humorous, illustrated hard cover book selling for \$4.50 per copy. Prepaid orders will be mailed through:
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LETTERS

(Continued from page 4)
apprehend the few who cause the problems.

The Base Commander ultimately carries the financial burden for these damages, since Construction Engineering funds are utilized for repairs. A great deal of

money could be better spent in the maintenance and upkeep of other facilities on the Base.

The damage that is done to the Arena reflects the complete lack of concern for property and public facilities that is evident in certain individuals in our modern society. A change in life attitudes is the real issue if this situation is to improve. Apprehended vandals are banned from arena use for long periods of time - these efforts merely scratch at the end result of the problem and do not reach the deeper cause of the problem. Parents and responsible adults must realize their responsibilities to ensure proper and respectful use of this facility.

Help the PERI Staff and arena crew to eliminate the senseless acts of vandalism which are ruining your arena. The arena is provided for your recreation and enjoyment - continued abuse of the facility can only lead to a reduction of the privileges enjoyed by all users.

W. M. Keener
Captain, Base
Physical Education
& Rec. Officer

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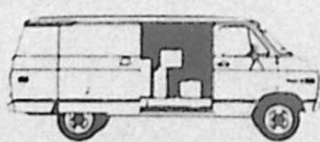
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Save Gas - SAIL

The C.F.S.A. Comox Squadron starts a new sailing season with a brand new executive, growing assets and renewed vitality for this year's sailing program. Commodore Tony Brett, Vice-Commodore John Fox, Rear Commodore Ernie Berry and Secretary Jackie Haan were all elected to their positions at the General Meeting in November. Since then, they have been busy planning for the new season and taking stock of the Club assets.

However, plans mean a budget; and a budget means membership fees! If you are, or have been a member of the Canadian Forces, for \$25.00 your whole family can enjoy sailing this year. This includes the use of the Club boats at any time (commensurate with your sailing skill), participation in the picnics, Sunday races, organized regattas, and a beginners sailing course in the Spring should you require it! Your only other requirements are a life jacket and a load of enthusiasm. But perhaps Mum and Dad are not keen, while the teenagers are. In that case, there is a Junior Membership of \$10.00 for young people aged 12-19 years. This entitles them to the same privileges and responsibilities as a family membership. There is not a sporting organization available that provides so much for such a nominal sum. Memberships are being accepted now, so get your application form from any

member of the Executive Committee, or from the Squadron notice board in the Base Rec Hall.

Just as our Mirror fleet was but a dream last January, our clubhouse is a dream this year! The fleet became a reality through the hard work and enthusiasm of the Club members who put in many hours building them. So too will the clubhouse also take shape. The site chosen on the Goose Spit is breathtaking! Virtually surrounded by water, with a 360 degree view of the Comox Bay area and the Georgia Straits, the potential for Club regattas and social events is awesome. The construction work is already underway, and the foundations are complete. But ideas and helping hands are always welcome! So if you would care to try a little 'roof-raising', do contact Ernie Berry at 339-2616. Future Club plans call for improving the gradually sloping beach by the addition of a Squadron float, and facilities for hauling larger boats in and out of the water.

All information on Club functions, races, rules etc., is available from any member of the Executive Committee, or through the Club Newsletter which, as a member, you receive automatically. So, if you would like a year filled with fun, fresh air and excitement join the Comox Squadron of the Canadian Forces Sailing Association NOW.

Everybody Does It!

The following are some additions to, and modifications of, various ways of "doing it" in military jargon, but the applications are universal. We thank the USAF "Interceptor" and RAF "Flight Safety" magazines for "originating it", and hope Medics and nurses do it on doctor's orders. Frogmen do it under water. Recreation officers do it in less than 60 seconds. Airlift pilots do it longer.

The RCMP does it surreptitiously. C.A.F. pilots do it on land, sea and air. Tanker pilots do it with longer hoses. Without ECM nobody does it. Navigators do it more precisely. Voodoo pilots do it all weather. Para rescue teams jump to it. Lightning pilots chase it. Argus pilots do it for hours on end. Test pilots find new ways of doing it. Naval pilots get hooked doing it. FSOs talk about it.

Some pilots are written up for it. R.C. Sky Pilots don't admit to it. Medical Officers do it by appointment only. Met Observers are never sure weather to do it. Australian pilots do it upside down. Controllers do it in the dark. Radar Directors turn you on to it. Copilots do it when their captains let them. Dakota pilots are still doing it. Simulator pilots only pretend to do it. Kamikaze pilots don't do it too often. Airline pilots do it in their shirtsleeves. Test pilots have first go at it. Autopilots do it for you. Carrier pilots do it with mirrors. Labrador pilots need both hands for it. Supply Officers supply it to the right place, at the right time, in the right quantity. Glider pilots do it silently. 28 per cent of us do it in another tongue. Buffalo pilots take a steep approach to it. Technical Officers do it with a sliderule. Headquarters people do it in ten copies. Aircraft Technicians do it the best.

Library Report

This is an invitation: PLACE: Upstairs in the Rec Centre building.

TIME: 12:30 to 14:00 from Tuesday to Friday; 19:00 to 20:30 Tuesday, Wednesday, Thursday.

There's no catch to it. You're welcome. We like people! Just come on in and look around. Choose some books, sign your name etc. and show I.D. if you're new and that's it.

You will find over 150 recent books which we think will intrigue you. Most were published in 1972-73.

Here's a list of some of the new books: TUNDRA by Farley Mowat. HOCKEY: THE NEW CHAMPIONS by Dave Fisher. GIANT WALT DISNEY WORD BOOK by Golden Press. THE HOLLOW HILLS by Mary Stewart. HOWIE MEEKER'S HOCKEY BASICS by Howie Meeker. RED LIGHTS ON THE PRAIRIES by James H. Gray. ASTERIX IN SWITZERLAND. ASTERIX IN SPAIN. ASTERIX THE GLADIATOR by Goscinny & Uderzo. MARILYN by Norman Mailer. ARTIFACTS OF THE NORTHWEST COAST INDIANS by Hilary Stewart. THE EXTERMINATORS by William S. Burroughs. BIRDS OF BRITISH COLUMBIA by D. Hancock & D. Stirling.

Ladies Keep Fit

Instructor: Mrs. Cathie Keener. COMMENCING: Tuesday, January 8th - 7:30-9:00 p.m. This class will be open to anyone interested in the Base Gym.

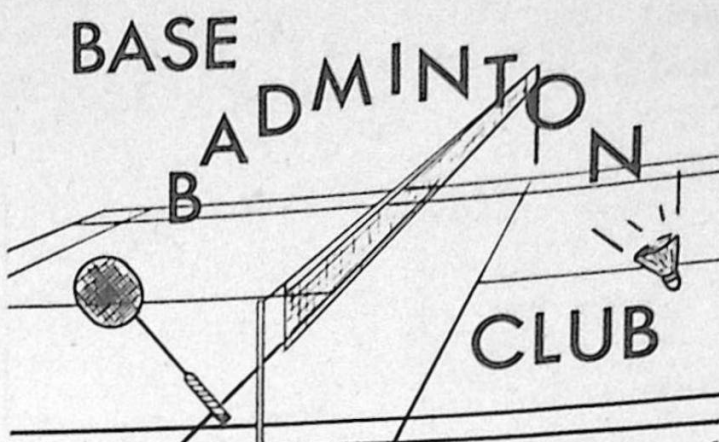
REGISTRATION: Tuesday, January 15 - 7:15 p.m. A regular class will follow registration.

CLASSES: January 15 - April 23. (15 weeks) 7:30-9:00 p.m. COST: \$5.00 per person. DRESS: Something comfortable and "stretchable". e.g. slacks-shorts and top, or sweatshirt; - socks and good running shoes.

CLASSES CONSIST OF: Warm-up exercises; 1/2 hr. of a variety of games: Badminton; Volleyball; Basketball; Trashcan Basketball; Floor Hockey; Scoop Ball; Crab Soccer??; Tennis Basics; Other active, fun games.

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creases with one's degree of playing ability. For this reason most badminton players smile when ADC semi-annual fitness testing comes along. Personnel and dependents are encouraged to investigate a sport that doesn't cost an arm and leg for equipment. The club has racquets and birds and utilizes facilities that are the envy of our non-DND civilian neighbors. So bring your gym togs and enjoy a game that has much to offer.

For more information call any one of the following: President, Capt. T. J. Krayden, 339-4773 or 320; Vice-president, Cpl. W. Green, 334-2607 or 448; Secretary-Treasurer, Cpl. P. Conington, 464; Publicity, Capt. J. Gibson, 339-4231 or 376.



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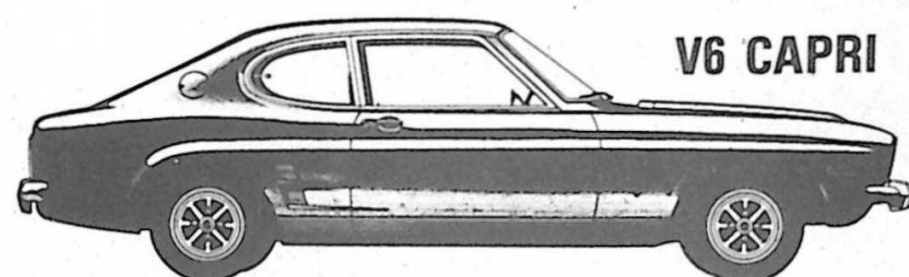
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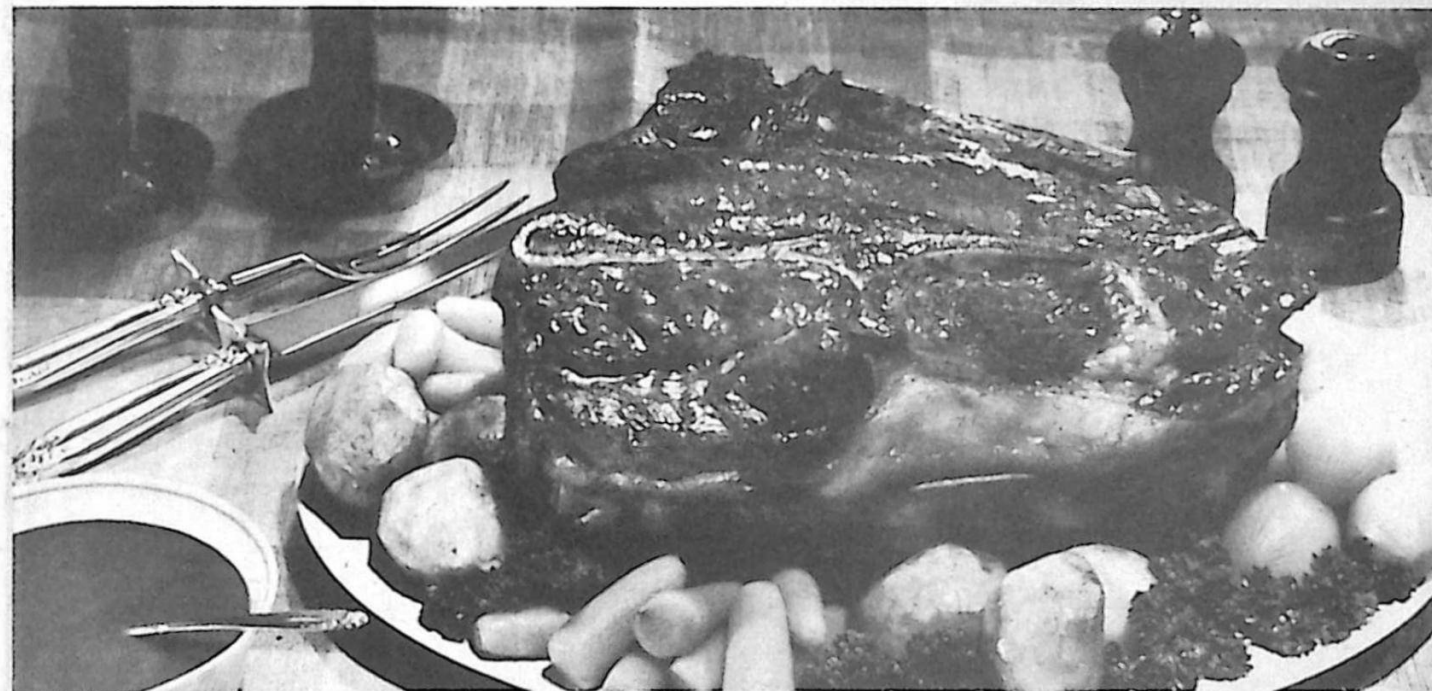
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BRUNSWICK CENTRE Herring Cuts 12¢
FOREMOST Cottage Cheese 38¢

FIRST-OF-THE-YEAR-VALUES

REAL VALUE Letter Pads	2 \$1.00
BLUE LINED Envelopes	10¢

STANDARD Thermos Bottles 1.99
FREEZER QUEEN Macaroni & Cheese or Macaroni and Tomato 4 89¢

LOCAL GROWN - CANADA NO. 1 GRADE
GREEN CABBAGE
LOCAL GROWN - CANADA NO. 1 GRADE
MEDIUM ONIONS
LOCAL GROWN - CANADA NO. 1 GRADE
TURNIPS
IMPORTED - CANADA NO. 1 GRADE
BULK CARROTS

5 LBS. for 59¢

SUPER-VALU BUY BETTER - SAVE MORE!

