

# TOTEM TIMES

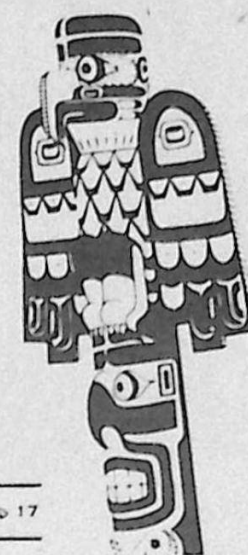
Each airman in Vietnam will save the government \$75 a month

VOL. 15 — NO. 2

CFB COMOX TOTEM TIMES

THURSDAY, JAN. 25, 1973

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## CANADIANS GOING TO VIETNAM

### Air cadets ready for summer

OTTAWA (CFP) — Summer camps for 7,500 air cadets will be held this year at CFBs Penhold, Alta., Trenton, Ont., Bagotville, Que., and Greenwood, N.S.

Other special activities, recommended by the Air Cadet League of Canada at its semi-annual meeting held in Ottawa, include courses for senior leaders, technical training, ground search and survival training, athletic leadership, exchange visits and scholarship flying training.

For senior leaders it's a six-week course at CFB Cold Lake, Alta. Last year 240 air cadets took training, this year the League hopes the quota will be increased.

Technical training at CFB Borden, Ont., will involve 90 cadets.

Two ground search and survival courses will be conducted for a total of 54 cadets and six adults at CFB Edmonton.

Exchange visits to other countries are planned this summer for 63 cadets, 23 of whom will go to Britain; 10 to the U.S.A.; four each to Belgium, France, Germany; three to Israel and Holland; and two each to Austria, Norway, Portugal, Spain, Sweden and Switzerland.

### Promotions for five NDHQ officers

OTTAWA — New Year's Day promotions for two brigadier-generals and three colonels, all employed at National Defence Headquarters, were announced by the defence department.

Brig.-Gen. N. C. Brown, 52, Toronto, chief of construction and properties, and Commodore D. L. Hanington, 51, St. John's, N.B., and Halifax, N.S., chief of programs, were promoted to the rank of major-general.

Col. R. E. Ashton, 47, Toronto, director-general operations co-ordination, Col. R. G. Christie, 48, Vancouver, director-general policy co-ordination, and Col. J. G. Mumford, 53, Winnipeg, director-general departmental administrative services, were promoted to the rank of brigadier-general.

Maj.-Gen. Brown, a 29-year veteran, won the Distinguished Flying Cross as a Second World War bomber pilot. Since rejoining the forces in 1948, he has served in the construction engineering field.

Maj.-Gen. Hanington joined the Royal Canadian Navy in 1940 and won the Distinguished Service Cross for his part in the sinking of a German U-Boat.

Brig.-Gen. Ashton joined the Royal Canadian Engineers in 1948 and has since served in several engineering positions.

Brig.-Gen. Christie, a 31 year veteran, became the RCAF's chief test pilot in 1952.

Brig.-Gen. Mumford, a graduate of Queen's University, enlisted in the Royal Canadian Ordnance Corps in 1942 and has since served in staff positions in various units and headquarters. For six months in 1958, he served with the United Nations Observer Group in Lebanon as deputy chief logistics officer.



NEVER HAVE so few been expected to do so much with so little. Majors Ernie Poole and Joe

Sosnkowski head for Montreal to learn how to speak army, before heading to Vietnam this weekend. Dave McNair Photo

### In Exercise Reforger IV

## Militiamen act as enemy

LAHR, West Germany (CFP) — Canadian militiamen from the Rockies to the Gaspé are joining regular troops of 4 Canadian Mechanized Brigade Group (4 CMBG) in West Germany as they prepare for Exercise Reforger IV with the U.S. Army near the Czechoslovakian border later this month.

More than 200 reservists will be part of the 3,000-man Canadian group, which will be acting as the "enemy" during the exercise.

Reforger is the name given the annual exercise of U.S. forces to test their ability to man a division in Europe with personnel stationed in the continental United States. Equipment for the division is permanently placed and maintained in West Germany, but the men are flown in en masse only when required, and for the annual exercise.

The largest block of reservists comes from Ontario, some 86 of them. Sixty-one are from the Prairies and 40 are from Quebec, to serve here with 1st Battalion Royal 22e Regiment. The others will be with 1 Royal Canadian Horse Artillery, Royal Canadian Dragoons, 3 Mechanized Commando and 4 CMBG's Service Battalion.

In addition, a dozen men from units of Canadian Forces Communications Command's militia units in Canada are augmenting the signals staff here.

Militia participation in 4 CMBG exercises started in

1967 when the brigade was stationed in north Rhine-Westphalia, northern Germany. They were brought over to bolster the numbers of Canadians taking part in the annual NATO exercise of the British Army of the Rhine, of which they were a part. They were needed because many regular troops had to be left behind each year to provide maintenance and "housekeeping" duties at the eight forts manned by 4 CMBG units.

The brigade moved to southwestern Germany in 1970 as part of a consolidation program, using the existing facilities of 1 Air Division, which was disbanded at the same time.

The brigade is now tasked to U.S. forces in southern Germany and uses U.S. training areas.

Reforger IV will take place near Würzburg, north of Munich and near the Czech border.

The militiamen were flown to Germany by Air Transport Command's Boeing 707s, 150 of them on a special flight Jan. 6, and the rest on regularly-scheduled runs. Periods of their employment here vary from three weeks to more than a month.

Average age of the militiamen is 20. There are two officers, one sergeant and the remainder are corporals or privates.

## Change of command for STANAVFORLANT

OTTAWA (CFP) — Maritime Command's helicopter-destroyer HMCS Margaree and the operations support ship HMCS Protecteur will represent Canada, Friday, January 19, at Portsmouth, England, during NATO's Standing Naval Force Atlantic's annual change of command ceremony.

Commodore J. W. H. Wevers, Royal Netherlands Navy will take over command of the seven-ship, multi-national force from Commodore John Fieldhouse, Royal Navy.

Including the two Canadian ships, the force, known as STANAVFORLANT, consists of the Royal Naval anti-submarine frigate Falmouth, the Royal Netherlands Navy frigate Isaac Sweers, the Royal Norwegian Navy destroyer-escort Stavanger, the United States Navy guided missile destroyer Semmes and the Federal German Navy frigate Emden.

Missions of the force, which steams some 50,000 miles each year, include maintaining NATO's naval effectiveness at a high level, while providing clear and unmistakable evidence of NATO solidarity and unity.

Five Comox servicemen left this morning bound for St. Hubert, Que., where they will join approximately 150 others on their way to duties as cease fire observers in Vietnam. This advance group is expected to leave for Vietnam as soon as the peace accord is formally signed on Saturday. It is expected that the remainder of the 290-man group will follow shortly. Of the 400 men who have been on stand-by since November, 110 will get at least a temporary reprieve.

Boarding the Pacific Western Airlines flight to Vancouver were Majors Joe Sosnkowski and Ernie Poole, Warrant Officer Bob Lightfoot, MCpls Pete Zwaagstra and Garth Watterworth. It is not yet known when the remainder of the personnel at Comox who are on stand-by for Vietnam will be leaving.

External Affairs Minister Mitchell Sharp announced today that one of the conditions that must be met before Canada sends its observer group to Vietnam has been met. Canada has received invitations from each of the four combatants on Vietnam to take part in the observer group. When the combatants, Washington, Saigon, Hanoi and the Viet Cong, sign the peace treaty on Saturday the other condition will have been met.

### Phoney war at Comox

A two-day simulated war is going on at CFB Comox. The exercise, a dress affair for the up-coming Tactical Evaluation scheduled early in February, tests both ground and air crews. Wednesday was the day of the ground war, involving the operation of shelters and other aspects. Today, 409 Squadron began the air war just after dawn, with flying expected to carry on until just after midnight.

## USAF Major sets world record in F-106

TYNDALL AFB, FLA. — A world record for the most flying hours accumulated in an F-106 was set recently when Maj. Bronwood "Salty" Harrison of the 4756th Combat Crew Training Squadron, Tyndall AFB, logged his 3,000th hour in the Delta Dart. Squadron Commander Lt. Col. Anthony J. Bartalo, with more than 50 others, was on hand to welcome the seasoned flyer when he landed. As Major Harrison climbed from his aircraft, Colonel Bartalo

presented him with a certificate acknowledging his accomplishment.

With the exception of a 12-month tour flying O-1s in the Republic of Vietnam, the major has piloted F-106 Delta Darts exclusively since the aircraft were introduced in the Air Force inventory.

In order to accumulate 3,000 hours in the F-106, a pilot must fly approximately 2,000 missions (or sorties). An average sortie lasts roughly 1½ hours.

## Gatling gun proves successful in F-106

TYNDALL AFB, FLA. — Maj. John E. Mantei, assigned to the 4750th Test Squadron at the Air Defence Weapons Centre, Tyndall AFB, has become the first pilot in Air Force history to blast a Firebee drone out of the air with bullets. In fact he did it twice. The memorable events took place in August 1972, during Project "Six Shooter" test missions over the Gulf of Mexico. Project "Six Shooter" is the name given by the Air Force to a program to demonstrate the capability of a 20mm Gatling gun mounted in the missile bay of the F-106 Delta Dart.

The original Aerospace Defence Command-Air Force Logistics Command project proved the feasibility of installing an M61 Gatling gun in the F-106 armament bay in place of the Genie rocket as early as 1968; however, the gun needed an adequate computing gunsight.

Studies were initiated to come up with a suitable gunsight. The project finally required the theoretical and technical know-how of the U.S. Air Force Academy, the Massachusetts Institute of Technology faculty members and a sub-contractor to put it all together.

With planning starting in January 1972, the prototype gunsight was developed and tested, culminating in success in August.

Project "Six Shooter" test pilot, Major Mantei, flew 27 missions with the new gunsight and according to him the results were highly satisfactory. "A total of eight fiber glass aerial tow targets, which are not designed to be destroyed by 20mm ammunition, were shot out of the sky," the major explained.

The real challenge, however, came when the gun was pitted against the highly manoeuvrable Firebee drone. Major Mantei chased the target through a series of 4-G turns and banks, then caught the Firebee in a tight turn and blew the drone to bits with a volley of hot lead.

Thus, Major Mantei and his "Six Shooter" team demonstrated the feasibility of equipping the F-106 with the Gatling gun and the computing gunsight.

"I felt a real sense of accomplishment when the Firebee went down as that was the culmination of two years of hard work on the project," said Major Mantei. "It was the proof of the

pudding that the concept worked."

He added, "The gunsight we tested is unique and has future potential way beyond present gunsight concepts. The gunsight enables the pilot to aim accurately at a target under any conditions. It greatly increases the flexibility of armament for the F-106." (ADCPs)



Struthers

## Struthers to Peking

OTTAWA — The first Canadian military attaché to the People's Republic of China, Colonel D. G. Struthers, 50, Toronto, will take up his new posting in Peking early next month.

Accompanied to China by his wife and 16-year-old daughter, Col. Struthers will work at the Canadian embassy.

The son of Canadian missionary parents, Col. Struthers was born in Tsinan, Shantung, north China, and lived there for 16 years.

He attended the Canadian Academy at Kobe, Japan, and the University of Toronto.

At the outbreak of the Second World War, he enlisted in the Royal Canadian Artillery and served in England and Europe.

Since the war, Col. Struthers has served in a variety of administrative, staff and liaison appointments in Canada, the United Kingdom and the United States. He was the commanding officer of the 4th Regiment, Royal Canadian Horse Artillery, Petawawa, Ont., from 1961 to 1964.



TRAGEDY STRUCK the social life of Comox last week when the 96-year-old Elk Hotel suffered fire

damage. Fear not lost pubbers, the Forces' favorite gathering place may be rebuilt.





**WAR IS HELL!** The war is only a fake but the tired expressions are real on the faces of the Nighthawks, who were called out at 0600.

Dave McNair Photo

## Nighthawks Nest

Our only remaining Mexicano is blushing somewhat, after a trip with a venerable potentate Murray. Yes, it is possible to distinguish ocean waves at 700 feet — really quite well. Another ICP it seems was sucked into the old altimeter trick, too. Fortunately, Uncle Ern was in the simulator when he misread his altimeter by 10 grand. See, it can happen even to the best of us.

Our pilot tactics officer (pseudo scope wizard) tried to prove his prowess. After several unreportable remarks about the lack of a grease pencil, Vern Barker (with some degree of skill and cunning and with the help of another ex-wizzo) managed to save his reputation on a super

remote. You can teach an old dog new tricks, but he doesn't forget the old ones either, although the Navigators' Union will neither confirm nor deny this.

Welcome to some new members to the elite group commonly referred to as 409ers; Gerry McIntosh, Ed Leask and Gary Raindahl. Seen waving a copy of a message in the faces of several other pilots was our resident cub photographer. He is posting bound — where? To fly Herces with 436 at Trenton.

Joining the fauna and flora of the PMQ patch are the Hays. Word has it that Angus felt that he would be handier to beer call.

There has been a tune

hummed around the halls of 409 Sqn. by three daring young "volunteers." I believe it goes "Pack up your troubles in your old kit bag and smile, smile, smile," as a result of the recent peace initiative.

The Bread Boy apparently didn't make a delivery to 409 Sqn. during our Mini Tac Eval on Wednesday. Remember "War is Hell." The only one with bread was Maj Sos who was last seen wandering around with a gaggle of visitors and two loaves of bread in one hand.

Our editor and his Gringo Nav arrived back to Comox one hour before a general recall. Their timing was just slightly less than perfect.

FOR SALE: one slightly used boat, owner suddenly departed overseas.



**CANADA'S SNOWBIRD**, Anne Murray, adds another triumph to her list of successes as she scores a skill in the 416 Lynx Squadron simulator. Anne was made an honorary Lynx as she opened the squadron's twenty-fifth anniversary celebrations at CFB Chatham, New Brunswick. Canadian Forces Photo

## New communications system to be mostly Canadian-built

OTTAWA — L'acquisition des centres de relais automatiques des messages pour le projet SAMSON, un programme visant à moderniser et à automatiser le réseau de télécommunications de la Défense nationale, se fera par appel

d'offres, a aujourd'hui déclaré le ministre de la Défense, M. James Richardson.

Rendu public en novembre dernier, le projet SAMSON (réseau opérationnel stratégique de commutation automatique des messages), remplacera le réseau actuel installé au cours des années 1940. On estime que SAMSON coûtera environ 52 millions de dollars.

M. Richardson a rappelé que des "avis aux intéressés" avaient été envoyés à 64 firmes canadiennes le 8 novembre dernier. En raison de la complexité des installations, on ignorait combien de firmes canadiennes seraient en mesure de présenter des soumissions. Se fondant sur les réponses reçues jusqu'à maintenant, le ministre de la défense a aujourd'hui confirmé l'existence d'une situation concurrentielle.

Il a également affirmé qu'un appel d'offres serait émis au printemps. Le contenu canadien ou le cas échéant les compensations, le rendement et le coût seront les facteurs déterminant la sélection finale, a-t-il souligné.

Le ministre de la Défense a fait remarquer qu'une partie importante des dépenses

## Tellier promu

OTTAWA — Le major-général Henri Tellier, représentant militaire du Canada au Comité militaire de l'OTAN à Bruxelles, a été promu lieutenant-général. Le général Tellier, qui a, au cours de sa carrière de 32 ans, occupé nombre de postes supérieurs au Canada et à l'étranger, est affecté à son poste actuel depuis juillet dernier, et il doit continuer de l'occuper.

Il a servi pendant la guerre, dans les théâtres de la Méditerranée et du Nord-Ouest de l'Europe, et en 1945 il était commandant du Royal 22e Régiment.

En plus d'avoir occupé un certain nombre de postes importants à Ottawa, le général Tellier a fait partie de la Commission internationale en Indochine, et il a été attaché militaire en Italie et commandant du contingent canadien affecté au service de l'O.N.U. à Chypre.

Il a fait ses études aux universités de Montréal et d'Ottawa et il a suivi le cours du Imperial Defence College, en Angleterre.



**DR. ROMNEY LOWRY** of CFEM presents Dr. Andre Landreville with a special OD award upon his successful completion of the flight surgeons course held in Toronto.

Canadian Forces Photo

## Voodoo Nuts, Bolts and Volts

With the anticipated TAC EVAL fast approaching, the Base Aircraft Maintenance Organization is putting on the final touches of perfection in their operations. The early morning call-outs are not without their hazards. Icy roads, and deer trying to cross a steady stream of traffic, makes defensive driving a must in the wee hours.

The Public Service of Canada Bulletin on the government's policy on bilingualism spells out the fundamentals and how they will affect the civil service etc. I asked several people what they thought of bilingualism. The response was generally non-committal; Cpl. Jock Fleming says he's all for it as long as it's Gaelic and English.

WO Wally Messer is having another go at the Warrant

Officers Qualifying Course at CFB Esquimalt. It's the school where, in six weeks, one is taught what being a Warrant Officer is all about. This trip, Wally is taking Sgt. Joe Whittington to keep him company. Selections for WOQC are made by your friendly career manager, based solely on the current merit list, which changes yearly as a result of promotion boards. I noticed quite a few promotions for graduates last year.

The fearsome BAMEO "Rebel" bowling team has caught fire this year and holds down second place in the Men's League. If Roger Folster could be persuaded to keep back of the foul line, we'd have first place sewed up.

Congratulations are extended to our amiable AVSO

Capt. Al Haan on his promotion to Major, eff 1 Mar 73 (another posting?). And speaking of postings, reliable sources tell us we may be in for a bumper year. Already informed are MCpl Harvey Johnson who heads for Bagotville; MCpl Red Smith and Cpl Jim Moro pond-jump to 1 CAG Baden; MCpl Bram Avery and Cpl John McEwen leave for CFB Trenton. Sgt Bill Duncan hangs up his uniform on 4 Feb after 24 years. May he be blessed with fat pensions cheques!

Welcome to Sgt Alec Johnson who comes in from VP 407 to head up our new NDT (Non-Destructive Testing) Centre under Lt. Bob Atkinson. Is it true that his TSQs, anemly EP ER NS NT VY, are tattooed on his arm?

All those who know Paul Klem wish him a full recovery.



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825 x 14	22.45	825 x 14	22.45
855 x 14	23.85	855 x 14	23.85
560 x 15	18.85	560 x 15	18.85
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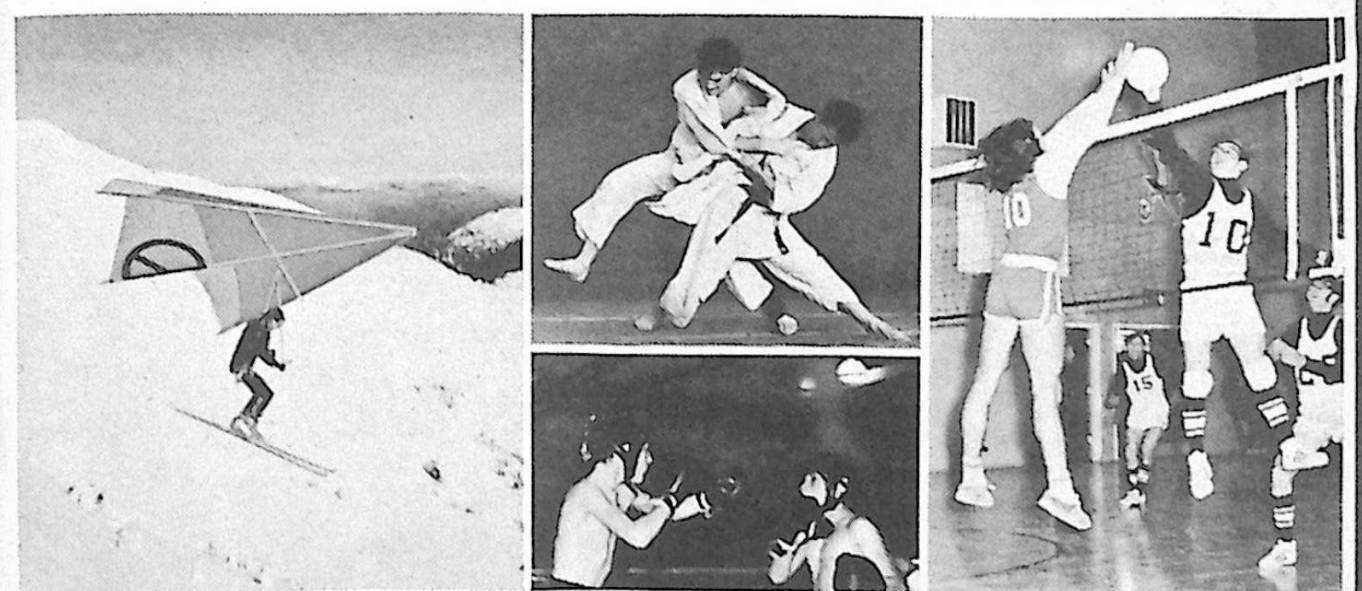
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A LOT OF box lunches — Over 12,000 hours of ASW experience looks on as Maj Stan Froehler, president of the Comox Chapter of VP International presents an honorary membership to LtCol Dave Haire, CO 407 Sqn. From left, MWO Suds Sutherland, Capt. Doug McKeen, LtCol D. Haire, Maj S. Froehler and Capt Pat Murphy. Club membership is open to VP aircrew who have accumulated over 3000 hours of ASW time.

## Special sale at Goodwill extension

Though there will be no official opening of the extension to Goodwill's store in Courtenay until the workshop area is in full use for production and training the basic building is completed and Goodwill will be marking this with a special sale of silverware and collectors' items commencing on Thursday January 25th. These items are from those donated to Goodwill in recent months and consist of numerous items of silverware and flatware many of which are of hallmarked silver. There will also be bric-a-brac sought after by collectors such as interesting pictures, chinaware, glassware and books. From the humble chamber pot and 'stone pig' hot water bottle to a George III penny and jewelry through all sorts of unexpected items.

The story of the workshop largely became a reality when the Rotary Club of Courtenay were successful in obtaining a \$20,000 grant towards the construction of this extension of the existing store area from the Provincial Government in September of last year. With the addition of a further \$30,000 from Goodwill's building fund and the addition of a mortgage it was possible to go ahead with the project which has now reached completion of the building stage. The \$75,000 extension consists of some 2,800 square feet of workshop and display space as well as a 360 square foot spray-paint shop. When this becomes fully operational this is intended to offer work and training to some further ten handicapped persons drawn from the Courtenay area. The workshop will mainly be used for electrical repairs and refurbishing articles of furniture. The whole addition is specially designed for the use of the handicapped with a lack of stairs and doors wide enough to permit the free passage of wheelchairs.

Mr. Heinz Gutman, manager of the store, will be faced with the need of an ever increasing number of donations to make up the raw materials to keep the workshop in production. He

most especially asks you not to send repairable items to the dump. The urgent need is for small electrical appliances of all kinds and for radios and all types of furniture. In this way it will be possible to keep up the recycling of lives, talents and materials.

When this workshop area is fully operational, almost doubling the capacity for employment of the handicapped at Courtenay's Goodwill, there will be an official opening. Until then items are needed to give this a good start. Those on the Forces Base and the other inhabitants of the Comox and Courtenay areas have already helped much and through them the Goodwill slogan can be kept alive. "Where there's a will there's a way ... where there's a Goodwill there's a good way to help the handicapped."

## Anti-smoking sign contest in schools

It's not worth the gamble. That is the message portrayed by the display card that will be seen in all elementary schools in B.C. and the Yukon in announcing the new anti-smoking poster contest for children in Grades 6 and 7.

The theme of the new contest is "Smoking is a deadly game. Play it safe ... don't smoke!"

The contest, which has proved highly popular and has re-inforced the anti-smoking message in recent years, is a part of the continuing educational program of the B.C. and Yukon Division of the Canadian Cancer Society.

Billboard display cards announcing the contest and entry forms have been sent this month to about 1,200 schools throughout the province and the Yukon.

Prizes offered for the winning entries are \$50 grand prize for the best of all entries, and \$25 first and \$10 second prizes in each district.



LT. COL. DAVE HAIRE, CO 407 Sqn., presents Sgt. Gene Savoy, engineer on Crew 6, a Good Show award earned while Gene was at MOAT course in Greenwood. Gene was the second engineer on an aircraft that caught fire while starting. He vacated the aircraft with one of the fire extinguishers and aided the ground crew in fighting the fire. The aircraft on fire had a full load of fuel and box lunches with a fuelled Argus parked on either side.

## Demon Doins

It has been a fairly quiet two weeks since the last column. Harvey's Hunters, now Crew 2, departed for the colder climes on a Norpat. They spent a few days in Namao checking out the flight rations and managed to fit in a couple trips north of sixty.

Meanwhile, Crew 6 had departed for Moffett under the capable hand of Capt. Jim Greenough. Jim was getting his Captains check from Maj. Stan Froehler and Crew 6 was getting its Moffett check from MWO Jack Whittle. Jack's briefing was "bring lots of quarters and Yankee money."

Upon their arrival, they were advised by their VP 49 host officer to avoid at all costs the Brass Rail on Wednesday nights, amateur night. So like good scouts they were all tucked in by eight o'clock.

Just prior to leaving Moffett, Jack Whittle and Gene Savoy had gathered together the fruits of the land at the local commissary and were scouting around for some transport to haul the food to

the aircraft. The helpful desk clerk in the club said, "here are the keys for Capt. Greenough's car." Taking the keys, Jack went to the staff car and found they would not work. His sidekick, being the young smart type, suggested that the tag on the keys saying "blue Pinto" might mean something. Anyway, Crew 6 thanks the owner of the blue Pinto parked behind the staff car for loaning them his car for a few minutes.

To finish off on a different note, I found some interesting information in last week's Financial Post concerning the LRP project which will replace the Argus. The article by Basil Jackson was examining the growth in Canadian avionics created by some new projects. He stated that Litton Systems (Canada) Ltd. Toronto has invested more than \$2 million to build up a team of high technology experts, called a systems engineering team. Its present target is the contract for the navigation communications,

weaponry, radar and tactical command control equipment for the LRP. Other firms have built up a staff for the LRP, but Litton's is by far the largest effort. Further on in the article, Jackson states that Litton has teamed up with Boeing and has approached 17 other Canadian firms to sub-contract components. Meanwhile, though Canadaair has requested an opportunity to bid on the airframe, Financial Post reports its participation will probably be as a major sub-contractor of major airframe components. Jackson also speculated that the Douglas Aircraft proposal will be a modified DC-8 or DC-10 airframe.

Question of the Week: Which GSE Warrant Officer got his car stuck in the mud near the Beach Pavilion and had to be towed out (\$10.00 worth); and more important, what was he doing there?

## 407 Avionics

Now that the festive season and its attendant holiday leave periods are behind us, faces we haven't seen since last year are showing up in the section. Welcome back, chaps.

The monsoon rains are really not unusual in this area and McPl Wangler's boys are adjusting to them very well: they have constructed a raft for commuting between the front door and the road. While this is a bit of a bother, it's still better than Gimli, isn't it Bud?

Intersection volleyball play has resumed and the ASW team is performing magnificently - almost won a game, once. The gauntlet should be thrown to the Nav Com team to decide once and for all, who will have the dubious honor of finishing dead last.

Frank Cannon is real! Folks Gord Antle has actually departed our midst after a sojourn of only ten

years. We don't know how the Tidesmen will do without him but, after he gets settled at Shearwater, he could possibly return for a guest appearance and maybe a few songs for the Down Homers.

Welcome aboard to Al and Mrs. Harasymchuk. Al is a Manitoba boy so we trust that he and his bride adjust to our mild climate. High humidity makes for curly hair.

Frank Cannon works in Repair. Not much news from the ASW Labs at the moment other than to report that, with the exception of Rolly Pryor, all ranks have broken their New Year's resolutions. Rolly is still abstaining from the cancer sticks but the resultant problem of getting into his uniform is becoming a real chore.

It appears that this area does not have enough night life for a single man, and, as a consequence, Bill Stevenson is hoping for a posting. We hear

that there are some openings in Bagotville, Bill, or possibly they could use a dispatch rider in Vietnam - might even pay five cents a mile if you used your own bike.

Howie Hillaby is trying to perfect a radio that doesn't play music but rather sparks and smokes when turned on. It might even have something to do with quitting smoking as well.

Speaking of trying to quit smoking, has anyone noticed the sparks flying from out front office of late? Both of our leaders, AVSO Capt. Colin Worthley and AVSWO MWO Russ Bush, have been off the weed since New Year's. Caught in the middle of the snapping and snarling is poor Ron Gallagher, who must be somewhat of a diplomat in order to survive.

McPl Wilford moved out to the MAD Shack, recently, to give Tom Place somebody to talk to. And now Tom (Continued on page 6)

Authorized Patrons Only

**PERFUME**  
By  
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**HAPPY VALENTINE'S DAY**

**BE MY VALENTINE**

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**Blouses  
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## Living with Supply and Demand

The alarming spiral in the cost of living has been a great concern to everybody, from the low man on the totem pole to the heads of government. The fixed income people are on the verge of despair. We all wonder, "Where is it going to end?" The answer to that question said by most authorities is that it's a matter of "supply and demand." It makes us wonder how this "supply and demand" theory really works. Let's look at a few examples.

The price of lumber has nearly doubled in the last year, resulting in a proportionate increase in the cost of housing or any construction, for that matter. The demand appears to be greater than the supply, yet a couple of years ago, lumber mills were closing at an alarming rate. They just couldn't sell their lumber. Surely in our advanced state of technology with computers and all, industry could project the supply and demand for the future and adjust its production to maintain a steady production, without the vast swings that we now encounter.

Food production is in the same predicament. The hue and cry is, "don't over-produce or you'll knock the price down." Wheat farmers can only sell their wheat on a quota basis, often barely enough to pay expenses, yet the price of bread keeps climbing steadily. A crop failure would be disastrous, and would sky rocket food prices. The crop failure doesn't have to be here, it could be anywhere, Russia, China, or any other major food producing area.

As the demand rises and the supply diminishes, up go the prices, often in disproportionate leaps. A shortage of beef south of the border automatically boosts the prices in our local supermarket, because the producers can get more for their beef on the export market and there's less to go around.

The solution to the problem appears to have been evading government leaders for years. Let's hope they give it some serious thought this time around.

## We need help

The Totem Times issues 2300 papers every two weeks and copies are distributed locally as well as to every Canadian Forces Base in Canada, and Europe as well as to some American Bases. The Totem Times has tried to keep a cosmopolitan outlook; however, this is rapidly terminating. How sad it is when less than 1/2 of 1 per cent of the 1600 armed forces personnel actively participate in publishing this newspaper. If you are a section head, why is it that you don't have an input to the newspaper? Are there none qualified in your section?

Let's examine the lengthy and excessive qualifications necessary:

1. willing to help
2. community spirit.

What a list! If you don't want to participate actively then at least write a letter to the editor to complain or agree, but do something. If you don't, our only readers will be freshly caught fish.

## Totem Times fires wiry secretary

The TOTEM TIMES has long had the convenience of an electronic secretary. This faithful apparatus has been on standby 24 hours a day, seven days a week to stand in for the elusive TOTEM TIMES staff so that they can get on with their primary duties -- defending Canada. Last month, BC Tel repossessed their monster.

No more will your phone calls to the TOTEM TIMES be answered with a cheerful "Good day. There is no one in the TOTEM TIMES office at the moment..." This will be a relief to the many callers who dread hearing that awful voice and who just can't bring themselves to converse with a recording. No more will our callers be able to leave the message "Aren't you people ever in your office?" No more will the Editor and his various all-stars have to listen to high fidelity recordings of dial tone following the click of a phone being hung up.

"Ahhh," you think, "now when I call the TOTEM TIMES I won't get that stupid recorder, I'll be able to talk to the Editor or one of his cronies." Wrong. You see, we at the paper have better things to do than to haunt the office at all hours of the day and night, except when we're getting the paper ready for publication.

So how do you get word to the TOTEM TIMES if no one is ever there to answer their phone? It's very simple, you can write to us using the following address: Totem Times, CFB Comox, Lazo, B.C. This will be useful for classified ads and for articles being submitted for publication. If you can't afford the postage you can slide your messages under the door of Room 23, BB 80, or if that's too inconvenient you can send your correspondence over to Central Registry where the Editor or one of his curmudgeons haunts the mail box there.

That's all very well, you say, but what if it's really urgent? Well, you could call Local 409, if no one answers at 377, because most of the TOTEM TIMES staff hang around 409 Squadron when they aren't busy putting the paper out.

And for those people who like to talk to recorded announcements, there is hope yet. As soon as we can scrape together enough money, we're going to buy a new telephone answering machine. And we'll change the message once a week. How about that!

## TOTEM TIMES

Published on alternate Thursdays with the kind permission of Col. D. W. McNicol, Base Commander, CFB Comox.

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## Letters to the Editor

### A general view of Unification

Dear Sir:

Prometheus is to be congratulated on his recent column entitled "Four Points and a Clout", if, perhaps, mildly rebuked for his unkindness to Captain Ralph. He makes his points well, and as a retired "Colonel Blimp", or perhaps, in my case, "Group Captain Blimp", I appreciate his defence of the propriety of Lt.-General E. L. M. Burns in expressing his opinions on the unified forces of today and his support of this distinguished General's views that it is time to take stock to determine if all that has been done to date in the name of unification is beneficial and wise.

I believe that it was, and is, a grave mistake to deny the traditional distinctions that soldiers, sailors and airmen have sought to preserve to express their sense of being, in important respects, different from one another. Soldiers are different from sailors, and sailors from airmen. Of course, they also have much in common in their dedication to service, their adherence to codes of self-established behaviour, their loyalty to their comrades, their devotion to the Nation, and in the sacrifices demanded of them, but they go about their callings in different ways as demanded by the inherent differences of their operating environments.

These differences are recognized in the classification of operational units individually as land, sea, and air, but the Canadian Forces shy away from so grouping them collectively or giving them distinctive symbols for fear that it would be a retrogressive step and a de facto recognition that there is perhaps, after all, some merit in having organizationally distinctive, if not totally independent, armies, navies, and air forces, as do some 146 other countries. Even in our own country formal recognition of land, sea, and air as distinct systems is not everywhere regarded as organizationally decadent, as witness the division of the Ministry of Transport and of Canadian Pacific into land, sea and air systems, yet these organizations remain overall single entities. It has never seemed to me the concept of a single armed force for Canada precluded the acceptance of the natural and tactical uniqueness of land, sea, and air as demanding major organizational recognition of the differing qualifications, characteristics, and forms of discipline required for their military mastery.

For holding such views and putting them forth in high places, I was often accused of being anti-unification -- a deadly sin. While admitting freely that I lacked the evangelic enthusiasm for the idea as the best thing since Adam discovered the apple, displayed on all appropriate occasions by a number of very senior officers with multiple stars in their eyes, I do not regard myself as opposed to the fundamental concept. I even think of it as a Good Thing, at least when I am in one of my more philosophical moods.

What I am opposed to, however, is the concept that unification of the forces into a single service demands uniformity, that all should look the same, be treated the same, behave the same, and shut-up. My views are quite the contrary. I believe that organizational health and vigour depend upon the nurturing of individualism with the framework of a common purpose and dedication, that only with such nurturing can initiative and enterprise flourish to resist the otherwise inexorable advance of the crippling excesses of bureaucracy that are commonly characteristic of aging organizations, armed forces no less than others and frequently more so.

This need to encourage individuality, both personal and group, has nothing to do with the pros and cons of unifying the three services into one. The argument has never really been a matter of "either-or". The best of both worlds is unquestionably available. It is not necessary to have a single service that is uniform, with little distinction between branches of the service, of the type the Air Force tried to be, thought it was, and was not. The Army, being inevitably a combination of arms, never tried to appear homogenous, and recognized and stressed its differences, giving an increased sense of belonging and pride to those who served in its distinctive

corps and regiments. It, not the Air Force or the Navy, should be the model for the larger, even more heterogeneous unified force. Of the former services, the Army has always understood best the importance of cultivating individual unit and corps tradition and pride as motivators for the achievement of excellence and the acceptance of sacrifice on the part of its members, both individually and collectively. To this end, distinctive badges, headgear and even clothing of the lower half, quite frequently of a wierd and unpractical nature if not downright chilly in a cold wind, have been authorized to meet the desire of the various elements of the organization to be different. That this policy paid off is clear in the record indelibly written at Dieppe, on the Schelde, and in Korea.

The Canadian Armed Forces would be wise to remember, and wiser still to emulate the means that were used to achieve this record. The past does hold lessons for the future. All is not necessarily new, and certainly not the ability to foul it up beyond all recognition because old lessons have been forgotten or ignored. Indeed it is traditional in the Forces!

Yours truly,  
Michael E. Pollard  
Lt.-General (Ret'd.)

### Prometheus burned

Dear Sir:

After reading "Four Points and a Clout", a rebuttal of my article, I feel that some misunderstanding has arisen. I would like to clear up this misunderstanding, and to correct several errors which are present within the article by "Prometheus".

Firstly, no slur on General Burns' career, character, or competency was intended in my article. His contributions to Canada are a matter of record, and fine and outstanding these contributions certainly are. Moreover, I would never question his right to offer criticism, and advice to the Defence Department.

The crucial issue is not what is said, but whether the Government is prepared to listen to such advice, and to change certain parts of Defence policy when such advice is sound.

Name one single section of the White Paper on Defence which was removed, altered, or added to as the result of anything said by any retired Senior Officer. Criticize at will; in the end result policy within Government is changed by the Government, and by politicians in power and certainly not by people outside the sphere of power.

Secondly, I did not say "Bestest for the Leastest". The exact phrase was "Mostest for the Leastest". Best for least is good economic sense, but most for least implies the cheapest unit one can buy. And that is just about what the services end up with, the cheapest unit we can get.

Thirdly, I agree that morale, tradition, identification, and dedication to excellence are all high priorities. How high would morale be at 409 Squadron if the squadron was disbanded because of lack of funds, needed to buy the land environment some new trucks? How high would morale be at 407 Squadron, if the Argus is extended and extended in service life until it someday falls apart in the air. You say it won't happen? Well, let's just await the new Defence budget, shall we, and hope for more money.

If tradition is so crucial, why is the RCAF pilot's wing no longer an authorized item of dress?

Why is there such a fuss because the Airborne Regiment wishes to wear a maroon beret, rather than a green one like the rest of us? The maroon beret has long been a tradition with paratroopers in the British Empire. So has the wedge cap for aircrew, as your own editorial in the Totem Times on 11th January was grieving about, since it now appears that it will soon no longer be authorized to wear. What about the sailor's traditional dress, is it not an item of identity, of tradition, and of morale? To quote "Prometheus" -- "only if the qualifications of morale, tradition, and identification are met

## Airpower as negotiator

BY PROMETHEUS

It might truly be said that Airpower was the decisive force in Vietnam. As much as American bombing of North Vietnam was deplored and decried by an anguished public around the world, a public completely tired and heartsick at the continued tragedy of the Vietnamese war, airpower was Uncle Sam's trump suit and the one which eventually brought North Vietnam back to the bargaining table.

Had the Americans and the South Vietnamese relied more on the ground war the results would have been a slow erosion of more American manhood, over a much longer period of time, and the eventual collapse of American and South Vietnamese ground forces. They would have been worn down by the relentlessness of the insurgents and the seemingly limitless manpower base from which they were drawn. This was the story for the previous five years.

The U.S. ground forces were fighting the NVD with one arm tied behind them. They made a brave and gallant effort of "entering a land war in Asia" but with the handicap that they could not wage it unrestrictedly. Their supply lines stretched around the world while the Communist supply lines fed in from Russia and China. The Americans were limited to conventional weapons only. Had they been so called upon, they could have won the war in an afternoon, but they had to fight with restraints and restrictions and with world opinion against them. Internally, the greatest power in the world became rent with dissent and disaffection because of the huge costs to the nation; costs comprised through the blood of so many fine young men, a huge financial cost, and the cost of world opinion.

America, the benevolent brother of all nations, became enmeshed in this tragic war through her good intentions to guarantee self-determination for a smaller nation. Too late she realized she had a tiger by the tail, a tiger whose mauling was so costly -- and one whose fangs and claws she couldn't draw outrightly.

We grieve for the millions of innocent South Vietnamese and North Vietnamese who have suffered so much; suffered beyond the knowledge of most of us. I grieve, and I know I am joined by millions of other thinking people, for the American Nation and for the American people who also have suffered and lost so much, again beyond the knowledge of most of us.

We grieve, the world community, Vietnamese and Americans alike, over the fact that vicious, greedy men still try to usurp territory and power at the expense of other people and of their right to self-determination.

But this one lesson is clear. It was the unrestrained bombing of North Vietnam in that period just prior and subsequent to the New Year that brought North Vietnam back to the bargaining table and the peace accord which will begin on Saturday.

### Exercise in patience

Dear Sir:

Having written dear sir, as according instruction, I falter on. Writing a letter to the Editor is always an exercise that takes patience, knowledge and the know-how to get him to feel kindly towards him, so that he will not use his red pencil and thereby make your effort read like something composed in the kindergarten. Editors are a breed unto themselves, they feel that they must save humanity, they, and only they, know what is fit for you to read, and they only they feel that no one can do the job better, that they are the Czars of the world, will if you read this then you know that the Editor of the Times is not all the nasty things I have said.

First of all I am so happy that the lovely women that is the Servicemen's wife is still the Servicemen's wife, let us hope it will always be thus. All kidding aside, I always say a little prayer when overhead flies the Sea-Air Rescue Helicopter as they are their way of mercy. I think of the days so long ago when I sailed the waters and there was no one to rescue me if something had gone wrong. No telephone those days, I never even carried a lifebelt or anything like it, no lifeboat either. All those years my guardian Angel worked overtime, then came the days that I spend in the hospital recovering from a heart attack. When the Southeast blew, my temperature would go up, much to mystification of the nurses, what they did not know was that when I heard the wind, I would relive in my mind some of the close calls I had while alone on the waters during a storm.

When by chance they overheard some of my mutterings during one of these feverish moments they moved me to a room where I could not hear the wind and the fever left me never to return.

Why this sudden outburst to write a letter to the Editor, well it's this way. When I used to get my mail at the Post Office and I would see a copy of the Times I would take it home and enjoy reading it. Then we went modern and got house to house delivery, no more trips to the Post Office, no more Times.

Yesterday, going past the office of LMS Homes Ltd. I saw some copies of the Times laying on the counter looking for someone like me to pick one up, this I did and great joy was told that I could pick up a copy anytime. Reading at home I saw the plea of the Editor, write me a letter and spelling out step by step how it should be done, Dear Sir in Capital letters and then to go on which I did, so here I am that is if this did not on the way go where so many letters and articles end up namely the wastepaper basket of the Editor, of course if you read this then you know, that my effort made it, if so I may write again and fellows believe me the next time I will go after your hide because you are not the angels you think you are.

I know when it comes to women the Uniform makes the man. Not with me, I am not so easy bamboozled as some of the women, I write this with tongue in cheek, as I do not want to start a war with the fair ladies. I always get the worse of the deal. So long for now.

Magnus Oppel

### Cumberland thanks 442

Dear Sir:

On behalf of the Council of the Village of Cumberland I wish to convey our deepest appreciations to the 442 Search and Rescue Squadron for their wonderful support given to Cumberland last December 19th when we suffered serious damage to our water system.

The cooperation by this group of people will not be forgotten.

Again our sincere thanks.

Yours sincerely,  
G. Harvie,  
per: Wm. Moncrief Jr.,  
Mayor

### Behind the base

Dear Sir:

I hope you approve of my effort. I love to write and would be pleased to write only I am puzzled as to what a person can write about and what not. If you like me to write, I would appreciate if you would let me know, by letter please, of what is tabu in a paper like yours. I have many friends, I know in the service and retired and I am one hundred percent behind the base.

Sincerely,  
Magnus Oppel

### The playboy philosophy

Dear Sir:

Having read your recent editorial written by Prometheus, I was taken aback at the thought of paranoid people like you still exist.

Being an ex-airman, I never had to go out and buy a Playboy magazine, for the simple reason that the smoke-rooms are full of them. I did not read them to fulfill an animalistic lust or to see a naked woman's breasts; for I am happily married and I do not have to resort to pictures.

You mention pornography as being "nauseous and injurious." would like to ask you this: what is pornography? Twenty years ago it was considered indecent and improper to view a woman's thighs, yet now women are fighting the dress designers to keep the hem up. Are they prostitutes or whores? No, they are everyday women!

(Continued on page 8)





OUR NEW FRENCH teacher Patricia Thibodeau Raine shows Cliff Aikin of 442 Squadron how to spell Sauvetage. Pat hopes to butter up some of the chopper pilots so she can hitch a ride by Labrador instead of driving the Island Highway from Parksville every day.

Photo par David McNair

## Hatch o' the Patch

It's been some time since this column has been entered in the Totem Times. The cavalry was big, then, but times have changed, and your dynamic council has adjusted accordingly. Everyone has a car now, and most of us have jobs. Hopefully, there will be more regularity of columns. It will not be gossip, as such, but will try to reflect the aims and progress of your elected representatives. We will try and show the PMQ Council as a desirable place to serve, and not as a shaft-your-neighbor project.

The big news right now is playground equipment. Gord Staley has the drawings and cost estimates back from CE, as well as approval for designated areas for playgrounds. Along with the equipment Gord hopes to place a picnic table or two at each playground. If your child comes home with a picnic table in his pocket, please, have him return it! Most of the labor will be voluntary for this project; the young kids are eager to help, so please, Dads, when the cry goes out, come and give us a hand.

The Council is going to try its hand at running a monthly bingo, commencing 29 Jan. 73 in the Totem Lounge. We're sorry, but admittance will have to be restricted to the first 350 people. Anyone is welcome, but do come early. The bingo starts at 8 p.m., and the \$150 jackpot has to go. There will be 20 games of nickel bingo, so come and share the wealth. Robbie Robbins is the ringmaster and Jim Martelle will look after your money.

Kids' baseball is in the news, and after a promise of well-watered grounds from the government, we have decided to embark on another season of parent against parent. We hope to have 25 kids' teams in action this year; eleven for the girls and 14 for the boys. All the way from Babe Ruth Juvenile to the derring-do ankle biters. It is also hoped to continue the baseball program into the summer, if there is enough interest. Here again, we can

use parental help. We want an organizational committee consisting of parents, the Rec. Director, and the Council, to set up the ball league; grievance committee, umpires etc. If you are interested in helping kids' ball from a directional level (not coaching) please give Frank Deegan a call at 9-4426. More baseball news will follow later.

Joan Makowichuk is planning a summer schedule of activities, similar to that of last year. Plans are in the formative stages now, but will be well advertised.

To get to the foot of the news, there is also hope of starting a soccer league this fall. More on this later.

Did you hear about the PMQ resident who has an automatic dog waterer? It seems his bathtub is on such a slant, that whenever he takes a shower the water runs onto the bathroom floor, drips through the kitchen ceiling and into the dog's dish!

This about ends the hatch o' the patch for this issue. Remember, tie your dog, spay your cat, and smile at your neighbor!

## CWL News

Mr. Nelson McInnis, Airport school principal, will be giving a short talk on the Big Brothers in the Airport School gym on Tuesday, January 30 at 8:30 p.m. A short film on the organization will be shown, followed by a question and answer period. This will be an excellent opportunity for you to learn what this wonderful group of men do to help fatherless boys, and also, if you are new in PMQ's you can meet Mr. McInnis.

The Catholic Women's League of CFB Comox is hosting the Women's World Day of Prayer this year to be held Friday afternoon, March 2. The Protestant and Catholic Churches on the base will be working with the Anglican, United and Catholic Churches in Comox in celebrating the World Day of Prayer. The speaker will be Mrs. Teresa Schellinck. Services begin at 2 o'clock with refreshments following. A babysitting service will be available.

Our annual CWL Bazaar will be held on March 17 in the Airport School gym from 2 to 4. A 10-speed bike raffle will be the main event of the afternoon. An added attraction this year is a booth selling religious articles.

Sincerest thanks to all of those PMQ residents who

## Know your heart

Teenage Diet — One-Way Ticket to Trouble?

Are teenagers eating their way to heart disease in adulthood? To many of us in the medical profession, they are.

Young people are often overweight and habits established early in life are hard to break. Obesity can accelerate many cardiovascular diseases — heart attack, high blood pressure, stroke and congestive heart failure.

These are only medical terms to teenagers, but they take on added significance in later years, often when it's too late, after the damage has been done.

Teenagers and college age young adults seldom bother with breakfast, except for a hastily gulped glass or two of whole milk which is high in animal fats. Their lunches, even between-meal snacks, are often loaded with rich calories, high in cholesterol and other saturated fats, and lots of refined sugar.

For those who say they are too young to worry about what they eat, perhaps a few timely observations should be made.

Grease-laden hamburgers and french fries, potato chips prepared in saturated fats, malted made with whole milk all cause a steady build-up of fatty tissue which can clog the arteries. When the openings in these tubes carrying blood to the brain and heart become blocked, a stroke or heart attack results.

To many of us the danger is that this potential killer lies dormant until a person reaches adulthood. Then the damage has been done. Then it's too late to prevent a life-threatening blockage.

Avoiding foods high in saturated fats doesn't mean taking all the fun out of life. It just means substituting some foods for others which are equally satisfying.

Some suggested substitutes: instead of potato chips, eat fresh nuts, raisins and other dried or whole fruits; popcorn without butter; sherberts and ice milk instead of ice cream.

Diet shouldn't be the only concern of the heart-conscious youth. Exercise is important, too. Most overweight teenagers' diets are much the same as their slim and trim peers. The truth is, they're often just lazy. A regular exercise program helps burn up fats and keeps bodies young. While some of the duller exercises like calisthenics are good for growing bodies, young people quickly lose interest in them. Swimming, skiing, skating, dancing, bicycle riding and long walks are better. Organized sports also help, but the important thing is activity — and lots of it.

Teenagers also should take a good look at their family trees. Is there a family history of heart disease?

## Chapel Chimes

**RC CHAPEL**  
Father Joseph A. Borg - Base Chaplain (RC) Telephone No. 339-2211 Local 274

**MASSES**  
Saturday 7 p.m. Sunday Vigil Mass  
Sunday 0930 and 1100 hours

**WEEKDAYS**  
Tuesday 7:00 p.m. in private homes (except when CWL meets)  
Friday 10:00 a.m. in the Chapel. On other days Father Borg will celebrate Mass on request.

**SACRAMENT OF PENANCE**  
Before Mass on Saturday from 6:30 to 7:00 p.m. and before other Masses.

**BAPTISM**  
By appointment. Whenever possible on the third Sunday of the month at 1:30 p.m. On other Sundays for a good reason.

**CHOIR**  
The Junior Choir meets in the PMQ School every Wednesday evening at 7:30 p.m. following Catechism Classes. Ages 10 years and over.

**CATECHISM CLASSES**  
Every Wednesday evening in the PMQ School from 6:30 to 7:30 p.m. for Grades I to IX inclusively.

**CATHOLIC WOMEN'S LEAGUE**  
The regular meeting of the CWL will take place on Tuesday, 6th of February in the Parish Hall following 7:30 Mass. All ladies welcome. Come out and bring a friend.

**PROTESTANT CHAPEL**  
R.J. Ritchie - Base Chaplain (P) Telephone No. 339-2211 Local 273

**28 January**  
1100 a.m. Divine Worship  
1145 a.m. Holy Communion according to the custom of Presbyterian and United Church.

**4 February**  
1100 a.m. Divine Worship  
7:30 p.m. Informal Evening Service. Many requests have been made for an occasional Evening Service. This is the first.

**Every Sunday Evening**  
7:30 p.m. Young People's Fellowship Hour in Chapel Annex. For all Protestant and R.C. young people between the ages of 13 and 19 years.

**Sunday School**  
0930 a.m. Every Sunday in the Chapel

**Choir Practice**  
Every Thursday at 6 p.m. for the Junior Choir and 8 p.m. for the Senior Choir.

## Meet the artist

By **DORIS FARMER TONKIN**

The Courtenay and District Historical Society is issuing a cordial invitation to all those who are interested in art, or logging, to attend the showing of eight paintings in a logging series.

Beginning on the afternoon of Sunday, January 28th the paintings will be on display at the Credit Union, 291 Fourth Street, Courtenay, through until midday, March 3rd. Except for the opening day, the show will be only during regular business hours.

Mr. G. J. (Bus) Griffiths of Fanny Bay, the artist, will be on hand from 2 p.m. to 4:30 p.m. the first day and it is hoped that he will be able to make other appearances during the rest of the period. A member of the Historical Society will always be present.

The paintings, which are unique, are self-explanatory as each carries a neatly lettered card describing the logging procedure. They show a type of operation which is rapidly vanishing with the introduction of more sophisticated machinery. Therefore, the paintings are historical as well as interesting and pleasing to the eye.

Mr. Griffiths is himself a logger, having taken to the woods during the early '30's when, to quote him, "logging had color and romance was an art."

The pictures are absolutely

authentic and meticulously executed. The viewer sees: hand logging, hand falling and bucking, high rigging, operating a Duplex loader, a steam tug hauling a boom of logs, and a rigging crew on a high lead. The words conjure images of the days Mr. Griffiths nostalgically recalls.

Mr. Griffiths has been drawing for most of his life. At one time he had two comic strips going: NOW YOU'RE LOGGING and SON OF THE RANGE. Painting is a more recent achievement. Because of his love of the woods, and fond memories of "the good old days," he decided to do the set of logging scenes.

The Courtenay and District Historical Society has acquired the paintings, which will be shown in connection with the logging display now taking shape in the museum-to-be. The Native Sons' Hall is a very appropriate showcase for his paintings.

Both artists and loggers are common to the Comox Valley, but seldom does one man double as both. So, do come and meet Bus Griffiths, logger and talented artist. Coffee will be served.

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## BASE THEATRE

Fri. 26 Jan. **NIGHT OF DARK SHADOWS** Grayson Hall Lora Parker  
Show Times 1900 to 2055 hrs

Sat. 27 Jan. **HAWAIIANS** Charlton Heston  
Sun. 28 Jan. Tina Chen  
Show Time 1900 to 2120 hrs. General

Wed. 31 Jan. **THE LEGEND OF NIGAR CHARLIE** Fred Williamson Don Pedro Culley  
Thurs. 1 Feb. Show Time 1900 to 2100 hrs. Mature Western  
Warning: Some violence and coarse language

Fri. 2 Feb. **FOUR FLYS ON GREY VELVET** Michel Brandon Mimi Farmer  
Show Time 1900 to 2100 hrs. Suspense Horror

Sat. 3 Feb. **RICHTHOFFEN AND BROWN** John Phillip Law Don Stroud  
Sun. 4 Feb. Show Times 1900 to 2055 hrs. Mature War Picture

Wed. 7 Feb. **SHAFT** Richard Roundtree Gwen Mitchell  
Thurs. 8 Feb. Warning: Considerable swearing and coarse language  
Restricted

## SATURDAY MATINEES

NOTE: All Matinees are 40c admission price  
All Matinees commence at 1400 hrs. (2:00 p.m.)

Sat. 27 Jan. Sun. 28 Jan.

**CHILDREN'S MATINEES**

MGM

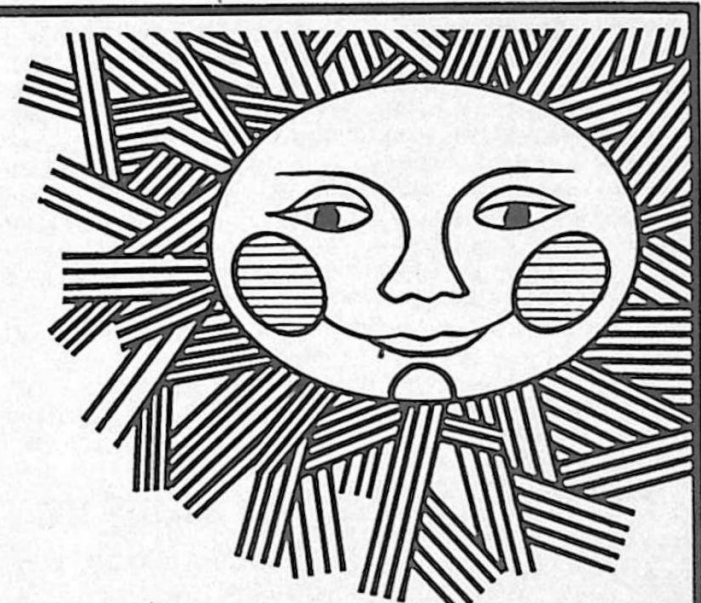
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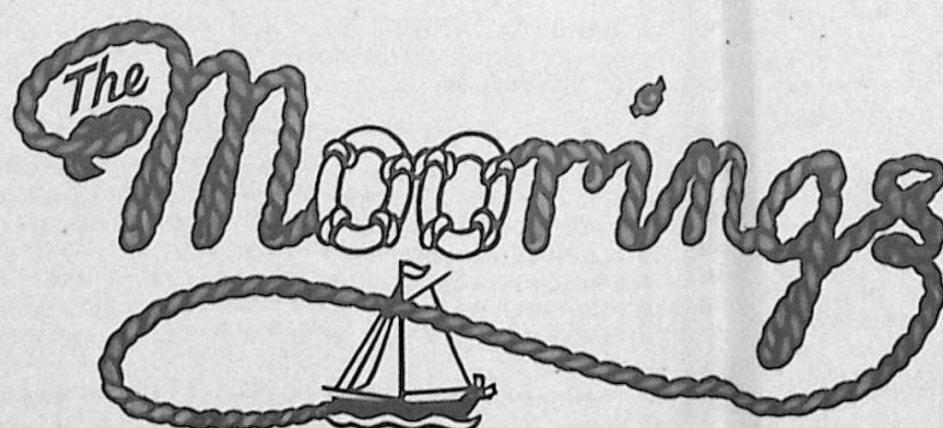
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TWO YOUNG Mosquito "A" players collide with all the style of major leaguers in the Hockey Comox games last Sunday night.

Dave McNair Photo

## Sports around the base

**BY "SCOOP" PALMER**  
The Pacific Region Bowling Championship has been once again captured by C.F.B. Comox. There were eight teams entered in the competition this year. The 21 game rolloff was hosted by C.F.B. Comox this year.

It was not until the final day of competition that the winners were able to sew up the title. They had been receiving some stiff opposition from Esquimalt and Chilliwack. The members of the Comox team were Dave Harrison, Stan Prime, Doug Tucker, Hal Justus, Tom Sloan and Vic Makowichuk.

Comox was also able to place three men on the team that will represent the Pacific Region at the Canadian Championships. The members of that team are Doug Tucker, Stan Prime, Dave Harrison, Tony Welch (Chilliwack), Fred Hickey (Esquimalt) and Mel Roed (Baldy Hughes). The National finals will be held at Chilliwack around the middle of February.

Here are the final team standings: Comox 24246; Esquimalt 23072; Chilliwack 22508; Baldy Hughes 21927; Beaverlodge 21562; Navy Ships 20993; Holberg 20900; Aldergrove 18100.

The High Average over the 21 games went to Fred Hickey with 243 while Tony Welch captured the High Triple with his 947. He also had the High Single of 405 but the trophy went to Vic Makowichuk for his 386 as a bowler was only allowed to win one trophy.

The C.F.B. Comox Totems Hockey Club have now

commenced their team practices. They will be on the ice every Tuesday and Thursday morning at 10 a.m. I am sure that Coach Russ "Rivers Flash" Parker, will be putting the team through some very stiff workouts. The majority of the team will be comprised of players from the Intersection Leagues.

Some of the players trying out for the team are Jack Smith, Keith Cowden, Ken Hoffer, Red Hill, Bill Stevenson, Joe Delage, Lyle Clifton and Gary Raindahl. The Totems played an exhibition game against the RCMP last week and they wound up on the short end of a 5-2 score. The Totems goals were scored by Lyle Clifton and Gary Raindahl.

The Pacific Region Curling Championships were held at CFB Chilliwack this year. There were nine teams entered in this round robin competition. The teams were Baldy Hughes, Holberg, Navy Ships, Aldergrove, Beaverlodge, Kamloops, Chilliwack, Esquimalt and Comox.

The title was won by Baldy Hughes as they finished the tournament with six wins and two losses. The runner up position went to the Dennis Viklund, Wally Kruschel, Gabe Sehn, Harvey Herauf rink from Comox as they finished with five wins and three losses. They actually tied with Chilliwack but they had won their game against them.

Here are the results of all Comox games: Comox 12, Baldy Hughes 10; Comox 12, Holberg 3; Comox 12, Navy

Ships 8; Comox 10, Aldergrove 5; Beaverlodge 8, Comox 5; Kamloops 12, Comox 5; Comox 12, Chilliwack 3; Esquimalt 12, Comox 4.

The Comox Valley Minor Hockey Association is enjoying a highly successful Minor Hockey Week so far. It will come to an end this Sunday. There are quite a few hockey games still to be played so why don't you get out to Glacier Gardens and take in some of the action.

There was a fantastic crowd on hand last Sunday night for the Opening Ceremonies to Minor Hockey Week. All of the hockey teams with their Coaches and Sponsors were present plus an awful lot of parents. There must have been well over 1,000 people in Glacier Gardens on Sunday night. This is most gratifying as far as the CVMHA is concerned. It is about time that parents started to turn out in support of all the people who donate so much of their free time. Also present was the Base Commander, Colonel McNichol, and the Mayors of Courtenay, Comox and Cumberland.

This weekend the winner of the 1973 Toyota Corolla will be announced.

## Airborne skiing holiday

Something new has been added to Alberta's Canadian Rockies playground helicopter skiing!

Regarded as the ultimate in downhill skiing this aspect of the sport has until now been available only in the Bugaboos in British Columbia; and thus available only to those staying for a period of at least a week in that mountain resort.

Now in Alberta skiers may be picked up in Banff after breakfast, and flown south into the Kananaskis range. There the fantastic runs are four to six miles long, and 10,000 vertical feet of skiing is guaranteed, in fluffy powder snow. Then its back to Banff in time for dinner! It's a whole new dimension for skiing Alberta, opening up a new world for skiers. Watch for announcements of further developments of this project.

Alberta's Canadian Rockies provide some of the best skiing in the world. Five major areas, Lake Louise, Sunshine Village and Mt. Norquay, in the Banff area; West Castle, near the American border; and Marmot Basin in the Jasper National Park, offer excellent hill facilities, with day lodges, ski schools and ski runs and trails that cater to skiers of every capability.

Sunshine Village, 14 miles from Banff, is the highest of the five areas and is accessible by bus only for the last three miles. Once at the Village, there is a modern inn with accommodation for 180 guests with dining and bar facilities. The attractive day lodge has a self-help canteen, a licensed dining room and live entertainment. A separate building houses a fully equipped ski shop with rental service. Sunshine Village's ski school is under the direction of Jerry Johnston.

The ten square mile area is serviced by three chair lifts, two T-bars and a beginners' tow. The base of the lifts is at the 7,000 foot altitude, the top of Brewster chair lift (the highest) is at 9,000 feet.

A few miles further west on the Trans-Canada Highway the Lake Louise ski gondola rises from the valley floor at 5,050 feet altitude and the top of the new Eagle chair lifts at 7,900 feet.

At the 8,700 foot level, excellent powder terrain can be skied. Seven lifts, including a gondola, three double chairs, two pamas and a T-bar give a total vertical ascent of 8,800 feet and access to over 35 miles of well-groomed trails. Three strategically-placed day lodges provide cafeteria food service.

Snow conditions at Lake Louise are good from early December to the end of April. Accommodation is available

in Lake Louise village, just a short distance from the ski slopes while there is limited accommodation at Temple Lodge, a rustic chalet right in the ski area. The Lake Louise ski school teaches the 'GLM' graduated length method, and Ski School Director Mike Wiegels is most enthusiastic about the success of this method.

The Mt. Norquay ski area, 3 miles west of Banff, rises above the town and has some of the most challenging ski slopes in North America. It also caters to the beginner and intermediate skier. A newly renovated day lodge, ski shop and coffee shop are situated at the base of the chair lift, where skiers can enjoy the superb view and refreshments.

West Castle, in the southwest corner of Alberta, is a little less sophisticated than the other mountain areas, but this does not detract from the skiing, as excellent snow conditions prevail and the variety of runs is good. The area has three T-bars - the longest, 4,600 feet gives a lift of 1,700 vertical feet to open bowls above the tree line.

West Castle possesses a unique combination of steep, challenging expert runs, moderate intermediate slopes. Long, level cross-country trails into the Waterton Park area are exciting. Situated 28 miles from Pincher Creek, West Castle has a lodge, cabins and a dormitory with a total of 64 beds. It also has camper and trailer facilities with power outlets. Arrangements may be made to leave campers on a semi-permanent basis.

## 407 Tech Ramblings

(Continued from page 3)  
promptly departs on a northern trip. After two years of isolation in the outer field, suddenly having company must have been more than Tom could bear.

Service shoes are improving. I recently saw a cool pair of suede joggers strutting around the servicing area. They look fine, Pete, but will they take a shine?

Avionics mobility spares boxes now come in living color. Just remember that the

green ones are for food, while the blue box is for the new dart board.

Bill Reid picked up a few new stories, not the war variety, during a recent cultural exchange trip to a southern city. San Francisco must be an interesting place to visit in January.

The hockey playoffs will soon be coming up, so, with only three games remaining in the regular schedule, let's get out and support our section team.



COLONEL McNICHOL QUICKLY dropped the puck to start the Sunday night marathon of hockey games in Glacier Gardens. The arena was packed with parents who followed the Minor Hockey Association's advice and took their son to the rink.

Dave McNair Photo

## Diving instruction exam

The British Columbia Safety Council, Diving Safety Section, in co-operation with Maritime Forces Pacific is holding Instructor Certification Examinations for qualified scuba divers who wish to become instructors.

The examination, which covers all aspects of scuba diving, will be conducted by personnel from the Fleet Diving Unit (Pacific) at Colwood, near Victoria on February 23rd and 24th.

Successful candidates will receive a certificate of Competency from the Council. For further details contact

Mrs. C. MacKrow, B.C. Safety Council, 1477 West Pender Street, Vancouver 5, B.C. 684-1351 or 681-4853.

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Sunnydale	8	2	4	18	Cumb. Hotel	8	2	4	18
Islander	8	0	5	16	BPOE	8	1	4	17
Elk Hotel	8	0	6	16	Totem Inn	7	1	6	15
Cumb. Hotel	7	2	5	16	Lorne	6	3	5	15
Lorne	7	2	5	16	CR Eagles	7	0	4	14
King George	6	2	6	14	Sunnydale	6	2	6	14
Fish Ldg.	6	1	7	13	Comox Leg.	6	2	4	14
CR Eagles	5	2	4	12	Court. Leg.	5	2	4	12
Court. Leg.	5	2	5	12	King George	4	3	4	11
Totem Inn	5	2	7	12	Fish Ldg.	5	1	8	11
BPOE	4	1	8	9	Cumb. Leg.	5	1	6	11
Waverley	4	0	10	8	Waverley	4	2	8	10
Cumb. Leg.	2	4	6	8	Islander	3	4	6	10
Comox Leg.	3	1	8	7	Elk Hotel	2	4	8	8



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Friday, Jan. 26 — TGIF  
Saturday, Jan. 27 — Wine and Cheese Party and Dance - 2100  
hrs.  
Sunday, Jan. 28 — Brunch.

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Jan. 26 — Sports - TGIF  
Jan. 27 — Dance to the Music of T.B.A.  
Jan. 30 — Movie - Which Way To The Front  
Jan. 31 — Bingo

9 Feb. — Teen Dance  
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If Jackpot goes on 13 Jan. Jackpot will be \$100 in 50 numbers. \$25  
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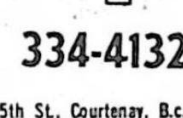
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The town of Alert, on Ellesmere Island, is Canada's most northern settlement.

## Comox a popular place for retirees

From the Personnel Newsletter

**Question:** Over the past few years I have been aware of a persistent rumour to the effect that personnel with up to five to seven years remaining to Compulsory Release Age (CRA) are not eligible for a posting to CFB Comox. Is there truth in this rumour? If so, what are the reasons? The implications are many.

**Answer:** Comox is just like any other unit as far as posting preferences for terminal posting is concerned. If a unit's requirement exists for an individual who has your experience, rank, and qualifications, your Career Manager will try to oblige you if you've asked for that unit.

But no matter where you'd like to end up your service career, that unit won't accept 100 per cent manning of people on their last tour. There'd be no continuity because all the personnel would be retiring within a short time of one another, and there'd be no balance of age and experience. More than a fair share of terminal posting requests list Comox, so it is impossible to grant everyone his request.

Anyway in Comox:  
The constant rains  
Fall mainly on chilblains.

## COMOX VALLEY INSURANCE

SERVICE LTD.

Insurance is our  
'Only' Business

Opposite Court House  
Courtenay

Phone 334-3195

## Letters to the Editor

(Continued from page 4)

"teasing." I see no harm in looking at their advertisements. (e.g. I am not in a high income bracket yet I, through the payment plans offered nowadays could afford many of the expensive items offered in these publications.) The people who are upset over these advertisements are the people who don't buy the magazine. Nobody is forced to buy a publication nor are they forced to heed the advertisements. If you do not agree with a publication's policy don't mislead people by putting unfair judgement upon it.

This publication does a lot more than portray nudity. The Playboy Foundation has set aside funds in aiding who are unjustly prosecuted. The Playboy Forum, an article in this magazine, deals with problems arising from public-spirited moralists who prosecute people and give them stiff sentences for having sex in other than their recommended ways as well as other things. An example is where two men got fourteen years in prison for smuggling a small amount of marijuana, yet almost at the same time, three men killed three different people; another raped a 17-year-old girl and two youths who committed several robberies using a revolver, and all got, at the most, eight years in prison. This is fairness? (By the way, this happened in Canada.)

The Forum reveals the injustices that would otherwise be unheard of. They also have articles by the best writers of the

Just ten years ago a woman's breasts were also considered obscene. Yet nowadays the popular style includes the bra-less look. Do only uncouth women wear these styles? This you see on the streets every day and people accept this fact. Yet in pictures they were banned because they were "pornographic."

In reference to your wife-swapping comment. Although it does not affect me personally, I feel others have the right to do so without scorn and ridicule from such self-righteous people like yourself. I have met men who think it nothing to commit adultery yet the thought of wife-swapping appalls them. They brag about good times while away from their families. They may be liars but the desire is definitely there; not caring about the disrespect they show towards their wife or families.

You also talk about advertisements as country. They do not sell sex, but portray it as a beautiful thing to be admired. Six million people (their circulation) are not perverted. Some of the highest people in both countries read Playboy. From your assumptions, Mr. Prometheus, you must have only looked in the centre of the magazine.

In closing, I would like to adjust an old cliché. "Obscenity is in the eye of the beholder."

As you can plainly see I do not try to hide my identity by using a pen name.

John E. Palmer.



## BLOCK BROS. REALTY

SUCCESSFUL

THRU

SERVICE

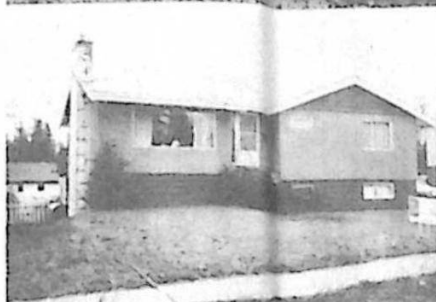
499 Fifth Street, Courtenay

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### 1 SUPERLATIVE VIEW

of the Comox Valley. First class 3 bedroom full basement home. 2 bathrooms, finished rec room. Custom decoration throughout. The \$29,900 full price is realistic. Call Michael Emerson 338-5233 or 334-3111



### 2 CHOICE EXTRAS INCLUDED

with this 4 bedroom, full basement Comox home. Built-in stove, eye-level oven, wall to wall carpeting, 2 room rec area of Polynesian decor. Call Max Weegar 334-4568 or 334-3111



### 3 QUALITY MATERIALS THROUGHOUT

Lovely 3 bedroom full basement home with 2 fireplaces. Unique sundeck off the master bedroom. Large NHA mortgage can be assumed. Puntledge Park area. Call Veronica Parker 334-3704 or 334-3111



### 4 A HOME OF DISTINCTION

Situated in the Carthage Sub. division, this unique, luxuriously appointed home includes many professionally conceived extras. Example: A magnificent rumpus room for pool-side living. For appointment to view, Call Clay Grant 339-3945 or 334-3111



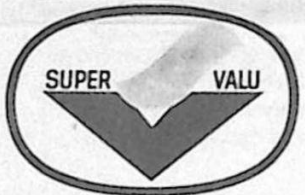
### 5 CLOSE TO SCHOOL

In a quiet Comox location. Only 4 years old: 4 bedrooms, full basement, 2 fireplaces, rec room. Landscaped 77 x 125 lot. Call Duke Schiller 334-2203 or 334-3111



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**PORK BUTT ROASTS** Boston Style . . . lb. **83¢**

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**CHEF BOY-AR-DEE**  
With Meat  
**DINNER** With Mushrooms **55¢**  
19 1/2 oz. pkg.

**PLAIN PIZZA**  
14 oz. **2 for 85¢**

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THREE FRUIT  
**88¢**  
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• GOV'T INSPECTED  
"MAPLE LEAF" Features

**WIENERS** Regular or 1 lb. **69¢**  
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**BOLOGNA** By the Piece . . . . . lb. **55¢**

• "REGULAR" or "HINT OF MAPLE" •  
**SLICED SIDE**

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TO LIMIT QUANTITIES

## PENNY PINCHIN' PRICES

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★ 3 lb. pkg. 2 45 ★ 5 lb. pkg. 4 45

Made from selected government inspected beef only. All meat with no waste . . . unconditionally guaranteed.



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## SUPER-VALU

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