

TOTEM TIMES

The Totem Times may be cancelled due to lack of interest.

VOL. 14 — NO. 17

CFB COMOX TOTEM TIMES THURSDAY, AUG. 24, 1972

17



407 Argus finds shipwrecked fishing crew

Rents to be increased

In 1966, when the new pay and trade structure for the CAF was introduced, a charge based on the occupant's rank was levied upon members residing in single quarters. At the same time, single personnel were given the choice of living in single quarters or in civilian accommodation. Since the present charges were implemented, improvements to single quarters, either constructed or renovated, to meet the approved scales of accommodation have produced a requirement to formulate new rates of charges.

Subject to Treasury Board approval and recognizing the pay parity position of the military with the Public Service, new monthly charges based on costs are expected to be introduced commencing Nov. 1. For quarters constructed or renovated to approximate the new scales of accommodation, charges will be increased 17 to 82 dollars depending on rank.

For quarters which are an improvement over the old standard, but which do not meet the new scales of accommodation, charges will be increased to an intermediate level still under study. For existing quarters constructed to the old scale with no renovation, present charges will continue with the possibility of a slight downward adjustment in certain cases.

It is proposed that present occupants of new or renovated quarters will pay an annual increase by rank until the new charges are reached. However, new occupants subsequent to Oct. 31 will be charged the full rate. Civilians occupying DND quarters will be subject to the same charges as equivalent CAF rank.

Teens allowed in gym

Effective Tuesday, 5 Sept. 72, the Base Gymnasium will be open to dependants 13 years of age and over without parental accompaniment for evening recreation times.

This decision has been made because of the excellent support received by parents and dependants during the summer programme with regards to the gymnasium operation. However, it must be noted that excessive damage or control problems will result in reversal of this decision.

Gymnasium operating hours are posted regularly in Routine Orders. Ready use equipment is available in the gym for evening use. Dependents and servicemen are reminded that proper gym attire plus clean athletic shoes must be worn when utilizing the gymnasium facility.

Addresses defence union

Deputy Minister speaks at Banff

(Following is a transcript of an address by Deputy Defence Minister Sylvain Cloutier, August 14, to the triannual conference of the Union of National Defence Employees in Banff, Alta.)

BANFF (CFP) — Mr. Cloutier, ladies and gentlemen:

Mr. Benson has asked me to tell you that he is sorry that he could not be here to speak to you this afternoon. As you may have heard, the ministers are back in Ottawa after three weeks holidays, and Cabinet is starting a round of meetings this week which he has to attend. In asking me to offer you his sincere regrets, he also enjoined me to pass on his very best wishes for a most successful convention.

Mr. Benson has been our Minister for about six months now, and I have been Deputy Minister for just under a year. But we both have, I think, worked hard at discovering all the various facets of our operations, and at feeling comfortable in our jobs. In our

own ways we have been getting to know the Department and the people who make it what it is. Mr. Benson has travelled extensively, to bases and stations across the country and in the Arctic, to ships at sea, and to our installations overseas. He has visited the fighting elements of DND and the support elements which sustain them. For my part, I have been doing more of this homework at my desk — which is far less pleasant, I assure you, but can be just as effective. Both of us have been impressed with what we have seen.

We have been impressed by the immediate response one gets from this far-flung organization. We are impressed with its flexibility. But what impresses me most are the people who make this machine tick. They are good — both the men and women in uniform, and those who wear civilian dress. They are very good indeed and together they are the ones who make our department's organization function well.

I am impressed too by their loyalty to the Department as a whole and to the particular organizational unit to which they belong. They are genuinely interested in what they are doing; they are, indeed, dedicated to doing a first rate job. And this loyalty is a two-way street. Management expects this loyalty from its employees, and I find that management of this department also appreciates the requirement for it to be loyal to the people it is employing.

The implications of this loyalty by management are enormous. In principle it means that management must not only be concerned with research and planning, with budgets and establishments, with new weapons and cost effectiveness, but it must also be people oriented. It must be concerned — deeply concerned — with the aspirations, the needs and problems of the people who work for the organization. Since I have been with National Defence, I have

found that my various staffs — particularly on the personnel side — are people oriented. They are concerned about careers, and personnel benefits, with training, work conditions, and with proper classifications of positions. And they are concerned — very much so — with base closures and layoffs, and with the future of those employees no longer needed by DND.

I think that there is ample evidence of this people orientation in DND in the past few years, evidence that my staffs are making a genuine effort to isolate people problems and to do something about them.

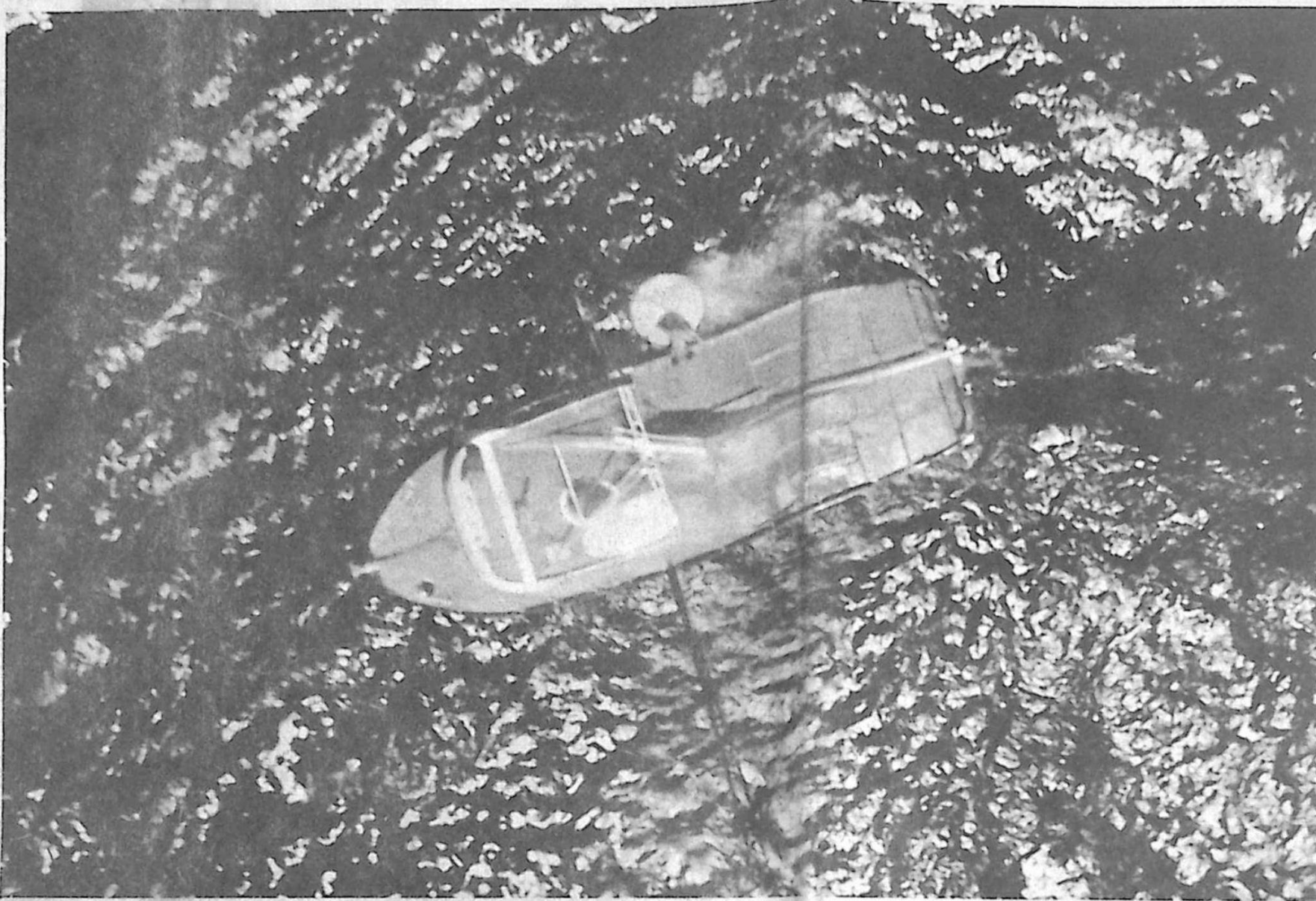
Our Labour-Management Relations Committees are an example. It is superfluous to elaborate on them because they have now become part and parcel of your working lives. The point is that DND and your union were the first to get together to make the committees an effective medium for continuing communications between the two groups, for solving little

problems before they developed into big ones.

MORE COMMUNICATIONS
I might mention the efforts of the Department to integrate the training of civilian and military managers. In this program we are using common facilities and instructors, and the same concepts of management. The commonality of this training, the interchange of ideas in the classroom, and the integration of management principles will, in the future, benefit both the managers themselves and particularly those they are managing.

I might also mention a more modest program which we hope will soon bear fruit. And that is increased communications between management and our employees — through periodicals and bulletins — on what we have done, are doing and propose to do in DND. We think that our servicemen are kept fairly well informed of what is going on, but we also think that our civilians have

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WHILE THE ARGUS which took this photo circles above, the Pacific Dawn picks up the two crewmembers of the FV Margie which sank Monday. The fishermen were snug in their raft 24 hours

after the sinking. The Argus dropped a sonobuoy and was able to talk to the seamen by this rather ingenious method.

(407 Air Photo)

CF-5s get first kill

OTTAWA — Does anybody know if the jolly green giant celebrated a birthday a couple of days ago?

If so, he's lost one of his balloons. Because it was a hazard to navigation, two Canadian forces CF-5 aircraft from Bagotville shot it down last Thursday evening over the Gulf of St. Lawrence, south of Sept Iles, Que.

About 100-feet in diameter,

and made of a translucent plastic about the texture of thin waxed paper, the balloon was first sighted August 10 over the Great Lakes. It was travelling west to east at about 33,000 feet.

Viewed from the top, it looked like a three-pointed star, tapering into something like a stubby ice cream cone. It was unmanned and carried no visible instruments or paraphernalia except an umbilical or filler cord protruding from the top.

Once over the St. Lawrence River it was classified as hazard to aircraft, and the Ministry of Transport called in the Armed Forces to destroy it.

It was tracked by Air Defence Command T-33 Silver Star jets from Uplands, near Ottawa, to a point over the St. Lawrence in the vicinity of Matane. That's when a Maritime Command Argus aircraft gave the "all clear", and the two CF-5s opened fire. The debris fell harmlessly into the Gulf of St. Lawrence.

SAR Holden

442 rescues flier after ten desperate days in bush

August 5th was the beginning of 10 desperate days of lonely survival for Richard Holden of Anchorage, Alaska.

He had purchased a Cessna 180 in Georgia and was flying it home to Alaska when he ran into difficulty on the leg from Fort St. John to Watson Lake.

Mr. Holden left Fort St. John just after 9 a.m., and reached Fort Nelson less than four minutes off his planned time. From there he turned westward and started towards Watson Lake. There were several thunderstorms in the vicinity of the mid-point, Liard River, and while trying to avoid them he became disorientated and headed north.

Just before running out of fuel he was able to make a successful forced landing in the South Nahanni River valley over 100 miles North of

track. When he did not show up at destination RCC was alerted and when the communication checks showed nothing, 442 Sqn. was called upon.

A Labrador helicopter was sent to the area that afternoon and a Herc from Edmonton was called upon to do an electronic search. The electronic search gave no results and Sunday the search was joined in earnest.

The number of aircraft directly employed on search varied a little but basically the search team consisted of two Buffalo aircraft and two Labrador helicopters from 442 Sqn., an Argus from 407 Sqn., a Twin-Otter from 440 Sqn and a Hercules from the 71st ARRF at Elmendorf.

The search headquarters was based at Fort Nelson, the

(Continued on page 5)

ADVANCE POLL

If you're going to be away Aug. 30, you can vote at the Advance Poll at the Comox Legion Hall this Friday and Saturday from 1:00 p.m. to 9:00 p.m.



LT. COL. TED MARTIN cuts the ribbon and shortly after became the first passenger to use the new AMU. Col. D. W. McNichol holds the "key" presented by Cana Construction Ltd.

After long delay

New Comox AMU opened

In a short ceremony Tuesday night the new AMU was opened at Comox. Lt. Col. T. Martin, senior staff officer for air movements, arrived on the regular Boeing 707 and cut a ribbon to officially begin operations at the new building. When he walked through the doors he became the first passenger to use the lounge.

The new AMU was constructed by Cana Construction Ltd., Victoria Branch. They, like the rest of the contractors in British Columbia, encountered delays due to labor problems. Mr. Fred Bartlett, representing the firm, presented the "key" to the building to Col. McNichol.

The building is constructed of concrete with laminated wood beams and comprises new administrative offices, washrooms and an attractive new waiting room. New

modern furnishings are supplied by DND. Other major improvements include an automatic conveyor that provides a much more convenient method of handling baggage. The parking lot has

been made larger and a passenger drop-off point makes it easier to take luggage to the building.

At least now if you can't get on the service flight, you get to wait in a pleasant AMU.

Princess Pat's takes over peacekeeping

OTTAWA — The Winnipeg-based 2nd Battalion, Princess Patricia's Canadian Light Infantry will be the next armed forces unit to perform United Nations peacekeeping duties in Cyprus.

Approximately 490 men, commanded by Lieutenant-Colonel J.H. Allen, 37, of Kingston, Ontario, will be airlifted to Cyprus in early October.

The battalion will replace the Lord Strathcona's Horse (Royal Canadians) of Calgary

which has been there since last April.

While this will be the first time the 2nd Battalion, PPCLI has been assigned to Cyprus, it is not their first United Nations' task. The battalion was the first Canadian group to see action in the Korean War, and the only Canadian unit ever to win a United States Presidential Unit Citation. The unit was cited for extraordinary heroism during the battle of "Kap'young" in Korea in 1951.

On Tuesday morning, 22 Aug. VP 407 was advised by Victoria RCC that their assistance may be required on an over-ocean search. At 12:05 p.m. Crew Two was alerted and so for 407 at least, SAR MARGIE, began.

The vessel in distress was the fishing vessel 'MARGIE' from Oregon, described as a 46' troller with a white hull and green stripe. On board were 2 U.S. citizens, Michael Mean and Pat Mason of Newport, Oregon. Involved in the search off the West coast of Vancouver Island was a Buffalo aircraft of 442 Squadron, and three fishing vessels, the Platinum, Pacific Dawn, and Pacific Star. Also heading for the scene was the Canadian Coast Guard cutter RACER, the U.S. Coast Guard cutter MINITONKA, and the Canadian destroyer St. Croix.

Upon arriving on the scene the crew was passed a sitrep from the Buffalo and asked to conduct a search around a life ring found floating on the surface. When the Argus arrived at the position given, the Buffalo headed for Comox, leaving the Argus to search in the vicinity of the life ring. The Pacific Star closed to the position of the life ring and at 1500 identified it as belonging to the SS IDAHO, and as having been in the water for a long time. The aircraft then headed south to the area of the initial search.

While proceeding south, Capt. Dick Saunders sighted an orange life raft at 2 miles at 1605. The aircraft turned to investigate. While homing the raft a flare was observed. The crew had been found.

The Argus dropped a Channel 16 Sonobuoy at the position and proceeded to the nearest radar contact for

assistance. The nearest contact was 16 n.m. distant, a freighter. The vessel did not respond to visual or radio signals on the International calling frequency, so the aircraft returned to the raft for a further check. The Argus then homed the next nearest contact, 30 n.m. distant, the Pacific Dawn. The vessel responded to visual signalling and proceeded to the position of the raft at full speed.

The aircraft then returned to the raft and dropped a canister containing food (everyone knows we have enough for any contingency) and a note instructing the

(Continued on page 10)

Restigouche corrosion investigated

HALIFAX (CFP) — A Board of inquiry has been ordered to determine circumstances surrounding extensive corrosive damage found in the propulsion system of the destroyer escort Restigouche.

The inquiry, ordered by the Chief of Technical Services at Canadian Forces Headquarters, began in Halifax, Monday, Aug. 21. The damage was discovered during trials, conducted before the warship was to have returned to operational duties, following a conversion at the Halifax Shipyard.

Conversion of the Restigouche began in August, 1970 and structural work was completed in May, 1972. The ship was originally commissioned at Montreal in June, 1958.



NIGHTHAWK ANGUS HAY was kept busy at the Abbotsford Air Show signing autographs and answering questions. The most often asked questions included, "How come your suit has so many zippers?" or "Does supersonic flying really make you tall?" Harry Chapin Photo

Nighthawk's Nest

Base personalities, Hawks, Semi-Fish-Heads and escorts gathered Friday to eat thick juicy steaks washed down by gallons of bubbly at the notorious PMQ Block-Bash. Although fortified by beverages (except Ernie, who drinks only water on the rocks), the gathering staggered home early. It was said that "It's as cold as a rat's armpit." Indeed it was, for the only warm people were those huddled around the BBQs and those in Ski-Doo suits.

Abbotsford and area were assaulted daily and nightly by the daring areobateurs (French for formation flyers) when the 409 team spent four

days at the Abbotsford International Air Show. The show came off well considering special VFR was authorized to the tail-blackened box man and a diversion to Comox was contemplated. Guy's record of 5.0 on the Richter Scale was demolished by the Karachi Cowboy; nevertheless, it was rated unacceptable by Angus, who found solace in another room. The three courtesy cars supplied worked well so long as a lieutenant does not lose the keys and a captain does not try to pass off soggy Yankee dollar bills for gas. The participants of the air show said it was a spectacular display of station keeping and

precise timing and so did one of the spectators. The exalted autograph-signing aircrew were soon brought down to earth when they learned of their impending visits in the QRA the very next day.

Some interesting ideas have been brought forward to make the QRA a more pleasant experience. One such idea was to order more magazines to broaden the outlook on life from the QRA. The unanimous winner chosen by popular vote was a Gourmet magazine - coth in the Q? Joining the swelling ranks of the educated in the QRA will be Gary Soule, who it's said can speak Calculus.

And now for the lighter side of the news!

Major Conn recently survived a "white-knuckle" trip and Harry Chapin was duly proclaimed Combat Ready. Harry has since been seen lurking in the QRA.

Rumour of the Week! Harry has applied for a further month sick leave and 30 days vacation after a brief stay in the Q.

The CARE package has almost disappeared but CARE still sends nutritious food for lean bellies in 25 countries. Send your dollars to...



CARE Canada, Dept. 4, 63 Sparks St., Ottawa K1P 5A6

Voodoo crews hone killer instinct

A new course has started at CFB Bagotville. Beginning 14 August and continuing through 22 September 1972 at 410 OTS the CF 101 Aircrew Weapons Instructor Course will be holding the attention of select combat ready crews. A total of four aircrews (one each from 409, 410, 416 and 425 Squadrons) will be attending a graduate level course in interceptor tactics and techniques.

A concurrent Weapons Instructor Course involving GCI personnel will provide control for the interceptors. This course will be given at CFB North Bay utilizing the SAGE facilities.

The first two weeks will involve joint academics between the aircrew and GCI. These first two weeks will not only allow subjects of mutual interest to be covered but will allow the students to develop a close working relationship which will be vital during the flying phase. Tactics, intercept analysis, fire control systems, and similar subjects will be covered by instructors from 410 OTS and AWC&CS. Lecturers from 22 NR, CFB North Bay and the Interceptor Weapons School, Tyndall AFB will provide expert insight into battle management, intelligence, and electronic counter-measures. A highlight for GCI students will be a ride in a CF101 to familiarize them with interceptor operations.

At the end of the two weeks the GCI students will return to CFB North Bay to begin their separate academic program and to provide control of the flying missions. The aircrew will remain at 410 OTS to continue their own program.

The academic program for the aircrew will involve detailed lectures on tactics, radar, infrared systems, armament and weapon training officer procedures. In addition to the lectures each student will be required to give a 30 minute briefing on an intercept tactic and a 45 minute lecture on an ADC topic. Critiques of the student presentations will involve not only the method of presentation but also accuracy and content.

The flying missions will entail four phases of activity. The first phase will be basic intercept techniques. The purpose of this phase is to

acquaint the aircrew with the various standard attacks on which they may be employed; to increase their level of proficiency on such attacks by providing increasingly difficult target situations; to familiarize the pilot with the navigator's duties; and to establish a level of expertise from which the next phase can be successfully accomplished.

The purpose of the advanced phase is to expose the aircrew to increasingly difficult and realistic target environments; to increase their understanding of procedures and techniques in real target situations so that as future instructors they may be better able to increase their squadron's combat effectiveness.

The instructor technique phase will prepare the student for instructor duties at their home squadrons through application of their academic and flying knowledge in an instructor role.

Applied tactics will be the final phase and will provide an opportunity for each student to evaluate the intercept techniques previously taught. Attack situations will be made more difficult and demanding. Targets will use maximum ECM, chaff, evasive action and communication jamming in a simulated combat environment.

Targets for the course will come from both Canadian and USAF sources. Such targets as the CF 100, CF 104, B57E, F 101, B 52, FB 111, and the Vulcan will test the knowledge and application of both GCI and aircrew.

At the end of the last week the GCI students will again come to Bagotville for a graduation ceremony. Upon graduation the students will proceed to their units ready to offer expert advice in interceptor tactics and techniques. Through their direct efforts the maintenance and improvement of air defence will continue.

Attending the course from Comox are Capt. Vern Barker and Lt. Roger Lamothe.

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"WHAT'S WITH THE TOTEM TIMES? Have they gone batty? This picture was in the previous edition!" True on both counts, but we didn't show you the entire picture last time as the result of an error. Harry Chapin's new fighter is equipped with a drag chute to slow it down after landing at high speed. The Totem Times has now embarked on a "Zero Defect" program.

EATON'S Back To School SALE

Super Values for
Tots to Teens

Starts Thurs.,
Aug. 24th

Common Nighthawk excellent flier

After we showed the picture of the nesting nighthawk in our previous edition, we were deluged with requests for more information about these wonderful little birds. Most of the people we talked to thought that nighthawks were akin to the eagle, the hawk, the falcon and the ilk. The ilk, of course, is extinct as are the egress and the dodo.

Our research into the nighthawk reveals that it is an aberrant goatsucker. At one time it was supposed that these birds sucked goat's milk from goats, but this is not true. Larks and cats might drink milk, but nighthawks don't. Nighthawks feed on nocturnal insects.

The Common Nighthawk is the bird which can be found putting on an airshow as dusk. This species is also known as the Booming Nighthawk, which makes it rather appropriate as the 409 Squadron mascot. It can be identified by its slim, pointed wings with a broad white bar across them. It is a high flier with easy strokes which quicken occasionally as it closes in for the kill.

The Common Nighthawk breeds locally, laying its eggs on the bare ground. Being nonpasserine, these birds won't be found sitting on branches or wires, but prefer fence posts and rails.

The nighthawk winters in South America, but during the summer can be found as far north as the upper Mackenzie Valley and ranges south to Arizona and Texas.

Another species, which confines its activities to the southern United States during the summer is the Lesser Nighthawk, also known as the Texas or Trilling Nighthawk. This bird is smaller and flies lower than its brother.

Next week, we will thrill our amateur ornithologists with a discourse on the Red-shafted Flicker.

Voodoo Nuts, Bolts, Volts

By PAUL KLEM

Being on leave for the last couple of weeks left me a little out of touch with the workings of the BAMEO organization, however, I managed to glean a little information on my first day back at work.

The first thing I noticed was a shiny new base aircraft Snag Recovery board behind the Snag desk, which our very able carpenter Mr. Len Willing assembled. It hasn't got the glamorous lighting effects that the Servicing board has but it's an improvement over the old worn out one that has been in use for the last five or six years.

The participants and support crews of the Abbotsford Airshow apparently had a very enjoyable tour. From all the reports I hear, they were more interested in girl watching than looking at aircraft - nothing like enjoying all the scenery.

August 1 also brought two new Master Corporals appointments. Our heartfelt congratulations go to M/Cpl. Fred Flokstra and M/Cpl. John Kaulback both AF Techs from Snags. We also got three new additions to the Servicing crews, they are MCpl Fred Lazuk, AF Tech from North Bay, Cpl. Bill Barnett, AE Tech also from North Bay and Cpl. Ken Keller, AF Tech from Cold Lake - welcome aboard our lucky people.

With so many promotions last month, it was unlikely

that they could all stay here, nor could we accommodate so many Senior NCOs.

WO Floyd Smith, WO Jim Hillman and Sgt. Ross Baird decided to call it quits and are heading for greener pastures on civvy street. Sgt. Gale Dyer deserted ship and joined 407 VIP Sqn. and Sgt. Bob Fennell is heading for Camp Borden to teach the young career men the tricks of the trade.

Pte John Palmer and Pte Dave Brown decided the service is not for them and will be looking for the soft touch on civvy street.

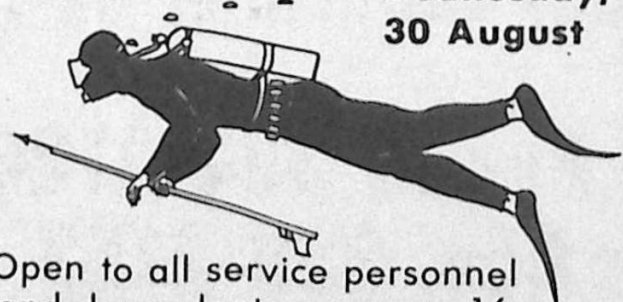
To all the people departing, we wish you all the best in your new ventures.

While on leave, I made several desperate attempts to catch a salmon. Most of my

trips ended in dismal failure, until I ran into L/Col. Ron Thacker, whom I'm sure you all know, and who was also enjoying some piscatorial recreations. I asked him how he was doing since I wasn't having any luck. "Fine", he said, "I got my limit the other day, but you have to go deep, where you just about scrape the bottom." I wasn't equipped for that kind of fishing but I did manage to get a couple of springs with the added bonus of some Ling and Rock Cod on a Buzz Bomb. On my return to the ramp, some anxious fishermen were curious as to what we caught and how they were biting. "Any luck?" they queried. "I got a couple of springs and some cod," I admitted, "but no coho." They looked puzzled. "What's a Coho?" they asked.

CFB Comox Scuba Club GENERAL MEETING Base Conference Room

1900 hrs. - Wednesday,
30 August



Open to all service personnel
and dependents over age 16

"OH MY GOD, I HIT A LITTLE GIRL!"



The injury or death of a child is a terrible price to pay for believing that you could drink and drive with safety.

You can't. As soon as you have more alcohol in your bloodstream than your body can use up, it interferes with your ability to think, act, and see properly. Your reactions slow down. You can't stop as quickly or steer your car as efficiently as when you're sober.

You risk the lives of yourself, your family, your friends, and anyone else who is unlucky enough to be along for the ride or travelling on the same road.

The next time you stop off at a bar or go to a party:

1. Don't drink an alcoholic beverage if you intend to drive.
2. If you drink, take a taxi or let a sober driver take the wheel.
3. If you think you can drive as efficiently after drinking as you did before, think again - it just isn't so.
4. If you excuse your behavior by saying, "It can't happen to me," remember that it can happen, and it only has to happen once.

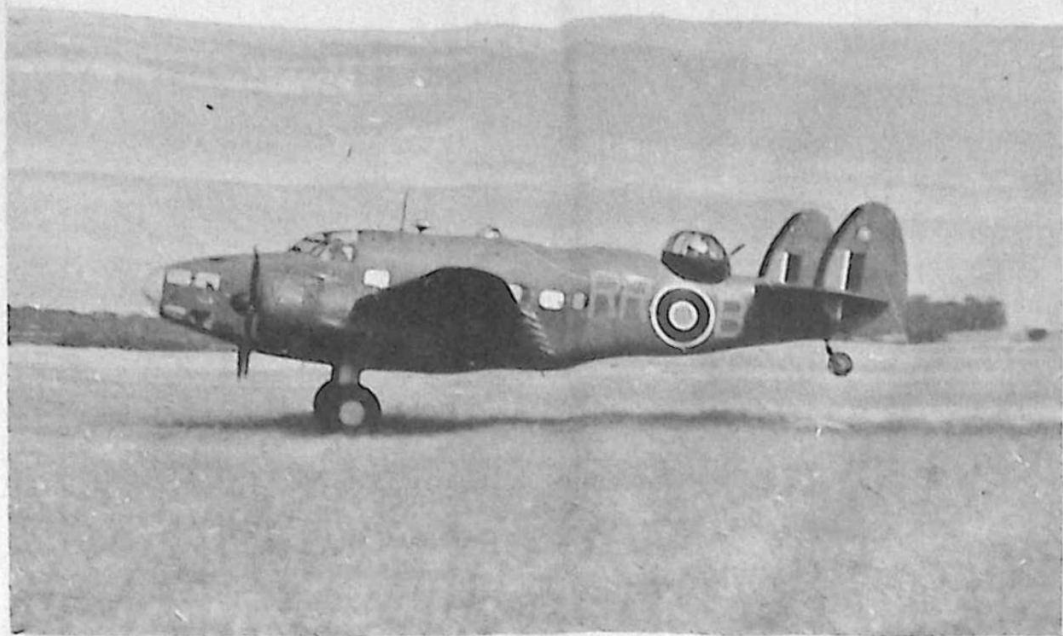
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COUNCIL ON DRUGS, ALCOHOL AND TOBACCO
Hon. D.L. Brothers, Q.C., Minister of Education - Chairman



"B" FOR BRAVO - this Hudson of 407 Demon Squadron was one of the aircraft flown by the squadron during the first part of World War II.

Demon history Demon Doins

2nd June 42 - 19th August 42
SYNOPSIS: After the record breaking month of May the Demons continued active operations from Bircham-Newton.

June 2nd
Was night of 1,036 kite raid on Essen and they knocked HELL out of it.

June 13th
While Plt. Off. Patterson and crew were at Thorney Island practice bombing, they hit the mast of an old ship they use for training and crashed into the sea. Only Patterson and "Shorty" Thomas's bodies were washed up on the beach. Ted Watson, the rigger that was down there that time, was in the kite also, which was "N".

June 14th
Sqn. Ldr. Cooper and crew went out and got two out of three ships in a convoy off the Dutch coast.

June 15th
Plt. Off. Wilks and crew went in "R" and Plt. Sgt. Tommy Tompson in "N" went on strike off the Dutch coast and got two ships - none hurt.

June 27th
We sent Plt. Off. Pritchard in "W", Plt. Off. Urquhart in "R" and Plt. Lt. Ellam in "Y" they got a ship and a near miss, non hit.

July 28th
Jerry is trying darn hard to get our squadron, and dropped bombs at Docking but no damage. He is over nearly every night.

Aug. 4th
We sent "V" back after getting new bomb door, "R" "N" "W" "S" and "Y" out on ops, but didn't see convoy owing to thick fog, all returned.

Aug. 9th
"P" "N" "V" and "S" were sent out unexpected after a convoy at 12 midnight, but failed to find it.

Aug. 11th
Bob came back to the squadron and is going on two weeks' sick leave he looks fine.

Aug. 12th
Jerry was over tonight and dropped flares around Norwich about 30 miles from here, they lit the sky like day and it was like fire works on Halloween.

Aug. 18th
About 12 p.m. midnight Fritz was dropping flares again about 15 miles away, but didn't drop any bombs.

The kites were out again, but had no luck, although they dropped a few bombs on the Dutch coast. "A" was shot up and had large holes through both mainplanes and a flat tire, all kites returned.

Aug. 19th
In the early hours of this morning, there was an invasion of France, with Canadians, Americans and Free French taking part. They wrecked an ammunition dump, a radio location station and a flack battery, this all took place at Dieppe and lasted nine hours.

HISTORIAN'S NOTE:

While LAC Hopkins noted the 1036 aircraft raid on Essen (entry of June 2nd) it is surprising that he did not also note the (Continued on page 9)



MARITIME COMMAND finally makes the big time. TV stations recorded their presence at Abbotsford as thousands flocked to gaze at the Antique Argus. Our photographer took all his airshow photos from the TV to avoid the six hour ferry delays to and from our treasure island.

407 Tech Ramblings

TIP TOE CORNER

A new column is born. It might not be a big one but it will serve as a reminder that we are alive and kicking on the second floor ... I think.

First off, as of August 15, a replacement for our Acting Project Officer has been called for. Since MWO MacLeod could not stand our playing birdie in the bush any longer, he thought of going back to the peaceful glass house. Not that we blame him.

Just in passing, I do believe Tom Crawford will have to scrounge a little more dough from his better half 'cause his losing streak has been holding a while longer than expected. Two weeks in a row, almost, is a little rough ain't it, Tom?

FLASH! We heard through the branches that our civilian wonder Ron Mitchell was going on a world tour. I think this is the trip of the year. Here is a report on that adventure snag by snag. On the very first day, the Mitchell family arrived at the U.S. border and guess what? Ron's sister from England needed a visa to go through. So, there they go, back to Vancouver and try to get a visa in half a day. Well, somehow, they were back on the road again.

Would you believe that Ron tried to outswim his young folks and nearly drowned trying and trying ... A certain postcard was sent during the trip to a friend of the family and on the upper corner it said: "Please, save this postcard as a souvenir".

The real meaning of these words would be: "I don't think I can afford to take any pictures after paying for the two bearings I burned on that trailer of mine." Well, anyway, everything ended well because on his way back, Ron caught his very first salmon of the year. Congrats, Ron.

REPAIR DESPAIR
Starting out this week with a farewell to a very quiet and reserved member of our fraternity, who made no enemies and many people will miss his friendly smile. He has spent many years in the service and several with 407 Squadron. The lads in his section, namely Tire Bay, thought a lot of him and expressed their feelings by giving him a farewell party and a retirement gift. You guessed it, the fellow in question is Cpl. Desjardins and we all wish him well in his future life amidst the civilian populace. Good luck and prosperity go with you, Hank.

Things are gradually smoothing out now: guys are returning from leave and if things continue on this track, by next month we will be able to ease up a little. No one can know what the future holds in store but we meet our commitments (and Greenwood's).

We should send a few of our technicians as missionaries to Greenwood. One thing is hard for us here to understand: when we require a course, we head for that station to take it, but, from what I hear of the recent engine change in Yellowknife, the Sergeant from Greenwood was kind of ill-informed of that procedure. Surely, this must be only "smoke room" patter.

Seems smiling Tom Crawford had a bit of trouble recently with a certain form CF 349. It was submitted to keep him on his toes. Were it not for the fact that it was not accompanied by a CF31A, it would have escaped his attention completely!!! Anyway, a memorandum was well thought out and sent out

to the offending tradesman who took note and promised not to pull the same stunt again ... this year.

Jerry Kee is back from his course and, as I said in my last column, learned little. Ask him what it was about and he'll say "eh!". However, he was vowed to get his revenge, I will most likely be put through the mill when I go on course in October, but I can take it as well as give it, so, be patient Jerry.

The safety people have been at it again. The thought of an unfortunate tradesman slipping from the fuselage of the Argus and, braking a leg was a challenge to them. So, they strung ropes at intervals along the entire length of the fuselage from the beams of the hangar. Now you can hang yourself; cuts down on accidents. Before, you could have many, now one is all you need.

There is a funny little paper going around these days and it says that in the near future everybody will have to run one mile and a half, for physical fitness it also says ... sure hope I can make the grade!!!

I've got my doubts, not only about myself, but just about all the older types around here. I wonder if they'll excuse me if I act as time keeper or umpire. Well, let's face it, someone's got to do these things, then again, I'd probably have trouble pushing the knob on the stop watch or blowing the whistle.

Well, to close, we have a Cpl. Geiger working in our Maintenance Orderly Room; his job is to count the courses each brain has had ... is this a Geiger counter?

Cpl. Bob Thurlay, an old torp shop type, paid us a visit last week. Several months ago, he remastered to Teletype Tech. He was back here for a few weeks cleaning up loose ends before heading for his new posting in Debert, N.S. We saw that he got a few lessons in down home vernacular before he left.

Fred Neild is looking kinda seedy of late. Could it be because his overseer (wife)

Kelly is vacationing back East?

MCpl Denny Wickiam and family flew back to the valley from Toronto, where they spent a couple weeks with the Wicks family. Ten pounds heavier, Denny is looking forward to the hockey season so he can shed the excess avoirdupois.

Old Salt Chequis is taking the sailing course at Quadra. He says, "If I have to go to sea, I don't want to get caught with my sails down."

Until next issue, happy sailing, especially to all you old sea dogs.



Moffit moves to MarPac

Colonel B.H.B. Moffit, 52, of Toronto arrived at CFB Esquimalt last week to assume the position of chief of staff operations for Maritime Command Pacific.

Col. Moffit comes to Victoria after a five-year tour of duty in the NORAD system at Hamilton AFB, Calif., Richards-Gebaur AFB, Kansas, Mo. and more recently from the 25th NORAD Region, McChord Field, Tacoma, where he was director of exercise and evaluation since January 1970.

Col. Moffit replaces Colonel G.A. Berry who has recently been assigned to the Canadian Defence Liaison Staff London, England.

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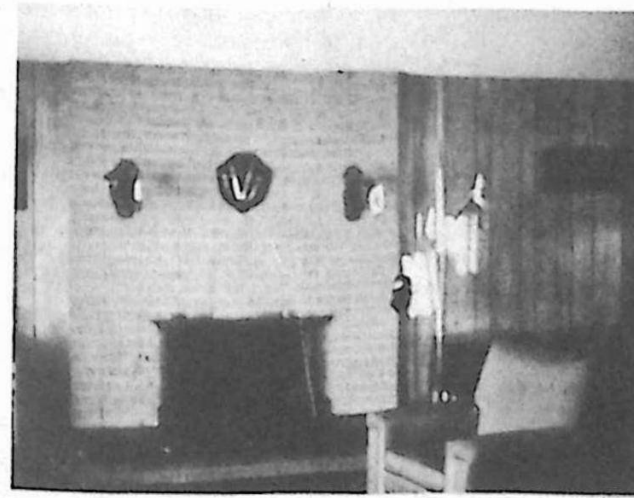
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EDITORIALS

Look - see ability

We note with some satisfaction on the smaller island, our interests and calling being what they are, that the Minister of National Defence has announced that DND has now issued a request for a design proposal for a long range patrol aircraft to replace the obsolescent Argus fleet. We will, perhaps, be forgiven if we say: "At Last!"

We on the operating end have long been puzzled why things have moved so slowly on the LRPA. It seems to us, in our blissful ignorance, that the P.M.'s policy statement of 3 April 1969 establishing maintenance of sovereignty over Canadian territory and adjacent waters as first priority cried out for a modern long range patrol aircraft, capable of high in-transit speed, if the armed forces were to be capable of effective reconnaissance over the entire periphery of Canada and the approaches thereto. This seemed to be reinforced as the Government moved to establish rights to control activities well out from Canada's coast and was reiterated specifically in the 1971 White Paper on Defence. Here we are, three years after the P.M.'s statement and one year after the publication of the White Paper taking the first step of calling for a request for proposal.

We're big boys and we have a pretty good idea what caused this long delay in accepting an obvious and urgent operational requirement. It was undoubtedly the cost, coupled with the difficulty within DND in establishing priorities under the financial ceiling. Furthermore the Argus does have some relevant capability, although its effectiveness diminishes and its maintenance cost increases with each year that rolls by. It just hasn't been possible to say that on such and such a date the Argus will no longer be cost-effective. Things aren't that simple, either for the planners and operational requirements or the Government, who both have their budget problems although their respective senses of priority do differ somewhat, we think!

As a matter of fact, we have detected differing senses of priority within the good old unified service itself on a number of matters, but none more likely to bring forth a view or two more quickly than the subject of the LRPA, and its associated costs. It is painfully clear to anyone who wears the Gorgeous Gallant Green that if the LRPA has top priority some other pieces of equipment to which one may be emotionally or otherwise wedded are just going to be a lot further down the scale, and maybe not even make the list. Being broadminded, objective, and beyond reproach, as all airmen are, we think that we should help put these matters of equipment priority in proper perspective for everybody, airmen as well as any other types who are not as broadminded, objective, and beyond reproach as we are.

Certain principles, either recognized or ignored, determine the effectiveness of armed forces, both when the force is being structured and when it is employed to achieve an operational end, and none is more important than knowing what you're up to and up against. As they say in baseball circles (or is it diamonds?) that if you can't see 'em, you can't hit 'em, and it applies equally to air, land, and naval warfare. As our army friends say (and we do have some, you know, in spite of being so impossibly perfect) "Time spent on reconnaissance is never wasted." We would go further, and say that reconnaissance, and the sound interpretation of the intelligence it provides, is the key to the effective application of the principles of economy of force and of concentration. No two principles of the classic principles of war are more relevant to the structuring of an effective force within the constraints of a tight budget. And there's a flat statement: Want to argue?

What this leads to, of course, is that of all the activities of the Canadian Forces today, none demands higher priority, both in importance and in precedence in time, than the capability to detect and determine the intent of an intruder into areas that are sovereign to this nation or clearly affect its interests. Only if this capability exists and is applied, can force be employed economically and in concentrated effectiveness to control the intruder's activity, or to eliminate his presence. This is clearly fundamental.

Equally fundamental is the fact that detection today means the combination of electronics and aerospace capability. That, to us, places surveillance aircraft, radars, airborne infra-red detectors, and similar equipment in the top priority, in spite of their relative cost, for without these, other capabilities cannot be brought to bear.

So we are glad at last that the LRPA is beginning to move, and we are sorry it has all been so slow getting going.

Tooth or consequence

We reported, bleak-eyed and wispy tailed, to the Dental Clinic recently for our annual check-up. We, being descended from ten generations of warriors in a direct line, were our usual brave self - casual and insouciant with a dash of the devil-may-care. It required a mere two Sergeants and a Corporal to remove us from the chandeliers and secure us in the dental chair.

"Well, well, well," quoth the Warrant Officer whose duty it is to prepare the victim for the dental officer who follows. "And how are we today?"

We told him that we were only just recovering from a case of recurrent beri-beri (contacted at sea during our last cruise due to the poor quality of the gin and lime) and that perhaps we should return another day. Besides which we were double-parked. On top of which we just remembered an urgent meeting which we should be attending, and furthermore, we felt in our magnanimity that the private in the waiting room appeared to be an emergency case and we wished to give up our place to him.

Chuckling at our sincere attempt to place Service before Self, the Warrant pried open our immaculately shaven jaws (a bit of a rarity in this day and age) approximately eight inches. He inserted several pounds of glittering hardware, plus both of his hands and part of his head.

"Uh huh," he gloated. "Yes, yes, yes," he crooned. "Indeed," he intoned. "Very, very interesting," he allowed.

"Urgle gloop," we wittily rejoindered. He stood back and partook of a deep draught of coffee. "You don't mind if I have my coffee while I'm working, do you?" he queried, striking a match on one of my bicusps to light his cigar.

"Gleep gleep splack," we unhesitatingly replied. Now he studied our personal dental folder. The, with some tone of accusation, "How come you have a Blue file?"

"Briff spleek," we explained blushing. This mollified him somewhat, but only momentarily. A white hot stab with a gizmo drove us three feet skyward. "Did that hurt?" we were asked solicitously.

"Blk shurp," we denied through our tears and muscular spasms, trying not to faint.

"Now for some X-rays," came the next decree. We found ourselves chained in another chair with more things jammed into our chops. The Warrant stood well back to be shielded against the emission as we were bombarded.

"Report back Tuesday at 0915," we were instructed. We nodded numbly, gurgled some inane acknowledgements and stumbled red-eyed to the door. The two Sergeants and the Corporal were trying to lure the waiting Private down from the overhead steam pipe.

Voxair



"It's terrible, isn't it, sir? The way these food prices are going up, up, up! Now it's rumoured that the management's going to charge the customers by the inch for the sales slip."

PMQ brats - fact or fiction?

By MADELINE HOMBERT

Before a childless serviceman moves into PMQs, he hears many whispered warnings about the damage, destruction, and devilry of the little darlings residing there. Disregarding these rumors, he bundles up his possessions and moves into his rented castle, oblivious of the beady little eyes around the corner silently appraising their newest victim.

Three months pass and we find our hero, Corporal Shudaknow, conversing with his friend and neighbour, Private Movingout, alongside their tangled clotheslines. How the picture has changed! Gone is the smile of a contented man. Replacing his cheerful grin is a constant grimace as he surveys his palatial back yard: broken lawn furniture, bashed barbecue, quack grass growing where geraniums once bloomed. His neighbour fondly clutches the familiar brown bottle as he remembers the flower garden he once had. Then, casting aside the plans they had for a weekend of fishing, these two pillars of the community take bucket in hand and start scrubbing the outside walls of their homes - a weekly task to remove mud splatters and chalked obscenities. Ahhh, the PMQ life; and all because the majority of parents couldn't care less what their brats do, as long as they do it in someone else's yard.

Townsite officers wonder why the large percentage of vacancies exists in some PMQs. Take a look around, fellas. Look carefully at the smashed windows, take a gander at the pieces remaining on some lawns, walk around some of the yards full of broken glass and sticks, sit a spell and hear

the children at play. The language will curl your hair.

That's right, Mom, stand up for your kids, defend them again, tell us how it couldn't possibly be your little Herman who's destroying property; tell us how little Esmeralda never, ever takes something that doesn't belong to her. Well, I hope you're right. I hope that some parents really do know what their kids are doing. The sad truth is that most of them don't; or else they protect their brats even when they do.

When a child loses respect for his parents, he loses respect for everything, including laws and rules. It's so easy to cop out and blame the service life for your children's problems; so easy to back away when junior shows signs of changes, writing him off as a born troublemaker. No child is born with a mean streak; it's usually beaten into him. No child is born with destructive tendencies; it's usually a cry for attention from a negligent mother. No child is born with bad blood; he's merely following the example set by a father whose only interest is in a bottle.

Something has to be done, and done fast. Don't blame your ineptitudes on the Forces for sending hubby away for six months. Don't blame the Government for posting you so often, either. You travelled with the kids, didn't you? And you, dad, when was the last time you gave up one TGIF at the mess to take your son to a ball game; or, better yet, when did you play ball with him?

Ask the scout leaders how many fathers turn out to help supervise their boys. Ask the brownie leaders how many mothers extend a

hand other than the one used to push their daughter out the door. Walk around the MQs some day and watch the preschoolers already on their tours of destruction. Rarely will you hear a reprimand. Why should mother complain? It's government property; none of her concern. (Take a look at her lack of housekeeping to confirm this point.)

As long as there are uncaring parents, there will be PMQ brats. As long as there are unplanned children who bear the burden of feeling unwanted, there will be problems. There is probably no complete solution to the fact of PMQ brats (other than effective birth control) no end to the scratched cars and toys under tires, no reprieve from screaming monsters at crack of dawn. For those intelligent enough to postpone a family, or sensible enough to do without, there may be a partial peace. The townsites offices could use a more professional method of renting homes; the same effective approach used by successful property management firms; reserve one area for ADULTS ONLY: no kids, no dogs, no damage. More couples will move out of expensive small apartments and into the PMQs. There would be cleaner yards, more flowers, safer parking lots, and a happier area where a quiet barbecue would be a possibility.

There could just be a few irate parents who will loudly denounce this article and dash off angry letters to the Editor full of explicit ideas of where to ship the writer; but, more likely, the general apathy will be confirmed. No one will bother.

Spare the rod

By PROMETHEUS

The Vancouver Province of August 3rd reports that the Federal Government has abolished corporal punishment in federal prisons as a method of correction and deterrence. This is most regrettable and a giant backward step by those bleeding hearts whose experience in reform amongst certain types of hoodlums is more theoretical than practical.

Before proceeding further, I must qualify this by saying that each case must be weighed individually and that indiscriminate use of the paddle and the lash would not, in this day of gross bureaucratic control, be condoned. That isn't the Canadian way. However, abolishing corporal punishment as a deterrent is a grievous retrograde step.

Tonight, as I write this, a young woman is being held captive, in peril of her life, by two dangerous convicts in the Vancouver Penitentiary who have made demands of the Government for their immediate and unconditional release and pardon. How do authorities reason with such minds? Suppose the young woman is released unharmed, will authorities be limited to further tut-tutting as remonstrance and example to other hoodlums, both in and out of prison?

The best argument I ever heard in favour of retaining corporal punishment was given by the late Judge Allan Fraser of Ottawa. He was present at Kingston Penitentiary just after a riot when damage amounted to hundreds of thousands of dollars. A hardened criminal was refusing to work; the eyes of the entire prison were focused on the struggle between authority and this man. Unless he went back to work, there was great danger of another prison strike by all the inmates and ensuing trouble.

The warden had sentenced him to counselling, to solitary, to bread and water, but nothing had worked. As a last resort the warden sentenced him to six strokes of the paddle, and he suggested that the judge, who also had authority to award corporal punishment, should witness it so he would know what he was sentencing miscreants to.

The man was led to the punishment room. He was fastened to the punishment table with his ankles to the table legs and his body across the table, and then his trousers were dropped to bare his bottom. The warden reviewed his sentence and asked him if he was ready to go back to work. "No, Warden," was the reply. "Then you will now receive the first stroke," said the warden, and he motioned to the guard who held the paddle. Down came the paddle and the prisoner grimaced and strained his clenched fists. After a wait of some minutes the warden

repeated his question, and receiving a negative reply, informed the prisoner he would then receive the second stroke of his allotted six. This time the man cried out in pain. Again after a period of minutes he was asked if he was ready to go back to work. Again came the strained reply, "No, Warden."

When the third stroke was given the prisoner screamed and fainted, but when he revived he said immediately to the warden, "I'm ready to go back to work." Judge Fraser always said he witnessed the collapse of a potential prison strike with three strokes of the paddle.

Continue your education

FALL PROGRAM

The Fall Program will be off and running with the Academic portion at Vanier Senior Secondary School during the week of September 11. The rest of the program is slated to start on dates during the following two or three weeks. The program will include all courses that have shown to be popular in the past except of course, where the instructor no longer available and no suitable replacement has been found; a number of new ones have been added on with the hope that they will fill some of the community's needs. I believe that you will find subjects of interest and of benefit in all parts of the program.

The detail of the brochure is going in to the printers and should be in the mail to every household during the week of September 4. We try to get these brochures out as early as possible but unfortunately it is impractical for most instructors to commit themselves months in advance. We will be printing enough copies for every household, so if you do not have mail delivery, there will be a copy in your local post office for you. Once you get your copy, please save it for future reference as we only keep a limited number of spare copies in order to keep the cost down.

CHINA TODAY

Many Canadians are curious about China. This country has undergone a total revolution in recent years; this revolution is not confined to political and economic reform alone. The entire society and culture of China is being transformed in ways radically different from those of the Western world. Dr. Len Sampson, an educator who has travelled, studied and lectured internationally, was a member of one of the first Canadian groups to tour mainland China since Canada established diplomatic relations with Peking.

Most police officers, criminologists, penitentiary authorities, and magistrates are solidly in agreement for the retention of corporal punishment, as indeed they are for capital punishment when merited. There are some crimes so vile, so heinous, and such an affront to society that a taste of the paddle or the lash is bound to make mugs, mashers and hoodlums think twice before they rob, beat and rape to satisfy an ungoverned lust and then to laugh at an enfeebled society's namby-pamby efforts to talk them out of ever repeating it.

He has put together a set of presentations including tapes, coloured slides, and impressions of that journey. A part of his presentation has appeared on B.C. television. His program has been shown in other areas and has been very well received. The four presentations are titled: Journey into China, Education in China, the Social Organization and Life of the People, and Mao Tse-Tung and the Ideology of the Revolution. We are hopeful of being able to offer this series by Dr. Sampson locally during the month of November as part of our Fall Program. If you have any suggestions or comments please give us a call. Please note our new phone number is 338-5383 local 34 and 338-5385 after working hours.



TOTEM TIMES

Read in the best news in the Canadian Forces

Published on alternate Thursdays, with the kind permission of Col. D. W. McNicol, Base Commander, CFB Comox.

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Over the counter

BY LCDR. I.F. MCKEE

Although severance pay is not really within my field of stocks and bonds, it has been suggested that I devote one column to it.

For those with continuous service it is equal to 7 days pay for each completed year of service, up to a maximum of 210 days. Rehabilitation leave on the other hand is calculated at the rate of 6 days pay for each year to the same maximum.

This lump sum payment is subject to income tax. If one assumes that the proposed new tax system is approved there are provisions to reduce the tax that would be payable due to this artificially high rate of income in the year you retire. The new tax bill provides for an automatic reduction if your income shows an unusual increase over the average for the previous four years. You, the taxpayer, will not be required to do anything. The reduction will be calculated automatically by National Revenue.

If you wish, you can reduce your tax by a system of 'forward averaging'. To obtain this benefit you use the lump sum received to buy an annuity. Income tax will not be payable until the year in which your annuity starts to make payments. Tax will then be paid on the amount received at the tax rate applicable for your income for that year.

Personnel on the old terms of service whose rehab leave started before 1 April were not eligible for severance pay. Everyone else is eligible. Normally you will be considered to have opted for severance pay unless you request otherwise within 30 days of receipt of your letter containing notification of your release.

What are the advantages of severance pay? First, for most of us, it is worth more dollars than rehab leave as explained above. Second, you get the money as a lump sum which may be a help. Third, if you die during rehabilitation leave the balance of your rehab entitlement is lost whereas with severance pay it is not. Fourth, your pension will start at once. Fifth, personnel voluntarily released with between 10 and 20 years service will get half the normal severance benefit but would not normally get rehab leave. There are some other benefits for those personnel taking advantage of the Adult Occupational Training Act.

There are a few disadvantages you should consider. Those taking severance pay cannot extend their service beyond CRA thus they may reduce slightly the pension to which they would have been entitled. Retention of married quarters and non-duty travel on service aircraft available during rehabilitation leave will not be possible. Dental and medical services available during rehab leave will not be allowed. Extension of service due to hospitalization while on rehab leave will also be forfeited.

One last note - unemployment insurance benefits will not be available to those accepting severance pay until after the equivalent of rehab leave.

I wonder what employment opportunities await retired amateur financial advisors?

Letters to the Editor

Letters must be signed

The Totem Times loves to get letters. We have no friends of our own so the only letters we get are the ones you send us but, please, sign them and if you're bashful, include a pen name we can use. If you don't sign your letters we get nasty and we won't print them.

Howcum no skin?

Dear Sir:

I have just spent the weekend reading your Totem Times and two other service papers, the Voxair and the Chatair.

I couldn't help noticing that the other two papers carry pin ups as a regular feature. The Voxair has its Voxair Vixen and the Chatair has the Chatair Chick. Don't you think this would be a worthwhile addition to your paper? You could call yours the 'Totem Times Tart' or the 'Comox Queen'.

Yours for the furtherance of art.

D. O. Mann

(Ed's Note: We had considered this idea some time ago but feared that advertising our local beauties would put an undue load on the postings branch when the rest of the forces saw them.)

Cheap tin horns

Dear Sir:

Enclosed is a cutting from a Victoria newspaper indicating one politician's view of the cadet movement.

We have all heard the expression "cheap tinhorn politician", now we can see what one looks like.

Yours truly

Sgt. T. A. Crawford

F Troop returns

Mushroom meanderings

"F" Troop has returned in force from the "mostly wooded swamp" area — commonly called the Yukon. Many are the crossed digits in hopes that an open invitation to return will not be issued in the foreseeable future.

Diligent search through Yukon travel enticements will reveal no hint of the lethal powers of the Yukon's black fly or the single mindedness of the mosquito. The lumps raised by these quick bugs varied in size from average to Bob Perrier's fat eye. It's pretty hard to protect oneself when using all appendages to move 45 gallon fuel drums. Selfish "F" troop isn't, so many of the magic aeroplane menders were able to sample Yukon life as well. Memory fails me as to the exact number of Labrador engines changed in the great outdoors but I'm quite sure the number exceeds six.

Engines developed a number of maladies caused in

part by eating FOD, themselves, excessive thirsts for oil and just general owliness on start-ups. The numerous other bits and pieces weren't outdone so that the magic menders were continually usefully employed. The birds performed exceedingly well — a credit to the fixers and the crews on board.

The finding of Holden slightly off track (100 n.m.) closed for the time being the Yukon searches and "F" Troop straggled back to Comox. Now, perhaps, overdue inspections can be carried out and at long last a start made on training replacements for posted members. This should give rise to some interesting moments in the future, providing, of course, that people will stay found long enough to do the training. We might even get an SF45 in to Holberg one of these quiet Fridays.....

The outside world

Starting your own business isn't easy

OTTAWA (CFP) — The outside world for the servicemen approaching retirement offers many challenges. One such challenge is operating a business of your own.

The service sector of the business world is particularly attractive for the retired serviceman. This is also one of the easiest fields to get started in, since the investment in equipment and inventory or both, is usually minimal.

Mark you, the risks are great. The number of small business failures each year is evidence enough of this fact. Many servicemen, nevertheless, accept the risk and take the plunge and become independent businessmen on retirement.

A few examples of business opportunities available are as follows:

SERVICE STATIONS

If you like people and don't mind getting your hands dirty, this could be the business for you. The owner or manager of a service station is likely to spend a good deal of his time pumping gas but he will do a lot of other things besides. A gas station operator is a merchandiser, promoter, advertiser and bookkeeper, all rolled into one. If he knows something about automobile mechanics, so much the better.

REPORT AND TRAVEL

Service people in most cases have travelled widely in Canada and other countries. Perhaps you could put your knowledge to use as a businessman in the travel industry. Maybe you are a camping buff. You might be interested in running your own campgrounds.

FRANCHISES

The franchise industry runs through almost every aspect of business from doughnut stands to employment agencies. Some franchises require a substantial investment but in return you are offered support in training, inventory, location and business methods.

IMAGINATIVE BUSINESSES

Put your imagination to work and possibly you'll come up with a different and unique business. A serviceman close to retirement noted the increase in holiday travel and the fact more people were spending time away from home. He asked himself if these people would feel better if someone were looking after their property. He now has a thriving business checking furnaces, air conditioners, cutting lawns, watering plants and providing security checks for those on holiday. Another retired serviceman owns the electrical vibrators on beds in a string of motels.

If you decide to take the gamble and enter the business world, do everything possible to maximize your chances of success. Prepare yourself by taking courses, reading books and talking to people already established in the field.

Servicemen approaching retirement are invited to participate in the Civilian Employment Assistance Program as outlined in CFAO 56-20. See your Base Personnel Selection Officer or Base Personnel Education Officer for further details.

(Contributed to the Canadian Forces Press by Major W.F. Anderson, Directorate of Personnel Support Operations.)



"TODAY A LAWBREAKER, TOMORROW CONFUSED" seems to be the motto behind Barrack Block 79. The one-way sign you see has taken on a pinwheel complex. When someone asked the MP's why the sign was there, they checked their files and decided that it had to be there, but turned the other way. Three weeks later, they say that the original way as shown here is the correct way. Remember this, all you who use the parking lot (yes, all ten of you) and keep alert.



Do You Want:

- Government Auto Insurance?
- Canadian Control of the Economy?
- Better Resource management?

SO DO WE

Karen Sanford
N.D.P.



THIS HAPPY 442 Squadron Buffalo crew brought an end to Richard Holden's ten day ordeal in the bush. They located him with the help of his emergency radio beacon and a 442 Labrador picked him up later.

Ten desperate days

(Continued from page 1)

mid-way point on Holden's route. There the searchmaster, Capt. Chuck Munroe, the assistant searchmaster, Major Doug Veale and the ground servicing crew made their home for the duration.

The actual search for Holden was fairly straightforward until near the end, but prior to that there were numerous side incidents that made the whole operation more interesting and posed several questions worth thinking about.

There was rarely a night that went by that there wasn't at least one overdue aircraft or an aircraft in distress.

A good example was the night Capt. Cliff Eakin and his Buffalo crew were returning to Fort Nelson when an aircraft called Fort Nelson radio and said he was lost. The radio operator, John Penny, had the lost pilot tell him what his take-off point had been and he also asked the pilot to describe the area around him. With this knowledge John then had the pilot fly in a north-westerly direction while the Buffalo homed in on him. The crew located him and escorted him back to Fort Nelson, where he landed with less than 15 minutes of fuel remaining. He had not filed a flight plan and he had no maps of the area. To compound the matter he had two passengers, which meant that three lives were in danger for no reason.

The immediate reaction of most people to the incident was that he should have his licence taken away but again the question is, what is the violation. Flight plans are not compulsory and neither are maps. It was his contention that he had written to Ottawa and was unable to obtain the maps he wanted. Be that as it may, I do know that it is very difficult to obtain maps at small airfields. Neither the Aeradio station nor the Met stations carry maps that can be sold or given to the public. Perhaps this is something that could be easily changed. It would certainly help if maps were more readily available, especially to tourists.

Another incident mid-way through the week was an aircraft that was overdue because of an unscheduled pit stop. He was over two hours late because he had landed his light aircraft on the road to check the oil. He added three quarts and took off again, finally landing at Fort Nelson. When the engine in a two-seater Piper requires three quarts of oil mid-way through a flight then that aircraft's mechanical reliability is certainly suspect.

Again, the question to ask is what should be done to people who fly with such apparent disregard for their own safety. A mechanical failure in flight is one thing but flying a dilapidated old aircraft that

you want to fix up as a winter project is asking for trouble.

Undoubtedly the most fortuitous overdue was Sunday, Aug. 13. That evening a call came in from Fort Simpson saying that a Klondike helicopter was overdue on a short trip west of Fort Simpson. Early Monday morning Capt. Terry Spurgeon and his Buffalo crew took off for this new search area. With the help of the emergency beacon on board the downed helicopter they were able to locate it before 9 a.m. The three persons on board were all in good health so a civilian helicopter was used to take them back to their camp.

Meanwhile, Major D. Veale was in radio contact with Terry and suggested that he check the Nahanni Valley to the west before returning to the search area proper.

This paid off, for in less than an hour Terry and his crew had located Holden, again with the aid of his emergency beacon. Once he was located the rest went smoothly. While the Buffalo orbited the area the American Herc came on scene and dropped a portable radio to Holden and confirmed his identity, then two paramedics jumped from the Herc and attended to Holden while Capt. Perry Cunningham and crew motored over in the Lab to pick them all up. Holden and the two para-medics were lifted from the South Nahanni to Laird River by helicopter and there they transferred to Terry's Buffalo and were brought to Fort Nelson.

At Fort Nelson a very happy

and grateful Richard Holden underwent a thorough medical examination. He was pronounced basically healthy and was taken by Herc to his home in Anchorage that evening, and thus ended SAR HOLDEN.

A final note in connection with this search is that it would not have been possible to do the work that was done without the help of the other squadrons. 440 Sqn. and the Northern Detachment are experienced in this field and were a big help. Likewise, the Hercs from the 71st ARRF at Elmendorf. They have experienced crews with good equipment and were also a big help. 407 Sqn. did an impressive amount of work on the leg from Fort St. John to Fort Nelson and their searching was also very effective. They spotted one downed aircraft in particular that when its position was checked out it proved to be a known wreck and in the remarks section the log read, "in the trees, very difficult to spot".

With this sort of help it is no wonder the search went smoothly. The other area in which a lot of help was received was in search support, such as providing and transporting supplies and parts. Here again, 407 Sqn, 409 Sqn, 440 Sqn, 435 Sqn and 450 Sqn were all helpful. The impact this made was such that between the efforts of the suppliers and the ground servicing crew, not one aircraft search day was lost due to unserviceabilities. For all this effort the searchmaster would like to give his thanks.

Jumping for joy

Two former CFB Comox para-jumpers have passed significant milestones in their service careers as para-rescue jumpers. Earlier this year in Summerside, P.E.I. Master Corporals Bernard J. Fitzgerald and Gerald W. McNutt completed their 800th and 600th jumps. Also jumping from the same Buffalo aircraft were Master Corporals G.O. Busch and J.E. Clark who marked their 100th and 300th jumps to help celebrate the occasion.

Cpl. McNutt served on 442 Sqn. in Comox for seven years until his posting to Summerside with 413 Sqn. in August 1970. Cpl. Fitzgerald left Comox in July 1969 after spending five years here. Both men have been in the para-rescue trade for 12 years.

I believe that...



the new \$50,000,000 Crown Corporation for providing incentive to secondary industry will have direct benefit to the many smaller communities on the north end of Vancouver Island. A man with a good idea quite often finds it difficult to bank in the normal way. Capital and operating problems are always tougher in the early years.

The Government's idea is to give low interest loans designed to make it possible for people with ideas to succeed. Secondary manufacturing in all of its forms with special attention to agricultural processing will be emphasized.

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Your Legs. A brisk walk on the beach. A game of tennis. Going upstairs. Going downstairs. A bicycle ride. That's what you've got to lose.

Your Life. The entire rest of your life. That's what you've got to lose.

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CFB Comox Nursery School REGISTRATION

2 - 4 p.m. Monday, 28 August

Protestant Chapel Annex

Monthly Fees:

- \$12 for 2 half-days a week.
- \$18 for 3 half-days a week.
- \$30 for 5 half-days a week.

TENTATIVE OPENING - 18 SEPTEMBER

Supervisor:
Mrs. Carol Thompson

Assistant Supvr:
Mrs. Maria Lewis

2nd Comox Scouts and Cubs REGISTRATION

At the Scout and Cub Hall

(Next to Glacier Gardens)

7:00 p.m.

Tuesday, Sept. 5 - for Cubs, members last year of 2nd Comox pack.

Wednesday, Sept. 6 - for Scouts, new and old.

Thursday, Sept. 7 - for Cubs not previously members of 2nd Comox pack

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Golden Palette Art Club enters sophomore year

News of the Golden Palette Art Club may have been conspicuous by its absence this summer but that doesn't mean the members haven't been busy. Somehow between vacations and other summer activities the club executive has managed to keep members' work on display and to formulate plans for the coming year.

A committee is already hard at work preparing for the Fall exhibit and a second Spring exhibit will be held. Such things as field trips, group excursions and the like are at the planning stage.

Several of the original members of the Club have moved from the area and some new members are being accepted as of September 1st. Application forms are being prepared and present members will, of course, have priority and are being contacted by the secretary. Those people wishing to apply for membership for the first time are requested to contact Mrs. Pat Middleton at 339-3010 from August 28-31, preferably between the hours of 10 a.m. and noon.

The membership fee is only \$5 per year, however spaces are limited and applicants will be accepted on a first-come-first-served basis. Since its birth about a year ago the club has been basically amateur. This will continue to be the case but a limited number of openings for artists of professional status are available at a higher fee.

A major change from last year's operation is that art instruction is no longer included in the club's program. An ample number of art classes will be available this year both in Courtenay and at the airbase so the club will devote itself entirely to the end product of member's artistic talents and leave instruction to those better equipped to handle it.

This doesn't mean that members must be accomplished artists — on the contrary, art students do, and undoubtedly will always form a large portion of the membership.

If past co-operation and support received from members and non-members alike is any indication then one would be safe in betting that the Golden Palette Club will be around for some time to come — growing stronger and better each year and adding their bit to life in the Comox Valley.

Buying tires

Consumers' News

If you have tried to buy tires recently, or if you are planning to buy some in the near future, you will see it is almost impossible to make a rational choice because there is no clear terminology and grading for tires.

Do not be misled by such terms as **PREMIUM, DELUXE OR FIRST LINE** because they mean nothing.

Each manufacturer can set his own standards for these terms. Add to this other technical expressions such as plies, bias-belted, radial, and cords, and the consumer becomes thoroughly confused.

As of January 1, 1970 all tires were to bear several pieces of information molded permanently into the sidewalls. These were: size designation; maximum permissible inflation pressure; maximum load rating; identification of the tire manufacturer; the composition of material used in ply cord; actual number of plies in the sidewall and the actual number of plies in the tread area, if different;

Beefed-up wieners

Not bigger, but more nourishing wieners will be on the Canadian market before this year ends. Federal government nutritionists are currently drafting regulations to establish a minimum protein content for all wieners and sausage products made in Canada.

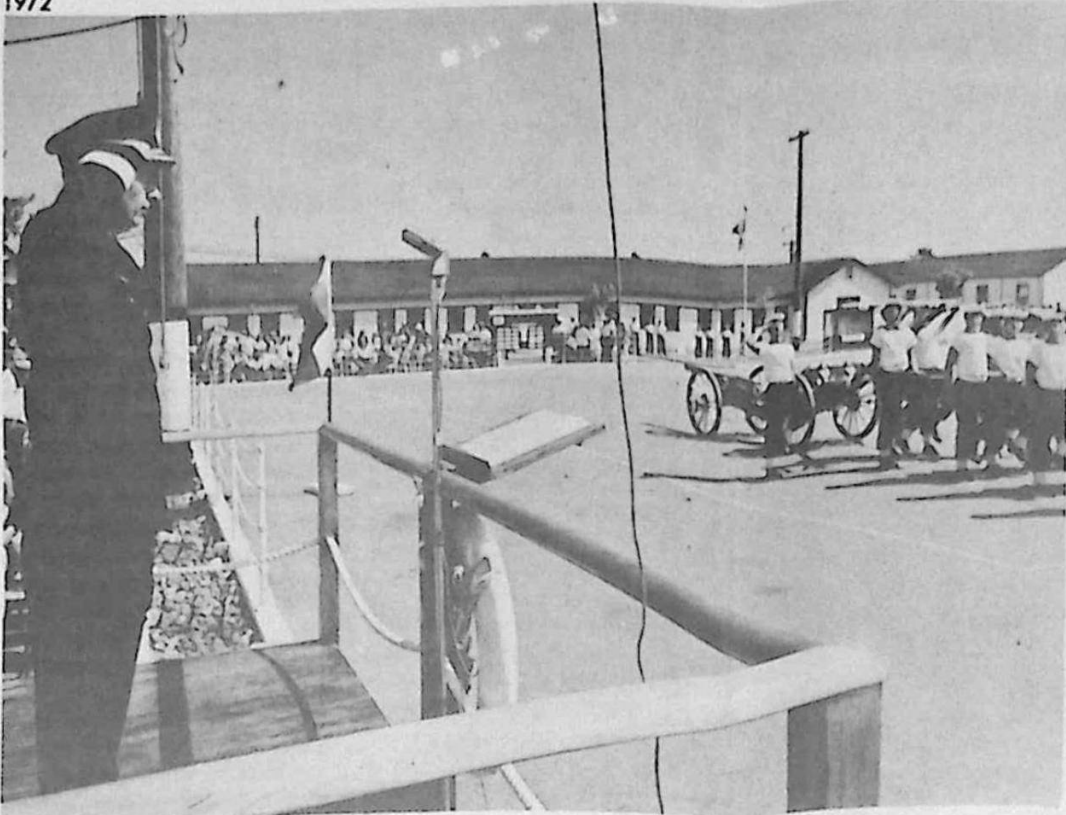
The federal government's health department will insist that wieners and sausages contain a certain amount of protein. There are no regulations now that determine how much protein they should have; by controlling the cereal, moisture and fat content it was previously thought that this would control the protein content. This hasn't worked in some cases. In some instances the amount of protein fell below what the government nutritionists thought adequate.

So now the regulations are being written. And these will require meat packers and processors to put more protein into their products than most now have. The protein consists mainly of beef and pork. The government nutritionists are working under some handicap in writing the new regulations — they want the protein "floor" set without giving the producers cause to raise their prices which, one would assume, would be passed on to the customer.

(Consumer Contact)

BABY CARE

Consumers' Association of Canada warns mothers to use as little baby cosmetics as possible. Powders may cake in the folds of the skin and talc-based powders are dangerous if breathed in by the baby. Corn starch is an excellent substitute.



A NEW SECRET WEAPON was unveiled during the Quadra open house last Sunday. Brig. Gen. D. Learoyd takes the salute during the marchpast with the device which is hailed as the greatest thing since the crossbow. (Dave McNair Photo)

Cub and Scout News

In the Spring of the year, as we all know, many things in nature return to life after a period of rest during the long winter. On the other hand, the Fall of the year is also a time of new beginnings after a period of rest. For instance, school starts again for another year, and the local edition of Hockey Canada finds itself loaded down with more boy hockey players than you can shake a stick at.

And so too, the Boy Scout movement starts another year of helping boys to learn about themselves and their world, to further develop skills discovered during the last Scout year, and to learn new skills as yet unknown. Having fun while growing up is the name of the game.

The 2nd Comox Cubs and Scouts will hold registration for the 1972-73 session at the Scout and Cub Hall, across from Glacier Gardens, at 7 p.m. on each of the following evenings:

Tuesday, Sept. 5 — for Cubs who were members of a 2nd Comox Cub pack during 1971-72;

Wednesday, Sept. 6 — for Scouts, both those registering for the first time, and those re-registering;

Thursday, Sept. 7 — for Cubs not previously members of a 2nd Comox pack.

It is expected that the registration fee will be \$5 per boy.

Regular pack and troop meetings will commence during the week of Sept. 11, with Scouts meeting on Monday evening and Cubs on each of Tuesday, Wednesday and Thursday evenings. All of the troop and pack meetings

begin at 6:30 p.m. and end at 8 p.m. One of the three Cub packs meets on each of the three evenings mentioned.

The Scouting program functions only because there are a number of interested parents (and many single servicemen) who give of their time to help. The Scouting program at 2nd Comox needs your help; there are positions open as leaders (for best results there should be one leader for each 6-8 boys), and on the Group Committee that assists the leaders in administering the Scouting program at CFB Comox.

Experience is not necessary before offering assistance to the Cubs and Scouts, nor are mothers excluded from helping — several mothers already serve as leaders with the 2nd Comox Cub packs; many others belong to the Ladies Auxiliary, and give invaluable help during the year.

If someone out there in Fishwrapperland would like to become involved in the Scouting movement, an early call to one of the following people will ensure your choice of the many rewarding positions open:

Bob Conn, chairman, 2nd Comox Group Committee, 339-

4436; Gerry O'Brien, Scoutmaster, 339-4225; Jim Schreck, Scoutmaster, 339-3873; Sonia Conn, Cubmaster, 339-4436; John Moller, Cubmaster, 339-4072; Marion Kee, president, Ladies' Auxiliary 339-2172.

There is a possibility that a Venturer Company will be established for 1972-73, if there are sufficient boys aged 14 to 17 interested in such a program. Further information on this subject will be forthcoming. Anyone interested in the Venturer program should contact Jim Schreck at the number given above.

Parents, on registration night bring your boy to the Scout and Cub Hall and register with him — he'll appreciate it and so will we.

Chapel Chimes

PROTESTANT CHAPEL, Sunday Service, Aug. 27, 1972 — Divine Worship at 11 a.m.

Sunday Service — Sept. 3, 1972 — Divine Worship at 11 a.m.

Sunday School Teachers — there is an urgent need for teachers in both the Kindergarten and Primary Junior department. If there are any adults or teenagers who would be willing to teach Sunday School, please call the Chaplain's office at local 273.

R.C. CHAPEL

Father J.A. Borg - Base Chaplain (RC) Telephone No. 339-2211 Local 274.

Masses: Saturday 7 p.m., Sunday Vigil Mass. Sunday 0930 and 1100 hours.

Weekdays: Tuesday 7:30 p.m., Wednesday 4:15 p.m., Thursday 4:15 p.m., Friday 7:30 p.m.

Sacrament of Penance — Before mass on Saturday from 6:30 to 7 p.m. and before weekday Masses.

Baptism — By appointment. Whenever possible on the third Sunday of the month at 1:30 p.m. On other Sundays for a good reason.

Catechism Teachers — A get together of all Catechism teachers is planned to take place on Wednesday, August 30, in the Parish Hall at 8 p.m. We sincerely hope that all teachers of last year and all concerned will make appropriate arrangements to be there.

Smokers reported a higher rate of chronic illness, including coronary heart disease, than did non-smokers, your B.C. Heart Foundation notes, from a national survey.



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PROVINCIAL ELECTIONS ACT

NOTICE TO ABSENTEE VOTERS

If you are a temporary resident of this area, but are registered as a Provincial voter in another polling division or in another electoral district of the Province, you may vote "absentee" as follows:—

Apply on polling-day, at the polling-station established for this area, for a special (absentee) ballot. You will be required to take an affidavit that you are a registered voter, and if you are registered in another electoral district, you must know the name of that district. In your affidavit give the address at which you are registered, but in signing the poll-book give your present permanent address.

If you are registered in another polling division of this electoral district, you may vote for the candidates nominated to contest the election in this district, using an ordinary ballot. Your marked ballot will be sealed in an envelope, which will not be opened until your name has been found on the voters list for some polling division of this electoral district; if your name is not found, the envelope will not be opened and your ballot will not be counted.

If you are registered in another electoral district, the procedure is the same, except that you will be given a special ballot, on which you must write the name of the candidate* for whom you wish to vote, because there will be no printed ballots at the poll for other electoral districts. You will be given a list of the candidates running in the district in which you claim to be registered; therefore, you must know the name of that district. Before final count, the sealed ballot-envelope will be mailed to the Returning Officer for the district in which you claim to be registered, and if he cannot find your name on the voters list for that district, the envelope will not be opened and your ballot will not be counted.

The poll officials will have a list of the polling divisions and local place-names in the Province, and in many cases will be able to locate your electoral district by looking up the polling division or local place-name corresponding to your address.

It is not enough to give "Vancouver" or "Victoria" as your electoral district, because there are several electoral districts involved in each city. The poll officials in Vancouver or Victoria but are unsure of your electoral district, locate your address on the map.

Therefore, to be sure your absentee ballot will not be wasted, know the proper name of the electoral district in which you are registered as a Provincial voter; registration as a municipal voter has no bearing on the case.

CHIEF ELECTORAL OFFICER,
PARLIAMENT BUILDINGS, VICTORIA, BRITISH COLUMBIA.

* In Victoria and in certain Vancouver electoral districts, two members are elected, and voters registered in these districts may vote for two candidates, and will be so advised at the poll.

TRAIL RIDES

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I believe that...



the minimum wage laws of British Columbia should be the responsibility of the elected Legislature and not an external Board, which is now the case. At the Fall Session British Columbia will be the first Province in Canada to establish the principle that the elected Legislature will, by statute, confirm the minimum wage laws of the Province. In this way, the Government can be held directly responsible for the minimum wage laws throughout the Province.

VOTE CAMPBELL X
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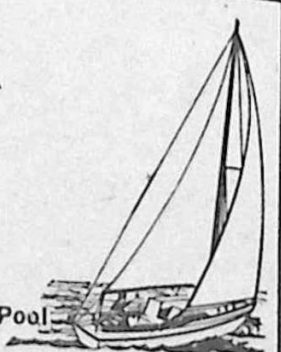
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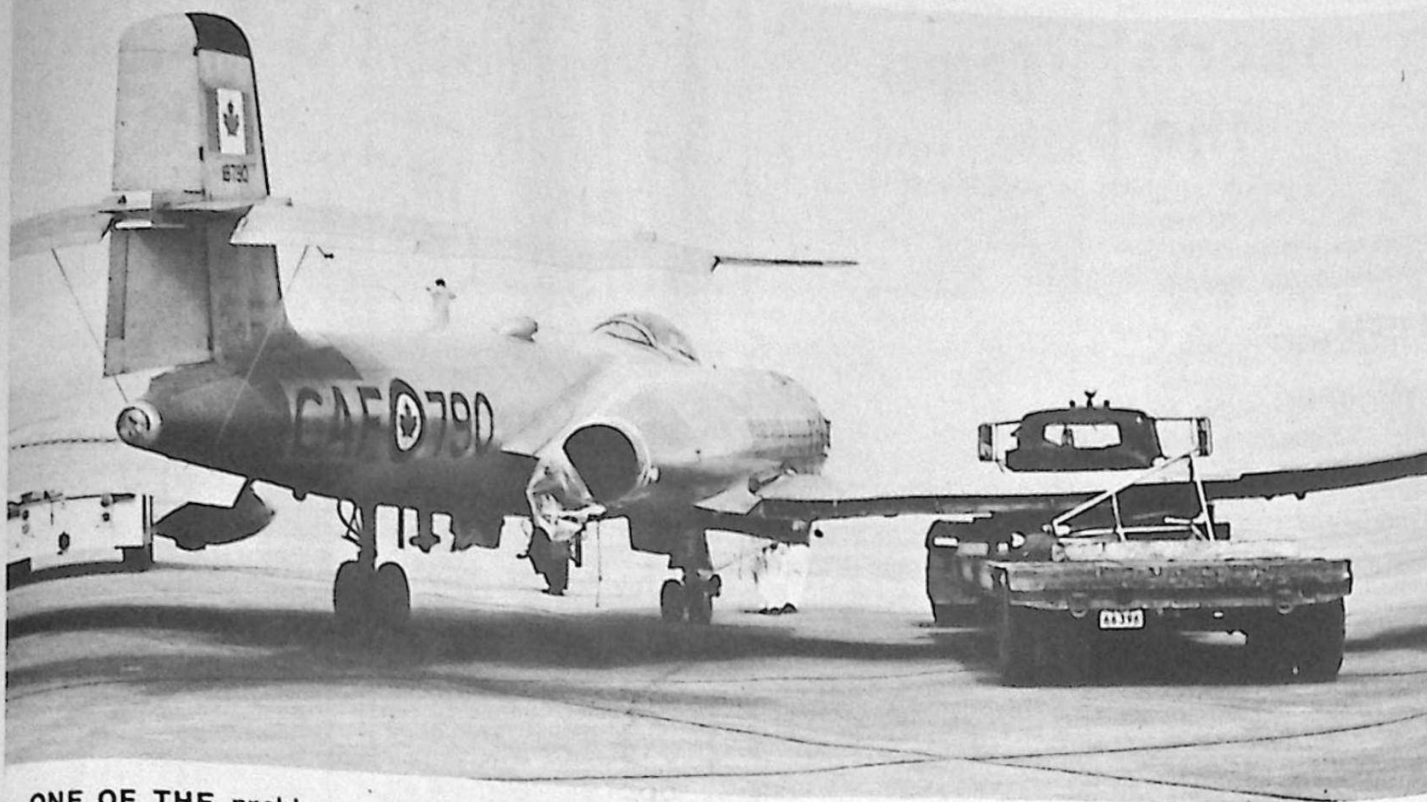
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ONE OF THE problems 414 Sqn. faced on their move from Ottawa to North Bay was convincing the airplanes to go. This tired old clunk complained to ADCHQ that she was over crew rest limits and

didn't want to go. The wise fathers underground declared she didn't have a leg to stand on, but provided a little support anyway for the long journey north.

Clunks move to North Bay

On August 1, 1972, 414 Squadron relocated in North Bay, its second move in four years. In 1968 it moved to CFB Uplands from CFB St. Hubert. In North Bay, it will continue to ensure that ADC crews maintain their proficiency in electronic warfare.

414 Electronic Warfare Squadron is a part of Canada's Air Defence Command and of the joint United States-Canada-North American Air Defence Command (NORAD). 414 Squadron is assigned the role of training NORAD forces to effectively carry out their role of protecting the North American continent from hostile bomber attack in spite of an environment badly disrupted by enemy electronic countermeasures activity.

To carry out this vital and complex role, 414 Squadron is equipped with the CF-100 "Canuck" aircraft which is crammed with all manner of electronic jamming equipment. 414 Squadron aircraft and crews play the part of a "friendly enemy" attempt to penetrate NORAD defences using every trick they can devise to confuse and elude the detection devices and fighter aircraft which endeavour to stop them. By thus setting up realistic electronic countermeasures situations, 414 Squadron assists NORAD units to be prepared to cope effectively with a real enemy if that situation should ever arise.

Airborne electronic countermeasures training in the Canadian Armed Forces started when the Electronic Warfare Unit began life in 1955 as a section of 104 Communications Unit (later 104 KU) equipped with C47 Dakota aircraft. These aircraft had specially fitted

openings in the side through which crew members threw "chaff", strips of aluminum foil which create a false target on radar scopes. This primitive chaff dispensing system did provide some electronic countermeasures training for fighter crews and ground radars of Air Defence Command but it was obvious that a more adequate training program was required. A C119 Flying Boxcar aircraft equipped with both electronic jamming gear and chaff dispensing equipment arrived at the unit in the spring of 1956. However this aircraft was badly damaged in a ground fire a few months later and was removed from service for a refit which took nearly two years. In the meantime a CF-100 "Canuck" equipped with chaff dispensing equipment was added to the unit inventory. Early in 1957, two more C-119 aircraft arrived in the unit bringing the aircraft inventory to three C-119's and a CF-100.

On 1 April 1959, the Electronic Countermeasures Section of 104 KU became the RCAF Electronic Warfare Unit with Squadron Leader G. D. Fowler as the first Officer Commanding the unit. The unit now embarked on a large scale expansion program to fulfill its assigned role; to provide NORAD forces with realistic training in electronic countermeasures.

In the fall of 1960 the first specially modified CF-100 "Canuck" aircraft designated the CF-100 Mark 5C arrived on the unit. This aircraft was fitted with electronic jamming equipment and chaff dispensers and acted as high altitude, high speed targets to supplement the slow, low altitude of C-119's. The unit reached a strength of twenty-

eight CF-100's and 3 C-119's by 1965. In September of that year the RCAF retired all of its C-119 aircraft from service including the three EWU aircraft. The unit continued to operate with its CF-100 aircraft until 15 September 1967 when it officially ceased to be the Electronic Warfare Unit and was renamed 414 Electronic Warfare Squadron - 414 (EW) Sqn.

414 Sqn. was originally formed as an army co-operation squadron at Croydon, England, in August 1941. The squadron adopted as its emblem a medieval knight mounted on a charger with the motto "Lotis Viribus" - with all our might.

During the war years, 414 Sqn. flew Lysanders initially and later Tomahawks, Mustangs and Spitfires in its role as a reconnaissance squadron. During this period the squadron accounted for 29 enemy aircraft destroyed, as well as 76 locomotives and 12 naval vessels. Squadron personnel earned 16 Distinguished Flying Crosses. The squadron took an active part in collecting intelligence information which aided in planning the Allied invasion of Europe. 414 Sqn. was disbanded at Luneberg, Germany, in August of 1945.

414 Sqn. was reactivated at RCAF Station Rockcliffe, near Ottawa, in 1948 and was assigned the role of aerial photography. Equipped with Dakota aircraft, the squadron continued in the role until November 1950 when it was again disbanded. Its greatest single accomplishment in this period was that of photographing 323,754 square miles of Canada from April to September 1949.

Then 414 Squadron was reactivated a second time in

Mont Apicans plan 20 year celebration

On the occasion of the 20th year of operation within Air Defence Command, CFS Mont Apica is planning Welcome Home celebrations. The selected dates for this anniversary party are Sept. 15 and 16, 1972.

RCAF Station Mont Apica was officially operational on July 15, 1952 with the code name No. 12 AC & WS or "Charlie One". Mont Apica is extending an invitation to all former members to celebrate this memorable event with them. They are hoping to have all former members and their wives attend and make the party a real success.

The customary schedule of events is planned to include a monster TGIF on Friday with a sherry party for the ladies on the same evening. A giant outside BBQ is planned for Saturday afternoon followed by a commemorative dance that evening.

As accommodation is very limited at Mont Apica a camping ground will be set up on the station for those who are planning to bring their camping equipment. This would seem to be a very good suggestion as the nearest motels are 30 miles away.

The co-ordinating officer for Welcome Home celebrations is Lt. J. G. Desjardins, telephone 7-668-2249 or 248. Replies are requested as early as possible indicating the number of people who wish to attend.

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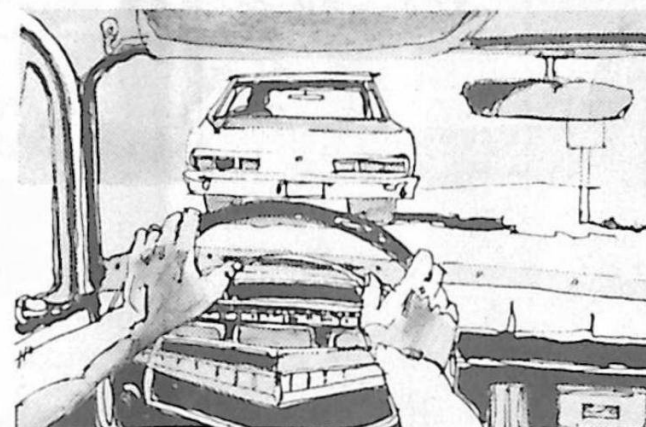
So ask. Service to members is our only business. Call us or stop in - let us serve you.

Comox Canadian Forces Credit Union

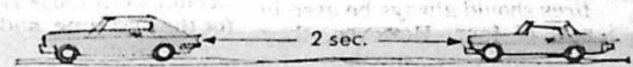
CFB Comox, Box 400, Lazo, B.C. (604) 339-2344

The 2 Second Rule Learn it and live

Tailgating is one of the major causes of accidents in this province. Now there is a simple new rule to help you maintain a proper safety margin. It's called "The 2 Second Rule". All you have to do is leave two seconds between you and the car in front. Learn it now, and live.

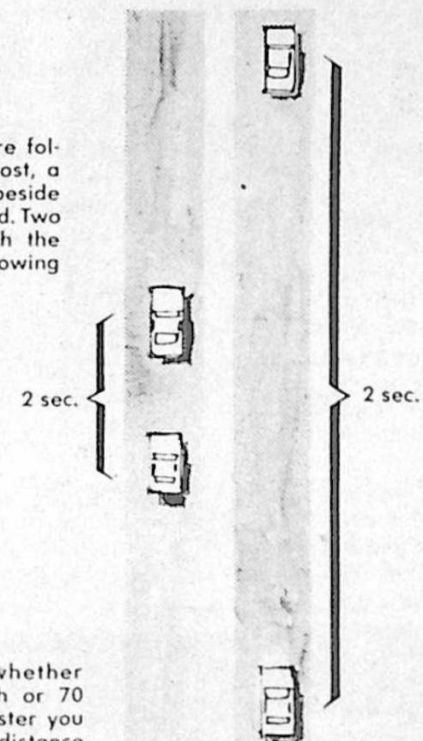


2 As the lead car passes a fixed point, count "ONE AND. TWO AND." for a safe following distance.



1 Two seconds is the time you leave between you and the car in front.

10 MPH 70 MPH



Whenever the car you're following passes a sign post, a tree, or any fixed point beside the road, count "One and. Two and." before you reach the point. That's a safe following distance.

3 At any speed 2 seconds is the safe following distance.

Two seconds gives you time enough to react and brake if the car in front suddenly slams on his brakes.

It doesn't matter whether you're going 10 mph or 70 mph. Because the faster you go, the greater the distance you cover in 2 seconds.

4 Every sign post, every pole, every tree you pass, is a chance to check if you're tailgating.

Tailgating is a traffic offence in this province. It results in hundreds of accidents, injuries and deaths every year. Now there is no excuse. Next time you're driving test The 2 Second Rule. And from then on, live by it.

MAKE A DECISION TO LIVE

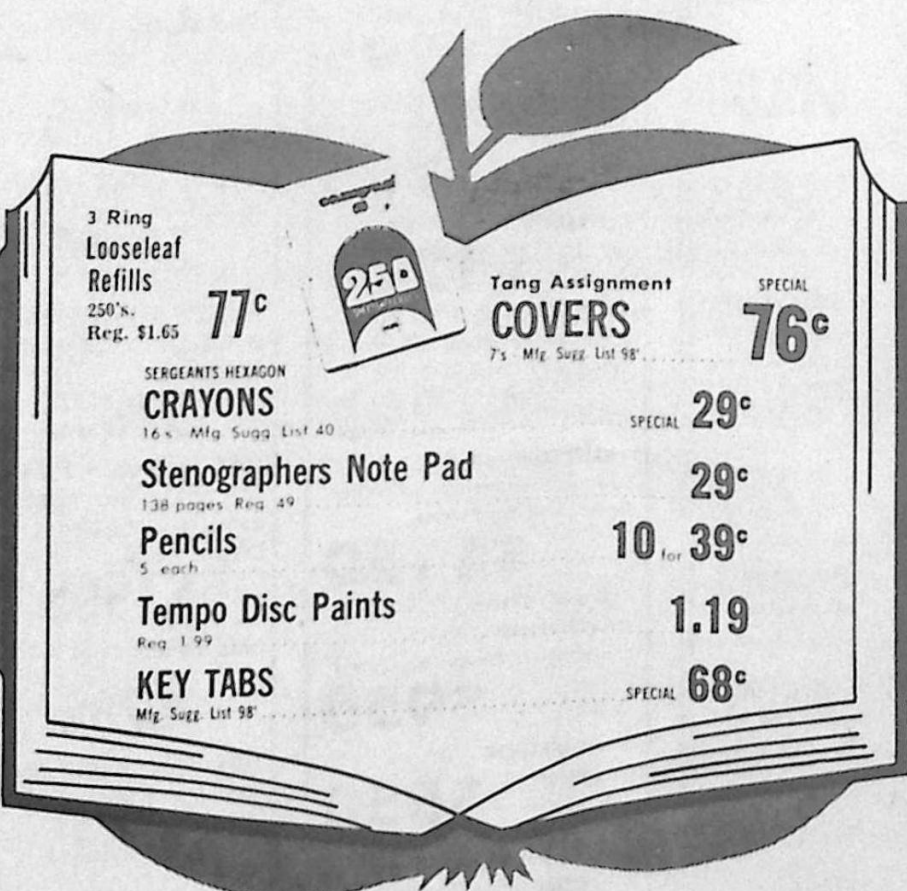
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Scuba Club meets Aug. 30

As many of you now realize, there is a strong move afoot to form a Scuba Club at CFB Comox. A preliminary survey indicated a strong response both from servicemen and dependents and an organizational meeting held on the 16th of August was enthusiastically attended by 23 people.

Cpl. Barry Wilford, a NAUI instructor who recently came to Comox is spearheading the organization through the BPERO, Capt. Bill Keener. Several experienced divers have indicated a will to support and investigations are presently being conducted into the cost of equipment (Sgt. John Leski) and the air compressor situation (Cpl. Gil Moore). The BPSO, Lt. Col. Anderson is also supporting the proposed organization in view of his many years of scuba diving experience.

The aim of the proposed CFB Comox Scuba Club will be to provide the opportunity for servicemen and their dependents to enjoy the authorized sports of skin and scuba diving in a healthy controlled club situation. It is hoped that a training program (an authorized scuba course) can be initiated around the end of September. Fee for this course will be approximately \$20-\$25.

A general meeting of all interested service personnel and their dependents (16 years of age and over) will be held in the Base Conference Room Wednesday, Aug. 30, 1972 at 1900 hours.

It should be noted that the initial cost for the purchase of gear is a high one. However, enthusiasm is the key ingredient for this club. Come one and all.



IT LOOKS LIKE MUNICH but it's CFB Comox. Preparing for the Olympics last weekend were the sergeants and warrant officers who decided to bring a Teutonic atmosphere to Comox. The balloons are there to ward off any low-flying aircraft. (Dave McNair Photo)

Olympics start Saturday

The Canadian Broadcasting Corporation announced that its plans to provide record coverage - more than 67 hours of programming - to its radio and television audiences of the 20th Summer Olympics from Munich, Germany, Aug. 26 - Sept. 10.

Exclusive television coverage, which begins with a live colorcast of the opening ceremonies Aug. 26, includes 25 hours of programming on the CBC French network, and 25 hours on the English network. On CBC Radio, which will provide the only comprehensive coverage of the Olympics to listeners in Canada, the English and French networks will broadcast approximately nine hours of programming. The breakdown of French and English radio and television coverage will be over and above reports carried on regular newscasts.

Additionally, Radio Canada

International will broadcast Olympic highlights in its regular program schedules.

To provide the planned coverage, the CBC said it will send 46 CBC broadcast and technical personnel to Munich, with Yvon Giguere, Head of Sports for the CBC French network, acting as Chief de Mission.

Deutsches Olympia Zentrum, host broadcasting organization in Germany, will provide pooled coverage of all events to visiting broadcasters, and the CBC will be provided facilities to select and package material for its Canadian audiences.

Mr. Giguere, who spent three days in Munich earlier this year making arrangements for the CBC coverage, said he was tremendously impressed with the planned pooled coverage by DOZ. "They will be using at least 23 mobile units, 135 cameras and 2,100 technicians

to provide coverage of the Summer Olympics to their own audiences and to visiting broadcasters, and we are happy to be partners in that coverage," he said.

Commentators for the French television coverage are Rene Lecavalier, Richard Garneau, Jean-Maurice Bailly and Raymond Lebrun, and for the French radio coverage, Lionel Duval, Pierre Duffault and Andre Hebert. Bob McDevitt, Ernie Afaganis, Ted Reynolds and Don Whittman will handle the on-air duties for English television, and Fred Scambati, Gordon Atkinson, Walter Unger and Fred Walker are the commentators for English radio coverage.

The early effects of smoking may handicap teenagers who go in for school sports, your B.C. Heart Foundation says. Smoking cuts the wind and accelerates the heart.

Sports around the base

BY "SCOOP" PALMER
It looks as though summer sports are just about ready to wind things up for another season. It will not be too long before we start thinking about hockey and other indoor sports.

The Galcier Greens Men's Club Championship will be held on the 26 and 27th of August with 18 holes of golf being played each day. The top award for the Low Gross will be the Tye Trophy. The entry fee is \$2. The tournament will be broken down into three flights. In the first flight it will be the golfers with a 0 to 15 handicap. In the second flight it will be 16 to 20 while 21 and over will be in the third flight. Each golfer who wants to compete must have an established handicap.

It is hoped that all of the bowling leagues will be ready to commence play the second week in September. The bowling association president for this season is Dave Harrison while Stan Prime will serve as his right hand man. The man in charge of publicity is Hugh Smith. The division presidents are as follows - Ladies League, Mrs. Myrt Patterson; Men's League, Len McCormick; Mixed league, Merrill Denton. Entry forms for the mixed and men's leagues are available at the Rec Centre. Individuals who are unable to make up a full team are asked to complete a form and then they will be placed with a team.

There has been a lot of interest shown around the base in flag football. It is hoped that a tournament will be held early in the fall so be sure to watch for more news about this event.

The Intersection Softball League Championship was once again won by the United States Air Force. They defeated Avionics three

straight games in the final series. The scores of the games were 6 to 5, 8 to 2, and 9 to 5.

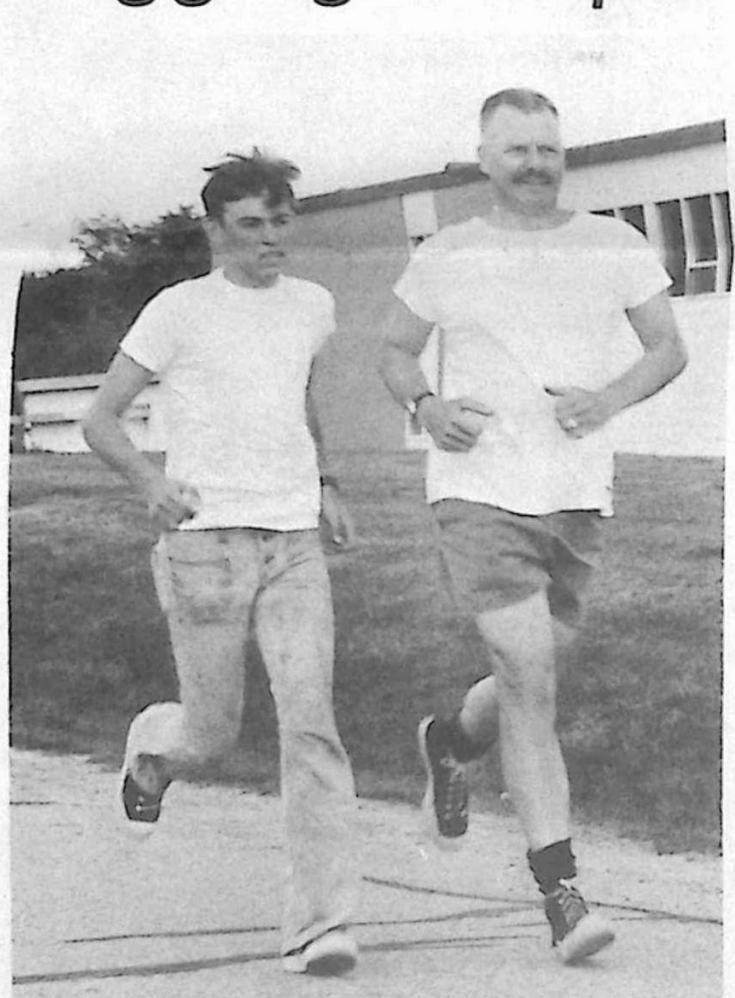
To reach the finals U.S.A.F. defeated Supply in two straight games while Avionics did the same thing to 407 Ground.

The Comox Valley Minor Hockey Association will be taking registrations at Glacier Gardens Arena on Saturday, September 9th for ONE day only from 10 a.m. till 4 p.m. This one day registration period is a change from last year since it is a known fact that maximum numbers will be reached in this time. Acceptance may have to be restricted in any or all divisions, since only minor increases over the 1971-72 season can be accommodated. A waiting list system will be used. The registration fees for this season are \$15 for Juvenile, \$14 for all others with a maximum of \$35 per family. When a boy comes to register he MUST have his birth certificate with him or his registration will not be accepted.

There will be a Skate and Equipment Exchange held at the Cub and Scout Hall adjacent to Glacier Gardens Arena on Saturday, September 9th. It will be in operation from 10 a.m. till 5 p.m. All articles must be submitted between 6 and 10 p.m. on Friday, September 8 at the hall. Each item must be tagged with your name, phone number, size and price. Unsold articles and money must be picked up at the hall prior to 5 p.m. on Saturday September 9.

Cigarette smokers have a higher risk of early death from heart disease than do non-smokers, your B.C. Heart Foundation reports. The more cigarettes smoked, the higher the risk.

Jogging - a sport for all seasons



FIFTY-TWO YEAR OLD Chief Warrant Officer Ted Yeager and 17 year old Private Bassingwaite of CFB North Bay jog across the finish line during a training session in preparation for the ADC semi-annual test.

NORTH BAY (NORAD) - Canada's Air Defence Command has finally found a sport in which the average serviceman can become involved. Unlike the complex team sports such as basketball or hockey, the sport of jogging can be mastered by almost every member of the Forces in a very short time.

The program is based on the Aerobics program which was introduced to the United States Air Force by Dr. Kenneth H. Cooper. The plan encourages regular participation sessions in a variety of sports that range from swimming, tennis, jogging to even rowing or skating. The more strenuous the sport the less time required to attain a high fitness level.

The military plan encourages three weekly participation sessions and a twice yearly test based on the individual's ability to run one and one-half miles. The average serviceman is expected to cover the distance in 12 minutes. There are altered times for older personnel and female members of the Forces. Cpl. Paul Dorion of Midland, Ontario, has covered the mile and one-half route in an ADC record of 7 minutes 41 seconds. Fifty-two year old

CWO Ted Yeager of North Bay, Ontario has the leading time in his age class which is 12 minutes 58 seconds. One energetic individual, Capt. John St. Marie of St. Hubert, Quebec, has averaged over 1,000 miles per year for six consecutive years. He runs a mile and one-half in 8:29 and usually runs 3 miles each session.

On the average over 100 training miles will be covered by every man in ADC in this year. In the first three months of 1972 there was a total of 45, 212 miles accumulated by the personnel of ADC. This is comparable to running 14 times from Vancouver to Halifax. Training takes place on running tracks, highways or on the lonely roads of some remote radar station. During the winter the program moves to gymnasiums or over cross-country ski or snowshoe trails. The program is being pursued by members between 17 and 45 years of age and to quote one 33 year old Sergeant, "I have only been on the program five months and I have never felt better in my life."

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THE BRAINS of the SAGE control center in North Bay are located 600 feet under the solid granite of the Laurentian Shield. The master control room here is only a small part of the huge twin IBM computers housed in the underground complex.

Getting older

North Bay Giants

NORTH BAY (NORAD) — The "Quiet Giants" of North Bay, Ontario, will celebrate their ninth birthday this summer. Weighing over 300 tons each, they live in a cave deep beneath the Laurentian Mountain Range, at a constant temperature of 62 degrees.

It was in 1963, that electrical pulses brought life to the brains of these behemoths. Since then they have played a vital role in the defence of North America. Any would-be aggressor would have to match his brain against North Bay's huge robots. It would be an unequal contest ... these twin guardians can solve 80 mathematical problems in the time it takes to click a high speed camera. For nine years their memory cells have been filled with millions of bits of defence strategy and tactics, for these Canadian giants are the AN/FSSQ Semi-Automatic Ground Environment (SAGE) computers of the 22nd NORAD Region.

The Region is charged with the Air Defence of over two million square miles of Canadian and U.S. territory, from the Arctic to Southern Maine — from the Yukon Territory to Newfoundland. During the past seven years the computers have operated over 61,000 hours, and guided hundreds of interceptor aircraft toward real and simulated unidentified aircraft approaching North America.

Their home is the 51 million dollar underground defense centre at North Bay, one of the largest Canadian contributions to joint Canadian-United States NORAD Defence Force and the headquarters of the 22nd NORAD Region. It is manned jointly by military personnel of both countries, under the Command of Canadian Forces Major-General Norman Magnusson. The complex is the only one of its kind on the continent.

The giants each contain over 59,000 vacuum tubes (enough for 1200 TV sets), over 1,000 miles of interconnecting wire, 600,000 resistors, and an air conditioning system capable of freezing 1,200 tons of ice each day. When one computer is in the other is on standby, ready for instant use if required.

The SAGE Computers constantly receive inputs from the Distant Early

Warning (DEW) Line radar sites, long range radar units across Canada, fighter squadrons, BOMARC Squadrons, and other sources. They digest this information within millionths of a second and display it for the commander and his staff to act upon. Simultaneously they pass information on the air situation to adjacent NORAD Regions and the NORAD Combat Operations Center at Colorado Springs, Colorado.

The weapons that can be employed by the 22nd NORAD Region through the Semi-Automatic Ground Environment (SAGE) System includes 1200 MPH CF-101 and 1500 MPH F-106 jet interceptors of the Canadian Armed Forces and the United States Air Force Aerospace Defence Command. Given the command, the SAGE Computers can select the proper interceptors, direct them to intercept enemy aircraft and

cause its destruction if necessary.

Training in realistic exercises has been conducted frequently during the past nine years, to ensure that the SAGE control center and all elements of the 22nd NORAD Region are maintained at a high state of combat readiness. Frequently these exercises have included attempted penetrations by United States and Canadian aircraft, which play the role of an enemy force bent on destroying vital targets on the continent. Tracking, identification, and interceptions are made by using the capabilities of the SAGE control center.

So although NORAD's "Quiet Giants" of defence won't participate in a celebration, or serve a birthday cake, it wouldn't be surprising if their quiet humming this summer includes a few bars of "Happy Birthday".

Airborne controllers direct fighters in SEA

HQ ADC — U.S. Air Force officers aboard EC-121 aircraft assigned to the Aerospace Defense Command's (ADC) 552nd Airborne Early Warning and Control Wing, operating in Southeast Asia are adding their expertise to the air war to assist their fighter-pilot counterparts.

Since Dec. 10, 1971, weapons controllers aboard these Super Constellations have been credited with directing the destruction of some 15 MIG enemy aircraft. Two other MIGs are listed as probable 'kills' for the Air Force controllers.

The EC-121 crews serve on temporary duty in Southeast Asia from their home base at McClellan AFB, Calif. Utilizing airborne detection and control equipment, controllers aboard the four-engine aircraft locate enemy aircraft on their radar scopes and direct allied aircraft to the air battle.

During March and April of this year some of the heaviest controlling occurred when an enemy MIG-21 violated Laotian air space and was threatening friendly aircraft in the area. With expert controlling the enemy MIG was destroyed. On April 16, three MIG aircraft were detected by an EC-121 controller. The EC-121 passed two of the MIGs to another radar control unit while the controller directed the intercept of the third. When the air battle was over, three MIG-21s were destroyed.

The destruction of the three MIG-21s took place over North Vietnam as U.S. fighter and bomber aircraft struck targets in the North in an attempt to halt the invasion launched through the demilitarized zone separating North and South Vietnam.

In more recent action, an EC-121 assigned to the 552nd played a major role in the downing of two MIG-21s. The crew was also credited with assisting in the destruction of two other MIG-21 aircraft.

With this action, the 552nd achieved something no other wing has — the "first" all-Air Force MIG kill. The F-4 Phantom aircraft downing the MIGs belonged to the 432nd Tactical Reconnaissance Wing at Udorn Royal Thai Air Force Base, Thailand.

EC-121 aircraft were introduced into Southeast Asia in April 1965. The first EC-121 assisting in the downing of a MIG was recorded in October 1967.

During the mid-1960s the EC-121 aircraft were heavily employed by ADC as flying radar platforms to assist in the detection of aircraft approaching the United States. With the reduction of the EC-121 inventory, the primary role of the 552nd AEW&C Wing has transitioned from a continental defensive environment, to a more active part in meeting global contingencies. This diversified concept is used by ADC under the single manager concept to support Pacific Air Forces, Tactical Air Command, Commander-in-Chief Atlantic, and the Air Force Systems Command.

The Airborne Warning and Control System (AWACS), now under development by the Air Force Systems Command for both ADC and TAC, will, if approved, eventually replace and modernize this capability. (ADPCS)

POME

Her hip hugging girdle Was so expertly fitted That standing room only Was all it permitted

Uncle Al answers your questions

Dear Uncle Al:

A few weeks ago when I saw an ad in this paper for flying boots sold by Ayer-Crewe Shoes Ltd. I rushed down and bought the flashiest ones they sold to go with my fighter pilot image. Now Command has decided that only a limited type of boots can be worn whilst flying and I am stuck with my mauve flying boots. Do you think this is reasonable?

Footloose

Dear Foot:

This simply proves that Command has not forgotten that aircrew should wear only

approved footwear. They have reaffirmed that flying safety is of paramount concern to them. It would seem reasonable to hope that, soon, Supply will accept Chargin Cards to accommodate the inflationary types who wear out their boots and have to fight their monopolistic tactics.

Al

Dear Uncle Al:

I am a single man posted to CFB Comox, and I am at my wits' end. There seems to be a great shortage of young ladies to court hereabouts. Things

are so bad that I now phone Totem Times all week just to talk to the magnetic lady who answers the phone when there is no one in the office (which is most of the time). I need help because now I am even getting tired of her recorded speech.

F.R.ustrated

Dear F.R.:

I've talked to the staff of the Totem Times and they tell me they will try to change the recording from time to time and they will stick to policy of staying away from the office to help others who are in the same position.

Al

Dear Uncle Al:

When I returned recently from a wonderful bit of TD in Upper Canada I ran into a small problem. When I departed from a large Transport Command base near Belleville I was impressed with the very snazzy AMU and its operation. Impressed that is, until I went to get my luggage here in Comox. I searched high and low and realized to my horror that my luggage and I had been tragically separated. What can I do to make sure

this won't happen again if I ever get together again with my suitcases.

Changeless in Comox

Dear Changeless:

I checked into this heart-rending loss you suffered, and I think I discovered the reason. When you got your Boarding Pass it was made out for Comox and you assumed that the baggage tags gave you, also said Comox. But the crafty Trenton tricksters checked your baggage to Namao, where it remained as lonely as you were, until rescued by our own AMU people. If you look on the bright side, usually ATC gets your luggage to your destination and leaves you behind (one out of two is not all that bad).

NORAD DIRECTORY

Colorado Springs — NORAD — the North American Air Defence Command — celebrates its 15th birthday this fall.

It was in September of 1957 that NORAD began operations as a binational command controlling all the air defence forces of both the United States and Canada.

The agreement between the two neighboring countries to establish the organization was a milestone in that it marked the first time any nation had placed armed forces under operation control of a general of another nation in peacetime, with the authority to commit those forces to battle without the formality of a declared war.

In short, the commander in chief of NORAD, a U.S. Air Force general, was authorized by the two governments to exercise operational control in peace and war over all forces assigned to his command.

The man in that position today is General Seth J. McKee, the sixth commander in chief of NORAD since its establishment. His deputy and the man responsible for directing defences of both nations in his absence is Canadian Forces Lt. Gen. Edwin M. Reyno.

NORAD officially came into being on the first minute of the day of Sept. 12, 1957. The mission assigned was — and still is today — to defend the continental United States, Canada, and Alaska against air attack.

Headquarters and the Combat Operations Centre were originally set up at Ent Air Force Base in the heart of Colorado Springs in a building that once served as a hospital.

Today NORAD administrative headquarters is still in that structure, but the combat operations complex has been moved beneath the protective hard granite of Cheyenne Mountain several miles south of the city to bolster its chances of survival in event of attack.

Formation of NORAD gave recognition to the belief long held by defence leaders of both the U.S. and Canada that neither nation could handle alone the task of defending their combined 10 million square miles of land mass and seaward approaches against air attack.

They agreed the most effective air defence, one that could keep pace with the tempo of offensive advances, called for common operating procedures, deployment of weapons according to a single plan, means for split-second decisions, and authoritative control of all available weapons.

A former commander in

chief of NORAD, General Laurence S. Kuter, explained the problem and solution:

"The complexity of air defence, resulting from the increased variety, speed, altitude and destructive power of weapons, makes it difficult to conceive that any single service of the armed forces of Canada or the United States could defend its nation alone."

"The air defence of the North American continent requires the combined, coordinated and integrated effort of the civilian and military resources of Canada and the United States. The NORAD organization was established to integrate the military resources of the two countries into an effective air defence team."

On that team, 15 years down the road from the establishment of the command, are nearly 90,000 members; they wear the uniforms of the United States Army, Navy, Marine Corps and Air Force and of the Canadian Armed Forces.

Spread out at more than 300 locations across North America and at other points over the globe, they operate fighter interceptor aircraft, batteries of surface-to-air missiles, radar outposts watching for bomber and missile raids, a network that detects and tracks earth-orbiting satellites, and the command posts that would be used to direct a defensive battle.

Most of these forces are supplied by NORAD component commands: The U.S. Air Force Aerospace Defence

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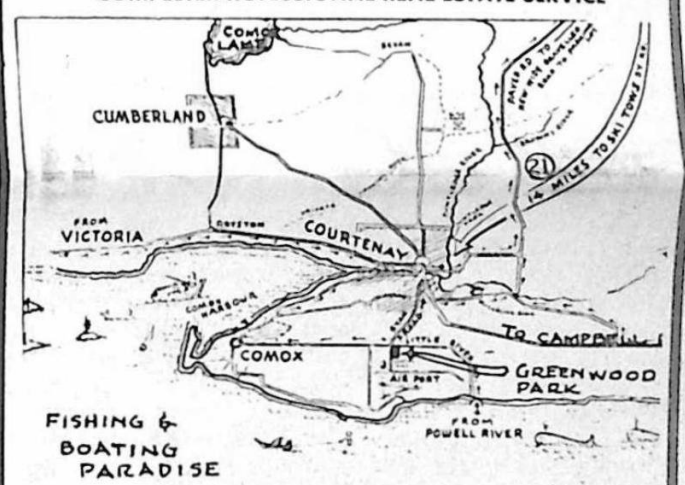
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NOTICE

P.M.Q. and D.O.T. Residents REGISTRATION DAY

(All grades - Kindergarten to Grade 7 inclusive)

Registration day for all NEW ARRIVALS in the PMQ and DOT areas for pupils from Kindergarten to Grade 7 inclusive, will be held in the COMOX AIRPORT SCHOOL AUDITORIUM on MONDAY, AUGUST 28th from 0900 to 1200 hours.

Parents are asked to bring their child's report card and any other records received from the last school.

A list of school supplies required will be available at the Base Exchange or any of the stores in the district where school supplies are sold.

School will commence for the fall term at 1300 hours on TUESDAY, SEPTEMBER 5th, 1972.

Pupils entering Grade 7 are required to pay a rental fee of \$4.50 for their textbooks during the first week of school.

Grades 1 to 7 attend from 0845 to 1145 hours and from 1255 to 1500 hours regularly from September 6th. Note the difference in time for the first day, September 5th.

KINDERGARTEN

1. Those pupils being registered for Kindergarten must be 5 years of age on or before December 31, 1972.

2. Birth certificates are required.

3. For the nurse, please bring along any record of immunization which has been given. Children will NOT be examined at this time.

4. Kindergarten pupils, accompanied by a parent, will attend school on Tuesday, September 5th for roll call only. The pupils whose 5th birthday falls between January and July will attend the first roll call only. The pupils whose 5th birthday falls between August and December will attend the first roll call only. The pupils whose 5th birthday falls between January and July will attend the first roll call only. The pupils whose 5th birthday falls between August and December will attend the first roll call only. The pupils whose 5th birthday falls between January and July will attend the first roll call only. The pupils whose 5th birthday falls between August and December will attend the first roll call only.

5. Regular morning classes are from 0845 to 1115 hours. Regular afternoon classes are from 1230 to 1500 hours.

GRADES 1 TO 7

1. Present pupils will line up outside the classroom they attended last year at 1300 hours.

2. New pupils please report to the Auditorium at 1300 hours.

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Scuba Club meets Aug. 30

As many of you now realize, there is a strong move afoot to form a Scuba Club at CFB Comox. A preliminary interest survey indicated a strong response both from servicemen and dependents and an organizational meeting held on the 16th of August was enthusiastically attended by 23 people.

Cpl. Barry Wilford, a NAUI instructor who recently came to Comox is spearheading the organization through the BPERO, Capt. Bill Keener. Several experienced divers have indicated a will to support and investigations are presently being conducted into the cost of equipment (Sgt. John Leski) and the air compressor situation (Cpl. Gil Moore). The B.T.S.O., Lt. Col. Anderson is also supporting the proposed organization in view of his many years of scuba diving experience.

The aim of the proposed CFB Comox Scuba Club will be to provide the opportunity for servicemen and their dependents to enjoy the authorized sports of skin and scuba diving in a healthy controlled club situation. It is hoped that a training program (an authorized scuba course) can be initiated around the end of September. Fee for this course will be approximately \$20-\$25.

A general meeting of all interested service personnel and their dependents (16 years of age and over) will be held in the Base Conference Room Wednesday, Aug. 30, 1972 at 1900 hours.

It should be noted that the initial cost for the purchase of, today probably does come into contact with more people in a week than the feudal villager did in a year, perhaps even in a lifetime. So perhaps we can only conduct fragmented relationships, rather than a small number of involved ones. However, the adjustment takes time, and sometimes much is lost for favour of what is new.

If it all boils down to something similar to a big switchboard, and if each of our personalities can be seen in this manner, as a unique configuration of thousands of modules, then no whole person is interchangeable with any other. Friendships become the union of a part of one mind with a part of another, making people only friends in spots. No one swallows up another entirely, or permanently. Difficulties do not arise unless one or another party oversteps the tacitly understood limits when



Heartbroken when his super-car failed the Car Inspection. Don Kirby of the Burnaby Inspection station will have to be corrected and the car will be perfect. (Dave McNair Photo)

switchboard

he attempts to connect up with some module not relevant to the function at hand.

I agree that the more intimately involved a relationship, the greater the pressure the parties exert on one another to fulfill these expectations. I also agree that in a modular relationship, the demands are strictly bounded, therefore leaving each party free. But somehow I'm stuck in the centre of these two theories, as perhaps many of us are.

If one desires to eat, he chooses a suitable restaurant, according to his individual tastes, and leaves satisfied with the service he received. Fine if we relate this to restaurants, or a shoe store, or a five and dime department store. When it comes down to human relationships the matter seems to take on more difficulty.

Take the subject of sex, for instance (most people do). A woman especially does not appreciate this particular module of hers being used for its own sake. Love has been taught to go along with the deal. She resents having only part of herself being needed. It goes against everything taught to the average woman. And yet to look at it from another angle, maybe a woman would appreciate being told right from the beginning, that only one of her modules is needed. Love then wouldn't even confuse the already established situation.

However, in the event this does take world-wide effect, much will probably be lost, even though much will probably also be gained.

If marriage for instance cannot be the total and exclusive and eternal involvement that so many people still believe it should be, then fragmented relationships are more suited to human nature than the total one. Maybe our contacts with others should be numerous, fleeting and light. Maybe humans need such a thing because they are fickle and moody and easily bored. There are many who believe this to be true. In regards to modern marriage, adopting Tefter's theory, humans can relate to other parts of another's personality, satisfying certain needs that their partner cannot answer. However a union, loving in many ways is not destroyed. And little children are not robbed of a two-parent security.

Let us just hope that while gaining much from the new... much of the old is not lost.

The CBC-TV network has produced a four-part series entitled Their Spring of Life which records the story of the Canadian Army in two World Wars.

The four one-hour programs will be telecast each Tuesday on the full-color CBC network from 10 - 11 p.m. local time beginning on August 22nd.

Diamonds are forever

The beauty of your diamond is the beauty of light. The diamond is the most brilliant and the most lasting of all gems and your diamond is your own personal beauty investment to wear with pleasure and pride forever.

Yes, diamonds are forever, as they say, but they still need care to keep them at their brilliant best. Although the sparkle of a diamond is always there, it can be dimmed by dirt. And although the diamond is the hardest natural substance known to man and hence the most durable and lasting, it can be chipped or cracked by carelessness. With a little care, you can keep your diamond looking as new and brilliant as the first day you wore it. Here are a few tips!

Clean diamonds sparkle and glow because the maximum amount of light can enter and return in fiery brilliance. There are three good ways to clean your diamond jewellery when the stones are set in metal and not cemented or glued:

THE DETERGENT BATH

Prepare a small bowl of warm suds with any mild liquid detergent. Brush the pieces with an eyebrow brush while they are in the suds. Then transfer to a wire tea strainer and rinse under warm water. Pat dry with a soft, lintless cloth or gift-wrapping tissue paper.

THE COLDWATER SOAK

Make a half-and-half solution of cold water and any household ammonia in a cup. Soak the pieces in the solution for half an hour. Lift out and tap gently around the back and front of the mounting with an eyebrow brush. Swish in the solution once more and drain on tissue. No rinsing needed.

THE QUICK-DIP METHOD

Buy a brand name liquid jewellery cleaner and follow its instructions.

Once you've cleaned your diamonds, don't touch them with your bare fingers. Handle your jewellery by the edges of the mountings.

Even though you may wear your diamond ring 24 hours a day, you should still give a thought to its care.

Don't ever wear your ring when you're doing rough work. Even though a diamond is durable it can be chipped by a hard blow.

Don't let your diamond come in contact with a chlorine bleach when you're doing household chores. It can pit and discolor the mounting.

Don't jumble your diamond pieces in a drawer or jewellery case because diamonds can scratch other jewellery and can even scratch each other.

Do see your jeweller at least once a year and have him check your ring and other precious pieces for loose prongs and wear of mountings. That precaution will prevent the loss of a stone from a loosened setting.

Enjoy your diamonds and wear them with pride and pleasure — which will be all the greater if you take care of them.

Cloutier speaks to union

(Continued from page 1)
not been getting as much information. This we aim to change.

You are all aware that there is a restructuring of National Defence Headquarters in progress. This again is an example of our military and civilian staffs working much more closely together for the ultimate good of the Department. I am not going to go into a lot of detail on the changes that are being made, but you might be interested to know that the Assistant Deputy Minister (Personnel) in the new structure will be responsible for developing personnel policies for both the military and civilian members of the Department. The Chief of Personnel will continue to be responsible for the day-to-day orders and instructions for carrying out those policies. All the Assistant Deputy Ministers in the new headquarters structure will have integrated military and civilian staffs. **NO LAYOFFS**

These changes do not imply a change in either the existing policy or practice in the employment of civilian and military personnel, or in the balance between two groups. Indeed the restructuring does not imply a decrease in the total work to be performed. However, to the extent that this restructuring does eliminate layering and duplication, we can expect that as some positions become vacant they will not be filled. These positions may be either military or civilian, but I do want to make the point very clear that there will be no layoffs as a result of the restructuring of the headquarters.

I might also mention the very strenuous efforts we have made in the past few years to get our headquarters staffs out of the near-slum conditions of the old temporary buildings in Ottawa. While this may seem rather remote to some of you, it will mean a great deal to about two thousands of your colleagues when they start to move later this year into clean, modern and colourful surroundings in the new headquarters building.

NEW APPRAISAL PROGRAM

Another program which started recently is a new appraisal program for about 4,000 civilian employees. The data from this revised system will allow us to assess far more accurately the strengths and development needs of individuals in DND, and will involve the people concerned in their own career planning to a much greater extent.

But what of all the base closures and layoffs in the past few years? Is this people orientation? The answer is no, and yes.

As you know, we have been operating on a fixed budget for quite a few years now. And, like anyone on a fixed income, we've been squeezed by increased prices, and increased manpower and maintenance costs. At the same time, much of the equipment of our fighting forces had become worn or obsolete. It simply had to be replaced if we were to retain a keen cutting edge for

the defence of Canada. So we had to retrench. We had to consolidate bases and functions, had to cut our total payroll, had to take every possible step to increase our cost effectiveness. In the process individuals, both military and civilian, were bound to be affected. This is the "no" part of my answer... no, it was not a people oriented decision.

But in the implementation of that decision, the management of the Department strived to be extremely people oriented. Wherever possible the cutbacks were effected by normal attrition. And where layoffs were the only way, everything in management's power was done to help the people affected to find alternative employment, either in the Department, within the Public Service, or in the private sector.

We were extremely concerned about seniority, and the pension benefits of the individuals involved. And we did our best to give the longest possible notice to those who were to be laid off so that they could have time to think, plan and find new employment. Many personnel administrators spent the better part of their time on trying to soften the blow of layoff for people.

BUDGET FREEZE OFF

But the worst of that is now behind us. The process of retrenchment is virtually finished. There will inevitably be adjustments and readjustments to meet new circumstances, to meet new departmental responsibilities, and to adapt to new equipment. But the paring process is coming to an end. As you know, the DND budget is no longer frozen. It has grown by about \$125 million this year, over last. And I am confident that it will grow again next year, in 73-74. However, I am equally confident that the competing claims made by other departments on the treasury will result in our not getting everything we would like to obtain, and in our continuing to be vigilant and efficient in our operation. Is there anyone in this room, or anywhere, who does not have to forego something or other that he desires, or cut out some activity that he cherishes, if he is to live within his income?

As I have said, the worst is behind us. We can now see the light at the end of the tunnel, and I want to thank you and your officers, and all those people whom you represent, for the excellent job you have done in the past, and for the fine performance I know you will give the Department in the future.

I would also like to thank the members of your national executive and the officers of your union headquarters for their cooperation and hard work. They meet regularly with members of my staff, and those meetings are most productive. Sometimes they give us a very hard time, and they never forget their func-

tion of keeping the interests of your union members squarely before management. And this is as it should be. The important thing is that the people in management and the people in your union have maintained a mutual respect, and continue to communicate with each other in a spirit of frankness and good will.

In your deliberations in the next few days I am sure that some of you will say harsh things about DND management and its tight-fistedness. That's fair ball. I only ask you to remember that managers have bosses too — the people of Canada, and the managers would be delinquent in their duty if they did not provide Canadians with the most efficient and cost-effective defence system possible.

CARPET UNDERLAYS

Consumers' Association of Canada advises carpet buyers that an underlay will prolong the wear life of a carpet by adding resilience and protecting the backing from abrasion on a hard floor surface. Jute has less resilience than hair felt or rubber and should not be used for heavy wear areas. Waffled sponge rubber has excellent resilience, good ventilation and resistance to mildew.

I believe that...



the new partnership which the Government will enter between the Government and private employers for training young people will bring benefit to thousands of young people who for one reason or another cannot fit into the existing academic, vocational or technical educational program. The idea of "classrooms without walls" will give a new dimension to educational opportunity to British Columbia.

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COLONEL McNICHOL and his guests for the grand opening of the new AMU facilities have a look around the spacious waiting room. It even has soft chairs to lounge in during the hour you must wait before boarding. (Dave McNair Photo)

Argus crew finds fishermen

(Continued from page 1)
survivors to use the sonar as a transmitter. During this the Buffalo had returned, refuelled, re-crewed and directed Pacific Dawn to the scene.

The Argus received a message from the survivors "Fine shape, good health - cold - raft is safe, in water about 24-25 hours." "Both off Margie, Newport Oregon. Boat blew up in water yesterday. Did you people get distress message from the 'Margie'?" The Argus acknowledged receipt of all queries by rocking of wings and remained in the area until the Pacific Dawn picked up the survivors at 1918.

The crew returned to Comox and to say their spirits

were high would be an understatement.

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Army documentary Tuesday nights

OTTAWA — Televiewers interested in Canadian military history should tune in the CBC-TV national network from 10 - 11 p.m. on four consecutive Tuesdays beginning August 22.

That's when CBC Montreal television producer Frank Williams' four-part documentary *Their Springtime of Life* will be shown.

The series, chronicling the story of the Canadian Army's participation in two world wars, was nine months in the making. Film used is from the archives of the National Film Board, Britain's Imperial War Museum, captured German newsreels, French Army films, and other governmental and private sources from around the world.

Williams and CBC staff announcer Bill Howes provide the narration and the 70 on-camera interviews.

Part one portrays places legendary in Canadian military annals — Ypres, Passchendaele, Vimy Ridge and the Somme. The horror of trench warfare is recaptured, including the second battle of Ypres, where the Allied offensive was halted when the Germans used poison gas on Canadian troops.

Of all the battle sites visited, Mr. Williams found Belgium the most haunting. There his crew captured on film a ceremony performed nightly at Ypres, where 54,000 British and Commonwealth unknown soldiers are buried.

The second part, to be telecast August 29, deals briefly with the years between — the problem of trying to keep a militia alive; the arrival of Canadian troops in England in 1939 and 1940, the buildup of Nazi forces; and a look at how two Canadian battalions, hopelessly outnumbered and ill-prepared, went down fighting the Japanese at Hong Kong. At Dieppe the program shows how the 2nd Canadian Division paid the terrible price to demonstrate how not to launch an invasion. August has the 30th anniversary of Regiments depicted in

action in the second part of the series include the Winnipeg Grenadiers, Royal Rifles of Canada, Hastings and Prince Edward Regiment, Calgary Tanks, Royal Hamilton Light Infantry, Les Fusiliers de Montreal and the Royal Regiment of Canada.

Part three focuses on the Sicilian and Italian campaigns, highlighting the landing at Sicily of the 1st Canadian Division. Captain Paul Triquet of the Royal 22nd Regiment and Private "Smokey" Smith of the Seaforth's tell how they won the Victoria Cross at Casa Berardi and the Savo River respectively. Also on the September 5 broadcast will be the breaking and breaching of the Hitler Line.

Among those being interviewed on this segment are Lieutenant-General Guy Simonds, Major-General Christopher Vokes and Major-General Bert Hoffmeister, all Second World War Canadian generals.

Final installment is a view of the Canadian operation in the assault of Northwest Europe. Members of the Royal Winnipeg Rifles and Le Regiment de la Chaudiere recall their emotions of that day and the events they experienced. Also included are the Battle of the Sheldt, the final thrust into Germany, the capture of V-2 rocket sites and an interview with General Jean-Victor Allard, former chief of the defence staff.

The series portrays Canadian Army involvement in the First and Second World Wars only, and does not include Korea or later peacekeeping assignments. Other Frank Williams credits are OPERATION DOWNWOOD, dealing with the Canadian role in the destruction of the Mohne, Eder and Sorpe dams in Germany; THE YOUNG, THE QUICK AND THE LUCKY, a three-part award winning series on the Royal Canadian Air Force; and THE RESTLESS WAVE, tracing the history of the Royal Canadian Navy from its earliest beginnings to the present as part of the integrated forces.

Colonel McPhee new director of cadets

OTTAWA — One of the tallest men in the Canadian Armed Forces, 6 ft 7½ inch, 250-pound Colonel Arthur D. McPhee, 52, of Vancouver and Victoria, becomes director of Canada's 80,000 sea, land and air cadets across the country and overseas in early September.

A veteran of 36 years service in the British and Canadian navies, for the past three years he has been serving in Oslo as Canadian Forces attaché to Norway and Denmark.

Col. McPhee, who began his career as a boy seaman in the Royal Navy in 1936, takes over his new post from Col. Russell H. Manson, 51, of St. Boniface, Man. Col. Manson will move to a new appointment at the Ottawa headquarters.

A naval aviation specialist, Col. McPhee has twice sailed around the world and has had a life-long interest in community and youth activities.

As director of cadets he will be responsible for policy and plans in the movement, designed to foster citizenship and leadership qualities among Canadian youth.

The new director of cadets served in battleships, a cruiser, destroyers and an aircraft carrier in the North Atlantic, Mediterranean and Pacific Ocean during the Second World War. He transferred to the Canadian navy in 1947 and has held a number of senior appointments at various times in Ottawa, Halifax and Victoria. From 1961-63 he commanded the First Canadian Escort Squadron, operating out of Halifax.

The squadron was reactivated in September 1967 at Canadian Forces Base, St. Hubert, when the Electronic Warfare Unit was redesignated 414 Electronic Warfare Squadron.

Clunks move

(Continued from page 7)

414 Squadron in August 1957 at RCAF Station North Bay. 414 Squadron now became an All Weather Fighter Squadron flying the CF-100 "Canuck" interceptor and was assigned the role of helping protect Canada against bomber attack, as part of Canada's Air Defence Command. In 1958 the squadron distinguished itself by winning the ADC rocket meet competition with the other eight CF-100 squadrons. 414 Sqn. was re-equipped with the supersonic CF-101B "Voodoo" interceptor early in 1962 and flew these aircraft until the squadron was again disbanded in June, 1964.

The squadron was reactivated in September 1967 at Canadian Forces Base, St. Hubert, when the Electronic Warfare Unit was redesignated 414 Electronic Warfare Squadron.

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12th - Movie - Stranger In Town.
13th - Bingo.
14th - Games Night - Darts.
16th - Ed Woods.
17th - Tidesmen.

BASE THEATRE

Schedule for
AUGUST & SEPTEMBER
1972

Wed., 23 Aug.	TELL THEM WILLY BOY IS HERE	Robert Redford Susan Clark
Thurs., 24 Aug.	Adult Entertainment	
Fri., 25 Aug.	THE LADY THE TRAMP and BONGO	Walt Disney 2000 - 2200
Sat., 26 Aug.	DIARY OF A MAD HOUSEWIFE	Richard Benjamin Carrie Snodgrass
Sun., 27 Aug.	"Warning — Much swearing, coarse language and simulated sex."	2000 - 2155 Restricted
Wed., 30 Aug.	THE LADY IN THE CAR	Samantha Eggar Oliver Reed
Thurs., 31 Aug.	Suspense Drama	2000 - 2200
Fri., 1 Sept.	COCKEYED COWBOY	Dan Blocker Mickey Rooney Jim Backus
Sat., 2 Sept.	Comedy Western	2000 - 2155
Sun., 3 Sept.		
Wed., 6 Sept.	GETTING STRAIGHT	Elliott Gould Candice Bergen
Thurs., 7 Sept.	Star of Mash returns in a story of Campur Unrest. Warning: Frequent swearing coarse language and scenes of brutality.	2000 - 2215 hrs.

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HAZARDS

Puntledge River warning

City council voted Monday evening to erect a sign on the Puntledge River swimming areas warning of hazards in the river.

Ald. George Cochrane told council he felt some safety precautions should be put on the river to prevent further drownings.

Cochrane said that in addition to the recent fatality involving a six-year-old Comox boy he knew of three or four other incidents where individuals had almost drowned.

Mayor Bill Moore said he had attended a panel discussion at the CRA involving expert swimming personnel who studied the river.

Moore said there could be serious repercussions if the city only 'half supervised' the area.

He estimated four or five guards would be needed at all times to adequately supervise the area. "It's too spread out, it would be a tremendous cost," Moore said.

Cochrane said he would like to see the council take some action even if it were only placing signs in the area.

DIEPPE'S RAIDERS REMEMBERED

The 30th anniversary of the Dieppe Raid was marked Friday at Canadian Forces Base Comox at a luncheon hosted by Base Operations Officer Lt.-Col. Duke Warren.

It was on Aug. 19, 1942, that almost 5,000 Canadians landed just before dawn on the broad beach which offered no cover. By noon, 1,400 lay dead or wounded and another 1,400 were prisoners.

Warren flew four operational sorties over the beach-head providing fighter cover for the troops. Attending the luncheon were Col. D. W. McNichol, Lt.-Col. S. V. Lloyd, Lt.-Col. D. Haire, Lt.-Col. L. W. Hussey, Lt.-Col. F. R. Anderson, Maj. R. M. Bradley, Maj. J. C. McDonald, Lt.-Col. Hedges, Mr. Pollock, F. Henderson, Mr. Constable, Mr. Fetherstonehaugh, William Smith, D. Williams, Mayor Richard Merrick, Dr. M. Gibson, Lt.-Col. J. F. Edwards, Lt.-Col. W. Jackson and F/L I. Osler.

GLACIER GREENS CLUB CHAMPIONSHIP

26 & 27 August

- TYEE TROPHY - (Established Handicap)

PRIZES:
1st Flight - 0-15 handicap
- Low Gross
- Runner Up
2nd Flight - 16-20 handicap
- Low Net
3rd Flight - 21-? - Low Net

Entry Fee: \$2.00 for 36 holes.

CLASSIFIEDS

BOVAVENTURE TOWNHOUSES located between Noel & Elm at Pritchard St., Comox. NOW RENTING 3 bedroom townhouses as they are completed. All townhouses have wall to wall carpets, custom drapes, 1 1/2 baths (color), ample closets and are sound proofed. Electric heat and wiring to Gold Medal standards. On site laundromat. Rent will include range and refrigerator in Avocado, free cablevision and use of 20' x 40' swimming pool (for tenants only). We regret no pets. Only 3 miles from the base. For appointment, phone Mike Mendra 339-3645, 339-4658 or 339-2885 141fm

EARN MONEY IN SPARE TIME

Men or women to re-stock and collect money from new type high quality coin-operated dispensers in your area. No selling. To qualify, must have car, references, \$1,000 to \$3,000 cash. Seven to twelve hours weekly can net excellent income. More full time. We establish your route. For personal interview write: including phone number. B.V. DISTRIBUTORS LIMITED Dept. "A" 1117 Tecumseh Road, East Windsor 20, Ontario 31p

PILON TOOL RENTALS have moved to their new location, 830 Cliffe Ave., across from the Dairy Queen in Courtenay. FOR RENT: saws, sanders, levels, cement breaking hammers, ratchet filters, garden tools, mechanics tools, water pumps, and well digging equipment. Ph. 334-2174

FOR RENT: Furnished 1 bedroom cottage 2 miles from airport - suitable for couple. Available 1st Sept. Phone 339-2352

FOR SALE: 15 ft. wooden fiberglass boat, 50 h.p. Merc., 2 tanks and trailer. \$800. Phone 338-8337

FOR SALE: 1968 Mercury Cougar, 2 door hdp., 302 engine, four new tires (less than 500 miles). Pte. Corvair, local 306.

MOBILE home owners - why pay rent? Own your own fully serviced lot. \$1400 and up. Cumberland Mobile Estates, phone 334-2617 or 336-2941 22fm

PRIVATE SALE: Two bedroom home in Comox, lots of wall to wall shag, this home is located in good location with a very nice view. Please call 339-2242 after 5:30 p.m. for details.

FOR SALE: 1970 Volks with radio. \$1400. Phone 339-4357

FOR SALE: 20 foot cabin cruiser with Johnson electric start. Phone 338-8298

PRIVATE SALE: 3 bedroom home in Courtenay with fireplace, utility room, workshop, nicely landscaped lot. F.P. \$19,700. Terms for right person. 338-8298

WANTED: Parts for 1956-59 Lambretta motor scooter. Please phone 339-3911

RED KNIGHT DINING LOUNGE

STEAKS LOBSTERS

Open every day except Monday - 4 to 11 p.m.
Friday and Saturday - 4 to 12 a.m.

BANQUETS, WEDDINGS, ANNIVERSARIES
Smorgasbord Every Sunday Evening
(Reduced prices for Service People)

TEL. 339-3232 In Comox on Comox Ave.

Coast to Coast Real Estate Service

P. Leo Anderton & Co. Ltd. are pleased to announce they have been appointed an Associate Broker of the Coast to Coast Real Estate Service, a group of over 100 top Realtors operating 160 offices across Canada.

We are now able to give complete nationwide real estate service and provide a specialized service for families on the move.

If you are being transferred contact us for further information.

P. LEO ANDERTON & CO. LTD.
526 Cliffe Ave. Courtenay, B.C. Phone 338-5321

COMOX VALLEY MINOR HOCKEY

REGISTRATION

Sat. 9 Sept. 72 - one day only
10:00 a.m. to 4:00 p.m.

GLACIER GARDENS, C.F.B. COMOX

Juveniles \$15 All others \$14 Max. \$35/family

☆ BIRTH CERTIFICATES REQUIRED ☆

Mosquito - born between 1 Jan. 62 - 31 Dec. 64
Pee Wee - born between 1 Jan. 60 - 31 Dec. 61
Bantam - born between 1 Jan. 58 - 31 Dec. 59
Midget - born between 1 Jan. 56 - 31 Dec. 59
Juvenile - born between 1 Jan. 54 - 31 Dec. 55

NOTE

Acceptance may have to be restricted in any or all divisions, since only minor increases over the 71-72 season can be accommodated. A waiting list system will be used.

SKATING & EQUIPMENT EXCHANGE

Sat. 9 Sept. 72 - 10:00 a.m. to 5:00 p.m.
Cub Hall next to arena.

NOTE

All articles must be submitted between 6:00 p.m. - 10:00 p.m., Fri. 8 Sept. 72, at the Cub Hall adjacent to Glacier Gardens. Each item must be tagged with NAME, PHONE NO., SIZE and PRICE. Unsold articles and money must be picked up at the Cub Hall prior to 5:00 p.m. on Sat. 9 Sept. 72.



BLOCK BROS. REALTY

SUCCESSFUL THRU SERVICE

499 Fifth Street, Courtenay

Phone 334-3111

BLOCK BROS. NOW OFFERS YOU . . .



1. 3 bdrm. year-old home in Comox. Finished Rec room, 2 baths, gleaming hardwood floors. Family size kitchen leads onto covered sundeck. Yard fenced and fully landscaped. Contact Art Mayers 339-2431 or 334-3111



2. SMALL LOT FOR NON GARDENER
Only simple landscaping required. Brand new 3 bdrm. home on dead end street. Separate dining room. Large storage area. Arrange to view with "The Lady with the Hat" Veronica Parker 334-3704 or 334-3111



3. 200 YARDS FROM CITY LIMITS
2 year old 4 bdrm. home on 1 acre. Rec room, 2 fireplaces. Wall to wall carpets throughout. Landscaped with room for horse. Call Marj Thompson 339-2771 or 334-3111



4. 4 bedroom split-level home with finished rec. room, 1 1/2 baths. Landscaped, fenced yard \$6,000 down with balance at 9 per cent. Call Michael Emerson 338-5233 or 334-3111



5. 3 bedroom starter home in Royston, close to the ocean. New foundation, wiring and septic tank. Home in very good condition. Small barn included, plus double car garage. A real buy at the asking price of \$14,000. Terms can be arranged. Call Al Dixon 334-2682 or 334-3111



6. Semi waterfront, Gartley Beach, 2 bedroom home. \$15,900 full price includes additional 80 x 320 adjoining lot, plus fridge, stove, 10 x 12 workshop. Call Duke Schiller 334-2203 or 334-3111

LOOK . . . at these low SUPER-VALU prices!

SAVINGS IN EVERY AISLE

MELOGRAIN	
WHEAT PUFFS 10 pint pkg.	23¢
ADOLPHS • SEASONED OR PLAIN	
MEAT TENDERIZER 3.5 oz. jar	49¢
MCCORMICKS	
MEAT MARINADE 1 oz. pkg.	27¢
KRAFT • HICKORY, ONION, SHARP, WALZPENNO, SWISS	
SQUEEZ-A-SNACK 8 oz. pkg.	59¢
CHELSEA • CHOICE	
ASPARAGUS CUTS 12 oz. tin	31¢
LIBBY'S • IN TOMATO SAUCE	
SPAGHETTI 2 14 oz. tins	49¢
LIBBY'S	
RED KIDNEY BEANS 14 oz. tin	25¢
HUNTS	
FANCY SPINACH 14 oz. tin	25¢
ALPHA	
CREAMED HONEY 2 lb. pkg.	83¢

GROWN IN B.C. • CRYOVAC • FROZEN

WHOLE FRYING CHICKEN

Serve Delicious Golden
Brown Fried Chicken with a
Fresh Tossed Salad!

GRADE A 49¢

CHOICE, GRAIN FED

RIB LOIN Pork Chops 1⁰⁹

'ROYAL' Prime Rib Roast 1¹⁹
WITH OUR EXCLUSIVE 'TENDER TIMER'

CLEANING AIDS

TIDE	
DETERGENT King Size, 1 lb. Free	1 ⁹⁹
REDDI	
POT SCRUBS 2's	25¢
SOS	
SOAP PADS 18's	49¢
IVORY SNOW	
SOAP POWDER 64 oz. pkg.	1 ⁹⁵

"Oven Fresh" Bakery

DANISH

Pastries 6's 79¢

PARISIAN SOUR

French Bread 24 oz. 49¢

OVEN FRESH • DUTCH CRUNCH MOTHER HUBBARD • SLICED

Bread 14 oz. 36¢ Raisin Bread 16 oz. 35¢

All Prices Effective
Wed., Thurs., Fri. and Sat.,
August 23, 24, 25 and 26
at Comox and Courtenay
Super-Valu Stores

WE RESERVE THE RIGHT
TO LIMIT QUANTITIES

CANADA APPROVED SEAFOODS

Fresh Cod Fillets . . . lb. 65¢ Kipperd Snack Local . . lb. 59¢

Freshest Produce Under the Sun



CANADA NO. 1 GRADE

LOCAL CORN 10 cobs 79¢



OKANAGAN

FREESTONE PEACHES

CANADA DOMESTIC GRADE . . . AVAILABLE NOW

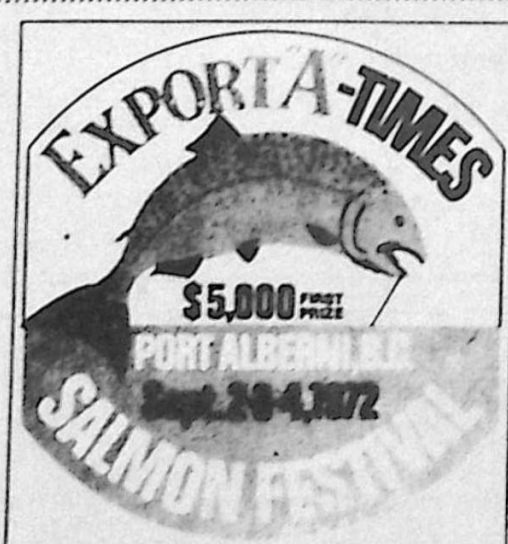
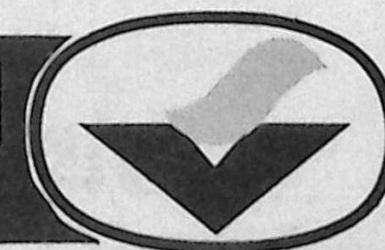
IMPORTED

WATERMELON CUT . . . lb. 10¢ WHOLE . . . lb. 8¢

GREEN IMPORTED - CANADA NO. 1 GRADE

Seedless Grapes . . . 3 lbs. 99¢

SUPER-VALU
BUY BETTER - SAVE MORE



TICKETS AVAILABLE ONLY
AT SUPER-VALU STORES