



TOTEM TIMES



B.C.'s CENTENNIAL PROJECT - ANNEX CANADA

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CFB COMOX TOTEM TIMES

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NO. 1

Prime Minister Says 'Thanks'

The following message from the Chief of Defence Staff quotes the Prime Minister's year end comments regarding the CAF.

"I would like to convey my appreciation to all ranks of the Canadian Armed Forces for the exemplary manner in which they have discharged their responsibilities during the difficult days we have experienced since October.

"The skill and good sense with which the many operations in support of the police in Quebec and Ottawa were handled is a clear reflection of the training and morale of your men. You must be as proud of them as I am.

"I think we all realize that bombings, kidnappings and other acts of violence are possibilities we may have to face again in the future, whether in Quebec or elsewhere in Canada. The armed forces have clearly demonstrated during the past two months the invaluable contribution they have to make towards the containment and eventual solution of this difficult problem.

"Please transmit my congratulations and thanks to your officers and men for a job well done." Signed Pierre Elliott Trudeau.

The Minister and I wish to add our thanks and congratulations for a job well done. Your excellent efforts demonstrate the high standards of military training and discipline that you have achieved.

Status of Women Report Tabled

Ottawa - The report of the Royal Commission on the Status of Women, tabled this month in the House of Commons, has recommended opening all trades in the Canadian Forces to women and admitting them to the military colleges.

The three-volume report contains half-a-dozen recommendations affecting women and the Canadian Forces, calling for enlistment of married women, extension of the present initial engagement from three to five years, a halt to the release of women because they have children and amendments to the forces' Superannuation Act to make its provisions the same for male and female contributors.

In recommending the opening of all trades to women the report said, "It is apparent that restrictions on the number of trades open to women generally reflect the concept of women as a group rather than as individuals. Some women do remain in the service longer than men and some women are already in the trades now closed to women. Enlistment in a trade generally means that training will be given in that trade and we consider that women should have the same opportunity as men to have the scientific and technological training that the Armed Forces provide. We also propose that all trades be open to women because we believe that women who have volunteered should be ready to undertake all the duties and responsibilities that membership in the Armed Forces entails."

The report goes on to state that "For many years the Department of Military Defence has operated military colleges where thousands of young men in training as officers for the Armed Forces have received free university education in arts, science or engineering, including living expenses ... currently every year about 450 men, but no women, are admitted to these

colleges. Therefore, we recommend that women as well as men be admitted to the military colleges operated by the Department of National Defence."

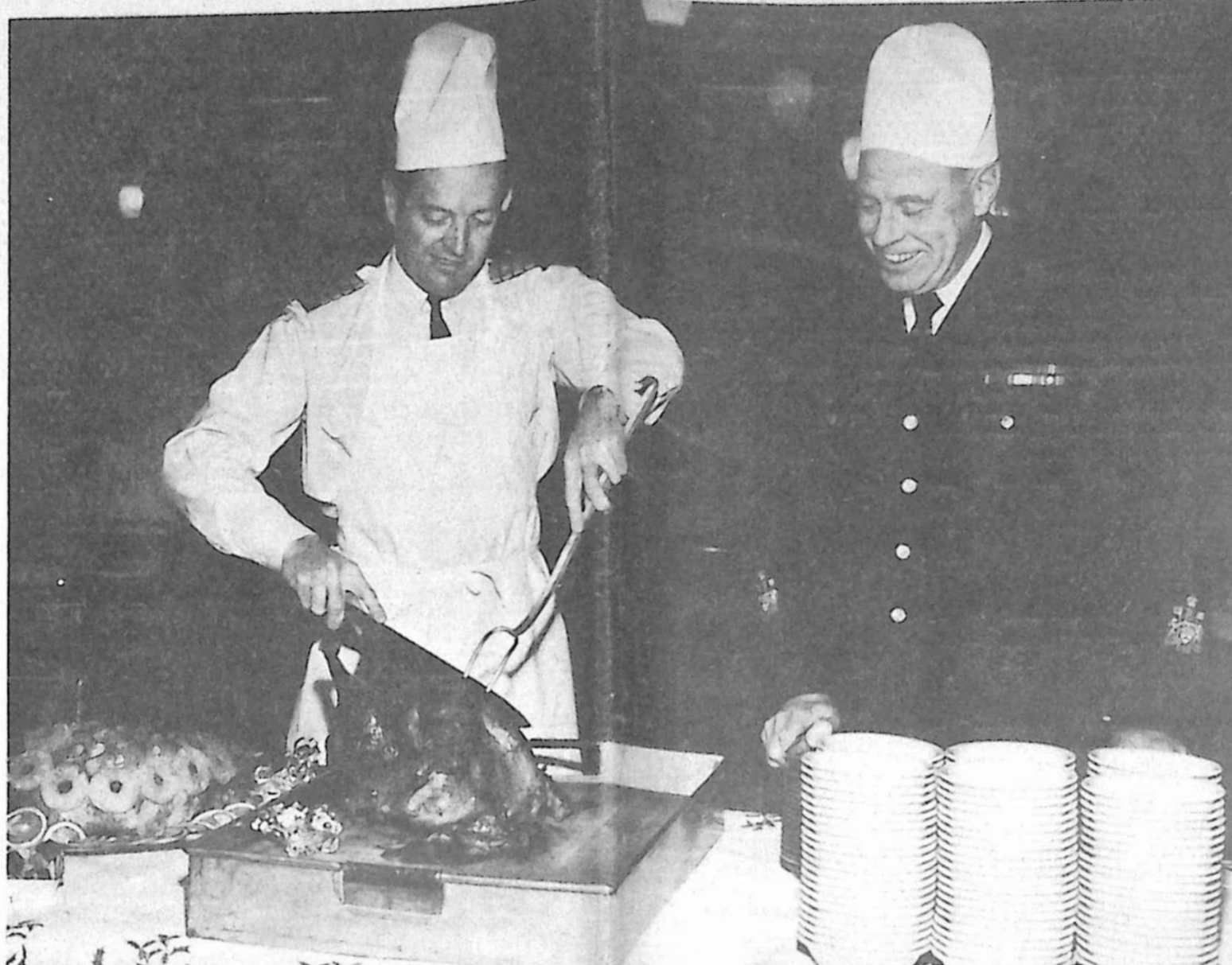
Noting that married women are not allowed to enter the forces "because they are considered less free to move to new postings," the report stated that "We believe that the exclusion of married women is unjustified discrimination. We recognize that mobility is important in the service but consider that the married woman should be allowed to decide for herself whether or not she can accept enlistment under this condition."

The report found that "Women's opportunity to advance in the Forces is difficult to assess. Statistics on levels reached are influenced by the fact that the average length of service for women is only two and one-half years. Of the 1,600 women in uniform, it has been estimated that only about 450 have more than 10 years' service ... whereas there are almost twice as many corporals as privates in the total Forces, among the women the reverse is true ... among the officers, there is a disproportionate number of women lieutenants." The commission found that "women and men have the same chance of being considered for promotion. Women write the same qualifying exams, compete for many of the same positions, and go before the same promotion boards as men. In recent years, women have been admitted to the staff school, and even more important, to the staff college, the gateway to senior positions."

Noting that "women are required to enlist for an initial engagement of only three years as compared to five years for men," the report stated that "the length of the initial engagement should be the same for women and men."

In recommending that "release of a woman from the Canadian Forces because she has a child be prohibited," the commission was of the opinion "that women with children should not be required to leave the Armed Forces unless family responsibilities make them unable to work satisfactorily."

The report found that "like most pension plans for the Government Service," the Canadian Forces Superannuation Act "has some discriminatory features," and recommended that the act be amended "so that its provisions will be the same for male and female contributors."



Cut, hack and slash is a tradition in the CAF. Forced to moonlight after a measly 2 per cent raise, the Base Commander here demonstrates the technique which won him the extra job. And Christmas dinner turned out to be a Nichol lunch. Unable to organize the sacrifice of a traditional pongo (because of our dwindling forces) the

hungry horde had to settle for fowl. You may remember that cute young pigeon of a few issues ago? Well, look what the chicken feed did for that little rascal. This may be the last time you ever see him. Meanwhile, Maitre 'd Cassidy waits impatiently to get to the finger lickin' part. Base Photo

New Allowances Announced

OTTAWA (CFP) - Servicemen and women receiving environmental allowances for hazardous duties can look forward to larger pay days.

Approved by treasury board but still to be authorized by the chief of personnel, the allowances will be retroactive to Oct. 1, 1970.

Announced by Canfor DPB 230 dated Nov. 27, 1970, the increases call for parachutists, who now draw \$60 per month, to get an additional \$3 per day or \$45 monthly if employed as a spotter on search and rescue operations or in other airborne capacities.

Flight engineers and observers, not entitled to parachutists or aircrew allowance, will draw an air specialty allowance, QR&W 205.32, of \$60 per month, if qualified as a flight specialist and employed as a helicopter reconnaissance observer or loadmaster in an open-door capacity.

The rate is \$45 per month if the individual is in training as a flight specialist for helicopter reconnaissance observing, or as a loadmaster not on open-door duties.

Flight attendants, flight stewards and technical crewmen in training are also entitled to \$45 per month.

Officers and men not entitled to

air specialty or aircrew allowance but working in an airborne aircraft other than as a parachutist or passenger may draw a casual air duty allowance of \$3 per day or \$45 per month under QR&O 205.335.

Submariners' allowances, under QR&O 205.37, will rise to \$180 per month for lieutenants and above if posted to or serving in a submarine; \$120 if training for submarine duty and \$3 per day if performing a day-to-day duty on a submarine but not a member of the ship's company. Old rates were \$115, \$60 and \$2 respectively.

For second lieutenants and officer cadets only, the per diem rate of \$3 instead of \$2 applies; corporals to chief warrant officers inclusive will receive \$120, \$80 and \$3 with an additional category for privates who will now receive \$90, \$60 and \$3. Old rates were \$80, \$45 and \$2 respectively.

Sea duty allowances, QR&O 205.46, will provide a monthly rate for captains and above of \$60; lieutenants commissioned from the ranks - \$60; lieutenants, second lieutenants and officer cadets - \$30; corporals to chief warrant officers inclusive - \$60; and privates \$30.

The rate now is \$45 for majors and above, \$25 for captains and lieutenants commissioned from

the ranks, \$15 for lieutenants, second lieutenants and officer cadets, \$35 for chief warrant officers and master warrant officers, \$25 for warrant officers

and sergeants and \$15 for corporals and privates. Sea duty allowance is paid to men actually posted to a ship or submarine.

CBC Entertains Captive Forces Audience

CYPRUS (CFP) - "Hi guys, I'm Gordie Tapp and we're glad to be here. We're glad to see you," echoed the soldiers in the audience.

And with that the annual CBC Concert Party Christmas show for troops in Cyprus was on.

For most Canadians there is a wide choice of entertainment and often it is as close as the switch on a TV set. For the 575 Canadians serving with the United Nations Force in Cyprus, entertainment, particularly the Canadian variety, is very limited.

Twelve professional entertainers and accompanying technical staff, working under less than ideal conditions, joked, sang and played their hearts out for four nights to provide the soldiers with a reminder of home and an opportunity to take their mind off their duties for a short time.

For Gordie Tapp, it was his 25th trip abroad to entertain Canadian troops. He was joined by chanteuse Anna Liber, two vivacious and beautiful instrumentalists Edith Eaton and Florence Hansen, illusionist Bob Downey and Canada's popular folk group 'The Travellers'.

The show was under the direction of CBC's director of light entertainment Den Dalziel who has been putting shows together for the Armed Forces both at home and abroad since 1959.

While in Cyprus Gordie and Anna taped 15 Christmas messages with soldiers from all parts of Canada. These will be part of an hour-long program taped during the Cyprus tour which will be broadcast on the CBC National network on Christmas Day from 1:00 to 2:00 p.m. EST.

The entertainers took time out

from a busy schedule to perform for the children at the Kyrenia Sick Children's Hospital.

"It was a great show," said Lieutenant Colonel T.M.C. Marsaw, commanding officer of the 3rd Battalion, Princess Patricia's Canadian Light Infantry, "they did a lot to boost our morale at a time when we think most about being away from home." It was an absolutely first class show and one that was extremely well received. It was quite a Christmas present and truly appreciated by all of us."



Cousin Clem, the CBC's Gordie Tapp, provides some light entertainment for the Canadian Contingent in Cyprus during a recent Christmas excursion to the Mediterranean island. (Canadian Forces Photo)

Rear End Review

OTTAWA - Canadian defence resources and armed forces' expertise faced an unusual collection of adversaries in 1970 - terrorists at home, a Peruvian earthquake, floods in East Pakistan, pollution in our coastal waters.

There were other challenges of a different nature; in Germany, one of the largest peacetime moves in Canadian Forces' history; in the Arctic, a sizeable expansion of military activity and commitment; in Cyprus, new responsibilities for the Canadian UN contingent.

In the scientific field, the Defence Research Board developed a new high power gas laser with promising industrial and medical potential; conducted research aimed at making possible greater use of the Gulf of St. Lawrence during the heavy ice season; continued experiments in its shock and blast program and made new progress in improving Canada's northern surveillance capabilities.

The FLQ crisis carried the Canadian Forces into the centre of Canadian affairs as several thousand troops dropped a protective blanket over Ottawa, Montreal and Quebec City. For the first time in years, Canadians met armed soldiers in the streets, and for most citizens it was a sobering but reassuring sight.

During 1970, from March to October, the strength of the forces declined by 2,250 personnel to approximately 90,000 on their way to a planned strength of 82,000. The Hon. Donald S. Macdonald, who succeeded the Hon. Leo Cadieux as defence minister in September, said during the FLQ crisis that he would undertake a reassessment of forces' manpower in the light of possible future requirements for military aid to the civil power, but that in any event forces' strength would not be reduced beyond the planned ceiling of 82,000.

Meanwhile, new equipment and facilities strengthened the forces in 1970: Four Boeing 707s joined Air Transport Command for long-range troop and equipment carrying operations; the CF5 tactical fighter began operations with Mobile Command in Canada and was being evaluated for service with Canadian forces in Europe. Two 22,000-ton operational support ships joined Maritime Command. The first two hulls of a new class of helicopter destroyer were launched at Quebec shipyards. The department announced construction of hangars and maintenance facilities at four bases in Canada for the operation of 50 tactical transport and utility helicopters and 74 light observation

helicopters on order for Mobile Command.

Air Defence Command's CF-101 Voodoo aircraft were being exchanged for the same number of improved USAF F-101's under an agreement signed last spring between Canada and the United States. Under the agreement, ADC will receive eight additional aircraft. Maritime Command took delivery in November of a Canadian-built submersible for diving and other marine operations.

In Germany last fall, flatcars of Canadian armour rolled south leading 2,800 servicemen and 6,000 dependents from the former Canadian forts in Westphalia to lodgings around Lahr in southern Germany. The servicemen form part of the newly-organized Canadian Forces Europe, Canada's NATO commitment of one mechanized battle group and three fighter squadrons at Lahr and Baden-Soellingen.

Early in 1970 Canada's 600-man UN contingent in Cyprus moved from the Kyrenia mountains and the island's north coast into the Nicosia district, where they assumed guard duties along the sensitive "Green Line" separating Greek and Turkish Cypriot strongholds.

The Peru earthquake hit in early June, and during the initial stages of the relief operation, the five Canadian Forces Caribous were the only aircraft aside from Peruvian Dakotas which could fly into the worst-hit mountain areas. The Caribous threaded through narrow passes with loads of injured for hospital in Lima, flashing their landing lights on final approach to alert ambulances of heavy casualties.

There were 12 relief flights of blankets and medicine from Canada to flooded central East Pakistan. The Canadian pilots were familiar with the Asian environment after regular round-the-world flights.

Of these, the Arctic received most attention. The Forces began this year to rebuild a Canadian military expertise in the north. They started year-round exercises for small groups of soldiers, increased Arctic surveillance, opened a staging detachment for patrol aircraft at Frobisher Bay, held a Maritime exercise in Hudson Bay for the first time in a decade, and brought all these activities under the wing of a new Northern Region Headquarters which will be set up in Yellowknife early in 1971. The Forces are also constructing a bridge over the Ogilvie River, N.W.T., and building several northern airstrips.

The forces and the Defence Research Board helped in pollution clean-ups, particularly the Chedabucto Bay, N.S. oil spill. In freezing, oil-permeated waters, naval divers pierced the holds of the sunken tanker Arrow to pump out thousands of tons of oil which might otherwise have escaped into the sea.

During the summer the regular forces and the militia combined to provide approximately 14,000 students and other young people with military training or casual jobs as part of the federal summer employment program for youth.

Canadian Forces Training Command in 1970 pioneered a new method for teaching electronics, called POET - Performance-Oriented Electronic Training - which has stirred interest in both industrial and educational circles. And in addition to fulfilling their function as teachers and instructors for Canadian servicemen, Training Command personnel found time to raise money for, and to construct, a six-room school for children of the Volta River district of Ghana.

And throughout the year the Canadian forces continued to fulfill their commitments to continental air defence, NATO in Europe and on the Atlantic, and to the UN in Cyprus, Palestine, Korea, India and Pakistan.

And there were the 2.4 searches, rescues or mercy flights which the Canadian Forces directs in Canada every day.

PM To Asia

Canada's Prime Minister is today in Pakistan. His Asian tour began Tuesday noon at CFB Uplands where he held a press conference prior to his departure for the Commonwealth conference at Singapore. His comments at that time dealt largely with Canada's role in the Commonwealth.

After being greeted at No. 3 Air Movements unit by Col. R. M. Edwards, base commander of CFB Uplands, the PM boarded Canadian Forces Boeing 707 on special flight 697, bound for CFB Lahr, Germany, the first stop before an Asian tour which, besides Pakistan will include India, Indonesia, Ceylon and Iran. The PM will be in Singapore for the Commonwealth conference January 14 - 21, and will arrive back in Canada on the 29th.

Accommodation Areas Being Changed

OTTAWA (CFP) - An annual review of limited accommodation areas, isolated places and restricted locations has now been completed according to CANFORGEN 263 of 10 December, 1970.

Following is a summary of changes to CFAOs 20-43 and 209-28 which will be amended early in 1971.

Limited accommodation areas being deleted from Annex "A" to CFAO 20-43 include Baldy Hughes, B.C., Calgary, Alta., Greenwood, N.S., Gimli, Man.,

Mont Apica, P.Q., Rivers, Man., and Sydney, N.S. Added to Annex "A" are St. John's, Nfld., and Summerside, PEI.

There are no deletions to the "isolated places" list in Annex "B". Four new cities have been added, however, and they are: Chatham, N.B., Clinton, Ont., Gimli, Man., and Rivers, Man.

The restricted locations list in Annex "A" to CFAO 209-28 has also been amended. Deleted are Dundurn, Sask., St. John's, Nfld., Summerside, PEI, and Vancouver, B.C. New additions include Chilliwack, B.C., Greenwood, N.S., Mont Apica, P.Q., and Sydney, N.S. Ottawa has now been amended to include Gloucester, Leirrim, Uplands, Rockcliffe and Carp while Oakville and Hamilton have been excluded from Toronto.

Merry Christmas
Petrushka Dundayevski -
This is Your Day

Nighthawk's Nest

For the Nighthawks, 1970 was the sort of year that should have been stuffed and mounted over the fireplace. A real live trophy year. It began, not surprisingly, last January, with a bunch of Cudgels capering wildly around a pot of stew. This exercise so rejuvenated the Nighthawks that they went out and fought the Tac-Eval team to a dead standstill. Before returning to their lair at North Bay, the team was forced to concede that the Nighthawks and the base which supported them were just a grand bunch of guys doing a great job. Or perhaps it was a great bunch of guys doing a grand job. Whatever the result, the Nighthawks chose to rest on their laurels for a while.

The spot they chose for this laurel-resting was called Morton Lake, the scene of the year's survival training. It too was successful, as everyone survived, although at the time, some of the participants wished that they hadn't.

Preparations for the Air Defence Command Callshot competition at Bagotville was the next item that occupied the Nighthawks and the base maintenance organization which supports them. A carefully selected team of aircrew, groundcrew and controllers went to Bagotville and came back with sufficient trophies to justify putting in a request for extra airlift to get them home.

A Capability Inspection showed that the squadron was fully capable of fulfilling its wartime role. A team from CFHQ and ADCHQ spent the better part of a week delving into procedures and emergency plans and found them to be completely in accordance with existing directives, said he, coining an instant cliché.

In 1970 the USAF revived its William Tell competition after a five year absence. The competition features squadrons from the USAF, the Air National Guard and Canada shooting large rockets at various targets, including sharks, to determine which of them is the best. This year, the Nighthawks scared hell out of a raft of people before finally finishing second. The weapons loading crew which formed a part of the base maintenance team that accompanied the squadron to Tyndall won the F-101 weapons loading competition, an achievement of which they can be very proud.

Throughout the year, the squadron keeps airplanes and crews tied up (figuratively speaking) in the funny-looking hangars at the end of the runway. Day in and day out they wait for

the blaring of the horn that will send them chasing after an unknown. Are they an effective force? Or are cunning squadron commanders and cunning maintenance chiefs using the alert hangars as a place to store incompetent crews and unflyable airplanes? To find out, ADC stages a no-notice alert force capability test, which requires that the crews write a comprehensive test prior to flying a sortie during which they use all the weapons and tactics that they could reasonably be expected to use on a scramble. The Nighthawks jumped this particular hurdle in outstanding fashion.

There were other triumphs as well. At the Abbottsford Airshow the Nighthawks managed to get a herd of airplanes going the same way the same day which dazzled the multitudes who had flocked to see the fun. Earlier in the year another formation team had successfully managed to locate Powell River, and yet another team had found our own air patch as we celebrated Armed Forces day.

On the social side it was also a very good year. The crowning success of the year-long season was the re-union which did so much to lift the distilling industry from the mid-winter doldrums. Flocks of Nighthawks converged on Comox from all points of the compass, and it was a gladsome feast indeed.

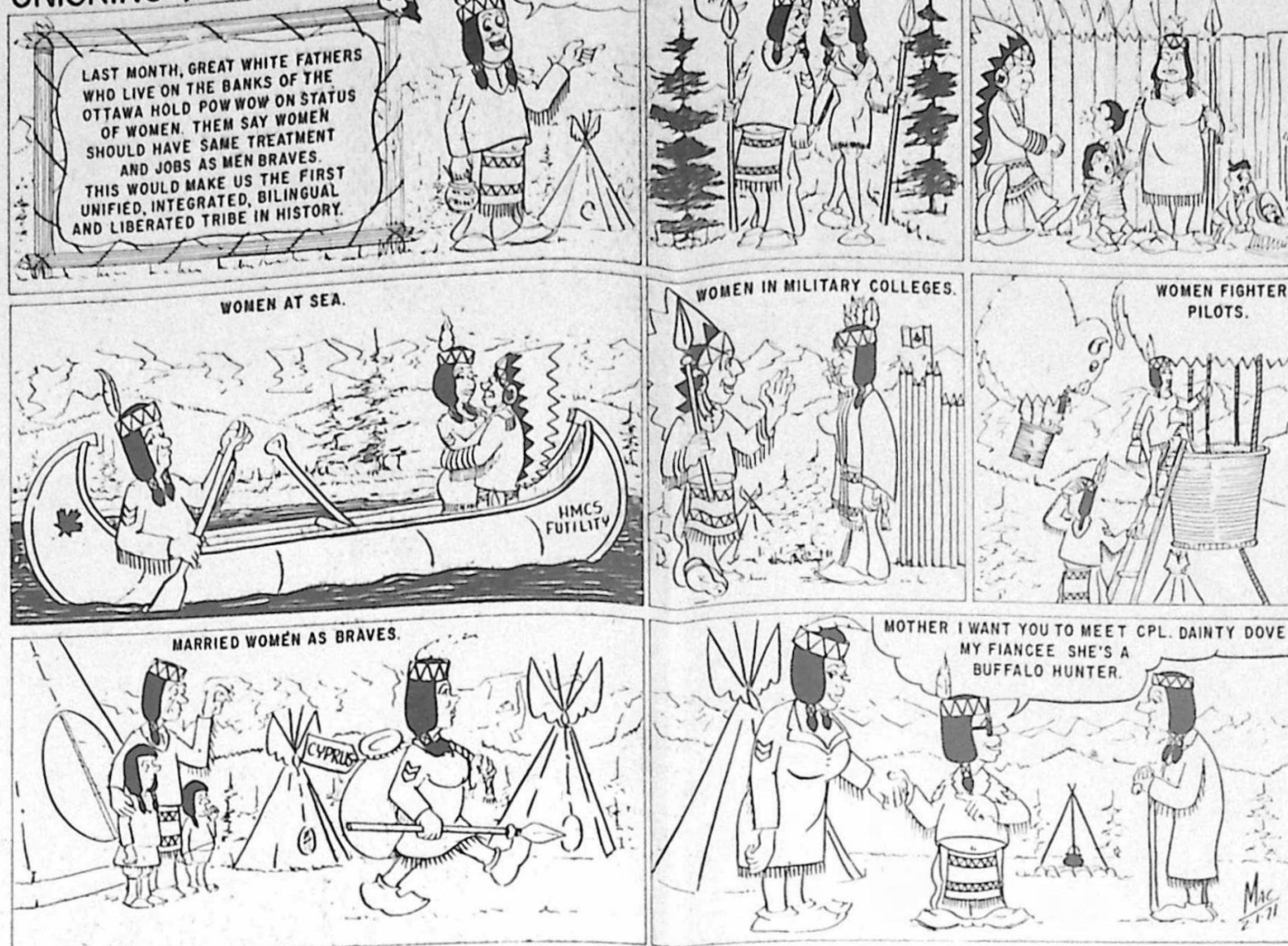
What will 1971 hold for the squadron? Will Major Mo ever buy a new car? Will Ernie Poole ever learn to play his banjo? Will Pete Dunda ever bet on a winning team and thus staunch the massive drain on the U. S. Treasury? Will Harry Redden and a briefing time ever coincide? For the answer to these and other important questions, read the TOTEM TIMES for next January, when the crystal ball will have at last cleared.

At the moment, the squadron is preparing for a Cudgel Caper, which is a form of preparation for Tac-Eval. Red books are much in evidence — in fact one was seen just lately — and the grand wizer of the ground school program is making noises about starting that up again.

The recent departure of almost everyone on courses of one sort or another has left rather a dearth of people to insult, slander or otherwise make sport of, which makes this column so south as to be unbelievable. Next week it is hoped that we will be able to return to the usual nasty form.

Rumour of the Week: Pete Dunda is not a Russian agent.

UNISKINS by mac



Totem Times Predictions for 1971

The beginning of the New Year is a time favoured by all pundits for offering up their forecasts for the next twelve months, providing that the world lasts that long. The TOTEM TIMES, which is gifted with an extremely omniscient group of pundits, as well as a crystal ball that wasn't supplied by the lowest bidder — they won it in an illegal raffle — is only too pleased to assail its readers with its forecasts of what the New Year will wrought. The crystal ball, which works only in January, is, despite some rocket scars, still operating well enough to see the following events:

Jan. 14 - 0800 hours. Beard growing contest begins at CFB Comox, 0900 hours. Beard growing contest ends at CFB Comox and winner is ordered to shave it off.

Jan. 18 - 407 investigates submarine sighting in base swimming pool. Spends three days on search because it is so handy to the snack bar.

Jan. 24 - Combined mess begins preparation of huge vat of Cudgel Stew for tomorrow's Cudgel Caper. Local rancher coincidentally reports theft of 35 horses and two cats.

Jan. 30 - Little old lady in bus depot sees serviceman in new green uniform. Asks him what

time bus leaves for Powell River.

Feb. 04 - DND announces plans to re-acquire the Bonaventure as it will come in handy for storing CF-55.

Feb. 11 - Base golf course opens after a three-day spring monsoon. First player around course sets record for marathon swim.

Feb. 23 - Tac-Eval time. Base invaded by large hostile force, armed with golf clubs, swim suits and pale, snow-covered faces.

Feb. 30 - Due to outstanding rating on recently completed Tac-Eval, all CFB Comox servicemen get 100 per cent pay raise and two promotions.

Mar. 7 - BC Ferries announce that, despite the fact that Vancouver Island is drifting away from the mainland at the rate of one inch every ten years, it will not raise the fares.

Mar. 14 - Road crews begin the annual "let's complete Ryan Road in 25 days or less contest."

Mar. 18 - A large green seagull climbs groggily up in its perch and dyspeptically surveys the world that it did its level best to end on St. Patrick's day.

Mar. 24 - Station gardener posts signs saying "Keep Off the Grass." So does station police department, but whoever heard of grass in hallways?

Mar. 31 - Improving weather brings annual fitness binge. Seismographs in downtown Victoria mark the progress of our winter blimps as they race around the statio — oops, base.

Apr. 05 - Ladies Auxiliary holds contest to find the most ridiculous hat to wear in the Easter parade. Passing junior officer wins.

Apr. 15 - DND announces that the

replacement for the Argus will be the Red Knight restaurant.

Apr. 23 - 442 expands its sked flights to serve Las Vegas, Disneyland and Hawaii. After one week of operation all their crews are U/S in these various spas.

Apr. 30 - Income tax day. Finance companies gleefully increase their income.

May 09 - Survival month for 409. The Parks Branch hopes to make a fortune refunding the empties.

May 17 - Thermometers banned. Some scientist discovered that they contained mercury.

May 23 - Dollard des Ormeaux Day in Cumberland. 409's legion of bilingual paraders leads the way.

May 31 - Hockey season verges on ending.

June 06 - D-Day for those who slept in on that morning in 1944.

June 15 - Voodoo replaced by new swept-wing aircraft; the Dakota.

June 19 - Summer uniform day. 208 people get neurotic because they can't find their summer uniforms.

June 29 - Nothing will happen today. Even the sun won't come up.

July 01 - Our National holiday. Only a few Canadians will wonder why we don't celebrate it on the 4th.

July 10 - For the first time in a year the TOTEM TIMES won't get a letter complaining about the auto club. Its string of letters complaining about the TOTEM TIMES will, however, remain unbroken.

July 17 - Meteoric rise in air pollution baffles authorities until someone notices that the barbecue season has started.

July 30 - Long Beach Goose

Pimple display takes place today. Low flying prohibited.

Aug. 12 - BAMEO's annual fishing derby ends in a panic when someone sees a whale approaching. Turns out to be BAMEO, in for a swim.

Aug. 18 - B. C. Lions announce brave plans to win at least one game this year. They have discovered a way of having the airplane bringing the Roughriders to Vancouver hijacked to Sandspit, where anyone from Saskatchewan would probably feel at home anyhow.

Aug. 26 - The beginning of "Be Nice to Pongos" week. Buy one for a pet.

Sept. 04 - Labor Day. The year's babies must be born on this day.

Sept. 12 - Seemore recovers from St. Patrick's day.

Sept. 24 - Halfway (almost) through the fiscal year. Apparently we have overspent and can't afford the rest of the year. Accordingly, it is cancelled. Tomorrow will be Jan. 72. Happy New Year.

Mayor Announces New Budget

His honour, Mayor JA Daniel, announced today that the annual community council budget will come before council for its preliminary review at the next finance committee meeting. That meeting will be held on Friday, 15 Jan. The councillors will be each given a copy of the budget for their considerations, remarks, suggestions or criticism. Then at the regular council meeting on the 21st of January they will finalize the budget for submission to the Base Commander for his approval.

His honour urges any residents of Wallace Gardens who have items or suggestions they would like included in the budget for consideration by council, to submit them, in writing, to their respective councillors before January 15th.

Later in the interview, the Mayor deplored the lack of concern by some PMQ residents who allow their dogs and cats to run rampant across other residents' lawn areas leaving little reminders of their visits. He also scorned the sloppy eating habits employed by some dogs as they dine at the local garbage cans. The Mayor denied that council was considering hiring a dog catcher again, but said that responsibility belongs to the housing officer. He did speculate, however, that if enough complaints were received by the Housing Officer he may be prompted to do so.

In closing the interview, the Mayor made some very disparaging remarks about vandals who roamed about the PMQ's stealing Christmas lights from some of the excellent outdoor decorations and breaking them in the concrete play areas. "This is definitely not the kind of Christmas spirit we expect in our wonderful little community."

CLASSIFIEDS

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DINERS ISLAND

FRIDAY AND SATURDAY CABARET

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THIS WEEK

No band scheduled for this weekend.

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Voodoo Nuts, Bolts and Volts

By Paul Klem

Ever since I made the remark about the supply section being controlled by the DEVIL, (Development of Integrated Logistics) I've been having a devil of a time getting parts. Last week their computer didn't agree with my part numbers. This week I got a box with the right part number but with the wrong part inside. Another E200 demand voucher bounced with a note attached saying "make your own" now I have to order parts to make the parts. Confusing isn't it, but not to a supply type! That Devil sure has got it in for me.

Now that the Happy Holidays are over, we'll get down to some serious work, in preparation for TACEVAL next month. The shift changes should equalize the work load somewhat, but I see a busy year ahead. We should manage to stay on top providing the Devil doesn't foul us up, by withholding the parts we need to keep our flying machines operational.

To start with, some of the terms used in investments and their meaning are common but to get the full picture you have to see how each relates and differentiates with the other.

(a) "Investment" is the employment of money for the purpose of earning income and or capital gain or profit for the owner or investor.

(b) "Principal" is the amount of money invested.

(c) "Income" is the revenue derived from investment. Income is the "interest" received from bonds and the "dividends" from shares.

(d) "Growth Investments" are stocks which have prospects of Capital gain. At present Capital gains are not taxable in Canada.

(e) A "Bond" is a certificate saying you have loaned money which is to be repaid with interest in a set period of time.

(f) A "stock certificate" or "share certificate" is a document saying you own a part of the business or corporation. As a share holder you are entitled to a voice in the running of the company and also share in the profits. When you buy a bond you lend money. When you buy a share you buy ownership.

(g) "Dividends" are payments to the share holders from the accumulated profits earned by the company. Dividends are not paid automatically but must be declared and authorized by a company board of directors chosen from and by the share holders.

The "speculator" is less patient. He is always on the look out for short term prospects and expects his returns to be more in capital gains rather than income from interest and dividends. If his selections are correct he will sell at a profit. If he is wrong he will incur a capital loss. He takes a calculated risk.

The "gambler" is impatient, he buys the unknown, acts on hunches and tips, rather than carefully researched information. He buys long-shots hoping to make a killing. He is prompted by rumors and hearsay of big profits after some unusual activity in the market, a new discovery, a mine or oil strike, where prices rise spectacularly. A very few make a killing gambling. Prices rise and fall, the impatience of the gambler is usually his downfall. The gambler also makes possible the existence of unscrupulous promoters and stock pushers who operate on the fringes of the law. The odds are stacked against you, don't gamble in securities.

Yet the investor, the speculator and the gambler all serve a useful purpose. Companies need money for expansion, long term improvements, better equipment. This is where the investors and the gambler often supply enough working capital for a company to carry on until it recovers from some serious setbacks. Mine and oil companies often rely on these to carry on explorations. You only have to read the financial pages of the daily newspaper to see how some companies make it while others are marking time until working capital is available.

Investments create jobs. In 1964 a survey of Canadian manufacturers showed that companies invested an average of \$15,000 in land, buildings and equipment for each worker they employed. This is only possible by putting money to work ... to be continued.



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1964 PONTIAC STN. WGN. V-8, auto. trans. \$1295

1967 CHEVELLE MALIBU 2 dr. H. top. V8, A.T., radio. \$1995

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THIS WEEK IN BRITISH COLUMBIA - 100 YEARS AGO

THIS WEEK IN BRITISH COLUMBIA 100 Years Ago Adapted for the British Columbia Centennial '71 committee from newspapers of 1871, the year this Province joined Confederation. Week of January 4, 1871.

Goodwill overflowed when the British Garrison on San Juan Island entertained local American residents. Their quarters at the British camp were decorated with evergreen, holly, the Union Jack and other national insignia for a supper and ball which went on until dawn the following day, when breakfast was served and after cheering their hosts lustily the company departed, escorted a long distance by a band of music and the soldiers.

In Victoria, a hundred and fifty coloured residents gathered to celebrate the emancipation of slaves in the United States. The company sat down to a dinner and later drank toasts to the Queen, the President of the United States and to the future of their children in a new land. The Emancipation Proclamation was read and dancing continued until the early morning.

A physician and dentist practicing in Barkerville placed a notice in the newspaper defending his professional reputation. He said a Williams Lake resident had publicly stated that he operated upon his teeth and caused him to suffer thereby. The good doctor said this was a wilful falsehood as he had never done any work for the man in question and added that he deemed it necessary for the sake of his professional character to make a public denial of the gentleman's scandalous statement.

Coal exports from Nanaimo for the year 1870 declined by 5,777 tons. The price of coal was \$10 a ton.

The British Colonist said in an editorial that Victoria authorities who were willing to encourage more immigrants from the British Isles might as well save their efforts until it was possible to travel easily through British territory to the shores of the Pacific. The paper said, a four month voyage by sea round the Horn was too formidable an undertaking to attract many visitors and it was expensive to boot.

A petition was circulated asking the Legislative Council to amend the Telegraph Act so that all telegraph companies doing business in the Crown Colony would be obliged to supply "regular press reports" and "special press reports" to all newspapers at the same price and under the same conditions.

Farmers from all over southern Vancouver Island gathered at the Oakland Hotel in Victoria to discuss the possible effects of Confederation upon their markets for farm produce. The meeting resolved to petition the Legislative Council asking that provision be made in the terms of Confederation to secure protection for farming produce in B. C.

A deputation from Nanaimo came to Victoria to solicit subscriptions to aid the suffering families of coal miners who had been on strike for several months.

At St. Mary's Mission near New Westminster, tragedy struck when two priests set out to

hunt a pig which had trespassed on the Mission's property. Rev. Father Lamure met his death by the accidental discharge of a gun in the hands of Brother Ryan. They had started to chase the intruder when the hammer of the gun held by Brother Ryan caught in a bush, discharging the weapon and killing Father Lamure who was ahead. The shot entered the calf of the deceased, severing an artery, and he died from loss of blood.

Bitter cold caused some Cariboo residents to suffer from frost bite. The Cariboo Sentinel reported that one man had his hands frozen and was taken to hospital while several others were frost bitten with less serious results.

Barnard's Express arrived at Barkerville with a single passenger who came from Quesnelmouth. The driver reported the roads were in fair order but he said on the trip south he thought they would be able to take a sleigh all the way to Clinton.

Confederation was now considered an accomplished fact. There was much discussion among British Columbians over inauguration of Responsible Government simultaneously with Confederation or the alternative of waiting six months after the Colony had joined Canada. The Daily Standard said it could see no good reason to delay the coming of Responsible Government until 1872 as suggested in the speech from the Throne.

Vancouver
Centennial Project—
Push a Bus to Work

CP Changes Hands



IN
Lt. Gen.
Jacques Dextraze

OUT
Vice-Adm.
Ralph L. Hennessy

Succeeding Admiral Hennessy is Major-General Jacques Dextraze, 51, Montreal, who has been deputy chief of personnel for the past two years. General Dextraze, who is being promoted to the rank of lieutenant-general, takes up his new appointment December 23.

Vice-Admiral Ralph L. Hennessy, 52, chief of personnel for the Canadian Forces, is retiring after 35 years of service.

Lt.-General Jacques Dextraze was born in Montreal in August, 1919, and educated at St. Joseph's College, Berthierville, Que. He enlisted in the Fusiliers Mont-Royal in 1940, rose to the rank of sergeant and was commissioned on graduation from the officer cadet training unit at Brockville, Ont.

He served overseas with Les Fusiliers Mont-Royal and while serving as company commander near Falaise, France, in 1944, was awarded the Distinguished Service Order for gallantry.

At the age of 24 he was appointed commanding officer of Les Fusiliers Mont-Royal. During the action at Gronigen, Holland, he persuaded a German general to surrender the city. For this he was awarded a bar to the DSO.

Following the war he left the army to hold an executive position with the Singer Manufacturing Company at Montreal.

In 1950 he re-enlisted to command the 2nd Battalion, Royal 22nd Regiment, in Korea. For his service in Korea he was appointed an officer of the Order of the British Empire.

He returned to Canada in 1952 to attend the Canadian Army Staff College in Kingston, Ont. Following this he held appointments at army headquarters at Quebec City and

Montreal. In 1957 he was appointed commandant of the Royal Canadian School of Infantry at Camp Borden, Ont.

In April, 1960, he became commander of Camp Valcartier, Que., and in October 1961, was given the additional appointment of commander of target area headquarters in Quebec City.

In February, 1962 he was promoted brigadier and appointed commander of Eastern Quebec Area with headquarters in Quebec City.

One year later Gen. Dextraze was appointed chief of staff of the United Nations Forces in the Congo, the first Canadian to hold this position. For his outstanding planning and leadership in directing rescue operations there he was made a commander of the Most Excellent Order of the British Empire.

He returned to Canada in 1964 and was appointed commander of the 2nd Canadian Infantry Brigade Group based at Camp Petawawa, Ont.

In July 1966, he became chief of staff, operations and training, Mobile Command.

On September 1, 1967 he was promoted major-general and appointed deputy commander operations at Mobile Command. In Nov. 1968 he was appointed Deputy Chief Personnel at Canadian Forces Headquarters.

COBOC CACAPHONY AT LARGE

A belated Happy New Year to all the avid readers of this column. We are returning after an absence from these hallowed pages of about six issues. I'm sure all the wives missed the large training potential of the information usually contained in this column. We hope to be with you regularly for the next while even during our own personal absences.

During 1970 the Coboc membership has dwindled down to about twenty. We lost Jim Franco and Doug MacArthur to the pillared halls of "Instant Baggerdom." Terry Montgomery, having failed to convert the military to civvy ways, has departed the service. We all wish the "Toad" everything good in his travels. Wayne Sled has become our member at large in Victoria where he will preach our message to the unwary.

The Christmas party at the Shack went well. In fact one couldn't even rest his eyes without being stepped on. The Coboc Choir composed of Phil

Schreiner, Gord Saunders, Terry Spurgeon, Terry O'Toole, Jim Loring, Norm Gavin, Pierre Lafleur and Henry Dielwart went carolling Christmas Eve and consumed the odd nog and enjoyed the hospitality of those who welcomed us into their homes. We shall see you all again next year although perhaps an earlier start will be attempted.

Plans are being laid for the Coboc Fly In scheduled for the first weekend in March. Much work will be put into this gala affair by all the members in the next month or so. We hope to have a real fun weekend. Prior to this thrash there is proposed on the 14th of January a Dining In nite for Coboc members. Pink or green tee shirts will not be worn; contrary to rumors you may hear.

Coboc has a new president in the person of Tom Cobb. He will be ably followed by his Vice, Phil Schreiner. With Tom's ability to

round up good musical groups for the parties, all future gatherings should be most enjoyable. Phil will apply his talents at making all our silver collections a success.

In a desperate effort to stop the drain on members, Coboc is going to make a documentary film of the first member to marry in 1971. He will be accompanied on his honeymoon to Cumberland and everything from the altar to the kitchen sink will be filmed with appropriate sound track.

The film entitled "I am Curious - Bachelor," will be distributed to underground theatres, the proceeds from which will be used to fly Coboc to Copenhagen for the 1971 Porno Fair. So stay single until after the trip at least.

Enough chat for this issue. See you all in two weeks with more up-to-date gen on what the single officers are doing in and around CFB Comox.

4 Wing History Out in March

OTTAWA (CFP) - Calling all subscribers to the 4 Wing Pictorial History.

If you were expecting to receive your copy before the New Year, be patient until mid-March.

That's the word from CFB Lahr - the publication won't be available until at least March 15, 1971.

The 200-page account of the Wing's history, in pictures and words, covers the period 1953-70. It's chock-full of features and photos taken from RCAF albums plus colour reproductions of Wing landmarks.

Copies may be obtained by sending a money order, bank draft, postal order, or certified cheque for \$6.50 made out to M and I accounts to: Commanding Officer, 4 Wing, CFPO 5056, Attn: 4 Wing Pictorial History Book.

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G. F. MacFARLANE



T. F. HEENAN



G. F. AUCHINLECK

The appointment of a Vice-President and the assignment of new responsibilities for two other Company officers, effective December 15, 1970, are announced by the British Columbia Telephone Company.

Gordon F. MacFarlane is appointed Vice-President—Corporate Development, with responsibility for broad corporate planning, the development of the Company's data processing, the Company's participation in the Trans-Canada Telephone System and regulatory matters. Mr. MacFarlane, born in Victoria, graduated from the University of B.C. in 1950 with a degree in electrical engineering and joined the Company in the same year. He has been Vice-President—Operations since October, 1967.

Terence F. Heenan is appointed Vice-President—Operations, with responsibility for the over-all operation of the Company's

system. Born and raised in Halifax, he has a Bachelor of Science degree from St. Mary's University and an electrical engineering degree from Nova Scotia Technical College. He has been Vice-President—Staff (Operations) since September, 1967 when he joined the Company after serving with Maritime Telegraph and Telephone Company and the Trans-Canada Telephone System Advisory Group.

Gilbert F. Auchinleck is appointed Vice-President—Staff (Operations), with responsibility for engineering, plant, traffic and commercial staff services. Mr. Auchinleck, born in Vancouver, graduated from the University of B.C. in 1944 with a degree in electrical engineering. He joined the Company in 1947 and has held a wide variety of management positions, including that of Island Division Manager since June, 1965.

407 TECH RAMBLINGS

Well, here it is the brand new year of 1971 and conditions haven't improved—the deadline has arrived and we're caught with our column down. Just where the days and our funds have flown to defy comprehension; however, both have faded into oblivion so we must assume that the festive season has a huge success. Incidentally, there have been no missing persons reports respecting any of our hired help so we must assume that all are safely back in their accustomed hiding places.

The only known reportable occurrence of major importance concerns the servicing organization who have started off the new year by abandoning the long outmoded five day week in favor of their new seven day shift schedule that is more befitting our role as an operational squadron. Now, as with our compatriots on that other seaboard, we can truly say, "You may sleep well tonight, your Maritime Air Forces are awake."

GUN PLUMBER'S CORNER

Visitors galore — torpedoes by the score. Who's got time to write a column anymore? Guys gone here, guys gone there, burned armourers going everywhere. Ingovers constructed at the Squadron Party, Tea-totalers screaming, "no sympathy, smarty". Guys walking real slow and feeling funky. Thank Gawd there's no sun, the section'd go skunky. Get home after dark, go to work before light. Happy New Year to all and let's get tight.

TORP TOPICS

Here we are once more, hardly

advanced into a brand new year and already I'll bet our resolutions have begun to weaken. This condition is especially noticeable in the people who are trying to overcome the habit of the noxious weed. We of course are referring to ordinary cigarettes. I hasten to make this point clear, in case someone may get the wrong impression and think we're referring to an illegal type weed. A glowing example of this no nicotine syndrome here in the shoe is Max Weegar. He has taken to chewing gum as a substitute for tobacco. After no less than four days, he has gone through about 20 packets of chewing gum. He figures he has saved a little money this way, however, his jaws are starting to go on him.

Personally, I have a problem keeping my waist trimmed down. This became most apparent when we resumed our curling schedule last Sunday. As I assumed the delivery position in the hack, I became aware of an uncomfortable bulging feeling in the lower abdomen. I thought, "good heavens" why did I eat so much turkey over the festive season? Well the only thing for it is back to the darn diet once more. No doubt a number of you folks are having similar problems and it is comforting to realize one is not alone with such a problem. I read an interesting article on being overweight in the January issue of Readers Digest. It concerned the origin of obesity and the resultant mental stresses it can impose on a person. It is an enlightening new look at an old problem. I would like to wish all fat people a Happy New Year and lots of luck in trying once more to become slim and trim.

REPAIR
Away we go! Kicking off a New

Year in the right way by going at it on one of our lumbering beasts. We say hello to "Hank" Hanishewski replacing Hal Hicks who has gone to I E Services.

Tom Arnold should qualify for warrant tosser now that the 31As are out and he is the man with all the answers.

"Chris" Gourley and his better half received a wiener dog from "Santa". Chris is trying for the family allowance for it.

Our A.R.O. (sea) reported to Pat Bay to weigh an aircraft? (sea) M.Cpl Lyle accompanied him, this could be the making of a new song "Aircraft Aweigh".

We promised Alex Johnson we'd say hi. Hi, Alex.

Oh yes! Mur is looking for a tent trailer so all you horse traders get at it.

Sparks were flying when our Patty Mc. wired up his camper. Trying to collect the insurance, Pat?

Chuck Boyce (Cumberland) says he has the biggest deep freeze in the valley. Pick any snow bank at all.

Peacock is all smiles; his inventory is up to par, miracles will never cease. The boys tell me things are quiet on the floor this afternoon. Ashdown has a frozen jaw; they made another appointment for him.

Our MWO isn't wearing the green yet since Omar hasn't a tape long enough to measure him up.

Have you ever tried to write a column on a Monday that falls on a Tuesday when there isn't much to report? It ain't easy.

All you good "Maritimers" should know what this is: ABYCKFCH? DMRTFCH. OYSDMR, CMD?

Our monthly promotion list is late again!

Free Courses in 71

In a mining camp in northern British Columbia, in a Red Cross Outpost Hospital in the Kootenays and in a Burnaby high-rise, three people, as different in most ways as their physical locations, are busily demonstrating one thing in common—a deep interest in the history of their Province.

They are three of some 500 people who have already enrolled in a unique course on the history, geography and general development of British Columbia, offered by the Department of Education's Correspondence Education, to commemorate the 100th anniversary of British Columbia joining Confederation as the sixth province of Canada. It is the Division's own centennial project for 1971.

Hon. Donald Brothers, Minister of Education, says that on the basis of early enrolment 4,000 to 5,000 people are likely to

sign up before the centennial year is over. He said the course would be ideal for people who want a comprehensive general knowledge of the Province without the necessity of research and in-depth study. The course, which is free, consists of five papers, each with an exercise section to be marked in Victoria. There is no final examination. The subject matter covers the early arrival of man from Siberia, Indian culture, settlement, transportation, population and natural resources.

Called "British Columbia; Canada's Pacific Province," the course is one of several new ones issued recently by the Division of Correspondence Education. Others are designed to meet the needs of people who, because of location or time, are unable to take adult training any other way. Among them are courses in accountancy, dress-making,

drafting, steam engineering and industrial mathematics.

Correspondence Education normally enrolls about 15,000 students each year. Among them are school-age pupils unable, for a variety of reasons, to attend school; pupils whose schools do not offer a particular course they want; shut-ins; adults seeking upgrading or leisure-time courses; Canadians living abroad; regular school teachers who may use the courses as teaching guides; inmates of correctional institutions and new immigrants with no other opportunity to study English. "In short," Mr. Brothers said, "our services are open to anybody who can benefit from them."

The oldest person known to have enrolled in a correspondence programme was a woman who last year took a course in radio and wireless so she could be a ham radio operator. She is 88.

The Joggery

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EDITORIAL

Those Ubiquitous Courses

The military career has been likened by some to one long, twenty-five year course. In some ways that is an apt assessment, and with good reason. Any military service which hopes to maintain a modern and current capability, must constantly train, retrain, refresh and update its servicemen. Strangely enough, though, the number and variety of military courses seem to proliferate most rapidly during peacetime.

The catalogue of in-service courses is a tome about 3 inches thick and weighing perhaps 7 1/2 pounds. The table of contents which lists the courses covers 14 pages on both sides. The first page alone lists 90 courses, varying in length from 3 hours to 330 training days. If all of these 90 courses were filled to the optimum, or to the maximum suggested, at the same time, they would require more than 1,140 students, and would account for more than 60,000 man days (or over 260 man years) of training. Then there's the second page.

Of course, the above figures are entirely unrealistic, since course loading is seldom optimal, and all of the courses do not run concurrently. But, nevertheless, training in the service is big business. Not only must suitable students be found for these courses, but there must be qualified instructional staffs and adequate facilities to handle the courses and to look after the students.

Any military organization tends to become more bureaucratic during peacetime and there is an accompanying increase in its resistance to change. And so, it seems, most courses, once initiated, continue in perpetuity. This, unless a new course obviously supercedes one already in existence.

One of the reasons for integration of the forces was to cut down on the duplication of courses in the three services. Indeed, there was little need for each of the services to have a separate driving school or a separate cooking school, for even the cooks in the RCAF learned how to concoct such delights as navy bean soup, and army cooks have been making cudgel stew for years. Many courses, then, which duplicated each other were combined, and some increase in efficiency resulted. But when the services became elements there were still a host of courses, peculiar to each of the elements, which remained extant.

Now when a course appears to have outlived its usefulness, there is a tendency to try to update the course to its former level of pertinence rather than to scrap it. When analyzed subjectively by the instructional staff, all sorts of reasons can be found to

keep a foundering course afloat. Certainly periodic reviews are carried out on the military courses offered, but such a review program can only be as effective as the reviewing team is objective and independent. Such a team should act like an audit board, and should feel no compunction about destroying courses which have only marginal value.

During a period when the service is continuing to cut back its number of personnel it is doubly necessary that any time-waster courses be eliminated. The staff from such courses can then be freed for use in other positions and appropriate support services can be reduced. Perhaps some courses, particularly those which are run only sporadically, could be discontinued in favour of training the required students at civilian institutions or with some other military organizations, e.g. in the U.S. or some other NATO country. There could be a saving on both money and personnel.

Most servicemen have been on at least one military course which they have considered of questionable value. But each course has a built-in feature which allows the student to do something about it. That feature is the critique which must be prepared by the students on the completion of every course. Perhaps the method of selecting the students is wrong. Perhaps the course fulfills its stated aim admirably, but that aim is no longer relevant. Perhaps the course begins at too basic a level for the majority of the students. Or too much extraneous material has been included. Perhaps the course could be shortened by mailing out or assigning reading material before the course begins. Critiques are a very important part of a course, since they represent necessary feedback, and they can be used by a reviewing team to update, alter, or help to eliminate a course. But all too often the course members are so glad the course is over and done with that they spend insufficient time and effort in drawing up an appropriately comprehensive critique.

When a serviceman has been selected for a course, he may have doubts about the usefulness of that course for him. If so, he has the right to question that selection and to ask what value the course is expected to have for him. (Mind you, he may not get any answers.) But on completion of the course he has the duty to evaluate in the appropriate report. The conscientious efforts of all students and prospective students will help to keep military courses pertinent, dynamic and interesting, and will eliminate the boring and redundant courses. Help.

Grow Young

On New Year's Day of every year an Accounting professor in Ohio sits down in his study and calculates his net worth. He applies a depreciation formula to his assets, and an inflation factor to his money and then compares his current net value to the figures for previous years to see whether he has gained ground or lost. He is very concerned with progress, and he measures his own in dollars and cents.

A less materially minded person might measure his success using an entirely different yardstick. One who is concerned with the quality of his life may well reflect on the personal successes and failures of the last year and consider the ways in which he has learned to gain more out of each day's living. He may try to determine the extent of his growth in character, in consideration, in tolerance, in love, in caring, not only for himself and his family, but also for his fellow man.

Anyone who knows about living knows that life is change. And successful living is change in the form of growth. A man who ceases to grow is dead. He may still accumulate dollars, and he may continue to breathe, but if he has ceased to grow he is dead, nonetheless.

Some people struggle for many years in preparation for their retirement. They dream of the day when they can quit working and do nothing except enjoy not working. The goal appears, and they have arrived. But what a sorry arrival. After years of striving and coming to grips with the problems of life few people can turn themselves off and concentrate all their efforts on making themselves comfortable and living effortlessly.

And so a person must develop his pattern of living when he is young, and cultivate those habits which will stand him in good stead when he is too old to learn new ones. He must grow from year to year, developing new interests, keeping his mind active, living life now, and to the full. For when a person does not have a variety of interests, he loses his ability to concentrate. And when he stops using his

brain, that organ begins to atrophy. Senility can set in at any age, for even though the brain cells may only deteriorate slowly until fairly old age, functional senility can develop at any age, purely through disuse.

A building contractor who was very successful in the business world, had worked his way up from a carpenter's helper. He was a self-made man. And as he approached the goals he had set for his life he prepared for retirement. He had a very large and expensive house built and insisted on all the most modern conveniences. The house was completed; he retired and moved in, and just relaxed and did nothing. Within three months he was dead. It may not necessarily follow that his death was brought on by his retirement, but one cannot discount the fact that a body undergoes a great change indeed when it goes from full speed ahead, to stop.

Everyone knows people who have aged very greatly in just a year or two after retirement. And everyone knows some very old people who are still active, still possess most of their faculties, and still live rich and rewarding lives.

There is on record the case of a man, 106 years of age, who was given a series of psychological tests. The test results described him as a surprisingly alert and vital individual with a multiplicity of interests; one who possessed a strong drive for achievement and depended on his own resources for security. At the time the case was written up, the individual was living a physically and mentally active life. He had many friends and interests, and he was entertaining and quick-witted. He seemed to be enjoying life immensely.

The time for living is now, and interests developed during these years of a young and active life will set a pattern which will not stop at retirement, but can easily continue into a long and rich and active life. Have a happy New Year, and a great many more to come.



... and I solemnly swear to lay off the booze, go on a diet, quit smoking and stop complaining about being a corporal.

From up on my perch



Last week I was rummaging around in the ol' kit bag cleaning up after the Christmas season when I came across a picture of my first two storey barracks block. It was a cosy 'H' shaped structure, painted white and would, with a little squeezing by the NCO i/c barracks, accommodate over 400 home loving airmen. Fortunately, there were only about 175 of us and we lived in comparably spacious luxury.

One fateful day we received an eviction notice from the SWO. We had to move out so that the barracks could be renovated into "two man" rooms. Happily we packed our kit bags and trundled down the road to single storied 'H' huts where we took up "temporary" residence until our barracks could be remodeled into the Airman's 'Buckingham Palace'. Our new quarters were slightly cramped with 70 souls sleeping on 35 double bunks per side of the 'H' hut. We shared our discomfort cheerfully, knowing that someday soon we would be rewarded with the ultimate in luxury, a two man room.

We ran a pool on when we would be able to move back into our old home. We sent spies to the C. E. Section to try to get a completion date. We bought the carpenters beer at night in the wets. We did everything we could to speed the project up, short of volunteering to work on the weekends.

Finally, one of the carpenters informed us that the great day was drawing near. According to our source of information, we should be settled in by the following weekend. Anxiously we waited for our engraved invitations from the SWO. When they did not come, we tried pumping the Barracks NCO but to no avail. The following Friday the carpenters took their tools home with them, the job was finished. Saturday, a crew of defaulters moved single, three quarter width beds and inner spring mattresses into the shining edifice. Mentally we hugged ourselves with joy and tried to recall what an inner-spring mattress felt like. I wondered if my back would be able to accept the change of contour from a sixteen wire, sagging double bunk spring with a flattened and drawn one inch thick (in certain areas) mattress. Saturday night we could hardly sleep as our backs twinged with anticipation. About one a.m. the clandestine con-

versations after lights out were still going strong. At last it was decided to send two carefully selected men over to the old barracks and inspect the place and to report back immediately.

The two took off looking like a pair of commandos in their fatigues and flashlights. It seemed an eternity before they returned, but at long last they did and tried to answer the multitude of questions thrown at them. In short the place was remodeled into separate rooms. Yes, the beds were there and they were great, just like a hotel. The place was painted in the traditional yellow and brindle brown loved by all. There was even a lounge on the main floor and a newly equipped laundry, complete with an ironing board. When, at long last, it was my turn to ask a question I asked "What are the Johns like?" (I've always felt a barracks with a nice john is more home like). The commandos described the new facilities with casual remarks and the place sounded kind of run of the mill until I asked "What about the urinals?" I had seen the old urinals removed and I knew that there must be new models installed. "Funny," they answered. "Now that you mention it, there aren't any urinals there." - Silence fell over the 'H' hut and each airman went to sleep, deep in his own thoughts.

On Sunday afternoon four big Air Force buses rolled up to our old home and off hopped 160 of the first post war airmen.

Now I don't have anything in particular against Airmen, in fact some of my best friends married Airmen. The girls joined the Air Force on an equal basis with the Airmen. They hadn't been in the outfit a day before they had separate barracks. They were on the station two days before they had a separate part of the mess hall, with two guys on the peg for swearing in the mess hall. Within two weeks they had their own wet canteen and every guy on the Station chasing after them.

For a few restless years we have been devoid of their charming presence with a few exceptions, but now they have tabled the Royal Commission on the Status of Women which recommends, of all things, that the women be given everything and any job they want in the Armed Forces.

I believe in equal rights for women, of course, but I think that some of the gals that are burning

their bras end up looking like stuffed shirts anyway. But let's let the girls back in the outfit. As soon as we stop the cut backs. It would be interesting to be on a sked flight with a lady Captain of the aircraft. You could be half way to Trenton and divert to Edmonton because everyone knows its a woman's prerogative to change her mind. Transport Pilots possibly, but fighter pilots, no. Not until there have been some new technical and medical advances in the single seater aircraft to permit the girls to perform the long ranged flights like the boys. Of course the fiasco of the barracks will never be allowed to re-occur, because with equal rights the gals will be able to sleep in the same barracks as the boys, (legally this time) use the same johns and locker rooms, they will even be allowed to share fox holes in the infantry. I can't help wondering how the Vatican will feel about the Forces having lady priests. They want to have married women in the forces. It happened before. One friend of mine married a Cpl. who shortly afterwards got her third. Within two years the poor guy was given a medical release for dishpan hands and housemaids knees.

If the girls really want it all in the Forces let them have it. Let them think how lovely and femininely attractive some of the women are in the countries that have equal opportunities for men and women in their industries and armed forces. Who wants to date or marry a lady tank commander or a bosun's mate. These gals may be liberated but I bet a lot of them would gladly turn in their electric blankets for a husband any time.

Come on back into the service gals, we'd love to have you. We'd like you to have equal rights too, but not an advantage.

Rumour of the week. The Women's Lib will bomb my perch Friday morning. Runner up for Rumour of the Week: Subject to Firearm's approval the Men's Liberation Front will hold a rally on the soccer field on Saturday afternoon where all members will burn their athletic supports.

Mushroomer: Fungus Air will replace its buffalo aircraft with three new 707s purchased to move the forthcoming trans-ferrees.

Letters to the Editor

Sir:

In reference to a letter and poem (?) published in your last edition under the heading "On Integration," I find I must assume the mantle of "Brown Job Rebutter" for this obvious piece of pure fabrication.

It is apparent the author was suffering from the headiness one normally experiences at this time of year when he wrote his "piece," for such as that could not have been written by one possessed of all his faculties. Enough of my praise of the author. I am certain that his misguided attempt at levity was well-intentioned and I have taken this - but I cannot allow this obvious challenge to go unanswered. I therefore offer this rebuttal of the Phantom Nighthawks ill-considered remarks.

In closing I wish to remind the Phantom Nighthawk that once on the ground he is out of his environment - The Trenches Await! Perhaps in future he

should confine his attempts at literary invective to those times he is airborne - they may prove more successful.

The Brown Job Rebutter.

A BROWN JOB REBUTTAL
It was with great surprise that I, A Brown Job on this base, Did read in your newspaper last, a poem (?) Which did nought but paper waste.

"Make them Men" I believe it said, And "Send them to the Airforce" too, To think these statements are connected, Is a lot of Ballyhoo.

There is an incompatibility, In your poem (?) of insensibility, For "Airforce" and "Military" are not synonymous, And MEN in Light Blue often remain anonymous.

Your "Make Them Men" was quite ill-chosen, Though we lads in Brown can see the humour, But we have pride in self and service, which We trust with YOU, is more than rumour

We come here not to learn of being men, For you, light blue, cannot teach US that, Rather we come to lend a helping hand - To reach the common goal - THAT is fact.

In spite of it all, we like it here - Hell - To work WITH you we like right well, So please, light blue, spare me adversity, Through your literary perversity.

Sgd: Brown Job Rebutter (Circa 1971)

The Non-Therapeutic Use of Drugs

PART III

MARIJUANA

As early as 1200 B. C. the Indian Hemp plant (*Cannabis sativa*), from which marijuana is derived, was described as a source of textile fabrics. The intoxicating properties of the plant were documented by 200 A. D. In more recent centuries the plant has been transplanted to all parts of the world, either on account of its textile properties or for its tendency to produce intoxication; and these two qualities will vary according to the climate in which the plant is grown. Generally, in warm moist climates the trunks and stems are fibrous enhancing the textile value whereas the intoxicating properties are poor. In hot dry climates *Cannabis* makes a poor textile but a more potent intoxicant.

The active psychic ingredient of the *Cannabis* grass is a resin known as 9-delta-tetrahydrocannabinol, or 9 THC which has been used as an intoxicant in three forms: 1. the pure resin of 9 THC which is so terrifically potent and deleterious that it is universally banned and its use is almost unknown today. 2. A form called hashish or ganya which is less purified, about 40 per cent 9 THC. It's interesting to note as an aside here that during the Crusades a Mohammedan sect was trained to murder Christian Armies while under the influence of hashish and were, therefore, called "Hashishin" from which the modern word "assassin" is derived. 3. The final form, containing 5 - 8 per cent of the THC resin, is a low potency preparation, marijuana.

The intoxicating preparations may be smoked, eaten or drunk. Marijuana, which is the most common preparation in North America is most often smoked in cigarettes (reefers, joints, roaches.) They may contain the active ingredient, 9 THC, in varying amounts and, especially as they are controlled by criminal elements, may be mixed with other agents such as heroin or alcohol.

Marijuana, hashish and other *Cannabis* preparations have no known therapeutic value. The effect of the drugs will vary from one individual to another and within the same individual, as well, at different times. In general, the stronger preparation gives a greater response; however psychotic reactions can occur at low doses and the correlation between dose and effect is somewhat poor. The inhaled smoke from a "joint" produces the initial effects within minutes, reaching a maximum within 30 - 60 minutes and lasting 3 - 5 hours.

The initial, acute, or single dose effects of marijuana are both psychological and physical. General physical effects include increased appetite, headache, dizziness, perspiration and other more specific effects occur in various systems. The cardiovascular system responds to a single dose of marijuana with an increased pulse rate, an elevation in blood pressure, bloodshot and swollen eyes. The intestinal system may respond with dryness of the mouth and thirst, nausea, diarrhea or constipation. In the respiratory system Marijuana is an irritant like all smoke and as such produces the changes of bronchitis, coughing etc. The effects of a single dose on the nervous system are variable: incoordination leading to staggering gait dilatation of the pupils and other complicated changes have been described.

The dramatic effects of marijuana, however, are the acute or single dose effects on the psyche. Emotionally the sought effect is euphoria, a feeling of well-being, adequacy, confidence. Paradoxically there may be accompanying anxiety, even reaching a state of panic and/or psychosis. The effect of marijuana on the intellect is a distortion of time and space sensation - hours drift by unnoticed. Perception of colour often seems to be intensified, and there is a loss of contact with reality which may lead to confusion and fleeting fragmented thought processes. (These changes may occur without the subject being aware of his intoxication and they may be interspersed with moments of subjective clarity which is not objectively substantiated.)

According to the changes described the individual's behaviour will similarly alter. Lethargy, passivity and relaxation are the general rule, however, hyperactivity, irritability and assaultive behaviour may occur. Another common feature of behaviour in the marijuana smoker is rapid disjointed speech and silly inappropriate laughter.

The chronic, or long-term effects of habitual marijuana use may again be divided into those effects which are physical and those which are psychological. The chronic physical effects, unfortunately, are not as well known as the acute effects; most reports being from Eastern countries and greatly influenced by socio-economic factors which interfere with scientific accuracy. It is however generally agreed that chronic marijuana users may discontinue the drug without any risk of physical withdrawal symptoms, that is to say that the physical withdrawal present in other drugs such as heroin is not present with marijuana, however one cannot say that a psychological dependence does not develop.

Once again the underlying personality of the individual user is very important. If the drug is used as an escape then physical dependence can be very strong just as dependence on alcohol can be very strong for the same reason. Chronic habitual users of marijuana probably in the majority of cases develop a psychological dependence due to their underlying personality traits and then withdrawal precipitates psychological symptoms, i.e. anxiety, restlessness, irritability, depression, self-mutilation, suicide, aggressive outbursts. Most marijuana users take the drug purely for pleasure; others will become unable to function happily and completely without it. Other long term physical effects of marijuana include: insomnia, headaches, persistent chronic redness of the eyes, weight loss, increased susceptibility to infection and chronic lung disease. Psychologically, the long term possible effects, in addition to those of habituation mentioned above, would include the possibility of a cannabinoid produced psychosis plus the well recognized mental lethargy and inertia that leads heavy long term users to resemble chronic deteriorated alcoholics, although with less aggressiveness.

At this point it is probably desirable to form a short summary and draw what conclusions we may so that marijuana may be phased in proper perspective among the commonly abused drugs. 1. It is generally agreed from studies to date that marijuana may become habit forming and can produce in susceptible individuals a psychological dependence, but that it is not a drug of addiction such as the opiates (morphine, heroin). 2. In reviewing the effects of marijuana, one cannot help compare alcohol to marijuana. Both have relatively similar pleasant and deleterious effects, and the same personality effects are seen in chronic alcohol and in chronic marijuana abusers. 3. However, marijuana varies widely in potency, is not standardized, and may be combined by illegal interests, with other drugs i.e. the marijuana user may be converted to a heroin addict, a much more highly paying customer, simply by cutting his marijuana with heroin without his knowledge. 4. In addition lethargy and mental inertia are characteristics of both the single use and long term use of this drug. 5. There are wide variations in response to a given dose, even within the same individual at different times, and the acute intoxicated state itself is of variable duration with the subject often not realizing his own intoxication. 6. This latter plus the tendency for judgement, behaviour and performance of physical tasks to be impaired make any skilled activity, such as driving, a hazardous task for the individual influenced by marijuana. 7. The important question of whether marijuana per se leads to other more potent drugs remains unanswered. There is no reason to believe, at present, that marijuana itself leads to other agents, but social and economic factors play a significant, if not more dominant role in determining the answer to this question. 8. The postulation that marijuana leads to or is associated with increased criminal behaviour is, at present, a similarly unanswerable question.



TOTEM TIMES

Read in the best messes in the Canadian Forces

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FUNGUS FEATURES

by Mac



History Hall Stages Comeback

Funds for the Hall of Canadian Aviation History, to be built at Trenton Ontario by the RCAF Memorial Fund in 1973, are slowly increasing. Project planners in Ottawa report that as of 1 Dec., \$613,000 has been raised toward the \$3.6 million goal.

Fund-raising is a tough business in Canada these days, and the task is made more difficult in this case by the lack of understanding among many Servicemen about the true nature and aims of the RCAF Memorial project. A brochure was distributed, but lofty phrases and architect's sketches didn't get the message across. Briefing teams toured the Bases, but thousands of airmen missed the presentations, often because of conflicting duty schedules.

The most common misunderstanding is that a large and expensive Memorial is planned, sort of a million dollar rockpile. In fact, the purpose of this imaginative building is to bring the details of our aviation exploits and developments to life, and to provide knowledge and entertainment for all age groups in the process. The complex will provide an RCAF Memorial, a convention centre, the Hall of Aviation History, a library, study area and theatre. The major developments in all phases of Canada's civil and military aviation history will be presented, and the most complete collection of aviation books and films in the Nation will be assembled.

When a visitor first enters the building, he will see the RCAF Book of Remembrance and the laser beam symbolizing the eternal flame. All of the Air Force colours will frame the left wall, where over 200 squadron emblems, mounted in edge-lit acrylic plastic blocks will be displayed. To the right is the solarium, a floral display area providing a quiet place for meditation and reflection. Further along is the Memorial Chapel, and then one enters the Hall of Canadian Aviation History.

This part of the complex, on the north side of the building, occupies over one third of the 52,000 square feet of floor space. The latest electronic display methods will be used to present the great exploits of Canada's aviators. In one location, the visitor can choose from a panel of eighty stories by pushing a programme button. Two projectors, a small computer programmer and an eighty track tape deck can present slides or film with a bilingual voice track heard through an earphone or loud-speaker.

Among the proposals under consideration for the little people are a fighter cockpit with air to air combat scenes appearing through the windscreen, and a bomber mockup with bomb doors opening to reveal terrain moving below.

Another myth that plagues the canvassers is the assumption that the Fund has salaried employees. Air Marshal C. R. "Larry" Dunlap, who heads up

the program, donates his time without pay, and DND has loaned two Service types and a steno to the office. A professional fund raising organization was employed initially, but that contract has now expired. Thus, administrative costs are pretty low.

The Trenton location is one of the more controversial aspects of the proposal. DND couldn't donate land in the Ottawa area, and the Fund couldn't afford to buy land in any metropolitan location. The 35 acre parkland site at Trenton was made available at no charge, and it lies within a mile and a half of the 401 highway. Upper Canada Village is quite a piece down the road, yet they draw huge crowds every year. The choice was really between building at Trenton or forgetting the whole idea.

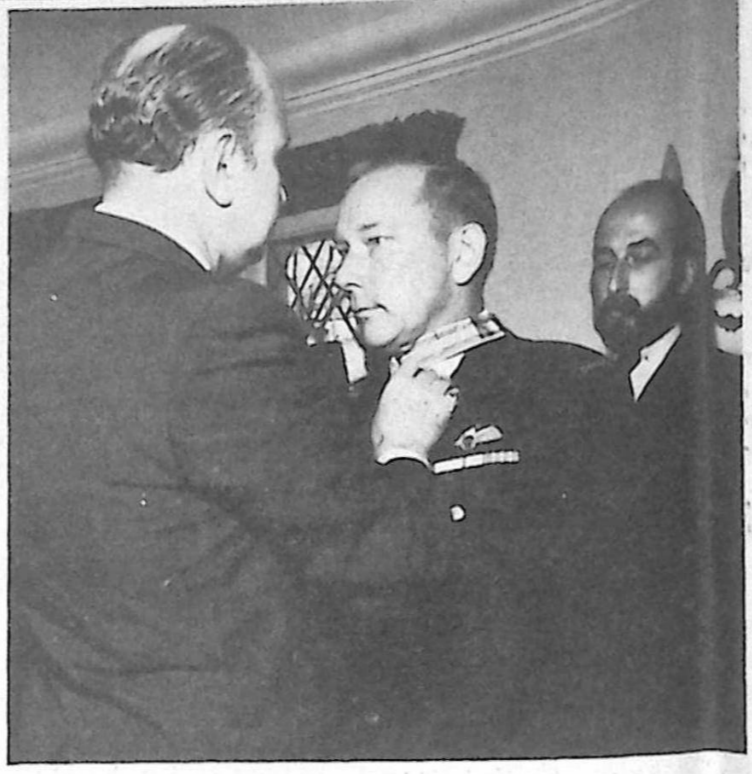
Many Canadians know very little about their aviators' achievements and exploits. Unfortunately the facts are becoming obscure because of our reluctance to tell our own story, which is something of a national trait. For instance, do you know about the five RCAF Sergeants who flew an old Wellington as a decoy during WW2 night bomber raids, hoping to be intercepted and thus learn the frequency of the German fighters' radar? They made contact on their 18th harrowing mission, and were nearly shot to pieces, as a result. But their heroism resulted in jamming problems for the Luftwaffe radar operators for the rest of the war.

And how about Corporal Peter Engbrecht, the only non-pilot ace in the world? He shot down 9 enemy aircraft as an air gunner, one of them on his very first combat mission. He won the Conspicuous Gallantry Medal for a double kill, then went out and nailed three more the night after he was decorated. He's still with us, serving at CFS Beausejour in the radar business.

And what about our world firsts? Canadians have been leaders in many aviation developments, from the first successful variable pitch propeller to the invention of the anti-"G" suits worn by today's fighter pilots. We are leaders in short take-off and landing techniques (STOL) and we've pioneered in special bush plane designs which have aided in the development of many countries beside our own.

There are hundreds of fascinating tales of ingenuity, courage and heroism in our aviation history. Most of our children know a good deal about the Wright Brothers, Charles Lindbergh and Neil Armstrong. But do they, or we, for that matter, know about Billy Bishop, Ray Collishaw, Buzz Beurling or Johnnie Fauquier? Perhaps more importantly, do we care?

It'll take quite a while to raise another \$3 million, but it took quite a while to rack up all those famous stories, too. Meanwhile, the drive for funds continues. Any queries on contributions can be sent to Memorial Fund Project Office, Room 1047, "C" Building, CFHQ, Ottawa 4.



Peruvian Presentation

Lieutenant-Colonel W. I. Butchart, centre, of Lion's Head, Ont., commanding officer of 424 Sqn., Trenton Ont., was decorated recently by the Peruvian Government for his part in the Peruvian earthquake disaster relief operations last June. Decorating Lt. Col. Butchart at a ceremony held recently at the Peruvian Embassy in Ottawa is Ambassador to Canada His Excellency Cesar A. de la Fuente L., with Second Secretary Mr. Xavier Escudero, right, looking on. Lt. Col. Butchart and his officers, all pilots, flew five twin-engine Caribou aircraft in high altitude hazardous flying conditions using make-shift runways in the Andes mountains to ferry 90 tons of supplies and evacuate more than 800 people during the month-long operations.

(Canadian Forces Photo)

Letter Needed For Insurance in Germany

OTTAWA (CFP) — Expecting a transfer to Germany in the near future?

Intend driving a car while on European duty?

Beginning January, 1971, to qualify for premium insurance reductions for accident-free drivers, a letter from your previous insurance company, not your agent, is required by German insurance companies.

In the past German insurance companies would grant premium reductions on the basis of a duly signed affidavit from the Judge Advocate General's office.

Now servicemen must have a letter containing the full identity of the insured including his SIN, type of insurance carried and details of any claim, if any, against his insurance coverage.

German companies have been granting reductions in premiums of up to 50 percent for claim-free drivers for a period of one to three years and there is also one American company which will deduct 30 percent for the same period.

So, if you want to drive cheaply when you initially get to Germany, make sure you have the required letter.

Airevacs 'Pick Up' Over Holiday

Five airevacs in the past two weeks for the Flyin' Fungus is proof that the airevac business is not only steady but it is picking up.

At 6 p.m. on Dec. 22 Captain Spurgeon and his crew flew to Kelowna to take a patient from the local hospital to the Vancouver General Hospital. They were followed by Captain Adams and his crew on the 24th who also flew to Kelowna to pick up an accident victim and take him to Vancouver General. The last Airevac of the year fell to Captain Durant's crew who took still another accident victim from Kelowna to the familiar looking Vancouver General on Dec. 30.

The first incident of the year took place on Jan. 2 and was a tragic affair. The Gospel Light, a Pentecostal Mission Boat, was enroute from Coal Harbour to CFS Holberg. On board were Rev. and Mrs. Benterud, their three children and Lt. and Mrs. Miller from CFS Holberg. About 7 miles out of Holberg the galley stove exploded and all aboard were burned with varying degrees of severity. Some of the people jumped into the icy water and after some time the two men managed to get everyone into the lifeboat and send a distress call. On receipt of the call, Rescue Co-ordination Center, Victoria, dispatched the Nimpkish and alerted 442 Sqn. to a possible airevac.

The Nimpkish, the crash boat at Holberg, promptly went to the scene and took the survivors (Mrs. Miller had died while in the water) to the local hospital at Holberg.

As soon as it was evident that an airevac to Vancouver was necessary, a Labrador left for Holberg with Dr. Lowden, NS Hilly, WO Woznow and CPO. Eddy on board. On their arrival they assisted in preparing the patients for the flight. Unfortunately, by this time one of the Benterud children had died also. The Labrador took off with the survivors and medical staff at 5 p.m. and by 7 p.m. they landed in a school yard near the Vancouver General and turned the incident over to the hospital staff. Latest reports are that all are doing fair.

On Jan. 4, Captain Foster flew the first serious hockey victim of the year to Victoria.

New Life For New Year

Mrs. D. a vital young mother of four tiny children, faces the New Year with a New Life.

It did not seem possible last summer when she entered Willow Chest Centre, B.C.'s major treatment hospital for tuberculosis.

She was diagnosed to have pulmonary tuberculosis, as well as tuberculous peritonitis, rarely seen by TB specialist today.

When Mrs. D. entered the Centre she suffered a high fever and painful mass of infection in her abdominal wall.

For days, she tossed between life and death, held gamely on, while skilled medical treatment and modern TB wonder drugs began to take effect.

By coincidence, two other women were admitted to Willow

Chest Centre about the same time with similar symptoms. They, too, had tuberculous peritonitis.

They lost their battle and their lives.

Mrs. D. had youth on her side, a strong body, and was able to conquer the massive TB infection which travelled through her whole bloodstream and localized itself in the abdominal wall.

Her story is one which the medical staff at Willow Chest Centre views with pride. They were able to give Mrs. D. a new life for a New Year but in order to stay well she must remain on TB wonder drugs for a period of at least two years.

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Centennial '71 Photo Contest

Camera fans who fancy themselves as colour photographers can win cash prizes as they record exciting Centennial '71 activities in British Columbia.

More than \$3,000 in cash prizes is being offered by the British Columbia Centennial '71 Committee, it is announced by L. J. Wallace, General Chairman.

"The contest is open to any individual, resident or visitor," Mr. Wallace said. "All photographs must be taken in British Columbia, and during Centennial year 1971."

Only restriction on entrants is that they must not be connected with the British Columbia Department of Travel Industry or the Provincial Centennial Committee.

Film dealers and processors throughout British Columbia are co-operating with the Provincial Centennial Committee, and are being supplied with combined entry forms and mailing envelopes, with full details of rules and prizes offered.

The contest opens January 1, 1971 and closes September 30, 1971.

Photographs — COLOUR ONLY — will be judged in three classes: 1. Scenic. 2. Centennial event. 3. Photo-story of from 4 to 12 photographs, captioned, and with a text of not over 600 words.

Prizes will be awarded by a panel of three judges selected by the British Columbia Centennial '71 Committee.

Certificates of merit will be awarded to prize winners in each class, and to the processors and film suppliers of the prize-winning prints in each class.

Cash prizes will be paid in Centennial '71 dollars as follows: Classes 1 and 2: 1st prize - \$500; 2nd prize - \$250; 3rd prize - \$100; 15 prizes at \$10.

Class 3: 1st prize - \$750; 2nd prize - \$500; 3rd prize - \$250.

Prizes to the film suppliers and to the processors connected with the winning prints, in each of Classes 1, 2, and 3: 1st prize - \$200; 2nd prize - \$150; 3rd prize - \$100.

All entries must be submitted in the official envelopes provided. These may be obtained from local film merchants or processors, who will also provide a complete set of rules.

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MONDAY & SF 42/43 FRIDAY	0900	Comox	0830 SF42
	1035	Vancouver	0925
	1225	Port Hardy	1115 SF43
	1330	Vancouver	1300
MONDAY SF 44/45	1730	Comox	1700 SF44
	1900	Vancouver	1830 SF45
TUESDAY SF 40	0730	Comox	0700
	0815	Vancouver	0750
	0900	Abbotsford	0830
	1015	Victoria	0930
		Comox	
SF 41	1500	Comox	1415
	1545	Victoria	1515
	1625	Abbotsford	1600
	1715	Vancouver	1645
		Comox	
FRIDAY SF 46/47	1800	Comox	1730 SF46
	1920	Vancouver	1900 SF47
	2020	Victoria	1935

Note (X) No AMU facilities at Abbotsford or Victoria. Passengers will handle own baggage. SF 708 CC137 arrives Comox 1935 Fridays. SF 707 CC137 departs Comox 0930 Saturdays. Baggage wt. is 40 lbs. per person.

Passengers are advised to familiarize themselves with CFAO 20-20. Reporting in time for all SF: 45 mins. prior to departure.

Local scheduled flights will be carried out when search and rescue commitments permit.

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Chapel Chimes



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Rev. Wm. Archer — Base Chaplain (P)
 Sunday, January 10 — Morning Worship at 11 a.m.
 Sunday, January 17 — Morning Worship at 11 a.m.
 Sunday School — Children 7 to 14 years meet in the Chapel at 9:30 a.m.
 — Children 3 to 6 years meet in the PMQ School at 11 a.m.
 Sunday School classes resume this Sunday, January 10th.
 Babies and children under three are cared for by Guild members in the Chapel Nursery each Sunday while parents are at church.
JUNIOR CHOIR:
 Practices are held every Thursday at 6:00 p.m. in the Chapel.
SENIOR CHOIR:
 The Senior Choir practices are held each Thursday evening at 8:00 p.m. under the direction of Mr. Walter Yeomans.

R. C. CHAPEL

Father James G. Campbell — Base Chaplain (RC)
 SUNDAY MASSES: 9:30 a.m. and 11:00 a.m. in the Chapel
WEEKDAY MASSES:
 Tuesday — 7:30 p.m.
 Wednesday — 4:30 p.m.
 Thursday — 4:30 p.m.
 Friday — 7:30 p.m.
 Saturday — 7:00 p.m.
CONFESSION: After Mass on Saturday at 7:00 p.m. and before weekday Masses.
BAPTISM: By appointment.
CATECHISM CLASSES FOR PRE-SCHOOL AND KINDERGARTEN CHILDREN:
 Classes for all children 4 years of age and not yet in Grade 1 are held on Sundays in the Parish Hall at 11 o'clock.
CATECHISM CLASSES: Are held each Wednesday evening from 6:30 to 7:30 p.m. in the PMQ School. This is for Grade 1 to 8 inclusively.
CWL: The regular CWL meeting is held the first Tuesday of the month at 8 o'clock in the Parish Hall.
CHAPEL COMMITTEE AND PARISH COUNCIL: Meets the second Wednesday of the month at 1:30 in the Parish Hall.



Chosen Miss G. P. Vanier, last December 22nd was Miss Debbie Webb, 17. Debbie is the daughter of Capt. and Mrs. D. J. Webb of Courtenay. She will reign as Miss Vanier for a full year and it is hoped, that despite a small technicality concerning 12 months residency in the valley, (It's the Webbs second tour here) she will enter the Snow Queen contest next month. (A MacPhoto)

Library Explosions

Explosions are rocking British Columbia libraries — explosions of information, population and technology.
 And the reverberations will soon be felt as librarians embark on a program to involve the public in the problems facing library development.

Preparations are underway to hold a Centennial Citizens' Conference on Libraries on May 3, 1971 in Victoria, aimed at focussing public attention on the plight of many libraries.

The potential of libraries is unlimited, and librarians visualise them among B. C.'s immense but untapped resources.

The Citizens' Conference will aim at acquainting delegates with this potential and how its development can be secured during the next decade.

"A few libraries are providing high calibre service already, but far too many are horribly sub-standard," says Conference Co-ordinator Alice Simpson of Vancouver.

"Most libraries just aren't equipped to cope with the expanding demand for books and other materials which are part of the modern approach to the information education, recreation cycle," continued the un-library-like redhead whose job as consultant with the Library Development Commission brings her into contact with many libraries in the province.

How this problem may be tackled will be just one of the subjects covered at the B. C. government-sponsored conference.

Many conference speakers will be drawn from outside the library profession and include Gordon Draeseke, president of the Council of Forest Industries; John Fryer, general secretary of the B. C. Government Employees' Union; and John Church, assistant director for professional development, B. C. Teachers Federation.

The more than 250 delegates to be invited to the conference by the provincial government will represent a cross section from all walks of life and from all parts of B. C. This grass roots approach to library development stems from a belief that libraries are for people.

Although the conference is a "first" for Canada, similar affairs have been sponsored at the state level in the U. S. A. Mrs. Eileen Mansfield, Trustee Co-ordinator, Washington State Library, has explained to B. C. libraries how a similar event in that State led to a mushrooming of public interest in libraries both by government officials and the general public.

That's Show Biz

by NOLA WELLS

A recent advertisement in the Vancouver Sun in regards to the new Paramount motion picture 'Love Story' starring Ali McGraw and Ryan O'Neal, really made me mad. It said simply that 'Love Story' is for the ladies, and the ladies would really love 'Love Story'. To be angered by such a harmless advertisement, deserved investigation. It couldn't have anything to do with the movie itself, because I haven't even seen it yet. So I guess it was the age old reference that only women could possibly appreciate a story of love.

Perhaps there is more Women's Lib in me than previously thought, because this really riled me. If love is the basic ingredient to that all human beings need to give and to receive, in order to survive, now and in the future, surely it should be of value to both men and women. Why is it embarrassing for a man to watch a love story portrayed in a motion picture or on a T.V. screen? Why does it all have to be reduced to raw sex before a man can feel comfortable viewing it? Perhaps if men were taught more about love in its many degrees, by their fathers early on in childhood, they wouldn't refuse to view any display of it, or conveniently fall asleep after being literally dragged out by some insistent wife.

Haven't men watched the many degrees of love for years on the motion picture screen? Roy Rogers' love for his horse Trigger. (Do you know he actually had the animal stuffed and mounted) Ma Kettle's love for good-for-nothing Pa... a man's love for his country where he was willing to die for it... Lassie's love for his master... Abbott's love for Costello. Why even should he refuse to watch just another form of love, and a most important degree... the love between a man and a woman. Surely this degree of love should be of interest to men and women, if it is to be adequately understood, in order to drop the divorce rate and strengthen little children's lives instead of destroying them.

Many programs appear on T.V. in regards to Love, unfortunately most men switch them off, in favour of 'realistic violence'. Many books are available in book stores and libraries on the subject, but most men regard them as corny and as useless to them as a book on natural childbirth.

Erich Fromm believes loving to be an art, and if this is so, surely it has to be learned by both men and women, as any art has to be learned. No Doctor of Medicine receives his degree by refusing to read and observe and learn about the art that he intends to devote his life to. Therefore why should men need love and seek it throughout their lifetime, without truly learning about it in its many degrees?

If love is supposed to be our eventual answer to peace in our time, (surely anyone would agree that it beats hate) then shouldn't men be willing to feel tenderness without embarrassment, and be willing to learn about the art of loving without believing it to be a waste of valuable time.

If men are more proud of loving automobiles and getting ahead in their jobs leaving the subject of love up to us sentimental women, (who after all are more geared for such silliness) then I have sincere doubts for the future of man.

Drama Conference in February

The second annual Drama in Education will be held February 19, 20, 21, 1971, in Victoria at the Empress Hotel. The conference will be hosted by the Association of British Columbia Drama Educators in co-operation with the Theatre Department of the University of Victoria.

The theme of the conference is 'Curriculum Development' in the B. C. school. A numerous amount of activities will be offered at the conference such as panels, demonstrations, performances, and workshops.

The conference will also be honored with such guest speakers as John Ripley from McGill University, Agnes Haaga from the University of Washington, and Victor Mitchell from the University of Calgary. Almost 200 people are expected to attend the conference. Anyone interested in attaining more information may do so by contacting: Mr. Owen Erwin, c/o Theatre Conference Theatre Department University of Victoria, Victoria, B.C.



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WO & Sgts Wives Club

The regular monthly meeting of the WO's and Sgts. Wives Club was held in the Mess Lounge on December 8.

During the very short meeting, elections were held and all committees were filled by volunteers. They were:

Membership - Mona Collier
 Food - Barb Johnson
 Entertainment - Win Navens.

The annual Christmas Party followed, with many interesting games, members exchanged gifts then all enjoyed a most delicious pot luck supper. To close the evening Christmas carols were sung.

The next regular meeting will be January 11, it is hoped all members will attend as many interesting projects have been planned.

MAXI DRIVERS

BURLINGTON, ONTARIO: Women drivers here may have to face the high cost of keeping in-fashion by risking higher insurance costs - if they wear a maxi coat.

According to the Public Service Division of British Leyland Motors Canada Limited, insurance chiefs in Britain are worried because suddenly "safe" women drivers are making accident claims - that are being traced back to the maxi coat.

One insurance official told British Leyland: "There is suddenly a worrying number of claims from women drivers who we have found were wearing maxi coats at the time of their accidents."

Herbert Sheppard and Company, national brokers based at Tunbridge Wells, Kent - in the heart of Britain's hop growing country - pioneered a discount car insurance scheme for women drivers "because they are safer."

But now the brokers say: "We

are concerned because we have had several claims from women in which we think their maxi coats got in the way of the gear lever or brake. In other words - maxi coats could have caused an accident, and a claim."

"We are trying to find a way of keeping the 10 per cent discount for women drivers, but imposing a penalty if a woman was wearing a maxi at the time of an accident."

Herbert Sheppard, head of the firm, adds: "We are thinking of a \$60 to \$75 excess if a woman motorist was wearing a maxi coat at the time of an accident. When her policy falls due for renewal we would apply the excess."

At least two major insurance companies in London, England, are concerned about women drivers becoming a danger in mid skirts and maxi coats. A British Insurance Association official says:

"When you think about it there must be danger in a driver - in

this case a woman - smothered and wrapped in masses of midi and maxi clothes trying to drive a car safely.

"Think of her having to cope also with children - and you can see the added danger of being in-fashion with maxi and midi clothes."

In Canada, says British Leyland, insurance companies are not unaware of a possible hazard to the user of a maxi coat but are doing a "let's wait and see" routine as they claim not a lot of women are wearing the maxi coats here.

Charley Tuna Gets His Mercury Checked

In a joint announcement today, the Honorable John Munro, Minister of National Health and Welfare, and the Honorable Jack Davis, Minister of Fisheries and Forestry, announced that as a result of widespread concern about mercury in the environment, all lots of canned tuna destined for the Canadian market are being analyzed for mercury. Those lots found to contain more than acceptable amounts are not being released for sale.

The Ministers stressed that results to date pose no acute hazard to human health. The public need not be concerned about the safety of stocks of tuna at the retail level, or in homes.

Staff of both Departments are continuing extensive programs of analysis for mercury in Canadian foods, to ensure that the public remains safe from risks of mercury poisoning. For example, numerous analyses of Canadian canned salmon have shown it to be safe.

CFB Comox Golf Club News



Mirrored in beautiful lac Don Parmitier is the new golf club house shown as it neared its exterior completion last month. Details of the task are sketchy, but information leaked out that it is a surplus steel lock building that was put together by a migrant band of student pongo engineers who did the job as a class project.

It's January and it's winter but in the Comox Valley golf weather is around the corner. (The golf nuts are playing now.) At CFB Comox our new golf course is nearing completion and will be ready for play on May 1, 1971. The course executive has been named and is now hard at work ensuring that everything will be ready to go on May 1. Since, I am sure, many questions need answering I will list the Board of Directors and their Local phone number below. Don't hesitate to call them.

Chairman: Capt. W. J. Holland - Local 308; Exec. Secretary: Capt. D. G. Stuart - Local 463; Director of Golf: CWO J. R. Zeiner - Local 440; Director of Clubhouse: Capt. J. A. Byrne - Local 372.

Now for a little about the new course. Nine holes, 3205 yards, playing to a par 36. The course is set in the wooded area in the southeast corner of the base and boasts a fully automatic watering system. The grass on both the fairways and greens has taken well and a little warm weather should see us well on our way. The name of the new course is "Pongo". Well to tell you the truth, the executive just couldn't decide, so they are going to let you, the future members, provide the name. Elsewhere in this issue of the Times you will find a Name The Golf Course

form. Just fill it in, mail it to the Editor of the Totem Times and who knows, you may be the winner of a \$25.00 cash prize.

What does the course look like? What are its facilities? How much does it cost to join? These and a multitude of other questions are probably on your

mind. Each issue of the Totem Times will carry an up to date report that should answer these and other questions you may be asking. Watch your mess and canteen notice boards for the membership drive posters that will appear there soon, and get those clubs out and start swinging. See you in two weeks.

WIN \$25.00 NAME THE GOLF COURSE CONTEST

Date: _____
My suggestion for the name of the new CFB Comox golf course is: _____
I think this would be a suitable name because _____
Contest is open to service personnel, their dependents and civilians employed at CFB Comox. Contest closes 18 Mar. '71.
My name is: _____
Address: _____
Phone: _____
Mail to: THE EDITOR, TOTEM TIMES, CFB COMOX
The \$25.00 winner will be selected by the Golf Course Board of Directors.

WIN \$25.00 NAME THE GOLF COURSE CONTEST

League Standings

HOCKEY "A" LEAGUE

	P	W	L	T	Pts
442	17	13	2	2	45
Admin	17	14	3	0	45
Voodoo	17	4	12	1	26
407	19	2	15	2	25

HOCKEY "B" LEAGUE

	P	W	L	T	Pts
15	15	9	4	2	35
Admin	14	8	4	2	32
407	12	6	4	2	26
442	14	4	9	1	23
Raiders	13	3	9	1	20

BROOMBALL

	P	W	L	T	Pts
15	15	9	4	2	35
Admin	14	8	4	2	32
407	12	6	4	2	26
442	14	4	9	1	23
Raiders	13	3	9	1	20

VOLLEYBALL "A"

	P	W	L	T	Pts
30	30	26	4	26	26
442	30	25	5	25	25
BMT	30	15	15	15	15
BAMEO	30	7	23	7	7
CE	30	5	25	5	5

VOLLEYBALL "B"

	P	W	L	T	Pts
33	33	28	5	28	28
USAF	33	27	6	27	27
Tel-Air	33	21	12	21	21
Fire Hall	33	11	22	11	11
Torp Shop	29	6	23	6	6
Supply	29	3	26	3	3

Rod & Gun Club

The December Rod and Gun meeting was a victim of the weather. Several important items were up for discussion but the small turn-out made decisions impossible so the evening was spent discussing hunting, fishing and girls (not necessarily in that order.)

It is to be hoped that all members will brave the elements on Tues. Jan. 19. Plans and suggestions are needed for operation of the Club in the coming year. '70 proved quite successful and '71 can be still better.

For the Hunters ... bring your best deer rack to the Jan. meeting. The antlers must be from an Island deer and shot by a Rod and Gun Member (paid-up.) The Boone and Crockett system will be used for judging and no prizes will be awarded this year for the "One that got away."

Come out and support your Club. Bring your ideas and antlers and let's make '71 a better year for the Comox Outdoorsmen. See you on the 19th. in the Base Social Centre.

The Physical Fitness and Amateur Sports Fund and the Centennial '71 Committee will help defray expenses both in the trials and sending athletes to Saskatoon.

Wallace said the objective of the British Columbia Centennial '71 Winter Games is to help assure the top calibre of teams and athletes represent the province at the Canada Winter Games.

British Columbia was well represented at the first Canada Winter Games in Quebec City, 1967. Our athletes won four gold, 11 silver and 12 bronze medals to finish second behind Ontario in provincial team points.

Ontario amassed 129 points, B.C. 111 and Alberta 107. All 10 provinces plus the Northwest Territories and Yukon are represented at the Canada Winter Games.

Wrestlers did the most winning for British Columbia at the first Canada Winter Games. The sport brought home two gold, four silver and one bronze medals. Skiing followed with one gold, two silver and two bronze.

Special Centennial '71 Winter Games medallions will be struck for winners of the trials and all participants will receive Centennial '71 scrolls.

1971 Winter Games

The countdown for the first major sports event in British Columbia's Centennial year has begun. The big launch will be the weekend of January 9-10.

It's the British Columbia Centennial '71 Winter Games, which kicks off the athletic phase of celebrations marking the 100th anniversary of British Columbia's entry into Canadian Confederation.

British Columbia Centennial '71 Winter Games will be staged in 12 communities and act as trials for the Canada Winter Games to be staged in Saskatoon, February 11-22.

With the exception of skiing, speed skating, hockey and wrestling, all trials will be staged the January 9-10 weekend. Sixteen sports are involved in the British Columbia Centennial '71 Winter Games.

Some 1,046 athletes will be trying for berths on British Columbia's team to the Canada Winter Games. British Columbia will send a team of 204 to Saskatoon.

Hockey (Junior B) has already begun its trials. Teams from five regions began a round-robin tournament in Trail, December 26. The tournament runs through January 2nd.

Alpine skiing trials will be held at North Star Mountain, Kimberley, January 2-3. Cross country skiing will be staged at Tabor Mountain, Prince George the same weekend. Speed skating trials go January 2nd at the Fort St. John outdoor oval.

Wrestling stages its trials January 15-16 at New Westminster Secondary School. Ski jumping trials will be held January 16-17 on Seymour Mountain, North Vancouver.

"Response to the British Columbia Centennial '71 Winter Games has been very good," said L. J. Wallace, general chairman of the British Columbia Centennial '71 Committee. "All sports concerned are really getting behind the project. They want to put on the best show possible."

Wallace said that the British Columbia Centennial '71 Winter Games "will challenge British Columbia's leading athletes to reach their best form before representing the province at the Canada Winter Games."



'Ya gotta have Hart' answered Sergeant H. Hart, son of Mrs. Margaret A. Hart, Courtenay, B. C. when questioned by the Minister of National Defence on his recent tour of Lahr, W. Germany.

Sergeant Hart is the Provost Sergeant with 3 Mechanized Commandos stationed in Baden-Soellingen, West Germany.

OFFICER'S MESS ENTERTAINMENT

JANUARY, 1971

Fri. 8 — TGIF
Sat. 9 — Recovery Party
Fri. 15 — TGIF
Sun. 17 — Candlelight Dinner and Movie
Dinner 1830 — Movie 2100
Fri. 22 — Mess Dinner
Sat. 23 — Wine and Cheese Party and Dance
Fri. 29 — Monster TGIF
Sun. 31 — Candlelight Dinner and Movie
Dinner 1830 Movie 2100

SERGEANT'S MESS

Entertainment for January

January 8, 15, 22, 29 — Weeper's Nights
January 9 — Dance — Music by The Cameos
9:00 p.m. to 1:00 a.m.
Short order cook from 10:30 to 12:30
January 13 — Cribbage Tournament
With Comox Legion
January 16 — Bingo and Dance
Music by The Citizens
\$100 Jackpot in 55 numbers — Fish and Chips
\$1.00 admittance. Extra cards available at door, 25c each.
January 23 — Dance
Music by The Augmented Third
Dancing 9:00 p.m. to 1:00 a.m.
Short order cook 10:30 to 12:30
January 27 — Cribbage Tournament
This is the night we meet B.P.O.E. No. 1
January 29 — Mess Dinner
Cocktails 19:30 — Dinner 20:00 hrs.
Uniform — White shirt, black bow tie.
Evening of Games following dinner.
January 30 — Dance
Music by The Cameos
Dancing 9:00 p.m. to 1:00 a.m.
Short order cook 10:30 to 12:30
Movies on Monday nights at 8 p.m.
January 11 — Where It's At
January 18 — Heaven With A Gun
January 25 — Split

BASE THEATRE

JANUARY, 1971

Fri., 8 Jan. IN SEARCH OF THE CASTAWAYS
Walt Disney Family Show
Two Showings: 1830 hrs. - 2100 hrs
Sat. 9 Jan. HELL'S BELLES
Jeremy Slade, Adam Roarke, Jocelyn Lee Motorcycle Gang
Sun. 10 Jan. LIBERTINE
Catherine Spaak, Jean-Louis Trintignant Restricted
Fri. 15 Jan., Sat. 16 Jan. CARRY ON CAMPING
Sidney James and the comedy Carry-On Gang
Sun. 17 Jan. THE SPLIT
Ernest Borgnine, July Harris, Jimmy Brown Robbery
Fri. 22 Jan. SLEEPING BEAUTY
Walt Disney Family Show
Two Showings: 1830 hrs. 2100 hrs.
Sat. 23 Jan. DOCTOR IN LOVE
James Robertson Justice Comedy
Sun. 24 Jan. FRUSTRATION
Claudine Anger, Pauline Hubschmid Drama
Fri. 29 Jan. THEATRE OF DEATH
Christopher Lee, Lelia Goldoni, Julian Glover Horror
SATURDAY MATINEES
Sat. 9 Jan. 3 STOOGES MEET HERCULES
3 Stooges, Vicki Trickett
Sat. 16 Jan. JUNGLE MOONMEN
Johnny Weissmuller, Helen Stanton
Sat. 23 Jan. EAST OF KILIMANJARO
Marshall Thompson, Gaby Andre
Sat. 30 Jan. 30' BRIDE OF CANDY ROCK
Loue Costello, Dorothy Provine

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Pool Schedule

Sun. 3 Jan. 1900 - 2100 hrs.
Wed. 6 Jan. 1900 - 2100 hrs.
Sun. 10 Jan. 1900 - 2100 hrs.
Wed. 13 Jan. 1900 - 2100 hrs.
Sun. 17 Jan. 1900 - 2100 hrs.
Wed. 20 Jan. 1900 - 2100 hrs.
Sun. 24 Jan. 1900 - 2100 hrs.
Wed. 27 Jan. 1900 - 2100 hrs.
Sun. 31 Jan. 1900 - 2100 hrs.

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**SIDE
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Fine or Regular Grind

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HUNT'S PLAIN

Tomato Sauce

3 7 1/2 oz. tins 39^c

HUNT'S WITH ONION

Tomato Sauce

4 7 1/2 oz. tins 59^c

HUNT'S

Spaghetti Sauce

2 13 oz. tins 57^c

KAM

Luncheon Meat

12 oz. 49^c

CATELLI

Noodles

broad
or fine

2 12 oz. pkgs. 39^c

LEA & PERRIN'S

Worcestershire Sauce

5 oz. btl. 37^c

WINDSOR

Iodized Salt

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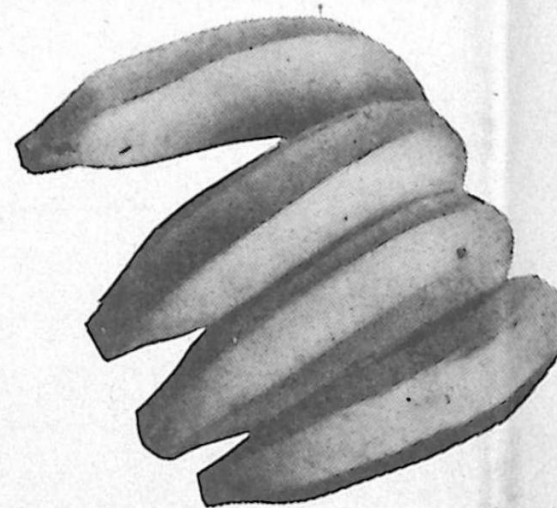
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BANANAS

10 lbs. for 79^c

Apples

Okanagan Fancy Grade

Spartan

7 lbs. for 1⁰⁰

MAKING A STEW?

MEDIUM ONIONS

TURNIPS

GREEN CABBAGE

Mix & Match

Canada No. 1 Grade

10 lbs. for 89^c

TOMATOES

28 oz. tray

39^c

FROZEN FOOD:

BANQUET • Chicken

PIES • Turkey or Beef

4 8 oz. for 1⁰⁰

POLAR FANCY

KERNEL CORN

2 lb. pkg. 49^c

POLAR FANCY-MIXED

VEGETABLES

2 lb. pkg. 49^c

RUPERT BRAND

FISH CAKES

24 oz. pkg. 69^c

ALL PRICES EFFECTIVE:

Wed., Thurs., Fri. and Sat. Jan.

6th, 7th, 8th and 9th

AT COMOX - COURTENAY

Super-Valu Stores.

We Reserve the Right to Limit Quantities

SUPER-VALU

BUY BETTER - SAVE MORE

