

# 



FORD HASN'T HAD A MAJOR IDEA ALL WEEK.

VOL. 12

CFB COMOX, THURSDAY, JUNE 25, 1970



CATHERINE MacKENZIE, daughter of Mr. and Mrs. D.L.MacKenzie is sponsored by 442 Squadron. Cathy is 17 years old and has graduated from Georges P. Vanier School and enjoys watching Totem games.



FAY MULHOLLAND, daughter of Mr. and Mrs H. D. Mulholland is sponsored by the Junior Ranks Club. Fay is 18 years old, attends Georges P. Vanier School and enjoys sports.



LOUISE SIEN, daughter of Mr. and Mrs. S. J. Sien is sponsored by 409 Squadron. Louise is 17 years old and has graduated from Georges P. Vanier School and enjoys



EVELYN LANGLOIS, daughter of Mr. and Mrs. Ernest Langlois is sponsored by the Military Police. Evelyn is 16 years old, attends Robb Road School and enjoys dancing, swimming and skiing.



BE QUEEN?

Which one of these young ladies will be chosen Miss C.F.B. Comox?



#### THE MISS CFB COMOX CONTESTANTS

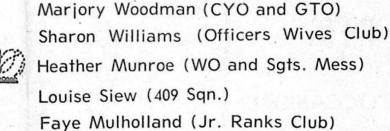
Marion Camilleri (Officers Mess) Dawn Pharoah (407 Sqn.) McKenzie (442 Sqn.) Kathy

Evelyn Langlois (MPs)

Valley Snow Queen Contest.

organizations, had entered:

Barb Fluery (Jr. Ranks Club)



The sponsoring squadrons and organizations have made Plans are being completed for the Miss C.F.B.Comox contributions which will be used towards purchasing Contest sponsored by the Wallace Gardens Community momentos for the contestants, and gifts for the winner and Council. The winner will be the representative to the Comox

> On Monday, 22 June, 1970, the contestants prepared and acted as hostesses at an informal coffee party for the judges which was held at the Totem Inn Lounge.

> The formal judging will take place at the Totem Inn Lounge on Saturday, 27 June, 1970, at 1300 hrs.

> The announcement of and presentation to the winner and runners-up will be made at 2000 hrs. on Saturday, 27 June, 1970, at the Teen Dance to be held in the Recreation Centre.



MARION CAMILLERI, daughter of Mr. and Mrs. Victor Camilleri is being sponsored by the Officers Mess. Marion is 16 years old, attends Georges P. Vanier School and enjoys writing short stories.

BARB FLUERY, daughter of Mr, and Mrs. Jack Fluery is sponsored by the Junior Ranks Club. Fay is 18 years

old, attends Robb Road School and enjoys teaching



DAWN PHARAOH, daughter of Mr. and Mrs. Basil Pharaoh, is being sponsored by 407 Squadron. Dawn is 16 years old, attends Georges P. Vanier School and enjoys

drama.



When the nominations closed on Friday, 20 June, 1970,

the following ten girls, sponsored by various squadrons and

The task of choosing the winner will fall to Mr. A. Cobban,

Mayor R. D. Ellis, Mayor G. L. Hobson, Robert Larochelle,

Kim Smith, Mrs. M. Vickberg, and Mrs. Alfred Walsh, who

SHARON WILLIAMS, daughter of Mr. and Mrs. Douglas Williams is being sponsored by the Officers Wives Club. Sharon is 17 years old, attends Georges P. Vanier School and enjoys teaching dancing.



HEATHER MUNROE, daughter of Mr. and Mrs. E. H. Munroe is sponsored by the W.O.s and Sgts. Mess. Heather is 16 years old, and attends Georges P. Vanier School and enjoys music and dancing.



MARJORIE WOODMAN, daughter of Mr. and Mrs. A.R. Woodman is sponsored by the CYO, Protestant Chapel and G.T.O. groups. Marjorie is 17 years old, attends Georges P. Vanier School and enjoys drama.

#### C.A.F. aids Peru government

(CFP) - Five Caribon and one Case therenks arrived in Lima on June & from CFBs Trenton and Unlands to aid the Peruvian government in earthquake disaster relief operations.

the five Caribons were placed at the disposal of Peru's minister or agriculture, the relief astralians coordinator.

Mother ship for the light aircraft, the Hercules carried two X-ray machines, 41 tents, 642 ions of spares and 34 maintenance technicians to ensure maximum serviceability of the CALABON UPOST

The Carebous flew from Lima to Anta, 100 miles away at the A metroot level in the Andes. They curried food and medical supplies for the lewn of Huaylas habere at least 300 were reported which and 1,000 others were wounded and required medical

aldention and evacuation. The air and ground crews are अपूर्व क्रिसीमाल सर्वत्रकृतिक कार्य व्यक्तित to the entiretake sene

published an average go points a day, the five Canadian Armed kniene Chripon auchait pare transported more than 70 tons of सामग्रीहरू आर्थ और एमार कार्यमुख्य the bast sex days.

the Children Mexico Bise weekly the only airlift into Anta. Applied Brinds is thinkeling will as 物 約68 海市縣 经

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At the authority severe of PLANT STANDARD STANDARD STANDARD THE PRINT OF WHITEFULL WILLIAMS one and water, chains around

THE WHAT WE WANT THE THE PRINCE AND A THE some hoose is now it as got brokens The Title Gross in the Carabona here been replaced by a stream of shoot whiles and 955/16

the case carso has changed too, the demand for plasma, honoternica, vaccines, and alberts of Rock has Bullen of Indicade the Carebous are arations (we drawing water hanters and warm clothes to took he survivers, alive until the tweets this the area can be mine

he the unsenex in the Cultaion de Buaylas tegion cases, homoxee, a new orx for relief has some mineral metals in the area would prove when the property k hally silved to the construction or a primary. If the new turnesty week, there will be little relief to the Canadian aircreus. stressed these by hundreds of None of Person mountain hing.

#### Optional head gear approved

QUITATION (CEPT) - Creamonial and ontown I trans, of dress, for west-with speen uniforms were annoved resembly by defence

Torribe the the was headgear. The familiar bases, and wedge the rise sixes the street light. Both Have of beedlessi- will be arms) cases green only. When produced they will be sold only. Brown Child & Outres

Single and winter working cap-Hesters were also approved Twee care will be of the baseball State with east those for winter

& ouremonial; bult; of whiteidentific them underkeing uses Errors, was approved for programmati It Induces a Christian Proces Creek Inquited

Wh Wh wholsted bease buckles The shoote many while an Mediali, Nevachistosiolist been let o contrick. In the meantime Press variations, suverning the WHELL OF MARINE CARDS STATE DETECTS will be required and an-Nonnescial Base date.



PERUVIAN GETS CANADIAN MEDICAL AID - An elderly woman evacuated from the earthquake-stricken area high in the Peruvian Andes is treated by Capt. Ben Pasicov, detachment medical officer of 424 Squadron, CFB Trenton, aiding the injured and homeless in Peru. Capt. Pasicov is the son of Mr. and Mrs. Herb Pasicov. 54) Anderson Ave., Winnipeg. (Canadian Forces Photo)

An early morning bomb blast at CEHQ in Ottawa yesterday caused extensive damage, and left one dead and two injured. The improvised explosive device, consisting of 10 to 12 sticks of Aynamite, had been placed on a B building window ledge, just outside of 705 Communications Son's relay room. At 6:25 a.m. local time, the explosion oc-

#### Free Trip

The remains of Armed Forces personnel who die while serving outside Canada or the United States may now be returned to Canada at public expense, if requested by next of kin.

Previously, Armed Forces personnel, civilian employees of the department and their dependents who died during assignment in foreign countries, were buried abroad in cometeries designated by the Canadian government.

curred, killing Mrs. Jeanne St. Germain, the 60 year old civilian lady communicator who was on duty at the time. Injured in the blast were Cpl H.B.-Vallance, 33, and Pvt G.I.Swafield, 23, Injuries to both men were minor.

Damage to B building included approximately 100 windows blown out and a 12 foot wide hole blasted through the wall, and will cost between ten and fifteen thousand dollars to repair. Damage to the militia stores building, behind B building, is estimated at \$700.00. Some damage was also done to Lisgar Collegiate, across the street, and the blast caused broken windows as far away as Cooper St., a block

Regular patrols of the streets surrounding CFHQ are carried out every night, so the bomb must have exploded shortly after it was placed. There was no information available as to who was responsible for the bombing. Police are continuing their investigation.

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#### Forces build north airstrip

The Canadian Forces will construct six airfields in Canada's eastern Arctic area for the Department of Indian Affairs and Northern Development over the next five summers, starting

this August. The airfield sites are Pangnirtung, Chesterfield Inlet, Pond Inlet, Whale Cove, Igloolik and Cape Dorset, all settlements on Baffin Island or on the mainland near Hudson's Bay.

a continuing program of northern development by DIAND, and will open the settlements to yearround commercial or emergency flights.

The Canadian Forces will provide construction crews, the Department of Transport the airfield design, and DIAND will finance the program.

The basic runway design calls for gravel strips a minimum 2,600 feet long and 100 feet wide suitable for two-engine aircraft Where possible, however, the defence department crews will increase the basic field to 4,000 feet by 150 to accommodate Hercules transports, and thus give the fields a military capability. Cost of the extensions, estimated at \$650,000. will be borne by the Defence department.

A workcrew of about 15 military engineers and heavy equipment operators from Canadian Forces Base Winnipeg will arrive at the first site. Pangnirtung (pop. 650) in early August.

The construction engineers estimate they will complete about 25 per cent of the work at Pangnirtung between mid-August and the end of the summer work period in September.

#### 407 DEMON DOIN'S farewell to a fine Gentleman, and replace Major Hoover who

407 Squadron is saying farewell o Major Bob Greenlaw who is retiring from the service after 24 years. Bob has served in a variety of positions in many parts of the world during his service career.

Bob has been awarded the France and Germany Star, CVSM and Clasp, 1939-45 War Medal and CD and Clasp. He also holds the Wireless Operators Badge and Navigators Wing. Bob received his commission The \$2 million project is part of upon re-enlistment and was promoted to Flight Lieutenant in 1956 while serving with Recruiting Unit, Halifax. In 1966, shortly before coming to 407 Squadron, he was promoted from Squadron Leader to Major, the

rank he now holds. During the Second World War, Bob served on Mosquitoes in France, and was overseas from Nov. 1944 to Jan. 1946. It was during this little excursion that he married his lovely wife, Olive, in Watford, England in 1945.

407 and the Service would like to take this opportunity to say moved into the ExO's office to

to wish him a full and prosperous life to come.

Crews three, four and five departed last week for Barbers Point, Hawaii to participate in Aswex '70 with representatives of the RAAF, RNZAF, USN and the Japanese Defence Force. A full account of their activities will be published upon their return.

A vote of thanks from all squadron members goes to Barry Morris, Gord Reed and Bob Curry who put in many hours of hard work turning out distinctive plaques to be presented to the participating nations in Aswex 70. The plaques, made of

mahogany, were a replica of the island of Oahu with the participating squadron numbers painted on the front. The presentation will be made at the conclusion of the exercise.

With all the departures reported last week you may think 407 strength is dissipating. This week we have the new arrivals to the Squadron. Major Morse has

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recently retired. Major Morse's career has been highlighted with his transfer to Europe in 1964 where he carried out an in depth study of the winefields of Southern France, Welcome aboard Sir and may we recommend Andres Rose 1970.

Dennis McMahon and Pete Hill have been a happy addition to the Nav cell on the squadron. Both are former Radio Officers who have recently cross-trained to Navigator. Gives the Navigation section a little more class, you

The major problem will be compounded shortly with the might say. arrival this summer of Major Stan Froehler and Major Dandeno. Stan has been the command pilot in Halifax and replaces Major Cy Dunbar who is

transferred to Headquarters, Halifax.

407's participation in the Air Force Day was high-lighted with an excellent flying display by Major Dunbar and Captain Mike Taylor. Major Dunbar, showing how manoeuverable the Argus really is, certainly amazed and delighted the spectators with his flying display.

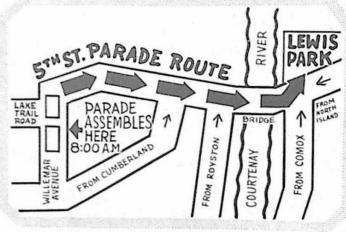
There are a number of crew changes this week. The USN exchange officer Lt. Cdr. Dan Desko has assumed control of crew two with Gerry Regehr moving into Standards section. Flight Lieutenant Ray Rumming the RAAF exchange officer has taken over as Captain of crew three. Major Gustafson will be assuming the responsibilities of Flight Commander with Major Osborne relieving Major Giles



#### ALL ROADS LEAD TO COURTENAY'S

## Gelebrations





PLAN TO MAKE IT A HOLIDAY THE WHOLE FAMILY WILL

ENJOY AND REMEMBER JUNE 30

LONG DISTANCE SWIM COMOX WHARF TO ROYSTON BEACH

Starting time 5:30 p.m. Entry Forms available at C.R.A. Hall Sponsored by the CRA.

Trophy will be presented to the winner on July 1st FRONTIER DAY

CIVIC PARKING LOT Caffee and Pancakes Dancing and Many Other Even

TEEN FUN EVENTS Entry forms from any member of Teen Committee or M. Vickberg

July 1st - Rock and Folk Talent Exhibition, Lewis Park nea C.R.A. Hell - 1:00 p.m. July 1st — Teen Dance, Native Son's Hall, 8:30 p.m. -12 p.m. \$2.00 per person (Featuring "ELIJA)

Open to Island Residents Only JULY 5th. Starting at 11:00 a.m. Tyee Bowl dults \$1.00 - Children under 12 Fre

RODEO

PARADE MUSTER TIME - 8:00 a.m. - LAKE TRAIL SCHOOL. (Judging starts at 8:20 a.m.)

#### GIGANTIC PARADE STARTS AT 9:30 a.m. SHARP LED BY COURTENAY LEGION BR. NO. 17 COLOR PARTY and PIPE BAND

- ORGANIZATION OR PRIVATE FLOAT -PARADE PRIZES

First Prize \$150, Second Prize \$75, Third Prize \$50 School or youth organization: First Prize \$50, Second Prize \$30 Best Float from outside of Comox Valley \$100

In addition a perpetual trophy for Best Commercial Float

Entries may compete in one category only

ALL OF THE FOLLOWING EVENTS AT LEWIS PARK UNLESS INDICATED OTHERWISE 9:30 - 10:40 a.m. - C.F.B. Comox Aircraft Flypast. 10:40 a.m. - Official Opening Ceremonies by his worship, Mayor Hobson.

11:00 a.m. - Tattoo by Rainbow Sea Cadet Band (from Victoria) 11:30 a.m. - Drill Exhibition by Sno-Ney-Mo Drill Team (Nanaimo) 11:45 a.m. - Children's Sports sponsored by BPOE No. 60 Courtenay

11:45 a.m. - Band Concert by the World Famous Powell River Pipe Band 12 noon - C.R.A. Fun Day begins 12:30 p.m. Teen Pie Eating Contest.

SUPPORT

JULY 1st CAR BINGO at

STARDUST DRIVE-IN THEATRE

JUNE 18th, 1970

12:45 p.m. Horseshoe Pitching open to all comers. 1:00 p.m. - Legion Bingo (Courtenay Branch No. 17) all proceeds to

PAINTING ARTISTS

FENCE

1:00 p.m. - Opening of Teen Festival. Courtenay Kinettes Tea for Senior Citizens in CRA Hall 2:00 p.m. - Sky Diving.

2:45 p.m. - Challenge Race between Col. G. Nichols, Hon. Dan Campbell and Myrtle Vickberg. Official starter Mayor Frank Ney, of Nanaimo.

- SPECIAL PRIZES FOR ALL KIDDIES' ENTRIES -

Kiddies' Papier Mache Head entries

First \$10.00, Second \$5.00, Third \$3.00

Best Glamour Horse and Rider - \$25.00

3:05 p.m. - Fire Chief's Race - Courtenay, Cumberland, Union Bay,

Comox and CFB Comox Fire Chiefs. 3:20 - Bandsmen's Race (Complete with musical instruments)

3:45 p.m. - CRA Bathing Beauty Contest. 3:45 p.m. - Bicycle Draw for 6 bikes (on stage in Lewis Park)

6:00 p.m. - Old Timers Ball Game. MERRY ANDREW DAY CARE CENTRE

Food and Refreshments available at various concession booths, located on the grounds For Further Information 334-2404, 334-2758 Contact Myrtle Vickberg

Children's Lost and Found Booth Located by Concession Booths

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#### **Nighthawks** Nest

One of the highlights of the spring social season occurred last week when the colonel of the regiment presented his loyal followers with food, drink and monumental hangovers. All of the Nighthawks emerged from the woodwork for this one, enabling aspirin manufacturers across the country to declare dividends. It was by any standard a first-class party. During the festivities, the jolly

great pumpkin, John Larrison, was presented with his mug, which he can use for selling pencils in when he returns to the land of the big BX. During his pati stay here, Major John has been our deputy operations officer and chief factotum for organizing such memorable entertainment specials as Cudgel Capers. The performance of the escadrille in subsequent Tac-Evals is a tribute to the effective training which he provided.

The already skimpy ranks of the balloons have been thinned even farther. Somebody up there noticed that both Karl Hammerschmidt and Harry Chapin are now shaving twice a week, so they are now both captains. Congratulations.

Sam Howard is spearheading a back-to-nature movement on the squadron that has most of the troops afraid to crawl from their airplanes at the end of a trip. What he is doing is plucking some poor luckless aircrew from their cockpits upon landing, and derricking them off for a night in the bush. So far he has nabbed

Mike Pollard and Henry Dielwart; and Tony Brett and Don Kinney. A bear came to visit the Pollard camp, but Mike turned Henry loose, and the bear

departed in great terror. The chief mechanic, Major Thacker, is always looking for little ways in which he can be of extra service to the squadron. His newest wrinkle is to assist the squadron in its physical fitness campaign, and he does this by parking the airplanes so far away that they are invisible to anyone except members of Bennett's navy plying the waters of the Georgia Straits. One crew landed this week and the ground crew rushed up and said,"-Welcome to Powell River air-

port." The Armed Forces Day airshow went quite well, and everyone found the right airport. \*For the solo, this was a feat of no mean proportions, as it relied upon Doug Munro's dubious navigational talents and Major

Mo's eye-sight. The National Film Board will be coming to Comox within the next month to produce some sort of a recruiting film. John Clark and Gary Soule have been selected as the 409 crew to appear in the film because they are just about the only two we have who are not eligible for old age



"GIVE ME TWO HAMBURGERS ON THE ROCKS," says the colonel of the 409th Regiment G. F. Hammond, to Capt. Peter Dunda, the only supersonic cook ever to be employed by Dunda's Grub and Garlic Works in down town Pueblo, Colorado. Using the pair of J-57 stoves in which he had just completed his 1,000th hour of Voodoo flying, Pete was able to produce the two hamburgers in only 3.8 secs. It isn't a world's record, however, as there isn't an RO on 407 who can't better the time, and bake a (Canadian Forces Photo) pie simultaneously.

pension cheques, or CDs, whichever come first.

A great gaggle of Nighthawks is now in the process of moving into PMQs, which should have a depressing effect on property values. Don Elphick and his brood, and Ken Driscoll and his group will be infesting the territory this week, and the never-popular C Schedule O, Don Middleton will be in soon; soon of camping. Adjoining tenants are eagerly looking forward to

rent rebates. Major Bill spent the past week in Ottawa house-haunting - er, that should read house-hunting. He was unsuccessful, which he attributes to discrimination against navigators. It isn't really though. The other people in the neighbourhoods just didn't want to share their streets with his

Major Sam is going to Beyondville this week, but he will not be house-hunting. Rather, he

will be maison-hunting, which is a different sport altogether. Actually, people live in igloos up there, anyhow. A delegation from the squadron will precede him to BG to plant some artifacts in his garden.

Norm Henning and Grant Clements have returned from the nuclear safety course just so full of nuclear safety that you wouldn't believe it. Clem is even thinking of applying for a job as a full-time NSO at a recruiting unit somewhere. Phil Schreiner came back from

leave looking just like a coffee commercial, which is pretty surprising because one has great difficulty visualizing Phlying Phil drinking much coffee, His vacation was so strenuous that he also looked like the before half of a Geritol ad, a field hitherto reserved almost exclusively for

A great gaggle of Nighthawks attended the annual Sap-sucking spree at BG this weekend and

#### **Voodoo Nuts, Bolts and Volts**

pressures which move the ear

and begins with the weakest

sound discernable to a healthy

ear, or zero decibels. The scale

increases in logarithmic rather

sound intensity; for instance, 53

DB is equivalent to double the

sound pressure of 50 decibles. At

around 120 DB the sensation of

hearing is replaced by one of

of feeling is replaced by pain in

the ears, so if damage begins at

85 DB you can imagine what the

noise is doing to your hearing

when you can feel it, let alone

what it is doing when it actually

becomes painful. I'm sure many

of you have had that sensation.

It is estimated at present on the

national scale that one person in

10 is going deaf from noise

A one guideline is that when

noise interferes with normal

speech it is damaging. Once the

damage has been done the

disability is irreversible and

there is no way to regenerate the

hearing cells that have been

subjected to continuous abuse.

Its something to think about, loss

of hearing, total or partial, is a

serious impairment to the joys of

living. How pleasant it is to take

a stroll in the woods and hear the

twitter of the birds, the chatter of

a squirrel, the whispering of the

wind in the leaves and all the

natural sounds we enjoy so

much. All this is lost to a person

who has been constantly sub-

Most people aren't aware of the

damage that is done to their ears

The ear is a remarkably

sensitive organ capable of

registering sounds way beyond

the everyday needs in com-

the ear is to distinguish speech

almost the last to be affected.

occupational noise pollution.

immediate working areas.

pollution.

With Armed Forces Day over, its back to normal operations. This week I'm going to leave out who did what, where, when, how and to whom and deal with a problem that is constantly with than in linear progression so it us. A greater awareness of a follows that an apparently minor problem usually results in difference of two or three DB greater precaution being taken. represents a large jump in the The problem I'm referring to is noise pollution.

People working with jet aircraft are usually subjected to excessive noise levels. The line crews are generally well aware feeling at 130 DB. The sensation of this and take the necessary precaution of wearing ear defenders, but its not only the line crews who need that protection. We all do. I did a little research on noise pollution and here are some of the facts. Excessive prolonged noise

damages and eventually ruptures the tiny cells inside the inner ear which transmit sound to the brain. The resulting hearing loss is relatively slow and insidious in the initial stages, because the high frequency sensitivity is affected first. At the present rate of increase in noise pollution it is estimated that we will all be stone deaf by the year 2000.

A few samples of noise levels d in decibels are

measured in decibers	arc.	
-ordinary conversation	60 dec	ibels
-heavy city traffic	80 - 90	11
-cocktail party	to - 85	"
-power lawn mower	to - 95	11
-motor cycle	to - 110	**
- jet plane 500 ft. overhead	to - 115	"
-rivet gun	to - 130	"
- jet plane T O	to - 140	"
You can readily	see	the

progression of noise levels. The decibel (DB) scale, the most common measure of noise. is an expression of sound

came back all incoherent, by the high noise level in their Someone said that this was indicative of a good time, but then someone else said that that particular group was pretty incoherent anyhow.

The new Nighthawk in the nest munications. Since the senis Lt. Barry Watkin, who spewed sitivity of the very high out of the pipeline from BG and is frequency sounds is damaged now preparing for his first trip in first a considerable amount of the Q. Both he and his wife hearing loss can go unnoticed. Francoise attended the colonel's The most important function of soiree the other evening which should give them rather a sounds which are near the botwarped idea of life on the tom of the frequency scale, and is squadron.

Nevertheless the damage works down to this level and could result in total deafness if allowed to go unchecked

The BAMEO has arranged to have most of his personnel fitted with ear plugs but it's up to the individual to use them. They serve the purpose to some extent but they're not the most comfortable or sanitary means of protecting your ears, and there's no way of the NCOs checking to see that the men are wearing them other than looking in each man's ear.

Every year the Medical Staff takes a survey of the noise levels in the hangar area. By coincidence it is probably the quietest day of the week, and the results are carefully filed away until the next survey. I don't think the purchase of suitable ear defenders for everybody that needs them would break or strain our defence budget.

The workmen's compensation boards of many provinces recognize the claims on disability for the loss of hearing, and claims have been rising steadily. I wonder how our pension boards will re-act when a good percentage of service personnel realize the loss of hearing they have sustained.

The sensitivity of our hearing is vital to our well being. Often a small sound could be a warning of impending danger. A small monetary pension is small compensation for the loss of one of our five senses. Recognize the danger of noise pollution and take the necessary precautions of jected to environmental and getting a set of ear plugs or ear defenders and use them. They do you no good in your pocket when

> How often do you have to say 'how was that again!" If you still doubt what I have told you check with your Medical

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Family Days

at the

Diner's Island

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Friday Cabaret 10 p.m. - 2 a.m. \$1 per person admission

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workmen's compensation BOARD



"Renault" Sales and Service is pleased to announce the appointment of Mr. Les Steadman, to our sales staff. Les has been an active participant for several years in Recreation and welcomes his friends to come and see him at his new location. Les may be contacted at 334-2811 or at home at 334-4565.





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**HUNDREDS OF VALUES** 

Come for coffee and tell your friends about our

If you turn out we'll turn you on

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#### Is Sunday a Sin?

"Sure, I'd be glad to display a poster for you," said the storekeeper, smiling benevolently. "We always like to help out the air force. I guess you call it the armed forces now,

He adjusted the poster in his main window, and then stepped back to survey his handiwork. "Armed Forces Day again," he said, "how time flies. You know, this is my twelfth year in the valley, and this must be the twelfth Armed Forces day, or air force day poster that I've put up. And, you know something? I've never been able to get to one of them yet."

"You guys," the storekeeper went on, "always seem to have your day on Saturday, and Saturday is my biggest day. If I don't make a few dollars on Saturday, I don't make it at all." So saying, he turned to attend to a paying customer, and the poster distributor went on to another store, where he was greeted with the same refrain. And so it went. Storekeeper after storekeeper, they were only too happy to display the posters, and only too dismayed that they couldn't come out to see the Armed Forces Day show.

Neither could many of their customers. Saturday is their shopping day, the day on which they journey to the big metropolis of Courtenay and lay in their supplies for the coming week. They too were regretfully forced to miss the Armed Forces Day show.

Armed Forces Day is our one big chance each year to show the average civilian, who is burdened with cares of his own, something of the role of today's forces. And each year, by holding Armed Forces Day on a Saturday, we deny many Canadians the opportunity to learn of the forces and their

Why not have Armed Forces Day on Sunday? Far fewer people are working; far fewer people are shopping. More people would be eligible to come out and join in the fun at their neighbourhood Canadian Forces Base. In doing so, they would have a much better chance of understanding today's defence policy.

The traditional argument against Sunday Armed Forces Days is that they would scuttle church attendance on that day, but, upon counting the congregations, one wonders about that. As the Armed Forces Day celebrations do not get underway until long after the most long-winded pastor has run down, it is difficult to see that there would be much interference with church services.

By having Armed Forces Day on a Saturday, we are ensuring that a substantial number of our fellow citizens never have the opportunity to attend. Next year, why don't we give them a chance? It really wouldn't be a sin.

#### Flush Your Troubles Away

During the last six weeks one particular news item has appeared in several humorous forms in as many newspapers. That item, of course, concerned the installing of electronic type urinal flushers in the mens rooms at CFB Uplands. It was reported as a rather droll event, and gave rise to a host of poor jokes. Some touted the electronic eye idea as a real sign of progress - boy, look at that, the service really means business; it is always on the lookout for new ways to save money. Others decried the move, stating that an automatic system was really unnecessary for the execution of such a simple procedure. The argument was carried on. There was no gainsaying that the system would lower Uplands annual water bill by perhaps \$15,000. It was certainly true that a very inefficient automatic system was being replaced by a far more efficient automatic system. It was also true that, functionally, an automatic system was not really needed at all, since a manual system would do the iob adequately and save far more water than the very best automatic system. Esthetically, the manual flushers could have been improved upon, but there are only so many things you can do to beautify the equipment in a mens room.

The news releases never mentioned the cost of installing the electronic eyes in their various locations, or the annual cost of maintaining them. These costs may be considerable. An Ottawa resident states that he asked an attendant at the Chateau Laurier why the mens rooms there always seemed to smell so much like mens rooms. The attendant had replied that the electronically operated flushers just didn't seem to keep operating for very long without needing repairs. If such a situation were to occur at Uplands, it might not be very hygienic, but think of the water that would be saved.

The whole issue was obviously a very important one. After all, it had been raised in parliament last March. An innovation which would save the taxpayer \$15,000 was not to be sneezed at. 1200 more innovations of that magnitude would enable the government to shave 1 per cent from the military budget. The real stroke of genius in the entire sequence was the least obvious of all. It got quite a number of taxpayers and a goodly number of servicemen talking about things like urinals and electronics and saving water and saving money and it got their minds off various other

In the criminal world such a ploy is known as a red herring; in government it is known as good politics. For example, if you want people to stop talking so much about inflation and unemployment and labour problems and strikes, then it's good politics to appoint a commission on drugs, or some other problem area where startling recommendations can be made. In the service sphere, if you can get a few taxpayers and a few servicemen arguing, or even joking, about things like electronic eyes and automatic flushers, then perhaps you can keep them from thinking about, and discussing, all those unimportant problems like improved interceptor aircraft for Air Defence Command, or more 707s available which Transport Command can't afford, or perhaps discovering a role for the CF-5 and the new squadrons which are about to form. Now if only some method could be devised to take one's mind off his individual problems, things like personal stagnation and lack of career opportunity ... Perhaps a war.

1 Carried to

## THAT'S SHOW BIZ

#### By Nola Wells

With all the gorgeous gardens throughout this valley, it's a wonder I can get up enough nerve to even look at my small contribution, let alone make plans for next year's bulbs. "Inadequate" would be the proper word to describe how I feel. However, in a little corner of my front yard, is a tiny rock garden, and whenever I'm feeling low about the fact that I'm no "Nursery expert" I stand in front of this blooming mass of color, and feel sincere pride. For in the early days of February, when we were blessed with that wonderful early Spring weather I literally created this garden, with my own little hands. It was

This is happiness stimulated by creativity, both so necessary in the life of anyone whose major goal is "success".

fulfilment and pleasure.

With these thoughts in mind, I am eagerly looking forward to the opening of "The Vancouver Island Summer School of the Arts" at G.P. Vanier School July 6-24th. Starting as a Centennial project of the Comox Valley Arts Council, it's aim is to increase creative ability within us all, regardless of age or level of proficiency.

Creative instructors will be coming to Courtenay from as near as Victoria, and as far away as New Zealand, to teach such interesting courses as Puppetry, visual arts, band, and dance and musical theatre.

Coming from Toronto is Judith Lawrence, well known for her work in puppetry, on CBC's Mr. Dressup show. She will teach puppetry not only as a handcraft but as a form of theatre.

Jacqueline White from California is taking a course for young children called "Exploring with Arts and Crafts. "And teaching the "Musical Theatre Field" will be Jacqueline and Michael Sears, returning for their fourth Summer school season, from

Fees have been reduced this year by the Arts Council, and for what is being offered they are children per two-week course: taken advantage of.



Easy Buddy. He just said that a six percent raise would look real good to a Serviceman.

#### Thanks for the Wedge

been exposed.

On page two of this esteemed journal is a story announcing that wedge caps and berets have been designed for wear with the new sticky green suits. The announcement comes as a great

\$17.00 for adults per two week

A Hostel is provided for out of town students and this year it will be located on the Vanier grounds. Mrs. Ken Jacques otherwise known as "Mitch" will be at the Hostel 24 hours at a time, preparing meals in her "delicious" way, and supervising all activities.

Students receive full accommodation for only \$4.00 a day. Having eaten Mitch's creations from her kitchen at the Delicatessen next to Super value, I feel this price is most adequate. Information regarding the

summer school can be obtained from it's Director Mr. C. Doman at 334-4597.

Children especially gain so much from a school of this kind. most reasonable. \$18.00 for where their natural creativity, children and students per three- can be "tapped". It's available week course: \$25.00 for adults in our own back yards, an opper three-week course: \$12.00 for portunity that only has to be

relief to snow-blind servicemen everywhere who might now get some relief from the radiation of gold braid to which they have

When the first few sticky greens appeared, it was kind of a gas. Everyone had his favourite story about some major who had been dazzled by a gold hat, and saluted a junior balloon. But as more and more of these garish monstrosities appeared, the humor went out of it.

Suddenly the entire back yard was full of things that looked like group captains, or maybe even generals. Sunglasses became mandatory, even on dull days, if the Chamber of Commerce will forgive the implication that Comox can have such a thing as

Back in the bad old days prior to unification, gold hats around an air works meant that the chief himself was in the near vicinity. People would scurry about and look industrious until the old boy had departed. Now, an attack of gold hats merely means that another high school dropout is in the vicinity, or at least it does until one looks up and discovers too late, that it is the commander

I must cry out in protest. There

are strong rumors circulating

the Base to the effect that there is

to be an addition built to the

Totem Inn and this addition is to

be financed by increasing the

We need an addition to the

Totem Inn about as badly as a

moose needs a hat rack. The

place is rarely filled to its

capacity even on weepers night. I

think I would be exaggerating if I

said that the dance has been full

four times in the last year. On

these occasions it was full only

because we were having high

priced entertainment, the kind

we won't be able to afford after

After all the money that has

been spent on the existing club

(the paint on the walls could

support the roof by itself) the

Now about raising the price of

beer. You know good and well

that if such a ridiculous thought

was put on the floor during a

general meeting in the form of a

motion, the nominator would be

laughed out of the place. What do

they want? Our blood? About the

only advantage left to the ser-

viceman today is getting cheaper

beer in the wets. Take that away

For the sake of convenience,

the club switched to canned beer.

This clever little act is costing

the club 35 cents a case. One of

the reasons was supposed to have

been storage space. Now they

addition to the Totem Inn will

greatly expedite the transition of

the Totem Inn Annex into the

hands of base fund who want it

for a social centre. I believe that

an all ranks social centre is in

and we'll all get out.

hold a dance in.

place is not good enough?

we get this addition.

Dear Sir:

price of beer.

The introduction of the green wedge, and the - dare we say it? -- green beret will have many important effects on the Canadian forces. For one thing, star-struck balloons will no longer be jamming their goldencrusted caps inside the airplane, and then complaining that properly.

longer have to plug in their rechargeable caps. The amount of snow-blindness will also decrease, and there will be a subsequent saving on white canes.

So we say hurrah for the green hope the NDP won't misconstrue this - green berets as well. It is all right, one supposes, to festoon people with outlandish costumes for parades and such, but for heaven's sakes give them something civilized to wear on an every day basis.

This has now been done, and loud indeed is the applause from this quarter. Loud indeed it should be from all quarters.

Now, if we could just do something about all that gold

OTTAWA (CFP) - Thinking of your career resume will be about retirement?

Time has a way of sneaking up their compass doesn't work on everyone. Retirement, which up to now has been something to be pushed to the back of your The electricity bill should be mind, can suddenly turn out to be lower too, as officers will no only months away. Common sense tells us that a change in-

volving the outside world needs early planning and preparation. Fine, but how do you start and who can help? One person who is ready to help

is the Base Personnel Selection wedge caps, and for the - and we Officer or Personnel Education Officer responsible for the Civilian Employment Assistance Program. Briefly, these are some of the ways he can help you. -You may wonder if your

military skills and experience are useful in the outside world. A master gunner in the artillery for example, might need help in selling his skills to the average civilian employer. -If you want to make a clean

break with the past, vocational guidance tests are available.

Sex VS Suffrage

A recent article in the science section of Time magazine showed a positive correlation between the rate of growth of a man's beard and his anticipation of, or participation in, sex. Experiments showed that a man's beard began to grow at a faster rate as the opportunity for sex drew near and as sex was taking place. Growth rate of the beard slowed when the man was engaged in business, study, or other non-sexy pursuits. The beard-growth-rate phenomenon is directly related to the amount of activity of the male hormone, androgen. As a man engages in sexual thoughts and actions, androgen activity increases, causing the various male characteristics to become more prominent, and making the man, in effect, more manly. Faster beard growth is only one measure of this hormone activity.

An extension of this theory to the sphere of women makes for interesting conjecture. Women have traditionally used their sex cunningly. They have used sound economic principles - by with-holding sex and artificially making it scarce, they have enhanced the desirability of sex and increased its value, or at least its cost. However, if avoidance of sex reduces the activity of the female hormone, estrogen, then the very act of withholding makes a woman less feminine, and therefore, less desirable. Less estrogen activity would no doubt result in increased hair growth on face and legs, coarser features, flabby breasts, and lumpy physiques.

Those individuals in the forefront of the women's liberation movement have played down the characteristics of their sex, and concentrated their demands on equal rights, across the board. They are willing, nay insistent, to give up their identity as women, in favour of an identity as merely human. Of course, this means that they will lose all the advantages of being a woman, without gaining any of the advantages of being a man. But then, they may not be losing a lot. Obviously the women who support the women's liberation movement most avidly are the ones who find themselves least able to compete with other women. They, therefore, advocate that everyone be given equal rights and equal opportunities as a human, and leave sex out of it. Can you imagine what sort of a sterile world would develop if there was a moratorium on sex? Try to picture a world filled with beardless men and bearded ladies.

#### The Outside World

#### How to start iob hunting

done for you... -Can you teach an old dog new

tricks? Of course, and those interested in academic upgrading should talk it over with the Base Personnel Selection Officer.

-- The largest employment service in the country is Canada Manpower. Your contact for the Manpower Centre nearest your Base is the Base Personnel Selection Officer. He can start your first appointment off on the right foot with a special introduction.

It pays to start thinking about your retirement.

Servicemen approaching retirement are invited to participate in the Civilian Employment Assistance Program as outlined in CFAO 56-20. Consult your Base Personnel Selection Officer or Base Personnel Education Officer for further

(Contributed to CFP by Major Freeman Anderson, CEAP

#### Consumers' news and views

and woods abound with potential killers - attractively clad, sweet they are familiar and seemingly harmless. Children are their most common victims. Of course, the best thing to do is to teach your children never to eat

aware of their danger?

and symptoms. Hyacinth and narcissus. Bulbs.

May be fatal. Daffodil and poinsettia.

child.

adults. Mistletoe. Berries. Fatal. Both children and adults have died

Lily-of-the-valley. Leaves, flowers. Irregular heart beat and pulse, often accompanied by

Bleeding heart. Foliage, roots. Large amounts may be poisonous. Has proved fatal to

azaleas. All parts. Fatal. Produces nausea and vomiting, depression, difficult breathing,

Wild and cultivated cherries. Twigs, foliage, Fatal. Contains a compound that releases cyanide when eaten. Gasping, excitement, prostration are common, often appearing within

Contains crystals of calcium oxalate that cause intense irritation and burning of the mouth and tongue.

Iris. Underground stems.

Our homes, play areas, fields Severe but not usually serious, digestive upset. smelling - and poisonous. Don't severe digestive upset. Many underestimate them just because children are poisoned by this berries can kill a child.

anything unfamiliar. These plants are found throughout Canada. Were you

The following listing gives the name of the plant, the toxic parts

Nausea, vomiting, diarrhoea.

Castor bean. Seeds. One or two seeds-are near the lethal dose for

from eating the berries. digestive upset and mental

confusion. cattle.

Rhubarb. Leaf. Fatal. Large amounts of raw or cooked leaves can cause convulsions, coma, followed rapidly by death.

Laurels, rhododendron and

Elderberry. All parts except berry. Nausea and digestive upset. Children have been poisoned by using stems for blowguns. Jack-in-the-pulpit. All parts.

Buttercups. All parts. Juices may severely injure the digestive

Wisteria. Seeds, pods. Mild to

Daphne, Berries, Fatal, A few

Foxglove. Leaves. One of the sources of the drug digitalis, used to stimulate the heart. In large amounts, the active principles cause dangerously irregular heartbeat and pulse, usually digestive upset and mental confusion. May be fatal.

On a more cheery note, Consumers' Association of Canada has published a short buying guide for those contemplating buying a barbecue this season. Leaves. Fatal. One leaf can kill a For a free copy of the magazine containing the guide write: "Barbecues," Consumers' Association of Canada, 100 Gloucester St., Ottawa 4.

#### Get gen on Insurance

Between April 20 and May 21. nine seminars were held in seven locations across Canada.

The purpose was to provide information on pensions, SISIP and life insurance generally, to unit personnel recently assigned the responsibility of advising Canadian forces personnel

locally in this area of benefits. The subjects covered during the two day workshops included: - The Pension Act -Canadian Forces Superan-

nuation Act and Supplementary Death Benefit -The Canada Quebec Pension plans -The Servicemen's Income

Security Insurance Plan -General facts on life insurance. Between May 25 and 29 new English language booklets entitled "SISIP And Other Related Benefits" were forwarded by

surance Co-ordinator. French language booklets are being printed and will be forwarded approximately 15 June. Ask your local Pension and

mail and express to most units

through the Pensions and In-

Insurance Co-ordinator for a copy and use it as a handy reference to your possible

I watched the price of beer if they wanted to pay for the cost being raised on another base one time. They started off by raising it from 15 to 18 cents. Then for the convenience of the Bar Tenders (they said) they raised it to twenty cents. This was supposed to make the service faster because the bar tenders didn't have to mess around with the two cents change. Then the PMC, who was only a pawn in that great chess game called administration, raised it another nickle so the bar tenders wouldn't have to mess around

with the nickle tip. We might as well face it, if they make up their minds to raise the price of our beer, in our club. they'll go ahead and do it anyhow. But if they do the pubs down town will become so crowded a guy will have to line up just to get a beer. We actually have more say in how the pubs are run than we do our own club.

L.V.Morrison Cpl. (probably ex-corporal)

Re your article "Education Sir; If the government ever gets Opportunities in the Canadian Forces," June 10.

Either you do not know what you are talking about or you are deliberately distributing service propaganda. For your information, the

have enlarged the storage area (also at great expense) to a matter is not as simplistic as you cavernous area large enough to attempted to make it appear. I should know because I graduated Most of these great ideas were from UBC exactly one year ago,brought up at the meetings and and I even managed an extra voted down, but it seems that the year post-graduate training at thoughts of the members do not UBC.

necessarily reach the people who Would you believe that I was make the final decisions. In short denied a commission? So, after we are having some of these almost 13 years in the CAF, I things crammed down our found out that there is no career throats whether we like it or not. in the forces even if you do show I strongly suspect that the ambition and initiative. E.Lall, B.A., C.D.

> The Editor Totem Times Another Armed Forces Day over to impress the public, but I

Letters to the Editor great need on this base, but I wonder what the public thought don't think the Junior Ranks of our refreshment prices 20 should have to pay for it. If the cents for a 10 cent can of pop, 30 Base wants one, let the base buy cents for a hot dog. I realize that to put on a show costs money but

> they should have charged admission. L.S.Zinck A Poor Corporal Thank Gawd with no kids. Dear Sir: Reference the Armed Forces Day commentator; I would like

to see that all three squadrons on the base get equal time. The narrator was obviously a bigoted Nighthawk. His cutting humour was directed at our esteemed Sea Element aircraft, The Hercules, the Caribou, the Argus in fact everyone except the 409 types. He made some very disparaging remarks about the size of some of our fine 407 ROs' I think an apology would be in order.

thinks they make good friends in Yours for equal time and space, S. Auvetage, Capt.

One couldn't help noticing that

he did not direct too many of his

barbs at 442 squadron, maybe he

around to legalizing pot, will the

Base Exchange carry it? Dear Sir:

During the last number of days I have noticed that the tarmac at CFB Comox is filled with Voodoos from one end of the horizon to the other. Either Comox has been issued with a whole passel of new aircraft, or the Voodoos that you have are really stretched away out. Someone told me that it is very dangerous to put gas into a Voodoo, because they catch fire about every second time. If that's the case, why don't you have

some jet pilots putting the gas in, 'cause they're not scared. Somebody else told me that these days the Voodooo is a really dangerous airplane. They said that when a Voodoo gets as old as the ones at Comox, it is just like old dynamite, so there has to be

lots of air and space around it. Then if one blows up, all the rest in the row won't blow up. I hope your pilots get lots of risk pay because they might not get it for very long.

I hope that you will let me know if all these things are true, or if they aren't what the real story is. If you put this letter in your paper, please don't print my name, because I am curious, but Yellow

Dear Yellow: your sources appear about as unreliable as mine. If you will check very carefully, you will notice that the space between Voodoos on the line is exactly the width of a regulation speedway. The driving school from Camp Borden will soon be arriving here for their summer manoeuvres, and what may look to some like a poorly designed obstacle course is really the giant

Dear Editor:

slalom jeep track

You dummies. In your last issue of that inane rag you printed a story entitled "4 wing History Best Seller". The story described the book, size, shape, contents and delivery date. Very Interesting. Now where in heck can I get one?

4 Wing Vet

Ed.

Dear Vet:

Our faces are red. The story you mention suffered from a cronic printing disease called fore-shortening. It was too long so we cut it and inadvertently left out the most important information, which is; "To obtain a copy send a money order, bank draft, postal order, certified cheque or just a plain old bag of gold worth \$6.50 to the M & I Accounts, address it Commanding Officer, 4 Wing, CFPO 5056, Attn. 4 Wing Pictorial History Book."

Editor, Totem Times:

How come all the messes were closed during that hot Armed Forces Day Drag? I nearly died

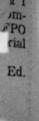
So did we. Ed.

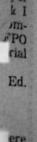
TIME TO TRADE?

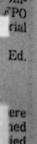
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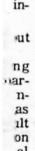


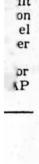














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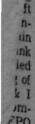
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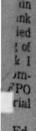
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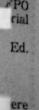
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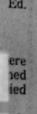
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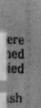




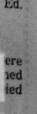




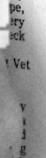


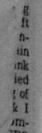


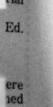




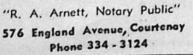


















## MUSHROOMS

A routine check of the log book a Medical Officer, whisked to the in 442 Squadrons operations room hospital and given a check. They showed that the merry were released, unharmed, later mushrooms have had a busy time in the afternoon. The Albatross for the last ten days. Starting at returned to Texada Island and 0840 hours on the morning of picked up the Para Rescue team Friday the 12th, the Squadron who thought they were in for a was alerted to a May Day call soft afternoon on the beach. from a light aircraft who said he was going to force land two miles Meanwhile, there were three west of Nanoose Bay. By 0855 other aircraft overdue in various hours a mighty Albatross was parts of B.C. Rescue Coairborne and on its way. At Ordination Centre in Vancouver exactly 0900 hours a Labrador turned one aircraft up by doing was also on its way to the scene. communication checks, but the The downed aircraft was other two required searching. equipped with a Crash Position Both aircraft were out of wndicator and within 30 minutes Kamloops and had not filed flight of receipt of the May Day call the plans. It was learned that one Albatross was over the downed was supposed to be going to aircraft. At 0920 the Labrador Williams Lake and the other was going to Castlegar. arrived on the scene and eventually evacuated the pilot to At 15.34 hours the standby

Albatross went to Kamloops as a his brother. Search and Rescue Aircraft. At 1602 hours another Albatross and Five minutes before the Air a 409 T33 began a "Track Crawl" Show was to start on Armed over the probable flight routes. Forces Day the crowd was At 1705 hours the Helicopter left treated to the sight of the for Kamloops with Sear-Labrador taking off for an actual chmasters for both searches Search and Rescue Mission. (to aboard. At 1720 hours RCC the untrained eye this take off reported that they had located appeared very similar to any the aircraft enroute to Williams other take off). The helicopter Lake at Eleven Sisters Airstrip. was responding to another May On June 16, two additional Day call from a light aircraft

Parksville where he was met by

Albatrosses left for Kamloops to that was making a forced landing on Mud Bay near Vancouver. assist in SAR Moore, (the Castlegar aircraft). This aircraft was found by a civilian The search was futile as the aircraft. Unfortunately there missing aircraft was located at the Delta Air Park. The airwere no survivors. During the course of SAR Moore, the craft's owner was contacted and wreckage of SAR Carey, missing he admitted that he had been since October 1968, was found. making practice forced landings near Mud Bay but denied giving On Friday, June 19, a a May Day call on his radio. The helicopter load of ground search

Still another May Day came in

at 1235 hours on Monday, June 15.

A light aircraft was reporting

engine trouble near Texada Island. At 1242 hours an

Albatross was Airborne.

Reaching Texada the crew was

unable to find any sign of an

aircraft but they did find three

wet men wearing Mae Wests,

standing on the shore. A water

landing was made, the Egret

rubber boat was launched and the survivors retrieved. By 1335

hours the three men were met at

se the hangar by an ambulance and

Chopper was later dispatched party, Para Rescue team and from Vancouver to search for a RCMP went to Roderick Island to missing boat. re-search for Mr. Hadgkiss and his companion. The Hadgkiss Sunday, June 14 saw the search had to be terminated in Labrador transporting the Prime November because of the deep Minister to Tofino and to various snow. The aircraft had been points along the west coast of the found in November along with a island. Later on Sunday an note saying that the survivors Albatross was used to Airevac had stayed with the aircraft for one of its own members, Pte. about a week but had decided to Moon to Victoria. walk out. Unfortunately no other trace of them has been found,

> for three days and used tracking On Saturday, June 20, a one month old baby was Air Evaced to Vancouver. On Sunday, June 21, a 17 year old car accident victim was Air Evaced out of Burns Lake to Vancouver. Another Air Evac, using a Dak, took a 17 year old girl with the Bends from Kelowna to Van-

even though the teams searched

Other than that things are pretty quiet in 442 Squadrop,

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BANG! BASE FUND BLOWS ANOTHER WAD on a Blast at Air Force Beach. Cpls. Mugford, Cummings and Lyngard from the Explosive Ordinance Disposal gang had the time of their lives last week when, in co-operation with Base Fund and the Base Rod and Gun Club, they began deepening the boat ramp. The clever rascals used several cases of dynamite in creating some spectacular bangs which scared the wits out of the local seagulls and had our photographer cringing behind a rock. (A Mac-

#### Second release of Sea Otters planned

A second group of sea otters will be released off the northwest coast of Vancouver Island this

The sea otters are to be released in the same area that was chosen in 1969 when the first attempt was made to reintroduce this species to Canada's Pacific coast. At that Island in the Aleutians.

It is hoped that by releasing the year, it will substantially increase the chances of

released in the Bunsby Islands is not known whether there are after being captured at Amchitka sufficient to establish a breeding

Surveys by Fish and Wildlife sea otter in the same spot as last Branch personnel indicated that the 1969 animals were doing well two weeks after the release, and establishing a population by since that time numerous reports saturating the area. While it is have been received of possible probable that animals from the sightings. However, biologists



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## From up in my

something as useful as a suitcase

As I look forward to the new

green issue with chagrin, I am

reminded of the long line ups that

used to be the social event of the

month, the clothing parade. I

used to think that a clothing

parade was one of the finest

passtimes ever invented. An

airman could go to one of these

"BE INs" and spend all morning

When twelve o'clock came

around we would be herded

outside and told to come back

after lunch. During inclement

weather the big trick was last

long enough for your section of

the line to get just inside the

doorway, after that you had it

made. Once inside the station

gossip was exchanged, jokes

made about the flight sergeant

running the place, and clever

ways of weedeling a new uniform

Dealing with some of these old

hard hearted reprobates

were discussed.

and never get to the counter.

or flightbag.

Everybody is talking about the new uniforms. Discussions range from the color, (which sickens me everytime I look at it) to the amazing capability of the cloth to hold a press. One interesting thing I overheard the other day was that the pants and jackets are being manufactured in different factories. One would think that after the long and frightening experience we have had with our summer uniforms, which were made the same way, that the people responsible would have known better. Perhaps the thinking is that two shades of green will look nicer than two shades of Khaki. On that score anything would have to be an improvement.

The list of items that are to be issued free seems to be complete and almost fair. But what, I ask, is being done in the line of a new issue of kit bags? Surely we will not be expected to go on T.D. or transfers with a blue kit bag and a green uniform. Think of the

clashing of colors. At long last I think I have found a flaw in the Green Uniform Scheme. The uniform and the kit bags do not go together, therefore in keeping with sound military thinking I think we should scrap the refit plan and restore the good ol' blues. After all it would be impracticable to reissue the kit bags or issue

produced some of the finest poker players in the country. Unfortunately they always held the winning hand for they always had some new rule to pull on the unsuspecting. I remember once I had just about convinced the NCO that I really needed a new shirt when he flipped the collar over and declared that the deal was off as I had not taken the collar off the shirt, turned it around and worn the said collar out from both sides. How was a single airman supposed to perform that feat of magic I asked, but got no satisfaction. I

firmly believe that the old

clothing store types were paying

for our kit out of their pockets.

Green grocers and Crop dusters, Coffin makers and

Kelp collectors Are just some of the workers employed in industries covered by Workmen's Compensation With free medical treatment. Special therapy. And financial aid. If you are unsure of your





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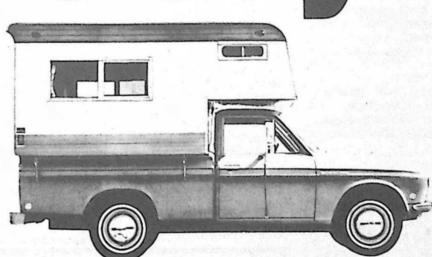
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your pickup and thus has minimal sway in any circumstances. Here's how much it's going to cost you. Let's say you have a two week vacation and you drive around 250 miles a day. Your warranty covers most unexpected expenses for the first 12,000 miles or 12 months. So all you pay for

And although a Datsun pickup can get around thirty miles to the gallon, with a camper up top it only averages about twenty-five. So gas is \$5 a day. And when you finally do get home, unload the camper and you've got a second

car that can carry a ton. Average cost of 2 week vacation: \$70. Average cost of a Datsun pickup: around \$2265. (Even when you add a camper, it's still almost \$2000 cheaper than any other camper-truck rig on the road today.)

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Evenings - Walt Taylor, phone 923-5326

DATSUN

R C CHAPEL Sunday Masses: 9 a.m. and 11

Weekday Masses: Tuesday - 7:30 p.m. Wednesday - 4:15 p.m. Thursday - 4:15 p.m. Friday - 7:30 p.m.

Saturday - 7:00 p.m. Confession: After mass on Saturday evening at 7 p.m. and before each weekday mass. Baptisms and Marriages by appointment.

Teenage Group: Will practice immediately following the 9 a.m. Mass on Sunday.

PROTESTANT CHAPEL Sunday 28 June: Divine Service at 11:15 a.m. Rev. E. Scott will conduct the service and celebrate Holy Communion according to the custom of the

Anglican Church of Canada. Sunday 5 July: Divine Service at 11:15 a.m. Rev. E. Scott will conduct the service. Sunday School classes have

closed for the summer and will be resumed in the Fall. Children are encouraged to come to church with their parents. Nursery facilities will be available.

All those who helped in any way with the Annual Congregational Picnic are cordially thanked and much appreciated by the Chapel Committee.

#### Combined Protestant and RC Chapel picnic

On Sunday June 21st, the Protestant and RC Chapels at CFB Comox combined to hold a joint picnic at Kin Beach, Comox. It was primarily for the Sunday School and Catechism classes and parents were invited. This is an annual affair and a good time was had by all. There were races for every age group and peanuts dropped by Cpl Bob Cummings from a plane piloted by Sgt. Clay Arniel. The children received free ice cream and soft drinks in between races.

The committee chairman responsible for all arrangements and the success of the event were:

Mrs. Ruth Calberry, Father James Campbell; Cpl. Bill Andrews, Cpl. R. Folster, Cpl. Joe Cando and Cpl. Y. Geneau.

The picnic helpers were: Pat and Janice Baird, Debbie and Mike Geneau, Lorna Munro, Joe and Mike Cando, Ellen Penny, Robert Larochelle, Kim Smith, Gary Edwards and Gary Harris.

The peanut drop was made possible by kind donations of the Port Augusta Shopping Centre and the aircraft was donated by the Comox Flying Club. Thanks are also due to the staff of the Base Hospital who stood by on call in case of emergency.

#### CLASSIFIEDS

HOUSE FOR SALE - 3 bedrooms, 11/2 baths, hardwood floors, view location in Comox, full basement, double carport, 7 per cent CMHC mortgage. Phone 339-3901.

For Sale: Tape recorder; Corvette, like new, with microphone and extra speaker. Phone 336-2317, after five please.

For Rent: 19' Shasta Trailer on beach lot at Saratoga Beach for three weeks, Aug. 7-28. Trailer contains fridge, range, shower and W.C. Hooked up to utilities. For further info call 339-2668

For Sale: Comox. Newly 3 bedroom home. redecorated interior. Hardwood floors in LR, DR and halls. LR contains fireplace and feature wall extends through DR Kitchen finished with Crestwood cabinets. Large finished recreation room in basement c/w fireplace. Excellent central location on large well kept lot. Available in Aug. PP \$22,500. DP \$4,500. Enquiries 339-2906 or P.O. Box 532 Comox.

WANTED: Recreational area engineers to assist in construction of two large recreational projects - one golf course and one trailer park. No experience necessary. Pay non-negotiable. Contact L Col. Lloyd.



BASE FUND PURCHASES MOBILE PMQs — To help alleviate the current housing shortage, Base Fund has purchased three mobile PMQs. These snappy 3-bedroom units are currently on display at our ultra modern bargain car club. Instituting a unique point system Base Fund will rent the mobile units out on a weekly basis from Friday to Friday, at the modest price of \$25 per week. Applications for tenancy ar being received in the Auto

#### Twenty three years 'clean' record



CO WORKERS AND FRIENDS gathered in the Social Centre last Friday, the 12th of June to say farewill and to wish a happy retirement to Mr. Dusty Miller (right) and Mr. George Brown (left). These two gentlemen have served on the Base for a total of 23 years. The master of ceremonies, Mr. Larry Beaton (centre) presented gifts on behalf of those present. (A MacPhoto)

#### 4s scarce

OTTAWA(CFP) -- Priority four space on trans-Atlantic sked is going to be scarce until the troop rotation is completed this fall according to forces' movements officials here.

The freeze on 'fours affects all overseas flights except the Gatwick Yukon (SFs 161-162) and SFs 307-308, the Cyprus special.

Priority fours on the Gatwick and Cyprus runs - the latter stops at Lahr enroute - have always been scarce. The message adds that troops with less than 30 points are not

eligible. Point totals are based on one for each year of service and an additional point for rank from one for a lieutenant - general to 14 for a private.

Gambling on a space available priority five, they say, will be a bigger gamble this summer.

The rotation and summer training program will affect sked flights Canada-side too. In fact, the 30-point minimum also applies to 'four applications for space on the following flights in

SFs one, two, three and four, Yukons and 705, 706, 707 and 708 (CC-137s) all coast to coast;

Cosmopolitan flights 30 --Trenton - St. Hubert, SFs 32-33 -Ottawa - Edmonton via North Bay, Winnipeg and Moose Jaw and return and SFs 34-35 - Ottawa - Trenton and return.

#### SERGEANTS' MESS

#### JULY SCHEDULE

Friday 3 July - T.G.I.F.

4 July - Social Nite

10 July - T.G.I.F.

11 July Social Nite

17 July - T.G.I.F.

18 July - Dinner Dance

407 Sqn. Nite

(Bus service available)

24 July - T.G.I.F.

25 July - Social Nite

31 July - T.G.I.F.

NOTE: Films every Sunday - any changes to this schedule will be on Sgt.'s Mess bulletin board.

1965 Ford Custom V 8 Auto Trans. Junior W.C. mirrors. Suspension. Custom. Cab. H.D. 4 dr. Sed. V-8 Auto T. Radio. W.S.W. tires \$1295 \$2695 4dr. 6 Cyl. Auto. T. Radio. W.S.W tires. \$1295 1967 Austin 4W. Drive \$2595 1964 Ford 12 ton V 8 Std. Trans, 4 Spd. \$1495 1966 Plym. Fury 2dr. Sed. 6 cyl. A. T. B.S.W. tires. 1964 Dodge 4dr. Sed. V 8 A.T. Radio 1966 Chev. Biscayne \$1495 \$1495 1963 Plym Belvedere 1965 Dodge 4 dr. Sed. V 8 Std. Trans. Radio, B.S.W \$695 1965 Pont. 3 dr. Sed. Laurentian V. B. Auto. Trans. Radio. W.S. W tires. \$595

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#### CFN Radio goes French

LAHR, Germany (CFP) -Canadian forces network Europe has received approval to set up a French language station here probably by the end of the year.

The radio service monaural FM will be part of the present Canadian Forces Network (CFN.) Until the station is operational, CFN will gradually increase French language content to coincide with the increase in French-Canadian speech from the throne.

population here later this year. Twenty to 25 per cent of its programming will be in French. All types of programs will be broadcasted in French such as weather, news, sports and public

affairs, to mention a few. The network will also have a simulcast capability, that is, simultaneous broadcasting or French and English frequencies of special programs such as the

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DATE: Sunday - June 28th PLACE: Super-Valu Parking Lot - Courtenay

Bring:

Pencils and paper Driver's licence and

TIME: 10 a.m.

- Insurance slip - Written permission if you do not own the car.

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#### TOTEM INN LOUNGE

JUNE ENTERTAINMENT

13th — THE CHAPARRELS No Food Dancing - 9 - 2

20th — BEACH PARTY Members and families Lounge- Open Mess

27th — THE GOLDEN KNIGHTS Food — Hamburger Plate Dancing - 10 - 2

NICKEL BINGO Every Sunday - 8:30 p.m.

#### BASE THEATRE

Helene Remy

Walter Brandi

Cornel Wilde

Rip Torn

Peter Lawford

James Garner

J.Robards

Michael Caine

Noel Coward

Janet Leigh

Jim Brown

Gene Hackman

Lee Marvin

Walt Disney Family Show

Patricia Neal Drama-won the

Tony Randall Family Show

Dan Rowan Dick Martin

Carol Lynley Julie Newman

Fritz Weaver Mildred Natwick

Jack Albertson Pulitzer Prize

Horror

Restricted

Comedy

Western

Comedy

Filmed in jail

War Drama

Fri.3 July THE VAMPIRE & THE BALLERINA Sat. 4 July BEACHRED

Sun. 5 July Fri. 10 July SALT & PEPPER Sammy Davis Jr. Sat. 11 July HOUROF THE GUNS

THE ITALIAN Sun. 12 July JOB

LOVE BUG Fri. 17 July

THE SUBJECT Sat. 18 July WAS ROSES Sun. 19 July

Admission - Adults \$1.00 Teens .75 - children .50 HELLO DOWN Fri. 24 July THERE

THE RIOT Sat. 25 July Sun. 26 July THE MALTESE

BIPPY Comedy

HELL IN Fri. 31 July THE PACIFIC

Toshiro Mifune MATINEES NAMUTHE Sat. Mat. 4 July

Sat. Mat. 11 July

Sat. Mat. 18 July Family Show formance only.

Robert Lansing R.Erdman KILLER WHALE Mark Damon BEAUTY & THE BEAST LOVE BUG Please Note: Evening prices Walt Disney will be charged for this per-

No Saturday Matinees from 25 July to 22 August.

#### Comox OFFICERS' MESS ENTERTAINMENT

JUNE, 1970

26 - T.G.I.F., Sea Food 27 - Hawaiian Nite

JULY

3 - T.G.I.F., Steaks 4 - Steak Nite 1900 - 2200

6 - Jugs of Beer \$1.00 Compulsory Mess Meeting

11 - Steak Nite 17 - 19 - 409 Sqn. Reunion

20 - Jugs of Beer \$1.00 24 - Open

25 - 442 Sqn. Dinner 31 - Monster T.G.I.F.

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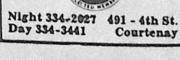
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#### Something or other

Whenever I sit down to write about something or other, I end up putting down whatever comes to mind on the spur of the moment. Game of the Week (407 Sqn.)

Crew 1 challenged Crew 2 to a game of Lobball on Blue Monday morning. For those not versed in the rules of Lobball, they are the same as softball basically except that the pitcher lobs the ball in a high arc over the plate. Thus the name Lobball! It was a close game up to the start of the first inning, and then Crew 2 led by Twinkle-Toes Regehr and Fearless Dan Desko overpowered Big Joe's "Charlie Brown Allstars" by a score of 38-11. It was a pitcher's duel with only 9 home runs and an unmentionable number of errors, Most of the home runs were what would be truthfully called long singles with 3 extra bases. Crew 2 remain the Lobball champs of 407.

#### FLY FISHING

th by e g s d s

There is a new scientific method out for matching your oice of rods with the proper type of lines. It takes all the esswork out of buying an outfit. Without going into any detail, basically what you can do after deciding what type of fish you want to catch is go to a scale and match your rod with the line you should be using. Sinking or floating lines with variations of either are available for your particular needs or interests. The beauty of the system is that all the major manufacturers of fly gear now uses the same standards, Just for interest sake, the local Island lakes are hot beds for fly fishing Although the black ant hatch is over, trout are still readily taking black ant flies. Hatches of stoneflies and June bugs are producing good results for the fly fisherman and for some reason, a dark Montreal dry fly is very successful in lakes such as Gooseneck and Upper Quinsam.

#### BEAUTIFUL TRASH

Take your pick of any backwoods road, picnic or campsite, riverside, lakeside, or seaside park, and just for something different to do check on the amount of trash there is available. Quite a fair tonnage. It sickens me to realize that Beautiful British Columbia with its majestic wild splendour is slowly succumbing to the nimble hands of the litterbug humans in our society.

How many times have you marvelled at a truly wonderful wilderness scene until you are overcome by that telltale stench from a local town dump. How about that swim in a clear mountain lake only to find the bottom littered with broken beer bottles and fish guts. Ever gone on an invigorating hike along some long forgotten road or trail. Not too often can you go far without coming across trash in pme form or other. The guilt for decorating our wilderness eas with multi-types of beautiful trash rash cans only fall that can honestly say that at one time or another we haven't thrown a beer bottle, tin can, or even a cigarette butt along some trail or in some campsite. Let's face it, we were born litterbugs and if we don't make a conscious effort to fight the temptation to litter and therefore pollute, we will eventually die in a trash pile.

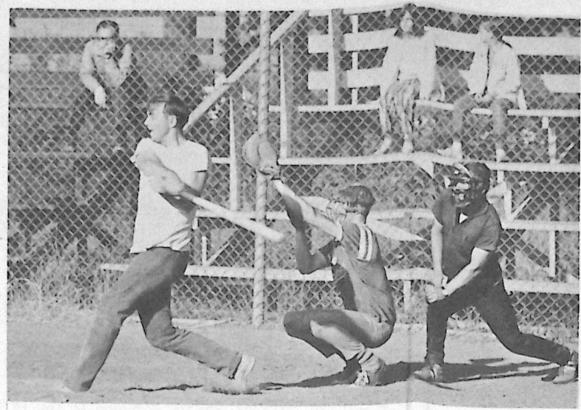
#### Island Wildlife Association

At its meeting held in Nanaimo on June 7, the Vancouver Island Wildlife Association reviewed at some length the land fill operations of MacMillan Bloedel Limited at Port Alberni. Members pointed out that as a result of an arrangement between the Company and the City of Port Alberni, the marsh land where trumpeter swans rest is threatened and it is feared that these birds will be destroyed as ere is no other suitable area in district. In view of the enuous efforts that have been made on the international level to

save these birds from extinction

and the pleasure many people obtain from observing them in natural surroundings, the Association went on record as strenuously opposing the land fill operation.

Members also considered the contemplated action of the Federal Fisheries Department to open herring fishing for reduction purposes this year. It is felt that the two-year closure is not sufficient to allow for the rebuilding of herring stocks since these fish have a three-year cycle and taking even a small quantity this year might endanger the recovery of the species.



IN A BID to come out of their slump, 407 with their new sweaters, powered to a 7-3 victory over the MP's last Wednesday evening in a regular season inter-section softball

With summer leave upon us, the activities around the base have slowed down somewhat. More and more people are spreading to interests outside the base oriented ones. However people are still doing their thing. Intersection Softball.

USAF continues to lead the seven team league with an impressive eleven win, no loss record. The remainder of the teams are presently in a battle for second place. The standings are as follows: USAF 11 wins, no loss, no default - 22 pts. 409 Ground 6 wins, 4 loss, no default -- 16 pts. The MP's and 407 have identical records of 5 wins, 6 loss, no default - 16 pts. 442 3 wins, 8 loss, no default - 14 pts. Supply 3 wins, 7 loss, no default - 13 pts; 409 Air 4 wins, 4 loss, 2 default -12 pts. As you can see the second

The introduction of new Provincial Park Regulations designed to reduce problems created by some park users and to help maintain the park atmosphere that most park visitors are seeking is announced by R.H. Ahrens, Director, Provincial Parks Branch.

The regulations include: Controlled campgrounds and picnic grounds: Certain high-use campgrounds and picnic grounds will be posted as "Controlled" and only registered campers or persons with permission of the park ranger will be allowed entry after the access gate is closed.

Vehicle parking: All illegally parked vehicles in provincial parks will be subject to tow away at the owner's expense.

Unnecessary noise disturbance in a provincial park, will be subject to eviction.

Identification of park users: All visitors to provincial parks must give their names and addresses to a park officer or park ranger upon request.

Camper registration: At Cultus Lake Provincial Park and Golden Ears Provincial Park campers will be required to complete a registration form.

Pet and size of groups in Bowron Lake Provincial Park: There must be no more than six persons in any group wishing to traverse the lake and waterway circuit in Bowron Lake Provincial Park. Dogs, cats and other domestic pets are prohibited in the park.

#### place battle is close.

Pool Splashes. For those parents that missed the children's registration of the swimming classes held on the 16 June at the base Recreation Centre, there are still a limited number of openings in the

following classes: Session Number one 29 June to 17 July, 4 openings for juniors, 4 openings for intermediates, and 5 openings for seniors.

Session Number two 20 July 50 7 Aug. 2 classes of juniors, 1 each of intermediate and senior with no age limit on the seniors.

Session Number three 10 Aug to 28 Aug, 1 class beginners, 2 junior classes, and there are 2 openings in the intermediate

Parents wishing to register their children for the above openings may do so at the Base Recreation Centre. If sufficient interest is shown, the following classes will be conducted:

Children bronze medallion age 14 holding senior Red Cross Award.

Bronze Cross age 15 holding the Bronze Medallion.

Registration date for the classes will be 29 June at 1300 hrs. at the Recreation Centre. Ladies Swim classes all levels will be conducted in the evenings with registration on 30 June at 1300 hrs. All classes will cost \$5.00 for 15 lessons.

### Pool Schedule for July

Monday thru Friday between 0830 and 1200 - Children's Swim

Monday thru Friday between 1200 and 1300 - Servicemen and DND Employees free swim hour. Sunday thru Saturday between 1330 and 1530 - general swim.

On Tuesday, Wednesday, Thursday, and Sunday only between 1900 and 2100 - General Zone Golf

Two CFB Comox golfers made it on to the Zone one golf team with a third being third alternate for the team. The overall team standings for the playdowns held in Victoria last week are as

CFB Esquimalt 1193, CFB Comox 1195, Ships 1200, CFB Chilliwack 1263. Frank Creamer won the Low Gross with two 79's. The other Comox entry to make the team was Doug MacArthur with two 82's. Jim Creamer is the third alternate. General Interest.

Lake Pleasant Campsite, CFB Greenwood operates a 100 acrecampsite at Lake Pleasant, Nova Scotia which is available for use by all Canadian Forces Personnel and their dependents, as well as DND employees and their dependents. Personnel wishing to get more information may pick up a brochure on it at the Recreation Centre.

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#### Good waterfowl season

Another good waterfowl production season is in sight for western Canada. The outlook is most encouraging everywhere except southern Alberta where production is unlikely to be as outstanding as 1969 due to poorer water conditions.

Except for this one area, prairie water conditions are as good as 1969 and in some instances better. The season is late, particularly in the south, perhaps as much as two weeks behind 1969. However, barring an extremely hot, dry summer, there will be abundant water to see the duck crop safely through to maturity. In southern Alberta. good rains will be needed to keep brood waters alive and much of the production may have to come from the numerous Ducks Unlimited projects in this area and other man-made impoundments. No severe storms have interrupted nesting since it became general in early May.

May waterfowl breeding population surveys show very substantial increases in Saskatchewan over 1969. In Alberta, the population is about the same as last year with a distinct shift of pintails from the dry southern prairies to the good waters of the parklands and mixed forest. A reduction was recorded in Manitoba.

Farming activities have been delayed in some areas by adverse weather and with new government agricultural policies may result in a significantly greater survival of duck nested in the stubble. Good number of broods are already on the water in northwestern Saskatchewan. Of particular interest this year is the fact that the waterfowl season is more advanced in the parklands than the southern prairies. The converse is usually





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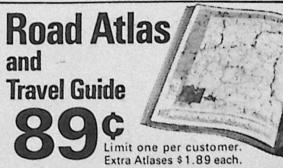
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