



TOTEM TIMES



SUPPORT COMOX ANTI-LITTER WEEK APRIL 7-11, GET RID OF YOUR CAT!

Vol. 10

CFB COMOX, THURSDAY, APRIL 3, 1969

NO. 7

CANDIDATES RESPOND

In the public interest, the Totem Times asked the three candidates in the Comox-Alberni by-election the following six questions of local and national concern!

1. What do you feel should be Canada's defence role in NATO, in NORAD, and in peacekeeping?
2. In your opinion, to what extent does CFB Comox add to the economic welfare of the Comox Valley?
3. Do you feel that the Liberal party has lived up to the expectations of the Canadian people and if you do not, why?
4. What are your views on the proposed American ABM system and what do you think will be its effect on Canada?
5. As there are more German than French speaking people in British Columbia, do you think that the findings of the B&B Commission still apply to B.C.?
6. Are you in favour of extending or retaining the 12-mile off-shore fishing limits and to what extent and how do you feel these limits can be enforced?



Blair McLean
Progressive Conservative



Tom Barnett
New Democratic Party



Dick Durante
Liberal

Question 1 — "Canada's Defence Role in NATO, etc."

"Throughout this campaign I have stressed the importance of Canadian participation in the North Atlantic Treaty Organization. I am the only candidate who has taken a direct stand in favor of living up to our military and other commitments to our western allies."

"I think it would be folly to believe that Canada can increase its prestige and influence with its allies by threatening to withdraw its forces from Europe. Canada's NATO partners must know who their friends are."

"The results of a computer card survey in Comox-Alberni show that 80 percent of the people support our role in NATO. This should point out clearly to the NDP particularly that Canadians do not want a neutral role in world affairs. If we should choose a neutral foreign policy our decision could well shatter NATO and a fair portion of our economy. It would also destroy any influence Canada might wish to wield in world affairs."

"I strongly support our position in NATO. To ignore our commitments to Europe would be like trying to build a 'Fortress Canada,' which is neither realistic nor responsible in this modern age."

Question 2 — "Does CFB Comox add to the economic welfare of the Comox Valley?"

"Frankly, I am not able to answer this question with any authority, as I do not reside in the Comox Valley. However, it would seem to me that a base the size of CFB Comox must contribute a sizeable portion of the economic prosperity of the area."

"I would also think, that if the base were to close down, many businesses in the Comox Valley would be in serious trouble."

Question 3 — "Has the Liberal party lived up to expectations?"

"No, I feel the Liberal government of Mr. Trudeau has a disappointing record to date. Last June, when it was elected with a considerable majority, Canadians of all political persuasions had every reason to expect forceful action compared to the years of minority government between 1962 and 1968."

"So far, and it is now almost a year, the government cannot point to too many actual accom-

1. What do you feel should be Canada's defense role in NATO, in NORAD, and in peacekeeping?

"Canada's role as a middle power gives her a unique opportunity to play a positive role in international peace keeping. The more positive the identification that Canada has with one of the major world power blocks the less effective can it be in exercising a role in reducing world tension. I feel that Canadian participation in the military aspects of NATO serves no useful purpose. At a time when we are working towards a lessening of tensions between East and West there must be a conscious attempt to reduce the level of military might. Any East-West confrontation will be on a nuclear level and will involve the use of ICBMs. Canada has no capacity in this area and its contribution to any military alliance must be confined to conventional forces. For those who draw attention to the brutal Soviet intervention in Czechoslovakia as a reason for Canada remaining in NATO, I must respond that it was not the limited military contribution of Canada that acted as a deterrent but rather a fear of nuclear retaliation which prevented the Soviet Union from extending its intervention into countries other than Czechoslovakia."

Canada's participation in NORAD is mainly and generally symbolic. We have personnel in the NORAD command chain but no one would seriously suggest that their presence could affect policy decisions one iota. My objection has been the renewal of the NORAD agreement by the Trudeau government without reference to the Parliament of Canada."

A realistic contribution of Canada to world peace keeping would be the establishment of a highly mobile military service force which could be placed at the disposal of the United Nations in putting off minor 'brush fire' wars, and in maintaining treaty settlements between nations negotiated under the auspices of the United Nations."

2. In your opinion, to what extent does CFB Comox add to the economic welfare of the Comox Valley?

"CFB Comox adds substantially to the economic position of the Comox Valley. The 1800 men involved in effect makes it the largest industry in the area. It has always been my position that any sudden crucial or major changes in the establishment of

Continued on Page four

Cadieux Clarifies ABM situation

OTTAWA (CFP) — Defence Minister Leo Cadieux spoke of the anti-ballistic missile situation in the House of Commons March 19. Here is part of his remarks: Ever since the early American research on the Nike Zeus anti-ballistic missile defence system 10 years ago, the Canadian department of national defence has taken a close interest in the problem of ballistic missile offence and defence."

We have never thought of participating in the offence, but we have been keenly aware that developments in defensive systems could have great significance for us. It was important to know whether Canadian geography would be vital for the defence of North America against missiles, as it is in fact for defence against bomber aircraft."

It was necessary to be able to assess the probable effectiveness of defensive systems, and to evaluate dangers to population that would be posed by such systems. Only with such knowledge would we be in a position to judge what was the best course of action for the protection of the Canadian population and for the pursuit of stability on the international scene."

The U.S. government has some limitations in the extent to which it releases information concerning nuclear weapons, and its research in the fields of missiles and anti-missiles is off course, highly secret. Nevertheless, the Americans have given us access to a considerable amount of information on the progress of their ABM research, sufficient to permit us to make our own independent assessments of the successive plans."

SENTINEL PLANS

The plans for the sentinel system were shown to our minister of national defence in April 1967, five months before the public announcement by Mr. MacNamara. We have studied the implications of such a system to Canada."

I wish to state that the Canadian government has been well aware of the potential importance of ABM for several years, and has received the cooperation of the United States government in provision of the technical information necessary to enable us to make our own assessments of the benefits, dangers, and implications of successive developments."

The objectives of the new United States system have been stated as protection of their land-based retaliatory forces against a direct attack by the USSR; defence of the American people against an attack from China, and protection against an accidental launching of a missile from any source. They have not requested that any of the defensive equipment be located in Canada."

We believe from our analysis that it would be possible for a system located south of the border to afford protection to a number of population centres north of the border, if the defensive plan and the firing doctrine so provide, but we have not requested that this be done."

SAFEGUARD

The new Safeguard system makes use of the same components as Sentinel, which consisted of two radars; the perimeter acquisition radar (PAR) and the missile site radar (MSR) and two anti-missile weapons: the Spartan and the Sprint."

An attacking ICBM is expected to be first observed over the polar regions by the ballistic missile early warning system (BMEWS). It will subsequently be acquired and tracked by the PAR which has a long range capability of more than 1,000 miles. Information is then passed to control posts where computers process the data and, on receipt of a firing order, the MSR guides the Spartan missile to make its intercept."

The Spartan missile has a horizontal range of about 400 miles with a somewhat shorter vertical range. The effectiveness of Spartan depends on the detonation of a very large nuclear warhead in the near-vacuum of outer space."

The Sprint missile complements the Spartan system by making its interceptions lower than Spartan, and can destroy ICBMs in their final approaches to the target. Sprint has a much shorter range than Spartan, being able to reach about 35 miles from the launch site. Because the intercept occurs at low altitude, Sprint has a very much smaller warhead yield than the Spartan."

SPARTAN

If long range Spartan ABM missiles, sited near the Canadian border, were fired against ballistic missiles approaching U.S. targets from the north, it is probable that some of their defensive nuclear warheads would explode above Canadian territory. These explosions would occur well above the atmosphere where the Spartans are designed to destroy or neutralize the ICBM warheads so that they could not detonate. Spartans are programmed to make their interceptions at a high enough altitude to prevent damage to people living beneath the bursts."

In contrast, if the attacking missiles were to penetrate to their intended targets and burst on the ground, very heavy fallout would ensue, which would be spread over a large area of the United States and Canada. Consequently, from the point of view of fallout, the presence of the defensive system is a distinct advantage, if you accept the possibility of a nuclear exchange."

SPRINT

The shorter range Sprint ABM missiles would also be burst at altitudes high enough to avoid serious damage to populated areas on the ground, but it is unlikely that they would have sufficient range to reach as far as the Canadian border in the new Safeguard deployment."

AT WORST

Under unfavorable conditions where the Spartan engages the ICBM below the minimum designed altitude over Canada, the following harmful effects could be possible, but the possibility of these occurring would be very small; some fires might be started in inflammable material, anyone who had skin directly exposed to the burst might receive burns; some window breakage would be apt to occur and possible temporary flash blindness might take place."

These results are very minor compared with the casualties which would result in the vicinity of the target, or indeed over a wide area in the event that the attacking missile burst on the ground and produced widespread fallout."

Nanaimo attack anticipated

Esquimalt — More than 450 Canadian Forces Reserves, members of the Pacific Region Strike Battalion, will carry out extensive training manoeuvres near Comox from April 6-11. A full-scale amphibious assault at Nanos Bay, eight miles north of Nanaimo on Thursday and Friday, April 10 and 11, will wind up the week of concentrated training."

Two Canadian Forces destroyers, HMCS Columbia and HMCS Chaudiere, and the gate vessel HMCS Porte de la Reine, will be engaged in the landing and withdrawal phases. CFB Comox will provide the reserve forces with logistic support throughout the exercise."

Reserve units taking part will be the Seaforth Highlanders of Canada from Vancouver; the Royal Westminster Regiment, New Westminster; and the Canadian Scottish Regiment (Princess Mary's) of Victoria. The Vancouver Service Battalion will provide support troops, while an enemy force of

SPRING BLOOD LETTING



DETERMINED TO BE the first blood donor of the season Sgt. Bruce Heatherington rushed down to the MIR to give his pint before anyone beat him to it. The MIR staff was totally unprepared for this sudden burst of civic mindedness but made do with improvised equipment.

— Totem Times photo

The Canadian Red Cross will be holding its annual Blood Donor Clinic in the Recreation Centre on Friday, April 11 from 1300 to 1600 hours. The previous clinic which was to be held last January had to be cancelled because of weather."

This is to be an "all ranks" function with the exception of Aircrew members, who are reminded that they may not perform flying duties until 72 hours have elapsed since time of donation. Dependents over the age of 18 years are also invited to attend."

Everyone is urged to give blood because, through voluntary donors, the Red Cross supplied

blood and blood products free of charge to any patient in any hospital in Canada. All blood is the gift of volunteer donors. Blood cannot be manufactured. It must come from people."

When ever you or a member of your family may be in hospital and need blood or blood products, you will receive these free of charge. If everyone gives there will be an ample supply of blood when you or a member of your family needs it."

An average of one unit of blood must be collected every 15 seconds of every working day to maintain an adequate supply of whole blood and blood products."

More than 900,000 units will be required for transfusion therapy for patients in Canadian hospitals during the year."

There is no discomfort experienced in giving blood donations. Every phase of the program is under professional supervision. Specially trained nurses will take your donation."

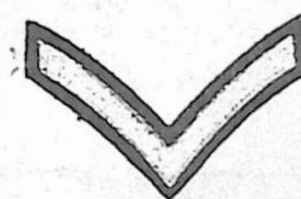
You give only one-twentieth of the average body content. Three quarters of a pint. This is replaced within 24 hours."

It takes so little time. Only 30 minutes from start to finish including time for testing, registration, rest and refreshment. The actual giving of your blood takes only 4 to 5 minutes."

New rank badges announced (again)

Top to bottom are revised rank badges for men below warrant officer in the new greenies. One gold chevron goes to skilled servicemen working under direct supervision. Gold Maple leaf and chevron shows private on achieving career status under CFAO 6-2. Leaf and two hooks, the leaf superimposed on upper chevron shows the corporal. Leaf in vee above two hooks shows master corporal who works under limited supervision and may also supervise, lead or train junior ranks. Leaf in vee above three hooks is the sergeant, the working supervisor. More detail in Canforger 053 of March 14.

PRIVATE
(LEVEL 4)



PRIVATE
(LEVEL 4)
(CAREER STATUS)



CORPORAL
(5A)



MASTER
CORPORAL
(5B)



SERGEANT



UNISKINS by mac



Picton phased out

The phasing out of Camp Picton, Ontario, as a military base has been announced by the Minister of National Defence.

The process will be a gradual one phased through to September 1 of this year, and a program has been established to assist the 109 civilian employees affected to find other employment.

Reason for closing the base as a military establishment is the reduction, announced last year, in the number of infantry battalions in the Canadian Forces. One of the battalions being reduced to nil strength is the 1st Battalion, Canadian Guards, the only major unit stationed at Camp Picton.

About 75 guardsmen and 33 Armed Forces maintenance personnel now at the base are being posted to other locations.

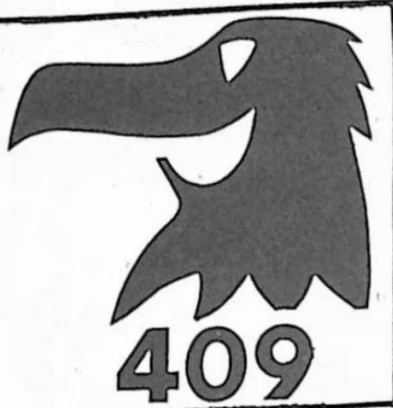
Qualified civilian employees who are offered and accept, a position at another defence establishment or elsewhere within the Public Service which requires a move to the new place of employment, will be reimbursed for reasonable expenses involved in the move.

The Department of National Defence is providing to the town of Picton, to provincial authorities and other Federal agencies, full information on the physical resources which are available at Camp Picton, for possible industrial, manufacturing, or other uses.

Camp Picton is located on the west side of the town of Picton about 25 miles southeast of Belleville. In 1940 it was selected for an air station site under the British Commonwealth Air Training Plan and was operated by the Royal Air Force as a bombing and gunnery school from 1942 until 1944.

In 1946 the camp was taken over by the army and became the temporary home of the Royal Canadian School of Artillery (Anti-Aircraft), 210 Workshop of the Royal Canadian Electrical and Mechanical Engineers, 1 Light Anti-Aircraft Regiment of Royal Canadian Artillery and 1 and 2 Surface-to-Surface Missile Batteries of the Royal Canadian Artillery.

Night Hawk's Nest



A new month has dawned at last, and all those airplanes that have been slothing around in the barn will have to get out and work. First, however, there is the small matter of arranging unit check-outs for all the aircrew who have been slothing around in the bar. There has been so little flying time available lately that when it came time to pick the teams for the pilots versus navy hockey game, people couldn't remember which they were.

For the second consecutive time, the squadron managed to slide through another hockey fiasco without maiming anyone, which goes to prove that the age of miracles is yet with us. The brand of hockey displayed far outclassed that shown in the first of these bloodbaths, and the spectators were entranced indeed.

Somewhere during the middle of hockey night in Actionland, the wives had a broomball game which truly dazzled the assembled multitude. A full report of this and the hockey game will be found on the sports page of this issue of the Totem Times as the editor has a crying need for filler.

Ed Goski is going to change his name to Ed No-Ski. Ed was doing a bit of fancy footwork on the slopes last week, and some how managed to break his leg in several places. He is now equipped with a concrete leg, and is not expected to be walking for ever so long. According to Paddy O'Sullivan, this means that Ed is now eminently suited for a job in CAC, in place of Paddy.

Bill Bland has had his Staff School postponed for a while, presumably at the request of Staff School, who needed extra time to adjust to the idea of having Bland on board. This came

as a bit of a blow to Lyn Wagar, who had anticipated paying his mortgage with the squadron fund that he was supposed to be taking over from big Bill.

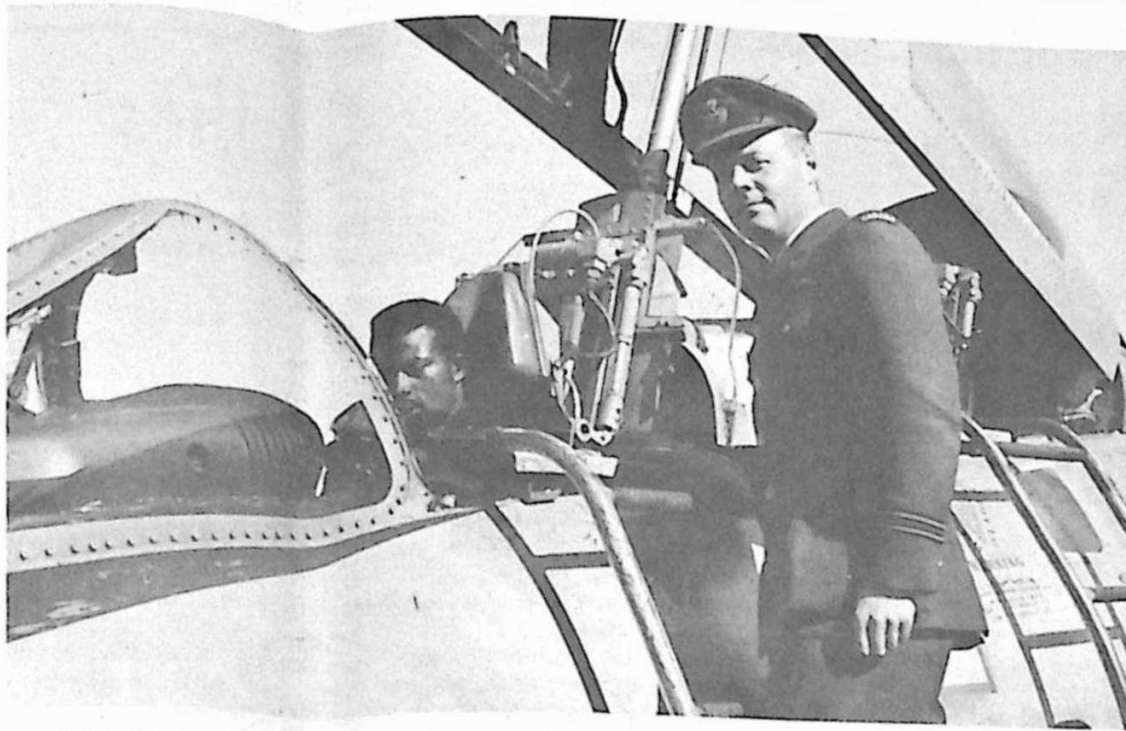
Some new bods have arrived to bolster the strength of A flight. Guy Sullivan, who has been kicking around the system for longer than there has been a system, will eventually take over as nav-dad of A flight. He is admirably suited for this task, as he has an even longer forehead than the present incumbent, if such a thing is possible. Rudy Witthoef has also escaped the clutches of Beyondville, and his presence on the flight will enable Bun-Bun to feel senior to someone. Not superior, just senior.

The ranks of the balloons have been depleted by three promotions. Erwin Sippert is a cap'n now, and Harry Reddin and Stu Bains will be on the first and twenty-seventh of May respectively. Congratulations to all.

Dale Northrup and Fred Brittain have departed for Sardinia, which should give the rest of the troops on B flight a chance to get some flying time. Dale and Fred have their own system for dividing up the flying time, which goes something like, "one for me, one for some one else; one for me, one for someone else," and so on.

Another Felix Echo exercise is history. Not very exciting history, but history nonetheless. A bunch of people got kept up beyond their normal bedtimes, a few airplanes woke up a few more people and, like that, the exercises are obviously designed for people with weak hearts, who are under doctors orders not to get excited.

Rumor of the week: Vic Rush-ton gets his Easter Bunny from a Playboy club.



CAPT. RHINEY KOEHN of 409 Sqn. was escort officer for Flt. Lt. Mike Danso of the Ghana Air Force, here as a guest of the Canadian Government. F/L Danso sits in the cockpit of a Voodoo on static display at CFB Comox. The tour included a scenic cruise aboard an Albatross, partly in the air, and partly in the water of Comox Lake.

MR. OK PRESENTS

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GOODBYE USAF

WASHINGTON (CFP)—Defense secretary Melvin R. Laird has announced that military operations will cease April 15 at Washington's national airport. Reasons are growing air traffic and space congestion

there. Military aircraft from mid-April onwards will only use the airport in emergencies. The detachment there is closing, its functions shifting to Andrews air force base in Maryland.

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Aerospace defense command
23 years ago

HQ ADC — The Aerospace Defense Command celebrates its 23rd birthday on March 21. It is interesting to take a backward look to see the aircraft and equipment the command had available 23 years ago.

Prior to World War II, air defense of the United States was not considered to be a pressing problem. Great oceans separated the country from Europe on the east and the Orient on the west. To the north were friendly Canada and an expansive buffer zone of polar wasteland that effectively isolated the United States from Russia. In the south were Mexico and the underdeveloped countries of Central and South America. But with the advancements made in aircraft performance during 1941-1945, these natural barriers lost their protective value.

World War II had shown that attacks could be made against targets many hundreds of miles away. Therefore, Air Defense Command was organized and activated at Mitchel Field, N.Y., in March 1946, "to thwart any attempt by an enemy to attack our homeland."

Although ADC was then officially alive, it was only a "paper tiger." From the beginning it was obvious that Headquarters Army Air Forces intended to use the new command as a training school for its civilian components — the Air National Guard and the Air Force Reserves. And it was also obvious that if the air defense mission given to Air Defense Command was to be accomplished, it would be accomplished with the Guard and Reserve forces rather than with the few regular forces assigned.

Initially, ADC was allotted a squadron of P-61s based at McChord Field, Wash., and a squadron of P-47s based at Mitchel Field. This strength was

increased on paper in July 1947, but it was late 1948 before people and equipment were added.

The control and warning part of the command was in even worse shape. There were no aircraft control and warning units assigned and only one such unit was earmarked for assignment. In spite of ADC's efforts to correct this situation, delays in funding for a radar network killed any early hopes for an operational system.

The need for an effective air defense force capable of carrying out its task was finally driven home when the Communists, with Russian support, seized power in Czechoslovakia in February 1948. By March the situation looked so serious that Gen. Lucius D. Clay, the American Military Governor of Germany, warned Washington that World War III might begin at any time. To prepare for such a crisis, Air Force directed ADC in March to set up an operational air defense network in the Northwest, but there was little that the command could do about the order. The total aircraft control and warning facilities available on the West Coast were two CPS-5 radars, one at Half Moon Bay, Calif., and one at Arlington (near Bellingham), Wash., and these were being used for training purposes only.

In an effort to provide the warning capability desired by Air Force at the earliest possible time, ADC ordered Fourth Air Force at Hamilton AFB to establish radar stations at Spokane, Hanford, and Neah Bay, Wash., and at Portland, Ore., using the TPS-1B equipment available in the depot at McClellan AFB. The CPS-5 at Arlington was to be placed on 24-hour operation immediately. Thus, a system of sorts was put into operation on a crash basis, but it was soon apparent that it was grossly ineffective.

While the ground environment was being put together, ADC was also gathering an interceptor force with which to challenge any intruder. The P-61s assigned to ADC in 1946 were never really effective in air defense operations. As a replacement for these, the command began to look at the Curtiss-Wright XF-87 and the Northrop XF-89. But, until one of these or some other model was picked for production, an interim aircraft was needed and the command selected North American's F-82 Twin Mustang for the job.

Yes, to most airmen of today's Aerospace Defense Command — airmen familiar with such sophisticated weapons and systems as supersonic all-weather interceptors, phased array "space" radar, Ballistic Missile Early Warning systems, SPACE-TRACK and BOMARC — 1946 may seem a million years ago.

Today, however, 23 years since it first came into being "to thwart any attempt by an enemy to attack the homeland," ADC is still striving to gain the latest in weapons and equipment to carry out its ever more challenging mission. (ADCPS)

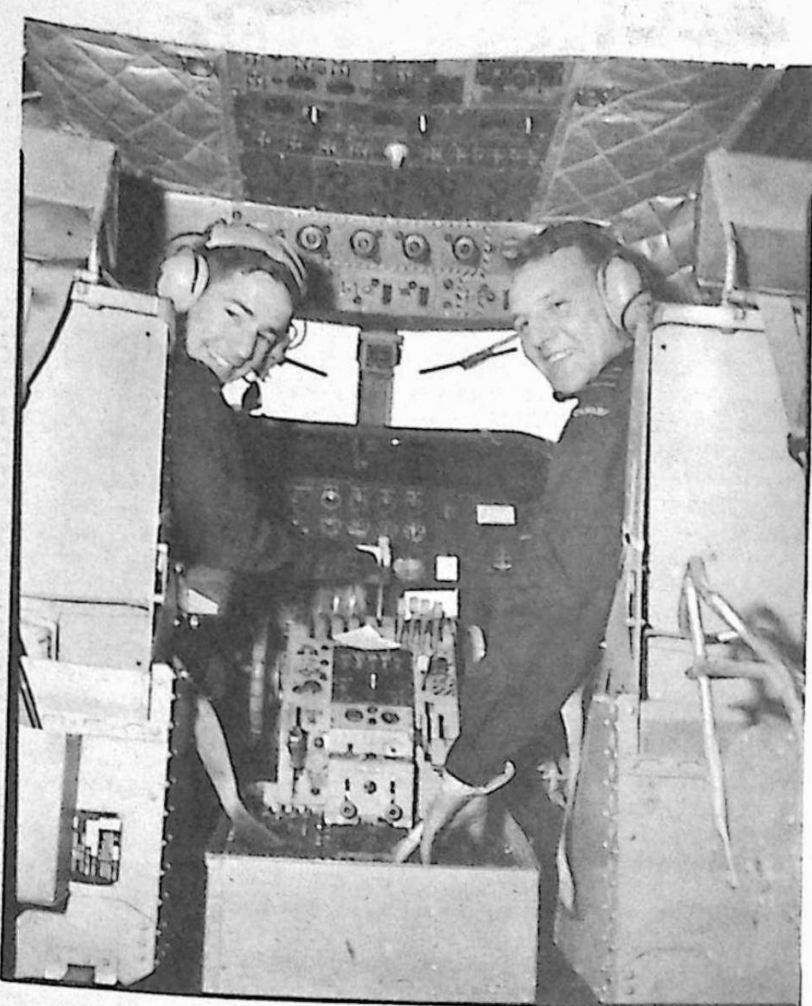
Sea Cadets

WINNIPEG (CFP) — The Crusader sea cadet corps have placed second in the Navy League's international small bore rifle shooting competition.

The corps will receive the Navy League of Great Britain's trophy for this effort in the annual competition.

A British team was first and Swedes placed third. In 1967 the Crescent corps of Hanna, Alta., won the top international trophy.

In the latest competition, Leading Cadet A. C. Cross of Port Frances, Ont., and a New Zealander posted perfect scores.



"Guess what crew, neither one of us know how to land this thing!"

Better Navy for '70s

WASHINGTON (CFP)—Its chief of naval operations believes 850 ships are needed for the U.S. Navy of the 1970s.

Admiral Thomas H. Moorer in testimony to a House of Representatives subcommittee on seapower said 58 per cent of the USN's ships "are at least 20 years old" and that "less than one per cent of the Soviet navy's surface combat ships and submarines are 20 years old or older".

The top admiral says principal components of the USN of the Seventies should be:

"Attack carriers; strategic offensive and defensive forces; nuclear attack submarines; anti-submarine warfare support carriers; escort ships such as frigates, destroyers, and ocean

escorts; amphibious ships; and an appropriate number of other combatant and support ships for such tasks as mine countermeasures, under way replenishment tender basing and resupply."

He expects the threat to U.S. sea supremacy is "real" and will "increase" for which "we now require an expanded ship replacement program for the years ahead if the navy is to be capable of performing its foreseeable tasks".

Dapper Dan says

OTTAWA (CFP)—Have you noticed how some of the newspaper columnists devote part of their space to "Things I Can Do Without"?

Now if I were writing a column like that, at the top of my list would be unsolicited credit cards. Sending an unsolicited credit card to an irresponsible person or a poor credit risk is like offering an alcoholic a drink—very interesting, but shooptid!

Most of us in the financial counselling field are quite concerned with this development. I have even gone as far as querying certain company executives about such cards. I always receive the same reply. It's to meet the competition, to keep abreast of the times that they feel they must include this gimmick in their promotional campaigns.

So, if we don't want this type of material, what do we do about it?

The Consumer Listening Post, Box 99, Ottawa, says the best thing to do if you don't want the card, is to destroy it immediately. The Listening Post is that excellent service set up by the department of consumer and corporate affairs.

You can send an unsolicited card back, at no cost to you. But what if it goes astray after you've mailed it and somebody uses it? It can become quite messy before it's straightened out. (D.C. Hodgert, financial counselling administrator for the forces).

How sweet it is

OTTAWA (CFP)—A pair of electronic gems, one from a commander from an air type corporal, has earned them cash awards totalling \$3,675 in the latest list released by the defence department's suggestion award people.

The awards list total \$7,555 going to 35 people.

Cdr. G. G. Crosswell of aero systems engineering at CFHQ picked up \$2,855 over and above an initial \$1,025 for improving anti-submarine airborne detection equipment when he was a lieutenant-commander. The department sweetened the ante when savings rose to \$238,000.

At base Greenwood, a capacitor change in the base's maritime radar trainer suggested by Cpl. J. D. S. MacDonald, solved a headache which had the experts baffled. He got \$820 for the idea. He's now with 4 Wing, Baden Soellingen, Germany. The change also affects trainers at Winnipeg, Summerside and Comox.

Technical officer W. C. Goudie of Ottawa received \$370 for suggesting improvements to motion picture containers used to ship films to forces formations around the world.

On the west coast, J. E. O'Hanlon and E. Nicholson of the naval supply depot split \$380 for their idea to use Telex instead of other methods of communications between the depot and its customers in the Pacific area.

Substituting spring clips for porcelain ground/air transmitter caps on tubes lengthened their life and reduced the danger of injury to technicians. So said Cpl. S. R. Moore of air defence command, when at rear headquarters in Longueuil, Que. The idea netted him \$250 and saved the government more than \$1,400.

Amateur designer, Sgt. B. E.

Dack of base Uplands, Ont., came up with a special tool for opening snug-fitting oil cooler door assemblies on Cosmopolitan engines yet avoiding damage. The idea earned him \$230. Cost of the Uplands-make tool is \$4, its commercial counterpart—\$12.

Twenty-nine civilian employees and servicemen shared \$2,650 in award money for ideas valued up to \$180.

Atlantic region: PO E. J. Kurmey, base Shearwater, N.S., PO K. K. D'Abreu, base Shearwater, PO G. G. Young, base Shearwater, Ldg. Sea. A.F.R. Lewis, base Halifax, Cpl. E. A. Blizzard, base Greenwood, N.S., Cpl. D. W. Fasken, base Greenwood, Cpl. P. J. Stapleton, base Chatham, N.B.

Quebec region: J. R. R. Paradis, station Mont Apica, Capt. J. C. Hebert, base Bagotville, Sgt. N. L. Westfall, base Bagotville, Cpl. R. Lesieur, base Bagotville.

Ontario region: Cpl. W. Kujbida, base Rockcliffe, Cpl. N. H. Gawke, base Uplands, Sgt. A. B. Hamar, base Trenton, Cpl. D. W. G. Morgan, base Trenton, Cpl. G. D. Wolfe, base Trenton, Cpl. G. K. Brown, base Toronto, ex- WO G. N. Cole, 511 Nelson St., Pembroke.

Prairies region: Sgt. D. M. Setters, base Winnipeg, Cpl. L. V. Webster, base Gimli, Man, Cpl. P. A. Burke, base Rivers, Man., Cpl. S. R. Moore, station Yorkton, Sask., Cpl. H. A. Brick, base Edmonton, Sgt. F. G. Stebbins, base Edmonton, Cpl. D. E. Falser, base Edmonton, Cpl. J. F. R. Alexander, base Cold Lake, Alta., Cpl. D. G. Rideout, base Cold Lake.

Europe: Cpl. T. O. Mahar, 3 Wing Zweibrücken, Sgt. I. S. Wells, 4 Wing, Baden Soellingen.

Demon Doins

Where have all the Demons gone? The darts are gathering dust and the bar profits have plunged. The crew rooms have sit devolved of life. The situation commander has applied for ISO-lation pay. The fellows who last summer are now paying the toll. However this aura of peace and quiet will soon be dispelled as the Demons gather from far off places. It would be gross injustice to say that the squadron hasn't been working for once again we exceeded and we have done our usual fine job of waking the Comox Valley up in the early morning.

Those who have taken the last bit of annual leave and the people away defending the maritime approach will be returning home. Next week will see the squadron a beehive of activity as we enter a new year with a full purse. Command has planned all sorts of exercises so that the Demons will be kept on the run for the next few months.

Last Thursday L. Col. Middleton welcomed visitors from VP-48 to CFB Comox. Capt. Don Chapman and his cohorts from crew 1 were selected to act as the Demon welcome wagon. From all comments passed it seems that our American friends enjoyed their stay and were most reluctant to leave. Although their stay was cut short the host crew managed to see that their guests left with fond memories of CFB Comox and area. Lt. John Runners, from VP-48 will undoubtedly have exceptionally tender memories of the visit.

The Buffalos are coming to Comox next week. The hard commander, L. Col. Doug Souchen, will lead a 404 crew from CFB Greenwood. The purpose of the trip is still rather hazy but we certainly expect attempts

"BOOMERANGS" VISIT COMOX



ON THE 20 Mar the 407 Demons had the pleasure of hosting a United States Navy Maritime Patrol crew. The P-3 Orion and crew came to the sunshine coast after completing a patrol originating from Adak, Alaska. They are members of the VP-48 "Boomerang" squadron which is currently rotating through NAS Adak. PPC, Lt. Jack Odell, led crew seven of the "Boomerangs" on this initial fact finding trip. Along with the crew were the Executive Officer of VP-48, Cmdr. Ben Pitts and the representative of the Commander, Alaskan Sea Frontier, Cmdr. Jack Lewis.

on our trophy room. Speaking of trophies, the Demons are now able to boast a fine entrance rug generously donated to the cause by the O Club at Midway. We must remember to send something appropriate back in the event we should be allowed to return.

In a more serious vein we would like to congratulate two of the ground servicing people on their recommendations for "Good Show" awards. They are Cpl. GSC Smith and Pte. JLR Dore, both AE Technicians with the Demons. On two separate occasions while carrying out an "A" check and a PI on Argus aircraft these personnel noticed similar component failures. The alertness and diligence in following up on these failures resulted in the prevention of what could have been a serious air accident. This is the attitude that makes the 407 Demons the best squadron.

Heart disease kills about 76,000 Canadians yearly.

DEMONS RECEIVE AWARDS



DEMONS RECEIVE AWARDS — Shown above are the members of 407 (VP) Squadron who were awarded the clasp to the CD and the CD. The awards were presented by the Demon commanding officer L/Col. J. S. Middleton during a ceremony on March 21. The personnel involved represent over one hundred and ten years of active service. Back row: L/Col. J. S. Middleton, MWO J. G. Whittle, Cpl. C. G. Moulton, Cpl. R. L. Gillespie, Capt. A. S. Gordon. Front row: Cpl. R. S. Covey, Cpl. R. T. Gould, Sgt. J. E. Holmes.

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A man for the world

Soldier, educator, statesman. These three words sum up the career of that distinguished American, Dwight David Eisenhower. But it could be summed up in one word: service. Throughout his life, General Eisenhower served his country with a devotion that is not often seen in these times.

It would, however, be fair to say that his service was more than just to his country. As commander of the Allied forces in Europe, he was serving not just his country, but a cause; a multi-national cause. As commander of NATO, he was again serving a multi-national cause.

In serving these multi-national causes, he was working for an ideal; the same ideals for which he was to work when he became president of the United States. His principles were based on the advance of humanity, the preservation of human dignity. Not all that remarkable really. Every political figure can make the same claim.

But Eisenhower was one of the first to show how it might be done. His particular genius lay in his ability to make people with different background, different traditions and different languages work together in a common cause.

In a rapidly shrinking world, the example which he set is invaluable. He was able to put together an international team that worked, and worked well. It had, of course, the stimulus of war, to help make it work, but with someone else in charge, the alliance could as readily have been unsuccessful.

Many of the problems the world now faces will become as pressing as those faced during World War II. Many of them will only be solved by international action. The example of General Eisenhower will long remind people that success in such ventures is not impossible. He was truly a man for the world, and he will be missed.

Anti-Missile or Anti-American

The American decision to proceed with the building of anti-ballistic missile system has engendered a predictable amount of hysteria in Canada. Many politicians and pundits have cried out fearfully; so much that one is almost led to believe that the Spartans and Sprints will be aimed directly at Canadian cities.

The bulk of the reaction is based on the belief that any interceptions made by Safeguard missiles will be over Canada, and that the fallout from these interceptions will leave Canada nothing more than a smoking, sterile wasteland, while the United States continues on, fat and prosperous.

This is not, of course, the case at all. Should the ABM system ever be called upon to intercept ICBMs, they will do so at altitudes far greater than those attained by today's interceptors. Even the short-range Spartan will intercept above today's usual combat altitudes. The resultant fireball from these interceptions will not touch the ground. It will not, therefore, suck up huge amounts of mud, dirt and cities and turn it into lethal fallout.

Some fallout will result from ABM explosions. But, it will be as nothing compared to the fallout that will result if an ICBM is allowed to reach its target prior to exploding.

All things being equal, a nuclear explosion some 100,000 or so feet above one's head is infinitely to be preferred to one taking place at or near one's head. Another feature of the ABM decision that has drawn much adverse Canadian comment is the apparent lack of consultation. "Canada wasn't consulted," is the outraged cry. Well, why should she be? The Americans have decided that their retaliatory forces require this extra protection, and they are, from their own resources, going to provide it. The need to consult with Canada before deciding to build defence installations in their own country would seem to be minimal.

In one respect, it is perhaps surprising that Canada wasn't consulted about the decision to proceed with Safeguard. The agency charged with defending North America against aerospace attack is NORAD, and in this, Canada is a full partner. In view of this, one might wonder why Canada wasn't approached to carry some of the cost. In various ways, though, Canada has made it clear that she has no intention of participating in such a scheme, and it is quite possible that the Americans thought that any such approach would be essentially barren.

In actual fact, the idea of Canadian participation in Safeguard might not be all that far-fetched. Within the next decade, the bomber threat that Canadian forces in NORAD are currently deployed to meet will diminish. The Bomarc and the Voodoos will then become redundant. What then will be Canada's contribution to NORAD?

If the main threat to the continent then comes from ICBMs or submarine-launched ballistic missiles, Canada will have to participate in some form of anti-missile defence, or get out of NORAD and have no voice in aerospace defence.

This, however, lies in the future. For the present we should remember that Safeguard will not produce huge clouds of lethal fallout over Canada; hopefully it will prevent them. We should also remember that having expressed monumental uninterest in a project, we shouldn't cry about not being consulted. Lastly, some of our politicians should remember that while being spring-loaded to the anti-American position is probably easier than thinking, it does little to stimulate intelligent public discussions of many important issues.

Is that what politicians want?



At the prices you guys charge I think the Hippies have got something.

Time and communication

From its formation April 1, 1965 until Dec. 31, 1968, the Canadian Forces communication system (CFCSS) handled 116 million message transactions. At present they are handling 2.5 million message transactions per month.

Even with the forces reduction in manpower, the closing of several bases and stations, and the amalgamation of units and schools, the forces telegraph message traffic total remains at a high level.

Over the period of strength reductions, the CFCSS has normally been able to maintain the established message handling times and error rate objectives. Through redistribution of manpower, the use of improved techniques, procedures, and equipment, efficiency can be realized within the system.

Of concern, however, is the trend by the users of the forces communication facilities to lose sight of the factors that decide the proper communication method they should use.

The advancements made in our long-distance telephone capabilities and message handling facilities are not provided to make the job of handling rou-

tine correspondence easy for their users. They are provided to supply fast and efficient communications when speed is important, and the time-factor involved dictates that their use is needed.

All too often a decision to send a message is made without any regard for the time element involved. Maybe the deciding factor is that what has to be said will be very short, or it may be important, (important topics also produce many Priority messages - don't confuse importance with urgency). Another deciding factor may be the ease with which a single copy can receive wide-spread distribution by using the telegraph communications facilities.

Let's face it, if someone were leaving Vancouver to visit you at home in Winnipeg but you weren't going to be there, you would tell them by (1) letter, if they were leaving next week, (2) a telegram, if they were leaving in a day or two, and (3) a long-distance telephone call if they were leaving in a few hours.

The factor deciding the type of communication to use in this case is "Time" and, of course, when paying the shot.

Lance explains obesity

(By Cpl. Lance Sterling)

Henry the Eighth, and possibly Friar Tuck, are the only fat men in English History.

This doesn't seem too important at first glance. However, next to quick cures for cigarette quitters, fat and how not to be so, is the most popular subject around.

The reason that people have started advancing laterally as well as vertically, lays in history. Think back to your school days.

Joan of Arc, for instance was accused of a lot of things but being overweight wasn't one of them. The same with Don Quixote. He may have been fuzzy in the head, but he was long and tall in the saddle.

The whole thing boils down to food. Back in the old days, preparing a meal was a pretty simple task.

The cave man banged his dinner over the head by way of preparation. For a change of diet, he ate bushes.

Things were getting civilized by the time of the Romans. They still banged dinner over the head, but before putting it on the platter, they cooked it. For variety, they ate grapes (according to all the movies, anyway).

The crusades brought even more changes. Besides a year or two away from home, the crusaders acquired spices. Now they had something with which to flavor their dinner, after they banged it on the head, and while it was on the spit.

The one constant item in all this span of time from eating dinner, on the hoof, so to speak, to actually sitting down to eat cooked food, is that the people stayed slim.

It's only in the past fifty years or so that everything eaten has gone to waist.

The key to all of it is before your eyes every morning. Take a close look at that cereal box. It gives the name on the front of the box, right above the picture of the magic myna bird. On the back is a well, keen game or a gigantic offer that allows you, for fifty cents and 87 special coupons, to be the first in your universe to have an official spaceman's three dimensional compass that will always point to your belt buckle.

On one side is the special silverware certificates that authorizes the purchaser to buy forks and knives for slightly above retail prices. Under that is another coupon. This one for the gigantic offer on the back. On the other side is a full set of instructions on how to speak

Chaucerian English, plus a few more coupons.

Finally, buried down in the corner, right next to "copyright, USA" is a list of contents. You don't notice this, if like the normal cereal eater, you just read the back, play the swell, keen game, and cut out the coupons. But that buried list is the key.

You thought you were eating plain old breakfast cereal. You are actually putting away sizeable amounts of flaked milk, corn, sugar, salt, malt flavoring, Vitamin B, Nicotinamide, Iron Phosphate and some mysterious ingredient called BHT.

It isn't the cereal, its all that other stuff that's clogging up your body and causing you to swell up and out.

Breakfast isn't the only meal to be invaded by chemicals, vitamins and initials, however. Practically every thing eaten nowadays has something a little extra.

Take that little snack you had last night while you were watching educational TV. You thought it was just a box of tasty crackers. Little did you know.

How could anyone expect to stay on the lean side when they are packing away graham flour, sugar, brown sugar, vegetable oil, non-fat dry milk, invert sugar, soda, dicalcium phosphate, mono and diglycerides, sodium phosphate, artificial flavor, wheat starch, iron, niacin, thiamine, BHA, BHT, citric acid and a little salt.

You have to watch that salt.

Mice!

Mice are known as the "Bread of the Forests" and are sought by every form of flesh eater in the forest. Because of this fact of nature comes to the rescue of the little mouse to keep his line from becoming extinct as well as assuring the flesh eaters of a ready dinner. The number of mice produced to meet the demand is truly phenomenal. Mice produce youngsters every twenty-one days and have a brood ranging from six to eight each time. Imagine the numbers that develop from one pair when each of these have their litter of six to eight. It has been estimated that a single pair of meadow mice have the potentiality of a million or more relatives in a year.

HANSARD HIGHLIGHTS

March 14, 1969. Page 6629

CANADA ELECTIONS ACT
Amendment to permit armed forces vote in byelections

Mr. Leonard Hopkins (Renfrew North) moved for leave to introduce Bill No. C-181 to amend the Canada Elections Act (Canadian forces voting).

Some hon. Members: Explain. Mr. Hopkins: Mr. Speaker, the purpose of this bill is to give members of Canada's armed forces a vote in federal byelections. Military personnel declare their places of natural residence for purposes of general elections and should be permitted to vote in byelections, when one occurs in the place they have declared as their place of natural residence. There is no provision in the Canada Elections Act giving the right of Canadian Armed Forces personnel to vote in such byelections. This is a denial of a basic right in a free society and I recommend this bill to the house to correct this situation.

Motion agreed to, bill read the first time and ordered to be printed.

March 17, 1969, Page 6681.

MILITARY PERSONNEL IN ARCTIC

Question No. 1,605 - Mr. Muir (Cape Breton-The Sydneys):
1. What is the present total complement of Canadian military personnel in the Arctic?
2. How many Canadian military

bases are now being maintained in the Arctic, i.e., North of provincial boundaries, where they are located, and what is the total military personnel of each base?

3. What is the total complement of American military personnel now stationed in the Canadian Arctic?

4. How many Canadian Arctic exercises have been carried out by Canadian military personnel in the 1968 calendar year (a) in what areas of the Canadian Arctic were such exercises carried out, and (b) how many troops were involved in each case?

5. How many Canadian Forces military exercises have been carried out under tropical conditions, in what areas in the calendar year 1968 and what numbers of troops were involved in each case?

Hon. Leo Cadieux (Minister of National Defence): 1. As of 28 February, 1969, there were 400 Canadian Forces personnel stationed in the Northwest Territories.

2. Two Canadian Forces Stations, Inuvik and Alert, with 182 and 198 military personnel respectively.

3. 13.

4. One (a) Fort Churchill; (b) 40.

5. One (a) Viqueux Island, Puerto Rico; (b) 700.

REPLACEMENT FOR "TRACKER" AIRCRAFT
Question No. 1,628 - Mr. Forrester: Is it the intention of the

Department of National Defence to replace the "Tracker" aircraft presently in use by Maritime Command after they have been phased out of operation in a few years?

Hon. Leo Cadieux (Minister of National Defence): It is the intention to operate CS2F "Tracker" aircraft well into the 1970s. When a decision is made to phase out these aircraft, the form their replacement should take will be a matter for study.

REPLACEMENT FOR "ARGUS" AIRCRAFT
Question No. 1,629 - Mr. Forrester:

Is the Department of National Defence presently giving active consideration to the question of a follow-on replacement aircraft for the "Argus" presently in use by Maritime Command?

Hon. Leo Cadieux (Minister of National Defence): Yes.

MISSIONS FROM COMOX AIR BASE
Question No. 1,431 - Mr. Anderson:

1. What percentage of search and rescue missions from Comox Air Force Base are under (a) visual flight conditions (b) instrument flight conditions?

2. What are the minimum safe altitudes for an aircraft under instrument flight conditions, travelling from Comox Air Base to the North (Prince Rupert),

the South (Victoria), and the West (Tofino) and the East (Prince George)?

3. Can the Grumman Albatross HU 16 B be used safely in its present configuration under instrument flight conditions on search and rescue missions from Comox Air Force Base in any direction considering the possibility of engine failure?

4. Can the Grumman Albatross HU 16 B take off with only one engine operative?

5. What is the average cost to bring an aircraft back to flying status after an engine failure?

6. In terms of dollars, what did

Continued on page 9

Candidates respond

(Continued from Page one)

Blair McLean

plishments. They tell us they need time, but how much time do they need?

"Our European allies wonder what our NATO policy is going to be. At home, people are demanding action on housing, yet nothing has been done on the Heller report.

"Last spring we were promised a balanced budget. We were promised no increase in taxes. Yet, when the budget was placed before parliament in October, it revealed a \$735,000,000 deficit and a two per cent surcharge was placed on income.

"Great changes were made in the post office. Most citizens agreed with an increase in the postal rates. It was long overdue. But then, Mr. Kierans promptly reduced postal service. Probably the first time in the history of our country that we paid more for a service, but got less service for it.

"There are many more examples I could cite, Mr. Editor, but I realize your space is limited."

Question 4 - "ABM system"

"This question has come to the fore while I have been campaigning and I have not been able to study it in any depth. I am, therefore, unable at this time to make an honest appraisal on either the system or its potential effect on Canada.

"However, I do think that considerable thought was given to it by Mr. Nixon, and that Mr. Trudeau is aware of the President's reasons. I hope Mr. Trudeau will make the Canadian people as aware."

Question 5 - "B & B Commission"

"If your question refers to the establishment of bicultural districts across Canada as proposed by the Commission, then presently there is no major problem for British Columbia has no area that contains the minimum number of French-speaking Canadians to warrant such a district.

"As Canadians I think we have

Tom Barnett

This base would have disastrous consequences for the community. I believe that the federal government must take responsibility for the community, if a change in defense policy should create an economic dislocation. It must provide a real alternative for the economic base to the Comox Valley. Whatever the defense requirements may be, the Comox area must continue as a search and rescue base.

3. Do you feel that the Liberal party has lived up to the expectations of the Canadian people and if you do not, why?

"The Liberal party has not lived up to the expectations of the Canadian people. I am sure that those voters in Comox-Alberni who took a flyer on the so-called 'new politics' of Prime Minister Trudeau have been rapidly disillusioned. The people of Comox-Alberni and of Canada have expected action from a prime minister who was presented to them as a vital, dynamic leader. Instead they have received reports, recommendations, shrugs of the shoulder, but they have not received the leadership that they are entitled to expect from a Canadian Prime Minister."

4. What are your views on the proposed American ABM system and what do you think will be its effect on Canada?

"The proposed ABM system to be established by the United States government is obviously predicated on Canada being a fallout area. While this may provide some comfort to those Americans who expect to receive protection from hostile missiles, it will be no comfort to those Canadians who might become fallout victims in any future nuclear war. I have yet to be convinced that any effective ABM system has been developed. I am convinced, however, that the establishment of an anti-missile missile nuclear system will do nothing whatsoever to reduce tensions in an already nervous world."

5. As there are more German than French speaking people in British Columbia, do you think that the findings of the B & B Commission still apply in B.C.?

"Under the BNA certain of Canada's institutions are based on the premise that Canada has two father languages. There are many tens of thousands of persons whose ethnic origin and native language is neither English nor French. The B & B Commission was established to consider the best methods of ensuring in legislation the rights of the two founding races of Canada. These rights are planned to apply in all provinces. This does not mean to say, however, that ethnic or linguistic groups other than English or French should in any way be deprived of the right to use their own language and enjoy their own culture."

6. Are you in favour of extending or retaining the 12 mile off shore fishing limits and to what extent and how do you feel these limits be enforced?

"I am in favour of retaining and enforcing Canada's 12 mile off shore fishing limits. This must be maintained on a headland to headland basis to include the Hecate Strait, Dixon Entrance, and the Queen Charlotte Sound. A small country like Iceland has been able to maintain this territorial fishing integrity. A similar achievement should not be beyond the ingenuity and means of Canada. In order to enforce the 12 mile limit Canada must strengthen its fisheries protection and coast guard system and ensure adequate fishery patrols. As we expect other nations to respect our fishing limits, we should insist that the government of Canada open negotiations with the United States with a view to phasing out historic fishing rights in our waters. Unfortunately, the Liberal government has stated that it has no intention of doing this. When I am elected to Ottawa I shall press for the enforcement of this policy."

Thomas S. Barnett

NEXT

TOTEM TIMES

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MONDAY

APRIL 14

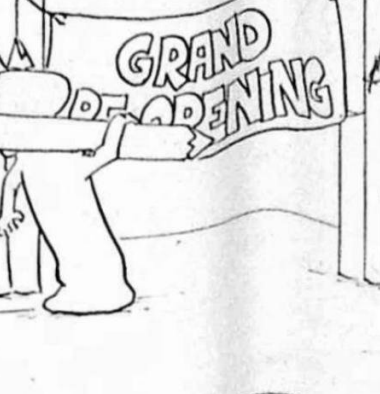
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From up in my perch

By Seemore

The other morning as I walked to work I couldn't help feeling what a glorious day it was going to be. The sun was shining, the birds were singing and the workmen were changing the numbers on the hangars. Now instead of being numbered from left to right as numbers, seven, one, and three hangars they will henceforth be known as one, two and three hangars. This shrewd move will help to relieve the confusion to people who have been on the base for less than five years.

I had just unlocked my office door when the boss called me into his office and said with a big smile on his face "congratulations Seemore, your third hook finally came through." Beaming, I said "Thank you SAMO, Sir." "Oh by the way, don't call me SAMO anymore, it's S. Tech O, sir, again."

Tripping down the hall on my way to clothing stores for a stock of hooks I was stopped by the friendly call of the P Ad O. "Your belated Centennial Medal has come through, and because it was our fault that you had to suffer so long without it we are going to give you not only the Centennial Medal, but the bar to it." Without a doubt, this was going to be my day.

Making my way through the new "number one" hangar I paused to watch some 407 ROs and Naves scraping the "VPD" from their squadron crests, the 407 Exec-Officer hanging a sign on his door to the effect that he was no longer the "Exec Officer" but the Deputy C.O. writing a notice on the notice board that said that any "navy type" talk in the squadron would be met with severe disciplinary action.

At the other end of the hall the 409 technical staff were busily engaged in the problem of fitting the aging Voodoos with mufflers, and cutting the wires to the Base P.A. system.

At last I reached my destination, clothing stores. There behind the counter was good ol' Cpl. Don Nesbitt who had just recently abdicated his position as PMC of the Totem Inn in favor of his career in clothing stores. "I've already heard the news ol' buddy," Don said as he pushed a pile of hooks at me. "While you're here why don't you pick out a couple of our new wash and wear, Air Force blue, matched summer uniforms? I guess you know that all our stock is on free issue or on the exchange basis now that the clothing allowance has been cut off and we've gone back to the old system." I was shaken and pleased, and allowed the tailor to take his time as he fussed over the fit of my new blues. Bidding good ol' Don "goodbye" I promised to return the next day to exchange all of my collection of old boots and shoes and not to forget my socks and ties.

Things were so good I thought I might as well go over to the Times office and read the latest news dispatches off of our wire service. As I walked along the road I saw a gaggle of young Flying Officers approaching from the other direction. Giving the traditional "palm outward" salute I was pleased to see that the young F.O. who returned my salute took both hands out of his pockets and the others stopped giggling, until the salute had been completed.

The news basket was filled to overflowing with news items that seemed too good to be true. "A royal commission has been set up to investigate charges of dereliction of duty and sadism in the Postings and Careers branch (Airmen). The Canadian Forces were being subdivided into three units called the Royal Canadian Air Force, the Canadian Army and the Royal Canadian Navy. The party responsible for the plight of the old Corporal was being impeached. Postings in the Air Force would be on a volunteer basis in the future, and the TD basis has been increased again rates have been increased again to bring them up to more acceptable standard. A recent investigation revealed that the PMOs gation revealed that the PMOs have paid for themselves twice over and henceforth rents would be only a nominal charge for utilities with a small additional sum added which is to be used for construction of more PMOs. The old point system for PMOs had been readapted.

My world certainly looked good. I thought I might as well go to the Post Office and see what goodies were there. I took the long way around, passing the Totem Inn I saw a happy band of Corporals and LACs carrying

furniture back and forth between the new Cpls Club and the Totem Inn.

Further around the loop I met Squadron Leader Thatcher, the Stations medical officer who gave me the good news that the Pension Board had just added obesity to its list of pensionable items. "As a matter of fact," he added, "I'm making my skinny young doctors eat at least two meals, a day in the Airmens mess just to get some beef on them."

Passing the Fire hall I was hailed by a cheerful band of fire fighters who were happily polishing one of their trucks. It was great to have these chaps speaking to the technical types again since all the trades in the Air Force were being paid the same once more on the principle that "we're all Airmen."

The Station gate was bustling with activity, the service police in their smart blue uniforms and snappy red arm bands were busily refusing entry to all Army and Navy types who did not possess a special pass from the Chief of the Air Staff. Reg Day, our talented station sign painter was merrily going about changing the word "Base" back to "Station."

I must confess I was not surprised when I opened my mail box and found two items. One was a notice that the post box rents had been reduced to two dollars and there was a refund enclosed. The other was a cheque for One Hundred and thirty-two thousand dollars from the Irish Sweeps. Trying to look as casual as possible I took the cheque over to the bank to cash it. "How would you like it sir?" asked the young thing behind the counter.

"In ones" was my casual reply. The young thing behind the counter had just reached twenty-three thousand, four hundred and twenty-nine dollars when an alarm bell started ringing. Startled, I turned, as something grabbed my shoulder and began shaking me. "Wake up, wake up, you'll be late for work."

During breakfast my wife told me she would be using the car all day and gave me sixty five cents for lunch in the mess hall. I refused. Somehow I knew I wouldn't be able to bring myself to pay for a meal in the mess hall. Sadly I walked, nay, shuffled off to work. Unlocking my office door I turned to see my boss scowling at me as if to imply I could be more punctual.



Thought for the Day: You know you've reached the bottom of the heap when you find your name on the distribution list after "File".

Second thought for the Day: If civilization is so great, why won't the Eskimos leave the frozen arctic and live down here? Rumour of the Week: 407 Squadron Argus will be sent to the contractor to be converted into water bombers. The squadron will assume forest fire fighting duties in the fall.

Runner up for rumour of the week: The recent wave of punctured arms in 407 Sqn. was caused by the immunizing of the Sqn's personnel against 'Dutch Elms Disease'.

Mushroomer: Captain Riley, well known 442 Sqn., Golf Pro has volunteered his services for a forthcoming base horticultural project.

Globe Trotter Awards Continue

OTTAWA (CFP) — Long range flights for highly deserving service people will continue in 1969-'70 according to the personnel benefits officials at CFHQ.

The seats are allotted to all commands, except transport command, Headquarters letter, P4520-2 issued March 19 from Ottawa outlines the flights and the command or formation to which seats are allotted.

There are 16 Yukon flights in all beginning in April 1969 and ending in March 1970. They vary in length from five day hops to Norway to 16-day trips to such places as Honolulu, Wake Island, Hong Kong, New Delhi and Accra. All flights begin and end at base Trenton.

The seats go to deserving service people as a reward for exceptional service. If you have received a promotion or posting for your sterling virtues you don't qualify. The selected few will travel as passengers on temporary duty.



"What do ya mean you got the right of way?" — J. Tremblay photo

KIPPERS TO KANADA

More than 2,700 British soldiers are scheduled to train in Canada during the current training year.

Three British infantry battalions will arrive at intervals this summer for about a month's training at Mobile Command bases.

1st Battalion The Royal Green Jackets from Tidworth, Hampshire, arrive at Camp Wainwright in mid-May; 2nd Battalion The Royal Regiment of Fusiliers from Watchet, Somerset; beginning training at Canadian Forces Base Gagetown in mid-June and 1st Battalion The Royal Regiment from Dover, Kent, arrive at Canadian Forces Base Petawawa during August.

The three battalions, totaling some 2,000 officers and men, will practice air mobility over long distances, set up bases in unfamiliar surroundings, and train to battalion level with Canadian land forces.

About 80 officers and men of 22 Special Air Service on exercise Oppidan are due to arrive at Canadian Forces Base Edmonton in July and August for five weeks special training in the Hinton Area west of Edmonton.

A battery of 5 Light Regiment from Bulford Camp, Wiltshire, arrive at Canadian Forces Base Shilo on December 27 for exer-

cise Bright Water 70. The month-long exercise will train the battery in movement of guns by air and winter operations. Also gaining experience in air mobility and winter warfare will be a company of 1 Coldstream Guards from Tidworth, Hampshire, who arrive for a month's

training at Camp Wainwright December 27 for exercise Frozen Jump 70.

Britain has sent comparable numbers of soldiers to train in Canada over the past few years. The training allows British units to take advantage of Canada's extensive exercise areas.

EASTER

This House of Good Clothes sends forth its Easter Greeting. The new spring stocks are at their best. Our Easter sport coats have a swinging grace all over them, with spring freshness written all over their style. There's much to see here that's new and our time is at the disposal of the men and young men who are just looking about for the Right sport coat or Easter Suit. Come, see Bill Rickson display for Easter. We've wonderful Easter shirts, Easter sweaters and toggies. Our Easter display is well worth coming to see and it will be a great pleasure to show you the season's best productions. EASTER, THE DAY OF ALL DAYS

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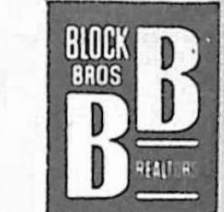
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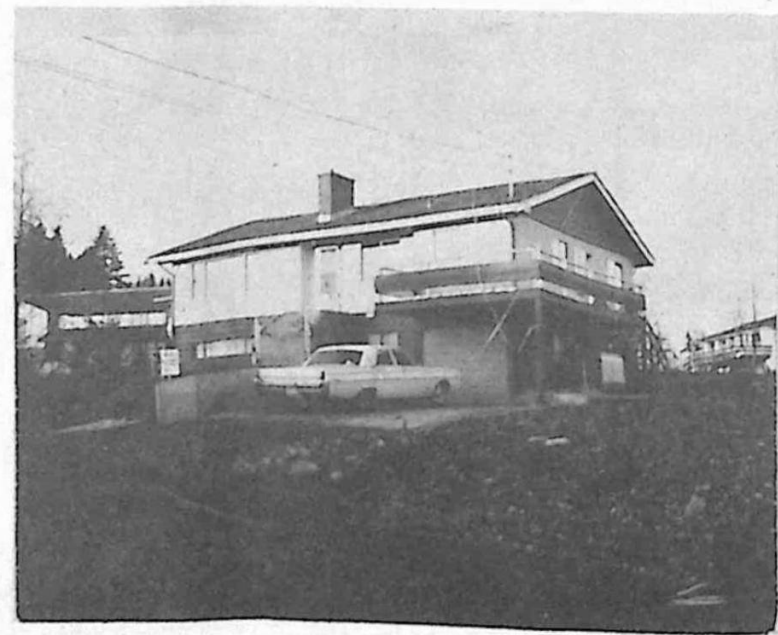
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Chapel Chimes

Protestant Chapel

GOOD FRIDAY — The only Holy Week service being held this year will be on Friday morning, beginning at 11 a.m. The Sacrament of Holy Communion will be celebrated by Padre Archer, following a short service of worship and meditation. We invite you to attend Church on this Sacred Day.

EASTER SERVICES — Two similar services will be held on Easter, at 9:30 a.m. and 11 a.m. We invite families with small children to attend the first service, as it will not be as crowded as the second. The Junior Choir will be in attendance at

the early services. Nursery facilities will be available in the Chapel Annex during both services, through the kindness of the Ladies Guild. The 11 a.m. Sunday School has been withdrawn for this Sunday only.

Sunday April 13 — A service of great interest to all former residents of Goose Bay will be held at the usual hour of 11 a.m. Kodachrome slides will be shown by Dr. Lester Burry, long-time United Church missionary at North West River. Write-up and picture of Dr. Burry is found elsewhere in this issue.

Roman Catholic News

Chapel Services — Easter Sunday — 9:00 hours and 11:00 hours.

April 3 — Holy Thursday — Mass — 7:30 p.m.

April 4 — Good Friday — Liturgical Celebrations — 3 p.m.

April 5 — Holy Saturday — Midnight Mass.

Confessions: — Holy Thursday 4 to 5 p.m. Good Friday 4 to 5 p.m.

Catechism: There will be no catechism classes on Holy Saturday.

Baptism: By appointment. You are asked to phone the Chaplain's office one week ahead of time and give full particulars.

CWL Bazaar and Tea: May 1, 1969 in the PMQ school, 7 to 9 p.m. Conveners — Mrs. Tighe, phone 339-2313 and Mrs. Geneau, phone 339-3643. Offers of help or donations should be directed to the conveners.

Does Easter matter?

By PADRE ARCHER

Christians have no difficulty getting approval and even popularity at Christmas. For Christmas is all about a baby, and everyone loves a baby. It speaks of life.

Easter, however, is likely to be misunderstood, for Easter is tied, incongruously it may be thought, to the death of a criminal. No bright tree ornamented with lights, but a cross is its sign.

Can Easter survive the assaults of our time? Who cares about life after death, or who wants it? Who believes in angels or the tale of an empty tomb?

Doubt shoves men toward unbelief. One of the recent prime topics for debate has been "Is God Dead?" A quick answer would be to ask with St. Paul, "If God be dead, how could he have raised Jesus out of death unto life?"

For Easter is above all about an action of God.

When we use the word "God" that way we mean the creative active Mystery that is responsible for the universe and for us. He is no thing, no event that you can experience and know as you know and experience other things. A God you could see or touch with eyes like mine or hands like yours would not be the Christian God. Yet without God there would be nothing.

The only God that is dead is the God invented by weak minds and idolatrous hearts.

Something so wonderful took

place in what we call Easter that we confess with the whole Church: "It is the Lord's doing! God has raised Jesus Christ to life." This tells so much about the mysterious Creator. He is Lord over human death. He is also Love that redeems, exactly as Jesus affirmed him. The God of Easter promises salvation and life. In this faith died the martyrs! In this faith we can live in 1969!

The Christian faith that mortality was overcome in Jesus and can be overcome in us promises us so much. Temporal limits are not binding for ever. Old habits will not enslave us for ever. There are visions over the horizon. There are new worlds to win.

How this is done is God's problem, not mine; but God has solved it. I am not called on to worry about the machinery of immortality.

So we come to Easter with the affirmation that Easter does matter in 1969. And you and I can help it matter even more with Paul's exhortation ringing in our ears: "Be steadfast . . . your labour in the Lord is not in vain."

Speak as Jesus spoke, about the fatherly love that cares, the Love that must inform our attitudes toward Vietnam, or Quebec or the troubled family next door. Act as Jesus acted, who went about doing good — healing, consoling, challenging the corrupt.

Padres Parables Cypriot sheep

NICOSIA, Cyprus (CFP) — This little analogue is about a goat-footed shepherd and a scattered flock and if you search hard enough you may find a parable, too.

The life of a padre serving with the United Nations peace-keeping force on this little island, where Barnabas was laid to rest in biblical days, is not an easy one.

Capt. Randy Wood, Protestant padre for the Canadian contingent, has to go into the mountains to find his flock.

He does that almost every day of the week. He climbs the Kyrenia mountains and jumps in and out of his jeep about a hundred times a day. He plods across muddy fields and also gets dust in his teeth. All this, to provide comfort and uplift to soldiers manning the lonely outposts.

When he is neither in the mountains or the fields, he can usually be found visiting patients in the UN hospitals here. He doesn't rest on Sundays either. That's when he dons khaki clothing and dons clerical robes to conduct the service in a Kyrenia church, in town. As he says: "to keep my hand in."

Originally from Walton, N.S., he graduated in Halifax from the University of King's College in 1958. He ministered to a parish in Watson, Sask., in 1958-62, before transferring to St. Matthew's Church in Saskatoon. In 1964 he became a chaplain in the Canadian Army.

CAPT. Wood's six-month tour of duty with UN forces in Cyprus ends this spring. He'll return to Canada for a few months, then move on to Germany with his wife and four children to serve with Canada's NATO brigade group for the next three years.

Medics make out in mock battle

SOEST, Germany (CFP) — More than 300 soldiers serving with Canada's NATO brigade in Germany became actors to play a battle casualty evacuation training exercise held here recently.

Code-named Millhand it was designed to practise and train the 200 members of the brigade's medical corps — 1 field ambulance. The unit's commanding officer, Lieutenant-Colonel Bill Crawford of Ripley, Ont., said exercise Millhand was "a tough and exacting one designed to test procedures in handling a sudden and massive emergency of battle casualties."

Before their arrival at the clearing station, casualties were diagnosed and tagged with the description of their wounds and first aid applied. As they were put into the evacuation stream, medical officers and their assistants carried out realistic front-line treatments that stopped short only of puncturing the patient's arms.

Realism extended even to taping tubes to the patient's arms and hanging bottles of fluids over stretchers in cases "requiring" intravenous injections.

Every type of procedure was seriously enacted with doctors calling for instruments as they performed their various emergency treatments.

Tetanus and anti-biotic injections were "administered", the seriously wounded confined to stretchers for three to six hours. When food was served, none of the patients got up and joined the chow line. They were fed where they lay or sat.

Even the weatherman got into the act and provided a 12-inch deep quagmire of mud.

Best Bob ever

LONDON (CFP) — One of Britain's major stations ran a unique raffle to raise money for the RAF museum.

The prize: command for a day of RAF Wattisdon. The idea came from the station commander, G/C Hans Neubroch and the winner was F/S John Morrison who had invested a shilling.

The winner was collected from married quarters by car in the morning to go through routine correspondence at station HQ. Then he toured his command, tried out the Lightning simulator, was joined at the officers' mess by his wife for drinks and lunch. Then his "groupie" took him for a Lightning flip.

Verdict: "The best Bob's worth I've ever had."

Work all across Canada, not just in your own backyard. Work, not just for one nation but for one Church, and for its effective service of every good cause.

Easter too is about life! Live happily in 1969, and let the world see our Christian gaiety and our spiritual hope. For Easter does matter in 1969!

Easter Tea and Sale

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Arctic Missionary to Visit Protestant Chapel

Any one who spent any time at Goose Bay, Labrador, between 1931 and 1956 will remember Dr. and Mrs. Lester Burry. The Burrys first posting as Home Missionaries for the United Church of Canada was a three year tour at Goose Bay, Labrador. The three years stretched in to twenty-five, then in 1956 they came out to become the Superintendent of missionaries in Labrador until their retirement in 1967.

Dr. Burry was inspired to the Northern missionary life by the great humanitarian, Sir Wilfred Grenfell who he met in Northern Newfoundland. In 1931 the Burrys were sent to Goose Bay to replace the part time ministers who had been serving the area during the summers for 100 years. There were only two families at Goose Bay proper but there were many natives and trappers in the vicinity. Although they found themselves completely isolated from September until June they were very happy and soon fell in love with the people, the country, and the way of life in the north.

With ninety per cent of his parishoners being trappers and away for long stretches of time, Dr. Burry put his hobby, Ham Radio to good use. He built and operated a short wave radio broadcasting station, and obtained the first Canadian semi commercial licence "CK36." A broadcasting station was of little use if no one owned a receiver, so the Doctor began building portable radios for his parishoners. This was in the thirties, long before the days of transistors, but his radios were completely portable. The fact that the trappers took them along on their trips attests to this fact. Over the years he built dozens of radios but he does not recall the exact number.

In 1940 the Burrys watched the first bulldozer being off-loaded and the arrival of the RCAF. With heavy hearts they witnessed the arrival of our so called civilization to their part of the north.

Dr. Burry is now retired and lives in St. John's, Newfoundland. For the interest of Ham Radio buffs the Doctor is still very active with his new radio station. His call letters are VO1EN.



VISITING THEIR NEPHEW, Mr. Eric Penny of Comox, Dr. and Mrs. Lester Burry reflect on their 25 years as home missionaries at Goose Bay, Labrador, and admit that this is the mildest winter they have ever spent.

— Times photo

Easter Egg Hunt at the School Grounds Saturday April 5th 10a.m.

On Sunday, the 13th of April after the 11 o'clock service at the Protestant Chapel Dr. Burry will give a slide illustrated talk on his life in Labrador. Definitely not a service to miss.

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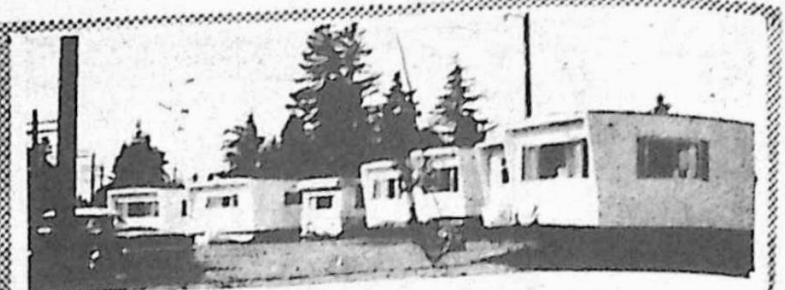
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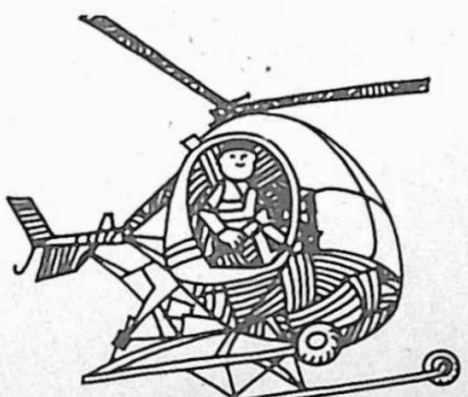
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GROUND SEARCH TEAM



DURING A RECENT training skit in which Cpl. Nairn Plaxten played the roll of an injured and lost hunter, the ground search team successfully located and evacuated him to a suitable helicopter pick-up area. Doing the heavy chore of moving an injured man through the densest terrain in Canada are, left to right, Pte. John Connolly, Cpl. John McCuag, Sgt. Bill Lewis and Cpls. Don Bowen and Gerry Bedard.



UNABLE TO FIND a suitable helicopter landing area nearby, a smoke generator is lit and the helicopter is directed by radio to come in for a tree high 'hoist'.

Happy Volunteers

The Ground Search Team made up entirely by volunteers was formed by 442 Squadron in 1967, to meet the requirements of the Rescue Co-ordination Centre. The chief roll of the team is to check out concentrated areas of high probability in dense bush areas that are impossible to search by aircraft. For instance, if an aircraft is found with someone missing from it who is likely to be in the immediate area the team would be called on to search. Another roll is looking for lost hunters and fishermen who frequently become astray in our unforgiving terrain.

Prime movers in the team's formation were Sgt. Bill Lewis and Cpl. Jack Fluery with the co-operation of the Para-Rescue Leader WO Doc Savage. At present the team numbers sixteen, with twelve fully-trained members and four undergoing training. Volunteers are numerous and the waiting list is long, as this is one of the most attractive duties on the Squadron.

Training for the team members consists of the Ground Search Basic and the Ground Search Leaders courses, which take place at the Survival School in Edmonton, Alberta. In addition to these, there are periodic lectures and practical training schemes to keep the members qualified. Among the many subjects covered by the team are map reading, cross country navigation, swimming (a must), small boat work with the Egreys and Zodiac inflatable boats, pyrotechnics, camping skills, first aid, poker and snake bite therapy. Two of the more exciting subjects are the use of the helicopter hoist with its 200 foot cable and the Sky Genie rapid descent system.

Some of the more interesting chores performed by the team in the past two years have been beach searches, checking out a reported aircraft crash on a mountain near Cameron Lake, which turned out to be a patch of snow. Participating in the annual Search Operational tests, they have assisted the air crews by simulating sea and ground survivors, allowing themselves to be rescued from boats, rocky ledges and other remote areas.

While the Ground Search boys



UP, UP, AND AWAY! — Through the trees and into the whirlybird and on to the nearest hospital, or in this case of a simulated rescue, back to Number One hangar, home of the Merry Mushrooms.

Marine Once In Canadian, British Armies

WASHINGTON (CFP) — The U.S. Marine Corps has a second lieutenant, Alastair J. Livingston of London, England, who was previously an officer in the British and Canadian armies, according to a marine corps news release.

Livingston enlisted in the marines as a private in 1965 and was awarded the Silver Star medal, Navy Commendation medal and two Purple Hearts for Vietnam action.

Released as a sergeant in 1968 he vacationed in England, then rejoined at marine HQ in Washington and was appointed 2nd lieutenant last November.

are volunteers on a part-time basis they are a devoted lot, spending many of their weekends in the bush practicing for the day they might be needed. In a country as wild as British Columbia it is comforting to know that there are professionals like these on call when help is needed.

Coboc Cacophony

Well faithful readers, it's that time again to bring you all up to date on what's going on in the wonderful world of Coboc.

Last week was a fairly active one for most of our single stalwarts, about as active as things generally are around here these days. The trio of Hank Klein, Wayne Sled and Nobby Bartels set a new Coboc record for getting out in Comox Bay on water skis. The troops actually skied their way around the bay on March 29th, thereby completely obliterating the old record held by Don Hanson and Gord Kruger (both lost to us by that process called marriage), who could only manage to get out last year by the first weekend in April. Both the new and the old record holders agreed on one point, "it was a little cool out there."

Sunday night saw another one of those dreaded, monster, Coboc stag parties. This one was for Gil Desmarchais, Ron Watson and Les Putland who are all giving up their Coboc memberships for one reason or another. Gil and Ron are transferred to Summerside, PEI and Edmonton, respectively while Les has succumbed to that old pitfall, marriage. The hero of this stag party has to be old hamfist himself, Nobby Bartels who seems to be doing just about anything to get his name in print these days. While attempting to catch that cyclone on foot, Dennis Clark to throw him in the fishpond, Nobby met up with an obstruction in the form of the Officers Mess front door, which unfortunately was made mostly of glass.

Anyway to make a long story short the end result was a quick demonstration of needlework by the hospital, which literally presented Nobby with a new set of threads (about nine stitches to be exact). John Bodein was voted as Coboc's humanitarian of the night for his part in the minor tragedy. Although he couldn't talk, walk, or think very well, John was still good enough to ask the hospital staff, "is there anything I can do to help?"

Well faithful readers, that's about it for now, Cheers!

SNAKE PIT

The Story so far: Our hero has decided that the only suitable challenge for his adventuring spirit was to join 442 and get on the Masset run. After much frustration and disappointment, he was at last posted to 442 and selected for the Masset trip.

I still couldn't believe my good fortune. At last all my dreams were to come true - I was to go home to Mama, and she begged me to resign before I vanished forever. But of course I couldn't resign, especially since this crew of Apollo 7 had sent us a message wishing us bon sauvetage.

Preparations began in earnest one week before the trip was scheduled to leave. We were forced to attend the morning weather briefing so that we would learn to tolerate long hours of unending monotony. The number of PA announcements was increased so that we would learn to ignore unnecessary distractions. The captain spent extra time in operations for practice in making lightning fast decisions.

With only two days to go, the crew was approaching a state of readiness. The captain developed a terminal case of rigor mortis and the RO began phoning people on days off at early hours in the morning. The rest of us devoured stale doughnuts and snapped at passers by. The CO was bitten by two of the crew, whereupon he decided we were ready for our arduous mission. He knew that some of us would return, even if we had to revert to cannibalism.

Dawn came uncertainly on the day of the mission. The sun struggled to force its way through a low overcast and failed. Drizzle dampened our spirits, and the flight lunches were late in arriving from the messhall. It was a

typical day on the fringes of Fortooland.

We made our way out to our trusty old Albatross and began our pre-flight checks. The familiar challenges and responses rang through the morning gloom.

"Wings?"
"No cracks."
"Engines?"
"Present and clean."
"Nose wheel?"
"Kicked."

We climbed aboard and prepared to start the mighty engines that would propel us all the way to Masset, and we hoped, back. The pilot signalled to the ground crew and pushed the starting button. The starboard engine roared to life and the port wing fell off.

This, however, was to be one of our lucky days, for there was another aircraft serviceable and ready to go. We transferred our equipment, and once again the familiar checks rang through the morning mist.

Once again we climbed on board our Albatross and once again the pilot signalled to the starting crew. The engines coughed their way into existence, and we sputtered our way from the flight line to the runway. The runup was uneventful, and we began to feel jubilant. One of the most uncertain phases of the trip was over - we were serviceable!

The pilot called the tower, and after waiting for a million Voodoos to take off and land, we were cleared for take-off. There was a mighty roar and our Albatross sprang into the air with the grace of a bilious gazelle.

We reached our cruising altitude and were just nicely established on the course that would take us across the trackless wastes to Masset when I looked into the passenger compartment and noticed that one of our passengers, a small, olive-skinned chap with a dark mustache, was brandishing a revolver.

I almost collapsed from sheer disappointment and frustration, for I knew that I would not make it to Masset on this trip, and perhaps never. The passenger made his way to the flight deck and placed his revolver against the captain's head and said:

"Senor, please. You will take me to Pentecost."

Plan Forces Of 340,000

LONDON (CFP) — More than 340,000 officers and men would be needed to carry out the tasks allotted Britain's three services when current reductions are completed.

The RAF News, reported on the British defence white paper, also says no further redundancy - apart from a few senior officers is expected in the RAF in 1969-70.

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ARGUS GALLEY STOCKER



WHAT AT FIRST appears to be a new crane to load food onto an Argus is actually a log picker-upper. In the continuing pursuit to grab the fast and easy buck, logging companies casually allow thousands of dollars worth of logs to float around the coastline of British Columbia. Since the logging companies don't find it very economical to retrieve their handiwork from the waters, and since there is no government legislation covering the matter, the logs drift aimlessly until they float to shore where they can be picked up with this piece of gear.

— J. Tremblay photo

Here Go Do Judge



RETIRING. Lieutenant-Colonel J. Kenneth Dalgleish, 1581 Bonita Place, Victoria, who for the past three years has served as Assistant Judge Advocate on the staff of the Commander Maritime Forces Pacific, Esquimalt, retires from the Canadian Armed Forces in mid-March. Colonel Dalgleish, formerly of Goodwater, Sask., served with the Royal Canadian Air Force during the Second World War as a navigator in Bomber Command. He received his Bachelor of Law degree from the University of Saskatchewan in 1949. Colonel Dalgleish will continue his legal duties as Pensions Advocate, Department of Veterans Affairs, Vancouver.

(Canadian Forces Photo)

"Political, parochial and sensational" was how he described some of the press reports of the Parliamentary Committee hearings to the Ottawa engineers in session.

He said he had recommended the original contract be increased by \$4 million and the work period stretched to 16 from 12 months.

It was cheaper to provide temporary duty allowances to the sailors than to bring their families to Quebec City.

Captain Lynch says he considers the shipyard profit is within the seven per cent limit imposed on the contract by the defence production department.

"Instead of complaining, why not look at the books?" he asked.

Editor's Note:

Dear Captain Lynch. The books show that over \$250,000 was spent to repair a medicine cabinet. Is that "a good refit at a very good price?"

Hansard highlights

Continued from page 4

the malfunction of a Grumman Albatross HU 16 B at Cold Fish Lake in 1968 cost the taxpayer?

7. How much of the low operational readiness figure of 53.2 per cent for this aircraft is contributed to by (a) engine, accessory or propeller malfunction (b) airframe malfunction?

8. How many hours contour search are carried out annually by Comox Air Force Base search and rescue aircraft?

9. Can contour search in high elevation valleys be carried out without risking the loss of the aircraft in the event of an engine failure?

10. For how long can the maximum 190 feet per minute rate of climb on one engine be maintained?

11. What is the maximum permissible period for full power settings (a) on two engines (b) on one engine?

12. For how long can the aircraft maintain 5,900 feet on one engine without jettisoning external tanks or other equipment?

Hon. Leo Cadieux (Minister of National Defence): 1. All actual searches are performed under visual flight conditions. However, it is sometimes necessary to perform mercy flights and to fly to search areas under instrument flight conditions. Taking these factors into consideration it is estimated that 32 per cent of the total flying time performed by Canadian Forces Base Comox Search and Rescue aircraft is done under instrument flight conditions.

2. Prince Rupert, 7,100 feet; Victoria, 5,500 feet; Tofino, 8,000 feet; Prince George, 9,000 feet.

3. The Canadian Forces do not operate the Grumman Albatross HU 16 B. The HU 16 B is a United States Coast Guard designation for a version of the Albatross which has different engines and propellers from that of the Canadian Forces Albatross SA 16 B. The safety of each operation would depend on variables of flight planning, weather and payload.

4. No.

5. An engine failure can occur for a variety of reasons ranging from minor to major component malfunctions. Assuming the worst case, which would be an engine change, the estimated maximum cost would be \$504 for labour. If the failure involves a complete repair and overhaul this may entail an additional \$10,000.

6. There was no Grumman Albatross HU 16 B at Cold Fish Lake in 1968. However, the cost to repair the Canadian Forces SA 16 B was \$9,773.

7. Because the operational readiness figure of 53.2 per cent was arrived at as a function of crew availability, logistic support, scheduled depot level maintenance and unscheduled unserviceabilities for the Canadian version of the Albatross, it is not possible to correlate this figure with individual component malfunctions without undertaking a costly study.

8. In 1968, 565 hours.

9. Yes.

10. One minute.

11. (a) Five minutes; (b) five minutes.

12. Five minutes.

March 26, Page 7139.

PRINTING OF "SENTINEL"

Question No. 1,599 — Mr. Ry-

nard:

1. How many copies of the March 1969 issue of "Sentinel", the Canadian Forces magazine, Volume 5, Number 3, were printed?

2. How many paid subscriptions were in effect as at publication date (a) inside North America at \$2.50 per year (b) outside of North America at \$3.50 per year?

3. How many copies of that issue were distributed free of charge?

4. What were the costs of production of that issue as to (a) editorial content (b) paper (c) printing (d) other?

5. What category of mail is "Sentinel" classed as, by the Post Office and what was the total charge levied by the Post Office for mailing that issue (a) in North America and (b) outside of North America?

Mr. D. W. Groos (Parliamentary Secretary to the Minister of National Defence): 1. 56,500.

2. (a) 1,708; (b) 80.

3. 52,268. The Canadian Forces' magazine "Sentinel", and its French counterpart "La Sentinelle", is an internal information medium and the majority of these free copies are distributed to bases, stations and to units wherever Canadian Forces personnel are stationed. Approximately 22,000 copies go by the mail, the balance being shipped through Canadian Forces distribution channels.

4. (a) The editorial staff of these magazines consists of two majors, one captain, one lieutenant, one master warrant officer, two civilian clerks, one typist. Some copy is contributed by others than the staff. As the content for a particular issue is prepared well in advance of its publication at the same time as other material is being prepared, it is not possible to provide a cost for the editorial content of the March issue with any degree of accuracy.

(b), (c) and (d) Commercial printers do not detail costs regarding paper, composition, printing, etc., on their invoices. Total cost of production was \$12,220.63. This figure includes the cost of paper, printing and other manufacturing costs.

5. The "Sentinel" is in the "second class mail" category. Postage for all publications mailed from Public Printing and Stationery Department is paid for quarterly, in bulk. The cost of postage for an individual issue is therefore not available.

Overseer defends Bonnie refit

OTTAWA (CFP) — Naval Captain J. A. M. Lynch says "we got a very good refit at a very good price."

He was talking about the half-life refit and modernization of the aircraft carrier Bonaventure before the Ottawa session recently of the Institute of electrical and electronics engineers.

The committee on public accounts has been probing both defence production and defence departments to find out why the project cost \$12,350,000 instead of the original estimate of \$8 millions.

Captain Lynch, principal naval overseer of the refit, was referring to news coverage of the enquiry. He is chairman of the Ottawa section and is a graduate electrical engineer.

He was also interviewed by the Ottawa Journal later, saying that the deputy ministers were doing a good job of explaining to the committee why costs exceeded estimates and corrected erroneous press reports.

"We're not a bunch of crooks... we're professionals and as honest as the next Canadians," said Captain Lynch. Original estimates had been low because it was impossible to properly assess work to be done until the ship was opened up, he said. One piece of unforeseen work which he gave as an example was the funnel uptake system, was found to be "dangerously defective," only after the ship had been opened up.

Work on the carrier began in April 1966. By that August new projects had emerged due only to the delving into the ship's work-

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FOR SALE: Westinghouse combination radio and record player; bar-bell outfit (110 lbs.); heater (1500 watt). Telephone 339-3641 after 6 p.m.

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REC NEWS

SWIMMING POOL

One week special from April 7 to 11 (Monday to Friday) during Easter holidays the pool will be open to children and parents as well as service men to swim from 1:30 p.m. to 3:30 p.m. Here is a good way to let the kids work off steam, while they enjoy themselves.

REGULAR HOURS FOR SWIMMING POOL IN APRIL

1200 to 1300 hours each day for Service men and DND employees.
Tuesday 7:00 p.m. to 9:00 p.m.
Wednesday 7:00 p.m. to 9 p.m.
Thursday 7:00 p.m. to 9 p.m.
Saturday 2:00 p.m. to 4 p.m.
Sunday 2:00 p.m. to 4 p.m. and 7:00 p.m. to 9:00 p.m.

New charges for swimming will be in effect on April 1 for swimming and they are as follows: 25¢ per swim or service

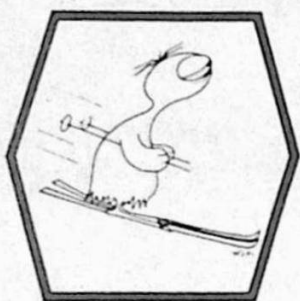
personnel only may be 20 tickets in book form for \$3.50. Buy your books in advance and save money on swimming.

BASE GYMNASIUM

Monday 0800 to 1630
Tuesday 0800 to 1630 and 1830 to 2000
Wednesday 0800 to 1630 and 1830 to 2000
Thursday 0800 to 1630 and 1830 to 2000
Friday 0800 to 1630
Saturday 1330 to 1630
Sunday 1330 to 1630.

BASE ARENA
The Base arena is now closed, parents are reminded that the arena is out of bounds to all personnel including dependents unless they are in a supervised program. Please cooperate so we can finish the work on the extension and be ready for the summer program.

SKI with SCOTT



THE HEAVY-LIDDED OR AFTERNOON YETI

irregular feeder. Either eats no lunch or too much. Seldom rests in the afternoon, usually only when hospitalized.

Why is the most exciting run of the day the last? Well maybe if you follow a few of the following tactics it will turn out the same for you.

As you are taking the last run there always seems to be a decided lack of interest to the slats and more to the slacks. Personally, one of the greatest incentives I know to reach the bottom of the mountain in one piece is anticipating the after-go. You know what I mean. The Jet Set calls it apres skiing. We single engine low wingers call it party time.

The real physical stuff begins in the nearest pub soon after the lifts close. (Some avid ski types however, have even been known to take a little sip of bull-shot before the last T-bar rounds the last bull wheel, and then again there have even been known-heaven forbid - to squirt that red grape fluid from a goats stomach into their mouth - eech.) It is here that everyone becomes an expert. (As has been told in that fair tale of the Ballad of Super Skier). The great glass stein (Ericksen?) has not only to be proven as an equalizer, but also as a tranquilizer.

If you really want to get in on the fun of it all, start on a bar stool with a few 360 degrees twirls. If you should fall try getting to your feet without the aid of your hands. It may appear to the casual observer that

you are experiencing a certain amount of difficulty with your equilibrium, but don't let public opinion keep you from being in shape. By now of course you should have curled a few mugs full. Be sure the mug brims over when going up, but is dry when coming down. The foregoing has been proven to produce a dynamic tension exercise for the upper and lower arm.

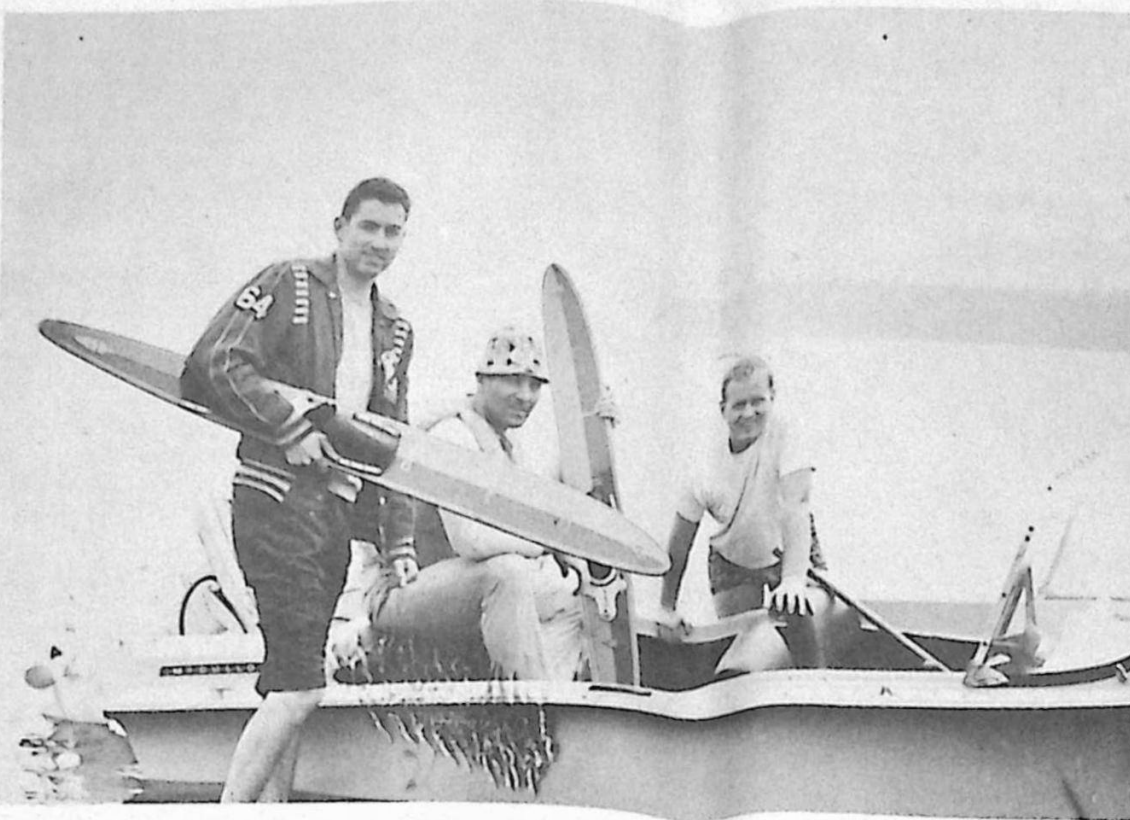
As the evening wears on you may want to try the dance floor for a unique experience in gymnastics and physical prowess. After two or three hours of jerking, monkeying, and swimming, you should be in good enough shape to take a first in the next slalom for veterans that is. The limbo, while not exactly an "in" dance any more, offers an opportunity to shape the shoulders by sneaking in a few pull ups on the crossbar. Be sure however, that those holding the gaff are stout 9 (or full of 10) and sturdy.

Another breathtaking pastime is snow bank throwing. For this exercise, find an acquaintance and gently carry him outside then throw him into the snow bank that is closest to you (the nearest one is selected only for your partners convenience) head first. It is a cool experience.

For a short breather, sit close to the fire and stare intently at the flickering flames. This gives you an excellent chance to relive the exciting runs of the day including that eggbeater fall on the toughest slope. Oh, those shooting fire-like pains in the leg. Ooops, better move back, your pants are on fire.

A final thought, When the evening wears on to a point that you know that you cannot last another minute longer, go to bed. Dragging yourself to the sackroom is a good conditioner if you can get to it early enough. There is one sure fire way of finding out if you beat the clock and that is by the intensity of the sun's rays the next morning. I wish you luck on your physical fitness plan. Cheers!

SATURDAY, MARCH 29!!!



COMPLETELY SHATTERING the theory that aircrew are normal, we have from left to right, Captains Bartels, Klein, and Sled. This trio of foolhardy individuals took advantage of a break in the rain last weekend to try a little water skiing. The boys from COBOC pulled the whole thing off without a trace of pneumonia, however, rumour has it that this picture will be used as evidence at their up and coming sanity hearings.

— Times photo

HOCKEY TALK

Top hockey clubs from Vancouver Island to Canada's NATO force in Europe are gathering at nearby base Petawawa to vie for the armed forces hockey honors.

Nine zones are putting squads into the Pembroke arena for five days of play beginning March 25. Missing will be last year's champs, sappers of base Chilliwack, B.C. Representing zone one instead this year will be a team from 1st Battalion, The Queen's Own Rifles based at Esquimalt's Work Point Barracks.

Other teams are: Hemer Rebels (zone nine) Europe; Shearwater Flyers (zone

eight); Chatham's Golden Hawks (zone seven); The "Van Doo's" (zone six); Rockcliffe Flyers (zone five); Borden Flyers (zone four); Rivers Royals (zone three); and the Cold Lake

Packers (zone two). It's a single elimination consolation series with winners of each game going for the title and the losers fighting it out for the consolation award.

Wives sweep to tie

The creaking and snapping noises that you have been hearing lately have come from the 409 wives, who played a broomball game during the half-time intermission of Friday night's 409 hockey game.

Col. Lett, after a wary look at all the brooms, consented to drop the ball to start the game, and with some clever footwork managed to get off the ice unscathed. After that, the carnage raged unimpeded.

The object which suffered the fewest bruises was the ball, as it cleverly managed to avoid being hit most of the time. Not so the players, who would give a mighty leap, a violent swing, and then slide along the ice as the ball sailed by unimpeded.

At approximately the five minute mark, play was stopped while cocktails were served to the goaltenders, a civilized touch that should have been included in the hockey game, particularly the bunny girls who served them.

Shortly after that, the pilots wives almost scored, nav goallie Val Wagar waved her broom in particularly spirited fashion, and the threat receded, rapidly.

At the other end, Barb Merrick rattled the ball off the goal post, and that threat fizzled out.

The only casualty of the evening was Beatie MacLeod, who leaned over the boards to get a better view of proceedings, and had a broom bounce off his head, which did the broom no good at all.

After the game the wives ceased being vicious old harridans with brooms and reverted to their normal sweet and sexy selves, which is a different game altogether.

Car rally date set

Thirteen hundred hours, April 26th is the date set for the Second Annual Officers Mess Car Rally. Last fall, 14 cars filed off the starting line at one minute intervals to compete in a family car rally and scavenger hunt that lasted approximately two hours, with mothers, fathers and children enjoying themselves immensely.

The route covered some 60 miles over local roads in the Comox Valley area and gave the competitor a scenic route of not frequently used roads and byways. An important fact that should be noted and that is that

at least 90 per cent of the roads used were well paved and even the dirt roads used were in excellent condition. The purpose of these family rallies is to get the people out to see the countryside not to ruin their cars so keep in mind that for the forthcoming rally.

The roads will again be very good and provide interest to all competitors. In the next issue of the Totem Times, look for an article on the tricks and skills of car rallying on the sports pages. This forthcoming column will give you a good idea of how to drive and what tricks to use so that you may be in the winners' circle.

Swimming tops

Swimming, bowling and golf in that order are the most popular recreational activities in the forces today.

They are followed by curling, softball, hockey and volleyball. According to PERI-Scope's figures, 14,586 people swam in 62 bases and stations. There are 11,018 bowlers in 75 localities and 9,928 forces golfers at 73 places.

The rest score this way:
Order Activity People Places
4th curling 8,334 77
5th softball 6,962 81
6th hockey 6,625 71
7th volleyball 5,072 74

2nd Annual Officers' Mess Family Car Rally

23 April

1300hrs



Drivers briefed at 12:30 in the Games Room
Prizes to be presented at the Post rally dance

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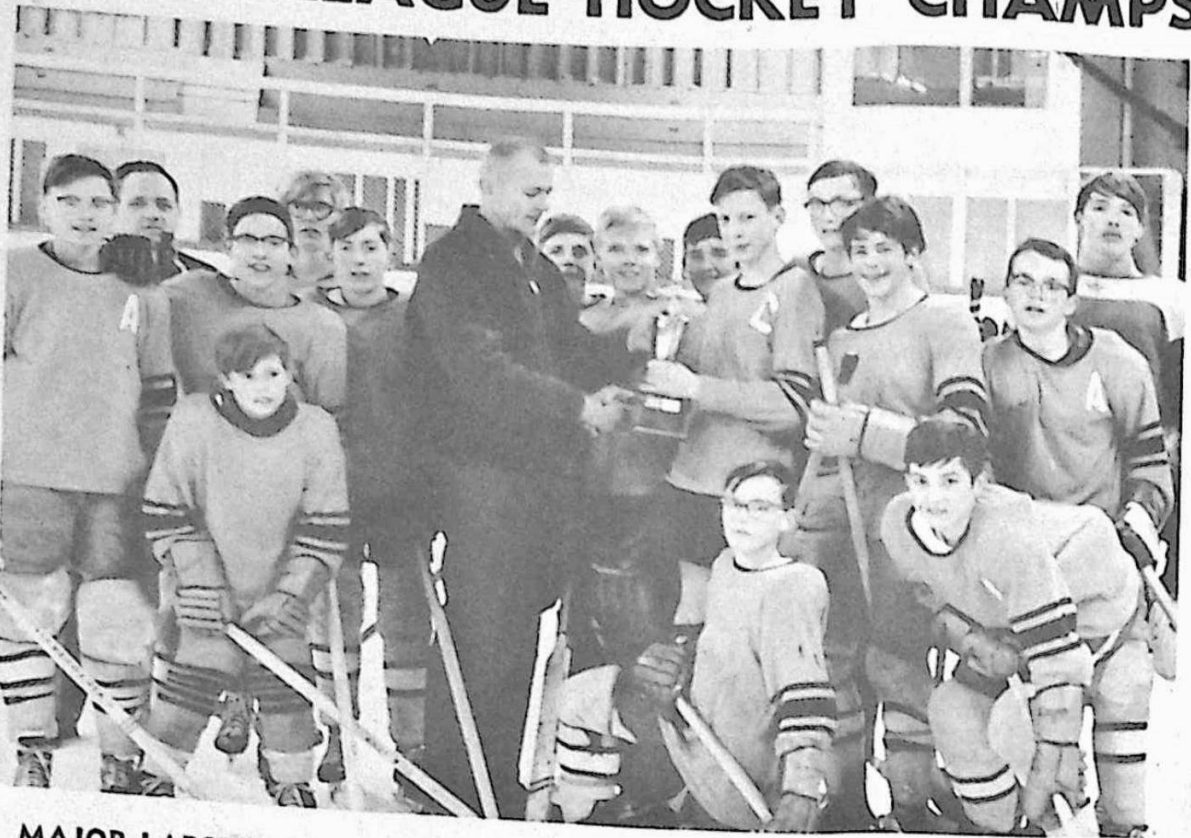
DURANTE, D. X



A RARE FEAT — During regular league competition of the Canadian Forces Curling Club recently (February 27) at the Municipal Sports Centre in Esquimalt, the Paul Tanaka rink scored a perfect end. Odds against an eight-ender are considered by the experts to be about 5,000 to one. (Left to right) the team's second, Petty Officer Lyle Sorsdahl, Canadian Forces Base Esquimalt; the skip, Paul Tanaka, Port Renfrew, B.C.; his lead, Donna Hoffart, wife of Lieutenant H. Hoffart, HMCS Saskatchewan; and the third, Ian Bryden, Port Renfrew, B.C.

— Canadian Forces photo

LITTLE LEAGUE HOCKEY CHAMPS



MAJOR LARSEN presents Peters Sporting Goods Trophy to Bantam Champion Broncos. League leading Broncos lost opening game of finals but roared back to win two straight from the second place Sioux and wrap up the Championship.



BOB LYNCH presents Bay Hardware Trophy to Big 4 Champion Rovers. Second place Rovers swept best two of three series from the League leading Eagles in straight games.



MAJOR MORRISON presents Comox Marina Trophy to Mosquito Champion Jays. Third place Jays won championship by whipping the Colts 6 to 3 in two game total point final.



ROSS COLLIER presents Happy's Tire and Sporting Goods Trophy to Pee Wee Champion Falcons. Second place Falcons edged the League leading Comanches 5 to 4 in a two game total point final. Overtime was required to decide champions and captain Ken Webber (accepting Trophy) scored winner for Falcons.

Navs show pilots the way

Comox Valley hockey took a quantum leap backward last Friday night as the 409 Navs overwhelmed the 409 pilots 8-4 in a hard-fought shinny match at Glacier Gardens arena.

In a post-game interview, coach Paddy O'Sullivan claimed that an improved defence had made all the difference in the game. "We had to do a lot of work," said O'Sullivan.

"First, we had to break Goski's leg, then we had to give Bastie the flu. After that, we had to ship Sterne off on a management course, and so forth. It took a lot of organizing."

But the organizing was worthwhile. From the very beginning, when Krusher Kinney had to be carried out to take the opening face-off, it was obvious that things would be different. With skill and cunning, Kinney managed to avoid knocking down Roma Lett, who dropped the puck. Unfortunately, the breeze from the falling puck knocked Kinney over, and there was some delay while he was picked up.

Within seconds though, the Navs were testing pilot goalie Malevolent Marcotte, who could have sued his defence for non-support. The defence problems stemmed entirely from too much enthusiasm. It seems that, to get into shape, the rearguards had all adopted the drinking man's diet, but had neglected to cut the diet with any food. Consequently, some of them were not too sure just which puck to bat at.

Temper Tantrum Templeton scored the first goal on a pretty pass from Bert Marcotte, who had just stopped surly Sippert on the first of his thirty-five break-aways. Two minutes later, Mad Morrison slipped the puck past Motionless Merrick, who didn't know enough to chase a rebound.

Minutes later, Wildman Wagar put the Navs ahead to stay, and it was all downhill from there. Basher Bland scored, Templeton picked up a couple, Wagar notched another, Sippert found the range once, and Sullivan batted one home.

For the drivers, Ramping Rushton, Beatie MacLeod and Hugh Fischer all managed to light the red lamp. It was only during the last minutes of the game that the pilots found Merrick's weak spot, which was anywhere near the goal.

It was a far cleaner game than the last one, with only three penalties being called. Obnoxious O'Sullivan picked up two minutes for interference. Murderous MacLeod was thumbed for two minutes for antagonizing, and Fractious Fischer received two minutes for necking.

The stars of the game, as picked by an impartial panel, were: Don Kinney and Len Dodd - For courage; Bun-Bun - For forgetting his equipment; Swede Larsen - For not getting lost.

Hackaway Hammond received honorable mention for getting his socks on the right way around, but the panel felt that he wasn't nearly as effective when people could tell which way he was going.

After the game, the pilots all said, "Wait 'til next year." The Navs, meanwhile, hoped for transfers.

FISHING NOTES

By MUDDY RIVERS

NOTE 1 - Spring Salmon are being taken in limited numbers of Little River Point, with surf casting. Buzz Bombers having pretty fair success. Other heavy spinning lures, such as the Deadly Dink in its many sizes are often productive as well.

NOTE 2 - Steelhead fishing is entering its last good month, and most rivers are now in very good fishing shape. The recent rains are responsible, and new runs should be coming in all the time. We hope, Easter weekend can be a prime time for steelheading, if you like crowds! Most other steelheaders in the area will be out too, so you have to join the Dawn Patrol to find fishing space. Kelts, spawned out fish, are quite numerous now as are highly colored fish, so you may have to hook a few before catching a keeper. Last Saturday on the Oyster River Al Currie and I had five fish on, lost two, and released two dark fish before Al landed a bright eleven pounder. This type of fishing can be expected until the runs peter out in late April.

NOTE 3 - Trout fishing in the lakes should be picking up very soon. An expeditionary drive into the Campbell Lakes areas may prove worthwhile this weekend. The ice should be gone, and the early season fishing can be fantastic if you hit it right. Try a bobber and worm along the shoreline, you don't need a boat. In fact, this is perfect family fishing, the kids and even mother can have a ball. So, for a good holiday weekend picnic outing, try the Campbell Lakes.

NOTE 4 - Tinsel fly time is near. Imitations of freshly hatched salmon fry are deadly on sea run Cutthroat trout. These big sea runs come into the rivers to feed on the salmon fry, and are well worth trying for. They can reach weights of three and four pounds, and more, and on a fly rod really give you a tussle.

NOTE 5 - I can't take it any more, I'm going fishing. Good luck all.

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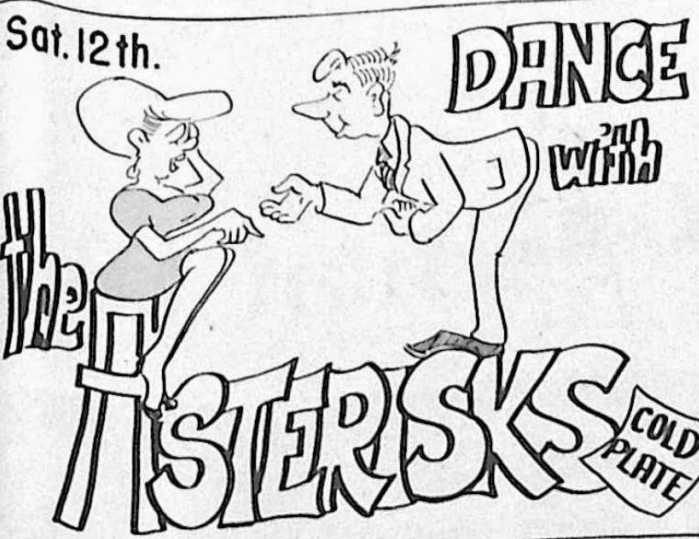
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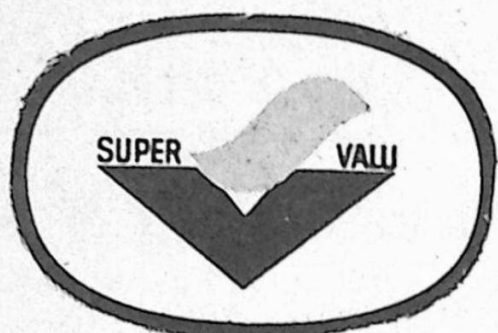
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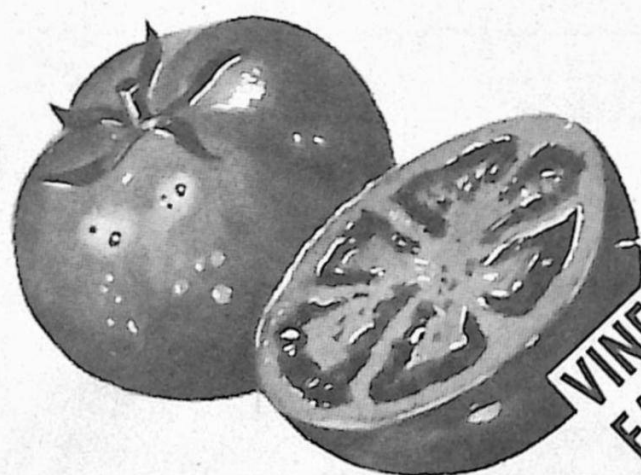
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Tomatoes

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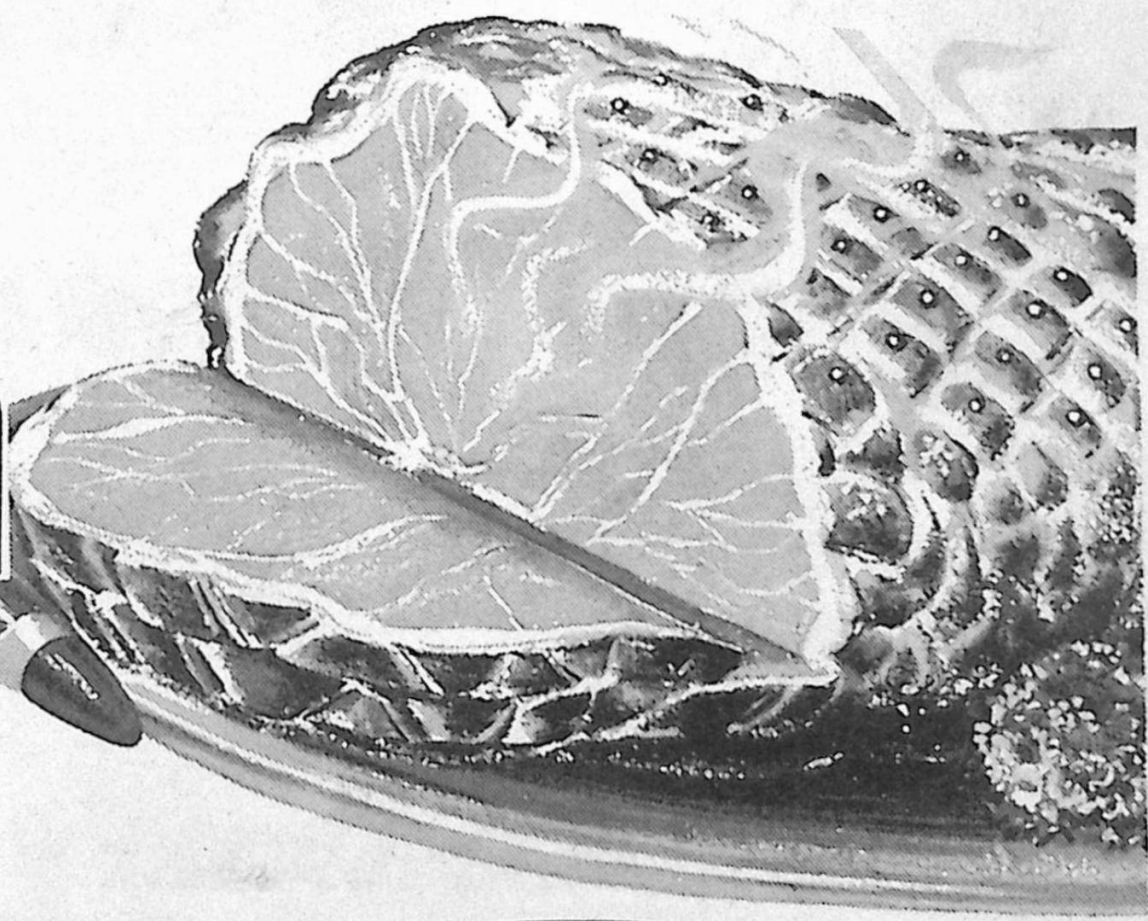
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Easter Ham

Shank
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