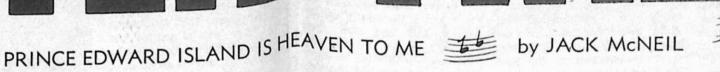


CFB COMOX, THURSDAY, MARCH 6, 1969



Comox at War. Tac-Eval Style

Vol. 10



IT TAKES JUICE to run a Tac Eval. Here Cpls A Barber and J McMullen of 409 Servicing attend to the thirsty end of a Voodoo.

- Totem Times photo



IT'S NOT ALL 'FUN AND FLYING'. Here Cpl. Keith Acott of 407 Servicing performs one of the never. ending minor repairs and adjustments necessary to keep the mighty Argus, healthy for the Tac-Eval. - Totem Times photo

Score on 4s in

throughout March:

YUKONS

The Tuesday Vancouver-Trenton run (SF1) has 55 spaces open to Edmonton-Winnipeg leg; 30 to Ottawa, and 50 to base Trenton, There's a 25-point res- 15 seats open to Ottawa, Space triction on the Edmonton-Winnipeg-Ottawa legs only.

Priority four quotas on the westbound, Monday Yukon to Vancouver (SF-2): Trenton-Ottawa 50; Ottawa - Winnipeg 25; Winnipeg-Edmonton 40, and 60 seats open from Edmonton to Vancouver. You'll need 25 points or more to book space on the Ottawa-Winnipeg-Edmonton legs.

COSMOS Ottawa- points. Thursday,

OTTAWA (CFP) - Here's the Victoria Cosmopolitan (SF-32) crystal ball prediction for the has room for 15 fours to Trenpriority four seat situation ton; eight on the Trenton-Winnipeg - Edmonton leg and 15 spaces open from Edmonton to the coast. On the Cosmo's return flip (SF-33) Friday there's room for 15 'fours to Edmonton' 10 to Winnipeg; five to Trenton and on SF 32 and 33 is restricted to people with 25 points or more.

The Sunday Ottawa to base Shearwater, N.S., Cosmo via St. Hubert, Que. and Fredericton, N.B., (SF 30) has 10, twentyfive pointers open per flight during the month. It returns to Ottawa Mondays (SF 39), via St. Hubert, with 10 seats available for four passengers with 25

On Monday and Tuesday of this week, CFB Comox and 409 Squadron underwent a tactical evaluation. This test is carried out each year by a team from ADCHQ and CFHQ to ensure that the base and the squadron are properly prepared to carry out their wartime responsibilities. The inspecting team, which this

year seemed to number in the millions, delves into all aspects of base and squadron operations. Maintenance practices are inspected by a group of qualified maintenance men from Command. Nuclear safety practices are observed by the safety people. Aircrew practices are observed by aircrew. After the inspection, the inspectors write a comprehensive report in which they put forth suggestions for improvements, or note which local practices could well be emulated at other bases.

On such an inspection, nuclear weapons procedures are vital. Can the base and the squadron handle any nuclear weapons they might someday be called on to use? Do they faithfully follow the appropriate procedures and checklists? Throughout the inspection, these points are checked and rechecked. Nuclear safety is paramount in the operations of any outfit that might one day be ordered to work with nuclear weapons.

Flight safety is also paramount. Do the crews, both air and ground follow the established practices to ensure that flight is conducted with absolute safety? Again, searching glances are taken at all phases of the airborne

This year, the tactical evaluation was a two-day affair. On the first day, the base was called upon to demonstrate its plans for recalling personnel, loading aircraft, controlling nuclear accidents, providing security and organizing a SARAH search. Also on the first day, the squadron aircrew wrote an exam that was designed to test their knowledge of their aircraft, their tactical role, their emergency procedures and their airmanship.

flying was this year compressed them out over an eighteen hour (Minus, of course, the explosions day. Further complicating this and such.) routine was the fact that all sorts

posed to get tired. equipment outages were pro- it. If they saw something that grammed into the script. What other units might profitably copy, would happen if the land line to they mention that too. this GCI packed up? What would happen if contact with this dir-

reacted.

test of the logistic support organ- capability. ization. Can a major effort be

On the airborne side, the procedures that the aircres would use should diplomacy fail, at Ottawa, and T-33s from both duplicated as nearly as possible say would be flown by any aggreslating the supersonic bombers

The second day was war day.

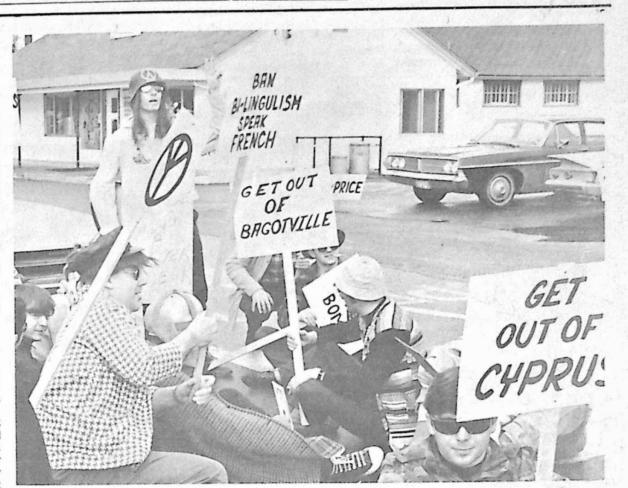
In a departure from previous
T-33s were all equipped with
Tac-Eval, in which the flying had
the latest in chaff and ECM
pods, to further harass the Voodoo crews. The equipment flying was this year compount of in these airplanes is particularly flying though, was spread over a designed to work against AI flying though, was spread or longer period. This put a premium on managerial skills, as flight commanders and section commanders were compelled to commanders were compelled to work against AI radars, and it does a good job. Training against these ECM-equipped airplanes is invaluable, as it is an accurate taste of what can be a section what the second of the second juggle their resources to spread what can happen if war starts.

After all the airplanes have of roentgens were descending landed and have been restored from the cloudless sky, and to serviceability, the Tac-Eval people were being irradiated team sits down to write its rebefore they were even sup- port. If they saw something that they perhaps thought could be During this day too, simulated done another way, they mention

So what does it all prove? It means that, every year, base and ection centre could no longer be squadron personnel undergo a maintained? What would happen piercing scrutiny. The jobs they if this installations was destroy- are doing and the methods they ed. The only way to find out was use to do them are pitted against to throw them into the script those which experience has and see how the supervisors proven to be the best, and measurements are made. Out of it A test such as this is also a all comes an improved defence

The Tac Eval was, this year, sustained for an extended period? What will the outfit run out of first? Can support from Command and CFHQ be improved in any way? Are be improved in any way? Are of their equipment limitations. enough resources allocated for No miracles were wreaked, nor the job, or has the economy axe were any expected. Just a whole cut too deeply? All of these base-load of people doing the aspects are considered during best job that their resources the course of the Tac-Eval. would let them do. A war would have proved the same thing, but ft would have been a lot messier,

We're here to help you", is CF-100s from 414 (EW) squadron the motto of the Tac Eval team, (although this year, 'We're here the Canadian Armed Forces and to overwhelm you" might have the USAF flew target routes that seemed more accurate). But help they did. They gave the base those that our intelligence boffins and the squadron an invaluable insight into the procedures they sors. Voodoos from 409 were use daily, and showed that the also employed as targets, simu- good things far outnumbered the bad. And, for people who occasthat are known to be in operation ionally stay too close to the on the other side of the Iron trees to see the forest, that is a good thing.



No. 5

FLIPPIES FLOP and stop flow of traffic in and out of CFB Comox. Pleading non-violence and chanting the usual slogans of the Flippies accumulated in the Guard house area. Impatient drivers nearly left tire treads on their threads, man. - Totem Times photo



"A LITTLE WATER on the road and the sitting will become so uncomfortable that they will go away" was the strategy of the Military Police" Too bad the Fire Fighters aim was so bad.

COBOC's 3rd Annual Fly-In

the Comox Bachelor Officers Club came to an end last weekend when the 3rd annual Coboc fly-in was kicked off.

It all began last October when Coboc members voted to hold a fly-in similar to the bachelor convention of spring '68 also held at Comox. Plans were formulated; invitations sent. ..girls sought after and invited. . .accommodations and transportation arranged. The first aircraft under bachelor control touched down on Comox soil on Friday, Feb. 28, followed soon by 18 others (what kind of plane is an "other"?) and soon the weekend was underway.

A flight line inventory check would have shown 2 P3 Orions from Moffet Field, San Francisco, 1 Argus from Greenwood N.S., a C47 Dakota from Machord Field, Washington; 3 Voodoos from Bagotville, P.Q.; and 12 T-33s and Tutors from various other bases across Canada. The Base Commander immediately toyed with the idea of commendeering these aircraft for use in the Tac - Eval, however, he figured he wouldn't be able to trust the crews once they became

A total of 85 single officers "Flight traininged" their way to Comox Friday afternoon and after being suitably hosted on the flight line made their way to the Officers Mess for TGIF celebrations. At the mess, many old acquaintances were renewed and new ones made. It was a happy time to say the least, however, talking to other bachelors wasn't the theme of the weekend.

Saturday morning came all too soon for many of the arrivals. The effects of a rough flight on the previous day actually showed up on some funseekers Saturday morning obviously delayed action airsickness. However, a champagne breakfast did get rid of the moths in some stomachs (moths seem more appropriate than butterflies).

At approximately 2 p.m. a 40

passenger bus compliments of Watson and Ash transportation and a fistful of shekels arrived land returned to normal. at the mess, accompanied by a caravan of cars. From these vehicles emerged no less than 90 girls of various shapes, sizes

underway. It continued all day, into the night, and even the next morning. Some people went skiing in the afternoon. Many didn't. Many people tried to set a record for longevity at parties. Some didn't. The gory details can be found elsewhere in this issue.

and dispositions but with one thing

in common; the desire to have

a good time. The party was then

Sunday morning arrived even faster than did Saturday and soon it was time to break things up. About 85 not so chipper aircrew made their way to their planes and disappeared into the setting rain clouds around the area. Somewhere in the region of 90 girls were returned by the same

arrival and slowly life in Action The fly-in organizers can be

proud of their accomplishments. At CFB Comox, we can consider ourselves fortunate for having the calibre of ground crew that we have. The pleasant and efficient manner in which they serviced every incoming aircraft reflects credit on the Base and themselves. The good show of the weekend has to go to the cleaners of the Officers Barracks. The rapidity by which they rebuilt the quarters to prepare for the incoming Tac-Eval team was no less than miraculous. A very good show all around.

Yes, the fly-in is over! The months of planning will be forgotten and even the party itself will eventually (note the infinitive) slip from the memories of those who attended. But then again. There's always next year!



WHILE COBOC'S Capt. N. Bartels hams it up for the press, Lt/Cdr. "Haas" Hassel expresses his sincere appreciation for the invitation to the 3rd annual fly-"Haas" was the Plane Commander of a US Navy P3 Orion which flew up from San Francisco for the occasion with 15 of Moffet Fields' finest.

- Totem Times photo

Flippies Flap Fuzz

went under tighter security for the current Tac-Eval, the Great Guru of the Lazo "Flippy Movement" 'Tricky Dicky' Barnett formed up his band of mottley Rabble for a march on the base gate. Among the ranks were such notables as Camelot Collins, Crazy Cat McNutt, Erotic Mad Hat Morrison, Willie the King, the Chev, Leadbelly Theiss and Ness the Nice.

Armed with non-violence and a protest petition for the Base Commander, Tricky Dicky moved his horde of horrible humanity across Ryan Road and proceedtowards the Base entrance. To say that the Military Police were surprised would be the understatement of the year, however their reaction was swift and sure. Down came the barriers, out came a dozen heavy but unarmed MPs who lined up behind the barriers and looked amazed. The commissioner locked both doors to his gate house and wondered why he ever took the job in the first place.

Upon reaching the barrier the group demanded to see the Big Cat of the establishment so that they could present their petition. good chaps and go home, will ya?" With both sides many to give an inch the Flippies began to put on diversions while other members of the band tried to sneak into the Base with the petition. Several attempts were made but all were repulsed, gently but firmly. A new tactic was brought into play with the Flippies pulling a Sit Down in

Monday morning, as the base front of the barriers thus stopping the flow of traffic into and out of the Base.

The blocking of traffic taxed the patience of the MPs but they restrained themselves. The same cannot be said of the drivers of some private vehicles. One person, in a fit of impatience nearly drove over one of the Flippies who stuck to his convictions and continued to sit in front of his car. Several more attempts to enter the Base were made, then the Fire Fighters were called to hose the area down with water. This made the sit down business rather uncomfortable and the rest of the demonstration was continued

upright. On one occasion a Roman Catholic priest attempted to enter the base, the Flippies surrounded his car chanting "Keep the faith baby". This is the one instant where the demonstration was headed, for as far as we know the good Father has 'kept the faith.

When one of the Flippies spotted a barber he asked about a hair cut, "sure, come on in, I'll give you one for free' was the quick answer. With the traffic backing up on Ryan Road, the MPs pulled a sneaky tactic and opened the PMQ gates. This caused the Flippies to divide their force and send a delegation to picket that gate. The trip up Little River Road was a hazardous one. Irate drivers seeing the unkept and dispicable rabble were taken with "instant anger". The language and actions of some of these 'decent people was astonishing. The life of a Hippy cannot be a happy one. After an hour of this fun and frolic an Umpire stepped in and called it all off. The Flippies turned out to be none other than some of the Elite personnel of 442 Sqn. who were called upon to help make this Tac-Eval "one to be remembered" with good natured farewells the 442 people

returned up Ryan Road and the

MPs sighed with relief and went

for coffee. Five minutes later

the Flippies returned, the MPs

tumbled out of the Guard House

some still clutching their coffee

cups, to man the barrier. "Just wanted to see if you're still on your toes" cried Tricky Dicky.

As the Flippies returned to "Goods" for coffee the advanced party of the RCMP arrived. Politely he asked the boys to keep off the center of the road. He was reluctant to accept the story that it was just part of an exercise and that the Flippies were really respectable mem-bers of the Merry Mushroom squadron. Only when he saw the wigs coming off would he relax and call off the second car loaded with Mounties. Incidently it was a civic minded citizen that phoned the Mounties, not the MPs.

> WEAR A LITTLE GREEN ON THE 17TH

penings of the weekend. ground crew member knows by but they quickly dispersed when now, about 85 of the most dedi- the single guys threatened to cated (dedicated to what is still drink the QRA. in doubt) bachelors in North Saturday morning saw a rather America made their way to quiet crowd of bachelors make Comox last weekend. They arri- their way to that Member of the ved by land, sea, and air there- Bar Society and part time faith

Well faithful readers, the big Forces aircraft, B.C. Ferries

just get down to the lighter hap- many friends. 409 Sqn. tried to horn in on the act with a mug As every ATC Controller and presentation to a brown bagger

by doing justice to Unification. healer, Dr. Gerard Antonio Fleet. No mode of transportation was Dr. Fleet dagnosed their left unused as the fun seekers troubles and quickly prescribed converged on Comox by Armed doses of oral vitamins in the form

"fantastic success!" of liquids. He had the troops feeling so good so fast that he's to be awarded an honourary doc-

descend on the Mess and throw themselves at the mercy of the Fly-inners. We're still not sure of the exact number of female guests as only 90 girls signed the Coboc guest book but it's fairly safe to assume that some that, Incidently that book was later transferred to the bank via Brinks armoured truck where it can be viewed for only one cheap case of beer for every ad-

dress noted. Afternoon refreshments were provided in the form of hot glu wine prepared by chief brew-master Cpl. Ivan Grant. Ivan

Throughout this paper you will see the damage that a guy with a camera can do in this day and age. About every year around this time, Ron's wife let's him go out to practice his future profession; that of a free lance blackmailer and itinerant scandal creator.

The legal and medical professions were well represented at the blast. Coboc's legal counsel Capt. Brian Murphy (sometimes known as Murph the Surph in his off duty hours) was on hand to gather first impressions on what could be a host of lawsuits. Old Murph figured that this would be a fine way of getting one up on any prosecuters that he might be seeing in the near future. The fact that Murph's namesake in Florida isn't doing so well at the moment shouldn't deter the merry way, or so it seemed, troops from calling on him. St. The evening seemed to roll Pat Peevy, the USN's answer to Drs. Kildare and Ben Casey dropwe administered anaesthetics in delic Mike and his LSDs. This Canada. Pat left Comox absolwas due mainly to the absence of utely amazed at the way in which that famous Coboc rock group we could freeze minds and bodies without the use of any needles. A not so happy note was struck on the weekend. Linda Jervis. ever, Mike and his boys were Coboc's Florence Nightingale in Vancouver, tripped on something The Party was well chaperon- (no, it wasn't her feet!) in the wooden casts, Linda!

Sunday snuck up pretty quick

It was a great affair and some die hards are even looking forward to next year. Watch this space sometime around March 1970 to see if it comes off. Cheers!

Coboc Quotable Quote of the Month: If Terry Montgomery (alias the Toad) sat on a barstool, would that chair be called

gain with some local moonshiners for a 45 gallon drum of vinegar to be awarded an honourary doc-torate by Yale's School of Medi-torate by Yale's School of Medi-\$1.95 plus deposit on the de-Last January wasn't really a good Saturday afternoon saw about year for wine so good old Iv 100 girls from all over the lower and his sidekick Dr. Floriday 100 girls from all over the lower and his sidekick Dr. Fleet docwound up on the winning side of the "Drinker's Blindness Curve." This turned out to be an expensive proposition as those two bandits from behind the bar had a look at the women and defairly safe to assume that some manded 15th and 16th draft girls would be too smart for choices in return for the choices in return for the wine mixture. As the wine tasted not too bad and seeing it matched the

> and the afternoon went on its around a bit quicker than usual. Pretty soon we were all dancing ped in via P3 to check on how to the smooth sounds of Psychefrom 407 sqn., Sweet Vermouth and the Radar Homings. Oh well. you can't have everything, howpretty good all the same.

rug in the mess we conceded

ed to say the least. The honor of vicinity of the Elk's on Friday every lady present was guarded and broke her ankle. At the momby none other than that high ent she's in St. Joseph's Hospital flying, free-lance, part time Dak receiving the treatment she norpilot and full time brown bagger, mally hands out. Don't take any Orderly Officering Capt. Bob Pridmore. Aiding him in the search for foul play we had 442's on the troops and soon people answer to RED Storey and FRED were disappearing in all direc-Astair that fly-by-night, Al- tions. Americans flew south, batross manipulator Capt. Barry Canadians flew east, girls went Morse. Bob and Barry (sounds everywhere and non-surviving like a jar of jam) had a fine Coboc members went straight system worked out for controlling down. Actually everyone lived and the affair. Barry would blow the made it out of here in pretty whistle on some high stepping fair shape. That in a nutshell single bon-vivant and award him (appropriate word don't you a penalty such as 15 yards for think?) dear reader is the fly-in. "illegal use of the hands" .. Bob as chief administrator would ensure the sentence was served leaving the girl free to bestow her favours on any deserving chap who happened to be free. This

either Barry Morse or his partner in crime Bob Pridmore. Honourary Coboc member, Ron Elmer (Elm Roner to the drunks) was there in living black and white to cover the event on film. a Toadstool?

chap always turned out to be

FAMOUS LAST WORDS . . . "A little scandal is good for the career," by Col KC Lett, Comox's Base Com-- RFE photo

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tant Cottons

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- CRIMPELENES (imported English)

Van Doos dominate in Cyprus

NICOSIA, Cyprus (CFP)-Quebec province personnel head the list in Canada's UN contingent in

Cyprus.
There are 410 Quebeckers, 56 On-69 New Brunswickers, 56 Ontarians, 11 from British Columbia, nine Albertans, eight Nova Scotians, seven Manitobans, four from Saskatchewan, and one each from P.E.I. and the

Canadian high commissioner Yukon. Gordon Brown is a Victorian,

Only Newfoundland and the Northwest Territories are not represented by the current 575strong Canadian force, which includes those serving in the UN forces headquarters in Cyprus, Reason for the high Quebec representation is that the 3rd Battalion (albeit reduced in numbers for the tour) of the Royal

22nd Regiment forms the bulk of the Canadian contingent. ASTRONAUTS SHOULD TAKE GRAVOL PILLS

Simplicity Patterns in stock

— A complete line of sewing and

Comox Shopping Centre

knitting supplies available

Married men weren't invited



LOOKING JUST LIKE four penniless waifs in front of a candy store, we have (from L to R) Captains Barry Morse, Mo Cloutier, Jack Blythe and Major Bob Ford. These four chaps just happened to be in the snake pit of the mess when lo and behold the Coboc Fly-in was in full swing. Coboc members wouldn't like to suggest that there is something missing in the lives of the Brown Baggers but you know how the saving goes, "one picture is worth a thousand words."

but some came anyway...!



MARG HILL AND LINDA REID, two of the CAF medical profession's finest needle bearers could no longer stand the looks on the faces of our forlorn married types, so a little cheering up was in order.

Beauty and the beast



RFE Photo

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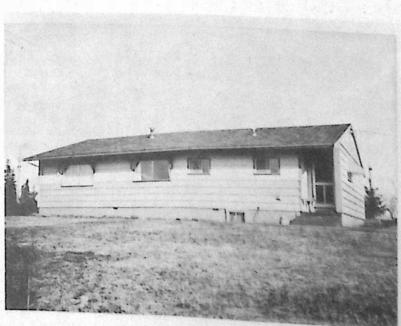
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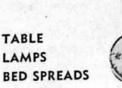
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Mar. 8 407 Sqn., Cocktails & Dinner, Open

Mar. 9 Candlelight Dinner

Mar. 15 St. Patrick's Day Dance

Mar. 22 Bingo

Mar. 29 Steak night & dance



Shop now for gifts

ITALIAN TAPESTRY

and adding Additional Items Daily

Night Hawk's Nest

staff; good old Smitty. If some-

Ground school programs have

It was a sad occasion indeed

well to Tiny Tom, who embarked

upon completion of the Tac-Eval.

Gary had been a valued member

of the squadron for four years,

His replacement in the simulator

is none other than that other

He has shuttled back and forth

now that the orderly room thinks

that he is some sort of a secret

untoward must have happened,

but Lightening Lennie is hanging

on to the details (and the hair)

Big Al is not far from being

Laugh-in reject, Big Al.

messenger service.

Well done.

In one of the most miraculous lated bomb and throwing it away escapes on record, the squadron from his airplane, but the obsersurvived the annual pilots vs vers wondered just why he threw navs hockey game absolutely un- the bomb at the met section. scathed. Credit for this rather The Tac-Eval is finished for amazing feat must go at least another year. A lot of people in part to the hard-working re- put in a lot of hours to get the ferees, who managed to keep squadron to the current of peak Chopaway Chapin confined to

the penalty box most of the time. so during all Tac-Evals. Grand The final score of the game chiefs and lesser satraps toil has not as yet been announced, mightily to get the entire operanor will it be as long as this tion up to about 103 per cent. paper is staffed mostly by nav- As it is in their own best interest igators. (And why not? Who- to do so, such zeal is underever heard of a pilot that could standable. One person, though, write?) Suffice it to say that who has worked a lot of extra the competition was keen, and time, quickly and without much the result was in doubt until fanfare, for the squadrons best about half an hour before the interests is our orderly room opening face-off.

Why half-an hour before the one rewrites an order, who gets opening face-off? Because that to type it? If someone wants this is when the navs' coach, doleful or that, who has to look after it? Paddy O'Sullivan came into the The extra workload entailed by dressing room and found his Tac-Eval preparations has meant team standing staring at the a lot of nights and weekends in the equipment, wondering how in the world to put it on.

deserving of a commendation.

world to put it on.

There were, inevitably, some mistakes in dressing. Bill Sterne forgot to put on his ankles. been truly formidable of late. Bill Mason forgot that he even The list of briefings on the had ankles. But not all the average Friday afternoon would bewilderment was on the nav make even a parliamentary corside. No less a personage than respondent blanch. It is one thing the colonel himself skated to get everyone there so that proudly out with his socks on everyone is available for the backwards. He said that it 1600 festivities, but it can be was done purposely, so that the overdone. At this rate we'll soon other team wouldn't know which way he was going, but he didn't last Friday when the squadron

sound too convincing. Enough, however, of the shinny gathered at the spa to bid farematch. A full report will be found on the sports page, if the for the sunny south immediately sports department will lower its standards enough to print it.

The day after the game was another test of survival. The and he will be missed indeed. squadron threw a cocktail party and dinner which had most of the people doing loops around the dance floor in short order. It was a first class bash, and the a Nighthawk institution either. organizers are to be congratulated, especially by the makers of between the squadron, test flight Aspirin, who are now on extended and flight simulator for so long vacations in the Carribbean, or however you spell it.

The last Cudgel Caper proved to be an excellent dry run for this week's Tac-Eval. A bunch of sorties were flown, a bunch of targets were shot up, and a few more bugs were shaken out of a few more plans. A posthumous Distinguished Defence Cross was awarded to rubber-arm Elphick for heroically picking up a simuproud symbol



FUZZY BRAVES FRISK EVERYONE

NORTH BAY, Ont. (CFP) -Seldom in history have people of two great countries been as united in purpose and effort, as the Canadian and United States military here at the northern NORAD region headquarters.

NORAD

medallion

Although they come from a variety of backgrounds and wear several different uniforms, they function as a single force, directing the air defence of the two million square miles of region.

naisance mission.

black, two shades of olive green

Answer: most any tracked vehicle in the Canadian forces

used in land operational units.

There are 11 versions of eight

tank are in service: MK, 11(c4), MK, 5/2 (C2), MK,5(C1), the ARV MK,2(C1) armoured the

covery vehicle, light, M578, and

There is the recently acquired

There are four kinds of

Carrier, personnel, full tracked,

Carrier cargo, tracked, six ton

Carrier, command and recon-

naisance, full tracked, armoured

Carrier, command post, light,

Now, about the color scheme.

The black and two shades of

olive green are painted is a

"disruptive" pattern. National

markings are not normilly

Next Deadline

St. Paddy's Day

armoured, M-113A1 CARGO CARRIER

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COMMAND POST

armoured, M-577A1.

Five versions of the Centurian

and carries tracks?

types in all.

carrier:

Whether they fly supersonic fighters to intercept unknown aircraft approaching the continent, or work in the region headquarters, or stand a lonely vigil at a remote radar site, there's one distinctive badge they may all wear, the NORAD medallion, symbolic of their common role.

Worn on the left breast pocket of the uniform, the round badge, two and a quarter inches in diameter, has six colors, and is centred on a silver disc, which

represents a sun-burst. The blue background on the the bridgelayer MK.5(c1). shield signifies air, the fighting element of the air arm of the self-propelled gun Howitzer, me-Canadian forces, and the U.S. dium, SP, 155mm, M109. Air Force. Turquoise portions of the globe depict the oceans, the naval fighting environment. The North American continent, in yellow, represents the land entrusted to defence by the army, and also protected from air attack by the U.S. and Canadian air

elements of NORAD. Silver wings enfold the globe, symbolizing protection and defence by an integrated command. The wings also indicate the Divine protection which has been the

Len and the Beetle have returnheritage of both nations. ed from survival in Sardinia, and it was apparently quite an ordeal. An upright sword, symbolizing armed defence, points toward the When a guy can leave here almost egg-bald and come back sporting northern skies, the shortest diran overful head of hair, something ect approach of a potential ag-

ressor. Outward from the sword are two lightning bolts which speak for the instantaneous defensive power NORAD forces would hurl against an aerial invader.

anks a lot Support our advertisers OTTAWA (CFP) - What is

IN GLITTERING ARRAY — A CF-104 Starfighter of Canada's NATO-assigned

air division in West Germany stands ready at 1 wing, Lahr, for its photo recon-



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THREE BRANCHES: COURTENAY - COMOX - LAZO, B.C.

for his memoirs. emon

After two weeks of killing Orange force submarines and surface forces "A" Flight returned to CFB Comox. The first crew arrived back on the 27th. of last month with the remnants of the flight following the next day. With only two aircraft allotted to the exercise the Demons' servicing crews proved exceptional in that there were no hours lost on station due to malfunction. All the crews were able to log good attacks against the exercise subs but unfortunately the dice didn't roll our way. Of course we know that. the highest degree of integrity was displayed by the sub commander who incidentally rolls the dice to decide whether the attacks

are good. While on detachment at NAS Moffatt, the Demons were hosted by VP 46 "Grey Knight" Squadron. Numerous social functions were planned and well attended by our stalwarts. Plaques were presented and it seems the VP 46 banner somehow found its way back to the Demon trophy case. What with the bell from Adak we are soon going to have to put some of the older items on auction.

Out of the frying pan into the fire seemed to be the plan as the Demons joined the rest of the base in a Tac Eval this past weekend. Happiness reigned supreme as the powers to be threw, in an ORI for the flight Hne crews. Each crew made a trip under the watchful eye of a command observer. Crew 6

lucked in by doing two trips. Heading the inspection team was ex-Demon CO Lt. Col. Smale. The team makeup included people from MarCom and MarPac. Initial reports indicate that the Demons will have little difficulty in walking away with the coming ASW competition. One question that has come up though. Is the red hardhat sported by Lt. Col. Moore indicative of things to

The Demon crews will be on the road again in the nearfuture. There are a number of trips planned for the WestPac area. The first will come during the month of March. It seems that Standards has this one sewn up so the flight line crews will have to wait for a day or two to see what will be sent their way.
The initial TACCO course will

start later this month at CFB Greenwood. The Demons will have five of the aircrew attending. Capt's Taylor, Ash, Westlake and Merkley will be participating as students with Capt. Tom Procter going along to provide instruction during certain phases of the course. Also on the road this month are the seven people going to the pilot selection unit in Toronto. All the best in your

The Demon members of COBOC put an unexpected show of couth on during the past weekend. For the most part they were intact physically and mentally for the TacEval. However time will tell whether a life of restraint and celibacy would prove more

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Inquiries may be directed to Cpl. McCaffrey at Local 299.

"The Just Society?"

Former Justice Minister, Pierre Trudeau, was returned to the Prime Minister's office last June by promises of a "just society." His plans for social and judicial reforms in Canada were heralded as a great step forward. Even disputes over the more controversial aspects of Trudeau's proposals were overshadowed by the realizations that something was being done. Since our present government obviously realizes that our existing judicial systems have shortcomings, a short article outlining the more flagrant injustices shouldn't make them feel too ill at ease.

It would appear that much of our criminal law today is practiced on the "guilty until proven innocent" theory. A person accused of a serious crime usually sits in jail until he is brought to trial. If he has the finances at his disposal, he may be released on bail. Whether in jail or out it is up to the "accused party" to somehow

establish his innocence. The most convenient method for proving your nonguilt in our society is to hire the services of a prominent and reputable lawyer. This is rather an ironic thing to do as theoretically you're innocent anyway and it is up to the state to prove your guilt. But then on the other hand, if the state wasn't already convinced of your guilt, you wouldn't be in the position of needing a lawyer.

What then is a lawyer? What qualifies him to show your innocence as he couldn't be as aquainted with the facts of the matter as the person on trial? Oxford defines a lawyer as a person well versed in law and this must be the misnomer of the year.

Society has proven the best lawyers to be historians. A lawyer doesn't have to prove his client innocent. Sometimes he merely has to point out that a similar trial of years past found the accused not guilty, therefore his client today must in all fairness be found innocent. It would probably be to the advantage of all lawyers to study their historical legal texts more than the laws

A sharp lawyer has manythings going for him, not all of them the epitome of a just legal system. Legal gimmicks such as calling for mistrials because of obscure insignificant reasons such as the judge smokes too much in his spare time or some jury member was seen browsing through a magazine rack in the courthouse snack bar play an important part in courtroom proceedings, perhaps too much so! Most judges would discount many gimmicks, however, they had better beware of a lawyer who has a similarly documented case at his disposal. By every courtroom decision made, a judge and jury are in fact writing the law books of the ature be they right or wrong!

The University of British Columbia's Law School is recognized as being one of the best in Canada, for two reasons; its faculty and its library. Nation wide recognition for UBC's faculty is very nice, however, equal time for its library is fallacy. Surely the library can contain only so many legal texts. The far greater majority of books have to be legal histories, which unfortunately determine the course of law today. Perhaps the next step in legal reform will be to feed all the appropriate history into a computer and the accused party will hear his sentence even before he gets out of jail and goes to trial.

The ability to pay lawyers plays an overwhelming part in legal matters today. No one in his right mind could believe that a poor person accused of a serious crime stands the same chance of getting off as does his rich counterpart. Not all people could afford the battery of lawyers necessary to wade through the thousands of legal history books to find the quirks that may eventually spring him. This brings up another sore point. The only real winner in all trials has to be the lawyers. Guilty or innocent a person who has spent any amount of time collaborating with some courtroom orater still has to foot the expenses. What provisions do our judicial system provide for a person who has mortgaged himself to the hilt to prove the innocence that was supposed to exist in the eyes of the society anyway? How much in the way of retribution is there for a person who has spent a considerable amount of time in jail before being found "not guilty?" Practically none!

Canada's judicial system is not really in need of sweeping reforms. The points brought up here only apply to the barest minority of our society, however, aren't they part of "The Just Society?"

The Young Do Care

The little things count in life. In 1966, weekly newspaper publisher H. D. (Mac) McConnell visited Cyprus to write about the Canadian contingent of the UN there. Before he even got back to Tilbury in southern Ontario, the Times there was running his animated copy by the yard. Mr. Mc-Connell went further. He took slides worked up a Cyprus presentation and spoke to groups in the Essex county region where not only he but his wife and two daughters produce weekly newspapers, not to mention sons in the family business.

Part of his talk featured the Red Cross Home for Sick Children at Kyrenia on the north coast. Canadian servicemenhave given the non-factional home

money, skilled labour and materials ever since Canadian soldiers first arrived in Cyprus to help restore peace five years ago. Young people of Darrel S. Moffatt United Church in Tilbury

were touched by his remarks about the convalescent youngsters - both Greek-Cypriot and Turk-Cypriot children - cared for under the one roof. They collected \$21.11 to be given to this Cyprus venture, so rare in a time of strife.

All the McConnell editors came to Ottawa for the annual Ontario Weekly Newpaper Association's annual meeting (he's first vicepresident) and turned the paper bag of small bills and loose change over to the military just

the way they had received it. It's been converted to a cheque for 8, 3s and 4d and is on the way to Cyprus, where there will be an appropriate presentation by the Canadian contingent to the Red Cross home. It will be gratefully received.

So that's the story of how children in southern Ontario received a chance to become involved with other children almost half way round the world. And did.



Oh, stocks and bonds are O.K., but there's nothing like a "Bonnie" refit for a fast fortune.

Tuesday, February 18, 1969

AIRPORTS - Site of International

Mr. Andre Fortin (Lotbiniere): Mr. Speaker, I should like to put a question to the Minister of Transport.

Can he tell us exactly when the decision on the site of the new international airport will be made known to the public? (English)

Hon. Paul Hellyer (Minister of Transport): Every day we are getting a day closer to the

Mr. MacEwan: You will go down in history for that state-Mr. Hellyer: I hope it will

not be too long delayed. Wednesday, February 12, 1969 Page 5426

(English) NATIONAL DEFENCE Montreal - Protection against bomb damage

Hon. J. A. MacLean (Mal-peque): Mr. Speaker, I have a question for the Minister of National Defence arising from the answer given yesterday concerning bombings at armouries in Montreal. The minister said that steps had been taken to protect the property of the government of Canada. In view of the second bombing last night which damaged both public and private property, vill the minister say whether the government regards the steps taken for the protection of property to be adequate and satis-

factory. Hon. Leo Cadieux (Minister of National Defence): Mr. Speaker, I think it has to be noted first of all that the second bombing, like the first one, actually took place outside the building. I think we can say that the most stringent measures we have taken must have had some effect, because the second bomb was discovered by the security guard who went inside to call the police. Unfortunately the bomb exploded before the police arrived. We Brussels? are cooperating fully with the

Friday, February 14, 1969

PENSIONS

Removal of anomalies in legislation

Hon. J. A. MacLean (Malpeque): I should like to direct a question, Mr. Speaker, to the Solicitor General. Is it the intention of the government to introduce legislation during this session of parliament to remove certain anomalies which exist in the pension provisions of the Royal Canadian Mounted Police

Hon. G. J. McIlraith (Solicitor General): Yes, Mr. Speaker, We hope to bring forward during this session legislation to correct some anomalies and administrative weaknesses in the RCMP legislation, armed forces pension legislation and the Public Service Superannuation Act.

Mr. MacLean: A supplemen-Mr. Speaker. I ask the Solicitor General if there are any other pension provisions which the government might improve during this session? I Act which has serious anomalies

Mr. McIlraith: I do not believe there is any provision in the legislation now being prepared relating to the Members of Parliament Retiring Allowances Act. I know that subject is of real concern and the act has many anomalies in it. Perhaps I could take the hon, member's question as a suggestion.

Monday, February 17, 1969 Page 5576

"Yukon" Aircraft Ottawa-Brussels Flight

Question No. 1,240 - Mr. Coates: 1. Were members of the RCAF required to remain at a hotel in Ottawa during the week of January 12 in connection with their duties with Air Transport Command in the flying of a Yukon Aircraft from Ottawa to

2. Did this Yukon Aircraft Montreal police in order to carry any passengers from Ot-

Key Club for '69

Comox motorists are reminded by lovely Caro-

line McDermott that miniature 1969 auto licence

tags for key-chains will soon be mailed to them by

the Tuberculous and Chest Disabled Veterans Asso-

ciation. Proceeds of the month-long TB Vet cam-

paign, which continues through March 25, are used

for scholarships and research into respiratory diseases.

Function of the tags is tracing by the TB Vets of own-

tawa to Brussels or on the return What was the purpose of

the flight to Brussels? What was the estimated cost to the federal government

for the flight in question? Mr. D. W. Groos (Parliamentary Secretary to Minister of National Defence): 1. Yes, on the night of 13/14 January, as there was no suitable accommodation available at CFB Uplands.

2. Yes 3. To air lift the Chief of Defence Staff and a party of military and civilian officials to the NATO meeting in Brussels. On return flight, to airlift the Minister of National Defence and a party of military and civilian officials returning to Ottawa from the NATO meeting. On both trips, those seats not occupied by the official party were made available to military personnel and their dependents authorized for such air transportation.

4. This Yukon Aircraft was operated within the authorized monthly flying schedule for Air Transport Command. On all such flights, the aircraft operatam thinking of the Members of ing costs, pay and allowances, Parliament Retiring Allowances temporary duty costs of the crew are budgeted for annually, and the only extra cost for this particular flight was \$2,200 which included temporary duty expenses for the crew in Ottawa and Brussels, in flight meals and landing fees at Brussels

Bring back the wedge

The title of this opus is, perhaps, just a trifle premature. The wedge cap hasn't disappeared. Yet. But the writing is on the wall. Soon, the green uniform will be upon us with all its splendour and the wedge cap will become an artifact of history.

For the airman, this happened some years ago. Some wallah at CFHQ, concerned at the number of scruffy wedge caps that were in day-to-day use, decided that flat hats were the answer. And, he was right. At least partially A well cared for flat hat generally looks better than a wedge cap. A parade-square full of people wearing shiny new flat hats generally looks better than parade-square full of people

rearing wedges. But how many parade squares are ever full of people wearing thiny new flat hats? Not very many. Most people own but and that one hat bes for all occasions. Consequently, come parade time, the

hiny new flat hat looks no better than the scruffy wedge that it was to replace. Worse, generally, because scruffy flat hats look worse than scruffy

wedges.
The change in uniforms will present a problem to the officers as well. The new officaps, resplendent in gold cers caps, resplendent in gold transistorized power units will when new, tremendous on parade. They will also have the ancillary advantage of causing sealor reviewing officers to go snow-blind thus opening further avenues of promotion for the rest of us. But how will they look a few months of being relegated to oil-stained maprelegated to oil-stained map-cases in Her Majesty's far-from luxurious aircraft? One shudders to hink. what, then, is the solution.

The solution lies in the retention of he wedge cap, which serves rable for day-to-day work. an be carried in the pocket flying suit, it won't tarnish, dit requires no expensive gold

and ilver fripperies.

or the flat hat could then be reseried for parades, or other occopremost, and look good is have a two languages policy, not a two hat policy? Bring who the wedge!

Ski Pole Shenanigans on things like laminations, sandwiches, and wrap. Not much is

By CPL, LANCE STERLING

I think I have discovered a new secret weapon -- the ski pole. looking objects. Waist high sticks at the top of the hill. From ten with a leather wrist thong on one end and a round gismo that keeps the stick on top of the snow about six inches from the other end. Its not until they are in use that the dangerous aspect comes

To start with, anyone that would deliberately throw themselves down the side of a hill in the middle of winter, on nothing but a couple of boards, is enough to make anybody nervous.

If you happen to be at the bottom of the hill watching this muffled form, gesturing wildly with those pointed ski poles as it hurtles toward you, well, its enough to make anyone surrender.

The whole purpose of ski poles, according to the books and those hardy looking instructors, is to help you get started downhill. Most people don't need any help getting started. Its getting stopped that causes all the pro-

The average ski pole faintly resembles a shiskabob skewer. The average skier used it much

chalantly adjusts his goggles, plants the poles firmly and pushes off. Usually, all courage is left feet below the top of the slope to the bottom is pure terror.

The skier either freezes in place (and looks great as he hits tree at 40 mph) or decides there must be a better way to spend an afternoon and tries to

Stopping on a downhill slope takes different forms. The most popular is trying to make the skis form a 'V''. (This will sometimes result in going downhill backwards as your feet follow the skis around -- a fantastic sensation.)

An alternate to that is skewering something, like a tree or a bush, or a passing instructor. While not recommended, it is effective as a breaking measure. It also makes the skier look a little like Captain Ahab after

The most common means of stopping, while not popular, is falling down. This is where that little leather wrist thong on one end of the ski pole comes in. All the propaganda put out

about skiing stresses the skis.

Long disertations have been made

Moby Dick.

Its not until you fall down at 40 mph that you realize just how important those poles are. By the time you realize you are down, the skis are gone. They

are made to jettison at the first sign of trouble.

ever said about the ski poles

All you have between you and complete disaster are those poles - held to your wrists by those leather thongs.

A fallen skier takes one of two forms, both of which have been proven in combat. He either skids down the icy slope at fantastic speeds, with the poles out in front, like a lance or he resembles a human pinwheel as he simultaneously goes downhill and around in a circle. The whole time those poles are on the outer edge of the circle, taking great chunks out of anything in the way.

Either the lance approach or the Catherine wheel method of getting downhill is guaranteed to cause a general retreat anywhere below the reclining skier.

Finally, the ski pole is probably the only winter weapon with a summer time camouflage. Or do you enjoy bending over to police up the squadron area?

Some Thoughts on Demonstrators

main gate staged by various members of 442 Squadron who had disguised themselves as hippies for the occasion. The demostration was held to test the but it also served to test the reactions of the passers-by, since all persons trying to enter the station encountered responsible for protecting the base, but what about the rest of What should our reactions be to such an event?

Most persons attempting to enter the base simply followed police instructions to use the PMQ gate, and paid the "hippies" no heed. There were those, however, who displayed open hostility. Several drivers drove at the crowd with little or no in-

Last Monday morning saw a tention of slowing down. One fake demonstration outside the driver made no attempt to avoid people sitting on the roadway in front of his car - one "demonstrator" was pushed along the pavement by the bumper for 20 feet before the reactions of the military police, driver stopped his car. One woman hurled a string of abuse that would have done the hippies in Chicago proud. If this had been a real demonstration, the "rabble". The police are violence and injury would have been initiated by hot-headed spectators, and not by the police.

Hippies can often be obnoxious, especially when a mob of them gets together. Service personnel are often impatient towards hippies, because their views are in direct contrast with our own. (Which seems a bit strange, since both sides heartily approve the use of violence, only the objectives are different.) But

this gives us no right to mow them down or punch them out whenever we encounter them. If it is wrong for the hippies to use obstruction to further their cause, then it is equally wrong for us to use indescriminate violence (such as running over hippies with our cars) to inflict our views upon them. To do so is only to play into their hands and add further proof to their claim that society is rotten.

There can be no doubt that society is in need of radical reform. There can also be no doubt that the hippy approach to the problem won't work. But if we treat the hippies like animals, we ourselves will be no better. Instead of clubbing hippies, it would be much more useful if we could discover a way of reforming society that would



ANOTHER GREAT TOTEM TIMES contest. Pick the event and win a one year subscription to the Times. Select one of the following answers. The picture represents; an Armed Forces recruiting drive in Vancouver, Hippies picketing CFB Comox, 442 aircrew picketing an Albatross, another strike by a labour union, or The entire Totem Times staff gone berserk!

Postmaster General Eric Kierans announced on February 27 that the Post Office will honour its contracts for post office box rentals signed before the increased postal box rentals took

Whether or not the Post Office would honour these contracts was in some doubt.

In January a departmental circular was issued instructing Postmasters to demand double payment from people who had signed postal box rental contracts before January 21.

Gerald Craven, Editor of the

Ridgetown Dominion first raised protests against this irregular practice. "The management of this company (the publishers of the paper) knows of no other department with such high handed practices" he said in a lead article of January 30.
Mac. T. McCutcheon (P.C.,

Lambton-Kent) and Heath Macquarrie (P.C., Hillsborough) brought the matter to the Minister's attention by way of questions on the Order Paper and

questions in the House. The Minister's announcement of February 27 was made in response to a question by McCutcheon.

Postmasters will now be required to drop further demands for double payment and also pay back those who had met earlier demands.

McCutcheon commented: "If the Postmaster General were not so obsessed with making every part of the post office pay for itself, and if he had not tried to break the standard business practice of honouring contracts, this would never have happened.

Through the Looking unions have been assured that A news story out of London

should have military thinkers in Canada burning the midnight oil trying to determine if a plan announced by the British government is adaptable to the Canadian scene. It's the "rent-a-soldier" idea

announced by British defence minister Healy who is reported to be concerned about what to do with the many troops coming back to Britain following withdrawals from foreign areas, mainly the far east.

A spur to Canadian thinking could be the current defence and foreign affairs study that is considering, among other alternatives, the suggestion that Canada pull out of NATO and NORAD.

The British plan sees soldiers employed in dasaster areas, con-

there will be no conflict with their members. The Canadian problem could

be more difficult. Hardly without exception Canadian servicemen in NATO and NORAD are highly trained specialists whose training would hardly seem to fit into the employment patterns

suggested for the "Tommies." What must be found is a special "rent - a - soldier" plan for Canada.

SCREEN EPICS?

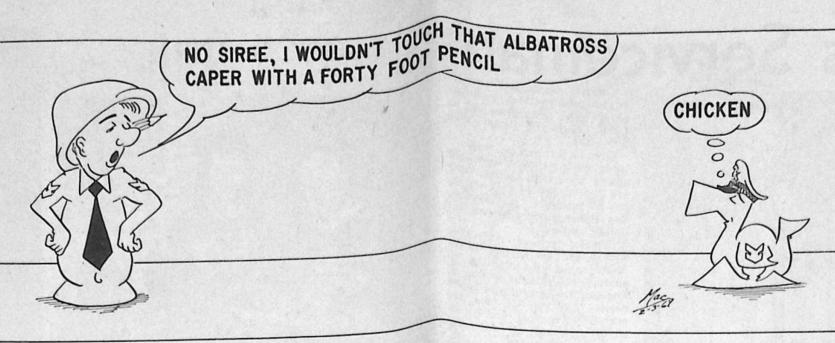
Hollywood movies immediately come to mind. With a fairly cheap, already kitted and trained body of soldiers complete with arms just waiting to be called upon, movie makers who have been putting off ideas of grand epics on the "Longest Day" scale can dust off thier scenaries, put the

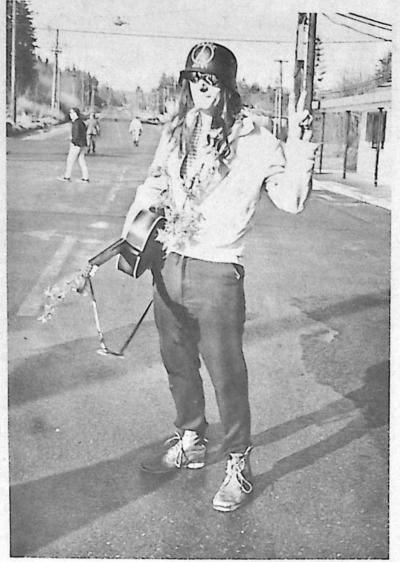
They might even try doing something with the war of 1812-14, with the great grandchildren of the original cast! Somewhere among the nursing corps or the lady dieticians there must lurk a modern-day Laura Secord. The cow might be more difficult. CHAUFFERS?

Jet jockeys present another problem. Can a CF-104 pilot used to zapping around Europe at 1,400 miles an hour find happiness at the wheel of a special transport? Not likely, but what about test pilots on the new turbo trains? Or Ski-doo drivers for the TV commercials?

The jobs must be temporary in nature of course. The servicemen might just have to get back to regular military duties in a struction and demolition work and as drivers in special (but unas drivers in special (but untransport units, turning out real war movies, wrong (Contain prove to be hurry in the event the calculaas drivers in special (but unidentified) transport units. turning out real war movies. wrong. (Contributed)







WINNER OF THIS YEAR'S "Best Dressed Flippie Award" is none other than Cpl. J. C. Euper of 442s Avionics Section. When interviewed at the recent demonstrations Cpl. Euper said "Hey man, this is fun, I think I'll start moonlighting and go on weekend sittins and things like that, keep the faith baby." Runners up for the BDF award were Cpl Gerry McNutt and Lt. Terry Montgomery who came to the demonstration in their normal working dress.

- Times photo



"THE UNDERCARRIAGE is designed with a geometric lock, therefore it is impossible for it to retract while the aircraft is on the ground" Warrant officer George White reads then chuckles "What do ya think?"

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Falcons Find New Nest

LAHR, West Germany (CFP) -As swiftly and surely as the gyrfalcon finds its nest, 430 squadron arrived at 1 Wing here

Feb. 24. The NATO-assigned strikeattack squadron thus completed its move to new quarters from soon-to-be-closed 3 Wing, Zwei-

Motto of this 1 air division squadron is "swiftly and surely." The gyrfalcon is aptly displayed on 430 squadron's official badge. This silvery bird, found in northern Canada, is noted for its exceptional and alert fighting abilities. And so has been the squadron ever since its formation

Jan. 1, 1943. The young pilots (average age 24) have an average flying time of more than 2,000 hours.

From Up in My Perch

Digging down in my ol' kit bag
last week I came across a copy of
the short history of 442 Squadron
and the Legend of Hia-Etlik which
I had compiled upon the demise
of 121 KU a few short months ago.

With cunning, known only to
our original Canadians, the chief
our original Canadians, the chief
made a grand fuss over our Huns,
going overseas to fight the Huns,
In the ceremonies held at Sea
In the ceremonies held many of 121 KU a few short months ago. According to the information

that found its way into my hands, Hai-Etlik was the Lightning Snake and was a messenger for Tootooch, the Thunderbird. Tootooch made his home far up in the steep mountains, and lived on the flesh of whales and skana the Black Fish. When he was searching for food he would put on a coat of feathers, wings and a mask, (all black like a Great Raven) then Hia-Etlik, would attach himself to Tootooch, and they would fly over the sea. When the whale was sighted,

the Thunderbird would fly so as to drop the Lightning Snake onto the whale's back. The shock of the lightning would kill the whale instantly. (Good thinking) Then Tootooch would fly down, pick up Hai-Etlik by his carrying handle, and seize the prey in his great talons and make for home.

Hia-Etlik sometimes acted as tory?

messenger for Tootooch. The big day will soon be upon a messenger for Tootooch. He had great power for good, and this power was felt often by mortals who were guilty of mis-deeds, yet, if mortals followed the moral law of Hia-Etlik he would provide for all their wants. It was believed that he brought Good Luck to the people who saw him when he was about his duties for his master.

Somehow the story seemed confused. I milled the tangled thoughts about it in my mind for several hours and then decided that since I was on leave I would travel to the west coast of the Island and do some research on this legend.

After a couple of days of prowling around the Albernies I met an old Indian who claimed he knew the real story of Hia-Etlik but was somewhat reluctant to tell it. One of my few hobbies is Zymurgy and as luck would have it I just happened to have a few jars of my handy work with

Offering a sample to my new found friend I invited him to sit down and talk it over. A jar and a half later the story came out. My new friend's name was

Cackeling Crow and he was a retired Public Relations Officer and part time medicine man for the Nootka Tribe. The legend of Hia-Etlik as we know it was all a "put-on". Hia-Etlik was in reality a red and green, fire breathing Tape Worm with a carrying handle, and was a very strong "Bad Medicine" used only on the worst of enemies. Whenever the tribal chief had a real bad enemy he would pretend to make peace by bringing gifts to him, amongst which would be a Hia-Etlik, (hence the carrying handle). Once in the camp of the enemy, Hia-Etlik would begin to bore from within on the hapless victims horses, canoes and other equipment (sort of a red skinned Gremlin). This was considered very bad luck.

"How then" I asked "did such a terrible amulet come to be 442 Squadrons emblem?"

It seems that during world war squared, the Nootka Chief and the CO of 442 Sqn. had a business deal. 442 Sqn. used to air drop a weekly supply of whiskey to the tribe on the west coast of the island in return for a large supply of Indian sweaters and other handicrafts which the Squadron was stock-piling for sale when they went to the European theatre. About a week before the squadron was to embark, the chief found out that the "Whiskey" they had been supplied was none other than good ol' government issue de-icer fluid, bottled in empty bottles from the three messes. Needless to say he was very angry.

NEW! DATSUN 1000

334-2220

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Island, the chief presented many gifts. The most treasured, the Chief assured the CO was a

It was at this point of the ceremony that my friend the ex-Nootka PRO and part time medicine man made the most spectacular pitch of his career. He stood up on the parade and told the legend of Hia-Etlik as we know it. The squadron, to a man was moved to the point of tears. The CO, unable to suppress his emotions, adopted the Hia-Etlik as the Squadron emblem on the spot. After the parade was dis-missed, the chief and the PRO returned to the Island, the Squadron went on to Europe and 442 has had gremlin trouble ever

If there is any doubt in the readers mind about this story may I suggest a review of the Squadrons recent technical his-

us. St. Patricks day that is. (Maybe we could prevail upon the good saint to drive the Lightning Snakes from Vancouver Island), I am happy to report that all the preparations for my annual St. Patricks Day blast have been made. All the invitations have been sent and confirmed. The lucky recipients of these coveted cards know who they are. If you haven't got one by now it's too bad, you missed out on this year's do. Better luck next year. While I look forward to the 17th with much joy, I can't help feeling what a shame it is that a good Irishman must tale leave instead of getting a national holiday to celebrate. Who not wishing to quarrel with the powers that be, I must poin out that somehow Saint Patricks day has been omitted from the list of annual holidays and holidays listed in CFAO 16-1. In my opinion St. Patricks day rates with the Christian Holidy of Christmas and the Jewish Holiday of the Passover. Let's get "Green Power" and right this

One of the greatest and most encouraging pieces of newstohit this place in many a mon is 'they are going to let the Cpls keep their two hooks." Icould hardly believe it, somebody up there is listening afterall. Of course the problem of "super corporals" still has them stumped, and the old, old corporals is definitely an encouraging word

if I ever heard one. In my fan mail yesterday I found a copy of the Guide Book to Haight Ashbury, The Haight Ashbury Free Press and the Haight Ashbury Mayarick from Mushroomer: The C.O. has

By SEEMORE

Runner up for the Week: 407 still feel very insecure, but this Squadron will soon replace its obsolete armament of miscellaneous caliper flight bags and old

one of my fans down south. If secretly employed a witch in an these glorious publications are effort to exorcise the evil a sign of the times, youguys are spirit haunting 442 Squadron.

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6 CFB COMOX TOTEM TIMES — Thurs., March 6, 1969

Camelot Stars Serviceman



PLAYING IN CAMELOT — are personnel from CFB Comox. L to R are Don Bowen as Dinadan, Tom Forge as King Arthur, Ray Marquette as Sir Lancelot and Art Col-— Toby Rainey photo lins as Merlyn,

revolutionizing it, transforming

With Him and through Him our

joy, our privations will become

the Cross will lead us to a glor-

"I'm Coming To Visit You!"

Four points to remember -

to visit you!" God tells you to-

"Delighted to have you, Lord."

hours - "Delighted to have you,

Sunday March 9 - Morning Wor-

Sunday March 16 - Morning wor-

SERENAL PROPERTY.

430 Fifth St.

ship at 11 a.m. Sermon Subject will be "Is There

Any Such Thing as Eternal

Chapel

You tell God in your "fun"

and forgiveness.

to His people.

Lord."



RC CHAPEL-Father Pierre A. haviour, animating our conduct, Lahaye, Base Chaplain/RC.

it . . . He will help us to go Chapel Services: Sunday masses, 0900 hrs and 1100 hrs. all out in a daily pattern of kindness, compassion, patience, Weeldays during Lent, 7:30 p.m., Saturday, 9 a.m.

CONFESSIONS: Saturday evening 7 to 8 p.m. and before all daily trials will be changed into

BAPTISM: By appointment. spiritual treasures, the road of You are asked to contact the Chaplain's office one week ahead ious resurrection. of time giving full particulars. CATECHISM CLASSES: 1245 to This coming Sunday is the Third 1345 hrs. in the PMQ School Sunday of Lent. All through the -Saturday Grades 1 to 7.

NOTICES: St. Joseph's Sunday find the thought of "visit and Missal on sale at the Chaplain's office at a cost of \$1.50.

CWL Bazaar-1 May 69 in the PMQ School 7 to 9 p.m.

World Day of Prayer - 7 Christ His Son. Mar 69. The Women's World Day of Prayer service in the Comox ingly - by prayer - by penance area will take place this year at the Comox United Church on God and man. Friday 7 March at 2 p.m. Ladies are urged to make an effort to participate.

Confirmation - 23 Mar 69: day - I'm coming to visit you!" The Most Reverend Bishop FJ You tell God in the mass -Spence Auxiliary Bishop for the Military Vicariate, will be visiting CFB Comox on 23 Mar 69. (Approximate date). Confirmation ceremony is being planned for that date. The baptismal cerfor that date. The baptismal certificate of each condidate has to be produced before confirmation. Forms are available at the Chaplain's office, for further information phone local 274.

CHOIR practice during Lent will be at 6:30 p.m. on Wednesday. Adults and children over 10 years of age are invited to become choir members. Choir director Mrs. Joyce Geneau phone 339-3643.

ship at 11 a.m. Replacing the sermon on this Sunday, OUR COMMITMENT - Lent three members of the confurnishes us with the opportunity gregation will speak on the to take seriously the words of subject "What Christianity Jesus in His Sermon on the Means To Me.' ' This will Mount - to renew, to deepen, be a very thought provoking to intensify our attachment to service which may well dis-Christ - to fill our daily life turb the spiritual complacency of all who attend. with His Spirit, manifested by our own Christlike attitude and be-

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WOMEN'S WORLD DAY OF

The Women's World Day of Prayer service in the Comox area will take place this year at the Comox United Church on Friday, March 7 at 2 p.m. Some 600,000 women across Canada are expected to attend one of the 5,000 Church services. Ladies are urged to make an effort to participate. Baby-sitting service will be available.

CONFIRMATION CLASS
Padre Archer's United Church Confirmation Class started last week, and is meeting every Wednesday evening in the Chapel from 7 to 8 p.m. Young people may join this class by attending on any Wednesday evening.

> COMMENTS FROM THE CHAPLAIN

By PADRE ARCHER "The Russians shot God down with a rocket." This is what the crew members of the USS Pueblo were told while they were being held captive in North Korea.

These crewmen had no Bibles Old and the New Testament you or religious materials during their captivity, nor were they alvisitation used for God's coming lowed to hold any worship services. During their captivity, the men of the Pueblo tried to So think of these days in terms remember the names of the books of God coming to visit you through of the Bible and came up with a And prepare yourself accord- fairly accurate list. recalled the words of such a familiar passage from the Bible - by a greater show of love for as the 23rd Psalm, it was written out and shared.

"All we had left was religion" God told the Jews - "I'm coming was the way one member of the crew of this ship summed up the American sailors' 11 months of captivity in North Korea.

This was related recently by Rear Admiral James Kelly, Navy Chief of Chaplains, in a report entitled "Faith in a Stress Situation." His account stated that the crew during their confinement "had moved in the direction of a deeper religious commitment, greater faith, and habitual prayer.'

Chaplain Kelly offered this summary of the religious experiences of the crew during its captivity:

"Perhaps the religious experience of the Pueblo crew during the long 11 months of their captivity can be summed up by saying that every effort to take away their faith in God only caused them to move in the direction of God. Every effort to subvert their faith only caused them to re-affirm it. I am certain that the men of the Pueblo would want to give full credit for this to Almighty God."

Vanier High and runs until Sat-urday night. It is presented by CoVal Choristers. Curtain time

is 8 p.m. Camelot features two male leads and a couple of supporting actors from CFB Comox. They actors from Large as King Arthur, are Tom Large as King Arthur,
Ray Marquette as Sir Lancelot,
Don Bowen as Dinadan and Art
Collins as Merlyn.
Camelot is the story of King
Arthur and the knights of the
round table. It tells how an

obscure lad rose to be King of England, how he created a better erased by treachery. And it goes on to show how the spirit can rise above any tragedy.

Camelot, written by Lerner and Leowe, directed by Beryl Regier, choreographed by Joy Woodrow.

Camelot, music and dance and color and laughter and tears and hope. Camelot, 8 p.m. tonight!

Indian Youngsters Visit Base

An eager group of some 20 Indian young people between the ages of 16 and 20 years visited the Base last Saturday for lunch and an exciting tour of the three squadrons and the various recreational facilities.

Half of the group came from the Indian Residential School in Port Alberni, and were being cared for by the Rev. David Hoops of the United Church Indian Mission there. Under his guidance they have already visited various centres of interest in Vancouver, and attended one session of Parliament in Victoria last month.

The other half came from the Indian Reservation at Cape Mudge, on Quadra Island. They gathered at the Protestant Chapel at noon on Saturday, ate a sandwich lunch under the supervision of Padre Archer, and then spent the afternoon with Capt. Emonas their tour guide.

"NO PLACE LIKE HOME," SAYS **BURGLAR BILL**

If you took the advice of Burglar Bill, you'd keep all your valuables at home. Under the mattress, maybe. Or in that ld teapot that lost its spou

But Bill's advice isn't entirely objective. He figures if you leave your valuables at home — even in a "safe" hiding place — he stands of better chance of getting his hands on them.

Much better advice comes from Art Mellin, manager of the Courtenay branch of the Bank of Montreal, "Keep your valuables really safe in a B of M safety deposit box, says Art Mellin, "Your personal strong box, exclusively yours, costs about two cents a day, and it pays for itself over and over again in peace of mind alone," he adds.

Hundreds of thousands of Canadians use B of M safety deposit box facilities. Their valuables — bonds, leases, stock certificates, insurance policies, deeds, birth certificates, passports and other important family papers — are safe and sound behind the steel doors of the B of M vault.

Forget what Burglar Bill says, Art Mellin advises, "Clean those closets, drowers and teapots. Bring your valuables into the bank in-

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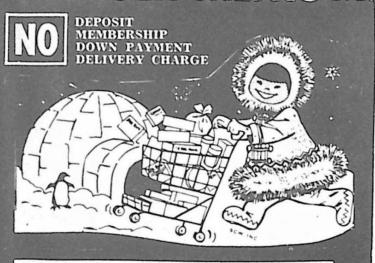
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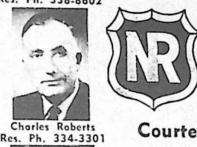
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The kitchen near the high chair has a random pablum pattern over a milky background. In two of the bedrooms, a fetching finger paint design of strawberry jam is varied with peanut butter thumbprints. The living room has an abstract pattern of smeared chocolate. It's certainly tasteful, if one is hungry.

All the listings are not like this!

Some homes are spotless.

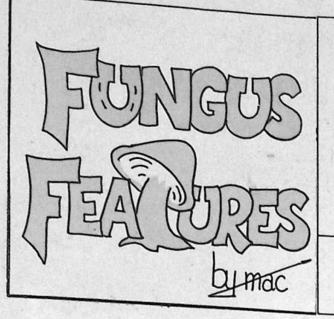
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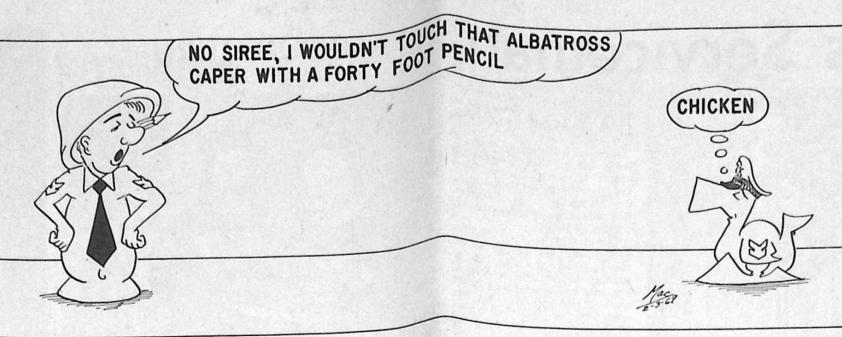
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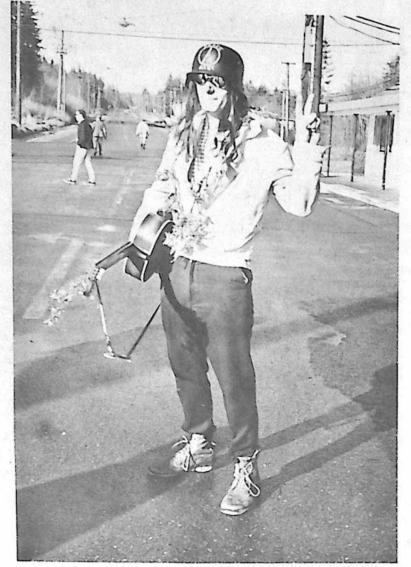
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WINNER OF THIS YEAR'S "Best Dressed Flippie Award" is none other than Cpl. J. C. Euper of 442s Avionics Section. When interviewed at the recent demonstrations Cpl. Euper said "Hey man, this is fun, I think I'll start moonlighting and go on weekend sittins and things like that, keep the faith baby." Runners up for the BDF award were Cpl Gerry McNutt and Lt. Terry Montgomery who came to the demonstration in their normal working dress.

- Times photo



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Falcons Find New Nest

LAHR, West Germany (CFP) -As swiftly and surely as the gyrfalcon finds its nest, 430 squadron arrived at 1 Wing here

Feb. 24. The NATO-assigned strikeattack squadron thus completed its move to new quarters from soon-to-be-closed 3 Wing, Zwei-

Motto of this 1 air division squadron is "swiftly and surely." The gyrfalcon is aptly displayed on 430 squadron's official badge. This silvery bird, found in northern Canada, is noted for its exceptional and alert fighting abilities. And so has been the squadron ever since its formation Jan. 1, 1943.

The young pilots (average age 24) have an average flying time of more than 2,000 hours.

From Up in My Perch

Digging down in my ol' kit bag last week I came across a copy of the short history of 442 Squadron and the Legend of Hia-Etlik which I had compiled upon the demise of 121 KU a few short months ago.

According to the information that found its way into my hands, Hai-Etlik was the Lightning Snake and was a messenger for the Thunderbird. Tootooch, Tootooch made his home far up in the steep mountains, and lived on the flesh of whales and skana the Black Fish. When he was searching for food he would put on a coat of feathers, wings and a mask, (all black like a Great Raven) then Hia-Etlik, would attach himself to Tootooch, and they would fly over the sea.

When the whale was sighted, the Thunderbird would fly so as to drop the Lightning Snake onto the whale's back. The shock of the lightning would kill the whale instantly. (Good thinking) Then Tootooch would fly down, pick up Hai-Etlik by his carrying handle, and seize the prey in his great talons and make for home.

Hia-Etlik sometimes acted as a messenger for Tootooch. The He had great power for good, and this power was felt often by mortals who were guilty of misdeeds, yet, if mortals followed the moral law of Hia-Etlik he would provide for all their wants. It was believed that he brought Good Luck to the people who saw him when he was about his duties for his master.

Somehow the story seemed confused. I milled the tangled thoughts about it in my mind for several hours and then decided that since I was on leave I would travel to the west coast

met an old Indian who claimed not wishing to quarrel with the he knew the real story of Hia-Etlik but was somewhat reluctant powers that be, I must poin out that somehow Saint Patricks day to tell it. One of my few hobbies has been omitted from the list is Zymurgy and as luck would have it I just happened to have a few jars of my handy work with

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442 Squadrons emblem? It seems that during world war squared, the Nootka Chief and the CO of 442 Sqn. had a business deal. 442 Sqn. used to air drop a weekly supply of whiskey to the tribe on the west coast of the island in return for a large supply of Indian sweaters and other handicrafts which the Squadron was stock-piling for sale when they went to the European theatre. About a week before the squadron was to embark, the chief found out that the "Whiskey" they had been supplied was none other than good ol' government issue de-icer fluid, bottled in empty bottles from the three messes. Needless to say he was very angry.

NEW! DATSUN 1000

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With cunning, known only to our original Canadians, the chief our original Canadians, and boys made a grand fuss over our Huns, going overseas to fight the Huns, in the ceremonies held at Sea In the ceremonies held any Island, the chief presented many gifts. The most treasured, the Chief assured the CO was a

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If there is any doubt in the readers mind about this story may I suggest a review of the Squadrons recent technical his-

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Children need milk to

grow on. With eery

glass they get etra

vitamins, minerals and

proteins for health and

strength!

Courtenay

334-2220

hardly believe it, somebody up there is listening afterall. Of ed, and the old, old corporals is definitely an encouraging word if I ever heard one.

to Haight Ashbury, The Haight Ashbury Free Press and the Haight Ashbury Mavarick from one of my fans down south. If these glorious publications are a sign of the times and the sound of the sound of the times and the sound of the times and the sound of the sou

in trouble down there. Rumor of the Week: The course the problem of "super Central Registry will adopt the corporals" still has them stump-Runner up for the Week: 407

still feel very insecure, but this Squadron will soon replace its obsolete armament of miscellaneous caliper flight bags and old In my fan mail yesterday I suit cases with new, modern found a copy of the Guide Book weaponry captured from the

a sign of the times, youguys are spirit haunting 442 Squadron.

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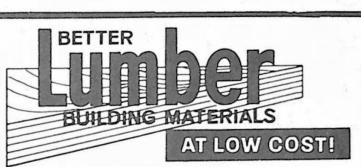
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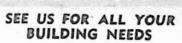
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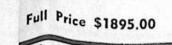
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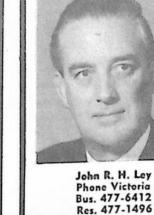
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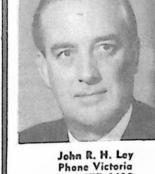


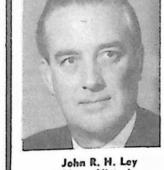


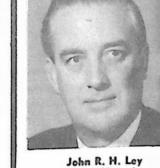
















You and Your DND 404



Safety Specialists Can Laugh Too

The Defensive Driving Course, naturally very serious most of the time, also has its lighter side as disclosed by a driver instructor writing in a recent U.S. National Safety Council maga-

A truck driver was asked what he would do in the following situation:

You're driving on a two lane highway, a car pulls out of a side road dead ahead and speeds towards you in your lane. There's heavy traffic on the other lane and a protective fence is installed very close to your lane's

"I'd wake up my co-driver," the trucker replied. "He's never seen a head-on crash before."

Actually, you can do something in this situation. Contact the BMT safety supervisor, local 363, and enroll in the Canada Safety Council - administered DDC course and find out. It doesn't cost you a nickel, just a few hours of your time.

It could very well save your life. Don't have the thought, it can't happen to me!

83 per cent fatal and 80 per cent non-fatal accidents involve passenger cars.

Madam councillors arise

The ladies are always screaming for equal rights and equal this and equal that -- now there's a chance for them to gain one more rung on the Comox ladder of equality. The PMQ Council has nearly always been men. Why? No particular reason that we can find it's just that only men are nominated hence only men are elected. In March we are due for bi-elections in five of the PMQ wards caused by transfers, retirements, etc. Why don't we have some ladies nominated? It's the only way they can be elected. They have much to contribute for the feminine point of view, they dress up the meetings and generally make for a better and less profane council. So! Watch for the nominations and remember, women are eligible for council so lets see some of them, even the whole five (don't worry, it won't be a majority).

RSM retires



As a direct result of the CF

Chief Warrant Officer Fred J.

1944 when he went on Active Service with the Seaforth Highlanders of Canada, seeing action in the Northwestern Europe area.

report to this Base in April.

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unification program, a former Army Regimental Sergeant Major was posted to CFB Comox as Base Warrant Officer. This was in 1968 and now he has been retired from the Service.

Thomas, a veteran of 26 years of service, was born in Vancouver where he attended Vancouver Technical School.

He served in the Militia until

In the post war period, Warrant Officer Thomas reported to the PPCLI and saw action in Korea prior to joining the QOR in 1956 and proceeding to Germany. He served with the First Battalion QOR in Cyprus in 1965 and with his promotion to the position of RSM was moved to the 2nd Battalion QOR in Calgary, Finally, in 1968, he was posted to Comox.

Warrant Officer Thomas has departed for Edmonton where he will take up residence. His place will be taken by another former Army Regimental Sergeant Major, Chief Warrant Of-ficer G. O. McMillan, who will

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Hospital Humbug

with red printing, that most of us carry in our wallets is a DND 404 driver/operator permit. This qualifies personnel to drive DND vehicles as part of their trade

the provincial operators license it is a privilege and not a right

and can be revoked for a num-

1968 show that CFB Comox ve-

hicles travelled a total of 590,537

miles with four accidents bring-

ing our accident rate to 0.6 per

cent, the comparable rate for

1967 was 0.63 per cent, the break

by user sections, two by BMT

It is true that if you were to

inquire from a number of per-

sons how well they played any game no matter how skilled, even

professionally, they would be

most modest. However, on the

other hand, if you were to ask

any number of persons who drive

cars how well they drove a ve-

hicle they would not hesitate to

let you know they did this extremely well. In reality if we

were all truthful in analysing our

ability to handle a vehicle through

self-criticism followed by an

earnest endeavour to improve

ones control of thoughts and actions we would have to admit our driving habits could be improved.

It is a fact that the majority

of vehicle operators aim their

vehicles rather than drive them.

vehicle abuse. The majority of

mature thinking personnel treat

their own car with respect by

keeping it clean and mechanically

sound and also presentable to the

eye. But believe it or not there

are user section personnel on

this base who seem to think,

think may be over exaggerating,

that the DND vehicle is provided

them for testing the kicking

ability of the service issue boot,

they wouldn't even consider clos-

ing vehicle doors by the con-

ventional method, no, they kick

them shut with wild abandon and

even try to change gear while

driving in reverse, a very back-

ward people. Come on fellows,

wake up, after all you did get

Respect yourself, your driving

ability and the privilege of hold-

It takes a sensible person to

drive safely, any idiot can be a clown behind the wheel.

up to pay field four.

ing a DND 404.

And now a very few words on

personnel.

ADC accident statistics for

ber of driving infractions.

duties and, like its counterpart Sentences taken from actual letters received by the Toronto Welfare Department from applications for aid and assistance. "I am writing to the Welfare

Department to say that my baby was born two years old. When do I get my money?

"I am forwarding my marriage certificate and six children. I have seven, but one died and was baptised on one sheet of down of the four accidents: two

"Mrs. Jones has not had any clothes for a year and has been visited by the clergy regularly." "I cannot get sick pay. I have six children, can you tell me

"I am glad to report that my husband who was reported missing, is dead."

"This is my eighth child What ARE you going to do about it?"
"Please find for certain if my husband is dead. The man I am living with can't eat or do any-

thing till he finds out." "I am very annoyed to find that you have branded my son illiterate, as this is a lie. I was married to his father a week before he was born."

"In answer to your letter, I have given birth to twins in the enclosed envelope."

"In accordance with your instructions, I have given birth to a boy weighing ten pounds. I hope this is satisfactory."

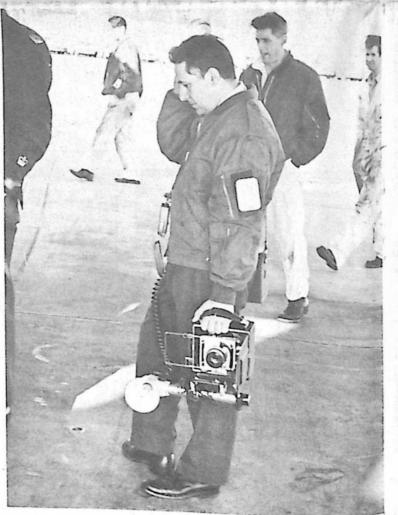
"I am forwarding my marriage certificate and my three children one of which was a mistake as you will see."

"My husband has got his project cut off two weeks ago and I haven't had any relief since." "Unless I get my husband's money soon, I will be forced

to lead an Immortal life." "You have changed my little boy to a little girl. Will this make any difference?"

"I haven't any children as yet as my husband is a bus driver and works day and night."

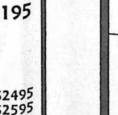
"I want money as quickly as I can get it. I have been in bed with the doctor for two weeks and he doesn't do me any good. If things don't improve I will have to send for another doctor."



LETS SEE, did the Sarg say "f 16 at 15" or f 5.6 at - Totem Times photo

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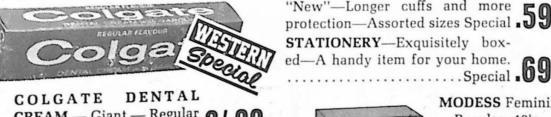
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WESTERN DRUGS (3)

Nighthawks Set Hockey Back 20 Years

In one of the most startling hockey matches seen in this or any other generation, the 409 pilots and the 409 navs played to an exciting tie, it says here. The result is based on the fact that the franc can be converted to dollars at the new rate, as well as the latest move in increasing the bank interest.

From the outset it became apparent that it would be a rugged contest. Fifteen minutes before game time, Chopaway Chapin, easily the most unsporting player this side of John Ferguson, had been assessed with two misconducts and three minors for slashing up his own team in the dressing room.

When the teams skated onto the ice, it was to the accompaniment of oohs and aahs from the spectators, most of whom had never seen hockey equipment worn in such obscure fashion before, It was a sight to make strong men cry, particularly if the strong men happened to be coaching either aggregation.

The opening faceoff showed some of the most dazzling footwork of the game, when the base commander appeared on the ice just long enough to drop the first puck. He then disappeared in a puff of blue smoke, and did not re-appear until the postgame celebrations, where he played a pretty good game of

Immediately after the face-off. Temper - Tantrum Templeton took a pass from Motionless Merrick, who had clevely contrived to trip over his own blue line, and poked the puck behind Gaps Elphick, who stood transfixed at the sheer majesty of the spectacle.

It was at this point that Chopaway Chapin incurred the first of his match penalties when he questioned the parentage of the referees, the goal judge, the timekeeper, and the league president. Undeterred by his absence, the pilots roared back to tie the score, with Lacerations Liddiard using his size to storm past the nav defence.

To combat this, the navs rushed out their secret weapon. Shaky Sterne took to the ice, and with his ankles quivering at the rate of about a million cycles per second, managed to convince most of the pilots that they had suddenly contracted acute astigmatism. This so bemused them that they let Templeton score another goal.

While the navs were celebrating this feat of wizardry, Hackaway Hammond, wearing his famous backward socks, skated in absolutely untouched fence that was perhaps too concerned with its CF-255s and tucked the puck behind a defenceless Bob Sherratt.

And so it went. There were other pretty plays throughout the game. Bun-Bun's perfect pass to Arnie Leiter set up another goal. Each goaltender managed to pick up a goal. And so forth.

Finally, the timekeepers, Swede and Speed, decided that the carnage had continued long enough and blew the whistle. This brought both teams out onto the ice for a melee that was different, if nothing else. After the game, both teams adjourned to the mess, where great damage was done to life and limb.

Both sides agreed that it was the sort of thing that should be done more often. Neither side, it should be noted, was especially keen about suggesting a specific date for the next encounter. Does that mean something?

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THE MAN WHO STARTED IT ALL, Col. KC Lett, is about to begin the carnage by dropping the puck between Temper-Tantrum Templeton and Machete Morrison. In an amazing display of footwork, the Coloner was able to get off the ice and out of the arena before the puck hit the deck.

- Swede photo



CHOPAWAY CHAPIN has just finished administering the coup de grace to Mangled McAffer, and now looks belligerently at the photographer. Chops was voted the Sportman, least likely, as he incurred four years, six months eight days, nine hours and twentyfive minutes in penalties. During the game, he did - Swede photo

Monday

Thursday

Saturday

Sunday

Friday

The west coast skier is often confronted with the problem of deep powder snow. It could be his nemisis his nemisis or his downfall (no

I have been reading several ski magazines and have cap across several tips for deep powder that may be pertinent powder that may be pertinent to those of you who have had the thrill or the thrill of cutting a swath down

fresh white trails.

A skier first learning how to ski deep powder snow ex-periences his greatest difficulty in getting through the first few turns. Start on a moderate slope by following a straight line down the fall line, and pick up the rhythm of pole planting without turning. The use of the pole plant triggers a down-updown bouncing motion in the legs. After you've got the rhythm in a straight schuss, start a series of small turns as you continue down the hill. This means keeping up the rhythm you've established with pole planting, but now you're also thrusting your heels from side to side. The resulting effect will be a neat wedel track in the virgin white powder behind you When the snow is deep and soft

and it's hard to get your turns started, stand in the conventional way with your skis across the hill, swing the tip of the downhill ski out and plunge the heel into the deep snow. Follow up and do the same with the other ski. You're now standing on a flat platform with the fronts of your skis in the air pointing in a downhill direction. From this perfectly comfortable position you can do your first turn directly off the fall line. Try this fall line platform. You'll soon find that you never want to start your runs any other way in deep

To avoid the problem of "sitting back" too far or incorrectly in deep powder, the trick is to get an even distribution of weight on the balls and heels of your feet. This is your best assurance that you will not apply too much pressure to the tips (which will drive into the snow) or too much on the tails (which will prevent you from pushing them side to side). To obtain this equal pressure distribution use a very moderate sitting position, but with the knees well bent. Sitting back too ar without bending the knees vill create unequal weight distribution and result in frequent

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you are mastering these techniques you will be bound to fall, so remember some of these

points. There are several precautions one can take to reduce the chances of a fall and an injury. Good safety bindings properly adjusted, and safety straps are musts. Being in good condition almost goes without saying.

Mental preparation is important in accepting the possibility of getting hurt and going on to conquer new slopes. The danger of falling and hurting yourself is vastly overrated. Don't give in to a fall. However any skier should fight for balance until the last second. The skier who gets a little off balance and just lets himself go takes falls which are unnecessary.

On the other hand, the skier who makes a fantastic recovery has the added exhileration of conquering the situation, and his confidence on any slope, in any condition will improve.

Accepting the inevitability that you will fall occasionally, the next thing to remember is how to get back up again. The idea is to get your skis underneath you again, pointed downhill. From

Phone 334 - 2324 there use the poles to pull yourself up. In deep snow you might lay the poles flat and push your-



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Business Without Really

Trying

Robert Morse, Micelle Lee

Comedy

Sat., March 8

Dracula, Prince of Dark

also

Plague of the Zombies

Double Horror

Sun., March 9

Good Earth

Paul Muni, Luise Rainer

Walter Connolly Dramatic Story of China's Teeming Millions.

Fri., March 14

Winter A-Go-Go

The Reflections

Noonie Rickett Four

James Stacy, Jo Ann Wallace

For the Teen Set

- Swede photo

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Double Horror

Sat., March 22

Von Ryans Express

Frank Sinatra, Trevor Howard

Outdoor Adventure

Sat., March 29 also

Sun., March 30 A Tale of Two Cities Elizabeth Allan,

Sun., March 23 **David Copperfield** W. C. Fields, Lionel Barrymore, Madge Evans Fri., March 28 Hell On Wheels Marty Robbins, John Ashley Stock Car Racing

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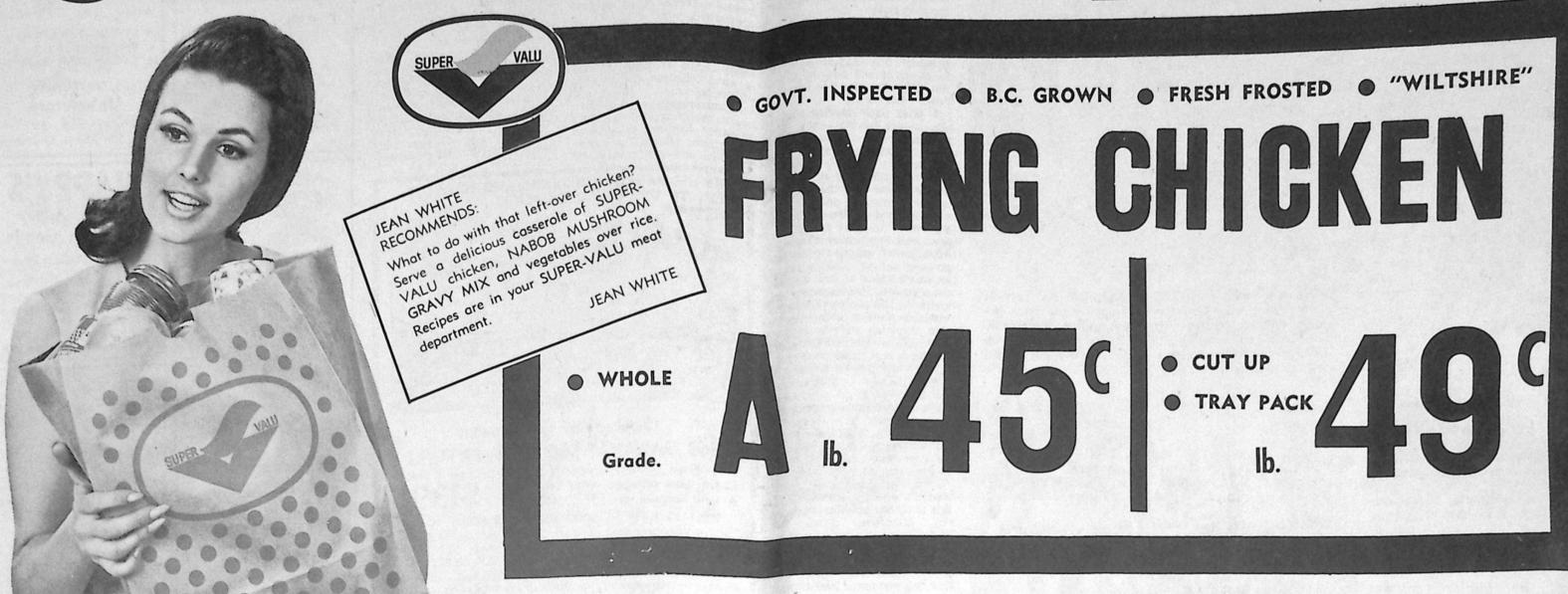
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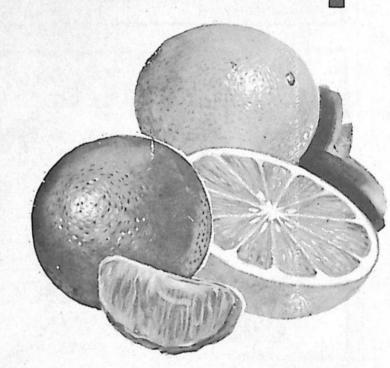
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