

23-29 June Water Safety Week at CFB Comox



ANOTHER SEASON of fun and frolic on the nation's beaches and waterways is now well underway. Summer scenes such as this are fun, but they can be marred by tragedy. Water safety is not a sometime thing. Make every week water safety week, and ensure that your family does likewise. See if you can live to be the oldest person on the beach. Think water safety every time you go to the beach or the pool. Think water safety all the time you are boating. Safe swimming and safe boating are just as much fun as any other kind, and it saves all those funeral expenses.

Common Sense Saves Lives

By official proclamation of the base commander, Col. K. C. Lett, the week of June 23-29 will be observed as Water Safety Week at CFB Comox. The week is held every year to bring home to people the importance of water wisdom. Each year many Canadians set out for a holiday on the water, and each year fewer of them come back than started out. This discrepancy is caused in large part by people ignoring the simple, commonsense rules that make water sports safe fun.

Here in Comox, the summer season is approaching its peak. Many people will venture forth on the briny deep and most of them will do so safely. Some, however, will not. To those of you who will not, we say farewell. We hope that you enjoyed your stay with us, and that your last moments will not be too agonizing.

Those of us who are left to mourn your departure only wish that you had followed some of the rules listed below.

RED CROSS RULES FOR WATER SAFETY

1. **LEARN TO SWIM.** Join a swim class sponsored by Red Cross or other recognized organizations. Know your own limitations as a swimmer.

2. **LEARN ARTIFICIAL RESPIRATION.** The briefest delay in applying it may cost a life.

3. **WHERE TO SWIM.** If possible swim in a supervised area. Investigate unknown water before swimming or diving. Respect "DANGER" signs.

4. **WHEN TO SWIM.** Later morning and afternoon are the safest hours in which to swim.

5. **TEMPERATURE AND TIME.** Between 70 deg. and 80 deg. is best. Warmer water relaxes too much, colder exhausts. Thirty minutes is long enough in the water for the average swimmer.

6. **SWIMMING AFTER EATING.** Wait at least two hours after eating a regular meal before swimming.

7. **PANIC** contributes to most accidents. Learn to scull and tread water. Novices must stay in shallow water while learning to swim.

8. **EXHAUSTION.** Avoid overactivity, before a swim. Overexertion while swimming, and extremely cold water also contribute to exhaustion.

9. **ALWAYS HAVE A COMPANION.** When fishing, swimming or boating, NEVER swim alone.

10. **REACHING AIDS.** Learn how to use all reaching aids; how to use floating objects to support yourself; how to throw hand line and ring buoy.

11. **CRAMPS.** If hit by stomach cramps, scull to support yourself and call for help. If caught by an undertow, go with it and swim diagonally upwards to the surface.

12. **CRAMPS.** If hit by stomach cramps, scull to support yourself and call for help. To ease leg cramps, take a deep breath, submerge, and ease cramped

Continued on Page 10



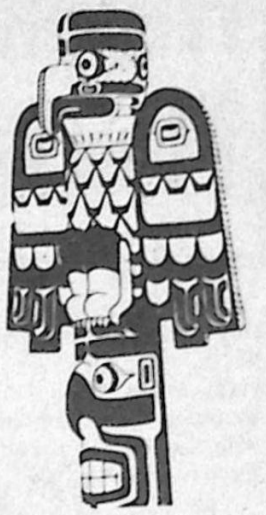
TOTEM TIMES

Read in the best messes in the Canadian Forces

Vol. 109

CFB COMOX, THURSDAY, JUNE 13, 1968

No. 12



G-G, PM, MND, CDS SEND MESSAGES ON ARMED FORCES DAY



Governor-General Michener

The observance of Armed Forces Day June 8, 1968, has a special significance. This year for the first time Canada's sailors, soldiers and airmen rank the occasion as members of a single service.

In the best traditions of the past, the men and women of our forces today serve Canada with professional skill, energy and a spirit of devotion. They stand watchfully alert in our NATO formations in Europe and with our United Nations contingent in Cyprus. They patrol our maritime approaches relentlessly from the sea and the air and are on constant duty as members of the NORAD aerospace defence team.

Other members of the forces provide the essential support for

the operational elements by conducting training, providing land and air transport, operating the complex logistics machinery and manning the bases and headquarters necessary for a balanced force.

And behind them stand the reserves, the "citizen soldiers" who, by devoting their leisure time to military endeavors, maintain our honorable traditions and prepare themselves to take their place in an emergency alongside their comrades in the regular force.

As Commander-in-Chief, I take singular pride in asking Canadians to join me in expressing appreciation and gratitude to the members of our Canadian Armed Forces and paying respects to their fallen comrades.



Cadieux

Defence Minister's message

"On Armed Forces Day I send to all members of the Armed Forces my sincere best wishes.

During the past year I have visited many of you at home and abroad and I have been impressed by your enthusiasm and your spirit of dedication. You are displaying the qualities that have gained the Canadian Armed Forces over the years, in war and in peace, a richly deserved reputation for efficiency and professional skill. I join with all Canadians in wishing you success in your most worthwhile endeavors in the years to come."



Trudeau

Prime Minister's message

"Armed Forces Day in Canada presents me with an opportunity—the first since I have become Prime Minister—to send my best wishes to all officers, men and women, of Canada's Armed Forces. This is the day on which Canadians in all parts of Canada are able to see at closehand the people in our Armed Forces, the weapons and material with which they work and the role which they play in the Defence structure of the Western World and in the life of our nation.

Canada has established an illustrious record in war. You are adding to this record in peace. You are serving your country at home and abroad in a devoted and vital capacity. I wish you well on the occasion of Armed Forces Day in the firm consciousness of the value and the continuing importance of the role you have to play."



Allard

C.D.S. message

"On the occasion of Armed Forces Day, I congratulate all members of the Canadian Forces and the civilian members of our defence team on the way in which we continued to meet our many defence commitments over this past year.

We have continued to maintain a high standard of operational capability. We have added more modern equipment to our inventory, and I am confident that we will continue to maintain and improve our effectiveness over the next year.

My best wishes to you all on Armed Forces Day."

GSMIP Costs Bounce Back

OTTAWA (CFP) — Subscribers to the Government Surgical Medical Insurance Plan are paying more for medical coverage beginning from June onwards.

The premium hikes hit holders of all benefits of the plan. They range from a \$1.72 basic rate increase for a member with one dependant, to \$2.58 under the optional \$4.50 hospital benefit for a member with more than one dependant. Premiums for Saskatchewan's supplementary coverage have also been increased.

Treasury Board President Benson explained that rates are returning roughly to last year's level because reserves have been used up as planned. The 1967 cut was due to the healthy condition of GSMIP in relation to the impending national Medicare plan.

As provinces enter the national plan GSMIP plans to make available supplementary coverage similar to that now offered Saskatchewan subscribers.

The new basic rates rise to \$3.08 from \$1.36 for a member with one dependant. Larger families will pay \$4.62 instead of \$2.04 and a student between ages 21 and 25 pays \$3.86 in place of \$1.71.

In Saskatchewan a member with one dependant pays 83 cents instead of 39. Premium for those with more than one dependant is 85 cents from 41, and the students 94 cents from 46.

New rates for the \$4.50 optional hospital benefit are hiked to \$3.73 from \$2.01 for a member with one dependant. Members with larger families are upped to \$5.37 from \$2.79 and students between 21-25 to \$4.21 from \$2.06.

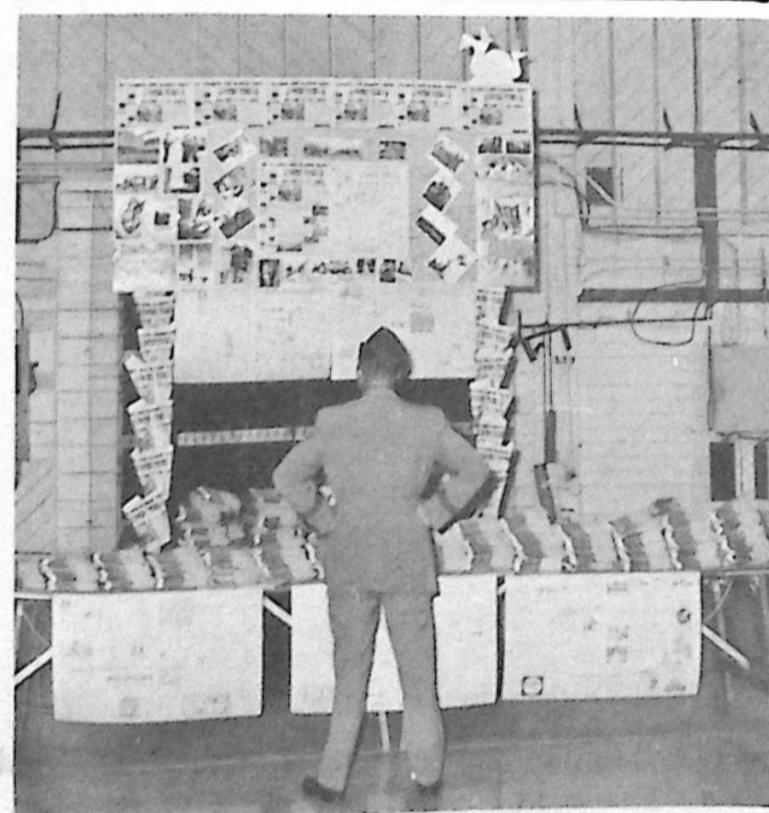
In Saskatchewan a member with one dependant insured under this benefit pays \$1.48, another 44 cents. Those with more than one dependant go to \$1.60 from \$1.16 and the students to \$1.29 from 81 cents.

Regular plan subscribers with one dependant insured under the \$12 optional benefit are paying \$4.60 instead of \$2.88. For larger families the rise is \$7.39 from \$4.81, students \$5.34 from \$3.19.

Call Shot Presentations Made at B.G.



MAJOR A. LEITER, captain of 409 Squadron's flying team accepts the MacBrien Trophy to the finest All-Weather Interceptor Squadron in the Canadian Forces which was won by the Comox based unit. Air Marshal W. R. MacBrien, Deputy Commander of NORAD, who instituted the trophy in 1951 in memory of a brother killed during the war, makes the presentation.



Air Defence Competition Decided

BAGOTVILLE, Que., May 29, 1968 — Canada's Air Defence Command flexed its muscles over the weekend at Canadian Forces Base Bagotville, 120 miles north of Quebec City, as some 200 personnel gathered for operation "Call Shot".

Air crews, technicians armoured and interception controllers representing Canada's three interceptor squadrons took part in the first Weapons competition to be held since Canada acquired CF-101 Voodoos in 1960. Fine displays of crew co-operation and team spirit were in evidence throughout the three-day meet.

The tension and nervousness associated with such competitions did a lot towards simulating the atmosphere that would exist in the case of an actual air defence emergency.

Teams representing 409 Squadron from Comox, B.C.; 416 Sqn., Chatham, N.B. and 425 Sqn. from Bagotville, Que., and their associated maintenance and radar control agencies demonstrated the professional contributions Canada makes to the North American Air Defence Command.

Each squadron's entry in the competition consisted of five pilot-navigator teams, four of which were actively participating in the six compulsory events flown over the north western part of Lake St. John. A fifth crew

was kept on stand-by in the event of illness of other crew members.

Consistent with Air Defence Command's training policies, the six events of operation "Call Shot" covered the variety of missions the air defence team would be likely to meet in the event of an emergency. Missions ranged from low level interceptions against targets using electronic counter-measures to very high altitude runs against supersonic bombers.

Meanwhile, on the ground, technicians and controllers doubled efforts to keep the flying team in the winners' circle.

Presentation of the five top efficiency trophies was held at Canadian Forces Base Bagotville yesterday. High ranking officials included Lieutenant-General W. R. MacBrien, the Canadian Deputy Commander of NORAD in Colorado Springs; Major-General M. E. Pollard, Commander of the Canadian Air Defence Command from North Bay, Ont.; and Major-General James C. Jensen, Vice-Commander of the United States Air Force Air Defence Command.

More than a thousand spectators were present to see 409 Sqn. (Comox, B.C.) being awarded the MacBrien Trophy to the finest All-Weather Squadron in Canada. CFB Bagotville's entries took three of the other trophies: the Vincent Trophy to the best air crew of the meet went to the pilot-navigator team of Captains Bill Purdy (Toronto) and Keith Bottoms (Victoria); the Maintenance Efficiency Award and the Weapons Loading awards also went to base Bagotville.

The Tyndall Trophy to the best interception control team went to the 25th Air Division on the west coast. The 25th Air Division is the controlling agency for 409 Sqn., Comox, B.C.



MAJOR-GENERAL JAMES C. JENSEN, Vice-Commander of the United States Air Force Air Defence Command, presents the Tyndall Trophy, emblem of the best interception control team, to Capt. D. Cook, the leader of the 25th Air Division's entry in the "Call Shot" competitions.

Congratulations Pour in

Congratulations to your squadron on bringing the MacBrien trophy to Comox. As a follow up to your excellent Tac Eval it is gratifying to see the best from the west beat the beasts in the east. Well done.

From Gen. Rouse to Lt. Col. Patterson, 409 Sqn. and Capt. Cooke 25th NORAD division control team. The 25th division joins me in hearty congratulations to all members of your teams for their outstanding performance and achievement in winning the MacBrien and Tyndall trophies. Once again you have demonstrated the esprit de corps and high degree of skill and proficiency with which this division meets its ADC mission. We salute the airmanship, the professionalism, and the competitive spirit of our aircrews, controllers, and technicians. To this may I add my personal appreciation for bringing home these honors to the 25th NORAD Division.

From Candefrad Mont Apica Congratulations on your successful YA on Call Shot '68.

From Canforbase Cold Lake congratulations to 409 squadron in their win of the MacBrien trophy at the recent Call Shot operation 1968. Obviously a superior squadron in all respects. From an Admirer.

BEACH FIRES

Camp fires must be set out on the beach below the high water mark. All combustible material must be cleared away for a distance of three feet in every direction from the edge of every camp fire, and every such fire must be totally extinguished before the person making or using the camp fire leaves the area.

AI-LR-RO Spells Navigator

On June 1, 1968, the navigator trade in the Canadian Armed Forces underwent some significant changes. The old system, under which navigators were known by designations such as RN/AI (for Radio-Navigator, Air Interceptor), RN/LR (for Radio Navigator Long Range) and similar quaint combinations, has disappeared. In its place is a system under which all commissioned RadNavs will be called Navigators, and all non-commissioned RadNavs will be called Observers. All navigators will be trained to a common standard.

Navigators currently employed in the AI or RO field will be cross-trained to the new standard on courses which will commence at ANS Winnipeg late this year. Eventually, almost all navigators now in the AI or RO trades will be cross-trained, but those who do not wish to cross-train will have the option of list-branch transfers if they are suitably qualified and if a requirement exists.

Filling the gap left by the vacating ROs will be Observers, who will be aircrew NCOs employed as sensor operators and communicators. In-service volunteers are expected to be the major source of observers, and they will be trained to OTU entrance standards at ANS Winnipeg. Eventually, there should be about 375 observers in the Force.

One result of the new trade structure will be an estimated 45% reduction in the number of captain navigators in the service. It is not expected that any significant part of this reduction will be brought about by promoting any of them to major.

Night Hawk's Nest 409

The spring season has taken its toll on the members of the 409th. Gary Liddiard, upon arrival home from Callshot, was surprised to learn that both his wife and the cat were in the family way.

One of the Squadrons eldest bachelors, has finally passed away. John Hackett, with the thought of another cold prairie winter has decided to get married rather than buy an electric blanket. Congratulations to John and Kathleen Livingston on Aug. 3rd.

The Squadron would like to welcome Don and Ann Marion and George Saunders. The Squadron programming committee has seen to it that Don and George will be combat ready in record time as it is always nice to see a new face at the knock table in the ORA.

The 409 Fast ball and Fumble team suffered a stunning loss to 407 this week. It was a tight game until the top of the first inning, with 409 in the field and two out, a hard hit ground ball to second resulted in nine errors on our part and when the dust had settled five runs had scored. Fate was against our team as our star first baseman Ed "the sled" Goski, on a throw to third caught our chucker Bryan Atchison in the kidney, filled with remorse, Ed tried to commit suicide on the next play by trying to swallow first base, neither the base nor Ed was hurt seriously.

A full house is expected on Friday to hear Col. Pat's "poem to end all poems". The Col. has kept its content a closely guarded military secret so we are all looking forward to it on Friday.

Bouquets from the ASRO

The Grey Fox has always talked up the team. Call Shot 68 proved that we are a team, air and ground working as one. Aircraft can be as cantankerous as any female and we had five beauties after the change in environment between Comox and Bagotville. A book could be written on the Elusive Gremlins that had to be purged from Radar Systems during the practise period. Fourteen and twenty hour days worked by the systems boys while others stood by to get a final test flight away at midnight. When Major Leiter called that one A/OK it appeared as if he had physically removed a twenty ton Voodoo from the shoulders of those techs. Dick finally had a chance to get down to the SAG, spend some money and ogle the miniskirts. Problems during the competition period were minor when compared to the practise period.

Team work was essential and each sortie called for a close look at serviceability; any chance that a problem area was developing and the aircraft was put un-serviceable, costing maintenance 100 points to save the aircraft from a possible 500 point loss on the next sortie. A pair of unforeseeable snags could have cost us the maintenance trophy, snags that occur only once in six months, but you can't win them all.

The squadron won the MacBrien trophy by a slim 50 point margin, the maintenance team was only 164 points (in 7000)

behind the winners (making John Hackett \$120 richer) the load crew only 160 points behind the winners and the control team winners of the Tyndall trophy by 135 points. I am proud to be a member of "The team" and wish to thank each and every one on the team for their co-operation, sportsmanship and competitive spirit at work and at play.

L/Col. Patterson, you will be missed by all. It has been my privilege to work with you for the past two years. The success of the squadron during the past year has been, I am sure, largely due to the spirit of "belonging" that you have instilled in all working with this organization. The fighting 409th is supported by a motley group of base personnel anyone of whom, if asked, would profess belonging to the squadron. You can call most of the boys by name - you know their christian names if not their surnames - it makes them feel they belong. Work hard, play hard is ever your theme and when the hard work is done, be it exercises, competition or sport, you ensure that the ground pounders have their share of fun at the aircrews expense.

On behalf of the troops I can truthfully say that you will be sorely missed, there just isn't another Grey Fox. God Bless you and the family and retain some fond memories of the good days while you are buried in yon hole in the Granite.

MP BLOTTER

Someone dumped a fish in the Accounts Section last week. Through this column we ask "Who Dunnit?" Cpl. Kerr, recipient of the fish is very embarrassed as it is the only fish actually seen in his possession despite his plausible tales. So anyone who wants this fish back please claim same through Sonny, in writing, in duplicate, in haste, hook returned free! That's enough about outside folk. Within our own ranks we have gained Cpl. Rollie Wilvers from Lamac and WO Wally Garbutt from Beausejour. Welcome to the fold, fellows. Goodbye was said in haste to Tiny Henschel, message in on Wed., Tiny out on Fri. That's the way the IBM machine ticks these days. Seems George W. and Winston B. tore up their IBV cards - been here a long long time now for our trade. Congratulations are in order for Cpl. Richmond and his bride Lise-Lotte - see you both at the Xmas Party. (We don't have wedding roasts in our section). Our two leaders returned from Montreal full of knowledge which will be imparted and disseminated once they return to active life. Unfortunately the aircraft came down too quick for some passengers and we have one case of upset eardrums and one a little more serious. The Capt. is off sick for a while, the first time since 1941 - how's that for a good health record? Reading what the pen has "rit I find one great omission i.e. Ted White left us for clivvie life. Ted is joining the Licensing Dept. in Halifax and will somehow know Ted, still persecute the public. As majority of base personnel know Joffre Robb is hospitalized following a motor cycle accident just two days before his release was due. That's tough luck in anyone's books. Mentioning accidents brings to memory a little statistic this writer picked up from clivvie stats pamph's. The average Canadian driver has an accident every four and half years it is claimed. For those who have

not had an accident in the last five years or so it would appear you are driving on borrowed time. Watch it. A police blotter is used in majority of cop shops to record items of interest and our blotter is no exception. We record everything we hear about. We also record events that would appear unnoticed unless attention was drawn to the facts.

Armed Forces day came and went without too much fuss or hardship. Traffic and crowd control went so smoothly that noone noticed it. However I would like to raise a handclap for the MPs and the ASF who "volunteered" for traffic and crowd control duties. So far as this writer is concerned all did a wonderful job. For round figures 1400 cars and 6,000 people were eased on and off base without incident or accident. Sure it isn't a football crowd in a big city but then we are not professionals put to this task every weekend. Lost kids and parents were reunited without tears or fuss and so far as we know only one loss is on the books. A lady lost her gold electric wristwatch somewhere in the parking area or hangar line it was a Timex with black band. Should anyone find this please contact the Guardhouse, RCMP or the local radio station who have all particulars. Trade Exam results came in yesterday and through this column may we congratulate all those who passed and to those who didn't make it may my old RSN's voice return from the grave and be heard "Smarten up you dorky little men." Better luck next time chaps. Leave the sports car, motor cycles and women alone and study harder eh? Truth always hurts doesn't it? Last but by no means least may we advise all the troops that there is no news release from the 26 mile march organizers. Soon as anything is made known it will be passed on. Meantime get in practice, "A Mile A Day keeps Dudley gay" so they say. See you next edition.



MRS. EPHRAIM SEAGULL, of Dyke Road and Kye Bay, teaches her brood the importance of water safety in preparation for water safety week which will be held this year from 23-29 June. Mrs. Seagull says that wise gulls always wear life preservers, always look both ways before crossing the street, and wear both belts and suspenders. Wiser gulls ride around on ships all day long and never go near the water. Water safety for seagulls is a five credit university course, lasting over three semesters.

COBOC CACOPHONY

A Vancouver sociologist, Dr. Norma Ellen Burway, recently astounded the male world with her views on birth control. Dr. Burway stated, that in her opinion, the answer to the birth control problem was simply to sterilize, by surgery, all males at the age of sixteen! Once the male was "ready for marriage" he could then re-undergo surgery, thereby regaining his former capabilities.

Mrs. Frank Martin of Winnipeg recently told the Royal Commission on the Status of Women, that "bachelors should pay a special tax with the proceeds going to widows and divorcees who have children." Mrs. Martin also stated, "we should make bachelors see that they have a responsibility to society."

To the average, uninformed reader these opinions sound like a collection of wanton, vicious remarks made by several old and bitter women who seem determined to place the average female high on a pedestal for all men to cover before with wretched and forced respect! To the highly informed Coboc member this is not true. It would be extremely presumptuous for anyone to assume that Dr. Burway and Mrs. Martin would dare utter such provocative theories on the freedom of bachelors without first consulting a select group of bachelors beforehand. In the wonderful world of bachelorhood, what could be more select than a Coboc member?

When two female researchers arrived in Comox several months ago, it was obvious that they were desperately in need of professional advice. Without much ado Coboc quickly formed a panel of experts in the art of bachelorhood and before long they had commented on practically all of the gracious ladies' problems. With the kind permission of these researchers we will discuss some of their problems.

This was the text of the conversation with the first researcher. Nosy female No. 1 "Don't you gentlemen feel that surgically sterilizing all males at the age of sixteen will eliminate many of the illegitimate children born today?"

Coboc: "Yes, you can't really deny that! For some reason or another, most young women don't know what life is all about and all blame for illegitimate children definitely rests on the shoulders of single men."

Nosy female No. 1: "Approximately 1.5 million men in India have volunteered for sterilization and this birth control system certainly seems to be working over there. Your comment please."

Coboc: "The population situation in India is virtually identical to the population situation in Canada, therefore, what's good for people in India must obviously be good for people in Canada." Nosy female No. 1: "My husband has volunteered for the operation and we find it a most effective family planning method. How do you gentlemen feel about that?"

Coboc: "We would be extremely foolish not to agree that anything good enough for your learned manly husband would be good enough for us!"

Nosy female No. 1: "Before forming my views I discussed all aspects of the problem with 108 other people and they all feel that compulsory sterilization at 16 for males would be a good thing."

Coboc: "We certainly feel that 108 of your friends and acquaintances should be well qualified to decide such issues for the rest of Canada and the world."

That was basically the text of the conversation between the Coboc panel and the first researcher. Now we'll give some of the opinions aired between the panel and the other one! Nosy female No. 2: "Widows with children are fulfilling two roles in our society. Wouldn't single men be in favor of helping, by extra taxes, these women gain a guaranteed income?"

Coboc: "Most certainly! Every woman with a family can't be expected to insure that her husband has enough insurance to raise her children in the event of his death. Single men have no responsibilities, and could easily afford the extra taxes."

Nosy female No. 2: "Although I am in favor, no offense mind you, of bachelors being additionally taxed, this shouldn't apply to single women as they are all saving their money for marriage anyway."

Coboc: "We heartily agree. With that system single women could then give their life's savings to the insurance companies as soon as they got married, therefore, reducing the burden on all of us."

Nosy female No. 2: "Divorcees with children, and all their other problems, certainly deserve a better break in life. Your comment."

Coboc: "Again we agree. The divorcees ex-husband was once a bachelor and he should never have married a girl he didn't intend to stay married to. All bachelors couldn't help but feel obligated to try to make up for



GET FIT - KEEP FIT

The average age of personnel - at CFB Comox tend to be older than that of personnel at other Bases. For some reason those with just a few years to CRA have a preference to finish their service time in the balmy climate of the West Coast. In consequence there is an increase in the ailments to be expected in the older age group -- and incidentally in the number of Release Medical Examinations. In case the young fellows should feel that they are coming to an early retirement convalescent home, it should be stated that that is not so and of course there are a number of personnel who never report sick at all. However, young or old it is the prime responsibility of each and every one of us to get fit and keep himself fit.

The new and sensible keep-fit programme is to be heartily endorsed as being much more reasonable and practical than that of a year ago. The thinking today is that as long as everyone takes a sufficient amount of some form of exercise regularly - be it walking, running, climbing, hunting, fishing, tennis, bicycling or whatever is preferred then they should remain fit. It is as simple as that. Being unable to do chin-ups or push-ups, no longer renders a man unfit to pass a physical test. With the advent of the new swimming pool a whole new exercise vista presents itself. In swimming, more muscles throughout the body are used than in any other sport and therefore it is to be thoroughly recommended.

A word of warning though; whatever form of exercise you undertake, and particularly if you have not been in the habit of exercising at all, start gradually and build up slowly rather than "plunge in at the deep end" and expect too much too soon. Strains, sprains and fractures can thereby be avoided.

BIG TIME SPENDER

On a recent Mercy Flight to Terrace and Smithers bad weather diverted the flight to Prince Rupert overnight. As so often happens the whole crew was totally unprepared for such an eventuality -- the Captain was in his shirt sleeves, no one had

an overnight bag and worse, no one had much money. Prince Rupert Airport is on Digby Island necessitating a 20 minute ferry trip into town. It was on the Digby Queen -- a 19th century showboat -- when the fares were being collected that the ever-resourceful BSurg leapt to the fore as Big Daddy and offered to pay for all six in the motley crew. With \$16 in his wallet he was by far the wealthiest. Not for long though, as the fares amounted to \$15. With hackles raised, dignity and poise momentarily lost, protesting the while that they were not a pleasure cruise to Alaska, he manfully paid up. It was a matter of some concern that the folk in the B Comptroller's Shop might never believe him.

Lou Cusson was there. He Continued on page 7

the errors of one of their kind." Nosy female No. 2: "Bachelors are filling their sex requirements somewhere. By paying into a fund for mothers without husbands they would have one method of easing their consciences!"

Coboc: "No comment."

This column has been a light and satirical look at the recent statements made by the above mentioned women. The remarks made by Dr. Burway and Mrs. Martin are quite radical. Rebuttals, whether satirical or not have already appeared in many newspapers across the country and this must have been expected by the two women. To our single colleagues the world over, all we in Coboc can say is this: They're out to get us, guys! Cheers.

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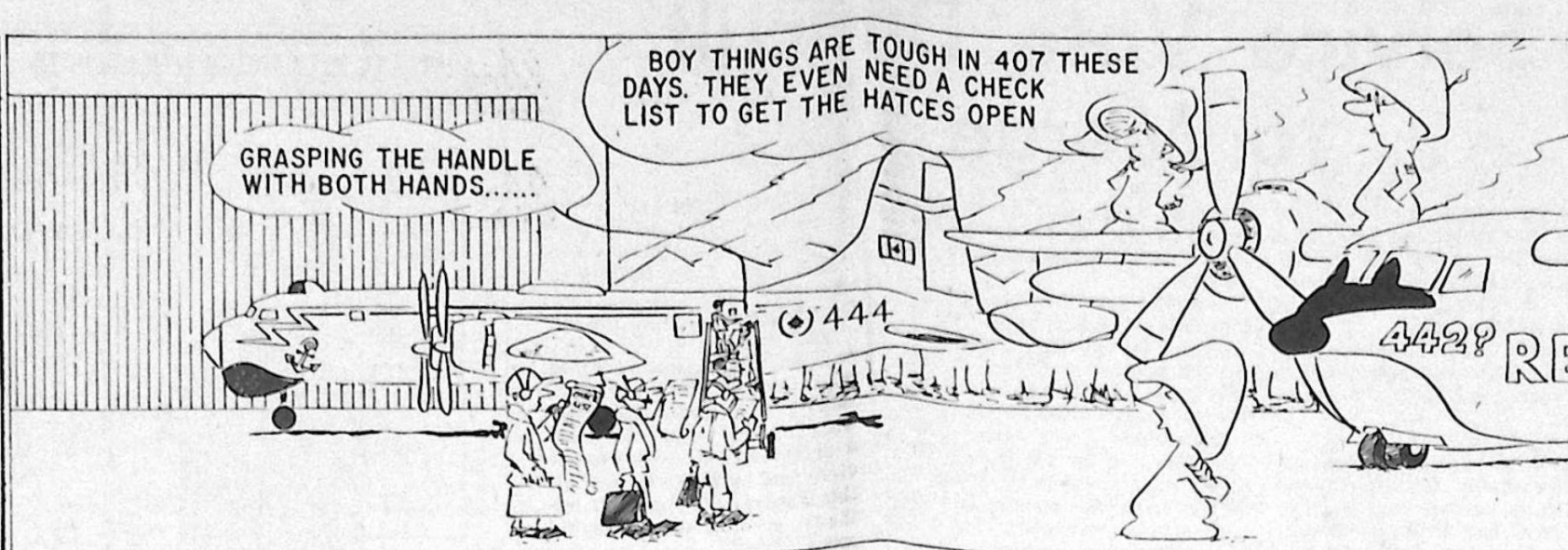
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by Mac



FROM UP IN MY PERCH

Last week when I discovered that my favorite brew is now available in the metal containers, I hastened to my kit bag to find the can opener I had been saving for this great occasion. Digging down past my puttees and my button stick I found my prized opener behind my OX5 Engine manual. This fine old relic has a stag handle with a picture of a Gibson Girl on it. It was given to me on my fifth birthday by my Great Uncle, Samuel Seemore. Uncle Samuel picked this little gem up as a souvenir of the day he single handedly captured the Corporals Mess at Douai France. 'Douai was at the time the forward base of the infamous Richtofen Jagdstaffel. Uncle Samuel always used to chuckle and say that the opener was the only thing he could remember about that momentous occasion.

Some purists feel that drinking beer from a can is "uncivilized". There is something to be said about the little hazard, and the lack of refunds is certain to demand some budget adjustment. Another drawback was pointed out by Sgt. Wright who's little daughter got into his "beer fridge" and found that the "ps-ssst" made by opening a beer can to be very interesting! and opened the whole dozen cans. Sad to relate, Sgt. Wright didn't discover the opened cans until about 24 hours later.

Priding myself on being a "positive thinker" (ie. I'm positive I'll never get my third) I began to ponder some of the uses of the empty beer cans. They can be left along the sides of the roads to act as impromptu night reflectors, thus relieving the monotony of night driving. They can be used to mix paint. If, however, one were painting a multi colored mural, by the time one had enough cans for all the paint, one would not be in any shape to do any painting. One would be better off to use this system when painting the modern psychedelic works so much in vogue these days.

The Canadian Forces (land and sea branches) could be re-equipped with cannons of beer can caliber. Empty beer cans could be collected from behind the Messes each morning and

filled with cement and used as ammunition. An economy move of this sort would be popular with any government.

The ends could be cut out and used as blanks for stamping the new collar insignias. The empty cylinders could be welded together and used as a pipe line. This would alleviate the unemployment problem in two ways. First all the unemployed welders would become instructors, and second all the unemployed beer drinkers could be put to work emptying the cans and welding them together.

Cutting both ends out of two beer cans and soldering them together produces a fine set of binoculars for aircrew with 20-20-vision.

One novel use for beer cans was discovered by the B. Surg; Major Stewart. He holds two cans, fresh out of the fridge, in his hands for about five minutes before giving a physical. If the patient doesn't have a heart attack from the shock he passes for another year.

If the Officers Mess, the Sgts Mess, and the Totem Inn used only canned beer for one month, the empty cans faithfully collected, ends sealed then joined together, they could be made into a floating bridge between Nanaimo and Vancouver. This would be a blow to the B.C. Ferries but it would be a boon to the personnel based on Vancouver Island. (It would also stop a lot of election promises)

Finally, replacement costs for periscopes for Mobile Command's underwater mobile base, the HMCS Grilse, could be cut appreciably by using empty beer cans.

I'm all for them. They're the answer to a fisherman's prayer, as long as the people who use them remember to dispose of them in the right way. Enough said, except I wonder if the guy who designed the B.C. version beer can had a key hole shaped mouth.

Realizing that modern technology had made the old Beer Can opener obsolete, I tucked it away in the old kit bag along with



the rest of my collection of historic trivia, turning I saw; Cpl. Marty Fraser enter my nest to tell me of the call he received from the chopper Flight Engineers last night. They called him to come in for a "rescue". Dashing down to the hangar he found that the Chopper boys had locked their key in the section and only wanted Marty's Key. To add insult to injury they have been chiding him ever since for taking so long in getting to the hangar.

I've been noticing that all the "wheels" around the base are leaving. There's Cols. Paterson and Smale, Majors Stewart and Darnborough, Captains Pyatt and Worthington. As a matter of fact I don't feel too secure myself.

My sons birthday was last weekend, and someone sent over a cute little Hamster as a birthday present. Is that someone plotting vengeance? It cost me \$4.95 plus tax for a cage, 69¢ for litter and 49¢ for food since little Gomez has come to live with us. Just wait buddy, when your sons birthday rolls around he's going to get a set of drums and cymbals.

The C.E. Section, following orders, started putting Fluoride in the water supply. Now I'm going to have to change the labels on my home brew to read "Contains Fluoride". Its nice to know that our "Winos" are having few cavities these days.

Rumour of the Week. In an effort to bolster the Base Fund, Parking Meters are to be installed on all Visitors Parking spots.

Runner up for Rumour of the Week. Clothing stores will be re-issuing kit boxes at a reduced price. \$1.49.

Mushroomer; As soon as Captain Mc Neil takes over as SAMEO the weekly Sports Afternoon will be re-instated.

JETCRAFT ALLOYS
Jetliners land at almost 200 miles per hour. To help them come to a stop, nickel alloys are used in critical areas of "thrust reversers" attached to each engine, which catch the hot gases normally propelling the plane, and divert them forward to slow it down.

SHARE YOUR GOOD HEALTH
BE A BLOOD DONOR

Classifieds

FOR SALE
17' deluxe Glendette travel trailer. Like new, sleeps six and includes hot and cold pressure water system, propane fridge and stove, flush toilet. Phone 334-2575.

HOUSE FOR SALE JUST SIX MONTHS OLD
Lovely 3-bedroom home in Comox. 2 fire places, rumpus room full basement, sundeck, carport with paved driveway. Owner posted. July is occupancy phone owner 339-3753.

FOR SALE 62 Comet Super Sport, or will swap for older car in good condition. Also 51 Morris in running order. phone 339-3726.

for sale 1953 Chevrolet 1/2-ton pick up truck. Good brakes, good motor rubber fair. Has trailer hitch and a rather useless plywood box. This outfit, which could only exist in B.C. is suitable for trailering boats to remote lakes, hunting, frightening motorcyclists and small children, and in a pinch can be used to make a little pin money hauling garbage. A handyman's dream! It's also probably the definitive vehicle for drive-in movies. \$300. phone 339-3328.

BABY-BED in excellent condition. \$10 phone 339-3489

FOR SALE
1 acre on Little River Road near beach, percolation approved, reasonably priced. phone 339-3459.

An important announcement for all residents of British Columbia

BE SURE you are covered under the British Columbia-Canada Medicare Plan before July 1, 1968

Monday, July 1, 1968, will mark the beginning of a new era in medical coverage for all residents of British Columbia.

On that date, the British Columbia-Canada Medicare Plan will begin operating under a scheme by which, for the first time, the Federal Government will contribute a share of the costs of services performed for you by a physician or surgeon.

What you must do right away

If you are now a contributor to a non-profit medical insurance organization that is licensed to operate under the Plan, your name will be automatically registered as of July 1. But it is your responsibility to see that your name is or will be registered.

If you are not currently a member of such an organization, or are in doubt as to whether or not the medical services plan to which you contribute is a licensed one, you are obliged to make sure now.

It is to your advantage to have your name and the name of your dependents registered with a licensed medical plan without delay. An application may be made by you, your employer, or a person acting on your behalf. If you wish, you can apply immediately to join the British Columbia Medical Services Plan in Victoria.

If your medical care coverage is with an insurance company, it does not qualify. It will be necessary for you to apply to a licensed medical plan or have your employers apply for you.

A medical plan that is not licensed will not be in business in British Columbia after July 1st due to the Federal Government Medicare Act.

The new regulations do not interfere with any agreement

or arrangement between an employer and his employees regarding the proportion or percentage of the gross premium shared, nor with any arrangement for the collection and remittance of premiums by payroll deduction.

Under the British Columbia-Canada Medicare Plan, the range of medical services and the schedule of monthly rates will be the same for all qualifying medical plans. However, provision is made for other benefits provided by any such plan to continue as a separate sector of that plan's business.

Schedule of rates

(a) Basic Premium Rate	
for a subscriber with no dependents	\$ 5.00 per month
for a subscriber with one dependent	10.00 per month
for a subscriber with two or more dependents	12.50 per month
(b) For a person who qualifies as an "eligible person" under the Medical Grant Act and who had no taxable income for the immediately previous taxation year	
for a subscriber with no dependents	\$.50 per month
for a subscriber with one dependent	1.00 per month
for a subscriber with two or more dependents	1.25 per month
(c) For a person who qualifies as an "eligible person" under the Medical Grant Act and whose taxable income for the immediately preceding taxation year did not exceed One Thousand Dollars (\$1,000.00)	
for a subscriber with no dependents	\$ 2.50 per month
for a subscriber with one dependent	5.00 per month
for a subscriber with two or more dependents	6.25 per month

NOTE: for the purpose of administration, the Plan year for which premiums under (b) and (c) listed above are paid shall be July 1 to June 30 and changes in status from year to year shall be effected in accordance with that twelve month period.

**Do not delay. Make sure your name is registered in a non-profit licensed plan.
If it is not, apply now.**

THE BRITISH COLUMBIA MEDICAL SERVICES COMMISSION
1450 GOVERNMENT STREET, VICTORIA, B.C.
G. A. Stewart, CHAIRMAN



TRANSPORT FLIGHT was so swamped with passengers last week when one of Vancouver's leading department stores announced \$1.49 Day, they had to borrow this Argus from 407 Squadron to help carry the excess. With just one glance at the check list, Transport Flights experienced aircrew were able to take the Argus through the most difficult manoeuvres. It is not true however, that Capt. Pridmore did a loop.



MUSHROOM CANNED GOES TO SARDINIA

Cpl. "Soup" Campbell, well-known Safety System Technician and Para Rescue man packs his personal chute prior to his departure to Sardinia. "Just in case the pilot doesn't want to try for a landing in Sardinia I want to be prepared," said Cpl. Campbell. "Besides I don't trust those Yukons."

Cpl. Campbell will be taking his family with him for his stay on the sunny Mediterranean "fun place." Well known for his ability to swim like a fish Soup will be taking up duties with the Sea Survival School there. It is not known if Cpl. Campbell will be taking parachutes along for his family.

TOTEM TIMES

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Some Defence

NORAD, which has, during the current political strife, undergone some rather insurmountable attacks, has also received some rather insurmountable defence. Canadians were told last week that NORAD was a good thing because it meant that a great deal of money was being spent in the northern part of Canada.

Surely this must rate as a pretty futile way of justifying a military organization. The purpose of NORAD is to defend the North American continent against the threat of aerospace attack, and not to lead the far north into the land of milk and honey.

That the money spent by NORAD, or on behalf of NORAD have accomplished something other than its military purpose is beside the point. The organization must be judged purely for its effect on the continent's defence posture, and on no other ground.

If one is to list as one of the benefits of NORAD the fact that it enables the far north to develop more quickly than would otherwise be the case, one might come to count upon this fact. In that event, one would be loath to destroy the organization should the military requirement for it disappear. The temptation would be to keep it rolling because it helped to develop the north.

Defence in this area is expensive; hideously so. Every dollar that is spent for military purposes must be spent for military purposes alone, and not for the social and economic benefits that might accrue to the country from the military activity.

There have, from time to time, been suspicions among the Canadian public that some of the defence spending has been for other than strictly military purposes, and this has bred some resentment. Statements such as those of last week do little to dispel such suspicions, and such resentments.

It is possible to argue that because the defence spending is contributing to the development of an area that it should be kept going, even though there is no longer a military need for it. But surely, there are more efficient ways of aiding remote or depressed sections of the country than allowing the military to spend money in them.

And surely there are more effective ways of running military services than allowing them to be used for social and economic purposes.

NORAD was set up to fulfill a need. A military need. Should that need disappear, so should NORAD. NORAD should be defended for its military worth, and not for its economic effect on the northern part of the country.

What's the Matter With Being Blah?

For several years now Canadians have been maligned by both internal and external sources for being too "blah." ... "Very friendly, quite civilized, and extremely hospitable, but really quite boring." Sure they have their own startlingly high rate of crime, they kill more people on their highways, per capita, than any other country in the world, they have their share of petty politicians who would balkanize Canada, they cruelly murder baby seals, but when did they ever do anything that was really newsworthy? There hasn't been an assassination in Canada since the time of D'Arcy Magee, they haven't had a riot of any importance since the dirty thirties, the most crippling strike in the country in recent times was by the Quebec Liquor Board employees in late 1964, they have no radical left or right wing organizations barring the RIN or the VOW. Perhaps, given time to mature Canada will begin to show these signs of social and political progress.

To those who would malign us, last Sunday night's "Great Debate" must have strengthened their opinion of Canadians. What could more accurately be described as the "Great Canadian Letdown of '68," the "Great Debate," a program touted to be the highlight of the 1968 election campaign, where the leaders of Canada could come to grips with the issues facing Canada in a direct personal "confrontation," (to quote Mr. Stanfield), turned out to be an animated page out of that great Canadian "best seller" ... HANSARD. The questions put to each leader by a purportedly intelligent but completely unimaginative panel were replied to in a series of one and one half minute clichés by each leader with their tacit refusal to expand on already well known party policies and in a manner which would have put the most discriminate Supreme Court Justice to shame.

When discussing Canadian unity, perhaps the most important issue facing the country since Confederation, when one might expect to hear voices choked with emotion, make an impassioned plea for support, strewn with momentous statements such as, "united we stand, divided we fall," or "Vive, le Quebec libre," the manner of conversation might well have been more suited to a discussion of mathematics.

But before we become too self critical, before we become convinced that Canadians are sinking into the abyss of uninterest, let us ask ourselves, "to what do we owe the fact that Canada is beyond a doubt the most politically and socially stable country in the world?" No, Canada is not an unsolved virgin, we have our shortcomings, our treatment of our Indians and Eskimos is not above reproach, we have our slums, all Canadians are not completely without prejudice, our system of government is probably not the most democratic system possible, but a more democratic system has yet to be developed. One has only to glance at the rest of the world, e.g., England, France and the U.S., to immediately realize that there is nowhere else. Could it be that the stuffy, unemotional, controlled temperament of Canadians and their leaders, people who know moderation and equanimity, have given Canada something which the so-called "leading nations of the world" could do well to copy?

Robert Service once penned the words:
"Each forgets as he strips and runs with a brilliant
... fitful pace,
It's the steady quiet plodding ones who win the
lifelong race."

Words which could well be heeded by those who in their haste to reach a goal leave reason behind them.

Service Vote Difficult to Merge

An influential service newspaper last month had a go at the old problem of the service vote being announced after the results from civilian polls. Then it rather blithely said:
"It is still not too late to pass administrative orders necessary to preserve our right to a secret ballot."

That just isn't true! Far from turning their backs on this vexing situation of the spotlighted service vote, our leaders have had a real go at trying to have this irksome discrimination cease forthwith. Spearheading the military attack on the problem was that determined personality—Paul Hellyer. But the result, you might say, was a Mexican stand-off. To date no solution has been found which will ensure that all members of the forces get the opportunity to vote, yet at the same time have their results merged with the civilian vote. Automation, computers, slick gadgetry notwithstanding.

The problem hinges mainly on the closing date for nominations.

Pleading an already too lengthy election period, parliamentarians were reluctant to see it extended.

But that's not the whole story. The fact is we still have a whole lot going for us when you consider all the problems connected with taking the vote of modern mobile forces spread around the world. Indications are that the Canadian system for taking the serviceman's vote is superior to that of any other country having wide-spread overseas forces. Virtually every member of the Canadian Armed Force is able to vote for the candidate of his choice regardless of where he is serving. If, within the time-frame provided, we try to merge our votes with the civilian polls we may wind up disenfranchising some of our people. We doubt if any of you want this to happen.

Service people at sea and in such faraway places as Kashmir, are given our most precious right - to drop their ballot in the box. And in the air? In 1965, to give an extreme example, a 412 squadron Yukon on a 6,600

mile non-stop flight across the Pacific was a flying polling station and the crew—all men—voted for candidates from Halifax to Vancouver.

The polling booth was the ladies' washroom.

This year, among many special arrangements to catch the serviceman away from home, polling booths are being set up in Thule, Greenland, and in Norway to catch soldiers and airmen on exercise "Polar Express." You don't set this sort of thing up overnight, either.

Finally, here's another point to bring up when discussing the service vote with your civilian friends. Statistics show that in 1963 as many as 40,000 servicemen did not vote at service polls. We can assume that most of these exercised the option of naming the community in which they were serving as their place of ordinary residence and voted at civilian polls as is their right. In 1965 the figure was in the neighborhood of 25,000. So you can't say the so-called "service vote" is really all that public.

(CFP)

Never on Sunday?

One Saturday each year is set aside as Armed Forces Day, and on that day many Canadians attack the nearest base in force, just to see how it is possible to spend all that money. Thousands of Canadians avail themselves of the opportunity to learn something about the forces. This year, for example, 5,400 hardy souls braved a rather inclement day to appear at CFB Comox to soak up what was essentially an outdoor show along with some drop-type sunshine.

Downtown, however, life went on as usual. Crowds thronged the stores as workers, whose only opportunity to shop is on Saturday, laid in provisions for the forthcoming week. For most of the merchants, Saturday is the day that makes the rest of the week worthwhile, and counter-attractions affect them hardly at all. Saturday would be a big day in the stores even if the Crimean war were being re-run at CFB Comox, featuring the

original cast.

But the merchants wouldn't get a chance to see it. And neither would many of the shoppers. Is this desirable? Should our biggest day of the year be run on their biggest day of the week? Not if we desire maximum public participation in Armed Forces Day it shouldn't.

What then is the solution? Hold Armed Forces Day on Sunday is the logical answer. On Sunday, fewer of our civilian friends and neighbours are at work than on other days. Too, Sunday is traditionally the day when father bundles his brood into the family bucket and hits the high road to join a lineup of sweating cursing fathers behind some traffic light somewhere. It is the day when most Canadians are free to participate in Armed Forces Day.

Doughty defenders of the Lord's Day Act will undoubtedly point out that to hold Armed Forces Day on Sunday is to risk

getting struck by lightning, but this risk should surely be minimal. Ask any snack bar operator. Ask any golf course operator.

Armed Forces Day is the one opportunity we have each year to show the Canadian public the big drain down which their tax dollars are disappearing. Each year, every base makes a major effort to present to the public its place in the defence structure. And each year, the presentation is reduced in effectiveness because it does not hit the maximum number of people. It does not hit them because Armed Forces Day is held on Saturday, a day on which many people have to shop, or attend to matters that they cannot get to at any other time.

Next year, let's try holding Armed Forces Day on Sunday, to give the largest possible number of Canadians a chance to see what goes on in the valley of the jolly green unicorn.

Spreading the Word

In the past, one of the major complaints that many people had about the services was that information flowed slowly from the top to the bottom. Not only was the flow slow, but it was quite often distorted, and by the time the word reached the field, it wasn't the word at all, but just a parody of it.

Of late, there have been many encouraging signs that this cavalier disregard for the feelings of the labourers is no more. The Canadian Forces Bulletin sends out more information in a month than used to appear in a year. Canadian Forces Press does its level best to keep the Canadian serviceman up to date on happenings in Uniform. But these are not the only method by which the Canadian serviceman is kept informed of matters which affect him.

Recently, it was decided to restructure the navigator trade, and

some rather far-reaching changes were conjured up. In the past, these changes would have been hidden somewhere in some official publication that only one person in a hundred would ever see; that fewer still would read, and that fewer still would understand. Those who whimpered about it would be told that, "If you can't take a joke, you shouldn't have joined." But no longer.

In this instance, every single (and married) navigator in the Armed Forces received a personal letter from Lieut. Colonel R. J. Gurney, a navigator who toils somewhere in the wilds of CFHQ. The letter explained in some detail the changes that would be made to the navigator trade, the reasons for them, and the possible effects on many of those currently employed as navigators.

One can only applaud this new departure in getting the word to the field. The letter killed some

rumors that had been extant for some time, and confirmed others. It put all NAVS/AL, NAVS/LR and NAVS/RO squarely in the picture, and gave them the feeling that someone up there actually cared.

It was the lack of such steps that created worry and uncertainty throughout the forces a couple of years ago. It is good to see that this one lesson has been learned, and that a great effort is being made to keep people in the service informed of changes which affect them. Personal letters to everyone affected by a change might be an expensive and time-consuming way of spreading the word, but the benefits reaped from the practice far outweigh the cost.

Let us hope that other people, plotting similar changes will take note of the method that was used to keep navigators informed. It's a lot better than sitting back, idly wondering why they're all getting out.

Let's Fire Honest John

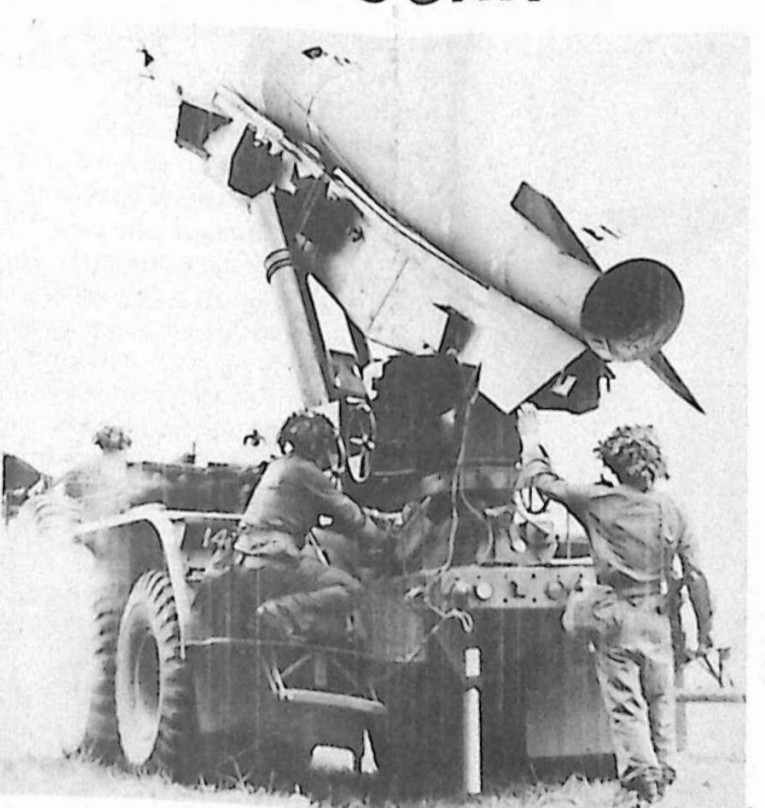
SOEST, Germany (CFP)—How do you fire an Honest John? Live firing exercises recently at the Bergen-Hohne NATO ranges, 200 miles northeast of here by 1 Surface to Surface Missile Battery, Royal Canadian Artillery, tell the story.

The battery, commanded by Major J. E. Crossman, is equipped with Honest John artillery rockets capable of delivering a variety of warheads, including nuclear.

The Honest John missile differs fundamentally from guided missiles because it is a free flight rocket, having no electronic control or guiding systems. It has a range equal to that of medium-to-long range artillery but with considerable more battlefield mobility than conventional artillery. Its fire power adds a formidable punch to the brigade's artillery one round can deliver the demolition effect equal to that of hundreds of artillery shells.

The maintenance and firing of the Honest John is a complex and highly technical operation. The tremendous destructive power of the weapon and the fact that once fired it can never be stopped nor its ultimate point of impact changed even by the smallest fraction, gives the Honest John an unforgiving quality that allows no room for error. Hence it is in an atmosphere of almost surgeon like precision and exactness that the SSM crews carry out their drills and checks.

ONEI



Step one starts a few hours before firing time as the motor and tail fins are assembled under the expert eye of Sergeant W. F. Barter. He and his crew perform tests on the Igniter, spin perform and electrical circuits - each check being read out aloud from a checklist and its result carefully tabulated.

TWOI

Then comes the uncrating and testing of the warhead supervised by Sgt. C. A. Price, Royal Canadian Ordnance Corps, the

ammunition expert attached to the battery. Here again each test is performed with the same unrelenting exactness.

THREEI

When finally both sections check out they are fitted together, "mated" in gunner's terms. The assembled rocket measuring 25 feet in length and weighing about two tons is loaded onto its launcher and proceeds to a "hide" to remain until called for a fire mission.

NEWS ITEM; CANADIAN FORCES BAND TO GET GAY NEW RED, GREEN AND YELLOW UNIFORMS COMPLETE WITH SPIKED PITH HELMETS.



I think they're still mad at us for padding those claims last summer.

Letters to the Editor Dept.

NO DOUGH, NO SHOW
Dear Sir:
Life in Information Services at CFHQ is always interesting, frequently exciting and occasionally frustrating. This is one of the frustrating days.

I have just read your editorial "To Forgive is Divine" in the May 2 issue.

This is the type of editorial we sometimes have to live with when it appears in a daily newspaper. But when it comes from within the family!

It's not that we are overly sensitive to criticism. (We've had lots of practice on the receiving end.) No, it's just that we strongly believe that writers should not write editorials without checking on their desk assumptions. It normally takes perhaps one or two phone calls or a quick message to get the facts. Once you have the facts, then no one can really object to the stand you take.

Simply, the decision not to participate in the Richthofen flyover was merely a byproduct of an Air Division policy made earlier in the year. Major-General Lane, like all commanders, is caught in a money bind this year and decided to put his flying hours into operations rather than boring holes in the sky. Consequently the Air Division has turned down a number of requests for participation in air shows. End of story. Not as exciting as yours but at least it puts the story in the right context.

It is always difficult to catch up with the original story but we did give the facts to Canadian Press at the time and to John Drevy of CBC who took the trouble to ask what in fact had happened. As you may recall, he had the correct version on the CBC National TV news. I know how difficult it is to check all over the place when you are trying to put out a newspaper in what is jokingly called "your leisure time". But if you could take the time to give us a phone call or send a quick message, I am sure it would pay dividends and I'll guarantee to get an answer back to you within hours.

Incidentally, I never miss your Totem Times, which is one of the brightest papers we have in the Services. Keep up the good work!
Yours sincerely,
L. A. Bourgeois
Colonel
Director of Information Services
Ottawa, Ont.

covered by Org the Caveman. What good did the training under fire do the men who stopped the bullets? These unfortunate souls were not to participate in the "D Day" action.

My Uncle counts himself as one of the lucky ones. When the landing craft he was in arrived on the scene, it lowered its ramp and the passengers put up their hands. The soldier in front of my uncle unfortunately did not understand what the German soldier was saying and was shot on the spot. They were marched up the beach, past the thousands of dead "actors" in this "rehearsal" and off to a POW camp. There to wallow in luxury until the end of the war.

Cpl. McCanople

What We Do in NATO

OTTAWA (CFP)—Deployment of the 1st Battalion, Queen's Own Rifles of Canada, to Norway early in June for the large-scale NATO exercise polar express is part of Canada's commitment to NATO's allied command Europe.

Canada has earmarked two battalion groups for deployment to the flanks of the NATO command as part of the ACE mobile force. It is an undertaking separate from the mechanized brigade and the air division based in Germany or from the warships, submarines and aircraft earmarked for another NATO authority, the supreme allied commander Atlantic. The 1st Battalion, the Queen's Own Rifles of Canada and support elements are committed to the northern flank. The 2nd Battalion, The Canadian Guards, forms the nucleus of the southern flank battalion group.

Commander of the ACE mobile force (land) is Maj.-Gen. G. A. Turcot of Quebec City.

HOW IT STARTED
The ACE mobile force came into being in 1961. It was established by the supreme allied command Europe to provide a force capable of rapid reaction to any threatened area on the flanks of the NATO alliance - Norway in the north, and Greece and Turkey in the south. The United States assigned forces to ACE mobile force (land). Belgium joined just before the first shake-down exercise on the island of Sardinia in September

1961. Later, Italy assigned a battalion to the force.

Canada's contribution of one battalion group was forecast in the white paper on defence of March, 1964. The battalion group was to be located in Canada, available for airlifting to Europe to join the land component of the NATO mobile force.

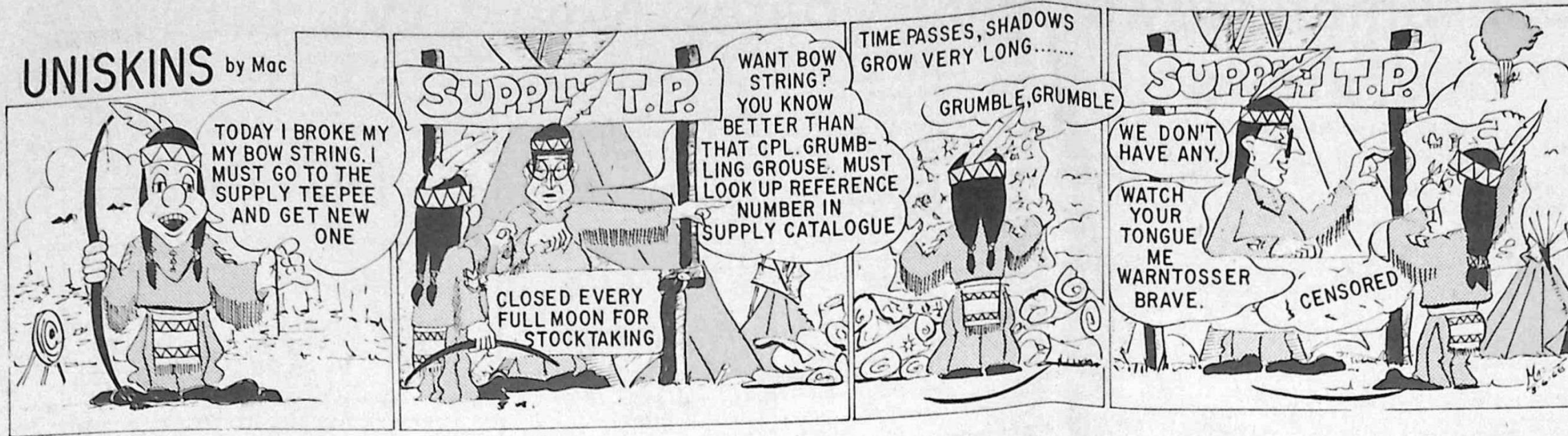
In November 1964 the 1st Battalion, The Black Watch (Royal Highland Regiment) of Canada was designated the infantry battalion of the Canadian battalion group assigned to the AMF. The Black Watch battalion and support elements took part in NATO exercise winter express in northern Norway in March 1966.

Maj.-Gen. Turcot assumed command of the ACE mobile force (land) in September 1966.

A second battalion group, built around the 2nd Battalion, The Canadian Guards, was committed to the AMF by Canada in the spring of 1967, for deployment to the southern flank.

In September 1967 the 1st Battalion, Queen's Own Rifles of Canada took up duties of Canada's standby infantry battalion for AMF(L) north, relieving 1 RHC (Black Watch).

With the ACE mobile force, SACEUR can demonstrate NATO solidarity and influence the military situation in any area of allied command Europe which is threatened by infiltration, incursion or hostile action, thereby preventing a regional danger from expanding into general war.



"SCHOOL DAYS, school days, good old we shall rule days," sing these happy university students as they practice the very latest in advanced research at university. Student leader Rab L. Rowser said in an interview: "Our demands are very modest. We want absolute freedom to run the school to suit ourselves. We want absolute freedom from exams, classes, and other extraneous humbug. And we want the university to pay for the gun that we just knocked down the old ivy-covered walls with."

Malawi Teacher Writes

I recently received a letter from a former school teacher of mine who is teaching at St. Mary's Secondary School, Zomba, Malawi, Central Africa. She has been there for five years now and is looking forward to coming home for leave in another year. Here is an excerpt from the letter which may be of interest to the readers.

Mrs. L. McCaffrey

"It is immensely interesting to be in Africa now. Independence gave the people a real push. They have a new pride in themselves and their accomplishments. They are very eager for an education. The missionaries who have been here for about thirty years tell of how they had to bribe a family with girls in to get the parents to consent to letting a daughter go to a Mission School. The times have changed and now we have parents, nearly always the father or brother coming to beg you to take their daughter or sister in the school. Our own roles are reversed too. Where the missionaries once bribed people to get the children to school we now have to turn them away without taking them unless the girls name is on the list we have received from the government. Education is very centralized, especially for Secondary (high) school. Only the best can get into Secondary school.

Teaching is different here. Everything is based on the system of the British Isles which emphasizes thoroughness as opposed to the American general but rather superficial approach.

In mathematics we are only just now changing over to the new Maths. I'm going to try to take some courses when I get home as I feel a bit "bushed". It's easy to get that way out here. African students are slow and they lack the initiative still, but every year we notice a difference for the better, so there's hope they'll catch up. They have rather less inhibitions to hamper them than Canadian children on the whole. At St. Mary's Secondary School we have only 107 girls and no boys. I like teaching girls but I do miss having boys in my classes.

St. Mary's has all African girls except one English girl, one Mauritian, four Asian Indians, and a few half castes. There are a few schools in the country for European children only. It sounds like segregation, doesn't it but the reason for it is that European standards are higher than African ones in education and many men, that is European who have key positions in government or business that cannot be taken over by Africans yet, would not stay in the country if there were no schools for their children. These schools will disappear as the country becomes completely Africanized.

Malawi is very fortunate at present. In spite of his idiosyncrasies, I've learned to respect our President Dr. Kamuzu Banda. He is a great man and has done almost the impossible to keep peace here. We hope he lives for quite some time. There is really no one to take over should he need replacing.

Using Your Head Can Pay Off

Who'd ever think recommending a less exotic gadget for a highly complex strike/reconnaissance aircraft would make a suitable submission for a suggestion award? It's the simple things that usually do the trick.

CWO R. R. Swinimer at base Uplands did, and the suggestion award plan of the public service of Canada thought so too. They gave him another \$90 for his proposal on top of an original award of \$205, because he saved the defence department more money than the experts had figured earlier.

The Suggestion Award Program, a bi-lingual leaflet going to forces installations reads, "... is aimed at encouraging persons up to the level of junior management to think about and suggest ways to increase efficiency cut costs, conserve property or improve working conditions in the public service".

CWO Swinimer hadn't been happy with the high failure rate of temperature control panels in CF-104 Super Starfighters. He suggested the department use a more substantial type of potentiometer of standard make instead of the one which had come with the aircraft. No more failures! Since 53 panels were modified instead of the planned 39, he got more money.

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A Happy Day? Spray It Away

By LAC LANCE STIRLING

There should be a law against wives buying anything for their husbands that comes in an aerosol can. One well meaning wife with a push-button can is potentially more dangerous than nuclear fallout.

A wife just doesn't understand what havoc spray cans will cause in a man's life. Women have used these push-button monsters for years and are immune to the after-effects in much the same way one gets immunized to yellow fever or smallpox.

Hairspray is a prime example. Spray-on varnish, or whatever it is that is made expressly for a woman's head has been around many years. Women are used to it, and aside from the occasional glazed eyeball, seem to use the stuff without any adverse reaction. Let a poor, unsuspecting man walk through the room immediately after one of those spray jobs, however, and he will be struck unhealthy. The fallout hovering in the air will be sucked deep into his lungs. The sensation is similar to inhaling tear gas and glue. The throat is inflamed, the tongue coated, the lungs become a fiery furnace. And while the poor man is writhing about in his agony, trying to get air into his tortured body, his wife is tapping her foot impatiently and saying something like, "Oh stop being melodramatic."

Now there is hairspray for men. And, of course, a wife will buy it. This stuff has a different odor, so as to appeal to the he-man hiding inside of you, the he-man smelling like tiger. Instead of smelling like tear gas and glue. This may have something to do with the ads for this product which show the users in an airboat, whipping along over the sunken stumps in the Everglades or lounging casually in a windtunnel while a supersonic gale zips past their ears. Moving out smartly after spraying is the only way to avoid the fallout.

Talcum powder is another example of an innocuous product made dangerous. Talcum powder is used on babies, it's so gentle. It's relaxing, refreshing and makes your body feel great. So somebody put it in a spray can. And somebody's wife bought it. All spray can products have one thing in common. They come out cold. It has something to do with physics and expanding gases and complicated formulae.

There is no torture invented to equal the excruciating pain of being shot in a warm armpit with ice-cold talcum powder. You may have been relaxed before, but you aren't anymore. Your blood pressure goes up, your heart goes into overdrive, enough adrenalin is dumped in your system to last a year and your armpit tries to pucker up.

The pressure in the can is another area. It's impossible to spray powder without getting a little bit on your hands. The stuff will not come off. The pressure in the can drives the little bits right into your skin. It also makes

your hand water repellent so it will not wash off. You either have to wear it off or look like Mickey Mouse with white gloves.

One crew chief on an Albert sprayed a wheel well with a can of this stuff and the corrosion control people are going crazy. Other than being a little pitted from the spraying, the wheel well shows no sign of rusting, oxidizing, or other effects of sea water. And it doesn't get sticky in hot weather either.

Probably the most dangerous thing that comes in push-button cans is paint. Painting around the house used to be strictly a man's chore. Any painting started early on Saturday. You had to get the paint, pry off the lid and mix. The mixing went on until all of the lumps were off the bottom and the oil had disappeared from the top. Then the brushes had to be prepared. All the stiffness from the last paint job had to be worked out. Then you painted. Afterwards, you went through the whole process again, cleaning up the paint can so you could get the lid on and cleaning the brushes. It was an all day project.

Now the little woman runs down to the local grocery store, buys a 13-ounce spray can of paint for the same price you pay for a whole quart of the regular stuff, and sprays away. Dear old dad is not even bothered. Until next time.

Every spray can has a little sign that says to turn the can upside down when finished painting and spray until clear. This gets all the paint out of the nozzle and innards. A woman will not do that. Its against her nature to waste paint like that. So she sprays and when she gets done, she stops, and the paint clogs up the nozzle.

So next time she gets the urge to paint, the darn can won't cooperate. Dad is called and he has to take off the nozzle and try to clean all the dried up paint away. Have you ever had a can of yellow paint explode in your hand while you are bending over it trying to pick out dried paint with a pin?

Its a traumatic experience. The thing goes off with a vile hiss, paint spewing forth in a four-foot high fountain. You are covered from chin to hairline in dripping jaundice. The paint swirls about in the air and seeps up between your fingers if you put a hand over it. There is no stopping it until the last bit of paint and swoosh is gone.

There you stand, covered in kitchen enamel, with a yellow glaze on your eyes. And as you look up through the settling fog, your wife appears and tells you to stop fooling around.

Spray cans and wives just don't mix.

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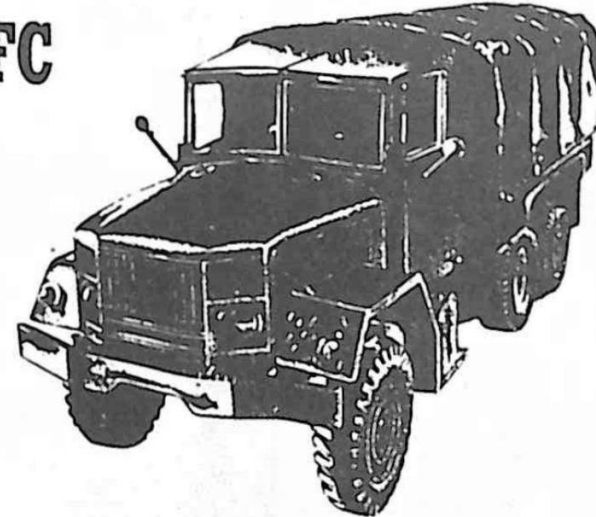
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300	6.00	7.50	9.00	10.50	12.00	13.50
400	8.00	10.00	12.00	14.00	16.00	18.00
500	10.00	12.50	15.00	17.50	20.00	22.50
600	12.00	15.00	18.00	21.00	24.00	27.00
700	14.00	17.50	21.00	24.50	28.00	31.50
800	16.00	20.00	24.00	28.00	32.00	36.00
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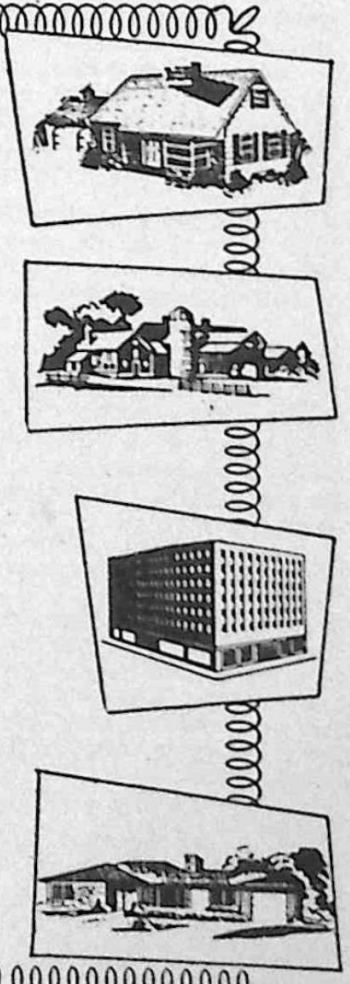
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YOUR INDEPENDENT AGENT





Chapel Chimes

SUNDAY, JUNE 16 — Morning Worship will be held at 10 a.m. rather than 11 a.m. Please note this change, which will allow the congregation ample opportunity to come to the Combined Protestant - RC Picnic beginning at 11:30 a.m. at Kin Beach. SUNDAY, JUNE 23 — Morning Worship at 11:00 a.m. will include a TALK-BACK feature. The sermon will be on the subject "Is The Church Necessary?" and will be five minutes long only. In the remainder of the sermon period the congregation will be asked to comment and ask questions of the Chaplain. Come and participate in this experiment. LADIES GUILD - June closing meeting will be a Luncheon for all Guild members at PMQ 87 on Tuesday, June 18 at 1 p.m.

VIOLENCE OR AUTHORITY

By Padre Archer

Three and a half years before an assassin's bullet ended his own life, Dr. Martin Luther King correctly diagnosed the sickness that claimed his life. He wrote, "The assassination of President Kennedy killed not only a man but a complex of illusions. It demolished the myth that hate and violence can be confined to an airtight chamber to be employed against but a few."

"Suddenly the truth was revealed that hate is a contagion; that it grows and spreads as a disease; that no society is so healthy it can automatically maintain its immunity. If a small-

pox epidemic had been raging in the South, President Kennedy would have been urged to avoid the area. There was a plague afflicting the South, but its perils were not perceived."

Now, again, the plague of hatred and disrespect for authority has reared its ugly head in yet another senseless, insane assassination. It reminds men that in the inner recesses of their minds lurks the recurring disease that drove Cain to slay his brother Abel. It drives them to wars and self-destruction. And if they are not careful it will drive them to employ their clever sciences to incinerate human life on this globe.

Man has defeated most of his enemies. He has learned to overcome drought, fire, distance, and the deadly army of bacteria and viruses that beset him on all sides.

But, and this is so important, he has not overcome himself. Here lies his greatest challenge, and his greatest danger. In setting himself up as an authority he loses sight of the Supreme Authority which we call GOD. Without this upward pull of God, and his authority, there is only one way to go, and that is down. May God grant us, and the country in which we live, the wisdom to recognize the direction in which we are going, and the power to change that direction in our own lives, if it is downward rather than upward.

PICNIC PICNIC PICNIC COMBINED PROTESTANT AND ROMAN CATHOLIC CONGREGATIONS CATECHISM CLASSES - SUNDAY SCHOOL CLASSES

Sunday, June 16th

Time - 11:30 a.m.

Place - Kin Beach

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Consumer News and Views

By Consumer Associations of Canada

Today's shopper is beset by many problems. What to buy, where to buy, and how much to pay. After these decisions have been made, it is indeed distressing to discover the item to be of inferior quality.

Many people are reluctant to confront the retailer with unsatisfactory goods -- but this is the only way to improve the quality of goods reaching the consumer market. Whenever you exchange good money for a product -- you have every right to expect full value.

Most shopkeepers are anxious to please their customers and are honest in their desire to provide the quality and service paid for. Occasionally though, a consumer is faced with an indifferent attitude to the problem and often feels that no recourse is available.

An important point: a good consumer should not neglect to lodge a complaint when one is justified. A responsible manufacturer will not knowingly produce unsatisfactory merchandise; a responsible retailer will not knowingly sell it. You will be doing both the manufacturer and other consumers a service when you make your dissatisfaction known to them.

Here are some tips on how to register an effective complaint: First: approach the retailer personally or by letter. Take your problem to the manager, buyer or person in charge. Consumers' Association of Canada

enters the picture if you fail to get satisfaction from a personal appeal.

Next: if you find that you must take your problem to the local CAC, have the following information handy: 1. The complete name of product, the manufacturer and his address. 2. Size, price, quality or grade. 3. Store where purchased, address and date. 4. The code number on label or wrap, if the article is canned or wrapped. (You may have to look closely to find this.) 5. The complaint and how it was handled.

Be sure to make copies of correspondence when writing about unsatisfactory merchandise.

If you have a problem with any purchase you have made, Consumers' Association of Canada is the organization that has been working for the past twenty years to improve goods and services. Be sure to let them know if they can help you.

By the way; do you know you should store eggs with the large end up? This keeps the yolk centered and thus helps maintain quality. And do you know the most dangerous ages for children in traffic accidents are two and three years? The late afternoon and evening hours are the most dangerous times.

As one wit remarked: just about the time you think you can make both ends meet, somebody moves the ends.



MWO SHIELDS, the controller of works for Wallace Gardens Community Council sets the example at the beginning of the annual clean-up, point-up and beautify campaign which is designed to make Wallace Gardens the most beautiful PMQ area this side of CFB Heaven, P.E.I. The clean-up was ordered when unidentified councillor's son came in and wailed, "Daddy, I lost my ball on the lawn." Daddy growled, "So what?" "So it was a basketball," said the child.

PMQ Council News

The 'Play At Home Bingo' has been cancelled for the months of July and August. It is hoped to start the games again in September. This will enable the PMQ residents to move out and make way for new tenants and Bingo players, participate in fishing derbies, vacations etc etc without the worry of ulcers caused by wondering if the jackpot has been won while the card holder is on the salt chuck or festering under canvas in the bush. See our announcement covering the Bingo winners for the month of June, elsewhere in this wonderful paper. Incidentally the One Straight Line winner for June

was the Armament Coffee Fund so there should be plenty of free drinks around there! To those people who have supported our efforts since PAHB began we would like to express our appreciation and ask that you join us again in the fall and get your neighbor in on the game as well. Happy Holidays. Bingo Winners for the month of May: Straight Line Sgt. Sirek; Letter T Pte Scully; Letter X Mr. B. Warren; Large Picture Frame Mrs. Lang; Small picture frame and 'two' Straight Lines Mr. S. MacDonald; Red Cross Cpl. Bradshaw; Full House (split) Cpl. Antles and Mrs. Marion.

World Children's Day

The fifteenth of June has been proclaimed World Children's Day by the Lieutenant-Governor. On this day children and members of organizations responsible for children's welfare combine to promote the ideals of friendship and concern for the welfare of others less fortunate.

The world's population is increasing at an alarming rate: 8,000 new citizens are born every hour and the number of hungry

children is growing all the time. It is not possible to help all the millions of children who are homeless and near starvation -- it is possible for everyone of us to help one or two. If everybody responded to this appeal -- even modestly -- the result would be tremendous in relieving of hunger and hardship. It is hoped that this appeal for help, in which our Lieutenant-Governor joins, will touch your heart and imagination.

Mrs. Coates New CWL President

Solemn installation of the new slate of officers of Our Lady of the Airways CWL council took place following mass and Holy Communion on Sunday, June 2. Installed were Mesdames O.S. Coates, president; Y. H. Geneau, 1st vice president; W. W. Hackling, 2nd vice president; J. E. Stairs, 3rd vice president; D. E. Blair, treasurer; J. W. McGuire

secretary. Following an Act of Consecration, the Director blessed the officers collectively and individually and handed the gavel to the newly elected president, concluding the ceremony with the reminder that it is blessed and a symbol of her authority, giving the officers a deeper appreciation of the responsibilities they have assumed.

Mrs. W. Fenn was presented with a past-presidents pin, and as she is soon to be leaving the

district Mrs. J. R. Cando was appointed to replace her in the office of past-president.

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1966 Chevrolet 1/2-Ton
Big 6, 3-speed, H.D. rubber. Radio. Real low mileage. Aluminum canopy included. H.D. bumper. No. 118A. Regular \$2495. Sale Price — **\$2195**

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DEMONS DOINS

The Fighting 407 All Weather Anti-Submarine Squadron would like to say a special hello to the A.C.U. staff, who are transforming all our people (Navigators) into fully qualified Argus Navigators (or RO's to you old salts). When you read this column they will be on their way back to Greenwood and they will be leaving another job well done behind them. If we take time out here to mention two members of the A.C.U. Roy Moscott and Leon Rushcall it is only because Roy is an old 407 Demon and Leon is the new Demon who will soon be back to play havoc with all line personnel as Sr. Cat Officer. Once again A.C.U. thanks for all your help, it was much appreciated.

The end result of the labors of Mr. Rushcall and Co. have produced a large number of qualified (I hate to bring up that old word again but here goes) RO's, but we are still short of Pilots and Navs. This shortage problem should soon be alleviated though, some of our Pilots and Navs are starting to return from Greenwood and another group of Navs and Pilots are there now to be converted.

While the A.C.U. staff has been working hard we would like to thank the people who have been keeping them well entertained. A new entertainment centre has blossomed in Comox, and while we cannot tell you where it is, we would like to tell you the names of the owners, they are the "West Coast Toast," Mr. Bartels and Sled who have taken the #1 spotlight from that Old entertainer Mr. Bazilinski of that famous resort "Baz By The Sea."

The rapid rise in popularity of Messrs. Bartels and Sled's club is due to the chef they have im-

ported, a Mr. Rocky Moscott who makes his two famous dishes of Pizza and Spaghetti. The last drop in a Spaghetti party was especially well attended. We only hope they can keep up their popularity as their chef, now famous, is moving to the East where all the money is.

Last Friday there was a Supervisors and Ops Line Crew's Fastball contest followed by a Mug Party for five departing Demons. I am told once again with their own referees the Supervisors and Ops emerged victorious, in fact they say they are unbeatable. Congratulations.

Mugs were presented to Major Taylor our Ops Officer and Radio Leader, an old Demon who is going to be hard to replace, and Major Waslasko our "B" Flight Commander, another hard man to replace. Major Taylor is going to Ottawa and Major Waslasko to Halifax. Mugs were also presented to Capt. Stu Smith who is going to fly helicopters off the Boni and Capt. Larry Gloner who is going to Ottawa to learn dentistry. Capt. Mason and McGillivray were absent.

407 is currently on a Subex with the Grille as part of a shake-down for the new crews and Argus aircraft. This will last until Thursday and smooth out the operation of ASW which requires a great deal of co-ordination of the whole crew to successfully locate and track submarines.

Please do not forget the 20th 407 Sports day, that includes Fastball, Golf, Tennis and Salmon Fishing. Prizes are to be awarded to the winners and we would like all to participate.

To round out the news, we have just heard that Capt. Blair Mann and Scott have been selected to start Pilot Training on the 6th of Sept. Good luck and good flying.

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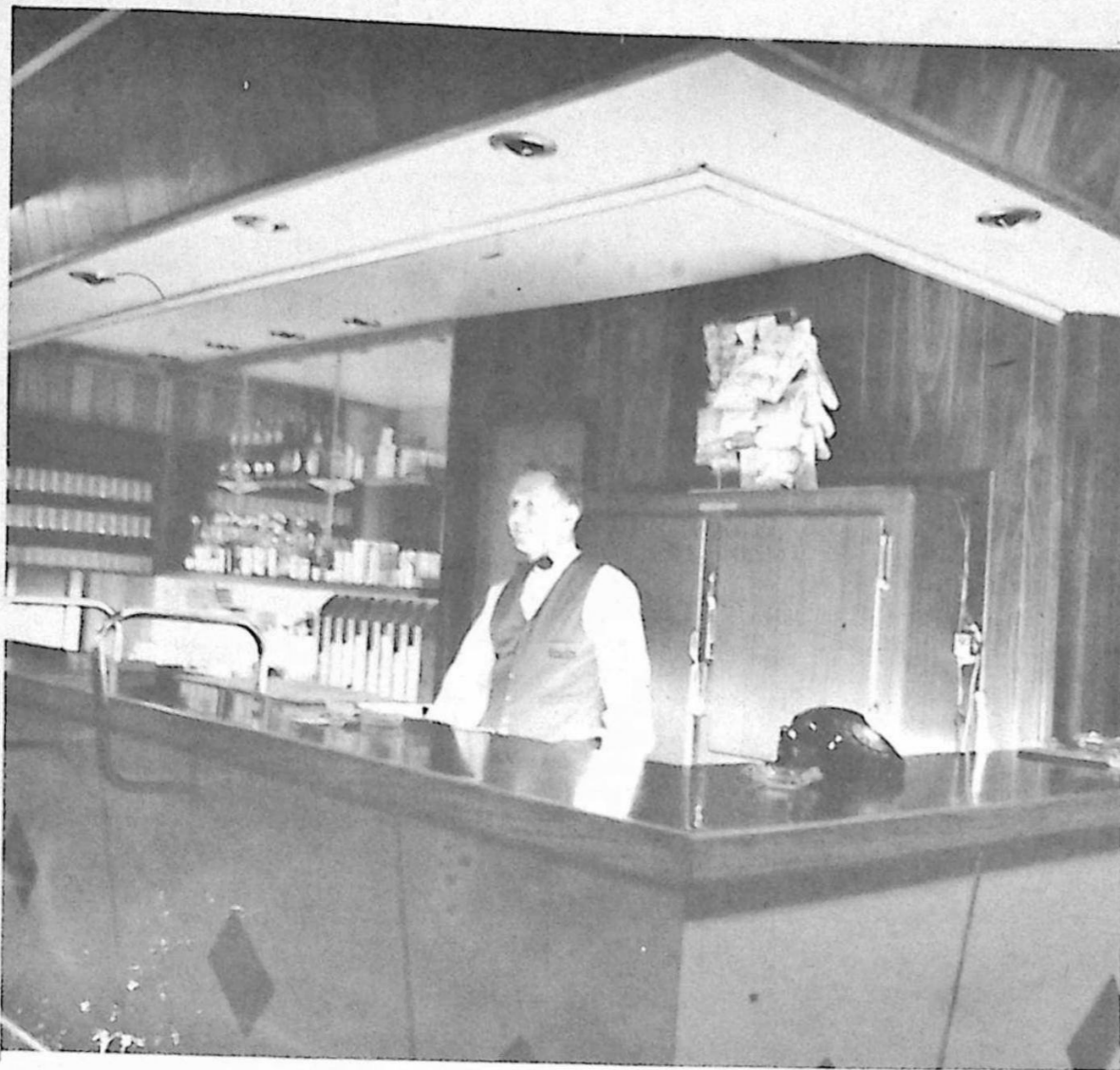
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JUST BACK from CFB Naden, where he was treated for frostbite of the fingers is Cpl. Ken Addiss, Duty Crushed Ice Dispenser. Ken is one of the staff of highly skilled juice shakers and cherry stabbers. He and his fellow lemon squeezers are waiting to serve you and your wife, concubine and or mistress in the luxurious surroundings of the Totem Inn Lounge.

— Jim Tremblay photo

Totem Inn Lounge, Posh Plush and Pleasant

For a quiet, relaxing evening in pleasant surroundings, why not come out to new refurbished Totem Inn Lounge? The largest outlet on the base, it is considered by many to be the show place of the Canadian Forces. Many visits from other units and dignitaries attest to this example of "what can be done".

Open every evening at 19:30 hours, the lounge is comfort-

ably furnished with nice appointments, and is soon to be air conditioned.

The entertainment committee goes to great lengths to supply the best of local talent and imported bands. There is always something going on on the weekends. During the week the big drawing card is being one of the nicest places to go with the wife or best girl friend on the island.

The Bar Staff are specialists in all manner of plain and fancy mixed liquid refreshments.

Cost Cutting Contest Draws Entries

VICTORIA — The provincial government's \$50,000 competition for encouraging new forms of low-cost, good-quality housing is attracting wide-spread interest, Municipal Affairs Minister Dan Campbell said today.

Over 100 inquiries have been received from non-professional people as well as architects and builders, the minister said. The competition closes at noon, Saturday June 15.

First award is \$25,000 and second award \$15,000. There are ten awards of \$1,000 each.

For the first two awards, completed plans must be submitted

for both a two and a three-bedroom house. Material lists must be included, showing their source and availability.

The ten \$1,000 awards will be made to persons who submit plans or proposals which are worthy of recognition and, if applied, would be capable of producing substantial economies in home construction.

All plans or proposals for which awards are paid become the property of the Crown.

Entries should be sent to The Housing Commissioner, Department of Municipal Affairs, Parliament Buildings, Victoria, B.C.

FRAUD

By SGT. LG ROBINSON

Ignorance of the law is no excuse. One hears this phrase over and over again yet few people take time out to find how the law applies to them when they write cheques. Basically a cheque is a piece of paper authorizing the bank to pay out, or transfer, money from one person to another or from one account to another.

The person who accepts the cheque usually does so in good faith following a business transaction in which goods have been sold or services rendered. Now the person making out a cheque is bound in law to ensure certain things are fact. The printed cheque is an easy document to complete but it must be completed with accuracy and it must be truthful. In other words all particulars written thereon must be true. If a name is copied in the signature block this is tantamount to forgery - but the purpose of this article is to deal with NSF cheques. An NSF cheque is a cheque which has been presented to a bank and returned to the original recipient because there are Non-Sufficient Funds in the account marked on the cheque. This is a far too frequent occurrence. Sure we can make mistakes but - in law - a mistake can cause a criminal charge and conviction. All cheque writers must ensure there is sufficient in their account to meet any cheque presented. Perhaps the mistake is an innocent one; perhaps not. If it is innocent the bank will usually pay out after re-presentation and a reason, if all else is of course in good order. But - a person who continually makes out NSF cheques is laying a pattern which could lead to a visit to criminal court. It is not essential that the NSF cheques be given to one person only. A series of NSF cheques can be labelled as the modus operandi of a "con man" and lead to conviction for credit fraud, false pretences or any other charge under the large heading of fraud. It can be seen

that a person who writes a cheque "near pay day" because it is just that - near pay day, is sticking his neck way out unless he knows and it is repeated - knows - there is enough money in the account to meet the cheque demand.

Joint Bank Accounts, those held by husband and wife, leave a lot to be desired in respect of NSF cheques. Unless the wife tells the husband, or vice versa, how much the account is depleted by either one could write an NSF cheque in good faith. But if it happens too often these innocent mistakes could be interpreted as consistent fraud. Take the yokels who think they can keep their bank balances in their heads. These folk also stick their necks way out when they write a cheque. A person who knowingly writes a false detail on a cheque can be charged under a multitude of criminal charge headings. When you accept a cheque make sure all the details given appear to be correct, make sure you know the person giving you the cheque. Just because he or she is a friend of yours is no excuse for being sucked into fraud. There is one big feature about NSF cheque writing that hurts. If a firm gets too many NSF cheques the firm will cease to accept cheques from anyone. This hurts the innocent. If the NSF cheque writer is a serviceman the firms are quite likely to cut off all cheques written by servicemen and or their families. Sure the majority gets punishment for the acts of the minority, but can you blame the firms? Once bitten twice shy. Keep your bank books in good order. Get the book made up by the bank regularly so you know exactly how much there is available for spending. Keep strict account of how much you spend by using cheques. Keep the bank book and cheque book together for quick reference. Keep your financial affairs straight at all times. Remember you could get 10 years imprisonment for

Scourge strikes beaches



LOG WORM

The infamous B.C. logworm, which regularly piles B.C. beaches high with used and new logs has struck again. The logworm is a stealthy creature, rarely seen, but the TOTEM TIMES managed to get this picture when the shop steward of all B.C. logworms surfaced to announce that the worms would go on strike unless their demands were met.

false pretences or 14 years for forgery. Don't be a 'con artist' by design or error. Be honest. Be careful. Don't write a cheque unless you know the money is there.

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ON PALM SUNDAY 16 candidates were presented for confirmation to the Most Rev. H. E. Sexton, Archbishop of British Columbia. After a most impressive service at the Protestant Chapel, His Grace enjoyed dinner at the mess with Col. Lett and a number of officers and guests.

Beetles Not Always Cars

Whether it is a microscopic mushroom beetle a hundredth of an inch long or a giant six-inch Hercules beetle from South America, it can be recognized by its wings. The upper pair form a hard shell curving like a shield over the thin folded lower wings and the abdomen. In flight, the upper pair is extended like the wings of an airplane and the lower two become buzzing propellers. One or more destructive kinds of beetles attack almost everything that we grow or eat or wear. Some, like the lady beetle, are beneficial because they destroy plant lice and other crop pests. However, the great

majority of the world's beetles do not affect us, either pro or con.

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A FAMILIAR SIGHT at CFB Comox since the arrival of the Argus is the crew on its early morning fitness run out to the 'plane. The speaker is used by the coxswain, who remains in the hangar to shout out the cadence. "Port, starboard, port, starboard..." When the crew arrives at the 'plane it hoists anchor and taxis starboard... "When the plane out to the button, where it remains for three quarters of an hour. Then the 'plane out to the line again and have an afternoon parade."

CLASSIFIED

Continued from Page 3

APPALOOSA ACRES — HORSES TRAIL RIDES

(North side of Black Creek) — 337-5181
Rates per hour — Group of four (4) riders — \$2.25 each.
Single — \$2.50 each
Longer rides may be arranged.

WORK WANTED

THREE EAGER teen-agers want to earn extra money working weekends. Will do anything requiring brains or brawn. Need money for university fees. Call 339-3489.

HOSPITAL HUMBUG

Continued from page 2
could afford to laugh. He had no money at all.

Friday June 7 was an occasion for a gathering of all the Hospital Staff at a steak barbecue. It was held as a farewell to Bonnie Buchanan who is leaving shortly for NDNC Ottawa, to Lou Cusson who is going to Cool Pool now that he has a PMO, to Al Gray who is going to CFHQ Ottawa now that his own house there is being vacated on July 1, to Peter Seland who is leaving the Service to take up post-graduate work at the University of Alberta, and to Roy Stewart who leaves for Winnipeg. To all, a fond farewell, thanks for being here and contributing so much to the Hospital and to

the Base, and best wishes in the future.

SUBTERFUGE

It may have been noticed that for a couple of days last week there were four Medical Officers on the Base. Major Gordie Hawthorn was here sniffing around No. 7 Hangar with little bags to collect air samples and analyse fumes. For this, 409 obliged by warming-up their aircraft in the afternoon in preparation for an exercise late at night. Both occasions were utilized by the stealthy snooper.

It was just coincidence that he was here too to take call on the night of the Hospital party where he found the fumes were infinitely worse than in the Hangar.

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Warden Rewarded

Another in the series of Suggestion Award Committee cash awards was made recently at CFB Comox. Seen accepting his cheque from his former Section Commander, Major Kenneth M. Pulham of Vancouver, is retired Cpl. William R. Warden, Supply Technician. This is the second such award to Cpl. Warden during the past three years. It was announced during the presentation that this recent award was for a suggestion concerning the simplification of a supply procedure which resulted in appreciable savings in manpower. All CAF members are encouraged to use the medium of the Suggestion Award Committee to put forth ideas for technical and procedural improvements. In the case of Cpl. Warden, it has paid off for both he and the service.

Born in Red Deer, Alberta, Cpl. Warden has reached retirement age and is going to continue living in the Comox Valley. He has taken a position with Beaver Homes Limited.

Captain Cashin Cited for Bravery

Captain (Nursing Sister) J. A. (Joan) Cashin of Trenton, Ont., and a nurse with the Royal Canadian Army Medical Corps, has been made a member of the Most Excellent Order of the British Empire for her bravery and devotion to duty at the Gander, Nfld., scene of a Czechoslovakian airliner crash last September.

At about 3 a.m. Sept. 5, Nursing Sister Cashin rushed to the crash scene on foot over wet and swampy ground, and was one of the first to arrive at the site. On her way she intercepted some of the injured victims stumbling dazedly around in the bog. With the limited resources at hand she gave assistance and issued instructions for the despatch of victims to hospital.

Questioning some of the survivors in German, she was able to determine the extent of the

tragedy and the whereabouts of other victims.

Lightly clad and wearing summer sandals, Nursing Sister Cashin spent five hours in the burning area answering cries for help, searching for injured victims and giving aid to survivors. The fires consuming the wreckage illuminated the crash scene.

When the last survivor was found, she went to James Patton Memorial Hospital to give further treatment. The citation for her MBE states, "Under the most adverse and confused conditions, Nursing Sister Cashin worked fearlessly and tirelessly, displaying bravery, initiative, resourcefulness and selfless devotion to duty without thought or regard for her own safety or well being."

AAFCF EXERCISE

Royal Flush Results Announced June 17

LAHR, Germany (CFP) - Canada's 1 Wing people here are sweating out the verdict on just how well they did in Royal Flush XIII, the annual allied forces central Europe photo-recce exercise between the 2nd and 4th allied tactical air forces.

Results are due around June 17. During the three-day exercise, May 14-16, competing pilots of 1 Wing here flew 78 missions to photograph 234 targets including 78 targets of opportunity such as troops, vehicles and missiles. The others were permanent targets such as buildings and bridges.

Judging of mission results takes about two weeks. The experts pore over about 1,600 photographed targets and assess pilot reports for accuracy and precision.

So the Canadian wing, which has been thinking of little else

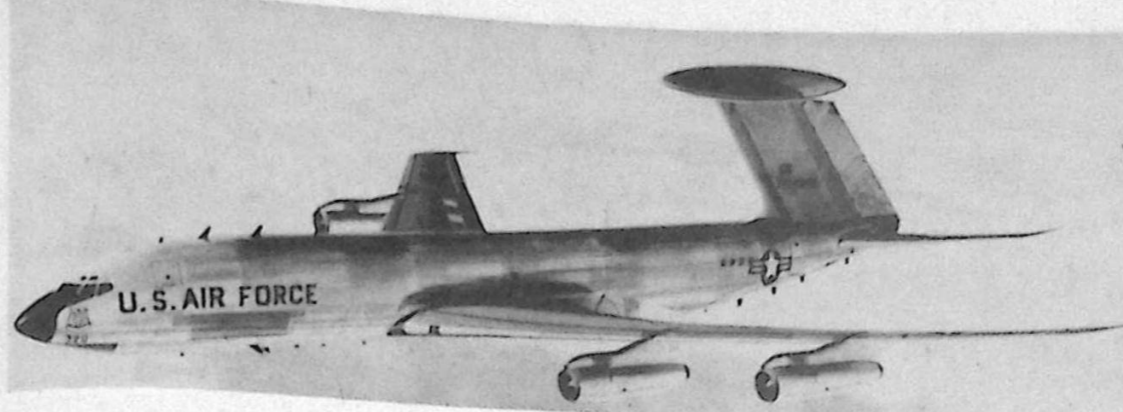
but Royal Flush for many months, is itching for results which should be announced June 17. A week later they'll host the international awards presentation ceremony when the Guenther trophy will be presented to the winning allied tactical air force (ATAF).

NEW COMERS Canada's 439 and 441 squadrons because of the change to the Photo-recce role, were late arrivals in Royal Flush play. They made their debut in 1966.

They composed against British, French, Belgian, German, U.S. and Dutch units. The first year's standings "weren't much to write home about" reports the Arrowhead Tribune. In 1967, the Canucks improved enough to place three pilots in the top ten of 255 aircrew taking part, with their squadrons finishing second and third in 4 ATAF close on the heels of the topsquadron.



TO COOL POOL: Cdr. Ben Oxholm emerges from the transition training at CFB Chatham, N.B., and heads for Cold Lake to work up in CF-104 Super Star Fighters. The one-time Sea Fury and Banshee jet jockey is destined to command a CF-104 sqdn. in the NATO air division in Europe. Others with aircraft carrier time are already in service with Canada's airdiv. in Germany.



DESIGNED BY A COMMITTEE? — Artist's version of Boeing 707 jetliner shows how maker proposes to fit USAF airborne warning and control system (AWACS). Main radar antenna is housed in 30-foot diameter rotodome on top of aircraft's vertical stabilizer. AWACS will be both an air defense and tactical flying command post. All that now needs to be done is to solve the problem of the wind blast turning the tail around backwards.

AWACS Not Floor Polish

HANSCOM FIELD, Mass. (CFP) — A high-speed airborne command post, equipped with radar, computers, displays and communications to direct aircraft against ground and air targets, will be developed by the electronic systems division of the U.S. Air Force systems command.

Gen. James Ferguson, the systems commander, announced transfer of the project, known as the airborne warning and control system (AWACS), to the electronic systems division now that it is approaching the midpoint of conceptual studies being conducted by Douglas Aircraft Company and the Boeing Company.

Current plans call for modification of either a Douglas DC-8 or Boeing 707 type aircraft with a large mushroom-shaped radar "rotodome" mounted atop the fuselage. The two aircraft manufacturers are competing in twin contract definition studies, for a prototype production contract.

AWACS ROLES The AWACS aircraft is being developed to perform a dual role. As a survivable early warning command and control centre to detect enemy aircraft, track them, and direct defensive weapons against them; and as a command and control system for rapid deployment of tactical forces and their initial operations until ground-based radar communications networks can be established.

This double-role was described by Harold Brown, secretary of the air force, in testimony before the joint session of the senate armed services committee and subcommittee on defence appropriations.

"The ability of AWACS to direct fighters against ground targets, plus its concurrent ability to maintain air surveillance and to direct interceptors against enemy aircraft, make it suitable for both tactical control and air defence missions," he said.

Maj.-Gen. John W. O'Neill, commander of the electronic systems division, has assigned the responsibility for AWACS to ESD's deputy for surveillance and control systems, Col. Francis J. Dillon, Jr.

DEPICT PEACE TIME ACTIVITIES

Artists to Tour Bases

OTTAWA (CFP) — If you see someone on your base making that famous thumb-up malt brew gesture, don't reach for your stein.

It'll probably be a civilian artist measuring the proportions of your stamping ground to record it on canvas for posterity.

The forces have a new scheme underway. Its short title is a Major Hoople style harrumph: "CAFCAP," meaning Canadian armed forces civilian artist program.

Canadian artists both budding and renowned will be selected

and accredited as official DND correspondents to travel to bases and stations throughout Canada and abroad. Their task will be to depict peacetime activities and locales in order to augment and complement existing photographic archives.

In return for transportation, "vittles" and a bunk, each artist will be required to donate to DND two to four works created on such an assignment. These works will establish a treasured record for future display. Artists will not be paid for their creations. Their reward is the chance to

travel and live in the service environment free of charge. They have the equivalent status of captain, like war correspondents.

When a backlog of selected works is built up, a travelling exhibition of peacetime art may tour forces installations in Canada and overseas.

The National Gallery of Canada has an option under the plan to add works of merit to the war collections.

While Canadian war art has its beginnings in the first world war and became highly organized in

Field Exercises Shape Up NATO Forces

Sennelager, Germany (CFP) — Soldiers of Canada's land forces serving with NATO in West Germany arrived here June 3 to begin their first large-scale training concentration of the year. More than 1,000 fighting and supply vehicles travelling by road convoys over the previous weekend and early that Monday morning moved the brigade units from permanent barracks to this 250-square-mile training region.

For three weeks soldiers living under canvas are engaging in a series of gruelling day and night training exercises with emphasis on live firing exercises at the individual, platoon and company levels.

For the brigade commander, Brig.-Gen. James C. Gardner of Regina, Sask., it's his first opportunity to exercise his troops in the field since taking command in January.

OLD STAMPING GROUND

The Sennelager training area is one of the best in the world, ideally suited to large troops concentrations. Its 30 firing ranges permit up to 2,500 men to fire simultaneously using the full gamut of infantry small arms. The sprawling area of gorse-covered sandy heaths not only allows full scope for combined arms operations but abandoned villages provide excellent tactical training.

The area has been used for German military training since the latter 1800s. Both the troops of Kaiser Wilhelm and Hitler trained here.

Although he built a replica section of the Maginot Line, a copy of a Russian Village and special structures for underwater testing of the famous second world war Tiger tank, Hitler himself never visited his armies training at Sennelager.

Sports as well as military training are being stressed during the Sennelager concentration. Football fields, a baseball diamond, swimming pool and gold course are available here during non-training periods. Highlight for sportsmen is a brigade tug-o-war championship involving major and minor unit teams.

'39-'45, the only works produced in peacetime under an official program came from the well-known Bob Hyndman of Ottawa, who was called out by the air force in the mid-1950s.

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DIVIDENDS PAID ANNUALLY

Canada Gets Liberator from India

Six Canadian servicemen left Poona, India yesterday morning on a trip home that should make them the envy of aviation buffs the world over.

They have the job of ferrying a Second World War B24 "Liberator" bomber half way round the world to its new home with the National aviation museum in Ottawa.

The Liberator is a gift to the people of Canada from the Indian Air Force and was presented to Canadian high Commissioner, James George by Air Chief Marshal Arjan Singh, chief of the Indian air staff, at a ceremony in New Delhi on May 27th.

The ferry flight has been dubbed "Operation Long-Haul" and at the flying speeds of another era in aviation that is just what it will be.

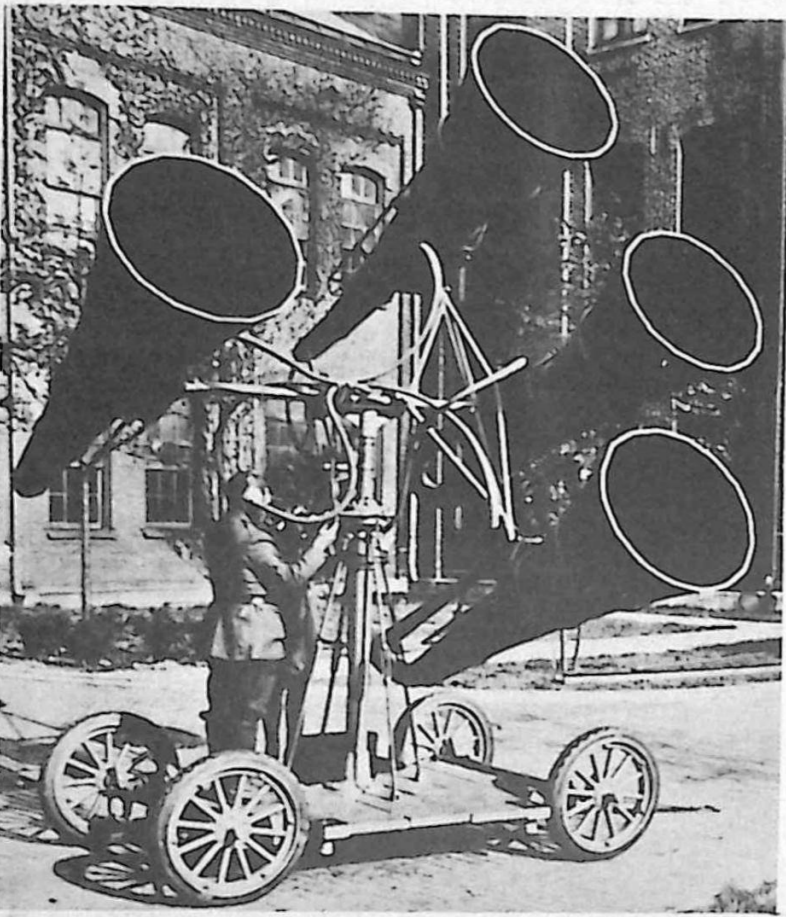
The Liberator can only fly relatively short legs as it has never been fitted with long-range tanks, de-icing and oxygen equipment. The whole trip is about 10,000 miles long and will require some 11 refuelling stops.

The six-man crew is headed

by Colonel Amos J. Pudsey, 44, of Toronto who, besides being a qualified test pilot is also an aeronautical engineer. He also has experience in ferry work and a strong interest in old aircraft. He commands the Air Maintenance Development Unit at CFB Trenton where, he says, "we specialize in the unusual, the off-beat".

Colonel Pudsey has two men with him who have Liberator experience they are: Radio Officer, Capt. A. R. Woodman, 44, of Edmonton, and Flight Engineer, CWO J. C. Trethowen, 48, of Ottawa. Co-pilot Captain R. F. Dickson, 44, of Winnipeg flew the somewhat similar "Lancaster" up until its retirement from the RCAF a few years ago. Other crew members are Capt. R. T. Brown, 34, of Vancouver, the navigator, and MWO H. Tate, 48, of Calgary who is an aviation technician.

The Liberator was donated to the museum by the Indian Air Force in exchange for a "Westland Lysander" which is now in India.



UNIHORNS

Big Band Era Back

Now that the band allotment for the year has been spent on snazzy new uniforms, there remains only the problem of what sort of instruments to buy. Currently undergoing evaluation is this Unihorn, a unique instrument which creates all the sounds of the traditional chowder and marching band using only one bandsman, rather than the thousands now employed.

The left-hand horn produces the tones normally created by the trombone and sousaphone, the next horn simulates the clarinet and the trumpet sections, and the third horn creates the tones of the harp and cello, and the fourth horn is used to simulate the triangle. Percussion is provided by grinding a flat spot on each of the four wheels, thus ensuring a different polyrhythmic

thump that is guaranteed to get any parade out of step, just as in the old days.

To produce the sound of the bagpipes, a cat accompanies the ensemble, and his tail is lowered beneath the wheels at opportune moments, if there is such a thing as an opportune moment for a bagpipe.

One might wonder how one bandsman, with but one set of lips, can manipulate all those horns. A close look at the picture reveals that he plays the horn not with his lips, but with his ears, each of which is duplexed, giving him four stereo channels.

It requires a six month course before a bandsman is able to properly exhale through his ears, but it is hoped that this training time will be cut down by using ROs.

New College Plan for Reserve Officers

Plans have been completed for a new method of training university undergraduates for commissions in the reserve force beginning with the 1968-69 academic year.

In the new program, called the Reserve Officer University Training Plan, a total of 200 reserve officer candidates will take off campus training at headquarters of nearby reserve units for a total of 15 days during the academic year. Summer training will consist of 16 weeks with appropriate units of the regular force. The Militia training program will be one year, the Naval and Air Reserves, two years. Candidates will be enrolled as officer cadets, promoted to second lieutenant at the end of the first year and to Lieutenant at the end of the second.

Under the former system, discontinued with this college term, officer candidates of the Army's Canadian Officers' Training Corps and the RCAF University Reserve Training Plan trained on the campus during the college year. Members of the University Naval Training Divisions trained with the Naval Reserve. The training period under these schemes ranged from one to three years and included summer training under varying conditions.

The new training program is designed to increase, at a reduced cost, the number of qualified officers who wish to remain with the primary reserve on completion of training. Under previous systems, except in the

UNTD, not enough officers were joining the reserves after qualifying in the university contingents.

The Reserve Officer University Training Plan will be instituted in September at 32 universities across Canada with 200 officer candidates under training at any one time. Annual intake of undergraduates will be Militia 90, Naval Reserve 50, and Air Reserve five, as opposed to the current total average annual enrolment of 500. Approximately 1,000 cadets now at 35 universities will complete the program in which they enrolled.

To provide focal points of academic and applied military knowledge at the university level, the Department of National Defence has proposed the establishment of professorships of military and strategic studies at some Canadian universities, together with post-graduate fellowships and research grants, to be supported financially by the Department. An initial six professorships have been proposed and a committee established to select universities for them. The committee chairman is A. D. P. Heene, chairman of the Permanent Joint (Can. U.S.) Board of Defence, and the U.S. Board of Defence, and the International Joint Commission, and consists of representatives from the Association of Universities and Colleges of Canada and the Department of National Defence. It is expected that those universities accepted by the committee will be announced by the AUCC in the near future.

EUROPE? by Service Air

OTTAWA (CFP) — Planning a vacation in Europe this summer? Better get your bid in fast because there's only a handful of seats available in forces Yukon during July and August.

The three-weekly Trenton-Lahr round-tripper (SF 151-152), eastbound, is full-up during the summer months, but Canada-bound there are four, priority four, seats available to 20-pointers. However, the Aug. 6 and 20 flights are booked solid.

The Sunday Trenton-Lahr run (SF 307-308) has eight spaces open to 30-pointers and an equal number of openings Canada-bound.

The weekly Ottawa-Gatwick runs (SF 161-162) are booked solid except for the August west bound run. It has four openings for 20-pointers.

The three-weekly Trenton-Dusseldorf Yukon (SF 191-192) has four 30-pointers open during July and August; except for the Aug. 16 and 17 runs which are full. There are no priority fours on the Canada-bound Dusseldorf run during the summer.

At home, westerners get the better of the deal as the cross-country special has 55 point-free, priority fours open, both ways, between Vancouver and Edmonton. The Edmonton-Winnipeg leg has 30-pointer seats available, both ways. Fifteen seats are available on the Winnipeg-Ottawa-Trenton legs. Winnipeg to Ottawa is a 30-point hop but the restriction is lifted for the Ottawa-Trenton leg. The same situation applies for westbound passengers.

Seats on Cosmopolitan flights during July and August are scarce. The Sunday Ottawa-Shearwater run (SF 30), had five priority fours open during July but only four seats are available in August. It stops at St. Hubert, Que., and Fredericton, N.B., going east and at St. Hubert again on the return trip Monday.

There are five seats open, both ways, on the Wednesday Cosmo to Shearwater (SF 39) via St. Hubert during July. It returns to Ottawa via Fredericton and St. Hubert the same day. August quota for the Wednesday runs is four seats.

Thursday's Ottawa-Victoria Cosmo (SF 32) is the former Edmonton run. It's been extended to the coast and the Moose Jaw stop discontinued. It, too, has five seats available in July but is booked solid for August. The coast Cosmo (SF 33) will continue to stop at Trenton, Winnipeg and Edmonton, it returns to Ottawa on Fridays.

All priority four Cosmo seats in July are available only to passengers with 25 points but the ante is upped to 30 points for the August Cosmo travellers.

A couple of points to remember -- If you're booking trans-Atlantic, send a \$10 deposit for meals and lodging with your application. If there's no space, you'll get your money back. Give the movements people up to 60 days' notice.

Around the Forces

EXTRA FLIPS EAST
OTTAWA (CFP) — Do any of you west coast lotus eaters nanker for a spot of leave inland later this month? If so, here's your chance.

The movements "wheels" here report four giant Yukons will be going non-stop from Victoria to Trenton, Ont., practically empty! The seats are open to priority fives as well as duty people.

Here's the rundown.
C601 leaving Patricia Bay June 16 has space for 30. There's room for 115 on C602 out of Pat Bay June 18 and an equal number available on C603 leaving the Island June 19. The last extra, C604 Trenton-bound June 21, also has 115 vacant seats for duty and priority fivers.

Check with your movement people for departure times and how to get back.

RESERVES O'SEAS

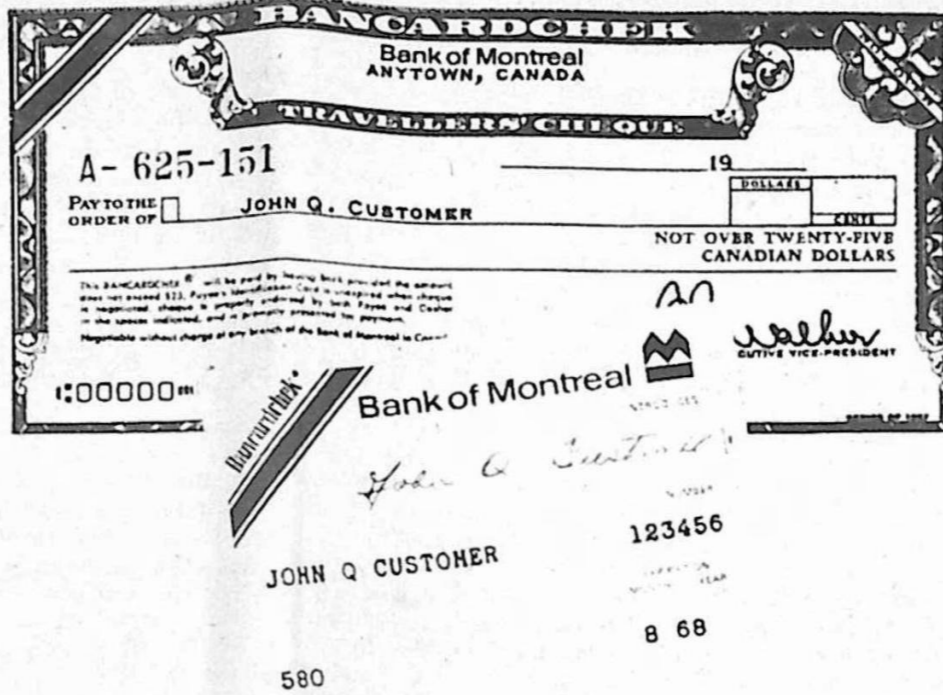
A successful plan initiated in 1967 to have militia personnel from units of the Mobile Command reserves train with the Regular Force in Germany will be carried out again this year. More than 200 soldiers from across Canada will fly to Europe to train with the 4th Canadian Infantry Brigade Group during the August-November period. They will likely be brought to one staging area in central Canada and then depart by service aircraft from Air Transport Command, CFB Trenton, Ont.

POLLS SET

OTTAWA (CFP) — Rifleman and gunners on exercise in Norway in June will have two polling booths for service voting in the federal general elections, mobile command advises.



"I'M SORRY, OPERATOR, I don't know the area code, and I can't deposit 25c," says Leading Communicator JRJYPLE Sabre-rattler, as he tries to get through to CFHQ to let them know that he has written off his truck. The call marked the swansong of the old expensive telephone system, as next day a new system was introduced, designed by Cpl. DR Semaphore. No expense is involved in the semaphore system, as outdated RCAF pennants and such are being used.



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Base Theatre Schedule - June 1968

Thursday, 13 June

Coast of Skeletons

Dale Robertson
Richard Todd
Mary Ann Koch

Saturday, 15 June

The Glory Stompers

Dennis Hopper
Jody McCrea
Chris Noel

Sunday, 16 June

Come Spy With Me

Troy Donahue
Albert Decker

Thursday, 20 June

RESTRICTED The Girl Getters

Oliver Reed
Jane Marrow

Saturday, 22 June

Wild, Wild Winter

Jay and the Americans

Sunday, 23 June

What Did You Do In The War Daddy?

James Coburn
Dick Shaw

Thursday, 27 June

Boy, Did I Get A Wrong Number

Bob Hope
Phyllis Diller
Elke Sommer

Saturday, 29 June

The Cobra

Dana Andrews
Anita Ekberg

Sunday, 30 June

Beau Geste

Telly Savalas
Guy Stockwell

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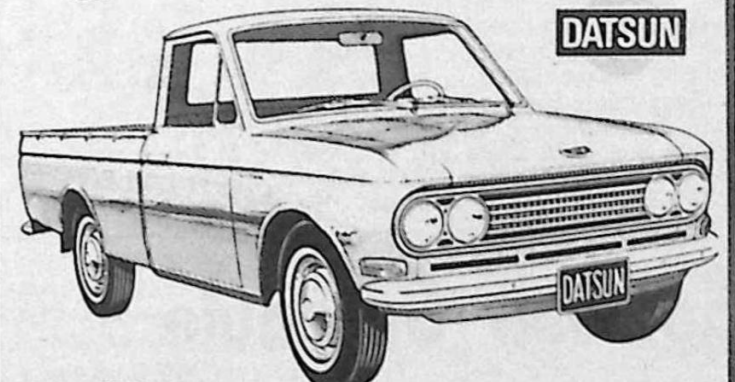
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Rugged, amazingly economical — proven workhorse on the job!

Powerful Overhead Valve Engine with full synchromesh 4-speed transmission and 6 ft. long steel cargo bed can haul up to 2000 lbs. Handles like a passenger car! Saves up to 50% on low cost and upkeep, amazing gas economy. Fully equipped! White sidewalls, heater & defroster, alternator, comfort vinyl cab interior and more! Value haul of '68!

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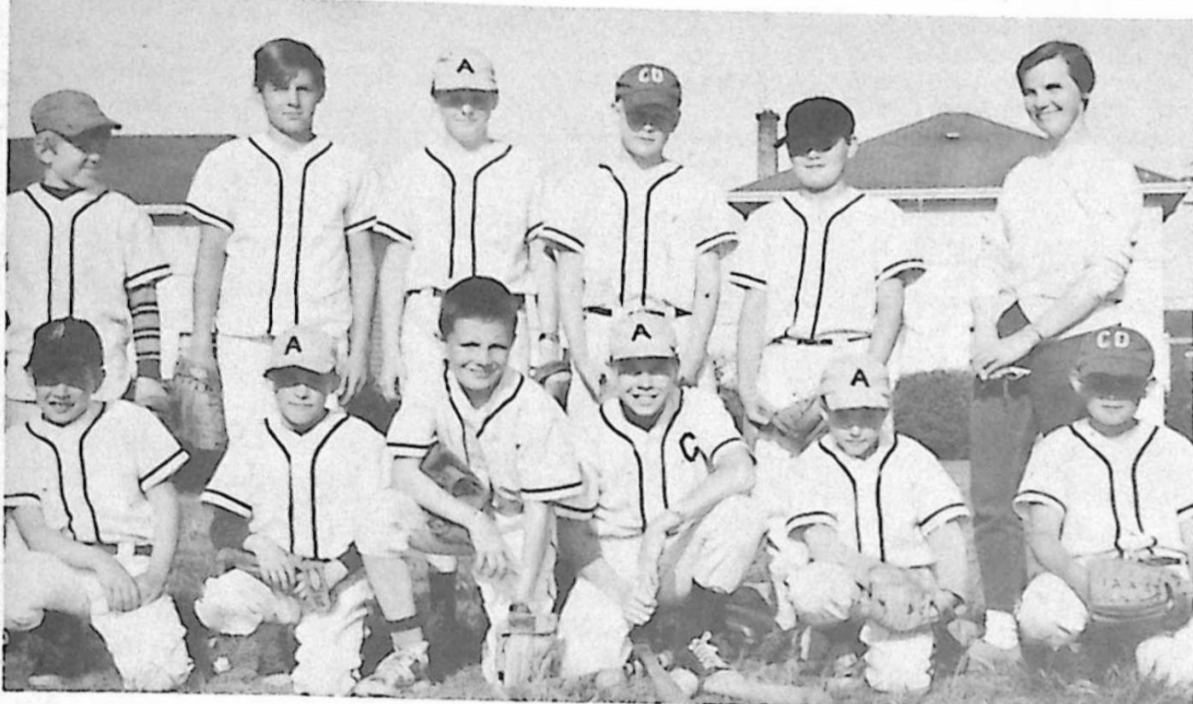
LITTLE LEAGUE BASEBALL



COMETS: Bottom row, l. to r.: Gary Ouellette, Charles Winslow, Bill Miller, Bob Mitchell, David Long, Jim Clouthier, Dan Clouthier. Top row: Steven Linem, Steven Penny, Brent Saunders, Robby Franks, Brian Fleury, John Diaz, Bob Chabot. Coaches: Mr. Diaz and Mr. Chabot.



THE GLADIATORS: Bottom row, l. to r.: Rory Kilburn, Billy Miles, Randy Muddock, Doug Penny, Ricky Bloom. Top row: Tommy Chapman, Craig Vadois, Glen Penny, Brent Saunders, Robby Smith, Craig Barlow, Ian Cumberland, Marty Miles. Coaches: Mr. Gale and Mr. Miles.



ANGELS: Roddy Williams, Wayne Friesin, Scott Price, Scott Inrig, Brian Friesin, Janita Osmond, Steven Pyatt, Jerry Osmond, Kelly McCooley, Dave Harvey, Danny Osmond, Alleyne Dodd. Missing: Dale Pyatt, Bruce Carswell, Danny Deacon. — Jim Tremblay photo

Little League Play-offs Start June 17

The Little league standings were decided on Wednesday, and on the 17th of June the quarter finals will begin. The league was jointly sponsored by the PMQ Council and the Comox Valley Recreation Association. The league consists of eight teams, four from PMQs and four from Comox.

The play offs will consist of the "A" series and a "B" series. On the 24th of June the winners of the "A" and "B" series will play a two out of three series against the league winners who received a "By".

Space permits only these team pictures to be published in this issue, the other teams will have their pictures published at a later date.

Jim Tremblay Photos

Fastball

Continued from Page 10

convincing win, their fourth in four starts. Keefe supplied the offensive punch with two home runs, one with the bases loaded.

Comox Luckies 6 - CFB Comox 2

The airman's bats were silenced as Norm Haney of Luckies threw a one hitter snapping the Base's four game winning streak. Gerber got the lone hit, a seventh inning triple. The Base spoiled the shutout by scoring their two runs in the seventh inning.

Carlings 8 - CFB Comox 5

After being down five runs the Base came back to tie the game only to have Carlings score three runs in the last two innings to win. McLellan and Atkinson were standouts for Carlings.

The Base Fastball Team is scheduling one of their home games on diamond number one at the PMQ Sports Field, Wed., 12 June at 1830 hours and the opposing team will be Talco. All ball fans are invited to see this year's entry in the Upper Island Fastball League.

Minor Hockey

By WILLIE HOLLAND Loc 386

During the 67/68 Minor Hockey season a constitution was drawn up by President Dick Merrick and approved. This Constitution will be made available for all hockey players and interested hockey fans at fall registration.

The Constitution covers such points as a name, boundaries, selection and duties of a board of directors, registration, equipment, and representative teams travelling expenses.

At a recent meeting a Board of Directors was formed; it consists of Past President, one appointed member from each Recreation Commission - Comox, Courtenay, Wallace Gardens, and five elected members.

The Board of Directors met and elected the following '68-69 Committee: President: Monty Dumont, Vice-president, Don Hope, Secretary Registrar - Lorne Blythe, Head Coach - Bill Lothian, Treasurer Ray Lawley, Z Time keeper - and statistician Don Carver, Equipment Manager Frank Edwards, Publicity Willie Holland, and Past President Dick Merrick.

With President Dumont in the chair '68-69 registration fees for Midget and below were set at one player - \$14.00; two players - \$28.00; family of three or more - \$35.00. Juvenile will be \$1.00 more due to Mutual Aid Insurance.

This breaks down for each player: Ice rent, \$8.00, Mutual Aid Insurance \$1.00 (Juvenile \$2.00) Reserve for equipment replacement \$3.00, Operating ex-

penses, \$2.00. This fee is subject to any Recreation Committee Grants. So once again registration fees may be staggered.

Each team has two coaches, each division has a manager and every game has two referees and a time keeper, all who volunteer their own time.

SUPPORT MINOR SPORTS

Softball League

The Upper Island Fastball League is comprised of six teams Campbell River, Cumberland, TALCO, Comox Luckies, Carlings and CFB Comox. Each team plays a 20 game schedule with Campbell River playing their home games at Willow Point, Cumberland plays in Cumberland and TALCO, Comox Luckies, Carlings and CFB Comox using diamonds number 3 and 4 at Lewis Park as their home playing fields. Campbell River's home games are played Sunday afternoons at 2:00, except for 29 July which is a Monday game starting at 6:30, Cumberland's home games are played Wednesday and Friday nights starting at 6:30 and the remaining teams play their home games on Monday, Wednesday and Sunday nights at 6:30.

The League has completed just over three weeks of its schedule and as the standings show the teams are very close. The games for the most part have been well played and when the winning team has run up quite a score the outcome has not been decided until the last few innings.

LEAGUE STANDINGS (As of Sunday, 9 June)				
TEAM	GP	W	L	Pts.
Campbell River	5	4	1	8
TALCO	6	4	2	8
CFB Comox	6	4	2	8
Comox Luckies	8	4	4	8
Cumberland	6	2	4	4
Carlings	7	1	6	2

GLACIER ESSO SERVICE STATION

Island Highway North (Across from Bud's)

Under New Management

Stan ☆ Phone 334-3844 ☆ Larry

Specializing in Tune-up and Carburation
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SPECIAL - Scope Check \$2.50

A Man of Action BLAIR McLEAN

... and this is his program for Comox - Alberni



PARKS

"The natural beauty of Comox-Alberni must be preserved. I pledge to work actively for the creation of a National Marine Park in the Long Beach - Barclay Sound - Pechena Point area with proper highway connections. I pledge to be active in urging the federal government to return Comox Spit to the people of Comox for their own park development."

FISHERIES

"This bountiful resource is vital to our region. Vital to commercial fishermen - vital to the sportsman and tourist. I will work actively for a new approach to the west coast fisheries by federal and by provincial authorities."

AIRPORTS

"A growing area needs up to date transportation facilities. Port Alberni should have a modern airport. An active member in Ottawa should get this started."

Elect McLean . . . man of action . . .
he'll get things done for you

SUPPORT STANFIELD

VOTE DURANTE



Mr. Richard J. Durante, supervising principal of the Eighth Avenue Elementary School in Port Alberni, has officially announced his candidacy for the Liberal nomination in the Comox-Alberni Federal riding. Mr. Durante, thirty-seven years of age, has been a resident of the Alberni Valley for twenty-nine years and is the eldest son of Mr. and Mrs. C. P. Durante, former owners of Durante's Store in Alberni.

Married with two children, Mark and Nadine, Mr. Durante received his public school education in local schools and is a graduate of the University of British Columbia with a Bachelor's Degree in Education. Mr. Durante began his career in education in the Viscount Alexander Junior High School in Port Coquitlam, specializing in Physical Education and Mathematics. He returned to the district in 1953 as principal of the Beaver Creek Elementary School and has, in turn, been principal of Redford and Gill schools prior to accepting his present principalship of the 700-pupil Eighth Avenue Elementary School five years ago.

Mr. Durante has been actively engaged in education having been president of the Alberni District Teachers' Association and of the Alberni District Administrators' Association. As an administrator he has displayed enthusiasm and initiative and has been instrumental in affecting many experimental programmes within his school. His programme of segregated classes has received province-wide publicity and in this connection he has had articles published in B.C. educational journals. He started the special Indian culture programme being offered in his school by Mr. George Clutesi with the hope that a better academic Indian student will be the result.

He has been extremely active in community affairs having participated as an athlete while in school and as a coach of Pee Wee baseball, junior softball, and minor hockey teams. He was one of three people responsible for the organization of the Society for the pre-school hard-of-hearing children and the establishment of a class for these children which is presently operating in his school. At the present time he is involved in the recently formed Social Action Committee which is concerning itself with, among other things, the feasibility of bringing a psychiatrist and/or psychologist into the Alberni Valley to establish a practice.

DO YOU REALLY WANT ACTION ON LOCAL ISSUES

- 1 Secondary Industry Development
- 2 Fishing - Conservation and development
- 3 Coast Guard - Deep Sea Rescue
- 4 Comox Marine Basin and Marine Shelter
- 5 Recreation - Park on Goose Spit
- 6 Education - Vocational and Higher Education
- 7 Highway to North Island - Trans-Canada or Roads to Resources
- 8 Pollution control
- 9 Representation in next Federal Government

Then VOTE LIBERAL

DURANTE

Authorized by Comox-Alberni Liberal Campaign Committee

X

Re-Elect TOM BARNETT

New Democratic Party Candidate

on

JUNE 25th for Comox-Alberni

Experienced Parliamentarian
with ten years of service.

Has attended to Base
problems under various
ministers of National Defence.

Press for more housing that
we can afford,
Lower drug prices.



Win with The New Democratic Party

PUBLISHED BY COMOX-ALBERNI N.D.P. CAMPAIGN COMMITTEE

DODGERS: Allan Murray, Russ Leonard, Robby Carson, Ron Leonard, Randy Leonard, Terry Billard, Keith Yerex, Brock Williamson, Neil Hemingway, Mike Aitchison, Randy Major, Drew Dreworth. Missing: Dennis Dion, Michael Dunn, Allan Dunnett, Wayne Millett, Richard Pridy.

ELECTION BRINGS CHANGES
OTTAWA (CFP) - Political advertising in unofficial service newspapers which normally run ads is being permitted in advance of the federal general election of June 25.

Another relaxation has been approved by CANFORGEN 117. It says:

"Leaders of all political parties have been advised that, providing no canvassing on defence establishments takes place, it is permissible for transportation to be made available by political parties to wives and other dependents eligible to vote at civilian polls from PMQs to civilian polls on civilian polling day."

"The existence of such service could be notified by the parties in civilian or service newspapers to those concerned", it continues, adding that the "same policy applies to the provision of baby sitting service."