



# TOTEM TIMES

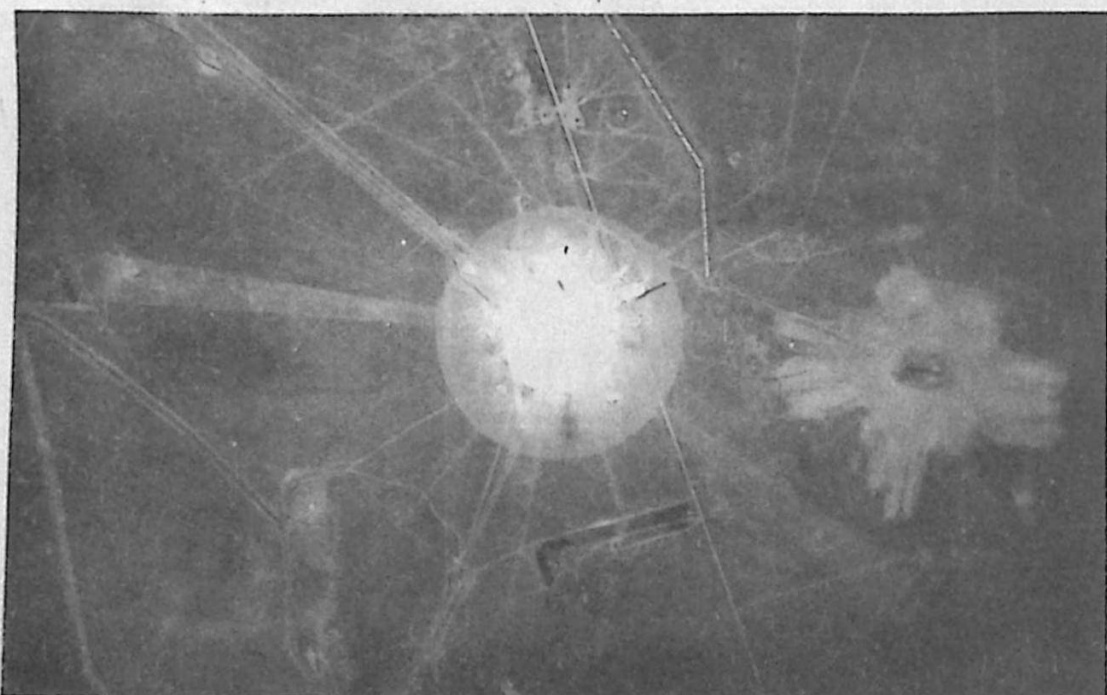
Vol. 8

CFB COMOX, THURSDAY, AUGUST 10, 1967

No. 16



## DEMONS BLAST AT SUFFIELD

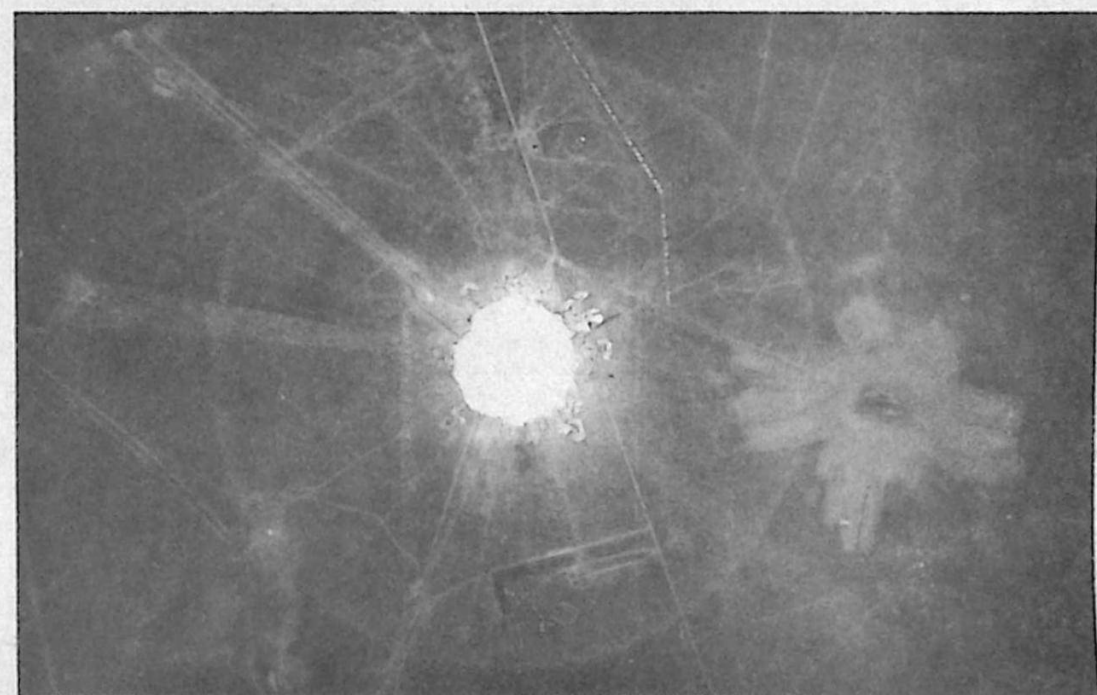


WE COULDN'T determine how long after time zero these four pictures were taken, but we do know that they are in sequence taken 1/400th of a second apart. In 3/400ths of a second the fireball, visible as a bright circle at the centre, hardly changes shape or size.

— DND Photo

A trying job it was deciding the order of the pictures of the recent practice blast at Suffield, but once a trick or two is mastered it's easy. Not accomplished however, was an attempt to find out which way is up. Finally I decided to fall back on an old ANS technique called grid navigation, whereupon an arbitrary "north" is picked. The four pictures are thereby all oriented the same with respect to one another, but who knows which way this is? The pictures were taken on a special movie camera taking 400 frames per second, in contrast to a standard movie camera, which runs at 16 frames per second. The cameras were mounted in the bomb bay of a 407 Squadron Neptune operating out of detachment from Cold Lake, and transiting to the blast site at the Defence Re-

search Board establishment at Suffield, Alta. The aircraft was captained by F/L Denny Bisson, with navigation by F/L Bud Taggart, now of CEPE but formerly with 407. The precision required of the navigator is such that the aircraft is required to be exactly on top of ground zero at time zero. The final blast, which will be the real McCoy using a much greater charge, will take place Aug. 17, with the crew departing Comox Aug. 10. The blasts have been taking place annually for the last three years, and are utilized to test the effects of shock upon clothing, vehicles, buildings, and at a greater distance, humans. They are watched with interest by military and civil defence authorities in many NATO countries.



THE WHITE LINE angling towards the top of the pictures appears to be some arrangement of material, I suspect canvas, arranged for the test. In the top picture, before the shock wave reaches the row, it appears as a line of neat white rectangles, and later becomes badly disarrayed.

### 121 Drops Ball

A stop the presses type scoop occurred hours before this issue went to the printers. The editorial staff of the Times learned that on Tuesday afternoon a 121 chopper was lifting the radome off of the GCA site for some undetermined purpose, probably concerning maintenance

of the radar reflector, whereupon said radome became separated from the chopper and fell rearward to the ground and disintegrated. Further details are not available at this time, but the super sleuths of the Times will endeavor to have the complete story with suitable pictures for the next issue.

### Achtung Red Baron

The Red Baron campaign is going well, but not all that well. Much remains yet to be done if the Curse of the Skies is to once again spread terror, mystery and romance throughout the Comox Valley. To all those

who have not done their part, we urge you, now is the time. The last surviving aircraft of Luftengruppe Ziebszen must fly again, Ach Mein Gott in Himmel, Kommen mit der Deutschmarks!

### 130 FireFraus visit

The umpteenth annual convention of fire chiefs wives took place in Campbell River. For what purpose these women meet we do not know, but as part of their powwow they were taken around 407 Squadron, and given the Cook's tour of a Neptune. On hand to greet them was Smiling Joe Barnes, 407 PRO,

and his henchmen. Since was no intended as a busman's holiday, Leo Hermann, the local arson parson kept himself and his trucks well out of site. In fact, they were too busy writing next issues Hall of Flame, which deals with common fire hazards of compost heaps.

## Starlifters in Green Uniforms

The concept of fast global mobility for the Canadian Armed Forces took a faltering, half-step forward with the announcement last week that the government had authorized the Department of Defence Production to enter into negotiations with the government of the United States with a view to purchasing four C-141 Starlifter jet transports. The model sought by the Canadian government is that currently being used by the United States Air Force, with the addition of a capability to serve as a mid-air refueling tanker for the CF-5, which should be pouring off Canadair's assembly lines around the 1969 delivery date projected for the Starlifter.

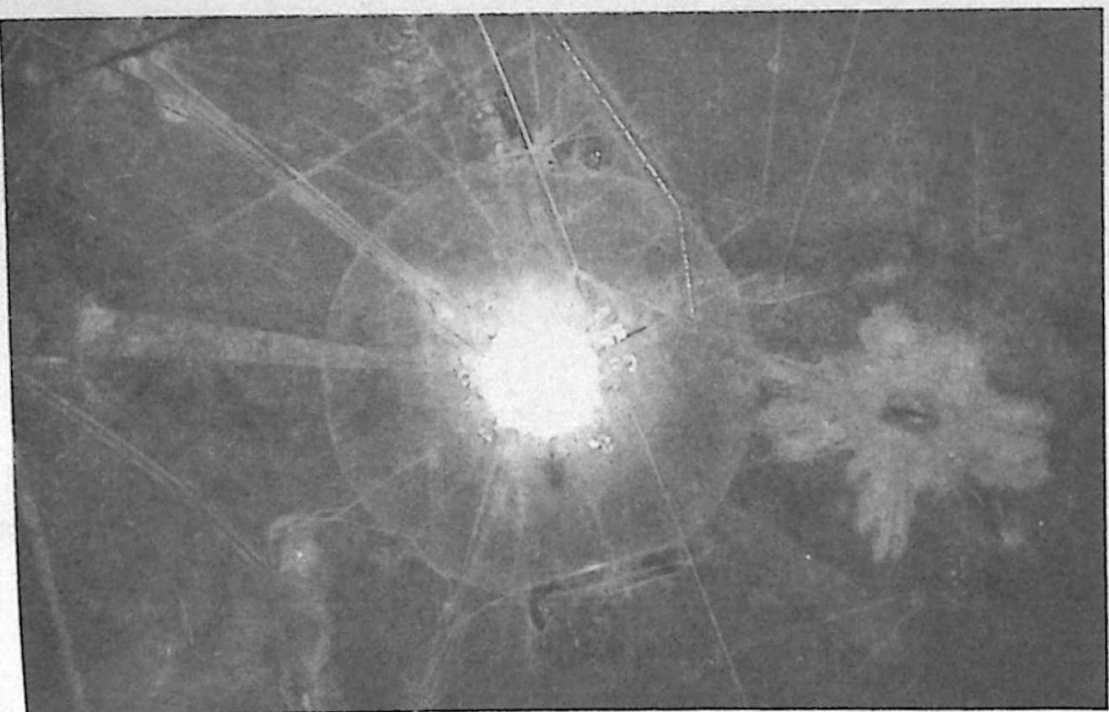
The Starlifter is capable of escorting four CF-5 aircraft for in-flight refueling up to a range of 2,900 miles, and still carry up to 45,000 lbs. of troops,

groundcrew or materiel. At its all-up weight of 316,000 lbs., it can operate from 5,000 foot runways, a claim which no other jet transport can make.

The Starlifter can be used in a variety of roles, and can be quickly switched from one role to another. It can fly in a load of freight, and within minutes be on its way out with eighty litter patients, and the aircraft is filling this role today in Vietnam. It is also the first jet transport from which paratroops have jumped.

Four Pratt and Whitney jet engines produce a total of 84,000 lbs of thrust, and give the airplane a cruising speed of about 500 knots. Addition of this fleet to the transport Command will make the concept of instant global mobility for Canada's Armed Forces a lot more credible.

## Red Baron Uber Alles

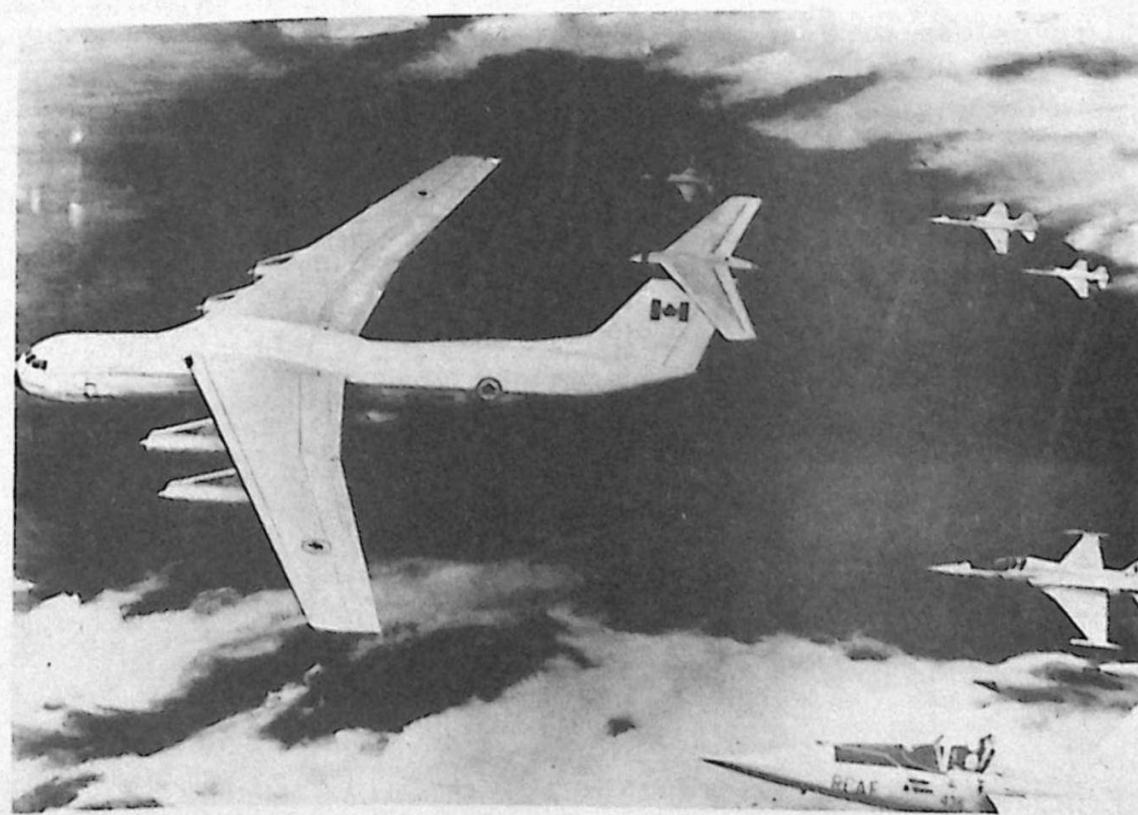


THE KEY to the order of the pictures is the shock wave, which moves considerably faster than the speed of sound. As time progresses the shock circle appears as a larger and duller circle. In any blast it is the shock wave which causes damage, and in a conventional blast such as this the light and radiation components of a nuclear explosion are absent.

— DND Photo



THE C-141 Starlifter which was evaluated as a long-range transport by 409 Sqn. earlier this year, in place of the T-33s which couldn't get every little person to Bcgotville all the time. Unfortunately, the USAF wouldn't accept the T-Bird trade-in offered by the squadron, so the deal was off.

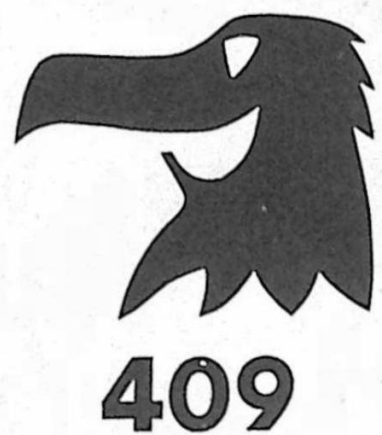


AN ARTIST'S conception of the C-141 Starlifter, gaily bedecked in RCAF colours, acting as a tanker for five CF-5s on a long overwater flight. As the press release said that the Starlifter could only escort four of the little fighters, one hopes that the pilot of the fifth aircraft was paying attention during his swimming class.

— DND Photo



## Night Hawk's Nest



It has happened, El Sid has traded in his super grease pencil for a high speed automatic typewriter. Anyone wishing to purchase Major parts, contact Courtenay Auctions Ltd. All the best to the Pophams in Colorado Springs.

Seems the Grump had a party at his TeePee a few days back. Many Indians were viewed throughout the evening doing various tribal dances. Very prominent in the group were Cha Cha Marsh and Blind Lenny, who is still searching for his glasses. The Regiment's only insurance salesman, Dale Southrup, has been sent away to learn how to fly in cloud. We hope he makes it; the frequency on alert is getting tedious.

It has been rumored that Ron Little may get leave this year... however, God has not decided yet.

Fearless Freddie can be seen making silly putty slides to amuse the boys at ground school. The boys appreciate this, mind you, more than painting by numbers.

Nick! the Greek! Stoss, having passed a most extensive aptitude examination given by young B.W. MacLeod (who, by the way, is spending some time in BG this month), has been allowed to assume temporary control of the flight simulator. This control, however, is temporary, due to the

imminent return of Rapid-Shave Gillet.

Captain Krunch, alias John Kuzyk, is presently treading on thin ice. Not only is he at times rude to aircraft captains, but his flying suit is beginning to have an offensive odour. Much to the discomfort of the grimes. It is rumored that the great Kuz will probably be leaving us soon.

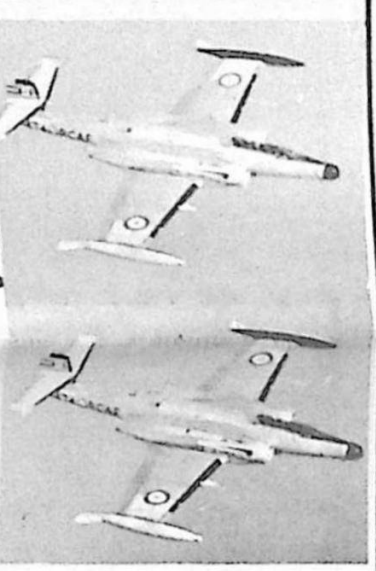
Rhetorical 'Elvis' Presley is just about to pitch up. He has left for the middle of the maritimes to become wedlocked to a girl. The squadron wishes Gerald and his new bride, Gibby, well.

Al Cooper stalked the Colonel of the Battalion into buying his yacht for the exorbitant sum of three francs and a bottle of white wine. The launching of the yacht would have been a great success had it not disappeared from view upon entering the water. Al is still chuckling over his bottle of wine.

Another American souvenir hunter, Capt. Bill Mason, has joined the all weather pursuit group. We wish to extend a warm welcome to Captain Bill and his family to Actionland(?)

Fred Williams, with a little more encouragement and practice, may break a hundred this summer. Maybe. Cheers, Beetle.

## CHAFF CHATTER



Summer leave has struck the Ravens' Roost, and the Elderly Warriors' broom-closet is even more smothered than usual. Every once in a while it is possible to scrape up someone to fly a trip, but this phenomenon seldom looks as if it might be habit-forming.

Ken Mitchell's Expo Express returned last week, and it only required a few hours work to pry his fingers off the steering wheel. He is looking forward to his return to work so that he can rest up from his holidays.

Bob Wheeler is back on the job for a few days prior to heading to Toronto to find out what flight safety is all about. After watching his circuits the other day, one can understand why he was selected to attend.

Vic Rushton is no longer interrupting his fishing schedule with a flying schedule. He has departed in his boat for the home of the really big salmon, and hopes to return with some of the biggest fish this side of a whaling station.

Shortly after this appears in print, Earl Crocker will be on

his way to Nova Scotia and university. Earl has completed his short-service commission and is leaving the service to become an engineer. Throughout his career, Earl did a really fine job, and the detachment, as well as the service, will be poorer for losing him. The best wishes of all who knew him will go with him.

John Sorfleet has been kept extra-busy lately, juggling crews and airplanes, as the crews have all been on leave, and the airplanes have all been u/s. Twice now he has ruined both weekends by flying on a Wednesday.

The aircrews are not the only ones feeling the pinch of the summer leave schedules. The groundcrew have been plagued with a shortage of men, and an overage of airplanes and yet have managed to restore the Clunks to a semblance of serviceability in time for take-off. Their performance under pretty grim conditions has been excellent.

Rumour of the Week: BC Lions are a football team. (Science fiction dep't)

## Fire Safety Hints

### FIRE SAFETY HINTS FOR BABY-SITTERS

#### To Baby-Sitters:

You are vested with a very great responsibility inasmuch as you are responsible for the SAFETY of the Children you are sitting with and the property of your employer. To aid you in this responsibility, we offer the following suggestions:

1. Be sure you are familiar with the house in which you are working.

2. Be sure you know the quickest route to evacuate the children from the house in case of emergency.

3. Ask your employer how to control the heating appliance in case this should be necessary.

4. If a fire should occur, wrap the children in blankets - do not take time to dress them - then remove them from the house.

Call the fire department - Your Fire Chief requests that you call the Fire Department as soon as possible by using the nearest fire alarm box or by telephoning from a neighbour's house - do not delay.

5. Always be sure to ask your employers where they may be reached in case of an emergency and contact them if necessary.

6. Stay with your charges - accidents might happen in your absence - the only time you should leave them is when an emergency arises and it is necessary to leave to call the Fire Department. In that case, the children will not be in the house.

7. Know the location of the nearest Fire Alarm Box and know how to use it.

IN CASE OF FIRE - SUSPICION OF FIRE OR SIGN OF SMOKE - REMOVE THE CHILDREN - SHOUT "FIRE" AND NOTIFY THE FIRE DEPARTMENT.



CPL. M. DUBE (r) shows F/L G Brown, 407 Squadron's repair officer, some of the complexities of the new maintenance system employed by the Whale-killers. The new system is designed to simplify life for everyone concerned, with the exception of Cpl. Dube. It is rumored that this is Maritime Command's answer to the USAF manual 66-1, the ultimate in maintenance systems.

## 407 Airman of the Month

With the inception of the new Planned Inspection Card System for 407 Sqn. Neptunes, many problems came up which had to be handled quickly and efficiently in addition to a thousand and one queries which severely tested everybody concerned.

The one man who underwent the severest test of all was Cpl Maurice Dube, the Repair Controller. From the time the clock was started in the morning until it was shut off at night he was under constant pressure issuing and receiving work packages,

maintaining his flow chart and answering or directing queries to supervisory personnel. At times he must have felt like giving up in disgust.

It was only through Cpl Dube's fine sense of humour plus his loyalty and self determination to carry on in the face of all the difficulties thereby allowing Repair Sqn to successfully complete the first inspection under the new system. To Cpl Dube from 407 Sqn. Repair personnel goes our thanks for doing a job well.

## ANNOUNCEMENT

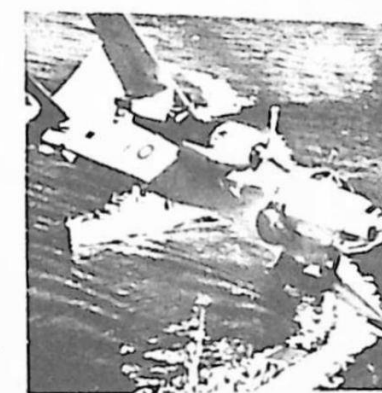
BY LEO CADIEUX

Dean Maxwell Cohen, Q.C., Montreal, has been appointed commissioner to "inquire into and report upon the reasons for the evidence supporting or otherwise the decision that the teaching appointment of Arthur David Price at the College Militaire Royal de Saint-Jean not be renewed for a period subsequent to May, 1967."

Dean Cohen, who is MacDonald professor of law and Dean of the faculty of law at McGill University,

has been appointed a Commissioner under Part II of the Inquiries Act, to conduct this inquiry.

The recommendation to the Governor in Council to establish this inquiry and the appointment of Dean Cohen are the result of my assurance given in the House of Commons on July 6. The Government is anxious to assure all concerned that justice shall be done in this case and accordingly we have taken this step.



## Demon Doins

The regular correspondent, Rapid Robert Lemm has gone on leave and once again the Times staff is attempting to take this whole thing through. Lemm, that advertising and P.R. wizard of the west coast is not the only squadron member to go over the hill for a spot of leave in the last few days. He just happens to be the only one whose name we can remember.

The squadron said goodbye to F/O Russ Buglass last Friday evening. Russ has proven himself to be a genuine asset to the squadron, not only in his primary duties as a Navigator, but as Quarterback of the invincible Demon flag football team, center of the incomparable Demon hockey team, and goaltender of the peerless Demon soccer team. He will be sorely missed by all, except the University of Sask. Law school where he will hang his hat for the next three years.

Two other squadron stalwarts who have moved on and who will leave big holes in the lineup are F/L Vern Vouriot who goes to Training Command as a pilot instructor, and F/L Brent Marsh who moves down island to the Defense Research Establishment, Pacific, in Victoria.

Kombat Keir continues to send despatches from the south seas to friends and enemies alike. As

everyone knows Ken is basking on the beach with 10 sqn. RAAF for the next two years or so.

Doug McGill and Klaus Peter recently had a shot at the Times obituary column when the intrepid twosome set out, sailing manual in hand, to bring a newly acquired boat home from Vancouver. Somehow they arrived safely and have just this past Friday night entered into negotiations with a view to selling their story to the Totem Times. Once again Sgt. "Scotty" Lindsay has entered into mysterious preparations in the area of the squadron display. His trusted assistant, Cpl. Keith Hollingsworth has likewise reemerged, paint brush in hand. Spectators at the Abbotsford airshow will, it seems, have a chance to see the 407 display and undergo a bit of Scotty's relentless PROing.

On Monday of this week another overcast of Argus arrived from the other coast. The crew began deplaning at noon Monday and as we go to the press on Thursday have not completed that monumental exercise. When you are all out of the plane, we bid you welcome to Comox.

Emotional disturbances and mental illness are an important factor in the cause of 75 per cent of all accidents, costing an estimated \$300 million annually.

## Hospital Humbug

### NEW DESIGNATION

Before integration the Senior Medical Officer used to be termed SMO. From the exalted position of being "Senior" he was then reduced to the lowest level of "Base" and became Base Medical Officer or B.M.O. Objections were raised at this because of the similarity to bowel habits and he became BMedO. This week he has been redesignated Base Surgeon or B.Surg for short. Despite all this juggling with names and initials he remains the same guy, but instead of wearing a stethoscope as badge of office he will now be seen with a penknife attached to a lanyard around his neck. NAVY TO THE RESCUE

With the cadets from HMCS Quadra taxing the diagnostic powers of the Hospital Staff with their childhood diseases, the timely return from course and leave of Surg/Lieut. Peter Seland, enabled us to cope with the particular peculiarities encountered in the Navy. His sea-going experience, totally gained in Bennett's Navy between Vancouver and Nanaimo, proved invaluable. Whereas our Air Force Medics had been furtively flitting about the place with large textbooks and whispering together in the coffee-room and other secluded spots, it was Peter Seland who came up with "Scheuermann's Disease" as a likely diagnosis. This stroke of genius served to make his colleagues search deeper into the smallest print of the larger books and there it was - a subject not worthy of inclusion in the medical students' curriculum - and we had two cases in the ward. But that was not the end of Doc Bob Thatcher's worries.

At this same time there were two officer cadets in the wards, both stoutly refusing to respond to current therapy. CONTROL OF KIDS IN AIRCRAFT

A novel method of controlling the exuberance of children in aircraft was devised by Sgt.

Al Gray on his return from Prince George. By gaining the pilot's cooperation, it was easy to have the "Fasten Seat Belts" sign put on, while leaving the "No Smoking" sign off for the benefit of the harassed parents. SUBTERFUGE

By the secretive behaviour of one of our medics on Friday 28th July, it was assumed that he was either taking up obstetrics or was about to perform some illegal operation. He was seen taking a black bag from the Crash Ward and filling it with an assortment of syringes and other gadgets. When he failed to show up in the hospital for the rest of the day, the worst was feared. However, rumour has it, that an unidentified but very English doctor was seen cavorting in the Totem Inn about that time. S/L Ken Brown and his very merry mushroom men were there too.

### FUND RAISING FUN

Congratulations to Cpl. Brian Turner, President of the Comox-Courtenay Centennial Softball League, for his noble efforts in raising \$120 for the Retarded Children at Beaufort School. It would appear though, that the pre-fers reporting for the "Comox District Free Press" to the "Totem Times". He used to write this column. It would not be because the Editor gives him more space and freedom of expression to say how good he is at softball? GRADUATION

Nursing Sister Bonnie Buchanan graduated from the Hospital corridor to the parking lot behind BB79 - the while playing hide and seek with the M.P. - then ventured forth on her new hot-rod to the main road. Reaching the first traffic lights in Courtenay with the lights red and unable to stop, she could only turn right. To her dismay she found the Island Highway straight and narrow and could not find sufficient space to turn around until she reached the shopping plaza in Campbell River.

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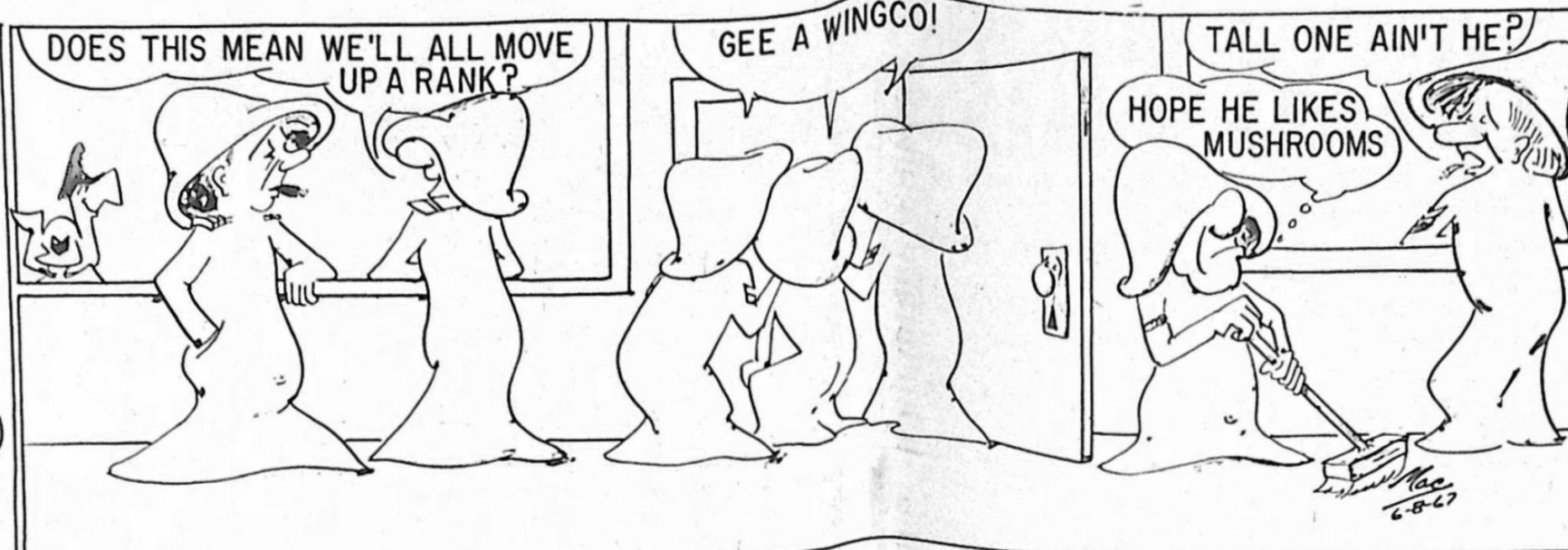
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# FUNGUS FEATURES

by Mac



## 121 Fungus Farewell Fete

by Seemore  
For once a 121 party came off as advertised. Dame Fortune smiled and the current search ended just before the big blast, so that all hands were able to attend. The last time 121 tried to hold a party it was postponed so many times that instead of having a spring fling they had a fall ball.

It was at 14:00 hrs., the 28th of July that the merry mushrooms gathered in the Totem Inn to say farewell to three members of the fungus fraternity; namely S/L Brown, the CO, and Cpl. Bob James, both of whom were retiring, and F/L Svendsen who is posted to the puzzled palace in Ottawa.

The farewell speeches were waived the three short skits were put on instead. The first was a tongue-in-cheek talk about F/L Svendsen's shortcomings by the Sqn. Orderly room's own Sgt. Barnett, who felt that the standard form of farewell talks should be given an overhaul anyway. While summing up his remarks, Sgt. Barnett noted that F/L Svendsen's car would be unlikely to survive the trip east, and that houses were as plentiful in the Ottawa area as 'De Gaulle for Prime Minister' buttons. He therefore presented him with a brand new car and a house on behalf of the orderly room staff. Unfortunately, he added that the staff coffee funds were not that well fixed so that they were only able to come up with enough loot for scale models. As a final

gesture, Sgt. Barnett was authorized to install F/L Svendsen in the marvellous order of the mushroom.

Next on the program was a review of Cpl. James's photo album, which featured 12 or 14 slightly retouched snapshots of Bob during his military career, with suitable comments made by Seemore. At the end of the review, Bob was made an honorary life member of the marvellous order of the mushroom. A pair of very rare hand-carved bookends were presented to Bob on behalf of good ol' Seemore, and a beautiful silver tray, to be suitably inscribed, was presented on behalf of the troops of 121. It is safe to say, that good ol' Bob will be missed by his many friends in 121.

The third skit of the afternoon was written by an anonymous author. For the benefit of those who were not there or those who were there but sitting too far back to hear what was going on I will describe in brief what it was all about. The scene was set in the N.B.C. studios in New York City, where the M.C. of the "This Is Your Life Show", played by Sgt. Art Collins, opened the show. After a brief resume of the Mystery guests is past, his identity was revealed and he was none other than S/L Brown played by S/L Brown. Who else?? The first person from S/L Brown past was F/L (retired) Stevens, played by Cpl. Don Burgess. Stevens was Brown's old instructor from the Tiger Moth days. He

described some of their adventures and disclosed he was in the aircraft wrecking business now that he was retired.

Next was Dr. Stewart, who played an ex-CFI who has devoted himself to saving lives after his brush with Brown's flying prowess. Dr. Stewart was followed by Cpl. Marv Gould, who with some coaching, gave a brilliant performance as Suds Bronski. Bronski is a chronic alcoholic who was driven to the Demon Rum when riding around Europe, at an altitude of 17 feet, as S/L Brown's bomb aimer.

Cpl. Papy Thies portrayed a Luftwaffe recruiting officer who used Browns picture as an inducement to "Join Now". Papy's German accent was superb. Hippy Riley was portrayed by that swinger, Doug Holcombe. Hippy is the TCA, executive who has fallen off of a bar stool in one of his many Clubs. Billy Oopkie was next to appear as an old Northern host of S/L Brown. Billy brought a pleasant surprise in the form of a young eskimo boy played by LAC "Tab" Hutchinson who comes on stage and says "Daddy, Daddy". I understand Hutchinson has been nominated for an Oscar for this role.

The last live character on stage was played by a new mushroom, Cpl. Bob Bezdick, who portrayed Cpl. Shifty Bivouac a character seldom seen but who exists everywhere. Shifty is the clerk in Postings and Careers who shuffles you hither and yon at the most in-

convenient times, and hides your records when you are due for promotion. Last on stage was a tape recording of Nursing Sister Bowden and the M.C. made the S/L really guess who it was this time. He did very well too. We only had to play the reel twice. Unfortunately Sister Bowden couldn't be there in person but she sent a five foot cutout picture of herself.

After the skit, S/L Brown was made an Honorary Life member of the marvellous order of the mushroom. A pair of the very rare hand-carved bookends were presented to him along with a beautiful scale model of the Labrador chopper. The presentations initiated a spontaneous speech by the recipient in which he expressed his gratitude to all the 121ers that have served with him.

I suspect that Art Collins and his troop of players, who have been professing amateur status, have been hoodwinking the public and are in reality professional actors. There is a fugitive group of actors who have been hiding out in Canada since early June, known as the Sinal Repertory Players. My personal thanks to them all for an excellent performance.

After a pause for refreshments, Cpl. Don Burgess made the awards for the fishing Derby. Only 12 fish were turned in, which verifies the rumor that the "fishin' ain't what it used to be".

Following the derby presentations, the party separated into smaller groups for the rest of the evening and held informal discussions on such subjects as how to run this outfit better; integration; promotions; the lack of, and the old favorite "pay".

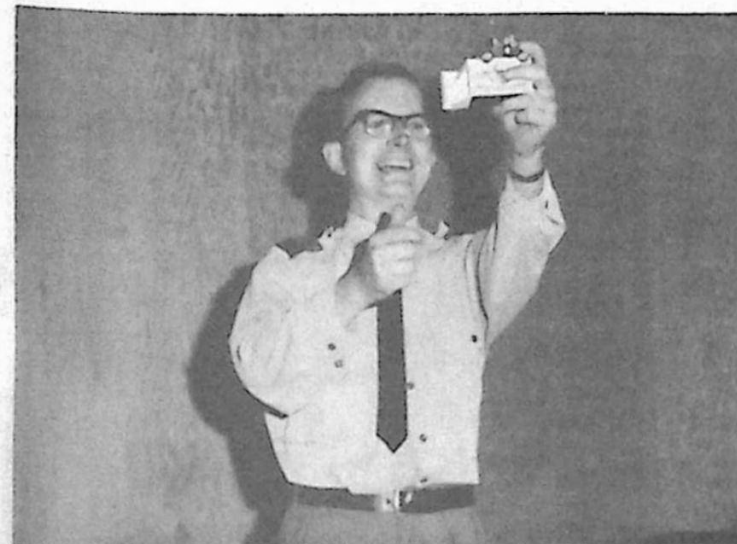
In summing up the party I think the committee can be congratulated for a spectacular success.

Anyone who would like to see more pictures of the bash should see LAC Bob Bruce of the Base Photo Section, who took these and other shots and could be induced to part with them.



S/L BROWN receives bookends as cast members Bob Bezdick and Marv Gould look on.

— Photo by Bob Bruce



F/L SVENDSEN admires his new transportation to Ottawa.

— Photo by Bob Bruce



ON THE EVENING of the 30 July, the Officers and wives of 121 KU held a farewell dinner for S/L and Mrs. KW Brown. During the evening a gift of luggage was presented to S/L and Mrs. Brown by the Officers of the unit.



"DADDY, DADDY" cries LAC "Tab" Hutchinson as he plays the part of S/L Brown's long forgotten Son from the North.



CPL. BOB JAMES is invested as an Honorary Life Member of the Marvellous Order of the Mushroom by Cpl. Mac McCaffrey.

— RCAF Photo

### Four OFF on annual exercise

Sennelager, Germany - One of the mainstays that keeps Canada's NATO Brigade mobile and operational is No. 4 Ordnance Field Park, Royal Canadian Ordnance Corps. The Brigade is, at present, on three weeks annual training here.

The unit commanded by Major Vic Tweedy, Toronto, Ont., has 77 officers and men. They are responsible for providing all the mechanical stores and spare parts needed to keep the brigade's equipment operational. With the array of weapons and highly technical equipment the brigade has today this is a complex task.

It includes not only spares for trucks and tanks, but also for surface-to-surface missiles, aeroplanes, helicopters, radar and communication equipment. With the many different parts to be held and the limited storage space available an effective stock control system is maintained.



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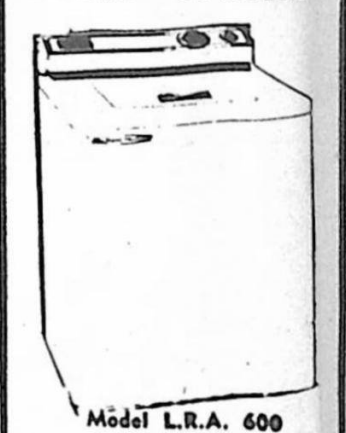
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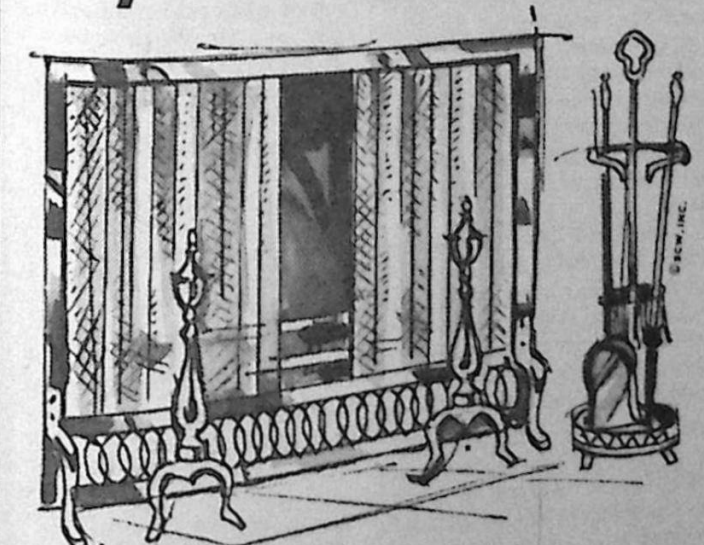
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## A Look Back . . .

Almost one year ago, the Department unveiled its long-awaited trades and pay package for the Canadian Armed Forces. The package described the trade structure of the unified force, and set forth the rates of pay which would apply to the various levels of that structure.

Neither the trade structure nor the pay scale was easily arrived at. Teams of experts from all three services had worked for several years to build an equitable structure which would apply equally to those serving in the existing three forces. As never before, opinion from the field was solicited and considered as the experts sought a truly satisfactory answer to the personnel problems which were then plaguing the Canadian forces.

And the problems were very real. From all sides one heard the cry, "I've had it. I'm getting out." Almost all trades suffered from a shortage as long-time servicemen, discouraged by low salaries, non-existent promotion policies and many, many other factors simply chucked their careers and succumbed to the lure of the high hourly rates on civvy street.

Then came the fateful first of October, and for most servicemen, their first look at the new shape of the Canadian armed forces. For most of them, it meant change. Great changes, in fact. Gone was the confusing tangle of allowances and credits which prevented a serviceman from ever being entirely sure of what he was making. Gone too was the quaint practice of paying a single airman somewhat less than his married comrade. In fact, gone were many archaic hangovers from the nineteenth or earlier centuries.

The trade structure also received considerable trimming. The three hundred and some trades which had existed within the Canadian forces were reduced to just under one hundred. A finance clerk, it was discovered, could do his clerking just as well as CFB Comox as he could at CFB Petawawa, particularly since the same regulations now applied to all three services.

The concept of the "career serviceman" was another thing to emerge from Octoberfest. Under this concept, all airmen who had been recommended for promotion to corporal upon completion of their first engagement (in the service, not in their love life) would be so promoted, a move that was greeted with joy by about 5 million CD-bearing LACs, the manufacturers of corporals hooks, corporals clubs, membership committees, and with some disdain by those who were already corporals.

Further improvements have taken place since then. TD rates and moving grants have been adjusted upward, and it is planned to raise other travel allowances in the near future.

It would be easy to say that the steps taken to date have solved all the problems. It would not, however, be true. A great deal of dissatisfaction has been dispelled by the actions of October 1, and later improvements. The release rate is not as bad as it was, and those who are staying in are happier about doing so.

Just as it would be untrue to say that October 1 had solved all the problems, so it would be equally untrue to deny that it was not a gigantic step forward. Policies and practices which had remained unchanged for generations were suddenly swept away, and the personnel practices of the Canadian forces were propelled into the twentieth century. It was obvious that someone did care about what happened to the average serviceman, and that he wasn't just a number to be fed into a computer and electronically shipped all over the world.

It was this realization perhaps more than anything else (although the money was nice, please note), that checked the release rate, and improved morale. The fact that he was asked for his opinions, and the fact that those opinions were taken into account in determining the answers to the problems, meant as much to the serviceman, as the money. (Note to planning staffs: This doesn't mean that the Canadian serviceman is allergic to money.)

The policies which were introduced last October have been in effect for almost one year now, and it is obvious that they have been successful. They do not provide all the answers, but they do provide a fine base from which a lot more answers can be found. And the servicemen will stay happier during the search for the other answers because of them.

## . . . And a Look Ahead

The Canadian forces are undergoing unprecedented change. Shortly, the existing three services will merge into one big happy blob, and servicemen whose association has heretofore been exclusively with the air force, could well find themselves working in the midst of an army camp. For those joined a particular service because they liked blue suits, or disliked large bodies of water, it will all be a bit bewildering.

Most servicemen are looking forward with great interest to the adoption of a common promotion policy throughout the unified service. Promotions now are still governed by the vacancies existing in the rank structures of the existing services, i.e., promotions to RCAF airmen and NCOs are awarded on the basis of the vacancies existing with the RCAF establishment.

But this will soon change. And every serviceman shares with every other serviceman the suspicion that his particular trade or his particular service will be diddled in the process. It is not difficult to find airmen who just know that the army is sucking up all the promotions for the next ten years. It is just as easy to find a soldier who heard it from an unimpeachable source that the air force has the inside track for promotions. Most sailors feel that unification is a plot thought up by the army and air force to enable them to grab all the navy promotions.

The development of a common promotion policy is perhaps the knottiest problem to face personnel staffs in some years, and it is a problem which is receiving a great deal of attention. It cannot, to quote a letter from the Director General Posting and Careers at CFHQ, be resolved overnight.

Inequities which existed in the promotion policies of the three services have come to light, and it will be some time before these inequities can be removed. (See Commodore Boyle's letter on another page of this issue.) However, every effort is being made to equalize promotion opportunities in the unified service and eventually the problem should disappear, ironed out by the development of a common promotion policy and the passage of time.

But this will not complete the process of improvement for those who choose to make the Canadian forces their career. As the cost of living increases, so will the services pay have to increase. As unions negotiate for their members such things as company-paid pension plans, so will the services have to follow suit. The worst thing that could happen to the Canadian services would be to have the services stand back and look at all the changes which have taken place recently, and say, "There, it's all done."

Happily enough, there is every indication that this attitude is dead. Almost daily, servicemen are reminded that the effort to improve working conditions continues; that the services are making every effort to attract and hold good people.

It is this, more than anything else that will provide the firm foundation on which to build the new unified force that will one day be the model for the rest of the world.

# TOTEM TIMES

Published on alternate Thursdays with the kind permission of G/C KC Lett, Base Commander, CFB Comox

Printed in Courtenay by Comox District Free Press

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The TOTEM TIMES is an official publication of CFB Comox.

The editor reserves the right to edit copy to suit the needs of the publication. Views expressed are those of the individual contributor unless expressly attributed to the DND, RCAF or other agencies.

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## Well Done, Sir!

For those in the service one of the most rewarding aspects of Canada's response to Charles De Gaulle's recent diplomatic

fiasco was the firm stand taken by General Allard. In a democracy senior military officers are seldom allowed to make outstanding statements or take strong stands on national or international issues, and rightly so, but this is one time when decisiveness could do nothing but good, especially for morale. Following De Gaulle's provocative speeches General Allard quickly cancelled out of a dinner he was to attend in honour of Le Grand Charles, sending AVM Reyno in his place, and withdrew the Van Dooos from honour guard ceremonies for De Gaulle, sending instead the Canadian Guards. The substitution of the Guards was especially telling, since The Royal 22eme Regiment is the only French speaking unit in the Canadian Army, and indeed considered General Allard "their own". He is their Honorary Colonel.

General Allard is acquainted with a number of officers in the French high command, and understands the functioning and attitudes of the French military one of which is anti-Gaulism. For an ex-soldier De Gaulle has been very demanding of his army, expecting not only obedience but also political loyalty. Pay is substandard, and the French army suffered terribly in the murderous Algerian campaign, which De Gaulle carried to the last. General Allard's cognizance of this makes his reactions all the more significant and symbolic. De Gaulle has turned from influential, pragmatic advising to hypocritical righteousness, and deserved his rebuke from the Canadian armed forces. Such resolution in the face of divisive influences can not help but unite Canadians, and when the firmness comes from the CDS, it is the Canadian Forces that benefit.

## Hell Hath No Fury . . .

One of the Totem Times' countless regional jibes has at last drawn blood. It was one of the more innocuous things to come out of this office at that, and yet a passing reference to "uncivilized" Cape Breton has touched off one of the more interesting chain of events of the Totem Times year.

Every Cape Bretoner who has a relative stationed at CFB Comox has been dashing off an indignant letter demanding the head, or at least the tongue and typing fingers of the ignoramus who was responsible for calling Cape Breton uncivilized. On another part of this page is a letter from a lady whom, we hope, has no relatives at Comox, but who

is bound to put us benighted types straight.

The Totem Times extends its best wishes to a rare display of folksy regional pride and is truly sorry if anyone blew a genuine blood vessel. At the same time, the editors see no reason why the paper should print an apology to the people of Cape Breton, an idea that runs through most of the letters we have received from that part of the country. If we are to start printing apologies to different regions of Canada that have fallen victim to our good natured attacks then Cape Breton must wait its turn behind several others, chiefly Saskatchewan. That Jolly Giant of the prairies has been

abused and maligned time and again in these pages and not a single complaint have we gotten. Cape Breton has never had us attribute to her such names as Prickly Pear, Gopher Muscle Moose Jaw, etc.

It might be said that it is not the place of a service newspaper to poke fun at the various regions of our country. We feel that a paper should entertain, and for better or for worse our notion of entertainment includes this type of nonsense. The fact that our staff includes representatives of Saskatchewan and Cape Breton Island does not in the least bridge our enthusiasm for such activity.

Laugh and the world laughs with you, cry and the Totem Times will write and editorial about YOU.

## In whitest Africa

A most significant task being performed by the Canadian Forces is that being done by the military assistance teams in Tanzania and Ghana. Even if our contribution is a relatively token one, it is important, as we are continually reminded in the Sentinel. However, this magazine glosses over the economic, social, and political value of Canada's undertaking. A glance at the Sentinel shows Canada with 50 RCAF personnel in Tanzania working from scratch to establish the air wing of the Tanzanian People's Defence Force. Starting with four Caribou and eight Otter aircraft given by Canada, the air wing will have transport, logistic support, communications, and rescue functions. The training of 32 pilots and 150 technicians in Canada is more than half completed. In addition 30 Canadian soldiers are assisting with the establishment of a military academy, and with the training of Tanzanian army technicians.

Although the African's Cultural roots, like those of all of us, run deep, the course being taken by Tanzania, Nigeria and Ghana and other autonomous, black-ruled nations is the only one enlightened persons can approve. That Canada is selflessly playing a part in this development should be a source of pride. The shallowness of the African's absorption of western ways is continually being demonstrated by political instability, and many use this upheaval as a reason for denying Africans the political power they have a right to. A gradual granting of self-government would seem a solution, but a supremely powerful and wise colonial government would be needed. At present there appear to be only two alternatives, African autonomy and white supremacy. Those with an optimistic hopeful view of human nature see education, foreign aid, and the passage of time as the ingredients in a country which is not to be a liability in the international community. Tanzania, a federation of Tanganyika, Zanzibar, and Pemba, is doing fine so far, although Peking-style communists do have some influence in Dar Es Salaam, the capital.

Down the other road lie Rhodesia and South Africa, countries of the white European. Rhodesia and South Africa, countries of the white European, Rhodesia, like Tanzania, is a federation of three colonies, but there the similarity ends. Southern Rhodesia, the guiding light, aggressively absorbed copper rich Northern Rhodesia and Nyasaland, which otherwise would have followed the natural course of transition to native rule, especially in view of their very small white minorities. The copper was viewed as a necessary offset to the predominantly agricultural south. The legislation brought about the federation was a masterpiece of political chicanery, designed to suppress the natives and keep them in ignorance, poverty and bondage. The effects on the native are appallingly universal. Land starved, pressured into labour contracts tantamount to slavery, segregated, jailed, and kept in illiteracy, they are certainly not fit to rule, as their white masters constantly remind the rest of the world. In order to systematically and effectively subdue the Africans, certain legal precepts so fundamental to British law that they are not written have been challenged by South Rhodesia. These are: no man shall be punished without the right to trial, the law shall treat all offenders equally without regard to their person, no free man shall be compelled to perform private service against his will, and no man shall be judge in his own cause. The time honoured concepts have been perverted by men who still call themselves "British". There is no such thing as justice for some, and so there is justice for none - white Rhodesians are treated quite leniently. While the poor blacks are very

shabbily treated, effects on the whites are seen too. Rather than material, these manifestations are spiritual, almost soul destroying. The European settler is a grim faced fighter, driven more by emotion and prejudice than by reason. To the manner born, his descendants live in a vacuum divorced from the mainstream of western society, and accept the native servitude as their due. The blacks are looked down upon and blamed for all the social evils besetting the whites. Even the most worthless white has somebody to despise, and this they find convenient. As a result a deep resistance to change manifests itself. Rhodesians, vaguely aware of their moral guilt, are very defensive. No reasonable discussion is possible on the subject of interracial relations. All things new and different are regarded with suspicion. Anything that might upset the precarious balance is taboo. Thus the normal creative processes, including a free press are severely curtailed. The culture of the white Rhodesian turns into a hollow caricature of that of the European - a society economically, culturally, and legislatively built on the repression of another race. A merry-go-round to hell! And it can't go on forever. The African who said, "The days of the white rule are numbered. The time for the blacked and killing of those people who do not support the white is near." May be crying in wilderness but how long will he remain unheard? Not long say

is much the better idea to spend \$15 million in Tanzania and a much greater amount over a longer time and saved over in thousands of lives as we are doing in the Congo. The Belgians left the Congo when the Africans there were not much more advanced than those in Rhodesia are now, and a political vacuum existed; no group competent to rule existed to step

## CARS Need Support

"In arthritis the patient plays the principal role," according to Dr. Harold Robinson, Medical Director of the B.C. Division of C.A.R.S. He emphasized that, "Early diagnosis is possible in direct ratio to the family doctor's capacity to detect early signs and symptoms. Of course, unless the patient goes to his doctor, early diagnosis just can't be made."

According to The Canadian Arthritis and Rheumatism Society, for physiotherapy and other services. "The assistance of specialists, and of specialized institutions, may be regarded as reinforcements to be called upon whenever needed," Dr. Robinson pointed out.

Long term illness requires a wide range of facilities and services. A major part of C.A.R.S. program is to co-operate with and stimulate other community agencies to help bring these services into being.

"So that the best use will be made of the diagnostic and treatment services available," said Dr. Robinson, "it is essential that the Society continue to supply new and authoritative information, both to the medical profession and the public."

The Canadian Arthritis Society undertakes the distribution of professional bulletins, co-operates in the arrangements for scientific meetings and refresher courses and participates in professional meetings. At a recent conference on rheumatic diseases and research. They were: Dr. Harold Robinson, C.A.R.S. Medical Director; Dr. Robert Hill, Director of the B.C. Children's Program; Dr. Denys Ford, Research Director and Dr. J.P. Gorton, C.A.R.S. Research Associate.

The Society's Public Information Program continues a flow of messages to the public acquainting them with the facts. Despite this, there are still many people who suffer from arthritis and treatment could prevent disability in these people and save many hours of pain. The Canadian Arthritis Society, 645 West Broadway, Vancouver 9, provides information upon request.

The lowest paid policeman in any Municipality in the greater Vancouver area, is approximately \$25.00 per month, this was the wage scale in 1966, and at that time they were asking for a 15 per cent wage increase. (which was granted).

Another example is the Federal Police Force, the RCMP, who were granted a wage increase on the 1 Jan. 67, that when a man became a first class constable, which under normal conditions, takes approximately five years, his pay annually is \$6970. A difference of \$1534. per year to that of a payfield 3 corporal.

In comparison in the writers' case, and I can assume, in a lot of other cases such as mine, my monthly wage (now that we have been placed in the lowest payfield possible, when once we were a group 4 trade), is \$453.00 less deductions. In my case I have 26 years Police experience, both Civilian and Military, but apparently experience means little or nothing at all to the "experts" who had the "task" of placing the different trades in the payfields in which they ended up.

It would be enlightening, to the Military Policemen, if the "experts" would issue an informative directive, advising the Military Policemen, how it was arrived at, to place them in the lowest payfield that exists, when it is a known fact, that the Military Policeman to coin a phrase "Is a necessary evil".

Now we come to the amount of hours worked by the Military Policeman.

(a) The shift worker Military Policeman works 72 hours in an 8 day period.

(b) He is required to be on standby duties every other week for another 72 hours and is not permitted to leave the area, unless he has a "stand to".

(c) He is required to be properly dressed in all cases, whether it means being on Post, or otherwise.

(d) The MP on shift duty, enjoys NO Statutory holidays (as do persons in the other trades), nor does he get any Base stand-downs.

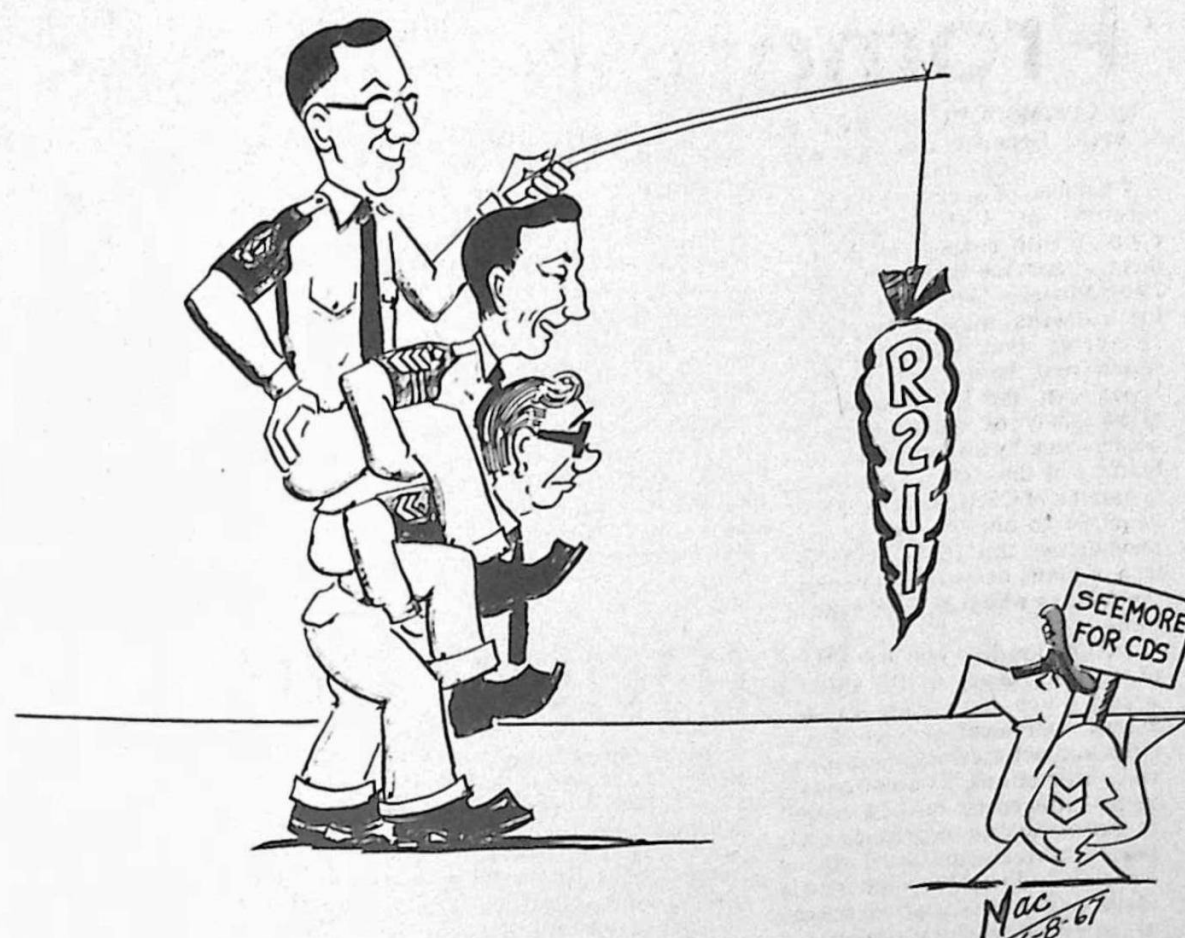
(e) Once he reports for duty, he is not permitted to leave his place of duty, unless he has been properly relieved by other personnel.

(f) He is required to be very efficient in the handling of all types of small arms, including the 9mm pistol, the C1 and the Sten sub machine gun and is required to fire all three each and every month of the year, as well as being armed with same, while on duty.

If the pay of a Senior Corporal was calculated for the number of hours he is required to work and be on standby duties, his hourly wage would be in the vicinity of approximately \$1.65 per hour.

The requirements of a Military Policeman are as follows. He must be first of all, a Policeman, Judge, Magistrate, representative of the Canadian People, The Prime Minister, and the Base Commander. His judgement must be above reproach and unquestionable, yet the Service feels that he can be replaced in the drop of a hat, and then place him in the lowest payfield existing.

SECURITY - All the training the pilot, the maintenance and electronic men receive (at great expense to the public), isn't worth one penny, if the Aircraft and/or



## Letters to the Editor Dep't Payfields and Working Conditions

Dear Sir:

I would like you to print my letter in your very informative and well read paper, in order that my feelings about the new payfields may be brought to the attention of persons in authority. In order that the injustice done to the Military Police Trade by the "experts" may be rectified.

When the new pay structure was in the process of being formulated, we were told that the different trades would be placed in payfields that would be on a par with their counterparts on "Civvy Street". This was true as far as all trades, outside of the Military Police Trade was concerned. Unless of course, the "Experts" compared the Military Police with the British Bobby.

The lowest paid policeman in any Municipality in the greater Vancouver area, is approximately \$25.00 per month, this was the wage scale in 1966, and at that time they were asking for a 15 per cent wage increase. (which was granted).

Another example is the Federal Police Force, the RCMP, who were granted a wage increase on the 1 Jan. 67, that when a man became a first class constable, which under normal conditions, takes approximately five years, his pay annually is \$6970. A difference of \$1534. per year to that of a payfield 3 corporal.

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(f) He is required to be very efficient in the handling of all types of small arms, including the 9mm pistol, the C1 and the Sten sub machine gun and is required to fire all three each and every month of the year, as well as being armed with same, while on duty.

If the pay of a Senior Corporal was calculated for the number of hours he is required to work and be on standby duties, his hourly wage would be in the vicinity of approximately \$1.65 per hour.

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the Nuclear Weapon is not ready for immediate use, due to sabotage.

The Military Policeman is the first line of defence, the first person subject to ridicule and hostile attack, and above all, the sole person who has been entrusted with the responsibility of guarding a CFB Installation, whether they be Nuclear, or otherwise. Maybe this important phase (just to mention one) of the Military Policemen's duties was overlooked by the persons organizing the new pay structure, for submission to the Defence Department.

The Military Policeman must always make snap decisions during ALL emergencies, and if he makes the wrong one, he and he alone is the one to suffer the penalty. What other career field in Canada's Armed Forces demands this responsibility from its personnel???? NONE. And what other field requires its NCO's to uphold Officers' standings, as well as being a Judge, Magistrate and Policeman, all in one?

To end my "missile", (sic) I would like to emphasize what I have stated earlier in my letter, and that is that the Military Policeman, in my mind has suffered a great injustice and the time is long past due, when this injustice should be rectified before too many of the fully trained (Nuclear included) and experienced Policemen leave the Service for better paying positions with Civilian Police Departments throughout Canada, all of whom receive far better remuneration than does the Military Policeman in the Armed Forces.

Thanking you Mr. Editor, for the most valuable space and thanking you for printing my letter and my feelings, in the cause of the Military Policeman.

P.S. The phrase "A Policeman's Lot is not a happy one" certainly is true in this case.

I remain, Yours sincerely, and dis- Yours sincerely, A once proud, but underpaid and disanimated Military Policeman.

I have travelled from east to west (New England to Washington) on one of the large jets and spent several winters in Seattle. I was quite indignant when I heard remarks about the B.C. "bush people" that couldn't speak the king's English. After all I am a "true Canadian" and do not call people uncivilized that I have never seen or heard.

I know all about Comox too. A little town where people didn't do much of anything until your base came along and property went up which is happening in this small town.

We have one heavy water plant on the island and another one under construction in my town, also the largest B.A. oil refinery in Canada. Pulp mill (Swedish and Scott paper Co.)

I am proud to be a Cape Bretoner. My ancestors came from North Caledonia during the Revolutionary war and were Empire Loyalists (there is history again in case you don't know)

My father was a Master Mariner and sailed to South America and West Indies, etc.

But he was just a little person compared to all the Ministers. (Angus MacQueen, moderator of the United Church for some time, born in Sydney C.B. Many priests, bushops and M.P.s etc.

Have you ever heard of the late Murdoch MacPherson of B.C. born in a little village and educated not far from our town, who was head of the Rand commission? Health minister Allan MacEachern lives a short distance away from us. Surely these people are not uncivilized. It is silly to be indignant over anyone being so ignorant as the reporter for your paper is.

Sheila Davies, Port Hawkesbury, Nova Scotia Box 474

Ed. Note: We have several ignorant reporters on our staff. And just wait until the people of Comox see that little bit you wrote about THEIR town.

HIGH TIDE A storm tide following a hurricane drowned 2,500 persons at Santa Cruz del Sur, Cuba, in 1932 says World Book Encyclopedia.



# Promotion Policies

by COMMODORE D.S. BOYLE  
Director General Postings and  
Careers

A number of queries have been received at CFHQ expressing concern with respect to the effects of service integration upon Promotions - Men. The following remarks may be helpful in answering the many questions which are being asked. It is hoped that the information will allow many of the answers to be provided by Command and Unit Staffs and thus stem the flow of questions of CFHQ where the time required to answer questions is prejudicing the timely completion of plans essential to remove the factors which cause the questions.

Integration has had the effect of exposing many of the differences which have long existed among individual service practices and policies affecting other rank promotions. In some cases, these differences have operated in such a way as to produce what some servicemen regard as inequities. Probably the single issue of greatest concern arises as a result of comparisons of number of existing RCN, CAC and RCAF promotions within integrated trades.

Monthly promotion quotas for all services are currently determined by the same procedure. Current service strengths are compared with the rank ceiling for that service and promotions are authorized in numbers sufficient to return the strength to the service ceiling. The ceilings themselves are based on the single service establishment rank structures which existed in 1964, appropriately and equitably adjusted to reflect reductions which have occurred. Differences between the size of the monthly promotion lists for the three services are simply the differences in the number of vacancies caused by retirement or other wastage. Individuals who anticipate greater opportunity for advancement in the Unified Force are impatient for the introduction of a common promotion system. Other servicemen who may not have had equivalent opportunity for trades training or whose more rapid advancement in rank was the result of the retirement policy of their service, are concerned about the prospect of a sudden change in promotion practices.

It must be recognized that differences do exist in promotion opportunities between the services just as they exist between trades within each service. A common promotion system is being developed as rapidly as possible. There are four major steps which must be completed before a unified service promotion system for Men can be implemented. These steps are:

- Adoption of a common trades structure.
- Adoption of a common promotion policy.
- Implementation of a common personnel performance evaluation system; and
- Identification of environmental requirements by rank and trade.

The first two steps listed above have already been completed. It is particularly significant to note that the new Men's Career Policy (CFAO 49-4) establishes essentially identical eligibility requirements for senior NCO promotions to be followed by all services. It should also be noted that an interim policy was required and has been provided.

Review of promotion statistics for 1966 reveals that promotions

to and within the NCO ranks in each of the services were more numerous to each rank than at anytime in the previous five years. This favorable trend in promotion is largely the result of larger numbers reaching their retirement age. Retirement releases will continue to be heavy during 1967, ensuring a favorable number of promotions.

At the present time it should be clear that the three services have, and have had, three separate and distinct systems of performance evaluation. This, of itself, prevents valid competitive assessment for promotion on an integrated basis. Step three which is the implementation of a common personnel performance evaluation system, is well under way and should be in use by Jan. 1, 1968. This form has been prepared for the purpose of permitting valid comparisons to be made between servicemen by integrated promotion boards. Since this report is a new one and does involve significant departures from previous service practices, it would be premature to attempt to predict the date at which the first integrated promotion selection boards can be convened, although we are hopeful that the system will be sufficiently advanced to commence restricted operation in 1968.

Step four, which is the identification of environmental requirements by rank and trade will be achieved with the conversion of the remaining single service establishments to new establishments. Since the integrated establishments identify each position as land, sea, air or open, the establishment totals of each environment by rank and trade can be readily obtained. Job analysis is an important part of this process and the final distribution must await its outcome. Promotion quotas can then be allocated to ensure environmental requirements are met and that the remaining vacancies are equitably distributed without regard to environmental limitations. However, until the integrated establishment project is completed, there is no sound basis on which to factually change single service promotions.

From this discussion, it is obvious that the difficulties which exist cannot be resolved overnight. Therefore it is still necessary to continue to authorize promotions on the basis of rank vacancies within the RCN, CAC (R), and RCAF for sometime in the future. Each service is thereby assured of sufficient promotions to maintain their personnel inventories at a level consistent with commitments. Plans are being progressed to eliminate the barriers which now confine opportunities for advancement to those available within existing single-service rank structures. The goal of the Men's Promotion Policy is to achieve the greatest possible equality of promotion opportunity for all servicemen within each trade. When integrated establishments have been written to cover all manpower authorizations, it will be possible to assess the adjustments which will be necessary to achieve greater equalization of promotion opportunity. Further steps will follow. However, a realistic assessment of the present status of integration of the Forces indicates that a series of gradual and evolutionary adjustments rather than major changes should be pursued. This must be done to counteract the misinterpretation and subsequent criticism that increased pro-

motion opportunities given to one group have come at the cost of reduced opportunities for another group. Those planning the transition have the interest of all individuals under advisement and are endeavouring to plan an equitable system.

In summary then, it is evident and must be stressed that:

- Present criticisms stem largely from the increased visibility and obviousness of the fact that promotion opportunities do differ among the services.
- The difference in promotions which have become so apparent are not new developments but existed in the past.
- Equalization of opportunity for promotion within trades is the ultimate intention but cannot be achieved overnight, and
- The promotion situation generally within each service is much more favorable now than it has been for the past several years.

Finally, it must be stated that criticism must not obscure the fact that great strides have been made in our new personnel concepts. In fact, if it were not for these advances - most of the questions which are now asked, would not have arisen.

## Let's Dance

As the Totem Times' music critic I was privileged to have tickets to the ballet at the Queen Elizabeth Theatre in Vancouver a couple of Saturdays ago. Naturally I had hoped to see Rudolf Nureyev and Margot Fonteyn, the most widely known ballet duo, but as it turned out, missing them did not matter. In the Vancouver papers the Royal Ballet as an entity received quite a favourable review, but Rudy and Margot did not stand out as the stars they are purported to be. The absence of these two enabled the less experienced 'Balletmaines' to concentrate on the performance itself rather than gape at two of the performers with open-mouthed adulation. A great deal of Nureyev's fame has sprung from notoriety rather than artistic accomplishment, his recent shenanigans with the Hippies in San Francisco being a good example. His conduct during his last visit for the 1965 Vancouver Festival is still discussed by society matrons. Invited to two parties, Rudy didn't show at the first, and arriving outlandishly dressed at the second, proceeded to insult and ignore the other guests.

The ballet performed Saturday night was Tchaikovsky's "Sleeping Beauty." The uncomplicated lyrical music is set to the classic fairy tale of the sleeping princess awakened by Prince Charming's kiss. It is an ideal beginner's ballet, there being no complicated plot or philosophical exploration to draw attention from the sheer rhythm of the dancing, the sumptuousness of the sets, and the myriad of the dancers. To enjoy such a performance, the spectator needs to simply sit back and let the sights and sounds inundate the senses. The feeling of stage presence, the brilliance of the symphony, and the enchantment of the dance combined create a rapturous effect. Ballet is unlike any other form of entertainment, and one everybody should experience once.

## 121 KU News

During the month of July, 121 KU personnel and aircraft participated in fifteen airseas, two searches for light aircraft and one search for a marine vessel.

The fifteen medical evacuations, from such places as Kamloops, Sandspit, Holberg, Ocean Falls, Kimberly and Comox took a total of 52 hours and 55 minutes.

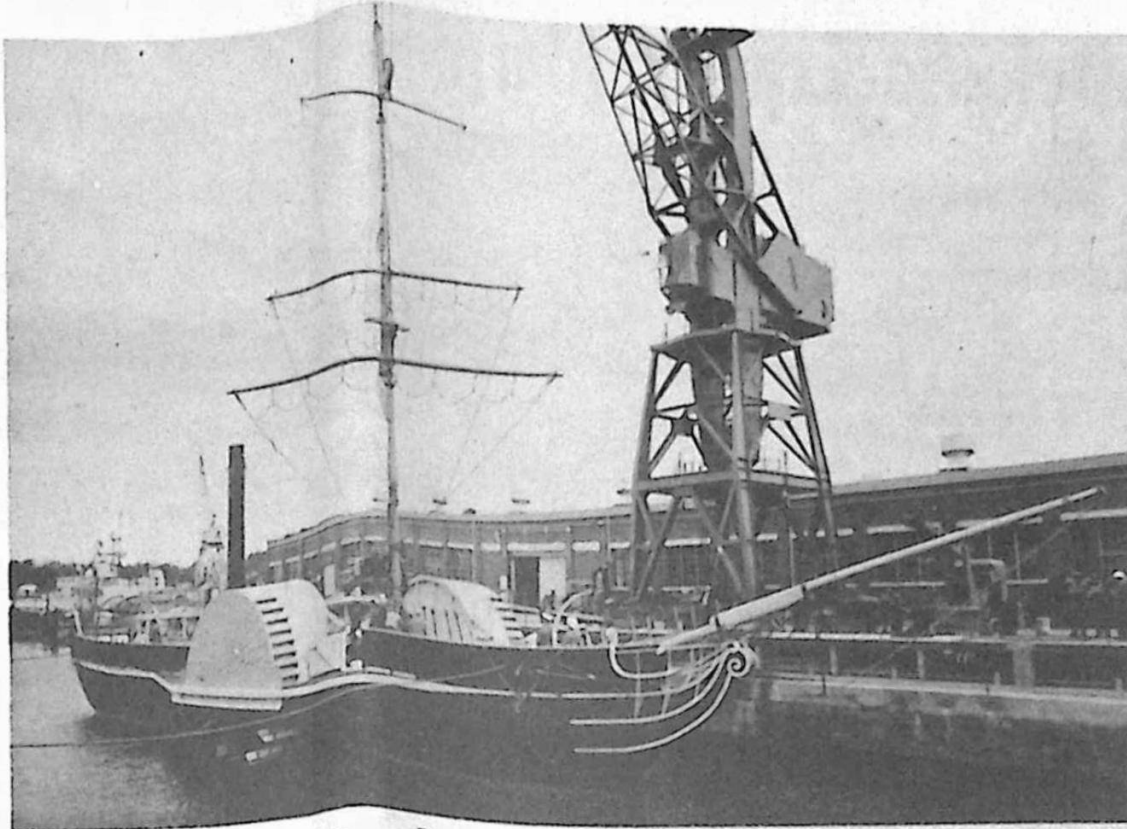
The two air searches accounted for the most flying time, with a total of 224 hours and forty minutes; while the marine search took a total of 6 hours and fifteen minutes to complete. The two air searches were in the Penitlen area while the marine search was off Victoria.

Rather than bore anyone with just what crews did participate in these operations; as it would be quite lengthy, I think it is sufficient to say that all the personnel of 121 KU were involved, particularly in the Penitlen searches for two light aircraft. It can be easily seen from the figures presented that the month of July was a very busy one for us at 121 KU, with everyone getting into the act.

A lifejacket on a child is a water wise precaution but it's not a substitute for parental supervision. Be water wise and supervise!

### BAD STORM

One of the most disastrous storms of recent years was Hurricane Flora, which in 1963 killed about 5,000 persons in Haiti and more than 1,000 in Cuba, and left about 750,000 persons homeless, according to World Book Encyclopedia.



An interesting piece of Canadian nautical history was brought doorstop recently when the SS Beaver tied up at the Comox wharf for a three day visit. Those who took time out to tour the authentic replica of the first steam vessel in the Pacific North west could not tell that they were not in fact on board the original ship, but were inspecting a reborn Beaver, which was converted from the 100 ft. naval ammunition lighter, YSF 216.

Parts and pieces for the conversion came from assorted places. The masts came from the Canadian Services College Royal Roads, and the trimming was done by Officer Cadets from HMCS Venture. The steering wheel - that ought to cause nautical apoplexy - from the original Beaver was recovered from the Maritime Museum of B.C. restored to as-new condition, and installed in the replica. A Victoria dentist offered a lantern which was used in the

original ship for many years.

Today's crew of six men is doing the work of the 26 carried by the original vessel, which says something about the feather-bedding tactics used long ago, and the success of integration in combatting them.

The original Beaver took part in the California gold rush of 1849, and the San Juan incident of 1858. It was wrecked on Siwash Rock, just off Vancouver's Stanley Park in 1888.

The replica has been touring B.C. ports for the past year, bringing history to the doorstep, or more accurately, wharf-side.



## "OOPS"

In the last edition clumsy proof reading on the part of the Times staff resulted in a hapless Bingo player being persecuted by insurance salesmen, freezer plants, and avaricious in-laws. Sgt. L. G. Robinson won not \$2500 gift three ways, but only the modest sum of \$25. Now that the error has been corrected the poor individual can unload his shaggy and proceed to work. Although the editorial policy of the Times has always been that Bingo is a game

for old ladies and hospital inhabitants, the paper has out of courtesy (and desperation for news) printed the winners. If this sort of thing keeps up, however, we are going to have to cease announcing the winners. Myself, I would not stoop to even buying a Bingo card, but my taste is not always that of the masses. However in a great outburst of self-sacrifice, the results shall continue to appear.

## Buglass Bugs Out

F/O Russ Buglass, expert on neatness in navigation with the Westcoast Whalekillers and genial factotum of the Totem Times sports department is leaving the Times, and RCAF to spend his time writing learned legal briefs in his impeccable handwriting, which should set the practice of law back about twenty centuries.

In his year or so on the paper, Russ has performed admirably. He has purchased several gallons of coffee for the editor, kept the office in a more-or-less tidy state, produced layout sheets so unintelligible that even he couldn't explain them off to the printers, and presented the best recreation section in history to the fascinated readers. He will be missed.

After a short three year stay in a Saskatchewan law school, Russ hopes to capture the world, or at least Canada. If his dedication to law is as great as his dedication to the sports pages, he should become one of the greatest prime ministers Saskatchewan has ever produced. All he has to do is learn to use a pen.

Best of luck.

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## PAINT IN

Spring cleaning is done in the summer around CFB Comox, and much needed it is. Most of the older buildings are looking much the better for it under a new coat of paint. The old steam plant has never looked so sprightly,

and no longer resembles an abandoned coal mine. The green and white is a most appealing colour combination, and certainly puts the brick dullness of the newer stations to shame. Be proud of our station; it's the only one we have.

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## "Black Mike" McEwan Dies

WWI FIGHTER ACE

WWII BOMBER GROUP COMMANDER

One of Canada's most colorful airmen, Air Vice-Marshal C. M. McEwan, 69, died last Sunday in Toronto. He was one of the original career officers of the RCAF.

Air Vice-Marshal McEwan, who was born at Griswold, Man., joined the Royal Flying Corps in 1917, and was posted to 28 Squadron in Italy, where he served until the armistice in 1918. During his stay on the Italian front he was credited with destroying 24 1/2 enemy aircraft.

After the war he became a member of the CAF, the short-lived predecessor of the RCAF, and in the summer of 1920 flew an HS2L flying boat from Ottawa to Lake Timiskaming on a difficult assignment for the Ontario Department of Agriculture. In those years, the CAF was mostly civil in nature and air operations were largely confined to forestry patrols, providing an invaluable service to the country.

Later on, in the RCAF, Air Vice-Marshal McEwan served as an instructor, and then as a commander at Camp Borden, Trenton, Toronto, Montreal and Halifax.

In 1942 he went overseas to help build 6 Bomber Group, and on February 29, 1944, he assumed command of the group. He often accompanied the crews on

raids over Germany until the AOC of Bomber Command, Air Chief Marshal Sir Arthur Harris put a stop to it. Harris was later to say of McEwan and 6 Group:

"I regard this officer's contribution to the efficiency and effect of the bomber offensive as invaluable. In ability as in personality he stood out amongst his fellows. He is a great commander and the value of his work was a major contribution towards the success that was achieved. I cannot speak too highly of him or of his share, and his Group's share, in the common effort."

He retired from the RCAF in 1946, but did not sever his connection with aviation. He served on the board of Air Canada, and acted as an adviser to several aircraft manufacturers.

He is survived by his wife, three daughters, and two granddaughters.

Although recruiting for the

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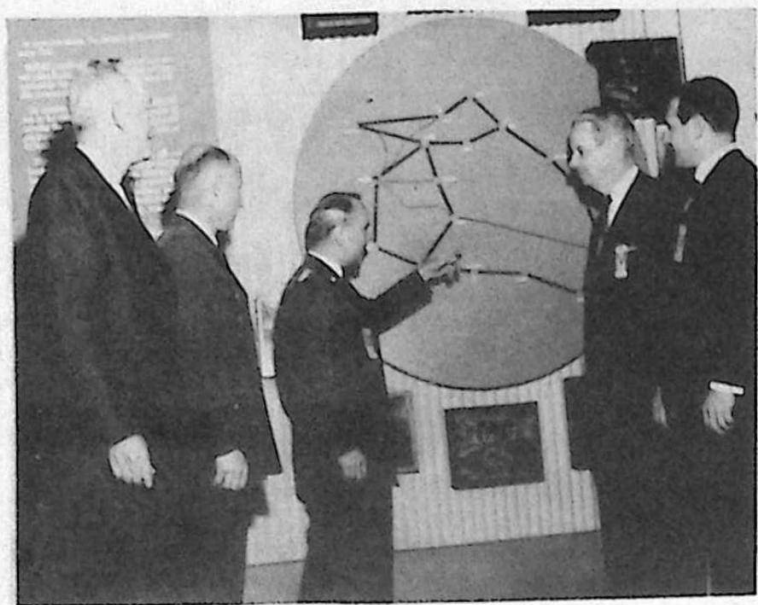
An Old Age Security application form may be obtained at your local Post Office, or by writing to the Regional Director of Old Age Security in the capital city of your province. With it you will receive a pamphlet giving full information about Old Age Security.

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ISSUED BY THE HON. ALLAN J. MacEACHEN, MINISTER  
THE DEPARTMENT OF NATIONAL HEALTH AND WELFARE





A SENIOR American Officer indicates an interesting feature of the new Canadian Forces Organization chart as Pentagon officials look on with interest. The star at the left of the graph represents Mobile Command, while tapering off to the right in decreasing order of seniority are Transport Command, the Postal Service, VU 33, the Gimli auto club, and Maritime Command. Due to space limitations the CFB Comox dry canteen is not shown, since it comes under Material Command, explaining why you can never find anything you want. The large letter "M" is worn by the two gents on the right signifies that they are members of the MacNamara fan club, an exclusive organization with 3,000,000 members.

— NNS Photo



"THIS IS THE PLACE if you're going to be seasick", says a member of one of NATO's navies to a member of another. As members of the new NATO multinational ship, these sailors are busy solving language problems. Known as a binnacle in English, this object in question is called a "Flugenbinnaklerspielen" in German, and a "MaMamialmogonahonka" in Italian. Other interesting objects on the bridge are the anchor, seen at the left. This is a novel arrangement, whereby the captain has direct control over the anchor. The thick cord of ropes crossing the top of the photo are for emergency furling of the sails. With one swish of his sword, the ship's captain can react in a tight situation. This obviates the necessity of shouting such nautical aphorisms as 'Avast on the poopdeck', and 'Splice the mainmast'. Sailing for the men of Germany and Italy brings back great moments in their naval history such as the sinking of the Graf Spee and the battle of the Gulf of Taranto and for sailors of France it recalls the triumphant arrival of Le Grand Charles at Quebec City.

— DND Photo

## — CLASSIFIED ADS. —

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1966 FORD Galaxie 500 convertible V8, auto, trans., P.S. and P.B., white walls, radio, tinted windshield, H.D. suspension. Ph. 339-2951.

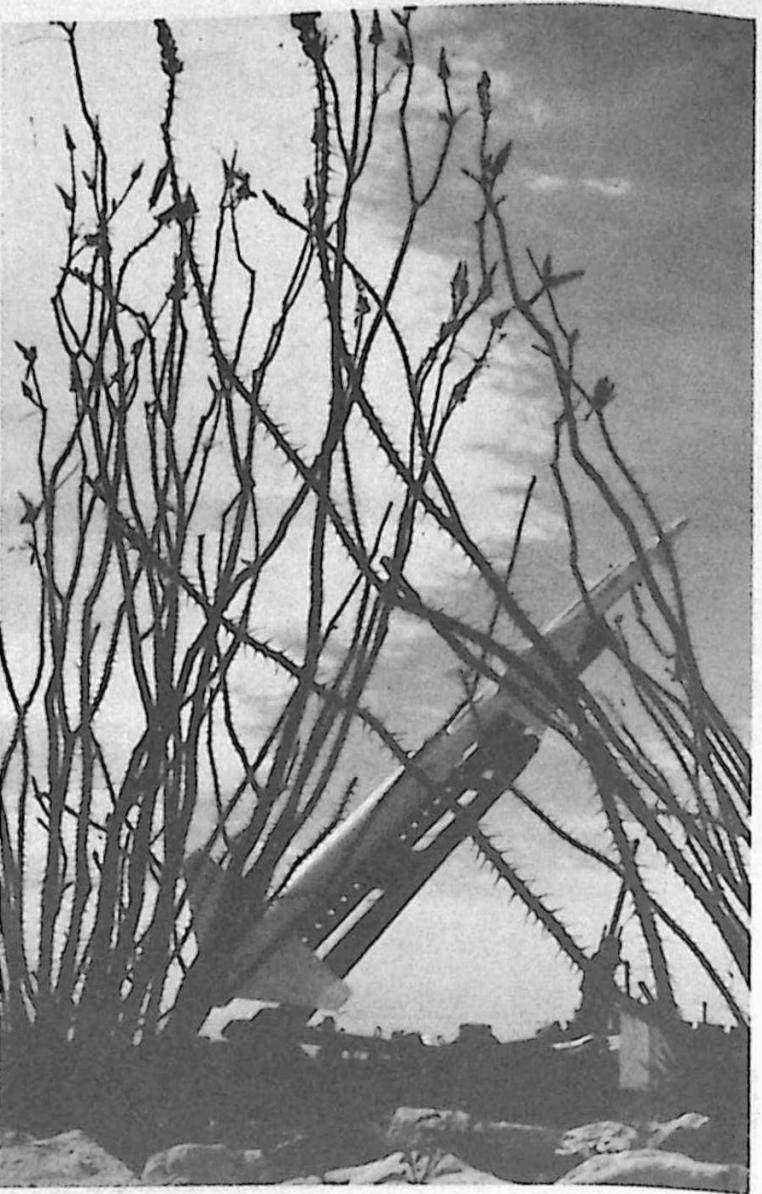
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## Defense Experts Alarmed



A joint statement issued this week from the pentagon and defence headquarters in Ottawa expressed concern over a steadily increasing loss of mighty AJAX anti-aircraft missiles to the normally carnivorous Venus Fly Trap.

During recent weeks the large plant, which as a rule feeds on flies and other small insects, has demonstrated a voracious appetite for the hapless missiles. Defense officials are apparently at a loss to explain the sudden switch in the plant's eating habits but are now painfully aware that the new diet not only sustains the plant but actually seems to induce a type of addiction. "The monsters cannot seem to get enough once they have picked up the habit", said one worried General to this reporter.

Meanwhile, Venus Fly Traps across the country continue to grow fat on millions of dollars worth of hardware in the allied arsenal. The problem has reached the critical stage according

to one authoritative source and the military and scientific communities are mobilizing to face the threat. In Canada, a Royal Commission has been formed to investigate the situation and is expected to table its report within the year.

According to one scientist involved in the problem, the Fly Trap, in addition to developing an addiction for the tasty missiles, tend to grow to an enormous size in a rather short period of time indicating that the hardware diet agrees with the damn thing.

The Totem Times military expert Verner Won Brawn, in the meantime, has submitted a confidential report to the authorities which we feel is worthy of being published in these pages. The gist of the report is a recommendation that the government wean the giant plants from their AJAX habits and train them on ICBMs. Won Brawn has been awarded 50 dollars by the Sentinel for his suggestion. Chacum a son gout.

## Mental Health

The country's main battlers against Canada's No. 1 health problem of mental illness — the Canadian Mental Health Association and its 200 local branches — have undertaken a special campaign this centennial year.

The campaign has two main broad objectives. The first is to persuade the Federal and Provincial Governments to allocate enough funds for the mental health services to establish new patterns of services along the lines proposed by a recent psychiatric study.

The other aim is to develop awareness of mental health problems and thus establish a more interested and receptive climate in which the Association can achieve its objectives.

The CMHA has been described as the voice of the people as well as the voice of the scientist in the mental health field. Its prime objective is to ensure the best possible care, treatment, and rehabilitation of the mentally ill and the mentally disabled; to strive to prevent mental illness and mental disability; to promote research into their causes, treatment and prevention; to promote and protect mental health; to secure the support of

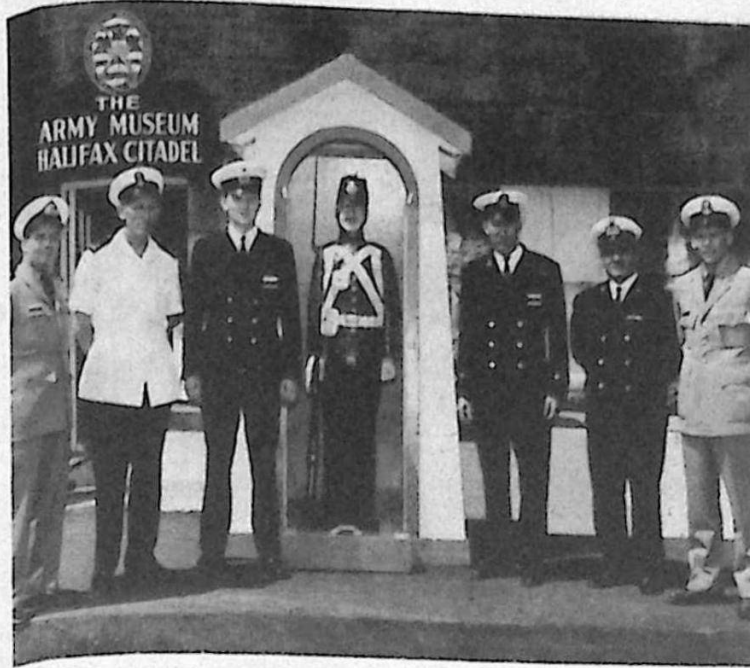
the public; to co-operate with other agencies and associations both professional and lay; and to urge governments at all levels to take legislative and financial action. Advanced work and interest in the mental health field is relatively young. Everyone has heard of the 'snake pit' existence to which the mentally ill, the 'lunatic', the 'insane' and the 'mad' were condemned. In this field there was more ignorance, more neglect, more confusion and more rejection than in any other field of human illness.

Just a short 50 years ago, the medical profession and public alike failed to recognize human emotional conflicts and illness. That was the time when mentally sick men and women were imprisoned in lunatic asylums, too often attended only by muscular morons and kept in chains or boxes or dunked repeatedly in water whenever their frightful condition became more than they or their custodians could bear. Custodial care has given way to treatment. New drugs and freedom have made the mental hospital as quiet and peaceful as a general hospital.

the fire which had broken out on the port side of the mess and despite painful burns worked to replace the cover on the fuel tank. PO Durst meanwhile had also donned breathing apparatus and helped carry the unconscious man to safety. He then assisted in removing smouldering material from the area and controlling the fire "setting an example to the others who were working with him."

Lt. Cdr. Arthur Morris, 38, Dartmouth, N.S., Chief Petty Officer Jerry Bodnarchuk, 40, Rathwell, Man., and Petty Officer J.A.R. Beaudry, Laval West, Montreal will receive a Chief of Defence Staff Certificate for their role in controlling the fire and preventing further damage to the ship.

In Cleveland they're building stores with no windows. All brick. I don't know what they think they'll accomplish. It just means we have to move from Molotov cocktails to dynamite. — Stokely Carmichael.



A truly international gathering took place recently outside the famed citadel overlooking Halifax. Naval vessels from a wide variety of nations were present, and among the sailors gathered for this informal photo were from the left, Lt. H. R. Rip-tide of the RCN, host officer, who was called away from his command of the Sable Island light especially for this task, due to his fluency in 19 languages, including five Hindu dialects. Standing next to him is Staub-zuger H. Knokwurst of the German navy. Known as the "terror of the North Atlantic" during the war, Knokwurst has 36 ships to his credit. Beside the sentry booth is Nels Kopsout, the mad Dane who tried to steer a 37 foot wide Danish frigate through the 30 foot wide Kiel canal. In the box is a personage of unknown nationality, but due to his

all seeing eyes and alert countenance he is suspected to be a Canadian army pilot. On the right of the box is CPO Manfred Yodel, of the Swiss navy. In the Swiss navy CPO stands for Chief Pushing Officer, and Yodel is in charge of the gangs of sailors who push the Swiss ships across France on rollers to sea. "Is it ever a tough push back up hill!" says Yodel. On his right is Mohammed El Ibn Fatraz, playboy commander of the Sudanese destroyer "Whirling Dervish". Fatraz is most impressed by American helicopters, and he says chopper techniques will breathe new life into his country's religious fanatics. Finally, on the right is Fritz van der Windmill. He is holding his hands behind his back in order not to reveal the famous Dutch dike plugging fingers.

## Centennial Chopper

The Centennial Helicopter now on its way across Canada will make its first stop in British Columbia on August 10, L.J. Wallace, General Chairman of the British Columbia Centennial Committee, announced today.

The Centennial 'Copter, piloted by Frank Ogden of New Westminster, started its coast-to-coast flight at St. John's, Newfoundland May 24, and will reach its westernmost point at Wick-animish Bay (Long Beach), Vancouver Island, September 1, before visiting other British Columbia centres.

First stop in British Columbia will be at Golden, at 10 a.m., August 10, on the same day stops

are scheduled at Revelstoke, 1:30 p.m., and Salmon Arm, 5 p.m.

The Copter will take part in the Centennial International Abbotsford Air show, August 11 to 13.

Arthritis due to gout affects nine men to every woman and some authorities believe its pain can be severe as any known. Dr. Denys Ford, C.A.R.S. research director in B.C. reports satisfying progress toward controlling it. "Thanks to the development of uricosuric drugs, a chronic gout sufferer can live with his disease with a minimum of discomfort," Dr. Ford points out.

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## Awards for Sailors

Halifax, N.S., Aug. 7 — Seven awards for gallantry will be made for actions by sailors during a flash-fire on board the helicopter-destroyer HMCS Nipigon at sea on Oct. 18, 1965. These include two British Empire medals for gallantry, two Queen's Commendations for brave conduct and three Chief of Defence Staff Certificates.

Leading Seaman Doyle C. White 24, of Lockport, N.S., who is still serving on board the Nipigon, and former Able Seaman, Wendell T. Gray, 22, of St. Johns, Newfoundland, who left the service in October, 1966, will receive the British Empire Medal.

Lt. Seaman White was in his mess when two explosions blew the locked cover off a tank containing helicopter fuel, resulting in a flash fire. He was burned on the face and hands. He escaped from the mess and after reporting the fire returned to the scene. Learning that an unconscious man was still in the mess, Lt. Seaman White donned

breathing apparatus and made his way through the heavy black smoke which filled the area. AB Gray also donned breathing apparatus and accompanied White. They found and carried the unconscious man to safety then searched to ensure no one was left in the mess.

Both sailors then worked with the damage control parties in extinguishing the fire in the mess, which was adjacent to an ammunition storage compartment and in the removal of smouldering material. Only then did Lt. Seaman White seek medical attention for his burns.

Chief Petty Officer Arnold J. Perry, 34, of Cambridge, N.B., and Petty Officer George W. Durst, 38, of Hamilton, Ont., both now with Canadian Forces Base Halifax, receive the Queen's commendation for brave conduct. On hearing the explosion CPO Perry took smoke equipment to the scene and assisted Lt. Seaman White and AB Gray to remove the unconscious man. He then helped to extinguish



## Aviation History

The official history of Canadian naval aviation will be published 24 July, Canadian Forces Headquarters announced today. Issued under the authority of the Minister of National Defence, A History of Canadian Naval Aviation, 1918-1962 was written by J. D. F. Kealy and E. C. Russell. Both are now members of the Department's Directorate of History.

The book describes the development of aviation as it has effected the Royal Canadian Navy over a period of 44 years and the use made of naval aircraft by that Service to meet its commitments, national and international. Starting with the activities of the little-known Royal Canadian Naval Air Service established in 1918 to defend merchant ships from submarine attack off Canada's east coast, it covers the post-war years of financial stringency before the navy again had to turn to aviation because of tactical requirements during the hard-fought Battle of the Atlantic in the Second World War. Later chapters discuss the re-establishment of a naval air arm in 1945, the many activities of carriers and their squadrons, which have become such a vital part of the modern Fleet, and the role of seaborne aircraft in the era of the nuclear-powered submarine.

This history, priced at \$5.00, consists of approximately 160 pages of text and 150 illustrations, mainly black and white photographs. It will be available from the Queen's Printer and private booksellers.

## NEW BOOKS

WHEELS WITHIN WHEELS - By Geoffrey Williamson.

Who started us off on bicycles in this country? For centuries there had been diverse private efforts to put man on two wheels, but it was James Starley of Coventry who was hailed in the 1870's as 'Father of the Cycle Industry'. To James Starley and his descendants we not only owe the bicycle as we have it today, but through the Rover Cycle Co., the Rover car as well. Five members of the Starley family produced between them nearly three hundred patents, including the differential gear essential to every car in the world today.

This account of their struggles, reverses and successes (James started life as a gardener's boy today his descendants are prominent in an important branch of the motor industry) and of their individual contributions to the flourishing cycle, motor-cycle and motorcar industries makes a fine, inspiring story forming as it does a significant core of Britain's great industrial history.

The illustrations include a fascinating collection of old bicycles, showing their evolution and the development from the cycle to the early motorcar.

ANOTHER MAN'S WIFE - by Torcuato Luca de Tena.

Mental illness can strike anyone. Economic status, race, color or creed mean nothing to this the most common disease in Canada today.

The setting is contemporary Spain; the heroine, Ana Maria, is a young woman whose youthful enthusiasm for learning and the arts has been stifled through ten years of marriage to a successful but phillistine Madrid businessman. When Ana Maria encounters by accident Andres whom she had loved during her university days and who had left her to study painting in Paris, all the aspirations of her youth are reawakened. Although both the lovers now have families of their own, they decide to run off together and to resume the lives that they had abandoned ten years before. This is the story of a modern Madame Bovary, told with skill and understanding by one of Spain's most prominent younger novelists.

THE COMPETITOR - by Thomas Bontly.

This is the story of one critical day in the life of a trapped man, a salesman thirty-four years old whose hopes and ambitions have aborted, an honest man corrupted by a dishonest business. Authentic and deeply moving, it represents one reality of the American Dream.

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14 ft. long. Sleeps 6. Propane fridge, stove & oven, 12v. light, 6c. light, 110 lights, automatic toilet. Thermostat furnace. Propane fuel. This unit has had little use. Fully insulated, installed on 1952 Dodge 1 1/2-ton truck. This complete unit is top value for... **\$3450**

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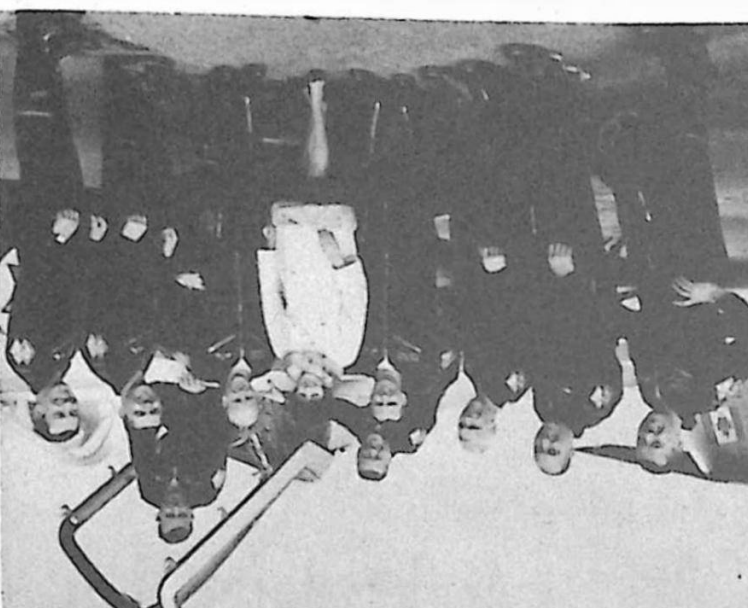
## THE King George Hotel

IN CUMBERLAND

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"Bring your friends and meet new ones"

**SHOWN FLYING** in formation during their recent airshow in Australia are Canada's crack aerobatic team, the Golden Centennaires. Although the aircraft appear right side up in this picture taken by a Canadian, they appear upside down to Australians, because inhabitants of the southern hemisphere are oriented towards gravity in reverse. Thus the Centennaires became badly disoriented when flying — their Canadian built aircraft constantly falling off the runway of RAAF Station Wallaby. In the background are the snow-capped mountains of Tasmania, named after the famous temple in India, the Tas Mahal. — DND Photo



**BY THE TIME** this picture of the Centennaires and Miss Outback was taken, all concerned were wearing the special Eucalyptus gum shoes provided for visitors by the Australian Tourist Bureau. However the chap second from the right (or left), was having particular problems walking and talking at the same time (common to many pilots), so he is wearing special Orographic braces to help his ground adhesion. — DND Photo

## At Abbotsford

Featured in the Abbotsford Centennial International Air Show this year will be numerous RCAF aircraft of all sizes and types topped off by a precision flying demonstration by the Golden Centennaires.

To open the military aircraft portion of the show each day starting on August 11 to the 13th, three supersonic CF-101B Voodoos from CFB Comox will zing by after the intermission at approximately 3:30 p.m.

Following the Voodoos will be the Golden Centennaires who will perform their complete show of about 55 minutes. Flying ten CL-41 Tutor jets the Centennaires will spell out intricate patterns interspersed with solo aerobatics.

As part of the Centennaires team a CF-101 Voodoo and a CF-104 Starfighter will demonstrate their prowess as front line interceptors. Contrasting to the speed of the jets (they are capable of speeds from 1200-1400 MPH) will be a 1918 AVRO 504K, one of the first military training aircraft ever used.

The AVRO will "whizz" by at a top speed of about 80 mph while overhead a CF-104 will give spectators a visual appreciation in the progress in design and performance of aircraft over the past 50 years by flying overhead and making the AVRO 504K to appear to be literally standing still.



**SHE'LL GIVE UP MINI** to join armed forces. Enjoying the admiring glances at the Canadian Forces Recruiting Centre, Victoria, are Miss Allison Langston (left), and Wren Laura Wallace of Courtenay (right). Allison recently joined the Royal Canadian Air Force as a teletype operator. Her parents are air force people, stationed at Comox. She attended Courtenay Senior Secondary School. Laura is on temporary duty at the recruiting centre. Both girls will be in uniform before long, mini-skirts being reserved for off-duty hours. — Canadian Forces Photo

## New Medal

Commanders of Canadian Armed Forces units are being asked to recommend officers and men for the Canadian Centennial Medal.

As announced previously by Prime Minister Pearson, the medal will be conferred on Canadians selected from all sections of Canadian society. The government will seek the advice of prominent leaders of each segment of Canadian society to aid in the selection of Medal recipients and in the case of the armed forces, including the Reserves, commanding officers will be those consulted. No awards will be made automatically because of a serviceman's rank or position. Officers and other ranks will receive consideration on a proportionate basis. Those recommended for the medal will have shown devotion to duty and have had an exemplary conduct record.

Wives of officers and men who have made outstanding contributions to the military communities will also be considered for the award.

The medal, which will be 1 7/16 inches in diameter and worn suspended from a ribbon 1 1/4 inches in width of equal stripes of white separated by four narrow red stripes with two wider red stripes at the edges, is described as follows:

Obverse - The Royal Cypher E II R surmounted by a crown superimposed on a single maple leaf within the inscription CONFEDERATION - CANADA - CONFEDERATION.

Reverse - The Canadian Coat of Arms and the dates 1867 - 1967.

The Centennial Medal will take precedence after all regular and commemorative medals previously granted and before long service, good conduct, or efficiency medals.

Dr. Harold Robinson, C.A.R.S., medical director, has been asked to serve on the rehabilitation committee of the American Rheumatism Foundation. He has recently developed an electronic cane to assess the stress and strain exerted by an arthritis patient in walking and to measure the need for crutches and canes to help the patient.

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## EATON'S

# 149 DAY

# TUESDAY

## Aug. 15th

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COURTENAY BRANCH



## Chapel Chimes

### R.C. CHAPEL

SUNDAY MASSES: 0900 hrs and 1100 hrs.  
WEEKDAY MASSES: Tuesday thru Friday 1930 hrs.  
SATURDAY MASSES: 0900 hrs. FIRST FRIDAY: 1930 hrs.  
FEAST OF OBLIGATION: 1130 and 1930 hrs.  
CONFESSION Saturday evening 7 to 8 p.m. and before each mass.  
COMMUNION FAST  
One hour for solid food, alcohol and beverages. Water at any time.  
CATECHISM classes will resume in the Fall.  
BAPTISM - By appointment. You are requested to phone the Chaplain's secretary and give full particulars one week ahead of time.  
NURSERY There will be NO nursery during July and August.

COMMENTATORS & USHERS Offers of Service in either capacity will be most welcome. Ph. Local 274.  
RC CHAPLAIN - F/L Pierre Boucher phone local 274.

### PROTESTANT CHAPEL

SUNDAY, AUGUST 13  
DIVINE WORSHIP - 11:00 a.m.  
This service will be conducted by the new chaplain, Padre Archer, with the sermon preached by O/C John Wright, Chaplain's Assistant. You are invited to attend.  
Nursery facilities are available in the Chapel Lounge for babies and small children during this and every service of Divine Worship.  
Chaplain - S/L the Rev. Wm. Archer PMQ 87, Ph. 339-3931.

## COBOC Cacophony

The lack of activity around here in the summer seems to be directly proportional to the square of the number of people on leave, and that's quite a few right at the moment. I am almost reduced to reporting on the comings and goings of the COBOCers to and from the mess! However, certain among us have seen fit to provide a little comic relief, paramount example being Grant Dunsby. Acquaintances of Grants in Nanaimo thought he needed a touch of culture (true) to round out his otherwise nearly perfect demeanor, so they thought a trip to Vancouver and the ballet was in order. Grant went along much like a child on his first visit to the dentist. However, the humorous conclusion to this story can't be presented because the tickets were too expensive. Apparently the DIP (Dunsby Improvement Program) is not worth \$12.50. I suggest that perhaps a more modest aim might be appropriate, starting by taking Grant to a good restaurant.

Scott Eichel has bought a new car - a tiny Honda sports car, called by some "two Honda 90's and 10,000 beer cans". In reality the little bug is a lot of fun to ride in, and speaking of

bugs, if only the gas cap, brakes, hood release, fuel gauge, all four carburetors, and top would work properly, he might have something. The Japanese copied a lot of things American, including a penchant for defects. They should have stuck to rickshaws! Nobby Bartels is hoping to sell his Stupidbaker this week, and was out washing it on Monday in preparation. As he put it so succinctly, "I'm giving my car a wash job before I give the buyer a hose job". Nobby was instrumental last weekend in arranging the match of the year, between John and Martha, the greatest thing since George and Martha of "Virginia Woolf" fame.

Don Hanson and Dick Anslow are getting married over the Labour Day weekend. E. Dominus Vobiscum! Gord Kruger stepped into the big fish class. No, he didn't buy Nobby's car, but instead caught a thirty pound toy last Sunday in Toba Inlet. Gord promised me a picture, but so far nothing. I'm hoping his drugstore will produce for the next issue. Also worthy of a picture is Clark Smith, he's letting his hair grow, and it's now almost one-half an inch long! Keep the faith, baby.

## RMC Hosts Sea Cadets

ESQUIMALT, B.C. - (July 31) - The Royal Military College of Canada at Kingston, Ontario, will be the site of the International Centennial Sea Cadet Muster from August 6 to 20. British Columbia will be represented by four Royal Canadian Sea Cadet Officers and 54 Royal Canadian Sea Cadets selected from 27 Pacific Area corps. The B.C. cadet contingent is headed by Lieutenant D. W. Barker, Royal Canadian Sea Cadets, of RCSCC Admiral Malguy at Duncan. The contingent will be transported by special airlift in a Hercules aircraft of the Royal Canadian Air Force.  
The giant Centennial Muster will total 1,170 cadets, 750 of whom are Royal Canadian Sea Cadets. Nations represented are Belgium, Sweden, India, The Ne-

therlands, United States of America, New Zealand, France and the United Kingdom.

Special guests including ambassadors and senior military officers from each of the represented nations will be on hand. It is proposed that all cadets will travel to Montreal for a day at Expo, attend the International Sea Cadet Regatta, and time and conditions permitting, visit the national capital at Ottawa, Niagara Falls and Old Fort Henry at Kingston.

The annual National Sea Cadet Regatta is also slated for Kingston to coincide with the Centennial Muster. B.C. will enter three sailing crews representing Royal Canadian Sea Cadet Corps Rainbow (Victoria), Captain Vancouver (Vancouver) and Revenge (Penticton).

## DEPENDENT'S DOINGS

by GREGG FADDEGON

Another two weeks of morning entertainment were enjoyed by young dependents at the Glacier Gardens Arena. Sports and crafts for all age groups from 4 through 13 have kept interest high. Along with these routine days of organized fun, the boys and girls all participated in two larger events: A pet show and a penny carnival.  
On Friday July 28, children brought their favorite pets and turned the Glacier Gardens Arena into a bustling animal farm. Prizes were awarded to dogs, cats, birds and snakes. The winning dogs had been trained to obey and to perform tricks; they were well groomed and some even wore costumes.

The penny carnival has probably been the programs most spectacular and successful event to date. Well over one hundred youngsters joined in the wide range of activities which were crammed into a fun-filled three hours.

Practically everyone who came to the Carnival went home with a prize from one of the many games. Some of the most popular were Bingo, Bean bags, Peanut Basketball, Horseshoes and Bowling. The "Torture Chamber" amused everyone except the program supervisors. Reasonably so, for it was they who made the mistake of submitting their faces to a steady barrage of wet sponges. The leaders were at the mercy of

the bloodthirsty youngsters who wanted nothing but revenge.

The Fun House was one of the highlights of the Carnival. Unsuspecting youngsters were astonished to find themselves talking to a two-headed man. Others shaking from head to foot (probably to ward off the flies) dunked their hands into containers of blood and bones and the other components of a corpse. A friendly neighborhood fortune teller calmed their shattered nerves with news of better things to come.

With all this excitement what more could kids want? Would you believe a bag of popcorn, a piece of cake or candy and a glass of Freshie for a penny a piece? Well leaders weren't too astonished when they observed that the Refreshment Booth was the most exciting attraction. Young girls donated the cakes and cookies which were entered in a bake contest.

The Fish Pond and the White Elephant Sale were two other booths which were supported by children's donations. Another entertaining feature of the Carnival was a marionette show which won the approval of everyone. The leaders are thankful for the co-operation of both parents and children for making the last month such a success. They expect the final half of the program to be even more entertaining and are now looking forward to the exciting events to come.

## Aspirin and Children

Acetylsalicylic acid, normally referred to as aspirin, was responsible for 25% of the 23,000 poisonings reported across Canada in 1964. No other product or product group approaches aspirin as a cause of poisoning.

A special committee appointed by the Department of National Health and Welfare, was recently

asked to investigate aspirin poisoning. The Committee's report is reviewed in the current issue of the Canadian Medical Association Journal.

Over 80% of the poisonings reported in 1964 were in children under 5 years of age. Aspirin products alone were responsible for 29% of all poisonings in

children of this age. The Journal commented that although poisonings are usually described as an accident, the "accident" is the result of adults allowing the drug to be available. The reduction of this type of poisoning can only be achieved by a long range educational program designed to sharpen the safety conscience of adults.

The Committee made several recommendations which they felt would help reduce the incidence of aspirin poisoning.

- That only 1 1/4 grain dosage strength of acetylsalicylic acid be designated as "Children's Size" and that the quantity in any individual retail package be limited to 24 doses.

- That the labels of packages of aspirin preparations contain a legible, conspicuous warning.

- That a "child-proof" or "child resistant" closure be required on all retail packages, except on small containers.

- That educational programs of a continuing nature be undertaken to caution the public - without creating unnecessary fear of the drug or doubts relative to its value when used properly.

- That a warning statement or message be part of every piece of advertising presented in all public media of communication.

The editorial said that the recommendations of the Committee are directed primarily at the manufacturers of aspirin and parents. It encouraged physicians to reinforce educational programs by warning parents of the potential dangers of aspirin particularly with pre-school aged children.

The editorial also reported that Canada has the unenviable distinction of having the highest accident death rate of children under 1 year of age in the civilized world. Canada also has the highest accident death rate for children between the ages of 5 and 9.

The editorial stated that while poisoning by aspirin is not a major cause of death among children, such deaths do occur and can be prevented.

## VAN'S VERBALITY

by WOJ J.W. VAN BUSKIRK  
GRIST TO GRIND:

I was seated in my swivel chair at the office the other day, sort of in reverie; whistling a few bars of Sleepy Time Gal, when I was rudely interrupted by one of the Corporals, requesting leave. I asked the usual questions, "did he need the leave," "Why hadn't he waited until I wasn't so busy before approaching me about personal problems?" etc. I don't really believe that he realized that his timing was poor, perhaps not meant to be odious but nevertheless very disconcerting. It's so rarely in these troubled times that a fellow can relax and ruminate on pleasant thoughts that it's almost a crime to be shaken back to reality.

When he complained about working the past two Saturdays, I pointed out the part in the New Testament where it says, "Six days shall thou labour and do all thy work". It's hard to keep up with all these modern changes; five days weeks, regular holidays, etc.

After reassuring the Corporal I wasn't really as tough as I sounded, I compromised and gave him half the requested leave, took him off Saturdays and put him on midnights. There is nothing that can't be worked out with a bit of understanding and pay-off. Returning to my sketch book, darned if the phone didn't ring, another annoying incident. Someone's wife was having a baby and he wanted time off to join her. I didn't realize that they could get two people in those single beds at the hospital but as he mentioned cigars, I let him go. "Rots-of-Ruck" I said. "Don't smoke in bed!"

Have you noticed lately how pressing office work has become? Ponderous, critical decisions to

be reached daily. "Where do you want the pencil sharpener placed? Can I have a full hour for lunch, today," etc. Fortunately, minds have been honed to a keen edge over the years so most matters can be resolved with a few drawings, some brief calculations and lots of personal integrity.

I overheard a fellow talking about the six sense and I thought for a moment that nickle cigars had gone up. It's remarkable how they have been able to siphon those extra few pennies out of us, for tobacco, these past few years, everytime that cigarettes go up, people get angry. This

causes them to smoke more which seems to stimulate another rise in price. Just can't make any economical progress it seems. Reminds me of Sisyphus, in Greek mythology. The King condemned forever to roll a heavy stone up a steep hill in Hades, only to have it roll down again. Yeah, it's tough! Give a little take a little, has always been my motto. This philosophy doesn't seem to register too well at my house but then again, everyone doesn't see things the same.

Oops! Here comes another Corporal - wish I had of stayed in the Mau Mau. How about that!

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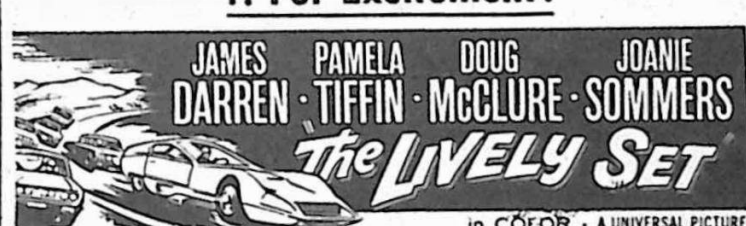
Island Highway - Just North of Black Creek Bridge

Thurs, Fri, Sat, Aug. 10-11-12

Gates 8:30 - Show Starts 9:30

## TWO BIG FEATURES!

1. For Excitement!



2. For Laughs!



Midnite Show: Sun. Aug. 13

Gate 12:01 - Show Starts 12:15



Mon, Tues, Wed, Aug. 14-15-16

Gate 8:30 - Show Starts 9:30

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First showing North Island!

Cliff Richard      Lauri Peters  
16 Song Hits! - with the Shadows

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Daffy Duck cartoon and selected shorts to make real happy family entertainment!





**BAKE** Double Cinnamon Breakfast Rolls the easy CoolRise way as a surprise for the family breakfast. Gift wrap one in glittering saran wrap food wrap to start the day in a very special way.

## World University Dream Vanier Now Looms as a Reality Stamp

This question fascinates most visitors to the magnificent Expo site on St. Helene and Notre Dame Islands here in the St. Lawrence River. Must the eye-catching pavilions be destroyed after the fair concludes its run this fall? If not, what would be done with them?

The Habitat housing complex at the entrance of Expo will remain as a status symbol modernistic housing development. But for the balance of the Expo layout, the best hope for a permanent role now appears as a World University "devoted to the arts of peace".

The moving force behind this undertaking is The Canadian Home and School and Parent-Teacher Federation. Promotion of the idea has been one of their Centennial projects. It was discussed first with Prime Minister Pearson four years ago. Later, a full brief was prepared and presented to External Affairs Minister Paul Martin.

The concept was first suggested in 1960 at Stockholm by former President Eisenhower. He challenged the World Confederation of the Teaching Profession to work for a World University devoted to the arts of peace.

JOHN W. Parker, Montreal City Councillor, first suggested that the Expo site be used for this end, early in 1964.

He was then on the executive of Canadian Home and School and helped persuade the Federation to enlist its quarter-million members in backing the idea as a Centennial project.

"Somehow this spark from President Eisenhower failed to ignite an immediate fire," he said. "Perhaps it is now time to fan the spark into a flame. The place for the World University could be the man-made island near Montreal. The World University would be a fitting culmination of the Expo theme — Man and his World."

What could be more fitting in this Centennial Year than a gift from the people of Canada to the people of the world.

The original concept of Canadian Home and School was that the land should be a gift from Canada to all nations, to serve as a focus of hope for lasting peace. Administration would be under the guidance of an agency of the United Nations. Buildings would be donated by nations participating at Expo. Other capital and working funds would be subscribed by various countries. Estimated capital cost would be over \$50 million.

Development work by Canadian Home and School led to the formation of a Canadian World University Committee. The members are mostly university professors. The president is Professor Bernard Bonin, Laval University.

The idea is spreading rapidly. Groups of CWUC supporters have been organized in the United States, France, Italy, Switzerland, Jean Paul Palewski, chief financial adviser to President Charles de Gaulle, is particularly enthusiastic and has promised his active support.

Members of the Private Planning Institute of Canada have added their support. Professor C.M. Bedford of the University of Saskatchewan said: "Humanity seeks peace. To this end there is needed a world university dedicated to the arts of peace — a proud, centennial gift for all."

"Here, at the graduate level, a community of world scholars would inspire the gifted youth of all nations. Studies would include international aspects of peace-keeping, law, education, agriculture, languages, science, economics, geophysical, studies and development, and culture."

"There are scores of military academies around the world teaching the science of warfare. Let us in Canada give the world something unique, that is the constructive opposite to a mili-

tary academy; a centre for advanced studies relating to international understanding and co-operation."

In their brief to Paul Martin, The Canadian Home and School and Parent-Teacher Federation stated: "A world university with full intellectual freedom, with full freedom from parochial or nationalistic pressures, has much the best chance of providing the concepts, and the personnel, to bring about international understanding, and international rule of law, and peace-on-earth."

Eight nations have offered their pavilions to Expo, and undoubtedly many more will follow suit. Canada would not have accepted the pavilions, observers point out, if she did not have plans for them.

Suggestions are numerous. Prime Minister Pearson, Quebec Premier Daniel Johnson, Montreal Mayor Jean Drapeau have all spoken publicly, recently, in favor of using it for some international purpose, above national or local interests.

The World University now looks like the answer to "After Expo, what?"

## SUPPORT THE RED BARON CAMPAIGN

## NOTICE PMQ and DOT Residents Only

### REGISTRATION—

(All grades—Kindergarten to Grade VII incl.)

A registration day for all NEW ARRIVALS in the PMQ and DOT areas of all pupils from Kindergarten to Grade Seven inclusive, will be held in the Comox Airport School Auditorium on Monday 28th August from 0900 to 1100 hours.

Parents must bring their child's report and any other records received from last school. A list of school supplies required will be available at this time.

School will commence for the fall term at 0845 hours on TUESDAY, September 5th, 1967.

Pupils entering Grade VII are required to pay a rental fee of \$4.50 for their textbooks during the first week of school.

Grade I to VII attend from 0845 to 1145 hours and from 1255 hours to 1500 hours regularly.

### Kindergarten

1. Those pupils being registered for Kindergarten must be 5 years of age on or before 31st December 1967.
2. Birth Certificates are required.
3. For the Nurse, please bring along any record of immunization which has been given. Children will not be examined at this time.
4. Kindergarten pupils, accompanied by a parent, will attend school on September 5th for roll call only. The pupils whose birthday falls between January and July will attend the first day between 0900 hours and 1000 hours. Those whose birthday falls between August and December will attend the first day between 1000 hours and 1100 hours. Parents will be advised at this time of the hours their child will attend classes.
5. Morning classes are from 0900 to 1130 hours.
6. Afternoon classes are from 1300 hours to 1530 hours.

### Grades 1-7

Present pupils will line up outside the classroom they attend last year.

New pupils please report to the office.

### Registration of Other Pupils

New pupils entering Grade 8 will attend the Comox Junior Secondary School, Robb Road, Comox. Registration for these pupils will be held in Comox Junior Secondary School on Wednesday, August 30th between 0900 hours and 1200 hours.

These pupils will catch the bus in front of the Comox Airport School at 0830 hours the first morning, and will be advised in school that day at what time they will be catching the bus for the rest of the year.

New and present Grade 9 and 10 pupils residing in PMQs ONLY will be attending Courtenay Senior Secondary School, Harbourn St., Courtenay. Registration will be at the same time and place as for Grade 11, 12 and 13 students.

Students entering Grades 11, 12 and 13 will attend Courtenay Senior Secondary School. Registration will be held at Courtenay Senior Secondary School on August 29, 30 and 31 between 1400 hours and 1600 hours each day. Buses will pick up Senior and Junior Secondary pupils at 0820 hours from in front of Comox Airport School daily Monday through Friday.

## Double Cinnamon Breakfast Rolls Recipe

Treat the family to a special breakfast surprise... Double Cinnamon Breakfast Rolls fresh from the oven. This spicy variation of the traditional favorite has cinnamon right in the dough. Served warm and frosted, they can turn breakfast into a banquet.

Thanks to the CoolRise method of yeast baking developed by Robin Hood Flour these rolls aren't hard to come by, even in the summertime. In fact they're so easy to prepare the whole family can help.

Plan a secret baking party the day before. You can complete the mixing, kneading and shaping in less than an hour. Then "hide" the shaped rolls in the refrigerator for two hours... or up to 24 hours... so no one will discover the surprise. Bake them just before breakfast. With this recipe you don't even have to get up early.

Dress up each place setting with a warm roll gift-wrapped in glittering saran food wrap. It says "Top-o-the-morning" in a very special way.

### DOUBLE CINNAMON BREAKFAST ROLLS (CoolRise Method)

5-6 cups Robin Hood flour (regular or instant blending)

2 tsp sugar

2/3 cup warm water (105 deg.-115 deg. F)

2 pkgs active dry yeast

1 cup warm milk (105 deg.-115 deg. F)

1/2 cup granulated sugar

1 1/2 tsp salt

2 tsp cinnamon

1/4 cup softened margarine or shortening

2 eggs

1/4 cup softened butter or margarine.

3/4 cup firmly packed brown sugar, 1/2 cup raisins, 1 tsp cinnamon Saran wrap, combined.

Spoon or pour Robin Hood Flour into dry measuring cup. Level off and pour measured flour onto wax paper.

Dissolve 2 tsp sugar in 2/3 cup warm water in large warm bowl. Sprinkle yeast into water mixture. Let stand 10 minutes. Then stir well. Add warm milk.

The new stamp, large in size and horizontal in format, has been produced by a combination of the steel engraving and offset printing processes. General Vanier's portrait, engraved and printed in black, appears to the left occupying approximately one third of the stamp's horizontal dimension. The signature is just below the vertical centre of the right hand segment; above, in three lines, is the inscription "Governor - General", "1959-1967" and "Gouverneur General". "Canada" appears under the signature flanked in the lower right corner by the denominative value "5".

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## Sew Your Way to Youth

THE LOOK OF '67 is young... no matter what your age. Toss out those high-heels with their old-fashioned pointy toes. Get rid of those tightly fitted sheath-dresses. They're OUT and look dowdy. Think and look YOUNG! Low heels with squared-off toes are right for the higher hems (mid knee is safe for most ages) and easy shaping (perfect camouflage for figure faults). Op-art jewellery. A small purse and a bouncy "Sassoon" haircut get you off to a swinging spring.

THE GREAT DIVIDE puts a new kick in skirts. Culottes were important last year; this year they make it big. Wear VERY short with a very long flared jacket... double-breasted and brass buttoned. Sew in a peppy tweed for NOW... chalk white pique for later.

SHAPE TULIP RED into a spare little skimmer striped to bare, bold lines. Cover-up with a meticulously carved jacket. To WOW 'em... a wind of vine on jacket and dress that burst forth with a profusion of vividly exotic blooms. Embroider it yourself with quickie "jumbo" yarn. A smart "boutique" trim for last year's outfits too!

HOLIDAY TRAVEL demands versatile "switch-abouts". Sew a serene little shape woven like linen and coloured like cream.

### LOW PRESSURE

The lowest air pressure at sea level ever recorded in the Western Hemisphere was observed during a hurricane in Florida in 1935, according to World Book Encyclopedia. The pressure dropped to 26.35 inches of mercury, only about nine-tenths of the normal air pressure at sea level.

Pick up the hue with an artful little jacket generously sprinkled with madly wild flowers. Expand the theme with a flowered skirt and creamy pants and overblouse. Possibilities... endless! Cost... probably under \$20. per outfit.

MUSCLE BOUND? We are... with the exciting new "muscle" sleeves (barely cover the biceps). Cuffed or plain. Combine with a high and wide square neck for the NEW "poor-boy" look. Sew a fall of flannel in pale and

pretty apple green. Give status to sleeves and neck with wide outlines of ribbon boldly embroidered in vivid peasant motifs.

ARRIVE IN Mini-pants — the pantsuit for warm weather. Straight-stemmed and cuffed above the knee or cinched in knicker style. Wear with a battle jacket or flared riding coat and top with a zingy helmet to match. Sew smart in lemons-cream wool.

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## Real Estate

**H. A. ROBERTS (Courtenay) LTD**

439 Cumberland Road Opposite Court House

### COURTENAY

2 BR's main floor and one down with extra plumbing, garage, sundeck, good value at \$14,000.00 — easy terms.

3 BR bungalow on lot with established fruit trees and garden. w/w carpet, sparkling new — \$14,700.00 — terms to suit.

Smart duplex, close in, 2 bedrooms each side, good sized rooms — \$23,000.00 — \$3,000.00 to handle.

### COMOX

Near new 3 BR view home, w/w carpet, basement adaptable to additional BR, new velvety lawn — \$22,000.00 terms. 3 BR bungalow in quiet area, close to school and playground, \$14,250.00, easy terms.

Bright 3 BR home, close to golf course, 1 1/2 baths, large landscaped lot, paved drive — \$23,600.00 — terms.

### SURROUNDING AREA

Family style 4 BR home on 1 1/4 acres, close to school, FP \$12,000.00 — \$2,600.00 down, balance \$90.00 month.

Bright 2 BR home with 1/2 acre lot, \$8,500.00 — \$2,500.00 down and \$75 per month.

2 BR home with separate workshop, needs some renovating but good value at \$7,000.00. 1 acre lot, \$1,000.00 handles.

### FARMS

400 Acres with 150 cleared, water available for irrigation, good 4 BR home, outbuildings and some equipment — \$60,000.00 — \$15,000.00 down.

100 acres with bright 2 BR home, about 20 acres cleared. Road frontage front and back — \$23,000.00 — terms.

Particulars of other farms and small holdings on request.

### LOTS

Waterfront lots Seal Bay, Seacliff Park, Millards Beach.

Wide range of residential lots Courtenay, Comox and surrounding area, including good view property.

Several parcels of land suitable for development or short to mid-term hold.

Block of commercial property that can be subdivided to suit purchasers or owner will build to suit tenants.

### BUSINESSES

2 good retail businesses available for purchase.

### SPECIAL PROJECTS DIVISION

This division deals with subdivisions, property development and other special projects. Our experience and specialized knowledge can be of value to new or prospective developers. Ask for Dick Farrington.

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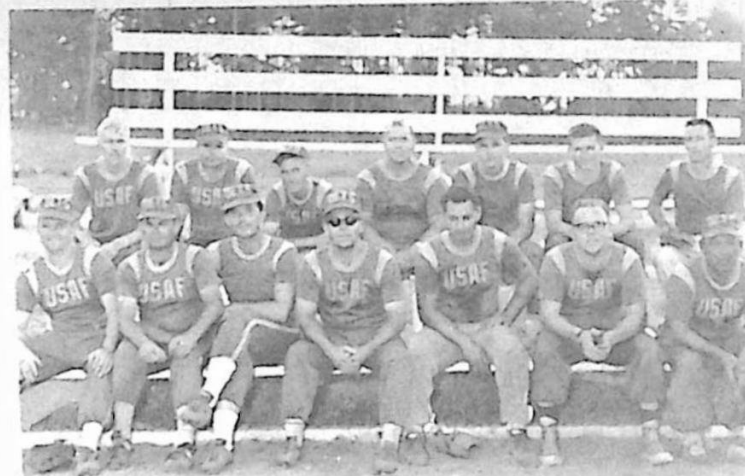
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We're renovating but we are still open for business as usual with the best values and all the latest styles in family footwear.

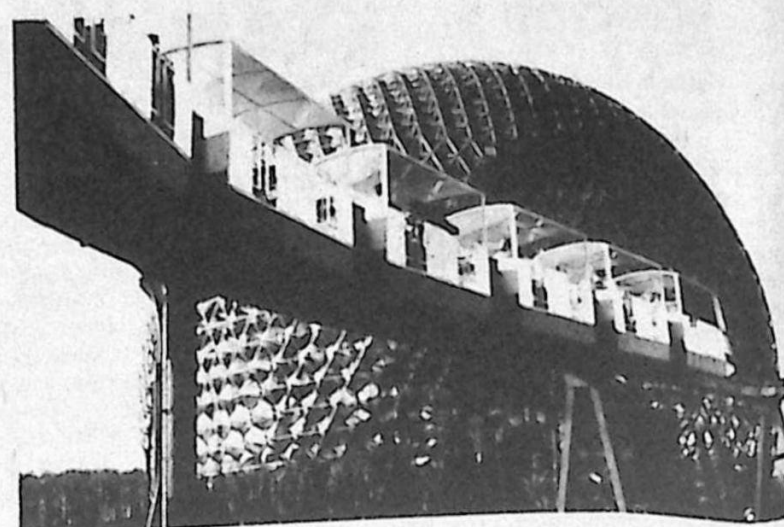
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## Recreation and Sports at CFB Comox



— RFE Photos



Standing on the threshold of Expo67, you'll surely agree the exhibition is man's greatest picture-taking adventure. And you'll wonder how to get a really complete photo record of your adventures in less than a month or six.

The answer, of course, is to have a ready camera and a comfortable supply of film on hand at all times. Expo will overwhelm you at first, then delight you. Whenever you're standing, you need only glance through your viewfinder to discover you're in a picture-taking heaven.

The surest way to go adventuring, and, at the same time, see and snapshot 100 striking pavilions, is to go travelling Expo-style. There are many unique ways you, your family, and your camera can tour this seemingly endless world exhibition.

You can go by minirail and trackless trailer train, by hovercraft and helicopter, by gondola and ferryboat, and if you thrive on new experiences — by elephant, zebra, lama, camel, or ostrich-drawn cart in La Ronde's Safari! All are ideal for Expoventuring on film.

On the minirail, you can snapshot your way around the world in half an hour. For a total of \$1 per person, you and your family can go on a five mile picture-taking journey on all three minirail systems, on Ile Ste Helene, La Ronde amusement area, and Ile Notre-Dame.

The open air minirail cars travel at a pleasing eight to ten miles per hour, allowing you to take pictures to your heart's content and reload your camera while on the move.

The Expo site is punctuated with canals and waterways, affording special views of pavilions, and more important to the picture-taker, a panorama of vivid reflections. When the mood strikes you, catch the nearest gondola, and another chapter for your picture-diary.

Next you might let Expo sweep you off your feet by helicopter or hovercraft. Prices for these one-in-a-lifetime flights are \$1.75 and \$2.50, and should fit easily into your Expo budget. And the pictures you take? Simply unbelievable.

You can climb aboard at the Expo Transportation Centre in La Ronde amusement area. While you're visiting La Ronde, you can capture more panoramic views of Expo as you spin into the sky on La Spirale.

When the adventure's over, and you've come home to assemble your pictures in an Expo photo album, slide or movie show, remember to make a special sequence or photo-story of your family's flights and voyages. You can include shots of the family standing on the deck of the hovercraft, climbing into the helicopter, or relaxing in a gondola.

In putting this memorable picture story together, make a beginning and an ending. Include many candid shots, capturing the reactions of your family as they whirl and sail and soar through the Expo phantasmagoria.

It's a show to stir exciting memories and impress friends and family throughout the years to come.

## Camera Club News

by RON ELMER

The Annual General Meeting of the Base Camera Club will be held in the Room 216 Rec Centre, at 7 p.m. on Monday Sept. 11. All current members are urged to attend and a warm welcome is extended to those who wish to take a look at our facilities before committing themselves to the hobby. Agenda items include some new IBy-Laws to be explained and the club program of events for the 1967-68 season will be outlined by the club technical adviser, Jim Tremblay. Elections will be held for the positions of Secretary, Treasurer and Dependents' Representative. An open discussion will also be held on the subject of club support of Totem Times, in the areas of providing photo coverage of Teen events and Base sports activities.

**OTHER NEWS IN BRIEF**  
During the past two months Cpl. Jim Tremblay has been handing over the reins of presidency to the writer, thus leaving Jim free to work on color projects and prepare an instructional series of lectures for members. He also takes on the task of checking out all members in the use of the equipment, some of which is extremely valuable. Following discussion with some of the more experienced members the following changes have

been made commencing Sept. 1. (1) Paper — only Polycontrast, single weight, glossy will be stocked and sold in packets of 25 sheets, price to be announced. Whilst on the subject of prices members are reminded that a 10% discount is available from camera stores in Nanaimo upon presentation of membership card whilst Studio One in Courtenay offers 20% discount on purchases of over \$50. (2) Chemicals — will continue to be provided by the club. (3) Film — will not be sold on a regular basis by the club as the Dry Canteen keeps a good stock in hand at reasonable prices. However some members who own bulk loaders will sell the odd cassette in a pinch.

Finally both Monday and Wednesday evenings will be organized club nights in future, with Jim Tremblay in charge of Mondays and myself supervising Wednesdays. Paper will be sold on both evenings.

There are a wealth of prizes to be won at the Comox Fall Fair, to be held Sept. 1, 2 and 4. The Photography section alone has 14 classes in the adult entry list and an additional 4 classes in the junior photography list. A complete list of classes, together with full information on how to enter the Photography section of the Fall Fair is posted on the Club Notice Board.

## In The Swim

In an exclusive interview with S/L Cousins, the Base Construction Engineering Officer, Totem Times got the inside story on the new indoor swimming pool to be constructed chez nous. Right now the blueprints and specifications have been drawn up, and approval from ADCHQ is being awaited. The go-ahead is expected in early September, with the

contract to be let after that. The pool is to be located adjacent to the rec centre on the triangle of land on the east side, and will be full size, 35 feet by 75 feet. The cost of \$46,000 will be borne by the Base Fund, with the help of a loan from the Central Institute, which I gather is some type of big Base Fund in the sky.

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INSURANCE DEPARTMENT — BENT HARDER

## Televiidiots Note

Following is the CBC television schedule for telecast in B.C. of CFL games in the regular season. All starting times are PDT or PST.

Date	Starting Times	Teams	Network	Blackout
Sat. 5 p.m. Aug. 12		Edmonton@ Hamilton	full	Tor., Lon. Wing., Bar.
Sat. 8 p.m. Aug. 19		Toronto@ Edmonton	full	Edmonton
Sat. 5 p.m. Aug. 26		Toronto@ Montreal	full	Mon., Three River, Sher
Sat. No game Sept. 2				
Sat. 11 a.m. Sept. 9		Winnipeg @ Montreal	full	Mon., Three River, Sher
Sat. 11 a.m. Sept. 16		Calgary @ Montreal	full	Mon., Three River, Sher.
Sat. 6 p.m. Sept. 23		Edmonton@ Winnipeg	west	Winnipeg
Sat. 5 p.m. Sept. 30		Sas. @ Toronto	full	Tor. Barrie Sec. black. Edmonton
Sat. 8 p.m. Oct. 7		Hamilton @ Calgary	full	Calgary
Sat. 11 a.m. Oct. 14		Toronto @ Montreal	full	Mon., Three River, Sher.
Sat. 8 p.m. Oct. 21		Montreal @ Edmonton	full	Edmonton
Sat. 8 p.m. Oct. 28		Edmonton @ Calgary	west	Calgary
Sat. 8 p.m. Nov. 4		Calgary @ B.C.	west	Vancouver, Victoria

## Softball Steals Summer Season

The local intersection softball league, better known perhaps as "Twenty-thousand leagues under the majors," has just completed one of its most successful seasons. Seven teams vied for top honors throughout the year, and six of them survived the competition in fit shape to have their pictures taken. Only 409-CAC was sufficiently immobilized by the rigors of the season to preclude them getting their picture taken. Well, they weren't really immobilized; they just sent a couple of emissaries over to the mess to round up a team to have the picture taken,

but the emissaries never returned from the mess.

If all those who took part in the summer softball program were laid end to end, they would probably go to sleep, a condition better suited to cricket. It is not, however, conducive to effective conduct of the most important part of the game: Screaming at the umpire. As every sports editor knows, umpire baiting is what softball is really all about. This is a far cry from cricket, and is one of the reasons why a well-bred Englishman regards Canadians as colonial bores. (They don't regard Americans at all.)

## Some Sports Dangerous?

The Canadian Medical Association Journal has issued a mild warning to Canadian doctors regarding the prescribing of the "pill". "Oral contraceptives like all drugs should not be used indiscriminately. A complete history and physical examination should be carried out by the physician before prescribing the medication."

The studies were conducted by the College of General Practice, the Medical Research Council and the Committee on the Safety of Drugs. A review of the findings concluded that some types of thrombosis were associated with the use of oral contraceptives like all drugs should not be used indiscriminately. A complete history and physical examination should be carried out by the physician before prescribing the medication.

The editorial said that the overall incidence of the disease in women of the reproductive age in Great Britain has not

increased materially with the introduction of the pill. The rate for thrombosis was stated to be 2.6 per 1,000 in 1961-62, 2.3 in 1963-64, and 2.4 in 1965-66. "While there has been no overall increase in thrombosis, the use of oral contraceptives in the same period, has risen from zero to nearly 10% of all women. One would expect an increase in the disease if a major relationship existed between the pill and this type of illness."

In its concluding comment, the editorial advised physicians that, in addition to the physical examination before oral contraceptives are prescribed, women should be examined at regular intervals for any evidence of disease of the heart or blood vessels. This action is recommended because of the very slight but apparently real risk of thrombosis.

Think... don't sink! Be water wise!

## Athletes to Ottawa

More than 100 athletes from Armed Forces units across Canada will take part in the first annual Canadian Armed Forces National Track and Field Championships to be held in Ottawa Aug. 14-15.

The meet, which includes 14 events, will be hosted by CFB Rockcliffe and will be staged at the R. D. Campbell Stadium at the Laurentian high school. G/C J. T. West, base commander of CFB Rockcliffe, has appointed F/L R. M. Zinck, Bridgewater, N.S., as the chairman of the meet. F/L Zinck is Rockcliffe's physical education and recreation officer. He will be assisted by F/L T. W. Pierce, High River, Alta., who will be special events chairman; Captain G. F. Finn, RCCE, of Ottawa, technical chairman; and FO L. D. Carmichael, Halifax, as personnel chairman.

For this meet, 16 national defence personnel who are now acting as officials for the Pan American Games in Winnipeg, will officiate. Other officials will be provided by CFB Rockcliffe. Visiting athletes will be billeted at Rockcliffe and at CFB Gloucester.

Events to be held during the meet include: 100 yard dash, 220 yard dash, 440 yard dash, 380 yard run, one mile run, three mile run, sprint medley relay (440, 220, 220, 880), high jump, long jump, triple jump, pole vault, shot put, javelin throw and the discus throw.

Paraguay's flag, which shows the republic's coat of arms on one side and three horizontal bars on the other, is the only national flag which has a different obverse and reverse.

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## STATION THEATRE

Thurs. Aug. 10  
**The Slender Thread**

Sidney Poitier Ann Bancroft

Sat. Aug. 12  
**One Eyed Jacks**

Marlon Brando Carl Morden

Sun. Aug. 13  
**The Naked Prey**

Cornel Wilde

Tues. Aug. 15  
**Judith**

Peter Finch Sophia Loren

Thurs. Aug. 17  
**Bunny Lake Is Missing**

Laurence Olivier Carol Lynley

Sat. Aug. 19  
**Young Fury**

Rory Calhoun  
Virginia Mayo

Sun. Aug. 20  
**Circus World**

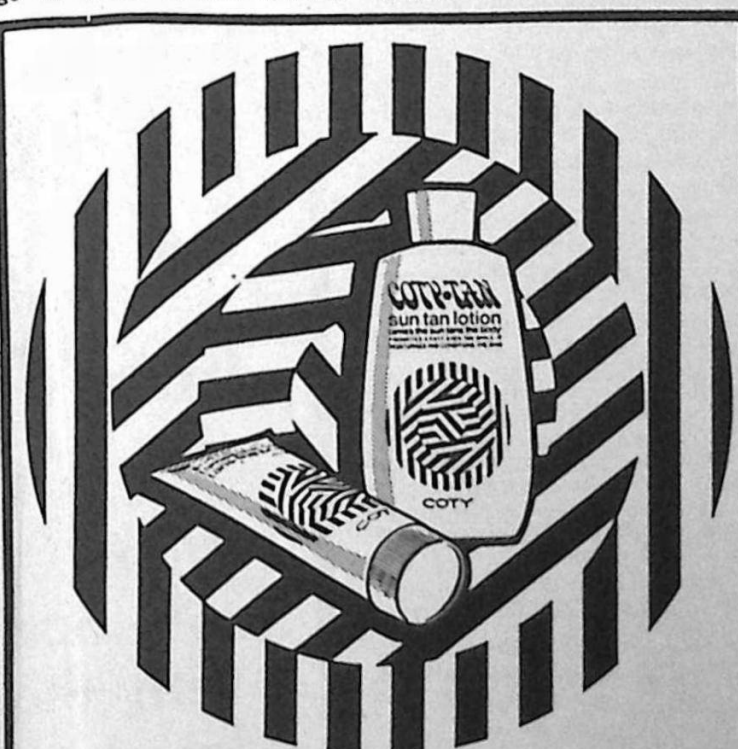
John Wayne  
Claudia Cardinale

Tues. Aug. 22  
**Moll Flanders**

Kim Novack Richard Johnson

Thurs. Aug. 24  
**In Harms Way**

John Wayne Kirk Douglas



## Cory Tan For Fun in the Sun

New Cory Tan lotion tames the sun, tans the body! Greaseless formula moisturizes and conditions the skin while it gives you a beautiful, even tan. Try it this summer for the best tan ever.

3-oz. plastic tube \$1.75 4-oz. plastic bottle \$2.00

**COMOX DRUGS**

JOHN GREEN  
Comox, B.C. Phone 339-3612





F/S N. MacLEOD, 407 Squadron's resident golf pro, conned his tee shot on the ninth hole of the Comox Golf Course recently to give him an unbeatable score for that hole. When he re-enacted the feat for the TOTEM TIMES, he knocked the typewriter out of the reporter's hands, which is why this caption is so short.

— DND Photo

## Support the Red Baron



A THRILLING MOMENT. 407 pitcher Norm Haney slides home with the deciding run in the recent semi-final game played at CFB Comox. Showing one of the greatest hook slides seen in some years, Haney deked the catcher out of position and scored by tunneling under the base path and attacking the plate from below.

— RFE Photo

## On the Base Paths

By GORD PALMER  
Well here I am back again for another try at Sports Writing. I did this very same thing at Beausejour for three years so I guess I should be getting used to it by now. I wouldn't mind trying it as a full time job some day. Well I guess that is enough chit chat I had better get busy and tell you what I have to say.

ZONE SOFTBALL FINALS:  
As far as we know at the present time the Zone Finals

will be played at either Esquimalt or Chilliwack on September 7th and 8th. We are certainly hoping that a final decision will be reached shortly because we have to make all our arrangements for transportation and so forth. I was talking to Al Hall the team manager the other day and he is hoping that we will soon be able to get all the boys together and have a few practices. A lot of them are still involved in League Play-offs so they should be in pretty good shape. I have been asked to serve as a

coach with the team and so far we have selected approximately 16 players who will be asked to come and try out for the team. Some of the players are as follows, this is by no means our final selection: Norm Haney, Frank Britton, John Zigarlick, Bill Rough, Don Clough, Jim Sommen, Art Johnson, Bob Nancekeville, Reg Smith, Harvey Rainey, Hughie Spicer, Ken Paisley, Rod Harrison and Paul Burns. I will let you know of our final selection in a week or two.

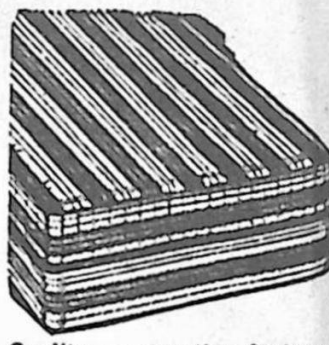
## Forces strength climbs still below '66 totals

Although recruiting for the Canadian Armed Forces is running about 70% ahead of last year's pace, the strength of the services is still below the totals for 1966, according to figures released recently by the Department of National Defence. In the first half of 1967, 7,042 Cana-

dians had succumbed to the DND hard sell, contrasted with the 4,340 who joined in the same period last year. Officials attribute the dramatic increase to the ending of the period of uncertainty over the roles of the armed forces, and the revised pay and trade structure intro-

duced last October. Total strength of the three services at the end of June was 105,899, down from the 106,186 of one year earlier, but an increase from the 104,553 at the start of Centennial year.

### Smooth Top Continental Bed Unit

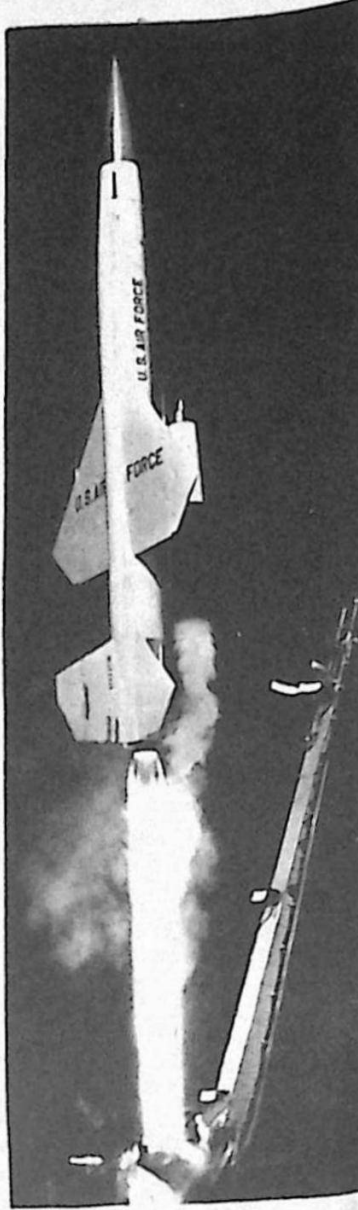


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AIR RACE ENTRANT The Centennial International Air Race, sponsored by East Mud Fence, Man., will soon be underway, and this sleek Houndstooth sports machine will be one of the favorites in the heavy going. The Houndstooth is so slim that the pilot must lie prone inside it, and file his head to a point, which is not much of a trick, as most pilots are equipped that way anyhow. They are also pretty good at lying down too. Not shown in this photo are the millions of tiny roller bearings which this aircraft uses in lieu of wheels for its landing. (NNS Photo).

### Handing over parade

At 1400 hours on Friday August 11, S/L KW Brown will hand over 121KU to W/C Payne. This parade will probably be the last ever to be held by S/L Brown and marks the end of his four years as Commanding Officer of 121KU. Following the parade there will be a Tea held in the Officers' Mess, to which all Unit Officers and their wives are invited.

## JIM'S GEMS

REVOLVING DISCARDS - A method of discarding which assigns a suit preference meaning to the First discard on any hand. There are two possible procedures which are similar in effect but vary slightly in execution.

(1) A low card calls for the suit below the suit in which the signal is given, and a high card for the suit above. The suits are considered in a circle with spades below clubs. Thus a low club discard on a heart lead would call for a spade, and a high club would call for a diamond.

(2) A low card calls for the lower-ranking of the other two suits, and a high card for the higher-ranking.

Example:

A lifejacket cannot help to save a life if it has been abused as a boat bumper, seat cushion or beach pillow. Be water wise!

NORTH  
SK85  
H6  
DK 10 9 8 4  
CQ 7 3 2  
EAST  
S 10 7 3  
HAQ 5  
D 7 2  
CJ 10 8 6  
SOUTH  
SA 9 6  
HK 10 8 4  
DQJ 3  
CAK 5  
WEST  
SQJ 4 2  
HJ 9 7 3 2  
DA 6 5  
C 9

South plays in three no trump after opening one no trump. West leads the three of hearts, and east correctly plays the Queen. South wins the heart Queen with the King, and leads diamonds. West holds up the ace until the third round in order to get a signal from East. Normal signals would not help, because east cannot spare a heart. Using procedure (2) the four of clubs asks for a heart, and the ten of spades would carry the same message. Using the revolving method given in (1), the three of spades or the Jack of clubs would be appropriate.

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SPECIAL  
Hobo Stew

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WED. 16th BINGO 5¢ per card

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Music by the  
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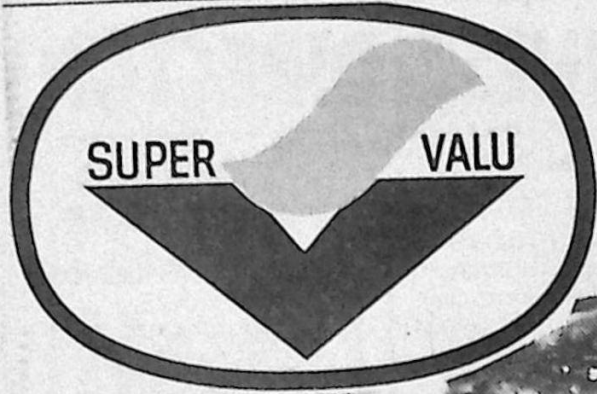
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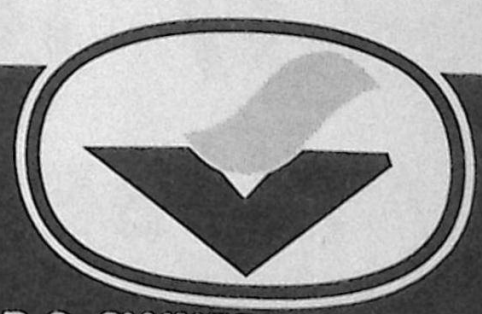
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