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# TOTEM TIMES

VOL. 7

R.C.A.F. STATION COMOX,

THURSDAY, FEBRUARY 24, 1966

No. 4

## Re-engagement bonus announced

Maximum of \$1,000 to be paid NCOs and Airmen who re-engage



W/C G. M. Adamson, CTSO: "I think the idea is sound basically and certainly the money is well spent. I'm sure the fellows will think a lot harder about getting out now and it's good business from our point of view: it costs much more than \$1000.00 to train a recruit."



S/L L. P. S. Bing, PADO: "I think this is a step in the right direction and was long overdue. There will also definitely be a pay raise on the 1st of October and this should further alleviate the situation."

### Most airmen pleased with bonuses

Interviews with sample of station personnel reveal happy smiles which gloomy interviewer failed to dispel.

Asked of a few people caught off-guard last Monday: "What do you think of the Re-Engagement Bonus announced by DND?"

Associate Minister of National Defence, the Hon. Leo Cadieux, announced last week that servicemen of non-commissioned rank would be paid a bonus of \$200 per year for re-engaging for further periods of regular force service. For an airman re-engaging for the normal five year period this would amount to \$1,000 prior to taxes.

What the precise benefits will be no airman who, for example, re-engaged last year, was unknown to Totem Times personnel at press time. It is known that the bonuses will be pro-rated on a monthly basis; that is, if an airman re-engages and serves four years he will receive \$800. Whatever the details, there's no doubt that the Comox Valley merchants will have to stock up on dresses, cosmetics, new cars and boats.



LAC H. E. Johnstone, Rec Staff: "The object is to keep people in after their first five years and I think it'll work. A small percentage will still get out who have better civilian opportunities, but this should stop a lot of releases."



LAC D. W. Spellman, 409: "Don't know yet how it affects me personally. If you're getting out of the airforce to go to a civilian job you must know you'll better yourself more than \$200 a year or you wouldn't get out."



LAC M. E. Gruninger, Met: "It's a lot of money in a lump sum but not much if you spread it out over five years. What we need is a 100-dollar a month raise."



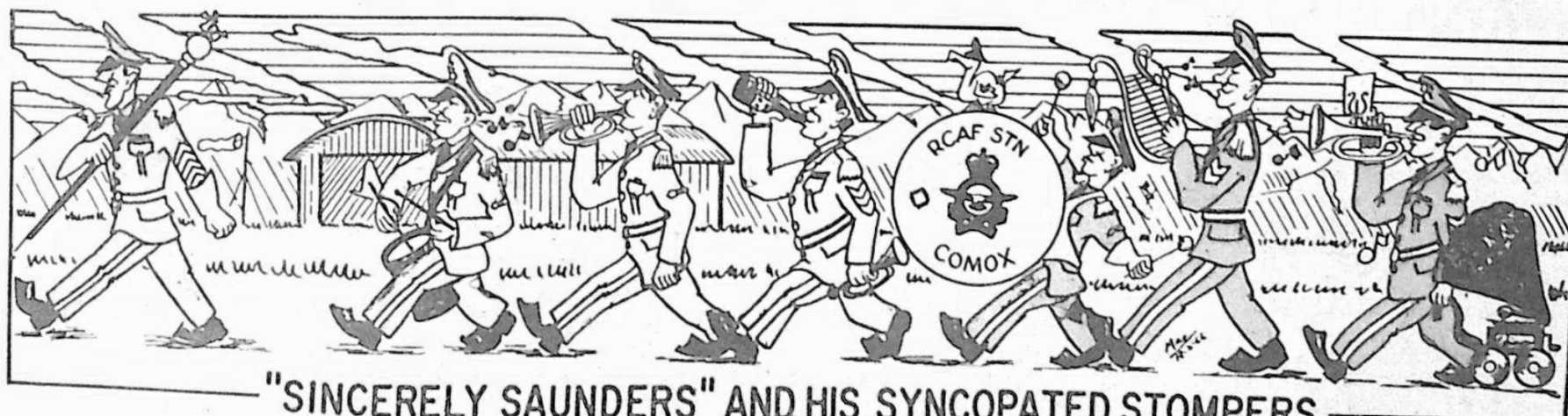
LAC M. W. Mills, 407 Ops: "Quite happy to hear of it. So was my wife. Should be a nice chunk—everyone I've talked to seems quite happy."



LAC D. L. Wood, 407 Torp Shop: "If I intended to get out it wouldn't alter my intentions any. I'm probably going to re-enlist next month."



WO2 J. S. Reddington, Accts: "It won't affect me—pension penalties are high between 20th and 25th year. Glad to have the money though."



"SINCERELY SAUNDERS" AND HIS SYNCOPATED STOMPERS.





## Adm. Stirling makes inspection

This station and 407 Squadron were honoured by a visit on February 10 of Rear Admiral Michael G. Stirling, the Maritime Commander Pacific, who maintains his base in Esquimalt. Rear Admiral Stirling inspected 407 Maritime Squadron personnel and facilities and was the guest of honor at a Station Mess Dinner.

Born in Kelowna in 1915, the Admiral joined the RCN in 1933 and carried out much of his early training aboard ships of the RN until 1938 when he joined the destroyer Skeena. In 1940

he became executive officer of HMCS Assiniboine. In 1942 he was appointed to shore duty in Ottawa and later in Halifax. In 1944 he returned to sea to command the destroyer St. Laurent and later the newly commissioned destroyer Crusader. In 1947 Rear Admiral Stirling was stationed in Washington DC on the Canadian Joint Staff and in 1949 he returned to Ottawa as Director of Naval Communications. Following a sea tour as executive officer of the cruiser Ontario he went to Norfolk to the HQ of the Supreme Allied

Commander, Atlantic. Following a tour as Commanding Officer of HMCS Cornwallis, the RCN training base at Digby, NS, Rear Admiral Stirling returned to sea duty as Commander Second Escort Squadron. In 1961 he was Senior Canadian Officer Afloat (Atlantic) and flew his broad pennant in the Carrier, Bonaventure. He was promoted to his present rank and appointed Chief of Naval Personnel at Naval Headquarters in 1962. He was appointed Flag Officer Pacific Coast and Maritime Commander Pacific in 1964.



**LONG TIME NO SEE, SIR** — S/L R Button presented a 409 plaque to A/M L Dunlap during the recent visit of the Deputy Commander NORAD to Station Comox. S/L Button, Nav Leader on 409, was aide to A/M Dunlap in Ottawa when the Air Marshall was CAS.



## New Cyprus commander announced

Colonel G. R. Hale, 46, of Toronto, will go to Cyprus in mid-March as commander of the Canadian contingent and deputy chief of staff of the United Nations Force on the Mediterranean Island.

He succeeds Col. J. L. Drewry, 46, of Cobourg, Ontario, whose new appointment will be announced later.

## International Air Show at Abbotsford

The first truly world-wide type of air show to be held in North America will be staged at Abbotsford in 1967 as part of Canada's Centennial celebrations.

Announcement of the Centennial International Air Show was made by L. J. Wallace, general chairman of the Canadian Confederation Centennial Committee of British Columbia. "It is being designed as a show comparable in concept to the Paris Air Show and the Farnborough Air Show in England," he said.

Exhibitors of aircraft equipment and supplies

from many countries are expected to participate. Invitations will include Canadian aircraft and supply manufacturers; all other aircraft manufacturers in Europe, the U.S.A., and Japan; the latest Russian aircraft; the U.S. space program; historical and vintage aircraft; the air forces of Canada, United States, U.K. and France.

"The Centennial Air Show will also demonstrate to the world the contribution aviation has made to the development of Canada, more so than probably in any other country of the world," Mr. Wallace stated.

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**PRECARIOUS PERCH** — F/O Bob Olson explains the dials and switches of a 409 Voodoo to visiting science students from Campbell River. Seventy-six grade 9 pupils from the junior secondary school visited the station last week as a part of their science course. The boys and girls were escorted by four 409 officers, and toured the Met Section, Air Traffic Control and looked over the Voodoo.

## AIRMEN TO GET CASH

Soldiers and airmen will start paying spot cash for purchases at quartermaster's stores this spring, as sailors have been doing for many years. A monthly \$7 kit allowance will be included in their pay account as it is for the navy.

The new clothing upkeep allowance replaces the credit system in use by the army and air force since 1953.

The new accounting method will be simpler and more economical, two forms replacing 11.

In pre-integration days, soldiers and airmen received a monthly \$7 credit in a separate account with any credit balance given to them periodically.

A field accounting or kit exchange system will continue in some foreign postings such as Cyprus and Egypt. During these tours the clothing upkeep allowance will be suspended.

The integrated "cash and carry" system starts March 1 with credit balances paid during the month.

## Falcon Jet

An arrangement between the governments of Canada and France may result in the Canadian purchase of several eight-passenger jet aircraft. In turn the French would purchase Canadian aircraft which would be used as water bombers for the control of forest fires.

Although the matter is presently before the government in Ottawa, no decision has yet been reached. The sleek Mystere 20 Falcon jet would replace a large number of RCAF aircraft, including about one half of the present fleet of turbo-prop Cosmo-politans.



**TRUMPETS GLEAMING** — The station band poses in full dress uniform. Bandmaster Sgt RL Saunders (extreme right) hopes to raise strength to at least thirty musicians before the busy summer season. Saunders is the only full time bandsman. All the others including assistants Sgt WE Allen (on left) are volunteers.



**LAC P SIMS**, like many of the band members, is a shift worker. Sims attended practice after working the graveyard shift as a GCA Tech.



**LINED UP** with the drums is Cpl RJ Campbell, of the para-rescue section. There is to be another Glockenspiel added to the band in the near future.

## Band recruiting

The station band has a strength of about twenty-five, five less than the desirable minimum of thirty. Sgt R L Saunders, bandmaster, says he had to turn down several requests for the band last year because of the lack of musicians. The busy season for the station band is approaching, summer brings many requests and invitations to play, mostly from island points. One of the more interesting trips the band hopes to make this year is to the Grey Cup Parade.

Saunders is the only full time bandsman, the others are volunteers, putting in a half hour of their lunch four days a week at practice. The other half-hour comes from service time in the hour long sessions held in the Social Centre Monday through Thursday. Many of the musicians are shift workers, further complicating the manpower problem.

Sgt Saunders said he is looking for people with a basic knowledge of music. "We still have several months to get in shape for the summer," he said.

F/L G Fisher, station PIO, has been appointed Band Officer. He will handle booking and publicity arrangements for the band.

Anyone interested in joining should contact Sgt Saunders at local 391 or see him in the bandroom at the Social Centre.

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**TWO FRENCH HORNS** and two baritone are played by LACs GW Veeneman and DW Arndt, P Cronk and GA Tosh. The horns differ from the normal single-valve type in that they have a slide similar to a trombone, allowing a full range of chromatics to be played.



**FOOT STOMPING** and finger pointing, Sgt Ron Saunders puts the band through a regular one hour workout. Sgt Saunders is the only bandsman on the station.

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# TOTEM TIMES

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**EDITOR:**  
F/L La Dodd  
**EDITORIAL STAFF:**  
F/L WJ McWilliams  
F/O RH Lemm  
F/O RS Reid  
**SOCIAL EDITOR:**  
Mrs. D. Swift  
**CARTOONIST:**  
Cpl LG McCaffrey

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F/L E Swift  
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## What to do with \$1,000

Life never stops getting complicated. After a fellow grows up, joins the air force, settles down into genteel poverty, Friday night beer and the cares and maintenance of a car which should really be junked, along comes someone and gives us a thousand bucks every five years. It's easy enough to say that we could all stand problems like this more often, but maybe we should look at the situation more closely.

First of all, try as you will, there'll be taxes. Try to tell your wife that. She knows you got a thousand dollars because that's what the papers said you would. And what kind of sense does it make for the government to give you a thousand dollars and then take back two hundred of it?

Patiently explain it all to her so she can revise her plans. She'll decide that your golf clubs will have to be deleted from the list. Still, there's enough left for the super-deluxe combination freezer refrigerator that floats off the floor when you plug the vacuum cleaner into it.

Nope, you say. You're going to use it to pay off a few debts that past five years have incurred. Get yourself a good credit rating. Then, maybe, you can think about getting a station wagon to haul the kids to their music lessons.

Tears. Recriminations. A big fight. You punch her one in the horn to shut her up and your teen-age daughter sees you and calls you a brute. Ashamed, you dart to the mess where you find all your buddies equally guilt-ridden. When you get home you find a note propped against a milk carton telling you that your wife and all six of the kids have left you and gone home to mother in Halifax. After you arrange leave and go there and apologize and bring them back. Total transportation cost, not including the fifty it costs you on wine and orchids by way of apology: Eight hundred dollars.

A week later she buys the super refrigerator.

## Gimli gets good guy

F/L Ken Harper, the Senior Air Traffic Controller at Comox, has received news of his transfer to Station Gimli. Ken has served at Comox since arriving here from Fort Churchill in August, 1963. Since that time he has made our approach control facilities better than any in the country and made a really supreme effort to accommodate the three flying units on the station.

Just about any day of the week Ken can be caught in the midst of an argument with some aviator who has a better system of air traffic control. He starts nearly all of the arguments himself because he genuinely wants to know how to improve his system and his tactics have paid off well for the fliers. This makes it hard to find out what he really thinks about Arnold Palmer or the NFL, but it also means that after a bout with Ken you leave feeling that if you lost the argument you learned something about precision radar or Tacan approaches.

Poor Gimli. They only have T-Birds and Tutors and they probably think their approach and close control is excellent. There are probably twenty pilots who have closed their minds to any other way of doing things from forty miles out. Their arguments marshalled, one can picture them

tackling Ken about seven o'clock on a Friday night.

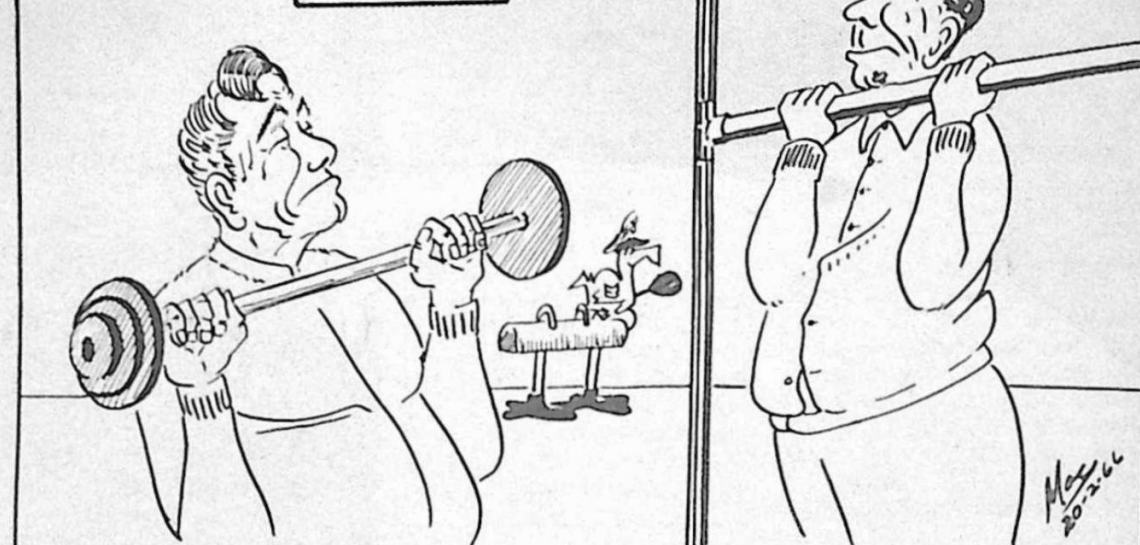
They haven't got a hope. One day though, when they've forgotten exactly where they are and they're just a smidge short on petrol and the weather is just a little on the Blue Ticket side, they'll dial Ken on Approach Control. The big confident voice will steer them around till they make it back to the bar.

With no recriminations about jet pilot stupidity, high level navigation, or non-standard RT.

## Vanessa Cancelled

Totem Times Lady Gets Heave-Ho  
Lack of response to our sob-sister column has forced the editor to cancel the oral contract reached with our Venetian Lady, Vanessa. Seems that the lady wrote and complained that her work load as a dress designer and authoress was too heavy and anyway that the type of letter she was getting was provocative, apocryphal, and dull.  
So we canned her. Just because our love lives are dull is no reason to think they were apocryphal.

## CANADIAN FORCES PHYSICAL FITNESS PROGRAM



IF THIS IS THE PUSH BUTTON AGE, HOWCOME WE GOTTA BE IN SUCH GOOD SHAPE?

## RCAF history

### HOME DEFENCE

From the handful of units available at the outbreak of war the home defence establishment grew to a peak of over 40 squadrons in 1943. The number of bases increased until both coasts had a network, curving from Labrador through Newfoundland to the Maritimes, and from Alaska to Vancouver Island.

The bulk of the work naturally fell to eastern air command (EAC). From the spring of 1941 onwards the resources of EAC were taxed to their utmost in the grim battle of the Atlantic. Enemy U-boats were sighted and attacked in Canadian coastal waters; they even penetrated into the St. Lawrence to sink vessels. The most critical period came in 1942 and the first six months of 1943 when submarine activity in the North Atlantic reached its peak. EAC aircraft sank six submarines. Western air command damaged a Japanese submarine which was then sunk by warships.

In the late spring of 1942 WAC sent several bomber-reconnaissance and fighter squadrons to Alaska and the Aleutians to assist the American forces in

(Continued on page 10)

## Bingos

Every second Wednesday in the Rec Centre.  
Next: 2 Mar, 16 Mar., 30 Mar.  
Time: 2000 Hrs.  
5c per card per game.  
Cash prizes - 60/40 split.  
Beer - All RCAF, DND Employees and dependents over 21.

Answer to Puzzle, Page 12

B	A	S	S	O	P	S	A	R	I	D
A	N	E	W	L	E	T	L	E	N	E
S	T	R	A	D	D	L	E	S	T	E
K	E	E	N	E	L	I	E	T	O	P
S	P	L	E	N	D	O	R			
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A	P	P	E	N	D	E	T	A	P	E
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C	R	E	A	T	I	O	N			
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R	O	O	T	D	I	S	S	O	L	V
S	P	U	N	E	R	A	S	O	L	V
T	E	S	T	D	E	W	E	R	N	S

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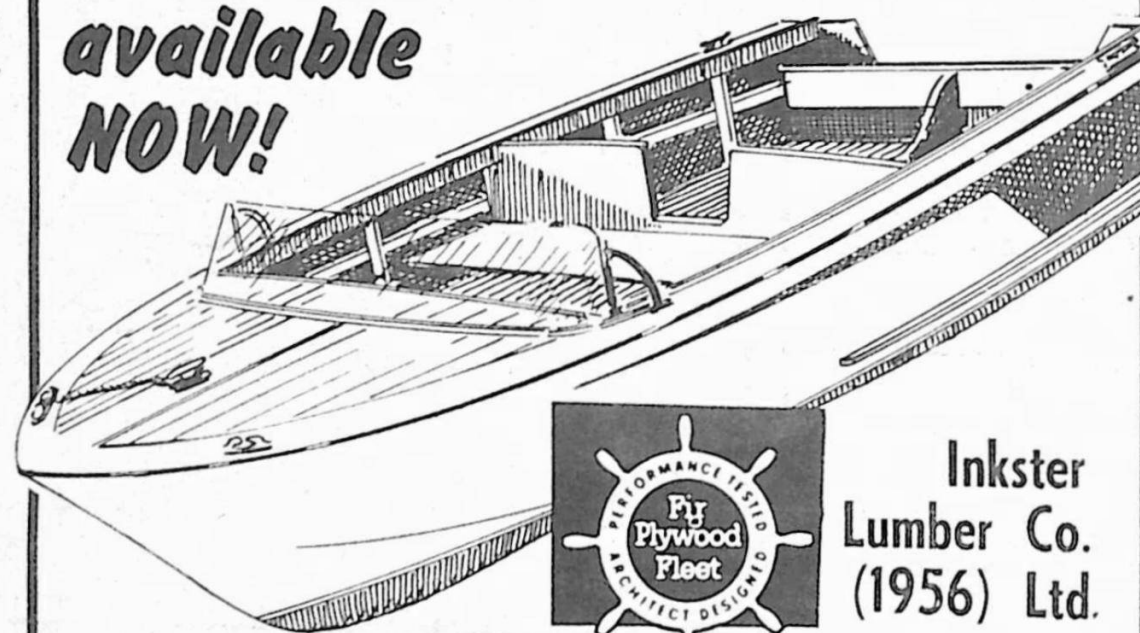
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## SENIOR NCO's CORNER

by BFSTK

The mess has been quite active in the past week. The wives decorated the mess with suitable valentines etc. for their monthly meeting held on Monday evening 14 Feb. These decorations were left up and were utilized for the "Bavarian Nite" held on Saturday evening 19 Feb. Approximately 180 people attended this function and from what I am told, What with L. G. Scharfe singing German songs, and the fine music of the "Swinging Shepherds," and other German type food put up by "Gordies Delicatessen" the evening was a huge success.

The cribbage teams are currently enjoying a winning streak after almost six weeks of straight losses. There are only three games remaining to play in the current season. The cribbage banquet will be held in the Native Sons' Hall, 1 Apr. 66.

### COMING EVENTS

26 Feb. 66 - 1300 hrs. Bowling Tournament. (Babysitting service available). 2030 hrs. - Bingo and Dance, Variety music. Chili. \$1.00 per card.

19 Mar. 66 - 2100 hrs. St. Patrick's Dance, Irish southern fried chicken, etc. Orchestra.

2 Apr. 66 - Bingo and Dance. 2030 hrs. Swinging Shepherds. Chinese food. \$1.00 per card.

16 Apr. - Easter Ball. 2100 hrs. Cocktails, Orchestra, Food!! (Hip of beef). Semi formal/Dress optional. (No sportswear). \$2.00 per couple.

30 Apr. - 2030 hrs. - Sportsmens Bingo and Dance. Swinging Shepherds, Fish and chips. \$1.00 per card.

Your mess committee takes this opportunity to welcome any new members and their families to RCAF Station Comox and the beautiful Comox Valley. Remember you have a home away from home, your Sgts. Mess. Support your mess and your mess committee.

With this new Physical Fitness program gaining momentum there seems to be many of the senior NCO's limping around, taking deep heat treatments at the hospital, getting rub downs for sore muscles, etc. Remember fellows easy does it. Do everything in moderation, which reminds me of a joke,

### WEIGH OUT

A doctor gave an elderly, overweight senior NCO a diet to

follow. The patient adhered to the diet and lost so much weight that when he returned two months later for a check-up, he exclaimed to the doctor, "I feel so young that today in the elevator (7 Hanger) when I saw a girl bare her arm I felt like biting it!" "You could have, you know," said the doctor. "It's only 40 calories."

Quotable Quotes: Men may be convinced, but they cannot be pleased, against their will.

## Volleyball Championships

The Canadian Forces Volleyball Championships for Maritime Command (Pacific) and British Columbia Area will be held in the gymnasium of HMCS Naden on February 25th and 26th.

Entries from the army, air force and navy will not be in until the middle of the month, however, it is known that two teams, one of them from the Band Section, will represent HMCS Naden. The army has also made it known that a team from the Royal Canadian Engineers in Chilliwack will contend.

Two teams from each service will be eligible for the regional championship. The winner will go to a Canadian final.



**MEET MISS MILDRED MOUW**, age 6½ years, of 759 Williams Road in Richmond, B.C., recently selected as this year's "Tammy", symbolic of Crippled Children for the coming Easter Seals Appeal. Mildred was born with Spina-Bifida, a crippling disease of the spinal column. She wears braces, uses crutches, and is presently undergoing some therapy treatment. Her brother's name is Ronald. This year SIXTY Lions' Clubs plus other affiliated groups in the province hope to realize a goal of \$115,000 through the sale of Easter Seals. Each club has a quota to reach in their area. With business, employee groups, and special requests the B.C. Society for Crippled Children must raise \$175,000 during the year to continue its extensive services to these handicapped children. The Easter Seal Appeal is conducted annually the last three weeks in March through Easter Sunday. "Tammy" will mail out 500,000 Easter Seal letters this year in B.C.

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# 409 attends Holberg conference

On Friday, February 18th W/C WH Vincent, officer commanding 409 AW(F) Squadron, and 12 of his officers travelled to RCAF Station Holberg to discuss various operational procedures with the Commanding Officer and staff of 53 AC and W Squadron.

Although the 409 officers expected to get to Holberg quickly by means of a 121 Squadron helicopter, the "Chopper" at the last minute became unco-operative. As a result, the trip was made by the usual method of aircraft, to Port Hardy, bus to Coal Harbour, and subsequently, boat to Holberg. Much to everyone's dismay the return trip also was via the land, sea, and air route.

The preliminary conference was held on Friday afternoon. During this session, the tactics and procedures to be used during several possible defence postures were discussed. F/L D.E. McLean made the formal presentation of 409's plans for the Officer Commanding. The following day, S/L R. B. Button, Navigator Leader of 409 Squadron, led a discussion to resolve mutual problems and to determine the procedures to be used during training exercises involving personnel of both units.

Several hours before dawn on Saturday, five of the "Hardier" types: S/L "Sid" Popham, F/L's "Gerry" Davidson, "Jim" Morwick, "Gus" Meinert, and "Eric" Steffensen, leaped out of bed, and hiked "a couple of miles or so", to fish for the mighty north-island steelhead. This expedition proved to be as successful as were the meetings. "Gerry" Davidson landed a thirteen pounder; "Sid" Popham was forced to settle for one that weighed six pounds. Lucky.....'s

To express the squadron's appreciation for the fine hospitality and great co-operation shown by the personnel of Station Holberg, W/C W. H. Vincent presented W/C D. A. Child, Commanding Officer, RCAF Station Holberg, with a 409 Squadron plaque. The plaque now hangs in their Officer's Mess.

In the five-year 1960-64 period the cumulative deficits of all governments in Canada totalled \$3.2 billion.

## Station Activities

Parade of Bands  
Spring Cabaret

4 MARCH

Place: The Recreation Centre

Time: Friday, 4 March

Who: All Adults

Price: \$1.00 each

What: Five (5) Bands  
Two (2) Floorshows

Refreshments available. Food at Snack Bar only. Advance tickets. Table reservations through the Recreation Office, Local 315. Don't hate yourself by failing to attend one of the events of the social year.



AS W/C WH VINCENT DISEMBARKS from the RCAF MV Nimpkish II, he is welcomed by W/C DA Child, Commanding Officer, RCAF Station Holberg.



S/L RB BUTTON leads discussion among officers of 409 Squadron and Station Holberg.



THE LUCKY FISHERMEN — From l. to r.: F/L JF Morwick, F/L PG Davidson, F/L HG Meinert and S/L SF Popham.

Next publication  
March 11. Please  
have articles in by  
Monday, March 7.

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## The Wonderful World of 121

by GOSH

Cpl Ed Way is busy getting ready for his transfer to Cold Lake. You had better see Sgt Senft re frost shields, block heaters, etc., Ed.

F/S Jerry Dupuis just received a transfer to Lahore and doesn't know if he is sad or glad. Best of luck, anyway.

Cpl Dick Bruce received a letter and a copy of a very exceptional newspaper (L'Indépendance) recently from some acquaintance (???) in Montreal. Here is an exact copy of the letter.

Montreal,  
La Belle Province.

Monsieur:

Thank you very much for your subscription to this paper. We are pleased to hear that you take an interest in our movement pour l'Indépendance (RIN). Here will be one edition sent to you every month for your pleasure.

—Vive L'Indépendance,  
Jean Louis Charbonneau,  
Editor in Chief.

???

The boys in the Chopper flight have had quite a time lately. They waited until Sgt. Senft, Cpl Collins and LAC Perrier were away to Rivers on an extended Chopper Course, before they decided to start pulling engines. They weren't satisfied until they had the engines pulled four times, plus all the component changes. So, hurry back boys — the flight misses you.

Four of HMCS Naden and HMCS Sussexvale. Four officers and nineteen NCO's and men from 121 R.U. enjoyed a very interesting and entertaining visit, on Thursday 17 Feb. We travelled by Dak to Pat Bay, and bus to Naden, arriving about 10 a.m. then started on a very fast tour of the training facilities, the RCN Operations, and Equipment of the Fleet School.

As one of the instructors mentioned to us, they have excellent training facilities, lots of component instructors, but a severe shortage of students. It was interesting to see 8 Eskimos that the Navy are teaching how to build boats. When these young men are trained, they go back to their own people and act as instructors, then 8 more Eskimos come down to Naden for 6 months training.

From the Fleet School we were rushed by bus to HMCS Sussexvale, a war time Frigate, now an Ocean Escort. We were split up into small groups, and did a fast tour of the ship. Even though a little bit late, we were treated royally, and all enjoyed the rum ration (Wow)

Their rum is sure good (and powerful), one of the Warrant Officers in our group will vouch for that. Eating lunch (chicken or duck) in the various messes, we found the food excellent (even though some sailor swore it was sea-gull).

I believe we were all sorry to leave the ship to continue on with our tour, (except for one of our W.O.'s).

Dick Bruce was talking to the seamen like an old Navy vet, using all their lingo. When one of the sailors asked him how long he had been in the RCAF and was informed 14 years, they seemed very surprised, they asked him how long he had served in the Navy, so he told them he had been a Boy Sailor for 3 months.

LAC George Fenwick was particularly interested in the Sussexvale as his son had served on it about 3 years ago. (You don't look that old, George).

On this tour, real ex-navy types Cpl Bob Smith, and LAC Ted Mazur, interpreted for the rest of us, all the navy terms and nick-names. Ted Mazur met a few of his old buddies, and unfortunately one of his former officers L/Cdr. Dougan (after 8 1/2 years) recognized him, and even remembered his name.

From the Sussexvale we walked to HMCS Dockyard, and were conducted on another quick tour of their facilities and shops. We were very impressed by the abundance of equipment and the modern machinery.

LAC Soucy was commenting (in a professional way) on the sheet metal work and rivetting done on a project in one of the shops. The workers there didn't seem to appreciate his opinions, but the rest of us could see the advantages of his suggestions.

After a bus trip out to VU 33 at Pat Bay, we had a bumpy ride back to base, with much reminiscing and laughing over the day's events. After climbing up and down ladders on board ship, especially down in the boiler room in the basement, and ducking through the oval doorways, most of us hope they don't carry the integration bit too far. But on the other hand, we are all for this rum tot business (especially one of the W.O.s in our group).

Seriously, everyone with whom we came in contact with on this trip, treated us exceptionally well and really made us feel welcome. We were given the royal treatment, especially aboard the ship, and we only hope we may return the favour in the near future.

## CLASSIFIED

### CARS

1960 CHRYSLER Windsor for sale — Mechanic's or wishful thinker's special. 65,000 miles. Auto., power steering, power brakes. Radio. Tinted glass. Needs body work and paint job. Shocks, radiator fixed, and 2 tires. Wholesale list is \$1100, but no one's that foolish, so I'll ask \$900 and you can spend the difference fixing it up. No trade. This is a heck of a buy for a guy with lots of imagination and little money. Ph. 339-3328.

### FOR RENT

KYE BAY—Choice furnished 2-bdr. units. Central hot water auto. heat, all utilities included. Kye Bay Guest Lodge, 339-2771.

berg by some of the aircrew last weekend, pleasure was mixed with business through a fishing safari Saturday morning. F/L Gerry Davidson latched onto a thirteen pound steelhead, his third of the season, and S/L heralding the arrival of beach parties and hay-rides.

## Ladies afternoon Bowling League

Week of Feb. 8, 9 and 10. High single, B. Alexander, 271. High triple, B. Alexander, 595. Standing high single, S. Ryan, 518. Stand. high triple, N. Jones, 766.

Five best average: N. Jones, 204; G. Hall 195; L. Cummings 184; D. Polylyk 180; M. Worthington 179.

Team standings:

Team 3 - 114 pts.
1 - 77
9 - 66
5 - 62
8 - 57
4 - 55
2 - 50
6 - 47
10 - 42
7 - 25

Week of Feb. 15, 16 and 17: High single, D. Guay, 238. High triple, E. Ings, 538. Standing high single, G. Hall, 336. Standing high triple, G. Hall, 787. Five best average: N. Jones, 204; G. Hall 199; L. Cummings 182; D. Polylyk 181; M. Wor-

S/L Brown should be congratulated for initiating this tour, as a means of thanking the men in Repair for their good work. We feel sure there will be more volunteers for the next trip of this kind.

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# 409 attends Holberg conf

On Friday, February 18th W/C WH Vincent, officer commanding 409 AW(F) Squadron, and 12 of his officers travelled to RCAF Station Holberg to discuss various operational procedures with the Commanding Officer and staff of 53 AC and W Squadron.

Although the 409 officers expected to get to Holberg quickly by means of a 121 Squadron helicopter, the "Chopper" at the last minute became unco-operative. As a result, the trip was made by the usual method of aircraft, to Port Hardy, bus to Coal Harbour, and subsequently, boat to Holberg. Much to everyone's dismay the return trip also was via the land, sea, and air route. The preliminary conference was held on Friday afternoon. During this session, the tactics and procedures to be used during several possible defence positions were discussed. F/L R.F.

tation of 409's plans for the Officer Commanding. The following day, S/L R. B. Button, Navigator Leader of 409 Squadron, led a discussion to resolve mutual problems and to determine the procedures to be used during training exercises involving personnel of both units.

Several hours before dawn on Saturday, five of the "Hardier" types: S/L "Sid" Popham, F/L's "Gerry" Davidson, "Jim" Morwick, "Gus" Meinert, and "Eric" Steffensen, leaped out of bed, and hiked "a couple of miles or so", to fish for the mighty north-island steelhead. This expedition proved to be as successful as were the meetings. "Gerry" Davidson landed a thirteen pounder; "Sid" Popham was forced to settle for one that weighed six pounds. Lucky..... To express the squadron's appreciation for the fine hospi-

shown by the personnel of Station Holberg, W/C W. H. Vincent presented W/C D. A. Child, Commanding Officer, RCAF Station Holberg, with a 409 Squadron plaque. The plaque now hangs in their Officer's Mess.

In the five-year 1960-64 period the cumulative deficits of all governments in Canada totalled \$3.2 billion.

## Station Activities

Parade of Bands  
Spring Cabaret

4 MARCH

where in the world, to aid for civilian operations in Canada.

By working closely with Air Transport Command, Mobile Command combat units are air-transportable at short notice. They will continue to use the C-130 Hercules aircraft. In addition, the medium-range Caribou and Buffalo short take-off and landing aircraft and Voyager transport helicopters are being formed into tactical air transport squadrons as they become available.

Maritime Command will also contribute to the force.

# 121 On Tap

learn about navigation when you get settled is how to play darts, Rick. Watch out for the hustlers in the aircrew lounge. We hope you enjoy your tour at Comox and 121.

We gain one, and we lose one, old Mike Mole. Mike made his last flight a memorable one a mercy trip to Vancouver for Rob.

The old pussycat was back for a visit to see his family this weekend. Gil landed at Abbotsford and somehow there were five aircraft around all waiting to take him home. Just shows how much he is missed, especially by the RAD flight who are short-handed. Gil left Monday on an ANS Dak for WG. Brrr.

Latest "Jam" trip coming up seems to be to Masset to pick up the dental team. It is almost time for another trip back East to raise up the single fellows' morale on the squadron, heh, Rob. The latest rumors of 121 moving to Victoria have been shot down by the top brass, however, remember Vancouver fellows. Actually the whole story was a plant by the single types to get down to civilization. Newest rumor is that naves and ROs will be trained to first officers on the Albert.

Coming Events: Cocktail and Mug dinner on Sunday, 26 Feb., starting at 1800, a going away party for F/Ls Bertrand, Kirkland and F/O Ross. See you at the Bar.

## Nighthawk's Nest

With the defence department's announcement last Friday on "Pay to Stay," it was pretty hard to find a 409 airman without pencil in hand, assessing his dubious, but new found prosperity. The CF-101, as we all know requires a lot more than just pilot and nav to be kept flying, and there are a lot of very capable people we'd like to see stay around our flight line to do just that. Will the re-enlistment gratuities accomplish this? We are going to have to wait and see.

It was shown also in the recent defence budget, that a large amount has been allocated to the Navy, with a fair sized sum set aside to sonobuoy development. It is felt in some circles, the sonobuoy development costs

could be drastically reduced by merely dropping radio officers with megaphones into the water instead.

The Nighthawk hockey team hung up their blades last week, ending another season of near straight losses. Whether some of the great names, Crazy Legs Reid, Fireball Moriwck, Punch Popham, and many others, will be back next season, we don't know. Though the club this year bore all the earmarks of a west coast New York Ranger squad, at least they tried. So from those of us, who as usual, sat on the sidelines contributing nothing... we want to say "Well Done."

After a few weeks of noticing Nick Stoss appear at all times of day and night around the flight room, it was discovered he was living here. Nick took up residence in one of our back rooms, after he had been evicted from his regular quarters during a major renovation program in the BOQs. He is again, we are happy to report, home in officers' quarters.

F/O Al Cooper has purchased one of the new Japanese model cars now on the local market. Instead of an engine warranty, we understand he received a life time supply of new elastics. Rots of Ruck.

Command headquarters have announced the transfer of former Nighthawk, F/L Bob Sherat, back to Comox for another tour. Along with Bob, will be F/L John Emon, formerly of Puntzi Mountain fame.

On a conference visit to Hol-

## CLASSIFIED

### CARS

1960 CHRYSLER Windsor for sale — Mechanic's or wishful thinker's special. 65,000 miles. Auto., power steering, power brakes. Radio. Tinted glass. Needs body work and paint job. Shocks, radiator fixed, and 2 tires. Wholesale list is \$1100, but no one's that foolish, so I'll ask \$900 and you can spend the difference fixing it up. No trade. This is a heck of a buy for a guy with lots of imagination and little money. Ph. 339-3328.

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berg by some of the aircrew last weekend, pleasure was mixed with business through a fishing safari Saturday morning. F/L Gerry Davidson latched onto a thirteen pound steelhead, his third of the season, and S/L Popham grappled with the first of his career, a six pounder.

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## Mobile Command

Mobile Command, the largest of the integrated functional commands of the Canadian forces, is beginning to take over command of combat units and the bases supporting them.

The units of the new command, stationed in Canada, will be available on short notice for employment in a variety of roles ranging from peace-keeping and peace-restoring activities any-



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Gray	Blue or Gray Oxford	Blue & Green Rep Stripe	Black	Gray Green Heather Tweed	Soft Green or Green Gray
Olive-Brown	Eggshell or Tan	Green & Red foulard	Cordovan Color	Mustard Green Green Mixture	Olive or Bronze
Black-Olive	Black & White Stripes	Deep Green	Black	Black or Oxford Gray	Black felt
Medium Gray	Gold & White Stripes	Gold & Black figured	Black or Dark Cordovan	Medium Gray or Natural Gabardine	Medium Gray Black felt

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## Demon Doins

The deployment to Whidbey is over and the Squadron has returned to its quiet, efficient day to day routine. And then ZAPPI! along comes the big shuffle as crew personnel begin to shift to make room for new arrivals and fill vacancies left by recent transfers.

It seems the shift system has been revamped to exclude as many 6:00 am briefings as possible and to facilitate future night flying for the summer months to come. I think we are all thankful to see this change take place. It always required a little extra strength to face your bleary-eyed crew members at 5:30 in the morning. Perhaps now everyone can rid themselves of their caffeine nerves caused, in fact, by drinking fifteen cups of coffee in an attempt to keep awake at six am.

It seems that 407(A) hockey team needs a little shot in the arm if they are to defeat 121 in the inter-section semi-finals. They were outplayed in the opener with the resulting score of 4-2 in favor of 121. The team must take the next two if they are to get a place in the finals. Admission is restricted only to those who enjoy a hard fought hockey game. The team needs a lot of support to pull the series out of the bag so come out and lend a little cheer, and I'm sure the next game will come out with 407 on top.

I was informed by a reliable source on the squadron that the age of miracles hasn't passed. Crew 7, sighing with relief, made it to Kodiak and back in only three days. Could it be that the Luck of The Swedes wasn't with you?

An exchange trip between a VP-2 Crew from Whidbey led by Lt. Cdr Persons arrived last Wednesday. I hope the fellows enjoy their stay and I'm sure that after the warm welcome they offered us that we'll do the same for them.

Don't forget the Friday night Mug Party at the Officers' Mess for F/L Denny Fillion, F/O Dan Graham, and F/O Denny Thomas. There is a general mess meeting in the afternoon so there is no excuse not to be there.

There have been a couple of additions to the Squadron in the past week. Dick Chahley has become the proud father of twin girls. Rod and Enid Luneberg added to the male roster with a baby boy. Congratulations fellows, I know how you suffered.

FRIDAY RUMOR: There is to be no general pay raise for the Canadian Forces.

## EATON'S SPOTLIGHT FASHION FABRIC SALE

44" Cotton "Playknit"  
Regularly, yard 1.59!

43. Plain Blues, Paris Pink, Lemon, Lime, Red, Gold-colour, Black and White; with co-ordinated prints available. For sun-wear, children's playclothes, knit-effect casuals.

Spotlight Sale, yard

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36" Swiss Poplin for  
Cool Summer Dresses

46. Smooth weave in designer patterned prints. Each yard shows why Switzerland is a stand-out leader in high fashion prints on cotton. Exciting selection for hostess wear, startime formals and more.

Spotlight Sale, yard

3.99

Plain and Plaid  
44" Rayon Flannel

51. Make fashion switchables in Pink, Turquoise, Goldtone, Green, Light Blue, Copen, Grey and Navy. Use for jumpers, slacks and ensembles.

Spotlight Sale, yard

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44" "Trafalgar" Prints  
of Fine Pima Cotton

44. Colours and designs are waiting to spark your dress wardrobe in bright, vivid colours. Imported from New York. Every yard is pre-shrunk, easy to wash and iron.

Spotlight Sale, yard

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44" "Frosty Fluff" Dacron  
Regularly, yard 3.95!

47. Light-as-air in flower-fresh patterns and colours. Packs without creasing! Washes easily! Dries in a trice! Preferred fabric fashion for globe-trotters and stay-at-homes.

Spotlight Sale, yard

2.99

36" Cotton Terry Comes in  
Prints and Plain Tones

45. Gay and bright the way you like your beachwear cottons! Florals and novelties mix 'n' match with wide range of sun-struck colours. Easy-care, require little if any ironing.

Spotlight Sale, yard

1.59

Mini-Care Face-Look  
40" Cotton Jacquard

49. Fresh pastel tones make this crease-resistant fabric a natural for party dresses you'll see at the Junior Prom. Yellow, Turquoise, Pink, Blue and White in the jacquard woven group.

Spotlight Sale, yard

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Buy 10 Yards and Save  
White Cotton Flannelette

53. Soft napped for layettes, diapers and children's night attire.

27" Width. Reg. 39c yard.

10 yards 2.99

36" Width. Reg. 49c yard.

10 yards 3.49



## RCAF history—Continued from page 4

checking a Japanese threat from that direction. A Canadian Kittyhawk pilot shot down a Japanese Zero, the only enemy aircraft that was destroyed by home-based units during the war. The Canadians remained in the Aleutians until the Japanese withdrew from Kiska in August, 1943. To move aircraft and supplies from the USA to Alaska and the Aleutians, a northwest staging route was developed within western air command. Along this aerial highway too, flowed great

quantities of aircraft and material for the USSR. The volume and importance of traffic led to the formation in June, 1944, of the separate northwest air command with headquarters at Edmonton, OVERSEAS.

In the early months of the war only three squadrons could be spared for overseas service. The grew to a total of 48. In addition to these units there were large numbers of RCAF personnel who served in RAF formations in the air and on the ground

in every command and theatre of the war.

### BATTLE OF BRITAIN

No. 1 Fighter Squadron of the RCAF began operations August 19, 1940. Eight weeks later the score stood at 31 enemy aircraft definitely destroyed and 43 more probably destroyed or damaged. Three pilots had been killed in action—the RCAF's first combat casualties. The three pilots had been killed in three most successful fighters were awarded the Distinguished

ed Flying Cross, the first in the RCAF decorated for gallantry in action.

### INVASION

Squadrons and wings of Second Tactical Air Force were busy as the aerial preparation for D-Day gained momentum. In the spring of 1944 Spitfires carrying a 500-pound "egg" under each wing blasted bridges, railroad junctions, radar posts and coastal defences. They dive-bombed the carefully camouflaged V-1 rocket sites the Nazis were building in the Somme and Pas de Calais areas. An RCAF wing of Typhoon fighter-bombers, formed early in 1944, also had an active share in all these operations.

At dawn on June 6, 1944, the Canadian fighter wings were out over the beaches as allied forces poured ashore, then gave air support to the Canadian and British forces during the long and bitter fighting around Caen. On the few occasions the Luftwaffe did come out in strength, it lost heavily. On June 28, for example RCAF Spitfires shot down 26 enemy aircraft and crippled a

dozen more. Four days later they bagged 20 more, plus 11 damaged.

Ground strafing on armed reconnaissance reached a climax August 17-20 when the Nazi Seventh Army, caught in a pocket between Falaise and Argentan, sought to escape eastward. The RCAF wings alone estimated that they had destroyed or damaged over 2,600 enemy vehicles. The fighter wings covered the advance of the armies into Germany, drove the enemy air force out of the sky, blasted bridges and strong-points, and paralysed movement by road or rail.

When hostilities ended, No. 126 RCAF Spitfire Wing had flown 22,372 sorties and had destroyed 361 enemy aircraft since D-Day, probably destroyed 17 and damaged 170. The record of No. 127, the second Canadian Spitfire wing, was equally impressive. During the same period No. 143 Typhoon Wing had made 11,928 dive-bombing sorties and dropped 6,442 tons of bombs on Nazi defences, lines of communication and other objectives. No. 39 (R) Wing on photographic and tactical reconnaissance was the first major RCAF formation to cross the Rhine.

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500	5.00	5.00	5.00	5.00	5.00	5.00
1000	10.00	10.00	10.00	10.00	10.00	10.00
1500	15.00	15.00	15.00	15.00	15.00	15.00
2500	25.00	25.00	25.00	25.00	25.00	25.00
3000	30.00	30.00	30.00	30.00	30.00	30.00
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## Detachment Five (USAF)

BY MSGT. WALT TURNER  
I hesitate to say "Spring is here", but the recent good weather certainly indicates this observation. Along with spring, a small spark is kindled into a roaring inferno in the hearts of the golf enthusiasts who constantly pursue that elusive goal known as "par".

I had the experience of turning out on the local links to test my ability after a three month lay-off and all factors considered I was satisfied at my ability to stroke the ball, however, my score looked something like our national debt. Regardless of how bad you play, there's always one "sweet" shot that lures you back to the golf course. I can always spot that golfer who didn't get that so-called "sweet" shot—his clubs protrude at right angles from his golf bag.

In the days of old, a challenge was issued by striding an opponent or adversary in the face with a gauntlet—but, we have become more civilized since and more subtle in nature. We sort of "con" an adversary into a match using all the wiles of a fox to entice him into a match where we will merge the victor. To the ardent readers of the Totem Times, we of Det 5, do hereby challenge any other organization on the station to a golf match at Sunnydale or Comox. Interested parties are invited to pick up the gauntlet by calling Sgt. Darroff or Fraser at extensions 433 or 434. Get up a team and let's give it a go.

Congratulations are extended from all of us to TSgt. Ronald P. Maassen who was selected as the Detachment NCO of the Month for January. Slt. Maassen will vie for Airman/NCO of the Quarter honors come April and if he wins this honor he will qualify for our "Airman/NCO of the Year" award. Good luck "Mick". We're going to try something new in our column, sort of break it up into two segments. The first segment will be devoted to gossip and other extemporaneous news and the remaining segment will be devoted to the Detachment 5 sports new under the by-line of Sports Roundup. SSgt Donald Clough will provide the sports highlights for this segment, go to it Don.

Our Det basketball team is currently leading the Inter-Squadron Basketball League, but is closely pursued by the combination 407-409 Squadrons team. In the most recent contest our Det team won a hard fought victory 34-31 over the RCAF Depend-ant team. Individual high scorer was Art Johnson with 11 points. Solid hustle in the third and fourth quarters enabled our team to pull out to victory. In the Class "B" Volleyball League our Det team is slamming the opposition to the tune of 9 wins and no losses. The exceptional spirit and teamwork, which our team possesses, has enabled them to compile this admirable record in the first half of the league. Here's hoping that you do equally as well in the second half fellows.

Our friends at the far end of the station have been down to the streams, rivers, lakes and Comox Bay in boats and boats in the early portion of the fishing season. The most successful angler in the past two weeks has been Sgt. Kea whose angling skills have netted him a four pound Steelhead from the Puntledge River. Sgt. Kea's

entertainment was some roe (he "egged" 'em on). Our worm trainer, Sgt. Gilliam, has been just as productive with respectable catches of both Steelhead and Cutthroat.

"FORE" was the cry from Sunnydale Golf Course as it was invaded by two four-somes last week. These fellows waged their golfing skills against icy winds and intermittent showers, sprinkled with sun shine. However, the golfers are none the worse for wear as they ironed out their kinks on the links in preparation for the incoming season, and the upcoming Det Spring Golf Tournament.

Our "Five Pin" Bowling Team is ensuring a thousand and per cent improvement over last year's record, which will not be mentioned. New shirts of Blue with the inscription "Eagles" glowing from the back plus a sound 164 pin average by gt. Darroff (the only man with less than a 30 handicap) has induced the terrific insurance among the Det Bowling Team. Congratulations to Sgt. Darroff on his election to the Corporals' Club post as Vice Sports Officer.

## 1,000 Orbiting Space Objects Logged at NORAD Center

COLORADO SPRINGS — (NNS) — Total number of objects orbiting in space at one time reached the 1,000 mark for the first time with the launching earlier this month of a U.S. meteorological satellite, according to the North American Air Defense Command.

ESSA-1, the 11th satellite in the Tiers program, was lofted from Cape Kennedy Feb. 3 and joined 999 other objects then in orbit. NORAD's Space Defense Center, the agency given the task of cataloging all man-made objects in space, reported that of the 1,000, a total of 971 were orbiting the earth while 29 were deep space probes.

Among them were 209 orbiting payloads, 162 belonging to the U.S., 41 to the USSR, and 2 each to the United Kingdom, France and Canada. The remaining objects are space debris.

The center, operated by U.S. Air Force Air Defense Command's 1st Aerospace Control Squadron for NORAD, has catalogued nearly 2,000 space objects since it began functioning in 1961. About half of those have either decayed or have been intentionally de-orbited.

NORAD's Space Defense System includes a global network of space sensors supplying the command with tracking information on all satellites. The center determines orbits, keeps a schedule of satellite positions and predicts future positions.

The satellite-tracking system is multi-service, composed of U.S. Army, Navy and Air Force and Canadian Forces sensors, with many civilian scientific agencies contributing data on a cooperative basis.

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## AFP NOTES

by MAYBE

Well once again it is time to divulge the section news garnered during the past two weeks. Not too much has changed since our last issue; LAC Bob Buell has departed for Stn Beaverlodge with his family, as we note that Bob was fortunate enough to obtain good accommodation in the immediate area, Cpl Jack Enston is now slated for SID Edmonton, and will report in the near future.

Yours truly, Cpl Mays, has just got the word that he will be reporting to Stn Puntzi Mtn at a date TBA. (It's an ill wind that doesn't blow someone some good). Well perhaps the hunting and fishing will be kinder to him up there, as unfortunately despite Sgt Ernie Cameron's expert tuition the net results have been small.

Bumped into ex-Cpl Reg Boreham the other day up Lake Comox way and he told us that he likes to keep in touch with the old way of life and does so largely through our column. Pleased to hear that Reg. (He wasn't catching any fish either). We are pleased to note that our N Sec O, F/O Stevenson is back in harness after a considerable absence through illness.

Our S Sec O and Cpl John

Zigarlick have headed for Stn Holberg this week ostensibly to perform their duties etc., but it is our guess that they will take full advantage of any good fishing opportunities.

LAC Roger Irwin has received a deferment on his overseas transfer due to the unfortunate hospitalization of his wife. Europe is really something in late Spring Reg.

LAC Don Baldwin our ex-paratrooper is going on the AFP Basic Course at Stn Camp Borden in April. We are sure that Don will be a credit to Stn Comox and look for big things of him on his return.

This would seem to take care of all the section news items at this time, there should be more to tell once the fishing gets under way in earnest and all the last minute leave has been completed.

By the way, we hear that WO1 Van Buskirk has really been getting among the fish up Campbell River way during his recent leave. Twelve fish, 18 pounds! On this note I really must close the column or have the Editor allot me a whole page.

One of the least publicized features of 409 AW Sqn, is that the members of the unit, without exception, comprise the world's finest Crud players. Failure to perform well in this endeavour leads to immediate posting to other commands.

"It is purely," said the squadron's OC, "a matter of precise timing and faultless co-ordination."

## Second look essential on farm, city girl finds

Tom, the village philosopher says the best education doesn't come from books and blackboards and such, but from taking a second look at things. That's the one that counts, he figures, and a second glance can often save you from making a fool of yourself.

To illustrate his point, Tom tells the story of his niece, Dolly, who visited from the city a couple of weeks ago.

"I took her around to see my brother Ed — the one who runs a farm. 'Oh, what a strange-looking cow,' says Dolly. 'Why hasn't she any horns?' So Ed says, 'Well, some cows is born without horns and never had any, and others shed theirs, and some we de-horn, and some breeds ain't supposed to have any horns at all. There's all kinds of reasons why some cows ain't got horns, but the reason this one ain't is because she ain't a cow. She's a horse!'"

Which leads us to wonder if a second look isn't called for in personal planning sometimes. If you find your money slips through your fingers, consider regular saving with a Bank of Montreal savings account. In that way you make sure of getting your share of your own income.

Art Mellin, Manager of the Courtenay branch of the B of M will be happy to tell you how easy it is — and how profitable.

## Stay at home Bingo

COUNCILLOR Cpl. JIM WARD

Who has won?

For December the lucky winners having a share in the \$500. Prize money have been: Cpl. Lines won two prizes of \$75.00 and works in 409 Sqn. Mr. Day and LAC Fournier shared the next prize of \$75.00. Cpl. A. Hanis won the Grand prize before Xmas of \$275.00 and works in 121 W/Shops. January winners were many and the prizes totaled again \$500.00.

Mrs. Tainton Combined Mess, \$25.00; Mrs. Walters Combined Mess, \$25.00; F/S Sparling Cal Centre, \$25.00; Mrs. Parkinson dependant, \$37.50; Sgt. P. Fougereouss USAF, \$37.50; Mrs. Warden Combined Mess, \$37.50; Sgt. Chapman Ratoon, \$37.50; Mr. Ross CE PM, \$137.50; Cpl. Franks SE, \$137.50.

February winners and prizes total again \$500.00

Mr. Lee CE Section, \$75.00; Sgt. Fillow Supply No. 1 group, \$37.50; Mr. Fleming CE Section, \$37.50; Cpl. Charbonneau, \$75.00.

How much money is made each month?

December 1965, expenditures were heavy in setting up this sort of bingo. Bingo cards, envelopes and postage, \$17.87, construction of master boxes, \$37.38, flyers and delivery of flyers, \$10.00, total \$65.25.

Cards sold 867, prizes \$500., profit \$301.75.

January 1966, expenditures, Bingo cards, envelopes and postage \$50.62, (This total includes February expenditures), Flyers and delivery of flyers, \$10.00, total \$60.62. Cards sold 835,

prizes \$500.00, profit \$281.38. February 1966, expenditures, For this month not completed but should make a profit of approximately \$275.00.

Where does the money go? All profits from the Stay at Home Bingo and from previous bingos held by Wallace Gardens PMQ Council in the Rec Hall have been put into the PMQ Fund Raising Account which has a balance of \$2,034.21 effective February 15 1965.

One of the aims of the Wallace Gardens Council is to raise money for selected projects to benefit service personnel living in PMQ and also personnel not living in PMQ's. For the people

who are not aware of the Centennial Project for Wallace Gardens, it is to have a floor laid in Glacier Gardens which will make it possible for roller skating, Square dancing etc. during the summer months. The Provincial Government have approved this idea and all that has to be done is to raise the money with the profits of the stay at home bingos. After this goal has been reached the PMQ Council will decide what other project to aim for.

A final question where can I buy a Bingo Card?

From any of the Canteens in the 3 Sqn. and from your PMQ Rec. Council office or from your councillor.

## George Hamm

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## Chapel Chimes



R.C. CHAPEL  
Chaplain (RC)  
S/L TJ Paradis

Sunday Mass—Chapel. 0900 hrs and 1100 hrs  
Vicinity—Comox Church. 0900 hrs and 1100 hrs  
Courtenay. 1100 hrs and 1700 hrs  
Cumberland—0900 hrs  
Daily Mass—Chapel. 1635 hrs  
Saturday Mass—Chapel. 0900 hrs  
First Friday—Chapel. 1635 hrs  
Feasts of Obligation — Chapel—1130 and 1900 hrs  
Confessions—Chapel. 7 to 8 p.m. Saturday evening and before each Mass.  
Baptism—Chapel. By appointment, phone local 274  
Junior Choir Rehearsals — Saturday morning, 8:45 a.m.  
Senior Choir—Chapel. Thursday evening, 8 p.m.  
Mrs. Brownrigg, choir director, phone 339-3446  
Nursery—In the Parish Hall for both Masses  
CWL—In the Parish Hall — 1st Tuesday of the month at 8 p.m.  
KOC — Canadian Martyrs' Church Hall, Courtenay 2nd and 4th Monday at 8 p.m.

## Padre's Corner

## NERVOUS HEROISM

From one point of view, courage is a mental quality, an expression of rational behaviour. It is rashness, rather than courage, which makes a man impulsively leap into the water to save another when he himself cannot swim. The same kind of irrational reaction has sometimes been mistaken for courage on board sinking ship. In such instances, the men have heroically attempted to save the women and children first. In their excitement, however, they sometimes forgot the necessity of having a seaman aboard to handle the boat. As a result, everyone perished.

Courage is neither the rash reaction, nor the dare-devil, stuntman performance. It is not mere bravado or foolish defiance of danger. Nor is it simply a display of great physical prowess. Courage is the rational expression of a moral strength, of traits and attitudes of personality or character. Courageous people need not be mental or physical giants, but they must be persons of character with noble goals, and a moral fiber strong enough to provide the essential ingredients for heroic behavior.

Such people often possess a courage of which they are unaware until they are suddenly confronted with a situation demanding courageous action. Then they discover they are able to face courageously the demands made upon them. They are capable of effective action which is the expression of rational, disciplined behavior. They have prepared themselves by self-discipline and so are able to endure extreme physical or mental suffering, sometimes in the face of imminent death, with true courage—something which is far different from an impulsive, nervous reaction to stress or danger.

IT'S NOT MY AFFAIR  
Have you ever considered how many people seem to avoid involvement? Perhaps it is because involvement requires courage. There is the man, for example, who witnesses an auto-

mobile accident. He is the only witness and his testimony is needed. But because he doesn't want to become involved, he side-steps his responsibility and never reports. Or there are the subway riders who continue to read their newspapers while an old man is beaten in their midst by hoodlums! Or the bystanders who turn their faces in the other direction while a young girl is attacked in a nearby doorway.

Every day there are people who are challenged by a difficult or unpleasant task and avoid the issue by saying, "I don't want to get mixed up in it," or "It's not my affair."

Of course, being involved brings with it the risk of getting hurt. Nevertheless, life demands that we must accept the risk and allow ourselves to become involved if we are to live up to our moral standards. Non-involvement leads to cynicism and social disintegration. In his book, *The Four Loves*, the British author, C. S. Lewis, says: "If you want to make sure of keeping it intact, you must give your heart to no one, not even to an animal. Avoid all entanglements, lock it up safe in the coffin of your selfishness. But in that casket—safe, dark, motionless, airless—it will change. It will not be broken; it will become unbreakable, impenetrable, irredeemable."

Life requires involvement and this, in turn, demands courage to accept the risk of being disappointed or even hurt.

(Next Issue: Without Glamour)

## Mission band party

I heard the day of our Coffee Morning that a couple of ladies didn't have time to get dressed up to come over for a cup of coffee. Dear girls, we don't want you dressed up, that is why we have a Coffee Morning — not a Coffee Party! All we want is 10 minutes of your time and 10 cents of your money, so please come out next time and have a cuppa with us!

—Mrs. Keller.

## Protestant chapel guild

The Protestant Chapel Guild held their regular meeting on Feb. 15 in the Chapel Annex. The devotionals were given in the Chapel by Mrs. Carol Adamson.

The business meeting followed. Padre Barclay visited the Ladies Guild meeting and during the evening read a letter concerning the Canadian Indian Assistance Fund. The "World Day of Prayer" under the leadership of Mrs. Barclay has been organized and there will be a service in the Protestant Chapel on Friday, 25th Feb. at 2 p.m. It is hoped that there will be a good turnout to this service of Prayer and Commitment presented jointly by RC and Protestant Ladies.

On March 9th there will be the School "Open House" and "Spring Tea." Volunteers were called for to give help with this project. The ladies were thanked that supplied gifts and lunch that was taken down to Glacier View Home on Feb. 9th. Games were played and ladies of the Chapel Guild served them lunch.

After the close of the business meeting the ladies worked on pictures for the flannelgraph for the Sunday School.

## C.W.L.

The February meeting of Our Lady of the Airways Council was held in the Parish Hall. Mrs. V. J. Bellefeuille presided over the business meeting. Plans were made for the forth coming St. Patrick's Day Tea and Bazaar to be held at the PMQ school from 7 to 9 p.m. March 17.

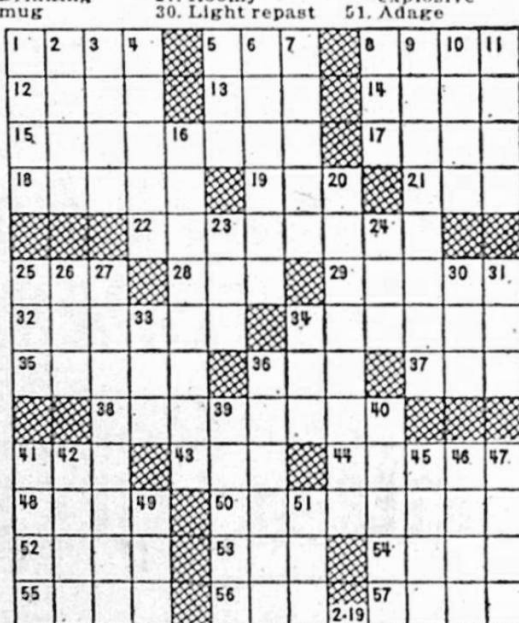
It was announced that preceding each meeting, the league director Rev. Father Thomas Paradis will say Mass at 7:30 in the chapel.

The ladies enjoyed as their guest speaker the Rev. Father John Farrell RCN (Ret) of Victoria.

## CROSSWORD PUZZLE

ACROSS

1. Perchlike fish
2. Goddess of agriculture
3. Dry
4. A fresh
5. Permit
6. Unaspirated
7. Town near Padua
8. City in New Hampshire
9. Be situated
10. Toy
11. Magnificence
12. Dowry
13. Dine
14. Placed
15. Add
16. Public storehouses
17. Whiskers
18. Mohammed's son-in-law
19. Perched
20. Universe
21. Silkworm
22. Surnamed (Fr.)
23. Fries ineffectively
24. Radix
25. Met
26. Revolved rapidly
27. Food
28. Hard fat
29. Trial
30. Moisture in drops
31. Sea birds
32. DOWN
1. Lie in warmth
2. Poker stake



Answer on Page 4

## SPORTS NEWS

BY CHUCKLES

The intersection league standing for the various sports as of this date are as follows.

**HOCKEY**  
The top four teams who won the intersection league were, Headquarters, 121, Courtenay, 407 Air. These four teams will play on Monday and Saturday nights beginning February 21. The team schedule can be obtained by calling the Rec. Centre 315.

**VOLLEYBALL "B" LEAGUE**  
Standings are as follows. Top four teams, Soccerites, Accounts, 409 and USAF, these four teams will play on Tuesday evenings beginning February 22 from 4:30 p.m. to 6:00 p.m. Present standings are 409, 6 pts.

## Instruction Classes

Sessions commenced on February 7th in the Protestant Chapel outlining the basic beliefs common to our Protestant Churches. These classes, which lead to membership in the United, Anglican or Presbyterian Church, will continue for the next several months meeting every Monday at 4:15 p.m. and lasting approximately one hour.

All young people and adults are encouraged to attend these classes and learn more about their own particular denomination or basic Protestant beliefs. Those who were confirmed in the past are also encouraged to attend in order to review and revise their understanding of our Church.

Additional information can be obtained from the office of the Protestant Chapel, local 273.

## PMQ Bingo Cards \$1.00

## THREE WAY SERVICE

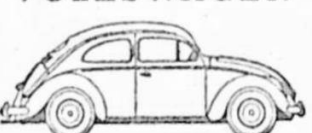
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## Van's Verbality

## FUN TALK

"Why don't you take a few pounds off the middle," the good wife suggested one day recently. "The middle of what?" I countered. It's O.K. for slim people to sit back and be critical of some of us stout blokes but it really doesn't pose any attractive challenge. I claim that obesity runs in my family — she suggests that it just runs around the head. Back and forth the witty, sarcastic, little remarks flow, making the whole atmosphere pleasant and sweet scented. All in fun mind you, I think!

"You're not the man I married," comes next. Strange, I've got papers to prove that I am. "Just because man evolved from the ape is no reason why he should return," she complains. "I'm tempted," I counter, then follow with, "I'm not too sure that man evolved from the ape, that's atheism!" "What do you know about religion," she scoffs. So I tell her the story about the Good Samaritan, to qualify.

We go to the show. "I like Bridget Bardot," I comment. "You would," she snips. "Well, what's wrong with admiring a trim ankle," I ask. "Speaking about trim," she interjects, "you shouldn't be eating that popcorn." So the music goes around and around. "It's better to be fat than sick," I suggest. "What about making other people sick," she shoots back.

"Are you going to take me home this summer?" comes as a new approach. "What do you think I am?" I ask. "What's that got to do with it," she wins again.

Oh, it's fun. Little barbs thrust into sensitive skin. I hardly need to turn the Bob Hope show on. "I think I'll go out and have a few beers with the boys," I mention. "The boys, the boys, that's all you ever think about," she complains. "That's a far cry from the old days," I nearly reply.

Yeah, it's sure fun. Jousting back and forth like a couple of knights on horseback armed with (Continued on page 14)

pensate their loss.

Congratulations to the winners and condolences to the others who missed a whale of a time at their club on Sat. night. Even the kibitzers or non-players had a ball. See you next month at the regular meeting Mar. 8th. Got it right this time. What about this penny Auction?



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## USAF &amp; RCAF in local theatre

Doreen Wensley, M/Sgt Walt Turner, USAF and Cpl Bob Keizer star in "Once Upon A Matress". The musical is to be staged in the CRA Hall in Courtenay by the CoVal Choristers. Performances are to be March 3, 4 and 5, with a special matinee Saturday for students and children. Tickets to the annual production are still available from LAC J. Dougall, Rec Centre, local 315.

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## Dependants Doin's

The YAAC's held their Valentine Dance on Friday (11th) and it was a tremendous success. The girls are divided into four teams with each team taking responsibility for the various jobs that come up.

One drastic problem came up at their dance — they couldn't hear the music! Cpl. B. Ethier came to the rescue and was the hero for the evening. Mrs. Addis supervised the dance with Mrs. Chapman and Mrs. Sutherland chaperoning. Many thanks go to the above mentioned people for their assistance.

Totem Times has become so popular that, by the time I got to work, the last issue was all gone! I would appreciate assistance in getting four copies as I need them for files. Give me a call at Loc. 372.

Linda Yates, Miss Wallace Gardens, did a terrific job as our representative in the Snow Queen Contest. Many thanks go out to MSE, Station Photo Section, Mrs. Collins for their valuable assistance. Mrs. Mansfield for the work she put into making Linda's semi-formal and special thanks to all the work F.S. J. Sparling put in. On this page is a picture and write-up on the event. The winner of the contest was Miss Debbie Metcalfe, daughter of F/L and Mrs. D. Metcalfe of Comox. Congratulations, Debbie.

I had the honor (?) of attending (and Joe'd into assisting a Teen dance in the Vancouver area two weeks ago. After this experience I would like to congratulate Mrs. Ellen Tainton, Sgt. G. Johns and the Totem Teen Town on the excellent job they do with our dances. You really have to see the difference to appreciate it!

Thought of someone in your ward who you are going to nominate for the coming election? You'll be getting your nomination ballots around the 11th of March; they will be picked up around the 18th and you will vote at your own house on the 25th. The lucky winners will be announced at a big dance in the Rec Centre, which, I'm sure is going to be a lot of fun. Oh, one other thing — there will be no charge for admission to the dance but the usual "facilities" will be available.

Congratulations to the Junior Totems on winning against Royal Roads. I think this is a team for some good action next fall. Time to go. Remember to keep your eyes peeled for a very interesting auction coming up next month.

Throughout the nation and the continent, home owners are re-discovering the many virtues of the red cedar shake. After a brief period of semi-eclipse the shakes are again appearing on homes, churches, schools, lodges and many other buildings. They offer a quality and pattern that no other material can touch.

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DEBBIE METCALFE, Miss Mt. Becher, was crowned Miss Snow Queen at the opening ceremonies of the Comox Valley Carnival. Debbie is the daughter of F/L and Mrs. Doug Metcalfe of 121KU.

## Van's Verbality

(Continued from page 13)

lances — me with the short one. "I haven't anything to wear," comes next. "That's against the law," I reply. "You'll have to wear something." Oh boy, that was a good one and won me a lengthy leer so I held my tongue for a while. However, the reparation quickly commences again, quite innocently. Perhaps I say, "How about making a nice glass of lemonade? Wouldn't that be nice?" "It sure would be a treat, seeing you drink lemonade," she titters. Boy! One of these days, right to the moon.

I think that it's great, two people who can live together and take this sort of spoofing without jumping off the roof or volunteering for a space flight. This valuable continuity comes naturally after a while and it no doubt does influence one's actions a bit.

Years ago I started to play a "ocarina." You know, it's one of those musical instruments shaped like a sweet potato. Well, after a few remarks about what it was doing to the shape of my mouth, I threw it away. I was getting a big mouth!

It just goes to show that it doesn't take cultural subjects to round out an evening's conversation. Studies of the Renaissance, art, literature and history serve a very useful purpose. But not at my house. It's just a catch as catch can, knock down-drag out scrimmage. Nothing scurrilous or harmful, mind you. Just fun! How about that.

## Sugar not horror

Sugar has been such a delicious commodity over the ages that many people have attributed all sorts of mythical horrors to it.

It seems that anything so good, must have something bad about it.

One of these myths is that sugar causes diabetes. Any doctor will refute this; because diabetes is caused by a malfunction of glands that regulate body sugar.

## Girl watching

There I was on cloud nine, squiring the beautiful Miss Wallace Gardens and surrounded by eleven other pretty girls. Who said girl watching required talent? A bit of brass, lots of push and the gift of gab will do the trick. All three were needed to fend off fifteen other applicants for the pleasure. The Mayor is also a confirmed girlwatcher and he has very sharp elbows for the in-fighting.

The occasion — The Comox Valley Winter Carnival Snow Queen Contest.

The sponsor — The PMQ Council.

Miss Wallace Gardens — Miss Linda Yates.

The sponsor's representative — Lucky me.

The girls were given a rigorous schedule for the full week beginning with interviews on Friday evening and running the gamut from parades, to ski film, from a band concert to a teen dance. Two very important duties were modelling teenfashions and presiding at the Snow Queen Banquet and Ball on Saturday 12 Feb. The sponsor was to accompany the candidate to each function. Nobody said I had to enjoy my duties but I did.

As a very senior member of the Amateur Girl Watchers Society (Ontario Division) I've always wanted to be surrounded by beautiful girls. But little did I expect to become a purse carrier and a pin holder. Yes, I can carry a handbag — right down Fifth Street in Courtenay.

The Mayor instructed me to make sure that win or lose Linda would remember this week. I hope she does. The MSEO kindly placed a car at her disposal each evening, complete with a cheerful driver. The NCO i/c Photo Section assigned a junior girl watcher to immortalize her on film (he'll soon be qualified as a past master at girlwatching if he doesn't pop his eyeballs first) and flash bulbs galore now litter Courtenay.

Linda is a tiny girl but she sparkled everywhere we went. You've heard of the girl in her Alice-Blue Gown? Saturday night she fairly glowed in a simple sheath of peacock blue peau de sole with complementing overskirt of chiffon. A mink stole and beaded evening bag rounded out her costume. But look again at the picture with this article. With that face and my built-in prejudice I'll say only

"WE WUZ ROBBED!" Linda has asked me to thank all who participated, drivers, photographers, ME dispatchers and Council Members. May I also say "thank you."



MISS WALLACE GARDENS — One of the pleasing aspects of serving on the PMQ Council is an advanced course in Girl-Watching. FS Jack Sparling and Linda Yates exchange quips at the Snow Queen Ball, 12 February.

## Desert Flower SPECIALS by Shulton

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## BIRTH NOTICES

GREENE — Born to LAC and Mrs. Fred Greene, 24 Jan. 66, a boy.

BROWN — Born to LAC and Mrs. Ronald Brown, a boy, Jan. 25, 66.

ZOTEK — Born to LAC and Mrs. George Zotek, a girl, 28 Jan. 66.

BRADLEY — Born to LAC and Mrs. Brock Bradley, a girl, 1 Feb. 66.

DOWE — Born to LAC and Mrs. D. Dowe, a girl, 10 Feb. 66.

SUDLETSKY — Born to LAC and Mrs. G. Sudletsky, a boy, 7 Feb. 66.

O'BLENIS — Born to LAC and Mrs. Robert O'Brien, a boy, 8 Feb. 66.

CHAHLEY — Born to F/O and Mrs. Richard Chahley, twingirls, 22 Feb. 66.

## STATION THEATRE

TUESDAY, 1 MARCH  
A HOUSE IS  
NOT HOME

Shelley Winters  
Rod Taylor  
(Adult Entertainment Only)

THURSDAY, 3 MARCH  
GUNFIGHT AT  
CASA GRANDE

SATURDAY, 5 MARCH  
TARZAN'S THREE  
CHALLENGES  
Jack Mahoney

SUNDAY, 6 MARCH  
SEVENTH  
DAWN

William Holden  
Suzanna York  
Capucine

TUESDAY, 8 MARCH  
BLACK ZOO  
Michael Cough  
Jean Cooper  
Restricted

## Minor Hockey

BY WO2 W.O. MITCHELL  
Another fine weekend of minor league hockey took place at Glacier Gardens, each game had its share of thrills and spills as each boy went all out when he was on the ice. Their efforts were not in vain, but someone always has to lose. The highlights were in the Mosquito Division, Comox eliminated RCAF "B". Midget division, RCAF "B" knocked out Courtenay.

This coming Saturday the playoffs continue; come out and support the team of your choice. PLAYOFFS

Friday, February 18th 1966. MIDGET

Comox, 2; RCAF "A", 1. Scorers: Smith-Bates, RCAF, Maine. Saturday, February 19th, 1966.

BANTAM  
Comox, 4; Court. 1. Scorers: Burns, 3; Smith, 1; Pavolik.

MIDGET  
RCAF "B", 4; Court. 3. Scorers: Gleason, Birch M., Dawson, 2; Richards, Cartwright, Newman.

PEE WEE  
Court., 2; Comox, 1. Scorers: Mays, 2; Hawkins.

MOSQUITO  
RCAF "A", 2; Court. 1. Scorers: Chapman, Lochart, D. Johnston.

Comox, 1; RCAF "B", 0. Scorers: Carto.

EXHIBITION  
Bantams, 4; Pee Wees, 1; Scorers: C. Beamish, 2; D. Cronmiller; Duggan; Pee Wee; Franks.

COMING EXHIBITION  
Midgets 5th March, 1966 - 15:30 hrs. Port Alberni vs Comox Valley. Admission free.

-----30-----

## Real Estate

AND  
GENERAL INSURANCE SERVICE

R. N. Carey Agencies Ltd.

P.O. Box 579 Phone 334-3166  
COURTENAY, B.C.

### EVENINGS PHONE:

REG SIVERS  
339-2844

ROSS MacBETH  
339-2291

DAVE STRACHAN  
334-3389

GORDON BLACKHALL  
338-8076

PROMPT AND COURTEOUS SERVICE  
FREE APPRAISALS AND COMPLETE  
MORTGAGE SERVICE

## Advertising Rates

### GENERAL ADVERTISING:

95c per column inch (7c per line)

No composition charge

CLASSIFIED - 3c PER WORD  
50c Minimum

All advertising subject to  
publisher's approval

The Totem Times is published  
SECOND and LAST THURSDAYS  
of the month

Totem Times is delivered directly to the homes of the select, concentrated market represented by the Air Force homes in Wallace Gardens and in Tye Park.

It is also available (via distribution boxes) to Air Force personnel and civilian employees of the D.N.D. who make their homes elsewhere in the Comox Valley. Single personnel of the R.C.A.F. Station Comox are supplied with copies through their respective messes.

This market is interested in all types of consumer goods and services and representing, as it does, medium and medium-high bracket secure incomes, can be a sustaining force of revenue to suppliers of these items.

Totem Times can be, for these advertisers, an excellent supplement to the other advertising media in the area.

## BUSINESS DIRECTORY

### Upholstering

Auto - Boat - Furniture  
★ Custom Modernizing  
★ Recovering  
★ Custom Built Furniture

Courtenay  
Upholstery  
Phone 334-3912  
143-5th St., Courtenay

### Lads & Lassies

"Where Childrens' Clothes  
Are a Specialty"

Shop by Phone or Mail  
Phone 334-3452  
360 Fifth Street  
Box 2187  
COURTENAY, B.C.

### The Courtenay Florist

FLOWERS FOR ALL  
OCCASIONS  
WORLD WIDE  
TELEPHONE SERVICE  
Day 334-3441  
Nite 334-2140  
491 Fourth Street  
Courtenay

### Courtenay Realty

A COMPLETE REAL  
ESTATE SERVICE  
VINCE COVENEY  
Phone 334-2324

### SID DONALDSON GREAT WEST LIFE ASSURANCE CO.

C.L.U.  
Representative  
555 England Avenue  
Phone 334-2352  
Night Phone  
334-4657

### RENTAL BUREAU

Arnett & Wensley  
Ltd.  
Real Estate and Insurance  
Ph. 334-3127  
570 England Avenue  
Courtenay, B.C.

### GUARANTEED WATCH, CLOCK and JEWELLERY REPAIRS

COMOX JEWELLERS  
BOB EMBLETON

OPEN ON WEDNESDAYS  
1828 Comox Avenue Phone 339-3113

### HAPPY'S

Tire and  
Sporting Goods  
Ltd.

Fishing and Hunting  
Specialists  
Everything For Every  
Sport  
Phone 334-4143  
256-6th St., Courtenay

### Continental Hair Stylist

J. GOLIASCH

★ New hair styles to go  
with the new look of  
fashion.  
★ Imported Cosmetics  
★ European Trained  
★ Open Friday Nights

565 England Courtenay  
Phone 334-4734

### The Studio Art and Gift Shop

"BEE" SWINARTON  
PHONE 334-4821  
• ARTISTS MATERIALS  
• CERAMIC SUPPLIES  
• FINEST WELDED CARVINGS  
• LOCAL ART & CRAFTS  
• LOCAL JEWELRY  
243-5th St.  
COURTENAY, B.C.

### STUDIO ONE

Formerly Sillence Studios  
PORTRAIT STUDIOS  
PHOTOGRAPHIC  
SUPPLIES  
FRAMING  
Phone 334-4042  
Courtenay

### SCOTTY'S Shoe Repair

(AT REAR OF SEARLE'S)  
Box 1484  
Courtenay, B.C.

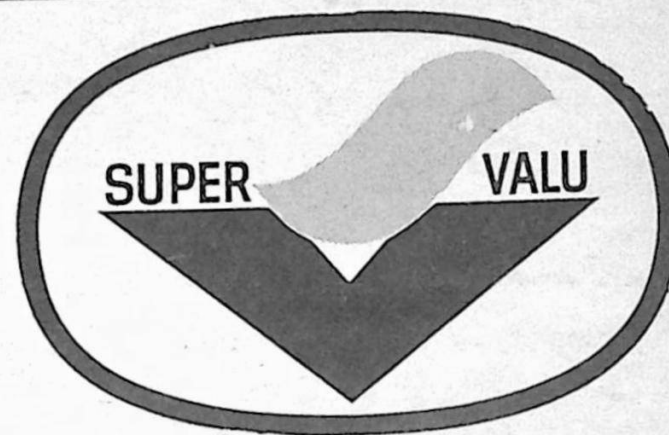
### Carpet Cleaning

A complete CARPET  
CLEANING SERVICE. Pick  
up and delivery. Three-  
day service on area  
carpets.

Newson's Carpet  
Cleaning  
Phone 334-4811



# BIGGER SAVINGS EVERYTIME at



• GOV'T INSPECTED • CHOICE GRAIN FED •

**PICNICS** **SMOKED PORK**

Whole or  
Shank Half..... lb.

**49c**

GOV'T INSPECTED • FRESH FROSTED

**FRYING CHICKEN** **WHOLE**  
"Wiltshire".....

Grade **A** **43c** lb.

**Butter** First lb. **39c**

All Additional Purchases at Regular Retail Prices

**MEAT SPREADS**

CLARK'S, Assorted

**8 for 1.00**

**FRUIT SALAD**

ARDMONA,  
Two-Fruit

28-oz.

**3 tins 1.00**

**JELLO**

All Flavors  
3-oz. pkg.

**10 pkg. 1.00**

AUNT JEMIMA -  
PLAIN OR BUTTERMILK

**Pancake Mix**

3 1/2-lb.

**49c**

**NABOB**

**Waffle Syrup**

4c off  
32-oz. btl.

**39c**

6c off  
44-oz. btl.

**59c**

NABOB

**Instant Coffee**

6-oz. jar

10-oz. jar

**99c 1.39**

**Peas** NABOB No. 4's  
Fancy, 15-oz. **4 FOR 69c**

GREEN LIMA and RED KIDNEY

**Beans** LIBBY'S 15-oz. tin **2 FOR 39c**

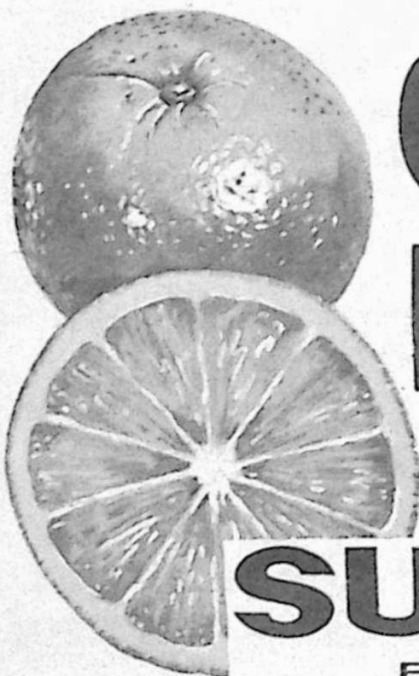
**Pickles** SUPER-VALU Sweet Mixed 24-oz. **49c**

Bakery

**Fruit Pies**

Large Variety

ea. **49c**



**ORANGES**

California  
Navel

**10 lbs. 1.00**

**POTATOES**

Local  
Gems  
No. 1

**20 lbs. 89c**

Prices Effective: Thurs., Fri., Sat., 24, 25, 26  
We reserve the right to limit quantities

**SUPER-VALU**

BUY BETTER - SAVE MORE

100% B.C. OWNED AND OPERATED

