

# RCAF Station Comox

## TOTEM TIMES

VOL. 4

RCAF Station Comox, B.C., Thursday, August 15, 1963

No. 11

Group Captain E. G. Ireland, D.F.C., C.D., joins with all station personnel in saluting and wishing every success to the Village of Comox in their coming annual celebration of Comox Day this August 17th.



## COMOX DAY PROGRAMME

### Saturday, August 17

#### 0915 HOURS - PARADE

Commanding Officer in Attendance  
Station Band and 50 Man Guard of Honour.

#### 1015 HOURS - OPENING CEREMONIES

Voodoos Fly Past  
Neptune Overhead

#### 1245 HOURS -

Para Rescue Jump

#### 1345 HOURS -

Band Concert

(R.C.A.F. Training Command Band)  
Village Office Lot

#### 1415 HOURS -

Red Knight (over Spit)

#### 1430 HOURS -

Golden Hawks

#### 1845 HOURS -

Band Concert

(Training Command Band) Legion Lot

#### 1930 HOURS -

Sunset Ceremonies

As well as the R.C.A.F. portion of the Comox Day celebrations there will be Water Sports as well as Logging Competitions

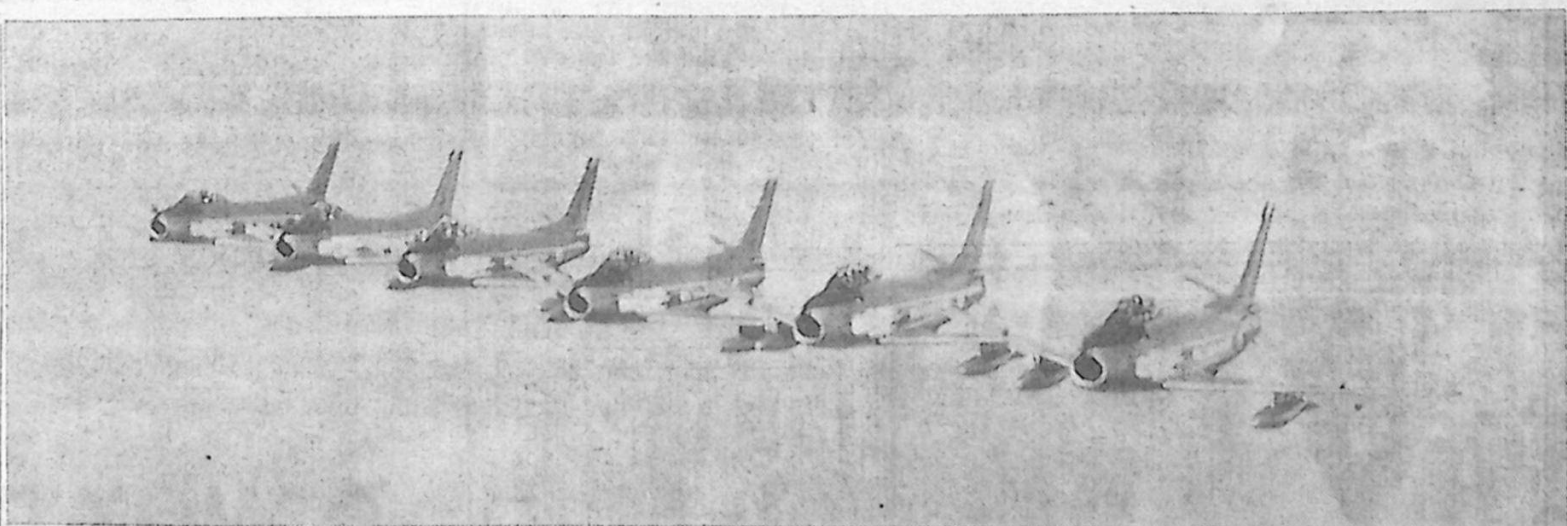
To eliminate parking problems, buses will run between the PMQ School and the Comox Post Office for Service personnel and their dependents. This shuttle service will begin at 9 a.m., Saturday morning.

## Golden Hawks to Perform

The RCAF's Golden Hawks aerobatic team performed in public for the first time in May 1959 and has since given over 248 precision performances before more than 13,000,000 spectators in Canada and the United States. The formation of the team marked the 35th anniversary of the RCAF, and golden (50th) anniversary of powered flight in Canada.

The seven men chosen each year for the team are drawn from the ranks of jet pilots serving with squadrons and training units of the RCAF. They have an average of 12 years of Air Force service and all have been stationed with Canada's NATO Air Division in Europe.

Flying standard Mark VI F-86 Sabre jets, painted gold with the red and white hawk motif emblazoned on the fuse-



lage, the team performs a unique sequence of tight formation manoeuvres as well as high speed solo aerobatics.

During 1962, the team's 4th year, the Golden Hawks per-

formed at 51 individual shows before a total audience of 2,599,000 people in Canada and appeared in another 12 shows in the United States, including a five-day stint at

the Seattle World's Fair.

In 1963 the Golden Hawks have been scheduled for 54 appearances in Canada and seven in the U.S.A.

Four years of demonstrating

the high level of skill and precision demanded of the RCAF have won international acclaim for the Golden Hawks and a rating among the best of the world's aerobatic teams.





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# Editorials

## Battleship Diplomacy

Years ago, when a country's naval strength was the yardstick of its international prominence and determined its security, it was the custom for units of the fleet to visit the far flung colonies of the mother country to "show the flag." For those who lived in those colonies, surrounded by foreign peoples and customs, the arrival of the naval units was a reminder that they were being guarded and not forgotten.

Since then the defence policies have changed, the military capabilities of our potential enemies are such that our homeland is now as exposed as the colonies once were. Today, our 409 and 407 squadrons are prepared to repel any aggressor who might attack from the air or the sea. The aerial display of these squadrons on Comox Day will be a modern version of "Battleship Diplomacy" reminding those who watch that they are guarded and not forgotten.

## Just Fishing!

It is quite obvious that the Lord loved fishermen. Certainly some of His closest associates are in the fishing business — Peter and Andrew, James and John were mending their nets when He first called them into His service. And He did not ask them to give up fishing. He just expanded the scope of their operations — "Come," He said, "And I will make you fishers of men." We sometimes call St. Peter "The Big Fisherman" and I believe that He would have enjoyed a posting to Station Comox, not only to try his hand for a fine salmon, but also to pursue his other calling as 'Fisher of Men.'

This is what the Chaplaincy is all about really. We are "just fishing," and hoping in the process to win some, help others, and even influence the rest. During this season we do not ask anyone to give up any of the pleasures of sport and recreation — But like the Apostles, expand your interests to include worship. On Sunday morning, you are all invited to join the Padre — "Just Fishing."

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## Chapel Chimes

### PROTESTANT CHAPEL F/L KEN APPLETON SUNDAY SERVICES

1000 hrs.—DIVINE WORSHIP  
1100 hrs.—HOLY COMMUNION  
(United Church)  
Nursery available at 1000 hrs.  
in Chapel Annex.

### CATHOLIC CHAPEL FATHER H. THOMAS F/L SUNDAY MASSES in the Station Chapel: 8 a.m., 10 a.m. and 8 p.m.

Weekday Masses: Monday,  
Tuesday, Thursday and Friday,  
4:05 p.m., commencing 1 June  
for the summer months.  
Confessions: Before Masses  
and Saturday 7 to 8 p.m.  
Baptism: Sundays by ap-  
pointment.  
Nursery: In the Parish Hall  
for the 10 a.m. Mass only.

Summer Chaplain: The Rev.  
Father Hugh MacIsaac, Van-  
couver, will be replacing Chap-  
lain (R.C.) who is going on  
leave August 9 to August 31.  
We know you'll take good care  
of Father and show him the  
kindness and help — which  
you have graced all your Chap-  
lains.

## The Old Saltchucker

Here I sit early in the morn-  
ing just watching the waves  
and white caps break in on  
the shore, cursing my fate and  
wondering who is responsible  
for this morning's rough sea  
when even the darn wind isn't  
blowing. A person should be  
able to blame someone for this.  
The past two weeks have been  
a fisherman's paradise down  
here at the King Coho Camp.  
Fish from the legal 12 inches  
in length to the 24½ lb. size  
have been coming in regularly.  
It would be foolish to start  
listing all those who have been  
bringing them in. I suppose  
some people like to see their  
name in print, but it gets  
boring just reading names and  
weights. The best thing is to  
come on out and see for your-  
self. Better still, wet a line.  
In fact the Richardsons went  
out one evening and their  
daughter picked up a 6 lb.  
coho on her very first trip,  
so you see, it's a family out-  
ing, not just for dad.

I have heard a number of  
people complain about losing  
fish once they are hooked, and  
they wonder why. From gen-  
eral observation I would say  
people who are losing them  
think they are bringing in  
an anchor—you know—brute  
strength. Most are tearing the  
hook right out of the poor  
fish's mouth. The pink sal-  
mon have very tender mouths.  
The only advice I can offer  
is keep your tension fairly  
tight, just enough so you can  
peel off line. After your fish  
has struck it will generally  
set the hook itself. Turn off  
your motor and then start to  
bring it in. Let it play, after  
all, it is fighting for its life.  
Just don't try to reef it through  
the water.

There is no one lure the fish  
are favouring these days. As  
far as I can see they are biting  
on Tom Macks, herring, needle  
fish, in fact try anything you  
have.

I hear there is one S/L in  
camp who has yet to catch  
even a dogfish—don't give up  
K.O., one of these days you'll  
make the grade.

Sorry I haven't any info  
on 407 Sqn. fishing derby, but  
was foolish enough to visit the  
mainland for a couple of days,  
so missed it.

I have just put a little blue  
and silver plate on my boat  
that recommends the weight  
carried and motor size that  
should be used for the size of  
the boat. What puzzles me is  
the last paragraph of the let-  
ter that came with the plate.  
It states that if I can't get the  
motor size recommended to use  
my own judgment—what the  
H did I pay the dollar for?



"You know—suddenly I'm ha-  
ving to feel old."

produced by Betty Zimmer-  
man.

Scheduling and synopsis of  
the programs are as follows:  
From Fin to Foot (Aug. 20)—  
One of the great turning  
points in the development of  
living creatures was the cross-  
ing of the barrier from sea to  
land.

Creepers and Crawlers (Aug.  
27)—The first land animals,  
frog-like creatures, crept and  
crawled in swamps and primi-  
tive forests 300 million years  
ago.

Diverse Monsters (Sept. 3)—  
Reptiles, descended from the  
amphibia, conquered land, sea  
and air, and produced the  
first giants on land, the dino-  
saurs.

Marsupial, Mammoth and  
Man (Sept. 10)—Successors to  
the reptiles, the mammals  
inherit the earth.

The Mechanism of Change  
(Sept. 17) — Why, to be suc-  
cessful, animals had to adapt  
themselves to changing con-  
ditions and events in a com-  
petitive world, and how they  
did it.

The Flickering Light (Sept.  
24) — Most forms soon become  
extinct. Some leave success-  
ful descendants, others vanish  
from the struggle for survival.

## Evolution of Life Series on CBS's Live and Learn

Live and Learn, an educa-  
tional program designed for  
"armchair students" and other  
interested television view-  
ers, looks back into biological  
history in a new series be-  
ginning Tuesday, August 13, at  
10:30 p.m. on the CBC-TV net-  
work.

Dr. David Baird and Dr. Dav-  
id Dineley, of the geology de-  
partment of the University of  
Ottawa, will be the program's  
visiting professors in a seven-  
part course entitled The Evo-  
lution of Life.

The Evolution of Life, seen  
locally on CBOT Ottawa dur-  
ing the 1962-63 season, was



"It's taken a sudden turn for  
the worse. Mom says I go back  
to school tomorrow."

## WARNING! Fishing Pox

VERY CONTAGIOUS TO  
ADULT MALES

### SYMPTOMS —

Continual complaint as to need for fresh air, sun-  
shine and relaxation. Patient has blank expression,  
sometimes deaf to wife and kids. Has no taste for  
work of any kind. Frequent checking of tackle cata-  
logues. Hangs out in sporting goods stores longer  
than usual. Secret night phone calls to fishing pals.  
Mumbles to self. Lies to everyone. NO KNOWN  
CURE.

### TREATMENT —

Medication is useless. Disease is not fatal. The  
victim should fortify himself with COMOX VITA-  
MINS and then go fishing.

## COMOX DRUGS

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## Comox Day Queen Will Receive RCAF Salute



This year's Comox Day Queen, 15-year-old Barbara Billie, perches on the wing of one of 409 Squadron's supersonic CF 101B interceptors that will participate in the fly past saluting her coronation this August 17th. Left and right are her princesses Kathy Johnson, 14, and Pamela Lutz, 16. All three young ladies are students of Comox Jr. Secondary school in Comox.

The crowning will take place in the park at Comox Village following the parade commen-  
cing in downtown Comox at 9:15 a.m.

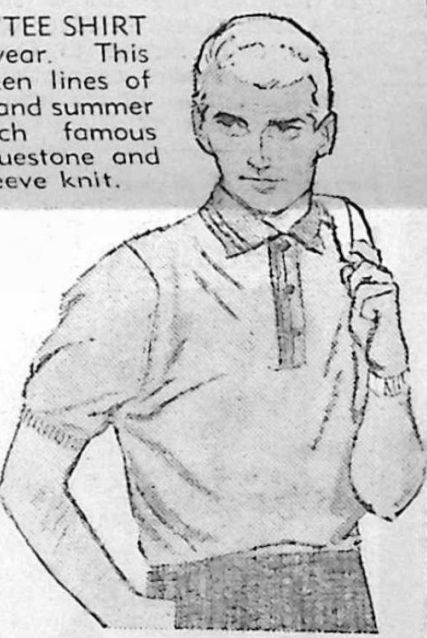
The RCAF this year will be represented by an air show over Comox Bay in Comox by the  
Red Knight and the Golden Hawks, also two band concerts are slated by the RCAF 55-  
piece Training Command Band from Edmonton.



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## 409 Salmon Derby

On Saturday, the 10th of  
August, 409 officers held their  
annual (we hope) fishing  
derby with lots of enthusiasm  
and a certain degree of suc-  
cess. Harry Osborne brought

in the largest fish, a 23 pound  
spring. Jack Williams' boat,  
using some secret formula  
that only a tech rep could con-  
ceive, took a good cross sec-  
tion of the other prizes. Nita  
Emery came through with a  
seven pound salmon to lead the  
women, while Lyall Hall took  
the prize for the largest non-  
salmon. Lyall's catch was  
probably one of the ugliest  
collections ever turned in at a  
derby. One 6½ pound ling  
cod, two rock cod and a salmon  
with a few bites out of it.  
If there had been a prize for  
the ugliest fish, Lyall Hall  
would have won four times.  
Rumor has it that Wendy  
Feedham caught a fair sized  
starfish. Although unfortun-  
ately our catch was small, it  
tasted good at a fish fry and  
beach party held later at the  
air force beach. In addition  
to the salmon we enjoyed bar-  
becued garlic bread made by  
Gwen Lind.

## Trail Treasures

OUTDOOR VALUE  
(from Wildlife Review)

MANY OF US spend our lives  
in prisons, not locked into  
stone walls but locked out of  
of hills, fields, streams and  
trees. We can be prisoned  
by people, ringed about with  
demands, as drivers who are  
hemmed by other cars into an  
inhuman traffic flow, damned  
or released by the flicker of  
coloured lights.

WE HAVE OUR mental pris-  
ons too: all of us are penned  
by slogans and picketted by  
mass opinion. Perhaps there  
must be general acceptance of  
universal goals and public  
aims. But no man can compre-  
hend himself if he is never  
alone—in an atmosphere that  
was not created by other men.  
It is a lonesome business, this  
being human, but no man is  
an individual until he can tol-  
erate solitude.

LET US NOT be mystical  
about outdoor values; we need  
open spaces because we must  
face ourselves in the mirror  
of nature and see a clear re-  
flection. These are the real  
outdoor values: to be not only  
alone, as we so often are in  
crowded streets, but untouch-  
ed by people, unconfined by  
traffic lights or the strictures  
of others. We need that which  
is real in a primal sense: earth  
beneath our feet, wild grasses,  
a tree that grew untrammelled  
a fire for which we have cut  
the wood, flames uncontained  
silver, to become individual

in a fireplace surrounded by  
walls.

ALL OF US NEED outdoor  
values, need to seek for them  
which has been for a long  
time, in order to find out  
the wood, flames uncontained  
silver, to become individual

## New Arrivals

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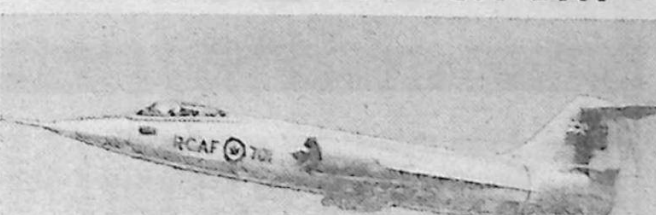
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## Plan to attend COMOX DAY



Parade starts at 9:30 a.m., Village of Comox.  
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over the Bay at 2:30 p.m.

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## GOLD RIVER SAFARI

## JOURNEY TO WILDLIFE

by BOB BARLOW and  
AL HORTON

All those who appreciate the beauty of the wilds of our island will be happy to note that the interior of the island has been opened to the public by the recent opening of some logging roads to weekend motorists. For those who have not as yet taken advantage of this opportunity, we would like to give a brief description of what we encountered on our trip from Campbell River on the east coast to the Gold River camp, on the mouth of the Gold River on the west coast.

The paved highway continued only ten miles past Campbell River to Echo Lake. Eight miles past the end of the pavement we were stopped and issued a "Road Access Permit" by the Pinkerton Guard on duty. The ten miles of good gravel road from here to Strathcona Park follows the contours of the man-made lake. In the park camping is legal but good space is difficult to find due to the type of terrain. We would like to mention that we noticed a number of people camping in the vicinity of Upper Campbell Lake, contrary to the regulations and officials of the lumber company told us that they would take steps to end the practice.

Thirty-five miles out of Campbell River we found a 300-ft. waterfall in a region of tall, majestic firs and cedars. The gravel road, although narrow at this point,

is still quite good and follows the valley of the Elk River until it reaches the vicinity of the Drum Lakes. Since these lakes are the water supply for Camp 10, fishing or swimming is forbidden in the Upper Drum Lake.

The road passing through Camp 10 is roughly paved for approximately one-half mile where it then crosses another bridge, winds round a lake on the left where there were some cabins. We checked these cabins and discovered they were owned by the B.C. Forestry Branch. Beyond this point the road ascends somewhat and enters the valley of the Herber River which originates in the region of Horseshoe Mountain (5710 ft.), which is north and west of the road and just a few miles below Gold Lake.

Forty-seven miles from Campbell River there was a Tree Farm where 19,365 seedlings were planted in 1957. Less than a quarter mile from this point the Tahsis Logging Co. connecting road from the west was crossed and was noted to be rough and stoney. However, this is a very short stretch of road and two miles further on we approached an intersection and our first stop sign in 50 miles. This intersection was the main road (locked gate) leading to Gold Lake on the right and during weekdays is the main logging road to that area.

Westward the road follows the valley of the Herber River where we crossed two more bridges and where we marvel-

led at a deep gorge and a beautiful 400 ft. waterfall. At the Gold River Logging Camp there is a parking area adjacent to the 30 odd married quarters. It is necessary to park here and check with the gate guard at the barrier prior to entering the camp area.

We made inquiries and were told that no vehicles could proceed past the barrier except during the tree run in Muchalat Inlet.

A vehicle with boat trailer or car-topper would then be allowed access to the water front wharf approx. 2000 yds. further on for the purpose of launching. The vehicle was then to return to the parking area during the period of stop-over. The company allows no camping on their logging areas or camp areas, but one is permitted to sleep in a vehicle overnight in the parking area mentioned.

Launching of boats is reportedly permitted near an Island Airways float close to the Tahsis Co. wharf but the company discourages tying up to their wharf.

The logging camp is a neat, well operated unit comprised of some 30 married quarters with all modern facilities plus barracks to house the 200 odd single or unaccompanied workers of the company.

Island Airlines and B.C. Air Lines operate from Gold River to Zeballos and other West Coast points at moderate rates. In addition the Island Bus Line from Campbell River operates daily service to Gold River and makes connections with the sailings of the motor vessel U-Chuck III which calls

in at west coast ports of Port Alberni, Uclulet, etc. Tyee fishing grounds extend in general across the mouth of the Gold River from Muchalat Point to Guaguina Point on the opposite side with the best fishing just off the sand bars at the mouth of the Gold River to the left of the logging company wharf.

It should also be mentioned that Indian Reservation No. 12

is situated along the shore line of the Gold River near these same sand bars. Public access to this land is of course discouraged.

Anyone contemplating this trip should follow the general rules as laid out and on arrival are required to register with the Fisheries Conservation officer at the wharf. A limit of three fish per day is the rule.

## Canada At War



A 13-week National Film Board series, Canada at War, will be seen on the CBC-TV network on Saturdays during the summer months. The program, which revives a significant decade in Canada's history from 1936 to 1946, is a repeat of last year's series and portrays developments on the home front in addition to the role played by the armed forces in battle.

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## Beauty and "The Beast" Are The Same Age



Miss Judy Brown and 426 "Thunderbird" Squadron joined Air Transport Command 17 years ago. Judy was born into Air Transport Command as the daughter of transport pilot F/L C. Brown, while 426 Squadron, here represented by a mascot "Thunderbird" totem pole, was re-activated in 1946 to become the most active of Air Transport Command squadrons. Disbanded in 1961, the "Thunderbirds" are olding a re-union at RCAF Station Trenton, Ont. over the Labour Day weekend. In attendance will be ex-air and ground crew personnel who served with the "Thunderbirds" during World War II years as a bomber squadron, as well as former peace-time serving members. Guest of honour will be Ralph Bunche, assistant to the Secretary-General of the U.N. The squadron's peace-time role included many U.N. duties such as the Korean airlift, and providing airlift for U.N. forces to the Middle East and the Congo. For details, ex-Thunderbirds may write P.O. Box 426, RCAF Trenton.

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## Nautical News

Air Force fishermen and sailors have maintained their excellent record of safety afloat. The only noteworthy incident during the past fortnight happened to a commercial fishing boat.

After refueling his gasoline tank the owner and sole occupant of the vessel washed excess fuel from the decks and then pressed the starter button. A violent explosion shook the boat and it was engulfed in flames. There was no chance to attempt quenching the blaze and the owner—who was badly burned—dove into the water and climbed up the adjacent dock. The boat, a 40-foot troller, burned to the water line.

Sgt. Killoran and LAC Roberts of the marine section were dispatched by Comox Tower to proceed to the scene with the crash boat "Heron" to render assistance. Upon arrival they found the injured man well attended to by relatives. He had been treated with ointment and covered with a clean white sheet, loosely wrapped over his upper body. Stimulants — not alcoholic — were given him by the crash boat which stood by to ferry him to an Otter plane which had been despatched by RCC in Vancouver.

This stresses the urgent necessity of taking all precautions in refuelling. Make sure that your bilge is aired before starting your engine. Also pump out or mop up any spilled gasoline. The hazard

is there even with outboard motor boats as spilled gasoline will find its way to a bilge where confined air soon will result in highly explosive fumes.

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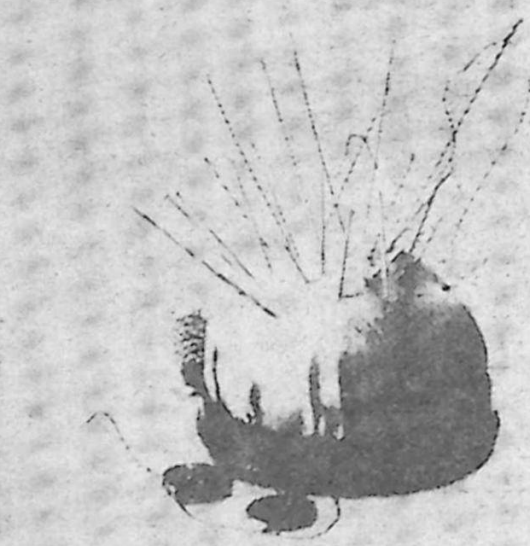
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DRY CLEANING

Flight Comm.  
Is Transferred

F/L John C. Kitchen, 409 Voodoo pilot, has been transferred to Northern NORAD Headquarters at North Bay.

F/L Kitchen, from Ponoka, Alta., first saw service during World War II with the 6th Bomber Group as a pilot on Lancasters. After the war, he returned to Alberta, and rejoined the RCAF in 1951 as flying instructor at Gimli and later at Saskatoon.

With the introduction of the CF-100 F/L Kitchen joined 445 Squadron at Uplands, Ont. and later went overseas with the squadron. After the completion of his squadron tour, he held the appointments of SASO and Air Ops O.

In 1960 he returned to Canada, joining 409 at Comox where he was appointed "A" flight commander. F/L Kitchen was an active member in all squadron activities.

John and Inez will be leaving two of their five children on the west coast, Sharon to be married, and Keir to attend UBC. Inez's spaghetti parties along with her friendly and engaging personality will be missed by all members of the squadron.

Best of luck to your new station John, and a fond farewell from all of 409.

## Where to turn for money?



## More servicemen go to HFC!

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AMOUNT OF LOAN	MONTHLY PAYMENT PLANS			
	36 months	30 months	24 months	12 months
\$100	\$3.00	\$3.75	\$4.50	\$5.25
500	15.00	18.75	22.50	26.25
750	22.50	28.12	33.75	40.31
1000	30.00	37.50	45.00	53.75
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2250	67.50	84.37	101.25	121.87
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COURTENAY

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FAST 2 HOUR SERVICE

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## TRAIL TREASURES

With ILES

While five species of salmon range the coastal waters of B.C. only the Chinook, or Tyee and the Coho are of real interest to the sportsman.

Vancouver Island, because of its geographical situation and geological formation, has more lakes, streams, rivers and waterfalls than can be found within any other area of 13,000 square miles in the world.

The Chinook salmon, or Spurring, is called Tyee when it runs above thirty pounds. The heaviest fishing is during July, August and September with the first half of August normally seeing the peak run. In early July the average

weight of individual fish is about 15 lbs. Around the end of the month and on into September, the main spawning run sees specimens from 30-70 lbs.—with a large proportion being in the 40 to 50 lbs. class. During June and July when the Spring have not yet concentrated for their run to the upstream spawning beds, they feed principally on needlefish and herring. Toward the latter part of July the main spawning run moves into the estuary and have stopped eating or are feeding more irregularly.

The Coho, known also as the silver and blueback, although

not as large as the Spring, appears in larger numbers and provides excellent sport from late May to September. Weighing approximately 4 lbs. in May, they tip the scales up to 15 lbs. in late September. Good results are obtained by trolling bucktail flies.

Fresh water trout inhabiting Vancouver Island lakes and rivers are the rainbow, cutthroat and brown, the latter being an introduced species. The sea-going rainbow (steelhead) is a resident of fresh water for one to three years, then migrates to sea. Most fish run to the streams to spawn, generally from November to March, but some rivers have a summer run. The Stamp River near Alberni is one of the best steelhead rivers. Other good rivers are the Campbell, Quinsam, Ash, Nahmint, Salmon, Cowichan, Nanaimo, Little and Big Qualicum and Puntledge. Rainbow (Kamloops) are in most lakes on

Vancouver Island, being found in all which have access to the sea, and in many rivers and streams. The cutthroat may spend part of its life in fresh water, or be entirely a fresh water resident. As a general rule they do not stray far from fresh water, but move in and out of the larger streams throughout the year. The Campbell, Nimpkish, Buttle, Sproat, Great Central and Cowichan Lakes afford fine cutthroat fishing. The Brown Trout is well established in the Cowichan and Little Qualicum rivers. Sometimes going to sea, it does not wander too far from its home stream.

Port Alberni and Alberni are headquarters for outstanding Tyee fishing which reaches its peak in late August and continues through September and October.

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Save 70.95 Tufted Back Suites With Reversible Foam Cushions

Beautiful brocaded nylon suites styled with the built-in modern comfort that accompanies Electro-coil suspension and a screwed and dowelled solid frame construction. Colours: Brown, Sandalwood, Turquoise and Toast.

Reg. 359.95, three-seater, 80" Sofa  
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289.00

Reg. 399.95, four-seater, 104" Sofa  
EATON SEMI-ANNUAL SALE —

329.00

## Infirmary News

We wish to welcome the following recent arrivals to the infirmary staff — Sgt. Ross, X-ray, from Station Gimli, ACI Woodman from NDMC, Ottawa, also LSMA Wattegne from Naden who will act as temporary pill passer until the arrival of a new pharmacist.

We also wish to say goodbye to some staff members, and wish them all the best. Lt. Griffin on his way back to Navy life at HMCS Shearwater, Sgt. Aiken who exchanged places with Sgt. Ross at Gimli, LAC Brodie on his way to Torbay Nfld., Cpl. Martel and LAW Zwickler who have gone to find their places in civilian life.

We wish to pass on the following advice from the pharmacy:

### "DON'T POISON YOUR FAMILY"

Every year between 30 to 40 Canadian children die from poisoning.

Every one of those deaths can be prevented.

Most of them are caused by failure to read the label.

### "THE LABEL WILL PROTECT YOU"

Scientists in the Food and Drug Directorate of the Department of National Health and Welfare are charged with the responsibility of seeing that no drug is offered for sale without adequate directions for use on the label.

Many children cannot read. But their parents can. The label will tell what dosage to give an adult and if the product is intended for children it must be indicated on the label and suitable directions included. A drug that may be safe for an adult may endanger the life of a baby. Unless a dose for children is included in the directions for use, there is a risk of giving the product to children without medical advice.

### READ THE LABEL. "CHILDREN WILL EAT ANYTHING"

Not only drugs, but many household chemicals may have fatal effects if swallowed. Fly spray, other insecticides, lye, cleaning fluid, anti-freeze, paint remover — these and a host of other common household commodities should be stored in locked cabinets or on high shelves if there are young children in the house.

Be careful when using household chemicals such as kerosene, turpentine, liquid waxes, etc., in the presence of toddlers. A number of deaths occur every year because toddlers drink these preparations when they have the opportunity. For example: when a mother is talking on the phone or running an errand which has taken more time than she anticipates.

Do not disregard warnings on labels.

### "COMMON SENSE PRECAUTIONS"

When taking medicine or giving it to a child, the theory that if one spoonful is good, two will be better is a dangerous one. Measure doses carefully and never give more than is recommended.

Never take medicine in the dark. Even if you think you know where the medicine you want is, turn on the light and have a good look before you take any of it.

Never take medicine from an unlabelled bottle. We are all humans and humans can forget. Throw away bottles or containers which have lost their labels. Losing a dollar's worth of drugs is cheaper than a rush trip to the hospital.

Throw out all drugs which have lost their original use. Don't collect old medicines. When discarding medicines, be careful to destroy them in such a way that they cannot be recovered by children. Children have been known to salvage

(Continued on Page 8)  
See "Infirmary"

## Safety Program offered to RCAF Youths



Above: F/S Barlow explains to a course 2 member the difference between the firing mechanism of a .303 rifle and a 12 ga. shotgun.

Hunter Safety courses were decided on because it was felt that increasing numbers of injuries and accidents, many of which have occurred each hunting season—most of which have been caused by carelessness while handling firearms.

The object of this course is to teach basic principals of safety while hunting, to the young hunter and with this in

## Youth Recreation Field Day



Lewelland Parfnell showing fine high jump form at the PMQ track and field meet, 30th July.

view, courses consisting of four lessons of one hour each will be held. The lessons will cover the following:

SAFETY PRINCIPLES  
KNOWLEDGE OF GUNS  
AND HANDLING  
AMMUNITION  
GAME IDENTIFICATION  
GAME LAWS  
COURTESY

KNOWLEDGE OF COMPASS  
SAFETY, of course, is stressed strongly in each lesson.

On completion of the course, examinations — written and practical will be held. Pupils qualifying will be presented with NRA Hunters' Safety Badges, diploma and wallet card.

It is not the intention of the instructor(s) of this course to turn out expert marksmen.

Our principle object is to teach safe handling of arms

in competition or handling a weapon anytime, anywhere.

If these points are followed when hunting, or shooting by the young hunter, they will assure a pleasant day in the field and insure a safe return home.

Those interested in this course contact FS BARLOW at Local 281.



## Butterworth's

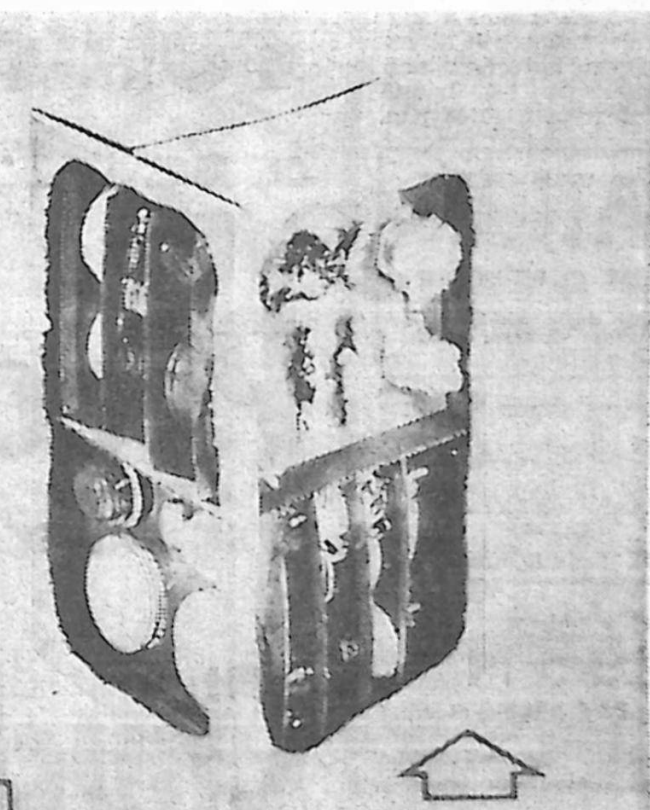
POLY-TITE

PACKING

"Moving Day Magic"



NOTE: The fully portable POLY-TITE machine does the packaging right in the customer's home.



This photograph of a cut-barrel is packed by the POLY-TITE method. Fast safe, easy, clean.

The chinaware is securely vacuum sealed in corrugated board with POLY-TITE film without further wrapping the board is then placed into a standard barrel.

- ★ Local and Long Distance Moving
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Agents for United Van Lines

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Kye Bay Road, Comox



## Classified Ads

To place an advert, please contact Mrs. Diana Abel, secretary to the CTSO, phone local 416. All ads are to be prepaid.

### FOR SALE

#### SINGER SEWING MACHINE COMPANY

New machines, 62.50 and up. Vacuums, 69.50 and up. Floor polishers and shampooers 39.95 and 69.50. Portable typewriters, 79.50. Reconditioned sewing machines, sewing needs, buttons, etc. C. L. Hill, local rep., 243 Fourth St., Courtenay. Ph. 334-3852.

SEWING MACHINES to clear at \$17.50 and up. Treadle and portable electric. Rent brand new machine for only \$2 weekly. See or phone Dave Sawyer at Fletchers. Phone 334-4711.

BEEF by the side or quarter. Veal or pork by the side at market prices. Cutting and wrapping 3 1/2¢ per lb. H. H. Schulz, Black Creek, B.C.

TWO girls' bicycles, 26" wheels, \$15 and \$20. Contact F/L Bartlett, local 380.

### CARS

1957 PLYMOUTH Belvedere 2-door hardtop, V-8 engine, push-button auto., padded dash. Must sell before Sept., \$975. Ph. local 246.

### FOR LEASE

AVAILABLE for lease, 32' Spartan house trailer. All conveniences and in top condition. Located at Murlak's Trailer Park, Miracle Beach. Will move to required location. Reasonable rent to reliable tenants. O. H. Harder, 270 Carisbrook Crescent, North Vancouver, B.C. Phone YUkon 5-4393.

### NOTICES

KIN BEACH ROLLER RINK One mile from RCAF Station Comox main gate. Skates supplied free. Dad, mom, bring out the kids and teach them skating. Open Saturday and Sunday afternoon 2-4:30, and every night from 8-10:00 p.m.

## STATION THEATRE

Saturday, August 17

### HOMICIDAL

Glen Corbit - Pat Buslim  
Drama

(Adult Entertainment)

Sunday, August 18

### HAND IN HAND

John Gregson - S. Thorndyke

Thursday, August 22

### IN THE DOG HOUSE

P. Cummings - L. Phillips  
Comedy

Saturday, August 24

### LIGHT IN THE PIAZZA

R. Brazzi - Olivia de Havilland  
George Hamilton  
CinemaScope - Color

Thursday, August 29

### JAIL HOUSE ROCK

Elvis Presley - Judy Tyler  
Deacon Jones  
CinemaScope

### MISCELLANEOUS

SEWING MACHINE parts and repairs for all makes. White, Elna, Pfaff, etc. Ph. 334-4711, Dave Sawyer at Fletchers.

### WORK WANTED

NOW! Right in your own community, genuine nationally advertised FABRICON INVISIBLE REWEAVING. Cigarette burns, mothe holes, cuts and tears invisibly rewoven on all types of fabrics. Free estimates. Prompt service. Reasonable prices. INVISIBLE reweaving can SAVE that suit, dress, coat, pants and jacket. Bring your garments to 449 Davis St., Tyee Park, Comox.

### INFIRMARY NEWS

(Continued from Page 7)  
potent drugs from garbage cans.

### "TREAT THEM WITH RESPECT"

Drugs and chemicals of all

kinds should be stored in such a way as to protect the most innocent and trustful member of your family. Never store poisonous or inflammable substances in food or beverage containers.

Be sure all poisons are clearly marked.

Invest in a lock for your bathroom cabinet if you have a climbing toddler in your home.

Remember that a doctor's prescription is intended to be used by the patient for the ailment which the doctor is treating at the time. When you no longer require a prescription and you have a balance of this medicine on hand, do not save it. This can only tempt you to treat yourself or your family with potent drugs, which is an exceedingly dangerous practice.

The fewer poison hazards you have, the safer your home will be.

### "CHILDREN DON'T KNOW ANY BETTER: DO YOU?"

Very few adults die of accidental poisoning. All deaths by poisoning of children are accidental. They are also all preventable.

BE CAUTIOUS. BE SAFE

## REAL ESTATE

### H. A. ROBERTS (Courtenay) LTD.

439 Cumberland Road

Opposite Court House

\* EXCLUSIVE: Waterfront home on 1/4 acre. Infinite view of sea and mountains. Modern, 3-bedroom split-level. Paved driveway. Garage. Landscaped grounds. Twelve minutes from city centre. Can be tailor financed.

\* In Comox, choice building lots near new elementary school. From \$1,000 to \$1,200.

\* Well constructed 3-bedroom home on outskirts of Courtenay. Suitable for VLA.

\* NHA home in new Courtenay residential area. Fully modern, has full basement for additional bedrooms, rumpus room and workshop. Many extra features make this home excellent value.

\* Invest your money in good revenue property and get excellent return, may we suggest:

- (1) Completely renovated 3-suite triplex. Fully modern with abundant storage and utility area. Room for expansion.
- (2) Family store with comfortable living quarters. Well established in good trading area.
- (3) Deluxe 4-suite apartment in quiet residential district.
- (4) Resort on good sandy beach. Owners transferred to mainland.

Days: Phone 334-2471

Evenings: Phone 339-2145

### H. A. ROBERTS (Courtenay) LTD.

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Opposite Court House

# BUY BETTER SAVE MORE

Tomato Juice **3 FOR 89¢**  
CLARK'S 48-oz.

Peaches **6 FOR 1.00**  
LYNN VALLEY 15-oz.

Chuck Steaks **45¢**  
Canada Choice, Canada Good lb.

Grapes **19¢**  
Red Cardinal lb.

**SUPER VALU**  
100% B.C. OWNED  
AND OPERATED

Prices Effective  
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